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Capital One Academic All-District ® Men's Basketball Teams Released

The 2010-11 Capital One Academic All-District ® Men's Basketball Teams, selected by the College Sports Information Directors of America, have been released to recognize the nation's top student-athletes for their combined performance on the floor and in the classroom.

The Academic All-District ® teams include the student-athletes listed on the following pages and are divided into eight geographic districts across the United States and Canada. The University Division team includes NCAA Division I participants, while the College Division team combines NCAA Division II, NCAA Division III, NAIA, Canadian and two-year schools.

First-team Academic All-District ® honorees advance to the national Capital One Academic All-America® Team ballot, where First, Second and Third Team All-America honorees will be selected later this month.

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A. and Capital One Bank (USA), N. A., had \$122.2 billion in deposits and \$197.5 billion in total assets outstanding as of December 31, 2010. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients. Capital One, N.A. has approximately 1,000 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

Capital One, an NCAA Corporate Champion, began its affiliation with college sports with the sponsorship of the 2001 Capital One Florida Citrus Bowl (now the Capital One Bowl) and ESPN's Capital One Bowl Week. In 2010, Capital One launched the Capital One Cup, a prestigious new program rewarding NCAA Division I athletics programs for their cumulative on-field performance across multiple men's and women's sports. In addition, Capital One sponsors the ABC College Football Halftime Report, Capital One All-America Mascot Team, all 88 NCAA Championships including the Division I Men's and Women's Basketball Championships, and numerous other collegiate athletics programs.

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2010-11 Capital One Academic All-District Men's Basketball Team District 1

University Division FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Logan Aronhalt	ALBANY	I	So.	Zanesville, Ohio	3.78	Human biology
Nathan Hedgecock	U.S. MILITARY ACADEMY	I	Sr.	El Paso, Texas	4.00	Mechanical engineering management
Andrew Keister	HOLY CROSS	I	Sr.	Galloway, N.J.	3.44	History
Garrett Leffelman	BROWN	I	Sr.	Naperville, Ill.	3.89	Economics / political science
Chris Wroblewski	CORNELL	I	Jr.	Highland Park, Ill.	3.61	Applied economics / management

College Division FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Phil Barera	ITHACA	I	Sr.	Belmont, Mass.	3.55	Sports management / finance
Matt Carr	WORCESTER POLYTECHNIC	I	Jr.	Somersworth, N.H.	3.96	Chemical engineering
Almin Hodzic	DOMINICAN (NY)	I	Sr.	Budd Lake, N.J.	3.95	Criminal justice
Jamie Kohn	EASTERN CONNECTICUT ST.	I	Jr.	Columbia, Conn.	3.96	Health & physical education
Michael Labanowski	ROCHESTER	I	Sr.	Rochester, N.Y.	3.86	Mechanical engineering

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Mike Baldarelli	ASSUMPTION	I	Sr.	Sutton, Mass.	3.54	Management
Andrew Locke	MIDDLEBURY	I	Sr.	Seattle, Wash.	3.53	Neuroscience / economics
Taylor Petruccelli	ROGER WILLIAMS	I	Sr.	Stratford, Conn.	3.91	Accounting
Jeffrey Robinson	WORCESTER POLYTECHNIC	I	Sr.	Granby, Conn	3.51	Environmental studies
Brian Vayda	CLARK	I	Jr.	Sturbridge, Mass.	3.35	Business management



2010-11 Capital One Academic All-District Men's Basketball Team District 2

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Mike Muscala	BUCKNELL	II	So.	Roseville, Minn.	3.47	Management
Brian Morris	TOWSON	II	Gr.	Camp Hill, Pa.	3.49	Mass communication
Steve Weingarten	LA SALLE	II	Sr.	Baltimore, Md.	3.86	History / American studies
Ryan Willen	LAFAYETTE	II	Jr.	Cape Girardeau, Mo.	3.30	Neuroscience
Kamil Svrulik	FAIRLEIGH DICKINSON	II	Sr.	Prerov, Czech Republic	3.46	Math

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Zach Ashworth	SCRANTON	II	Sr.	Doylestown, Pa.	3.89	Finance
Sharif Bray	CHEYNEY	II	Sr.	Philadelphia, Pa.	3.70	Recreation & leisure management
Luis Leao	MERCYHURST	II	So.	Brusque, Brazil	3.85	Biology
Spencer Liddic	MUHLENBERG	II	Jr.	Clarks Summit, Pa.	3.84	Business administration / finance
Tim McCarty	JOHNS HOPKINS	II	Jr.	Warrington, Pa.	4.00	Economics
Devon Young	FELICIAN	II	Sr.	Monmouth, N.J.	3.70	Accounting

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Adewale Adefemi	UNIV. OF THE SCIENCES	II	Sr.	Chesilhurst, N.J.	3.53	Pharmaceutical marketing / mgmt.
Patrick Crawford	WAYNESBURG	II	Sr.	Columbus, Ohio	4.00	Forensic science
Daniel Heisey	PITTSBURGH-BRADFORD	II	Sr.	Rexville, N.Y.	3.64	Accounting
Jon Ward	URSINUS	II	So.	Allentown, Pa.	3.75	Physics

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Sam Burum	ST. MARY'S (MD)	II	Sr.	Bethesda, Md.	3.74	Political science
Tanner Furno	GANNON	II	So.	Columbus, Ohio	3.92	Mechanical engineering
Robbie Johnson	MISERICORDIA	II	Sr.	Jackson, Pa.	3.71	Physical therapy
Jonathan Motichka	SHEPHERD	II	Sr.	Chambersburg, Pa.	3.71	Accounting
Joe Rocco	INDIANA (PA)	II	Sr.	Northern Cambria, Pa.	3.96	Biology (pre-med)
Barry Shetzer	WEST LIBERTY STATE	II	Sr.	North Canton, Ohio	3.38	Accounting



2010-11 Capital One Academic All-District Men's Basketball Team District 3

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Trian Iliadis	OLD DOMINION	III	Jr.	Perth, Australia	3.78	Biochemistry
Brad Loesing	WOFFORD	III	Jr.	Cincinnati, Ohio	3.89	Business economics
Tanner Smith	CLEMSON	III	Jr.	Alpharetta, Ga.	3.40	Marketing
Drew Spradlin	ELON	III	Jr.	Wheelersburg, Ohio	3.65	Political science
Tyler Zeller	NORTH CAROLINA	III	Jr.	Washington, Ind.	3.56	Business administration

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Alex Greven	EMORY	III	So.	Winston-Salem, N.C.	3.76	Neuroscience / behavioral biology
Alex Gulotta	EMORY	III	Jr.	Briarcliff Manor, N.Y.	3.85	Business
Colton Hunt	RANDOLPH	III	So.	Buford, Ga.	3.95	Business
Glyn Hunter	TAMPA	III	Gr.	Liverpool, England	3.84	Masters of accounting
Matt Robertson	ROLLINS	III	Sr.	Birmingham, Ala.	3.71	English

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Justin Beyer	FLORIDA TECH	III	Sr.	Rockledge, Fla.	3.97	Pre-med / biological science
Jacob Capin	CHRISTOPHER NEWPORT	III	Jr.	Gloucester, Va.	4.00	Psychology
Robert Huntington	NOVA SOUTHEASTERN	III	Jr.	Perth, Australia	3.66	Biology
Ben Redfield	EMBRY-RIDDLE (FL)	III	Jr.	Red Bluff, Calif.	3.94	Aerospace engineering
Wayne Sears	ECKERD	III	Jr.	Fort Lauderdale, Fla.	3.72	Business administration
Nick Trull	ANDERSON (SC)	III	Jr.	Charlotte, N.C.	3.94	Kinesiology



2010-11 Capital One Academic All-District Men's Basketball Team District 4

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Mick Hedgepeth	BELMONT	IV	Jr.	Crossville, Ala.	3.71	Accounting
Zack Novak	MICHIGAN	IV	Jr.	Chesteron, Ind.	3.47	Business
Ty Proffitt	MOREHEAD STATE	IV	Jr.	London, Ky.	3.84	Finance
Scott Saunders	BELMONT	IV	Jr.	New Orleans, La.	3.84	Finance
Jalin Thomas	CENTRAL MICHIGAN	IV	Sr.	Columbus, Ohio	3.65	Sport studies

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Eric Duerr	CASE WESTERN RESERVE	IV	Sr.	Gibsonia, Pa.	3.93	Biology (pre-med)
Nathan Edick	OTTERBEIN	IV	Sr.	Worthington, Ohio	3.95	Sport management
Kodey Haddox	KENYON	IV	Sr.	Zanesville, Ohio	3.65	Economics
Ben Hodkinson	MOUNT UNION	IV	Sr.	Tippecanoe, Ohio	3.91	Health & physical education
Mike Hojnacki	MICHIGAN TECH	IV	Jr.	Milwaukee, Wis.	3.65	Mechanical engineering

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Brett Crittenden	CAMPBELLSVILLE	IV	Sr.	Tribune, Kan.	3.86	Criminal justice
Scott Newton	BRYAN	IV	Sr.	Kingston Spr., Tenn.	3.78	Mathematics
Scott Robertson	CAPITAL	IV	Sr.	Berea, Ohio	3.78	Exercise sci. & pre-physical therapy
Donald Rucker	MARYVILLE (TN)	IV	Jr.	Cartersville, Ga.	3.96	Childhood development (teacher lic.)
Jeremy Shardo	WALSH	IV	Sr.	Willowdell, Ohio	3.58	Business

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Clayton Black	WITTENBERG	IV	Jr.	Lancaster, Ohio	3.55	Philosophy
Alex Brandt	WITTENBERG	IV	Jr.	Lewis Center, Ohio	3.69	Business (operations and marketing)
Braydon Hobbs	BELLARMINE	IV	Jr.	New Albany, Ind.	3.47	Criminal justice
Derek Kingshott	CORNERSTONE	IV	Jr.	Zeeland, Mich.	3.92	Education
Ian Larkin	WAYNE STATE	IV	Jr.	Detroit, Mich.	3.73	Management
Walter Simon	CUMBERLAND	IV	So.	Dresden, Germany	3.75	General business
Brady Swanson	MOUNT VERNON NAZARENE	IV	Sr.	Mount Vernon, Ohio	3.83	Spanish education / physical edu.
Kyle Teichmann	FREED-HARDEMAN	IV	So.	Brentwood, Tenn.	3.78	Undecided



2010-11 Capital One Academic All-District Men's Basketball Team District 5

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Tim Abromaitis	NOTRE DAME	V	Gr.	Unionville, Conn.	3.72	Finance / MBA
Ben Botts	IPFW	V	Sr.	Muncie, Ind.	3.61	Business management
Drew Crawford	NORTHWESTERN	V	So.	Naperville, Ill.	3.58	Undeclared
Blake Hoffarber	MINNESOTA	V	Sr.	Minnetonka, Minn.	3.50	Finance
Matt Howard	BUTLER	V	Sr.	Connersville, Ind.	3.77	Finance

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Michael Case	HANOVER	V	Jr.	Indianapolis, Ind.	3.85	Integrative physiology & kinesiology
Steve Djurickovic	CARTHAGE	V	Sr.	Pleasant Prairie, Wis.	3.51	Exercise & sport science
Austin Meier	MILWAUKEE SCH. OF ENG.	V	Sr.	Oshkosh, Wis.	3.93	Architectural eng. / construction mgmt.
Chris Peterson	ST. NORBERT	V	Sr.	Marinette, Wis.	3.87	Business administration
Aris Wurtz	RIPON	V	Jr.	Waupun, Wis.	4.00	Political science & government

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Nick Allen	WISCONSIN-PLATTEVILLE	V	Sr.	Bareveld, Wis.	3.60	Accounting
Andrew Bernstetter	ST. CLOUD STATE	V	Sr.	St. Joseph, Minn.	3.47	Biomedical science
Tim McCrary	WHEATON (IL)	V	Jr.	Wilmette, Ill.	3.53	Business / econ. & Chr. Form / ministry
Phillip Negri	WISCONSIN-WHITEWATER	V	Gr.	Minocqua, Wis.	3.94	Finance
Alex Novak	MINNESOTA ST., MOORHEAD	V	So.	Oxford, Iowa	3.77	Biotechnology



2010-11 Capital One Academic All-District Men's Basketball Team District 6

University Division FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Riley Benock	MISSISSIPPI STATE	VI	Sr.	Battletown, Ky.	3.97	Kinesiology / physical education
Josten Crow	SAM HOUSTON STATE	VI	Sr.	Houston, Texas	3.42	Business
Connor Frizzelle	RICE	VI	Jr.	Red Oak, Texas	3.52	Kinesiology
Lance Pevehouse	SAM HOUSTON STATE	VI	Gr.	League City, Texas	3.49	Business management
Jonathan Sloan	TEXAS STATE	VI	Gr.	Richardson, Texas	3.56	Exercise & sports science

College Division FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Braxton Adamson	DALLAS BAPTIST	VI	Sr.	Rockwall, Texas	3.76	Business
Chris Barnes	TEXAS-DALLAS	VI	Jr.	San Antonio, Texas	3.61	Business administration
Nick Heathscott	HENDRIX	VI	Jr.	Conway, Ark.	3.95	Biochemistry / molecular biology
Coleson Rakestraw	JOHN BROWN	VI	So.	Siloam Springs, Ark.	3.95	Engineering
Jacob Turnipseed	EAST TEXAS BAPTIST	VI	Sr.	Anacoco, La.	3.40	Biology

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Zach Bryant	SOUTHWESTERN CHRISTIAN	VI	Jr.	Oklahoma City, Okla.	4.00	Business administration
Bobby Grier	BELHAVEN	VI	Sr.	Atlanta, Ga.	3.88	Sports administration
Armie Lewis	DALLAS BAPTIST	VI	Jr.	Clear Lake, Texas	3.79	Business management
Trey Mays	ANGELO STATE	VI	Sr.	Houston, Texas	3.32	Finance
Jeff Miner	ST. EDWARD'S	VI	Sr.	Gresham, Ore.	3.40	Finance
Tyler Phillips	CENTRAL OKLAHOMA	VI	Jr.	Edmond, Okla.	3.49	Marketing



2010-11 Capital One Academic All-District Men's Basketball Team District 7

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Devon Beitzel	NORTHERN COLORADO	VII	Sr.	Lafayette, Colo.	3.69	Finance / accounting
Will Creekmore	MISSOURI STATE	VII	Sr.	Tulsa, Okla.	3.67	Finance
Chase Hallam	DENVER	VII	So.	Mesquite, Texas	3.85	Business
Levi Knutson	COLORADO	VII	Sr.	Littleton, Colo.	3.92	Business administration
Tyrel Reed	KANSAS	VII	Sr.	Burlington, Kan.	3.65	Pre-physical therapy / exercise sci.

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Dan Bestul	UPPER IOWA	VII	Gr.	Northwood, Iowa	3.94	Business
Chris Deans	NEBRASKA-KEARNEY	VII	Jr.	Heminford, Neb.	3.92	Biology
Alex Henderson	TRUMAN STATE	VII	Sr.	Willard, Mo.	3.94	Biology
Brady Ohlsen	COLORADO COLLEGE	VII	Sr.	Longmont, Colo.	3.72	Biochemistry
Jared Wall	MOUNT MARTY	VII	Sr.	Dakota Dunes, S.D.	4.00	Criminal justice
Brady Wiebe	DAKOTA WESLEYAN	VII	Sr.	Madison, S.D.	3.53	Business administration

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Cole Danielson	WARTBURG	VII	Jr.	Marshalltown, Iowa	3.60	Business administration
Chris Donnelly	ST. AMBROSE	VII	Jr.	Peoria, Ill.	3.73	Industrial engineering
Travis Ferrell	CLARKE	VII	Sr.	Sanger, Calif.	3.94	Kinesiology
Chris Johansen	REGIS	VII	Jr.	Albuquerque, N.M.	3.94	Business management
Matt Morris	FORT LEWIS	VII	Jr.	Durango, Colo.	3.64	Business administration

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Bryce Foster	MISSOURI SCIENCE & TECH	VII	So.	Florissant, Mo.	3.68	Business & management systems
Ben Hoener	WASHINGTON (MO)	VII	So.	Ballwin, Mo.	3.75	Chemistry
Adam Holthaus	EMPORIA STATE	VII	Gr.	Topeka, Kan.	3.41	Information systems
Kyle Rausch	PARK	VII	Sr.	Blue Springs, Mo.	3.75	U.S. & World history



2010-11 Capital One Academic All-District Men's Basketball Team District 8

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Nedeljko Golubovic	FRESNO STATE	VIII	Sr.	Plijevlja, Serbia	3.90	Psychology
Tyler Newbold	UTAH STATE	VIII	Sr.	Payson, Utah	3.45	Public relations
Brady Jardine	UTAH STATE	VIII	Jr.	Twin Falls, Idaho	3.71	Finance
Kramer Knutson	PORTLAND	VIII	Sr.	Mesa, Ariz.	3.66	Philosophy
Marc Trasolini	SANTA CLARA	VIII	Jr.	Vancouver, B.C.	3.51	Business

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Ryan Elmquist	CALIFORNIA INST OF TECH	VIII	Sr.	Woodbury, Minn.	3.50	Computer science
Felix Friedt	WHITWORTH	VIII	Jr.	Düsseldorf, Germany	3.96	International business
Tanner Gregory	WESTMINSTER (UT)	VIII	Jr.	Provo, Utah	3.93	Business management
Ian Logan	CORBAN	VIII	Sr.	Aloha, Ore.	3.94	Health science
Greg Peters	NORTHWEST (WA)	VIII	Sr.	Belmont, St. Vincent	3.60	Environmental science
Kaleb Shelton	PUGET SOUND	VIII	Jr.	Tacoma, Wash.	3.81	Music

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Rory Blanche	WESTERN WASHINGTON	VIII	Jr.	Ashland, Ore.	3.73	Manufacturing engineering tech.
Jeff Downs	SEATTLE PACIFIC	VIII	Sr.	Kirkland, Wash.	3.32	Communications
Steve Peres	COLLEGE OF IDAHO	VIII	Sr.	Palos Verdes, Calif.	3.89	Health sciences
Justin Riley	CHAPMAN	VIII	Sr.	San Dimas, Calif.	3.57	Broadcast journalism
Robert Willhite	CAL STATE DOMINGUEZ HILLS	VIII	Jr.	Ridgecrest, Calif.	3.85	Kinesiology