

COME TO CANADA



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VENEZ AU CANADA!

VIENE UD AL CANADA!

KOMMEN SIE NACH KANADA!

TAR GO CEANADA!

VENGA IN CANADA!

PRZYJEZDZAJ DO KANADY!

THIG GU CANADA!

KOM TILL KANADA!

BRIJEDTE DO KANADY!

DEWCH I CANADA!

KOM TIL CANADA!

TULKAA KANADAAN!

YES, COME TO CANADA! FOR...

**THE FIRST
WORLD MASTERS
TRACK & FIELD
CHAMPIONSHIP**

to be held from **AUGUST 11th to AUGUST 17th (inclusive), 1975**

in
TORONTO, ONTARIO, CANADA

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To be held from August 11th to August 16th incl. 1975.

IN

TORONTO

ONTARIO

CANADA

Sanctioned by the Ontario Track and Field Association, an affiliate of the Canadian Track and Field Association under the rules of the International Amateur Athletic Federation and conducted under the joint auspices of the CANADIAN MASTERS INTERNATIONAL TRACK TEAM and THE UNITED STATES MASTERS INTERNATIONAL TRACK TEAM in co-operation with the Canadian National Exhibition.

CMITT President
USMITT Director
Meet Director

Don Farquharson
David Pain
Ken Twigg

Board of Advisers: Elwyn Davies, Ken Hignell, Shaun McQuillan, Bill Cameron, Jim Murphy, Brian Oxley, John Young, Lorne Buck, Max Bacon, Roy Barrand, Dr. Charles Bull, Doug Bennett, Ralph Lang.

Address for all correspondence:

World Masters Track and Field Championships 1975
559 Jarvis Street
Toronto, Ontario, Canada
M4Y 2J1

Circumstances have necessitated a number of changes from the rules outlined earlier in the brochures "Canada Invites You" and "Come to Canada". The following constitute the official rules.

REGULATIONS:

The World Masters Championships will be open to men born on or before August 11th, 1935 and women born on or before August 11th, 1945 who are physically fit. All decisions of the Controlling Committee or other officials appointed by them will be final and all contestants, upon entering, agree to abide by them.

AGE CLASSES:

Events will be contested within 5 year age classes as follows:

CLASS 1A	Men	born	between	Aug. 12th 1930	&	Aug. 11th 1935	incl.
"	1B	Men	"	Aug. 12th 1925	&	Aug. 11th 1930	"
"	2A	"	"	Aug. 12th 1920	&	Aug. 11th 1925	"
"	2B	"	"	Aug. 12th 1915	&	Aug. 11th 1920	"
"	3A	"	"	Aug. 12th 1910	&	Aug. 11th 1915	"
"	3B	"	"	Aug. 12th 1905	&	Aug. 11th 1910	"

In addition there will be a special age class 4 for men born on or before August 11th, 1905. This class may compete in those specific events later described or in other events, compete in class 3B. Competitors may otherwise compete only in their specific age groups.

THE PROGRAM:

The program will comprise:

1. All standard Track and Field events at the Metric measurements except that Classes 2, 3 and 4 will use those specific field implements and heights listed later herein.
2. An internationally scored cross country race.
3. A Marathon Road Race, also internationally scored.

4. A 25 km Road Walk.

SPECIAL EVENTS:

In addition there will be special events for:

a) Women

Class OW born between Aug. 12th 1935 & Aug. 11th 1945 incl.
" 1W " " Aug. 12th 1925 & Aug. 11th 1935 "
" 2W " on or before Aug. 11th 1925

b) Sub-Masters

Class 0 Men born between Aug. 12th 1935 and Aug. 11th 1945 incl.

Events as listed herein.

ACCOMMODATION: PLEASE SEE ATTACHED INFORMATION.

AWARDS:

1. A specially struck quality World Masters medal will be presented to the first three competitors in each event and at each age class: Gold, silver and Bronze respectively.
2. A Certificate of Performance suitable for framing to each finisher.

In relay events each member of each of the first three teams will receive an appropriate medal and additionally 4th, 5th and 6th place finishers in the marathon and cross country events will be awarded medals. Plaques will be presented to scoring members of the first place teams in both cross country and marathon. A large perpetual trophy will be presented to the country declared overall winner of the cross country, and a similar award to the overall winning country in the marathon. These trophies are to be retained by the winners until competed for again at each future World Championship.

ENTRIES:

Must be received by the WORLD MASTERS TRACK & FIELD CHAMPIONSHIPS 1975, 559 Jarvis St., Toronto, Ontario, Canada M4Y 2V1 not later than July 1st, 1975. Confirmation of acceptance will be returned immediately. If Confirmation has not been received by July 15th please cable WORLD MASTERS TRACK & FIELD CHAMPIONSHIPS 1975. This deadline does not apply to relays. Please see information on relays.

ENTRY FEES:

All Master Track and Field events,) \$5.00 first event,
Pentathlon, Cross Country, Marathon) \$3.00 each other event
and Road Walk)

Relays \$10.00 per Team
Women's events \$5.00 first event,
\$3.00 each other event
Sub Masters events \$5.00 first event,
\$3.00 each other event

All entry fees must accompany forms for validation, payable in Canadian dollars to "WORLD MASTERS TRACK AND FIELD CHAMPIONSHIPS 1975".

DOCUMENTATION:

In addition to above entries:

1. all competitors must attach copy (or photocopy) of Birth Certificate.
2. Complete the enclosed accommodation form and return with payment.
3. Complete a Banquet order. See Banquet information.

SOCIAL FUNCTIONS:

A full calendar of social events are planned from Sunday, August 10th onwards. A Gala Awards Banquet will be held on Saturday evening, August 16th. \$6.00 each, athletes & guests.

PERFORMANCE STANDARDS:

There will be no preliminary trials or required statements of performance as previously indicated but the following are suggested as minimum standards the entrants should attain before entering.

	1A	1B	2A	2B	3A	3B	4
100m	13.2	13.7	14.3	15.0	15.8	17.0	18.8
200m	27.5	28.8	30.0	31.5	33.8	36.0	
400m	60.0	62.0	64.5	68.0	74.0	81.0	
800m	2.24.0	2.28.0	2.32.0	2.40.0	2.50.0	3.00.0	
1500m	5.30.0	5.45.0	6.00.0	6.20.0	6.45.0	7.00.0	8.00.0
FL3000m	11.40.0	12.10.0	12.40.0	13.10.0	13.40.0	14.10.0	
5000m	20.00.0	21.00.0	22.00.0	23.00.0	24.30.0	26.30.0	29.00.0
10000m	43.00.0	45.00.0	47.00.0	49.00.0	53.00.0	56.00.0	
SC3000m	13.00.0	14.00.0	15.00.0	16.30.0	18.00.0	19.00.0	
H110m	19.0	19.5	20.0	22.5	25.0	27.5	
cross country	EQUAL TO 10,000 METRE TRACK TIME						

WOMEN- OW as for Men Class 3A; 1W as for Men Class 3B;
2W as for Men Class 4

MARATHON- No standards but should have completed some distance, 25 km or more in past 6 months.

OTHER EVENTS- No standards suggested.

EQUIPMENT:

CLASS	JAVELIN	SHOT	HAMMER	DISCUS	HURDLES	
					110m	440m
1A & 1B	800 g	7.257 kg	7.257 kg	2 kg	99.6cm	91.4cm
	11b 12.218 oz.	16 lbs.	16 lbs.	4 lbs	39in.	35in.
2A & 2B	800 g	5.443 kg	7.257 kg	1.6 kg	91.4cm	84.0cm
		12 lbs.		3lbs9oz.	35in.	33in.
3A,3B	800 g	5.443 kg	5.443 kg	1.6 kg	84.0cm	76.2cm
			12 lbs.		33in.	30in.

Certified throwing equipment will be provided. Those competitors wishing to use their own equipment may do so but must have it certified by the Technical Director before competition. Metric Weight/Height will be the official measurements. Bracketed, Avoir-du-pois and English measurements are for information only.

PLANNED COMPETITION SCHEDULE (subject to change if necessary):

Tuesday, August 12th, 1975. ETOBICOKE STADIUM, TORONTO

PENTATHLON - CLASSES 1A, 1B, 2A, 2B, 3A, 3B.

comprises:

Discus, Long Jump, 200 metres, Javelin, 1500 metres.

9.00 a.m. Classes 2B, 3A, 3B

1.00 p.m. Classes 1A, 1B, 2A

Tuesday, August 12th, 1975. SUNNYBROOK PARK, TORONTO

6.00 p.m. Classes 1A, 1B, 2A, 2B, 3A, 3B and 4
10,000 metres Cross Country Race two 5000 metre loops
TO BE RUN IN THREE SECTIONS

Wednesday, August 13th, 1975. ETOBICOKE STADIUM, TORONTO

5.30 P.M. OPENING CEREMONIES ALL CLASSES

6.00 p.m.	100 metres	Heats	All Classes	High Jump
				1A,1B,2A
	110 metres	Hurdles	All Classes	
	3000 metres (flat)		1st Section	
	100 metres	semi-final	All Classes	Discus
	3000 metres (flat)		2nd Section	
	5000 metres	Walk	All Classes	
	400 metres	Heats	All Classes	
	3000 metres (flat)		3rd Section	

Thursday, August 14th, 1975. ETOBICOKE STADIUM, TORONTO

6.00 p.m. 10000 metres Classes 2A, 2B, 3A, 3B
800 metres Semi-Final Divided as necessary
800 metres Semi-Final

Thursday, August 14th, 1975 continued

10000 metres		Classes 1A & 1B slower than selected time to be announced- possibly 35 minutes.
800 metres	Semi-Final	
800 metres	Semi-Final	
10000 metres		Classes 1A & 1B-Fast Times
800 metres	Semi-Final	Pole Vault- all classes
800 metres	Semi-Final	High Jump 2B 3A 3B
10000 metres		Sub Masters
		Shot Put- all classes

Friday, August 15th, 1975

ETOBICOKE STADIUM, TORONTO

6.00 p.m.	400 metres	Hurdles	Final- all classes
	200 metres	Heats	All Classes
	800 metres		Final- All Classes
	3000 metres	S/C	Final- 1st Section
			Long Jump- All Classes
	200 metres		Semi-Final- All Classes
	3000 metres	S/C	Final- 2nd Section
			Javelin- All Classes
	100 metres		Final- All Classes
	3000 metres	S/C	Final- 3rd Section
	400 metres		Semi-Final- All Classes
	1500 metres	Heats	All Classes

Saturday, August 16th, 1975 CANADIAN NATIONAL EXHIBITION STADIUM, TORONTO

7.00 a.m. Marathon Race- 26 miles 385 yards (42,195 metres)

9.00 a.m. ETOBICOKE STADIUM, TORONTO

25 km Road Walk

100 p.m. 200 metres Finals

5000 metres Finals- Classes 3A, 3B, 4, & Women

ENTRY FORM

TO: WORLD MASTERS TRACK AND FIELD CHAMPIONSHIPS 1975
 C/O Sport Ontario
 559 Jarvis Street
 Toronto, Ontario, Canada
 M4Y 2J]

Please accept this as my entry to the above championships.

WAIVER CLAUSE:

In consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators and assigns (hereinafter referred to as the "contestant") do hereby remise, release and forever discharge the World Masters Track & Field Championships 1975, the Canadian Masters International Track Team, the U.S. Masters Track Team and the Canadian National Exhibition Association, its agents, principals, successors and assigns and any other persons, firms, associations or bodies corporate, participating in or connected with this competition (hereinafter referred to as the "Championships") of and from all manner of actions, causes of actions, claims or demands which against the Championships, I, the contestant, ever had, now have, or can, shall or may hereafter have, for or by reason of entering this competition, or for any loss, damage or injury sustained by the contestant, or in respect of the loss of any equipment used by the contestant during this competition. I understand that I am entering extremely rigorous competition and have accordingly trained and conditioned myself diligently for the events I have entered. I am unaware of any physical or conditioning deficiency which could cause me to be injured in competition. As a condition of accepting my entry, I grant the right of the sponsors of the Championships to require me to submit to a physical examination before or during the event, and agree that the decision of the sponsors (or their agents) as to my qualifications to compete shall be final. I further certify that the information I have set forth in my entry is true and correct.

signed _____
 (signature)

I wish to enter:

- | | | | |
|------------------------------------|-----------------------------------|-------------------------------------|------------------------------------|
| <input type="radio"/> 100 metres | <input type="radio"/> 110 m.H. | <input type="radio"/> Javelin | <input type="radio"/> Ladies 100m |
| <input type="radio"/> 200 metres | <input type="radio"/> 400 m.H. | <input type="radio"/> Long Jump | <input type="radio"/> Ladies 400m |
| <input type="radio"/> 400 metres | <input type="radio"/> 3000 mS/C | <input type="radio"/> High Jump | <input type="radio"/> Ladies 1500m |
| <input type="radio"/> 800 metres | <input type="radio"/> Pentathlon | <input type="radio"/> Triple Jump | <input type="radio"/> Ladies 5000m |
| <input type="radio"/> 1500 metres | <input type="radio"/> 5000 m Walk | <input type="radio"/> Pole Vault | |
| <input type="radio"/> 3000 metres | <input type="radio"/> Shot | <input type="radio"/> Marathon | |
| <input type="radio"/> 5000 metres | <input type="radio"/> Hammer | <input type="radio"/> 25 km Walk | |
| <input type="radio"/> 10000 metres | <input type="radio"/> Discus | <input type="radio"/> Cross Country | |
| | | 10000 metres | |

ENTRIES may be made to the relay events by National Teams and entries paid thereon at the meet at a time to be later published.

NAME.....(please print)

ADDRESS.....
NO. STREET CITY

.....
PROVINCE OR STATE COUNTRY POSTAL CODE Phone No.

DATE OF BIRTH.....CLASS.....
DAY MONTH YEAR

BEST RECENT TIMES(competition times only)

1974 time & event.....

1975 time & event.....

NOTE: closing date for entry is July 1st 1975. signed.....

NO exceptions- send airmail (signature)

PLEASE SEND CHEQUE OR MONEY ORDER PAYABLE WITHOUT CHARGE IN CANADIAN DOLLARS TO "WORLD MASTERS TRACK & FIELD CHAMPIONSHIPS 1975". REFUNDS WILL BE MADE FOR CANCELLATION UP TO TUESDAY JULY 1st 1975. PLEASE DO NOT SEND CASH.

I ENCLOSE:	
for entry fees	OFFICIAL USE ONLY
for accommodation	
for Banquet \$6 each.....	AMOUNT REC'D.....
TOTAL ENCLOSED	CHEQUE/MONEY ORDER

ARRIVAL DATA:

I will be coming to Toronto by AIR/TRAIN/BUS/CAR/(circle one)

TIME & DATE OF ARRIVAL.....

AIRLINE & FLIGHT NUMBER.....(or organizer's

DATE OF DEPARTURE FROM TORONTO..... name)

NAME.....SEX.....
surname first name

ADDRESS.....
NO. STREET CITY PROV./STATE COUNTRY CODE

ACCOMMODATION REGISTRATION FORM- UNIVERSITY OF TORONTO:

TYPE OF ACCOMMODATION:

1. SINGLE ROOM, SINGLE BED. New College if available
 Other Colleges
2. Double room, twin beds New College if available
 Other Colleges

If family members are accompanying you, please indicate numbers, ages and sex.....

If you would like to share accommodation with a specific person, please indicate: Yes..... No.....

Name of Room companion:.....
(in a double room with twin beds)

Are you willing to share accommodation in a double room with twin beds due to a shortage of rooms? Yes..... No.....

MAILING CHECKLIST:

HAVE YOU SENT YOUR:

1. Entry Form
2. Arrival Data
3. Accommodation form (if staying at U of T)
4. Photocopy of Birth Certificate
5. Indicated numbers for Banquet
6. Payment for Entry, Accommodation and Banquet
7. Signed Waiver Clause

Saturday, August 16th, 1975, continued

1500 metres Final- Class 1A
5000 metres Final-Classes 2A & 2B
1500 metres Final- Class 1B
400 metres Finals
5000 metres Final- Classes 1A & 1B- Slower than
selected time- to be announced
possibly 16 minutes
1500 metres Final- Classes 2A & 2B
5000 metres Final- Classes 1A & 1B- Fast times
1500 metres Final- Classes 3A, 3B, 4 & Women
4 x 100 metres National Relays
4 x 400 metres National Relays
4 x 400 metres Special National Relays

CLOSING CEREMONIES

8.00 p.m. BANQUET MOSS PARK ARMOURIES TORONTO
Queen St. E. at Jarvis St.

ACCOMMODATION & FOOD:

Toronto is a bustling, progressive and prosperous city with a population of about 2,250,000. Its reputation of being one of North America's most culturally diverse and exciting cities is due in large part to a massive influx in recent years of immigrants from throughout the world. It is also considered one of the safest large cities in North America with a relatively low crime rate.

Toronto's many restaurants, shops, boutiques and cinemas cater to international tastes; its theatres, concert halls, museum, art galleries, Science Centre and Planetarium provide a constant source of interest and variety to visitors and residents alike. Recently, one of the world's most modern and comprehensive zoos opened in the northeast suburbs.

Many of these facilities are readily accessible from the St. George Campus of the University of Toronto where we anticipate a large majority of competitors and their families will be housed during the championships. The St. George Campus is a large, well-planned complex and it is interesting to note that the U of T is Canada's largest university with a total population of about 27,000 full-time, and 14,000 part-time students during the university term.

The registration form for accommodation is attached. Arrangements have been made with the University of Toronto (U of T) for accommodation and food facilities at moderate cost for approximately 2,000 persons in residences on the St. George Campus. There is a potential for additional accommodation in the event of an overflow at college residences adjacent to the campus, but their locations may not be as advantageous geographically. We therefore recommend early reservations for the most satisfactory accommodation.

Information on medium and high-priced hotel accommodation located in mid-town with easy access by car, bus or subway to all points of interest is included. There are low-cost rooms available in so-called "hotels", but they are not recommended, since most of them are of an unsavoury character and in any case not in the vicinity of the St. George Campus. For those who wish to be located close to Etobicoke Stadium in the west

end near the airport we include similar data, but transportation is the responsibility of the individual. As explained under transportation plans there will be a regular private bus service between the U of T and Etobicoke Stadium. All accommodation required outside the U of T facilities is the responsibility of the individuals concerned. There are 20,000 beds in Toronto's hotels but they are in critically short supply in August and it is recommended that early reservations be made.

Trailer and camping facilities are located at a considerable distance from the St. George Campus. For information, write to: Information Officer, Convention and Tourist Bureau, 85 Richmond St. W., Suite 300, Toronto, Ontario, Canada.

The reservations on the St. George Campus may be made from Monday August 11th to Sunday August 17th, inclusive. There is some accommodation available prior to August 11th, but none after Monday August 18th at 9 a.m.

ACCOMMODATION RATES:

University of Toronto, St. George Campus.

	<u>Single room, single bed</u>	<u>Double room, twin beds</u>
New College (Air conditioned)	Daily per person-\$10.00 Weekly per person-\$55.00	Daily per person-\$8.00 Weekly per " -\$44.00
Other Colleges (not air conditioned)	Daily per person-\$9.00 Weekly per person-\$49.00	Daily per person-\$7.00 Weekly per " -\$38.00

All quotations are in Canadian funds. The 7% Province of Ontario Sales Tax is additional. Full payment must be submitted with the registration form attached. Cancellations without penalty may be made up to July 1st 1975. Receipts will be issued for funds paid and reservations will be confirmed. Make cheques and money orders out to World Masters Track and Field Championships 1975.

All rates quoted include linen, blankets, towel, room-cleaning service, and use of residence facilities. Bathrooms are conveniently located on all floors. Lounge space for team meetings is available as are pay telephones and coin-operated laundry facilities. All bedrooms can be locked, and each occupant will be supplied with a key.

The resident staff are on duty to assign rooms and assist with other questions and problems. The University cannot provide accommodation for children below the age of 16.

For emergencies the University Control Centre may be called at 928-2222 for immediate assistance on a 24-hour basis for fire, medical or other emergencies. A campus map will be supplied with confirmations and will show the principal buildings and points of interest.

Hart House will have gymnasias, indoor track, pool, showers and lounges available. Varsity Stadium on the St. George Campus is also available for training purposes. Each residence provides reception desk service for extended hours.

Meals may be purchased in conveniently-located university cafeterias at moderate prices on an a la carte basis. The estimated cost of three full-course meals per day will be \$6.00 which may be subject to change due to cost fluctuations. This system has proved to be popular with visitors, who often wish to buy some of their meals elsewhere during their visits to the city.

Teams or national groups who decide to stay at the St. George Campus may prefer to stay together at the same residence. If so, please advise with approximate number, breakdown of types of accommodation (i.e. married couples, singles, and those who are willing to share double room facilities) and every effort will be made to meet your request.

Hotel accommodation is available in the vicinity of St. George Campus. You should make your own arrangements directly. The following hotels are suggested:

Hyatt Regency, 21 Avenue Rd., Toronto. Rooms: 540. Excellent. Single from \$33.00 to \$40.00. Double from \$40.00 to \$47.00. Children under 12 free with accompanying adult.

Park Plaza, 4 Avenue Rd., Toronto. Rooms: 350. A little older, but also excellent. Single from \$30.00. Double from \$37.00. Children under 14 free with accompanying adult.

Windsor Arms, 22 St. Thomas St., Toronto. Rooms: 82. Each room different. Old and elegant. Single from \$24.00. Double from \$30.00.

Waldorf-Astoria Apartment Hotel, 88 Charles St. E., Toronto. May be a good bet for families. Units: 127. Bachelor apartments from \$18.00. Studios from \$21.00. One bedroom suites accommodating 4-6 persons from \$24.00. All units have kitchenettes. Lower weekly rates are available. This hotel is approximately one-half mile from St. George Campus but bus and subway facilities are excellent.

The Anndore Hotel, 15 Charles St. E., Toronto is a good hotel of 120 rooms and children under 12 are free with accompanying adult. Single \$20.00. Double \$24.00.

If hotel accommodation is preferred at more moderate cost we would suggest the following downtown good-quality commercial hotels, with easy access (approximately 15 minutes) by subway to the St. George Campus:

Lord Simcoe, 150 King St. W., Toronto. Rooms: 750. Single from \$19.50. Double from \$25.50.

King Edward-Sheraton Hotel, 37 King St. E., Toronto. Rooms: 768. Single from \$19.50. Double from \$25.50.

High-priced downtown accommodation is obtainable at the excellent Four Seasons Sheraton Hotel, 123 Queen St. W., Toronto. Rooms: 1,466. Single, \$29.00, \$35.00 and \$37.00. Double, \$39.00 and \$47.00.

Hotel accommodation in the vicinity of the airport in the west end, and approximately 3 to 4 miles from Etobicoke Stadium:

Cambridge Hotel, 600 Dixon Rd., Rexdale, Ontario. Rooms: 200. Single from \$17.50. Double from \$22.50.

Constellation, 900 Dixon Rd., Rexdale Ontario. Rooms: 600.

Constellation cont'd

single from \$21.00. Double from \$27.00.

Airport Holiday Inn, 970 Dixon Rd., Rexdale, Ontario.
Rooms: 363. Single from \$23.50. Double from \$29.00.

Skyline Hotel, 655 Dixon Rd., Rexdale, Ontario. Rooms: 800
Single from \$22.50. Double from \$28.50.

Most of the airport hotels have special family rates or rates for three to a room at more reasonable prices. Most have good to excellent restaurant services and entertainment. All Toronto Hotel prices quoted are minimum and subject to seasonal change. The 7% Ontario Sales Tax is additional. Please note these rates are of January 1975, and may escalate by August 1975.

NATIONAL & AREA ORGANIZERS:

Whilst we welcome direct queries to the World Masters Track & Field Association 1975, the following organizers have information and entry forms concerning the meet. In addition, they have, in many cases, organized flights and other National team arrangements. We suggest you contact your listed representative for this assistance as soon as possible.

AUSTRALIA: Wal Sheppard, 148 Manningham Rd., Bulleen,
Victoria 3105

BELGIUM: (Flanders) Jacques Serruys, Engelendalelaan 25,
8310 Bruges
(Walloon) Alex Audiart, Avenue Albert 1, 7130 Binche

ENGLAND: Jack Fitzgerald, 6 Tyers House, Aldrington Rd.,
London SW16 ph. 01-677-1303
Norman Ashcroft, 12 Davids Ave., Lane Ends,
Warrington, Lancs.

GERMANY: Willi Haman, D 506, Bensberg-Frankenhorst,
Salamanderweg #11, West Germany

NEW ZEALAND: Clem Green, 46 Hargreaves St., Wellington 2

NORTHERN IRELAND: E. Johnston, 126 Ballygomartin Rd.,
Belfast 13-3NE

REPUBLIC OF IRELAND: Noel Henry, c/o Northern Bank House,
Drumshanbo, Co. Leitrim

SCOTLAND: Walter Ross, 10 Thornley Ave., Glasgow W3

SOUTH AFRICA: Leon Hacker, 28 Bristol Rd., Saxonwold,
Johannesburg

SWEDEN: David Scott, Svenska Frisksportförbundet,
Karlbergsvägen 14 113 27 Stockholm

UNITED STATES: (west) David Pain, 1160 Via Espana, La Jolla
California 92037

UNITED STATES: (cont'd)
(east) Bob Fine, 11 Park Place, New York,
N.Y. 10007

CANADA: (west) Ken Richardson c/o Cramond Tours Ltd.,
4156 E. Hastings, Burnaby 2, B.C.
(Quebec) Mrs. Terry Lalonde, 13263 Acadie St.,
Pierrefonds, P.Q.
(Maritimes) Capt. Roger LeFrank, C.F.B. Cornwallis,
Nova Scotia

YUGOSLAVIA: Nikola Turk, Oour Turisticka Agencija Zagreb,
41000 Zagreb, Pothodnik, Glavni kolodvor, 413-025