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MASTERS AGE RECORDS 1984

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MASTERS AGE RECORDS 1984

World and U.S. age records for track & field-age 35 and above

Compiled by

Peter Mundle - mens records

Shirley Dieterich - womens records

Age records for race walking-age 40 and above

Compiled by

Alan Wood - U.S. mens records

Lori Maynard - U.S. womens records

Gordon Wallace - World mens records

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Masters Age Records 1984 is an official publication of the Athletic Congress (TAC) Masters Athletic Committee, Jim Weed, Chairman. This book was published with the help of the National Masters News, Masters Sports Association, Nike, and Nolan Fowler (compiler of the weight throws).

A special thanks to the former publisher of **Masters Age Records**, Track & Field News, for their introduction of this publication and their support of the masters program through it.

A good companion volume for this book is "Running Records by Age" (available from National Running Data Center, P.O. Box 42888, Tucson, AZ 85733) which includes U.S. records for all ages for track and road running events from 100 meters to 100 miles.

These pages contain the known world age records in every standard men's track and field event, age 35 and above, as of January 1, 1984. If an American does not hold the world record, the American record is listed after that of the world record holder.

Information, from left to right: age, performance, athlete's name and residence (or country of origin), and date of meet.

Key to abbreviations: n = non-winning time; h = heat; m = metric event; i = indoor mark; dec = mark made in decathlon; pen = mark made in pentathlon; w = wind-assisted mark; y = mark recorded during an English measurement (yards, feet, miles) race; p = verification of birthdate, etc. pending.

ON THE COVER: **Payton Jordan (66)** enroute to bettering world records in the 100m (12.6) and 200m (26.1) in Los Gatos on June 12, 1982. In recent San Juan World Games, Payton captured a gold in the 100m and silvers in the 200 and 400 meters. He presently owns or shares world records in the 100m for every year from age 54 to 66, a very impressive string. He also is the age group record holder for the five year divisions 55-59, 60-64 and 65-69 in the 100m and 200m. He is truly one of the most outstanding masters athletes of alltime.

photo by George Cohen

MEN'S TRACK & FIELD

100 YARD DASH

35	9.6	Clifton Bertrand (TRI)	8- -71	47	10.5	Matt Brown (NJ)	6-20-81
	10.1	Kenneth Dennis (CA)	4-7-73	48	10.5n	Jack Greenwood (KS)	7-13-74
	10.1	Maurice McDonald (NC)	4-3-76		10.5	Edmund Schuler (FL)	6-5-76
	10.1	Bob Warren (IA)	8-25-73	49	10.5	Edmund Schuler (FL)	2-19-77
36	9.6	Clifton Bertrand (TRI)	6-8-72	50	10.5	Alphonse Julliland (CA)	8-18-73
	9.9	Lamar Miller (MI)	6-19-82	51	10.5	Edmund Schuler (FL)	7-28-78
37	9.7	Walt Butler (CA)	6-11-78	52	10.8	Rudolph Valentine (NY)	4-3-76
38	9.9	Walt Butler (CA)	6-2-79	53	10.8	Edmund Schuler (FL)	6-28-80
	9.9n	Percy Knox (CA)	6-28-72		10.8wn	Robert McDonald (CA)	4-23-72
39	9.9	Dean Smith (CA)	7-21-71	54	10.8	Alfred Guidet (CA)	8-5-72
	9.9	Robert Thomas (NY)	6-15-72	55	10.7	Charles Beaudry (TX)	8-10-74
40	9.9	Percy Knox (CA)	8-1-74		10.7	Alfred Guidet (CA)	7-14-73
	9.9	Robert Thomas (NY)	6-16-73	56	10.7	Payton Jordan (CA)	3-25-72
	9.9	Jim Weaver (TX)	6-17-76		10.5w	Payton Jordan (CA)	5-26-73
	9.8wn	Percy Knox (CA)	7-25-74	57	10.7	Alfred Guidet (CA)	8-1-74
41	9.8	Percy Knox (CA)	7-11-75	58	10.8	Payton Jordan (CA)	4-27-74
42	9.8	Thane Baker (TX)	7-13-74	59	10.8	Payton Jordan (CA)	5-22-75
43	10.1	Percy Knox (CA)	12-3-76	60	11.1	Payton Jordan (CA)	5-8-76
	10.1	Clifton Bertrand (TRI)	4- -79	61	10.9	Charles Beaudry (TX)	4-21-79
44	10.0	Percy Knox (CA)	7-11-78	62	10.9	Payton Jordan (CA)	5-21-77
45	10.3	Thane Baker (TX)	7-23-77	63	11.2	Payton Jordan (CA)	5-6-78
	10.3h	Richard Stolpe (NB)	7-2-70	64	10.9	Payton Jordan (CA)	5-5-79
	10.1w	Percy Knox (CA)	4-14-79	65	12.1	Payton Jordan (CA)	3-22-80
46	10.0	Thane Baker (TX)	5-27-78	66	12.1w	Harry Koppel (CA)	2-6-82
						Ken Carnine (CA)	3- -79
						Harry Koppel (CA)	6-17-73
							7-19-79

57	12.1	Harry Koppel (CA)	1-24-81	57	11.8	Payton Jordan (CA)	6-22-74
	12.0w	Harry Koppel (CA)	3-14-81	58	11.9	Payton Jordan (CA)	4-27-75
68	12.1	Harry Koppel (CA)	7-16-81	59	11.7	Payton Jordan (CA)	3-20-76
89	12.5	Ken Carnine (CA)	4- -77	80	12.0	Payton Jordan (CA)	6-25-77
	12.3p	Harry Koppel (CA)	- -82	81	11.8	Payton Jordan (CA)	5-27-78
70	13.6	Sing Lum (CA)	4-19-75	82	12.3	Payton Jordan (CA)	4-22-79
	12.4w	Harry Koppel (CA)	12-14-83		12.3h	Fritz Assmy (GFR)	8-8-77
	13.1w	Sing Lum (CA)	6-7-75		12.3	Colln Fairrey (GBR)	9-10-78
71	13.5	Barry Ivers (ME)	6-30-82	83	12.0	Payton Jordan (CA)	5-31-80
	13.2w	Barry Ivers (ME)	4-3-82	84	12.3	Payton Jordan (CA)	5-30-81
72	13.4	Barry Ivers (ME)	8-6-83		12.0w	Payton Jordan (CA)	6-20-81
	13.2w	Barry Ivers (ME)	6-18-83	85	12.60	Payton Jordan (CA)	4-25-82
73	13.6	Lamar Jackson (CA)	6-3-79	86	12.56	Payton Jordan (CA)	5-21-83
74	13.7	Josiah Packard (CA)	4-30-78		12.4w	Payton Jordan (CA)	8-21-83
	13.4w	Lamar Jackson (CA)	5-17-80		12.4w	Yngve Brange (SWE)	5-9-79
75	13.4	Herbert Anderson (CO)	10-1-77	87	13.05h	Fritz Assmy (GFR)	7-15-82
78	14.3	Lamar Jackson (CA)	5-1-82		13.2	Harry Koppel (CA)	5-31-80
77	14.6	Lamar Jackson (CA)	5-7-83	88	13.2	Yngve Brange (SWE)	8-8-81
78	14.3	Herbert Anderson (CO)	7-26-80		13.25	Harry Koppel (CA)	5-8-82
79	14.1	Herbert Anderson (CO)	7-25-81		12.9w	Harry Koppel (CA)	5-30-81
	13.2np	Duncan McClean (GBR)	- -84	89	13.0	Gilberto Gonzalez (PUR)	7-4-82
80	14.5	A.E. Pitcher (IN)	9-10-82		13.1	Harry Koppel (CA)	6-12-82
81	14.7	A.E. Pitcher (IN)	9-9-83		13.0w	Harry Koppel (CA)	8-14-82
87	22.2	Harry Jackson (PA)	8-13-83	70	13.4	Yngve Brange (SWE)	7-31-83
88	17.1	Duncan McClean (GBR)	7-14-73		13.6	Harry Koppel (CA)	6-25-83

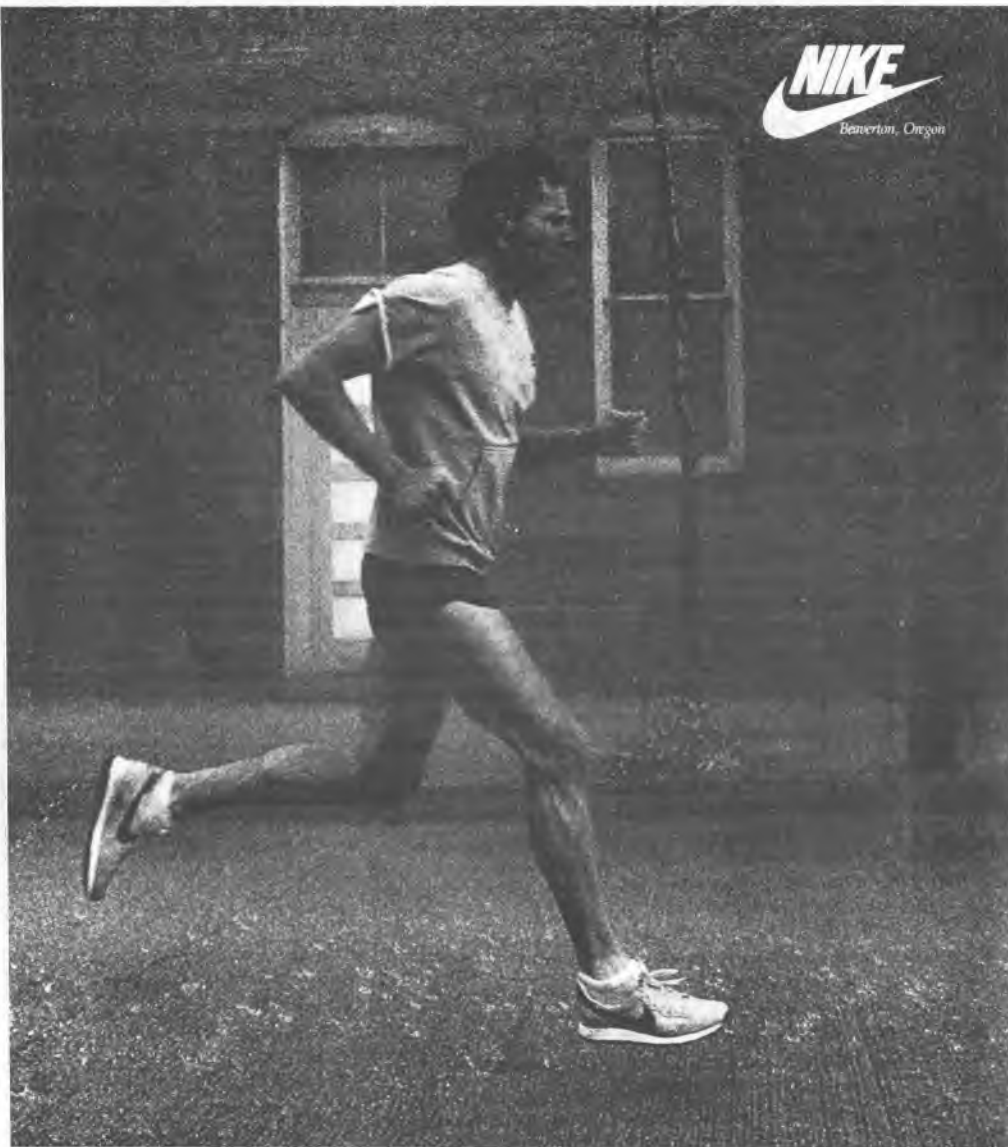
100 METERS

35	10.3	Ruben Whitney (TX)	6-14-80	71	13.5	Frederick Reid (RSA)	12-14-83
	10.3	Edward Jefferis (RSA)	11-24-71		13.5w	Frederick Reid (RSA)	7-19-80
	10.3	Ron Jones (GBR)	8-26-69		14.2	Anthony Castro (CA)	5-9-81
36	10.37	Delano Merlweather (US)	4-28-79	72	14.13	Anthony Castro (CA)	5-16-81
	10.4	Rafael Fortun (CUB)	6-30-56		14.0w	Anthony Castro (CA)	8-15-81
37	10.5	Walt Butler (CA)	6-17-78	73	13.9	Josiah Packard (CA)	8-9-77
	10.5	B. Green (GBR)	6-3-78		13.4w	Frederick Reid (RSA)	10-16-82
38	10.6h	Edward Jefferis (RSA)	11-23-74	74	13.98	Frederick Reid (RSA)	9-24-83
	10.6	Jose Sanchez (SPA)	4-26-81		14.2dec.	Herbert Anderson (CO)	5-28-77
	10.6	Karl Schroder (GFR)	5-21-77		13.80wh	Frederick Reid (RSA)	9-23-83
	10.71	Clarence Ray (US)	6-18-83	75	14.3	Anthony Castro (CA)	9-23-83
	10.8	Walt Butler (CA)	6-23-79	76	15.0	Josiah Packard (CA)	6-23-79
	10.8	Kenneth Dennis (CA)	6-28-75	77	15.3	Herbert Anderson (CO)	5-26-79
	10.8	Tom Randolph (MI)	6-14-80		15.4	Gulab Singh (IND)	10-17-81
39	10.5h	David James (US)	6-30-74		15.4	Sing Lum (CA)	8-15-81
40	10.7	Thane Baker (TX)	9-13-72	78	15.3w	Lamar Jackson (CA)	5-14-83
	10.6w	Leon Hacker (RSA)	6-30-79		15.30	Gulab Singh (IND)	9-24-83
	10.7w	Walt Butler (CA)	5-16-81	79	15.4	Herbert Anderson (CO)	8-17-80
41	10.8	Ken Dennis (CA)	7-8-78	80	16.40	Josiah Packard (CA)	10-1-83
42	10.8	Manuel Ulacio (VEN)	9-3-82		16.5	Konrad Boas (GFR)	9-24-83
	11.1	Thane Baker (TX)	7-6-74		16.2w	Herbert Anderson (CO)	9-5-82
	11.1	Kenneth Dennis (CA)	4-12-80	81	16.59	Konrad Boas (GFR)	9-10-83
	11.1	Vandolph Parish (CA)	6-26-76		16.6	Herbert Anderson (CO)	8-7-82
	11.0w	Robert Thomas (NY)	8-8-75		16.6	Herbert Anderson (CO)	9-17-83
43	10.9	Kenneth Dennis (CA)	12-13-80	82	20.5	A.E. Pitcher (IN)	6-1-83
	10.9w	Thane Baker (TX)	8-8-75	83	19.4	Charles Backus (US)	6-26-76
44	11.0	Percy Knox (CA)	1-20-78		20.2	L.V. Rensburg (RSA)	5-2-81
	10.9w	Ron Taylor (GBR)	6-11-78	84	18.0w	Collister Wheeler (OR)	7-3-76
45	11.1n	George Rhoden (JAM)	6-17-72		19.9n	L.V. Rensburg (RSA)	5-9-81
	11.2	Kenneth Dennis (CA)	2-19-83	85	23.4	Charley Speechly (GBR)	8-25-72
	11.2	Percy Knox (CA)	6-23-79		22.6p	Charles Backus (US)	6-24-78
	11.2h	Vandolph Parish (CA)	5-12-79	86	21.5	Guy Sibley (IN)	6-12-82
46	11.05	Kenneth Dennis (CA)	9-17-83		22.86	L.V. Rensburg (RSA)	9-17-83
	10.92wh	Kenneth Dennis (CA)	9-23-83	87	19.3n	Harry Jackson (PA)	8-1-81
47	11.0	Percy Knox (CA)	12-13-80		23.8	Harry Jackson (PA)	8-13-82
48	11.0	Thane Baker (TX)	6-14-80		22.5w	Duncan McClean (GBR)	8-25-72
49	11.3	Peter Mirkes (GFR)	6-26-77	88	16.3n	Harry Jackson (PA)	5-15-83
	11.5n	Alphonse Julliland (CA)	6-17-72		25.1	Harry Jackson (PA)	9-10-83
	11.3wh	Jack Greenwood (KS)	8-13-75	89	16.5	Duncan McClean (GBR)	7-6-73
50	11.3	Thane Baker (TX)	9-24-82		19.9	Peter Laurino (US)	7-24-82
51	11.40	Thane Baker (TX)	9-24-83	90	16.5	Duncan McClean (GBR)	6- -74
52	11.5	Richard Stolpe (NM)	7-9-77	91	21.0	Duncan McClean (GBR)	6-14-75
	11.40w	Bert Lancaster (PA)	8-30-80	92	21.7	Duncan McClean (GBR)	7-17-76
53	11.50	Bert Lancaster (PA)	9-19-81	95	54.7p	Duncan McClean (GBR)	8-9-77
54	11.7	Payton Jordan (CA)	2-19-72			Mr. Tou (US)	7-24-82
55	11.6	Payton Jordan (CA)	4-1-72				
56	11.6n	Alfred Guidet (CA)	6-22-74	35	20.8	Delano Merlweather (US)	6-9-78
	11.8	Payton Jordan (CA)	6-23-73	36	21.6y	Clifton Bertrand (TRI)	6-8-72
	11.5w	Bernard Hogan (AUS)	12-18-76		21.8	Ruben Whitney (TX)	8-16-81

200 METERS



A wealth of talent is pictured above among the members of two Philadelphia Masters 4x200 relay teams. In the front row from left to right are **Jim Burnett** (world record holder in the 400m), ex-Olympians **Josh Culbreath** and **Ira Davis** and noted comedian **Bill Cosby**. In the top row are **Jim Bantum**, **Dhamiri Abayomi**, **Ed Roberts** and **Larry Wilson** some of whom are members of indoor and outdoor record setting sprint relay teams. photo by Pete Taylor



ANYONE. ANYWHERE. ANYTIME.



WOMEN'S TRACK & FIELD

100 YARDS

35	10.8	Maeve Kyle (EIR)	9-26-64
36	11.5	Phil Raschker (GA)	6-11-83
37	10.9	Maeve Kyle (IRE)	8-6-66
	13.0	Sandy Pashkin (NY)	6-14-80
	13.0p	Betty Parks (US)	4-7-73
38	11.3	Maeve Kyle (IRE)	5-8-67
	12.3	Almeta Parish (CA)	5-17-75
39	11.2	Maeve Kyle (IRE)	6-15-68
	14.3	Ursula Schreiber (CA)	2-18-78
40	12.5	Joanne Grissom (IN)	1-30-79
41	11.4	Irene Obera (CA)	7- -75
42	11.4	Irene Obera (CA)	5-15-76
43	12.5	Felicity Skaris (RSA)	8-9-80
	12.6	Irene Obera (CA)	5-14-77
44	13.1	Christel Miller (GFR)	2-17-79
	14.1	Anne Cirulnick (NY)	5-27-79
45	11.7	Irene Obera (CA)	4-28-79
46	14.3	Betty Pappas (KS)	5-30-81
	13.20w	Anne Cirulnick (NY)	6-21-81
	14.2w	Sally Goodhue (MA)	6-18-83
47	13.1	Christel Miller (GFR)	5-1-82
	13.4	Chris McKenzie (NY)	5-27-79
48	13.2	Chris McKenzie (NY)	6-14-80
49	14.2	Shirley Kinsey (CA)	2-17-79
	13.14w	Chris McKenzie (NY)	6-21-81
50	13.8	Shirley Kinsey (CA)	2-9-80
51	13.5	Shirley Kinsey (CA)	2-7-81
52	15.2	Shirley Dietderich (CA)	4-28-79
53	14.5	Shirley Kinsey (CA)	5-7-83
54	16.1	Martha Fairbank (NC)	4-3-76
55	15.3	Shirley Dietderich (CA)	7-29-82
56	15.1	Florence Reardon (OH)	7-11-82
57	17.3	Diana Smith (CA)	8-9-80
58	17.2	Diana Smith (CA)	2-7-81
59	15.8	Josephine Kolda (CA)	2-11-78
60	15.5	Josephine Kolda (CA)	4-21-78
61	15.7	Josephine Kolda (CA)	4-28-79
62	19.6	Marjorie Hunt (CA)	2-7-81
63	16.9w	Polly Clarke (CO)	12-30-73
64	14.7	Josephine Kolda (CA)	5-1-82
65	15.5	Winfred Reid (RSA)	8-9-80
	15.7	Josephine Kolda (CA)	5-7-83
67	15.2	Polly Clarke (CO)	5-21-78
69	16.1	Polly Clarke (CO)	9-18-79
70	16.2	Polly Clarke (CO)	9-6-80
73	26.6	Marilla Sallsbury (CA)	8-1-81
74	24.8	Marilla Sallsbury (CA)	8-10-82
75	27.5	Marilla Sallsbury (CA)	7-23-83

100 METERS

35	11.6	Erika Rost (GFR)	6-2-79
	12.3	Cherrie Sherrard (CA)	6-22-74
36	11.9	Phil Raschker (GA)	6-25-83
	11.7p	Erika Rost (GFR)	- -80
37	12.1	Franciska Janssen (HOL)	5-9-82
	12.2	Cherrie Sherrard (CA)	6-26-76
38	12.2	Kathleen Holland (AUS)	3-25-78
	12.7	Cherrie Sherrard (CA)	6-19-77
	12.1p	Una Lund (AUS)	- -80
39	12.5	Cherrie Sherrard (CA)	6-17-78
	12.41h	Vivi Markussen (DEN)	7-29-79
	12.28w	Vivi Markussen (DEN)	7-30-79



Mila Kania (52) and husband in Warwick, NY. Since turning 50, Mila has blossomed into a top middle and long distance runner. She presently holds the world record in the 10,000m (38:53.6) and has pending US records in the 1500m (5:09.2), 3000m (11:29.2) and 5000m (18:44.6).

photo by Geza Feld

40	12.2	Maeve Kyle (IRE)	4-23-69
	12.7	Carmen Brown (US)	9-17-83
	12.0	Maeve Kyle (IRE)	4-25-70
41	12.0	Cherrie Sherrard (CA)	5-31-80
	12.7	Irene Obera (CA)	8-14-75
	12.5w	Rosemary Payne (GBR)	8-16-75
42	12.3h	Irene Obera (CA)	6-19-76
	12.6	Maeve Kyle (IRE)	5-29-72
43	12.6	Irene Obera (CA)	8-9-77
	13.0	Maeve Kyle (IRE)	5-12-73
44	12.1	Cherrie Sherrard (CA)	6-25-83
	13.2	Maeve Kyle (IRE)	1-21-74
45	12.5	Irene Obera (CA)	7-7-79
	12.63	Irene Obera (CA)	5-31-80
46	12.7	Irene Obera (CA)	1-10-81
47	12.93h	Maeve Kyle (IRE)	8-8-77
48	13.0h	Christel Miller (CA)	7-9-83
	13.9	Marilyn Fitzgerald (NJ)	6-25-83
	13.9w	Irene Obera (CA)	9-24-83
49	13.20h	Olga Oldrichova (CZE)	8-8-77
	13.2h	Irene Obera (CA)	9-23-83
	13.04hw	Maeve Kyle (IRE)	7-29-79
50	13.65h	Doris Pirlé (AUS)	5-14-82
	13.7	Marie Barrie (PA)	9-24-83
	14.93h	Daphne Pirlé (AUS)	9-17-83
51	13.2	Shirley Kinsey (CA)	7-26-80
	15.1	Olga Oldrichova (CZE)	8-6-80
52	13.92	Ruth Christian (CA)	6-26-76
	15.0	Chris McKenzie (NY)	9-17-83
	15.0	Shirley Peterson (NZL)	3-27-82
53	13.5	Ruth Christian (CA)	6-26-77
	14.8	Olga Oldrichova (CZE)	7-15-82
54	14.02	Shirley Kinsey (CA)	7-9-83
	15.2	Ruth Christian (CA)	8-18-79
55	14.6	Lieselotte Seuberlich (GFR)	7-15-82
	14.58		

5k WALK

40	26:53	Jeanne Bocci (MI)	9-17-83
41	27:41	Anne Vanderhoff (WA)	7-7-79
42	26:52	Lori Maynard (CA)	8-27-78
43	26:11	Lori Maynard (CA)	7-28-79
44	25:46	Lori Maynard (CA)	8-16-80
45	25:51	Lori Maynard (CA)	5-30-81
46	26:06	Lori Maynard (CA)	7-24-82
47	26:07	Dorothy Kelley (NY)	8-11-83
48	28:13	Dorothy Kelley (NY)	11-20-83
49	32:22p	Liz Petterson (US)	5-7-82
50	36:02	Mary Byers (WI)	8-11-79
	32:38p	Jennie Capparella (NC)	5-8-81
51	27:34	Gloria Brown (NY)	8-11-83
52	31:25	Anna Rush (NJ)	6-29-80
53	31:55	Anna Rush (KY)	5-7-82
54	31:34	Anna Rush (KY)	8-13-82
55	32:30	Dorothy Michaels (VA)	9-11-82
56	32:59	Dorothy Michaels (VA)	5-29-83
57	34:21	Marie Henry (US)	8-24-81
58	32:13	Marie Henry (NJ)	6-28-82
59	31:29	Marie Henry (NJ)	6-19-83
60	32:57	Marie Henry (NJ)	10-30-83
61	35:41	Ernestine Yeomans (OH)	8-30-80
62	37:12	Althea Jureidini (NY)	8-17-80
63	34:16	Ernestine Yeomans (OH)	5-23-82
64	34:01	Ernestine Yeomans (OH)	10-2-83
65	34:49	Althea Jureidini (NY)	8-13-83
66	41:58	Katherine York (CA)	5-12-79
67	39:16	Thelma Greig (HI)	5-9-82
68	36:41	Mayne Bdera (NY)	10-9-83
69	39:14	Adaline Crocker (HI)	9-27-81
	38:44p	Thelma Greig (HI)	12-4-83
70	37:48	Adaline Crocker (HI)	11-22-81
71	39:28	Adaline Crocker (HI)	11-14-82
72	41:43	Jo Davis (HI)	9-27-81
73	40:22	Marilla Salisbury (CA)	8-8-81
74	39:16	Marilla Salisbury (CA)	6-19-82
79	40:49	Ruth Rothfarb (FL)	1-11-81

10k WALK

40	58:10	Anne Vanderhoff (WA)	5-7-78
41	55:53	Anne Vanderhoff (WA)	8-11-79
42	55:28	Anne Vanderhoff (WA)	4-25-80
43	53:11	Lori Maynard (CA)	7-31-79
44	52:00	Lori Maynard (CA)	6-29-80
45	52:58	Lori Maynard (CA)	7-19-81
46	54:09	Lori Maynard (CA)	9-12-82
47	55:05	Dorothy Kelley (NY)	8-13-83
48	1:21:04	Catherine Smith (NV)	12-20-81
	1:06:16p	Delores Randazzo (NY)	10-30-83
49	1:19:47	Mary Byers (WI)	7-16-78
50	59:45	Gloria Brown (NY)	11-6-82
51	55:50	Gloria Brown (NY)	8-13-83
52	1:16:49	Mary Byers (WI)	10-17-81
	1:12:09p	Jennie Capparella (NC)	5-7-83
53	1:18:43	Mary Byers (WI)	11-22-81
54	1:06:42	Anna Rush (FL)	5-7-83
55	1:08:02	Dorothy Michaels (VA)	11-14-82
56	1:09:18	Dorothy Michaels (VA)	5-7-83
58	1:07:32	Marie Henry (NJ)	12-13-81
59	1:07:01	Marie Henry (NJ)	12-5-82
60	1:06:50	Marie Henry (NJ)	10-30-83
61	1:14:38	Phyllis Pearson (WA)	12-19-82
62	1:11:28	Althea Jureidini (NY)	3-28-81
63	1:12:15	Ernestine Yeomans (OH)	7-17-82
64	1:11:09	Ernestine Yeomans (OH)	5-15-83
68	1:13:45	Mayne Bdera (NY)	10-9-83
70	1:22:34	Adaline Crocker (HI)	2-14-82
72	1:32:13	Elena Carola (CA)	9-14-80
74	1:26:24	Marilla Salisbury (CA)	7-25-82
75	1:26:12	Marilla Salisbury (CA)	9-3-82
81	1:38:38	Hulda Crooks (CA)	6-26-77

15k WALK

40	1:28:43	Anne Vanderhoff (WA)	12-9-78
41	1:34:30	Lori Maynard (CA)	8-27-77
42	1:31:41	Anne Vanderhoff (WA)	5-4-80
43	1:27:58	Lori Maynard (CA)	11-25-79
44	1:26:14	Lori Maynard (CA)	12-14-80
45	1:26:42	Lori Maynard (CA)	5-2-81
47	1:28:51	Lori Maynard (CA)	8-21-83
49	1:54:07	Mary Byers (WI)	9-3-78
50	1:38:37	Gloria Brown (NY)	7-17-82
51	1:49:24	Lida Askew (TX)	9-18-77
52	1:43:22	Lida Askew (TX)	9-17-78
53	1:38:14	Lida Askew (TX)	9-16-79
54	1:38:50	Anna Rush (FL)	5-7-83
56	1:46:47	Dorothy Michaels (VA)	5-7-83
58	1:46:46	Marie Henry (NJ)	1-10-82
59	1:45:17	Marie Henry (NJ)	10-31-82
60	1:49:00	Rose Kash (CA)	10-11-81
61	1:52:56	Phyllis Pearson (WA)	12-19-82
	1:47:00p	Rose Kash (CA)	9-12-82
63	1:51:22	Ernestine Yeomans (OH)	7-17-82
64	1:47:21	Ernestine Yeomans (OH)	5-15-83
68	1:52:18	Mayne Bdera (NY)	10-9-83
70	2:03:20	Adaline Crocker (HI)	4-11-82

20k WALK

40	2:01:04	Jeanne Bocci (MI)	9-18-83
41	2:05:22	Anne Vanderhoff (WA)	7-9-79
42	2:01:47	Lori Maynard (CA)	8-20-78
43	1:59:01	Lori Maynard (CA)	11-25-79
44	1:54:31	Lori Maynard (CA)	8-17-80
45	1:55:07	Lori Maynard (CA)	5-2-81
46	1:54:42	Lori Maynard (CA)	5-9-82
47	1:58:25	Lori Maynard (CA)	8-21-83
49	2:27:44p	Liz Petterson (US)	5-9-82
50	2:25:56p	Jennie Capparella (NC)	5-10-81
51	2:33:08	Lida Askew (TX)	10-2-77
52	2:24:33	Anna Rush (NJ)	7-6-80
53	2:27:37	Anna Rush (NJ)	5-9-82
54	2:11:17	Anna Rush (NJ)	5-7-83
55	2:25:21	Dorothy Michaels (VA)	8-14-82
56	2:24:34	Dorothy Michaels (VA)	5-7-83
58	2:21:06	Marie Henry (NJ)	8-8-82
59	2:28:15	Marie Henry (NJ)	5-7-83
60	2:32:08	Ruth Sorensen (CA)	3-28-82
	2:30	Rose Cash (CA)	3-21-82
64	2:29:00	Ernestine Yeomans (OH)	5-15-83
68	2:31:46	Mayne Bdera (NY)	10-9-83

25k WALK

42	2:35:56	Anne Vanderhoff (WA)	3-80
43	2:31:02	Lori Maynard (CA)	11-25-79
45	2:34:11	Beverly La Veck (WA)	3-28-82
46	3:18:12	Mary Goodwin (VA)	11-5-83
47	2:41:08	Beverly La Veck (WA)	11-5-83
51	2:52:38	Lida Askew (TX)	3-12-78
52	2:51:36	Lida Askew (TX)	3-11-79
56	3:27:15	Dorothy Michaels (VA)	11-5-83
60	3:13:56	Ruth Sorensen (CA)	3-28-82
68	3:14:39	Mayne Bdera (NY)	10-9-83

50k WALK

41	7:11:22	Lori Maynard (CA)	12-11-77
42	5:29:03	Anne Vanderhoff (WA)	3-80
45	5:26:30	Beverly La Veck (WA)	6-7-81
46	7:09:34	Mary Goodwin (VA)	11-5-83
47	5:27:20	Beverly La Veck (WA)	5-22-83
50	7:06:24	Lida Askew (TX)	12-12-76
51	6:22:04	Lida Askew (TX)	11-20-77
56	6:51:28	Dorothy Michaels (VA)	11-5-83

ONE HOUR WALK

40	5-761	8.743	Marina Waugh (WA)	11-12-83
41	6-538	10.148	Lori Maynard (CA)	9-11-77
42	6-1226	10.777	Lori Maynard (CA)	8-27-78
43	5-869	8.841	Mary Richter (WA)	7-9-82
44	7-85	11.343	Lori Maynard (CA)	6-29-80
46	6-745	10.337	Beverly La Veck (WA)	7-20-82
47	5-111	8.148	Patricia Wallis (VA)	10-16-83
48	4-1184	7.520	Pat Lunneborg (WA)	7-9-82
	5-505p	8.509	Jennie Capparella(NC)	- .78
50	4-1604p	7.903	Ruth Jacokes (NC)	- .78
51	5-1385p	9.295	Lida Askew (TX)	- .77
53	4-937	7.294	Liz Picini (WA)	11-12-83

55	5-540	8.541	Dorothy Michaels (VA)	10-9-82
56	5-608	8.603	Dorothy Michaels (VA)	10-16-83
58	5-747	8.730	Marie Henry (NJ)	10-11-81
59	5-1066	9.021	Marie Henry (NJ)	11-21-82
60	5-766	8.765	Marie Henry (NJ)	11-20-83
61	4-1064	7.410	Phyllis Pearson (WA)	7-9-82
65	4-1619	7.918	Bonnie Kolsom (HI)	7-17-82
66	5-291	8.313	Bonnie Kolsom (HI)	7-16-83
68	4-950	7.306	Thelma Greig (HI)	7-17-82
70	4-1390	7.708	Adaline Crocker (HI)	7-17-82
71	4-1392	7.710	Adaline Crocker (HI)	7-16-83
72	4-784	7.154	Elena Carola (CA)	6-29-80
74	4-865	7.228	Marilla Salisbury (CA)	9-5-81
75	4-509	6.903	Marilla Salisbury (CA)	8-7-83

RECORDS SECTION

There are five categories of TAC Masters records (American citizen and championship meet records, indoor and outdoor, along with American all-comers records). These records are approved in the same manner as any world or U.S. track and field record, i.e., the record application must be accompanied by a properly filled out IAAF record form and approved by a TAC committee. TAC-approved marks therefore can sometimes be inferior to the Age Records listed previously.



A group of international stars: **Una Gore** of Great Britain, **Gretchen Snyder**, **Irene Obera** and **Phil Raschker** of the US combined to form a strong 800 meter relay team which won a gold at the World Games.

MEN'S MASTER OUTDOOR AMERICAN RECORDS

Running

100 Yards	10.0	Dean Smith (So. Cal. Striders)	Fresno, CA	5-12-72
220 Yards	22.3	Thane Baker (Dallas, TX)	Manhattan, KS	7-13-74
440 Yards	51.4	James Lingel (Bay Area Striders)	San Francisco, CA	4-1-72
880 Yards	1:58.8h	Frank McBride (Motor City Striders)	Kalamazoo, MI	5-29-71
One Mile	4:24.0	Ray Hatton (Bend, OR)	Eugene, OR	7-18-75
Two Miles	9:17.6n	Ray Hatton (Bend, OR)	Eugene, OR	4-1-72
Three Miles	14:29.2	Ray Hatton (Bend, OR)	Portland, OR	6-15-74
Four Miles	19:50.6	Hal Higdon (Indiana Striders)	San Diego, CA	7-6-73
Five Miles	24:56.4	Hal Higdon (Indiana Striders)	San Diego, CA	7-6-73
Six Miles	29:59.0	Ray Hatton (Bend, OR)	Eugene, OR	4-26-75
Seven Miles	36:38.0	Peter Mundle (Santa Monica AA)	S. Barbara, CA	7-26-69
Eight Miles	42:02	Hal Higdon (Indiana Striders)	Champaign, IL	4-29-73
Nine Miles	47:23	Peter Mundle (Santa Monica AA)	S. Barbara, CA	7-26-69
Ten Miles	52:44	Peter Mundle (Santa Monica AA)	S. Barbara, CA	7-26-69
Fifteen Miles	1:26:38	Truman Clark (Tobias Striders)	Santa Monica, CA	9-12-76
Twenty Miles	1:56:51	Truman Clark (Tobias Striders)	Santa Monica, CA	9-12-76
Twenty-Five Miles	2:44:32	Johnnie Faerber (Mid Pacific RRC)	Santa Monica, CA	9-9-78
Fifty Miles	6:13:17	Ed Almeida (San Diego TC)	Santa Monica, CA	9-9-78
One Hour Run	11m740y	Ray Hatton (Bend, OR)	Salem, OR	8-7-76
Two Hour Run	20m997y	Truman Clark (Tobias Striders)	Santa Monica, CA	9-12-76

Running - Metric Distances

100 Meters	10.7	Thane Baker (Dallas, TX)	Cologne, Ger.	9-13-72
200 Meters	22.3	Dean Smith (So. Cal. Striders)	San Diego, CA	7-2-72
	22.3	Jim Burnett (Phil. Masters TC)	Houston, TX	9-18-83
400 Meters	49.36	Jim Burnett (Phil. Masters TC)	Los Gatos, CA	8-15-81
800 Meters	1:54.9	George Cohen (So. Cal. Striders)	Los Angeles, CA	8-16-80
1500 Meters	3:59.8	Ernest Billups (UCTC)	Los Gatos, CA	8-16-81
3000 Meters	8:50.0	Hal Higdon (Indiana Striders)	Evanston, IL	7-13-75
5000 Meters	14:59.6	Hal Higdon (Indiana Striders)	London	8-25-72
10,000 Meters	30:56.0	Ray Hatton (Bend, OR)	Eugene, OR	4-26-75
15,000 Meters	48:00	Herb Lorenz (Penn AC)	Palo Alto, CA	1-1-80
20,000 Meters	70:50	Jerry Smart (Beverly Hills Striders)	Santa Monica, CA	8-27-75
25,000 Meters	1:29:47	Truman Clark (Tobias Striders)	Santa Monica, CA	9-12-76
30,000 Meters	1:48:39	Truman Clark (Tobias Striders)	Santa Monica, CA	9-12-76
35,000 Meters	2:22:22	Johnnie Faerber (Mid Pacific RRC)	Santa Monica, CA	9-9-78
40,000 Meters	2:41:50	Johnnie Faerber (Mid Pacific RRC)	Santa Monica, CA	9-9-78
50,000 Meters	3:34:47	Ed Almeida (San Diego TC)	Santa Monica, CA	9-9-78

Hurdle Events

110 Meter (39")	14.67	Walt Butler (So. Cal. Striders)	Los Angeles, CA	8-8-81
400 Meter (36")	55.7	Jack Greenwood (Wichita TC)	London	8-24-72
3000 M Steeplechase	9:18.6	Hal Higdon (Indiana Striders)	Toronto, CAN	8-15-75

Race Walking

One Mile	7:06.8	John Kelly (So. Cal. Striders)	San Diego, CA	7-3-71
Three Miles	24:04.0	Johnny Markon (Long Island AC)	San Diego, CA	7-4-69
5000 Meters	22:26.9	Ron Kulik (NYAC)	Gresham, OR	7-7-79
Six Miles	50:36.6	Johnny Markon (Long Island AC)	San Diego, CA	7-5-69
10,000 Meters	49:52.2	John Kelly (So. Cal. Striders)	Walnut, CA	4-19-72

Field Events

High Jump	6-8	John Dobroth (So. Cal Striders)	Los Angeles, CA	7-8-81
Pole Vault	15-1 1/4	Roger Ruth (Vancouver Olympic Club)	Goteborg, SWE	9-7-72
Long Jump	22-5 3/4	Dave Jackson (Corona Del Mar TC)	Walnut, CA	4-30-72
Triple Jump	46-11	Dave Jackson (Corona Del Mar TC)	San Diego, CA	7-7-73
Shot Put (16 lbs.)	55-10	Carl Wallin (Pacific Coast Club)	Lebanon, NM	8-28-83
Discus (2.0 kg)	172-2	Bob Humphreys (Corona Del Mar TC)	Walnut, CA	4-25-76
Hammer (16 lbs.)	241-10	Ed Burke (CA)	E. Germany	7-9-82
Javelin (800 grams)	229-3	Bud Held (San Diego TC)	San Diego, CA	7-3-70
Weight Throw (35 lbs.)	71-7	Ed Burke (CA)	Eugene, Or	9-25-82

Combined Events

Decathlon	5950	Phil Mulkey (Birmingham TC)	Birmingham, AL	8-12-72
		(11.7, 6.33, 13.98, 1.83, 59.5, 17.9, 44.32, 3.93, 42.70, 6:18.4)		
Decathlon (39" hrdl)	6212	Dave Thoreson (S. Barbara, CA)	San Antonio, TX	6-6-81
		(11.98, 6.46, 10.05, 1.91, 55.7, 16.02, 35.66, 4.10, 47.74, 5:16.3)		
Pentathlon	2933	Gary Miller (Corona Del Mar TC)	Los Gatos, CA	8-16-81
		(6.10, 46.45, 23.0, 31.40, 4:47.5)		

Relays

440 (4x110)	44.4	Corona Del Mar Track Club	San Diego, CA	7-1-72
		(Davisson, Jackson, Schlegal, Stolpe)		
880 (4x220)	1:32.9	Corona Del Mar Track Club	Irvine, CA	5-31-77
		(Dennis, Waterman, Segal, Knox)		
One Mile (4x440)	3:29.5	Southern California Striders	Los Gatos, CA	8-16-81
		(Lee, Newton, Cohen, Knocke)		
Two Mile (4x880)	8:25.4	West Valley Track Club	Berkeley, CA	9-6-80
		(Cathcart, Donaldson, Knebel, Richardson)		
Sprint Medley (440-220-220-880)	3:42.0	Corona Del Mar Track Club	Pomona, CA	5-20-78
		(Knox, Dennis, Segal, Miller)		
Distance Medley (440-880-1320-One Mile)	11:03.8	Southern California Striders	Northridge, CA	5-15-82
		(Knocke, Lee, Elliot, Cohen)		
4 Mile (4x1 mile)	18:33.4	West Valley Track Club	Berkeley, CA	9-15-79
		(Wellck, Richardson, Knebel, Cathcart)		

Relays - Metric Distances

400 (4x100)	43.5	Corona Del Mar Track Club	Irvine, CA	5-31-77
		(Dennis, Waterman, Segal, Knox)		
800 (4x200)	1:32.0	Southern California Striders	Los Angeles, CA	8-8-81
		(Newton, Cohen, Knocke, Butler)		
1600 (4x400)	3:28.7	Philadelphia Masters Club	Philadelphia, PA	7-5-81
		(Abayomi, Pratt, Stanford, Burnett)		
Distance Medley (400-800-1200-1600)	10:53.8	Philadelphia Masters	New York, NY	7-11-82
		(Huckel, Abayomi, Zwolak, Engleman)		

MEN'S MASTER OUTDOOR CHAMPIONSHIP MEET RECORDS

Running

100 Yards	10.3h	Richard Stolpe (US Navy)	San Diego, CA	7-2-70
100 Yards	10.3h	George Rhoden (JAM, N. Cal. Seniors TC)	San Diego, CA	7-2-70
220 Yards	23.0	Richard Stolpe (US Navy)	San Diego, CA	7-4-70
440 Yards	52.3	Bill Fitzgerald (Seniors TC - L.A.)	San Diego, CA	7-5-69
880 Yards	2:00.9	Bill Fitzgerald (Seniors TC - L.A.)	San Diego, CA	7-2-71
One Mile	4:31.8	James VanTatenhove (Seniors TC - L.A.)	San Diego, CA	7-3-71
Two Miles	9:38.8	Peter Mundle (Santa Monica AA)	San Diego, CA	7-5-69
Three Miles	14:51.8	Peter Mundle (Santa Monica AA)	San Diego, CA	7-4-69
Six Miles	31:28.4	Peter Mundle (Santa Monica AA)	San Diego, CA	7-19-68
Fifty Miles	6:13:17	Ed Almeida (San Diego TC)	Santa Monica, CA	9-9-78

Running - Metric Distances

100 Meters	11.05	Ken Dennis (Corona Del Mar TC)	Houston, TX	9-17-83
200 Meters	22.2	Brenda Wilson (AUS)	Houston, TX	9-18-83
400 Meters	49.36	Jim Burnett (Phil. Masters TC)	Los Gatos, CA	8-15-81
800 Meters	1:55.7	George Cohen (So. Cal. Striders)	Los Gatos, CA	8-15-81
1500 Meters	3:58.2	Albie Thomas (AUS, St. George)	White Plains, NY	8-9-75
5000 Meters	14:49.8	Albie Thomas (AUS, St. George)	White Plains, NY	8-8-75
10,000 Meters	30:46.6	Laurie O'Hara (GB, Belgrave Harrs)	San Diego, CA	7-6-73

Hurdle Events

110 Meter (39")	14.76	Walt Butler (So. Cal Striders)	Los Gatos, CA	8-15-81
400 Meter (36")	56.5	Jack Greenwood (Wichita TC)	San Diego, CA	7-1-72
3000 Steeplechase	9:29.8	Jim McDonald (NZ)	White Plains, NY	8-9-75

Race Walking

One Mile	7:06.8	John Kelly (So. Cal Striders)	San Diego, CA	7-3-71
Three Miles	24:24.0	Johhny Markon (Long Island AC)	San Diego, CA	7-4-69
Six Miles	50:36.6	Johhny Markon (Long Island AC)	San Diego, CA	7-5-69
5000 Meters	22:26.9	Ron Kulik (NYAC)	Gresham, OR	7-7-79

Field Events

High Jump	6-6½	John Dobroth (So. Cal Striders)	Los Gatos, CA	8-16-81
Pole Vault	14-6	Charles Poihamus (Fitzgerald, GA)	Houston, TX	9-17-83
Long Jump	22-1¼	Dave Jackson (Corona Del Mar)	San Diego, CA	7-6-73
Triple Jump	46-11	Dave Jackson (Corona Del Mar)	San Diego, CA	7-7-73
Shot Put (16 lbs.)	53-3¼	Edward McComas (Baltimore Oly. Club)	White Plains, NY	8-9-75
Discus (2.0 kg)	179-1	Jay Silvester (UT)	Houston, TX	9-17-83
Javelin (800 grams)	229-3	Bud Held (San Diego TC)	San Diego, CA	7-3-70
Hammer (16 lbs.)	222-1	Howard Payne (GB, Birchfield Harr)	San Diego, CA	7-2-71

Combined Events

Decathlon (39" hrdl)	6784	Wolfgang Linkman (WG) (11.51, 6.41, 14.37, 1.80, 55.2, 15.12, 44.22, 3.90, 53.86, 5:19.2)	San Antonio, TX	6-6-81
Pentathlon	2933	Gary Miller (Corona Del Mar TC) (6.10, 46.45, 23.0, 31.40, 4:47.5)	Los Gatos, CA	8-16-81

Relays

440 (4x110)	44.4	Corona Del Mar Track Club (Davisson, Jackson, Schlegal, Stolpe)	San Diego, CA	7-1-72
One Mile (4x440)	3:29.5	Southern California Striders (Lee, Newton, Cohen, Knocke)	Los Gatos, CA	8-16-81
Two Mile (4x880)	8:33.6	Seniors Track Club (Holt, Fitzgerald, Kleinsasser, VanTattenhove)	San Diego, CA	7-3-71

Relays - Metric Distances

400 (4x100)	43.9	New York Pioneer Club (Bertrand, Weaver, Budd, Riddick)	Atlanta, GA	7-8-78
800 (4x200)	1:33.5	New York Pioneer Club (Bertrand, O'Neal, Budd, Riddick)	Atlanta, GA	7-8-78
1600 (4x400)	3:30.6	Corona Del Mar Track Club (Jackson, Tetrauit, Palmer, Stolpe)	San Diego, CA	7-2-72

Men's American Indoor Masters Records

Running

50 Yards	5.6	Lloyd Riddick (NYPC)	Hightstown, NJ	2-19-78
50 Yards	5.6	Arnold Budd (NYPC)	Hightstown, NJ	2-19-78
60 Yards	6.4	Hugo Hartenstein (Colorado TC)	Boulder, CA	12-5-76
60 Yards	6.4	Dean Smith (So. Cal. Striders)	Los Angeles, CA	1-22-72
300 Yards	33.5	Ed Small (NYPC)	West Point, NY	3-15-80
440 Yards	53.9	Thane Baker (Dallas, TX)	Dallas, TX	3-27-76
500 Yards	63.8	James Goss (Beverly Hills Striders)	Anaheim, CA	1-27-75
600 Yards	1:15.7	Glen Shane (NYPC)	Syracuse, NY	3-29-80
880 Yards	2:01.5	Jim Van Tattenhove (STC)	San Diego, CA	2-19-72
1000 Yards	2:19.2	Ernest Billups (UCTC)	Ann Arbor, MI	3-18-79
One Mile	4:24.4	Frank Pflaging (Baltimore Olympic Club)	College Park, MD	1-12-73
Two Miles	9:32.8	Peter Mundie (Santa Monica TC)	San Diego, CA	2-19-72

Running - Metric Distances

50 Meters	6.2	James Lingel (Bay Area Striders)	Oakland, CA	2-10-73
60 Meters	7.08	Ken Dennis (Corona Del Mar TC)	Long Beach, CA	1-5-80
200 Meters	25.3	Ed Small (NYPC)	New York, NY	12-5-80
400 Meters	53.8	Ed Small (NYPC)	New York, NY	2-7-81
1500 Meters	4:02.5	Ernest Billups (UCTC)	Long Beach, CA	1-5-80
5000 Meters	15:55.0	Lew Faxon (Tidewater Striders)	Lexington, VA	3-7-81

Race Walking

One Mile	7:18.2	Sal Corallo (Pvt Valley TC)	Philadelphia, PA	2-29-76
Two Miles	13:48.4	Ron Kulik (NYAC)	Hightstown, NJ	2-19-78

Field Events

High Jump	6-3	Jim Brown (San Francisco, CA)	San Francisco, CA	2-22-81
Pole Vault	14-6	Roger Ruth (US-Vancouver, Canada)	Seattle	2-23-72
Pole Vault	14-6	Roger Ruth (US-Vancouver, Canada)	Vancouver, BC	3-25-72
Pole Vault	14-6	Roger Ruth (US-Vancouver, Canada)	Seattle, WA	2-18-73
Long Jump	21-1½	Larry Judd (E. Islip, NY)	Syracuse, NY	3-29-80
Triple Jump	44-11½	Ira Davis (Philadelphia, PA)	Bethlehem, PA	3-27-83
Shot Put (16 lbs.)	53-0¼	Carl Wallin (Pacific Coast Club)	Hanover, NH	12-24-82
Weight Throw (35 lbs.)	64-10¾	Al Hall (NYAC)	New Haven, CT	3-13-77

Hurdle Events

50 Yard (39")	6.9	Phil Mulkey (Atlanta TC)	New Haven, CT	3-13-77
60 Yard (39")	8.0	Dave Jackson (Corona Del Mar TC)	Long Beach, CA	1-22-77

Relays

One Mile (4x440)	3:34.4	New York Pioneer Club (O'Neal, Valentine, Shane, Small)	West Point, NY	3-15-80
Two Mile (4x880)	8:30.0	New York Pioneer Club (Connelly, Krebs, Genovese, Zipper)	New Haven, CT	3-13-77
640 (4x160)	1:12.7	Corona Del Mar Track Club (Schlegal, Jackson, Cheek, Knox)	Anaheim, CA	1-27-75
1600 (4x400)	3:33.3	New York Pioneer Club (Gaton, Small, Shane, O'Neal)	Syracuse, NY	3-29-80
3200 (4x800)	9:00.8	New York Masters Club (Fine, Bohigian, Krebs, Zipper)	Syracuse, NY	3-29-80
Distance Medley (440-880-1320-One Mile)	11:01.4	Ann Arbor Track Masters (Hiedholm, Bernard, Lampman, Sleeman)	Ann Arbor, MI	1-22-83

MEN'S MASTERS INDOOR CHAMPIONSHIP MEET RECORDS

Running

50 Yards	5.7	Larry Wilson (Philadelphia Masters)	New Haven, CT	3-13-77
50 Yards	5.7	Clifton Bertrand (Trinidad, NYPC)	Medford, MA	3-14-76
60 Yards	6.5	Ken Dennis (CDM)	Boston, MA	3-27-82
300 Yards	33.6	Larry Colbert (Club Olympic)	Syracuse, NY	3-29-80
440 Yards	57.1	Mathew Brown (Edison, NJ)	Hightstown, NJ	3-2-75
600 Yards	1:15.7	Glen Shane (NYPC)	Syracuse, NY	3-29-80
880 Yards	2:07.1	William Krebs (NYPC)	Hightstown, NJ	3-2-75
1000 Yards	2:19.2	Ernest Billups (UCTC)	Ann Arbor, MI	3-18-79
One Mile	4:25.0	Ernest Billups (UCTC)	Boston, MA	3-27-82
Two Miles	9:34.0	Lew Faxon (Hampton, VA)	Boston, MA	3-27-82

Hurdle Events

50 Yard (39")	6.7	Clifton Bertrand (Trinidad, NYPC)	New Haven, CT	3-13-77
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Race Walking

One Mile	7:20.2	Jack Boitano (Stratford Spartans)	Hightstown, NJ	3-2-75
Two Miles	14:13.8	Ron Kulik (NYAC)	Ann Arbor, MI	3-18-79

Field Events

High Jump	5-11½	Tom Langenfeld (MN)	New Haven, CT	3-13-77
Pole Vault	15-0	Waldzimirz Sokolowski (POL)	Ann Arbor, MI	2-28-81
Long Jump	21-1¼	Larry Judd (E. Islip, NY)	Syracuse, NY	3-29-80
Triple Jump	44-11½	Ira Davis (Philadelphia, PA)	Bethlehem, PA	3-27-83
Shot Put (16 lbs.)	48-2	Edward McComas (Baltimore Oly. Club)	New Haven, CT	3-13-77
Weight Throw (35 lbs.)	64-10¾	Al Hall (NYAC)	New Haven, CT	3-13-77

Relays

One Mile (4x440)	3:52.4	New York Pioneer Club (Connor, Rizzo, Valentine, Zipper)	New Haven, CT	3-13-77
Two Mile (4x880)	8:30.0	New York Pioneer Club (Connelly, Krebs, Genovese, Zipper)	New Haven, CT	3-13-77
1600 (4x400)	3:33.3	New York Pioneer Club (Gaton, Small, Shane, O'Neal)	Syracuse, NY	3-29-80
3200 (4x800)	9:00.8	New York Masters Club (Fine, Bohigian, Krebs, Zipper)	Syracuse, NY	3-29-80

MEN'S AMERICAN OUTDOOR ALL-COMERS RECORDS

(Where different from U.S. citizens records above)

One Mile	4:21.5	Fred Norris (GB, McNeese St.)	Lafayette, LA	4-1-62
One Mile	4:21.5	Laurie O'Hara (GB, Belgrave Harrs)	Venice, CA	7-3-73
Two Miles	9:07.4	Fred Norris (GB, McNeese St.)	Sulpher, LA	4-17-62
Three Miles	14:23	Fred Norris (GB, Boston AA)	Hudson, MA	6-12-63
Four Miles	19:39.0	Laurie O'Hara (GB, Belgrave Harrs)	San Diego, CA	7-6-73
Five Miles	24:46.6	Laurie O'Hara (GB, Belgrave Harrs)	San Diego, CA	7-6-73
Six Miles	29:25	Fred Norris (GB, Boston AA)	New London, CT	9-25-62
44 (4x110)	44.1	New York Pioneer Club (Riddick, Budd, Thomas, Bertrand)	New York City, NY	7-20-77
880 (4x220)	1:32.8	New York Pioneer Club (Riddick, Budd, Thomas, Bertrand)	New York City, NY	7-20-77
400 (4x100)	43.5	New York Pioneer Club (Riddick, Budd, Thomas, Bertrand)	New York City, NY	7-20-77
800 (4x200)	1:32.0	New York Pioneer Club (Riddick, Budd, Thomas, Bertrand)	New York City, NY	7-20-77
1600 (4x400)	3:25.9	US Team (Newton, Riddick, Billups, Miller)	Hannover, WG	8-2-79



TAC/USA Masters Long Distance Officers 1984

Robert S. Boal, Chairman 121 W. Sycamore Ave., Wake Forest, NC 27587
 Bob Fine, Vice Chairman - Men 77 Prospect Pl., Brooklyn, NY 11217
 Carole Langenback, Vice Chairperson - Women 4261 S. 184th St., Seattle, WA 98188
 Jerome J. Perry, Secretary 3125 Eton Rd., Raleigh, NC 27608
 George Vernosky, Treasurer 5004 Glen Cove Pkwy., Bethesda, MD 20016

TAC Masters Long Distance Running is staffed entirely by volunteers who are elected at the annual TAC/USA Convention by delegates from member associations. At the annual convention the bids for championships are reviewed and voted on by the delegates. Awards are determined and announced. Outstanding Masters Athletes are recognized. Rules are reviewed and discussed in meetings of the MLDR delegates. All delegates then gather to transact the business of the whole organization.

To affect your greatest influence in the development of our sport, I urge you to contact your association representatives and let them know of your interest. Organize and hold association championships as a step to development of regional championships. The National TAC/USA MLDR officers can help you develop a regional championship.

National Championships already awarded are shown on the back page. Submit your bids for those still open in 1985 and 1986. The National Committee will make awards by October 1, on those championships which are to be scheduled during the first 6 months of the following year.

Masters long distance runners participate as organizers, officials and competitors at all kinds of athletic events. Many are regular competitors in track and field events and therefor contribute to the publication of *Masters Age Records*.

1984 TAC/USA Masters LDR Championships

5K Road Race	February 5	Clearwater, Florida	Richard Lacey, 1207 Duncan Ave., Clearwater, FL 33518. (813) 447-7181
20K Road Race	March 25	Fair Oaks, California	John Mansoor, P.O. Box 1495, Fair Oaks, CA 95628. (916) 966-6185.
10K Road Race	April 17	Brooklyn, New York	Bob Fine, 77 Prospect Pl., Brooklyn, NY 11217. (212) 789-6622.
Marathon	May 6	Lincoln, Nebraska	Jim Lewis, 2900 John Ave., Loncoln, NB 68502. (402) 489-4030.
25K Road Race	May 27	Washington, D.C.	Charles DesJardins, 5428 Southport Ln., Fairfax, VA 27032. (703) 250-7955.
15K Road Race	July 17	Troy, New York	Earl Reed, P.O. Box 1200, Troy, NY 12181. (315) 896-6372.
50K Road Race	September 23	Washington, D.C.	Richard M. Good, 8150 Lakecrest Dr. 44, Greenbelt, MD 20770. (301) 345-3386 & 454-5640.
Half Marathon	September 23	Kettering, Ohio	Steven Barr, 3700 Far Hills Ave., Kettering, OH 45429. (513) 298-2391.
15K Cross Country	November 3	Houston, Texas	Eddy Lang, 14 Sandalwood, Houston, TX 77024.
10K Cross Country	November 17	Clarksburg, New Jersey	Ron Salvie, Squan Rd., Clarksburg, NJ 08510. (609) 259-9268.
50 Mile Road Race	November 18	Buffalo, New York	David Broad, Dept. of Athletics, Buffalo State Univ., 1300 Elmwood Ave., Buffalo, NY 14222.
5K Cross Country	November 24	Seattle, Washington	Carole Langenbach, 4261 S. 184th., Seattle, WA 98188. (206) 433-8868.
8K Road Race	December 8	San Diego, CA	To be announced.
30K Road Race	TBA	Arkansas	Cliff Sharp, Harding University, Search, AR 72143. (501) 268-6161.
100 Mile Road Race	TBA	New York City	Vince Chiapetta, 3400 Corlear Ave., Bronx, NY 10463. (212) 796-5189.
Canada/USA X-C	TBA	Syracuse, New York	Jerry Smith, Syracuse Track Club, The Addic Co., 449 S. Salina St., Syracuse, NY 13202.

1985 TAC/USA Masters LDR Championships

10K Road Race	January 10	Clearwater, Florida	Richard Lacey, 1207 Duncan Ave., Clearwater, FL 33518. (813) 447-7181.
15K Road Race	May 5	Edina, Minnesota	Jack Moran, 5429 Wooddale Ave., Edina, MN 55425. (612) 373-2165 & (612) 920-0558.
Marathon	November 3	Washington, D.C.	Charles DesJardins, 5428 Southport Ln., Fairfax, VA 27032. (703) 250-7955.
30K Road Race	December 7	Houston, Texas	Dave Bethany, 3201 Wheeler, TSU Box 382, Houston, TX 77004. (713) 527-7258 & 649-1665.