

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 1 W30 60 Meter Dash**

Name	Age Team	Finals	Points
Finals			
1 # 98 Borders, Christy	W30 Southwest Sp	8.49	8
2 # 239 Downey, Sophia	W31 Unattached	8.50	6
3 # 932 Trenor, Beth	W34 Atlanta Track Club	11.29	4
4 # 888 Stasulis, Angelin	W32 Atlanta Track Club	13.46	3
-- # 524 *Liang, Grace	W32 China	X8.31	

Event 2 W35 60 Meter Dash

Name	Age Team	Finals	Points
USA: R 7.75			
WMA: W 7.01			
Finals			
1 # 595 McIntyre, Inga	W38 Unattached	8.05	8
2 # 625 Mock, Jill	W38 Unattached	8.53	6
3 # 472 Kelly, Nicole	W38 Unattached	8.60	4
4 # 247 Duncan, Pia	W36 Unattached	9.93	3
-- # 652 *Mullings, Sheree	W37 Canada	X8.71	

Event 3 W40 60 Meter Dash**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Name	Age Team	Prelims	H#
USA: R 7.78			
WMA: W 7.17			
Preliminaries			
1 # 78 Bernert, Brandi	W40 Southwest Sp	8.09Q	2
2 # 772 Roberts, Amanda	W41 Unattached	8.24Q	1
3 # 255 Edwards, Lisa	W40 Unattached	8.40Q	2
4 # 521 Lewandowski, Dari	W43 Greenville T	8.56Q	1
5 # 575 McAllister, Shame	W42 Unattached	8.47q	2
6 # 914 Taylor, Alyassia	W42 Bella N Motion	8.61q	1
7 # 134 Bussey, Kelley	W43 Unattached	8.93q	2
8 # 941 Tyler, Yasmeen	W41 Unattached	8.98q	2 8.971
9 # 782 Rogers, Jeanette	W44 Southwest Sp	8.98	1 8.976
10 # 650 Muhammad, Zakiyya	W41 Hershey Blaz	9.01	2
11 # 1004 Willis, Tomika	W41 Personal Tou	9.16	1
12 # 552 Manns, DaBeth	W42 TNT Internat	11.59	1

Event 3 W40 60 Meter Dash

Name	Age Team	Finals	Points
USA: R 7.78			
WMA: W 7.17			
Finals			
1 # 78 Bernert, Brandi	W40 Southwest Sp	8.06	8
2 # 772 Roberts, Amanda	W41 Unattached	8.13	6
3 # 255 Edwards, Lisa	W40 Unattached	8.44	4
4 # 521 Lewandowski, Dari	W43 Greenville T	8.45	3
5 # 575 McAllister, Shame	W42 Unattached	8.48	2
6 # 914 Taylor, Alyassia	W42 Bella N Motion	8.62	1

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Results****....Event 3 W40 60 Meter Dash**

7 #	941 Tyler, Yasmeen	W41 Unattached	8.90
8 #	134 Bussey, Kelley	W43 Unattached	8.94

Event 4 W45 60 Meter Dash

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USA: R 7.86

WMA: W 7.30

Name	Age Team	Finals	Points
1 # 688 Oneill, Michelle	W46 Charlotte Tr	8.36	8
2 # 779 Rodriguez, Patric	W48 Unattached	8.56	6
3 # 211 Cypress, Jill	W46 TNT Internat	8.60	4
4 # 227 Dierauer, Isabell	W46 Southwest Ohio TC	9.00	3
5 # 104 Bragg, Bernice	W47 Philadelphia	9.12	2
6 # 46 Barnes, Julie	W49 Unattached	10.75	1
-- # 919 *Thompson, Marsha	W47 Canada	X9.08	

Event 5 W50 60 Meter Dash**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

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USA: R 8.03

WMA: W 8.03

Name	Age Team	Prelims	H#
Preliminaries			
1 # 593 Mcgowan, Emmanuel	W50 Maximum Quot	8.55Q	1
2 # 781 Rogers, Ella	W51 Potomac Vall	8.87Q	2
3 # 109 Brockner, Roxanne	W53 Northport Ru	8.59Q	1
4 # 413 Hoslyn, Rosemarie	W52 Philadelphia	9.20Q	2
5 # 963 Walker, Melanie	W50 Charlotte Tr	8.89Q	1
6 # 986 Whitten, Stephani	W51 Unattached	9.29Q	2
7 # 791 Roux, Maryline	W52 Athena Track Club	9.21q	1
8 # 162 Chambers, Denise	W54 Unattached	9.50q	2
9 # 309 Gibson, Dr Koura	W54 Potomac Vall	9.88	1
10 # 606 Meko, Jennifer	W53 Unattached	10.37	2
11 # 157 Carty-Dumitrescu,	W52 Southwest Sp	10.60	2

Event 5 W50 60 Meter Dash

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USA: R 8.03

WMA: W 8.03

Name	Age Team	Finals	Points
Finals			
1 # 593 Mcgowan, Emmanuel	W50 Maximum Quot	8.39	8
2 # 109 Brockner, Roxanne	W53 Northport Ru	8.54	6
3 # 781 Rogers, Ella	W51 Potomac Vall	8.87	4
4 # 963 Walker, Melanie	W50 Charlotte Tr	8.93	3
5 # 413 Hoslyn, Rosemarie	W52 Philadelphia	9.15	2
6 # 791 Roux, Maryline	W52 Athena Track Club	9.21	1
7 # 986 Whitten, Stephani	W51 Unattached	9.25	
8 # 162 Chambers, Denise	W54 Unattached	9.60	

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 6 W55 60 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

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55 USA: R 8.48

55 WMA: W 8.01

Name	Age	Team	Prelims	H#
=====				
Preliminaries				
1 # 943 Upshaw, Joy	W58	Joy's Jackra	8.66Q	2
2 # 935 Triolo, Sandy	W56	Athena Track Club	8.93Q	1
3 # 754 Reid, Johnnie	W56	Unattached	8.86Q	2
4 # 404 Hoffman, Debra	W59	Joy's Jackra	9.02Q	1
5 # 10 Allen, Adriene	W57	Athena Track Club	9.14q	1
6 # 749 Rath, Terri	W55	Athena Track Club	9.20q	2
7 # 837 Shannon, Janean	W56	Unattached	9.45q	2
8 # 373 Harvey, Kathy	W58	TNT Internat	10.15q	2
9 # 750 Rea, Gloria	W57	Unattached	10.61	1

Event 6 W55 60 Meter Dash

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55 USA: R 8.48

55 WMA: W 8.01

Name	Age	Team	Finals	Points
=====				
Finals				
1 # 943 Upshaw, Joy	W58	Joy's Jackra	8.60	8
2 # 754 Reid, Johnnie	W56	Unattached	8.89	6
3 # 935 Triolo, Sandy	W56	Athena Track Club	8.96	4
4 # 404 Hoffman, Debra	W59	Joy's Jackra	8.99	3
5 # 749 Rath, Terri	W55	Athena Track Club	9.13	2
6 # 10 Allen, Adriene	W57	Athena Track Club	9.18	1
7 # 837 Shannon, Janean	W56	Unattached	9.47	

Event 7 W60 60 Meter Dash

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USA: R 8.87

WMA: W 8.56

Name	Age	Team	Finals	Points
=====				
1 # 1006 Wilson, Linda	W60	Unattached	8.89	8
2 # 101 Bowman, Becky	W60	Joy's Jackra	9.25	6
3 # 829 Scotti, Amanda	W61	Joy's Jackra	9.59	4
4 # 721 Phelps, Jo	W60	TNT Internat	10.03	3
5 # 220 DeHaven, Deborah	W60	Philadelphia	10.25	2
6 # 320 Good, Katherine K	W61	Potomac Vall	10.66	1
7 # 1027 Zukas, Donna	W63	Unattached	12.18	
8 # 399 Hinton, Dianna	W61	Atlanta Track Club	15.42	

Event 8 W65 60 Meter Dash

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USA: R 9.03

WMA: W 8.80

Name	Age	Team	Finals	Points
=====				
1 # 723 Phillips, Hannah	W66	Potomac Vall	10.36	8
2 # 315 Glynn, Kay	W66	Unattached	10.52	6
3 # 363 Hargrave, Susan	W68	Unattached	10.59	4

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Results

....Event 8 W65 60 Meter Dash

4 #	372 Hartzler, Mary	W69 Unattached	11.35	3
5 #	154 Carter, Deborah	W66 Atlanta Track Club	12.20	2
-- #	355 *Hancock, Elizabe	W66 Australia	X15.16	

Event 10 W70 60 Meter Dash

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USA: R 9.21

WMA: W 9.21

Name	Age Team	Finals	Points
1 # 553 Marcelais, Cynthi	W70 Unattached	10.87	8
2 # 283 Flynn, Joyce	W72 Unattached	11.92	6
3 # 783 Rogers, Lynne	W72 Unattached	11.94	4
4 # 966 Warren, Barbara	W72 Capital City	11.96	3
5 # 425 Ingles, Laura	W72 Potomac Vall	30.28	2

Event 11 W75 60 Meter Dash

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USA: R 9.49

WMA: W 9.40

Name	Age Team	Finals	Points
1 # 775 Robinson, Mary	W76 Unattached	11.65	8
2 # 344 Guardino, Louise	W78 Piedmont Pac	11.77	6
3 # 386 Hensley, Barbara	W75 Southwest Ohio TC	12.28	4
4 # 153 Carter, Ann	W77 Unattached	13.29	3
5 # 845 Simpson, Jane	W77 TNT Internat	14.28	2

Event 12 W80 60 Meter Dash

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80 USA: R 10.37

80 WMA: W 10.37

Name	Age Team	Finals	Points
1 # 336 Green, Rose	W80 Potomac Vall	12.20	8
2 # 236 Donley, Christel	W84 Colorado Mas	13.86	6

Event 12 W85 60 Meter Dash

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85 USA: R 14.32

85 WMA: W 12.57

Name	Age Team	Finals	Points
1 # 680 Obera, Irene	W85 Sierra Gold	13.76R	8

Event 12 W90 60 Meter Dash

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90 USA: R 16.67

90 WMA: W 15.14

Name	Age Team	Finals	Points
1 # 527 Lindberg, Betty	W94 Atlanta Track Club	21.15	8

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 21 W30 200 Meter Dash**

Name	Age Team	Finals	Points
1 # 239 Downey, Sophia	W31 Unattached	26.96	8
2 # 362 Hansley, LaToya	W31 Port City Tr	35.90	6
3 # 888 Stasulis, Angelin	W32 Atlanta Track Club	43.89	4
-- # 524 *Liang, Grace	W32 China	X27.92	

Event 22 W35 200 Meter Dash

Name	Age Team	Finals	Points
USA: R 25.04			
WMA: W 23.04			
1 # 330 Grant, Easter	W35 Southwest Sp	27.00	8
2 # 595 McIntyre, Inga	W38 Unattached	27.27	6
3 # 625 Mock, Jill	W38 Unattached	28.91	4
4 # 472 Kelly, Nicole	W38 Unattached	29.77	3
5 # 477 King, Camile	W36 Port City Tr	33.15	2

Event 23 W40 200 Meter Dash**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

Name	Age Team	Prelims	H#
USA: R 25.34			
WMA: W 23.93			
Preliminaries			
1 # 630 Monteleone, Cynth	W43 Southwest Sp	27.11Q	1
2 # 772 Roberts, Amanda	W41 Unattached	27.76Q	2
3 # 255 Edwards, Lisa	W40 Unattached	28.07Q	2
4 # 914 Taylor, Alyassia	W42 Bella N Motion	29.13Q	1
5 # 941 Tyler, Yasmeen	W41 Unattached	30.28q	2
6 # 650 Muhammad, Zakiyya	W41 Hershey Blaz	30.56q	1
7 # 134 Bussey, Kelley	W43 Unattached	30.92	2
8 # 572 Mayhewrozek, Anna	W43 Atlanta Track Club	32.06	1
9 # 456 *Johnson, Tiombe	W44 Jamaica	X35.57	1

Event 23 W40 200 Meter Dash

Name	Age Team	Finals	Points
USA: R 25.34			
WMA: W 23.93			
Finals			
1 # 630 Monteleone, Cynth	W43 Southwest Sp	26.63	8
2 # 255 Edwards, Lisa	W40 Unattached	27.20	6 27.198
3 # 772 Roberts, Amanda	W41 Unattached	27.20	4 27.200
4 # 914 Taylor, Alyassia	W42 Bella N Motion	29.55	3
5 # 941 Tyler, Yasmeen	W41 Unattached	30.42	2
6 # 650 Muhammad, Zakiyya	W41 Hershey Blaz	31.18	1

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Results****Event 24 W45 200 Meter Dash**

USA: R 25.47

WMA: W 25.44

Name	Age Team	Finals	Points
1 # 688 Oneill, Michelle	W46 Charlotte Tr	28.32	8
2 # 1007 Wilson, Sheena	W45 Unattached	31.59	6
3 # 370 Harris, Nicole	W45 Philadelphia	31.82	4
4 # 104 Bragg, Bernice	W47 Philadelphia	32.14	3
5 # 497 Lain, Stephanie	W49 Santa Cruz TC	33.77	2

Event 25 W50 200 Meter Dash**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

USA: R 26.24

WMA: W 25.94

Name	Age Team	Prelims	H#
Preliminaries			
1 # 109 Brockner, Roxanne	W53 Northport Ru	28.25Q	2
2 # 413 Hoslyn, Rosemarie	W52 Philadelphia	30.63Q	1
3 # 593 Mcgowan, Emmanuel	W50 Maximum Quot	28.68Q	2
4 # 791 Roux, Maryline	W52 Athena Track Club	30.84Q	1
5 # 963 Walker, Melanie	W50 Charlotte Tr	30.08q	2
6 # 781 Rogers, Ella	W51 Potomac Vall	30.56q	2
7 # 986 Whitten, Stephani	W51 Unattached	31.34	1
8 # 380 Hedges, Jennifer	W53 Joy's Jackra	31.50	1
9 # 150 Carlton, Karen	W52 Bella N Motion	31.88	2
10 # 79 Bey, Cheryl	W54 Charlotte Tr	32.25	1
11 # 157 Carty-Dumitrescu,	W52 Southwest Sp	37.49	1
12 # 606 Meko, Jennifer	W53 Unattached	37.61	2

Event 25 W50 200 Meter Dash

USA: R 26.24

WMA: W 25.94

Name	Age Team	Finals	Points
Finals			
1 # 593 Mcgowan, Emmanuel	W50 Maximum Quot	27.39	8
2 # 109 Brockner, Roxanne	W53 Northport Ru	28.29	6
3 # 413 Hoslyn, Rosemarie	W52 Philadelphia	30.16	4
4 # 963 Walker, Melanie	W50 Charlotte Tr	30.27	3
5 # 781 Rogers, Ella	W51 Potomac Vall	30.66	2
6 # 791 Roux, Maryline	W52 Athena Track Club	30.88	1

Event 26 W55 200 Meter Dash**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

USA: R 27.51

WMA: W 26.13

Name	Age Team	Prelims	H#
Preliminaries			
1 # 943 Upshaw, Joy	W58 Joy's Jackra	29.11Q	1
2 # 10 Allen, Adriene	W57 Athena Track Club	32.84Q	2

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Results****....Event 26 W55 200 Meter Dash**

3 #	404 Hoffman, Debra	W59	Joy's Jackra	29.69Q	1
4 #	935 Triolo, Sandy	W56	Athena Track Club	32.95Q	2
5 #	749 Rath, Terri	W55	Athena Track Club	31.13q	1
6 #	642 Morman-Matthews,	W56	Potomac Vall	34.48q	2
7 #	373 Harvey, Kathy	W58	TNT Internat	34.91	2
8 #	750 Rea, Gloria	W57	Unattached	39.30	1
9 #	730 Popovitch, Cather	W57	Philadelphia	39.55	1

Event 26 W55 200 Meter Dash

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USA: R 27.51

WMA: W 26.13

Name	Age	Team	Finals	Points		
=====						
Finals						
1 #	943	Upshaw, Joy	W58	Joy's Jackra	28.85	8
2 #	404	Hoffman, Debra	W59	Joy's Jackra	29.47	6
3 #	10	Allen, Adriene	W57	Athena Track Club	30.07	4
4 #	935	Triolo, Sandy	W56	Athena Track Club	30.27	3
5 #	749	Rath, Terri	W55	Athena Track Club	30.92	2
6 #	642	Morman-Matthews,	W56	Potomac Vall	35.42	1

Event 27 W60 200 Meter Dash

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USA: R 28.94

WMA: W 28.23

Name	Age	Team	Finals	Points		
=====						
1 #	101	Bowman, Becky	W60	Joy's Jackra	31.46	8
2 #	890	Stein, Carol	W62	So Cal Track Club	34.77	6
3 #	220	DeHaven, Deborah	W60	Philadelphia	35.30	4
4 #	320	Good, Katherine K	W61	Potomac Vall	36.62	3
5 #	792	Row, Elizabeth	W63	Potomac Vall	47.24	2

Event 28 W65 200 Meter Dash

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USA: R 30.28

WMA: W 30.10

Name	Age	Team	Finals	Points		
=====						
1 #	723	Phillips, Hannah	W66	Potomac Vall	35.73	8
2 #	315	Glynn, Kay	W66	Unattached	36.52	6
3 #	363	Hargrave, Susan	W68	Unattached	37.21	4
4 #	372	Hartzler, Mary	W69	Unattached	40.07	3

Event 29 W70 200 Meter Dash

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USA: R 31.86

WMA: W 31.86

Name	Age	Team	Finals	Points		
=====						
1 #	4	Aderhold, Susan	W71	Atlanta Track Club	38.56	8
2 #	553	Marcelais, Cynthi	W70	Unattached	41.63	6
3 #	966	Warren, Barbara	W72	Capital City	47.49	4
4 #	608	Melton, Judy	W71	Atlanta Track Club	1:17.45	3

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Results****Event 30 W75 200 Meter Dash**

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USA: R 33.06

WMA: W 33.06

Name	Age Team	Finals	Points
1 # 775 Robinson, Mary	W76 Unattached	42.69	8
2 # 344 Guardino, Louise	W78 Piedmont Pac	42.86	6
3 # 386 Hensley, Barbara	W75 Southwest Ohio TC	45.42	4
4 # 744 Radle, Catherine	W75 Atlanta Track Club	46.90	3
5 # 845 Simpson, Jane	W77 TNT Internat	57.10	2
6 # 884 Staab, Angela	W76 Piedmont Pac	58.53	1

Event 31 W80 200 Meter Dash

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80 USA: R 36.53

80 WMA: W 36.53

Name	Age Team	Finals	Points
1 # 336 Green, Rose	W80 Potomac Vall	39.78	8
2 # 215 Daprano, Jeanne	W82 Atlanta Track Club	49.38	6

Event 31 W85 200 Meter Dash

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85 USA: R 54.70

85 WMA: W 51.80

Name	Age Team	Finals	Points
1 # 680 Obera, Irene	W85 Sierra Gold	53.61R	8

Event 31 W90 200 Meter Dash

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90 USA: R 1:22.94

90 WMA: W 1:00.72

Name	Age Team	Finals	Points
1 # 527 Lindberg, Betty	W94 Atlanta Track Club	1:15.77R	8

Event 41 W30 400 Meter Dash

Name	Age Team	Finals	Points
1 # 239 Downey, Sophia	W31 Unattached	1:01.86	8
2 # 987 Wiatt, Laura	W33 Forest Hills	1:06.98	6
3 # 932 Trenor, Beth	W34 Atlanta Track Club	1:18.34	4
4 # 888 Stasulis, Angelin	W32 Atlanta Track Club	1:30.32	3
5 # 724 Phillips, Lacey	W32 Atlanta Track Club	1:48.94	2

Event 42 W35 400 Meter Dash

=====

USA: R 52.21

WMA: W 51.99

Name	Age Team	Finals	Points
1 # 11 Allen, Ahndraea	W37 Southwest Sp	1:03.42	8
2 # 416 Howard, Katie	W35 Unattached	1:03.67	6
3 # 228 Dietrich, Alex	W39 So Cal Track Club	1:17.19	4

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

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Results

....Event 42 W35 400 Meter Dash

4 # 477 King, Camile W36 Port City Tr 1:17.26 3

Event 43 W40 400 Meter Dash

USA: R 57.40

WMA: W 56.15

Name	Age	Team	Finals	Points
1 # 630 Monteleone, Cynth	W43	Southwest Sp	59.50	8
2 # 255 Edwards, Lisa	W40	Unattached	1:01.21	6
3 # 494 Kvilhaug, Amy	W44	Central Park	1:06.98	4
4 # 539 Ludwick, Julia	W42	Unattached	1:07.78	3
5 # 559 Martin, Tiffany	W44	Unattached	1:20.93	2
-- # 853 *Smart, Olive	W44	Trinidad and Tobago	X1:08.58	

Event 44 W45 400 Meter Dash

USA: R 59.30

WMA: W 56.99

Name	Age	Team	Finals	Points
1 # 297 Friend-Uhl, Sonja	W47	Atlanta Track Club	1:03.01	8
2 # 223 DeOliveira, Diann	W48	Bella N Motion	1:05.03	6
3 # 927 To taro, Joan	W47	Bella N Motion	1:09.76	4
4 # 370 Harris, Nicole	W45	Philadelphia	1:14.83	3
5 # 90 Bloxson, Patricia	W48	Port City Tr	1:34.14	2

Event 45 W50 400 Meter Dash

USA: R 1:02.24

WMA: W 1:00.17

Name	Age	Team	Finals	H#	Points
1 # 109 Brockner, Roxanne	W53	Northport Ru	1:07.01	2	8
2 # 150 Carlton, Karen	W52	Bella N Motion	1:10.38	1	6
3 # 413 Hoslyn, Rosemarie	W52	Philadelphia	1:12.26	2	4
4 # 986 Whitten, Stephani	W51	Unattached	1:12.89	1	3
5 # 1009 Wilton, Lane	W53	Charlotte Tr	1:13.03	2	2
6 # 162 Chambers, Denise	W54	Unattached	1:14.35	1	1
-- # 51 *Barr, Clare	W51	Great Britai	X1:08.88	2	

Event 46 W55 400 Meter Dash

USA: R 1:06.79

WMA: W 1:02.11

Name	Age	Team	Finals	H#	Points
1 # 586 McDonald, Sue	W55	T.H.E. Track Team	1:06.98	2	8
2 # 10 Allen, Adriene	W57	Athena Track Club	1:09.04	2	6
3 # 749 Rath, Terri	W55	Athena Track Club	1:10.67	2	4
4 # 446 Jasper, Lorraine	W57	Athena Track Club	1:10.74	2	3
5 # 454 Johnson, Paula	W57	Atlanta Track Club	1:21.38	1	2
6 # 373 Harvey, Kathy	W58	TNT Internat	1:21.90	2	1
7 # 911 Tanner, Robin	W58	Atlanta Track Club	1:23.55	1	
8 # 306 Geiger, Gail	W55	Genesee Vall	1:25.35	1	

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Results****....Event 46 W55 400 Meter Dash**

9 #	730 Popovitch, Cather	W57 Philadelphia	1:27.44	1
-- #	935 Triolo, Sandy	W56 Athena Track Club	DNF	2

Event 47 W60 400 Meter Dash

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USA: R 1:08.34

WMA: W 1:04.76

Name	Age Team	Finals	Points
1 # 400 Hinz, Lesley	W60 T.H.E. Track Team	1:13.66	8
2 # 101 Bowman, Becky	W60 Joy's Jackra	1:19.90	6
3 # 241 Drait, Ida	W63 Potomac Vall	1:26.73	4
4 # 792 Row, Elizabeth	W63 Potomac Vall	1:42.67	3

Event 51 W65 400 Meter Dash

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USA: R 1:11.89

WMA: W 1:10.34

Name	Age Team	Finals	Points
1 # 723 Phillips, Hannah	W66 Potomac Vall	1:24.97	8
2 # 372 Hartzler, Mary	W69 Unattached	1:42.30	6
3 # 88 Blank, Betty	W66 Potomac Vall	1:44.46	4

Event 52 W70 400 Meter Dash

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USA: R 1:20.16

WMA: W 1:17.74

Name	Age Team	Finals	Points
1 # 4 Aderhold, Susan	W71 Atlanta Track Club	1:29.81	8
2 # 292 Frable, Kathleen	W73 So Cal Track Club	1:55.69	6
3 # 608 Melton, Judy	W71 Atlanta Track Club	3:16.82	4

Event 53 W75 400 Meter Dash

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USA: R 1:21.28

WMA: W 1:21.28

Name	Age Team	Finals	Points
1 # 863 Smith, Mary	W78 Colorado Mas	1:30.75	8
2 # 775 Robinson, Mary	W76 Unattached	1:41.11	6
3 # 386 Hensley, Barbara	W75 Southwest Ohio TC	1:47.51	4
4 # 744 Radle, Catherine	W75 Atlanta Track Club	1:50.82	3
5 # 884 Staab, Angela	W76 Piedmont Pac	2:17.60	2

Event 54 W80 400 Meter Dash

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80 USA: R 1:34.25

80 WMA: W 1:31.10

Name	Age Team	Finals	Points
1 # 336 Green, Rose	W80 Potomac Vall	1:59.89	8
2 # 215 Daprano, Jeanne	W82 Atlanta Track Club	2:03.19	6
3 # 424 Hurrell, Lynne	W84 Sierra Gold	2:09.94	4

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Results****Event 54 W85 400 Meter Dash**

85 USA: R 2:28.76

85 WMA: W 2:11.47

Name	Age Team	Finals	Points
1 # 680 Obera, Irene	W85 Sierra Gold	2:10.23W	8

Event 60 W30 800 Meter Run

Name	Age Team	Finals	Points
1 # 987 Wiatt, Laura	W33 Forest Hills	2:30.92	8
36.568 (36.568)	1:13.472 (36.905)	1:51.884 (38.413)	2:30.911 (39.027)
2 # 1018 Wright, Amanda	W31 Whirlaway Ra	2:39.56	6
38.207 (38.207)	1:18.032 (39.825)	1:58.362 (40.330)	2:39.555 (41.194)
3 # 932 Trenor, Beth	W34 Atlanta Track Club	3:14.43	4
46.829 (46.829)	1:35.578 (48.749)	2:25.764 (50.186)	3:14.422 (48.659)
4 # 888 Stasulis, Angelin	W32 Atlanta Track Club	3:39.09	3
53.462 (53.462)	1:48.374 (54.912)	2:44.889 (56.516)	3:39.087 (54.198)
-- # 131 *Burgess, Valetta	W31 U.S. Virgin Islands	X2:29.22	
38.468 (38.468)	1:16.004 (37.537)	1:53.420 (37.416)	2:29.214 (35.795)

Event 60 W35 800 Meter Run

35 USA: R 2:01.71

35 WMA: W 1:58.37

Name	Age Team	Finals	Points
1 # 416 Howard, Katie	W35 Unattached	2:30.33	8
35.999 (35.999)	1:12.990 (36.991)	1:51.634 (38.644)	2:30.326 (38.693)
2 # 810 Sandler, Rachel	W36 Unattached	2:37.92	6
38.747 (38.747)	1:18.557 (39.810)	1:58.447 (39.890)	2:37.918 (39.471)
3 # 341 Grindstaff, Becky	W38 Knoxville Tr	2:43.00	4
39.211 (39.211)	1:19.259 (40.048)	2:00.508 (41.250)	2:42.994 (42.487)
4 # 728 Pletcher, Caitlin	W36 Bella N Motion	2:43.61	3
39.089 (39.089)	1:19.169 (40.080)	2:02.389 (43.221)	2:43.602 (41.213)
5 # 228 Dietrich, Alex	W39 So Cal Track Club	3:04.57	2
42.638 (42.638)	1:28.843 (46.205)	2:16.850 (48.008)	3:04.568 (47.718)

Event 61 W40 800 Meter Run

USA: R 2:05.75

WMA: W 2:01.59

Name	Age Team	Finals	Points
1 # 494 Kvilhaug, Amy	W44 Central Park	2:31.34	8
36.097 (36.097)	1:12.753 (36.656)	1:50.998 (38.246)	2:31.337 (40.339)
2 # 465 Josiah-Tanner, Eu	W44 So Cal Track Club	2:39.19	6
37.371 (37.371)	1:15.914 (38.544)	1:57.092 (41.178)	2:39.189 (42.098)
3 # 572 Mayhewrozek, Anna	W43 Atlanta Track Club	2:44.86	4
39.438 (39.438)	1:20.564 (41.127)	2:03.079 (42.515)	2:44.858 (41.780)
4 # 539 Ludwick, Julia	W42 Unattached	2:45.48	3
39.041 (39.041)	1:20.703 (41.662)	2:03.414 (42.712)	2:45.478 (42.064)
5 # 338 Gregory, Marilyn	W44 TNT Internat	2:49.29	2
40.103 (40.103)	1:22.630 (42.527)	2:06.409 (43.780)	2:49.283 (42.874)

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Results****....Event 61 W40 800 Meter Run**

6 #	143 Cane, Debra	W43 So Cal Track Club	3:06.31	1	
	43.230 (43.230)	1:31.550 (48.320)	2:19.300 (47.750)	3:06.307 (47.007)	
7 #	949 Vaughn, Kisha	W44 Unattached	3:23.79		
	41.943 (41.943)	1:31.992 (50.049)	2:26.358 (54.366)	3:23.782 (57.425)	
8 #	559 Martin, Tiffany	W44 Unattached	3:30.89		
	45.567 (45.567)	1:38.514 (52.948)	2:36.326 (57.812)	3:30.887 (54.561)	
-- #	853 *Smart, Olive	W44 Trinidad and Tobago	X2:41.57		
	39.293 (39.293)	1:20.285 (40.992)	2:02.813 (42.528)	2:41.569 (38.757)	

Event 62 W45 800 Meter Run

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USA: R 2:14.38

WMA: W 2:14.38

Name	Age Team	Finals	Points
1 # 297 Friend-Uhl, Sonja	W47 Atlanta Track Club	2:21.50	8
34.225 (34.225)	1:08.130 (33.905)	1:43.666 (35.536)	2:21.500 (37.835)
2 # 223 DeOliveira, Diann	W48 Bella N Motion	2:30.57	6
37.181 (37.181)	1:15.038 (37.857)	1:53.733 (38.695)	2:30.569 (36.837)
3 # 701 Parker, Kara	W49 Unattached	2:38.68	4
37.566 (37.566)	1:17.717 (40.151)	1:58.337 (40.620)	2:38.673 (40.336)
4 # 927 To taro, Joan	W47 Bella N Motion	2:40.33	3
39.798 (39.798)	1:21.289 (41.492)	2:02.307 (41.018)	2:40.323 (38.017)
5 # 798 Rupp, Jo	W45 Philadelphia	2:53.77	2
40.979 (40.979)	1:23.241 (42.262)	2:07.087 (43.846)	2:53.765 (46.679)
6 # 332 Grant, Tanja	W47 Unattached	3:24.00	1
41.858 (41.858)	1:27.085 (45.228)	2:21.188 (54.104)	3:23.997 (1:02.809)
7 # 659 Nana-Sinkam, Meag	W47 TNT Internat	4:03.54	
58.226 (58.226)	2:00.752 (1:02.526)	3:04.183 (1:03.432)	4:03.531 (59.348)

Event 63 W50 800 Meter Run

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USA: R 2:18.14

WMA: W 2:16.73

Name	Age Team	Finals	Points
1 # 944 Valle, Lisa	W52 New Mexico TC	2:31.57	8
37.796 (37.796)	1:16.059 (38.263)	1:54.294 (38.235)	2:31.569 (37.275)
2 # 785 Rohl, Michelle	W53 Unattached	2:31.74	6
36.795 (36.795)	1:14.544 (37.749)	1:53.336 (38.793)	2:31.740 (38.405)
3 # 198 Craig, Julie	W52 Unattached	2:39.11	4
38.811 (38.811)	1:17.934 (39.123)	1:58.125 (40.192)	2:39.107 (40.982)
4 # 683 Olen, Christine	W51 HOKA Aggie R	2:41.51	3
38.569 (38.569)	1:17.011 (38.443)	1:57.044 (40.034)	2:41.505 (44.461)
5 # 20 Anderson, Kimberl	W53 TNT Internat	2:42.06	2
38.013 (38.013)	1:17.172 (39.160)	1:58.504 (41.332)	2:42.059 (43.556)
6 # 1009 Wilton, Lane	W53 Charlotte Tr	2:47.27	1
39.029 (39.029)	1:18.717 (39.688)	2:01.576 (42.860)	2:47.261 (45.685)
7 # 958 Vollweiler, Jill	W50 So Cal Track Club	2:53.84	
41.270 (41.270)	1:24.181 (42.911)	2:08.799 (44.619)	2:53.836 (45.037)
8 # 150 Carlton, Karen	W52 Bella N Motion	2:55.84	
43.489 (43.489)	1:27.605 (44.116)	2:13.178 (45.573)	2:55.837 (42.660)

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Event 64 W55 800 Meter Run

USA: R 2:31.73

WMA: W 2:27.84

Name	Age	Team	Finals	Points
1 # 586 McDonald, Sue	W55	T.H.E. Track Team	2:30.49R	8
36.626 (36.626)	1:13.137 (36.511)	1:51.098 (37.961)	2:30.486 (39.389)	
2 # 446 Jasper, Lorraine	W57	Athena Track Club	2:36.43	6
38.378 (38.378)	1:16.669 (38.291)	1:56.174 (39.505)	2:36.427 (40.254)	
3 # 470 Kelley, Louise	W55	Athena Track Club	2:42.58	4
39.695 (39.695)	1:20.597 (40.903)	2:02.065 (41.469)	2:42.575 (40.510)	
4 # 378 Hayden, Julie	W59	Athena Track Club	2:44.15	3
40.098 (40.098)	1:20.939 (40.841)	2:02.333 (41.395)	2:44.143 (41.810)	
5 # 682 Ohler, Makie	W56	Sierra Gold	2:47.72	2
40.238 (40.238)	1:21.236 (40.999)	2:03.790 (42.555)	2:47.715 (43.925)	
6 # 869 Snyder, Susan	W57	TNT Internat	2:58.28	1
46.031 (46.031)	1:30.229 (44.198)	2:14.430 (44.201)	2:58.273 (43.844)	
7 # 548 Magnussen, Collee	W58	Genesee Vall	3:12.70	
48.280 (48.280)	1:36.535 (48.256)	2:25.435 (48.900)	3:12.691 (47.257)	
8 # 306 Geiger, Gail	W55	Genesee Vall	3:18.43	
48.635 (48.635)	1:36.933 (48.298)	2:26.907 (49.975)	3:18.425 (51.518)	
9 # 750 Rea, Gloria	W57	Unattached	4:02.40	
52.723 (52.723)	1:51.645 (58.923)	2:55.719 (1:04.074)	4:02.397 (1:06.679)	

Event 66 W60 800 Meter Run

USA: R 2:36.57

WMA: W 2:36.57

Name	Age	Team	Finals	Points
1 # 400 Hinz, Lesley	W60	T.H.E. Track Team	2:51.58	8
49.765 (49.765)	1:29.415 (39.650)	2:12.421 (43.006)	2:51.575 (39.155)	
2 # 616 Miller, Betsy	W61	Team Red Lizard	3:02.26	6
50.098 (50.098)	1:33.699 (43.602)	2:17.249 (43.550)	3:02.253 (45.005)	
3 # 579 McCormack, Amy	W64	Manasota Track Club	3:05.48	4
42.936 (42.936)	1:28.850 (45.915)	2:17.181 (48.331)	3:05.476 (48.295)	
4 # 759 Richards, Mary	W64	T.H.E. Track Team	3:08.39	3
51.183 (51.183)	1:36.920 (45.738)	2:22.881 (45.961)	3:08.382 (45.501)	
5 # 241 Draim, Ida	W63	Potomac Vall	3:15.77	2
44.604 (44.604)	1:33.423 (48.820)	2:24.882 (51.460)	3:15.764 (50.883)	
6 # 67 Bell, Ivy	W63	Central Park	3:17.24	1
51.521 (51.521)	1:37.727 (46.206)	2:27.684 (49.957)	3:17.231 (49.548)	
7 # 792 Row, Elizabeth	W63	Potomac Vall	3:55.42	
51.982 (51.982)	1:50.394 (58.413)	2:52.228 (1:01.834)	3:55.412 (1:03.185)	
-- # 674 *Northcott, Clara	W64	Canada	X3:11.81	
50.699 (50.699)	1:36.616 (45.917)	2:23.899 (47.284)	3:11.803 (47.904)	

Event 67 W65 800 Meter Run

USA: R 2:44.35

WMA: W 2:44.35

Name	Age	Team	Finals	Points
1 # 653 Mullis Dubow, Tre	W65	Atlanta Track Club	3:38.29	8
52.397 (52.397)	1:49.541 (57.145)	2:49.075 (59.535)	3:38.289 (49.215)	

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....Event 67 W65 800 Meter Run

2 #	88 Blank, Betty	W66 Potomac Vall	3:43.38	6
	51.564 (51.564)	1:48.813 (57.250)	2:48.757 (59.944)	3:43.379 (54.623)
3 #	436 Jacobs, Kathy	W66 Piedmont Pac	4:12.68	4
	1:02.073 (1:02.073)	2:06.141 (1:04.068)	3:12.663 (1:06.522)	4:12.678 (1:00.016)
4 #	420 Hudnall, Nonie	W69 Atlanta Track Club	4:13.47	3
	1:00.987 (1:00.987)	2:05.638 (1:04.652)	3:12.180 (1:06.542)	4:13.470 (1:01.290)

Event 68 W70 800 Meter Run

70 USA: R 3:04.69
70 WMA: W 2:58.03

Name	Age Team	Finals	Points
1 # 4 Aderhold, Susan	W71 Atlanta Track Club	3:46.62	8
	55.118 (55.118)	1:56.325 (1:01.207)	2:56.335 (1:00.011)
			3:46.615 (50.280)
2 # 608 Melton, Judy	W71 Atlanta Track Club	6:48.99	6
	1:37.950 (1:37.950)	3:25.613 (1:47.664)	5:11.006 (1:45.394)
			6:48.982 (1:37.976)

Event 68 W75 800 Meter Run

75 USA: R 3:16.21
75 WMA: W 3:16.21

Name	Age Team	Finals	Points
1 # 884 Staab, Angela	W76 Piedmont Pac	5:37.55	8
	1:08.195 (1:08.195)	2:36.935 (1:28.740)	4:08.430 (1:31.495)
			5:37.550 (1:29.121)
2 # 845 Simpson, Jane	W77 TNT Internat	6:28.87	6
	1:34.512 (1:34.512)	3:16.585 (1:42.074)	4:55.015 (1:38.430)
			6:28.870 (1:33.855)

Event 68 W80 800 Meter Run

80 USA: R 3:53.53
80 WMA: W 3:39.51

Name	Age Team	Finals	Points
1 # 424 Hurrell, Lynne	W84 Sierra Gold	4:38.14	8
	1:02.316 (1:02.316)	2:11.452 (1:09.136)	3:25.779 (1:14.327)
			4:38.138 (1:12.360)
2 # 215 Daprano, Jeanne	W82 Atlanta Track Club	4:38.22	6
	1:01.114 (1:01.114)	2:09.385 (1:08.272)	3:23.595 (1:14.210)
			4:38.215 (1:14.621)

Event 80 W30 1 Mile Run

Name	Age Team	Finals	Points
1 # 431 Jackson, Aja	W31 Unattached	5:11.30	8
	39.45 (39.45)	1:16.16 (36.71)	1:55.00 (38.84)
			2:34.71 (39.71)
			3:14.91 (40.20)
			3:55.30 (40.39)
			4:34.62 (39.32)
			5:11.294 (36.68)
2 # 1018 Wright, Amanda	W31 Whirlaway Ra	5:50.92	6
	43.00 (43.00)	1:25.06 (42.06)	2:07.61 (42.55)
			2:51.32 (43.71)
			3:35.77 (44.45)
			4:20.68 (44.91)
			5:05.92 (45.24)
			5:50.914 (45.00)
3 # 987 Wiatt, Laura	W33 Forest Hills	5:55.36	4
	44.11 (44.11)	1:27.50 (43.39)	2:13.72 (46.22)
			3:00.59 (46.87)
			3:46.84 (46.25)
			4:32.23 (45.39)
			5:14.69 (42.46)
			5:55.360 (40.68)

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....Event 80 W30 1 Mile Run

4 #	932 Trenor, Beth	W34 Atlanta Track Club	6:56.22	3		
	52.21 (52.21)	1:45.38 (53.17)	2:39.39 (54.01)		3:33.05 (53.66)	
	4:25.08 (52.03)	5:16.21 (51.13)	6:08.38 (52.17)		6:56.219 (47.85)	
5 #	888 Stasulis, Angelin	W32 Atlanta Track Club	7:36.74	2		
	57.65 (57.65)	1:54.16 (56.51)	2:51.22 (57.06)		3:49.36 (58.14)	
	4:49.11 (59.75)	5:47.85 (58.74)	6:44.70 (56.85)		7:36.733 (52.04)	
6 #	724 Phillips, Lacey	W32 Atlanta Track Club	9:50.70	1		
	1:10.81 (1:10.81)	2:26.29 (1:15.48)	3:43.29 (1:17.00)		4:59.73 (1:16.44)	
	6:15.36 (1:15.63)	7:31.11 (1:15.75)	8:45.95 (1:14.84)		9:50.694 (1:04.75)	

Event 80 W35 1 Mile Run

35 USA: R 4:32.13

35 WMA: W 4:29.46

Name	Age Team	Finals	Points
1 # 678 Nunn, Molly	W35 Twin City Tr	5:16.95	8
40.63 (40.63)	1:19.33 (38.70)	1:59.14 (39.81)	2:38.47 (39.33)
3:18.05 (39.58)	3:58.12 (40.07)	4:38.35 (40.23)	5:16.943 (38.60)
2 # 810 Sandler, Rachel	W36 Unattached	5:44.97	6
43.33 (43.33)	1:25.08 (41.75)	2:07.70 (42.62)	2:51.43 (43.73)
3:35.29 (43.86)	4:20.97 (45.68)	5:03.43 (42.46)	5:44.969 (41.55)
3 # 728 Pletcher, Caitlin	W36 Bella N Motion	5:55.93	4
41.26 (41.26)	1:22.93 (41.67)	2:07.88 (44.95)	2:54.11 (46.23)
3:42.17 (48.06)	4:29.56 (47.39)	5:15.434 (45.88)	5:55.924 (40.490)
4 # 116 Brown, Tamika	W36 Port City Tr	6:10.61	3
40.14 (40.14)	1:21.00 (40.86)	2:06.67 (45.67)	2:53.89 (47.22)
3:42.93 (49.04)	4:33.59 (50.66)	5:22.90 (49.31)	6:10.609 (47.72)
5 # 228 Dietrich, Alex	W39 So Cal Track Club	6:57.30	2
48.62 (48.62)	1:40.19 (51.57)	2:34.89 (54.70)	3:29.96 (55.07)
4:22.76 (52.80)	5:15.72 (52.96)	6:08.10 (52.38)	6:57.297 (49.20)

Event 82 W40 1 Mile Run

USA: R 4:44.81

WMA: W 4:44.81

Name	Age Team	Finals	Points
1 # 465 Josiah-Tanner, Eu	W44 So Cal Track Club	5:36.47	8
44.50 (44.50)	1:27.43 (42.93)	2:10.00 (42.57)	2:52.83 (42.83)
3:35.12 (42.29)	4:17.17 (42.05)	4:58.08 (40.91)	5:36.464 (38.39)
2 # 6 Alder, Janeth	W44 Unattached	5:41.90	6
44.35 (44.35)	1:27.24 (42.89)	2:09.82 (42.58)	2:52.65 (42.83)
3:34.83 (42.18)	4:18.57 (43.74)	5:01.63 (43.06)	5:41.895 (40.27)
3 # 66 Begley, Amy	W41 Atlanta Track Club	5:44.21	4
46.24 (46.24)	1:30.03 (43.79)	2:13.11 (43.08)	2:56.61 (43.50)
3:38.87 (42.26)	4:21.25 (42.38)	5:02.67 (41.42)	5:44.202 (41.54)
4 # 623 Mitchell, Laura	W42 Unattached	5:45.46	3
45.52 (45.52)	1:29.26 (43.74)	2:12.81 (43.55)	2:56.75 (43.94)
3:39.76 (43.01)	4:22.75 (42.99)	5:05.66 (42.91)	5:45.456 (39.80)
5 # 572 Mayhewrozek, Anna	W43 Atlanta Track Club	6:17.20	2
46.94 (46.94)	1:33.04 (46.10)	2:18.47 (45.43)	3:05.26 (46.79)
3:52.24 (46.98)	4:41.24 (49.00)	5:30.70 (49.46)	6:17.192 (46.50)

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....Event 82 W40 1 Mile Run

6 #	908 Taabet, Carrie	W40 Unattached	6:59.33	1		
	47.14 (47.14)	1:35.56 (48.42)	2:28.93 (53.37)		3:24.20 (55.27)	
	4:20.61 (56.41)	5:17.09 (56.48)	6:10.60 (53.51)		6:59.321 (48.73)	
-- #	853 *Smart, Olive	W44 Trinidad and Tobago	X6:43.49			
	47.42 (47.42)	1:34.50 (47.08)	2:23.58 (49.08)		3:13.89 (50.31)	
	4:05.30 (51.41)	4:57.90 (52.60)	5:52.23 (54.33)		6:43.484 (51.26)	

Event 83 W45 1 Mile Run

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USA: R 4:59.72

WMA: W 4:54.82

Name	Age Team	Finals	Points
1 # 297 Friend-Uhl, Sonja	W47 Atlanta Track Club	5:21.79	8
43.15 (43.15)	1:24.95 (41.80)	2:06.18 (41.23)	2:46.05 (39.87)
3:24.48 (38.43)	4:04.05 (39.57)	4:43.63 (39.58)	5:21.788 (38.17)
2 # 701 Parker, Kara	W49 Unattached	5:40.52	6
43.51 (43.51)	1:25.80 (42.29)	2:08.06 (42.26)	2:50.75 (42.69)
3:33.37 (42.62)	4:16.77 (43.40)	5:00.54 (43.77)	5:40.515 (39.99)
3 # 223 DeOliveira, Diann	W48 Bella N Motion	5:42.66	4
43.41 (43.41)	1:25.28 (41.87)	2:06.59 (41.31)	2:47.16 (40.57)
3:28.41 (41.25)	4:12.11 (43.70)	4:58.83 (46.72)	5:42.657 (43.84)
4 # 927 To taro, Joan	W47 Bella N Motion	5:54.10	3
44.00 (44.00)	1:27.86 (43.86)	2:11.49 (43.63)	2:55.54 (44.05)
3:41.00 (45.46)	4:26.93 (45.93)	5:12.10 (45.17)	5:54.097 (42.01)
5 # 798 Rupp, Jo	W45 Philadelphia	6:18.31	2
44.31 (44.31)	1:28.44 (44.13)	2:13.31 (44.87)	2:59.97 (46.66)
3:48.68 (48.71)	4:37.97 (49.29)	5:28.31 (50.34)	6:18.309 (50.01)

Event 84 W50 1 Mile Run

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USA: R 5:08.65

WMA: W 5:03.60

Name	Age Team	Finals	Points
1 # 785 Rohl, Michelle	W53 Unattached	5:36.15	8
46.48 (46.48)	1:27.66 (41.18)	2:10.61 (42.95)	2:54.70 (44.09)
3:36.32 (41.62)	4:16.85 (40.53)	4:56.87 (40.02)	5:36.148 (39.29)
2 # 944 Valle, Lisa	W52 New Mexico TC	5:43.97	6
46.28 (46.28)	1:27.88 (41.60)	2:10.89 (43.01)	2:55.37 (44.48)
3:37.88 (42.51)	4:20.10 (42.22)	5:02.45 (42.35)	5:43.967 (41.53)
3 # 683 Olen, Christine	W51 HOKA Aggie R	5:53.42	4
46.02 (46.02)	1:27.24 (41.22)	2:10.34 (43.10)	2:54.61 (44.27)
3:38.33 (43.72)	4:21.96 (43.63)	5:06.94 (44.98)	5:53.419 (46.49)
4 # 198 Craig, Julie	W52 Unattached	6:06.64	3
46.65 (46.65)	1:28.34 (41.69)	2:11.30 (42.96)	2:55.80 (44.50)
3:40.71 (44.91)	4:28.26 (47.55)	5:17.78 (49.52)	6:06.632 (48.86)
5 # 958 Vollweiler, Jill	W50 So Cal Track Club	6:06.87	2
46.11 (46.11)	1:29.61 (43.50)	2:14.48 (44.87)	3:00.55 (46.07)
3:47.74 (47.19)	4:34.78 (47.04)	5:21.94 (47.16)	6:06.862 (44.93)
6 # 881 Springer, Roxanne	W54 Carolina God	6:34.21	1
47.14 (47.14)	1:29.84 (42.70)	2:14.43 (44.59)	3:01.25 (46.82)
3:51.04 (49.79)	4:43.19 (52.15)	5:36.33 (53.14)	6:34.205 (57.88)

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....Event 84 W50 1 Mile Run

7 #	482 Klein, Tina	W53 T.H.E. Track Team	6:48.69		
	47.77 (47.77)	1:33.29 (45.52)	2:23.77 (50.48)	3:16.66 (52.89)	
	4:09.89 (53.23)	5:03.47 (53.58)	5:56.76 (53.29)	6:48.689 (51.94)	

Event 85 W55 1 Mile Run

=====

USA: R 5:19.87

WMA: W 5:15.44

Name	Age Team	Finals	Points		
1 # 446 Jasper, Lorraine	W57 Athena Track Club	5:52.43	8		
	47.85 (47.85)	1:32.56 (44.71)	2:16.52 (43.96)	3:00.97 (44.45)	
	3:44.23 (43.26)	4:28.56 (44.33)	5:11.48 (42.92)	5:52.422 (40.95)	
2 # 470 Kelley, Louise	W55 Athena Track Club	5:52.60	6		
	47.96 (47.96)	1:32.36 (44.40)	2:16.32 (43.96)	3:00.88 (44.56)	
	3:44.40 (43.52)	4:28.38 (43.98)	5:11.30 (42.92)	5:52.595 (41.30)	
3 # 13 Allen, Michelle	W55 New Balance	5:54.25	4		
	47.37 (47.37)	1:30.47 (43.10)	2:13.99 (43.52)	2:58.11 (44.12)	
	3:42.98 (44.87)	4:27.39 (44.41)	5:11.68 (44.29)	5:54.243 (42.57)	
4 # 682 Ohler, Makie	W56 Sierra Gold	5:55.85	3		
	47.79 (47.79)	1:32.20 (44.41)	2:15.87 (43.67)	3:00.05 (44.18)	
	3:44.60 (44.55)	4:29.21 (44.61)	5:13.80 (44.59)	5:55.843 (42.05)	
5 # 378 Hayden, Julie	W59 Athena Track Club	6:19.44	2		
	47.52 (47.52)	1:33.08 (45.56)	2:19.80 (46.72)	3:06.84 (47.04)	
	3:54.64 (47.80)	4:42.61 (47.97)	5:31.19 (48.58)	6:19.436 (48.25)	
6 # 454 Johnson, Paula	W57 Atlanta Track Club	6:32.20	1		
	51.32 (51.32)	1:39.82 (48.50)	2:29.26 (49.44)	3:19.33 (50.07)	
	4:08.75 (49.42)	4:57.56 (48.81)	5:46.18 (48.62)	6:32.194 (46.02)	
7 # 548 Magnussen, Collee	W58 Genesee Vall	6:57.13			
	51.99 (51.99)	1:41.20 (49.21)	2:31.59 (50.39)	3:22.59 (51.00)	
	4:14.53 (51.94)	5:08.05 (53.52)	6:02.76 (54.71)	6:57.129 (54.38)	
8 # 833 Shabelski, Joanne	W57 Potomac Vall	7:38.98			
	52.79 (52.79)	1:43.57 (50.78)	2:38.26 (54.69)	3:36.81 (58.55)	
	4:36.36 (59.55)	5:37.23 (1:00.87)	6:40.11 (1:02.88)	7:38.972 (58.87)	

Event 86 W60 1 Mile Run

=====

USA: R 5:43.75

WMA: W 5:43.75

Name	Age Team	Finals	Points		
1 # 616 Miller, Betsy	W61 Team Red Lizard	6:36.34	8		
	48.58 (48.58)	1:37.66 (49.08)	2:27.87 (50.21)	3:19.17 (51.30)	
	4:10.71 (51.54)	5:01.83 (51.12)	5:49.96 (48.13)	6:36.337 (46.39)	
2 # 573 Mayhugh, Mary Low	W62 Potomac Vall	6:39.57	6		
	47.78 (47.78)	1:36.49 (48.71)	2:27.35 (50.86)	3:18.94 (51.59)	
	4:10.48 (51.54)	5:01.65 (51.17)	5:51.32 (49.67)	6:39.564 (48.25)	
3 # 579 McCormack, Amy	W64 Manasota Track Club	6:39.77	4		
	48.07 (48.07)	1:36.91 (48.84)	2:27.77 (50.86)	3:19.43 (51.66)	
	4:11.24 (51.81)	5:02.39 (51.15)	5:52.41 (50.02)	6:39.762 (47.36)	
4 # 759 Richards, Mary	W64 T.H.E. Track Team	6:48.82	3		
	49.77 (49.77)	1:39.73 (49.96)	2:31.38 (51.65)	3:23.85 (52.47)	
	4:16.43 (52.58)	5:09.17 (52.74)	6:00.43 (51.26)	6:48.820 (48.40)	

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....Event 86 W60 1 Mile Run

5 #	67 Bell, Ivy	W63 Central Park	6:52.14	2		
	49.05 (49.05)	1:37.80 (48.75)	2:28.75 (50.95)		3:20.45 (51.70)	
	4:12.12 (51.67)	5:04.10 (51.98)	5:57.51 (53.41)		6:52.132 (54.63)	
6 #	241 Draim, Ida	W63 Potomac Vall	7:06.39	1		
	49.84 (49.84)	1:38.98 (49.14)	2:31.06 (52.08)		3:24.60 (53.54)	
	4:18.56 (53.96)	5:15.89 (57.33)	6:12.28 (56.39)		7:06.381 (54.11)	
7 #	752 Recto, Liza	W63 Potomac Vall	8:01.35			
	54.56 (54.56)	1:51.83 (57.27)	2:54.14 (1:02.31)		3:56.65 (1:02.51)	
	4:59.14 (1:02.49)	6:01.60 (1:02.46)	7:02.49 (1:00.89)		8:01.343 (58.86)	
-- #	674 *Northcott, Clara	W64 Canada	X6:47.95			
	49.40 (49.40)	1:38.36 (48.96)	2:28.95 (50.59)		3:20.68 (51.73)	
	4:12.34 (51.66)	5:04.33 (51.99)	5:56.97 (52.64)		6:47.943 (50.98)	

Event 87 W65 1 Mile Run

65 USA: R 5:51.74
65 WMA: W 5:51.74

Name	Age Team	Finals	Points
1 # 538 Lucking, Cynthia	W65 Atlanta Track Club	7:25.65	8
	56.86 (56.86)	1:50.38 (53.52)	2:44.14 (53.76)
	4:35.30 (56.23)	5:31.66 (56.36)	6:28.73 (57.07)
			7:25.648 (56.93)
2 # 653 Mullis Dubow, Tre	W65 Atlanta Track Club	7:41.65	6
	59.28 (59.28)	1:55.26 (55.98)	2:53.93 (58.67)
	4:50.01 (58.37)	5:49.16 (59.15)	6:47.88 (58.72)
			7:41.642 (53.77)
3 # 88 Blank, Betty	W66 Potomac Vall	7:53.63	4
	53.85 (53.85)	1:50.92 (57.07)	2:51.24 (1:00.32)
	4:55.86 (1:02.70)	5:57.53 (1:01.67)	6:57.58 (1:00.05)
			7:53.630 (56.06)
4 # 436 Jacobs, Kathy	W66 Piedmont Pac	9:13.70	3
	1:10.82 (1:10.82)	2:20.07 (1:09.25)	3:29.56 (1:09.49)
	5:48.68 (1:09.11)	6:58.73 (1:10.05)	8:07.62 (1:08.89)
			9:13.691 (1:06.08)

Event 87 W70 1 Mile Run

70 USA: R 6:45.80
70 WMA: W 6:45.80

Name	Age Team	Finals	Points
1 # 4 Aderhold, Susan	W71 Atlanta Track Club	8:16.07	8
	1:04.63 (1:04.63)	2:05.23 (1:00.60)	3:05.54 (1:00.31)
	5:10.75 (1:02.70)	6:13.73 (1:02.98)	7:18.12 (1:04.39)
			8:16.067 (57.95)
2 # 756 Rhodes, Carol	W70 Atlanta Track Club	9:57.99	6
	1:12.09 (1:12.09)	2:27.67 (1:15.58)	3:43.90 (1:16.23)
	6:16.09 (1:16.86)	7:31.61 (1:15.52)	8:51.47 (1:19.86)
			9:57.982 (1:06.52)
3 # 608 Melton, Judy	W71 Atlanta Track Club	14:38.94	4
	1:53.10 (1:53.10)	3:44.40 (1:51.30)	5:35.52 (1:51.12)
	9:16.45 (1:48.61)	11:06.45 (1:50.00)	12:56.77 (1:50.32)
			14:38.935 (1:42.17)

Event 87 W75 1 Mile Run

75 USA: R 7:13.51
75 WMA: W 7:13.51

Name	Age Team	Finals	Points
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....Event 87 W75 1 Mile Run

1 #	884 Staab, Angela	W76 Piedmont Pac	12:25.48	8
	1:18.96 (1:18.96)	2:52.97 (1:34.01)	4:29.48 (1:36.51)	6:06.28 (1:36.80)
	7:42.64 (1:36.36)	9:22.32 (1:39.68)	10:53.98 (1:31.66)	12:25.480 (1:31.51)

Event 87 W80 1 Mile Run

80 USA: R 8:52.77
80 WMA: W 8:19.70

Name	Age Team	Finals	Points
1 # 424 Hurrell, Lynne	W84 Sierra Gold	10:09.94	8
	1:13.97 (1:13.97)	2:31.80 (1:17.83)	3:50.70 (1:18.90)
	6:25.17 (1:16.74)	7:42.14 (1:16.97)	8:58.81 (1:16.67)
			10:09.939 (1:11.14)

Event 87 W90 1 Mile Run

Name	Age Team	Finals	Points
1 # 527 Lindberg, Betty	W94 Atlanta Track Club	15:15.58	8
	1:36.34 (1:36.34)	3:34.41 (1:58.07)	5:32.10 (1:57.69)
	9:23.94 (1:55.19)	11:22.64 (1:58.70)	13:20.09 (1:57.45)
			15:15.579 (1:55.50)

Event 102 W30 3000 Meter Run

Name	Age Team	Finals	Points
1 # 932 Trenor, Beth	W34 Atlanta Track Club	13:01.52	8
	45.70 (45.70)	1:34.85 (49.15)	2:25.91 (51.06)
	4:12.04 (53.35)	5:05.65 (53.61)	5:59.71 (54.06)
	7:46.59 (53.94)	8:40.32 (53.73)	9:32.99 (52.67)
	11:19.00 (53.00)	12:11.89 (52.89)	13:01.519 (49.64)
2 # 888 Stasulis, Angelin	W32 Atlanta Track Club	14:31.78	6
	51.42 (51.42)	1:47.41 (55.99)	2:46.81 (59.40)
	4:44.77 (58.88)	5:43.12 (58.35)	6:41.39 (58.27)
	8:39.72 (59.07)	9:38.59 (58.87)	10:39.50 (1:00.91)
	12:40.97 (1:01.16)	13:38.68 (57.71)	14:31.772 (53.10)

Event 102 W35 3000 Meter Run

35 USA: R 8:39.14
35 WMA: W 8:39.14

Name	Age Team	Finals	Points
1 # 92 Boles, Emily	W39 Unattached	10:47.68	8
	40.07 (40.07)	1:21.45 (41.38)	2:04.42 (42.97)
	3:33.54 (44.71)	4:17.73 (44.19)	5:02.15 (44.42)
	6:29.44 (43.66)	7:13.46 (44.02)	7:57.55 (44.09)
	9:25.05 (43.11)	10:08.02 (42.97)	10:47.675 (39.66)
2 # 116 Brown, Tamika	W36 Port City Tr	12:26.98	6
	42.57 (42.57)	1:26.78 (44.21)	2:13.28 (46.50)
	3:52.50 (49.26)	4:43.42 (50.92)	5:35.16 (51.74)
	7:19.83 (52.07)	8:11.83 (52.00)	9:02.91 (51.08)
	10:47.75 (51.71)	11:40.48 (52.73)	12:26.980 (46.51)

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....Event 102 W35 3000 Meter Run

3 #	228 Dietrich, Alex	W39 So Cal Track Club	14:13.90	4
	49.40 (49.40)	1:45.05 (55.65)	2:43.61 (58.56)	3:41.03 (57.42)
	4:38.26 (57.23)	5:35.76 (57.50)	6:31.51 (55.75)	7:28.61 (57.10)
	8:26.40 (57.79)	9:23.83 (57.43)	10:21.62 (57.79)	11:20.05 (58.43)
	12:18.43 (58.38)	13:17.31 (58.88)	14:13.896 (56.59)	

Event 102 W40 3000 Meter Run

=====				
40 USA: R 9:50.37				
40 WMA: W 8:58.20				
Name	Age Team	Finals	Points	
=====				
1 #	465 Josiah-Tanner, Eu	W44 So Cal Track Club	11:08.43	8
	43.69 (43.69)	1:27.57 (43.88)	2:12.41 (44.84)	2:57.78 (45.37)
	3:42.58 (44.80)	4:27.68 (45.10)	5:13.51 (45.83)	5:59.14 (45.63)
	6:45.42 (46.28)	7:30.38 (44.96)	8:15.62 (45.24)	9:00.78 (45.16)
	9:46.20 (45.42)	10:30.82 (44.62)	11:08.429 (37.62)	
2 #	427 Inman, Teresa	W42 Unattached	11:12.92	6
	43.26 (43.26)	1:27.14 (43.88)	2:12.23 (45.09)	2:57.42 (45.19)
	3:42.03 (44.61)	4:27.41 (45.38)	5:13.12 (45.71)	5:58.79 (45.67)
	6:45.20 (46.41)	7:30.33 (45.13)	8:15.33 (45.00)	9:00.59 (45.26)
	9:46.10 (45.51)	10:30.99 (44.89)	11:12.918 (41.94)	
3 #	66 Begley, Amy	W41 Atlanta Track Club	11:35.13	4
	45.56 (45.56)	1:32.19 (46.63)	2:18.35 (46.16)	3:03.47 (45.12)
	3:48.07 (44.60)	4:33.57 (45.50)	5:19.43 (45.86)	6:05.54 (46.11)
	6:52.61 (47.07)	7:40.38 (47.77)	8:27.29 (46.91)	9:13.96 (46.67)
	10:01.55 (47.59)	10:48.43 (46.88)	11:35.122 (46.70)	
4 #	338 Gregory, Marilyn	W44 TNT Internat	12:38.10	3
	46.36 (46.36)	1:34.50 (48.14)	2:23.72 (49.22)	3:13.60 (49.88)
	4:03.95 (50.35)	4:55.45 (51.50)	5:47.88 (52.43)	6:39.92 (52.04)
	7:34.20 (54.28)	8:25.34 (51.14)	9:18.55 (53.21)	10:10.77 (52.22)
	11:01.63 (50.86)	11:52.68 (51.05)	12:38.100 (45.43)	
-- #	908 Taabet, Carrie	W40 Unattached	XDQ	
	43.31 (43.31)	1:32.97 (49.66)	2:26.13 (53.16)	3:22.09 (55.96)
	4:18.94 (56.85)	5:15.13 (56.19)	6:13.34 (58.21)	7:11.32 (57.98)
	8:09.72 (58.40)	9:06.42 (56.70)	10:07.80 (1:01.38)	11:06.36 (58.56)
	12:04.51 (58.15)	13:00.17 (55.66)	13:51.086 (50.92)	

Event 102 W45 3000 Meter Run

=====				
45 USA: R 9:53.04				
45 WMA: W 9:11.67				
Name	Age Team	Finals	Points	
=====				
1 #	701 Parker, Kara	W49 Unattached	11:00.27	8
	41.13 (41.13)	1:24.00 (42.87)	2:07.97 (43.97)	2:52.17 (44.20)
	3:37.04 (44.87)	4:21.79 (44.75)	5:06.43 (44.64)	5:50.83 (44.40)
	6:34.96 (44.13)	7:19.59 (44.63)	8:04.38 (44.79)	8:49.69 (45.31)
	9:34.54 (44.85)	10:19.33 (44.79)	11:00.266 (40.94)	
2 #	798 Rupp, Jo	W45 Philadelphia	12:11.85	6
	46.02 (46.02)	1:33.02 (47.00)	2:20.86 (47.84)	3:09.44 (48.58)
	3:58.12 (48.68)	4:46.82 (48.70)	5:36.67 (49.85)	6:26.78 (50.11)
	7:16.62 (49.84)	8:06.48 (49.86)	8:56.65 (50.17)	9:46.38 (49.73)
	10:36.05 (49.67)	11:25.69 (49.64)	12:11.850 (46.17)	

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....Event 102 W45 3000 Meter Run

3 #	121	Bruns, Julie	W49 Unattached	12:27.91	4
		46.13 (46.13)	1:33.90 (47.77)	2:22.16 (48.26)	3:10.52 (48.36)
		3:59.52 (49.00)	4:48.40 (48.88)	5:37.86 (49.46)	6:28.94 (51.08)
		7:19.65 (50.71)	8:12.27 (52.62)	9:03.94 (51.67)	9:55.24 (51.30)
		10:47.99 (52.75)	11:40.12 (52.13)	12:27.903 (47.79)	
4 #	474	Key, Latashia	W46 Unattached	13:24.38	3
		47.05 (47.05)	1:35.80 (48.75)	2:27.08 (51.28)	3:19.46 (52.38)
		4:12.54 (53.08)	5:05.87 (53.33)	6:00.29 (54.42)	6:55.27 (54.98)
		7:51.09 (55.82)	8:46.15 (55.06)	9:42.12 (55.97)	10:37.89 (55.77)
		11:33.94 (56.05)	12:29.83 (55.89)	13:24.375 (54.55)	
5 #	659	Nana-Sinkam, Meag	W47 TNT Internat	16:57.23	2
		1:02.31 (1:02.31)	2:09.37 (1:07.06)	3:16.66 (1:07.29)	4:23.74 (1:07.08)
		5:30.83 (1:07.09)	6:38.14 (1:07.31)	7:47.03 (1:08.89)	8:55.98 (1:08.95)
		10:04.57 (1:08.59)	11:13.38 (1:08.81)	12:23.05 (1:09.67)	13:32.79 (1:09.74)
		14:42.05 (1:09.26)	15:50.57 (1:08.52)	16:57.230 (1:06.67)	

Event 104 W50 3000 Meter Run

=====

50 USA: R 10:12.98
50 WMA: W 9:56.39

Name	Age	Team	Finals	Points
1 # 958 Vollweiler, Jill	W50	So Cal Track Club	11:53.91	8
		42.53 (42.53)	1:27.15 (44.62)	2:13.60 (46.45)
		3:46.93 (46.82)	4:34.87 (47.94)	5:22.55 (47.68)
		7:00.27 (49.66)	7:49.40 (49.13)	8:39.46 (50.06)
		10:19.10 (49.71)	11:08.29 (49.19)	11:53.909 (45.62)
2 # 20 Anderson, Kimberl	W53	TNT Internat	12:00.88	6
		43.40 (43.40)	1:28.97 (45.57)	2:15.59 (46.62)
		3:51.10 (47.72)	4:39.17 (48.07)	5:27.14 (47.97)
		7:06.10 (49.91)	7:56.17 (50.07)	8:46.23 (50.06)
		10:26.81 (50.62)	11:15.46 (48.65)	12:00.871 (45.42)
3 # 699 Pangburn, Julie	W54	Athena Track Club	12:20.86	4
		46.83 (46.83)	1:34.78 (47.95)	2:22.24 (47.46)
		3:57.53 (47.82)	4:46.45 (48.92)	5:36.03 (49.58)
		7:16.33 (49.93)	8:06.27 (49.94)	8:57.32 (51.05)
		10:40.04 (51.55)	11:31.47 (51.43)	12:20.854 (49.39)
4 # 482 Klein, Tina	W53	T.H.E. Track Team	13:03.39	3
		51.11 (51.11)	1:42.89 (51.78)	2:34.48 (51.59)
		4:19.22 (52.36)	5:10.98 (51.76)	6:03.50 (52.52)
		7:48.09 (52.37)	8:42.00 (53.91)	9:34.62 (52.62)
		11:19.49 (53.20)	12:12.01 (52.52)	13:03.383 (51.38)
5 # 708 Patla, Christie	W50	Bella N Motion	13:42.00	2
		51.87 (51.87)	1:46.66 (54.79)	2:43.61 (56.95)
		4:36.21 (56.18)	5:31.52 (55.31)	6:26.96 (55.44)
		8:16.88 (54.73)	9:11.10 (54.22)	10:05.24 (54.14)
		11:54.88 (55.50)	12:49.14 (54.26)	13:41.999 (52.86)
6 # 977 Welch, Susan	W51	Atlanta Track Club	14:12.61	1
		49.93 (49.93)	1:46.24 (56.31)	2:43.15 (56.91)
		4:35.67 (56.64)	5:31.89 (56.22)	6:27.95 (56.06)
		8:21.72 (57.46)	9:19.39 (57.67)	10:17.80 (58.41)
		12:14.20 (58.29)	13:13.05 (58.85)	14:12.609 (59.56)

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 104 W55 3000 Meter Run**

=====

55 USA: R 10:35.76

55 WMA: W 10:18.87

Name	Age Team	Finals	Points
1 # 682 Ohler, Makie	W56 Sierra Gold	11:33.82	8
46.40 (46.40)	1:32.77 (46.37)	2:19.37 (46.60)	3:06.99 (47.62)
3:53.82 (46.83)	4:40.61 (46.79)	5:27.77 (47.16)	6:14.46 (46.69)
7:00.52 (46.06)	7:47.03 (46.51)	8:32.85 (45.82)	9:19.09 (46.24)
10:05.23 (46.14)	10:50.48 (45.25)	11:33.818 (43.34)	
2 # 13 Allen, Michelle	W55 New Balance	11:33.95	6
42.89 (42.89)	1:27.641 (44.76)	2:13.972 (46.331)	3:00.523 (46.552)
3:47.58 (47.06)	4:34.83 (47.25)	5:21.53 (46.70)	6:08.43 (46.90)
6:55.31 (46.88)	7:42.69 (47.38)	8:30.51 (47.82)	9:18.46 (47.95)
10:04.46 (46.00)	10:50.56 (46.10)	11:33.948 (43.39)	
3 # 869 Snyder, Susan	W57 TNT Internat	13:11.27	4
47.21 (47.21)	1:37.71 (50.50)	2:28.98 (51.27)	3:20.73 (51.75)
4:12.39 (51.66)	5:04.89 (52.50)	5:57.58 (52.69)	6:50.80 (53.22)
7:44.13 (53.33)	8:37.23 (53.10)	9:31.19 (53.96)	10:26.77 (55.58)
11:21.76 (54.99)	12:17.84 (56.08)	13:11.267 (53.43)	
4 # 911 Tanner, Robin	W58 Atlanta Track Club	14:53.57	3
51.39 (51.39)	1:47.31 (55.92)	2:47.25 (59.94)	3:44.88 (57.63)
4:43.02 (58.14)	5:44.29 (1:01.27)	6:47.09 (1:02.80)	7:45.96 (58.87)
8:47.14 (1:01.18)	9:50.56 (1:03.42)	10:53.83 (1:03.27)	11:55.90 (1:02.07)
12:58.59 (1:02.69)	13:59.69 (1:01.10)	14:53.564 (53.88)	
5 # 833 Shabelski, Joanne	W57 Potomac Vall	15:15.00	2
52.05 (52.05)	1:47.55 (55.50)	2:47.19 (59.64)	3:44.25 (57.06)
4:43.77 (59.52)	5:44.79 (1:01.02)	6:47.73 (1:02.94)	7:48.81 (1:01.08)
8:50.70 (1:01.89)	9:55.06 (1:04.36)	11:00.28 (1:05.22)	12:06.06 (1:05.78)
13:11.74 (1:05.68)	14:15.79 (1:04.05)	15:14.996 (59.21)	

Event 106 W60 3000 Meter Run

=====

60 USA: R 11:16.50

60 WMA: W 11:16.54

Name	Age Team	Finals	Points
1 # 573 Mayhugh, Mary Low	W62 Potomac Vall	13:19.62	8
47.930 (47.930)	1:38.426 (50.496)	2:30.063 (51.637)	3:22.150 (52.087)
4:15.052 (52.903)	5:07.374 (52.322)	5:59.657 (52.284)	6:54.465 (54.809)
7:49.573 (55.108)	8:44.705 (55.132)	9:40.427 (55.723)	10:36.904 (56.477)
11:33.412 (56.509)	12:29.673 (56.261)	13:19.620 (49.947)	
2 # 579 McCormack, Amy	W64 Manasota Track Club	13:22.12	6
45.270 (45.270)	1:34.601 (49.331)	2:26.848 (52.247)	3:20.400 (53.552)
4:14.440 (54.041)	5:07.727 (53.287)	6:00.375 (52.649)	6:54.957 (54.582)
7:50.020 (55.063)	8:45.148 (55.129)	9:40.948 (55.800)	10:37.587 (56.640)
11:34.668 (57.081)	12:31.251 (56.584)	13:22.117 (50.866)	
3 # 759 Richards, Mary	W64 T.H.E. Track Team	13:48.80	4
51.854 (51.854)	1:46.225 (54.371)	2:41.673 (55.449)	3:37.950 (56.278)
4:35.272 (57.322)	5:33.404 (58.132)	6:31.031 (57.628)	7:25.955 (54.924)
8:21.247 (55.293)	9:16.754 (55.507)	10:10.919 (54.165)	11:06.135 (55.217)
12:00.680 (54.545)	12:55.876 (55.197)	13:48.791 (52.915)	

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**JDL
Results**

....Event 106 W60 3000 Meter Run

4 #	241	Drain, Ida	W63	Potomac Vall	13:57.57	3
		47.456 (47.456)		1:40.525 (53.070)	2:37.562 (57.037)	3:35.421 (57.860)
		4:34.522 (59.101)		5:32.703 (58.181)	6:30.618 (57.915)	7:26.765 (56.148)
		8:21.691 (54.926)		9:17.447 (55.756)	10:12.402 (54.955)	11:09.240 (56.839)
		12:06.395 (57.155)		13:04.235 (57.840)	13:57.570 (53.335)	
5 #	752	Recto, Liza	W63	Potomac Vall	15:25.98	2
		52.390 (52.390)		1:51.906 (59.516)	2:55.485 (1:03.579)	3:59.205 (1:03.721)
		5:02.181 (1:02.976)		6:04.776 (1:02.595)	7:06.898 (1:02.122)	8:08.644 (1:01.746)
		9:11.394 (1:02.750)		10:14.095 (1:02.701)	11:17.067 (1:02.973)	12:20.424 (1:03.357)
		13:23.936 (1:03.513)		14:26.516 (1:02.580)	15:25.973 (59.457)	
-- #	674	*Northcott, Clara	W64	Canada	X13:36.69	
		52.232 (52.232)		1:45.583 (53.351)	2:41.440 (55.858)	3:36.757 (55.317)
		4:34.870 (58.113)		5:33.050 (58.180)	6:29.039 (55.990)	7:23.458 (54.420)
		8:18.063 (54.605)		9:11.725 (53.663)	10:05.814 (54.089)	10:59.573 (53.760)
		11:53.495 (53.923)		12:46.055 (52.560)	13:36.688 (50.634)	

Event 106 W65 3000 Meter Run

65 USA: R 11:35.98
65 WMA: W 11:35.98

Name	Age	Team	Finals	Points
1 # 538 Lucking, Cynthia	W65	Atlanta Track Club	14:19.84	8
		55.345 (55.345)	1:52.327 (56.983)	2:50.562 (58.235)
		4:45.379 (57.845)	5:43.462 (58.084)	6:40.668 (57.206)
		8:34.060 (56.731)	9:30.897 (56.838)	10:28.383 (57.486)
		12:24.585 (58.625)	13:22.971 (58.386)	14:19.835 (56.865)
2 # 88 Blank, Betty	W66	Potomac Vall	15:05.15	6
		53.343 (53.343)	1:52.080 (58.737)	2:54.313 (1:02.234)
		4:57.844 (1:01.515)	5:59.800 (1:01.957)	7:01.752 (1:01.952)
		9:03.869 (1:00.979)	10:04.644 (1:00.775)	11:06.101 (1:01.458)
		13:08.454 (1:01.265)	14:09.297 (1:00.844)	15:05.145 (55.849)
3 # 723 Phillips, Hannah	W66	Potomac Vall	15:50.96	4
		56.909 (56.909)	1:56.817 (59.909)	3:00.095 (1:03.278)
		5:06.193 (1:03.629)	6:10.250 (1:04.058)	7:14.135 (1:03.885)
		9:25.895 (1:06.151)	10:33.395 (1:07.500)	11:36.729 (1:03.335)
		13:50.789 (1:06.643)	14:56.416 (1:05.628)	15:50.953 (54.537)
4 # 420 Hudnall, Nonie	W69	Atlanta Track Club	17:38.69	3
		1:01.586 (1:01.586)	2:16.18 (1:14.59)	3:25.94 (1:09.76)
		5:47.11 (1:10.57)	6:57.09 (1:09.98)	8:08.24 (1:11.15)
		10:30.83 (1:12.06)	11:42.46 (1:11.63)	12:53.82 (1:11.36)
		15:19.668 (1:14.00)	16:32.543 (1:12.875)	17:38.688 (1:06.145)
5 # 436 Jacobs, Kathy	W66	Piedmont Pac	17:38.97	2
		1:08.030 (1:08.030)	2:16.875 (1:08.845)	3:26.723 (1:09.849)
		5:47.814 (1:10.526)	6:57.885 (1:10.072)	8:08.894 (1:11.009)
		10:31.488 (1:12.050)	11:43.404 (1:11.916)	12:54.519 (1:11.115)
		15:19.155 (1:12.770)	16:32.097 (1:12.943)	17:38.962 (1:06.865)

Event 106 W70 3000 Meter Run

70 USA: R 13:06.42
70 WMA: W 12:37.45

Name	Age	Team	Finals	Points
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2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

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Results**

....Event 106 W70 3000 Meter Run

1 #	292 Frable, Kathleen	W73 So Cal Track Club	19:00.44	8
	1:08.675 (1:08.675)	2:22.755 (1:14.080)	3:37.830 (1:15.075)	4:52.993 (1:15.164)
	6:09.085 (1:16.093)	7:24.365 (1:15.280)	8:41.256 (1:16.891)	9:59.043 (1:17.787)
	11:16.252 (1:17.210)	12:34.075 (1:17.824)	13:51.420 (1:17.345)	15:09.189 (1:17.770)
	16:28.235 (1:19.047)	17:45.885 (1:17.650)	19:00.433 (1:14.548)	
2 #	756 Rhodes, Carol	W70 Atlanta Track Club	19:34.53	6
	1:12.153 (1:12.153)	2:28.870 (1:16.718)	3:44.119 (1:15.249)	4:56.942 (1:12.824)
	6:12.411 (1:15.470)	7:30.928 (1:18.517)	8:48.316 (1:17.389)	10:08.150 (1:19.834)
	11:28.029 (1:19.880)	12:50.030 (1:22.002)	14:12.348 (1:22.318)	15:34.671 (1:22.324)
	16:55.936 (1:21.265)	18:20.633 (1:24.697)	19:34.525 (1:13.892)	
3 #	608 Melton, Judy	W71 Atlanta Track Club	28:04.86	4
	1:43.011 (1:43.011)	3:31.370 (1:48.359)	5:16.470 (1:45.101)	7:03.843 (1:47.373)
	8:53.079 (1:49.236)	10:44.811 (1:51.733)	12:37.689 (1:52.878)	14:34.217 (1:56.529)
	16:32.247 (1:58.030)	18:25.989 (1:53.742)	20:19.805 (1:53.816)	22:16.422 (1:56.618)
	24:15.021 (1:58.600)	26:13.018 (1:57.997)	28:04.853 (1:51.835)	

Event 106 W80 3000 Meter Run

80 USA: R 21:27.04
80 WMA: W 15:57.73

Name	Age Team	Finals	Points
1 # 327 Graf, Tami	W82 Potomac Vall	24:40.06	8
	1:32.307 (1:32.307)	3:12.451 (1:40.145)	4:52.187 (1:39.736)
	8:09.720 (1:38.233)	9:48.640 (1:38.921)	11:27.341 (1:38.701)
	14:44.679 (1:39.319)	16:24.561 (1:39.883)	18:07.952 (1:43.391)
	21:29.317 (1:39.655)	23:07.854 (1:38.537)	24:40.057 (1:32.204)

Event 141 W30 60 Meter Hurdles

Name	Age Team	Finals	Points
1 # 98 Borders, Christy	W30 Southwest Sp	9.71	8

Event 141 W35 60 Meter Hurdles

35 USA: R 7.74
35 WMA: W 7.74

Name	Age Team	Finals	Points
1 # 962 Walker, Megan	W38 Unattached	10.84	8
2 # 947 Varlack, Latiffia	W36 So Cal Track Club	10.95	6
3 # 971 Watson, Amanda	W35 TNT Internat	12.14	4

Event 142 W40 60 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 4 Best Times

USA: R 7.86
WMA: W 7.86

Name	Age Team	Prelims	H#
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Preliminaries

1 # 345 Guest, Rachel	W43 Southwest Sp	9.11Q	1
2 # 392 Herzner, Angela	W44 AZ Desert Throwers	10.04Q	2
3 # 772 Roberts, Amanda	W41 Unattached	9.72Q	1
4 # 751 Readinger, Danell	W43 Southwest Sp	10.77Q	2

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Results****....Event 142 W40 60 Meter Hurdles**

5 #	255 Edwards, Lisa	W40 Unattached	10.23q	1
6 #	186 Colby, Stephanie	W41 Philadelphia	10.36q	1
7 #	78 Bernert, Brandi	W40 Southwest Sp	10.88q	2
8 #	87 Blake, Melanie	W40 Southwest Sp	11.01q	1
9 #	143 Cane, Debra	W43 So Cal Track Club	12.49	2

Event 142 W40 60 Meter Hurdles

=====

USA: R 7.86

WMA: W 7.86

Name	Age Team	Finals	Points
=====			
Finals			
1 #	345 Guest, Rachel	W43 Southwest Sp	9.19 8
2 #	772 Roberts, Amanda	W41 Unattached	9.72 6
3 #	392 Herzner, Angela	W44 AZ Desert Throwers	10.04 4
4 #	255 Edwards, Lisa	W40 Unattached	10.10 3
5 #	751 Readinger, Danell	W43 Southwest Sp	10.14 2
6 #	186 Colby, Stephanie	W41 Philadelphia	10.15 1
7 #	87 Blake, Melanie	W40 Southwest Sp	11.07
8 #	78 Bernert, Brandi	W40 Southwest Sp	12.07

Event 143 W45 60 Meter Hurdles

=====

USA: R 9.09

WMA: W 8.79

Name	Age Team	Finals	Points
=====			
1 #	852 Sluder, Anne	W46 Charlotte Tr	9.99 8
2 #	813 Sarn, Susan	W48 Bella N Motion	11.44 6

Event 145 W50 60 Meter Hurdles

=====

USA: R 9.32

WMA: W 9.26

Name	Age Team	Finals	Points
=====			
1 #	380 Hedges, Jennifer	W53 Joy's Jackra	10.37 8
2 #	638 Moore-Nix, Shawn	W50 Georgia	10.72 6
3 #	309 Gibson, Dr Koura	W54 Potomac Vall	10.79 4
4 #	826 Scott, Marioky	W50 So Cal Track Club	10.85 3
5 #	162 Chambers, Denise	W54 Unattached	11.52 2
6 #	791 Roux, Maryline	W52 Athena Track Club	12.38 1
7 #	265 Evans, Wanda	W54 Potomac Vall	12.76
8 #	535 Longshore, Kristi	W51 Philadelphia	15.65

Event 146 W55 60 Meter Hurdles

=====

USA: R 9.71

WMA: W 9.71

Name	Age Team	Finals	Points
=====			
1 #	943 Upshaw, Joy	W58 Joy's Jackra	10.20 8
2 #	10 Allen, Adriene	W57 Athena Track Club	10.70 6
3 #	837 Shannon, Janean	W56 Unattached	12.02 4

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****....Event 146 W55 60 Meter Hurdles**

4 #	373 Harvey, Kathy	W58 TNT Internat	12.73	3
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Event 147 W60 60 Meter Hurdles

60 USA: R 10.04

60 WMA: W 9.80

Name	Age Team	Finals	Points
1 # 361 Hanscom, Rita	W64 Balboa Track Club	11.36	8
2 # 721 Phelps, Jo	W60 TNT Internat	12.58	6
3 # 1027 Zukas, Donna	W63 Unattached	21.43	4

Event 147 W65 60 Meter Hurdles

65 USA: R 10.62

65 WMA: W 10.58

Name	Age Team	Finals	Points
1 # 315 Glynn, Kay	W66 Unattached	13.45	8
2 # 1016 Woods, Lydia	W65 TNT Internat	19.49	6

Event 149 W70 60 Meter Hurdles

70 USA: R 12.83

70 WMA: W 11.37

Name	Age Team	Finals	Points
1 # 966 Warren, Barbara	W72 Capital City	16.82	8

Event 149 W75 60 Meter Hurdles

75 USA: R 13.41

75 WMA: W 13.39

Name	Age Team	Finals	Points
1 # 845 Simpson, Jane	W77 TNT Internat	29.96	8

Event 201 W30 Long Jump

Runway 2

Name	Age Team	Finals	Points
1 # 98 Borders, Christy	W30 Southwest Sp	4.70m	8
		4.70m 4.69m 4.68m 2.58m 4.43m 4.57m	
2 # 278 Fix, Amy	W34 Unattached	4.62m	6
		4.52m FOUL 4.42m 4.51m 4.44m 4.62m	
-- # 524 *Liang, Grace	W32 China	X5.14m	
		5.14m 4.59m 4.95m 5.01m 5.07m 4.91m	

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 201 W35 Long Jump**

Runway 2

35 USA: R 6.16m

35 WMA: W 6.86m

Name	Age	Team	Finals	Points
1 # 971 Watson, Amanda	W35	TNT Internat	3.75m	8
3.66m 3.69m 3.75m	FOUL	PASS PASS		

Event 201 W40 Long Jump

Runway 2

40 USA: R 5.61m

40 WMA: W 6.64m

Name	Age	Team	Finals	Points
1 # 345 Guest, Rachel	W43	Southwest Sp	5.22m	8
4.76m 4.97m 5.19m 5.22m	5.22m	FOUL		
2 # 521 Lewandowski, Dari	W43	Greenville T	5.03m	6
4.80m FOUL 4.77m 4.64m	3.96m	5.03m		
3 # 751 Readinger, Danell	W43	Southwest Sp	4.80m	4
4.52m 4.24m 4.59m	FOUL	4.58m 4.80m		
4 # 575 McAllister, Shame	W42	Unattached	4.47m	3
3.90m 4.27m 4.46m	FOUL	4.42m 4.47m		
5 # 914 Taylor, Alyassia	W42	Bella N Motion	4.41m	2
FOUL 4.09m 4.41m 4.05m	4.09m	FOUL		
6 # 1004 Willis, Tomika	W41	Personal Tou	3.81m	1
3.81m 3.74m	FOUL	3.74m 3.65m 3.34m		
7 # 367 Harris, Cassandra	W41	Atlanta Track Club	3.42m	
3.42m 3.14m	FOUL	FOUL 2.91m PASS		
8 # 949 Vaughn, Kisha	W44	Unattached	3.12m	
2.90m 3.05m	FOUL	3.12m 2.51m 1.87m		

Event 202 W45 Long Jump

Runway 1

45 USA: R 5.75m

45 WMA: W 5.75m

Name	Age	Team	Finals	Points
1 # 211 Cypress, Jill	W46	TNT Internat	4.60m	8
4.32m 4.60m 4.58m 4.39m	4.26m	4.53m		
2 # 852 Sluder, Anne	W46	Charlotte Tr	4.56m	6
4.54m 4.35m	FOUL	4.56m 4.36m 4.52m		
3 # 227 Dierauer, Isabell	W46	Southwest Ohio TC	4.16m	4
3.97m 4.16m 4.05m	4.12m	4.11m 3.85m		
4 # 813 Sarn, Susan	W48	Bella N Motion	3.44m	3
3.24m 3.39m 3.34m	3.06m	3.40m 3.44m		

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 202 W50 Long Jump**

Runway 1

50 USA: R 5.45m

50 WMA: W 5.53m

Name	Age	Team	Finals	Points
1 # 59 Battle, Tracey	W51	Potomac Vall	4.26m	8
4.01m 3.93m 4.07m 4.23m 4.10m 4.26m				
2 # 826 Scott, Marioky	W50	So Cal Track Club	4.04m	6
4.04m 3.73m 3.87m 3.93m 3.93m 3.66m				
3 # 535 Longshore, Kristi	W51	Philadelphia	2.59m	4
2.40m 2.42m 2.44m 2.59m 2.28m 2.23m				
4 # 977 Welch, Susan	W51	Atlanta Track Club	2.09m	3
1.84m 1.95m 1.57m 1.94m 1.83m 2.09m				

Event 202 W55 Long Jump

Runway 1

55 USA: R 4.79m

55 WMA: W 4.87m

Name	Age	Team	Finals	Points
1 # 438 Jakstiene, Nering	W55	Unattached	4.95mW	8
4.95m 4.90m 4.80m 4.88m PASS PASS				
2 # 943 Upshaw, Joy	W58	Joy's Jackra	4.46m	6
FOUL 4.10m 4.38m 4.46m FOUL 4.33m				
3 # 837 Shannon, Janean	W56	Unattached	3.71m	4
FOUL 3.54m 3.71m 3.60m FOUL FOUL				
4 # 373 Harvey, Kathy	W58	TNT Internat	2.94m	3
2.87m 2.72m 2.55m 2.94m 2.89m 2.88m				
5 # 306 Geiger, Gail	W55	Genesee Vall	2.39m	2
2.28m FOUL 2.21m FOUL FOUL 2.39m				

Event 208 W60 Long Jump

Runway 1

60 USA: R 4.44m

60 WMA: W 4.58m

Name	Age	Team	Finals	Points
1 # 361 Hanscom, Rita	W64	Balboa Track Club	3.58m	8
3.58m 3.52m 3.57m 3.48m 3.41m PASS				
2 # 220 DeHaven, Deborah	W60	Philadelphia	3.22m	6
3.10m 3.12m 3.07m 3.22m 3.10m 3.15m				
3 # 721 Phelps, Jo	W60	TNT Internat	3.02m	4
3.02m 2.81m 2.92m 2.21m 2.93m 2.72m				
4 # 1027 Zukas, Donna	W63	Unattached	2.46m	3
2.43m 2.23m 2.42m 2.46m 2.17m 2.27m				
5 # 320 Good, Katherine	K W61	Potomac Vall	2.33m	2
1.80m 2.20m 1.99m 2.33m PASS PASS				

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Results****Event 208 W65 Long Jump**

Runway 1

65 USA: R 4.34m

65 WMA: W 4.36m

Name	Age	Team	Finals	Points
1 # 315 Glynn, Kay	W66	Unattached	3.64m	8
3.64m 3.50m 3.38m 3.60m 3.53m PASS				
2 # 537 Lowery, Linda	W67	Unattached	3.26m	6
3.25m 3.17m 2.96m 3.19m 3.12m 3.26m				
3 # 723 Phillips, Hannah	W66	Potomac Vall	3.12m	4
2.77m 2.86m 3.12m 3.10m 3.10m 2.98m				
4 # 1016 Woods, Lydia	W65	TNT Internat	2.32m	3
1.75m 2.09m 2.16m 2.32m 2.27m PASS				
5 # 420 Hudnall, Nonie	W69	Atlanta Track Club	2.03m	2
1.95m 1.68m 1.97m 2.03m 1.84m 1.90m				

Event 210 W70 Long Jump

Runway 1

70 USA: R 3.60m

70 WMA: W 3.99m

Name	Age	Team	Finals	Points
1 # 283 Flynn, Joyce	W72	Unattached	3.09m	8
2.69m 2.82m 3.09m 2.96m FOUL 2.98m				
2 # 966 Warren, Barbara	W72	Capital City	2.57m	6
2.49m 2.49m 2.00m 2.51m 2.57m 2.57m				

Event 210 W75 Long Jump

Runway 1

75 USA: R 3.26m

75 WMA: W 3.97m

Name	Age	Team	Finals	Points
1 # 153 Carter, Ann	W77	Unattached	1.73m	8
1.73m PASS PASS PASS PASS PASS				
2 # 845 Simpson, Jane	W77	TNT Internat	1.68m	6
1.36m 1.58m 1.45m 1.45m 1.63m 1.68m				

Event 210 W80 Long Jump

Runway 1

80 USA: R 2.81m

80 WMA: W 3.28m

Name	Age	Team	Finals	Points
1 # 236 Donley, Christel	W84	Colorado Mas	1.79m	8
1.68m 1.70m 1.79m PASS 1.74m FOUL				
2 # 327 Graf, Tami	W82	Potomac Vall	1.61m	6
1.51m 1.61m 1.38m 1.54m 1.60m 1.35m				

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Results****Event 210 W85 Long Jump**

Runway 1

85 USA: R 1.51m

85 WMA: W 2.01m

Name	Age Team	Finals	Points
1 # 680 Obera, Irene	W85 Sierra Gold	2.04mW	8
2.04m PASS PASS PASS PASS PASS			
2 # 492 Krug, Gloria	W87 Philadelphia	1.23m	6
1.23m FOUL 1.22m PASS PASS PASS			

Event 221 W30 Triple Jump

Runway 2

Name	Age Team	Finals	Points
1 # 278 Fix, Amy	W34 Unattached	10.10m	8
10.10m FOUL FOUL FOUL 10.10m 9.89m			
2 # 724 Phillips, Lacey	W32 Atlanta Track Club	4.31m	6
4.31m PASS PASS PASS PASS PASS			

Event 221 W40 Triple Jump

Runway 2

40 USA: R 11.80m

40 WMA: W 13.95m

Name	Age Team	Finals	Points
1 # 575 McAllister, Shame	W42 Unattached	9.33m	8
9.33m PASS 8.62m PASS PASS PASS			
2 # 1004 Willis, Tomika	W41 Personal Tou	8.59m	6
FOUL 8.25m 8.27m 8.57m 8.59m 8.33m			
3 # 426 Ingles, Penelope	W42 Potomac Vall	5.89m	4
5.89m 5.80m 5.81m 5.80m 5.78m 5.60m			
4 # 685 Olson, Beverly	W44 Unattached	2.97m	3
2.97m FOUL FOUL 2.75m FOUL FOUL			

Event 221 W45 Triple Jump

Runway 2

45 USA: R 10.82m

45 WMA: W 12.41m

Name	Age Team	Finals	Points
1 # 211 Cypress, Jill	W46 TNT Internat	10.06m	8
9.47m 10.01m 10.02m 10.00m 10.06m 9.93m			
2 # 227 Dierauer, Isabell	W46 Southwest Ohio TC	8.56m	6
8.15m 8.40m 8.09m 8.56m 8.36m 8.46m			

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Results****Event 221 W50 Triple Jump**

Runway 2

50 USA: R 10.49m

50 WMA: W 10.79m

Name	Age	Team	Finals	Points
1 # 380 Hedges, Jennifer	W53	Joy's Jackra	9.21m	8
9.05m 8.84m 9.21m 9.07m 9.11m		PASS		
2 # 59 Battle, Tracey	W51	Potomac Vall	9.13m	6
9.05m FOUL 9.03m 9.10m 9.13m 9.12m				
3 # 309 Gibson, Dr Koura	W54	Potomac Vall	8.42m	4
8.38m 8.27m 8.42m 8.23m 8.28m 8.40m				
4 # 826 Scott, Marioky	W50	So Cal Track Club	7.81m	3
7.07m 7.25m 7.46m 7.57m 7.25m 7.81m				
5 # 606 Meko, Jennifer	W53	Unattached	7.72m	2
7.69m 7.72m 7.18m 7.45m 7.35m 7.11m				

Event 224 W55 Triple Jump

Runway 1

55 USA: R 9.33m

55 WMA: W 10.52m

Name	Age	Team	Finals	Points
1 # 438 Jakstiene, Nering	W55	Unattached	10.61mW	8
FOUL 10.31m 10.33m 10.61m 10.39m 10.40m				
2 # 837 Shannon, Janean	W56	Unattached	7.62m	6
7.23m 7.62m 7.55m 7.40m 7.33m		PASS		
3 # 373 Harvey, Kathy	W58	TNT Internat	6.66m	4
6.55m 6.44m 6.66m 6.35m 6.11m		PASS		
4 # 346 Gunneson, Pamela	W58	Unattached	5.73m	3
5.41m 5.39m 5.37m 5.63m 5.73m 5.45m				

Event 224 W60 Triple Jump

Runway 1

60 USA: R 9.11m

60 WMA: W 10.07m

Name	Age	Team	Finals	Points
1 # 220 DeHaven, Deborah	W60	Philadelphia	7.17m	8
7.17m 6.88m 7.04m 6.95m		PASS PASS		
2 # 173 Clark, Clovis	W63	Atlanta Track Club	5.85m	6
5.85m 5.83m FOUL 5.75m		PASS PASS		

Event 224 W65 Triple Jump

Runway 1

65 USA: R 8.76m

65 WMA: W 9.86m

Name	Age	Team	Finals	Points
1 # 315 Glynn, Kay	W66	Unattached	7.58m	8
7.58m 7.51m 7.14m 7.53m		PASS		
2 # 537 Lowery, Linda	W67	Unattached	7.27m	6
7.08m 6.89m 7.27m 7.27m 7.15m 7.09m				

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Results****....Event 224 W65 Triple Jump**

3 #	723 Phillips, Hannah	W66 Potomac Vall	6.35m	4
	6.35m 6.32m FOUL 6.25m FOUL PASS			
4 #	1016 Woods, Lydia	W65 TNT Internat	4.96m	3
	4.96m 4.81m 4.75m 4.87m			
5 #	420 Hudnall, Nonie	W69 Atlanta Track Club	4.58m	2
	4.38m 4.58m 4.46m			

Event 225 W70 Triple Jump

Runway 2

70 USA: R 7.90m

70 WMA: W 8.18m

Name	Age Team	Finals	Points
1 # 283 Flynn, Joyce	W72 Unattached	6.85m	8
	6.04m 6.18m 6.50m 6.85m FOUL 5.73m		
2 # 966 Warren, Barbara	W72 Capital City	5.71m	6
	5.56m 5.71m 5.16m 5.46m PASS PASS		

Event 225 W75 Triple Jump

Runway 2

75 USA: R 7.35m

75 WMA: W 8.46m

Name	Age Team	Finals	Points
1 # 153 Carter, Ann	W77 Unattached	4.48m	8
	3.98m 4.21m 4.22m 4.43m 4.48m 4.48m		
2 # 845 Simpson, Jane	W77 TNT Internat	3.86m	6
	3.73m 3.80m 3.86m PASS PASS PASS		

Event 225 W80 Triple Jump

Runway 2

80 USA: R 5.77m

80 WMA: W 7.42m

Name	Age Team	Finals	Points
1 # 236 Donley, Christel	W84 Colorado Mas	4.64m	8
	4.35m 4.44m 4.64m 4.50m 4.53m 4.58m		
2 # 327 Graf, Tami	W82 Potomac Vall	3.65m	6
	3.07m 3.24m 3.58m 3.54m 3.65m 3.65m		

Event 225 W85 Triple Jump

Runway 2

85 USA: R 3.41m

85 WMA: W 4.26m

Name	Age Team	Finals	Points
1 # 680 Obera, Irene	W85 Sierra Gold	3.05m	8
	FOUL FOUL FOUL FOUL 3.05m FOUL		
2 # 492 Krug, Gloria	W87 Philadelphia	2.69m	6
	2.49m 2.62m 2.69m 2.56m PASS PASS		

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Event 241 W30 High Jump

Apron 1

Name	Age Team	Finals	Points
1 # 473 Kemp, Virginia	W31 Philadelphia	1.24m	8
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 1.21 1.24 1.27			
PPP PPP PPP PPP PPP PPP O O O O XXO XXO R			
2 # 724 Phillips, Lacey	W32 Atlanta Track Club	0.93m	6
0.73 0.78 0.83 0.88 0.93 0.98			
O O O O XO XXX			

Event 241 W35 High Jump

Apron 1

35 USA: R 1.84m
35 WMA: W 1.98m

Name	Age Team	Finals	Points
1 # 472 Kelly, Nicole	W38 Unattached	1.33m	8
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 1.21 1.24 1.27 1.30 1.33 1.36			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XO XXO XXX			
2 # 971 Watson, Amanda	W35 TNT Internat	1.27m	6
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 1.21 1.24 1.27 1.30			
PPP PPP PPP PPP PPP PPP PPP PPP O O O O O XXX			

Event 241 W40 High Jump

Apron 1

40 USA: R 1.68m
40 WMA: W 1.94m

Name	Age Team	Finals	Points
1 # 392 Herzner, Angela	W44 AZ Desert Throwers	1.42m	8
0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.50			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O PPP O PPP R			
2 # 186 Colby, Stephanie	W41 Philadelphia	1.36m	6
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XXX			
3 # 751 Readinger, Danell	W43 Southwest Sp	1.33m	4
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 1.21 1.24 1.27 1.30 1.33 1.36			
PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O PPP O O XXX			
4 # 572 Mayhewrozek, Anna	W43 Atlanta Track Club	1.18m	3
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 1.21			
O PPP PPP PPP PPP PPP PPP O XXO XXO XXX			

Event 241 W45 High Jump

Apron 1

45 USA: R 1.58m
45 WMA: W 1.65m

Name	Age Team	Finals	Points
1 # 852 Sluder, Anne	W46 Charlotte Tr	1.58mR	8
0.98 1.03 1.08 1.13 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.50 1.55 1.58 1.60			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O XO O XXO XXX			

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....Event 241 W45 High Jump

2 # 813 Sarn, Susan W48 Bella N Motion 1.08m 6
 0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13
 PPP PPP PPP PPP PPP O O XO XXX

Event 241 W50 High Jump

Apron 1

50 USA: R 1.53m
 50 WMA: W 1.58m

Name	Age Team	Finals	Points
1 # 380 Hedges, Jennifer	W53 Joy's Jackra	1.42m	8
0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XO O O XO O O XXX			
2 # 826 Scott, Marioky	W50 So Cal Track Club	1.27m	6
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 1.21 1.24 1.27 1.30 PPP PPP PPP PPP PPP PPP PPP PPP O XO O XO O XXX			
3 # 129 Burda, Lori	W50 Unattached	1.08m	4
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 PPP PPP PPP PPP PPP O O O XXX			
4 # 265 Evans, Wanda	W54 Potomac Vall	1.03m	3
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 PPP PPP PPP PPP PPP PPP O XXX			
5 # 535 Longshore, Kristi	W51 Philadelphia	0.98m	2
0.73 0.78 0.83 0.88 0.93 0.98 1.03 PPP O O XO XO XO XXX			

Event 241 W55 High Jump

Apron 1

55 USA: R 1.46m
 55 WMA: W 1.55m

Name	Age Team	Finals	Points
1 # 438 Jakstiene, Nering	W55 Unattached	1.42m	8
0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O XXX			
2 # 837 Shannon, Janean	W56 Unattached	1.13m	6
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13 1.18 PPP PPP PPP PPP PPP PPP O O XO XXX			
3 # 346 Gunneson, Pamela	W58 Unattached	1.03m	4
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 PPP PPP PPP PPP PPP PPP XO XXX			

Event 244 W60 High Jump

Apron 2

60 USA: R 1.38m
 60 WMA: W 1.46m

Name	Age Team	Finals	Points
1 # 609 Mendenhall, Marth	W60 Unattached	1.28m	8
0.73 0.78 0.83 0.88 0.93 0.98 1.00 1.03 1.08 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.33 PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O XO PPP XXX			

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....Event 244 W60 High Jump

2 #	361 Hanscom, Rita	W64 Balboa Track Club	1.25m	6
	0.73 0.78 0.83 0.88 0.93 0.98 1.00 1.03 1.08 1.13 1.16 1.19 1.22 1.25 1.28			
	PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XO XO XXX			
3 #	721 Phelps, Jo	W60 TNT Internat	1.22m	4
	0.73 0.78 0.83 0.88 0.93 0.98 1.00 1.03 1.08 1.13 1.16 1.19 1.22 1.25			
	PPP PPP PPP PPP PPP PPP PPP PPP O O O O XXX			
4 #	173 Clark, Clovis	W63 Atlanta Track Club	1.03m	3
	0.73 0.78 0.83 0.88 0.93 0.98 1.00 1.03 1.08			
	PPP PPP PPP O O O PPP XO XXX			
5 #	1027 Zukas, Donna	W63 Unattached	0.93m	2
	0.73 0.78 0.83 0.88 0.93 0.98 1.00			
	PPP PPP O O O XX R			

Event 244 W65 High Jump

Apron 2

65 USA: R 1.31m

65 WMA: W 1.39m

Name	Age Team	Finals	Points
1 # 315 Glynn, Kay	W66 Unattached	1.22m	8
	0.73 0.78 0.83 0.88 0.93 0.98 1.00 1.03 1.08 1.13 1.16 1.19 1.22 1.25		
	PPP PPP PPP PPP PPP PPP PPP PPP O XO O XO O XXX		
2 # 1016 Woods, Lydia	W65 TNT Internat	0.83m	6
	0.73 0.78 0.83 0.88		
	PPP O XO XXX		

Event 244 W70 High Jump

Apron 2

70 USA: R 1.29m

70 WMA: W 1.30m

Name	Age Team	Finals	Points
1 # 966 Warren, Barbara	W72 Capital City	1.03m	8
	0.73 0.78 0.83 0.88 0.93 0.98 1.00 1.03 1.08		
	PPP PPP PPP O O O PPP O XXX		
2 # 283 Flynn, Joyce	W72 Unattached	1.03m	6
	0.73 0.78 0.83 0.88 0.93 0.98 1.00 1.03 1.08		
	PPP PPP O O O O PPP XXO XXX		

Event 244 W75 High Jump

Apron 2

75 USA: R 1.25m

75 WMA: W 1.25m

Name	Age Team	Finals	Points
1 # 744 Radle, Catherine	W75 Atlanta Track Club	1.03m	8
	0.73 0.78 0.83 0.88 0.93 0.98 1.00 1.03 1.08		
	PPP PPP PPP O O O XXO XO XXX		
2 # 153 Carter, Ann	W77 Unattached	0.88m	6
	0.73 0.78 0.83 0.88 0.93 0.98		
	PPP O O XO X R		

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Results**

....Event 244 W75 High Jump

3 # 845 Simpson, Jane W77 TNT Internat 0.83m 4
 0.73 0.78 0.83 0.88 0.93
 PPP O O PPP R

Event 244 W80 High Jump

Apron 2

80 USA: R 1.07m
 80 WMA: W 1.09m

Name	Age Team	Finals	Points
1 # 236 Donley, Christel	W84 Colorado Mas	0.93m	8
0.73 0.78 0.83 0.88 0.93			
PPP PPP O O XXO			
2 # 327 Graf, Tami	W82 Potomac Vall	0.88m	6
0.73 0.78 0.83 0.88 0.93			
PPP O O O XXX			

Won in Jump Off

Event 244 W85 High Jump

Apron 2

85 WMA: W 0.89m

Name	Age Team	Finals	Points
1 # 680 Obera, Irene	W85 Sierra Gold	0.83m	8
0.73 0.78 0.83 0.88			
PPP PPP O XXX			

Event 261 W30 Pole Vault

with M70-79

Name	Age Team	Finals	Points
1 # 473 Kemp, Virginia	W31 Philadelphia	2.62m	8
1.22 1.32 1.42 1.52 1.62 1.72 1.82 1.92 2.02 2.12 2.22 2.32 2.42 2.52 2.62 2.72			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XXX			

Event 261 W35 Pole Vault

with M70-79

35 USA: R 4.61m
 35 WMA: W 4.81m

Name	Age Team	Finals	Points
1 # 666 Nettles, Jodie	W36 Unattached	3.02m	8
1.52 1.62 1.72 1.82 1.92 2.02 2.12 2.22 2.32 2.42 2.52 2.62 2.72 2.82 2.92 3.02 3.12 3.22			
PPP PPP PPP PPP PPP PPP PPP O O O O O O O O O PPP XXX			

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Event 261 W40 Pole Vault

with M70-79

40 USA: R 3.52m
40 WMA: W 4.05m

Name	Age Team	Finals	Points
1 # 186 Colby, Stephanie	W41 Philadelphia	3.22m	8
1.62 1.72 1.82 1.92 2.02 2.12 2.22 2.32 2.42 2.52		2.62 2.72 2.82 2.92 3.02 3.12 3.22 3.36	
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		PPP PPP PPP PPP O PPP XO XXX	
2 # 325 Grace, Elizabeth	W40 Cape Fear Flyers NC	2.52m	6
1.22 1.32 1.42 1.52 1.62 1.72 1.82 1.92 2.02 2.12		2.22 2.32 2.42 2.52 2.62	
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O O XXO XXO XXX	
3 # 426 Ingles, Penelope	W42 Potomac Vall	1.82m	4
1.22 1.32 1.42 1.52 1.62 1.72 1.82 1.92			
O PPP PPP O PPP PPP XXO XXX			

Event 262 W45 Pole Vault

with M80+

45 USA: R 3.35m
45 WMA: W 3.55m

Name	Age Team	Finals	Points
1 # 852 Sluder, Anne	W46 Charlotte Tr	2.30m	8
0.90 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.65 1.70 1.75 1.80 1.90 2.00 2.10 2.20 2.30 2.40			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O O XO XXX			

Event 262 W50 Pole Vault

with M80+

50 USA: R 3.11m
50 WMA: W 3.31m

Name	Age Team	Finals	Points
1 # 380 Hedges, Jennifer	W53 Joy's Jackra	2.30m	8
0.90 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.65 1.70 1.75 1.80 1.90 2.00 2.10 2.20 2.30 2.40			
PPP PPP PPP PPP PPP O XO O PPP PPP PPP O O O O O XO XXX			
2 # 535 Longshore, Kristi	W51 Philadelphia	1.40m	6
0.90 1.00 1.10 1.20 1.30 1.40 1.50			
PPP PPP PPP PPP XXO O XXX			
3 # 977 Welch, Susan	W51 Atlanta Track Club	0.90m	4
0.90 1.00			
XO XXX			

Event 262 W55 Pole Vault

with M80+

55 USA: R 2.98m
55 WMA: W 3.02m

Name	Age Team	Finals	Points
1 # 39 Babits, Brenda	W58 Vault High A	2.20m	8
0.90 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.65 1.70 1.75 1.80 1.90 2.00 2.10 2.20 2.30			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XXO XXX			

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Results****Event 262 W75 Pole Vault**

with M80+

75 USA: R 1.95m

75 WMA: W 1.95m

Name	Age Team	Finals	Points
1 # 744 Radle, Catherine	W75 Atlanta Track Club	1.70m	8
0.90 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.65 1.70 1.75			
PPP PPP PPP PPP O O O O O XO XXX			
-- # 845 Simpson, Jane	W77 TNT Internat	NH	
0.90			
XXX			

Event 322 W30 Shot Put

Circle 2

Name	Age Team	Finals	Points
5 # 694 Pack, Ryan	W34 Piedmont Pac	8.12m	8
7.54m 7.67m 7.19m 6.38m 7.07m 8.12m			
6 # 473 Kemp, Virginia	W31 Philadelphia	6.30m	6
5.43m 5.88m 5.84m 6.03m 6.30m 6.01m			
7 # 724 Phillips, Lacey	W32 Atlanta Track Club	6.11m	4
6.07m 5.75m 5.76m 5.95m 6.11m 5.90m			

Event 322 W35 Shot Put

Circle 2

35 USA: R 12.91m

35 WMA: W 21.47m

Name	Age Team	Finals	Points
1 # 971 Watson, Amanda	W35 TNT Internat	11.30m	8
FOUL 11.30m FOUL 10.54m 10.54m FOUL			
2 # 472 Kelly, Nicole	W38 Unattached	10.64m	6
9.72m 9.54m 9.88m FOUL 9.98m 10.64m			
3 # 713 Perno, Michelle	W37 Unattached	9.47m	4
8.56m 9.47m 8.28m 9.06m 9.45m 9.44m			
8 # 349 Hadley, Tanisha	W35 Atlanta Track Club	5.88m	3
5.76m 5.88m 5.83m 5.08m 5.62m 5.02m			
-- # 652 *Mullings, Sheree	W37 Canada	X8.61m	
7.98m 8.35m 8.32m 8.61m 8.37m 8.42m			

Event 324 W40 Shot Put

Circle 2

40 USA: R 14.68m

40 WMA: W 19.16m

Name	Age Team	Finals	Points
1 # 392 Herzner, Angela	W44 AZ Desert Throwers	13.86m	8
13.55m 13.63m 13.86m FOUL 13.09m FOUL			
2 # 426 Ingles, Penelope	W42 Potomac Vall	7.95m	6
7.58m 7.95m FOUL 7.67m 7.14m 7.47m			
3 # 630 Monteleone, Cynth	W43 Southwest Sp	7.69m	4
FOUL 6.69m 7.53m 7.32m 7.69m FOUL			

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....Event 324 W40 Shot Put

4 #	66 Begley, Amy	W41	Atlanta Track Club	6.22m	3
	5.50m 5.59m 6.03m 6.22m 5.97m 5.58m				
5 #	367 Harris, Cassandra	W41	Atlanta Track Club	5.82m	2
	5.82m FOUL 5.01m 5.75m FOUL 5.80m				
6 #	552 Manns, DaBeth	W42	TNT Internat	4.50m	1
	4.38m 3.48m 4.09m 4.27m 3.91m 4.50m				

Event 324 W45 Shot Put

Circle 2

45 USA: R 13.17m
45 WMA: W 16.49m

Name	Age Team	Finals	Points
1 # 528 Lindner, Kimberly	W47 Unattached	9.66m	8
	9.66m 9.31m 9.54m 9.39m FOUL 8.90m		
2 # 381 Heffernan, Susan	W47 Mass Velocit	9.15m	6
	9.15m 8.55m 8.50m 8.64m 8.76m 8.47m		
3 # 46 Barnes, Julie	W49 Unattached	7.76m	4
	7.31m FOUL 7.76m 7.03m 7.02m 7.51m		
4 # 227 Dierauer, Isabell	W46 Southwest Ohio TC	6.82m	3
	6.29m 6.72m 6.12m 6.82m 6.44m 6.62m		
5 # 104 Bragg, Bernice	W47 Philadelphia	6.55m	2
	6.55m 5.62m 6.37m 6.28m 6.47m 6.43m		
-- # 919 *Thompson, Marsha	W47 Canada	X7.66m	
	6.76m 6.81m 7.23m 6.82m 7.66m 7.51m		

Event 326 W50 Shot Put

Circle 2

50 USA: R 12.66m
50 WMA: W 15.17m

Name	Age Team	Finals	Points
1 # 1014 Wolfinger, Cheryl	W53 Atlanta Track Club	9.47m	8
	9.03m 9.11m 9.47m 9.08m 9.21m 9.30m		
2 # 826 Scott, Marioky	W50 So Cal Track Club	8.94m	6
	8.94m 8.78m 8.65m 8.09m FOUL 8.31m		
3 # 535 Longshore, Kristi	W51 Philadelphia	5.30m	4
	4.83m 5.30m 5.13m 5.17m 5.27m FOUL		
4 # 977 Welch, Susan	W51 Atlanta Track Club	4.36m	3
	FOUL 3.93m 3.78m 4.36m 4.31m 3.90m		

Event 326 W55 Shot Put

Circle 2

55 USA: R 13.04m
55 WMA: W 14.53m

Name	Age Team	Finals	Points
1 # 523 Lewis, Oneithea	W58 Shore Athletic Club	10.99m	8
	FOUL 10.99m FOUL 10.96m 10.70m FOUL		
2 # 671 Noguez, Alissa	W55 Unattached	10.36m	6
	10.36m 10.21m 10.27m FOUL 10.23m 10.24m		

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**JDL
Results**

....Event 326 W55 Shot Put

3 #	991 Wilkins, Mary	W58	Potomac Vall	8.79m	4
	8.79m 8.63m 8.30m 8.65m 8.18m 7.94m				
4 #	346 Gunneson, Pamela	W58	Unattached	8.23m	3
	8.23m 7.98m 8.19m FOUL 7.62m 7.65m				
5 #	471 Kelly, Linda	W58	Unattached	7.87m	2
	7.15m 7.23m 7.27m 7.50m 7.87m 7.61m				
6 #	816 Scanlon, Heather	W56	Philadelphia	7.27m	1
	7.25m 7.24m 7.27m FOUL 6.84m 6.70m				
7 #	481 Klein, Becky	W57	Potomac Vall	5.33m	
	5.17m FOUL 5.33m FOUL FOUL FOUL				

Event 328 W60 Shot Put

Circle 2

USA: R 12.06m

WMA: W 13.70m

Name	Age Team	Finals	Points
1 # 276 Finsrud, Carol	W62 Unattached	10.41m	8
	9.79m 9.39m 9.85m 9.74m 10.41m 9.89m		
2 # 508 Latterman, Leslie	W60 Unattached	8.66m	6
	7.38m 7.66m 8.12m 8.66m 7.59m 6.32m		
3 # 53 Barrett, Donna	W62 Potomac Vall	8.61m	4
	8.34m 8.61m 8.37m 8.51m FOUL 8.29m		
4 # 352 Hallen, Susan	W61 Chicagoland	8.37m	3
	8.09m 7.65m 8.03m 7.66m 8.32m 8.37m		
5 # 173 Clark, Clovis	W63 Atlanta Track Club	7.52m	2
	FOUL 7.43m 7.30m 7.22m 7.52m 7.51m		
6 # 978 Welding, Ruth	W63 Chicagoland	7.27m	1
	6.74m 7.06m 7.01m FOUL FOUL 7.27m		
7 # 1027 Zukas, Donna	W63 Unattached	7.00m	
	6.70m 7.00m 6.85m 6.97m 6.81m FOUL		
8 # 320 Good, Katherine K	W61 Potomac Vall	6.84m	
	6.21m 6.84m 6.79m 6.77m 6.32m 6.70m		

Event 329 W65 Shot Put

Circle 2

65 USA: R 9.36m

65 WMA: W 12.00m

Name	Age Team	Finals	Points
1 # 372 Hartzler, Mary	W69 Unattached	8.10m	8
	7.54m 7.64m 7.98m 7.69m 8.10m 7.85m		
2 # 91 Boemker, Laurie	W65 Unattached	6.50m	6
	6.50m FOUL 6.46m 5.97m FOUL 6.20m		
3 # 335 Green, Martha	W68 Unattached	6.25m	4
	6.25m 6.14m 5.95m 5.90m 6.07m 5.48m		
4 # 1016 Woods, Lydia	W65 TNT Internat	5.87m	3
	5.87m 5.62m FOUL FOUL 5.67m 5.66m		
5 # 420 Hudnall, Nonie	W69 Atlanta Track Club	4.92m	2
	4.92m 4.80m 4.38m 4.63m 4.56m 4.57m		
6 # 538 Lucking, Cynthia	W65 Atlanta Track Club	4.64m	1
	FOUL 4.06m FOUL 3.94m 4.57m 4.64m		

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Results****Event 329 W70 Shot Put**

Circle 2

70 USA: R 8.37m

70 WMA: W 10.82m

Name	Age Team	Finals	Points
1 # 610 Mensey, Myrle	W70 Throwing and	8.83mR	8
8.40m 8.83m 8.54m	PASS PASS PASS		
2 # 966 Warren, Barbara	W72 Capital City	6.78m	6
6.30m 6.50m 5.94m	6.55m 6.50m 6.78m		
3 # 256 Edwards, Sandra	W71 Unattached	5.98m	4
5.96m 5.68m 5.77m	5.98m 5.62m 5.79m		
4 # 950 Vaughn, Rebecca	W74 Charlotte Tr	5.27m	3
FOUL 4.94m FOUL	4.94m 4.68m 5.27m		
5 # 937 Trotto, Mary	W71 TNT Internat	5.21m	2
4.50m 4.44m 5.21m	5.09m 5.04m 4.88m		
6 # 2 Abdullah, Wahidah	W71 Potomac Vall	5.09m	1
4.98m 5.09m 4.24m	4.16m 4.56m 4.39m		

Event 330 W75 Shot Put

Circle 2

75 USA: R 8.49m

75 WMA: W 11.39m

Name	Age Team	Finals	Points
1 # 775 Robinson, Mary	W76 Unattached	6.47m	8
6.33m 6.23m 6.31m	6.26m 6.39m 6.47m		
2 # 344 Guardino, Louise	W78 Piedmont Pac	6.06m	6
4.97m 5.44m 5.27m	5.01m 5.39m 6.06m		
3 # 269 Farmer, Josephine	W75 Atlanta Track Club	5.58m	4
5.49m 5.58m 5.40m	4.93m 4.88m 5.10m		
4 # 845 Simpson, Jane	W77 TNT Internat	5.17m	3
5.08m 4.78m 5.10m	4.89m 5.15m 5.17m		
5 # 884 Staab, Angela	W76 Piedmont Pac	4.92m	2
4.46m 4.57m 4.71m	4.88m 4.45m 4.92m		

Event 330 W80 Shot Put

Circle 2

80 USA: R 8.06m

80 WMA: W 10.44m

Name	Age Team	Finals	Points
1 # 788 Roman, Mary	W83 Mass Velocit	6.64m	8
6.59m 6.38m 6.64m	6.10m 6.15m 6.08m		
2 # 236 Donley, Christel	W84 Colorado Mas	6.36m	6
6.02m 6.36m 6.05m	FOUL 6.17m 6.09m		

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 330 W85 Shot Put**

Circle 2

85 USA: R 6.81m

85 WMA: W 7.40m

Name	Age Team	Finals	Points
1 # 492 Krug, Gloria	W87 Philadelphia	6.38m	8
5.33m 6.03m 6.33m 5.84m 6.38m 6.04m			
2 # 680 Obera, Irene	W85 Sierra Gold	5.27m	6
5.27m 5.03m PASS PASS PASS PASS			

Event 332 W30 Weight Throw

Circle 1

Name	Age Team	Finals	Points
1 # 724 Phillips, Lacey	W32 Atlanta Track Club	6.17m	8
6.06m 5.82m 5.80m 6.12m 5.97m 6.17m			
2 # 473 Kemp, Virginia	W31 Philadelphia	5.32m	6
4.65m PASS PASS 5.32m PASS PASS			

Event 332 W35 Weight Throw

Circle 1

35 USA: R 15.35m

35 WMA: W 17.79m

Name	Age Team	Finals	Points
1 # 713 Perno, Michelle	W37 Unattached	10.93m	8
9.71m 10.93m 10.84m 10.26m 10.81m 10.47m			
2 # 971 Watson, Amanda	W35 TNT Internat	8.46m	6
8.13m 8.43m FOUL FOUL 8.46m FOUL			
3 # 472 Kelly, Nicole	W38 Unattached	7.34m	4
FOUL 7.02m 7.33m 7.34m PASS 7.31m			
4 # 349 Hadley, Tanisha	W35 Atlanta Track Club	6.43m	3
6.10m 6.17m 5.98m 5.76m 6.20m 6.43m			

Event 332 W40 Weight Throw

Circle 1

40 USA: R 17.12m

40 WMA: W 17.12m

Name	Age Team	Finals	Points
1 # 188 Coleman, Marilyn	W44 Shore Athletic Club	14.06m	8
13.89m 12.89m 13.52m 14.06m FOUL 13.94m			
2 # 392 Herzner, Angela	W44 AZ Desert Throwers	13.28m	6
12.14m 13.28m FOUL 13.03m 13.26m FOUL			
3 # 426 Ingles, Penelope	W42 Potomac Vall	9.08m	4
8.91m 9.08m FOUL 8.08m 8.79m 7.51m			
4 # 685 Olson, Beverly	W44 Unattached	5.46m	3
5.46m 5.04m 5.09m 5.21m 4.65m FOUL			

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Results****Event 332 W45 Weight Throw**

Circle 1

45 USA: R 16.28m

45 WMA: W 16.28m

Name	Age	Team	Finals	Points
1 # 528 Lindner, Kimberly	W47	Unattached	9.77m	8
9.53m 9.27m FOUL 9.77m 9.42m 5.36m				
2 # 104 Bragg, Bernice	W47	Philadelphia	6.30m	6
6.30m FOUL 5.49m 6.21m 5.42m 5.00m				

Event 334 W50 Weight Throw

Circle 1

50 USA: R 16.68m

50 WMA: W 17.19m

Name	Age	Team	Finals	Points
1 # 1014 Wolfinger, Cheryl	W53	Atlanta Track Club	10.85m	8
10.68m 10.85m 10.46m FOUL 8.80m 10.33m				
2 # 535 Longshore, Kristi	W51	Philadelphia	5.48m	6
5.36m 5.48m 5.46m 5.00m FOUL 5.09m				
3 # 977 Welch, Susan	W51	Atlanta Track Club	4.43m	4
4.40m 1.45m FOUL 4.07m 4.43m 2.43m				

Event 334 W55 Weight Throw

Circle 1

55 USA: R 15.22m

55 WMA: W 16.09m

Name	Age	Team	Finals	Points
1 # 523 Lewis, Oneithea	W58	Shore Athletic Club	15.78mR	8
FOUL FOUL 14.42m 15.78m 15.19m 14.72m				
2 # 991 Wilkins, Mary	W58	Potomac Vall	10.62m	6
10.62m FOUL 9.20m 10.03m 9.28m 9.61m				
3 # 671 Noguez, Alissa	W55	Unattached	9.36m	4
FOUL FOUL 8.44m 9.36m 9.10m FOUL				
4 # 471 Kelly, Linda	W58	Unattached	6.96m	3
6.83m 6.96m 6.52m 6.62m 6.71m 6.10m				
5 # 816 Scanlon, Heather	W56	Philadelphia	6.43m	2
6.13m 6.16m FOUL 6.14m 5.61m 6.43m				
6 # 784 Rogers-Ransom, La	W56	TNT Internat	6.14m	1
5.77m 5.67m 6.08m 6.14m 6.09m FOUL				

Event 337 W60 Weight Throw

Circle 1

60 USA: R 16.64m

60 WMA: W 16.70m

Name	Age	Team	Finals	Points
1 # 276 Finsrud, Carol	W62	Unattached	15.19m	8
14.08m FOUL 13.56m 13.36m FOUL 15.19m				
2 # 978 Welding, Ruth	W63	Chicagoland	12.79m	6
12.75m FOUL 12.79m 12.74m FOUL 12.62m				

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Results****....Event 337 W60 Weight Throw**

3 #	53 Barrett, Donna	W62 Potomac Vall	12.52m	4
	12.46m 11.60m 11.81m 11.83m 12.52m 11.58m			
4 #	173 Clark, Clovis	W63 Atlanta Track Club	11.51m	3
	9.45m 10.76m 11.23m 10.24m 11.51m 8.11m			
5 #	933 Tribble, Evelyn	W60 Unattached	10.78m	2
	9.82m 10.78m FOUL 9.18m 9.38m 9.67m			
6 #	320 Good, Katherine K	W61 Potomac Vall	7.98m	1
	FOUL 7.14m 6.62m 7.91m 7.98m 7.20m			
7 #	352 Hallen, Susan	W61 Chicagoland	7.97m	
	FOUL FOUL FOUL 7.97m FOUL FOUL			

Event 337 W65 Weight Throw

Circle 1

65 USA: R 16.91m

65 WMA: W 16.91m

Name	Age Team	Finals	Points
1 # 372 Hartzler, Mary	W69 Unattached	12.54m	8
	12.39m 11.78m 10.94m 11.95m 12.54m 11.84m		
2 # 1016 Woods, Lydia	W65 TNT Internat	7.92m	6
	7.32m 7.44m 7.80m FOUL 7.92m 7.67m		
3 # 335 Green, Martha	W68 Unattached	7.33m	4
	7.16m 7.16m 6.97m 7.01m 6.84m 7.33m		
4 # 538 Lucking, Cynthia	W65 Atlanta Track Club	5.54m	3
	4.71m 5.05m 5.32m 4.85m 5.54m PASS		

Event 337 W70 Weight Throw

Circle 1

70 USA: R 12.30m

70 WMA: W 12.42m

Name	Age Team	Finals	Points
1 # 610 Mensey, Myrle	W70 Throwing and	14.84mW	8
	FOUL FOUL 13.50m 14.84m 14.68m FOUL		
2 # 966 Warren, Barbara	W72 Capital City	8.12m	6
	7.75m 7.28m 8.07m 8.04m 7.78m 8.12m		
3 # 2 Abdullah, Wahidah	W71 Potomac Vall	6.72m	4
	6.37m 6.61m 6.33m 6.42m 6.72m 6.28m		
4 # 937 Trotto, Mary	W71 TNT Internat	6.03m	3
	5.74m 6.03m 5.61m 5.76m PASS PASS		
5 # 608 Melton, Judy	W71 Atlanta Track Club	5.06m	2
	4.93m 5.06m 4.01m PASS PASS PASS		

Event 338 W75 Weight Throw

Circle 1

75 USA: R 11.77m

75 WMA: W 14.34m

Name	Age Team	Finals	Points
1 # 775 Robinson, Mary	W76 Unattached	8.05m	8
	7.60m 7.31m 7.35m 7.94m 8.05m 7.96m		

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Results****....Event 338 W75 Weight Throw**

2 #	884 Staab, Angela	W76	Piedmont Pac	6.81m	6
	5.13m 4.57m 5.75m 5.72m 6.81m		FOUL		
3 #	344 Guardino, Louise	W78	Piedmont Pac	6.78m	4
	FOUL 6.59m 6.78m 6.53m 6.55m 5.56m				
4 #	269 Farmer, Josephine	W75	Atlanta Track Club	6.42m	3
	6.26m 5.55m 5.40m 6.08m 6.42m		FOUL		
-- #	845 Simpson, Jane	W77	TNT Internat	FOUL	
	FOUL FOUL FOUL PASS PASS PASS				

Event 338 W80 Weight Throw

Circle 1

80 USA: R 9.70m

80 WMA: W 11.28m

Name	Age Team	Finals	Points
1 # 788 Roman, Mary	W83 Mass Velocit	8.07m	8
	7.71m 7.54m 7.69m 8.07m 7.50m 7.95m		

Event 338 W85 Weight Throw

Circle 1

85 USA: R 8.10m

85 WMA: W 8.72m

Name	Age Team	Finals	Points
1 # 492 Krug, Gloria	W87 Philadelphia	6.85m	8
	6.70m 6.82m 6.36m 6.70m 6.85m PASS		

Event 341 W30 Super Weight

Circle 1

Name	Age Team	Finals	Points
1 # 724 Phillips, Lacey	W32 Atlanta Track Club	4.12m	8
	3.65m 3.88m 4.12m 4.03m PASS PASS		
2 # 473 Kemp, Virginia	W31 Philadelphia	3.49m	6
	2.58m 3.49m PASS PASS PASS PASS		

Event 341 W35 Super Weight

Circle 1

35 USA: R 8.71m

Name	Age Team	Finals	Points
1 # 713 Perno, Michelle	W37 Unattached	6.63m	8
	3.22m 5.38m 5.50m 6.63m 6.52m 5.50m		
2 # 971 Watson, Amanda	W35 TNT Internat	5.19m	6
	4.86m 5.19m 4.64m 4.49m 4.90m FOUL		
3 # 472 Kelly, Nicole	W38 Unattached	5.00m	4
	4.96m 4.95m 5.00m 4.99m 4.34m 4.34m		
4 # 349 Hadley, Tanisha	W35 Atlanta Track Club	4.81m	3
	4.08m 4.81m 4.23m 4.66m 4.47m 4.68m		

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Results****Event 341 W40 Super Weight**

Circle 1

40 USA: R 10.79m

Name	Age	Team	Finals	Points
1 # 188 Coleman, Marilyn	W44	Shore Athletic Club	8.94m	8
8.61m 8.39m 8.15m 8.76m 8.94m 8.78m				
2 # 392 Herzner, Angela	W44	AZ Desert Throwers	8.89m	6
FOUL 7.05m 8.08m 8.89m 8.07m FOUL				
3 # 426 Ingles, Penelope	W42	Potomac Vall	5.18m	4
3.87m 4.05m 5.18m FOUL 5.03m FOUL				
4 # 552 Manns, DaBeth	W42	TNT Internat	2.59m	3
2.59m 2.02m FOUL 2.35m 2.58m 2.44m				

Event 341 W45 Super Weight

Circle 1

45 USA: R 10.52m

Name	Age	Team	Finals	Points
1 # 528 Lindner, Kimberly	W47	Unattached	6.34m	8
4.84m 5.62m 5.91m FOUL 6.09m 6.34m				
2 # 104 Bragg, Bernice	W47	Philadelphia	3.35m	6
1.64m 3.18m 3.07m 3.35m FOUL 3.19m				

Event 342 W50 Super Weight

Circle 2

50 USA: R 11.72m

Name	Age	Team	Finals	Points
1 # 1014 Wolfinger, Cheryl	W53	Atlanta Track Club	6.86m	8
6.86m 6.72m 6.62m FOUL 6.32m 6.62m				
2 # 501 Lanier, Gina	W53	TNT Internat	6.25m	6
5.97m 5.83m 5.83m 6.04m 6.25m FOUL				
3 # 535 Longshore, Kristi	W51	Philadelphia	3.74m	4
3.59m 3.07m 3.72m 3.66m 3.60m 3.74m				
4 # 977 Welch, Susan	W51	Atlanta Track Club	2.98m	3
2.90m 1.98m 2.98m 2.79m 2.32m FOUL				

Event 342 W55 Super Weight

Circle 2

55 USA: R 11.21m

Name	Age	Team	Finals	Points
1 # 523 Lewis, Oneithea	W58	Shore Athletic Club	10.88m	8
10.68m FOUL FOUL FOUL FOUL 10.88m				
2 # 991 Wilkins, Mary	W58	Potomac Vall	7.23m	6
5.15m 6.96m FOUL 6.44m 6.97m 7.23m				
3 # 671 Noguez, Alissa	W55	Unattached	6.22m	4
5.14m 5.55m 5.54m 5.96m 6.22m FOUL				
4 # 471 Kelly, Linda	W58	Unattached	5.04m	3
4.95m 5.04m 4.57m FOUL 4.92m 5.01m				
5 # 784 Rogers-Ransom, La	W56	TNT Internat	5.03m	2
4.39m 3.92m 4.88m 4.67m 4.53m 5.03m				

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Results****....Event 342 W55 Super Weight**

6 # 816 Scanlon, Heather W56 Philadelphia 4.95m 1
4.82m 4.26m FOUL 4.80m 4.95m 4.38m

Event 349 W60 Super Weight

Circle 2

60 USA: R 11.42m

Name	Age Team	Finals	Points
1 # 276 Finsrud, Carol	W62 Unattached	11.41m	8
FOUL FOUL 10.84m	FOUL 11.17m 11.41m		
2 # 978 Welding, Ruth	W63 Chicagoland	9.46m	6
8.27m 8.93m 9.46m	9.36m FOUL 9.13m		
3 # 53 Barrett, Donna	W62 Potomac Vall	8.61m	4
8.61m 8.17m 8.41m	8.55m 7.36m 7.52m		
4 # 352 Hallen, Susan	W61 Chicagoland	8.12m	3
6.99m 7.88m 7.82m	7.52m 7.98m 8.12m		
5 # 173 Clark, Clovis	W63 Atlanta Track Club	6.58m	2
6.41m 6.58m 5.92m	5.94m 6.26m 6.51m		
6 # 933 Tribble, Evelyn	W60 Unattached	6.33m	1
5.35m FOUL FOUL	6.33m FOUL FOUL		
7 # 320 Good, Katherine K	W61 Potomac Vall	5.82m	
5.16m 5.82m 4.28m	PASS PASS PASS		

Event 349 W65 Super Weight

Circle 2

65 USA: R 11.36m

Name	Age Team	Finals	Points
1 # 372 Hartzler, Mary	W69 Unattached	8.40m	8
8.40m 8.10m FOUL	7.46m 8.13m 8.35m		
2 # 1016 Woods, Lydia	W65 TNT Internat	5.25m	6
5.19m FOUL FOUL	FOUL FOUL 5.25m		
3 # 335 Green, Martha	W68 Unattached	5.24m	4
5.24m FOUL 4.83m	4.98m 4.95m FOUL		

Event 349 W70 Super Weight

Circle 2

70 USA: R 8.99m

Name	Age Team	Finals	Points
1 # 610 Mensey, Myrle	W70 Throwing and	10.28mR	8
10.28m 9.80m PASS	PASS PASS PASS		
2 # 966 Warren, Barbara	W72 Capital City	6.04m	6
5.70m 5.79m 6.04m	5.35m 5.08m 5.39m		
3 # 2 Abdullah, Wahidah	W71 Potomac Vall	4.97m	4
4.45m 4.69m 4.81m	4.97m 4.61m 4.39m		
4 # 937 Trotto, Mary	W71 TNT Internat	4.02m	3
3.96m 4.02m 3.92m	PASS PASS PASS		
5 # 608 Melton, Judy	W71 Atlanta Track Club	2.91m	2
2.91m PASS PASS	PASS PASS PASS		

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Results****Event 350 W75 Super Weight**

Circle 1

75 USA: R 7.72m

Name	Age Team	Finals	Points
1 # 775 Robinson, Mary	W76 Unattached	6.24m	8
5.23m 5.88m 5.64m 6.24m 5.96m 5.57m			
2 # 884 Staab, Angela	W76 Piedmont Pac	4.48m	6
4.26m 4.43m 4.36m FOUL 4.48m 4.42m			
3 # 845 Simpson, Jane	W77 TNT Internat	4.48m	4
4.28m 4.19m 4.40m 3.97m 4.30m 4.48m			
4 # 344 Guardino, Louise	W78 Piedmont Pac	4.39m	3
4.24m 4.28m 4.17m 4.39m 3.80m 4.30m			

Event 350 W80 Super Weight

Circle 1

80 USA: R 6.38m

Name	Age Team	Finals	Points
1 # 788 Roman, Mary	W83 Mass Velocit	5.01m	8
5.01m 4.93m FOUL 4.75m 4.93m 4.78m			

Event 350 W85 Super Weight

Circle 1

85 USA: R 5.39m

Name	Age Team	Finals	Points
1 # 492 Krug, Gloria	W87 Philadelphia	5.05m	8
5.05m 4.89m 4.76m PASS PASS PASS			

Event 402 W30 1 Mile Race Walk

Name	Age Team	Finals	Points
1 # 30 Armstrong, Cheryl	W32 Raleigh Walkers	10:08.29	8
1:16.237 (1:16.237) 2:29.902 (1:13.665) 3:43.419 (1:13.517) 4:56.535 (1:13.116)			
6:12.889 (1:16.355) 7:31.467 (1:18.579) 8:50.664 (1:19.197) 10:08.286 (1:17.622)			

Event 402 W35 1 Mile Race Walk

35 USA: R 7:10.04

Name	Age Team	Finals	Points
1 # 252 Easterday, Andrea	W37 Raleigh Walkers	10:44.22	8
1:15.052 (1:15.052) 2:34.080 (1:19.028) 3:56.716 (1:22.637) 5:19.779 (1:23.063)			
6:42.888 (1:23.110) 8:05.601 (1:22.714) 9:27.000 (1:21.399) 10:44.212 (1:17.213)			

Event 402 W40 1 Mile Race Walk

Name	Age Team	Finals	Points
1 # 552 Manns, DaBeth	W42 TNT Internat	13:37.91	8
1:30.054 (1:30.054) 3:08.201 (1:38.148) 4:50.438 (1:42.237) 6:34.883 (1:44.445)			
8:21.733 (1:46.850) 10:08.201 (1:46.469) 11:56.316 (1:48.115) 13:37.902 (1:41.587)			

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Results****Event 402 W45 1 Mile Race Walk**

=====							
45 USA: R 6:52.54							
Name	Age	Team	Finals	Points			
=====							
1 #	343	Gruttadauro, Shar	W48 Unattached	10:46.41	8		
	1:21.986	(1:21.986)	2:42.226	(1:20.240)	4:03.456	(1:21.230)	5:23.529 (1:20.074)
	6:45.224	(1:21.695)	8:06.819	(1:21.595)	9:27.761	(1:20.943)	10:46.401 (1:18.640)

Event 402 W50 1 Mile Race Walk

=====							
50 USA: R 7:52.06							
Name	Age	Team	Finals	Points			
=====							
1 #	108	Bridges, Debra	W52 Unattached	9:40.98	8		
	1:07.732	(1:07.732)	2:19.423	(1:11.691)	3:33.448	(1:14.025)	4:48.401 (1:14.953)
	6:02.277	(1:13.877)	7:16.463	(1:14.186)	8:30.536	(1:14.074)	9:40.975 (1:10.439)
2 #	302	Garson, Rebecca	W54 Unattached	10:25.36	6		
	1:17.599	(1:17.599)	2:35.116	(1:17.518)	3:56.511	(1:21.395)	5:15.259 (1:18.748)
	6:34.647	(1:19.389)	7:52.696	(1:18.049)	9:11.889	(1:19.194)	10:25.351 (1:13.462)

Event 402 W55 1 Mile Race Walk

=====							
Name	Age	Team	Finals	Points			
=====							
-- #	230	Dietz, Wendy	W59 Raleigh Walkers	DQ			
	1:18.360	(1:18.360)	2:38.048	(1:19.689)	4:00.490	(1:22.442)	5:26.041 (1:25.551)
	6:50.871	(1:24.831)	8:16.110	(1:25.239)	9:41.072	(1:24.963)	

Event 403 W60 1 Mile Race Walk

=====							
USA: R 9:16.94							
Name	Age	Team	Finals	Points			
=====							
1 #	214	Daniel, Maryanne	W60 Connecticut	8:58.44R	8		
	1:03.252	(1:03.252)	2:08.742	(1:05.490)	3:17.310	(1:08.569)	4:25.093 (1:07.783)
	5:33.875	(1:08.782)	6:43.210	(1:09.336)	7:52.690	(1:09.480)	8:58.440 (1:05.750)
2 #	508	Latterman, Leslie	W60 Unattached	11:02.01	6		
	1:12.485	(1:12.485)	2:29.293	(1:16.808)	3:50.230	(1:20.937)	5:15.455 (1:25.225)
	6:39.988	(1:24.534)	8:04.291	(1:24.304)	9:33.924	(1:29.633)	11:02.004 (1:28.080)
3 #	320	Good, Katherine	K W61 Potomac Vall	11:07.85	4		
	1:19.267	(1:19.267)	2:43.115	(1:23.849)	4:06.634	(1:23.519)	5:31.118 (1:24.485)
	6:54.055	(1:22.938)	8:18.468	(1:24.413)	9:44.297	(1:25.830)	11:07.846 (1:23.550)
4 #	930	Tonsits, Amy	W61 Atlanta Track Club	11:43.93	3		
	1:33.446	(1:33.446)	2:58.168	(1:24.722)	4:24.442	(1:26.275)	5:55.609 (1:31.167)
	7:24.945	(1:29.336)	8:53.725	(1:28.781)	10:21.613	(1:27.888)	11:43.921 (1:22.309)
5 #	752	Recto, Liza	W63 Potomac Vall	11:47.62	2		
	1:22.285	(1:22.285)	2:47.932	(1:25.648)	4:17.273	(1:29.341)	5:47.113 (1:29.840)
	7:17.837	(1:30.725)	8:49.223	(1:31.386)	10:20.072	(1:30.850)	11:47.614 (1:27.542)
6 #	173	Clark, Clovis	W63 Atlanta Track Club	13:16.28	1		
	1:32.832	(1:32.832)	3:05.450	(1:32.618)	4:46.090	(1:40.641)	6:30.698 (1:44.608)
	8:14.251	(1:43.554)	9:56.234	(1:41.983)	11:37.108	(1:40.875)	13:16.276 (1:39.169)
-- #	399	Hinton, Dianna	W61 Atlanta Track Club	DQ			
	1:44.828	(1:44.828)	3:35.990	(1:51.162)	5:26.989	(1:51.000)	7:18.258 (1:51.270)

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Event 404 W65 1 Mile Race Walk

=====									
65 USA: R 9:49.09									
Name	Age	Team	Finals	Points					
=====									
1 #	905	Swisher, Karen	W67 Heartland Ra	9:46.61R	8				
	1:10.800	(1:10.800)	2:21.148	(1:10.349)	3:35.257	(1:14.109)	4:49.938	(1:14.681)	
	6:04.859	(1:14.922)	7:18.823	(1:13.965)	8:33.998	(1:15.175)	9:46.603	(1:12.605)	
2 #	560	Martino, Marianne	W68 High Altitud	9:52.56	6				
	1:10.948	(1:10.948)	2:21.475	(1:10.528)	3:35.011	(1:13.536)	4:48.739	(1:13.729)	
	6:03.929	(1:15.190)	7:19.608	(1:15.680)	8:36.908	(1:17.300)	9:52.559	(1:15.651)	
3 #	992	Wilkinson, Carol	W69 High Altitud	11:20.37	4				
	1:25.409	(1:25.409)	2:50.860	(1:25.451)	4:16.999	(1:26.140)	5:43.059	(1:26.060)	
	7:07.593	(1:24.534)	8:32.486	(1:24.894)	9:57.072	(1:24.586)	11:20.365	(1:23.294)	
4 #	653	Mullis Dubow, Tre	W65 Atlanta Track Club	12:01.43	3				
	1:33.899	(1:33.899)	3:07.123	(1:33.224)	4:40.388	(1:33.265)	6:13.111	(1:32.724)	
	7:43.928	(1:30.817)	9:13.048	(1:29.121)	10:39.875	(1:26.827)	12:01.423	(1:21.548)	
-- #	1013	Witt, Judith	W69 Unattached	DQ					
	1:30.090	(1:30.090)	3:02.133	(1:32.043)	4:36.439	(1:34.307)	6:12.296	(1:35.857)	
	7:48.004	(1:35.709)	9:23.520	(1:35.516)	10:58.033	(1:34.514)	12:29.738	(1:31.705)	
-- #	723	Phillips, Hannah	W66 Potomac Vall	DQ					
	1:23.523	(1:23.523)	2:53.994	(1:30.471)	4:28.682	(1:34.688)	6:01.633	(1:32.952)	
	7:36.508	(1:34.875)	9:10.643	(1:34.135)					
-- #	355	*Hancock, Elizabe	W66 Australia	X13:04.02					
	1:29.418	(1:29.418)	3:07.646	(1:38.229)	4:48.556	(1:40.910)	6:28.334	(1:39.779)	
	8:07.671	(1:39.337)	9:46.117	(1:38.446)	11:27.872	(1:41.755)	13:04.011	(1:36.140)	

Event 404 W70 1 Mile Race Walk

=====									
70 USA: R 10:56.93									
Name	Age	Team	Finals	Points					
=====									
1 #	292	Frale, Kathleen	W73 So Cal Track Club	11:23.88	8				
	1:24.782	(1:24.782)	2:50.524	(1:25.743)	4:16.713	(1:26.189)	5:42.484	(1:25.772)	
	7:08.255	(1:25.771)	8:33.563	(1:25.309)	9:59.843	(1:26.280)	11:23.874	(1:24.032)	
2 #	366	Harrington, Alice	W72 South Florid	12:11.60	6				
	1:26.893	(1:26.893)	2:58.669	(1:31.777)	4:33.518	(1:34.850)	6:06.603	(1:33.085)	
	7:38.707	(1:32.104)	9:09.130	(1:30.424)	10:41.623	(1:32.493)	12:11.598	(1:29.976)	
3 #	305	Geer, Panseluta	W72 Shore Athletic Club	12:27.65	4				
	1:34.884	(1:34.884)	3:09.401	(1:34.517)	4:44.143	(1:34.742)	6:15.799	(1:31.657)	
	7:48.403	(1:32.604)	9:21.601	(1:33.199)	10:55.820	(1:34.220)	12:27.647	(1:31.827)	

Event 410 W30 3000 Meter Race Walk

=====									
Name	Age	Team	Finals	Points					
=====									
-- #	30	Armstrong, Cheryl	W32 Raleigh Walkers	DQ					
	1:15.604	(1:15.604)	2:33.063	(1:17.460)	3:49.448	(1:16.385)	5:05.044	(1:15.596)	
	6:20.566	(1:15.523)	7:36.766	(1:16.200)	8:53.488	(1:16.722)	10:12.445	(1:18.957)	
	11:32.079	(1:19.635)	12:52.189	(1:20.110)	14:13.807	(1:21.619)	15:35.462	(1:21.655)	
	16:58.060	(1:22.599)	18:20.663	(1:22.603)	19:43.045	(1:22.382)			

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Event 410 W35 3000 Meter Race Walk

=====

35 USA: R 12:36.76

35 WMA: W 12:23.46

Name	Age Team	Finals	Points
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1 #	252 Easterday, Andrea	W37 Raleigh Walkers	22:05.90	8
	1:23.043 (1:23.043)	2:52.160 (1:29.117)	4:21.655 (1:29.495)	5:51.507 (1:29.853)
	7:20.471 (1:28.965)	8:51.057 (1:30.586)	10:21.530 (1:30.474)	11:52.795 (1:31.265)
	13:24.395 (1:31.600)	14:55.191 (1:30.797)	16:24.708 (1:29.517)	17:54.082 (1:29.375)
	19:22.027 (1:27.945)	20:48.116 (1:26.090)	22:05.895 (1:17.780)	

Event 410 W40 3000 Meter Race Walk

=====

40 USA: R 12:45.05

40 WMA: W 12:33.10

Name	Age Team	Finals	Points
------	----------	--------	--------

1 #	552 Manns, DaBeth	W42 TNT Internat	26:58.59	8
	1:36.350 (1:36.350)	3:20.976 (1:44.627)	5:07.681 (1:46.705)	6:56.172 (1:48.491)
	8:46.864 (1:50.692)	10:37.192 (1:50.329)	12:26.840 (1:49.649)	14:16.687 (1:49.847)
	16:08.082 (1:51.395)	17:57.902 (1:49.820)	19:47.555 (1:49.653)	21:37.170 (1:49.615)
	23:26.430 (1:49.261)	25:13.815 (1:47.385)	26:58.590 (1:44.776)	

Event 410 W45 3000 Meter Race Walk

=====

45 USA: R 13:08.40

45 WMA: W 13:08.40

Name	Age Team	Finals	Points
------	----------	--------	--------

1 #	343 Gruttadauro, Shar	W48 Unattached	21:23.12	8
	1:25.874 (1:25.874)	2:48.727 (1:22.854)	4:14.179 (1:25.452)	5:41.293 (1:27.115)
	7:07.976 (1:26.684)	8:34.471 (1:26.495)	10:01.321 (1:26.850)	11:28.811 (1:27.490)
	12:53.078 (1:24.267)	14:19.194 (1:26.116)	15:45.987 (1:26.794)	17:12.347 (1:26.360)
	18:38.333 (1:25.986)	20:03.898 (1:25.565)	21:23.118 (1:19.220)	

Event 410 W50 3000 Meter Race Walk

=====

50 USA: R 15:04.35

50 WMA: W 14:18.00

Name	Age Team	Finals	Points
------	----------	--------	--------

1 #	302 Garson, Rebecca	W54 Unattached	20:10.39	8
	1:20.527 (1:20.527)	2:44.908 (1:24.381)	4:08.555 (1:23.648)	5:30.715 (1:22.160)
	6:53.525 (1:22.811)	8:16.389 (1:22.864)	9:37.670 (1:21.282)	10:59.177 (1:21.507)
	12:19.570 (1:20.393)	13:40.410 (1:20.841)	15:01.061 (1:20.651)	16:20.505 (1:19.445)
	17:39.035 (1:18.530)	18:57.445 (1:18.410)	20:10.384 (1:12.939)	
2 #	108 Bridges, Debra	W52 Unattached	20:50.13	6
	1:20.045 (1:20.045)	2:44.369 (1:24.325)	4:07.984 (1:23.615)	5:30.090 (1:22.107)
	6:52.986 (1:22.896)	8:15.786 (1:22.800)	9:38.188 (1:22.402)	11:00.664 (1:22.476)
	12:23.323 (1:22.660)	13:46.910 (1:23.588)	15:11.296 (1:24.386)	16:35.362 (1:24.066)
	17:59.259 (1:23.897)	19:24.660 (1:25.401)	20:50.128 (1:25.469)	
-- #	72 Benjamin, Rebecca	W53 Pegasus A.C.	DQ	
	1:11.678 (1:11.678)	2:26.167 (1:14.490)	3:41.719 (1:15.552)	4:58.765 (1:17.047)
	6:18.404 (1:19.639)	7:36.387 (1:17.984)	8:54.025 (1:17.639)	10:12.448 (1:18.423)
	11:30.781 (1:18.334)	12:51.569 (1:20.788)	14:13.187 (1:21.619)	

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Event 412 W60 3000 Meter Race Walk

=====

60 USA: R 17:15.24

60 WMA: W 15:39.97

Name	Age	Team	Finals	Points
1 # 214 Daniel, Maryanne	W60	Connecticut	17:22.10	8
1:05.689 (1:05.689)	2:15.137 (1:09.448)	3:23.635 (1:08.499)	4:34.008 (1:10.373)	
5:42.689 (1:08.682)	6:51.646 (1:08.957)	8:00.828 (1:09.182)	9:10.455 (1:09.628)	
10:19.748 (1:09.294)	11:29.901 (1:10.153)	12:42.129 (1:12.229)	13:53.943 (1:11.814)	
15:05.418 (1:11.475)	16:15.756 (1:10.339)	17:22.100 (1:06.345)		
2 # 508 Latterman, Leslie	W60	Unattached	21:35.87	6
1:20.718 (1:20.718)	2:47.155 (1:26.437)	4:15.539 (1:28.385)	5:42.898 (1:27.360)	
7:08.834 (1:25.936)	8:37.120 (1:28.286)	10:05.872 (1:28.752)	11:33.900 (1:28.029)	
13:02.433 (1:28.533)	14:30.852 (1:28.420)	15:59.540 (1:28.689)	17:27.017 (1:27.477)	
18:53.041 (1:26.025)	20:17.334 (1:24.294)	21:35.867 (1:18.533)		
3 # 930 Tonsits, Amy	W61	Atlanta Track Club	21:37.57	4
1:25.435 (1:25.435)	2:52.428 (1:26.993)	4:19.889 (1:27.462)	5:45.912 (1:26.023)	
7:12.794 (1:26.883)	8:40.407 (1:27.613)	10:09.498 (1:29.091)	11:38.765 (1:29.268)	
13:03.449 (1:24.685)	14:31.645 (1:28.196)	16:00.153 (1:28.508)	17:27.775 (1:27.623)	
18:53.809 (1:26.035)	20:18.231 (1:24.422)	21:37.563 (1:19.332)		
4 # 320 Good, Katherine K	W61	Potomac Vall	21:37.58	3
1:20.150 (1:20.150)	2:46.437 (1:26.287)	4:14.703 (1:28.267)	5:41.943 (1:27.240)	
7:08.140 (1:26.198)	8:36.264 (1:28.125)	10:04.947 (1:28.683)	11:33.084 (1:28.138)	
13:01.678 (1:28.594)	14:30.148 (1:28.471)	15:58.668 (1:28.520)	17:26.355 (1:27.688)	
18:52.405 (1:26.050)	20:16.731 (1:24.326)	21:37.580 (1:20.850)		
-- # 752 Recto, Liza	W63	Potomac Vall	DQ	
1:27.99 (1:27.99)	3:03.374 (1:35.39)	4:39.506 (1:36.132)	6:15.683 (1:36.177)	
7:53.393 (1:37.711)	9:31.483 (1:38.090)	11:09.352 (1:37.869)	12:46.983 (1:37.631)	
14:24.663 (1:37.681)	16:00.870 (1:36.207)	17:36.126 (1:35.256)	19:15.835 (1:39.710)	

Event 412 W65 3000 Meter Race Walk

=====

65 USA: R 17:46.25

65 WMA: W 16:57.96

Name	Age	Team	Finals	Points
1 # 560 Martino, Marianne	W68	High Altitud	18:40.03	8
1:14.005 (1:14.005)	2:29.487 (1:15.482)	3:46.044 (1:16.558)	5:01.003 (1:14.960)	
6:15.765 (1:14.762)	7:30.273 (1:14.509)	8:44.920 (1:14.647)	9:59.879 (1:14.960)	
11:14.993 (1:15.114)	12:29.948 (1:14.956)	13:45.609 (1:15.661)	15:01.128 (1:15.519)	
16:15.056 (1:13.929)	17:28.537 (1:13.481)	18:40.025 (1:11.489)		
2 # 905 Swisher, Karen	W67	Heartland Ra	19:13.33	6
1:14.273 (1:14.273)	2:30.888 (1:16.616)	3:47.758 (1:16.870)	5:03.967 (1:16.209)	
6:21.403 (1:17.436)	7:39.113 (1:17.711)	8:55.849 (1:16.736)	10:12.519 (1:16.670)	
11:30.655 (1:18.136)	12:49.156 (1:18.501)	14:05.997 (1:16.841)	15:24.387 (1:18.390)	
16:42.552 (1:18.165)	17:59.564 (1:17.013)	19:13.328 (1:13.765)		
3 # 176 Clark, Wendy	W65	So Cal Track Club	20:15.04	4
1:19.112 (1:19.112)	2:42.983 (1:23.872)	4:04.419 (1:21.436)	5:25.758 (1:21.339)	
6:47.313 (1:21.555)	8:08.203 (1:20.890)	9:29.964 (1:21.762)	10:50.976 (1:21.012)	
12:11.507 (1:20.531)	13:32.568 (1:21.061)	14:53.922 (1:21.355)	16:16.783 (1:22.861)	
17:37.431 (1:20.649)	18:58.081 (1:20.650)	20:15.038 (1:16.958)		
4 # 653 Mullis Dubow, Tre	W65	Atlanta Track Club	24:02.04	3
1:33.50 (1:33.50)	3:10.946 (1:37.45)	4:47.672 (1:36.726)	6:25.010 (1:37.339)	
7:59.202 (1:34.192)	9:35.070 (1:35.869)	11:13.170 (1:38.100)	12:49.913 (1:36.744)	
14:28.291 (1:38.378)	16:06.736 (1:38.445)	17:43.368 (1:36.632)	19:19.073 (1:35.705)	
20:54.265 (1:35.193)	22:28.235 (1:33.970)	24:02.038 (1:33.803)		

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....Event 412 W65 3000 Meter Race Walk

-- # 1013 Witt, Judith	W69 Unattached	DQ				
1:34.095 (1:34.095)	3:09.024 (1:34.930)	4:46.526 (1:37.502)	6:24.533 (1:38.008)			
8:02.610 (1:38.077)	9:40.086 (1:37.476)	11:19.114 (1:39.029)	12:56.454 (1:37.340)			
14:36.900 (1:40.446)	16:17.648 (1:40.748)					
-- # 355 *Hancock, Elizabe	W66 Australia	X24:55.71				
1:30.405 (1:30.405)	3:07.156 (1:36.751)	4:45.284 (1:38.129)	6:23.349 (1:38.065)			
8:02.289 (1:38.940)	9:42.279 (1:39.990)	11:24.201 (1:41.922)	13:06.403 (1:42.203)			
14:47.063 (1:40.660)	16:28.208 (1:41.145)	18:09.442 (1:41.235)	19:51.433 (1:41.992)			
21:34.083 (1:42.650)	23:12.453 (1:38.370)	24:55.703 (1:43.250)				

Event 412 W70 3000 Meter Race Walk

70 USA: R 19:02.02
70 WMA: W 18:26.50

Name	Age Team	Finals	Points
1 # 292 Frable, Kathleen	W73 So Cal Track Club	22:03.49	8
1:22.58 (1:22.58)	2:51.371 (1:28.80)	4:19.146 (1:27.775)	5:45.136 (1:25.990)
7:11.881 (1:26.745)	8:39.686 (1:27.805)	10:08.608 (1:28.923)	11:37.981 (1:29.373)
13:07.543 (1:29.563)	14:37.601 (1:30.058)	16:07.919 (1:30.319)	17:37.101 (1:29.182)
19:06.892 (1:29.791)	20:36.073 (1:29.182)	22:03.481 (1:27.408)	
2 # 366 Harrington, Alice	W72 South Florid	23:08.10	6
1:27.706 (1:27.706)	3:02.078 (1:34.372)	4:38.715 (1:36.638)	6:13.143 (1:34.429)
7:47.187 (1:34.044)	9:22.396 (1:35.210)	10:54.451 (1:32.055)	12:27.395 (1:32.945)
14:00.770 (1:33.375)	15:33.218 (1:32.449)	17:06.610 (1:33.392)	18:39.655 (1:33.045)
20:09.721 (1:30.066)	21:39.426 (1:29.705)	23:08.097 (1:28.671)	
3 # 305 Geer, Panseluta	W72 Shore Athletic Club	23:55.11	4
1:33.974 (1:33.974)	3:10.296 (1:36.322)	4:47.042 (1:36.746)	6:21.957 (1:34.915)
7:57.070 (1:35.114)	9:34.136 (1:37.066)	11:10.938 (1:36.802)	12:48.080 (1:37.143)
14:23.329 (1:35.250)	15:59.087 (1:35.758)	17:35.312 (1:36.225)	19:10.264 (1:34.953)
20:45.578 (1:35.315)	22:21.678 (1:36.100)	23:55.110 (1:33.433)	

Event 441 W30 Indoor Pentathlon

Name	Age Team	Finals	H#	Points
1 # 98 Borders, Christy	W30 Southwest Sp	2283		8
2 # 932 Trenor, Beth	W34 Atlanta Track Club	901		6

Event 441 W35 Indoor Pentathlon

35 USA: R 3499
35 WMA: W 4347

Name	Age Team	Finals	H#	Points
1 # 947 Varlack, Latiffia	W36 So Cal Track Club	1779		8
2 # 228 Dietrich, Alex	W39 So Cal Track Club	1478		6

Event 441 W40 Indoor Pentathlon

40 USA: R 3737
40 WMA: W 4440

Name	Age Team	Finals	H#	Points
1 # 345 Guest, Rachel	W43 Southwest Sp	3651		8

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Results****....Event 441 W40 Indoor Pentathlon**

2 #	751	Readinger, Danell	W43 Southwest Sp	2719	6
3 #	143	Cane, Debra	W43 So Cal Track Club	1674	4
4 #	685	Olson, Beverly	W44 Unattached	513	3

Event 441 W45 Indoor Pentathlon

45 USA: R 3930

45 WMA: W 4588

Name	Age	Team	Finals	H#	Points
1 # 852 Sluder, Anne	W46	Charlotte Tr	3598	8	
2 # 813 Sarn, Susan	W48	Bella N Motion	1840	6	

Event 441 W50 Indoor Pentathlon

50 USA: R 4028

50 WMA: W 4758

Name	Age	Team	Finals	H#	Points
1 # 380 Hedges, Jennifer	W53	Joy's Jackra	3506	8	

Event 441 W55 Indoor Pentathlon

55 USA: R 4502

55 WMA: W 4502

Name	Age	Team	Finals	H#	Points
1 # 438 Jakstiene, Nering	W55	Unattached	4894R	8	
2 # 837 Shannon, Janean	W56	Unattached	3010	6	

Event 441 W30 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
1 # 98 Borders, Christy	W30	Southwest Sp	10.51	3	618
2 # 932 Trenor, Beth	W34	Atlanta Track Club	15.83	3	26

Event 441 W35 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
1 # 947 Varlack, Latiffia	W36	So Cal Track Club	11.55	3	514
2 # 228 Dietrich, Alex	W39	So Cal Track Club	13.21	3	286

Event 441 W40 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
1 # 345 Guest, Rachel	W43	Southwest Sp	9.12	2	1068
2 # 751 Readinger, Danell	W43	Southwest Sp	10.29	2	842
3 # 143 Cane, Debra	W43	So Cal Track Club	12.45	2	491
4 # 685 Olson, Beverly	W44	Unattached	25.46	2	

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Event 441 W45 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	H#	Points
1 # 852 Sluder, Anne	W46 Charlotte Tr	9.74	2	965
2 # 813 Sarn, Susan	W48 Bella N Motion	11.81	2	606

Event 441 W50 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 380 Hedges, Jennifer	W53 Joy's Jackra	10.33	929

Event 441 W55 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 438 Jakstiene, Nering	W55 Unattached	9.59	1143
2 # 837 Shannon, Janean	W56 Unattached	11.94	733

Event 441 W30 High Jump Indoor Pentathlon

Apron B

Name	Age Team	Finals	Points
1 # 98 Borders, Christy	W30 Southwest Sp	1.24m	350
0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XXX			
2 # 932 Trenor, Beth	W34 Atlanta Track Club	1.09m	214
0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12			
O O O O O O O O XXO O O XO XO XXX			

Event 441 W35 High Jump Indoor Pentathlon

Apron B

Name	Age Team	Finals	Points
1 # 947 Varlack, Latiffia	W36 So Cal Track Club	1.30m	470
0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33			
O O PPP PPP O O O O PPP PPP O O O XO O XXO XO XXX			
2 # 228 Dietrich, Alex	W39 So Cal Track Club	1.27m	439
0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30			
O O O O O O O O O O O O O O O O XXO XO XXX			

Event 441 W40 High Jump Indoor Pentathlon

Apron B

Name	Age Team	Finals	Points
1 # 345 Guest, Rachel	W43 Southwest Sp	1.54m	842
1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57			
PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP XXO XO XXO XO XO XXO XXX			
2 # 751 Readinger, Danell	W43 Southwest Sp	1.42m	689
1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45			
PPP PPP PPP PPP PPP PPP O O PPP O O O XO XO XO XXX			

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

**JDL
Results**

....Event 441 W40 High Jump Indoor Pentathlon

3 #	143 Cane, Debra	W43 So Cal Track Club	1.18m	409
	0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21			
	PPP PPP O O O O O O O O O		XO XO XXO O XO XO XXX	
4 #	685 Olson, Beverly	W44 Unattached	0.97m	197
	0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00			
	O O O O O O O O O		XO XXX	

Event 441 W45 High Jump Indoor Pentathlon

Apron B

Name	Age Team	Finals	Points
1 # 852 Sluder, Anne	W46 Charlotte Tr	1.54m	953
	1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP	O PPP O O O O O	XXX
2 # 813 Sarn, Susan	W48 Bella N Motion	1.12m	409
	0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15		
	PPP PPP PPP O PPP O PPP O O O O O O	XO XO XXX	

Event 441 W50 High Jump Indoor Pentathlon

Apron B

Name	Age Team	Finals	Points
1 # 380 Hedges, Jennifer	W53 Joy's Jackra	1.36m	806
	0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP	O O O O O O O	XO XXX

Event 441 W55 High Jump Indoor Pentathlon

Apron B

Name	Age Team	Finals	Points
1 # 438 Jakstiene, Nering	W55 Unattached	1.48m	1132
	1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP	O PPP O O XXO XXO XPP	
2 # 837 Shannon, Janean	W56 Unattached	1.12m	566
	0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP	O O O O XXX	

Event 441 W30 Shot Put Indoor Pentathlon

Circle A

Name	Age Team	Finals	Points
1 # 98 Borders, Christy	W30 Southwest Sp	8.30m	419
	7.87m 7.97m 8.30m		
2 # 932 Trenor, Beth	W34 Atlanta Track Club	5.50m	240
	4.81m 5.17m 5.50m		

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 441 W35 Shot Put Indoor Pentathlon**

Circle A

Name	Age Team	Finals	Points
1 # 947 Varlack, Latiffia	W36 So Cal Track Club	7.67m	396
FOUL FOUL 7.67m			
2 # 228 Dietrich, Alex	W39 So Cal Track Club	6.45m	315
5.76m 6.45m 5.29m			

Event 441 W40 Shot Put Indoor Pentathlon

Circle A

Name	Age Team	Finals	Points
1 # 345 Guest, Rachel	W43 Southwest Sp	8.79m	513
8.26m 8.74m 8.79m			
2 # 751 Readinger, Danell	W43 Southwest Sp	6.98m	383
6.98m 6.91m 6.42m			
3 # 685 Olson, Beverly	W44 Unattached	5.96m	310
5.96m 5.63m 5.79m			
4 # 143 Cane, Debra	W43 So Cal Track Club	5.79m	298
5.61m 5.76m 5.79m			

Event 441 W45 Shot Put Indoor Pentathlon

Circle A

Name	Age Team	Finals	Points
1 # 852 Sluder, Anne	W46 Charlotte Tr	7.43m	456
6.79m 6.88m 7.43m			
2 # 813 Sarn, Susan	W48 Bella N Motion	4.87m	259
FOUL 4.56m 4.87m			

Event 441 W50 Shot Put Indoor Pentathlon

Circle A

Name	Age Team	Finals	Points
1 # 380 Hedges, Jennifer	W53 Joy's Jackra	8.59m	583
8.59m 8.26m 8.07m			

Event 441 W55 Shot Put Indoor Pentathlon

Circle A

Name	Age Team	Finals	Points
1 # 438 Jakstiene, Nering	W55 Unattached	9.94m	769
9.49m 9.10m 9.94m			
2 # 837 Shannon, Janean	W56 Unattached	8.55m	642
7.87m 8.55m 7.95m			

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Results****Event 441 W30 Long Jump Indoor Pentathlon**

Runway A					
Name	Age	Team	Finals	Points	
1 # 98 Borders, Christy	W30	Southwest Sp	4.61m	456	
4.61m	4.49m	4.49m			
2 # 932 Trenor, Beth	W34	Atlanta Track Club	3.20m	142	
3.20m	2.69m	2.70m			

Event 441 W35 Long Jump Indoor Pentathlon

Runway A					
Name	Age	Team	Finals	Points	
1 # 947 Varlack, Latiffia	W36	So Cal Track Club	3.84m	315	
3.74m	3.84m	PASS			
2 # 228 Dietrich, Alex	W39	So Cal Track Club	3.35m	202	
FOUL	2.89m	3.35m			

Event 441 W40 Long Jump Indoor Pentathlon

Runway A					
Name	Age	Team	Finals	Points	
1 # 345 Guest, Rachel	W43	Southwest Sp	4.94m	694	
4.94m	4.70m	4.82m			
2 # 751 Readinger, Danell	W43	Southwest Sp	4.13m	448	
4.10m	4.02m	4.13m			
3 # 143 Cane, Debra	W43	So Cal Track Club	3.18m	206	
3.01m	3.18m	2.99m			
4 # 685 Olson, Beverly	W44	Unattached	2.00m	6	
FOUL	2.00m	1.97m			

Event 441 W45 Long Jump Indoor Pentathlon

Runway A					
Name	Age	Team	Finals	Points	
1 # 852 Sluder, Anne	W46	Charlotte Tr	4.33m	584	
FOUL	FOUL	4.33m			
2 # 813 Sarn, Susan	W48	Bella N Motion	3.48m	329	
3.48m	3.31m	3.39m			

Event 441 W50 Long Jump Indoor Pentathlon

Runway A					
Name	Age	Team	Finals	Points	
1 # 380 Hedges, Jennifer	W53	Joy's Jackra	4.11m	601	
3.81m	3.84m	4.11m			

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Results****Event 441 W55 Long Jump Indoor Pentathlon**

Runway A

Name	Age	Team	Finals	Points
1 # 438 Jakstiene, Nering	W55	Unattached	5.00m	1072
4.77m 5.00m 4.89m				
2 # 837 Shannon, Janean	W56	Unattached	3.97m	648
3.70m FOUL 3.97m				

Event 441 W30 800 Meter Dash Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
1 # 98 Borders, Christy	W30	Southwest Sp	2:52.25	2	440
2 # 932 Trenor, Beth	W34	Atlanta Track Club	3:09.83	2	279

Event 441 W35 800 Meter Dash Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
1 # 228 Dietrich, Alex	W39	So Cal Track Club	3:16.23	2	236
2 # 947 Varlack, Latiffia	W36	So Cal Track Club	3:41.17	2	84

Event 441 W40 800 Meter Dash Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
1 # 345 Guest, Rachel	W43	Southwest Sp	2:51.41	2	534
2 # 751 Readinger, Danell	W43	Southwest Sp	3:09.65	2	357
3 # 143 Cane, Debra	W43	So Cal Track Club	3:20.29	2	270
4 # 685 Olson, Beverly	W44	Unattached	5:02.62	2	

Event 441 W45 800 Meter Dash Indoor Pentathlon

Name	Age	Team	Finals	Points
1 # 852 Sluder, Anne	W46	Charlotte Tr	2:49.13	640
2 # 813 Sarn, Susan	W48	Bella N Motion	3:33.97	237

Event 441 W50 800 Meter Dash Indoor Pentathlon

Name	Age	Team	Finals	Points
1 # 380 Hedges, Jennifer	W53	Joy's Jackra	3:02.35	587

Event 441 W55 800 Meter Dash Indoor Pentathlon

Name	Age	Team	Finals	Points
1 # 438 Jakstiene, Nering	W55	Unattached	2:52.85	778
2 # 837 Shannon, Janean	W56	Unattached	3:30.04	421

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Results****Event 442 W60 Indoor Pentathlon**

60 USA: R 4546

60 WMA: W 4568

Name	Age Team	Finals	H#	Points
1 # 361 Hanscom, Rita	W64 Balboa Track Club	3074		8
2 # 721 Phelps, Jo	W60 TNT Internat	2476		6
3 # 1027 Zukas, Donna	W63 Unattached	1136		4

Event 442 W65 Indoor Pentathlon

65 USA: R 4713

65 WMA: W 4713

Name	Age Team	Finals	H#	Points
1 # 315 Glynn, Kay	W66 Unattached	3135		8
2 # 1016 Woods, Lydia	W65 TNT Internat	1173		6

Event 442 W70 Indoor Pentathlon

70 USA: R 3642

70 WMA: W 4676

Name	Age Team	Finals	H#	Points
1 # 966 Warren, Barbara	W72 Capital City	2466		8
2 # 756 Rhodes, Carol	W70 Atlanta Track Club	1306		6
3 # 937 Trotto, Mary	W71 TNT Internat	834		4

Event 442 W75 Indoor Pentathlon

75 USA: R 3643

75 WMA: W 4494

Name	Age Team	Finals	H#	Points
1 # 845 Simpson, Jane	W77 TNT Internat	1228		8

Event 442 W60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	H#	Points
1 # 361 Hanscom, Rita	W64 Balboa Track Club	11.38	2	906
2 # 721 Phelps, Jo	W60 TNT Internat	13.14	2	636
3 # 1027 Zukas, Donna	W63 Unattached	21.42	2	

Event 442 W65 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	H#	Points
1 # 315 Glynn, Kay	W66 Unattached	13.25	2	708
2 # 1016 Woods, Lydia	W65 TNT Internat	20.19	2	54

Event 442 W70 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 966 Warren, Barbara	W72 Capital City	16.18	438

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**JDL
Results**

....Event 442 W70 60 Meter Hurdles Indoor Pentathlon

-- # 756 Rhodes, Carol W70 Atlanta Track Club DNF
 -- # 937 Trotto, Mary W71 TNT Internat DNF

Event 442 W75 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 845 Simpson, Jane	W77 TNT Internat	23.77	19

Event 442 W60 High Jump Indoor Pentathlon

Apron A

Name	Age Team	Finals	Points
1 # 361 Hanscom, Rita	W64 Balboa Track Club	1.27m	903
0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XO XO XXX			
2 # 721 Phelps, Jo	W60 TNT Internat	1.18m	759
0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XXX			
3 # 1027 Zukas, Donna	W63 Unattached	0.97m	439
0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00			
PPP PPP PPP O O O O O XXO XXX			

Event 442 W65 High Jump Indoor Pentathlon

Apron A

Name	Age Team	Finals	Points
1 # 315 Glynn, Kay	W66 Unattached	1.24m	1003
0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XO O XXO XXX			
2 # 1016 Woods, Lydia	W65 TNT Internat	0.85m	359
0.73 0.76 0.79 0.82 0.85 0.88			
O PPP O O O XXX			

Event 442 W70 High Jump Indoor Pentathlon

Apron A

Name	Age Team	Finals	Points
1 # 966 Warren, Barbara	W72 Capital City	1.06m	818
0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09			
PPP PPP PPP O O O O O O O O O O O XXX			
2 # 756 Rhodes, Carol	W70 Atlanta Track Club	0.88m	491
0.73 0.76 0.79 0.82 0.85 0.88 0.91			
O O O O O O XXX			
3 # 937 Trotto, Mary	W71 TNT Internat	0.79m	350
0.73 0.76 0.79 0.82 0.85			
O PPP O PPP XXX			

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JDL
Results

Event 442 W75 High Jump Indoor Pentathlon

Apron A

Name	Age Team	Finals	Points
1 # 845 Simpson, Jane	W77 TNT Internat	0.85m	566
0.73 0.76 0.79 0.82 0.85 0.88 0.91			
PPP PPP O XO O PPP XXX			

Event 442 W60 Shot Put Indoor Pentathlon

Circle A

Name	Age Team	Finals	Points
1 # 361 Hanscom, Rita	W64 Balboa Track Club	8.14m	676
8.14m 7.64m 7.30m			
2 # 721 Phelps, Jo	W60 TNT Internat	7.91m	653
7.24m 7.90m 7.91m			
3 # 1027 Zukas, Donna	W63 Unattached	6.47m	510
6.47m FOUL 6.35m			

Event 442 W65 Shot Put Indoor Pentathlon

Circle A

Name	Age Team	Finals	Points
1 # 315 Glynn, Kay	W66 Unattached	7.67m	709
6.86m 7.22m 7.67m			
2 # 1016 Woods, Lydia	W65 TNT Internat	5.69m	493
5.66m 5.60m 5.69m			

Event 442 W70 Shot Put Indoor Pentathlon

Circle A

Name	Age Team	Finals	Points
1 # 966 Warren, Barbara	W72 Capital City	6.65m	684
6.65m 6.33m 6.34m			
2 # 937 Trotto, Mary	W71 TNT Internat	5.02m	484
FOUL 5.02m 4.98m			
3 # 756 Rhodes, Carol	W70 Atlanta Track Club	3.88m	348
3.34m 3.88m 3.59m			

Event 442 W75 Shot Put Indoor Pentathlon

Circle A

Name	Age Team	Finals	Points
1 # 845 Simpson, Jane	W77 TNT Internat	4.72m	441
4.72m 4.65m 4.40m			

Event 442 W60 Long Jump Indoor Pentathlon

Runway A

Name	Age Team	Finals	Points
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2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****....Event 442 W60 Long Jump Indoor Pentathlon**

1 #	361 Hanscom, Rita	W64 Balboa Track Club	3.55m	589
	3.55m 3.49m 3.52m			
2 #	721 Phelps, Jo	W60 TNT Internat	3.13m	428
	2.86m 3.13m 2.89m			
3 #	1027 Zukas, Donna	W63 Unattached	2.09m	107
	2.00m 2.09m 2.04m			

Event 442 W65 Long Jump Indoor Pentathlon

Runway A				
	Name	Age Team	Finals	Points
1 #	315 Glynn, Kay	W66 Unattached	3.57m	715
	3.49m 3.06m 3.57m			
2 #	1016 Woods, Lydia	W65 TNT Internat	2.46m	267
	2.32m 2.46m 2.34m			

Event 442 W70 Long Jump Indoor Pentathlon

Runway A				
	Name	Age Team	Finals	Points
1 #	966 Warren, Barbara	W72 Capital City	2.56m	386
	2.56m 2.49m 2.49m			
2 #	756 Rhodes, Carol	W70 Atlanta Track Club	2.08m	204
	1.68m 1.96m 2.08m			
-- #	937 Trotto, Mary	W71 TNT Internat	FOUL	
	FOUL FOUL PASS			

Event 442 W75 Long Jump Indoor Pentathlon

Runway A				
	Name	Age Team	Finals	Points
1 #	845 Simpson, Jane	W77 TNT Internat	1.59m	102
	1.36m 1.59m 1.31m			

Event 442 W60 800 Meter Run Indoor Pentathlon

	Name	Age Team	Finals	Points
1 #	1027 Zukas, Donna	W63 Unattached	4:41.52	80
-- #	721 Phelps, Jo	W60 TNT Internat	DNF	
-- #	361 Hanscom, Rita	W64 Balboa Track Club	DNF	

Event 442 W65 800 Meter Run Indoor Pentathlon

	Name	Age Team	Finals	Points
-- #	1016 Woods, Lydia	W65 TNT Internat	DNF	
-- #	315 Glynn, Kay	W66 Unattached	DNF	

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Event 442 W70 800 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 756 Rhodes, Carol	W70 Atlanta Track Club	4:44.02	263
2 # 966 Warren, Barbara	W72 Capital City	5:10.34	140
-- # 937 Trotto, Mary	W71 TNT Internat	DNF	

Event 442 W75 800 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 845 Simpson, Jane	W77 TNT Internat	5:58.10	100
-- # 153 Carter, Ann	W77 Unattached	DNF	

Event 460 W30 4x800 Meter Relay Club

Team	Finals	Points
1 Atlanta Track Club 'A'	15:13.86	8
1) #724 Phillips, Lacey 32	2) #888 Stasulis, Angelina 32	
3) #977 Welch, Susan 51	4) #932 Trenor, Beth 34	
1:10.350 (1:10.350)	2:26.352 (1:16.002)	3:39.067 (1:12.715)
5:35.827 (48.862)	6:31.283 (55.457)	7:29.467 (58.184)
9:12.428 (48.333)	10:07.627 (55.199)	11:02.644 (55.018)
12:42.518 (45.337)	13:31.488 (48.971)	14:22.466 (50.978)
		15:13.852 (51.386)

Event 460 W35 4x800 Meter Relay Club

35 USA: R 10:09.15			
35 WMA: W 10:01.90			
Team	Finals	Points	
1 Bella N Motion 'A'	11:41.61	8	
1) #927 To taro, Joan 47	2) #728 Pletcher, Caitlin 36		
3) #708 Patla, Christie 50	4) #223 DeOliveira, Dianne 48		
39.063 (39.063)	1:19.898 (40.835)	2:02.863 (42.965)	2:44.209 (41.346)
3:21.987 (37.778)	4:03.467 (41.480)	4:48.633 (45.166)	5:31.298 (42.665)
6:19.427 (48.130)	7:10.867 (51.440)	8:05.297 (54.430)	8:59.538 (54.241)
9:36.115 (36.578)	10:15.363 (39.248)	10:57.612 (42.250)	11:41.610 (43.999)
2 So Cal Track Club 'A'	11:56.88	6	
1) #465 Josiah-Tanner, Euleen 44	2) #958 Vollweiler, Jill 50		
3) #143 Cane, Debra 43	4) #228 Dietrich, Alex 39		
36.963 (36.963)	1:16.461 (39.499)	1:58.148 (41.687)	2:38.942 (40.795)
3:21.086 (42.145)	4:04.217 (43.131)	4:49.963 (45.746)	5:35.081 (45.119)
6:19.796 (44.715)	7:07.838 (48.042)	7:57.685 (49.848)	8:45.926 (48.241)
9:31.387 (45.461)	10:17.937 (46.550)	11:07.275 (49.339)	11:56.877 (49.602)
3 Atlanta Track Club 'B'	21:41.27	4	
1) #173 Clark, Clovis 63	2) #744 Radle, Catherine 75		
3) #349 Hadley, Tanisha 35	4) #756 Rhodes, Carol 70		
1:10.621 (1:10.621)	2:32.202 (1:21.581)	3:57.022 (1:24.820)	5:18.045 (1:21.024)
6:20.458 (1:02.414)	7:32.405 (1:11.947)	8:54.343 (1:21.939)	10:13.294 (1:18.951)
11:37.110 (1:23.816)	13:15.874 (1:38.765)	14:58.804 (1:42.930)	16:35.275 (1:36.471)
17:48.548 (1:13.274)	19:07.758 (1:19.210)	20:20.849 (1:13.092)	21:41.264 (1:20.415)

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Event 460 W40 4x800 Meter Relay Club

40 USA: R 9:55.86							
40 WMA: W 9:25.49							
Team				Finals	Points		
1 TNT International Racing Club 'A'				12:17.69	8		
1) #20 Anderson, Kimberly 53		2) #869 Snyder, Susan 57					
3) #338 Gregory, Marilyn 44		4) #507 Latsch, Nancy 47					
39.857 (39.857)	1:20.359 (40.503)	2:03.141 (42.782)		2:45.548 (42.407)			
3:24.992 (39.445)	4:09.333 (44.341)	4:56.073 (46.740)		5:43.715 (47.643)			
6:22.759 (39.045)	7:05.991 (43.232)	7:53.185 (47.195)		8:39.271 (46.086)			
9:31.904 (52.634)	10:23.542 (51.638)	11:20.177 (56.635)		12:17.690 (57.514)			
2 Atlanta Track Club 'C'				13:23.10	6		
1) #367 Harris, Cassandra 41		2) #66 Begley, Amy 41					
3) #572 Mayhewrozek, Anna 43		4) #297 Friend-Uhl, Sonja 47					
49.860 (49.860)	2:03.118 (1:13.258)	3:33.108 (1:29.991)		4:50.013 (1:16.905)			
5:30.423 (40.410)	6:14.018 (43.595)	6:59.651 (45.633)		7:45.276 (45.625)			
8:24.173 (38.897)	9:06.198 (42.026)	9:52.250 (46.052)		10:41.199 (48.950)			
11:22.894 (41.695)	12:03.132 (40.238)	12:43.484 (40.353)		13:23.098 (39.615)			
3 Potomac Valley Track Club 'A'				16:51.64	4		
1) #642 Morman-Matthews, Marguerit 2)		#833 Shabelski, Joanne 57					
3) #426 Ingles, Penelope 42		4) #320 Good, Katherine Keg 61					
1:01.304 (1:01.304)	2:10.093 (1:08.789)	3:19.438 (1:09.346)		4:07.147 (47.709)			
4:56.333 (49.186)	5:48.688 (52.355)	6:43.343 (54.656)		7:37.855 (54.512)			
8:45.897 (1:08.042)	9:54.062 (1:08.165)	11:09.948 (1:15.887)		12:24.004 (1:14.056)			
13:23.876 (59.872)	14:35.906 (1:12.030)	15:47.797 (1:11.891)		16:51.633 (1:03.836)			

Event 460 W45 4x800 Meter Relay Club

Team				Finals	Points		
-- Philadelphia Masters 'A'				DQ			
1) #798 Rupp, Jo 45		2) #730 Popovitch, Catherine 57					
3) #535 Longshore, Kristine 51		4) #370 Harris, Nicole 45					
44.877 (44.877)	1:32.169 (47.293)	2:20.165 (47.996)		3:06.412 (46.247)			
3:57.083 (50.672)	4:52.213 (55.130)	5:47.712 (55.499)		6:56.546 (1:08.835)			
8:12.756 (1:16.210)	9:31.845 (1:19.090)	10:41.123 (1:09.278)		11:30.709 (49.587)			
12:25.024 (54.315)	13:22.536 (57.512)	14:16.318 (53.782)		14:16.318 (0.001)			

Event 460 W55 4x800 Meter Relay Club

Team				Finals	Points		
-- Atlanta Track Club 'D'				DQ			
1) #911 Tanner, Robin 58		2) #930 Tonsits, Amy 61					
3) #454 Johnson, Paula 57		4) #399 Hinton, Dianna 61					
46.413 (46.413)	1:36.656 (50.244)	2:30.277 (53.621)		3:22.128 (51.851)			
4:31.567 (1:09.440)	5:58.217 (1:26.650)	7:26.303 (1:28.086)		8:45.010 (1:18.708)			
9:40.509 (55.500)	10:39.159 (58.650)	11:44.805 (1:05.646)		12:53.047 (1:08.242)			
13:58.258 (1:05.212)	14:46.717 (48.459)	15:35.773 (49.056)		17:15.715 (1:39.943)			

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Results****Event 460 W60 4x800 Meter Relay Club**

60 USA: R 13:19.59

60 WMA: W 12:12.46

Team	Finals	Points
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1 Potomac Valley Track Club 'B'	15:00.60	8
1) #573 Mayhugh, Mary Lowe 62	2) #752 Recto, Liza 63	
3) #241 Draim, Ida 63	4) #792 Row, Elizabeth 63	
55.803 (55.803)	1:57.610 (1:01.807)	3:02.396 (1:04.786)
4:07.595 (1:05.200)	5:01.792 (54.197)	6:00.544 (58.753)
7:01.696 (1:01.152)	8:02.042 (1:00.346)	8:50.634 (48.593)
9:45.835 (55.201)	10:40.339 (54.505)	11:33.752 (53.413)
12:15.473 (41.721)	13:06.065 (50.593)	14:03.533 (57.469)
15:00.593 (57.060)		

Event 460 W65 4x800 Meter Relay Club

Team	Finals	Points
------	--------	--------

1 Atlanta Track Club 'E'	15:41.51	8
1) #420 Hudnall, Nonie 69	2) #653 Mullis Dubow, Trenice 65	
3) #538 Lucking, Cynthia 65	4) #4 Aderhold, Susan 71	
55.437 (55.437)	1:55.890 (1:00.454)	3:01.522 (1:05.632)
4:12.523 (1:11.002)	5:03.468 (50.945)	6:00.958 (57.490)
6:58.479 (57.522)	7:55.242 (56.763)	8:49.993 (54.752)
9:44.928 (54.935)	10:39.569 (54.642)	11:34.359 (54.790)
12:34.252 (59.893)	13:37.352 (1:03.100)	14:41.709 (1:04.358)
15:41.510 (59.801)		
2 Potomac Valley Track Club 'A'	18:42.73	6
1) #88 Blank, Betty 66	2) #327 Graf, Tami 82	
3) #336 Green, Rose 80	4) #723 Phillips, Hannah 66	
53.071 (53.071)	1:50.107 (57.036)	2:48.173 (58.066)
3:45.314 (57.142)	5:05.164 (1:19.850)	6:34.924 (1:29.760)
8:08.553 (1:33.630)	9:40.173 (1:31.620)	10:49.705 (1:09.533)
12:07.092 (1:17.387)	13:23.512 (1:16.420)	14:40.153 (1:16.641)
15:33.237 (53.085)	16:39.003 (1:05.767)	17:45.518 (1:06.515)
18:42.728 (57.210)		

Event 470 W30 4x400 Meter Relay Club

Team	Finals	H#	Points
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1 Port City Track Club 'A'	5:26.34	3	8
1) #477 King, Camile 36	2) #90 Bloxson, Patricia 48		
3) #362 Hansley, LaToya 31	4) #116 Brown, Tamika 36		
2 Atlanta Track Club 'A'	6:44.87	3	6
1) #724 Phillips, Lacey 32	2) #888 Stasulis, Angelina 32		
3) #977 Welch, Susan 51	4) #932 Trenor, Beth 34		

Event 470 W35 4x400 Meter Relay Club

35 USA: R 4:05.13

35 WMA: W 4:05.13

Team	Finals	H#	Points
------	--------	----	--------

1 So Cal Track Club 'A'	5:21.62	3	8
1) #465 Josiah-Tanner, Euleen 44	2) #826 Scott, Marioky 50		
3) #958 Vollweiler, Jill 50	4) #228 Dietrich, Alex 39		
2 TNT International Racing Club 'A'	5:33.91	3	6
1) #338 Gregory, Marilyn 44	2) #211 Cypress, Jill 46		
3) #971 Watson, Amanda 35	4) #507 Latsch, Nancy 47		

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Event 470 W40 4x400 Meter Relay Club

40 USA: R 4:07.66

40 WMA: W 4:03.72

Team	Finals	H#	Points
------	--------	----	--------

1 Atlanta Track Club 'B'	5:42.71	2	8
1) #66 Begley, Amy 41	2) #367 Harris, Cassandra 41		
3) #454 Johnson, Paula 57	4) #572 Mayhewrozek, Anna 43		
2 TNT International Racing Club 'B'	8:57.89	2	6
1) #845 Simpson, Jane 77	2) #659 Nana-Sinkam, Meaghan 47		
3) #721 Phelps, Jo 60	4) #552 Manns, DaBeth 42		

Event 470 W45 4x400 Meter Relay Club

Team	Finals	H#	Points
------	--------	----	--------

1 Philadelphia Masters 'A'	5:28.31	2	8
1) #413 Hoslyn, Rosemarie 52	2) #798 Rupp, Jo 45		
3) #220 DeHaven, Deborah 60	4) #370 Harris, Nicole 45		

Event 470 W50 4x400 Meter Relay Club

50 USA: R 4:26.18

50 WMA: W 4:26.18

Team	Finals	H#	Points
------	--------	----	--------

1 Athena Track Club 'C'	4:56.19	2	8
1) #749 Rath, Terri 55	2) #378 Hayden, Julie 59		
3) #791 Roux, Maryline 52	4) #10 Allen, Adriene 57		
2 TNT International Racing Club 'C'	6:04.86	2	6
1) #373 Harvey, Kathy 58	2) #20 Anderson, Kimberly 53		
3) #501 Lanier, Gina 53	4) #869 Snyder, Susan 57		

Event 470 W55 4x400 Meter Relay Club

Team	Finals	Points
------	--------	--------

1 Potomac Valley Track Club 'B'	8:30.86	8
1) #53 Barrett, Donna 62	2) #320 Good, Katherine Keg 61	
3) #833 Shabelski, Joanne 57	4) #642 Morman-Matthews, Marguerit	

Event 470 W60 4x400 Meter Relay Club

60 USA: R 5:36.49

60 WMA: W 5:16.99

Team	Finals	Points
------	--------	--------

1 Potomac Valley Track Club 'C'	6:53.07	8
1) #241 Draim, Ida 63	2) #752 Recto, Liza 63	
3) #792 Row, Elizabeth 63	4) #723 Phillips, Hannah 66	

Event 470 W65 4x400 Meter Relay Club

Team	Finals	Points
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1 Atlanta Track Club 'E'	6:55.32	8
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....Event 470 W65 4x400 Meter Relay Club

1) #4 Aderhold, Susan 71	2) #420 Hudnall, Nonie 69
3) #653 Mullis Dubow, Trenice 65	4) #538 Lucking, Cynthia 65
2 Potomac Valley Track Club 'D'	10:15.61 6
1) #88 Blank, Betty 66	2) #327 Graf, Tami 82
3) #2 Abdullah, Wahidah 71	4) #336 Green, Rose 80

Event 470 W70 4x400 Meter Relay Club

70 USA: R 7:21.74
70 WMA: W 7:21.74

Team	Finals	Points
------	--------	--------

1 Atlanta Track Club 'F'	9:39.54	8
1) #744 Radle, Catherine 75	2) #608 Melton, Judy 71	
3) #215 Daprano, Jeanne 82	4) #756 Rhodes, Carol 70	

Event 471 W30 4x400 Meter Relay Non Club

Team	Finals
------	--------

1 Non Club 'A'	4:31.39
1) #239 Downey, Sophia 31	2) #472 Kelly, Nicole 38
3) #853 *Smart, Olive 44	4) #255 Edwards, Lisa 40

Event 471 W50 4x400 Meter Relay Non Club

50 USA: R 4:26.18
50 WMA: W 4:26.18

Team	Finals
------	--------

1 Non Club 'C'	5:06.91
1) #400 Hinz, Lesley 60	2) #482 Klein, Tina 53
3) #13 Allen, Michelle 55	4) #586 McDonald, Sue 55

Event 480 W30 4x200 Meter Relay Club

Team	Finals	H#	Points
------	--------	----	--------

1 Southwest Sprinters Track Club 'A'	1:55.00	4	8
1) #751 Readinger, Danelle 43	2) #330 Grant, Easter 35		
3) #98 Borders, Christy 30	4) #11 Allen, Ahndraea 37		
2 Atlanta Track Club 'A'	2:55.87	4	6
1) #724 Phillips, Lacey 32	2) #888 Stasulis, Angelina 32		
3) #977 Welch, Susan 51	4) #932 Trenor, Beth 34		

Event 480 W35 4x200 Meter Relay Club

35 USA: R 1:56.53
35 WMA: W 1:43.74

Team	Finals	H#	Points
------	--------	----	--------

1 TNT International Racing Club 'A'	2:12.17	4	8
1) #373 Harvey, Kathy 58	2) #211 Cypress, Jill 46		
3) #971 Watson, Amanda 35	4) #721 Phelps, Jo 60		
2 So Cal Track Club 'A'	2:14.45	4	6

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....Event 480 W35 4x200 Meter Relay Club

- | | |
|------------------------------|------------------------------|
| 1) #826 Scott, Marioky 50 | 2) #947 Varlack, Latiffia 36 |
| 3) #143 Cane, Debra 43 | 4) #228 Dietrich, Alex 39 |
| 3 Atlanta Track Club 'B' | 4:09.09 4 4 |
| 1) #269 Farmer, Josephine 75 | 2) #173 Clark, Clovis 63 |
| 3) #349 Hadley, Tanisha 35 | 4) #399 Hinton, Dianna 61 |

Event 480 W40 4x200 Meter Relay Club

40 USA: R 1:53.25
40 WMA: W 1:44.34

Team	Finals	H#	Points
1 Southwest Sprinters Track Club 'B'	1:58.74	3	8
1) #345 Guest, Rachel 43	2) #630 Monteleone, Cynthia 43		
3) #782 Rogers, Jeanette 44	4) #78 Bernert, Brandi 40		
2 Philadelphia Masters 'A'	2:12.04	3	6
1) #104 Bragg, Bernice 47	2) #186 Colby, Stephanie 41		
3) #220 DeHaven, Deborah 60	4) #370 Harris, Nicole 45		
3 Atlanta Track Club 'C'	2:22.58	3	4
1) #572 Mayhewrozek, Anna 43	2) #66 Begley, Amy 41		
3) #367 Harris, Cassandra 41	4) #297 Friend-Uhl, Sonja 47		
4 TNT International Racing Club 'A'	3:43.39	3	3
1) #1016 Woods, Lydia 65	2) #659 Nana-Sinkam, Meaghan 47		
3) #845 Simpson, Jane 77	4) #552 Manns, DaBeth 42		

Event 480 W45 4x200 Meter Relay Club

45 USA: R 1:57.63
45 WMA: W 1:46.38

Team	Finals	H#	Points
1 Philadelphia Masters 'B'	3:30.86	3	8
1) #730 Popovitch, Catherine 57	2) #798 Rupp, Jo 45		
3) #535 Longshore, Kristine 51	4) #492 Krug, Gloria 87		

Event 480 W50 4x200 Meter Relay Club

50 USA: R 2:00.22
50 WMA: W 1:50.40

Team	Finals	H#	Points
1 Athena Track Club 'A'	2:03.06	2	8
1) #935 Triolo, Sandy 56	2) #10 Allen, Adriene 57		
3) #749 Rath, Terri 55	4) #791 Roux, Maryline 52		
2 Potomac Valley Track Club 'A'	2:22.01	2	6
1) #309 Gibson, Dr Koura 54	2) #781 Rogers, Ella 51		
3) #265 Evans, Wanda 54	4) #59 Battle, Tracey 51		

Event 480 W55 4x200 Meter Relay Club

55 USA: R 2:13.82
55 WMA: W 1:55.90

Team	Finals	H#	Points
1 Joy's Jackrabbits Track Club 'A'	2:04.55R	2	8

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Results****....Event 480 W55 4x200 Meter Relay Club**

1) #404 Hoffman, Debra 59	2) #101 Bowman, Becky 60		
3) #453 Johnson, Gabrielle 55	4) #943 Upshaw, Joy 58		
2 Potomac Valley Track Club 'B'		2:36.77	2 6
1) #642 Morman-Matthews, Marguerit	2) #723 Phillips, Hannah 66		
3) #991 Wilkins, Mary 58	4) #833 Shabelski, Joanne 57		
3 Atlanta Track Club 'D'		3:03.62	2 4
1) #911 Tanner, Robin 58	2) #756 Rhodes, Carol 70		
3) #930 Tonsits, Amy 61	4) #454 Johnson, Paula 57		

Event 480 W60 4x200 Meter Relay Club

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60 USA: R 2:19.35

60 WMA: W 2:00.37

Team Finals Points

1 Potomac Valley Track Club 'C'		3:02.07	8
1) #241 Draim, Ida 63	2) #88 Blank, Betty 66		
3) #792 Row, Elizabeth 63	4) #573 Mayhugh, Mary Lowe 62		

Event 480 W65 4x200 Meter Relay Club

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65 USA: R 3:10.83

65 WMA: W 2:09.74

Team Finals Points

1 Atlanta Track Club 'E'		3:04.72R	8
1) #420 Hudnall, Nonie 69	2) #653 Mullis Dubow, Trenice 65		
3) #538 Lucking, Cynthia 65	4) #4 Aderhold, Susan 71		

Event 480 W70 4x200 Meter Relay Club

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70 USA: R 3:55.04

70 WMA: W 2:33.08

Team Finals Points

1 Potomac Valley Track Club 'D'		6:16.68	8
1) #425 Ingles, Laura 72	2) #2 Abdullah, Wahidah 71		
3) #327 Graf, Tami 82	4) #336 Green, Rose 80		

Event 481 W35 4x200 Meter Relay Non Club

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35 USA: R 1:48.60

35 WMA: W 1:43.74

Team Finals

1 Non Club 'A'		1:52.77	
1) #593 MCGowan, Emmanuelle 50	2) #575 McAllister, Shameika 42		
3) #595 McIntyre, Inga 38	4) #255 Edwards, Lisa 40		

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Event 481 W40 4x200 Meter Relay Non Club

40 USA: R 1:53.25

40 WMA: W 1:44.34

Team Finals

1 Non Club 'B' 2:06.25
 1) #941 Tyler, Yasmeen 41 2) #650 Muhammad, Zakiyya 41
 3) #1007 Wilson, Sheena 45 4) #949 Vaughn, Kisha 44

Event 481 W45 4x200 Meter Relay Non Club

45 USA: R 1:57.63

45 WMA: W 1:46.38

Team Finals

1 Non Club 'C' 2:08.08
 1) #1009 Wilton, Lane 53 2) #400 Hinz, Lesley 60
 3) #852 Sluder, Anne 46 4) #79 Bey, Cheryl 54

Event 481 W80 4x200 Meter Relay Non Club

80 WMA: W 4:15.33

Team Finals

1 Non Club 'D' 3:41.34W
 1) #424 Hurrell, Lynne 84 2) #236 Donley, Christel 84
 3) #680 Obera, Irene 85 4) #215 Daprano, Jeanne 82

Event 501 M30 60 Meter Dash

Name	Age Team	Finals	Points
1 # 411 Horne, Kyle	M34 Unattached	7.29	8 7.285
2 # 417 Howell, Solomon	M34 Unattached	7.29	6 7.290
3 # 570 Maxwell, Terence	M31 Unattached	7.51	4
4 # 369 Harris, Michael	M33 Unattached	7.82	3
5 # 698 Palacio, Alvaro	M30 Houston Elite	7.96	2
-- # 210 *Curtis Jr, Alton	M32 Bahamas	X7.90	

Event 502 M35 60 Meter Dash

8 Advance: Top 2 Each Heat plus Next 4 Best Times

USA: R 6.50

WMA: W 6.47

Name Age Team Prelims H#

Preliminaries

1 # 254 Echols, Antoine	M36 U.S. Army	6.90Q	1
2 # 704 Parker, Rondrick	M35 Southwest Sp	7.05Q	2
3 # 337 Green Jr, Gerald	M37 Southwest Sp	7.14Q	2
4 # 133 Burnett, Sean	M37 Southwest Sp	7.16Q	1
5 # 233 Dixon, Jeremiah	M38 Unattached	7.17q	2
6 # 249 Dunn, Durran	M37 Southwest Sp	7.30q	1
7 # 139 Caldwell, Charles	M37 Kansas City Smoke	7.41q	2
8 # 48 Barnes, Marcus	M36 Unattached	7.56q	2
9 # 3 Adeleke, Anthony	M37 Potomac Vall	7.57	1

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....Event 502 M35 60 Meter Dash

10 #	1010 Wimmer, Kyle	M38	Unattached	7.71	1
11 #	29 Arline Jr, Sherma	M36	Unattached	8.02	2
12 #	375 Hassin, Bryan	M39	Piedmont Pac	8.75	1

Event 502 M35 60 Meter Dash

USA: R 6.50
WMA: W 6.47

Name	Age	Team	Finals	Points
Finals				
1 #	254 Echols, Antoine	M36 U.S. Army	6.88	8
2 #	704 Parker, Rondrick	M35 Southwest Sp	6.99	6
3 #	233 Dixon, Jeremiah	M38 Unattached	7.07	4
4 #	337 Green Jr, Gerald	M37 Southwest Sp	7.10	3
5 #	133 Burnett, Sean	M37 Southwest Sp	7.16	2
6 #	249 Dunn, Durran	M37 Southwest Sp	7.33	1
7 #	139 Caldwell, Charles	M37 Kansas City Smoke	7.45	
8 #	48 Barnes, Marcus	M36 Unattached	7.50	

Event 503 M40 60 Meter Dash

8 Advance: Top 2 Each Heat plus Next 4 Best Times

USA: R 6.90
WMA: W 6.56

Name	Age	Team	Prelims	H#
Preliminaries				
1 #	1017 Woods, Thal	M40 Unattached	7.17Q	2
2 #	175 Clark, Dedrick	M40 Southwest Sp	7.26Q	1
3 #	127 Bunch Jr, Calvin	M44 Unattached	7.35Q	2
4 #	221 Delisle, Rawle	M44 Southwest Sp	7.37Q	1
5 #	546 Maggit, Quincy	M40 Unattached	7.41q	2
6 #	569 Maxwell, Mitchell	M44 Southwest Sp	7.72q	1
7 #	654 Murdock, Daniel	M44 TNT Internat	7.93q	2
8 #	607 Melton, Jason	M42 Unattached	7.96q	1
9 #	391 Hernandez Gonzalo	M40 Unattached	7.98	2
10 #	551 Manning, Adam	M44 Unattached	8.12	2
11 #	190 Collins, Manley	M42 Potomac Vall	8.94	1

Event 503 M40 60 Meter Dash

USA: R 6.90
WMA: W 6.56

Name	Age	Team	Finals	Points	
Finals					
1 #	1017 Woods, Thal	M40 Unattached	7.12	8	
2 #	175 Clark, Dedrick	M40 Southwest Sp	7.18	6	
3 #	127 Bunch Jr, Calvin	M44 Unattached	7.33	4	
4 #	546 Maggit, Quincy	M40 Unattached	7.44	3	7.431
5 #	221 Delisle, Rawle	M44 Southwest Sp	7.44	2	7.437
6 #	569 Maxwell, Mitchell	M44 Southwest Sp	7.68	1	
7 #	391 Hernandez Gonzalo	M40 Unattached	7.95		
8 #	654 Murdock, Daniel	M44 TNT Internat	8.05		

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 504 M45 60 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**=====

USA: R 7.02

WMA: W 6.97

Name	Age	Team	Prelims	H#
=====				
Preliminaries				
1 # 234 Dixon, Stevan	M48	Unattached	7.20Q	1
2 # 540 Mack, Jeffery	M46	Unattached	7.29Q	2
3 # 598 McKenzie, Orville	M45	Unattached	7.49Q	1
4 # 244 Drummond, Don	M49	Southwest Sp	7.73Q	2
5 # 921 Thorne, Gavin	M47	So Cal Track Club	7.57q	1
6 # 458 Johnson Sr, Corey	M46	Unattached	7.70q	1
7 # 450 Joachim, George	M48	Southwest Sp	7.75q	2
8 # 229 Dietz, Shaun	M46	Unattached	7.77q	1
9 # 44 Ballard, Anthony	M47	Port City Tr	8.00	2
10 # 564 Mathews, Carlos	M45	TNT Internat	8.03	1
11 # 843 *Shimmi, Akio	M47	Japan	X8.10	2
12 # 720 Phan, Derick	M45	Unattached	8.15	2
13 # 354 Hamilton, Matt	M46	Unattached	8.20	2
14 # 478 King, Darren	M46	Unattached	10.54	1

Event 504 M45 60 Meter Dash=====

USA: R 7.02

WMA: W 6.97

Name	Age	Team	Finals	Points
=====				
Finals				
1 # 234 Dixon, Stevan	M48	Unattached	7.17	8
2 # 540 Mack, Jeffery	M46	Unattached	7.36	6
3 # 598 McKenzie, Orville	M45	Unattached	7.39	4
4 # 921 Thorne, Gavin	M47	So Cal Track Club	7.48	3
5 # 458 Johnson Sr, Corey	M46	Unattached	7.68	2
6 # 244 Drummond, Don	M49	Southwest Sp	7.72	1
7 # 229 Dietz, Shaun	M46	Unattached	7.75	
8 # 450 Joachim, George	M48	Southwest Sp	7.88	

Event 505 M50 60 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**=====

USA: R 7.13

WMA: W 7.04

Name	Age	Team	Prelims	H#
=====				
Preliminaries				
1 # 955 Vickers, Karnell	M52	Unattached	7.33Q	3
2 # 740 Pye, Derek	M51	Southwest Sp	7.36Q	2
3 # 765 Ridley, Robbie	M50	Unattached	7.61Q	1
4 # 289 Foulke, Wayne	M52	Greater Phil	7.80Q	1
5 # 357 Hanes III, Norris	M51	Potomac Vall	7.81Q	2
6 # 461 Jones, David	M54	Southwest Sp	7.88Q	3
7 # 452 Johnson, Eric	M51	Unattached	7.89q	1
8 # 434 Jackson Sr, Lione	M53	Mass Velocit	7.99q	1
9 # 634 Moore, Douglas	M50	Unattached	8.06	1
10 # 886 Staples, Glenn	M50	Potomac Vall	8.19	3

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****....Event 505 M50 60 Meter Dash**

11 #	448 Jenkins III, Gait	M50 Unattached	8.24	3
12 #	696 Padgett, Calvin	M50 Charlotte Tr	8.25	2
13 #	856 Smith, Douglas	M54 Unattached	8.29	3
14 #	206 Cureton III, Benj	M53 Unattached	8.36	2
15 #	615 Miles Jr, Leroy	M52 Unattached	8.37	2
16 #	612 Merriweather, Eri	M54 Sprint Athle	8.44	1
17 #	814 Sarsony, Chris	M51 Piedmont Pac	8.63	3
18 #	304 Gates, David	M51 Oregon Track Club	8.73	1

Event 505 M50 60 Meter Dash

=====

USA: R 7.13

WMA: W 7.04

Name	Age Team	Finals	Points
=====			
Finals			
1 #	955 Vickers, Karnell M52 Unattached	7.29	8
2 #	740 Pye, Derek M51 Southwest Sp	7.38	6
3 #	357 Hanes III, Norris M51 Potomac Vall	7.55	4
4 #	765 Ridley, Robbie M50 Unattached	7.65	3
5 #	461 Jones, David M54 Southwest Sp	7.74	2
6 #	289 Foulke, Wayne M52 Greater Phil	7.91	1
7 #	434 Jackson Sr, Liore M53 Mass Velocit	7.92	
8 #	452 Johnson, Eric M51 Unattached	7.96	

Event 506 M55 60 Meter Dash**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

=====

USA: R 7.34

WMA: W 7.34

Name	Age Team	Prelims	H#
=====			
Preliminaries			
1 #	410 Hooker, Laurence M56 Potomac Vall	7.68Q	1
2 #	371 Harrison Sr, Adri M57 Potomac Vall	8.26Q	2
3 #	589 McGee, Don M58 Potomac Vall	7.78Q	1
4 #	54 Barrett, Owen M56 TNT Internat	8.35Q	2
5 #	743 Quarrie, Clifton M58 Potomac Vall	7.83q	1
6 #	8 Allaire, John M59 Unattached	8.42q	2
7 #	428 Intintolo, John M56 Unattached	8.47q	2
8 #	1024 Young, Mike M57 Unattached	8.60q	1
9 #	398 Hilliard, Brad M57 Unattached	8.61	2
10 #	831 Seay, Eric M58 Unattached	8.74	1
11 #	264 Evans, LanceLot M58 Atlanta Track Club	8.79	2
12 #	738 Pritchard, Craig M55 Piedmont Pac	8.83	1
13 #	824 *Schuster, Robert M55 U.S. Virgin Islands	X8.91	1
14 #	739 Pryor, John M58 Unattached	8.93	2
15 #	809 Sandhu, Hardeep M55 Unattached	9.15	1

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 506 M55 60 Meter Dash**

=====

USA: R 7.34

WMA: W 7.34

Name	Age Team	Finals	Points
=====			
Finals			
1 # 410 Hooker, Laurence	M56 Potomac Vall	7.50	8
2 # 743 Quarrie, Clifton	M58 Potomac Vall	7.73	6
3 # 589 McGee, Don	M58 Potomac Vall	7.74	4
4 # 371 Harrison Sr, Adri	M57 Potomac Vall	8.26	3
5 # 54 Barrett, Owen	M56 TNT Internat	8.31	2
6 # 8 Allaire, John	M59 Unattached	8.44	1
7 # 1024 Young, Mike	M57 Unattached	8.54	
8 # 428 Intintolo, John	M56 Unattached	8.61	

Event 507 M60 60 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====

USA: R 7.52

WMA: W 7.52

Name	Age Team	Prelims	H#
=====			
Preliminaries			
1 # 324 Gould, Stephen	M62 Mass Velocit	8.27Q	2
2 # 350 Hadrick, John	M61 TNT Internat	8.31Q	3
3 # 603 McPherson, Norman	M62 Unattached	8.37Q	1
4 # 916 Thompson, Doug	M60 Unattached	8.42Q	2
5 # 922 Thurman, Bob	M63 Sierra Gold	8.48Q	1
6 # 397 Hieskell, Steve	M60 Unattached	8.50Q	3
7 # 225 DeVerger, Derrick	M63 Unattached	8.45q	2
8 # 882 Spruill, Willie	M60 Unattached	8.52q	1
9 # 277 Fisher, Wayne	M64 Charlotte Tr	8.62	3
10 # 555 Markley, Anthony	M64 Potomac Vall	8.68	2
11 # 12 Allen, Jackie	M62 So Cal Track Club	8.71	1
12 # 626 Moeller, Craig	M63 Unattached	8.81	1 8.809
13 # 312 Gish Jr, G Ed	M64 Unattached	8.81	3 8.810
14 # 777 Roden, Ross	M60 Unattached	8.90	2
15 # 356 Hanes, Steve	M63 Key West Tra	8.97	3
16 # 600 McLawhorn, David	M64 So Cal Track Club	9.06	1
17 # 287 Foreman, Keith	M61 Trojan Masters T.C.	9.12	2
18 # 439 Jakubowski, Mark	M61 Unattached	9.22	1
19 # 818 *Schaber, Mark	M60 Canada	X9.32	2
20 # 500 Lambert, John	M60 Unattached	9.78	3
21 # 275 Finley, Lawrence	M60 Over The Hill TC	9.89	3
22 # 997 Williams, Gregory	M62 Piedmont Pac	10.83	2
23 # 649 Muhammad, Aasim	M60 Unattached	10.88	1
24 # 745 Raines, Jeffrey	M60 Twin City Tr	12.86	3

Event 507 M60 60 Meter Dash

=====

USA: R 7.52

WMA: W 7.52

Name	Age Team	Finals	Points
=====			
Finals			
1 # 324 Gould, Stephen	M62 Mass Velocit	8.19	8

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Results****....Event 507 M60 60 Meter Dash**

2 #	350 Hadrick, John	M61 TNT Internat	8.32	6
3 #	225 DeVerger, Derrick	M63 Unattached	8.35	4
4 #	397 Hieskell, Steve	M60 Unattached	8.38	3
5 #	603 McPherson, Norman	M62 Unattached	8.40	2
6 #	916 Thompson, Doug	M60 Unattached	8.42	1
7 #	882 Spruill, Willie	M60 Unattached	8.53	

Event 508 M65 60 Meter Dash

USA: R 7.69

WMA: W 7.69

Name	Age Team	Finals	Points
1 # 718 Peyton, Oscar	M66 Potomac Vall	7.94	8
2 # 512 Leake, Damien	M66 SC Striders	7.96	6
3 # 830 Searles, Anthony	M65 Charlotte Tr	8.23	4
4 # 197 Craig, David	M67 So Cal Track Club	8.33	3
5 # 690 Ortman, David	M65 Unattached	8.58	2
6 # 867 Snodgrass, Ernie	M66 Big River Racing	9.27	1
7 # 495 Lacey, Kenneth	M65 Unattached	9.30	
8 # 298 Frontino, James	M69 TNT Internat	9.59	

Event 509 M70 60 Meter Dash**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USA: R 8.11

WMA: W 8.09

Name	Age Team	Prelims	H#
Preliminaries			
1 # 15 Allie, Charles	M71 Houston Elite	8.46Q	1
2 # 878 Spencer, Douglas	M72 Houston Elite	8.83Q	2
3 # 406 Hogue, Barry	M70 Unattached	9.25Q	1
4 # 263 Etter, James	M72 Unattached	9.75Q	2
5 # 628 Monesmith, Freder	M70 Shore Athletic Club	9.58q	1
6 # 1023 Young, Jeff	M70 Potomac Vall	10.09q	1
7 # 705 Parker III, Georg	M71 Unattached	10.33q	2
8 # 620 *Mintz, Bruce	M72 Canada	X10.34q	2
9 # 817 Scelsi, Howard	M74 Unattached	10.42	2
10 # 36 Austin Jr, Cortez	M71 Potomac Vall	10.56	2
11 # 557 *Martel, Michael	M70 Canada	X11.89	1

Event 509 M70 60 Meter Dash

USA: R 8.11

WMA: W 8.09

Name	Age Team	Finals	Points
Finals			
1 # 15 Allie, Charles	M71 Houston Elite	8.33	8
2 # 878 Spencer, Douglas	M72 Houston Elite	8.87	6
3 # 406 Hogue, Barry	M70 Unattached	9.44	4
4 # 628 Monesmith, Freder	M70 Shore Athletic Club	9.66	3
5 # 263 Etter, James	M72 Unattached	10.02	2
6 # 1023 Young, Jeff	M70 Potomac Vall	10.12	1

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****....Event 509 M70 60 Meter Dash**

-- # 620 *Mintz, Bruce M72 Canada X10.53

Event 510 M75 60 Meter Dash

USA: R 8.44

WMA: W 8.44

Name	Age	Team	Finals	Points
1 # 487 Koontz, Robert	M75	Potomac Vall	9.00	8
2 # 893 Stellato, Domenic	M75	Philadelphia	9.03	6
3 # 97 Booth, Howard	M75	Unattached	9.99	4
4 # 868 Snyder, Gary	M75	Mass Velocit	10.27	3
5 # 395 Hicks, Kenneth	M78	Norfolk Real	10.30	2
6 # 1020 Wuth, William	M78	Atlanta Track Club	11.46	1

Event 511 M80 60 Meter Dash

USA: R 8.88

WMA: W 8.88

Name	Age	Team	Finals	Points
1 # 83 Bittner, William	M82	Philadelphia	9.56	8
2 # 525 Lida, Robert	M82	Unattached	9.74	6
3 # 954 Vergin, Roger	M81	Club Northwest	10.62	4
4 # 462 Jones, Ronald	M82	Potomac Vall	11.88	3
5 # 435 Jackson Sr, Norma	M81	TNT Internat	11.89	2

Event 512 M85 60 Meter Dash

USA: R 9.81

WMA: W 9.77

Name	Age	Team	Finals	Points
1 # 393 Hewitt, Robert	M85	Unattached	10.95	8
2 # 333 Gray, Ronald	M86	Colorado Mas	11.35	6
3 # 443 Jankovich, Willia	M85	Unattached	12.64	4
4 # 177 Clark, William	M85	Unattached	14.34	3
5 # 858 Smith, F Alan	M87	Florida Athl	16.69	2

Event 513 M90 60 Meter Dash

USA: R 11.63

WMA: W 10.91

Name	Age	Team	Finals	Points
1 # 870 Soller, Richard	M92	Unattached	17.14	8
2 # 384 Hemphill, Dixon	M94	Potomac Vall	23.44	6

Event 521 M30 200 Meter Dash

Name	Age	Team	Finals	Points
1 # 43 Baker, Antwun	M31	Unattached	23.46	8
2 # 578 McCain Jr, Gregor	M33	Unattached	24.13	6
3 # 570 Maxwell, Terence	M31	Unattached	24.28	4

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****....Event 521 M30 200 Meter Dash**

-- # 210 *Curtis Jr, Alton M32 Bahamas XDQ

Event 522 M35 200 Meter Dash**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

USA: R 21.67

WMA: W 20.59

Name	Age	Team	Prelims	H#
Preliminaries				
1 # 704 Parker, Rondrick	M35	Southwest Sp	23.52Q	2
2 # 554 Marenin, Roman	M35	Unattached	23.55Q	1 23.541
3 # 133 Burnett, Sean	M37	Southwest Sp	23.55Q	1 23.545
4 # 233 Dixon, Jeremiah	M38	Unattached	23.59Q	2
5 # 636 Moore, Tim	M35	Unattached	23.58q	1
6 # 249 Dunn, Durran	M37	Southwest Sp	23.71q	2
7 # 337 Green Jr, Gerald	M37	Southwest Sp	23.77	2
8 # 314 Glenn, Jamar	M38	Unattached	24.29	2
9 # 1010 Wimmer, Kyle	M38	Unattached	24.81	1
10 # 3 Adeleke, Anthony	M37	Potomac Vall	25.37	2
11 # 375 Hassin, Bryan	M39	Piedmont Pac	29.25	1

Event 522 M35 200 Meter Dash

USA: R 21.67

WMA: W 20.59

Name	Age	Team	Finals	Points
Finals				
1 # 636 Moore, Tim	M35	Unattached	22.64	8
2 # 133 Burnett, Sean	M37	Southwest Sp	22.82	6
3 # 704 Parker, Rondrick	M35	Southwest Sp	23.08	4
4 # 249 Dunn, Durran	M37	Southwest Sp	23.82	3
5 # 233 Dixon, Jeremiah	M38	Unattached	23.91	2
-- # 554 Marenin, Roman	M35	Unattached	DQ	

Event 523 M40 200 Meter Dash**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

USA: R 22.19

WMA: W 21.71

Name	Age	Team	Prelims	H#
Preliminaries				
1 # 1017 Woods, Thal	M40	Unattached	23.80Q	1
2 # 771 Robbins, Josh	M42	Arizona Flam	25.19Q	2
3 # 127 Bunch Jr, Calvin	M44	Unattached	24.38Q	1
4 # 391 Hernandez Gonzalo	M40	Unattached	26.74Q	2
5 # 711 Paul, Nevado	M43	Unattached	24.46q	1
6 # 654 Murdock, Daniel	M44	TNT Internat	25.70q	1
7 # 551 Manning, Adam	M44	Unattached	27.13	2
8 # 190 Collins, Manley	M42	Potomac Vall	29.95	1

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 523 M40 200 Meter Dash**

=====

USA: R 22.19

WMA: W 21.71

Name	Age Team	Finals	Points
=====			
Finals			
1 # 1017 Woods, Thal	M40 Unattached	23.88	8
2 # 127 Bunch Jr, Calvin	M44 Unattached	24.15	6
3 # 711 Paul, Nevado	M43 Unattached	24.26	4
4 # 654 Murdock, Daniel	M44 TNT Internat	25.71	3
5 # 391 Hernandez Gonzalo	M40 Unattached	26.11	2

Event 524 M45 200 Meter Dash**6 Advance: Top 1 Each Heat plus Next 3 Best Times**

=====

USA: R 22.57

WMA: W 22.52

Name	Age Team	Prelims	H#
=====			
Preliminaries			
1 # 234 Dixon, Stevan	M48 Unattached	23.89Q	2
2 # 598 McKenzie, Orville	M45 Unattached	24.42Q	1
3 # 562 Mason, Christophe	M45 Personal Tou	25.40Q	3
4 # 921 Thorne, Gavin	M47 So Cal Track Club	24.90q	1
5 # 811 Santi, Marcus	M47 Unattached	25.87q	3
6 # 44 Ballard, Anthony	M47 Port City Tr	25.93q	2
7 # 450 Joachim, George	M48 Southwest Sp	26.15	1
8 # 757 Rhodes, Jason	M46 So Cal Track Club	26.65	3
9 # 564 Mathews, Carlos	M45 TNT Internat	27.08	3
10 # 61 Baynes, Andre	M48 Mass Velocit	27.16	1
11 # 458 Johnson Sr, Corey	M46 Unattached	27.20	2
12 # 843 *Shimmi, Akio	M47 Japan	X27.52	2
13 # 122 Bryant, Dmitri	M45 Unattached	30.87	2

Event 524 M45 200 Meter Dash

=====

USA: R 22.57

WMA: W 22.52

Name	Age Team	Finals	Points
=====			
Finals			
1 # 234 Dixon, Stevan	M48 Unattached	23.44	8
2 # 598 McKenzie, Orville	M45 Unattached	24.05	6
3 # 921 Thorne, Gavin	M47 So Cal Track Club	24.84	4
4 # 562 Mason, Christophe	M45 Personal Tou	26.22	3
5 # 44 Ballard, Anthony	M47 Port City Tr	26.68	2

Event 525 M50 200 Meter Dash**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====

USA: R 22.99

WMA: W 22.99

Name	Age Team	Prelims	H#
=====			
Preliminaries			
1 # 209 Curtis, John	M53 Greater Phil	25.19Q	2

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**JDL
Results**

....Event 525 M50 200 Meter Dash

2 #	955 Vickers, Karnell	M52	Unattached	25.82Q	1
3 #	461 Jones, David	M54	Southwest Sp	25.54Q	2
4 #	696 Padgett, Calvin	M50	Charlotte Tr	27.11Q	1
5 #	434 Jackson Sr, Lione	M53	Mass Velocit	27.02q	2
6 #	536 Lowery, Bo	M53	Charlotte Tr	27.03q	2
7 #	289 Foulke, Wayne	M52	Greater Phil	27.44	1
8 #	448 Jenkins III, Gait	M50	Unattached	27.73	2
9 #	615 Miles Jr, Leroy	M52	Unattached	28.36	1
10 #	814 Sarsony, Chris	M51	Piedmont Pac	36.27	1

Event 525 M50 200 Meter Dash

USA: R 22.99

WMA: W 22.99

Name	Age	Team	Finals	Points
Finals				
1 #	955	Vickers, Karnell	M52 Unattached	23.76 8
2 #	209	Curtis, John	M53 Greater Phil	24.53 6
3 #	461	Jones, David	M54 Southwest Sp	25.41 4
4 #	434	Jackson Sr, Lione	M53 Mass Velocit	27.03 3
5 #	536	Lowery, Bo	M53 Charlotte Tr	27.08 2
6 #	696	Padgett, Calvin	M50 Charlotte Tr	27.20 1

Event 526 M55 200 Meter Dash

6 Advance: Top 1 Each Heat plus Next 3 Best Times

USA: R 23.36

WMA: W 23.36

Name	Age	Team	Prelims	H#
Preliminaries				
1 #	862	*Smith, Karl	M59 Jamaica	X26.65Q 1
2 #	410	Hooker, Laurence	M56 Potomac Vall	27.11Q 2
3 #	589	McGee, Don	M58 Potomac Vall	27.27Q 3
4 #	114	Brown, Paul	M56 Southwest Sp	27.56q 2
5 #	371	Harrison Sr, Adri	M57 Potomac Vall	27.85q 1
6 #	428	Intintolo, John	M56 Unattached	28.22q 3
7 #	398	Hilliard, Brad	M57 Unattached	28.57 1
8 #	738	Pritchard, Craig	M55 Piedmont Pac	28.88 2
9 #	1024	Young, Mike	M57 Unattached	29.27 2
10 #	264	Evans, LanceLot	M58 Atlanta Track Club	29.73 1 29.721
11 #	739	Pryor, John	M58 Unattached	29.73 3 29.724
12 #	824	*Schuster, Robert	M55 U.S. Virgin Islands	X30.84 3

Event 526 M55 200 Meter Dash

USA: R 23.36

WMA: W 23.36

Name	Age	Team	Finals	Points
Finals				
1 #	410	Hooker, Laurence	M56 Potomac Vall	25.01 8
2 #	589	McGee, Don	M58 Potomac Vall	25.93 6
3 #	114	Brown, Paul	M56 Southwest Sp	26.53 4

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Results****....Event 526 M55 200 Meter Dash**

4 #	371 Harrison Sr, Adri	M57 Potomac Vall	27.84	3
5 #	428 Intintolo, John	M56 Unattached	28.56	2
-- #	862 *Smith, Karl	M59 Jamaica	X25.24	

Event 527 M60 200 Meter Dash**6 Advance: Top 1 Each Heat plus Next 2 Best Times**

=====

USA: R 24.32

WMA: W 24.32

Name	Age	Team	Prelims	H#
=====				
Preliminaries				
1 #	423 Humphrey, Ronald	M60 Unattached	27.64Q	1
2 #	324 Gould, Stephen	M62 Mass Velocit	27.88Q	3
3 #	397 Hieskell, Steve	M60 Unattached	28.38Q	2
4 #	113 Brown, Franklin	M63 TNT Internat	29.94Q	4
5 #	12 Allen, Jackie	M62 So Cal Track Club	28.81q	3
6 #	555 Markley, Anthony	M64 Potomac Vall	29.21q	2
7 #	946 Vanderhoof, Gary	M62 Potomac Vall	29.54	2
8 #	117 Broyd, Graham	M60 New York Roa	29.74	1
9 #	735 Price, Edward	M63 TNT Internat	29.75	1
10 #	882 Spruill, Willie	M60 Unattached	29.78	2
11 #	312 Gish Jr, G Ed	M64 Unattached	29.85	3
12 #	777 Roden, Ross	M60 Unattached	30.08	3
13 #	899 Stone, Eddie	M61 TNT Internat	30.42	4
14 #	339 Griffin Jr, Cecil	M61 Unattached	31.25	1
15 #	835 Shannon, David	M61 Twin City Tr	31.43	4
16 #	275 Finley, Lawrence	M60 Over The Hill TC	32.12	4
17 #	997 Williams, Gregory	M62 Piedmont Pac	37.91	1
18 #	649 Muhammad, Aasim	M60 Unattached	38.20	3

Event 527 M60 200 Meter Dash

=====

USA: R 24.32

WMA: W 24.32

Name	Age	Team	Finals	Points
=====				
Finals				
1 #	423 Humphrey, Ronald	M60 Unattached	26.33	8
2 #	324 Gould, Stephen	M62 Mass Velocit	27.58	6
3 #	397 Hieskell, Steve	M60 Unattached	28.06	4
4 #	12 Allen, Jackie	M62 So Cal Track Club	29.01	3
5 #	555 Markley, Anthony	M64 Potomac Vall	29.61	2
6 #	113 Brown, Franklin	M63 TNT Internat	29.68	1

Event 528 M65 200 Meter Dash**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====

USA: R 24.94

WMA: W 24.94

Name	Age	Team	Prelims	H#
=====				
Preliminaries				
1 #	718 Peyton, Oscar	M66 Potomac Vall	28.09Q	2
2 #	197 Craig, David	M67 So Cal Track Club	29.13Q	1

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Results****....Event 528 M65 200 Meter Dash**

3 #	871 Somerville, Edwar	M67 Unattached	28.64Q	2
4 #	379 Haywood, George	M66 Houston Elite	29.37Q	1
5 #	1008 Wilson Sr, Thadde	M68 Pacific Coas	29.40q	2
6 #	909 Taft, Tucker	M65 Mass Velocit	29.73q	2
7 #	495 Lacey, Kenneth	M65 Unattached	29.75	2
8 #	298 Frontino, James	M69 TNT Internat	32.36	1
9 #	9 Allcorn, Thomas	M66 Over The Hill TC	32.89	1

Event 528 M65 200 Meter Dash

=====

USA: R 24.94

WMA: W 24.94

Name Age Team Finals Points

Name	Age	Team	Finals	Points
=====				
Finals				
1 #	718	Peyton, Oscar	M66 Potomac Vall	27.12 8
2 #	197	Craig, David	M67 So Cal Track Club	27.46 6
3 #	379	Haywood, George	M66 Houston Elite	28.33 4
4 #	871	Somerville, Edwar	M67 Unattached	28.42 3
5 #	909	Taft, Tucker	M65 Mass Velocit	29.28 2
6 #	1008	Wilson Sr, Thadde	M68 Pacific Coas	30.27 1

Event 529 M70 200 Meter Dash**6 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====

USA: R 26.45

WMA: W 26.45

Name Age Team Prelims H#

Name	Age	Team	Prelims	H#
=====				
Preliminaries				
1 #	15	Allie, Charles	M71 Houston Elite	27.69Q 2
2 #	967	Warren, Don	M71 Philadelphia	29.58Q 1
3 #	878	Spencer, Douglas	M72 Houston Elite	30.79Q 2
4 #	406	Hogue, Barry	M70 Unattached	31.32Q 1
5 #	263	Etter, James	M72 Unattached	31.63q 1
6 #	628	Monesmith, Freder	M70 Shore Athletic Club	33.75q 1
7 #	85	Black, Ivan	M70 Shore Athletic Club	35.14 2
8 #	707	Pate, Ronald	M72 Hawaii Champs	36.05 1
9 #	620	*Mintz, Bruce	M72 Canada	X36.56 2

Event 529 M70 200 Meter Dash

=====

USA: R 26.45

WMA: W 26.45

Name Age Team Finals Points

Name	Age	Team	Finals	Points
=====				
Finals				
1 #	15	Allie, Charles	M71 Houston Elite	26.84 8
2 #	967	Warren, Don	M71 Philadelphia	28.86 6
3 #	878	Spencer, Douglas	M72 Houston Elite	30.20 4
4 #	263	Etter, James	M72 Unattached	31.49 3
5 #	406	Hogue, Barry	M70 Unattached	31.53 2
6 #	628	Monesmith, Freder	M70 Shore Athletic Club	33.34 1

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 530 M75 200 Meter Dash**

USA: R 27.64

WMA: W 27.64

Name	Age	Team	Finals	Points
1 # 49 Barnum, Larry	M75	Unattached	29.71	8
2 # 487 Koontz, Robert	M75	Potomac Vall	30.95	6
3 # 893 Stellato, Domenic	M75	Philadelphia	31.37	4
4 # 868 Snyder, Gary	M75	Mass Velocit	37.22	3
5 # 848 Skinner Jr, Kenne	M78	Adirondack A	39.14	2
6 # 584 McDonald, Maurice	M78	Atlanta Track Club	41.23	1

Event 531 M80 200 Meter Dash

USA: R 29.15

WMA: W 29.15

Name	Age	Team	Finals	Points
1 # 525 Lida, Robert	M82	Unattached	32.62	8
2 # 896 Stewart, Mack	M81	Unattached	34.95	6
3 # 462 Jones, Ronald	M82	Potomac Vall	48.24	4

Event 532 M85 200 Meter Dash

USA: R 35.17

WMA: W 33.76

Name	Age	Team	Finals	Points
1 # 393 Hewitt, Robert	M85	Unattached	42.11	8
2 # 443 Jankovich, Willia	M85	Unattached	44.51	6
3 # 333 Gray, Ronald	M86	Colorado Mas	45.88	4
4 # 858 Smith, F Alan	M87	Florida Athl	59.92	3

Event 533 M90 200 Meter Dash

USA: R 42.10

WMA: W 40.34

Name	Age	Team	Finals	Points
1 # 870 Soller, Richard	M92	Unattached	1:11.57	8
2 # 384 Hemphill, Dixon	M94	Potomac Vall	2:02.55	6

Event 541 M30 400 Meter Dash

Name	Age	Team	Finals	Points
1 # 719 Peyton Jr, Stanle	M32	Unattached	51.19	8
2 # 396 Hicks, Kevin	M34	Unattached	51.29	6
3 # 570 Maxwell, Terence	M31	Unattached	53.90	4
4 # 578 McCain Jr, Gregor	M33	Unattached	54.20	3
5 # 732 Potter, Ryan	M34	Unattached	55.07	2

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 542 M35 400 Meter Dash**

USA: R 48.58

WMA: W 47.45

Name	Age Team	Finals	H#	Points
1 # 554 Marenin, Roman	M35 Unattached	51.42	2	8
2 # 915 Thomas, Jeff	M37 Unattached	52.27	2	6
3 # 1010 Wimmer, Kyle	M38 Unattached	54.48	2	4
4 # 337 Green Jr, Gerald	M37 Southwest Sp	54.55	2	3
5 # 314 Glenn, Jamar	M38 Unattached	56.19	2	2
6 # 918 Thompson, La Roi	M39 TNT Internat	56.99	1	1
7 # 48 Barnes, Marcus	M36 Unattached	57.23	1	
8 # 695 Pack Jr, Rick	M38 Piedmont Pac	57.62	2	
9 # 375 Hassin, Bryan	M39 Piedmont Pac	1:06.66	1	

Event 543 M40 400 Meter Dash

USA: R 49.32

WMA: W 48.95

Name	Age Team	Finals	Points
1 # 175 Clark, Dedrick	M40 Southwest Sp	53.21	8
2 # 221 Delisle, Rawle	M44 Southwest Sp	53.82	6
3 # 711 Paul, Nevado	M43 Unattached	56.11	4
4 # 163 Chambers, Keith	M40 So Cal Track Club	56.30	3
5 # 640 Morgan, Eric	M41 Unattached	59.08	2

Event 544 M45 400 Meter Dash

USA: R 49.89

WMA: W 49.89

Name	Age Team	Finals	H#	Points
1 # 450 Joachim, George	M48 Southwest Sp	55.95	2	8
2 # 998 Williams, Mark	M46 Garmin Runners	56.23	2	6
3 # 757 Rhodes, Jason	M46 So Cal Track Club	57.92	2	4
4 # 61 Baynes, Andre	M48 Mass Velocit	1:00.88	1	3
5 # 825 Schwartz, Robert	M49 Greater Phil	1:03.12	1	2
-- # 231 Dinkins Sr, Delvi	M47 Greater Phil	DQ	2	
-- # 178 *Clarke Sr, Ronal	M45 Canada	X1:18.05	1	

Event 545 M50 400 Meter Dash

USA: R 52.02

WMA: W 51.73

Name	Age Team	Finals	H#	Points
1 # 955 Vickers, Karnell	M52 Unattached	55.76	2	8
2 # 209 Curtis, John	M53 Greater Phil	55.99	2	6
3 # 75 Benter, Brad	M51 Alaska Mount	1:00.88	2	4
4 # 329 Grandfield, Scott	M53 HFC Striders	1:01.89	2	3
5 # 266 Exantus, Ulrick	M52 TNT Internat	1:02.04	1	2
6 # 144 Cannon, David	M54 Atlanta Track Club	1:02.58	2	1
7 # 814 Sarsony, Chris	M51 Piedmont Pac	1:03.40	1	
8 # 174 Clark, Dale	M50 Unattached	1:07.21	1	

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Results****Event 546 M55 400 Meter Dash**

USA: R 53.20

WMA: W 53.20

Name	Age Team	Finals	H#	Points
1 # 726 Pitts, David	M56 Unattached	57.14	2	8
2 # 632 Moody, Corey	M57 Unattached	59.22	2	6
3 # 114 Brown, Paul	M56 Southwest Sp	1:00.51	2	4
4 # 243 Drucekhammer, Dal	M58 Northport Ru	1:02.52	2	3
5 # 738 Pritchard, Craig	M55 Piedmont Pac	1:03.60	1	2
6 # 970 Watry, James	M56 So Cal Track Club	1:05.92	2	1
7 # 398 Hilliard, Brad	M57 Unattached	1:06.57	1	
8 # 739 Pryor, John	M58 Unattached	1:06.68	1	
-- # 990 Wilkes, David	M59 Atlanta Track Club	DNF	2	

Event 547 M60 400 Meter Dash

USA: R 55.68

WMA: W 55.62

Name	Age Team	Finals	H#	Points
1 # 423 Humphrey, Ronald	M60 Unattached	58.83	3	8
2 # 916 Thompson, Doug	M60 Unattached	1:00.26	3	6
3 # 324 Gould, Stephen	M62 Mass Velocit	1:03.20	3	4
4 # 806 Samaha, Richard	M60 Colonial Roa	1:05.08	2	3
5 # 922 Thurman, Bob	M63 Sierra Gold	1:05.10	3	2
6 # 222 DeLoache, Bill	M61 Charlotte Ru	1:05.11	1	1
7 # 12 Allen, Jackie	M62 So Cal Track Club	1:05.65	3	
8 # 95 Bond, Ric	M61 Genesee Vall	1:05.87	2	
9 # 946 Vanderhoof, Gary	M62 Potomac Vall	1:07.20	3	
10 # 777 Roden, Ross	M60 Unattached	1:08.85	1	
11 # 117 Broyd, Graham	M60 New York Roa	1:09.44	2	
12 # 835 Shannon, David	M61 Twin City Tr	1:10.63	2	
13 # 534 Long Jr, James	M60 Unattached	1:10.93	2	
14 # 240 Draim, Bob	M64 Potomac Vall	1:19.39	2	
15 # 997 Williams, Gregory	M62 Piedmont Pac	1:32.83	1	

Event 548 M65 400 Meter Dash

USA: R 58.49

WMA: W 56.63

Name	Age Team	Finals	H#	Points
1 # 379 Haywood, George	M66 Houston Elite	1:03.07	2	8
2 # 820 Schoffman, Jim	M65 Mass Velocit	1:03.41	2	6
3 # 690 Ortman, David	M65 Unattached	1:05.57	2	4
4 # 909 Taft, Tucker	M65 Mass Velocit	1:06.10	2	3
5 # 834 Shaheed, Nolan	M69 So Cal Track Club	1:06.51	2	2
6 # 871 Somerville, Edwar	M67 Unattached	1:06.60	2	1
7 # 365 Harper, Turren	M67 Unattached	1:11.75	1	
8 # 641 Morgan III, Morri	M69 Unattached	1:13.40	1	
9 # 9 Allcorn, Thomas	M66 Over The Hill TC	1:13.96	1	
10 # 298 Frontino, James	M69 TNT Internat	1:15.50	1	
11 # 65 Beeson, Marty	M68 Unattached	1:16.78	1	
12 # 580 McCormack, Kevin	M66 Manasota Track Club	1:28.66	1	

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Results****Event 549 M70 400 Meter Dash**

USA: R 59.43

WMA: W 59.48

Name	Age Team	Finals	Points
1 # 15 Allie, Charles	M71 Houston Elite	1:02.70	8
2 # 707 Pate, Ronald	M72 Hawaii Champs	1:19.73	6
3 # 263 Etter, James	M72 Unattached	1:21.10	4
4 # 313 Glass, Dave	M72 Atlanta Track Club	1:26.00	3
5 # 566 Mathies, Drue	M72 Sierra Gold	1:29.90	2
-- # 620 *Mintz, Bruce	M72 Canada	X1:32.51	

Event 550 M75 400 Meter Dash

USA: R 1:03.90

WMA: W 1:03.12

Name	Age Team	Finals	Points
1 # 49 Barnum, Larry	M75 Unattached	1:09.57	8
2 # 100 Bowden, H Tom	M76 Unattached	1:11.82	6
3 # 584 McDonald, Maurice	M78 Atlanta Track Club	1:25.01	4
4 # 848 Skinner Jr, Kenne	M78 Adirondack A	1:30.19	3
5 # 940 Turner Sr, David	M79 Atlanta Track Club	1:37.10	2
6 # 794 Rubin, Bruce	M75 Philadelphia	1:58.18	1

Event 551 M80 400 Meter Dash

USA: R 1:10.20

WMA: W 1:10.20

Name	Age Team	Finals	Points
1 # 896 Stewart, Mack	M81 Unattached	1:24.94	8
2 # 64 Beckett, James	M80 Sierra Gold	1:34.35	6
3 # 939 Turner, Kermit	M82 Unattached	1:43.74	4
4 # 412 Hosken, William	M81 Parkside Ath	1:52.52	3
-- # 799 Rush, C Christoph	M82 Adirondack A	DQ	

Event 552 M85 400 Meter Dash

85 USA: R 1:25.14

85 WMA: W 1:21.26

Name	Age Team	Finals	Points
1 # 443 Jankovich, Willia	M85 Unattached	1:56.83	8
2 # 858 Smith, F Alan	M87 Florida Athl	2:37.83	6

Event 552 M90 400 Meter Dash

90 USA: R 1:46.94

90 WMA: W 1:46.78

Name	Age Team	Finals	Points
1 # 384 Hemphill, Dixon	M94 Potomac Vall	3:53.40	8

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Event 561 M30 800 Meter Run

Name	Age Team	Finals	Points
1 # 719 Peyton Jr, Stanle	M32 Unattached	2:00.57	8
29.952 (29.952)	1:00.343 (30.392)	1:31.291 (30.948)	2:00.568 (29.277)
2 # 808 Sanders, Reginald	M30 Unattached	2:01.17	6
30.212 (30.212)	1:00.657 (30.445)	1:31.578 (30.921)	2:01.170 (29.593)
3 # 714 Perri, Michael	M32 Unattached	2:07.23	4
32.066 (32.066)	1:02.024 (29.959)	1:34.749 (32.725)	2:07.229 (32.480)
4 # 889 Stasulis, Jerry	M34 Atlanta Track Club	2:46.74	3
36.993 (36.993)	1:15.501 (38.508)	1:59.024 (43.524)	2:46.740 (47.716)

Event 561 M35 800 Meter Run

Name	Age Team	Finals	Points
35 USA: R 1:49.79			
35 WMA: W 1:48.92			
1 # 748 Rath, Nathan	M37 Unattached	2:04.90	8
30.454 (30.454)	1:01.169 (30.715)	1:32.632 (31.463)	2:04.897 (32.265)
2 # 1010 Wimmer, Kyle	M38 Unattached	2:10.39	6
30.937 (30.937)	1:02.267 (31.330)	1:35.417 (33.150)	2:10.384 (34.968)
3 # 695 Pack Jr, Rick	M38 Piedmont Pac	2:21.27	4
36.178 (36.178)	1:14.213 (38.035)	1:50.608 (36.396)	2:21.262 (30.654)
4 # 918 Thompson, La Roi	M39 TNT Internat	2:26.89	3
36.558 (36.558)	1:14.832 (38.275)	1:52.288 (37.456)	2:26.886 (34.599)
5 # 936 Tripp, Alan	M38 Unattached	2:44.29	2
35.347 (35.347)	1:12.514 (37.168)	1:50.648 (38.134)	2:44.288 (53.641)

Event 563 M40 800 Meter Run

Name	Age Team	Finals	H#	Points
USA: R 1:48.81				
WMA: W 1:48.81				
1 # 135 Butler, Brock	M41 Greater Phil	2:02.81	2	8
30.249 (30.249)	1:01.306 (31.058)	1:32.941 (31.635)	2:02.810 (29.870)	
2 # 942 Unger, TJ	M40 HFC Striders	2:04.14	2	6
31.139 (31.139)	1:01.701 (30.563)	1:33.225 (31.524)	2:04.133 (30.909)	
3 # 979 Welsh, David	M41 Unattached	2:07.21	2	4
31.046 (31.046)	1:01.483 (30.438)	1:33.394 (31.911)	2:07.202 (33.809)	
4 # 960 Walchinsky, Mark	M40 Potomac Vall	2:10.06	1	3
32.174 (32.174)	1:04.035 (31.861)	1:37.377 (33.343)	2:10.052 (32.675)	
5 # 388 Hernandez, Christ	M42 Genesee Vall	2:10.78	2	2
31.316 (31.316)	1:03.987 (32.672)	1:37.345 (33.358)	2:10.774 (33.430)	
6 # 767 Rieth, Tim	M43 Genesee Vall	2:12.29	1	1
31.896 (31.896)	1:03.740 (31.844)	1:37.331 (33.592)	2:12.285 (34.954)	
7 # 163 Chambers, Keith	M40 So Cal Track Club	2:16.71	2	
32.575 (32.575)	1:05.899 (33.325)	1:41.166 (35.268)	2:16.701 (35.535)	
8 # 605 Mcrae, Robert	M44 So Cal Track Club	2:19.47	2	
31.942 (31.942)	1:04.192 (32.250)	1:39.879 (35.687)	2:19.462 (39.584)	
9 # 93 Boles, Tommy	M41 Unattached	2:20.50	1	
33.393 (33.393)	1:07.830 (34.437)	1:43.925 (36.095)	2:20.497 (36.573)	
10 # 640 Morgan, Eric	M41 Unattached	2:22.74	1	
34.861 (34.861)	1:10.540 (35.680)	1:46.412 (35.873)	2:22.731 (36.319)	

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....Event 563 M40 800 Meter Run

11 #	16 Almarode, Andy	M43 Colonial Roa	2:24.96	1		
	34.563 (34.563)	1:11.271 (36.709)	1:48.237 (36.966)		2:24.959 (36.722)	
-- #	547 Magidin, Dmitry	M40 Unattached	DNF	1		
	32.975 (32.975)					
-- #	621 *Mirco, Sheldon	M42 Canada	X2:08.81	2		
	30.051 (30.051)	1:01.111 (31.061)	1:33.371 (32.260)		2:08.810 (35.440)	

Event 564 M45 800 Meter Run

=====

USA: R 1:56.10

WMA: W 1:52.96

Name	Age Team	Finals	Points
1 # 998 Williams, Mark	M46 Garmin Runners	2:03.64	8
29.145 (29.145)	58.601 (29.456)	1:29.625 (31.025)	2:03.638 (34.013)
2 # 864 Smith, Miles	M48 Unattached	2:09.12	6
32.331 (32.331)	1:05.136 (32.805)	1:37.029 (31.893)	2:09.120 (32.091)
3 # 823 Schumann, Keith	M48 Colonial Roa	2:12.60	4
32.650 (32.650)	1:05.390 (32.740)	1:38.665 (33.275)	2:12.600 (33.935)
4 # 231 Dinkins Sr, Delvi	M47 Greater Phil	2:15.98	3
32.048 (32.048)	1:05.397 (33.350)	1:39.494 (34.097)	2:15.975 (36.481)
5 # 898 Stewart, Tim	M49 Colonial Roa	2:23.41	2
33.863 (33.863)	1:09.740 (35.878)	1:46.616 (36.876)	2:23.403 (36.787)

Event 565 M50 800 Meter Run

=====

USA: R 1:59.62

WMA: W 1:59.62

Name	Age Team	Finals	H#	Points
1 # 821 Scholtz, Michael	M53 Atlanta Track Club	2:13.93	1	8
32.338 (32.338)	1:06.477 (34.139)	1:40.443 (33.966)		2:13.927 (33.485)
2 # 670 Nier, Mike	M54 Genesee Vall	2:15.65	2	6
34.597 (34.597)	1:09.234 (34.637)	1:42.550 (33.316)		2:15.643 (33.094)
3 # 75 Benter, Brad	M51 Alaska Mount	2:18.07	1	4
32.709 (32.709)	1:07.530 (34.821)	1:43.288 (35.758)		2:18.064 (34.777)
4 # 45 Bandettini, Peter	M53 Athletics Ea	2:20.51	1	3
33.328 (33.328)	1:08.052 (34.725)	1:43.908 (35.857)		2:20.503 (36.595)
5 # 491 Kruelle, Chuck	M51 Greater Phil	2:20.92	2	2
35.279 (35.279)	1:11.289 (36.010)	1:46.718 (35.430)		2:20.915 (34.197)
6 # 329 Grandfield, Scott	M53 HFC Striders	2:21.30	2	1
34.756 (34.756)	1:09.613 (34.857)	1:44.870 (35.258)		2:21.295 (36.425)
7 # 138 Cakouros, Jason	M53 HFC Striders	2:21.49	2	
35.356 (35.356)	1:11.004 (35.648)	1:46.446 (35.443)		2:21.485 (35.040)
8 # 403 Hoff, Timothy	M53 Mass Velocit	2:24.40	2	
36.065 (36.065)	1:12.147 (36.083)	1:48.162 (36.015)		2:24.398 (36.236)
9 # 576 McAlman, Jesse	M51 Unattached	2:24.50	1	
33.663 (33.663)	1:08.908 (35.245)	1:45.832 (36.924)		2:24.493 (38.662)
10 # 144 Cannon, David	M54 Atlanta Track Club	2:31.22	2	
35.677 (35.677)	1:11.775 (36.098)	1:49.805 (38.030)		2:31.219 (41.415)
11 # 130 Burdett, Francis	M54 Greater Spri	2:34.51	2	
38.025 (38.025)	1:16.052 (38.027)	1:55.384 (39.332)		2:34.510 (39.127)
12 # 668 Newsham, Bill	M54 Greater Bost	2:35.94	1	
37.009 (37.009)	1:15.288 (38.279)	1:54.898 (39.610)		2:35.932 (41.035)

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Results****....Event 565 M50 800 Meter Run**

13 #	498 LaMay, David	M52 Potomac Vall	3:23.05	1
	41.208 (41.208)	1:33.666 (52.459)	2:30.660 (56.995)	3:23.049 (52.390)

Event 566 M55 800 Meter Run

=====

USA: R 2:07.05

WMA: W 2:06.87

Name	Age Team	Finals	Points
1 # 171 Chisholm, Chris	M56 Hartford Track Club	2:21.78	8
36.098 (36.098)	1:12.916 (36.818)	1:48.821 (35.905)	2:21.776 (32.955)
2 # 571 Mayberry, Bryan	M55 Sierra Gold	2:22.62	6
35.652 (35.652)	1:12.633 (36.981)	1:48.389 (35.756)	2:22.614 (34.225)
3 # 1000 Williams, Tyrone	M59 Unattached	2:24.23	4
35.287 (35.287)	1:12.592 (37.306)	1:49.578 (36.986)	2:24.228 (34.650)
4 # 747 Rash, Bruce	M57 Greater Phil	2:26.33	3
35.751 (35.751)	1:13.214 (37.464)	1:49.726 (36.512)	2:26.323 (36.598)
5 # 842 Shields III, Char	M59 Greater Phil	2:26.74	2
37.022 (37.022)	1:15.562 (38.540)	1:52.091 (36.530)	2:26.732 (34.642)
6 # 243 Drucekhammer, Dal	M58 Northport Ru	2:28.51	1
35.912 (35.912)	1:15.647 (39.735)	1:53.555 (37.909)	2:28.510 (34.955)
7 # 970 Watry, James	M56 So Cal Track Club	2:31.64	
36.454 (36.454)	1:15.273 (38.820)	1:53.467 (38.195)	2:31.634 (38.167)
8 # 148 Character, William	M57 Unattached	2:34.66	
35.918 (35.918)	1:15.149 (39.231)	1:55.457 (40.309)	2:34.657 (39.200)
9 # 63 Becker Jr, Bruce	M57 Athletics Ea	2:39.00	
37.327 (37.327)	1:16.612 (39.285)	1:58.506 (41.894)	2:38.999 (40.494)
10 # 1001 Williamson, Duane	M55 Potomac Vall	2:41.47	
38.444 (38.444)	1:17.147 (38.704)	1:58.666 (41.519)	2:41.464 (42.799)
11 # 879 Spencer, Mike	M59 Atlanta Track Club	2:55.87	
39.112 (39.112)	1:21.465 (42.354)	2:07.880 (46.415)	2:55.870 (47.990)

Event 567 M60 800 Meter Run

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USA: R 2:14.23

WMA: W 2:13.87

Name	Age Team	Finals	H#	Points
1 # 164 Chantry, Stephen	M64 Colonial Roa	2:24.07	2	8 2:24.062
35.575 (35.575)	1:12.136 (36.562)	1:48.630 (36.495)		2:24.062 (35.432)
2 # 983 Whitaker, Robert	M60 Colonial Roa	2:24.07	2	6 2:24.067
35.751 (35.751)	1:12.210 (36.460)	1:48.856 (36.646)		2:24.067 (35.211)
3 # 981 Westenberg, David	M61 Unattached	2:25.09	2	4
33.842 (33.842)	1:10.045 (36.203)	1:46.757 (36.713)		2:25.085 (38.328)
4 # 806 Samaha, Richard	M60 Colonial Roa	2:26.30	2	3
36.293 (36.293)	1:13.566 (37.274)	1:50.640 (37.075)		2:26.298 (35.658)
5 # 192 Conheady, Timothy	M62 Greater Phil	2:27.14	2	2
35.796 (35.796)	1:13.231 (37.435)	1:51.045 (37.815)		2:27.136 (36.091)
6 # 222 DeLoache, Bill	M61 Charlotte Ru	2:27.25	2	1
33.255 (33.255)	1:10.354 (37.099)	1:49.095 (38.742)		2:27.241 (38.146)
7 # 1015 Wood, Blake	M60 So Cal Track Club	2:31.31	2	
36.016 (36.016)	1:13.305 (37.290)	1:51.305 (38.000)		2:31.305 (40.000)
8 # 95 Bond, Ric	M61 Genesee Vall	2:37.44	2	
36.680 (36.680)	1:15.676 (38.997)	1:57.032 (41.356)		2:37.435 (40.403)

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....Event 567 M60 800 Meter Run

9 #	828 Scott, Robert	M63 So Cal Track Club	2:38.32	1	
	41.456 (41.456)	1:21.450 (39.995)	2:01.764 (40.315)		2:38.316 (36.552)
10 #	768 Riss, Robert	M61 Unattached	2:39.84	1	
	41.868 (41.868)	1:21.880 (40.013)	2:02.095 (40.215)		2:39.839 (37.744)
11 #	717 Peterson, Rick	M60 Minnesota Di	2:40.13	1	
	41.617 (41.617)	1:21.662 (40.045)	2:01.973 (40.311)		2:40.125 (38.153)
12 #	217 Davis, Curtis	M61 Potomac Vall	2:42.47	1	
	41.933 (41.933)	1:21.886 (39.954)	2:02.255 (40.370)		2:42.468 (40.213)
13 #	857 Smith, Duncan	M60 Greater Phil	2:47.12	1	
	42.529 (42.529)	1:25.148 (42.620)	2:09.098 (43.950)		2:47.112 (38.015)
14 #	248 Dunigan, Patrick	M62 Unattached	2:52.01	1	
	42.999 (42.999)	1:25.895 (42.897)	2:09.801 (43.906)		2:52.009 (42.208)
15 #	267 Fager, Edwin	M60 Twin City Tr	3:02.32	1	
	45.628 (45.628)	1:29.387 (43.760)	2:16.078 (46.691)		3:02.311 (46.234)
16 #	240 Draim, Bob	M64 Potomac Vall	3:03.84	1	
	44.189 (44.189)	1:30.797 (46.608)	2:19.427 (48.630)		3:03.835 (44.409)

Event 568 M65 800 Meter Run

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USA: R 2:19.40
WMA: W 2:16.65

Name	Age Team	Finals	H#	Points
1 # 834 Shaheed, Nolan	M69 So Cal Track Club	2:30.87	2	8
37.467 (37.467)	1:16.243 (38.776)	1:55.412 (39.169)		2:30.870 (35.459)
2 # 820 Schoffman, Jim	M65 Mass Velocit	2:32.58	2	6
37.973 (37.973)	1:16.579 (38.606)	1:55.555 (38.976)		2:32.577 (37.023)
3 # 953 Vercollone, John	M69 Boston Athle	2:38.57	2	4
38.447 (38.447)	1:17.137 (38.691)	1:57.377 (40.240)		2:38.569 (41.193)
4 # 727 Plaster, Tony	M67 Shore Athletic Club	2:42.09	2	3
38.849 (38.849)	1:18.286 (39.437)	1:59.289 (41.004)		2:42.086 (42.797)
5 # 365 Harper, Turran	M67 Unattached	2:42.23	2	2
39.041 (39.041)	1:18.267 (39.226)	1:59.414 (41.148)		2:42.221 (42.807)
6 # 47 Barnes, Manuel	M66 Unattached	2:47.96	1	1
40.328 (40.328)	1:21.829 (41.501)	2:05.715 (43.886)		2:47.959 (42.245)
7 # 928 Todd, Jack	M66 Unattached	2:53.80	1	
45.365 (45.365)	1:29.405 (44.040)	2:12.721 (43.316)		2:53.796 (41.076)
8 # 418 Hower, Richard	M67 Potomac Vall	2:53.84	1	
42.906 (42.906)	1:25.645 (42.740)	2:09.808 (44.164)		2:53.838 (44.030)
9 # 996 Williams, David	M67 Eastern Buck	2:56.74	1	
44.916 (44.916)	1:25.149 (40.233)	2:09.141 (43.993)		2:56.731 (47.590)
10 # 65 Beeson, Marty	M68 Unattached	2:57.34	1	
45.856 (45.856)	1:30.292 (44.437)	2:15.402 (45.110)		2:57.339 (41.937)
11 # 19 Amadon, Bill	M66 Unattached	2:58.80	2	
42.527 (42.527)	1:28.036 (45.510)	2:14.640 (46.605)		2:58.795 (44.155)
12 # 641 Morgan III, Morri	M69 Unattached	3:13.23	1	
45.352 (45.352)	1:30.622 (45.270)	2:20.286 (49.665)		3:13.228 (52.942)
13 # 1011 Wind, Jay	M69 Potomac Vall	3:56.10	1	
55.266 (55.266)	1:53.376 (58.111)	2:55.452 (1:02.076)		3:56.091 (1:00.640)

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Results****Event 569 M70 800 Meter Run**

USA: R 2:32.37

WMA: W 2:20.45

Name	Age Team	Finals	Points
1 # 710 Patton, Gary	M73 So Cal Track Club	2:46.23	8
42.549 (42.549)	1:25.602 (43.053)	2:06.844 (41.243)	2:46.230 (39.386)
2 # 513 Learned, Jerry	M70 Atlanta Track Club	2:52.82	6
43.106 (43.106)	1:26.498 (43.393)	2:09.832 (43.335)	2:52.820 (42.988)
3 # 672 Nolan, Harold	M71 Shore Athletic Club	2:56.94	4
41.676 (41.676)	1:25.857 (44.182)	2:11.327 (45.470)	2:56.938 (45.611)
4 # 490 Krueger, Charles	M72 Twin City Tr	2:57.88	3
43.466 (43.466)	1:29.485 (46.020)	2:15.037 (45.553)	2:57.876 (42.839)
5 # 860 Smith, Jay	M70 Piedmont Pac	2:58.10	2
42.994 (42.994)	1:30.001 (47.007)	2:16.682 (46.681)	2:58.092 (41.410)
6 # 136 Byrd, John	M71 Unattached	3:02.79	1
44.757 (44.757)	1:31.167 (46.410)	2:18.040 (46.874)	3:02.784 (44.745)
7 # 313 Glass, Dave	M72 Atlanta Track Club	3:09.43	
45.538 (45.538)	1:33.913 (48.375)	2:23.860 (49.947)	3:09.426 (45.566)
8 # 284 Flynn, Mark	M70 Atlanta Track Club	3:10.65	
46.092 (46.092)	1:34.567 (48.475)	2:24.327 (49.760)	3:10.641 (46.315)
9 # 707 Pate, Ronald	M72 Hawaii Champs	3:12.18	
43.757 (43.757)	1:31.449 (47.692)	2:22.777 (51.329)	3:12.176 (49.399)
10 # 70 Benedict, Sam	M72 Atlanta Track Club	3:13.19	
47.891 (47.891)	1:35.246 (47.355)	2:24.362 (49.117)	3:13.181 (48.819)
11 # 566 Mathies, Drue	M72 Sierra Gold	3:27.46	
42.388 (42.388)	1:35.032 (52.645)	2:33.287 (58.255)	3:27.457 (54.170)
-- # 975 Weiner, Robert	M71 Potomac Vall	DNF	

Event 571 M75 800 Meter Run

USA: R 2:44.24

WMA: W 2:32.47

Name	Age Team	Finals	Points
1 # 321 Goodhue, Doug	M77 Ann Arbor Tr	2:53.84	8
42.553 (42.553)	1:25.353 (42.800)	2:09.341 (43.989)	2:53.834 (44.494)
2 # 155 Carter, Joe	M75 Atlanta Track Club	3:10.95	6
45.304 (45.304)	1:32.228 (46.925)	2:20.969 (48.741)	3:10.949 (49.981)
3 # 526 Lieberman, Hal	M76 Central Park	3:17.48	4
49.147 (49.147)	1:37.696 (48.550)	2:28.200 (50.505)	3:17.477 (49.277)
4 # 940 Turner Sr, David	M79 Atlanta Track Club	3:38.07	3
51.733 (51.733)	1:46.489 (54.757)	2:45.794 (59.305)	3:38.068 (52.274)
5 # 584 McDonald, Maurice	M78 Atlanta Track Club	3:43.01	2
54.455 (54.455)	1:47.909 (53.455)	2:47.240 (59.331)	3:43.006 (55.766)

Event 572 M80 800 Meter Run

USA: R 3:06.18

WMA: W 2:52.57

Name	Age Team	Finals	Points
1 # 896 Stewart, Mack	M81 Unattached	3:37.03	8
53.981 (53.981)	1:49.979 (55.999)	2:46.884 (56.905)	3:37.025 (50.141)
2 # 877 Spencer, Bill	M82 New England	3:38.13	6
54.637 (54.637)	1:50.584 (55.948)	2:47.673 (57.090)	3:38.126 (50.453)

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....Event 572 M80 800 Meter Run

3 #	64 Beckett, James	M80 Sierra Gold	3:38.24	4		
	55.317 (55.317)	1:51.047 (55.731)	2:48.218 (57.171)		3:38.237 (50.020)	
4 #	799 Rush, C Christoph	M82 Adirondack A	3:43.90	3		
	55.762 (55.762)	1:51.588 (55.826)	2:48.615 (57.027)		3:43.892 (55.278)	
5 #	196 Cordero, Joe	M80 Unattached	4:08.66	2		
	1:02.290 (1:02.290)	2:03.356 (1:01.066)	3:06.923 (1:03.568)		4:08.657 (1:01.734)	
6 #	939 Turner, Kermit	M82 Unattached	4:12.22	1		
	1:00.062 (1:00.062)	2:02.292 (1:02.230)	3:08.321 (1:06.030)		4:12.212 (1:03.891)	
7 #	258 Elliott, John	M80 Potomac Vall	4:19.82			
	1:03.724 (1:03.724)	2:09.024 (1:05.300)	3:15.703 (1:06.680)		4:19.814 (1:04.111)	
8 #	200 Craven, Adrian	M82 Unattached	4:38.08			
	1:00.627 (1:00.627)	2:08.367 (1:07.740)	3:24.055 (1:15.689)		4:38.078 (1:14.024)	

Event 573 M85 800 Meter Run

85 USA: R 3:46.96
85 WMA: W 3:11.09

Name	Age Team	Finals	Points
1 # 146 Cantu, Inocencio	M85 Potomac Vall	3:38.63R	8
55.00 (55.00)	1:48.984 (53.99)	2:43.659 (54.675)	3:38.622 (54.964)
2 # 858 Smith, F Alan	M87 Florida Athl	6:03.25	6
1:26.536 (1:26.536)	3:01.340 (1:34.805)	4:36.737 (1:35.397)	6:03.246 (1:26.510)

Event 573 M90 800 Meter Run

90 USA: R 4:19.97
90 WMA: W 4:16.83

Name	Age Team	Finals	Points
1 # 384 Hemphill, Dixon	M94 Potomac Vall	8:49.05	8
2:01.924 (2:01.924)	4:16.679 (2:14.755)	6:34.147 (2:17.469)	8:49.048 (2:14.901)

Event 581 M30 1 Mile Run

Name	Age Team	Finals	Points
1 # 719 Peyton Jr, Stanle	M32 Unattached	4:40.02	8
33.86 (33.86)	1:07.86 (34.00)	1:43.48 (35.62)	2:19.96 (36.48)
2:56.85 (36.89)	3:32.89 (36.04)	4:07.41 (34.52)	4:40.019 (32.62)
2 # 152 Carson, Jason	M34 Unattached	4:44.71	6
34.31 (34.31)	1:08.62 (34.31)	1:44.64 (36.02)	2:20.89 (36.25)
2:57.25 (36.36)	3:33.42 (36.17)	4:09.24 (35.82)	4:44.704 (35.47)
3 # 246 Duggan, Bob	M32 Checkers AC	4:58.36	4
36.75 (36.75)	1:12.05 (35.30)	1:48.63 (36.58)	2:25.89 (37.26)
3:04.73 (38.84)	3:44.69 (39.96)	4:23.89 (39.20)	4:58.355 (34.47)
4 # 714 Perri, Michael	M32 Unattached	4:58.41	3
35.07 (35.07)	1:09.82 (34.75)	1:46.63 (36.81)	2:25.31 (38.68)
3:04.73 (39.42)	3:44.27 (39.54)	4:22.98 (38.71)	4:58.407 (35.44)
5 # 889 Stasulis, Jerry	M34 Atlanta Track Club	6:00.82	2
40.92 (40.92)	1:21.14 (40.22)	2:04.82 (43.68)	2:51.19 (46.37)
3:38.91 (47.72)	4:27.15 (48.24)	5:15.46 (48.31)	6:00.814 (45.36)

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Event 581 M35 1 Mile Run

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35 USA: R 3:56.34

35 WMA: W 3:56.34

Name	Age Team	Finals	Points
1 # 936 Tripp, Alan	M38 Unattached	5:35.55	8
38.74 (38.74)	1:18.87 (40.13)	2:00.41 (41.54)	2:41.93 (41.52)
3:23.59 (41.66)	4:06.15 (42.56)	4:50.31 (44.16)	5:35.541 (45.24)
2 # 918 Thompson, La Roi	M39 TNT Internat	6:35.55	6
43.62 (43.62)	1:28.85 (45.23)	2:15.34 (46.49)	3:05.51 (50.17)
3:57.06 (51.55)	4:51.17 (54.11)	5:46.08 (54.91)	6:35.549 (49.48)

Event 582 M40 1 Mile Run

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USA: R 3:54.91

WMA: W 3:54.91

Name	Age Team	Finals	Points
1 # 942 Unger, TJ	M40 HFC Striders	4:31.77	8
36.06 (36.06)	1:10.83 (34.77)	1:45.32 (34.49)	2:19.31 (33.99)
2:53.39 (34.08)	3:27.69 (34.30)	4:00.77 (33.08)	4:31.768 (31.01)
2 # 135 Butler, Brock	M41 Greater Phil	4:34.88	6
35.93 (35.93)	1:10.62 (34.69)	1:45.11 (34.49)	2:19.00 (33.89)
2:53.12 (34.12)	3:27.41 (34.29)	4:01.22 (33.81)	4:34.873 (33.67)
3 # 979 Welsh, David	M41 Unattached	4:37.61	4
36.30 (36.30)	1:11.06 (34.76)	1:45.84 (34.78)	2:19.61 (33.77)
2:53.64 (34.03)	3:28.06 (34.42)	4:02.66 (34.60)	4:37.609 (34.96)
4 # 388 Hernandez, Christ	M42 Genesee Vall	4:47.73	3
36.30 (36.30)	1:11.54 (35.24)	1:46.37 (34.83)	2:22.74 (36.37)
2:59.47 (36.73)	3:36.31 (36.84)	4:13.57 (37.26)	4:47.728 (34.17)
5 # 960 Walchinsky, Mark	M40 Potomac Vall	4:50.09	2
36.95 (36.95)	1:12.28 (35.33)	1:47.09 (34.81)	2:22.75 (35.66)
2:58.99 (36.24)	3:35.71 (36.72)	4:12.97 (37.26)	4:50.090 (37.13)
6 # 767 Rieth, Tim	M43 Genesee Vall	4:56.51	1
36.73 (36.73)	1:11.86 (35.13)	1:47.84 (35.98)	2:25.42 (37.58)
3:02.41 (36.99)	3:41.11 (38.70)	4:20.16 (39.05)	4:56.505 (36.36)
7 # 93 Boles, Tommy	M41 Unattached	5:00.21	
37.44 (37.44)	1:12.73 (35.29)	1:49.25 (36.52)	2:27.46 (38.21)
3:45.06 (1:17.60)	4:23.39 (38.33)	5:00.04 (36.65)	5:00.202 (0.17)
8 # 280 Flanigan, Robert	M42 Unattached	5:00.54	
37.46 (37.46)	1:13.57 (36.11)	1:50.70 (37.13)	2:28.38 (37.68)
3:06.07 (37.69)	3:44.87 (38.80)	4:23.61 (38.74)	5:00.537 (36.94)
9 # 466 Joy, Patrick	M40 Greater Bost	5:10.55	
38.10 (38.10)	1:13.98 (35.88)	1:51.18 (37.20)	2:29.75 (38.57)
3:09.66 (39.91)	3:49.81 (40.15)	4:30.40 (40.59)	5:10.545 (40.16)
10 # 16 Almarode, Andy	M43 Colonial Roa	5:15.56	
38.88 (38.88)	1:17.14 (38.26)	1:56.46 (39.32)	2:36.45 (39.99)
3:16.57 (40.12)	3:57.40 (40.83)	4:37.17 (39.77)	5:15.556 (38.40)

Event 583 M45 1 Mile Run

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USA: R 4:12.33

WMA: W 4:12.94

Name	Age Team	Finals	Points
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....Event 583 M45 1 Mile Run

1 #	998 Williams, Mark	M46 Garmin Runners	4:38.47	8		
	38.22 (38.22)	1:13.57 (35.35)	1:47.76 (34.19)		2:22.06 (34.30)	
	2:57.17 (35.11)	3:31.78 (34.61)	4:04.95 (33.17)		4:38.465 (33.52)	
2 #	850 Slavinski, Dave	M47 Unattached	4:39.45	6		
	38.03 (38.03)	1:13.38 (35.35)	1:47.49 (34.11)		2:21.83 (34.34)	
	2:56.81 (34.98)	3:30.98 (34.17)	4:04.86 (33.88)		4:39.445 (34.59)	
3 #	864 Smith, Miles	M48 Unattached	4:55.48	4		
	38.45 (38.45)	1:13.84 (35.39)	1:48.99 (35.15)		2:25.42 (36.43)	
	3:02.27 (36.85)	3:40.13 (37.86)	4:18.38 (38.25)		4:55.475 (37.10)	
4 #	691 Oxendine Jr, Andr	M45 Unattached	5:09.32	3		
	37.86 (37.86)	1:14.06 (36.20)	1:50.06 (36.00)		2:28.26 (38.20)	
	3:08.74 (40.48)	3:50.38 (41.64)	4:31.51 (41.13)		5:09.320 (37.81)	
5 #	900 Sturdevant, Chris	M46 Unattached	5:34.87	2		
	39.85 (39.85)	1:17.82 (37.97)	1:56.13 (38.31)		2:36.55 (40.42)	
	3:18.73 (42.18)	4:03.03 (44.30)	4:48.35 (45.32)		5:34.870 (46.53)	

Event 585 M50 1 Mile Run

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USA: R 4:23.07

WMA: W 4:23.07

Name	Age Team	Finals	Points
1 # 601 McManus, Mike	M53 HOKA Aggie R	4:55.77	8
38.55 (38.55)	1:15.13 (36.58)	1:52.11 (36.98)	2:29.92 (37.81)
3:06.14 (36.22)	3:43.53 (37.39)	4:20.39 (36.86)	4:55.763 (35.38)
2 # 204 Crowley, Brian	M54 Garmin Runners	4:56.13	6
38.93 (38.93)	1:15.46 (36.53)	1:52.31 (36.85)	2:29.17 (36.86)
3:06.18 (37.01)	3:43.35 (37.17)	4:20.08 (36.73)	4:56.121 (36.05)
3 # 41 Baer II, Joseph	M50 Unattached	4:56.67	4
38.66 (38.66)	1:16.07 (37.41)	1:52.86 (36.79)	2:30.17 (37.31)
3:07.55 (37.38)	3:45.10 (37.55)	4:22.43 (37.33)	4:56.668 (34.24)
4 # 670 Nier, Mike	M54 Genesee Vall	4:57.84	3
39.11 (39.11)	1:16.64 (37.53)	1:53.50 (36.86)	2:30.60 (37.10)
3:07.16 (36.56)	3:44.11 (36.95)	4:21.71 (37.60)	4:57.834 (36.13)
5 # 679 Nyhan, Sean	M50 Unattached	4:58.95	2
38.76 (38.76)	1:16.31 (37.55)	1:53.56 (37.25)	2:31.38 (37.82)
3:08.36 (36.98)	3:45.38 (37.02)	4:22.02 (36.64)	4:58.947 (36.93)
6 # 138 Cakouros, Jason	M53 HFC Striders	5:00.10	1
39.43 (39.43)	1:17.00 (37.57)	1:54.10 (37.10)	2:31.83 (37.73)
3:08.92 (37.09)	3:46.43 (37.51)	4:23.41 (36.98)	5:00.095 (36.69)
7 # 45 Bandettini, Peter	M53 Athletics Ea	5:02.13	
38.17 (38.17)	1:14.87 (36.70)	1:51.84 (36.97)	2:29.38 (37.54)
3:06.64 (37.26)	3:44.63 (37.99)	4:23.13 (38.50)	5:02.126 (39.00)
8 # 75 Benter, Brad	M51 Alaska Mount	5:02.22	
39.83 (39.83)	1:17.21 (37.38)	1:54.07 (36.86)	2:32.18 (38.11)
3:10.51 (38.33)	3:48.61 (38.10)	4:26.33 (37.72)	5:02.211 (35.89)
9 # 821 Scholtz, Michael	M53 Atlanta Track Club	5:03.54	
38.94 (38.94)	1:16.25 (37.31)	1:52.71 (36.46)	2:29.90 (37.19)
3:07.27 (37.37)	3:44.94 (37.67)	4:22.64 (37.70)	5:03.536 (40.90)
10 # 130 Burdett, Francis	M54 Greater Spri	5:24.66	
40.29 (40.29)	1:18.27 (37.98)	1:57.67 (39.40)	2:38.91 (41.24)
3:19.64 (40.73)	4:02.32 (42.68)	4:44.46 (42.14)	5:24.651 (40.20)
11 # 769 Rivera, Joe	M52 Unattached	5:31.36	
39.36 (39.36)	1:17.59 (38.23)	1:56.38 (38.79)	2:37.03 (40.65)
3:19.96 (42.93)	4:03.88 (43.92)	4:48.04 (44.16)	5:31.355 (43.32)

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Results

....Event 585 M50 1 Mile Run

12 #	668 Newsham, Bill	M54 Greater Bost	5:41.20		
	41.46 (41.46)	1:20.88 (39.42)	2:01.85 (40.97)	2:44.19 (42.34)	
	3:27.67 (43.48)	4:12.16 (44.49)	4:58.15 (45.99)	5:41.192 (43.05)	
13 #	627 Molteni, Ronald	M53 Potomac Vall	6:25.67		
	45.38 (45.38)	1:29.78 (44.40)	2:16.14 (46.36)	3:03.57 (47.43)	
	3:53.32 (49.75)	4:44.46 (51.14)	5:35.04 (50.58)	6:25.662 (50.63)	

Event 586 M55 1 Mile Run

=====

USA: R 4:42.89

WMA: W 4:42.89

Name	Age Team	Finals	Points		
1 # 171 Chisholm, Chris	M56 Hartford Track Club	4:56.78	8		
	38.75 (38.75)	1:15.80 (37.05)	1:51.78 (35.98)	2:27.71 (35.93)	
	3:03.06 (35.35)	3:39.39 (36.33)	4:16.95 (37.56)	4:56.776 (39.84)	
2 # 571 Mayberry, Bryan	M55 Sierra Gold	5:08.11	6		
	39.52 (39.52)	1:16.25 (36.73)	1:52.96 (36.71)	2:31.83 (38.87)	
	3:11.46 (39.63)	3:50.97 (39.51)	4:31.07 (40.10)	5:08.106 (37.05)	
3 # 629 Monteau, Daniel	M55 Unattached	5:08.89	4		
	38.75 (38.75)	1:15.76 (37.01)	1:51.83 (36.07)	2:28.17 (36.34)	
	3:05.18 (37.01)	3:44.40 (39.22)	4:25.77 (41.37)	5:08.890 (43.13)	
4 # 574 Mazo, Daniel	M55 Greater Phil	5:15.25	3		
	39.75 (39.75)	1:18.88 (39.13)	1:59.17 (40.29)	2:39.78 (40.61)	
	3:19.55 (39.77)	3:59.31 (39.76)	4:37.52 (38.21)	5:15.248 (37.74)	
5 # 844 Shotts, David	M57 Unattached	5:24.24	2		
	41.67 (41.67)	1:21.37 (39.70)	2:00.14 (38.77)	2:39.64 (39.50)	
	3:19.51 (39.87)	4:00.28 (40.77)	4:41.82 (41.54)	5:24.235 (42.43)	
6 # 260 Enicks IV, Willia	M59 So Cal Track Club	5:36.95	1		
	41.39 (41.39)	1:21.62 (40.23)	2:02.25 (40.63)	2:44.35 (42.10)	
	3:27.45 (43.10)	4:10.55 (43.10)	4:53.95 (43.40)	5:36.946 (43.01)	
7 # 243 Drueckhammer, Dal	M58 Northport Ru	5:42.01			
	41.57 (41.57)	1:22.68 (41.11)	2:04.11 (41.43)	2:47.48 (43.37)	
	3:30.82 (43.34)	4:15.26 (44.44)	4:59.55 (44.29)	5:42.003 (42.46)	
8 # 800 Rush, Dietrich	M55 Unattached	5:43.32			
	39.09 (39.09)	1:19.22 (40.13)	2:01.30 (42.08)	2:45.45 (44.15)	
	3:28.94 (43.49)	4:14.58 (45.64)	5:00.99 (46.41)	5:43.312 (42.33)	
9 # 63 Becker Jr, Bruce	M57 Athletics Ea	5:58.01			
	42.63 (42.63)	1:24.60 (41.97)	2:07.46 (42.86)	2:53.05 (45.59)	
	3:40.14 (47.09)	4:28.67 (48.53)	5:16.46 (47.79)	5:58.005 (41.56)	
10 # 1001 Williamson, Duane	M55 Potomac Vall	6:02.24			
	42.40 (42.40)	1:23.98 (41.58)	2:06.56 (42.58)	2:51.24 (44.68)	
	3:36.53 (45.29)	4:23.58 (47.05)	5:13.27 (49.69)	6:02.237 (48.98)	
11 # 733 Poulos, Ted	M57 Potomac Vall	6:03.55			
	46.04 (46.04)	1:30.02 (43.98)	2:15.21 (45.19)	3:01.18 (45.97)	
	3:47.20 (46.02)	4:33.71 (46.51)	5:18.79 (45.08)	6:03.542 (44.76)	
12 # 879 Spencer, Mike	M59 Atlanta Track Club	6:20.32			
	42.91 (42.91)	1:25.29 (42.38)	2:10.20 (44.91)	2:58.90 (48.70)	
	3:49.40 (50.50)	4:40.72 (51.32)	5:31.84 (51.12)	6:20.317 (48.49)	

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Results

Event 587 M60 1 Mile Run

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USA: R 4:50.95

WMA: W 4:50.95

Name	Age Team	Finals	Points
1 # 164 Chantry, Stephen	M64 Colonial Roa	5:19.85	8
42.46 (42.46)	1:22.34 (39.88)	2:02.45 (40.11)	2:41.70 (39.25)
3:22.11 (40.41)	4:06.33 (44.22)	4:45.43 (39.10)	5:19.845 (34.42)
2 # 983 Whitaker, Robert	M60 Colonial Roa	5:20.82	6
41.70 (41.70)	1:21.08 (39.38)	2:01.02 (39.94)	2:41.71 (40.69)
3:22.31 (40.60)	4:02.40 (40.09)	4:42.11 (39.71)	5:20.817 (38.71)
3 # 1015 Wood, Blake	M60 So Cal Track Club	5:21.46	4
42.71 (42.71)	1:21.94 (39.23)	2:01.67 (39.73)	2:42.48 (40.81)
3:21.34 (38.86)	4:01.67 (40.33)	4:41.97 (40.30)	5:21.456 (39.49)
4 # 981 Westenberg, David	M61 Unattached	5:22.59	3
42.21 (42.21)	1:21.55 (39.34)	2:01.31 (39.76)	2:42.07 (40.76)
3:21.71 (39.64)	4:01.90 (40.19)	4:42.15 (40.25)	5:22.588 (40.44)
5 # 192 Conheady, Timothy	M62 Greater Phil	5:26.64	2
43.53 (43.53)	1:25.69 (42.16)	2:07.71 (42.02)	2:49.00 (41.29)
3:30.75 (41.75)	4:10.53 (39.78)	4:49.37 (38.84)	5:26.638 (37.27)
6 # 758 Riccardi, Timothy	M60 Genesee Vall	5:39.51	1
43.77 (43.77)	1:26.19 (42.42)	2:07.65 (41.46)	2:49.04 (41.39)
3:30.61 (41.57)	4:13.05 (42.44)	4:56.07 (43.02)	5:39.504 (43.44)
7 # 514 Leddy, Harold	M64 Shore Athletic Club	5:41.59	
43.94 (43.94)	1:26.58 (42.64)	2:08.32 (41.74)	2:50.10 (41.78)
3:32.00 (41.90)	4:15.51 (43.51)	4:58.87 (43.36)	5:41.583 (42.72)
8 # 802 Rybinski, Mark	M63 Genesee Vall	5:56.92	
47.19 (47.19)	1:31.90 (44.71)	2:17.17 (45.27)	3:03.00 (45.83)
3:48.15 (45.15)	4:32.48 (44.33)	5:15.82 (43.34)	5:56.911 (41.10)
9 # 248 Dunigan, Patrick	M62 Unattached	6:15.05	
45.11 (45.11)	1:30.22 (45.11)	2:17.03 (46.81)	3:04.05 (47.02)
3:52.38 (48.33)	4:41.06 (48.68)	5:28.70 (47.64)	6:15.050 (46.36)
10 # 240 Draim, Bob	M64 Potomac Vall	6:48.70	
46.09 (46.09)	1:35.63 (49.54)	2:27.77 (52.14)	3:20.55 (52.78)
4:14.30 (53.75)	5:08.14 (53.84)	6:00.14 (52.00)	6:48.691 (48.56)
11 # 907 Szczesiul, Fred	M61 Unattached	6:56.44	
51.33 (51.33)	1:41.04 (49.71)	2:33.83 (52.79)	3:25.76 (51.93)
4:18.71 (52.95)	5:12.46 (53.75)	6:07.58 (55.12)	6:56.434 (48.86)
12 # 706 Parsley, John	M61 Unattached	7:28.69	
48.31 (48.31)	1:39.66 (51.35)	2:35.78 (56.12)	3:33.46 (57.68)
4:31.67 (58.21)	5:30.04 (58.37)	6:28.59 (58.55)	7:28.69 (1:00.10)
13 # 27 Arcand Jr, Albert	M63 Potomac Vall	8:14.58	
54.14 (54.14)	1:51.83 (57.69)	2:55.51 (1:03.68)	4:00.52 (1:05.01)
5:05.40 (1:04.88)	6:09.92 (1:04.52)	7:16.30 (1:06.38)	8:14.576 (58.28)

Event 588 M65 1 Mile Run

=====

USA: R 5:11.43

WMA: W 5:11.43

Name	Age Team	Finals	Points
1 # 834 Shaheed, Nolan	M69 So Cal Track Club	5:47.59	8
41.65 (41.65)	1:23.60 (41.95)	2:06.32 (42.72)	2:50.67 (44.35)
3:34.92 (44.25)	4:19.82 (44.90)	5:05.08 (45.26)	5:47.584 (42.52)

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....Event 588 M65 1 Mile Run

2 #	602 McMullen, Tim	M66 Genesee Vall	5:50.10	6	5:50.098
	43.70 (43.70)	1:26.16 (42.46)	2:11.765 (45.62)		2:56.29 (44.52)
	3:39.38 (43.09)	4:23.29 (43.91)	5:08.11 (44.82)		5:49.86 (41.75)
3 #	953 Vercollone, John	M69 Boston Athle	5:57.57	4	
	44.02 (44.02)	1:26.95 (42.93)	2:11.93 (44.98)		2:57.09 (45.16)
	3:41.27 (44.18)	4:27.04 (45.77)	5:13.75 (46.71)		5:57.564 (43.83)
4 #	460 Johnston, John	M65 Unattached	6:02.86	3	
	44.09 (44.09)	1:26.53 (42.44)	2:11.57 (45.04)		2:57.25 (45.68)
	3:43.06 (45.81)	4:30.65 (47.59)	5:18.73 (48.08)		6:02.858 (44.14)
5 #	742 Qualls, Robert	M66 River City Rebels	6:04.28	2	
	44.93 (44.93)	1:29.07 (44.14)	2:14.63 (45.56)		3:00.81 (46.18)
	3:46.86 (46.05)	4:33.50 (46.64)	5:20.43 (46.93)		6:04.279 (43.86)
6 #	643 Morrell, William	M68 Unattached	6:19.71	1	
	43.93 (43.93)	1:25.97 (42.04)	2:11.34 (45.37)		2:58.55 (47.21)
	3:47.52 (48.97)	4:38.49 (50.97)	5:29.72 (51.23)		6:19.701 (50.00)
7 #	996 Williams, David	M67 Eastern Buck	6:38.76		5:50.098
	47.10 (47.10)	1:31.62 (44.52)	2:19.46 (47.84)		3:10.41 (50.95)
	4:01.78 (51.37)	4:53.50 (51.72)	5:46.52 (53.02)		6:38.760 (52.25)
8 #	596 McKee, Ernest	M66 Unattached	7:02.10		
	51.30 (51.30)	1:43.10 (51.80)	2:36.59 (53.49)		3:30.99 (54.40)
	4:24.47 (53.48)	5:16.56 (52.09)	6:10.04 (53.48)		7:02.099 (52.07)
9 #	924 Tillery, John	M68 Unattached	7:16.62		
	56.13 (56.13)	1:48.37 (52.24)	2:42.43 (54.06)		3:38.39 (55.96)
	4:33.97 (55.58)	5:30.47 (56.50)	6:27.67 (57.20)		7:16.62 (48.95)
10 #	9 Allcorn, Thomas	M66 Over The Hill TC	7:23.87		
	54.24 (54.24)	1:43.66 (49.42)	2:35.80 (52.14)		3:29.44 (53.64)
	4:24.61 (55.17)	5:21.91 (57.30)	6:21.42 (59.51)		7:23.863 (1:02.46)
11 #	1011 Wind, Jay	M69 Potomac Vall	7:50.57		
	55.41 (55.41)	1:50.44 (55.03)	2:49.20 (58.76)		3:48.41 (59.21)
	4:47.52 (59.11)	5:51.01 (1:03.49)	6:52.11 (1:01.10)		7:50.565 (58.47)

Event 589 M70 1 Mile Run

USA: R 5:29.81
WMA: W 5:29.81

Name	Age Team	Finals	Points
1 # 710 Patton, Gary	M73 So Cal Track Club	5:58.98	8
44.78 (44.78)	1:27.81 (43.03)	2:11.39 (43.58)	2:57.32 (45.93)
3:43.03 (45.71)	4:29.28 (46.25)	5:15.45 (46.17)	5:58.976 (43.53)
2 # 513 Learned, Jerry	M70 Atlanta Track Club	6:17.22	6
48.04 (48.04)	1:33.62 (45.58)	2:19.99 (46.37)	3:08.26 (48.27)
3:56.30 (48.04)	4:43.02 (46.72)	5:30.02 (47.00)	6:17.220 (47.20)
3 # 672 Nolan, Harold	M71 Shore Athletic Club	6:28.72	4
44.41 (44.41)	1:29.60 (45.19)	2:18.29 (48.69)	3:12.50 (54.21)
4:03.12 (50.62)	4:53.60 (50.48)	5:41.99 (48.39)	6:28.719 (46.73)
4 # 313 Glass, Dave	M72 Atlanta Track Club	6:41.53	3
47.40 (47.40)	1:35.34 (47.94)	2:24.71 (49.37)	3:16.29 (51.58)
4:07.94 (51.65)	4:59.78 (51.84)	5:51.60 (51.82)	6:41.522 (49.93)
5 # 136 Byrd, John	M71 Unattached	6:43.83	2
50.02 (50.02)	1:39.80 (49.78)	2:31.58 (51.78)	3:24.52 (52.94)
4:17.32 (52.80)	5:08.86 (51.54)	5:58.88 (50.02)	6:43.824 (44.95)
6 # 860 Smith, Jay	M70 Piedmont Pac	7:00.08	1
49.67 (49.67)	1:41.08 (51.41)	2:35.40 (54.32)	3:28.79 (53.39)
4:22.81 (54.02)	5:17.76 (54.95)	6:11.81 (54.05)	7:00.076 (48.27)

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Results**

....Event 589 M70 1 Mile Run

7 #	70 Benedict, Sam	M72 Atlanta Track Club	7:05.91		
	55.66 (55.66)	1:47.42 (51.76)	2:37.09 (49.67)	3:28.32 (51.23)	
	4:22.53 (54.21)	5:17.37 (54.84)	6:13.23 (55.86)	7:05.907 (52.68)	
8 #	284 Flynn, Mark	M70 Atlanta Track Club	7:09.71		
	53.36 (53.36)	1:45.34 (51.98)	2:36.46 (51.12)	3:28.56 (52.10)	
	4:23.16 (54.60)	5:18.44 (55.28)	6:15.39 (56.95)	7:09.710 (54.32)	
9 #	566 Mathies, Drue	M72 Sierra Gold	7:29.69		
	55.29 (55.29)	1:48.32 (53.03)	2:42.44 (54.12)	3:39.23 (56.79)	
	4:39.12 (59.89)	5:38.17 (59.05)	6:38.53 (1:00.36)	7:29.682 (51.16)	
10 #	985 Whitt, Randy	M72 Charlotte Tr	7:48.55		
	54.25 (54.25)	1:50.20 (55.95)	2:49.32 (59.12)	3:49.50 (1:00.18)	
	4:50.01 (1:00.51)	5:50.65 (1:00.64)	6:50.43 (59.78)	7:48.550 (58.12)	
11 #	519 Lenahan, Joseph	M72 Atlanta Track Club	8:02.51		
	1:05.55 (1:05.55)	2:02.89 (57.34)	3:02.34 (59.45)	4:02.76 (1:00.42)	
	5:03.14 (1:00.38)	6:03.41 (1:00.27)	7:03.56 (1:00.15)	8:02.51 (58.95)	
12 #	999 Williams, Morris	M74 Atlanta Track Club	8:16.51		
	1:01.18 (1:01.18)	2:00.49 (59.31)	3:05.06 (1:04.57)	4:08.50 (1:03.44)	
	5:11.81 (1:03.31)	6:15.01 (1:03.20)	7:17.41 (1:02.40)	8:16.502 (59.10)	
13 #	308 Gerson, Jeffrey	M71 Over The Hill TC	8:55.51		
	1:02.56 (1:02.56)	2:06.39 (1:03.83)	3:13.21 (1:06.82)	4:20.01 (1:06.80)	
	5:27.50 (1:07.49)	6:36.07 (1:08.57)	7:45.512 (1:09.45)	8:55.502 (1:09.991)	
14 #	975 Weiner, Robert	M71 Potomac Vall	9:10.47		
	1:03.28 (1:03.28)	2:10.23 (1:06.95)	3:25.32 (1:15.09)	4:41.40 (1:16.08)	
	5:53.20 (1:11.80)	7:05.46 (1:12.26)	8:11.40 (1:05.94)	9:10.462 (59.07)	

Event 590 M75 1 Mile Run

USA: R 6:22.06

WMA: W 5:41.95

Name	Age Team	Finals	Points		
1 # 321 Goodhue, Doug	M77 Ann Arbor Tr	6:18.03R	8		
	45.79 (45.79)	1:31.99 (46.20)	2:19.10 (47.11)	3:06.63 (47.53)	
	3:54.63 (48.00)	4:42.53 (47.90)	5:31.02 (48.49)	6:18.030 (47.02)	
2 # 449 Jennings, Thomas	M75 Greater Phil	6:46.04	6		
	50.08 (50.08)	1:41.66 (51.58)	2:32.58 (50.92)	3:24.34 (51.76)	
	4:16.07 (51.73)	5:08.06 (51.99)	5:59.78 (51.72)	6:46.040 (46.27)	
3 # 155 Carter, Joe	M75 Atlanta Track Club	7:09.53	4		
	52.14 (52.14)	1:43.35 (51.21)	2:36.67 (53.32)	3:31.36 (54.69)	
	4:26.51 (55.15)	5:21.98 (55.47)	6:15.75 (53.77)	7:09.524 (53.78)	
4 # 940 Turner Sr, David	M79 Atlanta Track Club	7:46.99	3		
	58.52 (58.52)	1:56.63 (58.11)	2:56.29 (59.66)	3:56.53 (1:00.24)	
	4:54.83 (58.30)	5:54.57 (59.74)	6:52.58 (58.01)	7:46.985 (54.41)	
5 # 89 Bligh Jr, Ed	M76 Atlanta Track Club	8:00.02	2		
	59.19 (59.19)	1:58.00 (58.81)	2:59.49 (1:01.49)	4:01.93 (1:02.44)	
	5:03.04 (1:01.11)	6:04.82 (1:01.78)	7:06.30 (1:01.48)	8:00.015 (53.72)	
6 # 584 McDonald, Maurice	M78 Atlanta Track Club	8:55.07	1		
	1:01.39 (1:01.39)	2:00.89 (59.50)	3:09.38 (1:08.49)	4:18.05 (1:08.67)	
	5:28.26 (1:10.21)	6:38.40 (1:10.14)	7:48.60 (1:10.20)	8:55.064 (1:06.47)	

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Results

Event 591 M80 1 Mile Run

=====				
80 USA: R 6:42.10				
80 WMA: W 6:42.10				
Name	Age Team	Finals	Points	
=====				
1 # 877 Spencer, Bill	M82 New England	8:01.95	8	
1:00.56 (1:00.56)	1:57.95 (57.39)	2:57.04 (59.09)	3:58.48 (1:01.44)	
5:00.75 (1:02.27)	6:03.60 (1:02.85)	7:06.39 (1:02.79)	8:01.943 (55.56)	
2 # 64 Beckett, James	M80 Sierra Gold	8:01.99	6	
1:00.21 (1:00.21)	1:57.48 (57.27)	2:56.64 (59.16)	3:57.94 (1:01.30)	
5:00.22 (1:02.28)	6:03.42 (1:03.20)	7:06.04 (1:02.62)	8:01.989 (55.96)	
3 # 799 Rush, C Christoph	M82 Adirondack A	8:53.69	4	
1:02.48 (1:02.48)	2:05.41 (1:02.93)	3:14.59 (1:09.18)	4:24.86 (1:10.27)	
5:34.51 (1:09.65)	6:42.88 (1:08.37)	7:49.94 (1:07.06)	8:53.685 (1:03.75)	
4 # 258 Elliott, John	M80 Potomac Vall	8:59.82	3	
1:05.31 (1:05.31)	2:11.38 (1:06.07)	3:19.96 (1:08.58)	4:28.92 (1:08.96)	
5:37.00 (1:08.08)	6:45.73 (1:08.73)	7:53.74 (1:08.01)	8:59.811 (1:06.08)	
5 # 648 Motz, Fred	M80 Atlanta Track Club	9:21.46	2	
1:05.81 (1:05.81)	2:14.92 (1:09.11)	3:27.76 (1:12.84)	4:40.95 (1:13.19)	
5:53.54 (1:12.59)	7:06.69 (1:13.15)	8:17.66 (1:10.97)	9:21.457 (1:03.81)	
6 # 196 Cordero, Joe	M80 Unattached	9:23.17	1	
1:04.84 (1:04.84)	2:10.44 (1:05.60)	3:19.69 (1:09.25)	4:31.80 (1:12.11)	
5:45.38 (1:13.58)	7:02.09 (1:16.71)	8:20.16 (1:18.07)	9:23.166 (1:03.01)	
7 # 939 Turner, Kermit	M82 Unattached	9:29.59		
1:07.26 (1:07.26)	2:14.28 (1:07.02)	3:25.84 (1:11.56)	4:38.31 (1:12.47)	
5:49.37 (1:11.06)	7:02.87 (1:13.50)	8:20.66 (1:17.79)	9:29.582 (1:08.93)	
8 # 412 Hosken, William	M81 Parkside Ath	10:02.97		
1:08.38 (1:08.38)	2:25.15 (1:16.77)	3:43.76 (1:18.61)	5:00.50 (1:16.74)	
6:16.98 (1:16.48)	7:34.52 (1:17.54)	8:51.93 (1:17.41)	10:02.969 (1:11.05)	

Event 591 M85 1 Mile Run

=====				
85 USA: R 8:33.11				
85 WMA: W 8:33.11				
Name	Age Team	Finals	Points	
=====				
1 # 146 Cantu, Inocencio	M85 Potomac Vall	7:46.94R	8	
59.11 (59.11)	1:55.66 (56.55)	2:52.84 (57.18)	3:50.33 (57.49)	
4:48.63 (58.30)	5:47.94 (59.31)	6:47.83 (59.89)	7:46.933 (59.11)	

Event 591 M90 1 Mile Run

=====				
90 USA: R 9:56.58				
90 WMA: W 9:56.58				
Name	Age Team	Finals	Points	
=====				
1 # 384 Hemphill, Dixon	M94 Potomac Vall	18:05.22	8	
2:09.49 (2:09.49)	4:18.98 (2:09.49)	6:31.95 (2:12.97)	8:47.51 (2:15.56)	
11:03.21 (2:15.71)	13:28.23 (2:25.02)	15:49.18 (2:20.95)	18:05.22 (2:16.04)	

Event 603 M30 3000 Meter Run

=====				
Name	Age Team	Finals	Points	
=====				

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....Event 603 M30 3000 Meter Run

1 #	246 Duggan, Bob	M32 Checkers AC	10:29.30	8		
	37.02 (37.02)	1:16.16 (39.14)	1:54.25 (38.09)		2:33.33 (39.08)	
	3:13.85 (40.52)	3:54.69 (40.84)	4:36.67 (41.98)		5:18.65 (41.98)	
	6:00.70 (42.05)	6:43.64 (42.94)	7:27.57 (43.93)		8:12.49 (44.92)	
	8:58.08 (45.59)	9:43.74 (45.66)	10:29.291 (45.56)			
2 #	889 Stasulis, Jerry	M34 Atlanta Track Club	11:58.18	6		
	40.84 (40.84)	1:23.24 (42.40)	2:08.33 (45.09)		2:54.44 (46.11)	
	3:40.51 (46.07)	4:26.87 (46.36)	5:15.45 (48.58)		6:04.67 (49.22)	
	6:55.08 (50.41)	7:46.65 (51.57)	8:38.60 (51.95)		9:29.31 (50.71)	
	10:19.14 (49.83)	11:08.72 (49.58)	11:58.18 (49.46)			

Event 603 M35 3000 Meter Run

=====
 35 USA: R 7:34.71
 35 WMA: W 7:34.71

Name	Age Team	Finals	Points
1 # 561 Masland, Caleb	M37 Unattached	9:26.86	8
37.13 (37.13)	1:15.02 (37.89)	1:52.45 (37.43)	2:30.41 (37.96)
3:07.78 (37.37)	3:44.63 (36.85)	4:21.06 (36.43)	4:57.61 (36.55)
5:34.51 (36.90)	6:12.85 (38.34)	6:52.04 (39.19)	7:30.83 (38.79)
8:09.44 (38.61)	8:49.08 (39.64)	9:26.859 (37.79)	
2 # 936 Tripp, Alan	M38 Unattached	12:07.21	6
42.40 (42.40)	1:29.34 (46.94)	2:17.25 (47.91)	3:05.33 (48.08)
3:54.04 (48.71)	4:42.48 (48.44)	5:29.93 (47.45)	6:16.55 (46.62)
7:02.52 (45.97)	7:49.12 (46.60)	8:35.79 (46.67)	9:23.28 (47.49)
10:13.96 (50.68)	11:08.37 (54.41)	12:07.21 (58.84)	
-- # 168 Cheormei, David	M39 Roanoke Vall	DNF	
36.72 (36.72)	1:15.19 (38.47)	1:52.60 (37.41)	2:30.29 (37.69)
3:07.68 (37.39)	3:43.72 (36.04)	4:19.59 (35.87)	4:55.73 (36.14)

Event 603 M40 3000 Meter Run

=====
 40 USA: R 7:37.92
 40 WMA: W 7:37.92

Name	Age Team	Finals	Points
1 # 942 Unger, TJ	M40 HFC Striders	9:05.46	8
37.26 (37.26)	1:15.56 (38.30)	1:52.83 (37.27)	2:30.69 (37.86)
3:08.16 (37.47)	3:45.37 (37.21)	4:21.41 (36.04)	4:56.90 (35.49)
5:32.97 (36.07)	6:09.55 (36.58)	6:46.00 (36.45)	7:22.47 (36.47)
7:58.80 (36.33)	8:32.99 (34.19)	9:05.454 (32.48)	
2 # 135 Butler, Brock	M41 Greater Phil	9:06.60	6
36.78 (36.78)	1:14.84 (38.06)	1:52.23 (37.39)	2:30.08 (37.85)
3:07.41 (37.33)	3:44.35 (36.94)	4:20.29 (35.94)	4:56.26 (35.97)
5:32.72 (36.46)	6:09.34 (36.62)	6:45.78 (36.44)	7:22.16 (36.38)
7:58.74 (36.58)	8:33.58 (34.84)	9:06.594 (33.03)	
3 # 24 Angell, David	M42 Roanoke Vall	9:10.84	4
36.72 (36.72)	1:15.21 (38.49)	1:52.24 (37.03)	2:29.90 (37.66)
3:07.28 (37.38)	3:44.01 (36.73)	4:20.02 (36.01)	4:56.08 (36.06)
5:32.53 (36.45)	6:09.25 (36.72)	6:45.62 (36.37)	7:22.17 (36.55)
7:58.66 (36.49)	8:34.91 (36.25)	9:10.831 (35.93)	

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....Event 603 M40 3000 Meter Run

4 #	979 Welsh, David	M41 Unattached	9:24.59	3	
	37.01 (37.01)	1:15.36 (38.35)	1:52.77 (37.41)		2:30.70 (37.93)
	3:08.17 (37.47)	3:44.49 (36.32)	4:21.36 (36.87)		4:57.20 (35.84)
	5:33.94 (36.74)	6:11.45 (37.51)	6:49.93 (38.48)		7:29.02 (39.09)
	8:08.08 (39.06)	8:47.54 (39.46)	9:24.583 (37.06)		
5 #	866 Snider, Jerry	M44 Unattached	9:40.80	2	
	37.24 (37.24)	1:14.56 (37.32)	1:52.43 (37.87)		2:30.24 (37.81)
	3:08.01 (37.77)	3:45.57 (37.56)	4:22.14 (36.57)		4:59.95 (37.81)
	5:39.27 (39.32)	6:18.70 (39.43)	6:58.14 (39.44)		7:37.93 (39.79)
	8:18.20 (40.27)	8:59.63 (41.43)	9:40.799 (41.18)		
6 #	93 Boles, Tommy	M41 Unattached	10:06.73	1	
	37.95 (37.95)	1:16.67 (38.72)	1:54.79 (38.12)		2:33.87 (39.08)
	3:12.86 (38.99)	3:53.13 (40.27)	4:33.38 (40.25)		5:15.09 (41.71)
	5:57.61 (42.52)	6:40.98 (43.37)	7:23.67 (42.69)		8:05.84 (42.17)
	8:46.81 (40.97)	9:27.79 (40.98)	10:06.730 (38.95)		
7 #	280 Flanigan, Robert	M42 Unattached	10:07.45		
	38.65 (38.65)	1:17.24 (38.59)	1:56.50 (39.26)		2:35.94 (39.44)
	3:16.01 (40.07)	3:56.59 (40.58)	4:37.45 (40.86)		5:18.35 (40.90)
	5:59.54 (41.19)	6:40.73 (41.19)	7:22.98 (42.25)		8:05.54 (42.56)
	8:47.49 (41.95)	9:29.00 (41.51)	10:07.442 (38.46)		
8 #	812 Santoro, Clint	M43 Unattached	10:12.84		
	37.45 (37.45)	1:16.42 (38.97)	1:55.44 (39.02)		2:34.30 (38.86)
	3:12.76 (38.46)	3:51.89 (39.13)	4:30.92 (39.03)		5:10.59 (39.67)
	5:50.91 (40.32)	6:32.10 (41.19)	7:15.46 (43.36)		8:00.41 (44.95)
	8:45.47 (45.06)	9:30.45 (44.98)	10:12.839 (42.40)		
9 #	1022 Yerger, Robert	M42 Unattached	11:53.44		
	40.61 (40.61)	1:24.14 (43.53)	2:11.58 (47.44)		3:01.03 (49.45)
	3:49.86 (48.83)	4:37.68 (47.82)	5:26.21 (48.53)		6:14.94 (48.73)
	7:02.96 (48.02)	7:52.12 (49.16)	8:41.94 (49.82)		9:28.17 (46.23)
	10:17.05 (48.88)	11:06.40 (49.35)	11:53.436 (47.05)		

Event 603 M45 3000 Meter Run

=====					
	45 USA: R	8:26.15			
	45 WMA: W	8:26.15			
	Name	Age Team	Finals	Points	
=====					
1 #	850 Slavinski, Dave	M47 Unattached	9:18.74	8	
	37.02 (37.02)	1:15.51 (38.49)	1:52.95 (37.44)		2:30.92 (37.97)
	3:08.44 (37.52)	3:46.34 (37.90)	4:22.76 (36.42)		4:59.71 (36.95)
	5:36.84 (37.13)	6:14.53 (37.69)	6:52.44 (37.91)		7:30.66 (38.22)
	8:08.43 (37.77)	8:45.92 (37.49)	9:18.739 (32.83)		
2 #	906 Sydow, Brian	M45 Atlanta Track Club	9:20.43	6	
	37.75 (37.75)	1:15.83 (38.08)	1:53.47 (37.64)		2:31.30 (37.83)
	3:08.87 (37.57)	3:45.87 (37.00)	4:22.71 (36.84)		4:59.54 (36.83)
	5:36.62 (37.08)	6:14.19 (37.57)	6:52.31 (38.12)		7:30.56 (38.25)
	8:08.30 (37.74)	8:45.50 (37.20)	9:20.423 (34.94)		
3 #	123 Bryant, Jason	M46 Appalachian	10:25.08	4	
	39.67 (39.67)	1:20.93 (41.26)	2:02.42 (41.49)		2:44.51 (42.09)
	3:26.18 (41.67)	4:07.83 (41.65)	4:50.34 (42.51)		5:32.06 (41.72)
	6:13.07 (41.01)	6:54.76 (41.69)	7:37.02 (42.26)		8:19.98 (42.96)
	9:03.21 (43.23)	9:44.94 (41.73)	10:25.079 (40.15)		

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....Event 603 M45 3000 Meter Run

4 #	504 Lanier, Kyle	M46 TNT Internat	10:44.49	3	
	38.23 (38.23)	1:17.61 (39.38)	1:57.83 (40.22)		2:39.78 (41.95)
	3:21.94 (42.16)	4:04.98 (43.04)	4:48.59 (43.61)		5:33.27 (44.68)
	6:16.69 (43.42)	7:00.99 (44.30)	7:45.60 (44.61)		8:32.45 (46.85)
	9:17.55 (45.10)	10:00.89 (43.34)	10:44.486 (43.61)		
5 #	166 Chasse, Craig	M49 Potomac Vall	10:54.87	2	
	38.00 (38.00)	1:17.20 (39.20)	1:58.04 (40.84)		2:40.50 (42.46)
	3:21.83 (41.33)	4:04.54 (42.71)	4:49.35 (44.81)		5:34.84 (45.49)
	6:21.33 (46.49)	7:06.90 (45.57)	7:52.34 (45.44)		8:37.03 (44.69)
	9:21.88 (44.85)	10:08.86 (46.98)	10:54.866 (46.02)		
6 #	502 Lanier, Kareem	M46 TNT Internat	11:12.08	1	
	38.43 (38.43)	1:17.40 (38.97)	1:57.18 (39.78)		2:40.01 (42.83)
	3:24.27 (44.26)	4:08.73 (44.46)	4:54.26 (45.53)		5:40.58 (46.32)
	6:26.85 (46.27)	7:13.68 (46.83)	8:01.13 (47.45)		8:49.40 (48.27)
	9:37.44 (48.04)	10:25.02 (47.58)	11:12.079 (47.07)		

Event 604 M50 3000 Meter Run

50 USA: R 8:43.63
50 WMA: W 8:43.63

Name	Age Team	Finals	Points	
1 # 601 McManus, Mike	M53 HOKA Aggie R	9:41.47	8	
	38.69 (38.69)	1:19.45 (40.76)	1:58.64 (39.19)	2:38.07 (39.43)
	3:17.58 (39.51)	3:57.22 (39.64)	4:36.78 (39.56)	5:16.05 (39.27)
	5:55.38 (39.33)	6:34.83 (39.45)	7:14.31 (39.48)	7:52.27 (37.96)
	8:29.54 (37.27)	9:05.48 (35.94)	9:41.470 (36.00)	
2 # 138 Cakouros, Jason	M53 HFC Striders	9:52.30	6	
	38.18 (38.18)	1:19.07 (40.89)	1:58.68 (39.61)	2:38.12 (39.44)
	3:17.43 (39.31)	3:57.05 (39.62)	4:36.48 (39.43)	5:15.83 (39.35)
	5:54.93 (39.10)	6:34.61 (39.68)	7:14.12 (39.51)	7:53.91 (39.79)
	8:33.07 (39.16)	9:13.00 (39.93)	9:52.295 (39.30)	
3 # 846 Siriano, Scott	M52 Unattached	10:05.01	4	
	37.99 (37.99)	1:19.36 (41.37)	1:59.98 (40.62)	2:39.94 (39.96)
	3:19.44 (39.50)	4:00.66 (41.22)	4:42.21 (41.55)	5:24.02 (41.81)
	6:06.11 (42.09)	6:48.89 (42.78)	7:28.03 (39.14)	8:06.64 (38.61)
	8:45.38 (38.74)	9:25.12 (39.74)	10:05.010 (39.90)	
4 # 679 Nyhan, Sean	M50 Unattached	10:17.57	3	
	38.80 (38.80)	1:20.01 (41.21)	2:00.09 (40.08)	2:38.93 (38.84)
	3:19.06 (40.13)	4:00.42 (41.36)	4:41.94 (41.52)	5:23.82 (41.88)
	6:06.02 (42.20)	6:48.80 (42.78)	7:31.65 (42.85)	8:14.89 (43.24)
	8:57.44 (42.55)	9:39.30 (41.86)	10:17.567 (38.27)	
5 # 468 Kavanaugh, Patric	M50 Unattached	10:18.16	2	
	40.34 (40.34)	1:21.89 (41.55)	2:02.97 (41.08)	2:44.24 (41.27)
	3:25.62 (41.38)	4:06.36 (40.74)	4:48.07 (41.71)	5:29.24 (41.17)
	6:10.93 (41.69)	6:51.75 (40.82)	7:32.96 (41.21)	8:15.11 (42.15)
	8:57.90 (42.79)	9:39.59 (41.69)	10:18.16 (38.57)	
6 # 279 Flanders, Dale	M53 Genesee Vall	10:24.37	1	
	39.94 (39.94)	1:20.83 (40.89)	2:02.02 (41.19)	2:43.67 (41.65)
	3:25.41 (41.74)	4:06.16 (40.75)	4:47.94 (41.78)	5:28.99 (41.05)
	6:10.85 (41.86)	6:53.40 (42.55)	7:36.50 (43.10)	8:19.88 (43.38)
	9:03.44 (43.56)	9:45.18 (41.74)	10:24.362 (39.19)	

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....Event 604 M50 3000 Meter Run

7 #	130 Burdett, Francis	M54 Greater Spri	10:57.17	
	40.78 (40.78)	1:22.42 (41.64)	2:03.67 (41.25)	2:45.39 (41.72)
	3:27.91 (42.52)	4:11.03 (43.12)	4:55.02 (43.99)	5:38.31 (43.29)
	6:23.28 (44.97)	7:08.81 (45.53)	7:54.87 (46.06)	8:40.88 (46.01)
	9:27.25 (46.37)	10:12.78 (45.53)	10:57.162 (44.39)	
8 #	769 Rivera, Joe	M52 Unattached	11:10.65	
	38.57 (38.57)	1:19.50 (40.93)	1:59.44 (39.94)	2:40.07 (40.63)
	3:22.29 (42.22)	4:05.25 (42.96)	4:48.25 (43.00)	5:32.73 (44.48)
	6:19.48 (46.75)	7:07.27 (47.79)	7:55.63 (48.36)	8:45.72 (50.09)
	9:35.34 (49.62)	10:25.26 (49.92)	11:10.649 (45.40)	

Event 604 M55 3000 Meter Run

=====

55 USA: R 9:10.27
55 WMA: W 8:58.70

Name	Age Team	Finals	Points	
1 # 81 Billig, Patrick	M56 Unattached	10:09.23	8	
41.27 (41.27)	1:21.76 (40.49)	2:02.59 (40.83)	2:43.09 (40.50)	
3:24.49 (41.40)	4:05.04 (40.55)	4:46.42 (41.38)	5:27.81 (41.39)	
6:08.88 (41.07)	6:50.33 (41.45)	7:31.18 (40.85)	8:12.37 (41.19)	
8:53.11 (40.74)	9:33.10 (39.99)	10:09.230 (36.14)		
2 # 773 Roberts, Phil	M56 Unattached	10:09.75	6	
40.06 (40.06)	1:20.78 (40.72)	2:01.55 (40.77)	2:42.60 (41.05)	
3:23.77 (41.17)	4:04.61 (40.84)	4:45.98 (41.37)	5:27.81 (41.83)	
6:09.15 (41.34)	6:50.23 (41.08)	7:31.08 (40.85)	8:12.96 (41.88)	
8:53.63 (40.67)	9:33.72 (40.09)	10:09.744 (36.03)		
3 # 574 Mazo, Daniel	M55 Greater Phil	10:11.54	4	
39.43 (39.43)	1:21.02 (41.59)	2:02.17 (41.15)	2:43.40 (41.23)	
3:24.55 (41.15)	4:05.26 (40.71)	4:46.12 (40.86)	5:28.09 (41.97)	
6:09.37 (41.28)	6:50.55 (41.18)	7:31.23 (40.68)	8:12.08 (40.85)	
8:53.38 (41.30)	9:33.87 (40.49)	10:11.534 (37.67)		
4 # 662 Neff, Mark	M56 Athletics Ea	10:15.17	3	
40.07 (40.07)	1:21.46 (41.39)	2:02.30 (40.84)	2:43.89 (41.59)	
3:24.84 (40.95)	4:05.57 (40.73)	4:46.65 (41.08)	5:28.29 (41.64)	
6:09.58 (41.29)	6:50.86 (41.28)	7:31.59 (40.73)	8:12.23 (40.64)	
8:53.66 (41.43)	9:34.74 (41.08)	10:15.168 (40.43)		
5 # 202 Crelli, Stephen	M59 Athletics Ea	10:45.59	2	
40.83 (40.83)	1:22.01 (41.18)	2:03.28 (41.27)	2:44.54 (41.26)	
3:25.97 (41.43)	4:07.94 (41.97)	4:50.62 (42.68)	5:33.99 (43.37)	
6:19.04 (45.05)	7:04.14 (45.10)	7:49.38 (45.24)	8:33.89 (44.51)	
9:19.50 (45.61)	10:03.71 (44.21)	10:45.589 (41.89)		
6 # 260 Enicks IV, Willia	M59 So Cal Track Club	10:55.19	1	
41.01 (41.01)	1:22.29 (41.28)	2:03.04 (40.75)	2:44.77 (41.73)	
3:27.37 (42.60)	4:10.68 (43.31)	4:54.73 (44.05)	5:39.37 (44.64)	
6:23.46 (44.09)	7:08.26 (44.80)	7:53.47 (45.21)	8:38.82 (45.35)	
9:24.20 (45.38)	10:09.16 (44.96)	10:55.186 (46.03)		
7 # 733 Poulos, Ted	M57 Potomac Vall	11:48.60		
44.86 (44.86)	1:29.55 (44.69)	2:15.53 (45.98)	3:01.88 (46.35)	
3:48.21 (46.33)	4:34.83 (46.62)	5:21.95 (47.12)	6:09.27 (47.32)	
6:56.81 (47.54)	7:44.75 (47.94)	8:32.95 (48.20)	9:21.30 (48.35)	
10:10.34 (49.04)	10:59.78 (49.44)	11:48.591 (48.82)		

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

**JDL
Results**

Event 607 M60 3000 Meter Run

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60 USA: R 9:48.84
60 WMA: W 9:43.88
Name Age Team Finals Points
=====
1 # 1015 Wood, Blake M60 So Cal Track Club 10:32.62 8
    41.21 (41.21) 1:24.70 (43.49) 2:07.74 (43.04) 2:50.92 (43.18)
    3:34.13 (43.21) 4:17.11 (42.98) 5:01.25 (44.14) 5:45.14 (43.89)
    6:26.94 (41.80) 7:07.83 (40.89) 7:49.50 (41.67) 8:31.64 (42.14)
    9:14.16 (42.52) 9:54.74 (40.58) 10:32.620 (37.89)
2 # 164 Chantry, Stephen M64 Colonial Roa 10:36.39 6
    41.59 (41.59) 1:25.09 (43.50) 2:08.39 (43.30) 2:51.38 (42.99)
    3:34.83 (43.45) 4:18.06 (43.23) 5:01.78 (43.72) 5:45.71 (43.93)
    6:27.86 (42.15) 7:08.87 (41.01) 7:51.24 (42.37) 8:35.47 (44.23)
    9:18.84 (43.37) 9:58.68 (39.84) 10:36.382 (37.71)
3 # 983 Whitaker, Robert M60 Colonial Roa 10:38.70 4
    41.40 (41.40) 1:24.56 (43.16) 2:07.61 (43.05) 2:51.26 (43.65)
    3:33.56 (42.30) 4:17.15 (43.59) 5:00.70 (43.55) 5:45.07 (44.37)
    6:27.26 (42.19) 7:08.25 (40.99) 7:49.94 (41.69) 8:32.06 (42.12)
    9:14.79 (42.73) 9:56.63 (41.84) 10:38.693 (42.07)
4 # 981 Westenberg, David M61 Unattached 10:40.11 3
    41.20 (41.20) 1:24.48 (43.28) 2:07.42 (42.94) 2:50.53 (43.11)
    3:33.88 (43.35) 4:16.85 (42.97) 5:00.62 (43.77) 5:45.08 (44.46)
    6:27.02 (41.94) 7:08.18 (41.16) 7:49.45 (41.27) 8:31.85 (42.40)
    9:14.30 (42.45) 9:56.40 (42.10) 10:40.108 (43.71)
5 # 758 Riccardi, Timothy M60 Genesee Vall 11:00.87 2
    41.12 (41.12) 1:24.74 (43.62) 2:08.21 (43.47) 2:51.33 (43.12)
    3:34.55 (43.22) 4:17.66 (43.11) 5:01.47 (43.81) 5:45.55 (44.08)
    6:28.57 (43.02) 7:12.47 (43.90) 7:58.02 (45.55) 8:43.69 (45.67)
    9:30.07 (46.38) 10:16.35 (46.28) 11:00.869 (44.52)
6 # 514 Leddy, Harold M64 Shore Athletic Club 11:26.44 1
    42.08 (42.08) 1:26.78 (44.70) 2:12.42 (45.64) 2:58.69 (46.27)
    3:45.04 (46.35) 4:31.26 (46.22) 5:18.61 (47.35) 6:05.31 (46.70)
    6:50.78 (45.47) 7:37.10 (46.32) 8:23.10 (46.00) 9:09.36 (46.26)
    9:56.08 (46.72) 10:42.59 (46.51) 11:26.440 (43.86)
7 # 248 Dunigan, Patrick M62 Unattached 12:30.06
    45.09 (45.09) 1:32.08 (46.99) 2:20.21 (48.13) 3:08.82 (48.61)
    3:57.74 (48.92) 4:47.66 (49.92) 5:38.08 (50.42) 6:28.19 (50.11)
    7:18.62 (50.43) 8:09.95 (51.33) 9:01.34 (51.39) 9:53.62 (52.28)
    10:45.86 (52.24) 11:39.19 (53.33) 12:30.052 (50.87)
8 # 240 Draim, Bob M64 Potomac Vall 13:41.60
    44.58 (44.58) 1:35.42 (50.84) 2:29.80 (54.38) 3:25.32 (55.52)
    4:21.42 (56.10) 5:16.78 (55.36) 6:13.16 (56.38) 7:10.73 (57.57)
    8:07.65 (56.92) 9:05.92 (58.27) 10:03.79 (57.87) 11:00.95 (57.16)
    11:57.71 (56.76) 12:51.82 (54.11) 13:41.594 (49.78)
-- # 770 Rivera, Manuel M63 Potomac Vall DNF
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Event 607 M65 3000 Meter Run

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65 USA: R 10:29.75
65 WMA: W 10:02.56
Name Age Team Finals Points
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2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

JDL
Results

....Event 607 M65 3000 Meter Run

1 #	834 Shaheed, Nolan	M69 So Cal Track Club	11:34.49	8	
	41.16 (41.16)	1:25.31 (44.15)	2:08.86 (43.55)		2:51.71 (42.85)
	3:35.45 (43.74)	4:19.06 (43.61)	5:04.36 (45.30)		5:50.38 (46.02)
	6:38.35 (47.97)	7:27.96 (49.61)	8:18.90 (50.94)		9:07.42 (48.52)
	9:55.52 (48.10)	10:45.11 (49.59)	11:34.484 (49.38)		
2 #	742 Qualls, Robert	M66 River City Rebels	11:56.62	6	
	43.44 (43.44)	1:30.15 (46.71)	2:16.99 (46.84)		3:04.36 (47.37)
	3:52.42 (48.06)	4:40.75 (48.33)	5:30.45 (49.70)		6:18.91 (48.46)
	7:07.96 (49.05)	7:55.94 (47.98)	8:44.84 (48.90)		9:33.93 (49.09)
	10:23.30 (49.37)	11:10.36 (47.06)	11:56.620 (46.27)		
3 #	1011 Wind, Jay	M69 Potomac Vall	15:34.20	4	
	54.34 (54.34)	1:50.96 (56.62)	2:50.70 (59.74)		3:51.96 (1:01.26)
	4:53.29 (1:01.33)	5:56.13 (1:02.84)	6:59.06 (1:02.93)		8:03.01 (1:03.95)
	9:06.85 (1:03.84)	10:12.61 (1:05.76)	11:19.07 (1:06.46)		12:22.83 (1:03.76)
	13:27.56 (1:04.73)	14:32.19 (1:04.63)	15:34.20 (1:02.01)		
-- #	47 Barnes, Manuel	M66 Unattached	DNF		
	41.66 (41.66)	1:28.29 (46.63)	2:17.71 (49.42)		3:08.93 (51.22)
	4:01.59 (52.66)	4:56.60 (55.01)	5:52.71 (56.11)		6:52.12 (59.41)
	7:52.75 (1:00.63)	8:53.29 (1:00.54)	9:52.92 (59.63)		10:44.45 (51.53)
-- #	151 Carnahan, Fred	M65 LRC Racing	DNF		
	46.37 (46.37)	1:33.49 (47.12)	2:23.06 (49.57)		3:16.78 (53.72)
	4:12.23 (55.45)				

Event 608 M70 3000 Meter Run

=====

USA: R 11:09.53

WMA: W 10:52.40

Name	Age Team	Finals	Points
1 # 710 Patton, Gary	M73 So Cal Track Club	11:54.81	8
47.06 (47.06)	1:34.61 (47.55)	2:22.87 (48.26)	3:11.12 (48.25)
3:59.78 (48.66)	4:47.47 (47.69)	5:35.32 (47.85)	6:22.47 (47.15)
7:10.05 (47.58)	7:57.54 (47.49)	8:45.33 (47.79)	9:33.01 (47.68)
10:20.82 (47.81)	11:08.62 (47.80)	11:54.801 (46.19)	
2 # 513 Learned, Jerry	M70 Atlanta Track Club	12:16.91	6
47.92 (47.92)	1:35.33 (47.41)	2:24.73 (49.40)	3:12.82 (48.09)
4:00.66 (47.84)	4:49.64 (48.98)	5:38.45 (48.81)	6:27.68 (49.23)
7:17.80 (50.12)	8:07.53 (49.73)	8:57.43 (49.90)	9:47.66 (50.23)
10:38.72 (51.06)	11:28.86 (50.14)	12:16.906 (48.06)	
3 # 313 Glass, Dave	M72 Atlanta Track Club	13:08.94	4
49.11 (49.11)	1:40.60 (51.49)	2:32.93 (52.33)	3:26.08 (53.15)
4:18.78 (52.70)	5:12.71 (53.93)	6:06.09 (53.38)	6:59.77 (53.68)
7:53.31 (53.54)	8:46.12 (52.81)	9:39.11 (52.99)	10:31.86 (52.75)
11:25.45 (53.59)	12:16.80 (51.35)	13:08.939 (52.15)	
4 # 70 Benedict, Sam	M72 Atlanta Track Club	14:21.26	3
54.71 (54.71)	1:49.97 (55.26)	2:47.15 (57.18)	3:46.21 (59.06)
4:44.59 (58.38)	5:42.35 (57.76)	6:40.41 (58.06)	7:36.09 (55.68)
8:31.38 (55.29)	9:28.86 (57.48)	10:26.86 (58.00)	11:26.17 (59.31)
12:24.82 (58.65)	13:24.22 (59.40)	14:21.258 (57.05)	
5 # 284 Flynn, Mark	M70 Atlanta Track Club	14:33.84	2
52.52 (52.52)	1:48.08 (55.56)	2:46.73 (58.65)	3:44.92 (58.19)
4:43.54 (58.62)	5:41.63 (58.09)	6:40.02 (58.39)	7:38.07 (58.05)
8:38.99 (1:00.92)	9:40.26 (1:01.27)	10:41.16 (1:00.90)	11:40.87 (59.71)
12:38.76 (57.89)	13:37.94 (59.18)	14:33.834 (55.91)	

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Results**

....Event 608 M70 3000 Meter Run

6 #	566 Mathies, Drue	M72 Sierra Gold	14:42.07	1
	53.52 (53.52)	1:49.36 (55.84)	2:47.11 (57.75)	3:45.77 (58.66)
	4:44.42 (58.65)	5:42.63 (58.21)	6:41.12 (58.49)	7:37.78 (56.66)
	8:38.93 (1:01.15)	9:39.85 (1:00.92)	10:42.61 (1:02.76)	11:45.30 (1:02.69)
	12:46.12 (1:00.82)	13:46.90 (1:00.78)	14:42.063 (55.18)	
7 #	985 Whitt, Randy	M72 Charlotte Tr	14:57.28	
	55.13 (55.13)	1:50.94 (55.81)	2:49.68 (58.74)	3:49.66 (59.98)
	4:50.20 (1:00.54)	5:50.44 (1:00.24)	6:51.48 (1:01.04)	7:52.05 (1:00.57)
	8:53.18 (1:01.13)	9:54.90 (1:01.72)	10:55.52 (1:00.62)	11:56.78 (1:01.26)
	12:58.23 (1:01.45)	13:58.89 (1:00.66)	14:57.278 (58.40)	
8 #	519 Lenahan, Joseph	M72 Atlanta Track Club	15:45.42	
	1:00.91 (1:00.91)	2:01.03 (1:00.12)	3:01.66 (1:00.63)	4:01.29 (59.63)
	5:01.79 (1:00.50)	6:02.64 (1:00.85)	7:04.55 (1:01.91)	8:07.46 (1:02.91)
	9:10.84 (1:03.38)	10:15.48 (1:04.64)	11:20.66 (1:05.18)	12:27.31 (1:06.65)
	13:32.92 (1:05.61)	14:39.42 (1:06.50)	15:45.420 (1:06.01)	
9 #	999 Williams, Morris	M74 Atlanta Track Club	16:26.28	
	1:01.26 (1:01.26)	2:05.60 (1:04.34)	3:10.06 (1:04.46)	4:14.75 (1:04.69)
	5:19.11 (1:04.36)	6:24.28 (1:05.17)	7:30.46 (1:06.18)	8:37.68 (1:07.22)
	9:43.66 (1:05.98)	10:52.04 (1:08.38)	12:01.41 (1:09.37)	13:09.46 (1:08.05)
	14:17.81 (1:08.35)	15:22.93 (1:05.12)	16:26.278 (1:03.36)	
-- #	672 Nolan, Harold	M71 Shore Athletic Club	DNF	
	47.57 (47.57)	1:35.13 (47.56)	2:25.72 (50.59)	3:19.49 (53.77)
	4:13.91 (54.42)	5:10.44 (56.53)	6:14.55 (1:04.11)	7:20.86 (1:06.31)

Event 609 M75 3000 Meter Run

75 USA: R 12:52.22
75 WMA: W 11:17.21

Name	Age Team	Finals	Points
1 # 321 Goodhue, Doug	M77 Ann Arbor Tr	12:29.32R	8
	45.15 (45.15)	1:34.40 (49.25)	2:24.52 (50.12)
	4:05.98 (50.47)	4:56.26 (50.28)	5:46.19 (49.93)
	7:27.13 (50.18)	8:17.25 (50.12)	9:07.87 (50.62)
	10:49.48 (51.37)	11:40.64 (51.16)	12:29.311 (48.68)
2 # 449 Jennings, Thomas	M75 Greater Phil	13:33.52	6
	50.34 (50.34)	1:45.07 (54.73)	2:39.69 (54.62)
	4:30.31 (55.39)	5:25.35 (55.04)	6:21.07 (55.72)
	8:11.60 (55.38)	9:07.41 (55.81)	10:02.438 (55.04)
	11:51.74 (54.38)	12:45.32 (53.58)	13:33.518 (48.21)
3 # 676 Noyes, John	M77 Unattached	14:13.89	4
	53.80 (53.80)	1:52.98 (59.18)	2:52.17 (59.19)
	4:49.17 (57.73)	5:46.25 (57.08)	6:43.11 (56.86)
	8:37.17 (56.69)	9:34.32 (57.15)	10:30.74 (56.42)
	12:22.90 (55.94)	13:19.14 (56.24)	14:13.881 (54.75)
4 # 155 Carter, Joe	M75 Atlanta Track Club	14:24.29	3
	49.54 (49.54)	1:42.51 (52.97)	2:39.22 (56.71)
	4:35.33 (57.59)	5:33.20 (57.87)	6:30.61 (57.41)
	8:25.78 (57.77)	9:25.07 (59.29)	10:24.579 (59.52)
	12:24.48 (1:00.41)	13:24.73 (1:00.25)	14:24.289 (59.57)
5 # 940 Turner Sr, David	M79 Atlanta Track Club	15:31.07	2
	57.98 (57.98)	1:59.42 (1:01.44)	3:03.11 (1:03.69)
	5:10.40 (1:03.65)	6:13.12 (1:02.72)	7:15.19 (1:02.07)
	9:20.25 (1:02.48)	10:24.08 (1:03.83)	11:23.82 (59.74)
	13:30.73 (1:03.09)	14:32.70 (1:01.97)	15:31.064 (58.37)

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Results****....Event 609 M75 3000 Meter Run**

6 #	89 Bligh Jr, Ed	M76 Atlanta Track Club	15:34.48	1
	55.92 (55.92)	1:55.79 (59.87)	2:59.99 (1:04.20)	4:04.33 (1:04.34)
	5:08.87 (1:04.54)	6:13.56 (1:04.69)	7:17.50 (1:03.94)	8:20.23 (1:02.73)
	9:23.28 (1:03.05)	10:26.06 (1:02.78)	11:28.95 (1:02.89)	12:32.05 (1:03.10)
	13:35.18 (1:03.13)	14:38.69 (1:03.51)	15:34.480 (55.80)	

Event 609 M80 3000 Meter Run

80 USA: R 13:30.77

80 WMA: W 12:00.88

Name	Age Team	Finals	Points
1 # 64 Beckett, James	M80 Sierra Gold	16:37.02	8
	1:01.98 (1:01.98)	2:08.29 (1:06.31)	3:14.36 (1:06.07)
	5:27.76 (1:06.53)	6:35.09 (1:07.33)	7:41.72 (1:06.63)
	9:57.86 (1:08.68)	11:06.03 (1:08.17)	12:14.22 (1:08.19)
	14:27.31 (1:05.47)	15:33.07 (1:05.76)	16:37.012 (1:03.95)
2 # 258 Elliott, John	M80 Potomac Vall	17:26.27	6
	1:01.51 (1:01.51)	2:08.70 (1:07.19)	3:17.42 (1:08.72)
	5:37.78 (1:10.48)	6:49.37 (1:11.59)	8:00.24 (1:10.87)
	10:23.57 (1:11.58)	11:34.85 (1:11.28)	12:46.95 (1:12.10)
	15:08.93 (1:11.02)	16:18.83 (1:09.90)	17:26.262 (1:07.44)
3 # 196 Cordero, Joe	M80 Unattached	18:36.86	4
	1:02.91 (1:02.91)	2:09.20 (1:06.29)	3:17.50 (1:08.30)
	5:46.33 (1:15.63)	7:04.10 (1:17.77)	8:24.25 (1:20.15)
	11:03.98 (1:20.25)	12:24.08 (1:20.10)	13:41.37 (1:17.29)
	16:16.00 (1:17.16)	17:32.17 (1:16.17)	18:36.857 (1:04.70)
4 # 648 Motz, Fred	M80 Atlanta Track Club	18:56.31	3
	1:01.29 (1:01.29)	2:13.86 (1:12.57)	3:30.44 (1:16.58)
	6:04.71 (1:17.91)	7:22.22 (1:17.51)	8:38.98 (1:16.76)
	11:12.75 (1:16.33)	12:29.96 (1:17.21)	13:46.99 (1:17.03)
	16:22.01 (1:17.43)	17:39.39 (1:17.38)	18:56.304 (1:16.92)
5 # 412 Hosken, William	M81 Parkside Ath	19:24.86	2
	1:03.58 (1:03.58)	2:12.31 (1:08.73)	3:25.71 (1:13.40)
	6:05.35 (1:24.89)	7:23.42 (1:18.07)	8:39.77 (1:16.35)
	11:13.76 (1:13.07)	12:33.51 (1:19.75)	13:47.74 (1:14.23)
	16:34.03 (1:27.19)	17:56.72 (1:22.69)	19:24.852 (1:28.14)

Event 609 M90 3000 Meter Run

90 USA: R 20:02.36

90 WMA: W 18:06.97

Name	Age Team	Finals	Points
1 # 384 Hemphill, Dixon	M94 Potomac Vall	36:05.28	8
	2:16.39 (2:16.39)	4:36.98 (2:20.59)	6:56.83 (2:19.85)
	11:40.12 (2:21.28)	14:00.28 (2:20.16)	16:24.01 (2:23.73)
	21:09.95 (2:23.24)	18:46.71 (2:22.70)	

Event 641 M30 60 Meter Hurdles

Name	Age Team	Finals	Points
1 # 529 Lindsay, Brandon	M30 Unattached	8.37	8

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Results****Event 641 M35 60 Meter Hurdles**

35 USA: R 7.56

35 WMA: W 7.40

Name	Age Team	Finals	Points
1 # 199 Craig, Raffael	M38 Millville Tr	8.45	8
2 # 554 Marenin, Roman	M35 Unattached	8.60	6

Event 643 M40 60 Meter Hurdles**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USA: R 8.09

WMA: W 7.85

Name	Age Team	Prelims	H#
Preliminaries			
1 # 876 Souza, Jeferson	M44 Unattached	8.59Q	2
2 # 542 Mack Jr, Roger	M41 Unattached	8.83Q	1
3 # 836 Shannon, Edwin	M42 Unattached	9.21Q	2
4 # 764 Ricketts, Christo	M41 Unattached	9.52Q	1
5 # 763 Ricketts, Brian	M41 Unattached	9.76q	2
6 # 929 Todd Sr, Blair	M41 Potomac Vall	9.96q	1
7 # 551 Manning, Adam	M44 Unattached	10.34q	2
8 # 569 Maxwell, Mitchell	M44 Southwest Sp	10.37q	1
9 # 654 Murdock, Daniel	M44 TNT Internat	12.78	2

Event 643 M40 60 Meter Hurdles

USA: R 8.09

WMA: W 7.85

Name	Age Team	Finals	Points
Finals			
1 # 876 Souza, Jeferson	M44 Unattached	8.42	8
2 # 764 Ricketts, Christo	M41 Unattached	8.77	6
3 # 836 Shannon, Edwin	M42 Unattached	9.20	4
4 # 542 Mack Jr, Roger	M41 Unattached	9.49	3
5 # 763 Ricketts, Brian	M41 Unattached	9.58	2
6 # 929 Todd Sr, Blair	M41 Potomac Vall	9.95	1
7 # 569 Maxwell, Mitchell	M44 Southwest Sp	10.13	
8 # 551 Manning, Adam	M44 Unattached	10.38	

Event 644 M45 60 Meter Hurdles

USA: R 8.15

WMA: W 8.15

Name	Age Team	Finals	Points
1 # 244 Drummond, Don	M49 Southwest Sp	8.90	8
2 # 433 Jackson, Michael	M46 TNT Internat	10.54	6
3 # 354 Hamilton, Matt	M46 Unattached	11.48	4
4 # 32 Ash, David	M48 TNT Internat	12.70	3

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Results

Event 645 M50 60 Meter Hurdles

USA: R 8.47

WMA: W 8.24

Name	Age Team	Finals	Points
1 # 955 Vickers, Karnell	M52 Unattached	8.68	8
2 # 856 Smith, Douglas	M54 Unattached	10.20	6
3 # 270 Faulkner, Lee	M50 Potomac Vall	10.21	4
4 # 536 Lowery, Bo	M53 Charlotte Tr	10.45	3
5 # 304 Gates, David	M51 Oregon Track Club	11.72	2
-- # 740 Pye, Derek	M51 Southwest Sp	DNF	

Event 646 M55 60 Meter Hurdles

USA: R 8.63

WMA: W 8.56

Name	Age Team	Finals	Points
1 # 463 Jones Sr, Michael	M59 Unattached	9.24	8
2 # 739 Pryor, John	M58 Unattached	10.57	6
3 # 604 McQuitter, Keith	M59 Shore Athletic Club	11.54	4
4 # 8 Allaire, John	M59 Unattached	12.82	3
-- # 530 *Lindsay, Howard	M55 Antigua and Barbuda	X9.87	

Event 647 M60 60 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 4 Best Times

USA: R 8.85

WMA: W 8.85

Name	Age Team	Prelims	H#
Preliminaries			
1 # 350 Hadrick, John	M61 TNT Internat	9.69Q	2
2 # 25 Anton, Eugene	M61 So Cal Track Club	10.25Q	1
3 # 801 Russ, Jim	M62 Unattached	10.07Q	2
4 # 583 McDaniels, Robert	M61 MacCanDo Ten	10.59Q	1
5 # 795 Ruebel, Noel	M62 Unattached	10.70q	1
6 # 439 Jakubowski, Mark	M61 Unattached	11.15q	2
7 # 555 Markley, Anthony	M64 Potomac Vall	11.87q	1
8 # 500 Lambert, John	M60 Unattached	13.87q	2
9 # 257 *Elliott, Craig	M61 Australia	X14.75	2

Event 647 M60 60 Meter Hurdles

USA: R 8.85

WMA: W 8.85

Name	Age Team	Finals	Points
Finals			
1 # 350 Hadrick, John	M61 TNT Internat	9.44	8
2 # 25 Anton, Eugene	M61 So Cal Track Club	9.79	6
3 # 801 Russ, Jim	M62 Unattached	10.12	4
4 # 583 McDaniels, Robert	M61 MacCanDo Ten	10.42	3
5 # 439 Jakubowski, Mark	M61 Unattached	11.08	2
6 # 555 Markley, Anthony	M64 Potomac Vall	11.77	1
-- # 257 *Elliott, Craig	M61 Australia	X12.91	

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Results****Event 648 M65 60 Meter Hurdles****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

=====

USA: R 9.17
WMA: W 9.17

Name	Age	Team	Prelims	H#
=====				
Preliminaries				
1 # 1008 Wilson Sr, Thadde	M68	Pacific Coas	9.65Q	2
2 # 94 Bolling, Ronald	M66	Unattached	10.03Q	1
3 # 437 Jacquet-Acea, Rus	M66	Club Northwest	10.46Q	2
4 # 847 Siu, Max	M66	SC Striders	10.70Q	1
5 # 495 Lacey, Kenneth	M65	Unattached	11.09q	2
6 # 867 Snodgrass, Ernie	M66	Big River Racing	12.23q	1
7 # 84 Black, David	M66	Unattached	12.34q	1
8 # 56 Baskauskas, Edwar	M68	Unattached	13.27q	2
-- # 251 Easley, Ricky	M65	So Cal Track Club	DNF	2

Event 648 M65 60 Meter Hurdles

=====

USA: R 9.17
WMA: W 9.17

Name	Age	Team	Finals	Points
=====				
Finals				
1 # 1008 Wilson Sr, Thadde	M68	Pacific Coas	9.52	8
2 # 94 Bolling, Ronald	M66	Unattached	10.28	6
3 # 437 Jacquet-Acea, Rus	M66	Club Northwest	10.48	4
4 # 847 Siu, Max	M66	SC Striders	10.56	3
5 # 495 Lacey, Kenneth	M65	Unattached	11.84	2
6 # 84 Black, David	M66	Unattached	12.34	1
7 # 867 Snodgrass, Ernie	M66	Big River Racing	13.94	

Event 649 M70 60 Meter Hurdles

=====

USA: R 9.44
WMA: W 9.44

Name	Age	Team	Finals	Points
=====				
1 # 242 Druckrey, Stanley	M70	Wisconsin Ru	11.13	8
2 # 673 Nolly, Lawrence	M70	TNT Internat	11.58	6
3 # 628 Monesmith, Freder	M70	Shore Athletic Club	12.19	4
4 # 686 Olson, Randall	M71	Unattached	12.53	3
5 # 85 Black, Ivan	M70	Shore Athletic Club	12.67	2

Event 650 M75 60 Meter Hurdles

=====

USA: R 10.09
WMA: W 10.09

Name	Age	Team	Finals	Points
=====				
1 # 97 Booth, Howard	M75	Unattached	13.52	8
2 # 1020 Wuth, William	M78	Atlanta Track Club	15.09	6
3 # 556 Marovich, David	M75	Philadelphia	16.13	4

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Results****Event 651 M80 60 Meter Hurdles**

80 USA: R 11.10

80 WMA: W 10.86

Name	Age Team	Finals	Points
1 # 954 Vergin, Roger	M81 Club Northwest	14.15	8

Event 651 M85 60 Meter Hurdles

85 USA: R 15.10

85 WMA: W 13.16

Name	Age Team	Finals	Points
1 # 443 Jankovich, Willia	M85 Unattached	16.22	8

Event 651 M90 60 Meter Hurdles

90 USA: R 15.84

90 WMA: W 15.84

Name	Age Team	Finals	Points
1 # 790 Roudebush, George	M93 Over The Hill TC	1:09.95	8

Event 701 M30 Long Jump

Runway 2

Name	Age Team	Finals	Points
1 # 529 Lindsay, Brandon	M30 Unattached	6.19m	8
		6.11m 6.19m 6.14m 5.95m 6.12m 5.96m	
2 # 889 Stasulis, Jerry	M34 Atlanta Track Club	3.86m	6
		3.57m 3.59m 3.28m 3.08m 3.47m 3.86m	

Event 701 M35 Long Jump

Runway 2

35 USA: R 7.07m

35 WMA: W 7.98m

Name	Age Team	Finals	Points
1 # 139 Caldwell, Charles	M37 Kansas City Smoke	6.31m	8
		6.31m FOUL 5.96m FOUL FOUL FOUL	
2 # 901 Sullivan, Michael	M38 Unattached	6.24m	6
		5.72m 6.03m 5.91m 6.24m 6.09m 6.09m	
3 # 205 Cuadrado, Omar	M38 Unattached	5.99m	4
		5.79m 5.77m FOUL 5.88m 5.99m 5.95m	
4 # 441 James, Jason	M38 Unattached	5.85m	3
		5.39m 5.59m 5.68m 5.45m 5.85m 5.84m	

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Results****Event 701 M40 Long Jump**

Runway 2

40 USA: R 7.03m

40 WMA: W 7.59m

Name	Age Team	Finals	Points
1 # 546 Maggit, Quincy	M40 Unattached	6.24m	8
FOUL 6.17m FOUL FOUL 6.24m FOUL			
2 # 489 Kortequee, Tamba	M40 Unattached	5.89m	6
5.55m 5.31m 5.70m 5.77m 5.68m 5.89m			
3 # 607 Melton, Jason	M42 Unattached	5.83m	4
5.77m 5.72m 5.74m 5.43m 5.83m 5.55m			
4 # 731 Porter Jr, John	M40 TNT Internat	5.61m	3
5.33m 5.57m 5.61m 5.57m FOUL FOUL			
5 # 569 Maxwell, Mitchell	M44 Southwest Sp	5.26m	2
5.21m 5.09m 5.11m 5.11m 5.26m 3.65m			
6 # 654 Murdock, Daniel	M44 TNT Internat	4.98m	1
4.98m 4.87m 4.65m 4.86m 4.80m 4.72m			
-- # 832 *Senso Castilla,	M44 Spain	X6.11m	
6.08m 6.06m 6.03m 6.10m 6.01m 6.11m			

Event 703 M45 Long Jump

Runway 2

USA: R 6.98m

WMA: W 6.98m

Name	Age Team	Finals	Points
1 # 5 Adkins Jr, Lee	M46 Unattached	6.41m	8
6.13m 6.09m FOUL 6.17m 6.41m 6.41m			
2 # 450 Joachim, George	M48 Southwest Sp	5.70m	6
5.29m 5.57m 5.59m 5.70m 5.55m 5.49m			
3 # 387 Henson, Arthur	M49 Charlotte Tr	5.65m	4
5.30m 5.64m 5.46m 5.65m FOUL 5.41m			
4 # 562 Mason, Christophe	M45 Personal Tou	5.64m	3
5.07m 5.51m 5.40m 5.39m 5.64m 5.48m			
5 # 564 Mathews, Carlos	M45 TNT Internat	4.96m	2
4.86m 4.74m 4.86m 4.91m 4.96m 4.75m			
6 # 354 Hamilton, Matt	M46 Unattached	4.84m	1
4.56m 4.53m 4.76m FOUL 4.71m 4.84m			
7 # 720 Phan, Derick	M45 Unattached	4.76m	
4.49m 4.53m 4.75m 4.63m 4.76m 4.72m			
8 # 122 Bryant, Dmitri	M45 Unattached	4.29m	
4.14m 4.29m 4.01m FOUL 3.80m 3.62m			

Event 705 M50 Long Jump

Runway 2

USA: R 6.50m

WMA: W 6.75m

Name	Age Team	Finals	Points
1 # 740 Pye, Derek	M51 Southwest Sp	5.54m	8
5.54m 5.54m 5.21m 4.90m PASS PASS			
2 # 968 Warren, Mark	M51 Unattached	5.02m	6
4.42m 5.02m 4.82m 4.79m FOUL PASS			

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Results****....Event 705 M50 Long Jump**

3 #	814 Sarsony, Chris	M51	Piedmont Pac	4.63m	4
	4.19m 4.48m FOUL 4.48m 4.63m 4.55m				
4 #	687 Oneal Jr, Ralph	M51	Unattached	4.39m	3
	FOUL 4.39m PASS 4.27m PASS PASS				
5 #	615 Miles Jr, Leroy	M52	Unattached	4.38m	2
	4.34m 4.37m 3.06m 3.95m 4.38m FOUL				
6 #	597 McKenzie, John	M53	Potomac Vall	4.21m	1
	4.16m FOUL 4.09m 3.92m 3.86m 4.21m				
7 #	679 Nyhan, Sean	M50	Unattached	4.09m	
	4.04m 4.09m PASS PASS FOUL FOUL				
8 #	807 Samiec, James	M52	Potomac Vall	4.06m	
	3.81m 4.02m FOUL 4.06m 3.95m 4.02m				
9 #	646 Morrow, Art	M54	So Cal Track Club	3.61m	
	3.55m 3.23m 3.61m				

Event 706 M55 Long Jump

Runway 2

USA: R 6.12m

WMA: W 6.34m

Name	Age Team	Finals	Points
1 # 358 Hankerson, Brian	M59 So Cal Track Club	5.76m	8
	5.42m 5.51m 5.66m FOUL 5.25m 5.76m		
2 # 533 Long, William	M59 Joy's Jackra	5.21m	6
	5.16m 5.10m FOUL FOUL 5.21m 5.15m		
3 # 8 Allaire, John	M59 Unattached	4.38m	4
	4.19m 3.32m 4.25m 4.38m 4.19m 4.33m		
4 # 1024 Young, Mike	M57 Unattached	4.04m	3
	3.69m 3.93m 4.00m 3.94m FOUL 4.04m		
5 # 739 Pryor, John	M58 Unattached	3.93m	2
	3.73m FOUL 3.93m 3.73m 3.41m 3.43m		
6 # 611 Merritt, Lonnie	M56 Cape Fear Flyers NC	3.59m	1
	3.24m 3.59m 3.19m 3.12m FOUL 3.31m		
-- # 530 *Lindsay, Howard	M55 Antigua and Barbuda	X5.80m	
	5.73m 5.79m 5.80m FOUL 3.91m FOUL		

Event 707 M60 Long Jump

Runway 1

USA: R 5.58m

WMA: W 5.93m

Name	Age Team	Finals	Points
1 # 922 Thurman, Bob	M63 Sierra Gold	4.99m	8
	4.72m 4.90m 4.86m 4.99m 4.80m PASS		
2 # 423 Humphrey, Ronald	M60 Unattached	4.97m	6
	4.85m 4.97m PASS 4.87m 4.86m FOUL		
3 # 486 Konsens, Richard	M60 Unattached	4.60m	4
	4.44m 4.60m 4.31m 4.44m 4.58m 4.39m		
4 # 600 McLawhorn, David	M64 So Cal Track Club	4.35m	3
	3.41m 4.07m 4.01m 4.19m 4.35m 4.30m		
5 # 397 Hieskell, Steve	M60 Unattached	4.29m	2
	4.01m 4.27m 4.29m 4.10m 3.96m 4.15m		

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Results****....Event 707 M60 Long Jump**

6 #	626 Moeller, Craig	M63 Unattached	4.26m	1
	3.86m 4.22m FOUL 4.26m 4.06m 3.93m			
7 #	277 Fisher, Wayne	M64 Charlotte Tr	4.12m	
	3.78m 3.93m 3.87m 3.98m 4.11m 4.12m			
8 #	555 Markley, Anthony	M64 Potomac Vall	4.12m	
	FOUL 3.88m 4.12m FOUL FOUL 4.10m			
9 #	861 Smith, Joe	M63 So Cal Track Club	3.93m	
	FOUL FOUL 3.93m			
10 #	439 Jakubowski, Mark	M61 Unattached	3.78m	
	3.78m 3.73m 3.51m			
11 #	201 Crawford, Kenneth	M63 TNT Internat	3.44m	
	3.08m 3.44m 3.17m			
-- #	58 Battle, Marcus	M60 Potomac Vall	ND	
	ND ND ND			

Event 708 M65 Long Jump

Runway 1

USA: R 5.31m

WMA: W 5.48m

Name	Age Team	Finals	Points
1 # 512 Leake, Damien	M66 SC Striders	4.71m	8
	4.48m 4.45m 4.60m 4.48m PASS 4.71m		
2 # 847 Siu, Max	M66 SC Striders	4.57m	6
	4.01m 4.30m 4.57m 4.05m PASS 4.13m		
3 # 776 Rockwell, Bob	M68 Unattached	4.25m	4
	4.11m 3.91m 3.99m 3.89m 4.05m 4.25m		
4 # 709 Patterson, Bruce	M67 Unattached	4.18m	3
	3.96m 4.18m 3.97m 3.93m 4.01m 4.09m		
5 # 690 Ortman, David	M65 Unattached	3.82m	2
	3.82m 3.64m ND		
6 # 251 Easley, Ricky	M65 So Cal Track Club	3.81m	1
	3.58m 3.81m 3.79m 3.66m FOUL 3.48m		
7 # 567 Mathis, William	M66 Potomac Vall	3.73m	
	FOUL 3.73m 3.54m 3.46m 3.70m 3.66m		
8 # 84 Black, David	M66 Unattached	3.68m	
	3.40m 3.68m 3.51m 3.33m 3.38m 3.23m		
9 # 298 Frontino, James	M69 TNT Internat	2.99m	
	2.92m 2.88m 2.99m		
10 # 959 Wachtman, Kurt	M65 Unattached	2.98m	
	2.46m 2.98m 2.79m		
-- # 920 *Thompson, Peter	M69 Great Britai	X4.48m	
	4.29m 4.27m 3.93m PASS 4.45m 4.48m		

Event 709 M70 Long Jump

Runway 1

USA: R 5.05m

WMA: W 5.22m

Name	Age Team	Finals	Points
1 # 401 Hodges, James	M73 Unattached	4.09m	8
	FOUL 3.94m FOUL 3.98m 4.09m 2.95m		

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....Event 709 M70 Long Jump

2 #	281 Flowers, Carl	M72	So Cal Track Club	3.95m	6
	3.72m 3.89m 3.73m 3.95m 3.93m 3.83m				
3 #	558 Martin, Terry	M72	Piedmont Pac	3.62m	4
	3.54m 3.34m 3.59m 3.62m 3.55m 2.95m				
4 #	364 Harmon, Richard	M70	Unattached	3.52m	3
	3.29m 3.31m 3.47m 3.52m 3.43m 3.43m				
5 #	1023 Young, Jeff	M70	Potomac Vall	3.51m	2
	3.24m 3.12m 3.40m 3.43m 3.51m 3.49m				
6 #	263 Etter, James	M72	Unattached	3.40m	1
	FOUL 3.40m 3.31m 3.21m 3.05m FOUL				
7 #	975 Weiner, Robert	M71	Potomac Vall	2.58m	
	2.20m 1.84m 2.32m 2.36m 2.12m 2.58m				

Event 711 M75 Long Jump

Runway 2

75 USA: R 4.44m

75 WMA: W 4.70m

Name	Age	Team	Finals	Points
1 # 430 Isett, Don	M79	Unattached	3.45m	8
			FOUL 3.45m 3.33m 3.32m 3.44m 3.28m	
2 # 97 Booth, Howard	M75	Unattached	3.43m	6
			3.02m 2.59m 3.09m 2.82m 3.43m 3.09m	
3 # 1020 Wuth, William	M78	Atlanta Track Club	3.27m	4
			FOUL 3.09m 3.21m 2.55m FOUL 3.27m	
4 # 639 Morgan, Curtis	M76	Philadelphia	3.23m	3
			3.23m 3.20m 2.99m 3.17m 3.14m 3.16m	
5 # 848 Skinner Jr, Kenne	M78	Adirondack A	3.10m	2
			2.98m 2.95m 3.03m 2.43m 3.10m FOUL	
6 # 556 Marovich, David	M75	Philadelphia	2.69m	1
			2.56m 2.69m 2.57m 2.59m 2.64m FOUL	
7 # 851 Sloan, John	M79	Atlanta Track Club	2.50m	
			2.50m 2.28m 2.25m 2.12m 2.08m 1.93m	

Event 711 M80 Long Jump

Runway 2

80 USA: R 4.09m

80 WMA: W 4.09m

Name	Age	Team	Finals	Points
1 # 954 Vergin, Roger	M81	Club Northwest	3.16m	8
			3.16m PASS 3.11m 2.97m PASS PASS	

Event 711 M85 Long Jump

Runway 2

85 USA: R 3.26m

85 WMA: W 3.60m

Name	Age	Team	Finals	Points
1 # 393 Hewitt, Robert	M85	Unattached	3.28mR	8
			FOUL 3.02m 3.07m 3.12m 2.93m 3.28m	

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Results****....Event 711 M85 Long Jump**

2 #	333 Gray, Ronald	M86 Colorado Mas	2.44m	6
	2.26m 2.35m 2.16m 2.39m 2.40m 2.44m			
3 #	443 Jankovich, Willia	M85 Unattached	2.44m	4
	2.33m 2.00m FOUL 2.44m 2.26m 2.32m			

Event 711 M90 Long Jump

Runway 2

90 USA: R 3.15m

90 WMA: W 3.15m

Name	Age Team	Finals	Points
1 # 870 Soller, Richard	M92 Unattached	1.75m	8
	1.75m 1.55m 1.66m 1.74m PASS PASS		
-- # 790 Roudebush, George	M93 Over The Hill TC	FOUL	
	FOUL FOUL PASS PASS FOUL FOUL		

Event 721 M30 Triple Jump

Runway 1

Name	Age Team	Finals	Points
1 # 105 Braima, Andre	M31 Unattached	9.90m	8
	7.81m 9.39m 9.39m 9.90m 9.19m 9.71m		

Event 721 M35 Triple Jump

Runway 1

35 USA: R 15.05m

35 WMA: W 17.44m

Name	Age Team	Finals	Points
1 # 441 James, Jason	M38 Unattached	11.20m	8
	10.94m PASS 11.09m 11.20m PASS FOUL		
2 # 689 O'Riley, Tim	M37 Charlotte Tr	10.48m	6
	9.74m 10.19m 10.26m 10.14m 10.01m 10.48m		

Event 721 M40 Triple Jump

Runway 1

40 USA: R 16.08m

40 WMA: W 17.13m

Name	Age Team	Finals	Points
1 # 489 Kortequee, Tamba	M40 Unattached	13.42m	8
	12.62m 13.09m 13.26m 13.30m 12.84m 13.42m		
2 # 656 Murray, Demetrius	M40 Unattached	12.47m	6
	11.02m 12.05m FOUL 12.47m FOUL PASS		
3 # 607 Melton, Jason	M42 Unattached	11.41m	4
	10.65m 11.26m FOUL 11.36m 10.97m 11.41m		
4 # 591 McGinley, Patrick	M40 Potomac Vall	10.75m	3
	10.62m 10.57m FOUL FOUL FOUL 10.75m		
5 # 654 Murdock, Daniel	M44 TNT Internat	9.31m	2
	9.31m FOUL PASS PASS PASS PASS		

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Results****Event 721 M45 Triple Jump**

Runway 1

45 USA: R 14.82m

45 WMA: W 14.82m

Name	Age Team	Finals	Points
1 # 562 Mason, Christophe	M45 Personal Tou	11.29m	8
10.48m FOUL 10.65m	11.29m FOUL PASS		
2 # 450 Joachim, George	M48 Southwest Sp	10.79m	6
10.58m 10.79m FOUL	10.17m 9.12m PASS		
3 # 720 Phan, Derick	M45 Unattached	10.30m	4
9.38m 9.96m 10.30m	9.99m 9.60m 10.07m		
4 # 564 Mathews, Carlos	M45 TNT Internat	9.97m	3
FOUL 9.97m FOUL	9.67m PASS PASS		

Event 724 M50 Triple Jump

Runway 2

50 USA: R 13.26m

50 WMA: W 14.11m

Name	Age Team	Finals	Points
1 # 687 Oneal Jr, Ralph	M51 Unattached	10.66m	8
10.34m 10.13m 10.66m	PASS PASS PASS		
2 # 33 Ashley, Brian	M50 Unattached	10.04m	6
9.71m 9.55m 9.59m	9.71m 9.74m 10.04m		
3 # 968 Warren, Mark	M51 Unattached	9.95m	4
9.95m 9.29m FOUL	FOUL 9.84m 9.77m		
4 # 452 Johnson, Eric	M51 Unattached	9.24m	3
8.81m FOUL 9.24m	FOUL 9.04m 9.08m		
5 # 144 Cannon, David	M54 Atlanta Track Club	8.50m	2
8.11m 8.23m 7.99m	8.30m 8.34m 8.50m		
6 # 807 Samiec, James	M52 Potomac Vall	8.26m	1
8.02m 8.22m 8.23m	8.23m 8.25m 8.26m		
7 # 646 Morrow, Art	M54 So Cal Track Club	7.07m	
6.64m 7.07m PASS	FOUL PASS PASS		

Event 724 M55 Triple Jump

Runway 2

55 USA: R 12.90m

55 WMA: W 13.49m

Name	Age Team	Finals	Points
1 # 358 Hankerson, Brian	M59 So Cal Track Club	11.15m	8
9.92m 10.60m FOUL	10.32m 11.15m FOUL		
2 # 855 Smith, Christophe	M56 Garden State	11.06m	6
10.04m 10.78m 10.69m	10.85m 10.88m 11.06m		
3 # 840 Shell, Bradley	M55 Unattached	9.78m	4
9.78m 9.62m 9.76m	9.35m PASS PASS		
4 # 739 Pryor, John	M58 Unattached	8.37m	3
8.02m 8.18m 8.37m	PASS PASS 8.29m		
5 # 8 Allaire, John	M59 Unattached	7.87m	2
7.87m FOUL 7.75m	7.83m PASS PASS		

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Results****Event 725 M60 Triple Jump**

Runway 1

60 USA: R 11.06m

60 WMA: W 12.53m

Name	Age Team	Finals	Points
1 # 861 Smith, Joe	M63 So Cal Track Club	10.62m	8
10.62m FOUL FOUL PASS PASS FOUL			
2 # 423 Humphrey, Ronald	M60 Unattached	9.95m	6
FOUL 9.95m 9.29m PASS 9.72m PASS			
3 # 58 Battle, Marcus	M60 Potomac Vall	8.92m	4
8.92m FOUL FOUL FOUL FOUL 8.88m			
4 # 626 Moeller, Craig	M63 Unattached	8.68m	3
8.57m 8.68m 8.68m FOUL FOUL FOUL			
5 # 600 McLawhorn, David	M64 So Cal Track Club	8.28m	2
7.40m 7.04m 7.14m 8.21m 8.28m FOUL			
-- # 555 Markley, Anthony	M64 Potomac Vall	FOUL	
FOUL FOUL FOUL FOUL FOUL FOUL			

Event 725 M65 Triple Jump

Runway 1

65 USA: R 10.86m

65 WMA: W 11.93m

Name	Age Team	Finals	Points
1 # 847 Siu, Max	M66 SC Striders	9.51m	8
9.34m PASS 9.50m PASS 9.17m 9.51m			
2 # 776 Rockwell, Bob	M68 Unattached	9.41m	6
8.70m 9.31m 9.10m 9.41m FOUL 9.27m			
3 # 761 Richardson, Rober	M65 SC Striders	9.24m	4
FOUL 8.45m 8.20m 8.61m 9.24m 8.66m			
4 # 709 Patterson, Bruce	M67 Unattached	9.20m	3
FOUL 8.93m 9.20m FOUL FOUL 7.96m			
5 # 567 Mathis, William	M66 Potomac Vall	7.32m	2
6.92m 7.32m 7.13m 6.90m 6.73m 6.78m			
6 # 84 Black, David	M66 Unattached	7.15m	1
7.12m 7.03m 7.15m 7.12m 6.99m 6.64m			
7 # 298 Frontino, James	M69 TNT Internat	6.02m	
6.02m PASS PASS PASS PASS PASS			

Event 729 M70 Triple Jump

Runway 1

USA: R 9.97m

WMA: W 10.88m

Name	Age Team	Finals	Points
1 # 838 Sharps, Jim	M74 TNT Internat	9.02m	8
8.54m 8.91m 8.26m 9.02m 8.92m 8.81m			
2 # 281 Flowers, Carl	M72 So Cal Track Club	8.63m	6
8.32m 8.37m 7.90m 8.38m FOUL 8.63m			
3 # 85 Black, Ivan	M70 Shore Athletic Club	8.60m	4
7.58m 8.27m 8.23m 8.17m 8.41m 8.60m			
4 # 401 Hodges, James	M73 Unattached	8.47m	3
8.06m 8.37m FOUL 8.03m FOUL 8.47m			

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....Event 729 M70 Triple Jump

5 #	628 Monesmith, Freder	M70 Shore Athletic Club	6.84m	2
	6.19m 6.66m 6.61m 6.56m 6.84m 6.77m			
6 #	686 Olson, Randall	M71 Unattached	6.52m	1
	6.51m 6.29m 6.52m 6.25m 6.46m FOUL			

Event 730 M75 Triple Jump

Runway 2

75 USA: R 9.63m
75 WMA: W 9.69m

Name	Age Team	Finals	Points
1 # 1020 Wuth, William	M78 Atlanta Track Club	6.92m	8
	6.65m 6.89m 6.77m 6.36m 6.92m 6.92m		
2 # 407 Holliday, Cook	M76 Atlanta Track Club	6.55m	6
	6.01m 5.95m 6.05m 6.22m 6.19m 6.55m		
3 # 848 Skinner Jr, Kenne	M78 Adirondack A	6.41m	4
	5.98m 3.46m 6.36m 6.41m 6.29m 6.39m		
4 # 556 Marovich, David	M75 Philadelphia	5.95m	3
	5.81m 5.67m 5.79m 5.88m 5.84m 5.95m		
5 # 639 Morgan, Curtis	M76 Philadelphia	5.34m	2
	PASS FOUL PASS FOUL 5.34m PASS		

Event 730 M80 Triple Jump

Runway 2

80 USA: R 8.65m
80 WMA: W 8.65m

Name	Age Team	Finals	Points
1 # 954 Vergin, Roger	M81 Club Northwest	7.40m	8
	6.32m 7.29m 7.03m FOUL 7.32m 7.40m		

Event 730 M85 Triple Jump

Runway 2

85 USA: R 7.24m
85 WMA: W 7.72m

Name	Age Team	Finals	Points
1 # 393 Hewitt, Robert	M85 Unattached	6.70m	8
	6.23m 6.29m 6.70m PASS PASS PASS		
2 # 443 Jankovich, Willia	M85 Unattached	4.73m	6
	4.30m 4.49m 4.39m 4.73m 4.63m 4.30m		

Event 730 M90 Triple Jump

Runway 2

90 USA: R 6.02m
90 WMA: W 6.52m

Name	Age Team	Finals	Points
1 # 790 Roudebush, George	M93 Over The Hill TC	1.49m	8
	1.49m PASS PASS PASS PASS PASS		

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Event 739 M30 High Jump

Apron 1

Name	Age Team	Finals	Points
1 # 105 Braima, Andre	M31 Unattached	1.38m	8
1.23 1.28 1.33 1.38 1.43			
XO O O O XXX			

Event 739 M35 High Jump

Apron 1

35 USA: R 2.14m
35 WMA: W 2.30m

Name	Age Team	Finals	Points
1 # 199 Craig, Raffael	M38 Millville Tr	1.89m	8
1.38 1.43 1.48 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.96 2.10			
PPP PPP PPP PPP PPP PPP PPP PPP O PPP PPP PPP XO O PPP XO X R			
2 # 725 Pini, Justin	M35 Piedmont Pac	1.53m	6
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56			
PPP PPP PPP PPP O XO XO XXX			
3 # 689 O'Riley, Tim	M37 Charlotte Tr	1.53m	4
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56			
PPP PPP PPP PPP O XXO XO XXX			

Event 739 M40 High Jump

Apron 1

40 USA: R 2.10m
40 WMA: W 2.10m

Name	Age Team	Finals	Points
1 # 622 Mishev, Robert	M41 Unattached	1.74m	8
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP XO PPP XXX			
2 # 607 Melton, Jason	M42 Unattached	1.65m	6
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56 1.59 1.62 1.65 1.68			
PPP PPP PPP PPP PPP PPP PPP O XO O O XXX			
3 # 771 Robbins, Josh	M42 Arizona Flam	1.59m	4
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56 1.59 1.62			
PPP PPP PPP PPP O O O O XO XXX			
4 # 591 McGinley, Patrick	M40 Potomac Vall	1.53m	3
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56			
O O O PPP O O O XXX			
5 # 569 Maxwell, Mitchell	M44 Southwest Sp	1.48m	2
1.23 1.28 1.33 1.38 1.43 1.48 1.53			
PPP PPP PPP PPP O XXO XXX			
6 # 654 Murdock, Daniel	M44 TNT Internat	1.23m	1
1.23 1.28			
O XXX			

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Event 739 M45 High Jump

Apron 1

45 USA: R 2.04m
45 WMA: W 2.04m

Name	Age Team	Finals	Points
1 # 387 Henson, Arthur	M49 Charlotte Tr	1.83m	8
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86			
PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O O XO XO XO XXX			
2 # 394 Hickman, Will	M45 Unattached	1.80m	6
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XO PPP O O O XO XXX			
3 # 37 Babcock, Christop	M49 Unattached	1.74m	4
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77			
PPP PPP PPP PPP PPP PPP PPP O O PPP O PPP O O XXX			
4 # 582 McCubbins, Matthe	M48 Unattached	1.65m	3
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56 1.59 1.62 1.65 1.68			
PPP PPP PPP PPP PPP PPP O PPP O PPP XO XXX			
5 # 354 Hamilton, Matt	M46 Unattached	1.56m	2
1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.56 1.59			
PPP PPP O O O XO O XO XXX			

Event 745 M50 High Jump

Apron 2

50 USA: R 1.93m
50 WMA: W 2.00m

Name	Age Team	Finals	Points
1 # 687 Oneal Jr, Ralph	M51 Unattached	1.68m	8
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.58 1.63 1.68 1.73			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XO XXO XXX			
2 # 33 Ashley, Brian	M50 Unattached	1.68m	6
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.58 1.63 1.68 1.73			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XXO XXO XXX			
3 # 52 Barr, James	M51 Potomac Vall	1.58m	4
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.58 1.63			
PPP PPP PPP PPP OPP PPP PPP PPP O PPP O O XXO XXX			
4 # 452 Johnson, Eric	M51 Unattached	1.48m	3
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53			
PPP PPP PPP PPP PPP O PPP O XO XXO XO XXX			
5 # 144 Cannon, David	M54 Atlanta Track Club	1.33m	2
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38			
PPP PPP PPP PPP PPP PPP O O XXX			
6 # 807 Samiec, James	M52 Potomac Vall	1.23m	1
0.98 1.03 1.08 1.13 1.18 1.23 1.28			
PPP PPP PPP PPP O O XXX			
7 # 646 Morrow, Art	M54 So Cal Track Club	1.03m	
0.98 1.03 1.08			
O O XXX			

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Event 745 M55 High Jump

Apron 2

55 USA: R 1.88m
55 WMA: W 1.88m

Name	Age Team	Finals	Points
1 # 762 Rick, Scott	M55 Unattached	1.63m	8
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.58 1.63 1.68			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O O O	XO XXX
2 # 358 Hankerson, Brian	M59 So Cal Track Club	1.63m	6
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.58 1.63 1.68			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O O	XXO XXX
3 # 840 Shell, Bradley	M55 Unattached	1.53m	4
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.58			
PPP PPP PPP PPP PPP PPP PPP PPP		O PPP	XO O XXX
4 # 183 Clodfelter, Chet	M55 Unattached	1.48m	3
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53			
PPP PPP PPP PPP PPP PPP PPP		O PPP	PPP O XXX
5 # 894 Stephens, Jeffrey	M58 Unattached	1.43m	2
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43 1.48			
PPP PPP PPP PPP PPP PPP PPP		O O	XO XXX
6 # 119 Bruch, Kevin	M59 Unattached	1.43m	1
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43 1.48			
PPP PPP PPP PPP PPP PPP PPP		O O	XXO XXX
7 # 8 Allaire, John	M59 Unattached	1.38m	
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33 1.38 1.43			
PPP PPP PPP PPP PPP PPP		O XO	XXO XXX
8 # 739 Pryor, John	M58 Unattached	1.28m	
0.98 1.03 1.08 1.13 1.18 1.23 1.28 1.33			
PPP PPP PPP PPP PPP		O XO	XXX

Event 746 M60 High Jump

Apron 1

USA: R 1.76m
WMA: W 1.76m

Name	Age Team	Finals	Points
1 # 577 McBarnette, Bruce	M61 Potomac Vall	1.67m	8
1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.58 1.61 1.64 1.67			
PPP PPP PPP PPP PPP PPP PPP		XO O O	XO O
2 # 1002 Williamson, Mark	M61 So Cal Track Club	1.64m	6
1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.58 1.61 1.64 1.67			
PPP PPP PPP PPP PPP PPP PPP		O O O	XO XXX
3 # 286 Foley, Thomas	M60 Unattached	1.53m	4
1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53 1.58			
PPP PPP PPP PPP PPP PPP		O O	XXX
4 # 795 Ruebel, Noel	M62 Unattached	1.48m	3
1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53			
PPP PPP PPP		O O O	XO P
5 # 429 Irion, Glenn	M63 Unattached	1.48m	2
1.18 1.23 1.28 1.33 1.38 1.43 1.48 1.53			
PPP PPP PPP PPP PPP		O	XXO XXX
6 # 12 Allen, Jackie	M62 So Cal Track Club	1.43m	1
1.18 1.23 1.28 1.33 1.38 1.43 1.48			
PPP PPP		O O	O O XXX

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....Event 746 M60 High Jump

7 #	275	Finley, Lawrence	M60	Over The Hill TC	1.28m
		1.18 1.23 1.28 1.33			
		PPP O O XXX			
10 #	555	Markley, Anthony	M64	Potomac Vall	1.28m
		1.18 1.23 1.28 1.33			
		PPP O XXO XXX			
-- #	818	*Schaber, Mark	M60	Canada	X1.28m
		1.18 1.23 1.28 1.33			
		O O XO R			
-- #	257	*Elliott, Craig	M61	Australia	X1.28m
		1.18 1.23 1.28 1.33			
		O O XO XXX			

Event 747 M65 High Jump

Apron 2

USA: R 1.62m

WMA: W 1.68m

Name	Age Team	Finals	Points
1 # 973 Weaver, Jack	M66 Unattached	1.48m	8
	1.08 1.13 1.18 1.23 1.28 1.33 1.36 1.39 1.42 1.45 1.48 1.51		
	PPP PPP PPP O O XO O O O XXO XO XXX		
2 # 690 Ortman, David	M65 Unattached	1.42m	6
	1.08 1.13 1.18 1.23 1.28 1.33 1.36 1.39 1.42 1.45		
	PPP PPP PPP PPP O O O O XXO XXX		
3 # 495 Lacey, Kenneth	M65 Unattached	1.39m	4
	1.08 1.13 1.18 1.23 1.28 1.33 1.36 1.39 1.42		
	PPP PPP PPP O O XXO O XO XXX		
4 # 383 Heikkila, Tim	M69 Unattached	1.36m	2.50
	1.08 1.13 1.18 1.23 1.28 1.33 1.36 1.39		
	PPP PPP PPP PPP PPP PPP O XXX		
4 # 488 Kopp, Steven	M65 Unattached	1.36m	2.50
	1.08 1.13 1.18 1.23 1.28 1.33 1.36 1.39		
	PPP PPP O O O O O XXX		
6 # 56 Baskauskas, Edwar	M68 Unattached	1.36m	1
	1.08 1.13 1.18 1.23 1.28 1.33 1.36 1.39		
	PPP PPP O XO O XO XXO XXX		
7 # 567 Mathis, William	M66 Potomac Vall	1.33m	
	1.08 1.13 1.18 1.23 1.28 1.33 1.36		
	PPP O O O XO XXO XXX		
8 # 84 Black, David	M66 Unattached	1.23m	
	1.08 1.13 1.18 1.23 1.28		
	PPP PPP O O XXX		
9 # 972 Watson, Richard	M66 AZ Desert Throwers	1.23m	
	1.08 1.13 1.18 1.23 1.28		
	O O O XO XXX		
10 # 959 Wachtman, Kurt	M65 Unattached	1.18m	
	1.08 1.13 1.18 1.23		
	PPP O XO XXX		

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Event 749 M70 High Jump

Apron 1

USA: R 1.53m
WMA: W 1.59m

Name	Age Team	Finals	Points
1 # 815 Sauers, James	M70 Atlanta Track Club	1.45m	8
1.39 1.42 1.45 1.50 O XO O XXX			
2 # 631 Montieth, David	M73 Unattached	1.42m	6
1.28 1.33 1.36 1.39 1.42 1.45 O O O O XXX			
3 # 401 Hodges, James	M73 Unattached	1.33m	4
1.18 1.23 1.28 1.33 1.36 O O O XO XXX			
4 # 85 Black, Ivan	M70 Shore Athletic Club	1.28m	3
1.13 1.18 1.23 1.28 1.33 O O O O XXX			
5 # 913 Tavares, Wayne	M71 Greater Bost	1.28m	2
1.13 1.18 1.23 1.28 1.33 O O XO O XXX			
6 # 628 Monesmith, Freder	M70 Shore Athletic Club	1.23m	1
1.13 1.18 1.23 1.28 O O O XXX			
7 # 817 Scelsi, Howard	M74 Unattached	1.13m	
1.03 1.08 1.13 1.18 O O O XXX			
8 # 975 Weiner, Robert	M71 Potomac Vall	0.93m	
0.73 0.78 0.83 0.88 0.93 0.98 O O XO O O XXX			

Event 750 M75 High Jump

Apron 2

75 USA: R 1.39m
75 WMA: W 1.52m

Name	Age Team	Finals	Points
1 # 639 Morgan, Curtis	M76 Philadelphia	1.24m	8
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP XXX			
2 # 430 Isett, Don	M79 Unattached	1.21m	6
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 PPP PPP PPP PPP PPP PPP PPP PPP O O O XO XO XXX			
3 # 1020 Wuth, William	M78 Atlanta Track Club	1.15m	4
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.06 1.09 1.12 1.15 1.18 PPP PPP PPP PPP PPP PPP O O O O O XXX			
4 # 556 Marovich, David	M75 Philadelphia	1.09m	3
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.06 1.09 1.12 PPP PPP PPP PPP PPP O O O XO XXX			
5 # 407 Holliday, Cook	M76 Atlanta Track Club	1.06m	2
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.06 1.09 PPP PPP PPP PPP O PPP O O XXX			

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Event 761 M35 Pole Vault

35 USA: R 5.88m

35 WMA: W 5.90m

Name	Age Team	Finals	Points
1 # 342 Gruenbacher, Jame	M39 Patriot Pole	4.35m	8
3.10 3.25 3.40 3.55 3.65 3.66 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45			
PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O XXX			
2 # 199 Craig, Raffael	M38 Millville Tr	3.95m	6
3.10 3.25 3.40 3.55 3.65 3.66 3.75 3.85 3.95 4.05 4.15			
PPP O PPP PPP PPP PPP O PPP O PPP XXX			
-- # 822 Schultz, Michael	M38 Unattached		NH
3.10 3.25 3.40 3.55 3.65 3.66 3.75 3.85 3.95			
PPP PPP PPP PPP PPP PPP PPP PPP XXX			

Event 761 M40 Pole Vault

40 USA: R 5.36m

40 WMA: W 5.36m

Name	Age Team	Finals	Points
1 # 455 Johnson, Scott	M43 Unattached	4.45m	8
3.10 3.25 3.40 3.55 3.65 3.66 3.75 3.85 3.95 4.05 4.15 4.25 4.35 4.45 4.57			
PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O PPP XO XXX			

Event 761 M45 Pole Vault

45 USA: R 5.14m

45 WMA: W 5.14m

Name	Age Team	Finals	Points
1 # 123 Bryant, Jason	M46 Appalachian	3.55m	8
3.10 3.25 3.40 3.55 3.65 3.66			
XXO XO XO O PPP XXX			
2 # 938 Tsang, Jeff	M45 Charlotte Tr	3.25m	6
3.10 3.25 3.40			
XXO XO XXX			

Event 762 M50 Pole Vault

50 USA: R 4.75m

50 WMA: W 4.75m

Name	Age Team	Finals	Points
1 # 270 Faulkner, Lee	M50 Potomac Vall	3.05m	8
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20			
PPP PPP PPP PPP PPP O O XXX			
2 # 304 Gates, David	M51 Oregon Track Club	3.05m	6
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20			
PPP PPP PPP PPP PPP O XO XXX			
-- # 475 Keys, James	M53 Potomac Vall		NH
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35			
PPP PPP PPP PPP PPP PPP PPP PPP XXX			
-- # 976 Weitz, Keith	M50 Unattached		NH
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20			
PPP PPP PPP PPP PPP PPP PPP XXX			

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....Event 762 M50 Pole Vault

-- # 74 Bennett, Phillip M54 Unattached NH
2.15
XXX

Event 762 M55 Pole Vault

55 USA: R 4.52m
55 WMA: W 4.52m

Name	Age Team	Finals	Points
1 # 183 Clodfelter, Chet M55 Unattached		4.10m	8
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP PPP O PPP XXX			
2 # 40 Babits, Paul M58 Unattached		3.70m	6
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.60 3.70 3.80			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XO XXX			
3 # 663 Negley, Eric M58 Unattached		3.35m	4
2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35 3.50			
PPP PPP PPP PPP PPP PPP O XO XO XXX			
4 # 140 Calhoun, Mark M59 Unattached		2.45m	3
2.15 2.30 2.45 2.60			
O O O XXX			
-- # 824 *Schuster, Robert M55 U.S. Virgin Islands		X2.75m	
2.15 2.30 2.45 2.60 2.75 2.90			
PPP PPP PPP PPP O XXX			

Event 763 M60 Pole Vault

60 USA: R 4.06m
60 WMA: W 4.16m

Name	Age Team	Finals	Points
1 # 353 Halverson, Bill M61 Unattached		3.40m	8
3.40			
O			
2 # 917 Thompson, James M64 Unattached		3.40m	6
2.95 3.09 3.10 3.19 3.20 3.29 3.30 3.39 3.40 3.49 3.50			
XO P O P O P O P O P XXX			
3 # 801 Russ, Jim M62 Unattached		3.40m	4
3.10 3.19 3.20 3.29 3.30 3.39 3.40 3.49 3.50			
O P P P XO P XO P XXX			
4 # 545 Magerkurth, Brian M60 Philadelphia		3.20m	2.50
3.10 3.19 3.20 3.29 3.30			
O P O P XXX			
4 # 128 Bunner, Thomas M63 Unattached		3.20m	2.50
3.10 3.19 3.20 3.29 3.30			
O P O P XXX			
6 # 532 Linn, Leo M63 Unattached		2.95m	1
2.65 2.80 2.95 3.09			
O O O XXX			
7 # 795 Ruebel, Noel M62 Unattached		2.80m	
2.65 2.80 2.95			
O O XXX			

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....Event 763 M60 Pole Vault

8 #	600 McLawhorn, David	M64 So Cal Track Club	2.50m
	2.50 2.65		
	O XXX		
-- #	885 Stanley, Al	M60 JTC Running	NH
	3.10		
	XXX		
-- #	644 Morrisette, Brion	M62 Unattached	NH
	3.20		
	XXX		
-- #	818 *Schaber, Mark	M60 Canada	X2.80m
	2.80 2.95		
	XXO XXX		
-- #	257 *Elliott, Craig	M61 Australia	X2.50m
	2.20 2.35 2.50 2.65		
	O O O XXX		

Event 763 M65 Pole Vault

65 USA: R 3.86m
65 WMA: W 3.96m

Name	Age Team	Finals	Points
1 # 980 Wenk, James	M67 Unattached	3.49m	8
		2.65 2.80 2.95 3.09 3.10 3.19 3.20 3.29 3.30 3.39 3.40 3.49	
		O XO O O P O P O P O P O	
2 # 437 Jacquet-Acea, Rus	M66 Club Northwest	2.65m	6
		2.65 2.80	
		O XXX	
3 # 23 Angel, David	M67 Unattached	2.35m	4
		2.20 2.35 2.50	
		XO XO XXX	
4 # 567 Mathis, William	M66 Potomac Vall	1.00m	3
		1.00	
		O	
-- # 883 St Cyr, Kenneth	M66 So Cal Track Club	NH	
		2.50	
		XXX	

Event 765 M70 Pole Vault

with W30-44

70 USA: R 3.35m
70 WMA: W 3.35m

Name	Age Team	Finals	Points
1 # 505 Large, John	M71 Unattached	3.02m	8
		1.62 1.72 1.82 1.92 2.02 2.12 2.22 2.32 2.42 2.52 2.62 2.72 2.82 2.92 3.02 3.12 3.22 3.36	
		PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXO PPP PPP XXX	
2 # 290 Fournerat, David	M70 Unattached	2.72m	6
		1.22 1.32 1.42 1.52 1.62 1.72 1.82 1.92 2.02 2.12 2.22 2.32 2.42 2.52 2.62 2.72 2.82	
		PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP PPP XO XXX	
3 # 457 Johnson, William	M74 Unattached	2.42m	3.50
		1.22 1.32 1.42 1.52 1.62 1.72 1.82 1.92 2.02 2.12 2.22 2.32 2.42 2.52	
		PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XO O XXX	

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....Event 765 M70 Pole Vault

3 #	401 Hodges, James	M73 Unattached									2.42m	3.50		
	1.22	1.32	1.42	1.52	1.62	1.72	1.82	1.92	2.02	2.12	2.22	2.32	2.42	2.52
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	XO	0	0	XXX
5 #	686 Olson, Randall	M71 Unattached									2.32m	2		
	1.22	1.32	1.42	1.52	1.62	1.72	1.82	1.92	2.02	2.12	2.22	2.32	2.42	
	PPP	PPP	PPP	PPP	PPP	PPP	0	0	XXO	XO	XO	XO	XXX	

Event 765 M75 Pole Vault

with W30-44

75 USA: R 2.91m
75 WMA: W 3.00m

Name	Age Team	Finals	Points
1 # 430 Isett, Don	M79 Unattached	2.72m	8
1.32 1.42 1.52 1.62 1.72 1.82 1.92 2.02 2.12 2.22 2.32 2.42 2.52 2.62 2.72 2.82 2.92 3.02			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP 0 XO XO 0 PPP PPP XXX			
2 # 21 Andresen, John	M77 Unattached	2.62m	6
1.22 1.32 1.42 1.52 1.62 1.72 1.82 1.92 2.02 2.12 2.22 2.32 2.42 2.52 2.62 2.72			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP 0 0 XO XXX			
3 # 97 Booth, Howard	M75 Unattached	2.52m	4
1.22 1.32 1.42 1.52 1.62 1.72 1.82 1.92 2.02 2.12 2.22 2.32 2.42 2.52 2.62			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP 0 0 0 XO XXX			
4 # 407 Holliday, Cook	M76 Atlanta Track Club	2.42m	3
1.22 1.32 1.42 1.52 1.62 1.72 1.82 1.92 2.02 2.12 2.22 2.32 2.42 2.52			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP 0 0 XO XO XXX			
5 # 851 Sloan, John	M79 Atlanta Track Club	1.32m	2
1.22 1.32 1.42			
0 XO XXX			
6 # 556 Marovich, David	M75 Philadelphia	1.22m	1
1.22 1.32			
0 R			

Event 766 M80 Pole Vault

with W45-79

80 USA: R 2.75m
80 WMA: W 2.75m

Name	Age Team	Finals	Points
1 # 954 Vergin, Roger	M81 Club Northwest	1.50m	8
0.90 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.65			
PPP PPP PPP 0 0 0 0 PPP XXX			
2 # 875 Southerlan, Rober	M80 Unattached	1.40m	6
0.90 1.00 1.10 1.20 1.30 1.40 1.50 1.60			
0 PPP 0 0 XO 0 XX R			

Event 766 M85 Pole Vault

with W45-79

85 USA: R 2.44m
85 WMA: W 2.44m

Name	Age Team	Finals	Points
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....Event 766 M85 Pole Vault

1 #	443 Jankovich, Willia	M85 Unattached	1.60m	8
	0.90 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.65 1.70 1.80			
	PPP PPP PPP PPP PPP	XO XO XO	PPP XX	R
2 #	237 Donley, Jerry	M89 Colorado Mas	1.40m	6
	0.90 1.00 1.10 1.20 1.30 1.40 1.50			
	PPP PPP PPP PPP PPP	XO	XXX	

Event 820 M30 Shot Put

Circle 2

Name	Age Team	Finals	Points
1 # 147 Capaldo, Jeffrey	M34 Unattached	8.30m	8
	7.60m 7.79m 7.99m 8.25m 8.30m PASS		

Event 820 M35 Shot Put

Circle 2

35 USA: R 20.51m
35 WMA: W 21.04m

Name	Age Team	Finals	Points
1 # 199 Craig, Raffael	M38 Millville Tr	13.30m	8
	12.62m 13.30m 12.85m FOUL 12.02m 12.96m		
2 # 213 Dahlin, Jon	M37 Unattached	11.26m	6
	11.01m FOUL 11.26m 10.87m FOUL FOUL		
3 # 915 Thomas, Jeff	M37 Unattached	10.38m	4
	10.38m FOUL FOUL 9.85m 9.99m 9.95m		
4 # 918 Thompson, La Roi	M39 TNT Internat	9.30m	3
	7.84m FOUL 9.30m 8.52m 8.24m 8.67m		
5 # 725 Pini, Justin	M35 Piedmont Pac	9.21m	2
	8.88m 9.21m PASS PASS PASS PASS		

Event 820 M40 Shot Put

Circle 2

40 USA: R 20.07m
40 WMA: W 20.07m

Name	Age Team	Finals	Points
1 # 38 Babiker, Ibrahim	M41 Potomac Vall	12.73m	8
	12.65m 12.60m 12.73m 12.51m 12.47m FOUL		
2 # 731 Porter Jr, John	M40 TNT Internat	11.30m	6
	10.24m 10.01m 10.24m 10.28m 11.30m 10.95m		
3 # 125 Buckler, Chris	M41 Unattached	10.57m	4
	10.57m 10.31m FOUL FOUL FOUL 9.92m		
4 # 607 Melton, Jason	M42 Unattached	9.95m	3
	9.42m 9.95m 9.80m FOUL 9.87m 9.92m		
5 # 184 Cockerham, Christ	M44 Piedmont Pac	9.78m	2
	9.60m FOUL 9.63m 9.59m FOUL 9.78m		
6 # 591 McGinley, Patrick	M40 Potomac Vall	9.26m	1
	8.76m 8.01m 8.36m FOUL 9.26m FOUL		

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Results****Event 820 M45 Shot Put**

Circle 2

45 USA: R 16.43m

45 WMA: W 20.40m

Name	Age Team	Finals	Points
1 # 1021 Wyatt, Jason	M49 So Cal Track Club	13.06m	8
13.06m 12.35m 13.01m 12.65m FOUL 12.76m			
2 # 187 Cole, Eric	M48 Texas Throwers	12.62m	6
12.03m 12.04m 12.41m FOUL 12.62m FOUL			
3 # 493 Kruse, Craig	M46 Unattached	12.21m	4
11.93m 11.61m 12.02m 11.86m 11.90m 12.21m			
4 # 385 Hennigan, Peter	M49 Unattached	10.64m	3
10.38m FOUL FOUL 10.23m 10.50m 10.64m			
5 # 7 Ali, Mohamed	M49 TNT Internat	9.45m	2
9.28m 9.24m 9.10m 9.26m 9.13m 9.45m			
6 # 32 Ash, David	M48 TNT Internat	7.90m	1
7.75m 7.26m FOUL 7.25m 7.90m 7.56m			

Event 823 M50 Shot Put

Circle 2

USA: R 16.65m

WMA: W 17.98m

Name	Age Team	Finals	Points
1 # 69 Bellrichard, Troy	M52 Unattached	14.06m	8
12.89m 13.73m 13.37m 13.07m 13.24m 14.06m			
2 # 402 Hofbauer, Lutz	M54 Unattached	13.72m	6
13.01m 13.28m 13.28m 13.72m 13.48m FOUL			
3 # 957 Vienneau Jr, Karl	M52 Unattached	13.20m	4
10.62m 12.91m 12.85m 13.20m 13.10m 13.08m			
4 # 52 Barr, James	M51 Potomac Vall	12.16m	3
11.98m 11.26m 11.67m 11.92m 11.86m 12.16m			
5 # 989 Wilkerson Jr, Joh	M51 Piedmont Pac	11.54m	2
11.54m 11.51m 10.98m FOUL 11.08m FOUL			
6 # 253 Eastham, Todd	M51 Piedmont Pac	10.87m	1
10.29m 9.78m 10.87m 10.62m FOUL FOUL			
7 # 475 Keys, James	M53 Potomac Vall	10.75m	
10.62m 10.75m 10.16m 10.18m 9.93m 10.74m			
8 # 687 Oneal Jr, Ralph	M51 Unattached	10.61m	
10.61m PASS PASS FOUL FOUL FOUL			
9 # 814 Sarsony, Chris	M51 Piedmont Pac	10.45m	
10.45m 10.40m 10.12m			
10 # 80 Bickel, David	M52 AZ Desert Throwers	10.27m	
10.26m 10.27m FOUL			
11 # 615 Miles Jr, Leroy	M52 Unattached	10.05m	
8.66m 9.60m 10.05m			
12 # 285 Flynt, Rodney	M52 Piedmont Pac	9.28m	
FOUL 9.28m 9.23m			
13 # 807 Samiec, James	M52 Potomac Vall	9.12m	
8.82m 9.04m 9.12m			

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Results****Event 824 M55 Shot Put**

Circle 2

USA: R 15.74m

WMA: W 16.02m

Name	Age Team	Finals	Points
1 # 262 Eriksson, Scott	M57 Unattached	14.66m	8
13.82m FOUL 14.05m FOUL 14.66m FOUL			
2 # 311 Gilleskie, Mark	M57 Unattached	12.65m	6
11.65m 12.65m FOUL FOUL 12.50m 12.26m			
3 # 8 Allaire, John	M59 Unattached	11.17m	4
11.15m 11.07m 11.17m 10.90m 10.52m FOUL			
4 # 476 Kikel, John	M59 Unattached	9.52m	3
9.52m 9.40m FOUL 9.48m 9.41m 9.40m			
5 # 739 Pryor, John	M58 Unattached	8.87m	2
FOUL 8.62m 8.65m FOUL 8.24m 8.87m			
6 # 469 Keese, Mark	M57 TNT Internat	7.62m	1
7.43m 6.97m 7.62m 7.37m FOUL FOUL			

Event 825 M60 Shot Put

Circle 1

USA: R 16.25m

WMA: W 16.80m

Name	Age Team	Finals	Points
1 # 28 Arello Jr, Robert	M60 Unattached	14.00m	8
13.54m 13.33m FOUL 14.00m FOUL 13.53m			
2 # 294 Fraker Jr, Tom	M60 Atlanta Track Club	13.76m	6
13.44m 13.35m 13.40m 13.76m FOUL FOUL			
3 # 872 Sommer Jr, Robert	M60 Unattached	12.67m	4
12.20m 12.51m 12.67m FOUL 12.29m 12.30m			
4 # 795 Ruebel, Noel	M62 Unattached	12.34m	3
12.34m 11.61m 11.98m 11.65m 11.62m 12.08m			
5 # 777 Roden, Ross	M60 Unattached	11.63m	2
11.06m FOUL 11.63m FOUL FOUL 11.20m			
6 # 585 McDonald, Ross	M60 Pony Express	9.96m	1
8.99m 9.18m 9.89m 9.71m 9.96m 9.78m			

Event 826 M65 Shot Put

Circle 1

USA: R 15.83m

WMA: W 15.83m

Name	Age Team	Finals	Points
1 # 657 Myers, Joseph	M66 Piedmont Pac	13.24m	8
12.42m 12.80m 12.89m 12.40m 12.61m 13.24m			
2 # 651 Muller, Tim	M68 AZ Desert Throwers	12.76m	6
12.76m 12.27m 12.03m FOUL FOUL FOUL			
3 # 160 Cederblad, Tim	M68 Chicagoland	11.71m	4
11.15m FOUL 11.13m 11.71m FOUL 11.50m			
4 # 549 Malin, James	M67 Balboa Track Club	11.43m	3
11.43m 11.42m FOUL FOUL FOUL 11.23m			
5 # 543 Mackersie, John	M65 Piedmont Pac	11.11m	2
10.89m FOUL 10.91m FOUL 10.30m 11.11m			

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....Event 826 M65 Shot Put

6 #	568 Matteson, Michael	M66 Unattached	11.07m	1
	FOUL 10.60m 10.86m 10.70m 10.87m 11.07m			
7 #	972 Watson, Richard	M66 AZ Desert Throwers	10.63m	
	FOUL 10.62m 10.63m FOUL 10.27m 10.22m			
8 #	251 Easley, Ricky	M65 So Cal Track Club	10.52m	
	10.50m FOUL 10.14m FOUL 10.52m 10.41m			
9 #	925 Tinsman, Thomas	M66 TNT Internat	9.43m	
	9.43m 9.08m 9.21m			
10 #	47 Barnes, Manuel	M66 Unattached	8.52m	
	8.08m 8.52m 8.38m			
-- #	232 *Dirkin, Guy	M66 Great Britai	X10.21m	
	10.21m 9.96m 10.14m			

Event 827 M70 Shot Put

Circle 2
 USA: R 15.39m
 WMA: W 15.39m

Name	Age Team	Finals	Points
1 # 374 Harvey, William	M73 Unattached	13.50m	8
FOUL 12.38m 13.09m 13.50m FOUL 13.29m			
2 # 787 Roll Jr, Charles	M72 Unattached	12.14m	6
10.89m 10.95m 11.27m 11.79m FOUL 12.14m			
3 # 102 Boyea, Weslie	M70 U.S. Army	11.42m	4
11.18m 11.42m 11.36m 11.10m 11.17m 11.04m			
4 # 1023 Young, Jeff	M70 Potomac Vall	11.11m	3
10.29m FOUL 9.84m 10.86m 10.69m 11.11m			
5 # 628 Monesmith, Freder	M70 Shore Athletic Club	10.83m	2
10.34m 10.74m 10.83m 10.74m FOUL FOUL			
6 # 107 Breese II, Lewis	M72 Unattached	9.41m	1
9.39m FOUL 9.41m 9.10m FOUL PASS			
7 # 96 Bookin-Weiner, Je	M72 Potomac Vall	8.75m	
8.01m 8.28m 8.10m 8.28m 8.43m 8.75m			
8 # 712 Pearce, James	M73 Potomac Vall	8.10m	
8.10m 7.71m 7.88m FOUL 7.99m FOUL			

Event 828 M75 Shot Put

Circle 2
 USA: R 13.18m
 WMA: W 14.48m

Name	Age Team	Finals	Points
1 # 57 Bass Jr, Walter	M76 Unattached	10.80m	8
10.27m 10.19m 10.60m 10.80m 10.65m 10.68m			
2 # 238 Donnelly, Edward	M77 Philadelphia	9.70m	6
9.60m 9.70m 9.32m 9.17m 9.08m 8.89m			
3 # 556 Marovich, David	M75 Philadelphia	8.51m	4
8.50m 8.26m 8.51m 8.45m 8.17m 8.41m			
4 # 940 Turner Sr, David	M79 Atlanta Track Club	8.12m	3
7.62m 8.12m 7.65m 7.71m 8.10m 7.96m			
5 # 639 Morgan, Curtis	M76 Philadelphia	8.05m	2
7.72m 7.82m 7.64m 7.86m 7.99m 8.05m			

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Results****....Event 828 M75 Shot Put**

6 # 89 Bligh Jr, Ed M76 Atlanta Track Club 6.84m 1
6.84m PASS PASS PASS PASS PASS

Event 829 M80 Shot Put

Circle 2

80 USA: R 12.78m

80 WMA: W 13.68m

Name	Age	Team	Finals	Points
1 # 796 Ruebush, Kenneth	M83	Unattached	9.80m	8
9.09m 9.59m 9.55m 9.77m 9.80m 9.71m				
2 # 948 Vaughn, Gerald	M83	Charlotte Tr	9.80m	6
9.32m 8.80m 9.07m 9.80m 9.36m 9.29m				
3 # 328 Gramley, William	M83	Piedmont Pac	9.33m	4
8.45m 8.80m 9.20m 8.96m 9.19m 9.33m				
4 # 218 Davis, Sid	M84	Atlanta Track Club	8.13m	3
8.13m 7.93m 7.95m FOUL FOUL 7.93m				

Event 829 M85 Shot Put

Circle 2

85 USA: R 9.82m

85 WMA: W 11.80m

Name	Age	Team	Finals	Points
1 # 273 Feick, Ray	M87	Philadelphia	6.85m	8
6.85m 6.32m 6.38m 6.76m 6.82m 6.68m				
2 # 237 Donley, Jerry	M89	Colorado Mas	6.37m	6
6.01m 6.31m 6.37m 6.14m 6.00m 6.00m				

Event 829 M90 Shot Put

Circle 2

90 USA: R 8.25m

90 WMA: W 9.68m

Name	Age	Team	Finals	Points
1 # 790 Roudebush, George	M93	Over The Hill TC	3.72m	8
3.72m PASS PASS PASS PASS PASS				

Event 838 M30 Weight Throw

Circle 1

Name	Age	Team	Finals	Points
1 # 147 Capaldo, Jeffrey	M34	Unattached	8.26m	8
7.01m 8.26m FOUL 7.80m 7.48m 7.00m				

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Results****Event 838 M35 Weight Throw**

Circle 1

35 USA: R 23.86m

35 WMA: W 23.86m

Name	Age Team	Finals	Points
1 # 213 Dahlin, Jon	M37 Unattached	16.03m	8
FOUL 15.02m 15.35m 15.57m 16.03m FOUL			
2 # 725 Pini, Justin	M35 Piedmont Pac	7.25m	6
7.19m 7.21m FOUL 6.96m 7.25m PASS			

Event 838 M40 Weight Throw

Circle 1

40 USA: R 22.52m

40 WMA: W 22.52m

Name	Age Team	Finals	Points
1 # 1005 Willmott, Robert	M42 Seattle Masters AC	15.66m	8
13.31m 15.66m FOUL 14.03m 9.36m 14.58m			
2 # 731 Porter Jr, John	M40 TNT Internat	14.50m	6
13.75m 13.89m 14.50m 13.46m 13.25m 13.43m			
3 # 184 Cockerham, Christ	M44 Piedmont Pac	8.57m	4
8.40m 8.22m 8.50m 8.46m 8.57m 8.48m			
4 # 125 Buckler, Chris	M41 Unattached	8.55m	3
FOUL 7.34m 7.64m 7.65m 8.55m FOUL			
5 # 607 Melton, Jason	M42 Unattached	8.48m	2
8.01m 7.97m 7.39m FOUL FOUL 8.48m			
6 # 503 Lanier, Kim	M43 TNT Internat	4.52m	1
4.02m 4.52m 4.33m 4.06m PASS PASS			

Event 838 M45 Weight Throw

Circle 1

45 USA: R 19.58m

45 WMA: W 19.58m

Name	Age Team	Finals	Points
1 # 187 Cole, Eric	M48 Texas Throwers	14.93m	8
FOUL 14.11m FOUL 14.66m 14.93m 14.71m			
2 # 1021 Wyatt, Jason	M49 So Cal Track Club	13.30m	6
11.98m 12.18m 13.30m FOUL FOUL FOUL			
3 # 32 Ash, David	M48 TNT Internat	8.59m	4
7.97m 8.59m FOUL FOUL 7.00m 8.37m			
4 # 354 Hamilton, Matt	M46 Unattached	8.42m	3
5.58m 6.24m FOUL FOUL 8.42m FOUL			
5 # 7 Ali, Mohamed	M49 TNT Internat	7.52m	2
7.32m FOUL FOUL 7.26m 7.27m 7.52m			

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Results****Event 843 M50 Weight Throw**

Circle 1

50 USA: R 21.03m

50 WMA: W 22.10m

Name	Age Team	Finals	Points
1 # 170 Chisari, Louis	M50 AZ Desert Throwers	19.46m	8
19.13m 19.05m FOUL 19.46m FOUL 18.81m			
2 # 80 Bickel, David	M52 AZ Desert Throwers	17.06m	6
15.90m 16.76m 16.83m 17.06m 16.42m 16.68m			
3 # 52 Barr, James	M51 Potomac Vall	14.46m	4
14.20m 13.74m 12.71m 14.40m 14.46m 13.90m			
4 # 475 Keys, James	M53 Potomac Vall	13.93m	3
12.55m 12.81m 13.93m 13.10m 13.48m 12.73m			
5 # 253 Eastham, Todd	M51 Piedmont Pac	13.68m	2
13.22m 13.18m 13.07m FOUL 13.68m FOUL			
6 # 69 Bellrichard, Troy	M52 Unattached	13.46m	1
FOUL FOUL 9.68m FOUL FOUL 13.46m			
7 # 285 Flynt, Rodney	M52 Piedmont Pac	12.43m	
11.25m 11.85m 12.43m PASS PASS 11.90m			
8 # 270 Faulkner, Lee	M50 Potomac Vall	10.29m	
9.57m 9.58m 10.29m 9.39m 10.18m FOUL			
9 # 646 Morrow, Art	M54 So Cal Track Club	5.86m	
5.86m 4.93m 5.20m FOUL FOUL FOUL			

Event 843 M55 Weight Throw

Circle 1

55 USA: R 19.79m

55 WMA: W 19.79m

Name	Age Team	Finals	Points
1 # 459 Johnson Sr, Sheld	M56 Unattached	16.27m	8
FOUL FOUL FOUL 15.66m 16.27m FOUL			
2 # 677 Noyes III, Edward	M57 Unattached	15.85m	6
FOUL 15.10m FOUL 15.85m FOUL 15.65m			
3 # 262 Eriksson, Scott	M57 Unattached	15.28m	4
FOUL 14.57m 14.76m FOUL 14.92m 15.28m			
4 # 499 Lambdin, Thomas	M57 Twilight Throwers	13.60m	3
12.74m 13.60m 12.94m 12.05m 13.16m FOUL			
5 # 469 Keese, Mark	M57 TNT Internat	8.78m	2
8.64m FOUL 8.78m FOUL FOUL FOUL			
6 # 476 Kikel, John	M59 Unattached	8.41m	1
FOUL 8.41m FOUL 8.40m FOUL PASS			

Event 845 M60 Weight Throw

Circle 1

60 USA: R 22.82m

60 WMA: W 22.82m

Name	Age Team	Finals	Points
1 # 28 Arello Jr, Robert	M60 Unattached	19.52m	8
18.20m 19.52m 19.09m FOUL 18.39m FOUL			
2 # 294 Fraker Jr, Tom	M60 Atlanta Track Club	19.28m	6
FOUL 19.28m FOUL 18.60m FOUL 18.61m			

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**JDL
Results**

....Event 845 M60 Weight Throw

3 #	161 Cedrone, Bob	M64 Twilight Throwers	17.91m	4
	16.86m 16.76m 16.75m 17.40m 17.91m 16.55m			
4 #	600 McLawhorn, David	M64 So Cal Track Club	10.69m	3
	FOUL 10.07m 10.69m FOUL FOUL 10.58m			
5 #	585 McDonald, Ross	M60 Pony Express	9.58m	2
	FOUL 9.30m 8.69m FOUL 9.58m 8.89m			

Event 845 M65 Weight Throw

Circle 1

65 USA: R 19.93m
65 WMA: W 19.33m

Name	Age Team	Finals	Points
1 # 568 Matteson, Michael	M66 Unattached	16.26m	8
	16.26m 15.52m 15.45m 16.12m 14.86m 15.18m		
2 # 543 Mackersie, John	M65 Piedmont Pac	15.20m	6
	14.83m 15.20m 14.52m 14.87m 14.64m FOUL		
3 # 651 Muller, Tim	M68 AZ Desert Throwers	14.93m	4
	14.31m 14.64m 14.52m 14.86m 14.93m 14.67m		
4 # 464 Jordan, Rufus	M69 TNT Internat	13.82m	3
	11.78m 13.40m 12.65m 13.31m 13.36m 13.82m		
5 # 972 Watson, Richard	M66 AZ Desert Throwers	13.74m	2
	FOUL 12.55m 13.35m 13.34m 12.80m 13.74m		
6 # 160 Cederblad, Tim	M68 Chicagoland	13.40m	1
	12.77m 13.30m 13.38m FOUL FOUL 13.40m		
-- # 232 *Dirkin, Guy	M66 Great Britai	X15.90m	
	FOUL 14.70m FOUL 14.70m 15.90m 15.67m		

Event 847 M70 Weight Throw

Circle 1

70 USA: R 21.08m
70 WMA: W 21.08m

Name	Age Team	Finals	Points
1 # 647 Moss, Ken	M71 Potomac Vall	19.43m	8
	18.80m 19.24m 19.43m 19.22m 19.07m FOUL		
2 # 451 John, Gary	M70 Santa Cruz Throwers	15.54m	6
	FOUL 15.54m 15.35m 15.05m 15.43m FOUL		
3 # 179 Clayton, Lemuel	M72 Piedmont Pac	12.95m	4
	12.15m FOUL 12.37m 11.82m 12.95m FOUL		
4 # 686 Olson, Randall	M71 Unattached	12.88m	3
	11.32m 12.88m 11.70m FOUL FOUL FOUL		
5 # 628 Monesmith, Freder	M70 Shore Athletic Club	12.27m	2
	11.22m 11.13m 12.27m FOUL 12.24m 11.85m		
6 # 712 Pearce, James	M73 Potomac Vall	10.37m	1
	9.11m 10.37m 10.27m FOUL FOUL FOUL		
7 # 96 Bookin-Weiner, Je	M72 Potomac Vall	10.03m	
	10.03m FOUL 9.89m FOUL 9.62m FOUL		
8 # 107 Breese II, Lewis	M72 Unattached	9.90m	
	9.90m FOUL 9.37m FOUL 9.51m FOUL		

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 847 M75 Weight Throw**

Circle 1

75 USA: R 19.38m

75 WMA: W 19.38m

Name	Age Team	Finals	Points
1 # 565 Mathews, George	M75 Seattle Masters AC	16.14m	8
FOUL 13.49m 14.62m	FOUL 16.14m 15.56m		
2 # 137 Cahners, Robert	M76 Unattached	14.82m	6
14.74m 14.82m 11.59m	FOUL 14.62m FOUL		
3 # 945 Valle, Michael	M78 Piedmont Pac	13.53m	4
13.22m FOUL FOUL FOUL	13.14m 13.53m		
4 # 639 Morgan, Curtis	M76 Philadelphia	12.83m	3
12.01m 12.83m FOUL	12.50m 11.96m 11.92m		
5 # 238 Donnelly, Edward	M77 Philadelphia	12.11m	2
11.54m 11.56m 12.09m	FOUL 12.11m 11.79m		
6 # 556 Marovich, David	M75 Philadelphia	11.71m	1
FOUL 11.24m 11.71m	11.20m 11.52m FOUL		
7 # 851 Sloan, John	M79 Atlanta Track Club	7.91m	
FOUL 6.74m 7.91m	FOUL 7.73m 7.80m		

Event 849 M80 Weight Throw

Circle 1

80 USA: R 14.17m

80 WMA: W 17.51m

Name	Age Team	Finals	Points
1 # 415 Hotchkiss, Richar	M80 Sierra Gold	13.26m	8
9.68m 12.20m 12.53m	12.47m 13.26m FOUL		
2 # 328 Gramley, William	M83 Piedmont Pac	12.45m	6
11.63m FOUL 11.98m	FOUL 12.45m 12.41m		
3 # 875 Southerlan, Rober	M80 Unattached	10.55m	4
10.15m 10.00m 10.14m	10.55m 10.08m 10.04m		
4 # 218 Davis, Sid	M84 Atlanta Track Club	10.40m	3
FOUL 9.49m 10.40m	FOUL 9.34m FOUL		

Event 849 M85 Weight Throw

Circle 1

85 USA: R 12.86m

85 WMA: W 13.02m

Name	Age Team	Finals	Points
1 # 273 Feick, Ray	M87 Philadelphia	8.68m	8
8.40m 8.68m 8.66m	8.32m 8.46m 8.32m		

Event 849 M90 Weight Throw

Circle 1

90 USA: R 10.03m

90 WMA: W 10.98m

Name	Age Team	Finals	Points
1 # 790 Roudebush, George	M93 Over The Hill TC	5.92m	8
5.92m PASS PASS	PASS PASS PASS		

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 858 M30 Super Weight**

Circle 1

Name	Age Team	Finals	Points
1 # 147 Capaldo, Jeffrey	M34 Unattached	5.05m	8
5.05m 4.74m 4.45m 4.40m 4.73m 4.92m			

Event 858 M35 Super Weight

Circle 1

Name	Age Team	Finals	Points
35 USA: R 12.97m			
1 # 213 Dahlin, Jon	M37 Unattached	10.05m	8
9.18m 10.05m 9.72m 9.93m 9.99m 9.76m			
2 # 725 Pini, Justin	M35 Piedmont Pac	4.59m	6
4.22m 4.59m FOUL PASS PASS PASS			

Event 858 M40 Super Weight

Circle 1

Name	Age Team	Finals	Points
40 USA: R 11.52m			
1 # 1005 Willmott, Robert	M42 Seattle Masters AC	9.50m	8
FOUL 8.14m 8.89m 9.34m 9.28m 9.50m			
2 # 731 Porter Jr, John	M40 TNT Internat	7.74m	6
FOUL 7.33m 7.63m 7.74m FOUL 7.20m			
3 # 184 Cockerham, Christ	M44 Piedmont Pac	6.40m	4
5.90m 6.25m FOUL 5.93m 6.40m FOUL			
4 # 125 Buckler, Chris	M41 Unattached	5.63m	3
5.63m 5.24m 5.46m 5.24m 5.02m FOUL			
5 # 607 Melton, Jason	M42 Unattached	5.49m	2
4.35m 4.31m 4.76m FOUL 5.27m 5.49m			
6 # 316 Gobble, Kevin	M43 Piedmont Pac	2.76m	1
2.74m 2.76m PASS PASS PASS PASS			
7 # 503 Lanier, Kim	M43 TNT Internat	2.64m	
2.64m 2.22m 2.33m 2.60m 1.83m 2.62m			

Event 858 M45 Super Weight

Circle 1

Name	Age Team	Finals	Points
45 USA: R 11.38m			
1 # 187 Cole, Eric	M48 Texas Throwers	10.42m	8
10.08m 10.15m FOUL 10.42m FOUL 10.05m			
2 # 1021 Wyatt, Jason	M49 So Cal Track Club	7.90m	6
7.74m FOUL 7.13m FOUL 7.90m PASS			
3 # 32 Ash, David	M48 TNT Internat	4.99m	4
4.99m FOUL FOUL 4.31m 4.55m FOUL			
4 # 7 Ali, Mohamed	M49 TNT Internat	4.94m	3
FOUL FOUL FOUL 4.43m 4.47m 4.94m			

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Results****Event 863 M50 Super Weight**

Circle 1

50 USA: R 10.93m

Name	Age Team	Finals	Points
1 # 170 Chisari, Louis	M50 AZ Desert Throwers	8.89m	8
7.68m 8.89m FOUL 8.84m FOUL FOUL			
2 # 80 Bickel, David	M52 AZ Desert Throwers	8.02m	6
7.10m 8.02m 7.79m 7.65m 7.90m 7.95m			
3 # 285 Flynt, Rodney	M52 Piedmont Pac	6.89m	4
6.18m 6.41m FOUL 6.57m 6.79m 6.89m			
4 # 52 Barr, James	M51 Potomac Vall	6.83m	3
6.64m 6.54m 6.83m 6.79m FOUL 6.16m			
5 # 475 Keys, James	M53 Potomac Vall	6.38m	2
6.38m 5.83m 5.50m 5.78m 5.76m 5.44m			
6 # 69 Bellrichard, Troy	M52 Unattached	6.34m	1
FOUL 4.14m 6.34m 4.99m FOUL 5.74m			
7 # 253 Eastham, Todd	M51 Piedmont Pac	6.33m	
6.26m FOUL FOUL 6.32m 6.33m FOUL			

Event 863 M55 Super Weight

Circle 1

55 USA: R 10.55m

Name	Age Team	Finals	Points
1 # 459 Johnson Sr, Sheld	M56 Unattached	8.07m	8
4.91m FOUL 7.86m FOUL 8.07m PASS			
2 # 677 Noyes III, Edward	M57 Unattached	8.05m	6
FOUL 7.39m 7.85m 7.77m 8.05m 7.04m			
3 # 499 Lambdin, Thomas	M57 Twilight Throwers	5.95m	4
4.74m 5.95m FOUL FOUL 5.82m 5.82m			
4 # 476 Kikel, John	M59 Unattached	4.22m	3
3.90m 4.22m 3.87m PASS PASS 4.12m			
5 # 469 Keese, Mark	M57 TNT Internat	3.18m	2
2.88m 2.85m 2.37m 3.18m PASS PASS			

Event 865 M60 Super Weight

60 USA: R 10.79m

Name	Age Team	Finals	Points
1 # 28 Arello Jr, Robert	M60 Unattached	10.39m	8
10.21m 9.91m FOUL FOUL 10.39m FOUL			
2 # 294 Fraker Jr, Tom	M60 Atlanta Track Club	9.57m	6
FOUL FOUL FOUL FOUL 8.73m 9.57m			
3 # 161 Cedrone, Bob	M64 Twilight Throwers	9.23m	4
9.11m 9.23m 9.19m FOUL FOUL 8.97m			
4 # 600 McLawhorn, David	M64 So Cal Track Club	4.58m	3
3.66m FOUL 4.02m 4.58m FOUL FOUL			
5 # 585 McDonald, Ross	M60 Pony Express	4.10m	2
4.10m FOUL 3.92m PASS PASS PASS			

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Results****Event 865 M65 Super Weight**

65 USA: R 10.51m						
Name	Age	Team	Finals	Points		
1 # 568 Matteson, Michael	M66	Unattached	8.60m	8		
8.60m	FOUL	7.85m	FOUL	FOUL	8.14m	
2 # 543 Mackersie, John	M65	Piedmont Pac	7.94m	6		
7.60m	FOUL	7.88m	7.91m	FOUL	7.94m	
3 # 651 Muller, Tim	M68	AZ Desert Throwers	7.76m	4		
7.76m	7.60m	FOUL	7.26m	7.64m	7.43m	
4 # 972 Watson, Richard	M66	AZ Desert Throwers	7.26m	3		
6.34m	7.26m	6.42m	7.07m	7.01m	6.67m	
5 # 464 Jordan, Rufus	M69	TNT Internat	7.23m	2		
7.18m	FOUL	FOUL	7.23m	6.89m	FOUL	
-- # 160 Cederblad, Tim	M68	Chicagoland	FOUL			
FOUL	FOUL	FOUL	PASS	PASS	PASS	
-- # 232 *Dirkin, Guy	M66	Great Britai	X6.72m			
6.19m	6.72m	5.96m	FOUL	PASS	PASS	

Event 867 M70 Super Weight

70 USA: R 11.67m						
Name	Age	Team	Finals	Points		
1 # 647 Moss, Ken	M71	Potomac Vall	10.20m	8		
9.44m	9.81m	10.00m	10.13m	FOUL	10.20m	
2 # 451 John, Gary	M70	Santa Cruz Throwers	8.14m	6		
FOUL	FOUL	5.58m	8.14m	7.99m	7.53m	
3 # 179 Clayton, Lemuel	M72	Piedmont Pac	6.81m	4		
6.66m	6.21m	6.52m	6.81m	FOUL	5.76m	
4 # 628 Monesmith, Freder	M70	Shore Athletic Club	6.69m	3		
6.69m	6.35m	6.22m	5.83m	6.16m	6.30m	
5 # 686 Olson, Randall	M71	Unattached	5.98m	2		
5.16m	5.18m	4.04m	4.88m	5.60m	5.98m	
6 # 107 Breese II, Lewis	M72	Unattached	5.67m	1		
FOUL	5.61m	5.48m	5.67m	5.26m	FOUL	
7 # 712 Pearce, James	M73	Potomac Vall	5.49m			
5.13m	5.49m	FOUL	FOUL	FOUL	5.22m	

Event 867 M75 Super Weight

75 USA: R 10.59m						
Name	Age	Team	Finals	Points		
1 # 565 Mathews, George	M75	Seattle Masters AC	9.11m	8		
FOUL	8.68m	8.18m	8.18m	9.11m	8.23m	
2 # 137 Cahners, Robert	M76	Unattached	7.33m	6		
FOUL	FOUL	FOUL	FOUL	5.93m	7.33m	
3 # 238 Donnelly, Edward	M77	Philadelphia	6.64m	4		
6.62m	FOUL	FOUL	FOUL	6.64m	6.57m	
4 # 639 Morgan, Curtis	M76	Philadelphia	6.54m	3		
5.51m	6.54m	5.85m	5.85m	6.27m	6.22m	
5 # 945 Valle, Michael	M78	Piedmont Pac	6.35m	2		
6.28m	FOUL	6.35m	FOUL	5.75m	FOUL	
6 # 556 Marovich, David	M75	Philadelphia	6.34m	1		
5.81m	6.34m	5.59m	6.20m	5.67m	5.81m	

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Results****Event 869 M80 Super Weight**

80 USA: R 9.01m							
Name	Age	Team	Finals		Points		
1 # 415 Hotchkiss, Richar	M80	Sierra Gold	8.10m		8		
			FOUL 7.99m	FOUL	8.10m	FOUL	
2 # 328 Gramley, William	M83	Piedmont Pac	8.06m		6		
			7.41m	7.50m	7.76m	7.82m	7.66m 8.06m
3 # 875 Southerlan, Rober	M80	Unattached	6.82m		4		
			6.23m	6.57m	6.41m	6.42m	6.82m FOUL

Event 869 M85 Super Weight

85 USA: R 6.68m							
Name	Age	Team	Finals		Points		
1 # 273 Feick, Ray	M87	Philadelphia	5.48m		8		
			5.14m	5.25m	4.88m	4.96m	4.91m 5.48m

Event 869 M90 Super Weight

90 USA: R 5.88m							
Name	Age	Team	Finals		Points		
1 # 790 Roudebush, George	M93	Over The Hill TC	3.75m		8		
			3.75m	PASS	PASS	PASS	PASS

Event 897 M30 1 Mile Race Walk

Name	Age	Team	Finals		Points		
-- # 203 Crouch, Bryan	M32	Unattached		DQ			
			1:33.280 (1:33.280)	3:01.765 (1:28.485)	4:37.011 (1:35.246)	6:09.369 (1:32.359)	

Event 897 M40 1 Mile Race Walk

Name	Age	Team	Finals		Points		
1 # 408 Holtry, Matthew	M40	Piedmont Pac	12:44.62		8		
			1:28.257 (1:28.257)	3:01.478 (1:33.222)	4:37.057 (1:35.579)	6:11.589 (1:34.533)	
			7:48.733 (1:37.145)	9:27.118 (1:38.385)	11:03.785 (1:36.668)	12:44.618 (1:40.833)	
2 # 316 Gobble, Kevin	M43	Piedmont Pac	16:59.39		6		
			2:05.405 (2:05.405)	4:17.397 (2:11.992)	6:28.866 (2:11.470)	8:36.750 (2:07.885)	
			10:42.141 (2:05.391)	12:48.809 (2:06.669)	14:53.721 (2:04.912)	16:59.389 (2:05.669)	

Event 897 M45 1 Mile Race Walk

45 USA: R 6:52.41							
Name	Age	Team	Finals		Points		
1 # 660 Nash, Omar	M45	Southwest Ohio TC	8:52.09		8		
			1:01.174 (1:01.174)	2:04.735 (1:03.561)	3:11.674 (1:06.940)	4:20.726 (1:09.052)	
			5:30.502 (1:09.776)	6:39.778 (1:09.276)	7:48.235 (1:08.458)	8:52.088 (1:03.854)	

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....Event 897 M45 1 Mile Race Walk

-- #	166	Chasse, Craig	M49 Potomac Vall		DQ		
		1:04.711 (1:04.711)		2:11.548 (1:06.837)		3:24.149 (1:12.602)	
		4:37.437 (1:13.288)		5:53.300 (1:15.864)		7:09.813 (1:16.514)	
		8:27.848 (1:18.035)		3:13:19.13 (3:04:51.28)			
-- #	212	*Da Costa, Jerry	M49 Brazil		X9:45.10		
		1:10.890 (1:10.890)		2:22.968 (1:12.079)		3:34.618 (1:11.650)	4:45.749 (1:11.131)
		5:55.402 (1:09.653)		7:08.949 (1:13.548)		8:23.465 (1:14.516)	9:45.096 (1:21.631)

Event 897 M50 1 Mile Race Walk

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50 USA: R 6:53.16

Name	Age Team	Finals	Points
1 # 904 Swarts, David	M53 Pegasus A.C.	7:23.19	8
	52.365 (52.365)	1:44.661 (52.296)	2:39.565 (54.905)
	4:32.795 (56.755)	5:30.144 (57.350)	6:25.813 (55.670)
2 # 646 Morrow, Art	M54 So Cal Track Club	9:20.71	6
	1:04.975 (1:04.975)	2:12.977 (1:08.002)	3:22.876 (1:09.900)
	5:44.432 (1:10.572)	6:55.228 (1:10.796)	8:07.547 (1:12.320)

Event 897 M55 1 Mile Race Walk

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55 USA: R 7:06.68

Name	Age Team	Finals	Points
1 # 734 Preischel, Will	M58 Unattached	9:16.59	8
	1:05.654 (1:05.654)	2:11.632 (1:05.978)	3:21.423 (1:09.791)
	5:41.178 (1:09.756)	6:51.565 (1:10.388)	8:02.419 (1:10.855)
2 # 60 Baxter, Bobby	M56 Raleigh Walkers	10:05.49	6
	1:05.253 (1:05.253)	2:13.587 (1:08.335)	3:27.955 (1:14.369)
	6:10.257 (1:22.573)	7:32.371 (1:22.115)	8:52.251 (1:19.880)

Event 898 M60 1 Mile Race Walk

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60 USA: R 7:52.04

Name	Age Team	Finals	Points
1 # 120 Brugh, Charles Tu	M63 Unattached	9:14.61	8
	1:09.308 (1:09.308)	2:16.199 (1:06.891)	3:24.707 (1:08.509)
	5:46.819 (1:11.378)	6:56.928 (1:10.110)	8:06.752 (1:09.824)
2 # 86 Blake, Barry	M64 Shore Athletic Club	9:50.13	6
	1:11.176 (1:11.176)	2:24.067 (1:12.891)	3:38.301 (1:14.235)
	6:09.727 (1:15.455)	7:24.550 (1:14.824)	8:37.773 (1:13.224)
3 # 167 Chelius, Timothy	M62 Shore Athletic Club	9:56.76	4
	1:14.047 (1:14.047)	2:26.999 (1:12.953)	3:40.960 (1:13.961)
	6:11.738 (1:15.401)	7:26.185 (1:14.447)	8:41.342 (1:15.158)
-- # 27 Arcand Jr, Albert	M63 Potomac Vall		DQ
	1:22.553 (1:22.553)	2:47.464 (1:24.911)	4:12.560 (1:25.096)
	7:05.027 (1:25.410)		5:39.618 (1:27.059)

Event 898 M65 1 Mile Race Walk

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Name	Age Team	Finals	Points
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2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

**JDL
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....Event 898 M65 1 Mile Race Walk

1 #	854 Smith, Andrew	M69 Pegasus A.C.	9:44.31	8	
	1:10.461 (1:10.461)	2:23.555 (1:13.095)	3:36.567 (1:13.012)	4:50.040 (1:13.474)	
	6:03.733 (1:13.694)	7:17.598 (1:13.865)	8:32.415 (1:14.817)	9:44.308 (1:11.894)	
2 #	480 Klein, Arthur	M65 Potomac Vall	10:31.99	6	
	1:16.945 (1:16.945)	2:36.693 (1:19.749)	3:57.558 (1:20.865)	5:17.835 (1:20.277)	
	6:38.027 (1:20.192)	7:58.932 (1:20.905)	9:18.018 (1:19.087)	10:31.986 (1:13.968)	
-- #	664 Neovakul, Vasan	M68 Atlanta Track Club		DQ	
	1:29.943 (1:29.943)	3:05.134 (1:35.191)	4:42.543 (1:37.410)	6:17.526 (1:34.983)	
	7:58.966 (1:41.440)				

Event 899 M70 1 Mile Race Walk

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70 USA: R 9:24.53

Name	Age Team	Finals	Points
1 # 141 Campbell, Richard	M73 So Cal Track Club	9:18.61R	8
1:10.018 (1:10.018)	2:19.536 (1:09.518)	3:33.358 (1:13.823)	4:45.810 (1:12.452)
5:57.293 (1:11.483)	7:06.891 (1:09.599)	8:16.845 (1:09.955)	9:18.608 (1:01.764)
2 # 293 Frable, Norman	M73 So Cal Track Club	9:28.67	6
1:06.119 (1:06.119)	2:17.065 (1:10.946)	3:30.272 (1:13.207)	4:43.371 (1:13.100)
5:54.493 (1:11.123)	7:07.753 (1:13.260)	8:19.005 (1:11.252)	9:28.662 (1:09.657)
3 # 445 Jasionowski, Leon	M74 Pegasus A.C.	10:21.91	4
1:11.163 (1:11.163)	2:27.391 (1:16.228)	3:47.273 (1:19.882)	5:07.954 (1:20.682)
6:28.321 (1:20.367)	7:48.022 (1:19.701)	9:06.512 (1:18.490)	10:21.903 (1:15.392)
4 # 291 Fowler, Robert	M70 Atlanta Track Club	10:29.15	3
1:17.348 (1:17.348)	2:36.077 (1:18.729)	3:56.716 (1:20.640)	5:15.990 (1:19.275)
6:34.053 (1:18.063)	7:52.883 (1:18.831)	9:12.185 (1:19.302)	10:29.149 (1:16.965)
5 # 633 Moore, Alan	M73 Atlanta Track Club	10:31.30	2
1:17.864 (1:17.864)	2:37.681 (1:19.817)	3:57.572 (1:19.891)	5:16.998 (1:19.426)
6:35.103 (1:18.105)	7:54.618 (1:19.515)	9:14.427 (1:19.810)	10:31.291 (1:16.865)
6 # 645 Morrison, John	M70 Potomac Vall	12:10.95	1
1:27.611 (1:27.611)	2:56.986 (1:29.375)	4:28.386 (1:31.400)	6:02.298 (1:33.913)
7:36.106 (1:33.808)	9:10.498 (1:34.392)	10:41.531 (1:31.034)	12:10.947 (1:29.416)

Event 899 M75 1 Mile Race Walk

=====

75 USA: R 11:18.12

Name	Age Team	Finals	Points
1 # 617 Miller, Gerald	M76 Atlanta Track Club	10:16.23R	8
1:14.897 (1:14.897)	2:28.874 (1:13.978)	3:44.658 (1:15.784)	5:00.792 (1:16.135)
6:19.175 (1:18.384)	7:38.113 (1:18.938)	8:57.824 (1:19.712)	10:16.227 (1:18.403)
2 # 245 Dubow, Joel	M76 Atlanta Track Club	10:21.38R	6
1:19.488 (1:19.488)	2:38.249 (1:18.761)	3:55.880 (1:17.631)	5:15.186 (1:19.306)
6:32.825 (1:17.640)	7:50.733 (1:17.908)	9:07.363 (1:16.630)	10:21.373 (1:14.011)
-- # 794 Rubin, Bruce	M75 Philadelphia		DQ
1:54.191 (1:54.191)	3:54.977 (2:00.786)	5:54.156 (1:59.180)	7:51.638 (1:57.483)

Event 899 M80 1 Mile Race Walk

=====

80 USA: R 11:07.30

Name	Age Team	Finals	Points
1 # 951 Veenstra, James	M81 Unattached	12:13.86	8
1:26.641 (1:26.641)	2:55.949 (1:29.309)	4:27.658 (1:31.710)	6:01.028 (1:33.370)
7:35.272 (1:34.244)	9:09.795 (1:34.524)	9:28.662 (18.867)	12:13.851 (2:45.190)

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....Event 899 M80 1 Mile Race Walk

2 #	195 Copeland, Terry	M81 Potomac Vall	15:53.03	6
	1:53.440 (1:53.440)	3:55.770 (2:02.330)	5:57.897 (2:02.127)	7:59.050 (2:01.154)
	9:57.758 (1:58.708)	11:56.425 (1:58.668)	13:55.065 (1:58.640)	15:53.026 (1:57.961)
-- #	729 Poisner, Alan	M84 Heartland Ra	DQ	
	1:16.653 (1:16.653)	2:38.443 (1:21.790)	4:01.976 (1:23.533)	5:26.858 (1:24.882)
	6:51.228 (1:24.371)			

Event 899 M85 1 Mile Race Walk

Name	Age Team	Finals	Points
-- # 307 Genzlinger, Vance	M89 Unattached	DQ	
	1:55.184 (1:55.184)	3:50.968 (1:55.785)	5:42.707 (1:51.739)
	9:27.030 (1:51.880)	7:35.151 (1:52.445)	

Event 899 M90 1 Mile Race Walk

Name	Age Team	Finals	Points
1 # 887 Starr, John	M90 Philadelphia	12:45.82	8
	1:42.675 (1:42.675)	3:20.462 (1:37.787)	4:57.855 (1:37.394)
	8:07.464 (1:34.406)	9:41.867 (1:34.403)	11:16.241 (1:34.375)
		12:45.811 (1:29.570)	

Event 901 M40 3000 Meter Race Walk

40 USA: R	11:40.75		
40 WMA: W	11:40.75		
Name	Age Team	Finals	Points
1 # 17 Alvarado, Gabriel	M41 Unattached	15:34.70	8
	56.783 (56.783)	1:56.249 (59.466)	2:56.010 (59.761)
	4:55.783 (1:00.360)	5:56.677 (1:00.895)	7:00.573 (1:03.896)
	9:07.784 (1:03.296)	10:10.410 (1:02.626)	11:13.878 (1:03.468)
	13:25.413 (1:07.458)	14:30.759 (1:05.346)	15:34.698 (1:03.940)
2 # 408 Holtry, Matthew	M40 Piedmont Pac	24:31.92	6
	1:27.267 (1:27.267)	3:02.608 (1:35.341)	4:43.962 (1:41.355)
	8:09.103 (1:41.893)	9:50.410 (1:41.307)	11:32.594 (1:42.185)
	14:59.869 (1:43.227)	16:41.664 (1:41.795)	18:21.611 (1:39.947)
	21:30.052 (1:33.939)	23:03.058 (1:33.006)	24:31.911 (1:28.854)
-- # 316 Gobble, Kevin	M43 Piedmont Pac	DQ	
	1:35.520 (1:35.520)	3:30.909 (1:55.390)	5:17.518 (1:46.609)
		7:06.493 (1:48.976)	

Event 901 M45 3000 Meter Race Walk

45 USA: R	12:38.71		
45 WMA: W	12:14.77		
Name	Age Team	Finals	Points
1 # 660 Nash, Omar	M45 Southwest Ohio TC	16:59.38	8
	1:00.780 (1:00.780)	2:06.982 (1:06.202)	3:15.368 (1:08.387)
	5:34.868 (1:10.818)	6:45.192 (1:10.324)	7:55.419 (1:10.228)
	10:13.891 (1:07.647)	11:22.498 (1:08.608)	12:30.812 (1:08.314)
	14:48.963 (1:08.786)	15:56.071 (1:07.108)	16:59.377 (1:03.306)

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....Event 901 M45 3000 Meter Race Walk

2 #	166 Chasse, Craig	M49 Potomac Vall	21:21.60	6	
	1:14.070 (1:14.070)	2:34.898 (1:20.829)	3:55.957 (1:21.059)	5:18.454 (1:22.498)	
	6:44.723 (1:26.270)	8:10.796 (1:26.073)	9:36.569 (1:25.774)	11:04.251 (1:27.682)	
	12:30.682 (1:26.431)	13:58.942 (1:28.260)	15:29.818 (1:30.876)	16:59.556 (1:29.739)	
	18:27.660 (1:28.105)	19:54.671 (1:27.011)	21:21.593 (1:26.922)		
-- #	212 *Da Costa, Jerry	M49 Brazil	X19:25.32		
	1:10.349 (1:10.349)	2:25.053 (1:14.705)	3:40.105 (1:15.052)	4:56.642 (1:16.537)	
	6:14.255 (1:17.614)	7:35.270 (1:21.015)	8:56.464 (1:21.195)	10:16.702 (1:20.238)	
	11:36.278 (1:19.577)	12:55.115 (1:18.837)	14:14.479 (1:19.365)	15:32.800 (1:18.321)	
	16:51.762 (1:18.962)	18:09.273 (1:17.511)	19:25.312 (1:16.040)		

Event 901 M50 3000 Meter Race Walk

50 USA: R 12:34.90
50 WMA: W 12:34.90

Name	Age Team	Finals	Points
1 # 904 Swarts, David	M53 Pegasus A.C.	14:20.33	8
56.362 (56.362)	1:55.415 (59.054)	2:54.300 (58.885)	3:52.256 (57.956)
4:50.513 (58.257)	5:47.918 (57.406)	6:45.558 (57.640)	7:42.848 (57.291)
8:40.725 (57.877)	9:39.173 (58.449)	10:37.188 (58.015)	11:34.484 (57.296)
12:32.216 (57.732)	13:28.163 (55.947)	14:20.323 (52.160)	
2 # 646 Morrow, Art	M54 So Cal Track Club	18:17.92	6
1:10.370 (1:10.370)	2:25.074 (1:14.705)	3:39.658 (1:14.585)	4:54.198 (1:14.540)
6:08.344 (1:14.147)	7:23.008 (1:14.664)	8:37.736 (1:14.729)	9:52.485 (1:14.750)
11:04.298 (1:11.814)	12:13.886 (1:09.588)	13:25.932 (1:12.046)	14:39.352 (1:13.420)
15:54.715 (1:15.364)	17:10.203 (1:15.489)	18:17.911 (1:07.708)	

Event 901 M55 3000 Meter Race Walk

55 USA: R 13:09.00
55 WMA: W 13:09.00

Name	Age Team	Finals	Points
1 # 60 Baxter, Bobby	M56 Raleigh Walkers	19:20.37	8
1:11.743 (1:11.743)	2:28.622 (1:16.879)	3:48.515 (1:19.894)	5:08.499 (1:19.985)
6:26.863 (1:18.365)	7:44.074 (1:17.211)	9:02.313 (1:18.240)	10:19.230 (1:16.917)
11:35.840 (1:16.610)	12:54.622 (1:18.782)	14:14.059 (1:19.438)	15:33.281 (1:19.222)
16:52.312 (1:19.031)	18:10.102 (1:17.790)	19:20.367 (1:10.265)	
-- # 734 Preischel, Will	M58 Unattached	DNF	
1:22.692 (1:22.692)	2:40.515 (1:17.824)	3:55.260 (1:14.745)	5:10.440 (1:15.180)
6:27.703 (1:17.263)	7:45.202 (1:17.500)	9:09.363 (1:24.162)	10:38.327 (1:28.964)
12:12.092 (1:33.765)			

Event 901 M60 3000 Meter Race Walk

60 USA: R 14:20.64
60 WMA: W 13:37.96

Name	Age Team	Finals	Points
1 # 120 Brugh, Charles	Tu M63 Unattached	17:56.66	8
1:08.251 (1:08.251)	2:18.758 (1:10.508)	3:31.698 (1:12.940)	4:44.674 (1:12.977)
5:56.860 (1:12.186)	7:09.047 (1:12.187)	8:21.559 (1:12.513)	9:34.575 (1:13.016)
10:46.879 (1:12.305)	11:59.177 (1:12.298)	13:10.965 (1:11.789)	14:24.433 (1:13.468)
15:35.901 (1:11.469)	16:47.503 (1:11.603)	17:56.652 (1:09.149)	

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....Event 901 M60 3000 Meter Race Walk

2 #	86 Blake, Barry	M64 Shore Athletic Club	18:39.93	6	
	1:10.849 (1:10.849)	2:25.503 (1:14.654)	3:40.561 (1:15.059)	4:55.257 (1:14.696)	
	6:08.948 (1:13.691)	7:23.550 (1:14.603)	8:38.281 (1:14.731)	9:53.101 (1:14.820)	
	11:06.087 (1:12.986)	12:21.317 (1:15.230)	13:36.499 (1:15.183)	14:51.935 (1:15.436)	
	16:08.628 (1:16.693)	17:24.309 (1:15.682)	18:39.923 (1:15.615)		
3 #	167 Chelius, Timothy	M62 Shore Athletic Club	20:08.26	4	
	1:15.738 (1:15.738)	2:35.527 (1:19.789)	3:53.398 (1:17.871)	5:12.901 (1:19.504)	
	6:34.604 (1:21.704)	7:55.932 (1:21.328)	9:17.937 (1:22.005)	10:40.585 (1:22.649)	
	12:02.554 (1:21.970)	13:23.551 (1:20.997)	14:43.770 (1:20.220)	16:04.719 (1:20.950)	
	17:26.191 (1:21.472)	18:47.624 (1:21.434)	20:08.259 (1:20.635)		
-- #	27 Arcand Jr, Albert	M63 Potomac Vall	DQ		
	1:21.202 (1:21.202)	2:47.263 (1:26.062)	4:12.827 (1:25.564)	5:38.916 (1:26.090)	
	7:05.992 (1:27.076)	8:32.960 (1:26.969)	9:58.709 (1:25.750)		

Event 906 M65 3000 Meter Race Walk

=====
 65 USA: R 15:30.50
 65 WMA: W 14:17.27

Name	Age Team	Finals	Points
1 # 854 Smith, Andrew	M69 Pegasus A.C.	18:34.66	8
1:10.985 (1:10.985)	2:27.527 (1:16.542)	3:44.864 (1:17.338)	5:01.665 (1:16.801)
6:16.816 (1:15.151)	7:32.003 (1:15.188)	8:46.022 (1:14.019)	9:59.699 (1:13.678)
11:13.840 (1:14.141)	12:27.705 (1:13.865)	13:41.281 (1:13.576)	14:56.000 (1:14.720)
16:09.767 (1:13.767)	17:23.625 (1:13.859)	18:34.659 (1:11.035)	
2 # 480 Klein, Arthur	M65 Potomac Vall	20:20.51	6
1:16.703 (1:16.703)	2:38.180 (1:21.477)	4:01.713 (1:23.533)	5:24.603 (1:22.891)
6:47.589 (1:22.986)	8:09.818 (1:22.230)	9:32.498 (1:22.680)	10:55.064 (1:22.567)
12:16.459 (1:21.395)	13:39.598 (1:23.139)	15:01.612 (1:22.015)	16:23.154 (1:21.543)
17:43.553 (1:20.399)	19:04.366 (1:20.814)	20:20.508 (1:16.142)	

Event 906 M70 3000 Meter Race Walk

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 70 USA: R 16:07.46
 70 WMA: W 15:39.00

Name	Age Team	Finals	Points
1 # 141 Campbell, Richard	M73 So Cal Track Club	17:56.31	8
1:14.131 (1:14.131)	2:26.203 (1:12.073)	3:40.787 (1:14.584)	4:56.217 (1:15.430)
6:10.401 (1:14.185)	7:24.676 (1:14.275)	8:36.273 (1:11.597)	9:47.953 (1:11.680)
10:58.300 (1:10.348)	12:06.941 (1:08.641)	13:19.551 (1:12.610)	14:31.277 (1:11.726)
15:43.686 (1:12.410)	16:53.511 (1:09.825)	17:56.308 (1:02.797)	
2 # 293 Frable, Norman	M73 So Cal Track Club	18:24.51	6
1:10.902 (1:10.902)	2:28.709 (1:17.808)	3:44.465 (1:15.756)	4:58.743 (1:14.278)
6:11.008 (1:12.265)	7:26.117 (1:15.110)	8:39.047 (1:12.930)	9:52.163 (1:13.116)
11:07.097 (1:14.935)	12:20.700 (1:13.604)	13:35.910 (1:15.210)	14:47.855 (1:11.945)
16:02.006 (1:14.151)	17:13.429 (1:11.424)	18:24.508 (1:11.080)	
3 # 445 Jasionowski, Leon	M74 Pegasus A.C.	19:47.70	4
1:12.881 (1:12.881)	2:31.996 (1:19.115)	3:52.613 (1:20.617)	5:13.313 (1:20.700)
6:33.159 (1:19.847)	7:53.369 (1:20.210)	9:12.946 (1:19.577)	10:31.291 (1:18.345)
11:51.533 (1:20.243)	13:13.300 (1:21.767)	14:33.463 (1:20.164)	15:53.273 (1:19.810)
17:12.060 (1:18.788)	18:30.548 (1:18.488)	19:47.700 (1:17.153)	

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....Event 906 M70 3000 Meter Race Walk

4 #	291 Fowler, Robert	M70 Atlanta Track Club	20:24.92	3
	1:15.510 (1:15.510)	2:37.127 (1:21.617)	4:00.983 (1:23.856)	5:24.003 (1:23.021)
	6:46.951 (1:22.948)	8:09.303 (1:22.353)	9:31.528 (1:22.225)	10:54.404 (1:22.876)
	12:15.877 (1:21.473)	13:38.943 (1:23.066)	15:01.062 (1:22.120)	16:23.823 (1:22.762)
	17:45.490 (1:21.667)	19:07.009 (1:21.520)	20:24.918 (1:17.909)	
5 #	633 Moore, Alan	M73 Atlanta Track Club	20:50.82	2
	1:24.787 (1:24.787)	2:49.049 (1:24.263)	4:12.788 (1:23.740)	5:36.448 (1:23.660)
	6:58.867 (1:22.420)	8:20.805 (1:21.939)	9:44.533 (1:23.729)	11:07.565 (1:23.032)
	12:31.183 (1:23.619)	13:54.298 (1:23.115)	15:18.007 (1:23.709)	16:40.871 (1:22.865)
	18:06.203 (1:25.333)	19:29.623 (1:23.420)	20:50.813 (1:21.190)	
6 #	645 Morrison, John	M70 Potomac Vall	25:18.76	1
	1:27.085 (1:27.085)	2:58.403 (1:31.319)	4:33.674 (1:35.271)	6:14.484 (1:40.810)
	7:55.511 (1:41.027)	9:36.995 (1:41.485)	11:18.062 (1:41.067)	13:00.963 (1:42.902)
	14:46.169 (1:45.206)	16:30.758 (1:44.589)	18:14.723 (1:43.966)	19:59.348 (1:44.625)
	21:43.959 (1:44.611)	23:30.440 (1:46.481)	25:18.752 (1:48.312)	

Event 906 M75 3000 Meter Race Walk

75 USA: R 17:12.80
75 WMA: W 16:29.62

Name	Age Team	Finals	Points
1 # 245 Dubow, Joel	M76 Atlanta Track Club	20:18.48	8
	1:24.053 (1:24.053)	2:47.400 (1:23.348)	4:10.117 (1:22.717)
	6:52.756 (1:21.837)	8:13.428 (1:20.673)	9:34.380 (1:20.952)
	12:17.791 (1:21.326)	13:40.929 (1:23.139)	15:02.807 (1:21.878)
	17:46.490 (1:21.130)	19:08.162 (1:21.672)	20:18.473 (1:10.312)
2 # 617 Miller, Gerald	M76 Atlanta Track Club	20:22.59	6
	1:17.436 (1:17.436)	2:38.847 (1:21.411)	4:02.413 (1:23.567)
	6:48.232 (1:22.775)	8:10.841 (1:22.610)	9:33.755 (1:22.915)
	12:17.155 (1:21.489)	13:40.298 (1:23.143)	15:02.217 (1:21.920)
	17:45.949 (1:21.210)	19:07.622 (1:21.673)	20:22.590 (1:14.969)
3 # 158 Cashwell Jr, Leon	M75 Unattached	22:27.10	4
	1:27.845 (1:27.845)	2:57.008 (1:29.163)	4:26.153 (1:29.146)
	7:28.340 (1:30.679)	8:57.398 (1:29.059)	10:27.879 (1:30.481)
	13:28.200 (1:30.885)	14:58.040 (1:29.840)	16:28.340 (1:30.300)
	19:29.667 (1:31.112)	20:58.338 (1:28.671)	22:27.093 (1:28.756)
-- # 794 Rubin, Bruce	M75 Philadelphia	DQ	
	2:07.340 (2:07.340)	4:14.791 (2:07.451)	6:19.233 (2:04.443)

Event 906 M80 3000 Meter Race Walk

80 USA: R 20:02.80
80 WMA: W 17:41.40

Name	Age Team	Finals	Points
1 # 729 Poisner, Alan	M84 Heartland Ra	22:28.41	8
	1:25.846 (1:25.846)	2:53.393 (1:27.547)	4:21.247 (1:27.855)
	7:20.848 (1:29.986)	8:50.430 (1:29.583)	10:19.892 (1:29.462)
	13:18.566 (1:29.155)	14:49.537 (1:30.971)	16:21.133 (1:31.596)
	19:26.090 (1:33.532)	20:58.287 (1:32.197)	22:28.404 (1:30.118)

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....Event 906 M80 3000 Meter Race Walk

2 #	951 Veenstra, James	M81 Unattached	23:25.37	6
	1:27.343 (1:27.343)	2:57.615 (1:30.273)	4:30.086 (1:32.471)	6:02.881 (1:32.795)
	7:33.567 (1:30.686)	9:05.340 (1:31.774)	10:36.363 (1:31.024)	12:08.981 (1:32.618)
	13:42.895 (1:33.915)	15:18.860 (1:35.965)	16:55.208 (1:36.349)	18:32.716 (1:37.508)
	20:10.566 (1:37.850)	21:49.233 (1:38.667)	23:25.368 (1:36.136)	
-- #	195 Copeland, Terry	M81 Potomac Vall	DQ	
	1:54.213 (1:54.213)	3:50.635 (1:56.423)	5:46.678 (1:56.043)	7:43.298 (1:56.621)
	9:39.085 (1:55.787)	11:34.247 (1:55.162)	13:30.435 (1:56.189)	15:26.728 (1:56.294)
	17:23.827 (1:57.099)			

Event 906 M85 3000 Meter Race Walk

85 USA: R 22:26.55
85 WMA: W 21:16.29

Name	Age Team	Finals	Points
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-- #	307 Genzlinger, Vance	M89 Unattached	DQ	
	1:54.518 (1:54.518)	3:53.771 (1:59.254)	5:53.938 (2:00.167)	7:51.355 (1:57.418)
	9:48.648 (1:57.294)	11:45.626 (1:56.978)		

Event 906 M90 3000 Meter Race Walk

90 USA: R 30:21.93

Name	Age Team	Finals	Points
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1 #	887 Starr, John	M90 Philadelphia	24:38.97R	8
	1:40.621 (1:40.621)	3:21.711 (1:41.090)	5:03.343 (1:41.632)	6:44.205 (1:40.863)
	8:24.548 (1:40.344)	10:04.066 (1:39.518)	11:44.383 (1:40.318)	13:24.700 (1:40.317)
	15:03.956 (1:39.256)	16:41.756 (1:37.800)	18:19.510 (1:37.755)	19:57.968 (1:38.458)
	21:34.365 (1:36.398)	23:08.656 (1:34.291)	24:38.968 (1:30.312)	

Event 939 M35 Indoor Pentathlon

35 USA: R 3623
35 WMA: W 4108

Name	Age Team	Finals	H#	Points
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1 #	199 Craig, Raffael	M38 Millville Tr	3135	8
2 #	725 Pini, Justin	M35 Piedmont Pac	1535	6

Event 939 M40 Indoor Pentathlon

40 USA: R 3922
40 WMA: W 4387

Name	Age Team	Finals	H#	Points
------	----------	--------	----	--------

1 #	876 Souza, Jeferson	M44 Unattached	3937R	8
2 #	771 Robbins, Josh	M42 Arizona Flam	2989	6
3 #	929 Todd Sr, Blair	M41 Potomac Vall	2300	4
4 #	156 Carter, Kurt	M41 Unattached	2060	3
5 #	654 Murdock, Daniel	M44 TNT Internat	1842	2

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 939 M45 Indoor Pentathlon**

=====					
45 USA: R 4034					
45 WMA: W 4113					
Name	Age	Team	Finals	H#	Points
=====					
1 # 509 Lattimore, Jason	M46	Garmin Runners	3117		8
2 # 212 *Da Costa, Jerry	M49	Brazil	X2283		
3 # 32 Ash, David	M48	TNT Internat	766		6

Event 939 M35 60 Meter Hurdles Indoor Pentathlon

=====					
Name	Age	Team	Finals	H#	Points
=====					
1 # 199 Craig, Raffael	M38	Millville Tr	8.51	2	888
2 # 725 Pini, Justin	M35	Piedmont Pac	12.97	2	142

Event 939 M40 60 Meter Hurdles Indoor Pentathlon

=====					
Name	Age	Team	Finals	H#	Points
=====					
1 # 876 Souza, Jeferson	M44	Unattached	8.36	2	1002
2 # 929 Todd Sr, Blair	M41	Potomac Vall	9.51	2	744
3 # 771 Robbins, Josh	M42	Arizona Flam	9.61	2	724
4 # 654 Murdock, Daniel	M44	TNT Internat	11.96	2	318
5 # 156 Carter, Kurt	M41	Unattached	11.97	2	316

Event 939 M45 60 Meter Hurdles Indoor Pentathlon

=====					
Name	Age	Team	Finals	Points	
=====					
1 # 509 Lattimore, Jason	M46	Garmin Runners	11.39		475
2 # 32 Ash, David	M48	TNT Internat	20.19		
-- # 212 *Da Costa, Jerry	M49	Brazil	X11.70		427

Event 939 M35 Long Jump Indoor Pentathlon

=====					
Runway B					
Name	Age	Team	Finals	Points	
=====					
1 # 199 Craig, Raffael	M38	Millville Tr	5.87m		597
			5.87m 5.80m 5.84m		
2 # 725 Pini, Justin	M35	Piedmont Pac	3.92m		212
			3.56m 3.92m FOUL		

Event 939 M40 Long Jump Indoor Pentathlon

=====					
Runway B					
Name	Age	Team	Finals	Points	
=====					
1 # 876 Souza, Jeferson	M44	Unattached	6.28m		776
			5.99m 6.03m 6.28m		
2 # 771 Robbins, Josh	M42	Arizona Flam	5.67m		624
			5.67m 5.60m 5.41m		
3 # 654 Murdock, Daniel	M44	TNT Internat	4.98m		465
			4.87m FOUL 4.98m		

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****....Event 939 M40 Long Jump Indoor Pentathlon**

4 #	929 Todd Sr, Blair	M41 Potomac Vall	4.52m	367
	4.52m 4.39m 4.32m			
5 #	156 Carter, Kurt	M41 Unattached	4.51m	365
	4.51m 4.40m 4.31m			

Event 939 M45 Long Jump Indoor Pentathlon

Runway B				
	Name	Age Team	Finals	Points
1 #	509 Lattimore, Jason	M46 Garmin Runners	4.92m	519
	4.59m 4.92m 4.78m			
2 #	32 Ash, David	M48 TNT Internat	3.87m	285
	FOUL 3.87m 3.79m			
-- #	212 *Da Costa, Jerry	M49 Brazil	X4.35m	386
	4.04m 4.18m 4.35m			

Event 939 M35 Shot Put Indoor Pentathlon

Circle B				
	Name	Age Team	Finals	Points
1 #	199 Craig, Raffael	M38 Millville Tr	12.41m	659
	12.41m 12.24m 12.35m			
2 #	725 Pini, Justin	M35 Piedmont Pac	9.76m	493
	8.97m 9.76m 9.21m			

Event 939 M40 Shot Put Indoor Pentathlon

Circle B				
	Name	Age Team	Finals	Points
1 #	876 Souza, Jeferson	M44 Unattached	13.29m	777
	13.29m 12.98m 12.74m			
2 #	156 Carter, Kurt	M41 Unattached	9.54m	523
	7.82m 8.20m 9.54m			
3 #	771 Robbins, Josh	M42 Arizona Flam	8.17m	431
	7.30m FOUL 8.17m			
4 #	654 Murdock, Daniel	M44 TNT Internat	8.04m	423
	7.69m 7.60m 8.04m			
5 #	929 Todd Sr, Blair	M41 Potomac Vall	7.98m	419
	7.98m 7.31m 7.44m			

Event 939 M45 Shot Put Indoor Pentathlon

Circle B				
	Name	Age Team	Finals	Points
1 #	509 Lattimore, Jason	M46 Garmin Runners	11.50m	717
	10.85m 11.50m 11.08m			
2 #	32 Ash, David	M48 TNT Internat	8.26m	481
	7.02m FOUL 8.26m			
-- #	212 *Da Costa, Jerry	M49 Brazil	X8.02m	464
	8.02m FOUL 7.91m			

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 939 M35 High Jump Indoor Pentathlon**

Apron A

Name	Age Team	Finals	Points
1 # 199 Craig, Raffael	M38 Millville Tr	1.84m	696
1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.93			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O XXX			
2 # 725 Pini, Justin	M35 Piedmont Pac	1.57m	472
1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60			
PPP PPP PPP PPP PPP PPP O O O O O XXO O XXX			

Event 939 M40 High Jump Indoor Pentathlon

Apron A

Name	Age Team	Finals	Points
1 # 876 Souza, Jeferson	M44 Unattached	1.78m	679
1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O XXO XXO XO O XXX			
2 # 771 Robbins, Josh	M42 Arizona Flam	1.57m	496
1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60			
PPP PPP PPP PPP PPP PPP PPP PPP O O O O O XXX			
3 # 156 Carter, Kurt	M41 Unattached	1.39m	352
1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42			
PPP PPP PPP PPP O XXO O XXX			
3 # 929 Todd Sr, Blair	M41 Potomac Vall	1.39m	352
1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42			
PPP PPP PPP PPP O PPP O XXX			
5 # 654 Murdock, Daniel	M44 TNT Internat	1.30m	290
1.21 1.24 1.27 1.30 1.33 1.36			
PPP O PPP O PPP XXX			

Event 939 M45 High Jump Indoor Pentathlon

Apron A

Name	Age Team	Finals	Points
1 # 509 Lattimore, Jason	M46 Garmin Runners	1.72m	705
1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XO XO O O XXX			
-- # 32 Ash, David	M48 TNT Internat	NH	
1.21			
XXX			
-- # 212 *Da Costa, Jerry	M49 Brazil	X1.36m	381
1.21 1.24 1.27 1.30 1.33 1.36 1.39			
O PPP PPP XO O XXO XXX			

Event 939 M35 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 199 Craig, Raffael	M38 Millville Tr	3:46.09	295
2 # 725 Pini, Justin	M35 Piedmont Pac	3:58.76	216

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 939 M40 1000 Meter Run Indoor Pentathlon**

Name	Age Team	Finals	Points
1 # 771 Robbins, Josh	M42 Arizona Flam	3:03.54	714
2 # 876 Souza, Jeferson	M44 Unattached	3:04.63	703
3 # 156 Carter, Kurt	M41 Unattached	3:27.01	504
4 # 929 Todd Sr, Blair	M41 Potomac Vall	3:37.84	418
5 # 654 Murdock, Daniel	M44 TNT Internat	3:47.86	346

Event 939 M45 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 509 Lattimore, Jason	M46 Garmin Runners	3:12.80	701
-- # 32 Ash, David	M48 TNT Internat	DNF	
-- # 212 *Da Costa, Jerry	M49 Brazil	X3:21.29	625

Event 943 M50 Indoor Pentathlon

Name	Age Team	Finals	H#	Points
50 USA: R	4062			
50 WMA: W	4415			
1 # 270 Faulkner, Lee	M50 Potomac Vall	3168		8
2 # 491 Kruelle, Chuck	M51 Greater Phil	2876		6
3 # 26 Arata, Michael	M53 Unattached	2442		4
4 # 304 Gates, David	M51 Oregon Track Club	2329		3
5 # 679 Nyhan, Sean	M50 Unattached	2312		2
6 # 892 Steinhardt, Micha	M52 Unattached	2087		1
7 # 597 McKenzie, John	M53 Potomac Vall	2035		
8 # 74 Bennett, Phillip	M54 Unattached	2016		

Event 943 M55 Indoor Pentathlon

Name	Age Team	Finals	H#	Points
55 USA: R	4213			
55 WMA: W	4291			
1 # 965 Wardle, James	M55 Unattached	3147		8
2 # 119 Bruch, Kevin	M59 Unattached	2752		6
3 # 840 Shell, Bradley	M55 Unattached	2702		4
4 # 8 Allaire, John	M59 Unattached	2622		3
5 # 604 McQuitter, Keith	M59 Shore Athletic Club	2508		2

Event 943 M50 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	H#	Points
1 # 270 Faulkner, Lee	M50 Potomac Vall	9.84	2	795
2 # 304 Gates, David	M51 Oregon Track Club	11.16	2	549
3 # 26 Arata, Michael	M53 Unattached	11.26	1	532
4 # 74 Bennett, Phillip	M54 Unattached	11.34	2	519
5 # 491 Kruelle, Chuck	M51 Greater Phil	11.56	2	482
6 # 597 McKenzie, John	M53 Potomac Vall	11.80	1	445
7 # 52 Barr, James	M51 Potomac Vall	12.08	2	403
8 # 679 Nyhan, Sean	M50 Unattached	12.50	2	343

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Results****....Event 943 M50 60 Meter Hurdles Indoor Pentathlon**

9 #	892 Steinhardt, Micha	M52 Unattached	13.47	2	224
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Event 943 M55 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 840 Shell, Bradley	M55 Unattached	10.64	724
2 # 965 Wardle, James	M55 Unattached	10.98	662
3 # 604 McQuitter, Keith	M59 Shore Athletic Club	11.35	597
4 # 119 Bruch, Kevin	M59 Unattached	11.46	579
5 # 8 Allaire, John	M59 Unattached	12.40	432

Event 943 M50 Long Jump Indoor Pentathlon

Runway B					
Name	Age Team	Finals	Points		
1 # 270 Faulkner, Lee	M50 Potomac Vall	5.01m	619		
4.85m 5.01m 4.77m					
2 # 491 Kruelle, Chuck	M51 Greater Phil	4.78m	559		
4.29m 4.04m 4.78m					
3 # 26 Arata, Michael	M53 Unattached	4.43m	469		
4.43m 4.33m 4.33m					
4 # 679 Nyhan, Sean	M50 Unattached	4.41m	463		
4.41m 4.06m 4.13m					
5 # 304 Gates, David	M51 Oregon Track Club	4.28m	431		
4.26m 4.28m 4.23m					
6 # 892 Steinhardt, Micha	M52 Unattached	4.11m	390		
3.92m 4.11m 3.66m					
7 # 597 McKenzie, John	M53 Potomac Vall	3.93m	348		
3.93m 3.86m 3.91m					
8 # 74 Bennett, Phillip	M54 Unattached	3.88m	337		
3.86m 3.88m 3.85m					
-- # 52 Barr, James	M51 Potomac Vall	FOUL			
FOUL PASS PASS					

Event 943 M55 Long Jump Indoor Pentathlon

Runway B					
Name	Age Team	Finals	Points		
1 # 965 Wardle, James	M55 Unattached	4.80m	650		
4.80m 4.70m PASS					
2 # 840 Shell, Bradley	M55 Unattached	4.54m	576		
4.19m 4.54m 4.50m					
3 # 8 Allaire, John	M59 Unattached	4.36m	527		
FOUL 4.36m 4.30m					
4 # 119 Bruch, Kevin	M59 Unattached	4.31m	512		
4.08m 4.31m PASS					
5 # 604 McQuitter, Keith	M59 Shore Athletic Club	4.13m	463		
3.88m 4.13m 3.97m					

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

**JDL
Results**

....Event 943 M50 High Jump Indoor Pentathlon

5 #	304 Gates, David	M51 Oregon Track Club	1.30m	396
	0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36			
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP			XO PPP XXX
5 #	26 Arata, Michael	M53 Unattached	1.30m	396
	0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33			
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP			O XXO XO XXX
7 #	74 Bennett, Phillip	M54 Unattached	1.27m	367
	0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30			
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP			O O O XXO XXX
8 #	597 McKenzie, John	M53 Potomac Vall	1.21m	317
	0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27			
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP			O XXP X
9 #	679 Nyhan, Sean	M50 Unattached	1.15m	270
	0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24			
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP			O PPP XO PPP PPP XXX

Event 943 M55 High Jump Indoor Pentathlon

Apron B

Name	Age Team	Finals	Points
1 # 965 Wardle, James	M55 Unattached	1.60m	767
	1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O O O XXO O XXX
2 # 840 Shell, Bradley	M55 Unattached	1.54m	705
	1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O PPP O O XO O XXX
3 # 119 Bruch, Kevin	M59 Unattached	1.45m	610
	0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O O O XO XXX
4 # 8 Allaire, John	M59 Unattached	1.39m	544
	0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O O O XXO XXX
5 # 604 McQuitter, Keith	M59 Shore Athletic Club	1.33m	488
	0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O XO O XO XXO XO XXX

Event 943 M50 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 679 Nyhan, Sean	M50 Unattached	3:01.06	890
2 # 491 Kruelle, Chuck	M51 Greater Phil	3:07.06	832
3 # 270 Faulkner, Lee	M50 Potomac Vall	3:34.53	590
4 # 597 McKenzie, John	M53 Potomac Vall	3:44.24	513
5 # 26 Arata, Michael	M53 Unattached	3:53.79	443
6 # 304 Gates, David	M51 Oregon Track Club	4:04.31	371
7 # 892 Steinhardt, Micha	M52 Unattached	4:14.66	306
8 # 74 Bennett, Phillip	M54 Unattached	4:15.58	300

Event 943 M55 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 119 Bruch, Kevin	M59 Unattached	4:04.72	443

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Results****....Event 943 M55 1000 Meter Run Indoor Pentathlon**

2 #	965 Wardle, James	M55 Unattached	4:06.94	428
3 #	604 McQuitter, Keith	M59 Shore Athletic Club	4:07.67	423
4 #	8 Allaire, John	M59 Unattached	4:19.60	347
-- #	840 Shell, Bradley	M55 Unattached	DNF	

Event 946 M60 Indoor Pentathlon

USA: R 4006

WMA: W 4409

Name	Age Team	Finals	H#	Points
1 # 795 Ruebel, Noel	M62 Unattached	3366		8
2 # 25 Anton, Eugene	M61 So Cal Track Club	3257		6
3 # 14 Allen, Rick	M62 Unattached	3026		4
4 # 592 McGovern, Kevin	M60 Unattached	2800		3
5 # 600 McLawhorn, David	M64 So Cal Track Club	2637		2
6 # 555 Markley, Anthony	M64 Potomac Vall	2523		1

Event 946 Indoor Pentathlon: #1 M60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	H#	Points
1 # 25 Anton, Eugene	M61 So Cal Track Club	9.90	2	925
2 # 795 Ruebel, Noel	M62 Unattached	10.46	1	813
3 # 555 Markley, Anthony	M64 Potomac Vall	11.59	2	611
4 # 592 McGovern, Kevin	M60 Unattached	11.65	2	601
5 # 14 Allen, Rick	M62 Unattached	11.82	1	574
6 # 600 McLawhorn, David	M64 So Cal Track Club	12.05	1	537

Event 946 Indoor Pentathlon: #2 M60 Long Jump Indoor Pentathlon

Runway B

Name	Age Team	Finals	Points
1 # 25 Anton, Eugene	M61 So Cal Track Club	4.33m	606
3.97m 4.33m PASS			
2 # 555 Markley, Anthony	M64 Potomac Vall	4.30m	597
3.63m 4.08m 4.30m			
3 # 14 Allen, Rick	M62 Unattached	4.23m	576
4.23m FOUL 4.11m			
4 # 600 McLawhorn, David	M64 So Cal Track Club	4.18m	561
3.97m 4.15m 4.18m			
5 # 795 Ruebel, Noel	M62 Unattached	4.11m	540
4.11m 4.06m 4.02m			
6 # 592 McGovern, Kevin	M60 Unattached	3.67m	413
3.67m 3.55m PASS			

Event 946 Indoor Pentathlon: #3 M60 Shot Put Indoor Pentathlon

Circle B

Name	Age Team	Finals	Points
1 # 795 Ruebel, Noel	M62 Unattached	12.46m	824
12.46m 12.35m 11.52m			

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

**JDL
Results**

....Event 946 Indoor Pentathlon: #3 M60 Shot Put Indoor Pentathlon

2 #	25 Anton, Eugene	M61 So Cal Track Club	10.49m	673
	10.49m 10.48m 10.06m			
3 #	600 McLawhorn, David	M64 So Cal Track Club	9.97m	633
	9.53m 9.97m 9.24m			
4 #	14 Allen, Rick	M62 Unattached	9.57m	603
	8.88m 9.57m 9.12m			
5 #	555 Markley, Anthony	M64 Potomac Vall	7.51m	448
	6.94m 7.18m 7.51m			
6 #	592 McGovern, Kevin	M60 Unattached	7.27m	430
	FOUL 7.27m FOUL			

Event 946 Indoor Pentathlon: #4 M60 High Jump Indoor Pentathlon

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Apron A

Name	Age Team	Finals	Points
1 # 14 Allen, Rick	M62 Unattached	1.48m	731
		1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51	
		PPP PPP PPP PPP PPP PPP PPP O O O O XO XXX	
1 # 795 Ruebel, Noel	M62 Unattached	1.48m	731
		1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51	
		PPP PPP PPP PPP PPP PPP PPP PPP O XO O O XXX	
1 # 25 Anton, Eugene	M61 So Cal Track Club	1.48m	731
		1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51	
		PPP PPP PPP O O O O XO O XXO XXO XXO XXX	
4 # 592 McGovern, Kevin	M60 Unattached	1.39m	636
		1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42	
		PPP PPP PPP PPP PPP O O O XO XXX	
5 # 555 Markley, Anthony	M64 Potomac Vall	1.30m	536
		1.15 1.18 1.21 1.24 1.27 1.30 1.33	
		PPP O O O O XO XXX	
6 # 600 McLawhorn, David	M64 So Cal Track Club	1.24m	472
		1.15 1.18 1.21 1.24 1.27	
		O O O XXO XXX	

Event 946 Indoor Pentathlon: #5 M60 1000 Meter Run Indoor Pentathlon

=====
Name Age Team Finals Points

1 # 592 McGovern, Kevin	M60 Unattached	3:38.90	720
2 # 14 Allen, Rick	M62 Unattached	4:02.30	542
3 # 795 Ruebel, Noel	M62 Unattached	4:14.53	458
4 # 600 McLawhorn, David	M64 So Cal Track Club	4:18.22	434
5 # 555 Markley, Anthony	M64 Potomac Vall	4:35.27	331
6 # 25 Anton, Eugene	M61 So Cal Track Club	4:36.88	322

Event 947 M65 Indoor Pentathlon

USA: R 4165
WMA: W 4637

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Name Age Team Finals H# Points

1 # 920 *Thompson, Peter	M69 Great Britai	X3911	
2 # 690 Ortman, David	M65 Unattached	3792	8
3 # 437 Jacquet-Acea, Rus	M66 Club Northwest	3494	6

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Results****....Event 947 M65 Indoor Pentathlon**

4 #	737 Price, Stephen	M65 Santa Barbar	3264	4
5 #	495 Lacey, Kenneth	M65 Unattached	3253	3
6 #	549 Malin, James	M67 Balboa Track Club	2550	2
7 #	567 Mathis, William	M66 Potomac Vall	2290	1
8 #	84 Black, David	M66 Unattached	2228	
9 #	925 Tinsman, Thomas	M66 TNT Internat	2118	
10 #	746 Ransom, William	M65 TNT Internat	1761	

Event 947 Indoor Pentathlon: #1 M65 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	H#	Points
1 # 437 Jacquet-Acea, Rus	M66 Club Northwest	10.21	2	954
2 # 690 Ortman, David	M65 Unattached	10.31	2	935
3 # 495 Lacey, Kenneth	M65 Unattached	11.18	1	772
4 # 737 Price, Stephen	M65 Santa Barbar	11.90	1	650
5 # 84 Black, David	M66 Unattached	11.95	1	642
6 # 549 Malin, James	M67 Balboa Track Club	12.15	2	609
7 # 925 Tinsman, Thomas	M66 TNT Internat	12.64	2	533
8 # 746 Ransom, William	M65 TNT Internat	13.24	1	447
9 # 567 Mathis, William	M66 Potomac Vall	13.73	2	382
-- # 920 *Thompson, Peter	M69 Great Britai	X10.36	1	925

Event 947 Indoor Pentathlon: #2 M65 Long Jump Indoor Pentathlon

Runway B				
Name	Age Team	Finals	Points	
1 # 690 Ortman, David	M65 Unattached	4.58m	802	
4.52m 4.42m 4.58m				
2 # 437 Jacquet-Acea, Rus	M66 Club Northwest	4.27m	693	
3.97m 4.22m 4.27m				
3 # 737 Price, Stephen	M65 Santa Barbar	4.23m	679	
3.93m 4.23m 4.11m				
4 # 495 Lacey, Kenneth	M65 Unattached	4.15m	652	
3.47m 4.15m 3.83m				
5 # 549 Malin, James	M67 Balboa Track Club	3.81m	540	
3.72m FOUL 3.81m				
6 # 567 Mathis, William	M66 Potomac Vall	3.80m	537	
3.48m 3.46m 3.80m				
7 # 746 Ransom, William	M65 TNT Internat	3.72m	510	
FOUL 3.48m 3.72m				
8 # 84 Black, David	M66 Unattached	3.62m	479	
3.62m 3.46m 3.50m				
9 # 925 Tinsman, Thomas	M66 TNT Internat	3.48m	437	
3.41m 3.39m 3.48m				
-- # 920 *Thompson, Peter	M69 Great Britai	X4.59m	807	
4.16m 4.47m 4.59m				

Event 947 Indoor Pentathlon: #3 M65 Shot Put Indoor Pentathlon

Circle B				
Name	Age Team	Finals	Points	

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....Event 947 Indoor Pentathlon: #3 M65 Shot Put Indoor Pentathlon

1 #	549 Malin, James	M67 Balboa Track Club	11.26m	809
	10.93m 11.26m 10.94m			
2 #	925 Tinsman, Thomas	M66 TNT Internat	9.54m	666
	9.39m 9.54m 9.50m			
3 #	737 Price, Stephen	M65 Santa Barbar	9.43m	657
	FOUL 9.43m 8.69m			
4 #	495 Lacey, Kenneth	M65 Unattached	9.22m	639
	8.76m 8.78m 9.22m			
5 #	690 Ortman, David	M65 Unattached	8.79m	604
	8.70m 8.68m 8.79m			
6 #	437 Jacquet-Acea, Rus	M66 Club Northwest	8.57m	586
	8.37m FOUL 8.57m			
7 #	567 Mathis, William	M66 Potomac Vall	8.20m	555
	7.84m 8.14m 8.20m			
8 #	84 Black, David	M66 Unattached	7.28m	480
	7.05m 7.28m 7.03m			
9 #	746 Ransom, William	M65 TNT Internat	7.20m	473
	FOUL 7.20m FOUL			
-- #	920 *Thompson, Peter	M69 Great Britai	X10.24m	724
	9.57m 10.24m 10.05m			

Event 947 Indoor Pentathlon: #4 M65 High Jump Indoor Pentathlon

Apron B

Name	Age Team	Finals	Points
1 # 690 Ortman, David	M65 Unattached	1.45m	813
0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O PPP XO O XO XO XO XPP	
2 # 495 Lacey, Kenneth	M65 Unattached	1.39m	731
0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O O O XO O XXO O XXX	
2 # 737 Price, Stephen	M65 Santa Barbar	1.39m	731
0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		PPP XO PPP O XXO O XXO XXX	
4 # 437 Jacquet-Acea, Rus	M66 Club Northwest	1.33m	661
0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		PPP PPP PPP O PPP O O XXX	
5 # 84 Black, David	M66 Unattached	1.30m	627
0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		PPP PPP O PPP O O O XXX	
5 # 567 Mathis, William	M66 Potomac Vall	1.30m	627
0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		O PPP PPP XO O O O XXX	
7 # 549 Malin, James	M67 Balboa Track Club	1.21m	520
0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24			
PPP PPP PPP PPP PPP PPP PPP O O PPP O O O O O O XXX			
8 # 925 Tinsman, Thomas	M66 TNT Internat	1.15m	457
0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18			
PPP PPP PPP PPP PPP PPP PPP O O O O O O O O XXX			
9 # 746 Ransom, William	M65 TNT Internat	1.03m	331
0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09			
PPP PPP PPP PPP XO O XO XO O O O XPP R			
-- # 920 *Thompson, Peter	M69 Great Britai	X1.39m	731
0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP		PPP PPP PPP O O XXO XXO XXX	

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Results****Event 947 Indoor Pentathlon: #5 M65 1000 Meter Run Indoor Pentathlon**

Name	Age Team	Finals	Points
1 # 690 Ortman, David	M65 Unattached	4:01.70	638
2 # 437 Jacquet-Acea, Rus	M66 Club Northwest	4:06.97	600
3 # 737 Price, Stephen	M65 Santa Barbar	4:14.53	547
4 # 495 Lacey, Kenneth	M65 Unattached	4:28.11	459
5 # 567 Mathis, William	M66 Potomac Vall	5:19.90	189
6 # 549 Malin, James	M67 Balboa Track Club	5:54.09	72
7 # 925 Tinsman, Thomas	M66 TNT Internat	6:15.71	25
-- # 84 Black, David	M66 Unattached	DNF	
-- # 746 Ransom, William	M65 TNT Internat	DNF	
-- # 920 *Thompson, Peter	M69 Great Britai	X3:50.15	724

Event 948 M70 Indoor Pentathlon

Name	Age Team	Finals	H#	Points
70 USA: R		4140		
70 WMA: W		4575		
1 # 838 Sharps, Jim	M74 TNT Internat	2944		8
2 # 334 Green, Bob	M70 Unattached	2895		6
3 # 85 Black, Ivan	M70 Shore Athletic Club	2687		4
4 # 628 Monesmith, Freder	M70 Shore Athletic Club	2562		3
5 # 364 Harmon, Richard	M70 Unattached	2350		2

Event 948 M75 Indoor Pentathlon

Name	Age Team	Finals	H#	Points
75 USA: R		4284		
75 WMA: W		4239		
1 # 1020 Wuth, William	M78 Atlanta Track Club	2571		8
2 # 556 Marovich, David	M75 Philadelphia	1642		6
3 # 755 Rhoad Jr, William	M77 Philadelphia	903		4

Event 948 M80 Indoor Pentathlon

Name	Age Team	Finals	H#	Points
80 USA: R		4349		
80 WMA: W		4471		
1 # 954 Vergin, Roger	M81 Club Northwest	2015		8

Event 948 M85 Indoor Pentathlon

Name	Age Team	Finals	H#	Points
85 USA: R		3112		
85 WMA: W		3085		
1 # 443 Jankovich, Willia	M85 Unattached	2775		8
2 # 393 Hewitt, Robert	M85 Unattached	2444		6

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Results****Event 948 M70 60 Meter Hurdles Indoor Pentathlon**

Name	Age Team	Finals	H#	Points
1 # 838 Sharps, Jim	M74 TNT Internat	11.07	3	851
2 # 628 Monesmith, Freder	M70 Shore Athletic Club	11.89	3	707
3 # 334 Green, Bob	M70 Unattached	11.89	3	707
4 # 85 Black, Ivan	M70 Shore Athletic Club	12.94	3	543
5 # 364 Harmon, Richard	M70 Unattached	13.33	3	488

Event 948 M75 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	H#	Points
1 # 1020 Wuth, William	M78 Atlanta Track Club	14.29	2	454
2 # 556 Marovich, David	M75 Philadelphia	15.61	2	302
-- # 755 Rhoad Jr, William	M77 Philadelphia	DNF	2	

Event 948 M80 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
-- # 954 Vergin, Roger	M81 Club Northwest	DNF	

Event 948 M85 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 443 Jankovich, Willia	M85 Unattached	15.67	601
2 # 393 Hewitt, Robert	M85 Unattached	22.41	53

Event 948 M70 Long Jump Indoor Pentathlon

Runway A				
Name	Age Team	Finals	Points	
1 # 838 Sharps, Jim	M74 TNT Internat	3.75m	626	
		3.70m 3.61m 3.75m		
2 # 364 Harmon, Richard	M70 Unattached	3.56m	556	
		FOUL FOUL 3.56m		
3 # 85 Black, Ivan	M70 Shore Athletic Club	3.50m	535	
		3.50m 3.48m 3.43m		
4 # 628 Monesmith, Freder	M70 Shore Athletic Club	3.33m	477	
		3.33m 3.20m 3.18m		
5 # 334 Green, Bob	M70 Unattached	3.06m	390	
		2.97m 2.83m 3.06m		

Event 948 M75 Long Jump Indoor Pentathlon

Runway A				
Name	Age Team	Finals	Points	
1 # 1020 Wuth, William	M78 Atlanta Track Club	3.35m	593	
		3.35m 3.31m 2.92m		
2 # 556 Marovich, David	M75 Philadelphia	2.46m	278	
		2.46m 1.94m 2.23m		

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...Event 948 M75 Long Jump Indoor Pentathlon

3 #	755 Rhoad Jr, William	M77 Philadelphia	1.77m	88
	1.77m	FOUL	1.69m	

Event 948 M80 Long Jump Indoor Pentathlon

Runway A				
	Name	Age Team	Finals	Points
1 #	954 Vergin, Roger	M81 Club Northwest	3.29m	704
	3.18m	3.29m	3.23m	

Event 948 M85 Long Jump Indoor Pentathlon

Runway A				
	Name	Age Team	Finals	Points
1 #	393 Hewitt, Robert	M85 Unattached	3.10m	781
	2.91m	3.10m	2.99m	
2 #	443 Jankovich, Willia	M85 Unattached	2.34m	417
	2.21m	FOUL	2.34m	

Event 948 M70 Shot Put Indoor Pentathlon

Circle B				
	Name	Age Team	Finals	Points
1 #	334 Green, Bob	M70 Unattached	11.73m	791
	10.85m	10.07m	11.73m	
2 #	628 Monesmith, Freder	M70 Shore Athletic Club	10.90m	725
	10.90m	FOUL	10.86m	
3 #	364 Harmon, Richard	M70 Unattached	8.44m	534
	8.29m	8.44m	7.94m	
4 #	85 Black, Ivan	M70 Shore Athletic Club	7.42m	456
	6.87m	7.42m	7.23m	
5 #	838 Sharps, Jim	M74 TNT Internat	7.10m	431
	FOUL	7.10m	FOUL	

Event 948 M75 Shot Put Indoor Pentathlon

Circle B				
	Name	Age Team	Finals	Points
1 #	556 Marovich, David	M75 Philadelphia	8.10m	566
	7.73m	7.78m	8.10m	
2 #	1020 Wuth, William	M78 Atlanta Track Club	7.35m	502
	7.35m	7.25m	7.05m	
3 #	755 Rhoad Jr, William	M77 Philadelphia	6.53m	434
	6.45m	6.53m	6.51m	

Event 948 M80 Shot Put Indoor Pentathlon

Circle B				
	Name	Age Team	Finals	Points

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

**JDL
Results**

....Event 948 M80 Shot Put Indoor Pentathlon

1 # 954 Vergin, Roger M81 Club Northwest 7.59m 571
7.28m 7.59m 7.49m

Event 948 M85 Shot Put Indoor Pentathlon

Circle B

Name	Age Team	Finals	Points
1 # 393 Hewitt, Robert	M85 Unattached	8.17m	714
7.94m 8.17m 7.92m			
2 # 443 Jankovich, Willia	M85 Unattached	7.80m	676
7.25m 7.80m 7.73m			

Event 948 M70 High Jump Indoor Pentathlon

Apron A

Name	Age Team	Finals	Points
1 # 838 Sharps, Jim	M74 TNT Internat	1.27m	696
0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27 1.30			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XXX			
2 # 85 Black, Ivan	M70 Shore Athletic Club	1.24m	653
0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27			
PPP PPP PPP PPP PPP PPP PPP PPP O O O O XXO XXX			
2 # 628 Monesmith, Freder	M70 Shore Athletic Club	1.24m	653
0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O XO O XXX			
4 # 334 Green, Bob	M70 Unattached	1.21m	619
0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24			
PPP PPP PPP PPP PPP PPP PPP XO O O XO XO XXX			
4 # 364 Harmon, Richard	M70 Unattached	1.21m	619
0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XXX			

Event 948 M75 High Jump Indoor Pentathlon

Apron A

Name	Age Team	Finals	Points
1 # 1020 Wuth, William	M78 Atlanta Track Club	1.12m	610
0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15			
PPP PPP PPP PPP PPP PPP O XO O XXX			
2 # 556 Marovich, David	M75 Philadelphia	1.03m	496
0.88 0.91 0.94 0.97 1.00 1.03 1.06			
PPP PPP PPP PPP O O XXX			
3 # 755 Rhoad Jr, William	M77 Philadelphia	0.94m	381
0.88 0.91 0.94 0.97			
O O XO XXX			

Event 948 M80 High Jump Indoor Pentathlon

Apron A

Name	Age Team	Finals	Points
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....Event 948 M80 High Jump Indoor Pentathlon

1 #	954 Vergin, Roger	M81 Club Northwest	1.12m	740
	0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15			
	PPP PPP PPP PPP O PPP O XO XO XXX			

Event 948 M85 High Jump Indoor Pentathlon

Apron A

Name	Age Team	Finals	Points
1 # 393 Hewitt, Robert	M85 Unattached	1.12m	896
	0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15		
	PPP PPP O O O O XO O XO XXX		
2 # 443 Jankovich, Willia	M85 Unattached	1.00m	687
	0.88 0.91 0.94 0.97 1.00 1.03		
	XO O O O O XXX		

Event 948 M70 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 85 Black, Ivan	M70 Shore Athletic Club	4:38.16	500
2 # 334 Green, Bob	M70 Unattached	4:57.56	388
3 # 838 Sharps, Jim	M74 TNT Internat	5:06.77	340
4 # 364 Harmon, Richard	M70 Unattached	5:49.70	153
-- # 628 Monesmith, Freder	M70 Shore Athletic Club	DNF	

Event 948 M75 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 1020 Wuth, William	M78 Atlanta Track Club	5:16.57	412
-- # 556 Marovich, David	M75 Philadelphia	DNF	
-- # 755 Rhoad Jr, William	M77 Philadelphia	DNF	

Event 948 M80 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
-- # 954 Vergin, Roger	M81 Club Northwest	DNF	

Event 948 M85 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Points
1 # 443 Jankovich, Willia	M85 Unattached	6:49.22	394
-- # 393 Hewitt, Robert	M85 Unattached	DNF	

Event 958 M30 4x800 Meter Relay Club

Team	Finals	H#	Points
1 Atlanta Track Club 'A'	11:16.21	2	8

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....Event 958 M30 4x800 Meter Relay Club

1) #889 Stasulis, Jerry 34	2) #879 Spencer, Mike 59			
3) #144 Cannon, David 54	4) #789 Rosa Jr, Almir 51			
42.271 (42.271)	1:24.939 (42.668)	2:10.122 (45.184)	2:57.456 (47.335)	
3:41.758 (44.302)	4:29.359 (47.602)	5:18.675 (49.316)	6:06.754 (48.079)	
6:43.908 (37.155)	7:23.056 (39.149)	8:04.398 (41.342)	8:46.942 (42.545)	
9:21.977 (35.035)	9:58.879 (36.903)	10:38.637 (39.758)	11:16.207 (37.570)	

Event 958 M35 4x800 Meter Relay Club

35 USA: R 7:55.13
35 WMA: W 7:54.51

Team	Finals	H#	Points
1 TNT International Racing Club 'A'	9:35.35	2	8
1) #433 Jackson, Michael 46	2) #918 Thompson, La Roi 39		
3) #504 Lanier, Kyle 46	4) #502 Lanier, Kareem 46		
34.395 (34.395)	1:10.165 (35.770)	1:47.101 (36.936)	2:23.464 (36.363)
2:56.065 (32.602)	3:34.169 (38.104)	4:12.938 (38.770)	4:48.377 (35.440)
5:19.424 (31.047)	5:54.777 (35.354)	6:31.490 (36.714)	7:06.336 (34.846)
7:40.104 (33.769)	8:17.199 (37.095)	8:56.914 (39.715)	9:35.343 (38.430)
2 Piedmont Pacers Track Club 'A'	10:47.92	2	6
1) #408 Holtry, Matthew 40	2) #375 Hassin, Bryan 39		
3) #316 Gobble, Kevin 43	4) #695 Pack Jr, Rick 38		
38.475 (38.475)	1:18.466 (39.991)	1:59.702 (41.236)	2:41.779 (42.077)
3:18.913 (37.135)	3:59.492 (40.580)	4:43.896 (44.405)	5:29.001 (45.105)
6:10.803 (41.802)	6:51.823 (41.020)	7:33.121 (41.299)	8:14.750 (41.630)
8:46.590 (31.840)	9:22.814 (36.225)	10:01.811 (38.997)	10:47.918 (46.107)
3 Potomac Valley Track Club 'A'	11:53.20	2	4
1) #3 Adeleke, Anthony 37	2) #591 McGinley, Patrick 40		
3) #960 Walchinsky, Mark 40	4) #929 Todd Sr, Blair 41		
39.253 (39.253)	1:20.643 (41.390)	2:09.074 (48.432)	3:01.873 (52.799)
3:42.447 (40.575)	4:32.885 (50.439)	5:27.056 (54.171)	6:25.035 (57.980)
7:00.401 (35.366)	7:37.933 (37.532)	8:13.439 (35.506)	8:50.895 (37.457)
9:32.814 (41.919)	10:18.526 (45.713)	11:05.458 (46.932)	11:53.194 (47.736)

Event 958 M40 4x800 Meter Relay Club

40 USA: R 8:07.48
40 WMA: W 7:49.90

Team	Finals	H#	Points
1 TNT International Racing Club 'A'	11:04.00	2	8
1) #654 Murdock, Daniel 44	2) #506 Latsch, Michael 47		
3) #469 Keese, Mark 57	4) #266 Exantus, Ulrick 52		
38.323 (38.323)	1:18.320 (39.998)	1:59.321 (41.001)	2:34.423 (35.102)
3:11.786 (37.364)	3:53.761 (41.975)	4:39.305 (45.545)	5:22.311 (43.006)
6:05.299 (42.988)	6:51.218 (45.920)	7:38.182 (46.965)	8:22.428 (44.246)
9:01.465 (39.038)	9:44.399 (42.935)	10:26.569 (42.170)	11:03.991 (37.422)

Event 958 M45 4x800 Meter Relay Club

Team	Finals	H#	Points
1 Potomac Valley Track Club 'A'	12:02.12	2	8
1) #166 Chasse, Craig 49	2) #360 Hannan Jr, Michael 50		

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....Event 958 M45 4x800 Meter Relay Club

3) #498 LaMay, David 52	4) #627 Molteni, Ronald 53		
37.645 (37.645)	1:16.450 (38.805)	1:57.513 (41.063)	2:40.445 (42.933)
3:19.360 (38.915)	4:03.443 (44.083)	4:52.743 (49.300)	5:43.578 (50.835)
6:28.832 (45.255)	7:20.484 (51.652)	8:14.184 (53.701)	9:04.649 (50.465)
9:48.529 (43.881)	10:32.827 (44.298)	11:18.614 (45.788)	12:02.113 (43.499)

Event 958 M50 4x800 Meter Relay Club

50 USA: R 9:02.56
50 WMA: W 8:32.95

Team	Finals	H#	Points
1 Garmin Runners 'A'	10:27.75	2	8
1) #613 Metz, Thomas 53	2) #359 Hanlon, John 53		
3) #149 Carlson Jr, Richard 52	4) #204 Crowley, Brian 54		
35.860 (35.860)	1:13.109 (37.250)	1:53.509 (40.400)	2:36.939 (43.430)
3:12.491 (35.552)	3:51.410 (38.920)	4:33.080 (41.670)	5:15.084 (42.004)
5:51.992 (36.909)	6:33.881 (41.890)	7:18.349 (44.469)	8:02.118 (43.769)
8:36.801 (34.684)	9:12.919 (36.118)	9:50.759 (37.841)	10:27.748 (36.989)
2 So Cal Track Club 'A'	12:11.23	2	6
1) #260 Enicks IV, William 59	2) #970 Watry, James 56		
3) #600 McLawhorn, David 64	4) #646 Morrow, Art 54		
36.803 (36.803)	1:16.871 (40.069)	1:58.706 (41.835)	2:40.520 (41.815)
3:19.405 (38.885)	3:58.862 (39.457)	4:38.342 (39.480)	5:18.975 (40.634)
6:03.594 (44.619)	6:52.850 (49.257)	7:44.101 (51.251)	8:37.330 (53.230)
9:26.214 (48.884)	10:20.674 (54.460)	11:16.280 (55.607)	12:11.226 (54.946)
-- Athletics East Track Club 'A'	DQ	2	
1) #662 Neff, Mark 56	2) #202 Crelli, Stephen 59		
3) #63 Becker Jr, Bruce 57	4) #45 Bandettini, Peter 53		
38.760 (38.760)	1:16.623 (37.863)	1:53.357 (36.735)	2:29.997 (36.640)
3:07.155 (37.159)	3:45.799 (38.644)	4:25.719 (39.921)	5:04.916 (39.197)
5:42.565 (37.650)	6:23.021 (40.456)	7:07.440 (44.420)	7:41.063 (33.623)
8:16.833 (35.770)	8:53.103 (36.270)	9:31.437 (38.335)	10:23.365 (51.929)

Event 958 M55 4x800 Meter Relay Club

Team	Finals	Points
1 Potomac Valley Track Club 'A'	12:57.06	8
1) #240 Drait, Bob 64	2) #145 Cannon, Mike 61	
3) #27 Arcand Jr, Albert 63	4) #733 Poulos, Ted 57	
41.712 (41.712)	1:29.984 (48.272)	2:21.544 (51.560)
3:56.075 (43.660)	4:47.616 (51.541)	5:42.925 (55.310)
7:30.265 (51.589)	8:22.519 (52.255)	9:15.960 (53.441)
10:47.982 (38.981)	11:29.221 (41.240)	12:12.991 (43.770)
		12:57.051 (44.061)

Event 958 M60 4x800 Meter Relay Club

60 USA: R 9:55.96
60 WMA: W 9:50.90

Team	Finals	Points
1 Genesee Valley Harriers 'A'	11:13.92	8
1) #758 Riccardi, Timothy 60	2) #95 Bond, Ric 61	
3) #802 Rybinski, Mark 63	4) #602 McMullen, Tim 66	
38.501 (38.501)	1:18.360 (39.859)	1:59.708 (41.349)
3:20.674 (38.301)	4:02.920 (42.246)	4:47.426 (44.507)
6:17.067 (45.424)	7:03.260 (46.193)	7:47.571 (44.312)
9:08.672 (39.449)	9:50.214 (41.542)	10:32.520 (42.306)
		11:13.913 (41.394)

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JDL
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Event 958 M65 4x800 Meter Relay Club

Team	Finals	Points
1 Atlanta Track Club 'A'	14:57.49	8
1) #664 Neovakul, Vasan 68	2) #89 Bligh Jr, Ed 76	
3) #940 Turner Sr, David 79	4) #519 Lenahan, Joseph 72	
43.289 (43.289)	1:27.895 (44.606)	2:14.091 (46.197)
3:51.964 (51.193)	4:50.579 (58.615)	5:51.788 (1:01.210)
7:48.661 (1:00.366)	8:51.951 (1:03.290)	9:56.970 (1:05.020)
11:55.856 (57.800)	12:55.609 (59.753)	13:57.640 (1:02.031)
		14:57.481 (59.841)
2 Potomac Valley Track Club 'A'	15:37.37	6
1) #995 Williams, Dan 69	2) #567 Mathis, William 66	
3) #1011 Wind, Jay 69	4) #418 Hower, Richard 67	
52.551 (52.551)	1:57.751 (1:05.200)	3:13.760 (1:16.009)
5:23.656 (56.028)	6:27.742 (1:04.086)	7:36.357 (1:08.615)
9:30.421 (54.649)	10:29.301 (58.880)	11:30.858 (1:01.558)
13:17.293 (46.869)	14:04.472 (47.180)	14:51.631 (47.159)
		15:37.365 (45.735)

Event 958 M70 4x800 Meter Relay Club

70 USA: R 11:37.51		
70 WMA: W 11:33.66		
Team	Finals	Points
1 Atlanta Track Club 'B'	13:16.26	8
1) #513 Learned, Jerry 70	2) #284 Flynn, Mark 70	
3) #70 Benedict, Sam 72	4) #313 Glass, Dave 72	
43.660 (43.660)	1:28.206 (44.547)	2:14.586 (46.380)
3:47.978 (47.116)	4:38.517 (50.540)	5:29.716 (51.200)
7:07.761 (47.774)	7:59.133 (51.373)	8:52.943 (53.810)
10:34.936 (47.803)	11:28.151 (53.216)	12:22.209 (54.058)
		13:16.254 (54.045)
2 Potomac Valley Track Club 'A'	20:05.09	6
1) #975 Weiner, Robert 71	2) #258 Elliott, John 80	
3) #195 Copeland, Terry 81	4) #146 Cantu, Inocencio 85	
57.499 (57.499)	2:00.145 (1:02.646)	3:07.356 (1:07.211)
5:12.080 (1:02.066)	6:20.406 (1:08.327)	7:30.135 (1:09.729)
10:01.410 (1:22.531)	11:32.069 (1:30.660)	13:14.404 (1:42.335)
16:13.638 (1:17.570)	17:32.108 (1:18.470)	18:48.967 (1:16.860)
		20:05.085 (1:16.118)
-- Atlanta Track Club 'A'	DNF	
1) #851 Sloan, John 79	2) #633 Moore, Alan 73	
3) #245 Dubow, Joel 76	4) #999 Williams, Morris 74	
1:08.920 (1:08.920)	2:31.264 (1:22.345)	

Event 958 M75 4x800 Meter Relay Club

Team	Finals	Points
1 Atlanta Track Club 'A'	18:04.54	8
1) #584 McDonald, Maurice 78	2) #648 Motz, Fred 80	
3) #1020 Wuth, William 78	4) #617 Miller, Gerald 76	
1:00.703 (1:00.703)	2:05.994 (1:05.291)	3:09.685 (1:03.691)
5:18.550 (1:02.573)	6:29.713 (1:11.164)	7:44.356 (1:14.643)
9:58.336 (1:02.200)	11:03.592 (1:05.256)	12:11.039 (1:07.447)
14:19.637 (1:07.919)	15:33.750 (1:14.113)	16:49.442 (1:15.693)
		18:04.531 (1:15.090)

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

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Event 959 M40 4x800 Meter Relay Non Club

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40 USA: R 7:49.90

40 WMA: W 7:49.90

Team Finals

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1 Non Club 'A' 9:23.77

1) #16 Almarode, Andy 43 2) #898 Stewart, Tim 49

3) #280 Flanigan, Robert 42 4) #691 Oxendine Jr, Andrew 45

Event 959 M50 4x800 Meter Relay Non Club

=====

50 USA: R 8:32.95

50 WMA: W 8:32.95

Team Finals

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1 Non Club 'A' 9:50.07

1) #329 Grandfield, Scott 53 2) #130 Burdett, Francis 54

3) #571 Mayberry, Bryan 55 4) #601 McManus, Mike 53

Event 959 M65 4x800 Meter Relay Non Club

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Team Finals

=====

1 Non Club 'B' 12:52.24

1) #742 Qualls, Robert 66 2) #707 Pate, Ronald 72

3) #672 Nolan, Harold 71 4) #85 Black, Ivan 70

Event 960 M35 4x400 Meter Relay Non Club

=====

35 USA: R 3:22.03

35 WMA: W 3:22.03

Team Finals

=====

1 Non Club 'A' 3:46.02

1) #915 Thomas, Jeff 37 2) #254 Echols, Antoine 36

3) #1010 Wimmer, Kyle 38 4) #554 Marenin, Roman 35

Event 960 M50 4x400 Meter Relay Non Club

=====

50 USA: R 3:39.27

50 WMA: W 3:39.27

Team Finals

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1 Non Club 'B' 4:22.11

1) #329 Grandfield, Scott 53 2) #403 Hoff, Timothy 53

3) #138 Cakouros, Jason 53 4) #846 Siriano, Scott 52

Event 960 M65 4x400 Meter Relay Non Club

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Team Finals

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1 Non Club 'C' 4:24.16

1) #820 Schoffman, Jim 65 2) #909 Taft, Tucker 65

3) #871 Somerville, Edward 67 4) #379 Haywood, George 66

2 Non Club 'D' 5:41.46

1) #263 Etter, James 72 2) #142 Campbell, Scott 67

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Results****....Event 960 M65 4x400 Meter Relay Non Club**

3) #871 Somerville, Edward 67 4) #974 Webb, Schuyler 67

Event 960 M70 4x400 Meter Relay Non Club

70 USA: R 4:26.15

70 WMA: W 4:26.15

Team

Finals

1 Non Club 'E'

6:31.17

1) #707 Pate, Ronald 72

2) #686 Olson, Randall 71

3) #620 *Mintz, Bruce 72

4) #85 Black, Ivan 70

Event 960 M80 4x400 Meter Relay Non Club

80 USA: R 7:20.95

80 WMA: W 6:06.23

Team

Finals

1 Non Club 'F'

7:07.88R

1) #196 Cordero, Joe 80

2) #412 Hosken, William 81

3) #877 Spencer, Bill 82

4) #799 Rush, C Christopher 82

Event 968 M30 4x400 Meter Relay Club

Team

Finals H# Points

1 Atlanta Track Club 'A'

4:51.76 5 8

1) #889 Stasulis, Jerry 34

2) #990 Wilkes, David 59

3) #144 Cannon, David 54

4) #789 Rosa Jr, Almir 51

Event 968 M35 4x400 Meter Relay Club

35 USA: R 3:33.28

35 WMA: W 3:22.03

Team

Finals H# Points

1 Southwest Sprinters Track Club 'A'

3:49.25 5 8

1) #221 Delisle, Rawle 44

2) #337 Green Jr, Gerald 37

3) #249 Dunn, Durran 37

4) #175 Clark, Dedrick 40

2 Piedmont Pacers Track Club 'B'

4:21.38 5 6

1) #408 Holtry, Matthew 40

2) #375 Hassin, Bryan 39

3) #316 Gobble, Kevin 43

4) #695 Pack Jr, Rick 38

3 TNT International Racing Club 'A'

4:45.97 5 4

1) #918 Thompson, La Roi 39

2) #32 Ash, David 48

3) #469 Keese, Mark 57

4) #506 Latsch, Michael 47

4 Potomac Valley Track Club 'A'

4:55.83 5 3

1) #960 Walchinsky, Mark 40

2) #498 LaMay, David 52

3) #190 Collins, Manley 42

4) #591 McGinley, Patrick 40

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****Event 968 M40 4x400 Meter Relay Club**

40 USA: R 3:25.04

40 WMA: W 3:25.04

Team	Finals	H#	Points
1 So Cal Track Club 'A'	3:51.40	4	8
1) #163 Chambers, Keith 40	2) #757 Rhodes, Jason 46		
3) #921 Thorne, Gavin 47	4) #605 Mcrae, Robert 44		
2 TNT International Racing Club 'B'	3:53.91	4	6
1) #433 Jackson, Michael 46	2) #502 Lanier, Kareem 46		
3) #504 Lanier, Kyle 46	4) #654 Murdock, Daniel 44		
3 Greater Philadelphia TC 'A'	4:00.37	4	4
1) #491 Kruelle, Chuck 51	2) #135 Butler, Brock 41		
3) #231 Dinkins Sr, Delvin 47	4) #825 Schwartz, Robert 49		

Event 968 M45 4x400 Meter Relay Club

Team	Finals	H#	Points
1 Atlanta Track Club 'B'	4:58.47	4	8
1) #264 Evans, LanceLot 58	2) #879 Spencer, Mike 59		
3) #821 Scholtz, Michael 53	4) #664 Neovakul, Vasana 68		
2 Potomac Valley Track Club 'B'	5:20.63	4	6
1) #807 Samiec, James 52	2) #145 Cannon, Mike 61		
3) #360 Hannan Jr, Michael 50	4) #166 Chasse, Craig 49		

Event 968 M50 4x400 Meter Relay Club

50 USA: R 3:39.27

50 WMA: W 3:39.27

Team	Finals	H#	Points
1 TNT International Racing Club 'C'	4:35.03	3	8
1) #54 Barrett, Owen 56	2) #899 Stone, Eddie 61		
3) #266 Exantus, Ulrick 52	4) #296 Friend Sr, Byron 60		

Event 968 M55 4x400 Meter Relay Club

Team	Finals	H#	Points
1 Greater Philadelphia TC 'B'	4:24.39	3	8
1) #857 Smith, Duncan 60	2) #842 Shields III, Charles 59		
3) #192 Conheady, Timothy 62	4) #747 Rash, Bruce 57		
2 So Cal Track Club 'B'	4:51.18	3	6
1) #260 Enicks IV, William 59	2) #970 Watry, James 56		
3) #180 Cleary, Mark 60	4) #1015 Wood, Blake 60		

Event 968 M60 4x400 Meter Relay Club

60 USA: R 3:58.03

60 WMA: W 3:58.03

Team	Finals	H#	Points
1 So Cal Track Club 'C'	4:50.79	2	8
1) #197 Craig, David 67	2) #12 Allen, Jackie 62		
3) #834 Shaheed, Nolan 69	4) #710 Patton, Gary 73		

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL
Results****....Event 968 M60 4x400 Meter Relay Club**

2 TNT International Racing Club 'D'	5:34.92	2	6
1) #113 Brown, Franklin 63	2) #735 Price, Edward 63		
3) #746 Ransom, William 65	4) #925 Tinsman, Thomas 66		
3 Potomac Valley Track Club 'E'	5:35.84	2	4
1) #240 Draim, Bob 64	2) #946 Vanderhoof, Gary 62		
3) #555 Markley, Anthony 64	4) #27 Arcand Jr, Albert 63		

Event 968 M65 4x400 Meter Relay Club

Team	Finals	H#	Points
1 TNT International Racing Club 'E'	5:48.87	2	8
1) #838 Sharps, Jim 74	2) #673 Nolly, Lawrence 70		
3) #189 Coleman, Ty 71	4) #298 Frontino, James 69		
2 Potomac Valley Track Club 'F'	6:26.15	2	6
1) #995 Williams, Dan 69	2) #418 Hower, Richard 67		
3) #1011 Wind, Jay 69	4) #567 Mathis, William 66		

Event 968 M70 4x400 Meter Relay Club

70 USA: R	4:50.36		
70 WMA: W	4:26.15		
Team	Finals	Points	
1 Atlanta Track Club 'D'	5:59.25	8	
1) #513 Learned, Jerry 70	2) #284 Flynn, Mark 70		
3) #70 Benedict, Sam 72	4) #313 Glass, Dave 72		
2 Atlanta Track Club 'C'	7:16.48	6	
1) #519 Lenahan, Joseph 72	2) #940 Turner Sr, David 79		
3) #89 Bligh Jr, Ed 76	4) #633 Moore, Alan 73		
3 Potomac Valley Track Club 'G'	8:48.15	4	
1) #975 Weiner, Robert 71	2) #36 Austin Jr, Cortez 71		
3) #712 Pearce, James 73	4) #1023 Young, Jeff 70		

Event 968 M75 4x400 Meter Relay Club

Team	Finals	Points	
1 Philadelphia Masters 'C'	8:54.00	8	
1) #794 Rubin, Bruce 75	2) #238 Donnelly, Edward 77		
3) #556 Marovich, David 75	4) #755 Rhoad Jr, William 77		
2 Atlanta Track Club 'E'	11:00.15	6	
1) #218 Davis, Sid 84	2) #245 Dubow, Joel 76		
3) #617 Miller, Gerald 76	4) #851 Sloan, John 79		

Event 978 M35 4x200 Meter Relay Club

35 USA: R	1:29.74		
35 WMA: W	1:29.74		
Team	Finals	H#	Points
1 Southwest Sprinters Track Club 'A'	1:34.21	7	8
1) #704 Parker, Rondrick 35	2) #337 Green Jr, Gerald 37		
3) #133 Burnett, Sean 37	4) #249 Dunn, Durran 37		
2 TNT International Racing Club 'A'	1:50.19	7	6

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Results****....Event 978 M35 4x200 Meter Relay Club**

1) #918 Thompson, La Roi 39	2) #564 Mathews, Carlos 45		
3) #654 Murdock, Daniel 44	4) #503 Lanier, Kim 43		
3 Potomac Valley Track Club 'A'		1:51.70	7 4
1) #929 Todd Sr, Blair 41	2) #960 Walchinsky, Mark 40		
3) #190 Collins, Manley 42	4) #3 Adeleke, Anthony 37		
4 Piedmont Pacers Track Club 'A'		1:56.20	7 3
1) #408 Holtry, Matthew 40	2) #375 Hassin, Bryan 39		
3) #316 Gobble, Kevin 43	4) #695 Pack Jr, Rick 38		

Event 978 M40 4x200 Meter Relay Club

=====

40 USA: R 1:31.05

40 WMA: W 1:31.05

Team

Finals H# Points

1 Southwest Sprinters Track Club 'B'		1:40.24	6 8
1) #569 Maxwell, Mitchell 44	2) #175 Clark, Dedrick 40		
3) #244 Drummond, Don 49	4) #221 Delisle, Rawle 44		
2 So Cal Track Club 'A'		1:44.30	6 6
1) #163 Chambers, Keith 40	2) #757 Rhodes, Jason 46		
3) #605 Mcrae, Robert 44	4) #921 Thorne, Gavin 47		

Event 978 M45 4x200 Meter Relay Club

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45 USA: R 1:34.72

45 WMA: W 1:33.83

Team

Finals H# Points

1 Southwest Sprinters Track Club 'C'		1:42.08	6 8
1) #461 Jones, David 54	2) #450 Joachim, George 48		
3) #114 Brown, Paul 56	4) #740 Pye, Derek 51		
2 TNT International Racing Club 'B'		2:00.14	6 6
1) #506 Latsch, Michael 47	2) #266 Exantus, Ulrick 52		
3) #132 Burke, Michael 56	4) #530 *Lindsay, Howard 55		
3 Potomac Valley Track Club 'B'		2:13.75	6 4
1) #807 Samiec, James 52	2) #360 Hannan Jr, Michael 50		
3) #498 LaMay, David 52	4) #627 Molteni, Ronald 53		

Event 978 M50 4x200 Meter Relay Club

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50 USA: R 1:34.64

50 WMA: W 1:34.64

Team

Finals H# Points

1 Greater Philadelphia TC 'A'		1:47.76	5 8
1) #209 Curtis, John 53	2) #289 Foulke, Wayne 52		
3) #491 Kruelle, Chuck 51	4) #747 Rash, Bruce 57		
2 Potomac Valley Track Club 'C'		1:50.93	5 6
1) #270 Faulkner, Lee 50	2) #886 Staples, Glenn 50		
3) #52 Barr, James 51	4) #357 Hanes III, Norris 51		

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Results****Event 978 M55 4x200 Meter Relay Club**

55 USA: R 1:46.81

55 WMA: W 1:40.22

Team	Finals	H#	Points
1 Potomac Valley Track Club 'E'	1:45.54R	4	8
1) #718 Peyton, Oscar 66	2) #743 Quarrie, Clifton 58		
3) #589 McGee, Don 58	4) #410 Hooker, Laurence 56		
2 Over The Hill TC 'A'	2:06.10	4	6
1) #181 Clinkscale, David 58	2) #964 Walls, Vincent 59		
3) #9 Allcorn, Thomas 66	4) #275 Finley, Lawrence 60		
3 Atlanta Track Club 'B'	2:20.61	4	4
1) #264 Evans, LanceLot 58	2) #664 Neovakul, Vasan 68		
3) #990 Wilkes, David 59	4) #879 Spencer, Mike 59		
4 Potomac Valley Track Club 'D'	2:48.85	4	3
1) #145 Cannon, Mike 61	2) #27 Arcand Jr, Albert 63		
3) #1001 Williamson, Duane 55	4) #733 Poulos, Ted 57		

Event 978 M60 4x200 Meter Relay Club

60 USA: R 1:41.53

60 WMA: W 1:41.53

Team	Finals	H#	Points
1 So Cal Track Club 'C'	2:00.36	3	8
1) #197 Craig, David 67	2) #12 Allen, Jackie 62		
3) #834 Shaheed, Nolan 69	4) #251 Easley, Ricky 65		
2 TNT International Racing Club 'D'	2:02.42	3	6
1) #350 Hadrick, John 61	2) #735 Price, Edward 63		
3) #201 Crawford, Kenneth 63	4) #113 Brown, Franklin 63		
3 Mass Velocity Track Club 'A'	2:04.69	3	4
1) #820 Schoffman, Jim 65	2) #909 Taft, Tucker 65		
3) #868 Snyder, Gary 75	4) #324 Gould, Stephen 62		
4 TNT International Racing Club 'C'	2:07.91	3	3
1) #296 Friend Sr, Byron 60	2) #899 Stone, Eddie 61		
3) #189 Coleman, Ty 71	4) #298 Frontino, James 69		
5 Potomac Valley Track Club 'F'	2:09.52	3	2
1) #946 Vanderhoof, Gary 62	2) #418 Hower, Richard 67		
3) #240 Draim, Bob 64	4) #555 Markley, Anthony 64		
6 Pony Express Track & Field Clu 'A'	2:10.13	3	1
1) #882 Spruill, Willie 60	2) #587 McDonnough, Kaestner 62		
3) #541 Mack, Joe 68	4) #1012 Witherspoon, Keith 66		

Event 978 M65 4x200 Meter Relay Club

65 USA: R 1:57.12

65 WMA: W 1:48.58

Team	Finals	H#	Points
1 Potomac Valley Track Club 'G'	2:35.58	2	8
1) #995 Williams, Dan 69	2) #1011 Wind, Jay 69		
3) #567 Mathis, William 66	4) #974 Webb, Schuyler 67		
2 TNT International Racing Club 'E'	2:40.08	2	6
1) #925 Tinsman, Thomas 66	2) #746 Ransom, William 65		
3) #673 Nolly, Lawrence 70	4) #435 Jackson Sr, Norman 81		

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

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Results

Event 978 M70 4x200 Meter Relay Club

70 USA: R 2:01.88

70 WMA: W 1:54.05

Team	Finals	H#	Points
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1 Atlanta Track Club 'C'	2:54.04	2	8
1) #513 Learned, Jerry 70	2) #284 Flynn, Mark 70		
3) #70 Benedict, Sam 72	4) #313 Glass, Dave 72		
2 Potomac Valley Track Club 'H'	3:45.40	2	6
1) #975 Weiner, Robert 71	2) #96 Bookin-Weiner, Jerry 72		
3) #36 Austin Jr, Cortez 71	4) #1023 Young, Jeff 70		

Event 978 M75 4x200 Meter Relay Club

75 USA: R 2:14.05

75 WMA: W 2:00.58

Team	Finals	Points
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1 Philadelphia Masters 'A'	2:34.16	8
1) #755 Rhoad Jr, William 77	2) #556 Marovich, David 75	
3) #639 Morgan, Curtis 76	4) #893 Stellato, Domenic 75	
2 Atlanta Track Club 'E'	2:56.53	6
1) #584 McDonald, Maurice 78	2) #89 Bligh Jr, Ed 76	
3) #940 Turner Sr, David 79	4) #1020 Wuth, William 78	
3 Atlanta Track Club 'D'	3:54.42	4
1) #218 Davis, Sid 84	2) #245 Dubow, Joel 76	
3) #617 Miller, Gerald 76	4) #648 Motz, Fred 80	
-- Potomac Valley Track Club 'I'	DQ	
1) #487 Koontz, Robert 75	2) #258 Elliott, John 80	
3) #146 Cantu, Inocencio 85	4) #319 Gomillion, Thomas 76	

Event 979 M30 4x200 Meter Relay Non Club

Team	Finals	H#
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1 Non Club 'A'	1:34.17	2
1) #254 Echols, Antoine 36	2) #1017 Woods, Thal 40	
3) #43 Baker, Antwun 31	4) #1010 Wimmer, Kyle 38	

Event 979 M35 4x200 Meter Relay Non Club

35 USA: R 1:29.74

35 WMA: W 1:29.74

Team	Finals	H#
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1 Non Club 'B'	1:37.93	2
1) #915 Thomas, Jeff 37	2) #546 Maggit, Quincy 40	
3) #771 Robbins, Josh 42	4) #554 Marenin, Roman 35	

Event 979 M40 4x200 Meter Relay Non Club

40 USA: R 1:31.05

40 WMA: W 1:31.05

Team	Finals	H#
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1 Non Club 'C'	1:46.39	2
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2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019

**JDL
Results**

....Event 979 M40 4x200 Meter Relay Non Club

- 1) #61 Baynes, Andre 48
- 2) #231 Dinkins Sr, Delvin 47
- 3) #135 Butler, Brock 41
- 4) #825 Schwartz, Robert 49

Event 979 M45 4x200 Meter Relay Non Club

45 USA: R 1:34.72
45 WMA: W 1:33.83

Team Finals H#

- 1 Non Club 'D' 1:50.37 2
- 1) #229 Dietz, Shaun 46
 - 2) #354 Hamilton, Matt 46
 - 3) #720 Phan, Derick 45
 - 4) #955 Vickers, Karnell 52

Event 979 M55 4x200 Meter Relay Non Club

55 USA: R 1:40.22
55 WMA: W 1:40.22

Team Finals

- 1 Non Club 'E' 1:49.87
- 1) #54 Barrett, Owen 56
 - 2) #423 Humphrey, Ronald 60
 - 3) #463 Jones Sr, Michael 59
 - 4) #1024 Young, Mike 57

Event 979 M65 4x200 Meter Relay Non Club

65 USA: R 1:48.58
65 WMA: W 1:48.58

Team Finals

- 1 Non Club 'F' 1:56.99
- 1) #761 Richardson, Robert 65
 - 2) #847 Siu, Max 66
 - 3) #830 Searles, Anthony 65
 - 4) #512 Leake, Damien 66

Event 979 M70 4x200 Meter Relay Non Club

70 USA: R 1:54.05
70 WMA: W 1:54.05

Team Finals

- 1 Non Club 'G' 2:25.26
- 1) #628 Monesmith, Frederick 70
 - 2) #263 Etter, James 72
 - 3) #620 *Mintz, Bruce 72
 - 4) #85 Black, Ivan 70

Combined Team Scores - 222 Events Scored

- 1) Atlanta Track Club 814
- 2) Potomac Valley Track Club 704
- 3) TNT International Racing C 496
- 4) So Cal Track Club 421
- 5) Philadelphia Masters 347.50
- 6) Southwest Sprinters Track 276
- 7) Piedmont Pacers Track Club 231
- 8) Sierra Gold 152
- 9) Shore Athletic Club 120
- 10) Joy's Jackrabbits Track C 117
- 11) Charlotte Track Club 110
- 12) Greater Philadelphia TC 94
- 13) Athena Track Club 87
- 14) Mass Velocity Track Club 81
- 15) AZ Desert Throwers 79
- 16) Bella N Motion 76
- 16) Colorado Masters Track & F 76
- 18) Capital City Striders, In 69
- 19) Club Northwest 68
- 20) Over The Hill TC 54

2019 National Masters Indoor Championships - 3/1/2019 to 3/4/2019**JDL****Results****....Event 979 M70 4x200 Meter Relay Non Club**

21) Colonial Road Runners	50	22) Houston Elite	48
23) T.H.E. Track Team	45	24) Southwest Ohio TC	44
24) Garmin Runners	44	26) Balboa Track Club	43
27) Pegasus A.C.	40	28) Raleigh Walkers	38
28) Millville Track Club	38	30) Genesee Valley Harriers	36
31) SC Striders Track Club	35	32) HFC Striders	33
33) Port City Track Club	32	33) Seattle Masters AC	32
35) Ann Arbor Track Club	24	35) Throwing and Growing	24
35) Northport Running Club	24	35) Chicagoland Masters Athle	24
39) HOKA Aggie Running Club	23	40) Heartland Racewalkers	22
40) Texas Throwers	22	42) Personal Touch Athletics	21
43) Central Park Track Club (C	19	44) Forest Hills Runners	18
44) Adirondack Athletic Club	18	44) High Altitude Racewalk Te	18
47) Florida Athletic Club	17	48) Connecticut Racewalkers	16
48) Hartford Track Club	16	48) Maximum Quotient Track Cl	16
51) Twilight Throwers	15	52) New Mexico TC	14
52) Manasota Track Club	14	52) Team Red Lizard	14
52) New England 65 Plus Runner	14	56) U.S. Army	12
56) Whirlaway Racing Team	12	56) South Florida Racewalkers	12
56) Appalachian Mountain Goats	12	56) Checkers AC	12
56) Santa Cruz Throwers	12	62) Oregon Track Club	11
62) Twin City Track Club	11	64) New Balance Tampa Masters	10
64) Arizona Flames Track Club	10	66) Greenville Track Club	9
66) Pacific Coast Track Club	9	68) River City Rebels	8
68) Vault High Athletics	8	68) Boston Athletic Associati	8
68) Athletics East Track Club	8	68) Alaska Mountain Runners	8
68) Patriot Pole Vault Club -	8	68) Wisconsin Runner Racing T	8
68) Kansas City Smoke	8	76) Cape Fear Flyers NC	7
77) Hawaii Champs	6	77) Pony Express Track & Fiel	6
77) Georgia	6	77) Garden State Track Club N	6
81) Parkside Athletic Club	5	82) Santa Barbara Track Club	4
82) Roanoke Valley Elite	4	82) Knoxville Track & Field C	4
85) MacCanDo Tenderloin Youth	3	86) Norfolk Real Deal Track C	2
86) Santa Cruz TC	2	86) Charlotte Running Club	2
86) Greater Boston Track Club	2	90) Hershey Blaze Track Club	1
90) Carolina Godiva Track Club	1	90) Big River Racing	1