

RESULTS I

RANKINGS (

CAL Upgrade







## **Complete**



Women High Jump 75-89

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Joy Flynn		SC Striders Track Club	1.04m	1	
1	Kathy Bergen		SC Striders Track Club	1.07m	1	
1	Christel Donley		Unattached	0.92m	1	
2	Barbara Warren		Capital City Striders, Inc.	0.95m	1	
2	Florence Meiler		Sprinticity	0.89m	1	
3	Tami Graf		Potomac Valley Track Club	0.80m	1	

Men Long Jump 80-99 Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
1	William Angus		Lake Erie Lightning Track Club	3.11m	1				
1	Roger Vergin		Unattached	2.75m	1				
1	Richard Soller		Unattached	1.30m	1				

To get t











Men High Jump 55-59

Finals

====							
	NAME	YR	TEAM	MARK	H#	WIND	
1				1.50m	 1	:=====	
2	Ralph ONeal Jr.		So Cal Track Club	1.50m	1		
3	Chet Clodfelter		Unattached	1.45m	1		
4	Guy Stockard		Unattached	1.45m	1		
5	Chuck Kruelle		Greater Philadelphia TC	1.40m	1		
5	Rob Walker		Unattached	1.40m	1		
7	Franco Leonardi		Dearborn Track Club	1.40m	1		
8	Andrew Dudley		Unattached	1.40m	1		
9	Scott Werber		Unattached	1.25m	1		

Men High Jump 75-79

Finals

====								
	NAME	YR	TEAM	MARK	H#	WIND		
1	Richard Campbell		So Cal Track Club	1.25m	1			
2	David Montieth		Unattached	1.25m	1			
3	Curtis Kinsman		Unattached	1.20m	1			
3	Jack Squires		Unattached	1.20m	1			
5	Reuben DeBolt		Unattached	1.15m	1			
6	Daniel Flynn		Unattached	1.10m	1			
7	Norman Frable		So Cal Track Club	1.10m	1			
8	David Marovich		Philadelphia Masters	0.95m	1			
9	Robert Weiner		Potomac Valley Track Club	0.85m	1			

Women 60 meter Dash 30-34

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====			.======================================			======			
1	Keyona Thomas		Unattached	8.06	1				
2	Rasheta Butler		ISAA (International Student At	8.16	1				
3	Christy Borders		Southwest Sprinters Track Club	8.79	1				
4	Amber Johnson		Bella N Motion	8.99	1				
5	Zafirah Green		ISAA (International Student At	17.47	1				

Men 800 meter Run 30-34

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====						======			
1	Reginald Sanders		Unattached	2:01.29	1				
2	Jelani Knight		ISAA (International Student At	2:05.04	1				
3	Matt Morris		Fleet Feet Louisville	2:09.72	1				
4	Chris Hopkins		Greenville Track Club	2:14.91	1				
5	Joshua Bishop		CHT Elite	2:43.19	1				



RESULTS RANKINGS

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4:53.09





Men 1500 meter Run 35-39

Finals

\_\_\_\_\_\_ YR TEAM NAME MARK WIND \_\_\_\_\_\_ Sam Sharp Shadow Project TC 4:14.57 2 Stanley Peyton Jr. 4:22.83 1 Unattached 3 Hunter Daniel Prado Racing Team 4:23.34 CHT Elite 4 Griffin Bohannon 4:42.55 1

Unattached

Men Triple Jump 40-49

Dennis Nash

Finals

5

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		=====		=========	======	======			
1	Curtis Smith Jr.		Potomac Valley Track Club	12.56m	1				
1	Tamba Kortequee		Unattached	12.50m	1				
2	Michael Patton		Unattached	11.70m	1				
2	Carlos Mathews		TNT International Racing Club	10.39m	1				
3	Jason James		Unattached	11.27m	1				
3	Jonathan Franklin		Unattached	10.29m	1				
4	Richard Jones		Mental Wealth Track Club	10.56m	1				
4	Emmanuel Barnes Sr.		Unattached	9.97m	1				
5	Patrick McGinley		Potomac Valley Track Club	10.31m	1				

Men Shot Put 55-59

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		=====			=====				
1	Russell Willitt		Greater Philadelphia TC	13.79m	1				
2	Troy Bellrichard		Unattached	13.38m	1				
3	Craig MacDonald		Greater Philadelphia TC	13.35m	1				
4	Tobias Pallett		Unattached	12.26m	1				
5	Scott Hardin		Unattached	12.01m	1				
6	Patrick Weigel		Over The Hill TC	11.72m	1				
7	Mike Moye		Unattached	11.57m	1				
8	Scott Werber		Unattached	11.19m	1				
9	Scott Sanders		Unattached	11.07m	1				
10	Darrell Faulkner		Unattached	8.53m	1				
11	Joseph Bachana		Central Park Track Club (CPTC)	7.83m	1				

Men Weight Throw 65-69

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====		=====	=======================================		=====	======			
1	Bob Cedrone		Twilight Throwers	15.16m	1				
2	Tim Morse		Twilight Throwers	15.10m	1				
3	David Zipko		Unattached	14.69m	1				
4	Ward Sorensen		Potomac Valley Track Club	13.91m	1				
5	Rodney Atherton		Unattached	12.61m	1				











Men Weight Throw 80-94 Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		=====			=====				
1	Robert Cahners		Unattached	15.92m	1				
1	Roger Vergin		Unattached	8.90m	1				
1	Ray Feick		Philadelphia Masters	6.39m	1				
2	Curtis Morgan		Philadelphia Masters	10.08m	1				
2	Sid Davis		Atlanta Track Club	8.53m	1				
3	Robert Southerlan		Unattached	9.77m	1				

Men Super Weight 65-69

Finals

===									
	NAME	YR	TEAM	MARK	H# WI	ND			
1	Tim Morse	=======	Twilight Throwers	8.26m	1	====			
2	Bob Cedrone		Twilight Throwers	8.08m	1				
3	Ward Sorensen		Potomac Valley Track Club	6.90m	1				
4	Michael DeBrabant		Unattached	5.37m	1				
5	David McLawhorn		So Cal Track Club	4.83m	1				

Men Super Weight 80-94

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Robert Cahners		Unattached	9.20m	1	
1	Roger Vergin		Unattached	4.63m	1	
1	Ray Feick		Philadelphia Masters	3.98m	1	
2	Curtis Morgan		Philadelphia Masters	7.04m	1	
3	Robert Southerlan		Unattached	6.54m	1	
4	Ronald Small		Unattached	6.35m	1	

Men 1500 meter Race Walk 60-69

Finals

====						
	NAME	YR	TEAM	MARK	H#	WIND
====					=====	
1	Dave Talcott		Unattached	8:03.78	1	
1	Jim Scott		Unattached	8:08.76	1	
2	Douglas Johnson		Unattached	8:33.01	1	
2	David Couts		Racewalkers Club of St. Louis	8:43.84	1	
3	Michael Blanchard		Unattached	9:34.74	1	
3	Kevin Applegate		Unattached	9:35.99	1	
4	David Russell		Unattached	9:53.93	1	
4	Timothy Chelius		Shore Athletic Club	9:45.37	1	
5	Terence McLaughlin		Potomac Valley Track Club	12:21.86	1	
5	Albert Arcand Jr.		Potomac Valley Track Club	11:50.50	1	



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1	Ronald Stallings	Elite Xpress Track and Field	5.04m	1
2	James McCrimmon	Unattached	4.95m	1
3	William Long	Joy's Jackrabbits Track Club	4.95m	1
4	Dwain Hammrich-Romsa	Unattached	4.74m	1
5	Ronald Humphrey	Unattached	4.73m	1
6	Tom Jacobs	Unattached	4.62m	1
7	Christopher Smith	Unattached	4.56m	1

Men High Jump 80-89

Finals

===					=======	
	NAME 	YR	TEAM	MARK	H#	WIND
1	Don Isett		Unattached	1.10m	1	
1	Robert Paulen		Potomac Valley Track Club	1.07m	1	
2	Robert Southerlan		Unattached	0.98m	1	
2	Bert Bergen		SC Striders Track Club	1.01m	1	
3	William Rhoad		Philadelphia Masters	0.80m	1	
3	Roger Vergin		Unattached	0.95m	1	

Men 60 meter Dash 40-44

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====		=====		:========					
1	Antoine Echols		Centennial State Track Club	6.95	1				
2	Michael Blunt		Centennial State Track Club	7.13	1				
3	Jeremiah Dixon		Unattached	7.18	1				
4	Jonathan Robinson		United Southern Express Track	7.28	1				
5	Charles Cunningham		Unattached	7.39	1				
6	Marcus Holloway		Unattached	7.44	1				
7	Marcus Barnes		Atlanta Track Club	7.49	1				

#### Prelims

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	NAME	YR	TEAM	MARK	H#	WIND
====		====				======
1	Antoine Echols		Centennial State Track Club	6.99	1	
2	Michael Blunt		Centennial State Track Club	7.15	2	
3	Jonathan Robinson		United Southern Express Track	7.20	2	
4	Marcus Holloway		Unattached	7.34	1	
5	Jeremiah Dixon		Unattached	7.31	2	
6	Gustavo Montalvo		Venezuela	7.37	1	
7	Marcus Barnes		Atlanta Track Club	7.37	1	
8	Charles Cunningham		Unattached	7.42	2	
9	Ron Nicholls II		Unattached	7.47	2	
10	Jared Stepp		Unattached	7.53	1	
11	Jamar Glenn		Unattached	7.63	2	
12	Michael Patton		Unattached	7.93	1	
13	Rafael Alfredo Gallardo Orte		Venezuela	7.95	1	
14	Jeffrey Campbell		Unattached	8.05	1	
15	Rick Pack Jr.		Atlanta Track Club	8.14	2	



RESULTS RANKINGS

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===:									
	NAME	YR	TEAM	MARK	H#	WIND			
1	Easter Grant		Southwest Sprinters Track Club	7.76	1				
2	Korey Hardiway		Alpha and Omega Athletics	8.18	1				
3	Grace Liang		Unattached	8.23	1				
4	Patricia Blanco		Venezuela	8.34	1				
5	Latasha Cole		Unattached	10.64	1				

Women 60 meter Dash 40-44

Finals

====					
	NAME	YR	TEAM	MARK	H# WIND
1	Inga McIntyre	======	Atlanta Track Club	8.00	.=====================================
2	Sandra Halvatzis		Alpha and Omega Athletics	8.14	1
3	Latesha Short		Success Performance Track Club	8.49	1
4	Kendra Taylor		Unattached	8.59	1
5	Jennifer Benson		Atlanta Track Club	8.70	1
6	Arlaina Brown		Unattached	9.23	1
7	Jo-Anne Hill-Patterson		Unattached	9.50	1
8	Lindsey Hammer		Unattached	9.52	1

#### Prelims

NAME	YR				
	111	TEAM	MARK	H#	WIND
	=====		:======:		
Inga McIntyre		Atlanta Track Club	8.03	1	
Sandra Halvatzis		Alpha and Omega Athletics	8.34	2	
Arlaina Brown		Unattached	8.53	1	
Latesha Short		Success Performance Track Club	8.53	2	
Kendra Taylor		Unattached	8.58	2	
Jennifer Benson		Atlanta Track Club	8.65	2	
Jo-Anne Hill-Patterson		Unattached	9.48	1	
Lindsey Hammer		Unattached	9.69	1	
Alex Dietrich		So Cal Track Club	10.32	1	
	Sandra Halvatzis Arlaina Brown Latesha Short Kendra Taylor Jennifer Benson Jo-Anne Hill-Patterson Lindsey Hammer	Sandra Halvatzis Arlaina Brown Latesha Short Kendra Taylor Jennifer Benson Jo-Anne Hill-Patterson Lindsey Hammer	Sandra Halvatzis Alpha and Omega Athletics Arlaina Brown Unattached Latesha Short Success Performance Track Club Kendra Taylor Unattached Jennifer Benson Atlanta Track Club Jo-Anne Hill-Patterson Unattached Lindsey Hammer Unattached	Sandra Halvatzis Alpha and Omega Athletics 8.34 Arlaina Brown Unattached 8.53 Latesha Short Success Performance Track Club 8.53 Kendra Taylor Unattached 8.58 Jennifer Benson Atlanta Track Club 8.65 Jo-Anne Hill-Patterson Unattached 9.48 Lindsey Hammer Unattached 9.69	Sandra Halvatzis Alpha and Omega Athletics 8.34 2 Arlaina Brown Unattached 8.53 1 Latesha Short Success Performance Track Club 8.53 2 Kendra Taylor Unattached 8.58 2 Jennifer Benson Atlanta Track Club 8.65 2 Jo-Anne Hill-Patterson Unattached 9.48 1 Lindsey Hammer Unattached 9.69 1

Women 60 meter Dash 45-49

Finals

=====						
	NAME	YR	TEAM	MARK	H#	WIND
=====				.=======	=====	
1	Christina Yarmul		Centennial State Track Club	8.38	1	
2	Lace Luedke		Unattached	8.64	1	
3	Jameen Mathews		TNT International Racing Club	8.67	1	
4	Aseel Aziz-Gomez		BLUEgrass Runners	8.97	1	
5	Deia Goff		Greater Philadelphia TC	9.08	1	
6	Casi McFarland		Potomac Valley Track Club	9.50	1	
7	Cassandra Harris		Atlanta Track Club	10.12	1	

Women 60 meter Dash 50-54 Finals



RESULTS RANKINGS

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	<u> </u>			
2	Darmesha Watkins	Unattached	8.64	1
3	Sonja B Profit	Unattached	8.80	1
4	Krista Benson	Unattached	8.87	1
5	Isabelle Dierauer	Southwest Ohio TC	9.10	1
6	Nedenia West	Southwest Sprinters Track Club	9.11	1
7	Lisa Daley	Central Park Track Club (CPTC)	9.14	1
8	Teniko White	Unattached	9.28	1

#### Prelims

====								
	NAME	YR	TEAM	MARK	H#	WIND		
====		=====			=======	======		
1	Emmanuelle Mcgowan		Maximum Quotient Track Club	8.28	1			
2	Darmesha Watkins		Unattached	8.61	2			
3	Teniko White		Unattached	8.74	2			
4	Sonja B Profit		Unattached	8.81	1			
5	Krista Benson		Unattached	9.00	2			
6	Nedenia West		Southwest Sprinters Track Club	9.06	2			
7	Lisa Daley		Central Park Track Club (CPTC)	9.20	2			
8	Isabelle Dierauer		Southwest Ohio TC	9.22	1			
9	Stephanie Lain		Joy's Jackrabbits Track Club	9.69	1			
10	Cynthia Chiu-Pinheiro		Unattached	10.05	2			
11	Kelly Pearson		Unattached	10.05	1			

Women 60 meter Dash 60-64

Finals

	NAME	YR	TEAM	MARK	H#	WIND
====		-====				======
1	Johnnie Reid		Unattached	8.53	1	
2	India Bridgette		Unattached	8.74	1	
3	Tina Gallagher		Ireland	9.27	1	
4	Angie Towns		Unattached	9.64	1	
5	Sarah Lawson		Greater Boston Track Club	9.76	1	
6	Karen Maxwell		Unattached	10.03	1	
7	Deborah Burda		Unattached	10.04	1	
8	Jennifer Jones		SC Striders Track Club	10.26	1	

#### Prelims

====						
	NAME	YR	TEAM	MARK	H#	WIND
====					======	
1	Johnnie Reid		Unattached	8.49	1	
2	Sarah Lawson		Greater Boston Track Club	9.76	2	
3	India Bridgette		Unattached	8.93	1	
4	Karen Maxwell		Unattached	10.12	2	
5	Tina Gallagher		Ireland	9.51	2	
6	Angie Towns		Unattached	9.79	1	
7	Deborah Burda		Unattached	10.23	1	
8	Jennifer Jones		SC Striders Track Club	10.28	2	
9	Toni Banks		Unattached	10.29	1	
10	Elena Pasquill		Unattached	10.44	1	
11	Debbie Hammond		Unattached	10.57	2	

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RESULTS RANKINGS

CAI Upgrade





Women 60 meter Dash 70-74

Finals

NAME YR TEAM MARK H# WIND

====			=========	
1	Kay Glynn	Unattached	10.22	1
2	Diana Daniels	Pony Express Track & Field Clu	10.62	1
3	Pat Kelly	SC Striders Track Club	11.19	1
4	Catherine Bishop	Unattached	15.81	1

Women 200 meter Dash 25-29

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Alexia DeHaven		Unattached	24.99	1	
2	Kiara Montavon		Italy	26.09	1	
3	Taylor Pralle		Unattached	26.88	1	
4	Chanecia Allen-Granderson		ISAA (International Student At	29.33	1	

Women 200 meter Dash 40-44

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Sandra Halvatzis		Alpha and Omega Athletics	26.73	1	
2	Inga McIntyre		Atlanta Track Club	27.01	1	
3	Santa Medina		Central Park Track Club (CPTC)	27.43	1	
4	Jennifer Benson		Atlanta Track Club	29.82	1	

Women 200 meter Dash 45-49

Finals

====							
	NAME	YR	TEAM	MARK	H#	WIND	
====		=====			======		
1	Yvette White		DC International	27.39	1		
2	Christina Yarmul		Centennial State Track Club	27.86	1		
3	Lace Luedke		Unattached	28.67	1		
4	Aseel Aziz-Gomez		BLUEgrass Runners	30.63	1		
5	Heather Ferguson		Unattached	38.22	1		

Women 200 meter Dash 50-54

Finals

=====							
	NAME	YR	TEAM	MARK	H#	WIND	
1	======================================		======================================	 26.29	====== 1	======	
2	Darmesha Watkins		Unattached	27.54	1		
3	Lisa Daley		Central Park Track Club (CPTC)	30.07	1		
4	Krista Benson		Unattached	30.52	1		
5	Tanja Grant		Unattached	32.42	1		
6	Debbie Young		Unattached	32.74	1		











	NAME	YR	TEAM	MARK	H#	WIND
=====						
1	Emmanuelle Mcgowan		Maximum Quotient Track Club	28.57	2	
2	Lisa Daley		Central Park Track Club (CPTC)	31.26	1	
3	Darmesha Watkins		Unattached	28.92	2	
4	Debbie Young		Unattached	32.95	1	
5	Krista Benson		Unattached	31.02	2	
6	Tanja Grant		Unattached	32.31	2	
7	Stephanie Lain		Joy's Jackrabbits Track Club	33.19	1	

Women 200 meter Dash 55-59

Finals

====		=====				=======
	NAME	YR	TEAM	MARK	H#	WIND
====		=====				======
1	Roxanne Brockner		elitefeats	28.32	1	
2	Veronica LeShore		Central Park Track Club (CPTC)	29.90	1	
3	Maryline Roux		Unattached	32.52	1	
4	April Svenstrup		Southwest Sprinters Track Club	34.69	1	
5	Jennifer Meko		Mass Velocity Track Club	35.01	1	

Women 200 meter Dash 60-64

Finals

						=======
	NAME	YR	TEAM	MARK	H#	WIND
=====						======
1	India Bridgette		Unattached	29.63	1	
2	Shemayne Williams		Southwest Sprinters Track Club	31.11	1	
3	Sarah Lawson		Greater Boston Track Club	33.05	1	
4	Lavonda DeWitt		Unattached	33.45	1	
5	Karen Maxwell		Unattached	35.55	1	
6	Deborah Burda		Unattached	36.73	1	

#### Prelims

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	NAME	YR	TEAM	MARK	H#	WIND
1	India Bridgette	======	 Unattached	31.94	1	
2	Shemayne Williams		Southwest Sprinters Track Club	32.10	2	
3	Lavonda DeWitt		Unattached	33.71	2	
4	Sarah Lawson		Greater Boston Track Club	34.01	1	
5	Karen Maxwell		Unattached	35.21	1	
6	Deborah Burda		Unattached	36.16	2	
7	Debbie Hammond		Unattached	36.17	2	
8	Jovette Jolicoeur		Canada	37.63	1	
9	Catherine Popovitch		Greater Philadelphia TC	41.03	2	

Women 200 meter Dash 65-69

Finals

=======================================					
NAME	YR	TEAM	MARK	H#	WIND



RESULTS RANKINGS

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Q Search



5	Tina Bowman	SC Striders Track Club	36.56	1
6	Debbie Lee	So Cal Track Club	41.54	1

#### Prelims

	NAME	YR	TEAM	MARK	Н#	WIND
1	Susan Loyd		Mass Velocity Track Club	34.25	2	
2	Leandra Funk		Unattached	34.68	1	
3	Tomomi Seki		Central Park Track Club (CPTC)	34.58	2	
4	Claudia Simpson		Greater Philadelphia TC	36.34	1	
5	Tina Bowman		SC Striders Track Club	39.91	2	
6	Debbie Lee		So Cal Track Club	40.06	1	
7	Vickie Heierman		Unattached	43.67	2	

Women 400 meter Dash 40-44

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Santa Medina		Central Park Track Club (CPTC)	1:03.85	1	
2	Christina Hewins		Unattached	1:07.82	1	
3	Erin Rock		BLUEgrass Runners	1:09.89	1	
4	Caroline Cobb		So Cal Track Club	1:15.37	1	
5	Alex Dietrich		So Cal Track Club	1:18.63	1	

Women 400 meter Dash 45-49

Finals

====										
	NAME	YR	TEAM	MARK	H#	WIND				
====		=====								
1	Nathalie Jones		Central Park Track Club (CPTC)	1:01.62	1					
2	Yvette White		DC International	1:01.73	1					
3	Lace Luedke		Unattached	1:04.95	1					
4	Aseel Aziz-Gomez		BLUEgrass Runners	1:09.97	1					

Women 400 meter Dash 55-59

Finals

====	NAME	YR	TEAM	MARK	======= H#	WIND
1	Roxanne Brockner	======	elitefeats	1:06.35	1	======
2	Veronica LeShore		Central Park Track Club (CPTC)	1:07.30	1	
3	Dominique Saint-Louis		Central Park Track Club (CPTC)	1:07.74	1	
4	Terri Rath		Greater Philadelphia TC	1:11.06	1	
5	Terry Ballou		Central Park Track Club (CPTC)	1:11.69	1	

Women 800 meter Run 25-39

Finals

NAME YR TEAM MARK H# WIND



RESULTS RANKINGS

CAL Upgrade

**Q** Search



Charmayne Yazzie

GYS TRACK CLUB

2:58.98

Women 1500 meter Run 25-44

Finals

3

=====		=====			=====	=======
	NAME	YR	TEAM	MARK	H#	WIND
=====		=====			=====	======
1	Maureen Lemon		Dayton Track Club	4:39.58	1	
1	Christina Elder		LRC Nebraska	4:58.07	1	
1	Hidi Gaff		Three Rivers Racing	5:12.97	1	
2	Charmayne Yazzie		GYS TRACK CLUB	5:55.59	1	
2	Jennifer Ledford		Unattached	5:15.74	1	
3	Caroline Cobb		So Cal Track Club	5:26.29	1	
4	Christina Hewins		Unattached	5:37.84	1	
5	Diana Crumrine		Unattached	5:39.67	1	
6	Alex Dietrich		So Cal Track Club	6:50.21	1	

Women 60 meter Hurdles 25-39

Finals

	NAME	YR	TEAM	MARK	Н#	WIND
1	Alexia DeHaven		Unattached	9.14	====== 1	:=====
1	Latasha Dodson		Team Dodson Elite	8.83	1	
1	Grace Liang		Unattached	13.21	1	
2	Amanda Pasko		Unattached	9.69	1	
2	Breanna Sanner		Unattached	9.47	1	
3	Danielle Dolan-Brown		Unattached	10.34	1	
3	Christy Borders		Southwest Sprinters Track Club	9.86	1	

Women 60 meter Hurdles 45-49

Finals

=====											
	NAME	YR	TEAM	MARK	H#	WIND					
1	Marsha Baird		Unattached	9.65	1						
2	Danelle Readinger		Southwest Sprinters Track Club	10.70	1						
3	Deia Goff		Greater Philadelphia TC	11.27	1						
4	Lisbeth Mijares		Venezuela	11.43	1						
5	Casi McFarland		Potomac Valley Track Club	12.60	1						
6	Debra Cane		So Cal Track Club	14.01	1						

Women Long Jump 25-49

Finals

=====										
	NAME	YR	TEAM	MARK	H#	WIND				
1	Breanna Sanner		Unattached	5.31m	1	=====				
2	Taylor Pralle		Unattached	5.04m	1					
3	Grace Liang		Unattached	4.81m	1					
4	Marsha Baird		Unattached	4.67m	1					
5	Amy Fix		Unattached	4.58m	1					



RESULTS RANKINGS

Upgrade





10	Casi McFarland	Potomac Valley Track Club	3.96m	1
11	Jo-Anne Hill-Patterson	Unattached	3.78m	1
12	Cassandra Harris	Atlanta Track Club	3.43m	1
13	Debra Cane	So Cal Track Club	3.23m	1
14	Alex Dietrich	So Cal Track Club	3.07m	1
15	Caroline Cobb	So Cal Track Club	2.71m	1

Women Triple Jump 25-59

Finals

====					======	
	NAME	YR	TEAM	MARK	H#	WIND
====						
1	Breanna Sanner		Unattached	12.07m	1	
1	Amy Fix		Unattached	9.65m	1	
1	Latesha Short		Success Performance Track Club	8.77m	1	
1	Cassandra Harris		Atlanta Track Club	7.12m	1	
1	Isabelle Dierauer		Southwest Ohio TC	8.57m	1	
1	Tracey Battle		Potomac Valley Track Club	8.67m	1	
2	Christy Borders		Southwest Sprinters Track Club	9.22m	1	
2	Debra Cane		So Cal Track Club	6.14m	1	
2	Kelly Reblin		Unattached	6.11m	1	
2	Jennifer Meko		Mass Velocity Track Club	7.91m	1	
3	Jill Vollweiler		So Cal Track Club	3.44m	1	
3	Dr. Koura Gibson		Potomac Valley Track Club	7.64m	1	
4	Juaquita Gray		SC Striders Track Club	7.63m	1	

Women High Jump 25-59

Finals

====:	 NAME	YR	 TEAM	========= MARK	====== H#	WIND
====					======	
1	Amanda Pasko		Unattached	1.53m	1	
1	Elizabeth Evans		Unattached	1.75m	1	
1	Jo-Anne Hill-Patterson		Unattached	1.20m	1	
1	Satoko Toyohiro		Unattached	1.35m	1	
1	Pamela McCartney		Unattached	1.55m	1	
1	Amy Haddad		Joy's Jackrabbits Track Club	1.40m	1	
2	Marie Hamay		Unattached	1.15m	1	
2	Debra Cane		So Cal Track Club	1.00m	1	
2	Carlos Larry		Unattached	1.10m	1	
2	Kristine Longshore		Philadelphia Masters	0.85m	1	
3	Alex Dietrich		So Cal Track Club	0.95m	1	
3	Penelope Ingles		Potomac Valley Track Club	0.85m	1	
3	Cynthia Chiu-Pinheiro		Unattached	1.05m	1	
4	Lori Burda		Unattached	1.00m	1	

Women Shot Put 25-49

Finals

=====	NAME	YR	TEAM	MARK	===== H#	WIND
=====				=========		=====
1	Amanda Pasko		Unattached	9.40m	1	
1	Blair Wana		GYS TRACK CLUB	7.70m	1	



RESULTS RANKINGS

AL Upgrade





2	Lace Luedke	Unattached	7.57m	1
3	Jo-Anne Hill-Patterson	Unattached	8.00m	1
3	Cassandra Harris	Atlanta Track Club	6.41m	1
4	Caroline Cobb	So Cal Track Club	5.32m	1
5	Alex Dietrich	So Cal Track Club	5.26m	1

Women Shot Put 60-64

Finals

	NAME	YR	TEAM	MARK	H#	WIND	
====							
1	Oneithea Lewis		Shore Athletic Club	10.15m	1		
2	Jovette Jolicoeur		Canada	8.76m	1		
3	Mary Wilkins		Potomac Valley Track Club	8.62m	1		
4	Jan Unruh		Unattached	8.58m	1		
5	Crystal Carl		Texas Throwers Club	8.54m	1		
6	Deborah Burda		Unattached	7.94m	1		
7	Linda Kelly		Unattached	7.38m	1		
8	Tamara Alegria-Dybvig		Unattached	7.22m	1		
9	Heather Scanlon		Philadelphia Masters	6.50m	1		
10	Catherine Popovitch		Greater Philadelphia TC	4.94m	1		

Women Shot Put 50-59

Finals

===:									
	NAME	YR	TEAM	MARK	H#	WIND			
===: 1	Kimberly Lindner	:=====:	Hudson Valley Flight Club	 10.66m	: 1	======			
1	•		, 0		1				
1	Alissa Noguez		Unattached	10.33m	1				
2	Carlos Larry		Unattached	8.69m	1				
2	Amy Haddad		Joy's Jackrabbits Track Club	8.85m	1				
3	Jennifer Heston		Unattached	8.05m	1				
3	Kristine Longshore		Philadelphia Masters	3.87m	1				
4	Cvnthia Chiu-Pinheiro		Unattached	7.41m	1				

Women 3000 meter Race Walk 30-79

Finals

	NAME	YR	TEAM	MARK	-==== H#	WIND
=====		=====				======
1	Amanda Prince		Unattached	17:32.37	1	
1	Erin Taylor Talcott		Unattached	16:29.15	1	
1	DaBeth Manns		TNT International Racing Club	29:12.59	1	
1	Donna Habig-Sachleben		World Class Racewalking	21:20.79	1	
1	Flor Chirino-Klevans		Raleigh Walkers	18:28.09	1	
1	Lori Groom		Unattached	20:56.38	1	
1	Karen Stoyanowski		Sierra Racewalkers	19:24.44	1	
1	Marianne Martino		High Altitude Racewalk Team (H	19:16.67	1	
1	Kathleen Frable		So Cal Track Club	23:03.01	1	
2	Carolyn McAndrews		Unattached	17:37.55	1	
2	Rebecca Garson		Raleigh Walkers	20:46.22	1	
2	Margaret Milner		Unattached	21:57.22	1	
2	Katherine Keg Good		Potomac Valley Track Club	24:32.42	1	



**RANKINGS RESULTS** 

Upgrade





Women Indoor Pentathlon Overall 25-59

Finals

=====		=====		==========		=======
	NAME	YR	TEAM	MARK	H#	WIND
=====				=========		
1	Kristen Tarsala		Unattached	1865	1	
1	Erycka Fisher		Unattached	2292	1	
1	Brandi Bernert		Unattached	1854	1	
1	Marsha Baird		Unattached	3479	1	
1	Pamela McCartney		Unattached	3516	1	
1	Amy Haddad		Joy's Jackrabbits Track Club	3063	1	
2	Alex Dietrich		So Cal Track Club	1535	1	
2	Danelle Readinger		Southwest Sprinters Track Club	2826	1	
2	Kristine Longshore		Philadelphia Masters	671	1	
3	Marie Hamay		Unattached	879	1	
3	Deia Goff		Greater Philadelphia TC	2399	1	
4	Debra Cane		So Cal Track Club	1500	1	

Men 60 meter Dash 30-34

Finals

====								
	NAME	YR	TEAM	MARK	H#	WIND		
====:		-====			=====			
1	Chukwumereije Otuonye		ISAA (International Student At	6.95	1			
2	Maurice Pierce		Houston Elite	6.98	1			
3	Teran Wakefield		Unattached	7.21	1			
4	Nathan Johnson		Unattached	7.39	1			
5	Tyler Powell		Unattached	7.46	1			
6	Justin Hicks		Unattached	7.47	1			
7	Nick Blakey		Unattached	7.48	1			
8	Tyler Sult		Unattached	9.19	1			

#### Prelims

=====										
	NAME	YR	TEAM	MARK	H#	WIND				
=====		=====		==========						
1	Chukwumereije Otuonye		ISAA (International Student At	7.07	1					
2	Maurice Pierce		Houston Elite	7.07	2					
3	Tyler Sult		Unattached	7.12	1					
4	Nick Blakey		Unattached	7.40	2					
5	Teran Wakefield		Unattached	7.38	1					
6	Nathan Johnson		Unattached	7.39	1					
7	Tyler Powell		Unattached	7.43	2					
8	Justin Hicks		Unattached	7.46	1					
9	Troy Lloyd		Unattached	7.47	2					
10	Lamar Moore		Moore Elite Track & Field	7.80	1					
11	Douglas Carey		Unattached	7.87	2					
12	Rene Botana		Spain	7.92	2					
13	Eugene Seki		Unattached	8.08	1					
14	Jesse Smith		Unattached	8.31	1					
15	Chris Ozminkowski		CHT Elite	9.39	2					

Men 60 meter Dash 35-39



RESULTS RANKINGS

Al Upgrade

**Q** Search



1	Rondrick Parker	Atlanta Track Club	7.04	1
2	Kyle Brunsmann	Unattached	7.12	1
3	Anthony Frisby	Unattached	7.32	1
4	Mackenzie Jones	Unattached	7.33	1
5	Willie Tarver III	Unattached	7.38	1
6	Kevin Nious	U.S. Air Force	7.57	1
7	James Wade	Atlanta Track Club	7.69	1
8	Terence Maxwell	Contra Costa Cheetahs	7.73	1

#### Prelims

=====										
	NAME	YR	TEAM	MARK	H#	WIND				
=====				=========	=====	======				
1	Rondrick Parker		Atlanta Track Club	7.04	2					
2	Kyle Brunsmann		Unattached	7.16	1					
3	Willie Tarver III		Unattached	7.31	1					
4	Anthony Frisby		Unattached	7.40	2					
5	Mackenzie Jones		Unattached	7.36	1					
6	Kevin Nious		U.S. Air Force	7.65	1					
7	James Wade		Atlanta Track Club	7.70	2					
8	Terence Maxwell		Contra Costa Cheetahs	7.76	2					
9	Joseph Macrini		Unattached	7.81	1					

#### Men 60 meter Dash 45-49

#### Finals

===										
===	NAME	YR	TEAM	MARK	H#	WIND				
1	Jassiel Torres		Southwest Sprinters Track Club	7.36	1					
2	Alberto Gutierrez		Venezuela	7.54	1					
3	Carlos Mathews		TNT International Racing Club	7.81	1					
4	Negasi Gerima		Unattached	7.87	1					
5	Roland Kafuuma		Alpha and Omega Athletics	7.98	1					
6	Rob Arnold		Unattached	8.09	1					
7	Jonathan Franklin		Unattached	8.16	1					

#### Prelims

=====		=====			======	
	NAME	YR	TEAM	MARK	H#	WIND
=====				=========		
1	Jassiel Torres		Southwest Sprinters Track Club	7.38	1	
2	Tamba Kortequee		Unattached	7.63	2	
3	Alberto Gutierrez		Venezuela	7.56	1	
4	Carlos Mathews		TNT International Racing Club	7.77	2	
5	Negasi Gerima		Unattached	7.78	2	
6	Rob Arnold		Unattached	7.98	1	
7	Roland Kafuuma		Alpha and Omega Athletics	8.06	2	
8	Jonathan Franklin		Unattached	8.06	2	
9	Adam Manning		Unattached	8.23	2	
10	Andrew Watson		Unattached	8.34	2	
11	Mark Pan		Unattached	8.38	1	
12	Ronald Clarke Sr.		Canada	8.59	1	
13	Andy Cantrell		Unattached	8.72	1	



RESULTS RANKINGS

CAL Upgrade





Men 60 meter Dash 50-54

Finals

=		========				=======
	NAME	YR	TEAM	MARK	H#	WIND
=				=======================================		
-	1 Garth Robinson		Unattached	7.16	1	
2	<pre>2 Jeffery Mack</pre>		Unattached	7.23	1	
3	3 Adeniran Epebinuade		Unattached	7.54	1	
4	4 Greg Cook		Dearborn Track Club	7.66	1	
į	5 David Henry Jr.		Atlanta Track Club	7.70	1	
6	6 Shaun Dietz		Unattached	7.71	1	
7	7 George Joachim		Unattached	7.91	1	

#### Prelims

====			.=======			
	NAME	YR	TEAM	MARK	H#	WIND
==== 1	Garth Robinson	=====	Unattached	7.28	1	
2	Jeffery Mack		Unattached	7.28	3	
3	Greg Cook		Dearborn Track Club	7.50	2	
4	Don Drummond		Southwest Sprinters Track Club	7.54	1	
5	Adeniran Epebinuade		Unattached	7.59	3	
6	David Henry Jr.		Atlanta Track Club	7.75	2	
7	Shaun Dietz		Unattached	7.83	1	
8	George Joachim		Unattached	7.95	1	
9	Richard Primm		Unattached	7.97	2	
10	Akio Shimmi		Japan	7.98	3	
11	Kent Gartin		Southwest Sprinters Track Club	7.99	1	
L2	Robbie Ridley		Unattached	8.04	2	
L3	Hector Betancourt		Southwest Sprinters Track Club	8.05	2	
L4	Mike Risley		So Cal Track Club	8.19	3	
15	Phong Rock		Unattached	8.31	2	
L6	Robert Hall Jr.		Unattached	8.35	2	
17	Chernor Bah		Unattached	8.46	1	
L8	Brian Burnett		Unattached	8.60	3	
19	Azikiwe Clark		Unattached	8.74	3	
20	Svetoslav Grozdev		Bulgaria	8.89	1	
21	Hakan Eksi		Unattached	8.92	3	
22	Stephen Williams		Unattached	9.17	1	
23	Thomas Pounds		Unattached	9.36	2	

Men 60 meter Dash 55-59 Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====					======				
1	Norris Hanes III		Potomac Valley Track Club	7.36	1				
2	David Gibbon		Southwest Sprinters Track Club	7.53	1				
3	John Campbell		New Zealand	7.68	1				
4	Danny Richie		Southwest Sprinters Track Club	7.70	1				
5	Alessandro Senes		Unattached	7.74	1				
6	David Jones		Southwest Sprinters Track Club	7.82	1				
7	John Curtis		Greater Philadelphia TC	7.93	1				



RESULTS RANKINGS

CAL Upgrade

Q Search



====				
1	Derek Pye	Southwest Sprinters Track Club	7.37	2
2	Norris Hanes III	Potomac Valley Track Club	7.48	1
3	David Gibbon	Southwest Sprinters Track Club	7.58	1
4	Danny Richie	Southwest Sprinters Track Club	7.72	2
5	Alessandro Senes	Unattached	7.77	1
6	David Jones	Southwest Sprinters Track Club	7.82	1
7	John Campbell	New Zealand	7.88	2
8	John Curtis	Greater Philadelphia TC	7.92	2
9	Erik Rothchild	Unattached	7.95	2
10	Rob Walker	Unattached	8.39	2
11	Roger Malone	Unattached	8.80	1
12	Dale Olmsted	Unattached	9.15	1
13	Ram Nair	Unattached	9.66	1

Men 60 meter Dash 60-64

Finals

=									
	NAME	YR	TEAM	MARK	H#	WIND			
1	. Allan Tissenbaum		Southwest Sprinters Track Club	7.60	1	======			
2	Don McGee		Potomac Valley Track Club	7.91	1				
3	Ronald Humphrey		Unattached	8.04	1				
4	Kevin Biggers		Unattached	8.15	1				
5	Robert Foster		So Cal Track Club	8.21	1				
6	Anthony Beasley		Joy's Jackrabbits Track Club	8.26	1				
7	′ Alan Heldman		Mass Velocity Track Club	8.42	1				
8	Bob Campbell		Unattached	8.53	1				

#### Prelims

====					=====	
	NAME	YR	TEAM	MARK	H#	WIND
====					=====	
1	Allan Tissenbaum		Southwest Sprinters Track Club	7.67	2	
2	Don McGee		Potomac Valley Track Club	8.10	1	
3	Robert Foster		So Cal Track Club	8.20	3	
4	Ronald Humphrey		Unattached	8.19	2	
5	Anthony Beasley		Joy's Jackrabbits Track Club	8.23	1	
6	Alan Heldman		Mass Velocity Track Club	8.36	3	
7	Kevin Biggers		Unattached	8.36	2	
8	Bob Campbell		Unattached	8.41	1	
9	Willie Spruill		Unattached	8.45	3	
10	Tom Jacobs		Unattached	8.47	2	
11	David Jones		Miami Northwest Express Track	8.48	1	
12	Bruce Rash		Greater Philadelphia TC	8.54	3	
13	Jerome Applegate		Unattached	8.58	1	
14	Kyle Murphy		Unattached	8.75	3	
15	Lindsey Thurman		Unattached	8.97	1	
16	Byron Friend Sr.		TNT International Racing Club	9.02	1	
17	Troy McWilliams		Unattached	9.10	3	
18	Alvin Millerbis Jr.		Unattached	9.38	2	
19	Rodney Wilson		Over The Hill TC	9.77	2	
20	Simeon Trendafilov		Unattached	9.79	2	
21	Darryl K. Henderson, J.D.		Unattached	9.88	3	



RESULTS RANKINGS

CAL Upgrade





#### Finals

====										
	NAME	YR	TEAM	MARK	H#	WIND				
====		=====								
1	Val Barnwell		So Cal Track Club	7.89	1					
2	Hubert Evans		So Cal Track Club	8.13	1					
3	Gary Kopolow		Unattached	8.22	1					
4	Ron Stevens		Pacific Coast Track Club	8.23	1					
5	Rudy Llavanes		Unattached	8.47	1					
6	Karl Kimbrough		Unattached	8.75	1					
7	Jim Larese		Unattached	9.03	1					
8	Anthony Markley		Potomac Valley Track Club	11.21	1					

#### Prelims

	=======================================			=========	======								
	NAME	YR	TEAM	MARK	H#	WIND							
 1	Val Barnwell		So Cal Track Club	8.02	1								
2	Hubert Evans		So Cal Track Club	8.37	2								
3	Anthony Markley		Potomac Valley Track Club	8.80	3								
1	Ron Stevens		Pacific Coast Track Club	8.28	1								
5	Gary Kopolow		Unattached	8.37	2								
5	Jim Larese		Unattached	8.88	3								
7	Rudy Llavanes		Unattached	8.62	2								
	Karl Kimbrough		Unattached	8.78	1								
	Brian Farrell		Unattached	8.92	1								
0	Leo Ahearn Jr.		Unattached	9.01	2								
1	Jackie Allen		So Cal Track Club	9.02	2								
2	Craig Moeller		Unattached	9.03	3								
3	Randall Stevens		Portland Masters Track Club	9.07	3								
4	Mike Moll		Unattached	9.10	1								
5	David Wilson		Unattached	9.22	1								
.6	Chip Crowl		Mass Velocity Track Club	9.29	2								
7	Paul Brock		Greater Philadelphia TC	9.52	2								
8	Keith Foreman		Unattached	9.69	3								
9	David McLawhorn		So Cal Track Club	9.78	3								
0	Jeffrey McGee		Unattached	10.60	1								

Men 60 meter Dash 70-74

Finals

=								
	NAME	YR	TEAM	MARK	Н#	WIND		
=		=====			=======	======		
1	1 Damien Leake		SC Striders Track Club	7.89	1			
2	2 Oscar Peyton		Potomac Valley Track Club	8.15	1			
3	3 NZ Bryant Jr		Unattached	8.43	1			
4	4 Edward Somerville		Unattached	8.76	1			
5	5 David Craig		So Cal Track Club	8.82	1			
6	6 Tim Jenkins		Unattached	9.09	1			
7	7 Herbert Betts III		Unattached	9.36	1			
8	8 Woody Deitrich		Club Northwest	9.52	1			

Prelims



RESULTS RANKINGS

Al Upgrade

Q Search



2	Oscar Peyton	Potomac Valley Track Club	8.37	2
3	NZ Bryant Jr	Unattached	8.51	1
4	David Craig	So Cal Track Club	8.86	2
5	Edward Somerville	Unattached	8.76	1
6	Tim Jenkins	Unattached	9.06	2
7	Woody Deitrich	Club Northwest	9.30	1
8	Herbert Betts III	Unattached	9.47	2
9	John McKinney	ISSA Flash	9.67	1
10	Joseph Ford III	Unattached	10.11	2
11	Edward Mease	Unattached	10.17	1
12	James Frontino	TNT International Racing Club	10.17	2
13	Bobby Terrell	Unattached	10.46	2
14	Thomas Tinsman	TNT International Racing Club	10.84	1
15	Gregory Poth	Unattached	12.23	1

Men 60 meter Dash 75-79

Finals

===:	NAME	YR	TEAM	MARK	H#	WIND
1	Kenton Brown		Unattached	8.81	1	
2	Douglas Spencer		Houston Elite	8.82	1	
3	Robert Koontz		Potomac Valley Track Club	9.23	1	
4	Howard Booth		Ann Arbor Track Club	11.00	1	
5	Ronald Tilgner		Unattached	11.67	1	

Men 60 meter Dash 80-84

Finals

	NAME	YR	TEAM	MARK	H#	WIND
====:		=====				======
1	Avital Schurr		Unattached	10.27	1	
2	William Keesling		Greenville Track Club	12.51	1	
3	William Rhoad		Philadelphia Masters	13.15	1	

Men 60 meter Dash 85-89

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====									
1	Robert Whilden Jr.		Houston Elite	9.75	1				
2	Robert Williamson Jr.		Potomac Valley Track Club	10.50	1				
3	Roger Vergin		Unattached	11.01	1				
4	Rich Rizzo		Houston Elite	11.93	1				
5	Norman Jackson Sr.		TNT International Racing Club	12.25	1				
6	Spencer Parrish		Connecticut Racewalkers	13.13	1				
7	Colben Sime		So Cal Track Club	13.67	1				

Men 200 meter Dash 30-34

Finals

NAME YR TEAM MARK H# WIND



RESULTS RANKINGS

Al Upgrade





4	Tyler Powell	Unattached	24.44	1
5	Lamar Moore	Moore Elite Track & Field	24.99	1

#### Prelims

====									
	NAME	YR	TEAM	MARK	H#	WIND			
==== 1	Tyler Powell	=====	 Unattached	 23.30	 2	======			
2	Nathan Johnson		Unattached	23.62	3				
3	Chukwumereije Otuonye		ISAA (International Student At	24.19	1				
4	Nick Blakey		Unattached	24.06	3				
5	Jelani Knight		ISAA (International Student At	24.09	2				
6	Lamar Moore		Moore Elite Track & Field	24.96	1				
7	Douglas Carey		Unattached	25.51	1				
8	Eugene Seki		Unattached	26.47	2				
9	Chris Ozminkowski		CHT Elite	32.71	3				
10	Max Miller		CHT Elite	32.74	3				

Men 200 meter Dash 35-39

Finals

===										
	NAME	YR	TEAM	MARK	H#	WIND				
1	Rondrick Parker		Atlanta Track Club	22.52	1	======				
2	Kyle Brunsmann		Unattached	23.41	1					
3	Mackenzie Jones		Unattached	23.67	1					
4	Kevin Nious		U.S. Air Force	24.36	1					
5	James Wade		Atlanta Track Club	25.30	1					
6	Terence Maxwell		Contra Costa Cheetahs	25.34	1					

Men 200 meter Dash 40-44

Finals

=====										
	NAME	YR	TEAM	MARK	H#	WIND				
1	Antoine Echols		Centennial State Track Club	21.97	1					
2	Sean Burnett		Southwest Sprinters Track Club	22.84	1					
3	Jonathan Robinson		United Southern Express Track	23.44	1					
4	Michael Blunt		Centennial State Track Club	23.45	1					
5	Jamar Glenn		Unattached	24.10	1					
6	Ruaidhri Kedney		Ireland	24.59	1					

#### Prelims

=====		=====			=====	=======
	NAME	YR	TEAM	MARK	H#	WIND
=====	=======================================	=====	=======================================	==========	=====	======
1	Antoine Echols		Centennial State Track Club	22.59	2	
2	Sean Burnett		Southwest Sprinters Track Club	23.02	3	
3	Jonathan Robinson		United Southern Express Track	23.58	1	
4	Michael Blunt		Centennial State Track Club	23.47	3	
5	Jamar Glenn		Unattached	23.95	1	
6	Ruaidhri Kednev		Ireland	24.01	2	





CAL Upgrade





11 Wesley Thompson

Unattached

28.78

3

Men 200 meter Dash 45-49

Finals

=										
	NAME	YR	TEAM	MARK	H#	WIND				
1	Jassiel Torres		Southwest Sprinters Track Club	23.77	1					
2	Peter Haack		Mass Velocity Track Club	24.01	1					
3	Brian Boyce		Ireland	24.50	1					
4	Roland Kafuuma		Alpha and Omega Athletics	26.35	1					
5	Adam Manning		Unattached	27.39	1					
6	Ronald Clarke Sr.		Canada	27.39	1					

#### Prelims

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====				=========		======			
1	Peter Haack		Mass Velocity Track Club	24.18	1				
2	Jassiel Torres		Southwest Sprinters Track Club	24.68	3				
3	Brian Boyce		Ireland	24.70	2				
4	Roland Kafuuma		Alpha and Omega Athletics	26.25	3				
5	Adam Manning		Unattached	27.36	1				
6	Ronald Clarke Sr.		Canada	27.45	2				

Men 200 meter Dash 50-54

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		=====							
1	Garth Robinson		Unattached	23.34	1				
2	Jeffery Mack		Unattached	23.45	1				
3	Greg Cook		Dearborn Track Club	24.88	1				
4	Winston Chambers		Unattached	24.95	1				
5	David Henry Jr.		Atlanta Track Club	25.04	1				
6	Kent Gartin		Southwest Sprinters Track Club	26.35	1				

#### Prelims

	NAME	YR	TEAM	MARK	H#	WIND
====						
1	Jeffery Mack		Unattached	23.63	3	
2	Garth Robinson		Unattached	23.68	2	
3	David Henry Jr.		Atlanta Track Club	25.10	1	
4	Winston Chambers		Unattached	25.30	4	
5	Greg Cook		Dearborn Track Club	25.17	2	
6	Kent Gartin		Southwest Sprinters Track Club	25.82	1	
7	Hector Betancourt		Southwest Sprinters Track Club	25.91	3	
8	Jonathan Mehl		Dearborn Track Club	26.26	4	
9	Timothy Roland		Dearborn Track Club	26.47	4	
10	George Joachim		Unattached	26.83	3	
11	Akio Shimmi		Japan	27.07	1	



RESULTS RANKINGS

CAL Upgrade





Men 200 meter Dash 55-59

Finals

====	NAME	YR	TEAM	MARK	H#	WIND
1	Lee Bridges		Unattached	24.01	1	
2	Norris Hanes III		Potomac Valley Track Club	24.19	1	
3	David Gibbon		Southwest Sprinters Track Club	24.88	1	
4	Alessandro Senes		Unattached	24.92	1	
5	John Campbell		New Zealand	25.19	1	

#### Prelims

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		====:			=====	======			
1	Lee Bridges		Unattached	24.52	2				
2	David Jones		Southwest Sprinters Track Club	25.47	1				
3	David Gibbon		Southwest Sprinters Track Club	24.94	2				
4	Norris Hanes III		Potomac Valley Track Club	25.50	1				
5	Alessandro Senes		Unattached	25.55	2				
6	John Campbell		New Zealand	25.64	1				
7	Rob Walker		Unattached	29.04	1				
7	Craig Pritchard		Unattached	29.04	2				

Men 200 meter Dash 60-64

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		=====		=========					
1	Ronald Humphrey		Unattached	26.29	1				
2	Robert Foster		So Cal Track Club	26.68	1				
3	Reggie Garner		So Cal Track Club	26.99	1				
4	Alan Heldman		Mass Velocity Track Club	27.61	1				
5	Bob Campbell		Unattached	27.86	1				
6	Bruce Rash		Greater Philadelphia TC	28.06	1				

#### Prelims

	NAME	YR	TEAM	MARK	 H#	WIND
====				=========		
1	Ronald Humphrey		Unattached	26.72	1	
2	Robert Foster		So Cal Track Club	26.93	3	
3	Bob Campbell		Unattached	27.61	2	
4	Reggie Garner		So Cal Track Club	27.08	3	
5	Alan Heldman		Mass Velocity Track Club	27.49	1	
6	Bruce Rash		Greater Philadelphia TC	28.29	1	
7	Matthew Wallack		Shore Athletic Club	28.46	2	
8	Jerome Applegate		Unattached	28.50	3	
9	Willie Spruill		Unattached	28.53	2	
10	Christopher Hickey		Potomac Valley Track Club	28.56	1	
11	Kyle Murphy		Unattached	29.50	3	



RESULTS RANKINGS

CAL Upgrade





Men 200 meter Dash 65-69

Finals

====		=====			======	
	NAME	YR	TEAM	MARK	H#	WIND
====		=====		========	======	
1	Val Barnwell		So Cal Track Club	26.02	1	
2	Ben James		Genesee Valley Harriers	26.52	1	
3	Hubert Evans		So Cal Track Club	27.57	1	
4	Ron Stevens		Pacific Coast Track Club	28.28	1	

#### Prelims

====						
	NAME	YR	TEAM	MARK	H#	WIND
====				========		
1	Val Barnwell		So Cal Track Club	27.21	2	
2	Ben James		Genesee Valley Harriers	28.02	1	
3	Ron Stevens		Pacific Coast Track Club	28.04	3	
4	Hubert Evans		So Cal Track Club	28.10	3	
5	Rudy Llavanes		Unattached	28.84	3	
6	Brian Farrell		Unattached	29.79	3	
7	Jackie Allen		So Cal Track Club	30.01	1	
8	Leo Ahearn Jr.		Unattached	30.78	2	
9	Randall Stevens		Portland Masters Track Club	31.10	3	
10	Robert Midder		Unattached	31.42	1	
11	David Wilson		Unattached	31.58	2	
12	Thomas Bunner		Unattached	31.94	1	
13	Anthony Baker		Houston Elite	32.07	2	
14	Steven Ballinger		Unattached	33.26	1	
15	Bill Cheadle		So Cal Track Club	34.20	2	

Men 200 meter Dash 70-74

Finals

====	=======================================	=====	=======================================			=======
	NAME	YR	TEAM	MARK	H#	WIND
====		=====				
1	Oscar Peyton		Potomac Valley Track Club	27.73	1	
2	Carroll Blake		Houston Elite	28.02	1	
3	David Craig		So Cal Track Club	28.49	1	
4	Thaddeus Wilson Sr.		Pacific Coast Track Club	29.01	1	
5	Russell Jacquet-Acea		Unattached	29.21	1	
6	Herbert Betts III		Unattached	32.41	1	

#### Prelims

====		======		========	=======	=======
	NAME	YR	TEAM	MARK	H#	WIND
1	Carroll Blake	======	Houston Elite	28.42	 1	======
2	Oscar Peyton		Potomac Valley Track Club	29.32	2	
3	David Craig		So Cal Track Club	28.93	1	
4	Russell Jacquet-Acea		Unattached	29.85	2	
5	Thaddeus Wilson Sr.		Pacific Coast Track Club	30.00	2	
6	Herbert Betts III		Unattached	32.32	1	
7	James Frontino		TNT International Racing Club	35.07	1	





CAL Upgrade





Men 200 meter Dash 75-79

Finais
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====	NAME	YR	TEAM	MARK	-==== H#	WIND
1	Kenton Brown		Unattached	29.92	1	======
2 3	Noah Perlis George Parker III		Houston Elite Unattached	31.65 31.94	1 1	
4	Allen Jones		Unattached	35.29	1	

#### Prelims

	NAME	YR	TEAM	MARK	H#	WIND
====						
1	Kenton Brown		Unattached	30.35	1	
2	Noah Perlis		Houston Elite	32.08	2	
3	Grady Cash		Houston Elite	31.40	1	
4	Robert Koontz		Potomac Valley Track Club	32.41	2	
5	George Parker III		Unattached	31.71	1	
6	Allen Jones		Unattached	33.28	2	
7	Ron Pate		Unattached	39.16	2	
8	Howard Booth		Ann Arbor Track Club	40.60	1	

Men 200 meter Dash 80-84

Finals

==					

Men 200 meter Dash 85-89

Finals

=====						
	NAME	YR	TEAM	MARK	H#	WIND
=====						======
1	Robert Whilden Jr.		Houston Elite	34.74	1	
2	Robert Williamson Jr.		Potomac Valley Track Club	40.02	1	
3	Mack Stewart		Houston Elite	41.50	1	
4	Rich Rizzo		Houston Elite	43.23	1	
5	Spencer Parrish		Connecticut Racewalkers	48.87	1	
6	Colben Sime		So Cal Track Club	53.92	1	

Men 400 meter Dash 25-34

Finals

====				.========	=====	=======
	NAME	YR	TEAM	MARK	H#	WIND
====	=======================================			:========	=====	======
1	Teran Wakefield		Unattached	51.59	2	



RESULTS RANKINGS

Al Upgrade





5	Joshua Bishop	CHT Elite	1:06.08	1
6	Chris Ozminkowski	CHT Elite	1:08.53	1
7	Tyler Hall	ISSA Flash	1:17.16	1

Men 400 meter Dash 35-39

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
1	Stanley Peyton Jr.	=====	Unattached	53.72	2	======			
2	Kevin Nious		U.S. Air Force	54.14	2				
3	Terence Maxwell		Contra Costa Cheetahs	56.18	2				
4	Hunter Daniel		Prado Racing Team	56.76	1				
5	Mackenzie Jones		Unattached	56.88	1				
6	Rondrick Parker		Atlanta Track Club	57.92	2				

Men 400 meter Dash 40-44

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
1	Durran Dunn		Atlanta Track Club	52.78	2				
2	Jamar Glenn		Unattached	54.29	2				
3	Jason Martin		Unattached	54.54	1				
4	Rick Pack Jr.		Atlanta Track Club	56.17	2				
5	Brian Tomanek		CHT Elite	59.03	1				
6	Jason Byrne		CHT Elite	1:04.19	1				

Men 400 meter Dash 45-49

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====				=========					
1	Francis Shen		Twin Cities Track Club	54.22	2				
2	Peter Haack		Mass Velocity Track Club	54.69	2				
3	Ian Weakly		Atlanta Track Club	54.80	2				
4	Roland Kafuuma		Alpha and Omega Athletics	59.15	1				
5	Mark Good		CHT Elite	1:01.70	1				
6	Eugene Miller		Over The Hill TC	1:03.73	1				
7	Jordan Eison		Atlanta Track Club	1:08.15	1				

Men 400 meter Dash 50-54

Finals

===									
	NAME	YR	TEAM	MARK	H#	WIND			
1	Winston Chambers	=======	Unattached	56.02	2	======			
2	David Henry Jr.		Atlanta Track Club	56.35	3				
3	Timothy Roland		Dearborn Track Club	56.86	2				
4	George Joachim		Unattached	56.99	3				
5	Calvin Graham Iv		Atlanta Track Club	57.45	3				
6	Jonathan Mehl		Dearborn Track Club	57.68	2				





CAL Upgrade





Men 400 meter Dash 55-59 Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
====									
1	Lee Bridges		Unattached	54.05	2				
2	John Curtis		Greater Philadelphia TC	57.33	2				
3	Landen Summay		Unattached	1:01.30	1				
4	Franco Leonardi		Dearborn Track Club	1:01.92	1				
5	Timothy Hoff		Mass Velocity Track Club	1:03.00	2				
6	Craig Pritchard		Unattached	1:05.58	1				

Men 400 meter Dash 60-64

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====				=========	=====				
1	William Yelverton		Greater Philadelphia TC	59.84	4				
2	Bruce Rash		Greater Philadelphia TC	1:01.38	3				
3	Joseph Mora III		Genesee Valley Harriers	1:01.72	3				
4	David Bynoe Sr.		TNT International Racing Club	1:02.74	3				
5	Matthew Wallack		Shore Athletic Club	1:02.81	3				
6	James McCrimmon		Unattached	1:03.04	2				
7	Marcus Shute Sr.		Southwest Sprinters Track Club	1:03.57	4				
8	Rick Lee		Shore Athletic Club	1:04.41	2				
9	James Watry		So Cal Track Club	1:05.40	2				
10	Jerome Applegate		Unattached	1:06.08	3				
11	Wally Hernandez		Greater Philadelphia TC	1:06.15	2				
12	Troy McWilliams		Unattached	1:08.24	1				

Men 400 meter Dash 65-69

Finals

	NAME	YR	TEAM	MARK	H#	WIND		
1	Ben James		Genesee Valley Harriers	1:01.95	 3			
2	Brian Farrell		Unattached	1:07.88	3			
3	Mark Purdy		Over The Hill TC	1:09.34	2			
4	Robert Riss		Unattached	1:09.53	2			
5	Gary Vanderhoof		Potomac Valley Track Club	1:10.54	3			
6	Richard Carter Jr.		Atlanta Track Club	1:12.67	2			
7	David Wilson		Unattached	1:13.57	3			
8	Anthony Baker		Houston Elite	1:14.05	2			
9	Bill Cheadle		So Cal Track Club	1:14.70	2			
10	Steven Repka		Morgantown Running	1:23.07	1			

Men 400 meter Dash 70-74

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
1	Carroll Blake		Houston Elite	1:03.08	2				



RESULTS RANKINGS

CAL Upgrade

Q Search

Login

6	Curtis Baldwin	Unattached	1:15.39	2
7	Manuel Barnes	Unattached	1:18.63	1
8	Herbert Betts III	Unattached	1:19.33	1
9	Richard Ruozzi	Unattached	1:21.19	1
10	Michael Daniels	Unattached	1:23.58	1
11	Gregory Poth	Unattached	1:43.43	1

Men 400 meter Dash 75-84

Finals

====	NAME	YR	TEAM	MARK	-==== H# 	WIND
1	Charles Allie		Houston Elite	1:07.23	2	
1	H Tom Bowden		Unattached	1:14.95	1	
2	Grady Cash		Houston Elite	1:10.65	2	
3	George Parker III		Unattached	1:14.92	1	
4	Tim Wigger		So Cal Track Club	1:15.63	2	
5	Allen Jones		Unattached	1:23.13	1	
6	Ron Pate		Unattached	1:27.85	1	

Men 800 meter Run 25-29

Finals

====							
	NAME	YR	TEAM	MARK	H#	WIND	
1	Trevor Thiebaut		CHT Elite	2:01.89	 1		
2	Lynn Hackett Jr.		Unattached	2:06.34	1		
3	Wendall Brown Jr Jr.		Unattached	2:09.68	1		
4	Seth Snider-Hayes		Fleet Feet Louisville	2:18.64	1		
5	Adam Grifka		CHT Elite	2:25.82	1		

Men 800 meter Run 40-44

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====					=====	======			
1	Philip Stead		Unattached	1:58.95	1				
2	Scott Wallace		Shadow Project TC	2:03.70	1				
3	Jonathan Feddock		BLUEgrass Runners	2:03.73	1				
4	Jaret Herter		Genesee Valley Harriers	2:03.77	1				
5	James Coates III		Shadow Project TC	2:05.83	1				
6	Craig Schomer		Unattached	2:10.05	1				
7	Mark Walchinsky		Shadow Project TC	2:11.21	1				
8	Jack Martin		CHT Elite	2:16.65	1				
9	Brian Tomanek		CHT Elite	2:17.51	1				
10	Michael Greene		So Cal Track Club	2:25.63	1				
11	Jason Byrne		CHT Elite	2:33.13	1				

Men 800 meter Run 45-49

Finals

NAME YR TEAM MARK H# WIND



**RESULTS** 

RANKINGS CAL Upgrade





4	Christopher Hernandez	Genesee Valley Harriers	2:09.21	1
5	Rick Cahoon Jr.	CHT Elite	2:09.78	1
6	Darnell Fitzpatrick	Unattached	2:10.28	1
7	Ryan Ress	Reno Tahoe Athletics	2:12.18	1
8	Matthew Richardson	CHT Elite	2:17.90	1
9	Jordan Eison	Atlanta Track Club	2:32.11	1

Men 800 meter Run 50-54

Finals

====	==========		=======			
	NAME	YR	TEAM	MARK	H#	WIND
====	Mank 11:11:ama	=====		2.06.20	1	======
1	Mark Williams		Unattached	2:06.28	1	
2	Chris McDonald		Boulder Road Runners	2:12.24	1	
3	Keith Schumann		Colonial Road Runners	2:12.47	1	
4	Calvin Graham Iv		Atlanta Track Club	2:16.94	1	
5	Mike Williams		Unattached	2:28.01	1	
6	Brian Powell		CHT Elite	2:30.34	1	
7	Darryl Walker		Unattached	2:32.13	1	
8	Chernor Bah		Unattached	2:43.72	1	

Men 800 meter Run 55-59

Finals

====	NAME	YR		MARK	 H#	====== WIND
====			.======================================		======	======
1	Charles Novak		Unattached	2:06.71	2	
2	Peter Kashulines Jr.		Freedom-Garmin Runners	2:12.19	2	
3	Todd Straka		Boulder Road Runners	2:12.35	2	
4	Mike Nier		Genesee Valley Harriers	2:14.97	2	
5	Alejandro Heuck		Greater Springfield Harriers,	2:15.59	2	
6	Michael Scholtz		Asheville Running Collective	2:17.11	2	
7	David Matherne		Atlanta Track Club	2:17.29	1	
8	Landen Summay		Unattached	2:17.54	2	
9	Franco Leonardi		Dearborn Track Club	2:20.71	1	
10	Peter Bandettini		Shadow Project TC	2:22.06	2	
11	Timothy Hoff		Mass Velocity Track Club	2:23.97	2	
12	Matthew Guild		Green Mountain Athletic Associ	2:24.51	1	
13	Jeffrey Williams		Unattached	2:29.10	1	
14	Drew Bell		Unattached	2:38.61	1	
15	Craig Pritchard		Unattached	2:43.29	1	
16	Gueorgui Atanassov		Bulgaria	3:13.36	1	

Men 800 meter Run 60-64

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====		=====		========	=====	======			
1	Mark Pinckard		Canada	2:15.90	2				
2	Greg Athayde		Canada	2:15.98	2				
3	Joseph Mora III		Genesee Valley Harriers	2:18.76	2				
4	Rick Lee		Shore Athletic Club	2:26.83	2				
5	Stephen Crelli		Unattached	2:37.57	1				



RESULTS RANKINGS CAL

CAL Upgrade





Men 800 meter Run 65-69 Finals

====								
	NAME	YR	TEAM	MARK	H#	WIND		
====						======		
1	Michael Lebold		Jamul Toads	2:29.55	2			
2	David Westenberg		Greater Lowell Road Runners	2:30.46	2			
3	Timothy Conheady		Greater Philadelphia TC	2:34.86	2			
4	Gary Haga		Greater Philadelphia TC	2:41.68	2			
5	Gary Vanderhoof		Potomac Valley Track Club	2:45.05	2			
6	Robert Riss		Unattached	2:48.74	2			
7	Mark Rybinski		Genesee Valley Harriers	2:50.11	2			
8	Curtis Davis		Potomac Valley Track Club	2:51.29	1			
9	Michael Southwood		Unattached	2:58.54	1			
10	Richard Carter Jr.		Atlanta Track Club	2:58.65	1			
11	Daniel Black		Unattached	3:00.41	1			
12	Alan Swigler		Gulf Winds Track Club	3:00.72	1			
13	Steven Repka		Morgantown Running	3:39.02	1			

Men 800 meter Run 70-74

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Nolan Shaheed	=====	So Cal Track Club	2:40.34	1	======
2	Richard Hower		Potomac Valley Track Club	2:43.54	1	
3	Spider Rossiter		Shore Athletic Club	2:46.08	1	
4	David Williams		Eastern Buckeye Track Club	2:52.40	1	
5	Manuel Barnes		Unattached	2:55.17	1	
6	Tim McMullen		Genesee Valley Harriers	2:55.48	1	
7	Eugene Myers		Potomac Valley Track Club	2:56.70	1	
8	Bill Amadon		Unattached	3:01.45	1	
9	Richard Ruozzi		Unattached	3:23.35	1	

Men 800 meter Run 75-79

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====				.========					
1	Tim Wigger		So Cal Track Club	3:03.92	1				
2	Harold Nolan Jr.		Shore Athletic Club	3:12.48	1				
3	William Reiter		Unattached	3:14.06	1				
4	Ron Pate		Unattached	3:31.54	1				
5	John Kuhi		Shore Athletic Club	4:59.84	1				
6	Robert Weiner		Potomac Valley Track Club	6:14.60	1				

Men 1500 meter Run 25-34

Finals

	NAME	YR	TEAM	MARK	H#	WIND			
1	Trevor Thiebaut		CHT Elite	4:10.77	1				



RESULTS RANKINGS CAL







3	Matt Morris	Fleet Feet Louisville	4:39.46	1
4	Seth Snider-Hayes	Fleet Feet Louisville	4:44.60	1
4	Jordan Guenther	Unattached	5:08.86	1
5	Adam Grifka	CHT Elite	5:03.98	1
5	Joshua Bishop	CHT Elite	5:32.46	1
6	Chris Ozminkowski	CHT Elite	6:00.22	1
7	Max Miller	CHT Elite	6:11.71	1

Men 1500 meter Run 50-54

Finals

===		====:		==========	======	=======
	NAME	YR	TEAM	MARK	H#	WIND
1	======================================	====:	 Unattached	4:33.79	======: 1	======
2	Keith Schumann		Colonial Road Runners	4:37.73	1	
3	Timothy Souders		PR Distance Project LLC	4:59.79	1	
4	Ken Wempe		Indiana Elite Athletic Club	5:03.69	1	
5	Brian Powell		CHT Elite	5:04.33	1	
6	Kareem Lanier		TNT International Racing Club	5:11.95	1	
7	Mike Williams		Unattached	5:16.07	1	
8	Aaron Munderloh		CHT Elite	5:34.74	1	
9	Chernor Bah		Unattached	5:36.05	1	

Men 3000 meter Run 25-39

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====					=====				
1	Corbin Harris		Unattached	9:07.51	1				
1	Jordan Guenther		Unattached	11:00.44	1				
1	Paul Krebs		Dayton Track Club	9:00.17	1				
2	Trevor Thiebaut		CHT Elite	9:46.74	1				
2	Joshua Bishop		CHT Elite	12:10.36	1				
2	Griffin Bohannon		CHT Elite	9:37.99	1				
3	Lynn Hackett Jr.		Unattached	9:59.58	1				
3	Max Miller		CHT Elite	12:40.60	1				
3	Stanley Peyton Jr.		Unattached	9:45.28	1				
4	Adam Grifka		CHT Elite	11:07.58	1				
4	Dennis Nash		Unattached	10:23.87	1				
5	Bob Duggan		Checkers AC	10:28.05	1				

Men 3000 meter Run 70-104

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
===== 1	Eugene Myers	=====	Potomac Valley Track Club	12:37.63	====== 1	======			
1	Gary Patton		So Cal Track Club	15:36.23	1				
1	Stan Edelson		Shore Athletic Club	16:44.44	1				
1	Colben Sime		So Cal Track Club	21:32.75	1				
2	Nolan Shaheed		So Cal Track Club	13:42.90	1				
2	Harold Nolan Jr.		Shore Athletic Club	15:55.54	1				
3	William Chadim		Pony Express Track & Field Clu	19:18.24	1				





CAL Upgrade





#### Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====									
1	Teran Wakefield		Unattached	8.43	1				
1	James Wade		Atlanta Track Club	8.81	1				
2	Tyler Powell		Unattached	11.60	1				
2	Michael Layton		Unattached	11.58	1				

Men 60 meter Hurdles 40-44

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Ger Cremin		Ireland	9.03	1	
2	Ryan Owen		Unattached	9.33	1	
3	Jason James		Unattached	9.39	1	
4	Jason Martin		Unattached	9.70	1	

Men 60 meter Hurdles 50-54

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Don Drummond		Southwest Sprinters Track Club	8.64	1	
2	Eric Brown		Unattached	9.08	1	
3	Carlos De Freitas		Brazil	9.65	1	
4	Michael Jackson		TNT International Racing Club	9.95	1	
5	Phong Rock		Unattached	11.07	1	
6	Matt Hamilton		Unattached	11.34	1	
7	Hakan Eksi		Unattached	12.62	1	
_	Matt Hamilton		Unattached	11.34	1 1 1	

Men 60 meter Hurdles 55-59

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		=====			=====	======			
1	Bo Lowery		Southwest Sprinters Track Club	10.08	1				
2	Jeff Strong		Unattached	10.12	1				
3	Scott Werber		Unattached	14.90	1				

Men 60 meter Hurdles 60-64

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Reggie Garner		So Cal Track Club	9.92	1	
2	Brian Conley		Joy's Jackrabbits Track Club	10.39	1	
3	Ronald Stallings		Elite Xpress Track and Field	11.25	1	
4	Christopher Hickey		Potomac Valley Track Club	11.39	1	





CAL Upgrade





====				
1	Thaddeus Wilson Sr.	Pacific Coast Track Club	9.83	1

_	illadueus WIISOII SI .	ractific coast frack club	9.03	1
2	Russell Jacquet-Acea	Unattached	11.00	1
3	Ernie Snodgrass	Unattached	11.12	1
4	James Malin	SC Striders Track Club	13.55	1
5	Ivan Black	Shore Athletic Club	13.76	1
6	John McKinney	ISSA Flash	15.62	1

Men Long Jump 25-39

Finals

===	=======================================		=======================================		======	
	NAME	YR	TEAM	MARK	H#	WIND
===		.======				
1	Robert Davis V		Unattached	6.75m	1	
2	Charles Brown III		Unattached	6.62m	1	
3	Anthony Thompson		Unattached	6.46m	1	
4	Wendell Short		Success Performance Track Club	5.62m	1	
5	Tyler Edwards		Unattached	5.43m	1	
6	Ryan Sugihara		So Cal Track Club	5.17m	1	
7	Terence Maxwell		Contra Costa Cheetahs	4.95m	1	
8	Lamar Moore		Moore Elite Track & Field	4.67m	1	

Men Long Jump 50-54

Finals

====		=====			=====	=======
	NAME	YR	TEAM	MARK	H#	WIND
====				.========	=====	======
1	George Joachim		Unattached	5.48m	1	
2	Greg Cook		Dearborn Track Club	5.25m	1	
3	Timothy Roland		Dearborn Track Club	4.96m	1	
4	Mike Risley		So Cal Track Club	4.89m	1	
5	Carlos De Freitas		Brazil	4.83m	1	
6	Rod Weston		U.S. Navy	4.78m	1	
7	Matt Hamilton		Unattached	4.71m	1	
8	Terrence Young		Unattached	4.51m	1	
9	Phong Rock		Unattached	4.41m	1	
10	Azikiwe Clark		Unattached	4.40m	1	
11	Hakan Eksi		Unattached	4.01m	1	

Men Long Jump 55-59

Finals

=====	.======================================			.=======		=======
	NAME	YR	TEAM	MARK	H#	WIND
=====	=======================================	=====			=====	======
1	Antonio Palacios		Unattached	5.78m	1	
2	Howard Lindsay		Antigua and Barbuda	5.66m	1	
3	John Wise Jr.		Unattached	4.49m	1	
4	John McKenzie		Unattached	3.80m	1	
5	Scott Werber		Unattached	3.35m	1	

Men Long Jump 65-69 Finals





RESULTS RANKINGS CAL Upgrade





2	Glenn Irion	Greater Philadelphia TC	4.59m	1
3	Rodney Atherton	Unattached	4.47m	1
4	David McLawhorn	So Cal Track Club	4.00m	1
5	Robert Midder	Unattached	3.94m	1
6	Chip Crowl	Mass Velocity Track Club	3.62m	1

Men Triple Jump 25-34

Finals

===										
	NAME	YR	TEAM	MARK	H#	WIND				
1	Shaun Wollenweber		atk	14.05m	1	======				
1	Justin Higginbotham		atk	13.79m	1					
2	Anthony Thompson		Unattached	13.92m	1					
2	Alex Guo		Next Level Athletic Club	13.29m	1					
3	Rob Gritzer		Unattached	11.30m	1					
3	Tevin Ankle		Unattached	12 35m	1					

Women 60 meter Hurdles 50-59

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Lisa Daley		Central Park Track Club (CPTC)	10.61	1	
1	Amy Haddad		Joy's Jackrabbits Track Club	10.60	1	
2	Krista Benson		Unattached	10.71	1	
2	Dr. Koura Gibson		Potomac Valley Track Club	11.25	1	
3	Cynthia Chiu-Pinheiro		Unattached	12.32	1	
3	Kristine Longshore		Philadelphia Masters	32.15	1	

Men High Jump 25-49

Finals

=====		====				
	NAME	YR	TEAM	MARK	H#	WIND
====						======
1	Ryan Sugihara		So Cal Track Club	1.60m	1	
1	Chris Ozminkowski		CHT Elite	1.25m	1	
1	Michael Layton		Unattached	1.55m	1	
1	Christopher McIver II		Elite Xpress Track and Field	1.75m	1	
1	Robert Mishev		Unattached	1.75m	1	
2	Tyler Hall		ISSA Flash	1.15m	1	
2	Patrick McGinley		Potomac Valley Track Club	1.50m	1	
2	Tamba Kortequee		Unattached	1.75m	1	
3	Curtis Smith Jr.		Potomac Valley Track Club	1.45m	1	
3	Mark Good		CHT Elite	1.40m	1	
4	Brian Tomanek		CHT Elite	1.40m	1	
4	Francis Shen		Twin Cities Track Club	1.30m	1	
5	Jason Byrne		CHT Elite	1.40m	1	
5	Pawel Wydra		Chicagoland Masters Athletics	1.25m	1	

Men High Jump 50-54 Finals



### RESULTS RANKINGS

CAL Upgrade





2	Brian Ashley	Unattached	1.60m	1
3	Timothy Roland	Dearborn Track Club	1.55m	1
4	Terrence Young	Unattached	1.55m	1
5	Matt Hamilton	Unattached	1.50m	1
6	Rod Weston	U.S. Navy	1.50m	1
7	Greg Cook	Dearborn Track Club	1.45m	1
8	Jayson Ness	Greater Philadelphia TC	1.30m	1

Men Pole Vault 25-49

Finals

====	=======================================	=====		=========	=======	
	NAME	YR	TEAM	MARK	H#	WIND
====	=======================================	=====		========	=======	
1	Christopher Brhel		Unattached	4.25m	1	
1	Chris Daniel		Unattached	4.40m	1	
1	Scott Johnson		Unattached	4.40m	1	
2	Jason Field		Rocket Man Pole Vault, LLC	4.10m	1	
2	Patrick McGinley		Potomac Valley Track Club	2.15m	1	
2	Mark Marshall		Unattached	2.90m	1	
3	Rick Cahoon Jr.		CHT Elite	2.45m	1	

Men Pole Vault 65-69

Finals

==		======			======	
	NAME	YR	TEAM	MARK	H#	WIND
1	 Jim Russ	======	Unattached	3.30m	1	======
2	Rodney Atherton		Unattached	3.30m	1	
3	Gary Hunter		Unattached	3.15m	1	
4	Kenneth Drollinger		Unattached	3.15m	1	
5	Kevin Burnett		Unattached	2.85m	1	
6	David McLawhorn		So Cal Track Club	2.55m	1	
7	Mike Dawson		Unattached	2.40m	1	

Men Pole Vault 70-79

Finals

	NAME	YR	TEAM	MARK	H#	WIND	
====				=========	======	=====	
1	Carlton Huff Jr.		Shore Athletic Club	2.90m	1		
1	Arthur Parry		Unattached	2.90m	1		
2	Kenneth St Cyr		So Cal Track Club	2.80m	1		
2	Larry Vollmer		Unattached	2.80m	1		
2	Joe Johnston		Unattached	2.60m	1		
3	Daniel Limbaugh		U.S. Army	2.50m	1		
4	Dick Kochert		Unattached	2.60m	1		
5	David Radcliff		Unattached	2.30m	1		
6	Joseph Ford III		Unattached	2.30m	1		
7	Charles Bishop		Kentucky Elite Athletics	2.20m	1		
8	David Angel		Unattached	2.20m	1		
9	Samuel Simpson		Unattached	2.10m	1		



RESULTS RANKINGS

CAL Upgrade





1	Chase Carlson	Unattached	9.60m	1	
1	Jamie Ness	Unattached	12.56m	1	
1	Michael Coanna In	Unattached	12 04m	1	

1	Michael Scarpa Jr.	Unattached	13.04m	1
1	David Coughlin	Throws & Jumps Coach Florida	8.56m	1
2	Patrick McGinley	Potomac Valley Track Club	7.49m	1
2	Andy Cantrell	Unattached	7.96m	1
3	Pawel Wydra	Chicagoland Masters Athletics	6.60m	1
4	Kim Lanier	TNT International Racing Club	4 71m	1

Men Weight Throw 50-59 Finals

	NAME	YR	TEAM	MARK	H#	WIND
====				=========	=====	
1	Louis Chisari		AZ Desert Throwers	18.27m	1	
2	David Bickel		AZ Desert Throwers	17.32m	1	
3	Kunle Lawson		Unattached	17.06m	1	
4	John Maynard		Unattached	16.61m	1	
5	Craig MacDonald		Greater Philadelphia TC	14.37m	1	
6	Troy Bellrichard		Unattached	13.79m	1	
7	Scott Hardin		Unattached	13.51m	1	
8	Tobias Pallett		Unattached	13.46m	1	
9	Larry Eastham		Eastern Kentucky Striders	12.63m	1	
10	Scott Werber		Unattached	10.59m	1	
11	Lee Faulkner		Unattached	9.44m	1	

Men Weight Throw 60-64 Finals

	NAME	YR	TEAM	MARK	H#	WIND
====		====:		========		
1	Robert Arello Jr.		Unattached	18.03m	1	
2	Edward Noyes III		Unattached	17.10m	1	
3	Sheldon Johnson Sr.		Unattached	16.31m	1	
4	Tom Fraker Jr.		Atlanta Track Club	16.13m	1	
5	Thomas Lambdin		Twilight Throwers	14.44m	1	
6	Bentz Tozer Jr.		Unattached	13.25m	1	
7	John Carl		Texas Throwers Club	12.78m	1	
8	Thomas Sputo		Throws & Jumps Coach Florida	11.83m	1	
9	Donald Groubert		Eastern Buckeye Track Club	6.91m	1	

Men Shot Put 50-54 Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	John Maynard	=====	 Unattached	14.56m	======= 1	======
2	Kunle Lawson		Unattached	11.94m	1	
3	Tony Saunders		Elite Xpress Track and Field	10.18m	1	
4	Jayson Ness		Greater Philadelphia TC	9.87m	1	
5	David Miller		Unattached	8.23m	1	





Upgrade





	NAME	YR	TEAM	MARK	H#	WIND
1	Scott Eriksson	=====	Unattached	16.01m	1	======
2	Lawrence Cahill		Unattached	13.41m	1	
3	Robert Arello Jr.		Unattached	12.95m	1	
4	John Carl		Texas Throwers Club	12.71m	1	
5	Tom Fraker Jr.		Atlanta Track Club	11.55m	1	
6	Donald Groubert		Eastern Buckeye Track Club	8.16m	1	

Men Shot Put 70-74

Finals

	NAME	YR	TEAM	MARK	H#	WIND			
1	Joseph Myers		Unattached	13.12m	1				
2	James Malin		SC Striders Track Club	11.80m	1				
3	Patrick Hauser		Unattached	11.28m	1				
4	Edward McElhiney		Eastern Buckeye Track Club	10.87m	1				
5	Don Schroeder		Texas Throwers Club	10.65m	1				
6	Richard Watson		AZ Desert Throwers	10.21m	1				
7	George Murphy		Unattached	10.06m	1				
8	Thomas Tinsman		TNT International Racing Club	10.02m	1				
9	Craig Cyphers		Philadelphia Masters	8.99m	1				
10	Manuel Barnes		Unattached	8.44m	1				

Men Indoor Pentathlon Overall 25-49 Finals

\_\_\_\_\_\_ NAME YR TEAM MARK WIND 1 Rob Gritzer Unattached 2824 1 Chris Hopkins Greenville Track Club 1942 1 1 James Wade Atlanta Track Club 2838 1 1 1 Curtis Smith Jr. Potomac Valley Track Club 2555 1 Kurt Carter Freedom-Garmin Runners 3022 1 1 2 Jeffrey Campbell Unattached 2138 2 Scott Johnson Unattached 2652 1781 3 Michael Greene So Cal Track Club 1 3 Josh Robbins Arizona Flames Track Club 2197 4 Patrick McGinley Potomac Valley Track Club 1456 1

Unattached

Men Indoor Pentathlon Overall 50-59 Finals

Martin McBride

	NAME	YR	TEAM	MARK	H#	WIND				
1	Walé Aka-Bashorun		Greater Philadelphia TC	3464	1					
1	Chris McKinney		Unattached	3448	1					
2	Carlos De Freitas		Brazil	3206	1					
2	Chuck Kruelle		Greater Philadelphia TC	3309	1					
3	Azikiwe Clark		Unattached	2558	1					
3	Joseph Bachana		Central Park Track Club (CPTC)	2022	1					

10/25/2023, 2:08 PM 36 of 79

949



RESULTS RANKINGS

CAL Upgrade

Q Search



6 Dale Young II II Unattached 2120 1 7 Hakan Eksi Unattached 1981 1

Men 3000 meter Race Walk 70-89

Finals

	NAME	YR	TEAM	MARK	H#	WIND		
1	Raymond Funkhouser	====:	Unattached	19:32.99	1			
1	Norman Frable		So Cal Track Club	19:25.59	1			
1	Joel Dubow		Atlanta Track Club	20:54.31	1			
1	Alan Poisner		Unattached	22:46.64	1			
2	David Eisenberg		Unattached	19:42.66	1			
2	James Veenstra		Unattached	23:44.45	1			
3	Andrew Smith		Unattached	20:36.38	1			
3	Spencer Parrish		Connecticut Racewalkers	26:04.35	1			
4	Bruce Cox		Capital City Striders, Inc.	20:50.29	1			
5	James Wass		Potomac Valley Track Club	21:45.09	1			
6	John Morrison		Potomac Valley Track Club	24:01.25	1			

Men Weight Throw 70-79

Finals

====:	NAME	-====	TEAM	MADI/	===== H#	LITND
	NAME	YR	TEAM	MARK	Π#	WIND
====				========	=====	======
1	Patrick Hauser		Unattached	15.22m	1	
1	Ken Moss		Potomac Valley Track Club	18.68m	1	
2	Francis McQuade		Unattached	14.98m	1	
2	Thomas Ten Eyck Jr.		Unattached	13.13m	1	
3	Richard Watson		AZ Desert Throwers	13.79m	1	
3	Bob Sager		Unattached	12.55m	1	
4	Rufus Jordan Jr.		TNT International Racing Club	13.71m	1	
4	David Marovich		Philadelphia Masters	10.07m	1	
5	Craig Cyphers		Philadelphia Masters	13.27m	1	
5	Roscoe Googe Jr.		Atlanta Track Club	8.37m	1	
6	Thomas Tinsman		TNT International Racing Club	10.95m	1	
6	James Pearce		Potomac Valley Track Club	7.64m	1	

Men 4x800 Meter Relay 25-99

Finals

	====			======	
NAME	YR	TEAM	MARK	H#	WIND
	====				
1		Fleet Feet Louisville	9:17.75	1	
1		CHT Elite	9:37.97	1	
1		Atlanta Track Club	9:56.03	1	
1		CHT Elite	9:13.72	1	
1		Philadelphia Masters	28:10.47	2	
1		So Cal Track Club	15:43.70	2	
1		So Cal Track Club	12:10.84	2	
1		TNT International Racing Club	10:21.66	2	
2		CHT Elite	10:23.47	1	
2		CHT Elite	11:37.30	2	





CAL Upgrade





Men 4x400 Meter Relay 25-99

Finals

=======================================	=====	=======================================	=========		=======
NAME	YR	TEAM	MARK	H#	WIND
=======================================	=====				======
1		Greater Philadelphia TC	4:46.48	1	
1		So Cal Track Club	6:04.77	1	
1		Atlanta Track Club	3:47.77	3	
1		Dearborn Track Club	4:02.94	2	
1		Philadelphia Masters	12:00.46	1	
1		CHT Elite	4:08.45	3	
1		CHT Elite	4:05.57	3	
1		CHT Elite	4:05.37	3	
1		Potomac Valley Track Club	4:41.59	2	
2		So Cal Track Club	5:14.48	1	
2		Atlanta Track Club	4:45.99	3	
2		TNT International Racing Club	4:08.84	2	
2		Potomac Valley Track Club	5:17.34	3	
2		Potomac Valley Track Club	9:05.47	1	
3		Greater Philadelphia TC	4:10.58	2	
4		CHT Elite	4:55.02	2	

Women 4x800 Meter Relay 25-89

Finals

	=====				
NAME	YR	TEAM	MARK	H#	WIND
	=====				======
1		Atlanta Track Club	15:19.37	1	
1		Bella N Motion	11:56.87	1	
1		Central Park Track Club (CPTC)	11:11.35	1	
1		Greater Philadelphia TC	14:08.06	1	
1		So Cal Track Club	13:31.70	1	
1		TNT International Racing Club	22:43.88	1	
2		Potomac Valley Track Club	22:10.09	1	

Women 4x400 Meter Relay 25-89

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====				=========	=====				
1			Atlanta Track Club	6:42.81	1				
1			Central Park Track Club (CPTC)	4:43.54	1				
1			TNT International Racing Club	9:55.85	1				
1			Potomac Valley Track Club	8:51.23	1				

Men Shot Put 80-94

Finals

=====										
	NAME	YR	TEAM	MARK	H#	WIND				
=====	=======================================	=====		=========	=====	======				
1	Ray Feick		Philadelphia Masters	4.67m	1					



RESULTS RANKINGS

CAI Upgrade





Cook HollidayWilliam Keesling

Atlanta Track Club
Greenville Track Club

9.06m 8.81m

1 1

Men 3000 meter Race Walk 30-69

Finals

===						======
	NAME	YR	TEAM	MARK	H#	WIND
===		======		=========		======
1	Joel Pfahler		Dayton Track Club	14:23.70	1	
1	Alexey Popov		Raleigh Walkers	17:07.48	1	
1	Matthew Holtry		Raleigh Walkers	20:44.85	1	
1	Israel SotoDuprey		Unattached	16:38.91	1	
1	David Swarts		Unattached	14:37.02	1	
1	Dave Talcott		Unattached	16:35.01	1	
1	Jim Scott		Unattached	17:08.66	1	
2	Craig Chasse		Potomac Valley Track Club	19:49.37	1	
2	Francisco Guzman		El Salvador	15:40.51	1	
2	Douglas Johnson		Unattached	17:52.90	1	
2	David Couts		Racewalkers Club of St. Louis	18:17.77	1	
3	Bruce Logan		Unattached	20:44.64	1	
3	Michael Blanchard		Unattached	20:00.69	1	
3	Kevin Applegate		Unattached	19:47.68	1	
4	David Russell		Unattached	20:53.03	1	
4	Timothy Chelius		Shore Athletic Club	20:04.51	1	
5	Terence McLaughlin		Potomac Valley Track Club	24:23.47	1	

Women 60 meter Dash 55-59

Finals

	NAME	YR	TEAM	MARK	H#	WIND		
1	Roxanne Brockner	=====	elitefeats	8.52	1	=====		
2	Amy Haddad		Joy's Jackrabbits Track Club	8.74	1			
3	Juaquita Gray		SC Striders Track Club	9.15	1			
4	Terri Rath		Greater Philadelphia TC	9.40	1			
5	April Svenstrup		Southwest Sprinters Track Club	9.64	1			
6	Maryline Roux		Unattached	9.66	1			
7	Dr. Koura Gibson		Potomac Valley Track Club	9.67	1			

#### Prelims

	NAME	YR	TEAM	MARK	H#	WIND		
=====		=====		=========				
1	Roxanne Brockner		elitefeats	8.62	1			
2	Colleen Barney		Joy's Jackrabbits Track Club	9.10	2			
3	Amy Haddad		Joy's Jackrabbits Track Club	8.85	1			
4	Juaquita Gray		SC Striders Track Club	9.36	2			
5	Terri Rath		Greater Philadelphia TC	9.38	1			
6	Dr. Koura Gibson		Potomac Valley Track Club	9.61	2			
7	Maryline Roux		Unattached	9.64	2			
8	April Svenstrup		Southwest Sprinters Track Club	9.86	1			
9	Judy Taylor		Unattached	10.47	1			
10	Kisha Browning		Unattached	12.25	1			





CAL Upgrade





====										
	NAME	YR	TEAM	MARK	H#	WIND				
====				=========	======					
1	Jordan Hankerson		DC International	7.93	1					
2	Kiara Montavon		Italy	7.97	1					
3	Taylor Pralle		Unattached	8.24	1					
4	Chanecia Allen-Granderson		ISAA (International Student At	8.67	1					

Women 400 meter Dash 50-54

Finals

====							
	NAME	YR	TEAM	MARK	H#	WIND	
====		=====			=====		
1	Dianne DeOliveira		Bella N Motion	1:04.19	1		
2	Sonja Friend-Uhl		Florida Track Club - SouthEast	1:06.47	1		
3	Debbie Young		Unattached	1:12.10	1		
4	Tanja Grant		Unattached	1:18.36	1		
5	Hiroko Hunter		BLUEgrass Runners	1:22.81	1		
6	Jill Vollweiler		So Cal Track Club	1:31.42	1		

Women Super Weight 25-59

Finals

=====						
	NAME	YR	TEAM	MARK	H#	WIND
=====				=========		
1	Amanda Pasko		Unattached	5.46m	1	
1	Nicole Kelly		Unattached	5.17m	1	
1	Penelope Ingles		Potomac Valley Track Club	4.96m	1	
1	Kimberly Lindner		Hudson Valley Flight Club	7.39m	1	
1	Alissa Noguez		Unattached	7.60m	1	
2	DaBeth Manns		TNT International Racing Club	3.36m	1	
2	Carlos Larry		Unattached	7.32m	1	
2	Gina Lanier		TNT International Racing Club	4.13m	1	
3	Jennifer Heston		Unattached	5.95m	1	
3	Kristine Longshore		Philadelphia Masters	2.40m	1	

Men Super Weight 30-49

Finals

=====		=====			=====	=======
	NAME	YR	TEAM	MARK	H#	WIND
1	Chase Carlson	=====	Unattached	6.37m	1	======
1	Jamie Ness		Unattached	9.19m	1	
1	Michael Scarpa Jr.		Unattached	8.01m	1	
1	Andy Cantrell		Unattached	5.37m	1	
2	Patrick McGinley		Potomac Valley Track Club	4.58m	1	
2	David Coughlin		Throws & Jumps Coach Florida	5.30m	1	
3	Pawel Wydra		Chicagoland Masters Athletics	4.62m	1	
4	Kim Lanier		TNT International Racing Club	2.89m	1	

Men Super Weight 50-59 Finals



RESULTS RANKINGS

CAL Upgrade





1	David Bickel	AZ Desert Throwers	8.05m	1
2	Kunle Lawson	Unattached	7.89m	1
2	Craig MacDonald	Greater Philadelphia TC	7.34m	1
3	John Maynard	Unattached	7.87m	1
3	Troy Bellrichard	Unattached	6.24m	1
4	Scott Hardin	Unattached	6.17m	1
5	Larry Eastham	Eastern Kentucky Striders	5.93m	1
6	Scott Werber	Unattached	4.45m	1

Men Super Weight 60-64 Finals

NAME AND TEAM

	NAME	YR	TEAM	MARK	H#	WIND
====		====			======	======
1	Robert Arello Jr.		Unattached	10.21m	1	
2	Sheldon Johnson Sr.		Unattached	9.77m	1	
3	Edward Noyes III		Unattached	9.11m	1	
4	Tom Fraker Jr.		Atlanta Track Club	7.68m	1	
5	John Carl		Texas Throwers Club	7.66m	1	
6	Bentz Tozer Jr.		Unattached	7.14m	1	
7	Thomas Lambdin		Twilight Throwers	6.84m	1	
8	Thomas Sputo		Throws & Jumps Coach Florida	5.29m	1	

Men Super Weight 70-79

Finals

====		=====				
	NAME	YR	TEAM	MARK	H#	WIND
====						
1	Francis McQuade		Unattached	9.39m	1	
1	Ken Moss		Potomac Valley Track Club	9.92m	1	
2	Bob Sager		Unattached	6.90m	1	
2	Rufus Jordan Jr.		TNT International Racing Club	8.82m	1	
3	Thomas Ten Eyck Jr.		Unattached	6.63m	1	
3	Patrick Hauser		Unattached	8.27m	1	
4	Richard Watson		AZ Desert Throwers	8.07m	1	
4	David Marovich		Philadelphia Masters	5.20m	1	
5	James Pearce		Potomac Valley Track Club	4.56m	1	
5	Craig Cyphers		Philadelphia Masters	6.85m	1	
6	Roscoe Googe Jr.		Atlanta Track Club	3.93m	1	

Men 60 meter Hurdles 65-69 Finals

\_\_\_\_\_\_\_

	NAME	YR	TEAM	MARK	H#	WIND
1	Rodney Atherton		Unattached	10.02	1	
2	Eugene Anton		So Cal Track Club	10.03	1	
3	Mark Jakubowski		Unattached	11.42	1	
4	Cecil Griffin Jr.		Unattached	12.46	1	
5	Kenneth Lacey		Unattached	12.94	1	
6	Ron Stevens		Pacific Coast Track Club	14.78	1	



RESULTS RANKINGS

CAL Upgrade





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1	William Angus	Lake Erie Lightning Track Club	13.99	1
1	Roger Vergin	Unattached	13.98	1
2	William Rhoad	Philadelphia Masters	29.66	1
2	Robert Paulen	Potomac Valley Track Club	14.31	1

Women 800 meter Run 55-59

Finals

=====		=====				=======
	NAME	YR	TEAM	MARK	H#	WIND
=====		====		=========		======
1	Michelle Rohl		Greater Philadelphia TC	2:28.29	1	
2	Dominique Saint-Louis		Central Park Track Club (CPTC)	2:32.20	1	
3	Judy Stobbe		Central Park Track Club (CPTC)	2:36.21	1	
4	Roxanne Springer		Pursuit of Excellence Track Cl	2:45.11	1	
5	Terri Rath		Greater Philadelphia TC	2:45.63	1	
6	Terry Ballou		Central Park Track Club (CPTC)	2:47.61	1	
7	Wendy Satterthwaite		Unattached	2:51.87	1	
8	Kimberly Anderson		TNT International Racing Club	3:06.44	1	
9	Sally Corrigan		Unattached	3:10.68	1	
10	Sheri Liebschner		Eastern Buckeye Track Club	3:35.38	1	
11	Sara Grant		BLUEgrass Runners	3:55.50	1	

Women 400 meter Dash 65-69

Finals

====		=====					
	NAME	YR	TEAM	MARK	H#	WIND	
====		=====					
1	Leandra Funk		Unattached	1:16.36	1		
2	Susan Loyd		Mass Velocity Track Club	1:16.49	1		
3	Tomomi Seki		Central Park Track Club (CPTC)	1:21.85	1		
4	Tina Bowman		SC Striders Track Club	1:31.60	1		
5	Vickie Heierman		Unattached	1:37.95	1		

Women 800 meter Run 60-64

Finals

				=========	======	=======
	NAME	YR	TEAM	MARK	H#	WIND
=====		=====		==========	======	======
1	Lorraine Jasper		Greater Philadelphia TC	2:47.08	1	
2	Julie Hayden		Greater Philadelphia TC	2:49.09	1	
3	Deb Torneden		Unattached	2:51.61	1	
4	Susan Snyder		TNT International Racing Club	3:09.29	1	
5	Mireille Silva		Atlanta Track Club	3:13.17	1	
6	Cheryl Bellaire		Greater Philadelphia TC	3:13.23	1	
7	Liz Kyger		Kansas City Smoke	3:18.25	1	
8	Jan Tefft		So Cal Track Club	3:24.28	1	
9	Joanne Shabelski		Potomac Valley Track Club	3:33.08	1	
10	Lauren Siegel		Greater Philadelphia TC	3:33.45	1	

Women 1500 meter Run 60-64 Finals



RESULTS RANKINGS

l Upgrade





2	Charlotte Rizzo	Westchester Track Club	5:39.59	1
3	Lorraine Jasper	Greater Philadelphia TC	5:42.90	1
4	Julie Hayden	Greater Philadelphia TC	5:51.33	1
5	Mireille Silva	Atlanta Track Club	6:18.95	1
6	Cheryl Bellaire	Greater Philadelphia TC	6:25.58	1
7	Liz Kyger	Kansas City Smoke	6:30.96	1
8	Lauren Siegel	Greater Philadelphia TC	6:42.05	1
9	Joanne Shabelski	Potomac Valley Track Club	7:22.61	1

Women Weight Throw 25-59

Finals

===								
	NAME	YR	TEAM	MARK	H#	WIND		
===		=====		=========		======		
1	Amanda Pasko		Unattached	8.78m	1			
1	Nicole Kelly		Unattached	7.06m	1			
1	Penelope Ingles		Potomac Valley Track Club	8.48m	1			
1	Kimberly Lindner		Hudson Valley Flight Club	10.81m	1			
1	Alissa Noguez		Unattached	11.22m	1			
2	DaBeth Manns		TNT International Racing Club	4.97m	1			
2	Carlos Larry		Unattached	9.45m	1			
2	Kristine Longshore		Philadelphia Masters	4.09m	1			
3	Jennifer Heston		Unattached	9.10m	1			

Women 800 meter Run 50-54

Finals

====	NAME	YR	TEAM	MARK	H#	WIND
1	 Sonja Friend-Uhl		Florida Track Club - SouthEast	2:30.56	1	======
2	Jill Vollweiler		So Cal Track Club	3:13.84	1	

Women 800 meter Run 45-49

Finals

====							
	NAME	YR	TEAM	MARK	H#	WIND	
====					======	======	
1	Nathalie Jones		Central Park Track Club (CPTC)	2:25.78	1		
2	Laura Mitchell		Unattached	2:39.68	1		
3	Stella Barry		Bella N Motion	2:49.74	1		
4	Roberta Little		South Africa	2:50.98	1		
5	Heather Ferguson		Unattached	3:22.87	1		
6	Rachel Wilson		BLUEgrass Runners	3:32.86	1		

Women 400 meter Dash 60-64

Finals

=====								
	NAME	YR	TEAM	MARK	H#	WIND		
=====		=====				======		
1	Lorraine Jasper		Greater Philadelphia TC	1:10.21	2			
2	Adriene Lewis		Unattached	1:16.00	1			
3	Susan Snyder		TNT International Racing Club	1:21.71	1			



RESULTS RANKINGS

CAL Upgrade





Women Triple Jump 60-74 Finals

====						
	NAME	YR	TEAM	MARK	H#	WIND
====						
1	Kay Glynn		Unattached	8.34m	1	
2	Linda Lowery		Unattached	6.99m	1	
3	Elena Pasquill		Unattached	6.82m	1	
4	Jennifer Jones		SC Striders Track Club	6.10m	1	
5	Hannah Phillips		Potomac Valley Track Club	5.92m	1	
6	Clovis Clark		Atlanta Track Club	4.53m	1	
7	Jan Tefft		So Cal Track Club	3.87m	1	

Women 60 meter Hurdles 60-64

Finals

=====						
	NAME	YR	TEAM	MARK	H#	WIND
=====					-=====	======
1	Adriene Lewis		Unattached	11.32	1	
2	Karen Maxwell		Unattached	11.34	1	
3	Jovette Jolicoeur		Canada	13.82	1	
4	Joanne Shabelski		Potomac Valley Track Club	18.87	1	

\_\_\_\_\_\_

Women 3000 meter Run 50-59

Finals

	NAME	YR	TEAM	MARK	Н#	WIND
1	Perry Shoemaker		 Unattached	10:07.36	======: 1	======
1	Michelle Rohl		Greater Philadelphia TC	10:30.50	1	
2	Yuko Whitestone		Potomac Valley Track Club	12:38.06	1	
2	Lisa Veneziano		Pursuit of Excellence Track Cl	10:42.71	1	
3	Christie Patla		Bella N Motion	13:50.90	1	
3	Judy Stobbe		Central Park Track Club (CPTC)	12:40.28	1	
4	Hiroko Hunter		BLUEgrass Runners	14:30.65	1	
4	Tina Klein		T.H.E. Track Team	13:12.72	1	
5	Jeanette Swigler		Gulf Winds Track Club	13:33.94	1	
6	Kimberly Anderson		TNT International Racing Club	13:39.57	1	
7	Sara Grant		BLUEgrass Runners	17:18.07	1	

Men Triple Jump 50-59 Finals

=====					=====	=======
	NAME	YR	TEAM	MARK	H#	WIND
1	======================================		Dearborn Track Club	10.32m	1	=====
1	Antonio Palacios		Unattached	11.68m	1	
2	Greg Cook		Dearborn Track Club	10.05m	1	
2	Scott Werber		Unattached	7.17m	1	
3	Jonathan Mehl		Dearborn Track Club	9.82m	1	
4	Azikiwe Clark		Unattached	9.13m	1	
5	Hakan Eksi		Unattached	8.25m	1	





CAL Upgrade





=====					======	
	NAME	YR	TEAM	MARK	H#	WIND
=====					======	
1	Kay Glynn		Unattached	36.71	1	
2	Hannah Phillips		Potomac Valley Track Club	38.24	1	
3	Pat Kelly		SC Striders Track Club	39.84	1	
4	Sherrel Harmon		Central Park Track Club (CPTC)	40.03	1	
5	Catherine Bishop		Unattached	55.83	1	

Men Triple Jump 70-79

Finals

===		====			======	
	NAME	YR	TEAM	MARK	H#	WIND
===					======	======
1	Larry Vollmer		Unattached	8.39m	1	
1	Arthur Parry		Unattached	7.78m	1	
2	William Griffin		Unattached	8.11m	1	
2	Carl Flowers II		So Cal Track Club	7.03m	1	
3	Ivan Black		Shore Athletic Club	7.89m	1	
3	Howard Booth		Ann Arbor Track Club	5.85m	1	
4	Bobby Terrell		Unattached	7.42m	1	
4	Ronald Tilgner		Unattached	5.76m	1	
5	Richard Ruozzi		Unattached	5.14m	1	
5	David Marovich		Philadelphia Masters	3.90m	1	

Women Shot Put 75-94 Finals

\_\_\_\_\_\_ NAME YR TEAM MARK WIND Capital City Striders, Inc. 7.42m 1 Barbara Warren 1 2 Mary Trotto TNT International Racing Club 7.01m 1 3 Mary Robinson Unattached 6.38m 1 4 Florence Meiler Sprinticity 5.53m 1 5 Christel Donley 5.10m Unattached 1 TNT International Racing Club 6 Angela Staab 4.90m 1 4.70m 7 Louise Guardino Unattached 1 8 Gloria Krug Philadelphia Masters 4.51m 1

Women 4x200 Meter Relay 25-89 Finals

=====		=====			=====	
	NAME	YR	TEAM	MARK	H#	WIND
=====		=====				
1			Bella N Motion	2:10.41	3	
1			SC Striders Track Club	2:39.58	1	
1			TNT International Racing Club	4:01.01	1	
1			Central Park Track Club (CPTC)	2:26.95	3	
1			Greater Philadelphia TC	2:48.09	2	
1			Atlanta Track Club	2:13.57	3	
1			Potomac Valley Track Club	3:37.82	2	
2			Atlanta Track Club	3:05.85	2	
2			So Cal Track Club	2:30.65	3	



RESULTS RANKINGS

CAL Upgrade





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г	1	na	1	2

				======	
NAME	YR	TEAM	MARK	H#	WIND
				======	
1		Atlanta Track Club	1:40.59	4	
1		CHT Elite	1:55.84	4	
1		Dearborn Track Club	1:47.37	3	
1		Greater Philadelphia TC	1:54.57	3	
1		Potomac Valley Track Club	3:53.81	1	
1		So Cal Track Club	1:46.59	4	
1		So Cal Track Club	1:54.41	2	
1		So Cal Track Club	2:17.01	2	
2		CHT Elite	2:16.59	3	
2		CHT Elite	1:48.65	4	
2		Potomac Valley Track Club	2:08.19	2	
2		Potomac Valley Track Club	1:56.17	4	
3		CHT Elite	2:02.79	4	
3		So Cal Track Club	2:11.96	2	
4		TNT International Racing Club	2:39.62	2	

Women 60 meter Dash 65-69

Finals

====				:========	=====:	=======
	NAME	YR	TEAM	MARK	H#	WIND
====					=====	
1	Loretta Woodward-Turner		Unattached	9.20	1	
2	Claudia Simpson		Greater Philadelphia TC	9.91	1	
3	Susan Loyd		Mass Velocity Track Club	10.03	1	
4	Leandra Funk		Unattached	10.16	1	
5	Rita Hanscom		SC Striders Track Club	10.17	1	
6	Tomomi Seki		Central Park Track Club (CPTC)	10.25	1	
7	Julie Russell		Unattached	11.72	1	
8	Vickie Heierman		Unattached	12.38	1	

Women Long Jump 50-59

Finals

====								
	NAME	YR	TEAM	MARK	H#	WIND		
====		=====		==========				
1	Krista Benson		Unattached	4.56m	1			
1	Tracey Battle		Potomac Valley Track Club	5.50m	1			
2	Isabelle Dierauer		Southwest Ohio TC	3.96m	1			
2	Amy Haddad		Joy's Jackrabbits Track Club	4.04m	1			
3	Kelly Reblin		Unattached	3.04m	1			
3	Juaquita Gray		SC Striders Track Club	3.79m	1			
4	Carlos Larry		Unattached	2.83m	1			
4	Jennifer Meko		Mass Velocity Track Club	3.46m	1			

Men High Jump 60-64

Finals

=======================================				=========	
NAME	YR	TEAM	MARK	H#	WIND



**RESULTS RANKINGS**  Upgrade





4	Ronald Stallings	Elite Xpress Track and Field	1.45m	1
6	Bob Campbell	Unattached	1.40m	1
7	Lawrence Finley	Over The Hill TC	1.20m	1

Men Pole Vault 50-64 Finals

	NAME	YR	TEAM	MARK	H#	WIND
====		=====				======
1	Anthony Heath		Unattached	4.19m	1	
1	Chet Clodfelter		Unattached	3.95m	1	
1	Richard McGee		Unattached	3.50m	1	
2	Paul Morell		Inversion Vault Club	3.20m	1	
2	Kevin Ferguson		Spottsville Monsters Track Clu	3.05m	1	
2	Paul Babits		Vault High Athletics	3.35m	1	
3	Lee Faulkner		Unattached	3.20m	1	
3	Chuck Kruelle		Greater Philadelphia TC	2.90m	1	
3	Eric Negley		Unattached	3.05m	1	
4	Jayson Ness		Greater Philadelphia TC	2.60m	1	
4	Robert Schuster		Unattached	2.75m	1	
4	Bob Campbell		Unattached	2.90m	1	
5	Hakan Eksi		Unattached	2.30m	1	
5	Louis Davis		Unattached	2.75m	1	
6	Steve Kelley		Pony Express Track & Field Clu	2.60m	1	

Women High Jump 60-74 Finals

	NAME	YR	TEAM	MARK	H#	WIND
====		====				======
1	Michelle Saye		Texas Express TFC	1.35m	1	
1	Claudia Simpson		Greater Philadelphia TC	0.95m	1	
1	Kay Glynn		Unattached	1.20m	1	
2	Martha Mendenhall		Unattached	1.30m	1	
2	Darcy Smith		AZ Desert Throwers	0.90m	1	
2	Linda Lowery		Unattached	1.00m	1	
3	Pamela Callahan		Unattached	1.25m	1	
3	Catherine Bishop		Unattached	0.75m	1	
4	Elena Pasquill		Unattached	1.10m	1	
5	Jan Tefft		So Cal Track Club	0.95m	1	

Men 4x200 Meter Relay 25-99 Finals

				=======	=====
NAME	YR	TEAM	MARK	H# WII	ND
=======================================			=======================================		====
1		Non-Club	1:50.34	2	
1		Non-Club	1:35.78	2	
1		Non-Club	2:06.69	2	
1		Non-Club	3:12.82	1	
1		Non-Club	2:22.37	1	
2		Non-Club	2:33.36	2	
2		Non-Club	2:43.42	1	





CAL Upgrade





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Women 4x200 Meter Relay 25-94

Finals

NAME	YR TEAM	MARK	 H#	WIND
=======================================				======
1	Non-Club	2:08.59	1	

Women 4x800 Meter Relay 25-84

Finals

	=======			=====	=======
NAME	YR	TEAM	MARK	H#	WIND
=======================================	=======		==========	=====	======
1		Non-Club	11:39.79	1	

Men 4x400 Meter Relay 25-89

Finals

NAN	IE YR	TEAM	MARK	 H# 	WIND
1		Non-Club	4:28.01	1	
1		Non-Club	5:52.56	1	
1		Non-Club	4:59.62	1	
1		Non-Club	8:42.59	1	
1		Non-Club	4:43.00	1	

Women 4x400 Meter Relay 25-89

Finals

	NAME	YR	TEAM	MARK	H#	WIND		
=====		=====		.=======		======		
1			Non-Club	5:05.77	1			
1			Non-Club	6:47.03	1			
1			Non-Club	4:38.39	1			

Men Shot Put 65-69

Finals

====:						=======		
	NAME	YR	TEAM	MARK	H#	WIND		
====								
1	Brian Roegiers		Unattached	12.93m	1			





CAL Upgrade





David McLawhorn

So Cal Track Club

9.19m

1

Men 3000 meter Run 50-54

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		=====				======			
1	John Lomogda		Colonial Road Runners	9:41.30	1				
2	Keith Schumann		Colonial Road Runners	9:53.33	1				
3	Chris McDonald		Boulder Road Runners	9:57.53	1				
4	Dan Holland		Pittsburgh Pharaoh Hounds	10:34.40	1				
5	Timothy Souders		PR Distance Project LLC	10:38.82	1				
6	Ken Wempe		Indiana Elite Athletic Club	10:42.81	1				
7	Brian Powell		CHT Elite	11:14.35	1				
8	Aaron Munderloh		CHT Elite	12:03.18	1				

Women 60 meter Hurdles 40-44

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
1			======================================	 13.11	 1	======			
2	Marie Hamay		Unattached	16.17	1				

Men Long Jump 70-74

Finals

====		=====				
	NAME	YR	TEAM	MARK	H#	WIND
====		=====				
1	Larry Vollmer		Unattached	4.56m	1	
2	Damien Leake		SC Striders Track Club	4.19m	1	
3	William Griffin		Unattached	3.80m	1	
4	David Garrison		Unattached	3.41m	1	
5	Phillip Ozell		Atlanta Track Club	3.38m	1	
6	James Malin		SC Striders Track Club	3.37m	1	
7	Bobby Terrell		Unattached	3.11m	1	
8	John McKinney		ISSA Flash	3.02m	1	
9	Wayne Dailey		Unattached	2.63m	1	

Men 400 meter Dash 85-104

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====		-====				======			
1	Mack Stewart		Houston Elite	1:46.54	1				
1	Vance Genzlinger		Philadelphia Masters	3:19.93	1				

Women 200 meter Dash 35-39

Finals

NAME YR TEAM MARK H# WIND





Al Upgrade





4	Grace Liang	Unattached	28.01	1
5	Kindell Buchanan	Atlanta Track Club	39.00	1

#### Prelims

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		======							
1	Easter Grant		Southwest Sprinters Track Club	25.57	2				
2	Korey Hardiway		Alpha and Omega Athletics	28.17	1				
3	Sophia Downey		Unattached	28.88	1				
4	Grace Liang		Unattached	28.95	2				
5	Ashley Tukes-Karnick		Bella N Motion	30.63	2				
6	Kindell Buchanan		Atlanta Track Club	40.08	1				

Women 400 meter Dash 25-34

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		=====							
1	Alexia DeHaven		Unattached	56.93	1				
1	Latasha Dodson		Team Dodson Elite	58.47	1				
2	Taylor Pralle		Unattached	1:03.06	1				
3	Chanecia Allen-Granderson		ISAA (International Student At	1:13.11	1				

Women 3000 meter Run 25-49

Finals

===:									
	NAME	YR	TEAM	MARK	H#	WIND			
===:		=====	=======================================						
1	Maureen Lemon		Dayton Track Club	9:45.21	1				
1	Charmayne Yazzie		GYS TRACK CLUB	12:37.78	1				
1	April Lund		GYS TRACK CLUB	9:58.43	1				
1	Elizabeth Wells		Dayton Track Club	11:17.93	1				
2	Jennifer Pesce		Garden State Track Club	10:25.79	1				
2	Rebekah Kennedy		Central Park Track Club (CPTC)	11:18.65	1				
3	Hidi Gaff		Three Rivers Racing	10:39.91	1				
3	Debra Cane		So Cal Track Club	15:51.54	1				
4	Caroline Cobb		So Cal Track Club	11:30.37	1				
5	Jennifer Ledford		Unattached	11:30.92	1				

Men 800 meter Run 80-104

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====									
1	H Tom Bowden		Unattached	3:14.48	1				
1	Inocencio Cantu		Potomac Valley Track Club	4:18.84	1				
1	Vance Genzlinger		Philadelphia Masters	7:32.23	1				
2	Hal Lieberman		Central Park Track Club (CPTC)	4:00.14	1				
2	Colben Sime		So Cal Track Club	5:29.72	1				



RESULTS RANKINGS

Al Upgrade





1	Scott Wallace	Shadow Project TC	4:16.67	1
2	Thomas Burns	Indiana Elite Athletic Club	4:16.94	1
3	Jaret Herter	Genesee Valley Harriers	4:17.48	1
4	Eric Heely	U.S. Army	4:22.37	1
5	Joshua Ruston	Fast Track Racing Team	4:32.59	1
6	Jack Martin	CHT Elite	4:33.93	1
7	Brian Tomanek	CHT Elite	5:03.58	1
8	Jason Byrne	CHT Elite	5:14.96	1

Men Triple Jump 80-89

Finals

	NAME	YR	TEAM	MARK	H#	WIND			
1	Cook Holliday		Atlanta Track Club	5.87m	1				
1	Roger Vergin		Unattached	6.08m	1				
2	William Rhoad		Philadelphia Masters	3.51m	1				
2	Robert Paulen		Potomac Valley Track Club	5.66m	1				
3	Bert Bergen		SC Striders Track Club	5.56m	1				

Men High Jump 70-74

Finals

====		=====		=========	=====	
	NAME	YR	TEAM	MARK	H#	WIND
====		=====			=====	
1	James Sauers		Atlanta Track Club	1.40m	1	
2	Larry Vollmer		Unattached	1.35m	1	
3	Ivan Black		Shore Athletic Club	1.25m	1	
4	Phillip Ozell		Atlanta Track Club	1.25m	1	
5	John McKinney		ISSA Flash	1.25m	1	

Women 1500 meter Run 45-54

Finals

====										
	NAME	YR	TEAM	MARK	H#	WIND				
====		=====			=====	======				
1	Elizabeth Wells		Dayton Track Club	5:15.55	1					
1	Sonja Friend-Uhl		Florida Track Club - SouthEast	5:05.94	1					
2	Rebekah Kennedy		Central Park Track Club (CPTC)	5:24.92	1					
2	Yuko Whitestone		Potomac Valley Track Club	6:08.07	1					
3	Jill Vollweiler		So Cal Track Club	6:28.08	1					
3	Stella Barry		Bella N Motion	5:42.39	1					
4	Rachel Wilson		BLUEgrass Runners	7:04.48	1					
5	Debra Cane		So Cal Track Club	7:26.14	1					

Men 3000 meter Run 60-64

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
1	======================================	=====	Shore Athletic Club	10:13.94	 1	=====			



RESULTS RANKINGS

Al Upgrade





6	Tony Huffman	Unattached	11:32.96	1
7	John Bradley	CHT Elite	11:50.24	1
8	Steve Adkisson	Unattached	12:06.71	1
9	Terence McLaughlin	Potomac Valley Track Club	12:18.61	1
10	Charles Yeomans	Unattached	12:38.79	1
11	Ted Poulos	Potomac Valley Track Club	13:04.71	1
12	Phillip Pillin	Eastern Buckeye Track Club	14:05.71	1

Women Weight Throw 75-94

Finals

	NAME	YR	TEAM	MARK	 H#	WIND
====				========		======
1	Mary Trotto		TNT International Racing Club	8.79m	1	
1	Mary Robinson		Unattached	8.03m	1	
1	Florence Meiler		Sprinticity	7.38m	1	
1	Gloria Krug		Philadelphia Masters	5.74m	1	
2	Barbara Warren		Capital City Striders, Inc.	8.23m	1	
2	Angela Staab		TNT International Racing Club	6.28m	1	
2	Tami Graf		Potomac Valley Track Club	6.10m	1	
3	Catherine Radle		Atlanta Track Club	8.02m	1	
3	Louise Guardino		Unattached	5.01m	1	

Men 1500 meter Race Walk 30-59

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Joel Pfahler		Dayton Track Club	6:49.30	1	
1	Alexey Popov		Raleigh Walkers	8:29.32	1	
1	Matthew Holtry		Raleigh Walkers	9:35.57	1	
1	Israel SotoDuprey		Unattached	7:56.04	1	
1	David Swarts		Unattached	6:52.01	1	
2	Patrick McGinley		Potomac Valley Track Club	11:30.05	1	
2	Craig Chasse		Potomac Valley Track Club	9:12.11	1	
2	Bruce Logan		Unattached	9:41.76	1	

Men 1500 meter Run 60-64

Finals

	NAME	YR	TEAM	MARK	H#	WIND
====		=====				======
1	Mark Pinckard		Canada	4:42.64	1	
2	Rick Lee		Shore Athletic Club	4:43.22	1	
3	Joseph Mora III		Genesee Valley Harriers	4:51.08	1	
4	Greg Athayde		Canada	4:55.10	1	
5	Chuck Bridgman		Unattached	5:05.30	1	
6	Stephen Crelli		Unattached	5:18.80	1	
7	Marty Cook		Unattached	5:21.82	1	
8	William Enicks IV		So Cal Track Club	5:23.75	1	
9	James Watry		So Cal Track Club	5:24.65	1	
10	John Lancaster		Unattached	5:28.68	1	
11	Steve Adkisson		Unattached	5:30.42	1	



RESULTS RANKINGS

Al Upgrade





16	Charles Yeomans	Unattached	5:59.99	1
17	Brian Gallagher	Greater Philadelphia TC	6:12.49	1
18	Ted Poulos	Potomac Valley Track Club	6:20.04	1

Women 400 meter Dash 70-74

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		=====			======				
1	Hannah Phillips		Potomac Valley Track Club	1:30.65	1				
2	Pat Kelly		SC Striders Track Club	1:31.97	1				
3	Sherrel Harmon		Central Park Track Club (CPTC)	1:32.01	1				
4	Mary Hartzler		Unattached	1:43.91	1				

Women 60 meter Dash 80-94

Finals

====	NAME	YR	TEAM	MARK	===== H#	WIND
1	Kathy Bergen	====:	SC Striders Track Club	10.50	====== 1	
1	Florence Meiler		Sprinticity	14.62	1	
1	Gloria Krug		Philadelphia Masters	30.50	1	
2	Georgia Kightlinger		Unattached	12.07	1	
2	Christel Donley		Unattached	14.92	1	
3	Mary Robinson		Unattached	12.33	1	
4	Louise Guardino		Unattached	16.87	1	

Women 200 meter Dash 80-84

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====				=========	======				
1	Mary Smith		Centennial State Track Club	39.02	1				
2	Kathy Bergen		SC Striders Track Club	41.54	1				
3	Mary Robinson		Unattached	45.73	1				
4	Georgia Kightlinger		Unattached	47.16	1				
5	Louise Guardino		Unattached	1:00.46	1				

Women 800 meter Run 70-89

Finals

=====								
	NAME	YR	TEAM	MARK	H#	WIND		
=====		=====				======		
1	Norma Hudnall		Atlanta Track Club	3:56.44	1			
1	Kathleen Frable		So Cal Track Club	4:39.99	1			
1	Georgia Kightlinger		Unattached	4:48.18	1			
2	Kathy Jacobs		High Point Athletic Club	4:49.44	1			
2	Nancy Berger		TNT International Racing Club	4:57.49	1			
2	Angela Staab		TNT International Racing Club	5:56.31	1			

Women 60 meter Dash 75-79



RESULTS RANKINGS

Al Upgrade





1	Joy Flynn	SC Striders Track Club	11.45	1
2	Mary Trotto	TNT International Racing Club	13.85	1
3	Barbara Hensley	Southwest Ohio TC	13.92	1
4	Barbara Warren	Capital City Striders, Inc.	18.00	1

Women 200 meter Dash 75-79

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Christine Davis		Unattached	48.30	1	
2	Cora Hill		TNT International Racing Club	52.69	1	
3	Barbara Hensley		Southwest Ohio TC	54.05	1	
4	Mary Trotto		TNT International Racing Club	56.68	1	

Women Super Weight 75-94

Finals

===		=====				=======
	NAME	YR	TEAM	MARK	H#	WIND
===		=====		=========		======
1	Barbara Warren		Capital City Striders, Inc.	6.25m	1	
1	Mary Robinson		Unattached	5.68m	1	
1	Florence Meiler		Sprinticity	5.02m	1	
1	Gloria Krug		Philadelphia Masters	4.19m	1	
2	Mary Trotto		TNT International Racing Club	5.92m	1	
2	Angela Staab		TNT International Racing Club	4.69m	1	
2	Tami Graf		Potomac Valley Track Club	4.00m	1	
3	Louise Guardino		Unattached	3.83m	1	

Men 60 meter Dash 90-99

Finals

=====								
	NAME	YR	TEAM	MARK	H#	WIND		
=====				.=======		======		
1	Vance Genzlinger		Philadelphia Masters	23.86	1			
1	Richard Soller		Unattached	21.14	1			
2	Ray Feick		Philadelphia Masters	35.81	1			

Women 400 meter Dash 75-79

Finals

=====							
	NAME	YR	TEAM	MARK	H#	WIND	
=====						======	
1	Kathleen Frable		So Cal Track Club	2:05.65	1		
2	Nancy Berger		TNT International Racing Club	2:07.47	1		
3	Barbara Hensley		Southwest Ohio TC	2:10.98	1		
4	Cora Hill		TNT International Racing Club	2:12.13	1		
5	Mary Trotto		TNT International Racing Club	2:33.25	1		

Women 400 meter Dash 80-84 Finals



#### RESULTS RANKINGS

Al Upgrade





	•			
2	Mary Robinson	Unattached	1:46.84	1
3	Georgia Kightlinger	Unattached	2:05.52	1
4	Angela Staab	TNT International Racing Club	2:20.78	1
5	Louise Guardino	Unattached	2:46.74	1

Women Shot Put 65-74

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Carol Finsrud	=====	 Texas Throwers Club	9.45m	:======= 1	======
1	Laura Hessel		Canada	8.75m	1	
2	Susan Hallen		Chicagoland Masters Athletics	7.98m	1	
2	Myrle Mensey		Throwing and Growing	8.25m	1	
3	Clovis Clark		Atlanta Track Club	7.05m	1	
3	Linda Harper		Unattached	7.30m	1	
4	Ruth Welding		Chicagoland Masters Athletics	6.44m	1	
4	Mary Hartzler		Unattached	6.86m	1	
5	Darcy Smith		AZ Desert Throwers	5.51m	1	
5	Kathy Jacobs		High Point Athletic Club	5.64m	1	
6	Lynne Funk		Unattached	4.47m	1	
7	Helene Myers		Potomac Valley Track Club	3.23m	1	

\_\_\_\_\_

Men 1500 meter Run 65-69

Finals

====	NAME	YR	TEAM	MARK	====== H#	WIND
1	David Westenberg	====:	Greater Lowell Road Runners	4:59.87	 1	======
2	Fred Torneden		Unattached	5:06.56	1	
3	Timothy Conheady		Greater Philadelphia TC	5:07.23	1	
4	Michael Lebold		Jamul Toads	5:13.61	1	
5	George Henehan		Unattached	5:24.53	1	
6	Gary Haga		Greater Philadelphia TC	5:28.67	1	
7	Russell Delap		Unattached	5:29.53	1	
8	Mark Rybinski		Genesee Valley Harriers	5:42.95	1	

Men 1500 meter Run 55-59

Finals

	NAME	YR	TEAM	MARK	H#	WIND
==== 1	Charles Novak	=====	 Unattached	 4:24.67	:=====: 1	
2	Todd Straka		Boulder Road Runners	4:34.84	1	
3	Mike Nier		Genesee Valley Harriers	4:37.04	1	
4	Alejandro Heuck		Greater Springfield Harriers,	4:44.22	1	
5	Scot Ursum		CHT Elite	4:56.85	1	
6	Matthew Guild		Green Mountain Athletic Associ	5:01.60	1	
7	Scott Siriano		Atlanta Track Club	5:02.74	1	
8	Drew Bell		Unattached	5:06.65	1	
9	Francis Burdett		Greater Springfield Harriers,	5:22.11	1	
10	Jeffrey Daer		Unattached	5:33.61	1	





CAL Upgrade





	NAME	YR	TEAM	MARK	H#	WIND
====		====		==========		======
1	Nolan Shaheed		So Cal Track Club	5:32.62	1	
2	Spider Rossiter		Shore Athletic Club	5:34.08	1	
3	Eugene Myers		Potomac Valley Track Club	6:02.00	1	
4	David Williams		Eastern Buckeye Track Club	6:02.31	1	
5	Manuel Barnes		Unattached	6:09.54	1	
6	Tim McMullen		Genesee Valley Harriers	6:09.64	1	
7	Charles Bishop		Kentucky Elite Athletics	6:48.22	1	
8	Ernest Mckee		Unattached	7:13.44	1	
9	Bill Amadon		Unattached	7:26.69	1	

Men Shot Put 75-79

Finals

	NAME	YR		MARK	-==== H#	WIND
====						
1	William Harvey		Unattached	11.91m	1	
2	John Harper		Unattached	11.30m	1	
3	Thomas Ten Eyck Jr.		Unattached	10.21m	1	
4	Roscoe Googe Jr.		Atlanta Track Club	7.81m	1	
5	Ronald Tilgner		Unattached	6.71m	1	
6	David Marovich		Philadelphia Masters	6.63m	1	
7	James Pearce		Potomac Valley Track Club	6.60m	1	
8	Jerry Bookin-Weiner		Potomac Valley Track Club	6.50m	1	

Women 1500 meter Run 65-84

Finals

===:		======				
	NAME	YR	TEAM	MARK	H#	WIND
===		======				======
1	Debbie Lee		So Cal Track Club	6:30.44	1	
1	Kathryn Martin		Unattached	5:54.19	1	
1	Terry Foody		BLUEgrass Runners	9:30.09	1	
1	Angela Staab		TNT International Racing Club	11:48.72	1	
2	Ivy Bell		Central Park Track Club (CPTC)	6:39.51	1	
2	Norma Hudnall		Atlanta Track Club	7:51.61	1	
2	Kathleen Frable		So Cal Track Club	9:57.05	1	
3	Alda Cossi		Liberty Athletic Club	6:41.09	1	
3	Kathy Jacobs		High Point Athletic Club	9:28.51	1	
4	Susan Loyd		Mass Velocity Track Club	6:43.82	1	
5	Mary Lowe Mayhugh		Potomac Valley Track Club	7:13.57	1	
6	Miriam Paulus		Dayton Track Club	7:13.91	1	
7	Terry Ozell		Atlanta Track Club	7:15.56	1	
8	Trenice Mullis Dubow		Atlanta Track Club	7:54.93	1	
9	Helene Myers		Potomac Valley Track Club	10:16.58	1	

Women Weight Throw 65-74

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
1	Carol Finsrud		Texas Throwers Club	13.82m	1	=			



RESULTS RANKINGS

CAL Upgrade





3	Mary Hartzler	Unattached	10.60m	1
4	Clovis Clark	Atlanta Track Club	10.32m	1
4	Linda Harper	Unattached	7.43m	1
5	Katherine Keg Good	Potomac Valley Track Club	8.01m	1
5	Catherine Bishop	Unattached	5.65m	1
6	Darcy Smith	AZ Desert Throwers	7.27m	1

Women Super Weight 65-74

Finals

	NAME	YR	TEAM	MARK	 H#	WIND
1	Myrle Mensey	====:	Throwing and Growing	10.10m	1	
1	Carol Finsrud		Texas Throwers Club	9.53m	1	
2	Mary Hartzler		Unattached	6.69m	1	
2	Susan Hallen		Chicagoland Masters Athletics	7.93m	1	
3	Catherine Bishop		Unattached	3.78m	1	
3	Ruth Welding		Chicagoland Masters Athletics	7.55m	1	
4	Clovis Clark		Atlanta Track Club	7.20m	1	
5	Katherine Keg Good		Potomac Valley Track Club	5.79m	1	
6	Darcy Smith		AZ Desert Throwers	5.07m	1	

Women 1500 meter Race Walk 25-59

Finals

=:									
	NAME	YR	TEAM	MARK	H#	WIND			
=:	=======================================	=====			======	======			
1	Amanda Prince		Unattached	8:20.99	1				
1	Cher Armstrong		Raleigh Walkers	10:06.04	1				
1	Erin Taylor Talcott		Unattached	8:02.48	1				
1	DaBeth Manns		TNT International Racing Club	14:24.19	1				
1	Donna Habig-Sachleben		World Class Racewalking	10:17.33	1				
1	Flor Chirino-Klevans		Raleigh Walkers	8:52.77	1				
2	Carolyn McAndrews		Unattached	8:22.24	1				
2	Mardi Van Dyke		Unattached	9:26.26	1				
3	Vanessa Stephan		Unattached	10:14.21	1				
3	Rebecca Garson		Raleigh Walkers	10:12.17	1				
4	Caroline Cobb		So Cal Track Club	12:10.43	1				

Men High Jump 65-69

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====	=======================================	=====							
1	Bruce McBarnette		Potomac Valley Track Club	1.55m	1				
2	Kenneth Drollinger		Unattached	1.55m	1				
3	Glenn Irion		Greater Philadelphia TC	1.50m	1				
4	Jackie Allen		So Cal Track Club	1.45m	1				
4	Rodney Atherton		Unattached	1.45m	1				
6	Randy Harris		Unattached	1.40m	1				
7	Kevin McLaughlin		Unattached	1.30m	1				
8	Anthony Markley		Potomac Valley Track Club	1.20m	1				





CAL Upgrade





	NAME	YR	TEAM	MARK	H#	WIND
1	Erin Rock		BLUEgrass Runners	2:34.84	1	
2	Caroline Cobb		So Cal Track Club	2:39.42	1	
3	Diana Crumrine		Unattached	2:45.35	1	
4	Christina Hewins		Unattached	2:46.16	1	
5	Alex Dietrich		So Cal Track Club	3:15.79	1	

Women 1500 meter Run 55-59

Finals

=			=======================================		=====	=======
	NAME	YR	TEAM	MARK	H#	WIND
=						
1	1 Michelle Rohl		Greater Philadelphia TC	4:55.47	1	
2	2 Lisa Veneziano		Pursuit of Excellence Track Cl	5:15.43	1	
3	3 Judy Stobbe		Central Park Track Club (CPTC)	5:19.45	1	
4	4 Roxanne Springer		Pursuit of Excellence Track Cl	5:33.89	1	
5	5 Melissa Chiti		Pursuit of Excellence Track Cl	5:34.43	1	
6	6 Wendy Satterthwaite		Unattached	5:52.70	1	
7	7 Jeanette Swigler		Gulf Winds Track Club	6:15.92	1	
8	8 Kimberly Anderson		TNT International Racing Club	6:22.56	1	
9	9 Sally Corrigan		Unattached	6:42.42	1	
1	10 Sara Grant		BLUEgrass Runners	8:11.55	1	

Women 3000 meter Run 60-89

Finals

====								
	NAME	YR	TEAM	MARK	H#	WIND		
====		=====				======		
1	Mireille Silva		Atlanta Track Club	13:35.31	1			
1	Debbie Lee		So Cal Track Club	13:54.97	1			
1	Kathryn Martin		Unattached	12:49.94	1			
1	Terry Foody		BLUEgrass Runners	20:07.41	1			
2	Cheryl Bellaire		Greater Philadelphia TC	13:56.34	1			
2	Ivy Bell		Central Park Track Club (CPTC)	14:30.97	1			
2	Norma Hudnall		Atlanta Track Club	16:19.11	1			
2	Sally Moyer		Unattached	21:47.62	1			
3	Jan Tefft		So Cal Track Club	13:57.04	1			
3	Mary Lowe Mayhugh		Potomac Valley Track Club	15:07.10	1			
4	Lauren Siegel		Greater Philadelphia TC	14:03.09	1			
4	Miriam Paulus		Dayton Track Club	15:16.02	1			
5	Joanne Shabelski		Potomac Valley Track Club	15:33.64	1			
5	Terry Ozell		Atlanta Track Club	15:56.29	1			
6	Trenice Mullis Dubow		Atlanta Track Club	16:38.60	1			
7	Helene Myers		Potomac Valley Track Club	21:06.22	1			

Women Long Jump 70-94

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====		=====	=======================================	=========	=====				
1	Kay Glynn		Unattached	3.88m	1				
1	Joy Flynn		SC Striders Track Club	2.59m	1				



RESULTS RANKINGS

CAL Upgrade





2	Tami Graf	Potomac Valley Track Club	1.11m	1
3	Norma Hudnall	Atlanta Track Club	2.07m	1
4	Carol Rhodes	Southwest Sprinters Track Club	1.70m	1

Men 60 meter Hurdles 75-79

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		=====		=========					
1	Joe Johnston		Unattached	13.40	1				
2	David Marovich		Philadelphia Masters	25.02	1				

Women Weight Throw 60-64

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====		====:				======			
1	Oneithea Lewis		Shore Athletic Club	16.90m	1				
2	Jan Unruh		Unattached	12.68m	1				
3	Mary Wilkins		Potomac Valley Track Club	12.44m	1				
4	Tamara Alegria-Dybvig		Unattached	11.76m	1				
5	Crystal Carl		Texas Throwers Club	10.16m	1				
6	Linda Kelly		Unattached	7.95m	1				
7	Catherine Popovitch		Greater Philadelphia TC	7.20m	1				
8	Heather Scanlon		Philadelphia Masters	7.06m	1				

Men 1500 meter Run 45-49

Finals

====		====		========		
	NAME	YR	TEAM	MARK	H#	WIND
====				=========		
1	Mike Jackson		Indiana Elite Athletic Club	4:16.53	1	
2	Christopher Hernandez		Genesee Valley Harriers	4:23.15	1	
3	Matthew Richardson		CHT Elite	4:25.52	1	
4	Rick Cahoon Jr.		CHT Elite	4:25.95	1	
5	Jonathan Bishard		Kansas City Smoke	4:26.24	1	
6	Darnell Fitzpatrick		Unattached	4:38.66	1	
7	Matt Van Cleave		CHT Elite	4:46.84	1	
8	Robert Mcrae		So Cal Track Club	5:06.41	1	
9	Jordan Eison		Atlanta Track Club	5:12.19	1	
10	Jerry Robinson		Second City Track Club	5:29.36	1	
11	Radley Green		Unattached	6:05.16	1	

Men Long Jump 75-79

Finals

=====										
	NAME	YR	TEAM	MARK	H#	WIND				
=====										
1	Arthur Parry		Unattached	3.95m	1					
2	Daniel Flynn		Unattached	3.41m	1					
3	Carl Flowers II		So Cal Track Club	3.32m	1					
4	Howard Booth		Ann Arbor Track Club	3.02m	1					



RESULTS RANKINGS

CAL Upgrade

**Q** Search



Robert Weiner

Potomac Valley Track Club

1.84m

9.52m

1

1

Men Triple Jump 60-69 Finals

\_\_\_\_\_\_\_ YR TEAM MARK \_\_\_\_\_\_ Ronald Stallings Elite Xpress Track and Field 1 10.56m 1 1 Glenn Irion Greater Philadelphia TC 9.79m 2 Unattached 9.95m Ronald Humphrey 1 Craig Moeller Unattached 8.71m 2 1 3 Donald Bunker Unattached 9.89m 1 3 Rodney Atherton Unattached 8.57m 1 4 Christopher Smith Unattached 9.89m 1 4 David McLawhorn So Cal Track Club 7.83m 1 5 Marcus Battle Potomac Valley Track Club 9.64m 1

Unattached

Women Triple Jump 75-94

Dwain Hammrich-Romsa

Finals

6

\_\_\_\_\_\_\_ YR TEAM MARK WIND \_\_\_\_\_\_ Joy Flynn SC Striders Track Club 1 6.43m Florence Meiler Sprinticity 4.31m 1 1 TNT International Racing Club 2 Mary Trotto 3.74m 1 2 Christel Donley Unattached 4.24m 1 3 Tami Graf Potomac Valley Track Club 2.89m

Men 1500 meter Race Walk 70-89 Finals

===						======
	NAME	YR	TEAM	MARK	H#	WIND
===		======		==========		======
1	David Eisenberg		Unattached	9:14.20	1	
1	Norman Frable		So Cal Track Club	9:25.87	1	
1	Joel Dubow		Atlanta Track Club	10:07.28	1	
1	Alan Poisner		Unattached	10:48.16	1	
2	Raymond Funkhouser		Unattached	9:18.19	1	
2	Richard Campbell		So Cal Track Club	9:35.24	1	
2	James Veenstra		Unattached	11:17.76	1	
3	Andrew Smith		Unattached	9:56.69	1	
3	Spencer Parrish		Connecticut Racewalkers	12:23.07	1	
4	James Wass		Potomac Valley Track Club	10:31.07	1	
5	John Morrison		Potomac Valley Track Club	10:47.14	1	

Women 800 meter Run 65-69

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
1	Susan Loyd		Mass Velocity Track Club	3:07.03	1				





CAL Upgrade





Trenice Mullis DubowHelene Myers

Atlanta Track Club
Potomac Valley Track Club

3:56.04 5:34.08 1 1

Men 200 meter Dash 90-99

Finals

====	NAME	YR	TEAM	MARK	===== H#	WIND
1	Vance Genzlinger	====:	 Philadelphia Masters	1:35.96	1	======
1	Richard Soller		Unattached	1:33.70	1	

Women Indoor Pentathlon Overall 60-94

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Tina Gallagher		Ireland	========= 2687	1	======
1	Rita Hanscom		SC Striders Track Club	3202	1	
1	Kay Glynn		Unattached	3632	1	
1	Barbara Warren		Capital City Striders, Inc.	1294	1	
1	Florence Meiler		Sprinticity	1647	1	
1	Gloria Krug		Philadelphia Masters	579	1	
2	Jovette Jolicoeur		Canada	2301	1	
2	Claudia Simpson		Greater Philadelphia TC	2194	1	
2	Norma Hudnall		Atlanta Track Club	1449	1	
2	Mary Trotto		TNT International Racing Club	1216	1	
3	Jan Tefft		So Cal Track Club	1442	1	
3	Nicki Branch		So Cal Track Club	1883	1	
4	Donna Zukas		Unattached	771	1	

Men Indoor Pentathlon Overall 60-69 Finals

=									
	NAME	YR	TEAM	MARK	H#	WIND			
1	1 Dwain Hammrich-Romsa		Unattached	3438	1				
1	1 Rodney Atherton		Unattached	3732	1				
2	2 Ronald Humphrey		Unattached	3372	1				
2	2 Eugene Anton		So Cal Track Club	3069	1				
3	3 Anthony Markley		Potomac Valley Track Club	2510	1				
4	4 David McLawhorn		So Cal Track Club	2261	1				
5	5 Kenneth Lacey		Unattached	1890	1				

Women 1500 meter Race Walk 60-79

Finals

=====										
	NAME	YR	TEAM	MARK	H#	WIND				
=====		-====		=========		======				
1	Lori Groom		Unattached	10:14.63	1					
1	Karen Stoyanowski		Sierra Racewalkers	9:20.13	1					
1	Marianne Martino		High Altitude Racewalk Team (H	9:34.58	1					
1	Kathleen Frable		So Cal Track Club	11:03.36	1					





CAI Upgrade





Trenice Mullis Dubow Atlanta Track Club 12:08.14 1
Elizabeth Hancock Philadelphia Masters 13:06.61 1

Men 1500 meter Run 75-104

Finals

	NAME	YR	TEAM	MARK	H#	WIND			
1	Gary Patton		So Cal Track Club	5:44.41	1				
1	Stan Edelson		Shore Athletic Club	7:58.91	1				
1	Colben Sime		So Cal Track Club	10:32.39	1				
1	Vance Genzlinger		Philadelphia Masters	13:53.19	1				
2	Tim Wigger		So Cal Track Club	6:22.25	1				
3	Harold Nolan Jr.		Shore Athletic Club	6:56.19	1				

Men Shot Put 25-49

Finals

=====		====		.=========	=====	=======
	NAME	YR	TEAM	MARK	H#	WIND
=====		====			=====	======
1	Jay Stanley		Unattached	14.91m	1	
1	Chase Carlson		Unattached	10.89m	1	
1	Neil Henning		Unattached	13.84m	1	
1	Michael Scarpa Jr.		Unattached	12.33m	1	
1	Collin Kinsey		Unattached	11.10m	1	
2	Ryan Sugihara		So Cal Track Club	7.15m	1	
2	Tyler Hall		ISSA Flash	7.72m	1	
2	Ikechukwu Nnachi		Unattached	12.63m	1	
2	Michael Greene		So Cal Track Club	9.28m	1	
2	Andy Cantrell		Unattached	9.70m	1	
3	Jamie Ness		Unattached	10.28m	1	
3	Patrick McGinley		Potomac Valley Track Club	8.76m	1	
3	Pawel Wydra		Chicagoland Masters Athletics	7.77m	1	
4	James Wade		Atlanta Track Club	10.26m	1	
4	Amandeep Kular		Unattached	8.66m	1	
4	Francis Shen		Twin Cities Track Club	6.74m	1	

Women Pole Vault 25-69

Finals

	NAME	YR	TEAM	MARK	 H#	WIND
====		=====				======
1	Rita Hanscom		SC Striders Track Club	2.10m	1	
1	Kristen Tarsala		Unattached	3.10m	1	
1	Marie Hamay		Unattached	1.80m	1	
1	Deia Goff		Greater Philadelphia TC	2.27m	1	
1	Helen Croskell		Unattached	2.20m	1	
1	Lynn Larsen		Pursuit of Excellence Track Cl	2.45m	1	
1	Brenda Babits		Vault High Athletics	2.20m	1	
2	Claudia Simpson		Greater Philadelphia TC	1.70m	1	
2	Amanda Pasko		Unattached	2.70m	1	
2	Dawn Behr-Ventura		Atlanta Track Club	2.20m	1	
3	Karen Rieger		Unattached	1.80m	1	











	NAME	YR	TEAM	MARK	H#	WIND
=====	.======================================	=====				
1	Rob Gritzer		Unattached	22.86	1	
2	Curtis Bell		CHT Elite	25.67	1	

Men 3000 meter Run 65-69

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
1	David Westenberg		Greater Lowell Road Runners	10:54.80	1				
2	Timothy Conheady		Greater Philadelphia TC	11:05.92	1				
3	Michael Lebold		Jamul Toads	11:24.54	1				
4	Gary Haga		Greater Philadelphia TC	11:32.72	1				
5	Russell Delap		Unattached	11:33.30	1				
6	George Henehan		Unattached	11:37.61	1				

Men 60 meter Dash 25-29

Finals

====	NAME	YR	TEAM	MARK	-==== H# -====	WIND
1	Tyreek Hill		Unattached	6.70	1	
2	Dainen Brass		Pony Express Track & Field Clu	7.27	1	
3	Brian Burnett II		Dayton Track Club	7.32	1	
4	Curtis Bell		CHT Elite	7.77	1	
5	Ryan Sugihara		So Cal Track Club	7.87	1	

Men 3000 meter Run 40-49

Finals

	NAME	YR	TEAM	MARK	H#	WIND	
===		======		=========		======	
1	Thomas Burns		Indiana Elite Athletic Club	9:03.59	1		
1	Mike Jackson		Indiana Elite Athletic Club	9:00.41	1		
2	Jeremy Ruston		Unattached	9:16.99	1		
2	Jerry Snider		Unattached	9:33.79	1		
3	Scott Wallace		Shadow Project TC	9:38.10	1		
3	Rick Cahoon Jr.		CHT Elite	9:38.44	1		
4	Mike Horan		Unattached	9:46.86	1		
4	Christopher Hernandez		Genesee Valley Harriers	9:38.71	1		
5	Jack Martin		CHT Elite	9:47.32	1		
5	Matthew Richardson		CHT Elite	9:41.23	1		
6	Thomas Agnello		Unattached	10:22.30	1		
6	Matt Van Cleave		CHT Elite	9:54.36	1		
7	Brian Tomanek		CHT Elite	10:46.35	1		
7	Clint Santoro		Unattached	10:36.71	1		
8	Jason Byrne		CHT Elite	11:05.83	1		
8	Jordan Eison		Atlanta Track Club	11:12.03	1		
9	Jerry Robinson		Second City Track Club	12:03.24	1		



RESULTS RANKINGS

Upgrade

1

12:02.90





1	Charles Novak	Unattached	9:45.88	1
2	Mike McManus	Unattached	10:00.87	1
3	Mike Nier	Genesee Valley Harriers	10:27.31	1
4	Dale Flanders	Genesee Valley Harriers	10:33.58	1
5	Scot Ursum	CHT Elite	10:45.17	1
6	Drew Bell	Unattached	11:15.80	1
7	Francis Burdett	Greater Springfield Harriers,	11:29.66	1

Unattached

Women 200 meter Dash 30-34

Daniel Monistere

Finals

8

	NAME	YR	TEAM	MARK	H#	WIND
1	Latasha Dodson		Team Dodson Elite	25.16	1	
2	Keyona Thomas		Unattached	26.94	1	
3	Rasheta Butler		ISAA (International Student At	27.15	1	
4	Breanna Sanner		Unattached	28.25	1	
5	Amber Johnson		Bella N Motion	30.11	1	

Men Long Jump 40-44

Finals

====		=====		==========	======	-======
	NAME	YR	TEAM	MARK	H#	WIND
1	Richard Jones	=====	Mental Wealth Track Club	5.82m	1	
2	Gustavo Montalvo		Venezuela	5.78m	1	
3	Jason James		Unattached	5.53m	1	
4	Curtis Smith Jr.		Potomac Valley Track Club	5.45m	1	
5	Quinton Wilks		Kansas City Smoke	5.10m	1	
6	Christopher McIver II		Elite Xpress Track and Field	5.08m	1	
7	Martez Clark		Unattached	5.01m	1	
8	Ryan Owen		Unattached	4.95m	1	

Men Indoor Pentathlon Overall 70-89 Finals

	====	.================		======	
NAME	YR	TEAM	MARK	H#	WIND
		Unattached	======================================	1	======
Terry Reed		Unattached	1807	1	
William Rhoad		Philadelphia Masters	738	1	
Roger Vergin		Unattached	2252	1	
Larry Vollmer		Unattached	3381	1	
David Marovich		Philadelphia Masters	902	1	
Robert Paulen		Potomac Valley Track Club	2223	1	
Woody Deitrich		Club Northwest	2483	1	
Charles Bishop		Kentucky Elite Athletics	2258	1	
Manuel Barnes		Unattached	1994	1	
	Russell Jacquet-Acea Terry Reed William Rhoad Roger Vergin Larry Vollmer David Marovich Robert Paulen Woody Deitrich Charles Bishop	Russell Jacquet-Acea Terry Reed William Rhoad Roger Vergin Larry Vollmer David Marovich Robert Paulen Woody Deitrich Charles Bishop	Russell Jacquet-Acea Unattached Terry Reed Unattached William Rhoad Philadelphia Masters Roger Vergin Unattached Larry Vollmer Unattached David Marovich Philadelphia Masters Robert Paulen Potomac Valley Track Club Woody Deitrich Club Northwest Charles Bishop Kentucky Elite Athletics	Russell Jacquet-Acea Unattached 3549 Terry Reed Unattached 1807 William Rhoad Philadelphia Masters 738 Roger Vergin Unattached 2252 Larry Vollmer Unattached 3381 David Marovich Philadelphia Masters 902 Robert Paulen Potomac Valley Track Club 2223 Woody Deitrich Club Northwest 2483 Charles Bishop Kentucky Elite Athletics 2258	Russell Jacquet-Acea Unattached 3549 1 Terry Reed Unattached 1807 1 William Rhoad Philadelphia Masters 738 1 Roger Vergin Unattached 2252 1 Larry Vollmer Unattached 3381 1 David Marovich Philadelphia Masters 902 1 Robert Paulen Potomac Valley Track Club 2223 1 Woody Deitrich Club Northwest 2483 1 Charles Bishop Kentucky Elite Athletics 2258 1

Women Pole Vault 70-89



#### RESULTS RANKINGS CAL Upgrade





1	Kay Glynn	Unattached	2.60m	1
1	Nancy Berger	TNT International Racing Club	1.10m	1
1	Florence Meiler	Sprinticity	1.30m	1
2	Carol Rhodes	Southwest Sprinters Track Club	1.20m	1
2	Barbara Warren	Capital City Striders, Inc.	1.00m	1
3	Norma Hudnall	Atlanta Track Club	0.90m	1
3	Mary Trotto	TNT International Racing Club	0.70m	1

Women 60 meter Hurdles 65-89

Finals

====								
	NAME	YR	TEAM	MARK	H#	WIND		
====		=====			=======	======		
1	Donna Zukas		Unattached	28.42	1			
1	Kay Glynn		Unattached	12.09	1			
1	Barbara Warren		Capital City Striders, Inc.	28.20	1			

Men 800 meter Run 35-39

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Sam Sharp		Shadow Project TC	2:00.98	1	
2	Stanley Peyton Jr.		Unattached	2:05.45	1	
3	Hunter Daniel		Prado Racing Team	2:07.87	1	
4	Griffin Bohannon		CHT Elite	2:20.93	1	

Men 60 meter Hurdles 45-49

Finals

=====								
	NAME	YR	TEAM	MARK	H#	WIND		
=====		=====		==========	=====	======		
1	Francis Shen		Twin Cities Track Club	9.33	1			
2	Mark Pan		Unattached	10.30	1			
3	Adam Manning		Unattached	10.60	1			

Women Super Weight 60-64

Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
1	Oneithea Lewis	=====	Shore Athletic Club	11.53m	1				
2	Jan Unruh		Unattached	8.29m	1				
3	Mary Wilkins		Potomac Valley Track Club	8.07m	1				
4	Tamara Alegria-Dybvig		Unattached	7.82m	1				
5	Linda Kelly		Unattached	6.04m	1				
6	Crystal Carl		Texas Throwers Club	5.65m	1				
7	Heather Scanlon		Philadelphia Masters	4.97m	1				

Women Long Jump 60-69 Finals



RESULTS RANKINGS

A<mark>l</mark> Upgrade





1	Mary Kinsman	Unattached	2.18m	1
2	Pamela Callahan	Unattached	3.26m	1
2	Debbie Lee	So Cal Track Club	1.88m	1
3	Elena Pasquill	Unattached	3.00m	1
3	Lynne Funk	Unattached	1.33m	1
4	Jovette Jolicoeur	Canada	2.98m	1
5	Jennifer Jones	SC Striders Track Club	2.90m	1
6	Joanne Shabelski	Potomac Valley Track Club	2.38m	1

Men Pole Vault 80-89

Finals

	NAME	YR	TEAM	MARK	H#	WIND
====		=====		=========		======
1	Don Isett		Unattached	2.40m	1	
1	Robert Arledge		Unattached	1.50m	1	
2	Cook Holliday		Atlanta Track Club	2.10m	1	
3	William Angus		Lake Erie Lightning Track Club	1.90m	1	
4	Robert Southerlan		Unattached	1.60m	1	

Women 400 meter Dash 35-39

Finals

====		======				
	NAME	YR	TEAM	MARK	H#	WIND
====						
1	Sophia Downey		Unattached	1:03.15	1	
2	Ashley Tukes-Karnick		Bella N Motion	1:08.21	1	
3	Kindell Buchanan		Atlanta Track Club	1:32.50	1	

Men Long Jump 45-49

Finals

====					======	=======	
	NAME	YR	TEAM	MARK	H#	WIND	
1	Fernando Senso Castilla			6.21m	1		
2	Tamba Kortequee		Unattached	6.05m	1		
3	Rob Arnold		Unattached	5.33m	1		
4	Carlos Mathews		TNT International Racing Club	5.32m	1		
5	Jonathan Franklin		Unattached	5.21m	1		
6	Francis Shen		Twin Cities Track Club	4.71m	1		
7	Jeff Mabry		Atlanta Track Club	3.49m	1		

Women Indoor Pentathlon #1: 60 Meter Hurdles

Finals

=====	:======================================								
	NAME	YR	TEAM	MARK	H#	WIND			
=====						======			
1	Pamela McCartney		Unattached	10.22	1				
1	Amy Haddad		Joy's Jackrabbits Track Club	10.82	1				
1	Marsha Baird		Unattached	9.75	2				
1	Erycka Fisher		Unattached	10.59	3				
1	Kristen Tarsala		Unattached	11.80	3				





A<mark>l</mark> Upgrade





3	Deia Goff	Greater Philadelphia TC	11.43	2
3	Marie Hamay	Unattached	16.64	2
4	Debra Cane	So Cal Track Club	13.13	2

Women Indoor Pentathlon #2: High Jump Finals

=====	=======================================	=====	=======================================			
	NAME	YR	TEAM	MARK	H#	WIND
=====		====				
1	Kristen Tarsala		Unattached	1.27m	1	
1	Erycka Fisher		Unattached	1.21m	1	
1	Danelle Readinger		Southwest Sprinters Track Club	1.42m	1	
1	Brandi Bernert		Unattached	1.27m	1	
1	Pamela McCartney		Unattached	1.54m	1	
1	Amy Haddad		Joy's Jackrabbits Track Club	1.42m	1	
2	Alex Dietrich		So Cal Track Club	1.18m	1	
2	Marsha Baird		Unattached	1.36m	1	
2	Kristine Longshore		Philadelphia Masters	0.97m	1	
3	Marie Hamay		Unattached	1.00m	1	
3	Deia Goff		Greater Philadelphia TC	1.18m	1	
4	Debra Cane		So Cal Track Club	1.12m	1	

Women Indoor Pentathlon #3: Shot Put Finals

====				=========		
	NAME	YR	TEAM	MARK	H#	WIND
=====				=========		
1	Erycka Fisher		Unattached	9.22m	1	
1	Marie Hamay		Unattached	8.72m	1	
1	Pamela McCartney		Unattached	10.15m	1	
1	Amy Haddad		Joy's Jackrabbits Track Club	8.77m	1	
1	Marsha Baird		Unattached	9.75m	1	
1	Kristen Tarsala		Unattached	7.55m	1	
2	Brandi Bernert		Unattached	7.52m	1	
2	Deia Goff		Greater Philadelphia TC	8.30m	1	
2	Kristine Longshore		Philadelphia Masters	5.22m	1	
3	Danelle Readinger		Southwest Sprinters Track Club	6.50m	1	
3	Alex Dietrich		So Cal Track Club	6.08m	1	
4	Debra Cane		So Cal Track Club	5.49m	1	

Women Indoor Pentathlon #4: Long Jump Finals

=====		=====				
	NAME	YR	TEAM	MARK	H#	WIND
=====						
1	Pamela McCartney		Unattached	4.35m	1	
1	Erycka Fisher		Unattached	4.27m	1	
1	Amy Haddad		Joy's Jackrabbits Track Club	3.76m	1	
1	Brandi Bernert		Unattached	3.47m	1	
1	Kristen Tarsala		Unattached	4.55m	1	
1	Marsha Baird		Unattached	4.76m	1	
2	Danelle Readinger		Southwest Sprinters Track Club	4.25m	1	
2	Kristine Longshore		Philadelphia Masters	2.08m	1	





RANKINGS **RESULTS** 







Women Indoor Pentathlon #5: 800 Meter Run

Finals

=====		====:			=====:	
	NAME	YR	TEAM	MARK	H#	WIND
=====					=====	
1	Alex Dietrich		So Cal Track Club	3:11.63	1	
1	Pamela McCartney		Unattached	3:26.80	1	
1	Amy Haddad		Joy's Jackrabbits Track Club	4:03.98	1	
1	Marsha Baird		Unattached	2:59.04	1	
1	Kristen Tarsala		Unattached	3:11.77	1	
1	Erycka Fisher		Unattached	2:53.27	1	
2	Brandi Bernert		Unattached	3:39.99	1	
2	Danelle Readinger		Southwest Sprinters Track Club	3:05.97	1	
3	Deia Goff		Greater Philadelphia TC	3:13.84	1	
3	Marie Hamay		Unattached	4:05.41	1	
4	Debra Cane		So Cal Track Club	3:44.67	1	

Men Indoor Pentathlon #1: 60 Meter Hurdles

Finals

====		=====				
	NAME	YR	TEAM	MARK	H#	WIND
====		=====		========		
1	Chris Hopkins		Greenville Track Club	11.53	2	
1	Rob Gritzer		Unattached	9.42	2	
1	James Wade		Atlanta Track Club	8.81	2	
1	Kurt Carter		Freedom-Garmin Runners	9.65	1	
1	Curtis Smith Jr.		Potomac Valley Track Club	10.18	1	
2	Scott Johnson		Unattached	10.17	1	
2	Jeffrey Campbell		Unattached	11.08	1	
3	Patrick McGinley		Potomac Valley Track Club	12.32	1	
3	Josh Robbins		Arizona Flames Track Club	10.39	1	
4	Michael Greene		So Cal Track Club	13.18	1	
4	Martin McBride		Unattached	12.78	1	

Men Indoor Pentathlon #2: Long Jump Finals

=====		=====									
	NAME	YR	TEAM	MARK	H#	WIND					
=====		====									
1	James Wade		Atlanta Track Club	5.63m	1						
1	Josh Robbins		Arizona Flames Track Club	5.58m	1						
1	Chris Hopkins		Greenville Track Club	4.69m	1						
1	Curtis Smith Jr.		Potomac Valley Track Club	5.62m	1						
1	Rob Gritzer		Unattached	5.64m	1						
2	Jeffrey Campbell		Unattached	5.07m	1						
2	Tyler Hall		ISSA Flash	2.10m	1						
2	Kurt Carter		Freedom-Garmin Runners	4.96m	1						
3	Patrick McGinley		Potomac Valley Track Club	4.58m	1						
3	Scott Johnson		Unattached	4.89m	1						
4	Michael Greene		So Cal Track Club	3.79m	1						
4	Martin McBride		Unattached	3.75m	1						





CAL Upgrade





	NAME	YR	TEAM	MARK	Н#	WIND
===:						
1	Kurt Carter		Freedom-Garmin Runners	9.84m	1	
1	Jeffrey Campbell		Unattached	8.97m	1	
1	Tyler Hall		ISSA Flash	7.50m	1	
1	Rob Gritzer		Unattached	9.51m	1	
1	James Wade		Atlanta Track Club	10.22m	1	
2	Curtis Smith Jr.		Potomac Valley Track Club	8.62m	1	
2	Scott Johnson		Unattached	9.67m	1	
2	Chris Hopkins		Greenville Track Club	7.48m	1	
3	Patrick McGinley		Potomac Valley Track Club	8.43m	1	
3	Josh Robbins		Arizona Flames Track Club	8.16m	1	
3	Michael Greene		So Cal Track Club	8.43m	1	
4	Martin McBride		Unattached	8.01m	1	

Men Indoor Pentathlon #4: High Jump

Finals

=====	=======================================	=====		==========	=====	=======
	NAME	YR	TEAM	MARK	H#	WIND
=====		=====		=========	=====	======
1	James Wade		Atlanta Track Club	1.51m	1	
1	Kurt Carter		Freedom-Garmin Runners	1.54m	1	
1	Curtis Smith Jr.		Potomac Valley Track Club	1.54m	1	
1	Rob Gritzer		Unattached	1.63m	1	
1	Chris Hopkins		Greenville Track Club	1.48m	1	
2	Scott Johnson		Unattached	1.45m	1	
2	Jeffrey Campbell		Unattached	1.48m	1	
3	Josh Robbins		Arizona Flames Track Club	1.42m	1	
3	Patrick McGinley		Potomac Valley Track Club	1.42m	1	
4	Michael Greene		So Cal Track Club	1.33m	1	

Men Indoor Pentathlon #5: 1000 Meter Run Finals

	NAME	YR	TEAM	MARK	H#	WIND			
=====		=====		=========	=====	======			
1	Chris Hopkins		Greenville Track Club	3:04.73	1				
1	Michael Greene		So Cal Track Club	3:09.48	1				
1	Kurt Carter		Freedom-Garmin Runners	3:19.66	1				
1	Rob Gritzer		Unattached	2:54.97	1				
1	James Wade		Atlanta Track Club	3:11.13	1				
2	Scott Johnson		Unattached	3:38.73	1				
2	Tyler Hall		ISSA Flash	4:08.31	1				
2	Curtis Smith Jr.		Potomac Valley Track Club	3:35.20	1				
3	Jeffrey Campbell		Unattached	3:50.78	1				

Men Indoor Pentathlon #1: 60 Meter Hurdles Finals

=====										
	NAME	YR	TEAM	MARK	H#	WIND				
=====	=======================================	=====	=======================================	=========	=====:	======				
1	Chuck Kruelle		Greater Philadelphia TC	10.40	1					
1	Walé Aka-Bashorun		Greater Philadelphia TC	9.36	2					



RESULTS RANKINGS CAL Upgrade

Q Search



4	Joseph Bachana	Central Park Track Club (CPTC)	12.75	1
4	Dale Young II II	Unattached	12.42	1
5	Hakan Eksi	Unattached	12.63	2
5	Scott Werber	Unattached	15.35	1
6	Jayson Ness	Greater Philadelphia TC	13.20	2

Men Indoor Pentathlon #2: Long Jump

Finals

NAME	YR	TEAM	MARK	H#	WIND
Walé Aka-Bashorun		Greater Philadelphia TC	5.18m	1	
Chris McKinney		Unattached	5.09m	1	
Lee Faulkner		Unattached	4.62m	1	
Chuck Kruelle		Greater Philadelphia TC	4.72m	1	
Scott Werber		Unattached	3.81m	1	
Azikiwe Clark		Unattached	4.47m	1	
John McKenzie		Unattached	3.79m	1	
Jayson Ness		Greater Philadelphia TC	4.10m	1	
Hakan Eksi		Unattached	4.02m	1	
Joseph Bachana		Central Park Track Club (CPTC)	3.39m	1	
Dale Young II II		Unattached	3.63m	1	
	Walé Aka-Bashorun Chris McKinney Lee Faulkner Chuck Kruelle Scott Werber Azikiwe Clark John McKenzie Jayson Ness Hakan Eksi Joseph Bachana	Walé Aka-Bashorun Chris McKinney Lee Faulkner Chuck Kruelle Scott Werber Azikiwe Clark John McKenzie Jayson Ness Hakan Eksi Joseph Bachana	Walé Aka-Bashorun Greater Philadelphia TC Chris McKinney Unattached Lee Faulkner Unattached Chuck Kruelle Greater Philadelphia TC Scott Werber Unattached Azikiwe Clark Unattached John McKenzie Unattached Jayson Ness Greater Philadelphia TC Hakan Eksi Unattached Joseph Bachana Central Park Track Club (CPTC)	Walé Aka-Bashorun Greater Philadelphia TC 5.18m Chris McKinney Unattached 5.09m Lee Faulkner Unattached 4.62m Chuck Kruelle Greater Philadelphia TC 4.72m Scott Werber Unattached 3.81m Azikiwe Clark Unattached 4.47m John McKenzie Unattached 3.79m Jayson Ness Greater Philadelphia TC 4.10m Hakan Eksi Unattached 4.02m Joseph Bachana Central Park Track Club (CPTC) 3.39m	Walé Aka-Bashorun Greater Philadelphia TC 5.18m 1 Chris McKinney Unattached 5.09m 1 Lee Faulkner Unattached 4.62m 1 Chuck Kruelle Greater Philadelphia TC 4.72m 1 Scott Werber Unattached 3.81m 1 Azikiwe Clark Unattached 4.47m 1 John McKenzie Unattached 3.79m 1 Jayson Ness Greater Philadelphia TC 4.10m 1 Hakan Eksi Unattached 4.02m 1 Joseph Bachana Central Park Track Club (CPTC) 3.39m 1

Men Indoor Pentathlon #3: Shot Put Finals

====										
	NAME	YR	TEAM	MARK	H#	WIND				
====					=====					
1	Scott Werber		Unattached	11.33m	1					
1	Walé Aka-Bashorun		Greater Philadelphia TC	11.04m	1					
2	Jayson Ness		Greater Philadelphia TC	10.02m	1					
2	Chris McKinney		Unattached	9.85m	1					
3	Chuck Kruelle		Greater Philadelphia TC	9.38m	1					
3	Lee Faulkner		Unattached	9.19m	1					
4	Joseph Bachana		Central Park Track Club (CPTC)	7.80m	1					
4	Dale Young II II		Unattached	9.13m	1					
5	John McKenzie		Unattached	7.17m	1					
5	Azikiwe Clark		Unattached	9.06m	1					
6	Hakan Eksi		Unattached	8.53m	1					

Men Indoor Pentathlon #4: High Jump Finals

=====									
	NAME	YR	TEAM	MARK	H#	WIND			
=====				=========					
1	Azikiwe Clark		Unattached	1.62m	1				
1	Chris McKinney		Unattached	1.53m	1				
2	Walé Aka-Bashorun		Greater Philadelphia TC	1.53m	1				
2	Chuck Kruelle		Greater Philadelphia TC	1.41m	1				
3	Hakan Eksi		Unattached	1.41m	1				
3	Dale Young II II		Unattached	1.41m	1				
3	Joseph Bachana		Central Park Track Club (CPTC)	1.35m	1				
4	Scott Werber		Unattached	1.29m	1				



RESULTS RANKINGS

CAL Upgrade





Men Indoor Pentathlon #5: 1000 Meter Run

Finals

=====		=====		==========		
	NAME	YR	TEAM	MARK	H#	WIND
=====				=========		
1	Chuck Kruelle		Greater Philadelphia TC	3:12.83	1	
1	Walé Aka-Bashorun		Greater Philadelphia TC	3:20.59	1	
2	Chris McKinney		Unattached	3:22.93	1	
2	Jayson Ness		Greater Philadelphia TC	3:39.74	1	
3	John McKenzie		Unattached	3:53.95	1	
3	Dale Young II II		Unattached	3:42.13	1	
4	Azikiwe Clark		Unattached	3:58.94	1	
4	Joseph Bachana		Central Park Track Club (CPTC)	4:00.90	1	
5	Lee Faulkner		Unattached	3:59.37	1	
5	Scott Werber		Unattached	5:13.48	1	
6	Hakan Eksi		Unattached	4:04.71	1	

Men Indoor Pentathlon #1: 60 Meter Hurdles

Finals

====									
	NAME	YR	TEAM	MARK	H#	WIND			
====:		-====		=========	=====				
1	Rodney Atherton		Unattached	9.85	1				
1	Ronald Humphrey		Unattached	9.91	1				
2	Dwain Hammrich-Romsa		Unattached	10.46	1				
2	Eugene Anton		So Cal Track Club	9.86	1				
3	Anthony Markley		Potomac Valley Track Club	11.78	1				
4	Kenneth Lacey		Unattached	13.04	1				
5	David McLawhorn		So Cal Track Club	13.15	1				

Men Indoor Pentathlon #2: Long Jump Finals

\_\_\_\_\_\_ YR TEAM MARK WIND \_\_\_\_\_\_\_ Rodney Atherton Unattached 4.49m 1 1 1 Dwain Hammrich-Romsa Unattached 4.62m 1 2 Ronald Humphrey Unattached 4.54m 1 Potomac Valley Track Club 2 Anthony Markley 4.10m 3 Eugene Anton So Cal Track Club 3.81m 1 4 David McLawhorn So Cal Track Club 3.77m 5 Kenneth Lacey Unattached 3.08m

Men Indoor Pentathlon #3: Shot Put Finals

\_\_\_\_\_\_

	NAME	YR	TEAM	MARK	H#	WIND
1	 Dwain Hammrich-Romsa		Unattached	10.16m	1	
1	Rodney Atherton		Unattached	10.73m	1	
2	Ronald Humphrey		Unattached	9.14m	1	
2	Eugene Anton		So Cal Track Club	10.28m	1	
3	David McLawhorn		So Cal Track Club	9.16m	1	



RESULTS RANKINGS

CAL Upgrade





Men Indoor Pentathlon #4: High Jump

Finals

====										
	NAME	YR	TEAM	MARK	H#	WIND				
====	=======================================	=====			======					
1	Rodney Atherton		Unattached	1.48m	1					
1	Dwain Hammrich-Romsa		Unattached	1.45m	1					
2	Ronald Humphrey		Unattached	1.36m	1					
2	Eugene Anton		So Cal Track Club	1.36m	1					
3	Anthony Markley		Potomac Valley Track Club	1.24m	1					
3	David McLawhorn		So Cal Track Club	1.24m	1					
5	Kenneth Lacey		Unattached	1.21m	1					

Men Indoor Pentathlon #5: 1000 Meter Run

Finals

====	NAME	YR	TEAM	MARK	H#	WIND
1	Ronald Humphrey	=====	 Unattached	3:29.10	1	======
1	Rodney Atherton		Unattached	4:09.57	1	
2	Dwain Hammrich-Romsa		Unattached	3:32.88	1	
2	Anthony Markley		Potomac Valley Track Club	4:48.82	1	
3	Eugene Anton		So Cal Track Club	4:54.16	1	
4	David McLawhorn		So Cal Track Club	4:55.99	1	
5	Kenneth Lacey		Unattached	5:16.05	1	

Women Indoor Pentathlon #1: 60 Meter Hurdles

Finals

====								
	NAME	YR	TEAM	MARK	H#	WIND		
====						======		
1	Mary Trotto		TNT International Racing Club	24.50	1			
1	Jan Tefft		So Cal Track Club	17.98	2			
1	Rita Hanscom		SC Striders Track Club	12.11	2			
1	Kay Glynn		Unattached	11.88	1			
1	Florence Meiler		Sprinticity	24.67	1			
2	Barbara Warren		Capital City Striders, Inc.	25.35	1			
2	Claudia Simpson		Greater Philadelphia TC	13.47	2			
2	Norma Hudnall		Atlanta Track Club	19.72	1			
3	Nicki Branch		So Cal Track Club	15.11	2			
4	Donna Zukas		Unattached	24.03	2			

Women Indoor Pentathlon #2: High Jump

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Kay Glynn		Unattached	1.19m	1	
1	Barbara Warren		Capital City Striders, Inc.	0.95m	1	
1	Jan Tefft		So Cal Track Club	1.01m	1	
1	Rita Hanscom		SC Striders Track Club	1.19m	1	
1	Florence Meiler		Sprinticity	0.89m	1	
2	Norma Hudnall		Atlanta Track Club	0.86m	1	











Women Indoor Pentathlon #3: Shot Put Finals

=====				==========		
	NAME	YR	TEAM	MARK	H#	WIND
=====						
1	Gloria Krug		Philadelphia Masters	4.47m	1	
1	Florence Meiler		Sprinticity	5.14m	1	
1	Mary Trotto		TNT International Racing Club	7.01m	1	
1	Nicki Branch		So Cal Track Club	7.15m	1	
1	Jan Tefft		So Cal Track Club	4.54m	1	
1	Kay Glynn		Unattached	7.00m	1	
2	Rita Hanscom		SC Striders Track Club	7.11m	1	
2	Barbara Warren		Capital City Striders, Inc.	6.94m	1	
2	Norma Hudnall		Atlanta Track Club	5.34m	1	
3	Claudia Simpson		Greater Philadelphia TC	6.53m	1	
4	Donna Zukas		Unattached	5.67m	1	

Women Indoor Pentathlon #4: Long Jump Finals

===	NAME	===== YR	TEAM	MARK	======: H#	WIND
	NAME 	* Y K ======	1 EAM	MARK	п# ======	MIND
1	Florence Meiler		Sprinticity	1.68m	1	
1	Barbara Warren		Capital City Striders, Inc.	1.98m	1	
1	Gloria Krug		Philadelphia Masters	0.56m	1	
1	Rita Hanscom		SC Striders Track Club	3.43m	1	
1	Kay Glynn		Unattached	3.97m	1	
1	Jan Tefft		So Cal Track Club	2.55m	1	
2	Mary Trotto		TNT International Racing Club	1.77m	1	
2	Norma Hudnall		Atlanta Track Club	1.89m	1	
2	Nicki Branch		So Cal Track Club	2.57m	1	
3	Claudia Simpson		Greater Philadelphia TC	2.36m	1	
4	Donna Zukas		Unattached	1.78m	1	

Women Indoor Pentathlon #5: 800 Meter Run Finals

====		=====		==========	======	
	NAME	YR	TEAM	MARK	H#	WIND
====					=====	
1	Florence Meiler		Sprinticity	6:19.07	1	
1	Mary Trotto		TNT International Racing Club	5:24.36	1	
1	Norma Hudnall		Atlanta Track Club	3:56.57	1	
1	Rita Hanscom		SC Striders Track Club	3:39.84	1	
1	Jan Tefft		So Cal Track Club	3:34.37	1	
2	Nicki Branch		So Cal Track Club	4:30.61	1	
2	Barbara Warren		Capital City Striders, Inc.	7:44.54	1	
2	Kay Glynn		Unattached	4:27.61	1	
3	Claudia Simpson		Greater Philadelphia TC	4:30.80	1	

Men Indoor Pentathlon #1: 60 Meter Hurdles Finals





Upgrade Search



Login

	5 5			
1	Terry Reed	Unattached	19.12	2
1	William Rhoad	Philadelphia Masters	28.66	1
1	Russell Jacquet-Acea	Unattached	10.30	2
2	David Marovich	Philadelphia Masters	22.14	2
2	Robert Paulen	Potomac Valley Track Club	14.27	1
2	Larry Vollmer	Unattached	11.17	2
3	Woody Deitrich	Club Northwest	13.77	2
4	Charles Bishop	Kentucky Elite Athletics	14.30	2
5	Manuel Barnes	Unattached	15.11	2

Men Indoor Pentathlon #2: Long Jump Finals

WIND
=======
=

Men Indoor Pentathlon #3: Shot Put Finals

====	=======================================	====		=========	=====	
	NAME	YR	TEAM	MARK	H#	WIND
====				=========	=====	======
1	Russell Jacquet-Acea		Unattached	9.37m	1	
1	Terry Reed		Unattached	8.52m	1	
1	William Rhoad		Philadelphia Masters	6.42m	1	
1	Roger Vergin		Unattached	7.08m	1	
2	Robert Paulen		Potomac Valley Track Club	6.19m	1	
2	Larry Vollmer		Unattached	9.07m	1	
2	David Marovich		Philadelphia Masters	6.36m	1	
3	Woody Deitrich		Club Northwest	8.53m	1	
4	Manuel Barnes		Unattached	8.34m	1	
5	Charles Bishop		Kentucky Elite Athletics	7.88m	1	

Men Indoor Pentathlon #4: High Jump Finals

===								
	NAME	YR	TEAM	MARK	H#	WIND		
===					=======			
1	Larry Vollmer		Unattached	1.38m	1			
1	Terry Reed		Unattached	1.11m	1			
1	William Rhoad		Philadelphia Masters	0.84m	1			
1	Robert Paulen		Potomac Valley Track Club	1.05m	1			
2	David Marovich		Philadelphia Masters	0.96m	1			
2	Russell Jacquet-Acea		Unattached	1.35m	1			





CAL Upgrade





Men Indoor Pentathlon #5: 1000 Meter Run Finals

===		======			======	
	NAME	YR	TEAM	MARK	H#	WIND
===:	======================================			7.05.00		
1	Robert Paulen		Potomac Valley Track Club	7:05.22	1	
1	Terry Reed		Unattached	5:13.11	1	
1	Manuel Barnes		Unattached	4:02.40	1	
2	Charles Bishop		Kentucky Elite Athletics	4:07.29	1	
2	Roger Vergin		Unattached	7:05.82	1	
3	Russell Jacquet-Acea		Unattached	4:09.02	1	
4	Larry Vollmer		Unattached	4:31.21	1	
5	Woody Deitrich		Club Northwest	5:03.75	1	

#### Men Team Scores

Men Team Scores							
	TEAM	SCORE					
=====							
1	So Cal Track Club	313.5					
2	Potomac Valley Track Club	302					
3	CHT Elite	204					
4	Atlanta Track Club	173					
5	Philadelphia Masters	158					
6	Greater Philadelphia TC	137.5					
7	Shore Athletic Club	92					
8	Houston Elite	82					
9	Genesee Valley Harriers	76					
10	Southwest Sprinters Track Club	63					
10	Dearborn Track Club	63					
12	TNT International Racing Club	59					
13	AZ Desert Throwers	40					
13	SC Striders Track Club	40					
15	Elite Xpress Track and Field	36.5					
16	Shadow Project TC	36					
17	Indiana Elite Athletic Club	34					
18	Raleigh Walkers	32					
19	Dayton Track Club	30					
19	Twilight Throwers	30					
21	Pacific Coast Track Club	26					
22	Centennial State Track Club	25					
23	Twin Cities Track Club	24					
23	Colonial Road Runners	24					
24	Greenville Track Club	24					
26	Mass Velocity Track Club	22					
26	Greater Lowell Road Runners	22					
27	Fleet Feet Louisville	22					
29	ISAA (International Student At	20					
29	Boulder Road Runners	20					
30	Lake Erie Lightning Track Club	20					
32	atk	16					
33	ISSA Flash	15					
33	Jamul Toads	15					
35	Freedom-Garmin Runners	14					
35	Chicagoland Masters Athletics	14					



**RESULTS** 

**RANKINGS** Upgrade Search



	wiiespiit Ma	
40	Prado Racing Team	11
41	Mental Wealth Track Club	11
42	Contra Costa Cheetahs	11
43	Connecticut Racewalkers	11
45	U.S. Air Force	10
45	Eastern Buckeye Track Club	10
46	Central Park Track Club (CPTC)	10
47	Alpha and Omega Athletics	10
48	Ann Arbor Track Club	10
50	Success Performance Track Club	8
50	Garden State Track Club	8
52	United Southern Express Track	7
52	Texas Throwers Club	7
53	U.S. Army	7
55	Moore Elite Track & Field	6
55	Inversion Vault Club	6
56	Spottsville Monsters Track Clu	6
57	Next Level Athletic Club	6
58	Over The Hill TC	6
59	PR Distance Project LLC	6
60	Rocket Man Pole Vault, LLC	6
61	Vault High Athletics	6
63	Kansas City Smoke	5
63	Greater Springfield Harriers,	5
65	BLUEgrass Runners	4
65	Arizona Flames Track Club	4
66	Club Northwest	4
67	TC Running Company	4
69	Capital City Striders, Inc.	3
69	Pittsburgh Pharaoh Hounds	3
70	U.S. Navy	3
71	Kentucky Elite Athletics	3
72	Eastern Kentucky Striders	3
74	Checkers AC	2
74	Reno Tahoe Athletics	2
75	Fast Track Racing Team	2
77	Green Mountain Athletic Associ	1
77	Asheville Running Collective	1
Womer	n Team Scores	
	TEAM	SCORE
1	So Cal Track Club	198
2	Potomac Valley Track Club	188
3	TNT International Racing Club	181
4	Atlanta Track Club	152
5	Central Park Track Club (CPTC)	145
5	Greater Philadelphia TC	145
7	SC Striders Track Club	119
8	Philadelphia Masters	82
9	Southwest Sprinters Track Club	75
10	Sprinticity	70
11	Capital City Striders, Inc.	59
12	Bella N Motion	47
12	BLUEgrass Runners	47
14	Joy's Jackrabbits Track Club	42
15	Mass Velocity Track Club	38



RESULTS RANKINGS

CAL Upgrade





	Milespin Ky	13
19	Texas Throwers Club	30
21	Chicagoland Masters Athletics	29
22	Pursuit of Excellence Track Cl	28
22	High Altitude Racewalk Team (H	28
23	Southwest Ohio TC	28
25	Alpha and Omega Athletics	26
26	ISAA (International Student At	24
26	elitefeats	24
27	Team Dodson Elite	24
28	Shore Athletic Club	24
29	Hudson Valley Flight Club	24
30	Throwing and Growing	24
32	Florida Track Club - SouthEast	22
32	World Class Racewalking	22
33	DC International	22
35	Success Performance Track Club	20
36	LRC Nebraska	16
36	Sierra Racewalkers	16
37	Maximum Quotient Track Club	16
39	High Point Athletic Club	13
40	Three Rivers Racing	12
41	Liberty Athletic Club	10
41	AZ Desert Throwers	10
43	Texas Express TFC	8
43	Vault High Athletics	8
45	Greater Boston Track Club	7
46	Pony Express Track & Field Clu	6
46	Westchester Track Club	6
47	Garden State Track Club	6
49	T.H.E. Track Team	3
50	Gulf Winds Track Club	2
51	Over The Hill TC	1
Com	bined Team Scores	
	TEAM	SCORE
===		
1	So Cal Track Club	511.5
2	Potomac Valley Track Club	490
3	Atlanta Track Club	325
4	Greater Philadelphia TC	282.5
5	TNT International Racing Club	240
5	Philadelphia Masters	240
7	CHT Elite	204
8	SC Striders Track Club	159
9	Central Park Track Club (CPTC)	155
10	Southwest Sprinters Track Club	138
11	Shore Athletic Club	116
12	Houston Elite	82
13	Genesee Valley Harriers	76
14		
	Sprinticity	70
15	Dayton Track Club	70 66
	•	
15	Dayton Track Club	66
15 15	Dayton Track Club Raleigh Walkers Dearborn Track Club Capital City Striders, Inc.	66 66
15 15 17	Dayton Track Club Raleigh Walkers Dearborn Track Club	66 66 63
15 15 17 18	Dayton Track Club Raleigh Walkers Dearborn Track Club Capital City Striders, Inc.	66 66 63 62



RESULTS RANKINGS

CAL Upgrade

Q Search



	mnoopiit EEE	
26	Chicagoland Masters Athletics	43
27	Texas Throwers Club	37
28	Elite Xpress Track and Field	36.5
29	Shadow Project TC	36
29	Alpha and Omega Athletics	36
31	Indiana Elite Athletic Club	34
31	GYS TRACK CLUB	34
33	Twilight Throwers	30
34	Pursuit of Excellence Track Cl	28
34	High Altitude Racewalk Team (H	28
35	Success Performance Track Club	28
36	Southwest Ohio TC	28
38	Pacific Coast Track Club	26
39	elitefeats	24
39	Team Dodson Elite	24
40	Twin Cities Track Club	24
41	Colonial Road Runners	24
42	Hudson Valley Flight Club	24
43	Greenville Track Club	24
44	Throwing and Growing	24
46	Florida Track Club - SouthEast	22
46	Greater Lowell Road Runners	22
47	World Class Racewalking	22
48	DC International	22
49	Fleet Feet Louisville	22
51	Boulder Road Runners	20
51	Lake Erie Lightning Track Club	20
53	Pony Express Track & Field Clu	19
54	LRC Nebraska	16
54	Sierra Racewalkers	16
55	Maximum Quotient Track Club	16
56	atk	16
58	ISSA Flash	15
58	Jamul Toads	15
60	Freedom-Garmin Runners	14
60	Throws & Jumps Coach Florida	14
61	Garden State Track Club	14
62	Vault High Athletics	14
64	High Point Athletic Club	13
65 65	Three Rivers Racing Racewalkers Club of St. Louis	12
65		12
67 67	Prado Racing Team Mental Wealth Track Club	11
67 68		11
68	Contra Costa Cheetahs Connecticut Racewalkers	11 11
69 71	U.S. Air Force	10
71	Eastern Buckeye Track Club	10
72	Liberty Athletic Club	10
73	Ann Arbor Track Club	10
75	Texas Express TFC	8
76	United Southern Express Track	7
76	Over The Hill TC	7
77	Greater Boston Track Club	7
78	U.S. Army	7
80	Moore Elite Track & Field	6
80	Inversion Vault Club	6



RESULTS RANKINGS

CAL Upgrade

Q Search



	-			
85	Rocket Man Pole Vault, LLC	6		
87	Kansas City Smoke	5		
87	Greater Springfield Harriers,	5		
89	Arizona Flames Track Club	4		
89	Club Northwest	4		
90	TC Running Company	4		
92	T.H.E. Track Team	3		
92	Pittsburgh Pharaoh Hounds	3		
93	U.S. Navy	3		
94	Kentucky Elite Athletics	3		
95	Eastern Kentucky Striders	3		
97	Checkers AC	2		
97	Reno Tahoe Athletics	2		
98	Fast Track Racing Team	2		
99	Gulf Winds Track Club	2		
101	Green Mountain Athletic Associ	1		
101	Asheville Running Collective	1		

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