

לְהַדְלִיק נֵרוֹת

L'hadlik Nerot

We say this blessing on Friday nights to being Shabbat before we saw the blessings over the bread and the challah.

L'hadlik Nerot means to light candles. Ner is the word for one candle. The word mitzvot (seen inside the word b'mitzvotav) means commandments.

Shabbat is a special day for relaxation and spending time with family. There are three blessings we use to welcome Shabbat. The first of these blessings is the Shabbat candle blessing and it reminds us to bring in Shabbat with light and joy. Once the candles have been lit, we say the blessing and Shabbat begins. Some people cover their eyes while saying the blessing so that when they open them at the end of the prayer Shabbat will have begun.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,

וְצִוָּנוּ לְהַדְלִיק נֵר שַׁבָּת.

Blessed are You, Adonai our God, Ruler of the world,
Who has made us holy with commandments,
And commands us to light the Shabbat candles.