Appendix A

Table A1. Regression coefficients of path model by year of PhD survey (n₂₀₂₂=514, n₂₀₂₁=467, n₂₀₂₀=467)

	202	2022		2021		2020	
	b	sig.	b	sig.	b	sig.	
Engagement in PhD research ~							
Non-standard working hours	.211	***	.216	***	.188	***	
Total working time	.162	***	.159	***	.086	(*)	
Engagement in PhD research ~							
Experienced time pressure ~	243	***	234	***	317	***	
Non-standard working hours	.190	***	.110	*	.262	***	
Share of non-research time	.222	***	.220	***	.181	***	
Total working time	.135	***	.077	(*)	.018	n.s.	
Engagement in PhD research ~							
Experienced lack of time sovereignty ~	135	**	104	*	009	n.s.	
Non-standard working hours	.157	***	.191	***	.153	***	
Share of non-research time	.135	***	.098	*	.124	**	
Total working time	.231	***	.030	n.s.	.093	*	
Controls							
Non-standard working hours ~							
Female	048	n.s.	130	**	101	*	
Teaching exceeds contractual hours	.088	*	.036	n.s.	048	n.s.	
Share of non-research time ~							
Teaching exceeds contractual hours	.334	***	.297	***	.288	***	
Total working time ~							
Female	051	n.s.	079	(*)	106	*	
Teaching exceeds contractual hours	.168	***	.090	(*)	.033	n.s.	
Goodness-of-Fit measures							
Chi-square	11.323		12.150		17.864		
df	10		10		10		
CFI	.997		.992		.973		
RMSEA	.016		.021		.041		
p-value close fit	.937		.893		.647		
SRMR	.024		.032		.035		
R-square	.130		.142		.116		

Notes. b=standardized regression coefficient, sig.=significance. Levels of significance: ***p≤0.001, **p≤0.01, *p≤0.05, (*)p≤0.10, n.s. not significant.