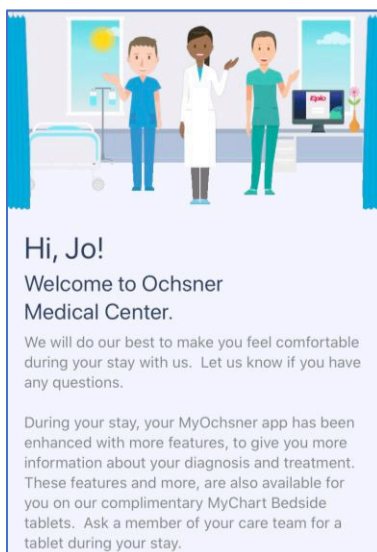
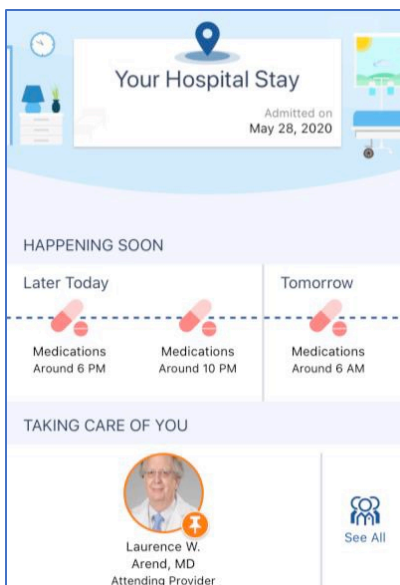


Here's how to do it:

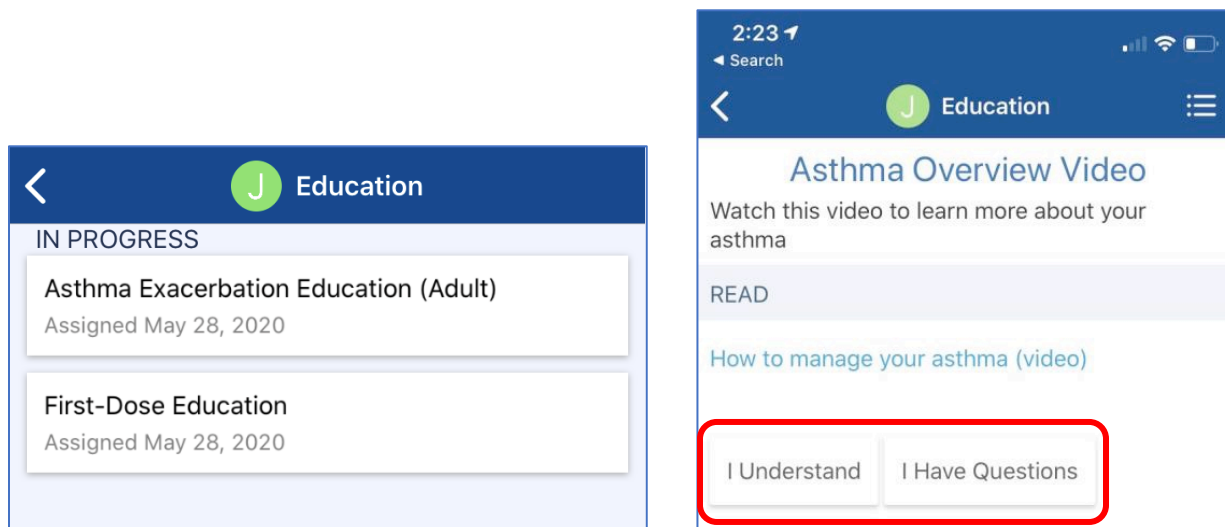
1. **Before you begin:** Download the MyOchsner app in the [Apple Store for Apple devices](#) or the [Google Play Store for Android devices](#).
2. When you are admitted, you will receive a push notification asking you to login to MyOchsner to view real time information about your hospital stay. Once you open the MyOchsner mobile app, the MyOchsner Now welcome message will display in your account.



3. With MyOchsner Now, you can see your treatment team, assigned education topics, and scheduled events.



4. In the **education section of MyOchsner Now**, you can review education during your stay. Education topics may include information about your health conditions or medications. This information is delivered to you to assist with your recovery.



- After reviewing each education topic, you can indicate your understanding or let your care team know if you have questions. This will help your nurses and care team gauge your learning.
5. Your friends and family who have proxy access to your account will be able to see this information also. You can prepare for your admission by granting proxy access to your account.
 6. If you have a personal tablet, you can also download the MyChart Bedside app and get even more information about your hospital stay.