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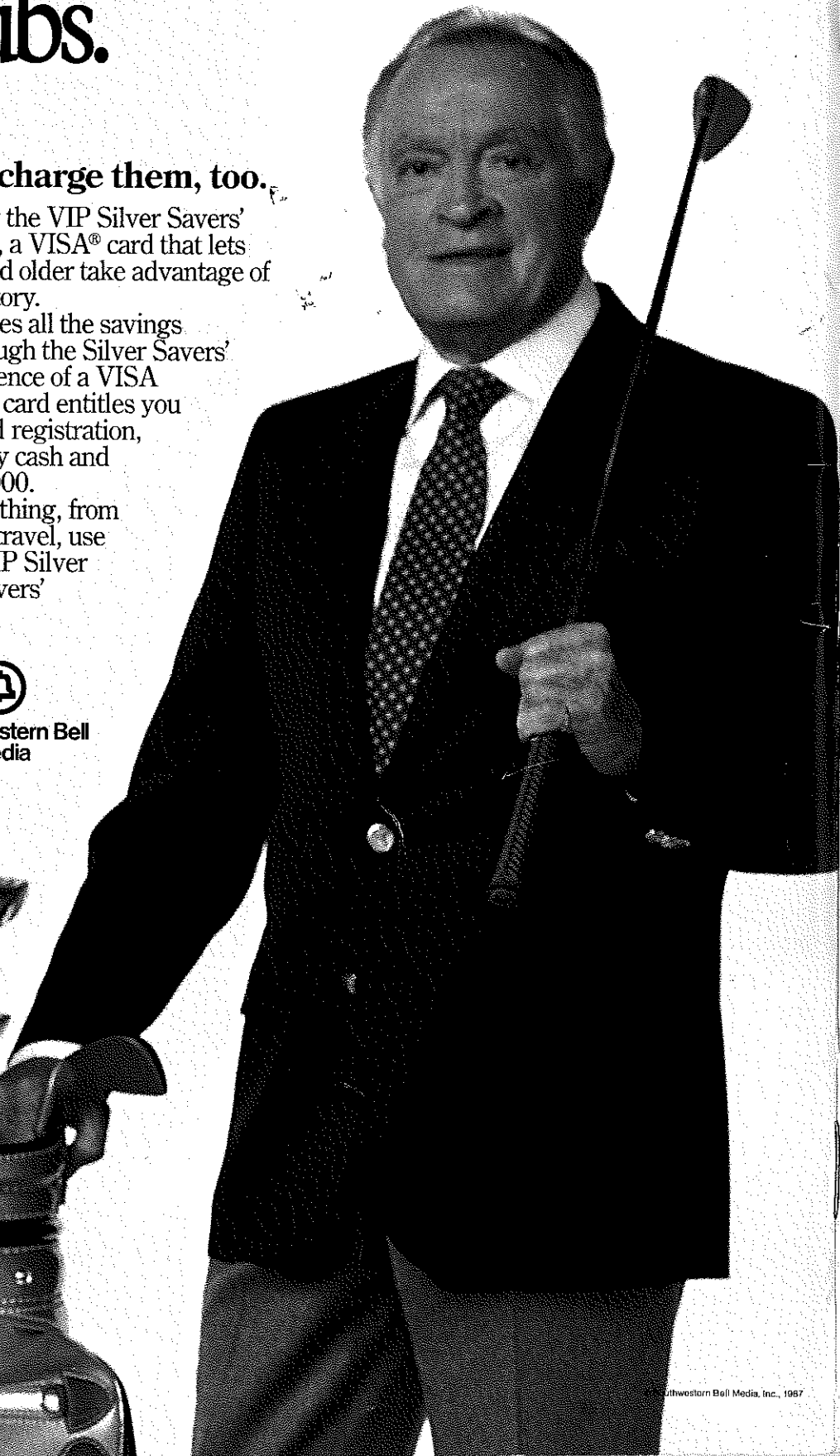
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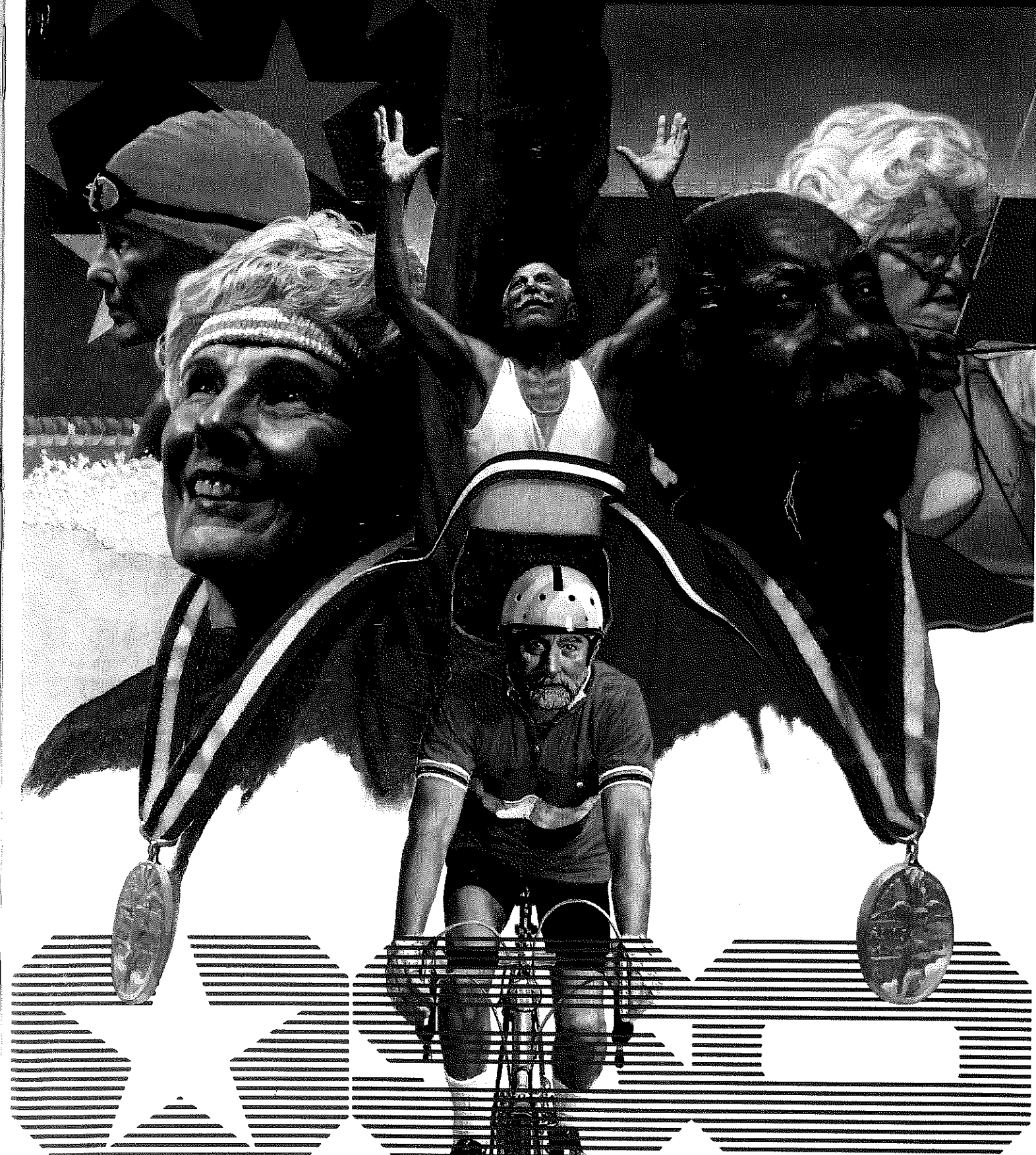


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U.S. NATIONAL SENIOR OLYMPICS  
PROGRAM MAGAZINE

\$2.00

JUNE 27-JULY 2, 1987 ST. LOUIS



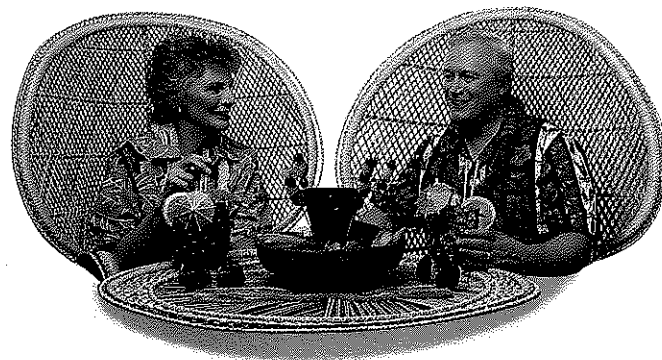
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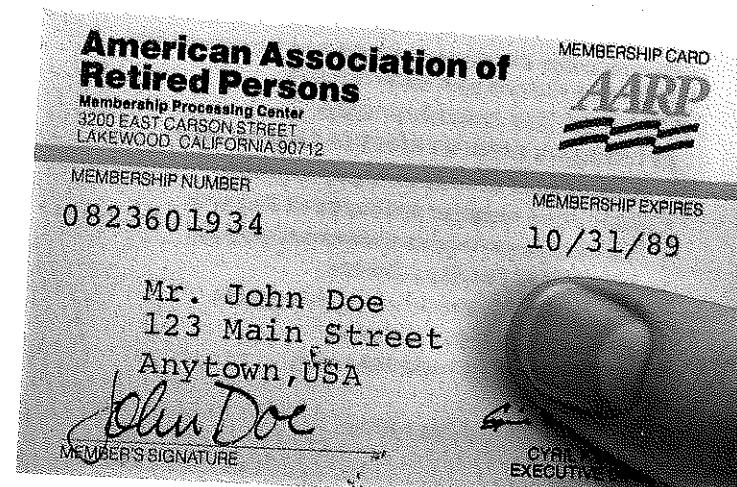
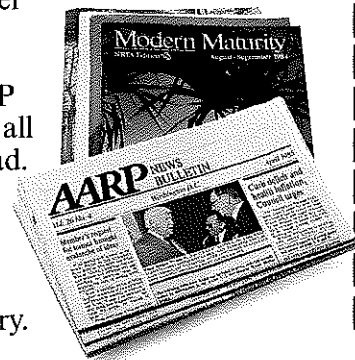
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We salute all Senior Olympians on their spirit and achievements as they go for the gold.

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# MAY

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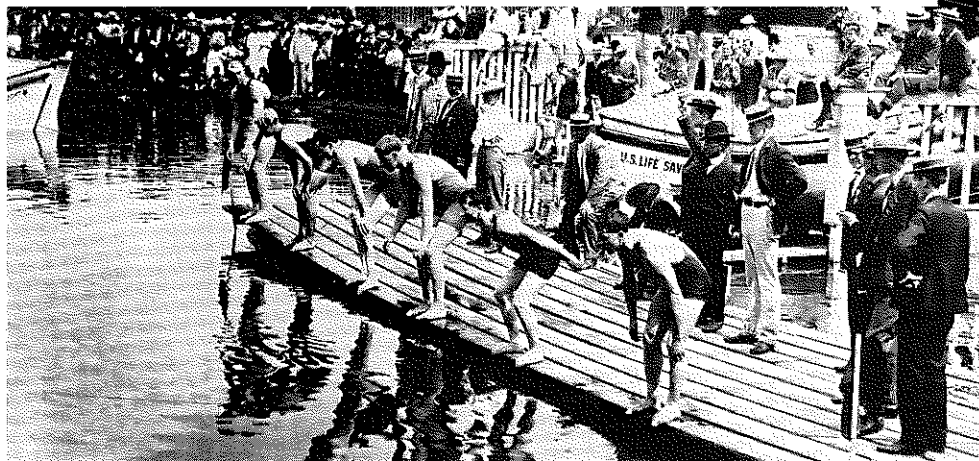
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48-53  
An Historic Look Back to the 1904 Olympics

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U.S. NATIONAL SENIOR OLYMPICS  
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JULY, 1987

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18-21  
USNSO Schedule of Events  
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THE WHITE HOUSE  
WASHINGTON

May 5, 1987

As a member of our Nation's growing senior citizen population and as honorary chairman of the first United States National Senior Olympics, I'm delighted to extend warm greetings to all the participants and spectators gathered for this outstanding event.

Physical exercise is important to every American. Both research and practical experience demonstrate the tremendous benefits of regular physical activity, benefits that continue with age and contribute to an overall sense of mental, emotional, and physical well-being. I wish to commend each of you participants for your commitment to personal fitness. Your adoption of a healthy lifestyle serves as a wonderful role model to your peers as well as to the rest of our Nation. I salute you.

Nancy joins me in sending congratulations and best wishes. God bless you.

*Ronald Reagan*



GREETINGS

# Welcome to the great State of Missouri

John Ashcroft  
Governor

As Governor of Missouri, it is my pleasure to welcome both participants and spectators to St. Louis for the U.S. National Senior Olympics.

I have a deep interest in seeing that all citizens are able to reach their fullest potential; emotionally, spiritually and physically. In recent years, we have learned that the most important factors which influence our health and well-being are those we control ourselves. By making healthy, sensible life-style choices like involvement in health and fitness activities, we can better fulfill our potential. Getting fit and staying fit isn't easy, but the rewards are well worth it. As John Locke said, "A sound mind in a sound body is a short but full description of a happy state in this world."

Through their hard work, courage and determination, our senior citizens have passed on to us that American spirit which has made our nation strong and progressive. Participation in the U.S. National Senior Olympics is but another way in which they enrich all our lives through their example.

Best of luck to the competitors and best wishes to all for an enjoyable stay in Missouri!

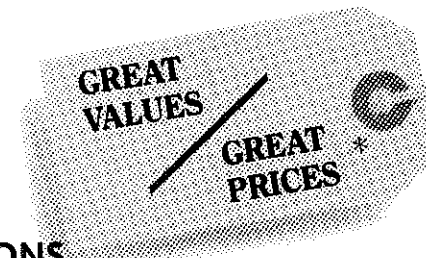


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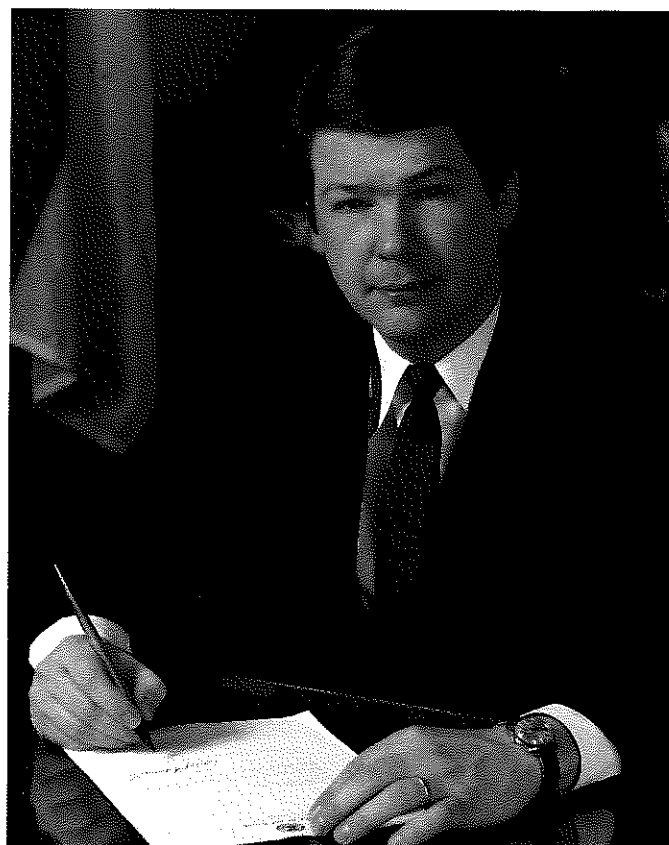
\*Prices are per person, double occupancy, exclude airfare and vary by departure date.

GREETINGS

Welcome to all  
USNSO participants from  
the St. Louis area



Gene McNary  
County Executive



Vincent C. Schoemehl, Jr.  
Mayor, City of St. Louis

I am delighted that the first U.S. National Senior Olympics is being held in St. Louis.

It will be tremendously exciting for us to see the 4,000 men and women senior athletes compete in the various athletic competitions. St. Louis volunteers are working hard to make the games a tremendous success and to gain the national exposure that this event deserves.

While you are here, we hope you and your family will find some time to tour our community. There is much to see and do in St. Louis. Laumeier International Sculpture Park, the National Museum of Transport and the new St. Louis Carousel are just a few of the tourist attractions that you may want to visit.

Again, welcome to the Gateway to the West. Best of success to all of you.

As Mayor of the City of St. Louis, I would like to extend my warmest welcome to the participants and guests of the U.S. National Senior Olympics, which will be held in our City from June 27-July 2, 1987.

While you are here, I hope you will enjoy the life and fun of our region, including the interesting neighborhoods, entertainment and informative museums, sporting events, downtown and riverfront attractions and so much more we have to offer.

Best wishes for a most successful event. Enjoy your visit to St. Louis, we certainly enjoy having you.



**A FLYING SALUTE TO ST. LOUIS.**  
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**JULY 3, 4, 5, 1987**  
ON THE ST. LOUIS RIVERFRONT.

**MCDONNELL DOUGLAS**

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WELCOME

## Welcome to the 1987 U.S. National Senior Olympics

Kenneth A. Marshall  
President, USNSO & Chairman, USNSO Executive Committee

The last two years have been busy ones. Thanks to the determination and hard work of over 2,000 USNSO volunteers, the first-ever USNSO has become a reality.

The financial support and contributed services and facilities from national and local corporations and organizations have been very gratifying. Without the generosity of these USNSO sponsors and contributors, there simply would be no National Senior Olympics.

We are grateful for the cooperation of our state and local governments, as well. Their participation has been most important to the success of this event.

I'd also like to thank the USNSO Executive Committee and Operations Committee. The synergistic effort of these talented individuals has been invaluable and has contributed to the first-class professionalism of this USNSO.

A special thank-you goes to our many friends at Washington University, principal site of the 1987 USNSO. Everyone involved with planning and implementing the 1987 USNSO has certainly done their homework, and I hope that all of you, as participants and as spectators, will find the USNSO exciting, exhilarating and worth a repeat performance.

In addition to establishing the first USNSO, the St. Louis organizing committee and the coordinators of regional Senior Olympics are establishing a national organization to stimulate and coordinate the future growth of Senior Olympics. A very important part of that future are plans for a second USNSO in 1989.

On behalf of the USNSO, I'm delighted that you could join us for this historic event, and we hope to see you again in 1989. ☆

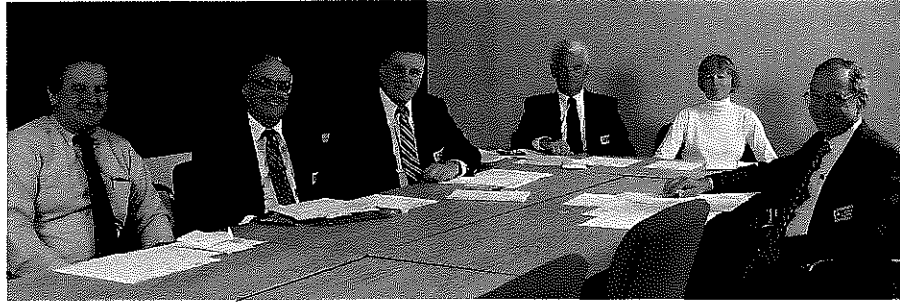


# We're Proud To Be Here.

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As the American Bowling Congress and the Women's International Bowling Congress,  
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And as Brunswick, we're pleased to host the finals at Brunswick Four Seasons Bowl.



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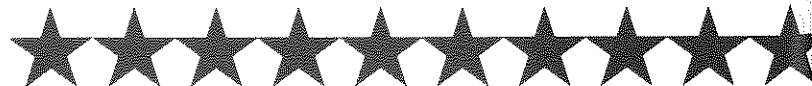
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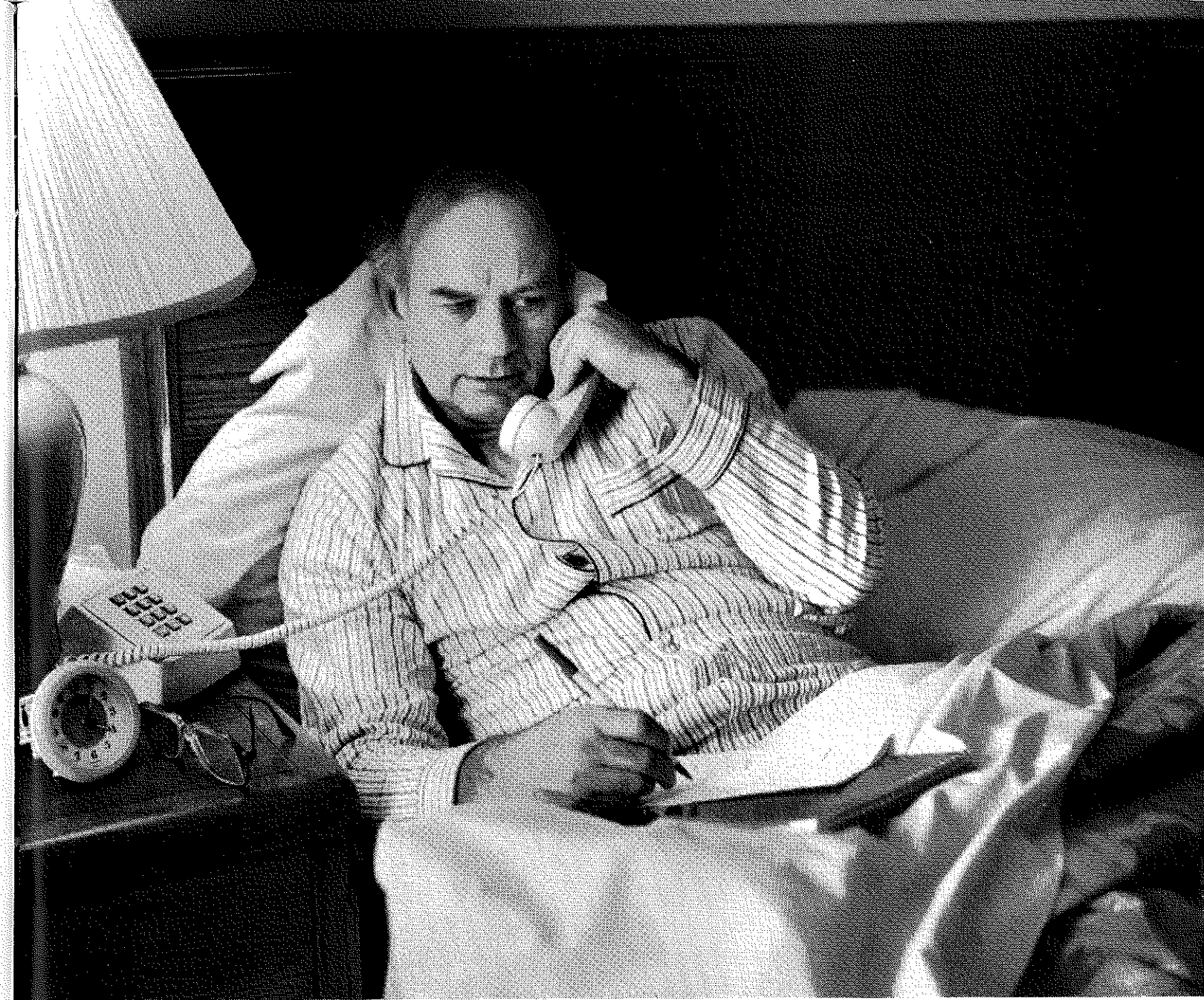


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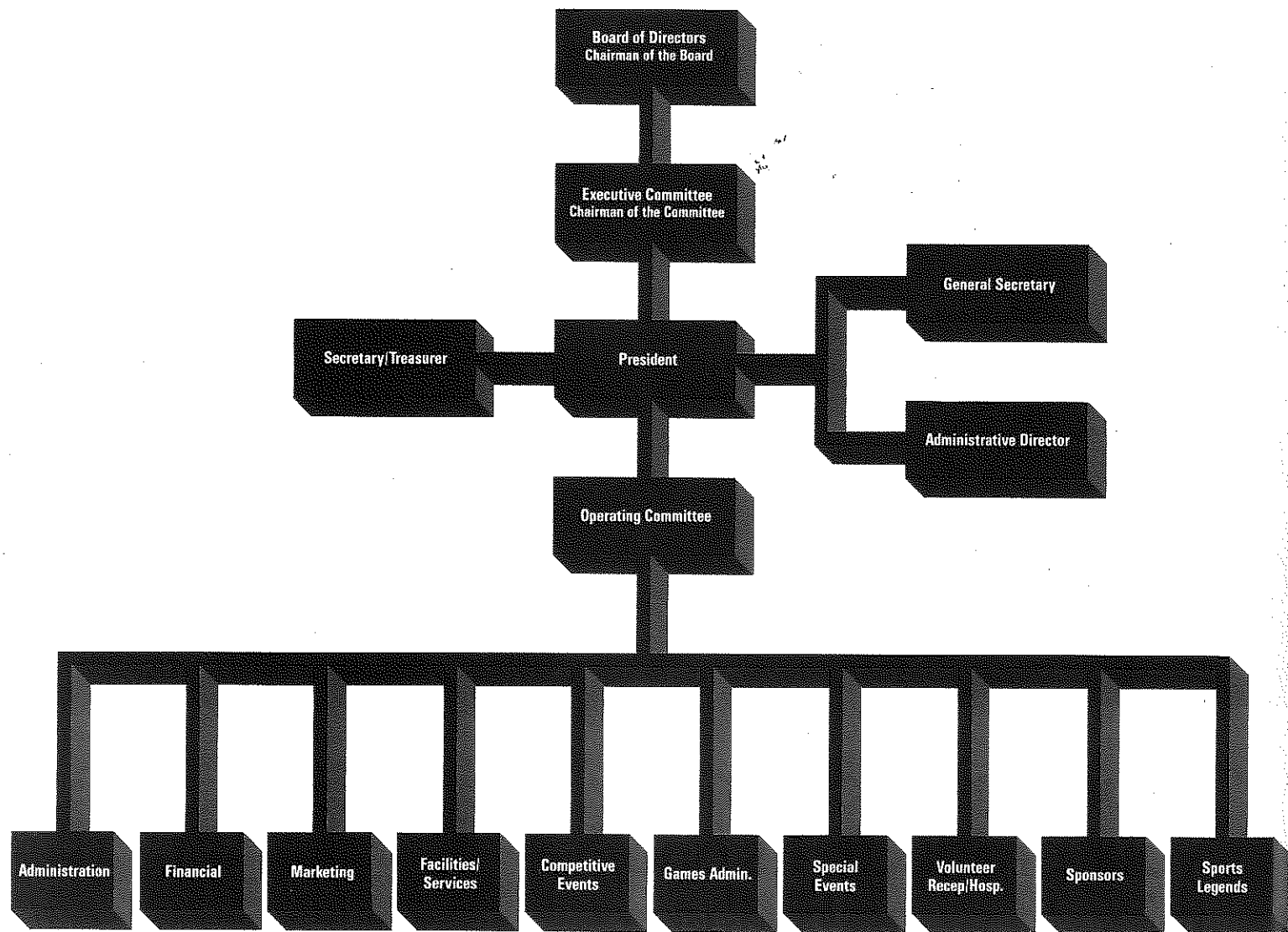
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How the 1987 U.S. National Senior Olympics is structured



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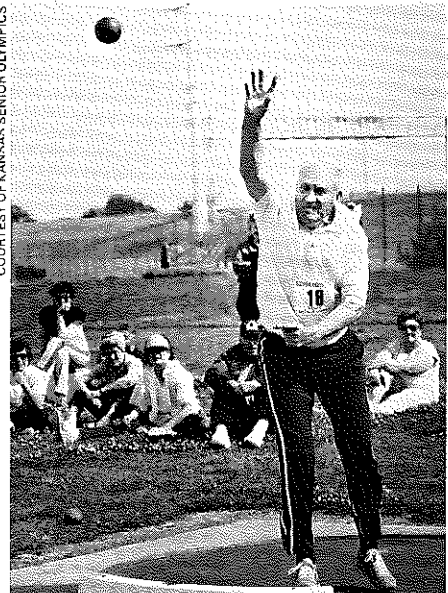
**Saturday, June 27**

7:00 a.m.  
**Horseshoes (M, 55-59)**  
 Mudd Field, Washington University  
 8:00 a.m.  
**Tennis (Singles)**  
 Dwight Davis Tennis Center, Forest Park,  
 Shaw Park, Clayton  
**Volleyball**  
 Athletic Complex, Washington University  
 9:00 a.m.  
**Table Tennis (M, 55-59)**  
 Athletic Complex, Washington University  
 10:00 a.m. & 12:30 p.m.  
**Bowling**  
 Brunswick Four Seasons Bowl  
 1:00 p.m.  
**Horseshoes (M, 80+)**  
 Mudd Field, Washington University  
 6:00 p.m.  
**Opening Ceremony**  
 Francis Field at  
 Washington University

**Sunday, June 28**

7:00 a.m.  
**Horseshoes (M, 60-64)**  
 Mudd Field, Washington University  
 7:30 a.m.  
**10K Road Race**  
 Forest Park  
 8:00 a.m.  
**Tennis (Doubles)**  
 Dwight Davis Tennis Center, Forest Park,  
 Shaw Park, Clayton  
 8:30 a.m.  
**Table Tennis (M, 60-64; W, 55-59)**  
 Athletic Complex, Washington University  
 9:00 a.m.  
**Volleyball**  
 Athletic Complex, Washington University  
 10:00 a.m. & 12:30 p.m.  
**Bowling**  
 Brunswick Four Seasons Bowl  
 1:00 p.m.  
**Horseshoes (M, 65-69)**  
 Mudd Field, Washington University  
 2:00 p.m.  
**Table Tennis (M, 65-69, 70-74)**  
 (W, 60-64, 65-69)  
 Athletic Complex, Washington University  
 3:00 p.m.  
**Bowling**  
 Brunswick Four Seasons Bowl

*Washington University, primary site of the 1987 USNSO.*



COURTESY OF KANSAS SENIOR OLYMPICS

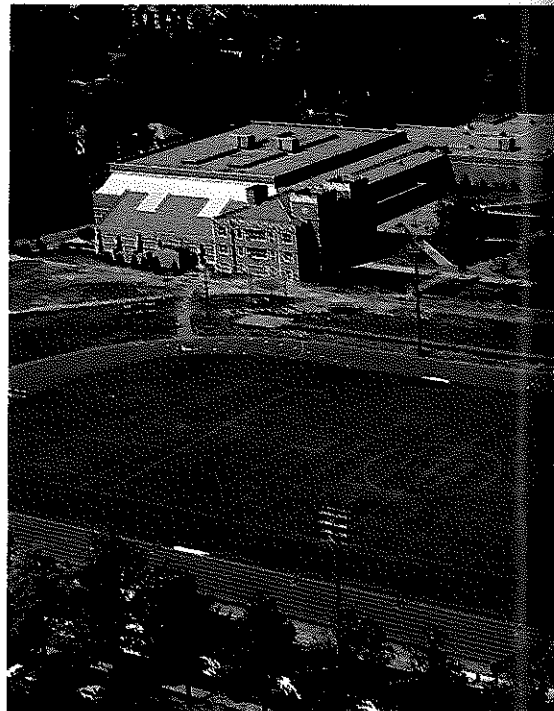
**Monday, June 29**

7:00 a.m.  
**Golf-Practice Round**  
 Bellerive C.C., Glen Echo C.C., Saint Louis  
 C.C., Westwood C.C.  
 7:00 a.m.  
**Horseshoes (W, 55-59)**  
 Mudd Field, Washington University  
 8:00 a.m.  
**Tennis**  
 Dwight Davis Tennis Center, Forest Park,  
 Shaw Park, Clayton  
 8:30 a.m.  
**Table Tennis (M, 75-79; W, 70-74)**  
 Athletic Complex, Washington University



TONY CAROSELLA

*Glen Echo is one of four St. Louis country clubs to be used for USNSO golf competition.*



9:00 a.m.  
**Swimming Warm Up**  
 Shaw Park Pool, Clayton  
**Orienteering/Exhibition Event**  
 Forest Park 18 Hole Golf Course  
 10:00 a.m.  
**Bowling**  
 Brunswick Four Seasons Bowl  
**Swimming**  
 200 M Freestyle, 100 M Backstroke,  
 100 M Breaststroke,  
 50 M Butterfly  
 Shaw Park Pool, Clayton

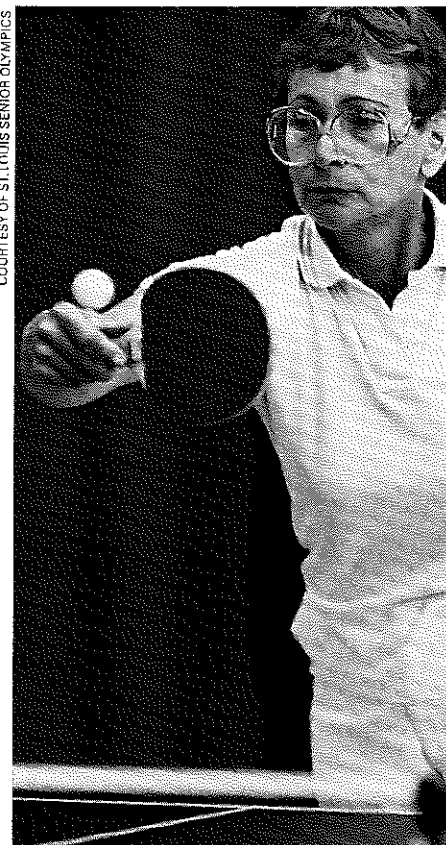
12:30 p.m.  
**Bowling**  
 Brunswick Four Seasons Bowl  
 1:00 p.m.  
**Horseshoes (W, 60-64)**  
 Mudd Field, Washington University  
**Spin Casting/Exhibition Event**  
 I.E. Millstone Pool, Athletic Complex,  
 Washington University

3:00 p.m.  
**Bowling**  
 Brunswick Four Seasons Bowl  
 5:00 p.m.  
**High Jump (M)**  
**Long Jump (W)**  
**Discus (W)**  
**Shot Put (M)**  
 James Butler Bushyhead Track,  
 Washington University  
 6:00 p.m.  
**100M Heats (M/W)**  
**800M Finals (M/W)**  
 James Butler Bushyhead Track,  
 Washington University  
 6:00 p.m.  
**Volleyball**  
 Athletic Complex, Washington University

*Volleyball takes place at the Washington U. Sports Complex.*



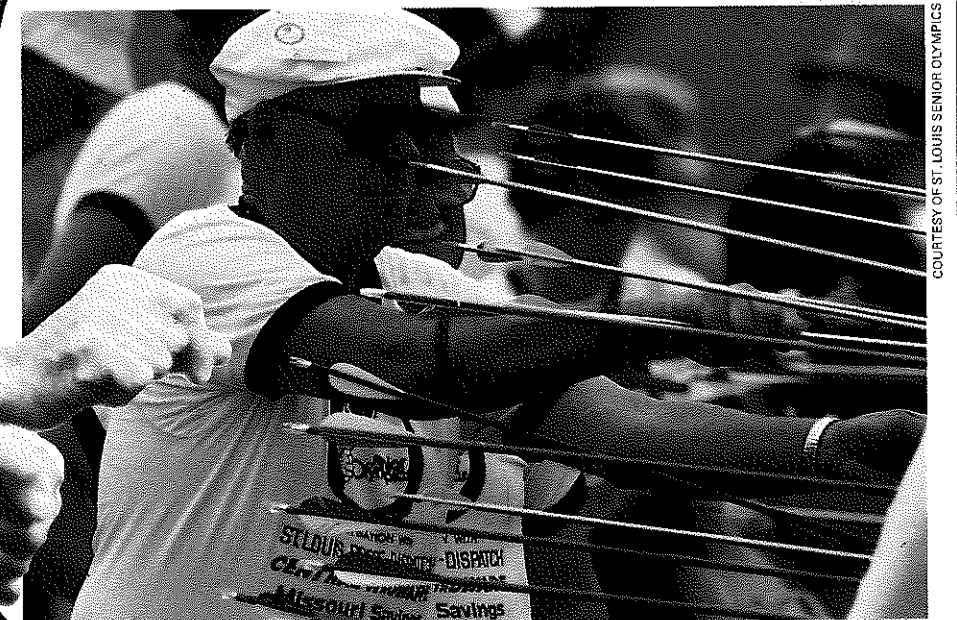
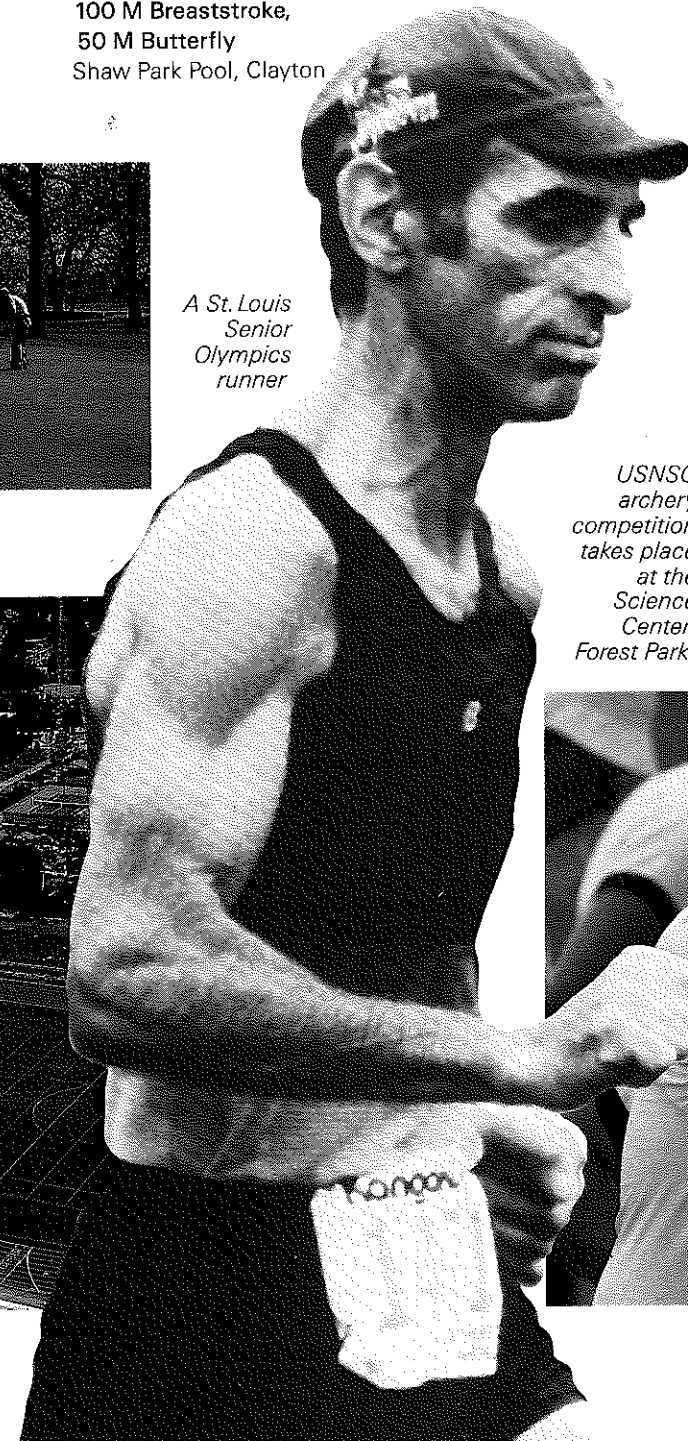
*USNSO archery competition takes place at the Science Center, Forest Park.*



*Table tennis is the world's second largest participation sport.*

COURTESY OF ST. LOUIS SENIOR OLYMPICS

*A St. Louis Senior Olympics runner*



COURTESY OF ST. LOUIS SENIOR OLYMPICS





**Tuesday, June 30**

7:00 a.m.  
**Golf—18 Holes**  
 Bellerive C.C., Glen Echo C.C., Saint Louis C.C., Westwood C.C.  
**Horseshoes (M, 70-74)**  
 Mudd Field, Washington University  
**8:00 a.m.**  
**Tennis**  
 Dwight Davis Tennis Center, Forest Park, Shaw Park, Clayton  
**8:30 a.m.**  
**Table Tennis (M, 80+) (W, 75-79, 80+)**  
 Athletic Complex, Washington University  
**9:00 a.m.**  
**Archery**  
 Science Center, Forest Park  
**Swimming Warm Up**  
 Shaw Park Pool, Clayton  
**5K (M/W)**  
 James Butler Bushyhead Track and Washington University Campus

9:00 a.m.  
**Discus (M)**  
**Shot Put (W)**  
**High Jump (W)**  
**Long Jump (M)**  
 James Butler Bushyhead Track, Washington University  
**400 M Heats (M/W)**  
**100 M FINALS (M/W)**  
**1500 M Walk (M/W)**  
**200 M Heats (M/W)**  
 James Butler Bushyhead Track, Washington University  
**10:00 a.m.**  
**Bowling**  
 Brunswick Four Seasons Bowl  
**Swimming**  
**200 M Individual Medley, 100 M Freestyle, 50 M Breaststroke, 200 M Backstroke**  
 Shaw Park Pool, Clayton

12:30 p.m.  
**Bowling**  
 Brunswick Four Seasons Bowl  
**1:00 p.m.**  
**Horseshoes (W, 70-74)**  
 Mudd Field, Washington University  
**1:30 p.m.**  
**Badminton Tournament/Exhibition Event**  
 Athletic Complex, Washington University  
**3:00 p.m.**  
**Bowling**  
 Brunswick Four Seasons Bowl  
**6:00-9:00 p.m.**  
**Social Event**  
 USNSO Riverboat Party (President and Admiral Riverboats) on the St. Louis Riverfront

**Wednesday, July 1**

7:00 a.m.  
**Golf—18 Holes**  
 Bellerive C.C., Glen Echo C.C., Saint Louis C.C., Westwood C.C.  
**Horseshoes (M, 75-79)**  
 Mudd Field, Washington University  
**8:00 a.m.**  
**Cycling**  
**½ Mile & 5K**  
 Forest Park  
**Tennis**  
 Dwight Davis Tennis Center, Forest Park, Shaw Park, Clayton  
**8:30 a.m.**  
**Table Tennis**  
 Athletic Complex, Washington University  
**9:00 a.m.**  
**Archery**  
 Science Center, Forest Park  
**Swimming Warm Up**  
 Shaw Park Pool, Clayton  
**10:00 a.m.**  
**Bowling**  
 Brunswick Four Seasons Bowl  
**Swimming**  
**100 M Butterfly, 50 M Freestyle, 50 M Backstroke, 400 M Freestyle**  
 Shaw Park Pool, Clayton

12:30 p.m.  
**Bowling**  
 Brunswick Four Seasons Bowl  
**1:00 p.m.**  
**Horseshoes (W, 65-69)**  
 Mudd Field, Washington University  
**3:00 p.m.**  
**Bowling**  
 Brunswick Four Seasons Bowl  
**5:00 p.m.**  
**Javelin (M/W)**  
**Pole Vault (M)**  
 James Butler Bushyhead Track, Washington University  
**6:00 p.m.**  
**200 M Finals (M/W)**  
**400 M Finals (M/W)**  
**1500 M Finals (M/W)**  
 James Butler Bushyhead Track, Washington University

8:00 a.m.  
**Tennis**  
 Dwight Davis Tennis Center, Forest Park Shaw Park, Clayton  
**8:30 a.m.**  
**Table Tennis**  
 Athletic Complex, Washington University  
**10:00 a.m.**  
**Bowling**  
 Brunswick Four Seasons Bowl  
**Horseshoes (W, 80+)**  
 Mudd Field, Washington University  
**12:30 p.m. & 3:00 p.m.**  
**Bowling**  
 Brunswick Bowling Four Seasons  
**6:30 p.m.-8:30 p.m.**  
**V.P. Parade**  
 Downtown St. Louis, 14th & Chestnut

**Friday, July 3**  
**10:00 a.m.-12:30 p.m.**  
**Closing Ceremony—Bob Hope Show**  
 Budweiser Main Stage, V.P. Fairgrounds  
**Friday, July 3 thru Sunday, July 5**  
**V.P. Fair**  
 Riverfront

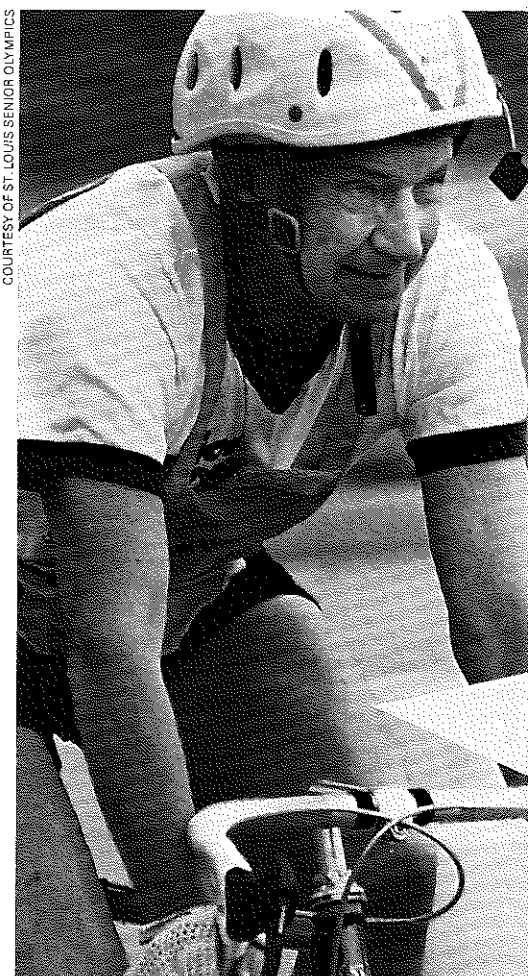
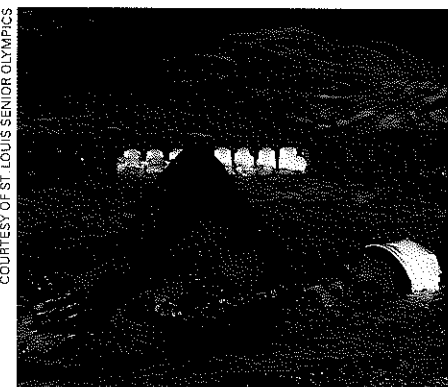
**Thursday, July 2**  
**7:00 a.m.**  
**Horseshoes (W, 75-79)**  
 Mudd Field, Washington University  
**8:00 a.m.**  
**Cycling**  
 Forest Park



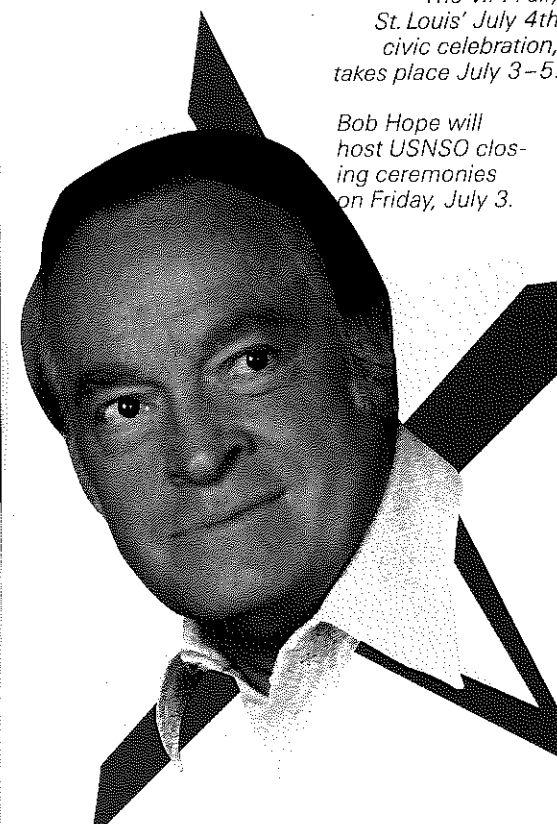
The newly-renovated S.S. Admiral on the St. Louis Riverfront.



Brunswick Four Seasons Bowl, site of the USNSO bowling competition. Swimming competition for USNSO athletes takes place at Shaw Park in Clayton, Missouri.



USNSO cycling events are being held at the Muni Opera, Forest Park.



The V.P. Fair, St. Louis' July 4th civic celebration, takes place July 3-5.

Bob Hope will host USNSO closing ceremonies on Friday, July 3.



## 1987 USNSO SPONSORS

We gratefully acknowledge the generosity and support of the following companies and organizations.

USNSO Sponsors through May 20.

### FOUNDING SPONSOR

Southwestern Bell Publications  
Silver Pages

### MAJOR CORPORATE SPONSORS

Digital Equipment  
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St. Louis Convention and Visitors  
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Trans World Airlines

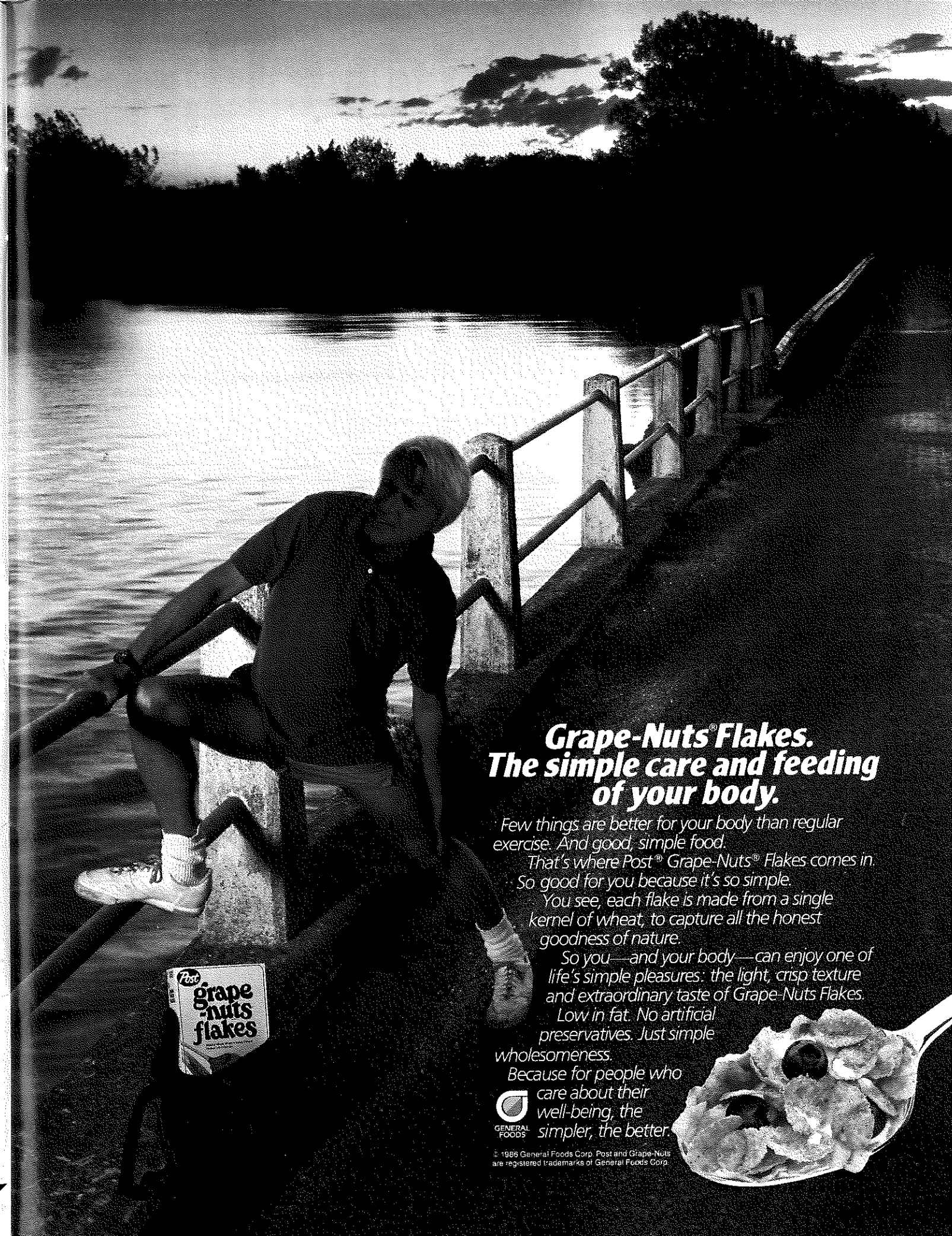
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Central Hardware  
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White Company  
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Washington University



## **Grape-Nuts® Flakes.** *The simple care and feeding of your body.*

*Few things are better for your body than regular exercise. And good, simple food.*

*That's where Post® Grape-Nuts® Flakes comes in.*

*So good for you because it's so simple.*

*You see, each flake is made from a single kernel of wheat, to capture all the honest goodness of nature.*

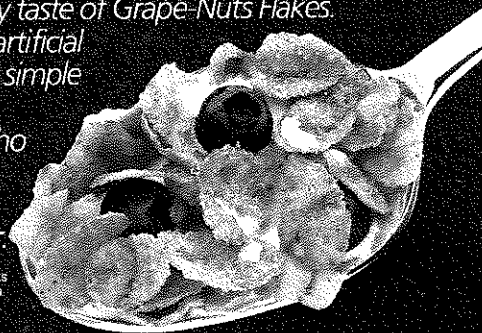
*So you—and your body—can enjoy one of life's simple pleasures: the light, crisp texture and extraordinary taste of Grape-Nuts Flakes.*

*Low in fat. No artificial preservatives. Just simple wholesomeness.*

*Because for people who care about their well-being, the simpler, the better.*



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# EVERYONE LOVES A WINNER.



Fitness and excellence through competition. That's the goal of the 1987 U.S. National Senior Olympics.

Because we work with over half of America's billion-dollar corporations, helping them inform, train and motivate their people to new and higher levels of achievement, we have special

admiration for the great competitive efforts inspired by the National Senior Olympics.

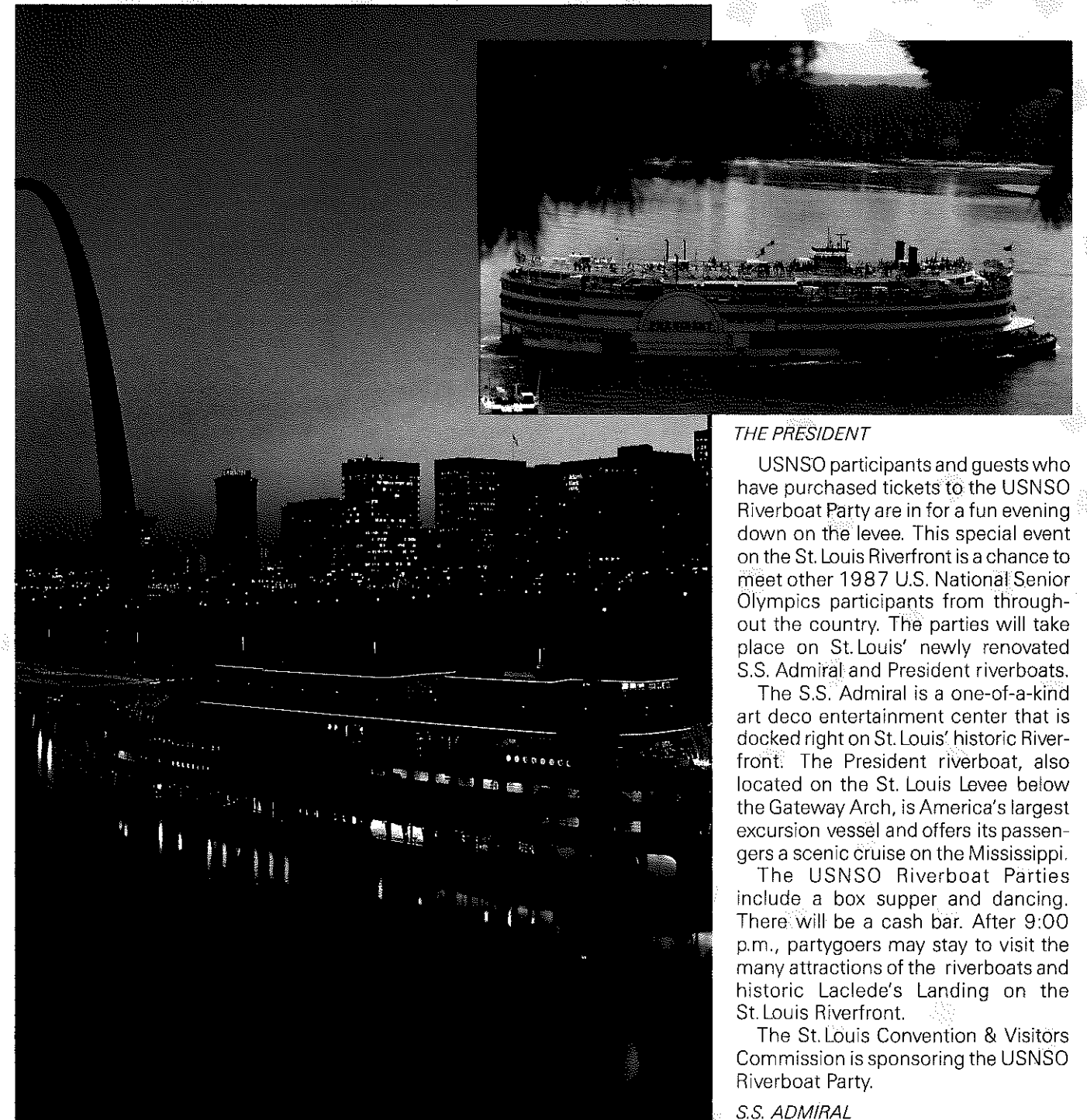
Whether the competition takes place on the field or on the job, the objective should be the same. To do our personal best. When we do that, we're all winners.

**MARITZ** INC.

Motivation ■ Travel ■ Communications ■ Training ■ Research

## USNSO RIVERBOAT PARTY ON THE S.S. ADMIRAL & PRESIDENT

6-9 PM Tuesday, June 30  
St. Louis Riverfront



### THE PRESIDENT

USNSO participants and guests who have purchased tickets to the USNSO Riverboat Party are in for a fun evening down on the levee. This special event on the St. Louis Riverfront is a chance to meet other 1987 U.S. National Senior Olympics participants from throughout the country. The parties will take place on St. Louis' newly renovated S.S. Admiral and President riverboats.

The S.S. Admiral is a one-of-a-kind art deco entertainment center that is docked right on St. Louis' historic Riverfront. The President riverboat, also located on the St. Louis Levee below the Gateway Arch, is America's largest excursion vessel and offers its passengers a scenic cruise on the Mississippi.

The USNSO Riverboat Parties include a box supper and dancing. There will be a cash bar. After 9:00 p.m., partygoers may stay to visit the many attractions of the riverboats and historic Laclede's Landing on the St. Louis Riverfront.

The St. Louis Convention & Visitors Commission is sponsoring the USNSO Riverboat Party.

S.S. ADMIRAL

# THE USNSO STORY

By Kenneth A. Marshall

## How a local idea becomes a national event

Senior Olympics, as a structured event, began in Southern California in 1969. For the first time, there was an athletic competition planned for Seniors. From that beginning, Senior Olympics has grown to more than 50 local and regional events in communities throughout the United States.

There has been no national organization stimulating this growth. It is a grass roots, do-it-yourself happening. Senior Olympic events are organized by local not-for-profit organizations. Divisions of Aging, Parks and Recreation groups and governments including State Governors' offices. Funding, which has been very small, has come from private and public sources. Senior Olympics is a phenomenon whose time has come.

Most Senior Olympic events emphasize participation, fitness, good health, fun and competition. While some events involve only a few hundred participants, many include several thousand. For the serious athlete, regardless of the sport, Senior Olympics provides the only event where the athlete competes only with peers of the same age. Usually, this is in five-year age brackets and a top of 75 or 80-plus.

When Senior Olympic event coordinators met with each other, conversation started about a national event where the best from each region could compete to see who is the best of the best.

Early in 1985, Harris Frank, a founder of the local St. Louis Senior Olympics, talked with Kenneth Marshall, who had just retired as a senior executive with an international medical products manufacturer, about creating the first U.S. National Senior Olympics in St. Louis. Both Frank and Marshall had extensive experience as leaders in St. Louis community activities. They decided to try. This was April 1985.

A tentative date of June 1987 was selected. Just over two years. The V.P. Fair Foundation, sponsor of the July Fourth Fair, was contacted for its support. The foundation responded enthusiastically and the date was set for June 27-July 2 creating a 9-day "happening" in St. Louis. Since so much would depend on support in the St. Louis community, the USNSO would be not just a competition for senior athletes, but an event which would showcase St. Louis to the participating Senior adults.

Support was asked for and received from the Governor, Senators, Mayor and County Executive.

A statement of purpose for the USNSO was developed: To promote quality and growth of Senior Olympics by raising the national image, interest and support for Senior Olympics; stimulating participation in Senior Olympic events; encouraging regional and local Senior Olympic events which stage quality events with substantial participation.

A founding sponsor, Southwestern Bell Publications Silver Pages, made a financial commitment which made it possible for the USNSO to begin serious planning. The Executive Committee from the beginning said it would not borrow or spend money not in the bank.

Key leadership was organized and a Board and Executive Committee were established. Each leader brought unique and important experience to the USNSO.

By early Fall of 1985, a lot had been accomplished: community support, a founding sponsor, key leadership, a date for the event, statement of objectives, sites for the event and some preliminary concepts on events, qualifications and rules. The big question was, is this an event that would appeal to and be supported by the regional

Senior Olympics and their participants?

A meeting of representatives of Senior Olympic regional events was called for November 1985. Each regional event was invited to send one representative as a guest of the USNSO. Everyone invited came, and after hearing the plans of the St. Louis organizing committee, there was unanimous support and enthusiasm.

The attendees at the meeting made decisions on what events should be held, what the age divisions should be and how qualifying should take place.

The year of 1986 was a busy year. An office was established. A newsletter was initiated to all interested parties to tell them what was happening. Regional events signed "sanctioned site" agreements. Qualification began at events holding their "last" regional before the national. More committees were formed for such areas as special events, insurance, finance, game administration, Sports Legends, souvenirs and others. A comprehensive

*The 1987 USNSO has its own mascot, "The Silver Fox."*

*Fitness and excellence through competition is the philosophy of the USNSO.*



COURTESY OF ST. LOUIS SENIOR OLYMPICS

TM



COURTESY OF ST. LOUIS SENIOR OLYMPICS



COURTESY OF ST. LOUIS SENIOR OLYMPICS

Swimming is a key competitive sport for men and women senior athletes.

Volleyball will be a competition sport at the 1987 National Senior Olympics.

A USNSO hopeful competes in archery at the St. Louis Senior Olympics Regional Games, hosted by the JCCA.

program to solicit additional sponsors including mail, phone and personal contacts was implemented. The budget was reworked each quarter to reflect actual and expected cash income, cash expenses and in-kind support. Event sites were specifically identified and agreed to. Legal counsel and audit/accounting services were arranged. A "Questions & Answers" brochure was prepared. A USNSO poster with original artwork was created and distributed nationally. Rules of competition were agreed to and published.

1987 began the last six months of planning for the first U.S. National Senior Olympics. Over 2,000 seniors had qualified for the USNSO in 1986, and each received a letter of congratulations and an invitation to participate.

Special Events planning for the opening and closing event and the social event began in detail. Bob Hope, through the efforts of Southwestern Bell Publications Silver Pages, was confirmed for the closing event. The opening event was set for Saturday, early evening, to facilitate attendance, and a decision was made to have a parade of participants by state. A social event at which participants could enjoy a pleasant evening of friendship was planned on the St. Louis Riverfront.

After much correspondence and many phone calls, a letter from the White House advised us that President Reagan had accepted as Honorary Chairman of the event.

Beginning in late '86, and continuing

almost every day, contacts were made with media, newspapers, magazines, radio and TV to interest them in doing stories before and during the USNSO. The media is besieged with so many requests that it takes a determined effort by phone, mail and personal contact to get their attention.

Fundraising continued everyday. While some companies outside St. Louis provided support, the St. Louis community provided the principal financial support. More than a hundred companies were contacted as potential sponsors.

In January, a USNSO preview benefit party was staged. A large committee planned and staged a major event that met its objectives of raising money, generating initial publicity and introducing the event to the local media.

Each of the eleven athletic events has a director and they began the detail planning for their event including schedule, volunteers needed, medical needs, refreshment requirements, equipment needs and site plan.

Participant and guest charges were established with consideration of budget needs and fair charges to the participants and their guests. Payments by sponsors were prompt, and the budget was reworked based on more knowledge of costs and sources of revenue.

The registration packet for qualifiers was prepared with different entry blanks for each event, housing information, a brochure about St. Louis during the USNSO, release waivers approved

by legal and insurance counsel, media information form and transportation information.

More than half of the qualifiers will be determined at events in the months immediately before the games. Plans were initiated to provide for distribution of registration information at the games to qualifiers to make possible their timely entry. This requires close coordination between USNSO headquarters and each Senior Olympic sanctioned site.

In March, additional committees were being formed with very specific responsibilities. The best forecast was that with 4,000 participants expected, there will be a need for 2,000 volunteers involved in events, hospitality, registration, parking, traffic, medical services, refreshment services, communications, results documentation, press and public relations, etc.

In March, the USNSO moved to new office space so there would be room for volunteers to work and papers to be stored and assembled.

Computers were installed in January, and programming and data entry began. Every participant will have a data file. Registration and events will use data in and from the file.

Planning for USNSO was in the final stages in the Spring of 1987. The hundreds of details were being arranged by the many volunteer chairmen. With no history to go by, everyone's best judgment was being relied upon.

Enthusiasm was everywhere and the St. Louis community was responding generously with time and money to the challenge of hosting the first USNSO with 4,000 participants and a total of 8,000 or more people. ☆

*U.S. National Senior Olympics is in no way affiliated or associated with either the United States Olympic Committee or the International Olympic Committee and such events are not held under their auspices.*



# IT TAKES A FAMILY PHYSICIAN TO TREAT THE MANY MEDICAL NEEDS OF THE FAMILY.



In this age of specialization there aren't many physicians who can treat every member of the family. Because when a family includes everyone from Grandma to the toddler, the health needs are diverse. And a physician should be versatile enough to deal with all of them.

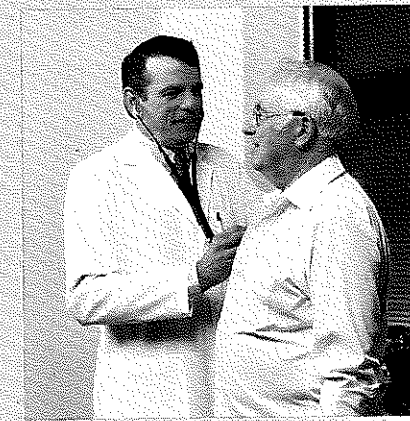
Unfortunately, many people don't have a family physician and often run from doctor to doctor.

But there is a better way. Because there *is* a group of physicians who are trained to treat the many needs of the entire family.

## **The D.O. Is Trained To Be A Versatile Physician.**

The initials D.O. stand for Doctor of Osteopathic Medicine. D.O.s are trained to be family physicians. In fact, most D.O.s enter medical school because they want to be general practice physicians, not specialists. Some D.O.s do, of course, go on to become specialists. But approximately 75% enter general practice.

After four years of medical school, D.O.s, like all physicians, complete a supervised training period in the actual practice of medicine called "internship." It usually lasts at least



one year. The difference is that *all* D.O.s take a rotating internship which exposes them to the many different disciplines of modern medicine. Disciplines such as internal medicine, surgery, obstetrics/gynecology and general practice. All D.O. interns are also exposed to anesthesiology, pathology, pediatrics and radiology.

Consequently, D.O.s have versatile medical skills that equip them well for family medicine.

## **Benefit From All The Skills Of Modern Medicine.**

As family physicians, D.O.s take a common sense approach to health care. The body is one interrelated system. And it is logical to assume

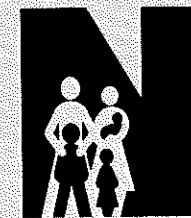
that a problem in one area of the body may cause, or be the result of, a problem in another.

D.O.s use every discipline of modern medicine to identify and treat causes, in addition to treating symptoms. Because knowing exactly what the problem is helps the D.O. control its effects.

So it just makes good medical sense to put your family's health care in the hands of a D.O. who is specifically trained to treat your entire family.

## **Call For A Physician Referral Today.**

Nancy Campbell, our Physician Referral Coordinator, will be happy to answer your questions. And if you need a family physician, she'll recommend one close to your home. Call her at 314/966-9151 (if a toll call, call collect). And get in touch with a family physician who can treat the many medical needs of your family.



NORMANDY OSTEOPATHIC HOSPITALS

# USNSO ORGANIZING COMMITTEE

Profiles of the USNSO planners & organizers



## JIM BAKKEN, Chairman, USNSO Competitive Events

After 17 seasons as a place kicker in the National Football League, former St. Louis Cardinals star Jim Bakken is kicking a new ball around town. He's the athletic director at St. Louis University now, and the man supervising the rebuilding of the proud Billiken basketball tradition.

In Bakken's first two seasons at St. Louis University, attendance at home basketball games nearly doubled as the team went from "also ran" to "contender" in the budding Midwestern Collegiate Conference.

A native of Madison, Wisconsin, Bakken came to St. Louis in 1962 after a stellar career at the University of Wisconsin. For the next 17 seasons, he played professional football.

A four-time All-Pro, he scored 1,380 points, placing him fourth on the all-time scoring list. He was president of the National Football League Player's Association and once booted a record seven field goals in a single game.

Upon retirement in 1978, Bakken became a vice president of Sports Network, Inc., a St. Louis-based radio and television syndication company. He joined the St. Louis University staff in July, 1984.

zen's action and ombudsman's service, to the citizens of the St. Louis area. For five years, she served as director of KMOX Radio Call For Action.

She was elected Deputy to the 1985 National Episcopal Convention. She has been a three-time St. Louis District Women's Golf Champion, and runner-up in the State.

Mrs. Conant and her husband, George, reside in Clayton.

## TAYLOR S. DESLOGE USNSO Secretary & Treasurer

Taylor Desloge is the former Vice President and Treasurer of General Steel Industries, Inc. Mr. Desloge currently serves on a number of boards for businesses and civic and charitable organizations.

He is on the board of directors of the following businesses: Watlow Electric Manufacturing Company, First Federal Savings & Loan Association, Centerland Fund, and General American Capital Company.

In the area of civic and charitable organizations, Desloge is the president and trustee of The Missouri Historical Society. He is a director of the Associated Industries of Missouri, and was chairman of their board from 1980-1984. He is a director of the Independence Center and the St. Louis Psychoanalytic Institute. Desloge is also a director of the V.P. Fair Foundation and Forest Park Forever, Inc.

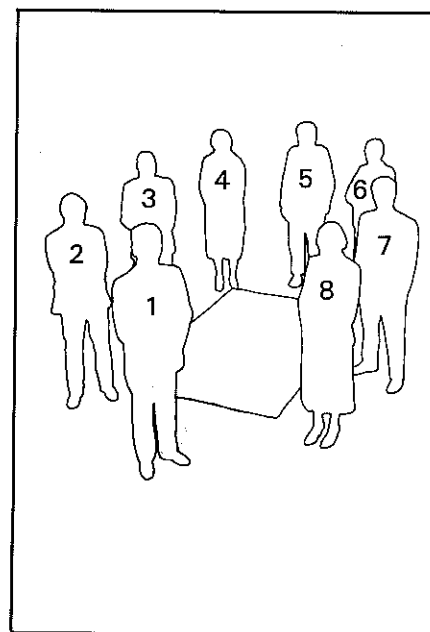
## ELLEN R. CONANT, Chairman, USNSO Board of Directors

Ellen R. Conant is a St. Louis County Council Member representing 138,000 citizens of the Third District. In 1986, Mrs. Conant was elected Chairman of the Council. She was the first woman to hold this position. In November, 1986, Mrs. Conant was reelected to a second term.

Mrs. Conant graduated from Washington University in 1952 with a Bachelor of Arts degree in Political Science. She received a Master of Arts in Urban Affairs from St. Louis University in 1982. In 1983, she was awarded a Danforth Fellowship to attend Harvard's Program for Senior Executives in State and Local Governments.

In December, 1986, she received the Special Leadership Award in Government from the YWCA. She is a former St. Louis Globe-Democrat Woman of Achievement for Community Concern. She has received the Sentinel Newspaper Signal Award, the Human Development Corporation Award, as well as the Kellogg Award of the Association of Episcopal Colleges.

Mrs. Conant was instrumental in bringing Call For Action, a national citi-



(1) Kenneth A. Marshall, USNSO President; (2) John Schael, Co-chairman, USNSO Athletic Events; (3) Taylor S. Desloge, Secretary and Treasurer, USNSO; (4) Ellen R. Conant, Chairman, USNSO Board of Directors; (5) Charles H. Wallace, Chairman, USNSO Facilities, Services & Concessions; (6) Harris Frank, General Secretary & Chairman of Sponsors, USNSO; (7) Jim Bakken, Chairman, USNSO Athletic Events; (8) Joy Rice, Administrative Director, USNSO.

## HARRIS FRANK USNSO General Secretary

Harris Frank is a vice president of Solon Gershman, Inc. Realtors. He has been with the firm since 1964. In addition to his career, Mr. Frank is active in many civic and charitable organizations: past president, Jewish Federation of St. Louis; board member, Washington

University National Board for the College of Arts and Sciences; board member, Jewish Hospital of St. Louis; past president, Jewish Community Centers Association; past president, Westwood Country Club; past board member, Metropolitan Employment & Vocational Services; past board member, Jewish Family & Children's Services; past vice president, St. Louis Junior Chamber of Commerce; and campaign worker, United Way.

Mr. Frank is also one of the Founders of the St. Louis Senior Olympics, sponsored annually by the JCCA. Frank continues to remain active with the St. Louis Senior Olympics, chiefly in the area of sponsor development.

As General Secretary of the 1987 U.S. National Senior Olympics, Frank is involved with corporate sponsorships and many committees, including photographic and concessions.

Recently, Frank was appointed to the Missouri Governor's Council on Aging.

**KENNETH A. MARSHALL**  
USNSO President and Chairman,  
USNSO Executive Committee

Ken Marshall's business, civic and charitable activities are numerous and varied. Most recently, Marshall was vice president, director of planning & administration of Sherwood Medical Company. He was with the firm from 1969 to 1984.

Prior to his career at Sherwood Medical Company, Marshall was director of the Brunswick Foundation and the Brunswick Good Government Fund. He was also vice president for Brunswick's Health & Science Division and vice president of the A.S. Aloe Company.

Marshall was also involved with many organizations related to the healthcare industry, including: Health Industry Manufacturers Association; American Hospital Association; Hospital Association of Metropolitan St. Louis; Association for the Advancement of Medical Instrumentation; Health Industries Association; American Health Congress and Great Lakes Health Congress.

Marshall's many years of community involvement include the following non-profit organizations: V.P. Fair Foundation, vice president & chairman, Fireworks Committee; Massachusetts Institute of Technology, Education Council; Deaconess Health Services Corporation, chairman; Deaconess

Hospital, vice chairman & trustee; Deaconess Manor, trustee; CARE; INROADS; Jewish Community Centers Association; Central Agency for Jewish Education; Jewish Federation of St. Louis; Jewish Employment & Vocational Service; St. Louis Jewish Light; St. Louis Health & Welfare Council; Temple Emanuel.



TONY CAROSELLA

**JOY RICE,**  
USNSO Administrative Director

As a member of the St. Louis Senior Olympics Founding Committee and JCCA Coordinator for the Senior Olympics (1980-1984), Joy Rice brings much experience to her role as administrative director of the 1987 USNSO.

Joy is a former 10-year member of the American Cancer Society Board of St. Louis, during which time she served as secretary of the board, 1968 County Residential Chairman, chairman of the Public Relations Committee and coordinator of the Stop Smoking Program. She also served on the board of directors of John Burroughs School from 1965-1968.

Joy is currently a member of the Jewish Hospital board, the Steering Committee and Honorary Advisory Committee of the St. Louis Senior Olympics and is a member of the Board of the National Conference of Christians and Jews.

**JOHN SCHAEEL, CoChairman,**  
USNSO Athletic Events

When John Schael joined Washington University as its athletic director in 1978, the University sported antiquated facilities, the size of the staff and coaches was about half of what it should be for a competitive Division III program, and Washington University was not a member of any athletic conference.

Nine years later, Schael's goals have been reached successfully. Washington University sports a new \$13-million athletic complex, the size of the athletic department has increased from seven full-time members to 31, and the Bears are competing in the new University Athletic Association.

Schael, a Cleveland, Ohio native, was an instrumental administrative figure for the 1986 AAU/USA National Junior Olympic Games. Schael spent 10 years at the University of Chicago as associated director of physical education and athletics from 1974 to 1978, and wrestling coach from 1968-69 to 1977-78.

In 1983, Schael was inducted into Miami University's Athletic Hall of Fame after twice winning the Mid-American wrestling championships as an undergraduate.

Presently, Schael serves on the 13-member NCAA Division III Council.

**CHARLES H. WALLACE**  
Chairman, USNSO Facilities,  
Services & Concessions

Chuck Wallace, a native St. Louisan, has a long history of volunteer civic activities. He began his business career with the family business, Cupples Company Manufacturers. In 1970, Wallace left Cupples to start a new firm, the Stirling-Everest Corporation, of which he is president. Currently, he is on extended leave of absence from his firm in order to serve in the active positions of president of the V.P. Fair Foundation and executive director of the V.P. Fair.

Wallace also serves the civic and business community in the following roles:

President & director, Affiliated Home Health Services; president & director, VNA (Visiting Nurses Association) Foundation; trustee, The Churchill School; director, Barnard Free Skin and Cancer Hospital; director, Central Bank company, Jefferson City, MO; director, First National Bank of St. Louis County; and chairman & director, Theatre Project Company.

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can walk away from.**

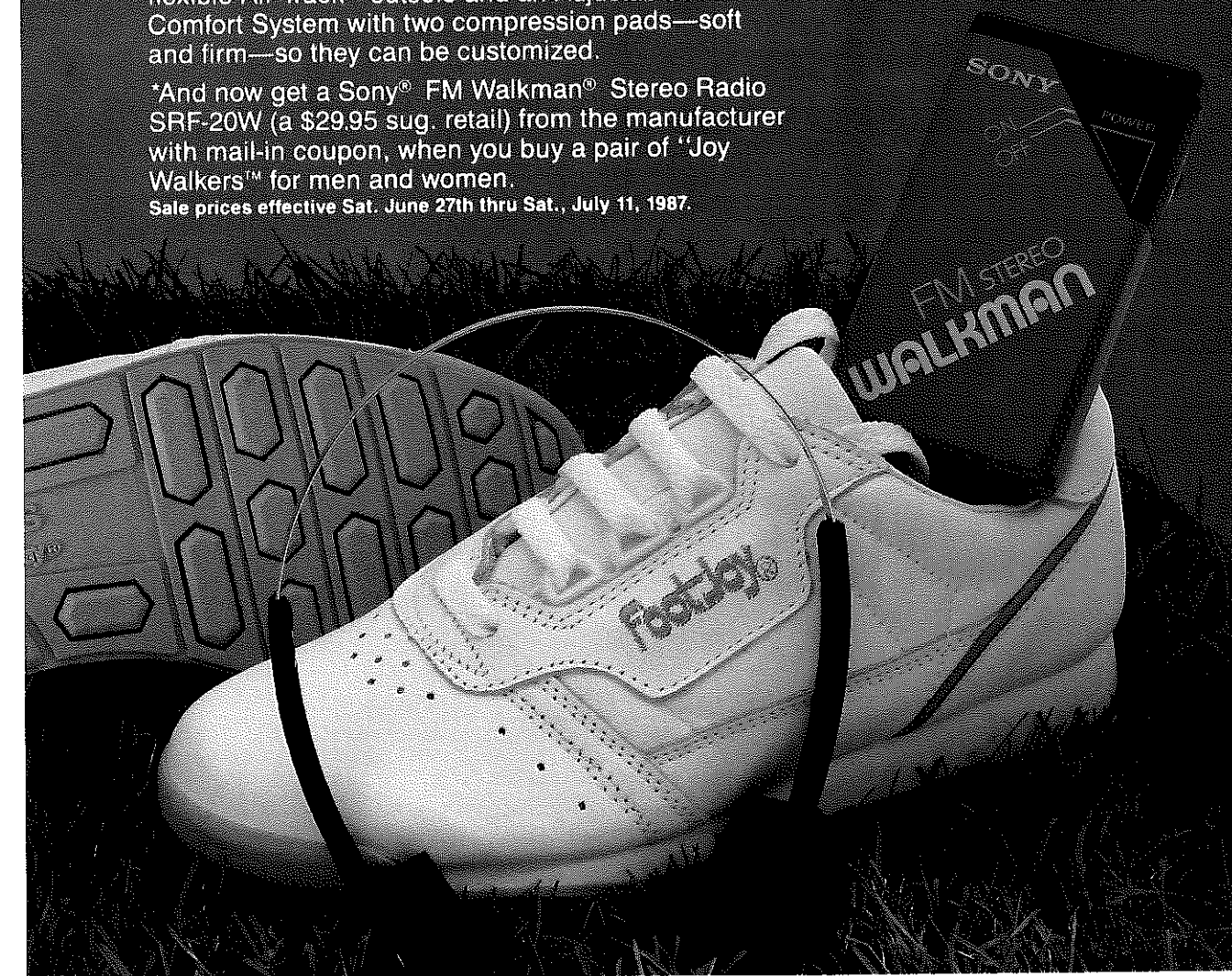
**\$5 OFF** JoyWalkers<sup>™</sup> by Foot-Joy<sup>®</sup>

Plus a Sony<sup>®</sup> Walkman from Foot-Joy<sup>®</sup> \*

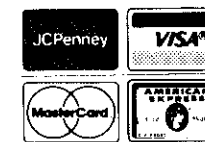
**Sale 44.99 Reg. 49.99.** Joy Walkers<sup>™</sup> are designed for the serious walker. That's why they feature a flexible Air Track<sup>™</sup> outsole and an Adjustable Heel Comfort System with two compression pads—soft and firm—so they can be customized.

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Sale prices effective Sat. June 27th thru Sat., July 11, 1987.



**JCPenney Salutes The 1987 U.S. National Senior Olympics**



**JCPenney**

CHARGE IT AT THESE 8 CONVENIENT LOCATIONS:  
Northwest Plaza-St. Ann; South County-St. Louis; West County-Des Peres;  
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St. Clair Square-Fairview Heights; Allou Square-Allou.



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*celebrating our 25th year*



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***Education that Works.***

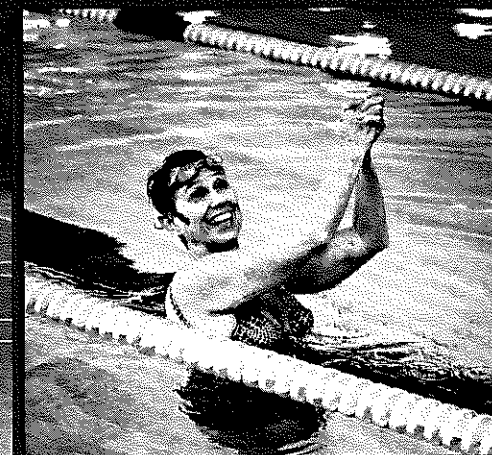
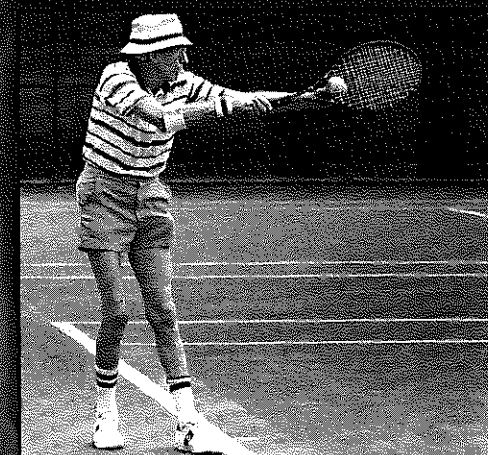
Meramec  
Campus

Forest Park  
Campus

Florissant Valley  
Campus

# USNSO SPORTS EVENTS

BACKGROUND FACTS & LOCATIONS OF THE 11 USNSO SPORTS

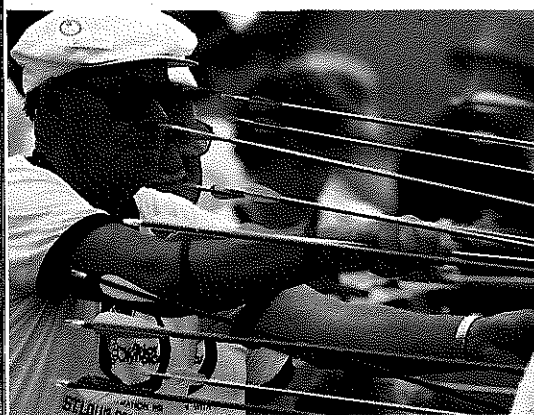


## ARCHERY

Director, Archery, Ann Hoyt  
Science Center, Forest Park

Early in its history, Archery was called "the king of sports and the sport of kings." Even today, the sport is held in high esteem and is competed world-wide under the auspices of FITA (Federation Internationale De Tir A L'Arc). Since 1972, Archery has been included in the summer Olympic games although competitions were also held in 1900, 1904, 1908, 1912 and 1920. The 1904 Olympic and Archery competition was held in St. Louis, of course.

The oldest club on record in the United States is the United Bowmen of Philadelphia, founded in 1826 and still active. Our own St. Louis Archery Club, on whose shooting field the first U.S. National Senior Olympics will be held, was formed in 1925 by Arthur Lambert Jr. of the Lambert pharmaceutical family, after which Lambert-St. Louis Airport is named.



COURTESY OF THE ST. LOUIS SENIOR OLYMPICS

These consist of: Recurve or straight limb bow shot with fingers; Compound bow shot with fingers; and bow shot with a release aid.

The competitive round to be shot will be the NAA "900" round. However, as a deviation from the true round, distances will be shot in yards instead of meters—30 arrows at each distance of 60, 50 and 40 yards. Two rounds will be shot, one each day, the combined total to determine the winners in each age group and equipment category.

The site of the competition is the flat shooting range immediately in front of the Science Center (McDonnell Planetarium) in Forest Park.



Four Seasons Brunswick Bowling, located in Chesterfield, Missouri.

TONY CAROSELLA

## BOWLING

Director, Bowling, Don Rohman  
Brunswick Four Seasons Bowl,  
Chesterfield

The USNSO Bowling events will take place at the Brunswick Four Seasons Bowl, 176 Four Seasons Shopping Center, Chesterfield, Missouri.

Four Seasons Bowl features modern automatic pinsetting equipment as well as automatic scoring.

Squads will begin on Saturday, June 27, at 10:00 AM and 12:30 PM. Squads on Sunday through Thursday will be at 10:00 AM, 12:30 PM and at 3:00 PM.

Six bowlers will be assigned to each pair of lanes. All bowling will be on a scratch basis, meaning that no handicap will be given to participants.

All bowlers will have the option of participating twice in the Tournament should they so choose.

For bowlers bowling twice, their highest score will prevail.

U.S. National Senior Olympics Bowling events will be sanctioned by the American Bowling Congress and their rules will prevail.

Medal presentations will be made at the National Bowling Hall of Fame and

Museum, which is located across the street from Busch Stadium in Downtown St. Louis. The presentations will be made by St. Louis Hall of Famers Dick Weber and Ray Bluth.

## CYCLING

Director, Cycling Events,  
S. Michael Murray  
Forest Park

St. Louis was the cycling capitol of the world at the turn of the century and some of that excitement will return to Forest Park in July of this year when the United States National Senior Olympics conducts bicycle races.

The U.S. National Senior Olympics races will take place in Forest Park on July 1 and 2 from 8:00 a.m. to approximately 2:00 p.m. All events are individual time trials, that is, the senior athlete will be competing against the clock. It will be a test of strength and endurance.

The "best" rider with the "best" equipment will be the winner. The best-trained rider with the finest lightweight and aerodynamic (within the limits of the rules) bike should prevail. It will be a true test of both the competitor and his equipment—the best combination of both.



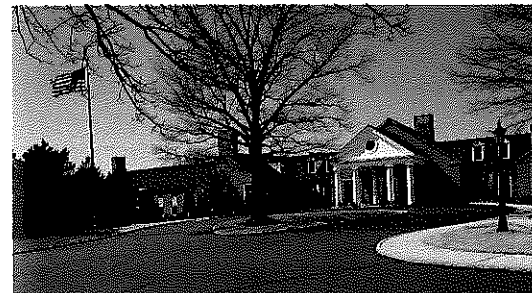
COURTESY OF THE ST. LOUIS SENIOR OLYMPICS

The time trials are open to all United States Cycling Federation licensed riders, semi-professionals who race on the road or the track for cash. They will not have to qualify at a regional or state Senior Olympics because they already know how to race and are presumably somewhat skilled at handling their bikes. Canadian Cycling Federation licensees are also exempt from qualifying and may enter even though these are the "National" Senior Olympics.

The races will be run or ridden over the roads in Forest Park. The distances

on July 1 are 1/2 mile and 5 kilometers. The July 2nd race will be over a 10-kilometer course. Riders will be started every minute or thirty seconds at the discretion of the officials, but all competitors will have an assigned starting time and the clock starts ticking whether they are there or not, so it's necessary to be on time.

Starting times will be assigned in the order of receipt of entries and it is the responsibility of the rider to know his or her starting time. No drafting or riding behind another rider will be allowed and riders are subject to disqualification at the discretion of the officials if they do take pace from another competitor.



Bellerive Country Club.

TONY CAROSELLA



Glen Echo Country Club.

TONY CAROSELLA



Saint Louis Country Club.

TONY CAROSELLA



Westwood Country Club.

TONY CAROSELLA

## GOLF

Director, Golfing Events,  
F. Crunden Cole  
Bellerive, Glen Echo, Saint Louis  
and Westwood Country Clubs

Although the first recorded mention of the word "golf" was in the year 1457, in an Act of the Scottish Parliament banning the game, it was not until late in the 19th Century that the game appeared in the United States. In 1887, a Scot, Robert Lockhart, imported several clubs and some (then guttie) balls. An American acquaintance, John Reid, became interested and, with some friends, laid out a three-hole course in a meadow near Reid's home in Yonkers, New York. This may have been the first American golf club.

So golf was a relatively new game to this country when it became an Olympic sport for the 1904 Games held in St. Louis, Missouri, in conjunction with the World's Fair. This was the only time that golf was so designated.

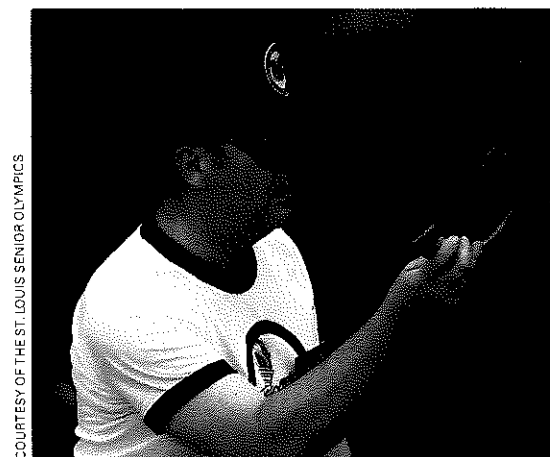
The honor of being the only course ever to have hosted an Olympic golf tournament, therefore, belongs to Glen Echo Country Club, which will be the site of both the Men's and Women's Championship Flights in this year's First National Senior Olympics.

The Championship Flights will be made up of the lowest handicap players applying for these Flights, regardless of age. Flight events—55-59; 60-64; 65-69; 70-74; 75-79; and 80 and over for both men and women, will be held at three other local courses: Bellerive Country Club, host of the 1965 USGA Men's Open Championship and the first USGA Mid-Amateur Championship in 1981; Saint Louis Country Club, site of the 1921 and 1960 USGA Men's Amateurs, the 1923 and 1975 USGA Women's Amateurs, and the 1947 USGA Men's Open Championships; and Westwood Country Club, which was the site of the Western Open Championship in 1936 and 1952, and which played host this June to the Missouri State Amateur Championship.

All fourteen tournaments will be 36-hole medal play events with no handicaps involved, and are scheduled for Tuesday, June 30, and Wednesday, July 1.

The winners of each tournament will receive their awards Wednesday afternoon at the National Senior

Olympics competitions at Washington University.



COURTESY OF THE ST. LOUIS SENIOR OLYMPICS

## HORSESHOES

Director, Horseshoes, Skip Penfold  
Mudd Field, Washington University

Horseshoe pitching derived from the ancient Olympic sport of discus throwing. It is known that Roman soldiers and camp followers threw the horseshoe in the same manner as the Greek athletes threw the discus. As the game progressed, they were thrown for accuracy rather than distance. Stakes were added as a target. The game was introduced in America by soldiers of the British colonial garrisons, and during the American Revolutionary War, pitching horseshoes was a popular diversion among both British and American soldiers.

The Grand League of American Horseshoe Pitchers was the first ruling body of the sport. It was formed in the courtroom of the First District Court, Kansas City, Kansas, on May 16, 1914. In 1921, the National Horseshoe Pitchers' Association of the United States was organized. It was incorporated in Ohio as a non-profit organization. On February 26, 1925, its name was changed to the National Horseshoe Pitchers' Association of America, the name it still bears.

Between 1905 and 1920, they learned to control the shoe and have it land open around the peg. It was no longer a game of chance. In the past, they had pitched to get close to the peg with an occasional lucky shoe landing as a ringer. The word spread and people practiced pitching the "open" shoe. Manufacturers began making special shoes for pitching. They now can be bought in different weights, tempers, shapes and balances. The better courts have con-

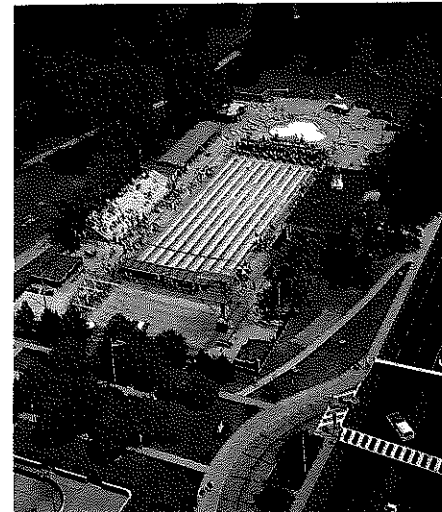
crete pads and walkways for surer footing while pitching, and special clay in the pits to hold the shoe where it lands.

In the National Senior Olympics, first place will be determined similar to the double elimination method. The person that goes undefeated has first place and will not have to play the winner of the one loss side. The matches will be 21-point cancellation.

A shoe must be within six inches of the peg to score a point and a ringer counts as three points. If each person has a ringer on the peg, they cancel, and the next closest shoe counts as a point. Women of all age groups and men 75 and older may pitch at 30 feet. Younger men must pitch at 40 feet. Participants may use their own horseshoes, if legal. A shoe shall not exceed 7 1/4 inches in width, 7 5/8 inches in length, or have the opening wider than 3 1/2 inches. The shoe shall not weigh more than 2 pounds, 10 ounces. Tournament horseshoes will be available for use at the courts.

Midwest.

The St. Louis Track Club will provide the race administration volunteers guaranteeing a safe, well-executed event.



Aerial view of Shaw Park Pool in Clayton, Missouri.

## SWIMMING

Director, Swimming, Caryl Simon  
Shaw Park Pool, Clayton

The 1987 USNSO swimming events are being held at Clayton's Shaw Park Pool from Monday, June 29 through Saturday, July 1. Practice is at 9:00 a.m. and timed finals take place from 10:00 a.m. to 2:00 p.m.

The Clayton Shaw Park pool is an outstanding facility for the USNSO swimming competition. It is a 50-meter 9-lane pool with non-turbulent lane lines.

The U.S. Masters Swimming (USMS) Rules will govern the conduct of the USNSO meet.

The following 12 swimming events were compiled from events that are held around the country. Not all regional Senior Olympics offer all 12 events, so the USNSO decided to offer a Bonus event: 200-meter freestyle; 100-meter backstroke; 100-meter breaststroke; 50-meter butterfly; 200-meter individual medley; 100-meter freestyle; 50-meter breaststroke; 200-meter backstroke; 100-meter butterfly; 50-meter freestyle; 50-meter backstroke; and 400-meter freestyle.

For every USNSO swimming event in which senior athletes have qualified for, they will be allowed to enter an additional Bonus Event. Therefore, if a swimmer qualifies for four events, he or she may actually enter a total of eight swimming events.

## TABLE TENNIS

Director, Table Tennis Events,  
Eric Seiler  
Athletic Complex,  
Washington University

Table tennis is the world's second largest participation sport. It is played in more countries than any other racket sport. The International Table Tennis Federation has 127 member nations. Having 21,000,000 recreational players, according to a Gallop Poll survey estimate based on 1984-85 data, in terms of participation table tennis is America's most popular racket sport. Over 10,000,000 players annually participate in sanctioned tournaments world-wide. Racket sports expert, Dick Squires, in his book, *The Other Racket Sports*, says of table tennis, "At the top level, table tennis is a grueling and demanding sport."

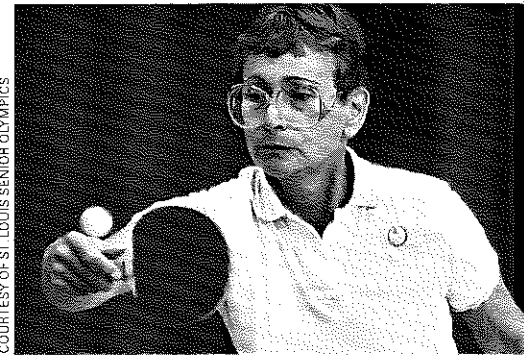
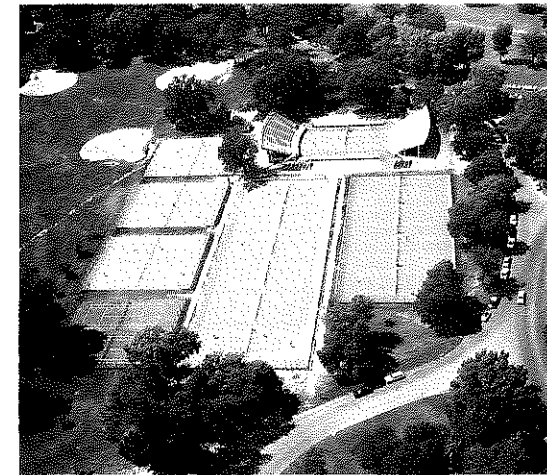


Table tennis began around the turn of the century as a parlor game. By the 1930's, it had evolved into a highly competitive sport throughout the world. The United States Table Tennis Association was formed in 1933. Rapid strides were made, and in 1936 the United States was the first country to win both the Swaythling Corbillon Cups, awarded to the world's best men's and women's teams.

Change has been the constant companion of table tennis throughout the sport's history. Today's enthusiasts are indeed playing a different game than played in the 1930's. In spite of all the innovations the sport has been influenced by, and for all the transitions it has gone through, table tennis is still, as the Chinese say, "the people's sport." It is non-discriminatory in regards to sex, age, or physical size and can be enjoyed by handicapped people, including those confined to wheelchairs. It is inexpensive to play, excellent for eye-hand coordination, adaptable to the confines of

the average home, and can be played year-round.

USNSO table tennis will be a straight elimination format, singles games only, for the five different age categories, for both men and women.



Aerial view of Dwight Davis Tennis Center in Forest Park.

## TENNIS

Director, Jim Riley  
Co-Director, Kathy Mavromatis  
Dwight Davis Tennis Center,  
Forest Park & Shaw Park, Clayton

The 1987 U.S. National Senior Olympics tennis competition will feature winners and runners-up of regional Senior Olympic tournaments as well as Seniors who have participated in national competition and have earned a sectional or regional ranking.

The USNSO tennis tournaments will take place at the Dwight Davis Tennis Center in Forest Park and at Shaw Park Tennis Center in Clayton. The tennis matches will be conducted under the United States Tennis Association (USTA) Senior Guidelines.

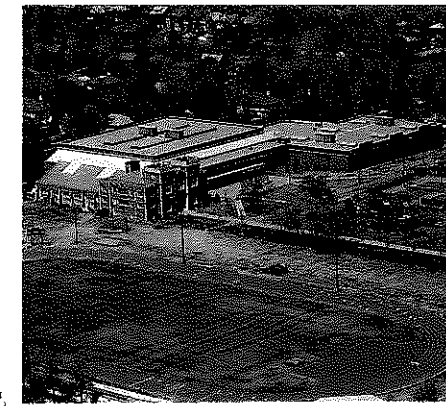
Matches will be two-out-of-three sets with regular scoring and a twelve-point tie-breaker played at 6-6 in a set.

USTA Officials will randomly monitor the matches, and heavy-duty Wilson tennis balls will be provided for each match. Awards will be presented in conjunction with the U.S. National Senior Olympics.

## TRACK & FIELD

Director, Track & Field Events,  
Bill Miller  
James Butler Bushyhead Track  
at Washington University's  
Francis Field

The 1987 USNSO Track & Field competition has unique significance in



Aerial view of Washington University's Athletic Complex and Francis Field.

that it will be held at Washington University's Francis Field, the site of the first U.S. hosted Olympiad in 1904.

The original 500-meter cinder track has recently been replaced by the J. Butler Bushyhead Complex, a lighted all-weather "Tartan" surfaced facility featuring a 400-meter oval, plus all field events.

The idea of hosting the first USNSO in St. Louis evolved from the success of the St. Louis version of Senior Olympics hosted by the JCCA the past seven years.

Competition opens with a 10,000-meter road run at Francis Field, beginning at 7:30 a.m. Track and Field Competition will be held on Monday, Tuesday and Wednesday, June 29, 30 and July 1. Metric Track events include 100, 200, 400, 800, 1,500 and 5,000, plus the 1,500 Race Walk. Field events include High Jump, Pole Vault, Long Jump, Shot Put, Discus Throw and Javelin Throw.

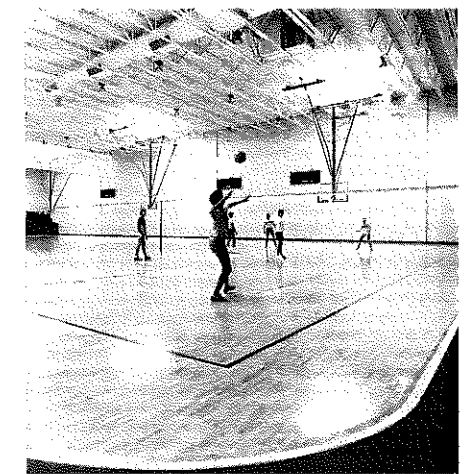
Referee for the event is Dick Ault, a 1948 Olympian (4th in 400-Meter Hurdles) and former University of Missouri record holder who is currently Track Coach at Westminster College. St. Louis area track coaches and TAC (The Athletic's Congress) officials association headed up by Bob Kreutz (Kirkwood Track Club) and Charlie Lewis (Florissant Track Club) will provide over 100 volunteer officials each of three days.

The Accutrack photo timing system will be employed, enabling competitors to qualify for final events in the timed preliminary heats, eliminating multiple qualifying races (quarter-finals, semifinals, etc.).

Sports Stats of St. Louis will provide its "state of the art" computerized services setting up heats, flights, results, lane placement.

By focusing on the 55-plus age groups, the USNSO affords senior athletes their own national identity as a competitive group. Until now, masters competition provided the only venue and catered to all ages from 30 up. This should provide the impetus for growth in numbers and caliber of competition among seniors.

The goal of the USNSO is patterned after the Olympic idea that emphasizes "Not the winning, but the taking part."



Washington University's Volleyball Court in the new Athletic Complex.

## VOLLEYBALL

Director, Volleyball,  
Dr. Armando Ylagan  
Washington University's  
Athletic Complex

Volleyball is an all-around game for anyone, regardless of sex or age. The regional Senior Olympics volleyball is played by men and women who have reached the age of 55 or over. For the USNSO Volleyball tournament, which will take place at Washington University's Athletic Complex, June 27, 28 and 29, there will be at least three matches. Each match is 21 points, 2 out of 3 games. The USNSO volleyball matches will be open to both men's divisions and women's divisions. The teams will have a minimum of 6 players and a maximum of 15 players.

Women's divisions will include teams from Louisiana, Missouri, Colorado, Texas and Wisconsin.

Men's divisions will include teams from Michigan, Louisiana, Missouri, Colorado, New York, Texas and Wisconsin.

Major League Volleyball has become the newest professional sport, particularly for women. ☆



## 10K ROAD RACE

Director, 10K Road Race,  
Dan Sebben

The marathon of the 1987 U.S. National Senior Olympics will be the 10K Road Race. The race will start and finish at historic Francis Field on the campus of Washington University. Francis Field was the site of the 1904 Olympics, the first Olympics held in the U.S.A.

The course then leaves Francis Field and travels east on Forsyth Boulevard into beautiful Forest Park. The course will loop through Forest Park and return to Francis Field via Forsyth Boulevard. The runners will complete a victory lap on the finest rubberized track in the

**May The Force Be With You.**

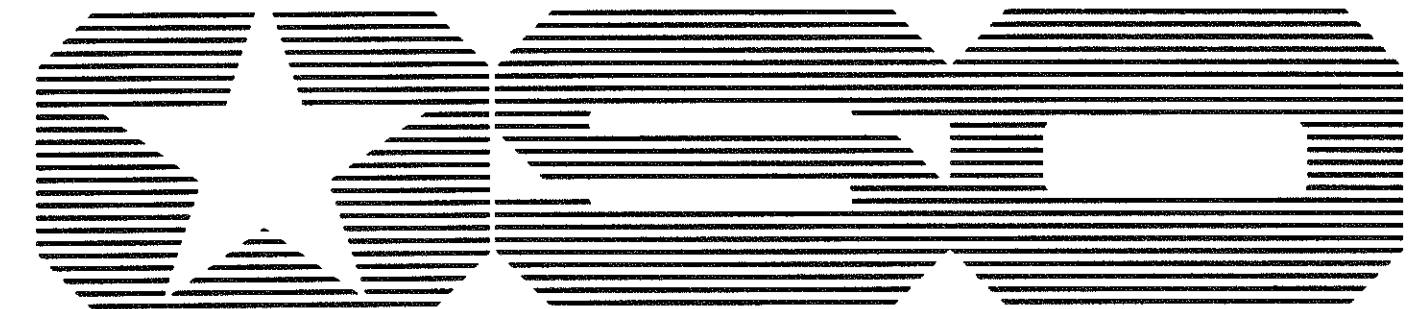
St. Louis was the site for the first International Olympic Games in 1904. Now 83 years later, the same site will provide the stage for the first U.S. National Senior Olympics.

ConAgra, the Force in Frozen Foods, salutes these senior athletes, who represent such a vital force in our nation.

As America's largest supplier of frozen foods, ConAgra proudly supports the outstanding efforts of these athletes. And we wish the U.S. National Senior Olympic Games continued success in the years to come.

**ConAgra The Force In Frozen Food.**

# PARTICIPATING ATHLETES OF THE 1987



U.S. NATIONAL SENIOR OLYMPICS

USNSO PARTICIPANTS AS OF JUNE 11, 1987



**A**

Stanley Abele  
Bernie Abrams  
Joseph Accardo  
Bruce Ackerman  
Paxton Ackerman  
Charlotte Acton  
Elsie Adams  
Gwilyn (David) Adams  
Milton Adams  
Emily Addison  
Ernest Agness  
Edward Aho  
Louie Aiello  
Peggy Akers  
Joe Akins  
Stella Albares  
Joan Alexander  
John Alexander  
Milton Alexander  
Wade Alexander  
Lenore Alkire  
John Allen  
Monroe Allen  
Roy Allen  
Thomas Allen  
Margaret Alper  
Maria Altamuro  
Paul Amadio  
Norman Ameling  
Margaret Amendola  
Calvin Ammerman  
Eloise Anderson  
Ginny Anderson  
Glen Anderson  
Hamilton Anderson  
Hildi Anderson  
James Anderson  
Laverne Anderson  
Mildred Anderson  
Thomas Anderson  
Vernice Anderson  
Harry Andrews  
Roland Anspach  
Lee Anthony  
Vern Anthony  
Virginia Arent  
Jane Arnold  
Reginald Arnold  
Marie Arnoldy  
Frederic Arnstein  
Robert Asher  
Herschel Asner  
Marvin Atkins  
William Atkinson  
Merry Austin  
Edwin F. Aycock  
Ervine Aycock  
Gene Ayers

**B**

Kenneth Babcock  
E. Paul Bacheller  
Oscar Baer

Wendell Bagley  
Millie Baier  
Jack Bailey  
J. R. Baker  
Jean Baker  
John Balazs  
Chuck Baldwin  
Daisy Ball  
Irving Ball  
George Ballee  
Erwin Balough  
William Bandle  
Bill Bangert  
Ivan Banks  
Charles Barenkamp  
Bert Barker  
Paul Barnett  
Catherine Barnum  
John Barreiaux  
Edgar Barrios  
Andrew Barrow  
Reggie Barrus  
Jasper Barry  
Clarice Barthelemy  
Bob Bartling  
General Bass  
Walter Bauer  
Dorothy Bavaro  
William Baxter  
Geri Bayless  
Marcy Bayne  
Albert Beacon  
Robert Beal  
Ray Bean  
Phyllis Beard  
Janet Beardsley  
Louise Becker  
Annabelle Beeler  
Warren Beeson  
Bill Beggs  
Hester Behlen  
Mary Behling  
Alfred Behrendsen  
Charles Beittel  
James L. Beitler  
Joseph Bell  
Lavern C. Bell  
Frank Bellaire  
Robert Belliveau  
Rosemond Sister Belongay  
Thomas Belshe  
Delbert Bender  
George Bender  
Norma Bender  
Ruth Bendziunas  
Jean Benear  
Sal Benelli  
Gus Bengston  
Joseph J. Benintende  
Lee Benjamin  
Emmett Bennett  
Ken Bennett  
Joe Beracy  
Henrietta Berger  
William Bergman

June Bergstrom  
Frank Bergum  
Donald R. Bero  
Harry Berndt  
June T. Berniard  
Jean Berquist  
Claude Berry  
Florence Berry  
George Berry  
Joyce Berry  
Walter D. Bertsche  
Marie Betts  
Leon Beverly  
Leon Bevins  
Alice Bible  
Roy Biddle  
Freda L. Bierwagon  
Florence Bilger  
Elizabeth Billings  
Walters Bilyk  
Helen Binkley  
Helen Birch  
Clifford Bird  
Olive Bird  
Myron Bishop  
Evelyn Bjugstad  
Gale Black  
Marion Blackinton  
Willie Blackmon  
Jane Blackwell  
Janet Blair  
George Blakely  
Jack Blalock  
Doyle Bland  
Lavada Bland  
Robert "Bud" Blattner  
Marv Blechman  
Edith Bledsoe  
Darrell Blodgett  
Ann Blumberg  
Ozy Blumberg  
Charles Blumenthal  
June Blunt  
Mabel Boardman  
Elsie Bobst  
Lisa Bogatko  
Oliver Bohlman  
Virginia Bohrer  
Jim Boland  
Joseph Bolen  
Dorothy Bolger  
Everett Bolton  
Millie Bolton  
Elmer Boman  
Lucille Bon  
Carlos Bonacich  
Joseph Bondi  
Zina Bongiovanni  
Janet Boorom  
Robert Boorom  
Leslie Boos  
Don Borchardt  
Mavis Borthick  
Courtney Bosler  
Francis M. Bowdon

Marge Bowdon  
Benjamin Bower  
Dick Bower  
Lillian Bower  
Mary Bowermaster  
Robert Bowermeister  
Ruby Bowermeister  
Paul Bowersox  
F. Douglas Bowles  
Jack Bowman  
Arthur Boyd  
Harriett Boyd  
Mildred Boyer  
Genevieve Brackman  
Glenn Bradd  
Ben Brady  
John Bralowski  
Al Bramble  
Henry Brandon  
James Branson  
Clayton Brelsford  
Clark Brill  
Dorothy Brill  
Frank Brimley  
Kay Brinson  
Steve Broadie  
Paul Brocksmith  
Peg Brookes  
John Brouk  
Edward Broussard  
Carlotta Browder  
Alfred Brown  
Bee Brown  
Bruce A. Brown  
Harry Brown  
Hazel Brown  
Norman Brown  
Ruth Brown  
Hope Browning  
Phillip Brumley  
Charlotte Bruner  
La-Wanda Bruner  
Carl Bruns  
Phillip Brusca  
James W. Bryan  
Murl Buchanan  
Cybil A. Buchert  
Mildred Buchert  
Joseph Buchwald  
Floyd Buck  
Joseph Bukiet  
Daniel Bulkley  
Anne Bunce  
Max Bura  
Reasoner S. Burden  
Neil Burges  
Elsie Burkhart  
James Burkhart  
Jack Burnett  
Howard Burns  
Marge Burns  
Marie Burrus  
Mel Buschman  
Melba Bush  
Elizabeth Bushee

Gladys Bushnell  
Connie Butler  
John Butler  
Dale Buysse

**C**

Wylie Cabler  
Tom Callahan  
Ted Callas  
Daniel F. Calley  
Mike Calvin  
Lou Campani  
Bill Campbell  
Jean Campbell  
Joanna Campbell  
John Campbell  
Ken Campbell  
Reba Cannon  
William Canterna  
Sylvester Capalbo  
Sam Cardinal  
William Carey  
Domenick Caristo  
Eloise Carnes  
Larry Carnes  
Julia Carr  
Annalou Carrier  
Mary Carroll  
Shirley Carroll  
William Carroll  
Davis Carson  
LaVerne Carter  
Virginia Carter  
William Carter  
Wanda O'Dell Carton  
Cleo P. Casady  
Glin Casey  
Guy Casey  
Mary Casey  
Wayne Casey  
Brad L. Cassady  
Mike Castaneda  
Victor Catoia  
Mary A. Cavicchi  
Herbert Cavin  
Ed Caylor  
Richard Cerretti  
Agnes Chambers  
Tertius Chandler  
Paul K. Chang  
Howard Channell  
Ellen Charlie  
John Charlie  
Nadine Chartrand  
Louis Chauvenet  
Louis Chaves  
Charles Check  
June Check  
Needham S. Cheely, Jr.  
Anna Chilcoat  
Cora Childers  
Robert Christensen  
Eugene Christenson  
Louise Christmas  
Howard Christopherson

Chris Christy  
Frances Chubinski  
Alice Churchill  
Rocky Ciociolo  
Rosa Cisco  
Roger Clancy  
Mike Clarizio  
Barbara Clark  
Carolyn Clark  
Cecil Clark  
Glynn Clark  
Helen Clark  
Margaret Clark  
Nancy Clark  
Thayer Clarke  
Vinton H. Clarke  
Jane Clarkson  
John T. Clarkson, Jr.  
Ben Claymen  
Otto Clayton  
John Clement  
Ann Clifford  
Guy W. Cline  
Al Clubb  
Ruth Clubb  
Ozelma Clubbs  
Fred J. Cobb  
Robert Cochran  
Robert Coffey  
Frances Coffield  
Henry Coghill  
Albert Coleman  
Al Collins  
Andy Collins  
James Collins  
James Collins  
David Colton  
James Commarto  
Darwin Compton  
Ellen Conant  
Sidney Conger  
Frances Conklin  
William H. Copeland  
Earl Conrad  
Howard Constant  
Carla C. Convery  
Roy C. Cook  
Hilburn Cooke  
Jack Coombs  
Buddy Cooper  
Pearl Cooper  
Verda Copes  
Mary C. Corbett  
Douglas Corderman  
Donald Cornwell  
Thomas Costello  
Eugene Cottrell  
Bryan Covington  
George Covington  
Robert Cowan  
Thomas Coyle  
Helen Coyte  
Charles Craig  
Rose Craig  
John E. Cranch



Mary Crass  
Sherman "Dutch" Craumer  
Roger Craver  
Lillian Creno  
Mildred Crews  
Wallace Crews  
Glenda Crites  
Mahota Crocker  
Ralph Croumer  
John Crump  
Mamie Crump  
Benny Cruise  
Florence Crutchfield  
Margaret Cruze  
Donald Cumley  
Ray Curry  
William Curtis  
Lillian Czarkowski

**D**  
Emil Daeschner  
Erich Dahl  
John Dahlgren  
Russ Dahlin  
Louis Dalmaso  
Chester C. Dalton  
Roger Dalvera  
Cokey Daman  
Agnes Dames  
Richard H. Daniel  
Taft Dantzler  
Rose C. D'Aquila  
Mary Rose Daughton  
Robert Dauphin  
Adelle Davenport  
Robert Davenport  
Toni Davidson  
Helen Daviet  
Beatrice Davis  
Cary S. Davis  
Dorothy Davis  
Gerald W. Davis  
Marian Davis  
Pepper Davis  
Ruby Davis  
Curt Davison  
Fran Davison  
Geri Davison  
Len Davison  
Betty Dawlen  
Helen Dawson  
Thelma Dawson  
Vida Day  
Lottie Dean  
George Deangelo  
Evelyn Dedenbach  
Edward Degroot  
Howard Degrush  
Lorraine Dejohnette  
Edward Delano  
Joyce Demille  
Ernest Dents  
Ray Depalma  
Robert Depirro  
Nick Derienzo

Winnie Deshautelle  
Theodore Desjourdy  
Edmund Deuss  
Florence Deutscher  
Henry Devuono  
Joe A. Dewoody  
Dorothy Deyonge  
Sidney Diamond  
Anthony Di Grazia  
Mary Dickson  
Charles Diehl  
Henrietta Dik  
Rudy Dik  
Bill Doan  
Lila F. Dobash  
Raymond Dobkin  
John Dodd  
Paul Dohrmann  
Julia Dolce  
John F. Dolan  
Murphy J. Domingues  
Cass Donahue  
Fred Donaldson  
Bill Donelson  
Strat Donnell  
Sam Dorman  
Phillip Dorsch  
John Dorylis  
Jane W. Dougherty  
Freda Dove  
Myron Dover  
Elizabeth Dow  
Louise Downes  
Elsie Draper  
Richard Dresser  
Marianne Driver  
Bozena Drozda  
Clara Dulick  
Jack Dunn  
Peter Dunne  
Milton S. Durdella  
Eileen Durham  
Kyle Durham  
Mildred Durham  
Jean Durston  
Helen Dutcher  
Grace Duvivier  
Natalie Dwire  
Evelyn Dybing  
Alice Dye  
Pete Dye  
Paul Dziezyc

**E**  
Nona Eagan  
Murray Eager  
Joe Eason  
Herman Easterly  
Marian Ebert  
Robert Ebling  
Raymond Edelhoff  
Gloria Edmondson  
Kate Edwards  
Dennis Egley  
Hank Ehlebracht

James Ehlenfeldt  
John Eichman  
William James Ellsmore  
Robert Elshire  
Neal Emerson  
Marsha Emmons  
Clara K. Englade  
Ernestine Englade  
Elmer Engelhardt  
Roy T. Englert  
Mary Enos  
Claude Enright  
Sol "Eppy" Epstein  
Virginia F. Erichsen  
Dottie Ericksen  
Jack Erickson  
Imy Ernst  
Margaret Esch  
Albert Etling  
Louis Ettman  
Betty Evans  
Jack Evans  
Jay Evans  
John Evans  
Margaret Evans  
Victoria Evans  
Marie Evon  
John Ey

**F**  
Paul Fairbank  
Jean Fairman  
Virginia Falkenburg  
Ann Farmer  
Mary Farra  
Frank Farrar  
Patricia J. Farrar  
Fred Faucheux  
Marjorie Faust  
Rita Favero  
Herbert Fealing  
Alan Feder  
Charles Fekete  
George Feld  
Boyd Fellows  
H. H. Ferguson  
George Fero  
Angelo Ferro  
Billie Ferro  
Wayne Field  
Bryon Fike  
John (Dick) Findlay  
Betty Finout  
David Fischer  
Virginia Fischer  
Michael Fisher  
Lee Fitch  
Tucker Fitzgerald  
Anne Flanagan  
Billy Flaughner  
Harry Fleenor  
Ray Fleming  
Paul Fletcher  
Dick Flockenzler  
Alden Flory

Helen Fluke  
Eilleen Foehr  
Dorothy Ford  
Eleanor Ford  
Faustina Ford  
John N. Ford  
Dorthea Fordney  
Bob "Chick" Foret  
William Foster  
Annabelle Fowler  
Gene Fowls  
Dave Francis  
Patrick Frank  
Leon Frankel  
Tillie Frankel  
James Franklin  
Frederic Franz  
Beatrice Frauenhoffer  
John Frazer  
Mercedes Frazier  
Troy Frazier  
Dwen Freeburg  
Raymond Freeman  
Vinson Freeman  
Estelle Frendberg  
Edward Fresen  
Louise Friedman  
Robert Friedman  
Yvonne Frischertz  
Agota Frohs  
Dana Frost  
Emma Frost  
James Frye  
Ernest Fuselier

**G**  
John Gallaher  
Emory Gaffney  
Harold Galloway  
Ruth Gamble  
Robert Gambrell  
George Gandsey  
Elizabeth Gann  
Miguel Garcia  
Stephen Garcia  
Victor Garcia  
Bob Gardewing  
Elvera Gardner  
Gladys Garlock  
Janith Garon  
Anthony Garner  
John Garnett  
Dr. William Garrahan  
Gene Garris  
Earlyne Garon  
Betty Garvey  
Grady Gaskill  
Bill Gatesh  
Paul Geiss  
Harvey Geller  
Paul Gelner  
Jim Gemmell  
Vance Genzlinger  
Edward Getsch  
Eleanor Getsch

Stan Gibbons  
W. Joseph Gibbs  
Johnny Gibson  
Bernard Giedeman  
Jean Gieseking  
Elizabeth Gifford  
Haywood Gilbert  
Henry Gilbert  
June Gilbert  
Phyllis Gilbert  
Roy Gilbert  
Helen Gildea  
Harry Gillespie  
Loren Gillespie  
Effie (June) Gillispie  
Rose Ginish  
Lester Gjerman  
William O. Glackin  
Wallace Gladney  
William Gladney  
Jeanne Glaub  
John F. Glawe  
Claire Goble  
Jay Goddard  
Evelyn Godsey  
Mary E. Godsey  
Borman B. Goebel  
Alvin Golub  
Walter Gomes  
Hank Gooch  
Bill Gooder  
Mary Frances Goodloe  
Eugene Gotsch  
Clifford Gouge  
Hal Gould  
Jake Graber  
Vivian Grace  
Robert Graham  
Eugene Grant  
William Grant  
George Grantham  
Richard Grater  
Berta Gray  
Dottie Gray  
Robert Gray  
Estelle Greb  
James E. Green  
Robert Green  
Helen Greene  
Vincent Greene  
Jack Greenwald  
Ann Gregory  
Irma Gregory  
John Gregson  
Ila Grenfell  
Cecil Griffin  
Lola Griffin  
Samuel Griffith  
Clair Grim  
Anis Grinius  
Robert L. Grissom  
Elaine J. Griswold  
Jac Griswold  
Jim Gross  
Dan Gruender

Edie Gruender  
Jeane Gruender  
Charles Guidry  
Bill Guilfoil  
Steve Gulick  
Ed Gunderson  
Genevieve Gunderson  
Ruth Gurtis  
Wallace Gustafson  
Harry Guth  
Valdean Guthrie  
Patricia Guzy  
James Gwinn

**H**  
David Hacker  
Oneil Hadnott  
Jack Haefele  
Lauina Haefele  
Ralph Haeffner  
Denver Hague  
Deborah Haimo  
David Hall  
Emma Hall  
J. Lyman Hall  
James Hall  
Roger Hall  
Elmer Halldorson  
David Halle  
Jackie Hamel  
Clem Hamilton  
Carl Hammer  
Ernie Hammond  
Robert B. Hanes  
Ruth Hangen  
Arthur Hannaman  
B. J. Hansen  
Richard Hansen  
Wayne Hanson  
Julio Happa  
Judith Hardy  
Robert Harkness  
Marvin Harms  
Anthony Harp  
Billie B. Harper  
Glenn Harper  
Rose Harper  
Oliver Harpman  
Marge Harrington  
Waldo Harrington  
Jack Harrison  
Clyde Hart  
Ralph Hart  
Rebekah Hart  
Otis Harten  
Alvera Hartman  
Dee Hartmann  
Ferdinand Hartmann  
Oscar Hartmann  
Adrian Hartoog  
Tjitske Hartoog  
Paul Hartzell  
Joyce Harzmeier  
Ruth Haudorson  
Jeanne Haupt

M. Eugene Hawks  
Beulah Hayman  
William Hayman  
Mary Hayward  
Ruth Hayward  
Betty Haywood  
William Hazatone  
Susan Heacock  
Allen W. Hearst  
Jean Hedberg  
John Hedges  
Al W. Heidenfelder  
Sister Anne Heim  
Robert Heintzelman  
Syrilda Helgren  
William Helms  
Marvin Henderson  
Warren Henderson  
Ross Hendrickson  
Roy Hendrickson  
Edith Hendry  
George Hendry  
Margaret Hennessy  
Myra Henson  
Francis Herbst  
Larry Herendeen  
Frank E. Herrelko, Sr.  
Truman V. Hershberger  
Emanuel Hershkowitz  
Polly Herzer  
Richard Herzer  
Jarvis Hesse  
Edwin Hetfield  
Albert Hewitt  
Ann Heys  
Dick Heys  
Belle Hickey  
Hal Higdon  
Richard Higginbotham  
Allen High  
Fred High  
Margaret High  
William High  
Avis Hilfinger  
Ann Hill  
William C. Hill  
Mary Hilliard  
Robert Hingston  
Fulton Hines  
Francis Hitchell  
Earl Hitt  
Janice Hixon  
Elli Hochberger  
Stanley Hodock  
Harlin Hoelscher  
H. J. Hofacker  
George Hoferer  
Milton Hoffman  
Lil Hofstad  
James L. Hogan  
Kelly Hohl  
Marie-Louise Holbert  
Mozelle Holbrook  
Robert Holbrook  
Nellie Holdeman

Romie Holder  
Wallace Holder  
Art C. Holland  
Joseph Holland  
Charles Hollander  
Veronica Hollander  
Norman Holle  
Fred Hollenbeck  
Clyde Hollie  
Tracy Hollister  
Richard Holloway  
Florence Holst  
Buzzy Hood  
Henry Hoover  
Vincent Hopkins  
Brydon Horchler  
Pina Hornsby  
Bill Hornyak  
Stanley Horomanski  
Roy T. Hosler  
Agnes Hotter  
Claude Houchin  
Marie Houchin  
Rita Houston  
Jae Howell  
Ralph Hoyle  
Ann Hoyt  
Earl Hoyt, Jr.  
Eugene Hrdlicka  
Jeanne Hrdlicka  
Charles T. Hudgins  
Eslie Hudson  
Kathleen Huff  
Sara Huff  
Horace Huffman  
Bernice Humay  
Jack Humbert  
Alice Humphrey  
Dorothy Hunefeld  
Jack Hunt  
Anthony Hunyar  
Herbert Hussey  
Rick Hustace  
Dorus Huston  
Verna Huston  
Paul Hutinger  
David Hyatt

**I**  
William Ide  
Clancy Inman  
Maxine Isham  
John Istnick  
Rolly Ivers

**J**  
Allan Jackson  
Donna Jackson  
Ed Jackson  
Opal Jackson  
John Jacobs  
Michael Jacobs  
Russell Jacobsen  
Philip Jacobson  
Joseph Jakovac

Clinton James  
Haig Jamgochian  
Obel James  
Pauline James  
Betty Jarvis  
Virginia Jarvis  
Joan Jasin  
Georgia Jeane  
Paul Jeffries  
Charles Jennings  
Ernie Jensen  
Helen Jensen  
Ilse Jobson  
Elizabeth John  
L. K. John  
Vivian Johns  
Clyde Johnson  
Ed Johnson  
Edgar Johnson  
Glenn H. Johnson  
Harold Johnson  
Hazel Grayce Johnson  
James K. Johnson  
Joy Johnson  
Margaret Johnson  
Maurice Johnson  
Sallie Johnson  
Albert Johnston  
Janet Johnston  
Andy Jones  
Bill Jones  
George T. Jones  
Gurnelle Jones  
H. L. Jones  
Lila Jones  
Milton Jones  
Orlando Jones  
Rae Jones  
Victor D. Jones  
Zona Jones  
June Jordan  
Sally Joy  
Earle Jukes  
Ellen Julius  
Mort Julius

**K**  
Jean Kahl  
Larry F. Kahl  
John Kahnert  
Evelyn Kalberg  
Irwin Kamke  
Alfred Kamm  
Pearl Kane  
Red Kane  
Jerry Kanter  
Easterly Kanza  
Alfred Kaptor  
Louis Kashdan  
Bert M. Kassell  
Ruth Katz  
Arthur Kaufman  
Dave Keaggy  
Patrick Keeley  
Bernard Keeney

Ester Kehew  
Jim Kehew  
Len Keiller  
Leroy Keim  
Eugene Keller  
John Keller  
Marie K. Kelleher  
Alice Kellogg  
Art Kelly  
Leora Kelly  
Elizabeth Kelsey  
Walter Kemp  
Betty C. Kendall  
Joseph Kendall  
Ollie May Kendrick  
Frank Kennedy  
Vernon Kennedy  
Grant Kenner  
Regan Kenner  
Frances Kenney  
Beth Kent  
Jim Kent  
Reggie Kenyon  
Harry Keough  
Lloyd Kerley  
Ruth Kerley  
L. A. Ketchum  
William Kiah  
Elanora Kidd  
Camille Kiel  
Carl Kiiffner  
Christine Kildow  
Tona R. Kildow  
Marguerite Killian  
Esther Kilmartin  
Dorothy Kimmel  
Bill King  
William King  
Glynn Kirchner  
Jerry Kirk  
Roy Kirk  
Ray Kirkland  
John Kirn  
Tillie Klansnic  
Dick Klein  
Erwin Klein  
Jacob Klein  
Leonard Kleinhenz  
Mary Kleinhenz  
Bernice M. Kleinschmidt  
Roland Kleinschmidt  
Mildred Klingman  
Lois Kloker  
Ollie Klosterman  
Charles L. Klotzer  
Bill Knuppel  
Harold Knuth  
Ted Koch  
George Koehler  
Alan Kohn  
Lou Koprince  
Richard Kopro  
Paul Kordsmeier  
Frank Kosco  
Marvin Kosky

Joe Kostohryz  
Marie Kotowski  
Gordon Kovar  
Tony Kozub  
Charles Kray  
Clarence Krieger  
Harriet Krieger  
Peter Kronberg  
George Kropp  
Elizabeth Krupa  
Clifford Kruse  
Martha Kuchaes  
Dolores Kuenz  
Mary Kuhn  
Arthur Kunkel  
Louise J. Kutscher  
Ed Kuzia  
Doris Kuzmak  
Stephanena Kysor

**L**  
Jo Lacy  
Philip A. Ladouceur  
Grace Lail  
Margareta Lambert  
Cyril Landry  
Lamar Landry  
Louise Landry  
Vincent Landry  
Vern Lane  
Elfriede Lange  
Oliver Langenberg  
Mary Langerman  
Rolland Langerman  
Curtis W. Langford  
Hollis Lankford  
Frances Lansbury  
Melvin Larsen  
Eldor Larson  
Vivian Larson  
Anne Lathram  
Douglas F. Latimer  
Biagio Laretta  
Robert Lavery  
Philip Lawrence  
James F. Lawson  
Charles Lazarus  
Rita Lazarus  
Miervaldis Lazdins  
Paul H. Leath  
Arthur Leboffe  
Inez Leboeuf  
Marshall Lech  
John Lechner  
Ruth Lechner  
Becky Lee  
Mimi Lee  
Aaron Leff  
Ruth Leff  
Ernest Leh  
John Lehman  
Ernest Leinberger  
Joseph Leinster  
Christ Lekometros  
Isidore Lemieux

Shirley Lemire  
Elaine Lemmer  
James Lemons  
Dave Lengauer  
Margot Lenigk  
Bevins Leon  
Peter Lepponen  
Helen Leshner  
Leo Leshner  
Clyde Leslie  
Owen Lewis  
Ruth Lewis  
Doris Liberman  
Donald Lichty  
Harrison Liebrum  
Milo Lightfoot  
Joyce Lignoul  
Marie Lilliedoll  
Yan Lin  
Helen Lincoln  
Harry Lindeman  
Harry Lindower  
Carl Lindstrand  
Paul Lingo  
Marilyn Lipton  
Nell Lipscomb  
Ruth Little  
Michael Lo Bosco  
Arthur Long  
E. V. Long  
Ken J. Long  
Lawrence Long  
Leslie Long  
Monte Lopata  
Robert A. Lopez  
Catherine Losacano  
Morris Lovelady  
Cecilia Lozano  
Joseph Luchansky  
Lyle Ludwig  
Anne Luft  
Miles Luke  
Richard Luke  
Harry Lund  
Shirley Lund  
Joyce Lynch

**M**  
Millard Mabis  
Nancy Macbeth  
Anna Macdanel  
Robert Macdonald  
William Macdonald  
Don Maccougall  
Percy Mack  
A. Dale Mackey  
Molly Mackown  
Michael Magyar  
William E. Maine  
William M. Major  
Maya Malcolm  
Casmir Malys  
Robert Mandeville  
Robert Mangan  
Isabelle Manning

James Marcantonio  
Joseph Marcella  
Joseph Marchi  
Florence Marino  
Denzil Marsh  
Nadine Marsh  
Katherine M. Marshall  
Marie H. Martie  
Albert Marthin  
Barney Martin  
Carol Martin  
Denby Martin  
Dick Martin  
John Martin  
Josephine Martin  
Louise Martin  
Robert Martin  
Elnora Martinelli  
Pete Martinelli  
Vivian Materne  
Elsa Matila  
Robert Matteson  
Joe Mattia  
Angeline Matts  
Howard G. May  
Carrie Mayle  
John Mays  
Ray McAteer  
Robert McCall  
Libby (Ruth) McCants  
Justin McCarthy  
Blanche McCleary  
Robert McClintock  
Adele McCormick  
Alyce McCormick  
Roy McCoy  
Gertrude McCreary  
David McCulloch  
Adam McCullough  
Don McCune  
Preston McDaniel  
Alice McDavid  
Bruce McDonald  
Edith McDonough  
Dick McDowell  
Alice McGadden  
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### ARIZONA

ARIZONA SENIOR OLYMPICS  
Irene Stillwell, Director  
2240 Citrus Way  
Phoenix, AZ 85015  
Qualifying games were held February, 1987, at Arizona State in Scottsdale, Arizona.

### ARKANSAS

ARKANSAS SENIOR OLYMPICS  
Susan W. Kuehner, Information Specialist  
CENTRAL ARKANSAS AREA AGENCY ON AGING  
706 W. 4th Street  
P.O. Box 5988  
North Little Rock, AR 72119  
Qualifying games were held October, 1986.

### CALIFORNIA

NORTHERN CALIFORNIA SENIOR OLYMPICS  
Jeff Weiss, NCSO Coordinator  
OAKLAND OFFICE OF PARKS & RECREATION  
1520 Lakeside Drive  
Oakland, CA 94612  
Qualifying games were held in Oakland in August and September, 1986 and April 1987.

SOUTHERN CALIFORNIA REGIONAL SENIOR OLYMPICS  
Ben Green  
LEISURE SERVICES DIVISION-DEPT. OF COMMUNITY SERVICES  
P.O. Box 1786  
Palm Springs, CA 92263-1786  
Qualifying games were held in March, 1987.

### COLORADO

ROCKY MOUNTAIN SENIOR GAMES  
Karen Ruiz, Recreation Leader  
CLEMENTS COMMUNITY CENTER  
1580 Yarrow  
Lakewood, CO 80215  
Qualifying games were held at the University of Northern Colorado in Greeley, Colorado, in September, 1986.

### CONNECTICUT

SENIOR OLYMPICS, STATE OF CONNECTICUT  
Will Berger, Coordinator  
UNIVERSITY OF BRIDGEPORT  
Bridgeport, CT 06601  
Qualifying games were held at the University of Bridgeport, Bridgeport, Connecticut in June, 1987.

### FLORIDA

GOLDEN AGE GAMES  
Jim Jernigan, Director  
CITY OF SANFORD PARKS & RECREATION  
P.O. Box 1778  
Sanford, FL 32771  
Qualifying games were held in November, 1986.

### THE GOOD LIFE GAMES

SENIOR OLYMPICS  
Deborah J. Huffer  
BARNETT BANK OF PINELLAS COUNTY, N.A.  
P.O. Box 5128  
Clearwater, FL 33518  
Qualifying games were held in November, 1986.

### GEORGIA

GEORGIA GOLDEN OLYMPICS  
Gene Easterwood  
THOMASVILLE PARKS & RECREATION DEPT.  
P.O. Box 1540  
Thomasville, GA 31799  
Qualifying games were held at Robbins Air Force Base in Atlanta, Georgia in October, 1986.

### HAWAII

HAWAII SENIOR OLYMPICS  
Stan Thompson  
2164 Halekoa Drive  
Honolulu, HI 96821  
Qualifying games were held in April, 1987.

### ILLINOIS

ILLINOIS SENIOR OLYMPICS  
Annette Fuchs, Recreational Supervisor  
SPRINGFIELD RECREATION DEPARTMENT  
1415 North Grand East  
Springfield, IL 62702  
Qualifying games were held in Springfield in September, 1986.

ILLINOIS REGIONAL SENIOR OLYMPICS  
George Hermann  
ILLINOIS SENIOR OLYMPIC SANCTIONING AGENT  
14 Hickory Row  
Macomb, IL 61455

Qualifying games were held in Carbondale in April, 1987; Macomb, May, 1987; Edwardsville, May, 1987; Charleston, June, 1987; East Peoria, June, 1987; Mt. Vernon, June, 1987.

### INDIANA

INDY SENIOR CLASSIC  
Susan Austill, Coordinator  
INDIANAPOLIS DEPARTMENT OF PARKS & RECREATION  
1426 West 29th Street  
Indianapolis, IN 46208  
Qualifying games were held in Indianapolis in May, 1987.

### KANSAS

KANSAS SENIOR OLYMPICS  
Helen R. Miller, Senior Adult Director  
TOPEKA PARKS & RECREATION DEPARTMENT  
City Hall, Room 259  
215 E. 7th Street  
Topeka, KS 66603  
Qualifying games were held in Topeka in September and October, 1986.

### WICHITA SENIOR OLYMPICS

Jill Howell, Management Services Director  
HEALTH STRATEGIES/HCA WESLEY MEDICAL CENTER  
515 N. Hillside  
Wichita, KS 67214  
Qualifying games were held at Wichita State University in May, 1987.

### KENTUCKY

NORTHERN KENTUCKY SENIOR OLYMPICS  
Ellen J. Cook, Director  
Community Resources  
SENIOR CITIZENS OF NORTHERN KENTUCKY  
34 W. Fifth Street  
Covington, KY 41011  
Qualifying games were held in Boone, Campbell and Kenton, Kentucky in May, 1987.

### LOUISIANA

LOUISIANA SENIOR OLYMPIC GAMES, INC.  
Jan Gravel  
LOUISIANA SENIOR OLYMPICS  
P.O. Box 80374  
Baton Rouge, LA 70898-0374  
Qualifying games were held at Louisiana State University in May, 1987.

### MARYLAND

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Robert D. Zeigler, Chairman  
MARYLAND SENIOR OLYMPICS  
Towson State University  
Towson, MD 21204  
Qualifying games were held at Towson State University in October, 1986.

### MICHIGAN

MICHIGAN SENIOR OLYMPICS  
Marye E. Miller, Director  
OLDER PERSONS COMMISSION  
312 Woodward  
Rochester, MI 48063  
Qualifying games were held at Oakland Community College in August, 1986.

### MINNESOTA

SENIOR CITIZEN OLYMPICS  
Carl Seehus, Senior Recreation Director  
DULUTH SENIOR RECREATION PROGRAM  
303 City Hall  
Duluth, MN 55802  
Qualifying games were held in Duluth in August, 1986.

### MISSISSIPPI

MISSISSIPPI SENIOR OLYMPICS GOLDEN GAMES  
Maxine McGuire  
WCCCA  
107 South Lamar  
Oxford, MS 38655  
Qualifying games were held at the University of Mississippi in May, 1987.

### MISSOURI

ST. LOUIS SENIOR OLYMPICS  
Suzy Seldin, Coordinator  
Senior Olympics  
JEWISH COMMUNITY CENTERS ASSOCIATION  
#2 Millstone Campus  
St. Louis, MO 63146  
Qualifying games were held at the JCCA in May, 1987.

### MID-SOUTH SENIOR OLYMPICS

Sam Giambellucca, Chairman  
MID-SOUTH SENIOR OLYMPICS, INC.  
P.O. Box 1407  
Poplar Bluff, MO 63901  
Qualifying games were held in May, 1987.

### SENIOR FITNESS DAYS

Becky Triplett  
Senior Fitness Coordinator  
SOUTHWEST MISSOURI OFFICE ON AGING  
317 Park Central East  
P.O. Box 1805  
Springfield, MO 65805  
Qualifying games were held in May, 1987.

### MONTANA

MONTANA SENIOR OLYMPICS  
Bob Grueninger  
4111 June Drive  
Billings, MT 59106  
Qualifying games were held in Butte, Bozeman, Billings & Missoula in May, 1987.

### NEVADA

NEVADA SENIOR OLYMPICS  
Gene Hrdlicka, Chairman  
NEVADA SENIOR GAMES, INC.  
P.O. Box 70863  
Las Vegas, NV 89170-0863  
Qualifying games were held at the University of Nevada in April and May, 1987.

### NEW HAMPSHIRE

GRANITE STATE SENIOR OLYMPICS, INC.  
Raymond Lacasse  
105 Loudon Road  
Concord, NH 03301  
Qualifying games were held in Concord in September, 1986.

### GOLDEN AGE OLYMPICS, NORTH

Patricia Francis  
NASHUA SENIOR CENTER  
70 Temple Street  
Nashua, NH 03060  
Qualifying games were held in Nashua in May, 1987.

### NEW MEXICO

NEW MEXICO SENIOR CITIZEN'S OLYMPICS  
Olivia Reid, President, NMSO  
P.O. Box 2585  
Roswell, NM 88201  
Qualifying games were held at the New Mexico Military Institute in Roswell in May, 1987.

### NEW YORK

NEW YORK STATE SENIOR GAMES  
Hilary "Bumper" Wagoner  
Executive Director  
NEW YORK STATE SENIOR GAMES  
N.Y. State Parks & Recreation Agency 1  
12th Floor  
Albany, NY 12238  
Qualifying games were held at the University of New York College at Cortland in June, 1987.

### NORTH CAROLINA

NORTH CAROLINA SENIOR GAMES  
Margot Raynor  
NORTH CAROLINA SENIOR GAMES, INC.  
P.O. Box 33590  
Raleigh, NC 27606  
Qualifying games were held at Athens Drive High School in September, 1986.

### NORTH DAKOTA

NORTH DAKOTA SENIOR OLYMPICS  
Tim Mueller, Deputy Director  
NORTH DAKOTA PARKS & RECREATION DEPARTMENT  
Pinehurst Office Park  
1424 West Century Avenue, Suite 202  
Bismarck, ND 58501  
Qualifying games were held in Fargo in May, 1987.

### OHIO

OHIO SENIOR OLYMPICS  
Dr. Robert Gandee/Al Campbell  
Health & Physical Education Department  
JAR 178  
UNIVERSITY OF AKRON  
Akron, OH 44325  
Qualifying games were held at the University of Akron in May, 1987.

### OKLAHOMA

OKLAHOMA SENIOR OLYMPICS  
Craig Thompson/Mike Brown  
TULSA PARK & RECREATION DEPT.  
707 So. Houston, Suite 201  
Tulsa, OK 74127  
Qualifying games were held in Tulsa, May 1987.

### PENNSYLVANIA

PENNSYLVANIA SENIOR GAMES  
Frank J. Koller, Press Secretary, 1986  
Patti Adami, 1987  
PENNSYLVANIA DEPARTMENT OF AGING  
231 State Street  
Harrisburg, PA 17101  
Qualifying games were held at Shippensburg University in August, 1986.

### RHODE ISLAND

Delores M. Bergeron  
Physical Fitness Coordinator  
DEPARTMENT OF ELDERLY AFFAIRS  
79 Washington Street  
Providence, RI 02903  
Qualifying games were held at Brown University, June, 1986.

### SOUTH CAROLINA

SOUTH CAROLINA SENIOR SPORTS CLASSIC  
Debbie Wall, Director

FLORENCE RECREATION CENTER  
P.O. Box 1476  
Florence, SC 29503  
Qualifying games were held in Florence in May, 1987.

### SOUTH DAKOTA

SOUTH DAKOTA SENIOR GAMES  
Jaci Casanova  
ADULT SERVICES AND AGING  
700 Governors Drive  
Pierre, South Dakota 57501  
Qualifying games were held in September, 1986.

### TENNESSEE

TENNESSEE SENIOR OLYMPICS  
Theresa Becker, Senior Center Director  
SENIOR CITIZENS CENTER  
P.O. Box 428  
Maryville, TN 37801  
Qualifying games were held in August, 1986.

### TEXAS

TEXAS SENIOR GAMES  
Hal Geldon, Executive Director, 1986  
Diane Darnell, 1987  
TEXAS SENIOR GAMES FOR FUN AND FITNESS, INC.  
P.O. Box 905  
Arlington, TX 76010  
Qualifying games were held at the University of Texas at Arlington in May, 1987.

### VERMONT

GREEN MOUNTAIN SENIOR GAMES  
Marilyn Sheldon, Chairman  
GREEN MOUNTAIN SENIOR GAMES  
RR 1, Box 2145  
West Rutland, VT 05777  
Qualifying games were held at Green Mountain College in Poultney, Vermont in September, 1986.

### VIRGINIA

VIRGINIA RECREATION & PARK SOCIETY'S GOLDEN OLYMPICS  
Chris Floyd  
BELMONT RECREATION CENTER  
1600 Hilliard Road  
Richmond, VA 23228  
Qualifying games were held at Lynchburg College in May, 1987.

### WASHINGTON

SENIOR SPORTS FESTIVAL  
Diana Hovland  
Seattle Parks & Recreation Department  
100 Dexter Ave., N.  
Seattle, WA 98109-5199  
Qualifying games were held at the University of Washington in June, 1987.

### WISCONSIN

WISCONSIN SENIOR OLYMPICS  
Mary Gissal, Supervisor  
60+ PROGRAM  
Milwaukee Public Schools  
Recreation Division  
2414 West Mitchell  
Milwaukee, WI 53204  
Qualifying games were held at the University of Wisconsin in May, 1987.



# 1987 USNSO PREVIEW PARTY

Boosting the success of the First USNSO

Thanks to the support of more than 1,300 USNSO enthusiasts who attended the USNSO Preview Party on Sunday, February 1, at Washington University's Sports Complex, substantial financial support was generated for the USNSO.

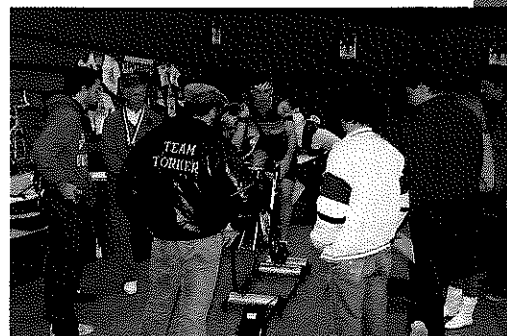
The Preview Party included demonstrations of various sports including tennis, swimming and cycling. Well-known St. Louis celebrity, Sports Hall of Fame member and veteran sportscaster for KMOX-Radio, Jack Buck, was master of ceremonies.

"Sports Legends" including Sam "Boom Boom" Wheeler, Dick Weber, Joe Norris, Bing Devine, Jim Bakken and Jeff Salzenstein were on hand to meet and greet fans.

A special thank you goes to USNSO Preview Party Co-chairmen Pat Coffey and Nance St. James for their exceptional job of organizing this successful benefit for the USNSO. ☆



Presentation of "Medals" by Pat Coffey to major USNSO Preview Party sponsors.



The USNSO Preview Party featured exhibitions and demonstrations of many sports events that will be part of the USNSO from June 27-July 2, 1987.

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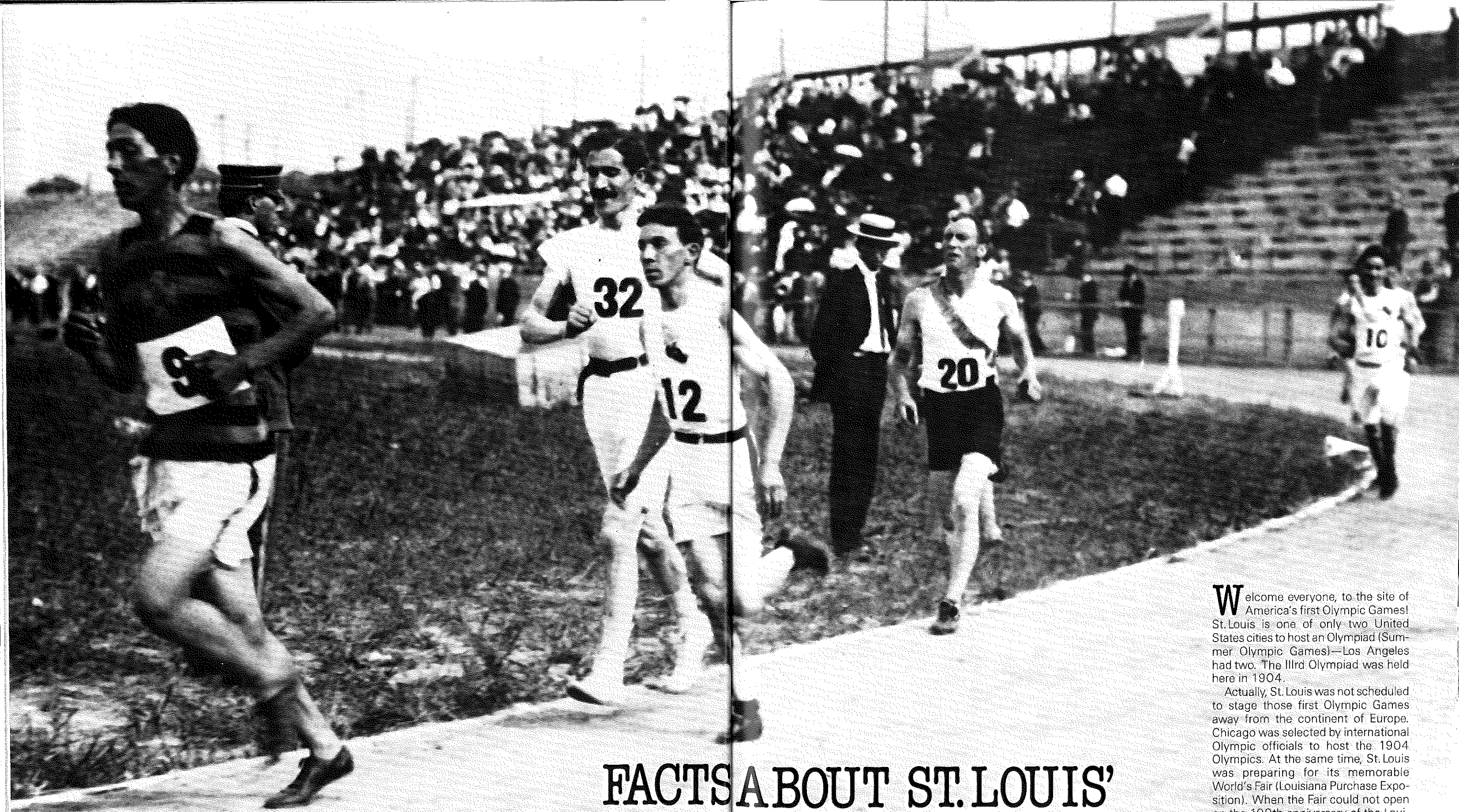
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# FACTS ABOUT ST. LOUIS' 1904 OLYMPIC GAMES

**W**elcome everyone, to the site of America's first Olympic Games! St. Louis is one of only two United States cities to host an Olympiad (Summer Olympic Games)—Los Angeles had two. The IIIrd Olympiad was held here in 1904.

Actually, St. Louis was not scheduled to stage those first Olympic Games away from the continent of Europe. Chicago was selected by international Olympic officials to host the 1904 Olympics. At the same time, St. Louis was preparing for its memorable World's Fair (Louisiana Purchase Exposition). When the Fair could not open on the 100th anniversary of the Louisiana Purchase in 1903, as originally planned, it was rescheduled for 1904. As a result, two international events—a World's Fair and the Olympic Games—were scheduled in mid-American cities less than 500 miles from one another.





It took the help of President Theodore Roosevelt to bring the 111rd Olympiad to St. Louis and its Fair to assure the success of both international events.

More than eighty years have passed since those Games took place. Many changes occurred in Olympic sports in those years. There were no tryouts for Olympic teams in 1904. In fact, there were no national teams then. Membership in athletic clubs was important.

Today we chuckle about the crudeness of those sports facilities we heard about in 1904. St. Louis' Olympic Stadium had a third-mile, cinder track. Of course, it was one of those new poured-concrete stadiums in 1904, and its cinder track was one of the best.

There was only one gymnasium which had limited use because most Olympic sports were held outdoors, including wrestling and basketball—before it rained. However, that gym was used by A. G. Spalding as a "model" to show off the very latest in sports equipment of 1904.

(Washington University's administrators are to be congratulated for their efforts to keep some of those historical 1904 facilities, when the University's new Athletic Complex was built recently.)

The Olympic swimming and diving venue was an artificial lake used for the Fair in 1904. It apparently was an improvement over the roped-off section of the Bay of Zéa used in Athens' Olympic Games of 1896 and the river in Paris' Games of 1900. The take-off raft began to sink into the water after two days of heated competition in St. Louis, but it sure beat swimming in the icy, cold Mediterranean a few years earlier.

Sports rules were different in 1904. Americans played "softball water polo," which was such a rough sport, the Germans, who played by international rules, decided not to enter that Olympic sport.

There were different Olympic events including the 56-pound weight throw and tug-of-war in track and field (called athletics in 1904), plunge for distance in swimming, and single sticks in fencing. There were different Olympic sports too, like roque and golf in the 1904 Games.

However great the changes have been from 1904 to date, one thing hasn't changed. Those Olympic Games attracted outstanding athletes to St. Louis to compete for prestigious Olympic medals and an opportunity to meet and compete with athletes from

other countries. That Olympic concept of sports is still around today!

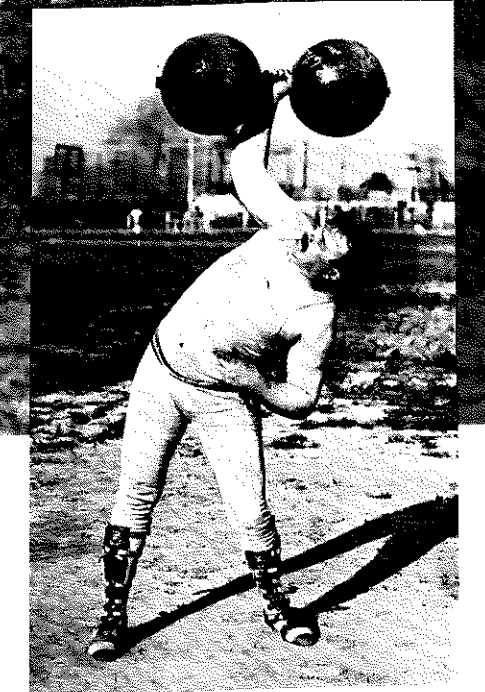
The superstar of St. Louis' Olympic Games was 30-year-old *Ray Ewry*, originally from Lafayette, Indiana. When Ewry was a youngster he had polio, and part of his medical treatment included strenuous exercises for his leg muscles so that he could walk. Those exercises trained him well for jumping. He became a fine athlete at Purdue University, where he received an engineering degree. After graduation, he headed for New York. When Paris' Olympic Games were staged in 1900, Ewry traveled there with other New York Athletic Club members. In Paris, he collected three gold medals for his standing jumps: long (broad), high, and triple (hop, step, and jump).

Four years later in St. Louis, he added to his gold medal collection with wins in the same three jumping events held on three different days. He broke a world's record in the standing long jump—his own record.

In 1908 he was again in the two standing jump events which remained in the Games. (The standing jumps were discontinued completely as Olympic events after 1912). He was the only United States athlete ever to win eight



*St. Louis Turners 1 versus St. Louis Turners 2, Tug-of-War teams, 1904 Olympics. Meyer Prinsein completing hop, step and jump at the 1904 Olympics. Fred Winter, 1904 Olympics dumbbell competition.*



gold medals in three Olympiads. For his sports talents, he was enshrined, posthumously, into the Olympic Hall of Fame. Ray Ewry represents the Olympic stars of a bygone era.

Over at the Olympic swimming venue in 1904, 19-year-old *Charles "Charlie" Daniels* of the New York Athletic Club was stirring up the water—and the competition. After it was all over, he owned three gold medals, one silver medal, and a bronze. America had its first Olympic swimming star! Unfortunately, Daniels was too far ahead of all the marvelous movie and television opportunities that were offered to those Olympic swimming stars who followed him. Johnny Weissmuller, Buster Crabbe, and Mark Spitz used movie and television appearances to great personal advantage many years later.

*Beals Wright* of Boston won the Olympic lawn tennis singles event in

1904—he also won in doubles. Wright, who won over a small, notable group of mostly American tennis players, went on to even greater tennis fame in the Davis Cup championships. A 24-year-old Harvard graduate when he played at the Olympic tennis venue adjacent to Olympic Stadium, Wright came from a sports talented family. His father, George Wright, and uncle, "Harry" Wright, were two of baseball's professional pioneers. Both were enshrined in Baseball's Hall of Fame. Beals Wright, himself, was enshrined into the Tennis Hall of Fame in 1956.

St. Louis' *Albert Bond Lambert* had the distinction of being the only golfer to appear in both Olympic golf championships, Paris in 1900, and St. Louis in 1904. Although he did not win an Olympic medal, he was a top contender in both Olympiads. In 1904 at age 28, he helped secure the Olympic golf

matches for Glen Echo Country Club. Lambert is remembered most for his contributions to aeronautics—he was also a backer of Charles A. Lindbergh's trans-Atlantic flight—and St. Louis' municipal airport is named in his memory.

There were other stars, too. Milwaukee's *"Archie" Hahn* mastered track sprints so well that he collected three gold medals and an Olympic record that stood for 28 years. *Zoltán von Halmay* traveled all the way from Budapest, Hungary to compete in Olympic swimming. In St. Louis he won two gold medals, but more importantly, he continued his Olympic participation. He was the only athlete to compete in all of the early Olympiads before World War I. He was joined by *Emil Rausch*, European swimming champion from Berlin, Germany, who also won two Olympic events.

Chicago's *Charles Dvorak*, who attended the University of Michigan, and *Meyer Prinstein* of the Greater New York Irish Athletic Club, who attended Syracuse University, both came to St. Louis to show the world that they were deprived of gold medals in Paris in 1900. Both of those fine athletes—Dvorak was a pole vaulter and Prinstein a jumper—were caught in the controversy about participating in sports on Sunday. In Paris' Olympics they did not compete in their Sunday events because some of the U.S. contingency did not think they should. In St. Louis, where no Olympic events were scheduled for Sunday, they both competed and won the medals they had sought four years earlier.

*George Poage*, a Milwaukee hurdler who attended the University of Wisconsin, and *Joseph Stadler*, a Cleveland jumper, became the first black American athletes to win Olympic medals when they competed in St. Louis.

A practicing physician from St. Louis, *Dr. George Sheldon*, won the first Olympic diving championship in 1904.

Six ladies from Cincinnati and Washington, D.C., shot for athletic medals in archery while attired in long black skirts, lots of petticoats and very large hats.

There were boxers and wrestlers and rowers and cyclists and gymnasts and basketball players and soccer players who participated in a variety of Olympic events in St. Louis in 1904.

The biggest event of all was the Olympic marathon which took place on Tuesday, August 30, 1904. The Olympic route was an arduous one over dusty, rocky, unpaved county roads. It was a classic marathon with some comedy—and lots of drama. A Cuban mailman, *Felix Carvajal*, stopped to pick peaches along Manchester Road. New Yorker *Fred Lorz* rode in one of the medical automobiles for a portion of the race, then was the first runner to return to the Stadium. His actions—planned or accidental—so angered the officials, he was "banned for life" from competition. Interestingly, he won the Boston Marathon in 1905.

The official winner in St. Louis was *Thomas Hicks* of Cambridge, Massachusetts who was given a drug by his trainer during the race. It made him so ill when he returned to the Stadium, that he had to wait until the next day to receive his award.

*John Furla* was the only hometown

to enter—and finish the race. He is honored today by the St. Louis Track Club with the John Furla Memorial Cup awarded to the top male and female runner in the annual St. Louis Marathon.

There were problems with regard to the 111rd Olympiad in St. Louis. Some of them concerned the relationship of the Olympic Games to a World's Fair. There was a lack of participation by athletes from some major European countries, although that first Olympics in North America drew a respectable group of athletes from Canada and Cuba. The "Americans" who competed were often citizens of some European nation.

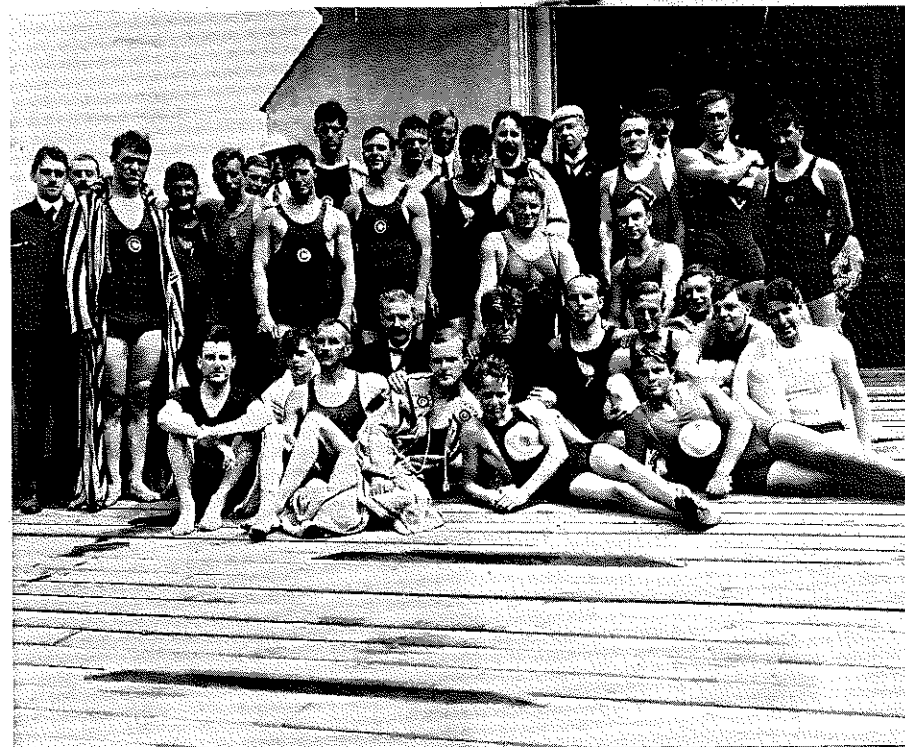
The contribution of the 111rd Olympiad was that it introduced the Olympic concept of sports to a large part of America. It opened the Games to a diverse group of talented athletes who had not had an opportunity to compete before.

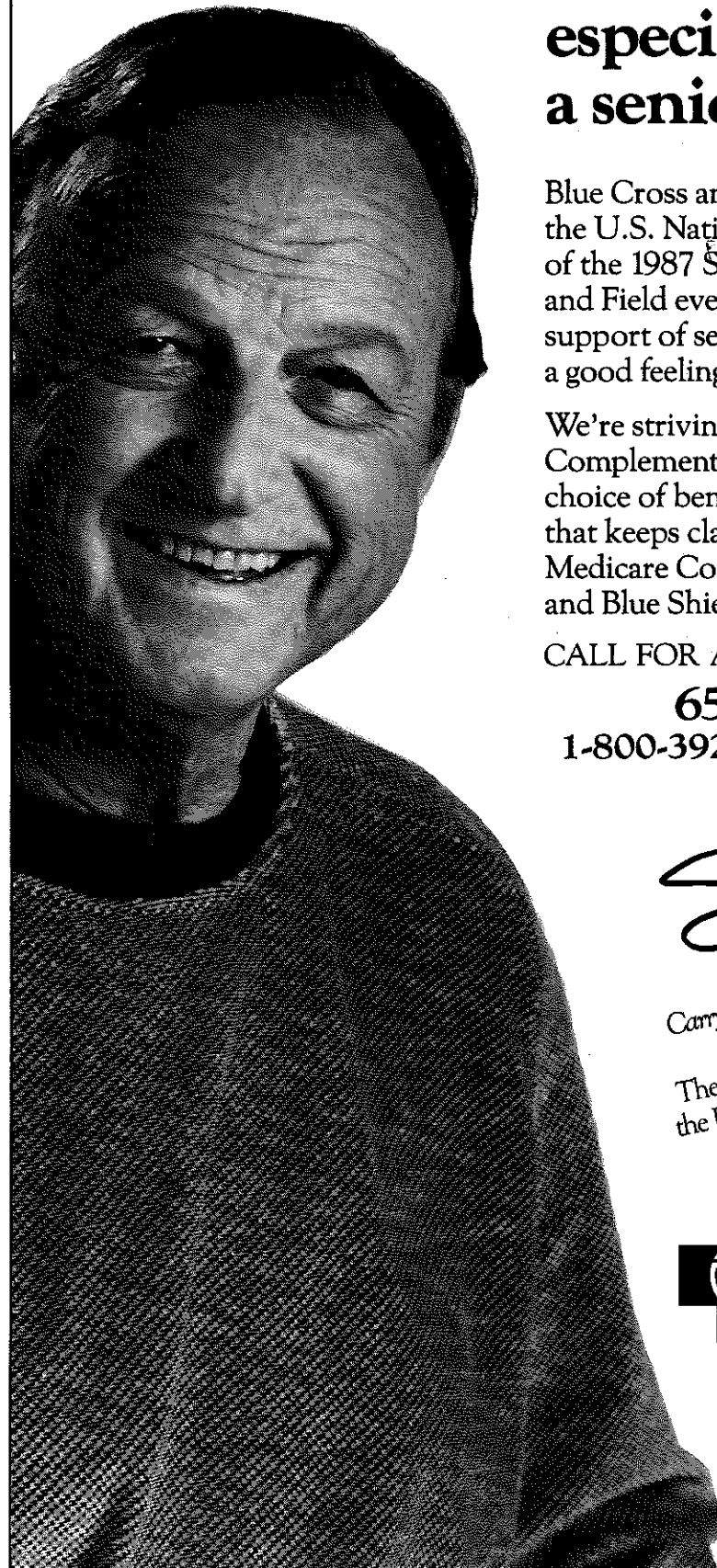
That was the legacy of the 111rd Olympiad in St. Louis in 1904. ☆

© June Wuest Becht, 1987.

Some of this material was published in June Wuest Becht's article, "Sport Stars of America's First Olympics," for USOA X, Colorado Springs, Colorado, 1986.

Group of swimmers at the Olympic Championships, 1904. Start of the 100-yard swimming race at the 1904 Olympics.





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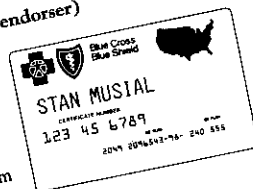
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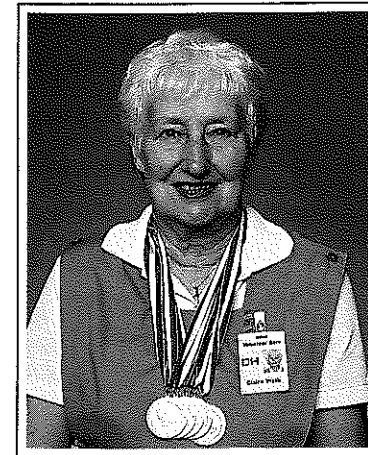


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Claire Vieth (left), who has been a volunteer at Deaconess Hospital for 14 years, won five gold medals at last summer's Senior Olympic Games in St. Louis. The volunteer corps performs helpful tasks throughout the hospital.

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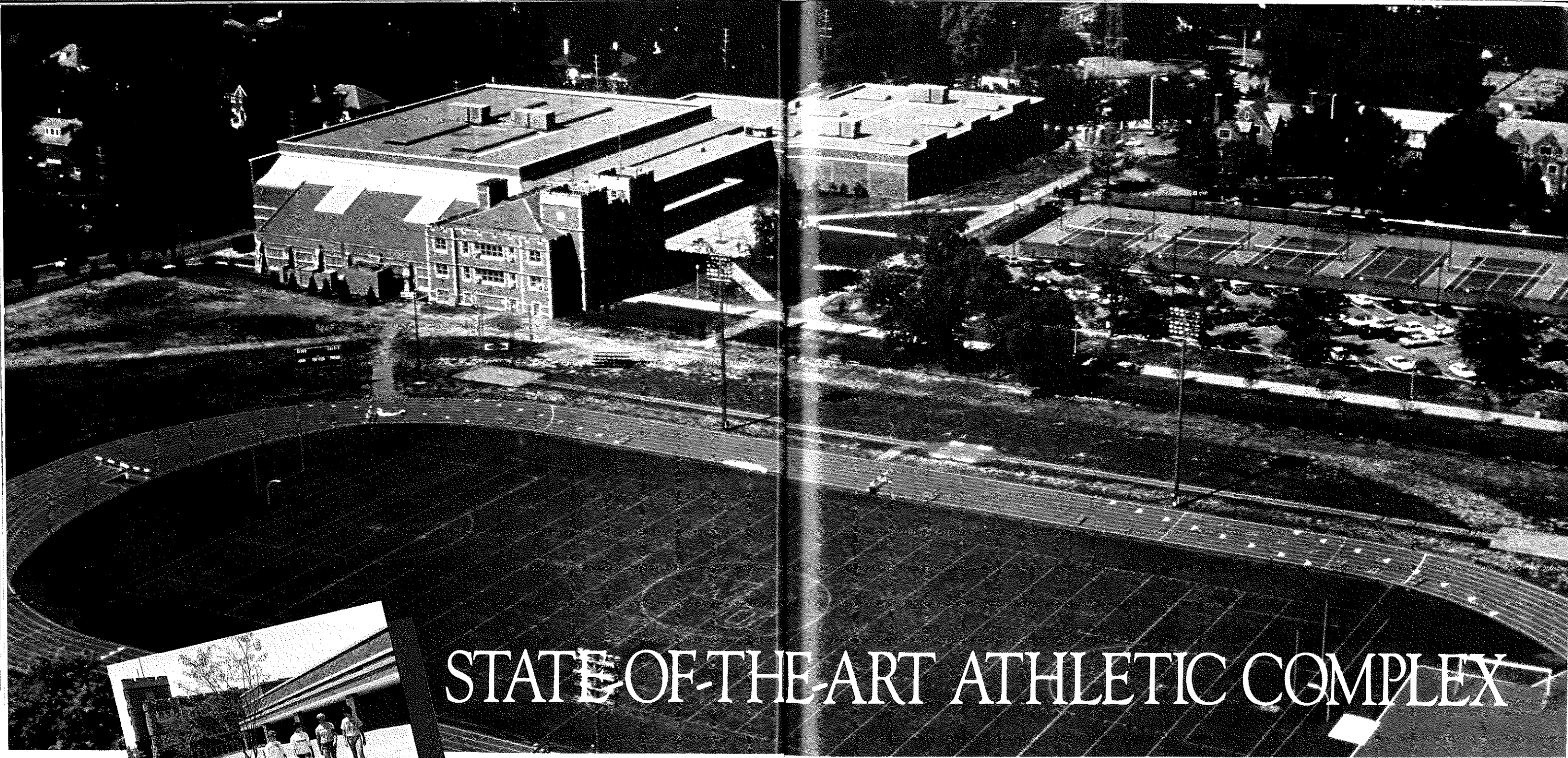
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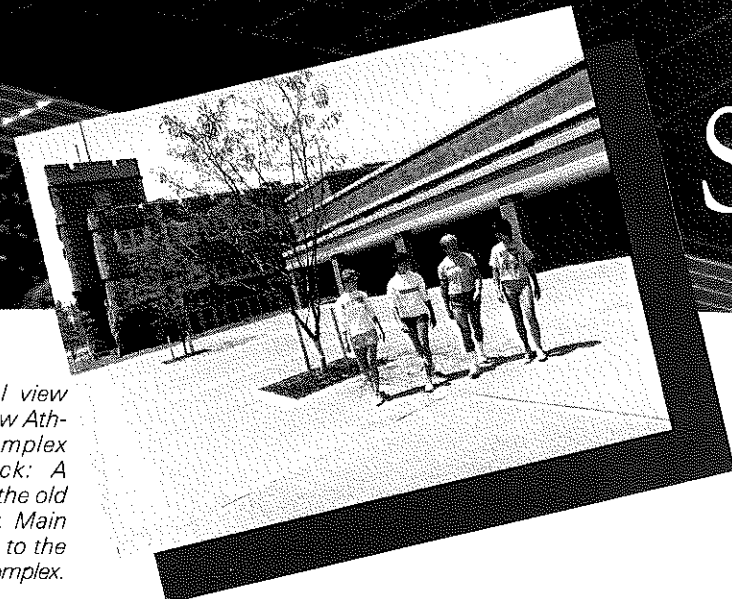
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# STATE OF THE ART ATHLETIC COMPLEX



*An aerial view of the new Athletic Complex and track: A blend of the old and new. Main entrance to the Sports Complex.*

Why Washington University was selected as the primary site for the 1987 U.S. National Senior Olympics

Washington University is the chosen site for the USNSO Games because its \$13.5 million dollar athletic complex is among the finest in the country. Completed last summer, the project is the first major renovation and expansion of Washington University's athletic facility in more than 50 years. The athletic complex was the site for the 1986 AAU/USA Junior Olympic Games, so this will be the second time for a major national athletic event taking place at Washington U. since

Washington University hosted the World Olympics in 1904.

The University constructed the athletic complex to provide more attractive recreational and competitive sports facilities for its students, faculty and staff. The Hilltop campus has renovated the original field house and added a recreation gymnasium, an 8-lane, 25-meter swimming pool with diving area, eight racquetball/handball courts, two squash courts, a weight room and locker rooms.

Renovation and construction also has taken place outside with the addition of a new baseball field and several lighted fields for intramural activities. Built more than eight decades ago, the historic Francis Field stadium, site of the 1904 Olympic Games, has been refurbished with a regulation football-soccer field and a synthetic, 8-lane, 400-meter track. Field event areas have been developed within the stadium and adjacent to the playing field. The stadium now seats 3,200

fans, compared to the former figure of 7,500.

The wings of the stadium, which jutted at an angle from either end, have been demolished. Other additions included a press box with complete electronic communications systems, improved lighting, a concession stand and restrooms, paved entry with spectator-control fences and a practice field. Also, the University's eight tennis courts have been repainted, with lighting added to four courts.



### Planning and Financing.

Plans to build a new sports and recreation center began in 1977, when a local architectural firm was asked to do a feasibility study. "Hastings and Chivetta did an exhaustive study on what could be done to improve our athletic facilities," said John Schael, Director of Athletics at Washington University. "The study was reviewed by the University, crystallized, and then organized into various phases. Originally, we planned construction in three phases. The first phase would have included a multipurpose building, with moderate renovation of Francis Gymnasium; the second phase would have been a swimming pool, as well as some needed indoor space; and in phase three, we would have added an additional auxiliary gym and addressed outdoor activity areas. However, after further study, the University's administration decided significant savings could be achieved if all phases were combined into one building project."

The proposal to build a new athletic facility coincided with the announcement of the Alliance For Washington University, a \$300 million fundraising campaign. This major fund drive, one of the largest in any university's history, has helped alleviate the problem of financing the new complex.

"For some time it had been evident that Washington University would have to do a major renovation and expansion of athletic facilities," said Chancellor William H. Danforth. "The cost was high enough that it was necessary to wait until a major fundraising drive was organized to accumulate resources to

do the job well. Accordingly, on recommendation of several groups within the University, the athletic facility improvement was one of the top priorities in the \$300 million dollar Alliance For Washington University."

### Washington University's Athletic Philosophy.

In recent years, it was not policy for Washington University to expand the athletic program. Does the new facility suggest a change? "Athletics and recreation traditionally have played an important role in student campus life," Schael said. "Hallmarks like antiquated heating, plumbing, and the lack of quality activity space existed in our previous facilities, and we were falling short on meeting the needs and expectations of the students, faculty, and staff."

"The new athletic complex, which is a combination of renovation and new construction, will result in a modern, high-quality, first-class complex that will lend itself to creative programming. From the outset, we planned a facility to meet the needs of the students."

In intercollegiate athletics, Washington U. competes as an independent at the NCAA Division III level. Varsity teams are made up of students who are interested in high-caliber collegiate athletics without the benefit of athletic scholarships.

The University's recruiters continually were finding that student-athletes were choosing educational institutions offering better athletic facilities over Washington University's outstanding academic opportunities and poor, deteriorating athletic facilities. How does the Washington University community now view the new complex?

"The facilities are fantastic," said Deneen Voss, a Washington U. senior. "The improvement in athletic facilities over the past three years has been phenomenal. The complex only can help the University with its overall recruiting."

Tom Polacek, a sophomore and a tailback on the football team, said, "When I visited the school last year, I was really impressed with what the University was doing. With its quality athletic facilities and outstanding academic reputation, Washington University is now an ideal school to attend." "I have only good things to say about the new facility," said Guido Weiss, a University mathematics professor. "I headed a

committee in 1972 to discuss the building of such a complex, so I'm very happy to see the finished project, of course. It is a nice addition to Washington University."

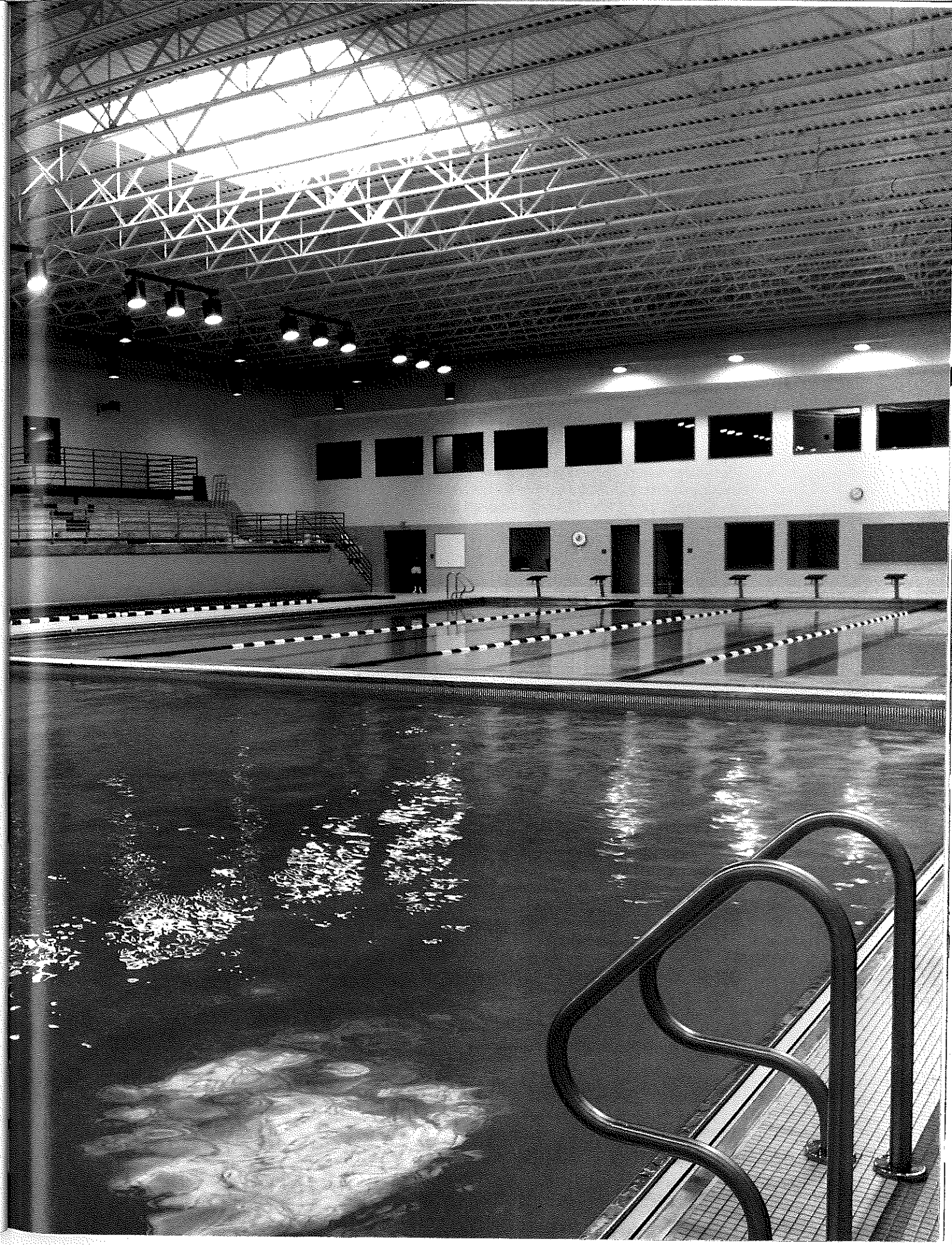
Administrators knew, too, that the antiquated facilities were a hindrance to the University's recruiting efforts. "The athletic facilities had detracted from our ability to recruit talented young people who wanted to pursue athletics at both the varsity and recreational levels," Danforth said. "The new facilities should make it possible for us to enroll more such students, as well as provide the space for vigorous athletic programs."

Schael added, "It was a serious problem, not only from the aspect of the varsity athlete, but also the recreational user. The new complex is now a recruiting catalyst for outstanding students and faculty. It demonstrates that the extracurricular programs are important to the University and that the athletic complex is just another one of the excellent facets associated with Washington University."

Harry Kisker, dean of Student Affairs, said, "The new facilities will enable the University to remain competitive with other major national colleges and universities, who have recently expanded or upgraded their facilities. Brown University, Northwestern, Boston University, Georgetown, Emory, Rochester and others recognize that today's best high school students will increasingly make their college choices from among comparable academic institutions, for non-academic reasons. The new facilities already have had a significant impact on admissions recruiting and a positive effect on undergraduate morale."

"Among the Division III ranks, this building fits within the philosophy where facilities and programs are available to all students on campus," said Schael. "At many institutions with high-powered programs, athletic departments are autonomous in developing their own facilities through their own fundraising efforts. Therefore, varsity programs have almost exclusive use of the facilities. At Washington University, we try to balance the use of the facility and encourage participation for all students, faculty, and staff. We do not plan on shifting our priorities."

*Collegiate basketball in the Washington University Field House. The new 8-lane "stretch" pool.*



"The quality of our intercollegiate program should improve with the addition of the athletic complex. I've always felt that we've had the quality coaching, faculty and administrative support, and the necessary financial resources needed for a successful program. The missing link was a modern facility to carry out our programs. All the ingredients for success are now in place."

### Transforming the old into the new.

Access to the four-level complex is through a single main entrance on the east side, facing the campus. A north-south concourse in the complex, serving the recreation gymnasium, swimming pool, racquetball and handball courts, is designed to provide future access from the north side of the complex.

The recreation gymnasium is in the northeast corner of the complex. The new swimming pool, racquetball and handball, and squash courts at the northeast corner take advantage of the topography that slopes down to Big Bend Boulevard. Historic Francis Gymnasium remains a prominent focal point. Several design features are particular highlights. The attachment of Francis Gymnasium to the new complex by skylights is a unique design, as are the many windows that overlook activity centers, creating an open feeling. Graphics, banners, and vibrant colors brighten the interior.

Original University plans did not include development of the existing field house, which is now the central core of the new building. The architectural firms, Pearce Corp. of St. Louis, in association with New York-based Eggers Group PC., proposed a comprehensive solution, going beyond the original University program by resolving the architectural problem of "what to do with the existing field house."

The architects felt that a complex that did not properly address the existing field house would appear to be an incomplete facility with a major eyesore—the field house—in an unfinished state.

"The two firms, Pearce Corporation and the Eggers Group, thought it would be beneficial if the facility would include the old field house as the linchpin or anchor of the total complex," said Schael. The existing field house was reconstructed and a new playing floor

level was introduced.

The old field house had three levels, but architects decided that only two levels would be needed for the new field house. The former playing floor then became the ideal location for the main recreational locker rooms. Raising the playing floor ten feet effectively reduced the unacceptable steep slope of the upper balcony and improved the sight lines as well. This was both an economical and effective reuse of the former facility.

For sporting events, the new field house seats about 3,800 people. When the playing floor is used for audience seating, the capacity jumps to 4,400.

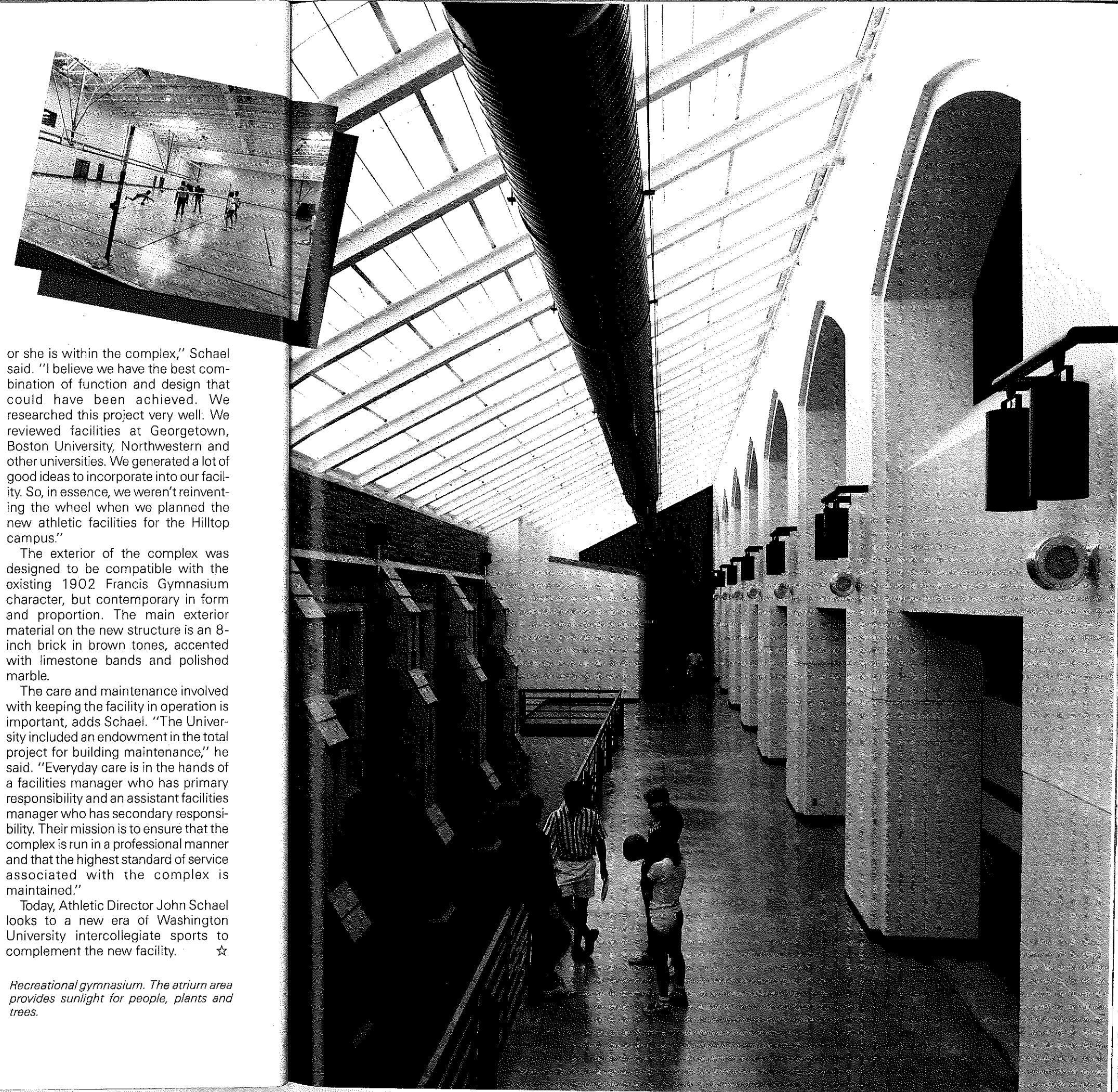
The new field house has been used for Washington University Bears' home basketball games, concerts, cheerleading camps, and even a black-tie dinner and dance. It is expected that the new facility will see its first "full house" on November 22, when an old basketball rivalry is renewed between cross-town foes St. Louis University and Washington University.

Circling the field house is the main concourse, a skylit hallway which links the recreational gymnasium, swimming pool, and racquetball and handball courts with a rehabilitated field house and partially restored Francis Gymnasium.

The interiors are a contrast of old and new because of the renovation of the 1902 Francis Gymnasium and the 1928 Field House. The entire north facade of Francis Gymnasium has become an interior element by treating the adjoining concourse as a skylit atrium, open on four levels. "There was a natural tie-in with the old building. We thought it would be best to have the total complex integrated as one, the new with the old, to make it more functional and easier for participants to move from one building to another," said Schael. "We didn't want to close off the available space we had in Francis Gymnasium. It now houses locker rooms and offices, and we continue to use the gymnasium space.

Another design element present in the new complex is the retention of the basic form of the upper window areas of the field house and their use as open arches between the field house and upper skylit portions of the concourse on the east and south sides.

One important characteristic of the complex is the building's operation. "It is not complicated for the user once he



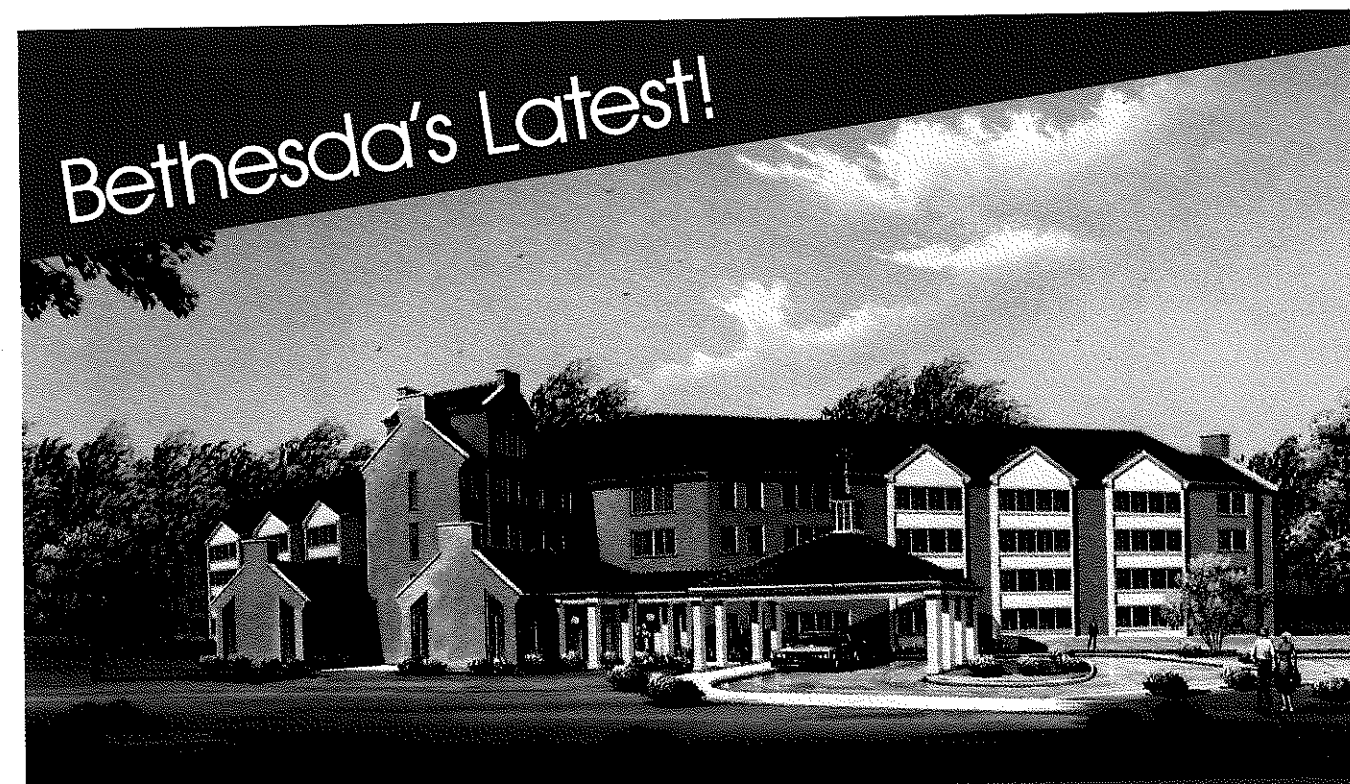
or she is within the complex," Schael said. "I believe we have the best combination of function and design that could have been achieved. We researched this project very well. We reviewed facilities at Georgetown, Boston University, Northwestern and other universities. We generated a lot of good ideas to incorporate into our facility. So, in essence, we weren't reinventing the wheel when we planned the new athletic facilities for the Hilltop campus."

The exterior of the complex was designed to be compatible with the existing 1902 Francis Gymnasium character, but contemporary in form and proportion. The main exterior material on the new structure is an 8-inch brick in brown tones, accented with limestone bands and polished marble.

The care and maintenance involved with keeping the facility in operation is important, adds Schael. "The University included an endowment in the total project for building maintenance," he said. "Everyday care is in the hands of a facilities manager who has primary responsibility and an assistant facilities manager who has secondary responsibility. Their mission is to ensure that the complex is run in a professional manner and that the highest standard of service associated with the complex is maintained."

Today, Athletic Director John Schael looks to a new era of Washington University intercollegiate sports to complement the new facility. ☆

*Recreational gymnasium. The atrium area provides sunlight for people, plants and trees.*



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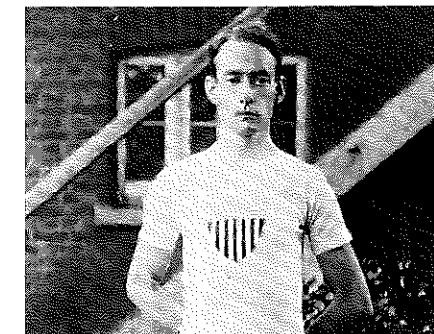
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# HOMETOWN HERO OF 1904

Joseph Forshaw, Jr. (1881-1964)



Joseph Forshaw, Jr. was one of the greatest athletes in the history of St. Louis. He was not a professional athlete, however. Like the Greeks, he believed in sport for its own sake, for the love of the game, and the joy of competition. He often said that instead of the medal he won in the 1908 Olympics, he would have preferred to receive the laurel wreath and the olive branch that were given during the ancient games and at the first Modern Olympics of 1896. He felt that it would have been more in keeping with the philosophy of amateur sport. Joe never took money for any athletic activity, even after his Olympic years.

The four greatest jewels of Joe's athletic career were the three Olympiads and the Off Year Pan-Hellenic games in which he represented the United States. This was unprecedented. In the 1904 Games he won three events. He finished 9th in the Marathon in the Pan-Hellenic Games in 1906, and 3rd in the Olympic Marathon in London in 1908. His final Marathon was run in 1912 in Stockholm at the age of 31. He was incredulous at being chosen by the U.S. Olympic Committee to run in this race, where he would be the oldest competitor. He ran well and placed 12th—not bad for the "senior man" in the race.

The modern Olympic Games were revived in 1896, being held in that year in Athens, Greece. In 1900 the Games

took place in Paris, and in 1904 they were held in St. Louis. Olympiad IV took place in London in 1908, and in 1912 the Games were held in Stockholm. The St. Louis Games (Olympiad III) were held during the Louisiana Purchase Exposition. Thirty-eight events were held between May 14 and November 23. Large numbers of fine athletes from St. Louis and other cities were in St. Louis to compete and all were told that they were competing in the Olympics. The events were called Olympic competitions. However, because these games had been rather hastily planned (due to inexperience on the part of St. Louis officials, and also lack of time as they already had their hands full with the St. Louis World's Fair), the International Olympic Committee met several months after the games and decided that only certain of the competitions would be recorded as part of Olympiad III. Sadly, because of this confusion, (which subsequently led to the Off Year Pan-Hellenic Games of 1906—in which Joe Forshaw also competed) the USOC and sportswriters in general have largely chosen to ignore the St. Louis Olympics.

After a fine showing (9th place) in the Marathon during the Pan-Hellenic Games in Athens in 1906, Joe's next performance on foreign soil was in the 1908 Olympics in London. At the opening ceremonies of this Olympic celebration he was selected for the honor of leading his team into the stadium carrying the pennant for the United States. It was during this Olympics that the official length of the modern day marathon was actually set. The race started on the steep grade of the cobblestoned roads at Windsor Castle, and covered 26 miles 385 yards over the roads leading to the stadium, to be completed by part of a lap around the huge track.

Early in the day, the seventy thousand seats in the huge stadium and every

inch of standing room had been filled to overflowing by an excited crowd that considerably exceeded its capacity, and on the roads from Windsor to the stadium it seemed as if everyone in Britain had turned out to see the event. The entire course was lined with excited spectators, many of whom had arrived at their vantage points before dawn.

Joe Forshaw was in the Olympic stadium before the winner crossed the finish line, being exactly 1 minute 52 seconds behind Hayes. His coach, Mike Murphy of Yale, had given him orders to stay with the pace Tewanina, the American Indian on the team who was considered to be faster than Joe. Then, if Joe gave out at ten miles, he was to send Tewanina on alone. So for twenty miles Joe Forshaw and the great American Indian had run shoulder to shoulder. Then it was Tewanina who had given out, and Joe who had gone on alone. Because of Murphy's orders, however, he had made his big move later than he otherwise would have done, when it became apparent that Tewanina was exhausted. Joe always felt that this cost him the race, as he was running better and stronger at the end than Hayes, who won. But he had felt that, having been chosen to be part of a team, it was his duty to follow orders and run for the good of the team, instead of his own personal glory. He never felt any bitterness about this however, and years later would say of the result: "Not that I minded. It was glory enough to finish third. It was something to remember, to have done my part for a team that took four out of the first five places, five of the first fourteen." Certainly the roar of that crowd must always have remained in his heart. In fact, in an interview after the great race he said: "I shall never forget my first impression of the stadium crowd cheering wildly. It was the most wonderful sight I ever saw."

# GENERAL DYNAMICS

Salutes

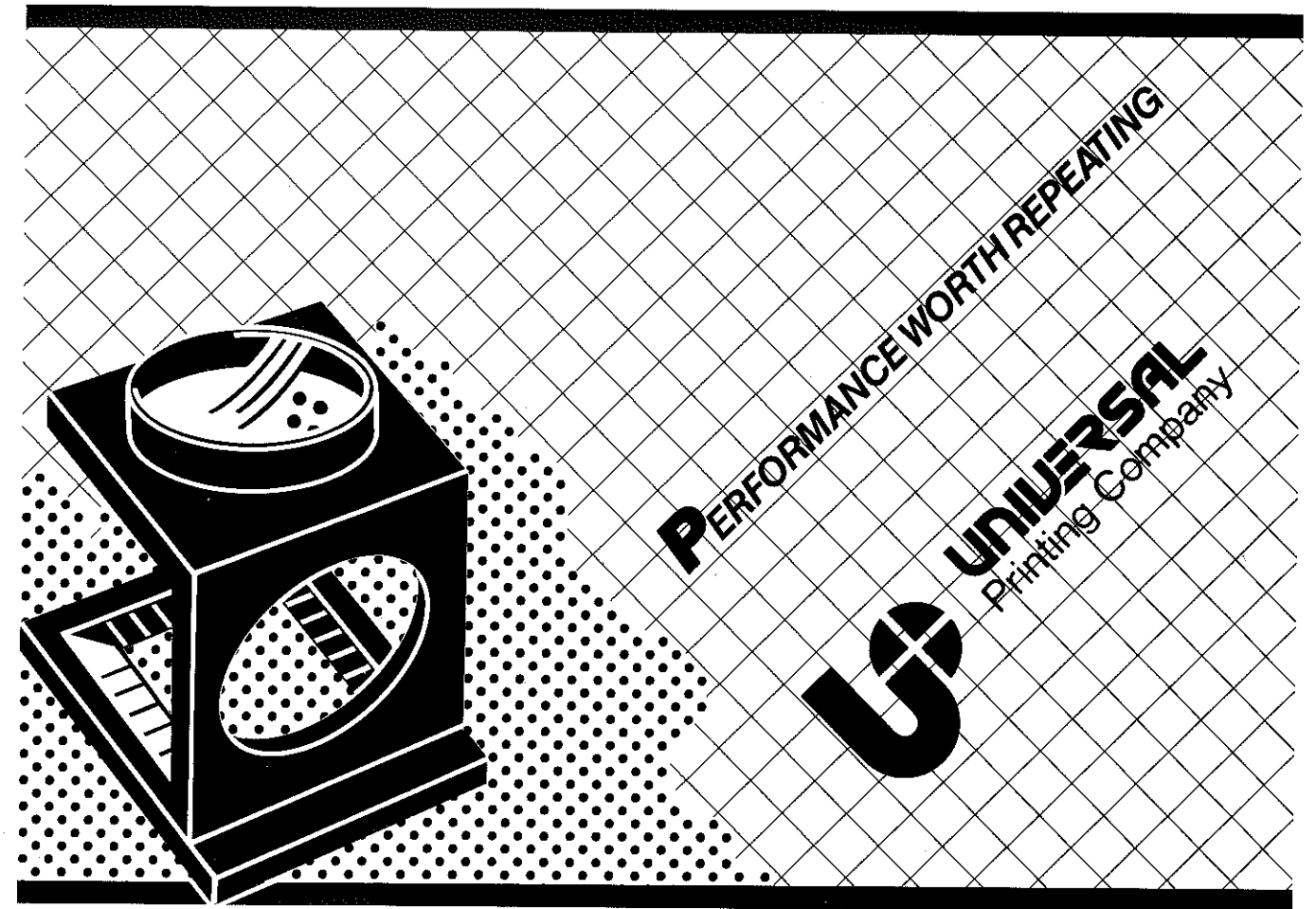


June 27 Through July 2, 1987

When Joe entered the stadium in London he was announced as "Forshaw of St. Louis." This appeared in all the U.S. newspapers and so pleased his father that the elder Forshaw decided immediately to change the name of the family firm to "Forshaw of St. Louis." The name has remained thus to the present day.

In addition to the great showing of the American runners in the Olympic Marathon in 1908, the American team won the Olympics that year, the first time this had happened since the revival of the Games in 1896, and the hysteria of the American public knew no bounds. The members of the team were called national heroes, and their countrymen could hardly wait for their return.

After the Games, the entire team was entertained on the yacht of Sir Thomas Lipton, and when their ship arrived in New York they were treated to a ticker tape parade down Wall Street. They were also invited to the summer home of President Theodore Roosevelt. It was an incredible experience for the poor boy from St. Louis who had grown up in modest circumstances and had traveled little except for athletic trips. ☆



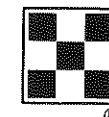
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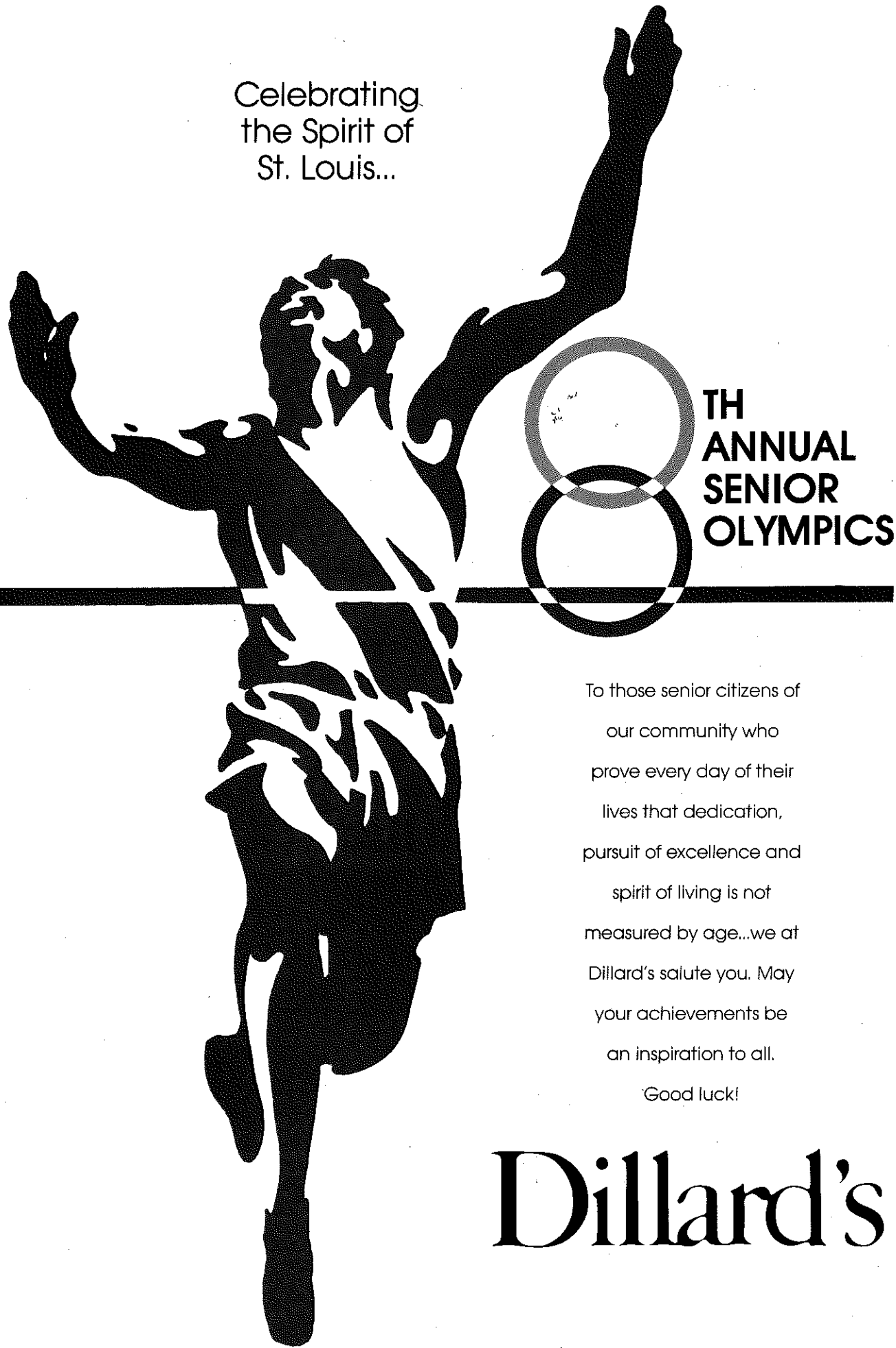
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# USNSO EXHIBITION SPORTS

## BADMINTON

Did you know that Badminton is a tougher aerobic sport than any other racket sport? At Wimbledon, Kevin Curren and Boris Becker averaged 3.4 tennis strokes per rally. At the 1985 Badminton games, there were 13.5 shots per rally in the finals.

Badminton demands quick reflexes, good wrist action, spontaneous response and athletic stamina and agility. Size and strength are not great determining factors, but technique and finesse are paramount. The object is to keep your opponent off balance, never allowing him to get set for his shot. Badminton is fast paced, exhilarating fun—an elitist sport that attracts motivated athletes—and that means great camaraderie, great companionship and spirited competition.

Badminton was started in India under the name of "Poona" and was brought back to England by the military. Badminton is the national sport of Indonesia, Malaysia and India. England boasts 6,000,000 players making it the number one sport ahead of soccer. In Canada, Badminton is rated number two behind hockey. The U.S. has about 40,000 active players with several Nationally and Internationally prominent players right here in St. Louis.

They include Wes Finke and Dicke Witte, recent winners of the International Grand Master's Men's Doubles Championship recently held in Miami, Florida. Ed McSweeney, a local attorney, teamed with Bill Goodman from Boston and won the Master's Men's Doubles event. Other notable St. Louis players include Ted Moehlmann, who won the Midwest Singles title 17 times and his partner, Jim McQuie who combined with Moehlmann to win numerous doubles titles statewide and nationally. Witte holds 9 National and International titles and 4 Canadian National titles teaming with

McSweeney for two of them, and one with Finke in the latest International Tournament.

During the USNSO, the St. Louis Badminton Club will host a Senior Olympic Exhibition Tournament featuring the top Senior players from across the U.S. The event will be held at Francis Recreation Gym at Washington University starting on Tuesday, June 30 at 1:30 p.m., and continuing through Thursday, July 2.

If you'd like additional information, call Wes Finke, President of the St. Louis Badminton Club, at (314) 843-3660.

## ORIENTEERING

What exactly is "orienteering"? Orienteering is a navigational sport in which participants find their way from points around a course in a park or woods using a map and compass. The challenge is in picking the fastest and quickest route between points and keeping track of the location on the map.

If you haven't already tried orienteering, you'll want to sign up for the orienteering event at the USNSO. Competition on a 5km orienteering course will take place on Monday morning, June 29, at 9:00 a.m. in Forest Park, just across the street from Washington University.

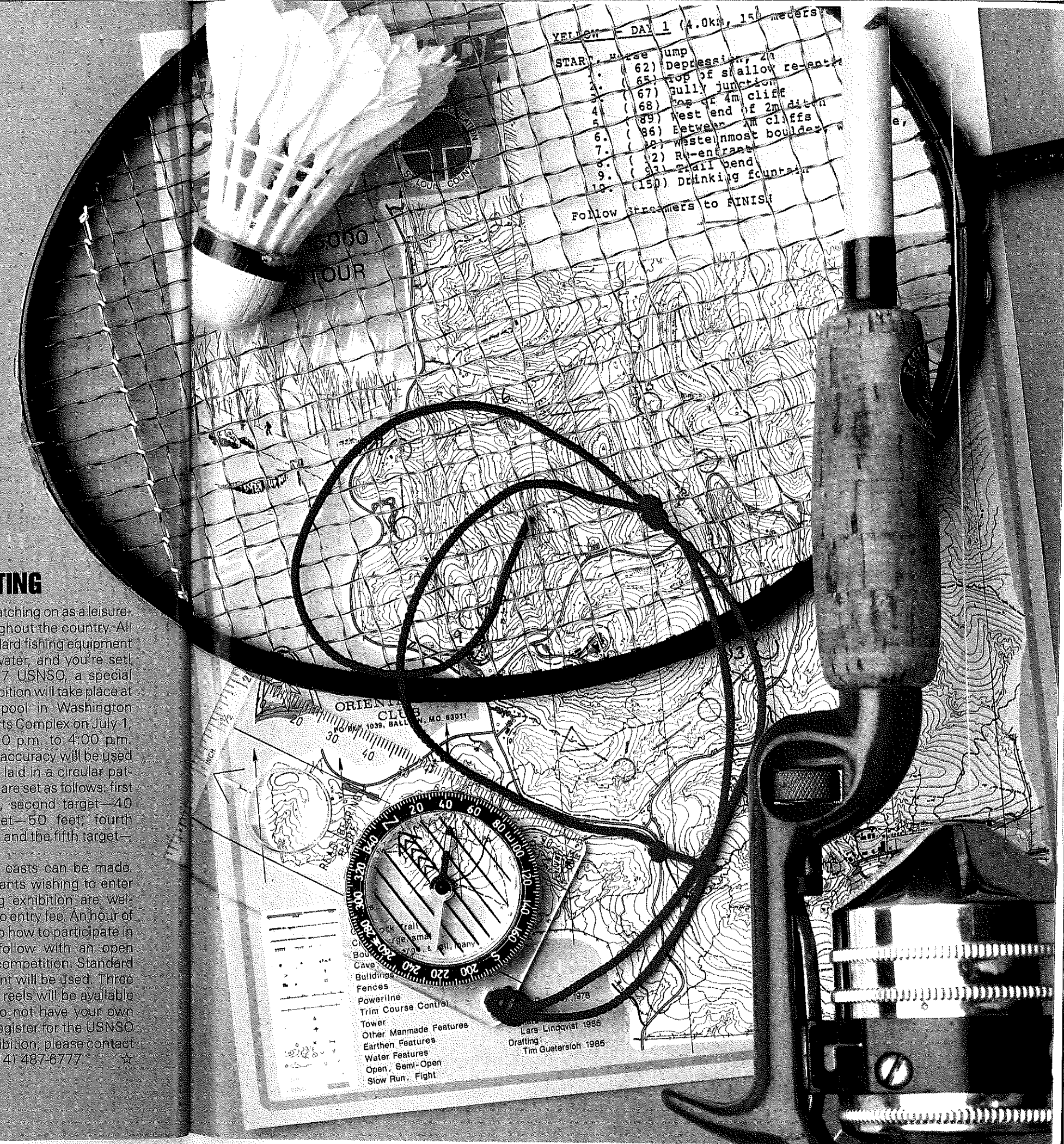
The USNSO Orienteering exhibition event is open to everyone, and will use a new, updated 5-color orienteering map of Forest Park. There will be awards for the top three winners in each of the standard USNSO age groups for men and women.

Those of you who would like to participate in the USNSO Orienteering exhibition competition can sign up at the USNSO check-in or you can contact Nels Holmberg, 773 Yale Avenue, St. Louis, Missouri 63130.

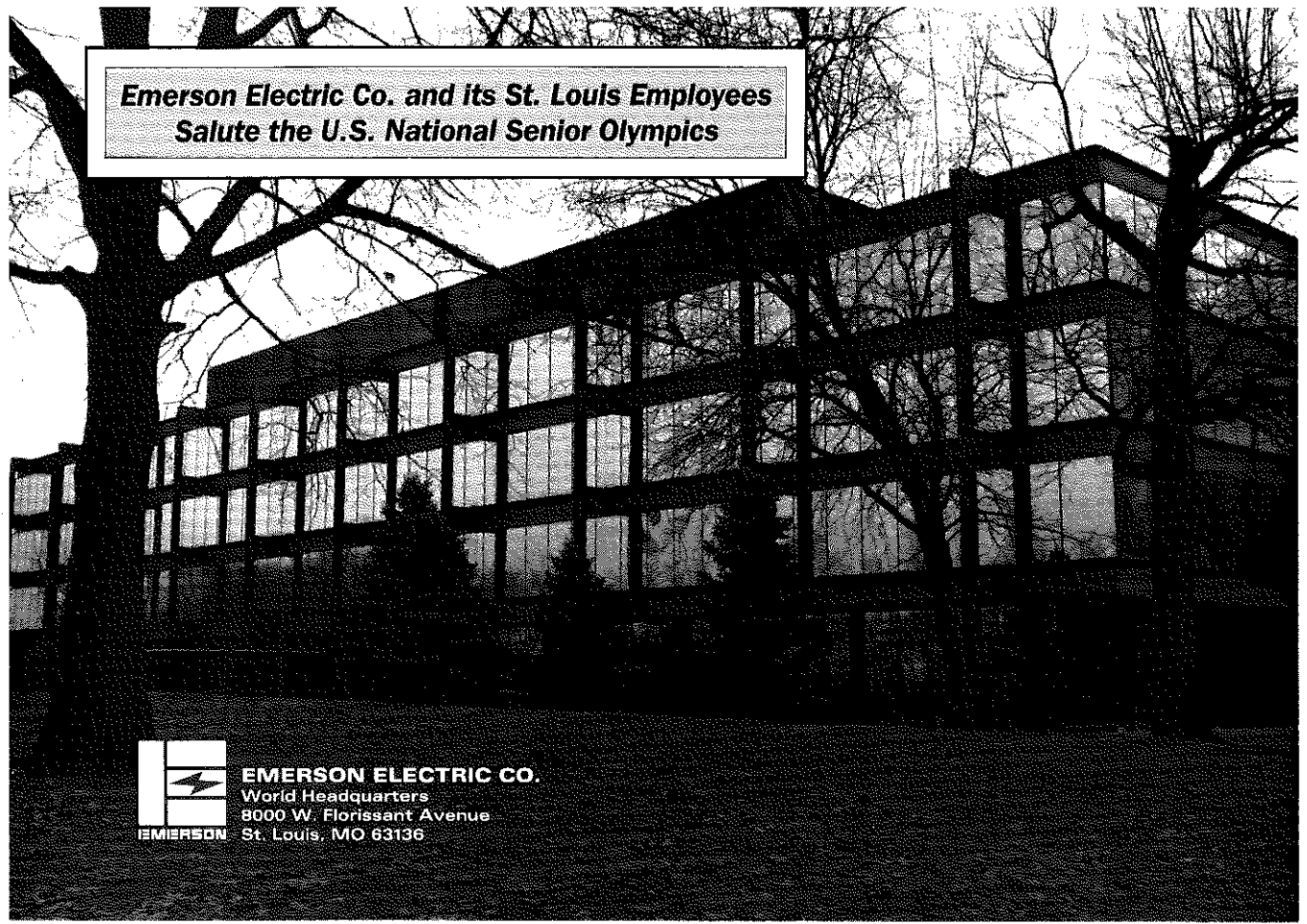
## SPIN CASTING

Spin Casting is catching on as a leisure-time sport throughout the country. All you need is standard fishing equipment and a body of water, and you're set! During the 1987 USNSO, a special spin casting exhibition will take place at the swimming pool in Washington University's Sports Complex on July 1, 1987, from 1:00 p.m. to 4:00 p.m. 5/8-ounce plug accuracy will be used with five targets laid in a circular pattern. The targets are set as follows: first target—30 feet, second target—40 feet, third target—50 feet, fourth target—60 feet, and the fifth target—70 feet.

A total of 10 casts can be made. USNSO participants wishing to enter the spin casting exhibition are welcome. There is no entry fee. An hour of instructions as to how to participate in the event will follow with an open "friendly type" competition. Standard fishing equipment will be used. Three or four rods and reels will be available on site if you do not have your own equipment. To register for the USNSO spin casting exhibition, please contact Dale Lanser, (314) 487-6777. ☆



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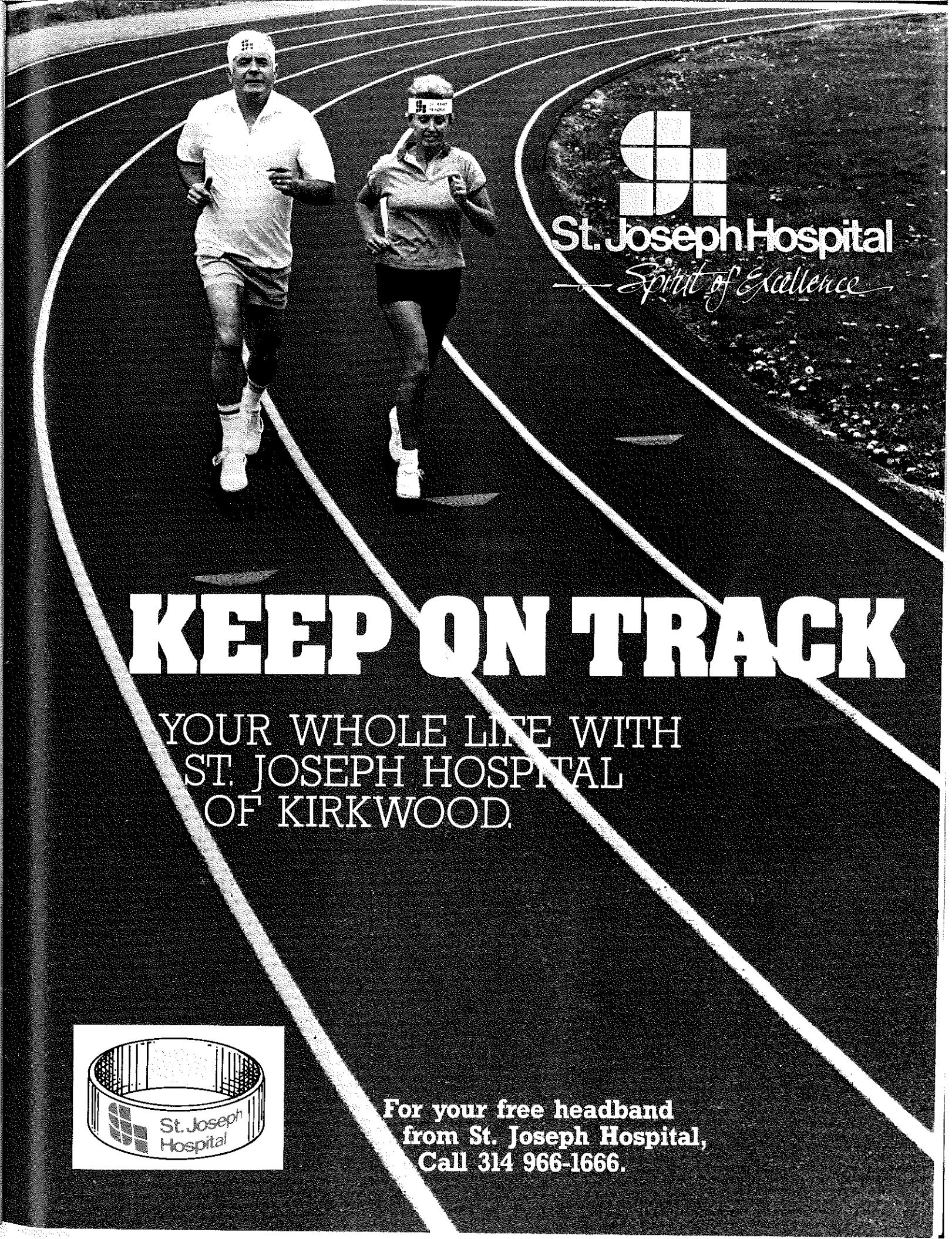


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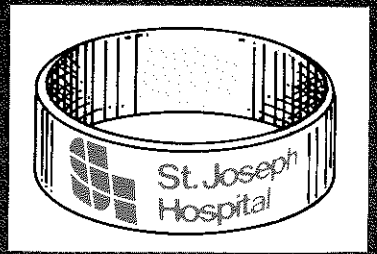
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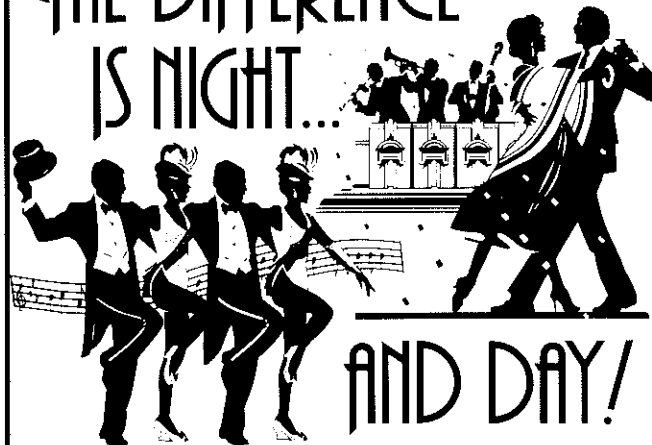
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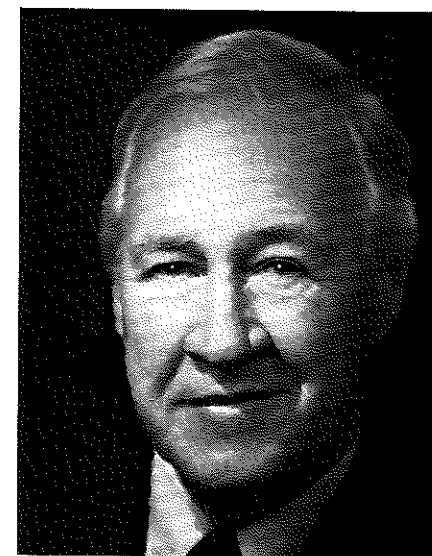
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# SPORTS LEGENDS

A look at past & present  
sports greats attending the USNSO

**G**reat athletes are timeless. The USNSO is fortunate to have these famous sports legends participating in the National Senior Olympics. A special thank you is extended to all of them.



**R.G. "Bud" Blattner**  
Baseball, Tennis & Table Tennis Sports Legend

For Bud Blattner, athletics have been his life—an active career that has spanned more than forty years.

It all began in 1935 in St. Louis when Bud won several Municipal Tennis Championships and the City and State Championships in table tennis. He first received national attention and acclaim in 1936. As a member of the U.S. Table Tennis Team, he captured a World's Championship in Prague, Czechoslovakia. Returning to Europe in 1937, he repeated his performance and again brought back a World's Championship.

Before turning professional in baseball in 1938, Bud had become a three-time High School State Champion in tennis and had twice won the Junior Davis Cup Championship of the Midwest.

His professional baseball career was launched in 1938, joining the Cardinal organization and playing one season of Triple A ball at Columbus, Ohio. Following a highly successful minor league career, he made it to the major league with the Cardinals in 1942.

His stint with the Red Birds was cut short by military duty in World War II. Returning to baseball in 1946, Bud joined the New York Giants and performed for them in 1946-1948. In 1949, he became a member of the Philadelphia Phillies.

Bud's broadcasting career was launched in 1950—the beginning of a new career that eventually embraced 26 consecutive years of major league baseball play-by-play broadcasting.

Bud's broadcasting work gained national stature when he teamed with Dizzy Dean, originating "Baseball's Game of the Week" telecasts. For seven years, the Dean-Blattner team brought major league baseball to the entire country, with the show becoming one of TV's top-rated programs.

For seven years, Bud was the Voice of the California Angels and the lead broadcaster for the Kansas City Royals.

For eight years, he was the Voice of the St. Louis Hawks, acting as traveling secretary and assistant general manager as well as calling the first 800 games played in St. Louis by the Hawks.

During that span of years, Bud became the first radio/television spokesman for the NBA. Blattner wrote, produced and hosted ABC-TV's "Baseball Corner." He also was the voice on NBC calling the action of NCAA college basketball. Bud also worked on two Major League All-Star games and broadcast the first playoff series in the Western Division.

In the early sixties, Blattner formed the Buddy Fund. This unique fund, the only one of its kind in the country, embraces 13,000 youngsters and has

distributed more than \$2,000,000 worth of athletic equipment. Blattner continues to direct the activities of the Buddy Fund, which is based in St. Louis.

Blattner was elected to the Table Tennis Hall of Fame in 1979 and the Missouri Sports Hall of Fame in 1980.

From its inception, Blattner has acted as Grand Marshal for the St. Louis Senior Olympics.

Blattner has remained extremely active in sports and in the most recent Senior Olympics, won a gold medal in tennis.

In 1980, Blattner established Four Seasons Shores Realty with partner, Peter Brown. Bud has most recently been appointed Managing Director of the Four Seasons Racquet and Country Club. He is a past president of the Bagnell Dam Area Board of Realtors.

He is also coordinator of the Lake of the Ozarks General Hospital Benefit Golf Tournament.



**John Howard**  
Cycling  
Sports Legend

The reason John Howard wins races, sets records, writes books (*The Cyclist's Companion* and *Multi-Fitness*), develops world-class athletes and motivates business professionals to higher income levels is because of his commitment to excellence. As a highly competitive cyclist and triathlete for the past 20 years, Howard has developed unique mental and physical skills necessary to win.

Because you never know  
what's down the road.



**AUTO CLUB**

John Howard has worked as a color commentator for CBS Sports & WGN cable network. Currently, he serves as the head coach of the U.S. National Triathlon Training Center in San Marcos, California.

Howard was featured on "That's Incredible" several years ago and was recently interviewed by Johnny Carson on "The Tonight Show." He also leads motivation seminars and fitness workshops nationwide.



Annette Rogers Kelly is pictured, left, front, receiving her gold medal at the 1936 Olympic Games in Berlin, West Germany, having placed first in the 400-meter women's relay. Her teammates are Helen Stephens, right front; Harriet Bland, left rear; and Betty Robinson, right rear.

**Annette Rogers Kelly**  
Track & Field Sports Legend

Annette Rogers Kelly competed in the 1932 Olympics in Los Angeles, winning a gold medal in the 4 x 100 meter relay. She was a member of the U.S. Field and Track Team. She also participated in the 1936 Olympics in Berlin, again winning a gold medal in the 4 x 100 meter relay. She also placed 5th in the 100 meter dash and tied for fourth place in the high jump.

In 1977, Annette was inducted into the U.S. Track & Field Hall of Fame. In 1985, she was inducted into the Chicago Sports Hall of Fame and the Northwestern University Sports Hall of Fame.

Annette has been teaching physical education in the Chicago public high schools for 33 years. She also officiates at Special Olympics.



Betty Robinson Schwartz is welcomed into Northwestern University's Athletic Club by Joanne Fortunate, Northwestern University's Director of Women's Athletics.

**Betty Robinson Schwartz**  
Track & Field Sports Legend

Betty Robinson is a former U.S. Olympian with a proud past. As a member of the U.S. Women's Track & Field Team in the 1928 and 1936 Olympics, she proved herself as a champion sprinter. Betty was the first woman in track and field to win an Olympic gold medal in the 100-meter dash at the 1928 Olympics in Amsterdam. She also won a gold medal in 1936 as a member of the 4 x 100-meter relay team.

Betty is in eight athletic halls of fame.



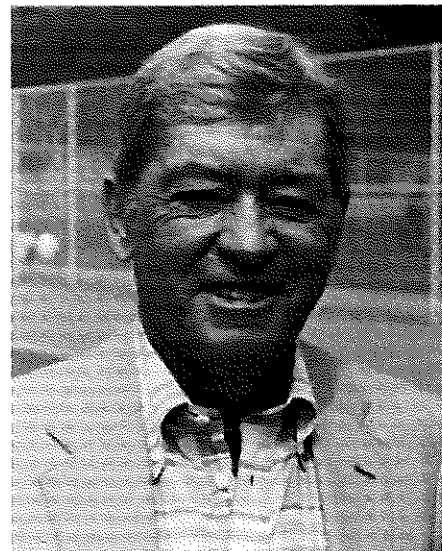
**Carl Steinfeldt**  
Horseshoes Sports Legend

Carl Steinfeldt earned the title of World's Champion of Horseshoe Pitching in 1976. He was placed in the Runner up category four times. In 1984, Carl tied for first place at Huntsville, Alabama and lost 2 out of 3 in the playoffs.

Steinfeldt was also named Florida State Champion seven times, and he is the present champion. His accomplishments in horseshoe pitching also include New York State Champion (22 times) and Eastern National Champion (10 times).

He is a member of the National Horseshoe Hall of Fame, the New York State Horseshoe Hall of Fame and the Florida Horseshoe Hall of Fame.

In his 52 years of pitching horseshoes, Steinfeldt has pitched over 1,300,000 horseshoes or 1,081,000 ringers, which amounts to 1,609 tons of steel and walking 5,000 miles.



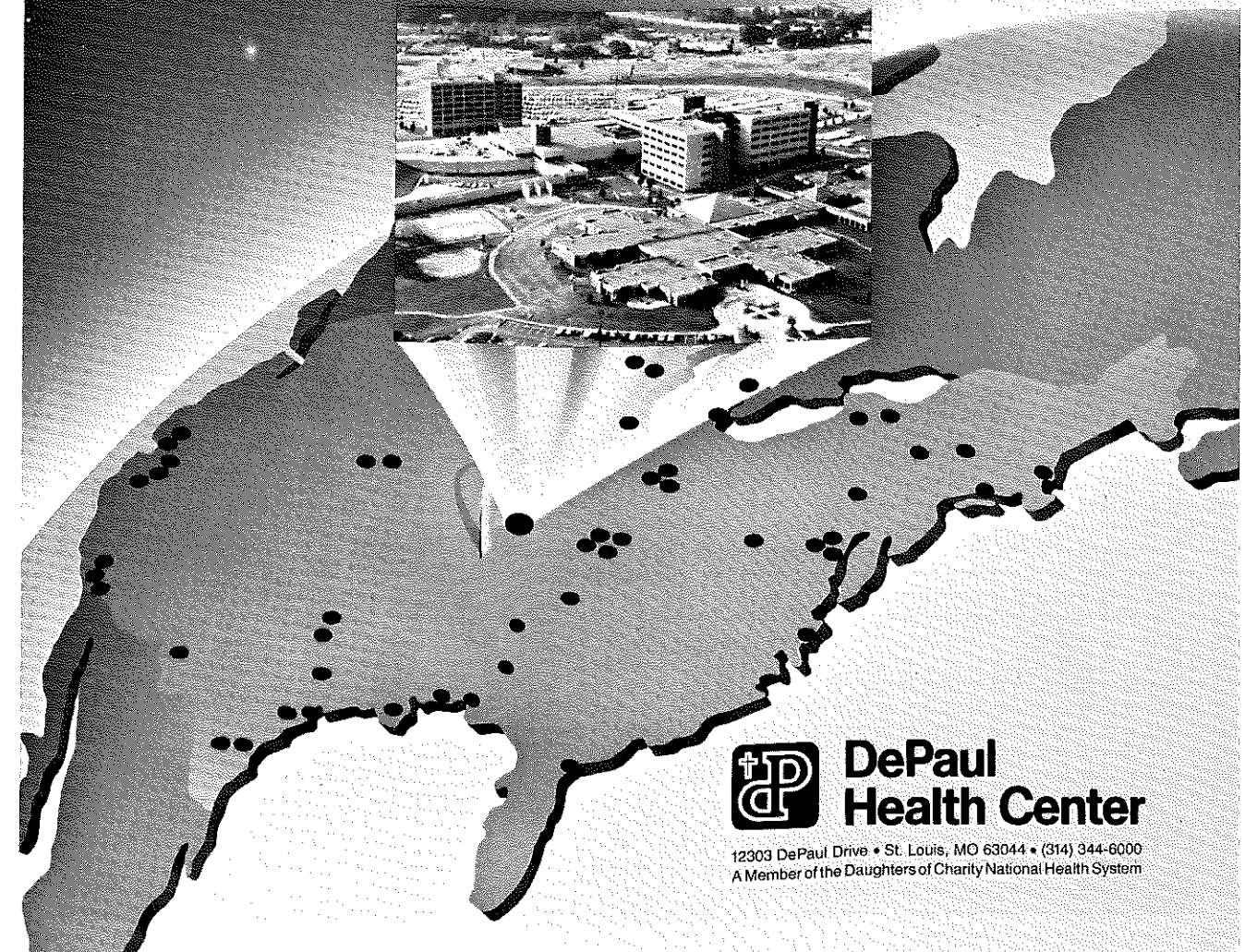
**William F. Talbert**  
Tennis Sports Legend

For five successive years, 1953-1957, Bill Talbert was the captain of the United States teams seeking or defending the Davis Cup, the international men's amateur tennis championship trophy. In 25 years of amateur competition, Talbert has won 38 national championships and ranked among the top ten players of the country for 14 years. He is co-author of the manuals "The Game of Doubles in Tennis" (Holt, 1956), "The Game of Singles in Tennis" (Lippincott, 1962), "Playing for Life" (Little, Brown, 1958), "Tennis Observed" (Barre, 1957), "Bill Talbert's Weekend Tennis" (Doubleday, 1970) and "Stroke Production in the Game of Tennis" (Lippincott, 1971). He was a contributing editor to "Sports Illustrated" when it started in 1954, until 1968. He is Senior Vice President of the United States Banknote Corporation in New York.

Talbert was elected to the International Tennis Hall of Fame in 1967. In 1970, he was Director of the U.S. Open Championships at Forest Hills. In 1971, he was Chairman and Director of the Championships and again in 1972, 1973, 1974 and 1975, and has been Director of the Championships at Flushing Meadow since 1978.

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# USNSO SALUTES THE 1987 V.P. FAIR

The U.S. National Senior Olympics gives special thanks to the V.P. Fair and the V.P. Fair Foundation for the many kinds of support it has given to the 1987 USNSO. The in-depth planning and coordination of the V.P. Fair and the USNSO resulted in shared Opening Ceremonies of the V.P. Fair with Closing Ceremonies of the USNSO, thus creating important economies.

The USNSO also appreciates the recognition of its USNSO winners in the 110th Annual Veiled Prophet Parade.

The volunteer support received from the V.P. Fair has also been an important and welcomed addition to the ultimate success of the first-ever U.S. National Senior Olympics. ☆

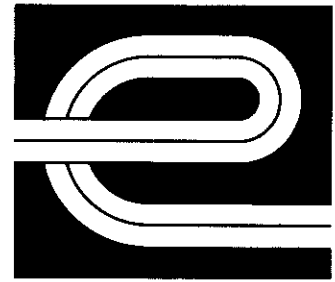


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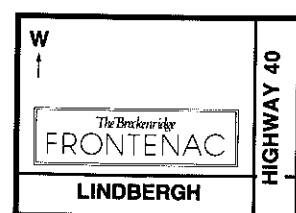
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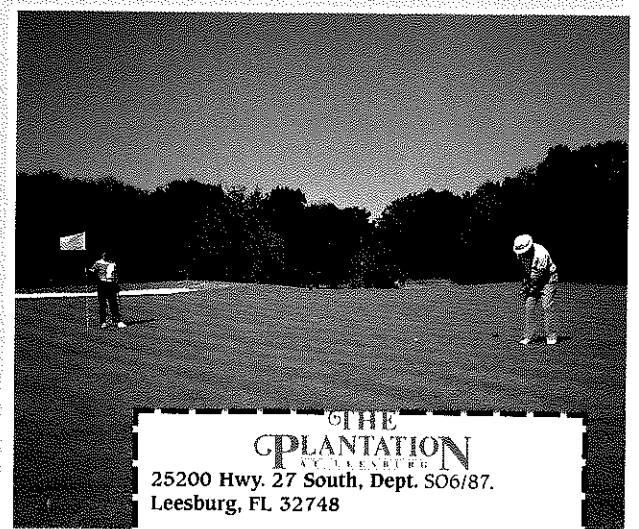
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## The 1987 USNSO thanks these volunteer organizations for their loyal support and participation

Special thanks to the following USNSO Sponsoring Volunteer Organizations and their many volunteers who have been actively planning for the hospitality and volunteer needs of the U.S. National Senior Olympics since spring, 1986. Their enthusiastic support has insured that the U.S. National Senior Olympics has a strong, hardworking and energetic volunteer network of more than 2,500 volunteers of all ages—eager, smiling, professional volunteers—the “people power” needed to make the USNSO wheel run smoothly:

Girl Scout Council of Greater St. Louis—Mary Schumacher, Coordinator  
 Junior League of St. Louis—Mary Jane Pieroni, Coordinator  
 National Council of Jewish Women, St. Louis Section—Joy Melman, Coordinator  
 Rotary Inner-City—Bob Hackman, Coordinator  
 St. Louis Area Council, Boy Scouts of America—Dennis Horn, Coordinator  
 St. Louis Visitors Center—Winifred George, Coordinator  
 Southwestern Bell Community Relations Teams—Diane Clark and Ken Blades, Coordinators  
 Telephone Pioneers of America—Charles Williams, Coordinator  
 The Woman's Club of Washington University—Helene Rode, Coordinator

Other members of the USNSO Hospitality, Housing and Volunteers Committee serving under Chairman Hal Wuertenbaecher and Co-Chairman Carolyn Henges, who have assumed major responsibilities as Coordinators for Planning and Recruitment are:

John Belz  
 Bud Borneman  
 Elaine Friedman  
 Margy Harris  
 Jennifer Harvey  
 Lois Kanefield  
 Anne Levinson  
 Butch Ries  
 Susie Sullivan  
 Pat Vogt

Serving as Sub-Committee Chairpersons for Hospitality, Information and Registration are the following members of the National Council of Jewish Women:

Dolly Arnstein  
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 Mary Elbert  
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While you're in St. Louis, visit some of these outstanding places.

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**Craft Alliance Gallery,** 6640 Delmar Blvd., 63130, 725-1151. Open Tue.-Fri., Noon to 5 p.m.; Sat. 10 a.m.-5 p.m. Admission Free.

**Fostaire Heliport,** 400 L.K. Sullivan Blvd., 63102, 421-5440. Flights Daily, 10 a.m.-until dusk, weather permitting.

**Gateway Arch,** 11 North 4th St., 63102, 425-4465. Open Daily, 8 a.m.-9:30 p.m. Admission to Museum is Free. Tram tickets are \$1.50/Adults, 50¢/Children.

**Grant's Farm,** 10501 Gravois, 63123, 843-1700. Open Tues. thru Sun., 6 tours daily. Admission Free. Reservations required.

**Huck Finn & Tom Sawyer Riverboats,** Foot of Washington Ave., 63102, 621-4040. Operate Daily, 10 a.m.-5 p.m. Admission \$5.50/Adults, \$2.50/Children. Call for information on group rates and dinner dance cruises.

**Jewel Box,** Forest Park, 63110, 534-9433. Open Daily, 9 a.m.-5 p.m. Admission Free Mon.-Tues. until Noon, other times 50¢.

**Kramer's Marionettes,** 4143 Laclede Ave., 63108, 531-3313. Open Mon. thru Sat., Tours at 10 a.m. and 1 p.m. Admission: \$2.50/Adults, \$2.25/Children. Reservations required.

**Laumeier Sculpture Park,** Geyer & Rott Roads, 63127, 821-1209. Open Wed.-Sat. 10 a.m.-5 p.m.; Sun. Noon-5 p.m. Admission Free.

**The Magic House,** 516 So. Kirkwood Rd. (Lindbergh Blvd.), 63122, 822-8900. Open Tue.-Thur. & Sat., 10 a.m.-6 p.m.; Fri. 10 a.m.-9 p.m.; Sun. Noon-6 p.m. Admission: \$2.50/Adults, \$2/Children. Group rates available.

**Missouri Botanical Garden,** 4344 Shaw, 63110, 577-5100. Open Daily, 9 a.m.-8 p.m. Admission: \$1/13 and over, Free/12 and Under. Senior citizens free. Wed. and Sat. free until noon.

**National Museum of Transport,** 3015 Barrett Station Rd., 63122, 965-7998. Open Daily, 9 a.m.-5 p.m. Admission: \$2/Adults, \$1/Children and Senior Citizens over 65.

**President Riverboat,** St. Louis Levee, below Gateway Arch, 241-5500. America's largest excursion vessel. Group rates available.

**St. Louis Science Center (McDonnell Planetarium),** 5100 Clayton Ave., 63110 (in Forest Park), 389-4400. Admission to exhibits is free. Nominal charge for Star Theatre presentations. Call for information on prices and hours.

**St. Louis Wax Museum,** 2nd & Morgan, 63102, 241-1155. Open Mon.-Sat., 10 a.m.-10 p.m.; Sun., 1 to 10 p.m. Admission: \$2.50/Adults, \$2/Children 7-12.

**Six Flags St. Louis,** P.O. Box 60, Eureka, MO 63025, 938-5300. Located about 30 miles southwest of St. Louis on I-44. Open Daily. Admission: One-day tickets \$13.95/Adult, \$9.95/Children (3-11); two-day tickets \$18.95; \$6.95/Senior Citizens: Free/Children under 2.

**Soldier's Memorial Military Museum,** 1315 Chestnut, 63103, 622-4550. Open Daily, 9 a.m.-4:30 p.m. Admission Free.

**U.S.S. Inaugural #242,** 400 L.K. Sullivan Blvd., 63102, 421-1511. Open Daily, 10 a.m.-Dusk. Admission: \$1.75/Adults, \$1.25/Children (6-12), Free/Children under 5.

**St. Louis Zoological Park,** Forest Park, 63110, 781-0900. Open Daily, 9 a.m.-5 p.m. Admission Free. Parking on Street. Nominal charge in Zoo Parking Lot.

## HISTORIC ATTRACTIONS

**American Institute of Architects,** 919 Olive St., 63101, 621-3484. Open Mon.-Fri., 9 a.m.-3 p.m. Admission Free.

**Cahokia Mounds Historic Site & Museum,** 7850 Collinsville Rd., East St. Louis, IL 62201, 618-344-5268. Open Daily, 9 a.m.-5 p.m. Admission Free.

**Campbell House Museum,** 1508 Locust St., 63103, 421-0325. Open Tues.-Sat., 10 a.m.-4 p.m., Sun. Noon-5 p.m. Closed Mondays and Holidays. Admission: \$2/Adults, 50¢/Children.

**Cathedral of St. Louis (New Cathedral),** Lindell Blvd. & Newstead Ave., 63108, 533-2824. Open Daily, 7 a.m.-6 p.m. Free tours every Sunday at 1 p.m.

**Chatillon-DeMenil House,** 3352 DeMenil Pl., 63118, 771-5828. Open Tues.-Sat., 10 a.m.-4 p.m., Sun. Noon-5 p.m. Admission: \$1.50/Adults, 50¢/Children.

**Christ Church Cathedral,** 1210 Locust, 63103, 231-3454. Open Mon.-Fri., 9 a.m.-5 p.m.; Sat., 9 a.m.-Noon; Sun., 7:30 a.m.-1 p.m.

**Concordia Historical Institute,** 801 DeMun, 63105, 721-5934, ext. 320. Open Mon.-Fri., 8 a.m.-4:30 p.m. Admission Free.

**Cupples House,** 3673 West Pine Blvd. (St. Louis University), 63103, 658-3025. Open Mon.-Fri., 10 a.m.-3 p.m.; Sun., 2 p.m.-4 p.m. Suggested Donation: \$1/Adults, 50¢/Children.

**Eugene Field House & Toy Museum,** 634 S. Broadway, 63102, 421-4689. Open Tues.-Sat., 10 a.m.-4 p.m.; Sun., Noon-5 p.m. Admission \$1.50/Adults, 50¢/Children.

**First State Capitol,** 208-214 S. Main St., St. Charles, MO 63301, 1-723-3256. Open Mon.-Sat., 10 a.m.-4 p.m.; Sun. Noon-6 p.m.

**First Street Forum (Arts Center),** 717 N. 1st St., 63102, 421-3791. Call for current exhibits, performances, lectures and symposia.

**Gallery of Art-Washington University,** Forsyth at Skinker, 63130, 889-5490. Open Weekdays 10 a.m.-5 p.m., Weekends 1-5 p.m.

**General Daniel Bissell House,** 10225 Bellefontaine Rd., 63137, 868-0973. Open Wed.-Sat., 10 a.m.-5 p.m.; Sun., 1-5 p.m. Admission: \$1/Adults, 50¢/Children. Last tour begins at 4 p.m.

**Hanley House,** 7600 Westmoreland, 63105, 727-8100, ext. 290. Open Fri.-Sun., 1 p.m.-5 p.m. Prebooked tours Wed.-Fri. Admission: \$1/Adults, 50¢/Children.

**Jefferson Barracks Historical Park,** Grant Road at Kingston, 63125, 544-5714. Open Wed.-Sat., 10 a.m.-5 p.m.; Sun., Noon-5 p.m. Group tours available. Admission Free.

**John B. Myers House & Barn,** 180 Dunn Rd., 63031, 921-4606. Open Tues.-Sat., 10 a.m.-4 p.m.; Sun., Noon-5 p.m. Admission Free.

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**McDonnell Douglas Prologue Room,** McDonnell Blvd. & Airport Rd., 63166, 232-5421. Open Mon.-Sat., 9 a.m.-4 p.m. Admission Free.

**Mercantile Money Museum,** Podium Level, Mercantile Tower, 7th & Washington, 63101, 425-8199. Open Mon.-Fri., 9 a.m.-4 p.m. Admission Free.

**Missouri Historical Society,** Jefferson Memorial Building, Lindell Blvd. & DeBaliviere, 63112, 361-1424. Open Tues.-Sun., 9:30 a.m.-4:45 p.m. Admission Free.

**Museum of Westward Expansion,** (Underground area beneath Gateway Arch). Open daily, 8:30 a.m.-9:30 p.m. Free. 425-4465.

**National Shrine of our Lady of the Snows,** 9500 West Illinois Rt. 15, Belleville, IL 62223, 241-3400. Open Daily, 8 a.m.-8 p.m. Admission Free.

**Old Cathedral,** 209 Walnut St., 63102, 231-3250. Open Daily, 10 a.m.-5 p.m.; Sat., 10 a.m.-7 p.m. Church Admission Free. Museum Admission 25¢. Free Parking. Daily Masses.

**Old Courthouse,** 11 North 4th St., 63102, 425-4465. Open Daily, 8 a.m.-4:30 p.m. Admission Free.

**Saint Louis Art Museum,** Forest Park, 63130, 721-0067. Open Tues. 1:30-8:30 p.m.; Wed.-Sun., 10 a.m.-5 p.m. Admission Free.

**Sappington House Complex,** 1015 S. Sappington Rd., 63126, 966-4700, sta. 271. Open Tues.-Fri., 11 a.m.-3 p.m.; Sat., Noon-3 p.m. Admission: \$1/Adults, 50¢/Children.

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**St. Louis Carousel,** Faust Park, Olive Street Rd., 532-7298. Newly-renovated carousel dating back to the old Highlands Amusement Park.

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## SHOWTIME

**The American Theatre,** 9th & St. Charles St., 63101, 231-7000. Live stage productions.

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**Dance St. Louis,** 8338 Big Bend Blvd., 63119, 968-4341. Presents local, national and international companies in performances.

**Edison Theatre,** P.O. Box 1142 (Washington University Campus), 63130, 889-5202. Professional performers and companies.

**Goldenrod Showboat,** 700 L.K. Sullivan Blvd., 63102, 621-3311. Dinner Theatre. Buffet Dinner, ragtime entertainment.

**The Muny,** Forest Park, 63112, 361-1900. Outdoor amphitheatre. Presents musicals.

**Opera Theatre of St. Louis,** Loretta Hilton Center, P.O. Box 13148, 63119, 961-0171. Classic and new opera productions.

**Repertory Theatre of St. Louis,** 130 Edgar Rd., 63119, 968-4288. Variety of plays ranging from Shakespeare to modern contemporary dramas and comedies. Season runs September through April.

**St. Louis County Pops,** Greensfelder Recreational Center, Queeny Park, 550 Weidman Rd., 63011, 534-1700. St. Louis Symphony Orchestra with Pops Conductor Richard Hayman.

**Saint Louis Symphony Orchestra,** Powell Symphony Hall, 718 North Grand Blvd., 63103, 534-1700.

**The Fabulous Fox Theatre,** 527 North Grand, 63103, 534-1678. Box Office 534-1111. Tours available Wed., Thurs., & Sat. at 10:30 a.m. Admission \$2/person. Advance reservations required.

**S.S. Admiral,** (314) 436-SHIP. A St. Louis landmark has reopened. This one-of-a-kind art deco entertainment center features family fun during the day and adult entertainment after 7 p.m.

**Theatre Project Company,** 4219 Laclede, 63108, 531-1301. The Off-Broadway theatre of St. Louis.

**Westport Playhouse,** 600 West Port Plaza, 63141, 878-2424. Presents musicals, comedies and drama.

## SPORTS

**National Bowling Hall of Fame & Museum,** 111 Stadium Plaza, 63102, 231-6340. Open Mon.-Fri., 9 a.m.-5 p.m.; Sat.-Sun., 9 a.m.-7 p.m. Admission: \$3/Adults, \$2/Senior Citizens, \$1.50/Children.

**Sports Hall of Fame,** 100 Stadium Plaza, 63102, 421-6790. Open Daily, 10 a.m.-5 p.m., until 11 p.m. nights of ballgames. Admission: \$2/Adults, \$1/Children.

**St. Louis Baseball Cardinals,** Busch Stadium, 63102, 421-3060. Ticket prices from \$3-\$9.

**St. Louis Football Cardinals,** Busch Stadium, 63102, 421-1600. Ticket prices from \$10-\$18.

**St. Louis Blues Hockey,** Arena, 5700 Oakland, 63110, 781-5300.

**St. Louis Soccer Steamers,** 212 N. Kirkwood Rd., 63122, 821-1111.

**Sports Hall of Fame,** 100 Stadium Plaza, St. Louis, MO 63102. 421-6790. A live action museum of St. Louis sports history.

**St. Louis International Raceway,** 558 North Highway 203, Fairmont City, IL 62201, 618-271-2900.

## SHOPPING

**The Central West End,** A unique collection of more than 100 shops, distinctive galleries and restaurants. The heart of the CWE is Euclid Avenue, North of Forest Park Expressway, and East of Kingshighway.

**Chesterfield Mall,** Highway 40 at Clarkson Road. 115 stores.

**Crestwood Plaza,** 9501 Watson Road. 140 stores and 11 restaurants.

**Jamestown Mall,** Lindbergh Blvd. at Old Jamestown Rd. 90 stores and 9 restaurants.

**Northland Shopping Center,** Lucas & Hunt Road at West Florissant Avenue. 55 stores.

**Northwest Plaza,** St. Charles Rock Road at Lindbergh Blvd. 125 stores and 16 restaurants.

**Plaza Frontenac,** Clayton Road at Lindbergh Blvd. 5 restaurants and 63 stores including Saks Fifth Avenue and Neiman-Marcus.

**River Roads Mall,** Jennings Station Road and New Halls Ferry Road. 55 stores, 1 supermarket, 5 restaurants and 1 bowling alley.

**St. Louis Centre (Downtown),** 150 stores and 20 restaurants.

**South County Center,** Lindbergh Blvd. and Union Road at Lemay Ferry Road. 94 stores and 5 restaurants.

**Saint Louis Galleria,** Clayton Road and Brentwood Blvd. Specialty fashion center featuring 100 unique shops and restaurants.

**St. Louis Union Station,** 1820 Market Street, 421-6655 reopened as a world-class hotel, restaurant, shopping and entertainment center. A national historic landmark.

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**West Port Plaza,** I-270 and Page. 34 stores and 15 restaurants.

**St. Louis Union Market,** 701 N. Broadway. 421-6666. A majestic block-square building listed in the National Register of Historic Places.

*Information provided by the St. Louis Convention and Visitors Bureau.*

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other discount or promotional fares apply. Proof of age required for purchase and must be shown at time of travel. Tickets available only at Southwest Airlines ticket counters or through your travel agent.

So, if you're 65 or more (or you know someone who is) get moving. Fares as low as these go very fast.



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# We can't give you one good reason to visit St. Louis.

## So here are 50.

We're serious.

A list of 50 of the most exciting, entertaining, fun-filled, action-packed, one-of-a-kind things to see and do in St. Louis is the best invitation we can make.

See if you don't agree.

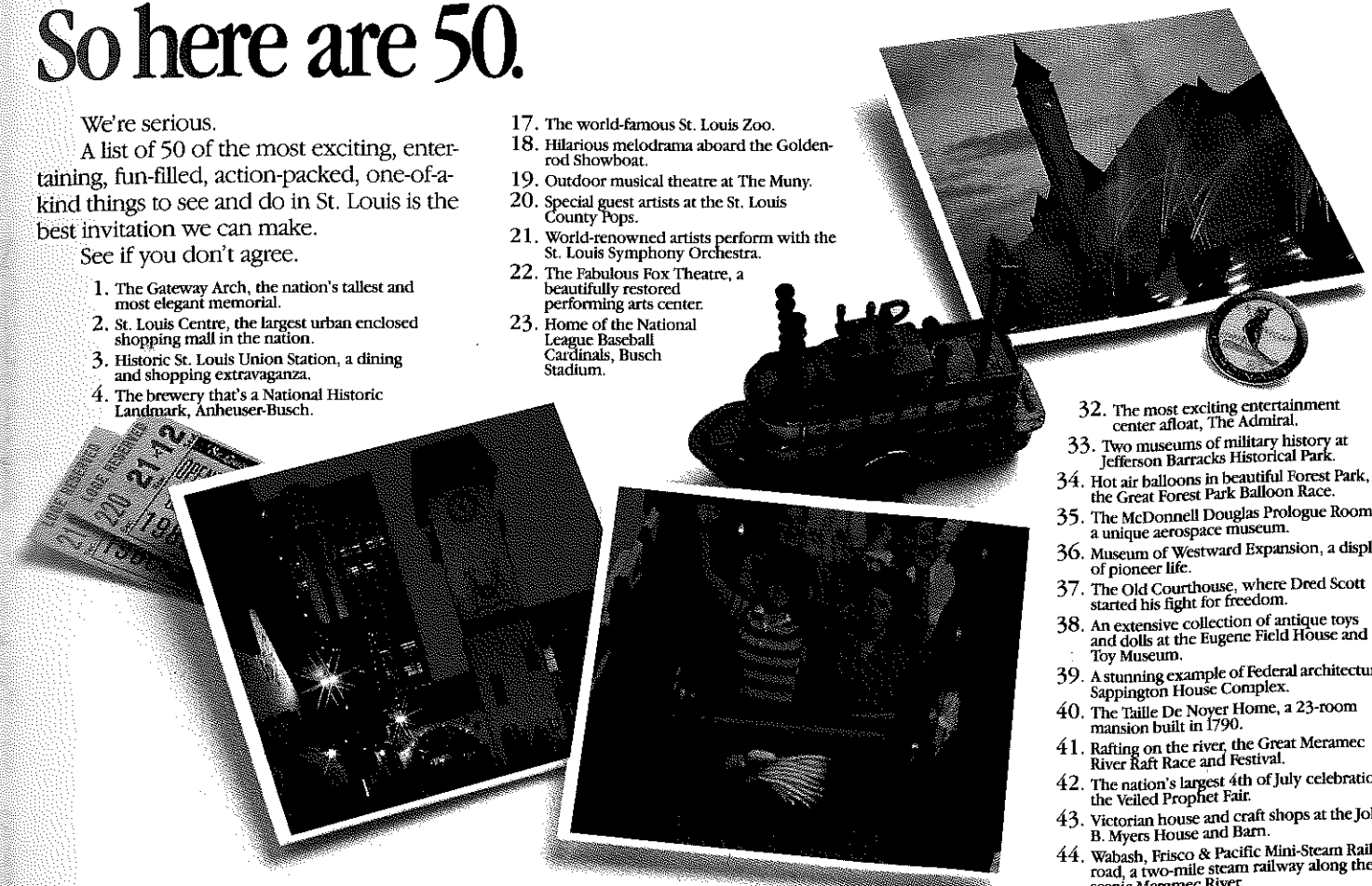
1. The Gateway Arch, the nation's tallest and most elegant memorial.
2. St. Louis Centre, the largest urban enclosed shopping mall in the nation.
3. Historic St. Louis Union Station, a dining and shopping extravaganza.
4. The brewery that's a National Historic Landmark, Anheuser-Busch.

17. The world-famous St. Louis Zoo.
18. Hilarious melodrama aboard the Goldenrod Showboat.
19. Outdoor musical theatre at The Muny.
20. Special guest artists at the St. Louis County Pops.
21. World-renowned artists perform with the St. Louis Symphony Orchestra.
22. The Fabulous Fox Theatre, a beautifully restored performing arts center.
23. Home of the National League Baseball Cardinals, Busch Stadium.

5. Two spectacular riverfront sights, the Delta Queen and Mississippi Queen.
6. A pre-Civil War Missouri farm, Hanley House.
7. Grant's Farm, home of the world-famous Clydesdales.
8. Mississippi cruises aboard the Huck Finn and Tom Sawyer riverboats.
9. The Jewel Box, a unique floral conservatory.
10. 800 puppets on display at Kramer's Marionettes.
11. Laumeier Sculpture Park, one of only two contemporary sculpture parks in the United States.
12. The Magic House, a participatory museum for children and adults.
13. Beautiful botanical gardens founded by Henry Shaw, the Missouri Botanical Gardens.
14. The National Museum of Transport, the largest collection of antique locomotives in the world.
15. A new Star Theatre and hands-on exhibits at the St. Louis Science Center.
16. Six Flags, one of the country's most exciting amusement parks.

24. A tribute to America's most popular participation sport, the National Bowling Hall of Fame and Museum.
25. Trans-Am racing is just part of the action at the St. Louis International Raceway.
26. St. Louis sports history on display at the Sports Hall of Fame.
27. The Campbell House Museum, a mid-Victorian townhouse.
28. The largest collection of mosaic art in the Western Hemisphere at the Cathedral of St. Louis.
29. Chatillon-De Menil House, an ante-bellum mansion.
30. Over 70 galleries of art treasures at the St. Louis Art Museum.
31. Period furniture at the General Daniel Bissell House.

32. The most exciting entertainment center afloat, The Admiral.
33. Two museums of military history at Jefferson Barracks Historical Park.
34. Hot air balloons in beautiful Forest Park, at the Great Forest Park Balloon Race.
35. The McDonnell Douglas Prologue Room, a unique aerospace museum.
36. Museum of Westward Expansion, a display of pioneer life.
37. The Old Courthouse, where Dred Scott started his fight for freedom.
38. An extensive collection of antique toys and dolls at the Eugene Field House and Toy Museum.
39. A stunning example of Federal architecture, Sappington House Complex.
40. The Taille De Noyer Home, a 23-room mansion built in 1790.
41. Rafting on the river, the Great Meramec River Raft Race and Festival.
42. The nation's largest 4th of July celebration, the Veiled Prophet Fair.
43. Victorian house and craft shops at the John B. Myers House and Barn.
44. Wabash, Frisco & Pacific Mini-Steam Railroad, a two-mile steam railway along the scenic Meramec River.
45. Fun and nightlife along the riverfront at Laclede's Landing.
46. Queeny Park, an outdoor creative play area.
47. Jefferson Memorial, Missouri Historical Museum and home of the Lindbergh Trophies.
48. On the National Register of Historic Places, the Cupples House.
49. A scenic cruise aboard one of the country's largest riverboats, the President.
50. The American Theatre, the best of Broadway in St. Louis.



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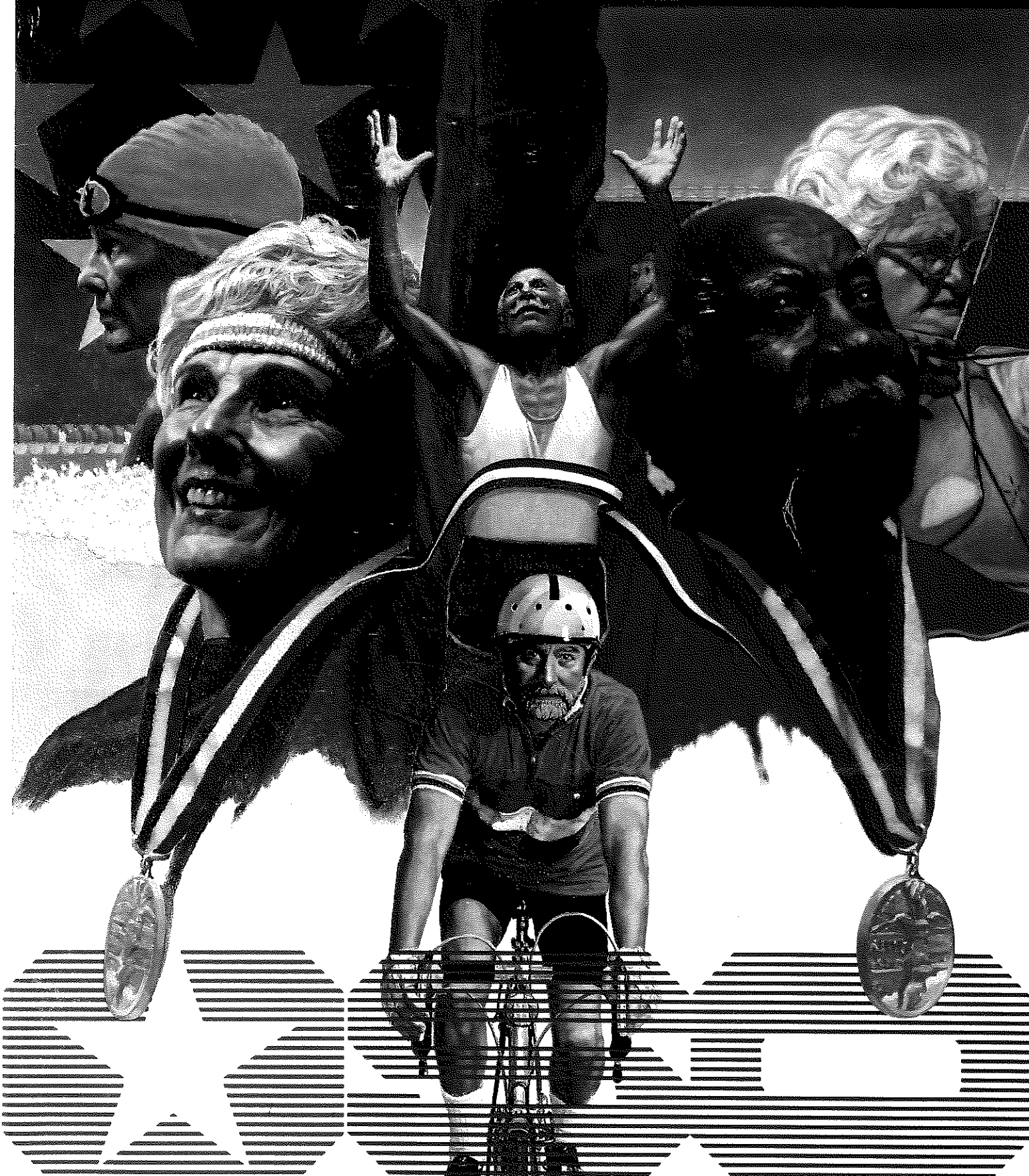
Southwestern Bell Media, Inc. 1987

# U.S. NATIONAL SENIOR OLYMPICS

PROGRAM MAGAZINE

JUNE 27-JULY 2, 1987 ST. LOUIS

\$2.00



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