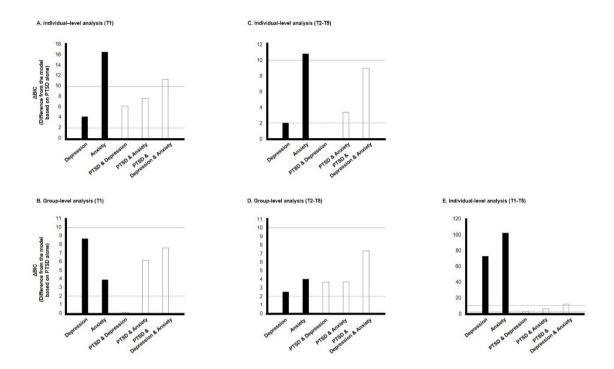
## nature mental health

**Article** 

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## Event-related PTSD symptoms as a high-risk factor for suicide: longitudinal observational study

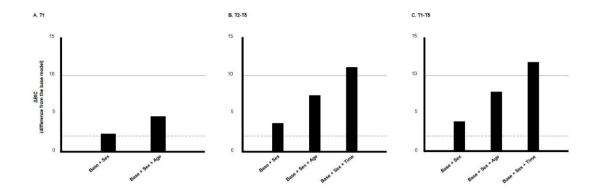
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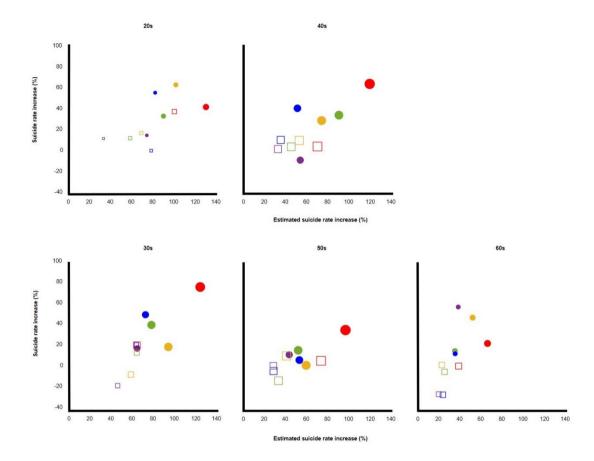
Supplementary Fig. 1. Comparison of models that test associations between psychiatric states and an increased suicide rate in the T1, T2-T5 and T1-T5 data, separately. The BIC of each model is presented as a difference from the model based on PTSD symptoms alone (PTSD model). Larger values indicate that the PTSD model is superior to models shown by each bar. Δ BIC values larger than 2 (dashed line) are considered significant differences from the PTSD model, whereas differences larger than 10 (solid line) are considered "very strong" differences. Black bars represent models based on depression, or anxiety, while white bars represent models based on combinations of PTSD, depression and/or anxiety scores. (BIC values for each figure from left to right, A:4.19 16.57 6.23 7.69 11.37, B:8.71 3.91 0.11 6.19 7.65, C:2.00 10.82 0.02 3.36 8.98, D:2.52 4.02 3.64 3.69 7.31, E:72.64 102.31 1.93 5.73 11.35)

**Supplementary table 1. Result of the mixed-effect analyses.** Examining the prediction of psychiatric status and suicide rates at the individual and group levels for T1, T2-T5, and T1-T5, respectively. These analyses were conducted using mixed-effects model analysis (two-tailed test).

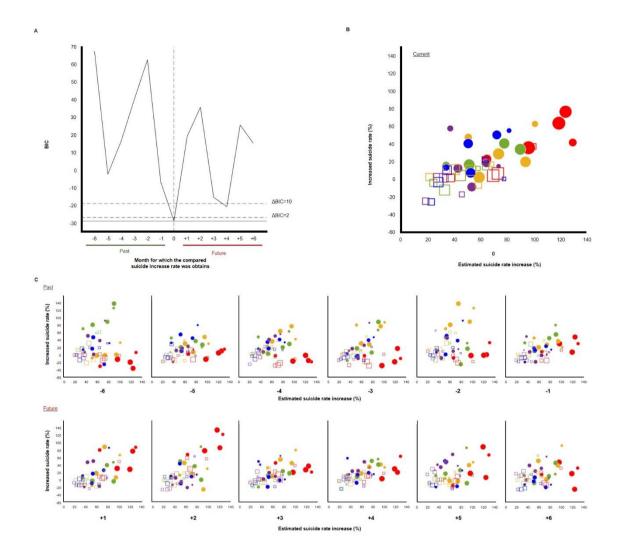
	random	data	Fixed	β	SE	t- stat	<i>p-</i> value	BIC	L95	L95
Effects of psychiatric states										
on the suicide rate (Individual-analysis)		TI		6.60×10 <sup>-4</sup>	1.50×10 <sup>-4</sup>	4.41	<.001	-3255.4	3.67×10 <sup>-4</sup>	9.54x10
marvidade anaty 515)		T2-T5	PTSD	5.87×10 <sup>-4</sup>	1.05x10 <sup>-4</sup>	5.60	<.001	-8819.2	3.81x10 <sup>-4</sup>	7.92×10
		T1-T5		1.23×10 <sup>-3</sup>	9.81x10 <sup>-5</sup>	12.50	<.001	-8516.8	1.03x10 <sup>-3</sup>	1.42×10
		TI		9.24x10 <sup>-4</sup>	2.37x10 <sup>-4</sup>	3.90	<.001	-3251.2	4.60x10 <sup>-4</sup>	1.39×10
		T2-T5	Depression	7.73x10 <sup>-4</sup>	1.43x10 <sup>-4</sup>	5.42	<.001	-8817.2	4.93x10 <sup>-4</sup>	1.05x10
		T1-T5		1.28×10 <sup>-3</sup>	1.41x10 <sup>-4</sup>	9.11	<.001	-8444.1	1.01x10 <sup>-3</sup>	1.56x10
		T1 T2-T5	Aixiety	4.24x10 <sup>-4</sup> 6.19x10 <sup>-4</sup>	2.52x10 <sup>-4</sup> 1.37x10 <sup>-4</sup>	1.68 4.53	0.09 <.001	-3238.8 -8808.4	-6.96x10 <sup>-5</sup> 3.51x10 <sup>-4</sup>	9.17x10 8.87x10
		T1-T5	Aixiety	1.01x10 <sup>-3</sup>	1.37×10	7.29	<.001	-8414.5	7.40x10 <sup>-4</sup>	1.29x10
		T1	PTSD	4.85x10 <sup>-4</sup>	1.96x10 <sup>-4</sup>	2.48	<.05		1.01x10 <sup>-4</sup>	8.68x10
			Depression	4.30x10 <sup>-4</sup>	3.09x10 <sup>-4</sup>	1.39	0.16	-3249.2	-1.76x10 <sup>-4</sup>	1.04x10
		T2-T5	PTSD	4.03x10 <sup>-4</sup>	1.21x10 <sup>-4</sup>	3.33	<.001	-8819.2	1.66x10 <sup>-4</sup>	6.40x10
		T1 TF	Depression	4.97×10 <sup>-4</sup>	1.65x10 <sup>-4</sup>	3.02	<.01		1.74x10 <sup>-4</sup>	8.20x10
		T1-T5	PTSD Depression	1.05x10 <sup>-3</sup> 4.60x10 <sup>-4</sup>	1.17×10 <sup>-4</sup> 1.68×10 <sup>-4</sup>	8.97 2.74	<.001 <.01	-8514.9	8.21x10 <sup>-4</sup> 1.31x10 <sup>-4</sup>	1.28x10 7.89x10
	sex	T1	PTSD	7.22×10 <sup>-4</sup>	1.75×10 <sup>-4</sup>	4.13	<.001		3.80x10 <sup>-4</sup>	1.07x10
			Anxiety	-2.01x10 <sup>-4</sup>	2.93x10 <sup>-4</sup>	-0.69	0.49	-3247.7	-7.76×10 <sup>-4</sup>	3.73×10
		T2-T5	PTSD	4.70x10 <sup>-4</sup>	1.15x10 <sup>-4</sup>	4.07	<.001	-8815.9	2.44x10 <sup>-4</sup>	6.96x10
			Anxiety	3.61x10 <sup>-4</sup>	1.50x10 <sup>-4</sup>	2.40	<.05	-0013.7	6.60x10 <sup>-5</sup>	6.56x10
		T1-T5	PTSD	1.13×10 <sup>-3</sup>	1.10×10 <sup>-4</sup>	10.32	<.001	-8511.1	9.17x10 <sup>-4</sup>	1.35x10
			Anxiety	2.98×10 <sup>-4</sup>	1.55x10 <sup>-4</sup>	1.93	0.05		-5.11x10 <sup>-6</sup>	6.01x10
		П	PTSD Depression	5.28x10 <sup>-4</sup> 7.84x10 <sup>-4</sup>	1.97×10 <sup>-4</sup> 3.70×10 <sup>-4</sup>	2.68 2.12	<.01 <.05	-3244.0	1.41x10 <sup>-4</sup> 5.85x10 <sup>-5</sup>	9.15x10 1.51x10
			Anxiety	-6.10×10 <sup>-4</sup>	3.51x10 <sup>-4</sup>	-1.74	0.08	0244.0	-1.30x10 <sup>-3</sup>	7.78×10
		T2-T5	PTSD	4.00x10 <sup>-4</sup>	1.21x10 <sup>-4</sup>	3.30	<.001		1.62x10 <sup>-4</sup>	6.38x10
			Depression	4.33x10 <sup>-4</sup>	2.32x10 <sup>-4</sup>	1.87	0.06	-8810.2	-2.12x10 <sup>-5</sup>	8.88x10
			Anxiety	0.83x10 <sup>-5</sup>	2.12x10 <sup>-4</sup>	0.39	0.70		-3.32x10 <sup>-4</sup>	4.98x10
		T1-T5	PTSD	1.05×10 <sup>-3</sup>	1.17×10 <sup>-4</sup>	8.94	<.001	0505 /	8.19×10 <sup>-4</sup>	1.28×10
			Depression Anxiety	4.41x10 <sup>-4</sup> 0.26x10 <sup>-5</sup>	2.26×10 <sup>-4</sup> 2.08×10 <sup>-4</sup>	1.95 0.13	0.05 0.90	-8505.4	-1.63x10 <sup>-6</sup> -3.81x10 <sup>-4</sup>	8.84x10 4.34x10
Effects of psychiatric states			Allxiety	0.20110	2.00010	0.13	0.70		-3.61X10	4.34110
on the suicide rate										
(group-analysis)		T1		0.06	0.02	2.98	<.05	1.5	0.01	0.
		T2-T5	PTSD	0.03	0.01	2.79	<.01	-17.7	8.01x10 <sup>-3</sup>	0.0
		T1-T5		0.04	0.01	5.29	<.001	-23.7	0.02	0.0
		T1 T2-T5	Depression	0.07 0.03	0.05 0.01	1.26 2.19	0.24 <.05	10.2 -15.2	-0.05 1.98×10 <sup>-3</sup>	0.1 0.0
		T1-T5	Бергеззіон	0.04	0.01	3.59	<.001	-13.2	0.02	0.0
		T1		0.13	0.05	2.95	<.05	5.4	0.03	0.2
		T2-T5	Aixiety	0.02	0.01	1.78	0.08	-13.7	-2.70x10 <sup>-3</sup>	0.0
		T1-T5		0.03	0.01	2.88	<.01	-9.3	0.01	0.0
		TI	PTSD	0.12	0.04	3.11	<.05	1.6	0.03	0.2
		T2-T5	Depression PTSD	-0.08	0.05	-1.67 1.65	0.14		-0.19 -6.09x10 <sup>-3</sup>	0.0
		12-13	Depression	3.79×10 <sup>-3</sup>	0.02	0.21	0.83	-14.1	-0.03	0.0
		T1-T5	PTSD	0.04	0.01	3.46	<.01	10.0	0.02	0.0
	cov		Depression	-4.02x10 <sup>-3</sup>	0.02	-0.24	0.81	-19.8	-0.04	0.0
	sex	TI	PTSD	5.98x10 <sup>-3</sup>	0.04	0.17	0.87	7.7	-0.08	0.0
			Anxiety	0.13	0.05	2.79	<.05		0.02	0.2
		T2-T5	PTSD	0.03	0.01	2.10	<.05	-14.0	9.63x10 <sup>-4</sup>	0.0
		T1-T5	Anxiety	-1.65x10 <sup>-4</sup>	0.01	-0.01 4.16	0.99 <.001		-0.03 0.02	0.0
		11-13	Anxiety	-3.13×10 <sup>-3</sup>	0.01	-0.23	0.82	-19.8	-0.03	0.0
		T1	PTSD	0.06	0.07	0.91	0.40		-0.11	0.2
			Depression	-0.10	0.11	-0.93	0.39	9.1	-0.36	0.1
			Anxiety	0.18	0.07	2.68	<.05		0.02	0.3
		T2-T5	PTSD	0.03	0.02	1.65	0.11		-6.10x10 <sup>-3</sup>	0.0
			Depression Anxiety	5.73x10 <sup>-3</sup> -2.72x10 <sup>-3</sup>	0.02 0.02	0.26 -0.16	0.79 0.87	-10.4	-0.04 -0.04	0.0
		T1-T5	PTSD	0.04	0.02	3.46	<.01		0.02	0.0
			Depression	-2.67×10 <sup>-3</sup>	0.02	-0.13	0.90	-15.9	-0.04	0.0
			Anxiety	-1.85×10 <sup>-3</sup>	0.02	-0.11	0.91		-0.04	0.0
Testing the predictive power										
of estimated suicide risk		-		0.05			- 001		0.57	
(group-analysis)	-	T1 T2-T5		0.85 0.60	0.14 0.11	6.31 5.49	<.001 <.001	-6.7 -23.8	0.54 0.38	1.1 0.8
		T1-T5		0.63	0.07	8.77	<.001	-32.8	0.49	0.7
	sex	TT		0.85	0.14	6.31	<.001	-4.4	0.54	1.1
		T2-T5		0.60	0.11	5.49	<.001	-20.1	0.38	0.8
		T1-T5	Fatimeter 4	0.63	0.07	8.77	<.001	-28.9	0.49	0.7
	sex+age	TI	Estimated-suicide increase (based on	0.85	0.14	6.31	<.001	-2.1	0.54	1.1
		T2-T5	PTSD prevalence)	0.60	0.11	5.49	<.001	-16.4	0.38	0.0
		T1-T5		0.63	0.07	8.77	<.001	-25.0	0.49	0.7
	sex+age+	TI		0.85	0.14	6.31	<.001	0.2	0.54	1.1
	timepoint			0.03	0.14	0.01	001	0.2	0.54	1.1
		T2-T5		0.60	0.11	5.49	<.001	-12.8	0.38	3.0
		12-13		0.00	0.11	3.47	١٠٥٥١	-12.0	0.30	0.0



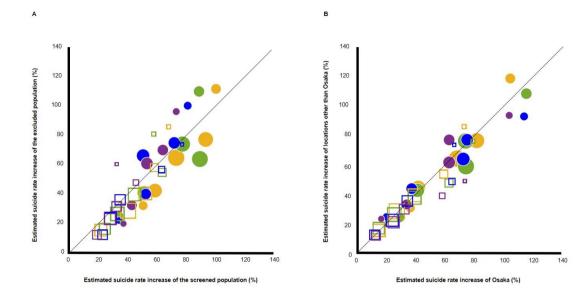
Supplementary Fig. 2. Comparison of models that test associations between psychiatric states and suicide rates in the T1, T2-T5 and T1-T5 data. The BIC of each model is presented as a difference from the base model. Larger values indicate that the base model is superior to the model shown by each bar.  $\Delta$  BIC values larger than 2 (dashed line) are considered significant differences from the base model, whereas differences larger than 10 (solid line) are considered "very strong" differences. (BIC values for each figure from left to right, A:2.30 4.61, B:3.69 7.38 11.07, C:3.91 7.82 11.74)



Supplementary Fig. 3. Stratified association between the estimated suicide risk and the actual suicide rate. Panels in Fig. 3 represent age groups. Circles and squares represent the suicide rate increase estimated from PTSD probability (X-axis) and the suicide rate increase (Y-axis) for each age group. Circles and squares represent female and male data, respectively. Colours of circles and squares represent data acquisition timing, whereas sizes of circles and squares represent the number of online participants.



**Supplementary Fig. 4. Cross-lagged relationships analyses** A. Time-shifted BIC from models predicting the "current" suicide increase from those predicting "past" or "future" suicide increases. B. Association between the estimated increase in the suicide rate based on COVID-19-related PTSD symptoms and the actual increase in the suicide rate at the time of PTSD score monitoring (Corresponding to Fig. 3). C. Association of the estimated increase in the suicide rate with actual increase in the suicide rate in the past and the future.



**Supplementary Fig. 5. Analyses of bias.** A. Association between the estimated increase in the rate of suicide in screened and those in excluded, based on COVID-19-related PTSD symptoms. B. Association between the estimated increase in the rate of suicide in Osaka and those in areas other than Osaka, based on COVID-19 related PTSD symptoms. Circles and squares represent the estimated increase of the suicide rate in screened (X-axis) and excluded population (Y-axis) in Figure A, and those in Osaka (X-axis) and elsewhere (Y-axis) in Figure B. Colors of circles and squares represent data acquisition timing (T2: yellow, T3: green, T4: blue, T5: violet), whereas sizes of circles and squares represent numbers of online participants.

## Supplementary table 2. Variables used in the mixed-effect analyses

	indep	dependent	data	level			
	fixed	random	weight	variables	data	icvei	
Psychiatric states	PTSD (severity)		sample size (group-level only)	Suicide Increase	1)T1 2)T2-T5 3)T1-T5	1)Indifvidual-level 2)Group-level	
	Depression (severity)						
	Anxiety (severity)						
	PTSD+Depression (severity)	sex					
	PTSD+Anxiety (severity)						
	PTSD+Depression+Anxiety (severity)						
Estimated suicide risk	Estimated-suicide increase	1)NA, 2)sex, 3)sex+age		Suicide Increase	1)T1		
	(based on PTSD prevalence)	1)NA, 2)sex, 3)sex+age,	-sample size		2)T2-T5	-Group-level	
		4)sex+age+Timepoint			3)T1-T5		
Time specificity	Estimated-suicide increase (based on PTSD prevalence)	NA	sample size	current (0), future (+1~+6), past (-1~-6) suicide increase	T1-T5	Group-level	
	Distance	-NA	NA	Pearson-correlation	T1 T5	Group-level	
	Distance+(Distance:Direction)	-11/1	11/1	i carson-correlation	11-13	Group ic ver	