

**Supplementary Fig. 1:** Synergy of IFN-β and IFN-γ on STAT1 activation. a) Spleen cells C57BL/6 were stimulated with IFN-β or IFN-γ or both for 0, 15, 30 and 60 mins and phosphorylation of STAT1 in CD4 T-cells was assessed by flow cytometry. b) IFN-β requires IFN-γ for optimal STAT1 signaling. C57BL/6 and IFNγR<sup>-/-</sup> spleen cells were stimulated with IFN-β 0, 15, 30 and 60 mins and phosphorylation of STAT1 in CD4 T-cells was assessed by flow cytometry. \**p*<0.05.



**Supplementary Fig. 2:** Direct effect of IFN- $\beta$  on CD4 T-cells. Purified CD4 T-cells were stimulated with plate-bound anti-CD3 and anti-CD28 in non-polarizing, T<sub>H</sub>1 and T<sub>H</sub>17 conditions in the presence or absence of IFN- $\beta$ . a) IL-17, b) IFN- $\gamma$  and c) IL-10 production in CD4 cells were assessed by flow Nature Medicine: doi:10.1038/nm.2110 cytometry.



**Supplementary Fig. 3:** IFN- $\beta$  does not affect the differentiation of Foxp3<sup>+</sup> Tregs. CD8 depleted spleen cells stimulated with or without IFN- $\beta$  in TH1 (IL-12), TH17 (TGF $\beta$ /IL-6) and Treg (TGF $\beta$ ) conditions and percentage of CD4<sup>+</sup> FoxP3<sup>+</sup> cells was assessed by flow cytometry.





**Supplementary Fig. 4:** Effect of inhibiting IFN- $\gamma$  or IL-10 signaling during the induction of IL-10 by IFN- $\beta$  in a) T<sub>H</sub>1 conditions and b) T<sub>H</sub>17 conditions with APCs. CD8 depleted spleen cells were stimulated with or without IFN- $\beta$  in T<sub>H</sub>1 or T<sub>H</sub>17 conditions in the presence or absence of anti-IFN- $\gamma$  or anti-IL-10.

a.



**Supplementary Fig. 5:** Effect of IFN-β on IL-27. a) IFN-β induces IL-27 in non-polarizing and  $T_H 1$  conditions but not  $T_H 17$  conditions. CD8 depleted spleen cells were stimulated with or without IFN-β in non-polarizing,  $T_H 1$ , and  $T_H 17$  conditions and IL-27 was analyzed by ELISA. (b and c) IFN-β requires IFN-γ to induce IL-27 in non-polarizing conditions (b) and  $T_H 1$  conditions (c). CD8 depleted spleen cells were stimulated with or without IFN-β in non-polarizing,  $T_H 1$  conditions in the presence or absence of anti-IFN-γ and IL-27 was analyzed by ELISA. Results for these experiments are the mean ± SD of triplicates.



**Supplementary Fig. 6:** Effect of IFN- $\beta$  on chemokine/cytokine profiles in antigen specific T<sub>H</sub>1 and T<sub>H</sub>17 differentiation. Lymph nodes from MOG<sub>p35-55</sub> immunized mice were re-stimulated in MOG<sub>p35-55</sub> for 3 days with IL-12 or IL-23 in the presence or absence of IFN- $\beta$ . Chemokines and cytokines were assessed by Luminex multiplex analysis or ELISA.



**Supplementary Fig. 7:** Effects of IFN-β treatment in different EAE models. (a and b) Clinical scores from SJL mice with passive EAE induced by adoptive transfer of (a) T<sub>H</sub>1 and (b) T<sub>H</sub>17 cells that were treated with rmIFN-β or PBS every second day from day 0 to 10 post transfer (*n*=6 mice per group). (c and d) Clinical scores from (c) C57BL/6 and (d) *IFNγR*<sup>-/-</sup> mice treated daily with rmIFN-β of PBS from day 10 to day 17 post EAE induction (*n*=4 to 5 mice per group). (e and f) Clinical scores from (e) C57BL/6 and (f) *IFNγR*<sup>-/-</sup> mice treated daily for 10 days with rmIFN-β or PBS beginning at disease score of 2 or 3 (*n*=6 to 9 mice per group). Treatment doses indicated with arrows. \**p*<0.05. Nature Medicine: doi:10.1038/nm.2110



**Supplementary Fig. 8:** Frequencies of the IFN- $\gamma$  and IL-17 producing CD4 T-cells in the spinal cords (a) brainstem/cerebellum (b) 12 days post induction of EAE in C57BL/6 or IFN $\gamma$ R<sup>-/-</sup> mice treated with rmIFN- $\beta$  or PBS.



**Supplementary Fig. 9:** Correlation of a) IL-17F vs IFN- $\beta$  levels, b) IL-17F vs MIP1 $\beta$  levels and c) IFN- $\beta$  vs MIP1 $\beta$  in serum from responders, non-responders and healthy controls. R<sup>2</sup> values close to 1 demonstrate that the cytokines are positively correlated.

Supplementary Table 1.	Demographic and clinical characteristics of patients
with relapsing remitting	multiple sclerosis and their clinical response to $\ensuremath{\mathrm{IFN}}\xspace{-}\beta$
therapy.	

	Responder	Non-responder
Number	12	1.4
	12	14
Female/Male (n)	10/2	11/3
Median age at onset (yr)	27.6 [24.5; 35.8]	26.7 [19.3; 36.0]
Median age at start IFN- $\beta$ (yr)	33.5 [30.3; 39.5]	33.0 [23.0; 37.8]
Median EDSS score around start IFN- $\beta$	2.5 [2.0; 3.5]	2.5 [1.8; 4.3]
Relapse rate in 2 yrs before start IFN-β	2 [2-3]	2 [1-3]
Relapse rate in 2 yrs after start IFN-β	0 [0; 0]	2 [1.5; 2.0]
Steroid interventions before start IFN- $\beta$ (n)	0 [0; 2]	1 [0; 3]
Steroid interventions after start IFN- $\beta$ (n)	0 [0; 0.5]	2 [1; 3]
Duration of IFN- $\beta$ treatment (months)	80 [46; 141]	56 [38; 104]
Avonex	4	5
Rebif	2	8
Betaferon	6	1

Median values are shown with 25 and 75 percentiles.

IFN- $\beta$  = Interferon-beta.

EDSS = Expanded Disability Status Scale

## **Supplementary Methods.**

**Mice.** SJL, and Ifngr1<sup>tm/Agt</sup>/J (*Ifngr1<sup>-/-</sup>*) mice were purchased from Jackson Laboratory and C57BL/6 mice were purchased from Jackson Lab or NCI-Fredrick bred at Stanford and/or UAB. B6 *Stat1<sup>-/-</sup>* mice were provided by R. Lorenz (UAB). All animals were housed and treated in accordance to with institutional guidelines and approved by the IACUC.

**EAE induction.** Age and sex matched C57BL/6 and *Ifngr1<sup>-/-</sup>* mice were induced with EAE by an immunization 150 g of MOG p35–55 (Biosynthesis) emulsified in CFA followed by an intraperitoneal injection of with 500 ng of *Bordetella pertussis* toxin (Difco Laboratories) in PBS at the time of, and two days following immunization.

The typical clinical manifestation of EAE in C57BL/6 mice is a progressive ascending paralysis which starts in the tail and leads to forelimb paralysis. In mice with decreased IFN-signaling, EAE symptoms are atypical and characterized by defects in proprioception with axial rotatory movement and ataxia with little hind limb paralysis<sup>1,2</sup>. Typical EAE symptoms monitored daily using a standard clinical score ranging: 1) Loss of tail tone, 2) incomplete hind limb paralysis, 3) complete hind limb paralysis, 4) forelimb paralysis, 5) moribund/dead. Atypical EAE symptoms were scored as follows: 1) hunched appearance, slight head tilt, 2) severe head tilt, 3) slight axial rotation/staggered walking, 4) severe axial rotation/spinning, 5) moribund/dead. In our experiments, we observed that 60-80% of the IFN-  $R^{-/-}$  mice exhibited atypical EAE (scoring described in the methods) and this was not affected by IFN- treatment.

**Naïve Human CD4 T-cell Isolation.** We obtained peripheral blood mononuclear cells from healthy donors (Stanford Blood Center) by centrifugation through Ficoll (Histopaque 1077; Sigma). CD4<sup>+</sup> T cells were isolated by magnetic bead depletion of CD19<sup>+</sup>, CD14<sup>+</sup>, CD56<sup>+</sup>, CD16<sup>+</sup>, CD36<sup>+</sup>, CD123<sup>+</sup>, CD8<sup>+</sup>, T cell receptor- and T cell receptor-δ positive and glycophorin A–positive cells on an AutoMACS instrument (Miltenyi Biotec). Naive CD45RA<sup>+</sup> T cells were obtained by depletion with anti-CD45RO and anti-CD25 magnetic beads (Miltenyi Biotec).

## References

- 1. Wensky, A.K. et al. IFN-gamma determines distinct clinical outcomes in autoimmune encephalomyelitis. *J Immunol* **174**, 1416-23 (2005).
- Stromnes, I.M., Cerretti, L.M., Liggitt, D., Harris, R.A. & Goverman, J.M. Differential regulation of central nervous system autoimmunity by T(H)1 and T(H)17 cells. *Nat Med* 14, 337-42 (2008).