



May 2024 Calendar of Events Greater New Orleans Region



RSVP REQUIRED FOR ALL EVENTS

Registration for new events (indicated with ***) available Monday, April 22nd at 8:00am on the CLOUD.

To access the cloud, type the following into your search engine: <https://ochsner.my.site.com/goldenopportunity>

All West Bank & South Shore Registrations should be mailed to:

Golden Opportunity - Attn: Sabrina Champagne - 4225 Lapalco Blvd. 2nd Floor - Marrero, LA 70072

*****MAY 1 (WEDNESDAY): WB MONTHLY MEETING**

1771 Stumpf Blvd., Terrytown, LA

Personal Transportation

Theme: Happy Mother's Day!

"GO" is known for fashion! And its Kentucky Derby Time! Show your unique style and cheer for your favorite horse. Menu: Veal parmesan, angel hair pasta, Caesar salad, garlic bread, and dessert.

Payment Deadline Friday, April 26th.

Doors open at 10:15am

Limit of 150 Attendees

\$18pp

MAY 3 – 4 (FRIDAY - SATURDAY): OVERNIGHT TRIP – LANDRY VINEYARDS

Our travels will first take us to JAC's Smoke House for lunch. After lunch, it's just a short drive to Landry's Vineyards where we will enjoy wine tasting and touring. Next, we'll hop on the bus and travel to Natchitoches and check into the historic Chateau Saint Denis Hotel located in the center of the downtown National Landmark Historic District. You'll have free time to explore the area with countless shopping, dining, and attractions just steps away. We'll kick off the morning with a hot breakfast before taking a 40-minute narrated tour by horse and carriage of the beautiful historic Natchitoches. As we load the bus to make our way home, stopping at McAlister's Deli for lunch. Single: \$335.00 Double: \$300.00 Call Sabrina to register 504-371-6541. Please arrive 30 minutes before departure time.

Deadline to pay and register is APRIL 10th.

Depart WB 6am/SS 6:30am

Limit of 50 Attendees

*****MAY 6 (MONDAY): WB COMMUNITY EVENT – LINE DANCE CLASS**

1861 Ames Blvd, Marrero, LA

Personal Transportation

Dance Instructor: Margie Clark- Harris

Have fun and make new friends while learning and practicing line dances.

10:00am

Limit of 35 Attendees

FREE

*****MAY 9 (THURSDAY): WB COMMUNITY EVENT – WALK WITH "GO"**

Oakwood Mall - 197 Westbank Expwy., Gretna, LA

Personal Transportation

Walking is a type of cardiovascular physical activity, which increases your heart rate. This improves blood flow and can lower blood pressure. Join GO for a walk! (Meet at the food court).

10:00am

Unlimited Attendees

FREE

*****MAY 14 (TUESDAY): SS MONTHLY MEETING – TELEHEALTH FRAUD PREVENTION**

Ochsner 65+ Clinic, 7060 Veterans Memorial Blvd., Metairie, LA

Personal Transportation

Speaker: Sandra Coburn, Community Outreach Specialist

Fraudulent activities have increased AND THE Senior Medicare Patrol will inform of how you can protect yourself or your loved one from becoming a victim. Light refreshments will be served.

10:00am

Limit of 35 Attendees

FREE

*****MAY 15 (WEDNESDAY): SS COMMUNITY EVENT – LINE DANCE CLASS**

7060 Veterans Blvd. Metairie LA.

Dance Instructor: Margie Clark-Harris

Get engaged in a healthy physical activity, line dancing is a perfect exercise for improving coordination and balance, increasing cardiovascular health.

10:00am

Limit of 35 Attendees

FREE

*****MAY 20 (MONDAY): WB ENRICHMENT SESSION - TELEHEALTH FRAUD PREVENTION**

Ochsner WB River room - 2500 Belle Chasse Hwy., Gretna.

Personal Transportation

Speaker: Sandra Coburn, Community Outreach Specialist

Fraudulent activities have increased AND THE Senior Medicare Patrol will inform of how you can protect yourself or your loved one from becoming a victim.

Light refreshments will be served.

10:00am

Limit of 35 Attendees

FREE

*****MAY 21 (TUESDAY): WB DINE AROUND – LEBRANE’S CREOLE CUISINE & CATERING**

137 Sala Ave, Westwego, LA 70094

Personal Transportation

LeBrane is a New Orleans born Creole chef that takes great joy in creating flawless meals for you.

The chef will open on his day off to cater to Golden Opportunity! Menu: Baked chicken or fried fish, veggie pasta, chicken and sausage jambalaya, smothered green beans, salad, and bread pudding. Tea and coffee included. Please show your attendance by registering.

12:00pm

Limit of 35 Attendees

\$30pp

*****MAY 22 (TUESDAY): SS COMMUNITY EVENT: GET BOARD**

7060 Veterans Blvd. Metairie LA.

Personal Transportation

Come out and socialize. Playing board games can bring people together, helping to combat loneliness and depression. Bring a snack and your favorite board game and let's have some fun.

1:00pm

35 Attendees

FREE

*****MAY 23 (THURSDAY): COMMUNITY EVENT – THURSDAYS AT TWILIGHT – LADIES OF SOUL**

Music lovers, dancers and chair dancers join "GO" for a great show. Ladies of Soul blending a little bit of jazz, blues, funk, and soul. Enjoy mint juleps, wine, beer, or soft drinks while listening enjoying the music. (Food and drink available for purchase.)

Depart WB 4pm/SS 4:30pm

24 Attendees

\$35pp

All WB Bus trips depart Ochsner WB 2500 Belle Chasse Hwy. Gretna. Please Park in the 3rd parking lot. All SS Bus trips depart Ochsner 65Plus Clinic, 7060 Veterans Memorial Blvd. in Metairie.

A dedicated telephone line has been set up with Ochsner Scheduling Department for GO members to schedule medical appointments without any delays. **West Bank: 504-371-9333 South Shore: 504-842-6538**

Fees must be received within 7 days of making the reservation to confirm your seat. If not received, your seat will be filled by another member. Please check availability with the GO office before mailing a check and send separate checks for events. **RSVP IS REQUIRED FOR ALL EVENTS.

All trips are non-refundable. Every attempt will be made to sell your seat to someone on the waiting list if you need to cancel. **YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.**

For Additional Information Contact:

Sabrina Champagne, Program Coordinator

sabrina.champagne@ochsner.org

504-371-6541 office

ochsner.org/go

Golden Opportunity

4225 Lapalco Blvd. 2nd Floor

Marrero, LA 70072

