

Christa Williams M.D.  
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## **Curriculum Vitae**

### **Education:**

1991-1995

University of Michigan

BS, Biomedical Sciences/ Inteflex program

1994-1999

University of Michigan Medical School

MD

1999-2002

Thomas Jefferson University Hospital

Family Medicine Residency

Included electives in reproductive endocrinology, outpatient abortion, and antenatal testing.

2002-2003

West Suburban Hospital, Oak Park Illinois

Maternal – Newborn Health Fellowship

Included OB care including high risk OB, supervising residents, high risk chart review, C-sections, vacuum-assisted vaginal deliveries, 3<sup>rd</sup> and 4<sup>th</sup> degree laceration repair, D and C's, tubal ligation both at C-section and post-partum, colposcopy, care of neonates 32 weeks and older and stabilization for transfer of neonates under 32 weeks.

### **Board Certification:**

American Board of Family Physicians

Scored at the 99<sup>th</sup> percentile on the 2009 recertification exam.

2002-Current

### **Medical Licensure:**

State of Michigan

### **Certifications:**

Neonatal Resuscitation (NRP)

American Society for Colposcopy and Cervical Pathology (ASCCP)

Advanced Life Support in Obstetrics (ALSO)

## **Professional Experience:**

August 2003-March 2009

Women's Health Center of Alpena

Women's health care including primary care, nonsurgical gynecologic consults, IUD and Implanon insertion, colposcopy and in-office LEEP procedures, prenatal care and deliveries including C-sections and vacuum-assisted vaginal deliveries, 3<sup>rd</sup> degree laceration repair, tubal ligation at C-sections, D and C's for 1<sup>st</sup> trimester miscarriage, and 3<sup>rd</sup> trimester amniocenteses for fetal lung maturity. In office ultrasound during this time including first trimester dating, follicle measurements, growth scans, AFI's, BPPs, and transvaginal cervical lengths. Call responsibility Q2-Q4 nights during this time.

Alpena, MI

September 2003-September 2006

Alcona Health Center – Alpena Services

1 day per week primary care, all ages. Included inpatient adult and pediatric care for my own patients.

Alpena, MI

January 2008-December 2010

Alcona Health Center – Alpena Services (OB services only). Same range of OB duties and skills as when working at Women's Health Center.

Alpena, MI

March 2009-current

Long Rapids Family Care

Alpena Regional Medical Center

We sold our Women's Health Center practice to the hospital and I was hired to do outpatient family practice with pediatric/ newborn inpatient call 4-5 nights per month. I did adult inpatient care for my own patients until about October 2010.

January 2010-August 2013

Alpena OB/GYN

Clinic 1 day per week with OB call Q3 then Q4 nights. Same range of OB duties as previous except without ultrasound.

Alpena, MI

October 2013-current

Clinical Lecturer, University of Michigan Department of Family Medicine

Outpatient family medicine practice, inpatient maternal/ newborn call, including C-sections.

July 2013-current

Family Mother-Baby Service Chief

Create and manage call schedule, handle quality issues, assist residents in preparing M and M presentations, help plan resident OB education, represent the service on Perinatal

Joint Practice Committee and other ad-hoc committees, make staffing recommendations, create annual service report.

**Activities:**

Department of Family Medicine Faculty Development Institute  
November 2013-April 2014

PASQUAL Scholars Program Oct 2014 to current

Linkage Leadership Institute

**Honors and Awards:**

Provider of the Year 2014, Dexter Health Center

**Memberships/ Professional Societies:**

American Academy of Family Physicians  
Michigan State Medical Society

**Teaching:**

Labor and Induction – OB Theme Days Lecture  
July 24, 2014

Nonsurgical Management of Chronic Pelvic Pain – Primary Care of Women Course  
December 5, 2014

**Committees:**

Perinatal Joint Practice Committee

Peer Review Committee, Department of Family Medicine

**Publications:**

Effect of selective screening for gestational diabetes.  
Williams CB, Iqbal S, Zawacki CM, Yu D, Brown MB, Herman WH.  
*Diabetes Care*. 1999 Mar;22(3):418-21.

Teaching of human rights in US medical schools.  
Sonis J, Gorenflo DW, Jha P, Williams C.  
*JAMA*. 1996 Nov 27;276(20):1676-8.

**Languages:**

Spanish

**Interests:**

Breast feeding education and nutrition. I also have an interest in office procedures, including ultrasound, and maintaining those skills for family physicians.

**Personal:**

I live in Chelsea, MI. I love spending time with family and occasionally reading fiction.