

Essential Health Benefits have not changed and include hospitalization, emergency, ambulatory, laboratory services, prescription drugs, maternity & newborn care, pediatric services, preventative & wellness services including chronic disease management, healthy library & wellness information, 24-hours nurse advice line, smoking cessation, virtual care/video chat with a provider and telehealth (each plan has their own name for their program), eye exams, including frames for those under 20 and younger. Value Added Benefits are additions to your health coverage that are offered by your health plan and not Health Care Authority. Those benefits are listed below for this Plan.

Acupuncture	7 sessions per year
Baby Essentials Bundle Package – Pregnant	Choose 2 of several options: Car Seat, Diapers,
or new moms, or babies up to 12 months	Video Baby Monitor, and More.
Boys & Girl Club and 4H Memberships –	Free memberships and free YMCA memberships in
Members aged 6-18	Longview and Wenatchee
Circumcisions (Newborn only)	Up to \$150 of cost
Costco Membership	Free Costco Gold Star Membership
Covid Vaccine Reward	\$100 Reward for members who get their first dose
Fitness Coach	Over 1,500 virtual exercise classes
Flu Pandemic Kit	Face masks, hand sanitizer, and wipes
Frames Hardware (Eyeglasses for adults)	1 Pair per year up to \$100 (21-64 years old)
Free Cell Phone	SafeLink Wireless – 350 minutes per month plus additional benefits; ACP (Affordable Connectivity Program) – 25GB data, 5GB hotspot, and international calling to Canada & Mexico
Free GED Testing and Industry Employment Certification	17 years and older
	\$100 coded gym card for 18 years and older with
Gym Card at an accredited gym	obesity, pre-diabetes, type-2 diabetes, or hypertension
Healthy Eating – Coaching & Support	Nutrition and physical activity for 7-13 years old and their families
Jail/Detention Transition – Members	 Internet Essentials Package – \$300
having previously been incarcerated within	 Free Laptop – Free laptop to help with
the 12 months and seeking employment or	employment and educational pursuits
furthering education	**One per lifetime for each benefit
Life Transition Kit – Members Experiencing	First Aid supplies, toothbrush kit, an emergency
homelessness, moving out of an institution,	blanket, and Wound Kits
or enrolled in a local Employment Program	
Light Box – Members with Seasonal	A plug-in light helps with extended feelings of
Affective Disorder (SAD) or depression	daylight during winter months.
Maternity Programs	 Taking Care of Baby & Me Rewards Program Electric Breast Pumps and more My Advocate / Warm Health Maternal Meal – 2 meals/day for 14 days 10-week home delivered meals for pregnant moms with gestational diabetes
Membership fees paid annually for Disability Organizations	Yes
Non-Medical Transportation	\$50 Gas card, \$50 Uber/Lyft Card, or \$ 50 Orca LIFT
(Choose one per year)	discount card (kingcounty.gov/LIFT)
Rewards for Taking Care of Your Health	Yes
Sports Physicals	Yes
Vital Decisions (End of Life Decisions)	Yes
Web and mobile tools to help improve your whole health	"LearntoLive" App with coaching services
Weight Watchers	Yes
Youth Education & Behavioral Health	Virtual Tutoring – Maximum 24 hours per year
Benefits – Members aged 8-18 and at risk	 Calm App – Age appropriate meditations and
of failing a grade or a subject, or members	sleep aids to help calm the mind & body and to
any age in the juvenile justice system	reduce stress & anxiety
CHAP Line 800-756-5437	Please contact the plan for additional benefits.
kingcounty.gov/coverage	<u>www.myamerigroup.com</u> 800-600-4441
kingeounty.gov/coverage	000-000-4441

Value Added BENEFITS Yes = Offered **No** = Not offered

COMMUNITY HEALTH PLAN OF WASHINGTON (CHPW)

COMMUNITY HEALTH PLAN

Essential Health Benefits have not changed and include hospitalization, emergency, ambulatory, laboratory services, prescription drugs, maternity & newborn care, pediatric services, preventative & wellness services including chronic disease management, healthy library & wellness information, 24-hours nurse advice line, smoking cessation, virtual care/video chat with a provider and telehealth (each plan has their own name for their program), eye exams, including frames for those under 20 and younger. Value Added Benefits are additions to your health coverage that are offered by your health plan and not Health Care Authority. Those benefits are listed below for this Plan.

20 combined acupuncture, massage, and
chiropractic visits per year
Allergy injections, office visits
Free memberships for 6-18 years old
 Services for many chronic conditions such as asthma, diabetes, COPD, and more Personalized help and coaching (case management)
Up to \$200 toward procedure
Community-based staff to remove barriers to care and connect members to needed services
 Support from Specialists in housing, wellness, recovery, pregnancy, employment, transportation, general health LGBTQ+ support: Gender-affirming care and community support Life-skill education for youth 15-18 years old, and independent living goal stipend up to \$500
Free glasses and frames for members 21+
 Safelink Wireless New phone or keep your own smartphone 350 voice minutes (free for all CHPW calls) and 3GB of free data each month Unlimited talk, text, and data through Emergency Broadband Benefit (EBB)
 Health coaches support diabetes, blood pressure, and healthy habits. Bariatric Case Management Program
 Prenatal & Postpartum Reward Program: earn up to \$150 to Safeway, Amazon, or Target Healthy You, Healthy Baby personalized support and coaching services Home birth and Prenatal vitamins Electric Breast Pumps up to 90 days before due date with prescription Nurture Seattle parent-to-parent support
 Case Managers to help make and keep appointments, manage medicine, support teens and youth Caring Connections outreach for suicide prevention
ChildrenFirst Rewards – Receive \$20 gift cards from Target, Amazon or Safeway for each well child visit up to age 18
Available in addition to well child checks
With options for home delivery
Please contact the plan for additional benefits. <u>www.chpw.org</u> 800-440-1561

Value Added BENEFITS **Yes** = Offered **No** = Not offered

Boys & Girl Club I **Behavioral Healt**

Care Coordinatio

Circumcisions (No Family Planning

Frames | Hardwa

Free Cell Phone

Healthy Eating Healthy Kids Clu

Interpreter Servio (Through Univer

LGBTQ Support

Manage Health O (Coordinated Car

Maternity Progra

myStrength – Wo improve your wh Rewards for Taki (Use rewards to pa transportation, tel rent or shopping a Sports Physicals 90-day Medicati

CHAP Line 800-756-5437 kingcounty.gov/c

COORDINATED CARE OF WASHINGTON (CCW)



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Memberships	Membership reimbursements for 6-18 years old
1 Services	Assistance finding a behavioral health provider, find
n & Disease Management	 local resources, plan an appointment and more Services for many chronic conditions such as asthma, diabetes, COPD, and more Member connections: Personalized help through Community Health Worker program to access benefits and resources
ewborn only)	When medically necessary
Assistance	Contraceptives at no cost
are (Eyeglasses for adults)	 Free frames for members under 21 New Eyes Program with Care Coordinator support for adults (free frames) Envolve Vision Network
	SafeLink Wireless • 350 minutes a month • Free calls to Coordinated Care • 4.5 GB of data • Unlimited texting • Connections Plus – in-person help to set up phone
	Coordinated Care Harvest Bucks: Rx for healthy foods
)	Books, online activities, and more
ces al Language Service)	 Telephonic interpreter and written translation services available at no charge upon request In-person at Provider office arranged at no charge through provider upon request Care managers to help navigate services:
	Gender-affirming care and Assistance with prior authorizations Get a digital version of your ID card
Online or App e App)	 Find or change your primary care provider Find out the status of an authorization request Check your MyHealthPays reward balance Check your eligibility and more!
ms	 Start Smart for Your Baby program Car Seat • Electric breast pump • Home Birth 3 months' supply of prenatal vitamins Puff-Free Pregnancy - helps reduce smoking risks during pregnancy Pacify membership with access to – Birth Doulas: Available 24/7 via video to answer any questions about your pregnancy and help prepare for a safe delivery Pacify Lactation Consultants: Available 24/7 via video for breastfeeding support and feeding- related questions
eb and mobile tools to help	Mood tracker and wellness assessments, advice
ole health	from leading doctors, positive inspiration
ng Care of Your Health y for utility, childcare, communications, education, Walmart for everyday items.)	 \$25-\$40 for annual well visit \$10 for annual flu shot \$15 for initial health screen within 90 days of enrollment
	When included with a full Well-Child exam
on Fills	For chronic conditions
overage	Please contact the plan for additional benefits. www.coodinatedcarehealth.com 877-644-4613
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Boys & Girls Club Memberships	Free Boys & Girls Club membership for 6-18 years old
Circumcisions (Newborn only)	When medically necessary
Community Connectors	Community based health worker assisting with accessing needed goods such as housing, living supplies, food, and transportation, as well as assisting those transitioning out of incarceration.
Frames Hardware (<i>Eyeglasses for adults</i>)	Free Eyeglasses from Zenni Eyewear for ages 21+
Free Cell Phone	 Exclusive Molina Unlimited Plan from Truconnect for members who qualify for the federal Lifeline and ACP program: Free Android Smartphone or SIM Card Free Unlimited Data, Talk, and Text Free International calling to Mexico, Canada, China, South Korea, and Vietnam
Healthy Eating	Healthy meals from FarmboxRx after a hospital
Life Transition Support: LGBTQIA+ and gender-affirming care	LGBTQIA Navigators provide gender affirming care navigation and support.
Manage Your Health Online or On the Go (With My Molina mobile app or at MyMolina.com)	 View your ID Card, Update your information Call the Nurse Advice Line Contact your Care Team Change or find a doctor Get Health Reminders, View Lab Results and Care Plan, and View Service History
Maternity Programs	 Text4baby Prenatal vitamins Breast pump through Aeroflow Smoking cessation during pregnancy Up to \$150 Prenatal and Postpartum Gift Card Rewards
Mental Health	Pyx Companionship App – A Health Program that offers real-time companionship, encouragement, and extra support
Online Opioid Use Disorder Treatment	Treatment by a team of doctors, counselors, and recovery specialists via telemedicine through Bright Heart Health, Bicycle Health, and Boulder Care
Personalized Case Management	Referral can be member, through family or health provider.
Rewards for Taking Care of Your Health	 Gift Card Rewards (Up to \$200) Up to \$150 for Well Child Checkup, Immunizations, and ADHD Follow Up Visits Up to \$75 for Preteen Immunizations, Well Care Visits, and Chlamydia Screenings Up to \$125 for Breast & Cervical Cancer Screening Up to \$50 for Diabetes HbA1c testing and Diabetes Eye Exams
Sports Physicals	 At no cost when completed with a well-child visit Well-child visits eligible for \$25 Gift Card Reward
Weight Management & Healthy Eating (My Molina Health – Healthy Lifestyle Programs)	 Weight Management – Trained Health Educators assist with weight loss goals Nutrition Consultation – Registered Dietitian consult with provider referral
90-day Medication Fills	Direct mail to their home, or fill at their pharmacy
CHAP Line 800-756-5437 <u>kingcounty.gov/coverage</u>	Please contact the plan for additional benefits. <u>www.molinahealthcare.com/members/wa</u> 800-869-7165

Value Added BENEFITS **Yes** = Offered **No** = Not offered

UNITEDHEALTHCARE COMMUNITY PLAN (UHC) UnitedHealthcare[®] **Community Plan**

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Boys & Girl Club Memberships	Memberships for 6-18 years old at no cost
Care Coordination & Disease Management	Integrated physical and behavioral health services for members with chronic conditions and special health care needs
Circumcisions (Newborn only)	When medically necessary
Community Health Worker	Local telephonic and/or in-person support for eligible members
Family Planning Assistance	Contraceptives at no cost
Free Cell Phone	 Assurance Wireless or SafeLink Wireless Smartphone, SIM card with unlimited talk, text & data through Emergency Broadband Benefit (EBB)
Healthy Eating	 Fresh EBT App Educational materials Bariatric Case Manager
KidsHealth [®]	Interactive bilingual website helps parents, kids and teens with health and wellness through doctor-approved advice.
Manage Your Health Online or On the Go	24/6 virtual, physical, and behavioral health careNurse Advice LineDr. ChatBoulder Care
Maternity Programs	 Gift cards and baby item rewards Hospital-grade electric breast pump Wellhop group peer support 1:1 support from maternal professional Smoking cessation during pregnancy Text4Baby education and support Prenatal vitamins
Medical Management Personalized Case Management	Face-to-face support for members with chronic and complex health conditions
On My Way (OMW) Program (uhcOMW.com)	Help prepare young adult members for adult life, like finding housing, getting a good job and managing money
Rewards for Taking Care of Your Health	Healthy Rewards Program – earn gift cards after key doctor visits and screenings
Sports Physicals	When included with a full Well-Child exam
Substance Use Disorder Helpline	 Boulder Care: comprehensive substance use disorder services including Medication Assisted Treatment Helpline: Licensed clinicians available 24/7 to answer questions on alcohol and drug addiction at 1-855-780-5955
90-day Medication Fills	Direct mail to their home, or fill at their pharmacy
CHAP Line 800-756-5437 <u>kingcounty.gov/coverage</u>	Please contact the plan for additional benefits. <u>www.uhccommunityplan.com/wa</u> 877-542-8997









The products and services described are neither offered nor guaranteed under our contract with Washington Apple Health (Medicaid). In addition, they are not subject to the Apple Health appeals process. Any disputes regarding these products and services may be subject to your health plan grievance process.

Public Health – Seattle & King County, presents this information as a service to the public. All information is general in nature and not intended to be a substitute of individual self-determinations as to choice of a managed care plan. This does not constitute a specific recommendation or endorsement of any specific managed care plan. Neither the Public Health - Seattle & King County nor the Access and Outreach Program are liable for incorrect or out of date information provided by a managed care plan. Rev. Jun.2023



KING COUNTY

INTEGRATED MANAGED CARE PLANS

Value Added Benefits



Provided by **ACCESS AND OUTREACH PROGRAM** Public Health – Seattle & King County

Community Health Access Program (CHAP Line) 206-284-0331 or 800-756-5437

> kingcounty.gov/health/Access Public Health Seattle & King County