





# Children's Worlds: The International Survey of Children's Well-Being

Asher Ben-Arieh, Ferran Casas, Gwyther Rees and Jonathan Bradshaw







Our Promise to Youth

## The story of the International Survey of Children's Well-Being

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Director, the Haruv Institute

Co-Chair, International Society for Child Indicators (ISCI)

## Background



- Children's Worlds is a world-wide research survey on children's subjective well-being.
- The purpose is to improve children's well-being by creating awareness among children, their parents and their communities, but also among opinion leaders, decision makers, professionals and the general public.
- The study aims to collect solid and representative data on children's lives and daily activities, their time use, and in particular on their own perception of their well-being.
- By determining the degree of children's well-being in as many countries as possible, we hope to raise awareness to children's well-being and their life situations and to influence government policies and services.

## Why?



- Because the field has rapidly developed
- Because the field has changed
- Because we do not know enough
- Because we better understand what we do not know
- Because we believe children's voices must have a place in big international studies

## The history



- Phase I planning:
  - In 2009, a group of researchers collaborated under the auspice of UNICEF- Geneva to propose a questionnaire that could be used in a variety of countries, be they industrialized or developing.
- Phase II First pilot:
  - These proposals resulted in a preliminary questionnaire that was put to the test in the summer and fall of 2010, in Brazil, England, Germany, Honduras, Israel and the UK.
  - In December 2010, the findings of these pilot surveys were presented and discussed, under the auspice of World Vision Germany and the questionnaire was subsequently revised and developed according to lessons learnt.
- It was also decided to make the questionnaire available freely to competent researchers anywhere in the world.

## The history – extended pilot 2011-2012



- ~ 35,000 children
- Ages 8, 10 & 12
- 14 countries.
- Goal was 1,000 kids per age group per country
- Convenience sample
- Included countries with less children
- Not all countries had the 3 age groups

## Full Survey 2013-2104

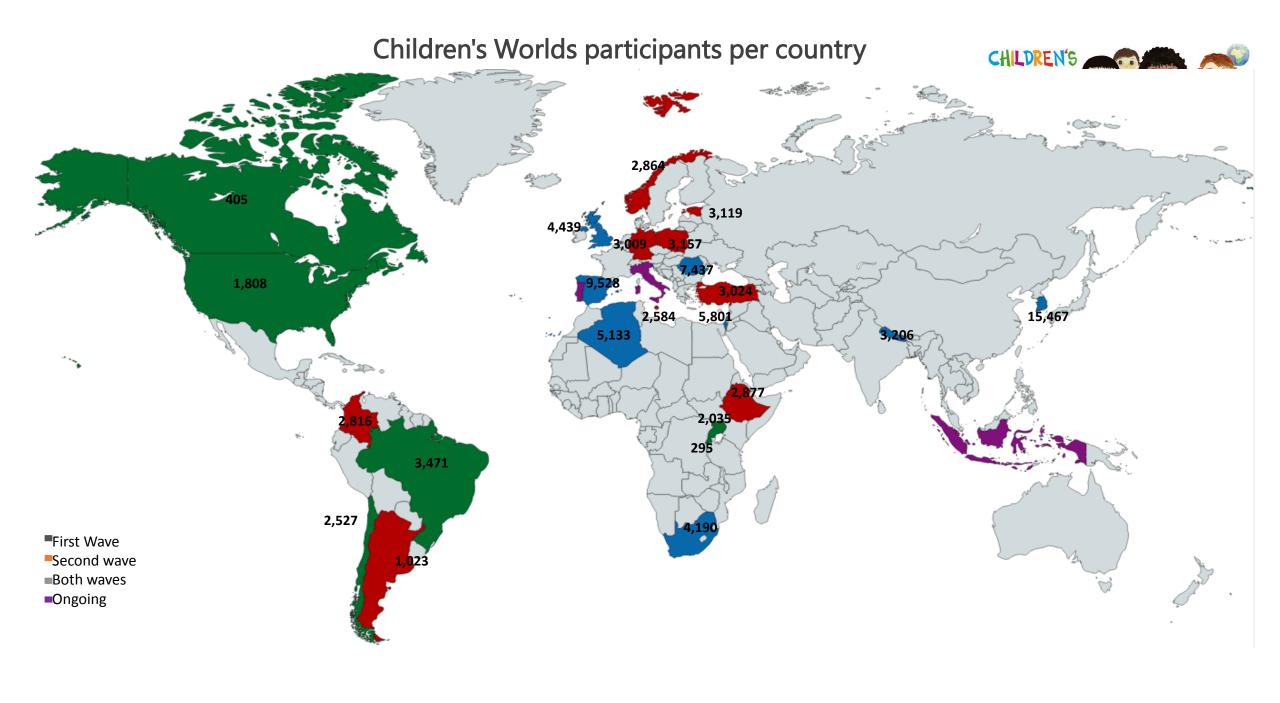


- 54,000 children. ~ 18,000 per age group
- 15 countries from different continents, varied cultures, diverse religions, distinct development and different types of welfare states.
- A representative sample of the entire country or federal region.
  - The entire country: England, Estonia, Ethiopia, Israel, Nepal, Norway, Romania, South Korea.
  - Federal region: Algeria (El Bayedh, Tlemcen and Oran), Colombia (Antioquia), Germany (Thuringia, Hesse, Baden-Wurttemberg and North Rhine-Westphalia) Poland (Wielkopolska), South Africa (Western Cape), Spain (Catalonia), Turkey (Istanbul).

## Full Survey 2013-2104



- Sample was based on mainstream schools, and therefore did not include special education schools and etc.
- Sampling strategy varied from country to country, subject to the characteristics of each.
- To ensure the quality of the sample each sample plan, prepared by the local teams, was reviewed and approved in advance by a 'sample committee' comprised of four experts.



## Children's Worlds participants per country



Wave	Country	Participants	
First Wave	Brazil (Rio Grande do sul)	3,471	
	Canada (Manitoba)	405	
	Chile	2,527	
	Rwanda (Capital)	295	
	Uganda (Eastern)	2,035	
	US (South Dakota)	1,808	
Second Wave	Argentina	1,023	
	Colombia (Antioquia)	2,816	
	Estonia	3,119	
	Ethiopia	2,877	
	Germany	3,009	
	Malta	2,584	
	Norway	2,864	
	Poland (Wielkopolska)	3,157	
	Turkey (Istanbul)	3,024	

Wave	Country	Participants
Both Waves	Algeria (Western)	5,133
	Israel	5,801
	Nepal	3,206
	Romania	7,437
	South Africa (W Cape)	4,190
	South Korea	15,467
	Spain	9,528
	UK (England)	4,459

Total 90,235

## Data collection in Ethiopia





## Some initial thoughts

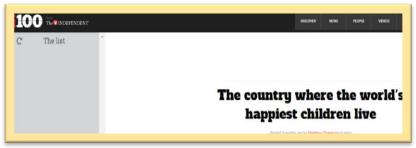


- Almost 90,000 kids ages 8, 10 & 12 from 21 countries, various religions, cultures and languages were comfortable with 95% of the questions we asked.
- The only problematic domain was family formation. For example you can not ask an Arab child if his mother lives with a boy friend...

## From the press The launch of the comparative report











THEWONDER YEARS

Most children are happy no matter what, but materialism catches up eventually



## From the press The launch of the comparative report











## Thank you very much!



Asher Ben-Arieh
The Haruv Institute, The Hebrew University of Jerusalem
www.isciweb.org







## Objectives and methods of the Children's Worlds project

**Emeritus Professor Ferran Casas** 

Co-ordinator, ERIDIQV, Research Institute on Quality of Life, University of Girona

### What did we ask?



- Questions about frequency of activities
- Satisfaction scales of life in large and specific domains or factors
- Agreement scales with status and events.
- Socio-demographic characteristics
- > On the following topics:

#### You

- age
- gender
- place of living

#### Your home and the people you live with

- sleeping place
- the home you live
- people you live with

#### Money and things you have

- 4 pocket money
- 9 things you have
- 1 satisfaction with things you have

#### Your friends and other people

- 2 agreement
- 3 satisfaction
- 3 activities

#### The area where you live

- 3 agreement
- 4 satisfaction

#### School

- 4 agreements
- 2 bulling
- 6 satisfaction

#### How you use your time

• list of 10 activities

#### More about you

- 10 satisfaction
- 5 changes

#### How you feel about yourself

- 4 satisfaction
- 1 happiness

#### Your life and your future

- 5 items of the SLSS
- 3 children's rights; 8 values aspired; 6 positive affects
- 2 evaluation items on the questionnaire

## Overall subjective well-being



- The survey included 28 questions about children's satisfaction with different aspects of their life
  - > A question about satisfaction with life as a whole (OLS) (0-10)
  - Cummins and Lau's Personal Well-Being Index-School Children (PWI-SC) (7 items, 0-10)
  - Seligson & Huebner's Brief Multidimensional Student Life Satisfaction Scale (BMSLSS) (5 items, 0-10)
  - > 15 items on satisfaction with other aspects or domains of their lives (0-10)
- Six questions about positive affects in the last two weeks (0-10)
- Short version of Huebner's Student Life Satisfaction Scale (SLSS) (5 items, 0-10)
- All multi-item scales have been converted to 0 to 100 for comparison purposes

## How did we ask it? (I)



- Three versions of the questionnaire were created, one for each age group.
- The format of the questionnaires was advised by children from some of the participant countries by means of focus groups.
- Questionnaires differ in length; the questionnaire for age 12 is the longest while the questionnaire for age 8 is the shortest.
- In the 8-years-old version, a scale of emoticons was used for the satisfaction items and these items were phrased in terms of happiness ('How happy you feel with...').











## How did we ask it? (II)



- Frequency: of activities in last week, month and year
- Agreement scales: five-point unipolar agreement scale was used. Children could also choose to answer 'Don't know'.
- Satisfaction scales: 11-point scale, with 0 denoting 'not at all satisfied' and 10 'totally satisfied'.
- Response scale for the satisfaction items in the 8 year-olds questionnaire consisting of five emoticons (from a sad face to a happy face), was converted to a 0-4 scale.
- For the analysis the data for each country has been weighted equally by gender

## Challenges



- Different languages
  - Need to translate to different languages and to adapt to each linguistic context.
  - Unipolar scales better than bipolar.
- Diverse cultures
  - Appropriate for a wide range of cultures (developed-developing; different continents; various living situations; different answering styles; ...)
  - Comparability of the psychometric scales?
  - > Which belongings are good socio-economic indicators?
- Various ages
  - Suitable for the developmental and cognitive level of children aged 8-12
  - Few previous experiences with big samples of 10 or 8 year-olds
  - > The first questionnaire ever seen by some children

## Full survey 2013-2014: representative samples



Country	8 y.o.	10 y.o.	12 y.o.	Total	
Algeria	1385	1216	1359	3960	
Colombia	1003	1071	1007	3081	
England	990	989	1319	3298	
Estonia	1131	1034	1033	3198	
Ethiopia	1000	1000	1000	3000	
Germany	1069	1143	851	3063	
Israel	1004	1030	954	2988	
Nepal	1073	1073	1073	3219	
Norway	977	1033	1000	3010	
Poland	1078	1156	1038	3272	
Romania	1422	1424	1561	4407	
South Africa	1032 1109		1143	3283	
South Korea	2323	2323	2607	7253	
Spain	1066	1082	1717	3865	
Turkey	1045	1079	1029	3153	
Total	17598	17762	18691	54051	

## Data collection in Nepal





### More countries involved



- Data collection process has recently been completed in Argentina and Malta.
- Data collection is going on in Brazil, Italy, Portugal, and Wales.
- Data collection during the next scholar course is announced in Indonesia.







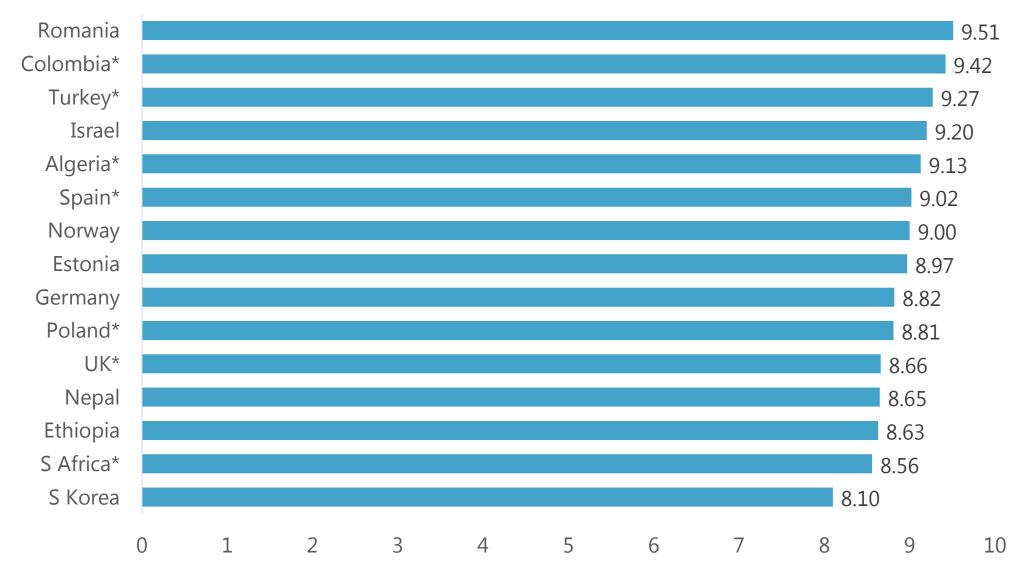
## Key findings from the Children's Worlds project so far

**Gwyther Rees** 

Honorary Research Fellow, Social Policy Research Unit, University of York

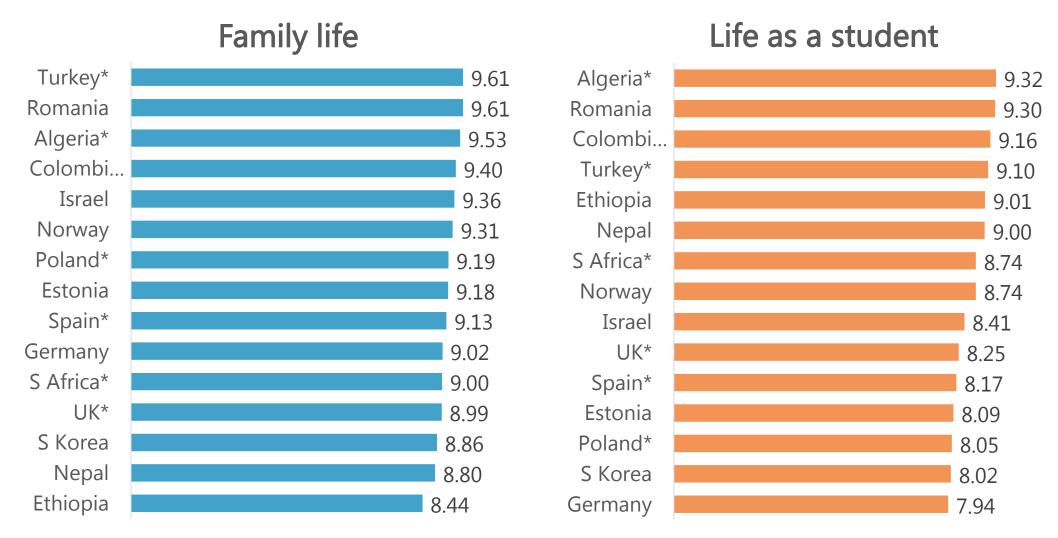
### Satisfaction with life as a whole





## Satisfaction with different aspects of life





## What should we compare?



### Various options

- Means or mean ranks
- % with low well-being
- Inequalities of well-being

### Linked to three different potential goals

- Increase average happiness or satisfaction
- Reduce misery
- Reduce inequality

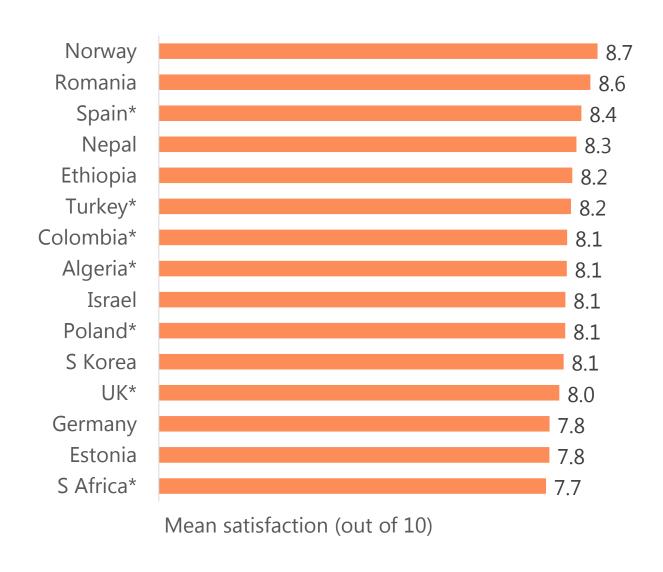
## Rankings of satisfaction with life as a whole

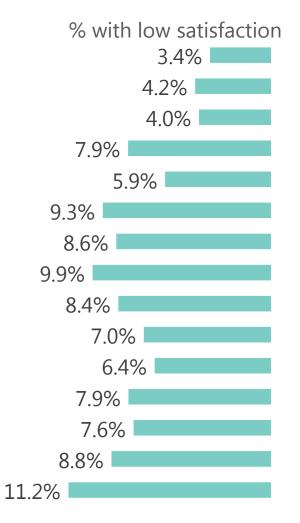


	Mean	Mean rank	% with low well- being (<5 out of 10)	% with very high well-being (10 out of 10)	Inequality (standard deviation)
Algeria*	5	5	5	5	7
Colombia*	2	3	2	3	2
Estonia	8	8	7	8	6
Ethiopia	13	14	10	14	11
Germany	9	12	9	13	8
Israel	4	4	6	4	5
Nepal	12	11	13	9	13
Norway	7	6	4	7	4
Poland*	10	10	11	11	10
Romania	1	1	1	2	1
S Africa*	14	9	15	6	15
S Korea	15	15	14	15	14
Spain*	6	7	3	10	3
Turkey*	3	2	8	1	9
UK*	11	13	12	12	12

### Satisfaction with classmates

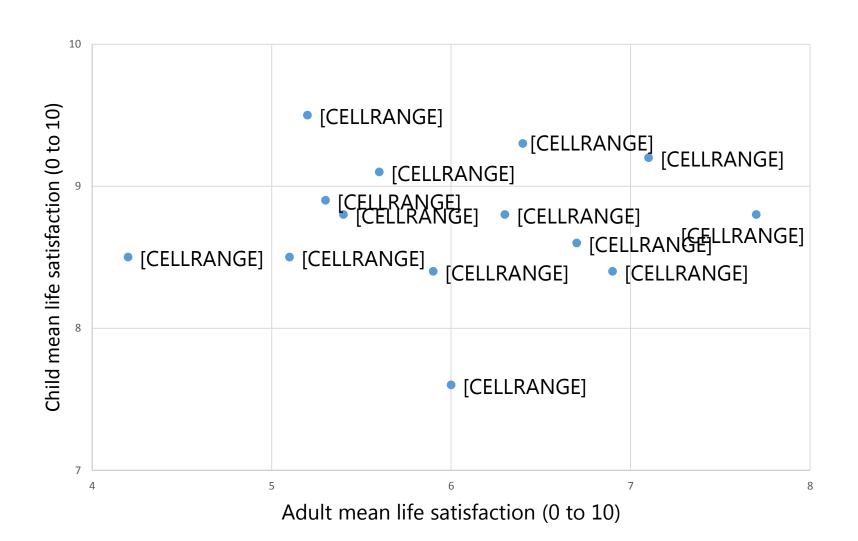






## Child and adult life satisfaction





## Making use of the Children's Worlds data



- Comparing means (or % with low well-being or inequalities) between countries is potentially useful, if we can explain the reasons for variation through:
  - Macro analysis
  - Contextualisation (example)
  - Theoretical approaches
- We can use satisfaction scores in other useful comparative ways
  - Comparing factors explaining within-country variation.
  - Looking at relative positive and negative aspects of life
  - Looking at sub-group differences
- There are other important topics covered in the survey bullying, time use, children's rights

## Absolute and relative scores

## Mean scores for selected satisfaction questions



	Family life	Things	Friends	Life as student	Local area	Time use	Body	The future	Life as a whole
Algeria*	9.53	8.10	8.51	9.32	8.23	8.34	8.76	8.93	9.13
Colombia*	9.40	9.45	8.72	9.16	8.95	9.02	9.47	9.24	9.42
Estonia	9.18	8.96	8.71	8.09	8.53	8.50	8.15	8.40	8.97
Ethiopia	8.44	7.20	8.23	9.01	8.02	8.31	8.69	7.71	8.63
Germany	9.02	9.19	9.07	7.94	7.82	8.53	8.05	8.95	8.82
Israel	9.36	9.40	8.83	8.41	8.82	8.72	9.15	8.72	9.20
Nepal	8.80	8.77	8.56	9.00	8.44	8.34	8.57	5.78	8.65
Norway	9.31	9.46	9.22	8.74	9.36	8.62	8.26	8.86	9.00
Poland*	9.19	9.27	8.52	8.05	8.70	8.71	8.39	8.96	8.81
Romania	9.61	9.57	8.96	9.30	9.27	9.18	9.35	8.97	9.51
S Africa*	9.00	8.74	8.36	8.74	7.78	8.35	8.87	7.87	8.56
S Korea	8.86	8.54	8.55	8.02	8.00	7.91	7.41	8.02	8.10
Spain*	9.13	9.28	8.99	8.17	8.69	8.56	8.63	8.66	9.02
Turkey*	9.61	9.19	8.96	9.10	8.88	8.95	9.07	9.34	9.27
UK*	8.99	9.17	8.84	8.25	8.43	8.42	7.86	8.23	8.66

## Calculating relative scores





#### Relative scores for selected aspects of life, 10and 12-years-old surveys



					Life as			
	Family life	Things	Friends	Local area	student	Time use	Body	The future
Algeria*	1.03	0.90	0.97	0.96	1.08	0.97	1.01	1.05
Colombia*	0.99	1.01	0.96	1.01	1.02	1.01	1.06	1.05
Estonia	1.02	1.02	1.01	1.02	0.95	1.01	0.97	1.01
Ethiopia	0.96	0.84	0.98	0.98	1.09	1.01	1.06	0.95
Germany	1.00	1.04	1.05	0.93	0.94	1.01	0.95	1.08
Israel	1.00	1.03	0.99	1.01	0.95	1.00	1.04	1.01
Nepal	1.00	1.02	1.02	1.03	1.08	1.01	1.04	0.71
Norway	0.97	1.01	1.01	1.05	0.97	0.96	0.92	1.01
Poland*	1.00	1.03	0.97	1.02	0.93	1.01	0.97	1.06
Romania	0.98	1.00	0.96	1.02	1.01	1.00	1.02	0.99
S Africa*	1.02	1.01	0.99	0.94	1.05	1.01	1.07	0.97
S Korea	1.03	1.02	1.04	1.00	0.99	0.98	0.92	1.01
Spain*	0.99	1.03	1.02	1.01	0.94	0.99	1.00	1.02
Turkey*	1.00	0.98	0.98	1.00	1.01	1.00	1.01	1.06
UK*	1.00	1.05	1.03	1.01	0.98	1.00	0.94	0.99

# High and low relative scores, 8 years old survey



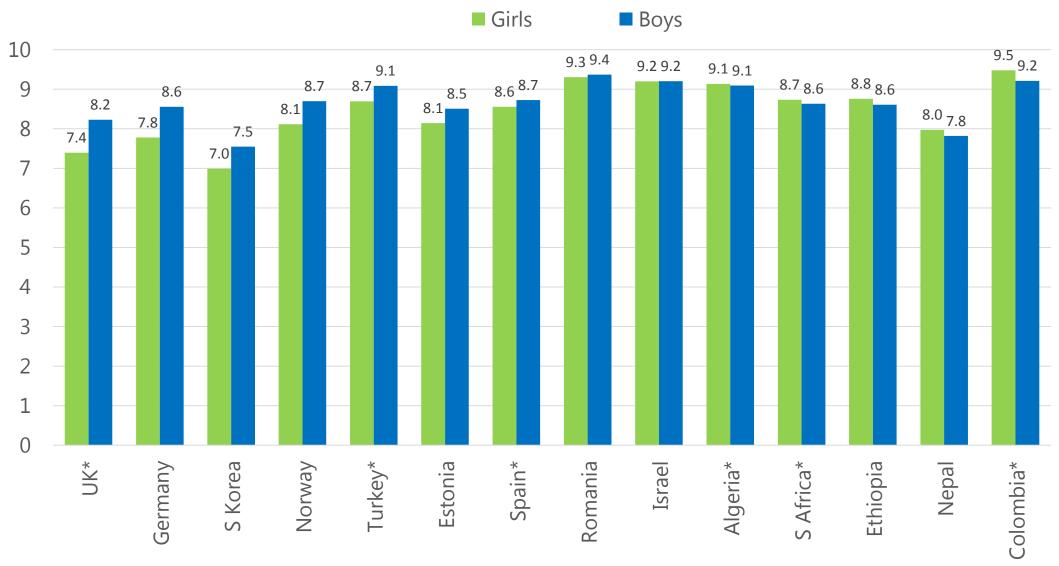
Country	Highest	Lowest
Algeria*	Relationships in general Relationships with teachers People in area	Health Activities in free time
Colombia*	Treatment at doctors Listened to by adults	Friends Classmates
Estonia	Local area in general Activities in free time Family life	Other people in family Classmates Treatment at doctors
Ethiopia	Classmates Health Appearance	Money and possessions Safety Freedom
Germany	Activities in free time Treatment at doctors Other people in family	Local area in general Classmates School experience
Israel	Freedom Own body Appearance	Relationships in general Treatment at doctors School experience
Malta	Money and possessions Friends Relationships with teachers	Treatment at doctors Family life People in local area
Nepal	People in local area Classmates School experience	Treatment at doctors Activities in free time People live with

Country	Highest	Lowest
Norway	Outdoor areas Other people in family Relationship with teachers	Health
Poland*	Outdoor areas	School experience Relationship with teachers
Romania	Treatment at doctors	Outdoor areas Friends
S Africa*	Own body Freedom	Outdoor areas Safety
S Korea	Other people in family Treatment at doctors People live with	Appearance School marks Relationships in general
Spain*	Outdoor areas Other people in family	Relationships with teachers Listened to be adults
Turkey*	Freedom	Other people in family Activities in free time
UK*	People live with	Appearance Other people in family Outdoor areas

## Sub-group differences

### Gender and appearance





#### Age variations in school satisfaction



	8 years old		10 years old		12 years old
My teachers listen to me and take what I say into account	3.30	>	3.21	>	2.94
My teachers treat me fairly	3.34	<b>≈</b>	3.30	>	3.00
I feel safe at school	3.40	>	3.34	>	3.14
I like going to school	3.23	>	3.06	>	2.80
Sum of agreement scores for above four items (0 to 16)	13.35	>	13.01	>	11.89

Age variations in school satisfaction by country

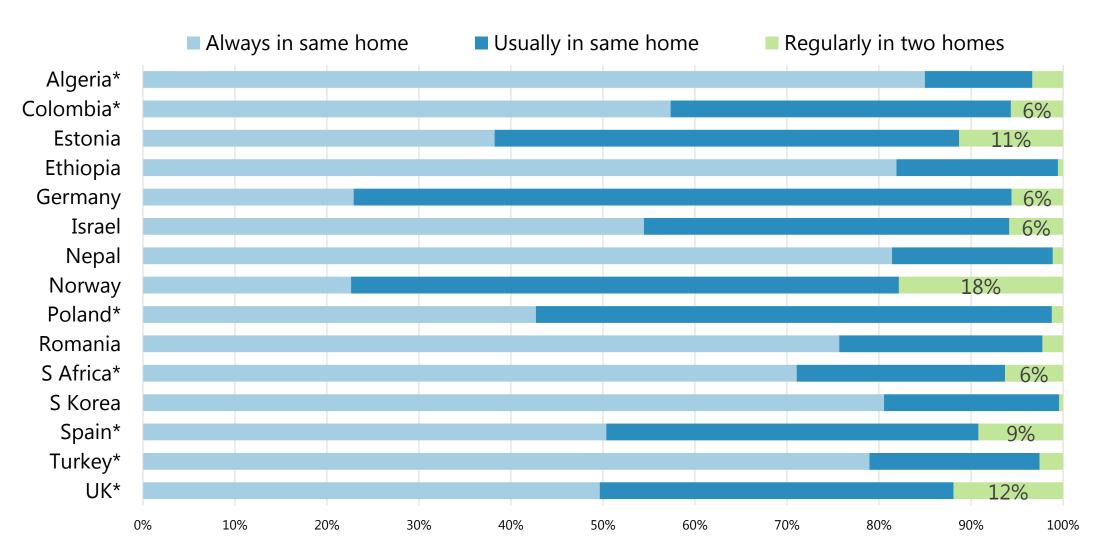


	8 years		10 years		12 years		
	Total	old		old		old	eta <sup>2</sup>
Germany	11.62	12.25	≈	12.24	>	10.13	.067
Algeria*	14.07	14.59	≈	14.51	>	13.21	.053
S Korea	12.42	12.87	<b>≈</b>	12.99	>	11.48	.040
Spain*	12.64	13.59	>	13.06	>	11.81	.043
Turkey*	13.18	13.29	<b>≈</b>	13.68	>	12.57	.020
UK*	11.87	12.94	>	12.61	>	10.56	.079
Colombia*	13.35	14.21	>	13.43	>	12.48	.060
Estonia	11.99	13.09	>	12.31	>	10.66	.061
Romania	13.19	14.17	>	13.65	>	11.96	.071
Poland*	12.34	13.62	>	12.60	>	10.93	.090
Norway	13.22	13.84	>	13.36	>	12.56	.038
S Africa*	12.56	13.13	>	12.45	≈	12.17	.018
Israel	12.09	12.54	>	11.72	≈	11.68	.010
Ethiopia	13.20	13.28	≈	13.25	æ	13.08	ns
Nepal	13.38	13.06	<	13.29	<	13.77	.020

### The context of children's lives

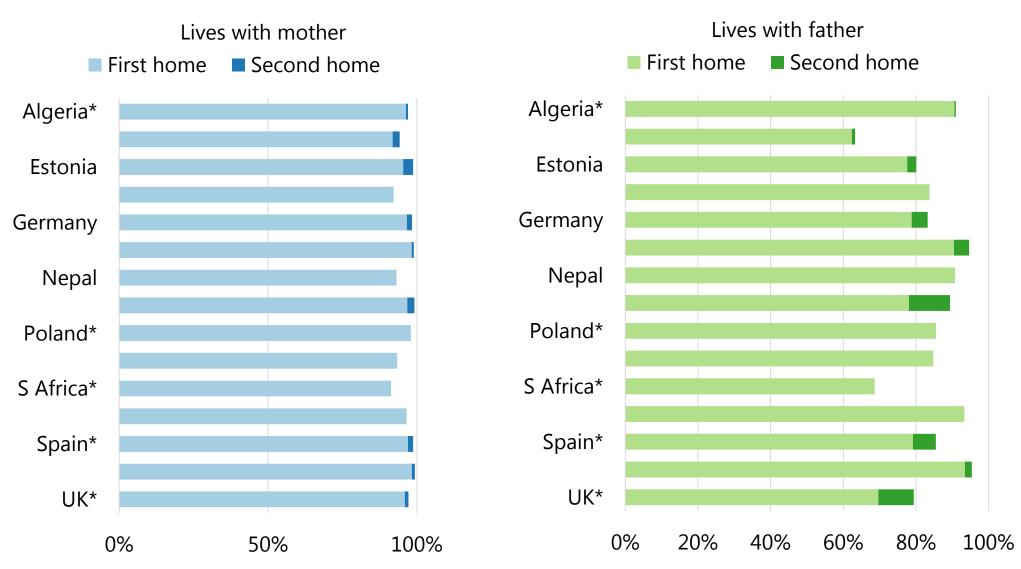
#### Children living in two homes





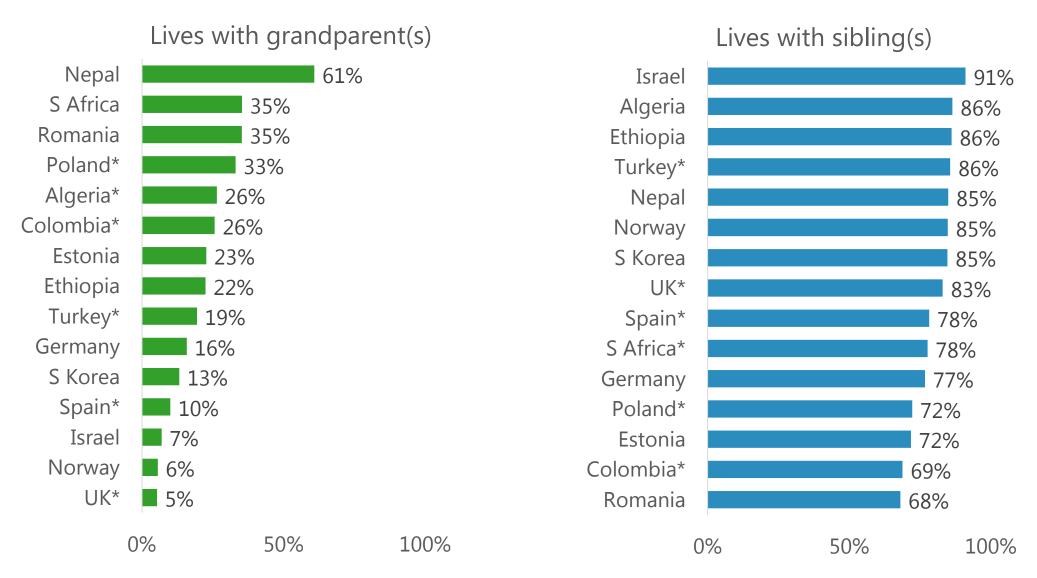
#### Living with mothers and fathers





#### Living with grandparent and siblings

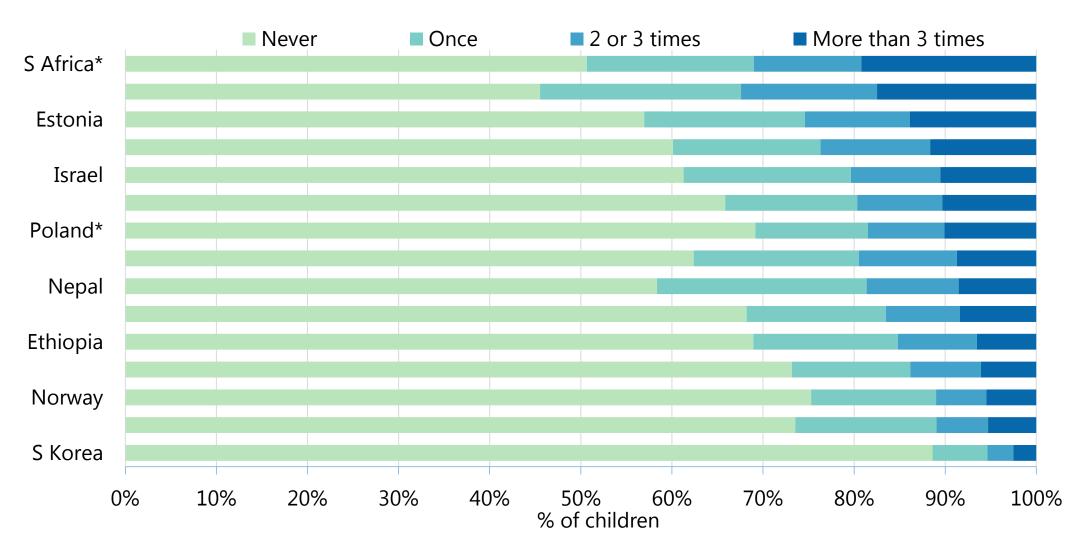




## Bullying

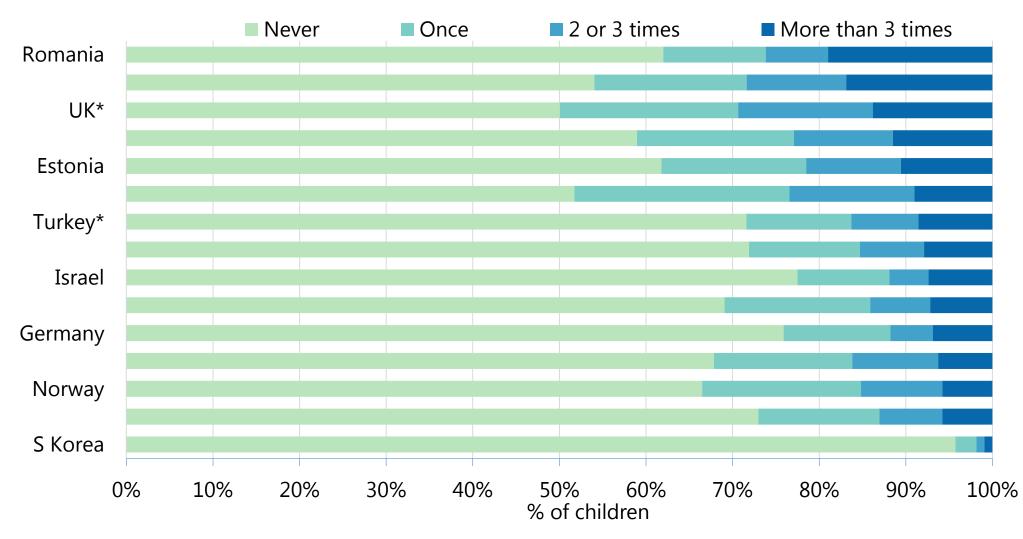
#### Bullying: Being hit by other children





#### Bullying: Being left out by classmates





### Time use

#### Time use: Response differences



	Mean response
Country	(0 to 3)
Spain*	2.14
S Africa*	2.13
Estonia	2.11
Israel	2.08
UK*	2.04
Colombia*	2.02
Norway	1.98
Poland*	1.98
Romania	1.86
Turkey*	1.83
Algeria*	1.82
Germany	1.82
Nepal	1.67
S Korea	1.60
Ethiopia	1.44

Is this variation:

- a) Due to cultural response differences?
- b) Due to us missing key activities?

#### Countries doing each activity most and least



	Absolute	e means	Relative scores			
	Most	Least	Most	Least		
Watch TV	Estonia	Ethiopia	S Korea	Ethiopia		
Use computer	Estonia	Ethiopia	Estonia	Ethiopia		
By self	UK	Ethiopia	UK	Romania		
Classes	Estonia	UK	Germany	UK		
Org. leisure	S Africa	S Korea	S Africa	S Korea		
Sports/Exercise	Poland	Ethiopia	Germany	Algeria		
Help house	Nepal	Turkey	Ethiopia	Turkey		
Care family	Algeria	Germany	Ethiopia	Germany		
Homework	Estonia	UK	Ethiopia	UK		
Read for fun	Turkey	Ethiopia	Turkey/Nepal	Ethiopia		

#### Time use: Gender differences

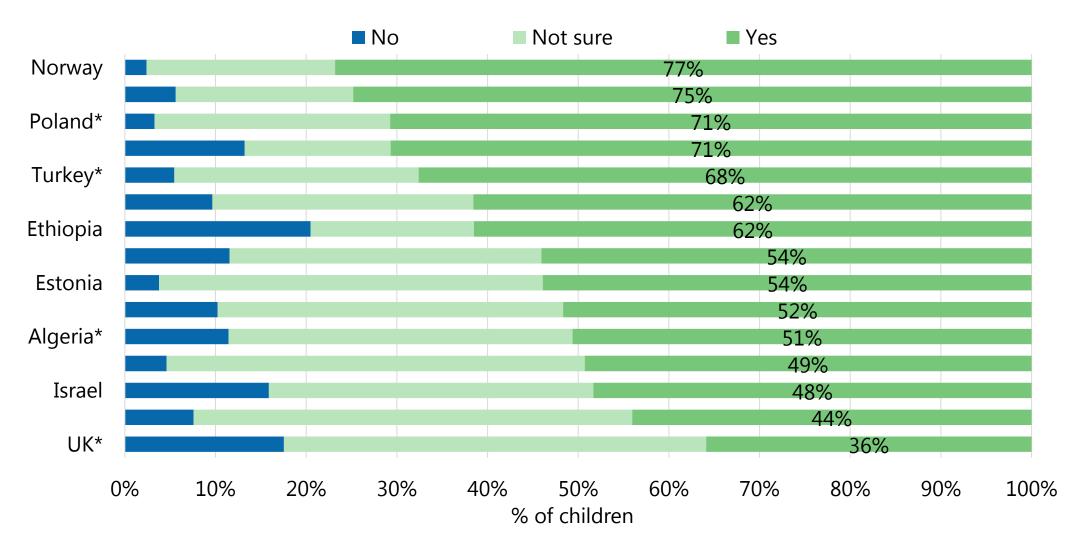


	TV	Comp- uter	By self	Classes	Org. leisure	Sports/ Exercise	Help house	Care family	Home work	Reading for fun
Algeria*	ı v	В	by Scii	В	ICISAIC	В	G	Таттту	WOIK	TOT TOT
Colombia*						В	G		G	
Estonia		В					G			G
Ethiopia						В				
Germany		В				В				
Israel						В				G
Nepal										
Norway		В				В		В		G
Poland*		В					G			G
Romania		В				В	G			G
S Africa*						В				
S Korea	G	В			В	В				
Spain*			G	В		В				G
Turkey*		В				В	G		G	
UK*						В				G

## Children's rights

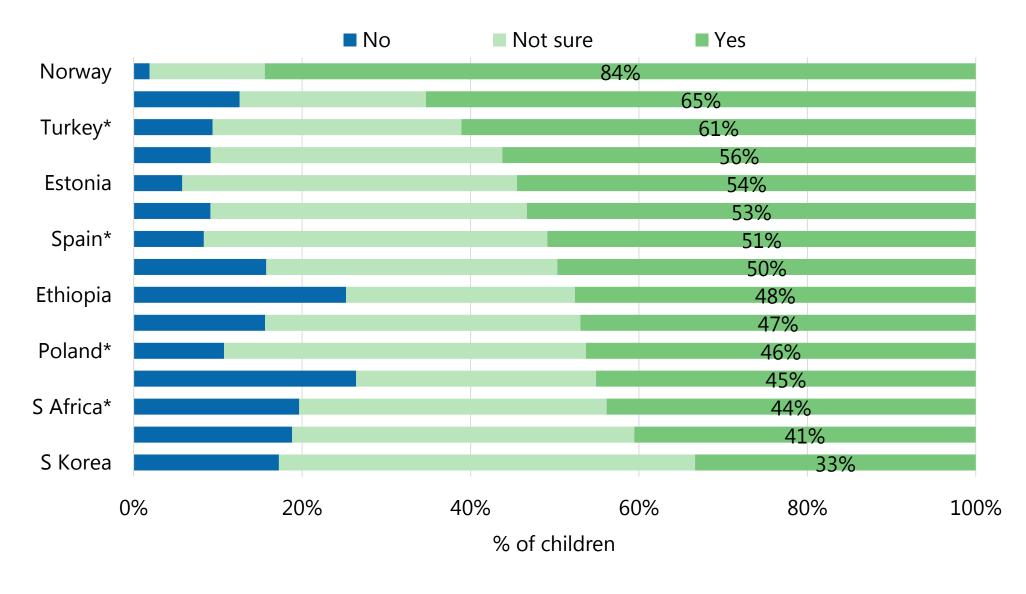
#### Knowledge of children's rights





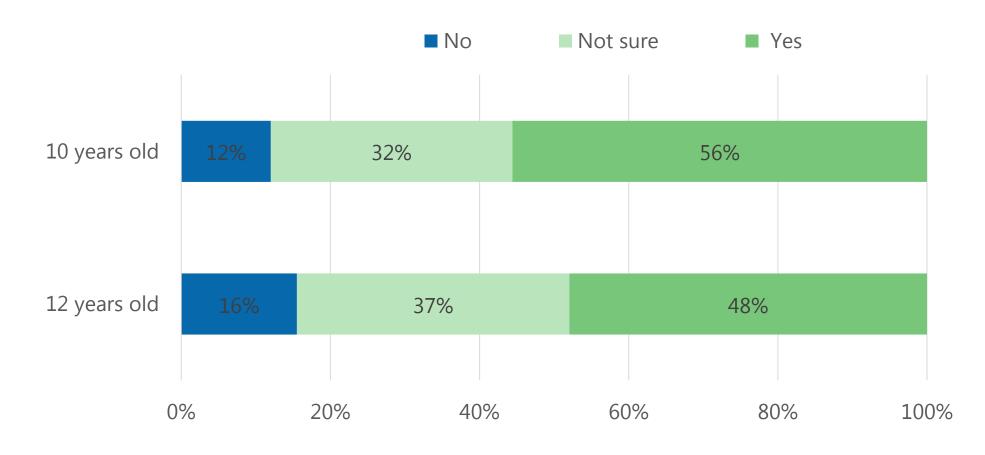
### Do adults respect children's rights?





#### Do adults respect children's rights?











### The future of the project

Emeritus Professor Jonathan Bradshaw

Department of Social Policy & Social Work, University of York

#### Children's Worlds



- Publishing 2014 sweep conferences, special issues, website, here.
- Data available for public use July 2016
- More countries coming Malta, Portugal, Hong Kong, Indonesia, Argentina, Brazil, Italy and Wales
- Planning new sweep 2017 all existing partners have signed up.
   New ones welcomed
- Revising Q suggestions welcomed

#### Questionnaire



- Too much on.
  - Many measures of SWB need to be reduced
  - Duplication of satisfaction and frequency
  - Lots of learning ie "somewhat"
- Not enough on
  - Family
  - Friends
  - Bullying
  - Material

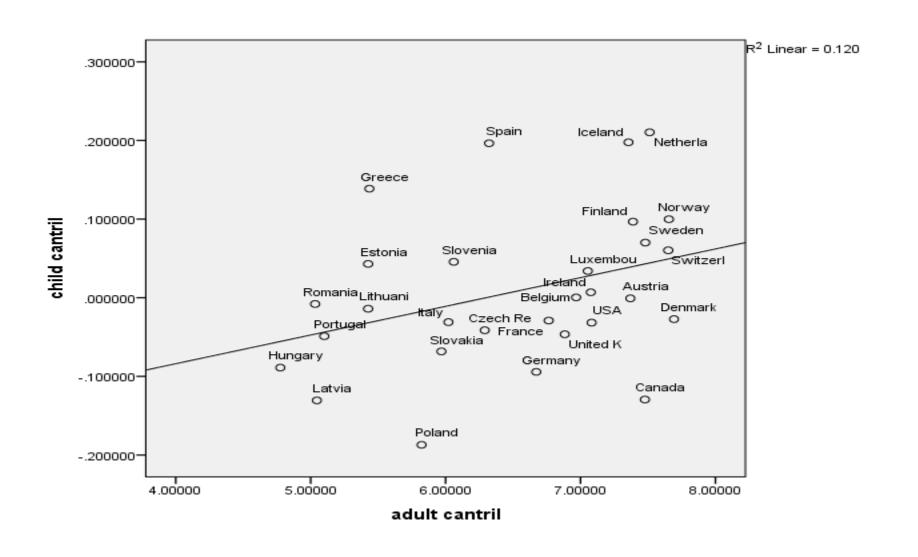
### Science of happiness

- Most work done on adults
- Adults different from children



#### Children's lives different from adults' lives





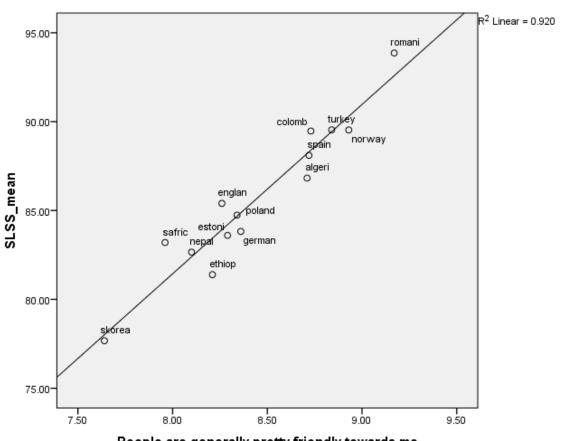
#### Science of happiness



- Most work done on adults
- Adults different from children slide
- Helliwell World Happiness Report GDP fairly important for adults not children.
- Most adult life satisfaction and most child happiness influenced by friendship and freedom
- And really not much else
- Much more work needed on this

## Child SLSS by people are generally pretty friendly towards me 10 and 12 year olds

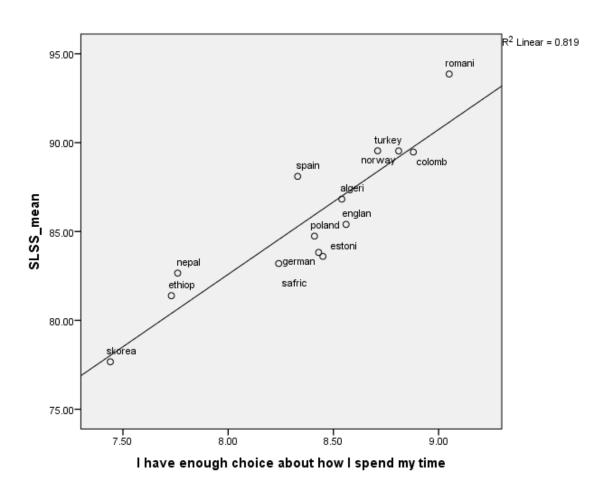




People are generally pretty friendly towards me

## Child SLSS by satisfaction with whether you have enough choice about how you use your time. 10 and 12 year olds





#### Coalition needed



- HBSC, OECD, UNICEF, Children's Worlds already players
- EU not yet advocates? UNDP, UN......
- Fantastic progress in ten years.
- Thanks to all players but especially ISCI.
- Good collaboration but needs a designated coordinator harmonisation and timing of childhood surveys
- But <u>underpowered</u>.
  - In terms of resources. We cannot afford to use World Gallup like World Happiness Report
  - Intellectually absence of serious economic interest where are Stiglitz et al.
- Do children matter as much?
- We need to be less bizarre, more techni cally good and engage with adult happiness discourse.







Our Promise to Youth

#### Further information about Children's Worlds

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