

MARATHON EARLY START

The Early Start (*aka 6 am start*) is for marathon athletes who need 6 to 8 hours to complete the 26.2-mile distance. It is **NOT** an optional start for athletes who run or walk faster than a 6-hour pace.

The athletes who toe the line at 6 am may not run faster than a 13:44 min mile (*a 6-hour marathon finish pace*) and they **MUST** stay with or behind the 6-hour pacers. Any athlete who goes ahead of the 6-hour pacers will be disqualified immediately (*and we do have people on the course who will be monitoring the positions of the athletes who start at 6 am*).

Athletes who start at 8 am will have 6 hours to finish the marathon, only those athletes starting at 6 am will have 8 hours to finish.

All athletes who request the Early Start will need to be approved by Hobbit Singleton, the Registrar. They will receive email notification of either approval or requesting proof of race finish times to support needing the 6 am start time. All athletes approved for the Early Start will have a different color bib and only athletes with those bibs will be allowed in the Early Start Corral race morning.

If you have questions, please email [click here](#).