The official world and 0.5. publication for masters track & field, long distance running and race walking

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# 300 Participants Set 33 World Indoor Records in Bozeman

by JERRY WOJCIK

The USA Track & Field National Masters Indoor Championships were held in Bozeman, Mont., the first venture for the event to the Northwest, on March 19-21. Over 300 men and women entrants ages 30-and-over mingled with the hundreds of weekend skiers, who were in the area for a late fling on the surrounding mountains.

While the skiers were swooshing down the slopes, runners were whizzing around the 200m oval at Brick Breeden Fieldhouse on the Montana State University campus, the site of this year's championships.

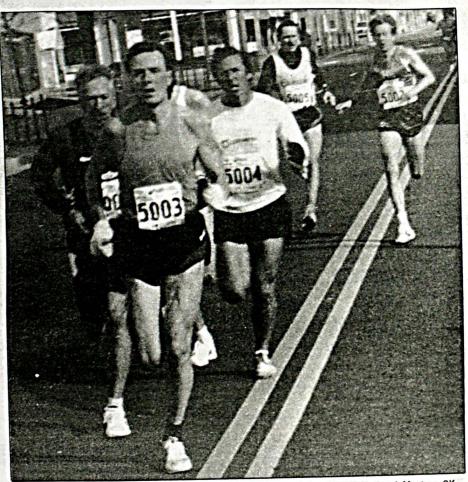
At last year's championships in Columbus, Ohio, about 650 athletes set 28 world and 24 U.S. records. This meeting of a little more than 300 athletes produced 33 world and 14 U.S. records. Six of the world records came from Phil Raschker of Georgia, in the W45-49 division. Her records included the 60m (8.12), pole vault (9-31/4), and triple jump (35-6). Five of the broken records were held by her already.

Russell Randall, 86, of Colorado,

added four indoor world M85 records in the sprints and long jump (8-83/4) to the ones he accrued in the 1992 outdoor championships in Spokane.

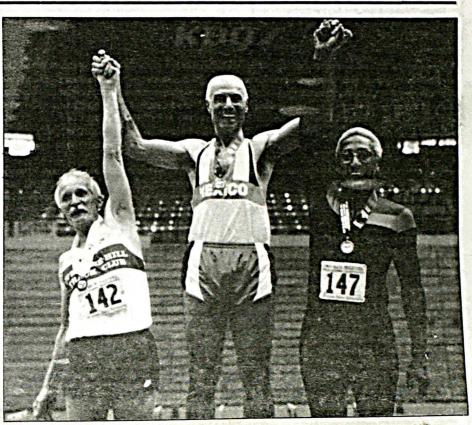
The distance runners and walkers
Continued on page 13

New 5-Year Age-Group Records— pages 17-23



Charles McMullen, 41, leads the frontrunners at this point of the USATF National Masters 8K Championships, Virginia Beach, Va., March 20. Britisher Nick Rose, 41, left of McMullen, eventually won the race (24:34), while McMullen faded to third (25:04) to Bill Rodgers, 45, far right, second (24:41). Paul Mascali, 40, next to Rodgers, finished fourth. Chuck Smead #5004, 41, was fifth.

Photo from Jerry Bocrie



On the victory stand at the National Indoor Championships, Bozeman, Mont., March 20, for the M65 400m awards: Chuck Sochor (62.76), Jim Law, #147 (63.66), and Jack Greenwald, #142 (68.21).

# Rose, Grayson Win National 8K as Rodgers, Green Break Records

Nick Rose, 41, of Great Britain, finished first in the USATF National Masters 8K Championships, with a seven-second victory over Bill Rodgers, 45, Sherborn, Mass. Rose won with a 24:34 in the race, held as a separate event along with the Shamrock 8K in Virginia Beach, Va., on March 20.

Rodgers' time of 24:41 betters the

U.S. M45 record of 25:32 by Bruce Mortenson in 1989. Rodgers' closest competition came from Charles McMullen, 41, Rochester, N.Y., M40-44 champion in 25:04, and Paul Mascali, 40, Manhasset, N.Y., who ran 25:23.

Norman Green, Jr., 60, Wayne, Pa., Continued on page 16

# Charbonnel, Portenski Win in Boston

by MARILYN MITCHELL

Jean-Michel Charbonnel (40, France) took home US \$9,000 for the first-place masters win in the 97th running of the Boston Marathon, April 19, with a 19th-overall time of 2:17:44.

Bernardine Portenski (43, New Zealand) was first masters female and, with her 13th overall place among the women, took home \$10,800 with a time of 2:41:18. Irina Bondarchuk (40, Russia) was second masters woman and 15th overall (2:43:15), winning \$5500.

Charbonnel, second masters finisher
Continued on page 16

# 1992 Age Record Book Available

The 1992 World and U.S. Masters Age-Record Book is now available.

The 52-page book features men's and women's world and U.S. age bests for all outdoor track & field events, age 35 and up, as of October 31, 1992.

It also includes U.S. age bests for men and women for all racewalking events, age 40 and up, as of the same date.

The price is \$4.00. The book is available through NMN. Please see the form on page 23.

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# NATIONAL MASTERS NEWS The official world and U.S. publication for Masters track & field, long distance running and race walking

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Circulation Manager: Katie Williams
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Track & Field Records: Pete Mundle
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Photographers: Vic Sailer (NY), Richard Lee Slotkin (CA), Gretchen Synder (CA), Tesh Teshima (HI), Jerry Wojcik (CA), David Zinman (NY), Hank Kiesel (MO).

Creative Art: Eugene Paasinen, Herb Parsons

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The National Masters News is devoted exclusively to track & field, long distance running, and racewalking for men and women over age 30. Each month it delivers 24 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competition.

Some masters events are sponsored by USATF, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to ages 40+, 50+ or 55+; (please check the schedule for details). Some events require advance registration. Some require a current USATF card (\$7 to \$12 per year, depending on the region). To inquire about a USATF card, call USATF in your area, or 317/261-0500. There are no qualifying standards for most masters athletics events.

NMN welcomes contributions—results, schedule info, photos, letters, articles, and opinions. Manuscripts should be typed, double-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is desired.

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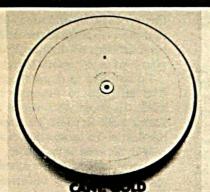
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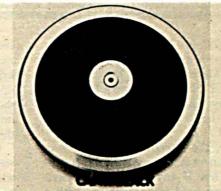


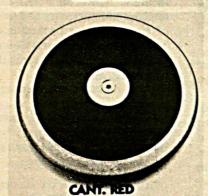
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#### 1992 NATIONAL 8K X-C

I must respond to Mary Norckauer's letter (March NMN) on the conduct of the 1992 National Masters 8K Cross-Country Championships held in Boston by the New England Association of USATF.

First, the attendance of more than 300 runners at the race has been matched by few if any masters championships not held in conjunction with a "mega-race."

All urban areas have pocket areas of crime. As in any city, common sense needs to be used. The course at Franklin Park, site of U.S. and IAAF World Championship races, is the crown jewel of the Boston Parks and Recreation Department's facilities. The city proudly constructed the current cross-country course specifically for the sport, and over 200 races with 10,000 + runners ran in the fall of 1992 without incident. Franklin Park is used daily by many individuals for training and fitness.

The races were exclusively for masters. To make the age-group competition fair and exciting, and to promote masters running, the directors offered three separate 8K races: M40-49, M50-59, and M60 + plus all women — even though that tripled their work.

Over \$2000 in masters team prize money was awarded by the sponsor, Grand Circle Travel. There never has been that much prize money in a masters XC race.

The meet went with a late fall date that worked with the Masters Commit-

tee's schedule. Mud is part of any race site, and while the weather was brisk and a bit raw, rain didn't begin until after the last race ended. The meet offered a post-race reception and hot meal at the popular runner's pub, the Eliot Lounge.

Course tours were held. The course was multiple loops, and in the one race where the leader went the wrong way, he had already run the correct way on the first and second loops and admitted that he didn't know what prompted him to go wrong on the third.

Granted, Boston is not the easiest city to get around, even for natives. But a simple explanation as to one's traveling situation can bring a lot of assistance. Yes, athletes are on their own in and out of any venue, but in our events, we have always helped out with transportation to and from race sites, advice on transit, and even lodging at local runners' homes. Runners only had to ask.

Yes, the meet is in Boston for 1993 and 1994. The Masters LDR Committee has faith in the long-term commitment the organizers have made to masters running which has been matched by few masters events. If the problems are directed to the race committee in a constructive way, I'm certain they will be addressed and the event will be an even greater success in the next two years.

Steve Vaitones, Managing Director New England USATF Brookline, Massachusetts

#### INDOOR NATIONALS

The USA Track & Field National Masters Indoor T&F Championships at MSU in Bozeman, March 19-21, was extremely well organized and most enjoyable. All the officials were very helpful, polite, and very competent. We congratulate and thank Mike Carignan, Bob Sager, A. Kappel and Barbara Kousky for conducting and making the meet possible. Also thanks to all the MSU officials and volunteers. They are all to be greatly complimented.

Manuel & Helen White Helena, Montana

The 1993 Indoor Championships in Bozeman turned out great. Three of us who roomed together agreed that it was the best indoor meet we have ever attended. The track and the warm-up track allowed plenty of room. There was no confusion about heats because the check-in area was in the warm-up area, so that when races were called out, athletes were at the marshaling table in seconds and escorted to the track.

All of the workers are to be congratulated for their patience. This was the first major meet that I've competed in in which I was not hurried or unprepared for my events.

Meet directors of future meets should call the Bozeman directors to get their schedule and order of events. Montana, thanks for a great time.

Chuck Sochor Gowen, Michigan

My thanks to everyone involved with the National Masters Indoor T&F Championships in Bozeman in March 1993. I thought you all did a fantastic job. It was my first indoor meet, and what a great introduction it was. You have a wonderful facility. I'm sorry more athletes did not compete. They missed a great meet.

Laurie Adams Boulder, Colorado

I'd like to thank the National Masters News and Jerry Wojcik for the fine pre-meet information, photo and post-meet coverage of the 1993 USATF National Masters Indoor T&F Championships in Bozeman, March 19-21.

I'd also like to thank those athletes who attended to make it a quality meet. To those who helped and suggested how it could be improved, I thank you. To those athletes who were caught between event times, schedule changes and plane schedules, I apologize and fully understand your feelings. Unfortunately, the meet director and university had full control of event times and schedule changes. The addition of a Sports Committee in future meets should prevent this from happening again.

Being the meet's contact person gave me an opportunity to meet or talk to hundreds of athletes. I have gained new friends and met many wonderful people, which is the greatest reward for my time put into this meet.

It also has given me an opportunity to see things from the inside. I better understand the time and dedication that is needed by people such as Scott Thornsley, Indoor Meet Coordinator. His help, suggestions, experience and officiating were invaluable to us all.

We feel the quality of the track surface provided many WRs, ARs and PRs; we are proud of the facility.

To the hundreds of officials who were not paid but gave of their time, to the MSU track athletes who helped, to the host booth people at the airport, and to those who made the social function before the business meeting such a success, I say thank you. I look forward to seeing you in Provo this summer.

Bob Sager Belgrade, Montana

Continued on next page

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Special thanks this month go to:

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# Write On

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## NATIONAL SENIOR OLYMPICS

With reference to the letter from V. Fandetti (NMN, April — "How to direct a Track Meet"), I have attended all three of the National Senior Olympics competitions, including Syracuse, and they have all been very well directed. These are tremendous operations — Syracuse had over 4,000 entries!

They are not perfect but there are few problems compared to the sheer logistics of a competition of this size that is almost completely volunteer-operated. I believe the NSO committee should be complimented for their dedication.

It is too bad that the writer formed his opinion of the competition based on a specific event problem.

Jack Ozment Mesa, Arizona

#### RULES AND RABBITS

The rules concerning the use of "rabbits" and records in mixed LDR races have changed over the years as the sport has matured.

I have been involved since the early days of the Women's LDR Committee. Certainly, pacing was an issue as far back as 1979 with husband and wife teams, but masters have generally been

exempt from these limits.

The Women's LDR Committee agreed in 1980 that there should be two types of records: those in women's only races and mixed races.

The IAAF changed its rabbit rules in 1985. As long as the rabbit is for the benefit of the whole field, it is an accepted practice (Rule 66).

Current USATF rule 185.6 states: "For all women's road running records except masters records, separate records shall be kept for women-only and mixed competition." Rule 182.8 states: "No performance shall be recognized as a record if it has been accomplished in or during a mixed competition of men and women except in the road running or in track performances longer than 10,000 meters." Those two rules are identical.

Note rules for masters are different from open events.

George Kleeman Rocky Hill, New Jersey

#### WINNING SECONDARY TO HAVING FUN

At the East Regionals in Lehigh, Ray Fyke, Pay Carstensen and I had a heated shot put competition with the lead passing back and forth. Ray wound up beating me by four centimeters but, for a short while, we were breathing fire again as we did in our



Top 3 Female Masters before start of 1992 WZYP Cotton Row Run; L to R: Champion Nancy Grayson 35:34; Barbara Filutze, 2nd 37:24 and Jane Hutchison, 3rd 37:55. This year's race is set for May 25 in Huntsville, Ala.

Photo by Jim Oaks

youth.

Winning was a secondary issue; we had a glorious time and that, after all, is what masters competition is all about.

Tom Henderson Southbridge, Massachusetts

#### **LIGHTER WEIGHTS FOR OVER-80s**

What were the reasons for, and the basis of WAVA's establishing lower weight implements for each of the men's 50, 60 and 70 age divisions?

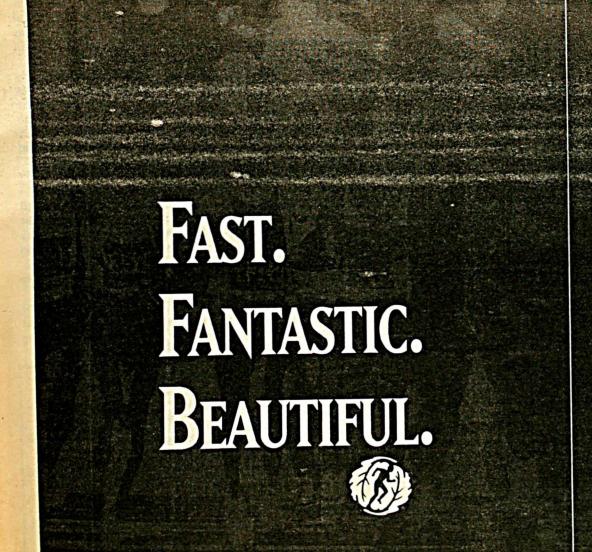
Why are these same reasons and same basis not also applicable to lowering the weight of implements for men in the 80 plus division? Standard, official lighter weights of the shot, hammer and javelin are available for use.

Burt DeGroot San Clemente, California

#### **KUDOS**

On behalf of the Dallas Masters Club, we wish to acknowledge the excellent meet conducted by Steve Ireland in Lubbock, Texas, March 6th. This was the fourth tune-up meet for the nationals and greatly appreciated.

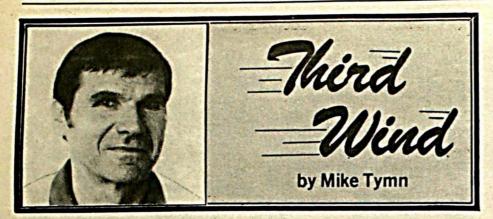
> Bill J. Bowers McKinney, Texas



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Mississippi, over 200,000, colorful fans and 4,000
volunteers. Besides being a can't miss marathon, it's
a weekend of events, including a two-day expo, 5K
championship race, and Kids Half-Mile Fun Run.
It's also the site of the USA Track & Field Open Men's
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For more information, contact: TCM, 708 N. ist Street,
Minneapolis, MN 55401 (612) 673-0778.

# TWIN CITIES MARATHON

Minneapolis-St. Paul SUNDAY, OCT. 3, 1993 8:00 A.M.



# **Appreciating Old Age**

A man, as he manages himself, may die old at 30 or young at 80. - Shaker Proverb

A ccording to Hippocrates, the Greek physician known as the Father of Medicine, old age begins at 56. If that's true, I've crossed the threshold into old age.

But I still feel fairly young. Ironically, though, the very thing that makes me feel young also makes me feel old. I'm referring to the act of running.

I feel old when I look at a stopwatch and note that I'm significantly slower — more than a minute per mile over a 10K course — than I once was. What's more, an all-out mile for me now would not be too much faster than what I once averaged per mile for a marathon. When I dwell on such comparisons, I feel especially old and feeble.

Like many masters runners I know, I often rationalize by telling myself that I could run faster now were I to train as I once did. But, although I'm sure I could train more than my current 25 miles a week (with limited intensity), I know there is no way my body would tolerate the 90-100 miles a week (with some real intensity) I was logging during my early 40's. I suspect I'd max out right around 60 miles now if I were to push it.

More than the body, the mind now limits me. Although there is still a desire to race, there is no longer the "hunger" required to push myself beyond mere fitness running. For me, there is no middle ground between fitness running and competitive running, no reason to run more than those 25 miles a week but less than 60. If I'm

not all that I think I can be, I'm simply not interested in doing it. Some of my friends see that as a personality flaw. They say I should get out there and just have "fun." My response is that I've tried it and don't find any fun in racing at a level lower than I know I'm capable of. If that's a personality flaw, so be it.

I feel as young as ever when there is no watch running to tell me how fast or slow I am. When just cruising along by myself during a workout, I can't really tell that I'm slower. Except when I try to sprint, I feel the same as I did at 28. Attitudes Have Changed

But even when I'm feeling old, I look back on attitudes as recent as 20 years ago and realize how dramatically things have changed. It wasn't until after the running and fitness boom took off in 1972 that attitudes toward aging and vigorous athletic activity began to change.

I recall back in 1960, while administering a physical fitness test to a battalion of supposedly combat-ready Marines on Okinawa, being admonished by the commanding officer for making some senior non-commissioned officers run all of a half-mile. "Take it easy on them, Lieutenant," the CO counseled me. "Some of those guys are pushing 40."

In 1962, I did a story for the Ala-

meda (Calif.) Times-Star about a 36-year-old distance runner named Joe King. There were few distance runners over 30 back then, and King was usually the oldest, at least the oldest real competitor, in the Bay Area road races I took part in. In the story, I marveled at a man his age still being active in the sport.

In 1964, my high school track team, which had won the California state championship 10 years earlier, took on the team of '64 as part of our 10-year reunion. All of my old classmates, including four sub-10 second (100 yards) sprinters, were already "old" and slow. Other than the discus thrower, I was the only winner from the team of '54. Some of my old classmates seemed in awe that a man of 27 could still run a mile in a high school competitive time.

I remember thinking after turning 35 in 1972 that I might have only two or three years left in my legs. I had assumed that whatever it was that happened to baseball players between 35 and 40 would happen to me. I'd just sort of fall apart.

#### Over the Hill at 40

That's pretty much the way it was in those days, as I remember it. If you were over 40, you were considered pretty decrepit. You were over the hill. What few athletes there were over 40 were mostly former superstars turned scrubs. They seemed to draw attention to the physical decline that takes place during the late 30's and early 40's more than serving as role models for middleaged men. Of course, the situation was even worse for women, as there was virtually nothing in the way of vigorous sports available to older women then.

With the advent of the running and fitness boom sparked by Dr. Kenneth Cooper and his book, Aerobics, things began changing. More and more men and women over 40 took up "jogging," then running. Age-class competition developed rapidly, not only in running but in other sports as well.

In my adopted state of Hawaii, we saw 43-year-old New Zealander Jack Foster win the 1975 Honolulu Marathon in then-record time and go on to compete in the Olympics the following year. We also witnessed our own Harold Chapson become the first person over the age of 70 to run a mile in under 6 minutes and set many other world age-class records. Bud Deacon, another Hawaii resident and a one-time world-class pole vaulter, was also a pioneer in the aging athlete arena as he became the world's best over-60 decathlete.

Within a matter of about 10 years, my attitude toward aging completely reversed itself. I went from expecting to fall apart during my late 30's to assuming that I could go on forever without any significant loss to the years.

#### Aging Takes Its Toll

Through harder and more intelligent training, I was able to improve my racing times right up to age 44. It wasn't until right after my 45th birthday that I began to realize that there was no more



Joe King, now a young 67 was once an old 36.

room for improvement and that I was beginning to slip a little. It wasn't until age 47 that I was able to figure out that it was aging taking its toll rather than improper training or other factors.

I must confess that during my early 40's, as I began to think of myself as immortal, I didn't really appreciate the achievements of runners like Chapson and Deacon. I just assumed that I'd be able to do much better when I reached their ages. I now know differently.

So, while I've gone from thinking I would be feeble at 40 to believing I could go on forever, I have now settled at somewhere in the middle of those points. As soon as I begin to lament my losses to the years, I quickly remind myself that I am now much more active, much more fit, than I could have imagined just 20 years ago.

As some wise person once put it, the real danger of growing old is not that we lose our talents but that we fail to see those we have gained.

# COMING NEXT MONTH

- World Championships Preview
- Miyazaki Entry Form
- Travel and Housing Info
- Competition Schedule
- Last Place Marks in Turku



# Rose, Tracy Win in Carlsbad

British internationalist Nick Rose, 41, pulled away from Wilson Waigwa, 44, of Kenya/Texas, in the second half to win the masters title by eight seconds with a 14:33 in the Carlsbad 5000, Carlsbad, Calif., on March 28. Nolan Smith, 43, of Pasadena, Calif., was third in 15:20.

Phil Camp, 45, won the M45 race with a seventh-place 16:02. Vick Heckler, 50, took the M50 contest by two seconds from Mike Scott, M50, with a 16:17. In the M60 race, Paul Saucedo, 61, was three seconds up on Pat Devine for the victory in 19:26. Walt Kuetzing, 80, in 27:03, won the M80 + race from 89-year-old Willard Benton (33:24).

Diana Tracy, of Hermosa Beach, Calif., in her first masters race since turning 40 in February, won in 17:19. Tracy, a mother of two and former flight attendant who left Delta Airlines at 37 to attend a Los Angeles area community college to study nursing, where she ran on the track team, took the race from Laurie Binder, 45. Binder, U.S. 5K record holder at 16:54 and on the mend from Achilles surgery last summer, finished in 17:55.

Sandy Robbins, 41, was third in 18:30. Tere Verdin, 57, won the W55 race with a 20:37.

Rose and Tracy each won masters victors' prizes of \$500. [

the overall awareness of the benefits of staying healthy throughout one's life,'

said Don Carpenter, 50-Plus Race Director. "These race participants are

role models for one another and for the

entire population; young or old."

## Over 700 Join in 50-Plus Fitness Weekend 50-Plus Fitness Weekend is to increase

by LEE HASKELL

Nearly 700 runners and walkers gathered at Stanford Stadium on March 21 for the 10th Annual 50-Plus Fitness Weekend, while an additional 200 people joined featured speaker Jack LaLanne at a pre-event race dinner on March 20.

This record turnout of participants yielded several records of their own, establishing four 50-Plus course bests. Over 100 people attended a daylong conference on Saturday, entitled "Over Fifty and Feeling Nifty." Featured speakers included Dr. Joan Ullyot, pioneering woman runner.

Presented by the 50-Plus Fitness Association and the Stanford Center for Research in Disease Prevention, these events celebrate the vitality of "older adults" and bring attention to the strong link between living longer, healthier lives, and regular exercise.

Shirley Matson defended her title as the fastest 50-Plus 8K woman with an astonishing time of 29:34, topping the previous age 52 U.S. record by nearly a minute and a half. Ageless wonder Paul Spangler completed the 8K course in 84:47, establishing the first age 94 U.S. 8K record.

The first runner to come across the finish line was 53-year-old Sal Vasquez, who ran 26:41. He was followed by Dan Preston (27:27) and Tim Rostege (27:42). Following Matson (29:34) across the finish line as the top female runners were Ullyot (34:10), and Gail Rodd (34:38).

The 8K run was the highlight of a full weekend's worth activities that included a 5K racewalk and 5K fitness walk.

"The primary objective of the

# Waigwa First in Sallie Mae 10K

Wilwon Waigwa (44, KEN/TX, 30:16, \$500) and Nancy Grayson (42, MI, 35:58, \$500) were top masters in the Sallie Mae 10K in Washington, D.C., April 18. Domingo Tibaduiza (43, COL/NV, 30:33, \$400) was second M40+, while Barbara Filutze (46, PA, 36:14, \$400) and Shirley Matson (52, CA, 36:24, \$300) trailed Grayson. Complete results next month.



Nick Rose, 41, third from left, of Great Britain, runs with the open frontrunners to finish fifth overall (30:21), Cooper River Bridge 10K, Charleston, S.C., April 3.

Photo by Ken Bible

18th ANNUAL

# **NORTHWEST TRACK** & FIELD CLASSIC

JUNE 12 - 13, 1993



The Miami Herald

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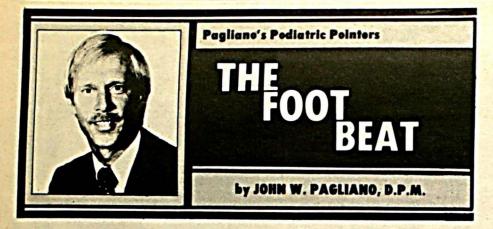


INTERNATIONAL COMPETITION · AGE GROUPS THROUGH MASTERS ·

BAHAMAS JAMAICA CANADA

PUERTO RICO GUATEMALA

CAYMAN ISLANDS BRITISH VIRGIN ISLANDS OTHERS



# A Common Injury Among Runners and Joggers

TBS or ilio-tibial band syndrome is an injury that is quite common in long distance runners and joggers. The ITBS is a thick band of fascia that begins at the hip joint and runs down across the outer portion of the upper leg, crosses the knee joint and attaches to the upper portion of the fibula.

The purpose of the band is to stabilize the leg and knee. It also locks the knee into extension when one is standing. When the knee bends, the band has a tendency to snap forward. That tendency can irritate the tissue around the band and cause a sharp pain on the outside of the knee. As can be imagined, jumping and running down hill can easily irritate the ITB at the knee joint.

ITBS can be brought on either by an increase in mileage or flare-up of an ex-

isting knee injury aggravated by running or jumping. Overuse results in fatigue in the band causing it to tighten over the outside of the knee and become inflamed. High jumping off one leg can also shift weight to the outside of the knee and cause irritation.

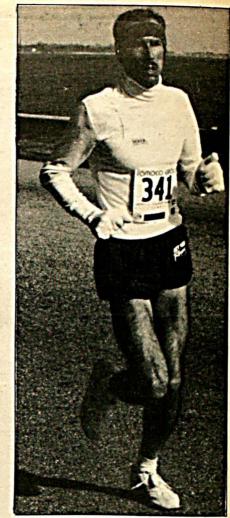
The main symptom usually is severe pain in the outside of the knee joint making running impossible. The pain may extend up the side of the knee into the leg. Walking up and down stairs, squatting and jumping aggravate the condition. Pressure on the outside of the knee also causes pain. Symptoms may last up to six months.

Runners with high arch, rigid feet or bow legs are particularly vulnerable. Most sufferers report recent increase in mileage or intensity of training. Running from hard to soft surface also aggravates the ilio-tibial area.

Treatment includes icing after workouts for 8-10 minutes. Moist heat packs at night for 30 minutes are also quite helpful. A motion control shoe that provides good stability is important. At the first signs of irritation, reduce mileage and use heat and ice. Ultrasound is also very helpful. Avoid downhill running.

Make sure you have eliminated any biomechanical deformity of the foot. Sometimes a lightweight foot orthosis will control the over-pronation and provide stability to the outside of the knee. Avoid overstretching. If the condition does not improve, asteroid injection may be necessary. In severe cases, a surgical technique is used to split the ilio-tibial band and release the pressure around the inflamed area.

Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.



Rick Banning sets a masters course record 1:09:55 in the Hampton Coliseum Half-Marathon, February 7 in Hampton, VA. Photo by Action Sports of America

# **GARDENA 5000**



LOCATION: Pacific Square on 1630 W. Redondo Beach Blvd.

Near Western Avenue in Gardena, CA
RACE TIMES: RAIN OR SHINE

5K Masters Invitational..... 9:2 3.1 Miles, Super-Fast and Flat TAC Sanctioned & Certified Cheering Sections OVER \$10,000
WILL BE GIVEN
TO TOP
MALE AND FEMALE
RUNNERS

6 National Age Records Set Last Yearl

## PRIZE MONEY AWARDS

	1st	2nd	3rd	4th	5th	6th	7th to 15th
Male Overall	\$1000	600	500	400	300	200	100 Each
Female Overall	500	400	300	200	150		
Male Masters	500	400	300	200	150		
Female Masters	350	250	150			PRINC!	

#### "AGE DIVISION" WINNERS

Mala		Mala	of the original	Female		Female		
Male Age Group	1st	Male 2nd	3rd	Age Group	1st	2nd	3rd	
40-44	100	75	50	40-44	100	75	50	
45-49	100	75	50	45+	100	75	50	
50+	100	75	50					

For further information please contact the following coordinators

for invitational race forms:

MALE ELITE FEMALE ELITE ELITE MA:

RON GEE ANITA CORREA SONNY M

310-438-5307

213-389-7204

ELITE MASTERS
SONNY MONIOZ
310-324-7085

ELITE MASTERS
MERLE HEIMBERG
310-474-8654

# Rose, McLatchie Winners in Cooper Bridge 10K

Nick Rose, 41, of Great Britain, won another masters race, successfully defending his title with a fifth-place 30:21 in the Cooper River Bridge 10K in Charleston, S.C., on April 3. Wilson Waigwa, 44, El Paso, Texas, finished a distant second in 31:09. Charles McMullen, 41, Rochester, N.Y., took third in 31:40.

Robert Schlau, 45, put on a good show for a hometown audience, with a fourth-place 31:55. Another Rose, Charles W., 60, of Charlotte, N.C., also performed well, winning the M60 race easily in 36:37.

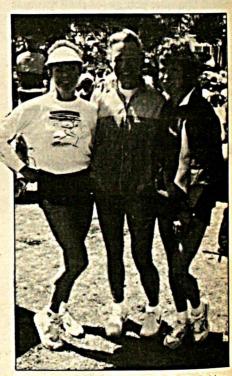
Carol McLatchie, 41, Houston, Texas, continued on a winning path with a masters first in 35:50 over a strong field. Nancy Grayson, 42, Northville, Mich., was runner-up in 36:16, followed by Barbara Filutze, 46, Erie, Pa., in 36:21, and Laurie Binder, 45, Oakland, Calif., with a 37:16.

The best masters performance came from Shirley Matson, 52, Moraga, Calif., who sped to a fifth-place 37:30. Susie Kluttz, 56, Winston-Salem, N.C., won her division contest by ten minutes with a 44:05.

The dramatis personae in this race played almost the same roles in the USATF National Masters 8K Championships, March 20, in Virginia Beach, Va., where Rose and Grayson were victorious.

Cash awards to the top masters totalled over \$8000. More than 6000

runners and as many walkers participated in almost perfect weather (50° and sunny). The course started in Mt. Pleasant, S.C., crossed the 2½-mile span of the Grace Memorial Bridge over the Cooper River and finished in the heart of downtown Charleston.



Division winners in the Cooper River Bridge 10K pose after the race. From left: Shirley Matson, W50; Susie Kluttz, W55; Barbara Filute, W45.

Photo by Charlie Kluttz

# **Doubling Dumb**

by MAURY DEAN

Doubling is really dumb, my running pals tell me. They are right. Investing a Saturday in a 5K and returning for another on Sunday are thankless tasks, rewarded by fatigue, pain, and injury. March has always been one of my favorite months to race, however, and if it weren't for doubling on March 6 and 7, I'd have zilch in my running log for the month.

Why? Well, it seems the whole Eastern Seaboard was deep-frozen by the "Worst Storm of the Century," and I got personally zapped by the flu and a rib injury — but yes, Virginia, there was racing in the N.Y.-Philly

Vincentown, N.J., featured the Stop The Jade 5K, a village hamlet classic on the 6th, that harkens back to the Revolution (sort of - they chased this risque lass to the lake 20 years ago, and a memorial race was set up). Delightful romp back in time and a classic course.

You start on a narrow bridge, half expecting General Washington to come poling down the Delaware nearby; you fly up a hill around the one-block ancient clapboard town, huff-puffing the little knolls and sliding across plank bridges. Quaint snowswirl all around. Burgundy brick farmhouses as old as time. And kids. Kids galore. Legions of local cross-country harriers harassing you by whipping through the first

mile in 5:10 - while wearing (Egad!)

Just before the last 400, we cut a sharp right into some guy's yard. Yep, zipped right through the gate, danced through the soggy, sodden mud, whirled like discombobulated dervishes through the latent flower garden, hurdled the doggie doo, and leaped out the back gate to the welcome finish line. Really. You can ask the other 200 wide-eyed finishers.

Top masters times belonged to Vince Phillips (18:01) and Carol Lanzo (21:38), who won the 40s by over three minutes. Non-icy bridges and a mudless, yardless finish would have planted Vince well into the 17s. Next year, watch for John Mylius (49, 18:30), and the Levys, 50s champ Susan (25:50) and husband Marvin, 69, who keeps on truckin' after three knee operations and bypass surgery.

On the 7th, I doubled in the LEAD VII "5K" in Levittown, famous in the 40s for being the first suburb with "cookie-cutter" two-bedroom bungalows, with a patch of grass and a rainbow dream. Today Levittown's homes are wildly distinctive, with dormers and breezeways and nice, flat streets, perfect for fast times to herald the 1993 road racing season on Long Island.

Alas, when we heard some dude had measured the course with a bicycle odometer, we knew we were in deep mud, which was actually featured in the last 100 meters. Instead of blazing over the finish line, we slooped and squished with cement shoes.

Young Willie Outsen, 41, harnessed an incredible kick (17:38) to goldenize the masters. The 50s featured a fine race with the overall masters silver winner (17:43) edging out Maccabees Games and Empire State Games medalists Seth Kaminsky (18:20) and Julian Goldsmith (18:27). Goldsmith is one of the top ultra-marathoners in the U.S. at any age.

Both Outsen and Nancy Tischler cracked the coveted top five overall. Nancy not only won the 45s but her 22:35 copped the masters by a minute over Susan Vitrello (23:39). Joe Cordero, M55, won his new age group (19:08). Ray Fletcher (20:44) hauled in the M60 + hardware.



Tyrone Carlis, of Florida, second M45 (18-6) in the long jump, National Masters Indoor Championships, Bozeman, Mont., March 19-21.

Photo by Dave Bayliss

# EVENTS SCHEDULE FOR SUBMASTERS (AGE 30-39) AND MASTERS (AGE 40+) in 5 year Age Groups

		1500 1	HEIER RACE WALK	1:30 PM
5000 METERS	10:00 AM			2:15 PM
110 METER IIII	11:00 AM		EIER DASII	
MILE RUN	12:00 PM	800 M	EIERS	2:30 PM
100 METER	1:00 PM	200 M	ETER DASH	3:00 PM
IW METER	State Sprangeric		RELAY	3:45 PM
		FIELD EVEN	VIS	
THE PERSON NAMED IN	30-39 MEN	40-49 MEN	MUN 50-59	MEN 60+/WOMEN
POLE VAULT	10:00 AM	10:00 AM	10:00 AM	10:00 AM
SHOT PUT	10:00 AM	10:45 AM	11:30 AM	12:30 PM
WEIGHT THROW	1:30 PM	2:45 PM	2:15 PM	1:00 PM
IIIGII JUMP	10:30 AM	10:30 AM	10:30 AM	10:30 AM
LONG JUMP	10:00 AM	11:00 AM	12:00 PM	1:00 PM
JAVELIN	11:15 AM	12:15 PM	1:30 PM	10:00 AM
DISCUS	12:30 PM	1:30 PM	10:00 AM	11:15 AM
TRIPLE JUMP	2:00 PM	2:00 PM	3:00 PM	3:00 PM
EVENTS SCHEDULE	FOR YOUTH, HIGH SCH	OOL & OFEN RUNNING	EAGNIZ	
MILE RUN		1-14, 15-29 11:30 AM	MALE & PUMALE	ALC She and .

THE EIGHTH ANNUAL GARDEN STATE ATHLETIC CLUB & RANDOLPH TOWNSHIP T & F CHAMPIONSHIPS

(SANCTIONED BY USATF)

SUNDAY, JUNE 27,1993

AGES 9-10, 11-12, 13-14, 15-29 12-30 PM AGES 9-10, 11-12, 13-14, 15-29 2:00 PM 3:30 PM EVENT SCIIEDULE - Above order will be followed. Events may run ahead of schedule. Athletes will be responsible for noting schedule changes. If athlete misses calls or fails to check in, event fee is forfeited.

FIELD ATHLETES' NOTE - Groups will start immediately after preceding group. Listen for the announcements.

MEET DIRECTORS RESERVE THE RIGHT TO RUN ALL GROUPS TOGETHER IN ANY EVENT; AND THEN SEPARATE THEM BY AGE, TIMES AND DISTANCE. THIS IS IN CASE WE DO NOT HAVE ENOUGH PARTICIPANTS IN ANY EVENT OR WE ARE RUNNING BEHIND SCHEDULE. All races will be run as finals. If necessary, sections will be run for sprints.

SPIKES ALLOWED - 1/4" or less

HURDLE HEIGHTS & IMPLEMENTS - USATF (TAC) Masters Rules. ELIGIBILITY - USATF (TAC) membership required. Available at meet. FALSE START - One false start rule will apply.

FEES - Free to Randolph residents.

Pre-registered - (Received on or before June 15.) \$5 per event.

Received after June 15 - \$5 late fee added to first event.

Relay Teams - \$15 per team.

ADDITIONAL INFORMATION
Meet Directors: Morton Hahn
Ken Brinker days 201-540-3860 evenings 201-584-3678

AWARDS - Medals for first, second, and third place in each age group

CONCESSION STAND AND SHOWER FACILITIES AVAILABLE SITE-Randolph High School, Millbrook Road, Randolph, New Jersey

DIRECTIONS - From George Washington Bridge, take Route 80 West to Route 287 South. Take Route 10 West, about 7 miles. Look for Dunkin Donuts on the left at the intersection of Millbrook and Route 10. Turn left on Millbrook Ave by making a right on the jug-handle. Go about 1.5 miles, and turn right into the first entrance of the High School.

FILL OUT AND RETURN TO: GARDEN STATE ATHLETIC CLUB, C/O MORT HAHN,

WE		A STATE OF THE PARTY OF	MLE	_FEMALE AGE AS	OF 6/27
DORESS	(first name)	(last name)	CITY	STATE	ZIP
LUB	AS TOP CORL		TAC NO.		

MAKE CHECKS PAYABLE TO CARDER STATE ATMLETIC CLUB
I hereby waive any or all claims I or my heirs may have against Randolph Township
Parks & Recreation Dept. Randolph Township, The Randolph Board of Education, Garden
State Athletic Club or the Meet Directors and Officials resulting from my participation

In this meet.

I understand that the activity will be supervised and that the Township of Randolph DOES NOT INSURE participants with accident insurance and I will participate at MY OWN RISK. It is understood that this program is a physical activity and various injuries may occur. I also understand that it is my responsibility to make sure that the registrant is physically capable of participating in this program and that a medical physical by a doctor is recommended.

SIGNATURE

# Mulkey Sets World Decathlon Record

Georgia's Phil Mulkey, 1960 U.S. Olympic Decathlete, returned to the Kansas Relays Decathlon on April 14-15 after an absence of 27 years to better the world M60 decathlon record with a score of 8254 points.

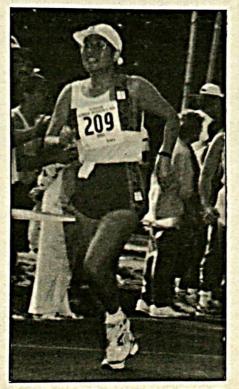
Mulkey, who had participated in the Relays from 1955 through 1966 — winning in eight of those 12 years — opened the first day's five events (100, LJ, SP, HJ, 400) with a stunning 4540 points. His marks of 13.23, 17-414, 47-61/2, 5-21/4, and 65.24 were all his bests of this early season.

Perhaps the cold and rainy weather, along with some physical fatigue, worked against his second-day performance. Still, he managed to produce marks of 15.66 (100H), 134-5 (DT), (10-8 (PV), 124-6 (JT), and 7:09.24 (1500).

# **Five Years Ago**

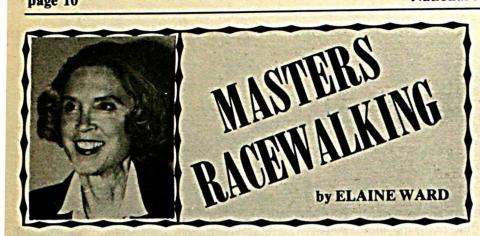
- Peter Hallop (M40, 49:18) and Christine Tattersall (W45, 1:00:18) Win National 15K Championships in Tucson, Arizona.
- National T&F Championships Draw 441 to Baton Rouge, La.
- Peter Hallop (41, 15:52) and Judy Greer (41, 18:56) Win National 5K Championships in DeLand, Florida.

Mulkey, who will be aiming for the gold medal in the World Veterans Championships in Japan in October, said: "The first day was very, very good. I feel it will be quite hard to duplicate. But the second day still has a lot of room for improvement."



Carol Okazaki (200) comes in 2nd in the 55-59 age division (54:49) in the Straub Hawaii Women's 10K, March 7.

Photo by Tesh Teshima



# The Remarkable Johnson and Mimm

n March 7, Don Johnson, 76, and Robert Mimm, 68, competed in the Los Angeles Marathon in 90 + degree heat. Less than two weeks later, on March 19, they competed in the 3000-meter indoor track walk at the 1993 Masters Indoor T&F Championships in Bozeman, Montana, elevation 4,755 feet and temperature 74 degrees. Don did a gold medal performance in both events, finishing the Marathon in 6:34:14 and the 3000 meter in 21:58.0. This is especially remarkable as Don is recovering from a bout with prostate cancer. Proving himself to be one of America's most formidable walkers, Bob finished the L.A. Marathon second overall in a time of 4:47:54, and then turned around to win a gold in the 3000 meter walk in a time of 17:18.7.

EW: Don, usually long and short distance racing require different training. How do you combine the two?

DON: Mostly, because I'm not racing at my peak and the times aren't that great, I'm just trying to stay with racewalking and am not training that intensely. For me, the Marathon and 3000 meters were just two walks. It was a matter of just going out and doing it,

especially in L.A. I have a swollen leg, and the Marathon actually helped it. At the indoor race, there were quite a few complaints about the altitude with the dry heat in the arena. But I wasn't walking fast enough to really notice it. I could see that some of the other walkers were having quite a bit of trouble with the altitude.

EW: How about the heat in L.A.?



Robert Mimm, New Jersey, M65 first (17:18.7), 3000m RW, USATF National Masters Indoor Championships, Bozeman, Mont., March 19. NMN/Jerry Wojcik

DON: I was so worried that I couldn't finish the Marathon that I didn't worry about the heat. Again, I wasn't going fast enough to have it really bother me. Hoever, I did come home sunburned.

EW: How about your training?

BOB: People ask me about my training methods expecting some real secrets, but I really don't have any. I like to do a lot of different things. I don't follow any program. Training is just something you have to do without thinking. I am not a morning person. I like to train in the afternoon or evening. The last few months, I have been getting my son Clifford to train with me which has helped.

I trained for the marathon with him. We went to a hilly park and did at least two hours there on the weekends. That was enough to get me through the Marathon. I have never been one to read every Running Magazine and what have you. The time you are doing that, you could be out training. Why read about someone else when you can be doing it?

I have never really considered myself a long distance person; it's a chore for me to do a marathon or 50K, but I usually recuperate fairly quickly. But the first couple of hours afterwards really do hurt.

EW: Did you do any speed training for the indoor 3000?

BOB: That's my problem. I am not doing enough speed work and I guess that's why my times aren't that fast any more. I think you need speed work, but I have been concentrating on not getting injured because I had a lot of injuries a year or so ago. I never used to get injured when I was younger, but when you get older, the tendons tighten up; and I don't stretch as much as I should. I do it whenever I think about it.

EW: Do you have any secrets about eating?

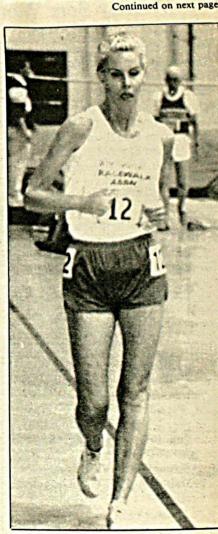
BOB: No. I eat everthing. I am careful about chemicals. I do read labels. For example, I will not buy Campbell soups as they are filled with monosodium glutamate. I use cream and milk and not the chemical substitutes. Before they found out that pasta was a good thing to eat the night before a race, I was eating it. I didn't know it was what you are supposed to eat. In fact, when I was on the track team in college, the athletes were given a special dinner that the regular students didn't get. It was a precompetition dinner and was always the same thing: steak, baked potato, and carrots.

EW: Don, you told me you had a stress fracture in early 1992, and that you were doctoring prostate cancer. How is your health? It doesn't seem to stand in your way.

DON: If I go by the blood tests, I should be okay. You can never say for certain. I had chemotherapy and am on negative steroids — and they have had their effects. It's not so easy coming back at 76. I can talk myself out of training now and it shows in my times. In Turku, I walked a 20K in 2:10; and in Spokane I walked a 2:27.

There is no real serious pushing now. It used to be the other way around; everything else had to wait until the training was over. I used to be an over-distance trainer; if I was training for a 20K, I made sure that I could go 30. When I first started walking, I was amazed when I went three miles and

American Racewalk Association RACING CAMP FOR THE COMPETITIV RACEWALKER Boulder, Colorado July 1 - 4, 1993 This camp is for the intermediate through advanced level racewalker. To attend, you must know legal racewalk technique. IT DOES NOT MATTER HOW FAST OR HOW SLOWLY YOU WALK, as long as you can walk legally. All ages are welcome, children under 16 must be accompanied by a participating adult. We will end the camp with the Mt. Evans Hospice "Freedom Race" a 5K TAC Masters Championship race in Evergreen, CO, open to any age of competitor. Join us for two-a-day workouts, seminars, video coaching, individual attention and beautiful locale! Daily seminar topics include speed, strength and form drills, biomechanics, mental training, fat reduction, racing strategy and more! You receive a workbook which you use to continue your training at home. Massages will be available. Your primary coach will be <u>Vilsha Sedlak.#1 World-Ranked Masters Racewalker</u> and six-time Gold Medalist in the World Veterans Games, World Record holder, and overall winner in the European Veterans Championships in Switzerland (1991). ARWA certified coaches and supporting staft teach this comprehensive RACEWALK Camp for all speeds of racewalkers. Staff includes weight trainers, nutritionist, chiropractors and other health professionals. For travel and hotel information contact - The Golden Buff Motel 1-800-999-2833 or call Rose Yee at Travel Bonus 1-800-345-5764. Make motel reservations EARLY. Lodging accommodations fill up last during the 4th of July weekend. and coaching tips. Bring a blank cassette for videotaping (former camp attendees should bring their old cassette log to add onto). Send \$335 per person to: TO REGISTER: AMERICAN RACEWALK ASSOCIATION PO Box 18323 Boulder, CO 80308-1323 (303)447-0156 ARWA "Eagles" (previous camp attendees) pay only \$295. \$365 after June 1, 1993. Send \$150.00 deposit to hold your space. Deposit is NON-REFUNDABLE after June 1, 1993. Register Mel I am a member of ARWA (or have enclosed the \$25.00 annual fee) (303) 447-0156 Address City/State/Zip am a current member ARWA annual fee enclosed Total fee or deposit enclosed \_\_\_\_\_ I'm an ARWA Eagle attended the ARWA camp in Mail to: AMERICAN RACEWALK ASSOCIATION, PO Box 18323, Boulder CO 80303-1323



Viisha Sedlak, Colorado, W40 first (15:12). 3000m RW, USATF National Masters Indoor Championships, Bozeman, Mont., March 19. NMN/Jerry Wojcik

# 21st East Indoor Regionals Held

by PETER TAYLOR

BETHLEHEM, PA, March 7 - Jim Sutton, Ray Funkhouser, Gloria Brown, and Al Swenson were four of the many athletes who turned in outstanding performances as the Philadelphia Masters conducted the 21st Annual Indoor USATF (TAC) East Regional Masters Track and Field Championships at Lehigh University's Rauch Fieldhouse.

The Philadelphia Masters won the 40-49, 60+, and overall team titles, while the Syracuse Chargers won 30-39 laurels and the New York Masters pulled down 50-59 honors.

Brown, 61, of Grand Island, N.Y., set a world W60 record 5:58.55 in the 1500 despite losing precious time because of a lap-counting error. She returned to post a U.S. W60 record 12:38.36 in the 3000 and finished her day with an 800 in 3:06.73.

Longtime standout Sutton, also 61, bettered the indoor world M60 mark in the 1500 with a 4:43.73 and ran a fine 2:23.87 in the 800.

In the 3000 racewalk, Funkhouser,

41, overcame the obstacles posed by an extremely crowded field to post a world M40 best of 12:40.83.

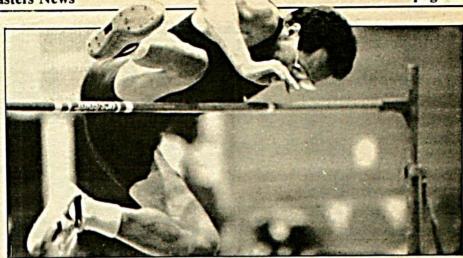
The Hartford Track Club's Al Swenson nailed down three M45 golds in impressive fashion: 4:10.25 in the 1500, 9:08.89 in the 3000, and 2:06.62 in the

A New York Pioneer Masters foursome of Glen Shane, William Burrell, Richard Rizzo, and Ed Small claimed a world M50-59 indoor best with a 9:20.85 in the 4×880 yard relay.

Versatile Libby Hagemann, 72, went outside to throw the 16-lb weight 27-71/2 (8.42m) to better her U.S. W70 standard. Ed Lukens, 71, triplejumped 31-6 (9.60m) to better John Alexander's U.S. M70 mark of 9.40. Claude Hills, 80, long-jumped 10-71/4 (3.23m) to exceed Russ Meyers' U.S. M80 standard.

Ohio's Denver Smith took five M65 gold medals. Maryland's Larry Colbert scored an M55 sprint triple.

In general, the meet was well run, with NorthEast Sports Timing Service doing an excellent job with the auto-



Jerry Cash, of Oregon, second M40 (5-7 1/4) in the high jump, National Masters Indoor Championships, Bozeman, Mont., March 19-21.

HAYWARD CLASSIC

USA Track and Field Masters Northwest Regional Championships

Hosted by OREGON TRACK CLUB MASTERS Sponsored by VALLEY RIVER CENTER

Photo by Dave Bayliss

matic timing. Larry Gregory was a bastion of strength as the starter.

But in the women's 1500, all six runners were victimized by lap-counting errors. In the second of the two racewalks, there were major breakdowns in keeping track of the competitors.

The meet marked the "last hurrah"

of longtime Philadelphia Masters president and meet director Peter Taylor, who resigned for employmentrelated reasons. The helm of the Philadelphia Masters is now open. Treasurer Claude Hills will handle inquiries about future Philadelphia Masters meets.

# Masters Racewalking

Continued from previous page

then five. The first thing I knew, I was training for 50Ks. I did a lot of 50Ks the first six years. What I find now is that I seem strong enough, but not fast.

EW: When did you start walking?

DON: I had my first race just before I turned 50 - so I've been racing about 26 years now. I used to train all year long, at least five days a week, training inside during the really bad weather. I would plan for a race maybe five weeks ahead. I would do a lot of little races in between, often being beaten. Then when the big race came, I'd blow everyone's minds. They would say, "What happened to you?" and I would reply, "Nothing. This is the race I wanted to walk."

EW: How about you and stretching?

DON: I do ten minutes of stretching when I get up in the morning, but I should do 30 minutes. I am lazy. But if I don't warm up at all, I can't race. I am a great complainer if I come to a race and they start it early and I haven't had a chance to warm-up.

BOB: The shorter the distance, the more warm-up you need. One thing I think is important to tell masters coming into the program in their 50s and 60s is that racewalking isn't easy. A lot of people think racewalking is a lot easier than running. They find out it is not so easy and lose interest. Let them know before they start.

DON: Elite masters runners will say in a semi-serious way, "When we have trouble running maybe we will switch over to racewalking." I always say, "If you are thinking of racewalking, I suggest that you get started because you are going to find that it is not as easy as you think."

Some runners take to it right away, but some never really get the hang of it. If they had switched over earlier, it could have been for the rest of their life. As it is when they are through running, they are through competing.

BOB: It is just like when they showed the Marathon at the Olympics. They showed all the marathon and kept saying how tough it was, how grueling, and how it is the most difficult event in the Olympics. They never think of the 50K walk which is much more difficult than the marathon. Believe me, because I have done both. Running a marathon is easy compared to 31 miles of racewalking.

EW: Anything else you might say to someone coming into our sport?

DON: You have to be patient and work up. Don't watch the fast guys. Get with your own speed group and gradually improve. If you are talented enough you will naturally move right up. Also, I'd tell them not to be afraid of distance. Figure that once you're in condition, you can go forever.

EW: You both have to be very competitive to do as well as you do. How would you define the competitive

DON: It's an individual thing. Some people have to go by the book, get all the mileage in, and so when they get into the race, all they can do is what they put in. Work in, work out. Other people will just come alive in a race and go way beyond. They essentially get more out than they put in. I think it is something inside.

BOB: If I go into a race, I like to win. Yet if I don't win, I'm ready for the next race. I know some people who won't go in a race if they don't think they can win. I think the competitive spirit is the desire to compete.

# City of Eugene, City of Springfield and Valley River Inn July 17 & 18, 1993 Hayward Field

University of Oregon Eugene, Oregon

Hosi to 3 Olympic Trials, the 1984 & 1987 U.S. National Masters Track & Field Championships and the 1989 VIII World Veterans' Championships

ENTRY FEES: \$10 1st event (NO T-shirt); \$5 2nd event; \$2 each additional event; 7 event limit; relays free to meet participants.

ENTRY DEADLINE: Postmarked by Wed., July 7, 1993. LATE ENTRY: \$10 surcharge when space is available; must register 60 minutes before event starts. SHIRTS: 100% cotton, short sleeve - \$7.50.

FACILITY: All-weather track & runways (maximum 1/4" spikes LOCKER ROOMS: Space available in Bowerman Building.

DIVISIONS: Five-year age divisions for M and W, age 30 and

RELAYS: Must wear same tops; 10-year age groups; for championship medals, must be from same club or organization, registered with an association belonging to Northwest region.

Northwest region.

MEET HEADQUARTERS: Valley River Inn, 1000 Valley River

Way, Eugene—Take exit 1948 off I-5, go west on I-105, follow
signs to Valley River Center. Free shuttle available to
Hayward Field. Special rates for athletes—book early to
ensure room; mention Hayward Classic (1-800-543-8266).

PACKETS: Available at Valley River Inn Friday, July 16,
6:00-9:00 p.m., and at Hayward Field at 7:00 a.m. July 17.

AWABINS: Champioschip medial (1-10) a.m. July 17.

AWARDS: Championship medals for 1st, 2nd, 3rd; ribbons for 4th, 5th, 6th; USA T&F members from other regions will receive Hayward Classic medals.

RECEPTION: Sponsored by Valley River Inn; no-host bar, Saturday, 6:00-7:30 p.m., Valley River Inn.

# SCHEDULE OF EVENTS

Saturo	day, Jul	ly 17
TRACK	TIME	FIELD
10,000 meters W and M	9.00	
		West Pit M 30-59
		East Pit W and M 60+
F000 B		Javelin M 30-59
5000 meter Racewalk W and M	10:15	
2000 meter Steeplechase	****	
3000 meter Steeplechase		Javelin W and M 60+
Soco meter Steeplechase		Pole Vault (2 runways)
一面是任何人。我们就	12.00	Red Pit W and M 50+
to the second second	100	Green Pit M 30-49
High Hurdles	12:15	Green Fil M 30-49
100 meters	12:45	Contain to the
		Shot Put (2 rings)
The state of the s	S	outh Ring W and M 65+
The result is not the first	7 TO 10 MA	West Ring M 30-64
400 meters		
1500 meters	. 2:15	HAT USE THE STORY
1600 meter Relay	2:45	
Sund	ay, July	/ 18
5000 meters	8:30	Discus W and M 60+
The second secon		High Jump M 30-59
Intermediate Hurdles	. 10:00	
800 melers	. 10:30 .	Discus M 30-59
PROMOTE THE PARTY OF THE PARTY	+	ligh Jump W and M 60+
Mile Racewalk*		
200 meters		WE THAT - SE
The state of the s	12:00	Triple Jump All
3000 meters* W and M	12.20	Hammer All
400 meter Relay	12.50	
3200 meter Relay	1:20	A THE REST OF
American Area on the State Wallet	SCHOOL VICE	to distanting the said of
ALL EVENTS OPEN T	O BOTH &	JEN AND WOMEN

Name Address Address			Birthdate:
Phone	Club Affili	iation (if any)	USA T&F *
1 2 3	Best 12/193 mark *	T-SHIRT — \$7.50 (check one)  small   med  large   x-large	RECEPTION: Plan to attend? YES NO Number ENTRY FEE:
5 6 7	of for distances, if possible.	NOTE: Late entries will be accepted up to 60 minutes before the event when space is available; surcharge for late entry is \$10.	1 EVENT \$10 4 EVENTS \$19 2 EVENTS \$15 5 EVENTS \$21 3 EVENTS \$17 ETC.  ENTRY TOTAL \$\rightarrow\$ = \$\rightarrow
WOULD LIKE TO	RUN THESE RELAYS:	Teams to be decided by noon) 3200 METER	T-SHIRT @ \$7.50 → \$ TOTAL

Send entry with check to: Dregon Track Club Masters, c/o Timothy Shelley, 2748 Agate Street, Eugene, OR 97403; (503) 343-4510 or 896-3210.



# MASTERS TRACK & FIELD REPORT

by BARBARA KOUSKY

Masters T&F Chairman

# Interest Grows in Bidding for USA Site for '95 WAVA Championships

To date 16 cities have indicated their intent to bid for the right to serve as the host city for the United States bid for the 1995 World Veterans' Championships. Interested cities and organizations have until May 15 to submit their written proposals to the Site Selection Committee.

The Site Selection Committee will announce its choice for the U.S. site by July 15. Members of the Committee represent each of our geographic regions of the U.S., as well as a cross-section of athletes and event areas, including long distance events.

Appointed to serve on the Committee are: Ruth Anderson, Tom Gage, Pete Stopoulos, Tom Thorne, Marilyn Mitchell, John Boyle, and Bill Collins. Thomas McLean, Director of Operations for USA T&F, will serve in an exofficio capacity, as will Charles DesJardin and myself.

And the Bidding Goes On...

While only one city will be chosen for the '95 WAVA bid, our intent is to continue to build relationships with all the cities and organizations who indicate interest in our sport and encourage them to consider hosting our national championships. We will award our 1995 and 1996 national championships at the USA T&F Convention in December. As stated before, our goal is to award our Championships at least two years in advance of the actual meet. All awards are based on the premise of receiving viable bids that meet our criteria.

And On...

Official notice has been given to Rex Harvey, President of the North and Central America WAVA Region, that the U.S. would like to bid for the right to host the 1996 Regional Championships. The Championships will be awarded during the Regional Meeting in Miyazaki.

Those wishing to be considered for the U.S. site or wanting additional information should contact either Max Goldsmith or myself. The site selection will be made at our Masters Track and Field Committee meeting this August in Provo.

Uniform Update

This year USA Track and Field, with start-up assistance from Nike, our official apparel sponsor, will implement a USA T&F merchandise program. We are working with the National Office and Nike to develop a procedure so masters athletes can purchase uniforms on an ongoing basis. In order to conform with the WAVA requirement (any athlete who wants to be considered for team competition must wear their country's uniform), the uniform must clearly indicate USA. Our intent would be to also include a "masters competitor" designation.

As with any new venture, timelines often take longer than anticipated and adjustments need to be made. Another unform update will be given next month. In the meantime if you wish to be put on a mailing list to receive information on the new uniform, please drop me a postcard at 5319 Donald

# USA T&F EAST REGIONAL MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS

July 25, 1993 - Syracuse, New York

Hosted by: Central New York Track & Field Officials
Syracuse Chargers Track Club

Pre-registration Only!

To receive an entry form, send a SASE to: Evelyn White, 118 Foxcroft Ln., Fayetteville, NY 13066

# **USATF Regional Championships Set**

The 1993 USATF Regional Masters Track and Field Championships will be held in seven locations throughout the USA:

1) The East Regionals are set for July 25 in Syracuse, N.Y.

2) The Southeast Regionals take place in September in Gainesville, Fla., at a date to be announced later.

3) The Midwest Regionals will be held on July 24 in Lisle, Ill.

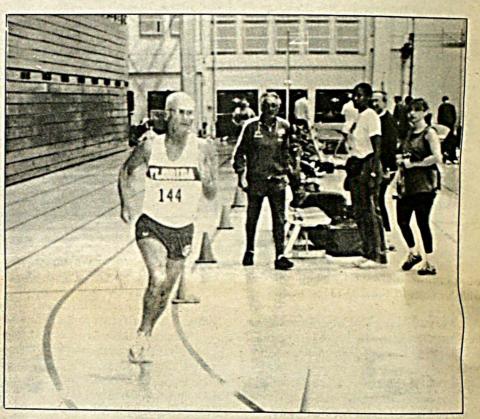
4) The Mid-America Regionals go off on June 26 in Lincoln, Nebr.

5) The Southwest Regionals are a twoday affair on July 23-24 in Gonzales, La. 6) The West Regionals cover the weekend of July 31-August 1 in Los Angeles.

7) The Northwest Regionals combine with the Hayward Classic on July 17-18 in Eugene, Ore.

The regionals traditionally draw between 150 and 300 athletes, but USATF has allocated 37% more funding this year to assist regional developmental and Championship meets. The regionals are a stepping stone for many

athletes to USATF's annual National Masters T&F Championships, the 26th edition of which will be held this year on August 11-14 in Provo, Utah.



Jay Sponseller, Florida, on his way to an M75-79 400m world record 73.80, at the Indoor Nationals.

NMN/Jerry Woicik

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Street, Eugene, OR 97405-4820. Western Hospitality

Western hospitality was very evident at Montana State University at our National Indoor Championships. Special thanks to the MSU staff, the officials, and to the Masters Meet Hosts, Bob and Sharon Sager.

# USATF REGIONAL MASTERS TRACK & FIELD Championship Schedule - 1993

	Championship Sch	iedule - 1993		
REGION East	DATE/SITE July 25 Syracuse, NY	CONTACT Evelyn White 118 Foxcroft Lane Fayetteville, NY 13066		
Southeast	September TBA Gainesville, Fla.	ТВА		
Midwest	July 24 Lisle, Ill.	Illinois/USATF 708/833-7303		
Mid-America	June 26 Lincoln, Nebr.	Gary Bredehoft 402/435-7061		
Southwest	July 23-24 Gonzales, La.	Jeff Baty 504/644-6930		
West	July 31-August 1 Norwalk, Calif. (L.A. suburb)	Mary Thompson 213/662-1062		
Northwest	July 17-18 Eugene, Ore.	Timothy Shelley 503/896-3210		

# 300 Participants Set 33 World Indoor Records

Continued from page 1

commented on the 5000-foot altitude. suggesting that it added from 8-to-20 seconds to the 1500 times and a possible minute to the 3000 walk. Others said that the altitude made no difference, using Louise Adams, 71, who broke four W70-74 records in the 400, 800, 1500, and 3000, as proof of their argument, until it was discovered that she lived in Boulder, Colo.

Leonore McDaniels, of Virginia, erased three W65-69 world records, including the triple jump (23-1134), and one U.S. record.

Harold Morioka, of Canada, left no doubt as to the claim for the sprint stand-out of the meet, with world M50 records in the 60, 200 (23.76), and 400 (52.95). The 60m record (7.39) is shared with Steve Robbins of Califor-

The M50 60m race provided the biggest brouhaha of the meet. After examining the photograph of the finish, officials gave the win and the record to Morioka. Robbins filed a protest, and upon re-examination of the picture, both sprinters were awarded first place and shared the record. Neither party was pleased with the decision.

Jay Sponseller, M75, of Florida, added two world records to the harvest gathered by athletes from the Southeast (Raschker, McDaniels, and others) with his times in the 200 (31.85) and 400 (73.80).

Walt Butler, of California, felt that the track's surface was tiring on his legs, but that didn't prevent him from breaking a world record in the M50 60mH (8.47), which also produced four others.

Sami Bailey, of Indiana, broke the W55 world record for the 3000 walk with an 18:21.47, while five walkers established U.S. records.

The usual problems surfaced here as they seem to at every championships. In some races, runners were placed by their declared times, not by age groups, which was corrected. Changing heat races to finals irked many, but athletes had been forewarned of that possibility, and when it did occur, entrants were apprised of the changes as early as possible. Some early 60m races were run without the no-false-start rule until Barbara Kousky, Masters T&F Chairperson, informed the officials of the masters regulation on false starts.

Most participants agreed that the huge fieldhouse and adjoining warmup area enhanced the quality of the meet, and that the meet officials and campus workers were accommodating. Some entrants voiced complaints about the behavior of a few of their fellow

Incoming athletes were greeted with a reception table at the Gallatin Airport terminal. Before an informal masters meeting on Saturday evening at the meet headquarters Holiday Inn, attendees were treated to a homecooked buffet, provided by Bob Sager and his wife, Sharon, and Dr. Ron Hecht.

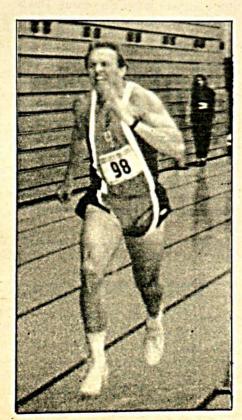
Kathy Close and Jody Kappel served as meet directors, with help from Karolyn Martinez, Melanie Marsh, and Bob Sager. Two days after the meet, Close gave birth to a son.

Next year's championships will be held on March 25-27 in Columbia, Mo. 🗆



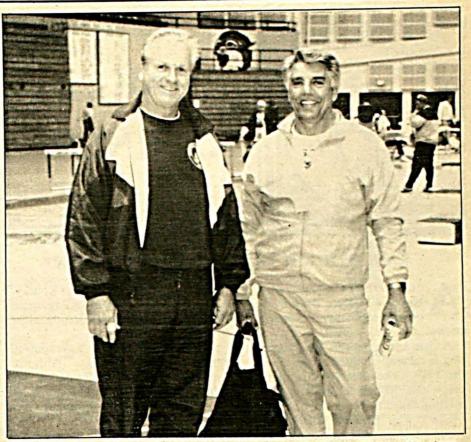
Russell Randall, 86, Denver, Colo., oldest conpetitor in the USATF National Masters Indoor Championships, Bozeman, Mont., March

NMN/Jerry Wojcik



Jim Mathis, Tennessee, winning the M55 400 (57.13), at the Nationals.

NMN/Jerry Wojcik



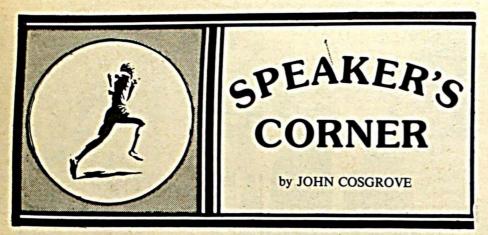
Weight throwers Len Olson (I), Florida, M60 first (44-31/2), and Phil Brusca, Missouri, M65 winner (40-71/2), USATF National Indoor Championships. NMN/Jerry Wojcik

## Pending World and U.S. Age-Group Records At National Masters Indoor T&F Championships, Bozeman, Mont; March 19-21, 1993

	THE PARTY OF	Dozema	ili, Millit, Maich 13-2	1, 1333	Value 1
WORLD R	ECOR	OS.	TOTAL PLANTED		Medical Internal and
Event	Age	New Mark	Name	Old Mark	Held By
60m	M50	7.39	Steve Robbins	7.4	R Taylor &
-Late, 19 47 No.	M50	7.39	Harold Morioka	7.4	F Taylor
* 5 35 6	M80	9.81	Fred White	9.83	A Pajunen
	M85	11.74	Russell Randall	11.92	K Boas
	W45	8.12	Phil Raschker	8.35	P Raschker
200m	1450	23.76	Harold Morioka	23.8	R Taylor
Walter Town	M75	31.85	Jay Sponseller	32.5	A Pajunen
	M85	39.79	Russell Randall	42.51	K Boas
	W45	26.31	Phil Raschker	27.1	M Hocknell
400m	M40	50.25	Fred Sowerby	50.64	J King
THE REAL PROPERTY.	M50	52.95	Harold Morioka	54.0	L Colbert
	M75	73.80	Jay Sponseller	74.38	G Diguardo
	M85	1:40.86	Russell Randall	1:56.20	K Boas
	W70	1:33.1	Louise Adams	1:44.86	C Peebles
800m	W70	3:39.55	Louise Adams	3:47.8	P Mehl
1500m	W70	7:17.94	Louise Adams	7:22.96	J Kazdan
3000m	W70	14:38.65	Louise Adams	15:15.10	E McCoy
60mH	M50	8.47	Walt Butler	8.83	S Tyler
	M55	9.16	Dale Lance	9.21	L Pratt
	M60	9.14	Phil Mulkey	9.36	J Greenwood
	M70	10.75	Ed Lukens	11.01	B Morcom
	W65	14.26	Leonore McDaniels	14.9	P Peterson
HJ	M40	6-7	Steve Harkins	6-7	J Hartfield
A 12 18 18 18	M65	5-41	Jim Gillcrist	5-0	B Gist
	W45	4-10-	Phil Raschker	4-101	P Raschker
	W65	4-1	Leonore McDaniels	3-91	H Pedel
PV	W45	9-31	Phil Raschker	9-1	P Raschker
W	M85	8-8 3/4	Russell Randall	8-3	E Hosack
	W45	17-9 3/4	Phil Raschker	17-7 3/4	P Raschker
TJ	M70	32-81	Ed Lukens	32-51	H Simola
	W45	35-6	Phil Raschker	33-101	P Raschker
	W65		Leonore McDaniels	22-11	H Pedel
SP	M85	22-9 3/4	Burt DeGroot	20-91	E Hosack
3000mRW	W55	18:21.47	Sami Bailey	18:27.8	P Norvill
				10.27.0	r MOLVIII
	acon!				
U.S. RE	_		A STATE OF THE STA		CTA LINE ALS
Event	Age	New Mark	Name	Old Mark	Held By
200m	W50	30.87	Marilyn Mitchell	33.2	S Redfield
400m	W55	31.45	Carolyn Cappetta	32.97	B Vosburgh
400m		60.05	Marion Sanchez	60.62	H Brown
HJ	M80 M75	85.00	Fred White	86.79	B Fike
W		10 6 3/4	Ham Morningstar	4-4	three others
W	M80	10-6 3/4	Claude Hills	10-4	R Meyers
SP	W65	11-5	Leonore McDaniels	11-1	M Bowermaster
WT	M70 M85	39-4	Don Cumley	38-31	T McDermott
3000mRW		16-8	Burt DeGroot	15-7 3/4	E Hosack
SOUTH	M40	16:30.41	Don Anderson		A Company of the last of
	M65 M70	17:18.7	Robert Mimm Don Cotner	ALC: YES	
	FI/U	20:33.4	rou comer		

Don Johnson

23:44.82



# Competition for Ages 29-and-Under

t the 1992 TAC Convention in Louisville, I suggested to Barbara Kousky, National Masters Track & Field Chairman, that the masters T&F program provide competition to ages 29-2nd-under. The proposal is currently under review.

As you know, masters T&F competition is currently limited to age 30 + in the USA. The idea of extending it below age 30 had its beginning in a meeting called by Hugh Cobb, USATF Masters West Regional Chairman. A group was formed to generate ideas to try to reverse the recent poor participation of submasters (ages 30-39) in masters meets, and to try to improve our sport's public relations.

#### Background

First, a brief background:

 International masters competitions (T&F, LDR and RW) are currently limited to 40+ for men and 35+ for women. There are no qualification

standards required for any competition, other than age. Although minimum age/sex performance standards are applied for medals at the world level, the primary emphasis is on participation.

 All world and U.S. masters championships and records are officially recognized by the same governing bodies as the open (elite) ranks. The masters world governing body (WAVA) is fully recognized by the IAAF. The program includes a full schedule of T&F, LDR and RW for all ages in 5-year age groups.

The U.S. also offers "All-American" awards for performances in all T&F events, based on age/sexgraded standards.

More events are available for masters women than is typically true in elite competition. Masters have pioneered some events for women that are now being added at the open level (e.g. pole vault, triple jump, steeplechase, hammer throw). Track & Field is growing internationally and our committee is dedicated to strengthening it in the U.S. where T&F is having its well-known problems.

The USATF (formerly TAC) masters program is separate from the Senior Olympics program, which offers many other sports besides T&F, limits the ages to 50 + or 55 +, and is not allied with the respective governing bodies. In Southern California we have a very cooperative relationship with the Senior Olympics organization and mutually promote each other's meets.

The National USATF masters program is not currently authorized to award championships to athletes under age 30. Any change must be approved by the National Masters T&F Committee and by a majority of USATF voting members.

#### **Current Situation**

Currently, athletes are free to compete in either the masters or open programs, depending on their desires. Many 30 + elite athletes, such as Carl Lewis and Steve Scott, opt to stay with the elites, while others compete in masters meets. Even some masters (40+) such as Ken Popejoy compete in

However, the masters program is clearly intended to serve the recreational athlete. The proposal to include age-29-and-under participants is designed to provide a quality competition path for open runners who wish to compete at a recreational level.

It could also serve as a temporary development program for athletes who have not yet reached elite status. This is critical for middle- and long-distance track runners who may not peak until their late 20s or 30s. Thus, the masters program could be viewed as a farm program for elites.

Since there is a possibility of overlap with the elite program, any solution must involve the cooperation of all of the affected T&F committees. The real objective is to keep the sport healthy at all levels.

Currently, competition for non-elite, post-college athletes is limited to all-

# Competition Limited

# **Ten Years Ago**

- 405 Compete in Indoor Nationals in Bethlehem, Pa.
- Mike Heffernan, 42, Wins National Masters Marathon (2:28:34) in Seattle.
- Bill Hall (M40, 2:27:09) Takes Masters Title in Florida Marathon.



Carolyn Cappetta, Massachusetts, first W55-59 in the 400 with a 69.03, USATF National Masters Indoor Championships, Bozeman, Mont., March 20.

NMN/Jerry Woicik

comers meets and a few development races in the big meets in larger cities. Even some of those are disappearing. There is no competition path for the recreational athlete beyond these local meets until they reach age 30 when they can join the masters program.

In Southern California, even some college programs are disappearing. Two traditional track schools — UC Irvine and San Diego State — have dropped track. UCI has since had its program restored by strong alumni support. UCLA and USC have cut back their programs. Cal State Long Beach is surviving by the extraordinary efforts of its head coach. Given these conditions, any viable competitive structure needs to be available if our sport is to prosper.

The current effect on the masters progam is that fewer track athletes are staying in the sport until they reach age 30. So the average age has been increasing because of the lack of submasters participation.

#### Summary

Adopting this proposal can benefit both the masters and elite programs. Masters meets will be well attended. Seeds will be sown for a healthy program in the future when the younger athletes continue into the older age groups. With increased numbers, meet sponsorship will become more viable. The whole program will benefit.

The elite program will gain a readymade development program for the post-collegiate athlete. Recreational athletes will produce some elite candidates. It could become similar to European clubs, which are composed of members of all ages, with the best being sent to national and world competitions.

I welcome your comments on this issue.

John Cosgrove is a steeplechaser and Masters T&F Chairman of the USATF Southern California Association. Letters may be sent to NMN or to Cosgrove at 7411 Earldom Ave., Playa del Rey, CA 90293.

SEE YOU IN BOULDER! AT THE

# ROCKY MOUNTAIN MASTERS **GAMES**



SEPTEMBER 4 AND 5. 1993
UNIVERSITY OF COLORADO. POTTS
FIELD. BOULDER. COLORADO
CHEVRON 440, 400 M.
ELECTRONIC TIMING
FIVE YEAR AGE GROUPS - MEN
AND WOMEN AGES THIRTY AND
OVER. DAY COMPETITION.
FIRST SIX PLAGES IN EACH
EVENT RECEIVE MEDALS. A
MAXIMUM OF THREE
MEDALS WILL BE AWARDED TO ANY
ENTRANT. ADDITIONAL MEDALS
WON MAY BE PURCHASED FOR
\$3.00 AT THE END OF THE MEET.
STANDARD TAG MASTERS RULES
EXCEPT WEIGHT IMPLEMENTS
WHICH MILL USE OLD IMPLEMENTS
WHEN NEW METRIC NOT
AVAILABLE.

ALL TRACK AND FIELD EVENTS INCLUDING PENTATHLON AND WEIGHT PENTATHLON OMPETATION;

REGISTRATION: TAC REGISTRATION (STANDARD PEE) IS REQUIRED AND WILL BE

AVAILABLE AT THE MEET.
\$6.00 PIRST EVENT, \$4.00 EACH ADDITIONAL EVENT. UNLIMITED OPEN EVENTS, \$26.00. EITHER PENTATHLON COUNTS AS ONE EVENT.

FOR ENTRY FORMS AND INQUIRIES CONTACT:

DAVE SIMONS, 1550 BASELINE ROAD, BOULDER, CO 80302 NANCY MANSON, 518 QUENTIN STREET, AURORA, CO 80011 JIM WEED, 11672 BAST 2ND AVE., AURORA, CO 80010 STRYE KAEUPER, 2263 KRAMERIA, DENVER CO 80207 JERRY DONLEY, 1715 ALAHO, COLORADO SPRINGS, CO 80907 (719)635-1264

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Phil Raschker, of Georgia, on the way to the W45 60mH gold (10.56), National Masters Indoor Championships, Bozeman, Mont., March 19-21. Liz McBlain, a guest from Canada was second (10.94). Michael Marie Hill, of New Jersey, was the U.S. silver medalist (11.42).

# Indoor Nationals "Age-Graded"

Once again, Phil Mulkey, Masters Southeast Region T&F Coordinator, has "age-graded" the National Masters Indoor T&F Championships, held in Bozeman, Mont., March 19-21. Such calculations give outstanding performers a platform to show how well they're doing. It also gives publicity to some lesser-known names who are doing better than was thought.
"Double-winners" in men's com-

petition were Fred Sowerby, M40 (400, 800) and Ed Lukens, M70 (LJ, TJ). In women's action, Phil Raschker, W45, led the way with four wins (200, PV, LJ, TJ), while Deedee Grafius, W40, took two mythical titles (800, 1500).

Photo by Dave Bayliss

Revised age-grading standards have been proposed to the WAVA Council for approval, and could be in use as early as June, 1993.

ON SATURDAY, JULY 10, 1993 MASTER ATHLETES FROM OVER 20 STATES AND CANADA WILL CONVERGE TO THE CONFINES OF LIBERTYVILLE, ILLINOIS TO BE PART OF A MOST UNIQUE EVENT.

# THE 6TH ANNUAL MASTERS RETURN TO ILLINOIS TRACK AND FIELD CHAMPIONSHIPS

\$1000.00 CASH PRIZES POST EVENT PICNIC SPECIALLY DESIGNED COMMEMORATIVE MUG TO AWARD WINNERS

SEMINAR: FRIDAY, JULY 9, 1993 "Altering the Boundaries of Aging"

Keynote Speaker: Walter Bortz II M.D. author of WE LIVE TOO SHORT AND DIE TOO LONG How to Achieve and Enjoy Your Natural 100-Year-Plus Life Span.

SEND SASE TO: Craig Dean M.D. MASTERS RETURN TO ILLINOIS 719 Stonegate Ct. Libertyville, Il. 60048

# **CLASSIFIEDS**

Classified ad rates are 75c a word. Count name and address as 5 words. Race notices are 50c per word. Prepayment required with copy. Deadline is the 10th of the month prior to the issue date. Send to NMN, PO Box 2372, Van Nuys, CA 91404.

SPORT QUILTS. Personalized quilts made from your favorite T-Shirts. Ideal birthday gift. For brochure send SASE to Anne Tiffanie, Rt. 2, Box 139, Leesburg, VA 22075 (703) 338-2835.

SAN DIEGO VACATION CONDO, Sail Bay, 2 br/2 ba, \$125 nite/\$800 week, 619-442-8674.

AUGUST 1. U.S. Masters-Senior Olympic EM "R" T&F Twin Cities. SASE to: Rachel Lyga, 122 631/2 Way NE, Minneapolis, MN 55432, 612/574-9661.



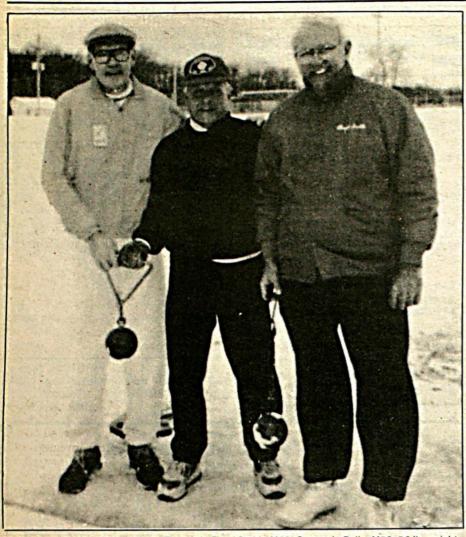
Ken Sparks, Ohio, won the M45-49 1500 in 4:23.0, USATF National Masters Indoor Championships, Bozeman, Mont., March 20.

NMN/Jerry Wojcik

# NATIONAL USAT&F MASTERS INDOOR CHAMPIONSHIPS (AGE GRADED)

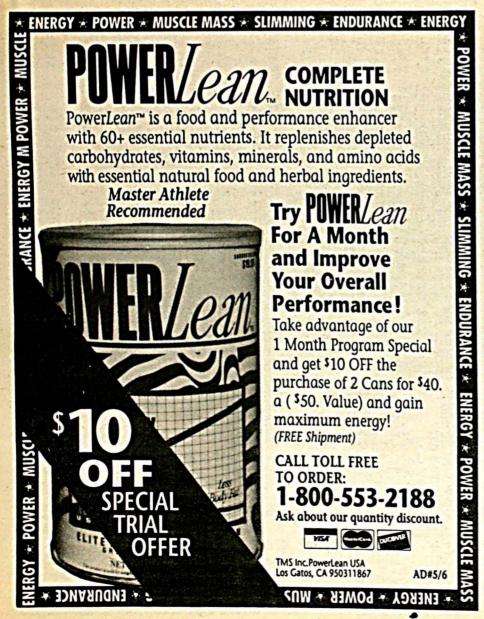
Bozeman, Montana (March 19-21, 1993)

Dozeman, Moi	Italia (Mic	1101 13-21, 1333)	
MEN	1 33 6 6		
200 Meters		Triple Jump	
121.05 TTM TAW (65)	93.21	56'0" ED LUKENS (70) 52'3" Tom Patsalis (70)	89.8%
:21.17 Steve Robbins (50)	92.68	52'3" Tom Patsalis (70) 50'7" Phil Mulkey (60)	86.34
:21.43 Marion Sanchez (60)	91.50	48'1" Frank Strung (50)	81.49
:21.43 Jim Mathis (55) :21.49 Chuck Sochor (65)	91.50	46'11" Jim Ecklenrode (30)	79.58
:21.65 Chuck Miller (55)	90.58	46'9" Tyrone Carlis (45)	13.20
Charles of the Control of the Contro		Shot Put	
400 Meters :46.12 FRED SOWERBY (40)	93.84	57'1" TOM GAGE (45)	85.31
:46.12 FRED SOWERBY (40) :46.27 Chuck Sochor (65)	93.50	56'9" Phil Brusca (65) 56'8" Manuel White (75)	84.78
:46.44 Jim Mathis (55)	93.28	56'5" Phil Mulkey (60)	84.28
:46.92 Marion Sanchez (60)	92.28	54'0" Roger Kamla (40)	80.68
:46.93 Jim Law (65)	92.18	53'11" Don Cumley (70)	80.58
:47.84 Dennis Duffy (50)	90.44	HOUTH	
800 Meters		WOMEN	
1:52.03 FRED SOWERBY (40)	90.78	200 Meters	
1:53.97 Ken Sparks (45)	89.21	:23.50 PHIL RASCHER (45)	91.88
1:54.24 Rick Smith (35)	88.91	:26.03 Carolyn Cappetta (55)	82.98
1:57.32 Terry Howell (35)	86.68	:26.59 Marilyn Mitchell (50)	01.10
1:57.34 Rick Easley (35) 1:57.84 Brian Janssen (40)	86.54	400 Meters	
1.37.04 Bilan Danssen (40)	admin's	:54.82 CAROLYN CAPPETTA (55)	87.28
1500 Meters		:57.62 DeeDee Grafius (40)	83.0
3:57.38 KEN SPARKS (45)	88.24	:60.85 Mary Boe (65)	78.68
4:05.90 Brian Fernee (55)	85.18		
4:09.08 Alferd Funk (75)	84.18	800 Meters 2:14.08 DEEDEE GRAFIUS (40)	84.78
4:09.32 Terry Howell (35)	83.88	2:23.87 Sheree Robinson (35)	78.48
4:09.77 Sid Howard (50) 4:09.99 Ken Ogden (55)	88.34	2:26.00 Linda Upton (45)	77.38
4103133 Keil Ogdell (33)	THE LEAD IN		
3000 Meters	****	1500 Meters	78.88
8:52.55 ALFERD FUNK (75) 8:59.21 Charles Williams (60)	84.88	4:54.74 DEEDEE GRAFIUS (40)	72.78
9:03.32 Brian Fernee (55)	83.14	5:19.46 Kati McIntyre (55) 5:20.63 Marilyn Morehead (50)	72.58
9:03.32 Brian Fernee (55) 9:05.29 Joe Fodor (55)	62 08	3:20.03 Halliya motement (50)	
9:11.54 Salih Talib (45)	81.98	3000 Meters	
9:16.88 Walt Wetzer (45)	81.14	10:04.95 LOUISE ADAMS (70)	82.98
10.00 mm (10.00 mm) (		11:45.41 Marilyn Morehead (50)	70.38
3000 Meter Walk	81.31	11:53.14 Kati McIntyre (55)	10.36
	81.19	3000 Meter Walk	
13:42.70 Paul Johnson (55)	80.5%	13.55.75 JOAN ROWLAND (65)	88.68
14:00.82 John Elwarner (50)	79.48	14:15.82 Visha Sedlak (40)	86.51
13:49.60 John Kerfoot (30) 14:00.82 John Elwarner (50) 14:30.79 Ed Kousky (50)	76.78	15:02.42 Mary Norckauer (65)	82.18
15:13.16 Richard Bennett (65)	73.10		
The state of the s	In the	6'5- LEONORE MCDANIELS (65)	93.18
High Jump 7'10" JIM GILCRIST (65)	98.78	6'5" LEONORE MCDANIELS (65) 5'11" Phil Raschker (45)	86.68
7'6" Jim Barrineau (35)	94.21	5'7" Ann.Steekelenburg(40)	81.6%
7'4" Steve Harkins (40)	92.68		
7'3" Marion Sanchez (60)	91.38	Pole Vault	
6'11" Phil Mulkey (60)	86.81	11'8" PHIL RASCHKER (45)	97.98
6'11" Gordon Seifert (60)	00.00		
Pole Vault		Long Jump 21'9" PHIL RASCHKER (45)	88.9%
17'9" PHIL MULKEY (60)	89.51	18'9" Leonore McDaniels (65)	76.28
17'0" Jerry Donley (60)	85.9%	18'5" Mavis Lorenz (65)	75.18
16'10" Dale Lance (55)	85.00		
16'7" Jerry Cash (4U)	81.78	Triple Jump	
15'8" Matti K'lainen (45) 15'5" Larry Bolmes (50)	79.18	43'6" PHIL RASCHER (45)	76.24
13.3 Latry Bolmes (30)		39'6" Leonore McDaniels (65) 34'6" J'phine Sullivan (65)	70.48
Long Jump		34 0 3 burne parizzan (03)	THE PER
25'11" ED LUKENS (70)	89.88	Shot Put	ATTE OF
24'11" Phil Mulkey (60)	86.31	39'8" SOL POLK (60)	73.0%
24'10" Tom Patsalis (70) 24'0" Frank Struna (50)	85.91	38'3" Johnnie Bill (45)	59.48
24'0" Frank Struna (50) 23'4" Jim Ecklenrode (30)	80.8%	37'7" Michael Marie Bill (45)	58.58
23'4" Jim Ecklenrode (30) 23'1" Dale Lance (55)	80.01	The transfer of the same and the	STATE OF STREET
Dane Dane	Partie	ANTHORNE STATE OF THE PARTY OF	Will all the Beauty



Indoor track & field? (Well, almost). From left: Floyd Smith, M60; George LaBelle, M50, 56-lb. weight (6.40); and Loyd Smith, M60, 56-lb. weight (5.26), Midwest Indoor Masters Meet, Sterling, Ill., Jan. 9. "We had no trouble marking the throws in the 6" snow," said Loyd Smith.

Photo from L. Smith



# Charbonnel, Portenski Win in Boston

Continued from page 1

in the 1992 New York City Marathon, beat his countryman, Pierre Levisse, for the first time in four attempts. Levisse, as did many open runners, dropped out.

Although the temperature was a bearable 58°F at the start (with a south/southwest wind 10-15 mph and 30% humidity), temperatures soared to a sunny 73°F at the finish.

Boston, the oldest annual U.S. marathon, posts qualifying times. It only scores competitors who complete the course in five hours or less. Prize money of \$17,750 is available for masters men to the first five places, with an equal amount available for women. Bonuses of \$40,000 for a world record and \$7500 for a course record are also available. If a masters winner finishes in the top 15 in the open category, he/she is awarded the open, as well as the masters, award.

Despite the win, Charbonnel has firm plans to retire within two months, as his wife is expecting their first child in July. His job as an economist with the French government is very demanding and important to him, as is his commitment to family. He may run the Pittsburgh Marathon on May 2 if he can recover in time. He still plans to continue running three times a week for fitness and health, although he

says, slyly: "Women love fat men."

Portenski, on the other hand, flew home the day after her Boston win to continue training for New Zealand's most prestigious marathon, the Fletcher, which takes place in 10 days around Lake Rotorua. She ran seven marathons last year and viewed Boston as a bit of a training run for the Fletcher. A husband, 2½-year-old daughter and ownership of a hairdressing salon make demands on her time.

"I had the second-fastest New Zealand qualifying time for the Olympics and I am brassed off at the Olympic selectors because they convinced me not to do the Fletcher last year so that I would be fresh for the Trials and for the Olympic Games. And then they went and picked a younger girl with a slower time for the Olympic team."

Portenski, who started running 14 years ago as an incentive to stop smoking, concentrates on marathons but does some track work to increase her speed.

At the awards ceremony, equal respect and acknowledgement was given to the masters, open and wheel chair participants.

President Clinton formally inaugurated his new track when he ran with the masters winners from the Boston Marathon and other winners, April 21.

#### Unofficial Results of Boston Marathon April 19

Ben Dyer	50 VA 2-52:29	Liz Oberli-Schu			from Marilyn M	itchell	
Dick Crampon Joe Burgasser	50 CAN 2:49:23 54 FL 2:51:33	Judith Hine Candy Dodge		2:52:20	Beverly Lampe	61 WI	4:28:07
Hans Vugts	51 HOL 2:49:23	Anne Roden		2:44:10	Helen Corley	60 FL	4:26:16
Richard Hoyt	52 MA 2:41:06	Irina Bondarch			Mary McCauley		4;21:56
Odvar Hausken	51 NOR 2:38:57	Portenski		2:41/18	Joyce Smith.	65 CBR	4;21:12
M50-59	PARTICIPATION OF THE PARTICIPA	Bernardine		N-12 PERSON	W60+	200	
Colin Demet	40 GBR 2:31:21	W40-49		SACTOR!	<b>生态的</b>		
Cary Romesser	42 IN 2:28:12	John Murphy		3:22:48	Dolores Iannar		
	40 JPN 2:27:36	Bob Daly		3:22:20	Carol Digiamba		
Vladimir Krivo	42 UKR 2:26:57	Jim McIlwham		3:21:30	Janet Ner wirgh		
Peter Gschwend	40 SWI 2:23 38	Edward Hardy		3:20:56	Ginger Herring		
	40 JPN 2/23:08	Joe Fernandez	64 MA	3:19:56	Wendy Burbank		3:45:06
Doug Kurtis		Joe Connolly	60 NA		Martie Ulmer	51 TN	3:42:19
	43 COS 2:21:33	Mike Goldman	61 IN	3:13:36	Jeante Blair		3:41:28
	44 KEN 2:20:33	Tom O'Hearn	61 HA	3:12:32	Mae Palm		3:38:29
J H Charbonnel	40 FRA 2:17:44	Giacomo Romani			Wen-Shi Yu		3:35:59
M40-49		Sam Smidley	63 CA	3:03:00	Margaret Betz	56 NY	3:28:23
A STATE OF STATE OF	THE PLANE	M60+	JO NZL	2:30:08	Eunice Phillips W50-59	42 CAN	3:09:02
Olga Markova	24 RUS 2:25:27	Pete Bearsley		2:55:51 2:56:08	Elaine Wilmoth		
	30 FRA 2:09:33	Mike Meredith		2:55:36	Raissa Smeknova		
Overall	The second state of	Fay Bradley John Rogucki		2:53:10			3:03:05

# Rose, Grayson Win

Continued from page 1

won the M60 race with a U.S. M60 record 28:07. The previous best was an unratified 28:15 by Jim O'Neil in 1985.

In the women's race, Nancy Grayson, 42, Northville, Mich., won with a 28:59. Catherine Lempesis, 41, Columbia, S.C., was second (29:30).

Laurie Binder, 45, Oakland, Calif., took the W45 competition in 29:49. Other division winners were Nancy Frisillo (50, 32:39), New Hartford, N.Y., Susie Kluttz (56, 34:40), Winston-Salem, N.C.; and Ruth Anderson (63, 41:02), Oakland, Calif.

Masters winners in the Shamrock Marathon, also run on Saturday, were Nick Manzini (40, 2:38:05), Scullville, N.J., and Claudia Ciavarella (44, 3:02:59), Arlington, Va.



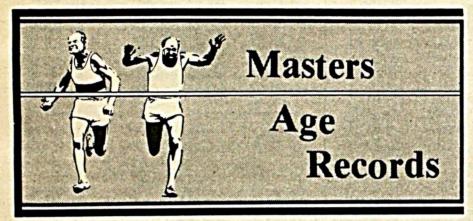
Barbara Zamparelli, second W60 (53:34), Straub Hawaii Women's 10K, Honolulu, March 7. Photo by Tesh Teshima

Records Section

Name of Operator

May, 1993

page 17



# New Age-Group Records Compiled

In this issue are new world and U.S. five-year age-group track and field records for men and women age 35-and-up. The marks are those compiled and approved, as of March 31, 1993, by the Records Committees of the World Association of Veteran Athletes (WAVA) and the Masters Track and Field Committee of USA Track & Field (USATF), both headed by Peter Mundle.

Per a decision by TAC (forerunner to USATF), no hand times recorded after 1990 for races of 400 meters or less will be considered for U.S. five-year age-group records. However, hand times achieved before 1991 will continue to be included in the U.S. record lists until broken by a superior time. At the world level, WAVA still recognizes hand times for all events for world marks.

The official WAVA/TAC record forms are printed on this page. Meet directors should keep several copies on hand, fill them out if a potential record is set, and mail them to Mundle. Athletes can aid their own cause by carrying a copy to meets for officials' signatures.

All these records have been carefully

scrutinized before approval by the Records Committees. Mundle's single-year age-record book, however, does not apply the same scrutiny, due to time constraints. Thus, there is the occasional mark in the book which differs from the five-year age-group mark. Please consider the five-year marks, printed here, as the official records.

Long Distance Records

At present, there are no official world long distance road records, but the latest U.S. masters road marks were published in the November 1992 issue of NMN. U.S. road records are compiled by Road Running Information Center, the official record-keeping arm of USATF.

WORLD ASSOCIATION OF VETERAN ATHLETES
Application for World Veteran Age-Group Record/World Veteran Age-Group
'Best Performance'/World Veteran Age-Best Performance

#### TRACK OR ROAD EVENT

To: PETE MUNDLE, CHAIRMAN, W.A.V.A. RE 4017 Via Marina No. C-301, Venice, CA S	0291, USA.
Application is hereby made for a World Vete Group 'Best Performance'/World Veteran Age- lowing is submitted: (Please type or use capitals throughout)	eran Age-Group Record/World Veteran Age-
Ace G	roup Men/Women
Full Name of Competitor(s)	
Full Name of Competitor(s)	
Date(s) of Birth	is required, in order of running.)
Competitor's Country	Data of Meeting
Name of Stadium Toy	onCountry
RESULT OF RACE	
The names of the first three competitors and 1st	their times were as follows:
2nd	Time
2:10	Time
STARTER'S CERTIFICATE I hereby certify that the start of the race was	in accordance cith I.A.A.F. Rules.
Name of Starter	Signature
Name of Starter	G)
signature was the exact time recorded by my	watch and that the watch used by me has been
Time Name	Olgrature
TimeName	Signature
Name	Signature
CHIEF TIMEKEEPER I confirm that the above Timekeepers exhibited stated.	their watches to me and that the times were as
	(Signature)
(Name of Chief Timekeeper or Refere	(Signature)
ELECTRICAL TIMING A fully automatic electrical timing device was and this was the official time.	s used. The time recorded was
(Name of Chief Photo-Finish Judge) NOTE - A Photo-Finish print must be include	(Signature) d with this application.
WIND GAUGE	metres/sec.
WIND GAUGE I hereby certify that wind speed in direction of	Signature

WORLD ASSOCIATION OF VETERAN ATHLETES
Application for World Veteran Age-Group Record/World Veteran
Age-Best Performance
FIELD EVENT

To: PETE MUNDLE, CHAIRMAN, W.A.V.A. RECORDS COMMITTEE, 4017 Via Marina No. C-301, Venice, CA 90291, USA.

4017 Via Marina No. C-301, Venice	. CA 90291, USA.	
Application is hereby made for a World Performance, in support of which the for (Please type or use capitals throughout	ollowing information	Record/World Veteran Age-Best n is submitted:
Event	_ Age-Group	Men/Women
Full Name of Competitor		_ Date of Birth
Competitor's Country		
Name of Stadium	Town	Country
EQUIPMENT OFFICER'S CERTIFICATE I hereby certify that the Shot/Discus/Ha examined by me after performance and of as modified by W.A.V.A. By-Laws (Appen implement used weighed	conforms exactly windix A) for veterans c	th the relevant I.A.A.F. Rule except ompetition. I further certify that the
Name	Signature	
FIELD JUDGES' CERTIFICATE We hereby certify that the measurement measured in accordance with I.A.A.F. R circle or runway complied with I.A.A.F. s metres	ule 148, paragraph	respective signatures is exact as 10 (a). We further certify that the
(Distance or height) (Name of Field	Jugde) (Signat	ure)
(Distance or height) (Name of Field	Judge) (Signat	ture)
metres (Name of Field	Judge) (Signal	lure)
WIND GAUGE (LONG AND TRIPLE JUN I hereby certify that wind speed in direct	MP ONLY) ction of running wa	s metres/sec.
Name of Opérator	Sig	gnature
RESULT OF COMPETITION The names of the first three competitors	s and their perform	ances were as follows:
1st	Performa	ance
2nd		

NOTE: A copy of the Results Card must be included with this application.

# WORLD TRACK & FIELD AGE-GROUP RECORDS

Compiled by Peter Mundle and the Records Committee of the World Association of Veteran Athletes (WAVA) through performances verified as of March 31, 1993

			ONE MILE	,	LONG HURDLES (	400m: 35-49,36"; 50-59,33"; 3	300m: 60+,30")
Men's	World Five Year Ag	e Group	DIV. MARK NAME(RESIDENCE)	AGE MEET DATE	DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE
171 1 1 1 1 1 1	Records		M35 3:52.48 John Walker(NZL) M40 4:05.39 Wilson Waigua(KEN)	36 7- 2-88 40 6- 3-89	M35 48.93 M40 52.7	Nat Page(USA) Stan Druckrey(USA)	35 7-10-92 40 7- 8-89
			M45 4:16.75 David Sirt(AUS)	45 12- 6-87	52.76	James King(USA)	40 8- 3-89 47 8- 1-86
100 METE	RS		M50 4:30.06 Tom Roberts(AUS) M55 4:40.4 Jack Ryan(AUS)	53 12- 6-87 55 12-15-77	M45 55.18 M50 58.1	Guido Mueller(FRG)  Jack Greenwood(USA)	50 7- 3-76
DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE	M60 4:57.1 John Gilmour(AUS) M65 4:56.4 Derek Turnbull(NZL)	61 11-13-80 65 2-29-92	M55 59.85 M60 43.49	Jack Greenwood(USA)  Jack Greenwood(USA)	57 9-27-83 63 8- 3-89
M35 10.28 10.3	Alan Wells(GBR) Edward Jefferis(RSA)	35 8- 1-87 35 11-24-71	M70 5:42.2 Monty Montgomery(US		M65 47.82 p45.20	Arne Petterson(SVE) Jack Greenwood(USA)	65 6-25-88 65 7-25-91
M40 10.6 M45 11.0	Eddie Hart(USA)	40 9-16-89	M80 8:07.1 Paul Spangler(USA)	81 6- 7-80	M70 52.2	Albertos Van Zyl(RSA)	70 10-10-92
M50 11.2	Thane Baker(USA) Ken Dennis(USA)	50 7-18-87	M85 8:04.7 Josef Galia(FRG) M90 13:43.6 Herb Kirk(USA)	87 9- 4-85 90 8-18-86	p52.0 m75 56.50	Trevor Newman(RSA) Dan Bulkley(USA)	75 8-15-92
M55 11.57 11.6	Ron Taylor(GBR) Payton Jordan(USA)	57 8- 3-91 56 6-23-73	M95 14:48.2 Herb Kirk(USA)	95 10- 6-90	M80 83.53 71.9	Bob Boal(USA) Claude Hills(USA)	80 8-15-92 80 8-31-92
M60 11.8	Alfred Guidet(USA) Payton Jordan(USA)	56 6-22-74 61 5-27-78	3000 METERS		p68.0 p75.99	Karl Trei(CAN) Errki Haapalainen(FIN)	80 6-11-89 81 7-25-91
M65 12.5 M70 12.91	Payton Jordan(USA)	65 11-30-85 74 6-22-91	DIV. MARK NAME(RESIDENCE) M35 7:47.61 Thomas Wessinghage(	AGE MEET DATE FRG) 35 8-16-87			
M75 13.4 M80 15.4	Payton Jordan(USA) Jusiah Packard(USA)	75 4-25-92	M40 8:17.4 Jack Foster(NZL) p8:15.0 Rien Van Der Wilt(M	. 43 1-31-76 OL) 40 6- 6-91	300 METER HURD	LES (50-59: 33") *** BEST	PERFORMANCES ***
M85 16.3	Duncan McClean(SCO)	88 7- 6-73	M45 8:36.0 Laurie Ohara(GBR) M50 8:53.8 Ray Hatton(USA)	45 7- 8-77 50 6-25-82	DIV. MARK M50 39.96	NAME(RESIDENCE) Guido Mueller(WG)	AGE MEET DATE
M90 19.9 M95 39.00	Prtiavi Singh Azad(IND)	90 6-14-75 95 12- 5-87	M55 9:12.8 Jack Ryan(AUS)	55 1-24-78	M55 43.28	Erkki Knapp(FIN)	55 8- 3-89
p20.82	Joginder Singh(IND)	99 7-21-91	M65 9:47.4 Derek Turnbull(NZL)	61 11-22-80 65 2- 8-92	HIGH JUM	P	
200 METER	s ·		M70 11:46.2 Harold Chapson(USA) M75 12:04.0 Scotty Carter(USA)	73 3-28-76 75 6-28-92	DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE
DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE	M80 13:52.63 Ed Benham(USA) p13:17.0 Fritz Helber(FRG)	82 5- 4-90 80 9-14-86	M35 7-1 M40 6-9	2.16 Viktor Bolshov(URS) 2.06 John Hartfield(USA)	35 6-20-74 40 9- 1-85
M35 20.62 20.68	Don Quarrie(JAM)	37 6-18-88 35 9-26-87	M85 16:32.0 Paul Spangler(USA)	85 5- 4-84	p6-9 1/2 M45 6-2 3/4	2.07 Istvan Major(HUN) 1.90 Herm Wyatt(USA)	41 7- 2-90 48 4-19-80
M40 21.86	Pietro Mennea(ITA) Bill Collins(TX)	41 8-15-92	M90 20:08.4 Paul Spangler(USA)	90 9-16-89	p6-3 1/2	1.92 Mark Gelnov(URS)	47 7-25-91
21.9 M45 22.3	Reginald Austin(AUS) George Rhoden(JAM)	40 8-10-77 45 7- 2-72	5000 METERS	三 44 对南上发展	M50 6-2 p6-2	1.88 Herm Wyatt(USA) 1.88 Horst Mandl(AUT)	51 8-21-83 52 6-25-88
22.30 M50 22.9	Stan Whitley(USA) Ken Dennis(USA)	46 6-20-92 50 7-18-87	DIV. MARK NAME(RESIDENCE) M35 13:16.36 Carlos Lopes(POR)	AGE MEET DATE 37 6-28-84	M55 5-10 1/2 M60 5-6 1/4	1.79 Herm Wyatt(USA) 1.68 Jim Gillcrist(USA)	55 5-26-87 64 9-19-92
22.91	Ron Taylor(GBR)	52 7-31-86	M40 13:45.6 Lucien Rault(FRA)	40 5-21-76	M65 5-4 M70 4-10 1/4	1.62 Jim Gillcrist(USA) - 1.48 Ian Hume(CAN)	65 10-31-92 70 9- 8-84
p23.37	Alfred Guidet(USA) Ron Taylor(GBR)	55 6-24-73 56 7- 5-91	M50 14:55.60 Antonio Villanueva(		M75 4-8 3/4	1.44 Esko Kolhonen(FIN)	75 8- 4-89
M60 24.9 M65 25.6	Payton Jordan(USA) Bernard Hogan(AUS)	60 6-19-77 65 12- 6-85	M55 15:52.8 Jack Ryan(AUS) M60 16:33.3 John Gilmour(AUS)	55 4-20-78 61 8- 9-80	M80 4-0 1/4 M85 3-8 1/2	1.22 Virgil McIntyre(USA) 1.13 Buell Crane(USA)	80 6-28-91 85 7-26-85
M70 26.8 M75 28.18	Payton Jordan(USA) Payton Jordan(USA)	. 70 6-20-87 75 6-20-92	M65 16:38.8 Derek Turnbull(NZL) M70 18:43.61h Warren Utes(USA)	65 3-13-92 71 7-23-91	M90 3-5	1.04 Buell Crane(USA)	90 7-28-90
M80 32.3 M85 37.3	Josiah Packard(USA) Harry Gathercole(AUS)	80 2-18-84 85 1-10-93	M75 20:21.62 Kosaku Kanamori(JPN M80 21:57.88 Edward Benham(USA)		POLE VAUI	LT	
M90 48.6 p44.77	Collister Wheeler(USA) Murthy Warayana(IND)	90 7-30-87 90 7-26-91	M85 26:50.2 Josef Galia(FRG) M90 37:39.38 Paul Spangler(USA)	87 8-16-85 90 8- 1-89	DIV. MARK M35 17-4 3/4	NAME (RESIDENCE) 5.30 K. Papanikolaou(GRE)	AGE MEET DATE
p45.75 M95 p62.28	Buell Crane(USA) Herb Kirk(USA)	90 6-23-90 95 7-26-91	M95 50:23.53 Herb Kirk(USA)	95 7-25-91	M40 17-0 3/4 p17-1 1/4	5.20 Larry Jessee(USA)	40 12-11-92
p48.42	Joginder Singh(IND)	99 7-26-91	10,000 METERS		M45 15-5	5.21 Kjell Isaakson(SWE) 4.70 Maurice Houvion(FRA)	41 6-23-89 45 4-12-80
400 METER			DIV. MARK NAME(RESIDENCE) M35 27:17.48 Carlos Lopes(POR)	AGE MEET DATE 37 7- 2-84	p14-5 1/4	4.37 Vic Cook(USA) 4.40 Hans Lagerqvist(SWE)	50 7-25-82 51 7- 5-90
DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE	M40 28:33.4 Lucien Rault(FRA) p28:30.88 Martti Vainio(FIN)	40 6- 9-76	M55 13-6 1/4 M60 12-9 1/2	4.12 Richmond Morcom(USA) 3.90 Herbert Schmidt(FRG)	55 8- 4-76 61 10-14-71
M35 46.38	James King(USA)	35 5-25-84	M45 30:02.56 Antonio Villanueva(I	40 6-21-91 4EX) 45 11-29-87	M65 12-4 1/2 M70 10-10	3.77 Boo Morcom(USA) 3.30 Herbert Schmidt(FRG)	65 8- 3-86 70 7-18-80
M40 48.44 M45 50.24	James King(USA) Stan Whitley(USA)	40 8- 5-89 46 7-12-92	M50 31:01.90 Ron Robertson(NZ) M55 33:00.66 Normen Green(USA)	50 7-23-91 57 7-29-89	M75 9-6 1/4 M80 8-3	2.90 Carol Johnston(USA)	75 2- 7-87
M50 51.8 p51.60	Ron Taylor(GBR) Guido Mueller(FRG)	52 9-27-86 50 6- 3-89	M60 34:14.08 Luciano Acquarone(I) M65 34:42.2 Derek Turnbull(NZL)		M85 5-8	2.51 Carol Johnston(USA) 1.73 A. E. Pitcher(USA)	80 6-20-92 86 5-14-88
M55 52.6 M60 57.64	Ralph Romain(TRI)	58 7-22-90	M70 38:23.69 Warren Utes(USA)	71 7-21-91	LONG JUM		
p54.6	Jack Greenwood(USA) Ralph Romain(TRI)	63 8- 5-89 60 9- 6-92	M80 44:29.4 Edward Benham(USA)	75 9- 9-89 81 8- 4-88	DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE
p55.24 p57.36	Peter Mirkes(FRG) Wilhelm Selzer(FRG)	60 8-28-88 64 7-27-91	M85 54:23.0 Josef Galia(FRG) M90 71:40.78 Paul Spangler(USA)	87 8-28-85 90 7-29-89	M35 25-11 1/2 p26-10 1/2	7.91 Reijo Toivonen(FIN) 8.19 Nenad Stekic(YUG)	35 1-30-72 35 7-13-86
M65 58.79 M70 62.2	Jim Law(USA) John Alexander(USA)	65 7- 5-91 70 9-24-89	ONE HOUR RUN		M40 24-4 3/4 p24-9	7.43 Tom Chilton(USA) 7.54 Hans Schicker(FRG)	40 3-24-78 40 7-24-88
M75 68.5 p68.24	Josiah Packard(USA) Fritz Assmy(FRG)	75 6-23-79 75 7- 1-90	DIV. MARK NAME (RESIDENCE)	AGE MEET DATE	M45 23-10 1/4 M50 21-5 1/2	7.27 Tapani Taavitsainen(FI	N) 46 8-21-90
M80 75.4 M85 91.54	Harold Chapson(USA) Longino Perez(MEX)	80 7- 9-83	M40 11-1330 18.919 John Van De War	sem(HOL) 40 10-16-90	M55 20- 1/4	6.54 Pericles Pinto(POR) 6.10 Tom Patsalis(USA)	50 12- 4-87 59 7-18-81
M90 2:00.2	Paul Spangler(USA)	90 9-16-89	M45 11-1268 18.862 Alain Mimoun(FR M50 11-954 18.575 Alain Mimoun(FR	A) 45 3-20-66	M60 19-11 M65 17-4 1/4	6.07 Tom Patsalis(USA) 5.29 Tom Patsalis(USA)	60 7-10-82 65 12- 1-87
p1:59.76	Murthy Narayana(IND)	90 7-27-91	M55 10-1194 17.185 John Gilmour(AU M60 10-831 16.853 John Gilmour(AU	55 10-14-74	M70 16-3 1/4 p16-4	4.96 Mazumi Morita(JPN) 4.98 Gudmund Skrivervik(NOR	70 10-15-83 1) 70 7-26-91
to a second			M65 9-1540 15.892 John Gilmour(AU	S) 65 10- 7-84	M75 15-8 1/4 M80 12-11 1/2	4.78 Mazumi Morita(JPN) 3.95 Gulab Singh(IND)	75 7-30-88
800 METE	ERS .		M75 8-335 13.181 Lou Gregory(USA	75 12-17-77	M85 10-3 3/4	3.14 Masomi Okazaki(JPN)	83 7-29-89 86 5-26-91
DIV. MARK M35 1:49.2Y	NAME (RESIDENCE) George Scott(NZL)	AGE MEET DATE 35 5-12-72	M80 7-946 12.130 Paul Spangler(U M85 6-472 10.088 Paul Spangler(U	SA) 81 11- 1-80	M90 8-0 1/4 M95 p5-10	2.44 Buell Crane(USA) 1.78 Collister Wheeler(USA)	
M40 1:51.25 M45 1:56.16	Peter Browne(GBR) Ronaldo Mercelina(HOL)	41 6-11-90	STEEPLECHASE (35-59: 3000M; 6		p7-0 3/4	2.15 Joginder Singh(IND)	99 7-25-91
M50 2:00.40 M55 2:05.07	Alan Bradford(AUS) Tom Roberts(AUS)	50 8- 1-89	DIV. MARK NAME (RESIDENCE)	AGE MEET DATE	TRIPLE JU		
M60 2:12.62	Derek Turnbull(NZL)	55 8- 1-89 62 7-21-89	M40 8:41.5 Gaston Roel ants (REL)	36 7-27-75	DIV. MARK M35 55-7 1/4	NAME(RESIDENCE) 16.95 Ray Kimble(USA)	AGE MEET DATE
M65 2:17.8 M70 2:30.84	Derek Turnbull(NZL) James Lytjen(USA)	65 3-15-92 70 6- 8-91	M45 9:25.28 Ron Robertson(NZ) M50 9:50.96 Nils Undersaker(NOR)	46 12- 5-87	M40 51-6 1/4 M45 46-6 1/4	15.70 Milan Tiff(USA) 14.18 Stig Backlund(FIN)	40 8- 3-89 47 7-28-87
P2:27.57 N75 2:40.0	James Lytjen(USA) Harold Chapson(USA)	70 7-23-91 75 5-14-78	p9:38.8 Nils Undersaker(NOR)	50 8- 5-89 50 6-10-89	M50 44-5 1/2	13.55 Hermann Strauss(FRG)	51 7-14-82
M80 2:53.5 M85 3:29.42	Harold Chapson(USA) Longino Perez(MEX)	80 7-11-82	M55 10:39.0 Eligio Galicia(MEX)	50 7-27-91 56 8- 1-79	M55 41-10	13.62 Stig Backlund(FIN) 12.75 Hermann Strauss(FRG)	50 6-17-90 55 7-28-86
M90 4:39.59 M95 p6:02.94	Paul Spangler(USA)	90 6-10-89	M65 7:53.00 John Eccles(N71)	61 8- 5-89	P41-11 1/4 M60 39-4 3/4	12.78 Olavi Niemi(FIN) 12.01 Jacob Rypdal(NOR)	57 7- 2-89 61 12- 5-87
	Herb Kirk(USA)	95 7-23-91	M75 9:46.90 Dan Bulkley(USA)	65 11- 2-90 71 8- 5-88	39-4 3/4 p40-5 1/2	12.01 Vaclay Barti(SWE) 12.33 Hermann Strauss(FRG)	61 12- 5-87 60 7-26-91
1500 MET	ERS		M80 13:24.59 Bob Boal (USA)	75 8-14-92 80 8-14-92	M65 36-5 1/2 M70 33-7 1/2	11.11 Matti Jarvinen(FIN)	65 7-27-91
DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE	HURDLES 110M: 35-39,42"; 40-49,39";		M75 32-11 3/4		72 10-13-85 75 7-31-88
M35 3:33.91 M40 3:49.47	Mike Boit(KEN) Wilson Waigwa(KEN)	36 8-21-85 40 8- 5-89	100M: 50-59,36"; 60-69.33".	BOM: 70	M80 27-2 1/2 M85 20-10 1/2	8.29 Gulab Singh(IND) 6.36 Shigemitsu Kawato(JPN)	83 12- 4-87 85 7- 5-92
p3:49.21 M45 4:00.53	Wilson Waigwa(KEN) Ken Sparks(USA)	41 7-29-90 45 4-24-90	M35 14.1 Ghulam Razik(PAK)	AGE MEET DATE	M90 18-1	5.51 Buell Crane(USA)	90 7-28-90
p3:59.24 M50 4:05.2	Ken Sparks(USA) Tom Roberts(AUS)	45 7-29-90	M40 14.24 Stan Druckery(USA)	35 8- 9-78	SHOT PUT (35-49	9: 16#; 50-59: 6Kg; 60-69:	5Kg; 70+ 4Kg)
M55 4:17.4 M60 4:28.66	Derek Turnbull(NZL)	55 2-20-82	M50 13.57 Walt Rutler(CA)		DIV. MARK M35 72-9 3/4	NAME (RESIDENCE) 22.19 Brian Oldfield(USA)	AGE MEET DATE 38 5-26-84
M65 4:39.9	Derek Turnbull(NZL) Derek Turnbull(NZL)	62 8- 5-89 65 3-14-92	M55 15.28 Bob Hickman(CA)	50 7- 5-91 55 7-30-89	M40 70-3 M45 58-1 1/4	21.41 Brian Oldfield(USA) 17.71 Pierre Colnard(FRA)	40 8-22-85
M70 5:09.73 M75 5:28.5	John Gilmour(AUS) Scotty Carter(USA)	70 8- 5-89 75 6-28-92	M65 16.4 Albertos Van Zyl(RSA		M50 57-7 1/4	17.56 Hermann Hombrecher(FRG	47 6-12-76 ) 50 8-14-75
M80 6:04.28 M85 7:03.38	Ed Benham(USA) Longino Perez(MEX)	80 12- 5-87 85 12- 5-87	p16.30 Jack Greenwood(CO)	65 7- 5-91	M55 51-9 p52-4	18.45 Klaus Liedtke(FRG) 15.77 Hermann Hombrecher(FRG	
M90 9:25.2 M95 13:53.8	Paul Spangler(USA) Herb Kirk(USA)	90 6-10-89 95 10- 6-90	M75 15.1 Albertos Van Zyl(RSA	70 10-10-92	M60 49-2 1/4	14.99 T. Von Wachenfeldt/SUE	55 7- 1-90
		3.70	M80 17.29 Karl Trei(CAN)	75 9- 1-90 80 7-30-89	p49-9	15.16 T. Von Wachenfeldt (SWE	60 6-25-88

Continued from previous page	200 METERS		10,000 METERS
M65 48-2 3/4 14.70 Reino Nokelainen(FIN) 65 8-3-85 M70 46-1 1/4 14.05 Voitto Elo(FIN) 70 6-23-85 M75 41-5 3/4 12.64 Ross Carter(USA) 75 9-3-89 p42-0 12.80 Voitto Elo(FIN) 75 5-27-90 M80 36-5 11.10 Antonio Gotay(PUR) 80 10-11-92 M85 27-10 1/4 8.49 Lamberto Cicconi(ITA) 85 7-3-90 M90 22-10 1/2 6.97 Buell Crane(USA) 90 6-20-90 M95 14-6 4.42 Tom Lane(CA) 97 5-23-92 p15-9 4.80 Tom Lane(USA) 96 9-22-91 p20-10 3/4 6.37 Joginder Singh(IND) 99 7-21-91 DISCUS THROW (35-49: 2Kg; 50-59: 1.5Kg; 60+: 1Kg)	DIV. MARK  WAME(RESIDENCE)  W35 22.47 Evelyn Ashford(USA)  22.5 Marina Stepanova(URS)  W40 24.84 Phil Raschker(USA)  W50 27.3 Irene Obera(USA)  W55 28.48 Irene Obera(USA)  W60 30.0 Shirley Peterson(AUS)  W65 31.65 Paula Schneiderhan(FRG)  W70 34.2 Polly Clarke(USA)  W75 35.93 Polly Clarke(USA)  W80 41.11 Polly Clarke(USA)  W85 p58.4 Anna Ward(USA)	AGE MEET DATE 35 8-13-92 36 6-27-86 42 8- 3-89 46 1-26-91 51 6- 1-85 55 8- 3-89 60 2-11-89 67 8- 3-89 71 9- 6-81 75 8-31-85 82 8-15-92 85 6- 2-90	DIV. MARK  MANE(RESIDENCE)  MGE MEET DATE  M35 31:20.28 Ingrid Kristiansen(NOR)  M35 31:20.28 Ingrid Kristiansen(NOR)  M35 37:91  M40 33:00.78 Evy Palm(SWE)  M43 7-27-85  M45 37:34.45 Elaine Statham(GBR)  M57:05.16 Elaine Statham(GBR)  M57:05.16 Elaine Statham(GBR)  M50 36:51.6 Edeltraud Pohl(FRG)  M50 36:51.6 Edeltraud Pohl(FRG)  M51 38:38.6 Jean Albury(AUS)  M52:17 Jean Albury(AUS)  M54 31:58.66 Shirley Brasher(AUS)  M55 36:51.6 Edeltraud Pohl(FRG)  M57 38:38.6 Jean Albury(AUS)  M58 36:51.6 Edeltraud Pohl(FRG)  M59 38:38.6 Jean Albury(AUS)  M50 43:58.66 Shirley Brasher(AUS)  M50 43:58.66 Shirley Brasher(AUS)
N35 233-9 71.24 John Powell(USA) 36 6-9-84 M40 227-11 69.48 Al Oerter(NY) 43 5-31-80 M45 216-11 66.12 Al Oerter(USA) 45 3-28-82 M50 205-10 62.74 Al Oerter(USA) 50 8-3-89 p214-3 65.30 Al Oerter(USA) 50 12-28-86 M55 177-1 53.98 Kauko Jouppila(FIN) 56 9-3-77 M60 189-0 57.60 Wendell Palmer(USA) 60 4-24-92	400 METERS  DIV. MARK NAME(RESIDENCE) W35 50.56 Aurelia Penton(CUB)	AGE MEET DATE 35 7-15-78	p43:26.17 Marion Irvine(USA) 61 7-21-91 W65 45:49.42 Shirley Brasher(AUS) 65 4-17-92 W70 48:33.8 Jose Maller(GBR) 70 6-7-92 W75 53:13.63 Johanna Luther(FRG) 77 7-21-91 W80 69:32.2 Ivy Granstrom(CAN) 80 8-15-92
M65 182-6 55.62 K. Maksimczyk(GBR) 65 9-17-79 M70 156-8 47.76 Kauko Jouppila(FIN) 70 7-23-91 M75 136-6 41.60 Osmo Renvall(FIN) 76 7-19-86 M80 124-2 37.86 Osmo Renvall(FIN) 80 7-23-91 M85 88-11 3/4 27.12 Lamberto Cicconi(ITA) 86 9-12-90 M90 67-5 1/2 20.56 Buell Crame(USA) 90 6-20-90 M95 36-3 11.05 Tom Lane(USA) 95 9-24-89 p48-7 14.81 Collister Wheeler(USA) 95 7-22-88 p52-10 3/4 16.12 Joginder Singh(IND) 99 7-23-91  MAMMER THROW (35-49: 16#; 50-59: 6Kg; 60-69: 5Kg; 70+:4) DIV. MARK NAME(RESIDENCE) AGE MEET DAT	W40 55.3   Maeve Kyle(IRL)	41 7-22-70 45 11- 9-89 50 10-15-75 52 6- 7-88 51 7-27-91 55 7-13-91 55 7-26-91 60 8- 5-89 62 7-27-91 65 8- 5-89 73 9-28-83 75 8-25-85 80 8- 3-90 85 7-17-88	DIV. MARK  MAME(RESIDENCE)  MAGE MEET DATE  M35 8:00.0 Kim Rupert(USA)  p7:48.32 Victoria Adams(NZL)  M40 7:48.8 Antoinette Shaw(AUS)  M45 7:45.96 Joan Colman(USA)  M57 8:5-89  M65 7:58.2 Margaret Orman(NZL)  M65 9:52.28 Sally Strazdins(USA)  M60 10:29.91 Man Little(NZL)  M65 12:44.98 Tony Smit(AUS)  M66 4-18-92
M35 271-8 82.80 Yurly Syedikh(URS) 35 8-12-90 M40 243-11 74.34 Ed Burke(USA) 44 4-28-84 M45 205-1 62.52 Hans Potsch(AUT) 48 7-18-81 p206-3 62.86 Sreko Stiglic(YUG) 4588 M50 208-6 63.56 Hans Potsch(AUT) 54 11-29-87 M55 204-8 62.40 Hans Potsch(AUT) 55 7-16-88 p208-6 63.56 Hans Potsch(AUT) 57 7-5-90 M60 190-3 58.00 Pentti Saarikoski(FIN) 61 8-26-87 M65 169-10 51.76 Pentti Saarikoski(FIN) 65 7-18-91 M70 155-11 47.54 Roy Foley(AUS) 71 3-20-88 M75 133-5 40.68 Osmo Renvall(FIN) 75 6-15-86 p150-8 45-92 Aarne Miettinen(FIN) 7588 M80 112-5 34.28 Karsten Brodersen(CML) 80 12-1-87 M85 89-6 3/4 27.30 Friederich Bender(FRG) 85 6-22-85 M90 55-7 3/4 16.96 Buell Crane(USA) 90 4-21-90	800 METERS  DIV. MARK MAME(RESIDENCE) W35 1:55.91 Jarmila Kratochvilova(CZE) W40 2:06.5 Anne McKenzie(RSA) W45 2:19.2 Anne McKenzie(RSA) W50 2:23.1 Anne McKenzie(RSA) W55 2:37.42 Edeltraud Pohl(FRG) W60 2:51.6 Joyce Mals(USA) W65 3:01.18 Shirley Brasher(AUS) W70 3:14.90 Britta Tibbling(NOR) W73 3:32.98 Johanna Luther(FRG) W80 4:18.12 Berta Hielscher(FRG) W85 p6:14.1 Mary Ames(USA)	AGE MEET DATE. 35 8-14-86 41 7- 1-67 45 11-13-70 50 10-29-75 55 7-21-91 61 7-24-92 65 4-19-92 71 8- 1-89 75 8- 1-89 80 8- 1-89 85 9- 3-88	SHORT HURDLES (35-39: 100M,33"; 40+: 80M,30")
DIV. MARK NAME(RESIDENCE) AGE MEET DAT M35 286-1 87.20 Janis Zirnis(URS) 35 5-14-83 M40 259-1 78.98 Urs Von Wartburg(SWI) 42 8-2-79 M45 238-10 72.80 Larry Stwart(USA) 46 5-12-84 p239-7 73.02 Larry Stwart(USA) 48 6-14-86	1500 METERS		LONG HURDLES (400m: 35-49, 30"; 300m: 50+, 30")  DIV. MARK NAME(RESIDENCE) AGE MEET DATE  M35 52.94 Marina Stepanova(URS) 36 9-17-86  440 63.58 Jan Hynes(AUS) 43 12-5-87
M50 215-9 65.76 Larry Stuart(USA) 50 4-30-88 M55 189-3 57.70 Jan Smiding(SME) 55 8-18-87 M60 191-10 58.48 Del Pickarts(USA) 60 11-28-87 M65 177-3 54.02 Bud Held(USA) 65 3-27-93 M70 151-6 46.18 Bill Morales(USA) 72 7-30-89 p157-9 48.08 Bill Morales(USA) 70 8-16-87 p152-1 46.36 Bill Morales(USA) 70 7-25-87 M75 135-3 41.24 Manuel White(USA) 75 8-17-91 M80 94-6 28.80 Merbert Anderson(USA) 80 7-24-82 M55 82-4 1/4 25.10 Masomi Okazaki(JPN) 85 6-24-90 M90 57-2 3/4 17.44 Buell Crane(USA) 90 7-28-90	DIV. MARK  MAME(RESIDENCE)  M35 3:57.73 Maricica Puica(ROM)  M40 4:20.7 Joyce Smith(GBR)  4:02.01 Vekatarina Podkopayeva(URS)  M50 4:54.5 Heather Mathews(NZ)  M50 4:54.5 Anne McKenzie(RSA)  p4:51.19 I. Hellwagner(AUT)  M55 5:14.2 Vicki Bigelow(USA)  p5:12.43 Edeltraud Pohl(FRG)  M60 5:44.81 Shirley Brasher(AUS)  5:44.9 Margaret Miller(USA)  p5:37 Jean Albury(AUS)	AGE MEET DATE 35 8-30-85 40 5-21-78 40 8-8-92 45 2-2-92 50 10-15-75 50 6-25-88 56 6-13-92 55 7-27-91 61 12-5-87 60 7-16-86 60 4-14-90	p62.8 Jan Hymes(AUS) 43 11- 7-87 W45 64.8 Jan Hymes(AUS) 45 11-11-89 W50 49.78 Brenda Parkinson(AUS) 50 12- 5-87 W55 52.96 Corrie Roovers(HOL) 55 7- 7-91 p52.11 Corrie Roovers(HOL) 56 7-25-91 W60 56.80 Betty Vosburgh(USA) 60 7- 5-91 W65 73.09 Patricia Peterson(USA) 66 8-15-92 p68.23 Else Laine(FIN) 65 7-25-91 HIGH JUMP
M95 33-10 1/4 10.32 Tom Lane(USA) 97 5-23-92 p46-10 14.27 Collister Wheeler(USA) 95 7-23-88 p69-5 21.16 Joginder Singh(IND) 99 7-21-91  DECATHLON(1962 IAAF SCORING TABLES)  DIV. MARK NAME(RESIDENCE) AGE MEET DAT	W65 6:02.68 Shirley Brasher(AUS) W70 6:39.04 Britta Tibbling(SWE) W75 7:09.72 Johanna Luther(FRG) p7:06.13 Johanna Luther(FRG) W80 9:06.22 Ivy Granstrom(CAN) p8:36.90 Anne Clarke(USA) W85 p11:43.2 Anna Ward(USA)	65 4-18-92 71 7-22-89 76 8- 5-89 77 7-27-91 80 8-16-92 81 7-27-91 85 6- 2-90	DIV. MARK NAME(RESIDENCE) AGE MEET DATE 4.23 6.2 1.88 Debbie Brill(CAN) 35 4-23-88 4.0 5-5 3/4 1.67 Yordanka Blagoeva(YUG) 4.2 8-3-89 p5-7 1.70 Yordanka Blagoeva(YUG) 4.1 6-25-88 4.5 5-1 1.55 Joanne Smallunod(GBR) 4.5 8-3-89 1.50 4-10 1.47 Dorothy Tyler(GBR) 5.0 6-14-70
M35 7547   Merner Von Moltke(FRG)   35 5-12-72	ONE MILE  DIV. MARK NAME(RESIDENCE) W35 4:17.33 Maricica Puica(ROM) W40 4:54.0 Laurie Binder(CA)	AGE MEET DATE 35 8-21-85 43 8-8-91	W55     4-6     1.37 Rosemary Chrimes(GBR)     56     7-8-89       p4-8     1/4     1.43 Taisija Tshentchik(URS)     55     7-23-91       W60     4-2     1.27 Else Enarsson(SWE)     60     7-23-91       W65     4-0     1.22 Guen Davidson(AUS)     65     11-28-87       W70     3-8 1/2     1.13 Mary Bowermaster(USA)     70     11-28-87       W75     3-3 1/2     1.00 Irja Sarnama(FIN)     75     8-9-81       W80     2-10 3/4     0.88 Berta Hielscher(FRG)     80     8-3-89       p2-10 3/4     0.88 Margareta Sarvana(FIN)     82     7-23-91
M70 3097 Gilberto Gonzalez(PUR) 70 7- 2-83 M75 1659 Merbert Anderson(USA) 75 3-28-78 M80 994 Herb Anderson(USA) 80 8-28-82 M85 252 A. E. Pitcher(USA) 85 9-19-87  PENTATHLON(1985 IAAF SCORING TABLES)	W45 5:02.31 Heather Matheus(NZ) W50 5:29.39 Jeanne Hoagland(USA) W55 5:50.6 Margaret Miller(USA) W60 6:24.8 Joselyn Ross(GBR) W65 6:41.64 Rosamund Dashwood(CAN) W70 7:26.0 Pat Dixon(USA) W80 9:49.40 Ivy Granstrom(CAN)	45 11-16-91 51 12-6-87 55 2-7-81 63 9-18-91 65 6-8-89 70 6-24-89 80 5-31-92	DIV. MARK NAME(RESIDENCE) AGE MEET DATE WIST 8-0 2.44 Phil Raschker(USA) 35 8-7-83 p8-10 1/4 2.70 Marie Faberdine(FRA) 36 7-20-91 p8-10 1/4 2.70 Maret Kalviste(URS) 36 7-20-91
DIV. MARK NAME(RESIDENCE) AGE MEET DAT M35 3806 Silvio Modos(FRA) 35 4-17-83 M40 3455 Werner Schallau(FRG) 40 9-24-78 M45 3117 Gary Miller(USA) 45 9-30-83 M50 2976 Gary Miller(USA) 50 6-26-88 M55 2547h Richmond Morcom(USA) 56 8-12-77 M60 2346 Rudy Mochreiter(AUS) 61 12-3-87	3000 METERS  DIV. MARK NAME(RESIDENCE) W35 8:27.83 Maricica Puica(ROM) W40 9:11.2 Joyce Smith(GBR)	AGE MEET DATE 35 9- 7-85 40 4-30-78	W40 9-6 1/4 2.90 Phil Raschker(USA) 44 6-8-91 W45 9-4 2.84 Phil Raschker(USA) 45 5-30-92 W50 7-3 3/4 2.23 Madeline Bost(USA) 52 8-17-91 W55 4-7 1/4 1.40 Dorothy McClennan(IRL) 55 7-20-91 W60 6-0 3/4 1.85 Leonore McDaniel(VA) 64 8-14-92 LONG JUMP
M65 2028 Gudmund Skriverik(NOR) 65 7-31-86 M70 1685 Adolf Koch(FRG) 70 12-3-87 M75 1232 Francisco Colon(PUR) 75 10-19-91 M80 869 Karsten Brodersen(CML) 80 12-3-87 M85 372 Herb Anderson(USA) 85 12-3-87	W45   10:19.4   Joan Colman(USA)   P9:31.38   Evy Palm(SWE)   W50   10:24.01   Edeltraud Pohl(FRG)   W55   11:20.2   Warion Irvine(USA)   W60   12:26.8   Lieselotte Schultz(FRG)   W70   13:50.8   Jacelyn Caselli(USA)   W70   13:50.8   Joselyn Ross(GBR)	46 9- 8-90 45 - 87 52 8-25-88 59 9-16-89 61 6-13-81 65 7- 6-86 70 10- 4-92	DIV. MARK NAME(RESIDENCE) AGE MEET DATE W35 21-4 6.50 Willye White(USA) 35 10-26-74 W40 19-4 1/4 5.90 Anna Wlodarczyk(POL) 41 8-15-92 W45 18-1 1/4 5.52 Takako Togawa(JPN) 45 10-19-88 W50 16-6 1/2 5.04 Maeve Kylc(IRL) 50 7-29-79 W55 15-1 1/4 4.60 Elzbieta Krzesinska(POL) 55 7-29-89
Women's World Five Year Age Group Records 100 METERS	W75 17:37.2 Bess James(USA) W80 21:18.6y Ivy Granstrom(CAN) W85 p25:29.6 Mary Ames(USA)	75 8-10-85 80 6-28-92 85 4-30-88	W60 14-3 3/4 4.36 L. Seuberlich(FRG) 60 7-29-86 W65 14-8 4.47 Paula Schneiderhan(FRG) 66 12- 1-87 W70 11-3 3/4 3.45 Elga Meri(CAN) 70 5- 4-91 W75 8-8 2.64 Tama Nakashima(JPN) 75 9-12-92 W80 7-2 3/4 2.20 Ruth Frith(AUS) 81 11- 2-90
DIV. MARK NAME(RESIDENCE) AGE MEET DAT WITS 11.07 Evelyn Ashford(USA) 35 5-28-92 W40 12.0 Maeve Kyle(IRL) 40 4-25-70 W45 12.5 Maeve Kyle(IRL) 45 1-21-74 12.5 Wendy Ey(AUS) 45 2-4-84 W50 12.9 Irene Obera(USA) 51 6-1-84 W55 13.6 Shirley Peterson(AUS) 55 1-21-84 W60 13.9 Shirley Peterson(AUS) 60 2-25-85 W65 15.04h Paula Schneiderhan(FRG) 65 12-4-87 W70 16.2 Polly Clarke(USA) 70 4-17-81 W70 16.87 Polly Clarke(USA) 75 8-31-82 W65 19.32 Polly Clarke(USA) 82 8-14-92 W65 48.40 Sarah Packham(GBR) 87 11-3-90 Pads 48.40 Sarah Packham(GBR) 86 8-7-85 Pads 48.40 Sarah Packham(GBR) 87 11-3-90 Pads 48.40 Sarah Packham(GBR) 88 8-7-85 Pads 48.40 Sarah Packham 48 84 84 84 84 84 84 84 84 84 84 84 84	DIV. MARK Ingrid Kristiansen(NOR) W35 15:13.38 Ingrid Kristiansen(NOR) W40 16:02.88 Evy Palm(SWE) W45 16:17.6 Evy Palm(SWE) W50 17:25.6 Shirley Matson(USA) W55 18:49.0 Jean Albury(AUS) W60 19:14.8 Marion Irvine(USA) W65 22:06.34 Shirley Brasher(AUS) W70 23:21.2 Jose Waller(GB) W70 23:21.2 Jose Waller(GB) W70 25:43.39 Johanna Luther(FRG) W80 30:21.85 Mavis Lindgren(USA) W85 p41:56.2 Mary Ames(USA)	AGE MEET DATE 35 791 43 7-17-85 45 4- 7-87 50 9-26-91 55 4- 7-85 60 10-19-89 65 4-19-92 70 10- 4-92 76 8- 4-89 76 9- 2-89 80 8-16-87 85 4-30-88	TRIPLE JUMP  DIV. MARK  NAME(RESIDENCE)  AGE MEET DATE  135 38-4 1/4 11.69 Masse Yoder(JPN) 35 7-8-90  W40 40-3 1/2 12.28 Anna Wlodarczyk(POL) 41 5-23-92  W45 36-5 1/2 11.11 Takako Togswa(JPN) 45 8-18-88  W50 32-11 1/4 10.04 Kimiko Nakamora(JPN) 50 11-2-91  W55 31-9 1/4 9.68 Elzbieta Krzesinska(POL) 55 8-18-9  W60 28-7 3/4 8.73 Shirley Peterson(NZL) 63 10-19-91  W65 24-9 1/4 7.55 Gwen Davidson(AUS) 66 7-20-89  W70 22-0 1/2 6.72 Mary Wixey(GBR) 70 7-27-91  W75 20-1 1/4 6.13 Shiela Evans(USA) 75 8-5-90  W80 17-5 3/4 5.33 Ruth Frith(AUS) 82 4-19-92  Continued on next page

Continued fro	m previous page				142-10 p147-11		54 Valerie Young(AUS) 10 Chatrine Ruhlow(FRG)	50 51	12- 5-8/	Talk	JAVELIN	THROW (30-49: 600G; 50+: 400G		
SHOT PUT	(35-49: 4Kg; 50+: 3Kg)			16035	p145-11	44.	48 L. Hmelevskaja(URS)	50	7-26-91 8- 4-89		MARK 212-10	NAME (RESIDENCE) 64.88 Tessa Sanderson(GB)	AGE 36	MEET DATE 7-10-92
	WANTE OF CIDENCES	ACE	MEET DATE	W55	134-0		86 Rosemary Chrimes(GBR) 68 Marianne Hamm(FRG)	61	8- 4-89		p213-10	65.18 Tessa Sanderson(GB)	35	791
DIV. MARK	NAME (RESIDENCE) 21.38 Helena Fibingerova (CZE)		8-22-84	W65	94-9 3/4	28.	90 Annchen Reile(FRG)	66	8- 9-81	W40	170-1	51.84 Anneli Virkkala(FIN)	40	8- 2-87
W35 70-1 3/4	19.05 Antonina Ivanova (URS)	40	8-28-73	W70	84-7 3/4	25.	80 Toyoko Yoshiro(JPN)	70	8-12-90	W45	156-7	47.74 Anneliese Gerhards(FRG)	45	5-30-81
W40 62-6 W45 46-6 1/4	14.18 Liest Huber(FRG)		10-13-79	W75	68-4 1/2	20.	84 Annchen Reile(FRG)	76	7-26-91	W50	143-9	43.82 Gertrude Schonauer(AUT)	52	7-29-89
W45 46-6 1/4 W50 48-8 3/4	14.85 Valerie Young(NZL)		11-29-87	W80	56-4 1/2	17.	18 Irja Sarnama(FIN)	80	7-29-86	A TOTAL PROPERTY.	p147-4	44.90 Elvira Ozolona(URS)	- 51	7-20-91
V55 47-5 3/4	14.47 Sigrin Kofink(FRG)	56	7-21-91	W85	45-3 1/4	13.	80 Irja Sarnama(FIN)	85	7-21-91	W55	151-2	46.08 Gertrude Schonauer(AUT)	55	8-29-92
W60 35-8 3/4	10.89 Marianne Hamm(FRG)	60	7-30-89	and the same			A TOTAL PROPERTY OF THE PARTY O			W60	103-0	31.40 Joan Ogden(GBR)	62	7- 9-89
p36-10 1/4	11.23 Marianne Hamm(FRG)	63	7-21-91		HAMMER	THROW	(35-49: 4Kg; 50+: 3Kg)		The state of the s	THE HOLD	p105-9	32.24 Janina Paksyte(URS)	62	7-20-91
p36-7 3/4	11.17 Marianne Hamm(FRG)	60	6-25-88						Herbert Co.	W65	100-4	30.58 Joan Ogden(GBR)	65	7-19-92
M65 32-11 3/4		65	4- 5-86	DIV.	MARK		NAME (RESIDENCE)	AGE	MEET DATE	W70	81-11	24.97 Hanna Gelbrich(FRG)	70	9-26-83
p33-0	10.06 Totti Kasekamp(URS)	65	7-21-91	W35	136-10	41.	72 Lisa Kirsh(AUS)	39	3-16-91	W75	74-2 1/2	22.62 Irja Sarnama(FIN)	77	9-26-83
W70 25-5 1/2	7.76 Hanna Gelbrich(FRG)	70	9-23-83	W40	136-4		56 Christine Schultz(AUS)	40	3- 2-91	(5.5) (S.)	p75-6 1/4	23.02 Hanna Gelbrich(FRG)	77	7- 4-90
p26-7 3/4	8.12 Katrina Smildtsina(URS)	70	7-21-91		p138-2		12 Inga Faldager(DEN)	43	7-19-91	21500	p74-5 3/4	22.70 Hanna Gelbrich(FRG)	78	7-20-91
W75 25-7	7.80 Irja Sarnama(FIN)	78	8-22-84		133-9		78 Bev Savage(NZL)	47	AND REAL PROPERTY AND REAL PRO		58-7 1/4	17.86 Irja Sarnama(FIN)	80	8-16-86
W80 24-0 1/4	7.32 Irja Sarnama(FIN)	81	8-31-87	W50			56 Janice Davies(AUS)	51		W85	14-5 1/4	4.40 Sarah Packham(GBR)	87	11- 3-90
W85 17-11 3/4	5.48 Irja Sarnama(FIN)	85	7-21-91	W55			34 Jutta Schaefer(FRG)	57	8- 5-89	To the second	p45-1	13.74 Irja Sarnama(FIN)	85	7-21-91
W95 11-1 1/2	3.39 Margaret White(OK)	95	9- 7-92		p145-2		26 Antonina Ivanova(URS)	57		- Const		(1) 在北京中国的 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)		
	AND THE RESIDENCE AND ADDRESS OF THE PARTY.				p133-11		82 Antonina Ivanova(URS)	58	7-19-91	100 mg	THE PARTY		-	
DISCUS TH	IROW ( 1Kg )		THE SHIP				46 Lydia Widera(AUS)		12- 5-87					
			TANK BUT SHOW	W65	108-3		00 Lydia Widera(AUS)	65	3-16-91	Late By				21111
DIV. MARK	NAME (RESIDENCE)		MEET DATE		96-9 3/4		51 Ilse Bellin(FRG)	70	8- 3-91	To the second		TOWNER WINDS		
W35 228-4	69.60 Faina Myelnik(URS)	35	9- 9-80	W75	65-7 1/2		00 Ruth Frith(AUS)	79	8- 5-89	La Contraction	THE WAR		-	
W40 206-5	62.92 Helgi Parts(URS)		10- 4-78	W80	62-8 3/4		12 Ruth Frith(AUS)	80	4-13-90	100-100				
W45 160-7	48.94 Odete Domingos(BRA)	47	4- 8-82	W85	50-9 1/2	15.	48 Irja Sarnama(FIN)	85	7-21-91	- The State of the				
	<b>第二年 1920年初前新州北京市</b>		E ST. SEE							19 50 50	The second	THE RESERVE OF THE PERSON OF T		
												The second secon		

# U.S.A. TRACK & FIELD AGE-GROUP RECORDS

Compiled by Peter Mundle and the Records Subcommittee of the TAC Masters T&F Committee through performances verified as of March 31, 1993

	U.S.A. Five Year A	A STATE OF THE STA	800 METE	RS		TWO MILE	\$	
	MCCOI G		DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE	DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE
100 YARD	5 一个人在这种方式是195		N35 1:52.1	Ralph Lee(CA)	37 679	M35 9:21.4	Glynn Wood(DC)	35 10-26-69
DIV. MARK	- NAME (RESIDENCE)	AGE MEET DATE	M40 1:52.5 M45 1:56.27	Ken Popejoy(IL) Don Parker(CA)	40 5-31-91 47 5-12-90	M40 9:17.6 M45 9:37.8	Ray Hatton(OR) Denny Meyer(WA)	40 4- 1-72 45 5- 5-78
M35 9.7	Walt Butler(CA)	37 6-11-78	M50 2:01.1	Bill Fitzgerald(CA)	50 6-29-75	M50 10:15.2	David Stevenson(CA)	50 7-26-79
N40 9.8	Thane Baker(TX)	42 7-13-74	M55 2:08.9	Bill Fitzgerald(CA)	55 7- 5-80	MSS 10:35.0	Bill McChesney(OR)	55 7-15-83
9.8 NAS 10.0	Percy Knox(CA) Thane Baker(TX)	41 7-11-75 46 5-27-78	M60 2:14.13 p2:13.98	Ralph Miller(WA) Jim Sutton(PA)	60 8-15-92 60 7-23-91	M60 11:08.2 M65 11:30.0	Bill McChesney(OR) Monty Montgomery(CA)	61 6-16-89
M50 10.4	Thane Baker(TX)	52 6-23-84	M65 2:25.3	Frank Finger(VA)	65 7- 5-80	M70 12:40.0	Harold Chapson(HI)	73 3-14-76
M55 10.7 10.7	Payton Jordan(CA) Alfred Guidet(CA)	55 3-25-72 55 7-14-73	M70 2:30.84	James Lytjen(CA)	70 6-, 8-91	M75 14:30	Lou Gregory(FL)	76 9-30-78
10.7	Charles Beaudry(TX)	55 8-10-74	p2:27.57 M75 2:40.0	James Lytjen(CA) Harold Chapson(HI)	70 7-23-91 75 5-14-78	M80 15:47.2	Paul Spangler(CA)	80 7-28-79
M60 10.9	Payton Jordan(CA)	61 5- 6-78	M80 2:53.5	Harold Chapson(HI)	80 7-11-82	THREE MI	ES	
M65 12.1 M70 13.4	Harry Koppel (CA) Barry Ivers(ME)	66 7-19-79 72 8- 6-83	M85 3:58.3	Paul Spangler(CA)	85 5- 5-84	DIV. MARK	NAME (RESIDENCE)	
N75 13.4	Herbert Anderson(CO)	75 10- 1-77	M90 4:39.59 M95 p6:02.94	Paul Spangler(CA) Herb Kirk(MT)	90 6-10-89 95 7-23-91	N35 13:44.2	Peter McArdle(NY)	AGE MEET DATE
M80 15.1	Herbert Anderson(CO)	80 7-24-82	The state of the s			N40 14:29.2	Ray Hatton(OR)	42 6-15-74
M85 18.8	A. E. Pitcher(IN)	87 9-25-88	4500 457			M45 15:07	Peter Mundle(CA)	46 7- 7-74
M90 19.6	Buell Crane(ID)	90 5-26-90	1500 METE			M50 15:37.8 M55 16:51.2	James O'Neil(CA) Clive Davies(OR)	50 1-10-76 59 7-13-75
100 MET	ERS		DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE	M60 16:59.2	Don Longenecker(NM)	62 6-25-78
	MINISTER STREET, STREET, ST.	15 / VAS 246 (LIST 2)	M35 3:40.83	Steve Scott(CA)	35 6-14-91	M65 17:59.2	Norman Bright(WA)	65 7-22-75
DIV. MARK M35 10.3	Ruben Whitney(TX)	AGE MEET DATE 35 6-14-80	M40 3:53.18	Larry Almberg(WA)	42 8- 5-89	M70 19:20	John Stevens(US)	70 6-16-79
M40 10.87	Eddie Hart(CA)	40 7-30-89	p3:50.43 M45 4:00.53	Larry Almberg(WA) Ken Sparks(OH)	43 7-29-90 45 4-24-90	M75 21:10.8 M80 24:08.2	Lou Gregory(FL) Paul Spangler(CA)	75 5- 6-78 80 7-28-79
10.6n	*Eddie Hart(CA)	40 9-11-89	p3:59.24	Ken Sparks(OH)	45 7-29-90	The state of the s	. Sur operator (CA)	7-20-17
N45 11.16	Stan Whitley(CA)	46 8-15-92 48 6-14-80	M50 4:05.8	Ray Hatton(OR)	50 7- 8-82	5000 MET	ERS	THE RESERVE THE
11.0n M50 11.2	Thane Baker(TX) Ken Dennis(CA)	50 7-18-87	M55 4:25.24 M60 4:32.09	Jim Sutton(PA)	55 7-19-86	DIV. MARK	MANECARCIDENCES	
M55 11.66	Ralph Summerlin(AL)	58 7-14-90	M65 4:56.80	Jim Sutton(PA) Joe King(CA)	60 7-27-91 65 7- 7-91	M35 13:51.7	NAME(RESIDENCE) Mike Manley(OR)	AGE MEET DATE
11.6n	Payton Jordan(CA)	56 6-23-73	p4:56.31	Joe King(CA)	65 7-27-91	N40 14:59.6	Hal Higdon(IN)	41 8-25-72
11.6n M60 11.8	Alfred Guidet(CA) Payton Jordan(CA)	56 6-22-74 61 5-27-78	M70 5:19.38	Austin Newman(NJ)	70 7-19-86	M45 15:12.25	Mike Manley(OR)	47 8- 1-89
M65 12.6	Payton Jordan(CA)	65 6-12-82	p5:14.97 M75 5:28.5	James Lytjen(CA) Scotty Carter(MA)	70 7-27-91 75 6-28-92	p15:11.0 M50 15:43.58	Salvador Vasquez(CA)	46 7- 5-86 50 8- 1-89
M70 12.91	Payton Jordan(CA)	74 6-22-91	M80 6:04.28	Ed Benham(MD)	80 12- 5-87	p15:41.67	Dan Conway(WI) Mike Heffernan(OR)	50 8- 1-89 50 7-25-91
M75 13.72	Payton Jordan(CA)	75 5-30-92	M85 7:44.96	Paul Spangler(CA)	85 5- 5-84	M55 16:27.1	James O'Neil(CA)	55 1-12-81
M80 15.4 M85 17.98	Josiah Packard(CA) Russell Randall(CO)	80 2-25-84 85 8-14-92	M90 9:25.2 M95 13:53.8	Paul Spangler(CA)	90 6-10-89	M60 17:19.0	Clive Davies(OR)	64 8- 2-80
M90 20.69	Buell Crane(ID)	90 7-27-90		Herb Kirk(MT)	95 10- 6-90	M65 18:30 p18:07.04	Villiam Andberg(MN) Joe King(CA)	65 7- 4-76 65 7-25-91
THE PARTY			ONE MILE			M70 18:43.61h		70 7-23-91
200 ME1	ERS		ALL THE SERVICE STATE	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	ALCOHOLD THE	M75 20:55.39	Alfred Funk(MT)	75 8- 1-89
DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE	DIV. MARK M35 3:54.13	NAME(RESIDENCE) Steve Scott(CA)	AGE MEET DATE	M80 21:57.88 M85 28:03.8	Edward Benham(HD)	81 8- 6-88
M35 20.8	Delano Meriwether(US)	35 6- 9-78	M40 4:12.24	Larry Almberg(WA)	35 7- 1-91 43 4-28-90	M90 37:39.38	Paul Spangler(CA) Paul Spangler(CA)	85 4-14-84 90 8- 1-89
M40 21.86 p21.38	Bill Collins(TX) Bill Collins(TX)	41 8-15-92 40 7- 6-91	p4:06.70	Larry Almberg(WA)	43 7-29-90	M95 50:23.53	Herb Kirk(MT)	95 7-25-91
M45 22.30	Stan Whitley(CA)	46 6-20-92	N45 4:18.83 p4:17.14	Ken Sparks(OH)	45 4-24-90		The State of the S	
M50 22.9	Ken Dennis(CA)	50 7-18-87	M50 4:32.2	Ken Sparks(OH) Bill Fitzgerald(CA)	45 7-29-90 50 7-13-75	SIX MILES		
M55 23.6 M60 24.9	Alfred Guidet(CA) Payton Jordan(CA)	55 6-24-73 60 6-19-77	MSS 4:55.3	William Fraser(MN)	55 7-22-85	DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE
M65 26.10	James Law(NC)	60 6-19-77 65 5- 4-91	p4:45.1 p4:46.5	Ray Hatton(OR)	55 5-16-87	M35 28:02.4	Peter McArdle(NY)	35 5- 3-64
26.1n	Payton Jordan(CA)	65 6-12-82	M60 5:04.9	Don Gammie(OH) Don Gammie(OH)	55 10- 5-86 60 10-12-91	M40 29:59.0 M45 30:47.0	Ray Hatton(OR)	43 4-26-75
p25.87	Jack Greenwood(CO)	65 7- 6-91	p4:58.2	Jim Sutton(PA)	6091	M50 32:40	Ray Hatton(OR) Peter Hundle(CA)	45 6-11-77 50 10- 1-78
M70 26.8 M75 28.14	Payton Jordan(CA) Payton Jordan(CA)	70 6-20-87 75 6-20-92	M65 5:22 M70 5:42.2	Monty Montgomery(CA)	65 4- 8-72	M55 35:05	Clive Davies(OR)	59 7-12-75
M80 32.3	Josiah Packard(CA)	80 2-18-84	M70 5:42.2 M75 5:57.2	Monty Montgomery(CA) Scotty Carter(MA)	70 7- 9-77	M60 36:41.6	James Oleson(CA)	60 6-11-78
M85 40.29	Konrad Boas(NY)	86 8- 3-89	M80 8:07.1	Paul Spangler(CA)	75 7-12-92 81 6- 7-80	M65 38:17.4 M70 42:14	Norman Bright(WA)	65 7-12-75
M90 48.6 p45.75	Collister Wheeler(OR) Buell Crane(ID)	90 7-30-87 90 6-23-90	M85 12:23.6	Herb Kirk(MT)	87 8-26-83	M75 44:35	Edward Benham(MD) Lou Gregory(FL)	73 5- 2-81 76 9-30-78
M95 p62.28	Herb Kirk(MT)	95 7-26-91	M90 13:43.6 M95 14:48.2	Herb Kirk(MT)	90 8-18-86	CT THE WAY	the state of the s	76 9-30-78
				Herb Kirk(MT)	95 10- 6-90	10,000 ME	TERS	
400 ME	IERS		3000 MET	ERS		DIV. MARK	NAME (RESIDENCE)	100 1000 5100
DIV. MARK	NAME (RESIDENCE)	AGE MEET DATE	DIV. MARK	NAME (DECIDENCE)	TO THE ACTION OF	M35 29:03.4	Frank Shorter(CO)	AGE MEET DATE 36 6- 8-84
M35 46.38	James King(CA)	35 5-25-84	M35 7:56.69	NAME(RESIDENCE) Steve Scott(CA)	AGE MEET DATE 35 5-25-91	29:03.4	Peter McArdle(NY)	35 5- 3-64
M40 48.44 M45 50.24	James King(CA) Stan Whitley(CA)	40 8- 5-89	M40 8:43.7	Web Loudat(NM)	40 6-13-87	M40 30:50.37 M45 31:48	Larry Almberg(WA)	42 7-30-89
M50 52.79	Larry Colbert(MD)	46 7-12-92 50 12- 5-87	M45 9:06.6 M50 8:53.8	Kirk Randall(MA)	45 6-13-87	M50 32:10.4	Ray Hatton(OR) Ray Hatton(OR)	45 6-11-77
M55 54.56	Rudolph Valentine(NY)	55 6- 9-79	M55 9:37.88	Ray Hatton(OR) Ray Hatton(OR)	50 6-25-82	M55 33:00.66	Norman Green(PA)	51 6-18-83 57 7-29-89
M60 57.64	Jack Greenwood(CO)	63 8- 5-89	M60 10:13.8	Don Gammie(OH)	56 6-26-88 60 8-10-91	M60 35:19.8	Clive Davies(OR)	63 8-19-78
M65 58.79 M70 62.2	Jim Law(NC) John Alexander(TX)	65 7- 5-91 70 9-24-89	M65 10:51.0	Norman Bright(WA)	65 6-17-75	M65 38:38.0 M70 38:23.69	Norman Bright(WA)	66 8- 3-76
H75 68.5	Josiah Packard(CA)	75 6-23-79	M70 11:46.2 M75 12:04.0	Harold Chapson(HI)	73 3-28-76	M75 43:54.75	Warren Utes(IL) Edward Benham(MD)	70 7-20-91
M80 75.4	Harold Chapson(HA)	80 7- 9-83	M80 13:52.63	Scotty Carter(MA) Ed Benham(MD)	75 6-28-92	M80 44:29.4	Edward Benham(MD)	75 9-25-83 81 8- 4-88
M85 94.95 M90 2:00.2	Konrad Boas(NY) Paul Spangler(CA)	85 8-27-88 90 9-16-89	M85 16:32.0	Paul Spangler(CA)	82 5- 4-90 85 5- 4-84	M85 63:58.4 M90 71:40.78	Paul Spangler(CA)	81 8- 4-88 86 6-22-85
MYU Z:UU.Z	raut spangter(CA)	An A- 10-4A	M90 20:08.4	Paul Spangler(CA)	07 7 4-04	HUII - /1 - / N 70	Paul Spangler(CA)	

Continued from previous page	TRIPLE JUMP	Women's U.S.A. Five Year Age
ONE HOUR RUN  DIV. MARK NAME(RESIDENCE) AGE MEET DATE	DIV. MARK NAME(RESIDENCE) AGE MEET DATE M35 55-7 1/4 16.95 Ray Kimble(US) 35 8-12-88 M40 51-6 1/4 15.70 Milan Tiff(CA) 40 8-3-89	Group Records
DIV. MARK  MAME(RESIDENCE)  AGE  MEET DATE  M35 11-1070 18.681 Ken Mueller(MA) 35 5-7-76  M40 11-740 18.379 Ray Matton(OR) 44 8-7-76  M45 11-223 17.907 Mal Higdon(IN) 48 6-26-79  M50 10-1335 17.314 Peter Mundle(CA) 50 10-1-78  M55 10-775 16.802 James O'Neil(CA) 56 8-4-81  M60 10-201 16.277 Clive Davies(OR) 61 8-7-76  M65 9-604 15.036 Norman Bright(MA) 65 6-13-75  M70 8-1131 13.909 William Andberg(MN) 70 10-4-81  M75 8-335 13.181 Lou Gregory(FL) 75 12-17-77  M80 7-946 12.130 Paul Spangler(CA) 81 11-1-80  M85 6-472 10.088 Paul Spangler(CA) 85 11-18-84	M65 45-2 1/4 13.77 Dave Jackson(CA) 45 8-11-77 M50 43-3 1/2 13.19 Dave Jackson(CA) 50 7-10-82 M55 41-5 12.62 Gordon Farrell(CA) 57 1- 8-75 M60 39-3 11.96 Tom Patsalis(CA) 60 7-10-82 M65 - 35-6 3/4 10.84 Tom Patsalis(CA) 65 12- 5-87 M70 30-1 9.17 Tom Kennel(US) 70 7- 5-91 M75 30-6 1/4 9.30 Tom Patsalis(CA) 75 8-14-92 M80 22-8 6.91 Merbert Anderson(CO) 80 7-24-82 p25-4 7.72 Winfield McFadden(CA) 81 10- 4-86 M85 20-7 1/4 6.28 Winfield McFadden(CA) 85 7-21-90 M90 18-1 5.51 Buell Crane(ID) 90 7-28-90 SHOT PUT (35-49: 16#; 50-59: 6Kg; 60-69: 5Kg; 70+: 4Kg)	DIV. MARK NAME(RESIDENCE) AGE MEET DATE USS 12.3 Almeta Parish(CA) 38 5-17-75 U40 11.4 Irene Obera(CA) 42 5-15-76 U45 11.7 Irene Obera(CA) 45 4-28-79 U50 13.5 Shirley Kinsey(CA) 51 2-7-81 U55 14.8 Sallie Stiegelmeier(OH) 55 10-14-87 U60 14.7 Josephine Kolda(CA) 64 5-1-82 U60 15.2 Polly Clarke(CO) 67 5-21-78 U70 26.6 Marilla Salisbury(CA) 73 8-1-81 U75 27.5 Marilla Salisbury(CA) 75 7-23-83
DIV. MARK NAME(RESIDENCE) AGE MEET DATE  M35 8:38.8 Mike Manley(OR) 3880  M40 9:18.6 Hal Migdon(IN) 44 8-15-75  M45 9:39.0 Hal Migdon(IN) 46 8-11-77  M50 10:31.01 Faye Bradley(DC) 51 7-20-89  M55 10:59.2 Ken Carman(MI) 56 7-28-84  M60 7:40.10 Dave Stevenson(CA) 60 8-5-89  M65 8:23.74 Avery Bryant(CA) 65 7-20-89  M70 8:38.17 Dan Bulkley(OR) 71 8-5-88  M75 9:46.90 Dan Bulkley(OR) 75 8-14-92  M80 13:24.59 Bob Boal(NC) 80 8-14-92  MURDLES: 110M: 35-39,42"; 40-49,39";  100M: 50-59,36"; 60-69,33"; 80M: 70  DIV. MARK NAME(RESIDENCE) AGE MEET DATE	DIV. MARK  NAME(RESIDENCE)  M35 72-9 3/4 22.19 Brian Oldfield(CA) 38 5-26-84  M40 70-3 21.41 Brian Oldfield(CA) 40 8-22-85  M45 55-2 1/2 16.83 Ed Mill(MD) 45 8-23-88  M50 53-10 16.41 Carl Wallin(MH) 50 10-5-91  M55 44-6 13.56 Hal Smith(CA) 56 5-23-92  44-6 13.56 James Mart(CA) 55 10-23-91  M60 47-4 1/2 14.44 Marry Mawke(CA) 60 7-20-89  M65 42-11 1/2 13.09 Bill Bangert(CA) 65 7-20-89  M70 45-1 13.74 Scott Herrman(KS) 73 10-11-92  M75 41-5 3/4 12.64 Ross Carter(OR) 75 9-3-89  M80 30-8 1/4 9.35 Leon Joslin(WA) 80 9-5-92  M85 25-0 7.62 Buell Crane(ID) 87 8-14-87  M90 22-10 1/2 6.97 Buell Crane(ID) 90 6-20-90  M95 14-6 4.42 Tom Lane(CA) 97 5-23-92  p15-9 4.80 Tom Lane(CA) 96 9-22-91	100 METERS  DIV. MARK  MANE(RESIDENCE)  M35 11.07  Evelyn Ashford(US)  M35 35 5-28-92  M40 12.31h  Phil Raschker(GA)  M40 12-187  p12.3n  Phil Raschker(GA)  M40 6-6-87  M45 12.63  Irene Obera(CA)  M50 12.9  Irene Obera(CA)  M55 13.84  Irene Obera(CA)  M55 13.84  Irene Obera(CA)  M60 15.10  M61 8-14-92  M60 15.77  M65 15.77  Patricia Peterson(OR)  M65 15.77  Patricia Peterson(OR)  M65 15.77  M75 16.87  Polly Clarke(CO)  M75 16.87  Polly Clarke(CO)  M75 16.87  M80 19.32  Polly Clarke(CO)  M85 p34.7  Mary Ames(CA)  M86 8-7-89
M35 14.7 Mike Kelly(GA) 37 6-16-84 M40 14.24 Stan Druckrey(WI) 40 7-30-89 M45 15.0 Jack Greenwood(KS) 46 9-14-72 M50 13.57 Walt Butler(CA) 50 7-5-91 M55 15.28 Bob Hickman(CA) 55 7-30-89 M60 14.98 Jack Greenwood(CO) 60 7-19-86 M65 17.43 Robert Hunt(CA) 65 5-18-85 p16.22 Jack Greenwood(CO) 65 7-5-91 p16.30 Jack Greenwood(CO) 65 7-21-91 M70 14.50h Al Guidet(CA) 71 7-29-89 p14.22 Burl Gist(CA) 71 7-5-91 M75 15.44 Herb Miller(CA) 76 8-14-92 15.1n Frank Finger(VA) 75 9-1-90 M80 17.5 Russell Heyers(FL) 80 7-7-84	DISCUS THROW (35-49: 2Kg; 50-59; 1.5Kg; 60+: 1Kg)  DIV. MARK  NAME(RESIDENCE)  M35 233-9  71.24 John Powell(US)  36 6-9-84  M40 227-11  69.48 AL Oerter(NY)  43 5-31-80  M45 216-11  66.12 AL Oerter(NY)  45 3-28-82  M50 205-10  62.74 AL Oerter(NY)  50 12-28-86  M55 171-8  52.34 Wendell Palmer(TX)  50 12-28-86  M55 171-8  52.34 Wendell Palmer(TX)  60 4-24-92  174-1  53.06 Daniel Aldrich(CA)  62 8-17-80  M65 163-1  49.72 Thomas McDermott(CT)  66 5- 1-84  M70 142-6  43.44 Daniel Aldrich(CA)  70 3-5-89  M75 128-2  39.06 Ross Carter(OR)  77 10-23-91  M80 102-4  31.20 Leon Joslin(MA)  80 6-20-92  M85 77-2 3/4 23.54 Burt Degroot(CA)  85 6-20-92	200 METERS   DIV. MARK
DIV. MARK  MAME(RESIDENCE)  MSS 48.93  Mat Page(GA)  MSS 7-10-92  M40 52.76  James King(CA)  MSS 55.7  Jack Greenwood(KS)  MSS 58.1  Jack Greenwood(KS)  MSS 59.85  Jack Greenwood(KS)  MSS 69.85  MSS 48.98  MSS 59.85  Jack Greenwood(KS)  MSS 69.85  Jack Greenwood(KS)  MSS 69.85  Jack Greenwood(KS)  MSS 69.85  Jack Greenwood(KS)  MSS 69.85  Jack Greenwood(CO)  MSS 69.85  MSS 69.85  Jack Greenwood(CO)  MSS 7-27-83  MSS 69.85  MS	M90 67-5 1/2 20.56 Buell Crane(ID) 90 6-20-90     M95 36-3 11.05 Tom Lane(CA) 95 9-24-89     p48-7 14.81 Collister Wheeler(OR) 95 7-23-88     HAMMER THROW (35-49: 16#; 50-59: 6Kg; 60-69: 5Kg; 70+: 4Kg; DIV. MARK   NAME(RESIDENCE)   AGE   MEET DATE     M35 232-5 70.84 Marold Connolly(CA) 37 7-20-69     M40 243-11 74.34 Ed Burke(CA) 44 4-28-84     M45 198-5 60.48 Ed Burke(CA) 45 5-19-85     M50 182-6 55.62 Bob Backus(MA) 50 6-12-77     p193-2 58.88 Ed Burke(CA) 50 6-6-90     M55 197-8 60.26 Bob Backus(MA) 55 8-2-81     M60 164-11 50.28 Joe Chadbourne(OH) 61 6-20-92     M65 145-11 44.48 Len Mozhaev(PA) 66 9-27-92     M70 150-11 46.00 Thomas McDermott(CT) 73 5-18-91     M75 119-6 36.42 Nolan Fowler(TN) 75 8-4-89	DIV. MARK NAME(RESIDENCE) AGE MEET DATE W35 56.8 Phil Raschker(GA) 36 6-25-83 W40 58.07 Phil Raschker(GA) 42 8-5-89 W45 61.1 Irene Obera(CA) 46 8-16-80 W50 63.7 Irene Obera(CA) 51 5-18-85 W55 66.04 Carolyn Cappetta(MA) 56 8-14-92 p65.46h Carolyn Cappetta(MA) 55 7-26-91 W60 71.17 Betty Vosburgh(GA) 60 7-5-91 p69.51 Betty Vosburgh(GA) 60 7-27-91 p70.28h Betty Vosburgh(GA) 60 7-26-91 W55 82.3 Josephine Kolda(CA) 65 10-1-83 W70 84.23 Polly Clarke(CO) 73 9-28-83 W75 89.62 Polly Clarke(CO) 75 8-25-85 W50 1:40.45 Polly Clarke(CO) 80 8-3-90 W55 p2:50.3 Mary Ames(CA) 85 7-17-88
300 METER HURDLES (50-59: 33")   *** BEST PERFORMANCES ***   DIV. MARK	M80 84-6 1/4 25.76 Paul Narcession(RI) 80 8-13-92 M85 54-3 1/4 16.54 Buell Crane(ID) 87 8-16-87 M90 55-7 3/4 16.96 Buell Crane(ID) 90 4-21-90  JAVELIN THROM (35-59: 800 GRAMS; 60+: 600 GRAMS)  DIV. MARK NAME(RESIDENCE) AGE MEET DATE M35 268-1 81.72 William Floerke(KS) 35 7-21-79 M40 242-9 74.00 Larry Stuart(CA) 41 6-9-79 M45 238-10 72.80 Larry Stuart(CA) 46 5-12-84 p239-7 73.02 Larry Stuart(CA) 48 6-14-86 M50 215-9 65.76 Larry Stuart(CA) 50 4-30-88 M55 186-5 56.82 William Duckworth(GA) 56 7-7-91 M60 191-10 58.48 Del Pickarts(CA) 60 11-28-87 M65 177-3 54.02 Bud Meld(CA) 65 3-27-93 M70 151-6 46.18 Bill Morales(CA) 72 7-30-89	DIV MARK NAME(RESIDENCE) AGE MEET DATE  W35 2:13.77 Jane Frederick(CA) 35 9- 1-87  W40 2:21.91 Susan Houlton(GA) 42 7-23-89  2:22.0 Sandra Knott(ON) 43 1-10-81  W45 2:25.12 Taffy Martin(PA) 45 7- 5-90  W50 2:25.29 Shirley Matson(CA) 51 8-15-92  W55 2:45.10 Jeanne Hoagland(CA) 55 8-15-92  W60 2:51.6 Joyce Hals(MA) 61 7-24-92  W65 3:06.20 Raye Johnson(US) 65 7-30-89  W70 3:24.89 Gerry Davidson(CA) 70 6-15-91  p3:24.80 Gerry Davidson(CA) 70 7-21-91  W75 3:37.19 Pearl Mehl(CO) 75 9- 2-89  W80 5:47.5 Hilds Crooks(CA) 82 6-24-78  W85 p6:14.1 Mary Ames(CA) 85 9-3-88
H45 6-2 3/4 1.90 Herm Myatt(CA) 48 4-19-80 H50 6-2 1.88 Herm Myatt(CA) 51 8-20-83 H55 5-10 1/2 1.79 Herm Myatt(CA) 55 5-23-87 H60 5-6 1/4 1.68 Jim Gillcrist(LA) 64 9-19-92 H65 5-4 1.62 Jim Gillcrist(LA) 65 10-31-92 H70 4-8 3/4 1.44 Walter Dahlin(CA) 70 7-5-91 H75 4-3 1/4 1.30 Herbert Anderson(CD) 75 3-24-78 H80 4-0 1/4 1.22 Virgil McIntyre(AZ) 80 6-28-91 H85 3-8 1/2 1.13 Buell Crane(ID) 85 7-26-85 H90 3-5 1.04 Buell Crane(ID) 90 7-28-90  POLE VAULT  DIV. MARK NAME(RESIDENCE) AGE MEET DATE	p157-9 48.08 Bill Morales(CA) 70 8-16-87 p152-1 46.36 Bill Morales(CA) 70 7-25-87 MT 135-3 41.24 Manuel White(MT) 75 8-17-91 M80 94-6 28.80 Merbert Anderson(CO) 80 7-24-82 M85 62-5 19.02 Buell Crane(ID) 85 6-6-85 p65-11 1/4 20.10 Merbert Anderson(CO) 85 8-16-87 p74-5 22.68 Merbert Anderson(CO) 85 9-5-87 M90 57-2 3/4 17.44 Buell Crane(ID) 90 7-28-90 M95 33-10 1/4 10.32 Tom Lane(CA) 97 5-23-92 p46-10 14.27 Collister Wheeler(OR) 97 7-23-88 DECATHLON(1962 IAAF SCORING TABLES)	1500 NETERS  DIV. MARK  NAME(RESIDENCE)  AGE MEET DATE  135 4:37.65 Carol NcLatchie(TX)  37 8-5-89  140 4:39.8 Miki Gorman(CA)  42 9-3-77  145 4:48.19 Joan Colman(CA)  45 8-5-89  150 4:57.44 Shirley Natson(CA)  51 8-16-92  155 5:14.2 Vicki Bigelou(CA)  56 6-13-92  160 5:44.9 Margaret Niller(CA)  60 7-16-86  170 6:42.17 Pat Dixon(OR)  170 6:30-89  173 7:42.30 Bess James(CA)  150 6-20-85  180 11:09.2 Anne Mard(MO)  181 7-7-91  181 7-7-91  183 7-2-91  183 7-7-91  185 3-30-08
N35 16-8 5.08 Gary Nunter(US) 35 7-6-91 M40 17-0 3/4 5.20 Larry Jessee(TX) 40 12-11-92 M45 15-0 4.57 Roger Ruth(US) 45 7-21-73 M50 14-4 4.37 Vic Cook(CA) 50 7-25-82 M55 13-6 1/4 4.12 Richmond Morcom(PA) 55 8-4-76 M60 12-3 1/2 3.77 Boo Morcom(PA) 63 8-2-84 M65 12-4 1/2 3.77 Boo Morcom(PA) 65 8-3-86 M70 10-4 1/2 3.16 Boo Morcom(PA) 71 8-22-92 M75 9-6 1/4 2.90 Carol Johnston(CA) 75 2-7-87 M80 8-3 2.51 Carol Johnston(CA) 80 6-20-92 M85 5-8 1.73 A. E. Pitcher(IN) 86 5-14-88	M35 6230	M85 p11:43.2 Anna Ward(M0) 85 6-2-90  ONE MILE  DIV. MARK NAME(RESIDENCE) AGE MEET DATE W35 5:09.52 Susanne Houlton(GA) 38 4-13-85 W40 4:54.0 Laurie Binder(CA) 43 8-8-91 W45 5:21.5 Carol Flexer(WA) 46 7-19-89 W50 5:29.39 Jeanne Hoagland(CA) 51 12-6-87 W55 5:50.6 Margaret Miller(CA) 55 2-7-81 W60 6:35 Pat Dixon(OR) 63 7-23-82 W65 6:55.6 Pat Dixon(OR) 66 6-22-85 W70 7:26.0 Pat Dixon(OR) 70 6-24-89  3000 METERS
DIV. MARK  MAME(RESIDENCE)  M35 25-11  7.90 Tom Chilton(TN)  35 6-8-72  M40 24-4 3/4  7.43 Tom Chilton(TN)  40 3-24-78  M45 22-11  6.98 John Hartfield(TX)  M50 21-1  6.42 Shirley Davisson(CA)  M55 20-1/4  6.10 Tom Patsalis(CA)  M60 19-11  6.07 Tom Patsalis(CA)  M65 17-4 1/4  5.29 Tom Patsalis(CA)  M65 17-4 1/4  M70 16-2 1/	DIV. MARK   NAME(RESIDENCE)   AGE   MEET DATE	DIV. MARK WAME(RESIDENCE) W35 8:56.7 Francis Larrieu(TX) W35 7- 8-88 W40 9:42.59 Carol McLatchie(TX) W35 7- 8-88 W40 9:42.59 Carol McLatchie(TX) W36 10:19.4 Joan Colman(CA) W50 11:14.6 Vicky Bigelow(CA) W50 11:14.6 Vicky Bigelow(CA) W50 11:20.2 Marion Irvine(CA) W50 11:23.6 Margaret Miller(CA) W50 13:15.6 W60 13:15.6 W60 13:15.6 Jaclyn Caselli(CA) W60 7-23-86 W70 18:22.0 Pat Dixon(OR) W75 17:37.2 Bess James(CA) W75 17:37.2 W80 25:09.0 W85 p25:29.6 M87 Ames(CA) W85 p25:29.6 M87 Continued on next page

	Co	ntinued fr	om previous page		
	-		A Control of the Cont		
		TWO MIL			
	DIV	. MARK	NAME (RESIDENCE)	AGE	MEET DATE
	W35		Judy Fox(CA)	38	11- 3-78
	W40	11:29.2	Sandra Knott(OH)	41	8- 4-79
	W45	11:43.0	Mary Czarapata(WI)	45	9-13-80
	W50		Margaret Miller(CA)	54	6- 7-80 7-23-85
	W55		Melba Hatch(MI) Florence Fawley(OH)	61	5-27-84
	W70		Marilla Salisbury(CA)	73	7-11-81
		20.05.0			
		5000 ME	TERS		
	TAN I		in the state of th	-	
		. MARK	NAME (RESIDENCE)	AGE 35	MEET DATE 7- 2-88
	W35		Francis Larrieu(TX) Judy Fox(CA)	40	8-16-81
	145			45	8- 4-89
	W50			50	9-26-91
	W55			59	8- 4-89
	W60		Marion Irvine(CA)	60	10-19-89
	W65		Jaclyn Caselli(CA)	65	7- 5-86 8- 4-89
	W70		Pat Dixon(OR) Bess James(CA)	75	6-25-85
3	1000	p27:10.76		75	7-25-91
	W80			80	8-16-87
	W85	p41:56.2	Mary Ames(CA)	85	4-30-88
		10,000	METERS		
		wann	HAME (REGIDENCE)	AGE	MEET DATE
	W35	MARK 31:28.92	NAME (RESIDENCE) Francis Larrieu(TX)	38	4- 4-91
	W40	35:33.6	Judy Fox(CA)	40	8-15-81
	A RICH	p35:20.59	Laurie Binder(CA)	40	8-14-87
	W45	38:19.8	Vicky Bigelow(CA)	48	8-21-83
		p38:10.89	Joan Coleman(CA)	47	7-21-91
	W50	37:28.67 40:37.13	Shirley Matson(CA) Marion Irvine(CA)	51 59	8-15-92 7-29-89
	W60	44:39.05	Marion Irvine(CA)	62	8-15-92
		p43:26.17	Marion Irvine(CA)	61	7-21-91
	W65	49:22.41	Jaclyn Caselli(CA)	65	7-18-86
	W70	50:28.33	Pat Dixon(OR)	70	7-29-89
	W75	89:49.8	Marilla Salisbury(CA)	75	7- 9-83 7-21-91
		p56:59.33 p64:00.81	Algene Williams(IL) Pearl Mehl(CO)	75	7-20-89
	W80	98:38	Hilda Crooks(CA)	81	6-26-77
	2000	65:47.20	Anne Clarke(IL)	81	7- 6-91
1					
		ONE HOUR	RUN		
	DIV	MARK	NAME (RESIDENCE)	AGE	MEET DATE
		9-1124	15.512 Marylin Paul (OR)	36	7-20-74
	W40	9-1197	15.579 Linda Sipprelle(DC)	43	7-29-78
	W45	9-376	14.828 Marilyn Harbin(CA)	45	3-26-83
	W50	8-1355	14.114 Nicki Hobson(CA)	50	8- 4-81
1	W55	7-1021	12.199 Marcie Trent(AK) 12.884 Marcie Trent(AK)	58	7-18-76
	W60	8-10 5-1194	9.139 Edna Berg(MT)	67	2- 5-83
	W70	6-52	9.704 Alice Werbel(CA)	70	9-14-86
	W75	4-167	6.590 Marilla Salisbury(CA)	76	6- 7-84
		2000 MF	TER STEEPLECHASE		C West
			THE PARTY OF THE P		
	DIV	MARK	NAME (RESIDENCE)	AGE	MEET DATE
	W35	8:00.0	Kim Rupert(CA)	37 42	7-26-92
	W40	8:12.83 7:45.96	Susanne Houlton(GA) Joan Colman(CA)	45	8- 5-89 8- 5-89
	W50	10:06.19	Judy Groombridge(WA)	52	8-14-92
	W55	9:52.28	Sally Strazdins(US)	55	8- 5-89
	Street, or other	p9:52.25	Sally Strazdins(US)	55	7-27-91
				STATE.	
		SHORT H	URDLES (35-39: 100M,33"; 40+:	BUM, 30	
	DIN	MARY	NAME (RESIDENCE)	AGE	MEET DATE
	W35	. MARK 13.77	Jane Frederick(CA)	35	8-31-87
	W40		Phil Raschker(GA)	40	11-23-87
		p12.0n	Phil Raschker(GA)	40	6- 6-87
	W45	12.5	Cherrie Sherrard(CA)	45	7-14-84
	W50		Cherrie Sherrard(CA)	50	7-30-89
	W55		Christel Miller(CA) Shirley Kinsey(CA)	55	8- 5-90 7-30-89
100	W60	p16.45	Betty Vosburgh(GA)	60	7-21-91
	W65		Patricia Peterson(NY)	65	5- 4-91

	LONG HURD	LES (400m: 35-49, 30"; 300m: 5	0+, 3	(0")
DIV	. MARK	NAME (RESIDENCE)	AGE	MEET DATE
W35	87.08	Shelley Kealing(NY)	37	8- 3-89
W40	65.03	Phil Raschker(GA)	40	12- 5-87
W45		Pamela Calvert(MO)	45	7- 6-91
W50	66.67	Marion Coffee(AUSTIN TX)	52	7- 6-91
-	65.9n	Tami Graf(CA)	53	8- 3-89 5- 4-91
W55	59.82 56.80	Betty Vosburgh(GA) Betty Vosburgh(GA)	60	7- 5-91
W65		Patricia Peterson(NY)	66	8-15-92
MOD	73.09	Patricia Peterson(Ar)		0 13 12
	HIGH JUMP	Paragraph State of Late of		
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
W35	6-1 1/4	1.86 Jane Frederick(CA)	36	6-15-88
W40		1.62 Phil Reschker(GA)	42	5-20-89
W45		1.50 Phil Raschker(GA)	45	5-23-92
	4-4 3/4	1.34 Becky Sisley(OR)	52	6-23-91
W55		1.29 Christel Miller(CA)	55	8- 2-90 5- 2-92
W60		1.24 Leonore McDaniel(VA) 1.19 Mavis Lorenz(MT)	65	
W65 W70		1.13 Mary Bowermaster(OH)	70	11-28-87
W/0	3-1 1/2	0.95 Shiela Evans(IN)	75	8- 3-90
	3.1.1/2	O. P. Silver C. Valley C. P.	Top is	A STATE OF THE PARTY OF THE PAR
	POLE VAUL			
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
W35	8-0	2.44 Phil Raschker(GA)	35	8- 7-82
W40	9-6 1/4	2.90 Phil Raschker(GA)	44	6- 8-91
	p9-10 1/4	3.00 Phil Raschker(GA)	44	7- 6-91 5-30-92
W45	9-4	2.84 Phil Raschker(GA) 2.23 Adeline Bost(OR)	52	8-17-91
W50	7-3 3/4	1.34 Lucy Ann Brobst(NC)	59	
W60		1.85 Leonore McDaniel (VA)	64	8-14-92
PAGE.				
	LONG JUMP	<b>等于20世界工程中的特别的</b>		
	MARK	NAME (RESIDENCE)	AGE	MEET DATE
W35	21-4	6.50 Willye White(US)	35	10-26-74
W40	17-0 1/4	5.19 Phil Raschker(GA)	44	5- 4-91
W45	p17-10 17-6	5.43 Phil Raschker(GA) 5.33 Phil Raschker(GA)	45	5-23-92
W50		4.43 Irene Obera(CA)	54	7-30-88
W55	14-6 1/2 12-9 1/4	3.89 Christel Miller(CA)	55	3- 4-90
	12-11 1/2	3.95 Betty Vosburgh(GA)	60	7- 6-91
	p13-7	4.14 Betty Vosburgh(GA)	60	7-25-91
	11-9 1/2	3.59 Mavis Lorenz(MT)	65	8- 1-92
W70	10-2 1/2	3.11 Mary Bowermaster(OH)	70	12- 1-87
W75	8-2 3/4	2.51 Polly Clarke(CO)	78	8-13-88
W80	p5-1 3/4	1.57 Edith Mendyka(CA)	81	9-20-92
5-67	TRIPLE JU	o to a standard to be sent to the		
DIV	MARK .		405	HEET DATE
V35	36-7	NAME(RESIDENCE) 11.15 Phil Raschker(GA)	AGE 36	9-18-83
W40	37-3	11.35 Phil Raschker(GA)	42	8- 1-89
W45	32-6 1/2	9.92 Phil Raschker(GA)	45	5-23-92
W50	28-9 3/4	8.78 Christel Miller(CA)	52	12- 5-87
W55	26-6 1/4	8.08 Christel Miller(CA)	55	8- 5-90
W60		8.05 Betty Vosburgh(GA)	61	8-14-92 5-26-90
W65	p23-1 1/4	6.64 Mary Norckauer(LA) 7.04 Josephine Sullivan(SC)	66	
24/17	A THE STATE OF THE	The state of the s	142.00	

W70	20-9 1/4	6.33 Shiela Evans(IN)	74	7-20-89
W75	20-1 1/4	6.13 Shiela Evans(IN)	75	8- 5-90
		The second secon		
	SHOT PUT	(30-49: 4KG; 50+: 3KG)		
NIV	MARK	NAME (RESIDENCE)	AGE	MEET DAT
W35	53-5 3/4	16.30 Jane Frederick(CA)	35	8-31-87
40	39-7	12.06 Joanne Grissom(IN)	41	6-19-80
445	39-7 1/2	12.08 Joanne Grissom(IN)	45 52	7-22-84
	42-7 1/2	12.99 Joanne Grissom(IN) 9.68 Anne Cirulnick(NY)	55	7-15-90
		9.82 Bernice Holland(OH)	62	7-20-89
MOU	32-2 3/4 28-6 1/2	8.70 Bernice Holland(OH)	65	5- 2-92
	26-9	8.15 Edith Mendyka(CA)	72	9-17-83
W75	24-5	7.44 Edith Mendyka(CA)	75	7-18-86
W80	17-11 3/4	5.48 Edith Mendyka(CA)	81 85	9-20-92 5- 7-89
	p8-3	2.51 Mary Ames(CA) 3.39 Margaret White(OK)	95	9- 7-92
W95	11-1 1/2	3.39 Margaret Whitelows	Service of the last	
	DISCUS TH	ROU		
niv	MARK	NAME (RESIDENCE)	AGE	MEET DAT
W35	149-6	45.58 Janet Wilson(CA)	36	5-27-89
W40		45.58 Janet Wilson(CA) 34.36 Joan Stratton(CA)	40	7-25-92
	106-5	32.44 Joanne Grissom(IN)	45	8- 7-83
	112-4	34.24 Vanessa Hilliard(FL) 30.68 Bernice Holland(OH)	50	7- 6-91 6-30-84
M99	100-8	27.78 Bernice Holland(OH)	62	8- 4-89
	84-9	25.83 Mavis Lorenz(MT)	65	8- 1-92
	62-5 3/4	19.04 Edith Mendyka(CA)	70	8- 8-8
W75		17.70 Edith Mendyka(CA)	75	
	p58-4 3/4	17.80 Betty Jarvis(NC) 6.30 Marilla Salisbury(CA)	75 82	
W80	20-8 p35-6	10.82 Carolyn Clark(MO)	81	
	μ, σ	10:02 Carotyn Stankton		THE STREET
	HAMMER TH	HROW (35-49: 4KG; 50+: 3KG)		
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DAT
W35	130-1	39.66 Joan Stratton(CA)	38	6-22-9
W40	132-2	40.30 Joan Stratton(CA)	40	5-23-9
W45	105-0	32.02 Brenda Bloomfield(SC)	48	7- 7-9 5-25-9
W50 W55	139-10 93-10	42.62 Vanessa Hilliard(FL) 28.60 Sally Polk(NM)	58	10- 1-8
W60	90-8 1/4	27 44 Cally Dalk/NM1	60	6-23-9
W65	75-1 1/2		65	
W75	58-4 3/4		76	5- 2-9
		TURNE 170 (D. 1000- ED. 1000)		
	JAVELIN	THROW (30-49: 600G; 50+: 400G)		
	MARK	NAME (RESIDENCE)	AGE	MEET DAT
W35		62.06 Karin Smith(CA)	35	69
W40	139-3	42.44 Lurline Struppeck(LA)	41	7-23-88
W45	121-4	36.98 Lurline Struppeck(LA) 36.14 Becky Sisley(OR)	50	8- 4-90
W55	102-2	31.14 Christel Miller(CA)	55	10- 3-92
W60	92-10 1/4	28.30 Bernice Holland(OH)	60	11-29-87
W65	88-0	26.82 Mavis Lorenz(MT)	65	6-20-92
W70	72-7	22.12 Edith Mendyka(CA) 20.00 Edith Mendyka(CA)	72 76	5-14-83
				8- 4-90
W80	65-7 1/2 23-0 1/2 48-0 1/2	7.02 Marilla Salisbury(CA) 14.64 Edith Mendyka(CA)	82	9-20-92



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	State	

	Mei		d Masters Relay Records	
			s of April 15, 1993)	47. S.Y.
400m	40-49 50-59	42.79	USA (Austin, Collins, Mitchell, Hartfield) USA (Dennis, LaTorre, Adamson, Miller)	5- 2-92 8- 6-89
	60-69	49.09	FRG (Mirkes, Selzer, Kleimann, Schlegel)	12- 6-87
	70-79	55.07 55.04	USA (Miller, Castro, Weinacht, Jordan) USA (Bloomfield, Heard, Weinacht, Jordan)	2- 6-87
	80-89	77.37	USA (Lum, Crane, Hosack, Pitcher)	8- 6-89 8-25-85
800m	40-49 50-59	1:41.3	USA (Austin, Hartfield, Mitchell, Collins) USA (Ballard, Rizzo, Borrell, Small)	5- 1-92 7- 5-92
	60-69	1:47.1	USA (Sochor, Brown, Bergthold, Sobolewski)	8- 1-92
1600m	40-49	3:21.54	USA (Morales, Satti, Heard, Weinacht) USA (Thiel, Brinker, Tucker, King)	8- 6-89
	50-59	3:35.88	USA (Steffes, Mathis, Adamson, Colbert)	8- 6-89
	60-69	3:58.43 p3:39.43	USA (Stevens, Sucher, Law, Greenwood) NOR (	8- 6-89 6-30-90
	70-79	4:35.07	USA (Bloomfield, Jordan, Spnnseler, Weinacht)	8- 6-89
	80-89	7:34.9	USA (Lum, Spangler, Hosack, Pitcher)	8-24-85
3200m	40-49	8:00.2	USA (Mason, Franklin, Thomas, Romaine)	7- 7-84
	50-59	8:47.74 9:33.95	HOL (Peters, Heijdens, Metselaar, Keesstein) HOL (Maijoor, Ravensbergen, Zethof, Herlaar)	9-25-92
		13:33.0		10- 1-83
sprt med	40-49	3:36.1m	USA (Knocke, Edens, Smith, Cohen)	8-14-82
Spire mea	50-59	4:04.1	USA (Cole, Green, Chernock, Johnson)	6-19-80
	70-79	6:41.41	USA (Siringer, Mloten, Hosack, Fike)	1- 9-83
dist med		10:34.6	USA (Stevens, Pierce, Frye, Norton)	7-11-90
	The state of the s	11:49.0	USA (Pratt, Harvey, Sutton, Green) USA (Willis, Sanchez, Linde, Withers)	8- 1-90 5-13-92
			The state of the s	13 72
1		ending ndoor perf	formance	
	note:		nt medley and distance medley marks are	
#* A		Bertil Har		
To the second			orld Masters Relay Records (as of April 15, 1993)	
400m	35-39			8- 6-89 6-30-85
24-02-6 18	40-49	50.23	USA (Keating, McClurg, Gilmore, Raschker)	8- 6-89
		p49.45 p50.02	FRG (Meier, Bayha, Geraldine, Hees) FRG (Meder, Briesnick, Mohnen, Hafele)	7-28-91 7-18-82
		p49.91	FRG ( ) GBR (Williams, Chrimes, Hulls, Gore)	6-30-90 8- 6-89
(C)	50-59	54.51 p54.4	EUR (Pratsch, Diener, Schumaker, Bauman)	6-30-85
2.10	10.10	p53.47	FRG ( AUS (Green, Cooper, Davidson, Hogan)	6-30-90 8- 6-89
	60-69	59.72 p57.48	FRG (Kreiskott, Hunkel, Kreuzweiser, Franzen)	7-28-91
	70-79	p56.60 p65.26	FRG ( )	1-14-81
	10-13			
1600m	35-39	4:00.21	GBR (McDonald, Hocknell, Blurton, Walpole) FRG (Koschnitzke, Mattelson, Lehman, Kummerle	8- 6-88 )8- 6-88
	40-47	p3:57.33	AUS (Hynes, Holcombe, Allison, Johnson)	12- 6-87
	50-59	4:36.85 p4:35.77	USA (Fitzgerald, Meadows, Hoagland, Obera) FRG (Hoffman, Blank, Holzknecht, Kummerle)	8- 6-89 7-28-91
		p4:34.84	USA (Miller, Snyder, Hoagland, Obera)	12- 6-87
	60-69	5:21.91	FRG (Werner, Mangler, Haule, Schneiderhan)	8- 6-88
<b>3</b> 200m	35-39	9:37.29	HOL (Van de Van, Pos, Ruyter, Verhoef)	9-25-92
		ending		
	EUR:	Europe	one by	
	1	Joman's	U.S. Masters Relay Records	
	11.0	omen s	(as of April 15, 1993)	
400m	35-39	50.28	US (Drumgole, Seeley, Thompson, Gilkey)	8- 6-89
	40-49	50.23	US (Keating, McClurg, Gilmore, Raschker)	8- 6-89 8- 6-89
	50-59	54.90 66.20	US (Fitzgerald, Davis, MIller, Obera) US (Patterson, Tuinzing, Darnall, Peterson)	8- 6-89
	70-79	p64.10 p80.77	US (Peterson, Sullivan, McDaniels, Vosburgh US (Friedman, Mehl, Peebles, Stafford)	7-28-91
		門科的相對		8- 6-89
1600m	35-39 40-49	4:00.87 4:10.85	US (Behrens, Stiles, O'Connor, Raschker)	8- 6-89
		4:53.47		8- 5-88 8- 6-89
	50-59	4:36.85 p4:34.84	us (Miller, Snyder, Hoagland, Obera)	12- 6-87
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Men's U.S. Masters Relay Records (as of April 15, 1993) 400m 40-40 46.6y WVTC (Marlin,Lingle,Springbett,Sanchez) 45.36 USA (Dennis,Latorre,Adamson,Miller) 7-23-83 50-59 8- 6-89 6-24-78 CDM (Morales, Jordan, Killion, Guidet) 60-69 50.9 50.08 USA (Albury, Regier, Harte, Law) 55.04 USA (Bloomfield, Heard, Weinacht, Jordan) 8- 6-89 70-79 12- 6-87 55.07 USA (Miller, Castro, Weinacht, Jordan) 80-89 77.37 USA (Lum, Crane, Hosack, Pitcher) 8-25-85 40-49 1:29.85 HE (Austin, Hartfield, Mitchell, Collins)
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OHTC: Ohio Track Club NYPC: New York Pioneer Club WYTC: West Valley Track Club SCS: Southern California Striders RTC: Richmond Track Club FWRC: Fort Worth Running Club NTC: New Orleans Track Club NYMC: New York Masters Club BTC: Birmingham Track Club BRC: Boston Running Club HE: Houston Elite MMTC: Midwest Masters T&F Club Compiled by Pete Mundle, T&F Records Chairman

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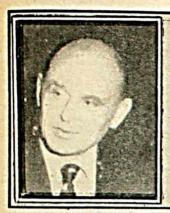
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# International

WAVA Vice-President, Non-Stadia

# Non-Stadia Report

he 2nd WAVA World Veterans Road Racing Championships will be held in Toronto, Ontario, Canada on July 30-31, 1994, pending confirmation by the WAVA General Assembly in Miyazaki this autumn.

On March 2, I visited Toronto and met with the Organizing Committee (Don Farquharson, Jack Loman, Peter Fellows, Richard Graves, Norm Baum, Jack Castle, Brian Oxley, Duncan Maunsey, Joan Patrick, Brian Keaveney, John Powell, Bruce Savage, Tom Graig, and Brian Frank). Graig is the organizer of the Toronto Marathon.

The WAVA Council has voted by mail to hold the roadwalk - if confirmed by the General Assembly - at a distance of 20K for both men and women. (It was previously 30K for men.) The walk competitions will be held in Scarborough Parks on the campus of Toronto University, which can provide good accommodations and breakfast for 350 people.

Entry booklets will be distributed in Miyazaki and, if possible, at the European Championships this month in Czechoslovakia.

#### 1996 Road Race

In Miyazaki, Belgium will bid for the 3rd WAVA Road Championships (1996). The host city will be Brugge on the course of the Veterans 25K Grand Prix, which celebrates its 20th anniversary this year. A major sponsor has shown great interest already.

#### Cross-Country

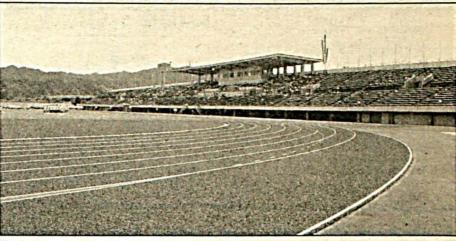
WAVA and the IAAF have agreed to include a WAVA cross-country race in conjunction with the IAAF crosscountry championships in 1994 in Budapest (M10K, W7K).

#### Year of Birth

The proposal to change age-group competition based on the date of birth to the year of birth (Ed. note, the proposal was narrowly defeated, 44-47, in Turku), will come up again in Miyazaki. I favor keeping the rule we have had since WAVA's founding. A change will disturb all the efforts we have made to create age-group world records. Please try to convince everybody not to change the existing rule.

#### Birmingham

The first WAVA Road Championships in Birmingham was not as successful as we expected. Despite the hard work of the organizing committee, they had no sponsorship and the entries were less than expected. The walk was a disaster. Birmingham proved the organizers need more than a



The main stadium at Miyazaki Sports Park

# Hungary Meet Set For July

An international veterans track and field meet (M35+, W30+) will be held at People's Stadium in Budapest, Hungary, on July 9-11. Meet director Ferenc Igrenyi invites athletes from throughout the world to come and participate.

"The foremost purpose of this event

is to promote friendship among participants and friendly cooperation among the organizations," Igrenyi

For information, contact Igrenyi at 1117 Budapest, Bogdanffy u.10; Telex 22-4875.



Members of the WAVA Council and the Miyazaki Organizing Committee during the Council's 1992 inspection trip to Japan.

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year's notice to generate world-wide publicity.

See you in Miyazaki.

(Editor's note: The week after the Toronto races next year, the WAVA North American Regional T&F Championships will be held in Edmonton,

Alberta, Canada; the week after that, the USA National Masters T&F Championships will take place in Eugene, Oregon, the site of the 1989 World Championships. Thus, a competitor can easily participate in three major veteran events in a 16-day period.)

# X WORLD VETERANS CHAMPIONSHIPS MIYAZAKI, JAPAN — OCTOBER 4-18, 1993

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5 Months To Go

# Countdown Miyazaki

# Elaborate Preparations Under Way in Japan

laborate preparations are under way in an effort to make the 10th WAVA World Veterans Athletics Championships the best ever.

The 11-day biennial event will be held from October 7-17 in Miyazaki, Japan with an expected 5000 participants from more than 60 nations. Despite the recent rise in the Japanese yen, most masters travel agents are holding to their earlierquoted airline and hotel prices.

The following "plan of action" has been drawn up by the Miyazaki Organizing Committee (OC):

#### 1. Entries

Entries are being solicited from smaller nations with the help of Japanese Embassies, Consulates, organizations with overseas branches, and national IAAF affiliates.

#### 2. Interpreters

The OC is currently holding classes in English, French, Spanish and German for over 500 volunteer interpreters. In addition, a force of professional interpreters will be on hand to help with any language difficulties that may arise.

#### 3. Publicity

During the Championships, an amateur radio room will be set up at the Sports Park, so that information about the meet can be broadcast both inside and outside Japan.

A commemorative stamp from the Ministry of Post and Telecommunications will be on sale at the Games.

#### 4. Lighting of the Veterans Flame

On Friday, October 8, the lighting of the friendship torch will take place in Helwadal Park. Due to the size of the venue, only a limited number of participants can attend. Prior reservation is required; details will be announced at a later date. Ancient implements will



Tachibana-dori, the main commercial thoroughfare of Miyazaki.

be used to light the flame, followed by a Noh play (traditional Japanese theater) and Yokagura, a sacred Shinto dance typical of Miyazaki.

#### 5. Opening Ceremony

The opening ceremony will be held on Saturday, October 9 at the Main Stadium with 16,800 attendees including 3000 athletes. It will introduce facets of the traditional culture of Japan to the visitors:

A 100-member brass band, composed of the police and city bands, will

A 600-member women's choir will

A 50-member band will provide a fanfare.

Entertainment will consist of Taiko Drums, Usutaiko Dance (performed by 500 elementary school children), and marching by 200 high school students.

The flag of each country will be carried in, along with the entrance of the athletes, opening words, athletes' oath, etc. Announcements will be made in Japanese and English.

#### 6. Awards

A special award will given to athletes who have participated in all 10 World Championships.

#### 7. Participation Medal

A commemorative medal will be given to all athletes who take part in the Championships.

#### 8. Meals

A cafeteria will be set up in the Sports Park, offering meals to athletes and the public.

#### 9. Shuttle Bus

A shuttle bus service will be provided to transport athletes and their families to and from the Sports Park from the main hotels.

## 10. Attractions

Various events are planned throughout the Championships, under the theme of "life-long good health and friendship."

At the Sports Park, vendors will sell Miyazaki produce; koto performances

will provide an introduction to Japanese culture; archery, gateball and tree planting will take place.

Outside the Sports Park will be featured:

"Budo Enby Taikai," an exhibition of judo, kendo, kyudo and karate.

A museum exhibition, including butterflies of the world.

A letter exchange, between Miyazaki high school students and athletes from abroad.

The Oyodo River Festival, including street stalls and a fireworks display.

\* 'Kusunamiki Corridor,' a festival set in the tree-lined street outside the Prefectural Office.

An international salon, to promote contact between the people of Miyazaki and foreign visitors.

The above attractions are open to all, and should provide interesting and effective ways to fill those free moments

## 11. Farewell Party

The farewell party will be held on Saturday, October 16 at the Miyazaki Kanko Hotel — all you can eat and drink for 3000 yen (US\$26) - featuring Shishimai, a Japanese lion dance.

"We are hoping to stage a grand event that will linger in the memories of all who come to Miyazaki," said Hidenori Kawasaki, Executive Director of the Championships.

#### 12. Entry Forms

Entry booklets are available from any masters travel agent.

The event is open to men age 40+ and women age 35+. There are no qualifications needed to enter except to be above the minimum age.

A special World Veterans Championships Preview Section will be published next month, including the official entry form, competition schedule, meeting times, travel and weather news, last place marks in Turku (so you'll know you won't finish last in Miyazaki), and other updated meet information.



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# Treadwell Wins British Veterans Cross-Country

from MARTIN DUFF

Forty-year-old Bob Treadwell won the British Veterans Cross-Country Championships over 61/2 testing miles at Burnley on March 7. The three-lap course included a long, winding hill, followed by a fast descent on each lap. Treadwell, who had won the Surrey County Senior title in December, took control at the start of the second lap and eventually won by some 60 yards in 33:20 over fellow new masters Scotsman Brian Kirkwood and Martin Rees of Wales.

Alun Roper, fourth, was a close-up M45 winner (34:10), 20 seconds clear



Graham Smith, 42, accepts check for winning (4:53) the Veterans International Golden Mile. March 7, Hong Kong. Photo by Niky Mak

### Final Schedule for WAVA World **Veterans Athletics Championships** Miyazaki, Japan — Oct. 7-17, 1993

Thu Oct 7 Decathlon/Heptathlon 10,000 finals

Fri Oct 8 Decathlon/Heptathlon 10,000 finals

200 heats (women)

800 heats

LJ, JT

Opening ceremony

Sun Oct 10 200 finals (women) 200 heats/semis (men) 800 finals (women) 800 semis (men)
HH (semis/finals)

HJ (men) PV (women)

SP, XC 200 finals (men) 800 finals (men) 300/400H semis

5000 finals 10K/20K Road Walk PV (men) HJ (women)

DT Tue Oct 12 No competition Meetings: Stadia, Non-stadia, Women,

Regions Wed Oct 13 100 heats/semis Steeplechase finals 300/400H finals

TJ, HT Thu Oct 14 No competition

General Assembly Fri Oct 15 100 finals 400 heats/semis

1500 semis Sac Oct 16 400 finals 1500 finals

5000RW finals Weight Pentathlon\* Social Function Sun Oct 17 Marathon

4x100 Relay 4x400 Relay \*Unofficial event of Brian O'Neill. Les Presland, who missed the 1992 championships, claiming he had retired, won (35:41) the separate M50 race from Steve James, who added a fifth silver to his gold from 1988. He turned 55 the following week. Dick Cooper retained his M55 title, while Eric Appleby was an easy M60 winner.

Maggie Statham, 40 this May, beat 36-year-old Julie Asgill to the women's title over 31/2 miles in 19:08 with W35 10K WAVA champion Viv McConnell third.

Behind them, Christine Price, fourth, was first W40 (20:11) as Pat Gallagher took the W45 title (20:44), despite her continuing Achilles' problems.

The M70 + men ran with the women and M70 James Johnston (24:52) came out best. |

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MIYAZAKI JAPAN 1993

We have obtained two (2) excellent air & hotel packages from All Nippon Airways, ANA, the 8th largest airline in the world, and Travel Facilities, Inc., the land operator for our group. For those athletes and their families & friends who will be going to Japan for the 10th World Veterans Championships in 1993, we invite you to come along with us and we offer the following options: Miyazaki/Tokyo/Hong Kong and travel through the Japanese countryside for those of you who wish to travel on your own. Those who wish to travel on their own, can take the basic tour (plan #1) with a return on ANA from Tokyo five (5) days after the Championships are over at no additional cost. (See plan #3).

14 DAYS & 12 NIGHTS. Roundtrip air transportation from L.A., Chicago, N.Y., or Washington D.C. to Miyazaki, Japan. Includes 12 nights hotel accommodations, Tourist or Deluxe, from October 6, to October 18, 1993. Transfers between airport & hotel & portage of two (2) bags each person.

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Plan #1 plus travel by rail, bus or air, on your own, in Japan for five (5) days after the Championships are over, returning to the U.S.A. from Tokyo with the Hong Kong group on October 23, 1993. Cost is the same as plan #1.

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Name			
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# WAVA/USATE Hurdles and Implements Specifications

			HURDLES		
data de Artico	ing the second	un substantial te	WOMEN	manager and the second	Name and Address of the Party o
Age	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish
30-39	100m	.840m 33"	13.00m 42'8½"	8.5m 27'10½"	10.5m 34'5"
40-49	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"
50-59 60-69 70 Plus	80m	.762m 30"	12.00m 39'4"	7.0m 22'11½"	19.00m 62'4"
30-39 40-49 ·	400m	.762m 30"	45.00m 147'7¾"	35.00m 114'9½"	40.00m 131'2½"
50-59 60-69 70 plus	300m	.762m 30"	50.00m 164'0½"	35.00m 114'9½"	40.00m 131'2½"
		Application (in the	MEN		Discontinue.
30-39 40-49	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'
50-59	100m	.914m 36"	13.00m 42'8"	8.50m 27'10½"	10.50m 34.5"
60-69	100m	.840m 33"	13.00m 42'8"	8.50m 27'10½"	10.50m 34'5"
70 plus	80m	.762m 30"	12.00m 39'4"	7.0m 22'11½"	19.0m 62'4"
30-49	400m	.914m 36"	45.00m 147'7½"	35.00m 114'9½"	40.00m 131'2½"
50-59	400m	.840m 33"			
60+	300m	.762m 30"	50.00m 164'0½"	35.00m 114'9½"	40.00m 131'2¾"
		entire for	IMPLEMENTS	THE RESIDENCE	
AGE Women	SHO	T PUT	DISCUS	HAMMER	JAVELIN
30-49 50 plus		.00k .00k	1.00k 1.00k	4.00k 3.00k	600gms. 400 gms.
Men 30-49 50-69		(16 lbs.)	2.00k 1.50k	7.26k (16 lbs.) 6.00k	800 gms. 800 gms.
60-69	5	.00k	1.00k	5.00k 4.00k	600 gms.

Steeplechase: 3000m for men 30-59; 2000m for men 60 + and women.

70 plus



# 17th Annual "Friendly" VOYAGEUR MARATHON

4th Annual Spanish River HALF-MARATHON

Sunday, July 18, 1993, 6:00 a.m.

130 Miles E. of Sault Ste. Marie, Mi.

MASSEY, ONTARIO, 290 MILES (465 KM) NW OF TORONTO Where do you run a Marathon in July?
In the cool shade along northern Ontario's Spanish River!

A sampling of comments from the 400 entrants from 22 states, 5 provinces and 3 countries who were part of a phenomenal 97% completion rate in 1992:

personal concern for us."-Bob and Catherine Armstrong, WRACE, Windsor, Ontario

"Greetings to the best race directing family and town in the world! Thanks for your hospitality and warm friendship."—Maggie Beall, Tulsa, Oklahoma.

AWARDS: LONG-SLEEVE T-SHIRTS FOR ALL ENTRANTS; MERCHANDISE PRIZES; HAND-CRAFTED

WOODEN MEDALLIONS AND CERTIFICATES FOR ALL FINISHERS; MANY AGE GROUP MEDALS; HAND-CARVED MILKING STOOLS AND TROPHIES; HUSBAND-WIFE-TEAM AWARDS. HIGHLIGHTS: POOL SOCIAL, RUNNING CLINIC, BICYCLE TOUR, BARBECUE, PANCAKE BREAKFAST,

SPAGHETTI FEAST AND A SMALL TOWN FULL OF FRIENDLY PEOPLE. FUN RUNS: 2 KM AND 5 KM SATURDAY, JULY 17, 1993, 6:00 P.M.

FREE BILLETING: PLEASE BRING A SLEEPING BAG, FOAM OR AIR MATTRESS.

CONTACT: SHELDA AND NORM PATENAUDE 590 LEE VALLEY ROAD, R.R. #2 MASSEY, ONTARIO, CANADA. POP 1PO PHONE: 705-865-2671, FAX: 705-865-2736 Limited to the first 500 entries.





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#### ATHLETES WHO ENTER A NEW DIVISION THIS MONTH MAY 1993

	ATUI PER (DECIDENCE)		
	ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
	HANS BRUHNER (SWE-CONCORD, CA)	5-28-33	60-64
	RICHARD CZARAPATA (NEW BERLIN, WI)	5-20-28	65-69
	TOCWYN DAVIES (GB)	5- 6-38	55-50
	LUIGI FACFILI (ITALV)	E-10-08	05.
	AUGUSTIN FEDNANDES (CDA)	5-10-96	937
	ANDRE EINDELT (EDA)	2-11-38	22-29
	TOM CACE (PILLITHES)	5-18-23	70-74
	TOM GAGE (BILLINGS, MT)	5-16-43	50-54
	RAY GORDON (FRONT ROYAL, VA)	5-30-18	75-79
	HERNAN HADDAD (CHILE)	5-10-28	65-69
	HERALD HADLEY (SPOKANE, WA)	5-15-43	50-54
	WAYNE HANSON (SHREVEPORT, (A)	5-12-28	65-69
	PIERRE HECO(BEL)	5-12-28	65-69
	JIM HOGAN (GB)	5-20-23	60-64
	WILLIS KLEINSASSED (ATUSA CA)	5-20-33	00-04
	POMILATO KITH (IIDC)	5- 9-28	65-69
	HADDY KODDEL (DEL KOVITI CA)	5-25-33	60-64
	CHARLES TAUCH (TEXTUCTION TO	5-30-13	80-84
	TEER LOUIDERCAS LEXINGTON, VA)	5-15-28	65-69
	JEFF LOUBET (ALBUQUERQUE, NM)	5-12-43	50-54
	ARCHIE MESSENGER (LARCHMONT, NY)	5- 6-23	70-74
	PETER MUNDLE (VENICE, CA)	5-20-28	65-69
	FRANK REILLY (WEST HILLS, CA)	5-25-48	45-49
	RICHARD RICHARDSON (DECATUR, IL)	5-15-33	60-64
	EDWARD SMALL (NEW YORK, NY)	5-31-38	55-50
	CARL STROUD (SANTA FE. CA)	5-25- 8	95-99
	IGOR TER-OVANESYAN (URS)	5-10-20	65-69
	STEWARD THOMSON (LOS OLTUCE CA)	5-13-30	55-59
	DAVID WINN (FATRPORT NV)	5-21-33	60-64
	BARBARA BARNES (HARTEORD COUNTY	5-20-43	50-54
	CINDY BREMSER (MIDDLETON WIT)	5-25-28	65-69
	MARY CUSHING (AMUEDOT MA	5- 5-53	40-44
	VALERIE HANNA (HONOT UT III)	5-22-38	55-59
	DIANNE HEADDEN (VIDCINIA DON 112)	5-22-33	60-64
	DHVIIIC HEATON DODGETT WELL, VA)	5-19-38	55-59
	DEANNA LICKEY (196)	5-28-33	60-64
	MADTUA MADIOLECCI VICTORIA	5-12-48	45-49
	ANNABET MARCUE (SAN FRANCISCO, CA)	5-20-33	60-64
	TILL MADELL MARSH (SAN FRANCISCO, CA)	5-31-23	70-74
	TODY WIRDLY COCCUUM LAY	5-29-38	55-59
	JODI MURRAY (COCONUT CREEK, FL)	5-15-53	40-44
	ANNA RUSH (PROSPECT, KY)	5-16-28	65-69
	ANGLE SMITH (ENDICOTT, NY)	5- 4-23	70-74
	JEAN STEVENS (CHENEY, WA)	5- 8-18	75-79
	MARTI THIELMAN (VANCOUVER, WA)	5- 8-39	FF F0
	ROBIN VILLA (NEW YORK CITY, NY)	5-25-42	22-29
	RUTH WEBBER (LONGMEADOWS, MA)	5-20-20	50-54
	HARRIET WILSON (EUGENE, OR)	5-30-28	65-69
	ROSEMARY CHRIMES (GB)	5-13-28	65-69
	WENDY MARIE EY (AUS)	5-19-33	60-64
	MARIA HILLIFR(NZ)	5-21-38	55-59
	TINA LER(AUS)	5-14-53	40-44
	ANNE MCDONATO (CB)	5-20-33	60-64
	AVIS MCINTOCH ) NZ	5-20-48	45-40
	FPICA MEDCED ( NG)	5-19-38	55-50
	CEDD MIELDE (NOS)	5-30-43	55-59
	BOCEMARY DAYLOR (NOK)	5-19-11	50-54
	TOFUE DOCKHOL (GB)	5-19-33	60-64
	CICELY CARCINE	5-11-53	00-64
	TZUZU MCUZENEK (WG)	5-16-42	40-44
	BEDYL UTUUTI (JPN)	5-10-22	50-54
	DEKIL ATHE (MS)	5-10-25	70-74
	MALCOLM GILLIS	5 24 22	65-69
170	ATHLETE (RESIDENCE) HANS BRUHNER (SWE-CONCORD, CA) RICHARD CZARÁPATA (NEW BERLIN, WI) TOCWYN DAVIES (GB) LUIGI-FACELLI (ITALY) AUGUSTIN FERNANDES (SPA) ANDRE FINDELI (FRA) TOM GAGE (BILLINGS, MT) RAY GORDON (FRONT ROYAL, VA) HERNAN HADDAD (CHILE) HERALD HADLEY (SPOKANE, WA) WAYNE HANSON (SHREVEPORT, LA) PIERRE HECO (BEL) JIM HOGAN (GB) WILLIS KLEINSASSER (AZUSA, CA) ROMUALD KLIM (URS) HARRY KOPPEL (BELMONT CA) CHARLES LAUCK (LEXINGTON, VA) JEFF LOUBET (ALBUQUERQUE, NM) ARCHIE MESSENGER (LARCHMONT, NY) PETER MUNDLE (VENICE, CA) FRANK REILLY (WEST HILLS CA) FRANK	1-24-33	60-64
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# MASTERS SCENE

#### NATIONAL

- Ed Mathews, M70, of Maryland, a National outdoor sprint champion, is featured on the RRCA's Footnotes Spring 1993 special edition devoted entirely to masters running.
- NBC, which has televised the three World Open Track and Field Championships, will not broadcast this year's event in Stuttgart, Germany because it is "not a profitable property," a network spokesman said. In contrast, the European Broadcasting Union paid \$91 million for the rights to the 1993 and '95 Championships.
- In odd numbered years, changes to the USATF by-laws are proposed. Please send any proposed Track & Field changes and the reason for the proposal to: Bob Fine, 3250 Lakeview Blvd., Delray Beach, FL 33445; 407-499-3370; Fax 407-495-5054. Proposed changes must be submitted by Sept. 1, 1993. Any proposed changes will first be discussed by the Masters Track & Field executive committee before submission.

#### EAST

- Michael Wilson (46, 28:24) and Sharon Rogers (41, 34:33) recorded masters firsts in the NYRRC Al Gordon 5 Miler, Central Park, Feb. 28. Gudrun Philips, 56, outlegged the W55 crowd with a 36:07, while Muriel Merl, 67, took the W65 gold with a 42:11.
- Lari Dunlap (M40, 68:15) and Susan Weisbrod (W45, 89:56) collected winners' checks of \$300 each in the USATF/NJ Masters 20K Championships, Newark, March 7. Lois Filreis took the W60 race in 1:57:26.
- Kevin O'Connor, 40, was sixth of 734m with a 1:12:30, NYRRC Brooklyn Half-Marathon, Prospect Park, March 7. Barbara Anderson, 41, took seventh of 188w in 1:29:55. The M50 division race went to speedster Sam Skinner (50, 1:20:56). On March 21, Richard Shaver (40, 34:47) and Barbara Anderson (41, 41:06) featherfooted to masters firsts in the NYRRC Rites of Spring 10K, Central Park. A week later, Skinner, 60, turned in a masters win with a 2:04:32 in the NYRRC Mike Hannon 20 Mile, Central Park. Phil Mongillo, 68, won his division in 2:33:56. Suzanne Rohr, 42, was the W40+ winner in 2:30:07. In a companion four miler, run later, Larry Torella, 43, was sixth in 21:10 of 402m, while Diane Ditchfield, 40, finished ninth of 261w in 26:28. George Thompson (67, 28:01) and Muriel Merl (67, 33:56) won their age-group contests handily.
- Don DeNoon, 49, placed 16th (1:32:21) and Ray Funkhouser, 42, 17th (1:33:20) in the National Invitational 20K RW, Washington, DC, March 28, in the men's race, a qualifier for the World Cup held in Mexico in April. Sally Richards-Kerr, 40, finished 14th (50:36) and Viisha Sedlak, 44, 25th (52:38) in the women's 10K.
- Richard Banning, 40, Alexandria, VA, turned in a 1:07:52 for second-over-all, Bethesda Chase 20K, March 7. Judith Bugyi, 46, State College, PA, was W40 + first in 1:27:58.
- Rick Banning (1:09:55) and Sue Given (1:24:49) each set masters course records in the 3rd Pomoco Group/Hampton Coliseum Half-marathon in Hampton, VA, February 7. Chuck Moeser (1:11:02) and Sadot Mendez (1:11:44) were men's runners-up, while Claudia Ciavarella (1:24:58), and Marny Gilluly (1:26:17) were next masters women. Mel Williams broke the M55 course record with a 1:17:04. Larry Dickerson, 61, ran 1:31:39 to erase the M60 mark.

## SOUTHEAST

 Alan Rushmer (33:32) took the M40 + race from Bruce Kritzler (33:45) and Frank Shorter (33:53) in the Citrus Classic 10K, Winter Haven, FL, March 20. Karen Virga was W40 + first (38:22).

- Wilson Waigwa posted a masters win with an 18th-overall 30:17, Crescent City Classic 10K, New Orleans, March 20. James Klebba, 50, New Orleans, was 10th M40 + (34:04). Carol McLatchie, 41, Houston, TX, took another masters first in a major race this season with a 10th-place 35:16. Barbara Filutze, 46, Erie, PA, was two slots back in 35:52. Francis Ard, 54, New Orleans, was eighth W40 + (42:45).
- Racewalkers interested in events throughout the year on Florida's Gold Coast (Miami to West Palm Beach) are urged to contact Bob Fine, 3250 Lakeview Blvd., Delray Beach, FL 33445. (407) 499-3370.
- Domingo Tibaduiza of Colombia/NV nipped Joseph Nzau, Kenya/WY, both timed in 30:59, to win the masters battle in the Azalea Trail 10K, Mobile, March 27. Carol McLatchie of Texas won the W40+ race from Nancy Grayson of South Carolina, 34:17 to 35:06.

## MIDWEST

- Ohio's Grace Butcher, W50 middledistance runner, is taking early retirement as a Kent State professor to pursue her writing career in poetry and sports. Her new poetry book won the Ohio Poet of the Year award.
- The Cleveland Track Classic, scheduled for June 19, has been cancelled, Jeff Gerson, Meet Director, reports the track is being resurfaced.
   The meet may be rescheduled later this year.

# MID AMERICA

- Tom Flack, 74, died March 23 in Colorado. Flack was active in the masters program in the javelin, shot put, discus, and hammer throw. He competed in the Colorado Senior Olympics and often appeared at Southern California meets. At the Club West Meet in Santa Barbara, Calif., last October, he competed in all four throwing events. Born in New Jersey, Flack was a World War II veteran of the Pacific campaign. He was employed in the music business for many years in Los Angeles. In 1985, he moved to Loveland. Colo., from Sante Fe, N.M. He is survived by a son, three daughters, and seven grandchildren. Memorial contributions may be made to the Colorado Senior Olympics in care of Warren-Bohlender Funeral Chapel, 121 W. Olive, Fort Collins, CO 80521.
- Ed Woerner, 43, was the first M40 + in the YMCA's Midwest Masters 8K for m&w 35-and-over, Omaha, April 3, with a 26:46. Kris Powers, 40, took the W40 + laurels with a 34:22. Cyrus Huffman, 57, won the M55 race with a 29:56. Dale Bradley (35, 25:51) and Barb Baltzell (38, 32:35) were winners overall.

# SOUTH WEST

- Doug Kurtis of Michigan, a week away from his 41st birthday, finished third overall (2:18:07) for his 69th sub-2:20, Motorola Marathon, Austin, TX, March 7. Carol Virga, 42, of Delray Beach, FL, stayed in contention for the overall women's title for much of the race but succumbed to a runner some 15 years younger to take second in 2:49:42.
- Francie Larrieu-Smith, 40, of Texas was first 40 + and eighth overall (\$500) in 35:17 in the USATF National Women's 10K Road Championship in Tyler, TX, April 3.

## WEST

Many readers will be saddened to learn of the sudden death of Paul Bernd of Pacific Beach, California. Bernd did not take up running until he was 75 and at 85 became the oldest person to complete a 5000 meter run at the San Diego Senior Olympics in May 1991. Remembered for his ready smile and encouraging words, he will be greatly missed by all who knew him.

The May 8 and July 3 t&f meets scheduled for Sacramento have been cancelled.

#### NORTHWEST

• Eugene's famed Hayward Classic will also serve as this year's USATF Masters Northwest Regional T&F Championships on July 16-17 at the University of Oregon's Hayward Field. Reporting on last year's meet, NMN Senior Editor Jerry Wojcik wrote: "This may be the best masters meet, excluding some nationals, that I've attended in my 18 years as a master. The masters movement should expect more meets like this, so if you can't find one, try this meet next season." More than 200 volunteers assist at the event. This year's meet will be directed by Timothy Shelley. (See entry form on page 11.)

#### CANADA

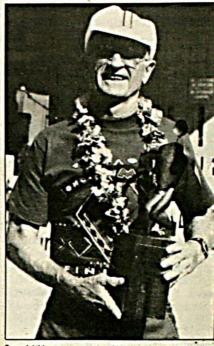
• Jean Horne, W60, and Earl Fee, M60, broke age-group indoor WRs for the 800 in the Ontario Masters Championships, Toronto, March 6. Horne lowered Joyce Hals' 2:56.75 to 2:52.4, and Fee erased Jim Sutton's 2:17.09 with a 2:16.3. Charles McMullen broke the M40 U.S. record of 8:44.0, held by Peter Hallop and Ken Popejoy, with an 8:39.70. Over 200 competitors were in attendance at the meet, directed by Brian Keaveney, and held at the Metro T&F Center at York U.

# INTERNATIONAL

- The 14th World Maccabiah Games in Israel, June 26-July 16, will include t&f for men and women ages 40 + in five-year age groups. Interested masters should contact U.S. Maccabiah Committee, 1926 Arch St., Philadelphia, PA 19103. (215) 561-6900.
- Graham Smith, 42, won the veterans section of the Hong Kong International Golden Mile, March 7, with a record 4:53. Lance Robertson, 47, turned in the best age-graded performance with a third-place 4:59 (84.9%),

despite not having fully recovered from a snake bite suffered in a 20K cross-country race the week before. Gillian Castka, 37, won the women's open section in 5:27.

- David Hill, 42, England, was the first master in the London Marathon, April 18, in 2:24:18. First 40 + woman was Zina Marchant, 42, England, in 2:43:59.
- Piet Hopmans (2:28:58) and Saskia Warmer (3:11:16) were veterans winners of the Nike Rotterdom Marathon, April 18. □



Gerald Horton won the M70 title in 3:39 in the Honolulu Marathon, Dec. 13. His wife, Miki, was 1st W65 in 4:16. Photo by Tesh Teshima

# ELITE

# \*\*\*\*TRACK SHOE SPECIALS \*\*\*\*

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Long Jump-gold red, ste 7,7 5,9 5	21-59.00	\$69.00	
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Shot Put achite lilac, mare 10.5, 11, 17	\$174.95	\$79.00	
Sprint 1-419 ad, 75,85,9,95,10,5,11,11,5	\$149.95	\$79.00	
Adistar 2M distace Muevellos, ate 75	\$99.00	\$19.00	
Accelerator-bude print, 5,5 5,6.5,8 5	\$174.95	\$79.00	
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## NIKE

Zoom Sprint 6, 7, 7.5, 12.5	\$85.00 \$19.00
Zoom Light-8, 12.5	\$80.00 \$39.00
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Zoom Ultra 118,9	\$85.00 \$49.00

# USA Track & Field Apparel by Nike

The official uniform supplier for the Barcelona Olympics and the next ten years!! TAC has now changed its name to USA Track & Field and has adopted the logo which appears on this apparel. Logo is embroided on Sweatshirts & Caps.

USA Sweatshirts-wh/navy or navy/wh, \$60.00 \$39.00

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USA Shorts-navy/red, 100% nylon. \$30.00 \$24.00

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aron videos black-red plans nicre 4-13. \$72-00. \$74-50

ZOOIII Rotational.—duet, disens, & hammer thore, white molar red-regulant. \$77-00. \$59-50

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Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.



# TRACK & FIELD NATIONAL

June 12-18. U.S. National Senior Sports Classic Senior Olympics, New Orleans. 55 + . USNSSO, So. Outer Forty Dr., Ste. N360, Chesterfield, MO 63017. 314/878-4900.

July 10-11. USATF National Masters Decathlon/Heptathlon Championships, Columbus, Ohio. John White, 4865 Arthur Pl., Columbus, OH 43220. 614/459-2547.

August 11-14. USATF National Masters Championships, Provo, Utah. USATF, 615 S. 300 East, Salt Lake City, UT 84111. 801/538-2062.

September 25. USATF National Masters Weight Pentathlon Championships, Woodstock, Ill. Chuck Klehm, 1218 North Route 47, Woodstock, IL 60098. 815/ 338-2880.

March 25-27, 1994. USATF National Masters Indoor Championships, Columbia,

August 11-14, 1994. USATF National Masters Championships, Eugene, Ore.

# EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia Pennsylvania, Rhode Island, Vermont

April-August. Potomac Valley TC Meets, Williams HS, Alexandria. Sundays, bi-weekly, starting April 18. 8 a.m. Sal Corallo, 703/243-1291.

May 2. MAC "New York Relays" Meet, Downing Stadium, Randall's Island, NYC. SASE to Roz Katz, 170-11 65th Ave., Flushing, NY 11365. 781/358-6233.

May 10-13. D.C. Golden Olympics. 55+ Darnelle Freeland, Senior Citizens Branch, Washington, DC 20010. 202/576-8677/ 727-5512.

May 16. NY Masters Spring Classic, Merchant Marine Academy, Kings Point, L.I., N.Y. SASE to Eric Weissbrot, 7 Drury Ln., Great Neck, NY 11023. 516/487-1417 (7-9:30 p.m.).

June 4-5. Connecticut Senior Olympics, 55+. U. of Bridgeport. Jack Boitano, 105 Dr., Stratford, CN 06497. 203/377-2917.

June 5. MAC Masters Championships, St. John's U., Queens. 10 a.m. SASE to Roz Katz, 170-11 65th Ave., Flushing, NY 11365. 718/358-6233.

June 6. New Jersey USATF Championships, Monmouth College, West Long Branch. SASE to: Sandy Kalb, 22 Addison Rd., Howell, NJ 07731. 908/363-5426.

June 12. West Penn TC Championships, Carnegie Mellon U., Pittsburgh. Ray Sanchas, 428 Center Ave., Carnegie, PA 15106. 412/281-4136(d); 429-1410(e).

June 20. Philadelphia Masters Meet, St. Joseph's U., Philadelphia. Features Rapid Triathlon (100-LJ-200) and masters mile. Dr. Claude Hills, 510 East Valley Green Road, Flourtown, PA 19031. 215/233-0132.

June 25-27. Massachusetts Senior Games, Springfield College. 55 + . Todd Hayden, Coordinator, Springfield College, 263 Alden St., Springfield, MA 01109. 413/748-3020.

June 27. Garden State AC International Meet, Randolph HS, N.J. Morton Hahn, GSAC, 19 Bedminster Rd., Randolph, NJ 07869. 201/625-1764.

July 3. Niagara USATF Association Senior/Masters Championships. Dave Reinhardt, 101 E. 4th St., Jamestown, NY 14701. 716/488-2203.

July 10. Sri Chinmoy Masters Meet, Forest Park, Queens. 40 + . SASE to Sri Chinmoy Marathon Team, 150-47 8th Ave., Jamaica, NY 11432. 718/RUNNERS.

July 17. Philadelphia Masters Meet, La Salle U., Philadelphia. Features Dave Mar-tin All-Around Quadrathlon (LJ-SP-HJ-200), Middle-Distance Triathlon (1500-400-800), and Jim Bantum Sprint Triathlon (200-100-400). Dr. Claude Hills, 510 East Valley Green Road, Flourtown, PA 19031, 215/233-0132.

July 25. USATF East Regional Masters Championships, Syracuse, N.Y. Pre-registration only. Evelyn White, 118 Foxcroft Ln., Fayetteville, NY 13066.

July 31-August 1. 18th Annual Buffalo Belles and Brawn International Age-Group Classic, Buffalo, N.Y. Women compete on Saturday, men on Sunday. Bettie Zoschke, 206 Puritan Rd., Tonawanda, NY 14150. 716/835-6018.

August 22. Donald S. Harris Memorial Track Classic, Wynnewood, Penn. Dr. Claude Hills, 510 East Valley Green Road, Flourtown, PA 19031. 215/233-0132.

September 5. Potomac Valley Games, Washington, D.C. Sal Corrallo, 3466 Roberts Ln., N., Arlington, VA 22207. 703/243-1290(h); 202/219-1913(w).

# **SOUTHEAST**

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee.

May 8. Jacksonville Meet. Lamar Strother, 1511 S. McDuff Ave., Jacksonville, FL 32205, 904/388-7860.

May 20-22. South Carolina Senior Sports Classic. 55+. Carl Hust, 326 Townes Rd., Columbia, SC 29210. 803/772-0363.

May 21 (Fri.) Jacksonville TC Mile Festival, Bolles School. 7 p.m. Lamar Strother, 904/388-7860.

May 22. Florida USATF Masters Championships, Showalter Field, Orlando. Bob Fine, 3250 Lakeview Blvd., Delray Beach, FL 33445. 407/499-3370.

May 22. Tennessee Masters Championships, U. of Tenn. Dean A. Waters, 132 Newport Dr., Oak Ridge, TN 37830. 615/483-7743(eve).

May 29. Birmingham TC Classic. Samford U. Gordon Seifert, 1514 Ridge Rd., Birmingham, AL 35209. 205/879-8031.

June 12. Atlanta TC Meet, Emory U. Julia Emmons, Atlanta TC, 3097 E. Shadow-lawn Ave., Atlanta, GA 30305. 404/ 231-9065.

June 12. Miami Northwest Express Meet. Jesse Holt, 1310 NW 90th St., Miami, FL 33147. 305/836-2409.

July 10. Southeastern Masters Classic.

# ON TAP FOR MAY

#### TRACK AND FIELD

Action starts early with the N.Y. Relays on Randall's Island, NYC, and the North Coast Relays, Mayfield, Ohio, on the 2nd. Jacksonville, Fla., hosts a meet on the 8th, as do the So. Calif. Striders, offering a full slate of events on the 15th. On the 16th, N.Y. masters head for the Spring Classic at Kings Point, L.I. On the 22nd, the Visalia, Calif., meet features a new 9-lane Chevron track, and the Florida **USATF Masters Championships** will be decided in Orlando. The 29th is a busy date, with the Tennessee USATF Championships, Knoxville; the Birmingham Classic at Samford U.; a meet in Silverton, Ore.; and masters invitational events at the prestigious Bruce Jenner Meet, San Jose, Calif. The Dan Aldrich Memorial Meet on the 30th in Irvine, Calif., is a historic masters event, having existed since the early 1970s when it was called the Grandfather Games and later the Anteaters Meet.

#### LONG DISTANCE RUNNING

The month peaks early on the 2nd with the Lilac Bloomsday 12K in Spokane; Newsday Long Island Half-Marathon; and marathons in Buffalo, Pittsburgh, Lincoln, Nebr., and among the giant redwoods of Northern California. The Knoxville 10K and Old Kent River Bank 25K in Grand Rapids, Mich., are set for the 8th. The Vintage 5 Mile for men and women ages 50-and-over takes place in Pittsburgh on the 15th. The 16th finds marathons in Olympia, Wash., and Cleveland. Memorial Day weekend offers the Big Boy 20K in West Virginia on Saturday; the Vermont City marathon in Connecticut on Sunday; and the Great Race 10K in Indiana on Monday.

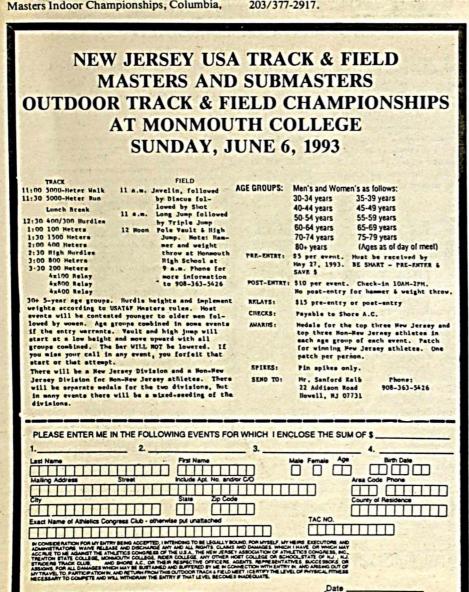
#### RACEWALKING

The National Masters 50K Championships return to Monmouth College, N.J., on the 16th. Other events include a 20K in Raleigh, N.C. on the 1st; a 10K and 20K in D.C. on the 23rd; and the MAC Championships/East Regional 20K in NYC on the 30th. The ARWA Training Camp opens for a five-day stint in Boulder, Colo., on the 27th.

Greenville, S.C. Dick Bloomfield, 103 Crestwood Dr., Greer, SC 29651. 803/879-7839(eve).

July 17. Nashville TC Meet. Vanderbilt U. Open/masters. For entry form send SASE to Randall Brady, 2709 Linmar Ave., #5, Nashville, TN 37215. 615/383-6733.

Continued on next page



Continued from previous page

July 24. Jacksonville TC Classic, Bolles Track. Lamar Strother, 1511 So. McDuff Ave., Jacksonville, FL 32205. 904/388-7860.

September TBA. USATF Southeast Regional Masters Championships, Gainesville, Fla. Contact TBA.

#### **MIDWEST**

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

May 14-20. Dayton Regional Senior Olympics. 55+. Dr. Mary Leonard, HPE Dept., U. of Dayton, 300 College Park Dr., Dayton, OH 45469-1210. 513/229-4225. May 2. North Coast Relays, Mayfield HS, Ohio. Geoff Packer, 2845 North Park Bl., Cleveland Hts., OH 44118. 216/371-2822. May 23. Columbus Classic, Eastmoor HS, Ohio. W. Curtis Stitt, P.O. Box 09147, Columbus, OH 43209. 614/237-6513.

May 30. Wolfpack Pentathlon Track Meet, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220. 614/459-2547.

June 5. Indy Senior Olympics. 55 + . Robert Meier, 1502 W. 16th St., Indianapolis, IN 46202, 317/267-0535.

June 5. Athlete's Foot Masters Meet, Augustana College, Rock Island, Ill. Pete Stopoulos, 1029 16th Ave., East Moline, IL 61244. 309/755-2655.

June 11-12. Illinois/USATF Championships. Illinois T&F, 111 W. Butterfield, Elmhurst, IL 60126. 708/833-7303.

June 12. USATF Ohio Association Open & Masters Championships, U. of Cincinnati. John Blakely, 2137 Yorktown Court, Fairfield, OH 45014. 513/829-3565.

June 19. Cleveland Track F.D. te TBA.
Jeff CANCEL Landon, South
Eucli CANCEL 21. 216/382-2656.

June 27. Byron Park District Masters Meet,

Byron, Ill. Jim Kann, 815/234-8435. July 10. Dayton Masters Classic, Open &

Masters. Bob Jones, 513/837-2754.

July 10. Illinois Masters Meet, Libertyville
HS. SASE to Dr. Craig Dean, 719

Stonegate Ct., Libertyville, IL 60048.

708/367-6387.

July 24. USATF Midwest Regional Masters Championships, Lisle Ill. Illinois T&F, 111 W. Butterfield, Elmhurst, IL 60126. Bruce

Mills, 708/541-3905.

July 31. Midwest Masters Championships,
Marshall U., Huntington, W.Va. (Not the
regional championships.) David Stooke,
119 Cheyenne Tr., Ona, WV 25545.
304/736-8474.

# MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

May 30-June 2. St. Louis Senior Olympics. 55 + . Nancy Weigley, #2 Millstone Campus Dr., St. Louis, MO 63146. 314/432-5700, x188.

June 6. Blue River Valley Jolly Jogathon Meet. 10 yr. divisions. Cleve Walstrom, 209 No. 8th, Marysville, KS 66508. 913/562-3050.

June 12-13. Lincoln TC Decathlon/Heptathlon, Ed Weir Track. SASE to Gary Bredehoft, 4037 N. 20th St., Lincoln, NE 68521. 402/435-7061.

June 26. USATF Mid-America Regional Masters Championships, Lincoln, Neb. See June 12-13.

July 25. Show Me State Games, Jefferson City. Missouri residents only. Phil Brusca, 12009 Wesco, St. Louis, MO 63043. 314/434-0851.

August 1. Masters/Senior Olympic EM "R" Meet, Twin Cities. SASE to Rachel Lyga, 122 63½ NE, Minneapolis, Minn. 612/574-9661.

September 4-5. Rocky Mountain Masters Games, U. of Colorado, Boulder. Pent/Wt. pent. 5000RW. SASE to Dave Simons, 1550 Baseline Rd., Boulder, CO 80302. 303/443-4919; Jim Weed, 11672 E.

2nd Ave., Aurora, CO 80010. 303/341-2980.

#### SOUTHWEST Louisiana, Mississippi, Texas. Arkansus, Oklanoma

May-July. New Orleans TC Meets, City Park Track. 5:30 p.m. Chuck George, NOTC, P.O. Box 52003, New Orleans, LA 70152-2003. 504/482-NOTC: 468-1488.

May 19-May 22. Texas Senior Games. 55 + . Kelly Arceneaux, P.O. Box 13309, Arlington, TX 76094-0309. 817/572-6978.

June 12-13. Ponca City Classic. Ponca City HS. James Roland, Ponca City, OK 74601. 405/767-0233.

July 23-24. USATF Southwest Regional Masters Championships, Gonzales, La. Also weight pentathlon & 56-lb. weight. Jeff Baty, 321 E. Josephine St., Gonzales, LA 70737. 504/644-6930.

#### WEST Arizona, California, Hawaii, Nevada

May 13-16. Fairfield Senior Olympics. 55+. Ellen Hardenburger, 1000 Webster St., Fairfield, CA 94533. 707/428-7421.

May 15. Southern Calif. Striders Meet, CSU-Long Beach. Open/Submasters/ Masters. Jon Lomax, 213/666-0379.

May 22. Stanford U. Throws Series #15, Angel Field. 9 a.m. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408/458-0202.

May 22. Visalia Masters Classic, Sunkist Bowl, Visalia, Calif. New 9-lane Chevron track. Bob Higginbotham, 1026 W. Princeton, Visalia, CA 93277. 209/732-8030.

May 29. Bruce Jenner Grand Prix, San Jose, Calif. 100m-M60+, M70+, W40+; 200m-M50+; 400m-M40+; Bruce Springbett, 408/354-7333. 1500m-M40+, Jim Hampton, 415/573-8943.

May 30. Dan Aldrich Memorial Meet, UC-Irvine, Calif. Matt McCormick, 714/586-9942(h).

June 4-6. Sacramento Senior Games. 55 +. Alan Boyd, 6005 Folsom Blvd., Sacramento, CA 95819. 916/277-6094.

June 5. Stanford U. Throws Series #16, Angel Field. 9 a.m. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408/458-0202.

June 5. Arizona Masters Invitational, Tempe. McClintock HS, May 29 deadline. Checks to Arizona USATF. Bob Flint, 8436 E. Hubbell, Scottsdale, AZ 85257.

June 6. Pasadena Senior Games, Occidental College, Los Angeles. 50+. Christel Miller, director. Cynthia, 818/795-4331.

June 12. USATF/Pacific Open and Masters

Championships, Los Gatos HS. Willie Harmatz, c/o Athletic Performance, 55 W. Main St., Los Gatos, CA 95030. 408/354-7365; 354-5660.

June 19. SCA/USATF District Pentathlon Championships, Occidental College, Los Angeles. Men's & women's pentathlons & weight pentathlon. SASE to: Gary Miller, 1740 Grandview Ave., Glendale, CA 91201. 818/843-2139 until 9 p.m.

June 24-August 5. Los Gatos Summer Meets. Every Thursday, 5 p.m., LGHS. Bruce Springbett, P.O. Box 1334, Los Gatos, CA 95030. 408/354-7333.

June 26. SCA/USATF Championships, UC Irvine, Calif. Marvin Thompson, 213/662-1062.

July 11. Trojan Masters Classic, USC, Los Angeles. Russ Reabold, 1125 N. Stimson, La Puente, CA 91744, 818/917-6289.

July 31-August 1. USATF West Regional

Masters Championships, Cerritos College, Norwalk, Calif. Marv Thompson, LAPOC, 2301 Hyperion Ave., Ste P, Los Angeles, CA 90027-4711. 213/662-1062.

September 12. Northern California Seniors T&F Classic, U.C., Berkeley. 30+. Mark Grubi, Dir., P.O. Box 424512, San Francisco, CA 94142-4512. 415/285-3352. September 12. Sri Chinmoy Masters, CSU- Long Beach. 40+. Bigalita Egger, 6199 Canterbury Dr., Culver City, CA 90230. 310/645-0271.

September 17-19. California State Senior Olympics, UC-San Diego, La Jolla, Calif. (Note: age 30+). Sam Cohen, 2820 Camino del Rio S., #306, San Diego, CA 92108. 619/543-0046, or 800-246-9077.

September 18. Kelfield Grand Opening. Tune-up meet for World Championships. All throwing events. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95050. 408/458-0202.

October 2. Club West Meet, UC-Santa Barbara. Lloyd Albright, 3722 Cordero Dr., Santa Barbara, CA 93105. 805/682-9540. October 20-22. Huntsman Chemical's Senior Games, St. George, Utah (1 hour drive from Las Vegas). 50+. Ken Jolley, 431 W. Tabernacle, St. George, UT 84770. 801/628-1442.

#### NORTHWEST Alaska, Idaho, Montana, Oregon, Washington, Wyoming.

May 29. Oregon Senior Olympics, Silverton Union HS. 40 + . 5 Mile Road Run at 8:30 a.m. Amy B. Castle, 6350 Cascade Hwy., N.E., Silverton, OR 97381. 503/873-8577. June 5. Senior Sports Festival, Seattle. Diana Hovland, 100 Dexter Ave. No., Seattle, WA 98109.

June 6. USATF Oregon Open & Masters Championships, Portland, Ore. Dr. David Fix, Lewis & Clark College, 0615 S.W. Palatine Hill Rd., Portland, OR 97219. 503/768-7068.

June 12. Volcano Classic. Emil Torquato, 28 Sunset Pl., St. Helens, OR 97051. 503/397-4102.

June 12-13. British Columbia Masters Championships, Vancouver, B.C. Grant Lamothe, 604/856-7381 or John Woodcock, 604/939-1324. June 26. Inland Northwest Masters Classic.

Suite 20. Illiand Portificest Masters Classic.

Stan Johnson, City of Richland, 650 George Washington Way, Richland, WA 99352. 509/943-2689.

June 26-27. British Columbia Masters Decathlon Championships. Kamloops, B.C. Grant Lamothe, 604/856-7381.

July 10. Helena Masters & Seniors Meet, Vigilante Stadium. Manuel/Helen White, P.O. Box 5058, Helena, MT 59604. 406/227-5020.

July 17-18. USATF Northwest Regional Masters Championships (Hayward Classic), Eugene, Ore. Timothy Shelley, 2748 Agate, Eugene, OR 97403. 503/896-3210.

July 30-31. 15th Montana Masters Meet, MSU, Bozeman. Mike Carignan, P.O. Box 5132/MSU, Bozeman, MT 59717-5132.

July 30-31. Portland Masters TC Classic, Lewis & Clark College. Joe Thielman, 406 W. 32nd St., Vancouver, WA 98660. 206/693-2256.

August 27-28. Montana Sr. Olympics, Kalispell. M&W50+. Don Tavolacci, 465 Freedom Ave., Billings, MT 59105. 406/252-2795.

October 20-22. Huntsman Chemical's Senior Games, St. George, Utah. 50 + . Ken Jolley, 431 W. Tabernacle, St. George, UT 84770. 801/628-1442.

#### **CANADA**

July 10-11. Ontario Masters Championships, Laurentian U., Sudbury. M&W35+. 5-yr. age groups. Doug Smith, 58 Newmarket Ave., Toronto, Ont. M4C 1V9. 416/699-5818.

# INTERNATIONAL

May 28-30. All Japan Masters Athletic Championships, Kobe. Kobe Branch, Kintetsu International, 6F Kobe Kotsu Center Bldg., 10-1 1-chrome, Sannomiyacho, Chuo-ku, Kobe-shi, 650 Japan. 078/391-4891; FAX 078/391-4559.

Continued on next page

# ARIZONA MASTER INVITATIONAL TRACK AND FIELD

McClintock High School; 1830 E. DelRio Dr.; Tempe, AZ -- Saturday -- June 5, 1993 Sponsored by Arizona Association USA Track and Field

Age Division: 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69;

70-74; 80 and over

Facilities: Eight lane all weather track

Entry Fee: \$12 for the first three events chosen. Each additional event

\$3. Relays \$15.

Awards: Medals to first three in each age division Deadline for Entries: May 29, 1993

Entries: Make checks payable to Arizona USA T

Make checks payable to Arizona USA Track and Field. Send entry to Bob Flint; 8436 East Hubbell; Scottsdale, AZ 85257.

#### NIGHT TRACK MEET SCHEDULE OF EVENTS

福工場	Track Ev	ents		E	eld Events
6:00	3000M - W	7:45	100M - M	5:00	Shotput
6:20	3000M - M	7:55	800M - W	5:30	Long Jump
6:35	4- x 100 W	8:05	800M - M	6:00	Javelin
6:40	4 x 100 M	8:15	300/400 IHW	6:30	High Jump
6:45	100 Hurdles W	8:25	300/400 IHM	7:15	Pole Vault
6:50	110 Hurdles M	8:35	200M - W	7:30	Discus
7:00	1500M - W	8:45	200M - M	8:30	Triple Jump
7:10	1500M - M	8:50	10,000 Meter M-W	or Vision	The Speed Section
7:15	400M - W	9:00	4 x 400 Relay W	民国的语	
7:25	400M - M	9:10	4 x 400 Relay M		SECTION SECTION
7:35	100M - W				The particular Particular

..... ENTRY FORM (First) Name (Last) Age\_ Telephone \_ Date of Birth USA # State \_ City Address \_ Zip \_ Please enter me: 5. 6.

Athletic Waiver Release: In consideration of your acceptance of my entry, I hereby for myself and executors waive, release and forever discharge any and all claims for damages which I may have, or may hereafter accrue, against Tempe, Arizona, Arizona USA Association, and all other sponsors and sports facilities or their officials or agents, for any damages which may be suffered by me. I certify that I am in good health and that my level of training is such that I am prepared to compete in this event.

Athlete's Signature \_\_\_\_\_\_ Date \_\_\_\_\_

Continued from previous page

June 26-July 16. World Maccabiah Games, Israel. M&W40+. U.S. Maccabiah Committee, 1926 Arch St., Philadelphia, PA 19103. 215/561-6900.

July 9-11. Matyas Farkas Veterans Memorial Meet, Budapest, Hungary. M35+/W30+. Contact: Ferenc Igrenyi, 1117 Budapest, Bogdanffy u.10; Telex 22-4875

July 17-18. British Veterans Athletic Federation Championships, Monkton Stadium, Jarrow. John Charlton, 31 Lyndhurst Rd., North Seaton, Ashington, Northumberland NE63 9SS.

August 28-29. First Annual National Decathlon/Heptathlon Championships (also invitational weight pentathlon). Montreal, Quebec. E.F. Hume, 132 Evergreen, Dod. O. Quebec H9A 156. 514/684-7528.

October 3. Athletic Veterans of Hong Kong Meet. Low-key meet. AVOHK, GPO Box 10368, Central Hong Kong, Tel: 608-1392. October 7-17. 10th WAVA World Veterans Athletics Championship, Miyazaki, Japan. M40+, W35+. Entry deadline July 1. 10th World Veterans Championships, 5-15, Miyata-cho, Miyazaki City, Miyazaki Prefecture 880, Japan. Phone: 81-985-32-3376; Fax: 81-985-31-1153.

July, 1994. Oceania Regional Championships, Fiji.

August 4-7, 1994. WAVA North American Regional Championships Edmonton,

# LONG DISTANCE RUNNING NATIONAL

June 27. USATF National Masters Half-Marathon Championships, Fairfield, Conn. Mick Midkiff, 32 Summit Rd., Riverside, CT 06878. 203/324-9822.

September 25. USATF National Masters 10K Championships, Oklahoma City. Jim Thorpe 10K. Roger Foster, Oklahoma City RC, 2601, N.W. Expressway #601, Oklahoma City, OK 73112. 405/752-1813. October 3. USATF National Masters Marathon Championships, Minneapolis. Twin Cities Marathon. Bruce Mortenson, 15301 Highland Pl., Minnetonka, MN 55345.

October 17, USATF National Masters 15K Cross-Country Championships, Memphis, Tenn. John Harwick, Memphis Runners TC, 901/722-0378.

October 31. USATF National Masters 10K Cross-Country Championships, Louisville, Ky. Bill Nault, 203 Brown Ave., Louisville, KY 40207, 502/897-3772.

November 7. USATF National Masters 15K Championships, Schenectady, N.Y. Lee Wilcox, 10 Eaton Rd., Troy, NY 12180. 518/274-7444.

November 20. USATF National Masters 8K Cross-Country Championships, Franklin Park, Boston. Fred Treseler, 79 Manet Rd., Chestnut Hill, MA 02167. 617/964-7802.

November 20. USATF National Masters 25K Championships, San Diego. Joni Shirley, 11212 Via Carroza, San Diego, CA 92124, 619/292-6132,

#### EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

May 2. Pittsburgh Marathon. Leonard Duncan, 429 Fourth Ave. Ste. 1001, Pittsburgh, PA 15219. 412/765-3773.

May 2. Buffalo Marathon. Tom Palmer, 800 Delaware Ave., Buffalo, NY 14209. 716/837-7223.

May 2. Newsday Long Island Half-Marathon, East Meadow, N.Y. Patti Kemmler, Eisenhower Park, East Meadow, NY 11554. 516/542-4437.

May 9. NYRRC Advil Mini Marathon 5K

Tune-Up, Central Park. NYRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455. May 15. Vintage Run 5 Mile. M&W50+.

Vintage, 401 N. Highland Ave., Pittsburgh, PA 15206. Beverly A. Beisgen, race director, 412/361-5003.

May 15. Riedman Insurance Lilac 10K, Rochester, N.Y. Lori Frank, 45 East Avenue, Rochester, NY 14604. 716/232-4424.

May 16. Western Heights Middle School 5K. Wayne Vaughn, 734 W. Franklin St., Hagerstown, MD 21740, 301/733-6076; Western Heights 791-4351 (day).

May 23. Riverside Twilight 5 Miler. 7 p.m. Riverside 5 Miler, P.O. Box 307, Agawam, MA 01001, 413/786-9300.

May 30. Vermont City Marathon, Burlington, Vt. Director, P.O. Box 152, Burlington, VT 05401-0152. 800-642-5154, x236.

June 5. Freihofer's 5K for Women. Albany, N.Y. George Regan, 233 Fourth St., Troy, NY 12180. 518/273-0267.

June 12. USATF/New England 10K Championships & 5K Run, Winthrop, Mass. Masters money, individuals & teams. Larry Keller, Winthrop Hosp., 40 Lincoln St., Winthrop, MA 02152. 617/539-0046.

June 12. NYRRC Advil Mini Marathon 10K, Central Park. NYRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

June 13. Orange Classic 10K. Mike Sullivan, 40 Mulberry St., Middletown, NY 10940, 914/343-2181 x482,

SOUTHEAST
Alabama, Florida, Georgia, N. Carolina,
S. Carolina, Tennessee, Virginia

May 1. Mug Race 5000, Palatka, Fla. Florida USATF/RRCA Masters RR Series. John Boyle, POB 1824, DeLand, FL 32721. 904/736-0002

May 8. Knoxville Expo 10,000. Allan Morgan, 3530 Talahi Dr., Knoxville, TN 37919. 615/673-8020.

May 9. Mothers' Day 5K. John Boyle, Alta Vista, Box 1824, DeLand, FL 32731. 904/736-0002

May 15. Run For The Turtles 5K, Siesta Key, Sarasota, Fla. Jerris Foote, Mote Marine Lab., 1600 Thompson Parkway, Sarasota, FL 34236. 813/388-4441.

July 4. Peachtree 10K. \$4500 masters. SASE to Peachtree RR, Atlanta TC, 3097 E. Shadowlawn Ave., NE, Atlanta, GA 30305. 404/231-9065.

#### **MIDWEST**

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

May 8. Old Kent River Bank 25K. Stuart Gillette, P.O. Box 2194, Grand Rapids, MI 49501. 616/771-5261.

May 16. Cleveland Marathon/10K. Marathon, 1925 Enterprise Pkwy., Twinsburgh, OH 44087. 216/487-9811.

May 29. Big Boy 20K Classic. Hugh Stobbs, P.O. Box 1046, Wheeling, WV 26003. 614/633-5000.

May 29. Dexter-Ann Arbor Half-Marathon/10K/5K. Dexter-Ann Arbor Runs, 241 Sunset, Ann Arbor, MI 48103. 313.663-9740.

May 31. Great Race Half-Marathon/10K. Ron Schmanske, 421 So. 2nd St., Elkhart, IN 46515. 219/294-1661.

June 5. Oak-Apple 10K, Royal Oak, Mich. Edward Kozloff, 10144 Lincoln, Huntington Woods, MI 48070. 313/544-9099.

#### MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

May 2. Lincoln Marathon/Half-Marathon. Nancy Sutton, LTC, 5309 South 62nd St., Lincoln, NE 68516. 402/423-4519.

May 15. Catch em if you can 10K, Brookings, S. Dak. Chuck Tiltrum, Rt. 1, Box 230, Aurora, SD 57002. 605/693-3400. May 31. Bolder Boulder 10K. \$10,000

masters. Meet Director. P.O. Box 9125, Boulder, CO 80301. 303/444-7223.

June 5-6. Trinity Hospital Hill Races (RRCA Half-Marathon Championships). Trinity Hospital Hill Run, 2405 Grand Ave., Ste. 200, Kansas City, MO 64108. 816/274-3196.

June 6. Steamboat Marathon/Half-Marathon/10K Run & Walk, Steamboat Springs, Colo. SASE to SS Chamber Resort Assn., P.O. Box 774408, Steamboat Springs, CO 80477. Stacey Kramer, 303/879-0882.

June 13. KRDO Garden Of The Gods 15K, Manitou Springs, Colo. Nancy Hobbs, P.O. Box 38235, Colorado Springs, CO 80937. 719/473-2625.

June 19. Grandma's Marathon/Half-Marathon. Scott Keenan, P.O. Box 16234, Duluth, MN 55816-0234. 218/727-7932.

# WEST Arizona, California, Hawaii, Nevada

May 2. Avenue of the Giants Marathon, Weott, Calif. Gaye Gilchrist, 6 Rivers TC, 281 Hidden Valley Rd., Bayside, CA 95524. 707/443-1226.

May 8. Southern California Hillsea 7.57 Mile, Huntington Beach, Calif. Finish Line, 7846 Connie Dr., Huntington Beach, CA 92648. 714/841-5417.

May 16. S.F. Examiner Bay To Breakers 12K. Masters money. Athletes Coordinator, P.O. Box 7260, San Francisco, CA 94120, 415/777-8743.

May 29. Mt. Wilson Trail Race (approximately 8.6 miles). Donna Harriman, 232 W. Sierra Madre Blvd., Sierra Madre, CA 91024. 818/355-7135.

June 5. Fontana Days Half-Marathon/5K. Masters money. Barbara Smith, Fontana Community Services, 9460 Sierra Ave., Fontana, CA 92335. 714/350-7636.

June 6. Gardena 5000, Gardena, Calif. Also separate masters invitational. Masters money. Sonny Monioz, 310/324-7085, or Merle Heimberg, 310/464-8654.

June 6. Westlake Florist 5K/10K. Hyatt Westlake Plaza, 7:30 a.m. Kathy Panteles, 31800 Langspur Ct., Westlake Vill., CA 93161-4120.

June 12. Palos Verdes Marathon. Patricia Gill, P.O. Box 2856, Palos Verdes, CA 90274, 213/377-6707,

June 26-27. Western States 100 Mile, Squaw Valley, Calif. Helen & Norm Klein, 11139 Mace River Court, Rancho Cordova, CA 95670. 916/638-1161.

NORTHWEST Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

May 2. Lilac Bloomsday 12K. \$6000 masters. SASE to Lilac Bloomsday Assn., P.O. Box 1511, Spokane, WA 99210. 509/838-1579.

May 16. Capitol City Marathon. Russ Chadwick, P.O. Box 1681, Olympia, WA 98507. 206/786-1786.

May 30. Rocky Mountain 50 Mile, Laramie, Wyo. Brent Weigner, 3204 Reed Ave., Cheyenne, WY 82001. 306/635-3316. June 5. Alaska Women's 10K. Larry Ross, 3605 Arctic #AA, Anchorage, AK 99503. 907/562-2162, xAA.

June 6. Emerald Landmark Five K. Eric Zemper, 2222 Willamette #32, Eugene, OR 97405 503/485-4360

June 19. TJ's 5K. Tom Jordan, 2110 Fairmount Blvd., Eugene, OR 97403. 503/

June 27. Cascade Run Off 15K. \$5000 masters. Chuck Galford, P.O. Box 40228. Portland, OR 97240. 503/226-0717.

## INTERNATIONAL

June 5. Festival De Primavera 5K/10K/10 Mile, Rosarita Beach, Baja California Mexico. SASE to Finish Line, 7846 Connie Dr., Huntington Beach, CA 92648.

714/841-5417.

June 20. 20th Annual Brugge Veterans Grand Prix 10K/25K, Brugge, Belgium. M40+, W35+. Jacques Serruys, Korte Zilverstraat 5, B-8000, Brugge, Belgium.

October 7-17. 10th WAVA World Veterans Athletics Championships, Miyazaki, Japan. M40+, W35+. Entry deadline July 1. WVAC, 5-15, Miyata-cho, Miyazaki City, Miyazaki Prefecture 880, Japan. Fax: 81-985-31-1153.

July 30-31, 1994. WAVA World Non-Stadia Championships, York, Canada.

#### *RACE WALKING*

April-May. Potomac Valley TC Spring Racewalk Clinics, Washington, D.C. area. Saturdays & Tuesdays. Valerie Meyer, 703/671-3655.

January 1-December 31. One-Hour Postal Racewalk. Shore AC, Elliot Denman, 1-Hour Postal RW Coordinator, 28 N. Locust Ave., West Long Branch, NJ 07764. 908/222-9080.

May 1. North American 20K Championships, Raleigh, N.C. Curt Clausen, 100-2C Kindletree Court, Cary, NC 27513. 919/460-6747.

May 1. Howard Wood Dakota Relays 5K Racewalk. 8 a.m. Dr. Glen Peterson, 1906 S. Hawthorne Ave., Sioux Falls, SD 57105. 605/336-6715.

May 16. USATF National Masters 50K Championships, Monmouth College, West Long Branch, N.J. Elliott Denman, 28 N. Locust Ave., West Long Branch, NJ 07764.

May 23. Potomac Valley Walkers 10K/20K, Washington, D.C. Sal Corallo, 34-66 Roberts Lane No., Arlington, VA 22207. 703/243-1291.

May 27-31. ARWA RW Training Camp, Boulder, Colo. ARWA, 303/447-0156.

May 30. MAC 20K Championships and East Regional Championships, Central Park, NYC. Stella Cashman, Park Racewalkers, 320 E. 83rd St., Box 18, NYC 10028. 212/628-1317.

June 6. MAC 10K Championships and East Regional Championships, Forest Park, Queens, N.Y. Bernie Kaufmann, Unisphere Walkers, 75-02 Austin St., Forest Hills, NY 11375.

July 1-4. ARWA Training Camp, Boulder, Colo. ARWA, P.O. Box 18323, Boulder, CO 80303, 303/447-0156.

July 10. USATF National Masters Men's 10K Championships, Niagara Falls, N.Y. David Lawrence, 94 Harding Ave., Kenmore, NY 14217. 716/875-6361.

August 11-14. USATF National Masters Championships, Provo, Utah. 5000m track/women 10K road/men 20K road. See National T&F Championships in schedule.

August 15. USATF National Masters Championships, Albany, N.Y. Women 20K/men 25K. Bob Ryan, 22 Lake Placid Commons, Lake Placid, NY 12946. 518/523-2240(h); 523-3764(b).

September 12. USTAF National Masters 40K Championships, Ft. Monmouth, N.J. Elliott Denman, 28 Locust Ave., West Long Branch, NJ 07764. 908/222-9213.

September 18. USATF National Masters 5K Championships, Kingsport, Tenn. Bobby Baker, 318 Twinhill Dr., Kingsport, TN 37660, 615/349-6406.

September 25-26. USATF National Masters 100K/100 Mile Championships, Xenia, Ohio. Jack Blackburn, 690 Home Ave., Xenia, OH 45385, 552/376-8019; 372-6908.

October 3. USATF National Masters 1-Hour/2-Hour Championships, MIT, Cambridge, Mass. Philip McGaw, 156 Blue Hill Ave., Milton, MA 02186. 617/698-1806.

October 31. USATF National Masters 30K Championships, Atlanta, Ga. Carol Sams, 1513 Stoneleigh Circle, Stone Mountain, GA 30088. 404/469-2429.

# RECIPIENTS OF CERTIFICATES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

W30-34	- 4			W55-59			
Danis Willett	100M	12.64	8/14/87	Carolyn Cappetta	100M	14.8	6/28/92
	200M	26.04	7/6/91	The second second	200M	30.3	6/28/92
	400M	57.85	5/20/92	2000	400M	66.5	6/28/92
W40-44	4 × 1			Sondra McCoy	Javelin	70-9	10/13/91
Ranjana Ghose	100M	13.73	8/21/92	Section 1			
EAST OF THE	200M	28.75	8/21/92	<u>W65-69</u>			
<b>一个人的</b>	400M	1:03.49	8/21/92	Norma Elliott	Shot Put	20-5	2/20/93
	Discus	30.71	8/21/92	W70-74			
	Long Jump	4.40	8/21/92	Ethel Mayland	Shot Put	22-8	6/28/92
W45-49				CATHOLICE STATE	1000		0/20/32
Lurline Struppeck	Javelin	121-4	7/11/92	M30-34			
	Discus	94-4	7/11/92	Jeff Helton	Pentathlon	2865 Pts.	2/19/93
	Shot Put	32-2	7/11/92	Scott King	1 Mile	4:27.2	2/20/93

M35-39		1		M60-64			
Douglas Sparks	Pole Vault	14-1 1/2	3/16/93	Jack Keener	1 Mile	5:43.92	5/30/92
			a Petal	Herbert Waters, Jr.	3000M	12:28.4	6/28/92
M40-44				M70-74			
Steve Calonkey	400M	54.33	2/14/93	Frank Campopiano	Shot Put	33-9	6/28/92
等の方式の(2015)				Michael Kagan	400M	1:16	10/20/92
M45-49	· Garage				800M	2:57	8/13/92
A Company of the Comp	CLARA	40.40	0.7700	Land to the second	1500M	6:02.6	8/13/92
Rich Dunphy	Shot Put	12.13	3/7/93	1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	5000M	23:09	8/13/92
				Vernon Mattson	100M	14.8	6/28/92
M50-54					200M	31.9	6/28/92
Dwaine Horton	High Jump	5-3	3/20/93		Long Jump	13-5	6/28/92
Sheppard Miers	Shot Put	45-10	6/13/92	M80+			
Duane Thompson	Shot Put	41-1 1/4	1/23/93	Harold Mayland	Shot Put	28-3 1/2	6/28/92

# U.S. MASTERS ALL AMERICAN STANDARDS OF EXCELLENCE FOR MASTERS RACE WALKERS 3C-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90-94 6:42 6:53 7:03 7:15 7:29 7:45 8:04 8:26 9:04 9:49 11:00 11:45 13:02 7:12 7:24 7:36 7:49 8:04 8:21 8:41 9:18 9:42 10:30 11:48 12:36 14:03 13:59 14:23 14:46 15:12 15:36 16:12 16:54 18:00 19:00 20:30 23:00 24:36 27:18 15:04 15:30 15:54 16:24 16:54 17:30 18:12 19:24 20:27 22:06 24:48 26:30 29:24 Mile 23:36 24:13 24:48 25:33 26:24 27:18 28:24 30:24 31:54 34:33 38:42 41:24 45:54

48:38 49:10 50:27 51:54 53:33 55:26 59:06 63:21 66:30 70:09 78:36 84:06 93:18 1:12 1:14 1:16 1:19 1:23 1:27 1:31 1:35 1:40 1:47 1:58 2:10 2:22 1:38 1:40 1:43 1:47 1:52 1:57 2:02 2:09 2:17 2:27 2:40 2:55 3:10 4:30 4:36 5:00 5:09 5:20 5:41 5:53 6:20 6:48 7:12

7;25 7;39 7;53 8:08 8:26 8:45 9:08 10:39 11:15 11:58 12:50 14:17 15:36 8:00 8:15 8:30 8:45 9:03 9:42 10:18 11:30 12:09 12:54 13:48 15:21 16:48 15:30 16:00 16:30 17:00 17:33 18:48 20:06 22:12 23:33 25:00 26:48 29:48 32:36 16:44 17:15 17:46 18:18 18:54 20:12 21:36 24:00 25:21 26:54 28:54 32:09 35:09 26:13 26:56 27:42 28:33 29:36 31:33 33:48 37:30 39:36 42:06 45:09 50:18 55:12 Mile 3000 2Mile 10K 53:25 54:41 56:12 58:00 63:12 65:48 70:33 76:06 82:42 87:54 94:12 1:42 1:51 15K 1:24 1:26 1:29 1:32 1:35 1:39 1:46 1:55 2:04 2:13 2:22 2:33 2:48 20K 1:54 1:57 2:.1 2:05 2:09 2:14 2:23 2:34 2:47 3:00 3:13 3:38 3:47 50K 5:11 5:26 5:36 5:46 6:00 6:25 6:41 7:13 A minimum of two judges must be present and the competition must be limited to racewalkers (i.e. no runners)

# U.S. MASTERS STANDARDS OF EXCELLENCE

Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
100	11.0	11.33	11.67		12.5	13.0	13.5	14.0	15.0	16.5	18.0	20.0
400	22.4 51.0	23.3	54.0	25.1	26.0 58.5	61.5	28.5	29.8	76.5	35.8 84.5	39.8	105.0
800	2:01	2:04	2:08	2:13	2:19	2:27	2:37	2:49	3:06	3:27	3:54	4:24
1500	4:11	4:15	4:22	4:32	4:45	5:02	5:24	5:47	6:22	7:03	7:59	9:15
Mile	4:31	4:35	4:42	4:53	5:07	5:25	5:49	6:14	6:51	7:38	8:42	10:10
5000	15:30 32:11	15:42	16:06	16:44	17:30 36:15	18:24	19:36 40:30	21:08	23:30 48:30	26:00 54:30	29:00	37:30
110H	15.3	16.4	17.75	18.75		30.10	40.30		40.30	34.30	and the	
100H		10.4	17.75	16.75	18.0	19.0	20.0	21.3		1		
80H 400H	57.6	50.7			67.2	70.6			18.0	21.0	25.0	30.0
300H	37.6	59.7	62.0	64.4	48.0	51.0	55.0	60.0	66.5	74.5	84.0	95.0
3K-SC	10:00	10:20	10:55	11:40	12:30	13:20						
2K-SC		E STATE OF				The same	9:30	10:30	12:00	14:00	16:30	19:30
HJ	1.94	1.85	1.76	1.68	1.59	1.50	1.41	1.32	1.23	1.13	1.02	.92
	6-41	6-3/4		5-6	5-21/2	4-11	4-75	4-4	4-12	3-8	3-4	3-1
PV	4.40	4.15	3.90	3.60	3.30	3.05	2.80 9-2½	2.55 8-44	2.30 7-6½	2.05 6-8 <sup>1</sup> / <sub>2</sub>	1.80	1.50
W	6.55	6.20	5.85	图象 经多种证			200	All Harris	(A) 年 (大)	All parts XI	5-11	2.65
A 18-16	21-6			5.45 17-10½	5.10	4.75	4.40	4.00	3.65	3.35	3.00 9-10	8-81
TJ	13.35	12.65	11.90	11.15	10.40	9.65	8.90	8.20	7.50	6.80	6.10	5.50
	43-91/2	41-6	39-1	36-7	34-14	31-8	29-21/2	26-11	24-74	22-4	20-1	18-1
Shot	15.20	14.10	13.00	12.00	12.40	11.20	12.00	10.80	10.00	8.80	7.65	6.50
	49-105		42-8	39-45	40-84	36-9	39-45	35-54	33-0	28-10-2	distribution has	21-4
Discus	147-0		40.60	38.00 124-8	40.00	36.40	40.00	36.80	31.60	26.40	21.40	16.20 53-2
Hammer	A SHAREST AND	OF SHOOT SHOW	41.14	38.10	131-3 38.40	119-5	131-3	120-9	103-8	86-7 25.00	70-25	18.00
Traume I					126-0	118-1	118-1	108-3	95-2	82-0	73-10	60-0
Jav	62.00	57.00	52.60	48.00	43.00	38.50	40.00	35.00	29.00	24.00	19.00	15.00
25	203-5	187-0	170-7	157-6	141-1	126-4	131-3	114-10	95-2	78-9	62-4	49-2
	15.00	14.00	13.00	12.00	10.00	9.00						
25#Wt. 56#Wt.	9.50	9.00	8.50	8.00	6.00	5.00	11.00	10.00	9.00	8.00	7.00	6.00 2.00
Pen		2600										y direction
Dec	5500	5250	5250	5250	5250	5250	5250	5250	5250	5250	5250	5250
		standar	Charles Street									-
		et bued!								, mann, t		2600

1) 100 standards are for automatic time; use standard conversion for hand time.

2) Short hurdles: 30-49; 39"; 50-59; 36"; 60-69; 13"; 70+: 30".

3) Long hurdles: 30-49; 36"; 50-59; 31"; 60+: 30".

4) Shot pdt: 30-49; 7.26k (16#); 50-59; 6k; 60-69; 5k; 70+: 4k.

5) Discus throw: 30-49; 2kg; 50-59; 1.5kg; 60+: 1.0kg.

6) Hammer: 30-49; 7.26k (16#); 50-59; 6k; 60-69; 5k; 70+: 4k.

7) Javelin: 30-59; 800g; 60+: 600g.

8) Metric heights and distances are the standard; feet and inches listed for convenience.

9) Pen/Dec: 30-39 IAAF pts.; 40+ WAVA factoring (new WAVA).

## U.S. MASTERS STANDARDS OF EXCELLENCE FOR WOMEN

Eve	ent	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84
	100 200 400 800	13.8 28.0 63.5 2:32	14.2 29.2 65.5 2:35	14.6 30.3 67.5 2:40	15.0 31.4 69.5 2:46	15.6 32.5 71.5 2:54	16.2 34.0 73.5 3:05	16.9 35.7 78.5 3:19	17.8 37.5 83.7 3:36	18.8 40.0 90.0 3:56	20.0 43.5 96.5 4:09	21.2 47.0 103.3 4:35
Mi	500 11e 000	5:10 5:34 19:45 41:00	5:19 5:44 20:30 42:40	5:29 5:35 21:20 44:40	5:40 6:07 22:16 47:00	5:58 6:26 23:12 49:30	6:20 6:49 24:16 52:00	6:48 7:19 26:08 56:00	7:23 7:46 28:08 60:00	8:04 8:47 30:08 66:00	8:52 9:39 32:21 76:00	9:48 10:45 34:26 86:00
40	OOH OOH OOH	17.2 75.5	18.2 79.9	15.0 84.4	15.8 88.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0
	НJ	1.42	1.35 4-54	1.27	1.19 3-11	1.12 3-8	1.07 3-6½	1.02 3-4%	.97 3-24	.92 3-01 <sub>2</sub>	.89 2-11	.84 2-9
	PV		2.40 7-10 <sup>1</sup> / <sub>2</sub>	2.10 6-11	1.80 5-11	1.50	1.20 3-11	1.10 3-7½	1.00 3-31	0.90 2-11	0.80 2-71 <sub>5</sub>	0.70
	u	5.00 16-5		4.25	3.90 12-95	3.55 11-8	3.20 10-6	2.85 9-42	2.60 8-61	2.35 7-84	2.10 6-11	2.00
Mile -	TJ	10.00 32-10	9.20	8.60 28-24	7.80	7.18	6.40	5.70	5.20	4.70	4.20	3.80
Sh	ot	10.30 33-9½	9.30 30-6½	8.40 27-7	7.70 25-3½	7.95 26-1	7.20	6.50	5.80 19-01/2	5.25 17-3	4.70 15-5	4.25
J	av	29.50 129-7	33.50 109-11		21.50 70-6½	25.00 82-0	19.00 62-4	18.00 59-1	16.00 52-6	15.00 49-2	14.00	13.50
Dis	cus	30.0 98-5	27.8 91-2	26.0 85-4	24.0 78-9	22.0	20.0	18.0 59-1	16.0 52-6	15.0	14.0 45-11	13.5
Наш	ner	35.0 131-3	32.5 114-10	30.0 98-5	25.0 82-0	23.0 75-6	22.0 72-2	20.0	18.0 59-1		12.0	9.0
200	Wt.	10.00	9.00	8.00	7.00	6.00	5.00	4.00	3.50	3.25	3.00	2.75
-		1) 100	et and a-	.d	£			THE RESERVE	- F T W T- A	A STATE AS	THE REAL PROPERTY.	

1) 100 standards are for automatic time; use standard conversion for hand time.
2) Short hurdles: 30-39: 33"; 40+: 30"
3) Shot put: 30-49: 4k; 50+: 3k.
4) Jávelin: 30-49: 600gm; 50+: 400gm.
5) Hammer: 30-49: 4k; 50+: 3k.

3) Hammer: 30-49: 4k; 50+: 3k.

6) Metric heights and distances are the standard; feet and inches listed

# **APPLICATION FOR AN** ALL-AMERICAN CERTIFICATE/PATCH

NAME	AGE-GROUP
ADDRESS	SEX: M F
CITY	STATEZIP
MEET	DATE OF MEET
MEET SITE	
EVENT:	MARK:
HURDLE HEIGHT	WEIGHT OF IMPLEMENT

□ CERTIFICATE PATCH ☐ PATCH TAG

If you have bettered the standard of excellence, please send \$10 for a certificate, \$10 for patch, or \$15 for both a certificate and a patch. (A patch tag, showing event and year, is an extra \$10 each.) Send to: All-American, National Masters News, P.O. Box 2372, Van Nuys, CA 91404. (Enclose copy of results, or note in which issue they appeared.) A 3-color, 8" by 10" certificate suitable for framing - and/or a 3-color, 3" x 4" patch will be mailed to you within two weeks. (Allow six weeks for patches with tags.)

# TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. To keep information current, we generally do not publish results more than 4 months old. Results that are typed (maximum 28 spaces/2½" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

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	NATIONAL
USATF National Masters	4 Josephine SullivanSC11.13
Indoor Championships Bozeman, Montana;	W75 1 Pearl Mehl C013.95
March 19.21	1 Pearl Mehl CO13.95 200m
M30	M30 1 Bob Stanley IL 23.57
1 Mike McLeod MT 7.29	2 Jay Mathis TN 23.58
2 Kerry Sloan NY 7.35 3 Scot Ferda MT 7.47	3 Mike McLeod MT 24.01 4 Kerry Sloan NY 24.02
4 Jay Mathis TN 7.49	<u>M35</u>
5 Rodney Wilson OH 7.73 6 Frank Makozy PA 7.85	1 Ben James NY 23.09 2 Tom Rewolinski WI 24.24
7 Donnie Vaughn SC 8.01	2 Tom Rewolinski WI 24.24 3 Pat Sinclair MT 26.34
M35 1 Ben James NY 7.13	4 Steven Schwab MT 26.39 M40
Tom Dickson CAN 7.23	1 Tom Thompson TX 23.49
2 Robert Parizo - NH 7.36 3 Tom Rewolinski WI 7.53	2 Gerry Krainik IL 23.51
4 Ross Williams CA 7.58	3 Danny Thiel LA 24.58 4 Thierry Boucquey CA 25.32
5 Steven Schwab MT 7.68 6 Pat Sinclair MT 7.95	5 Paul Murray PA 25.37
7 Steve Gardiner WY 8.32	6 Scott Thornsley PA 26.36 7 F Spiller TX 27.00
M40 1 Thierry Boucquey CA 7.56	Randy Warick CAN 28.62
2 Gerry Krainik IL 7.57	M45 1 Tom Bassett NE 24.53
3 Danny Thiel LA 7.58	2 Tyrone Carlis FL 25.14
4 Paul Murray PA 7.64 5 F Spiller TX 7.74	3 Dale Bernauar LA 26.92 M50
6 Bob Hahn TX 7.78	Harold Morioka CAN 23.76*
7 Dana Harrell MA 7.99 8 Matt Sitkowski FL 8.01	1 Steve Robbins CA 24.23
M45	2 Alan Olson CA 26.48 3 Rancy Cleven MN 26.51
1 J Battaglia NM 7.69	M55
2 Tyrone Carlis FL 7.69 3 Dale Bernauar LA 8.18	1 Jim Mathis TN 25.41 2 Charley Miller TX 25.68
M50	3 Milton Newton CA 27.23
1 Steve Robbins CA 7.39* Harold Morioka CAN 7.39*	4 Ed Oleata CA 27.34
Harold Morioka CAN 7,39*  2 Walt Butler CA 7.63	5 Ian Goldfoot LA 29.34 M60
3 Rancy Cleven MN 8.14 4 Fred Niedermeyer CA 8.36	1 Marion Sanchez CA 26.41
5 Dwaine Horton UT 8.43	2 Phil Mulkey GA 28.44 3 Richard Griewe OH 31.43
6 Steve Rogers MO 8.67 7 Darrell Short WY 8.78	M65
M55	2 Chuck Sochor MI 27.66
1 Milton Newton CA 8.01 2 Jim Mathis TN 8.03	3 Jack Greenwald OH 28.71
2 Jim Mathis TN 8.03 3 Dale Lance IN 8.05	4 Bill Bowers TX 29.51 5 Ed Cox NY 29.95
4 Ed Oleata CA 8.16	6 Jock Jocoy CA 31.01
M60 1 Marion Sanchez CA 7.95	7 Oscar Harris PA 31.19 8 Jim Moorhead ID 31.53
2 Phil Mulkey GA 8.28	8 Jim Moorhead ID 31.53 9 Don Tavolacci MT 33.99
3 Gordon Seifert MT 8.86 4 Bob Graham MT 8.95	M70
4 Bob Graham MT 8.95 5 Jack Lance NJ 9.07	1 Joe Bergthold MA 29.65
6 Richard Griewe OH 9.14	M75 1 Jay Sponseller FL 31.85*
7 Ken Chomo MT10.49 8 Bob Keegan PA11.54	2 Clarence Killion CA 34.02
M65	3 Milo Lightfoot IN 36.54 M80
1 Jim Law TN 8.35 2 Jack Greenwald OH 8.52	1 Fred White TX 34 96
3 Ed Cox NY 8.58	2 Claude Hills PA 36.77 3 Virgil McIntyre AZ 38.66
3 Ed Cox NY 8.58 4 Bill Bowers TX 8.76 5 Jock Jocoy CA 9.05 6 Jim Moorhead ID 9.16	M85
6 Jim Moorhead ID 9.16	1 Russell Randall CO 39.79*
M70 1 Joe Bergthold IL 8.94	1 Pamela King TX 30.85 2 Leah Rewolinski WI 33.27 3 Deborah Ellis OH 39.04
2 Tom Patsalis CA 9.11	2 Leah Rewolinski WI 33.27
A Dick Bennett A210 39	W40
5 Angelo Oliver MA11.74	Marne McMillan CAN 28.40
M75 1 Jay Sponseller FL 9.73	W45 1 Phil Raschker GA 26.31*
2 Clarence Killion CA 9.77	Liz McBlain CAN 33.44
3 Fred Praeger CO11.13	1 Marilyn Mitchell NY 30.87*
1 Fred White TX 9.81*	1 Marilyn Mitchell NY 30.87* 2 Marti Thielman OR 35.53
2 Claude Hills PA10.47	W55 1 Carolyn Cappetta MA 31.45*
3 Virgil McIntyre AZ11.94	2 Fei Mei Chou CA 35.79
1 Russell Randall CO11.74*	W60
W30 1 Julie Wiedis NJ10.41	1 Sallie StiegelmeierOH36.32 W65
W35	1 Leonore McDaniels VA 36.69
1 Pamela King TX 8.65 W45	2 Mary Boe WY 37.56 3 Jos Sullivan SC 40.73
1 Phil Raschker GA 8.12*	3 Jos Sullivan SC 40.73 4 Mary Norckauer LA 49.28
2 M Marie Hill NJ 9.07 Liz McBlain CAN 9.43	1 Pearl Mehl 00 51.41
3 Johnnie Hill-Hudgins	400m
NJ 9.46	M30
1 Marilyn Mitchell NY 9.06	1 Jim Eckenrode GA 52.51 2 Jay Mathis TN 53.38
2 Marti Thielman OR10.14	2 Jay Mathis TN 53.38 3 Kerry Sloan NY 53.61 4 Frank Makozy PA 56.21
W55	4 Frank Makozy PA 56.21 5 Rodney Wilson OH 58.15
1 Carolyn Cappetta MA 9.55 2 Christel Miller CA 9.94	<u>M35</u>
3 rei mei Chou CA10.52	1 Ron Fisher CA 56.65 2 Stephen Gascha MT 59.14
1 Sallie Stieglemeier	2 Stephen Gascha MT 59.14 M40
W65 OH10.05	1 Fred Sowerby NV 50, 25*
1 Leonore McDaniels VA10.32	2 Tom Thompson TX 53.20 3 Russ Acea WA 57.02
2 Mavis Lorenz MT10.39 3 Mary Boe WY10.55	3 Russ Acea WA 57.02 4 Daryl Katcher CA 57.58 Randy Warick CAN 64.86
3 mary Boe WY10.55	Randy Warick CAN 64.86

we generally do rults that are type receive preference	ed
e date.	144
	A MARIE
M45 1 Rich Tucker	WA 56.40
1 Rich Tucker 2 Gordon Reiter 3 John Cook	MO 56.48 TX 59.20
M50 Harold Morioka	a
1 Dennis Duffy 2 Alan Olson Frank Hearns	CA 56.35 CA 57.89
2 Alan Olson Frank Hearns 3 Allen McDaniel 4 Dan Hamner 5 Tyrone Nelson	GA 60.56 NY 60.95
MEE	Maria Anthrope
1 Jim Mathis 2 Joe Fodor M60	TN 57.13 OH 66.75
1 Marion Sanchez 2 Gordon Seifert	CA 60.05** MT 66.61
4 Walt Diggs	OH 72.48 TN 82.51
M65 1 Chuck Sochor	MI 62.76
2 Jim Law 3 Jack Greenwald 4 Jim Moorhead	TN 63.66 OH 68.21
4 Jim Moorhead 5 Oscar Harris M75	PA 76.46
1 Jay Sponseller 2 Milo Lightfoot	FL 73.80* IN 86.05
M80 1 Fred White 2 Virgil McIntyre	
M85	
1 Russell Randall	
1 Sheree Robertson 2 Deborah Ellis W40	OH 87.86
Marne McMillan 1 DeeDee Grafius Judy Warick	CAN 62,04 CA 63.34
Liz McBlain 1 Linda Upton W55	MA 71.04
1 Carolyn Cappett 2 Kati McIntyre 3 Grace Butcher	AZ 81.55
<u>W60</u>	
1 Sallie Stiegelm	OH 84.4
1 Mary Boe 2 Mary Norckauer	WY 1:35.84 LA 1:21.55
W70 1 Louise Adams	
W75 1 Pearl Mehl	Control of the Control
800m M35	
1 Rick Smith 2 Terry Howell 3 Rick Easley 4 Simon Hale	MA 1:59.42 CA 2:02.53
3 Rick Easley 4 Simon Hale	TX 2:02.97 MT 2:05.58
Scott Robertson	CAN 2:05.65
1 Fred Sowerby 2 Brian Janssen 3 Daryl Katcher M45	ID 2:06.92 CA 2:15.05
M45 1 Ken Sparks	OH 2:06.93
2 Rich Tucker 3 John Cook	WA 2:16.63 TX 2:16.91
1 Ken Sparks 2 Rich Tucker 3 John Cook 4 Robert Weiner 5 Jim Irwin R Muzzolini	MO 2:23.52 CAN 2:28.89
1 Dennis Duffy	CA 2:15.78
Frank Hearns 2 Allen McDaniel	IRE 2:18.60 GA 2:20.66
1 Dennis Duffy Frank Hearns 2 Allen McDaniel 3 Alan Olson 4 Tyrone Nelson 5 James Huffman	CA 2:26.21 CA 2:29.52 OH 2:34 06
MSS	
1 Joe Fodor 2 Ken Ogden 3 Gary DeFrance	OH 2:26.05 OR 2:27.14
3 Gary DeFrance M60	MN 2:37.89
1 Gordon Seifert M65 1 Chuck Sochor	WEST FIFTE IN
M75	
1 Alfred Funk 2 Jay Sponseller W35	
1 Sheree Robertso 2 Leah Rewolinski	NI 2:30.94 WI 3:03.12
1 DeeDee Grafius	CA 2:25.54
Judy Warick W45 1 Linda Upton	personal formation
and the second	

MA 2:44.36

Masters News	
W55	ALL WIN
1 Grace Butcher 2 Kati McIntyre	OH 3:06.64 AZ 3:08.23
W65	and the same of th
1 Mary Norckauer W70	STATE OF THE PARTY OF
1 Louise Adams W75	∞ 3:39.55*
	CO 4:49.95
1500m	
M35 Scott Robertson	CAN 4:14.4
1 Terry Howell	CA 4:19.1
M45 1 Ken Sparks	OH 4:23.0
2 Randy Taylor	AR 4:40.0
2 Randy Taylor 3 Robert Weiner 4 Walt Wetzel	MD 4:43.9 MT 4:46.8
5 John Hunt	MI 4:50.3 CAN 5:01.9
6 Jim Irwin 7 John Devitt	MO 5:12.7
M50	MT 5:25.2
1 Sid Howard 2 Neil Doherty	NJ 4:46.8 CA 4:48.6
2 part names	NY 4:59.0
4 John Craig 5 John Elwarner	IL 5:08.1 MI 5:59.6
2 Joe Fodor 3 Ken Ogden	CA 4:54.84 OH 4:59.57 OR 5:09.96
3 Ken Ogden 4 David Cameron 5 Gary DeFrance	OR 5:09.96 MT 5:40.36
5 Gary DeFrance M60	MN 5:22.15
1 Charles William	nsGA 5:14.91
M75 1 Alfred Funk	MT 6:12.66
<u>W40</u>	THE STREET
1 DeeDee Grafius Judy Warick	CA 5:18.54 CAN 5:25.24
W50 1 Marilyn Moorhe	
W55	
1 Kati McIntyre 2 Grace Butcher	AZ 6:30.54 OH 6:39.14
W65	
1 Mary Norckauer W70	
1 LouiseAdams	00 7:17.94*
3000m M30	-
1 S Marshall-Price	deMT 9:36
Scott Robertson	nCAN9:36.60
M45 1 Salih Talib	NY 10:06.56
1 Salih Talib 2 Walt Wetzel 3 John Hunt	MT 10:12.43 MI 10:17.99 AR 10:37.76
4 Randy Taylor	AR 10:37.76 CAN 10:45.68
5 Robert Weiner	
M50 1 Sid Howard	NJ 10:43.05
2 Neil Doherty	CA 10:44.07
3 John Craig 4 Art Maillet	IL 11:09.41 MN 11:49.30
M55	CA 10:45.89
1 Brian Fermee 2 Joe Fodor	OH 10:48.23
3 Ken Ogden 4 David Cameron	OR 11:21.56 MT 11:56.24
M60	AND SHAPE
1 Chas Williams 2 R F Haynes	GA 11:13.09 MT 14:09.87
M65 1 Robert Mimm	
M75	
1 Alfred Funk 2 Lloyd Berg	MT 13:10.84 MT 24:25.92
W50	NAME OF STREET
1 Marilyn Morehe W55	adMI13:35.41
1 Kati McIntyre	AZ 14:24.10
W70 1 Louise Adams	CO 14:38.65*
60mH	1,55,05
M30 1 Robert Stanley	IL 8.07
2 Kerry Sloan	NY 8.52
3 Ken Riedl M35	WY 8.59
1 Robert Parizo	NH 8.68
2 Ross Williams 3 Bob Zahn	WI 9.15
4 Charles Barnas M40	rd M010.60
1 Russell Acea	WA 9.29
2 Robert Hahn 3 Jerry Cash	TX 9.40 OR 9.71
M45	
1 Rex Harvey 2 Fred Johnston	OH 9.08 CA 9.19
3 K H Troy	WA 9.23
4 Tom Thorne M50	MO11.13
1 Walt Butler	CA 8.47*
2 Barry Kline 3 Dave Ellis	PA 9.46 TN 9.71
4 Steve Rogers 5 Fred Niedermen	MO10.06
6 Allen Phillips	OR10.39
M55 1 Dale Lance	IN 9.16*
M60 1 Phil Mulkey	
2 Marion Sanchez	
3 Jerry Donley 4 Lee Blount	CO10.46 MO11.03
- Toe promit	FD11.03

5 Bob Graham 6 Jack Lance	MT11.18 NJ12.91
	NJ12.91 TN13.04
1 Bill Townsend 2 Bob Higginbotham 3 Chuck Sochor 4 Oscar Harris	NY10.88 CA10.89
3 Chuck Sochor	MI11.57
M70	
1 Ed Lukens 2 Tom Patsalis 3 Dick Bennett 4 A U Ricciardi	NY10.75* CA10.88
3 Dick Bennett	AZ13.41
1 Phil Raschker Liz McBlain	GA10.56 CAN10.94
2 Michael Marie H: W55	111NJ11.42
1 Christel Miller	CA12.37
W65 1 Leonore McDanie	ls VA14.26*
4x400m Relay M40+	
1 Decathlon Midwe 2 Intrnation Tea	st 4:13.33
4x800m Relay	ALL AND AND AND ADDRESS OF THE PARTY OF THE
1 Decathlon Midwe (Irwin/Reiter/Tho	
High Jump M30	ALTERNATION OF THE PARTY OF THE
1 Jeff Helton 2 Ron Sinnema	FL 6-6.75
M35	AND SERVE
1 Jim Barrineau 2 Robert Zahn	KS 7-0.25 WI 5-7
M40	
2 Jerry Cash	OR 5-7.75
1 Steve Harkins 2 Jerry Cash 3 Jim Dolezel 4 Larry Ryan	OK 4-7.75 PA 4-7.75
MAS	APPENDING TO SELECTION
2 Rex Harvey	OH 5-3.75
1 Earl Hanson 2 Rex Harvey 3 Tom Thorne 4 Greg Brooks 5 Wally Duncan	MO 5-1.75 LA 5-1.75
5 Wally Duncan M50	MT 4-6
1 Allen Phillips	OR 5-5
2 Barry Kline 3 Dwaine Horton	PA 5-3 UT 5-3
4 Dennis Stempel 5 Darrell Short	CA 4-11 WY 4-5
M55	
1 Milton Newton M60	
1 Marion Sanchez 2 Phil Mulkey	CA 5-2.75 GA 5-0
2 Phil Mulkey 3 Gordon Seifert 4 John Boiten	AL 5-0 MT 3-10
M65 1 Jim Gilcrist	
2 Vince Sempronio	OOR 4-2
M70 1 Ed Lukens 2 Arnold Scott 3 Bob Warwick 4 A U Ricciardi 5 Tom Regenett	NY 4-2.25
2 Arnold Scott 3 Bob Warwick	MT 4-0.5 KS 3-10
4 A U Ricciardi	NV 3-8.5
O DICK DEINELL	AZ 3-6.5
1 Ham Morningsta	rMI 4-0.5**
M80 1 Claude Hills	
2 Milo Lightfoot 3 Virg McIntyre	IN 3-6.5
M85	
1 Russell Randal W30	
1 Julie Wiedis 2 Debbie Eckhard	NJ 3-6 LNY 3-4
<u>W40</u>	
1 Ann Steekelenb	CA 4-10.75
W45 1 Phil Raschker	GA 4-10.5*
Liz McBlain	CAN 4-8.25
2 Michael Marie	NJ 4-4.25
3 Johnnie Hill H	NJ 4-0.5
W55 1 Christel Mille	
2 Fei Mei Chou	
1 Leonore McDani	els
Pole Vault	VA 4-0.5*
1 Wilson Sooboo	TX 14-0
2 Charles Barnard M40	
1 Jerry Cash 2 Reg Hulbert	OR 14-3 WA 13-0
2 Reg Hulbert	WA 10-6
3 TOTTY BONANZINO	WA 8-0
4 Russ Acea	No.
4 Russ Acea M45	en ·
4 Russ Acea M45	en ·
4 Russ Acea M45 1 Matti Kilpelain 2 Rex Harvey 3 Tom Thorne M50	en MI 13-0 OH 12-6 MO 9-0
4 Russ Acea M45 1 Matti Kilpelain 2 Rex Harvey 3 Tom Thorne M50	en MI 13-0 OH 12-6 MO 9-0
4 Russ Acea M45 1 Matti Kilpelain 2 Rex Harvey 3 Tom Thorne M50 1 Larry Holmes 2 Dennis Stempel 3 Gary Isham	en 13-0 MI 13-0 OH 12-6 MO 9-0 OR 12-0 CA 10-0 AZ 9-6
4 Russ Acea M45 1 Matti Kilpelain 2 Rex Harvey 3 Tom Thorne M50 1 Larry Holmes 2 Dennis Stempel 3 Gary Isham	en 13-0 MI 13-0 OH 12-6 MO 9-0 OR 12-0 CA 10-0 AZ 9-6
4 Russ Acea M45 1 Matti Kilpelain 2 Rex Harvey 3 Tom Thorne M50 1 Larry Holmes 2 Dennis Stempel 3 Gary Isham M55 1 Dale Lance 2 Ed Oleata 3 John Diggs	en 13-0 MI 13-0 OH 12-6 MO 9-0 OR 12-0 CA 10-0 AZ 9-6
4 Russ Acea M45 1 Matti Kilpelain 2 Rex Harvey 3 Tom Thorne M50 1 Larry Holmes 2 Dennis Stempel 3 Gary Isham	en 13-0 MI 13-0 OH 12-6 MO 9-0 OR 12-0 CA 10-0 AZ 9-6 IN 12-2.75 CA 10-6 MT 9-5.75

M70 1 Dick Bennett	AZ 7-6
2 A U Ricciardi 3 Tom DeVaughn 4 Bob Warwick	NV 6-11.75
	KS 6-6
M75 1 Milo Lightfoot	IN 6-6
2 Ham Morningsta M80	The same of the sa
1 Claude Hills W45	
1 Phil Raschker	GA 9-3.25*
Long Jump M30	
1 Jim Eckenrode 2 Ken Reidl	GA 22-10 WY 21-4.25
3 Vince Martin	WA 20-6.25
4 Jay Mathis 5 Kerry Sloan 6 Jeff Helton	NY 19-8.25 FL 19-2
M35	
1 Tim LaBean 2 Charles Barnar	LA 17-11.75 rdMO 16-6.5
3 Steve Gardines	
1 Scott Thornslo 2 Dana Harrell 3 Jerry Cash 4 Jim Dolezel	eyPA 19-5.5 MA 19-0.25
3 Jerry Cash	OR 16-11
M45	
1 K H Troy 2 Tyrone Carlis	Wa 18-10.25 FL 18-6
3 Rex Harvey 4 Wally Duncan	OH 18-6 MT 16-4.5
4 Wally Duncan 5 Gordon Reiter M50	MO 16-3.25
1 Frank Strina	MT 18-8.75 NM 17-7.25
3 Al Phillips 4 Dennis Stempe 5 Dave Ellis	OR 17-0.75
5 Dave Ellis	TN 15-5.5
6 Darrell Short	WY 14-4
1 Dale Lance . M60	IN 16-10.75
1 Phil Mulkey 2 Gordon Seifer	GA 17-0
2 Gordon Seifer 3 Bob Graham 4 Richard Greiw	MT 13-5
5 Jack Lance	NJ 12-0.5
M65 1 Bob Higgiboth	amCA 13-11.75
1 Bob Higgiboth 2 Bill Daprano 3 Chuck Sochor 4 Bill Townsend 5 Jim Moorhead	GA 13-11.75 MI 13-5.25
4 Bill Townsend 5 Jim Moorhead	NY 13-3.5 ID 12-4
6 Oscar Harris M70	
1 Ed Lukens	NY 15-3.5
2 Tom Patsalis 3 Arnold Scott 4 A U Ricciardi 5 Dick Bennett	MT 11-11.75
2 DICK DEITHELL	AZ 10-11.75
M/5	
1 Ham Morningsta M80	
1 Claude Hills 2 Virg McIntyre	PA 10-6.75** AZ 9-5
M85 1 Russ Randall	
W30 1 Julie Wiedis	Medically and
W35 1 Pamela King	
W45	
1 Phil Raschker Liz McBlain	CAN 13-11.75
2 Michael Marie	Hill NJ 13-3
W50 1 Joann Grissom	AND THE RESERVE
W55 1 Christel Mille	
W65 1 Leonore McDani	
STORY OF STREET	VA 11-5**
2 Mavis Lorenz 3 Mary Norckauer	LA 9-5.25
4 Josephine Sull	SC 9-5
5 Mary Boe	WY 9-2.25
Triple Jump	
1 Jim Eckenrode 2 Vince Martin 3 Ken Riedl	GA 45-10.5 WA 43-0.5
4 Kerry Sloan	WY 42-6.25 NY 41-1-5
M35 1 Tim LaBoar	11 20 0 77
2 Tom Stuthard	CA 38-6.25
1 Scott Thornsle 2 Robert Hahn 3 Jim Dolezel	yPA 38-9.75
3 Jim Dolezel	OK 32-3.75
1 Tyrone Carlis	PT. 38-0 5
2 K H Troy 3 Fred Johnston 4 Earl Hanson	WA 37-5 CA 36-2.75
4 Earl Hanson	MT 34-8.5
1 Frank Struna 2 Dennis Stempel	MT 37-4.5
3 Darrell Short	CA 31-10.75 WY 26-11
1 Phil Mulkey	The second second
2 Jack Lance 3 Bob Graham	NU 21-9.5
	MT 26-8.25 on next page
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Continued from p	previous page	0
M65		
1 Bill Townsend 2 Jim Moorhead	NY 28-4.5 ID 28-2.25	
3 Ray Ryan	WA 16-8	
M70		į
1 Ed Lukens 2 Tom Patsalis	NY 32-8.5*	
3 Arnold Scott	MT 25-1.25	
M75 1 Ham Morningsta	TMT 20_8 5	
M80		
1 Claude Hills W30	PA 22-0.25	
1 Debbie Eckhard	thy 18-4.75	
W45 1 Phil Raschker	CA 35-6*	
W50		
1 Joann Grissom W55'	IN 25-7.5	è
1 Christel Mille	erCA 24-1	
1 Leonore McDani	iels	
2 Jos Sullivan	VA 23-11.75*	
3 Mary Norckauer	LA 20-9.25	ļ
Shot Put		Ì
M30 1 Mark Heckel	DA 46 5 5	
2 Donnie Vaughn	SC 28-2.25	
M35		
1 Bob Hartmann M40		
1 Roger Kamla 2 Jerry Senters	TX 47-11.25	
M45		
1 Tom Gage 2 Rick Stowell 3 Gary Bills	MT 50-9.5 MT 44-4.75	
3 Gary Bills 4 Rex Harvey	ID 43-7.25	
5 George Mathews	WA 38-0.25	
5 George Mathews 6 Bob Sager	MT 37-7.25	
1 Steve Rogers	KS 41-1	
2 Carl Klehm M55	IL 31-0	
1 Tom Wesselows	ciks 39-8.5	
2 F Lee Slick M60	IL 28-11.75	
1 Phil Mulkey	GA 45-8	ı
1 Phil Mulkey 2 Len Olson 3 Walt Diggs	FL 42-3.25 TN 30-11-25	١
M65		ı
1 Phil Brusca 2 Jim Gilcrist 3 Vince Semproni	MO 41-8.5 FL 39-3	1
3 Vince Semproni	ioOR 36-2.25	I
5 Kon Woinhal	ID 30-3.75	ı
2 ven weruper	WA 23-11.5	
4 Jim Moorhead 5 Ken Weinbel 6 Jacob Stein	KY 26-3.5	l
M70		
1 Don Cumley	NV 39-4**	
1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver	NV 39-4**	
1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5	
1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5	
1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5	
M70 1 Don Oumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5 MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 E IN 25-7.25	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5 MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 IN 25-7.25 CA 22-9.75*	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5 MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 IN 25-7.25 CA 22-9.75*	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5  MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 IN 25-7.25  CA 22-9.75*  String 22-1	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-H	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5 MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 E IN 25-7.25 CA 22-9.75* GRINY 22-1 GRINGINS NJ 30-1 CAN 31-1.75	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-I Liz McBlain 2 Michael Marie	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5  MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 IN 25-7.25  CA 22-9.75*  GLNY 22-1  Hudgins NJ 30-1 CAN 31-1.75 Hill	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-H Liz McBlain 2 Michael Marie 3 Phil Raschker	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5  MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 IN 25-7.25  CA 22-9.75*  GLNY 22-1  Hudgins NJ 30-1 CAN 31-1.75 Hill	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-i Liz McBlain 2 Michael Marie 3 Phil Raschker W50 1 Joann Grissom	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5  MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 E IN 25-7.25  CA 22-9.75* GRAY 22-1  Hudgins NJ 30-1 CAN 31-1.75 Hill NJ 29-6.75 GA 25-2  IN 38-8.25	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-i Liz McBlain 2 Michael Marie 3 Phil Raschker W50 1 Joann Grissom 2 Marti Thielma	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5  MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 E IN 25-7.25  CA 22-9.75* GRAY 22-1  Hudgins NJ 30-1 CAN 31-1.75 Hill NJ 29-6.75 GA 25-2  IN 38-8.25	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-i Liz McBlain 2 Michael Marie 3 Phil Raschker W50 1 Joann Grissom 2 Marti Thielmal W55 1 Christel Milli	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5  MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 E IN 25-7.25  CA 22-9.75*  GA 22-9.75*  GHUGGINS NJ 30-1 CAN 31-1.75 HILL NJ 29-6.75 GA 25-2  IN 38-8.25 n OR 24-5  DETCA 26-9.75	
M70 1 Don Oumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-H Liz McBlain 2 Michael Marie 3 Phil Raschker W50 1 Joann Grissom 2 Marti Thielman W55 1 Christel Mille 2 Fei Mei Chou W60	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5  MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 IN 25-7.25  CA 22-9.75* dtny 22-1 dtudgins NJ 30-1 CAN 31-1.75 Hill NJ 29-6.75 GA 25-2 IN 38-8.25 n OR 24-5 erCA 26-9.75 CA 21-11.5	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-I Liz McBlain 2 Michael Marie 3 Phil Raschker W50 1 Joann Grissom 2 Marti Thielman W55 1 Christel Mille 2 Fei Mei Chou W60 1 Sally Polk	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5  MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 IN 25-7.25  CA 22-9.75*  GLNY 22-1  Hudgins NJ 30-1 CAN 31-1.75 Hill NJ 29-6.75 GA 25-2 IN 38-8.25 n OR 24-5  erCA 26-9.75 CA 21-11.5  NM 25-11	
M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-I Liz McBlain 2 Michael Marie 3 Phil Raschker W50 1 Joann Grissom 2 Marti Thielman W55 1 Christel Mille 2 Fei Mei Chou W60 1 Sally Polk 2 Sallie Stiege	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5  MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 IN 25-7.25  CA 22-9.75*  GLNY 22-1  Hudgins NJ 30-1 CAN 31-1.75 Hill NJ 29-6.75 GA 25-2 IN 38-8.25 n OR 24-5  erCA 26-9.75 CA 21-11.5  NM 25-11	
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M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-I Liz McBlain 2 Michael Marie 3 Phil Raschker W50 1 Joann Grissom 2 Marti Thielman W55 1 Christel Mill-I 2 Fei Mei Chou W60 1 Sally Polk 2 Sallie Stiege W65 1 Leonore McDan. Estell Jenkin 2 Mary Norckauer 3 Jos Sullivan Weight Throw M30 1 Mark Heckel M35 1 Bob Hartmann M40 1 Jerry Senters M45 1 Tom Gage 2 George Mathew 3 Bob Sager M50 1 Carl Klehm 2 Steve Rogers M55 1 Tom Wesselows) 2 F Lee Slick	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5 MI 33-0.25 AZ 31-8 CO 25-11 E IN 25-7.25 CA 22-9.75* GRINY 22-1 Hudgins NJ 30-1 CAN 31-1.75 Hill NJ 29-6.75 GA 25-2 IN 38-8.25 n OR 24-5 erCA 26-9.75 CA 21-11.5 NM 25-11 Imeier OH 20-1.5 iels VA 21-9 sCAN 20-10 r LA 19-8.75 SC 18-3.25 PA 50-0.5 IL 45-4.25 IA 37-11.5 MT 58-3 SWA 45-4.5 MT 36-1.25 IL 27-9.5 KS 27-1.25	and the fifther appropriate forms.
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M70 1 Don Cumley 2 Arnold Scott Walt Jenkins Angelo Oliver M75 1 Manuel White 2 H Morningstar 3 Murray Oguss 4 Fred Praeger 5 Milo Lightfoot M85 1 Burt DeGroot W30 1 Debbie Eckhard W45 1 Johnnie Hill-I Liz McBlain 2 Michael Marie 3 Phil Raschker W50 1 Joann Grissom 2 Marti Thielman W55 1 Christel Milli 2 Fei Mei Chou W60 1 Sally Polk 2 Sallie Stiege W65 1 Leonore McDan Estell Jenkins 2 Mary Norckauer 3 Jos Sullivan Weight Throw M30 1 Mark Heckel M35 1 Bob Hartmann M40 1 Jerry Senters M45 1 Tom Gage 2 George Mathews 3 Bob Sager M50 1 Carl Klehm 2 Steve Rogers M55 1 Tom Wesselows) 2 F Lee Slick M60 1 Len Olson 2 Phil Mulkey	NV 39-4** MT 36-11.75 CAN 31-7.25 MA 24-4.5  MT 36-6.75 MI 33-0.25 AZ 31-8 CO 25-11 IN 25-7.25  CA 22-9.75*  GA 22-9.75*  GA 31-1.75  Hudgins NJ 30-1 CAN 31-1.75  Hill NJ 29-6.75 GA 25-2  IN 38-8.25 n OR 24-5  erCA 26-9.75 CA 21-11.5  NM 25-11 Imeier OH 20-1.5 iels VA 21-9 sCAN 20-10 r LA 19-8.75 SC 18-3.25  PA 50-0.5 IL 45-4.25 IA 37-11.5  MT 58-3 s WA 45-4.5 MT 36-1.25 KKS 33-4.5 IL 27-9.5 KS 27-1.25 KKS 33-4.5 IL 26-4.25 FL 44-3.5 GA 40-0.75	Charlest and Charles and Charleston

M70	and the second of
Walt Jenkins CAN 1, A U Ricciardi NV 2 Don Cumley NV	27-5.5
2 Don Cumley NV	24-10
M75 1 Manuel White MT 2 Ham MorningstarMI	30-9
2 Ham MorningstarMI 3 Fred Praeger CO	25-6.25
M85	
1 Burt DeGroot CA W30	
1 Debbie EckhardtNY W45	21-11
Liz McBlain CAN	30-0.75
W50 1 Joann Grissom IN	34-4
W60 1 Sally Polk NM	31-8-75
W65	
1 Mary Norckauer LA Estell JenkinsCAN	16-4.75
56# Weight Throw M35	
1 Bob Hartmann	IL 9.46m
1 George Mathews	WA 8.35
2 Bob Sager M50	MT 6.58
1 Carl Klehm	IL 5.31
M55 1 F Lee Slick	IL 4.24
M60 1 Len Oison	FL 5.26
M65	
2 Jacob Stein	WA 5.15 KY 4.66
M70 Walter Jenkins	THE RESERVE
1 A U Ricciardi M75	NV 3.02
1 Manuel White	MT 4.90
2 Ham Morningstar W30	
1 Deborah Eckhardt W50	NY 2.60
1 Joann Grissom	IN 4.17
3000M RW	
1 John Kerfoot ID	13:53.1
M35 1 Steve Gardiner WY	18:03-2
M40 1 Don Anderson IN*	NED THE
2 Latty Ryan PA	16:57.0
M50 1 John Elwarner MI	15:45.6
3 Lewis Slavik MT	16:19.3
4 David Bicket ND	18:00.2
M55 1 Paul Johnson AR 1	5:58.3
M60 1 VanceGenzlingerMI	OF WHAT
2 Bill McClaren MT	20:36.5
	20:57.5
1 Robert Mimm NJ* 2 Dick Bennett WA 3 A A Clevenger WA	17:18.7
3 A A Clevenger WA : M70	22:46.6
1 Don Cotner CA*	20:33.4
3 Ed Anacker MT	20:39.5
M75 1 Don Johnson NJ*	
W30	Charleston College
1 Jackie Moore NM 2 Marj McClaren MT	18:46.3
1 Viisha Sedlak (C)	15-12
2 Phyllis Hansen NJ 3 Kay Jennings MT	16:24.5
W45	A STATE OF THE PARTY OF THE PAR
1 Jeanne Bocci MI W50	CONTRACTOR OF THE PARTY OF THE
1 Jean MacInness MT W55	Service of the last of the las
1 Sami Bailey IN#	18:21.47
<u>W60</u>	23:12.53
Phyllis GoodladCAN 1 Lois McClaren MT	22:32.63
W65	<b>表示任何</b>
2 Mary Norckauer LA	21:56.49 22:47.52
1 QueenieThompsonNY*	23:44.82
*US age-group record #Age-group WR	
	Section 1
EAST	
Syracuse Chargers Syracuse, NY; Janua	Meet
Syracuse, NY; Janua	ry 23

Sy	yracuse Chargers racuse, NY; Janua	Meet ry 23
55m	STATE STATE OF	
M30	Brendan Jackson	7.1
M40	Dan Swanson	6.7
M50	Paul Stelmaszyk	7.5
M55	Andrew Branch	7.6
M65	Howard MacMillan	8.8
M70	Ed Lukens	8.6
W30	Cindy Paddock	8.9
300r	n I make en la serie	
M30	Brendan Jackson	37.3
	Horace Hudson	38.7
M45	Joe Reynolds	48.3
	Paul Stelmaszyk	41.8
M55	Bob Smullens	63.3
W35	Irene Thompson	44.8
	STREET STREET, SQUARE	

M35 Mark Caldwell   2:42.2   M40 Kevin Morrisroe   2:59   M45 Bob Micho   3:05.5   M55 Bob Micho   3:06.5   M55 Bob Micho   3:05.5   M55 Bob Milner   3:06.5   M55 Bob Milner   3:06.5   M55 Bob Milner   3:05.5   M55 Bob Milner   3:14.7   W35 Jane O'Donnell   3:35.1   W40 Barb Blaszak   3:19.7   W40 Barb Blaszak   3:19.7   W40 Rick Cleary   9:53.6   W40 Rick Cleary   9:53.6   W40 Rick Cleary   9:53.6   W50 Allan Drew   12:35   W60 Ed Stabler   11:19.9   W70 Nate White   13:10.8   W50 Allan Drew   12:35   W60 Ed Stabler   11:19.9   W70 Nate White   13:10.8   W30 Beth Deciantis   9:55.1   W35 Nancy Scott   12:13.3   W40 Sue Sandstrom   12:12.9   W45 Kathy Brown   11:10.3   Long Jump   M30 Mark Powell   19-3   M40 Ray Panek Jr   16-5½   M50 Paul Stelmaszyk   16-4   M55 Bob Smullens   10-3   M70 Ed Lukens   14-1   Pole Vault   M40 Kevin Donovan   11-6   M45 Tom Rauscher   13-0   Shot Put   M40 Kevin Donovan   11-6   M45 Tom Rauscher   13-0   Shot Put   M40 Kevin Donovan   11-6   M45 Tom Rauscher   31-11   M55 Nick Palladino   27-5    Syracuse Chargers Meet   Syracuse, NY; February 7    Sm   M30 Duncan Payne   29-9½   M40 Jim Alexander   31-11   M55 Nick Palladino   7.2   Sam Hall   7.2   Sam Hall   7.2   Sam Hall   7.2   Son Tim Colliins   7.8   M55 Bob Smullens   8.5   M70 Ed Lukens   8.5   M70 Dim Colliins   64.0   M35 Mark Caldwell   2:06.3   M40 MaryBeth Hasenauer   2:12.9   M45 Nadine Lowenstein   71.3   M55 Glennette O'Rourke1:46.1   M90 Michael Platt   4:12.4   M35 Mark Caldwell   2:06.3   M40 MaryBeth Hasenauer   2:12.9   M55 Glennette O'Rourke1:46.1   M90 Michael Platt   4:12.4   M35 Mark Caldwell   2:06.3   M40 MaryBeth Hasenauer   2:12.9   M70 Ed Lukens   71   9.9   M70 Ed Lukens	Nat	ional M
M35 Mark Caldwell 2:42.2 M40 Kevin Morrisroe 2:59 M45 Bob Micho 3:05.5 M55 Bob Milner 3:06.5 M55 Bob Milner 3:14.7 W35 Jane O'Donnell 3:35.1 W40 Barb Blaszak 3:19.7 M3000m M30 Bob Brenner 9:37.7 M35 Ron Nelson 9:53.6 M40 Rick Clearry 9:53.8 M50 Allan Drew 12:35 M60 Ed Stabler 11:19.9 M70 Nate White 13:10.8 W30 Beth DeCiantis 9:55.1 W35 Nancy Scott 12:13.3 W40 Sue Sandstrom 12:12.9 W45 Kathy Brown 11:10.3 Long Jump M30 Mark Powell 19-3 M40 Ray Panek Jr 16-5½ M50 Paul Stelmaszyk 16-4 M55 Bob Smullens 10-3 M70 Ed Lukens 14-1 Pole Vault M40 Kevin Donovan 11-6 M45 Tom Rauscher 13-0 Shot Put M30 Duncan Payne 29-9½ M40 Jim Alexander 31-11 M55 Nick Palladino 27-5  Syracuse Chargers Meet Syracuse, NY; February 7  55m M30 Kerry Sloan 6.7 M40 Dan Swanson 7.4 M45 Bob Davis 7.2 Sam Hall 7.2 Sam Hall 7.2 Son Tim Collins 7.8 M55 Bob Smullens 9.8 M55 Glennette O'Rourke1:46.1 B00m M30 Mark Powell 2:06.3 M40 Mikhe Hasenauer 2:12.9 M50 Tim Collins 2:36.3 M50 Tim Collins 2:36.3 M50 Tim Collins 2:36.3 M50 Tim Collins 9:31.5 M50 MaryBeth Hasenauer 2:12.9 M50 Dim Boyle 4:41.7 M51 Berb Dngman 4:38.3 M50 Vincent Colgan 5:00.0 M55 Bob Smullens 9:15.4 M35 Mark Dillon 2:59.3 M50 Dancar Payne 4:41.7 M55 Bill Townsend 65 29-3/4 M70 Ed Lukens 71 9.9 M70	A Common transport	- Little Light
M45 Bob Micho M55 Bob Milner M65 Howard MacMillan M30 Marilyn Brandt M314,7 W35 Jane O'Donnell W40 Barb Blaszak M30 Bob Brenner M30 Bob Brenner M30 Ron Nelson M30 Bob Brenner M30 Rick Cleary M35 Ron Nelson M30 Both Deciantis M30 Beth DeCiantis M310 Beth DeCiantis M310 Beth DeCiantis M30 Beth DeCiantis M310 Duncan Payne M310 Duncan Payne M310 Duncan Payne M310 Beth DeCiantis M311 Townsend M32 Beth DeCiantis M3311 Townsend M345 Bob Smullens M35 Duncan Payne M30 Beth DeCiantis M35 Bob Smullens M35 Irene Thompson M30 Mark Powell M30 Duncan Payne M30 Beth DeCiantis M35 Bob Smullens M360 Tim Collins M370 Mark Powell M380 Duncan Payne M390 Bob Smullens M300 Bob Smulle	M35 Mark Caldwell	
M65 Howard MacMillan W30 Marilyn Brandt W30 Marilyn Brandt W31 Jane O'Donnell W35 Jane O'Donnell W35 Jane O'Donnell W36 Barb Blaszak W319,7 W3000m W30 Bob Brenner W9:53.6 M40 Rick Cleary W9:53.8 M50 Allan Drew W12:35 M60 Ed Stabler W31:10.8 W30 Beth DeCiantis W30 Beth DeCiantis W35 Nancy Scott W2:13.3 W40 Sue Sandstrom W35 Kathy Brown W36 Ray Panek Jr W37 W37 W38 W39 Beth DeCiantis W30 Mark Powell W30 Beth DeCiantis W30 Mark Powell W30 Mark Powell W30 Dancan Payne W30 Duncan Payne W30 Dan Swanson W35 Bob Smullens W35 Bob Smullens W35 Bob Smullens W35 Bob Smullens W35 Brene Thompson W36 Bill Townsend W35 Irene Thompson W30 Duncan Payne W30 Duncan Payne W30 Duncan Payne W35 Irene Thompson W30 Duncan Payne W35 Irene Thompson W30 Duncan Payne W35 Irene Thompson W35 Irene Thompson W35 Irene Thompson W35 Irene Thompson W35 Glennette O'Rourkel:46.1 W36 Mark Powell W375 Dale Ladd W375 Glennette O'Rourkel:46.1 W375 Mark Caldwell W375 Mark Caldwell W375 Mark Dillon W375 Mark Di	M45 Bob Micho	3:05.5
### Wish Same O'Donnell ### Wish Jane O'Donnell ### Wish Barb Blaszak ### Wish Barb Brenner ### Wish Brenner ### Wis		
### With Barb Blaszak   3:19.7   ### 3000m   3	W30 Marilyn Brandt	3:14.7
M30 Bob Brenner M35 Ron Nelson M40 Rick Cleary M55 Ron Nelson M40 Rick Cleary M50 Bd Stabler M70 Nate White M3110.8 M30 Beth DeCiantis M30 Beth DeCiantis M35 Nancy Scott M35 Nancy Scott M35 Nancy Scott M36 Sue Sandstrom M30 Mark Powell M30 Mark Powell M30 Mark Powell M30 Paul Stelmaszyk M55 Bob Smullens M70 Paul Stelmaszyk M55 Bob Smullens M70 Paul Stelmaszyk M65 Bob Smullens M70 Ed Lukens M	W40 Barb Blaszak	
M35 Ron Nelson 9:53.6 M40 Rick Cleary 9:53.8 M50 Allan Drew 12:35 M50 Ed Stabler 11:19.9 M70 Nate White 13:10.8 W30 Beth DeCiantis 9:55.1 W35 Nancy Scott 12:13.3 W40 Sue Sandstrom 12:12.9 W45 Kathy Brown 11:10.3 Long Jump M30 Mark Powell 19-3 M40 Ray Panek Jr 16-5½ M50 Paul Stelmaszyk 16-4 M55 Bob Smullens 10-3 M70 Ed Lukens 14-1 Pole Vault M40 Kevin Donovan 11-6 M45 Tom Rauscher 13-0 Shot Put M30 Duncan Payne 29-9¼ M40 Jim Alexander 31-11 M55 Nick Palladino 27-5  Syracuse Chargers Meet Syracuse, NY; February 7  55m M30 Kerry Sloan 6.7 M40 Dan Swanson 7.4 M45 Bob Davis 7.2 Sam Hall 7.2 Sam Hall 7.2 M50 Tim Collins 9.8 M55 Bill Townsend 8.5 M70 Ed Lukens 8.5 M70 Tim Collins 64.0 M35 Nark Caldwell 2:03.8 M35 Mark Caldwell 2:06.3 M35 Mark Caldwell 2:06.3 M360 Mary Powell 2:03.8 M35 Mark Dillon 2:59.3 M40 Mary Beth Hasenauer 2:41.9 M55 Glennette O'Rourke4:05.8 1500m M30 Mark Powell 2:03.8 M35 Mark Dillon 2:59.3 M40 Mary Beth Hasenauer 5:25.8 M55 Glennette O'Rourke4:05.8 1500m M30 Mark Powell 5:33.5 M60 Jerry Bisson 6:18.9 M30 Sarah Falso 5:15.4 M35 Jane O'Donnell 5:33.5 M60 Jerry Bisson 6:18.9 M30 Sarah Falso 5:15.4 M35 Jane O'Donnell 5:33.5 M60 Jerry Bisson 6:18.9 M30 Mark Powel 10-6 M45 Tom Rauscher 46 12-6 M55 Don Rauscher 46 12-6 M50 Dancan Payne 27-8 M55 Chuck Yost 34-	3000m M30 Bob Brenner	9:37.7
M60 Ed Stabler M70 Nate White M30 Beth Deciantis M30 Beth Deciantis M30 Seth Deciantis M40 Sue Sandstrom M45 Kathy Brown M45 Kathy Brown M50 Mark Powell M60 Ray Panek Jr M60 Paul Stelmaszyk M65 Bob Smullens M70 Ed Lukens M60 Poll M60 Kevin Donovan M60 Kevin Donovan M60 Kevin Donovan M60 Kevin Donovan M60 For Rauscher M60 Juncan Payne M60 Dan Swanson M60 Bob Swullens M65 Bob Davis M60 Dan Swanson M65 Bill Townsend M65 Bill Townsend M65 Bill Townsend M65 Bill Townsend M60 MaryAnn Carrino 6211.2 M60 M60 MaryAnn Carrino 6211.2 M60 M60 MaryAnn Corrino 6211.2 M60 M60 MaryAnn Corrino M60 MaryAnn M60 Dan Swanson M60 MaryAnn M60 Dan Swanson M60 MaryAnn M60 MaryAnn M60 MaryAnn M60 Duncan Payne M60	M35 Ron Nelson	9:53.6
M70 Nate White W30 Beth DeCiantis W30 Beth DeCiantis W35 Nancy Scott W35 Nancy Scott W35 Nancy Scott W35 Nancy Scott W36 Sandstrom W37 Nate Powell W39 Panek Jr M30 Mark Powell M50 Paul Stelmaszyk M55 Bob Smullens M70 Ed Lukens M40 Kevin Donovan M40 Kevin Donovan M40 Kevin Donovan M30 Duncan Payne M40 Jim Alexander M30 Duncan Payne M40 Jim Alexander M30 Jim Alexander M31-11 M55 Nick Palladino W55 Nick Palladino W7-5  Syracuse Chargers Meet Syracuse, NY; February  Syracuse, NY; February  Syracuse Chargers Meet Syracuse, NY; February  Syracuse, NY; February  55m M30 Kerry Sloan M30 Kerry Sloan M30 Kerry Sloan M35 Bob Davis M35 Bob Smullens M65 Bill Townsend M55 Bob Smullens M65 Bill Townsend M55 Bob Smullens M65 Bill Townsend M55 Dan Howe M57 Dan Howe M58 Dan Howe M59 Dan Howe M50 Duncan Payne M60 MaryAnn Carrino 6211.2  400m M30 Duncan Payne M30 Duncan Payne M30 Duncan Payne M30 Time Collins M30 Time Collins M35 Glennette O'Rourke1:46.1  800m M30 Mark Powell M35 Mark Caldwell M35 Mark Douncan Payne M30 MaryBeth Hasenauer2:43.9  M55 Glennette O'Rourke4:05.8  M50 Tim Collins M50 MaryBeth Hasenauer2:43.9  M55 Glennette O'Rourke4:05.8  M50 MaryBeth Hasenauer2:43.9  M55 Glennette O'Rourke7:59.2  SmH M30 Michael Platt M1-12.4  M35 Ron Nelson M30 Michael Platt M1-12.4  M35 Ron Nelson M30 Michael Platt M1-12.4  M35 Bob Sill Townsend M30 Jerry Bisson M30 Michael Platt M30 Michael Platt M30 MaryBeth Hasenauer5:25.8  M55 Glennette O'Rourke7:59.2  SmH M30 Kerry Sloan M30 Michael Platt M30 MaryBeth Hasenauer5:25.8  M55 Glennette O'Rourke7:59.2  SmH M30 Kerry Sloan M50 Tim Collins M30 Dincan Payne M30 Sarah Falso M50 Sill Townsend M30 MaryBeth Hasenauer5:25.8  M55 Glennette O'Rourke7:59.2  SmH M30 Kerry Sloan M30 Marchael Platt M41-7  M45 Herb Engman M50 M1-12-14  M50 MaryBeth M3-13-14  M50 M60 M60 M60 M60 M60 M60 M60		12:35
### ### ### ### ### ### ### ### ### ##	M60 Ed Stabler M70 Nate White	13:10.8
Mark   Powel   19-3	W30 Beth DeCiantis	9:55.1
M30 Mark Powell   19-3   M40 Ray Panek Jr   16-5½   M50 Paul Stelmaszyk   16-4   M55 Bob Smullens   10-3   M70 Ed Lukens   14-1   Pole Vault   M40 Kevin Donovan   11-6   M45 Tom Rauscher   13-0   M50 Duncan Payne   29-9½   M40 Jim Alexander   31-11   M55 Nick Palladino   27-5      Syracuse Chargers Meet   Syracuse, NY; February 7	W40 Sue Sandstrom	12:12.9
M40 Ray Panek Jr M50 Paul Stelmaszyk M50 Paul Stelmaszyk M55 Bob Smullens M70 Ed Lukens M40 Kevin Donovan M70 Ed Lukens M40 Kevin Donovan M70 Ed Lukens M40 Kevin Donovan M70 Ed Lukens M51 Tom Rauscher M70 Duncan Payne M70 Duncan Payne M70 Dim Alexander M70 Dim Alexander M70 Ed Lukens M70 Ed Luke	Long Jump	
M50 Paul Stelmaszyk M55 Bob Smullens M70 Pau Lukens Pole Vault M40 Kevin Donovan M55 Tom Rauscher M55 Tom Rauscher M55 Nick Palladino M65 Bob Bavis Smallens M65 Bill Townsend M65 Dan Swanson M66 MaryAnn Carrino M60 MaryAnn M60 Duncan Payne M60 M60 MaryAnn M60 Duncan Payne M60	M40 Ray Panek Jr	
## A Pole Vault*   Pole Vault*   Pole Vault*	M50 Paul Stelmaszyk	16-4
M40 Kevin Donovan 11-6 M45 Tom Rauscher 13-0 Shot Put M30 Duncan Payne 29-9‡ M40 Jim Alexander 31-11 M55 Nick Palladino 27-5  Syracuse Chargers Meet Syracuse, NY; February 7  55m M30 Kerry Sloan 6.7 M40 Dan Swanson 7.4 M45 Bob Davis 7.2 Sam Hall 7.2 M55 Tim Collins 7.8 M55 Bob Smullens 9.8 M65 Bill Townsend 8.5 M70 Ed Lukens 8.5 W35 Irene Thompson 7.5 W60 MaryAnn Carrino 6211.2 400m M30 Duncan Payne 62.6 M35 Dan Howe 85.7 M40 Dan Swanson 59.3 M50 Tim Collins 64.0 W35 Irene Thompson 62.9 W45 Nadine Lowenstein 71.3 W55 Glennette O'Rourke1:46.1 B00m M30 Mark Powell 2:03.8 M35 Mark Caldwell 2:06.3 M40 Mike Hasenauer 2:12.9 M45 Dale Ladd 2:17.2 M50 Tim Collins 2:36.3 M50 Tim Collins 2:36.3 M50 Mary Beth Hasenauer2:43.9 M55 Glennette O'Rourke4:05.8 1500m M30 Michael Platt 4:12.4 M35 Ron Nelson 4:27.1 M40 Jim Boyle 4:41.7 M45 Herb Engman 4:38.3 M50 Vincent Colgan 5:00.0 M50 WaryBeth Hasenauer5:25.8 M50 Glennette O'Rourke7:59.2 SmH M30 Kerry Sloan 8.3 M50 Jerry Bisson 6:18.9 W30 Sarah Falso 5:15.4 W35 John Baker 13-0 M40 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M35 Non Baker 13-0 M40 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Dave Talcott 32 6:32.9	M70 Ed Lukens	
M45 Tom Rauscher   13-0   Shot Put   M30 Duncan Payne   29-9‡   M40 Jim Alexander   31-11   M55 Nick Palladino   27-5   Syracuse Chargers Meet   Syracuse, NY; February 7   55m   M30 Kerry Sloan   6.7   M40 Dan Swanson   7.4   M45 Bob Davis   7.2   Sam Hall	M40 Kevin Donovan	
M30 Duncan Payne 29-9‡ M40 Jim Alexander 31-11 M55 Nick Palladino 27-5  Syracuse Chargers Meet Syracuse, NY; February 7  55m M30 Kerry Sloan 6.7 M40 Dan Swanson 7.4 M45 Bob Davis 7.2 Sam Hall 7.2 M50 Tim Collins 7.8 M55 Bob Smullens 9.8 M65 Bill Townsend 8.5 M70 Ed Lukens 8.5 W35 Irene Thompson 7.5 W60 MaryAnn Carrino 6211.2 400m M30 Duncan Payne 62.6 M35 Dan Howe 85.7 M40 Dan Swanson 59.3 M50 Tim Collins 64.0 W35 Irene Thompson 62.9 W45 Nadine Lowenstein 71.3 W55 Glennette O'Rourke!:46.1 800m M30 Mark Powell 2:03.8 M35 Mark Caldwell 2:06.3 M40 Mike Hasenauer 2:12.9 M45 Dale Ladd 2:17.2 M50 Tim Collins 2:36.3 M50 Tim Collins 2:36.3 M50 MaryBeth Hasenauer2:41.9 W55 Glennette O'Rourke4:05.8 1500m M30 Michael Platt 4:12.4 M35 Ron Nelson 4:27.1 M40 Jim Boyle 4:41.7 M45 Herb Engman 4:38.3 M50 Vincent Colgan 5:00.0 M55 Vanness Robinson 5:48.3 M60 Jerry Bisson 6:18.9 W30 Sarah Falso 5:15.4 W35 Jane O'Donnell 5:33.5 W40 MaryBeth Hasenauer5:25.8 W55 Glennette O'Rourke7:59.2 S5mH M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 11-0 M30 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Dancan Payne 27-8 M55 Chuck Yost 34-9‡ Weight Therow M30 Dancan Payne 27-8 M55 Chuck Yost 34-9‡ Weight Therow M30 Dan	M45 Tom Rauscher Shot Put	
Syracuse Chargers Meet   Syracuse, NY; February 7	M30 Duncan Payne	
Syracuse, NY; February 7	M55 Nick Palladino	
Syracuse, NY; February 7	Syracuse Chargers	Meet
M30 Kerry Sloan 6.7 M40 Dan Swanson 7.4 M45 Bob Davis 7.2 Sam Hall 7.2 M50 Tim Collins 7.8 M55 Bob Smullens 9.8 M55 Bob Smullens 9.8 M55 Bob Smullens 9.8 M55 Bob Smullens 9.8 M55 Bob Smullens 8.5 M70 Ed Lukens 9.3 M50 Tim Collins 64.0 M35 Irene Thompson 62.9 M45 Nadine Lowenstein 71.3 M55 Glennette O'Rourke1:46.1 M80M M30 Mark Powell 2:03.8 M35 Mark Caldwell 2:06.3 M40 Mike Hasenauer 2:12.9 M50 Tim Collins 2:36.3 M55 Mark Dillon 2:59.3 M50 MaryBeth Hasenauer2:43.9 W55 Glennette O'Rourke4:05.8 1500M M30 Michael Platt 4:12.4 M35 Ron Nelson 4:27.1 M40 Jim Boyle 4:41.7 M45 Herb Engman 4:38.3 M50 Vincent Colgan 5:00.0 M55 Vanness Robinson 5:48.3 M60 Jerry Bisson 6:18.9 M30 Sarah Falso 5:15.4 W35 Jane O'Donnell 5:33.5 W40 MaryBeth Hasenauer5:25.8 W55 Glennette O'Rourke7:59.2 S5mH M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 21-7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 21-7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 21-7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 21-7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 21-7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 72-8 M55 Chuck Yost 34-94 Weight Throw M35 Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 M500 Racewalk M30 Dave Talcott 32 6:32.9	Syracuse, NY; Febru	Jary 7
M40 Dan Swanson 7.4 M45 Bob Davis 7.2 Sam Hall 7.2 M50 Tim Collins 7.8 M55 Bob Smullens 9.8 M65 Bill Townsend 8.5 M70 Ed Lukens 8.5 W35 Irene Thompson 7.5 W60 MaryAnn Carrino 6211.2 400m M30 Duncan Payne 62.6 M35 Dan Howe 85.7 M40 Dan Swanson 59.3 M50 Tim Collins 64.0 W35 Irene Thompson 62.9 W45 Nadine Lowenstein 71.3 W55 Glennette O'Rourkel:46.1 800m M30 Mark Powell 2:03.8 M35 Mark Caldwell 2:06.3 M40 Mike Hasenauer 2:12.9 M45 Dale Ladd 2:17.2 M50 Tim Collins 2:36.3 M50 Tim Collins 2:36.3 M50 Tim Collins 2:36.3 M40 Mike Hasenauer 2:12.9 M50 Tim Collins 2:36.3 M50 Tim Collins 2:36.3 M50 Tim Collins 2:36.3 M50 MaryBeth Hasenauer2:41.9 M55 Glennette O'Rourke4:05.8 1500m M30 Michael Platt 4:12.4 M35 Ron Nelson 4:27.1 M40 Jim Boyle 4:41.7 M45 Herb Engman 4:38.3 M50 Vincent Colgan 5:00.0 M55 Vanness Robinson 5:48.3 M60 Jerry Bisson 6:18.9 W30 Sarah Falso 5:15.4 W35 Jane O'Donnell 5:33.5 W40 MaryBeth Hasenauer5:25.8 W55 Glennette O'Rourke7:59.2 S5mH M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 32-84 Pole Vault M35 John Baker 13-0 M40 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Duncan Payne 27-8 M55 Chuck Yost 34-94 Weight Throw M35 - Benditi 15.44m M40 Pat Lynn 13.22 M50 Nick Palladino 8.22 M500 Racewalk M30 Dave Talcott 32 6:32.9	M30 Kerry Sloan	6.7
M50 Tim Collins 7.8 M55 Bob Smullens 9.8 M65 Bill Townsend 8.5 M70 Ed Lukens 8.5 W35 Irene Thompson 7.5 W60 MaryAnn Carrino 6211.2 400m M30 Duncan Payne 62.6 M35 Dan Howe 85.7 M40 Dan Swanson 59.3 M50 Tim Collins 64.0 W35 Irene Thompson 62.9 W45 Nadine Lowenstein 71.3 W55 Glennette O'Rourke1:46.1 800m M30 Mark Powell 2:06.3 M40 Mike Hasenauer 2:12.9 M45 Dale Ladd 2:17.2 M50 Tim Collins 2:36.3 M50 MaryBeth Hasenauer2:41.9 W55 Glennette O'Rourke4:05.8 1500m M30 Michael Platt 4:12.4 M35 Ron Nelson 4:27.1 M40 Jim Boyle 4:41.7 M45 Herb Engman 4:38.3 M50 Vincent Colgan 5:00.0 M55 Vanness Robinson 5:48.3 M60 Jerry Bisson 6:18.9 W30 Sarah Falso 5:15.4 W35 Jane O'Donnell 5:33.5 W40 MaryBeth Hasenauer5:25.8 W55 Glennette O'Rourke7:59.2 55mH M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Duncan Payne 27-8 M55 Chuck Yost 34-94 Weight Throw M35 Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 1500m Racewalk M30 Dave Talcott 32 6:32.9	M40 Dan Swanson	7 4
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## ## ## ## ## ## ## ## ## ## ## ## ##	W35 Irene Thompson	62.9
M30 Mark Powell 2:03.8 M35 Mark Caldwell 2:06.3 M35 Mark Caldwell 2:06.3 M40 Mike Hasenauer 2:12.9 M45 Dale Ladd 2:17.2 M50 Tim Collins 2:36.3 M55 Mark Dillon 2:59.3 W40 MaryBeth Hasenauer2:43.9 W55 Glennette O'Rourke4:05.8 1500m M30 Michael Platt 4:12.4 M35 Ron Nelson 4:27.1 M40 Jim Boyle 4:41.7 M45 Herb Engman 5:00.0 M55 Vanness Robinson 5:48.3 M60 Jerry Bisson 6:18.9 W30 Sarah Falso 5:15.4 W35 Jane O'Donnell 5:33.5 W40 MaryBeth Hasenauer5:25.8 W55 Glennette O'Rourke7:59.2 55mH M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 36-10 M55 Bob Smullens 21-7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 32-84 Pole Vault M35 John Baker 13-0 M40 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Duncan Payne 27-8 M55 Chuck Yost 34-94 Weight Throw M35 - Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 1500m Racewalk M30 Dave Talcott 32 6:32.9	W55 Glennette O'Rour	ke1:46.1
## W55 Glennette O'Rourke4:05.8 ## 1500m ## 1500		2:03.8
## W55 Glennette O'Rourke4:05.8 ## 1500m ## 1500	M35 Mark Caldwell M40 Mike Hasenauer	2:06.3
## W55 Glennette O'Rourke4:05.8 ## 1500m ## 1500	M45 Dale Ladd M50 Tim Collins	2:17.2
W55 Glennette O'Rourke4:05.8  1500m  M30 Michael Platt 4:12.4  M35 Ron Nelson 4:27.1  M40 Jim Boyle 4:41.7  M45 Herb Engman 4:38.3  M50 Vincent Colgan 5:00.0  M55 Vanness Robinson 5:48.3  M60 Jerry Bisson 6:18.9  M30 Sarah Falso 5:15.4  W35 Jane O'Donnell 5:33.5  W40 MaryBeth Hasenauer5:25.8  W55 Glennette O'Rourke7:59.2  SomH  M30 Kerry Sloan 8.3  M50 Tim Collins 10.7  M65 Bill Townsend 65 9.9  M70 Ed Lukens 71 9.9  Triple Jump  M30 Kerry Sloan 36-10  M55 Bob Smullens 21-7  M65 Bill Townsend 65 29-3/4  M70 Ed Lukens 32-8½  Pole Vault  M35 John Baker 13-0  M40 Kevin Donovan 40 10-6  M45 Tom Rauscher 46 12-6  Shot Put  M30 Duncan Payne 27-8  M55 Chuck Yost 34-9½  Weight Throw  M35 Benditi 15.44m  M40 Pat Lynn 13.22  M55 Nick Palladino 8.22  1500m Racewalk  M30 Dave Talcott 32 6:32.9	M55 Mark Dillon	2:59.3
M30 Michael Platt 4:12.4 M35 Ron Nelson 4:27.1 M40 Jim Boyle 4:41.7 M45 Herb Engman 5:00.0 M55 Vanness Robinson 5:48.3 M60 Jerry Bisson 6:18.9 W30 Sarah Falso 5:15.4 W35 Jane O'Donnell 5:33.5 W40 MaryBeth Hasenauer5:25.8 W55 Glennette O'Rourke7:59.2 S5MH M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 36-10 M55 Bob Smullens 21-7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 32-84 Pole Vault M35 John Baker 13-0 M40 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Duncan Payne 27-8 M55 Chuck Yost 34-94 Weight Throw M35 Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 1500m Racewalk M30 Dave Talcott 32 6:32.9	W55 Glennette O'Rour	ke4:05.8
M40 Jim Boyle 4:41.7 M45 Herb Engman 4:38.3 M50 Vincent Colgan 5:00.0 M55 Vanness Robinson 5:48.3 M60 Jerry Bisson 6:18.9 M30 Sarah Falso 5:15.4 W35 Jane O'Donnell 5:33.5 W40 MaryBeth Hasenauer5:25.8 W55 Glennette O'Rourke7:55.2 S5mH M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 36-10 M55 Bob Smullens 21-7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 32-84 Pole Vault M35 John Baker 13-0 M40 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Duncan Payne 27-8 M55 Chuck Yost Weight Throw M35 Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 1500m Racewalk M30 Dave Talcott 32 6:32.9	M30 Michael Platt	4:12.4
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## ## ## ## ## ## ## ## ## ## ## ## ##	M45 Herb Engman	4:38.3
## ## ## ## ## ## ## ## ## ## ## ## ##	M55 Vanness Robinson	5:48.3
W35 Jane O'Donnell 5:33.5 W40 MaryBeth Hasenauer5:25.8 W55 Glennette O'Rourke7:59.2 55mH M30 Kerry Sloan 8.3 M50 Tim Collins 10.7 M65 Bill Townsend 65 9.9 M70 Ed Lukens 71 9.9 Triple Jump M30 Kerry Sloan 36-10 M55 Bob Smullens 21-7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 32-84 Pole Vault M35 John Baker 13-0 M40 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Duncan Payne 27-8 M55 Chuck Yost 34-94 Weight Throw M35 Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 1500m Racewalk M30 Dave Talcott 32 6:32.9	WOU Sarah raiso	2:12-4
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M70 Ed Lukens 71 9.9  Triple Jump M30 Kerry Sloan 36-10 M55 Bob Smullens 21-7 M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 32-84 Pole Vault M35 John Baker 13-0 M40 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Duncan Payne 27-8 M55 Chuck Yost 34-94 Weight Throw M35 Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 1500m Racewalk M30 Dave Talcott 32 6:32.9	M65 Bill Townsend 6	10.7
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M65 Bill Townsend 65 29-3/4 M70 Ed Lukens 32-84 Pole Vault M35 John Baker 13-0 M40 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Duncan Payne 27-8 M55 Chuck Yost 34-94 Weight Throw M35 Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 1500m Racewalk M30 Dave Talcott 32 6:32.9	M30 Kerry Sloan	36-10
Pole Vault  M35 John Baker  M36 Kevin Donovan 40 10-6  M45 Tom Rauscher 46 12-6  Shot Put  M30 Duncan Payne  M35 Chuck Yost  Weight Throw  M35 Benditi  M40 Pat Lynn  M55 Nick Palladino  1500m Racewalk  M30 Dave Talcott 32 6:32.9	M55 Bob Smullens M65 Bill Townsend 65	21-7
M35 John Baker 13-0 M40 Kevin Donovan 40 10-6 M45 Tom Rauscher 46 12-6 Shot Put M30 Duncan Payne 27-8 M55 Chuck Yost 34-94 Weight Throw M35 Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 1500m Racewalk M30 Dave Talcott 32 6:32.9	Pole Vault	32-84
M45 Tom Rauscher 46 12-6  Shot Put M30 Duncan Payne 27-8 M55 Chuck Yost 34-94 Weight Throw M35 Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 1500m Racewalk M30 Dave Talcott 32 6:32.9	M35 John Baker	13-0
M30 Duncan Payne 27-8 M55 Chuck Yost 34-94 Weight Throw M35 Benditi 15.44m M40 Pat Lynn 13.22 M55 Nick Palladino 8.22 1500m Racewalk M30 Dave Talcott 32 6:32.9	M45 Tom Rauscher 46	12-6
Weight Throw           M35 Benditi         15.44m           M40 Pat Lynn         13.22           M55 Nick Palladino         8.22           1500m Racewalk         6:32.9	M30 Duncan Payne	27-8
M30 Dave Talcott 32 6:32.9	M55 Chuck Yost Weight Throw	34-94
M30 Dave Talcott 32 6:32.9	M35 Benditi	15.44m
M30 Dave Talcott 32 6:32.9	M55 Nick Palladino	8.22
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	military of the first of the feeting	-

#### Coors/MAC Indoor Championships USMA-West Point; February 20

February 20		
M30	John Burke	6.82
MAR	Rich Washington	6.89
M40	Tyrone Gordon	7.27
	Phil Felton	7.36
M45	Joe Johnson	6.95
	Ron Johnson	7.00
	William Overby	7.08
M50	Rich Jones	7.44
	Gene Ballard	7.63
M55	Cliff Pauling	7.78
	Haig Bohigian	7.96
M60	Ross Mitchell	7.81
	Bob Gerlough	8.31
	Ed Cox	8.05
M70	Vern Mattson	8.72

asters News		
M75 Sparks Sorlien W35 Louise Clark W65 Minna Charles	7.59	
200m	15.06	55m
M30 John Burke Fred Feaster	23.48 23.88	M40
M35 Adrian Sterrett Rockdale Hudson	26.79	MSC
M40 Errol Lee Phil Felton	24.60 24.92	Med
M45 Joe Johnson Ron Johnson	24.34 24.37	300 W40 W50
Paul Henry M50 Bob O'Brien	25.73 28.19	W55
M55 Haig Bohigian M60 Tom Talbott	28.71 37.03	M45 800
M65 Ed Cox Jim Dowling	29.42 31.38	W35
M70 Vern Mattson M75 Sparks Sorlien	32.66 37.73	W55
400m M30 Fred Feaster	54.62	M30
M35 Adrian Sterrett M40 Don Hodge	55.12 55.05	M40
Ron McDonald Phil Felton	56.75 56.76	M45 160
M45 Paul Henry Alan Taylor	56.56 56.97	W3:
Rab Hagin M50 Bob O'Brien	57.43 61.51	W50
M55 Cliff Pauling Irwin Bernstein	61.05 65.96	W60
M60 Tom Talbott M65 Jim Dowling	79.75 72.78	M41 55m
W50 Mary Ann Dowlin 600y M30 Vance Rogers		M3 M3
Fred Feaster	1:18.9	M4 M6
M35 Barry Blake M40 Rob Jackson	1:30.84	Lon M41
M45 Joe Demaio Mike Billman	1:27.51	She W3
M50 Ed Small M55 Rich Rizzo	1:25.15	W5
Cliff Pauling M60 Tom Talbott	1:27.47	M5 M7
M30 Doug Miller	2:06.71	High M5
M40 Duane Green Bob Pertak M45 Markus Heidelbe	2:04.57	M6
Joe Demaio M50 Sid Howard	2:19.63	US
M60 Tom Talbott W35 Paula Dcksn-Tay	2:18.82 2:59.51	55
W40 Mary Rosado	2:40.07	M3
Mile M30 Mike McGinley M40 Duane Green Tom Ryan	4:55.92 4:46.93	Ma Ri
	5:08.24 5:22.36	M3 Bea
M45 James Pfaff M50 Sid Howard	5:24.24 5:04.10	Joi M4
M60 Joe Kernan M65 Don Brown	6:49.92	Per
M75 George Jaffe W35 Joan Sterrett	8:39.78 5:32.34	Kai M4
W40 Mary Rosado	5:54.94 6:11.61	Joe Me.
M35 Seth Okrend	10:32.24	Ral M50
M40 Nick Caswell Dan Gonzalez	9:42.28 10:00.24	Ric Wa
M75 George Jaffe	10:50.62 18:18.25	Ba: M5
5000m	113:40.94	La: Ro
M45 Hugh Sweeny 55mH M30 David Olson		Di M6
M40 Ivan Black	8.15 9.58	Bol Jii
High Jump M40 Ivan Black	5-0	Ed M6
M45 Alan Taylor M60 Tom Talbott	5-0 3-0	Ed To
Pole Vault M30 Nick Mitchell M50 Gerald Couniber	12.0	Sar M7:
M50 Gerald Counihan	12-6	Chi
Long Jump M30 Vance Rogers	5.68m	M80
M30 Vance Rogers M35 Rockdale Hudson M40 Dana Harrell	5.18 5.37	Cla Jei
M40 Dana Harrell M45 Mike Billman M50 Bob O'Brien	4.98 4.95	W30 W35 W45
M65 Don Brown M70 Vern Mattson	3.18	W75
M75 Sparks Sorlien	3.56	200 M30
Triple Jump M30 Stacey Burks M40 Ivan Black	10.28 9.34	Fre
M40 Ivan Black M50 Bob O'Brien M55 Haig Bohigian	8.81	Rod M35
M70 Vern Mattson M75 Sparks Sorlien	7.63 7.31	Joh Ben
Shot Put	41-9 3/4	Ton Val
M30 Nick Mitchell M45 Rich Dunphy Ed Fox	39-3½ 35-5½	Fra M40
M55 Richard Deere M60 Pay Carstensen	41-51	Dor Gar
Weight Throw	25	Err Phi
M40 John Casamassim M45 Frank Monroe	a 42-4‡ 35-3‡	Kar M45
M50 Kurt Krastin M60 Pay Carstensen	25-2 41-11	Ron
W50 Roslyn Katz	30-3	Ken

STATINGS.	Roesch Memor Buffalo, NY; Fel	rial Meet bruary 28
-	55m W40 Jo Cross	8.3
No.	M30 Glenn White M40 Horace Hudson A LaFramboise	7.3
3	M50 Chuck La Chiusa	7.4 7.5
	M60 Ted Swanson 300m	7.7
7	W40 Jo Cross W50 Fran Rowe	48.7 1:09
•	W55 Edye Radice M40 Horace Hudson	1:03
3	M45 Ted Sauer	47.4
5	W35 Sylvia Kapturows W50 Fran Rowe	ki 3:34.4 3:52.5
3	W55 Edye Radice W60 Gloria Brown	3:43.5 3:13.1
	M30 Peter DiPirro M35 Gary Raby	2:23.3 2:37.8
MONEY COMPANY OF THE PARTY OF	M40 Horace Hudson Peter Palmer	2:47.8
a de	M45 Ted Sauer 1600m	2:43
Name of	W35 Sylvia Kapturows W45 Choon Hoch W50 Fran Rowe	7:57.3
	W55 Edye Radice W60 Gloria Brown	7:37.6 6:41.5
whereon alpo	M35 Gary Raby M40 Peter Palmer	5:40.5 6:15.3
9	55m Hurdles M30 Glenn White	
STATE OF	M35 John Kapturowski	8.5 9.3 10.6
Salary Salary	M40 A LaFramboise M60 Ted Swanson Long Jump	10.4
	M40 A La Framboise Shot Put	17-2 1/2
handle all property	W35 Nancy La Chiusa	20-3/4 24-8 1/2
Sheed	M40 A. LAFramboise M50 Arnold Harting M70 Al Palmer	07 40 440
Solich !	M70 Al Palmer High Jump	25-1
	M50 Arnie Harting M60 Ted Swanson	4-1 4-3
Kanen L	USATF East Region	nal Masters
Salahan .	Indoor Champi Lehigh U., PA;	onships
STREET, STREET	55m M30	150 A.S. 3
184	Ivan Jordan	Vic 6.67 Sh 6.73
Distant.	Rich Washington M35	un 6.84
Sec. And	Ben James Thomas Jones	un 6.60 un 6.65
Partition .	John Brooks M40	un 6.66
ships.	Pershing Reid Tyrone Gordon Karl Caster	GB 7.02 un 7.30
debable	Karl Castor M45 Joe Johnson	PM 7.31
THE PERSON	Melvin Fields Rab Hagin	MU 7.01 Gln 7.09 GS 7.40
SARAGO.	M50	The second state of the second
音楽を	Richard Jones Walter Thorne Barry Kline	NYP 7.66 PM 7.84
Section.	M55	District Control
STATE OF THE PERSON NAMED IN	Larry Colbert Roosevelt Weaver Dick Ocker	NYP 7.36 Har 7.70
Spirit Pa	M60 Bob Keegan	<b>国生工厂</b> (1)
1	Jim Stookey Ed Benham	PM 7.54 Md 7.73 Md 8.29
Sec.	M65 Ed Cox	Svr 7.93
	Tom Delany Sam Madia	PM 8.16 WP 8.43
de la lace	M7E	No. of Concession, Name of Street, or other Designation of the last of the las
Separate Separate	Gar Schoener Champion Goldy Sparks Sorlien M80	PM 9.18 BAA 9.56
-	Claude Hills	PM 9.77
Spirite Spirite	Jeremiah Gaines W30 Julie Wiedis W35 Marcia Hulse	un 9.78 un 9.83
A STATE	W45 Lorraine Tucke	r un 8.04
	MichaelMarieHi W75 Marj Smith	un 13.75
	200m M30 Fred Feaster	un 23 99
	Fred Feaster Kerry Sloan Rodney Wilson	Syr 24.01
	M35 John Brooks	un 23.26
	Ben James	un 23.39
1	Val Barnwell Frank Williams	NYP 24.32 Vic 25.38
	M40 Dorel Watley	Na 23.89
	Garry Crawford Errol Lee	Gln 24.29 MU 24.73
1	Phil Felton Karl Castor	PM 25.26
1	M45 Joe Johnson	MU 24.55
	Ron Johnson Ken Brinker	MU 24.65 MU 25.07
1	Mel Fields	Gln 25.43

		page 3
8	M50	
638	Walter Thorne Richard Jones	NYP 26.55 un 26.91
	Bob O'Brien	GS 28.34
97	M55	PV 25.75
	Larry Colbert Cliff Pauling	CP 27.13
	John McDonald	un 28.27
B	M60 Jim Stookey	M1 27.80
	Ed Benham	Md 29.46
	Bill Bergen M65	Md 31.13
5	Ed Cox	Syr 30.01
Ē.	Denver Smith	OTH 30.56
Š.	Sam Madia M70	WP 31.01
6	Jim Manno	NJ 31.12
8	John McCarthy	PM 38.82
Ę.	George Blyn M75	PM 43.78
Ē,	Sparks Sorlien	BAA 36.76
	W35 Louise Clark	un 27.55
ž	W40	un 27.55
6	Jennifer Pinto W45	NY 28.70
90	Lorraine Tucker	un 30.74
ě.	W75	
Ē,	Marjorie Smith 400m	un 53.02
1	M30	
E	Fred Feaster	un 53.87
	Kerry Sloan Nick Mitchell	Syr 54.04 WC 55.21
	M35 .	
	Rick Smith James Easter	Bos 53.27
	Don McNeill	un 53.48 un 56.70
	M40	
	Dorel Watley Garry Grawford	Na 53.38 Gln 54.15
Ē	Karl Castor	PM 55.76
F	Karl Castor Phil Felton	PM 56.20
2	M45 Melvin Fields	Gln 56.50
2	Paul Henry	Sh 57.11
Ē	Tim Dickens Bob Ihne	PM 57.69
ē	M50	Sh 57.99
-	Walter Thorne	NYP 58.83
	Larry Simmons Bob O'Brien	PM 60.66 GS 61.59
	M55	
100	Larry Colbert Cliff Pauling	PV 57.54 CP 60.27
000	John Mac Donald	un 62.41
200	M60 Ed Benham	Md 65.98
200	Trom Talbott	NUM 70 01
	Arnold Meardon M65	un 71.3
2	Sam Madia	WP 71.29
	Oscar Harris	PM 76.06
100	M70 Jim Manne	NJ 71.49
2	George Blyn	PM 96.20
8	W35 Louise Clark	
8	Mimi DePietro	un 63.76 IA 65.16
9	W40 Jennifer Pi	nto NY 67.06
	800m M30	
	Lewis Jefferson	NYP 2:15.78
2	Leo Morrisey M35	un 2:45.45
	Rick Smith	Bos 2:07.05
É	MAO	
1	Duane Green Gary Tompkins Mike Blake	CP 2:06.94
ı	Mike Blake	2:13.14
1	Bruce Bond	Bos 2:14.94
I	Al Swenson	Hrt 2:06.62
1	Gary Rust Gary Gordon	Por 2:07.78
1	MSO	un 2:17.71
1	Ed Small	NYP 2:20.80
1	Dennis Pennenga M55	
1	Cliff Pauling Irwin Bernstein	CP 2:23.13
1		GS 2:32.08 PM 2:35.25
1	M60	
	Jim Sutton Larry Dickerson Arnold Meardon	PM 2:23.87
1	Arnold Meardon	un 2:56.04
	M70	W. 2.30.04
	George Blyn W30	PM 3:58.76
3	Marilyn Brandt	Syr 2:34.13
	W35 Mimi DiPietro	TA 2.26 64
9	P'la Dickson-Tayl	run 2:36.54
	Nancy Williams	un 2:41.35
1	Gloria Brown	NC 3:06.73
1	1500m	21.701.73
8	M30 Tony Ruiz	CD 4-15
į	Tony Ruiz Lewis Jefferson Juv'al Rodrig'z	NYP 4:47.92
3	Juv'al Rodrig'z	NJS 5:10.68
	M35 Pete Corcoran	un 4:48.98
1	Tom Yunker	PM 5:01.64
	M40 John Serrao	P 4-22 25
1	Ben Brockwell	P 4:22.25 Sh 4:26.83
1	Dave Patterson	Sh 4:27.79
	M45 Al Swenson	Hrt 4:10.25
	Continued of	n next page
	A STATE OF THE STA	
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Ms

Col

M50 M55 M60

M55

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page 30	
Continued from previous	page   M4
Kevin Smith un 4:5 Bob Weiner PV 4:5	1.80 No
Bob Weiner PV 4:5	2.29 Je M5
Sid Howard CP 4:39 Jerry McFadden PM 5:00	9.84 Ba
Joel Dubow PM 5:12	2.72 M5
M60	Jo Mo
Jim Sutton WR PM 4:43 (Sutton/4:44.39/1992)	.73 M6
M70 Larry Dickerson PV 5:24	.07 Par
George Blyn PV 7:09	.63 Bi
M80 Bill Brobston On 7:26	.98 Der
W30	To
Marilyn Brand Syr#4:18 Karen Lein Lib#4:50	.62 Ed
W.35	M80
Mimi DiPietro J.#4:13 Joan Sterrett WC#4:23	.34 W30
Paula Dcksn-Taylr un#4:37 #lap short/ran 1299m	:47 Jul
W60 Gloria Brown WR NC 5:58	EE Mai
(J Ross/GB/5:59.7/1990)	W4:
3000m M30	Mic Pol
Juv'l Rodrig'z Lib 12:26	.53 M30
Leo Morrissey un 11:42.	Cha
Dave Patrson Sh 9:30. Ben Brockwell Sh 9:49. Denny Mellish un 10:28.	42 M35
Denny Mellish un 10:28.	27 M40
M45	11011
Al Swenson Hrt 9:08. Salih Talib un 9:53. Rich Towett PM 10:56.	13 Ron M45
Rich Towett PM 10:56. Dwayne Wartman un 11:20.	10
MEO	10m
Stan Edelson Sh 10:32. Dick Haines LV 10:44.	58 M50
M60 Larry Dickerson PV 11:47.	Jeri
Jack Nyhan Bos 13:12.	Geor
M70 George Blyn PM 15:21.	M65 Denv
W30	Jack
Karen Lein Lib 12:26.	53 Boo
Gloria Brown AR NC 12:38.	36 M80 Clau
(R Oroege/12:57.2/1989) 55mH	Long
M30 Leon Devero Sh 7.7	M30 Nick
Kerry Sloan Sur 7 0	2 Keri
M35	M35
Eddie Mose Sh 9.0	Edd M40
M40	D-
John P Jones PM 8.9 Pat Crandall PV 8.0 Ivan Black un 10.0	55- Pat
M45	M45
Dan Weller PM 9.4 Mike Owens PM 11.	Dan
M50 Barry Kline PM 8.	M50
Bill Smith un 8.	Doh.
Nate Byrd Pm 9.	M55
Lee Trout Sh 9.	20 Lee M60
George Taylor PM 12.	
Jack Lance GS 15. M65	Pau
Denver Smith OTH 9. Bill Townsend Syr 10.	58 M65
Oscar Harris PM 11.	85 Osc
M70 Ed Lukens Syr 9.	80 M70
W45 MichaelMarie Hill un 10.	Ed
4x220y Relay	M/:
M30 Masters Universe 1:34 (James/Feaster/Brooks/	M80
Barnwell) Club Victory 1:37	Cla
(Holland/Jones/Williams/ Jordan)	Jei W30
M40 Masters Universe 1:37	.79 Jul
(J Johnson/Brinker/Lee/ R Johnson)	Los
Unattached 1:45 (Hagin/Kring/Bixler/Kried	
W30 NY Pioneers 1:59 4x440y Relay	- 11
M40 Phila Masters AR 3:50	).5 Tri
(Felton/Dickens/Castor/ Florant)	Ker
Central Park TC 3:53	
(Perlis/Martinez/Green/ E 4x880y Relay	Bol
M40 Phila Masters 9:2' (Yester/Rossiter/Mayers/	7.54 M40
Tompkins)	Iva Pai
M50 NY Pioneers 9:20 (Shane/Russell/Rizzo/Small	0.85 Tay
High Jump	Cha
M30 Rick Hedrick un 5	-0 Mil
M35 Mark Williamson PV 6	Bol
Jim Fazio PM 5	-8 M5
Bob Doran Syr 5-	-8 Hai
Steve Harkins un 6-	-2 M60
Pat Crandall PV 5-	-4 Jin
Ivan Black un 5-	U I I I
Ivan Black un 5- Ron Salvio ERA 4-	

		National 1
M45		M65 Denver Smith OTH 9.54
Norm Frable Jeff Blatt	un 5-0 PM 5-0	Bill Townsend Syr 8.62
M50 Barry Kline	PM 5-1	Jack Doorlay NYM 7.26
Hans Ehrnstrom M55	Sh 4-1	Ed Lukens AR Syr 9.60 (J Alexander/9.40/1990)
Morton Hahn	un 4-6 3/4 GS 3-10	M75 Sparks Sorlien BAA 7.47
M60 Paul Barndt	un 4-1	M80 Claude Hills PM 6.11
Paul Soraparu Bill Bergen	un 3-10 Md 3-10	W30 Deb Eckhardt GR 5.68
M65 Denver Smith	УГН 4-4½	W70 Libby Hagemann un 4.32
Tom Delany M70	PM 4-1	Shot Put M30
Ed Lukens M80	Syr 4-3	Mark Heckel Val 14.47 Nick Mitchell WC 13.08
Claude Hills W30	PM 3-6	Chad Carmack un 11.81
Deb Eckhardt Julie Wiedis	GR 3-51 un 3-51	Bill Wolverton Sh 14.11 Nick Helfrich PM 9.69
W35 Mary Ellen Malloy		M40 Bob Feeney un 10.01
W45 MichaelMarie Hill		M45 Rich Dunphy GS 12.13
Pole Vault	un 4-3	Frank Monroe GS 9.96
Jerry Dowdy	un 14-0	Paul Morrone un 12.37
Chad Carmack M35	un 14-0	Hans Ehrnstrom Sh 10.83 Jim Pauli OTH 10.76
Jim Fazio M40	PM 10-6	M55 Chuck Yost Syr 11.20
Ken Kring Kevin Donovan	PM 13-0 Syr 11-0	Kurt Krastin NYM 10.02 Morton Hahn GS 6.92
Ron Salvio M45	ERA 9-0	M60 Ray Feick PM 13.03
Rick Holmes Tom Randolph	PM 11-6 PM 10-6	Tom Henderson PM 12.99 Pay Carstensen NYM 11.90
Jim Corrigan M50	PM 9-6	Paul Soraparu un 9.89 M65
Jeff Tindall M60	un 12-0	Al Jankola GS 8.60
George Taylor M65	PM 6-4	Ed Coyle SH 8.24 John McCarthy PM 8.21
The state of the s	OTH 8-6	M75
M70	NM 7-6	Jack Hagemann un 9.22 Eugene Wood PM 8.56
M80	PM 9-6	M80 Claude Hills PM 8.26
Claude Hills Long Jump	PM 5-0	W30 Deb Eckhardt GR 7.02
M30 Nick Mitchell	WC 2.24m	W45 Lorraine Tucker un 9.50
Rick Hedrick	Syr 5.74 un 5.53	MichaelMarie Hill un 9.10 J'hne HillHudgins un 9.05
M35 Rockdale Hudson Eddie Mose	GS 5.58	W50 Roslyn Katz NYM 7.49
M40 Dana Harrell	Sh 5.53	Anne Cirulnick NYM 9.20
Pat Crandall Ivan Black	Bos 5.62 PV 5.48	W70 Libby Hagemann un 6.87
M45	un 5.34	Weight Throw M30
Mike Billman Dan Weller	un 4.99 PM 4.83	Mark Heckel Val 15.40m M35
M50 Bill Smith	un 5.66	Paul Ferency un 16.01m Nick Helfrich PM 7.91m
Bob O'Brien Hans Ehrnstrom	GS 5.06 Sh 3.60	M40 John Casamassima un 12.40m
M55 Lee Trout	Sh 4.93	Ron Salvio ERA 8.46m Bob Feeney un 7.69m
M60 Jim Stookey	Md 4.80	M45 Frank Monroe GS 9.42m
Jack Lance Paul Soraparu	un 3.81 un 3.44	M50 Jim Pauli OTH 12.90m
M65 Denver Smith	OTH 4.72	Hans Ehrnstrom Sh 11.00m M55
Oscar Harris Tom Delany	PM 4.50 PM 4.24	Kurt Krastin NYM 7.62m Morton Hahn GS 4.34m
M70	Syr 4.58	M60 Pay Carstensen NYM 43-9
Ed Coyle	SH 2.57	Ray Feick PM 39-41 Tom Henderson PM 37-3
Sparks Sorlien M80	BAA 3.47	M65
Claude Hills AR (R Meyers/3.15/198		Lev Mozhaev PM 40-3 Al Jankola GS 29-11
Jeremiah Gaines W30	un 1.86	P Eberhardinger un 27-24
Julie Wiedis	un 3.39	Eugene Wood PM 21-11
Lorraine Tucker MichaelMarie Hill	un 4.39	Claude Hills PM 18-9
W70 Libby Hagemann	un 2.24	W30 Deb Eckhardt GR 19-8 3/4 W50 Roslyn Katz NYM 28-10 W55 Anne CirulnickNYM 28-2
Triple Jump	-	W70 Libby HagemannunAR27-71 (Hagemann/26-21/1992)
M30 Kerry Sloan	Syr 11.82	3000m Racewalk
Frank Makozy Rick Hedrick	OTH 11.38 un 10.66	Rupert Ravens NL14:20.06
M35 Bob Doran	Syr 12.36	Howard Rooker un17:38.64 M40 Ray FunkhouserWR Sh 12:40.83
M40 Ivan Black	un 11.27	(R Care/GB/13:08.0/1990)
Pat Crandall Taylor Tunstall	PV 10.97 PM 10.86	Jim Brochin Cn 15:24.90 Alan Robinson PH 16:04.74 Larry Ryan Val 16:48.45
M45 Chas Crewsaw	Har 9.83	M45
Mike Billman M50	un 9.49	Jim Carmines un 14:36.86
Bob O'Brien Hans Ehrnstrom	GS 9.08 Sh 7.55	Norm Frable un 15:03.16
M55 Haig Bohigian	NYM 9.35	Larry Simmons PM 15:19.09 Larry Freeman un 15:46.99
Morton Hahn M60	GS 6.48	Herb Zydek NL 16:20.45 M55
Jim Stookey Pay Carstensen	Md 9.81	Gus Davis Cn 16:34.94
Jack Lance	NYM 8.41 GS 8.09	Jack Boitano Cn 16:28.48

Na	tional N	Masters News	
M65		and the later of t	
The second secon	OTH 9.54	Ed Merrill	PH 17:18.82
Bill Townsend	Syr 8.62	Leo Rivera M65	NL 18:26.63
Jack Doorlay	NYM 7.26	Ed Gawinski	PH 17:18.67
Ed Lukens AR	Syr 9.60	W30 Elaine Perry	NT 10-26 63
(J Alexander/9.40/19 M75	990)	W35	NL 18:26.63
Sparks Sorlien	BAA 7.47	Ellen Marshall	PH 16:04.00
M80 Claude Hills	PM 6.11	Gloria Rawls Suzan Maxey	WV 17:06.80 Cn 19:36.06
W30	PM 6.11	W40	
Deb Eckhardt W70	GR 5.68	Phyllis Hansen Pat Weir	Sh 15:41.24 Sh 16:17.11
Libby Hagemann	un 4.32	Chris Hunziker	Cn 18:14.61
Shot Put		W45 Kathy Frable	PV 17:09.99
M30 Mark Heckel	Val 14.47	Donna Cetrulo	Sh 17:33.34
Nick Mitchell	WC 13.08	Queenie Thompson	NT. 22:36 64
Chad Carmack	un 11.81	Team Winners	
Bill Wolverton	Sh 14.11	30-39 Syracuse Ch	argers/40-49
Nick Helfrich	PM 9.69	Phila Masters/50 ters/60+ Phila Ma	sters/
140 Bob Feeney	un 10.01	Overall: Phila Ma	
145	THE STATE OF	BAA=BostonAARC/Bo	s=BostonRC/
	GS 12.13	CP=Central Park/O ERA=Team ERA/FS=F	n=ConnRW/
150	GS 9.96	GS=Garden StateAC	/Gln=Glen-
	un 12.37	arden/GB=Greater	Boston/Har=
lans Ehrnstrom	Sh 10.83 JTH 10.76	Harrisburg/Hrt=Har IA=Irish-American	/LV=Tehigh
155	NAME OF TAXABLE	Valley/Lib=Liberty	v/Md=Mary-
	Syr 11.20	land/MU=Masters of	f Universe/
and the second s	GS 6.92	MH=Mid-Hudson/Na=1 NL=Natural Living	/NJS=NJ
60	OF PARTY	Striders/NYM=NY Ma	asters/NYP=
	PM 13.03 PM 12.99	NY Pioneers/NY=NY Nickel City/On=Ont	teora AC/
ay Carstensen N	YM 11.90	OTH=OverTheHill/PC	C=Perry
aul Soraparu 65	un 9.89	County/PH=PHAST/PM Masters/P=PoconoAC	M=Phila
Colored Market State of the Sta	GS 8.60	land/PV=Potomac VI	ly/Sh=Shore
70		AC/SH=So. Hudson/S	SVI=SVIACUSE
	SH 8.24 PM 8.21	Chargers/un=unatta Valhalla/Vic=Club	ched/Val=
75	IM 0.21	Westchester/WP=Wes	st Penn/WV=
ack Hagemann	un 9.22	Wyoming Vly	
	PM 8.56	Control of the Contro	0.14
BO laude Hills	PM 8.26	Finger Lakes T Ithaca, NY; Ma	
30		55m	
eb Eckhardt (	GR 7.02	Jacaranda Henkel	30 9.9
orraine Tucker	un 9.50	Carl Cappello	42 57.4
14	un 9.10 un 9.05	Joe Reynolds	48 66.8
50		Wendy Cappello Tom Rishel	W39 71.2 52 75.9
oslyn Katz N 55	YM 7.49	Tom Rishel Katy Gottschalk Jacaranda Henkel	W52 78.1
	YM 9.20	MITTE	30 87.6
70 ibby Hagemann	un 6.87	Casey Carleton	34 4:33.4
eight Throw	ui. 0.07	Ben Cardanone Carl Cappello Reinhold Wotawa Sean Curley Joe Contano David Boor	30 4:46.9
30 ark Heckel Val	15.40m	Reinhold Wotawa	43 4:56.5
35	STATE OF THE PARTY	Sean Curley	30 5:01.6
aul Ferency un ick Helfrich PM	16.01m	David Boor	35 5:30.4
ick Helfrich PM	7.91m	David Boor Cal Loomis Jim Zollweg Wendy Cappello	53 5:48.0
ohn Casamassima un	12.40m	Wendy Cappello	32 5:55.6 W39 6:02.3
on Salvio ERA ob Feeney un	8.46m	Tony ruttand	37 0.23.0
The state of the s	White Company of the	Dillon Maier	58 6:31.8
rank Monroe GS	9.42m	Vladimir Krutikov Marv Eisenstein	55 9:20.8
im Pauli OTH	12.90m	Mary Eisenstein	6410:17.2
ans Ehrnstrom Sh	11.00m	3000m	AND RESIDENCE
urt Krastin NYM	7.62m	Tom Carter Reinhold Wotawa	43 10:36.9
orton Hahn GS	4.34m	Jim Zollweg Joe Reynolds Ben Cardamone Cal Loomis Chuck Collins	48 11:02.6
60 Tay Carstenson NVM	43-0	Ben Cardamone	30 11:08.8
ay Carstensen NYM ay Feick PM	1 39-41	Chuck Colline	59 12:17.9
om Henderson PM	37-3		
65 ev Mozhaev PM	1 40-3	Tony Farrand James Miner	57 13:03.2
l Jankola GS	29-11	Vladimir Krutikov	55 17:45.1
770 Eberhardinger un	27 21	Mary Eisenstein	64 19:26.9
175	21-23	Creates Destant	TOM
Augene Wood PM 180	1 21-11	Greater Rochester Rochester, NY; M	
	18-9	The second of the second of the second	nai Cii Zi
Claude Hills PM /30 Deb Eckhardt GR	19-8 3/4	45m M30 Barry Grimes	5.48
750 Roslyn Katz NYM 755 Anne CirulnickNY	1 28-10 M 28-21	M40 Greg Bennett	5.96
70 Libby Hagemannun	AR27-7-	W30 LuAnn VanPeurs 400m	sen 7.00
Hagemann/26-21/1992 3000m Racewalk		M30 Pete VanPeurse	n 71.4
435	May 15	M40 Andrew Christi	ie 60.3
	4:20.06	M50 Jim Palmeri W30 Marcia Wallace	65.84
140	Side of the Control o	3000m	
Ray FunkhouserWR Sh	12:40.83	M30 Ray Stemmer M40 Bill McMullen	9:21
(R Care/GB/13:08.0/1 Jim Brochin Cn	15:24-90	M50 Joe Abernethy	10:31
Jim Brochin Ch Alan Robinson PH Larry Ryan Val	16:04.74	W30 LuAnn Van Peur	rsen 14:19
Arry Ryan Val	16:48.45	W50 Yvonne Fraser High Jump	
	13:21.99	M30 Jim Taylor	5-4
Jim Carmines un Norm Frable un	14:36.86	M30 Jim Taylor M40 Dick O'Riley M50 Ron Leffler	4-10 4-2
100	13:03.16	W30 Marcia Wallace	e 4-4
	15:19.09	LONG Jump	
	15:46.99 16:20.45	M30 Ken Switnicki M40 Dick O'Riley W30 Marcia Wallace	16-9
100	16:34.94	W30 Marcia Wallace Shot Put	e 13-3
NO DOVIS CO	10:34.94	W20 74 - P 1	

Striders/NYM=NY Ma	sters/NVP-	
NY Pioneers/NY=NYT Nickel City/On=Ont	C/NC=	
OTH=OverTheHill/PC	=Perry	
County/PH=PHAST/PM	=Phila	
Masters/P=PoconoAC land/PV=Potomac V1	/Por=Port-	
AC/SH=So. Hudson/S	VY=SVYACUSO	
Chargers/un=unatta	chod/Val-	
Valhalla/Vic=Club	Victory/WC=	
Westchester/WP=Wes Wyoming Vly	t Penn/WV=	
Name of the Party		
Finger Lakes TO		
Ithaca, NY; Mai	rch 21	
55m Jacaranda Henkel	30 9.9	
400m	30 9.9	
Carl Cappello	42 57.4	
Joe Reynolds Wendy Cappello	48 66.8 W39 71.2	
Tom Rishel	52 75.9	
Katy Gottschalk Jacaranda Henkel	30 87.6	Š
Mile		
Casey Carlston Ben Cardamone	34 4:33.4	
Carl Cappello	30 4:46.9 42 4:54.3	
Reinhold Wotawa	43 4:56.5	
Sean Curley Joe Contano	30 5:01.6 39 5:05.8	8
David Boor	35 5:30.4	1
Cal Loomis	53 5:48.0 32 5:55.6	1
Jim Zollweg Wendy Cappello	32 5:55.6 W39 6:02.3	1
Wendy Cappello Tony Farrand	57 6:29.0	•
Dillon Maier	58 6:31.8	
Diane Sherrer Vladimir Krutikov	W41 6:41.1 55 9:20.8	•
Mary Eisenstein	6410:17.2	,
3000m		
Tom Carter Reinhold Wotawa	40 8:56.2 43 10:36.9	i
Jim Zollweg	32 10:43.5	1
Joe Reynolds	48 11:02.6	
Ben Cardamone Cal Loomis	30 11:08.8	1
Chuck Collins	53 12:17.9 59 12:44.6	
Diane Sherrer Tony Farrand	W41 12:46.0 57 13:03.2	ľ
James Miner	44 15:07.2	-
Vladimir Krutikov	55 17:45.1	i
Mary Eisenstein	64 19:26.9	1
Greater Rochester	TC Meet	
Rochester, NY; M		58
45m		F.
M30 Barry Grimes M40 Greg Bennett	5.48	
W30 Luann VanPeurs	5.96 en 7.00	1
400m	7.00	
M30 Pete VanPeurse		1
M40 Andrew Christic M50 Jim Palmeri	e 60.3 65.84	1
W30 Marcia Wallace	80.0	100
3000m		
M30 Ray Stemmer M40 Bill McMullen	9:21 9:36	1
M50 Joe Abernethy	10:31	
W30 LuAnn Van Peur W50 Yvonne Fraser	sen 14:19	
High Jump	13:21	
M30 Jim Taylor M40 Dick O'Riley	5-4	
M40 Dick O'Riley M50 Ron Leffler	4-10	
W30 Marcia Wallace	4-2	
Long Jump		1
M30 Ken Switnicki M40 Dick O'Riley	17-5 16-9	
W30 Marcia Wallace	13-31	
Shot Put		
M30 Jim Taylor M40 Dick O'Riley	32-10 33-4	
M50 Chuck Yost	35-5	

# SOUTHEAST

# 1993 Florida Senior Games Championships - Bradenton,

FL.; March 20			
100	Yard Dash		
	Thomas Estes	13.25	
	Richard Miller	13.27	
	Tony Murguia	13.66	
M60	Rudy Enders	14.20	
	David Slocum	14.53	
	Earl Bailey	14.57	
M65	Roy Chernock	13.60	
	Ray Armstrong	14.15	
	Gene Nowell	14.58	
M70		14.54	
	Edwin Krakenberg	15.56	
	James Skinner	16.49	
M75	Nat Heard	15.67	
	Gene Abdenour	15.87	
	Leonard Stone	26.05	
W60	Ethel Lehmann	16.40	
	Elizabeth Sjogren	18.00	
W65	Jean Udell	18.15	
	Ann Edgington	21.00	
W70		22.11	
	Marge Pritchard	24.18	
	Arlene Bremer	26.50	
W75	Gerirud Zint	24.26	
	Helen Gorges	29.41	
200	Wand Back		
	Yard Dash Thomas Estes		
MOO		27.92	
	Tony Murguia	29.46	
MEO	Maurice Thompson	33.11	
M60	Rudy Enders	27.92	
MCE	Earl Bailey	31.70	
M65	Roy Chernock	29.56	
Macra	Ray Armstrong	30.21	
HENE	John Kaelberer	31.46	
M 70	Vernon Mattson	31.98	

# M70 Vernon Mattson Edwin Krakenberg M75 Nat Heard Gene Abdenour M80 Dick Lacey W60 Ethel Lehmann W65 Jean Udell Virginia Lemoine W70 Mora Arnold

Arlene Bremer

33.18 34.52 35.15 41.95

38.49 41.52 49.25 69.50

70.66

n 21	THE RESIDENCE OF THE PARTY OF T
	440 Yard Dash
30 9.9	M55 Tony Murguia 70.30
30 3.3	James Simpson 72.77
42 57.4	M60 David Lockett 71.33
	Herbert Bittner 98.16
48 66.8	M65 Ray Armstrong 72.34
W39 71.2 52 75.9	John Kaelberer 74.83
W52 78.1	Gene Nowell 77.70
30 87.6	M70 Edwin Krakenberg 78.69
ACTION OF THE REAL PROPERTY.	M75 Nat Heard 93.25
34 4:33.4	Bentrom South 93.31
30 4:46.9	W60 Ethel Lehmann 93.07
42 4:54.3	W65 V. Lemoine 1:58.65
43 4:56.5	W70 Melanie Paschal 1:44.03
30 5:01.6	
39 5:05.8	880 Yard Run
	M55 Bailey Abernathy 2:29.0
35 5:30.4	James Simpson 2:46.6
53 5:48.0	M60 David Rider 2:49.3
32 5:55.6	Mike Morando 3:20.9
39 6:02.3	M65 John Kaelberer 2:39.1
57 6:29.0	Carl Hammen 2:51.4
58 6:31.8	Gene Nowell 3:26.3
41 6:41.1	M70 James Skinner 3:57.3
55 9:20.8	Foster McFadden 5:46.7
6410:17.2	W65 Pepper Davis 3:38.9
	One Mile Run
0 8:56.2	
3 10:36.9	M55 Bailey Abernathy 5:52.7
2 10:43.5	M65 John Kaelberer 6:05.2
8 11:02.6	Carl Hammen 6:32.6
0 11:08.8	John Weidner 7:59.8
3 12:17.9	M70 Ned Bennett 7:43.7
9 12:44.6	James Skinner 8:58.9
1 12:46.0	W70 Melanie Paschal 8:00.5
7 13:03.2	Mora Arnold 9:52.6

46.0	W70 Melanie Paschal 8:00.5
03.2	Mora Arnold 9:52.6
07.2	One Mile Walk
45.1	M55 Al Clowser 10:21.0
26.9	M60 Robert Fine 8:39.0
20.5	George Wich 11:09.0
Contractor.	Thomas Scott 11:41.0
et	
1	M65 William Lonroth 11:39.0
	C. Quinto 11:57.0
	M70 Carter Wattman 11:39.2
.48	Arthur Lemoine 12:27.0
.96	M75 Martin Peterson 10:21.0
.00	Louie Aiello 11:11.0
Contract of	Lou Pesca 13:01.0
1.4	M80 Elmar Jarvesoo 12:21.0
0.3	100 Bind Daivesoo 12:21.0
5.84	W55 June Provost 9:17.9
80.0	Margaret Peskan 11:52.0
AND ST	Irene Greene 12:44.0
1:21	W60 Bonnie Vaughan 10:13.4
:36	W65 Helen Lonroth 11:46.7
1:31	W70 Marge Pritchard 12:33.2
1:19	Mildred Bowman 13:00.4
3:21	Mora Arnold 13:13.0
2015	W75 Carol Appleby 12:58.1
5-4	mis caror apprend 15:28.1
-10	5K Walk
1-2	M55 Al Clowser 33.57 1
1-4	M60 Robert Fine 29:37.6
4	M65 William Lonroth 37:02.4
7-5	M75 Lou Pesca 45:22.4
6-9	W55 June Provost 29:37.2
3-31	
2-24	W60 Bonnie Vaughan 33:09.0 W65 Helen Lonroth 38:15.0
32-10	W65 Helen Lonroth 38:15.0
33-4	Daibara Reddie 41:15.9
35-5	W70 Marge Pritchard 40:21.2
22-2	W75 Carol Appleby 41:20.8
	The state of the s

May	, 1993
Javelin	Contract of the
M55 Robert Cseh Chet Guzik	104-4
Don North	98-5
M60 Rudy Enders Bill Gentry	144-0
Larry Flekchman	105-9
M65 Dick Klein Dennis Edgington	96-6 59-4
M70 Don Hull Henry Klimecki	71-7
Sid Duckman	55-5
M80 Ernest Dennison Mike Calvin	55-6
Elmar Jarvesoo M85 Joseph Nitsch W55 Kate Perry Shirley Smith Erica Messner	53-8
W55 Kate Perry	87-7
Shirley Smith	81-7
W60 Ethel Lehmann	81-10
Woo Harriet Boyd	33-0
W70 Marge Pritchard	24-6
W75 Gerirud Zint Helen Gorges	45-6 36-5
Long Tump	
M55 Thomas Estes Gary Shoemaker	14-104
N. Delaneuville	13-094
M60 Rudy Enders	15-3
David Lockett David Rider M65 Roy Chernock	12-085
M65 Roy Chernock William Lonroth	13-5
M70 Vern Mattson	12-02%
Don Hull	8-115
M75 Foster McFadden M80 Ernest Dennison	
W55 Shirley Smith	11-084
W65 Marge Pritchard	3-104
W75 Gerirud Zint Helen Gorges	5-8 3/4
High Jump	
M55 Maurice Thompson Gary Shoemaker M60 Bill Gentry	4-6
M60 Bill Gentry Larry Fleischman	4-6
Fletcher Battle	4-4
M65 Dennis Edgingtor M70 Sid Duckman	3-10
. Vern Mattson	4-2 3-8
Don Hull M75 W. Ragland	3-4 3-8
Foster McFadden	3-0
M80 Dick Lacey Ernest Dennison	3-4
W55 Shirley Smith W60 Ethel Lehmann	3-2 3-8
W65 Jean Udell	3-2
W75 Helen Gorges Shot Put	2-8
M55 Laurence Gorton	34-0
Chet Guzik Don North	33-0
M60 Reed Quinn Roy Edward	36-7
Jim Brady	35-0 33-6
M65 Dennis Edgington William Lonroth	25-7 23-4
M70 William Nettles	36-3
Robert Ettig Donald Hull	32-6 25-4
M75 Tom McDermott	32-5
Gene Abdenour M80 Ernest Dennison	30-4 27-2
Mike Calvin Elmar Jarvesoo	22-7
W55 Erica Messner	22-6 29-10
Shirley Smith Doris Wilson	27-0
W60 Elizabeth Sjogre	
W65 Harriet Boyd Jean Udell	22-8 17-1
W70 Mora Arnold	18-3
W75 Gerirud Zint	16-7 21-0
Helen Gorges	16-3
M55 Donald North	93-105
Chet Guzik	93-064
Al Clowser M60 Edward Roy	87-07 116-10
Reed Quinn	116-085
Curtis Gould M65 Dick Klein	72-02 83-10
Dennis Edgington	80-11
William Lonroth M70 William Nettles	76-01 100-045
Robert Ettig Donald Hull	90-075
M75 Tom McDermott	73-02 99-00
Gene Abdenour M80 Ernest Dennison	90-06
Mike Calvin	81-03 60-09
Elmar Jarvesoo M85 Leonard Stone	56-03\ 62-04
Joseph Nitsch	51-105
W55 Erica Messner Shirley Smith	81-06
our cu	
Kate Perry	68-10
W60 Ethel Lehmann	60-07 60-064
W60 Ethel Lehmann W65 Harriet Boyd Jean Udell	60-07 60-064 51-024 47-00
W60 Ethel Lehmann W65 Harriet Boyd Jean Udell W70 Marge Pritchard Mora Arnold	60-07 60-064 51-024 47-00 47-06
W60 Ethel Lehmann W65 Harriet Boyd Jean Udell W70 Marge Pritchard	60-07 60-064 51-024 47-00

Continued on next page

23.59

48.89

3:50.30 3:54.50

4:07.20

3-10

12-0 12-6

19-2 18-3

37-8 35-3

35-1

31-8 38-4 24-0

35-1

111-3 74-7 115-3

115-6 81-7 78-1

70-8

140-3 96-5 77-9 79-10 81-3

31:32

26:44

36:52

35:15

26:08

27:20

86-10

5000m M65 Spido Webb M75 Norton Jacobs

High Jump M40 Ed Baskauskas

Wayne Roberts
Pole Vault
M30 Paul Sinatra
Mike Garzillo

M45 Roger Wernen
M75 Jim Vernon
Long Jump
M40 Roger Trujillo
M45 James Manor

M70 Don Saunders Triple Jump M40 Roger Trujillo M45 James Manor

MSO Tom Tate
Rasal Young
MSS Dennis Rietz
Steve Biddinger
M60 Tom Slattery
M65 Mike Orlich

Spido Webb M70 Hal Cronkhite

Bob Stone M75 Ross Carter Jim York W40 Joan Stratton

Discus M50 Rasal Young

Tom Tate
MSS Dennis Rietz

M60 Tom Slattery M65 Mike Orlich Spido Webb M70 Bob Stone

Hal Cronkhite

Shot Put M50 Tom Tate

4x100m Relay Jaguar TC 4x400m Relay SF TC

Jaguar TC Spartan TC

M50 Tom Tate

C	ontinued from previous pag
	Virginia Masters Indoor
	Championships
.55	Lexington; March 6

Championship	e de la constant
Lexington; March	
-55m	10
M30 Trace Barnette	6.98
M35 John Dyer	6.70
M40 Keith Witherspoor	6.48
Jeff Hughes	6.80
M50 David Ayers	7.60
M55 James Bradley M60 Jesse Johnson	8.34
Mark Richards	8.02
M65 Don Grey	8.46 8.95
M70 Joe Martin	8.87
W30 Cheryl Billlings	lev10.66
W45 Maria Hunt	9.86
W65 Leonore McDaniel	s 9.30
300m	
M30 Trace Barnette	41.11
M40 K Witherspoon	38.61
M55 James Bradley M60 Russ McDaniels	49.15
W45 Maria Hunt	57.29 70.52
400m	70.52
M35 John Dyer	58.00
M40 K Witherspoon	56.70
John Tucker	56.70
M45 David Bailey	66.54
M55 James Bradley	72.52
800m	Order to
M45 David Bailey	2:25.6
M70 John Bays	3:36.45
1500m	5:09.83
M30 Bill Benson M70 John Bays	6:57.20
5000m	0.37.20
M30 Bill Benson	19:42
M35 David Millon	17:19
M70 John Bays	25:30
55mH	
M30 Mark Monti	7.70
M35 Dan Gormley M40 Keith Witherspoo	9.23
M40 Keith Witherspoo	on 7.70 9.52
M45 Mike Weaver M50 Mike Valle	10.38
M60 Mark Richards	11.20
W65 Leonore McDanie	
High Jump	
M30 Bob Shelton	5-10
M35 Dan Gormley	5-2
M45 Roger Brinkley	3-10
M50 Mike Valle	4-6
M60 Russell McDanie	
Mark Richards	4-0
M65 Norb Weckstein W65 Leonore McDanie	3-6 1e 4-0
Pole Vault	15 4-0
M30 Mark Spenik	13-0
Lewis Affronti	12-0
THE RESIDENCE AND ADDRESS OF THE PARTY OF TH	

Masters Women

Mary Hiatt, 46

Jeannine L Naslund, 41

Linda L Schissel, 44 Jeannine L Naslund, 41

Jeannine L Naslund, 41 Mary Hiatt, 46

Diane Stoneking, 45 Linda L Schissel, 44

Carol Klitzke, 46

Russ Anteronen, 44 George Labelle, 53 Jim H Peterson, 58 Ronald P Predovich, 50

Ray Eiland, 60 Emil Gottlob Balz, 74

Russ Anteronen, 44
John D Naslund, 42
Arthur D Maillet, 50
Jim H Peterson, 58
George Labelle, 53
Emil Gottlob Balz, 74

Shawn Regan, 42 Arthur D Maillet, 50 Lloyd L Young, 69 Emil Gottlob Balz, 74

John D Naslund, 42 Tim Zb kowski, 41

Thomas O'Shaughnessy, 49

Larry Brant, 63 11.2 Thomas O'Shaughnessy, 49 11.3

Thomas O'Shaughnessy, 49 49.1

55 Meter Dash

800 Meter Run

Masters Men

55 Mcter Dash

200 Meter Dash

400 Meter Dash

the off or freedometric affilial in a continuous freedometric	100
M50 David Ayers	10-0
M65 Don Grey	7-0
W65 Leonore McDaniels	
	0-01
Long Jump	
M30 Bob Shelton	20-2
M40 Keith Witherspoon	
M45 Roger Binkley	11-74
M50 Mike Valle	13-10
M55 James Bradley	13-51
M60 Russ McDaniels	11-61
Mark Richards	10-4
M65 Don Grey	10-4
W65 Leonore McDaniels	12-2
Triple Jump	MADE:
M30 Trace Barnette	39-10
M40 Keith Witherspoon	45-71
M50 Mike Valle	30-21
M60 Russ McDaniels	22-10
W65 Leonore McDaniels	23-51
Shot Put	book in
M30 Bob Shelton	36-6
M45 Nick Nichols	37-6
M50 Glenn A Johnson	42-7
Mike Valle	38-7
M60 Ned Curran	28-2
The state of the s	5

# **Darlington County**

Senior Games	
Darlington, SC; Apr	H 3
50m	
M55 Don Anderson	7.79
M60 Albert Suggs	8.16
M70 Clip Clippenger	12.20
100m	000000000
M55 Don Anderson	14.36
M60 Albert Suggs	16.64
M70 Clip Clippenger	22.15
400m	Smooth.
M60 Mike Michel	1:29.7
M70 Clip Clippenger	2:08.9
800m	Continue.
M70 Clip Clippenger	4:58.5
Shot Put	THE PARTY OF
M55 Don Anderson	10.11m
M60 Bill Patrick	9.67
M65 John Snaden	7.06
M70 Clip Clippenger	5.94
M75 Franklin Weaver	5.86
Discus	Mary 2
M55 Don Anderson	26.74
M60 Bill Patrick	32.52
M65 John Snaden	18.41
M70 Clip Clippenger	10.97
M75 Franklin Weaver	10.36
5000m Racewalk	
M60 Mike Michel	32:21
M65 John Snaden	38:08
M70 Clip Clippenger	51:32
W60 Iris Huggens	43:46
THE BOARD AND THE	

**MID-AMERICA** 

USA Track & Field/Minnesota Championships

February 27, University of Minnesota Fieldhouse

2:58.6 Mile Run

6.00 8

6:03.8

33.3

111.9

3 Rick Recker, 44 4 Arthur D Maillet 9.7 6 Bill C Fraser, 63 10.4 7 Emil Gottlob Ba

Arthur D Maillet, 50 Bill C Fraser, 63 Lloyd L Young, 69 Emil Gottlob Balz, 74

John D Naslund, 42

2 Rick Kleyman, 53 3 Thomas Eisenrich, 41 4 Gary DeFrance, 59 5 Arthur D Maillet, 50

3000 Meter Run

55 Meter Hurdles

8.2 Mile Racewalk 8.6 Gary Westrund, 42 10.3 Gary Westrund, 42 11.2 Downle II Walker,

Long Jump 1 George Labelle, 53

Shot Put

55.8 High Jump

53.8 High Jump
67.6 1 Daniel Labelle, 46
74.1 1 Tom Langenfeld, 57
87.5 3 Jim H Peterson, 58
4 George Labelle, 53
Larry Brant, 63

2:11.4 1 Philip J Johnson, 43 2:19.5

Pole Vault

1 George Labelle, 53 2 Jim H Peterson, 58

cary westring, 42
Dcwayne II Walker, 50
David Bickel, 51
Tim E Melody, 45
Greg Gephart, 44

1 Ronald P Predovich, 50 2 Daniel Labelle, 46 3 George Labelle, 53 4 Jim H Peterson, 58

8 Thomas O'Shaughnessy, 49

Thomas Eisenrich, 41 9:14.3 Albert E Andersen, Jr, 45 10:42.5

# **SOUTHWEST**

#### 4th Annual Lubbock **Christian University** Masters Track Meet Lubbock, TX; March 6

200M Dash M30 Rich Wendling M35 David Joyner

N40 Tom Thompson Robert Hahn

M45 Randy Allen	29.41
M50 Steve Ireland	28.67
Mike Kendall	29.15
M55 Jimmy Weaver	26.21
Tony Deatherage	27.35
James Dixon	36.28
M60 Andy Anderson	28.31
Joe Sunnerlin	29.39
M65 Bill Bowers	29.35
W50 Mary Luker	30.72
Marion Coffee	40.81
400M Dash	
M40 Tom Thompson	54.70
M45 Randy Allen	1:05.00
M60 Andy Anderson	1:06.26
M65 Bob Wingo	1:17.49
BOOM Deal	
800M Dash	Dollar Tall Tall
M35 Rick Easley	2:03.31
Steve Crurak	2:10.59
James Reppert	2:12.91
N40 Kerry Jones	2:28.54
M45 Pandy Allen	3:14.94
M50 Rod Blackwood	
	3:47.63
M55 David Lard	2:29.50
1600M Run	
M35 Steve Czurak	5:25.45
Bill Harn	5:50.15
Nike Plores	5:38.54
M40 David Rodrigues	
Kerry Jones	6:09.66
M50 Mike Kendall	6:33.34
MSS David Lard	5:45.16
M60 Don Sanderson	6:37.34
Print of the document of the same	100 C 100 C
3200M Run	
M35 Bill Harn	11:19.45
J. Sammerron	12:59.93
M40 Tom Nisbett	12:05.99
M45 Randy Allen	13:22.34
M50 John Eshley	13:28.09
M55 Martin Haras	13:57.74
James Dixon	16:14.15
M60 Don Sanderson	13:57.80
M70 Joe Nisbett	17:53.72
W40 Caylene Caddell	
The way to be a standard to the	
55M Hurdles	
M30 Rich Wendling	9.22
M40 Robert Hahn	8.56
M50 Steve Ireland	9.52
Mike Kendall	12.07
M55 Malcolm Barret	
W50 Mary Luker	10.61
Linda Reichl	21.75
55M Dash	
	£ 00
M30 Rich Wendling	6.99
M35 Gary Martin	7.57

# 1600M Racewalk M30 Samuel Ayers 9:03.33 M45 Jerry Whitten 8:56.16 W50 Linda Reichl 11:58.62 WEST

M35 Gary Martin M40 Robert Hahn M45 Randy Allen

M50 Mike Kendall

Billie Durham

Malcolm Barrett

M55 Jimmy Weaver Tony Deatherage

M60 Joe Sunnerlin

Andy Anderson Don Sanderson M65 Bill Bowers

W50 Mary Luker Marion Coffee

Linda Reichl

Bob Wingo W40 Lou Bloxus

7.57

8.26

63.34

2:23.9

2:48.1

3:18.7

4:52.7

4:55.3 5:30.7 5:33.0

5:35.8

8:01.7 8:45.5 9:00.0

9:01.0

38-0

32-9

5-0 5-0 4-2

12-0

#### California Senior Olympics Palm Springs; February 13-14

100m	
M50 Steve Robbins	11.41
M55 Ed Oleata	12.60
M60 Bruce Springbett	12.96
M65 Oscar Maldonado	14.51
M70 Ted Parrish	15.87
M75 Alfred Guidet .	15.11
M80 Bert Morrow	17.04
M85+Paul Bernd	27.71
W50 Paula Chiodo	25.86
W55 Christel Miller	16.07
W60 Joyce Franks	19.08
W65 Joan Gunn	23.73
W70 Wilma Davenport	21.14
W75 Isobel Cunningha	m 19.19
W85+Rose Monda	28.40
200m	
M50 Steve Robbins	23.23
M55 Milton Newton	27.17
M60 Bruce Springbett	27.43
M65 Rodney Brown	30.71
M70 Thomas Pico	34.76
M75 Alfred Guidet	32.17
M80 Bert Morrow	36.82

M85+Paul Bernd

W55 Fei-Mei Chou

	and the same of
W60 Joyce Franks	42.55
W65 Joan Gunn	57.18
W70 Ruth Talley	49.17
W75 Isobel Cunningha	
W85+Rose Monda	67.11
400m	
M50 Alan Olson	57.80
M55 Stan King	62.87
M60 Bruce Springbett M65 Rodney Brown	68.33
M65 Rodney Brown	70.93
M70 Felix Jumonville M75 Pete Ganahl	72.35
M75 Pete Ganahl	85.56
M80 S L Allen	2:28.02
M85+Paul Bernd	2:27.93
W50 Helen Geoffrian W60 Nessie Hollicky	1:35.20
W60 Nessie Hollicky	1:21.60
W65 Joan Gunn	2:42.27
800m	SIE TO THE
M50 Everett Murdock	2:43.72
M55 Ralph Harms	2:34.57
M60 Robert McGowan	2:30.12
M65 Rodney Brown	2:57.68
M70 Joe Fleischman	3:22.95
M75 James Vines M85+Paul Bernd	4:16.21
M85+Paul Bernd	5:37.88
W50 Helen Geoffrian	3:59.66
W60 Eleanor Wallace	4:02.93
W60 Eleanor Wallace W65 Corlie Thomson	4:33.77
1500m	
M50 Everett Murdock	5:33.86
M50 Everett Murdock M55 Ralph Harms	5:06.72
M55 Ralph Harms M60 Phil Williams M65 Milo Sather M70 Willia Greenway	5:30.61
M65 Milo Sather	5:51.85
M70 Willis Greenaway	5:55 51
M75 Ed Fong	8:04.94
M85+Paul Bernd	11:00.3
WS5 Botty Company	7:29.58
W55 Betty Sampson W60 Eleanor Wallace	7.27.43
High Jump	7:27.43
MEO Bromote Municipal	
M50 Everett Murdock M55 Phil Fehlen	4-0
MOS Phili Fenien	5-4
M60 Dave Douglass M65 Dewey Broom	4-4
Mos Dewey Broom	3-10
M70 Vic Jones M75 Pete Ganahl M80 Les Holmquist	3-10
M/5 Pete Ganahi	3-8
M80 Les Holmquist	3-4
W55 Christel Miller	3-10
Long Jump	
M50 Everett Murdock	13-10
M55 Lowell Bonifield	
M60 Arnold Ray	14-0
M60 Arnold Ray M65 Dewey Broom	13-2+
M70 Morgan Bartlett	13-21 Sr11-91
M70 Morgan Bartlett M75 Clarence Trahan W60 Magdalene Kuehnw W65 Gloria Baumann W70 Wilma Davenport	13-2\frac{1}{5\text{r11-9\frac{1}{2}}} 10-7\frac{1}{2} 10-10\frac{1}{2} 9-9\frac{1}{2} 7-1\frac{1}{2}
M70 Morgan Bartlett M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda	13-21 Sr11-91
M70 Morgan Bartlett: M75 Clarence Trahan W60 Magdalene Kuehnw W65 Cloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put	13-24 Sr11-95 10-75 e 10-105 9-95 7-15 5-1
M70 Morgan Bartlett M75 Clarence Trahan W60 Magdalene Kuehnw W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M60 Wayne Cassity	13-21 Sr11-91 10-71 e 10-101 9-91 7-11 5-1
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller	13-2\frac{1}{5\text{Sr11-9\frac{1}{2}}} 10-7\frac{1}{2}\text{e} 10-10\frac{1}{2} 9-9\frac{1}{2} 7-1\frac{1}{2} 5-1 33-11 37-8\frac{1}{2}
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller	13-2\(\frac{1}{6}\)\(\frac{13-2\(\frac{1}{6}\)\(\frac{11-9\(\frac{1}{2}\)}{10-7\(\frac{1}{2}\)\(\frac{10-10\(\frac{1}{2}\)}{20-1\(\frac{1}{2}\)}\(\frac{7-1\(\frac{1}{2}\)}{5-1}\) 33-11 37-8\(\frac{1}{2}\) 39-4
M70 Morgan Bartlett: M75 Clarence Trahan W60 Magdalene Kuehnw W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor	13-2\frac{1}{5}\text{Sr11-9\frac{1}{2}}\text{10-7\frac{1}{2}}\text{10-10\frac{1}{2}}\text{9-9\frac{1}{2}}\text{7-1\frac{1}{2}}\text{5-1}\text{33-11}\text{33-11}\text{37-8\frac{1}{2}}\text{39-4}\text{39-3}
M70 Morgan Bartlett: M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse	13-2\frac{1}{5}\text{Sr11-9\frac{1}{2}}\text{10-7\frac{1}{2}}\text{10-10\frac{1}{2}}\text{9-9\frac{1}{2}}\text{7-1\frac{1}{2}}\text{5-1}\text{33-11}\text{33-11}\text{37-8\frac{1}{2}}\text{39-3}\text{39-3}\text{39-2}\text{39-2}
M70 Morgan Bartlett: M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W65 Rose Monda Shot Put M50 Wayne Cassity M50 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter	13-2\frac{1}{5} 11-9\frac{1}{2} 10-7\frac{1}{2} 10-7\frac{1}{2} 10-10\frac{1}{2} 9-9\frac{1}{2} 7-1\frac{1}{2} 5-1 33-11 37-8\frac{1}{2} 39-4 39-3 39-2 37-9\frac{1}{2}
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehne W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen	13-2\frac{1}{5\frac{11-9\frac{1}{2}}{10-7\frac{1}{2}}} 10-7\frac{1}{2}\frac{10-10\frac{1}{2}}{9-9\frac{1}{2}} 7-1\frac{1}{2} 5-1  33-11 33-11 39-4 39-3 39-2 37-9\frac{1}{2} 18-7
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M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M50 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller	13-2\frac{1}{5}\frac{11-9\frac{1}{2}}{10-7\frac{1}{2}}\frac{10-10\frac{1}{2}}{9-9\frac{1}{2}}\frac{1}{7-1\frac{1}{2}}\frac{1}{5-1}\frac{33-11}{37-8\frac{1}{2}}\frac{39-4}{39-3}\frac{39-2}{37-9\frac{1}{2}}\frac{18-7}{23-10}\frac{26-8}{26-8}
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M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85-Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot M55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen W85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen S000m Racewalk M60 Dale Sutton M50 Dale Sutton M50 Dale Ricci	13-2\frac{1}{5\frac{1}{1}} - 2\frac{1}{1} - 2\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-10\frac{1}{2} \\ 9-9\frac{1}{2} \\ 7-1\frac{1}{2} \\ 5-1 \\ 33-11 \\ 37-8\frac{1}{2} \\ 39-4 \\ 39-3 \\ 39-2 \\ 37-9\frac{1}{2} \\ 18-7 \\ 23-10 \\ 26-8 \\ 23-1\frac{1}{2} \\ 22-3\frac{1}{2} \\ 22-3\frac{1}{2} \\ 22-3\frac{1}{2} \\ 22-3\frac{1}{2} \\ 22-1\frac{1}{2} \\ 14-10 \\ 85-7 \\ 109-3 \\ 149-10 \\ 127-7 \\ 119-9 \\ 116-1 \\ 44-10 \\ 77-10 \\ 71-2 \\ 58-1 \\ 45-7 \\ 42-5 \\ 29-11 \\ 41-2 \\ 28:10.70 \\ 28:17.48
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen W85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen S000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Dal Ricci M65 Karl Muller	13-2\frac{1}{5\frac{1}{1}} - 2\frac{1}{1} - 2\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-10\frac{1}{2} \\ 9-9\frac{1}{2} \\ 7-1\frac{1}{2} \\ 33-11 \\ 37-8\frac{1}{2} \\ 39-3 \\ 39-2 \\ 37-9\frac{1}{2} \\ 18-7 \\ 23-10 \\ 26-8 \\ 23-1\frac{1}{2} \\ 22-3\frac{1}{2} \\ 21-11\frac{1}{2} \\ 12-0 \\ 17-10\frac{1}{2} \\ 14-10 \\ 85-7 \\ 109-3 \\ 149-10 \\ 127-7 \\ 119-9 \\ 116-1 \\ 44-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 71-2 \\ 58-1 \\ 45-7 \\ 42-5 \\ 29-11 \\ 41-2 \\ 28:10.70 \\ 28:17.48 \\ 30:19.11 \\ 31:20.13 \\ 31:20.13 \\ 31:20.13 \\ 31:20.13
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen W85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen S000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Dal Ricci M65 Karl Muller	13-2\frac{1}{5\frac{1}{1}} - 2\frac{1}{1} - 2\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-10\frac{1}{2} \\ 9-9\frac{1}{2} \\ 7-1\frac{1}{2} \\ 33-11 \\ 37-8\frac{1}{2} \\ 39-3 \\ 39-2 \\ 37-9\frac{1}{2} \\ 18-7 \\ 23-10 \\ 26-8 \\ 23-1\frac{1}{2} \\ 22-3\frac{1}{2} \\ 21-11\frac{1}{2} \\ 12-0 \\ 17-10\frac{1}{2} \\ 14-10 \\ 85-7 \\ 109-3 \\ 149-10 \\ 127-7 \\ 119-9 \\ 116-1 \\ 44-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 71-2 \\ 58-1 \\ 45-7 \\ 42-5 \\ 29-11 \\ 41-2 \\ 28:10.70 \\ 28:17.48 \\ 30:19.11 \\ 31:20.13 \\ 31:20.13 \\ 31:20.13 \\ 31:20.13
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen W85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen S000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Dal Ricci M65 Karl Muller	13-2\frac{1}{5\frac{1}{1}} - 2\frac{1}{1} - 2\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-10\frac{1}{2} \\ 9-9\frac{1}{2} \\ 7-1\frac{1}{2} \\ 33-11 \\ 37-8\frac{1}{2} \\ 39-3 \\ 39-2 \\ 37-9\frac{1}{2} \\ 18-7 \\ 23-10 \\ 26-8 \\ 23-1\frac{1}{2} \\ 22-3\frac{1}{2} \\ 21-11\frac{1}{2} \\ 12-0 \\ 17-10\frac{1}{2} \\ 14-10 \\ 85-7 \\ 109-3 \\ 149-10 \\ 127-7 \\ 119-9 \\ 116-1 \\ 44-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 71-2 \\ 58-1 \\ 45-7 \\ 42-5 \\ 29-11 \\ 41-2 \\ 28:10.70 \\ 28:17.48 \\ 30:19.11 \\ 31:20.13 \\ 31:20.13 \\ 31:20.13 \\ 31:20.13
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen W85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen S000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Dal Ricci M65 Karl Muller	13-2\frac{1}{5\frac{1}{1}} - 2\frac{1}{1} - 2\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-10\frac{1}{2} \\ 9-9\frac{1}{2} \\ 7-1\frac{1}{2} \\ 33-11 \\ 37-8\frac{1}{2} \\ 39-3 \\ 39-2 \\ 37-9\frac{1}{2} \\ 18-7 \\ 23-10 \\ 26-8 \\ 23-1\frac{1}{2} \\ 22-3\frac{1}{2} \\ 21-11\frac{1}{2} \\ 12-0 \\ 17-10\frac{1}{2} \\ 14-10 \\ 85-7 \\ 109-3 \\ 149-10 \\ 127-7 \\ 119-9 \\ 116-1 \\ 44-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 71-2 \\ 58-1 \\ 45-7 \\ 42-5 \\ 29-11 \\ 41-2 \\ 28:10.70 \\ 28:17.48 \\ 30:19.11 \\ 31:20.13 \\ 31:20.13 \\ 31:20.13 \\ 31:20.13
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen W85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen S000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Dal Ricci M65 Karl Muller	13-2\frac{1}{5\frac{1}{1}} - 2\frac{1}{1} - 2\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-7\frac{1}{2} \\ 10-10\frac{1}{2} \\ 9-9\frac{1}{2} \\ 7-1\frac{1}{2} \\ 33-11 \\ 37-8\frac{1}{2} \\ 39-3 \\ 39-2 \\ 37-9\frac{1}{2} \\ 18-7 \\ 23-10 \\ 26-8 \\ 23-1\frac{1}{2} \\ 22-3\frac{1}{2} \\ 21-11\frac{1}{2} \\ 12-0 \\ 17-10\frac{1}{2} \\ 14-10 \\ 85-7 \\ 109-3 \\ 149-10 \\ 127-7 \\ 119-9 \\ 116-1 \\ 44-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 77-10 \\ 71-2 \\ 58-1 \\ 45-7 \\ 42-5 \\ 29-11 \\ 41-2 \\ 28:10.70 \\ 28:17.48 \\ 30:19.11 \\ 31:20.13 \\ 31:20.13 \\ 31:20.13 \\ 31:20.13
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M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen W85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen S000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Ed Ricci M65 Karl Muller M70 Michael Rolak M75 Leon Adams W50 Janice Zinniker W55 Karen McUne W60 Marie Duncan	13-2\frac{1}{5\frac{1}{1}} - 2\frac{1}{1} - 2\frac{1}{2} = 10-10\frac{1}{2} = 10-10
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen W85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M66 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Stristel Miller M60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen 5000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Dal Ricci M65 Karl Muller M70 Michael Rolak M75 Leon Adams W50 Janice Zinniker W55 Karen McQune W60 Marie Duncan W65 Joann Beers	13-2\frac{1}{5\frac{1}{1}} = \frac{1}{2}\frac{1}{5\frac{1}{1}} = \frac{1}{2}\frac{1}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\fra
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen M85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen 5000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Ed Ricci M65 Karl Muller M70 Michael Rolak M75 Leon Adams W50 Janice Zinniker W55 Karen McCune W60 Marie Duncan W65 Joann Beers W70 Ruth Van Sandt	13-2\frac{1}{5\frac{1}{1}} - 2\frac{1}{1} - 2\frac{1}{2} = 10-10\frac{1}{2} = 10-10
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85 Hose Monda Shot Put M50 Wayne Cassity M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen M85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen 5000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Ed Ricci M65 Karl Muller M70 Michael Rolak M75 Leon Adams W50 Janice Zinniker W55 Karen McCune W60 Marie Duncan W65 Joann Beers W70 Ruth Van Sandt 5K Run M60 Anders Pailor	13-2\frac{1}{5r11-9\frac{1}{2}} 5r11-9\frac{1}{2} 10-7\frac{1}{2} 10-7\frac{1}{2} 10-10\frac{1}{2} 9-9\frac{1}{2} 7-1\frac{1}{2} 5-1  33-11 37-8\frac{1}{2} 39-4 39-3 39-2 37-9\frac{1}{2} 18-7 23-10 26-8 23-1\frac{1}{2} 22-3\frac{1}{2} 21-11\frac{1}{2} 12-0 17-10\frac{1}{2} 14-10  85-7 109-3 149-10 127-7 119-9 116-1 44-10 77-10 77-10 77-10 77-10 77-10 25-8-1 45-7 42-5 29-11 41-2 28:10.70 28:17.48 30:19.11 31:20.13 30:51.38 38:54.00 42:08.00
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen W85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen 5000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Ed Ricci M65 Karl Muller M70 Michael Rolak M75 Leon Adams W60 Janice Zinniker W55 Karen McCune W60 Marie Duncan W65 Joann Beers W70 Ruth Van Sandt 5K Run M50 Andrew Bailey M55 Carlos Valle	13-2\frac{1}{5r11-9\frac{1}{2}} 10-7\frac{1}{2}\frac{1}{2} = 10-10\frac{1}{2} 9-9\frac{1}{2} 7-1\frac{1}{2} 5-1  33-11 37-8\frac{1}{2} 39-4 39-3 39-2 37-9\frac{1}{2} 18-7 23-10 26-8 23-1\frac{1}{2} 22-3\frac{1}{2} 21-11\frac{1}{2} 12-0 17-10\frac{1}{2} 14-10  85-7 109-3 149-10 127-7 119-9 116-1 44-10 77-10 77-10 77-10 77-10 25-8-1 45-7 42-5 29-11 41-2 28:10.70 28:17.48 30:19.11 31:20.13 30:51.38 38:54.00 42:08.00  21:29.9 18:05.7
M70 Morgan Bartletti M75 Clarence Trahan W60 Magdalene Kuehn W65 Gloria Baumann W70 Wilma Davenport W85+Rose Monda Shot Put M50 Wayne Cassity M55 Jack Miller M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Gloria Baumann W70 Wilma Davenport W75 Natalie Gammey W80 G Wilhellmsen W85+Rose Monda Discus M50 Richard Martin M55 Ronald Wade M60 Harry Hawke M65 Arnie Gaynor M70 Dale Buysse M75 Ross Carter M80 S L Allen M85+ Burt De Groot W55 Christel Miller W60 Shirley Kinsey W65 Estelle Jenkins W70 Ruth Talley W75 Natalie Gammey W80 G Wilhellmsen 5000m Racewalk M50 Dale Sutton M55 Ray Franks M60 Ed Ricci M65 Karl Muller M70 Michael Rolak M75 Leon Adams W60 Janice Zinniker W55 Karen McCune W60 Marie Duncan W65 Joann Beers W70 Ruth Van Sandt 5K Run M50 Andrew Bailey M55 Carlos Valle	13-2\frac{1}{5r11-9\frac{1}{2}} 10-7\frac{1}{2}\frac{1}{2} 10-7\frac{1}{2}\frac{1}{2} 10-10\frac{1}{2}\frac{1}{2} 9-9\frac{1}{2}\frac{1}{2}-1\frac{1}{2}-1\frac{1}{
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M70 Willis Greenaway 20.58.1

M70 Willis Greenaway 20.50.1 M75 Ed Fong 30:55.3 W50 Segrid McAllister22:14.6 W55 Betty Sampson 26:35.0 W60 Nessie Holicky 24:24.7

10K Run M50 Andrew Bailey 45:58

M60 Wally Ingram 40:54 M65 John Baird 50:30 M70 Willis Greenaway44:09

W60 Nessie Holicky 52:46 W70 Roberta Morgan 64:43

nta 71:08

M55 Bill Kent

M85+Paul Spangler W50 Karen Voogd

#### Stanford Throws Series #13 Stanford U., CA; March 13

Shot Put	
M30 Ron McKee	56-21
M40 Gary Kelmenson	35-0
M55 Jerry Fasteen	37-21
Discus	CONTRACTOR OF THE PARTY OF THE
M30 Ron McKee	114-8
M40 Gary Kelmenson	109-0
M55 Jerry Fasteen	98-6
M55 Gary Dawson	87-1
Hammer	
M30 Dave Swan	175-6
M40 Gary Kelmenson	127-4
M55 Gary Dawson	108-5
Don Hughes	
	80-6
M70 Bob Stone	85-7
Javelin	District Control
M40 Gary Kelmenson	112-5
Weight Throw	
M30 Dave Swan	57-1
M40 Gary Kelmenson	40-4
M55 Don Hughes	
	27-4
M70 Bob Stone	23-41

Stanford Festival		
Stanford U., CA; Ma	rch 27	
Shot Put		
M35 Eric Hodgdon	41-31	
M40 Gary Kelmenson	34-31	
M50 Dick Hotchkiss	47-2	
Discus		
M40 Gary Kelmenson	102-4	
M50 Dick Hotchkiss	141-0	
M55 Gary Dawson	90-3	
Hammer		
M35 Eric Hodgdon	112-5	
M40 Gary Kelmenson	113-7	
M50 Dick Hotchkiss	136-8	
M55 Gary Dawson	109-9	
Javelin		
M40 Gary Kelmenson	108-1	
35# Weight		
M35 Eric Hodgdon .	30-10-	
M40 Gary Kelmenson	34-0	
M55 Gary Dawson	26-4	
and the second second	- LINE / 3 11/6	

# S

M65 Vernon Regier M75 Clarence Killion

M30 Alan Tucker

M35 Ron Fisher M40 Riley McHugh M45 Matt Pruitt

Tyrone Nelson M60 Mel Melgosa

M50 Martyn Adamson

W35 Michele Lewis

W40 DeeDee Grafius

Nelson

800m M30 Anthony Pacheco 2:28.10 2:10.06

M40 Daryl Katcher 2:10.06 M45 Searcy Barnett 2:17.10 M50 Tyrone Nelson 2:25.80 M55 Pete Richardson 2:32.00

1500m M30 Anthony Pacheco 5:18.00

M40 Randy Sturgeon 4:31.59 M45 Harvey Franklin 4:34.44 M35 Angelo Tobar 10:02.15 9:41.30

Searcy Barnett 10:45.60

M40 Gary Kelmenson	34-0	Hal Cronkhite	70-8
M55 Gary Dawson	26-4	M75 Ross Carter	105-6
		W40 Joan Stratton	103-8
River City Spring Festi	val	Hammer	
Sacramento, CA; March	27	M50 Rasal Young	140-3
Sacramento, CA, Marci	2/	M55 Dennis Rietz	96-5
60m		Steve Biddinger	77-9
M30 Lafe Fowler	7.33	M60 Tom Slattery	79-1
Eddie Hall	7.50	M70 Bob Stone	81-7
M35 Ramon Vasquez	7.66	M75 Jim York	74-0
Mark Quinlan	7.80	M85 Bob Ulsh	63-2
M40 Paul Raymond	7.56	Javelin	
Ed Washington	7.79	M45 Dennis Neufeld	141-2
M45 Terry Tiernay	7.79	M50 Rasal Young	105-1
Jim Manor	8.05	. Tom Tate	101-7
M50 Martyn Adamson	7.40	M55 Dennis Rietz	86-1
Bill Brobst	7.80	Weight Throw	
M55 Bob Greer	8.07	M50 Rasal Young	34-5
Marcel Cote	8.52	M55 Dennis Rietz	27-1
M70 Don Saunders	9.16	Steve Biddinger	22-1
M75 Clarence Killion	9.60	M60 Tom Slattery	22-1
W35 Valarie Scott	8.40	M70 Bob Stone	22-8
Michele Lewis	9.00	M75 Jim York	21-8
100m		5000m Racewalk	
		M50 Charles Woods	31:3
M35 Mark Quinlan	12.50	M55 Larry Green	26:4
Rick Thoman	12.61	M60 Bob Eisner	30:19
M40 Paul Raymond	12.47	Ed Mahany	36:5
Ray Yeck	12.48	M65 Wally Lundeen	35:15
M45 Terry Tiernay	12.36	W30 Lucinda Morrical	35:10
M50 Martyn Adamson	12.19	W35 Karen Stoyanowski	26:08
Bill Brobst M55 Bob Greer	13.37	W40 Sally Focacci	27:20
	13.10	W60 Rhoda Dawson	36:32
Bobby Thomas	13.48	W65 Charlotte Walker	36:44
M60 Emmett Kennamore	14.00		
M65 Vernon Regier	13.45	NORTHWE	$\mathbf{x}$
M70 Don Saunders	15.21		
M75 Clarence Killion	15.92	Seattle Masters AC R	esults
200m		Seattle, WA	
M30 Alan Tucker	23.77	February 28	
M35 Ramon Vasquez	27.05		
Mark Quinlan	27.22	35# Weight	
M40 Paul Raymond	25.11	M45 George Mathews	14.26
Ray Yeck	25.24	M65 Ken Weinbel	8.01
M45 Terry Tiernay	26.29	M70 Jim Minah	6.50
M50 Martyn Adamson	25.41	M80 Leon Joslin	5.94
M55 Bob Greer	27.95	25# Weight	
Marcel Cote	29.64	M65 Ken Weinbel	10.62
M60 Emmetta Kennamore	29.22	M70 Jim Minah	10.15

55.19

53.49 56.77

60.00

69.05

60.09

# Masters AC Results

# seattle, WA

. cordary Lo	
35# Weight	
M45 George Mathews	14.26
M65 Ken Weinbel	8.01
M70 Jim Minah	6.50
M80 Leon Joslin	5.94
25# Weight	
M65 Ken Weinbel	10.62
M70 Jim Minah	10.15
M80 Leon Joslin	7.57
56# Weight	
M70 Jim Minah	3.68
M80 Leon Joslin	3.54
March 3	
Hammer	
M45 George Mathews	45.40

# INTERNATIONAL

## **Ontario Masters Indoor** Championships York U., Toronto, Canada

	March 6	
60m		
M35	Kerry Smith	7.36
1	Hugh Spooner	7.66
M40	Nate Robinson	7.27
	Mike Nedd	7.70
M45	Bob Zimmerman	7.76
M50	Scott Tyler	7.73
M55	Charles Agnoo	8.10
The St	Paul Williams	8.16
M60	Tom Callender	8.36
M65	John O'Neill	8.57

Continued on next page

	3	P	
End to woman or a name	6	157	Avenue to the
		A STATE OF STREET	Coleman

Commence of the Second	
Continued from previous page	M70 Odino Soligo 14:13.19
M70 Art Obokata 9.80	M75 Whitey Sheridan 18:09.54
M70 Art Obokata 9.80 M75 Max Pickl 9.43 W35 Irene Thompson 8.37	W35 Pauline Watson 11:25.51 W45 Georgie Gillis 13:13.82 W55 Molly Turner 12:04.22 W70 Judith Kazdan 16:05.69
W35 Irene Thompson 8.37 W45 Josephine Cross 9.15	W55 Molly Turner 12:04.22
W50 Ann Marie Rosenitsc9.60	W70 Judith Kazdan 16:05.69
W55 Margaret Heilig 10.45	60mH M35 Charles Sweneekamp 11.45
W60 Doreen Carmichael 10.29	M15 Charles Sweneekamp 11.45 M40 Nate Robinson 8.52 Horace Hudson 9.33 M45 Rex Harvey 9.23 M50 Tyler Scott 9.16 M60 Ted Swanson 11.85 M65 Chuck Sochor 11.38 M75 Hans Warwas 13.78 M80 Karl Trei 14.08 W45 Liz McBlain 10.69 High Jump M40 Marek Newlock 1 655
200m         23.39           M35 Kerry Smith         23.39           M40 Horace Hudson         25.03           Greg Marshall         25.06           M45 John Bailey         26.41           M50 Vern Christensen         29.73           M55 Charles Agnoo         27.87           M60 Thomas Callender         27.12           M65 Chuck Sochor         28.43           M70 Art Obokata         32.80           M75 Ben Mackereth         34.30           W35 Irene Thompson         26.95           W45 Josephine Cross         30.62           W55 Janet Holmes         36.02           W60 Doreen Carmichael         36.00	Horace Hudson 9.33
M40 Horace Hudson 25.03	M45 Rex Harvey 9.23
Greg Marshall 25.06	M60 Ted Swanson 11.85
M45 John Bailey 26.41	M65 Chuck Sochor 11.38
M55 Charles Across 27.87	M75 Hans Warwas 13.78
M60 Thomas Callender 27.12	W45 Liz McBlain 10.69
M65 Chuck Sochor 28.43	High Jump
M70 Art Obokata 32.80	M40 Marek Nowicki 1.65m
W35 Irene Thompson 26.95	M45 Whitold Klinger 1.80
W45 Josephine Cross 30.62	M60 Max Woerle 1.30
W55 Janet Holmes 36.02	M65 Jim Mathers 1.32
400m	M80 Karl Trei 1.06
M35 Hector Mayer 62.0	High Jump M40 Marek Nowicki M45 Whitold Klinger M55 Juhan Toomes M60 Max Woerle M65 Jim Mathers M60 Karl Trei M35 Maria Mallia M45 Liz McBlain Pole Vault
M40 Horace Hudson 55.3	Pole Vault
M45 Bob Zimmerman 55.2	M40 Terry Morris 3.20
M50 Bill McIlwaine 59.6	Doug Morris
M55 Bill Bryson 72.0	M50 Brian Merriless 3.20
M65 Chuck Sochor 62.4	Pole Vault
400m     400m     400m     400m     400m     400m     400m     55.3     400m   400m   55.3     400m   400m   400m   55.5   400m   400	W50 AnneMarie Rosenitsch2.10 Long Jump
M80 Aleksander Ernesaks80.3	Long Jump   M40 Marek Nowicki   5.89   Rod Thompson   5.75   M45 Rex Harvey   5.77   George Pachovsky   5.77   M50 Alan Slater   5.64   M55 Paul Williams   4.75   Carlos Vernon   4.43   M60 Ted Swanson   4.38   M65 Helmut Lange   4.08   M75 Hans Warwas   3.17   M80 Karl Trei   3.27   W35 Maria Mallia   4.32   W45 Liz McBlain   4.41   W50 Judy Willmott   2.97   W55 Dortha Swanson   2.64   Triple Jump   4.08   Triple Jump   4.08   M50 Maria Mallia   4.32   M50 Judy Willmott   2.97   W55 Dortha Swanson   2.64   Triple Jump   4.08   M50 Judy Willmott   4.09   M50 Judy Willmott   4.09
W35 Irene Thompson 64.46 W45 Pam Duncan 72.54 W50 Judy Willmott 75.24 W55 Janet Holmes 83.69 W60 Ruth Carrier 81.87	Rod Thompson 5.75
W50 Judy Willmott 75.24	George Pachovsky 5.77
W55 Janet Holmes 83.69	M50 Alan Slater 5.64
800m	M55 Paul Williams 4.75
Bill Dunford 2:13.0 H40 Norm Green 2:16.9	M60 Ted Suppose
Bill Dunford 2:13.0	M65 Helmut Lange 4.08
M40 Norm Green 2:16.9 M45 Wayne Richardson 2:16.9	M75 Hans Warwas 3.17
450 Paul Bourgeois 2:12.9	M80 Karl Trei 3.27
450 Paul Bourgeois 2:12.9 460 Earl Fee WR2:16.3	W45 Liz McBlain 4.32
	W50 Judy Willmott 2.97
165 Valden Sadul 2:45.3 Manuel Teodoro 2:46.3 170 Odino Solingo 3:32.3 175 Janet Takahashi 2:23.5 145 Linda Findley 2:36.3 175 Judy Willmott 2:51.2 1760 Jean Horne WR2:52.4 1760 Jean Horne WR2:52.4	W55 Dortha Swanson 2.64
770 Odino Solingo 3:32.3	Triple Jump
35 Janet Takahashi 2:23.5	M40 Ron Thompson 11.95
45 Linda Findley 2:36.3	M45 George Pachovsky 11.36
60 Jean Horne WR2:52.4	M55 Carlos Vernon 9.13
	M60 Ted Swanson 8.46
W65 Dorly Brechbuehl 3:34.5	Triple Jump   M40 Ron Thompson   11.95
M35 Bill Dunford 4:27.15	W45 Liz McBlain 8.92
M35 Bill Dunford 4:27.15 M40 Murray Hale 4:28.14 Tim Payne 4:37.62	W50 Audrey Roswell 7.69
M45 Gary Hastings 4:34.50	Shot Put
Peter Haase 4:34.80	M35 Ken Fair 9.87
M50 Dan Anderson 5:01.01	M40 Jacek Szadzivik 14.12 M45 John Kasperski 11.73
Vern Christensen 5:14.78 M55 Bob Milner 5:01.19	M55 Juhan Toomes 11.57
M60 Dave Wilson 5:41.08	M60 Max Woerle 9.84
M65 Cliff Hall 5:29.35	M65 Helmut Lange 10.74
Manuel Teodoro 5:34.58 M70 Bud Crozier 6:31.11	Evalds Viskers 10.06 M70 Gary Bachman 11.90
W35 Janet Takahashi 4:48.94	M75 Hans Warwas 8.29
W45 Linda Findley 5:06.87	W35 Irene Thompson 6.68
W60 Jean Horne 5:55.92 W65 Dorly Brechbuehl 7:03.57	W40 Darlene Aulenback 8.79 W45 Liz McBlain 9.67
W70 Judith Kazdan 8:03.08	W50 Audrey Roswell 8.58
3000m	W55 Dortha Swanson 7.76
M35 Doug Craine 9:34.56	W60 Violet Darling 6.50 W65 Helgi Pedal 7.76
Dave Reed 9:37.79 M40 Chas McMullen AR8:39.70	3000m Racewalk
(8:44.0, Hallop & Popejoy)	M35 Bob Norris 20:41.47
M45 David Sheridan 9:50.43	M45 Michael Gough 17:56.20
Peter Haase 9:52.85 Frazer Pritchett 9:57.00	M50 Mike Freeman 17:16.03 M55 Stu Summerhayes 15:46.39
M50 Vic Mathews 10:10.26	M60 Joshua Fedder 19:24.88
Dan Anderson 10:54.99	M65 Peter Fellowes 19:53.01
M55 Norm Abbott 10:16.52 Jack Geddes 10:58.88	M75 Max Gould 18:56.76 M80 Geo Patterson 23:44.57
M60 Ed Whitlock 10:31.09	W35 Susan Burnett 17:14.58
M65 Manuel Teodoro 12:01.40	W45 Marilyn Chute 18:03.82
Kurt Gelbhaar 12:07.96	W55 Margaret Heilig 23:29.14
II LUNU Now	se send results to: National Masters s, P.O. Box 2372, Van Neys, OA
	PA. To keep information current, we wally do not publish results more

DISTANCE generally do not publish results more than 4 months old. Results that are typed (maximum 28 spaces/2½" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

5 Ed Frisillo

# NATIONAL

USAIF National Masters 8K Championships

V	Ш	ginia Beach, VA;	mare	cn 20
M	140			
B.	-	Nick Rose	GBR	24:34
	1	Charles McMuller	NY	25:04
	2	Paul Mascali	NY	25:23
	3	Chuck Smead	œ	25:28
	4	Lari Dunlap Sr	MD	26:27
	5	Larry White	VA	27:06
M	45	Marine Western		
	1	Bill Rodgers	MA	24:41
	2	John Thelin	VA	28:13
	3	Anson Clapcott	GA	28:18
	4	Fred Steier	VA	28:18

M50	
1 Chuck Keating	MA 27:51
2 Vincent Colgan	NY 29:18
3 Steve Durrant	VA 36:12
4 Joe Polinski	VA 36:31
5 Charles Smith	VA 43:20
M55	
1 Fay Bradley	DC 27:57
2 Bob Milner	NY 29:26
3 Geoff Pietsch	FL 29:44
4 Daniel Cohen	NY 30:18
5 Sam Graceffo	NY 30:20
M60	P. Chair
1 Norm Green Jr	PA*28:07
2 Howard Rubin	NY 32:13
3 Larry Dickerson	VA 32:33
4 Bill Fortune	NY 32:44

5 Neil Wilson	VA	33:14
1 Rick Derenzis	PA	37:28
1 John Burton	MN	36:29
2 Nate White	NY	38:16
3 Ed Buckley	NY	39:01
4 John Hays	VA	40:23
M75		
1 Dudley Healy	M	40:08
M80		
1 Vermon Geary W40	VA	56:41
1 Nancy Grayson	MT	28:59
2 Cathy Lempesis	SC	29:30
3 Sue Given	VA	30:59
4 Charlene Soby		31:28
5 Linda Gulick	VA	31:40
<u>W45</u>		
1 Laurie Binder		29:49
2 Chris Stockdale		31:53
3 Joyce Ploeger		32:49
4 Judi Faye	VA	39:07
W50 1 Nancy Frisillo	M	32:39
2 Charlene Magee		39:41
W55	٧n	39.41
1 Susie Kluttz	NC	34:40
2 Alice Wilson		41:44
W60	dici	7 16
1 Ruth Anderson	CA	41:02
Teams		
M40-49 MCRRC-Brooks		16:31
PTC Masters		19:42
Tidewater Str		
M50-59 Syracuse Char		
Gnats		32:11
Stoph Pukes W40+ Tidewater Str		45:07
11dewater Str	Idz	49:02

# EAST

Pomoco-Hampton Half-Marathon, Hampton, VA February 7

	,	-	
Ove	rall		
Ke:	th Dowling	PA	1:04:41
Lo	rraine Hochella	AVE	1:14:34
M40	Rick Banning	VA	1:09:55
	Chuck Moeser	VA	1:11:02
	Sador Mendez	NC	1:11:44
W40	Sue Given	VA	1:24:49
	C Ciavarella	VA	1:24:58
	Marny Gilluly	DC	1:26:17
	Donna Harper		1:27:11

# NYRRC Al Gordon 5 Miler Central Park; February 20

	No. of the Control of the Law Street	white the life
Over	all	ALC: NA
Kier	an Stack 29	24:35
	ne Peterson 23	28:11
	Cliff Kayser	29:25
	Ahmed Mead	29:49
	Richard Davis	29:51
M45		28:24
M45	Mike Galasso	29:34
		29:50
	James Hudick	
M50	Tom Moore	30:57
	John Garlepp	31:25
	Justino Valentin	31:33
M55	Fritz Mueller	31:45
	Alan Fairbrother	32:40
	Art Reilly Jr	33:52
M60	Joe Burns	33:39
	Arnie Green	34:09
	Al Puma .	37:07
M65	George Thompson	35:01
	Jack Haar	35:26
	Sab Koide	42:54
M70	Wallace Cutler	39:23
11/0	Bill Coyne	39:44
	Tom Gibbons	41:44
war	+Charles Feldman 77	
M/5		
11.37	Frank Brownstein75	71:29
W40		34:33
	Diane Hawkins	35:58
= 10	Wendy Luscombe	36:05
W45	Laurie Baker	35:04
	Flora Flores	35:32
	Mary Spera	38:11
W50	Susan Kossowsky	44:36
in la	Irene Sherbet	45:18
	Margaret Scaglione	45:31
W55	Gudrun Philips	36:07
	Naomi Voqel	45:15
	Billie Moten	45:17
W60	DollyAnnFinkelstei	
Trys	Joan Fisher	49:10
	Ilona Gardosh	51:48
WE	Muriel Merl	42:11
	Jozi Neulinger	56:41
Fir	nishers: 727m/298w	33.41
Was	ther: 25°/h40%/wN14	moh
-	23 /11408/WN14	mpri

#### Stop The Jade Run 5K Vincentown, NJ; March 6

Overall		
Chuck Crabb	15:17	
Liz Moore	19:08	
M40 Vince Phillips	18:01	
M50 Maury Dean	17:36	
M60 Jim Hubbard	22:21	
W40 Carol Lanzo	21:38	
W50 Susan Levy	25:50	
W60 Lorraine Cepheus	33:27	
Finishers: 200		
Weather: 31°/snow/ice		

# Bethesda Chase 20K Bethesda, MD; March 7

ove	rall	
Sco	tt Douglas 28	1:07:12
Lau	ra Scofea 33	1:21:35
M40	Richard Banning	1:07:52
	Bennett Beach	1;11:33
	Geoff Schroeder	1:15:05
M50	Bernie Gallagher	1:16:27
	Bob Taggart	1:18:17
	Warren Ohlrich	1:19:13
M60	Thomas Momiyama	1:30:33
	Ed Abramic	1:34:08
M70	Francis Pierce	1:50:35
W40	Judith Bugyi	1:27:58
	Joyce Rankin	1:29:36
	Nancy Smith	1:32:02
W50	Janet Newburgh	1:36:27
	Eleanor Clift	1:40:08
	Margery Elliott	1:53:49
	+ Team	
	ats	5:20:17
	RRC Masters	5:57:40
		6:36:28
W40+ Team		
Fleet Feet		6:37:24
MCRRC Masters 7		7:02:43

# Boylston 30K Boylston, MA; March 7

	CALL OF THE PARTY.	
Overali		
Dave Dunham	1:40:14	
Lisa Senatore	1:56:34	
M40 Larry Olsen	1:45:30	
Rob Calantuono	1:48:07	
Rick Stark	1:48:28	
M50+Gabriel Bernal	1:55:27	
Charles Pratt	1:59:45	
Paul McCarthy	2:00:05	
W40 Paula Holm	2:15:00	
Susan Maslowski	2:16:38	
Susan Branley	2:19:38	
W50+Regina Wright	2:32:46	
Sandra Hayes	2:49:57	
Teams		
M40-49 Boston AA	6:29:22	
Rochester Rnr	s6:39:14	

# NYRRC Brooklyn Half-Marathon, Prospect Park, NY; March 7

Marshfield RR 6:40:11

Over	all	A STEED ST
Tim	Cooney 29	1:10:24
Barr	es Corley 33	1:23:33
M40	Kevin O'Connor	1:12:30
Total .	Nick Caswell	1:15:43
	Richard Shaver	1:17:53
M45	James Hudick	1:22:06
	Adolf Lawrowski	1:22:41
	Bill Flynn	1:23:53
M50	Sam Skinner	1:20:56
	Larry Katz	1:21:04
	David Zukerman	1:23:17
M55	Richard Murphy	1:26:44
TARREST	Jack Silk	1:29:31
	Ralph Bauer	1:33:27
M60	Joseph Burns	1:32:46
THE REAL PROPERTY.	Albert Puma	1:47:38
M65	John Corrigan	1:37:14
	Ted Leitch	1:40:54
M70	Bill Coyne	1:54:27
	+Wilfredo Rios 76	2:12:06
	Barbara Anderson	
	Amy Bahrt	1:36:41
	Laura Osorio	1:41:37
W45	Flora Flores	1:36:11
The	Laurie Baker	1:39:16
	Marjorie KOs	1:41:42
W50	Leon Wheeler	1:34:41
	PattyLee Parmale	
WSS	May Chou	1:51:15
	Lynn Sherman	1:51:34
W60	Cassie Bazar	2:00:49
	ishers: 734m/188w	2.00.43
LII	TOILETS . \ JAIII\ 100M	

#### Kelley's Pace March 5K Mystic, CT; March 7

	Actual Control of the	
Overall		
Dave Raunig		15:22
Carla Thomps	son	18:08
M40 Dennis	Crowe	16:06
John La	mattina	17:44
M50 Hal Beni	nett	18:09
Brian I	llencik	19:39
M60 Carl Har	mmen	23:06
Fred Wa	rd	24:39
W40 Pat Phi	llips	26:28
Pam Amb	riscoe	28:46
W50 Geraldi	ne Palone	
		cken30:49
from C		

#### Lead VII 5K Levittown, NY; March 7

Overall	
Brian Ronan	15:59
Liz Flanahan	20:05
M40 Willie Outsen	17:38
M45 Jerry Wood	19:19
M50 Maury Dean	17:43
M55 Joe Cordero	19:08
M60+Ray Fletcher	20:44

W40 Susan Vitrello	23:39
W45 Nancy Tischler	22:35
W50 Carolyn Ciccone	28:05
W55 Antonia Harris	38:58
W60+Eleanor O'Toole	27:30
Finishers: 270	
Weather: 35°/clear/w1	4mphW
(long course added 20	

# NYRRC Rites Of Spring 10K Central Park; March 21

Overall	
Juan Meza 35	32:30
Candace Strobach 34	35:57
M40 Richard Shaver	34:47
Hernando Munoz	36:43
Richard Davis	36:52
M45 Roger Gocking	36:24
Mike Galasso	37:43
Gary Struve	37:44
M50 Tom Moore	38:22
Ken Herel	39:52
Justino Valentin	39:55
M55 Alan Fairbrother	39:08
Witold Bialokur	39:29
Robert Ford	40:46
M60 Joe Burns	42:30
Albert Puma	46:57
Carlo DiGiorgio	47:16
M65 Jack Haar	43:51
George Thompson	44:04
Ed Leitch	45:35
M70 Bill Coyne	50:11
Wallace Cutler	51:56
Pete Harangozo	54:14
M75+Chas Feldman 77	57:16
Jim Keeney 77	58:02
W40 Barbara Anderson	41:06
Amy Bahrt	44:08
Wendy Luscombe	44:45
W45 Ann Davies	41:24
Laurie Baker	44:41
Marjorie Kos	44:46
W50 PattyLee Parmelee	46:15
Edith Jones	47:30
K N Nitschelm	50:35
W55 May Chou	49:08
Naomi Vogel	56:05
W60 Thelma Wilson	53:00
Cassie Bazar	55:11
Finishers: 660m/276	
Weather: 36°/h92%/s	incha!
WEST 182 90 /11928/8	Cwy

#### New Bedford Half-Marathon New Bedford, MA; March 21

Overall
Dave Dunham 1:05:02
Mary Lynn Carrier 1:15:57
M40 Vladimir Krivoy421:09:07
Laurence Olsen 461:10:01
M50 Paul McCarthy 51 1:17:41
James Gray 50 1:18:12
M60+Joe Fernandez 64 1:22:01
Don Ross 62 1:31:56
W40 R Stockdale-Wool421:22:2:
Marcia Dowling 401:27:02
W50 Carrie Parsi 54 1:34:47
Regina Wright 51 1:38:49
W60+Mary McCauley 60 1:46:18

# NYRRC Mike Hannon 20 Mile/4 Mile Central Park; March 28 -20 Mile--Overall Mike Slinskey 23 Gillian Horovitz 37 M40 Bob Hermesch Carl Fiorillo

1:46:07 2:07:54 2:05:27 2:11:19

Carl Florillo	2:11:19
Andy Burek	2:13:10
M45 Julio Aguirre	2:12:06
Mick Midkiff	2:14:34
Efrain Torres	2:15:14
M50 Sam Skinner	2:04:32
Peter Madden	2:12:36
Joe Diiorio	2:18:44
M55 George Reilly	2:32:50
George Hirsch	2:37:07
David Farquhar	2:37:33
M60 Ken Jones	2:34:55
Don Bergman	2:45:47
M65 Phil Mongillo	2:33:56
John Corrigan	2:35:31
M70 Stephen Trepac	4:07:47
W40 Suzanne Rohr	2:30:07
Jacqueline Seltzer	2:34:34
Eliana Hecht	2:51:45
W45 Marjorie Kos	2:44:13
Susan Hale	2:44:26
Mary Spera	2:49:08
W50 Angela Conte	3:03:29
Sara Herz	3:14:26
W60 Cassie Bazar	3:48:34
Finishers: 369m/98w	
4 Mile	
Overall Kieran Stack 29	
Anne Leary 31	19:29
M40 Larry Torella	23:25
	21:10
Rick Pieschel	21:49
Nick Caswell M45 Mike Wilson	22:05
Tom Mahon	- 22:37
Alan Turner	23:19
	24:11
M50 Tom Moore	24:30
Jeremiah O'Connor	25:22
Geoff Woolfe	26:51
M55 Alan Fairbrother	25:12
Mike Goldman	26:01

Art Reilly Jr	27:03
M60 Bill Fortune	25:45
Joe Burns	27:26
Al Puma	29:12
M65 George Thompson	28:01
John McManus	31:27
Sab Koide	32:38
M70 Wallace Cutler	31:59
Tom Gibbons	33:45
Al Goldstein	33:56
M75+Jim Keeney 77	35:01
Jim Ottenberg 75	45:36
W40 Diane Ditchfield	26:28
Linda Naples	28:24
Wendy Luscombe	28:32
W45 Laurie Baker	28:16
Flora Flores	29:36
Susanna Beltrandi	31:00
W50 Edith Jones	30:17
	31:09
Joan Bondell	33:19
W55 May Chou	31:50
Margaret Carinci	32:00
Lynn Sherman	32:00
W60 DollyAnn Finkelstein	
Joan Fisher	38:04
Annie Zinker	42:02
W65 Muriel Merl	33:56
	43:22
Jozi Neulinger	43:34
Finishers: 402m/261w	ALC: N
Weather: 48°/h100%/wE15m	nph
Please see page 16 for result	ts

# lease see page 16 for rest of Boston Marathon

# SOUTHEAST Max Bayne Half-Marathon St. Petersburg, FL

January 17	-
Overall	
Ray Wunderlich	1:10:26
Mary Manus	1:27:33
Overall Masters	The same will
Steve Mickles	1:16:25
Vickey Imes	1:37:31
M40 Dan Landry	1:19:28
M45 Ken Brashear	1:19:02
M50 John Holmes	1:26:12
M55 Claude Carr	1:38:07
M60 Jack Gough	1:29:44
M65 Harry Thompson	2:00:37
M70 Millard Shumate	1:45:50
M75 Jim Ward	2;11:58
M80+Charlie Espy 82	2:41
W40 Ellen Bernal	1:44:45
W45 Lenore Rupert	1:52:07
W50+Leah McElroy	1:47:39

# Pomoco Group/Hampton Coliseum Half Marathon RRCA Eastern Regional Half Marathon Championships

Hampton, VA	FREE
Overall February 7	
Keith Dowling 23	1:04:41
Lorraine Hochella 29	1:14:34
Masters Men	
Richard Banning 40	1:09:55
Chuck Moeser 41	1:11:02
Sadot Mendez 41	1:11:44
Masters Women	
Sue Given 40	1:24:49
Claudia Ciavarella 43	1:24:58
Marry Gilluly 43	1:26:17
M40 Larry White 42 Don Lucy 43	1:14:56
Bill Devoe 41	1:20:44
Pobert Astrop 41	1:22:46
Bruce Scheib 44	1:24:22
M45 Ben Dyer 49	1:16:44
Jack Sornberger 48	1:18:12
Reuben Beauchamp	1:18:23
Rick Thompson 45	1:19:34
Jeff Long 46	1:20:15
M50 Joe Caruso 53 Robert Wright 51	1:24:06
Michael Brownley50	1:24:17
M55 Mel Williams 55	1:17:04
Jack Whitcomb 56	1:26:03
Chan Robbins 55	1:27:06
M60 Larry Dickerson 61	1:31:39
Herb Chisholm 66	1:35:55
Neil Wilson 64	1:38:08
W40 Donna Harrison	1:27:11
Linda Gulick 41	1:27:54
Jeanne Bowers 43 W45 Chris Stockdale 48	1:36:46
Joyce Ploeger 49	1:29:04
Barbara Biasi 45	1:39:27
W50 Karin Stronach 53	1:34:53
O.C. Thompsen 50	1:51:05
Jacq. Matthews 50	1:56:56
5K Race Overall	
Chris Carbonneau 22	15:40
Sandra Tignor 22	18:26
Masters Men	
John Thelin 45	16:56
Rick Platt 42	17:05
Cecil Davis 49	18:10

Masters Women Christie Wamsley Morris Rachel Ellenson 41

Ginny Maxwell 44

Continued on next page

21:19

22:40

Continued from	previous	page
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Gasparilla 15K	
Tampa, FL; February	27

Tampa, TE, Teb		, -,	
Overall Valdenor Dos Santos	BRA	42:41	i
Carmen deOliveira		49:03	
M40 Pierre Levisse	FRA	45:29	,
Manuel Vera	MEX	45:58	3
Joseph Nzau	WY	48:59	
Joseph Denneny Mike Allison	NC WA	52:00	
Royston Dillon	FL	52:41	
Steve Mikles	FL	53:49	
Mike Krywanski	MI FL	53:53 54:16	
Monty Sikes John Schulte	WA	54:20	
M45	130	-	
David Bowden	FL	53:59	
Ken Brashear John Lashbrook	IL	54:4	
David Colpitts	FL	55:5	
Dan Healy	FL	56:2	
Mike Riley Bob Mastrangelo	FL	56:3	
Robert Aby	MN	57:50	
Ramon Mancera	MEX	57:5	
Spiro Vamvakas	OH	58:1	2
M50 F Martinez	MEX	51:5	5
Mario Gonzalez	MEX		
Bill Springer	FL		
Vern Porter Joe Burgasser	MA	56:2: 56:2:	
D Featherstone	CAN		
John Kajander		57:3	9
Bob Yee	FL	57:5	
Jim Bledsoe Peter Scott	FL	58:3 59:2	
M55			
William Riley		57:0	
Jim Larson John Randolph	IL	57:5 59:4	
Frank Robinson	KY	61:1	
Don Clark	FL	62:0	
Jack Taylor Joe Goodwin	FL	62:2	
Kent Morgan	FL	64:0	
M60		- 44	
Norman Green Jr		54:2	
(breaks M60-64 rec			
Jim Blount Jack Gough	FL	59:1	
Bob Gavreau	NJ	62:2	29
John McGowan	FL.	62:4	16
Bob Borglund Perry Silverman	MA	63:1	8
George Armstrong	FL	63:4	
M65	-	1	000
Pat Gallagher Robert Dennie		67:1	
Richard Packard	FL.	69:3	
Vince Flores	FL		
Ben Fredrick	MN	70:4	
Mike Blancford M70	FL	73:5	9
Bart Ross	FL	70:0	)1
Millard Shumate	FL	76:5	66
Joe Norris M75+	IL	83:1	8
Dudley Healy 78	NJ	77:2	22
Ed Morgan Sr 75	KY	79:0	03
Paul Cunniff 76 Joe Thornburg 76	FL		
W40	MI	84:	١,
	-		-

hy Kalway	FL	61:01	- 13
ti Kadis	FL	63:24	
Miller	FL	63:49	1
n Breitlow	WI	74:10	1
en Macharg	FL	64:24	1
Name of Street, Street			1-
-1 7			

W40			
Carol McLatchie	TX	53:48	
Nancy Grayson	MI	54:34	
Christine Mette	FL	55:57	
Cathy Kalway	FL	61:01	
Patti Kadis	FL	63:24	
Peg Miller	FL	63:49	
Lynn Breitlow	WI	74:10	
Karen Macharg	FL	64:24	
W45			
Carol-Jean Vosbur	ghFL	64:27	
Lorita Raguso	FL	66:20	
Joan Mulvihill	SC	69:04	
Rissie Thieler	FL	69:06	
Ann Makoske	FL	69:13	
Elaine Tober	WA	69:43	
W50			
Nancy Frisillo	NY	62:00	
Vivian Johnson	FL	67:06	
Susan Isbell	FL	67:18	
Judy Powell	FL	69:17	
Elizabeth Scarry	FL	70:10	
W55		1 147	
Wen-Shi Yu	NY	68:49	
Joan Foster	FL	77:19	
Sandra Johnson	FL	78:24	
W60	-	, , , , ,	
Margretta Lutz	PA	72:44	
Doris Aronson	FL	73:08	
Cassie Bazar	NJ	83:19	
W65			
Pepper Davis	FL	76:52	
Janine Maltas	NJ	78:30	
Lynn Edwards	NC	80:26	
W70		00.20	
Martha Pembroke	FI.1	:49:37	

#### John Alden Life Fore-Miler Miami, FL; March 6

FL2:14:33

Helen Reiter 75

manufit = 1 march	•	
Overall		
Marcelo Cascabelo 29	18:45	
Mary Level-Menton 29	23:06	
M40 Alan Miller	21:39	

Ron Downey  M45 David Bowden Hector Rodriguez William Shisler  M50 Louis Buttacavoli Don Kemp Roberto Cabrera  M55 Don Magyari Ernest Bauer  M60 Alberto Cortes Fred Fehl  M65+A J Ryan 65 Robert Sagen 67  W40 Karen Macharg Patti Kadis  W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55	1:45
M45 David Bowden Hector Rodriguez William Shisler M50 Louis Buttacavoli Don Kemp Roberto Cabrera M55 Don Magyari Ernest Bauer M60 Alberto Cortes Fred Fehl M65+A J Ryan 65 Robert Sagen 67 W40 Karen Macharg Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 M60+Gerald Comes 60 W40 Rosemary Ludowese48	2:21
Hector Rodriguez William Shisler M50 Louis Buttacavoli Don Kemp Roberto Cabrera M55 Don Magyari Ernest Bauer M60 Alberto Cortes Fred Fehl M65+A J Ryan 65 Robert Sagen 67 W40 Karen Macharg Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 M60+Gerald Gomes 60 W40 Rosemary Ludowese484	2:14
William Shisler  M50 Louis Buttacavoli Don Kemp Roberto Cabrera  M55 Don Magyari Ernest Bauer  M60 Alberto Cortes Fred Fehl M65+A J Ryan 65 Robert Sagen 67  W40 Karen Machary Patti Kadis  W45 Mary Ryan W50 Marjorie Ralston W50 Marjorie Ralston W50 Sylvia Weiner W65+Miriam Gordon 67  Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55  M60+Gerald Comes 60 W40 Rosemary Ludowese484	3:16
M50 Louis Buttacavoli 2 Don Kemp Roberto Cabrera 2 M55 Don Magyari 2 Ernest Bauer 2 M60 Alberto Cortes 2 Fred Fehl 3 M65+A J Ryan 65 Robert Sagen 67 W40 Karen Macharg 2 Patti Kadis 2 W45 Mary Ryan 3 W50 Marjorie Ralston 3 W50 Botylia Weiner 3 W60 Sylvia Weiner 3 W65+Miriam Gordon 67 Racewalk 3 M50 Bob Cella 55 M60+Gerald Comes 60 W40 Rosemary Ludowese48	5:42
Don Kemp Roberto Cabrera Roberto Cabrera Roberto Cabrera Roberto Cortes Fred Fehl Robert Sagen 67 Robert Sagen 67 W40 Karen Macharg Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 M60+Gerald Gomes 60 W40 Rosemary Ludowese484	5:32
Roberto Cabrera M55 Don Magyari Ernest Bauer M60 Alberto Cortes Fred Fehl M65+A J Ryan 65 Robert Sagen 67 W40 Karen Macharg Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 W40 Rosemary Ludowese484	6:16
Ernest Bauer M60 Alberto Cortes Fred Fehl M65+A J Ryan 65 Robert Sagen 67 W40 Karen Macharg Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 M60+Gerald Gomes 60 W40 Rosemary Ludowese48	6:48
Ernest Bauer M60 Alberto Cortes Fred Fehl M65+A J Ryan 65 Robert Sagen 67 W40 Karen Macharg Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 M60+Gerald Gomes 60 W40 Rosemary Ludowese48	4:44
Fred Fehl M65+A J Ryan 65 Robert Sagen 67 W40 Karen Macharg Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 W40 Rosemary Ludowese48	5:40
M65+A J Ryan 65 Robert Sagen 67 ROBERT Sagen 67 W40 Karen Macharg Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 M60+Gerald Gomes 60 W40 Rosemary Ludowese48	9:30
Robert Sagen 67 W40 Karen Macharg Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 W40 Rosemary Ludowese484	9:57
W40 Karen Macharg Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 W40 Rosemary Ludowese484	0:00
Patti Kadis W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 W40 Rosemary Ludowese48	1:50
W45 Mary Ryan W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 M60+Gerald Gomes 60 W40 Rosemary Ludowese484	5:01
W50 Marjorie Ralston W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 W40 Rosemary Ludowese486	6:39
W55 Betty Bray W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 W60+Gerald Gomes 60 W40 Rosemary Ludowese486	25:36
W60 Sylvia Weiner W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 W60+Gerald Gomes 60 W40 Rosemary Ludowese48	1:52
W65+Miriam Gordon 67 Racewalk M40 Jim Burkhart 43 M50 Bob Cella 55 M60+Gerald Gomes 60 W40 Rosemary Ludowese484	31:40
Racewalk M40 Jim Burkhart 43 4 M50 Bob Cella 55 M60+Gerald Gomes 60 3 W40 Rosemary Ludowese484	30:27
M40 Jim Burkhart 43 M50 Bob Cella 55 M60+Gerald Gomes 60 W40 Rosemary Ludowese484	81:8
M50 Bob Cella 55 M60+Gerald Gomes 60 W40 Rosemary Ludowese48	
M60+Gerald Gomes 60 W40 Rosemary Ludowese484	10:28
W40 Rosemary Ludowese484	37:26
	37:59
WSO Tunomaria Promoct50	
moo dunding Provoscos.	38:18

Winter Haven, FL; Ma	
Overall .	20-57
Aaron Ramirez	28:57
Shelly Steely	33:01
Masters Men	
Alan Rushmer	33:22
Bruce Kritzler	33:45
Frank Shorter	33:53
M40 Tony Grappo	36:21
M45 David Bowden	35:31
M50 Bill Springer	37:01
M55 Jim Larson	38:07
M60 Jim Blount	39:26
M65 John Mitchell	47:09
M70+Gordon Johnson	49:53
Masters Women	
Carol Virga	38:22
Karen Macharg	40:10
W40 Cathie Schmidt	40:42
W45 R M Thieler	44:31
W50 Donna Haitt	45:48
W55 Juanette Imhoof	51:39
W60 Ruth Kimberly	63:16
W65+Evelyn Jennings	57:21

# Shamrock Marathon

Virginia Beach, VA; M	arch 20
Overall	1
William Frawley 22	2:21:06
Pamela Wilson-30	2:55:38
M40 Nick Manzini	2:38:05
Don Slusser	2:43:28
John Merk	2:43:50
M45 Don Rich	2:46:24
Jack Sornberger	2:49:51
Rick Thompse 1	2:50:15
M50 Robert Wright	2:57:29
George Wittman	3:00:20
Bryce Jenkins	3:02:55
M55 Mel Williams	2:45:
Bernie Davis	3:01:24
Bob Ferguson	3:16:54
M60 James Bell	3:31:31
Franklin Mason	3:53:21
Harold Hickoff	4:07:01
M70+Cokey Daman	3:58:21
E B Lloyd	4:48:36
W40 ClaudiaCiavarell	la3:02:59
Betty Blank	3:19:26
Carol Bellora 45	5 3:22:36
Maggy Zidor	3:28:58
W50+Patricia Botts	3:49:12
Renate Woodard	3:55:20

# Cooper River Bridge 10K

Charleston, SC; Apr	il 3
Overall	
Paul Bitok KEN	28:31
Sabrina Dornhoeffer MN	
M40 Nick Rose	30:21
Wilson Waigwa	31:09
Charles McMullen	31:40
Gordon English Jr	32:02
Richard Banning	32:22
Chuck Smead	32:31
Danny West	35:00
Don Lucy	35:10
Oliver Marshall	35:52
Paul Brown	36:00
M45 Robert Schlau	31:55
Greg Iarson	34:43
Phil Peterson	34:52
Terry Vanatta	35:02
Brooke Meserole	37:15
Bill Peay	37:30
Russell Brown	37:48
Chuck Greer	37:50
Dan Young	37:56
Bill Seigler	38:30
M50 Charles Teseniar	38:47
George Brandreth	40:05
Keith Weaver	40:07
Dean Godwin	40:14
Theron Cochran	40:40
Bill Vetsch	40:53
Dupree Elvington	41:04
Tom Siegl	41:12
M55 James Allen	40:50
Bob Cunningham	41:35
Toby Transou	43:08

-			_
ı	Tom Steele	44:	08
۱	John Nutt	44:	
ı	John Thompson	44:	25
I	Jim Wilson	44:	31
ı	Bob Fenning	45:	13
I	M60 Charles Rose	36:	
I	Norm McAbee	40:	
I		42:	
I		43:	
I		44:	
I		45:	
ı		47:	
ı		48:	
ı	M65 Charles Scott	47:	59
ı	Camile Toulouse	49:	05
ı	Carlyle Johnston		
ı	Joe Petroline	50:	10
I	Franklin Mason	50:	47
ı	John Cuturilo	50:	
ı	M704	50.	•
۱		46:	20
ı		54:	
ı		57:	
ı	W40 Carol McLatchie	35:	
ı	Nancy Grayson	36:	
ı	Alendia Vestal	38:	
ı	Becky Sox	40:	
ı	Kiki Sweigart	41	
ı	Tina Barber	42	
ı	Donna Trask	42	
ı	Eileen Telford	42	
ı	W45 Barbara Filutze	36	
ı	Laurie Binder	37	
ı	Anne Boone	44	
ı	Joan Mulvihill	46	
ı	Kathy Jagges	47	
ı	Lyn SmithHammond	49	
۱		50	
I	Carolyn Jarrell Harriet Dubose	50	
ı			
I	W50 Shirley Matson	37	
I	Patricia Rhode	46	
I	Louise Merring	49	
١	Ann Marsh	52	
I	Barbara Miller	52	
١	W55 Susie Kluttz	44	
I	Barbara Neagley	54	
ı	Faun Peters	54	
ı	Jane McBryde	57	
	W60 Ann Trammell	56	
	Nancy Bell	58	
I	Pat Magnuson	63	
	W65 Faye Motley	63	
ı	Lucy Jones	79	: 44
	W70+Margaret Wright 71	70	:44
	Bernice Williams75	90	:22
п			

# MIDWEST.

# Thomas Fredricks 5K

.11 20
15:54
19:22
17:17
22:54
)
18:29
27:20
19:20
nta
ain/wind

# MID AMERICA

# Kansas City Ekiden Relay Kansas City, MO; March 28

W40+ RealSundayBrunch 2:20:25 (S Gray/J Pitz/E Patterson/ J McHose)

--Marathon--(7.5K/5K/10K/10K/9.69K) M40+ Motor CityStridrs2:32:53 (B Benton/T Mifaud/M Unger/ R Goepp/J Bennett)

W40+ Team Hot Flash 3:06:58 (S Ng/M Davis/M Dowling/ S Kilbride/D Callaway)

# YMCA's Midwest Masters Classic 8K Omaha, NE; April 3

Overall Male		
Dale Bradley	(35) NE	25:51
Mike Cregeen	(36) NE	26:22
Bob Garcia	(37) NE	26:38
Ed Woerner	(43) SD	26:46
M40		
Ed Woerner	(43) SD	26:46
Ron Meiergerd	(40) NE	28:38
Jan Brusso	(44) NE	29:06
Lou Soukup	(41) NE	29:07
M45		
Gary Julin	(46) NE	27:50
Ron Olsen	(46) NE	29:43
Rick Jackson	(49) NE	30:02
Kevin Gallagher	(45) NE	30:17

Peter Adwers Robert Pease	(50) (53) (50) (52)	NE NE	30:06 31:58 35:27 35:46
Don Nelson	(57) (56) (58) (55)	IA NE	29:56 32:00 35:41 36:04
M60 Raymond Heldt Al Weaver Bob Holmberg Jim Manners	(60) (64) (60) (60)	NE NE	34:45 35:14 37:57 41:02
M65 + Richard Orr Jesse Delgado	(68) (65)		43:10 46:3
Overall Female Barb Baltzell Kris Powers Jan Schiessler Erin Sullivan	(38) (40) (38) (35)	NE NE	32:3! 34:2: 34:50 34:50
W40 Kris Powers Judy Palma Bea Sides Jeannine Bruhn W45	(40) (40) (41) (41)	NE NE	34:2: 35:0- 36:3: 37:2
Diane Johnson Percee Easdale Anne Medeiras Diane Sima	(46) (46) (49) (46)	NE NE	37:04 38:02 38:24 43:22
W50 Barbara Manning Patricia Adwers Beverly Kilborn	(50) (51) (53)	NE NE NE	41:04 43:01 44:41
W55 Nancy McCormic Diane Neff	k(58) (55)	NE NE	40:04 1:13:2
W60 + Reva Stack Celeste Earl Gloria Samuelson	(60) (60) (63)	NE NE NE	49:0 1:12:1 1:13:2
Ted Riegleman	Me	mor	ial 5K

#### Ted Riegleman Memorial 5K Parkville, MO; April 4

A say	
Overall	
Lenin Guerra	15:22
Barb Rinne	17:32
M40 Bob Logan	16:11
M50 Art McCullough	18:12
M60 Paul Heitzman	19:02
M70 Bill Dyer	26:23
M80+Howard Calkin	40:14
W40 Marcia Dowling	18:29
W50 Sue Johnson	25:20
W60 Ann Williams	24:09
W70+Jean Brunnenkant	39:27

# SOUTHWEST

#### Motorola Marathon Austin, TX; March 7

2:17:53 2:47:08 2:18:07 2:22:21 2:39:37 2:48:47 2:49:29 2:59:47 2:55:03 3:12:18 3:13:37
2:47:08 2:18:07 2:22:21 2:39:37 2:48:47 2:49:29 2:59:47 2:55:03 3:12:18 3:13:37
2:18:07 2:22:21 2:39:37 2:48:47 2:49:29 2:59:47 2:55:03 3:12:18 3:13:37
2:22:21 2:39:37 2:48:47 2:49:29 2:59:47 2:55:03 3:12:18 3:13:37
2:39:37 2:48:47 2:49:29 2:59:47 2:55:03 3:12:18 3:13:37
2:48:47 2:49:29 2:59:47 2:55:03 3:12:18 3:13:37
2:49:29 2:59:47 2:55:03 3:12:18 3:13:37
2:59:47 2:55:03 3:12:18 3:13:37
2:55:03 3:12:18 3:13:37
3:12:18 3:13:37
3:13:37
3:36:04
3:24:05
3:28:19
4:51:44
2:49:42
3:09:09
3:30:54
3:35:04
4:06:29
3:34:48

#### Crescent City 10K New Orleans, LA; March 20 Overall Phillimon Hannecks 27:45

Judy St. Hilaire Masters Men		31:56
1 Wilson Waigwa	40	30:17
2 Joseph Nzau	41	30:39
3 Dr Pat	43	31:24
4 Mike Maniscalco	40	32:50
5 Ignacio Jimenez	43	33:32
6 Paul Waggenspack	40	33:35
7 Lee Fidler		33:38
8 Ted Heroman		34:00
9 James Klebba	50	34:04
Masters Women		
1 Carol McLatchie	41	35:16
2 Barbara Filutze	46	35:52
3 Rachael Barbee	41	40:24
4 Ginger Streeter	42	41:34
5 Lisa Uter	42	42:14
6 Sarah Grace	41	42:17
7 Judy Tolliver	49	42:39
8 Francis Ard	54	42:45
9 C Aufderheide	42	43:15
10 Parbara Flanagan	40	42.16

# Capitol 10K Austin, TX; March 28

To be the second of the second	
Overall	
Keith Johnson 31	30:45
Annie Schweitzer 27	35:54
M40 John Di Carlo 41	33:43
Don Bergan 40	33:49
John Gonzalez 40	34:24
John Barnes 40	35:06
Pete Vandermay 43	35:24
M50 Bob Carpenter 50	37:48
Jay Minor 51	38:22
Carlos Sauceda 55	39:43
Tom Ford 52	40:29
Gary Schmidt 56	40:33
M60 Al Becken 64	42:21
Jack Caldwell 66	43:56
Joe Rybak 62	44:19
Robert Harms 60	45:27
Jim Simpson 60	46:40
M70 Bob McIntyre 72	46:55
Jim Southard 70	49:50
Dale Allen 72	54:58
M80+Sidney Smith 82	72:19
W40 Candy Linnell 40	39:48
Donna Spencer 41	40:13
Ruth Nalepa 49	40:55
Serai Abraham 41	41:49
W50 Mary Sauceda 50	50:06
Diane Pepin 55	50:14
Millie Williams 5	4 52:44
W60 Shirley Gilliland	6257:38
Mimi Malis 62	58:10
Charlene Ricketts	6758:53
W70 Wanda Hall 71	65:00

## WEST

#### Tucson Sun 15K Tucson, AZ; March 7

Overall	
Tom Ansberry 29	47:50
Joan Hansen-Lester 34	60:11
M40 Tim Varner	52:52
M45 Hayden Smith	55:27
M50 Gordon Foster	61:25
M55 Jack Currie	67:27
M60 Don Gravning	68:55
W40 Valeria Koch	67:46
W45 Marilyn Weik	77:28
W50 Sue Fletcher	72:09

#### 50-Plus Fitness 8K Stanford, CA; March 21

	Stanford, CA; March 21			
	M50	Sal Vasquez	26:41	
1		Dan Preston	27:27	
1	- 1	Tim Rostege	27:42	
		James Williams	28:48	
1		Tom Mota	29:07	
1		Brian Vickery	29:08	
1	-	Bill Graham	29:20	
I	M55		29:09	
ı		Russ Kiernan	30:31	
1		Ken Noel		
1		Philip Hager	30:48	
1			31:27	
1		Karl Misner	31:41	
1		Norman Saucedo	32:07	
1		John Finch	32:12	
ı	M60	Pat Devine	32:21	
ı		Tom Guldman	32:37	
		John Russell	33:23	
		Gino Fredianelli	34:27	
		Richard Laine	34:34	
1		Marcel Lassalle	34:47	
١	M65	Jim O'Neil	33:01	
1		Robert Malain	33:36	
ı		Stewart Ray	34:12	
١		Don Pickett	37:25	
ı	M70		35:40	
1		Larry Johnson	38:51	
1		Bud Rubin	41:25	
ļ		Lee Thomas	41:50	
1	M75	Bill Nice	40:42	
		Harry Harder		
ı		Tertius Chandler	44:21	
1	M80	Albert Jarschke	45:21	
ı		Chick Dahlsten	43:00	
1		Ralph Jago	43:37	
1	M90	Paul Casalan 04	52:03	
ı	W50		84:46	
ı	W30	Shirley Matson Joan Ullyot	29:34	
ı		Codi Dilyot	34:10	
ı		Gail Rodd	34:38	
ı		Jutta McCormick	35:12	
ı		Edda Stickle	35:35	
ı	W55	Wilma Maddock	36:31	
ı		M Shapiro-Perry	40:30	
١		Dina Fields	40:36	
ı	100	Rita Kerr	41:01	
ı	W60	Marion Irvine	35:07	
ı		Ann Grove	37:26	
١		Margarethe Styskel	38:50	
ı	W65		44:33	
ı		June Carroll	48:05	
١		Helen Lachman	49:24	
ı	W70	Jaclyn Caselli	45:11	
١		Judy Golding	47:42	
ı		Annette Long	59:07	
ı	Paci	fic Association Teams		
ı	M50	West Valley Jogrs&St	ridre	
1	M60	Tamalpa Runners		
ı	W50	Impala Racing Team	- 1	
ı	_	recting reali		
1		Carlchad E000		

# Carlsbad 5000 Carlsbad, CA; March 28

Overall		
Phillimon Hanneck	22	13:22
Shelly Steely	30	15:36

	-	
M40	Nick Rose	14:33
	Wilson Waigwa	14:41
13	Nolan Smith	15:22
	Pat Hambrick	15:27
	Paul Zitzelsberger	
100	Wayne Buckingham	15:56
	Wally Buckingham	16:05
1	Bill Strachan Gary Shapiro	16:06
100	David Hunter	16:20
M45	Phil Camp	16:02
	Byrle Smallen	16:09
	Ron Jensen	16:12
	Kent Oglesby	16:15
	Bob Betancourt	16:31
-2-	Bill Salazar	16:43
M50	Vick Heckler	16:17
	Mike Scott	16:19
TA T	Steven Lester	16:24
100	Mario Gonzalez	16:29
63	Jim Chenoweth	17:07
M55	Benny Holt Brian Fermee	17:41
.03	Sonny Monioz	18:06
1	Ken Noel	18:32
13 9	Oscar Lumpkin	18:50
-346	Jerry Albert	18:56
M60	Paul Saucedo	19:26
	Pat Devine	19:29
	Dick Robinson	21:07
	Marsh Haraden	21:43
M65	Bob Holmes	21:45
MOS	Jim O'Neil John Cahill	19:33
- 1	Milo Sather	20:03
1	Sam Deluca	23:02
	Walter Atcheson	23:27
M70	Jim McCown 71	21:10
	Don Dilworth 73	23:07
	Wayne Zook 76	24:09
M804	Walt Kuetzing 80	27:03
1.53	Willard Benton 89	33:24
W40	Antonio Provost 82	40:43
W40	Diana Tracy	17:19
	Sandy Robbins Janet Jordan	18:22
100	Sherri Hall	18:34
	Mindy Ireland	18:50
	Judith Hine	18:58
	Loi Coker	19:00
	Bev Clendening	19:19
W45	Laurie Binder	17:55
	Joni Shirley	19:31
7.7	Ann Walker Margaret Neville	19:55
100	Yoko Eichel	20:03
W50	Eileen Pue	19:45
	Yvette Lavigne	20:14
A PER	Kathy Loper	20:45
- 1	Carol Lasseter	21:03
W55	Tere Verdin	20:37
	Judy Martin	23:47
	Martha Walker	23:53
W60	Peggy Acton	23:54
400	Sumi OnoderaLeonari Elfriede Sarina	
17 14	Pam Baker	27:36 27:54
W65	Mary Storey	24:31
-14-10	Doris Gordon	26:49
	Betty Roberts	32:59
W70	Gerry Davidson 72	26:52
1	Judy Simon 77	30:42
000	Mary Rice 71	41:08
8	The second second	

#### INTERNATIONAL

# British Veterans Cross-Country Championships Burnley; March 7

Darmey, march	45 BEE 1
M40 Robert Treadwell	33:20
Brian Kirkwood	33:33
Martin Rees	33:44
Kenneth Moss	34:15
Ian Bloomfield	34:24
M45 Alun Roper	34:10
Brian O'Neill	34:30
Harry Matthews	35:01
M50 Les Presland	35:41
Stephen James	36:11
Alan Jefferies	36:20
M55 Dick Cooper	37:15
Charles Crump	38:44
Cyril Leigh	38:46
M60 Eric Appleby	39:45
Ron Higgs	40:53
M65 Stephen Charlton	41:46
Bob Peart	41:46
Ron Lucas	41:49
M70 James Johnston	24:52
M75 Harold Wilson	28:58
M80 Stanley Bradshaw	41:50
W35 Maggie Statham	19:48
Julie Asgill	19:58
Viv Connell	20:00
W40 Christine Price	20:11
Diane Marsh	20:47
Diana Braverman	20:52
W45 Pat Gallagher	20:44
Pat Mee	22:19
Sally Dodwell	22:38
W50 Jean Hulls	23:48
Jeanne Bryan	23:55
W55 Mollie Smith	22:37
Lola Small	24:46
W60 Judith Elliott	26:27

Because of space limitations, Race-walking Results will appear next month

# USA TRACK & FIELD NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS PROVO, UTAH - BRIGHAM YOUNG UNIVERSITY - AUGUST 11-14, 1993

ACCOMMODATIONS: Seven Peak Resort Hotel is serving as the meet headquarters hotel. We have secured a special rate of \$42.00/single and \$46.00/double (taxes not included). Mention the "National Masters Track & Field Championships". Seven Peak Resort Hotel can be reached at 1-800-777-7144. Other accommodations range from economy to moderate. These include the following hotels/motels:

Best Value Western Inn 40 W. 300 So. (800)322-8029 City Center Inn 150 W. 300 So. (800)453-4511 \$20-33 Colony Inn 1380 So. University Ave (800)524-9999 \$24-66 Columbian Best Western 70 E. 300 So. (800)528-1234 \$36-52

Comfort Inn 1555 No. Canyon Rd. (800)228-5150 \$50-75 Cottontree Inn 2230 No. University Parkway (800)528-1234 \$50-100

Days Inn 1875 No. 200 West (801)375-8600 \$46-61

East Bay 1292 So. University Ave (800)326-0025 \$29-55 Motel 6 1600 So. University Ave (801)375-5064 \$29-32 Rome Inn Best Western 1200 So. University (800)528-1234 \$40-56 Safari Motel 250 So. University Ave (801)373-9672 \$23-50 Super 8 1288 So. University Ave (800)843-1991 \$29-40 Travelodge 124 So. University Ave (800)255-3050 \$30-55 Valley Inn 1425 So. State (801)377-3804 \$24-28 Make your reservations early, it is the tourist season!!

(Four nights Tuesday-Friday, lunch Tuesday through breakfast Saturday) . . . . \$83.00

(Four nights Tuesday-Friday, lunch Tuesday through dinnet Friday) . . . . . . . . \$72.00

(Four nights Tuesday-Friday) ..... \$47.00

(Lunch Tuesday through breakfast Saturday) ..... \$45.00

Half mile or less from track

CAMPUS FOOD AND HOUSING INFORMATION: Housing is available Tuesday, August 10 to Saturday, August 14. Check out is at 11:00 a.m. Accommodations include clean, comfortable sleeping rooms (two twin beds per room), with centrally located restrooms and showers that are near, but not in your room. Men and women are housed in separate buildings. The food and housing packages are as follows: (All packages include applicable taxes).

1. Shared (2 per room) 3 meals per day per person 2. Shared (2 per room) 2 meals per day (lunch and dinner) per person

3. Housing Only - Shared (2 per room) per person

4. Food Only - 3 meals per day per person

Please be aware that shorts, tank-tops and miniskirts are not acceptable attire for the cafeteria. Sweat suits are permissible.

On-campus housing is for those participating in or are directly involved with the competition. On-campus housing is not available for family members of the athletes. Housing for couples is not available.

The standards of Brigham Young University include abstinence from alcohol, tobacco, illegal drugs, coffee, and tea, and the observance of high moral standards. BYU reserves the right to request those not honoring these standards to leave their facilities. Use the reservation form on the application page.

absolutely relie tion, Brigham Y

#### GENERAL INFORMATION

Ben Stowell (801) 538-2062

ELIGIBILITY: Competition is open to all men and women 30 years of age and older. Age on August 11, 1993 will determine the com-petitor's age group. Individual competition will be held in age groups of five year increments starting at age 30. Relays will be held in age groups of 10-year increments. Proof of registration with USA Track & Field will be required from all U.S. nationals at on-site registration. Foreign competitors are allowed to compete, but need to provide similar proof of registration from their country's governing body. Proof of date of birth will be required

from all competitors at on-site registration. A driver's license, passport or birth certificate will be acceptable documentation.

AWARDS: USA Track & Field Championship medals will be awarded to the top three U.S. nationals in each age division of each event final. Duplicate awards will be given to foreign athletes who place.

**ENTRY FEES AND PROCEDURES: Entry fee is** \$20 for first event, \$15 for second event and \$10 for each subsequent event; pentathlon \$20; and relay \$40 per team (must be pre-entered). The entry fee includes a t-shirt to be received at on-site registration. All entries must be received by July 12th, 1993. Confirmation

of entry will be sent within seven days or no later than July 19, 1993. No entry will be considered complete unless it is accompanied by payment of fees, in full. There will be no refunds of entry fees for any reason. Changes after July 31 will be made only if lanes are available in existing heats.

LATE ENTRIES: The absolute final date for entries will be July 31, 1993, with \$20 late fee charged and no confirmation.

ON-SITE REGISTRATION & PACKET PICK-UP:

Packets consisting of number, t-shirt and updated schedule and information will be available at Seven Peaks Resort Hotel, 101 West 100 North, Provo, Utah, Tuesday, August 10 from 9 a.m. to 6 p.m. and at the track on days of competition from 7:00 a.m. to 4:00 p.m. Other meet information will be mailed with entry con-

TRANSPORTATION: Delta Air Lines, Inc., cooperation with The Utah Association of USA Track & Field, is offering special rates to the competition. Special zone fares are available from cities within the contiguous 48 states to Salt Lake City, Ut. Should published fares which provide a greater savings be available, reservations may be confirmed at that rate provided all applicable restrictions are met.

To take advantage of this discount, follow these simple steps:

- Call Delta, or have your travel agent call, at 1-800-241-6760 for reservations from 8:00 a.m. - 11:00 p.m., Eastern Time - Daily.
- Refer to File Number: E1061
- 3. Certain restrictions may apply and seats are
- These discounts are available only through Delta's toll-free number, so call today.

AVIS Rent A Car System, Inc. is providing special rates for those involved in the competi-tion. Call 1-800-331-1600 and use the Avis Worldwide Discount (AWD) number, Y552649. OFFICIALS: Most officials and all head officials will be nationally or master-ranked USA Track & Field Certified officials from across the United

ADMISSION (for Non-Competitors): \$2.00 per day, \$5.00 for three day pass, \$6.00 for four-

VENUE: Chevron 440 surfaced, 400-meter track with nine 48-inch lanes. Fully automatic timing will be used. Only 1/4 spikes may be us-

ATHLETES' BANQUET: We have made arrangements for a Dutch Oven Banquet for Friday night, August 13th, along with a "Mountain Man" demonstration. There will be a separate fee of \$10.00 per person for the banquet.
Please indicate your desire to attend on the entry form and include \$10.00 per person with your check

# 1993 USA TRACK & FIELD - NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS

Last Name	First Name	First Name		
Affiliation/Club	M/F	Division	Age on (8/11/93)	
Address	City/State	The state of the s	Zip	
Event #1 & Beet Mark	de trape a sie seguir	X \$20 US		
Event #2 & Best Mark	X \$15 US		· Children	
Event #3 & Beet Mark		X \$10 US	and the state of	
Event #4 & Best Mark X \$10 US				
Pentathion & Best Mark		X \$20 US	- Promisions	
Relay - Team Name		X \$40 US	Samuel Control of the	
Individual Relay Team Member Names		15 12 14 12 17 - A	WING NO	
T-Shirt _S _M _L _XL _XXL (add \$2 for each XXL)		Extra Shirts x \$7 US each	er/Ampuros/fig	
Friday Night "Dutch Oven" Banquet		X \$10 US per person	1	
USA Track & Field Registration Number		Total Amount Enclosed	• Participation of	

Dete iblicity purposes, please list on the beck or on a separate attached sheet any past accomplishments (Olympics, national masters, etc.) or or resume, photos or newspaper clippings.

ereby declare I am in good health and properly conditioned for the competition, and of the stated age. I absolut seters Track & Field Championships Organizing Committee, USA Track & Field the sponsoring organization, Brit and all officials conducting the meet of any responsibility for any injury, loss or damage to myself or my proper he course of or in connection with the 1993 USA Track & Field National Maeters Track & Field Championships.

Teer at line and send lower portion to BYU for food and housing

1993 USA TRACK & FIELD NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS BYU FOOD AND HOUSING REGISTRATION FORM

	seired, complete this form and mail to the office of: 8, o do NOT send any money, food and housing is payable	
PLEASE PRINT OR TYPE		
Perticipent Name:	Of the second se	~*/ · · · · · · · · · · · · · · · · · · ·
Address:	Carlot Santa	1 4 1 1 1 2 4
City:	State:	Zp:
Phone:	Gender:	Desired Package (circle one)
C P	Female Male	11 12 13 14

#### Tentative Schedule of Events

Final schedule will be included in each athlete packet upon check-in in Prove Age groups may be merged into one heat/flight when entries are not adequate for a full field

#### WEDNESDAY **AUGUST 11**

PENTATHLON (WOMEN) 8:00 PENTATHLON (MEN) 9:00 5000M RUN (ALL FINALS) 8:30 BOOM (TRIALS\*)

12 or less per age group will advance to fli 400M (TRIALS!) 9 or less per age group will advance to finale

FINALS) 8:00 W/All ages Men to follow

#### THURSDAY AUGUST 12

5000M RACEWALK (ALL FINALS) 8:00

110M HURDLES (FINALS) 100M HURDLES (FINALS) 80M HURDLES (FINALS) 400M (ALL FINALS) 1500M (TRIALS) 100M (TRIALS) 100M (FINAL S) 2000M STEEPLECHASE (ALL FINALS) W/All ages Men to fo 3000M STEEPLECHASE (ALL FINALS) POLE VAULT (FINALS) 8:00 SHOT PUT (PRELIMS & FINALS) 8:30 Men Only JAVELIN (PRELIMS & FINALS) 8:00 Women Only TRIPLE JUMP (PRELIMS & FINALS) 8:00 W/All ages HIGH JUMP (FINALS) 8:30

#### FRIDAY **AUGUST 13** 10 000M RUN (ALL FINALS) 7:00

400M HURDLES (ALL FINALS) 300M HURDLES (ALL FINALS) BOOM (ALL FINALS) 200M (TRIALS\*) . 8 or less per age group will 200M (FINALS) 4X100M REGIONAL RELAY (FINALS) DISCUS (PRELIMS & FINALS) 8:00 LONG JUMP (PRELIMS & FINALS)

#### SATURDAY **AUGUST 14**

10,000M ROADWALK (FMAL) 7:30 W/All Ages M ROADWALK (FINAL) 7:30 M/All Ages 1600M (ALL FINALS) 10:30 4X100M RELAYS (ALL FRIALS) 4#4000 RELAYS (ALL FINAL RI 4=200M RELAYS (ALL FRIALS) 100M AGE-CRADED (FRIAL) JAVELIN (PRELIMAS & FINALS) 8:00 Men Only SHOT PUT (PRELING & FINALS) 8:00 Women Only