The official world and U.S. publication for masters track & field, long distance running and racewalking

248th Issue **April 1999**

Collins, Gray Break Records in Reno



Courtland Gray, 55, broke the M55 world M60H record with an 8.64, Silver State Masters Meet.



Bill Collins, 47, after breaking the M45 world 200 record with a 22.57. Silver State Masters Meet

by JERRY WOJCIK

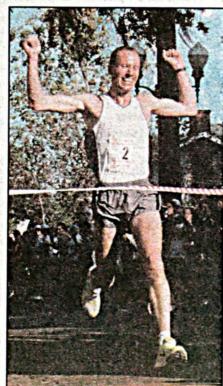
Speedsters Bill Collins and Courtland Gray took advantage of the fast Bill Cosby track and stiff competition to record pending world agegroup indoor marks in the Silver State Masters Classic, at Reno Livestock Events Center, Reno, Nev., Feb. 14.

Running on the portable track donated by comedian Cosby, Collins, 47, of Texas, USATF's 1997 Male Masters Athlete of the Year, ran the 200 in 22.57, breaking the M45 world record of 22.77 by Britain's Viv Oliver in 1998. Collins' time, the fastest of the meet, equates to an age-graded

Gray, 55, of Louisiana, who ran an 8.74 at age 54 in the 1998 Indoor Nationals, cleared the 60H in 8.64, below the present M55 record of 8.91 by Emil Pawlik, of Mississippi, in

The men's 60m field was loaded with national champions and record holders. Collins took the M45 race in 7.14, another fastest of the day. Gray finished with 7.74 to win the M55 race from Walt Butler (8.29). Butler, of California, is the M50 world-recordholder in the short hurdles.

Harold Tolson, 61, of California, M60 U.S. record holder in the 60m.



John Tuttle hits the finish line with a U.S. record 36:12. USATE National Masters



The Eastside Runners W40-49 winning team of (I to r) Marcia Koren, Carol Degan, Donna Jornlin, and Susie Main, USATF National Masters 4K Cross-Country Championships, Tacoma, Wash., Feb. 13.

Bender, Munoz First in USA X-C Championships in Tacoma

TACOMA, Wash. - Feb. 13. Dark clouds loomed overhead just before the start of the masters women's 4K race in the USATF National Masters Cross-Country Championships. I prayed that Mother Nature would be held in check for the next 20 minutes or so, and she was. In fact, all races run today took place without the rain for which the Pacific Northwest, particularly the Seattle area this year, is

A 2K loop course was well laid out at the Lake Spanaway Golf Course the men running 6K and the women 4K - on a combination of grass and dirt golf cart paths. The layout allowed for good spectator participation, which always gives runners a boost. A particularly nice touch in the brisk weather was having clothes monitors at the start, allowing athletes to leave their sweats on until the last minute before the gun went off.

Kimball Bender, 40, of Seattle, won the women's race with a 13:41, followed by Regina Joyce, 42, 13:57, and Sue Grigsby, 42, 15:00.

The men's race was more closely

contested with Rudy Munoz, 41, Fresno, Calif., taking first in 18:30. Armando Siqueiros, 40, was second in 18:38; Andrew Cook, 40, took third, with an 18:56.

Immediately after the races, athletes were treated to a sit-down lunch in the golf course club house, while awaiting tabulation of the results. The awards ceremony took place as runners were comfortably seated finishing their meals - what a civilized arrangement.

A human interest story evolved concerning the two top male finishers, Munoz and Siqueiros. They had both run on the same cross-country and track teams at Wilsonville High in

Continued on page 8

INSIDE:

- World and U.S. Outdoor T&F Records - pages 17-24
- Last Chance to Enter World Championships - page 28

Tuttle Sets 12K Mark in Orlando

by GARY HENLEY

John Tuttle, 40, Douglasville, Ga., set a U.S. masters 12K record in the USATF National Masters 12K Championships/Outback Distance Classic, which was the first Indy Life Circuit race of the year, in Orlando, Fla., on Feb. 20.

Tuttle ran a 36:12 to demolish the 37:19 by Larry Almberg in 1990. Tuttle's time also bettered Pierre Levisse's All-Comer's record (non-U.S. citizens) by six records.

Tuttle said he had an idea what the records were, but knew that with top masters Craig Young and Chris Fox in the field, the competition would be good. "With Chris and Craig in the race, I was concerned," Tuttle said. "Chris and I ran together until about three miles, and then he told me to go ahead. After I hit six miles in 28:52, I knew the record was possible," said the Georgia schoolteacher.

Continued on page 15

CONTENTS

DEPARTMENTS

USAIF Officers
Letters to the Editor4
NMN Sustainers4
Third Wind
The Foot Beat
Rankings Report9
Racewalking
WAVA/USATF Specs 10
Age Grading11
On the Run12
Ten Years Ago12
Five Years Ago13
The Weight Room14
Fifteen Years Ago14
Profile-G. Malaczyaski16
Age Records Book
New Age Group Athletes 25
Speaker's Corner25
International Scene27
Countdown to Gateshead 28
Masters Scene29
Schedule30
All-American Standards 33
Results

FEATURES

Silver State Classic1
National 12K1
National X-C1
Virginia Indoor Championships 7
Palm Springs Senior Games 13
Keshmiri Memorial13
Indy Life Circuit Standings 15
Bribery Scandal
Messenger Memorial Mile 16
Outdoor Age Records17
1968 Results Needed 26
Kurtis to Run Detroit 26
Festival of Light 5K26
European Schedule27
U.K. Weather Stats28

ENTRY FORMS, ETC.

M-F Athletic
NMN Subscription Form4
Crown Valley Sr. Olympics 5
Broad Street Run
Oregon Track Club8
Hayward Classic9
The Master Board11
Publications Order Form13
So. Calif. Striders14
Birmingham Track Classic 15
On Track
Age Records22
Portland Classic
B.L.E. Veterans-Ireland27
Javelin Video29
Endurox



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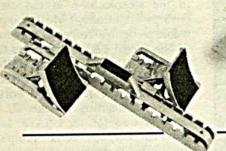
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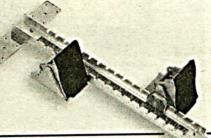
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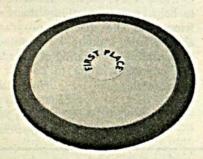
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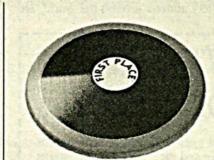
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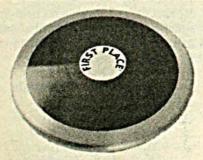
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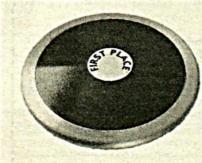
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DRUG TESTING

I read with interest Hal Higdon's letter in Write On (Feb. NMN) regarding drug testing at the WAVA World Veterans Championships.

I agree with his comments that drug testing at our Championships is inadequate, because of the limited number of tests carried out. This is necessary because of the very high cost incurred in drug testing.

However, I do not agree that drug testing should cease. Unfortunately, we do have veteran athletes who have taken enhancing drugs to gain a higher place than they otherwise would have achieved. This is a fact of life. It is not condoned by WAVA and, although there was a reluctance to introduce drug testing, it was nevertheless necessary to discourage some athletes from further involvement. One only has to look at the reduction in performances by some athletes since testing was introduced, and also note that some other athletes are not attending WAVA Championships because they may be

The risk of being randomly selected for testing has had the desired effect in

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some cases and this has been a positive step towards providing a cleaner sport and the opportunity for athletes to compete on an equal footing.

Jim Blair WAVA Vice President-Stadia Pinehaven, Upper Hutt, New Zealand

KESHMIRI TRIBUTE

I'm sorry to say that Joe Keshmiri was not a personal friend of mine. I would have been very proud to count him among my friends. He has been in my mind since I began throwing in

I had the pleasure of meeting him twice, once at the Nationals in Michigan in 1995. I wouldn't say that I competed against him, because he was far and away an elite athlete. I did "participate," and watched him throw to try to learn how to be better. The following week, at the Buffalo-WAVA Games, I sat in awe as he dueled a German thrower and won the shot put

What Joe was to me, and I'm sure to hundreds of throwers, was a yardstick... a measure of where we stood as competitive throwers and what we all aspired to be some day. I hoped to compete one day against him - not just "participate." On that day, I would consider myself an accomplished, serious thrower.

Joe will always remain in my mind and be my inspiration to improve. My deep respect for him and my sorrow at his passing is, I'm sure, merely an echo of the sentiments felt by all of the masters athletes around the world. He



Lloyd MacDonald, 43, Columbus, GA, first M40+ (80:50), DCRRC Belle Haven Half-Marathon, Alexandria, Va., Dec. 5.

was the best of us!

William Eisenhart, Jr. Altoona, Pennsylvania

The tribute to Joe Keshmiri by Jerry Wojcik was one of the best I've ever read. Thanks from me and all throwers

Keshmiri's early death leaves us with two legacies. One, a positive image of a dedicated athlete, whose goal was to be the best, both as a human being and as an athlete. Two, that illness is not a sign of weakness.

Keshmiri's passing can have a positive impact in that if you don't feel right or you suspect that something is not what it should be, you have it checked by medical folks. It may not be what we want to hear, and it may change our lifestyles dramatically, but it may keep us around longer.

Jim Hart Walnut Creek, California

KEEPING PERSPECTIVE

A letter entitled "Outstanding Athlete" in Write-On (Feb. NMN) acknowledged Curtis Wilson, Jr., and

Chris Yorges, both M30-34. While they may be worthy of mention, one may wonder if they are actually masters competitors. Yorges may have been a four-time national champion in 1998, but he did not cross the finish line first in one of his races, being outkicked by an older, true master, John Underwood, in the steeplechase at the championships in Orono. Most countries would recognize Yorges as a submaster.

The World T&F Indoor Age-Group Records for men (February NMN), as approved by the WAVA Records Committee, are recognized only for age-groups starting at age 40. The same is true for the USATF Indoor Records. Perhaps some submasters should find themselves exploring their potential by competing in open competitions instead of racing and losing against older masters competitors.

Thomas W. Balon Covina, California

(We couldn't disagree more. USATF welcomes all competitors, age 30-andup, to its masters T&F meets. It matters not whether they are elite, openclass athletes or weekend joggers. All are welcome. Participation is the name of the game. Athletes losing to older athletes is commonplace in all agegroups, not just 30-34. - Editor)

KEEP IN TOUCH

Two summers ago I had an accident while hurdling at San Jose in the West Region Championships. Much of my body was adversely affected by that collision, especially my right knee. Last March I had that knee repaired with arthroscopic surgery. I have not been able to run since then.

In October I experienced a heart attack, and have changed from training/competing at the highest level to joining my wife, Pat, each morning on her 5:30 a.m. 2-mile walk. Even that is painful, and I may need knee replacement surgery.

I still enjoy National Masters News to help keep track of my many dear friends in the masters program. I already miss training. I will miss the competition and sharing at the meets. For anyone wishing to contact me, Hugh Adams please write.

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Silver State Classic

Continued from page 1

ran 7.92 to win the M60 race from past national champion Kenny Dennis (61, 7.94). Earlier, Tolson ran the 200 with an A-G 93.3% 25.91.

In the W70 race, national champion Sumi Onodera-Leonard beat Johnnye Valien, another national title holder, 11.03 to 11.09. In the 200, Stephanie Vega, W40, of Texas, won in 27.75.

Kellie Archuletta, W35, posted solid times in winning the 800 (2:27.29), 1500 (4:50.98), and 3000 (10:18.15). Of the 17 finishers, her 3000 time was bettered only by M40 Miguel Tibaduiza's 9:47.48.

Angel Cachinero, M50, was the standout in the jumps with an 18-11½ in the long jump and 37-8¼ in the



JERRY WOJCIK
Kellie Archuletta, W35 winner in the 800, 1500,
and 3000, Silver State Masters Meet, Reno,
Nev., Feb. 14.

triple jump.

Since 1995, when Reno hosted the Masters Indoor Championships at this facility, the Silver State meet has been drawing perhaps the strongest field in the throws of any U.S. indoor meet except for the Nationals. Throwers are able to use metal outdoor implements, instead of the "soft" or plastic ones required for hard surfaces, in the shot, weight, and superweight, because the throws surface here is hard-packed sand.

Lad Pataki, M50, had the farthest throw in the shot (53-43/4). Tom Gage won the M55 contest (45-51/4) in a field of six. Debra Cooper, W30, put the shot 35-7, and won the 60m (9.43) and high jump (4-5).

Ken Jansson, M40, had the top mark with the 35-lb. weight at 59-3¹/₂. Bob Ward won the M65 contest with a 45-6 with the 25-lb. weight. Pataki (29-10¹/₂) and Gage (28-7¹/₂) were the

leaders with the 56-lb. superweight. Ken Weinbel, M70, had the best mark (26-6) with the 35-lb. superweight used by M70+.

Leon Joslin, 86, of Seattle, set world age bests with the 25-lb. (21-4) and 35-lb. (15-10³/₄) weights.

Victoria Herazo, W35, was the best of the entire field of 15 in the 3000

racewalk by some six minutes, with a 13:47.77.

While most of the 137 entrants were local athletes, or from adjoining California, others came from Montana, Colorado, Kansas, and Texas.

Bill Bowser, who helped stage the much-praised Masters Indoor Championships at this venue in 1995, will be involved in the 2000 Silver State meet scheduled for two days on Feb. 19-20.

Some readers provide additional support to the National Masters News by sending contributions of \$25, \$50 or \$100 a year. If you are able, we urge you to join them. All contributors will receive a free copy of the new Masters Age Records book and will be listed in the paper as a National Masters News sustainer.



Crown Valley Senior Olympics

Track & Field and Race Walk - Sunday, June 6, 1999



Track

Occidental College

1600 Campus Road, Los Angeles, CA. - Patterson Field

Meet Director: Christel Miller

Track & Field Coordinator: Pete Clentzos

Race Walk Director: Jim Hanley

10:00 a.m. - 50M Dash

10:30 a.m. - 1,500M Run 11:00 a.m. - 400M Run 11:30 a.m. - 100M Dash 12:45 p.m. - 800M Run

1:20 p.m. - 200M Dash 1:50 p.m. - 5,000M Run

Schedule of Events Field

10:00 a.m. - Pole Vault,

Javelin 10:30 a.m. - Long Jump 11:30 a.m. - Shot Put

11:30 a.m. - Shot Put 1:00 p.m. - Discus 1:15 p.m. - High Jump

Concl. of Discus - Softball Throw

"Grandparent/Grandchild" Relay at the conclusion of the 5,000M Walk - No Charge

Entry Fees:

\$22.00 Registration Fee and \$5.00 per event

Divisions:

5 year age divisions, for men and women, age 50 and above

Entry deadline is May 14, 1999

Miscellaneous:

Competition order - oldest to youngest, women first (except HJ & PV which start at lowest height); Throwing implements not provided; must bring own

Race Walk

9:30 a.m. - 800M Walk 12:10 p.m. - 1,500M Walk

2:30 p.m. - 5,000M Walk

vaulting pole; PV for experienced vaulters only.

Surface:

All-weather track. Automated timing system for running events.

1OK Road Race - Satunday, June 12, 1999 3:00 p.m. - Rose Bowl, Pasadena Jim Hanley - Meet Director

For more information, please call:
Cynthia Vaughan
Crown Valley Senior Olympics - Pasadena Senior Center
85 East Holly Street, Pasadena, CA. 91103 (626) 685-6754

Entry Form (please print)

Last Name	PERSONAL PROPERTY.	First Na	me		7 3 1 2 3 m	Sex: M	F_
Address	and the second second second	the state of the second state of	a report for	R THE WAY TO SEE S.	1000		
Phone	Ag	e as of 6/6/99	DOB	T-Shirt:	M L	XL_	XXL
		400M 800M	1,500M	5,000M	PV JT	W	SP
the state of the s	r ST -	GG Relay (NC)	The second second second second second	800M Walk	The same of the same of		The second second

Make checks payable & mail to:

Pasadena Senion Centen, 85 E. Holly St., Pasadena, CA. 91103

WAIVER: In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors or administrators, waive and release forever any and all rights, claims or damages I may accrue against the Pasadena Senior Center, Occidental College, the City of Pasadena, the Meet Directors and all sponsors of Crown Valley Senior Olympics, their successors, representatives and assigns of any and all injuries which I may suffer while traveling to and from and while participating in the Meets held June 6, 1999 at Occidental College and June 12, 1999 at the Rose Bowl. I certify that I have no physical defects or injuries that would prevent me from competing in these Meets.

Signature						Date	1					
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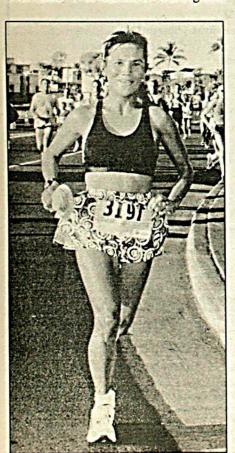
Ardell Gets Maximal Results With Minimal Running

There is a school of thought which holds that to be a good runner you have to run. That is, substituting activities such as swimming and biking for much of the running isn't going to allow you to maximize your potential as a runner. If that's truly the case, then how does that school explain Don Ardell?

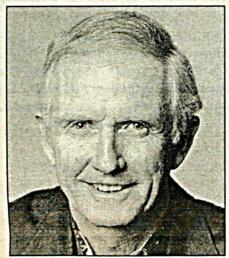
In the Gasparilla 15K during February, Ardell, a 60-year-old resident of Tampa, Florida, turned in a 56:19 to easily top a stellar field in his division. A few weeks earlier, in the Naples half-marathon, Ardell broke the course record in his division by some three minutes with a 1:23:30. During November, he recorded a 36:38 in the Bull Run 10K and, most recently, he turned in a 57:50 at the River Run 15K. Those are not shabby times for a guy who claims he runs only 25 miles a week.

In addition to running, however, Ardell bikes an average 100 "hard" miles a week, swims about three miles, and trains with weights three times a week.

"Possibly, but I would never do such a thing," says Ardell when it is suggested to him that he might run even faster if he did more running and



Vi Jones-Medusky, 47, near the finish line of the Great Aloha Run, Feb. 15, Honolulu.



Don Ardell

less biking and swimming. "The main thing for me is not getting injured. I tend to have problems with my calves if I run too much.

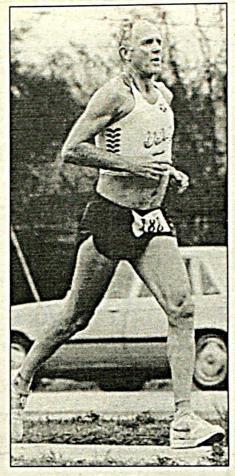
An Easy Pace

"I always run on the dirt," he continues. "I run relatively easy, maybe a 7:30 pace – definitely no faster – and precede that with a 10-minute walk. One run per week is eight or nine miles, so the others are brief. I'm trying to protect my knees and vulnerable calves."

At 6-3 and 185 pounds, Ardell is hauling around a lot more bone and muscle mass than the average distance runner. That makes him even more susceptible to injury. "I credit crosstraining for my durability," he says, "and I really believe in upper body strength for runners."

Ardell adds that he mixes the three sports by doing two per day, while skipping runs two or three days a week. He does almost no stretching. "Once fit, which I am now, I feel I don't need to run much to stay com-

The Dartmouth Relays results published in the March issue were of the 1998 meet, mistakenly sent of NMN by the Dartmouth Sports Information Office. The 1999 meet results are in this issue under T&F Results, East.



Don Ardell

petitive. The racing is the best training."

Ardell admits that he is primarily a triathlete these days and is focusing on the world triathlon championship in Munich on July 31, after which he will begin training for the world duathlon championship (10K run, 40K bike, 5K run), scheduled for Charlotte, N.C., during October. He considers his division victory in the 1994 world duathlon championship in Hobart, Tasmania, as his most memorable

Thrill of Winning

"A Brit passed me with a mile to go," he recalls. "I was exhausted and cramping. He pulled away for a short while, as I considered the many reasons why second place in the world championships was not so bad. With about 200 yards to go, I reconsidered and put on an all-out sprint, and won by about five yards. I can't recall the pain I endured doing this, but I will never forget the thrill of the win."

While growing up in Philadelphia, Ardell was a 4:38 miler at West Catholic High School, as well as a basketball player. After earning a full scholarship to George Washington University, he gave up running and concentrated on basketball. It wasn't until age 40 that he returned to running. "But I remained athletic all those years between," he says. "I played a lot of handball and basketball. My favorite sport, though, was and still is touch football."

Ardell achieved his personal bests during his early and mid 40s, including a 2:37:52 in the 1981 Oakland Marathon and a 54:58 in the 1983 California 10-miler. He was strictly a runner then, putting in around 60 miles

Best Years

"But I'm having my best years now," he muses. "People are incredulous when my times are announced at weekly road races. I realize my times are slower than five and especially 10 years ago, but it seems I have deteriorated a lot less rapidly than have my peers."

With a Ph.D in public health, Ardell has devoted most of his working career to what he refers to as "wellness." Prior to moving to Florida in 1985, he was involved in public health planning in the San Francisco Bay area. The move to Florida was to take charge of the Wellness Center, a student health service, at the University of Central Florida in Orlando. Along the way he has published a dozen or so books on health and fitness, his most successful one called High Level Wellness. That book led to speaking engagements around the world as well as contracts with some major corporations interested in promoting his wellness concepts within their organizations. He also published the Ardell Wellness Report and has an on-line talk show.

Mastering the Triathlon

It was after arriving in Florida that Ardell got interested in triathlons. "All my buddies down here were riding bikes and swimming, and talking about triathlons," he explains. "I was terrible my initial year. I couldn't swim and couldn't ride that well, either. But I'm getting to the point where I'm pretty good at those two sports."

As Ardell sees it, wellness and competition go hand in hand. In his book, 14 Days to Wellness, recently republished and soon to be released, he ties the two together in the 13th day. "It's the quest," he says. "You have to have that quest to do something that extends you beyond normal levels."



VICTOR SAILER/PHOTO RUN Lee DiPietro, 40, Ruxton, Md., first woman master (2:51:24), Ocean State Marathon, Warwick, R.I.

McDaniels Breaks Record in Virginia Championships

by JERRY WOJCIK

Both the male and female USATF Masters Athletes of the Year for 1998 were in attendance at the Virginia Masters Indoor Championships at Washington and Lee University, in Lexington, March 6.

James Stookey, 69, Dickerson, Md., was selected for his world-class performances of 90% or better consistently in the jumps and hurdles. Leonore McDaniels, 71, Virginia Beach, Va., was nominated for outstanding performances and world records, indoor and outdoor, primarily in the jumps.

At Lexington, McDaniels was again on the record track, erasing her own W70 world record of 11-13/4 in the long jump with a 11-21/2 leap.

Stookey was also in good form with performances ranging from 88.1% for a 15-61/2 long jump to a 94.8%, the meet's best performance, in the M65 55m, where he tied for first at 7.9 with Robert Reid, 65, who age-graded at 91.5%.

The 55m race saw other worldclass performances. Barry Wise, 42, with a 91.6% 6.7, won the M40 race over Kaestner McDonnough, 42, who ran a 90.3% 6.8. M60 winner, Robert Dobbs, finished with a 91.9% 7.8. M70 first, Carlos Vera, 70, won with a 92.3% 8.2.

In other events, Robert Murray, 38, had the top performance in the 1500, with an 85.0% 4:14.0. John Hosner, 74, was tops in the 3000, with an M70 win in 12:42.5, an 84.7%. Glen Johnson, 59, produced the farthest put of the meet at 44-113/4, and the best performance in the event at 89.8%. □



This is M-F's '99 Everything Track Catalog. It boasts everything required by the coach or athletic director to run a successful track & field or cross-country program. This includes the basics such as poles, javelins, discus, shots, hammers, starting blocks, hurdles, pits, plus a wide array of training aids, weight equipment, tents, uniforms, shoes and more. For your FREE copy of the M-F Track and Field Catalog, call Toll-Free 1-800-556-7464 or write M-F Athletic Co., P.O. Box 8090, Cranston, RI 02920-0090.

ATTENTION MASTER RUNNERS Philadelphia's 10 Miler Sunday, May 2, 1999

Health and Fitness Expo:

Friday, April 30th and Saturday, May 1st at Memorial Hall with over 50 booths

Conte Luna Pasta Dinner:

Saturday, May 1st

9:00 am

* * *



THREE WAYS TO REGISTER:

· For an official entry form, send a self-addressed stamped envelope to:

Broad Street Run P.O. Box 18543 Philadelphia, PA 19129 or call 215-563-6184

- · Register on the internet at: www.broadstreetrun.com
- · Pick-up an official entry form at a participating **Modell's Sporting Goods**



Independence **Blue Cross**













Philadelphia Department of Recreation

- \$10,500 prize money
- 130 age group awards
- Team competition (Coed teams included)
- Results booklet
- T-Shirt pickup at Memorial Hall Expo
- · Free transportation to start
- Free baggage transportation to finish
- · Two-mile health walk
- Computerized race results
- · "Kids Fun Miler
- "Kids Fun at the Broad Street Run"
- "Blue Cross Diaper Derby"

Masters Open and Masters Wheelchair Competition for 1999:

Over \$4,200 individual prize money to be awarded with additional course bonuses!!

Individual prize money awarded as follows:

- 1st Place Male and Female \$400 and Trophy
- 2nd Place Male and Female \$300 and Trophy
- \$200 and Trophy · 3rd Place Male and Female
- \$100 and Trophy • 4th Place Male and Female
- \$ 50 and Trophy • 5th Place Male and Female

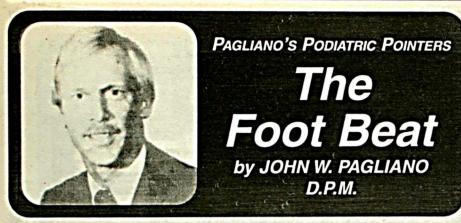
There will be a \$300 course records bonus to the male and female winner if they better the course records.

Masters Team Competition for 1999:

- All Male and Female teams will consist of 5 members with the fastest three members scoring
- · Club Masters male and female teams
- Corporate Master male and female teams
- · Co-ed Master Club Teams
- · Co-ed Master Corporate Teams
- All Co-ed teams will consist of 5 members with the fastest three members scoring (one must be a woman)

Call (215) 563-6184 for Team Entry Forms

www.broadstreetrun.com



Protecting the Foot from Over-Use Injury

I am a 63-year-old runner currently training for a half-marathon and, hopefully, a marathon in May. I think my injury is due to over-use. Prior • to running, I was doing side straddle hops as a cardio-vascular exercise. An x-ray of my left foot shows two bones in my arch that have nothing between them. My orthopedist has me on Voltaren-XR 100mg, which I take daily. I run with a custom-made orthosis and use motion-control shoes, which I change before they wear out (350-400 miles). I do a 20-minute stretch and a leg and Achilles stretch before running, and ice my ankle afterward.

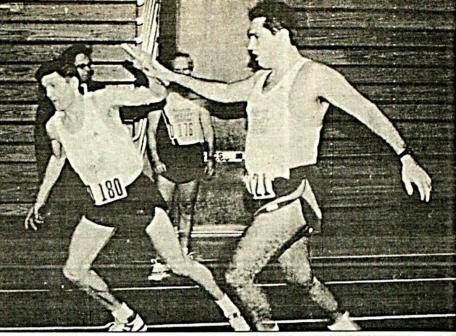
I run on a dirt-sand surface on Mondays, Wednesdays, and Saturdays (long run), and cross-train on a Nordic track.

What arch support do I need for more pain-free running, and what can help the biomechanics of my left foot to give more spring? My times are slow, but running is enjoyable.

As with anything else, it depends on the bones oinvolved. If there is some kind of bone fusion in the back of the arch or in the rear part of the foot this

could affect the mechanics of the foot and prevent a normal range of motion.

You will need a study of the range of motion of both feet to determine where the foot is landing and the abil-



JULIETTE LEVY

Jim Sperduto (r), M45, and Shawn Gallagher, M40, of the New Jersey Masters, exchange the baton in the 4x400 relay, New Jersey Masters Championships.

ity of the rear foot to pronate and supinate during the running cycle. Usually, a foot with a bony fusion will have less motion than the normal foot.

Foot, ankle and leg strengthening and stretching are beneficial and should be done on a daily basis.

The type of foot deformity will determine the nature of the orthosis. You may need a less supportive type of orthosis that will absorb shock and offer less control. If the foot is going through an excessive range of motion, you will need a more controlling

Your running surface sounds good at this point. A concrete surface would be ill-advised.

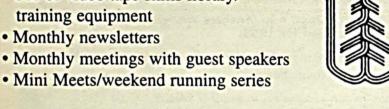
I recommend you continue your running program and will be glad to review your x-rays to determine the area of bone fusion. A complete mechanical evaluation of the lower extremity would also be advisable.

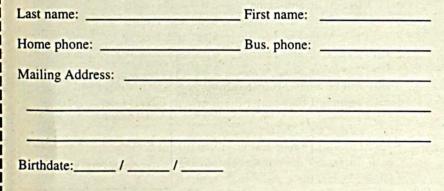
(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 50098, Eugene, OR

OREGON TRACK CLUB MASTERS membership application

Member benefits:

- Use of video tape skills library/ training equipment





□ \$30.00 Individual

□ \$45.00 Couple or familu (up to 2 adults & 2 jrs.)

Oregon Track Club Masters P.O. Box 11364 Eugene, Oregon 97440 www.efn.org/~otctrack



Wojciech Joskowski, 41, masters winner (2:55:39), Washington's Birthday Marathon.

National X-C

California, but after graduation had gone their separate ways - Munoz becoming an attorney and Siqueiros a physician. Their common interest, running, found them competing again, more than 20 years later.
In a special U.S. vs. Canada

Challenge, based on points awarded for finish position in each age group (lowest score wins), the U.S. came out the winner in both the men's and women's divisions: U.S. men, 17 points/Canadian men, 91 points; U.S. women, 13 points/Canadian women, 35 points.

The top Canadian finishers were Mark Lawrence, 49, 21:04, and Bonnie Walker, 47, 15:28.

In the team competition, the Snohomish TC captured the M50-59, W50-59, M60-69, and W60-69 titles. Central Massachusetts Striders took the M40-49 trophy, with the Eastside Runners taking the W40-49 first.

As a competitor, I have to award a gold medal to the event staff of Carole and Bob Langenbach, Bob Springer, Neal Stoddard, and Paula Brown, for putting on a truly successful national championships.



Rankings Report

by JERRY WOJCIK Masters T&F Indoor Rankings Coordinator

1999 Indoor Season Rankers Appointed

ll of the indoor events for the 1998-99 season have been assigned to the volunteer rankers. The May issue is the last from which marks for the indoor rankings will be taken. If your best marks have not appeared by that issue, send them with documentation (name of meet, date, site, contact person, etc.) before May 15 to the appropriate rankers below.

Several businesses have indicated an interest in sponsoring the indoor rankings. Other individuals, businesses, or organizations interested in title sponsorship should contact me through the National Masters

55m/60m/200/400/55mH/60mH: Larry Patz, 534 Gould Hill Rd., Contoocook, NH 03229.

800/1500/3000: William Benson, 6 Eton St., Valley Stream, NY 11581.

HJ/PV: David E. Ortman, 7043 22nd Ave. N.W., Seattle, WA 98117. deo@igc.org

SP/LJ/TJ: James Gerhardt, 834 Thornvine Lane, Houston, TX 77079.

WT/SW/Mile/3000RW: Jerry Wojcik, NMN, P.O. Box 50098, Eugene, OR 97405.



Peter Kirk (r), Rockville, Md., second overall and first M40+ (16:17), Rockville 5K, Oct. 18, with overall winner, Joe Abernethy, 39, 16:05.



Mel Larson (I), W70, Penny Danielson, W50, and Bruce Mills, M55, Lincoln-Way Masters Meet, New Lenox, III., Jan. 23.



OREGO, HAYWARD CLASSIC

"AMERICA'S PREMIER MASTERS MEET" Hayward field, University of Oregon - Eugene, Oregon JUNE 19 -20, 1999

Sponsored by the Cities of Engene and Springfield



SCHEDULE OF EVENTS

	SATURDA	Y, JUNE 19
TRACK	TIME	FIELD
10.000 Meter	8:30 .	
Name of Street Printers	9:00 _Lor	g lump (All) - Javelin M 60+ & All W
SK Racewalk	9:30	of Manual Age Control of
	10:15	Weight Throw (All)
Age Graded Mile		
		Pole Vault (All) - Javelin M 30-59
		Shot Put (All)
High Hurdles		Call Control of the Control of
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400 Meters	2:15	
3,000 Meters	3:00	
IN GENERAL, INC ENTRANTS IN RUNNING I	MEN BEFORE ME EVENTS MUST CH	TH MEN AND WOMEN N AND OLDER BEFORE YOUNGER ECK-IN AT LEAST 60 MIN. BEFORE EVENT. FOR OPEN EVENTS

	SUNDAY, JUNE	20
TRACK	TIME	FIELD
	8:30	Discus M 30-59
5,000 Meters	9:00 High lump	and .Hammer All W & M 60+
Intermediate Hu		
(300 and 400 M	eters, 10:30	Discus W & M 70+
800 Meters	10:45	SELECTION SELECTION
A. Britain Print	11:00High	Jump and Hammer M 30-59
1 Mile Racewalk	11:15	
200 Meters	11:35	
5 A 20 20 12	12:15	Triple Jump All M & W
1500 Meters	12:30	Discus M 60-69
4 x 100 Relay		
4 x 400 Relay	1:30	
	1:45	

PACIFIC CONTINENTAL





OREGON PHOENIX

DUNCAN & BROWN
REAL ESTATE ANALYSTS Tune-Up for the National Championships EVENTS FOR OPEN ATHLETES:

TRACK - 100, 400, & 1500 Meter FIELD - Pole Vault, High Jump, & Hamme

GENERAL INFORMATION

GENERAL INFORMATION

DIVISIONS: 5 year age divisions for men and women age 30 and over.

ENTRY FEES: \$12 first event (no-1-shirt); \$6 second event; \$3 each additional event.

ENTRY DEADLINE: Postmarked by Tuesday, June 8, 1999.

LATE ENTRY: \$10 late fee after June 8, 1999. NO ENTRIES AFTER 8 PM THURSDAY, JUNE 17.

RELATS: Held in 10 year age groups; must wear distinguishable tops. Will be a team scoring event.

AWARDS: Hayward Classic medals awarded for 1st, 2nd, 3rd; ribbons for 4th, 5th and 6th.

TEAM COMPETITION: Team scoring. First Place Traveling Trophies for Men's, Women's and Combined.

Team affiliation must be on entry form. No minimum number of members for teams.

FACILITY: All-weather track and runways (max. 1/4 spikes allowed).

LOCKER ROOMS: Available in the Bowerman Building. Bring towel.

CONCESSIONS: Food concession available and restaurants within 1 block.

MEET HEADQUARTERS: Phoenix Inn, 850 Franklin Blvd., Eugene, OR, 97403. Call 1-800-344-0131 for reservations. Indicate Hayward Classic for group rate. Register early - space limited.

PACKETS: Available at Phoenix Inn, 6-8 pm, Friday, June 18 and at Hayward Field after 7:30 am, Saturday, June 19.

RECEPTION: Sponsored by OTCM, Saturday, June 19, 5:30 to 7:00 pm at the Phoenix Inn. Refreshments provided.

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-SHIRT - \$10.00 (check size) ☐ small ☐ med ☐ large x-large XXL (\$11.00)

Plan to attend? Yes No No Number attending

Make checks payable to: OTCM.

	\$12		2 Events \$18 5 Events \$27	5.
FNT	PY 1	m	TAL S	

Late Entry Fee T-Shirt Total

TOTAL ENGLOSED S

waive all rights that I or my heirs or assigns may have against sponsors of this athletic event arising from any injury, illness, r accident that I may sustain or incur participating in this event. I declare that I am in good health to participate in this event.

SEND ENTRY WITH PAYMENT TO:

OREGON TRACK CLUB MASTERS, C/O RUTH BREMILLER. 590 W. 29TH AVE., EUGENE, OR 97405

(541)687-9675 (H



Feet, Shoes & Inserts

An Interview with Danny Abshire - Part II

anny Abshire is the owner of Active Imprints in Boulder, Colorado. Danny has a continuing history of extraordinary success providing custom insoles for athletes of all ages ranging from Olympians to masters who enjoy exercise and competition. He has worked with podiatrists, foot specialists, orthopedic surgeons and chiropractors as well as doing pedorthic training at Northwestern University in Chicago. His practical training includes 10 years as a professional ski boot fitter in Aspen, plus his own running career. His customers come from all over the world and provide a Who's Who in the amateur and professional sports world. The racewalking athletes at the ARCO Olympic Training Center all have his custom insoles. (This is the second of a two-part interview.)

EW: How do you identify foot type?

DA: Always go to the most experienced shoe person in town. You can read reviews about foot types, but you

have to take what you read with a grain of salt. Too often, people take what they read as if it was the Bible. They think, "If I have a high arch, I supinate." That is not always true. You

WAVA/USATF Hurdles and Implements Specifications HURDLES WOMEN To 1st Hurdle Between Race No. of Age Distance Height Hurdle Hurdles **Finish** .840m 13.00m 30-39 100m 10.5m 27'101/2 42'81/2" 10 33 34'5" 40-49 .762m 12.00m 8.0m 12.00m 39'4" 8 30" 39'4" 26'3" 50-59 60-69 .762m 12.00m 19.00m 70 Plu 39'4" 22'11'/2" 62'4" 30" .762m 45.00m 35.00m 40.00m 10 30-39 400m 40-49 30" 147'73/4" 114'9'/2" 131'2'/2" 50-59 60-69 .762m 35.00m 300m 50.00m 40.00m 164'0'/2" 70 plus 131'21/2" MEN 13.72m 14.02m 10 30-39 110m .991m 40-49 39" 50-59 100m .914m 13.00m 8.50m 10.50m 10 36" 42'8" 27'101/2 34'5" 60-69 100m .840m 13.00m 8.50m 10.50m 10 27'101/2" 12.00m 70 plus 80m 762m 7.0m 19.0m 8 39'4" 22'111/2 62'4" 30" 30-49 400m .914m 45.00m 40.00m 36" 35.00m 50-59 400m .840m 147'7'/2" 114'91/2" 131'2'/2" 10 50.00m .762m

	30"	164'0	01/2" 114'91/2"	131'23/4"	# 1E	7
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AGE Women	SHOT PUT	DISCUS	HAMMER	JAVELIN	WEI	IGHT USATE
30-49 50 plus 60 plus	4.00k 3.00k	1.00k 1.00k	4.00k 3.00k	600gms. 400 gms.	20# 16# 12#	20# 16# 16#
Men 30-49 50-59 60-69 70-79 80 plus	7.26k (16 lbs.) 6.00k 5.00k 4.00k 4.00k	2.00k 1.50k 1.00k 1.00k 1.00k	7.26k (16 lbs.) 6.00k 5.00k 4.00k 4.00k	800 gms. 800 gms. 600 gms. 600 gms. 600 gms.	35# 25# 20# 16# 12#	35# 35# 25# 25# 25#

Steeplechase: men 30-59: 3000m/36" (.914m); men 60+ and women: 2000m/30" (.762m)

Superweight: M30-69 56-lb.; M70+ 35-lb.; W30-49 35-lb.; W50+ 25-lb.

WAVA weights are used for USATF weight pentathlons.

can find people who over-pronate and have the flattest arch in the world, and they will wear their shoes to the outside. Looking at the bottom of their shoes, they will conclude, "Oh, I am a supinator because I wear my shoes to the outside." In fact, they are exactly on the other end of the spectrum and need more control.

What the contradictory wear pattern shows is that your body has the ability to over-compensate for negative foot movement. Unfortunately, that process of over-compensation can create many problems over time. It may give you the appearance of one foot type when you actually have another.

Wet Foot Test

The wet foot test, which is often suggested in articles on fitting feet to proper shoes, is probably a closer indicator of your foot type than looking at outer sole wear. In this test, you step in a pool of water and then walk several steps on a dry surface. By indicating whether you have a high arch, flat foot, or something in between, it also indicates whether you should get a curved, semi-curved, or straight last.

If you are efficient with your walking and efficient with your running, you move easily across the surface of the ground. If you are moving at slower paces, then you are going to have more vertical impact. More impact increases the weight on your feet from two to sometimes five times your body weight. Your feet have to react by pronating to absorb the shock. Greater distance, duration and impact tend to increase pronation over time. So people who are going at a slower pace will typically need a little more support.

It is good to keep in mind that people who are active throughout their lives seem to increase pronation and laxness in their ankles through sprained muscles, extra weight, etc. The arch drops a little over time as opposed to getting stronger. Consequently, most people need to add a bit of support as they get older, not less.

Plantar Fascial Pain

About three out of every five men and women of all ages who walk into our shop have some sort of plantar fascia-heel type pain. It is very, very prevalent. It may occur because of too soft shoes where the heel sinks down and pulls on the fascia. Also soft midsoles or air bags can actually increase negative rear foot movement by causing a longer time frame before moving forward out of the heel strike phase.

Other factors causing plantar fasciaheel pain are tight calf muscles and excessive ankle or forefoot movement. Things that seem to help with these problems are: the right shoe for the foot type, custom inserts, and a good stretching program.

EW: What do you think of running flats for racewalkers?

DA: If you get too negative in the heel, you get more of a stretch on your Achilles and on your plantar fascia. When you put our inserts into racing flats, they add about 1/8th of an inch in the heel height. Because racewalkers'



David Lannigan, M60 winner (19:32.27) in the 3000 racewalk, Silver State Masters Meet, Reno, Nev., Feb. 14.

heels contact the ground with such a sharp angle, a running flat is probably pretty adequate for most. However, some people may need more support or a straighter last than flats provide. In either case, it has been proven that a beveled heel is good for racewalking, because it rolls you through your foot strike faster.

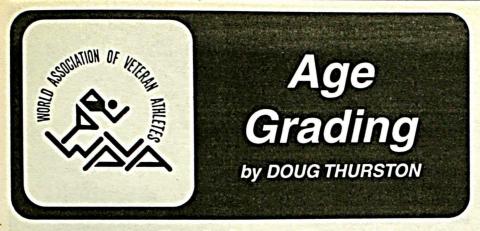
The main thing is the way a walker uses his or her feet. A racewalker's feet are very strong compared to a runner's. At high performance levels, propulsion off the toes becomes an important power factor. Racewalkers get their calf muscles pumped up pretty tight and tend to develop hamstring and hip problems.

An Individual Thing

Stretching by dorsiflexing the foot and bringing the toes toward the shin or by lowering the heel below a stair is very important for keeping the back leg muscles flexible. However, if the calf is tight, then a little bit of heel is helpful because you hit the ground before you stretch the Achilles or the fascia. It is a very individual thing.

There is another consideration. Because a racewalker's foot strikes the ground heel first, it can lead to a lot of heel movement as the foot moves forward through its cycle. It is important that the foot is guided properly from heel to toe. I feel that a lot of the problems racewalkers suffer can be overcome fairly quickly by proper foot guidance, strength and flexibility.

(Active Imprints has been providing custom insoles since 1988 in Boulder, Colorado. It also provides a mail order service for specific questions or points of information. Write: Active Imprints, 629-E South Broadway, Boulder, CO 80303. Phone: 303-494-0321; Fax: 303-543-7710.)



Age-Grading Balances Competition and Awards in Races

wo men sprint to the finish at a typical road race. Only a couple of feet separate them when they cross the line. After the race, the runners catch their breath and congratulate each other, when one turns to the other and asks, "So, how old are you, anyway?"

Under a new grading system, the answer matters.

Age is the great equalizer in running. Most runners peak between their 20s and early 30s. After age 40, finish times start to creep up, and the same workouts that were a breeze 10 years earlier can produce heavy fatigue or injury.

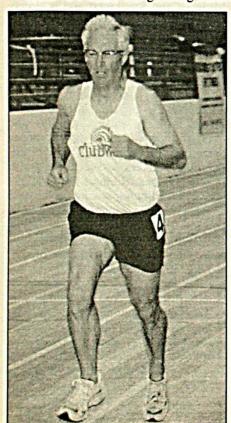
In an acknowledgment of the importance of age, runners compete for race awards within age groups, which typically are broken up by five-year intervals.

Races often provide a separate purse to the top runners over age 40. Predictably, most of the masters prize money is won by runners in their early 40s.

Some runners and race administrators believe there is a better way to compare the performances of older runners.

Growing Trend

There is a small but growing trend



JERRY WOJCIK Rollie Cavaletto, M55 1500 winner (5:14.56), Silver State Masters Meet, Reno, Nev., Feb. 14.

nationally to compare each runner's performance against a national standard. This scoring procedure, known as age-grading, allows a 68-year-old's performance, for example, to be directly compared with a 41-year-old's.

Just as important, age-grading proponents argue, the standards allow runners to measure their performances as they age against their best performances in their peak running years.

"More and more race directors around the country are using age-grading for awards for older age groups," said Jerry Crockett of Stillwater, Okla., national chairman of men's masters long distance running for USA Track & Field. "Age-grading is a very good means of equalizing different age groups and races of different distances. It recognizes the best performances, not just participation."

Age-grading involves comparing a runner's actual performance against a standard for his or her age. The standards were developed in 1989 and updated in 1994 by the World Association of Veteran Athletes (WAVA), using tens of thousands of performances by top athletes at all standard track and field and road running events, including long distances, sprints, throws and jumps. A 100 percent score is usually at or near a world-record performance. World-class performances are in the 90th percentile, national class in the 80th percentile, and top regional scores are in the 70s.

Ouick Computation

Followers of the system can quickly compute their score after each competition by dividing their time (in seconds) into the standard. For example, the standard for a 10K for women age 45 is 1952 seconds, or 32:52. A 45-year-old woman who finishes a 10K in 40 minutes, or 2400 seconds, scores at 81.3 percent, a national-class performance.

"Age-grading makes it possible for those long past the age of 40 to run competitively against every other master, regardless of their year in life," said Norm Green of Coatesville, Pa., holder of more than 50 single-age records for men ages 50 through 65.

Some races now use age-grading to

award masters prize money. This often means prize money is won by runners in their 50s, 60s or 70s when their performance grades higher than speedier runners in their 40s.

The three-year-old Indy Life Masters Circuit features eight races across the U.S., from 5K to the marathon, that offer prize money for the top runners age 40-and-up, and a separate prize purse for the top agegraded performances. Runners earn prize money at each event and score points toward a \$50,000 season-end prize purse.

Joan Ottaway, of Sonora, Calif., won the Indy Life age-graded championship the first two years of the circuit, earning \$6000 in 1997 and \$5000 in the 1998 year-end prize purse. She began her title defense Feb. 20 at a 12K race in Orlando, Fla.

A Great Concept

"Age-grading is a great concept," said Ottaway, 54. "As the running public gets older, I think it will become more popular. With age-grading, you can see relative performances improve despite getting older. I think it draws the interest of the local runners when an Indy Life Circuit race comes to town."

Long a national-class runner, Ottaway said one of her best-ever performances was a 17:22 5K at age 48, a performance that graded to 93%. She continues to score consistently in the high 80s or low 90s on the age-graded tables.

"It's sometimes a challenge to explain age-grading," Ottaway said, "but as runners get older, they appreciate age-grading more."

The tables are frequently used to recognize older runners with a reasonable number of awards, Often, there are only two or three runners in the 70-and-older age groups. With a typical awards structure three deep, sometimes every finisher receives an award.

"Often the oldest runners win awards for participation and not for performance," said Crockett. "With age-grading, the runners have to be good for their age group, not just the only ones in their division."

Charles DesJardins, of Carson City, Nev., administrator of the Indy Life Masters Circuit, said age-grading does have its detractors, because a computer program is used to compute the agegraded scores and the top finishers are not clear by simply looking at the order of finish.

Levels the Field

"Age-grading totally levels the playing field when it is done properly," said DesJardins. "But some have complained that it's not head-to-head rac-

Continued on page 12





Hal Higdon's column will resume next month.

Age-Grading

Continued from page 11

ing."
DesJardins explained that, although the scoring tables are known and available, it's still not easy to quickly determine top age-graded finishers until all performances are run through the computer program. Runners the same age, of course, do compete head-to-head.

The top three age-graded men in the 1998 Indy Life Circuit were ages 42, 78, and 40. The top three women were 54 (Ottaway), 65, and 41.

54 (Ottaway), 65, and 41.

"We're going to see age-grading used more and more," DesJardins said.

"The Circuit shows the concept is viable."

John Mansoor, executive director for the Pacific Association of USA Track & Field, which encompasses Northern California and Northern Nevada, said age-grading may become more popular when races begin to see more numbers in the older age groups.

"At national championships, it makes more sense to use age-grading with more numbers in older groups," Mansoor said. "But for regional, local, or non-championship events, there isn't enough competition to warrant it right now."

Only Publication

Al Sheahen is the editor and publisher of *National Masters News*. The publication, based in Eugene, Ore., is the only U.S. publication devoted to track and field for men and women over age 40, and publishes the agegrading tables. Sheahen said he has sold more than 10,000 copies of the booklet since 1988.

"It always bothered me that a 40year-old would come across the line before an older athlete and get all the money and glory," Sheahen said. "What's so magical about being 40? The tables help compare runners of all

Sheahen said that research revealed more decline in performances as runners get older. The decline is greater between ages 51 and 52, for example, then between 50 and 51.

"We always felt the larger purpose (for the age-grading tables) was people comparing their own performance to see where they are at compared to previous years," Sheahen said. "Keeping track of performances gives you an incentive to keep training even though you are getting slower. It can be a great motivator for individuals."

Sheahen said the greatest accep-

Age grading

The age-graded nationallevel (80th percentile) times for women running a 10K demonstrate the general truth that a person's times generally increase faster, the older he or she gets:

Age: 40 - 39:00

Age: 45 - 40:40

Age: 50 - 42:30

Age: 55 - 44:35

Age: 60 - 46:55

Age: 65 - 49:40

Age: 70 - 52:55

Age: 75 - 57:05

Age grading tables and an explanation booklet are available for \$7.50 (including postage and handling) from *National Masters News*, P.O. Box 50098, Eugene, OR 97405. For more information, check out the publication's web site at www.nationalmastersnews.com.

TEN YEARS AGO April, 1989

- John Campbell (2:17:51)
 Defeats Bill Rodgers (2:22:14) To Win Masters
 Title in Los Angeles Marathon
- Wilson Waigwa, 40, sets World Masters 1500 Record of 3:50.42
- Victor Mora, Priscilla Welch Top Masters in Gasparilla 15K

tance of age-grading is among creative, optimistic, forward-looking runners. Traditional and conservative runners have been the most vocal critics of the system.

"Sports is like business or life," Sheahen said. "The day man invented the wheel, someone else invented the no parking sign."

Dramatic Difference

Rick Kushman, 43, of Sacramento, is a competitive road runner and competes in 800 and 1500 track races. He said the difference in performance after age 40 can be dramatic.

"You can't be the runner you used to be, running huge mileage or doing double workouts," Kushman said. "Everything you do as a masters athlete is built around not getting hurt."

In national-class competitions, where athletes compete in traditional five-year age divisions, performance differences within a division can be dramatic. Runners get a mental boost when moving into a new age group and tend to run their best the first year or two in their new division.

"Even at my level, the difference between age 44 and 41 is so apparent," Kushman said. "I'll turn 44 this year and be running in the same division against a new batch of guys who just turned 40 and have a new energy for their running."

Kushman uses age grading to compare his performances now against his lifetime bests in his peak years.

Peak Performance

"I have found that I ran exactly the same times, based on age-grading, as I would have in my prime at the end of last season," Kushman said. "If nothing else, it made me feel satisfied that I was still running at my peak and getting as much out of my body as I



TESH TESHIMA

Geoff Howard, first M60 (2:24:01), 1998 MPRRC 30/30 (18.6 miles), Honolulu.



MIKE POLANSKY

Kathryn Martin, 47, seventh female and first W40+, hits the finish line, Ho Ho Ho Holiday 5K, Bethpage, N.Y.

could."

Barbara Miller, 59, of Modesto, Calif., is planning her season around the age-graded competitions of the Indy Life Masters Circuit and the WAVA World Championships in Gateshead, England, in August. She'll turn 60 the day of the WAVA world marathon championship on Aug. 7.

"Age-grading favors me," Miller

"Age-grading favors me," Miller said. "Even though I am at the end of my age division, with age-grading I can do just as well as when I turn 60."

Miller won \$450 by finishing second in the women's age-graded division in last year's Pacific Sun 10K.

Catching On

Age-grading is most popular in the Midwest and Southwest and is slowly spreading to the coasts. The Blisters for Sisters 5K in Sacramento, Calif., uses WAVA age-graded tables to determine time handicaps for five-year age groups of runners and walkers. The last wave of runners, males aged 20-34, leaves 16-minutes after the first group, women walkers age 70 and over. The format allows direct competition and simple scoring: the top runners and walkers to reach the finish line win prizes. Runners and walkers aim to avoid being passed, or to pass as many runners as possible. Last year, winner Brian Buscay, 24, of Davis, started in the last group and passed more than 600 runners and walkers.

"Age-grading is a fun thing, but it's not the only thing," Kushman said. "I still like direct competition and I'm still trying to catch the guy in front of me, no matter how old he is."

"Age-grading is a nice thing to throw into the mix periodically. It keeps enthusiasm up and gives you an idea of where you are against your 'younger' self," Kushman said.

(Doug Thurston authors a Running

(Doug Thurston authors a Running Column in the Sacramento Bee. Some of this article was originally printed in the Bee. – Ed.)

Masters Compete in Palm Springs

Masters track & field athletes made up a large portion of the 2500 total participants in the 1999 Palm Springs Senior Olympics in Palm Springs, Calif.

Competing on Feb. 13-14, masters accounted for two dozen meet records. Record-setters included Jim Selby, M70, with a 2:41.77 in the 800; Charlie Rader, M50, who cleared 5-9 in the high jump; Arnie Gaynor, M70, with a 44-6 in the shot; and Connie Sarver, W55, with a 78-2 in the discus.

Bill Knocke, M55, starred in the sprints, posting the meet's fastest in the 100 (12.58) and 200 (25.99). Robert McGeough, M55, finished first overall in the 10K (38:39) and 5K (18.43) road races.

Six meet records were set in the 5000 racewalk.

The Senior Olympics was produced by the Mizell Senior Center in Palm Springs, under the supervision of Ben Green, Executive Director.

Joe Keshmiri

Athletes and friends of Joe Keshmiri, who passed away in February, can send condolences to: Keshmiri Family, c/o Ponderosa Hotel, 515 S. Virginia Ave., Reno, NV 80501-2237. Memorial contributions can be sent to the American Cancer Society.

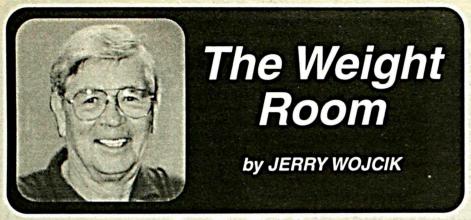
Clubs Update

In preparation for publishing an updated list of masters clubs in the May issue, we will be sending each club currently listed a letter verifying the correctness of the information we have in our data base. Be sure to return this letter to us, as any clubs we have not heard from by April 10 will be deleted. Thanks for your help in providing our readers with an accurate listing.

FIVE YEARS AGO April 1994

- 19,000 Run in Los Angeles Marathon
- Record 55 Entrants in Masters Indoor Pentathlon Championships, Chicago
- James Carmines, 50, First
 Overall (75:36) in National
 15K Racewalk, New Orleans

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Javelin Jivin'

n the first of this year, the rule for the new 600g javelin went into effect. The rule states that the distance from the tip to the center of gravity in the new javelin is 92 cm. rather than 95 cm. For masters, however, the rule does not apply until Jan. 1, 2004. Until that date, either one is legal. This amendment to the rule was approved by masters at the USATF annual meeting in Dallas in 1997. At age 60+, men throw the 600g; women throw the 600g until age 50.

I voted with the majority, but a day after, I asked myself why do masters need five years to comply? (This is not the first time I've questioned my vote a few hours later at a USATF meeting.)

It can't be because masters need five years to raise the funds to buy the new one, though a good javelin is costly. As a matter of fact, even a bottom line javelin is pricey. According to surveys and the naked eye, the M60+ generation

has more money than any other, which is why grandparents, when they aren't tooling around in RVs that cost \$100,000 or gorging themselves on lobster on a Caribbean cruise, pick up their grandchildren at school in Caddies, MBs, and Ford LTDs, while their own kids are driving used Toyotas and Geos.

Perhaps the reason for the five-year lapse is that masters athletes are perceived as slow of wit, and need that much time to learn of and comprehend the rules, or as we grow more conservative, we're told, with age, it will take us that long to come stubbornly around to compliance.

It can't be for lack of availability. I haven't seen every equipment catalog, but I'm certain that the suppliers aren't going to sell somebody a non-specification implement.

Age-group and single-age records with the old javelin will be extinct when the rule is applied in 2004; although there is talk of marking records made with the outdated javelin with an asterisk as notable bests. The same was said for masters records when the new 800g javelin came into play, but I can't find them.

I assume then that records in a combined-event in which a javelin is a segment (pentathlon, decathlon, heptathlon, and weight pentathlon) will also be erased. So, why would a master with record potential wait until 2004 to adopt the new javelin? He or she probably has one and has adjusted to it already.

I would think that meet directors of important events this year, who are responsible for providing implements, will have enough foresight to provide the new javelin, so why would a serious athlete practice with the old spear?



Debra Cooper, W30, won the 60m (9.43) and the shot put (35-7), Silver State Masters Meet, Reno, Nev., Feb. 14.

There's bound to be a difference in feel, balance, and flight with the new one that will take some fine-tuning to get

Before you misread my intent, I'm not anti-new javelin. My argument is with the reasoning behind the five-year grace period for masters. Why do masters need papal dispensation from obeyance? Rules like this merely serve to mark us off as requiring special treatment - an undeserved label.



Roger Burkhart, 60, Gaithersburg, Md., M60 winner (52:51), Rockville 10K, Rockville, Md., has completed all 23 U.S. Marine Corps

SOUTHERN CALIFORNIA STRIDERS TRACK & FIELD CLUB

14" ANNUAL MEET OF CHAMPIONS

CALIFORNIA STATE UNIVERSITY AT LONG BEACH

SATURDAY MAY 8, 1999

First event \$10 - additional events \$5 - relay teams free - late entries (after deadline or sign up at meet), \$12 first event - \$6 per additional event (NO REFUNDS)

Deadline: May 1, 1999

Divisions: Men and women; open; submasters (30-39) and masters (40+) compete in 5-year age groups.

2" medal with red, white, and blue ribbon for 1st, 2nd, and 3rd

Facilities: 8-lane artificial surface track, concrete rings

Note: 1999 USA-T&F registration required (available at meet for \$15)

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Track Events	216
11:30 am 4X100 meters relay	2:15 pm 400 meters
11:45 am 1500 meters	2:40 pm 800 meters
12:15 pm 80/100/110 meters hurdles	3:10 pm 200 meters
12:40 pm 2K/3K steeplechase	3:30 pm 3000 meters
1:00 pm 100 meters	4:10 pm 300/400 meters hurdles
1:45 pm 5000 meters (open men & women)	4:30 pm sprint medley relay (400,200, 200,800)
Field Events	
10:30 am javelin (open) & hammer	1:00 pm pole vault (men: open to
11:00 am pole vault (men 50+ & women)	age 49) & shot put
11:30 am high jump (open) & discus	1:30 pm long jump
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FIFTEEN YEARS AGO April 1984

- Gunter Mielke (40, 2:17:59) and Margaret Betz (47, 3:00:49) First Masters in Los Angeles Marathon
- Bill Stewart (41, 47:29) and Cindy Dalrymple (41, 56:05) Claim Masters Titles in Gasparilla 15K
- Midwest Masters Regional Indoor Draws 160 From Nine States and Canada

The National Masters News is devoted exclusively to track & field, long distance running, and racewalking for men and women over age 30. Each month it delivers 32 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competition. Some masters events are sponsored by USATF, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations. Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to age 40 +, 50 + or 55 + (please check the schedule for details). Some events require advance registration. Some require a current USATF card (\$12 to \$15 per year, depending on the region). There are no qualifying standards for most masters athletics

Olympic Bribery Scandal Extends to Masters

APRIL 1. The investigation into the Olympic bribery scandal by former Senator George Mitchell's ethics committee has uncovered a surprising finding.

While checking out the payoffs by the Salt Lake City Organizing Committee to IOC delegates in exchange for their votes to support Salt Lake's bid for the 2002 Winter Games, Mitchell's committee uncovered alleged hidden payoffs to delegates of the USATF Masters Track and Field Committee by bidders for USATF National Masters T&F Championships.

Bidders from Ajo, Ariz., who planned to bid for the 2002 outdoor USATF National Masters T&F Championships, reportedly offered free pack and burro rides to any USATF delegate who visited Ajo to inspect its facilities.

According to reliable sources, masters executive board members were also offered cartons of fresh Metamucil and a two-year supply of Geritol.

One male masters delegate who actually made the trip to Ajo was reportedly wined and dined at the Glitter Gulch Cafe and Tattoo Parlor by two attractive female members of the bid committee well into the wee hours of the morning. The delegate, who was given free housing and food at the Casa del Roach Motel, subsequently raved about the Ajo bid when

National 12K

Continued from page 1

Young, 42, Colorado Springs, Colo., later passed Fox to finish second in 37:23. Fox was third in 38:08. Young's time equates to a 35:06 agegraded performance, the best among the masters men.

Patty Valadka, 41, Houston, Texas, won the women's race in 43:32. The two winners earned \$500 each.

Two-time ILC Grand Prix agegraded champion, Joan Ottaway, 54, Sonora, Calif., produced the best A-G time among the women with a 41:11 (48:33 actual). Twenty-three men and 13 women scored 70% or higher to earn age-graded points.

In near ideal conditions, 10 pending U.S. records, including three agegroup records, were set. Besides Tuttle, Dick Buerkle, 51, Atlanta, Ga., with a 39:30, and Fay Bradley, 61, Washington, D.C., with a 45:20, ran U.S. record times.

Other men's age group champions were M45 Gary Romesser, Indianapolis, 39:20; M55 Jack Nelson, Winnetka, Ill., 42:27; M65 Dick Wilson, Lawrence, Kan., 49:12; M70 John Cahill, Louisville, Ky., 54:03; and M80 Dudley Healy, Chatham, N.J., 92:28.

The remaining women's winners were W45 Sherri Hall-Curl, Costa Mesa, Calif., 46:43; W55 Willy Moolenaar, Fla., 63:18; and Mary Melehan, Englewood, Fla., 66:27.

he returned home, despite admitting he had never actually seen the track or stadium:

One masters delegate said the whole thing was "much ado about nothing," that it hardly compared to the lavish gifts and entertainment foisted upon IOC delegates by Olympic bid cities.

Mitchell's committee, however, was not so forgiving.

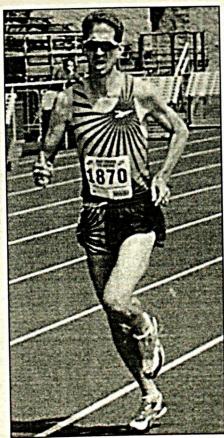
"We are shocked, shocked, that this flagrant bribery has extended to the masters program," the final report stated. "Even though some may consider the gifts as minor, the selling of votes for whatever value is contradictory to the spirit of the Amateur Sports Act of 1978."

Alaska's Senator Ted Stevens, the primary author of the 1978 law, called for a review by an independent counsel of "what other goodies have been provided to delegates in past championships, from open to masters to youth."

Indeed, one unsuccessful bidder for a USATF national masters road championship said his city had budgeted free donuts and coffee for visiting delegates, and was stunned when the bid was awarded to another city, which treated delegates to the Whopper and Coke special at the local Burger King.

"We learned how the game is played," said the bid committee chair.
"Next time, we'll know what to do."

The ethics committee called for the resignation of any masters delegate who had "participated in this distasteful business."



David Jansen, 42, ran an age-graded 87.4%

4:34.81 mile, 1998 Hayward Classic Masters Meet, Eugene, Ore. The 1999 meet will be held on June 19-20, a week before the USATF National Open Championships at Hayward Field.

INDYLIFE CIRCUIT

Age-Grad	ea Mer	
	A-G	Actual
John Tuttle 40	35:06	36:12
Dick Buerkle 51	35:15	39:30
Jack Nelson 59	35:22	42:27
Craig Young 42	35:44	37:23
Gary Romesser 48	35:56	39:20
Vic Heckler 56	36:44	42:58
Chris Fox 40	36:58	38:08
Fay Bradley 61	37:03	45:20
Tom Stevens 43	37:14	39:15
Jan Frisby 54	37:34	43:09
Masters Division S	tanding	s: Mer
John Tuttle 40		15
Crain Vouna 42		12

	-
John Tuttle 40	15
Craig Young 42	12
Chris Fox 40	10
Tom Stevens 43	8
Gary Romesser 48	6
Dick Buerkle 51	5
Ed Sheehan 41	4
Walter Conrad 41	3
Chris Cooper 40	2
Jack Nelson 59	1
	Craig Young 42 Chris Fox 40 Tom Stevens 43 Gary Romesser 48 Dick Buerkle 51 Ed Sheehan 41 Walter Conrad 41 Chris Cooper 40

e-Graded Standing	gs: Mer
John Tuttle 40	50
Dick Buerkle 51	47
Jack Nelson 59	44
Craig Young 42	42
Gary Romesser 48	40
Vic Heckler 56	39
Chris Fox 40	38
Fay Bradley 61	37
Tom Stevens 43	36
Jan Frisby 54	35

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	TABLE OF THE PARTY.		** \$750000 HODE	
		A-G	Actual	
	Joan Ottaway 54	41:11	48:33	
	Patty Valadka 41	41:28	43:32	
	Sherri Hall-Curl 47	42:17	46:43	
	Victoria Crisp 46	42:58	47:03	
	Bev Docherty 40	43:16	45:03	
	Honor Fetherston 44	43:30	46:49	
	Linda Frisby 51	44:20	50:47	
	Sara Flynn-Kramer 40	45:30	47:22	
	Barbara Spannaus 51	47:19	54:12	
	Gloria Jansen 51	48:30	55:33	
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Age-Graded Women

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	Honor Fetherston 44	8
	Victoria Crisp 46	6
	Sara Flynn-Kramer 40	5
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	Linda Frisby 51	3
	Barbara Spannaus 51	2
	Gloria Jansen 51	100
A	ge-Graded Standin	gs: Women
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	Victoria Crisp 46	42
	Bev Docherty 40	40
	Honor Fetherston 44	39
	Linda Frisby 51	38
	Sara Flynn-Kramer 40	37
	Barbara Spannaus 51	36

35

(Compiled by Road Running Infor

BIRMINGHAM TRACK CLUB CLASSIC

(IN CONJUNCTION WITH THE SOUTHEASTERN POLICE AND FIRE CHAMPIONSHIP)

DATE----- June 5, 1999 SITE------ Hoover High School, Birmingham, Al. Eut 10, 1459, go south on Hwy 150 to Parkway, RT on Parkway to Learning Lane to Hoover HS. Watch for signs
FACILITIES- -- Eight Iane Chevron track, Chevron jump and grass runways.
AGE DIVISION- Masters (Age 30 and over) men and women will compete in five year age groups. Open and Youth (18 and under).

ENTRY FEES -- Entries postmarked by May 29, \$10 first event, \$5 each additional event, \$10 each relay. \$25 Mini Decathlon(One medal).

Late registration. (including day of meet, one hour prior to running events)\$10 per event. \$20 each relay.

AWARDS---- Medals to the first three places in each age group.

DIRECTOR---- Gordon Seifert (205) 879-8031 e mail GESEIF@ AOL.COM BTC WEBSITE-For entry form, entry list, etc. www.birminghamtrackclub.org \$100 KC 100m DASH-Top eight age graded times run a distanced handicapped 100m.
\$50 Jim Law 400m DASH-Top age graded 400m time.
\$50 MINI DECATHLON-Select any five of the ten events

TRAK SHAK ULTRA MILE-440 & 880 times are split out in the mile run. The 440, 880 andmile times are age graded and scored like a Cross Country meet.

SCHEDULE OF EVENTS (Women run first, followed by men, older to younger, Police & Riemen) FIELD EVENTS 1 PM 400 meters 2 PM 200 meters 2 50 KC 100m 9 AM 5000 meters 9 AM Hammer throw

10AM 4 x 100 relay 10 30 50 meters Jump 11 00 80-100-110 H 3 PM 800 meters 3 30 300-400 H

10 AM High Jump, Standing Long

Long Jump, Pole Vault, Shot Discus, Javelin

Noon Ultra mile 12 15 100 meters	4 PM	4 x 400 relay	Triple Jump (Follows Std L)
NAME_ ADDRESS		DOB	_AGESEX_TAC#
STRI PLEASE READ AND SIGN I co participate in the BTC Class physically fit and sufficiently to prevent injury to myself.	ertity that it ic with full trained are in consider	knowledge that be necessary ration of the	STATE ZIP TELEPHONE EVENTS ENTERED BEST MARK eing 1
acceptance of my entry, I fe executor, administrators and and discharge any and all The Track Shak, The Knights sentatives arising out of my The Releaser further agrees	assigns an laims agair of Columbu participation	d hereby release ast BTC, Hoover HS, as, agents, or repre- on in the BTC Classic	
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Releasor further ogrees to release and hold harmonic may be subject to Athletes who participate in this competition may be subject to formal drug testing in accordance with USA T & F Regulation 10 and IAAF Rule 55. Athletes found positive for banned substances, or refuse to be tested, will be disqualified from this event and TOTAL FEE ENCLOSED furture competition. Call usoc at 800-233-0393 for into re some MAIL TO: BTC- Gordon Selfert ture competition. Call usoc at 800-233-0393 for into re some DATE

DATE

Mini decathlon \$45

RELAYS X \$10

MAIL TO: BTC- Gordon Selfert 1514 Ridge Road over the counter medications containing banned substances.

DATE

MAKE CHECK TO BTC CLASSIC

PROFILE

Gerard Malaczynski, 56... and Improving

by RON MARINUCCI

erard Malaczynski is a beginning runner. Well, at least a relative beginner. He's proof that it's never too late to start. The 56-year-old Bloomfield Hills, Mich., runner says he's "in my sixth season" of running. Last year he successfully competed against many others who have been running two, three, and even four times longer than himself. In 1998, Malaczynski said, "In nearly every distance I have a PR." He modestly added, "I'm still improving."

His story is fascinating and, in part, reveals why he "loves" running. Malaczynski is a native of Poland. He emigrated in 1983 "for political reasons." He explained, "I was deeply involved in Solidarity," the independent labor union established by Lech Walesa that helped to bring about the collapse of Communism in Poland. Now employed by General Motors, the engineering Ph.D. said, "I was a technical adviser to the Solidarity movement. I lost my job. I was under home arrest for a while."

Finally, almost, "the Communists let me go." Accompanied by his son, Malaczynski initially went to Spain. Coming to the United States, they settled in Michigan. But his ordeal with the Communists was not over.

His wife, a physician, and his daughter remained in Poland, prevented from leaving by the Communist government. "It took a year and a half before they were released." That eighteen months, he said, was short, "I was expecting longer."

No Politics

Perhaps that explains much of his attraction to competitive running. "There aren't too many activities in your life where . . . no politics are involved. The clock says who wins. It's very fair."

The running began when he came to Michigan. "A friend at my office talked me into it. I love it," he said. Always an athlete, he enjoys outdoor activity. "I used to be a mountain climber in Poland." He likes both cross-country and downhill skiing, but it's running he "loves." And, as he modestly offered, "I'm a little talented at it."

"A little talented" is an understatement. At last November's WAVA regional championships in Barbados, he hoped to beat his then 5K PR of 17:49 and to go below 36:00 in the 10K. And he hoped to medal in both events, held back-to-back on Saturday and Sunday.

He missed his time goals (18:13, 39:05), but he wasn't too disappointed. "I won both races, age-graded" and, of course, he was first in his age-group. With a bit of a grunt, he said dismissively, "The times are irrelevant. It was very high temperatures, high humidity, very tough conditions. I never ran so many hills!"

As if to put an exclamation point on his WAVA successes, he returned to the



Gerard Malaczynski finishing the 1998 Chicago Marathon.

Detroit area and ran that 5K PR (17:40) two weeks later. It was particularly gratifying to him, because, "I ran negative splits. I passed five or six runners and ran the last mile close to 5:20"

The negative splits were important to him, since he had been training to do that under his coach, John Biafora. "One of my friends, John Biafora is an excellent man. He's a very, very good coach and I get good results. John... tells me what to do and how to do it."

Varied Training

Under Biafora, Malaczynski varies his training days. "I train four days a week because of my age. I started with more, but I started getting some, not severe, but mild, problems – Achilles, knees. This – Monday, Tuesday, Thursday, Saturday – is better." One of the days is a long distance run. Two focus on speed and include a tempo run and work on the track. Day four "is just jogging."

When training for a marathon, "I strongly believe in running twice over thirty miles," he said. And, especially when training for a marathon, he likes to run hills.

He has also started "to pump iron . . .

I try to do it twice a week, upper body." Weighing 135 pounds, he chuckled that some others in the weight room give him some goodnatured ribbing. He admits that he doesn't always have time to weight train. "If I have a race, I skip it."

The training works, and works well. In 1998, Malaczynski set PRs in the 5K, 10K (36:21), 10 miles (60:31), 25K (1:40:02), and marathon (2:54:29). The 10-mile mark came at the Crim. "I ran my best ever, age-graded," he recalled. Using the WAVA age-graded tables, his time translates to a 52:33. Among American masters runners, he placed second.

A Strong Lead

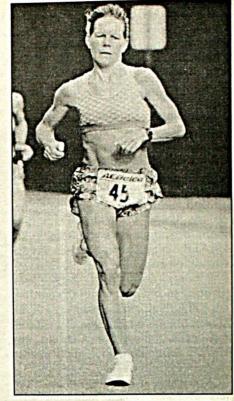
The 25K time came amid strong competition at the Old Kent Riverbank Run, the USATF 25K Championship in Grand Rapids, Mich. He won his age-group by more than three minutes.

The marathon time was posted at Chicago. "I was hoping to break 2:50, but I made some mistakes," he said.

His fastest 8K was 28:56. On a very challenging, hilly 15K course, he posted a 57:46 "in the middle of my marathon training." The 15K was his only non-PR of 1998, but was only off by 21 seconds.

An encore? Malaczynski does have some ambitious goals for 1999, too. "My first race is the Boston Marathon." He quipped, "I'll follow Bill Rodgers. I'll be chasing him." Seriously, he said, "I intend to beat 2:50. That's my target."

He'd also "like to beat sixty minutes at the Crim and, in the fall, beat 36:00" for the 10K. "I always peak in the



VICTOR SAILER/PHOTO RUN
Cindy Keeler, W40 fourth (59:12), 1998 Crim 10
Mile. This year's race, an Indy Life Circuit event,
is scheduled for Aug. 28.

fall." A marathon is somewhere on the schedule, most likely an October date in Detroit, Chicago again, or in Minneapolis, Minn.

Still reaching his running prime, imagine what 1999 will bring. After all, like Malaczynski said, "I'm still improving."

(Ron Marinucci can be reached by e-mail at RMarin6424@aol.com)

Carroll Captures Messenger Memorial Mile

by PETER GLAVIN

Bob Carroll had feelings of deja vu when he walked into the University of Rochester Fieldhouse on Feb. 21 and saw the unique track he was about to compete on. In his college days at SUNY-Fredonia, Carroll had traversed the 207m quasi-oval with its long straightaways, almost square turns, and tunnel that encompasses one end. When he returned 20 years later for the 1999 Roger Messenger Memorial Masters Mile, he felt confident, even though he hadn't beaten rival Tim McMullen in two previous tries this winter.

Carroll, 42, and McMullen, 46, were joined by Tim's brother Charlie, 47, Jerry Kooymans, 43, and Canadian Bob Bracey, 44, in the chase for the \$200 first prize. Carroll had finished fourth to McMullen's second at the Hartshorne Masters Mile and finished second to him at the Syracuse Masters Mile.

Knowing that the bull's eye was placed squarely on his back, Tim McMullen decided to play possum. Carroll took the lead immediately and pushed the pace with Kooymans in his shadow for the first six laps. "I expected Tim to come up and make his move at any time," said Carroll. Except it was Kooymans who went with 350m to go. McMullen stayed

firmly entrenched in third, never posing a threat.

Kooymans and Carroll disappeared into the tunnel, leaving the spectators wondering what the outcome would be. Emerging into the final straight, Carroll, with one last burst, put Kooymans away in a fast 4:29.0. Kooyman's 4:29.7 was worth \$150. Tim McMullen garnered \$100 with a respectable 4:33.0 third.

In a separate 50+ race, Herb Engman, M50, won in 5:12.8. Patti Ford, 43, women's winner of the 1998 National Masters 5K Cross-Country Championships, won the Open Mile with a new masters record of 5:14.9.

The Messenger Memorial Mile was part of the Upstate New York Indoor Mile Championships. The meet was an emotional one for the host Genessee Valley Harriers. Roger Messenger was a member of the 1998 Masters 5K Cross-Country Championships, who was killed two weeks after the championships in a bike-car accident. His twin daughters, April and Ann, 21, competed in the open women's mile, and his son, Ryan, presented the prize money to the winners in the Masters Mile.

Next Year's race will be held in February at Hobart College, Geneva, N.Y. Peter Glavin of the GVH can be contacted at 716-242-9031.



April 1999 Records Section page 17



Masters Records

New Outdoor Age-Group Records Compiled

In this issue are the new world and U.S. five-year age-group track and field records for men and women. The world marks are those compiled and approved as of January 1, 1999, by the Records Committee of the World Association of Veteran Athletes (WAVA). The U.S. records are those compiled and approved, as of December 4, 1998, by the Masters Track and Field Records Sub-Committee of USA Track & Field (USATF). Both committees are headed by Peter Mundle.

No hand times recorded after May 1, 1994 (world) or Jan. 1, 1991 (USA) for races of 400 meters or less are considered for five-year age-group records. However, hand times achieved prior to those dates will continue to be included in the lists until broken by a superior time.

The official USATF record form is printed on this page. U.S. athletes and officials should use this form when applying for a U.S. or world record.

Non-USA athletes should use the WAVA record form, published in this section on page 24. The form should be sent, not to Mundle, but to the WAVA Records Committee Regional Chairmen (addresses on page 24). Both the world and USA Records committees are working to prepare one uniform record form to be used in the future.

All these records have been carefully scrutinized before approval by the Records committees. Mundle's single-age record

book, however, due out next month, does not apply the same scrutiny, due to time constraints. Thus, there is the occasional mark in the book which differs from the five-year age-group mark. Please consider the five-year marks, printed here, as the official records.

Racewalking Records

Also included here are world racewalking "bests" and USA official racewalking records, for each five-year age group, compiled by Bev LaVeck, USATF Masters Racewalking Coordinator. The USATF application form for a racewalking record is printed on page 24.

Long Distance Records

There are no official world long distance road records, but the latest U.S. masters road marks were published in the November, 1998, issue of NMN. U.S. road records are compiled by Road Running Information Center, the record-keeping arm of USATF.

THIS FORM SHALL BE USED FOR AMERICAN AND WORLD RECORDS IT MAY BE USED FOR COLLEGIATE OR OTHER JURISDICTIONAL PERFORMANCES

APPLICATION FOR RECORDS

Send to:

Pete Mundle, Chairman, USATF and WAVA Records Committee, 4017 Via Marina, #C-301, Venice CA 90291, USA.

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(Checker of Implementation (Checker of Implementation) 12. We hereby certify the measured with a metric We also certify that the	JUDGES' CER nat the measurementape (Judges and Find Implements used an	(Ad TIFICATE (F It stated oppos Referee shall re Ind circle or run Judge)	TIELD EVE ite our respo ead measure way complied (Address	NT) ective signament.) d with the L	itures is e	xact as

GUARANTEE BY REFEREE 14. I hereby certify that all the information recorded in this form is accurate, and that all the appropriate rules of the International Amateur Athletic Federation were complied with.

(Signature of Referee or Chief Timekeeper)

(Event Chief Judge)

(Address or USATF Official's Registration Number)

(Address or USATF Official's Registration Number)

WORLD T&F OUTDOOR AGE-GROUP RECORDS Compiled by Peter Mundle and the Records Committee of the World Association

nances verified as of January 1, 1999 of Veteran Athletes (WAVA) thr

	M	en's World Five Ye	ar		
	-	ge-Group Record	S	PRINTS TO	
DIV	100 METE	RS NAME(COUNTRY)	AGE	NEET DATE	
M40 M45		Eddie Hart(USA) Thane Baker(USA)	40	9-16-89 6-14-80	中國
M50	11.2	Ken Dennis(USA)	50	7-18-87	
M55 M60	11.57	Ron Taylor(GBR) Ron Taylor(GBR)	57 61	8- 3-91 6- 4-95	
M65 M70	12.5	Bernard Hogan(AUS) Payton Jordan(USA)	65	11-30-85 6-22-91	
M75	13.4	Payton Jordan(USA) Payton Jordan(USA)	: 75	4-25-92	100
M85	16.3	Duncan McClean(GBR)	88	5-10-97 7- 6-73	199
M90 M95	19.9	Duncan McClean(GBR) Kazuhiko Tsutsumi(JPN)	90 95	6-14-75 9-13-97	
	200 METER			HEET BATE	1 115
M40	MARK 21.86	NAME(COUNTRY) Bill Collins(USA)	AGE 41	8-15-92	
M45	22.30	George Rhoden(JAM) Stan Whitley(USA)	45	7- 2-72 6-20-92	
M50	22.9	Ken Dennis(USA) Ron Taylor(GBR)	50 52	7-18-87 7-31-86	
M55 M60	23.37	Ron Taylor(GBR)	56	7- 5-91 6-10-95	1
M65	24.00	Ron Taylor(GBR) Bernard Hogan(AUS)	65	12- 6-85	
H70 H75	26.8 28.14	Payton Jordan(USA) Payton Jordan(USA)	70 75	6-20-87 6-20-92	
M80 M85	30.89 35.82	Payton Jordan(USA) Kizo Kimura(JPN)	80 85	8-10-97 10-20-96	
M90	44.24	Richard Gathercole(AUS)	90	7-23-97	
0.00	400 METER			MEET ALVE	
	48.10	NAME(COUNTRY) Rolf Gisler(SWI)	41	7-22-95	
	50.20	Fred Sowerby(USA) Steve Robbins(USA)	45 52	8-12-94 7-22-95	
M55	52.6	Ralph Romain(TRI)	58	7-22-90	10000
M65	53.88 57.52	Ralph Romain(TRI) Berthold Neumann(GER)	63	7-22-95 7-22-96	
	61.43 68.5	Wilhelm Selzer(GER) Josiah Packard(USA)	70 75	7-26-97 6-23-79	
M80	75.4	Harold Chapson(USA)	80	7- 9-83	
M85 M90	91.54 1:57.46	Longino Perez(MEX) Toshio Kojima(JPN)	85 91	12- 5-87 10-20-96	
	800 METER	TO THE WAY SEED TO			
DIV.	MARK	NAME (COUNTRY)		MEET DATE	
M45	1:51.25 1:56.16 1:59.45	Peter Browne(GBR) Ronaldo Mercelina(HOL)	41	6-11-90 7- 7-91	
M50 M55	2:05.07	Ronaldo Mercelina(HOL) Tom Roberts(AUS)	50	6-15-96 8- 1-89	
M60 M65	2:12.62 2:14.33	Derek Turnbull(NZL) Earl Fee(CAN)	62 66	7-21-89 7-18-95	
M70 M75		James Lytjen(USA) Harold Chapson(USA)	70 75	7-23-91	
M80	2:53.5	Harold Chapson(USA)	80	5-14-78 7-11-82	
M85 M90	3:29.42 4:28.20	Longino Perez(MEX) Alexander Pittendrich(AUS)	85 90	11-29-87 3-30-97	
	THE STATE OF	The second control of		Marie I	1.000
DIV.	1500 METE	RS NAME(COUNTRY)	AGE	MEET DATE	
M40 M45	3:49.47	Wilson Waigwa(KEN) Ken Sparks(USA)	40	8- 5-89 4-24-90	
M50	4:05.2	Tom Roberts(AUS)	50	3-22-84	
M55 M60	4:12.5	Ron Robertson(NZL) Derek Turnbull(NZL)	55	2- 9-97 8- 5-89	2.00
M65 M70	4:39.87 5:04.54	Simon Herlaar(HOL) Derek Turnbull(NZL)	65	7-16-94 7-26-97	-100
M75	5:28.5	Scotty Carter(USA)	75	6-28-92	THE R
M80 M85	7:03.38	Ed Benham(USA) Longino Perez(MEX)	80 85	12- 5-87	
M90 M95	9:25.2	Paul Spangler(USA) Herb Kirk(USA)	90 95	6-10-89	
	Service .		No.	10-0-70	100
	ONE MILE	NAME (COUNTRY)	AGE	MEET DATE	15.3
M40	4:16.75	David Moorcroft(GBR) David Sirl(NZL)	40	6-19-93 12- 6-87	197
M50		Tom Roberts(AUS) Jack Ryan(AUS)	53	12- 6-87	
M60	4:54.07	Joop Ruter(HOL)	60	12-15-77 8- 1-93	100
M70		Derek Turnbull(NZL) John Keston(USA)	65	2-29-92 7- 8-95	
M75	5:57.2	Scotty Carter(USA) Paul Spangler(USA)	75	7-12-92	
. M85	8:04.7	Josef Galia(GER)		6- 7-80 9- 4-85	1
M95	13:43.6	Herb Kirk(USA) Herb Kirk(USA)	90	8-18-86	1
	3000 ME1	A CONTRACTOR OF THE PARTY OF TH		1.25	
DIV	/. MARK	NAME (COUNTRY)	AGE	MEET DATE	
M45	8:36.0	Jack Foster(MZL) Laurie Ohara(GBR)	43	1-31-76 7- 8-77	便
M50	8:53.8 8:57.28	Ray Hatton(USA)	50	6-25-82	100
M60	9:41.2	John Gilmour(AUS)	55		- E
M70			65		300
H75	12:04.0	Scotty Carter(USA)	75	6-28-92	1
M85	16:32.0	Paul Spangler(USA)	82 85	5- 4-90	
mx	20:08.4	Paul Spangler(USA)	90	9-16-89	W.
01	5000 ME V. MARK	TERS NAME (COUNTRY)	(d) -14	MEET ALTO	447
M4	0 13:45.6	Lucien Rault(FRA)	AGE 40	5-21-76	
M4 M5	0 14:55.60	Antonio Villanueva(MEX)	46 51	6-19-82 7-25-91	1
M5 M6		Ron Robertson(NZL) Stephen James(USA)	55	2-15-97 6- 6-98	
M6 M7	5 16:38.8	Derek Turnbull(NZL)	00	3-13-92	250
M7	5 20:00.13	James Todd(GBR)	75		150
M8 M8	5 25:50.97	Yoshiharu Ueda(JPN)	81 85	8- 6-88	
	0 36:00.64	Alfred Althaus(GER)	93		15

VA) throu	ugh performanc	es	verifie
	10,000 M			
DIV M40	. MARK	NAME(COUNTRY)	AGE 40	MEET DATE 6- 9-76
M45 M50	31:01.90	Antonio Villanueva(MEX) Ron Robertson(NZL)	45 50	11-29-87 7-23-91
M55	34:14.08		55 60	3-16-97 7-20-91
M65	38:23.69		65 71	7-21-91
M80		David Morrison(GBR) Edward Benham(USA)	75 81	9- 9-89 8- 4-88
M85 M90		Josef Galia(GER) Paul Spangler(USA)	87 90	8-28-85 7-29-89
DIV	ONE HOUR	RUN NAME (COUNTRY)	AGE	MEET DATE
M40 M45	18.862	Jozef Eyckmans(BEL) Alain Mimoun(FRA)	40 45	9-18-96 3-20-66
M50	17.261	Alain Mimoun(FRA) Herman Pekis(HOL)	50 56	5-16-71 7-10-94
M60 M65 M70	16.853	John Gilmour(AUS) John Gilmour(AUS)	65	10-21-79
M75	13.181	John Gilmour(AUS) Lou Gregory(USA) Paul Spangler(USA)	70 75 81	6-21-89 12-17-77 11- 1-80
M85		Paul Spangler(USA)	85	11-18-84
DIV.	STEEPLECE MARK	NAME / COUNTRY!		
M40 M45	8:41.5 9:25.28		40	7- 6-77
M50	9:43.97 9:55.05	Ron Robertson(NZL) Ron Robertson(NZL)	50 56	7-27-91 7-27-97
M65	7:03.8 7:53.00	Maurice Morrell(GBR) John Eccles(NZL)	60 65	11- 2-90
M70		Dan Bulkley(USA) Dan Bulkley(USA)	71 76	7-17-93
M80	HURDLES	Dan Bulkley(USA)	80	
DIV	MARK	110M: 35-39,42"; 40-49,39"; 60-69,33"; 80M: 70+,30" NAME(COUNTRY)	100M:	MEET DATE
	14.24 14.7y	Stan Druckery(USA) Valbjorn Thorlaksson(ISL)	40	7-30-89
M50 M55	13.57	Walt Butler(USA) Walt Butler(USA)	50 55	
M60 M65	14.74	Charles Miller(USA)	60	7-18-98
M70 M75	13.2 15.1	Albertos Van Zyl(RSA) Frank Finger(USA)	70 75	
M80 M85	16.98	Mazumi Morita(JPN) Kizo Kimura(JPN)	80 85	10- 9-93 8-18-96
DIV.	LONG HURDLE	S (400m: 35-49,36"; 50-59,33	"; 300a	1: 60+,30") MEET DATE
M40 M45	52.7 55.18	Stan Druckrey(USA) Guido Mueller(GER)	40	7- 8-89 8- 1-86 7- 3-76
M50 M55	58.1 58.92	Jack Greenwood(USA) Guido Mueller(FRG)	50 56	7- 3-76 7-16-95
M65	43.49	Jack Greenwood(USA) Jack Greenwood(USA)	63 65	8- 3-89 7-25-91
M70 M75 M80	50.4	Jack Greenwood(USA) Albertos Van Zyl(RSA) Dan Bulkley(USA)	11	10- 2-94
M85	62.68 89.11	Dan Bulkley(USA) Bob Boal(USA)	81 85	8- 1-98 10-12-97
DIV.	HIGH JUMP	NAME (COUNTRY)	ACE	MEET DATE
M40 M45	2.11	Jim Barrineau(USA) Charlie Rader(USA)	40	7-19-95 7-31-93
M50	1.88	Herm Wyatt(USA) Dieter Wille(GER)	51	8-21-83 10-10-93
M55 M60	1.79	Herm Wyatt(USA) Phil Fehlen(USA)	55 63	5-26-87 7- 4-98
M65 M70	1.64	Jim Gillcrist(USA) Bud Held(USA)	65 70	9-25-93 11- 8-97
M75	1.44	Esko Kolhonen(FIN) Tokuro Miura(JPN)	75 80	8- 4-89 10-12-97
M85 M90	1.20	Kizo Kimura(JPN) Buell Crane(USA)	85 90	6-22-97 7-28-90
DIV.	POLE VAUL	T NAME (COUNTRY)	AGE	-
M40	5.50 5.10	Larry Jessee(USA) Larry Jessee(USA)	44 45	8-24-96 8-10-97
M50.	4.50	Daniel Boray(BEL) Hans Lagerqvist(SWE)	50	9- 2-95
M60 M65	3.90	Herbert Schmidt(GER) Boo Morcom(USA)	61	10-14-71 8- 3-86
H70 H75	3.30	Herbert Schmidt(GER) William Bell(USA)	70	7-18-80 7-19-97
M80 M85	2.51	Carol Johnston(USA) Carol Johnston(USA)	80 85	6-20-92 8- 8-97
	LONG JUMP	NAME (COUNTRY)	AGE	MEET DATE
M40 M45	7.43	Tom Chilton(USA) Tapani Taavitsainen(FIN)	40	3-24-78 8-21-90
M50	6.59	Tapani Taavitsainen(FIN) Stig Backlund(FIN)	51	7-22-95 7-21-95
M60 M65 M70	5.29	Tom Patsalis(USA) Tom Patsalis(USA)	60	7-10-82 12- 1-87
H75	5.19 4.78 4.19	Melvin Larsen(USA) Mazumi Morita(JPN)	70	8-12-94 7-30-88
M85 M90	3.51	Mazumi Morita(JPN) Kizo Kimura(JPN) Buell Crane(USA)	81	5-20-95 8-16-96
	TRIPLE JUI	LONG SECURITY AND LONG SECURITY AND ADDRESS OF THE PARTY	90	4-21-90
DIV.	MARK 16.58	NAME(COUNTRY) Ray Kimble(USA)	AGE	MEET DATE
M45 M50	14.18	Stig Backlund(FIN) Hermann Strauss(GER)	47	7- 2-93 7-28-87
M55 M60	13.69	Stig Backlund(FIN) Hermann Strauss(GER)	55	7-14-82 7-19-95
M65	12.33	Pericles Pinto(POR) Hermann Strauss(GER)	60 65	7-26-91 7-23-97 7-24-96
H70 H75 H80		Vaclav Bartl(SWE) Mazumi Morita(JPN)	70	7-24-96 7-31-88
M85 M90	8.95 7.65 5.51	Mazumi Morita(JPN) Vittorio Colo(ITA)		10-13-93 6-15-97
	3.31	Buell trane(USA)	90	7-28-90

	Uall	luary 1, 1000		
N	SHOT PUT	(35-49: 16#; 50-59: 6Kg; 60-6	9: 5Kg	70+ 4Kg)
	. MARK	NAME (COUNTRY)	AGE	MEET DATE
M40	17.71	Brian Oldfield(USA) Pierre Colnard(FRA)	40	8-22-85 6-12-76
ME	10 /5	Visua Lindeka/CED1	50	
M5	17.50	Klaus Liedtke(GER)	55	7-21-96 6-27-98
M6	14.71 14.77 12.64 12.27	Joe Keshmiri(USA) T. Von Wachenfeldt(SWE) Arnie Gaynor(USA)	67	7-18-95
M70	14.77	Arnie Gaynor(USA)	70	7-10-98
M75	12.04	Ross Carter(USA) Ross Carter(USA)	75 80	9- 3-89 6-25-94
-M85		Lamberto Cicconi(ITA)	- 85	7- 3-90
M90	6.97	Rue((CLaus(O2V)	90	6-20-90 5-23-92
MIC		Tom Lane(USA) Ben Levinson(USA)	103	8-11-98
	DISCUS	THROW (35-49: 2Kg; 50-59: 1.5	Kg; 6	0+: 1Kg)
	V. MARK	AL Oerter(USA)	AGE 43	MEET DATE 5-31-80
M4		Al Assessment	15	3-28-82
M5	1 48 40	Visus Uniffenhach/CED1	52	5-10-97
MO:	61.22			6-15-97 5-19-98
M6	5 55.62	Joe Keshmiri(USA) K. Maksimczyk(GBR) Kauko Jouppila(FIN) Osmo Renvall(FIN)	65	9-17-79
M7	47.76 5 41.60 0 37.86	Kauko Jouppila(FIN)	70	7-23-91
M8	37.86	Osmo Renvall(FIN)	80	7-19-86 7-23-91
mo:	21.12	Lamberto Cicconi(ITA) Lamberto Cicconi(ITA)	86	9-12-90
M90	11.05	Tom Lane(USA)	90 95	7-16-95 9-24-89
		San Anna Carlo De San De La Carlo de La Ca		Application of the last of the
DIV	. MARK	(35-49: 16#; 50-59: 6Kg; 60-	AGE	FEET DATE
M40		Ed Burke(USA)	- 44	4-28-84
M45	64.70	Dave McKenzie(USA) Tom Gage(USA)	46 50	6- 4-95
	62.40	Hans Potsch(AUT)	55	5-16-93 7-16-88
M60	58.50	Hans Potsch(AUT)	60	9-19-93
M7C	51.76	Pentti Saarikoski(FIN)	65 71	7-18-91
M75	40.68	Osmo Renvall(FIN)	75	6-15-86
M80	34.72	John Fraser(AUS)	00	8-20-95
M90	16.96	Friederich Bender(GER) Buell Crane(USA)	85	6-22-85
M95	10.46	Everett Hosack(USA)	96	5-19-98
JAVE	LIN THROW	(35-59: 800 GRAMS - NEW RULES;	60+:	600 GRAMS)
	MARK	NAME(COUNTRY) Thomas Petranoff(USA)	AGE	MEET DATE
145	76.20	Ed Morlund(USA)	48	8- 2-98 8-18-96
150	65.76	Larry Stuart(USA) Larry Stuart(USA)	50	4-30-88
160	64.74	Larry Stuart(USA)	60	4- 8-95 5-23-98
165	55.02 47.70	BOO METO(DOW)	02	3-13-47
175	41.24	Bud Held(USA) Manuel White(USA) Manuel White(USA) Gerhard Schepe(GER)	75	8-17-91
180	33.84	Manuel White(USA) Gerhard Schepe(GER) Buell Crane(USA)	80 85	6-14-96
190	17.44	Buell Crane(USA)	85 90	7-23-97
195	10.32	Tom Lane(USA)	97	5-23-92
	DECATHL	ON(1994 WAVA AGE GRADED SCORING	TABLES)
140	MARK 7789	Wolfgang Linkmann(GER) Rex Harvey(USA)	AGE 41	MEET DATE
145	7780		45	7-18-91
150	8114	Gary Miller(USA)	51	7-27-89
160	8419	Phil Mulkey(USA)	57 62	7-14-95 7-10-93
165	7668	Pekka Penttila(FIN)	65	7-27-89
75	8450 6483	Gudmund Skrivervik(NOR) Gilberto Gonzalez(PUR)	70 76	7-18-91 7-27-89
80	3607	A. E. Pitcher(USA)	84	7-27-86
85	5565	Bob Boal (USA)	85	9-20-97
ıv.	PENTATH	LON(1994 WAVA SCORING TABLES)	EF'A	
40	4083	NAME(COUNTRY) Werner Schallau(GER)	AGE 40	9-24-78
45	4038	Gary Miller(USA)	45	9-30-83
50 55	4283	Gary Miller(USA) Richmond Morcom(USA)	50 56	6-26-88
60	4089	Rudy Hochreiter(AUS)		8-12-77
65 70	4282 4286	Gudmund Skriverik(NOR)	65	7-31-86
75	3917	Adolf Koch(GER) Pierre Darrot(FRA)	70 75	7-22-96
80	3410	Dan Bulkley(USA)	81	8-10-98
85	2472	Ken Carnine(USA)	85	6-19-93
ıv.	WEIGHT F	PENTATHLON(1994 WAVA SCORING TAE		The state of the s
40	3915	NAME(COUNTRY) Vasilios Maganes(GRE)	AGE 41	7-22-95
45	4034	Carl Wallin(USA)	46	12- 7-87
50 55	4701 4884	Tom Gage(USA)	52	7-22-95
60	4950	Richard Rzehak(USA) Richard Rzehak(USA)		12- 7-87 10-16-93
65 70	5230	Karl-Heinz Wendel(GER)	65	7-22-95
75	4666	Ladislav Filip(USA) Arthur Dreher(GER)	70	8-21-98
80	4787	Gerhard Schepe(USA)	75 82	7-26-97 10-16-93
85 90	3619 2225	Berno Wischmann(USA)	86	7-26-97
		Everett Hosack(USA)	93	7-22-95
	W	omen's World Five	Van-	STATE OF
	100 Mg	To work a laborated and the following of	Secret Market Co.	
		Age-Group Pocord	- 13/20	

Age-Group Records

		Age-Group Recor	as	
	100 METE	RS		
W35 W40 W45	10.85 11.99 12.50 12.5	NAME(COUNTRY) Marlene Ottey(JAM) Zdenke Mosika(CZE) Phil Raschker(USA)	AGE 35 40 48	MEET DATE 8- 6-95 7-20-97 9- 2-95
W50 W55 W60 W65	12.5 12.50 13.6 13.9	Maeve Kyle(GBR) Wendy Ey(AUS) Phil Raschker(USA) Shirley Peterson(NZL) Shirley Peterson(NZL)	45 45 50 55 60	1-21-74 2- 4-84 5-17-97 1-21-84 2-25-89
W70 W75 W80 W85	15:.42 16:.12 18:.42 28:.61	Shirley Peterson(WZL) Paula Schneiderhan(GER) Paula Schneiderhan(GER) Hanna Gelbrich(GER) Ivy Granstrom(CAN)	65 71 75 80 85	2-26-94 10-15-93 7-20-97 10-15-93 7-20-97

Continued on next page

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Co	ntinu	ed from pre	evious page		
	DIV.	200 METERS	NAME (COUNTRY)	AGE H	EET DATE
	W35	21.93	Marlene Ottey(JAM) Phil Raschker(USA)	35	8-25-95 8- 3-89
	W45	25.46	Phil Raschker(USA)	47	6-20-94
	W55	25.72 28.13	Phil Raschker(USA) Brunhilde Hoffmann(GER)	56	7-23-97 7-26-96
	W65	29.43 31.38	Corrie Roovers(HOL) Shirley Peterson(NZL)	61	7-26-96 3-27-94
	W70 W75	33.19 34.40	Monica Shone(GBR) Paula Schneiderhan(GER)	70 75	8-11-96 7-23-97
	W80	41.11	Polly Clarke(USA)	82 85	8-15-92 7-23-97
		400 METERS	Ivy Granstrom(CAN)		
	DIV.	MARK 50.56	NAME(COUNTRY) Aurelia Penton(CUB)		7-15-78
	W40	53.68	Sara Montecinos(CHL)	40	3-20-94
	W50	56.82 58.51	Mary Libal(USA) Marge Allison(AUS)	50	7-22-95 7-22-95
		64.50 67.80	Brunhilde Hoffmann(GER) Irene Obera(USA)	55 61	7-22-95 7-22-95
	W65	73.71	Anna Mangler(GER) Anna Mangler(GER)	65	8- 5-89 10-16-93
		89.62	Polly Clarke(USA) Polly Clarke(USA)		8-25-85 8-3-90
	W85	1:40.45 2:13.68	Rosario Iglesias(MEX)	86	7-26-97
	W90	3:45.62	Bertha Holt(USA)	90	6-29-96
	DIV.		NAME (COUNTRY)		HEET DATE
	W35	1:56.53	Lyubov Gurina(RUS) Yekatarina Podkopayeva(URS)	36	7-30-94 6-30-94
	W45	2:14.92 2:21.9	Barbara Blurton(GBR) Carolyn Oxton(GBR)	45 52	2- 6-96 7-24-96
	W55	2:22.47	Carolyn Oxton(GBR)	55	8-30-98
	W60 W65	2:41.01 2:54.5	Jeanne Hoagland(USA) Toni Borthwick(GBR)	60	7-22-97 7-28-96
	W70	3:10.72 3:32.98	Nina Naumenko(URS) Johanna Luther(GER)	71 75	7-26-96 8- 1-89
	W80	3:54.81	Johanna Luther(GER)	80 86	10-10-93 7-22-97
	W85	5:00.58 1500 METER	Rosario Iglesias(MEX)		12.41
		MARK	NAME (COUNTRY)	AGE 35	MEET DATE 8-30-85
	W35	3:59.78	Maricica Puica(ROM) Yekatarina Podkopayeva(URS)	42	7-18-94
	W45	4:33.1	Antoinette Burleigh(FRA) Carolyn Oxton(GBR)	45 52	6- 3-94 9-11-96
	W55	4:57.4 5:34.04	Carolyn Oxton(GBR) Edeltraud Pohl(GER)	55	8-26-98 7-19-96
	W65	6:02.64	Melitta Czarwenka-Nagel (GER)	66	7-19-96
	W70	6:14.52 7:06.13	Nina Naumenko(URS) Johanna Luther(GER)	71	7-25-95 7-27-91
	W80		Johanna Luther(GER) Lvy Granstrom(CAN)	80 85	10-16-93 7-26-97
	80,	ONE MILE			
	DIV.	4:17.33	Maricica Puica(ROM)	AGE 35	MEET DATE
	W40	4:23.78 5:02.31	Yekatarina Podkopayeva(URS Heather Mathews(NZL)		
	W50	5:24.6	Elaine Statham(GBR) Carolina Keysers(HOL)	50 56	8-27-94
	W60	6:24.8	Joselyn Ross(GBR)	63 65	9-18-91
	W65	6:41.64 7:26.0	Rosamund Dashwood(CAN) Pat Dixon(USA)	70	6-24-89
	W80 W85	9:49.40	Ivy Granstrom(CAN) Ivy Granstrom(CAN)	80 86	5-31-92 6-27-98
	DIV	3000 METE	NAME (COUNTRY)		
	W35	8:27.83	Maricica Puica(ROM)	AGE 35	9- 7-85
	W45	10:18.10	Joyce Smith(GBR) Els Raap(HOL)	40	
	W50		Edeltraud Pohl(GER) Shirley Matson(USA)	52	
	W60		Denise Alfvoet(BEL) Joselyn Ross(GBR)	60	5-16-96
	W70	13:50.8	Jose Waller(GBR)	70	10- 4-92
	W80	21:18.6y	Bess James(USA) Ivy Granstrom(CAN)	75 80	6-28-92
	W85	24:08.62 5000 METE	Ivy Granstrom(CAN)	86	6-28-98
	DIV W35		NAME(COUNTRY) Ingrid Kristiansen(NOR)	AGE 35	MEET DATE 791
	W40	15:51.7	Nicole Leveque(FRA)	42	6-12-94
	W45	16:17.6 17:25.6	Evy Palm(SWE) Shirley Matson(USA)	45 50	
	W55	18:43.65 19:14.8	Shirley Matson(USA) Marion Irvine(USA)	55	
	W65	21:37.8	Joselyn Ross(GBR)	65	8-14-93
	W75	25:43.39	Jose Waller(GBR) Johanna Luther(GER)	76	8- 4-89
	W80 W85	28:32.67 37:02.30	Johanna Luther(GER) Matsue Nishiyama(JPN)	80 86	
	DIV	10,000 ME		400	WEET DATE
	W35	31:20.28	Ingrid Kristiansen(NOR)	AGE 35	MEET DATE
	W40	32:12.07 35:35.5	Nicole Leveque(FRA) Bernardine Portenski(NZL)	42	
	W50	36:44.47 38:38.6	Jutta Pederson(SWE) Jean Albury(AUS)	50 55	7-19-97 4- 5-85
	W60	43:07.45 45:49.42	Eve Pell(USA) Shirley Brasher(AUS)	60	
	W70	48:10.98	Jose Waller(GBR)	71	7-18-93
	W75	53:13.63 58:40.03	Johanna Luther(GER) Johanna Luther(GER)	77 80	7-21-91 10- 7-93 7- 3-98
	W85	86:55.70	Ivy Granstrom(CAN)	86	7- 3-98
	DIV	2000 METE	R STEEPLECHASE (36") NAME(COUNTRY)	AGE	MEET DATE
	W35	7:05.76	Veronica Boder(GBR) Marietjie Ceronio(USA)	35 40	7-17-94 8- 8-97
	W45	7:38.08	Margaret Orman(NZL)	49 51	7-27-91 3-13-93
	W50 W55	7:43.99 8:13.4	Margaret Orman(NZL) Margaret Orman(NZL)	55	3-15-97
	W60	10:29.91 12:44.98	Nan Little(NZL) Tony Smit(AUS)	61	4- 2-88 4-18-92
		SHORT HUR	DLES (35-39: 100M,33"; 40+:	80M,3	O") MEET DATE
	W35		Yelizaveta Chemyshova(RUS)	35	6-19-93
	W45	12.22	Jocelyn Harwood(GBR) Phil Raschker(USA)	40	5-17-98 8- 5-94
	W50	12.68	Phil Raschker(USA) Corrie Roovers(HOL)	50 56	7-20-97 7-20-91
	W60	13.89	Corrie Roovers(HOL) Asta Larsson(SWE)	60	6-15-96 7-20-97
	W65	20.89	Rosaline Sole(NZL)	73	7-22-89 7-21-91
	W75	LONG HURG	Rosaline Sole(NZL) DLES (400m: 35-49, 30"; 300m:	50+,	
	DIV	. MARK	MAME(COUNTRY) Marina Stepanova(URS)	AGE 36	MEET DATE 9-17-86
	-W40	63.04	Maria Sangous Espina(ESP)	40	7-16-95 4- 3-94
	445	64.09	Jan Hynes(AUS)	47	

8.43 2.11 3.05 5.67 6.50 6.50 HIGH JUMP ARK 1.88 1.72 1.72 1.75 1.55 1.55 1.43 1.36 1.27	Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Hinton(USA)	51 56 60 65 70 AGE 35 44 40 45 50 55 65 70	6- 4-95 7-25-91 7-16-95 10-13-93 8- 1-96 MEET DATE 4-23-88 8- 9-97 7-16-95 8-13-98 5-25-97 7-23-91 7-26-97	U55 W60 W65 W70 W75 W80 W85 W95 DIV.	14.47 12.52 10.90 8.52 7.80 7.71 5.92 3.39 DISCU: MARK 69.60 62.92 48.94 44.48	S GHA III
3.05 5.67 6.50 HIGH JUMP ARK 1.88 1.72 1.75 1.75 1.43 1.36 1.27 1.27 1.36 1.27	Corrie Roovers(MOL) Isabel Hofmeyr(RSA) Leonore McDaniels(USA) NAME(COUNTRY) Debbie Brill(CAN) Debbie Brill(CAN) Carmen Karg(URS) Debbie Brill(CAN) Phil Raschker(USA) Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Hinton(USA)	60 65 70 AGE 35 44 40 45 50 55 60 65	7-16-95 10-13-93 8-1-98 MEET DATE 4-23-88 8-9-97 7-16-95 8-13-98 5-25-97 7-23-91 7-26-97	W65 W70 W75 W80 W85 W95 DIV. W35 W40	10.90 8.52 7.80 7.71 5.92 3.39 DISCU: MARK 69.60 62.92 48.94	G H H H R R M S THROW
5.67 6.50 HIGH JUMP ARK 1.88 1.72 1.72 1.75 1.55 1.43 1.36 1.27 1.21	Isabel Mofmeyr(RSA) Leonore McDaniels(USA) NAME(CCUNTRY) Debbie Brill(CAN) Debbie Brill(CAN) Carmen Karg(URS) Debbie Brill(CAN) Phil Raschker(USA) Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Margaret Minton(USA)	65 70 AGE 35 44 40 45 50 55 60 65	10-13-93 8- 1-98 MEET DATE 4-23-88 8- 9-97 7-16-95 8-13-98 5-25-97 7-23-91 7-26-97	W70 W75 W80 W85 W95 DIV. W35 W40	8.52 7.80 7.71 5.92 3.39 DISCU: MARK 69.60 62.92 48.94	HI II MI RI MI S THROW
76.50 HIGH JUMP ARK 1.88 1.72 1.72 1.75 1.43 1.36 1.27 1.22 1.01	Leonore McDaniels(USA) NAME(COUNTRY) Debbie Brill(CAN) Debbie Brill(CAN) Carmen Karg(URS) Debbie Brill(CAN) Phil Raschker(USA) Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Margaret Minton(USA)	70 AGE 35 44 40 45 50 55 60 65	8- 1-98 MEET DATE 4-23-88 8- 9-97 7-16-95 8-13-98 5-25-97 7-23-91 7-26-97	W75 W80 W85 W95 DIV. W35 W40	7.80 7.71 5.92 3.39 DISCUS MARK 69.60 62.92 48.94	II MA Ri MA S THROW
HIGH JUMP ARK 1.88 1.72 1.72 1.75 1.55 1.43 1.36 1.27 1.22 1.01 0.90	NAME(COUNTRY) Debbie Brill(CAN) Debbie Brill(CAN) Carmen Karg(URS) Debbie Brill(CAN) Phil Raschker(USA) Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Minton(USA)	AGE 35 44 40 45 50 55 60 65	MEET DATE 4-23-88 8- 9-97 7-16-95 8-13-98 5-25-97 7-23-91 7-26-97	W80 W85 W95 DIV. W35 W40	7.71 5.92 3.39 DISCU: MARK 69.60 62.92 48.94	MA RI MA S THROU F
ARK 1.88 1.72 1.75 1.55 1.43 1.36 1.27 1.22 1.01	Debbie Brill(CAN) Debbie Brill(CAN) Carmen Karg(URS) Debbie Brill(CAN) Phil Raschker(USA) Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Margaret Minton(USA)	35 44 40 45 50 55 60 65	4-23-88 8- 9-97 7-16-95 8-13-98 5-25-97 7-23-91 7-26-97	U85 U95 DIV. U35 U40	5.92 3.39 DISCU: MARK 69.60 62.92 48.94	R MASS THROW
ARK 1.88 1.72 1.75 1.55 1.43 1.36 1.27 1.22 1.01	Debbie Brill(CAN) Debbie Brill(CAN) Carmen Karg(URS) Debbie Brill(CAN) Phil Raschker(USA) Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Margaret Minton(USA)	35 44 40 45 50 55 60 65	4-23-88 8- 9-97 7-16-95 8-13-98 5-25-97 7-23-91 7-26-97	W95 DIV. W35 W40 W45	3.39 DISCU: MARK 69.60 62.92 48.94	MAS THROW
1.72 1.72 1.75 1.55 1.55 1.43 1.36 1.27 1.22 1.01 0.90	Debbie Brill(CAM) Carmen Karg(URS) Debbie Brill(CAM) Phil Raschker(USA) Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Minton(USA)	44 40 45 50 55 60 65	8- 9-97 7-16-95 8-13-98 5-25-97 7-23-91 7-26-97	DIV. W35 W40	DISCUS MARK 69.60 62.92 48.94	S THROW
1.72 1.72 1.75 1.55 1.55 1.43 1.36 1.27 1.22 1.01 0.90	Carmen Karg(URS) Debbie Brill(CAN) Phil Raschker(USA) Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Minton(USA)	40 45 50 55 60 65	7-16-95 8-13-98 5-25-97 7-23-91 7-26-97	W35 W40 W45	MARK 69.60 62.92 48.94	F
1.72 1.75 1.55 1.43 1.36 1.27 1.22 1.01 0.90	Debbie Brill(CAN) Phil Raschker(USA) Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Minton(USA)	45 50 55 60 65	8-13-98 5-25-97 7-23-91 7-26-97	W35 W40 W45	69.60 62.92 48.94	H
1.75 1.55 1.43 1.36 1.27 1.22 1.01 0.90	Debbie Brill(CAN) Phil Raschker(USA) Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Minton(USA)	50 55 60 65	5-25-97 7-23-91 7-26-97	W40	62.92	H
1.43 1.36 1.27 1.22 1.01 0.90	Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Hinton(USA)	55 60 65	7-23-91 7-26-97	W45	48.94	
1.43 1.36 1.27 1.22 1.01 0.90	Taisija Tshentchik(URS) Chris Schmalbruch(GER) Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Hinton(USA)	60 65	7-26-97			0
1.36 1.27 1.22 1.01 0.90	Chris Schmalbruch(GER) Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Hinton(USA)	65		V50	11 10	
1.27 1.22 1.01 0.90	Leonore McDaniel(USA) Leonore McDaniel(USA) Margaret Hinton(USA)					-
1.22 1.01 0.90	Margaret Hinton(USA)	70	8-11-93	W55	43.36	T
1.01	Margaret Hinton(USA)		5- 9-98	W60	37.56	R
0.90		75	8-17-96	W65	30.00	1
	Mary Bowermaster(USA)	81	8-13-98	W70	25.80	T
			THE CHARLES THE T	W75	21.22	
	HAME (COUNTRY)	ACE	MEET DATE	W80	18.50	
				W85	13.92	R
					HAMMED	THEOL
				niv		Inkou
						L.
		50				Z i
						i
						v
1.50	Margaret Hinton(USA)	13	9-51-40			J
LONG JUMP						
ARK	NAME (COUNTRY)	AGE	MEET DATE			
6.58						
						A
						R
				W90	p14.40	
					JAVEL	IN THRO
				DIV.	MARK	
				W35	67.00	T
				. W40	51.84	A
				W45		A
				W50		H
						G
						G
The state of the s	The state of the s	80	3-28-95			J
						H
IARK	NAME (COUNTRY)					H
3.02	Yannick Gacon(FRA)	35	7-19-92			H
2.48	Conceicao Geremiur(BRA)	41	7-23-97			R
1.98	Akiko Oohinata(JPN)	45	7-16-95	PARTICIPATE AND ADDRESS.	Sale San	ALC: NAME OF
0.49	Phil Raschker(USA)				WEIGHT	PENTAL
9.82	C. Schmellbruch(GER)	56	10-13-93	DIV.		Array 181
0.03	C. Schmellbruch(GER)			W35	3894	C
9.03	Shirley Peterson(NZL)			W40	4015	C
7.18	Mary Partridge(AUS)			W45	4481	CI
6.31	Mary Partridge(AUS)	75	3-23-96		4052	V
5.65	Ruth Frith(AUS)			W55	4826	E
5.50	Ruth Frith(AUS)	86	3-25-95		5061	1
SHOT PUT	(35-49: 4Kg: 504: 3Kg)		The state of the s	W65	5340	
		ACI	F MEET DATE	W70	4141	- 4
				W75	3235	
				W80	3466	A
				W85	3624	R
				THE PERSON NAMED IN	Lord No.	
Deg Co.	10 100	220 100	The state of the state of	The state of the s		
LA655544473322	POLE VAULT RK 3.80 3.80 3.38 3.40 3.38 3.10 2.56 2.10 2.16 1.50 0.0NG JUMP RK 5.58 5.52 5.52 5.52 6.52 6.52 7.8 8.78 8.78 8.78 8.78 8.78 8.78 8.78	NAME (COUNTRY) 3.80 Cassandra Kelly(NZL) 3.40 Elizabeth Hartigan(AUS) 3.38 Phil Raschker(USA) 3.38 Phil Raschker(USA) 2.56 Joy Macdonald(USA) 2.56 Joy Macdonald(USA) 2.10 Leonore McDaniels(USA) 2.10 Leonore McDaniels(USA) 2.16 Leonore McDaniels(USA) 3.70 Margaret Hinton(USA) 3.71 Margaret Hinton(USA) 3.72 Maryna Van Niekirk(RSA) 3.73 Anna Wlodarczyk(POL) 3.75 Akiko Ohinata(JPN) 3.75 C. Schmallbruch(GER) 4.75 C. Schmallbruch(GER) 4.77 Paula Schneiderhan(GER) 3.78 Haru Kinjo(JPN) 3.74 Paula Schneiderhan(GER) 3.75 Mary Bowermaster(USA) 7.17 Rescher(USA) 7.18 Mary Bowermaster(USA) 7.19 Phil Raschker(USA) 7.10 Yannick Gacon(FRA) 7.10 Yannick Gacon(FRA) 7.11 Mary Partridge(AUS) 8.11 Mary Partridge(AUS) 8.12 NAME(COUNTRY) 8.13 Mary Partridge(AUS) 8.14 Mary Partridge(AUS) 8.15 Mary Partridge(AUS) 8.16 Mary Partridge(AUS) 8.17 NAME(COUNTRY) 8.18 Mary Partridge(AUS) 8.19 NAME(COUNTRY) 8.19 Name(COUNTRY) 8.10 Name(COUNTRY) 8.11 Mary Partridge(AUS) 8.11 Mary Partridge(AUS) 8.11 Name(COUNTRY) 8.11 Name(NAME	NAME	NAME NAME	NAME NAME

-					The San Print	and the last of th
	W55	14.47		Sigrin Kofink(GER)	56	7-21-91
	W60	12.52		Sigrin Kofink(GER)	60	7-19-95
	W65	10.90		Galine Zybina(URS)	65	7-20-96
	W70	8.52		Hanna Kiehr(GER)	70	7-19-95
	W75	7.80		Irja Sarnama(FIN)	78	8-22-84
	W80	7.71		Masayo Kohno(JPN)	81	9-15-95
	W85	5.92		Ruth Frith(AUS)	86	3-25-95
	W95	3.39		Margaret White(USA)	98	9- 7-92
		DISC	US THR	OU (1Kg)		
	DIV.	MARK	200 E	NAME (COUNTRY)	AGE	MEET DATE
	W35	69.60)	Faina Myelnik(URS)	35	9- 9-80
	W40	62.92	200,019	Helgi Parts(URS)	41	10- 4-78
	W45	48.94		Odete Domingos(BRA)	47	4- 8-82
	W50	44.48	3	L. Hmelevskaja(URS)	50	7-26-91
	W55	43.36		Tamara Danilova(RUS)	57	8-10-96
	W60	37.56	200	Rosemary Chrimes(GBR)	60	10-11-93
	W65	30.00		Ingeborg Pfuller(ARG)	65	7-22-97
	W70	25.80		Toyoko Yoshiro(JPN)	70	8-12-90
	W75	21.22		Annchen Reile(GER)	78	10-11-93
	W80	18.50		Annchen Reile(GER)	82	7-22-97
	W85	13.97	100	Ruth Frith(AUS)	88	1- 3-98
		HAMM	ER THR	OW (35-49: 4Kg; 50+: 3Kg)		
	DIV.	MARK		NAME (COUNTRY)	AGE	MEET DATE
	W35	59.50		Lyubov Karpova(RUS)	35	8- 6-93
	W40	44.00		Lisa Kirsch(AUS)	44	3- 2-96
	W45	44.56		Inge Faldager(DEN)	45	10-13-93
		51.73		MLeena Parviainen(AUS)	53	4- 9-98
		49.46		Vanessa Hilliard(USA)	55	4- 5-97
	W60	46.04		Jutta Schaefer(GER)	63	7-21-95
	W65	39.22		Jutta Schaefer(GER)	65	7-19-97
	W70	29.51		Ilse Bellin(GER)	70	8- 3-91
	W75	23.34		Ilse Bellin(GER)	75	7-25-96
	W80	20.04		Annchen Reile(GER)	81	7-25-96
	W85	18.26		Ruth Frith(AUS)	85	7-21-95
	W90	p14.40		Irja Sarnama(FIN)	90	6- 6-95
		JAVE	LIN TH	ROW (30-49: 600G: 50+: 400G)	
	DIV.	MARK		NAME (COUNTRY)	AGE	MEET DATE
	W35	67.00		Tuula Laaksala(FIN)	35	9-10-88
	W40	51.84		Anneli Virkkala(FIN)	40	8- 2-87
	W45	47.74		Anneliese Gerhards(GER)	45	5-30-81
	W50	48.56	6.55	Mary Thomas(AUS)	51	7-21-95
	W55	46.08	1000	Gertraud Schonauer(AUT)	55	8-29-92
	W60	41.28		Gertraud Schonauer(AUT)	60	7-12-97
	W65	30.58		Joan Ogden(GBR)	65	7-19-92
	W70	24.97		Hanna Gelbrich(GER)	70	9-26-83
	W75	22.70		Hanna Gelbrich(GER)	78	7-20-91
	W80	19.86		Hanna Gelbrich(GER)	80	10- 9-93
	W85	11.11	The same	Ruth Frith(AUS)	88	3-28-98
			- Files	TAR STANK TOP THE TAR	1561	
			HT PENT	TATHLON(1994 WAVA SCORING TAE	AGE	MEET DATE
		MARK	127		36	12- 7-87
	W35	3894 4015		Christine Schultz(AUS) Christine Schultz(AUS)	- 44	7-22-95
	W45	4481		Christine Schultz(AUS)	46	7-26-97
	W50	4052		Vanessa Hilliard(USA)	54	7-22-95
	W55	4826		Eveun B. Williams(GBR)	55	10-16-93
	W60	5061		Jutta Schaefer(GER)	63	7-22-95
	W65	5340	100	Jutta Schaefer(GER)	65	7-26-97
	W70	4141		Lena Grobler(RSA)	70	10-16-93
	W75	3235		Annchen Reile(GER)	76	10-16-93
	W80	3466		Annchen Reile(GER)	80	7-22-95
	W85	3624	Marie !	Ruth Frith(AUS)	85	7-22-95
	6582	Slock at		Continued	on n	ext page
				Continued	31111	P-B-





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U.S.A. T&F OUTDOOR AGE-GROUP RECORDS

Compiled by Peter Mundle and the Records Subcommittee of the TAC Masters T&F Committee through performances verified as of December 4, 1998

Men's U.S.A. Five Year Age-Group Records

			ge-Group Records		
		100 METE	RS		MEET DATE
	DIV.	MARK 10.3	NAME (RESIDENCE) Ruben Whitney (TX)	AGE 35	6-14-80
		10.87	Eddie Hart(CA)	40	7-30-89
		10.6n 11.02	Eddie Hart(CA) Stan Whitley(CA)	40	9-11-89
		11.0n	Thane Baker(TX)	48	6-14-80
	M50	11.38	Stan Whitley(CA)	52	8- 1-98 7-18-87
	M55	11.2n 11.66	Ken Dennis(CA) Ralph Summerlin(AL)	58	7-14-90
		11.6n	Payton Jordan(CA)	56	6-23-73
		11.6n 11.8	Alfred Guidet(CA) Payton Jordan(CA)	56	5-27-78
		12.6	Payton Jordan(CA)	65	6-12-82
	M70	12.91	Payton Jordan(CA) Payton Jordan(CA)	74	6-22-91
	M75 M80	13.72 14.35	Payton Jordan(CA)	80	5-10-97
	M85	17.98	Russell Randall(CO)	85	8-14-92
	M90	20.69	Buell Crane(ID)	70	1-21-10
		200 METER			
	DIV.	MARK 20.8	Delano Meriwether(US)	AGE 35	MEET DATE 6- 9-78
		21.86	Bill Collins(TX)	- 41	8-15-92
	M45	22.30	Stan Whitley(CA)	53	6-20-92
		22.98 22.9n	Stephen Robbins(CA) Ken Dennis(CA)	50	7-18-87
		23.6	Alfred Guidet(CA)	55	6-24-73
		24.82	James Law(NC)	60	7-23-97
		26.05 26.8	Payton Jordan(CA)	70	6-20-87
	M75	28.14	Payton Jordan(CA)	75	6-20-92
		30.89 40.29	Payton Jordan(CA) Konrad Boas(NY)	80 86	8-10-97 8- 3-89
		48.6	Collister Wheeler(OR)	90	7-30-87
		62.28	Herb Kirk(MT)	95	7-26-91
		400 METER	RS		
	DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
	M35	46.38	James King(CA) James King(CA)	35	5-25-84 8- 5-89
		50.20	Fred Sowerby(NV)	45	8-12-94
15	M50	51.63	Stephen Robbins(CA)	52	7-22-95
	M55 M60	54.56 56.58	Rudolph Valentine(NY) Larry Colbert(MD)	55	7-26-97
	M65	58.79	Jim Law(NC)	65	7- 5-91
	M70 M75	68.5	John Alexander(TX) Josiah Packard(CA)	70 75	9-24-89 6-23-79
	M80	75.4	Harold Chapson(HA)	80 86	7- 9-83
	M85	93.59	Russell Randall(CO) Paul Spangler(CA)	90	8-12-93 9-16-89
	SING				
	DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
	M35	1:43.36	Johnny Gray(CA)	35	8-16-95
	M40 M45	1:52.5	Ken Popejoy(IL) Don Parker(CA)	40	5-31-91 5-12-90
	M50	1:56.27	Bill Fitzgerald(CA)	50	6-29-75
	M55	2:08.7	Vic Heckler(IL)	55	6-18-98
	M60 M65	2:13.33	Mack Stewart(TX) Frank Finger(VA)	60	4- 4-98 7- 5-80
	M70	2:27.57	James Lytjen(CA)	- 70	7-23-91
	M75	2:40.0	Harold Chapson(HI)	75	5-14-78
	M80 M85	2:53.5	Harold Chapson(HI) Paul Spangler(CA)	80 85	7-11-82 5- 5-84
	M90	4:39.59	Paul Spangler(CA)	90	6-10-89
	M95	6:02.94	Herb Kirk(MT)	95	7-23-91
		1500 MET			
	DIV.	MARK 3:40.83	NAME(RESIDENCE) Steve Scott(CA)	AGE 35	MEET DATE 6-14-91
	M40	3:53.18	Larry Almberg(WA)	42	8- 5-89
	M45	4:00.53	Ken Sparks(OH)	45	4-24-90
	M50	4:05.8	Ray Hatton(OR) Vic Heckler(IL)	50	7- 8-82 8-17-97
	M60	4:32.09	Jim Sutton(PA)	60	7-27-91
	M65 M70	4:56.31	Joe King(CA) James Lytjen(CA)	65	7-27-91
	M75	5:28.5	Scotty Carter(MA)	75	6-28-92
	M80 M85	6:04.28	Ed Benham(MD) Paul Spangler(CA)	80	12- 5-87 5- 5-84
	M90	9:25.2	Paul Spangler(CA)	90	6-10-89
	M95	13:53.8	Herb Kirk(MT)	95	10- 6-90
		ONE MIL			
	DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
	M35	3:54.13	Steve Scott(CA) Larry Almberg(WA)	35 43	7- 1-91 4-28-90
	M45	4:18.83	Ken Sparks(OH)	45	4-24-90
	M50	4:32.2	Bill Fitzgerald(CA) Vic Heckler(IL)	50	7-13-75
	M60	4:58.2	Jim Sutton(PA)	60	8-17-97 8-17-91
	M65	5:22	Monty Montgomery(CA)	65	4- 8-72
	M70 M75	5:42.2 5:57.2	Monty Montgomery(CA) Scotty Carter(MA)	70	7- 9-77 7-12-92
	M80	8:07.1	Paul Spangler(CA)	81	6- 7-80
	M85	12:23.6	Herb Kirk(MT) Herb Kirk(MT)	87 90	8-26-83 8-18-86
	M95	14:48.2	Herb Kirk(MT)	95	10- 6-90
		7000		HE	Y. Alexander
	DIV	3000 ME	NAME(RESIDENCE)	AGE	MEET DATE
	M35	7:56.69	Steve Scott(CA)	35	5-25-91
	M40 M45		Web Loudat(NM) Kirk Randall(MA)	40	6-13-87
	M50	8:53.8	Ray Hatton(OR)	50	6-13-87 6-25-82
	M55	9:37.88	Ray Hatton(OR)	56	6-26-88
	M60 M65		Don Gammie(OH) 1 Paul Heitzman(KS)	60	8-10-91 6-28-98
	M70	11:46.2	Harold Chapson(HI)	73	3-28-76
	M75		Scotty Carter(MA) Bed Benham(MD)	75 82	6-28-92
	M85	16:32.0	Paul Spangler(CA)	85	5- 4-90
	M90		Paul Spangler(CA)	90	9-16-89

e ti	nroug	h performances	ver	ified a
	SOOD MET	NAME (RESIDENCE)	AGE	MEEJ DATE 6- 5-93
M35	14:59.6	Hal Higdon(IN)	41	8-25-72
M45	15:41.67	Mike Heffernan(OR)	50	8- 1-89 7-25-91
M55	17:19.0	James O'Neil(CA) Clive Davies(OR)	55	1-12-81 8- 2-80
M65	18:43.61		65	7-25-91 7-23-91
M75			75 81	8- 1-69
M85	28:03.8	Paul Spangler(CA) Paul Spangler(CA)	85 90	4-14-84 8- 1-89
M95		Herb Kirk(MT)	95	7-25-91
DIV.	MARK	NAME (RESIDENCE) Steve Plasencia (US)	AGE 36	MEET DATE 6-18-93
M40 M45		Craig Young(CO) Ray Hatton(OR)	40	8- 1-98 6-11-77
M50 M55	32:10.4 33:00.66	Ray Hatton(OR)	51	6-18-83
M60 M65	35:19.8 38:38.0	Clive Davies(OR)	63	8-19-78 8- 3-76
M70	38:23.69	Norman Bright(WA) Warren Utes(IL) Edward Benham(MD)	70 75	7-20-91
M80	44:29.4	Edward Benham(MD)	81 86	
M90	63:58.4 71:40.78	Paul Spangler(CA) Paul Spangler(CA)	90	7-29-89
	ONE HOUR	RUN NAME (RESIDENCE)	AGE	MEET DATE
M35	MARK 11-1070	18.681 Ken Mueller(MA)	35	5-13-72 8- 7-76
M40 M45	11-740	18.379 Ray Hatton(OR) 17.907 Hal Higdon(IN)	48	6-26-79
M50 M55	10-1335	17.314 Peter Mundle(CA) 16.802 James O'Neil(CA)	50 56	10- 1-78 8- 4-81
M60 M65		16.277 Clive Davies(OR) 15.036 Norman Bright(WA)	65	8- 7-76 6-13-75
M70	8-1131 8-335	13.909 William Andberg(MN) 13.181 Lou Gregory(FL)	70 75	10- 4-81 12-17-77
M80 M85	7-946 6-472	12.130 Paul Spangler(CA) 10.088 Paul Spangler(CA)	81 85	11- 1-80
	STEEPLEC	HASE (35-59: 3000M; 60+: 20	(MOD	
DIV.	MARK 8:38.8	MAME (RESIDENCE) Mike Manley(OR)	AGE 38	MEET DATE
M40 M45	9:18.6 9:39.0	Hal Higdon(IN) Hal Higdon(IN)	44	8-15-75 8-11-77
M50	10:31.01	Faye Bradley(DC)	51 56	7-20-89 7-28-84
M60	7:40.10	Dave Stevenson(CA)	60	8- 5-89 5- 9-98
H70	8:38.17 9:28.78	Dan Bulkley(OR) Dan Bulkley(OR)	71 76	8- 5-88 7-17-93
M80	11:11.20	Dan Bulkley(OR)	80	6-28-97
		110M: 35-39,42"; 40-49,39"; 60-69,33"; 80M: 70+,30"	100M: 5	0-59,36";
DIV.	13.26	NAME(RESIDENCE) Greg Foster(US)	AGE 36	MEET DATE 7-22-94
M40 M45	14.24	Stan Druckrey(WI) Tom Gilliard(GA)	40	7-30-89
M50	13.57	Walt Butler(CA)	50	7- 5-91 8-22-96
M60 M65	14.74	Charles Miller(TX) Jack Greenwood(CO)	60	
H/U	13.89	Charles Miller(TX) Jack Greenwood(CO) Mel Larsen(IL) Herb Miller(CA)	73	7-18-98 7-21-91 7-17-97 8-14-02
M80	15.1n	Herb Miller(CA) Frank Finger(VA) Dan Bulkley(CR) Rob Boal(NC)	75	7-17-97 8-14-92 9- 1-90 8-19-98
M85	20.74	Bob Boal(NC)	85	9-21-97
ntv	LONG HURD	LES (400m: 35-49,36"; 50-59,	33"; 30	Om: 60+,30"
M35	48.93	Nat Page(GA)	AGE 35	7-10-92
M40	52.7n	Stan Druckrey(WI)	40	8- 3-89 7- 8-89
M45	58.1	Jack Greenwood(KS) Jack Greenwood(KS)	50	8-24-72
M55	43.49	Jack Greenwood(KS) Jack Greenwood(CO)	63	9-27-83 8- 3-89
M65	45.20 52.44	Jack Greenwood(CO) Dan Bulkley(OR)	65	7-25-91 8- 3-89
M75 M80	55.33	LES (400m: 35-49,36"; 50-59, NAME(RESIDENCE) Nat Page(GA) James King(CA) Stan Druckrey(WI) Jack Greenwood(KS) Jack Greenwood(KS) Jack Greenwood(CO) Jack Greenwood(CO) Jack Greenwood(CO) Dan Bulkley(OR) Dan Bulkley(OR) Dan Bulkley(OR)	77 81	10- 2-94 8- 1-98
DIV.	HIGH JUMP	NAME(RESIDENCE)	AGE P	EET DATE
M40	6-11	2.15 Jim Barrineau(VA) 2.11 Jim Barrineau(VA)	36	6- 6-92
M45	6-3 1/2	1.92 Charlie Rader(CA) 1.88 Herm Wyatt(CA)	45	7-31-93
M55	5-10 1/2 5-7 3/4	1.79 Herm Wyatt(CA) 1.72 Phil Fehlen(CA)	55	5-23-87
M65	5-4 1/2 4-11 3/4	1.64 Jim Gillcrist(USA) 1.52 Bud Held(CA)	65	9-25-93
M75	4-4 p4-6	1.32 Walter Dahlin(CA) 1.37 Brady Walker(UT)	76	7-26-97
M80 M85	3-8 1/2	1.22 Virgit McIntyre(AZ) 1.13 Buell Crane(ID)	80	6-28-91
M90	3-5	NAME(RESIDENCE) 2.15 Jim Barrineau(VA) 2.11 Jim Barrineau(VA) 1.92 Charlie Rader(CA) 1.88 Herm Wyatt(CA) 1.79 Herm Wyatt(CA) 1.72 Phil Fehlen(CA) 1.52 Bud Held(CA) 1.32 Walter Dahlin(CA) 1.37 Brady Walker(UT) 1.22 Virgil McIntyre(AZ) 1.13 Buell Crane(ID) 1.04 Buell Crane(ID)	90	7-28-90
DIV.	POLE VAUL	NAME (RESIDENCE)	ACE	
M35 M40	16-8	5.08 Gary Hunter(US) 5.50 Larry Jessee(TV)	35 M	7- 6-91
M45 M50	16-8 3/4	NAME(RESIDENCE) 5.08 Gary Hunter(US) 5.50 Larry Jessee(TX) 5.10 Larry Jessee(TX) 4.37 Vic Cook(CA) 4.12 Richmond Morcom(PA)	45	8-10-97
M55 M60	13-6 1/4 12-3 1/2	4.12 Richmond Morcom(PA) 3.74 Bog Morcom(PA)	55	8- 4-76
M65 M70	12-4 1/2	3.77 Boo Morcom(PA)	65	8- 3-86
M75 M80	9-8 1/4	4.37 Vic Cook(CA) 4.12 Richmond Morcom(PA) 3.74 Boo Morcom(PA) 3.77 Boo Morcom(PA) 3.16 Boo Morcom(PA) 2.95 William Bell(US) 2.51 Carol Johnston(CA) 2.24 Carol Johnston(CA)	75	7-19-97
M85	7-4 1/4	2.24 Carol Johnston(CA)	80 85	6-20-92 8- 8-97

			ACTION OF	
DIV	LONG JUMP	NAME (DESIDENCE)	AGE	MEET DATE
M35	27-10 3/4	NAME(RESIDENCE) 8.50 Larry Myricks(US) 8.50 Carl Lewis(TX) 7.43 Tom Chilton(TM) 6.98 John Hartfield(TX) 6.42 Shirley Davisson(CA) 6.10 Tom Patsalis(CA) 6.07 Tom Patsalis(CA) 5.29 Tom Patsalis(CA) 5.19 Melvin Larsen(IL) 4.32 Ed Lukens(NY) 3.67 Thomas Walsh(MO) 2.77 Buell Crane(ID) 2.44 Buell Crane(ID) 1.78 Collister Wheeler(CR)	35	6-15-91
M40	24-4 3/4	7.43 Tom Chilton(TN)	40	3-24-78
M45	22-11	6.98 John Hartfield(TX)	46	6- 7-91
M55	20- 1/4	6.10 Tom Patsalis(CA)	59	7-18-81
M60 M65	17-4 1/4	5.29 Tom Patsalis(CA)	65	12- 1-87
M70	17-0 1/2	5.19 Melvin Larsen(IL) 4.32 Ed Lukens(NY)	70	8-12-94
M80	12-0 1/2	3.67 Thomas Walsh(MO)	81	7-31-98
M85	8-0 1/4	2.44 Buell Crane(ID)	90	4-21-90
M95	5-10	1.78 Collister Wheeler(OR)	95	7-22-88
niv	TRIPLE JU	JMP NAME (DESIDENCE)	AGE	MEET DATE
M35	55-7 1/4	NAME(RESIDENCE) 16.95 Ray Kimble(US) 16.58 Ray Kimble(USA) 14.17 Milan Tiff(CA) 13.19 Dave Jackson(CA) 12.62 Gordon Farrell(CA) 11.96 Tom Patsalis(CA) 10.84 Tom Patsalis(CA) 9.74 Edwin Lukens(NY) 9.29 Edwin Lukens(NY) 7.15 Clarence Trahan(CA) 7.56 John Damski(CA) 6.28 Winfield McFadden(CA)	35	8-12-88
M40 M45	46-6	16.58 Ray Kimble(USA) 14.17 Milan Tiff(CA)	48	6- 8-97
M50	43-3 1/2	13.19 Dave Jackson(CA)	50	7-10-82
M60	39-3	11.96 Tom Patsalis(CA)	60	7-10-82
M70	31-11 1/2	9.74 Edwin Lukens(NY)	71	8-12-93
M75	30-5 3/4	9.29 Edwin Lukens(NY) 7.15 Clarence Trahan(CA)	76	8- 2-98
	p24-9 3/4	7.56 John Damski (CA)	82	6-29-97
M85 M90	18-1	7.56 John Damski(CA) 6.28 Winfield McFadden(CA) 5.51 Buell Crane(ID)	90	7-21-90
July 1				
		(35-49: 16#; 50-59: 6Kg; 60-6	AGE	g; 70+: 4Kg) MEET DATE
		NAME(RESIDENCE) 22.19 Brian Oldfield(CA) 21.41 Brian Oldfield(CA) 16.83 Ed Hill(MD)	38	5-26-84
M45	55-2 1/2	16.83 Ed Hill(MD)	45	8-23-88
M55	52-0	22.19 Brian Oldfield(CA) 21.41 Brian Oldfield(CA) 16.83 Ed Hill(MD) 16.95 Tom Gage(MT) 15.85 Joe Keshmiri(NV) 15.95 Carl Wallin(NN) 16.46 Joe Keshmiri(NV) 13.53 Wendell Palmer(TX) 14.77 Arnie Gaynor(CA) 12.27 Ross Carter(OR) 12.27 Ross Carter(OR) 8.07 Leon Joslin(WA) 6.97 Buell Crane(ID) 4.42 Tom Lane(CA) 3.08 Ben Levinson(CA)	55	10-10-93
M60	p52-4 54-0	15.95 Carl Wallin(NH) 16.46 Joe Keshmiri(NV)	55	9-20-97
M65	44-4 3/4	13.53 Wendell Palmer(TX)	66	8- 1-98
M70	48-5 1/2	14.17 Wendell Palmer(IX) 14.77 Arnie Gaynor(CA)	70	7-10-98
M75 M80	41-5 3/4	12.64 Ross Carter(OR) 12.27 Ross Carter(OR)	75 80	9- 3-89
M85	26-5 3/4	8.07 Leon Jostin(WA)	85	9-28-97
M95	14-6	4.42 Tom Lane(CA)	97	5-23-92
M100	10-1 1/4	3.08 Ben Levinson(CA)	03	8-11-98
DIV.	MARK THI	ROW (35-49: 2Kg; 50-59: 1.5Kg NAME(RESIDENCE) 71.24 John Powell(US) 69.48 AL OETTET(NY) 66.12 AL OETTET(NY) 62.74 AL OETTET(NY) 54.44 Larry Pratt(DE) 59.52 Joe Keshmiri(NY) 53.92 Wendell Palmer(TX) 46.18 Ladislav Filip(DR) 39.06 Ross Carter(DR) 37.08 Ross Carter(OR) 25.58 Ken Carnine(CA) 20.56 Buell Crane(ID)	AGE	: 1Kg) MEET DATE
M35 M40	233-9 227-11	71.24 John Powell(US) 69.48 Al Oerter(NY)	36	6- 9-84
M45	216-11	66.12 At Oerter(NY)	45	3-28-82
M55	178-7	54.44 Larry Pratt(DE)	55	10-25-96
M65	176-11	53.92 Wendell Palmer(TX)	60	5-19-98
M70 M75	151-6	46.18 Ladislav Filip(OR)	70	8-20-98
M80	121-8	37.08 Ross Carter(OR)	80	6-26-94
M90	67-5 1/2	20.56 Buell Crane(ID) 11.05 Tom Lane(CA)		6-20-90
M95	36-3	11.05 Tom Lane(CA)	95	9-24-89
MAH VIQ	ER THROW (35-49: 16#; 50-59: 6Kg; 60-6	9: 5Kg	; 70+: 4Kg)
M35	232-5	70.84 Harold Connolly(CA)	37	7-20-69
M45	212-3	74.34 Ed Burke(CA) 64.70 Dave McKenzie(CA)	46	6- 4-95
M50	209-2	63.76 Tom Gage(MT)	50	5-16-93
M60	174-11	53.32 Steward Thomson(CA)	64	10-12-97
H70	151-6	46.18 Ladislav Filip(OR)	70	8-16-96
M/5	94-3 1/2	38.50 Thomas McDermott(CT) 28.74 Manuel White(MT)	75	4-24-93
M85	79-10 1/4	24.34 Leon Joslin(WA)	85	6- 6-97
M95	34-9	35-49: 16#; 50-59: 6Kg; 60-6 MANE(RESIDENCE) 70.84 Harold Connolly(CA) 74.34 Ed Burke(CA) 64.70 Dave McKenzie(CA) 63.76 Tom Gage(MT) 60.88 Tom Gage(MT) 53.32 Steward Thomson(CA) 47.36 Joe Chadbourne(OH) 46.18 Ladislav Filip(OR) 38.50 Thomas McDermott(CT) 28.74 Manuel White(MT) 24.34 Leon Joslin(MA) 16.96 Buell Crane(ID) 10.59 Verett Hosack(OH)	96	10-18-98
				The late
DIV	LIN THROW	(35-59: 800 GRAMS - NEW RULES;	60+:	600 GRAMS)
M35	218-8	66.66 Gene Lorenson(CA)	36	8-16-92
M45	210-1	64.04 Ed Mortund(KS)	40	8- 2-98
M50 M55	215-9	65.76 Larry Stuart(CA)	50	4-30-88
M60	212-5	64.74 Larry Stuart(CA)	60	5-23-98
H70	160-11	49.06 Bud Held(CA)	65	5-15-93
M80	111-0	33.84 Manuel White(MT)	75	8-17-91
M85	79-11	24.36 Ken Carnine(CA)	85	5-30-93
M95	33-10 1/4	(35-59: 800 GRAMS - NEW RULES; NAME(RESIDENCE) 66.66 Gene Lorenson(CA) 76.20 Thomas Petranoff(RI) 64.04 Ed Morlund(KS) 65.76 Larry Stuart(CA) 65.74 Larry Stuart(CA) 65.74 Larry Stuart(CA) 55.02 Bud Held(CA) 44.06 Bud Held(CA) 44.124 Manuel White(MT) 33.84 Manuel White(MT) 34.36 Ken Carnine(CA) 17.44 Buell Crane(ID) 10.32 Tom Lane(CA)	90	7-28-90 5-23-92
				WE THE
DIV.	DECATHLON	1(1994 WAVA AGE GRADED SCORING	TABLES	5)
M35	7280	Rex Harvey(IA)	AGE 35	MEET DATE
M45	7780	Rex Harvey(IA)	42	9-20-97
M50	8114	Gary Miller(CA)	51	7-18-91
M60 M65	8419 7394	Phil Mulkey(GA)	57	7-14-95
H70	7698	Richmond Morcom(PA)	67	9-11-93
M80	6389 3607	Claude Hills(PA)	77	7-27-89
M85	5565	I(1994 WAVA AGE GRADED SCORING NAME(RESIDENCE) Rex Harvey(IA) Stan Vegar(CA) Rex Harvey(IA) Gary Miller(CA) Dale Lance(CK) Phil Mulkey(GA) Denver Smith(OH) Richmond Morcom(PA) Claude Hills(PA) A. E. Pitcher(IN) Bob Boal(NC)	84 85	7-27-86

Continue	d from prev	THE REAL PROPERTY AND ADDRESS OF THE PARTY.		H-SHA
	MARK	(1994 WAVA SCORING TABLES) NAME(RESIDENCE)		EET DATE
	3577 3586	Frank Reilly(CA) Michael Janusey(PA)	39 40	6-20-87 8-10-98
	4038 4283	Gary Miller(CA) Gary Miller(CA)	45 50	9-30-83
M55 M60	4104	Richmond Morcom(PA) John Alexander(TX)	56	8-12-77
M65	4162 3843	Richmond Morcom(PA) Richmond Morcom(PA)	66	6-20-87
M75	3347 3410	Milo Lightfoot(OH)	75	7-20-89
	2472	Dan Bulkley(OR) Ken Carnine(CA)	85	8-10-98 6-19-93
DIV.		TATHLON(1994 WAVA SCORING 1		HEET DATE
M35	3802 3957	Dean Crouser(OR) Ken Jansson(KS)	38 40	8-21-98
M45	4044	Carl Wallin(NH)	46	12- 7-87 7-22-95
M55	4499	Tom Gage(MT) Richard Hotchkiss(CA)	56	7-22-95
M65	4550	Wendell Palmer(TX) Len Olson(VT)	63	7-22-95
M70 M75	4666 3302	Ladislav Filip(OR) Armando Ricciardi(NV)	70	8-21-98 7-26-97
M80 M85	2887 3134	Eugene Bradford(US) John Pearce(TX)	80 85	7-22-95 8-24-96
M90	2233	Everett Hosack(OH)	93	7-22-95
	THE PERSON NAMED IN	men's U.S.A. Fiv	- 1/K	r
	100 METERS	Age-Group Reco	orus	
DIV.		NAME(RESIDENCE) Evelyn Ashford(US)	AGE 35	MEET DATE
W40 W45	12.31 12.50	Phil Raschker(GA) Phil Raschker(GA)	40	12- 1-87 9- 2-95
W50	12.50	Phil Raschker(GA)	50	5-17-97
W55	13.84	Irene Obera(CA) Irene Obera(CA)	55	7-21-89 8-13-94
W65	15.77	Patricia Peterson(NY) Patricia Peterson(NY)	66	7-24-92 8-11-98
W75	16.87	Polly Clarke(CO) Polly Clarke(CO)	75 82	8-31-85
W85	34.7	Mary Ames(CA)	86	8- 7-89
N90	31.53 200 METERS	Zora Lux(WA)	90	6-10-95
DIV.	MARK	NAME (RESIDENCE) Evelyn Ashford (US)	AGE 35	MEET DATE 8-13-92
W40	24.84	Phil Raschker(GA)	42	8- 3-89
	25.56	Phil Raschker(GA) Phil Raschker(GA)	50	6-20-94 7-23-97
	28.48 29.57	Irene Obera(CA) Irene Obera(CA)	55	8- 3-89 7-23-97
W65		Patricia Peterson(NY) Patricia Peterson(NY)	66	8-15-92
W75	35.93 41.11	Polly Clarke(CO) Polly Clarke(CO)	75 82	8-31-85
W85	70.99	Anna Ward(MO) Zora Lux(WA)	85 90	6- 2-90 6-10-95
	400 METER	一 对学家和学品计	No.	
W35	MARK 56.8	Phil Raschker(GA)	AGE 36	6-25-83
W40	58.07 56.82	Phil Raschker(GA) Mary Libal(OR)	42	8- 5-89 7-22-95
W50	61.89 65.29	Phil Raschker(GA) Kimi Solwazi(CA)	50 55	4- 8-95
W60 W65	67.80	Irene Obera(CA) Sumiye Leonard(CA)	61	7-22-95
W70	82.52	Patricia Peterson(NY) Polly Clarke(CO)	72	7-31-98 8-25-85
W75		Polly Clarke(CO)	80 90	8- 3-90
W90	3:45.62 800 METER	Bertha Holt(OR)		
	. MARK	NAME (RESIDENCE)	AGE 35	
W35	2:20.21	Ruth Wysocki(CA) Diana Heil(CA)	43	8- 1-98
W45		Dee Dee Grafius(CA) Shirley Matson(CA)	48 51	8-15-92
W55		Jame Arnold(CT) Jeanne Hoagland(CA)	55 60	6- 8-96 7-22-97
W65	3:06.20	Raye Johnson(US) Sumiye Leonard(CA)	65 70	7-30-89 8-13-98
W70	3:37.19	Pearl Mehl(CO)	75 80	9- 2-89
W80 W85	4:59.20 p6:14.1	Pearl Mehl(CO) Mary Ames(CA)	85	
DIV	1500 MET	NAME (RESIDENCE)	AGE	MEET DATE
W35	4:07.08	Ruth Wysocki(CA) Carol McLatchie(TX)	38	10-16-93
W45	4:48.19	Joan Colman(CA)	5	
W50	5:14.2	Shirley Matson(CA) Vicki Bigelow(CA)	56	6-13-92
W60		Vicki Bigelow(CA) Jaclyn Caselli(CA)	6	7-19-86
W70	6:42.17	Pat Dixon(OR) Bess James(CA)	7	6-29-85
W80		Anne Clarke(IL) Anna Ward(MO)	8	
	ONE MILE	NAME (RESIDENCE)	AGE 37	MEET DATE 7-13-96
W35	4:54.0	Carla Hervert(11) Laurie Binder(CA)	43	8- 8-91 7-19-89
W45		Jeanne Hoagland(CA)	51	
W55	5:46.8	Shirley Matson(CA) Pat Dixon(OR)	63	7-23-82
W65	6:55.6	Pat Dixon(OR) Pat Dixon(OR)	66 70	
	3000 MET	ERS	AGE	MEET DATE
D11	7. MARK 5 8:51.84	Francis Larrieu(TX)	35	9-11-88
U40	9:59.0	Laurie Binder(CA) Joan Ottoway(CA)	40	9- 8-90
VSC VS	10:50.54	Joan Ottoway(CA) Shirley Matson(CA)	50	9- 8-96
W60	12:25.6	Margaret Miller(CA) Jaclyn Caselli(CA)	65	7- 6-86
W65	16:55.0	Jaclyn Caselli(CA)	74	8-10-85
W7:	25:09.0	Bess James(CA) Mary Ames(CA) Marv Ames(CA)	84 85	5-30-87
W8:	5 p25:29.6	nai + nikeston/		

DIV.	5000 MET	ERS NAME(RESIDENCE)	AGE	MEET DATE
W35	15:15.2	Francis Larrieu(TX)	35	7- 2-88
W40	16:57.4 17:45.03	Judy Fox(CA)	40	8-16-81
W50		Joan Colman(CA) Shirley Matson(CA)	50	8- 4-89 9-26-91
W55	18:43.65	Shirley Matson(CA)	55	8-23-96
W60	19:14.8	Marion Irvine(CA)	60	10-19-89
W65	22:41.8 24:19.68	Jaclyn Caselli(CA) Elisabeth Van Battum(LA)	65	7- 5-86 8-11-94
W75	27:10.76			7-25-91
W80	30:21.85	Mavis Lindgren(CA)	80	8-16-87
W85	p41:56.2	Mary Ames(CA)	85	4-30-88
	10,000 M	ETERS		
DIV.	. MARK	NAME (RESIDENCE)		MEET DATE
W35	31:28.92	Francis Larrieu(TX)	38	4- 4-91
W40	35:33.6 38:10.89	Judy Fox(CA) Joan Coleman(CA)	40	8-15-81 7-21-91
W50	37:28.67	Shirley Matson(CA)	51	8-15-92
W55	40:37.13	Marion Irvine(CA)	59	7-29-89
W60 W65	43:07.45	Eve Pell(CA)	60	8- 9-97 7-18-95
W70	50:28.33	Toshiko D'Elia(NJ) Pat Dixon(OR)	70	7-29-89
W75	56:59.33	Algene Williams(IL)	75	7-21-91
W80	79:25.20	Mary Haines(CT)	81	7-18-95
	ONE HOUR	RUN		
DIV.	. MARK	NAME (RESIDENCE)	AGE	MEET DATE
W35	9-1124	15.512 Marylin Paul(OR)	36	7-20-74
W40	9-1197	15.579 Linda Sipprelle(DC)	43	7-29-78
W50	8-1355	14.828 Marilyn Harbin(CA) 14.114 Nicki Hobson(CA)	50	3-26-83 8- 4-81
W55	7-1021	12 100 Marrie Trent(AK)	58	7-18-76
W60		12.884 Marcie Trent(AK)	61	7-28-79
W65	5-1194 6-52	9.139 Edna Berg(MT) 9.704 Alice Werbel(CA)	67	2- 5-83 9-14-86
W75		6.590 Marilla Salisbury(CA)	76	6- 7-84
		ER STEEPLECHASE		
DIV	. MARK	NAME (RESIDENCE)	AGE	MEET DATE
W35	7:55.84	Marilyn Brandt(NY)	37	6- 1-96
W40	8:12.83	Susanne Houlton(GA)	42	8- 5-89
W45	p7:47.56 7:45.96	Marietjie Ceronio(TN) Joan Colman(CA)	45	8- 8-97 8- 5-89
W50	8:15.03	Joan Ottoway(CA)	51	7- 7-95
W55	9:39.15	Madeline Bost(NJ)	57	8-22-96
	SHORT HI	ROLES (35-39: 100M,33"; 40+:	BON 30	Total R
DIV.	. MARK	NAME (RESIDENCE)	AGE	MEET DATE
W35	13.77	Jane Frederick(CA)	35	8-31-87
W40	11.78	Deby Sweezey(CA) Phil Raschker(GA)	40	8-12-93
W50	12.22	Phil Raschker(GA)	50	8- 5-94 7-20-97
W55	15.25	Christel Miller(CA)	55	8- 5-90
W60	16.45	Betty Vosburgh(GA)	60	7-21-91
W65		Johnnye Valien(TX) Johnnye Valien(TX)	68	8-22-96
		Control of the last of the last	75 F/S	
NIV	LONG HURI	DLES (400m: 35-49, 30"; 300m: NAME(RESIDENCE)	50+, 3	MEET DATE
¥35		Joy Margerum(HI)	35	8-23-96
140	65.03	Phil Raschker(GA)	40	12- 5-87 7- 6-91
150	71.20	Pamela Calvert(MO) Phil Raschker(GA)	50	7-20-97
155	59.82	Betty Vosburgh(GA)	59	5- 4-91
160	56.80 70.54	Betty Vosburgh(GA) Leonore McDaniels(VA)	60	7- 5-91 5- 1-93
470	76.50	Leonore McDaniels(VA)	70	8- 1-98
	HIGH JUMP	the state of the s	F (498)	
oiv.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
/35	6-1 1/4	1.86 Jane Frederick(CA) 1.62 Phil Raschker(GA)	36	6-15-88 5-20-89
140 145	5-3 3/4	1.60 Phil Raschker(GA)	46	8-11-93
450	5-1	1.55 Phil Raschker(GA)	50	5-25-97
W55	4-4 1/2	1.33 Kathy Bergen(CA)	56 56	10-13-96
	p4-5 1/4	1.35 Kathy Bergen(CA) 1.25 Christel Miller(CA)	60	7- 7-95
W60	4-1 1/4	1.27 Leonore McDaniels(VA)	65	8-11-93
w70	4-0	1.22 Leonore McDaniels(VA)	70	5- 9-98
175		1.01 Margaret Hinton(TX)	75	8-17-96
180	2-11 1/2	0.90 Mary Bowermaster(OH)	81	0-13-40
	POLE VAUL	•		Total to
iv.		NAME (RESIDENCE)		MEET DATE
135	11-0 1/4	3.36 Sue Dimarco(CA)	35	7-11-98 6- 8-91
140	9-6 1/4	2.90 Phil Raschker(GA) 3.38 Phil Raschker(GA)	47	5-17-94
145	11-1	3.10 Phil Raschker(GA)	50	4-24-97
155	8-4 3/4	2.56 Joy Macdonald(FL)	56	4- 5-97
160	6-6 3/4	2.00 Sue Tunnicliff(OK)	60	8- 8-97
	6-10 3/4	2.10 Leonore McDaniels(VA) 2.16 Leonore McDaniels(VA)	70	8-10-98
165				
		1.50 Margaret Hinton(TX)	75	8-21-96

	1			
15,10	LONG JUM	MAME(RESIDENCE) 6.50 Willye White(US) 5.19 Phil Raschker(GA) 5.36 Phil Raschker(GA) 6.40 Phil Raschker(GA) 4.39 Nadine O'Connor(CA) 4.14 Betty Vosburgh(GA) 3.94 Leonore McDaniels(VA) 3.48 Leonore McDaniels(VA) 2.86 Margaret Hinton(TX) 2.78 Mary Bowermaster(OH)		1.0
DIV.	21.4	NAME (RESIDENCE)	AGE	MEET DATE
W40	17-0 1/4	5.10 Phil Paschker(GA)	33	5- 4-01
W45	17-7	5.36 Phil Raschker(GA)	45	8-11-93
W50	17-8 1/2	5.40 Phil Raschker(GA)	50	4-13-97
W55	14-5	4.39 Nadine O'Connor(CA)	56	9- 6-98
WOU	13-7	4.14 Betty Vosburgh(GA)	60	7-25-91
W03	11-5	3.48 Leonore McDaniels(VA)	66	5- 7-94
W75	9-4 3/4	2.86 Margaret Hinton(TX)	75	8-16-96
W80	9-1 1/2	2.78 Mary Bowermaster(OH)	81	8-21-98
	TOTOLE	TOTAL TENNESS MEDICAL TENNESS	199	A THE PERSON
DIV.	TRIPLE JUI	transfer to the second	105	MEET DATE
W35	74-7	11.15 Phil Paschkar/CA)	14	9-18-83
W40	3/-3	11.35 Phil Paschkar(GA)		8- 1-89
W45	35-5 1/4	10.80 Phil Raschker(GA)	-	8-12-93
	34-5	I me a deline (tan)	-	7-23-97
W60	26-5	8.05 Retty Vosburgh(GA)	27	8- 5-90
W65	25-9 3/4	7.87 Leonore McDaniels(VA)	65	7-31-93
W70	23-6 1/4	7.17 Leonore McDaniels(VA)	70	6-13-98
W75	20-1 1/4	8.08 Christel Miller(CA) 8.05 Betty Vosburgh(CA) 7.87 Leonore McDaniels(VA) 7.17 Leonore McDaniels(VA) 6.13 Shiela Evans(IN)	75	8- 5-90
niv	MARK	(30-49: 4KG; 50+: 3KG)		
W35	53-5 3/4	NAME(RESIDENCE) 16.30 Jane Frederick(CA) 13.48 Carol Finsrud(TX)	AGE 35	8-31-87
W40	44-2 3/4	13.48 Carol Finsrud(TX)	41	8- 2-98
W45	39-7 1/2	12.08 Joanne Grissom(IN)	45	7-22-84
W50	39-7 1/2 42-7 1/2 40-5	12.99 Joanne Grissom(IN)		
W55	40-5	12.32 Joanne Grissom(IN)	55	9-12-93 8-12-98
WOU	28-6 1/2	8 70 Respice Holland (CI)	60	8-12-98
W70	26-9	8.15 Edith Hendyka(CA)	77	9-17-83
W75	24-5	7.44 Edith Hendyka(CA)	75	7-18-86
W80	22-6 1/4	12.32 Joanne Grissom(IN) 12.32 Joanne Grissom(IN) 11.78 Joanne Grissom(IN) 8.70 Bernice Holland(On) 8.15 Edith Mendyka(CA) 7.44 Edith Mendyka(CA) 6.86 Mary Bowermaster(ON) 2.83 Marilla Salisbury(CA) 3.39 Margaret White(OK)	81	8-12-98
			85	8-12-93
WYS	11-1 1/2	3.39 Margaret White(OK)	98	9- 7-92
DIV	DISCUS TH	ROW		
W35	178-10	NAME(RESIDENCE) 54.52 Carol Finsrud(TX) 49.26 Carol Finsrud(TX)	AGE	MEET DATE
W40	161-7	49.26 Carol Finsrud(TX)	40	7-22-97
W45	111-10	34.08 Joan Stratton(CA)	45	10-11-97
W50	123-0	37.50 Vanessa Hilliard(FL)	53	5- 7-94
UAN	01-1 3/4	37.00 Vanessa Hilliard(FL)	56	4- 5-97
W65	88-0 3/4	26.86 Remise Holland(OH)	20	4-12-03
W70	73-11 1/2	22.54 Bernice Holland(OH)	70	7-22-97
W75	58-1	17.70 Edith Mendyka(CA)	75	1-19-86
W80	48-9	34.08 Joan Stratton(CA) 37.50 Vanessa Hilliard(FL) 37.50 Vanessa Hilliard(FL) 27.78 Bernice Holland(OH) 26.84 Bernice Holland(OH) 22.54 Bernice Holland(OH) 17.70 Edith Mendyka(CA) 14.86 Betty Jarvis(NC) 584 Martilla Salisbury(CA)	82	8- 8-97
W85	p19-2	5.84 Marilla Salisbury(CA)	85	8-13-93
Tall lies	HAMMER TH	ROW (35-49: 4KG; 50+: 3KG)		
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
U35	157-7	48.04 Marilyn Senz(NC)	3/	0-10-40
W40	126-2	41.96 Marcia Mechlenburg(WA)	40	7-25-07
W50	158-1	48.18 Vanessa Hilliard(FL)	54	4-13-96
USS	162-3	41.96 Marcia Mechlenburg(MA) 38.46 Joan Stratton(CA) 48.18 Vanessa Hilliard(FL) 49.46 Vanessa Hilliard(FL) 29.70 Erika Mesner(FL) 26.78 Judy Featherstone(MM)	55	4- 5-97
W60	97-5 1/4	29.70 Erika Mesner(FL)	61	8- 7-97
W65	7/-10 1/2	22 82 Becnice Wallend/ONA	71	10-18-98
W75	64-2	29.70 Erika Mesner(FL) 26.78 Judy Featherstone(NM) 22.82 Bernice Holland(OH) 19.56 Elizabeth Hagemann(MA)	76	5- 2-97
W80	64-2 50-11	15.52 Betty Jarvis(NC)	80	8-21-96
		HROW (30-49: 600G; 50+: 400G)		EAT TOTAL
	MARK	NAME (RESIDENCE)	AGE	MEET DATE
W35	203-7	62.06 Karin Smith(CA)	35	5-14-91
W40	143-0	43.58 Kate Schmidt(US) 36.98 Lurline Struppeck(LA)	40	8-15-96 7-11-92
W50	118-7	36.14 Becky Sisley(OR)	50	8- 4-90
W55	114-3	34.82 Becky Sisley(OR)	58	7-10-97
W60	101-11	31.06 Christel Miller(CA)	60	10-26-95
W65	90-0 1/4	27.44 Mavis Lorenz(MT)	70	8-11-94
W70	78-9 65-10 1/2	24.00 Mavis Lorenz(MT) 20.08 Adele McCormick(AZ)	76	8-14-98
W80	44-5	13.54 Mary Bowermaster(OH)	81	8-14-98
	p19-5	5.92 Marilla Salisbury(CA)	85	8-12-93
		The Part State of the Part of		
	WEIGHT PE	NTATHLON(1994 WAVA SCORING TABI	LES)	
DIV.		NAME (RESIDENCE)	AGE	MEET DATE
W35	3341	Joan Stratton(CA)	35	12- 7-87
W40	3594	Joan Stratton(CA)	43	7-22-95
W45	3162	Joan Stratton(CA)	45	7-26-97
W50 W55	4052 3683	Vanessa Hilliard(FL) Joanne Grissom(IN)	56	7-22-95
W60	3714	Bernice Holland(OH)		12- 7-87_
W65	4111	Bernice Holland(OH)		10-16-93
W70	3171	Elizabeth Hagamann(MA)	74	7-22-95
W75	2940	Betty Jarvis(NC)	78	10-16-93
		Continu	ied o	n next page
		And the Exercise plant of the	and fine	

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Continued from previous page

Men's World Masters Relay Records (as of Oct. 1, 1998)

			(as of Oct. 1, 1990)		
4x100	40-49 50-59 60-69 70-79 80-89	45.04 48.46 54.69	USA (Austin,Collins,Mitchell,Martfield) USA (Fields,Bell,Jones,Robbins) GER (Schmitz,Meumann,Boeckl,Radke) USA (Larsen,Melville,Brown,Socher) JPN (Morita,Okazaki,Tateishi,Suda)	5- 2-92 Houston,TX 7-23-95 Buffalo,NY 7-27-97 Durban 7-18-98 Lisle,IL 7-23-95 Buffalo,NY	
4x200	40-49 50-59 60-69 70-79	1:29.85 1:40.33 1:47.1 1:58.44	USA (Austin, Hartfield, Mitchell, Collins) USA (Russin, Kopka, Pierce, Stevens) USA (Sochor, Brown, Bergthold, Sobolewski) USA (Melville, Brown, Daprano, Socher)	5- 1-92 Houston,TX 8- 3-95 Northampton,MA 8- 1-92 Wauconda,IL 7-11-98 San Antonio,TX	
4x400	40-49 50-59 60-69 70-79 80-89	3:35.88 3:58.43 4:35.07	USA (Thiel, Brinker, Tucker, King) USA (Steffes, Mathis, Adamson, Colbert) USA (Stevens, Sucher, Law, Greenwood) USA (Bloomfield, Jordan, Sprnseler, Weinacht) GER (Ludzuweit, Theune, Eble, Mahlo)	8- 6-89 Eugene, OR 8- 6-89 Eugene, OR 8- 6-89 Eugene, OR 0 8- 6-89 Eugene, OR 7-27-97 Durban	
4x800	40-49 50-59 60-69 70-79	8:00.2 8:45.88 9:33.95 11:09.87	USA (Mason,Franklin,Thomas,Romaine) USA (Duffy,Franklin,Thomas,McMillan) HOL (Maijoor,Ravensbergen,Zethof,Herlaar) USA (Selby,Escobosa,Linde,Bryant)	7- 7-84 Berkeley,CA 9-10-94 Berkeley,CA 6-11-92 Beverwyk 8- 2-98 Orono,ME	
4x1600	40-49 50-59 60-69 70-79	18:22.6y p18:11.9 19:43.4 22:37.1 27:50.5	USA (Franklin, Thomas, Barnett, Hampton) GBR (Grant, Molloy, O'Dell, Hancock) USA (Ruona, Willaims, Lyons, Porteous) USA (Moore, Meyer, Kiernan, Hollander) USA (Pickett, Lindquist, Mehlert, Piva)	2-21-88 Los Gatos, CA 9-21-95 Oxford 8-26-96 Kentfield, CA 8- 8-98 San Rafael, CA 8- 8-98 San Rafael, CA	
sprt med	40-49 50-59 60-69 70-79	3:36.1 3:58.1 4:28.4 4:52.34	USA (Knocke,Edens,Smith,Cohen) USA (Pierce,Russin,Kopka,Stevens) USA (Lee,Rieke,Badinger,Wimberly) USA (Sochor,Maldonado,Melville,Brown)	8-14-82 Philadelphia,P. 6-24-95 Dedham,MA 6-28-94 New Orleans,LA 7-11-98 San Antonio,TX	The second
dist med	40-49 50-59 60-69 70-79	10:34.6 11:39.2 13:17.0 16:08.9	USA (Stevens,Pierce,Frye,Norton) USA (Duffy,Mason,Thomas,Franklin) USA (Noel,Saucedo,Anton,Misner) USA (Messenger,Manno,Madia,McManus)	7-11-90 Providence,RI 7- 3-94 Irvine,CA 8- 8-98 Saratoga,CA 6-27-98 Pt. Pleasant,N	
4x1500	p = pe	17:21 24:03.3 ending - mis	sing birthdates, dates, etc.	4-30-96 Stratford 6- 2-98 Dallas,TX	

Women's World Masters Relay Records (as of Oct. 1, 1998)

4x100	35-39	48.63	FRA (Desmier, Sulter, Andreas, Apavou)	8- 6-89 Eugene, OR
42100	40-49	50.23	USA (Keating, McClurg, Gilmore, Raschker)	8- 6-89 Eugene, OR
	Con Control	p49.45	GER (Meier, Bayha, Geraldine, Hees)	7-28-91 Turku
	50-59	53.39	USA (Tucker, Hill, Hodgins, Raschker)	7-27-97 Durban
		59.40	GER (Schmallbruch, Eschenbach, Buerkle, Zahn)	7-27-97 Durban
	60-69	p57.48	GER (Kreiskott, Hunkel, Kreuzweiser, Franzen)	7-28-91 Turku
	70-79	68.72	GER (Lorenz, Schneiderhan, Haule, Mangler)	7-23-95 Buffalo,NY
4x400	35-39	4:00.21	GBR (McDonald, Hocknell, Blurton, Walpole)	8- 6-88
Charles In	40-49	3:58.70	USA (Foreman, Thompson, Board, Libal)	8-24-96 Eugene, OR
	50-59	4:36.85	USA (Fitzgerald, Meadows, Hoagland, Obera)	8- 6-89 Eugene, OR
		p4:35.27	GER (Siebert, Gallep, Venn, Kummerle)	7-23-95 Buffalo,NY
		p4:35.77	GER (Hoffman, Blank, Holzknecht, Kummerle)	7-28-91 Turku
	60-69	5:14.94	USA (Freeman, Hals, Kerr, Obera)	7-23-95 Buffalo,NY
	70-79	6:35.91	USA (Valien, Smalley, Friedman, Peterson)	7-27-97 Durban
4x800	35-39	9:37.29	HOL (Van de Van, Pos, Ruyter, Verhoef)	9-25-92 Dordrecht
The Assessment	40-49	10:14.2	USA (Grafius, McHampton, Vitlar, Ogle)	8-14-94 Eugene, OR
	50-50	11-25.8	USA (Kerr McCormick Bigelow Ottoway) -	8-14-94 Eugene OR

p = pending - missing birthdates, dates, etc.

Masters Age Records

Compiled by WAVA and USATF Masters T&F Records Chairman Pete Mundle with Rex Harvey, Shirley Dietderich and Beverly LaVeck.

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Men's U.S. Masters Relay Records (as of Oct. 1, 1998))

Fig. 17 Total			ue	(Austin, Collins, Mitchell, Hartfield)	5- 2-92 Houston, TX
4x100	40-49	42.79	HE	(Marlin, Lingle, Springbett, Sanchez)	7-23-83 Los Gatos, CA
	50-59	46.6y	WVIC	(Martin, Cingle, Springoete, Sandary	7-23-95 Buffalo,NY
		45.04	USA	(Fields, Bell, Jones, Robbins)	6-24-78
	60-69	50.9	CDM	(Morales, Jordan, Killion, Guidet)	7-27-97 Durban
	The same of	50.03	USA	(Brevik, Johnson, Dobbs, Colbert)	7-18-98 Liste, IL
	70-79	54.69	USA	(Larsen, Melville, Brown, Socher)	
	80-89	77.37	USA	(Lum, Crane, Hosack, Pitcher)	8-25-85 Indianapolis, IN
4x200	40-49	1:29.85	HE	(Austin, Hartfield, Mitchell, Collins)	5- 1-92 Houston, TX
44200	50-59	1:40.33	BBC	(Russin, Kopka, Pierce, Stevens)	8- 3-95 Northampton, MA
		1:47.1	MMTC	(Sochor, Brown, Bergthold, Sobolewski)	8- 1-92 Wauconda, IL
	60-69		HILL	(Melville, Brown, Daprano, Socher)	7-11-98 San Antonio, TX
	70-79	1:58.44		THE RESIDENCE OF STREET	A CONTRACTOR OF STREET
4x400	40-49	3:25.40	PM	(Abayomi, Stanford, Burnett, Roberts)	4-30-83 Philadelphia,PA
and the state of		3:21.54	USA	(Thiel Brinker, Tucker, King)	8- 6-89 Eugene, OR
	50-59	3:47.09	PM	(Henry, Hagin, Heath, O'Hora)	4-28-95 Philadelphia, PA
	30 37	3:35.88	USA	(Steffes, Mathis, Adamson, Colbert)	8- 6-89 Eugene, OR
	60-69	4:17.62	PHIC	(Kane, Hitt, Hoffman, Coy)	8-14-94 Eugene, Or
	00-07	3:58.43	USA	(Stevens, Sucher, Law, Greenwood)	8- 6-89 Eugene, OR
	70-79	4:35.07	USA	(Bloomfield, Jordan, Spnnseler, Weinacht)	8- 6-89 Eugene, OR
		7:34.9	LICA	(Lum, Spangler, Hosack, Pitcher)	8-24-85 Indianapolis, IN
	80-89	7:34.7	USA	(Edil, Sparigret) nosacuji resisti	
4x800	40-49	8:25.4	WTC	(Cathcart, Donald, Knebel, Richardson)	9- 6-80
4,000	70 77	p8:11.8	SCS	(Montenez, Knocke, Elliot, Cohen)	7- 3-83
		8:09.06	LISA	(Mogg, Wulf, Barry, Shaheed)	3-15-96 Santa Barbara, CA
	50-59	8:45.88	LATE	(Duffy, Franklin, Thomas, McMillan)	9-10-94 Berkeley, CA
	60-69	10:41.0	PHIC	(Lee, Rieke, Fuselier, Wimberly)	7-26-94 New Orleans, LA
	00-09	10:09.10	LICA	(Stewart, Stevenson, Stevens, King)	7-23-89 San Diego, CA
	70.70		LACIE	(Valles, Stewart, Jacques, King)	8-10-97 San Jose, CA
	70-79		MATZ	(Valles, Stewart, Jacques, King)	8- 2-98 Orono, ME
		11:09.87	USA	(Selby, Escobosa, Linde, Bryant)	8- 2-70 OI OI O, III
4x1600	40-49	18:22.6y	WYTC	(Franklin, Thomas, Barnett, Hampton)	2-21-88 Los Gatos,CA
	50-59	19:43.4	TR	(Ruona, Williams, Lyons, Porteous)	8-26-96 Kentfield, CA
	60-69	22:37.1	TR	(Moore, Meyer, Kiernan, Hollander)	8- 8-98 San Rafael, CA
	70-79	27:50.5		(Pickett, Lindquist, Mehlert, Piva)	8- 8-98 San Rafael,CA
sprt med	40-49	3:36.1	scs	(Knocke, Edens, Smith, Cohen)	8-14-82 Philadelphia, PA
Carl College	50-59	3:58.1		(Pierce, Russin, Kopka, Stevens)	6-24-95 Decham, MA
	60-69	4:28.4		(Lee, Rieke, Badinger, Wimberly)	6-28-94 New Orleans, LA
	70-79	5:26.7		(Bergthold, Saunders, Larsen, Madia)	7-13-96 Libertyville, IL
	100	4:52.34		(Sochor, Maldonado, Melville, Brown)	7-11-98 San Antonio, TX
		***************************************	-	Cocinor processing of the control of	7 11 70 Sun Antonio, IX
dist med	40-49	10:34.6	BAA	(Stevens, Pierce, Frye, Norton)	7-11-90 Providence,RI
	50-59	11:39.2	WYTC	(Duffy, Mason, Thomas, Franklin)	7- 3-94 Irvine, CA
	60-69	13:17.0	KVJS	(Noel, Saucedo, Anton, Misner)	8- 8-98 Saratoga, CA
10 14 -14	70-79	16:50.3		(Powers, Cunningham, DeMartinis, Valles)	7-26-97 Kentfield,Ca
	1000	16:08.9		(Messenger, Manno, Madia, McManus)	6-27-98 Pt. Pleasant, NJ
F-9-14-1		Total Call		order(1200,400,800,1600)	
4x1500	60-69	24:03.3	USA	(Stayton, Gray, Coffee, Toy)	6- 2-98 Dallas,TX
	30 07	24.05.5	-	(2.0)	C L PO DELLES, IA

p = pending - missing birthdates, dates, etc. c = relay members include non-US citizens i = indoor performance

note: club records are listed before USA team records

	Water State of the same of the same of		Control of the second of the s
DM:	Corona Del Mar Track Club	SDTC:	San Diego Track Club
ITC:	King of the Hill Track Club		New York Pioneer Club
ITC:	Ohio Track Club	WVTC:	West Valley Track Club
cs:	Southern California Striders		Philadelphia Masters
RC:	Boston Running Club		Houston Elite
MA:	BAA Running Club		Midwest Masters T&F Club
ITC:	Portland Masters Track Club		Tamalpa Runners
SC:	Syracuse Charners		Here Valley laggers & Conider

Women's U.S. Masters Relay Records (as of Oct. 1, 1998)

4x100	35-39	50.28	USA	(Drumgole, Seeley, Thompson, Gilkey)	8- 6-89 Eugene, OR
	40-49	50.23		(Keating, McClurg, Gilmore, Raschker)	8- 6-89 Eugene, OR
	50-59	53.39		(Tucker, Hill, Hodgins, Raschker)	7-27-97 Durben
	60-69	61.85		(Barnes, Kerr, Miller, Obera)	
	70-79	72.05			7-23-95 Buffalo,NY
	10-14	72.05	USA	(Valien, Dietderick, Friedman, Peterson)	7-27-97 Durban
4x400	35-39	4:00.87	USA	(Murray, Berg, Gilkey, Seeley)	8- 6-89 Eugene, OR .
	40-49	4:46.51	BRC	(Ryan, Tucker, Upton, Hearty)	4-28-95 Philadelphia, P.
		3:58.70		(Foreman, Thompson, Board, Libal)	8-24-96 Eugene, OR
	50-59	4:36.85		(Fitzgerald, Meadows, Hoagland, Obera)	8- 6-89 Eugene, OR
	60-69	5:14.94		(Freeman, Hals, Kerr, Obera)	7-23-95 Buffalo, NY
	70-79	6:35.91		(Valien, Smalley, Friedman, Peterson)	7-27-97 Durben
		Estquitte of			7 CT 77 DQI DBIT
4x800	35-39	10:42.80		(Sokell, Kasen, Ehmer, Sedwick)	8- 6-88 Winter Park, FL
		10:28.4	USA	(Sterrett, Cranley, Turner, Taylor)	7- 8-95 Lansing, MI
	40-49	10:18.6		(Pendleton, Olson, Lievers, Bache)	7-23-88 San Diego, CA
		10:14.2		(Grafius, McHampton, Villar, Ogle)	8-14-94 Eugene, OR
	50-59	12:57.76		(Murray, Madsen, Stock, Graf)	7-23-89 San Diego, CA
		11:25.8		(Kerr, McCormick, Bigelow, Ottoway)	8-14-94 Eugene, OR
				The state of the s	O 14 74 Eugene, ok
4X1600	40-49	22:47.7	TR	(Powers, Patterson, Briones, McAllister)	8- 6-98 San Rafael, CA
sprt med	35-39	6:07.66			SET STREET
abi e med	40-49			(Ogletree, Cotten, Kea, Nichols)	1- 9-83
	40-49	4:53.54	NTMC	(Pinto, Warren, Tucker, Searey)	5- 2-93 Randalls Is., N

TS: Track Shack SDTC: San Diego Track Club NYMC: New York Masters Club

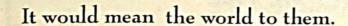
HTC: Hill Track Club PS: Prarie Striders BRC: Boston Runners Club

note for all categories (except where noted):
 (sprt med) sprint medley order is 400-200-200-800
 (dist med) distance medley order is 800-400-1200-1600

Compiled by Pete Mundle, WAVA and USTFA T&F Records Chairman

Continued on next page

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Continue						M65-69	17 41 83	Robert Fine	Miami, FL	9/7/97	M50-54	1:14:41	Jim Carmines	Elk Grove. IL	5/24/98
	d from pre	vious page				1M70-74 5000 meters	17 59 80	Donald Gladding	Brisbane, AUS	9/27/94	M55-59 M60-64	1 17 29	Max Green Max Green	Columbus, OH	4/8/90 9/24/95
Wor	rld Bes	t Perfori	mances	- Racew	alk	M35-39 M40-44	20 07.6 21 29 31	Jonathan Matthews	San Jose, CA	5/28/94 4/24/93	M65-69 M70-74	1 24 26	Max Green Bob Mimm	Elk Grove, IL	5/24/98 5/17/98
	(as of Janu	ary 1, 19	999)		M45-49	21:27	Ray Funkhouser Larry Walker	Philadelphia. PA Los Angeles, CA	6/18/88	M75-79 M80-84	1 40 45	Giulio dePetra	Eugene, OR	8/16/87 5/27/90
		March Committee of the	en			M50-54 M55-59	22 02 3 23 29 51	Donald DeNoon Donald DeNoon	Cerntos, CA Orono, ME	6/27/93 7/31/98	M85-89	2.09.18	Tony Perona Tony Perona		5/21/95
3000	time	name	date	site		M60-64 M65-69	24:11 9 26:01:93	Dave Romansky Jack Bray	Piscataway, NJ Orono, ME	6/6/98 7/31/98	20K M35-39	1 24 56	Jonathan Matthews		5/23/93
M40 M45	11:28.21	W.SAWALL GLITTLE	2/21/82	MELBOURNE	AUS NZL	M70-74 M75-79	29 05 46 31 14 00	Jack Starr Giulio DePetra	Orono, ME Eugene, OR	7/31/98 8/14/87	M40-44 M45-49	1 29 36	Ray Funkhouser Don DeNoon	Washington, DC	3/29/92 3/28/93
MSO	12:18	G.LITTLE	1/23/93	AUXLAND	NZL.	M80-84	34 44	Byron Fike	Indianapolis, IN	8/2/90	M50-54 M55-59	1 33 38	Don DeNoon James Carmines		3/27/94 8/2/98
MSS M60	13:00:00	G.DITTLE G.OHAPLIN	11/29/97 5/16/92	WANGANVI LEAMINGTON	NZL GBR	M85-89 M90-94	38 38.77 43 51	John Hanna Paul Spangler	Buffalo, NY Eugene, OR	7/21/95 8/5/89	M60-64	1:48:20	Dave Romansky	Orono, ME	8/2/98 8/2/98
M65 M70	15:12.9	G.CHAPLIN C.COLMAN	5/11/96 7/6/91	COVENTRY	GBR GBR	10.000 mete M35-39	41 59 91	Jonathan Matthews	Philadelphia, PA	4/30/94	M65-69 M70-74	1:52:44 2:06:34	Max Green William Flick	San Jose, CA	8/10/97
M75 M80	16:19.5 17:41.41	J.GRIMWADE J.GRIMWADE	7/12/87	CORBY COSGROVE	GBR	M40-44	43 46 12	Ray Funkhouser	Philadelphia, PA	4/24/93 4/24/93	M75-79 M80-84	2:14:01 2:30:00	Giulio DePetra Giulio DePetra		8/16/87 8/14/93
5000					GBR	M45-49 M50-54	47 30.17 45 03 4	Gary Null Donald DeNoon	Philadelphia, PA Edwardsville, IL	7/10/94	25K M40-44				2/16/97
M40 M45	20:07.3 1 20:54.4	B.GUSTAFSSON G.LITTLE	3/15/97 12/7/91	GOTEBORG	SWE	M55-59 M60-64	61:14.0	Ron Shields Dave Romansky	Alexandria, VA Philadelphia, PA	9/5/98	M45-49	20157	Jonathan Matthews Eugene Kitts	Palo Alto. CA	1/8/95
MSO MSS	21:01 22:14.93	CUTTLE	2/16/92	CHRISTCHURCH	NZ.	M70-74	63.50.0	Jack Starr	Alexandna, VA	9/5/98	M50-54 M55-59	2.17.01	Max Green Edward Whiteman		4/6/86 5/21/95
M60	24:07.71	G. WEIDNER	7/22/95	BUFFALO	GER	15 000 mete M35-39	1:14:15.9	Steve Peanovsky	Edwardsville, IL	7/10/94	M60-64 M65-69	2 19 20 2 42 01	Dave Romansky Robert Mimm		5/3/98 9/9/90
M65 M70	25:27.42 27:02	G. WEIDNER T.DAINTRY	9/13/98 4/10/82	CESENATICO	GER AUS	M40-44 M45-49	1 10 50 3	Warnck Yeager Stan Chraminski	Alexandra, VA Seattle, WA	11/7/98 7/9/95	M70-74 M75-79	2 39 15 3 10 56	Robert Mimm	Albany, NY	5/21/95 3/5/89
M75 M80	27:40 29:24.1	J.GRIMWADE J.GRIMWADE	6/28/87	SOUHUL	GBR GBR	M50-54 M55-59	1 08 54 1	Donald DeNoon James Carmines	Edwardsville, IL. Alexandna, VA	7/10/94	30K		Harry Drazin		
M85 M90	33:15.0 35:10	A.THEOBALD A.THEOBALD	4/10/82 4/18/87	MELBOURNE	AUS	M60-64	1 21 43 0	Dave Romansky	Alexandra VA	11/7/98	M35-39 M40-44	2.26.12 2.26.26	Jonathan Matthews Jonathan Matthews		2/14/93 2/16/97
10K						M65-69 20.000 mete	1 47:34.8 ers	William Mathews	Atlanta, GA	10/15/95	M45-49 M50-54	2 35 29 2 47 35	Eugene Kitts Ed Whiteman	Palo Alto CA Atlanta GA	1/8/95
M40 M45	40:08 42:18	W.SAWALL W.SAWALL	8/28/82 4/2/88		AUS	M35-39 M40-44	1 27 52 85 1 45 34 0	Jonathan Matthews Curt Sheller	Edwardsville, IL. Alexandra, VA	7/10/94	M55-59 M60-64	2 50 29 2 50 32	Dave Romansky Dave Romansky		9/10/95 5/3/98
MSO MSS	42:20 42:25	G.LITTLE	2/16/92 10/11/97	CHRISTCHURCH	NZL NZL	M45-49 M50-54	1 47 11.5	Brian Savionis Don DeNoon	Cambridge, MA Edwardsville, IL	10/11/96	M65-69	2.59.12	Max Green	Albany, NY	5/3/98
M60 , M65	47:48 55:24	C.BOMBA R.JONES	9/2/84		ITA AUS	M65-69	2.03:45.0	Jack Starr	Alexandna. VA	11/3/96	M70-74 M75-79	3 19 44 3 46 22	Robert Mimm Harry Drazin	East Meadow, NY	5/3/98 10/16/88
M70	54:17	T.DAINTRY	5/9/81		AUS	30.000 met	2 45 54	Stan Chraminski	Bellevue. WA	9/7/91	40K M35-39	3 14 03	Jonathan Matthews	Palo Alto	2/14/93
M75 M80	55:01 61:25.4	J.GRIMWADE J.GRIMWADE	9/27/87 8/15/93	WOLVERHAMPTON	GBR GBR	M45-49 M50-54	2 46 27 2 2 48 12 8	Robert Keating James Carmines	Alexandra VA Alexandra VA	11/11/95	M40-44 M45-49	3 17 12 3 29 31	Jonathan Matthews Eugene Kitts	Palo Alto Palo Alto CA	2/16/97
M85	82:44	G.CONWAY .	7/8/90	NIAGARA	USA	40.000 met		Stan Chraminski	Seattle WA	10/29/89	M50-54	3 54 24	Ray McKinnis	Lincroft. NJ	9/9/90
M40 M45	1:21:36	W.SAWALL W.SAWALL	7/4/82 8/27/88	MELBOURNE CANBERRA	AUS	M45-49	3 50 00 1	Robert Keating	Alexandra VA	11/11/95	M55-59 M60-64	3 55 55 4 03 29	Max Green Max Green	Durham, NC Ft. Monmouth, NJ	2/21/88 9/8/96
MSO	1:26:32	G.LITTLE	2/16/92	CHRISTCHURCH	NZL	M50-54 50.000 met	3 56 27 ers	Ray McKinnis	Durham, NC	2/25/90	M65-69 M70-74	4 27 50 4 41 25	Robert Mimm Robert Mimm	Atlanta. GA Ft. Monmouth, NJ	9/10/95
MSS M60	1:36:10	G.WEIDNER	3/28/93	SEELZE-LETTER	NZL GER	M40-44 M45-49	5 03:10 4 58 39 7	Stan Chraminski Robert Keating	Bellevue, WA Alexandria, VA	10/29/89	M75-79 50K	5 26 08	Tim Dyas	Ft Monmouth NJ	9/8/96
M65 M70	1:48.41	G. WEIDNER J.GRIMWADE	9/18/98	CESENATICO MALMO	GER GBR	One Hour M35-39	14.058 meters	Jonathan Matthews	Los Altos Hills, CA		M35-39	4 01:36	Jonathan Matthews	Palo Alto. CA	2/14/93 2/16/97
M75 M80	1:55:19	J.GRIMWADE	11/29/87	MELBOURNE	GBR	M40-44	12.571 meters	Robert Keating	Cambridge, MA	10/20/91	M40-44 M45-49	4 12 35	Jonathan Matthews Eugene Kitts	Palo Alto CA Palo Alto CA	1/8/95
. M85	2:04:49 2:26:07	J.GRIMWADE A.THEOBALD	6/20/92 8/21/82	SUTTON COLDFIELD	GBR	M45-49 M50-54	12.773 meters 12.164 meters	Robert Keating James Carmines	Cambridge, MA Alexandria, VA	10/18/92	M50-54 M55-59	5 33 58 5 00 39	John Knifton Max Green	Atlanta. GA Durham. NC	4/8/90 2/21/88
M90 30K	2:34:01	ATHEOBALD	4/3/87	A LANCE	AUS	M55-59 M60-64	11.702 meters 11494 meters	Dave Romansky Dave Romansky	Alexandra, VA Worcester, MA	11/8/97	M60-64 M65-69	5 09 20 5 40 51	John Stowers Robert Mimm	Atlanta, GA Atlanta, GA	3/5/89 4/8/90
M40 M45	2:10:26 2:28:57	J.MARIN G.LITTLE	3/22/92	MANRESA	ESP NZL	M65-69 M70-74	10.486 meters 10.199 meters	Robert Mimm Jack Starr	Cambridge, MA	10/14/90	M70-74	6 18 14	Cokey Daman	Atlanta GA	3/5/89
MSO	2:31:44	B.BINGGELI	6/30/96	BRUGGE	AUI	M75-79	8695 meters	Tim Dyas	Cambridge, MA Cambridge, MA	10/11/96	M75-79	7 58 15	George Knox	Columbus. OH	111200
MS5	2:33:43	G.LITTLE M.GREEN	3/29/98 1/28/96	PALO ALTO	USA	M80-84 M85-89	7072 meters 6947 meters	Frank Rubin George Conway	Cambridge, MA Cambridge, MA	10/9/94		Maste	rs Women -	- Road	
MES	3:01:53	R.SCHOUCKENS C.BOMBA	6/30/96 5/13/95	BRUGGE	BEL	M90-94	6797 meters	George Conway	Cambridge, MA	10/3/93	5K	THE WAY NOT B			
M70 M75	3:21:11 3:20:38	C.COLMAN	6/30/96	BRUGGE	GBR	1.122-300A	Master	s Women -	Track		F35-39	22:39	Victoria Herazo Debbi Lawrence	Kingsport. TN Wilkes-Barre. PA	9/17/94 8/24/97
M80 50K	3:24.40	J.GRIMWADE	6/30/96	BRUGGE	GBR	3000 mete	rs 15 30.6	THE STATE OF THE S	San Francisco	5/15/93	F40-44 F45-49	23 58 25 28	Lyn Brubaker JoAnn Nedelco	Wilkes-Barre, PA Dearborn, MI	8/24/97 9/24/89
M40 M45	3:49:06 4:00:49	J.MARIN G.WEIDNER	3/29/92 4/19/80	BADALONA	ESP	F35-39 F45-49	14 57 5	Gayle Johnson	Clayton, MO	4/24/94	F50-54	26.53 28.03	JoAnn Nedelco Elton Richardson	Dearborn, MI New York, NY	9/25/93
M50	4:14:37	G.WEIDENER		na3 3103	GER GER	F50-54 F55-59	16.05.8 16.40.3	Beverly LaVeck Bev LaVeck	Seattle, WA Seattle, WA	6/6/87 5 3/19/94	F55-59 F60-64	29 02	Ruth Eberle	Bridgeton, MO	8/29/93
M55	4:29:47 4:59:58	M.GOULD	11/13/77	EUN STV	CAN	F60-64 F65-69	16 51 1 18 39 0	Bev LaVeck Ruth Leff	Seattle, WA Kenosha, WI	5/11/96 8/4/93	F65-69 F70-74	31 23 32 59	Ruth Leff Miriam Gordon	Kenosha, WI Ft. Lauderdale, FL	4/3/93 10/28/95
M65	5:32:55 5:33:21	C.COLMAN	5/5/91	BASILDON PLYMOUTH	GBR	F70-74 F80-84	19:42.8 24:11.2	Miriam Gordon Louise Swanson	Miami. FL Seattle: WA	9/17/95	F75-79 F80-84	35.33 37.41	Jane Dana Polly Clarke	Long Beach, CA Liverpool, NY	3/16/97 7/1/91
M75	5:19:34	J.GRIMWADE	8/1/87	BRIGHTON	GBR	5000 mete	rs	THE PARTY NAMED IN	SAME COLDER		F85-89	46 57	Anna Ward	Liverpool, NY	7/1/91
3000		Wom	<u>ien</u>	Sam all total		F35-39 F40-44	22.49.79 23.28.15	Victoria Herazo Lyn Brubaker	Philadelphia, PA Orono ME	4/26/97 7/31/98	10K	46 25	Victoria Herazo	Service Service	4/29/95
F35											F35-39			Beijing, CHI	
	12:02.39	K.SAXBY S.GRIFSRACH	2/29/97	MELBOURNE	AUS FRA	F45-49 F50-54	25 09 47 26 41 2	JoAnn Nedelco Beverly LaVeck	Indianapolis. IN Richmond. CAN	8/2/90 7/31/87	F35-39 F40-44	48:30	Lyn Brubaker	Beijing, CHI Orono, ME Washington, DC	8/2/98
F40 F45	13:19.7 14:26.2	S.GRIESBACH V.HEIKKILA	2/29/97 2/22/87	MELBOURNE LIEVIN	FRA FIN	F50-54 F55-59	26 41 2 27 29 68	JoAnn Nedelco Beverly LaVeck Elton Richardson	Indianapolis, IN Richmond, CAN Eugene, OR	8/2/90 7/31/87 8/12/94	F40-44 F45-49 F50-54	48 30 50 58 57 06	Lyn Brubaker Gayle Johnson Johnn Nedelco	Orono, ME Washington, DC Provo, UT	8/2/98 3/28/95 8/14/93
	13:19.7 14:26.2 15:11.9 15:58.47	S.GRIESBACH V.HEIKKILA V.HEIKKILA W.SEILER	2/22/87	BIRMINGHAM.	FRA FIN FIN GER	F50-54 F55-59 F60-64 F65-69	26 41 2 27 29 68 28 49 35 29 54 19	JoAnn Nedelco Beverly LaVeck Elton Richardson Beverly LaVeck Ruth Eberle	Indianapolis, IN Richmond, CAN Eugene, OR Eugene, OR Eugene, OR	8/2/90 7/31/87 8/12/94 6/28/97 8/21/96	F40-44 F45-49	48 30 50 58 57 06 57 24 59 30	Lyn Brubaker Gayle Johnson Johnn Nedelco Elton Richardson Beverly LaVeck	Orono, ME Washington, DC Provo, UT Eugene, OR Eugene, OR	8/2/98 3/28/95 8/14/93 8/14/94 8/23/96
F45 F50 F55 F60	13:19.7 14:26.2 15:11.9 15:58.47 16:28.5	S.GRIESBACH V.HEIKKILA V.HEIKKILA	2/22/87	LEVIN	FRA FIN FIN	F50-54 F55-59 F60-64 F65-69 F70-74 F75-79	26 41 2 27 29 68 28 49 35 29 54 19 34 56 50 35 10 20	JoAnn Nedelco Beverly LaVeck Elton Richardson Beverly LaVeck Ruth Eberle Joan Rowland Jane Dana	Indianapolis. IN Richmond. CAN Eugene. OR Eugene. OR Eugene. OR San Jose. CA Orono. ME	8/2/90 7/31/87 8/12/94 6/28/97 8/21/96 8/8/97 7/31/98	F40-44 F45-49 F50-54 F55-59 F60-64 F65-69	48 30 50 58 57 06 57 24 59 30 1 02 07	Lyn Brubaker Gayle Johnson JoAnn Nedeico Elton Richardson Beverly LaVeck Ruth Eberle	Orono, ME Washington, DC Provo, UT Eugene, OR	8/2/98 3/28/95 8/14/93 8/14/94
F4S F50 F5S F60 F6S F70	13:19.7 14:26.2 15:11.9 15:58.47 16:28.5 17:08.32 18:05	S.GRIESBACH V.HEIKKILA V.HEIKKILA W.SEILER M.WORTH B.TIBBLING B.TIBBLING	2/22/87 3/3/97 7/9/89 7/5/89	BIRMINGHAM READING	FRA FIN FIN GER GBR SWE SWE	F50-54 F55-59 F60-64 F65-69 F70-74	26 41 2 27:29 68 28 49 35 29 54 19 34 56 50	JoAnn Nedelco Beverly LaVeck Elton Richardson Beverly LaVeck Ruth Eberle Joan Rowland	Indianapolis, IN Richmond, CAN Eugene, OR Eugene, OR Eugene, OR San Jose, CA	8/2/90 7/31/87 8/12/94 6/28/97 8/21/96 8/8/97	F40-44 F45-49 F50-54 F55-59 F60-64 F65-69 F70-74 F75-79	48:30 50:58 57:06 57:24 59:30 1:02:07 1:09:21	Lyn Brubaker Gayle Johnson JoAnn Nedelco Etton Richardson Beverly LaVeck Ruth Eberle Minam Gordon Jane Dana	Orono, ME Washington, DC Provo, UT Eugene, OR Eugene, OR Eugene, OR Ft Lauderdale, FL Orono, ME	8/2/98 3/28/95 8/14/93 8/14/94 8/23/96 8/23/96 2/11/96 8/1/98
F4S F50 F5S F60 F6S F70 F7S F80	13:19.7 14:26.2 15:11.9 15:58.47 16:28.5 17:08.32 18:05 21:12.2 24:00.00	S.GRIESBACH V.HEIKKILA V.HEIKKILA W.SEILER M.WORTH B.TIBBLING B.TIBBLING A.DE BRANDIS N.JEFFREYS	2/22/87 3/3/97 7/9/89 7/5/89 3/2/90 11/3/90	BIRMINGHAM, READING OSTERSUND TURIN AUCKLAND	FRA FIN FIN GER GBR SWE SWE ITA AUS	F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-89 10 000 me	26 41 2 27 29 68 28 49 35 29 54 19 34 56 50 35 10 20 37 56 64 44 43 85	JoAnn Nedelco Beverly LaVeck Eiton Richardson Beverly LaVeck Ruth Eberle Joan Rowland Jane Dana Polly Clarke Dorothy Robarts	Indianapolis, IN Richmond, CAN Eugene, OR Eugene, OR Eugene, OR San Jose CA Orono, ME Spokane, WA Buffalo, NY	8/2/90 7/31/87 8/12/94 6/28/97 8/21/96 8/8/97 7/31/98 8/14/92 7/21/95	F40-44 F45-49 F50-54 F55-59 F60-64 F65-69 F70-74	48 30 50 58 57 06 57 24 59 30 1 02 07 1 09 21	Lyn Brubaker Gayle Johnson JoAnn Nedelco Eiton Richardson Beverly LaVeck Ruth Eberle Minam Gordon	Orono, ME Washington, DC Provo, UT Eugene, OR Eugene, OR Eugene, OR Ft Lauderdale, FL	8/2/98 3/28/95 8/14/93 8/14/94 8/23/96 8/23/96 2/11/96
F4S F50 F5S F60 F6S F70 F75	13:19.7 14:26.2 15:11.9 15:58.47 16:28.5 17:08.32 18:05 21:12.2	S.GRIESBACH V.HEIKKILA V.MEIKKILA W.SEILER M.WORTH B.TIBBLING B.TIBBLING A.DE BRANDIS	2/22/87 3/3/97 7/9/89 7/5/89 3/2/90	BIRMINGHAM READING OSTERSUND TURIN	FRA FIN FIN GER GBR SWE SWE	F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-84 F85-89 10 000 mm F35-39 F40-44	26 41 2 27 29 68 28 49 35 29 54 19 34 56 50 35 10 20 37 56 64 44 43 85 eters 45 52 63 49 14 9	JoAnn Nederco Beverry LaVeck Eiton Richardson Beverry LaVeck Ruth Eberie Joan Rowland Jane Dana Polly Clarke Dorothy Robarts Victora Herazo Viisha Sedlak	Indianapolis. IN Richmond. CAN Eugene. OR Eugene. OR Eugene. OR San Jose CA Orono. ME Spokane. WA Buffalo, NY Sacramento, CA Norwalk. CA	8/2/90 7/31/8/7 8/12/94 6/28/97 8/21/96 8/8/97 7/31/98 8/14/92 7/21/95 6/17/95 6/16/90	F40-44 F45-49 F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-84 15K F35-39	48 30 50 58 57 06 57 24 59 30 1 02 07 1 09 21 1 12 14 1 58 30	Lyn Brubaker Gayle Johnson JoAnn Nedeico Elton Richardson Beverly LaVeck Ruth Eberle Minam Gordon Jane Dana Manila Salisbury Victoria Herazo	Orono, ME Washington, DC Provo, UT Eugene, OR Eugene, OR Eugene, OR Ft Lauderdale, FL Orono, ME Indianapolis, IN Albany, NY	8/2/98 3/28/95 8/14/93 8/14/94 8/23/96 8/23/96 8/1/98 8/5/90
F45 F50 F55 F60 F65 F70 F75 F80 F85 S000 F35	13:19.7 14:26.2 15:11.9 15:58.47 16:28.5 17:08.32 18:05 21:12.2 24:00.00 27:36.0	S. GRIESBACH V. HEIKKILA V. HEIKKILA W. SEILER M. WORTH B. TIBBLING B. TIBBLING A. DE BRANDIS N. LEFFREYS N. LEFFREYS A. MANNING	2/22/87 3/3/97 7/9/89 7/5/89 3/2/90 11/3/90	BIRMINGHAM READING OSTERSUND TURIN AUCKLAND BRISBANE SYDNEY	FRA FIN FIN GER GBR SWE SWE ITA AUS AUS	F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-84 F85-89 10 000 mc F35-39 F40-44 F45-49 F50-54	26 41 2 27 29 68 28 49 35 29 54 19 34 56 50 35 10 20 37 56 64 44 43 85 sters 49 14 9 52 53 57 32	JoAnn Nedelco Beverly LaVeck Eiton Richardson Beverly LaVeck Ruth Eberle Joan Rowland Jane Dana Polly Clarke Dorothy Robarts Victona Herazo Visha Sediak JoAnn Nedelco Jaye Hanley	Indianapolis. IN Richmond. CAN Riugene. OR Eugene. OR Eugene. OR San Jose CA Orono. ME Spokane. WA Buffalo. NY Sacramento, CA Norwalk. CA San Francisco, C Van Nuys. CA	8/2/90 7/31/87 8/12/94 6/28/97 8/21/96 8/8/97 7/31/98 8/14/92 7/21/95 6/16/90 6/16/90 6/16/92	F40-44 F45-49 F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-84 15K F35-39 F40-44 F45-49	48 30 50 58 57 06 57 24 59 30 1 02 07 1 09 21 1 12 14 1 58 30 1 10 27 1 20 06 1 23 23	Lyn Brubaker Gayle Johnson JoAnn Nedeico Eiton Richardson Beverly LaVeck Ruth Eberle Minam Gordon Jane Dana Manila Salisbury Victoria Herazo Sally Richards-Kerr JoAnn Nedeico	Orono, ME Washington, DC Provo, UT Eugene, OR Eugene, OR Eugene, OR Ft Lauderdale, FL Orono, ME Indianapoits, IN Albary, NY Albary, NY Long Beach, CA	8/2/98 3/28/95 8/14/93 8/14/94 8/23/96 8/23/96 2/11/96 8/1/98 8/5/90 5/21/95 9/5/93 4/30/89
F45 F50 F55 F60 F65 F70 F75 F80 F85 S000 F35 F40 F45	13:19.7 14:26.2 15:11.9 15:58.47 16:28.5 17:08.32 18:05 21:12.2 24:00.00 27:36.0 21:37.5 22:49.4 24:29.1	S. GRIESBACH V. HERKILA V. HERKILA W. SELER M. WORTH B. TIBBLING B. TIBBLING A.DE BRANDIS N.JEFFREYS N.JEFFREYS A. MANNING S. GRIESBACH S. GRIESBACH S. GRIESBACH	2/22/87 3/3/97 7/9/89 7/5/89 3/2/90 11/3/90 9/27/94 2/11/96 4/28/91	BIRMINGHAM READING OSTERSIAD TURIN AUCKLAND BRISBANE SYDNEY ANECY REMLE-PLAIS	FRA FIN FIN GER GBR SWE SWE ITA AUS AUS AUS FRA FRA	F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-84 F85-89 10.000 m F35-39 F40-44	26 41 2 27 29 68 28 49 35 29 54 19 34 56 50 35 10 20 37 56 64 44 43 85 45 52 63 49 14 9 52 53	JoAnn Nedelco Beverly LaVeck Elton Richardson Beverly LaVeck Ruth Eberle Joan Rowland Jane Dana Polly Clarke Dorothy Robarts Victoria Herazo Viisha Sediak JoAnn Nedelco	Indianapolis IN Richmond CAN Eugene OR Eugene OR Eugene OR San Jose CA Orono. ME Spokane WA Buffalo. NY Sacramento. CA Norwalk. CA San Francisco, C	8/2/90 7/31/87 8/12/94 6/28/97 8/21/96 8/8/97 7/31/98 8/14/92 7/21/95 6/17/95 6/16/90 6/7/92 9/19/93	F40-44 F45-49 F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-84 15K F35-39 F40-44 F45-49 F50-54	48 30 50 58 57 06 57 24 59 30 1 02 07 1 102 07 1 12 14 1 158 30 1 10 27 1 20 06 1 23 23 1 26 42 1 28 03	Lyn Brubaker Gayle Johnson JoAnn Nedeico Eiton Richardson Beverly LaVeck Ruth Eberle Minam Gordon Jane Dana Manila Salisbury Victoria Herazo Sally Richards-Kerr JoAnn Nedeico Beverly LaVeck Beverly LaVeck	Orone, ME Washington, DC Provo, UT Eugene, OR Eugene, OR Eugene, OR Eugene, OR It Lauderdale, FL Orono, ME Indianapolis, IN Albany, NY Albuquerque, NM Long Beach, CA Eugene, OR Portland, OR	8/2/98 3/28/95 8/14/93 8/14/94 8/23/96 8/23/96 2/11/96 8/1/98 8/5/90 5/21/95 9/5/93 4/30/89 8/16/87 5/12/91
F4S F50 F5S F60 F6S F70 F75 F80 F8S 5000 F3S F40 F45 F50 F5S	13:19.7 14:26.2 15:11.9 15:58.47 16:28.5 17:08.32 18:05 21:12.2 24:00.00 27:36.0 21:37.5 22:49.4 24:29.1 25:04	S. GRIESBACH V.HEIKKLA W. SELER M. WORTH B. TIBBLING B. TIBBLING A.DE BRANDIS N.JEFFREYS N.JEFFREYS A. MANNING S. GRIESBACH H. MALEDER O. MEYER O. MEYER	2/22/87 3/3/97 7/9/89 7/5/89 3/2/90 11/3/90 9/27/94 2/11/96 4/28/91 9/30/95	BIRMINGHAM READING OSTERSUND TURIN AUCKLAND BRISBANE SYDNEY ANNECY NEUILLE-PLAIS LAUSANNE	FRA FIN FIN GER GBR SWE SWE ITA AUS AUS AUS FRA FRA SUI GER	F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-89 10 000 ms F35-39 F40-44 F45-49 F50-54 F55-59 F60-64 F65-69	26 41 2 27 29 68 28 49 35 29 54 19 34 56 50 35 10 20 37 56 64 44 43 85 sters 45 52 63 49 14 9 52 53 57 32 59 08 2 1 09 00 1 04 45	JoAnn Nedetco Beverly LaVeck Eiton Richardson Beverly LaVeck Ruth Eberle Joan Rowland Jane Dana Polly Clarke Dorothy Robarts Victona Herazo Viisha Sediak JoAnn Nedetco Jaye Hanley Joyce Decker Mane Henry Ruth Leff	Indianapolis. IN Richmond. CAN Rugene. OR Eugene. OR Eugene. OR San Jose. CA Orono. ME Spokane. WA Buffalo. NY Sacramento. CA Norwalk. CA San Francisco, C Van Nuys. CA Kenosha. WI New Brunswuck, I Kenosha. WI	8/2/90 7/3/187 8/12/94 6/28/97 8/21/96 8/9/97 7/3/198 8/14/92 7/21/95 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90	F40-44 F45-49 F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-84 15K F35-39 F40-44 F45-49 F50-54 F55-59 F60-64	48 30 50 58 57 06 57 24 59 30 1 02 07 1 09 21 1 12 14 1 58 30 1 10 27 1 20 06 1 23 23 1 26 42 1 28 03 1 35 04	Lyn Brubaker Gayle Johnson JoAnn Nedeico Elton Richardson Beverity LaVeck Ruth Eberle Minam Gordon Jane Dana Manila Salisbury Victoria Herazo Sally Richards-Kerr JoAnn Nedeico Beverity LaVeck Beverity LaVeck Joyce Decker	Orono, ME Washington, DC Provo, UT Eugene, OR Eugene, OR Eugene, OR Ft. Lauderdale, FL Orono, ME Indianapois, IN Albarry, NY Albarry, NY Albarderdale, FL Orono, ME Indianapois, IN Albarry, NY Albarderdale, NM Long Beach, CA Eugene, OR Portiand, OR Kenosha, WI	8/2/98 3/28/95 8/14/93 8/14/94 8/23/96 8/23/96 8/1/98 8/1/98 8/5/90 5/21/95 9/5/93 4/30/89 8/16/87 5/12/91 9/25/94
F4S F50 F5S F60 F6S F70 F75 F80 F85 S000 F35 F40 F45 F50 F55 F60	13:19.7 14:26.2 15:11.9 15:58.47 16:28.5 17:08.32 16:05 21:12.2 24:00.00 27:36.0 21:37.5 22:49.4 24:29.1 25:04	S. GRIESBACH V. HEIKILA V. HEIKILA W. SELER M. WORTH B. TIBBLING B. TIBBLING A. DE BRANDIS N. JEFFREYS N. JEFFREYS A. MANNING S. GRIESBACH H. MAEDER	2/22/87 3/3/97 7/9/89 7/5/89 3/2/90 11/3/90 9/27/94 2/11/96 4/28/91 9/30/95	BIRMINGHAM READING OSTERSIAD TURIN AUCKLAND BRISBANE SYDNEY ANECY REMLE-PLAIS	FRA FIN FIN GER GBR SWE ITA AUS AUS AUS FRA FRA SUI	F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-84 F85-89 10.000 F35-39 F40-44 F45-49 F50-54 F55-59 F60-64 F65-69 F70-74 F75-79	26 41 2 27 29 68 28 49 35 29 54 19 34 56 50 35 10 20 37 56 64 44 43 85 187 49 14 9 52 53 57 32 59 08 2 1 09 00 1 04 45 1 10 02 1 15 18 8	JoAnn Nedetco Beverry LaVeck Eiton Richardson Beverry LaVeck Ruth Eberte Joan Rowland Jane Dana Polly Clarke Dorothy Robarts Victoria Herazo Visha Sediak JoAnn Nedetco Jaye Hanley Joyce Decker Mane Henry	Indianapois. IN Richmond. CAN Eugene. OR Eugene. OR Eugene. OR San Jose CA Orono. ME Spokane. WA Buffalo. NY Sacramento, CA Norwalk. CA San Francisco, C Van Nuys. CA Kenosna. WI New Brunswick, I	8/2/90 7/3/187 8/12/94 6/28/97 8/21/96 8/9/97 7/3/198 8/14/92 7/21/95 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90 6/16/90	F40-44 F45-49 F50-54 F55-59 F60-64 F65-69 F70-74 F75-79 F80-84 15K F35-39 F40-44 F45-49 F50-54 F55-59 F60-64 F65-69 F70-74	48 30 50 58 57 06 57 24 59 30 1 02 07 1 102 07 1 192 11 1 12 14 1 58 30 1 10 27 1 20 06 1 23 23 1 26 42 1 28 03 1 35 04 1 44 57 1 59 21	Lyn Brubaker Gayle Johnson JoAnn Nedeico Eiton Richardson Beverly LaVeck Ruth Eberle Minam Gordon Jane Dana Marilla Salisbury Victoria Herazo Sally Richards-Kerr JoAnn Nedeico Beverly LaVeck Beverly LaVeck Joyce Decker Ruth Leff Rose Kash	Orone, ME Washington, DC Provo, UT Eugene, OR Eugene, OR Eugene, OR Elugene, OR Indianapolis, IN Albany, NY Albuquerque, NM Long Beach, CA Eugene, OR Portland, OR Kenosha, WI Riverside, CA	8/2/98 3/28/95 8/14/93 8/14/94 8/23/96 8/23/96 8/1/98 8/5/90 5/21/95 9/5/93 4/30/89 8/16/87 5/12/91 9/25/94 10/16/94 5/24/92
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WORLD ASSOCIATION OF VETERAN ATHLETES

PROMOTING VETERAN ATHLETICS THROUGHOUT THE WORLD IN COOPERATION WITH THE IAAF



WAVA RECORDS COMMITTEE 1998-1999



Chairman Pete Mundle 4017 Via Marina, Apartment C-301, VENICE, CA 90291, USA

Asia

146 Jalan Meranti 7, Taman Sikamat Utama, 70400, SERAMBAN, N.S., Malaysia

M.K. Jacob Africa. Leo Benning

10 Bennington Road, Tamboerskloot, 8001,

CAPETOWN, South Africa

Europe Ivar Soderlind Gokropsvagen 5 B, S-906 51 UMEA, Sweden

154 Woodside St., Thunder Bay, ONTARIO

North America Bill McIlwane

P7A 7G6 CANADA

Oceania Box 48 078, Silverstream, UPPER HUTT,

Colleena Blair **New Zealand**

South America

Hector Acosta

Manuel Pérez 6222, MONTEVIDEO,

Uruguay

Other members

71 Nethergreen Road, SHEFFIELD, S11 7EH

Roy Foley 7 Kinloch Avenue, MURRUMBEENA, 3163

Victor, Australia

Rex Harvey 160 Chatham Way, MAYFIELD HEIGHTS,

OH 44124 USA

Beverly LaVeck

Dave Burton

6633 NE Windermere Road, SEATTLE, WA

USA TRACK & FIELD APPLICATION FOR MASTERS & SUBMASTERS RACE WALK RECORD

Official time achieved _

Single-age "Best" (not an official USATF Record) _

Age-group (e.g. 40-44) __

this is your first application, p	please enclose photocopy of		
	Verification (to be complete		
Time recorded	Name of head timer		
Watch #1	Watch #2	Watch	#3
List all judges	1909 108 ·	Certification #	Level of Certification
ed.			
		Ceruncation #	Level of Certification
Judge #1			
Judge #2	Total Control		
Judge #3			
Judge #4	390 38 glad		
Judge #5		The same of the	
Judge #6	WAS TO SEE		
	Track 440-/400-/	0 in hinh and	tinuous curb? yes no

Submit lap times and race results (including all competitors).

Mail to Beverly LaVeck, 6633 NE Windermere Rd., Seattle, WA 98115 • (206) 524-4721 • bevlaveck @ aol.com

Signature, address, phone, USATF Certification # of Referee or Meet Director

WORLD ASSOCIATION OF VETERAN ATHLETES

Application for World Veteran Age-Group Record/World Veteran Age-Group "Best Performance"/World Veteran Age-Best Performance

To: WAVA Records Committee Regional Chairman

Application is hereby made for a World Veteran Age-Group Record/World Veteran Age-Group "Best Performance"/World Veteran Age-Best Performance, in support of which

	Age-0	Group	Men/Women
	titor(s)		
Date(s) of Birth			
	of each team member is rec		
Competitor's Country		Date of Meeting:	***
Name of Stadium	Act of the second	_ Town	Country
	at three competitors and their		
1st		Time	
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3rd	To Alemberto Granden		
	ICATE he start of the race was in ac	cordance with LAAF Rul	es.
	At 1 (F)	Signature	
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WORLD ASSOCIATION OF VETERAN ATHLETES Application for World Veteran Age-Group Record/World Veteran Age-Best Performance **FIELD EVENT**

To: WAVA Records Committee Regional Chairman

Application is hereby made for a World Veteran Age-Group Record/World Veteran Age-Best Performance, in support of which the following information is submitted: (Please type or use capitals throughout)

___ Age-Group ___ Men/Women Full Name of Competitor _ Competitor's Country Date of Meeting Name of Stadium Town EQUIPMENT OFFICER'S CERTIFICATE I hereby certify that the Shot/Discus/Hammer/Javelin used in the record claimed has been examined by me after performance and conforms exactly with the relevant I.A.A.F. Rule except as modified by W.A.V.A. By-Laws

FIELD JUDGES' CERTIFICATE

We hereby certify that the measurement stated opposite our respective signatures is exact as measured in coordance with I.A.A.F. Rule 148, paragraph 10(a). We further certify that the circle or runway complied with I.A.A.F. specifications.

(Signature)

(Distance or height)

(Name of Field Judge)

(Appendix A) for veterans competition. I further certify that the implement used weighed

(Distance or height) (Name of Field Judge)

(Distance or height) (Name of Field Judge)

WIND GAUGE (LONG AND TRIPLE JUMP ONLY) I hereby certify that wind speed in direction of running was

RESULT OF COMPETITION

The names of the first three competitors and their performances were as follows:

2nd

NOTE: A copy of the Results Card must be included with this application.



Records System Has Its Flaws

agree with many of Graeme Shirley's points (Speakers Corner, March NMN). In some past national championships, the "recorder of records" or record clerk was given other duties, which usually resulted in records being missed. At one time, we did have some leverage, such that half the money awarded to the meet organizers was given before the meet and half after I was convinced that all the records had been properly processed. This worked well but lasted only a few years.

All the arguments by Shirley are fine in an ideal situation. But the reality is that they are unenforceable, and thus we should use common sense. Some meet directors consider record processing a low priority and, as a result, will not process records or send record forms to the records chair. To assure that a record is considered, athletes will have to process the records themselves, acquiring the proper signatures at the meet.

In opposition to Shirley's last example, Gary Hill, Track & Field News editor, compared baseball's home run records to track records, stating that if we applied baseball rules to track, wind meter readings would be ignored. Thus a crowd witnessing a sprint record would know it would stand as a record, and not later be disallowed by an aiding wind. This argument could be used to indicate that we not be so rules-conscious and instead use reasonable restraints.

Procedure Explained

I will describe the procedure used to process a record and some important rules which I don't think have ever been fully explained. After record forms have been sent to me, as the current records chair, from an athlete or a meet director, I check the form to make sure it has been filled out properly. If it is not, I will then label it as pending and try to contact the athlete or meet director to complete the form correctly.

In October, I send the USATF records chair a list of all records (from record forms received) bettered since the last records were approved. Then I, and all other record chairs (open, juniors, youth, racewalk and road), meet in December at the USATF convention. Any records made between October and December are appended to the October list. By that time some of the pending records may also have been resolved. The duty of this records committee is to iron out any problems and to recommend approval or rejection of records by each general committee meeting (masters track & field, in my case). (In some cases the rules are relaxed in order to recommend approval.)

I, as records chair, then report to the masters general assembly the results of the records committee. The general assembly discusses the records submitted and then either rejects or approves them. The new approved records and past records are listed in the Competition Rules published the next year. The general assembly also has the power to pass resolutions pertaining to records, which then become my mandate.

Rules Manual

Following are some important rules from the competition rules manual and some that have been suggested by the records committee and passed by the masters general assembly:

1. A meet in which a record is made must be sanctioned.

- 2. For field events there must be at least two measuring official signatures and the signature of a referee or head official (i.e., at least three signatures). At least one of these must be a certified official.
- 3. For a track event, races of 400m or less must be timed electronically, all other events must be electronically timed or have three official hand-
- 4. Past hand-time records for races 400m or less are considered bettered if any electronic time is within .14 seconds (for races greater than 200m), or within .24 seconds (for races 200m or less) of the hand-time.
- 5. U.S. record holders must be American citizens. A copy of a forcitizenship eign-born-American's papers must be filed with me.
- 6. U.S. records made in WAVA championships are accepted without record forms.
- 7. A copy of the record holder's birth certificate should be filed with
- 8. A new rule pertaining to weight pentathlons was passed which now requires three throws (previously four throws were permitted).

Automatic Acceptance

Up until 1996, legitimate records made in open competition by athletes 35 and over were accepted automatically. In 1997, a mandate by the records committee changed this to

accept records automatically only if medalling in the Olympics (also an open rule). Only Carl Lewis was capable of that!

This is the reason the records made by Mary Slaney, Steve Plasencia and others were not accepted as masters records. Obviously, open meet directors are not going to stop the meet to have record forms filled out for Slaney or Plasencia. I adamantly objected to this, to no avail. It was stated that these could be considered noteworthy marks, which, in my opinion, is an insult to the athlete. Records will be meaningless if we do not accept records made in open competition.

Unlisted Records

Commenting on examples of unlisted records that appear in Shirley's arti-

- U.S. W40 4x400 relay (1996) was included (see NMN April '98 record
- The reason the records of Slaney and Plasencia were not listed is explained above.
- · Vosburgh's 200m mark was wind aided; no forms were received for the others.
- · Dahlin's high jump record was approved at the last convention.
- · Conley said that he had a form filled out for his 7' high jump and would send it to me, but I never received it.
- · Jackson's triple jump was windaided.

The procedure to process a world

record is different. Each of the six regional record chairs sends to the WAVA records coordinator (currently me) record forms of all records bettered in their region. Each chair must either recommend approval or rejection and, if rejected, must state the reasons for such rejection. I then check these records and add my comments, if any. Every six months the records are submitted to the WAVA Council for approval or rejection.

Differing Rules

If a U.S. record is also a world record, I include a copy of it among the records I send to the WAVA council. A separate world record form is not required in this case. It is possible that a U.S. citizen could have a world record and yet not have the same mark approved as a U.S. record, due to the different rules.

Until this year, records made in U.S. weight pentathlons could not be approved as world records, due to the difference in the required number of throws (three for WAVA).

The WAVA rules pertaining to records are the same as those in the U.S. except for the following:

1. An electronic time must be better than the current hand-time (no .14 or .24 adjustment is made).

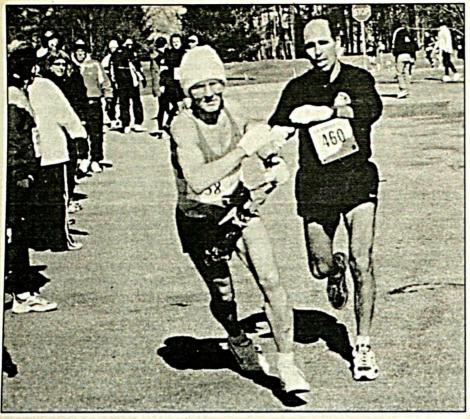
2. In field events only one measuring official's signature is required.

3. Any veteran record made in an IAAF Grand Prix meet, Olympics or WAVA world championship will be automatically accepted.

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, APRIL 1999

Commission of the commission o	Automorphism of the state of the	and the second second second
ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
WILBUR ARNOLD (PUEBLO, CO)	4-15-14	85-89
JUPP BERG (WG)	4- 3- 9	90-94
FRANCOIS CORNELIUS (BEL)	4-1-34	62-63
EMILE DEWIL (BEL)	4-22-49	20-24
HEINZ ENCELS (WC)	4-11-34	65-69
FODIE HART/OAKLAND CAL	4-24-49	50-54
DUDLEY HEALY (CHATHAM N.T)	4-23-14	85-89
JIM KNERR (SIMI VALLEY CA)	4- 7-34	65-69
WILLIAM KNUPPEL (VISTA, CA)	4-22-19	80-84
WERNER KRUCKEN (WG)	4-6-29	70-74
AATE LEHIMAKI (FIN)	4-16-19	80-84
HERB LORENZ (WILLINGBORO, NJ)	4-17-39	20-24
JAMES MCNAMARA (IRL)	4-1/-39	25-24
GERARD VAN NUFFELEN (BEL)	4-12-14	85-86
EGISTO PEDERZOLI (ITA)	4-18-19	80-84
VALDEMAR RAINO (FIN)	4-2-29	70-74
TAPOSTAV SMID (CZF)	4-27-34	65-69
FRED SMITH (GR)	4-15-34	65-69
MARONN ULRICH (WG)	4-25-29	70-74
NILS UNDERSAKER (NOR)	4- 1-39	60-64
JOHN WELDY (SCOTTSDALE, AZ)	4-23-34	65-69
RAY WILLIS (CHARLEMONT, MA)	4-1-29	70-74
GLYNN WOOD (MONTEREY, CA)	4-23-34	65-69
CAROLYN BRAVAKIS (WINDOW LOCKS, CT)	4-1-44	55-59
CATIE BURKE (SAN GABRIEL, CA)	4-10-39	45-40
RUTH CALLARD (SEATTLE, WA)	1-0-10	50-54
DEE DEE GRAFIUS (OAKDALE, CA)	4-22-34	65-69
PAY I VONC (MADTINEZ CA)	4-10-39	60-64
WILMS MADDOCK (COSTA MESA CA)	4-19-34	65-69
MARY PATTERSON (BROADVIEW HTS OH)	4-19-29	70-74
BARBARA ROBBEN (BERKELEY, CA)	4-14-34	65-69
LAGIE SWANSON (US)	4-20-59	40-44
ERICA SZANTO (OLMSTED FALLS, OH)	4-25-44	55-59
SYLVIE AH-KANG (MRI)	4-15-46	50-54
ANTOINETTE BURLEIGH (FRA)	4-7-49	50-54
ANNA EDINGER (AUI)	4-12-39	60-64
DACUEL HANGGENG BEL	4-6-29	70-74
MASAYO KOHNO (JPN)	4-24-14	85-89
GERDA VAN KOOTIN(HOL)	4- 1-39	60-64
LIDIJA LAPAJNE (SLV)	4-1-59	40-44
LI MEISU (CHN)	4-1/-59	40-44
NORIKO NAKAMURA (JPN)	4-13-49	50-54
CHRISTINE PFEIFFER (SWI)	4-27-20	70-74
TATIANA POTAPOVA (DKS)	4-23-54	45-49
BERTHILLA DE PRETER (BEL)	4-26-29	70-74
MIRJAN RONNI (FIN)	4-20-19	80-84
SAYURI SAITO (JPN)	4-9-49	50-54
LENI STUMPF (GER)	4-27-24	75-79
SIGRID SUCKER (DEN)	4-17-39	60-64
MARGARET WILLIAMS (GBR)	4-18-24	75-79
WILBUR ARNOLD (PUEBLO, CO) JUPP BERG (WG) FRANCOIS CORNELIUS (BEL) EMILE DEWIL (BEL) OLEG DJATLOV (URS) HEINZ ENGELY (WG) EDDIE HART (OAKLAND, CA) DUDLEY HEALY (CHATHAM, NJ) JIM KNERR (SIMI VALLEY, CA) WILLIAM KNUPPEL (VISTA, CA) WERNER KRUCKEN (WG) AATE LEHIMAKI (FIN) HERB LORENZ (WILLINGBORO, NJ) JAMES MCNAMARA (IRL) GERARD VAN NUFFELEN (BEL) EGISTO PEDERS (NG) JAROSLAV SMID (CZE) FRED SMITH (GB) MARONN ULRICH (WG) NILS UNDERSAKER (NOR) JOHN WELDY (SCHAFLEMONT, MA) GLYNN WOOD (MONTEREY, CA) RAY WILLIS (CHARLEMONT, MA) GLYNN WOOD (MONTEREY, CA) CATIE BURKE (SAN GABRIEL CA) RUTH CALLARD (SEATTLE, WA) DEE DEE GRAFIUS (OAKDALE, CA) EDNA HYER (S. WALES, NY) EANY PATTERSON (BROADVIEW HTS, OH) BARBARA ROBBEN (BERKELEY, CA) WILMA MADDOCK (COSTA MESA, CA) MARY PATTERSON (BROADVIEW HTS, OH) BARBARA ROBBEN (BERKELEY, CA) LAGIE SWANSON (US) ERICAS ZANTO (OLMSTED FALLS, OH) SYLVIE AH-KANG (MRI) ANNA EDINGER (AUT) JILLIAN EKSTEEN (RSA) RACHEL HANSSENS (BEL) MASON (UN STED FALLS, OH) SYLVIE AH-KANG (MRI) ANNA EDINGER (AUT) JILLIAN EKSTEEN (RSA) RACHEL HANSSENS (BEL) MASON (ON NAKAMURA (JPN) GERDA VAN KOOTIN (HOL) LIDIJA LAPAJNE (SLV) LI MEISU (CHN) NORIKO NAKAMURA (JPN) CHRISTINE PFEIFFER (SWI) NINA PONOMAREVA (URS) BERTHILIA DE PRETER (BEL) MIRJAN RONNI (FIN) SAYURI SAITURE (GER) NARGARET WILLIAMS (GBR) AUDREY WOOD (NZL)		
		THE RESERVE AND THE PERSON NAMED IN

Compiled by Pete Mundle, World and U.S. Masters T&F Records Chairman



Bob Shapiro (460) of the WRC Rough Draft, M40+ winning team (2:54:40), hands off to Bob Trost, running the second leg of the three-person relay, Washington's Birthday Marathon.

Kurtis to "Run" Detroit Marathon

by RON MARINUCCI

Although Doug Kurtis, holder of three world records in the marathon, has retired from competitive road racing, he is going to "run" this year's Detroit Free Press/FlagStar Bank International Marathon on Oct. 17.

He has run the Detroit Marathon before, in fact, winning it six times from 1987 to 1992. But not this way. Last October, he was named race director of the nation's eighth oldest and 21st largest marathon.

He explained, "I had talked to the Free Press earlier. I just got the impression that things weren't going well. I called to offer my help... I put together a few proposals and called." From there, even Kurtis seemed surprised at how quickly events transpired.

It's not a full-time position, said Kurtis. But, he's made a commitment of 1000 hours. "That's still 20 hours a week."

"I have room to hire a part-time staff," said Kurtis, adding that he's counting on "lots of volunteers." An advisory committee with "area running clubs having more input," is

Kuznetsov, who has had great suc-

cess running in the U.S., finished in

after the race. "Five kilometers is too

short. I'm training for the Boston

Marathon, so this is good speed train-

in 15:53. Roberto Castillo, M40, was

Ukraine, was second female in 16:19. Deb Wagner, 47, was second W40+ in

Steve Wilson, second M40, finished

Tatyana Pozdnyakova, 43, of the

This was the 21st annual Edison

Festival of Light 5K, now southwest

Florida's largest running event with

over 1300 participants.

ing for me.

18:00.

third in 16:04.

"I'm a marathoner," Kuznetsov said

already in the works.

Certainly, Kurtis holds the qualifications for this post. "I've seen marathons all over the world (191, in more than two dozen countries). More than just running marathons, I've talked to race directors. I've gone to conventions. I've paid attention." He cited "close ties" with race directors such as the late Fred Lebow (New York Marathon) and Scott Dawes (Grandma's Marathon).

He's looking for a renaissance of the Free Press, similar to that experienced by the Chicago Marathon: "I want to involve the running community and get the city of Detroit involved, the business community, too."

A long-term goal is "to increase the numbers, back to the peak year of four to five thousand runners." He'd like to promote first-time marathoners, "to make them feel really special."

A unique aspect of the marathon is its international course, starting in Windsor, Canada, and finishing in Detroit. The Detroit River is "crossed" via an underwater mile through the Detroit-Windsor Tunnel. "It's just an idea," he emphasized, also mentioning adding the Ambassador Bridge to the course. With the start in Detroit before the trek to Windsor and back, he envisions "starting outside Tiger Stadium and finishing inside." Even as "just an idea," the appeal of bridge, tunnel, and Tiger Stadium is inviting.

Kurtis also would like to have "a kid's event, like the one they have in Austin, Texas. Kids run one mile at a time and log in twenty-five miles before race day. Then on race day they finish one mile, 385 yards. The first year in Austin, they got over 5000 kids. This year, they're looking at 15-20,000."

As of March 1, Kurtis had no statements to make other than he's "working hard." Look for more information on the Free Press as summer approaches. But, for now, one thing is certain: Doug Kurtis is running the Free Press Marathon - again.

Kuznetsov Wins in Edison Festival of Light 5K Festival of Light 5K on Feb. 20.

by GARY HENLEY FORT MYERS, Fla. - Andrey Kuznetsov, 41, of Russia, led until the last quarter-mile, when open run-ner Michael Williams (14:20) pow-

ered past to win overall in the Edison

Portland Masters Classic June 12 & 13, 1999

Sponsored by the Portland Masters Track Club Mt Hood Community college, 26000 SE Stark, Gresham OR Ages 30 & over - For more information, contact Jim Puckett, 503-236-8826

Track Event	Time	Fleid Event
in the latest	10-00 am	Pole Vault - Men & Women Shot Put, Women-North Ring, Men-South Ring
2/1K Steeplechase Women and Men	11:00 am	Long Jump. Women - older to younger High Jump. Men-30 to 49
5000 m Racewalk Women and Men	12 num	Javelin. Women-older to younger
RO m High Hurdles Women and Men	1:00 pm	Long Jump, Men-older to younger
100 m High Hurdles Women and Men	1:20 pm	* THE LOCATION SHOW
100 m Dash * Women and Men	1:45 pm	Javelin, Men-older to younger
1500 m Run Women and Men	2:45 pm	Apple Dates of the
400 m Run Women and Men	3:45 pm	Carlo Carlo Carlo
* Winners of each div	sion are elegi	Ne for age-graded 100 m dash on Sunday
Instructio	ns:	The second secon
Make checks	to:	

Track Event	Time	Field Fivent
300 (M Hurdles, M&W	(U-On am	Triple Joint, MAW, Hainmer Throw Men followed by Women, older to younger
400 IM Hurdles, Men	10:20 am	THE DAY DESCRIPTION OF S
200 m Dash, M&W	11:00 am	High Jump, women, followed by Men 50+
R(N) m Dash, M&W	12 noon	Discus Throw . Men followed by women, older to younger
5000 m Run. MAW	1:00 pm -	is the particular of white the first of
Age graded 100m Dash All W& M winners from Sat. 100 m Dash	2:30 pm	Weight Throw Men followed by women, older to younger
4 v 100 m Relay	3:00 pm	many freeze or with any magnetic
1 v 400 m Relay	3:15 pm	the track production of
4 x 800 in Relay	3: 10 pm	CELEVATION CONTRACTOR

entry form and check to: Howard Means 950 Baker Creek Rd McMinnville OR 97128 ntries must be postmarked by June 4, 1999

Schedule of events is Tentative \$5.00 Late entry fee (based on space availablility)

Entry packets must be picked up prior to competing

riarwood Inn City Grill

2752 N.F. Hogan Drive (503) 907-1777 (877) 907-1777 toll free

Meet Headquarters: Briarwood Please identify as being part of the PMTC Classic, Plea the PMTC Classic, Please make reservations by June 4, 1999. Packets: Available at Briarwood Inn. Fri. June 11, 6-8 PM and at the Mt Hood C.C. starting at 8:30

AM both days. Concessions: Food concession available during the meet.

Reception: PMTC invites you to

	losed I hour prior to eve		WWW.briarwood	1 11031	bar. Sat. June 12th, 5:30 pm 00 pm.
Please Print Name		A	tland Master ge(6/12/99)E	TOWN PROPERTY.	99 _/MaleFemale
Events 1. 2. 3. 4. 5.	Club Afilliati Best '98-'99 Mark	T-shirt SizeSMLXXX	Attend Reception? Yes No Number	1 Event 2 Events Each add'l e T-Shirt Late fee afte	\$10 ea
I waive all right Hood C.C. aris	t be signed to compet his that I or my heirs or hing from any injury illo this event. I declare m	assigns may ho	t that I may sustain	Total enclos	ck Club and or Mt.

your subscription immediately. Please start my one-year subscription to the National Masters News. Bill me later for the \$26 subscription price (\$45 foreign). Name Address _

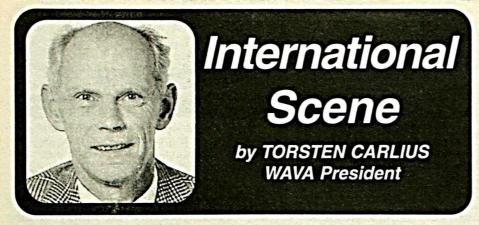
Results of 1968 NM T&F Championships Needed

of the first national meet, held in 1968, in San Diego. If you have them in your

old files, or know someone who might, please contact Pain at 5643 Campanile Way, San Diego, CA 92115. Phone: 1-619-582-3316, fax: 1-619-582-5769.

FAX-A-SUB A quick way to subscribe to the National Masters News. Make a copy of this form and fax it to 541-345-2436. We'll start

David Pain, the founder of the USA Masters T&F program and the director of the first six national masters championships, is still looking for the results



It's Time to Stabilize Relations with IMGA

have mentioned before, and will probably mention many more times in coming months, that one of the most important challenges for WAVA today is determining what position to adopt toward the International Masters Games Association (IMGA) and its World Masters Games.

My position is to leave the past behind and look ahead to see how best we can develop conditions for a cooperative relationship that will be advantageous to both parties. The WAVA council will present this issue to the WAVA General Assembly in Gateshead in August, at which time we hope to have an open discussion founded on facts and not on feelings held over from the past.

IMGA is seriously intent on involving WAVA and other International Sports Federations in their own activities. This is necessary if the World Masters Games is to develop into something along the lines of a "Veterans Olympic Games," where athletes demand much stronger organization.

The reality of today is that every two to four years, WAVA and a number of other large ISFs hold significant world championship veterans events in their sports. Separately, every four years (1998, 2002, 2006...), the IMGA holds its World Masters Games, resulting in calendar conflicts and a "struggle" to attract the same athletes. For example the WAVA Regional Championships, staged every evennumbered year, clashes with the World Masters Games every other time the event is held. For this reason, if no other, it is essential that the IMGA and ISFs work together to avoid such conflict in the future.

Of further concern to WAVA and our regions, is the development of new masters games scheduled to take place in 2000, such as the first European Masters Games in Barcelona, the Asia-Pacific Masters Games in Brisbane, and the possibility of a "Small Countries' World Masters Games." These developments make it ever more important to cooperate, not only to avoid competing for the same athletes, but also to ensure that organizers outside the ISFs do not benefit financially from holding private masters games.

I strongly believe the sports world needs one overall international body to coordinate veterans' world championships and masters games on a world level. In my opinion, the natural body to assume this role is a "restructured" IMGA in which representatives from

the major ISFs serve on the IMGA Board of Directors and take responsibility for related developments.

It looks certain that we are seeing an overall world development within the veterans sphere, regardless of WAVA and other ISFs. This makes it all the more urgent that we participate and exert some influence, rather than standing on the outside with no input. I very much hope the General Assembly delegates will agree with this view in Gateshead, putting cooperation above conflict, and participation above inaction. Since the 1998 Masters Games Portland/Eugene, I have spoken with many individuals who expressed support for cooperation between the two organizations. The European Veterans

European Open Track &Field Meets - 1999

Gateshead, England
Oslo, Norway
Lausanne, Switzerland
St. Denis, France
Zagreb, Croatia
Rome, Italy
Nice, France
Paris, France
Linz, Austria
Barcelona, Spain
Stockholm, Sweden
Monte Carlo, Monaco
Sheffield, England
Cologne, Germany
Zurich, Switzerland
IAAF World
Championships
Seville, Spain
Brussels, Belgium
Rieti, Italy
Berlin, Germany
Munich, Germany
(Grand Prix Final)

For ticket info, contact the IAAF: 377-93-10-88-88 (phone); 377-93-15-95-15(fax); www.iaaf.org.

Athletic Association has also taken a strong stand in favor, as have the Asian Association and U.S. representatives, all of whom share a deep conviction that this is the only path to the future, provided, of course, that ISF conditions are met.

To recap from previous articles, our requirements are:

- T&F events must be supervised by WAVA and staged in accordance with IAAF/WAVA Rules of Competition.
- Drug testing must be conducted in accordance with IAAF/WAVA conditions.
- WAVA shall approve athleticsrelated entry booklets, events, and age groups.

• The WAVA entry fee structure must be adopted.

Cooperation must further be based on the recognition of IMGA as the overall body for masters games at world and regional levels. This means that the current IMGA Constitution and the composition/election of the IMGA Board of Governors must be restructured to meet these new requirements. My many discussions with IMGA representatives indicate their concurrence.

One indication of our progress is

that IMGA is now offering interested ISFs the opportunity to act in a supervisory role at the 2002 World Masters Games in Melbourne. WAVA has accepted this offer in the area of track and field, and WAVA Vice President-Stadia, Jim Blair, of New Zealand, has been appointed WAVA Supervisor for Melbourne, charged with ensuring our requirements are met.

The same offer has been extended by the European Veterans Athletic Association (EVAA) to the organizers of the first European Masters Games in 2000 in Barcelona. Consequently, Winston Thomas, of Great Britain, has been appointed EVAA Supervisor for Barcelona.

As WAVA President, I see these developments as a necessary part of our journey into a future where a restructured IMGA will be fully recognized as the overall world veterans body. Thus, I repeat my hope that the WAVA General Assembly delegates in Gateshead will also realize the necessity of working together and take action accordingly.

I welcome questions and comments which can be addressed to me at: Smalandsgatan 25, S25276 Helsingborg, Sweden.

S Die

SURNAME

CLUB

B.L.E. National Veterans Track & Field Championships

14th AUGUST, 1999 TULLAMORE, IRELAND

FIRST NAME

COUNTRY

Men: M40	M45 M50 M55 I	cted events below:	M/3 (Circle)
Men	Check sele	Women	
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200m	CONTRACTOR OF THE PARTY OF THE	THE RESERVE OF THE PARTY OF THE	THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TW
400m	A SHARE OF THE PARTY OF THE PAR		CONTROL OF THE PARTY OF THE PAR
800m	Discus	800m	The state of the state of
1500m	Javelin	1500m	CONTROL TAN
5000m	The state of the s	The second secon	
5K walk	AMERICAN THE TARTE		· 李明· · · · · · · · · · · · · · · · · ·

- Veteran Men must be born on or before 14th August 1959.
 Veteran Women must be born on or before 14th August 1964.
- 2. Registration number and date of birth must be shown on all forms.
- 3. Entry Fees: £10 (£5 per additional event).
- 4. Any event having less than 3 entries on the closing date will not be held.
- 5. Athletes must check-in at least 60 minutes before their event.

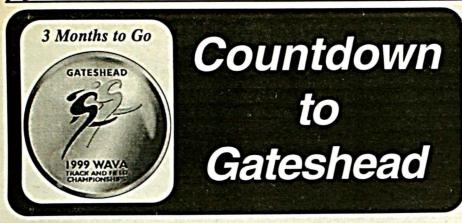
 Collecting a number does not necessarily constitute checking in.

 Please take care.
- 6. Athletes must wear their official club singlet.

NO FAX OR PHONE ENTRIES ACCEPTED

COMPLETED ENTRY FORMS TO: COMP. SECRETARY, B.L.E., 11 PROSPECT ROAD, GLASNEVIN, DUBLIN 9 IRELAND

CLOSING DATE FOR RECEIPT OF ENTRIES: 1ST MAY 1999



Last Chance to Sign Up

Excitement continues to build for the XIII WAVA World Veterans Athletics Championships. The biennial event will be held in Gateshead, England, July 29-August 8. Meet organizers predict between 6000 to 8000 athletes (men age 40+; women age 35+) from as many as 80 nations will participate in the world's most prestigious event for masters track and field, long distance running and racewalking performers.

Weather for the Northeast of England

in 1997

CONDITIONS

Warm and Sunny

Warm and Muggy

Warm and Humid

Warm and Overcast

Patchy Cloud, Dry

Cloudy and Rain

Cloudy and Rain

Mainly Sunny

Dry and Sunny

Sunny Spells

Cloudy

Cloudy

Cloudy

Sunny

Sunny

Heavy Rain

Rain and Thunder

Sunny, Some Cloud

Warm and Sunny

Warm and Sunny

Warm and Muggy

Rain and Thunder

Windy and Sunny

Rain and Windy

Bright Spells

From Mick Laidler, WAVA Championships Technical Director

Dry and Bright

Dry, Bright and Warm

Fairly Misty and Sunny 4:56 a.m.

The official deadline is April 30, but U.S. athletes must send their entry to USA Track & Field for approval no later than April 19. Entry and accommodation forms are available directly from Gateshead (see schedule for details), from any of the masters travel agents hosting low-cost tours (see ads in previous issues of NMN), or from U.S. team manager Sandy Pashkin (see address in adjacent box).

There are no qualifying standards, except to be at least the minimum age.

The event is shaping up as one of the best and most professional games in the 25-year history of the World Association of Veteran Athletes (WAVA). Three stadiums in the

TEMP

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23c (73f)

24c (75f)

24c (75f)

22c (72f)

21c (70f)

23c (73f)

19c (66f)

20c (68f)

20c (68f)

19c (66f)

20c (68f)

17c (63f)

19c (66f)

19c (66f)

19c (66f)

19c (66f)

19c (66f)

21c (70f)

24c (75f)

16c (61f)

18c (64f)

18c (64f)

17c (63f)

18c (64f)

18c (64f)

22c (72f)

23c (73f)

DATE

July

15

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11

August

Gateshead area – all with first-class facilities – will handle the action in the 11-day championships. The stadiums are several miles apart, but free buses will be running continuously to transport athletes and friends to each venue, major hotels and universities.

"The preparations are progressing very well," said Elaine Robinson, Marketing and Promotions Officer. "The entire city of Gateshead is gearing up. Virtually everyone in town is aware of the games."

Accommodation

A range of accommodation has been allocated throughout northeastern England. There are five-star hotels, low-cost bed-and-breakfast homes,

SUNRISE

4:49 a.m.

4:51 a.m.

4:52 a.m.

4:54 a.m.

4:55 a.m.

4:59 a.m.

5:00 a.m.

5:01 a.m.

5:02 a.m.

5:04 a.m.

5:05 a.m.

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5:10 a.m.

5:12 a.m.

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5:16 a.m.

5:17 a.m.

5:19 a.m.

5:21 a.m.

5:25 a.m.

5:26 a.m.

5:27 a.m.

5:28 a.m.

5:30 a.m.

5:32 a.m.

5:34 a.m.

5:33 a.m.

SUNSET

9:36 p.m.

9:35 p.m.

9:33 p.m.

9:32 p.m.

9:31 p.m.

9:30 p.m.

9:28 p.m.

9:27 p.m.

9:26 p.m.

9:25 p.m.

9:23 p.m.

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9:18 p.m.

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9:14 p.m.

9:12 p.m.

9:11 p.m.

9:09 p.m.

9:07 p.m.

9:05 p.m.

9:01 p.m.

9:00 p.m.

8:59 p.m.

8:57 p.m.

8:54 p.m.

8:52 p.m.

8:50 p.m.

8:47 p.m.

and dorms in nearby universities.

Simon Hainsworth, Operations Director, said: "We have received a significant response from foreign national teams with over 3500 beds already confirmed. It appears many competitors are incorporating the event into their annual holiday and will use it as a base to tour the region."

Athletics Facilities

The seeding of grass for additional warm-up and throwing areas has been undertaken. Additional throwing equipment has been ordered. All stadia will have supporting facilities such as retailing, food outlets, physical therapy, massage and free emergency medical treatment. Interpreters will be on hand to help foreign guests with French, Spanish and German.

Non-Stadia Events

The cross-country offers a challenge over 10K with the picturesque Maiden Castle and River Tyne as a backdrop. Racewalkers will be facilitated with an almost flat 2.5K loop course. Marathoners will have a flat course that offers tourist attractions, local heritage, and a steep hill at 25 miles. The marathon consists of a fast start from Gateshead Stadium using part of the Great North Run course before dropping down to the riverside.

The international party on August 4 will feature national dances by visiting teams at a buffet-style dinner at the Central Nursery.

Pre- and Post-Meets

Athletes looking for pre- or postmeet competition can find it in Edinburgh, Scotland on July 17-18 for the British Veterans T&F Championships, and in Tullamore, Ireland (60 miles west of Dublin) on Sat. August 14 for the Irish Veterans T&F Championships. The entry form for the Irish meet is on page 27.

Sightseeing Tours

"We realize the northeast of

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material, results, schedule items, and advertising is the 10th of the month before date of issue. Send to National Masters News, P.O. Box 50098, Eugene OR 97405

England would normally not be everyone's first choice of a holiday destination," said Ron Bell, WAVA NonStadia Vice-President, "but you will be
staggered at some of the magnificent
scenery and areas of outstanding beauty that are waiting to be discovered.
Market towns, castles, beaches,
national parks, heritage centers,
Roman history, and riverside walks all
are on the doorstep."

A full range of sightseeing tours is

being planned:

• Beamish, the north of England's air museum, a living history of the region at the turn of the century.

 Hadrian's Wall, the Roman Empire's most famous northern landmark.

 The ancient kingdom of Northumbria with its imposing castles, rugged moors, stony crags and stunning coastline.

 York, with its tales of Viking times, York Minster and medieval

succis.

 Europe's largest indoor shopping and leisure complex – the Metro Center.

• Edinburgh, the elegant capital of Scotland, less than three hours by car or train from Gateshead, where halfday to five-day tours are available.

 London, less than five hours by car or train.

Bell said that for those who have never experienced "Geordie" hospitality, there will be the ever-popular "host-a-vet" program, in which visiting athletes from around the world are welcomed into the homes and lives of the local people.

Entry Procedure

For USA athletes, send a completed form, together with a copy of your birth certificate or passport and copy of your 1999 USATF membership card, plus the appropriate entry fee, to: Sandy Pashkin, USATF Team Manager, 301 Cathedral Parkway, #6U, New York, NY 10026.

The entry will then receive the official USATF stamp and be forwarded to the organizers in Gateshead. Confirmation of entry will be sent directly to each athlete from Gateshead.

"A lot of people are working very hard to make these championships memorable and enjoyable for everyone," Bell said. "It's all waiting for you."

— Al Sheahen

502 50050, Luge	one," Bell said. "It's all waiting you." - Al Sheah
What:	The XIII WAVA World Veterans Athletics Championships, a track and field event for men over age 40 and women over age 35.
When:	July 29-August 8, 1999.
Where:	Gateshead, England, close to the Scottish border in north-eastern England.
Events:	All common T&F events, plus cross-country, marathon and racewalks.
Entry Form:	Available from the Gateshead organizers, any of the U.S. masters travel agents, or from the U.S. team manager: Sandy Pashkin, 301 Cathedral Pkwy, #6U, New York, NY 10026. 212-666-8603; spashkin@aol.com
Deadline:	April 19, 1999.

Masters Scene

NATIONAL

• Brian J. Bolton has been elected president of the American Running and Fitness Association. He is President and CEO of the Overhead Door Corporation, a Fortune 500 Company. Bolton is also a runner. In 1996, he defeated 1972 Olympic gold medalist Frank Shorter in a two-mile race. Bolton was 10 years older than Shorter at the time. AF&RA is a non-profit, educational association of athletes and sports medicine professionals who educate the public about the benefits of a regular exercise program. For more information, contact AF&RA at 4405 East West Highway, Suite 405, Bethesda, MD 20814. 800-776-ARFA; email: arfarun@aol.com; web site: www.arfa.org.

EAST

• William Wuyke, 40, track coach at Connecticut College, New London, broke the M40 800 WR with a 1:54.96 at the Seton Hall Indoor Invitational, South Orange, NJ, Feb. 14. Ken Popejoy holds the present record at 1:55.5 in 1993. A 1984 Olympian, Wuyke, a Venezuelan native, has a personal best of 1:43.54 in 1986, which was at the time among the top 10 in the world. The Feb. 14 race was only his third after a six-year layoff.

• Sid Howard broke the M60 WR for the 800 with a 2:14.75 on his 60th birthday on Feb. 26 at the MAC Indoor Championships, Armory T&F Center, Manhattan. The present record is 2:16.64 by Canada's Earl Fee in 1992.

• Two US records fell in the 30th Dartmouth Relays, Hanover, NH, Jan. 8. Carolyn Cappetta, 63, Concord, MA, lowered the W60 200 record (33.25, Betty Vosburgh, 1996) to 32.45. Anne Jennings, 35, Gloucester, MA, upped the W35 HJ record (5-3³/₄, Skipper Clark, 1984) to 5-5. Rodney Brown, 72, Salt Lake City, took firsts in the 200 (30.4), 400 (66.8), and 800 (2:47.6).

• James Kempton, 40, was fourth overall and first of 146 M40-44 finishers, with an age-graded 87.5% 31:52, NYRRC Northwind 10K, Central Park, Jan. 17. Karl Proffitt breezed to the W40+ win with a 38:41 in a field of 62 W40-44s. Bill Fortune, 70, blasted off a 44:34 to win the M70 race.

Wojciech Joskowski, 41, Brooklyn, NY, with a third-place 2:55:39, and Ruth Ann Buch, 45, Vineland, NJ, in 3:49:11, scored masters victories, DCRRC Washington's Birthday Marathon, Greenbelt, MD, Feb. 14. Masters team winners in the three-leg relay were the men's WRC Rough Draft trio in 2:54:40, and the women's Aged To Perfection group in 3:21:14.

 Thirty-two meet records fell in the USATF NJ Masters Indoor Championships, Hackensack, Feb. 14. Tom Delaney, M70, of the Garden State AC, set three meet records in winning five golds. Participation numbers were 252 athletes from 8 states.

SOUTHEAST

• Larry Doan, M40, forged the M40+ win, Colonial Half-Marathon, Williamsburg, VA, Feb. 21, with an impressive 75:37. Sheri Segal, W60, breezed to an 89:25 for the W40+ first. Mel Williams, 61, bettered his M60 course record with an 85:53. Sharon Glese, 56, ran a 1:40:12 to break her W55 race best.

• Phil Mulkey, 66, Murietta, GA, broke the M65 U.S. record for the SP (5kg) with a 43-11½ in the Alabama Indoor Masters Championships in Decatur. The present record is 42-9 by Len Olson in 1997. Mulkey, better known as a decathlete (U.S. Olympic team in Rome, 1960), is hardly thought of as a shot putter at 178 pounds, but he did own the M55 and M60 U.S. records at one time. Mulkey was out of competition all of last year with an injury.

MIDWEST

 At the Lincoln-Way Indoor Meet, New Lenox, IL, Jan. 23, Mel Flachs, 84, Davenport, IA, was awarded the Milo Lightfoot Award for M&W75-and-over who honor Lightfoot's competitiveness, versatility, and consistency as a masters athlete. Lightfoot passed away last year after competing in this meet. The award was presented by members of Lightfoot's family from Indiana in an emotional ceremony after the meet.

MID-AMERICA

• Two age-group WRs in the mile fell in the USATF Minnesota Indoor Championships, Arden Hills, Feb. 27. Dan Conway lowered the M60 mark of 5:13.38 by Henry Hawk in 1998 to 5:05.29. Lloyd Young erased Byron Fike's M75 record of 6:54.8 in 1983 with a 6:37.84.

SOUTHWEST

• Hurdlers Courtland Gray, 55, of Louisiana, with a 7.99, and Lowell Bonifield, 65, of Texas, 8.98, hit the world-class age-graded 100% performance level for the 55H in the Sooner State Games Indoor Meet, Shawnee Expo Center, Jan. 30. Rick Easley, 44, of Texas, ran an 87.4% 2:07.55. Harold Crater, 60, of Texas, had the farthest SP with a 42-4. Sue Tunnicliff, 62, of Oklahoma, included a 5-6 PV in her three firsts.

 Patty Valadka, W40, roped in a first female overall in 35:58, Conoco 10K Rodeo Run, Houston, TX, Feb. 13. William Martin, 44, registered an M40+ win with a 33:34.

• Barbara Luciano, 48, won the women's race overall in 19:45, Chili Day For A Run 5K, Oklahoma City, Jan. 31. Norman Roper, 41, took the M40+ title in 17:59. Ron Kuykendall, 53, finished with leaders in 19:34.

 Andrzej Witczak, 40, hot-footed to the M40+ victory with a 2:24:46, Austin Motorola Marathon, Austin, TX, Feb. 14. Filemon Lopez, 40, took second with a 2:27:33. Dave Minier, 50, finished early with a 2:56:47. Irina Bondarchouk, 46, was an easy W40+ winner with a 2:47:30, ahead of Mary Burns-Prine, 41, 2:51:56.

WEST

• Rigoberto Vega, 43, Los Angeles, with a 34:33, and Ed Avol, 47, Manhattan Beach, CA, in 35:40, were 1-2 overall in the Los Angeles Chinatown Firecracker 10K, Feb. 7. Milo Sather, 71, Los Angeles, was the M70+ winner in 53:36. Leslie King, 46, Bakersfield, CA, took the W40+ in 47:01.

There will be a meeting of all athletes following the USATF Southern California Masters
Championships at Occidental College, Los
Angeles, on June 12. Association Chair
Christel Miller will conduct the meeting.
Everyone is welcome.

• Three LA Valley AC members have undergone surgery: George Simon (open heart surgery in December); Nick Newton (prostate surgery on Jan. 24); and Tom Miller (proton bombardment of the prostate to remove cancer). "All have gone through a lot, but are all recovering well," Frank Kishi said. "George is down to 130 lbs., but is ready to start his rehab program. Nick and Tom expect full recovery and expect to be back on the track soon."

NORTHWEST

• Myra Fromme, Eugene, OR, died Feb. 13 of age-related causes. She was 95. Fromme held 200m world bests for ages 92 (98.99) and 94 (94.03). Her last meet was in the 1998 Nike World Masters Games in Eugene.



LEO BENNING

Magdalena Tomlinson (I) and Hella Kuppe at the first hurdle in the W55 80mH, South Africa Veterans Championships.

Mary Libal, 48, of Corvallis, OR, USATF's
Female Masters T&F Athlete-of-the-Year in
1996, has been struggling with a back injury and
a recurrence of CFS, which has caused metabolic arthritis in her hands, knees, ankles and
feet. She still hopes to compete on the circuit
this year, if some of her ailments abate in time.

INTERNATIONAL

• Two hurdle WRs and six South Africa records fell in the Western Province Veterans T&F Championships, Cape Town, SA, Feb. 12-13. Isabel Hofmeyr lowered the W70 record for the 30" 80H from 20.89 to 18.91. The present record belongs to Rosaline Sole, New Zealand. Kalie van Zyl bettered Frank Finger's M75 WR of 15.1 for the 33" 80H with a 15.02. Philip Rabinowitz, who turned 95 on Feb. 16, posted a 3:00:10 for the 20K RW.

• Finland's Matti Hannus has a full set of NMNs: 1982-1986. He's run out of storage room

and will give them free to anyone willing to pay the mailing costs. Contact Matti at Ailakkitie 10 B 2; 90580 OULU Suomi (Finland).

CORRECTIONS

 George Feinstein's correct time in the M85 division, Paramount 10K, Jan. 9, p. 27, March issue, was 70:13, not 53:00, as reported to us

 The mark of 18-8 in the W65 weight throw in the results of the Michigan USATF Championships, Feb. 7, p. 24, March issue, should have been credited to Georgia Johnson, not Mary Holland, as reported to us.

 Two photos of the Pomoco Half-Marathon on p. 6 of the March issue were credited to Rick Platt. They should have been credited to Mike Gontesky.

The M40+ winner of the Super Bowl 10K, p.
 March issue, was John Araujo, not Juan
 Naraujo, as given to us in the results.

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Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are generally limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

TRACK & FIELD

NATIONAL

April 10-11. USATF National Masters Indoor Heptathlon Championships (M&W), Proviso West H.S., Hillside/Chicago. Ray Vandersteen, USATF Illinois, P.O. Box 7019, Villa Park, IL 60181-7019. 630-953-2052; fax: 953-2053.

June 12. USATF National Masters Weight Pentathlon Championships, U. of Northern Colorado, Greeley (50 miles n. of Denver). Scott Hall, UNC Head Track Coach, 970-351-1721; fax: 351-2018. Tim Edwards, 6440 Magnolia St., Commerce City, CO 80022. 303-315-9107; email: tedwa851@ concentric.net

July 3-4. USATF National Masters Decathlon/Heptathlon Championships, Grass Valley, Calif. Richard Hotchkiss, 14005 Meadow Dr., Grass Valley, CA 95945. 530-273-3660.

August 26-29. 32nd annual USATF National Masters Championships, Orlando, Fla. Disney Wide World of Sports, PO Box 692349, Orlando, FL 32869-2349.

September 18. USATF National Masters Weight & Superweight Championships, Seattle, Wash. Ken Weinbel, 4103 Hillcrest Ave., S.W., Seattle, WA 98116. 206-932-3923; fax: 932-3917.

October 20-29. National Senior Games – Senior Olympics, Orlando, Fla. National Senior Games Association, 3032 Old Forge Dr., Baton Rouge, LA 70808. 225-925-5678; fax: 216-7552.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

April 18. Potomac Valley TC Meet, Williams HS, Alexandria, VA. Mike Kozeliski, 702 4th St. SE, Washington, DC 20003. 202-543-3145(h); email: mike.kozeliski@mail.house.gov. Sal Corrallo, 302-945-2457.

April 23-24. 105th Penn Relays, Philadelphia. 100: M40/M50/M60/M75+/W40+; 4x100 relay: M40+/M50+/W40+; 4x400 relay: M40+/M50+/W40+. Phil Felton, 413 Alexander St., Princeton, NJ 08540. 609-683-4115; fax: 258-6109; email: felton@princeton.edu. March 31 deadline.

May 2, 16, 30. Potomac Valley TC Meets, Williams HS, Alexandria, VA. Deca/Hepta on 29-30. Mike Kozeliski, 702 4th St. SE, Washington, DC 20003. 202-543-3145 (h); email: mike.kozeliski@mail.house.gov. Sal Corrallo, 302-945-2457.

May 11-14. Washington, D.C., Golden Olympics, Washington, D.C. Darnelle Freeland, 202-576-8677. Closed to out-of-state.

May 16. Philadelphia Masters Developmental Meet, Swarthmore College. Bill Krierger, 215-722-8859(eve); Tom Yunker, 610-828-4672 (eve).

June 4-6. Connecticut Senior Olympics, Southington. Will Berger, 860-621-4661. June 10-13. New Jersey Senior Olympics, Fort Monmouth. Michael Garamella, 732-542-1326.

June 11-13. Massachusetts Senior Games, Springfield College. Sahler Smith, 413-788-2457.

June 13, 27. Potomac Valley TC Meets, Williams HS, Alexandria, VA. Mike Kozeliski, 702 4th St. SE, Washington, DC 20003. 202-543-3145(h); email: mike.kozeliski@mail.house.gov. Sal Corrallo. 302-945-2457.

June 17-20. Empire State Senior Games, Syracuse, N.Y. Marty Castle, 315-492-9654.

June 18-20. Ocean State Senior Olympics, Providence, R.I. Mike Lyons, 401-431-5007.

July 12-17. Pennsylvania Senior Games, Shippensburg. David Farrand, 570-823-3164. Closed to out-of-state.

June 27. Garden State AC Classic, Randolph, N.J. Madeline Bost, PO Box 458, Ironia, NJ 07845. Morton Hahn, 973-625-1764.

September 4-5. Potomac Valley TC Games, Alexandria, Va. PVTC, 3515 Slate Mills Rd., Sperriville, VA 22740. 540-547-4355; corrallo@erols.com

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

April 9. Jacksonville TC All-Comers Meet, Fla., Bolles School Track. 904-384-TRAK.

May 7-9. 29th annual Southeastern U.S. Masters Meet/USATF Southeast Regional Masters Championships, North Carolina State U., Raleigh. Pentathlon, Weight Pentathlon, 5K & 20K RWs, & Relays. SE Masters, Inc., Box 590, Raleigh NC 27602. Dale Smith, 919-831-6640 (M-F, 9 am-5 pm, Eastern time).

May 8. Jacksonville TC Masters Meet, Bolles School Track. Field Events 4:00 pm; Track Events 6:00 pm. Lamar Strother, JTC, 1511 S. McDuff Ave., Jacksonville, FL 32205. 904-388-7860; 384-TRAK.

May 26-30. South Carolina Senior Sports Classic, Florence. Carl Hust, 803-772-0363. Closed to out-of-state.

May 28. 24th annual Jacksonville TC Mile Festival, Bolles School Track. See May 8. June 2-6. Virginia Senior Games, U. of Richmond. James Stutts, 804-730-9447.

June 5. Birmingham TC Classic/Southeast Police & Fireman Championships. Gordon Seifert, 1514 Ridge Rd., Birmingham, AL 35209. Email: GESEIF@aol.com. Entry form in April NMN.

June 6. Atlanta TC Masters Men's 100xMile Relay. ATC, 3097 E. Shadowland Ave., Atlanta, GA 30305. 404-231-9064, x17.

June 12. Atlanta TC Masters Meet. See

June 18. Jacksonville TC All-Comers Meet, Fla. Bolles School Track. 904-384-

June 26. Nashville Striders/Nashville TC/Don Brady Memorial Meet, Tenn. Contact Nashville Striders, PO Box 128276, Nashville, TN 37212. 615-331-0111.

July 23-29. Tennessee Senior Games, Clarksville. Theresa Prinzo, 931-381-2019. Closed to out-of-state.

July 31. Jacksonville TC Summer Track Classic, Bolles School Track. Lamar Strother, JTC, 1511 S. McDuff Ave., Jacksonville, FL 32205. 904-388-7860; 384-TRAK.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

May 29. Augustana All-Age-Group Meet, Augustana College, Rock Island, Ill. Frederic Whiteside, Augustana College, Carver PE Center, Rock Island, IL 61201. 309-794-7524; email: pewhitside@augus tana.edu.

June 5. USATF Illinois Masters State Championships, Wilde Field. USATF Ill. 630-953-2052.

June 7-12. Indiana Senior Games, Evansville. Steve Patrow, 800-253-2188. June 15-20. Michigan Senior Olympics, Battle Creek. Donna Skylar, 248-608-

June 17-19. West Virginia Senior Olympics, Charleston. Charles Entsminger, 304-344-1500.

June 19. USATF Michigan Open & Masters Championships, Charlevoix HS. Ken & Mary Plude, 3057 Marion Center Rd., Charlevoix, MI 49720. 616-547-4873.

June 26. Parkland College Masters Meet, Champaign, Ill. Karl Geissler, 217-351-2522; email: kgeissler@parkland.cc.il.us. July 10. Libertyville Masters, Libertyville HS, Ill. Craig Dean, 847-367-6347.

July 17. USATF Midwest Regional Masters Championships, Millikin U., Decatur, Ill. Don Luy, 217-424-6344. July 24. Byron Masters Meet, Byron HS, Ill.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

May 14-15. Western Slope Senior Games, Montrose, Colo. 50+. Out-of-state welcome. Evelyn Lawson, PO Box 730, Montrose, CO 81402. 970-249-2000; 800-873-0244.

May 23. Boulder Planet 3000 Track Festival, U. of Colorado Potts Field. M&W40+. Ric Rojas, 3680 Buckeye Ct., Boulder, CO 80304. 303-444-7267. email: Ric@RicRojasRunning.com.

June 12. USATF Mid-America Regional Masters Championships, Wichita St. U., Wichita, Kansas. Bill Butterworth, 314 S. Clifton, Wichita, KS 67218. 316-684-2192; Fax: 687-9400; Susan Cooper,

ON TAP FOR APRIL

TRACK AND FIELD

The masters indoor season oses with the USATF closes Heptathlon Championships at Proviso West H.S., Hillside (Chicago), Ill., on the 10th-11th. Outdoor action is available in Glendale, Ariz., on the 10th-11th; Santa Ana, Calif., on the 11th; Seattle, on the 24th; and the 105th Penn Relays, Philadelphia, with limited masters events, on the 23rd-24th. Athletes with a yen for travel can go to Moscow for the Russian Veterans Indoor Championships on the 2nd-4th, or Canberra for the Australian Championships on the 2nd-5th.

LONG DISTANCE RUNNING

The Cherry Blossom 10 Mile in D.C. on the 11th, and the Boston Marathon on the 19th stand out this month. Other races of note include the Pear Blossom 10 Mile, Medford, Ore., and the Charlotte Marathon, N.C., on the 10th; Capitol 10,000, Austin, Texas, on the 11th; Longest Day Races, Brookings, S. Dak., on the 17th; and on the 25th, the Big Sur Marathon, Weott, Calif.; Sallie Mae 10K, D.C.; and New Jersey Shore Marathon, Sandy Hook.

RACEWALKING

Snowbird racewalkers left over in the Sunshine State can join locals at the Florida State 5000m Championships, U. of Central Florida, on the 24th. Most track meets and many road races offer racewalking opportunities. Check the schedule.

WSU T&F office, 316-978-3362; fax: 978-3388.

June 26-27. Missouri State Senior Games, Columbia. 50+, Out-of-State welcome. Jack Miles, U. of Missouri, 1105 Carrie Franke Dr., Rm 01, Columbia, MO 65211. 573-882-1462.

June 6. Jolly Jogathon Meet, Marysville, Kans. City of Marysville, 209 N. Eighth, Marysville, KS 66508. Cleve Walstrom, 913-562-3021. Limited events. No entry fee.

June 10-13. Iowa Senior Games, West Des Moines. Cheryl Michael, 515-226-2898.

June 25-26. North Dakota Senior Games, Fargo. Jess Heisler, 701-298-6980.

July 12-16. Northland Senior Games, Duluth, Minn. Chuck Campbell, 218-723-3724.

August 3-8. Rocky Mountain Games, Greeley, Colo. Sheri Lobmeyer, 970-453-2461.

August 19-22. Nebraska Senior Olympics, Kearney. Scott Hayden, 208-237-4644.

September 4-5. Rocky Mountain Masters Games, U. of Colorado, Boulder. Jim Weed, PO Box 889, Lake Crystal, MN 56055; Tim Edwards, 303-315-9107; Sue Norton, 303-443-2695.

Continued on next page

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September 23-26. Kansas Senior Olympics, Tokepa. Limited events. Deadline w/o extra fee, Aug. 20. Kansas SO, 1534 SW Clay, Topeka, KS 66604. 785-368-3798.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

May 26-30. Mississippi Senior Olympics, Jackson. Joyce Anderson, 800-748-8514. September 16-19. Arkansas Senior Olympics, Hot Springs. Gail Ezelle, Exec. Director, PO Box 3377, Hot Springs, AR 71913. 501-321-1441; fax: 321-4161.

WEST

Arizona, California, Hawaii, Nevada

April 10-11. Phoenix Invitational, Glendale Comm. College, Glendale, Ariz. Bob Flint, 602-949-1991.

April 11. John Ward Spring Games, Rancho Santiago College, Santa Ana, Calif. 714-564-6936.

April 17. KelField Throws Meet #70, Santa Cruz. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 831-458-0300; email: kelfield@aol.com.

May 1. Arizona Masters Invitational, McClintock HS, Tempe. Bob Flint, 8436 E. Hubbell, Scotsdale, AZ 85257. 602-949-1991. Clifton McKenzie, meet director, 602-777-8503.

May 8. Southern California Striders Meet, Cal State-Long Beach. Jim Selby, 39777 Cathy Dr., Fallbrook, CA 92028. 760-723-2466.

May 8. KelField Throws Meet #71, Santa Cruz. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 831-458-0300: email: kelfield@aol.com.

May 15. Visalia Classic Masters Meet, Visalia, Calif. Bob Higginbotham, 1026 W. Princeton, Visalia, CA 93277. 209-732-8030. May 29. KelField Throws Meet #72, Santa Cruz. See May 8.

May 30. Dan Aldrich Memorial Meet, UC Irvine, Calif. Mac McCormick, 949-586-9942. June 5. Grand Canyon State Games, U. of Arizona, Tucson. GSTG Office, 602-517-

June 6. Crown Valley Senior Games, Occidental College, Los Angeles. Cynthia Vaughn, 85 E. Holly St., Pasadena, CA 91103. 626-685-6724. Christel Miller, meet director, 818-242-8484 (until 9 pm).

June 12. USATF Southern California Association Championships, Occidental College, Los Angeles. SASE to SCA Championships, 1740 Grandview Ave., Glendale, CA 91201-1263. 818-242-8484 (until 9 pm).

June 12-13. Masters Mile at Hawaii Youth National Invitational. \$500 to winner. For entries: 800-484-2675, x7946; email: rude dog@mauigateway.com.

June 18-20. Arizona State Championships/Grand Canyon State Games, Arizona St. U., Tempe. Bob Flint, 602-949-1991; GCSG Office, 602-517-9700.

June 19. USATF West Regional Championships, UC-San Diego. Ed Oleata, 619-453-4570.

October 17. Sri Chinmoy Masters Meet, Cal State Long Beach. 50+. Bigalita Egger, 6199 Canterbury Dr., #202, Culver City, CA 90230, 310-645-0271.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

April 24. SMAC Seattle Spring Fling, West Seattle Stadium. HT/WT/SP/DT/

SW. Cash prizes based on age-grading in 3 groups: M30-59/M60+/W30+. Ken Weinbel, 4103 Hillcrest Ave., S.W., Seattle, WA 98116. 206-932-3923; fax: 932-3917. May 29. Oregon Senior Olympics, Silverton. Amy Castle, Silverton RR, Box 783, Silverton, OR 97381. 503-873-

June 5. Seattle Park Dept. Masters Meet, West Seattle Stadium. Patti Petesch, 206-684-7093.

8577(h).

June 11-12. Montana Senior Olympics, Helena. Open to out-of-state. Don Tavolacci, 406-252-2795; Helena Area C of C, 406-422-4120.

June 12-13. Portland Masters Classic, Portland, Ore. Paul Stepan, 3011 NE Linden Ave., Gresham, OR 97030. 503-666-8950(h); 234-4811(w).

June 19. Inland Northwest Age Group Championships, Pullman, Wash. All ages. Mike Hinz, 509-335-3325; email: mhinz@wsu.edu

June 19-20. Hayward Classic Masters Meet, Eugene, Ore. Geoff Hughes, 1600 Russet Dr., Eugene, OR 97401. 541-484-1275(h); 343-6511(w).

July 4. Seattle Frontrunners Meet, West Seattle Stadium. Open to out-of-state. Mark Nagan, 607 E. Harrison St., #503, Seattle, WA 98102. 206-324-3166; email: Seattle 1997@hotmail.com.

July 4, 17, 24, 31. Willamette Striders Pole Vault Club Outdoor Festival Series. Open to all ages. For locales and entry contact Rick Baggett, WSPVC, 503-762-0861.

July 10-11. State Games of Oregon, Mt. Hood Community College. Keith Maneval, T&F, Mt. Hood CC, 503-667-7140.

July 16-18. Big Sky Games, Billings, Mont. Karen Sanford Gall, Box 7136, Billings, MT 59103. 406-254-3923.

July 17-18. USATF Northwest Regional Masters Championships, West Seattle Stadium. Ken Weinbel, 4103 Hillcrest Ave., S.W., Seattle, WA 98116. 206-932-3923; fax: 932-3917.

July 29-August 1. Wyoming Senior Olympics, U. of Wyoming, Laramie. Paul Harrison, 307-721-5269.

July 30-August 1. Wyoming Senior Olympics, Laramie. Open to out-of-state. Paul Harrison, 307-721-5269.

August 12-15. Washington Senior Games, Spokane. Lisbeth Naber, 360-438-5458.

October 2-3. Octoberfest Throws & Weight Pentathlon, Helena, Mont. Manuel White, PO Box 5058, Helena, MT 59604. 406-227-5020.

CANADA

June 12-13. Ontario Masters Outdoor Championships, York U., Toronto. Doug Smith, 58 Newmarket Ave., Toronto, Ont. M4C 1V9. 416-699-5818. douglasj.smith @sympatico.ca

INTERNATIONAL

April 2-4. Russian Veterans Indoor Championships, Moscow. Foreign athletes welcome. Vadim Marshev, 14-6 Pervomaiskaya St., Himki, Moscow Region, 141400, Russia. 7-095-535-3308; fax: 7-095-573-4150.

April 2-5. Australian National Championships, Canberra. Alan Wilson, GPO Box 2356, Canberra, ACT 2601, Australia.

May 15. International Veterans Throwing Cup, Toliatty, Russia. Foeign athletes welcome. Vadim Marshev, 14-6 Pervomaiskaya St., Himki, Moscow Region, 141400, Russia. 7-095-535-3308; fax: 7095-573-4150.

May 28-29. South Africa Veterans Championships, Port Elizabeth. Patsy laubscher, 2 Parkridge Crescent, Millpark, Port Elizabeth 6001, South Africa. 041-333173 (phone & fax).

July 10. San Juan Annual Masters T&F Championships, Santurce, Puerto Rico. M&W 30+. Puerto Rico Masters Association, Gregorio Angulo Rivera, P.O. Box 31300, San Juan, PR 00929-0300. 787-724-6157.

July 17-18. British Veterans Championships, Meadowbank Stadium, Edinburgh, Scotland. Ian Steedman, 33 Grange Loan, Edinburgh, Scotland EH9 2ER Tel: 44-131-667-1416.

July 23-25. Russian Veterans Championships, Moscow. Foreign athletes welcome. Vadim Marshev, 14-6 Pervomaiskaya St., Himki, Moscow Region, 141400, Russia. 7-095-535-3308; fax: 7-095-573-4150.

July 29-August 8. XIII World Veterans Athletics Championships, Gateshead, England. XIII WAVA Championships, PO Box 18, Gateshead NE8 IEA, England.

August 14. Irish Veterans Athletics Championships, Tullamore, County Offaly (60 miles west of Dublin). B.L.E., 11 Prospect Rd., Glasnevin, Dublin 9, Ireland. Martin Kelly, 353-1-235-2364; Fax: 353-1-235-2726. (Entry form in April issue.)

November 20-23. Japan International Masters Championships, Kumamoto. 1-1 Tetorihoncho, Kumamoto City, 860-8601, Japan. Fax: 096-328-2959.

LONG DISTANCE RUNNING

NATIONAL

April 29-May 1. National RRCA Convention, Spokane, Wash. http://www.bloomsdayrun.com

May 1. USATF National Masters Half-Marathon/Indy Life Circuit Race, Indianapolis, Ind. Don Carr, 4314 Matrea More Ct., Indianapolis, IN 46254. 317-328-1632. (3 x points)

June 5. USATF National Masters Women's 5K Championships/Freihofer's 5K/Indy Life Circuit Race, Albany, N.Y. George Regan, 233 Fourth St., Troy, NY 12180. 518-273-0267.

August 28. Crim Festival Of Races 10 Mile/Indy Life Circuit Race, Flint, Mich. Anne Gault, 110 Mott Foundation Bldg., Flint, MI 48502. 810-235-7130.

September 11. Riverfest Run By The River 5K/Indy Life Circuit Race, Clarksville, Tenn. Joe Huber, Events & More, PO Box 3899, Clarksville, TN 37043. 615-647-3855.

October 3. USATF National Masters
Championships/Twin Cities
Marathon/Indy Life Circuit Race,
Minneapolis/St. Paul, Minn. John
Carnahan, 708 N. First St., #CR-33,
Minneapolis, MN 55401. 612-673-0778.

(1.5 x points)
October 17. USATF National Masters 8K
Cross-Country Championships, Louisville, Ky. Bob Ullrich, 1879 Douglass Rd.,
Louisville, KY 40205. 502-459-6820.

October 30. Tulsa Run 15K/Indy Life Circuit Race, Tulsa, Okla. Jack Wing, PO Box 1319, Tulsa, OK 74101-1319. 918-

587-8786. Entry deadline June 19.

October 31. Avon Running National 10K Championships, Cincinnati. 212-282-5350; email:avonrunning@avon.com.

November 21. USATF National Masters 5K Cross-Country Championships, Holmdel, N.J. USATF-NJ, PO Box 10120, New Brunswick, NJ 08906. 732-296-0006.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

April 11. Cherry Blossom 10 Mile, Washington, D.C. SASE to Cherry Blossom, PO Box 5366, Rockville, MD 20848. Email: entries@cherryblossom.org. April 19. 103rd Boston Marathon. SASE to Boston AA, The Starting Line/One Ash St., Hopkinton, MA 01748-1897. http://www.bostonmarathon.org

April 24. NYRRC Twosome 10K & 2 Mile, Central Park. 212-860-4455.

April 25. Sallie Mae 10K, Washington, D.C. Carter Rohn, SM10K, 1620 L St. NW, Suite 600, Washington, DC 20036. 202-721-9500.

April 25. New Jersey Shore Marathon, Sandy Hook. Jersey Shore RC, PO Box 198, Oceanport, NJ 07757. 732-542-6090. May 1. Revlon 5K, Central Park, NYC. NYRRC, 9 E. 89th St., NY, NY 10128. 212-

860-4455; fax: 860-9754.

May 2. Broad Street 10 Mile Run,
Philadelphia. Broad Street Run, PO Box
18543, Philadelphia, PA 19129. 215-563-6184.

May 2. Pittsburgh Marathon, Pittsburgh, Pa. 412-647-7866.

May 2. Long Island Marathon, East Meadow. SASE to Marathon, Sports Unit Eisenhower Park, East Meadow, NY 11554. 516-572-0248/0249.

May 2. Buffalo Marathon. Marathon, PO Box 652, Buffalo, NY 14202. BuffaloMarathon@doitsports.com.

May 6. Healthy Heart 5K/USATF NJ Masters Championships, Morristown, N.J. Masters purse money based on WAVA agegrading – NJ only. Madeline Bost, PO Box 458, Ironia, NJ 07845. 973-584-9302.

May 22. Bedford, N.H., Rotary Club 12K/USATF-NE Championships. Bill Gere, 17 Patten Rd., Bedford, NH 03110-6122. 603-669-1329.

May 22. AVON Global Women's Championship – Mini Marathon 10K & 5K, Manhattan, NYC. NYRRC, 212-860-4455. May 23. Defenders 10 Mile, Washington, D.C. Capital Running Company, 301-871-0005.

May 30. Vermont City Marathon, Burlington. SASE to VCM, PO Box 152, Burlington, VT 05402-0152. 800-880-8149.

June 3. Long Island Police Appreciation 5K, Eisenhower Park, East Meadow, N.Y. Ira Eskow, Greater LIRC, 101-24 Dupont St., Plainview, NY 11803. 516-349-7646.

June 12. Market Square Day 10K/USATF-NE Championships, Portsmouth, N.H. Kent LaPage, 236 Union St., Portsmouth, NH 03801. 603-431-5388.

July 10. Long Island Women's 5K, Farmingdale HS, Farmingdale, N.Y. Suzanne Vasata, Greater LIRC, 101-24 Dupont St., Plainview, NY 11803. 516-349-7646.

July 11. Boilermaker 15K, Utica, N.Y. Limited to first 11,000 entries. SASE to

Continued on next page

Continued from previous page

E.C. Reed, Utica Boilermaker, Utica Boilers, Inc., PO Box 512, Utica, NY 13503-0512. 315-797-5838; fax 797-3762.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

April 3. Fort Eustis 10K, Fort Eustis, Va. Peninsula TC hotline: 757-868-3975.

April 10. Charlotte Observer Marathon & 10K. Don King, PO Box 30294, Charlotte, NC 28230. 704-358-5425.

May 1. Race For The Cure, Daytona Beach, Fla. Donna Hiatt, Race Director, 904-255-1279, email: donna@totcon.com

May 8. Gum Tree 10K, Tupelo, Miss. 601-842-2039.

May 29. News Sentinel Expo 10K/5K, Knoxville, Tenn. 423-673-8020.

May 31. Cotton Row 10K, Huntsville, Ala. Masters money. WZYP Cotton Row, 94 Scenic Dr., Huntsville, AL 35801.

July 4. Peachtree 10K, Atlanta. SASE (before March 1) to Atlanta TC, 3097 E. Shadowland Ave., Atlanta, GA 30305. 404-231-9064, x17.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

April 24. Kentucky Derby Festival Mini-Marathon, Louisville. Kentucky Derby Festival, 1001 S. Third St., Louisville, KY 40203. 1-800-928-FEST.

April 24. Borgess/USATF Michigan 5K Championships, Kalamazoo. Bill Reed, 8242 Greenfield Shores, Scotts, MI 49088 Tel/fax: 616-329-0332.

April 25. OSF Heritage Run 10K, Rockford, Ill. Masters prize money. Gerrie Gustafson, OSF Saint Anthony Medical Center, 5666 E. State St., Rockford IL 61108. 815-395-5342.

May 2. Cleveland Marathon & 10K, Cleveland, Ohio. 800-467-3826.

May 9. Cincinnati Flying Pig Marathon. CFPM, 644 Lynn St., Suite 835, Cincinnati, OH 45203. 513-721-7447.

May 22. Bayshore Marathon, Traverse City, Mich. Dave Taylor, 1211 E. Front, Box 116, Traverse City, MI 49684. 616-941-8118.

May 29. Big Boy Classic 20K, Wheeling, W. Va. Hugh Stobbs, Director, PO Box 808, Wheeling, WV 26003. 304-242-7322; fax: 242-5045.

May 30. Madison Marathon, 5K, & 10K. MM, 10 Birchwood Circle, Madison, WI 53704, 608-256-9922.

May 31. Great Race 10K & Half-Marathon, Elkhart, Ind. Great Race, PO Box 682, Elkhart, IN 46515. 219-296-5890; fax: 293-8324; email: wow@michiana.org.

June 12. Hoosier Marathon, Fort Wayne, Ind. Don Lindley, c/o Fort Wayne TC, PO Box 11703, Fort Wayne, IN 46860. 219-436-2234.

June 26. Lynette Atkins Memorial/USATF North Region 8K Championships, Kalamazoo. Steve Atkins, 4685 Tropicana, Kalamazoo, MI 49009. 616-372-3533.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

April 17. 30th annual Longest Day Marathon, Marathon Relay, Half-Marathon, 10K, 5K, and 5K RW, Brookings, S. Dak. Brenda Algood, 46731 210th St., Brookings, SD 57006-6214. 605-692-6294, or Kurt Osborne, 605-696-2479; fax: 696-2330.

April 23. Arbor Day 5K, Brookings, S. Dak. Steve Britzman, 319 5th Ave., Brookings, SD 57006. 605-697-9058.

April 24. Get In Gear 10K/USATF Minnesota Championships, St. Paul. SASE to Get In Gear, PO Box 6727, Minneapolis, MN 55406-0727. 612-722-9004.

April 25. Trolley Run 4-Mile, Kansas City, Mo. Largest 4-Mile in US. 816-333-3166.

May 2. Lincoln Marathon & Half-Marathon. LM, 882 N. Lakeshore Dr., Lincoln, NE 68528. 402-435-3504.

May 8. Nationsbank River Run 10K, Wichita, Kansas. Hotline: 800-444-4400, x2001.

May 30. Rocky Mountain Double Marathon (52.4 miles), Wyoming Marathon, & Half-Marathon, Cheyenne. Brent Weigner, 402 W. 31st St., Cheyenne, WY 82001. 307-635-3316; fax: 635-5297. May 30. Med-City Marathon, Rochester, Minn. MCM, 1417 14th Ave. NE, Rochester, MN 55906. 507-282-1411.

June 5. Dam To Dam 20K, Des Moines, Iowa. Masters money. Tom Riley, 515-242-4514.

June 6. Steamboat Marathon. Chamber Resort, PO Box 774408, Steamboat Springs, CO 80477. 970-879-0800.

June 6. Taos Marathon. Bruce Gomez, PO Box 2245, Taos, NM 87571. 505-776-1860. June 19. Grandma's Marathon, Duluth. Marathon, PO Box 16234, Duluth, MN 55816, 218-727-0947. email: grandmas@grandmasmarathon.com

July 31. 25th Quad-Cities Bix 7, Davenport, Iowa. SASE to Bix 7, PO Box 4526, Davenport, IA 52808. 319-359-9197.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

April 3. Whirlwind 5K Run/Walk, Tishomingo, Okla. Followed by racewalking clinic. Jim Kennedy, 1210 E. Main, Tishomingo, OK 73460. 580-371-2371, x207; email: jkennedy@msc.cc.ok.us

April 11. Capitol 10,000, Austin, Texas. Capitol 10,000, PO Box 2936, Austin, TX 78768. 512-445-3598.

April 17. Crescent City Classic 10K, New Orleans. Limited to first 25,000 entries. 504-861-8686.

WEST

Arizona, California, Hawaii, Nevada

April 3. Ulis C. Williams 5K & 10K, Compton Community College, Calif. 8 am. Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714-841-

April 25. Big Sur International Marathon. BSM, PO Box 222620, Carmel, CA 93922-2620, 831-625-6226.

May 2. Avenue Of The Giants Marathon & 10K, Weott, Calif. SASE to R.G., 281 Hidden Valley Rd., Bayside, CA 95524.

May 8. Southern California Hillsea (7.57 miles), Huntington Beach, Calif. Overall winner chosen by age/sex time scoring system. Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714-841-5417.

May 16. Bay To Breakers 12K, San Francisco. 415-808-5000, x2222.

May 23. Rock 'n' Roll Marathon, San Diego, Calif. Elite Racing, 5452 Oberlin Dr., Suite B, San Diego, CA 92121. 619450-6510; fax: 450-6905.

May 30. Strawberry Stampede 10K & 5K, Arroyo Grande, Calif. 805-489-4157.

May 31. Flo-Jo Memorial Half-Marathon & Leisure World 5K, Laguna Hills, Calif. 949-452-3466.

June 5. Fontana Days Half-Marathon & 5K. Fontana Recreation Services, 9460 Sierra Ave., Fontana, CA 92335. 909-428-8360.

June 5. Palos Verdes Marathon, Palos Verdes (Los Angeles), Calif. W2 Promotions, 1666 Ashland Ave., Santa Monica, CA 90405. 310-828-4123.

June 12. Crown Valley Senior Olympics 10K, Rose Bowl, Pasadena, Calif. 3 pm. Cynthia Vaughn, 626-685-6724; fax: 626-577-4235; email: cpv@pasadenasenior center.org. Director: Jim Hanley. Entry form in April issue.

June 13. Valley Of The Flowers Marathon, Lompoc, Calif. VOTFM, YMCA, 201 W. College, Lompoc, CA 93436. 805-736-3483.

July 11. San Francisco Marathon. SFM, 120 Pondersoa Ct., Folsom, CA 95630. 916-983-4622; 800-722-3466 (in Calif. only).

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

April 10. Pear Blossom 10 Mile, Medford, Ore. Jerry & Zellah Swartsley, PO Box 146, Medford, OR 97501. 541-772-6293(d); 535-1205(e).

April 10. Trail's End Marathon, Warrenton, Ore. Susan Perry. Oregon RRC, PO Box 549, Beaverton. OR 97075. 503-646-7867.

May 2. Lilac Bloomsday 12K, Spokane. Lilac Bloomsday Assn., PO Box 1511, Spokane, WA 99210. April 13 deadline.

May 2. Eugene Legend Half-Marathon & 10K Run & RW, Eugene, Ore. 7:30 am. Hayward Field. Judy Heller, 503-282-1677. May 16. Capital City Marathon, Olympia, Wash. CCM, PO Box 1681, Olympia, WA 98507. 360-786-1786.

June 5. Governor's Cup Marathon, Helena Mont. GC Festival, P.O. Box 451, Helena, MT 59624. 406-447-3414.

June 12. Park City Marathon, Park City, Utah. Utah RR, PO Box 1766, Salt Lake City, UT 84110. 801-451-0517.

July 24. Deseret News Marathon, Salt Lake City. DNM, PO Box 1257, Salt Lake City, UT 84110. 801-237-2135.

August 27-28. Hood To Coast Relay, Mt. Hood to Seaside, Ore. 12-person/195 miles. Also shorter Portland To Coast Walk Relay. SASE to HTC Relay, 5319 SW Westgate Dr., Suite 262, Portland, OR 97221. 503-292-4626; email: htcrelay@ teleport.com

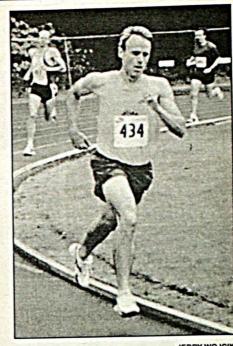
CANADA

May 8-9. Ottawa Citizen National Capital Race Weekend. Marathon, Half-Marathon, 10K, 5K, 2K, In-Line Skate 10K & Marathon, Wheelchair events. Ph: 613-234-2221; email: ncm@storm.ca; web: www.ncm.ca

INTERNATIONAL

April 3. Two Oceans Ultra-Marathon (56K) & Half-Marathon, Cape Town, South Africa. T-O Marathon, PO Box 2276, Clareinch 7740, Cape Town, South Africa. 27-21-61-9407; email: twooceans @iafrica.com

May 2. BVAF Half-Marathon Championships. Peter Foglie, Exeter Hariers, Ironbridge Runner, 10 Lower North St.,



JERRY WOJCIK

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Dave Clingan, Portland, Ore., M40 winner in the 800 (2:07.87), 1998 Portland Masters Classic. This year's meet will be held on June 12-13.

Exeter, Devon EX4 3ET, England.
May 22. BVAF Road Relays, Sutton Park,
Irene Nichols, MVAC, Rainbow Cottage,
15 Meadow Ln., Alvechurch, Worcs. B48
7LH, England.

RACEWALKING

April 24. Florida State 5K Track Racewalk Championships, U. of Central Florida. Florida AC, Bob Fine, 561-499-3370.

May 16. Art Keay Racewalk & Ontario 10K Championships, Toronto Island, Hanlan's Point, Ontario RWers, 676 Balliol St., Toronto, Ontario, Canada M45 1E7. Joan Sutherland, 416-489-0561.

May 23. USATF National Masters 15K RW Championships, Diane Graham-Henry, 442 W. Beldon, Chicago, IL 60614. 773-327-4493.

May 28-30. 11th American Walking Association Colorado Walkers Camp, Louisville. Open to all ages & abilities. Viisha Sedlak, AWA, PO Box 20491, Boulder, CO 80308-3491. 303-938-9531; fax: 938-9536.

May 30. BVAF 50K Racewalk Championships/Bradford 50K. John Paddick, Bradford Walking Club, 160 W. Dyke Rd., Redcar, Yorks, T910 1JN England.

June 6. Crown Valley Senior Olympics Racewalks, Occidental College, Los Angeles. 800 (unjudged), 1500 & 5000 (judged). See T&F Schedule, West. August 27. USATF National Masters 5000

(track) RW Championships, Orlando, Fla. August 29. USATF National Masters Men's 20K & Women's 10K RW Championships, Orlando, Fla.

September 19. USATF National Masters 40K RW Championships, Ft. Monmouth, N.J. Elliott Denman, 28 N. Locust Ave., West Long Branch, NJ 07764. 732-222-9080.

September 25. USATF National Masters 5K RW Championships, Kingsport, Tenn. Bobby Baker, 318 Twin Hill Dr., Kingsport, TN 37660. 423-349-6406.

October 3. USATF National Masters One Hour RW Championships, Worcester, Mass. Justin Kuo, 39 Oakland Rd., Brookline, MA 02445. 617-566-7600.

November 13. USATF National Masters Men's 10K RW Championships, Ft. Lauderdale, Fla. John Fredericks, 10825 Mystic Circle, #303, Orlando, FL 32836. 407-238-9688.

RECIPIENTS OF ALL-AMERICAN AWARDS

			the second secon	The second secon				THE RELEASE OF THE PARTY OF THE
M35-39		THE PERSON	Managery Control	M60-64				W55-59
Hank Warrington	100	10.72	8-1-98	Cliff Hunter	WP	3113	7-27-98	Harriet Kaufm
	200	21.77-	8-2-98	Bill Kelley	W	15-43/4	10-19-98	
	STATE OF THE PARTY	BE SHEET ST	Marian Maria	Lew Overbeck	DT	132-11 1/2	10-3-98	W65-69
M45-49	4 15 3		minimatel des	THE RESERVE OF THE PARTY OF THE	WT	12.21	8-30-98	Georgia Johns
Don Irvine	Mile	4:52	1-24-99		WP	3437	8-30-98	
Bob Pertak	1500	4:27.4	6-22-96	M65-69				W. W. F. F. W. ALL
DOD FEITAK	1300	4.21.4	0-22-90	Robert Kahn	Mile	5:49.60	9-26-98	
			Management Cont	William Pattison	5000	20:56	1-30-99	Shirter was the best of the
M55-59			interior and the	AND THE MINISTERS				1967 - California
Jim McGrath	HJ	4-1	7-13,18,98	M80-84		DE CARTE TARRE	TORSE BEET	800
Gerald Roy	5K	18:14.5	2-13-99	Lyman Glenny	5K	26.41	10-25-98	
The second secon				The Control of the Land of the				

 W55-59

 Harriet Kaufman
 HJ
 3-6
 9-10,13-98

 W65-69
 Georgia Johnson
 WT
 18-8
 2-7-99



The All-American tables have been changed to reflect current marks set by athletes all over the nation. The changes were made by the All-American Standards Committee; however, the old tables may be used for one year until people have adjusted to the newer version. This was not done to make it more difficult for the athlete, but to make it more equitable after analyzing all the data.

All-American Standards Committee

U	U.S. MASTERS ALL-AMERICAN STANDARDS FOR MEN											
Event	30-34	35-39	40-44	45-49		55-59		65-69	70-74	75-79	80-84	85-89
100	10.95	11.3	11.5	11.9	12.2	12.6	13.2	13.8			18.0	23.0
200	22.4	23.2	23.8	24.6	25.5	27.0	27.7	29.5			40.2	52.0
400	51.5	52.5	53.8	56.0	57.5	62.0	65.0	69.0				120.0
800	2:02	2:04	2:06	2:11	2:16	2:25	2:35	2:45	Marie Control		3:55	4:30
1500	4:16	4:18	4:20	4:32	4:40	5:02	5:20	5:45			8:10	9:20
Mile	4:35	4:40	4:55	5:00	5:10	5:30	5:55	6:15				10:15
5000	15:45	16:00	16:15	16:45	17:30	18:25	19:30	21:00				32:30
10000	32:30	32:50	33:30	36:00	38:00	39:00	40:30	44:00				68:30
110H	15.4	16.5	17.8	18.8	30.00	39.00	40.30	44.00	40.30	34.30	01.15	00.30
100H	10.4	10.5	17.0	10.0	18.0	19.0	20.0	21.0	1 24 5			AD THE
80H					10.0	19.0	20.0	21.0	18.0	21.0	25.0	30.0
400H	58.0	60.0	62.0	64.0	68.0	71.0			10.0	21.0	25.0	30.0
	56.0	60.0	62.0	64.0				60.0		750	05.0	05.0
300H	10.10	10.20	44.45	10.40	48.0		55.0	60.0	67.0	75.0	85.0	95.0
3K-SC	10:10	10:30	11:45	12:40	13:30	14:00	9:30	10:30	12:00	14.00	16:30	19:30
2K-SC	4.00		S. Street					The state of the s				
HJ	1.90	1.85	1.76	1.68	1.60	1.50	1.45	1.38			1.00	0.80
Aggree Man	6-21/4	6-1/4	5-91/4	5-6	5-3	4-11	4-9	4-6			3-31/4	2-71/2
PV	4.40	4.10	3.95	3.70	3.55	3.05	2.70	2.40	-		1.80	1.30
THE REAL PROPERTY.	14-51/4		12-111/2	12-11/2	11-7%	100000000000000000000000000000000000000	8-101/4	8-41/4			5-101/4	4-31/4
LJ	6.50	6.10	5.85	5.60	5.40	4.90	4.50	4.20			2.85	2.20
- 12-10	21-4	20-1/4	19-21/3	18-41/2	17-81/4		14-91/4	13-91/			9-41/4	7-21/2
TJ	13.20	12.60	11.50	10.80	10.40	9.50	8.90	8.20			5.94	5.51
The state of the s	43-31/4	41-41/2	37-81/4	35-5 ¹ / ₄ 12.62	34-11/h 13.10	12.00	29-21/2	26-11 11.50	22-10 11.00		19-6 8.00	18-1 6.00
Shot	14.50	14.02	13.41	41-5	43-1	39-4	42-0	37-81/4	36-11/4			19-81/4
Discus	44.80	42.80	39.50	37.50	42.00	41.00	42.00	39.00		California and Califo		15.24
Discus	147-0	140-5	129-7	123-0	137-9	134-6	137-9	127-11	111-6		72-21/4	50-0
Hammer	47.24	44.20	40.00	39.00	39.00	36.00	36.00	32.00	Water Control of the Control			17.07
	155-0	145-0	131-3	127-11	127-11	118-1	118-1	105-0			65-71/2	56-0
Javelin	62.00	56.00	48.76	47.00	43.00	41.00	39.00	35.00			19.00	14.02
24111	203-5	183-9	160-0	154-2	141-1	134-6	127-11	114-10	101-6	78-9	52-4	46-0
35#Wt.	15.00	14.00	13.00	12.00	10.00	9.00	Marille	72400	6.00	5.00	4.00	3.00
Marine Sales (Sales)		45-111/4	42-8	39-41/2		29-61/2			19-81/	16-5	13-11/2	9-10
25#Wt.		and the last	100	Married Street	a marine	A THERE	11.50	10.00			5.30	4.50
The last of the last	Mark and Sales						37-61/4	32-91/	200		17-4%	
56#Wt.	9.50	9.00	8.50	8.00	6.00	5.00	4.50	4.00			2.50	2.00
	31-2		27-10%	26-5	19-81/4	16-5	14-9	13-11/			8-21/2	6-61/4
Pent.	2800	2600	2600	2400	2600	2600	2600	2600			2600	2600
Decath.	5500	5250	5250	5000	5200	5000	4500	5000	The second		3000	2500
Wt. Pent.	2800	2700	2800	3000	3000	3000	3000			-	3000	3000
	-	The second	re for auto		1.0		21-7-		Asserting to the last	100	Direction of the last	Sant.
Notes: 1) 2)	Short h		30-49:	39":	ie; use s	50-59:	36":	60-69:		70+: 30"		
3)	Long h		30-49:	36";		50-59:	33";	60+:	30"			
4)	Shot p		30-49:	7.26k (1	16#);	50-59:	6k;	60-69:		70+: 4k		
5)	Discus		30-49:	2kg;	100	50-59:	1.5kg;	60+:	1.0kg			
6)	Hamme	The second second	30-49:	7.26k (1	16#);	50-59:	6k;	60-69:	5k;	70+: 4k		- 3
7)	Javelin		30-59: nd distant	800g;	e stende	60+:	600g	es listed	for conve	nience.		
9)		c/Wt.Pen		IAAF of	ts.; 40+ V	VAVA fac	toring (n	ew WAV	A).			
,				P	.,,				_			

	U.	S. MAS	TERS A	ALL-AN	IERICAN	STANDA	ARDS OF	EXCELLE	NCE FO	RACEV	VALKERS	THE PERSON
	1.5K	Mile	3K	5K	8K	10K	15K	20K	25K	30K	40K	50K
V30	7:13	7:47	14:50	25:38	42:04	52:43	1:21:56	1:52:06	2:24:43	2:59:15	4:08:45	5:37:30
N35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:53:32	2:26:51	3:01:53	4:12:21	5:42:23
N40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	5:55:48
N45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:25
N50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:09
N55	8:55	9:31	18:05	31:14	50:54	1:03:33	1:38:40	2:14:48	2:54:26	3:36:33	5:01:03	6:49:24
W60	9:17	10:01	19:01	32:51	53:32	1:06:50	1:43:51	2:21:54	3:03:54	3:48:29	5:17:54	7:12:43
W65	9:48	10:35	20:06	34:43	56:33	1:10:37	1:49:50	2:30:12	3:14:51	4:02:20	5:37:25	7:39:46
W70	10:26	11:15	21:22	36:54	1:00:02	1:15:01	1:56:49	2:39:54	3:27:38	4:18:30	6:00:18	8:11:30
W75	11:10	12:01	22:51	39:28	1:04:10	1:20:14	2:05:05	2:51:18	3:42:50	4:37:46	6:27:35	8:49:28
W80	12:03	12:58	24:41	42:37	1:09:13	1:26:38	2:15:15	3:05:24	4:01:36	5:01:39	7:01:26	9:47:35
W85	13:13	14:15	27:05	46:45	1:15:50	1:35:01	2:28:37	3:24:00	4:26:20	5:33:10	7:46:16	10:39:15
		16:06		42:14	1:25:30	1:47:18	2:48:13	3:51:12	SHELL			
						ALL:	MEN		S COLUMN			
M30	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10	1:38:18	2:05:12	2:32:17	3:27:30	4:31:00
M35	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28	1:39:43	2:06:56	2:34:14	3:30:17	
M40	6:58	7:29	14:16	24:24	40:15	50:32	1:17:03	1:43:13	2:11:29	2:39:47	3:37:53	
M45	7:13	7:46	14:47	25:31	41:44	52:25	1:19:58	1:47:10	2:16:35	2:46:05	3:46:36	4:56:24
M50	7:33	8:05	15:23	26:33	43:25	54:32	1:23:14	1:51:37	2:22:20	2:53:13	3:56:29	5:09:29
M55	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56	1:56:38	2:28:52	3:01:19	4:07:41	5:24:22
M60	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10	2:02:23	2:36:20	3:10:33	4:20:30	5:41:23
M65	8:38	9:19	17:43	30:33	49:56	1:02:45	1:36:01	2:08:58	2:44:53	3:21:11		
M70	9:08	9:50	18:44	32:18	52:46	1:06:21		2:16:35			4:52:23	
M75	300	10:28	19:55	34:20	56:04	1:10:35				3:48:05		
M80		11:14	21:22	36:50	60:06	1:15:44	1:56:15	2:36:31	3:20:50	4:05:57		
M85		12:13	23:14	40:04	65:20	1:22:26		2:50:48				8:07:50
	1000000	13:39	THE RESERVE OF	44:45	72:52	1:32:08	2:21:52	3:11:28	4:06:38	5:03:17	6:57:43	9:11:3

U	S. M	AST	ERS	ALL			CAN	STA	NDA	RDS	
			SE PLA	F	OR WO	MEN	200		1		1
Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84
100	13.8	14.1	14.4	15.0	15.5	16.4	16.8	18.6	19.8	22.0	25.0
200	28.0	28.8	30.0	31.6	33.0	35.0	37.0	39.0	42.0	48.0	52.0
400	63.5	65.5	68.0	70.0	78.6	80.0	83.0	84.0	86.0	98.0	104.0
800.	2:33	2:35	2:40	2:46	2:54	3:10	3:20	3:36	3:56	4:30	5:40
1500	5:10	5:20	5:30	5:40	6:00	6:20	6:45	7:30	8:00	8:50	10:10
Mile	5:40	5:50	6:10	6:30	6:50	7:00	7:40	8:10	8:50	9:40	10:45
5000	19:45	20:15	21:00	22:00	23:30	24:50	26:00	28:00	30:00	34:00	36:00
10000	41:30	42:40	44:00		50:00	52:00	56:00	60:00	66:00	76:00	85:00
100H	17.2	18.2			Charles of		Section 1	The state of	Total Control		
80H	107 (100 miles	THE LAND	15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0
400H	75.0	79.0	84.0		The state of	State of	924	3000	All plants	Marine 1	The said
300H	Samuel.		04.0	00.0	66.0	72.0	79.0	87.0	96.0	110.0	120.0
HJ	1.40	1.35	1.27	1.22	1.12	1.07	1.02	0.97	0.92	0.89	0.84
The second	4-7	4-51/4	4-2		3-8	3-6	3-4	3-21/4	3-01/4	2-11	2-9
PV	2.70	2.40	2.10		1.50	1.20	1.10	1.00	0.90	0.80	0.70
	8-101/4	7-101/2	6-7		4-11	3-111/4	3-7%	3-31/4	2-111/4	2-71/2	2-31/1
W	4.60	4.42	4.04		3.40	3.20	3.10	2.60	2.30	2.10	1.50
Aller of the	15-1	14-6	13-3		11-1%	10-6	10-2	8-61/4	7-61/2	6-10%	4-11
TJ	9.50	9.09	8.43	447	7.01	6.40	6.20	6.00	5.50	4.50	3.89
13	31-2	29-10	27-8	ALCOHOL: NO.	23-0	21-0	20-41/4	19-81/4	18-1/2	14-9	12-9
Chat	10.30	9.32	8.51		8.00	7.77	7.50	6.60	6.00	5.20	4.30
Shot	33-91/2	30-7	27-11		26-3	25-6	24-71/4	21-8	19-81/4	17-14	14-17
Javelin	35.00	33.50	28.00		23.00	22.15	20.00	17.00	16.00	15.00	12.00
Javeiin	114-10	109-11	91-10		75-51/2	72-8	65-71/2	55-91/4	52-6	49-21/1	39-4
Discus		30.00	25.00		22.00	21.00	18.00	16.00	14.00	13.00	11.0
Discus	105-0	98-5	82-0		72-31/4	69-0	59-1/4	52-6	45-0	42-8	36-17
lammer	35.00	32.50	30.00		23.00	22.00	21.00	18.00	14.00	12.00	9.00
OAR WAS I	114-10	106-7	98-5		75-51/2	72-21/4	68-0	59-1/4	46-0	39-41/4	39-61/
20#Wt.	10.00	9.00	8.00		Tales Laborated	No. of the last	FLW H	2 - 100		LEUGHOLD I	
SOLUTION T	32-91/4	29-61/2	26-3								
16#Wt.	Maria Line	Setterar	TALAS S	A Property	8.00	7.01	6.00	5.54	5.18	5.00	4.75
					26-3	23-0	19-81/4	18-2	17-0	16-5	15-7
Sup.Wt.	6.50	6.00	5.50	5.00	5.25	5.00	4.75	4.50	4.00	3.50	3.00
oup.w.	21-4	19-81/4	18-21/		17-21/4	16-5	15-7	14-91/4	13-11/2	11-51/4	9-10
Wt.Pent.	2600	2500	2500		2800	2600	2600	2500	2500	2400	2300
Notes: 1)	The state of the s			natic time;		- 7	Maria Carlo	- 100		रिया १ वर्ड	Distant.
Notes: 1)	Short hu			33";	40+:		5.011 13F	Terro unite	10 Phillip		
3)	Shot pu		30-49:	4k;	50+						
4)	Javelin:		30-49:	600gm;	50+	400gr	n		all of a		
5)	Hammer			4k;	50+			The same			
6)	Metric h	eights and	distance	s are the st	andard; fe	et and inc	nes liste	d for conv	enience.		

	ALL-AMERI	CAN CERTIFICATE/PATCH
NAME_		AGE-GROUP

APPLICATION FOR AN

- If you have equaled or bettered the standard of excellence, please fill out this application, completely.
- 2. A copy of your results or a note stating in which issue your results appeared MUST accompany this application.
- 3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is \$15.
- Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.
 A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O.
Box 50098, Eugene OR 97405. To keep information
current, we generally do not publish results more than
3 months old. Results that are typed (maximum 28
spaces / 21/4" wide) in our format receive preference.
Deadline is the 10th of the month prior to issue date.

N	0						ews will no longer submitted handwr	itten.
		EAST			1	M45	Dave Ransom Ivan Black	4.99 4.76
Colorability	ř	Dartmouth Relay	25	LGMPS	and a	M50	Bob Boddy	5.04
1		nover, NH; Jan. 8			200		Mike Milove	4.93
551				5.79	3	M65	Bill Walsh Jim Duncan	4.53 3.78
M3	U	Barney Morromeo Andrew Gamble		7.43	Month	M70	Tom Rice	3.75
M4	0	Mike Brady		3.75	Siche		Manny Herscher	2.80
M4	5	Pershing Reid		7.44	200	M85	Claude Hills	2.10
		Lee Hess John Hoogasian		7.64 3.10	100	W30	f-state only Dawn Best	4.00
MS	0	Roger Pierce		7.37	8	W55		2.40
		Dennis Newton		.39	Series.	W60		3.76
M5:		Richard Sealey Paul Gansle		.72	196		Barbara Jordan Mary Roman	3.55
MD.		Douglas Geertgens		.87	1000	Triple	e Jump	2.20
		Gary Snyder	7	.95	Tig.		Tony Ciccone	9.42
M60		William Wright		.83		M45	Mark Johnson	9.64 8.42
		Richard Croak Dave Hanlon		.35	1		Bob Reese David Freidman	8.30
M65		James Stookey		.10	No.	M55	David Rosenthal	5.56
		Cass Curtis		.15	1000	M65	Jack Lance	7.40
M50		William Hufnagel Mike Milove		.77	(100 m)	M70 M75	Tom Delaney Eddie Coyle	7.82 4.12
M65	3000	lames Stookey		2		M70	Ross Mitchell	8.28
M70		Manny Herscher		2.3			Bill Deprano	8.38
	of-	state only	5.0		1		Rodney Brown	8.50
W35		Denise Jones Mary Trotto		2.3	3	M75	Ed Matthews Angelo Oliver	9.77
W6		Barbara Jordan		2.2			Stephen Hull	12.35
4x4		n Relay		Will.			Audrey Lary	8.98
M3		Team Champion		6.6			Barbara Jordan	9.16
M4		North Jersey Mas Shore A C	100	2.5	100	200m M35	Alan Bautista	25.02
-	100	North Jersey Mas		PLACE BY	-	MISS	Gino Caro	25.82 26.89
MS	7.29	Print or committee and the committee of	5:	11.6	0	M40	Damon Rowe	26.28
4x8 M3	178	m Relay Triathletics	0.0	06.5	Ĺ.	1	Dana Waterman	30.35
M4		Triathletics		6.6			Francis Schiro Tom Cunningham	24.85
		North Jersey Mas			Ý.		Bob Herrin	26.03 26.91
				2.9	1	M50	Roger Pierce	25.30
	7	Shore AC Jump	9:4	13.1			Richard Sealey	26.23
M3		Tim McMahon		.45		M55	Ralph Souppa Paul Gansle	26.51 27.58
M4	0	Mike Bizzaro		.45	3	The second second	Gary Snyder	28.84
M4	5	Mark Johnson		1.49	1		Douglas Geertgens	
		David Freidman Bob Reese		1.14	1	M60	Richard Croak Dave Hanlon	30.25
MS	5	Jerry Sullivan		1.19	1	M65	William Hufnagel	33.81 30.82
Me	0	Sam Rumford		1.45	0.0		James Duncan	31.26
M	55	Vince Ruffin Jonas Cowles		1.29		M70	Rodney Brown Bill Daprano	30.48
M		Tom Delaney		1.19	30		William Bergen	31.78 33.20
M		Bill Brown		1.61		M75	Ed Matthews	38.45
M	45	John Spieker Ivan Black		1.45		W35 W60	S Ford-Centonze	28.60
M	50	Bob Boddy		1.45			Carolyn Cappetta etty Vosburgh/33.2:	32.45 5/1996)
	85			.89			Barbara Jordan	34.89
		of-state only Mary Trotto		1.04	Т	wee	Flo Meiler	43.12
	55			1.34	100	W65 400m	John Burgess	38.72
W	60	Evelyn Wright		1.14		M35	Alan Bautista	56.80
		Vault Duncan Littlefiel	и	4.60			Gino Caro	58.36
	140	And the second second	•	3.95		M40 M45	Alex Young Francis Schiro	54.02 54.96
	55			3.35	1		Tom Cunningham	
	50			3.65			Steve Reuman	58.25
5742	on ₍	Jump Rich Carlson		4.29	1	M50	Roger Pierce Ralph Souppa	57.99
	135	John Gellerman		4.69				58.61 1:00.41
		Remo Biagioni		4.52	100	M55	Gary Snyder	1:03.89
N	140	Al Cestero Jr Tony Ciccone		5.27 4.97	۱			1:31.82
N	145			5.03		M60		1:05.92 1:08.70
34		Mark Johnson		4.53				1:08.70
		Bob Reese		4.17		M70	Rodney Brown	1:06.83
	155 160			3.08 4.12	10.00	M70		1:18.74
	1	Sam Rumford		3.55	1000	M75 W35	Archie Messenger Lisa Prince	1:16.89
N	165			3.50	i	W50	Sandy Miller	1:18.03
		Jack Lance Giorgio Chiavell	-	3.40		W60	Carolyn Cappetta	
N	170			3.70		W65		1:19.89 1:40.04
135							- Contin	

	Nati	onal Ma	asters	News
800m	47000000000000000000000000000000000000	WHEELER.	M65	James Stookey
M30	N Bouthhillier	2:07.84	14103	Cass Curtis
M35	Marco Tremblay		Time:	William Hufn
75.5	Bruce Davie	2:12.63	W35	Anne Jenning
M40 M45	Bob Hodge Harold Jenkins	2:13.91 2:17.15	AR(SI	kipper Clark/1.
1417	Steve Reuman	2:22.92	W65	Joan Burgess
M50	Stephen Viegas	2:25.82	Pole \	•
	Darryl Decker	2:54.97	M30	Larry Corbin
M55	Ken Skinner	2:40.79	M40	Ambroise Cou
M60	Chris Rush John Conner	2:35.24 2:38.55	100	Tom Greene Curtis Nerons
	Bob Payne	2:41.62	M45	John Hoogasia
M70	Rodney Brown	2:47.22	M50	William DeHo
M75	Archie Messeng		12/05	Michael Zahne
W30	C Snow-Reaser	2:30.28		Peter Fichter
W35 W55	Lisa Prince Karen Evans	2:40.76 4:16.36	W60	Flo Meiler
1500m		4.10.30	M45	Jump John Oleski
M30	Scott Clark	4:17.91	Name of	John Hoogasia
BALL.	N Bouthhillier	4:15.47	M50	William DeHo
M35	Todd Sinclair	4:13.51	19/6	Darryl Decker
	Bruce Davie Paul Morphy	4:23.67 4:45.07	M55	Phil Byrne Douglas Geert
M40	Allan Muir	4:16.35	M60	Dillon Maier
	Tom Greene	4:27.38	Person	John Hurley
	Jim Letts	4:33.61	M65	James Stookey
M45	Brad Hurst Kevin Callahan	4:28.81 5:32.00	21.25	Cass Curtis
	Richard Danahy		M70	James Duncar Bill Daprano
M50	John Brittain	5:04.56	M/O	Bill Townsend
	Tom Walton	5:14.40	M75	Ed Matthews
of Pag	Larry Smith	5:40.48	W35	Anne Jenning
M55	Seth Kaminski	5:01.09	W60	Audrey Lary
	Joseph Sinierope Ken Skinner	5:16.73	1000	Barbara Jorda Flo Meiler
M60	John Conner	5:16.18	Triple	Jump
RIPS.	Bob Payne	5:27.90	M45	John Oleski
	John Hurley	6:48.93		John Hoogasi
M65	Don Ross	6:04.67	M55	Douglas Geer
M70 W30	Kenneth Folsom C Snow-Reaser	6:57.09 4:55.25	M60	Dillon Maier
3000n		4.55.25	M65 M75	James Stooke Ed Matthews
	N Bouthhillier	9:49.13	W60	Barbara Jorda
M35		9:58.03	100	Audrey Lary
M40	Craig Fram	8:45.65		Flo Meiler
(Tom Dalton Don Falowski	9:05.92/ 12:07.73	Shot	
M45		10:34.94	M35	Joe Wernig Dave Gomez
M55	T Simpson	10:36.16	M40	Robert Otrano
0.1971		11:22.58	M45	Donald Filkin
M65		12:50.32		P Dreissigake
M70		14:29.05 14:53.15		John Hoogasi
W30	C Snow-Reaser		M55	Carl Wallin Gary Crawfor
W35		12:29.32	Fast	Al Neville
- 2		14:06.77	M60	Russ Foregge
W50 5000n	Betsy Eldredge	14:26.55	· A ALL	Leonard Rose
M35	Yran Lachance	15:27.28	M65	Stan Chatis James Duncar
100		15:27.62	MOS	Andy Larabee
	Chip Langmaid		M70	Ross Mitchell
M40		15:48.13	11.00	William Berge
M50	Raymond Dion John Hackney		M75	George Brown Angelo Oliver
	Gaetan Breton	19:21.26	M80	Robert Sparks
M65	Don Ross	21:31.06	W35	Lisa Prince
	Hurdles	0.53	W50	Patricia Fogg
M50 M55	William DeHon Phil Byrne	n 9.53 11.24	W60	Audrey Lary
M65		9.75	半主题	Flo Meiler Marcia Crook
	James Duncan	10.59	Weig	ht Throw
	Cass Curtis	11.05	M40	William Johns
M70 W35		10.86	1111	Keith Johnsto
W60	Anne Jennings Barbara Jordan	8.78 12.14	M55	Al Neville
	Flo Meiler	13.71		Gary Crawfor Edward Rose
4x200	Om Relay		M60	Donald Trimb
M35	Dartmouth	1	W65	Marcia Crook
-	Track Coaches Lake Sunapee R	1:58.71		m RW
M40	Boston RC	1:46.49	W50	Betsy Eldredg A Kaminski
1917	Hanover AC	1:51.02	W55	Karen Evans
BAIS!	BAA	1:56.02	W65	M A Stookey
M50		1:57.73	W75	Ruth Kuhfahl
High M35	Jump Joseph Patrone	1.90	100,000,000	m RW
M40	and the second of the second of	teau 1.55	M45 M50	Fred Anderso Denis Rydjesl
M45	John Hoogasian	1.30	M70	Stuart Corning
M50	William DeHor		Sy	racuse Charg
	Darryl Decker Michael Zahner	1.35		yracuse, NY;
M55	Phil Byrne	1.50	55m	
	Paul Gansle	1.45	M40	Mark Raffa
	Carl Wallin	1.40	M45	Bill Mathis
M60	John Hurley	1.10	M50	Bob Micho

M65		
	James Stookey	1.30
	Cass Curtis	1.25
W35	William Hufnagel	1.00
	Anne Jennings cipper Clark/1.62/198	
AA(SI	Flo Meiler	1.05
W65	Joan Burgess	1.05
Pole \		Toyota .
M30	Larry Corbin	3.20
M40	Ambroise Courteau	4.00
	Tom Greene	3.35
1	Curtis Neronski	2.90
M45	John Hoogasian	3.50
M50	William DeHorn	3.20
	Michael Zahner	2.90
	Peter Fichter	2.75
W60	Flo Meiler	1.53
Long	Jump	THE
M45	John Oleski	5.29
	John Hoogasian	4.36
M50	William DeHorn	5.07
	Darryl Decker	4.92
M55	Phil Byrne Douglas Geertgens	5.05
M60	Dillon Maier	4.97 4.22
IAIOO	John Hurley	2.60
M65	James Stookey	4.68
	Cass Curtis	4.41
	James Duncan	4.27
M70	Bill Daprano	3.84
	Bill Townsend	3.65
M75	Ed Matthews	2.97
W35	Anne Jennings	5.25
W60	Audrey Lary	3.54
E ST	Barbara Jordan	3.47
	Flo Meiler	3.10
	Jump	
M45	John Oleski	10.19
	John Hoogasian	8.70
M55	Douglas Geertgens	9.69
M60	Dillon Maier	8.23
M65	James Stookey	9.39
M75	Ed Matthews	6.09
W60	Barbara Jordan	7.68
	Audrey Lary	7.55
13.5	Flo Meiler	5.87
Shot	Put	Sept.
M35	Joe Wernig	12.36
10.1	Dave Gomez	11.84
M40	Robert Otrando	15.35 12.36
M45	Donald Filkins	11.09
等 引力	P Dreissigaker John Hoogasian	7.94
M55	Carl Wallin	14.88
	Gary Crawford	11.92
	Al Neville	10.19
M60	Russ Foregger	12.26
	Leonard Rosen	11.61
	Stan Chatis	
M65		9.47 9.96
M65	Stan Chatis James Duncan Andy Larabee	9.47 9.96 9.94
M65	Stan Chatis James Duncan Andy Larabee Ross Mitchell	9.47 9.96 9.94 10.21
M70	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen	9.47 9.96 9.94 10.21 9.25
	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown	9.47 9.96 9.94 10.21 9.25 8.57
M70 M75	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57
M70 M75 M80	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55
M70 M75 M80 W35	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41
M70 M75 M80 W35 W50	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06
M70 M75 M80 W35	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53
M70 M75 M80 W35 W50	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66
M70 M75 M80 W35 W50 W60	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53
M70 M75 M80 W35 W50 W60	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99
M70 M75 M80 W35 W50 W60	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99
M70 M75 M80 W35 W50 W60	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99
M70 M75 M80 W35 W50 W60 Weig M40	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99
M70 M75 M80 W35 W50 W60 Weig M40	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70
M70 M75 M80 W35 W50 W60 Weig M40 M55	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40
M70 M75 M80 W35 W50 W60 Weig M40 M55	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51
M70 M75 M80 W35 W60 Weig M40 M55 M60 W65 1500	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.70 8.78 8.51 11.40 6.52
M70 M75 M80 W35 W50 W60 Weig M40 M55	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge 8:	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W65 1500i W50	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge 8 A Kaminski 10:	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W50 W50	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge 8 A Kaminski 10: Karen Evans	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58 44.54
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W55 W50 W50 W55	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge 8: A Kaminski Karen Evans M A Stookey 11::	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58 44.54 22.82
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W65 1500i W50 W55 W65 W75	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge A Kaminski Karen Evans M A Stookey Ruth Kuhfahl II:	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58 44.54
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W65 1500 W50 W55 W65 W75 3000	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge A Kaminski Karen Evans M A Stookey Ruth Kuhfahl n RW	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58 44.54 22.82 06.39
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W65 1500 W50 W55 W65 W75 3000 M45	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge A Kaminski Karen Evans M A Stookey Ruth Kuhfahl n RW Fred Anderson 16:	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58 44.54 22.82 06.39 14.95
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W65 1500 W50 W55 W65 M65 M65 M65 M65 M65	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge A Kaminski Karen Evans M A Stookey Ruth Kuhfahl n RW Fred Anderson Denis Rydjeski 22:	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58 44.54 22.82 206.39 14.95 19.16
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W55 S000 W55 W75 3000 M45 M50 M70	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge A Kaminski Karen Evans M A Stookey Ruth Kuhfahl n RW Fred Anderson Denis Rydjeski 22: Stuart Corning 23:	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58 44.54 22.82 206.39 14.95 19.16 05.60
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W55 M50 W55 W75 3000 M45 M50 M70 Sy	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge A Kaminski Karen Evans M A Stookey Ruth Kuhfahl n RW Fred Anderson Denis Rydjeski 22: Stuart Corning 23: racuse Chargers M	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58 44.54 22.82 206.39 14.95 19.16 05.60
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W55 M50 W55 W75 3000 M45 M50 M70 Sy	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge A Kaminski Karen Evans M A Stookey Ruth Kuhfahl n RW Fred Anderson Denis Rydjeski 22: Stuart Corning 23:	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58 44.54 22.82 206.39 14.95 19.16 05.60
M70 M75 M80 W35 W50 W60 Weig M40 M55 M60 W55 M50 W55 W75 3000 M45 M50 M70 Sy	Stan Chatis James Duncan Andy Larabee Ross Mitchell William Bergen George Brown Angelo Oliver Robert Sparks Lisa Prince Patricia Fogg Audrey Lary Flo Meiler Marcia Crooks ht Throw William Johnston Keith Johnston Al Neville Gary Crawford Edward Rosen Donald Trimble Marcia Crooks n RW Betsy Eldredge A Kaminski Karen Evans M A Stookey Ruth Kuhfahl n RW Fred Anderson Denis Rydjeski 22: Stuart Corning 23: racuse Chargers M	11.61 9.47 9.96 9.94 10.21 9.25 8.57 7.57 6.55 10.41 9.06 8.53 6.66 6.99 14.69 10.66 10.70 8.78 8.51 11.40 6.52 47.55 27.58 44.54 22.82 206.39 14.95 19.16 05.60

.30	W30 Angela Scott	8.2
.25	W40 Irene Thompson 300m	7.6
.65	M30 Michael Boni	41.8
)	M35 Brendon Jackson	37.8
.05	M45 Horace Hudson	40.3
.05	M50 Bob Micho	43.0
20	M30 Angela Scott	45.0
.20	M35 Karen Pyle	53.7 45.2
.00	M40 Irene Thompson 1000m	45.2
.90	M30 Michael Boni	2:57.7
.50	M35 Bob Bolton	2:47.7
.20	M40 Kevin Hanlon	3:02.7
.90	M45 Kevin Morrisroe	3:19.5
.75	M50 Don Robbins	3:47.5
.53	M70 H MacMillan	4:15.3 5:45.4
.29	M80 C Jorgensen W30 Jill Vollweiler	3:19.0
.36	W40 Irene Thompson	
.07	3000m	
.92	M35 G Chandler	11:05
.05	M40 Waldy Gajewski	11:15
.97	M45 Kevin Morrisroe M50 Don Robbins	
2.60	M50 Don Robbins M60 Sam Graceffo M75 Nate White	12:38 11:41
.68	M75 Nate White	16:03
.41	W30 Jill Vollweiler	
.27	W35 Leatha Damron	10:47
3.84	W40 Patti Ford	10:28
1.65	Short Hurdles	0.0
2.97	M35 Paul Foster	9.5
3.54	Pole Vault M30 Mike Thompson	15-5
3.47	M40 Pete McGinnis	12-6
3.10	M45 Jim Kelly	9-6
	Triple Jump	STATE.
0.19	M30 Andre Dowdell	37-9.75
8.70	Shot Put	41-1-75
9.69 8.23	M30 Norm Deep M40 Mark Driscoll	22-9 50
9.39	M55 Gary Crawford	
5.09	M60 Chuck Yost	35-2.75
7.68	W55 Karen Wright	
7.55	Weight Throw	4-11
5.87	M40 Mark Driscoll M55 Gary Crawford	26-1.24 33-7
2.36	W55 Karen Wright	
1.84	MAC Devel	200
1.84 5.35	MAC Powerbar Invit	ational
1.84 5.35 2.36	MAC Powerbar Invit Armory T&F Cet Manhattan, NY; Ja	tational nter
1.84 5.35 2.36 1.09	Armory T&F Cer Manhattan, NY; Ja	tational nter an. 22
1.84 5.35 2.36	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly	tational nter an. 22
1.84 5.35 2.36 1.09 7.94	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera	7.01 7.23
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey	7.01 7.23 7.54 7.67
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris	7.01 7.23 7.54 7.67 7.35
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis	7.01 7.23 7.54 7.67 7.35 7.68
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson	7.01 7.23 7.54 7.67 7.35 7.68 7.75
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61 9.47 9.96	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61 9.47 9.96 9.94 0.21	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr.	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61 9.47 9.96 9.94 0.21 9.25 8.57	Armory T&F Cet Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61 9.47 9.96 9.94 0.21 9.25 8.57 7.57	Armory T&F Cet Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61 9.47 9.96 9.94 0.21 9.25 8.57 7.57 5.55	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61 9.47 9.96 9.94 0.21 9.25 8.57 7.57	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61 9.47 9.96 9.94 0.21 9.25 8.57 7.57 5.55 0.41	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83
1.84 5.35 2.36 1.09 7.94 4.88 1.92 2.26 1.61 9.47 9.94 0.21 9.25 7.7.57 7.7.57 7.7.57 7.5.55.55 5.0.41	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99
1.84 5.35 2.36 1.09 7.94 4.88 1.92 2.26 1.61 9.47 9.99 9.99 9.99 1.55 5.55 0.41 9.06	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77
1.84 5.35 2.36 11.09 7.94 4.88 11.92 2.26 11.61 9.47 9.99 0.21 9.25 8.57 7.57 7.57 7.57 7.57 5.55 5.041 9.06 8.35 8.35 8.35 8.35 8.35 8.35 8.35 8.35	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77 47.40
1.84 5.35 2.36 11.09 7.94 4.88 11.92 0.19 9.2.26 11.61 9.9.47 9.9.96 9.9.94 0.21 9.2.5 8.5.7 7.5.7 5.5.5 5.5.5 5.0.5 1.9.06 6.5.99	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77
1.84 5.35 2.36 11.09 7.94 4.88 11.92 2.26 11.61 9.47 9.99 0.21 9.25 8.57 7.57 7.57 7.57 7.57 5.55 5.041 9.06 8.35 8.35 8.35 8.35 8.35 8.35 8.35 8.35	Armory T&F Cet Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi M55 Rich Jones M60 Richard Rizzo Bob Dobbs	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77 47.40 43.35 42.41 42.86
1.84 5.35 2.36 1.09 7.94 4.88 0.19 2.26 1.61 9.47 9.96 9.94 7.57 5.55 0.41 9.90 8.35 3.57 7.57 7.57 6.59 9.66 6.99	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi M55 Rich Jones M60 Richard Rizzo Bob Dobbs Cliff Pauling	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77 47.40 43.35 42.86 47.00
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61 9.47 9.96 9.94 0.21 1.61 9.25 5.55 5.55 5.00 41 9.00 66 6.99 9.00 66 6.00 7.00 6.00 6.00 6.00 6.00 6.0	Armory T&F Cet Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi M55 Rich Jones M60 Richard Rizzo Bob Dobbs Cliff Pauling M65 Irwin Bernstein M70 Manny Herscher	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77 47.40 43.35 42.41 42.86 47.00 50.24
1.84 5.35 2.36 1.09 7.94 4.88 1.92 2.26 1.1.61 9.47 9.96 9.94 0.21 9.25 5.55 5.55 5.55 5.55 6.66 6.59 9.94	Armory T&F Cet Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi M55 Rich Jones M60 Richard Rizzo Bob Dobbs Cliff Pauling M65 Irwin Bernstein M70 Manny Herscher W30 Dawn Best	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77 47.40 43.35 42.86 47.00
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61 9.47 9.96 9.94 0.21 1.61 9.25 5.55 5.55 5.00 41 9.00 66 6.99 9.00 66 6.00 7.00 6.00 6.00 6.00 6.00 6.0	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi M55 Rich Jones M60 Richard Rizzo Bob Dobbs Cliff Pauling M65 Irwin Bernstein M70 Manny Herscher W30 Dawn Best Amy Stewart	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77 47.40 43.35 42.41 42.86 47.00 50.24 57.67 46.85
1.84 5.35 2.36 1.09 7.94 4.88 1.92 2.26 1.1.61 9.47 9.96 9.94 0.21 9.25 5.55 5.55 5.55 5.55 6.66 6.59 9.94	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi M55 Rich Jones M60 Richard Rizzo Bob Dobbs Cliff Pauling M65 Irwin Bernstein M70 Manny Herscher W30 Dawn Best Amy Stewart W40 D Whitaker-Craio	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77 47.40 43.35 42.41 42.86 47.00 50.24 57.67 46.85 49.20
1.84 5.35 2.36 1.09 7.94 4.88 1.92 2.26 1.61 9.47 9.96 9.94 0.21 9.25 5.55 5.05 1.00 6.66 6.66 6.66 6.66 6.66 6.66 6.66	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi M55 Rich Jones M60 Richard Rizzo Bob Dobbs Cliff Pauling M65 Irwin Bernstein M70 Manny Herscher W30 Dawn Best Amy Stewart	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77 47.40 43.35 42.41 42.86 47.00 50.24 57.67 46.85
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 11.61 9.47 9.96 9.99 6.55 0.41 9.00 1.00 1.00 1.00 1.00 1.00 1.00 1.0	Armory T&F Cet Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi M55 Rich Jones M60 Richard Rizzo Bob Dobbs Cliff Pauling M65 Irwin Bernstein M70 Manny Herscher W30 Dawn Best Amy Stewart W40 D Whitaker-Craig W45 Kathryn Martin 600 m M35 Tom Sassi	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.89 37.89 37.89 42.65 37.89 42.65 43.99 41.35 43.99 42.77 47.40 43.35 42.41 42.86 47.00 50.24 57.67 46.32 46.85 49.20 51.02
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 1.61 9.47 9.96 9.96 9.97 7.57 7.55 5.55 0.41 9.06 6.59 9.06 6.59 7.55 7.55 7.58 4.54 4.54 4.54 4.54 4.54 4.54 4.54 4.55 4.54 4.54 4.54 4.54 4.54 4.55	Armory T&F Cei Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi M55 Rich Jones M60 Richard Rizzo Bob Dobbs Cliff Pauling M65 Irwin Bernstein M70 Manny Herscher W30 Dawn Best Amy Stewart W40 D Whitaker-Craig W45 Kathryn Martin 600 m M35 Tom Sassi Rich Agnello	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77 47.40 43.35 42.41 42.86 47.00 50.24 57.67 46.32 46.85 49.20 51.02
1.84 5.35 2.36 1.09 7.94 4.88 1.92 0.19 2.26 11.61 9.47 9.96 9.99 6.55 0.41 9.00 1.00 1.00 1.00 1.00 1.00 1.00 1.0	Armory T&F Cer Manhattan, NY; Ja 55 m M35 Jim Reilly Alex Rivera M45 David Gritz Hugh Kelsey M50 Thaddeus Morris Bob Davis Eddie Watson M55 Rich Jones David Rosenthal M60 Richard Rizzo M75 Lester Wright Sr. 300 m M30 Gary Hallman M35 Jim Reilly M40 Val Barnwell Keith Royster M45 Hugh Kelsey Errol Lee Tony Plaster M50 Thaddeus Morris John Kuhi M55 Rich Jones M60 Richard Rizzo Bob Dobbs Cliff Pauling M65 Irwin Bernstein M70 Manny Herscher W30 Dawn Best Amy Stewart W40 D Whitaker-Craig W45 Kathryn Martin 600 m M35 Tom Sassi Rich Agnello Larry Glazer	7.01 7.23 7.54 7.67 7.35 7.68 7.75 7.66 9.99 8.01 8.99 42.65 37.89 37.83 38.88 40.99 41.35 43.99 42.77 47.40 43.35 42.41 42.86 47.00 50.24 57.67 46.85 49.20 51.02
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1	M75 Lester Wright Sr W30 Dawn Best	2:19.26
4	W30 Dawn Best	1:50.59
	1000m	
1	M35 Larry Glazer	2:44.30
١	Jud Santos	3:02.47
1		2:59.52
	M40 Bill Gaston	
ı	Mike Maclaga	3:08.61
	Seth Okrend	3:12.07
	M45 Steve Borbet	2:55.51
Н	Larry Scheid	3:09.44
	M50 Michael Wilson	3:14.65
	M60 John Hurley	3:58.90
	Mile	State of the last
8	M40 Bob O'Brien	4:55.85
Ł	M45 Paul Mascali	4:39.31
	Tom Allen	6:07.33
	M50 Michael Wilson	5:35.73
	Bill Indek	6:05.21
	M60 John Conner	5:48.82
9	M75 William Benson	8:10.02
3	W45 Kathryn Martin	5:32.87
9		3.32.07
8	55m Hurdles	0.50
F	M40 Tony Ciccone	
ř	Rob Doran	9.78
8	M45 Ivan Black	9.92
È,	High Jump	
Ĕ.	M40 Rob Doran	1.47
ă.	M45 Ivan Black	1.42
Ž.	Pole Vault	No. of Contract of
ř		4 457
	M30 Duncan Littlefield	
	M40 Don Severn	3.81
Ŷ.	Long Jump	
i i	M35 Juan Castro	5.01
er i	M40 Rob Doran	4.88
i.	M45 Ivan Black	4.64
	Joe McMahon	
	M55 David Rosentha	
Ŀ	M60 Haig Bohigian	3.98
4		
i	W30 Dawn Best	3.93
	Triple Jump	
	M45 Ivan Black	10.69
	Shot Put	1 2 2 1 1 1
	M40 Tony Ciccone	13.55
	Rob Doran	9.74
	M45 Ivan Black	6.69
5	M50 Dennis Chandle	
	Rich Dunphy	10.66
	Eddie Watson	8.28
-	M55 Edward Fox	10.76
3	Carl Levine M65 Pete Barker	9.14
		10.36
Ž.	Thomas Brooks	9.10
60	W30 Virginia Palmer	9.63
i	W40 Sarah Boslaugh	10.66
	Indoor Pentathion	
	M40 Rob Doran	2108
	1500m Race Walk	The state of the s
	M45 HarryLichtenste	
	M65 Bob Barrett	8:00.96
	Frank Sullivan	10:10.13
	Potomac Valle	V TC
	Indest Man	y IC
	Indoor Me	
	Arlington, VA;	reb. /
	Men's Elite Mile	

M65 Bob Barrett 8	3:00.96
Potomac Valley	C
Indoor Meet	
Arlington, VA; Fel	0.7
Men's Elite Mile	
1 Rob Walker 31	4:36
2 Steve Nearman 38	4:40
8 Terry McLaughlin 38	4:57
9 Paul Ryan 48	4:59
14 Ted Poulos 37	5:10
15 Lorenzo Nelson 34	5:11
16 Malcolm Lester 31	5:16
17 Jeff Kramer 40	5:18
19 Robert Costanza 42	5:25 5:28
21 J J Wind 49 Men's Masters Mile	5:28
1 Yvon Le Dain 45	5:18
2 Jeff Kramer 40	5:18
3 David Webster 46	5:19
4 Milan Basta 47	5:21
5 Eric Gyaki 50	5:27
6 Doug Eckley 43	5:25
7 J J Wind 49	5:43
8 Bob Weiner 51	5:45
9 John McCabe 40	6:11
12 Ray Blue 74	7:14
13 Bill Osburn 75	7:21
Women's Mile	
1 Joy Parker 18	5:35
2 Joyce Adams 45	5:58
6 Jennifer Lazio 30 3000m	6:07
1 Eron Ferreira 27	0.00
2 Rob Walker 31	9:20 9:22
6 John Haberkern 46	10:06
	Or other land
8 Ted Poulos 37 12 David Webster 46	10:15
14 J J Wind 49	10:57
15 Richard Weston 52	11:25 12:15
16 Jennifer Lazio W30	12:15
17 Jim Scarborough 40	12:28
24 Bill Osburn 75	15:44
Continued	
Continued on n	ext page

	ued from previous page	M75 M90	Lester Wright Sr 33.3 Fred D'Elia 1:01.8	Blaine Wilson 3:05.5 John Singer 3:11.6	M45 Ivan Black 10.22 M50 Bill Walsh 10.07	SOUTHEAST		1.88
	Steve Pecinovsky 12.27	M35	Mitchell Lovett 23.5	M60 Lawrence Harvey 2:44.8	Out-of-state only	Virginia Masters Indoor	ATTENDA OF THE PARTY OF THE PAR	1.37
	Varrick Yeager 12.46	4	Kerry Sloan 26.6	M75 William Benson 3:46.8	W60 Barbara Jordan 7.65	Championships		1.32
	lim Carmines 14.42 Ron Shields 17:10	The state of the s		W35 Laura Frisch 2:42.3	Evelyn Wright 7.08	Lexington; March 6		1.11
	Charles Boyle 21:01	M45	Jesse Norman 25.4	W50 Eileen Holzman 3:18.0 W60 Sheila Herman 3:54.5	Shot Put M35 Thomas Lanzalotto 12.96	M30 Bill Holland 7.0		1.27
	Susan Young 21:38		Dave Ransom 26.1 John Spieken 31.5	W65 Toshiko E'Elia 3:21.4	Glenn Metcalfe 9.26	'M35 Bob Harding 6.8	ALL AND REAL PROPERTY AND ADDRESS OF THE PARTY OF THE PAR	1.39
W45 J	lan Adams 18.26	M60	Dick Camp 29.0	W30 Dawn Best 2:38.6	Tim McMahon 8.52	Earl Winfield 6.9	And the second s	1.32
Lor	ngley Jones/Syracuse	285	Haig Bohigian 30.5	W50 Mary Trotto 3:18.0	M40 Tony Ciccone 13.76	Trace Barnette 7.3 M40 Barry Wise 6.7		1.22
	nargers Masters Mile/	M65	James Stookey 29.9	W55 M L Michelson 3:23.7	Scott Bull 11.88	Kaestner McDonough 6.8	Account to the second s	1.06
U	SATF Niagara Indoor Championships,	M70	William Bergen 32.9	1500m M30 James Cox 4:15.0	M45 Mark Johnson 9.84 M50 Dennis Chandler 12.94	Chuck Johnson 7.3	W70 Leonore McDaniels Pole Vault	A NEW
A	Manley Field House,	WSO	Manny Herscher 35.3 Eileen Holzman 40.6	M30 James Cox 4:15.0 John Gouveia 4:15.8	Rich Dunphy 10.79	M45 Fulton Strathern 7.2 Dale Smith 7.4		3.20
	yracuse, NY; Feb. 13			Tom Metz 4:22.2	M55 Jerry Sullivan 9.00	Dale Smith 7.4 Tony Searles 7.5		3.66
M40	+ AcMullen 46 4:32.8	SEED	Sheila Herman 45.0	M35 Rich Agnello 4:25.0	M60 Sam Rumford 11.91	M50 1David Shields 7.2	The state of the s	3.50
	Carroll 42 4:36.2	W30	Althea Morris 25.9	Bill Roemer 4:46.5	Leon Trout 8.67	1Dale Smith 7.2		3,50
	es McMullen 47 4:42.2	W35		M40 Dave Weller 4:21.7	M65 Jonas Cowles 9.85	Kent Hann 7.9 M55 Charles West 7.9		3.20
	Chiming 45 4:57.1		Louise Feaster 33.9 Mary Trotto 38.6	Guy Gordon 4:22.0 Jerry O'Connor 4:42.1	Giorgio Chiavelli 8.52 M75 Charles Corvino 9.85	Mike Valle 8.4	M65 Russ McDaniels	2.14
	Rybinski 43 5:00.9 Hanlon 42 5:05.6	The Property of the Park	Mary Trotto 38.6 Audrey Lary 34.3	Seth Okrem 2:32.0	M45 Dennis Hansen 13.08	M60 Bob Dobbs 7.8	W70 Leonore McDaniels	1.85
	Engman 53 5:11.6	-155	Barbara Jordan 34.6	M45 Tom Ryan 4:42.5	Jeff Copland 8.52	Alvin Burton 8.3 Ed Fitzgerald 8.8	M30 James Tunstall	5.86
	cMullen 46 5:16.6	A COLOR	Mary Roman 39.2	Pete Reinhart 4:45.5	C D Cook 8.26	M65 1Robert Reid 7.9		6.26
	Milner 63 5:29.4 es Miner 50 5:38.4	400m	A THE RESIDENCE OF THE LOCAL PROPERTY OF THE PARTY OF THE	Steve Lee 5:10.0 M50 John Kuhi 5:25.0	M50 Bill Walsh 11.06 M55 Carl Levine 9.53	1James Stookey 7.9		5.92
	Skinner 58 5:44.3	M30	Rohan Elleston 52.4 Rich Agnello 58.1	M50 John Kuhi 5:25.0 Wiliam Indek 5:31.7	M55 Carl Levine 9.53 M65 Peter Barker 9.99	Russ McDaniels 10.1 M70 Carlos Vera 8.2		5.39 5.85
	Garrow 43 5:47.5	M35 M40		M55 Dan Kirsh 5:28.5	M70 William Bergen 9.11	M70 Carlos Vera 8.2 Richard Sollar 9.3		4.95
	Guzman 58 6:26.9	MITO	John Brooks 58.4	M60 Frank Haviland 5:21.1	M85 Claude Hills 4.94	W60 Marilyn Fitzgerald 9.0		5.09
W40 Patti	Ford 43 5:13.5	1400	Stephen Bunce 1:01.1	Gene Chase 5:28.6	Out-of-state only	W70 Leonore McDonalds 10.3		4.75
	e Sardes 47 6:15.3	M45	Rick Evans 1:03.1	M65 Mark Lannigan 5:50.0	W35 Denise Jones 6.43	W75 Carla Convery 12.5		3.86
	ey Dockwiller 47 6:47.5	. 313	Bob Conklin 1:03.2	Walter Desind 6:54.0 M80 Austin Newman 7:29.6	W45 Susan Nesbihul 5.60 W50 Mary Trotto 6.22	M30 Bill Holland 26.4		3.48
	a Oja 46 6:50.5 I Rider 56 7:10.3	MSO	Dave Freidman 1:16.5 Robert Ihne 1:03.5	M30 Fred Benlein 5:25.8	W55 M L Michelson 5.51	M35 Kinley Hill 25.7	M65 James Stookey	4.74
1	THE SCHOOL ST.	IVIJU	Charlie Ruthman 1:13.0	M35 Larry Glazer 4:23,1	W60 Evelyn Wright 9.29	Bob Harding 25.9 Trace Barnette 27.7	Glenn Yoder Russ McDaniels	3.64
	FATF-NJ Masters and Submasters Indoor	M55	Dave Rosenthal 1:23.6	Craig Lowerth 4:34.3	Mary Roman 8.96	M40 Barry Wise 25.4	M70 Carlos Vera	4.45
- 10	Championships,	M60	John MacDonald 1:06.4	Jud Santos 4:44.0	Audrey Lary 8.41	KaestnerMcDonough 26.9	Richard Sollar	3.82
Ha	ckensack, NJ; Feb. 14	M65		M40 Dennis Coleman 4:32.8 Clyde Lowerth 4:42.3	Weight Throw M30 Herb Rodriguez 14.58	Chuck Johnson 27.4 M45 Dale Smith 27.4	W70 LeonoreMcDanlelsWF (McDaniels/3.40/199	
	of-state athletes follow N.J.	\$08	Walter Desind 1:25.0 Charles Wrixon 1:25.2	William Bainlardi 4:56.0	M40 Tony Ciccone 11.36	M45 Dale Smith 27.4 Fulton Strathem 27.8	W75 Carla Convery	1.75
	etes in all results listings	M75		M45 Gary Comfort 4:46.6	M40 Mark Kreafle 11.08	Tony Searles 29.3	Triple Jump	Section 1
55m M30	Andre Bridgett 6.8	M80	Austin Newman 1:36.4	Bob Pertak 4:58.2	1500m RW	M50 Roger Crockett 30.1 M55 Charles West 28.6		11.15
M35	the same of the sa	M35		Anthony Baker 5:20.6	M50 Ed Dunphy 7:57.8	M55 Charles West 28.6 M60 Bob Dobbs 28.2		10.46
M40	and the second s	140	Kerry Sloan 57.5	M50 Dick Green 4:45.4 Michael Wilson 4:56.1	M55 Manny Eisner 7:58.5 M60 Dave Romansky 7:07.4	Alvin Burton 31.6	M45 John Bayliss	9.65
	Rockdale Hudson 7.5	M40	Keith Royster 56.8 Warren Brown 59.6	Victor Diaz 4:57.5	M65 Frank Sullivan 10:03.3	Ed Fitzgerald 32.8 M65 James Stookey 29.3	M50 Roger Crockett David Shields	9.81
MAS	Rob Doran 7.8 Dave Gritz 7.2	M45	Jesse Norman 57.9	M55 Sid Howard 4:52.5	M70 John Nervetti 9:44.0	M65 James Stookey 29.3 Robert Reid 32.2	Cartton Mott	5.50
1145	Jeff Moore 7.3		Bob Pertar 1:06.2	Paul Rehm 5:21.6 Blaine Lawson 6:02.3	M75 Tim Dyan 10:28.7 M30 Bruce Logan 7:41.5	M70 Richard Sollar 36.8	M65 James Stookey	9.82
	Mike Santo 7.5	MEE	John Spieker 1:06.6 John Singer 1:28.1	M60 Joe Cordero 5:23.0	M30 Bruce Logan 7:41.5 Brian Logan 11:31.4	M75 Ed Matthews 41.9 W60 Marilyn Fitzgerald 35.7	Glenn Yoder M70 Carlos Vera	7.78 9.18
M50	Joe Johnson 7.1	M55 M60	THE RESERVE SERVE SERVE	Lawrence Harvey 5:39.1	M50 John Albert 7:56.7	W75 Carla Convery 58.5	M75 Ed Matthews	5.99
	Noah Perlis 7.9 Robert Rovi 8.3		Lawrence Harvey 1:05.5	John Orr 7:30.4	M55 Leo Armari 10:01.8	400m	W70 Leonore McDaniels	6.22
M55	David Rosenthal 8.9	1, 150	Haig Bohigian 1:10.6	M75 William Benson 7:37.2 W30 Laurie Corbin 5:00.7	M60 John Orr 10:55.1 M65 Bob Barrett 8:00.9	M35 Bob Harding 57.3 Kinley Hill 63.8	Shot Put M40 Garry Crago	10.44
	Richard Simmons 9.7	W30 W60	Dorian D'Angelo 1:24.3 Sheila Herman 1:39.3	W35 Laura Frisch 5:30.4	M65 Bob Barrett 8:00.9 W40 Rita Rogan 9:05.8	Trace Barnette 89.9		10.00
M60	Lloyd Riddick 8.2	Total Control	Sheila Herman 1:39.3 Althea Morris 58.7	W40 Linda Ryan 5:38.9	W45 S Brosnahan 8:22.7	M40 John Dyer 57.4	Mark Kreafle	9.32
M65	Leon Trout 8.4 Oscar Taylor 8.2		Dawn Best 1:10.0	W45 Erika Campbell 5:29.1	W50 Donna Cetrullo 9:24.6	Chuck Johnson 61.1 M55 Charles West 65.8		13.52 10.53
WOS	Giorgio Chiavelli 8.6		Denise Jones 1:23.1	W60 Jan Rindge 8:44.0 W30 Elizabeth Maurice 5:13.4	W40 D Chamberlain 7:27.9	Bill Copeland 98.4	Kent Hann	10.20
	Joseph Kogan 9.2	W40	Louise Feaster 1:08.1	W30 Elizabeth Maurice 5:13.4 W40 Gloria Rawls 6:47.8	W55 Ann Singer 12:31.4 W65 M A Stookey 11:30.6	M60 Alvin Burton 74.7		13.71
M70	Tom Delaney 8.3	WAS	Denise Crain 1:08.6 Mary Rosado 1:16.9	W45 Mary Rosado 5:50.8		Ed Fitzgerald 77.5 W60 Marilyn Fitzgerald 93.5		11.90
	Bob Naylor 10.0 Manny Herscher 9.4		Mary Trotto 1:30.1	W55 M L Michelson 6:37.8	Upstate New York Indoor Mile Championships	800m		13.33
M75	Manny Herscher 9.4 Jim Manno 9.9	W60	Audrey Lary 1:22.6	3000m	University of Rochester; Feb. 21	M35 Bob Murray 2:08.3	II. Committee of the co	11.10
	Fred D'Elia 13.5	800m		M30 James Cox 9:20.0 John Gouveia 9:30.1	M30 Dan Rohnke 4:35.7	M40 Dennis Coleman 2:08.6 Bret Bowman 2:21.3	James Rigby M70 Wally Elliott	10.23
M35	Mitchell Lovett 6.7		Rohan Elleston 2:10.2	Eugene Mizzoni 9:45.0	M35 Roger Janezic 4:45.6	M55 Bill Copeland 3:46.3		7.73
	John Roberts 7.0		John Gouveia 2:11.2	M35 Manuel Pereira 9:42.7	Mike Platt 4:46.0	M75 John Bays 4:04.8	W40 Julie Smith	5.95
M45	Dave Ranson 7.1 C D Cook 7.3		Angelo Harast 2:14.8	Mike Perry 9:55.9	Tom Warth 4:51.7 Dave O'Leary 5:02.6	1500 m M30 Russ Jessee 4:28.9	Weight Throw M40 Mark Kreafle	11.63
M60	Bob Dobbs 7.5	M35	Tim MacMahon 2:14.4 Kevin Hickman 2:18.5	Jimmy Igohie 10:45.0 M40 Alex Auguergi 11:27.6	Roger Messenger Memorial	M35 Robert Murray 4:14.0	Garry Crago	7.59
	Dick Camp 7.7	M40	Guy Gordon 2:09.6	M40 Alex Auguergi 11:27.6 M45 Bill Scholl 10:03.5	Masters Mile M40 Bob Carroll 4:29.0	M40 Dennis Coleman 4:26.8	M50 Cartton Mott	8.79
	James Stookey 8.1		Rick Pingitore 2:10.3	Gary Wallace 10:13.7	M40 Bob Carroll 4:29.0 Jerry Kooymans 4:29.7	Bret Bowman 4:36.0 Jon DeVierScott 5:02.8	Kent Hann M55 Mike Valle	6.86 8.87
M70	Tom Rice 8.6	M45	Tom Ryan 2:15.5	Bill Bosmann 10:41.9	Joe Chimino 4:58.1	M55 Bill Copeland 6:59.0	Norris Wright	7.46
Wine	William Bergen 9.2 Joy O'Hara 7.6	A Prince	Peter Reinhart 2:15.8 Tony Plaster 2:17.0	M55 Jeff Martin 11:47.7	Anthony Garrow 5:41.2 Rich Merriam 7:00.3	M60 Jim Beahm 5:38.0	M60 James Rigby	5.36
	Louise Feaster 7.8	MSO	Tony Plaster 2:17.0 William Indek 2:44.2	M65 Mark Lannigan 12:13.6 M40 Dennis Coleman 10:06.2	Rich Merriam 7:00.3 M45 Tim McMullen 4:33.0	M70 John Hosner 6:08.0 M75 John Bays 8:16.0	W40 Julie Smith	4.77
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W60	Phyllis Bradley 9.6	M55	Dave Gerridge 2:36.7	M50 Michael Wilson 11:03.7	Bill McMullen 5:09.5 George Mitchell 5:51.2	M30 Russ Jessee 9:37.2	Athletes Foot Masters In	_
W80			John Saarmann 2:37.4	M55 Blaine Wilson 13:27.7	George Mitchell 5:51.2 Philip Mann 6:38.3	M35 Bob Murray 9:23.5 M40 Dennis Coleman 10:11.2	Meet, Augustana Colle	
	Althea Morris 7.4	M60		M60 Joe Cordero 11:04.2	M50 Herb Engman 5:12.8	Bret Bowman 10:22.1	Rock Island, IL; Jan.	. 8
	Denise Jones 8.9 M L Michelson 10.3	M65		M65 Tom Talbott 15:53.6 W30 Laurie Corbin 10:25.7	Paul Perry 5:17.4	M60 Jim Beahm 12:04.4	50 m M30 Eric Goodfow	6.9
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A STATE	Barbara Jones 9.0	1 800	Walter Desind 3:30.5	W45 Cami Klein 13:21.4	Takis Kanellos 5:33.6	M75 Alvin Smith 20:20.6 W45 Mary Winston 12:05.3	M60 Mike Murphy	7.6
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M30	Phil Felton 26.4	1.86	Seth Okrem 2:32.2	M60 Nate Byrd 9.3	Sue Rowley W40 5:44.1 Diane Sardies W40 6:16.6	Glenn Yoder 11.5		37.1
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M55 M60	David Rosenthal 34.0	M50	Anthony Baker 2:38.7	M35 Kerry Sloan 8.4 M40 Rohn Roberts 8.2 M45 Ivan Black 10.2		M35 Earl Winfield 1.85	M80 Mel Flachs	52.7 39.0

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. W60 Carol Eisenbraun 15.5h M/O Paul O Leary 50	۱	W55 Kathy lager	14.7h	MOD	Boyu Snumway	٥.
			15.51	1470	Paul O'Lean	2/

W65			
	Danil Durka	28.3h	M75 Myron Dover 26.00
	Beryl Burke		
W70	Bette Hulkin	21.8h	M80 Roy Clark 22.57
W80	Sis Warnke	25.7h	M90 William Kunter 8.00
200m			W50 Marge Doerrer 17.29
M50	George Jenkins	26.3h	W55 Karen Bergfeldt 17.22
M55	Antonio Chavez	27.93	W60 Helen Bayly 11.18
W50	Francis Sharrah	43.4h	W65 Barbara Brandt 18.29
W55	Kathy Jager	32.4h	W75 Adele McCormick 14.94
W60	Carol Eisenbraun		Javelin
W70		52.7h	and the second s
	Beverly Libby		
W80	Sis Warnke	1:11.42	M55 Charles Quarelli 34.41
400m			M60 Bob Bergfeldt 38.69
M50	Jimmy Davis	1:03.9h	M65 Floyd Riddle 29.53
M55	Antonio Chavez	1:03.8h	M70 Paul O'Leary 27.26
M60	Fred Kjer	1:03.4h	M75 Charles Obye 26.58
M65	Tom Williams	1:14.0h	M80 Walter Bilyk 16.31
M70	Willard Robbins	1:47.46	The state of the s
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M75	Glenn Dody	1:23.67	W55 Karen Bergfeldt 16.82
M80	D Halverson	2:14.34	W60 Helen Bayly 10.82
W55	Sally Belar	1:40.48	W65 Barbara Brandt 24.79
W65	Beryl Burke	2:53.60	W70 Elaine Courllaume 11.95
W70	Beverly Libby	2:03.88	W75 Adele McCormick 20.46
W80	Sis Warnke	2:42.3h	1500m RW
800m			M55 David Clifford 10:12.82
M50	Hayden Smith	2:34.23	M60 David Malkin 10:22.50
M55	Eric Owers	2:29.08	M65 Dwight Pickett 10:10.57
M60	Joel Gonzalez	2:40.97	M70 Robert Holmes 10:28.20
M^5	Tom Williams	3:07.89	
M80	Willard Robbins	4:47.63	M80 Richard Stark 11:44.01
M75	Glenn Dody	3:20.28	M85 Vinton Clarke 11:45.89
W50	Marge Doerrer	3:22.35	W55 Elke Davis 9:47.7h
W55	Sally Bolar	4:12.82	W60 M Battock 11:39.5h
W70	Beverly Libby	4:32.28	W65 Alice Pickett 10:41.4h
W80	Sis Warnke	6:14.04	
1500	THE REAL PROPERTY.		Palm Springs Senior Olympics
M50	The state of the s	5:10.21	Palm Springs, CA; Feb. 13-14
M55	Eric Owers	5:26.93	100m
			M50 Fred Peterson 13.61
M60	Joel Gonzales	5:32.69	Barry Green 14.06
M65	James Totman	6:02.59	Dan Girling 14.38
M70	Robert Holmes	7:39.95	M55 Bill Knocke 12.58
M75	H Holladay 1	0:09.38	James Rougely 12.59
M80	Sidney Tarren	9:40.71	Charles Loftis 13.30
W50	Udon Beidler	6:53.2h	M60 Gary Sims 12.85
W55	Sally Bolar	7:49.2h	Frank Hollier 13.07
		7:51.9h	Bob Golly 13.55
W60	M Adamson D Wilhelmsen	7:58.0h	M65 Robert Reid 14.01
M70		1:58.0h	Paul Bambrook 114.13
W80		1.36.011	Joe Quigley 15.85
High.		4 0000	M70 Rodney Brown 14.60
M50	Brent Golden	4-2	Jim Selby 14.66
M55	Larry Armstrong	4-4	Barney Phillips 15.19
M60	Bob Bergfeldt	4-10	M75 Jay Benedict , 16.44
M65	Boyd Shumway	4-8	Frank Toner 16.73
M70	Joe Sarvis	3-10	Ray Crawford 17.49
MIU			ind, cramere
M75	Charles Obye	3-10	M80 Champion Goldy, 16.64
M75	The second secon	3-10 3-4	M80 Champion Goldy 16.64 Richard Leach 17.22
M75 M80	Walter Bilyk	3-4	Richard Leach 17.22
M75 M80 W55	Walter Bilyk Vera Shuey	3-4 3-2	Richard Leach 17.22 Clarence Trahan 17.53
M75 M80 W55 W60	Walter Bilyk Vera Shuey C Eisenbraun	3-4 3-2 3-6	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta
M75 M80 W55 W60 W65	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt	3-4 3-2	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61
M75 M80 W55 W60 W65 Pole	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault	3-4 3-2 3-6 3-2	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38
M75 M80 W55 W60 W65 Pole M50	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden	3-4 3-2 3-6 3-2 7	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13
M75 M80 W55 W60 W65 Pole M50 M55	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones	3-4 3-2 3-6 3-2 7 9-4	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88
M75 M80 W55 W60 W65 Pole M50 M55 M60	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt	3-4 3-2 3-6 3-2 7 9-4 9-4	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes	3-4 3-2 3-6 3-2 7 9-4	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes	3-4 3-2 3-6 3-2 7 9-4 9-4	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt	3-4 3-2 3-6 3-2 7 9-4 9-4	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump	3-4 3-2 3-6 3-2 7 9-4 9-4 8	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long M50 M55	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode	3-4 3-2 3-6 3-2 7 9-4 9-4 8	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long M50 M55 M60	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long M50 M55 M60 M55 M60	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long M50 M55 M60 M55 M60 M55	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85	Richard Leach
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long M50 M55 M60 M55 M60 M55 M60 M55	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79
M75 M80 W55 W60 W65 Pole M50 M55 M60 M55 Long M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 Long M50 M55 M60 M55 Long M50 M50 M55 Long M50 M50 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M60 M60 M60 M60 M60 M60 M60 M60 M60	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92
M75 M80 W55 W60 W65 Pole M50 M55 M60 M55 M60 M55 M60 M55 M75 M75 M75 M75 M80 M85 W55	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.95 yke2.23 1.59 3.28	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45
M75 M80 W55 W60 W65 Pole M50 M55 M60 M55 Long M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 Long M50 M55 M60 M55 Long M50 M50 M55 Long M50 M50 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M60 M60 M60 M60 M60 M60 M60 M60 M60	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 3.20	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42
M75 M80 W55 W60 W65 Pole M50 M55 M60 M55 M60 M55 M60 M55 M75 M75 M75 M75 M80 M85 W55	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.95 yke2.23 1.59 3.28	Richard Leach
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long M50 M65 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M60 M65 M60 M60 M65 M60 M60 M60 M60 M60 M60 M60 M60 M60 M60	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 3.20	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.26 Alfonso Escobosa 30.62
M75 M80 W55 W60 W65 Pole M50 M50 M60 M65 Long M50 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M60 M60 M60 M60 M60 M60 M60 M60 M60	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 3.20 2.40	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.26 Alfonso Escobosa 30.62 M75 Felix Jumonville 34.84
M75 M80 W55 W60 W65 Pole M50 M50 M65 Long M50 M65 M60 M70 M75 M80 M80 M85 W55 W60 W65 W70 Shot	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 3.20 2.40	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta
M75 M80 W55 W60 W65 Pole M50 M50 M65 Long M50 M65 M60 M65 M70 M75 M80 M85 W50 W65 W60 W65 W60 W65	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yyke2.23 1.59 3.28 1.59 3.28 1.71 37-8.50	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.62 Alfonso Escobosa 30.62 M75 Felix Jumonville 34.84 Jay Benedict 35.09 Frank Toner 35.49
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long M50 M65 M70 M75 M80 M85 W50 W65 W65 W65 W70 Shot M50 M55	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton D Thompson	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 3.20 2.40 1.71 37-8.50 38-2.75	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown Alfonso Escobosa 30.62 M75 Felix Jumonville 34.84 Jay Benedict 35.09 Frank Toner 35.49 M80 Champion Goldy 36.11
M75 M80 W55 W60 W65 Pole M50 M55 M60 M55 M60 M55 M70 M75 M80 M85 W55 W60 W65 W70 Shot M55 M60	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton D Thompson Ben McGrady	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.95 yke2.23 1.59 3.28 1.59 3.28 1.71 37-8.50 38-2.75 43-2.50	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.26 Alfonso Escobosa 30.62 M75 Felix Jumonville 34.84 Jay Benedict 35.09 Frank Toner 35.49 M80 Champion Goldy Richard Leach 37.73
M75 M80 W55 W60 W65 Pole M50 M55 M60 M55 M60 M55 M70 M75 M80 M85 W55 W60 W65 W70 Shot M55 M60 M65	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton D Thompson Ben McGrady Floyd Riddle	3-4 3-2 3-6 3-2 7 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 3.20 2.40 1.71 37-8.50 38-2.75 43-2.50 34-1.25	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.26 M75 Felix Jumonville 34.84 Jay Benedict 35.09 Frank Toner 35.49 M80 Champion Goldy 36.11 Richard Leach 37.73 Alfred Guidet 38.47
M75 M80 W55 W60 W65 Pole M50 M55 M60 M55 M60 M55 M60 M75 M80 M75 M80 W65 W70 Shot M50 M55 W70 Shot M50 M55 W70 Shot Shot Shot Shot Shot Shot Shot Shot	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton D Thompson Ben McGrady Floyd Riddle Myron Dover	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 3.20 2.40 1.71 37-8.50 38-2.75 43-2.50 34-1.25 25-5.50	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witle 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.26 Alfonso Escobosa 30.62 M75 Felix Jumonville Jay Benedict 35.09 Frank Toner 35.49 M80 Champion Goldy 36.11 Richard Leach 37.73 Alfred Guidet 38.47 M85+Bert Morrow 42.45
M75 M80 W55 W60 W65 Pole M50 M50 M60 M65 Long M50 M65 M70 M75 M80 W65 W70 Shot M50 M55 M80 M65 M70 M70 M70 M70 M70 M70 M70 M70 M70 M70	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton D Thompson Ben McGrady Floyd Riddle Myron Dover Elgie Posey	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 3.20 2.40 1.71 37-8.50 38-2.75 43-2.50 34-1.25 25-5.50 26-1.75	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.26 Alfonso Escobosa 30.62 M75 Felix Jumonville Jay Benedict 35.09 Frank Toner 35.49 M80 Champion Goldy 36.11 Richard Leach 37.73 Alfred Guidet 38.47 M85+Bert Morrow 42.45 W50 Nancy Nevin 35.85
M75 M80 W55 W60 W65 Pole M50 M50 M60 M65 Long M50 M65 M70 M75 M80 W65 W70 Shot M50 M55 M60 M85 M60 M85 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M65 M60 M60 M60 M60 M60 M60 M60 M60 M60 M60	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton D Thompson Ben McGrady Floyd Riddle Myron Dover Elgie Posey Lloyd Allen	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 3.20 2.40 1.71 37-8.50 38-2.75 43-2.50 34-1.25 25-5.50 26-1.75 15-3.50	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.62 Alfonso Escobosa 30.62 M75 Felix Jumonville 34.84 Jay Benedict 35.09 Frank Toner 35.49 M80 Champion Goldy 36.11 Richard Leach 37.73 Alfred Guidet 38.47 M85+Bert Morrow 42.45 W50 Nancy Nevin 35.85 W55 Barbara Littlemore 39.63
M75 M80 W55 W60 W65 Pole M50 M50 M60 M65 Long M50 M65 M70 M75 M80 W65 W70 Shot M50 M55 M80 M65 M70 M70 M70 M70 M70 M70 M70 M70 M70 M70	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton D Thompson Ben McGrady Floyd Riddle Myron Dover Elgie Poscy Lloyd Allen William Kunter	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 3.20 2.40 1.71 37-8.50 38-2.75 43-2.50 34-1.25 25-5.50 26-1.75 15-3.50 14-2.50	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.26 Alfonso Escobosa 30.62 M75 Felix Jumonville 34.84 Jay Benedict 35.09 Frank Toner 35.49 M80 Champion Goldy 36.11 Richard Leach 37.73 Alfred Guidet 38.47 M85+Bert Morrow 42.45 W50 Nancy Nevin 35.85 W55 Barbara Littlemore 39.63 MaryJaneMcMaster53.18
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M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long M50 M65 M60 M75 M80 M85 W70 W65 W70 M55 M60 M65 M75 M80 M65 W75 M80 M65 M75 M80 M65 M70 W75 Discu	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton D Thompson Ben McGrady Floyd Riddle Myron Dover Elgie Posey Lloyd Allen William Kunter Sue Alexander Kathy Jager Nancy Filiatrault Bernice Wagner A Mc Cormick S Britt Ready James Burke Arnie Brandt	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 1.59 3.28 1.71 37-8.50 38-2.75 43-2.50 34-1.25 25-5.50 24-4.25 28-50 24-4.25 28-50 21-40 21-71 37-8.50 38-2.75 43-2.50 34-1.25 38-3.95 38-3.95 38-3.95 38-3.95 38-3.95 38-2.75 43-2.50 34-1.25 25-5.50 24-4.25 28-50 32-40 32-40 33-50 34-1.25 32-50 34-1.25 32-50 34-1.25 32-50 34-1.25 32-50 34-1.25 32-50 34-1.25 32-6 36-89 38-46	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.26 Alfonso Escobosa 30.62 M75 Felix Jumonville 34.84 Jay Benedict 35.09 Frank Toner 35.49 M80 Champion Goldy 36.11 Richard Leach 37.73 Alfred Guidet 38.47 M85+Bert Morrow 42.45 W50 Nancy Nevin 35.85 W55 Barbara Littlemore 39.63 MaryJaneMcMaster53.18 W60 Mary Alvarez 55.49 W65 Nessie Hollicky 37.61 Gloria Doro 39.97 400 m M50 Will Webster 61.69 Dan Girling 73.42 M55 Simeon Baldwin 61.96 M60 Bob Golly 59.99 Jerry Futton 70.00 Mike Dunn 78.83
M75 M80 W55 W60 W65 Pole M50 M65 M60 M65 Long M50 M65 M70 M85 W60 W65 W70 Shot M55 M60 M65 M70 Shot M55 M60 M65 M75 M80 M65 M70 Shot M55 M60 M65 M75 M80 M65 M70 W50 W55 W60 W75 Discu M50 M65 M60 M65	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton D Thompson Ben McGrady Floyd Riddle Myron Dover Elgie Posey Lloyd Allen William Kunter Sue Alexander Kathy Jager Nancy Filiatrault Bernice Wagner A Mc Cormick S Britt Ready James Burke Arnie Brandt Boyd Shumway	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 1.59 3.28 1.71 37-8.50 38-2.75 43-2.50 34-1.25 25-5.50 26-1.75 15-3.50 14-2.50 24-4.25 28-50 29-4.25 28-50 29-4.25 29-75 18-8.50 32-86 33-90 33-86 34-1.25 34-1.25 35-1.25 36-1.75 36-	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Sirneon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.26 Alfonso Escobosa 30.62 M75 Felix Jumonville 34.84 Jay Benedict 35.09 Frank Toner 35.49 M80 Champion Goldy 36.11 Richard Leach 37.73 Alfred Guidet 38.47 M85+Bert Morrow 42.45 W50 Nancy Nevin 35.85 W55 Barbara Littlemore 39.63 MaryJaneMcMaster53.18 W60 Mary Alvarez 55.49 W65 Nessie Hollicky 37.61 Gloria Doro 39.97 400 m M50 Will Webster 61.69 Dan Girling 73.42 M55 Simeon Baldwin 61.96 M60 Bob Golly 99.99 Jerry Fulton 70.00 Mike Dunn 78.83 M65 Bob McGowan 68.89
M75 M80 W55 W60 W65 Pole M50 M55 M60 M65 Long M50 M65 M60 M75 M80 M85 W70 W65 W70 M55 M60 M65 M75 M80 M65 W75 M80 M65 M75 M80 M65 M70 W75 Discu	Walter Bilyk Vera Shuey C Eisenbraun Barbara Brandt Vault Brent Golden Larry Jones Bob Bergfeldt Tom Hinkes Jump Melvin Goode Antonio Chavez Arnie Brandt Irvin Schafer Joe Sarvis Charles Obye Maynard Groend Lloyd Allen Kathy Jager Carol Eisenbraun Nancy Filiatrault Bette Shulkin Put Paul Tepleton D Thompson Ben McGrady Floyd Riddle Myron Dover Elgie Posey Lloyd Allen William Kunter Sue Alexander Kathy Jager Nancy Filiatrault Bernice Wagner A Mc Cormick S Britt Ready James Burke Arnie Brandt	3-4 3-2 3-6 3-2 7 9-4 9-4 8 4.17 4.07 4.72 3.86 3.85 3.95 yke2.23 1.59 3.28 1.59 3.28 1.71 37-8.50 38-2.75 43-2.50 34-1.25 25-5.50 24-4.25 28-50 24-4.25 28-50 21-40 21-71 37-8.50 38-2.75 43-2.50 34-1.25 38-3.95 38-3.95 38-3.95 38-3.95 38-3.95 38-2.75 43-2.50 34-1.25 25-5.50 24-4.25 28-50 32-40 32-40 33-50 34-1.25 32-50 34-1.25 32-50 34-1.25 32-50 34-1.25 32-60 34-1.25 32-75 32-75 32-75 32-75 32-75 33-75 33-75 33-75 34-1.25 32-75 33-75 34-1.25 32-75 33-75 34-1.25 32-75 33-75 34-1.25 32-75 33-75 34-1.25 32-75 33-75 34-1.25 32-75 34-1.25 32-75 32-75 32-75 33-75 33-75 34-1.25 32-75 33-75 34-1.25 32-75 32-75 33-75 34-1.25 32-75 32-75 32-75 32-75 32-75 32-75 33-75 33-75 33-75 34-1.25 32-75	Richard Leach 17.22 Clarence Trahan 17.53 M85+Bert Morrow nta Jerry Wible 20.61 W50 Nancy Nevin 17.38 W55 Barbara Littlemore 18.13 MaryJaneMcMaster22.88 W60 Joan Witte 18.34 200 m M50 Will Webster 27.82 Dan Girling 30.90 M55 Bill Knocke 25.99 Lee Gillespie 26.86 Simeon Baldwin 27.01 M60 Gary Sims 26.82 Frank Hollier 27.22 Bob Golly 28.88 M65 Paul Bambrook 29.79 Francis Kishi 31.92 Charles Price 34.45 M70 Jim Selby 29.42 Rodney Brown 30.26 Alfonso Escobosa 30.62 M75 Felix Jumonville 34.84 Jay Benedict 35.09 Frank Toner 35.49 M80 Champion Goldy 36.11 Richard Leach 37.73 Alfred Guidet 38.47 M85+Bert Morrow 42.45 W50 Nancy Nevin 35.85 W55 Barbara Littlemore 39.63 MaryJaneMcMaster53.18 W60 Mary Alvarez 55.49 W65 Nessie Hollicky 37.61 Gloria Doro 39.97 400 m M50 Will Webster 61.69 Dan Girling 73.42 M55 Simeon Baldwin 61.96 M60 Bob Golly 59.99 Jerry Futton 70.00 Mike Dunn 78.83

ı		John Underwood	
ı	M/0	Jim Selby	65.43 67.09
ı	M75	Eugene Beimer	82.59
ı	Man	Felix Jumonville Richard Leach	89.22 1:52.95
ı		John Irwin	2:01.45
ľ	M85-	Nancy Nevin	2:10.90
ı	W55	M J McMaster	1:50.18
ı	MICO	Gayle Lossman	2:14.51
ı	W65	Mary Alvarez Nessie Hollicky	2:03.51
ı	800	m made of the 7	Char
١	M50	Gary Hall Steve Shepherd	2:31.05
ŀ	Jensi-	Michael Scuro	3:28.67
ı	M60	Ed Klassen Gene Rotstein	4:42.64 3:09.76
١		Mike Dunn	3:12.17
١	M65	Bob Culling Chas Rice	2:44.10
ı		Jim Franklin	3:34.48
ı	M70	Jim Selby Efrian Sanchez	2:41.77 2:56.43
ı		Ollie Harker	3:25.46
ı		John Irwin	4:57.56
ı	W50	Reiko Duba Nancy Nevin	3:11.63 3:26.37
ı	W55	Gayle Lossman	4:07.33
	150	M J McMaster	4:34.64
		Gary Hall	4:59.26
1	Total I	Bohuslav Barlow Chuck Woo	5:22.55 5:25.12
ı	M55	Simeon Baldwin	
1	Men	Richard Jones Ed Klassen	5:26.54 5:20.36
	MOU	Gene Rotstein	6:09.07
	1405	Andrew Bailey	
ı	M65		7:15.12
١		John Underwood	8:03.99
ı	M70	Ollie Harker	
ı		John Irwin	10:19.18
١	W50	Reiko Duba Nancy Nevin	6:31.92 6:51.74
١	W55	Gayle Lossman	
١		M J McMaster h Jump	8:37.74
ı	M50	Charlie Rader	5-9
١	M50	Charlie Rader Bob Pozzi	4-7
	200	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry	4-7 4-3 4-11
	200	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill	4-7 4-3 4-11 4-4
	M55	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh	4-7 4-3 4-11 4-4 3-11 4-5
	M55	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly	4-7 4-3 4-11 4-4 3-11 4-5 4-4
	M55	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2
	M55 M60 M65	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1
	M60 M65 M70	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3
	M60 M65 M70	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0
	M55 M60 M65 M70 M75	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6
	M55 M60 M65 M70 M75	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 3-3 4-0 3-11
	M55 M60 M65 M70 M75	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11
	M55 M60 M65 M70 M75	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11
	M55 M60 M65 M70 M75 W50 Long	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 13-6 3-11 13-2 11-3 10-2 13-8
	M55 M60 M65 M70 M75 W50 Long	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 13-2 11-3 10-2 11-3 10-2 13-8 13-1
	M55 M60 M65 M70 M75 W50 Loni M50	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-6
	M55 M60 M65 M70 M75 W50 Loni M50	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-6 13-1
	M55 M60 M65 M70 M75 W50 Long M50	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 13-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-6 12-7 13-7 13-4
	M55 M60 M65 M70 M75 W50 Long M50	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-6 12-7 12-7 12-7 12-7 13-4 12-1
	M55 M60 M65 M70 M75 W50 Lon M50 M60 M65	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 13-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-6 12-7 13-7 13-4
	M55 M60 M65 M70 M50 M55 M60 M65	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-6 12-7 12-7 13-4 12-1 9-8 11-5 9-5
	M55 M60 M65 M70 M50 M55 M60 M65	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-6 12-7 12-7 12-7 13-4 12-1 9-8 11-5
	M55 M60 M65 M70 M75 W50 Loni M50 M65 M60 M75	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford	4-7 4-3 4-11 4-4 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-6 12-7 12-7 12-7 13-4 12-1 9-8 11-5 9-9 9-7 9-9 9-7 9-2
	M55 M60 M65 M70 M50 M55 M60 M65 M70 M75	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-6 12-7 12-7 13-4 12-1 9-8 11-5 9-9 9-7 9-2 10-2.5 9-3.5
	M55 M60 M65 M70 M50 M55 M60 M65 M70 M75	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 11-3 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-6 12-7 13-4 12-7 13-4 12-7 13-4 12-7 13-4 12-7 13-9 9-9 9-7 9-9 9-7 9-9 9-7 9-9 9-7 9-9 9-7 9-9 9-7 9-9 9-7 9-9 9-7 9-9 9-7 9-9 9-7 9-9 9-7 9-9 9-7 9-9 9-9
	M55 M60 M65 M70 M50 M55 M60 M75 M80 W50 W50 W65	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-6 12-7 12-7 13-4 12-1 9-8 11-5 9-9 9-7 9-2 10-2.5 9-3.5
	M55 M60 M65 M70 M50 M55 M60 M75 M80 W50 W50 W55 Sho	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin MagdaleneKuehl Louise Martin t Put Glenn Palmer	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-6 12-7 12-7 13-7 12-7 13-7 12-1 9-8 11-5 9-9 9-7 9-2 10-2.5 9-3.5 neg-3 5-8 41-11
	M55 M60 M65 M70 M50 M55 M60 M75 M80 W50 W50 W55 Sho	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawbrot Ray Crawbrot Nancy Nevin MagdaleneKuehl Louise Martin t Put Glenn Palmer Jim McEvoy	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-6 12-7 13-4 12-7 13-4 12-1 9-8 11-5 9-9 9-7 9-2 10-2.5 9-3.5 neg-3 5-8 41-11 33-2.5
	M55 M60 M65 M70 M50 M65 M60 M75 M80 W50 W50 W50 W50	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly Jet Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin MagdaleneKueht Louise Martin t Put Glenn Palmer Jim McEvoy Larry Lloyd Stephen Cohen	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 13-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-6 12-7 12-7 12-7 12-7 13-4 12-1 9-8 11-5 9-9 9-7 9-2 10-2.5 9-9 9-7 9-2 10-2.5 9-3 5-8 41-11 33-2.5 26-0.5 36-10
	M55 M60 M65 M70 M50 M65 M60 M75 M80 W50 W50 W50 W50	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly Ze Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin MagdaleneKuehi Louise Martin t Put Glenn Palmer Jim McEvoy Larry Lloyd Stephen Cohen Bert Shirk	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-3 10-2 11-3 10-2 13-8 13-1 10-2 13-6 12-7 12-7 12-7 12-7 12-7 12-7 12-7 13-4 12-1 9-8 11-5 9-9 9-7 9-2 10-2.5 9-3 5-8 41-11 33-2.5 26-0.5 36-10 35.2.25
	M555 M600 M655 M700 M555 M600 M555 M600 M555 M800 M550 M500 M550	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin MagdaleneKuehl Louise Martin t Put t Glenn Palmer Jim McEvoy Larry Lloyd Stephen Cohen Bert Shirk Floyd Harris Ron Wade	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 13-2 13-8 13-2 13-8
	M555 M600 M655 M700 M555 M600 M555 M600 M555 M800 M550 M500 M550	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin MagdaleneKuehl Louise Martin t Put Glenn Palmer Jim McEvoy Larry Lloyd Stephen Cohen Bert Shirk Floyd Harris Ron Wade Doug Cronin	4-7 4-3 4-11 4-4 3-11 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 11-5 9-9 9-7 9-2 10-2.5 9-3.5 10-3
	M55 M60 M65 M70 M55 M60 M65 M70 M55 M80 W50 W50 M55 M60	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly Ze Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin MagdaleneKueht Louise Martin t Put Glenn Palmer Jim McEvoy Larry Lloyd Stephen Cohen Bert Shirk Floyd Harris Ron Wade Doug Cronin Martin West Bob Simpson	4-7 4-3 4-11 4-4 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 12-7 12-7 12-7 12-7 12-7 12-7 12-7 13-4 12-1 9-8 11-5 9-9 9-7 9-2 10-2.5 9-3 5-8 41-11 33-2.5 26-0.5 36-10 35-2.25 34-10 36-7.5
	M55 M60 M65 M70 M55 M60 M65 M70 M55 M80 W50 W50 M55 M60	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly 2 Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin MagdaleneKueht Louise Martin t Put Glenn Palmer Jim McEvoy Larry Lloyd Stephen Cohen Bert Shirk Floyd Harris Ron Wade Doug Cronin Martin West Bob Simpson Doug Richardson	4-7 4-3 4-11 4-4 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 13-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-6 12-7 12-7 12-7 12-7 12-7 12-1 9-8 11-5 9-9 9-7 9-2 10-2.5 9-3.5 10-3 10-2.5 10-3
	M55 M60 M65 M70 M75 W50 Lonn M50 M65 M70 M75 M80 W50 W65 Shor M50 M65	Charlie Rader Bob Pozzi Glenn Palmer Davie Perry Geoff Hill Dale Nelson Ray Fitzhugh Bob Golly Keith Carr Bob Simpson Paul Bambrook Barney Phillips Bob Perry Gil Young Eugene Beimer Vic Jones Reiko Duba g Jump Carl Flowers Barry Green Michael Scuro Geoff Hill Joe Ramaekers Dale Nelson Bob Golly Ze Bob Sherman 2 Ray Fitzhugh Pete Rodriguez Paul Bambrook Bill King Jim Selby Barney Phillips Eugene Beimer Jay Benedict Ray Crawford Clarence Trahan Nancy Nevin MagdaleneKueht Louise Martin t Put Glenn Palmer Jim McEvoy Larry Lloyd Stephen Cohen Bert Shirk Floyd Harris Ron Wade Doug Cronin Martin West Bob Simpson	4-7 4-3 4-11 4-4 4-5 4-4 4-5 4-2 4-1 3-6 3-3 4-0 3-11 3-6 3-11 13-2 11-3 10-2 13-8 13-1 10-2 13-8 13-1 10-2 13-8 12-7 12-7 12-7 12-7 12-7 12-7 12-7 13-4 12-1 9-8 11-5 9-9 9-7 9-2 10-2.5 9-3 5-8 41-11 33-2.5 26-0.5 36-10 35-2.25 34-10 36-7.5

Charlie Sarver Robert Hewitt	35-11
M75 Jay Benedict	30-8.75 25-6
Joe Gozzo	24-6.5
Ray Crawford	24-3
M80 Ross Carter	24-9.5
Roland Ortmaye	23-10.5
Champion Gold M85+Pete Allen	· 22-1
W55 Connie Sarver	28.2.25
Hattie Perry	21-5
W65 MagdalenKuehr	
W75 Wilma Davenpor	1 16-11
Alline Witten	14-0.25
Viola Gower	13-4.25
W80 Ivy Brown Discus	16-1
M50 Glenn Palmer	120-1
Jim McEvoy	106-6
Larry Lloyd	83-0
M55 Stephen Cohen Floyd Harris	121-7
Floyd Harris	106-9
Joe Ramackers M60 Doug Cronin	103-2 131-9
Jim Coen	125-6
Alan Rosen	124-5
M65 Howard Waite	97-8
Carlos Martinez	96-9
Bob Simpson	96-4
M70 Arnie Gaynor Bob Hewitt	123-7
Chas Sarver	98-0
M75 Joe Gozzo	74-0
Ray Crawford	60-0
M80 Ross Carter	89-6
Roland Ortmaye	
Champion Goldy M85+Pete Allen	67-5 51-10
W55 Connie Sarver	78-1
W65 Ellen Brannigan	59-11
MagdalenaKuel	ne46-6
W75 Wilma Davenpo	
Jeanne Bishop Viola Gower	35-5 27-3
5000m Racewalk	21-3
M50 Joel Frey	41:52.55
M55 John Backlund	30:59.44
M60 Henry Curran Don Wright	33:27.23
M65 Lloyd McGuire	38:36.00 33:37.99
AlanMensonide	
Bob Stringer	
boo Sunger	39:24.34
M70 Byng Forsberg	37:48.22
M70 Byng Forsberg Ladislav Koran	37:48.22 37:48.87
M70 Byng Forsberg Ladislav Koran Roger Colev	37:48.22 37:48.87 44:00.82
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer	37:48.22 37:48.87 44:00.82 35:58.39
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBacking	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackind W55 Nancy Brinkley	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 142:16.74
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 32:12.74 41:11.29
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 32:12.74 41:11.29 43:26.67
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M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackIng W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 42:16.74 42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 41:11.29 43:26.67 41:20.92 43:26.39
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M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 42:16.74 42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 20:07.72 20:43.22 18:43.22 20:06.52
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 20:07.72 20:43.22 18:43.22 20:06.52 20:44.59
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 (20:07.72 20:43.22 18:43.22 20:06.52 20:04.59 20:14.48
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen Mike Dunn	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 20:07.72 20:43.22 18:43.22 20:06.52 20:44.59 20:14.48 24:29.83
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 32:12.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 20:07.72 20:43.22 18:43.22 20:06.52 20:44.59 20:14.48 24:29.83 25:14.58
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen Mike Dunn Richard Ekstrom M65 RichardFreeman M70 Gerry Hopkins	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 (20:07.72 20:43.22 18:43.22 18:43.22 20:06.52 20:04.59 20:14.48 24:29.83 25:14.58 32:09.19 22:10.57
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen Mike Dunn Richard Ekstrom M65 RichardFreeman M70 Gerry Hopkins Jim Hinton	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 20:07.72 20:43.22 18:43.22 18:43.22 20:06.52 20:24.59 20:14.48 24:29.83 25:14.58 32:09.19 22:10.57 25:34.47
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M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen Mike Dunn Richard Ekstrom M65 RichardFreeman M70 Gerry Hopkins Jim Hinton Ollie Harker M75 Bill Hutchinson M80 John Irwin W50 Reiko Duba Dot Dekruy! W55 Martha King Jane Collins Carolyn Martin W60 Mary Alvarez W65 Carol Duffy	37:48.22 37:48.87 44:00.82 35:58.39 35:58.39 35:58.39 36:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 41:216.74 32:12.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 20:07.72 20:43.22 18:43.22 20:06.52 20:44.59 20:14.48 20:14.48 20:14.58 32:09.19 22:10.57 25:36.06 10:18.52 38:36.15 26:23.55 28:30.15 29:90.7.52 36:59.63 21:34.01
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M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen Mike Dunn Richard Ekstrom M65 RichardFreeman M70 Gerry Hopkins Jim Hinton Ollie Harker M75 Bill Hutchinson M80 John Irwin W50 Reiko Duba Dot Dekruyl W55 Martha King Jane Collins Carolyn Martin W60 Mary Alvarez W65 Carol Duffy W75 PhyllisBenedict 10K Run M50 Bohuslav Barlow	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59.43 19:22.09 20:07.72 20:43.22 18:43.22 20:06.52 20:14.48 24:29.83 25:14.58 32:09.19 22:10.57 25:34.47 25:36.06 31:18.52 38:14.77 24:58.18 28:36.15 29:07.52 36:59.63 21:34.01 35:11.54 42:12
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen Mike Dunn Richard Jones M60 Ed Klassen Mike Dunn Richard Ekstrom M65 RichardFreeman M70 Gerry Hopkins Jim Hinton Ollie Harker M75 Bill Hutchinson M80 John Irwin W50 Reiko Duba Dot Dekruyf W55 Martha King Jane Collins Carolyn Martin W60 Mary Alvarez W65 Carol Dufty W75 PhyllisBenedict 10K Run M50 Bohuslav Barlow Glenn Jones	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 20:07.72 20:43.22 18:43.22 20:06.52 20:06.52 20:04.59 20:14.48 22:10.57 25:34.47 25:36.06 11:18.52 38:14.77 24:58.18 28:30.15 29:07.52 38:30.15 29:07.52 38:30.15 29:07.52 38:31.54 42:12 45:22
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten SK Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen Mike Dunn Richard Ekstrom M65 RichardFreeman M70 Gerry Hopkins Jim Hinton Ollie Harker M75 Bill Hutchinson M80 John Irwin W50 Reiko Duba Dot Dekruyl W55 Martha King Jane Collins Carolyn Martin W60 Mary Alvarez W65 Carol Duffy W75 PhyllisBenedict 10K Run M50 Bohuslav Barlow Glenn Jones M55 Bob McGeough	37:48.22 37:48.87 44:00.82 35:58.39 35:58.39 35:58.39 35:58.39 36:44.67 38:37.71 42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 20:07.72 20:43.22 18:43.22 20:06.52 20:44.59 20:14.48 20:14.48 20:14.58 32:09.19 22:10.57 25:34.47 25:36.06 11:18.52 18:43.27 26:36.06 18:43.27 26:43.28 26:45.29 26:45.
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen Mike Dunn Richard Ekstrom M65 RichardFreeman M70 Gerry Hopkins Jim Hinton Ollie Harker M75 Bill Hutchinson M80 John Irwin W50 Reiko Duba Dot Dekruy! W55 Martha King Jane Collins Carolyn Martin W60 Mary Alvarez W65 Carol Duffy W75 PhyllisBenedict 10K Run M50 Bohuslav Barlow Glenn Jones M55 Bob McGeough Jim Docken	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 20:07.72 20:43.22 18:43.22 20:06.52 20:44.59 20:14.48 24:29.83 25:14.58 32:09.19 22:10.57 25:34.47 25:36.06 81:18.52 88:14.77 26:23.55 28:36.15 29:07.52 38:39 30:10
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen Mike Dunn Richard Ekstrom: M65 RichardFreeman M70 Gerry Hopkins Jim Hinton Ollie Harker M75 Bill Hutchinson M80 John Irwin W50 Reiko Duba Dot Dekruyf W55 Martha King Jane Collins Carolyn Martin W60 Mary Alvarez W65 Carol Duffy W75 PhyllisBenedict 10K Run M50 Bohuslav Barlow Glenn Jones M55 Bob McGeough Jim Docken M60 Ed Klassen	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 (42:16.74 32:12.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 (20:07.72 20:43.22 18:43.22 20:06.52 20:06.52 20:06.52 20:14.48 24:29.83 25:14.58 32:09.19 22:10.57 25:34.47 25:36.06 10:18.52 18:43.21 26:59.63 21:18.52 18:43.21 26:59.63 27:59.63 28:30.15 29:75.22 28:30.15 29:75.22 28:30.15 29:75.22 28:30.15 29:75.22 20:65.23 20:65.23 20:65.23 20:65.23 20:65.23 20:7
M70 Byng Forsberg Ladislav Koran Roger Coley M75 Eugene Beimer Jorge Newbery Tom Malone M80 Egon Jonsson W50 DarleneBackInd W55 Nancy Brinkley JaniceZinniker Carol Kahn W60 MaryLouStringe W65 Flora Young Louise Martin Barbara Clark W70 Barbara Beimer Ruby Jonsson W75 VirginiaRicketts Alline Witten 5K Run M50 Gary Hall Bohuslav Barlow Chuck Woo M55 Bob McGeough Tony LaMorte Richard Jones M60 Ed Klassen Mike Dunn Richard Ekstrom M65 RichardFreeman M70 Gerry Hopkins Jim Hinton Ollie Harker M75 Bill Hutchinson M80 John Irwin W50 Reiko Duba Dot Dekruy! W55 Martha King Jane Collins Carolyn Martin W60 Mary Alvarez W65 Carol Duffy W75 PhyllisBenedict 10K Run M50 Bohuslav Barlow Glenn Jones M55 Bob McGeough Jim Docken	37:48.22 37:48.87 44:00.82 35:58.39 38:32.87 50:12.41 41:01.70 33:08.44 31:55.90 36:44.67 38:37.71 742:16.74 41:11.29 43:26.67 41:20.92 43:26.39 42:20.48 49:59:43 19:22.09 20:07.72 20:43.22 18:43.22 20:06.52 20:04.59 20:14.48 24:29.83 25:14.58 32:09.19 22:10.57 25:34.47 25:36.06 81:18.52 88:14.77 24:58.18 28:36.15 26:23.55 28:30.15 29:07.52 38:39 50:10 42:49 49:09

page 50	The state of the s	Tiutional Tite	Stero I te iro		A TOTAL CANADA STATE OF THE PARTY AND ADDRESS
Continued from previous page	M50 Billy Rees 20-5	M45 John DuCray 2:17.78	W55 Jan Condon 8-8.25	100m	M60 Paul Robillia
Andrew Bailey 49:12	M55 Jack Karbens 29	Tim Miller 2:18.13	W70 Johnnye Valien 9-8	M50 Geo Jenkins 12.51	M65 Tom Cooka W50 Udon Beidler
M65 Ron MacDonald 54:22	M60 Bob Molyneux 22-4	M50 Ronald Pate 2:29.19	Triple Jump	Ron Jordan 12.54 M55 Antonio Chavez 13.46	W55 Diane Hall
Sam Sandberg 62:27	M70 Dick Mulkern 25-8	M55 Dennis Duffy 2:26.82	M35 La Vell Davenport 46-3.5 M40 Bob Blackburn 33-10.75	Garry Cox 13.50	W60 Joan Sandison
M70 John Fry 74:28	Super Weight Throw	Rollie Cavaletto 2:34.09 M60 Cliff Cordy 2:34.49	M40 Bob Blackburn 33-10.75 M50 Angel Cachinero 37-8.75	M60 Norbert Wedepohl 13.29	W70 VirginiaBenena
Sir Orville Bingley 89:01 M75 Bill Hutchinson 63:03	M40 B DeBennedetto 19	M60 Cliff Cordy 2:34.49 M65 Robert Culling 2:50.08	Rufus Morris 37-2.5	Ray Graves 13.61	High Jump
M75 Bill Hutchinson 63:03 Ira Samuels 81:08	M50 Billy Rees 12-4	M70 Gunnar Linde 2:51.06	James Manor 31-2	M65 Bob Sobolewski 14.40 Frank Welch 14.56	M55 Larry Armstron
W70 Laila Silverberg 84:18	M55 Jack Karbens 18-5 M70 Dick Mulkern 17-6	W35 Kellie Archuletta 2:27.29	M55 Terry Rowan 30-5	Frank Welch 14.56 M70 Rodney Brown 14.48	Bob Berfeldt
100 m /s. 100 m /s 10	M70 Dick Mulkern 17-6 Pentathlon	W60 Jeanne Hoagland 3:12.58	Buster Byrnes 26-3.75	M75 Milt Silverstein 15.80	M65 Lloyd Clark
Honolulu Masters Sports Classic	M40 Kevin Kruszona 2226	W70 SOnodera Leonard 3:54.27	Shot Put M45 David Perrin 37-0	M80 Everett Penrod 20.11	Glen Edwards
Honolulu, HI; Feb. 14	M45 Vince Costello 2902	1500m M30 Bill Bushnell 4:10.09	M50 Lad Pataki 53-4.75	W50 Janet Zimmer 25.31	M70 Doug Cochran
100m	M55 Lionel Low 2336	Glen Hardin 4:27.32	M55 Tom Gage 45-5.25	W55 Kathy Jager 13.99	M75 Charls Obye
M30 Kelsey Nakanelua 10.9	M70 Bob Voege 1635	M35 Scott Robertson 4:39.90	George Mathews 40-6.75	W60 Carol Eisenbraun 15.62 W65 Barbara Meadows 17.71	M80 Birchard Buss W55 Vera Shury
M40 Bill Blair 12.4	Cilver State Indeer Meeters	Bryan Thoreson 4:56.00	Buster Byrnes 33-4.5	W70 Bernice Wagner 24.25	W60 Carol Eisenbra
M50 Bob Larson 13.7	Silver State Indoor Masters Classic	M40 Dave Cook 4:43.76	Terry Rowan 26-1.25	W75 Lucy Kosters 22.05	W65 Barbara Brand
M60 Stan Kuroda 14.3	Reno, NV; Feb. 14	Nikos Mourtos 4:49.16 Ron Cross 4:52.49	Pete Giachetti 24-2.25 Ty Nelson 23-6.25	W80 Sis Warnke 26.29	Pole Vault
M65 Hesley DeBow 13.6	60m	Ron Cross 4:52.49 M45 Julios Ratti 5:07.75	M60 John Steinman 32-3.75	200m	M50 Dan Boyle
M80 Bob Terukina 26.9	M35 Noah Levingston 7.51	M50 Perry Hayden 5:20.56	George Ball 28-7.75	M50 George Jenkins 26.12	M55 Larry Jones
W30 Pamela Larry 13.1 W70 Jan Newhart 22.7	William Long 7.55 M40 Neal McIntyre 7.28	M55 Rollie Cavaletto 5:14.56	Steven Biddinger 24-3.5	Ron Jordan 26.52 M55 Antonio Chavez 27.71	M60 Bob Bergfeldt M65 J N Grim
W70 Jan Newhart 22.7 200m	M40 Neal McIntyre 7.28 Val Barnwell 7.35	Walt Schafer 5:40.66	M65 Bob Ward 40-2	M60 Fred Kjer 27.21	W55 Kathy Jager
M40 Bill Blair 25.7	Benito Rosales 7.52	M65 Robert Culling 5:57.02	Walter Badorek 38-5	Norbert Wedepohl 27.54	Long Jump
M45 Vince Costello 25.7	Chuck Hunter 7.55	GordMcClenathen6:04.32 M70 Gunnar Linde 6:09.08	Harry Hawke 37-23.25 Jerry Wojcik 26-4.5	M65 Bob Sobolewski 30.23	M50 Warren Gillette
M50 Allen Ng 28.4	Larry Hankins 7.61	W35 Kellie Archuletta 4:50.98	M70 Vince Sempronio 38-5.5	Frank Welch 30.57	M60 Bob Bergfeldt
M55 Lionel Low 29.4	Greg Belancio 7.70	3000m	Michael Orlich 37-6.25	M70 Rodney Brown 29.82	Dave Doerrer
M60 Stan Kuroda 30.7	James Bradshaw 7.99 Gary Herrlinger 8.14	M35 Bryan Thoreson 10:24.90	M75 Edsell Floyd 25-5.5	M75 Milt Silverstein 33.22 M80 F D Tompkins 41.61	M65 Glen Edwards George McGra
M70 Robert Voege 38.9	M45 Bill Collins 7.14	Scott Robertson 10:33.95	Armando Ricciardi25-4.75	W50 Janet Zimmer 58.78	M70 Novi Milicevic
M80 Bob Terukina 57.5	Stacey Price 7.59	M40 Miguel Tibaduiza 9:47.48	M85 Leon Joslin 23-4.5	W55 Kathy Jager 30.12	M75 Charles Obye
W30 Pamela Larry 27.3	David Perrin 7.76	Dave Cook 11:44.96 M45 Don Nomura 10:51.03	W30 Debra Cooper 35-7	W60 Carol Eisenbraun 33.42	M80 Everett Penrod
W55 Mabel Hirata 36.3	Thierry Boucquey 7.91	M45 Don Nomura 10:51.03 Julios Ratti 10:53.88	Weight Throw M40 Ken Jansson 59-3.5	W75 Nona Todd 75.81	W55 Kathy Jager
W70 Jan Newhart 51.4	Steve Kloch 8.01	M50 Bill Nemir 11:20.18	M45 Buster Byrnes 30-5.5	W80 Sis Warnke 61.69	W60 Carol Eisenbra
400m M60 Stan Kuroda 1:14.7	Roger Parnell 8.13 Charles Missouri 8.55	John Diezsi 11:47,41	M50 Lad Pataki 42-11.75	M50 Paul Fairchild 79.60	W75 Nona Todd Shot Put
M70 Brooks Kakiuchi 1:41.2	Charles Missouri 8.55 M50 Ron Beadle 7.82	Perry Hayden 11:59.77	Tim Edwards 41-11.75		M50 Ian Percy
M80 Bob Terukina 2:13.7	Rufus Morris 8.23	M55 Skip Houk 10:59.11	M55 Tom Gage 48-8.25	Garry Cox 61.31	Paul Templeto
W55 Mabel Hirata 1:33.0	Walt Niemeyer 8.67	Walt Schafer 12:05.14	George Mathews 45-1	M60 Fred Kjer 64.75	M55 Duane Thomp
W70 Jan Newhart 1:57.5	M55 Courtland Gray 7.74	Roger Pechacek 14:01.38	M60 Steven Biddinger 27-4.75 M65 Bob Ward 45-6	Dave Doerrer 66.60	Jim Burke
800m	Walt Butler 8.29	M60 Herb Friedenthal 14:26.94 M65 Robert Culling 12:38.19	M65 Bob Ward 45-6 Harry Hawke 36-2.25	M65 Royd Shumway 69.41	M60 Ben McGrady
M50 Jim Morrow 2:58.9	M60 Harold Tolson 7.92	GordMcClenathen12:44.09	Jerry Wojcik 35-5.75	M70 Rodney Brown 66.14 M75 Glenn Dody 83.22	Bob Beck M65 Bob Simpson
M70 Brooks Kakiuchi 3:57.2	Kenny Dennis 7.94	W35 Kellie Archuletta 10:18.15	M70 Ken Weinbel 36-6.75	M80 F D Tompkins 1:45.44	M70 Paul O'Leary
W70 Jan Newhart 4:11.3	David Lannigan 10.04 M80 K Slaughter 14.43	W50 Janet Garner 17:19.06	Vince Sempronio 36-2	M85 Phil Lawrence 1:45.41	M75 Dale Buysse
1500m	W30 Debra Cooper 9.43	3000m	M75 Armando Ricciardi26-5.25	W50 Marge Doerrer 84.30	M80 Roy Clark
M40 Kevin Kruszona 6:52.3 M45 Vince Costello 5:35.4	W40 Michele Freeman 9.44 W55 Jan Condon 11.96	M40 Richard Zintek 21:54.81 M45 Jonathan Price 21:55.08	M85 Leon Joslin 21-4 W45 Joan Stratton 36-6	W60 Carol Eisenbraun 80.85 W70 Rose McCourt 2:38.61	Bill Decker
M50 Jim Morrow 6:27.0	W55 Jan Condon 11.96 W70 S Onodera-Leonard 11.03	M55 Pete Giachetti 19:31.20	Superweight	W75 Nona Todd 2:58.77	M85 John Mays M90 Oscar Baer
M55 Lionel Low 6:38.7	Johnnye Valien 11.09	Peter Breen 20:22.73	M50 Lad Pataki 29-10.5	W80 Sis Warnke 2:42.84	W50 Sue Alexander
M60 Geoff Howard 5:28.8	60mH	M60 David Lannigan 19:32.27 W30 Pam Brown 21:02.03	Tim Edwards 26-10.75 M55 Tom Gage 28-7.5		W55 Kathy Jager
M70 Brooks Kakiuchi 8:00.2	M35 Brian Conley 8.94	W35 Victoria Herazo 13:47.77	M55 Tom Gage 28-7.5 George Mathews 26-11.5	M50 Paul Fairchild 2:57.94 M55 Eric Owers 2:31.35	W60 M R Muehlhaus
Short Hurdles	M40 bob Blackburn 10.71 M45 David Perrin 9.27	Sonya Retzlaff 20:11.45	Buster Byrnes 15-6.5	M60 Tom Wiper 2:43.48	W65 Joan Flanagan W70 Bernice Wagne
M50 Bob Larson 20.7	Stacey Price 10.44	Lee Harris 21:16.61	M60 Steven Biddinger 15-6.25	Chris Noble 2:44.03	W75 Adele McCorm
M65 Pat Brown 25.0	M50 Fred Johnston 9.23	W40 Peggy Wolff 21:32.09	M65 Jerry Wojcik 13-5.25	M65 Royd Shumway 2:48.09	Discus
High Jump M50 M Unnikrishnan 4	M55 Courtland Gray WR8.64	W45 Elizabeth Price 21:06.15	M70 Kenneth Weinbel 26-6	Tom Cooka 2:59.11	M50 Ian Percy
M55 Lionel Low 4-6	(Pawlik/8.91/1995)	W50 MJ Baglin 18:45.59	Vince Sempronio 23-9.75 M75 ArmandoRicciardi 16-5.25	M70 Rodney Brown 2:40.11	M55 Jim Burke
M65 Pat Brown 3-8	200m	Mona Dible 22:37.73	M85 Leon Joslin 15-10.75	M75 Glenn Dody 3:18.92 M80 F D Tompkins 4:33.98	M60 Bob Bergfeldt
M70 Sheldon Varney 4	M35 Noah Levingston 24.80	W55 Chris Dillemuth 24:19.85 Sharon Pechacek DQ		W50 Gayle Bedell 3:09.66	M65 Bob Fisher M70 Wes Goodwin
M75 Ken Wheeler 3-8	M40 Benito Rosales 23.49 Val Barnwell 23.60	W65 Shirley Parlan 24:19.67	Kelfield Throws Series #68	W60 Joan Sandison 4:16.75	M75 Dale Buysse
Long Jump	Neal McIntyre 23.67	High Jump	Santa Cruz, CA; Feb. 20	W70 Rose McCourt 5:16.95	M80 Roy Clark
M40 Kevin Kruszona 15-7.25	Greg Belancio 24.50	M40 Gary Herrlinger 5-3	Shot Put M45 Gary Kelmenson 32-4	W75 Nona Todd 6:31.99	M85 John Mays
M45 Vince Costello 16-11	Chuck Hunter 24.71	M45 Ed Baskauskas 5-1	M45 Gary Kelmenson 32-4 M60 Don Hughes 16# 25-1	W80 Sis Warnke 5:57.78	W50 Sue Alexande
M50 M Unnikrishnan 12-8.25	Larry Hankins 25.29	Roger Parnell 4-11 David Perrin 4-11	Discus	M50 Phillip Anderson 5:23.16	W55 Kathy Jager
M55 Lionel Low 15-6.75	Kenneth Cook 25.35 Jeff Gallero 26.27	M50 Paul Heglar 5-1	M45 G Kelmenson 94-2	M55 Eric Owers 5:13.08	W60 M R Muehihau W65 Barbara Brand
M60 Stan Kuroda 13-1.50 M65 Pat Brown 12-11	M45 Bill Collins WR22.57	M55 Frank Condon 4-7	Hammer	M60 Paul Robillia 5:32.84	W75 Adele McCorm
M70 Bob Voege 10-2.50	(Oliver/22.77/1998)	Buster Byrnes 4-3.25	M40 Eric Hodgdon 114-1	Cliff Bedell 5:33.08	Javelin
Triple Jump	Steve Kloch 25.28	Fred Dillemuth 4-3.25	M45 G Kelmenson 127-1 M60 Don Hughes 102-0	M65 Tom Ccoka 5:58.55	M50 Ian Percy
M50 M Unnikrishnan 27-3.50	David Perrin 26.47 M50 Ron Beadle 25.93	Ty Nelson 4-3.25 Terry Rowan 4-3.25	Javelin 102-0	M70 Leon Miles 7:26.62 M80 F D Tompkins 8:59.52	M55 Charles Quare
M55 Lionel Low 31-8.50	M55 Dan Durante 26.97	M60 Jerry Sullivan 4-9	M45 G Kelmenson 88-2	W50 Udon Beidler 6:14.52	M60 Bob Bergfeldt
M70 Bob Voege 19-6	Ben Miller 28.49	John Steinman 4-7	Weight Throw	W55 Lenore Bank 8:10.61	M65 Skip Meneely M70 Doug Cochran
Shot Put	Frank Condon 29.11	M70 Vince Sempronio 4-3.25	M30 Craig Murray 40-0.5	W60 Joan Sandison 8:17.17	M75 Charles Obye
M40 B DiBenedetto 33-7	Fred Dillemuth 29.49	M75 Armando Ricciardi 3-3.75	M40 Eric Hodgdon 39-5.5 M45 G Kelmenson 41-8	W70 Rose McCourt 10:08.88	M80 Birchard Buss
M50 Billy Rees 27-5.50	M60 Harold Tolson 25.91	W30 Debra Cooper 4-5	M45 G Kelmenson 41-8 M60 Don Hughes 35# 29-2	W75 Nona Todd 11:45.92	W50 Terri Suedmey
M60 Bob Molyneux 26-11	Dave Lannigan 34.27 W40 Stephanie Vega 27.75	W55 Jan Condon 3-3	M65 Alan Anacol 14-9	W80 Sis Warnke 11:58.51	W55 Karen Bergfeld
M70 Dick Mulkern 28-10.50 M75 Ken Wheeler 24-10.50	Michele Freeman 32.06	W70 Johnnye Valien 3-1	56# Superweight	M50 Phillip Anderson11:45 37	W60 M R Muehihau W65 Barbara Brand
Discus	W70 S Onodera-Leonard40.84	Pole Vault	M30 Craig Murray 24-7	M55 Bob Giersberg 11:37.75	W75 Adele McCorm
M40 B De Benedetto 118	400m	M55 Paul Heglar 11-6 Buster Byrnes 8-8	M40 Eric Hodgdon 25-4	The state of the s	
M45 Vince Costello 81-10	M35 Bob Stark 58.54	M60 John Steinman 8-6	M45 Gary Kelmenson 25-1 M60 Don Hughes 20-8	LONG DISTAN	CE RESIL
M50 Billy Rees 87-10	M40 Greg Belancio 55.95	M65 Al Morris 8-6	the same and the same	Please send results to: Na	tional Mactore No.
M55 Don Hardaway 158-1	Nikos Mourtos 57.31	M75 Armando Ricciardi 6-0	Arizona Senior Olympics	1 % Box 50098. Eugene. OR 9	7405 To keep info
M60 Bob Molyneux 95-2	Chuck Hunter 58.15	Long Jump	Tempe; Feb. 20	L Current we denerally do no	Dublich roculto m
M65 Ed Van Pelt 153	M45 John DuCray 1:00.04 Tim Miller 1:00.30	M35 William Long 21-10.25	50m	I 3 Months old. Results the	t are tuned Imavi
M70 Dick Mulkern 121-10	Tim Miller 1:00.30 Jim Colbert 1:00.94	Lavell Davenport 19-10.25	M50 Geo Jenkins 6.70	spaces / 2'/4" wide) in our Deadline is the 10th of the n	format receive pro
M75 Ken Wheeler 82	M50 Alan Levine 1:01.87	Edward Marchand17-1.25 M40 Bob Blackburn 19-4.25	M55 Larry Armstrong 7.40 M60 Fred Kjer 7.34	- Judine 15 the Total of the h	ionin prior to issue
Javelin M40 Kevin Knystone 136.6	Ronald Pate 1:10.90	Fred Pearson 18-4.75	M65 Frank Welch 7.81	NATIONAL	lim Coming
M40 Kevin Kruszona 136-6 M45 Vince Costello 128-11	M55 Dennis Duffy 57.91	Jeff Gallero 16-9.5	M70 Andy Anderson 7.94		Jim Garcia Bill Lawrence
M50 Tom Reppuhn 83-1	Dan Durante 1:02.98	Gary Herrlinger 16-7.25	M75 Milt Silverstein 8.55	USATF National Masters 6K/4K	
M55 Jack Karbens 104-8	Ben Miller 1:03.85 W40 Stephanie Vega 1:02.42	M45 David Perrin 17-3.75	M80 Doug Wilson 10.11	Cross-Country Championships	Emil Magallar Bruce Cyra
M60 Bob Molyneux 58	W40 Stephanie Vega 1:02.42 W60 Jeanne Hoagland 1:22.01	M50 Angel Cachinero 18-11.5 Rufus Morris 17-2.75	W50 Janet Zimmer 12.66 W55 Kathy Jager 7.70	Tacoma, WA; Feb. 13	Kevin McGov
M70 Bob Voege 55-7	W70S Onodera-Leonard96:52	James Manor 16-4.75	W60 Carol Eisenbraun 8.36	6K	Page Bodine
M75 Ken Wheeler 59	800m	Ty Nelson 12-6	W65 Barbara Meadows 9.43	M40 Rudy Munoz 18:33	M45 Geary Daniels
Weight Thron	M30 Matt Bogdanowicz2:01.48	M55 Terry Rowan 14-5.25	W70 Bernice Wagner 12.54	Armando Siqueiros 18:38	Mark Billet

2:14.83

2:12.40

M35 Bob Stark

M40 Nikos Mourtos

Weight Throw

M40 B DeBennedetto 32-4

M55 Terry Rowan M60 John Steinman

M75 Armando Ricciardi 9-7.75

14-5.25 10-1.25

M65 Tom Cooka W50 Udon Beidler 13:31.18 13:42.22 W55 Diane Hall 17:10.52 W60 Joan Sandison 15:35.18 W70 VirginiaBenenati18:52.48 High Jump M55 Larry Armstrong M60 Arnie Brandt 4-8 4-8 Bob Berfeldt M65 Lloyd Clark 4-6 Glen Edwards 3-6 M70 Doug Cochran M75 Charls Obye 4-2 M80 Birchard Buss 3-10 W55 Vera Shury W60 Carol Eisenbraun W65 Barbara Brandt 3-6 Pole Vault 9-6 M50 Dan Boyle M55 Larry Jones 9-0 M60 Bob Bergfeldt M65 J N Grim 9-6 8-6 W55 Kathy Jager Long Jump M50 Warren Gillette 16-0 M60 Bob Bergfeldt Dave Doerrer 15-8.25 15-6.5 M65 Glen Edwards George McGrady M70 Novi Milicevic 12-8.5 13-5.5 13-0 8-6.5 M75 Charles Obye M80 Everett Penrod W55 Kathy Jager 13-0. W60 Carol Eisenbraun 11-7 W75 Nona Todd 3-0 Shot Put M50 Ian Percy Paul Templeton 11 16 10.88 M55 Duane Thompson 11.29 Jim Burke 10.82 12.49 11.95 M60 Ben McGrady Bob Beck M65 Bob Simpson 10.75 M70 Paul O'Leary M75 Dale Buysse 12.28 10.05 M80 Roy Clark Bill Decker 6.95 6.85 M85 John Mays M90 Oscar Baer 6.72 4.17 W50 Sue Alexander 7.97 W55 Kathy Jager 8.35 W60 M R Muehlhauser W65 Joan Flanagan 6.01 4.54 W70 Bernice Wagner 5.58 W75 Adele McCormick 5.66 Discus M50 Ian Percy M55 Jim Burke 44.23 36.86 M60 Bob Bergfeldt 42.13 33.28 34.27 M65 Bob Fisher M70 Wes Goodwin M75 Dale Buysse 30.05 M80 Roy Clark 22.59 M85 John Mays 16.80 W50 Sue Alexander W55 Kathy Jager W60 M R Muehlhauser W65 Barbara Brandt 18.70 18.00 14.64 19.73 W75 Adele McCormick 16.79 Javelin M50 Ian Percy 44.87 M55 Charles Quarelli 38.46 M60 Bob Bergfeldt M65 Skip Meneely 42.27 34.93 M70 Doug Cochran M75 Charles Obye M80 Birchard Buss 28.25 28.88 17.05 W50 Terri Suedmeyer W55 Karen Bergfeldt 17.35 W60 M R Muehlhauser 14.75 W65 Barbara Brandt W75 Adele McCormick 24.55 20.45

CE RESULTS
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6K		
M40	Rudy Munoz	18:33
	Armando Siqueiros	18:38
	Andrew Crook	18.56
	Mark Winder	19:06

12.54 11.45

W75 Lucy Kosters

W80 Sis Warnke

	Jim Garcia	19:08
	Bill Lawrence	19:14
	Emil Magallanes	19:23
	Bruce Cyra	19:33
	Kevin McGovern	19:34
54	Page Bodine	19.36
145	Geary Daniels	19:04
	Mark Billet	19:11
	Erkki Ojala	19:25
	Continued on i	next page

	ed from previou	us page	Linda
	Michael Allison Louie VanDuze	19:41	Barba
	Carl Mohr	21:02	15.59
	M Lawrence CA Philip Welch	AN 21:04 21.10	
	Steve Denton	21:22	We
M50	Greg Swanson Herman Atkins	21:28 19:10	Raci
NESO	Richard O'Brie	n 19:46	Misti M40
	Jim McGill Art Coolidge	20:14 20:27	4,64
	Dave Dooley	20:39	
	Michael Carnah Iain Fisher CAN		M45
	John Johnson C John Hahn	AN 21:18 21:37	1450
M55	Herb Phillips C.		M50
	Gale Pfueller Mike Donoghue	22:16	M55
	Michael Heffen	nan 22:54	126
	Ron Taylor Tim Joslin	23:33 24:26	M60
	John Elder	57:00	M704
M60	Jimmy Smith Dan McCormac	32:39 k 22:20	W40
- INDE	S Odwin CAN	23:06	**40
	David Pitkethly Larry Wright	24:31 25:34	W45
	Derek Mahaffe	y 25:55 25:59	
	Roy Veal Ken Ogden	27:05	W50
M65	Mel Preedy Field Ryan	25:48 35:30	W55
M85	Jule Crabtree	47:56	W60
4K W40	Kimball Bende	r 13:41	
W-0	Regina Joyce	13:57	W70 -5K-
	Sue Grigsby Deann Doughe	15:00 rty 15:11	Over
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W45	Bonni Walker (Mary Meek	N15:28	M40 M45
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W50	Mona Petrou	16:27 19:48	M60
W55	Judith Fisher Ricki Vadset	17:32 17:55	M704 W40
W60	D Palmason CA	N 17:16	W45 W50
	Christine Curtis Sue Stipe	18:16 19:07	W55 W60
	Jane Dods	20:03	W70
W65	Suzi MacLeod Peggy Ainslie	20:05 20:06	
W70	Dawn Russell	27:47	Cen
Team M40	Central Mass S	triders	Over. Aloui
	els/McGovern/ /Garcia/Ovian)	1:37:44	Kim (
- Taylord	Club Northwest		M30 M40
	t/Cyra/Allison/ euve/Moulton)	1:38:10	
	Boulder Road R	unners	M45
	(Crook/Lawrence Bodine/Dooley)		
M50	Snohomish TC		M50
	s/McGill/Hahn/ VPfueller)	1:45:28	M55
	Snohomish TC hly/Wright/ Pres	4.4	M60
	Eastside Runner		M65
(Jornli	n/Koren/Main)	50:41	M70
	Snohomish TC /Vadset/Petrou)	54:10	BEAL
W60	Snohomish TC		M75-
1	Stipe/Ainslie) NM 12K Champ	57:29	W40
Outbac	k Distance Cla	ssic/Indv	
Life Circ Masters	cuit, Orlando, F	L; Feb. 20	W45
John Tur Craig Yo		36:12 37:23	W50
Chris Fo		38:08 39:15	W55
Gary Ro	messer 48	39:20	W60
Dick But Ed Shee	ehan 41	39:30 39:44	W65 W70
Walter C	conrad 41 coper 40	40:29 41:16	Finis
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Sherri H	herty 40 all-Curl 47	45:03 46:43	Mara G
Victoria	etherston 44 Crisp 46	46:49 47:03	Over
Sara Fly	nn-Kramer 40 laway 54	47:22 48:33	Mich Lisa
		13	

nda Frisby 51	50:47	MS
arbara Spannaus 51 loria Jansen 51	54:12 55:33	M4
EAST		
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Brian's Run 10k West Chester, PA; D		
Overall Rachid Razguaoui 28	30:05	Me
Vlisti Demko 31	34:39	M7
W40 Brendan Hilliard Rick Pingitore	32:59 35:01	W.
Lee Kauffman	35:09	15
Ross Dowland M45 Dave Anderson	35:15 35:51	W
George Jacques	36:11	F
David James 450 W H Young Jr	36:53 39:37	(3-
Peter Hunt	41:11	Qp Cu
Ivan Avendano M55 Frank Hopper	40:32	Bli
Rick Santillo	43:58	M4 WF
Gabe Pilotti 160 Bill McClennan 63	47:00 45:54	(Bo
James Sherman 61	46:00	Tn gu
70+Oliver Williams 73 Paul Wissler	55:24 57:39	Lin
V40 Jan Wanklyn	37:55	(Da
Mimi Newcomer Anne Gaffney	41:43 45:57	Ge
V45 Beth Howlett	42:39	(Ri
Debra Daniel Fran Fleegler	48:15_ 49:20	W
V50 Joy Hampton	44:46	Ag (F
Sharon Lachall V55 Mary McCoy	47:26 53:15	M
Susan Parkinson	57:16	. 9
V60 Andea Gerstadt 63 Jane Kellogg 60	52:02 54:22	-
W70+Mary McCormick7		E
-5K- Overall		*
like Ruggio 36	17:27	1
Mary Beth Bittles 36 M40 Bill Plough	19:44 18:46	1/4
145 Richard Jacovini	19:37	M40
M50 Jeff Branin M55 Jim Moore	20:41 20:50	100
160 Phil Steel Jr 64	22:29	1
170+Rick Galinta 70 V40 Sandra Retzlaff	25:52 23:29	2
V45 Joan Stenger	26:42	178
V50 Jeanne Jarmoska V55 Barbara Steidler	25:45 37:58	
V60 Gerri Moore 61	32:44	M4
V70+Becky Yencharis7 Ruth Muirhead 84	941:30 65:17	
NYRRC Northwind		30
Central Park, NYC; Ja	an. 17	1
<u>lverall</u> loui Fouzi 26	30:51	
im Griffin 37	35:38	M50
130 Kevin McOwen 30 140 James Kempton	31:52	
Don DiDonato	32:33 34:22	18
Phil Richey 445 Jack McShane	35:25	
Rick Boyle	38:03 38:40	M
Peter Petre M50 Julio Aguirre	37:59	M55
Nick Graziano	40:21 39:37	6
M55 Jack Brennan John Samsel	40:56	10
M60 Alfred Finger	41:56 45:08	
Joe Roche M65 Frank Dudley	48:10	M60
Fletcher Hodges	48:19 44:34	- 7
M70 Bill Fortune Jack Haar	64:32	1
175+Sab Koide 75	55:34	
George Dennis 75 Wilfredo Rios 82	63:07 70:17	M65
V40 Kari Proffitt	38:41	1
Anastasia Stekas V45 Sandra Powers	42:18 43:18	
BrendaSeidner Rell	y45:26	M70
V50 Irene Jackson MelanieBenvenue	45:18 48:25	1
V55 Patty Parmalee	47:49	W4

			Nation	al M
Linda Frisby 51	50:47	M30		8:06
Barbara Spannaus 51	54:12	MAC	Mark Rosasco 39 3:0 Wojdech Joskowski412:5	
Gloria Jansen 51	55:33		David Luljak 43 2:5	8:49
EAST		M50	Vincent Touey 40 3:0 Budd Bettler 55 3:1	5:50 7:31
Brian's Run 10k	-		Ronnie Wong 52 3:1	8:46
West Chester, PA; D Overall	ec. 6	Med	Don Marvel 56 3:3 Stuart Thurston623:5	1:50
Rachid Razguaoui 28	30:05		QuanHyNguen65 4:0	2:51
Misti Demko 31 M40 Brendan Hilliard	34:39 32:59)+CharlesStalzer714:3) Ruth Ann Buch 453:4	
Rick Pingitore	35:01		Pat Brennan 40 3:5	9:01
Lee Kauffman Ross Dowland	35:09 35:15			2:58
M45 Dave Anderson	35:51	W50	Della McIntyre 50 4:1 CarolynGemand505:1	
George Jacques David James	36:11 36:53	Calcan Co.	elay	
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James Sherman 61	46:00 [′] 55:24		st 1:52:46/Roberto Rod z 2:54:40}-	ın-
M70+Oliver Williams 73 Paul Wissler	57:39			0:22
W40 Jan Wanklyn	37:55		yl Knuth 1:05:12/Bryar g 1:55:16/RayCobb 3:0	
Mimi Newcomer Anne Gaffney	41:43 45:57	Gee	zers 3:1	4:53
W45 Beth Howlett	42:39		h Morgan 1:03.08/Keitt b/Tim Morgan 3;14:53)	
Debra Daniel Fran Fleegler	48:15_ 49:20	W4	0 +	
W50 Joy Hampton	44:46		d To Perfection 3:2 na Branton 1:09:55/De	21:14 ebbie
Sharon Lachall W55 Mary McCoy	47:26 53:15		rgraff 2:09:59/Sylvia T	
Susan Parkinson	57:16	glic	one 3:21:14)	200
W60 Andea Gerstadt 63 Jane Kellogg 60	52:02 54:22	-	SOUTHEAST	
W70+Mary McCormick7		€ Ed	ison Festival of Ligh	t 5K
-5K-			Fort Myers, FL; Feb.	
Overall Mike Ruggio 36	17:27	1	Overall Michael Williams 27	
Mary Beth Bittles 36	19:44	125		14:20 16:07
M40 Bill Plough M45 Richard Jacovini	18:46 19:37	M40		14:23 15:53
M50 Jeff Branin	20:41	180	Roberto Castillo	16:04
M55 Jim Moore M60 Phil Steel Jr 64	20:50	10		17:13 17:29
M70+Rick Galinta 70	25:52	2	Scott Roth	17:49 17:50
W40 Sandra Retzlaff W45 Joan Stenger	23:29 26:42	1	Ed Hess	18:30
W50 Jeanne Jarmoska	25:45			18:32 18:33
W55 Barbara Steidler W60 Gerri Moore 61	37:58 32:44	M45	Charlie Galloway	17:18
W70+Becky Yencharis7	941:30	1	Robert Dozoretz Arthur Paterson	18:04 18:36
Ruth Muirhead 84	65:17	1000	Jim Tucker David Bray	18:46 19:02
NYRRC Northwind Central Park, NYC; Ja		20	Roger Twigg	19:04
Overall		1	Mike Pemberton Jim Werring	19:07 19:13
Aloui Fouzi 26 Kim Griffin 37	30:51 35:38	M50	James Spencer	19:30
M30 Kevin McOwen 30	31:01	MSU	Dan Healy David Young	17:25 18:52
M40 James Kempton Don DiDonato	31:52 32:33	5.5	Jay Foy Robert Tillman	19:34 19:53
Phil Richey	34:22	THE	Jon Brunner	20:30
M45 Jack McShane. Rick Boyle	35:25 38:03		Alan Byerly Ronald Farguhar	21:22 21:44
Peter Petre	38:40		Sven Jutz	21:47 18:28
M50 Julio Aguirre	37:59 40:21	M55	Ernie Dumas Bill Springer	18:31
Nick Graziano M55 Jack Brennan	39:37		James Derham Lou Alaksin	19:55 20:31
John Samsel	40:56		Kelvin Palmer	20:54
M60 Alfred Finger Joe Roche	41:56 45:08		Jim Robinson Lou Wagner	20:56 21:15
M65 Frank Dudley	48:10	M60	Larry Miller	19:37 20:17
Fletcher Hodges M70 Bill Fortune	48:19 44:34	7	Jack Lehman Jim Wirkes	22:06
Jack Haar	64:32	1	Jon Peterson Thomas Hinton	22:16 22:24
M75+Sab Koide 75 George Dennis 75	55:34 63:07		Phil Archer	22:27
Wilfredo Rios 82	70:17	M65	Don Brennan Jerry Magoffin	22:03 22:48
W40 Kari Proffitt Anastasia Stekas	38:41 42:18	100	Amaldo Borri	22:56 23:29
W45 Sandra Powers	43:18		Martin Senior Perry Silverman	23:47
BrendaSeidner Rell W50 Irene Jackson	y45:26 45:18	M704	Myron Meyer 71 John Mitchell 71	22:32 24:48
MelanieBenvenue	48:25		Jack Haar 71	25:17
W55 Patty Parmalee	47:49 48:23	W40	Bud Aronson 74 Tatyana Pozdnyakova	26:18 16:19
JanellPaganelli W60 Carol Tyler	48:50		Mary Rine Cynthia Raes-Barnard	19:28
W65 Toshiko d'Elia	50:01		Virginia Craig	21:49
W70+Althea Jureidini 80 Finishers: 911m/606w			Susan Kosko Celeste Owens	22:16 22:49
Weather: 43deg/clear &	sunny		Luann Conley	22:51
Washington's Birth	day	W45	Brenda Krill Deb Wagner	22:53 18:00
Marathon & Marathon	Relay		Karen Miles Betty Wolf	19:13 20:39
Greenbelt, MD; Feb	. 24		Loretta Purish	21:15
	2:44:30		Susan Doig Josie Costero	22:21 22:50
Lisa Bandiera 30	3:09:30	ı	Aisha Keno	24:34

M	astei	rs News		
	W50	Peggy Martin C.J. Quiggle	22:02 23:45	
		C.J. Quiggie Candace Yelton	24:39	м
	- 1	Vicki Culver Emily Goldsmith	24:40 25:22	"
		Susan Fuller	25:27 25:28	M
	W55	Jan Parke Sue Weast	26:12	1
	* 1	Bobbie Seiler Beverly LePage	26:56 27:49	M
3		Doreen Milbrandt	27:56 26:01	M
	W604	Doris Aronson 66 Ellen Sheppard 65	27:21	M
	72	Marilyn Zook 61 Vae Converse 62	28:50 30:09	M
		olonial Half-Marath		400
4		lliamsburg, VA; Feb	. 21	W
		sioros 29	1:08:02	W
4	Nancy M40		1:26:20 1:15:37	W
			1:17:58 1:22:41	W
	31	Fesshaye Haile	1:22:54	
		Brad Fitzgerald	1:23:17 1:24:08	O
	-17-4		1:24:14 1:24:51	Sir
	14		1:26:17	M
2)	M45	Ed Ryan	1:23:29	1
			1:25:50 1:29:18	100
	ATT .	Chip Bixler Bob Welby	1:29:50 1:30:51	
	200	William Price	1:32:59	M
-		Robert Lauricella	1:33:48 1:33:58	3
9	1	Philip Gibrall	1:34:16 1:34:31	100
ė,	M50	Reuben Beauchamp Bill Hart	1:20:12 1:20:59	M
			1:23:22	
e.		Larry Colev	1:26:42	M
)		Emmons Welch	1:30:21	4.
3	M55		1:31:08 1:28:47	
3		Skip Mullaney Joel Lee Hicks	1:31:36 1:34:20	M
3	4	Chuck Raper, Jr.	1:34:37	
9		Patrick Mooney William Moore	1:38:12 1:42:06	М
0	3.77	Hoppy Hopkins Glenn Collins	1:44:07 1:44:28	М
2	M60+	Mel Williams 61 John Essery 62	1:25:53	
8 4		Donald Robinson 62 Richard Williams 63	1:44:34 1:45:28	М
6	D	Chris Catoe 64	1:46:08	w
2	н	chard Lamermayer 70 Joseph Polinski 60	1:49:54 1:51:11	
7	W40	E.B. Lloyd 76 Sheri Segal	2:27:55 1:29:25	w
3		Jodi Daddio Michelle Lybarger	1:36:45 1:37:58	1
5		Susan Sheppard	1:42:48	W
4		Vinnie Vanlandingham Rona Altschuler	1:44:25 1:45:34	14
3	ALC:	Leslie Bartoshesky Marion Dilegge	1:46:24 1:48:24	W
22		Pam Whitley	1:50:15 1:52:58	W
7	W45	Teresa Timmerman Barbara Mathewson	1:34:53	W
31	14	Connie Lewis Marliyn Carmody	1:35:15 1:46:24	
55 31	C	christie Warnsley-Morris Anne Findley	1:50:18	W
6	70	Linda Jolley Donna Claytor	1:52:36 1:54:20	
15 37	P. T	Mimi Fackler	1:54:48	O ₁
17	3	Gretchen Schlag B.J. Samuel	1:55:16 1:56:24	Lic
16	W50	Jeanne Kruger Lynn Jamieson	1:36:25 1:47:38	M
24 27		Sally Carter	1:48:16	
13		Andrea Hess Melissa McLeod	1:55:00 1:55:30	
56	in	Hilary West Betsy O'Neill	1:58:05 2:00:37	
17	W55	Frances Sherertz Sharon Giese	2:00:42 1:40:12	
32 48	WSS	Joan Coven	1:52:50	M
17	-	Marge Baldwin Margaret Broaddus	2:06:37 2:11:25	
19		Barbara O'Brien C.J. Bustamante	2:18:59 2:20:05	
27		Marilyn Casey Olga Thompsen	2:28:39 2:33:23	
19 16	W60+	Bobbi Tucker 60	2:15:13	M
49 51		SOUTHWES	T^{*}	IVI
53		C Chili Day For A R		
13	Ok	lahoma City, OK; Ja		
15	Ove Rog		17:35	M
50	Bart	ara Luciano 48	19:45 17:59	
,4	17140	oman noper		

5	Nick Graham 18:47
9	David Piscitello 18:50
)	M45 Don Burnett 18:03 Mike Allen 18:34
2	Layne Hamilton 19:54
3	M50 Ron Kuykendall 19:34
2	Butch Eichholz 19:42
5	M55 Jim Tabor 20:27
5	Chuck Butler 21:36 M60 Curt Ransom 20:44
i	M65 Wendell Hebrink 30:02
1	M70 Jack Rector 26:18
9	M75+Fisher Lewis 78 31:21
-	W40 Betty Sadler 22:56
	Rita Flagler 24:52 W45 B Luciano 19:45
	Joanne Jackson 23:22
	W50 Irene Stockard 23:37
ı	W55 Betty Bell 31:10
ı	W60Kathy Moffitt 26:54 W75+Betty Windsor 78 42:50
1	
1	Conoco 10K Rodeo Run
1	Houston, TX; Feb. 13 Overall
1	Simon Peter 31 31:15
١	Patty Valadka 41 35:58
	M40 William Martin 33:34
1	Bernie Weber 34:11
	Jesse Sturgeon 34:44 Kim Wrinkle 35:40
ı	Agustin Leos 35:55
۱	Bill Butzner 36:38
1	M45 Jim Darcy 37:29
	John Barnes 37:50
	Darrell Sterns 37:50
	Luciano Bacilleri 37:54 John Hawronsky 37:57
	M50 Michael Chicka 37:44
	Frank Shorter 37:55
-	Henry Galpin 38:33
	Jack Lippincott 39:19 M55 Ken Hodges 40:28
1	Allan Conley 40:28
, 1	Roger Hunt 42:30
!	Ignacio Ybarra 42:33
3	M60 Beyene Abraha 43:41 Fred Wright 46:08
1	Carl Olson 47:24
١,	M65 Orville Kremmer 44:26
	Dick Trask 46:06
3	Anthony Castagna 49:29 M70 Tony Lopez 52:09
i	M70 Tony Lopez 52:09 Ed Millin 52:59
5	Walter Hesson 53:19
1	M75+Louis Ciaccio 73:44
١	Earl Beard 76:59 W40 P Valadka 35:58
ч	Barbara Rowe 43:06
ı	
	Susan Rouse 44:01
	W45 Alice Keelin 46:01
5	W45 Alice Keelin 46:01 Janet Nichols 46:06
5	W45 Alice Keelin 46:01 Janet Nichols 46:06 Barbara Ehrlich 46:37
	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe 46:01 46:06 46:37 43:35 43:35
5 5 4	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau 46:01 46:01 46:07 46:3
5 5 5 5	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55-Ann Erickson 46:01 46:01 46:07 46:37 46:37 46:37 46:37 46:37 46:37 46:37 46:37
5 5 4 4 4 4 5	W45 Alice Keelin Janet Nichols Barbara Ehdich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer 46:01 46:01 46:07 48:37 48:33 48:53 48:53
5 4 4 4 5 8	W45 Alice Keelin Janet Nichols Barbara Ehdich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun 46:01 46:01 46:07 48:37 48:33 48:53 48:53 49:37 49:37 60:57
5 5 4 4 4 4	W45 Alice Keelin Janet Nichols Barbara Ehdich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun W65 Bernice Hellman 46:01 46:01 46:07 48:37 43:35 48:53 43:37 49:37 49:37 60:57
5 5 5 4 4 4 4 5 5 8 5 4	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun W65 Bernice Hellman RoseMarie James 46:01 46:06 48:32 48:32 48:53 43:37 49:37 60:57
5 5 5 5 5 4 4 4 5 5 8 5 5 4 5	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard W6:01 A6:01 A6:07 W6:37 W3:35 W3:37 W3:37 W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard W72:26
5 5 5 5 4 4 4 5 5 8 5 5 8 5 5	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Austin Marathon 46:01 46:01 46:32 48:32 48:53 48:53 48:53 78:57 49:37 40:57 57:40 59:24 72:26
5 5 5 5 4 4 4 5 5 8 5 5 6 5 6 5 6 6 6 6 6 6 6 6 6 6 6	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard W6:016 A6:01 A6:06 A6:37 A3:35 A3:37 A3
5 5 5 4 4 4 4 5 5 5 5 5 5 5 5 5 5 5 5 5	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55-Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Peter Fleming 38 P6:06 Phylis Hellman Austin, TX; Feb. 14 Overall Peter Fleming 38 P6:06 P6:07 P6:07 P6:07 P6:07 P7:07 P6:07 P6:07 P6:07 P6:07 P7:07 P7:0
5 5 5 4 4 4 4 5 5 8 5 5 6 8 5 6 1	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Peter Fleming 38 Pick 60.60 Ptylick Feb. 14 Overall Peter Fleming 38 Pick 60.60 Ptylick Feb. 14 Peter Fleming 38 Pick 60.60 Ptylick Feb. 14 P
5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Austin Marathon Austin, TX; Feb. 14 Overall Peter Fleming 38 Lidia Grigoryeva 25 M40 Andrzej Witczak 46:01 46:37 46:37 46:37 46:37 46:37 46:37 46:37 46:37 46:37 46:37 46:37 46:37 46:37 46:37 48:32 48:32 48:32 49:37
5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Peter Fleming 38 Lidia Grigoryeva 25 M40 Andrzej Witczak Fillemon Lopez Jenes 46:01 46:37 43:35 46:33 48:32 48:32 49:37 40:57 40:57 40:57 40:57 40:57 40:47 40:
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5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Peter Fleming 38 Lidia Grigoryeva 25 Juan Hernandez Jun Hernandez Jery Wille 46:01 46:07 49:3
5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Peter Fleming 38 Lidia Grigoryeva 25 Juan Hernandez Juan Hernandez Jerry Wille Lidia Grigoryeva 25 Joe Melanson Jerry Wille Lidia Grigoryeva 25 Joe Melanson Jerry Wille Lidia Grigoryeva 25
5 5 5 5 5 5 5 5 5 6 6 7 7	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Peter Fleming 38 Lidia Grigoryeva 25 Juan Hernandez Jery Wille Juan Palacios Sarbich 46:01 46:07 48:32 48:32 48:33 48:33 49:37 49
5 5 5 5 5 5 5 5 5 6 6 7 7	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Peter Fleming 38 Lidia Grigoryeva 25 Joe Melanson Jerry Wille Juan Palacios M45:06 A6:07 48:32 48:32 48:33 48:32 78:37 49:3
5 5 5 5 5 5 5 5 5 6 6 7 7	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie Jarmes W70+Lovie Beard Peter Fleming 38 Lidia Grigoryeva 25 Joe Melanson Jerry Wille Tony Estes Sammy Rotich Juan Palacios M45 16:06 A6:07 48:32 48:32 48:32 78:37 49:37
5 5 5 5 5 5 5 5 5 5 6 7 7 7 7 7 7 7 7 7	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Austin Marathon Austin, TX; Feb. 14 Overall Peter Fleming 38 Lidia Grigoryeva 25 Joe Melanson Jerry Wille Juan Palacios M45 John Bednarski Ken Koestner Mike Krakower W602 A6:06 W632 W55 Ann Erickson 43:37 43
5 5 5 5 5 5 5 5 5 5 5 6 7 7 7 7 7 7 7 7	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Austin Marathon Austin, TX; Feb. 14 Overall Peter Fleming 38 Lidia Grigoryeva 25 Joe Melanson Jerry Wille Tony Estes Joe Melanson Jerry Wille Juan Palacios M45 John Bednarski Ken Koestner Miguel Lopez M6:01 46:01 46:03 48:32 48:32 48:32 49:37 49:37 49:37 46:05 49:37 49:37 49:37 49:37 46:06 49:37
5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Peter Fleming 38 Lidia Grigoryeva 25 Joe Melanson Jerry Wille Juan Palacios M45 John Bednarski Ken Koestner Miguel Lopez Jose Lopez Jose Lopez Jose Lopez Joe Melanson Lopez Jose Lopez Jose Lopez Jose Lopez Jose Lopez Jose Lopez Jose Meinson Loft Strake Jerovic Meinson Jerry Wille Juan Palacios M45 John Bednarski Ken Koestner Miguel Lopez Jose Lopez Jose Lopez Jose Lopez Jose Liebhauser Loft Strake Jerovic Meinson Jerry Wille Juan Palacios M45 John Bednarski Lidia Grigoryeva 25 Jose Lopez Jose Lopez Jose Lopez Jose Lopez Jose Lopez Jerovic Meinson Jerry Wille Juan Palacios Jervy Wille Jervy
5 5 5 5 5 5 5 5 5 5 6 7 7 7 7 7 7 7 7 7	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Peter Fleming 38 Lidia Grigoryeva 25 Joe Melanson Jerry Wille Tony Estes Sammy Rotich Juan Palacios M45 John Bednarski Ken Koestner Miguel Lopez Jose Lopez Henry Wolfe W53:35 H6:05 H6:07 H7:06 H6:07 H6
56555555555555555555555555555555555555	W45 Alice Keelin Janet Nichols Barbara Ehrlich W50 Nancy Prejean Kim Coe Susan Waldau W55 Ann Erickson Nancy Crane W60 Mona Keffer Phyllis Braun RoseMarie James W70+Lovie Beard Peter Fleming 38 Lidia Grigoryeva 25 Joe Melanson Jerry Wille Juan Palacios Sammy Rotich Juan Palacios SM45 John Bednarski Koestner Miguel Lopez Jose Lopez Bob Liebhauser H6:06 H6:37
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P	uge ex
M60 Carlos Sauceda	3:28:42
AlbertoRamirez	3:30:33
Don Winkley	3:31:22
M65 Bob Fletcher	3:38:43
RodgerGoodwin	3:45:52
Bill Duer	3:52:29
M70+Bill Bounds 70	4:40:09
FrankRodriguz73	5:09:39
W40 MaryBurnsPrine	2:51:56
DWindsndDasman	2:56:08
Joyce Deason	3:00:54
Jenni Peters	3:01:58
JulieAnderson	3:08:38
W45 IrinaBondarchuk	2:47:30
Candy Linnell	3:35:23
JenineEbersohl	3:41:49
Jan Cooke	3:42:55
Jan Lebourgeois	3:46:17
W50 MaryMettenbrink	3:56:28
Lucia Davidson	3:57:23
Kristy Williams	4:02:00
	3:46:45
Lynny Caruso	3:49:42
Pam Willmon	4:41:48
W60+Kay Duplichan6	24:30:50
WEST	
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Los Angeles China	
Firecracker 10	
Los Angeles, CA; I	Feb. 7

Los Angeles, CA; Fe	U
Overall	
Rigoberto Vega 43	34:33
Tina Escobar 38	40:32
M40 R Vega 43	34:33
Nam Ngo.	37:47
Phil Wright	39:07
	39:31
M45 Ed Avol 2nd overall :	35:40
David Looks	36:22
Scott Rosenlieb	38:43
	44:46
M50 Michael Payne	43:14
	44:24
	46:24
Louie Vega	46:27
M55 Chuck Greninger	47:13
Marshall Pura	49:06
Skip Korsgaard	53:10
Adam Brockie	55:44
M60 Amold Orgolin	45:38
Richard Belliveau	49:28
Tom Pontac	51:35
Ron Tucker	53:32
M65 Robert Lyons	46:07
John Sadlowskos	50:31
Norman Miller	55:06
Takematsu Hotema	64:38
M70+Milo Sather 71	53:36
Julian Myers 80	70:28
Robert Romanin 71	83:12
W40 Catharine Molina	47:06
Diane Hattori	49:58
Susan Slater	53:00
W45 Leslie King.	47:01
C Lopez	49:58
	53:49
	54:39
	56:02
	56:40
W55 Kei Zehr	47:59
	58:40
Connie Yuen	59:03
	69:46
	77:09
	56:44
W70+Mildred Jantzen 76	84:35

NORTHWEST

Resolution Run 5 Mile

Tacoma, WA; Jan.	.1
Overall	
Mark Van Eycke	25:39
Linda Huyck	30:34
M40 Andy Lyle	28:18
Dan Donahue	30:03
M45 Terry Parks	30:00
Neil Gelblum	30:25
M50 Steven Campagna	30:49
Ken Orthund	31:46
M55 Ron Taylor	32:28
Brian Fitzpatrick	33:04
M60 Larry Wright	35:19
Clyde Sparks	38:50
M65 Mel Preedy	36:43
Lary Webster	38:42
M80+Jule Crabtree 84	59:45
W40 Candy Klein	39:24
Sue Padden	39:43
W45 Bobby Busch	35:32
W50 Pat Smith	43:33
W55 Nadine Rushfeldt	45:35
W60 Sue Stipe	39:29

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1. Williams, M., J. Ivy and P. Raven. Effects of recovery drinks alter prolonged glycogen-depletion exercise. Presented at the Mid-Atlantic meeting of the American College of Sports Medicine, October 1998. 2. Ready, S.L., J. Seiferi, E. Burke. Effect of two sport drinks on muscle tissue stress and performance. Submitted to the American College of Sports Medicine annual meeting. Endurox and Endurox Rt are trademarks of PacificHealth Laboratories, Inc., Woodbridge, NJ 07095. 1999 PacificHealth Laboratories, Inc., Woodbridge, NJ 07095.