

גְבוּרוֹת

G'vurot

G'vurot is the second blessing of the Amidah (a group of blessings at the heart of every prayer service) and comes immediately after Avot V'Imot.

G'vurot comes from the Hebrew word meaning powers.

In this blessing we praise God's awesome powers. These powers are evidence of God's greatness – the same greatness that gives us life and strength to make the world a better place.

אֲתָהּ גְבוּרָה לְעוֹלָם אֲדוֹנָי, רַב לְהוֹשִׁיעַ.
מוֹרִיד הַטֶּל

(In Summer – Passover until Sukkot)

מְשִׁיב הַרוּחַ וּמוֹרִיד הַגֶּשֶׁם

(In Winter – Sukkot until Passover)

מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה כָּל חַי בְּרַחֲמֵי רַבִּים,
סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם
אֲמוּנָתוֹ לִישְׁנֵי עָפָר:

מִי כְמוֹךָ בַעַל גְבוּרוֹת וּמִי דוֹמָה לָךְ,

מֶלֶךְ מְמִית וּמְחַיֶּה וּמְצַמִּיחַ יְשׁוּעָה.

וְנֶאֱמַן אֲתָהּ לְהַחְיֹת כָּל חַי.

בְּרוּךְ אַתָּה יְיָ, מְחַיֶּה כָּל חַי

You are forever powerful, Adonai, abundant in your saving acts.

You send down the dew (in summer – Passover until Sukkot)

You cause the wind to blow and the rain to fall (in winter – Sukkot until Passover)

In loyalty you sustain the living, nurturing the life of every living thing,

upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life on earth.

Who can compare to you, Adonai, who can resemble you, the source of everything?

Faithful are you in giving life to every living thing. Blessed are you, Adonai, who gives and renews everything.