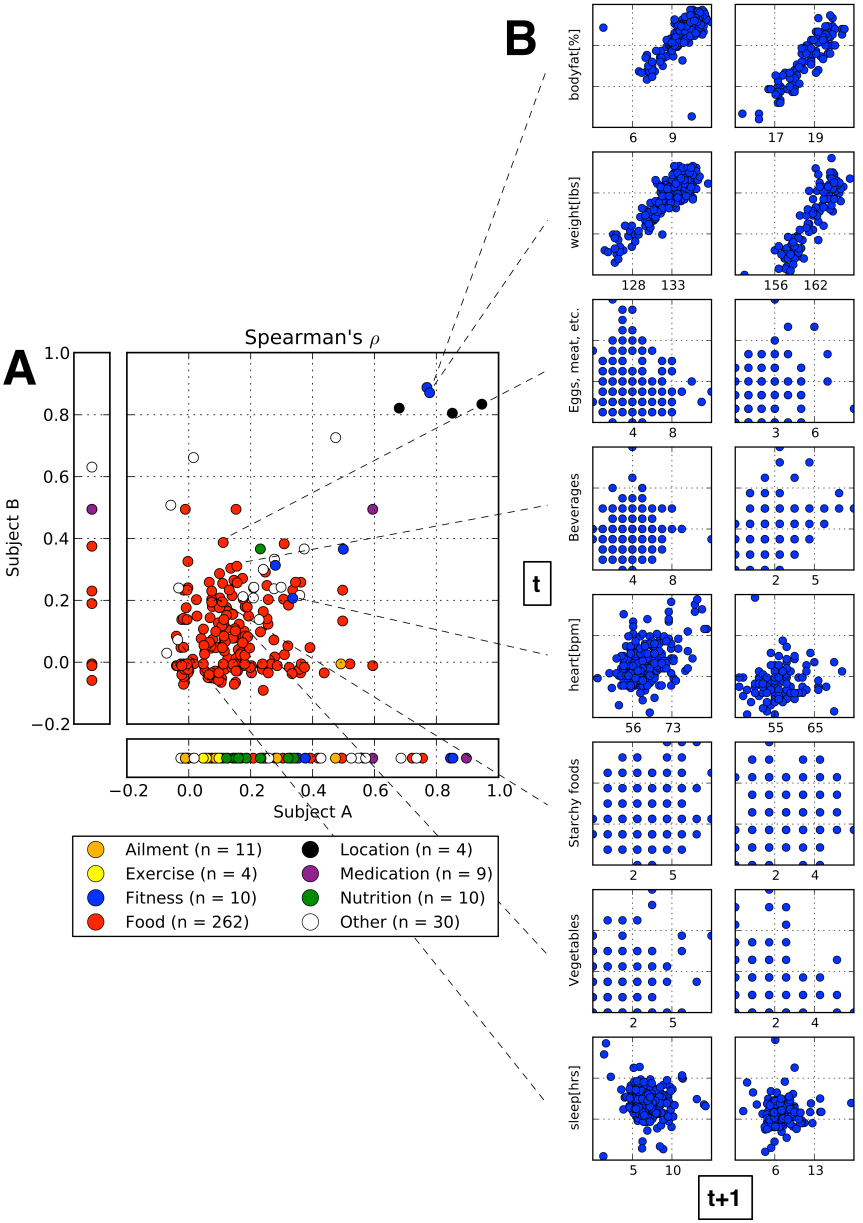
A
B
Spearman's ρ
Subject B
Subject A
1.0
0.8
0.6
0.4
0.2
0.0
−0.2
Ailment (n = 11)
Exercise (n = 4)
Fitness (n = 10)
Food (n = 262)
Location (n = 4)
Medication (n = 9)
Nutrition (n = 10)
Other (n = 30)
bodyfat[%]
weight[lbs]
Eggs, meat, etc.
Beverages
heart[bpm]
Starchy foods
Vegetables
sleep[hrs]
t
t+1