

Regional Track & Field Championships

WAVA

WORLD ASSOCIATION OF VETERAN ATHLETICS

GAMES

**NATIONAL
STADIUM**

P.O.S. TRINIDAD

A U G U S T
23-26 1990



PRESIDENT'S MESSAGE

It affords me the privilege on behalf of the Trinidad and Tobago Amateur Masters Athletic Association to firstly extend a very cordial welcome to our Special Guests and every participant and spectator to The North American Regional Track and Field Championships 1990. Secondly, I will like to extend our sincere thanks and appreciation to our many sponsors for making the Championship a reality.

Your contributions enhances the quality performances which today is the forerunner to our (W.A.V.A.) International Regional Veteran Championship to be here in August from 23rd to 26th 1990.

The story of our local Veterans Association began from the grass root, with middle age men and women striving to relived their enjoyment of good health and physical fitness. The past eight (8) years we have grown to international standards, being known and respected by bigger countries around the world.

The valuable experiences and exposure gained by us veterans shall never grow old or be forgotten. Indeed by the time this championship should have come to an end. Trinidad and Tobago would have witnessed for the first time the superb performances of our veterans in their various age groupings.

To all competing masters, winning is not all that matters but the experience of having participated.

Once again I want to thank our Sponsors, the Mayor, the Hon. Minister of Sports, Officials, Spectators and Competitors for their involvement and look forward to a day of keen competition.

ZENO CONSTANCE
President
T. & T. M. A.

CHAIRMAN'S MESSAGE

I must confess that having regard to the recently unfortunate occurrences in the country, the fact that these Championships are actually being staged is as much a surprise to us on the Organizing Committee who worked assiduously to bring it off, as to you the public and participants.

As with all first time hosts, Trinidad and Tobago has had its fair share of problems in organizing the event even before the frightening disturbances and in spite of these difficulties, I am pleased to commend the members of the Organizing Committee and the voluntary helpers on their excellent efforts to ensure the successful staging of these games.

Apart from Hotel Normandie Ltd. which was involved since the inception of the project in August, 1989, I am proud to record that we have had the unstinting support of our North American Regional representatives both technically and morally particularly during the crisis; for this we are truly grateful and I venture to state that the success I anticipate these Championships to be even in this adverse economic climate, is in some measure due to their encouraging influence and also the support of some sections of our local corporate citizenry and our Ministry of Sport.

On behalf of the Trinidad and Tobago Amateur Masters Athletic Association, I am to convey sincere thanks and appreciation to all those concerned including competitors both local and foreign, without whose presence there would be no games, may I congratulate you all - already you are winners.

Special thanks are in order for the media and the foreign based athletes who have supported our efforts in spite of it all.

Finally in extending a hearty welcome to all participants whether Committee members, workers, supporters, donors or competitors, I wish to express the fervent hope that hand in hand we will make this world a better place in which to live.

PAUL A. REGIS
Chairman - Organising Committee
World Association of Veteran Athletes
North American Regional Track & Field Championships 1990

W.A.V.A REGIONAL VETERANS GAMES

Port of Spain, Trinidad

August 23 - 26 1990

NATIONAL STADIUM - 9:00 a.m.

Organising Committee of the North American Regional Track and Field Championships of the World Association of Veteran Athletes:

Paul Regis (Chairman)	Zeno Constance
Hasely Crawford	Wilton Jackson
Alma Thompson (Mrs)	Christopher Chin Lee
Lystra Lewis (Mrs)	Peter Ping Foon (Secretary)

Officers of the Trinidad and Tobago Amateur Masters Athletic Association:

President	-	Mr. Zeno Constance
Vice President	-	Mr. Carl Douglas
Hon. Secretary	-	Miss. Monica Tang Wing
Asst. Secretary	-	Mrs. Nysasha John William
Treasurer	-	Mrs. Irma Riley
Public Relation Officer	-	Mr. Stephen Staniclaus
Technical Manager	-	Mr. Wilton Jackson
Field Referee	-	Mr. Harold Bertrand
Games Co-ordinator	-	Mr. Levi Modeste
Track Referee	-	Mr. Douglas Barzey
Jury of Appeal	-	1. Garrick Adams; 2. Basil Thompson

Games Officials:

Technical Director	-	Wilton Jackson
Field Referee	-	Harold Bertrand
Track Referee	-	Douglas Barzey
Cordinator	-	Levi Modeste
Jury of Appeal	-	Basil-Thompson, Garick Adams

Track Judges

Alexander Smith; Guy Ottley
Carolyn Forde; Gladwyn Nibbs
Howard Spencer; Michael Thompson
George Bain; Franklyn Phillips
Andrew Marin; Knolly Wyatt

Time Keepers

Emery Forde; Selwyn Dowrich
Guy Missiah; Ralph Layne
Ronald Bynoe; Horace Hart
William Georges; Andrew Sherwood

FIELD JUDGES

Discus & Javelin

Hubert Maingot
Lucille Hanson
Manuel Joseph
Basil Andrews
Donna Morris
Errol Forbes

Shotput & Hammer

James Dedier
Janice Pryce
Kerwin Creese
Yvonne Burnett
Allister Joseph

Long & Tripple Jump

Gunness Persad
Evan Valdeo
Hasset Wright
Marilyn Toussaint
Elton Phillips
Curtis James

High Jump & Pole Vault

Jerome Hamilton
 Denzil Walker
 Karen Hillaire
 Clare Woodley
 Curt Thompson
 David Walker
 Patricia Whittington

Starters

Carlton Little
 Ralph Lewis
 David Cumberbatch
 Percy Wilson

Marks Men

Richard Ross
 Claudius Charles

Track Umpires - Hurdle Attendant

Clyde Forde
 Frankie Francis
 Robin Bereton
 Ronald Browne
 Anthony Julien

Winston James
 Wendall Snaggs
 Daren Francis
 Orlando Pyle
 Vanessa Lezama

Linda Charles
 Kenny Bermudez
 Brent Fortune
 Sean Rivas

Walking Judges

Bob Fine; Gloria Fine
 Eric Pierre
 Roderick Noel
 Von Du Font
 John Ashe

Recorders

Maxine Tang Wing; Joan McCollin; Leone Gellineau;
 Lenore Scott; Monica Tang Wing; Suzanne Gellineau;
 Helen Williams; Mysha John Williams; Terrence Phillips;
 Shaista Raman; Ermine Williams; Ann-Marie Achille;
 Ingrid Emmanuel; Judy Gill; Garvin Joseph

Announcers

Al Sheahen
 Brij Parasnath
 Winston Lewis

Arena Marshalls

Terrence Jarvis
 Burt Taylor
 Garick Marcelin

Equipment Marshalls

Clayton Williams
 Harold Phillip
 Dwight Stoute

Athlete Marshalls

Shirley Hive; Kelvin Roberts
 Brian Riley; Andre McBurnie
 Krista Francis; Jacquelin Crawford
 Monica Chapman; David Sydney
 Courtney Boxhill; Ingrid Goddard

Runners

Roger Riley; Brian Courtney
 Gerad Bobb; Karen Newton
 Gary Joseph, Wren Riley
 Clevon Trim; Marcia Baptiste

Prize Stewards

Alvin Anderson; Patricia Bobb
 Rhonda McCollin; Lue Ransome

Wind Gauge Operators

Leroy Richardson
 Archibald Cupidore

Gate Attendant

Claudius Tyson; Wilton West
 Suzette Tyson; Simiso MGuni
 Cynthia James; Alston Daniel;
 Martin Prime

Lap Scorers

Michael Mann
 Curwin Callender

TRINIDAD AND TOBAGO AMATEUR MASTERS ATHLETIC ASSOCIATION**The Oath of the Athletes****WE DECLARE:-**

That we will take part in this (Wava) North American Regional Championship,
 in the Spirit of true sportsmanship recognising the rules which govern them and
 desirous of participating in them, for the honour of our countries and for the glory
 of sport.

Competitors For Each Event

5022 STEINFELD, FRANCES 52 CANADA
6016 LUCESS, LYNETTE 62 T & T

300 METRES HURDLES

6017 PETERSON, PATRICIA 64 U.S.A.

400 METRES FLAT

3025 HERNANDEZ, BEA 30 ARUBA
3026 GUERRA BETZAIDA 31 VENEZUELA
3006 JACOB, WENDY 33 T & T
3007 ASHFORD, ELIZABETH 34 T & T
3008 MC KENNA (REYES), CHERYL 34 T & T

3518 REYES, MIRIAM 35 VENEZUELA
3526 THOMPSON, IRENE 36 U.S.A.
3512 DRUMGOLE, DONNIS 39 U.S.A.
3527 PINERO, MARIANELA 39 VENEZUELA

4021 MC BLAIN, LIZ 42 CANADA
4022 SMITH JOHNSON, JUNE 42 T & T
4024 PINTO, JENNIFER VERO 42 U.S.A.
4025 RASCHKEN, PHIL 43 U.S.A.

4521 MAC DONALD, JOY 49 U.S.A.

5025 TANG WING, MONICA 54 T & T

5520 GARCIA DE SCHULZ, JOSEFINA 56 VENEZUELA

6017 PETERSON, PATRICIA 64 U.S.A.
6510 NORCKAUER, MARY ELIZABETH 65 U.S.A.
6500 CALDERON, MARIA 66 VENEZUELA
6512 BRECHBUEHL, DORLY 66 CANADA
6515 PEEBLES, CAROL 69 U.S.A.

400 METRES HURDLES

4020 CASSANDRA CLARKE 42 U.S.A.
4021 MC BLAIN, LIZ 42 CANADA
4022 SMITH JOHNSON, JUNE 42 T & T

5 KM WALK (TRACK)

4027 SEDLAK, VIISHA 41 U.S.A.
4527 CASHMAN, STELLA FRANCI 48 U.S.A.
6018 ROWLAND, JOAN 64 U.S.A.
6510 NORCKAUER, MARY ELIZABETH 65 U.S.A.
6513 THOMPSON, QUEENIE 66 U.S.A.
7009 MARVIN, LENORE 70 CANADA

5000 METRES FLAT

3017 LUCESS, JOYCE 34 T & T

3525 ROBLES, MERCEDES 35 VENEZUELA
3519 CLAVRE, ASTERIA 36 VENEZUELA
3506 KENNEDY, KATHLEEN 37 U.S.A.
3514 DE FREITAS, ANNE 37 T & T

6016 LUCESS, LYNETTE 62 T & T

6510 NORCKAUER, MARY ELIZABETH 65 U.S.A.
6512 BRECHBUEHL, DORLY 66 CANADA
6513 THOMPSON, QUEENIE 66 U.S.A.

7009 MARVIN, LENORE 70 CANADA

6 KM WALK (TRACK)

6517 COTNER, JEAN 67 U.S.A.

8 KM X COUNTRY

3017 LUCESS, JOYCE 34 T & T
3525 ROBLES, MERCEDES 35 VENEZUELA
3519 CLAVRE, ASTERIA 36 VENEZUELA
5022 STEINFELD, FRANCES 52 CANADA
6016 LUCESS, LYNETTE 62 T & T
6510 NORCKAUER, MARY ELIZABETH 65 U.S.A.
6512 BRECHBUEHL, DORLY 66 CANADA
7009 MARVIN, LENORE 70 CANADA

80 METRES HURDLES

4021 MC BLAIN, LIZ 42 CANADA
4025 RASCHKEN, PHIL 43 U.S.A.

6017 PETERSON, PATRICIA 64 U.S.A.

800 METRES FLAT

3025 HERNANDEZ, BEA 30 ARUBA
3508 BRADLEY, R CHARLOTTE 38 MEXICO
3507 NICHOLS, DONNA 39 CANADA
3517 DE ACOSTA, MARIA 39 VENEZUELA
3527 PINERO, MARIANELA 39 VENEZUELA

4021 MC BLAIN, LIZ 42 CANADA

6510 NORCKAUER, MARY ELIZABETH 65 U.S.A.
6512 BRECHBUEHL, DORLY 66 CANADA
6515 PEEBLES, CAROL 69 U.S.A.

7009 MARVIN, LENORE 70 CANADA

Competitors For Each Event

DISCUS THROW

3011 MUNOZ, YANCY 31 U.S.A.
3005 EDWARDS, VERNA 32 T & T
3007 ASHFORD, ELIZABETH 34 T & T

3507 NICHOLS, DONNA 39 CANADA
3509 LEWIS C. CLAIRE 39 T & T
3510 BOLAND, ELIZABETH 39 T & T

4036 JONES PINA, LYNETTE 43 VENEZUELA
4023 THOMAS, JOYCE 44 T & T

4534 MITCHELL, YVONNE 45 T & T
4522 RILEY, IRMA 49 T & T

6021 POLK, SALLY 60 U.S.A.

6510 NORCKAUER, MARY ELIZABETH 65 U.S.A.
6511 BERGENBACK, AUDREY 66 U.S.A.
6514 PEDEL, HELGI 66 CANADA
6516 MERI, ELGA 69 CANADA

HAMMER THROW

4534 MITCHELL, YVONNE 45 T & T

6021 POLK, SALLY 60 U.S.A.
6510 NORCKAUER, MARY ELIZABETH 65 U.S.A.

HIGH JUMP

4021 MC BLAIN, LIZ 42 CANADA
4025 RASCHKEN, PHIL 43 U.S.A.
4023 THOMAS, JOYCE 44 T & T

5023 KEA, ESSIE 52 U.S.A.
5024 SHEILA NEWTON 53 U.S.A.

5519 MILLER CHRISTEL 55 U.S.A.
5521 MOORE, MARJ 58 U.S.A.

6019 MUNOZ DE PARRA, MARTHA N 63 MEXICO
6017 PETERSON, PATRICIA 64 U.S.A.

6514 PEDEL, HELGI 66 CANADA

JAVELIN THROW

3005 EDWARDS, VERNA 32 T & T
3007 ASHFORD, ELIZABETH 34 T & T

3506 KENNEDY, KATHLEEN 37 U.S.A.
3507 NICHOLS, DONNA 39 CANADA

3510 BOLAND, ELIZABETH 39 T & T

4023 THOMAS, JOYCE 44 T & T

4534 MITCHELL, YVONNE 45 T & T
4522 RILEY, IRMA 49 T & T

5519 MILLER CHRISTEL 55 U.S.A.
5520 GARCIA DE SCHULZ, JOSEFINA 56 VENEZUELA

6021 POLK, SALLY 60 U.S.A.
6019 MUNOZ DE PARRA, MARTHA N 63 MEXICO

6510 NORCKAUER, MARY ELIZABETH 65 U.S.A.
6516 MERI, ELGA 69 CANADA

LONG JUMP

3011 MUNOZ, YANCY 31 U.S.A.
3007 ASHFORD, ELIZABETH 34 T & T

3526 THOMPSON, IRENE 36 U.S.A.
3507 NICHOLS, DONNA 39 CANADA

4021 MC BLAIN, LIZ 42 CANADA
4025 RASCHKEN, PHIL 43 U.S.A.
4036 JONES PINA, LYNETTE 43 VENEZUELA
4023 THOMAS, JOYCE 44 T & T

5021 RIEGEL, JUTTA 50 CANADA

5521 MOORE, MARJ 58 U.S.A.

6510 NORCKAUER, MARY ELIZABETH 65 U.S.A.
6514 PEDEL, HELGI 66 CANADA
6516 MERI, ELGA 69 CANADA

PENTATHLON

4020 CASSANDRA CLARKE 42 U.S.A.
4021 MC BLAIN, LIZ 42 CANADA

5519 MILLER CHRISTEL 55 U.S.A.

POLE VAULT

4025 RASCHKEN, PHIL 43 U.S.A.

SHOT PUT

3011 MUNOZ, YANCY 31 U.S.A.
3005 EDWARDS, VERNA 32 T & T
3007 ASHFORD, ELIZABETH 34 T & T

Competitors For Each Event

3516	CASTILLO, TRINIDAD	38	VENEZUELA
3507	NICHOLS, DONNA	39	CANADA
3509	LEWIS C. CLAIRE	39	T & T
3510	BOLAND, ELIZABETH	39	T & T
4021	MC BLAIN, LIZ	42	CANADA
4023	THOMAS, JOYCE	44	T & T
4534	MITCHELL, YVONNE	45	T & T
4522	RILEY, IRMA	49	T & T
5025	TANG WING, MONICA	54	T & T
6021	POLK, SALLY	60	U.S.A.
6000	CAMEJO, LUCIA	63	VENEZUELA
6019	MUNOZ DE PARRA, MARTHA N	63	MEXICO
6510	NORCKAUER, MARY ELIZABETH	65	U.S.A.
6514	PEDEL, HELGI	66	CANADA
6516	MERI, ELGA	69	CANADA

TRIPLE JUMP

4021	MC BLAIN, LIZ	42	CANADA
4025	RASCHKEN, PHIL	43	U.S.A.
5021	RIEGEL, JUTTA	50	CANADA
5519	MILLER CHRISTEL	55	U.S.A.
6510	NORCKAUER, MARY ELIZABETH	65	U.S.A.
6516	MERI, ELGA	69	CANADA

W.A.V.A. REGIONAL VETERANS GAMES PORT-OF-SPAIN - TRINIDAD AUGUST 23-26 1990

**** THURSDAY 23RD AUGUST 1990 ****

Event # 1 8 Km Cross Country Men/Women 8:00 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 2 Shot Putt Women - All Ages 9:00 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 3 High Jump Women - All Ages 9:00 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 4 Javelin Throw Men - All Ages 9:00 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 5 Long Jump Men - All Ages 9:00 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 6 5 Km Walk Women - All Ages 9:30 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 7 5 Km Walk Men - All Ages 10:00 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 8 800 Metres Flat Women - 65-74 11:00 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 9 800 Metres Flat Women - 35-44 11:10 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 10 800 Metres Flat Men - 60-75 11:20 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 11 800 Metres Flat Men - 55-59 11:30 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 12 800 Metres Flat Men - 50-54 11:40 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 13 800 Metres Flat Men - 45-49 11:50 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event # 14 800 Metres Flat Men - 40-44 11:55 a.m.

Results: Country:
 1
 2
 3
 4
 Time:

Event #: 15 800 Metres Flat Men - 30-39 12:00 Noon

Results: Country:
1
2
3
4
Time:

** FRIDAY 24TH AUGUST 1990 **

Event #: 16 200 Metres Dash Pentathlon - Women 8:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 17 Shot Putt Men - All Ages 8:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 18 High Jump Men - All Ages 8:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 19 Javelin Throw Women - All Ages 8:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 20 200 Metres Dash Pentathlon - Men 8:10 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 21 Long Jump Pentathlon - Women 8:15 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 22 Discus Throw Pentathlon - Men 8:25 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 23 80 Metres Hurdles Women 8:30 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 24 80 Metres Hurdles Men 8:40 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 25 100 Metres Hurdles Men - 40-69 9:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 26 Javelin Throw Pentathlon - Women 9:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 27 Long Jump Pentathlon - Men 9:30 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 28 100 Metres Dash Men - 45-49 (Heats) 10:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 29 100 Metres Dash Women - 65-69 (Final) 10:10 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 30 100 Metres Dash Women - 60-64 (Final) 10:20 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 31 100 Metres Dash Women - 55-59 (Final) 10:30 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 32 100 Metres Dash Women - 50-54 (Final) 10:40 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 33 100 Metres Dash Women - 45-49 (Final) 10:50 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 34 100 Metres Dash Women - 40-44 (Final) 11:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 35 100 Metres Dash Women - 35-39 (Final) 11:10 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 36 100 Metres Dash Women - 30-34 (Final) 11:20 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 37 100 Metres Dash Men - 75+ (Final) 11:30 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 38 100 Metres dash Men - 70-74 (Final) 11:40 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 39 100 Metres Dash Men - 65-69 (Final) 11:50 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 40 100 Metres Dash Men - 60-64 (Final) 12:00 Noon

Results: Country:
1
2
3
4
Time:

Event #: 41 100 Metres Dash Men - 55-59 (Final)
12:10 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 42 100 Metres Dash Men - 50-54 (Final)
12:20 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 43 100 Metres Dash Men - 45 - 49 (Final)
12:30 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 44 100 Metres Dash Men - 40-44 (Final)
12:40 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 45 100 Metres Dash Men - 35-39 (Final)
12:50 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 46 100 Metres Dash Men - 30-34 (Final)
1:00 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 47 Javelin Throw Pentathlon - Men 1:00 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 48 Long Jump Women - All Ages 1:00 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 49 Discus Throw Pentathlon - Women
1:00 p.m.

Results: Country:
1
2
3
4
Time:

**** 2:00 P.M. - OPENING CEREMONY ****

Event #: 50 1500 Metres Flat Women - 60-74 (Final)
2:30 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 51 1500 Metres Flat Women - 30-49 (Final)
2:40 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 52 1500 Metres Flat Men - 60+ (Final) 2:50 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 53 1500 Metres Flat Men - 50-59 (Final)
3:00 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 54 1500 Metres Flat Men - 45-49 (Final)
3:10 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 55 1500 Metres Flat Men - 40-44 (Final)
3:20 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 56 1500 Metres Flat Men - 30-39 (Final)
3:30 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 57 1500 Metres Flat Pentathlon - Women
3:40 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 58 1500 Metres Flat Pentathlon - Men
3:50 p.m.

Results: Country:
1
2
3
4
Time:

**** SATURDAY 25TH AUGUST 1990 ****

Event #: 59 Triple Jump Women - All Ages 8:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 60 Hammer Throw Men - All Ages 8:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 61 400 Metres Flat Women - 60-69 (Final)
8:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 62 400 Metres Flat Women - 50-59 (Final)
8:05 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 63 400 Metres Flat Women - 45-49 (Final)
8:10 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 64 400 Metres Flat Women - 40-44 (Final)
8:20 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 65 400 Metres Flat Women - 30-34 (Final)
8:30 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 66 400 Metres Flat Men - 75-79 (Final) 8:40 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 67 400 Metres Flat Men - 70-74 (Final) 8:50 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 68 400 Metres Flat Men - 65-69 (Final) 9:00 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 69 400 Metres Flat Men - 60-64 (Final) 9:10 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 70 400 Metres Flat Men - 55-59 (Final) 9:20 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 71 Triple Jump Men - All Ages 9:30 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 72 400 Metres Flat Men - 50-54 (Final) 9:30 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 73 400 Metres Flat Men - 45-49 (Final) 9:50 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 74 400 Metres Flat Men - 40-44 (Final) 9:50 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 75 400 Metres Flat Men - 35-39 (Final) 10:00 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 76 Hammer Throw Women - All Ages 10:00 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 77 Pole Vault Men - All Ages 10:00 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 78 400 Metres Flat Men - 30-34 (Final) 10:10 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 79 5000 Metres Flat Women (Final) 10:15 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 80 5000 Metres Flat Men - 50-70 (Final) 10:45 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 81 5000 Metres Flat Men - 35-49 (Final) 11:00 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 82 200 Metres Dash Men - 55-59 (Heats) 11:15 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 83 200 Metres Dash Men - 50-54 (Heats) 11:25 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 84 200 Metres Dash Men - 45-49 (Heats) 11:35 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 85 200 Metres Dash Men - 40-44 (Heats) 11:45 a.m.
Results: Country:
1
2
3
4
Time:

Event #: 86 2000 Metres Steeplechase Women - All Ages 1:00 p.m.
Results: Country:
1
2
3
4
Time:

Event #: 87 Discus Throw Women - All Ages 1:00 p.m.
Results: Country:
1
2
3
4
Time:

Event #: 88 2000 Metres Steeplechase Men - 45+ (Final) 1:15 p.m.
Results: Country:
1
2
3
4
Time:

Event #: 89 3000 Metres Steeplechase Men - 30-44 (Final) 1:30 p.m.
Results: Country:
1
2
3
4
Time:

Event #: 90 200 Metres Dash Women - 65-69 (Final) 1:45 p.m.
Results: Country:
1
2
3
4
Time:

Event #: 91 200 Metres Dash Women - 60-64 (Final) 1:55 p.m.
Results: Country:
1
2
3
4
Time:

Event #: 92 200 Metres Dash Women - 55-59 (Final)
2:00 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 93 200 Metres Dash Women - 50-54 (Final)
2:05 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 94 200 Metres Dash Women - 45-49 (Final)
2:10 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 95 200 Metres Dash Women - 40-44 (Final)
2:15 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 96 200 Metres Dash Women - 35-39 (Final)
2:25 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 97 200 Metres Dash Women - 30-34 (Final)
2:30 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 98 200 Metres Dash Men - 75+ (Final)
2:40 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 99 200 Metres Dash Men - 70-74 (Final)
2:50 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 100 200 Metres Dash Men - 65-69 (Final)
3:00 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 101 200 Metres Dash Men - 60-64 (Final)
3:10 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 102 200 Metres Dash Men - 55-59 (Final)
3:20 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 103 200 Metres Dash Men - 50-54 (Final)
3:30 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 104 200 Metres Dash Men - 45-49 (Final)
3:40 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 105 200 Metres Dash Men - 40-44 (Final)
3:45 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 106 200 Metres Dash Men - 35-39 (Final)
3:50 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 107 200 Metres Dash Men - 30-34 (Final)
4:00 p.m.

Results: Country:
1
2
3
4
Time:

**** SUNDAY 26TH AUGUST 1990 ****

Event #: 108 25 Km Road Run Men/Women 6:30 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 109 20 Km Road Walk Men 6:30 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 110 10 Km Road Walk Women 6:30 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 111 Discus Throw Men - All Ages 9:00 p.m.

Results: Country:
1
2
3
4
Time:

Event #: 112 300 Metres Hurdles Women 50+
10:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 113 300 Metres Hurdles Men 60+ 10:10 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 114 400 Metres Hurdles Women - 40-44
10:30 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 115 400 Metres Hurdles Men - 45-49
10:40 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 116 400 Metres Hurdles Men - 40-44
10:50 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 117 4x100 Metres Relay Women 11:00 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 118 4x100 Metres Relay Men 11:30 a.m.

Results: Country:
1
2
3
4
Time:

Event #: 119 4x400 Metres Relay Women 12:00 Noon

Results: Country:
1
2
3
4
Time:

Event #: 120 4x400 Metres Relay Men 12:15 p.m.

Results: Country:
1
2
3
4
Time:

ACKNOWLEDGEMENTS

On behalf of the Trinidad & Tobago Amateur Masters Athletic Association, the Organising Committee of the North American Regional Track & Field Championships of the World Association of Veteran Athletes, wishes to thank the undermentioned firms and organisations for their kind donations of finance, facilities and services for the staging of the games.

- TRINIDAD METHANOL LTD.
- WITCO SPORTS FOUNDATION
- NATIONAL COMMERCIAL BANK
- FERTRIN LTD.
- NATIONAL GAS CO. LTD.
- MINISTRY OF SPORT
- FERNANDES & CO. LTD.
- TOURISM DEVELOPMENT AUTHORITY
- BANK OF COMMERCE
- BANK OF NOVA SCOTIA
- REPUBLIC BANK OF T & T
- THE NORMANDIE VILLAGE
- CLASSIC TOURS
- TRINIDAD CEMENT LTD.

Regional Track & Field Championships

WAVA

WORLD ASSOCIATION OF VETERAN ATHLETICS

GAMES

**NATIONAL
STADIUM**

P.O.S. TRINIDAD

A U G U S T
23-26 1990

