



June 2024 Registration - North Shore Region
*****EVENT REGISTRATION BEGINS TUESDAY MAY 14th 8:00am**
RSVP REQUIRED FOR ALL EVENTS!



NAME: _____ **PHONE:** _____

STREET ADDRESS _____ **CITY:** _____ **ST:** _____ **ZIP:** _____

Important Notes: If you wish to register for an event requiring a fee, please check availability before submitting a check.
 Please note all fees are nonrefundable.

1. Be sure to have your emergency and health info with you for all events.
2. If an event requires payment by check please submit separate checks for events unless otherwise stated.
3. Ochsner GO has the right to limit all program activity participation to members only.
4. All GO events are subject to change and GO has the right to adjust events without formal notice.

*****EVERY TUESDAY: CHAIR YOGA**
 June 4: attend June 11: attend June 18: attend June 25: attend

*****EVERY THURSDAY: CHAIR YOGA**
 June 6: attend June 13: attend June 20: attend June 27: attend

*****JUNE 4 (TUESDAY): COVINGTON MONTHLY MEETING - THE TRUTH ABOUT SENIOR LIVING SEMINAR SERIES**
"NAVIGATING DEMENTIA"
 attend

*****JUNE 7 (FRIDAY): ENRICHMENT SESSION - LOW KEY KAYAK ADVENTURE #3**
 attend

*****JUNE 11 (TUESDAY): SLIDELL MONTHLY MEETING -THE TRUTH ABOUT SENIOR LIVING SEMINAR SERIES**
"DECLUTTERING YOUR HOME"
 attend

*****JUNE 12 (WEDNESDAY): ENRICHMENT SESSION - EARLY MORNING BLUEBERRY PICKING**
 attend

*****JUNE 14 (FRIDAY): ENRICHMENT SESSION - TECH CLASS #4 – ALL QUESTIONS TECH WRAP-UP**
 attend

*****JUNE 16 (SUNDAY): ENRICHMENT SESSION - LOCAL THEATRE 30X90 PRESENTS BROADWAY MUSICAL**
THE GREAT AMERICAN TRAILER PARK MUSICAL
 attend pay by check # _____ pay by credit card \$30pp

*****JUNE 18 (TUESDAY): DAY TRIP - LOUISIANA ART AND SCIENCE MUSEUM AND PLANETARIUM**
 attend pay by check # _____ pay by credit card \$75pp

*****JUNE 24 (MONDAY): ENRICHMENT SESSION - "A DOG DAY AFTERNOON IN THE MORNING"**
 attend

*****JUNE 26 (WEDNESDAY): DINE AROUND AT VAZQUEZ RESTAURANT**
 attend

*****JUNE 27 (THURSDAY): ENRICHMENT SESSION - GO BOOK CLUB & MOVIE WATCH PARTY "THE GUERNSEY**
LITERARY AND POTATO PEEL PIE SOCIETY"
 attend

*****JUNE 28 (FRIDAY): SLIDELL ENRICHMENT SESSION - OLDE TOWNE CAFÉ LA TEA DA**
 attend

*****JUNE 28 (FRIDAY): SLIDELL LUNCH AND LEARN - PROBLEMS SLEEPING?**
 attend

ANNOUNCEMENTS:

Fees must be received within 7 days of making the reservation to confirm your seat. If not received, your seat will be filled by another member.
All trips are non-refundable. Every attempt will be made to sell your seat to someone on the waiting list if you need to cancel. **RSVP IS REQUIRED FOR ALL EVENTS. YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.**

Please mail North Shore Registrations to:
Ochsner 65Plus Clinic – Golden Opportunity – 1581 N. Highway 190 – Covington, LA 70433