309th Issue May 2004 \$3.00

Boston Hosts Its 9th Nationals



SUZY HESS

Finalists in the M35 200 (I to r): Robert Thomas, winner (22.20), Barney Borromeo, Hoy Thurman, William Marshall, James Smith, and Gwynn Villegas, National Masters Indoor Championships.

By JERRY WOJCIK

For the ninth year in a row, masters athletes converged on Boston for the USATF National Masters Indoor Championships, and the consensus was that "practice does make perfect."

The meet, held at the Reggie Lewis Track and Athletic Center on March 26-28, drew 726 men and women athletes, age 30-and-over, who competed in five-year age groups through 90-94. While the numbers were down from

the 758 in 2003, records and performances were up.

Twenty-eight world and 28 U.S. records were broken or established. Last year, 16 world and 30 national records were revised. World and national records are pending until approval by the masters international and U.S. record committees.

The star of the meet, Max Springer, 90, Knoxville, Tenn., competed in the

Continued on page 17

2736 Athletes Break 44 WRs in Sindelfingen

WMA Holds 1st World Indoor Meet

By JERRY WOJCIK

Athletes who competed in the inaugural World Masters Athletics Indoor Championships in Germany, left the host city of Sindelfingen with 44 pending age-group world records in their wake.

Championship events were held in

"das Glaspalast" arena in Sindelfingen, a city of 60,700, about 15 kilometers from Stuttgart, the capital of the federal state of Baden-Wurttemberg. The arena has eight lanes for the 60m sprint and hurdles within its 200m four-lane track.

Continued on page 22



BRIAN KEAVENEY

The U.S. W40-44 bronze medal 4x200 team (2:05.43), WMA Indoor Championships (I to r): Shelley Walsh, 50, Carla Hoppie, 52, Joanne Petkus, 45, and Joy Upshaw-Margerum, 43.

De Reuck Captures Women's Olympic Marathon Trials

BY SUSANNAH BECK

By the time you read this, Colleen De Reuck will be a masters runner, which is why we made an exception, and put the 39-year-old winner of the U.S. Women's Olympic Marathon Trials, St. Louis, Mo., April 3, on the front page.

Running a very conservative strategy, De Reuck, 2:28:25, made her fourth Olympic team and beat the best field of U.S. women marathoners assembled in the past decade, including the overwhelming favorite, Deena (Drossin) Kastor, 31, Mammoth Lakes, Calif., 2:29:38. And all just ten days before turning forty. Bravo, Colleen!

The course was criterium-style, consisting of almost four laps around a 6.88-mile loop in the open greensward of Forest Park. The loop itself consisted of five pancake-flat miles followed by a 1.8 mile stretch of gradual hills. Bright sun was tempered by temperatures in the low 40s at race start, and a palpable but not dominating breeze.

Unlike her usual racing style, which includes early speeds that approximate jet lift-off, De Reuck played a sensible waiting game that consisted of steady 5:40 miles. Patience paid off, as she caught several fading early leaders during the third lap. De Reuck finally reeled in the big fish, a hard-bonking Kastor, at 24 miles.

"I was surprised," said De Reuck after the race. "I said before I thought the only way Deena wouldn't win was if a dog ran out on the course and grabbed on to her leg. But I've run in lots of marathons, and I know that anything can happen." In fact, on a freezing day on the same course last year, De Reuck herself lost the lead on the final lap, as she succumbed to hypothermia.

De Reuck, the affable South African native who became a U.S. citizen in 2000, has been a force on the roads since she moved to the U.S. in the early 1990s. She has also excelled at cross-country, her favorite running

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VICTOR SAILER/PHOTO RUN

Colleen De Reuck, 39, winner (2:28:25), U.S. Women's Olympic Team Trials, St. Louis Marathon, April 3.

Joshua Kipkemboi, 45, 2:18:23, KEN, and Rumilia Burangulova, 42, 2:34:08, RUS/FLA, were first masters in the 108th Boston Marathon, April 19. More on the race in the June issue.

National Masters News
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CALIFORNIA STATE GAMES

DATES

Masters - Friday, July 16

& TIMES:

Youth - Saturday, July 17 - Sunday, July 18

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SAN DIEGO

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NMN welcomes contributions - results, schedule info., photos, letters, articles, and opinions. Manuscripts should be typed and double-spaced. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is desired. E-mail to natmannews@aol.com is accept-

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PAYTON JORDAN

In December 2003, Payton Jordan underwent 11-1/2 hours of surgery to remove a rare cancer (mucoepidermoid carcinoma) from his neck, and then underwent 10 weeks of radiation. His wife Marge's lymphoma returned after eight years in remission.

In reflecting on the cancers that he and Marge are fighting, he said. "We are thinking positive thoughts thoughts of running a good race, and winning! You have no idea how powerful the love and prayers from our family and track 'family' have been for us in meeting this challenge."

In an April 12 phone conversation with me, Payton relayed this message: "Hey, Gang. Thanks for everything. Your prayers have been felt. Marge and I appreciate all your concerns, and our affection is mutual. We are out of the woods and going to be as good as new. The sky is blue, the sun is out and it's a good day, every day."

To Payton and Marge, we send lots of get well wishes, and remind them that they are remembered, loved and admired by many.

> Karen Huff by e-mail



Getting ready to vault in the 2004 National Masters Heptathlon, Kenosha, Wisc. (I to r): guest Tyrone Lewis, M55, Great Britain, Jeff Watry, M45, and John Hawkins, M50

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Periodically, NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an in-depth schedule section, and more.

We are grateful for the support of masters athletes. Special thanks this month go to:

Teresa Aragon **Paul Adams** Cliff Bedell Steven Bowles William Benson Archie Glaspy **Audrey Lary** Len Rosen

Santa Fe, New Mexico Matlacha, Florida Scottsdale, Arizona Henderson, Nevada Valley Stream, New York Dasking Ridge, New Jersey Frederick, Maryland Salem, New Hampshire



Mary Ellen Nourse, W45, in the mile, 2004 Idaho Masters Classic

North Hollywood, CA 91615-6597

PACIFIC ASSN. CHAMPIONSHIPS BERKELEY, CA - MAY 30

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- · Letters submitted to Write-On should include your full name, signature, address, and daytime telephone number. Information other than your name and city in which you live are kept confidential.
- · E-mail submissions same as above (except, of course, no signature).
- · Keep it short. Concise letters developing a single theme are more likely to be published.
- · Please type and double space.
- Letters are condensed and edited.
- Not all submissions are published.

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2004 USA National Masters Outdoor Track & Field Championships

August 5-8, 2004 • Millikin University, Decatur, Illinois Presented by Millikin University & The Decatur Area Convention & Visitors Bureau

Thursday Track

ELIGIBILITY: Competition is open to all men and women 30 years of age and older. Age on August 5, 2004 will determine a competitor's age group. Individual competition will be held in age groups of 5-year increments starting at age 30. Relays will be held in age groups of 10-year increments.

Proof of registration with USA Track & Field will be required from all U.S. Citizens. On-line registration is available at, <u>www.directathletics.com</u>
We strongly suggest you obtain your USATF card in advance through your local Association or on-line USATF.org.

Proof of date of birth will be required from all competitors in advance. A photocopy of your passport or birth certificate must be sent with your entry form to assure eligibili-

AWARDS: Championship medals will be awarded to the first three U.S. finishers in each age group. Ribbons will be awarded to places 4,5 and 6. Non-championships medals will be awarded to any foreign guest competitors who finish tin the top three. We anticipate awards will be presented on the southeast corner of Frank M. Lindsay

Entry Fees & Procedures: All entries must be RECEIVED BY MONDAY, JULY 19, 2004. Confirmation of entry will be sent to all competitors who have registered by July 19th. Late entries received after July 19 will be assessed a \$50.00 penalty. Absolutely no entries will be accepted after Monday, July 23rd, 2004.

No entry will be considered completed unless it is accompanied by full payment of fees. There will be no refunds of any entry fees for any reason.

A commemorative USA National Masters T-Shirt may be purchased for \$9.00 in advance, or \$12.00 on site.

AIR TRAVEL: Airline services within 45 minutes of Decatur are Decatur Airport

AIR THAVEL: Airline services within 45 minutes of Decatur are Decatur Airport (217) 428-2858 American Connection www.decatur-airport.org, Springfield Airport — (217) 788-1060, American Connection, United Express and ATA Connection, www.flyspi.com and Bloomington-Normal Airport — (309) 663-7383, United Express, American Eagle, American Connection, Air Tran Airways, Northwest Airlink, www.cira.com, and Champaign Willard Airport (217) 244-8604, American Connection, American Eagle, Northwest Airlink, Com Air (Delta) www.willam.cira.com, American Connection, American Eagle, Northwest Airlink, Com Air (Delta) www.willam.cira.com, American Connection, American Eagle, Northwest Airlink, Com Air (Delta) www.willam.cira.com, American Connection, American Eagle, Northwest Airlink, Com Air (Delta) dairport.com.

HOUSING INFORMATION: Off Campus – The Decatur Area CVB has created a room block and is listed on the Millikin website. Reservations may be completed directly with the hotel. All Decatur*Forsyth hotels are within 10-15 minutes of the track and field venue.

On Campus – reservations on line (www.millikin.edu/athletics/track or by mail. Oakland Hall features single, double or quad-occupancy rooms laid out in suites with private bathrooms. Each floor has a full size kitchen and lounge with a big-screen TV. The ground floor is home to the University Bookstore, computer lab and Common Grounds coffeehouse. Oakland is located 300m from the track and cafeteria. Check on line for rates.

SHUTTLE: Shuttles will run from the hotels to the track each day.

EQUIPMENT: Maximum spike length is 1/4 ". Meet management will have field event implements (including a range of vaulting poles) and starting blocks available for use by all competitors. Personal implements and blocks may be used by a competitor, subject to approval by weights and measures. Personal implements are exempt from the loss-of-identity rule; i.e., they need not be made available to other competitors.

CHAMPIONSHIPS DINNER: The Decatur LOC will host one athlete's dinner in Fairview Park adjacent to the Millikin University Campus. The "down-home" meal will include entertainment by award winning Decatur Park Singers. Tickets for the event will be \$18.00.

Your invitation to Decatur, Illinois -

The ten-minute equation:

On the Millikin University campus, all track & field events are within a ten minutes walking distance to housing, food and entertainment.

In Decatur all restaurants, hotels and motels, and attractions are within a ten minutes drive.

Information on our web site is as follows;

www.millikin.edu go to Athletics then Track & Field and then The Masters!







Event Schedule

Steenlechase W/M

5000 Finals W/M	Cicopiconaso IIIII	DISCUS IVI7U+, PVOU+
		Hammer M30-49
800 Prelims W/M	Friday Field	Shot Put M50-59
400 Prelims W/M	Long Jump W/M	
	Javelin M70+, W60+	Pole Vault M30-49
Thursday Field	Discus M30-49, W30-59	
Pole Vault W, M70+	Hammer M50-59	Sunday Road
Javelin M30-49	Shot Put M60-69	10K Road Walk W/M
Discus M50-59	Pole Vault M50-69	
Hammer M60-69, W30-59	High Jump M30-49	Sunday Track
Shot Put M70+, W60+		200 Round 2, If necessary, M
	Saturday Track	1500 Finals W/M
Thursday Multi	10K Run W/M	
Pent (M) LJ, JT, 200 DT, 1500	100 Round 2, if necessary, M	Int. Hurdles Finals W/M
Pent (W) HH, JH, SP, LJ, 800	Int. Hurdle Prelims M30-64	200 Finals W/M
(11) 111, 511, 511, 25, 500	100 Finals W/M	Relays 400, 3200, 1600, W/M
Friday Track	800 Finals W/M	
5000 Racewalk W/M	200 Prelims W/M	Sunday Field
High Hurdle Prelims M	200 1 1011113 11/11	High Jump W
100 Prelims W/M	Saturday Field	Javelin M50-59
1500 Prelims M	High Jump M50+	Discus M60-69
400 Finals W/M	Triple Jump W/M	Hammer M70+, W60+
High Hurdle Finals W/M	Javelin M60-69, W30-59	Shot Put M20 40 M20 50

2004 USA National Outdoor Track & Field Championships COMPETITION ENTRY FORM All entries must be received by

	July	19, 2004		
Last Name				
First Name		Date of Birth (M)(D)	(Y)	
Address		2004 USATF #		
City		Citizenship		
State	Postal Code	E-Mail Address		
Country		Fax Number	A THE OWNER OF THE PARTY OF THE	
Telephone (Da	ay)	_ Telephone (Evening)		
3 4 5		Best Performance 03-04	\$30.00 \$20.00 \$10.00 \$10.00	
7.			\$10.00	
Pentathlon \$3	0.00(regardless of other ever	nts entered)	\$30.00	
Surcharge for	entries received after July 19	9	\$50.00	
Championship	os Supporter (Optional)		\$15.00	
	ers Committee Fee (Mandator		\$10.00 \$10.00	
		#shirts x \$9.00 each _		
	d will be available at packet p			
Championship	Dinner # x \$18.	.00 per person =		
		Total Amount \$		
by check or m		ekets MUST accompany your en ent made payable to Millikin Un		
		he following: VISA MC Expiration Date		

I hereby declare that I am in good health and am properly conditioned for the competitions, and that I am of the stated age on this application. I absolutely relieve Millikin University, USA Track & Field, USATF Illinois, and corporate sponsors of any responsibility for any injury, loss or damage to myself or my property, which I may sustain in the case of (or in connection with) the 2004 USATF National Masters Outdoor Championships. I also verify that I am registered or will register with USA Track and Field for the year 2004.

If paying by credit card, you may fax this form to (217) 362-6414. If paying by check or

money order, mail this form along with payment to the address above.

Signature	Date
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Bob McMillen Missed History by Inches and Seconds

66 T sometimes think I can do more than I can," said Bob McMillen by phone from his Anaheim, Calif., apartment. He was referring to the fact that he had given some thought to participating in the Los Angeles Marathon a week earlier but then decided against it.

"I'm not in any shape for that kind of thing," he continued. "I'm 76 years old now. I walk a few miles a day and do a little jogging, but I'm not up to doing a marathon. I'm just a hasbeen.

McMillen was alluding to his track career that included a silver medal at 1500 meters in the 1952 Helsinki Olympics, a race in which he narrowly missed the gold medal and the distinction of becoming the first American winner at that distance since Mel Sheppard in 1908. (Sheppard is still the last American to win the 1500.)

Olympic Final

Running last among the 12 finalists, including England's Roger Bannister, in the Olympic Final, McMillen covered the last quarter in 55.9 seconds, overtaking everyone except Josef Barthel of Luxemburg. Another few yards and McMillen would have had the victory.

Both Barthel and McMillen were credited with 3:45.2 and shared in the new Olympic record. It was also a new American record for McMillen. Bannister finished fourth with a 3:46.3. The first eight finishers were all under Jack Lovelock's Olympic record of 3:47.8, set in 1936.

"Bob was truly one of America's all-time greats in the mile," Payton McMillen's coach at Occidental, recently told me. other modern day American has placed higher in the Olympic metric mile, and no other American shared the Olympic record, as he did with Josey Barthel."

Sub-4 Anniversary

As Tom McMillen, Bob's younger brother, sees it, the 50th anniversary of the first sub-4 mile should have been on September 13, 2002, not on May 6 of this year, or perhaps on some other date in 1952 if Bob had had more opportunity to run the mile in 1952.

"If he would have been in that mile in Antwerp," Tom said, referring to a September 13 meet following the Olympics in which the leaders went through two laps in 2:00.2 and three laps in 3:02.3, "he would have run the final lap in 57 seconds and would have been the first under four minutes. But he had run five 1500s, two 800s, one 2000, a 1000, and a mile in Edinburgh before that, and that was just too much running for Bob, or anyone."



Very low key then and now, Bob, a retired building contractor and widower, shrugs at his brother's comment. "Yeah, but that's kind of hindsight," he offered about breaking four minutes in Antwerp or even at a later date, before Bannister made history on May 6, 1954. "Things weren't so commercialized then and I had to make a living and get married. I was getting just \$15 a week (for expenses).'

Meet Record

At Cathedral High School in Los Angeles, McMillen won the 1946 California state championship in the mile with a 4:24.0, a new meet record.

In 1948, at 19, he won the national junior college championship in the mile with a 4:23.6, then went on to make the Olympic team that year in the steeplechase. However, in the London Olympics, he fell face first into the water on the last jump of his heat and failed to qualify for the final.

In 1950, he won the two-mile in the Coliseum Relays with a 9:02 and lowered his mile best to 4:07.8. Prior to attending Occidental in 1951, McMillen was a front-runner and sometimes outkicked. Under Jordan's tutelage, he changed his strategy, hanging well behind the leaders and finishing with a strong kick. To capture a spot on the '52 Olympic team, he ran his last 400 meters in 58.3, winning going away in 3:49.3.

Finishing Kick

"I did a lot more ins and outs," McMillen explained the finishing kick he found in 1952. "We'd run a hard 100, jog a 100, run 100 again, that sort of thing.

Brother Tom recalled that Bob wasn't particularly motivated to train for the Helsinki Olympics. "He got a job to frame a house in Westwood," Bob said. "He went to school in the daytime and then he would drive out to the job and start working around 4 o'clock. Then, he'd work until it got dark. Here it was the Olympic year and Bob did not want to go through with all the training it took to get in shape." But Tom and a friend convinced Bob to let them take over his carpentry duties while he trained for the Olympics.

Post-Olympics

Although he never broke 4:05 for

the mile, McMillen's best 1500 of 3:44.8, recorded three weeks after the Olympics, equates to a 4:02.7 mile. With today's tracks, shoes, and modern training methods, he surely had the potential to go well under four min-

"Bob had three things going for him," said Tom. "First, a slow heart rate of 40 beats a minute; second, great endurance; and third, natural ability to run and win. He could have been the first to break four minutes."

Bob joined the army and was sent to Korea in 1953. He attempted a comeback in 1957, but never really got the momentum going again.

"No, not really," Bob responded when asked if many people recognize or remember him as an Olympic silver medalist and standout middle-distance runner.

"But I remember, and it still means a lot to me."

(Mike Tymn can be reached by email at metgat@aol.com)

FIVE YEARS AGO May 1999

- · 841 Athletes Set 42 Indoor WRs at USA Masters Championships, Boston
- Emil Pawlik (60, 6053), Bill Angus (56, 5248), and Ken Ellis (41, 5216) Top Scorers in USATF National Masters Indoor Heptathlon Championships
- ·Andrey Kuznetsov (41, 2:14:19), Josette Colomb-Janin (46, 2:40:36) First Masters in Boston Mara-

Slow and Soft Americans

While Roger Bannister became the first person to officially break four minutes in the mile 50 years ago, on May 6, no American would do it until June 1, 1957, when the University of California's Don Bowden recorded a 3:58.7 in Stockton, Calif.

In a letter written by Percy Wells Cerutty, the somewhat eccentric Australian coach, to Stanford coach Payton Jordan on October 14, 1958, Cerutty suggested that the problem with American middle-distance runners was the failure to recognize the need for upper body development.

"I am shocked at the poor understanding of upper body movements, use of arms, etc.," Cerutty wrote to Jordan, further mentioning that he was gradually convincing runners and coaches in England and the rest of Europe by personal demonstration. The letter frequently mentions Cerutty's best student, Herb Elliott, who earlier in the year lowered the world record in the mile to 3:54.5 and the 1500 WR to 3:36.0.

At his training camp in Portsea,

Cerutty had Elliott and other top Australian runners lifting weights and doing pull-ups and push-ups for upper body strength, something frowned upon by most coaches of that era. As part of his Stotan Creed (from "Stoic" and "Spartan"), Cerutty also had them charging up sand dunes and running barefoot over trails covered by burrs.

Cerutty envisioned a 3:40 mile. "[If they were to develop the upper body] types like Don Bowden could [go well under 4 minutes], honestly, Payton, I can foresee and envisage how it could be done, to build up such a type to run thru each 440 around 55 seconds. Imagine a big, upstanding type, properly conditioned, mature (Elliott, remember, is only 20!) who can run to start with, and do laps in 55. Sounds ridiculous? Of course, not, and work out what it means to the mile if such a one could unleash a last 440 in 50 seconds, as Elliott did in an 880. I marvel at how poor and weak they are, not how good!"

The world record now stands at 3:43.13, although that may be a little soft considering that the current 1500 WR equates to a 3:42.27. - Mike Tymn



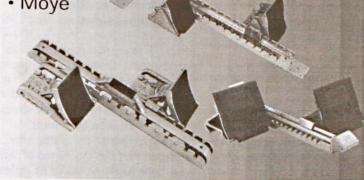
Ellen Humphrey, W70 winner (30:08), Race Against Violence 5K, Honolulu, April 4.

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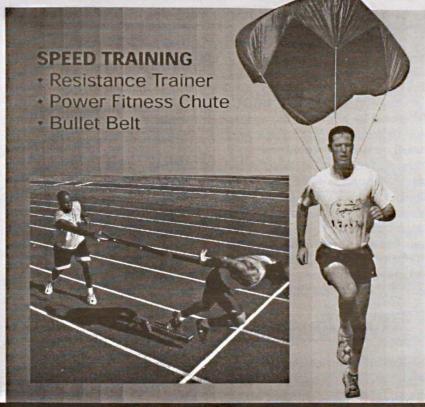
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PAGLIANO'S PODIATRIC POINTERS The Foot Beat By JOHN W. PAGLIANO, D.P.M.

Injury to the Knee

ne of the most common injury sites among runners is the knee. Of the various types of such injury, anterior knee pain is one of the most common. A study of 700 distance runners conducted by Wake Forest University looked at differences between non-injured runners and runners with anterior knee pain.

Among factors examined were training patterns, anthropometrical values, rear foot motion, ground reaction forces, muscular strength and endurance variables. Among the find-

· Stretching did not appear to be beneficial in preventing injury.

- · The injury group showed a higher arch or a more rigid foot pattern. This type of foot has a smaller weight-bearing area and greater pressure during the support phase of running. Therefore, arch height may be associated with a higher risk of knee injury.
- The control group was bigger, leaner and stronger, which may be an asset in protecting the distance runner from injury by more effectively dissipating the stresses associated with

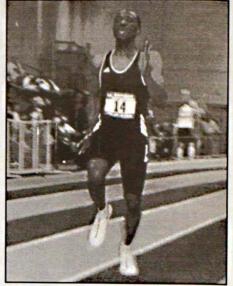
- · Leg length differences did not appear to have an effect.
- · Both groups wore their shoes more than the recommended 300-400 miles. The injured runners tended to replace their shoes more frequently, perhaps due to injury. The high arch foot cannot absorb shock and the ability of a shoe to attenuate shock is reduced with increased wear.
- Although hard to determine, it appeared that the incidence of injury was more likely to occur as mileage increased.
- As the foot strikes the ground during the first 10% of the support phase of gait, the runner's weight, magnified by the acceleration of gravity, increases the load on the lower extremities. As the foot pronates,

there is an increase in shock absorption.

- · Since the injured group tended to have a higher arch foot, there was less pronation, resulting in a more rigid landing and increased shock to the lower extremity, thus contributing to the overuse injury.
- · The injured group was weaker in knee extension.
- · Those with higher arched feet were more likely to be affected with anterior knee pain and, as such, pronated less through the first 10% of gait.

In essence, there appear to be several functions that contribute to anterior knee pain, including weakness of the leg. Runners need to include a strength training program as part of their exercise program.

(Dr. John Pagliano can be reached by e-mail at thefootbeat@aol.com)



JERRY WOJCIK

Charles Allie, M55 winner of the 400 with an age-graded 93.3% 55.19. National Masters Indoor Championships.

Cross-Country Council Makes Changes Affecting Masters Athletes

By CAROLE LANGENBACH

Cross-Country Council Executive Committee met at the Winter Nationals in Indianapolis on Feb. 7, and made decisions on several topics affecting masters.

Beginning in 2005, the masters competition distance at Winter Nationals in February will be 8K for men and women. The masters competition distance at Fall Nationals will be 10K for men and 6K for women. The Council will continue to accept bids for stand-alone masters championships (e.g., 5K).

After receiving input from many masters clubs that participate in our national championships, it was decided to submit a rules proposal to change masters scoring from "time scoring" to "place scoring." There are many good reasons to keep the scoring the way it is now, so this topic requires discussion. Masters reps around the country should discuss this with their local ath-

The decision will be made by convention attendees at this year's USATF Annual Meeting in Portland. Part of the proposal will deal with how many runners will displace for each team: for teams of five scorers (men's 40+ and 50+), eight will displace. For



Susannah Beck, NMN assistant editor, finished ninth with a PR 2:34:44, U.S. Women's Olympic Team Time Trials, St. Louis Marathon, April 3.

teams of three scorers (men's 60+ and 70+ and all women's teams), five will displace.

One masters championships has been added to this year's schedule. The Adirondack Association was awarded a 5K masters championships. The meet will take place at Saratoga Spa State Park in New York on Sunday, Oct. 17.

As always, please contact me with your cross-country concerns (see p.3).

613 674

Finalists in the M70 200 (I to r): Harry Brown, 1st (28.85); Lloyd Williams; Joe Summerlin, 3rd (30.21); Vern Schewe; and Dennis Melanson, 2nd (29.08), National Masters Indoor Championships

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Whittemore, 104, Comes Out of Retirement

By BEVERLEY LEWIS

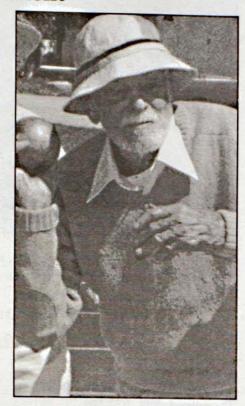
John Whittemore, the oldest active masters athlete in the world, recently came out of retirement to establish a new world single-age record best for the M104 4kg shot put. With his walker stashed on the side of the circle, Whittemore, who admitted to being a little shaky in the knees, nonetheless put the shot 1.78/5-10 3/4.

The history-making event took place at the recent Santa Barbara Easter Relays Combined Masters/ Open/Youth meet on March 28 at Santa Barbara City College.

Certifying officials were Southern California Masters Chair and USATF official Andrew Hecker, USATF official Gene Cassidy, recently retired SBCC coach and now masters meet director Robin Paulsen, and Club West President and USATF official Beverley Lewis.

After announcement of the record, Whittemore was given a standing ovation by the stadium crowd. Small children clamored to have their photographs taken with the truly "Master of Masters" athlete, while Whittemore's daughter Joan Close looked on approvingly. "Daddy enjoyed this," she later said.

Whittemore's exploit was later shown on KEYT TV News in Santa Barbara as well as on the Los Angeles



TRYG WASBATTE
John Whittemore

TV news shows. The Santa Barbara News Press also devoted a column to him.

Now that he is out of retirement, Whittemore intends throwing the javelin, shot and discus at Club West's upcoming masters meet in October.

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material, results, schedule items, and advertising is the 10th of the month before date of issue.

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Kathy Fones, Meet Director, 505-865-8612 fax 505-565-8387 foneskn@aol.com

SCHEDULE OF EVENTS FOR JULY 11, 2004

4:00PM 3000M Racewalk M-W 7:00PM 400M M 3:00 HT*, LJ, HJ 4:30PM 3000M Run W 7:10PM 100M W 4:00 SP*, TJ, PV 5:00PM 5000M Run M 7:20PM 100M M 5:00 DT* 5:30PM 80-100MH W 7:30PM 800M W 6:00 JT* 5:45PM 80-100-110MH M 7:40PM 800M M 7:00 WT THROW* 6:15PM 4X100 M-W 7:50PM 200M W 6:30PM 1500M Run M-W 8:00PM 200M W 6:45PM 400M W 8:20PM 4X400 M-W If 3 sign up, 400MH will be run at 4:25 *THE 1ST 3 THROWS WILL BE SCORED AS A WEIGHT PENTATHLON. **THE 16#, 20#, 25# AND 35# WEIGHTS WILL BE AVAILABLE. OTHER IMPLEMENTS WILL NOT BE PROVIDED. SCHEDULE OF EVENTS FOR JULY 24, 2004 3PM MEN'S PENTATHLON: Long Jump, Javelin, 200m, Discus, 1500m. SCHEDULE OF EVENTS FOR JULY 24, 2004 3PM WOMEN'S PENTATHLON: 100mh, High Jump, Shot Put, Long Jump, 800m. ENTRY FORM T&F MEET PENTATHLON (Please circle) NAME(LAST) (FIRST) AGE SEX DATE OF BIRTH T&# PHONE ADDRESS CITY STATE ZIP T&F MEET \$12 FOR 3 EVENTS, \$3 FOR EACH ADDITIONAL EVENT 1. 4. 2. 5. 3. 6. 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DATE

ATHLETE'S SIGNATURE



Masters Racewalking

By ELAINE WARD

Donna Cunningham on Balanced Alignment – Part 2

ast month Donna Cunningham, W55 gold medalist at the 2003 Outdoor Masters Nationals in the 5K and 10K racewalks, discussed the importance of positioning or balancing the body in concert with gravity. This month, she continues by focusing on some of the exercises that helped her achieve her gold medals in Eugene. Donna is a certified instructor of Vance Bonner's method of structural reprogramming. Dr. Bonner can be reached by e-mail at www.the vancestance.com. - ew

Most masters racewalkers understand the importance of stretching for flexibility. What makes the Bonner system special?

DC: They may not understand the relationship of a muscle's ability to stretch and to contract. Muscles are designed to expand and contract. When one function is neglected, imbalance occurs. Think of an elastic waistband that is stretched too much and becomes slack. It then loses the ability to contract at all.

The exercises in the system are designed so that opposing muscle



Paul Johnson, M65 winner, 3000 racewalk (16:09.69), 2004 National Masters Indoor

groups are functioning equally to bring the body into balance as well as permitting maximum joint flexibility. They will automatically show you the areas where you are too tight or have lost contractual strength

What makes the Bonner system special is that it is not just about muscle care. It is about how a person stands and moves without creating muscle tension and pain. It focuses on the structural programming needed for the balanced alignment of the entire body.

Proper Positioning

I tell my classes that if they want to improve their athletic ability they must first think about the positioning of their feet, knees, pelvis, chest, shoulders and head. All the exercises I teach focus on supporting proper body posi-

Along the way, my students become aware of how well or poorly their muscles help. I want them to learn to check and adjust their body alignment when they are standing and moving. If their body parts are aligned, their muscles will function properly without tension or discomfort.

EW: So what throws our bodies out of alignment?

DC: Any imbalance in the tension of the muscles that are working to support and move us. Muscles are in a balanced relationship when they are equally strong and flexible. Poor alignment occurs when one set of muscles is too weak and slack while its opposing set of muscles is too tense and tight.

Don DeNoon, M60, and Fan Benno-Caris, W85, broke 3000m racewalk age-group world records in the National Masters Indoor Championships.

The famous swayback often reveals weak abdominal muscles and tight back muscles. Without strong support, the belly sags forward and pulls the lower back with it, shortening the muscles of the lower spine.

Frequently, imbalances are caused by trauma and overuse. It is not uncommon for competitive athletes to experience overuse injuries when they are trying to improve their performances.

Hamstring Injuries

Racewalkers experience a lot of hamstring injuries. Aggravating causes are poor alignment of the feet, knees and pelvis, and an imbalance of the quadriceps and hamstrings. The strength of the quads overpowers the weaker hamstrings. Though time heals the hamstrings, if postural adjustments are not made, there is a high risk of repeat injury.

EW: It is not unusual to see walkers stretch their calves and hamstrings, but ignore their shins or quadriceps. Or they might work to strengthen their abdominal muscles, but not bother stretching their backs. Do you give a routine that racewalkers can automatically follow to get everything aligned

and working properly?

DC: Definitely. Joint flexibility requires muscles that work together so they can lengthen and shorten to perform the movements demanded of them. Range of motion tests reveal where joints are tight or weak. The arm motion of racewalkers requires flexibility in the shoulders. If the shoulder joints are free, the arms can make big loose circles. If the hip joints are free, the legs can make large forward, sideways and downward circling motions

Stretching Exercises

EW: What are two exercises you give racewalkers for their arm swing and hip rotation?

DC: The doorway stretch is good for increasing the flexibility of the shoulder joint so the arm can move in a full arc. This movement stretches across the chest and opens and frees the shoulder joints.

Stand facing an open doorway with your feet a little back from the center of the door. Check to see that you are

standing in alignment, feet parallel and knees flexed slightly. Without rotating back, place one hand, palm out, against the back of the doorsill as a point of resistance so you can feel a lengthening of the arm and a contraction between your shoulder blades.

Then, imagine there is a hook at the top of your head extending from the top of the door frame and that you are stretching your neck and spine upward. Lean slightly forward, directing the stretch out through your elbows as well. If this position is difficult, start with your hands lower down on the door frame, either in a straight position or the right angle position

A good stretch for hip rotation is the cross-legged sit: This one opens the hip joints, knees and ankles. It also releases the sides of legs and buttocks.

Sit on the floor with your legs crossed in front of you, but not tucked under each other. Position your legs so that one is in front of the other on the floor. Extend your arms straight in back. Making fists with your hands place them on the floor and push up with your knuckles.

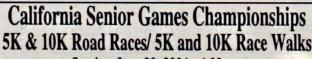
Keep your elbows locked to form a firm lever to support your torso as you sit tall. Point your toes and keep your legs flat. You should feel a stretch on the outside of the hip of the forward leg. Switch legs and repeat.

To increase the intensity of this stretch and include the neck, drop your head forward and feel a stretch all the way down your spine. Place your hands out in front with your forearms on the floor. If possible, let your head gradually drop all the way to the floor while keeping your sit bone down. Focus on the back of your neck as this is a key place to release.

EW: How many exercises do you give your students?

DC: It depends on what each needs. Vance Bonner has 34 exercises. There are many for the feet, knees, hips, back and arms that are excellent for racewalkers. But again, the objective of what I teach is to get the bodies of my students in balanced alignment. The stretching and strengthening exercises are the means to this end.

(Elaine Ward can be reached by email at narwf@aol.com)





Championships.

Sunday, June 20, 2004 - 4:00 pm Rose Bowl, Pasadena Jim Hanley, Meet Director



The 10K Race is the California Qualifying event for the 2005 National Senior Games in Pittsburgh.

> For more information or an entry application: Cynthia Rosedale (626) 685-6754 cpr@pasadenaseniorcenter.org Entry Application is also available at: www.pasadenaseniorolympics.com

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH - MAY 2004

THIS MONTH - N		
ATHLETE NAME (RESIDENCE)	BIRTH	GROUP
KARL WILLMS(GÉR) HIROSHI AOYAMA(JPN)	5- 6- 9 5-10- 9	95+
LEO CLOUTIER(BRUNŚWICK,ME) DON FINLAY(GBR)	5-16-9	95+ 95+
ALEXANDER GREEN(FORT LAUDERDALE,FL)	5-27- 9 5-31- 9	95+ 95+
W. RAMM(GER) JOHN GILMOUR(AUS)	5-27-14 5- 3-19	90-94
GENE ROCHAMBEAU(SAN DIEGO,CA) VILJO KYYRO(FIN)	5-23-19	85-89 85-89
AGNAR HATTELAND(NOR)	5-24-19 5-28-19	85-89 85-89
GEORGE MURRAY(HONOLULU,HI) FRITZ BOSCHEN(GER)	5- 1-24 5- 7-24	80-84
AIVARS PAVULINS(AUS)	5- 8-24	80-84 80-84
REG MCCRAE(AUŚ) WILBUR BUCHANAN(PACOIMA,CA)	5-17-24 5-18-24	80-84 80-84
HAVARD LUND(NOR) TOM WALNUT(DEWITT,NY)	5-20-24	80-84
AVERY BRYANT(PALOS VÉRDES CA)	5-22-24 5-25-24	80-84 80-84
STEVEN PECK(DANVILLE,CA) JIM BLOUNT(ORLANDO,FL)	5-30-24 5-11-29	80-84 75-79
GERALD WITTEN(KS) KARE OKSAVIK(NOR)	5-12-29	75-79
DAVID FRAITAG(SAN DIEGO.CA)	5-14-29 5-17-29	75-79 75-79
EDWARD STABLER(SYRACUSE,NY) HARRY LINDELL(SWE)	5-30-29 5- 8-34	75-79 70-74
EDWARD MCCOMAS(BALTIMORE,MD)	5-25-34	70-74
WILLIAM BAILLIE(NZ) DON LEE(TX)	5-28-34 5-29-34	70-74 70-74
NEAL CHAPPELL(CA) JANIS LUSIS(URS)	5- 2-39 5-19-39	65-69 65-69
VIKTOR BOLSHOV(URS)	5-23-39	65-69
JAMES TURNER(ALPHARETTA,GA) FRED SCHLADEN(GER)	5-23-39 5-24-39	65-69 65-69
LEON HACKER(RSA) BRUCE MILLS(LAKE BLUFF,IL)	5-26-39	65-69
JOHN REYNOLDS(AUS)	5-27-39 5- 7-44	65-69 60-64
HEINZ HARRE(AUT) THADDEUS BELL(N. CHAS,SC)	5-12-44 5-14-44	60-64 60-64
MIRUTS YIFTER(ÈTH) FRANC VIVOD(YUG)	5-15-44	60-64
FRANK BOZANICH(VISTA,CA)	5-15-44 5-20-44	60-64 60-64
BILL BUSBY(THOMASVILLE,NC) HANS SCHOUTEN(NED)	5-24-44 5- 8-49	60-64 55-59
JAMES KING(SAN DIEGO,CA) DAVE MCKENZIE(CA)	5- 9-49	55-59
FIDELIS NDYABAĞYÉ(UGA)	5-10-49 5-10-49	55-59 55-59
ISTVAN MAJOR(HUN) EDUARD LONGAUER(SLV)	5-20-49 5-26-49	55-59 55-59
VASILIOS MAGANAS(GRE) MIKE HOGAN(LA JOLLA,CA)	5- 7-54 5- 9-54	50-54 50-54
SCOTT KESSLER (PORTLAND, OR)	5-13-54	50-54
KEES VAN PELT(NED) PAT PORTER(ALAMOSA,CO)	5-30-59 5-31-59	45-49 45-49
PAUL GROCE(US) RUBYE FOWLER(COOKEVILLE,TN)	5-30-64 5- 1- 9	40-44 95+
FELICITAS SALAŽAR(SAN DIEGO,ĆA) DOROTHY BAVARO(HIGHLAND HILLS,NY)	5- 7- 9 5- 7-14	95+ 90-94
MARY STOREY(RIVERSIDE,CA)	5- 4-24	80-84
RUTH SEEGER(AUSTIN,TX) KATIE JOCOY(DEL MAR,CA)	5-30-24 5- 4-29	80-84 75-79
DOROTHY ANDERSON(EUGENE,OR) PENNY TAYLOR(US)	5- 7-29 5-11-29	75-79 75-79
AUDREY LARY(FREDERICK,MD)	5- 9-34	70-74 65-69
SANDRA FOLZÉR(WYNCOTE,PÁ) BECKY SISLEY(EUGENE,OR)	5-10-39 5-10-39	65-69
RAGNA ROKSVÄG-ZANGER(ÜS) JANET BOBER(MA)	5-15-44 5-18-44	60-64 60-64
PATRICIA MCGRATH(WESTCHESTER,PA)	5-18-44	60-64
MARY HARTZLER(GAHANNA,OH) EMILY STONE(BERKELEY,CA)	5-14-49 5-14-49	55-59 55-59
ROSE THOMSON(MADISON, ŴI) LINDA LANKER(SPOKANE, WA)	5-13-54 5-16-54	50-54 50-54
CAROL POENISCH(US)	5-24-54	50-54
BRENDA WEBB(AUSTIN,TX) IRENE THOMPSON(SYRACUSE,NY)	5-30-54 5-30-54	50-54 50-54
JULIANA CASALS(NY) MARGARETA HOLM(SWE)	5-20-64 5- 8-24	40-44 80-84
JORUN NYGAARD(NOR)	5- 6-29	75-79
MARY WAHREN(AUS) IMKE PARLEVLIET(NED)	5-14-34 5-22-34	70-74 70-74
HEIDI PRATSCH(GER) AGNES SERGERS STERCKX(BEL)	5-28-34 5- 8-39	70-74 65-69
CLAUDINE DEMBOURG(FRA)	5-24-39	65-69
RIETJE VAN WALREE-HEYSTEE(NED) MARAGRET ELLEN SMITH(AUS)	5-25-39 5-25-39	65-69 65-69
GILLIAN PLATER(GBR)	5-26-39 5-29-39	65-69 65-69
SIGRID FUNK(GER) ROSEWITHA PANNEKOUCKE(BEL)	5-31-39	65-69
SEVERINA PESANDO(ITA) MIRJAM BRUGMAN(NED)	5- 7-44 5-15-44	60-64 60-64
ANNE-MARIE PRUEDE(FRA)	5-16-44 5-19-44	60-64 60-64
ELAINE STATHAM(GBR) HELGI SAGOR(EST)	5-28-44	60-64
MARY THOMAŠ(AUŠ) JANETTE STEVENSON(GBR)	5-30-44 5- 3-49	60-64 55-59
NGAIRE DRAKE(NZL)	5-11-49	55-59 55-59
PAMELA IMMELMAN(RSA) MONICA SNYMAN(RSA)	5-20-49 5-22-49	55-59
PAMELA HAYES(AÙS) CHRISTA VAHLENSIECK(GER)	5-23-49 5-27-49	55-59 55-59
BOZENA WOJCIEKIAN(CAN)	5- 8-54	50-54 50-54
MARYNA VAN NIEKIRK(RSA) URSULA MAKOWIEC(GER)	5-14-54 5- 5-59	45-49
JENNY BROWN(GBR) KIM DAVISON(GBR)	5-21-59 5-22-59	45-49 45-49
Mill DAVISON(OBN)		

Compiled by Pete Mundle

California Senior Games Championships

M

Track & Field Meet - Saturday, June 5, 2004

Pasadena City College - Robinson Stadium 1570 East Colorado Blvd., Pasadena, CA. Meet Director: Christel Donley

Track & Field Coordinator: Pete Clentzos

Race Walk & Assistant Meet Director: Jim Hanley
The California Qualifying Meet for the 2005 National Senior Games, Pittsburgh

	Schedule of Ev	ents	and the second
	Track	Field	
9:00	5,000M Walk	9:00	Softball Throw
10:00	5,000M Run	10:00	Pole Vault, Javelin
10:30	800M Walk	11:00	Long Jump
11:00	50M Dash	11:45	Shot Put
11:45	1,500M Run	Concl. of SP	Discus
12:00	1,500M Walk	Concl. of LJ	Triple Jump
12:30	Grandparent Relay	1:30	High Jump
1:00	400M Run		MANAGER STATE
1:30	100M Dash		
2:15	800M Run		
3:00	200M Dash		

Entry Fees: \$30.00 Registration Fee, plus \$6.00 per event

5 year divisions, for men and women, age 50+

Miscellaneous: Competition order - oldest to youngest, women first (except HJ & PV which start at lowest height); Throwing implements not provided, except SP; Must bring own vaulting pole; PV for experienced vaulters only. 6 jumps for Long Jump; 6 throws for Javelin, Shot Put and Discus; 4 jumps for Triple Jump; 3 throws for Softball Throw.

Surface & Timing: All weather track; Automatic Timing System

For more information: Cynthia Rosedale - (626) 685-6754; cpr@pasadenaseniorcenter.org FAX: (626) 577-4235

Entry Form (please print)

Last Name _ Address	First Name	Sex: M F	-
Phone	Age as of 6/5/04 DOB	1,500M 5,000M GP Relay (NC)	

Make checks payable & mail by May 27th to: Pasadena Senior Center, 85 E. Holly, Pasadena, CA. 91103

WAIVER: In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors or administrators, waive and release forever any and all rights, claims or damages I may accrue against the Pasadena Senior Center, Pasadena City College, the Meet Directors and all sponsors of the California Senior Games Championships, their successors, representatives and assigns of any and all injuries which I may suffer while traveling to and from and while participating in the Meet held June 5, 2004 at Pasadena City College. I certify that I have no physical defects or injuries that would prevent me from competing in this Meet.

Signature	Date



On The Run

By HAL HIGDON

The History of Masters Miles

David H.R. Pain in 1966 as part of a popular San Diego track & field meet that attracted some of the fastest runners in the world. Les Land was meet director. Pain recalls: "I approached Land with the idea of adding a race for runners over 40. He was lukewarm until I suggested the name 'Masters Mile.' That hooked him. Although we played second fiddle to the likes of Peter Snell, Jim Ryun, Billy Mills and Gerry Lindgren, the catchy name found its way into wireservice reports. As a result, open track meets elsewhere began including the event, spurring interest in masters athletics."

One individual contacting Pain for suggestions the following year was Jim Hartshorne, an ornithologist from Ithaca, New York, home of Cornell University. Hartshorne talked the track coach at Cornell into inserting a masters mile in a major indoor meet limited to college athletes.

"The race proved successful," wrote Rick Hoebeke in the newsletter of the Finger Lakes Runners, "so Jim got on the telephone to race directors of all the major track meets on the East Coast in an attempt to sell them the idea"

Not On My Track

Not all race directors were impressed. "I don't want some old fart dropping dead on my track," said one. But within a few years several major meets added masters events, including the Knights of Columbus Games in Boston, the Millrose Games in New York and the Penn Relays in Philadelphia.

I met Jim Hartshorne during the tour to Europe for masters runners that Pain organized in the summer of 1972. Jim talked me into coming to his masters mile, which conveniently was after another masters mile in an indoor track meet in Philadelphia that I ran several times. In my first Philadelphia appearance, Jim Hershberger of Kansas and I ran a near dead heat, both lunging for the tape, falling and skidding across the boards. These were old men? The crowd loved it.

Shoving Match

Even better was the same masters mile in Philadelphia two years later. I held the lead into the last lap when Henry Kupczyk, a Polish Olympian who had emigrated to the U.S., passed on the outside of the final turn and shoved me into the infield. Moving back on the track, I pushed Henry, unfortunately propelling him forward, so he beat me.

Despite finishing one-two, we were disqualified, the win going to Frank Pflagling, who also had won the previous year. I argued with officials that Henry had been disqualified at the time of the first push, so I shouldn't have been disqualified, since technically he was no longer in the race when I fouled him. Somehow, they failed to appreciate the logic of my argument.

After the Philadelphia race in 1973, I traveled to Ithaca to run at Cornell, placing second to Hal Snyder.

Hartshorne Miles

Jim Hartshorne had competed in the first masters track & field meet in San Diego in 1968, winning the mile in 4:50.5. He was a single father charged with raising three young children, his wife having died in an accident. The Cornell Masters Mile continued under Hartshorne's direction, and in 1981 he added a women's mile that attracted nine competitors.

In 1991, Rick Hoebeke of the Finger Lakes Runners took over management of the races, which became the Hartshorne Memorial Masters Miles after Jim's death three years later. The race continues to this day, the oldest men's as well as women's masters miles in North America, perhaps in the world.

(Hal Higdon is a contributing editor for Runner's World. The above article is an excerpt from The Runner's World Guide to Masters Running, scheduled for publication in the spring of 2005.)



JERRY WOJCIK

Chris Hughes, M35 mile winner (4:34.55), National Masters Indoor Championships.

De Reuck Captures Trials

Continued from page 1

expression, and recently won the U.S. cross-country championships in Indianapolis this March.

This will be De Reuck's fourth Olympic team; she represented South Africa three times: once at 10K, and twice in the marathon. She is coached by her husband, Darren, who is well known in Colorado for his work with the Boulder Striders and the Running Republic of Boulder clubs.

It was a solid day for some of the other top masters in attendance. Jenny Spangler, 40, Lake Villa, Ill., coming into the Trials seeded eighth, thanks to her 2:32:39 at Chicago last fall, placed tenth, 2:36:30. She ran a daring race, going out with the hard-charging lead pack. By halfway (1:15:01), though, she was drifting backwards through the field, and dealing with quadriceps difficulties. Spangler was able to stay the drift, however, and held on for tenth.

Right behind Spangler and gaining, Linda Somers-Smith, 42, San Luis Obispo, Calif., employed the reverse approach, and ran a come-from-behind race, working her way through the field from a 1:18:00 opening half to eleventh place overall, 2:37:28. Spangler and Somers-Smith, of course, went one-two at the 1996 Olympic Marathon Trials in Columbia, S.C., in 1996, and represented the U.S. in Atlanta.

Susan Loken, 40, Phoenix, Ariz., the next master in, significantly improved on her 59th seeding by finishing 32nd overall, 2:44:23.

From the Minnesota masters scene, Janet Robertz, 44, Shorewood, 2:47:14, placed 47th. Kelly Keeler, 42, Bloomington, arrived at the Trials with a 2:43 qualifier, but caught a cold the week before the race, and was unable to finish. Six-time Olympic Triallist Bev Docherty, 45, St. Paul, cruised to 68th, 2:52:21.

The enduring Angela French, 45, Lacey, Wash., was also running her sixth marathon trials, and made it through St. Louis in 3:02:41, for 94th place. Oregonians Rosa Gutierrez, 40, Glendale, 2:52:34, and Meghan Arbogast, 42, Corvallis, 3:10:40, had very "off" days, but stoutheartedly stuck it out.

The Women's Olympic Trials Marathon is unique in creating an atmosphere of such excitement and camaraderie, that otherwise sensible elite runners forget the first rules of racing and line up at the starting line sick, injured, and even recently postpartum, just happy to participate in what for many has become an "old home week" celebration.

Carole LeGate, 41, Green Bay, Wisc., for example, seeded 63rd after her 2:44:44 win at the Green Bay Marathon last spring, entered the race despite a stress fracture sustained a month before. She told the Green Bay *Press-Gazette*, "I ran 14 great miles,



VICTOR SAILER/PHOTO RUN Linda Somers-Smith, 42, ran a 2:37:28, U.S.

Linda Somers-Smith, 42, ran a 2:37:28, U.S. Women's Olympic Team Trials, St. Louis Marathon, April 3.

but I had a tightness in my leg... I knew that would happen, but by mile 16, I slowed down a bit. At mile 18, I was just hoping I could finish, and by 20, I couldn't run another step." Le Gate reported looking forward to the 2008 Trials, when she will be 45.

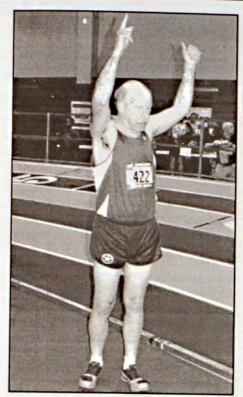
Veteran marathoner Dr. Marie Boyd, 44, now of Missoula, Mont., started her warm-up process for the race by nursing her four-month-old baby. Boyd reported before the race that she was just happy to be there and it wouldn't bother her if she even got lapped.

One masters runner who did show some sense was Joan Benoit-Samuelson, 46, Freeport, Me., who withdrew from the field a week before the race with a recalcitrant Achilles tendon problem.

It was an excellent day for spectators, who could cheer for their favorites as many as 15 times around the course, and enjoy the park's recently restored 1904 World's Fair monuments. The top three places at the Trials earned spots on the Olympic team that will compete in Athens late this summer. For complete results, go to www.usatf.org.

(Beck, NMN Assistant Editor, finished ninth in the Trials with a PR

2:34:44.)



Bill Melville, M75 200 winner (30.98), 2004 National Masters Indoor Championships.

FIFTEEN YEARS AGO May 1994

- 658 Athletes from 47 States Compete in Indoor Nationals
- at Columbus, Ohio

 John Campbell (40, 2:14:19)
 and Priscilla Welch (44, 2:35:00) Win Masters Titles
- in Boston Marathon
 •Wilson Waigwa (40, 14:22)
 and Laurie Binder (41, 16:54) Set U.S. Masters Records in Carlsbad 5K



JERRY WOJCIK Christy Bonselle, W30 winner in the 3000 (11:27.13), National Championships. Masters Indoor

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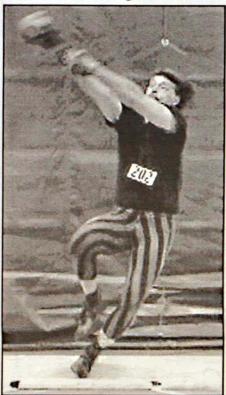


The Weight Room

By JERRY WOJCIK

Another Weight Column! You're 110% Correct

f I ever need a savory topic in a hurry, I can always count on the weight. Since we started to go Boston's Reggie Lewis Center nine years ago for the Indoor .Championships, the talk among weight throwers was who would be the first to bounce one off of the back wall there, which, I would guess, is about 65+ feet from the throwing circle inside the cage. The best bet was former Olympian hammer thrower Tom Gage.



Tom Gage set an M60 U.S. record for the 20# weight, throwing inside the track oval, National Masters Indoor Championships.

Gage, who has been revising hammer and weight records since turning 60 last year, never got the chance. In the 2004 Championships at the Lewis Center, to avoid the fallout from a ricocheting record, the M60 event, complete with circle and sector, was tactfully held inside the 200m track. A smart move. Gage was near the 75-0 feet range with a 22.82/74-10 1/2 U.S. record with the 20# weight.

Seven more age-group weight records were broken. Gage and three others also set superweight records.

Official Event

The weight was adopted as an official WMA event last summer in Puerto Rico. What will happen to Gage's mark and the others in terms of world records? The WMA Records Committee customarily accumulates "best" marks for three years for a new event before issuing world records for that event from the stockpile.

In the U.S., a couple of years ago, the Masters T&F Committee voted to drop the three-year waiting period. Now, top marks are submitted to the USATF Records Committee to be approved at the annual meeting. This year, it will be held in Portland, Ore.,

in early December.

There are no world records for the superweight because it is not a WMA event. Consequently, there are no agegraded tables for the superweight The age-graded percentages for the superweight seen in the 2004 Indoor Championships results elsewhere are based on the tables for the weight, which is why they've been deleted from the results in this issue.

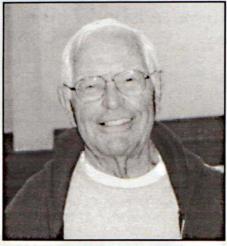
Gage's 56# superweight toss of 9.06 is given a 39.9% performance in other published results. Can't be.

Of all of the marks in the Championships in Boston, just three are at the 100%+ level. You guessed it - in the weight throw. It occurs occasionally in other events as well, but seems endemic to the weight.

Earl Fee, 75, Canada, ran a WR 2:32.47, an age-graded 99.0%. That fits. He's the best in the world. Gerald Vaughn, North Carolina, holder of the M65 U.S. record at 14.01, did a 13.53,



Robert Harvey, Rhode Island, fourth in the M60 shot put (12.55), National Masters Indoor



JERRY WOJCIK

David Schlothauer, 86, triple gold medalist in the throws, with a U.S. record in the weight throw, National Masters Indoor Championships.

an age-graded 99.1%, in Boston. That works because he's at the top of his age group at 69.

Shadow of Doubt

Some people, seeing a performance level of 111% or more, must marvel at the athlete's skill. Others, including me, wince.

I don't want to take anything away from an athlete who scores an agegraded 112% or such, but a mark that computes at over 100% doesn't enhance a performance. It casts a shadow of doubt over its credibility.

Your mutual funds may have gained 105% in value over the years. Your high school track or football coach may have exhorted you to give 110% in the big meet or game against Elvis Presley High, but not much else is

Isolated Phenomenon

It wouldn't be so bad if the phenomenon appeared in other events, but it seems to be more common in the throws. It's particularly troublesome when the mark is over a 100% but is not a record performance. On the other hand, a solid record performance that is far below the 90% international class level or even the 80% national level stirs up questions.

The enigma of the 100%+ performance in any event looms larger when Phil Byrne, Masters T&F Awards Sub-Committee Chairman, and his crew get together at the USATF Annual Meeting to decide on age-group Athletes of the Year and Outstanding Athletes awards. An athlete's agegraded performance is a big factor of who is selected in the final voting, so how do you treat figures that come from an event in which the age-grading seems to be top heavy?

Knock off 15%? How about 8%? Disregard it completely?

Distance people and jumpers (sprinters seem to do pretty well in age-grading) must wonder what they have to do to hit those 100% standards, or even get in the 90% when awards time rolls around.

After all of this, I should be thankful that the weight throw provides me with fodder about once a year. If only I could dish the dirt on the shot, discus, and javelin; although, the javelin is rumored to be a problem in some social circles.

(Jerry Wojcik can be reached by email at jerrywoj@aol.com)



Jim Gerhardt, M75 winner in the shot put and superweight, National Masters Championships.

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Monica Joyce Keeps Title in the Family

Magill's Swift Kick Wins Carlsbad 5000

Held two weeks earlier this year than last, the granddaddy of carnivalesque California races, the Carlsbad 5K, March 28, delivered big masters events once again, with separate heats for 40+ men and women. This year saw the assembly of 1245 racers in the masters men's event, and 800 in the women's.

Hot off his USATF National Masters 6K Cross-Country Championships win in Indianapolis, Feb. 7, Peter Magill, 42, South Pasadena, Calif., made up a 20-meter deficit in the last 300m of the speedy T-shaped downtown course to burst past Brian Pope, 41, Oxford, Miss., 14:51 to 14:52. Danny Martinez, 42, Alhambra, Calif., 14:54, and Alfredo Vigueras, 41, Woodland, Calif., 14:56, made it a tight race. Last year's runner-up by a hair, Dennis Simonaitis (14:38 in 2003), 41, Draper, Utah, 15:06, was fifth.

Magill decided to enter the race only that morning, as a tight hamstring had been bothering him. Insomnia and the thought of his teammates getting to run without him, however, got him out of bed and into the car. Magill runs with Team Runners High of Long Beach, Calif.

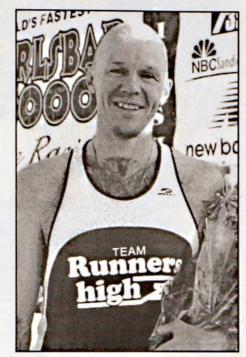
Team Runner's High member Dave Parsel, 48, Costa Mesa, Calif, 15:53, cruised to the M45 title here, edging veteran miler Steve Scott, 47, Carlsbad, 15:59.

Nolan Shaheed, 54, Pasadena, Calif., won the M50, 15:54. Shaheed is getting faster again after a few 16:00+performances here since his 15:36 M50-54 age-group record here in 2001 (which still stands).

Michael Dove, 57, Salinas, Calif., 17:30, just surpassed John Combs, 56,



VICTOR SAILER/PHOTO RUN Monica Joyce, 45, winner (17:08), Masters Women's 5K, Carlsbad 5000, March 28.



VICTOR SAILER/PHOTO RUN Peter Magill, 42, first (14:51), Masters Men's 5K, Carlsbad 5000, March 28.

Palos Verdes, Calif., 17:32, for the M55. Jim McCown, 82, San Diego, 29:02, was pressed by Stanley Coombs, 80, Pismo Beach, Calif., 29:15. Hal Elrick, 85, Chula Vista, Calif., rounded out the field with a 50:00.

Monica Joyce, 45, Pinckney, Mich., 17:08, had no trouble adjusting to the balmy California weather as she ran off with the W40+ race by a football field or so. Ms. Joyce is not to be confused with her older sister Regina Joyce, of Seattle, who won the women's masters race here last year. In their younger days, both sisters competed for Ireland in the Olympic Games. Joyce manages the Tortoise and Hare running store in Ann Arbor, Mich. Her 17:08 is a W45-49 U.S. record (old record: Filutze /17:14/1993).

Dolly Ginter, 40, Irvine, Calif., 17:54, held off track star Ceci St. Geme, 40, Newport Beach, Calif., 18:04, for second. The San Diego TC's Teri Fitzgibbons, 55, San Diego, 19:43, was the first W50+.

Jo Ann Meyer, 61, Del Mar, Calif., ran a speedy 21:22 to top the W60.

At the top of the charts, Marjorie Easton, 88, Del Mar, Calif., 48:22, held off Edith Allen, 92, Laguna Woods, Calif., 48:48.

(For more information, go to www.eliteracing.com.) □

TEN YEARS AGO May 1994

- •600 Participants Set 31 Indoor WRs at USATF Championships in Missouri
- •Doug Kurtis (42, 2:14:48) and Emma Scaunich (40, 2:33:36) Win in Boston Marathon
- •Masters Legend Paul Spangler Dies at Age 95

Payson, Merz First in Masters National Half-Marathon

By JERRY WOJCIK

Michael Payson, 40, Falmouth, Me., and Martha Merz, 41, Mystic, Conn., were first masters in the New Bedford, Conn., Half-Marathon, which served as the USATF National Masters Championships on March 21.

Payson covered the course in 1:22:36. His closest competition came from Craig Fram, 45, second M40+ in 1:11:36. Fram, Plaistow, N.H., holds the M40 U.S. indoor 3000 record (8:32:52), and set several M45 pending records for the 3000 this indoor season.

Merz, third W40+ (1:23:05) in the 2003 Championships here, improved to a 1:22:36, to take the race by 20 seconds from Rosalva Bonilla, 41, Corona, Calif.

Repeat division winners were Armenio Ferreira, 62, Cranston, R.I., 1:26:34, and Carlton Mendel, 80, Portland, Me., 2:45:07.

Joe Fernandez, 75, Fairhaven, Mass., winner (1:42:01) of the M70 division in 2003, moved up to win the M75 title in 1:44:12. Donald Dayton, 70, Dartmouth, Mass., and Bob Hillman, 70, Plymouth, Mass., who were M65 second (1:54:16) and third (1:54:20) respectively in 2003, graduated to the M70 division, with Dayton winning (1:51:57), and Hillman second (1:57:06).

Victoria Crisp, 52, Nashville, Tenn., won the W50 race from Carolyn Smith-Hanna, 53, Pittsford, N.Y., by 23 seconds, with a 1:35:24.

Carrie Parsi, 65, Gloucester, Mass., took the W65 title (1:55:40).

The race in this historic fishing port is known for its fast course, though there are two significant hills at miles three and twelve.



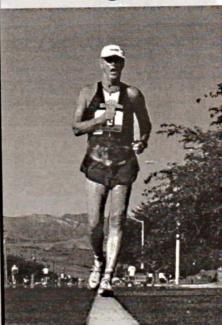
JULIE DOVE

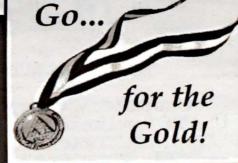
Mike Dove (I), M55 winner (17:30), and Thom Weddle, M65 winner (19:06), Masters 5K, Carlsbad 5000.

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Track & Field Report

By GEORGE MATHEWS
Chairman, USATF Masters Track & Field

Sindelfingen Pulls Off a Surprising Success

Following are my views of those I've already attended, and those I would like to see.

First there was the inaugural World Masters Athletics Indoor Championships in Sindelfingen, Germany. I must admit I did not expect a lot from this meet. I guess I was so close to the New York bid for these Championships that I was skeptical that they could pull it off on a four-lane track.

Well, they did a very good job, considering the circumstances. Many records were broken and most athletes, including myself, had a good time. The weather was quite cold and snowy for the outdoor throws, especially for Southern California and Florida athletes, but we dealt with it. It was the same for everyone. That's what makes this the great sport that it is.

Would I do it again if I knew what I was getting into? You bet I would! I was disappointed that only 65 U.S. athletes chose to experience these first ever world indoor championships. Those who didn't missed a wonderful experience. The camaraderie among

athletes was outstanding. This was especially so for my roommate, veterinarian Bob Sager. He hugged more non-Americans than the Secretary General of the United Nations. When he finishes inseminating all the cows in Montana, I think there is a job for him on the East River in New York.

Speaking of New York again, in some ways I am almost glad they didn't get these Championships. Considering the state of affairs in the world today, they might not have had the turnout needed to break even. When our world settles down a little, I hope they try again. They have an outstanding venue.

2006 Indoor World Meet

Another outstanding venue will be Linz, Austria, for the 2nd WMA Indoor Championships in 2006. Their presentation for the event was almost as good as Jerry Bookin-Weiner's presentation at the annual meeting for the 2006 NCCWMA Regional



KAREN HUFF

Craig Masback (I), USATF Executive Director, and George Mathews (r), Masters T&F Chairman, visit with Jerry Wojcik and Suzy Hess at the *National Masters News* table, National Masters Indoor Championships.

Championships. Linz did almost everything perfectly. You know that is true when there are very few questions. They were slick.

I did have a question for them, as you might guess. They seem stuck on putting us weight throwers outside in the cold. I informed them that there are such things as indoor throwing weights. They acted surprised, and said they would look into it. I volunteered to send them some U.S. suppliers' catalogs. This could be a double-edged sword, since they will probably cut the sector lines as they did in the shot put in Sindelfingen.

Sticking to the Rules

The voting was not without controversy. The General Assembly meeting was only to select the 2006 site. As usual, federations were required to identify their delegates 30 days in advance of the Assembly. And, as usual, many federations did not declare their delegates. In fact, only 19 or 20 did so, out of 50, 60 or maybe 70 federations.

Much politicking and pressure was in sway prior to the Assembly. Some said it really wasn't a real assembly and so everyone could vote on a site without following the rules.

The WMA Council tried to figure out what to do and couldn't reach agreement. They decided to put it to a vote by the seated delegates to decide if the non-seated delegates could vote.

The U.S. delegation asked that the vote be by secret ballot. This was complied with and the vote was a tie. That left it to the chairman, Torsten Carlius, to break the tie with his vote. I must say I was most surprised that he voted NO. This surprised everyone. Thank you, Mr. Carlius! Only the seated delegates voted. And you know the results. Let's have a large representation in Linz.

Ancona, Italy, had an uphill battle, but will probably be a good bidder in the future.

Indoor Nationals - Boston

How many times can I say that this meet keeps getting better, year after

year? They did it again this year, and the records prove it. Thanks to the meet directors for the special accommodation for our long-throwing M60+ weight throwers. Throwing the weight in the middle of the track, just like the big boys. Wow!

Another thing that really impressed me about this meet was the number of athletes collecting medals who have had major surgical and cancer treatments during the past couple of years. In the interest of privacy, I won't name names, but you know who they are. What an inspiration to all of us.

This sport is more than a lifetime sport. It is passion personified. The passing of the banner to Boise was an impressive gesture and a real show of class by the Boston organizers. Boise has big shoes to fill.

Besides the fantastic media work by Jill Geer from the National office and Bob Weiner and his Media Committee, we even had our National CEO, Craig Masback, in attendance on his way to Athens. He was very impressed with all aspects of the meet. Thanks for your attention, Craig. We look forward to our return to Boston in 2006.

Club Championships

One thing we haven't publicized enough in these championships is the club scores. I am working to get this information out, but am having trouble getting everyone behind the effort. As you may recall, the Masters T&F Committee agreed to have club scoring on an unofficial basis until we decided not to continue or made it official at the next Annual Meeting. Hopefully, we will make it official at the next Annual Meeting in Portland, Ore.

I would also like to see us start running regional club championships on an unofficial basis to see how that would work out. We might also look into running the masters club championships in conjunction with the open regional championships, which could use the critical mass. Please let me know how you feel about this.

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Athletes Set 56 World and U.S. Records

Continued from page 1

200, 400, 800, 3000, long jump, and triple jump, setting three world and three national M90-94 records. He lowered the U.S. record in the 200 from 76.4 to 49.32, and the 400 record from 2:54.0 to 1:57.00. For his performances, he was named USATF's Athlete of the Week.

Earl Fee, who turned 75 a week before the meet, should have been Canada's Athlete of the Week. Fee. considered by many as the best 800 masters runner in the world, smashed three M75 world records in the 400, 800 and mile. In the mile on Saturday, running unchallenged, he ran a 5:41.95, about 45 seconds below the present record of 6:27.16.

Roderick Parker, M85, AR, set world records in the 200 (35.74) and 400 (85.14/old record 98.5), and a national record in the 60m (9.86). Alston Brown, 55, NYC, scorched the M55 mile in 4:49.33, a world record time.

Suzi McLeod, W70, OR, ran to world records in the 400 (87.26) and

800 (3:20.14). After the 400, she said, "I was nervous as hell. I had never run a 400 before. When I was entering, my husband said, 'You can't go all that way and just run an 800."

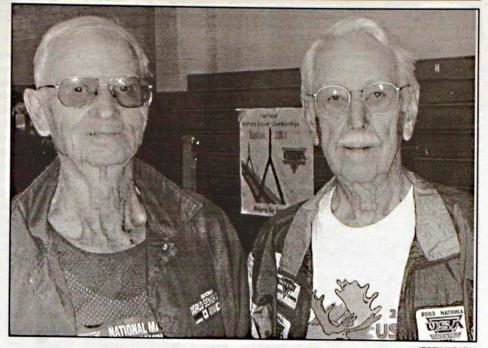
Leland McPhie, CA, another M90, set a shot put world record (6.71), and U.S. records for the weight (6.96) and superweight (2.70).

Evelyn Wright, W65, MD, upped the high jump world record of 1.23 to 1.24, and broke the U.S. weight throw record (11.59).

Five 3000m racewalk records were set, including an M75 by Jack Starr, DE, 17:52.74, and W85 by Fan Benno-Caris, CA, 27:11.02.

Dual national records went to Kathy Jager, W60, AZ, in the 60m (9.04) and 200 (30.59); Sid Howard, M65, NYC, 800 (2:23.79) and mile (5:23.05); Tom Gage, M60, MT, weight (22.82) and superweight (9.06); and Bob Ward, M70, TX, weight (19.09) and superweight (10.30). Eight weight and four superweight records fell or were established.

Quadruple gold medalists among the women were Jager, W60, Wright,



Leland McPhie (I), 90, and Max Springer, 90, accounted for nine world and U.S. records in the National Masters Indoor Championships.

W65, Alethea Morris, W35, NYC, in the three sprints and high jump, and Leonore McDaniels, W75, VA, who won all of the jumps, with a world record 1.80 in the pole vault, better than her record of 1.71.

Besides Springer, M90, and McPhie, M90, the other male fourtime gold medalist was James Stookey, M70, MD, with wins in the 60mH and three jumps.

Close races started with the M35 60m, when Hoy Thurman, 36, GA,

Address:

won by 1/100 of a second over Barney Borromeo, 36, MA, 7.19 to 7.20. Loretta Woodward, 49, GA, with an 8.65, held off Irene Thompson, NY, 8.66, and Denise McField, MO, 8.67, to win the W45 60m.

In the first 400 heat, Ed Gonera, 51, NY, overtook Francis Schiro, 51, NYC, in the last few meters to win the gold medal, 54.31 to 54.34, after Schiro had led all of the way. Robert Thomas, 37, IN, won the 400 with an

Continued on next page

PENDING AGE-GROUP RECORDS **USATF NATIONAL MASTERS INDOOR T&F** CHAMPIONSHIPS, BOSTON, MASS., MARCH 26-28 World Records

Event	Age	New Mark	Name	Old Mark	Hard by
200	M85	35.74			Held by
400	W50		Roderick Parker	36.40	Guiseppe Marabotti
		62.28	Karla Del Grande	62.56	Caroline Marler
400	W70	87.26	Suzi MacLeod	88.79	Patricia Peterson
400	M75	66.28	Earl Fee	68.65	Willi Selzer
400	M85	85.14	Roderick Parker	98.05	Bob Matteson
Mile	M55	4:49.33	Alston Brown	4:50.22	Victor Heckler
Mile	M75	5:41.95	Earl Fee	6:27.16	John Hosner
800	W70	3:20.14	Suzi MacLeod	3:28.1	Toshiko d'Elia
800	M75	2:32.47	Earl Fee	2:42.35	James Todd
800	M90	5:01.44	Max Springer		To the business of
3000	M90	23:21.12	Max Springer	_	
60H	M60	9.04	Courtland Gray	9.14	Phil Mulkey
60H	M65	9.77	Emil Pawlik	9.8	Buck Bradberry
4x400	W50	4:43.27	East Region	4:45.72	USA
4x400	W60	5:16.99	USA	6:28.02	USA
4x400	M70	5:42.97	Midwest	0.20.02	004
	W60	13:42.73	LAC	10.007	USA
4x800				16:08.7	
HJ	W65	1.24	Evelyn Wright	1.23	Leonore McDaniels
HJ	M90	1.05	Leland McPhie	0.99	Ted Hatlen
PV	W75	1.80	Leonore McDaniels	1.71	L. McDaniels
LJ	M90	3.15	Max Springer	2.96	Vittorio Colo
SP	M50	16.65	Ron Summers	16.27	Ladislav Pataki
SP	M90	6.71	Leland McPhie	6.64	Ted Hatlen
3000RW	W45	14:37.86	Marianne Torrellas	14:43.70	S. Richards
3000RW	W75	20:50.01	Kate Marrs	21:12.2	A. DeBrandis
3000RW	W85	27:11.02	Fan Benno-Caris	28:47.11	Dorothy Robarts
3000RW	M60	14:22.23	Don DeNoon	14:34.28	Dave Romansky
3000RW	M75	17:52.74	Jack Starr	18:27.14	Ed Gawinski
U.S. Reco	3.44.4	11.02.14	ouch Clair	10.27.14	La daminoni
		New Mark	Name	Old Mark	Held by
Event	Age	New Mark	Name Kathy Jager	Old Mark	Held by
Event 60	Age W60	9.04	Kathy Jager	9.05	Irene Obera
Event 60 60	M60 M85	9.04 9.86	Kathy Jager Roderick Parker	9.05 10.72	Irene Óbera Champion Goldy
Event 60 60 200	M60 M85 W60	9.04 9.86 30.59	Kathy Jager Roderick Parker Kathy Jager	9.05 10.72 31.03	Irene Óbera Champion Goldy Kathy Bergen
Event 60 60 200 200	M60 M85 W60 M90	9.04 9.86 30.59 49.32	Kathy Jager Roderick Parker Kathy Jager Max Springer	9.05 10.72 31.03 76.4	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk
Event 60 60 200 200 400	M60 M85 W60 M90 W50	9.04 9.86 30.59 49.32 62.82	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board	9.05 10.72 31.03 76.4 65.61	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna
Event 60 60 200 200 400 400	Age W60 M85 W60 M90 W50 M55	9.04 9.86 30.59 49.32 62.82 55.19	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie	9.05 10.72 31.03 76.4 65.61 55.31	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie
Event 60 60 200 200 400 400 400	Mge W60 M85 W60 M90 W50 M55 M90	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk
Event 60 60 200 200 400 400 400 Mile	Mge W60 M85 W60 M90 W50 M55 M90 M65	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu
Event 60 60 200 200 400 400 400	Mge W60 M85 W60 M90 W50 M55 M90	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Sidney Howard	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland
Event 60 60 200 200 400 400 400 Mile	Mge W60 M85 W60 M90 W50 M55 M90 M65	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu
Event 60 60 200 200 400 400 400 Mile 800	Age W60 M85 W60 M90 W50 M55 M90 M65 M65	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Sidney Howard	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland
Event 60 60 200 200 400 400 400 Mile 800 800	Age W60 M85 W60 M90 W50 M55 M90 M65 M65 M75	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Sidney Howard Jim Selby	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger K. Martin
Event 60 60 200 200 400 400 400 Mile 800 800 3000	Age W60 M85 W60 M90 W50 M55 M90 M65 M65 M75 W50	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79 10:23.84	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Sidney Howard Jim Selby Kathryn Martin	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger
Event 60 60 200 200 400 400 400 Mile 800 800 3000 3000 4x800	Age W60 M85 W60 M90 W50 M55 M90 M65 M65 M75 W50 M85	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79 10:23.84 25:29.67 8:11.58	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Sidney Howard Jim Selby Kathryn Martin Robert Wood FIBO	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83 10:33.72 8:17.6	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger K. Martin
Event 60 60 200 200 400 400 400 Mile 800 800 3000 3000 4x800 TJ	Age W60 M85 W60 M90 W50 M55 M90 M65 M65 M75 W50 M85 M35	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79 10:23.84 25:29.67 8:11.58 11.07	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Sidney Howard Jim Selby Kathryn Martin Robert Wood FIBO Regina Richardson	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83 10:33.72	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger K. Martin — CPTC
Event 60 60 200 200 400 400 Mile 800 800 3000 4x800 TJ	Age W60 M85 W60 M90 W50 M55 M90 M65 M65 M75 W50 M85 M35 W35	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79 10:23.84 25:29.67 8:11.58 11.07 5.09	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Sidney Howard Jim Selby Kathryn Martin Robert Wood FIBO Regina Richardson Max Springer	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83 10:33.72 8:17.6 10.69	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger K. Martin —— CPTC Phil Raschker
Event 60 60 200 200 400 400 Mile 800 800 3000 4x800 TJ TJ WT	Age W60 M85 W60 M90 W50 M55 M90 M65 M75 W50 M85 M35 W35 W35 W90 W65	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79 10:23.84 25:29.67 8:11.58 11.07 5.09 11.59	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Jim Selby Kathryn Martin Robert Wood FIBO Regina Richardson Max Springer Evelyn Wright	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83 10:33.72 8:17.6 10.69	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger K. Martin ————————————————————————————————————
Event 60 60 200 200 400 400 400 Mile 800 800 3000 3000 4x800 TJ TJ TJ WT	Age W60 M85 W60 M90 W50 M55 M90 M65 M75 W50 M85 M35 W35 M90 W65 W70	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79 10:23.84 25:29.67 8:11.58 11.07 5.09 11.59 8.42	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Sidney Howard Jim Selby Kathryn Martin Robert Wood FIBO Regina Richardson Max Springer Evelyn Wright Lillian Snaden	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83 10:33.72 8:17.6 10.69	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger K. Martin ————————————————————————————————————
Event 60 60 200 200 400 400 400 Mile 800 800 3000 3000 TJ TJ WT WT	Age W60 M85 W60 M90 W50 M55 M90 M65 M75 W50 M85 W35 W35 W90 W65 W70	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79 10:23.84 25:29.67 8:11.58 11.07 5.09 11.59 8.42 7.82	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Sidney Howard Jim Selby Kathryn Martin Robert Wood FIBO Regina Richardson Max Springer Evelyn Wright Lillian Snaden Betty Jarvis	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83 10:33.72 	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger K. Martin ————————————————————————————————————
Event 60 60 200 200 400 400 Mile 800 800 3000 4x800 TJ TJ WT WT WT	Age W60 M85 W60 M90 W50 M55 M90 M65 M75 W50 M85 M35 W35 M90 W65 W70 W85 M60	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79 10:23.84 25:29.67 8:11.58 11.07 5.09 11.59 8.42 7.82 22.82	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Jim Selby Kathryn Martin Robert Wood FIBO Regina Richardson Max Springer Evelyn Wright Lillian Snaden Betty Jarvis Tom Gage	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83 10:33.72 	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger K. Martin —— CPTC Phil Raschker —— E. Wright L. Snaden B. Jarvis Robert Cahners
Event 60 60 200 200 400 400 Mile 800 3000 4x800 TJ WT WT WT WT WT	Age W60 M85 W60 M90 W50 M55 M90 M65 M75 W50 M85 M35 W35 W35 W70 W65 W70 W85	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79 10:23.84 25:29.67 8:11.58 11.07 5.09 11.59 8.42 7.82 22.82 19.09	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Jim Selby Kathryn Martin Robert Wood FIBO Regina Richardson Max Springer Evelyn Wright Lillian Snaden Betty Jarvis Tom Gage Bob Ward	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83 10:33.72 8:17.6 10.69 10.45 7.95 5.58 18.19 16.00	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger K. Martin ————————————————————————————————————
Event 60 60 200 200 400 400 Mile 800 3000 3000 4x800 TJ TJ TJ WT WT WT WT WT WT WT	Age W60 M85 W60 M90 W50 M55 M90 M65 M75 W50 M85 M35 W35 M90 W65 W70 W85 M60 M70	9.04 9.86 30.59 49.32 62.82 55.19 1:57.00 5:23.05 2:23.79 2:50.79 10:23.84 25:29.67 8:11.58 11.07 5.09 11.59 8.42 7.82 22.82 19.09 11.87	Kathy Jager Roderick Parker Kathy Jager Max Springer Jacqueline Board Charles Allie Max Springer Sidney Howard Sidney Howard Jim Selby Kathryn Martin Robert Wood FIBO Regina Richardson Max Springer Evelyn Wright Lillian Snaden Betty Jarvis Tom Gage Bob Ward Samuel Messiter	9.05 10.72 31.03 76.4 65.61 55.31 2:54.0 5:26.58 2:24.12 2:54.83 10:33.72 8:17.6 10.69 10.45 7.95 5.58 18.19 16.00 11.43	Irene Óbera Champion Goldy Kathy Bergen Herb Kirk Carolyn Smith-Hanna C. Allie Herb Kirk Ino Cantu FrankHaviland Archie Messenger K. Martin ————————————————————————————————————
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The Birmingham Track Club and USATF Present

The Birmingham Track Club 2004 Track and Field Classic

Saturday, May 29 2004 Samford University, Birmingham, Alabama

Entry Fees: \$15.00 first event, \$6.00 each additional \$20/relay. Pre-Register by: May 21, 2004. Late fee: Age Divisiona: Open and Masters (Age 30+). M&I On-Line Registration: www.active.com. Information: btcclassic@yahoo.com. Directions: 1-65, Take Exit 255 (Lakeshore Drive), go two miles East on Lakeshore Awards: Medals to top 3 finishers in each age group. \$100-1* Place: KC100m (Top 8 best 100m may compete in Age-Sex Handicapped 100m) \$100-1" Place: Phil Mulkey Mini-decathlon (Enter as many d USATF Membership required. Membership forms will be available day of race. You may obtain membership We will score and age-grade your top five performances.) application at www.usatf.org. Track Events: 50m, 100m, 200m, 400m, 800m, 1500m, 5Km, Field Events: HJ, LJ, TJ, PV, Shot, Discus, Javelin, Hammer*
"Hammer Throw at Hoover High School
Schedule of Field Events: (approximate):
Implementation Certification: Booth opens at 7:00am Central 90H, 100H, 110H, 300H, 400H, 4x400Relay hedule of Running Events (approximate)
500: 5Krun 10:45:1500m 2:15: 200m
600: 5Kracewalk 11:30: 100m 3:00: 300-400H
600: 4x100Relay 12:30: 400m 3:30: 4x400 R Triple Jump: 8:00-11:00am, repo Time HJ PV 8:00 open-LJ Javelin Hammer 9:00 W,M70+ WM70+ M50-65 M50-60 10:30 M50-65 M50-65 W.M70+ Women run first, wiser to younger Send Completed form and entry fee to: BTC Classic, Frank Newland, 234 King Arthur Pl, Alabaster AL 35007

DOB:__/___ Age:___

St ZIP:

City:___ Shirt Size: S M L XL

Entry Fees: Events First Event: 284+Events x \$ 6.00 Relays x

2004 USATF NATIONAL MASTERS INDOOR CHAMPIONS, BOSTON, MASS., MARCH 26-28 M90 M85 M70 M75 MBO M30 M40 M50 M55 60 Mack Parker Brown, H Manno Harrison Thurman Lovett Samuels Johnson Whitley Gray Spring Whitley Brown, H 200 Prather Thomas Lovett Samuels Gonera Gunn Johnson Parke Brown, R Springer 400 Jones Allie Barnum Stewart Schlereth Thomas Nix Chinn Gonera 800 Williams Robinson Taylo Howard Schlereth Selby Messenge Springe McManus Mile Tullis Goodhu Cantu Hughes Mann Dalton Robinson Gorman 3000 Mayali Goodhue Cantu Margetson Englert Wood Springer McVeFinney Chisholm Gorman McMullen Paxton Stookey Pawlik 60H Drummond Golden McCloud Wilson Johnston Gray McPhie Propst Stookey HJ Cox McBarnette Murray Sauers Johnston Langenfeld PV Winter Tindall Goode Donley Lacy Rose Hunte Zahner Pawlik Stookey Bambrook Maxwell Springe Lumio Barr Sampso Baker Wilson Crockett Johnston TJ Lumio Tunstal Backus Quick Terrell Black Chaney McKisso Stookey Propst Maxwell Springe Nettles Schlothauer McPhie Gerhardt Vaughn Lawson Barr Thompson Wetenhal Summers Shumake Gage Messiter Schlothauer McPhie Hotchkiss Ward WT Lawson Неп Brown Wetenhall Conboy Pataki Gage Schlothauer McPhie Gerhardt Walmroth SW Brown Wetenhall Reichard Pataki Gage Spencer Ward Herr Sloan PENT Young Ellis Миттау Black Collive Pawlik Jankovich Sochor Starr 3KRW McCullough Craig Keating DeNoon Johnson Barrett East Region LISA 4x400 East Region 4x800 **FIBO** MMM Gen Val Harr East Region W50 W55 W60 W65 W70 W75 W85 W30 W35 W40 W45 Dudley Nafte Jager Lary 60 Robinson Lawson Woodward Morris Peterson 200 Wynter Pinto Daprano Morris Lawson Thompson Board Jager Ingalis MadLeod 400 Wynter Morris Lawson McField Board Pinto Peterson 800 StoBorko Hervert Martin Trotto Michelsohn Mad eod Mile Bonstelle Makoske TasRothenberg Daprano Maguir StoBorko Hervert Martin 3000 Bonstelle Vallwei Jasper Ford Trotto Harada 60H Robinson Gunneson Thompson Jordan HJ Shockome Morris **McDaniels** Gunneson Johnson Douglas Wright PV Johnson **McDaniels** Rieger Richardson Stephenson Tucker McDaniels Shockome Johnson Lary TJ Richardson Stephenson Thompso Lowery Raham McDaniels Vicknair Petkus Wright Crooks Lewis Wetenhal Tucker Jarvis WT Thompson Lewis Mellenthin Wetenhall LoPiccolo Young Wright Snaden Janvis SW Thompson Lewis Mellenthin Wetenhall LoPiccolo Snaden Young Wright PENT Shock Vicknair Stephenson Petkus Trotto Jordan 3KRW GuRutledge Torrellas Duskey Stookey Marrs BennoCaris 4x400 USA East Region USA East Region

LAC



NO Region

SPORTSPLEX MASTERS MEET

Sunday, June 6, 2004 Landover, Maryland

Start Time: Field Events - 10:00am Track Events - 10:00am

EVENTS

Corporate Mile Hurdles (80m / 100m / 110m) 200 meter dash 3000 meter / 5000 meter run 100 meter dash Hurdles (300m / 400m) 400 meter dash

*There were no W80 entrants

4x800

Corporate 800 meter run 4 x 100 meter relay 800 meter run 5000 meter race walk 4 x 400 meter relay 50 meter dash Pentathlon

Pole vault Long jump Discus Shot put High jump Triple jump Javelin

Eligible Athletes: Men & Women 5-year age divisions starting at 30 years and over. Men & Women Open Division ranging from 20-29 year olds.

ENTRY FEES

\$5.00 Relay: \$30.00 Pentathlon: \$30.00 Spectators:

Competitor's: 1st Event \$20.00 / \$10.00 Each Additional Event - OR -

\$35.00 For First 4 Events

Fee must accompany entry form. Entries received after June 1, 2004 will be assessed a \$35.00 late fee. Any entries received after June 4, 2004 will not be guaranteed electronic results. Payment must be made in the form of a certified check or money order made payable to: M-NCPPC.

VENUE SPECIFICATIONS

8-lane, 400-meter oval track, on Martin's poured rubber surface. 1/4 inch spike ONLY.

Registration information is available by request. Meet application can be downloaded from www.pgsportsandlearn.com For more information call (301) 583-2660.

Continued from previous page outstanding 48.88.

Karla Del Grande, 50, Canada, was pushed to a world record 62.28 by Jacqueline Board, 50, AZ, 62.82

Kathy Martin, 52, NY, after breaking her record of 10:33.72 for the 3000 with a 10:23.84 on Friday, came back to win the mile on Saturday and the 800 on Sunday. Catherine Stone-Borkowski, 41, NJ, posted the fastest times for the women in the mile (5:18.85) and 800 (2:25.26).

Chris Hughes, 36, MI, and Chris Yorges, 38, OR, battled in the mile, with Hughes prevailing, 4:34.55 to 4:36.65. Hughes returned for the 800 for an attempt at a double, but was foiled by David Nash, 36, IA, who ran a 1:55.37 to Hughes' 1:59.11.

In the 3000 on Friday evening, Chris Chisholm, 41, CT, was the fastest man on the track, winning overall in 8:48.27

Courtland Gray, 60, TX, ran a 9.04 in the 60mH. Emil Pawlik, 65, MS, did a 9.77. Both are world record times, although Gray had a better mark in the WMA Championships in Germany two weeks prior.

Pawlik was the top scorer in the pentathlon (4329), with 1000+ points in the 60mH and high jump. Barbara Jordan, 68, VT, had the best score among the women with a 3556.

Anna Wlodarczyk, 53, CA, guest athlete and Polish ex-Olympian, had the quickest 60mH (10.25).

In the high jump, Bruce McBarnette, 46, VA, bettered the M45 U.S. record with a 1.88, but has a pending mark of



SUZY HESS

Kathy Martin, W50, won three events and broke her U.S. record in the 3000 with a 10:23.84, Masters Indoor Championships, National

1.93 from last year's championships here. Regina Richardson, 39, NC, left Boston with a national record 11.07 in the triple jump, after winning the long

Ron Summers, 51, IL, hit a world record 16.65 with the 6kg shot.

Top performances by age-grading went to Stan Whitley, 58, CA, for his 99.4% 7.67, and Harry Brown, 74, IL, for his 99.3% 8.55 in the 60m.

Top performer in the distance races was Fee, 75, with a 99.0% 2:32.47 in

Continued on next page



Earl Fee, of Canada, on his way to one of his three M75 world records, National Masters Indoor Championships.



ERRY WOJO

Record-setting Liberty AC W60-69 4x800 team (I to r): Mardi Reed, Carrie Parsi, Regina Wright, and Mary Harada, National Masters Indoor Championships.

Continued from previous page

the 800, and a 96.8% 5:41.95 mile. Pawlik's 9.77 world record in the 60mH was worth 95.7%, but the best performer was Charley Miller, 66, TX, second to Pawlik with a 96.7% 9.83.

Leonore McDaniels was top among the jumpers with a 98.2% 1.09 high jump. Racewalker Don DeNoon, 60, FL, scored a 91.9% for his 3000m world record 14:22.23.

Summers' world record 16.65 in the shot put was worth 84.4%, but Gerald Vaughn, 60, NC, had an M65 winning throw (13.53) valued at 99.1%.

The 100% plus compilers were all weight throwers: Oneithea Lewis, 43, NYC, 16.98, 107%; Betty Jarvis, 88, NC, 7.82, 111%; and Gage, 60, 22.82, 100.5%.

An unofficial club scoring showed the Long and Strong Throwers Club heading the men's list with 74 points.



SUZY HESS

Carla Hervert won the W45 800 and mile, National Masters Championships.

The Potomac Valley TC topped the women's clubs with 65.5.

At the Athlete's Meeting held on the track at the Lewis Center on Saturday, Fernando Roman, representative of the NCCWMA Championships organizing committee provided information on the meet. Phil Byrne, Masters T&F Awards Committee Chairman, presented certificates and plaques to the winners of the 2003 awards who were present. Sandy Pashkin answered questions about the uniforms for the WMA Championships in Spain in 2005.

Pre-championships publicity originated from Bob Weiner, of the Masters Media Sub-committee, and Jill Geer, USATF Communications Director.

Local press coverage during the Championships was extensive. The Boston Herald did daily feature articles on Fee, Stone-Borkowski, and five-time Pro Bowl tight end Todd Christensen, 46, UT, who competed in the shot and hurdles.

The Boston Globe interviewed M90s Springer and McPhie. Fox TV

TWENTY YEARS AGO May 1984

- Masters Indoor Nationals Draw 561 to Princeton, N.J.
- Roger Robinson (45, 2:20:15) and Vicki Foltz (40, 2:46:14) Win in Boston Marathon
- •345 Athletes in East Regional Masters Indoor Championships at West Point

Subscription Problems? Moving?

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News did a segment on the meet on its Saturday night broadcast. Runner's World also covered Fee's world records. Consolidation of the complete articles and TV coverage can be found at www.weinerpublic.com/page155.html.

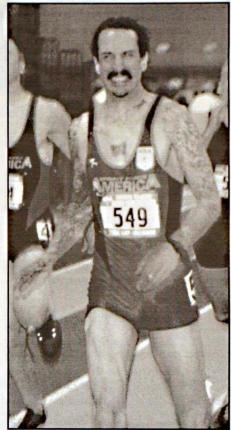
The meet was hosted by the USATF New England Association, under the direction of Steve Vaitones, with assistance from Ed Daniels, Phil Byrne, and Lee Hess. The Masters Games Committee of Pashkin, Rex Harvey, Becky Sisley, and Dick Hotchkiss provided additional support.

Peter Taylor did most of the announcing for three days. Lancer Timing handled the scoring and tim-

The primary sponsors were Dunkin' Donuts, M-F Athletic Company, VerizonWireless, American Track&Field, and the Merrimack Valley Striders.

After the Championships, Chris Yorges, M35, said, "The quality of performances from the 30-year-olds to Springer and McPhie was outstanding, and enhanced by the announcing of Pete Taylor. I've been to several championships here in Boston. This was the best."

The 2005 Indoor Championships will be held in Boise, Idaho.



ERRY WOLICIK

Ed Gonera (I) caught Francis Schiro in the M50 400 to win, 54.31 to 54.34, National Masters Indoor Championships. Greg Schwab (r) was third (54.64).

Visit the National Masters News on our Web site at: www.nationalmastersnews.com

THE NINTHTEENTH ANNUAL GSAC/RANDOLPH CLASSIC TRACK & FIELD MEET SUNDAY, JUNE 6, 2004 RANDOLPH, NEW JERSEY

The GSAC/Randolph Classic is for Athletes of all ages.

This Year's Classic is dedicated to the memory of Irwin Bernstein.

TRACK EVE	NTS	FIELD EV	ENTS	
5000 Meters	10:00 am	Pole Vault	10:00 am	The Garden State AC
High Hurdles	10:45 am	Shot Put, 60 & up	10:00 am	Randolph Classic
Youth Mile	11:15 am	followed by und	er 60	is a USATF-NJ
Mile Run	11:30 am	Long Jump	10:00 am	Masters T&F
Youth 100 M Dash	11:45 am	Javelin	10:00 am	Grand Prix
100 Meter Dash	Noon	Discus, under 60	10:00 am	Event
Youth 400 M Dash	1:00 pm	followed by 60 a	& up	***
400 Meter Dash	1:15 pm	High Jump	10:30 am	
RW Mile	1:45 pm	Weight Throw	1:00 pm	
800 Meter	2:15 pm	Triple Jump	2:00 pm	
200 Meter Dash	2:45pm			
4X400 Relay (incl Youth)	3:15 pm	Note: Some field	events may	start later than listed.

Divisions: Open (Age 15-29), Submasters (Age 30-39), Masters (Age 40+) in 5 Year Age Groups, Youth (9-10, 11-12, 13-14) Athletes age 14 and under may only compete in Youth Events. All events will be run Youngest to Oldest, Males first. Times are approximate. Events may run ahead or behind schedule. Meet director may combine age divisions if the size of the fields warrant.

Registration Closes 30 Minutes Prior to Each Event. Don't be Shut Out! Pre-enter!

SPIKES ALLOWED - 1/4" or less.
HURDLE HEIGHTS & IMPLEMENTS - USATF Open and Masters Rules.
STARTING BLOCKS are permitted but are not provided by the meet director.
USATF MEMBERSHIP REQUIRED! Card must be presented, NO EXCEPTIONS!

FEES: Pre-registered - Received on or before June 1, - \$ 7.00 per event.

Post-entry (after June 1) - \$ 10.00 per event.

Relay Teams - Open and Masters Teams \$16.00. Youth Teams \$12.00.

AWARDS - Medals for First, Second, and Third place in each age division.

For an application send a self addressed stamped envelope to
M. Bost, P O Box 458, Ironia, NJ 07845
or email request to madeline.bost@att.net
For more information call Mort Hahn 973-625-1764
Meet application can be downloaded from www.usatfnj.org at the Track & Field Page.

LDR Report By ERIC CLIFTON

USATF Ultrarunning Update

s a USATF Mountain, Ultra and Trail (MUT) at-large council member, I would like to help clarify recent issues involving USATF and the AUA. In the February and March 2004 issues of National Masters News, AUA made several announcements that concern ultrarunning in the U.S.

Primarily, AUA has changed masters age groups at AUA events to start at 45 or 50, depending on the distance. The "USATF Preserves Masters Age announcement Divisions" appeared in the March issue was incorrectly credited to AUA. In fact, that article (NMN, March, p. 6) was submitted by USATF/MUT to confirm that at USATF events the masters age groups will remain at increments of five years starting at age 40.

AUA's arguments for raising the minimum masters age groups are not compelling and would only serve to benefit a handful of 50+-year-old masters runners, while causing significant harm to the much larger population of affected 40-49-year-old runners. Since there is no mass outcry about the traditional masters age groups, there is no need to fix what is not broken.

In addition, AUA's "A Beginning..." statement contains inac-curacies and misleading information. One inaccuracy that needs clarifying is the partnership of AUA with UltraRunning (UR) Magazine. Initially, AUA intended to use the UltraRunning subscriber list as its membership base.

What benefit UR was to have gained from this partnership is unclear. However, UR has since maintained its neutral status as a pure information source, and has not relinquished its subscriber list for AUA membership. UR editor, Don Allison, states in his March 2004 UR Chatter column that, "...UltraRunning subscribers will not automatically become AUA members by virtue of their UR subscription. Rather, they will do so by actively signing on with AUA."

Another inaccuracy concerns the U.S. representation on the International Association of Ultrarunner (IAU). AUA has in fact represented the U.S. on the IAU board in the past, ostensibly as a USATF proxy. But, starting in September 2004, USATF/ MUT will appoint the representative

Host Hotels

Western EXPRESS

For reservations call

866-288-6800 toll free Call for Special PMTC

Room Rates

Meet Hendquarters: Best Western Packets: Available at Best Western, 23535 NE Halsey St. 1-84 exit 16, Fri. June 18th, 6-8 PM and at Mt. Hood C.C. starting at 9:00 AM both days of meet.

Schedules listed are tentative USAT&F Membership required t



MARTIN ROTHENBERG

Winning W60-69 (5:16.99) 4x400 team (I to r): Yvonne Tasker-Rothenberg, Marie Louise Michelsohn, Jeanne Daprano, and Lynn Ingalls, National Masters Indoor Championships, Boston.

who will be the sole U.S. voting representative in the IAU. The AUA can remain an associative member of the IAU, but will not be the National Governing Body representative to IAU and will not speak for USATF.

I also dispute the AUA statement that ultrarunning performances have declined for both masters and open runners. While it is true there has been a slight drop in performances at the 100K distance, this is attributable simply to there being less interest and fewer races at that distance. At other ultra venues and distances, including the 50K trail and 100-mile trail races. and especially at the 24-hour event, performances have been as good as or better than ever.

At the San Diego One Day 24-Hour National Championships in November 2003, Pam Reed set the U.S. women's track 24-hour, W40-44, 100-mile and 200K records.

Joe Gaebler, the men's winner at San Diego, ran the third best American performance for 24 hours. Several other master's age group records were set at this race.

Another issue of concern to masters ultrarunners involves AUA's attempted takeover of the USATF 100K National

Suzy McLeod broke W70 world records in the 400 and 800, National Masters Indoor Championships.

I refer to it as a takeover team. because the MUT council of USATF has not approached the AUA as an "outsourcing" vehicle for the team. The AUA has aggressively tried to supplant the MUT Council's oversight of the 100K team.

The AUA alleges to have substantial funds to contribute for the travel expenses of the USATF 100K National team. In exchange for said funds, all AUA asks for is control of team logistics and selection.

When outside agencies provide money for a sport, they are considered sponsors and as such should have no control of team logistics and selection. The majority of the MUT Council voted not to sell the USA 100K National team.

USATF president Bill Roe affirmed MUT's vote with the statement, "I am not in favor of abdicating any portion of our governance obligation to comply with the International Associations of Ultrarunners/International Association of Athletics Federation (IAU/ IAAF) invitation for USATF to name USA teams, as we do for all disciplines of our sport."

After the vote, AUA withdrew three previously sanctioned USATF National Championships and declared them "American Championships." about the same time, they stated they would fund an "American" team at the 100K World Challenge in September in Winschoten, Netherlands.

While I applaud the AUA's efforts to increase U.S. presence in the World Cup event, said "American" team would not be able to compete as a recognized U.S. national team and all their runners will essentially be competing in the open division as individual runners. The AUA can tally their runners' times for comparison with the international teams, but the team has no legitimate standing.

I would like to end by saying that ultrarunners receive more from the USATF than just a "card with numbers on it." USATF/MUT provides credible, nationally recognized championship races at a variety of distances and terrains, annual awards and recognition for runners of all ages, and a fair, unbiased open selection process for a recognized U.S. national team.

(For more information on the American Ultrarunning Association, please visit www.americanultra.org)

Portland Masters Classic June 19 & 20, 2004

Sponsored by the Portland Masters Track Club

C leld at Mt. Hood Community College 26000 SE Stark, Gresham OR s 30 & over - For more information, contact Paul Stepan, 503-666-8950

Track Event	Time	Field Event
5,000m run- M&W	10:00 AM	Pole Vault, Women & M60+ Shot Put, All M&W
5,000m Racewalk-M&W	11:15 AM	Long Jump-M30-59
2/3 K Steeple chase M&W	12 Noon	Javelin, Women& M60+
80m High Hurdles-M&W	1:00 PM	国际的发展的发展的
100m High Hurdles-M&W	1:20 PM	Weight Throw-All M&W
110m High Huntles-M& W	1.40 PM	Long Jump, All Women & Moth- Javelin, M30-59
100m Dash-M&W	2:15 PM	
1.500m Rua-M&W	3:00 PM	Super Weight Throw-All M&W
400m Dush, M&W	4:00 PM	
Temative Se	hedule for S	unday, Jupe 20th
3000m Run-M&W	10:00 AM	Hmmer Throw Women&M60+ Discus-M30-64
300m IM Hardles-M&W	11:00 AM	High Jump. W&MoO+
400m IM Hurdles-Men	11:20 AM	Carlo and the same of the same
200m Dash-M&W	12 Noon	Hanumer Throw-MAO-59
I mile Racewalk-M&W	1:00 PM	High Jump-M30-59 Discus-W&M65+
800m Run-M&W	1:30 PM	运动发生的企业
4x100m Relay	2:30 PM	Triple Jump-M&W
4x400m Rehay	2:45 PM	第二次第二次
4x800m Relay	3:00 PM	
Normally, running event	a hogin with s	romen, and are older to younger

Send entry form and check to:

North Plains, OR, 97133

- Entries must be postmarked by June 17, 2002 Entries Require USAT&F Membership No.
- g the meet. seception: PMTC invites you to share pro-ded refreshments at the end of the events or attributed at the stadium. Please let us kn you plan to partake by signing up on Entry
- \$5.00 Late entry fee (based on space availability) Entry packets must be picked up prior to competing Medals to first 3 places in each event, 5 yr age div. Registration closed 1 hour prior to event Impliments for field events must be checked in 30

Partland Masters Classic 2004

Please Print Name			Age	(6/19/02)_	Birth	Date/	
Address			City		State	Zip	
Phone	Club Afill	liation_	N	faleFem	aleUSAT	&F #	
Events 1 2 3 4 5 6	Best '02-'03 Mark	T-shirt Size _ S _ M _ L _ XL _ XXL	Attend Reception? Yes No Number of people	Surcharge T-Shirt	fter 6/13/01	S15 S6 en S10 en S5	\$5

Fifty-Plus Honors Uchida with Zatopek Award

Dove, Fox Victors in Paul Spangler Memorial 8K at Stanford

By MARK WINITZ

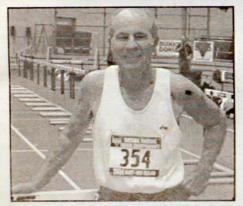
PALO ALTO, Calif. - Although obesity may soon become the leading cause of preventable death in the U.S., you wouldn't know it watching scores of senior adults finishing the Paul Spangler Memorial 8K on March 14.

The 21st annual event traditionally highlights the Fifty-Plus Fitness Weekend held at Stanford University each March. This year's Fitness Weekend, presented by Fifty-Plus Lifelong Fitness, appropriately tackled the growing problem of obesity with lectures, forums, and a healthy dose of physical activity for about 800 participants.

Michael Dove, 57, Salinas, Calif., in 29:46, and Isobel Fox, 50, Menlo Park, Calif., with a 37:12, served as key role models for the weekend's attendees by winning the 8K. Competing in five-year age divisions through age 90 and above, 122 runners and several hundred walkers age 50-and-over completed the event on a brilliant, sunny morning.

"I love this race; that's why I keep coming back. The organization is great, and it's nice to have older runners in the spotlight," said Dove who enjoyed a 17-second margin of victo-

Arturo Rodriguez, 54, Santa Cruz,



Don Leis, 71, in his first masters championships, was second in the pentathlon, National Masters Indoor Championships

Calif., finished second in 30:03.

For Fox, the women's race couldn't have turned out better. Although she started competing in her mid-20s, took time off to have three children, and then returned to running, the victory was her first win ever, regardless

"In this race, I know there can be some pretty fast women, so I just wanted to keep pace and finish strong," said Fox, who led from wire to wire. "I'm thrilled. It's nice to be winning, especially at age 50."

Dee Gibson, 53, Los Altos, Calif., garnered the runner-up spot in 39:14.

The all-time race records of 26:06 (Sal Vasquez, 1990) and 28:55 (Shirley Matson, 1991) were not threatened.

Larry Johnson, 83, Albuquerque, N.M., and Joy Johnson, 79, San Jose, Calif., were the oldest finishers. The all-time oldest finisher in the race's record book is Dr. Paul Spangler, who competed in the Fifty-Plus Race in 1993 just before his death at age 94.

The winners of the companion 5K racewalk were Jack Bray, 70, Greenbrae, Calif., in 29:04, his eighth victory at Fifty-Plus, and Doris Cassels, 64, San Rafael, Calif., in

During the weekend's festivities, long-time judo mentor Yohiro Uchida became the 14th recipient of the Annual Emil Zatopek Award bestowed by Fifty-Plus Lifelong Fitness. The honor, named after the splendid Czech Olympic distance runner, is awarded to individuals who have attained notable achievements in sports, and in doing so have inspired others to live a healthy lifestyle.

Fifty-Plus Lifelong Fitness (formerly Fifty-Plus Fitness Association) is a non-profit, organization based in Palo Alto, Calif., with more than 2000 members.

(Mark Winitz can be reached by email at winitz@earthlink.net).

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Sullivan Award Goes to Swimmer

Masters athlete Phil Raschker, 57, and three other amateur athletes lost out to swimmer Michael Phelps in their bid for the 2003 Sullivan Award. Raschker was a finalist with LeBron James, of the Cleveland Cavaliers, Diana Taurasi, of the NCAA women's basketball champions U. of Connecticut, and speedskater Apolo Anton Ohno.

Phelps, 19, who set a world record at age 15, will try to equal Mark Spitz's seven Olympic gold medals in Athens.

At the awards presentation at New York Athletic Club in Manhattan on April 13, Raschker said, "The majority of Americans are over 40 now, and 35 million Americans are over 65. I hope that my presence in the finals inspires lifetime fitness as we age. Sports are breaking the age stereotype. I am extremely grateful to the Senior Games

and to Masters Track and Field for providing great opportunities for all Americans to stay fit for a lifetime."

Cox News Service reported, "Raschker was almost giddy when the formal ceremony ended Tuesday night and the autograph session began. She wore a blue-green crushed velvet dress with a halter top that showed off the muscles in her arms and her back."

"I'm not used to this kind of stuff," Raschker said. "For the masters program, we're just not used to getting any kind of publicity."

Over 100 newspapers carried A.P. stories of Raschker's nomination, mentioning "57-year-old masters track and field athlete Philippa Raschker, an accountant from Marietta, Ga."

The Sullivan Award has been presented by the Amateur Athletic Union since 1930.



Finalists in the M65 60m (I to r): William Bittner; Marion Harrison, 1st (8.34); Dick Camp; Bob Lida, 2nd (8.38); Emil Pawlik; Paul Johnson, 3rd (8.49); Wayne Bennett; and Spencer Parrish, National Masters Indoor Championships.

State Street Mile

June 27, 2004 in Santa Barbara ...

First Event: 8:00a.m. State & Pedregosa

A Benefit for the District Attorney's Office Victim Witness Assistance Program

featuring...

Toyota of Santa Barbara Masters Elite Mile Platinum Performance Elite Mile Age Group Miles

Law Enforcement Mile

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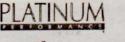
Santa Barbara News-Press Family Fun Mile

Pre-registration available online at www.active.com or_www.sbmile.com

Race day registration begins at 7:00a.m.

Call (805)568-2316 for an entry form and more information

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years. Also, the best masters will be



International Scene

By TORSTEN CARLIUS

First WMA Indoor Meet is a Hit

The first World Masters Athletics Indoor Championships were held in Sindelfingen, GER, March 10-14, just eight months after the General Assembly in Carolina, PUR, voted to add the event to our championships program. The LOC in Sindelfingen, i.e., the Württembergischer Leicht-athletik-Verband, together with great support from the City of Sindelfingen, accomplished a very professional job in this short period. As a result, the championships were highly organized and, consequently, a great success with 2637 athletes from 57 countries in attendance.

At this inaugural world indoor meet, it was a great pleasure to see all six WMA regions represented. As the host country, Germany had the biggest team (1216 athletes), but France, Great Britain and Italy were also strongly represented. I was very pleased to see that the unofficial M35-39 age group generated significant interest with 200 athletes participating.

Excellent Performances

The championships were organized in the splendid indoor arena, "das Glaspalast," where the atmosphere was warm, very pleasant, and sportsmanlike. All good performances, of which there were many, were highly appreciated by the other athletes and spectators

Outside "das Glaspalast" were held the highly popular winter throwing events, cross-country and road walks. The winter throws are developing strongly and will be included in future World Masters Indoor meets. The running and walk events need closer study, as they compete with the Non-Stadia Championships in the same year. Two cities (Ancona, ITA, and Linz, AUT) presented bids to the Council and Special Assembly for the 2006 WMA Indoor Championships. As a result, Linz, AUT, was awarded the next World Masters Indoor Meet, which will be organized in their wonderful Intersport Arena in March 2006. If not already accessible, their Web site, www.linz2006.com, will be available in the near future.

IAAF Representation

We were very happy to have many prominent IAAF representatives in Sindelfingen, all of whom expressed great satisfaction and future support. IAAF President Lamine Diack took a personal interest in the competition, as did IAAF General Secretary Istvan Gyulai, IAAF Vice President Helmut Digel, and EAA President Hansjörg Wirz.

The way in which the championships were organized, demonstrated that there is just one athletics family even if we exist in two world associations. At the IAAF Council meeting in Athens 10 days later, we received full support for approval of our wish that men also become masters at age 35



BRIDGET CUSHE

M45 triple jump finalists (I to r): H. Laurent, PRA, 3rd (13.15); G. Hayrapetyan, ARM; G. Werther, AUT, 1st (13.31); H-A Kuppers, GER; P. Houba, USA; S. Klungland, NOR, 2nd (13:24); M. Fiorini, ITA; and Lucio M-Gonzalez, ESP, WMA Indoor Championships.

Athletes Invited to Canadian Meet

If your summer vacation plans are still up in the air, you might want to consider a visit to the 30th Annual Canadian Masters Track and Field Championships in Calgary, Alberta, Canada, July 17-18.

Masters athletes age 30+ are invited to compete in the 100 to 5000m, steeplechase, 80 to 400m hurdles, racewalking, all jumps, all throws, pentathlon and exhibition weight pentathlon (see entry form on p. 23).

In addition, road racing enthusiasts can participate in a masters only age-graded 5K road race on Sunday, July 18. As you may already know, age-grading is a wonderful opportunity to keep track of your own accomplishments over the years.

The 1st, 2nd and 3rd place awards are a prize value of CAN\$300, \$200 and \$100, respectively, to the top three athletes, male or female, based on agegraded results. Also gold, silver and bronze medals will be awarded in

every five year age-group.

Apart from the excitement of competition, Canada's mountains offer great opportunities for hiking or trail running. Visit www.mountainrun ning.com for more info.

Cultural activities abound. The Calgary Stampede and Edmonton Klondike Days are held just before and after the championships. The Cowboy Trail offers many opportunities for family fun.

For additional competition information and recreational opportunities contact: www.2004canadianmasters.com; e-mail: contact@2004canadianmasters.com; call (toll free) 866-286-1318; or write: 2004 CanadianMasters, P.O. Box 48153, Calgary, Alberta T2X 3C9, Canada.

Canada welcomes you and your family to an exciting championships event in July, and invites you to extend your trip into a culturally and recreationally diverse vacation opportunity.

WMA Championships

Continued from page 1

About 2600 masters athletes age 35and-over from 55 countries made up the field, primarily from the host country and adjoining nations. Athletes from Asia, Africa, Oceania, and South America were few, if any. Sixty-five U.S. athletes were listed as entrants.

Two athletes set three records each. Guido Muller, GER, who holds the M55 and M60 world records for the outdoor long hurdles, showed that he is just as fast indoors, with records in the 200 (26.05), 400 (56.95), and 60M² 765H (9.60). The 400 record is about two-and-a-half seconds better than the present record of 59.35 by Larry Colbert, USA.

Olga Kotelko, CAN, a recent 85, set world records in the high jump (0.89), long jump (1.91), and shot put (5.81).

Courtland Gray, M60, was the only U.S. athlete to score an age-group record, with an 8.85 in the 60mH. The present record is held by U.S. hurdler Phil Mulkey at 9.14 in 1993. Of the 44 records broken, 23 are held by U.S. athletes.

The relatively small contingent of

U.S. entrants won more than its fair share of gold medals. Paul Edens continued his streak of international and national championships, with wins in the 60m (7.77) and 200 (25.98). Val Barnwell, M45, took the 60m race in 7.32.

Robert Thomas was the winner in the WMA newly-approved M35 division in the 200 (22.64).

Larry Barnum, M60, took the gold in a close race with Vic Blanchard, GBR, 58.80 to 58.84, and second place in the 800 (2:18.88).

Sid Howard, M65, left for New York City with wins and U.S. records in the 800 (2:22.67) and 1500 (5:00.52). The records now stand at 2:24.12 and 5:05.5. Steve Gallegos (listed as Francksen in the results), at the top of his age group at 49, emerged victorious in both the 800 (2:03.35) and 1500 (4:09.95).

With Courtland Gray setting the pace, other U.S. athletes made their presence known in the 60mH. Dexter McCloud became the M40 world champion with an 8.37. Charley Miller, on the comeback trail after sev-

eral years off, was second M65 (10.11).

The U.S. M60 4x200 team won the silver medal with a national record of 1:45.56.

Roger Price won the M55 8K cross-country race (25:07), on a moderately hilly course near the Glaspalast. The overall winners were John Brown, M40, GBR, 22:34, and Brigitte Rupp, W40, GER, 26:35.

In the field events, Mike Shiaras won the M50 shot put (15.08). Gregory Foster won the M40 pentathlon (4072). William Murray was the top scorer in the M50 pentathlon (4045). Highest scoring pentathletes were Rolf Geese, M60, GER, 4725, and Katalin Deak, W35, HUN, 4299.

Sullivan Award nominee Phil Raschker, W55, considered by many as the best masters athlete in the world and competing in her native Germany with high hopes, tore a left hamstring in a 200 preliminary on Wednesday, the 10th.

"I sat out the rest of Wednesday and Thursday, wrapped my leg up tight and pole-vaulted with a very short run, but I could not push off. Still, my technique got me a silver in the vault and triple jump. Gambling on height selection, with extreme pain at takeoff, got me a gold in the high jump."

Raschker also suffered injury in another way. Five of the world records broken are presently hers.

The discus, hammer, and javelin, offered as exhibition events, were held in two venues near the indoor arena in inclement weather. Marten Regtop, M55, NED, had the farthest mark in the discus (48.33). Top marks in the hammer came from Swen Linden, M35, GER, 60.83, and Evaun Williams, W65, GBR, 40.27. Serhiy Havras, M45, UKR, hurled the javelin 62.32.

About the meet, Raschker said, "Germany did a great job, with so little time to prepare. The officials were courteous, helpful, friendly. The competition book was the best ever. Every championships meet should use it as their model."

Jeanne Daprano said, "For me, this was a peaceful meet. I didn't see one anxious athlete like I usually see at the check-in and staging areas."

Hurdler Robert Zahn noted, "I've never seen so much beer consumed at a track meet."

The second WMA Indoor Championships will be held in Linz, Austria, in 2006. □

Report from Britain

By BRIDGET CUSHEN

The two day championships held in the four-lane Cardiff, Wales, arena, Feb. 21-22, was, as expected, one of the liveliest and most competitive for some years as athletes peaked for the World Championships, with the 35-39 age category entering a British Masters Championships for the first time, and competitors from Ireland and South Africa swelling the program.

Three weeks after shattering Nolan Shaheed's M50 world 800 record with a 2:00.52, Dave Wilcock was one of a group of three who set a cracking pace in the M50 1500, going through the first 400 in under 58 seconds. Breaking free from his determined pursuers with two and half laps to go, he held on to win in the world record time of 4:12.67, erasing John Potts' 4:14.73.

Runner up Dave Bedwell, with 4:13.46, was also inside the old record and the early pacesetter, Nigel Gates, held on for the bronze medal (4:17.58).

Drama followed, however, in the next race. As the M55 had completed half their 1500, the emergency alarm rang out with an order to clear the arena immediately. With less then three laps remaining, officials stood across the back straight directing the competitors out an emergency exit door.

Perspiring runners stood in below freezing temperatures while security staff carried out an intensive search, swiftly locating the problem — an inconsiderate sports person coming in from outside playing fields, who had lit a cigarette in the showering area, setting off the smoke alarm! The race was re-run as the last event of the meet.

Large entries in the 1500 and 3000 resulted in some excellent races. Nigel Gates, who recently lowered the M50 3000 world record to 8:49.38, had a solo run to win here in



Enrico Pyritz, GER, M40 shot put winner (16.20), WMA Indoor Championships, Sindelfingen, Germany.

8.59

Sarah Heath took gold in the W40 1500 (4:42.84) and the 800 (2:16.93). There was a great tussle for W55 titles between the back-from-injury Pat Gallagher and double gold medalist from Puerto Rico, Margaret Auerback, Gallagher winning the 800 (2.37.87), 1500, and 3000.

Neil Griffin, a paramedic, set a British M55 record of 14.99 in the shot put, in which he has ranked in the British senior top 10 for the past 38 years. Alan Williams, now back to optimum health, added .01 to his own M50 British pole vault record, clearing 4.01.

Helen Godsell, a new W50, won the 60m in 8.36, a European record, and the 200 (28.28).

Stephen Peters had a clean sweep in the M50 60m after setting a British record in his semi of 7.43. (Complete results available at www.bmaf.org.)

The national cross-country championships, run over 5K for women and M70+, and 10K for M40+, were held on March 20 over a very demanding course at Maiden Castle in the cathedral city of Durham. This is an ideal spectator course, as the athletes circle four times, crossing a bridge, and running through playing fields before heading out through boggy moorland and up a testing windswept hill.

The storms the previous day had abated, but high winds still swirled, buffeting runners as they reached the pinnacle of a steep hill.

Londoner Astrid Winger, Sue Wint, from Coventry, and Audrey Macmillian, all of whom recently reached W35 status, made their masters debut in the 127-strong field. Just four seconds separated the first three in a frantic sprint to the finish, won by Susan Ridley from Clare Pauzer, W40, with Winger third and the early pacesetter Wint just holding off the second W40, Andrea Dennison.

Heavy rain lashed the M40-49 race on the exposed hills. Virtually all starters completed the muddy four-lap circuit, a testimony to their fitness and endurance. The 10K race was won by local man Brian Rushworth.

David Neill, individual winner of the British & Irish international race last November, won the M45 title. A Scottish club won the team title, but a small team that traveled over from North Belfast got fifth place from among the top British clubs.

Nigel Gates easily won the M50 race, but only seconds split Brian Lloyd and Charlie Dickinson in the M55 race. Gates had won the world indoor 3000 in Germany the previous week. Steve James, also a world indoor winner, added the M65 title to his illustrious career.

Despite the adverse conditions, five men M70-74 and two M80+ fought through to the finish, led by Gerry Spink.

CANADIAN MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS INTERNATIONAL COMPETITION & 5K AGE GRADED ROAD



July 17 & 18, 2004

CANADIAN CANADIAN

Foothills Athletic Park, Calgary, Alberta, CANADA

For information: www.2004canadianmasters.com Email: contact@2004canadianmasters.com FAX:(403) 686-6051 Toll Free info:1866286-1318

Saturday July 17th	Sunday July 18 th
Track	Track
	8:00am SK Road Race (not in stadium)
8:30am - 12:00 Noon 3000m Race Walk, Women's Pentathlon, 2000/3000 Steeplechase, 100m Heats and/or Finals	8:30am - 12:00 Noon 5000m Race Walk, Men's Pentathlon, 5000m Run, 200m Heats and/or Finals
12:00 Noon LUNCH	12:00 Noon LUNCH
1:00pm OPENING CEREMONIES	
2:00pm - 4:30pm 1500m, 80/100/110m Sprint Hurdles, 100m Finals, 400m, 4x100m Relay, Medley Relay	1:15pm - 3:30pm 300/400m Hurdles, 800m, 200m Finals, 4 x 400m Relay
Field	Field
9:00am - 12:00 Noon Hammer, High Jump	9:00am - 12:00 Noon Discus, Pole Vault, Javelin
12:00 Noon LUNCH	12:00 Noon LUNCH
1:00pm - 2:30pm Shot Put, Long Jump	1:00pm - 2:30pm Triple Jump, Weight Throw
6:00pm Athletes BANQUET	4:00pm Officials and Volunteers BBQ

Registration Package pick-up: Friday, July 16, 1:00pm - 9:00pm at the University of Calgary, Saturday, July 17, 8:00am - 3:00pm, Sunday, July 18, 8:00am - 12:00pm @ FOOTHILLS ATHLETIC PARK

Entry form Please print or type the information below:

Family Name (Surname)	First/G	iven Name	M/F	Age as a	t July 17
Date of Birth (mr	n/dd/yy)				
Street Address	3 3 2 -				
City	Province/State	Country	PostaV.	Zip Code	Telephone No.
Nationality	CMAA, USATE	, WMA National	affiliate, Pro	vincial Ath	letic Body numbe

Event	X	Best Perf.	Event	X	Best Perf.	Event	X
100m			Hurdles:			High Jump	
200m		P. P. W.	80/100/110			Long Jump	
400m		- 40 16	300 / 400	1		Triple Jump	
800m			Steeplechase:		THE HIRT MAINT	Pole Vault	
1500m	11		2000 / 3000		mps in high star	Shot Put	
5000m						Discus	
5K Road Race			Throws Pentathlon, (exhibition)		HT SP DT JT WT special \$50 entry fee	Javelin	
3000 Race Walk			Men's Pentathlon		LJ JT 200 DT 1500 (Sunday)	Hammer	
5000 Race Walk			Women's Pentathlon	1 3	Hurdles HJ SP LJ 800 (Saturday)	Weight Throw	

Please enter a check mark against each event you wish to enter and indicate your best performance in that event during

FEE SCHEDULE All competitors who are not members of CMAA USATF, WMA National affiliate, or a Provincial Athletic Body must pay the non-member Championship Fee of \$15.00. No refunds.

FIRST EVENT	\$30 (\$24 US)
EXTRA EVENTS@	\$10 (\$ 8 US)
WEIGHT PENTATHLON	\$50 (\$40 US) (Exhibition
NON-MEMBER FEE	\$15 (\$12 US) if required
BANQUET	\$30 (\$24US)
TOTAL	2

There are no qualifying standards for entry.

RELAY TEAMS MAY BE PUT TOGETHER AND ENTERED ON THE SATURDAY AND/OR SUNDAY. No entry fees will be charged for the relays.

MAKE CHEQUE OR MONEY ORDER (in Canadian or US funds) PAYABLE TO "2004 CANADIAN MASTERS" SEND TO: 2004 Canadian Masters Championships, 40 Midlake Blvd. SE, P.O. Box 48153, Calgary, Alberta T2X 3C9 CANADA

Waiver must be signed when picking up your registration package.

ENTRIES MUST BE RECEIVED BY FRIDAY JUNE 25, 2004.

Confirmation of entries can be done online by visiting the official Championship web site. www.2004canadian

It is the responsibility of the competitor to ensure that he or she is properly entered.

Masters Scene

NATIONAL

 The USATF XC Council has added the National Masters 5K XC Championships/ Saratoga National Bank XC Classic, Saratoga Spa State Park, NY, Oct. 17, to the championships schedule.

EAST

 David O'Keefe, M45, 54:17, and Debbie Kilpatrick-Morris, W40, 58:12, bested the masters fields in the Cherry Blossom 10 Mile, Washington, DC, April 4. Lou Lodovico, M80, 83:30, and Hedy Marque, W85, 2:12:58, took age-group titles.

 Marie Murphy, 44, won the More Marathon for W40+, Central Park, NYC, March 21. Roxi Erikson, W40, was second (3:10:18), Beth Moras, W45, third (3:11:15).

Moras, W45, third (3:11:15).
• Frank Moore's 7:17.98 in the 2004 Hartshorne Mile is a world best for age 81. Henry Sypniewski ran an outdoor 7:51.9 in 2000. Single-age bests can be either indoor or outdoor.

• Rudy Afanador, 45, Medford, NY, with a 3:35:33, and Jody Lynn Reicher, 41, Midland Park, NJ, with a 4:13:00, turned in overall victories in the Caumsett Park 50K, Long Island, NY, March 7. Arpan DeAngelo, 51, Jamaica, NY, fished in 4:32:12. Helma Clavin, 60, Ronkonkoma, NY, ran a 5:24:12. The paved loop took runners through one of Long Island's most breathtaking parks, with views of vast open fields, Long Island Sound, and majestic mansions on the 1750-acre estate originally purchased in 1921 by Marshall Field III. The event, also the USATF Long Island championships, raised \$1200 for the "Kids Helping Kids" Fund.

• Kathy Martin, 52, Northport, NY, "threepeated" her women's overall title win in the Nationwide Insurance 10K Run for ASPIRE, Plainview, NY, April 5, with a 37:30, eight seconds better than her victory in 2003. Gerry O'Hara, 40, Lynbrook, NY, took the masters win in 34:40. Bob Giambalvo, 54, Delhi, NY, won the M50 title in 36:15. Proceeds of the race went to the Stanley Kramberg Memorial ASPIRE Scholarship Fund to help young amputees of the ASPIRE Program further their educations.

 "Masters will return to Madison Square Garden in 2005," says Francis Schiro, Masters Event Coordinator, Verizon Millrose Games. The plan is for a Masters Championships of America Indoor Sprint Medley Relay, consisting of teams from six different regions, running 400-200-200-800. Entries must be submitted by Dec. 7, 2004, to Francis Schiro, Verizon Millrose Games, 524 E. 5th St. #1, New York, NY 10009. FrancisSchiro@aol.com.

 Leading the masters pack at the NYRR Colon Cancer Challenge 4-Miler, Central Park, NYC, March 14, were Jerry Macari (second overall), 44, 21:25, and Luybov Kremleva (third overall), 43, 22:23. Finishing strongly in their divisions were William Fortune, 75, 31:25, Jonathan Berke, 84, 34:29, and Gayle Jones, 84, 36:07.

SOUTHEAST

 Mikel Wagner, 47, was first overall in 1:57:21,
 Whitestone 30K, Kingston, TN, March 7. Betty Schohl, 50, took the W40+ contest in 2:28:34.
 First 60+ were Royce Salyer, 62, 2:22:17, and Pat Denton, 61, 2:57:18.

 Mark Malander, M40, 34:10, and Jeanie Trent, W40, 39:03, galloped to masters firsts in Ukrop's Monument Avenue 10K, Richmond, VA, March 27. Calvin Fowler, M65, finished in 41:11. Sharon Giese, W65, ran a 48:26.

 Dennis Simonaitis, M40, 48:39, and Tatyana Pozdnyakova, W45, 50:15, romped to masters firsts, Gate River 15K, Jacksonville, FL, March 13. Al Treichel won the M75 contest in 73:32. Elfrieda Wyner, W60, finished in 70:02.

• A week later, Simonaitis, M40, 31:44, and Pozdnyakova, W45, 34:55, had no difficulty taking the 40+ races in the Cooper River Bridge 10K, Charleston, SC, April 3. Gary Romesser, M50, 33:45, and Terry Mahr, W55, 40:24, darted to division wins. Valerie Fritsch won the

W80+ race in 59:34.

Paul Brown, 41, ran a 22.74 200 and a 51.63 400 in the Carolina Masters Meet, Johnson C. Smith U., Charlotte, NC, April 3. Duane Green, 53, won the 800 from Harper Turran, 52, 2:14.63 to 2:15.58. Mike Valle, 63, reached 141-7 with the discus. Ray Mushinski, 52, hit 162-3 in the javelin.

MIDWEST

Jim Schneider, M50, 57:33, and Jeanne Olash, W45, 62:20, sizzled to masters victories, Papa John's 10 Mile, Louisville, KY, April 10. Barry Ross, M50, was second M40+ (58:14). Ray Parella won the M65 first prize in 65:09. Judith Harmony took the W60 race in 85:41.

• The Indiana Invaders have launched a masters t&f program for athletes age 30+. The addition of a masters program to the club, the fourth largest USATF club in the Midwest, will complement the team's elite development program. Team Director Greg Harper said, "Masters competition, as an Invader, offers a unique opportunity to compete as a team, to wear the team colors, and to have fun....The additional interaction that these athletes will have with our elite membership should be interesting." He also said that the club was looking forward to creating and bidding for masters t&f events to be held in Indiana...to help increase awareness and participation for Indiana masters. For more information, check www.indianainvaders.com/masters/index.asp.

 Bucking the crowd and coming out winners at the Rodes City Run 10K, Louisville, KY, March 27, were Gordon Sanders, 43, 32:01; and Annette Bauer-English, 40, 40:35. The race is in its 24th year and drew over 4700 participants.

SOUTHWEST

 Carmen Troncoso, 44, led all of the W40+s and most of the M40+s to the finish with a firstoverall woman 36:11, Capitol Statesman 10K, Austin, TX, March 28. Paul Zimmerman, M40, was first master (32:18). Jerzy Kuszakiewicz won the M85 match-up in 74:17.

WEST

• Some of the best masters hammer throwers in the US will have an exceptional opportunity to compete in an invitational event in the Modesto Relays on May 7. Sponsored by AdvoCare, the event will be held May 7 at Modesto JC, start time at 11:30 am. Awards will be age-graded. Scheduled to appear are Bob Ward, M70, Stew Thomson, M70, Dan John, M45, Bob Cahners, M60, George Mathews, M60, Tom Gage, M60, Jim Wetenhall, M45, Carl Reichard, M50, Todd Taylor, M55, Tom Meyer, M50, Georgia Cutler, W60, Joyce Taylor, W50, Oneithea Lewis, W40, and Carole Finsrud, W45. Dick Hotchkiss, USATF Masters Weight Event Coordinator, is the producer.

 The quartet of Frank Strong, Cornell Stephenson, Kevin Morning, and Willie Gault, running in that order and representing the newly formed Speedwest TC, set an M40-49 U.S. record of 42.73 for the 4x100 at the Mt. SAC Relays, April 8. The present record is 42.79, set in 2002.

Linda Somers-Smith, 42, notched a first-woman overall in 38:30, Emerald Nuts Across the Bay 12K, San Francisco, March 21. Heidi Helvestine, W50, finished with the leaders in 46:57. Myra Rhodes, W70, ran a 64:01. Daniel Gonzalez, M40, was first M40+ (38:30).

On March 20, Nadine O'Connor, 62, continued her assault on the W60 pole vault world record with a 9-8/2.94. This marked the eighth time she has moved the record up as she approaches the 3-meter mark. She tied for 9th among 23 college women vaulters at the Aztec Invitational track meet at San Diego St. U.

NORTHWEST

 Tony Young, M40, 16:22, and Cindy Okrane, W40, 17:51, uncorked masters firsts in the Henry Weinhard's St. Patrick's Day 3.5 Mile, Seattle, March 14. Greg Beyerlei won the M50 race in 17:34. Dorie Quam, W55, clocked a 23:34 division first.

Richard Punches, M40, 35:58, and Jenny Teppo, W45, 38:13, quickly spanned the Bridge to Bridge 10K for masters firsts, Portland, OR, April 4. Dave Harrison won the M70 race in 49:50. In the 5K, Alan Knoop, M45, 16:36, and Denise Foote, W45, 18:55, were first masters. Erica Dunn, W70, ran a 28:17.

CANADA

• Three WRs fell in the Ontario Masters Indoor Championships, York U., March 6. Jean Horne, W70, ran a 1:22.12 in the 400 and a convincing 3:14.45 in the 800. Helgi Pedal, W80, high jumped 0.96. Pat Peterson (USA) holds the present 400 record at 1:28.79. Toshiko d'Elia (USA) has the 800 record with a 3:28.1. Gunni Swensson (SWE) owns the HJ record of 0.93.

INTERNATIONAL

• Johan Swiegers, 52, skimmed the 400H in an age-graded 92.1% 61.29, West Pretoria Masters Championships, Green Point, South Africa, March 25-27. Ron Cross, 70, ran an 89.2% 100 (14.38) and an 87.0% 80H (14.76). Anna Villet, 77, performed at the international level with a 93.6% 34:13.63 in the 5000 RW and a 92.9% 1:09:07 in the 10K RW.

OBITUARY

 Brian Maxwell, PowerBar co-creator, died of an apparent heart attack in March; he was 51. A world ranked marathoner in the 1970s, the Canadian born Maxwell created PowerBar with his future wife, Jennifer and UC Berkeley biochemist Bill Vaughn in the mid-1980s, and together they launched the now ubiquitous sports bar market. Maxwell, who lived in Ross, CA, is survived by his wife and six children.



David Friedman, M50 pentathlete, National Masters Indoor Championships.

WMA Championships

Continued from page 22

invited to the IAAF Annual Gala in Monaco, like the best juniors and top athletes.

Sindelfingen was really a turningpoint in our movement and a very great success. We owe the LOC and its chairman, Karl-Heinrich Lebherz, and the mayor of Sindelfingen, Dr. Bernd Vöhringer, our greatest and warmest thanks and appreciation.

San Sebastian Council

At the WMA Council meeting in San Sebastian in March, the following decisions were taken:

• The Council will forward a proposal to the General Assembly in San Sebastian next year that the World Masters Championships Non-Stadia be removed from 2009. These championships have not been the success expected; consequently, Affiliates are requested not to present any bids for these championships in 2009.

• WMA has forwarded a proposal to IMGA that the World Masters Games be switched back to even years commencing in 2012 to avoid date clashes with the WMA World Masters Championships Stadia. WMA has had contact with IMGA on this issue and it is expected that our proposal will be approved by the IMGA General Assembly in Lausanne on May 16.

• The Council will forward a proposal to the General Assembly in San Sebastian next year that the present rule of giving notice of Delegates 30 days before the Assembly will be removed as it has caused much confusion and stopped many Affiliates from voting at the General Assemblies.

• The Council has signed a contract with James Thordsen, Inc., re marketing/sponsor-finding for WMA for a four-year period.

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Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are usually limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

TRACK & FIELD

NATIONAL

August 5-8. 37th Annual USATF National Masters Championships, Decatur, Ill. Don Luy, 1184 W. Main St., Decatur, IL 62522. 217-420-6625, www.millikin.edu. Decatur Area Convention & Visitors Bureau, Teri Hammel, Dir.of Sports Marketing, 800-331-4479; teri@decatur cvb.com; http://www.millikin.edu/athlet ics/track/USATFMasters/04master.html

August 14-15. USATF National Masters Weight Pentathlon Championships, Reading, Pa. Ray Feick, 610-754-6007; ffeick@aol.com

August 21-22. USATF National Masters Decathlon & Heptathlon, Neosho, Mo. Jeff Watry, 3224 CR 2700E, Penfield, IL 61862. 217-367-8438, x152; jwatry@gill athletics.com

September 11. USATF National Masters Weight & Superweight Championships, Seattle, Wash. Ken Weinbel, 4103 Hillcrest Ave. SW, Seattle, WA 98116. 206-938-3895; kweinbel@comcast.net

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

May 2, 16, 30. Potomac Valley TC Meets, Langley HS. 703-671-2520; www.pvtc.org

May 15. ABC Crusaders Meet, Baker Field, Columbia U., NYC. 6-10 pm. All events, including hammer. Trophies. Ivan Black, 347-247-1983.

May 22. MAC Spring Classic, Astoria Park Track, NYC. Ivan Black, 347-247-

May 29-30. Potomac Valley TC Decathlon, Langley HS. See May 2

June 5. Claude Hills Memorial Throw-a-Thon, Albright College, Reading, Pa. 15 implements – 3 implements per event. Ray Feick, 2987 Lutheran Rd., Gilbertsville, PA 19525. 610-754-6007; ffeick@aol.com

June 6. Superweight & Ultra Weights Meet, Gilbertsville, Pa. See June 5.

June 6. 19th annual GSAC/Randolph Classic T&F Meet, Randolph, N.J. Mort Hahn, 973-625-1764; madeline.bost@ att.net; www.usatfnj.org (Track& Field

June 6. Sportsplex Masters Meet, Landover, Md. 301-583-2660; www.pg sportsandlearn.com

June 8-13. New York Empire State Senior Games, Cortland. John Doherty, 212-866-

June 8, 15, 22, 29. Philadelphia Masters

Meets, Ft. Washington, PA. Kyle Mecklenborg, 215-393-1382; krmeck@erols.

June 12. MAC Masters & Open Championships, Mount St. Michael HS. Murdoch Ave., Bronx, NYC. Ivan Black, 347-247-1983.

June 13, 27. Potomac Valley TC Meets. Langley HS. 703-671-2520; www.pvtc.

June 19, 26-27. Connecticut Senior Games, Trinity College, Hartford. Patrick Fisher, 860-528-4588.

June 26-July 3. Pennsylvania Senior Games, Shippensburg. Judith Brominski, 570-823-3164; 888-445-4559.

June 27. USATF New Jersey Masters Championships, Monmouth Regional HS, Tinton Falls. (s) M&W30+. Isabel Keely, 31, Breakwater Sq., Freehold, NJ 07728. ikeeley@instires.rutgers.edu

July 10. Bay State Games, MIT, Cambridge, Mass. All masters compete in M40+ division. USATF New England, 617-566-7600; office@usatfne.org

July 10. USATF Adirondack Masters & Open Championships, Troy, N.Y. 518-273-5552; info@usatfadir.org

July 10, 24. Potomac Valley TC Meets, Langley HS. 703-671-2520; www.pvtc.

July 13. Colonie Mile, Colonie HS, Albany, N.Y. 6:15 pm. Ken Skinner, ken nyskin@earthlink.net

July 13. Philadelphia Masters Meet, Ft. Washington, PA. Kyle Mecklenborg, 215-393-1382; krmeck@erols.com

July 24-26 (tent.). USATF East Regional Masters Championships.

July 25. Mid-Atlantic USATF Masters & Open Championships, Ft. Washington, PA. Kyle Mecklenborg, 215-393-1382; krmeck@erols.com

August 7, 21. Potomac Valley TC Meets, Langley HS. 703-671-2520; www.pvtc.

August 17, 24. Wissahickon Wanderers Distance Meets, Philadelphia, PA. Dan Gordon, dgordon95@comcast.net

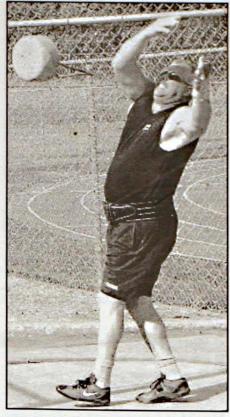
September 4-5. Potomac Valley TC Games, Langley HS. 703-671-2520; www.pvtc.org

September 18. Delaware Fall Throwers Classic, U. of Delaware, Newark. Larry Pratt, 302-322-1718; discoach@aol.com

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

May 7-9. 34th annual Southeastern Masters & Open Meet/USATF North Carolina Masters Championships, & Masters 20K RW South Championships, NC St. U., Raleigh. SE Masters, c/o Raleigh Parks & Recr., 2401 Wade Ave., Raleigh, NC 27607. www.southeastern* masters.org



Jim Wetenhall, M45, hurls the 98# weight.

May 7-9. Alabama Senior Olympic Games, Montgomery. Ronnie Floyd, 334-

May 8. USATF Florida Masters Championships, Jacksonville. 904-387-0528; email: consultJTB@aol.com

May 11-14. Washington, D.C., Golden Olympics. Ben Butler, 202-282-0753; ben.butler@dc.gov; www.dpr.dc.gov

May 13-15. Virginia Senior Games, Virginia Beach. Shannon Moore, 757-4784-8492; www.vrps.com

May 18-22. South Carolina Senior Sports Classic, Francis Marion U., Florence. Carl Hust, 803-772-0363.

May 22. USAT-National Training Center Meet, Clermont, Fla. O/M/U. Don DeNoon, 352-241-7144; x4206.

May 29. Furman Track Classic, Furman U., Greenville, S.C. SASE to Adrian Craven, 109 Woodhaven Dr., Greenville, SC 29609. 864-233-0333.

May 29. Birmingham TC Classic, Samford U., Birmingham, Ala. Frank Newland, 205-370-7060; www.birming hamtrackclub.com; btcclassic@yahoo.com June 1-5. Mississippi Senior Olympics, Hinds Comm. College, Raymond. Joyce Anderson, 601-925-7994.

June 26. USATF Southeast Regional Masters Championships, Clermont, Fla. (s) Don DeNoon, 352-241-7144, x4206; www.usat-nyc.com

Tennessee Masters Meet, July 10. University School, Jackson. Ross Dunton, 865-774-0023; coachr880@bellsouth.net; www.coachr.org/tnmastersjackson.htm

July 16-22. Tennessee Senior Games, Clarksville. Christine Dewbre, 615-902-

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

May 16. North Coast Invitational, Cleveland Heights HS, Ohio. Jeff Gerson, 5091 Hickory Dr., Lyndhurst, OH 44124. 440-473-0636.

June 10-12. West Virginia Senior Sports Classic, Charleston. Lowell Witters, 304-342-6287.

ON TAP FOR MAY

TRACK AND FIELD

Lots of action in the NYC area with meets on the 1st, 15th, and 22nd. The 34th Southeastern Meet, Raleigh, NC, starts its three-day run on the 7th. The Midwest has the North Coast Invitational, Cleveland Heights, OH, on the 16th. Lions/Waterloo Championships are set for the 22nd in Austin, TX. California offers the So. California Striders Meet of Champions, CSU-Long Beach, on the 8th, and the Dan Aldrich Memorial, UC-Irvine, and the Pacific Association Championships, UC-Berkeley, on the 30th. Arizona holds its state championships in Glendale on the 22nd-23rd. The Birmingham TC Classic holds forth at Sanford U. on May 29. The Tennessee Senior Games continue through May.

LONG DISTANCE RUNNING

National Masters Championships/Ogden Newspapers 20K Classic gets rolling in Wheeling, WV, on May 29. For openers, consider the Blue Cross Broad Street Ten Miler, Philadelphia; Bloomsday 12K, Spokane, WA; Avenue of the Giants Marathon, Humboldt St. Park, CA; and Flying Pig Marathon, Cincinnati, on the 2nd. The Indianapolis Life 500 Festival Mini-Marathon hits the bricks on the 8th, followed by the venerable Palos Verdes Marathon in the L.A. area on the 15th, and the Sallie Mae 10K, Washington, DC, and Bay to Breakers 12K, San Francisco, on the 16th. Closers include the Great Race Festival Races, Elkhart, IN, on the 29th-31st, and Brentwood 5K and 10K, Los Angeles; Med-City Relays, Rochester, MN; Vermont City Marathon, Burlington; and Buffalo Marathon, NY, on the

RACEWALKING

They'll be going around and around in the National Masters One & Two Hour RW Championships, Kenosha, WI, on the 23rd, the same day that RWers can qualify for the Empire State Games in the MAC 20K Championships, Central Park, NYC. Jacksonville hosts the Florida RW Championships on the 8th.

June 12-13. USATF North Region & Ozark Association Open & Masters Championships, Edwardsville, Ill. (s) Peggy Rowold, 314-469-0577; email: pshinn@il.net

June 19. USATF Michigan Masters Championships, Grand Valley St. U., Allendale. Jim Q'Neil, 616-844-1768. July 17. Dayton Track Classic, Welcome Stadium, Dayton, OH. Bob Jones, 937-837-2754; email: BJRun@Juno.com

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, S. Dakota

June 6. Jolly Jogathon Meet, Marysville HS, Kansas. F-noon; T-3:00 pm. Cleve Walstrom, 785-562-3021; Athletic Warehouse, 562-2424.

June 6-10. Black Hills Senior Games, Rapid City, So. Dak. 605-394-1887.

June 10-13. Iowa Senior Games, W. Des Moines. Susan Skinner, 515-633-5011.

June 12. USATF Mid-America Regional Masters Championships, Edwardsville, Ill. Ed Rowald, 314-469-0577; pshinn@i1.net June 19. Star of the North Games, Harding HS, St. Paul, MN. Deadline June 8. No meet-day entries. Twin Cities metro area: 763-785-5603; 800-756-STAR; www.starofthenorthgames.org

June 22-27. Colorado Rocky Mountain Senior Games, Greeley. Sheri Lobmeyer, 970-350-9433.

June 26. Missouri State Senior Games, Columbia, Mo. Jack Miles, 573-882-1462; smsg.org/seniorgames

August 1. Blair Masters & Open Meet, Blair HS, NE. Mike Maryott, 402-426-5955.

August 21. Halstead Masters & Open Mini Meet, Halstead HS, Kansas. 4 p.m. Bob Everoski, Halstead Recr. Commission, 316-835-3366; 835-2286.

September 4-5. Rocky Mountain Masters Games, CSU-Ft. Collins. Jim Weed, 2203 E. 149th Ave., Thornton, CO 80602; rock ymountainmasters@msn.com. Jerry Donley, 719-635-1264

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

May 22. Oklahoma Association Age-Group Meet, Jenks. Mike Barber, 918-481-1176.

June 12. Odessa Downtown Lions Club Benefit – Jackrabbit Relays, Ratfliff Stadium, Odessa, Texas. Don Wright, 915-362-3180; wrightanapapa@aol.com; Gerald Perry, 915-362-4640; perry@ntsonline.net

June 19. USATF Southwestern Association Championships, Coppell, Texas. Lester Mount, 6750 Hillcrest Plaza Dr., #221, Dallas, TX 75230. 214-766-2854; lestermount@yahoo.com

July 10. USATF Southwest Regional Championships, site TBA. Lester Mount, 6750 Hillcrest Plaza Dr., #221, Dallas, TX 75230. lestermount@yahoo.com

July 10. Cat Spring Grunt VI Throwers Meet, Cat Spring, TX. M&W30+. 979-732-5591; k9luvrs@intertex.net

WEST

Arizona, California, Hawaii, Nevada, New Mexico

May 1. Team Thor USA Throwers Meet, UC-San Diego, La Jolla, Calif. All throws, plus SW. Open to all. George Mathews, 2149 Calle Buena Ventura, Oceanside, CA 92056. 760-757-4550; email: georgema thews@cox.net

May 1. Arizona Regulation Meet, site



JERRY WOJCIK

Richard Watson, first M45 in the high jump (4-10 1/2), 2003 Nevada Senior Olympics.

TBD. Bob Flint, 480-949-1991; usatfaz@cox.net

May 8. 19th annual Southern California Striders Meet of Champions, CSU-Long Beach. (s) May 1 deadline. 11 a.m. Hugh Cobb, 3180 Camino Arroyo, Carlsbad, CA 92009. 760-436-7696; Al Escabosa, 714-528-1443.

May 14-15. Sacramento Senior Games, Sacramento, Calif. Qualifier for Calif. State Championships, Pasadena, in June. 916-277-3839; SeniorGames@cityofsac ramento.org

May 22-23. Arizona State Championships, Glendale. Bob Flint, 480-949-1991; usatfaz@cox.net

May 30. Dan Aldrich Memorial Masters Meet, UC-Irvine. 541-318-8513; cmccor mick@bendcable.com

May 30. Pacific Association USATF Masters Championships, Univ. of California, Berkeley. Don Rose, 43 McAllister Ave., Kentfield, CA 94904; 415-457-8177; DonRose43262@aol.com; pausatf.org

May 30-31. Hawaii Masters TC Decathlon, Kaiser HS, Honolulu. 8:30 am. Jack Karbens, 735-6366.

June 5. California Senior Games Championships, Pasadena CC. Qualifier for 2005 NSG. Christel Donley, meet director. Cynthia Rosedale, 626-685-6754; www.pasadenaseniorolympics.org

June 6. Mark Grubi/Pacific Association Masters Championships, UC-Berkeley. Don Rose, email: DonRose43262@aol. com

June 11-12. Arizona Combined-Events Championships, site TBD. Bob Flint, 480-949-1991; usatfaz@cox.net

June 18-20. Grand Canyon State Games, Arizona St. U., Tempe. Bob Flint, 480-949-1991; usatfaz@cox.net

June 26. Chuck McMahon Memorial Masters/USATF San Diego Assoc. Championship T&F Meet, Westview HS, 13500 Ruiz San Diego, San Diego, CA 92129. Rick Fultz, 619-226-1324; info@sdseniorgames.org; www.sandiegoUSA TF.org

July 11. New Mexico USATF Masters/ Open Meet, Albuquerque. Kathy Fones, 31 Sandhill Rd., Los Lunas, NM 87031. 505-865-8612; fax: 5565-8387; foneskn@ aol.com; www.usatf.org/assoc/ hm

July 16. California State Games, Patrick Henry HS, San Diego. T&F. CSG, 2919 Camino Del Rio South, San Diego, CA 92108. 619-682-3436; Fax: 682-3440; calgames@sosinet.net; www.calstategam es.org

July 24. New Mexico USATF Masters/

Open Pentathlon, Albuquerque. See July

July 24-25. USATF West Regional Masters Championships, Home Depot Center/Olympic Training Facility, Carson, Calif. Mark Cleary, runnermark@cox.net

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

May 29. Oregon Senior Olympics, Silverton, Ore. Amy Castle, 503-873-8577.

June 4-5. Montana Senior Olympics, Butte. Open to out-of-state. Kay Neumann, 406-586-5543; kayjn@imt.net

June 5. Seattle Parks Department Masters Meet, West Seattle Stadium. Dennis Cook, 206-684-7094; email: dennis.co ok@seattle.gov

June 7-13. North Idaho Senior Games, Lewiston. T&F on 12th; 5K on 10th. 208-7443-5580; 800-877-3206; www.cityof lewiston.org

June 12. USATF Inland NW Association Championships, Pullman, Wash. (s) Mike Hinz, 509-332-1168; usatf.org/assoc/inw/ inland%20Northwest%20Sched.htm

June 12-13. USATF Oregon Y/O/M Championships, Sandy HS. HT & SC on 12th at Mt Hood CC, Gresham. www.us atforegon.org

June 19-20. Portland Masters Classic. Paul Stepan, 3011 NE Linden, Gresham, OR 97030. 503-666-8950; 1stepan@yah oo.com

June 24-July 22. Oregon TC All-Comers Meets, Hayward Field, Eugene. Thursday evenings for ages 13+. Jill Mestler, 541-302-9416; jmestler@juno.com

June 26-27. Hayward Masters Classic, Eugene, Ore. Ruth BreMiller, 541-687-9675, brem@darkwing.uoregon.edu; Johnny Faerber, meet director, 541-942-7127, johnnyfaerber@hotmail.com

July 3 (tent.). Bend Masters & Open Classic, Summit HS, Bend, Ore. Mac McCormick, 1055 NW Milwaukee Ave., Bend, OR 97701. 541-318-8513; cmccor mick@bendcable.com

July 10-11. State Games of Oregon, Mt. Hood CC, Gresham. Bill Cook, 2860 SW Lilyben Place, Gresham, OR 97080. wv.cook@comcast.net

July 17-18. USATF Northwest Regional Masters Championships, Pullman, Wash. Jeff Schaller, 435 SW State St., Pullman, WA 99163. jeffschaller@turbonet.com; www.eteamz.com/cometstc/news

July 24. Seattle Masters Classic, Seattle, Wash. Ken Weinbel, 206-938-3895; kweinbel@comcast.net

July 31-August 4. Wyoming Senior Olympics, Cody. Open to out-of-state. Amber Boyson, 307-587-2550; amber@cityofcody.com

October 4-16. Huntsman World Senior Games, St. George, Utah. 800-562-1268; www.seniorgames.net

CANADA

May 29. Ontario Masters Club Championships, Site TBA. www3.sympatico.ca/ontario.masters

June 19-20. Ontario Masters Championships, York U. www3.sympatico.ca/ ontario.masters

July 17-18. Canadian Masters National



JERRY WOJCIK

Leslie Estwick, CAN, W40 winner in the long jump (5.50) 15th WMA Championships, Puerto Rico.

Championships, Calgary, Alberta. Also Masters Age-Graded 5K Road Race. www.2004canadianmasters.com; 866-286-1318.

INTERNATIONAL

July 22-August 1. Europe Championships, Arhus & Randers, Denmark. www. world-masters-athletics.org

July 29-August 1 (tent.). Africa Championships, Yaounde, Cameroon. www.worl d-masters-athletics.org

August 27-29. NCCWMA Championships, Dorado, Puerto Rico. www.worldmasters-athletics.org

October 21-27. Oceania Championships, Rarotonga, Cook Islands. www.worldmasters-athletics.org

November 6-13. South America Championships, Montevideo, Uruguay. www.wo rld-masters-athletics.org

November 6-14. Pan Pacific Masters Games, Queensland, Australia. 45 sports. Phone: +61 7 5564 8733; fax: +61 7 5564 9733; www.mastersgames.com.au

July 22-31, 2005. World Masters Games, Edmonton, Alberta, Canada. +1 780 822 2005; www.2005worldmasters.com

August 22-31, 2005. 16th World Masters Athletics Championships, San Sebastian, Spain. www.wma2005.com

LONG DISTANCE RUNNING

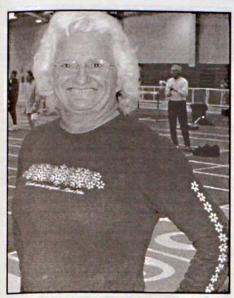
NATIONAL

May 12-16. RRCA Convention, Lake Tahoe, Calif. www.rrca.org

May 29. USATF National Masters Championships/Ogden Newspapers 20K Classic, Wheeling, W.Va. 304-233-0100, x317

June 5. USATF National Masters Women's Championships/Freihofer's 5K, Albany, N.Y. George Regan, 518-273-5552; www.freihofersrun.com; 5k@freihofersrun.com

June 5. USATF National Masters Championships/TEVA Spring Runoff 6.3 Mile,



JERRY WOJCIK

Kathy Jager broke W60 U.S. records in the 60 (9.05) and 200 (30.59), National Masters Indoor Championships.

Vail, Colo. 206-325-4800; sports@vail rec.com

June 19. USATF National Masters Championships/Mt.Washington 7.6 Mile. Gorham, N.H. 603-863-7042; www.gsrs.com/mwrr

July 31. USATF National Masters Championships/White River 50 Mile Trail Race, Crystal Mountain, Wash. 206-325-4800; www.whiteriver50.org

September 11. American Ultrarunning Association Championships/Olander Park 100 Mile, Sylvania, Ohio. 419-885-7399; www.americanultra.org/olander/text.html September 26. USATF National Masters Championships/Heritage Oaks Bank 10K, Paso Robles, Calif. Mitch Massey, 805-544-7200; www.heritageoaksbank.com

October 3. USATF National Masters Championships/Twin Cities Marathon, Minneapolis, Minn. www.twincitiesmar athon.org

October 17. USATF National Masters 5K Cross-Country Championships/Saratoga National Bank Classic, Saratoga Springs, NY. Rob Picotte, 518-869-5898; rpicot te@nycap.rr.com

November 6. American Ultrarunning Association Championships/San Diego 1 Day-24-Hour Run, San Diego, Calif. 760-967-8348; www.sandiegoldayrace.com/ index.html

November 7. USATF National Masters 8K Cross-Country Championships, Boston, Mass. Steve Vaitones, office@usatf ne.org

November 14. USATF National Masters Championships/Peachtree City 50K, Peachtree City, Ga. 770-487-7445; dark siderunningclub@comcast.net

December 5. USATF National Masters 10K Cross-Country Championships, Portland, Ore. www.usatf.org

December 18. USATF National Masters Championships/HUFF 50K Trail Run, Huntington, Ind. www.huff50k.com

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

May 1. Ontario Shore Marathon/Relay & Half-Marathon, Rochester, N.Y. 585-264-1480; www.ontarioshoremarathon.com May 2. Blue Cross Broad Street 10 Mile,

Philadelphia, Pa. 215-235-7481; www.bro adstreetrun.com

May 2. Our House 5 Miler/USATF NJ

Masters Championships, Summit, N.J. 732-381-0318; mzrace@aol.com

May 8. The Race 5K, New Britain, Conn. 860-652-8866; www.hartfordmarathon.com

May 8. Newport 10,000, Jersey City, NJ. 732-381-0318; www.oymp.net

May 8. Mother's Day Women's Half-Marathon & 5K, Central Park, NYC. See May 18.

May 15. Long Island Greenbelt Trail 50K, Plainview, N.Y. 516-349-7646; spolan sky@aol.com

May 15. Kennett Run 5K & 10K, Kennett Square, Pa. 610-388-1556; www.kennett run.kennett.net

May 15. NYRR Queens Half-Marathon, Queens, NYC. See May 18.

May 16. Sallie Mae 10K, Washington, D.C. 703-534-4600; www.salliemae10K.

May 18. NYRR Downtown Dash, Lower Manhattan, NYC. 6:30 p.m. 212-860-4455; www.nyrrc.org

May 22. NYRR 10K, Manhattan. See May 18.

May 23. Wachusett Mountain 4.3 Miles, Princeton, MA. Barbara McManus, 508-890-8811; barbm301@charter.net

May 29. Mount Kearsage 8.5 Miles, Warner, NH. Paul Di Geronimo, 603-456-3029; p digeronimo@mcttele.com.com

May 30. Keybank Vermont City Marathon, Burlington. 800-880-8149; www.vc m.org

May 30. Buffalo Marathon, Buffalo, N.Y. 716-694-5154; www.buffalomarathon.com

May 31. Blue Onion 10K, Hartford, CT. 860-652-8866; www.hartfordmarathon.com

June 5. Northfield Mountain Run 8.2 Mile, Northfield, MA. Dave Dunham: davedunham@verizon.net

June 12. NYRR Mini 10K, Central Park, NYC. 212-860-4455; www.nyrrc.org

June 13. Battle of Bunker Hill 8K, Boston, MA. 617-242-1775; www.cool running.com

June 13. Litchfield Hills 7 Mile, Litchfield, CT. www.lhrr.com

June 19. George Sheehan Classic, Red Bank, NJ. 732-988-7725; www.sheehan classic.org

June 26. Mt. Ascutney Run to the Summit 3.8 Mile, Windsor, VT. 1-800-299-3071; dominick 25@hotmail.com

June 27. Double Trouble 15K, Morgantown, PA. USATF Mid-Atlantic Off-Road Series Race. Ron Horn, 610-779-2668; email: rhornpcs@aol.com

July 3. USATF Adirondack 10 Mile Championships, Lake George, NY. 518-273-5552; info@usatfadir.org

July 11. Utica Boilermaker 15K, Utica, NY. www.boilermaker.com

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

May 8. Mayfaire Classic 5K, Lakeland, FL. 863-683-4471; www.lakelandrunner sclub.com

May 31. Mercedes-Benz Cotton Row 10K & 5K, Huntsville, Ala. May 15 deadline. Jim Oaks, 256-536-1603; jaaoaks@aol.com

July 4. Peachtree 10K, Atlanta, Ga. Limited to 55,000. SASE to Peachtree 2004, Atlanta TC, 3097 East Shadowland Ave.,

Atlanta, GA 30305.

July 17. Crazy 8s 8K, Kingsport, TN. www.crazy8s.org

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

May 1. USATF North Region & Ozark Masters & Open Championships, Edwardsville, IL. Peggy Rowold, 314-469-0577.

May 2. Flying Pig Marathon, Cincinnati, Ohio. 513-721-7447; www.flyingpig marathon.com

May 8. Indianapolis Life 500 Festival Mini-Marathon & 5K. 800-638-4296; www.500festival.com

May 8. Apple Blossom 10K & 5K, Bartlett, IL. Ande Drengwitz, 630-540-4889.

May 8. Fifth Third River Bank 25K, Grand Rapids, MI. www.53riverbank run.com

May 15. Utica 5K, Utica, MI. Lee Wolken, 586-731-8310.

May 21 (Fri.). Wyandotte River 5K, Wyandotte, MI. Mary Reed, 734-282-9622.

May 29-31. Great Race Sports Festival Half-Marathon, 10K, 5K, & Mile, Elkhart, Ind. 574-296-5890; www.thegreatrace.net June 5. Sunburst Marathon, Half-Marathon, 10K, & 5K, South Bend, IN. 574-647-3394; www.sunburstraces.org

June 5. Steamboat Classic 4 Mile, Peoria, IL. www.steamboatclassic.org

June 11 (Fri.). Zanglin Downriver Run One Mile & 8K, Trenton, Mich. 7:30 pm. 734-282-1101; www.zanglinrun.com

August 1. Chicago Distance Classic Half-Marathon & 5K. www.chicagodistance classic.com

September 25. Fox Cities Marathon, Half & Relay Marathon, 13.1 Mile Powerwalk, & 5K, Appleton, WI. Marnie Nordskog, Community First Fox Cities Marathon, PO Box 1315, Appleton, WI 54912-1315. 920-882-9499; 877-230-7223; www.fox citiesmarathon.org

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, S. Dakota

May 1. Run Around Woman Plus 30K, Longville, Minn. 800-756-7583; www.longville.com

May 2. Melpomene 5K, St. Paul, Minn. 612-642-1951; www.melpomene.org

May 9. St. Louis TC Fitness Survival 5K & 10K, St. Louis, Mo. 314-453-4933; www.StLFF.com

May 30. Med-City Relays, Marathon, & 20 Mile, Rochester, MN. 507-282-1411; www.medcitymarathon.com

May 31. Bolder Boulder 10K, Boulder, CO. 303-444-7223; www.bolderboul der.com

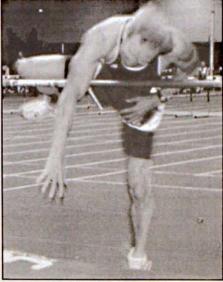
June 5. Dam to Dam 20K, Des Moines, IA. www.damtodam.com

June 6. Steamboat Marathon, Half-Marathon, & 10K, Steamboat Springs, CO.

June 19. Grandma's Marathon, Duluth, Minn. 218-727-0947; www.grandmas marathon.com

June 26. Free to Fly 5K & 10K, St. Paul, MN. Twin Cities metro area: 763-785-5603; 800-756-STAR; www.starofthe northgames.org

July 24. Quad-City Times Bix 7 Mile, Davenport, IA. www.bix7.com



JERRY WOJCIK

Ron Colliver, winner of the M60 pentathlon (3514), National Masters Indoor Championships.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

May 8. Gum Tree 10K, Tupelo, MS. 662-844-2391; tupelorunningclub.homestead. com

May 15. Beach to Bay Relay Marathon, Corpus Christi, Texas. 361-881-6166; www.beachtobayrelay.com

WEST

Arizona, California, Hawaii, Nevada, New Mexico

May 1. Law Day 15K/Relay, Santa Barbara, Calif. Lauren Ludden, 805-962-0467; ludden@anticouni.com

May 2. Avenue of the Giants Marathon, Half-Marathon & 10K, Humboldt Redwoods St. Park, Calif. www.theave.org

May 8. Bull Canyon 5K & 10K, Santa Maria, CA. 805-928-3781, x453; www.bcrun.org

May 8. Bandelier Marathon, 50 Mile, & Relays, Los Alamos, NM. Rene LeClaire, 505-672-9159.

May 15. 38th Palos Verdes Marathon & Half-Marathon, Palos Verdes, CA. 310-828-4123; www.w2promotions.com

May 16. San Francisco Bay to Breakers 12K. 415-359-2800; www.baytobreak ers.com

May 30. Brentwood 5K & 10K, Los Angeles. See May 15.

May 30. Strawberry Stampede 10K & 5K, Arroyo Grande, CA. www.strawberry stampede.com

June 6. Rock 'N' Roll Marathon, San Diego. 800-311-1255; www.rnrmarathon. com

June 19. Vicki's 3000, Santa Barbara CC Track. 805-455-7246; leah@sbrunning.

June 20. California Senior Games Championships 10K, Pasadena CC. Qualifier for 2005 NSG. Jim Hanley, meet director, 805-496-1829; jim@hanley.cc; www.pasa

denaseniorolympics.org

June 20. California Senior Games Championships 5K, Rose Bowl, Pasadena.

Jim Hanley, meet director, 805-496-1829;

jim@hanley.cc; www.pasadenaseniorolympics.org

June 27. Platinum Performance State



ERRY WOJCIK

M55 triple jumpers (I to r): Roger Crockett, 2nd, Ivan Black, 1st (10.19), Michael Milove, 3rd, and Gerard Dunne, 4th National Masters Indoor Championships.

Street Mile, Santa Barbara, Calif. 805-568-2316; www.sbmile.com

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

May 2. Bloomsday 12K, Spokane, Wash. 509-838-1579; bloomsdayrun.org

May 8. Lake Run 10K & 5K, Lake Oswego, Ore. 503-531-3140; www.race center.com

May 8. Montana Women's 5 Mile & 2 Mile, Billings. 406-656-6973.

May 8. Montana Women's 5 Mile, Billings. Exel Wedul, 406-656-6973.

May 8. McDonald Forest 50K, Corvallis, OR. 541-758-8124; www.proaxis.com/~lacava/

May 16. Capital City Marathon, Olympia, Wash. 360-786-1786; www.ontherun.com/ccma

May 30. Wyoming Marathon, Medicine Bow Half-Marathon & Rocky Mt. Double Marathon, Laramie, Wyo. 307-635-3316; www.angelfire.com

May 31. Up the Lazy River ORRC Masters 10K Championships, W. Linn, OR. www.orrc.net

June 19. Mayor's Midnight Sun Marathon & Half-Marathon, Anchorage, Alaska. 907-786-1230; www.mayorsmara thon.com

July 4. Butte to Butte 10K, Eugene, OR. 541-687-1989; www.buttetobutte.com July 17. Nike 10K, Beaverton, OR. 503-634-9440; www.eventmgnt.com

CANADA

May 9. OMTFA/Forest City 10K, London, Ontario. www3.sympatico.ca/ontario.masters

May 28-30. Ottawa Marathon, Ontario. 613-234-2221; www.ncm.ca

INTERNATIONAL

July 4. Gold Coast Airport Marathon, Queensland, Australia. www.goldcoast marathon.com.au

May 8-14, 2006. World Masters Athletics Non-Stadia Championships, Vancouver, B.C., Canada. www.wma2006.org

RACEWALKING

May 1. USATF North Region & Indiana 8K RW Championships, Indianapolis. Cheryl Sunman, 317-835-0161.

May 8. USATF Florida RW Championships, Jacksonville. 904-387-0528; email: consultJTB@aol.com

May 23. USATF National One & Two Hour RW Championships, Kenosha, Wisc. Mike DeWitt, 262-551-7600.

May 23. USATF MAC 20K RW Championships/Empire State Games Qualifier, Central Park, 90th St/5th Ave. Stella Cashman, 212-628-1317; franci cash@aol.com

June 5. California Senior Games Championships, Pasadena CC. Qualifier for 2005 NSG. 1500 & 5000 RWs. Jim Hanley, meet director, 805-496-1829; jim@hanley.cc; www.pasadenaseniorolym pics.org

June 13. USATF National Masters 15K RW Championships, Lincoln, R.I. Steve Vaitones, 617-566-7600.

June 13. USATF MAC 15K RW Championships, Central Park, 90th St/5th Ave. Stella Cashman, 212-628-1317; franci cash@aol.com

June 20. California Senior Games 5K & 10K RWs. Jim Hanley, meet director, 805-496-1829; jim@hanley.cc; www.pasadena seniorolympics.org

July 11. USATF MAC 5K RW Championships, NYC. Stella Cashman, 212-628-1317; francicash@aol.com

July 17-18. USA 20K Olympic RW Trials, Sacramento, Calif.

August 5-8. USATF National Masters 500m & 10K RW Championships, Decatur, Ill. See National T&F Schedule.

August 8. USATF MAC 3K RW Championships, NYC. Stella Cashman, 212-628-1317; francicash@aol.com

September 12. USATF National Masters 40K RW Championships, Ocean Township, N.J. Elliott Denman, 732-222-9080. Also on Sept. 22, 2005.

October 9. USATF National Masters 5K RW Championships, Kingsport, Tenn. Bobby Baker, 423-349-6406.

October 10. USATF MAC 30K RW Championships, Central Park, 90th St/5th

Ave. Stella Cashman, 212-628-1317; fran cicash@aol.com

October 11-12 (tent.). NCCWMA 15K Regional RW Championships, Coconut Creek, Fla. Bob Fine, 561-499-3370; bobfine@aol.com

October 31. USATF National Masters & Women's 50K RW Championships, Hauppage, N.Y. Gary Westerfield, 631-979-9603.

November 4. USATF National Masters 20K RW Championships, Coconut Creek, Fla. Dan Koch, 954-970-9634.

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JERRY WOJCIK

Tiim Goodman, M50 1500 (5:09.29), Hayward Classic, Eugene, Ore. The 2004 Hayward Meet will be held on June 26-27.

WMA/USATF Hurdles and Implements Specifications

			HURDLE		-	The state of the s
Age Group	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish	No. of Hurdles
30-39	100m	.840m 33"	13.00m 42'8'/2"	8.5m 27'10'/2"	10.5m 34'5"	10
40-49	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"	8
50-59	80m	.762m 30"	12.00m	7.0m	19.00m	8
60+	80m	.686m 27"	39'4"	22'11'/2"	62'4"	
30-39 40-49	400m	.762m 30"	45.00m 147'7³/₄"	35.00m 114'9'/2"	40.00m 131'2'/2'	
50-59	300m	.762m 30"	50.00m	35.00m	40.00m	7
60+	300m	.686m 27"	164'0'/2"	114'9'/2"	131'2'/2	3001
360	No west	THE PERSON NAMED IN	MEN	A STATE OF THE PARTY OF		The state of the s
30-39 40-49	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'	10
50-59	100m	.914m 36"	13.00m 42'8"	8.50m 27'10'/₂"	10.50m 34'5"	10
60-69	100m	.840m 33"	16.00m 52'6"	8.00m 26'3"	12.00m 39'4"	10
70-79	80m	.762m 30"	12.00m	7.0m	19.0m	8
80+	80m	.686m 27"	39'4"	22'11'/2"	62'4"	The later
30-49	400m	.914m 36"	45.00m	35.00m	40.00m	
50-59	400m	.840m 33"	147'7'/2"	114'9'/2"	131'2'/2	10
60-69	300m	.762m 30"	50.00m	50.00m 35.00m 40.00m		
70+	300m	.686m 27"	164'0'/2"	114'9'/2"	131'23/4	7
William !	A TORK AND	Alle admile a	IMPLEME	NTS	1000	
AGE		DISCUS	HAMMER	JAVELIN	WEIGHT	SUPER WEIGHT
Womer 30-49	4.00k	1.00%	1.001	000	00.11	
50-59	3.00k	1.00k 1.00k	4.00k 3.00k	600 gms.	20#	35#

3.00k 60+ 1.00k 3.00k 400 gms. 12# 25# Men .26k (16 lbs.) 2.00k 7.26k (16 lbs. 30-49 800 gms 35# 56# 50-59 6.00k 1.50k 6.00k 700 gms. 25# 56# 5.00k 60-69 1.00k 5.00k 600 gms. 20# 56# 4.00k 1.00k 4.00k 500 gms. 16# 35# 4.00k 1.00k 4.00k 400 gms 35#

Steeplechase: men 30-59: 3000m/36" (.914m); men 60+ and women: 2000m/30" (.762m) WMA weights are used for USATF weight pentathions.

Note: The 55m and 60m indoor hurdle races use the same heights, distance to first hurdle, and distance between hurdles as the outdoor hurdle races for the respective age groups.

For all age-groups indoors, 5 hurdles are run.

Trialy 2001	_		
M30-34 Terrance Haynes Kareem Lanier	400 Mile 3000	51.53 4:37.4 9:06.1	5-7-93 12-14-03 1-18-04
M35-39 Barney Borromeo John Rose	60m SP D	7.20 48-9 43.5	3-27-04 6-29-03 6-14, 16-03
M40-44 John Affleck Jerry Espinosa Dexter McCloud Kenneth Niles Andrew Shearer	Mile 800 60h Mile 3000	4:49.02 2:06.8 8:34 4:42.9 9:35.98	3-26, 28-04 8-7-03 3-10, 14-03 2-15-03 3-26, 28-03
M45-49 Jay Fournier	55m	7.2	3-6-04

RECIPIENTS OF ALL-AMERICAN AWARDS

Dennis Morris	and the same of		
rancis Mukai	J		50.98 8-8-0
	Pent.	2611	6-7, 8-03
Maurice Pointer	3000	10:00.61	3-6-04
Sergio Angulo	60h	9.74	3-27-04
ohn Johnston	Mile	5:03.27	3-27-04
Mark Lesnial	60m	7.97	3-13-04
ou Ronsivalli	55m	7.46	3-20-04
Greg Schwab	60m	7.63	3-27-04
	400	54.64	3-27-04
dward Jones	_5m	7.57	2-8-03
	LJ	5.81	7-1, 3-03

Y		200		
		100m	12.41	6-14-03
		200m	25.24	6-14-03
	Larry Steeb M60-64	55m	7.65	1-18-04
	Jim Francis	200m 400m	27.78	8-30-03 8-7-03
	Swayne McCauley	D	146-5	7-30-03
	Troy Scoggins	60m	8.59	2-29-04
		55m	7.03	1-31-04
	Bill Starkey M65-69	SW	5.77	2-29-04
	Bill Masterson	3000	12:40.62	3-26-04

M75-79 Tom Maloy W40-44	w	12.03	4-6-03
Karen Vaughn	HJ	1.35	5-20-00
	SP	8.73	7-8-00
	HJ	1.34	6-16-01
	SP	9.25	8-4-01
	HJ	1.35	6-22-02
	SP	8.85	7-13-02
W45-49	31	0.00	1-13-02
Debra Stuart	PV	4 00	0 44 00
		1.83	6-14-03
Karen Vaughn	HJ	1.32	5-23-03
	SP	9.25	6-8-02
W50-54			
Martha Green	SP	8.40	3-14-04
W60-64	-	0.40	0.1101
Joanne Harriman	Mile-w	0.55.50	4 44 04
Judinie Harriman	Mile-M	9:55.59	1-11-04

Event	30-34	35-39				FOR 55-59	MEN			TAN			
55	6.8	6.9		7.2		7.9	-	65-69 8.4	70-74 8.9	75-79	80-84	85-89	900
60	7.4	7.55	7.7	7.85	8.05	8.5	9.0	9.25	9.5	9.4	10.4	11.8	13.
100	11.0	11.3	11.5	11.9	12.2	12.6	13.2	13.8	14.6	16.0	11.2	12.8	14.
200	22.4	23.2	23.8	24.6	25.5	27.0	27.9	29.5	32.0	35.0	18.0	23.0	
400	51.5	52.5	53.8	56.0	57.5	62.0	65.0	69.0	75.0	88.0	98.0	52.0 120.0	
800	2:02	2:04	2:06	2:11	2:16	2:25	2:35	2:45	3:06	3:35	3:55	4:30	
1500	4:20	4:22	4:24	4:35	4:45	5:10	5:20	5:45	6:30	7:20	8:10	9:20	
Mile	4:40	4:40	4:50	5:00	5:10	5:30	6:00	6:15	6:55	8:20	8:45	10:15	
3000	9:25	9:40	10:00	10:25	10:45	11:15	11:50	12:45	13:40	15:50	19:10	23:00	26:0
5000	15:45	16:00	16:15	16:45	17:30	18:25	19:30	21:00	23:30	26:00	29:00	32:30	20.0
10000	32:30	32:50	33:30	36:00	38:00	39:00	40:30	44:00	48:30	54:30	61:15	68:30	
55H	8.6	8.7	9.0	9.5	10.0	10.3	10.6	10.9	11.2	11.6	12.5	00.00	
60H	9.0	9.3	9.4	9.8	10.3	10.6	10.9	11.1	11.4	12.0	13.6		
110H	15.4	16.5	17.8	18.8						TO SE	1 - 1 - 1 - 1		
100H					18.0	19.0	20.0	21.0					
80H									18.0	21.0	25.0	30.0	
400H	58.0	60.0	62.0	64.0	68.0	71.0							
300H					48.0	51.0	55.0	60.0	67.0	75.0	85.0	95.0	
3K-SC	10:10	10:30	11:45	12:40	13:30	14:00							
2K-SC							9:30	10:30	12:00	14:00	16:30	19:30	
HJ	1.90	1.85	1.76	1.68	1.60	1.50	1.45	1.38	1.25	1.15	1.00	0.80	
	6-23/4	6-3/4	5-91/4	5-6	5-3	4-11	4-9	4-61/4	4-1%	3-91/4	3-31/4	2-71/2	
PV	4.40	4.10	3.95	3.70	3.55	3.05	2.70	2.40	2.30	2.00	1.80	1.30	
	14-51/4	13-51/4	12-111/2	12-11/2	11-7%	10-0	8-101/4	7-101/2	7-61/2	6-61/4	5-10%	4-31/4	
W	6.50	6.10	5.85	5.60	5.40	4.90	4.50	4.20	3.80	3.35	2.85	2.20	
	21-4	20-1/4	19-21/4	18-41/2	17-81/2	16-3/4	14-9	13-91/4	12-51/2	10-11%	941/4	7-21/2	
TJ	13.20	12.60	11.50	10.80	10.40	9.50	8.90	8.20	6.96	6.50	5.94	5.51	
	43-31/4	41-41/4	37-83/4	35-51/4	34-11/2	31-2	29-21/2	26-11	22-10	21-4	19-6	18-1	
Shot	14.50	14.02	13.41	12.62	13.10	12.00	12.80	11.50	11.00	9.00	8.00	6.00	
	47-7	46-0	44-0	41-5	42-11%	39-41/2	42-0	37-81/4	36-11/4	29-61/2	26-3	19-81/4	
Discus	44.80	42.80	39.50	37.50	42.00	41.00	42.00	39.00	34.00	26.00	22.00	15.24	
	147-0	140-5	129-7	123-0	137-9	134-6	137-9	127-11	111-6	85-4	72-21/4	50-0	
lammer	47.24	44.20	40.00	39.00	39.00	36.00	36.00	32.00	30.00	24.00	20.00	17.07	
	155-0	145-0	131-3	127-11	127-11	118-1	118-1	105-0	98-5	78-9	65-71/2	56-0	
Javelin	62.00	56.00	48.76	47.00	43.00	41.00	39.00	35.00	31.00	24.00	19.00	14.02	
	203-5	183-9	160-0	154-2	141-1	134-6	127-11	114-10	101-8	78-9	62-4	46-0	
35#WL	15.00	14.00	13.00	12.00	10.00	9.00			6.00	5.00	4.00	3.00	
	49-21/2	45-111/4	42-8	39-41/2	32-91/4	29-61/2			19-81/4	16-43/4	13-11/2	9-10	
Weight	15.00	14.00	13.25	12.50	14.25	13.25	14.00	13.25	13.50	11.75	10.00	8.75	6.0
	49-21/2	45-111/4	43-51	41-01/4	46-9	43-51	45-111/4	43-51/4	44-31/2	38-63/4	32-93/4	28-81/2	19-8
56#Wt.	9.50	9.00	8.50	8.00	6.00	5.50	5.00	4.50	3.50	3.00	2.50	2.00	
	31-2		27-10%	26-3	19-81/4	18-1/2	16-41/4	14-9	11-5%	9-10	8-21/2	6-63/4	
Pent.	2800	2600	2600	2600	2600	2600	2600	2600	2600	2400	2200	2000	
Decath.	5500	5250	5250	5000	5200	5000	4500	5000	4800	4200	3000	2500	
t. Pent.	2800	2700	2800	3000	3000	3000	3000	3000	2600	2700	3000	3000	
otes: 1)	100 s	tandard:	are for	automat	lic time; u	se stand	dard con	version f	or hand	time.			
2)	Short	hurdles	: 30	H49: 39)";		59: 36'	; 60-	69: 33'	70-	79 30";	80+:	27
3)		hurdles:			5";		59: 33'		69: 30'				
4)					26k (16#);		-59: 6k;		69: 5k;		: 27"		
5)		s throw:			g;		-59: 1.5	and the same of		kg;			
6) 7)	Hamn Javeli				26k (16#);)0a:		-59: 6k;		69: 5k;		: 4k 79: 500g	90.	400
8)	Weigh			149: 80 149: 35			-59: 700 -59: 25#	ATT OF THE PARTY OF	69: 600 69: 204		79: 500g 79: 16#		12#
9)		ec/Wt.P	200		AF pts.; 4					,,,		307.	
					are the sta						The same		

	9)	Pen/Dec	/Wt.Pen:	30-49		ts.; 40+ WA	VA factori		AVA).	70-79:	D# 80	12#
	10)	Metric h	eights ar	nd distar		e standard				venience.		
U	S. MA	STER	S ALL-	AMER	IICAN S	TANDAL		EXCELL	ENCE F	OR RAC	CEWALE	CERS
	1.5K	Mile	зк	5K	8K	10K	DMEN 15K	20K	25K	30K	40K	50K
W30	7:13	7:47	14:50	25:38	42:04	52:43	1:21:56	1:52:06	2:24:43	2:59:15	4:08:45	5:37:30
W35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:53:32	20 Miles 200	3:01:53	4:12:21	5:42:23
W40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	5:55:48
W45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00		3:17:00	4:33:31	6:11:25
W50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:09
W55	8:55	9:31	18:05	31:14	50:54	1:03:33	1:38:40	2:14:48	2:54:26	3:36:33	5:01:03	6:49:24
W60	9:17	10:01	19:01	32:51	53:32	1:06:50	1:43:51	2:21:54	3:03:54	3:48:29	5:17:54	7:12:43
W65	9:48	10:35	20:06	34:43	56:33	1:10:37	1:49:50	2:30:12	3:14:51	4:02:20	5:37:25	7:39:46
W70	10:26	11:15	21:22	36:54	1:00:02	1:15:01	1:56:49	2:39:54	3:27:38	4:18:30	6:00:18	8:11:30
W75	11:10	12:01	22:51	39:28	1:04:10	1:20:14	2:05:05	2:51:18	3:42:50	4:37:46	6:27:35	8:49:28
W80	12:03	12:58	24:41	42:37	1:09:13	1:26:38	2:15:15	3:05:24	4:01:36	5:01:39	7:01:26	9:47:35
		14:15	27:05	46:45	1:15:50	1:35:01	2:28:37	3:24:00	4:26:20	5:33:10	7:46:16	10:39:15
W90	14:56	16:06	30:36	42:14	1:25:30	1:47:18	2:48:13	3:51:12				
							MEN					
M30	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10		2:05:12	2:32:17	3:27:30	4:31:00
M35	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28	1:39:43	The second second	2:34:14	3:30:17	4:34:53
M40	6:58	7:29	14:16	24:24	40:15	50:32	1:17:03	1:43:13	2:11:29	2:39:47	3:37:53	4:44:49
M45	7:13	7:46	14:47	25:31	41:44	52:25	1:19:58		2:16:35	2:46:05	3:46:36	4:56:24
M50	7:33	8:05	15:23	26:33	43:25	54:32	1:23:14	1:51:37	THE RESERVE OF THE PARTY OF THE	2:53:13	3:56:29	5:09:29
M55	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56	1:56:38		3:01:19	4:07:41	5:24:22
M60	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10		2:36:20	3:10:33	4:20:30	5:41:23
M65	8:38	9:19	17:43	30:33	49:56	1:02:45	1:36:01	2:08:58	2:44:53	3:21:11	4:35:15	6:01:01
M70	9:08	9:50	18:44	32:18	52:46	1:06:21	1:41:37		2:53:56	3:33:31	4:52:23	6:23:51
M75	9:43	10:28	19:55	34:20	56:04	1:10:35	1:48:13	2:25:34		3:48:05	5:12:40 5:37:34	6:50:54 7:24:11
M80 M85	10:26	11:14	21:22	36:50	60:06	1:15:44	1:56:15	2:36:31 2:50:48	3:20:50	4:05:57	6:10:11	8:07:50
			23:14	40:04		1:22:26	2:06:43		4:06:38		6:57:43	9:11:37
-		13:39	25:58	44:45		1:32:08	2:21:52				0.37.43	3.11.37
Age-g	raded	time/.8	for mid	-point	or each 5	-year inte	ival (e.g.	, age 32,	31, 42, 41	, 816.).	NAME OF TAXABLE PARTY.	STEEL STEEL

							WOME				NDA		
Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
55	8.0	8.20	8.50	8.80	9.10	9.40	9.80	10.30	10.80	11.50	12.30	13.40	14.80
60	8.60	8.80	9.10	9.50	9.90	10.20	10.60	11.10	11.70	12.40	13.40	14.40	15.90
100	13.8	14.1	14.4	15.0	15.5	16.4	16.8	18.6	19.8	22.0	25.0		
200	28.0	28.8	30.0	31.6	33.0	35.0	37.0	39.0	42.0	48.0	52.0		
400	63.5	65.5	68.0	70.0	78.6	80.0	83.0	84.0	86.0	98.0	104.0		
800	2:33	2:35	2:40	2:46	2:54	3:10	3:20	3:36	3:56	4:30	5:40		
1500	5:10	5:20	5:30	5:40	6:00	6:20	6:45	7:30	8:00	8:50	10:10		
Mile	5:40	5:50	6:10	6:30	6:50	7:00	7:40	8:10	8:50	9:40	10:45		
3000	11:30	11:50	12:00	12:30	14:00	14:30	15:00	16:00	18:30	20:00	23:00		
5000	19:45	20:15	21:00	22:00	23:30	24:50	26:00	28:00	30:00	34:00	36:00		
10000	41:30	42:40	44:00	48:00	50:00	52:00	56:00	60:00	66:00	76:00	85:00		
100H	17.2	18.2											
80H			15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0		
400H	75.0	79.0	84.0	88.0						20.0			
300H					66.0	72.0	79.0	87.0	96.0	110.0	120.0		
2K-SC	8:20	8:35	9:00	9:30	10:00	10:25	11:00	11:55	12:50	110.0	120.0		
HJ	1.40	1.35	1.27	1.22	1.12	1.07	1.02	0.97	0.92	0.89	0.84		
	47	4-5	4-2	4-0	3-8	3-6	34	3-21/4	3-01/4	2-11	2-9		
PV	2.70	2.40	2.10	1.80	1.50	1.20	1.10	1.00	0.90	0.80	0.70		
	8-101/4	7-10%	6-10%	5-10%	4-11	3-111/4	3-7/4	3-31/4	2-111/2	2-7/2	2-31/2		
L	4.60	4.42	4.04	3.81	3.40	3.20	3.10	2.60	2.30	2.10			
	15-1	14-6	13-3	12-6	11-1%	10-6	10-2	8-61/4	7-61/2		1.50		
TJ	9.50	9.09	8.43	7.49	7.01	6.40	6.20	6.00		6-10%	4-11		
	31-2	29-10	27-8	24-7	23-0	21-0	20-41/4	19-81/4	5.50	4.50	3.89		
Shot	10.30	9.32	8.51	8.40	8.00	7.77	7.50	6.60	18-1/2	14-9	12-9		
	33-91/2	30-7	27-11	27-6%	26-3	25-6	24-7/4	21-8	6.00	5.20	4.30		
Javelin	35.00	33.50	28.00	25.00	23.00	22.15	20.00	17.00	16.00	17-%	14-1%		
		109-11	91-10	82-0	75-51/2	72-8	65-71/2	55-91/4	52-6	49-21/2	12.00		
Discus	32.00		25.00	24.00	22.00	21.00	18.00	16.00	14.00	13.00	39-41/2		
	105-0		82-0	78-9	72-21/4	68-10%	59-1/4	52-6	45-11%	42-8	36-11/4		
lammer	35.00	32.50	30.00	25.00	23.00	22.00	21.00	18.00	14.00	12.00	9.00		
	114-10	106-7	98-5	82-0	75-51/2	72-21/4	68-10%	59-1/4	45-111/4	39-41/2	29-61h		
Weight	10.00	10.00	9.00	8.00	9.00	8.00	9.50	8.75	7.75	6.50	5.50	4.25	3.50
rreign	32-9%	32-9%	29-61/2	26-3	29-61/2	26-3	31-2	28-8%	25-51/4	21-4	18-01/2		
up.Wt	6.50	6.00	5.50	5.00	5.25	5.00	4.75	4.50	4.00	3.50	3.00	15-7	11-5%
rup.vvc	21-4	19-81/4	18-1/2	16-41/4	17-21/4	16-41/4							
Vt.Pent.	2600	2500	2500	2500	2800		15-7	14-9	13-11/2	11-5%	9-10		
						2600	2600	2500	2500	2400	2300		
Notes:	1)	Short)-39:	33";	40-5		andard O"	60+:	ersion fo	or nane	a time
	2)	Long)-59:	30":	60+:	Total Control	7"	60+:	21		
	3)	Shot p)-49:	4k;	50+:						
	4)	Javeli				600g;	50-5		00g;	60+	400g		
	5)	Hamm			-49:	4k;	50+:			004.	4009		
	6)	Weigh			-49: 2	-	50-5		5#;	60+:	12#		
	7)	Super			-49:		50+:		5-lb				
	8)									and in	ches lis	ted fo	-

APPLICATION FOR AN **ALL-AMERICAN CERTIFICATE/PATCH**

NAME	AGE-GRO	UP
ADDRESS	S	EX: MF
CITY	STA	TEZIP
MEET	DATE	OF MEET
MEET SITE		
EVENT	MARK	
HURDLE HEIGHT	WEIGHT OF IM	PLEMENT
□ CERTIFICATE	□ PATCH	☐ PATCH TAG

- 1. If you have equaled or bettered the standard of excellence, please fill out this appli-
- cation, completely.

 2. A copy of your results or a note stating in which issue your results appeared MUST
- accompany this application.

 3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is \$15.

 4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.
- 5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

TRACK & FIELD RESULTS

Please send results to National Masters News, P.O. Box 50098. Eugene, OR 97405. To keep information current, we generally do not publish results more than 3 months old. Results that are typed (maximum 28 spaces / 2-1/4" wide) in metric in our format receive preference. Deadline is the 10th of the month prior to issue date.

NATIONAL

Natio	100	asters Indo	or Championships arch 26-28		
600			7 Neil Steinberg	50 RI	7.81q 92.4%
W30		0.22.22	8 Jesse Norman	53 NY 53 CA	7.93q 92.91 8.02 91.91
1 Venessa Robinson W35	33 NC	8.77 78.91		53 FL	8.05 91.58
1 Alethea Horris 2 Regina Richardson	39 NY 39 NC	7.93 89.41 8.36 84.81	2 Gary Arend		8.16 90.31 8.29 89.61
3 Kisha Carman 4 Agnes Kuczalska	38 CT	8.49 82.41	3 Donn Imrie 4 Jimmie Jones	54 CA 53 TX 50 TN	8.32 88.5%
5 Tabatha Gibbs	37 NY	9.71 71.21	of the same to be an in-	EI TV	8.37 86.21 8.39 86.61
* Maureen Rodrigue	40 OH	8.30 86.51	7 Tucker Talt	DI MA	8.44 86.11
1 Sarah Lawson 2 Angela Nealy	41 MA 43 IN	8.37 86.71	8 Barry Parrish 1 Billy Johnson 2 Edward James	52 GA 50 CF	7.46 98.11
3 Paula Fortuna 4 Denise Jones	43 HA 40 NY	8.90 83.31 11.23 63.91	3 Thomas Smith 4 Greg Schwab		7.60 95.01
W45 1 Loretta Woodward	49 GA	8.65 91.51	5 Mike Trexler	51 AK	7.73 94.01
2 Irene Thompson	49 NY	8.66 91.41	6 Neil Steinberg 7 Jesse Norman	50 RI 53 NY	7.86 93.71
3 Denise McField 4 Debbie Selby	48 HO 47 CA	8.67 90.31 10.14 76.41	8 Greg Pizza	50 CA	7.89 91.51
5 Liz Johnson W50	47 NC	10.36 74.81	1 Stan Whitley 2 Charles Allie	58 CA 56 PA	7.67 99.41
* Karla Del Grande 1 E. Lewanne Dudley		9.80 82.41	3 Lloyd Hathcock	57 OH	8.06 94.01 8.17 94.01
W55 1 Lynn Naftel		9,66 90.51	4 Roger Pierce 5 Bob Davis	59 MA 56 NY	8.28 90.91
2 Phyllis Meade	57 NY	9.70 88.41	6 Michael Marbut-Balc 7 Jewell Wilson	57 WA	8.54 88.71 8.93 86.01
3 A.Lorraine Tucker 4 Sharon Raham	57 CA 57 CO	9.89 86.71	M60 1 Courtland Gray	60 TX	8.020 96.31
5 Mary Trotto	56 NY	11.63 73.01	2 Robert Koontz	60 DC	8.130 95.01 8.240 94.41
1 Kathy Jager 2 Lynne Ingalls	60 AZ 61 IL	9.04 97.61	3 Richard Jones-NY 4 Lawrence Gunn	61 IL	8.390 92.71
3 Patti Palmer	64 MV	12.12 75.51	5 Jerry Belinson 6 James Kenney	60 OH 63 MD	8.41q 91.9% 8.51q 92.6%
1 Audrey Lary	69 HD	9.73 98.41	7 Mark Bonnefoi 8 Gary Snyder	62 VA 60 MA	9.19q 85.21 9.26q 83.41
2 Barbara Jordan 3 Mary Roman	68 CT	9.91 95.71	9 Larry Armstrong		9.32 84.01
W75 1 Patricia Peterson	77 NY	11.98 88.21	0 Bob Callori 1 Courtland Gray	60 TX	7.95 97.21
M30		7.090 90.11	3 Jerry Belinson 4 James Kenney	60 OH 63 MD	8.34 92.61
1 Jeffrey Mack 2 Arron Prather	31 FL 34 FL	7.100 90.21	5 Lawrence Gunn	61 IL	8.47 91.81
3 Kedrick Wright • Shaun Dietz	30 MS	7.190 88.81	6 Richard Jones-NY • Mark Bonnefoi	61 NY 62 VA	9.20 85.14
5 Sean Duford 6 Lyndell Pittman	33 NY 32 NY	7.21q 88.61 7.25q 88.11	M65 1 Marion Harrison	65' GA	8.350 95.61
7 Don Drummond	34 GA	7.28q 88.0%	2 Bob Lida	67 KS	8.410 96.21
8 Joseph Justin 9 Tecumseh Peete	32 NJ 33 HI	7.30q 87.51 7.39 86.41	4 Wayne Bennett	67 TX	8.43Q 97.1% 8.59Q 94.1%
0 Adam Gardner 1 Themis Chronis	32 NJ 30 CT	7.64 83.61 8.08 79.01	5 Dick Camp 6 Emil Pawlik	67 ME 65 MS	8.59q 94.1% 8.60q 92.9%
2 Aaron Adams	34 NY	7.01 91.11	7 William Bittner	67 PA 67 CT	8.81q 91.81 9.22q 87.71
1 Jeffrey Mack 2 Arron Prather	31 FL	7.06 90.71	9 Kevin Hurphy O Dan Siegel	65 PA 68 BT	9.34 85.51
* Shaun Dietz 3 Don Drummond	32 NY 34 GA	7.07 90.31	1 Eduard Mezzanella	66 IINA	11.17 71.98
4 Kedrick Wright	30 MS	7.15 89.31	2 Bob Lida	65 GA 67 KS	8.34 95.81 8.38 96.51
5 Joseph Justin 6 Sean Duford	32 NJ 33 NY	7.20 88.71		69 TX 67 TX	8.49 96.41
7 Lyndell Pittman		7.24 88.21	5 Dick Camp	67 ME	8.62 93.8%
1 Hoy Thurman	36 GA	7.19 90.51	6 William Bittner 7 Emil Pawlik	67 PA 65 MS	9.05 88.21
2 Barney Borromeo 3 Robert Thomas	36 MA 37 IN	7.22 90.81	8 Spencer Parrish	67 CT	
4 William Marshall 5 Derrick Golden	39 NY 38 WI	7.44 88.81		74 IL	8.55 99.31
6 Bob Walters 7 Aston Scott	39 OH	7.54 88.31	3 Lloyd Williams	70 NY	8.71 94.61
8 James Smith	37 AZ	7.65 85.71	5 Paul Lehmkuhl	72 TX	9.15 90.01
M40	35 CA	7.88 81.91	1 Harry Brown 2 Dennis Helanson 3 Lloyd Williams 4 Joe Summerlin 5 Paul Lehmkuhl 6 Bill Jankovich 7 Bill Wright 8 Vern Schewe 9 Tom Talbott M75	70 WI	9.42 87.41
1 Rawle Crichlow 2 Jeff Gold	41 AZ	7.150 94.51	8 Vern Schewe	71 HO	9.54 87.01
3 Rogest Charlton	40 OR	7.330 91.51	8 Vern Schewe 9 Tom Talbott M75 1 Melvin Larsen 2 Bill Melville * Ross Mitchell J Ed Cox 4 Paul Bambrook 5 Tom Rice 6 Raoul Rodriques 7 Frank Brako 8 Richard Soller M80 1 Jim Manno 2 Raymond Bower 3 Ralph Maxwell 4 My Levy 5 Edward Logan M85 1 Roderick Parker	7	20.51 75.81
5 Orlando Matthews	40 FL	7.449 90.11	2 Bill Melville	76 WI	9.03 98.61
7 Steven Gorriaran	41 RJ	7.69q 87.91	* Ross Hitchell 3 Ed Cox	75 76 NY	9.33 91.61
8 Kerry Sloan 9 Ed Emlaw	41 TX 43 FL	7.719 87.61	4 Paul Bambrook	75 CA	9.60 89.01
0 Julius Eric Turner	41 GA	8.18 82.61	6 Raoul Rodriques	79 CT	10.31 85.41
· Rawle Crichlow	41 AZ	7.11 95.01	7 Frank Brako 8 Richard Soller	78 MA 77 OH	10.40 84.71
* Rogest Charlton	42 NY 40 OR	7.27 92.31	1 Jim Manno	83 NJ	10.13 92.38
2 Jeff Gold 3 Orlando Matthews	41 MO 40 FL	7.31 92.41	2 Raymond Bower	80 PA	10.68 84.21
4 Steven Gorriaran 5 Dexter McCloud	41 RI	7.63 88.61	4 Hy Levy	82 MA	12.27 75.21
6 Kerry Sloan	41 TX	7.68 88.01	M85	81 MA	15.04 60.51
I Mandy Frey	45 PA	1.320 93.21	2 Champion Goldy	R7 NI	14 81 68 71
2 Everad Samuels 3 Kaestner McDonnough	45 HA	7.710 91.71	M30 1 Maxine Wynter M35 1 Alethea Morris 2 Angela Scott 3 Lori Kessel 4 Kris Kazebee 5 Regina Richardson 6 Kisha Carman 7 Dawn Best 8 Patricia Wilkinson 1 Alethea Morris 2 Angela Scott 3 Lori Kessel 4 Regina Richardson 5 Kris Kazebee 6 Kisha Carman M40	200r	n
4 Val Barnwell	46 NY	7.459 94.21	1 Maxine Munter	32 HV	28 24 25 54
6 James Chinn	45 CA	7.56q 92.21	w35	30 111	26 200 65
8 Keith Royster	46 NE	7.759 91.21	2 Angela Scott	35 NY	26.990 79.01
9 Vern Ogle 0 Monzell Bater	46 UNA	7.82 89.71	3 Lori Kessel 4 Kris Kazebee	39 CT 37 NC	28.05q 79.5% 29.23q 74.3%
1 Cochise McBride	49 HA	7.85 91.31	5 Regina Richardson	39 NC	29.329 76.11
3 Thomas Bunner	48 IN	7.91 90.01	7 Dawn Best	39 NY	30.15 74.01
4 Mark Jones 5 Donald Passman	49 MD	8.01 89.51	8 Patricia Wilkinson 1 Alethea Morris	37 MA	25.44 87.71
6 Hark Lacy	49 HJ	9.05 79.21	2 Angela Scott	35 NY	26.88 79.31
8 Joseph Sumrell	45 HA	11.09 62.81	4 Regina Richardson	39 NC	29.24 76.31
1 Everad Samuels	45 HA	7.27 95.81	5 Kris Kazebee 6 Kisha Carman	37 NC 38 CT	29.51 73.61
1 Everad Samuels 2 Tony Fulton 3 Val Barnwell 4 Keith Royster 5 Reginald Gunter	45 PA	7.31 95.31	W40	40.00	27 22 02 5
4 Keith Royster	47 NJ	7.70 91.81	2 Sarah Lawson	41 HA	27.53 83.11
5 Reginald Gunter MSO	46 NE	7.90 88.81	1 Maureen Rodrigue 2 Sarah Lawson 3 Paula Fortuna 4 Angela Nealy	43 MA 43 IN	27.37 82.61 27.53 83.11 29.62 79.11 30.73 76.31
1 Billy Johnson	52 GA	7.510 97.41	W45	49 89	29 05 86 65
3 Mike Trexler	51 AK	7.820 92.91	2 Denise McField	48 HO	29.19 85.21
4 Thomas Smith 5 Greg Schwab	50 IN	7.630 94.61	4 Angela Nealy W45 1 Irene Thompson 2 Denise McField 3 Louise Clark 4 Gail Johns-Rees 5 Debbie Selby	46 NY	31.08 80.91
6 Greg Pizza	50 CA	7.900 91.31	5 Debbie Selby	47 CA	35.47 69.31

National M	aster	s News
* Karla Del Grande 1 Jacqueline Board	50 50 AZ	27.65 92.01 27.69 91.91
M55 1 Jennifer Pinto 2 Lynn Naftel 3 Mary Trotto	55 NY 59 CA	30.98 86.71 34.76 80.51
3 Mary Trotto W60 1 Kathy Jager	56 NY 60 AZ	37.56 72.21
1 Kathy Jager 2 Lynne Ingalls 3 Patti Palmer	61 IL 64 WV	
1 Jeanne Daprano 2 Audrey Lary 3 Barbara Jordan 4 Mary Roman	67 GA 69 MD	33.52 90.31 34.01 90.71
4 Mary Roman W75 1 Patricia Peterson		34.35 88.91 41.33 73.91 43.55 77.71
M30 1 Arron Prather	34 FL	22.860 86.91
3 Lyndell Pittman 4 Jeffrey Mack	32 NY 31 FL	23.450 83.41 23.049 84.21 23.320 82 81
6 Tecumseh Peete 7 Sean Duford	33 HI 33 NY	23.50g 83.81 23.58 83.51
9 Kirk Carter 0 Richard Jones	32 NJ 31 NY 30 OH	24.00 80.81 24.25 79.61
1 Calvin Bostic 2 Antoine Bryant 3 Lee Nesifort	33 OH 30 TX 31 NY	24.34 79.31 25.46 76.21
1 Arron Prather 2 Kedrick Wright 3 Lyndell Pittman	34 FL 30 MS 32 NY	22.71 87.51 23.21 83.21 23.26 84.01
M30 1 Arron Prather 2 Jimmy Metayer 3 Lyndell Pittman 4 Jeffrey Mack 5 Kedrick Wright 6 Tecumseh Peete 7 Sean Duford 8 Joseph Justin 9 Kirk Carter 0 Richard Jones 1 Calvin Bostic 2 Antoine Bryant 3 Lee Nesifort 1 Arron Prather 2 Kedrick Wright 3 Lyndell Pittman 4 Jeffrey Mack 5 Tecumseh Peete M35	31 FL 33 HI	24.02 82.01
1 Robert Thomas 2 Hoy Thurman 3 William Marshall 4 Barney Borromeo 5 James Smith	37 IN 36 GA 39 NY	22.20 91.61 23.14 87.21 23.86 86.61
4 Barney Borromeo 5 James Smith 6 Gwynn Villegas	36 MA 37 AZ 35 CA	24.09 83.81 24.64 82.51 25.30 79.21
M40 1 Mitchell Lovett 2 Rawle Crichlow 3 Howard Lindsay 4 Orlando Matthews 5 Darnell Gatling 6 Jim Matts 7 Jim Reilly 8 Dan Weiss 9 David Neumann 0 Kevin McKenna 1 Ed Enlaw	40 NY 40 FL	23.780 87.51 23.81q 87.41
5 Darnell Gatling 6 Jim Watts 7 Jim Reilly	43 NY 42 MA 40 NY	24.16q 88.11 24.45q 86.41 24.52 84.91
8 Dan Weiss 9 David Neumann 0 Kevin McKenna	40 NY 44 RI 41 NJ	24.63 84.51 24.80 86.51 25.89 81.01
1 Ed Emlaw 2 Steve Gorman 1 Mitchell Lovett	43 FL 43 PA 42 NY	26.21 81.21 26.73 79.61 22.97 92.01
2 Rawle Crichlow 3 Orlando Matthews 4 Howard Lindsay	41 AZ 40 FL 40 NY	23.15 90.68 23.58 88.38 23.67 88.08
O Kevin McKenna 1 Ed Emlaw 2 Steve Gorman 1 Hitchell Lovett 2 Rawle Crichlow 3 Orlando Matthews 4 Howard Lindsay 5 Darnell Gatling 6 Jim Matts M45	43 NY 42 MA	24.23 87.91 24.67 85.61
4 Val Barnwell 5 Gregory Simons 6 Keith Royater	46 NY 46 MN 47 NJ	24.370 89.9% 24.299 89.0% 24.399 89.3% 24.549 88.7% 25.009 87.7%
7 Thomas Bunner 8 Phil Bujalski	48 IN 47 NJ 49 NJ	25.26 87.41 26.02 84.21 26.30 84.61
9 Donald Passman 0 Lawrence Pistrang 1 Everad Samuels 2 Val Barnwell	46 MA 45 MA 46 NY	26.39 82.51 22.88 94.41 24.04 90.61
• Gregory Simons	43 CA	24.11 89.61 24.38 89.31
1 Edward Gonera 2 Thomas Smith	51 NY 50 IN	
3 Francis Schiro 4 Greg Schwab 5 Neil Steinberg	50 MN 50 RI	25.000 90.21 24.81q 90.31 25.19q 89.01 25.20q 90.71 25.46 80.61
7 Mike Trexler 8 Calvin Saulsberry	51 AK 50 TH	25.46 80.61 25.71 87.21
0 George Haywood 1 Larry Zwick	51 AZ 51 NY 52 NJ	25.85 87.31 26.32 95.71 27.79 81.71
2 Tucker Taft 3 Jimmie Jones 4 Stefan Waltermann	51 MA 53 TX 54 NC	28.43 80.41 29.61 77.81
5 David Friedman 1 Edward Gonera 2 Thomas Smith	53 HJ 51 NY 50 IN	30.77 74.31 24.20 93.21 24.60 91.11
3 Greg Schwab 4 Francis Schiro 5 Neil Steinberg	50 MN 51 NY 50 RI	25.08 89.31 25.13 89.81 25.23 80.81
3 Francis Schiro 4 Greg Schwad 5 Neil Steinberg 6 Josse Norman 7 Mike Trexler 8 Calvin Saulsberry 9 Harold Davis 0 George Haywood 1 Larry Zwick 2 Tucker Taft 3 Jimmle Jones 4 Stefan Maltermann 5 David Friedman 1 Edward Gonera 2 Thomas Smith 3 Greg Schwab 4 Francis Schiro 5 Neil Steinberg 6 Jesse Norman M55 1 Stan Whitley 4 Alston Brown 2 Noger Piarce 3 Livyd Matheock	53 NY 58 CA	25.50 89.71
1 Stan Whitley • Alston Brown 2 Roger Piurce 3 Lloyd Hathcock 4 Errol Lee	55 NY 59 MA 57 OII	24.90 93.21 26.14 91.21 26.29 89.41
4 Errol Lee M60	55 NY	26.71 86.91
3 Bruce Mitchell 4 Blaine Lawson	60 FL 60 NJ 62 NY	27.56 87.6% 28.67 83.7% 29.71 80.7% 31.37 77.4% 33.07 73.0%
5 BOD Callori		
1 Bob Lida 2 Paul Johnson 3 Dick Camp 4 Wayne Bennett 5 John: MacDonald 6 Gan Siegel 7 Spencer Parrish 6 Mike Patterson 1 Paul Johnson 2 Bob Lida	69 TX 67 ME 67 TX	27.690 92.41 28.774 87.51 29.964 84.01
5 John MacDonald 6 Dan Siegel 7 Spencer Pariish	67 NJ 68 RJ 67 CT	29.99q 83.91 31.55q 80.41 31.96 78.81
8 Mike Patterson 1 Paul Johnson 2 Bob Lida	67 MA 69 1X 67 KS	33.05 76.24 26.91 95.04 27.32 92.24 28.41 88.64
4 Wayne Bennett 5 John MacDonald		28.41 88.6% 20.43 68.6% 29.99 83.9% 31.93 79.5%
6 Dan Siegel M70 1 Harry Brown	68 HI 74 IL	31.93 79.5% 29.040 94.5%
2 Lloyd Williams 3 Donnis Molanson 4 Joe Summerlin	70 HY 71 HA 72 TX	29.470 87.51 29.479 88.96 31.169 85.31
5 Alexander Johnson 6 Vern Schewe 7 William Hufnagel	70 NJ 71 MO 71 MA	31.87q 80.91 32.81q 79.81 34.58 75.71
6 Dan Siegel M70 1 Harry Brown 2 Lloyd Milliams 3 Donnis Mulinson 4 Joe Summerlin 5 Alexander Johnson 6 Vern Schewe 7 William Hufnagel 1 Harry Brown 2 Dennis Melanson 3 Joe Summerlin 4 Vern Schewe	74 TL 71 HA 72 TX	28.65 95.18 29.08 50.18 30.21 88.08
Was .	" "	33.03 19.36
1 Bill Melville 2 Melvin Larsen 3 Rodney Brown 4 Ed Cox	76 WI 79 IA 77 UT	30.98 91.51 31.62 94.41 31.75 90.81
4 Ed Cox	76 NY	33.17 85.51

4 Ed Cox 5 Ernie MacDonald

					May 2004
	1 Raymond Bower 2 Ralph Maxwell	80 PA	37.15 81.81	6 Leatha Damron	41 MA 5:41.46 78.21 40 NY 5:49.10 75.91
	2 Ralph Maxwell 3 Edward Logan MB5	84 TX	39.20 84.74 58.35 53.24	9 Dive Montler	43 MA 6:20.89 71.35 43 MA 6:28.17 70.05
	1 made of the Academy	85 AK 87 VT	35.74 95.18 42.31 86.28	9 Kathy Burley W45 1 Carla Hervert	15 00 5.26 24 84 65
	M90	90 TH	49.32 83.11	1 Carla Hervert 2 Patricia Ford 3 Suzanne Hyette 4 Marge Bellisle 5 Sidney Letendre	48 NY 5:28.28 86.51 46 NY 5:28.55 84.91
"	M30 1 Maxine Wynter	400r	n 1:03.60 75.31	5 Sidney Letendre	49 MA 5:39.57 84.41 49 NY 6:26.27 74.21
1	W35	39 NY	57 60 90 11	7 Karen Lein	45 MA 6:51.56 67.21
	2 Angela Scott 3 Kris Kazebee	35 NY 37 NC	59.76 83.18 1:05.23 77.88	1 Kathryn Martin 2 Coreen Steinbach	52 NY 5:36.49 87.61
	W40	39 NY	1:07.93 76.48	1 Ann Hakoske	58 FL 6:29.84 80.41 56 NY 7:29.97 68.21
	• Maureen Rodrigue 1 Sarah Lawson 2 Susan Stephenson	41 HA 43 OH	1:03.07 84.18	2 Mary Trotto w60 1 Yvonne Tasker-Rothe	
1.1	W45			W65	
	1 Denise McField 2 Loretta Woodward 3 Gall Johns-Rees 4 Debbie Selby	49 GA 49 NH 47 CA	1:12.74 79.14	2 Carrie Parsi 3 Zofia Turosz	65 HA 6:36.55 85.74 65 CT 7:18.13 77.64
•	. Facta Cal Cranda	50	1.02 20 02 26	M30	
1	Jacqueline Board W55 1 Jennifer Pinto 2 Lynn Naftel	50 AZ	1:02.82 92.51	2 Naz Merchant * Isaya Okwiya	30 NJ 4:31.73 82.51 33 WV 4:32.63 82.61
	2 Lynn Naftel 3 Mary Trotto	59 CA 56 NY	1:14.12 85.24	3 Gary Rosenburg 4 Andrew McBride M35	33 NJ 4:33.12 82.41 32 MA 5:26.88 68.61
	1 Lynne Ingalls			1 Chris Hughes	36 MI 4:34.55 83.74 38 OR 4:36.65 84.24
	N70 1 Suzi MacLeod	70 OR	1:27,26 82.50		36 HA 4:37.81 82.78 37 HA 4:41.11 82.38
	1 Patricia Peterson	77 NY	1:58.26 71.31	6 Brian Hickey	36 FL 4:46.20 80.31
	1 Richard Jones	22 61	50.36 85.7% 50.51 86.1%	7 Nathaniel McVey-Fin 8 Michael McAleer 9 Angelo Harasts	39 PA 4:48.91 81.21 36 NJ 4:51.52 78.84
1	4 Gary Hurta	32 NJ 34 NY	54.00 81.71	Nathaniel McNey-Fin 8 Michael McAleer 9 Angelo Harasts 0 John Hanlon 1 Bob Young	38 NJ 5:03.88 76.71 38 CA 5:07.87 75.71
	5 Steven Danielson	34 CA 37 IN	48.88 92.31	1 Jeff Hann	40 NV 4:27.92 88.21
	2 2 1 1 1 1	** **		2 Stephen Sergeant 3 Brian Harsman 4 Conor O'Driscoll	
	4 David Jones 5 Aston Scott	39 TX 38 NY	53.46 85.71 55.03 82.61	3 Brian Harsman 4 Conor O'Driscoll 5 Steve Burgess 6 Bruce Davie 7 Bob Collins	44 IL 4:36.71 87.91 40 MA 4:41.65 83.91
	1 Sunder Nix 2 Mitchell Loyett	43 IN	50.42 93.51 50.58 92.61	8 Richard Scharchburg 9 John Affleck 0 Robert Rimkis 1 Kyle Rose 2 Ted Poulos 3 Janos Mako 4 Mike Platt 5 Phillip Pillin M45 1 Thomas Delton 2 Jon Maldron 3 Kenneth Leinbach 4 Michael Mehoney 5 Leo Finucame 6 Mark Rybinski 7 Stuart Celderwood	43 PA 4:54.36 82.01 42 AL 4:55.46 81 13
	3 Howard Lindsay 4 David Bynoe	40 NY 42 NJ	52.69 87.61 52.71 88.81	2 Ted Poulos 3 Janos Mako	42 VA 4:56.69 80.81 43 MA 5:01.27 80.21
	6 Trant Hagler	42 HA 40 TX	52.92 88.51	4 Mike Platt 5 Phillip Pillin	42 NY 5:02.33 79.38 41 OH 5:30.67 72.08
	8 David Neumann 9 Michael Needham	44 RI	55.20 86.04 55.86 84.44	1 Thomas Dalton	45 NY 4:30.62 90.68
20	0 Steve Gorman 1 Kevin McKenna	43 PA 41 NJ	56.94 82.81 57.66 80.61	3 Kenneth Leinbach 4 Michael Hahoney	49 MA 4:37.04 91.31 45 CT 4:40.99 87.21
	2 David Carroll 3 Paul Zanis M45	41 NY	1:01.08 75.61	5 Leo Finucane 6 Mark Rybinski	46 NY 4:43.73 87.11 48 NY 4:44.80 88.11
	1 James Chinn 2 Ben James	45 CA	52.85 90.51 53.97 89.81	7 Stuart Calderwood 8 Fred Kitzrow 9 Dave Albo 0 Bobby Paxton	48 NY 4:49.04 86.81 47 CO 4:50.27 85.81
	4 James Morton	49 MA	33.03 00.10	1 Allan Mult	49 ME 4:58.76 84.61
	6 Toney Mulhollan 7 John Dyer	46 MA 46 VA	56.01 85.4% 56.32 85.5%	2 Jim Juliano 3 Cliff Staples 4 Tom Kolb MSO 1 Jim Robinson	45 NY 4:59.54 81.8% 47 NA 5:00.73 82.8%
51	8 Cochise McBride 9 Phil Bujalski	49 MA 47 NJ	56.72 86.74 57.23 84.78	MSO 1 Jim Robinson	50 NY 4:43.18 90.01
	1 Timm McMahon 2 Russ Patton	45 NJ	58.82 81.34 59.15 82 51	2 Geary Daniels 3 Tim McMullen	50 MA 4:44.54 89.61 51 NY 4:47.05 89.51
	3 Brian Lee 4 David Murr	46 IL 48 NC	59.35 81.18 1:00.81 80.34	4 Brian Smyth 5 Michael Bjornberg	50 TX 4:51.85 87.31 50 MN 5:02.16 84.31
	5 Richard Stewart 6 Dennis Williams	47 NY 46 VT	1:04.14 75.64 1:04.89 74.24	7 David Bowen 8 Carter Holmes	51 NY 5:15.43 81.51 54 MN 5:30.44 79.71
:	1 Edward Gonera 2 Francis Schire	51 NY	54.31 91.84	9 Paul Letarte	51 NH 5:32.78 77.21
:	3 Greg Schwab 4 Horace Grant	50 MN 51 TX	54.64 90.61 55.23 90.21	1 Jim Gorman 2 Harold Nolan	55 CA 4:57.54 89.31 57 NJ 4:59 34 90 41
	5 Carroll Blake 6 Harold Davis	53 MA 51 A2	55.88 90.41 56.50 88.21	NSS Alaton Brown Jim Gorman Harold Nolan Jerry Learned Roger Price Chuck Foote Randy Taylor Robert Weiner Gaetan Breton M60 Doug Goodhue	55 MA 5:08.20 86.21 55 NJ 5:17.32 83.71
	8 Neil Steinberg 9 Larry Zwick	50 RI 52 NJ	57.91 85.51 57.91 85.51	5 Chuck Foote 6 Randy Taylor	56 CA 5:19.83 83.81 56 AR 5:25.96 82.31
	0 Stefan Waltermann	54 HC	1:03.97 79.51	8 Gaetan Breton	56 MA 6:15.37 71.41
	1 Charles Allie 2 Roger Pierce	56 PA 59 MA	55.19 93.31 58.14 90.31	1 Doug Goodhue 2 Keith Chiappa	62 HI 5:27.19 86.71 60 MA 5:31.33 83.91
	4 Warren Graff 5 Ronald Pate	58 HA 57 HI	1:01.46 84.94	3 Kent Blair 4 Maxwell Hamlyn	60 NM 5:32.30 83.71 62 NC 5:38.70 83.81
	6 Paul Murphy M60	57 HA	1:05.43 79.24	6 Kenneth Skinner 7 David Morris	63 NY 6:19.63 75.51 64 NA 6:28 11 74 61
	2 Lawrence Gunn 3 Keith Chiappa	61 1L 60 MA	1:03.43 b3.88 1:03.53 83.24	8 Gaetan Breton M60 1 Doug Goodhue 2 Keith Chlappa 3 Kent Blair 4 Maxwell Hamlyn 5 Pat Cosgrove 6 Kenneth Skinner 7 David Morris M65 1 Sidney Howard 2 Joe Cordero 3 Bill Seponar	65 NJ 5:23.05 90.61
1	4 Ted Greve 5 Blaine Lawson	64 NY 62 NY	1:09.40 78.16	1 Sidney Howard 2 Joe Cordero 3 Bill Spencer 4 Denis Daly 5 Christopher Rush 6 Jerry LeVasseur 7 Don Hurray W70 1 Ino Cantu 2 Dennis Branham 3 Gordon McClenathen 4 Alan Smith W75 • Earl Fee	66 NY 5:45.81 85.51 68 NH 5:48.82 86.81
	6 Bob Chinchillo 7 Lionel Bonck	61 HA 63 FL	1:11.21 74.74	5 Christopher Rush 6 Jerry LeVasseur	67 NY 6:19.80 78.81 66 CT 6:36.30 74.61
	1 Mack Stewart	66 TX	1:02.05 89.21	7 Don Hurray M70	69 MA 6:57.76 73.31
	3 John MacDonald 4 Spencer Parrish	67 NJ 67 CT	1:05.97 85.21	2 Dennis Branham 3 Gordon McClenather	73 RI 6:35.52 81.58
	5 Mike Patterson 6 Don Murray	67 HA	1:18.21 71.94	4 Alan Smith	72 FL 7:42.16 68.81
*	2 Alexander Johnson	70 NY	1:09.56 84.81	1 Jim Selby	75 CA 6:40.39 82.71
	* Earl Fee	75	1:06.28 98.01	2 Archie Hessenger 3 Roy Englert W35 1 Ellen Silveira 2 Sheri Liebschner W40 1 Catherine Stone Bor	81 VA 8:48.26 69.11 800m
1	2 Jim Selby	75 CA	1:14.86 86.81	1 Ellen Silveira	36 MA 2:35.31 72.91
	1 Jim Manno 2 Archie Messenger 3 Roy Englert	83 NJ 80 NY	1:24.04 91.81	2 Sheri Liebschner W40 1 Catherine Stone Bor	41 NJ 2:25 26 80 88
	M85	BI VA	1:47.85 67.61	2 Lorraine Jasper	42 PA 2:27.88 80.18
	1 May Soriana		1:25.14 96.31	W45 1 Carla Hervert	42 NY 2:45.68 71.5% 45 OR 2:32.08 80.0%
	W30	lile		W50	52 NY 2:28.07 88.01
	1 Christy Bonstelle W35		5:58.61 69.41	2 Coreen Steinbach	52 NY 2:35.93 83.51
	2 Jill Vollweiler 3 Sheri Liebachner	35 NY 35 NY	5:24.30 78.51 5:33.55 76.31	1 Mary Trotto W60 1 Marie-Louise Michel 2 Yvonne Tasker-Rothe	62 NY 2:48 27 80 01
	1 Catherine Stone Bor	41 NJ	5:18 85 83 44	W70	OL HI 3:10.46 79.56
	2 Mary Beth Evans 3 Barbara Gubbins	44 NY	5:25.31 84.28	1 Suzi MacLeod	
-	4 Carolyn Webber	43 HA	5:36.76 80.71	1 Mark Williams	31 NJ 2:00.67 84.41

	THE RESERVE OF THE RE	3 Ton W. iv			National M	asters	News						page 31
2 Kyle Lanier 3 Gary Hurta	31 PA 2:01.45 83.91 34 NY 2:02.52 84.81	7 Tom Kolb MS0 1 Tim McMullen		10:41.77 77.51	1 Evalua Wright	66 MD	1.24m 93.2%	M40		£ 20- 05 31	W50		
4 Gary Rosenburg 5 Isaya Okwiya	33 NJ 2:04.72 82.81 33 WV 2:05.46 82.31	2 Judge term	51 NY 53 NH 1	9:48.33 86.61	2 Christel Donley	69 CO	1.14m 90.4%	1 Aaron Sampson 2 Ronald Content	40 NH	6.27m 77.81	1 Kathy Wetenhall	50 OH	8.96m 53.71
M35 1 David Nash	36 IA 1:55.37 91.31	1 Jim Gorman	55 CA	9:57.77 88 14	1 Leonore McDaniels	76 VA	1.09m 98.2%	3 Chip Johnson 4 Paul Zanis	40 OH	5.80m 72.0% 4.99m 61.9%	1 A.Lorraine Tucker 2 Barbara LoPiccolo	57 CA 56 NY	9.36m 64.01 8.38m 56.21
2 Chris Hughes	36 MI 1:59.11 88.41 38 NM 2:01.73 87.71	2 Roger Price 3 Chuck Foote	22 NJ 1	0:05.01 87 04	1 Toor Assess	39 NY	1.93m 86.1%	M45 1 Monzell Baker	45 TX		3 Sharon Raham 4 Patrigia Fogg	57 CO 58 HA	8.20m 56.11 7.77m 54.21
3 Calvin Speight 4 Christopher Yorges	38 OR 2:03.32 86.61	4 Mark Hosler	21 MO 1	0:21.46 86.21	2 Oleg Hysikov 3 Guy Stockard	38 MY	1.88m 83.14 1.78m 78.74	2 Ronald Utz	46 WI	5.80m 77.31	5 Mary Trotto	56 NY	6.66m 11.61
5 Marc Nesbitt 6 Rob Van Cleve	38 NY 2:04.04 86.11 36 NV 2:04.84 84.41	5 Ronald Pate 6 Gaetan Breton	57 HI 1	1:02.19 80.91	4 James Barr 5 James Tunstall	36 VA	1.73m 75.21	3 Bryan Johnson 4 Thomas Bunner	46 CO	5.69m 75.81 5.57m 76.21	1 Carol Young	64 GA	7.88m 62.5%
7 Jonathan Mann	38 NJ 2:06.54 84.41	1 Doug Goodhue			6 Mark Fountain	37 MA	1.63m 72.7% 1.43m 62.7%	5 Dave Quick	48 CA	5.56m 76.0%	2 Roslyn Katz 3 Karen Huff	62 NY 61 IL	7.44m 56.5% 6.73m 50.0%
8 Glen Carnes 9 Manuel Chinchilla	36 NY 2:09.64 81.31 39 MA 2:10.09 82.71	2 Jack Thornhill	61 RI 1	0:35.42 88.41	1 Scott Cox	43 CA	1.78m 82.7%	7 Rick Choppa	45 HD	5.44m 71.61 5.33m 70.21	4 Patti Palmer	64 WV	4.89m 38.81
0 Brian Hickey 1 Jonathan Stone	36 FL 2:10.67 80.61 37 NO 2:11.82 80.51	3 Maxwell Hamlyn 4 Pat Cosgrove	62 NC 1	1:17.36 82.91	1 Bruce McBarnette	46 VA		8 Peter Chen	45 CA	5.25m 69.1%	W65 1 Evelyn Wright	66 MD	7.98m 66.31
2 Michael McAleer	39 PA 2:12.41 81.21 38 NJ 2:13.64 79.91	5 Kenneth Skinner 6 David Morris	63 NY 1	2:26.71 76 01	2 Ken Ellis 3 Craig Levine	46 OK	1.88m 89.9% 1.73m 82.7%	1 Thad Wilson		5.33m 77.81	2 Mary Roman 3 Christel Donley	68 CT 69 CO	7.90m 69.1% 7.65m 68.6%
3 Tom Hetz 4 Christopher Shea	39 MA 2:14.58 79.91	H65			4 Tim Carr	47 CO 46 NJ	J1.73m 83.91 1.63m 77.91	3 Edward Gonera	50 AL 51 NY	5.25m 73.61 5.16m 73.41	4 Anna Cirulnick	69 NY	6.61m 59.21
5 Bob Bates 6 Angelo Harasts	35 NA 2:16.11 76.98 36 NJ 2:17.49 76.68	1 Thom Weddle 2 Bill Spencer	65 MN 1	0:51.13 88.91 1:33.57 86.31	4 Ronald Utz	46 MI	1.63m 77.9%	4 Gene Iwen 5 Bobby Terrell	53 CO 53 FL	5.01m 73.1% 4.88m 71.2%	1 Marcia Crooks	70 HA	6.66m 61.1%
7 John Hanlon	"38 NJ 2:21.35 75.5%	3 Joe Cordero 4 Denis Daly	66 NY 1	1:56.78 81 74	1 Bill Murray 2 Valeriy Snezhko	50 AL 50 MN	1.65m 82.5%	* Ralph Cilevitz 6 Al Cestero		J4.88m 68.4%	2 Amy Hicks 3 Harriet Patch	71 HA 72 HA	6.12m 57.91 5.90m 57.41
1 Stephen Sergeant		5 Bill Masterson	05 MA 1	2:40.62 76.11	3 Michard Watson	51 AZ	1.64m 82.01 1.49m 75.21	7 John Oleski	53 HA	4.82m 67.61 4.77m 69.61	4 Lillian Snaden	74 SC	5.50m 56.6%
• Conor O'Driscoll • Steve Burgess	42 NY 2:02.01 90.01 44 IL 2:02.49 91.01	M70		2:57.15 75.31	" Halph Cilavita	50 NJ 50 NY	J1.49m 74.5% 1.39m 69.5%	8 Joseph De Martini 9 Rick Censulo	50 FL 51 NY	4.59m 64.31	1 Betty Jarvis	88 NC	3.70m 65.8%
2 Patrick Lavery	42 MA 2:03.52 88.91 42 NJ 2:03.63 88.91	1 Ino Cantu 2 Dennis Branham			5 David Friedman	53 NJ	1.14m 59.0%	0 Bob Kortmann		J4.52m 65.1%	1 Kunle Lawson	32 VA	13.93m 60.21
3 David Bynoe 4 Jeff Hann	40 NV 2:03.78 87.51	3 Gordon McClenathen	70 CA 1	3:21.15 76.51	1 James Sauers 2 Ivan Black	55 GA	1.69m 89.4%	1 Roger Crockett		4.95m 75.3%	2 Bryan Small	34 NH	12.81m 55.4%
5 Bradley Smith 6 Kyle Rose	41 NJ 2:07.64 85.51 42 AL 2:09.50 84.81	1 Desmond Margetson	77 NY 2	0:09.57 55.74	3 Richard Sobel	55 NY	1.44m 76.1% J1.44m 76.1%		58 NY	4.80m 75.1% 4.14m 63.0%	3 Jeff Fleury 4 Roy Rains	34 NY	9.28m 40.11
* Bruce Davie 7 Kevin Heffernan	46 MA 2:09.56 83.61	1 Roy Englert	81 VA 1	7:12.93 69 78	M60	56 NY	1.29m 68.9%		60 FL	4.63m 74.5%	M35 1 James Barr	36 VA	13.19m 57.01
8 Richard Scharchbur	rg 41 TX 2:10.65 83.51	2 Dan Geer	84 VT 2	2:39.07 56.11	1 Joe Johnston 2 Barry Kline	60 FL	1.55m 87.0% 1.50m 88.2%	2 Ron Colliver	61 UNA	4.60m 75.2%	2 Scott Hannay 3 Troy Herr	39 NY	12.62m 55.2% 12.39m 54.2%
9 John Affleck 1 Michael DeLuz	43 MA 2:12.41 83.61	1 Robert Wood	85 NY 2	5:29.67 50.91		61 UNA	1.45m 82.3%	4 Victor Chaney	63 MD 63 OR	4.53m 76.5% 4.06m 68.5%	M40		
2 David Carroll 3 John Okerman	41 NY 2:14.93 80.8% 41 NA 2:15.82 80.3%	1 Max Springer	90 TN 2	3:21.12 63.11	5 Larry Armstrong	61 NY 62 AZ	1.41m 80.1% J1.41m 81.0%	1 Emil Pawlik	65 MS	4.80m 83.41	2 Jim Brown		15.43m 69.61 11.45m 53.41
4 Paul Zanis	40 NY 2:22.79 75.8%	W30	n Hurdles		6 James Kenney 7 Mark Chapman	63 MD 61 TX	1.35m 78.41 J1.35m 76.71	2 Deke Conklin	69 NH 67 MA	4.26m 79.31	3 Tim Mitchitson	43 HA	9.89m 46.11
1 Jeff Lindsay	45 OK 2:03.98 90.61	1 Venessa Robinson	33 NC	11.10 71.41	M65 1 Tom Langenfeld			4 Don Murray	69 MA		1 Jim Wetenhall	49 OH	13.38m 70.2%
2 James Morton	49 MA 2:06.46 91.58	2 Yevgenia Shockome	32 NY	11.14 70.71	2 Emil Pawlik	68 MN 65 MS	1.45m 90.0% 1.41m 83.9%	5 Edward Mezzapelle	66 UNA	2.78m 49.2%	2 Todd Christensen 3 Paul Walderzak		13.05m 65.6% 12.18m 61.2%
3 Leo Finucane 4 Jon Waldron	46 NY 2:07.45 88.84 46 MA 2:07.71 88.61	1 Pamela Gunneson		10.71 79.01	3 Gerald Counihan 4 John Hurley	65 NY	J1.41m 83.9% 1.20m 72.7%	1 James Stookey 2 Robert Hewitt	74 MD 70 OR	4.55m 92.61	4 John Creahan 5 Russ Taylor	45 HA	12.06m 58.01
5 John Dyer 6 Ric Bond	46 VA 2:09.21 87.5% 46 NY 2:11.37 86.1%	2 Denise Jones 3 Susan Stephenson	40 NY	13.26 60.71	M70			3 Paul Lehmkuhl	70 WI	4.00m 75.61	6 Michael Rubin	48 NY	11.72m 58.9% 10.92m 56.1%
7 Fred Kitzrow	48 NY 2:12.34 86.81	1 Irene Thompson	49 NY	10.27 90.61	1 James Stookey 2 Jerry Donley	74 MD 74 CO	1.30m 87.8% 1.20m 81.0%	5 Burt Hughes	74 CO 70 PA	3.73m 75.91 2.96m 55.91	7 Raymond Bzibziak		9.56m 50.1%
8 Mark Rybinski 9 Russ Patton	48 NY 2:12.72 86.51 48 PA 2:12.83 86.51	2 Joanne Perkus	45 HE	12.02 72.81	3 Robert Kittell 4 Donald Leis	71 NY 71 CA	1.15m 74.1% 1.10m 70.9%	1 Paul Bambrook	75 CA		1 Ron Summers 2 Joseph Hyers	51 IL	16.65m 84.41
0 Philip Pinkowsky	45 HI 2:19.26 80.61	1 Anna Wlodarczyk	53 CA	10.25 95.21	M75 1 Ray Propet	75 OR	1.20m 82.11	2 Helvin Larsen 3 Chuck Sochor	79 IA 76 HI	3. //m 84. / 1	3 George Castelli	50 NY	13.43m 68.1% 13.16m 65.2%
1 Jim Robinson	50 NY 2:08.56 90.78	W65 1 Barbara Jordan	68 VT	13.28 83.91	2 Raoul Rodriques	79 CT	1.15m 83.9%	4 Tom Rice	76 PA	3.62m 76.51	4 Roger Conboy 5 Dennis Hansen	53 TX	12.79m 67.6% 12.33m 61.1%
2 Horace Grant 3 Thomas Hartshorne	51 TX 2:09.97 90.58 50 NY 2:13.45 87.48	2 Evelyn Wright	66 MD	14.91 73.71	3 Frank Brako 4 Richard Soller	78 MA 77 OH	J1.15m 82.71 1.10m 77.41		77 OH 78 MA	3.49m 75.31	6 Carl Reichard 7 Leclar Dennis	51 CT	11.55m 58.5% 11.10m 57.4%
4 Rick Lapp 5 Carroll Blake	54 NY 2:14.14 89.91 53 MA 2:14.33 89.01	1 Don Drummond	34 GA	8.10 88.71	M80 1 Ralph Maxwell			7 Raoul Rodriques	79 CT	2.98m 66.91	8 Richard Watson	51 AZ	11.00m 55.7%
6 Brian Smyth	50 TX 2:14.62 86.71	2 Antoine Bryant 3 Calvin Bostic	30 TX	8.42 85.31	M90		1.10m 86.61	1 Ralph Maxwell	84 TX	2.54m 65.1%	9 Nick Helfrich	50 PA	10.77m 53.41
7 Tony Plaster 8 Ben 2hao	52 NJ 2:15.02 87.8% 50 MN 2:19.00 83.9%	N35			1 Leland McPhie	90 CA	1.05m 94.51	1 Max Springer	90 TN	3,15m 88.2%	1 Craig Shumaker 2 Lad Pataki		14.58m 80.3% 14.19m 82.0%
9 Michael Bjornberg 0 Jim Fallen	50 MN 2:20.05 83.31 53 NM 2:21.27 84.61	1 Derrick Golden 2 James Smith	38 WI 37 AZ	9.26 79.41	W40			2 Leland McPhie	90 CA	2.44m 68.3%	3 Charles Roll	57 NJ	14.07m 81.3%
1 David Bowen	51 NY 2:23.57 81.91	3 Gwynn Villegas	35 CA	10.19 70.5	1 Karen Rieger	40 IN	1.90m 44.21	W35			5 Joe DeStefano		12.90m 78.1% 12.32m 71.2%
2 Scott Carter 3 Richard Puckerin	54 CT 2:25.33 82.91 54 MA 2:31.79 79.41	1 Dexter McCloud	43 GA	8.50 92.91	1 Liz Johnson W60	47 NC	1.90m 49.41	1 Regina Richardson	39 NC	11.07m 80.21	7 Conrad Carter		12.25m 72.5% 11.69m 67.6%
4 Anthony Baker	50 NY 2:36.53 74.51	2 Kerry Sloan 3 Michael Burke	41 TX 41 PA	8.86 87.1% 10.19 75.7	1 Kathy Jager	60 AZ	2.30m 75.9%	1 Susan Stephenson	43 OH	6.53m 50.51	8 Marty Eisner 0 Bob Maltby		11.54m 68.3%
1 Randy Taylor 2 Brad Johnson	56 AR 2:24.23 85.01 57 RI 2:25.49 85.01	M45 1 Leee X	47 PA	8.95 92.41	1 Leonore McDaniels	76 VA	1.80m 89.1%	1 Irene Thompson 2 Liz Johnson	49 NY	8.55m 72.8%	1 Joseph Ferreira	59 RI	9.96m 57.6% 3.98m 24.1%
3 Ronald Pate	57 HI 2:28.26 83.5%	- Todd Christensen	47 UT	9.13 90.51	N35 1 Wayne Lacy	38 VT	3.80m 66.7%	W50	47 NC	7.02m 57.9%	1 Tom Gage	60 HT	15.44m 84.8%
4 Stephen Viegas 5 Robert Weiner	55 MA 2:28.82 81.7% 56 MD 2:37.13 78.0%	2 Phil Bujalski 3 Eugene Anton	47 NJ 46 CA	9.25 89.41	N40 1 Mark Rose	43 14	4.35m 81.4%	1 Linda Lowery			2 Glen Johnson 3 George Hathews	64 TN	13.81m 85.51 13.06m 71.71
6 Sam Baumgarten M60	59 MA 2139,66 78.91	4 Timm McMahon 5 Jim Russ	45 NJ 47 NC	9.51 85.01	* Brian Walley	43 CA	4.25m 79.51	1 Shares Babas		6.76m 65.5%	4 Robert Harvey	61 RI 61 TX	12.55m 71.1% 11.85m 67.1%
1 Larry Barnum 2 Keith Chiappa	60 NV 2:23.86 88.45 60 NA 2:27.52 86.25	1 Thad Wilson		9.12 91.81	2 Jon Bartos 3 Dolf Berle	40 OH 41 CA	4.25m 76.41 4.10m 74.81	2 Mary Trotto	56 NY	5.15m 49.0%	6 Bob Cahners 7 Gary Crawford	61 FL	10.99m 62.31 10.75m 64.61
3 Maxwell Hamlyn	62 NC 2:31.88 85.4%	2 Robert Zahn	50 WI	9,28 86.51	4 Marc Fish	41 NH	3.95m 72.01	1 Audrey Lary	69 HD	7.72m 90.81	8 Jim Chamberas	60 HA	10.31m 56.61
4 Kent Blair 5 Allen McDaniel	60 NM 2:31.92 83.74 61 GA 2:32.73 84.14	3 Sergio Angulo 4 Robert Hahn	51 TX 52 TX	9.74 83.61	1 Gary Hunter	48 IN 46 OK	4.45m 89.1% 4.10m 79.9%	2 Evelyn Wright 3 Barbara Jordan	66 MD 68 VT		9 Phil Byrne M65		9.53m 57.31
6 Kenneth Skinner 7 Bobby Fischer	63 NY 2:47.51 78.24 64 CO 2:48.46 78.54	5 Joe Serdakowski	51 RI	10.63 76.61	3 Thomas Bunner	48 IN	3.95m 79.1%	1 Leggare McDaniele	76 VA		1 Gerald Vaughn 2 James Koch		13.53m 99.11 12.28m 87.01
1 Sidney Howard		6 Anthony Searles 7 Al Cestero	50 NC 50 NJ	10.82 74.21	Ambroise Courteau Donald Severn	45 NY 48 PA	3.65m 70.0% 3.50m 70.1%	M30			3 Stephen Cohen		10.93m 69.5%
2 Mack Stewart	65 NJ 2:23.79 92.91 66 TX 2:26.36 92.31	MS5 1 Fred Johnston			5 Russ VerSteeg	47 CT	3.05m 60.2%	1 Chuck Lumio 2 Kirk Carter	34 PA 31 NY	13.62m 75.7% 11.48m 63.8%	4 George Cormey 5 Edmund Joyce	67 NY	9.90m 67.7% 9.24m 63.2%
3 Joe Cordero 4 David Galligani	66 NY 2:39.02 85.01 65 MA 2:39.98 83.51	2 Michael Milove	58 CA 58 NY		1 Brad Winter	51 NM	4.00m 83.6%	N35 1 James Tunstall	39 VA	11.67m 69.0%	1 Bob Ward	70 TX	13.01m 73.2%
5 Christopher Rush 6 Jerry LeVasseur	67 NY 2:41.42 84.61	3 Ivan Black	55 NY	11.24 76.78	2 Bill Murray 3 John Hoogasian	50 AL 54 MA	3.55m 73.0% 3.25m 71.1%	2 Reggie Snowden	39 CA	11.24m 66.51	2 Paul Xanthopoulos 3 Ray Feick		11.89m 71.1% 11.67m 69.8%
7 Don Hurray	66 CT 3:03.30 73.71 69 MA 3:12.97 72.41	1 Courtland Gray 2 Joe Johnston	60 TX	9.04 94.01	4 Richard Watson	51 A2	2.50m 52.3%	3 Mark Fountain	37 MA	10.15m 58.31	4 Pay Carstensen	72 FL	11.46m 68.5%
1 Fritz Schlereth	70 NY 2:56.67 80.01	3 John Clifford	61 MA	10.18 85.01	1 Michael Zahner		2.95m 67.61	* Ronald Content 1 Steve Backus		12.40m 74.31 10.23m 65.01	5 William Barker M75		11.17m 64.8%
2 Alan Smith	72 FL 3:31.58 60.61	4 Barry Kline 5 Bruce Mills	64 PA 64 IL	13.49 67.91	2 Thomas Taft 2 Gerard Dunne	56 NY	J2.95m 65.4% J2.95m 66.5%	H45			1 Jim Gerhardt 2 Phillip Brusca		11.40m 74.1% 11.26m 75.9%
* Earl Fee 1 Jim Selby	75 - 2:32.47 99.01 75 CA 2:50.79 88.41	M65 1 Emil Pawlik	65 HS	9.77 95.71	4 Peter Fichter	57 HA	J2.95m 67.6%	2 Monzell Baker	45 TX	13.14m 88.5% 13.03m 84.0%	3 Bill Snaden	78 SC	7.20m 52.0%
M80		2 Charley Miller	66 TX		1 Jeff Tindall 2 Ron Colliver		3.20m 78.41 3.00m 73.51		46 CO	12.17m 78.4% 11.64m 76.1%		81 HS	9.08m 73.14
1 Archie Messenger 2 John McManus	80 NY 3:21.05 81.11 80 NY 3:49.90 70.91	1 James Stookey	74 HD		3 John Andresen	62 NY	J3.00m 74.8%	5 Thomas Bunner		11.54m 77.7% 11.07m 72.4%	2 Hy Levy 3 William Walmroth	82 MA 80 MI	8.11m 68.1% 7.89m 60.7%
M90		2 Bill Jankovich 3 Paul Lehmkuhl	70 WI 70 WI	11.84 78.51	4 Larry Armstrong M65	62 AZ	2.60m 64.8%	· Herve Franceschi		10.73m 69.1%	4 Jacob Stein	80 KY	6.48m 49.91
1 Max Springer	90 TN 5:01.44 67.81	4 Bill Wright	70 MA		1 Taylor Goode		3.10m 86.5%	1 Bobby Terrell		10.26m 74.2%	5 Edward Logan M85	81 MA	6.31m 50.8%
W30		1 Melvin Larsen	79 IA	11.54 84.41	2 Gerald Counihan 3 Deke Conklin	65 NY 69 NH	J3.10m 81.5% 2.90m 82.3%		50 FL 53 CO	10.10m 69.9% 9.36m 67.7%	1 David Schlothauer 2 Champion Goldy	86 HA 87 HJ	6.93m 69.3% 6.69m 70.5%
#33	32 HA 11;27.13 72.41	3 Frank Brako	76 MI 78 MA	12.14 79.08 16.81 57.78	1 Jerry Donley	74 CO	2.80m 88.31	· Ralph Cilevitz		J9.36m 64.8% 9.26m 67.0%	M90		
1 Jill Vollweiler 2 Devon Martin	35 NY 10:47.14 78.08 36 NY 11:24.26 74.38	4 Paul Bambrook	75 CA	21.15 45.11	2 Robert Hewitt 3 Bill Jankovich	70 OR	2.70m 78.2% 2.40m 69.5%	5 David Friedman	53 NJ	7.20m 52.11		ight The	6.71m 81.91 OW
W40 1 Lorraine Jasper		4x400m Relay			4 Jim Julian	70 TX	2.10m 60.8%	1 Ivan Black		10.19m 75.9%	W35 1 Kelly Thompson	37 NY	9.30m 52.21
2 Annmarie O'Brien	42 PA 10:35.83 84.08 41 MA 11:13.85 78.68	W40 1 USA 4:50.38	75	2	w30 Lo	ng Jump		2 Roger Crockett 3 Michael Milove	56 VA 58 NY	10.16m 76.8% 9.65m 75.1%	W40 1 Oneithea Lewis		
1 Patricia Ford	48 NY 10:48.84 86.74	W50 1 EARE 4:43.27	-	2	1 Yevgenia Shockome	32 NY	4.51m 60.2%	4 Gerard Dunne	56 NY	8.55m 64.6%	2 Deborah Ecklund	43 NY	16.98m 107.41 6.31m 40.71
2 Mary Diver 3 Karen Lein	49 NY 12:27.94 75.91	M30 1 USA 3:28.14	-		1 Regina Richardson	39 NC	5.33m 77.2%	1 Victor Chaney	63 OR	9.16m 76.6%	W45 1 Cheryl Mellenthin	47 TX	7.25m 50.1%
W50	45 MA 13:32.26 67.51	2 FIBO 3:32.49 3 USA 3:37.44	-		2 Kristen Vicknair 3 Dawn Best	39 CA 39 NY	4.16m 60.21 3.93m 56.91	2 Joe Johnston 3 James Kenney	60 FL 63 MD	8.87m 71.0% 8.85m 74.0%	W50 1 Kathy Wetenhall		
1 Kathryn Martin 2 Carol L'Esperance	52 NY 10:23.84 93.71 54 MA 12:01.79 82.51	4 USA 3:38.17 5 SYN 3:39.82	1		W40 1 Susan Stephenson	43 OH	3.69m 56.11	M65 1 Richard McKisson	66 CO	8.57m 74.91	W55		10.07m 52.91
W55 1 Mary Trotto		6 USA 4:05.15			W45			2 John Hurley	66 NY	5.08m 44.41	1 Barbara LoPiccolo 2 Patricia Fogg	56 NY 58 MA	9.28m 54.6% 7.81m 47.8%
W65	56 NY 15:02.27 67.41	2 MIDA 4:20.62	4	1	1 Liz Johnson 2 Joanne Petkus	47 NC 45 ME	3.45m 55.3t 3.39m 52.91	H70 1 James Stookey	74 MD	9.29m 91.1%	W60 1 Carol Young		13.43m 79.61
1 Mary Harada 2 Zofia Turosz			-	1	* Anna Wlodarczyk	53 CA	4.73m 82.51	2 Robert Hewitt 3 Paul Lehmkuhl	70 OR 70 WI	8.70m 80.41 8.26m 76.41	2 Roslyn Katz 3 Karen Huff	62 NY	9.51m 53.8%
1 Mark Mayall	32 MA 8:49.83 84.7%	4x800m Relay			1 Linda Lowery	52 GA	4.28m 73.61	4 Robert Kittell	71 NY	7.06m 66.2%	4 Patti Palmer	61 IL	6.46m 35.7% 5.73m 33.9%
2 Brian Tullis 3 Kareem Lanier	30 MD 8:50.35 84.6%	2 TRC 8:18.60			1 A. Lorraine Tucker	57 CA	3.68m 68.2%	5 Burt Hughes 6 Donald Leis		6.68m 61.7% 5.93m 55.6%	W65 1 Evelyn Wright	66 HD	11.59m 72.21
N35	31 PA 9:13.57 81.1%	3 MAAC 8:39.18 M40 1 MM 9:36.55			2 Phyllis Meade 3 Sharon Raham	57 NY 57 CO	3.56m 66.0% 3.45m 64.0%	M75 1 Ray Propst	75 OR	7.92m 78.8%	2 Anna Cirulnick 3 Audrey Lary	69 NY 69 MD	7.84m 52.8% 7.62m 51.3%
2 James Rhoades	35 MD 9:24.08 80.38 35 MA 9:47.39 77.18	M50 1 GVH 9:25.14 2 EARE 10:01.56			4 Mary Trotto	56 NY	2.62m 47.8%	2 Paul Bambrook	75 CA	7.90m 78.6% 7.19m 74.7%	4 Mary Roman	68 CT	7.60m 49.9%
3 Bob Young	38 CA 10:32.05 73.11	3 MIDA 10:22.08	-		1 Kathy Jager 2 Patti Palmer	60 AZ 64 WV	3.68m 71.4% 2.35m 48.8%	3 Frank Brako 4 Tom Rice	76 PA	6.96m 70.31	1 Lillian Snaden	74 SC	8.42m 65.71
1 Chris Chisholm	41 CT 8:48.27 89.41	W40 1 NORE 10:28.24			W65	69 MD		MBO 1 Ralph Maxwell	84 TX		2 Marcia Crooks 3 Harriet Patch	70 MA 72 MA	7,33m 50.6% 6,63m 48,8%
3 Mike Platt	41 NJ 8:51.53 88.84 42 NY 9:16.44 85.51	W60 1 LAC 13:42.73	gh Jump		1 Audrey Lary 2 Evelyn Wright	66 MD	3.60m 82.0% 3.38m 72.8%	M90 1 Max Springer			W85		
4 Hel Gonsalves 5 Ted Poulos	40 MA 9:23.67 83.11 42 VA 9:25.50 84.11	w30 • Kimiko Nakatake		1 60- 20 00	1 Leonore McDaniels	76 VA	2.96m 78.1%	2 Leland McPhie	90 CA	4.79m 61.4%	1 Betty Jarvis 2 Katherine Gradick	88 NC 86 FL	7.82m 111.0% 4.70m 59.6%
6 Andrew Shearer 7 Robert Rimkis	40 DE 9:35.98 81.4%	1 Vaugania Chankons	33 NY 32 NY	1.60m 78.0% 1.39m 67.1%	M30 1 Chuck Lumio	34 PA	6.48m 75.31	W35	ot Put		1 Kunle Lawson	32 VA	13.66m 52.8%
8 Brian Roche	43 PA 9:42,59 82.21 42 NJ 10:09.40 78.01	1 Alethea Morris	39 NY	1,39m 72.4%	2 Kirk Carter	31 NY	6.42m 72.3%	1 Kristen Vicknair 2 Patricia Wilkinson	39 CA 37 MA	9,95m 49,41 9,02m,43.01		34 HY	9.84m 38.5%
9 Phillip Pillin	41 OH 10:44.19 73.3%	W40			3 Sean Duford 4 Dillon Gilhooley	33 NY 30 IL	6.23m 71.6% 5.81m 64.9%	3 Kelly Thompson	37 NY	8.72m 41.5%	1 Troy Herr		17.05m 71.2%
1 Bobby Paxton 2 Jim Juliano	47 MN 9:25.46 87.31		43 CT		M35 * Curtis Moore	36 CA	6.22m 73.8%	1 Oneithea Lewis			2 Robert Palazzo 3 Scott Hannay	39 NY	12.63m 51.4% 12.41m 51.8%
3 W.F. Newhall	45 NY 9:52.63 82.0% 45 MA 9:53.50 81.9%	The state of the s	47 NC	1.09m 62.6%	1 James Barr 2 Alan Sims	36 VA	5.79m 68.7% 5.73m 70.3%	2 Denise Jones 3 Deborah Ecklund	40 NY		4 James Barr		10.13m 40.7%
4 Gary Radford 5 James Hebert	47 NY 9:57.18 82.61 45 MA 10:06.45 80.11	1 Linda Douglas 2 Phyllis Meade	59 TX 57 NY	1.24m 83.7% 1.19m 78.2%	3 John McKenzie	39 MD	5.07m 62.2%	W45 1 Joanne Petkus	45 ME		1 Jim Brown 2 Michael Hambrick		15.05m 66.4%
6 Jeffrey Mader	48 MA 10:24.14 79.71	3 Sharon Raham	57 CO	1.09m 71,7%	5 Mark Fountain			2 Cheryl Hellenthin			3 Glenn Thompson		13,70m 61,31 13.26m 56.91

2 Jim O'Neill 3 Jeff Crothers 4 Paul Malderzak 5 Michael Rubin 4 So 1 Roger Conboy 5 Carl Reichard 5 Patrick Lynn 5 Reichard 6 Patrick Lynn 5 Reichard 6 George Castelli 7 Carl Reichard 5 Tim Edwards 6 George Castelli 7 Carl Reichard 7 Carl Reichard 7 Carl Reichard 7 Carl Reichard 8 Patrick Lynn 8 Reichard 8 Carl Reic	7 HI 10.48 HY 7.48 HY 7.48 HY 7.48 HY 7.48 HY 13.41 HZ 12.10 HZ 12	14m 62.31 96m 49.71 50m 49.71 67m 35.01 20m 73.31 60m 68.21 85m 63.81 68m 55.41 84m 50.91 48m 45.01 99m 82.61 14m 70.81 49m 60.71	5 Bill Snader MB0 1 William Wal 2 Jacob Stein MB1 1 David Schlo MB0 1 Leland McPh M35 1 Kelly Thomp M40 1 Oneithea Le 2 Oeborah Eck M45 1 Cheryl Hell M50 1 Barbara Loi M60 2 David Schlo M60 3 Tarbara Loi M60 4 Loi M60 6 Loi M	brhauer 86 Super S	HI 9.47m KY 8.34m HA 9.71m	57.61 2 50.71 4 73.21 M 161.51 2 3 4 4 5 Mil 1 2 2 3 4 4 5 Mil 1 1 2 2 3 4 4 5 Mil 1 1 2 3	Bob Ward Pay Carstensen	55 PA 4.74m 60 MT 9.06m 60 CA 8.14m 61 FL 6.88m 63 NY 4.91m 61 TX 4.88m 69 CO 6.00m
2 Jim O'Neill 3 Jeff Crothers 4 Paul Walderzak 5 Hichael Rubin 4 So 1 Roger Conboy 5 Carl Reichard 5 Patrick Lynn 5 Richard Watson 6 Reorge Castelli 5 So 5 Nick Helfrich 6 George Castelli 5 S 5 I Lad Pataki 7 Tim Edwards 7 Charles Roll 7 Jerry Bookin-Weiner 7 Bobb Maitby 6 Daniel Folk 7 George Mathews 7 George Castelli 7 George Mathews 7 George Mathews 7 George Cormey 8 George Cormey 8 George Cormey 9 George Cormey 1 Geo	8 HI 13, 5 AZ 10, 7 HI 11, 7 H	14m 62.31 96m 49.71 50m 49.71 67m 35.01 20m 73.31 88m 63.81 68m 68.21 88m 63.81 68m 65.41 84m 50.91 48m 45.01 99m 82.61 14m 70.81 25m 64.41 49m 60.71 74m 57.11 14m 47.41 82m 100.51 46m 81.31 15m 81.61 05m 61.11 05m 61.12 05m 64.61 20m 47.41 66m 73.01 66m 73.01 66m 73.01 66m 74.61 29m 47.41	2 Jacob Stein H835 1 David Schlo H90 1 Leland Hcfh W35 1 Kelly Thomp H40 1 Oneithea Le 2 Deborah Ecl H45 1 Cheryl Hell H50 1 Kathy Weter H55 1 Barbara Lof H60 2 Audrey Lary 2 Mary Roman H70 2 Amy Hicks 3 Harcia Croc H30	othauer 86 Super S	HA 9.71m CA 6.96m weight NY 5.28m NY 5.28m NY 5.3m NY 3.77m NY 4.30m NY 6.23m NY 6.23m NY 6.23m NY 6.23m NY 6.39m NY 6.39m	50.71 3 4 73.21 1 61.51 3 4 Min 1 2 3 3 4 5 Min 1 1 2 3 3 4 5 5 Min 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Patrick Lynn Richard Matson 55 Lad Pataki Tim Edwards Jerry Bookin-Weine Daniel Folk 60 Tom Gage George Mathews Bob Cahners Gary Crawford Mark Chapman 65 Vern Spencer 10 Bob Mard Pay Carstensen	54 NY 7.00m 51 AZ 6.45m 57 CA 9.03m 55 CO 7.38m 15 7 CO 5.38m 55 PA 4.74m 60 MT 9.06m 60 CA 8.14m 61 FL 6.88m 63 NY 4.91m 61 TX 4.88m 69 CO 6.00m
Paul Walderzak Michael Rubin So Roger Conboy Roger Conboy Patrick Lynn Richard Watson Richard Watson Richard Watson Richard Watson Richard Watson So George Castelli So Charles Roll Jerry Bookin-Weiner Sob Maltby Daniel Folk George Mathews George Mathews Gary Crawford Gary Crawford Kladmard Kladmard Gary Crawford Gary Crawford Gary Crawford Ray Feick Park Chambers George Cormay Richard Hotchkiss Kichard Hotchkiss Wern Spencer George Cormay Richard Hotchkiss Wern Spencer George Cormay Ray Feick Pay Carstensen Milliam Garrahan	7 MI 10. 8 NY 7.4 3 TX 16. 1 CT 15. 1 CT 15. 1 NY 10. 1 NY 10. 7 CA 16. 7 NO 11. 7 NO 11. 7 NO 11. 7 NO 12. 7 NO 13. 9 N	50m 49.11 67m 35.01 60m 68.21 85m 63.81 66m 55.41 84m 50.91 48m 45.01 99m 82.61 14m 70.81 25m 64.41 49m 60.71 74m 57.11 14m 47.41 82m 100.51 46m 81.31 35m 81.61 05m 61.11 90m 59.31 36m 55.61 32m 54.21 95m 72.91 66m 73.01 66m 54.61 29m 47.41	M35 1 David Schlo M90 1 Leland McPh M35 1 Kelly Thomp M40 1 Oneithea Le 2 Deborah Eck M45 1 Cheryl Hell M50 1 Kathy Meter M55 1 Barbara Lol M60 2 Carol Young M65 1 Evelyn Writ 2 Audrey Lary 2 Mary Roman M70 1 Lillian Snd 2 Amy Hicks 3 Harcia Croc M30	Super	A 9.71m CA 6.96m weight NY 5.28m NY 9.53m NY 3.77m 7 X 4.30m OOH 8.50m NY 6.23m GA 7.81m GA 6.39m GA 6.39m	73.21 M 11 61.51 3 3 4 M M 1 1 2 3 4 5 M 1 1 1 2 3 1 4 5 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Richard Mataon 55 Lad Pataki Tim Edwards Jerry Bookin-Weine Daniel Folk 60 Tom Gage George Mathews Bob Cahners Gary Crawford Mark Chapman 65 Vern Spencer 10 Bob Mard Pay Carstensen	57 CA 9.03m 55 CO 7.38m 55 CO 7.38m 55 PA 4.74m 60 HT 9.06m 60 CA 8.14m 61 FL 6.88m 63 NY 4.91m 61 TX 4.88m 69 CO 6.00m
Roger Conboy 5 Carl Reichard 5 Patrick Lynn 5 Richard Matson 5 Richard Roll 5 S Lad Pataki 5 Tim Edwards 5 Charles Roll 5 Sob Maltby 5 Daniel Folk 6 Ton Gage 6 George Mathews 6 Rob Cahners 6 Gary Crawford 6 Vladimir Strelnitsk 6 Mark Chapman 6 Jim Chapman 6 Jim Chapman 6 Vern Spencer 6 George Cormey 6 Richard Hotchkiss 6 Vern Spencer 6 Rob Ward 7 Ray Feick 7 Ray Carstensen 7 William Barker 7 Nilliam Barker 7 Nilliam Barker 7 Raul Xanthopoulos 7 Samuel Messiter 7 Samuel Messiter 7 Samuel Messiter 7 Jim Gerhardt 7 Jim Gerhardt 7 Pentathic	3 TX 16.: 1 CT 15.: 4 NY 13.: 1 1 AZ 12.: 0 PA 11.: 0 PA 11.: 0 PA 11.: 0 PA 11.: 5 FA 10.: 5 FA 10.: 5 FA 10.: 6 FA 10.: 6 FA 10.: 7 NJ 13.: 8 NJ 13.: 8 NJ 13.: 8 NJ 13.: 9 PA 12.: 9 PA 12.: 9 PA 12.: 9 PA 13.: 1 CT 13.: 1 CT 13.: 1 CT 13.: 1 CT 13.: 2 MA 11.: 5 VT 11.:	20m 73.31 60m 68.21 85m 63.81 85m 63.81 84m 50.91 48m 45.01 14m 70.81 25m 64.41 49m 60.71 14m 47.41 82m 100.51 46m 81.31 15m 81.61 05m 61.11 93m 55.61 32m 54.21 95m 73.01 66m 73.01 66m 74.41	M30 1 Leland McPh W35 1 Kelly Thomp M40 1 Oneithea Le 2 Deborah Eck M45 1 Cheryl Hell M50 1 Kathy Weter M55 1 Barbara Lof M60 2 Audrey Lary 2 Mary Roman M70 2 Any Hicks 3 Harcia Crock M30	Super	CA 6.96m weight NY 5.28m NY 9.53m NY 3.77m TX 4.30m TX 4.30m S.50m GA 7.81m GA 7.81m GA 6.39m	1 2 2 3 4 Miles 1 2 2 3 4 4 Miles 1 1 2 2 3 4 4 5 Miles 1 1 2 2 3 3 4 4 5 5 Miles 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Lad Pataki Tim Edwards Jerry Bookin-Weine Daniel Folk 60 Tom Gage George Mathews Bob Cahners Gary Crawford Mark Chapman 65 Vern Spencer 10 Bob Ward Pay Carstensen	55 CO 7.38m 57 CO 5.38m 55 PA 4.74m 60 MT 9.06m 60 CA 8.14m 61 FL 6.88m 63 NY 4.91m 61 TX 4.88m 69 CO 6.00m
Carl Reichard 5 Patrick Lynn 5 Richard Matson 5 Nick Helfrich 5 George Castelli 5 S Lad Pataki 5 Tim Edwards 5 Charles Roll 5 Jerry Bookin-Heiner 5 Bob Maltby 5 Daniel Folk 60 Tom Gage 66 George Mathews 66 Bob Cahners 66 Gary Crawford 6 Vladimir Strelnitsk 60 Mark Chapman 66 Mark Chapman 66 Mark Chapman 67 George Cormay 66 Schichard Hotchkiss 66 Vern Spencer 67 George Cormay 67 Richard Hotchkiss 67 Wern Spencer 67 Rob Ward 70 Ruy Feick 77 Nay Carstonsen 77 William Barker 7 Paul Xanthopoulos 77 Samuel Messiter 78 Ken Meinbel 79 Jim Gerhardt 79 Jim Gerhardt 79 Jim Gerhardt 79 Pentathic	1 CT 154 1 N 13 1 N 12 1 N	60m 68.21 85m 63.81 68m 55.41 84m 50.91 48m 45.01 14m 70.81 25m 64.41 49m 60.71 74m 57.11 14m 47.41 15m 81.61 05m 61.11 95m 73.61 66m 73.01 66m 73.01 66m 74.41 26m 47.41	M35 1 Kelly Thomp M40 1 Oneithea Le 2 Oeborah Ecl M45 1 Cheryl Mell M50 1 Kathy Weter M55 1 Barbara Lof M60 2 Carol Young M65 1 Evelyn Wrig 2 Audrey Lary 2 Mary Roman M70 2 Amy Hicks 3 Harcia Crock M30	Super pson 37 klund 47 klund 47 hall 50 plecolo 56 g 66 ght 66 y 66 aden 76	NY 5.28m NY 5.28m NY 9.53m NY 3.77m NY 4.30m NY 6.23m NY 6.23m NY 6.23m NY 6.23m NY 6.23m NY 6.23m NY 6.39m	3 4 Mi 1 1 2 3 4 4 5 Mi 1 1 1 2 3 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Jerry Bookin-Weine Daniel Folk 60 Tom Gage George Mathews Bob Cahners Gary Crawford Mark Chapman 65 Vern Spencer 10 Bob Ward Pay Carstensen	57 CO 5.38m 55 PA 4.74m 60 HT 9.06m 60 CA 8.14m 61 FL 6.88m 63 NY 4.91m 61 TX 4.88m 69 CO 6.00m 70 TX 10.30m
Patrick Lynn 5 Richard Matson 5 Nick Helfrich 6 Nick Helfrich	1 AZ 12 2 AZ 12 3 AZ 1	68m 55.41 84m 55.91 99m 82.61 14m 70.81 25m 64.41 49m 60.71 74m 57.11 14m 47.41 82m 100.51 15m 81.61 05m 61.11 93m 54.21 93m 54.21 966m 73.01 66m 54.61	1 Kelly Thomp M40 1 Oneithea Let 2 Deborah Eck M45 1 Cheryl Hell M50 1 Kathy Weter M55 1 Barbara Lol M60 1 Carol Young M65 1 Evelyn Writ 2 Audrey Lary 2 Mary Roman M70 1 Lillian Snd 2 Amy Hicks 3 Harcia Crock M30	pson 37 ewis 4.1 klund 40 lenthin 47 plecolo 56 g 66 ght 66 klund 40 ght 66 aden 76	1 NY 5,28m 1 NY 9,53m 1 NY 3,77m 7 TX 4,30m 0 OH 8,50m 5 NY 6,23m 6 GA 7,81m 6 MD 6,39m	1 2 3 4 5 Mi 1 Mi 1 2 3	GO Tom Gage George Mathews Bob Cahners Gary Crawford Mark Chapman GO Vern Spencer DO Bob Ward Pay Carstensen	60 MT 9.06m 60 CA 8.14m 61 FL 6.88m 63 NY 4.91m 61 TX 4.88m 69 CO 6.00m
Hick Helfrich 5 (George Castelli 5 5 5 5 Lad Pataki 5 5 Tim Edwards 5 Charles Roll 5 5 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6	0 NY 10 7 CA 16 15 7 CO 15 7 CO 15 7 CO 12 7 CO 12 7 CO 12 7 CO 12 8 DO	48m 45.0% 99m 82.6% 14m 70.8% 25m 64.4% 49m 60.7% 74m 57.1% 14m 47.4% 82m 100.5% 46m 81.3% 15m 81.6% 05m 61.1% 05m 61.1% 05m 55.6% 32m 54.2% 95m 72.9% 66m 73.0% 66m 54.6%	M40 1 Oneithea Le 2 Deborah Ecl M45 1 Cheryl Hell M50 1 Kathy Meter M55 1 Barbara Lol M60 1 Carol Young M65 1 Evelyn Wrig 2 Audrey Lary 2 Mary Roman M70 1 Lillian Snd 2 Amy Hicks 3 Harcia Croc M30	ewis 4: klund 44 lenthin 45 lenthin 56 g 66 gght 66 gy 66 aden 76	9.53m NY 3.77m TX 4.30m O OH 8.50m 6 NY 6.23m GA 7.81m	2 3 4 5 Mil 1 1 1 2 3	George Mathews Bob Cahners Bob Cahners Gary Crawford Mark Chapman 65 Vern Spencer 70 Bob Ward Pay Carstensen	60 CA 8.14m 61 FL 6.88m 63 NY 4.91m 61 TX 4.88m 69 CO 6.00m
Lad Pataki 5 Charles Roll 5 Lery Bookin-Meiner 5 Bob Maltby 5 Daniel Folk 60 Tom Gage 66 George Mathews 66 Bob Cahners 66 Gary Crawford 6 Vladimir Streinitsk 66 Mark Chapman 66 Jim Chamberas 66 Kichard Hotchkiss 66 Vern Spencer 66 George Cormay 66 Edmund Joyce 67 Bob Ward 70 Ray Feick 7 Ray Carstensen 70 William Barker 7 Paul Xanthopoulos 70 Samuel Messiter 70 Jim Gerhardt 70 Pentathic	7 CA 16.: 7 CA 16.: 7 CA 16.: 7 NJ 13 7 NJ 13 7 NJ 13 7 NE 11 7 NE 11 7 NE 11 10 CA 18 11 FL 18 12 CA 18 12 CA 18 13 NY 13 14 CA 18 15 CA 14 15 CA 14 15 CA 14 16 CA 18 17 NY 9 18 CA 18	99m 82.61 14m 70.81 25m 64.41 49m 60.71 74m 57.11 14m 47.41 82m 100.51 46m 81.31 15m 81.61 05m 61.11 36m 55.61 32m 55.61 32m 54.21 66m 73.01 66m 74.41 28m 47.41	2 Deborah Eck M45 1 Cheryl Hell M50 1 Kathy Weter M55 1 Barbara Lol M60 1 Carol Young M65 1 Evelyn Wric 2 Audrey Lar 2 Hary Roman M70 1 Lillian Sna 2 Amy Hicks 3 Harcia Croc M30		7 TX 4.30m 9 OH 8.50m 6 NY 6.23m 1 GA 7.81m 6 MD 6.39m	1 MG	Gary Crawford Mark Chapman 65 Vern Spencer 70 Bob Ward Pay Carstensen	63 NY 4.91m 61 TX 4.88m 69 CO 6.00m 70 TX 10.30m
Tim Edwards 5 Charles Rol1 5 Jerry Bookin-Heiner 5 Bob Maitby 5 Daniel Folk 5 60 Tom Gage 6 George Mathews 6 Bob Cahners 6 Gary Crawford 6 Vladimir Streinitsk 6 Mark Chapman 6 Jim Chamberas 6 George Cormay 70 Bob Mard 70 Ray Feick 70 Bob Mard 70 Ray Feick 70 William Garrahan 70 Milliam Barker 70 Milliam Garrahan 70 Milliam Barker 70 Milliam Garrahan 70 Milliam Mil	5 CO 15 7 NJ 13 7 CO 12 7 CO 12 7 CO 12 15 FA 10 5 FA 10 5 FA 10 16 FL 18 17 FL 18 18 TX 13 1	14m 70.8t 45m 64.41 49m 60.7t 74m 57.1t 14m 47.4t 82m 100.5t 46m 81.3t 15m 81.6t 05m 61.1t 93m 55.6t 32m 54.2t 95m 72.9t 66m 73.0t 66m 74.4t	1 Cheryl Mell W50 1 Kathy Meter W55 1 Barbara Loi W60 2 Carol Young W65 1 Evelyn Wrig 2 Audrey Lary 2 Mary Roman W70 1 Lillian Snd 2 Amy Hicks 3 Harcia Croc W30	nhall 50 Piccolo 56 g 64 ght 66 y 65 aden 74	OH 8.50m NY 6.23m GA 7.81m S HD 6.39m	1 1 2 3	Vern Spencer Bob Ward Pay Carstensen	69 CO 6.00m 70 TX 10.30m
Jerry Bookin-Weiner 5 Bob Maitby 5 Sonniel Folk 5 George Mathews 6 George Mathews 6 George Mathews 6 Gary Crawford 6 Vladimir Streinitsk 6 Mark Chapman 6 Jin Chamberas 66 SS Richard Hotchkiss 66 Vern Spencer 66 George Cormey 66 Edmund Joyce 70 Bob Mard 70 Ray Feick 70 May Feick 70 Milliam Garrahan 70 Mill	7 CO 127 NE 11 155 PA 10.15 PA 10	49m 60.71 74m 57.11 14m 47.41 82m 100.51 46m 81.31 15m 81.61 05m 61.11 93m 59.31 36m 55.61 32m 54.21 95m 73.01 66m 73.01 66m 74.41 09m 95.51	1 Kathy Meter M55 1 Barbara Loi M60 1 Carol Young M65 1 Evelyn Wrig 2 Audrey Lary 2 Mary Roman W70 1 Lillian Snd 2 Amy Hicks 3 Marcia Crock M30	Piccolo 56 g 66 ght 66 y 69 aden 76	6.23m GA 7.81m 6 MD 6.39m	1 2 3	Bob Ward Pay Carstensen	70 TX 10.30m
Daniel Folk 50 Tom Gage George Mathews 66 George Mathews 66 George Mathews 66 Gary Crawford Mark Chapman Jin Chamberas 65 Richard Hotchkiss Richard Hotchkiss George Cormey 66 George Cormey 67 Ray Feick Pay Carstonsen Milliam Garrahan John Milliam Garrahan John John John John John John Pentathic Penta	5 PA 10.1 5 PA 10.1 6 PA 1	14m 47.41 82m 100.51 46m 81.31 15m 81.61 05m 61.11 93m 59.31 36m 55.61 32m 54.21 95m 72.91 66m 73.01 66m 74.41 09m 95.51	1 Barbara Loi W60 4 1 Carol Young W65 1 Evelyn Wrig 2 Audrey Lary 2 Hary Roman W70 1 Lillian Snd 2 Amy Hicks 3 Marcia Cross W30	g 66 ght 66 y 68 aden 76	GA 7.81m	2	Pay Carstensen	
Tom Gage George Mathems 66 Bob Cahners 66 Mark Chapman 61 Jin Chamberas 65 Kichard Hotchkiss 66 Vern Spencer 66 George Cormey 66 Edmund Joyce 60 Bob Mard 77 Bo	0 CA 180 1 FL 18.1 1 FL 18.1 3 NY 13.6 3 NY 13.6 5 CA 14.5 5 CA 14.5 5 CA 14.7 7 MA 10.6 7 NY 9.2 0 TX 19.6 0 TX 19.6 1 TX 121 1	46m 81.31 15m 81.61 05m 61.11 93m 59.31 36m 55.61 32m 54.21 95m 72.91 66m 73.01 66m 47.41 09m 95.51	M60 a 1 Carol Young M65 1 Evelyn Wrig 2 Audrey Lary 2 Hary Roman M70 1 Lillian Sna 2 Amy Hicks 3 Harcia Cross M30	g 66 ght 66 y 68 aden 76	GA 7.81m	3		72 FL 8.48m
Bob Cahners Gary Crawford 6 Gary Crawford 6 Vladimir Streinitsk 6 Vladimir Streinitsk 6 Varn Spencer George Cormey 6 George Cormey 6 Bob Ward 7 Ray Feick 7 Samuel Messiter 7 Samuel Messiter 7 Vanuel Messiter 7 Pentathic 7 Pentathic 7 Vergenia Shock	1 FL 18.1 3 NY 133.6 2 HA 12.3 1 TX 12.3 0 HA 12.3 0 HA 12.3 0 HA 12.3 0 TX 19.6 7 NY 9.2 0 TX 19.6 2 PA 13.5 2 FL 13.6 1 CT 13.2 1 CT 13.2 2 HA 11.5 5 VT 11.6	15m 81.61 05m 61.11 93m 59.31 36m 55.61 32m 54.21 95m 72.91 66m 73.01 66m 54.61 28m 47.41 09m 95.51 95m 73.61	M65 1 Evelyn Wrig 2 Audrey Lary 2 Mary Roman W70 1 Lillian Snd 2 Amy Hicks 3 Marcia Crock N30	ght 69 69 60 aden 74	MD 6.39m	-	Ray Feick	72 PA 7.62m
Vladimir Strelnitsk 6. Mark Chapman 6. Jin Chamberas 6. Jin Chamberas 6. Sis Richard Hotchkiss 6. Vern Spencer 6. George Cormey 6. Edmund Joyce 6. Bob Ward 7. Ray Feick 7. Pay Carstonsen 7. Milliam Garrahan 7. Milliam Barker 7. Paul Xanthopoulos 7. Samuel Messiter 7. Jin Gerhardt 7. Jin Gerhardt 7. Jin Gerhardt 7. Pentathic	2 MA 12.5 1 TX 12.3 0 MA 12.3 5 CA 14.5 9 CO 13.6 7 MA 10.6 7 NY 9.2 0 TX 19.6 2 PA 13.5 2 FL 13.6 4 RI 13.7 1 CT 13.2 2 MA 11.5	93m 59.3% 36m 55.6% 32m 54.2% 95m 72.9% 66m 73.0% 66m 54.6% 28m 47.4% 09m 95.5% 95m 73.6%	2 Audrey Lary 2 Mary Roman W70 1 Lillian Snd 2 Amy Hicks 3 Marcia Croc W30	y 69 68 aden 76		1	Jim Gerhardt	75 TX 6.00m 76 MO 5.80m
Jin Chamberas Sis Kichard Hotchkiss Kichard Hotchkiss Kern Spencer George Cormey Edmund Joyce Bob Ward Ray Feick Pay Carstensen Milliam Garrahan Milliam Barker Paul Xanthopoulos Samuel Messiter Jin Gerhardt Phillip Brusca Pentathic Pentathic 1 Yevgenia Shock	0 MA 12.3 5 CA 14.5 9 CO 13.6 9 MA 10.6 7 MY 9.2 0 TX 19.6 0 PA 13.5 2 PA 13.5 2 PA 13.7 1 CT 13.7 1 CT 13.7 2 MA 11.5 5 VT 11.6	32m 54.2% 95m 72.9% 66m 73.0% 66m 54.6% 20m 47.4% 09m 95.5% 95m 73.6%	M70 1 Lillian Snd 2 Amy Hicks 3 Marcia Croc M30	aden 7	CT 5.77m	3	Phillip Brusca Ken Weinbel	76 WA 5.39m
Richard Hotchkiss 6: Vern Spencer 6: George Cormey 6: No Bob Ward 7: Ray Feick 7: Ray Feick 7: Ray Feick 7: William Garrahan 7: William Barker 7: Lov Mozhaev 7: Samuel Messiter 7: Samuel Messiter 7: Milliam Gerhardt 7: Jim Gerhardt 7: Pentathic	9 CO 13.6 7 NA 10.6 7 NY 9.2 0 TX 19.6 2 PA 13.5 2 PL 13.6 4 RI 13.7 1 CT 13.2 2 MA 11.5 8 PA 10.2 5 VT 11.6	66m 73.0% 68m 54.6% 28m 47.4% 09m 95.5% 95m 73.6%	2 Amy Hicks 3 Marcia Croc M30		SC 5.24m	5	Lev Mozhaev Bill Snaden	78 PA 4.85m 78 SC 4.01m
George Cormey Edmund Joyce Bob Ward Bob Ward Ray Feick Pay Carstonsen William Garrahan William Garrahan William Barker Paul Xanthopoulos Samuel Messiter Ken Weinbel Jim Gerhardt Phillip Brusca Pentathle Pentathle	7 MA 10.6 7 NY 9.2 0 TX 19.6 2 PA 13.5 2 PL 13.6 4 RI 13.7 1 CT 13.2 2 MA 11.5 8 PA 10.2	68m 54.61 28m 47.41 09m 95.51 95m 73.61	H30		MA 4.64m	1	William Walmroth	80 MI 4.65m
Edmund Joyce 10 10 10 10 10 10 10 10 10 1	7 NY 9.2 0 TX 19.0 2 PA 13.5 2 FL 13.6 4 RI 13.7 1 CT 13.3 2 HA 11.5 8 PA 10.2	28m 47.4% 09m 95.5% 95m 73.6%	1 Kunle Laws) HA 3.89m	H	Jacob Stein	80 KY 4.14m
Ray Feick 72	2 PA 13.5 2 FL 13.6 4 RI 13.7 1 CT 13.3 2 MA 11.5 8 PA 10.2 5 VT 11.6	95m 73.61	2 Roy Rains		VA 8.99m NY 6.18m		David Schlothauer	86 MA 4.59m
Pay Carstensen 7: William Garrahan 7: William Garrahan 7: William Garrahan 7: Samuel Xanthopoulos 7: Samuel Mussiter 7: Ken Mulnbel 7: Jim Gerhardt 7: Pentathle W30 1 Yevgenia Shock	2 FL 13.6 4 RI 13.7 1 CT 13.3 2 HA 11.5 8 PA 10.2 5 VT 11.6		1 Troy Herr	39	PA 10.51m		Leland McPhie	90 CA 2.70m
Milliam Barker 7	1 CT 13.3 2 MA 11.5 8 PA 10.2 5 VT 11.8	75m 76.4%	2 Robert Pala 3 James Barr		RI 7.75m			00m Walk
Samuel Messiter 7: Samuel Messiter 7: Ken Meinbel 7: Jim Gerhardt 7: Phillip Brusca 7: Pentathle W30 1 Yevgenia Shock	8 PA 10.2	38m 68.8%	H40 1 Jim Brown		HD 10.51m		Marcia Gutsche Rutl	42 MA 15:15.46 83.31
Pentathic W30 1 Yevgenia Shock	5 VT 11.8		2 Glenn Thomp		PA 8.35m	1	Maryanne Torrellas	45 CT 14:37.86 88.9%
Pentathic w30 1 Yevgenia Shock		24m 63.9% 87m 67.6%	M45 1 Jim Wetenha		OH 11.10m		Nanci Patten Sweazy Luanne Pennesi	48 WV 15:32.68 85.8% 49 NJ 17:25.14 77.2%
Pentathio	5 TX 10.6	62m 62.4% 61m 60.4%	2 Jim O'Neill 3 Jeff Crothe	1 46	M1 7.70m	W5	0 Heidi Duskey	51 NA 19:19.66 70.81
W30 1 Yevgenia Shock	6 HO 10.5	59m 62.2%	J Jeff Crocke		7,100			
1 Yevgenia Shock	on	Point	в 60н	нЈ	SP		LJ 800	Age-Graded
1 Yevgenia Shock								Age-Graded
	ome		11.17	1.42m	7.77m	4.20	Om 2:58.63	M38 Team P
The state of the s	NY		11.17	4-07.75		14-01.		M40-49 Indoor
Age-Graded Mar Age-Graded Per			11.06 69.56%	1.42m 67.94%	7.77m	4.30	Om 2:58.63	
W32 Team Point		220		(534)	(385)	57.16		1 Sloan, Ke
w35								Harker He
1 Kristen Vickna	ir		12.15	1.39m	10.19m	3.99	9m 3:30.19	Age-Grade
Santa Cruz, CA				4-06.75	33-05.25			M41 Team
Age-Graded Mari			11.63	1.44m 69.15%	10.76m 46.55%	4.14 55.11		2 Berle, Do
W39 Team Point		204		(555)	(579)	(340		Pasadena,
W40								Age-Grade
1 Susan Stephens	on		13.77	1.15m	5.72m	3.57	7m 3:46.56	M41 Team
Perrysburg, OH Age-Graded Mari			13.14	3-09.25 * 1.26m	18-09.25 6.70m	3.93		M45
Age-Graded Per	cent:		58.53%	60.53%	29.01%	52.35	51.43%	1 Ellis, Ke
W43 Team Points	s: 5	129	9 (239)	(369)	(316)	(292	2) (83)	Oklahoma Age-Grade
2 Denise Jones			13.26	1.06m	7.13m	3.03	3m 5:11.48	Age-Grade
Staten Island, Age-Graded Mark			12.66	3-05.75 1.16m	23-04.75 8.35m		25 3m 5:02.83	M46 Team
Age-Graded Pero			60.78%	55.79%	36.16%			2 Dyer, Joh
W40 Team Points	a: 3	1160	(296)	(275)	(422)	(167	7) (0)	Ashland, Age-Grade
W45								Age-Grade
1 Joanne Petkus			12.34	1.12m	7.37m		m 3:33.76	M46 Team
Auburn, ME Age-Graded Mark	c :		10.84	1.30m	24-02.25 9.70m	4.09		3 Russ, Jim
Age-Graded Perd	cent:		70.99%	62.57%	41.99%	54.53	56.97%	Charlotte
W45 Team Points	s: 5	2021	(563)	(409)	(510)	(329		Age-Grade Age-Grade
W55								M47 Team
1 Mary Trotto Smithtown, NY			19.11	1.00m 3-03.25	6.74m 22-01.5		3m 3:17.90	4 Johnson,
Age-Graded Mark			14.44	1.33m	10.23m	3.48	3m 2:45.37	Longmont,
Age-Graded Pere		180	53.27%	63.69% (439)	(545)	46.32		Age-Grade Age-Grade
								M46 Team
1 Barbara Jordan			13.20	1.09m	5.29m	3 60	5m 3:48.54	5 Ogle, Ver
So. Burlington	, VT			3-06.75	17-04.25	11-11.7	75	Unattache
Age-Graded Mar Age-Graded Per			9.29	1.68m 80.74%	9.91m 42.9%	5.79		Age-Grade Age-Grade
W68 Team Point		355		(830)	(524)	(786		M46
2 Christel Donle	v		14.07	1.15m	7.20m	2 0	2m 4:21 91	M50-59 Indoor
Colorado Sprin			14.07		23-07.5	9-0		
Age-Graded Mar			9.90	1.77m		4.47		M50
Age-Graded Per W69 Team Point		318	77.68%	85.19% (941)	(760)	59.62		1 Bill Murr
								Birmingha Age-Grade
130-39 Indoor Pent	tathlon							Age-Grade
		Point	60н	LJ	SP		HJ 1000	M50 Team
M30								2 Bob Doran
1 Young, Les Chesapeake, VA			9.03		10.80m 35-05.25		9m 3:01.68	Dewitt, N
Age-Graded Mar	k:		9.17	6.47m	10.80m	1.8	Om 3:01.68	Age-Grade
Age-Graded Per M33 Team Point		320	79.624	72.29%	46.71% (534)			M50 Team
			(103)	(031)	(534)	(62	7) (648)	3 Al Cester
1 Snowden, Reggi			8.99	5 44-	0.70		0- 2.00	Freehold,
San Francisco,	CA		. 0.99	5.44m 17-10.25	8.79m 28-10.25			Age-Grade Age-Grade
Age-Graded Mar Age-Graded Per			9.13	5.71m	8.79m	1.6	6m 3:02.29	M50 Team
M39 Team Point		280	79.98%	63.85% (525)	38.024	68.		4 Richard W
2 Wensel, Jason		The same of						
			10.16	5.08m	9.96m		5m 3:25.80	Yuma, AZ Age-Grade

News				May 2
	W60		0.0 1 1 TO	50
7.66m	1 Jolene Steigerwalt	60 CA 18:58.44 78.		56
7.52m	2 Joanne Harriman	61 HA 19:21.10 77.		50
7.00m	W70		5 Sprint Force America	43
6.45m	1 Hary Alice Stookey	71 MD 25:49.49 65.	6 Florida AC	33
9.03m	1 Kate Marrs	75 WI 20:50.01 85.	7 New York AC	28
7.38m	WBS		8 Atlanta TC	26
5.38m	1 Fan Benno-Caris	86 TX 27:11.02 78.	9 Philadelphia Masters	25.
4.74m	H40		10 FIBO TC	25
0.05-	1 Stephen McCullough	42 CT 18:58.79 60.	11 Genesee Valley Harri	
9.06m 8.14m	M45	45 HI 14:28.12 80.		24
6.88m	1 Rod Craig	45 AT 14:20.12 60.		23
4.91m	1 Bob Keating	57 NH 14:10.18 90.	14 San Diego Imperial	
4.88m	2 Joe Light	56 RI 15:44.00 80.	91 15 Central Park IC	22
	3 Gary Null	59 NY 15:52.58 82.		20.
6.00m	4 Robert Ullman	55 NH 16:06.76 78.	17 Etobicoke Gladstone	18
	5 Charles Mansbach	59 MA 18:29.39 70.	18 Indiana Invaders	17
10.30m	M60		19 Birmingham TC	16
8.48m	1 Donald DeNoon	60 FL 14:22.23 91.	19 Midwest Masters TC	16
7.62m	2 John Elwarner	64 MI 16:52.72 81.	10 Curacusa Chargara	16
6.00m	3 Thomas Knatt	63 MA 17:56.07 75.	Women	10
5.80m	M65	66 AR 16:09.69 86.		05.1
5.39m	1 Paul Johnson 2 Spencer Parrish	67 CT 20:32.32 68.	and it otomac valicy to	65.5
4.85m	3 Gustave Davis	66 CT 20:34.33 68.	2 Syracuse Chargers	62
4.01m	M70		3 Atlanta TC	39
	1 Bob Barrett	70 NY 16:22.70 89.	4 Carolina Masters T&F	34
4.65m	2 Max Green	72 MT 16:44.28 89.	5 Atoms TC	33
4.14m	3 Alfred DuBois	72 WI 17:17.66 86.		31
4.59m	M75		7 Control NV Impoles	24
4.59m	1 Jack Starr	75 DE 17:52.74 86.		
2.70m	2 Edward Gawinski	77 DE 18:58.19 83.		21
	1 Charles Boyle	80 MD 21:04.36 78.	9 Oregon TC Masters	20
	I Charles Boyle	80 HD 21.04.36 78.	10 Etobicoke Gladstone	19
			10 Over the Hill TC	19
:15.46 83.3	Unofficial Te	am Scores	10 210 110 110	13
	(45 events	scored)	~	
:37.86 88.9		scoreuj	- William	
:32.68 85.8				
:25.14 77.2	1 Long & Strong Th	rowers 74		
:19.66 70.8			1	
	2 Dallas Masters	72		

	strong Throwers	74		1		
MA 19:19.66 70.81 2 Dallas M	lasters	72		-	-	
New Condidates	A METERS	10.32	5.33m	0.00	1	- 0.4
Age-Graded Mark: Age-Graded Percent:		70.77%	59.62%	9.96m 43.08%	1.63m	3:24.26
					66.81%	64.61%
M38 Team Points: 3	2346	(482)	(447)	(483)	(488)	(446)
M40-49 Indoor Pentathl	on					
	Points	60H	LJ	SP	нЈ	1000
M40						
1 Sloan, Kerry		9.00		9.34m 30-07.75	1.67m	2:59.46
Harker Heights, TX Age-Graded Mark:		8.61	5.74m	9.59m	5-05.75 1.84m	2:49.59
Age-Graded Percent		84.78%	64.221	41.498	75.23%	77.818
M41 Team Points: 5		(834)	(531)	(461)	(661)	(770)
INT TOUR TOTHES. S				(401)	(001)	
2 Berle, Dolf		10.35	5.21m	10.92m	1.58m	3:18.71
Pasadena, CA			17-01.25	35-10	5-02.25	
Age-Graded Mark:		9.90	5.78m	11.21m	1.74m	3:07.79
Age-Graded Percent		73.721	64.72%	48.51	71.174	70.27
M41 Team Points: 3	2826	(560)	(540)	(559)	(577)	(590)
MAE						
1 Ellis, Ken		8.93	5.83m	11.32m	1.73m	3:05.38
Oklahoma City, OK		3.33		37-01.75	5-08	3.03.30
Age-Graded Mark:		8.06	6.87m	12.60m	2.01m	2:47.20
Age-Graded Percent	:	90.59%	76.81%	54.51	81.99%	78.92%
M46 Team Points: 5	4001	(967)	(783)	(643)	(813)	(795)
2 Dyer, John		9.42	5.32m	9.79m	1.61m	2:50.60
Ashland, VA			17-05.5	32-01.5	5-03.25	
Age-Graded Mark:		8.50	6.27m	10.89m	1.87m	2:33.87
Age-Graded Percent		85.88%	70.09	47.148	76.31	85.76%
M46 Team Points: 3	3675	(860)	(646)	(539)	(687)	(943)
3 0 7:-		9.48	5.30m	10.55m	1.67m	3:02.03
3 Russ, Jim Charlotte, NC		9.40	17-04.75	34-07.5	5-05.75	3.02.03
Age-Graded Mark:		8.55	6.24m	11.74m	1.94m	2:44.18
Age-Graded Percent		85.34%	69.83%	50.79%	79.15%	80.38%
M47 Team Points: 2		(848)	(639)	(591)	(749)	(828)
4 Johnson, Bryan		9.32	5.54m	9.35m	1.79m	3:31.25
Longmont, CO			18-02.25	30-08.25	5-10.5	
Age-Graded Mark:		8.41	6.52m	10.40m	2.08m	3:10.53
Age-Graded Percent		86.8%	72.99%	45.02%	84.83%	69.26%
M46 Team Points: 1	3536	(881)	(702)	(510)	(878)	(565)
E Onla Ware		9.49	5.41m	10.79m	1 55-	2.14.20
5 Ogle, Vern Unattached		9.49	17-09	35-05	1.55m 5-01	3:14.30
Age-Graded Mark:		8.56	6.37m	12.01m	1.80m	2:55.24
Age-Graded Percent	:	85.254	71.28%	51.954	73.46%	75.31
M46	3460	(846)	(668)	(607)	(627)	(712)
M50-59 Indoor Pentathl						
MSO-S9 INGOOF Pentachi	Points	60н	LJ			
			LJ	SP	нј	1000
M50						
1 Bill Murray		9.84	5.15m	12.06m	1.69m	3:18.14
Birmingham, AL			16-10.75	39-07	5-06.5	
Age-Graded Mark:		8.95		13.83m	2.07m	2:50.90
Age-Graded Percent		81.61%	72.231	59.821	84.5%	77.221
M50 Team Points: 5	3787	(757)	(688)	(718)	(868)	(756)
2 Bob Doran						
Dewitt, NY		9.98		8.20m	1.63m	
Age-Graded Mark:		9.07	16-01.5 6.16m	26-11	5-04.25	
Age-Graded Percent		80.46%	68.86%	9.40m	1.99m 81.5%	
M50 Team Points: 3	3371	(730)	(621)	(450)	(794)	78.07%
					(,,,,,	
3 Al Cestero		9.76	5.10m	8.99m	1.57m	4:51.44
Freehold, NJ		H. B. Balley	16-08.75	29-06	5-01.75	
Age-Graded Mark:		8.87	6.39m	10.30m	1.92m	
Age-Graded Percent		82.27%	71.53%	44.598	78.5%	
M50 Team Points: 2	2823	(775)	(673)	(504)	(731)	(140)
A Bishani						
4 Richard Watson		11.52	4.36m	11.00m	1.48m	
Yuma, AZ				36-01.25	4-10.25	
Age-Graded Mark: Age-Graded Percent		10.47	5.47m	12.61m	1.81m	
ngo Graded Fercent		69.78	.61.15	54.564	748	66.91%

M51 Team Points: 1										
	2715 (456) (475	(643)	(636) (505)	2 Douglas Geertgens			4.93m	8.53m	1.34m	3:49.45
5 Kenneth Effler	11.14 4.61	m 10.31m	1.45m 3:57.81	Cooperstown, NY Age-Graded Mark:			02.25 7.10m	28-00 10.83m	4-04.75 1.83m	3:02.00
North Attleoboro, MA Age-Graded Mark:	15-01. 10.13 5.76		4-09 1.77m 3:25.12	Age-Graded Percent: M61 Team Points: 3	3379	79.51 7	9.39%	46.87%	75.284	72.5%
Age-Graded Percent:	72.081 64.60	51.14%	72.51 64.341	Mol leam Points: 3	33/9	(707)	(838)			
M52	2693 (517) (540	(595)	(602) (439)	3 Tim Collins Carryville, NY		11.46	3.90m 2-09.5 2	8.46m	1.22m 4-00	4:42.24
6 *Ralph Cilevitz	11.07 4.86		1.45m 4:01.89	Age-Graded Mark:		9.84	5.62m	10.74m	1.67m	3:43.88
Thornhill, NY Age-Graded Mark:	10.06 6.0	5 27-10.25 m 9.73m	4-09 1.77m 3:28.64	Age-Graded Percent: M61 Team Points: 2	2427	74.17% (572)	(506)	(530)	(520)	(299)
Age-Graded Percent:	72.54% 67.88		72.5% 63.25%							
M50	2614 (530) (602	2) (469)	(602) (411)	M65 1 Emil Pawlik		9.78	4.37m	10.16m	1.52m	3:52.75
7 Bob Kortmann	10.45 4.53		1.39m 4:18.88	Jackson, MS		2.61	14-04	33-04	4-11.75	2.52.50
Coventry, CT Age-Graded Mark:	9.50 5.68		1.70m 3:43.29	Age-Graded Mark: Age-Graded Percent:		7.64 95.64	6.80m	14.95m 64.67%	2.22m 90.48%	2:57.50
Age-Graded Percent:	76.84% 63.53 2475 (639) (519		69.5% 59.1% (544) (303)	M65 Team Points: 5	4329	(1074)	(767)	(787)	(1012)	(689)
M52	2475 (639) (519	, (470)		2 Dave Doerrer		10.83	4.38m	9.41m		3:48.25
8 Michael Garrity	13.04 3.55		1.15m 3:52.44 3-09.25	Phoenix, AZ Age-Graded Mark:		8.46	6.81m	30-10.5 13.85m	4-03.5 1.91m	2:54.07
New Milford, CT Age-Graded Mark:	11.85 4.45	m 8.84m	1.40m 3:20.48	Age-Graded Percent:	2004		76.17	59.91	77.98	75.81%
Age-Graded Percent: M53	61.58% 49.79 1738 (246) (281		57.5% 65.82% (317) (478)	M65 Team Points: 3	3804	(869)	(769)	(719)	(723)	(724)
			1.24m 3:46.87	3 John Head San Antonio, TX		12.74	3.83m 2-06.75	7.25m 23-09.5	1.22m 4-00	4:05.69
9 David Friedman Monroe Township, NJ	15.83 3.36 11-00.2		4-00.75	Age-Graded Mark:		9.95	5.96m	10.67m		3:07.37
Age-Graded Mark:	14.39 4.21 50.738 47.12		1.51m 3:15.68 62% 67.44%	Age-Graded Percent: M65 Team Points: 2	2859	73.39	(578)	(526)	72.624	(594)
Age-Graded Percent: M53	50.73% 47.12 1538 (25) (240		(396) (519)	M70-99 Indoor Pentathlon		(331)				
M55				M/0-99 Indoor Pentathion	Points	60н	LJ	SP	нЈ	1000
1 Ivan Black	11.28 4.55		1.48m 3:31.32 4-10.25	M70						
New York, NY Age-Graded Mark:	9.54 6.10	m 9.05m	1.91m 2:54.64	1 Bill Jankovich		10.91	3.99m	10.12m	1.16m	4:19.00
Age-Graded Percent: M55 Team Points: 5	76.51% 68.22 3109 (631) (608		78.31% 75.56% (723) (718)	Racine, WI Age-Graded Mark:		8.56	3-01.25 6.75m	33-02.5 13.17m	3-09.5 1.81m	3:08.25
			1.18m 3:31.12	Age-Graded Percent:	112	85.24%	75.43%	56.98%	73.89%	70.1%
2 Darryl Decker Cambridge, NY	11.78 4.75		3-10.5	M70 Team Points: 5	3501	(846)	(755)	(678)		
Age-Graded Mark:	9.96 6.37		1.52m 2:54.47 62.43% 75.63%	2 Donald Leis		19.76	2.88m 9-05.5	7.41m 24-03.75		5:07.47
Age-Graded Percent: M57 Team Points: 3	73.26% 71.25 3014 (549) (666		(404) (719)	Pasadena, CA Age-Graded Mark:		15.51	4.87m	9.64m	1.71m	3:43.47
	12.21 4.20	8m 13.64m	1.36m DNF	Age-Graded Percent:	1676	47.06%	(358)	(464)	70.06%	(302)
3 Lad Pataki Los Gatos, CA	14-00		4-05.5	M71 Team Points: 3	1676		(336)			
Age-Graded Mark:	10.33 5.7 70.68% 64.1		1.76m 71.96%	M75		12,11	3.76m	8.62	1.16m	5:18.32
Age-Graded Percent: M57 Team Points: 2	2540 (480) (53		(593) (0)	1 Chuck Sochor Gowen, MI			12-04	28-03.5		
M60-69 Indoor Pentathlon				Age-Graded Mark: Age-Graded Percent:		9.26	6.97m	12.96m 56.08%		3:34.01
	Points 60H	LJ SP	нј 1000	M76 Team Points: 5	3281		(807)	(665)	(749)	(370)
M60				2 Ray Propst		14.24	3.43m	8.25	1.25m	6:14.78
1 Ron Colliver Unattached	10.87 4.3	7m 10.56m 04 34-07.75	1.49m 3:47.60 4-10.5	Astoria, OR			11-03	27-01	4-01.25	
Age-Graded Mark:	9.34 6.2	9m 13.41m	2.04m 3:00.54	Age-Graded Mark: Age-Graded Percent:		67.06%	6.36m	53.68		4:11.97 52.37%
Age-Graded Percent: M61 Team Points: 5	78.2% 70.3 3514 (673) (65		83.71% 73.09% (840) (659)	M75 Team Points: 3	2708	(387)	(666)	(631)	(887)	(137)
V			The same of the sa	Rich Jones 8.1		em Lanier			m Hartman	00.500
EAST										
	800m	M75 Des	s Margetson 2.54	Jim Kenney 8.4	Man	Booth	2:05.9	M70 WI	Illam May	20.50.0 17:48.6
The state of the s		12.01 W30 Yev	vgenia Shockome 4.63	Chuck Bartholomes 8.5	M35 Mich	Booth nael McAleer	2:39.8 2:17.9	M70 WI		17:46.6 18:01.1
MAC Open & Masters	M35 Manuel Chinchilla 2: M40 Steve Burgess 2:	12.01 W30 Yev 04.30 W35 Day	vgenia Shockome 4.65 wn Best 4.04	Chuck Bartholomev 8.5 Fred Edelstein 8.8 M65 William Bittner 8.4	M35 Mich M40 Key	Booth	2:39.8	M70 WI M75 Jac Ed W35 Be	Illam May ck Starr Gawineki rnadette McNe	17:46.6 18:01.1 19:44.0 ulty 22:35.9
MAC Open & Masters Indoor Championships	M35 Manuel Chinchilla 2: M40 Steve Burgess 2: M50 Tony Plaster 2:	12.01 W30 Yev 04.30 W35 Daw 17.05 Triple Ju 32.16 M50 Ivar	vgenia Shockome 4.63 wn Best 4.04 ump in Black 10.15	Chuck Bartholomes 8.5 Fred Edelstein 8.8 William Bittner 8.4 Kevin Murphy 9.0 K. M. Thomas 9.5	M35 Mich M40 Kev And Chu	Booth nael McAleer in P. Doyle rew Shearer ck Shields	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2	M70 WI M75 Jan Ed W35 Be W45 Ka	Illam May ck Starr Gawinski	17:46.6 18:01.1 19:44.0 ulty 22:35.9 19:30.6
MAC Open & Masters	M35 Manuel Chinchilla 2: M40 Steve Burgess 2: M50 Tony Plaster 2: M55 Stephen Viegac 2: W35 Sonya Badger 2:	12.01 W30 Yev 04.30 W35 Daw 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des	vgenia Shockome 4.60 wn Best 4.00 ump in Black 10.15 is Margetson 5.91	Chuck Bartholomes 8.5 Fred Edelstein 8.8 William Bittner 8.4 Kevin Murphy 9.0 K. M. Thomas 9.5 Jay Goldenberg 11.8	M35 Mich M40 Kev And Chu Mar Jim	Booth nael McAleer in P. Doyle rew Shearer ck Shields tin Nagy O'Neill	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5 2:29.5	M70 WI M75 Jac W35 Be W45 Ka W70 Ma 3000m	Illam May ck Starr Gawineki rnadette McNo ren Charles ary Alice Stook	17:46.6 18:01.1 19:44.0 ulty 22:35.9 19:30.6 sey 25:10.0
MAC Open & Masters Indoor Championships 168 th St. Armory, NYC	M35 Manuel Chinchilla 2: M40 Steve Burgess 2: M50 Tony Plaster 2: M55 Stephen Viegac 2: W35 Sonya Badger 2: W50 Eileen Troy 2:	12.01 W30 Yev 04.30 W35 Daw 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des	vgenia Shockome 4.60 4.00 4.00 4.00 4.00 4.00 4.00 4.00	Chuck Bartholomes 8.5 Fred Edelsteln 8.8 M65 William Bittner 8.4 Kevin Murphy 9.0 K. M. Thomas 9.5 Jay Goldenberg 11.8 M70 James Stookey 9.1 John Schultz 10.6	M35 Mich M40 Kev And Chu Mar Jim M45 Jim	Booth nael McAleer in P. Doyle rew Shearer ck Shields tin Nagy	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5	M70 WI M75 Jan Ed W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri	Illam May ck Starr Gawineki rnadette McNi ren Charles ary Alice Stook one Tung an Harshman	17:46.6 18:01.1 19:44.0 ulty 22:35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5
MAC Open & Masters Indoor Championships 168 th St. Armory, NYC March 6	M35 Manuel Chinchilla 2: M40 Steve Burgess 2: M50 Tony Plaster 2: M55 Stephen Viegac 2: W35 Sonya Badger 2: W50 Eileen Troy 2: 1500m 3: M30 Mehmet San 5:	12.01 W30 Yev 04.30 W35 Daw 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 W30 Yev Shot Put 00.70 M50 Geo	vgenia Shockome 4.60 ump 10.15 s Margetson 5.91 store to terrore Castelli 13.00 uppenia Shockome 15.00 uppenia Sho	Chuck Bartholomes 8.5 Fred Edelstein 8.8 William Bittner 8.4 Kevin Murphy 9.0 K. M. Thomas 9.5 Jay Goldenberg 11.8 M70 James Stookey 9.1 John Schultz 10.6 M75 Tom Rice 9.6	M35 Mich M40 Kev And Chu Mar Jim M45 Jim Rus Pat	Booth nael McAleer in P. Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5 2:29.5 2:11.6 2:18.6 2:28.8	M70 Wi M75 Jan Ed W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te	Illam May ck Starr Gawineki rnadette McNoren Charles rry Alice Stook one Tung an Harshman d Poulos	17:46.6 18:01.1 19:44.0 ulty 22:35.9 19:30.6 eey 25:10.0 8:50.8 8:39.5 9:49.6
MAC Open & Masters Indoor Championships 168 th St. Armory, NYC March 6 60m M30 Robert Crotty 7.87	M35 Manuel Chinchilla M40 Steve Burgess M50 Tony Plaster M55 Stephen Viegac W35 Sonya Badger W50 Eileen Troy 1500m M30 Mehmet San M35 Angelo Harasta	12.01 W30 Yev 04.30 W35 Daw 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 W30 Yev Shot Put 00.70 M55 Ric	vgenia Shockome wn Best 4.00 ump in Black 10.15 ss Margetson 5.91 svgenia Shockome it 13.00 corge Castelli 13.00 ch Dunphy 9.55	Chuck Bartholomes 8.5 Fred Edelstein 8.8 M65 William Bittner 8.4 Kevin Murphy 9.0 K. M. Thomas 9.5 Jay Goldenberg 11.8 M70 James Stookey 9.1 John Schultz 10.6 M75 Tom Rice 9.6 M80 Oscar Harris 11.2 M85 Champ Goldy 11.4	M35 Mich M40 Kev And Chu Mar Jim M45 Jim Russ Pat Ton	Booth nael McAleer in P. Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5 2:29.5 2:11.6 2:18.6	M70 Wi M75 Jan Ed W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Brit Ma Ric	Illam May ck Starr Gawineki rrandette McNi ren Charles irry Alice Stook ine Tung an Harshman d Poulos irtin Nagy th Lampe	17:48.6 18:01.1 19:44.0 ulty 22:35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7 10:39.9
MAC Open & Masters Indoor Championships 168 th St. Armory, NYC March 6 60m M30 Robert Crotty 7.87 M35 William Marshall 7.52 M40 Jeff Gold 7.39	M35 Manuel Chinchilla M40 Steve Burgess M50 Tony Plaster M55 Stephen Viegac W35 Sonya Badger W50 Eileen Troy 1500m M30 Mehmet San M35 Angelo Harasta M40 Steve Burgess M45 Randall White	12.01 W30 Yev 04.30 W35 Daw 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 W30 Yev Shot Put 00.70 M55 Ric 22.50 M60 Car 33.82 M70 Pet	vgenia Shockome wn Best 4.04 ump in Black 10.15 s Margetson 5.91 et eorge Castelli 13.00 ch Dunphy 9.52 art Levine 9.43 et e Barker 10.75	Chuck Bartholomes 8.5 Fred Edelstein 8.8 William Bittner 8.4 Kevin Murphy 9.0 K. M. Thomas 9.5 Jay Goldenberg 11.8 M70 James Stookey 9.1 John Schultz 10.6 M80 Oscar Harris 11.2 M85 Champ Goldy 11.4 W30 Jill Cypress 8.1 W60 Patti Palmer 12.5	M35 Mich M40 Kev And Chu Mar Jim M45 Jim Rus Pat Ton Gre M50 Ton	Booth nael McAleei in P. Doyle in P. Doyle in P. Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5 2:29.5 2:11.6 2:18.6 2:28.6 2:33.7 2:36.7 2:21.3	M70 Wi M75 Jan Ed W35 Be W45 Ka W70 Me 3000m M35 Ge M40 Bri Te Ma Rik M45 Ma	Illam May ck Starr Gawineki rnadette McNi ren Charles ary Alice Stook one Tung an Harshman d Poulos artin Nagy	17:48.6 18:01.1 19:44.0 ulty 22:35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7
MAC Open & Masters Indoor Championships 168 th St. Armory, NYC March 6 60m M30 Robert Crotty 7.87 M35 William Marshall 7.52 M40 Jeff Gold 7.39 M45 Randy Fres 7.34	M35 Manuel Chinchilla 2: M40 Steve Burgess 2: M50 Tony Plaster 2: M55 Stephen Viegac 2: W35 Sonya Badger 2: W50 Eileen Troy 2 1500m 30 Mehmet San 5 M35 Angelo Harasta 4 M40 Steve Burgess 4 M45 Randall White 4 M50 Paul Mascali 4	12.01 W30 Yev 04.30 W35 Daw 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 W30 Yev Shot Put 00.70 M55 Ger 42.61 M55 Ric 222.50 M60 Car 33.82 M70 Pet 24.94 M75 Des	vgenia Shockome wn Best 4.00 wn Best 4.00 ump in Black 10.11 is Margetson 5.91 vvgenia Shockome it 13.00 ch Dunphy 9.50 ard Levine 9.40 est Barker 10.70 est Margetson 6.88	Chuck Bartholomes 8.5 Fred Edelstein 8.8 William Bittner 8.4 Kevin Murphy 9.0 K. M. Thomas 9.5 Jay Goldenberg 11.8 M70 James Stookey 9.1 John Schultz 10.6 M80 Oscar Harris 11.2 M85 Champ Goldy 11.4 W30 Jill Cypress 8.1 W60 Patti Palmer 12.5 W65 Audrey Lary 10.0	M35 Mich M40 Kev And Chu Mar Jim Rus Pat Ton Gre M50 Ton Der Bill	Booth nael McAleer in P. Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster inis Mellish Allen	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5 2:29.5 2:11.6 2:28.6 2:33.7 2:38.7 2:38.7 2:32.6 2:55.9	M70 Wi M75 Ja Ed W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te Ma Ric M45 Ma	Illam May ck Starr Gawineki ren Charles rry Alice Stook ren Tung an Harshman d Poulos rtin Nagy ch Lampe rurice Pointer ve Thomas m Yunker	17:48.6 18:01.1 19:44.0 19:44.0 22:35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7 10:39.9 10:35.8 10:53.5 11:40.6
MAC Open & Masters Indoor Championships 168 th St. Armory, NYC March 6 60m M30 Robert Crotty 7.87 M35 William Marshall 7.52 M40 Jeff Gold 7.39 M45 Randy Fres 7.34 M50 Jesse Norman 8.08 M55 Charles Allie 7.79	M35 Manuel Chinchilla M40 Steve Burgess M50 Tony Plaster M55 Stephen Viegac W35 Sonya Badger W50 Eileen Troy 1500m M30 Mehmet San M35 Angelo Harasta M40 Steve Burgess M45 Randall White M50 Paul Mascali M55 Alston Brown	12.01 W30 Yev 04.30 W35 Daw 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 W30 Yev Shot Put 00.70 M50 Ged 42.61 M55 Ric 22.50 M60 Car 33.82 M70 Pet 24.94 M75 Des W60 Ros	vgenia Shockome wn Best 4.04 ump in Black 10.15 s Margetson 5.91 et eorge Castelli 13.00 ch Dunphy 9.52 art Levine 9.43 et e Barker 10.75	Chuck Bartholomes 8.5 Fred Edelstein 8.8 William Bittner 8.4 Kevin Murphy 9.0 K. M. Thomas 9.5 Jay Goldenberg 11.8 M70 James Stookey 9.1 John Schultz 10.6 M85 Champ Goldy 11.4 W30 Jill Cypress 8.1 W60 Patti Palmer 12.5 W65 Audrey Lary 10.0 M30 Marcus Knowles 28.0	M35 Mich M40 Kev And Chu Mar Jim M45 Jim Rus Pat Ton Gre M50 Ton Der Bill	Booth nael McAleer in P. Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster unis Mellish Allen k Green	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5 2:29.5 2:11.6 2:28.6 2:33.7 2:38.7 2:21.3 2:32.6 2:55.9 2:28.3	M70 Wi M75 Ja W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te Ma Aik M45 Ma Da To Pe	Illam May ck Starr Gawineki rrandette McNi ren Charles irry Alice Stook one Tung an Harshman d Poulos ritin Nagy th Lampe turice Pointer ve Thomas	17:48.6 18:01.1 19:44.0 ulty 22:35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7 10:39.9 10:35.8 10:53.5 11:40.6 13:20.2
MAC Open & Masters Indoor Championships 168 th St. Armory, NYC March 6 60m M30 Robert Crotty 7.87 M35 William Marshall 7.52 M40 Jeff Gold 7.39 M45 Randy Fres 7.34 M50 Jesse Norman 8.08 M55 Charles Allie 7.79 M60 Rich Jones 8.31	M35 Manuel Chinchilla M40 Steve Burgess M50 Tony Plaster M55 Stephen Viegac W35 Sonya Badger W50 Eileen Troy 1500m M30 Mehmet San M35 Angelo Harasta M40 Steve Burgess M45 Randall White M50 Paul Mascali M55 Alston Brown M60 Sid Howard W40 Barbara Gubbins 5	12.01 W30 Yev 04.30 W35 Daw 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 W30 Yev 00.70 M50 Ged 42.61 M55 Ric 22.50 M60 Car 33.82 M70 Pet 33.82 W70 Pet W60 Ros 02.64 USA	vgenia Shockome wn Best 4.00 wn Best 4.00 ump in Black 10.11 is Margetson 5.91 vvgenia Shockome it 13.00 ch Dunphy 9.50 ard Levine 9.40 est Barker 10.70 est Margetson 6.88	Chuck Bartholomes	M35 Mich M40 Kev And Chu Mar Jim Rus Pat Ton Gree Bill M55 Dick M70 Joh	Booth nael McAleer in P. Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster inis Mellish Allen k Green Indek n Schultz	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5 2:29.5 2:11.6 2:28.6 2:38.7 2:38.7 2:31.3 2:32.6 2:55.9 2:28.3 2:50.1 4:02.9	M70 Wi M75 Ja W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te Ma Rik M45 Ma Da To Pe Jol	Illam May ck Starr Gawinekl rradette McNi ren Charles irry Alice Stook ine Tung an Harshman d Poulos irtin Nagy ch Lampe iurice Pointer ve Thomas m Yunker ter Blank hn Kostenbau ul Burmeister	17:48.6 18:01.1 19:44.0 19:44.0 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7 10:39.9 10:35.8 10:53.5 11:40.6 13:20.2 der 13:49.8 11:49.0
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Thomas</td><td>17:46.6 18:01.1 19:44.0 19:44.0 19:44.0 19:35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7 10:39.9 10:35.8 10:53.5 11:40.6 13:20.2 13:49.8 11:49.0 10:55.2 17:26.8 11:22.3 8:43m 5.26m 3.81m 3.23m 4.28m 4.28m 4.28m 4.28m 4.27m 3.27m</td></td<>	12.01 W30 Yev 04.30 Y35 Dav 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 W30 Yev Shot Put 00.70 M55 Ric 22.50 M60 Car 33.82 M70 Pet 23.96 M60 Ros 56.93 02.64 03.35 Charr ford 43.79 Gom 37.04 W30 Yev Shot Put M50 Gev M55 Ric M60 Car 33.82 M70 Pet W60 Ros Charr ford 43.79 Gom M40 Tr M45 Pi 02.44 M40 Tr M55 Iv M60 Ros Charr ford 43.79 M55 Iv M49.41 M40 Tr M50 M65 Iv M60 Ros Charr ford 43.79 M55 Iv M40 Tr M60 M60 Ros Charr Ford M6	ygenia Shockome wn Best ump an Black sin Black sis Margetson sygenia Shockome at elegenia Sho	Chuck Bartholomes Fred Edelsteln M65 William Bittner Kevin Murphy 9.0 K. M. Thomas Jay Goldenberg 11.8 M70 Jamee Stookey John Schultz 10.6 M85 Champ Goldy 11.4 W30 Jill Cypress 8.1 W60 Patti Palmer 12.5 W65 Audrey Lary 10.0 Was Matt Booth M30 Marcus Knowles M60	M35 Mich M40 Kew And Chu Mar Jim M45 Jim M50 Gre M50 Ton Der Bill M70 Joh M85 Frail M40 And M65 M65 M65 Frail M40 And Ted Mail Brite Bot Mail M45 Jim Rus Dail	Booth hael McAleei in P Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster nis Mellish Allen k Green Indek n Schultz orge Blyn nk Levine raine Jasper theel McAleer drew Shearer I Poulos tin Nagy in Harshman o Rimkis k Staudenmeler liip Pillin in Clelland	2:39.8 2:17.9 2:13.3 2:17.2 2:18.5 2:29.5 2:11.6 2:28.6 2:33.7 2:32.6 2:52.3 2:32.6 2:55.9 2:28.3 2:50.1 4:02.9 5:22.4 5:53.3 2:30.2 4:57.0 4:52.3 4:55.1 4:58.9 5:32.6 4:48.8 5:12.2 5:22.5 5:22.5	M70 Wi M75 Jan W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te Ma M45 Ma Da To Pe Joi M50 Pa Joi M50 Pa Joi M70 Joi W40 Lo W40 Lo M45 Gri Pe M45 Iva M45 Iva M45 Iva M46 Joi M46 Joi M46 Joi M46 Lo M46 Joi M47 Lo M48 Iva M48 Iv	Illam May ck Starr I Gawinek! rmadette McNiren Charles rry Alice Stook one Tung an Harshman d Poulos ritin Nagy ch Lampe rurice Pointer ve Thomas m Yunker ter Blank nn Kostenbaud uil Burmeister nn Fulton ck Green nn Schultz rmalne Jasper p uck Lumio vell Butter eg Hanson ter Blank in Black n Kenney uck Bartholor seph Luttlejohn vin Murphy M. 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MAC Open & Masters Indoor Championships 168 th St. Armory, NYC March 6 60m M30 Robert Crotty 7.87 M35 William Marshall 7.52 M40 Jeff Gold 7.39 M45 Randy Fres 7.34 M50 Jesse Norman 8.08 M55 Charles Allie 7.79 M60 Rich Jones 8.31 M70 Tom Talbott 10.54 W40 Charlene Landrun W50 Lewanne Dudley 10.13 200m M30 Lyndell Pitman 22.95 M35 William Marshall 23.62 M40 Jim Reilly 34.28 M45 Everad Samuels M50 Edward Gonera M55 Charles Allie 24.49 M60 Rich Jones M65 Bob Matterson M670 Tom Talbott M68 Bob Matterson M70 Tom Talbott M70 Tom Talbott M3.84	M35 Manuel Chinchilla 2: M40 Steve Burgess 2: M50 Tony Plaster 2: M55 Stephen Viegac 2: W35 Sonya Badger 2: W50 Eileen Troy 2 1500m M30 Mehmet San 5: M35 Angelo Harasta 4 M40 Steve Burgess 4 M45 Randall White 4 M50 Paul Mascali 4 M55 Alston Brown 4 M60 Sid Howard 4 W40 Barbara Gubbins 5 M45 Marie Bellisle 5 3000m M30 Kyle Brighthill 9 M40 Casey Yamazaki 10 M45 Stuart Calderwood 9 W50 Kathryn Martin 10 W60 M-L Michelsohn 11 1500m RW 11 M80 Charles Boyle 10 W65 Ora Julie 10 3000m RW 10 W45 Maryanne Torrelas 15	12.01 W30 Yev 04.30 W35 Daw 17.05 Triple Ju 32.16 M50 Ivar 32.16 M50 Ivar 36.78 M70 Des 41.04 M55 Ric 22.50 M60 Car 33.82 M70 Pet 42.49 M75 Des 43.79 M75 Des 44.70 M75 Des 45.20 M75 Des 46.00 M75 Des 47.21 M75 Des 48.70 M75 De	ygenia Shockome wn Best ump in Black sin Black sis Margetson sis Margets	Chuck Bartholomes Fred Edelsteln M65 William Bittner Kevin Murphy 9.0 K. M. Thomas Jay Goldenberg 11.8 M70 Jamee Stookey 9.1 John Schultz 10.6 M85 Champ Goldy 11.4 W30 Jill Cypress 8.1 W60 Patti Palmer 12.5 W65 Audrey Lary 10.0 Wash Matt Booth M10 Tony DiSalvo Kevin P. Doyle David Holzwarth 9.8 M60 Robert Koontz 10.0 M60 Robert Koontz 10.0 M60 M60 M60 M60 M60 M60 M60 M60 M60 M6	M35 Mich M40 And Chu Mar And Chu Mar And Chu Mar And Chu Mar And Chu M45 Dich Bill M50 Geo M35 Fra W40 Lor Mile M35 Mich M40 And Ted Mar Beig Bot Mar Rus Dar Beig Bet M45 Jim Rus Beig Beig Beig Beig Beig Beig Beig Beig	Booth hael McAleei in P Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster nis Mellish Allen k Green Indek n Schultz orge Blyn nk Levine raine Jasper theel McAleer drew Shearer I Poulos tin Nagy in Harshman o Rimkis k Staudenmeler liip Pillin c Clelland ss Patton ve Zurheide Good	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5 2:29.5 2:11.6 2:18.6 2:28.6 2:33.7 2:32.6 2:55.9 2:28.3 2:50.1 4:02.9 5:52.4 4:52.3 4:52.8 4:52.3 4:52.6 4:52.3 5:53.9 5.9 5.9 5.9 5.9 5.9 5.9 5.9 5.9 5.9 5	M70 Wi M75 Jan M75 Jan W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te Ma M45 Ma Da To Pe Joi M50 Pa Joi M50 Pa Joi W40 Lo ** 2800m Long Jum M30 Ch M40 Lo ** 2800m Long Jum M55 Iva M60 Jin M60	Illam May ck Starr Gawineki rradette McNiren Charles irry Alice Stook ine Tung an Harshman d Poulos irrin Nagy th Lampe irrice Pointer ve Thomas m Yunker ter Blank hn Kostenbaue ui Burmeister hn Kostenbaue ui Burmeister puck Lumio vell Barler ge Hanson ter Blank in Black in Kenney uuck Bartholorr seph Littlejohn vin Murphy	17:48.6 18:01.1 19:44.0 19:44.0 19:44.0 19:35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7 10:39.9 10:35.8 10:53.5 11:40.6 13:20.2 der 13:49.8 11:49.0 12:09.0 10:55.2 11:22.3 8:43m 5.26m 3.81m 3.23m 4.42m 4.28m 4.28m 4.28m 4.07m 3.29m 3.41m
MAC Open & Masters Indoor Championships 168th St. Armory, NYC March 6	M35 Manuel Chinchilla M40 Steve Burgess M50 Tony Plaster M55 Stephen Viegac W35 Sonya Badger W50 Eileen Troy 1500m M30 Mehmet San M35 Angelo Harasta M40 Steve Burgess M440 Steve Burgess M45 Randall White M50 Paul Mascali M55 Alston Brown M60 Sid Howard W40 Barbara Gubbins W45 Marie Bellisle 3000m M30 Kyle Brighthill M40 Casey Yamazaki M45 Stuart Calderwood W50 Kathryn Martin W60 M-L Michelsohn 1500m RW M55 Gary Null M70 Bob Barrett M80 Charles Boyle W60 Sonia Mohamet W65 Ora Julie 3000m RW W45 Maryanne Torrelas High Jump M30 Robert Crotty	12.01 W30 Yev 04.30 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 M50 Ged 42.61 M55 Ric 22.50 M60 Car 33.82 M70 Pet 23.96 M60 Ros 656.93 W60 R	ygenia Shockome wn Best ump in Black sin Black sis Margetson sygenia Shockome it eorge Castelli ch Dunphy get Barker sis Margetson sylvan Black sylvan Black Jamee Stookey Lovell Butler Tony Disalvo Timm McMahon Lawrence Hickman Jeff Morgan Black Lovell Butler Tony Disalvo Timm McMahon Lawrence Hickman Jeff Morgan Black Bla	Chuck Bartholomes Fred Edelsteln M65 William Bittner Kevin Murphy 9.0 K. M. Thomas Jay Goldenberg 11.8 M70 Jamee Stookey John Schultz 10.6 M85 Champ Goldy 11.4 W30 Jill Cypress 8.1 W60 Patti Palmer M30 Marcus Knowles M30 Marcus Knowles M40 Tony DiSalvo Kevin P. Doyle David Holzwarth M55 Patter Blank M60 M55 Dan Corey M50	M35 Mich M40 Kew And Chu Mar Jim Rus Pat Ton Gre Bill M50 Dich Bill M70 John M85 Frai W40 Lor Mile M35 Mich M40 And And Phi M45 Jim Rus Ber Pat Ton Pet Pat Ton Pet M50 Pet M5	Booth hael McAleer in P. Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster inis Mellish Allen (Green Indek n Schultz orge Blyn nak Levine ralne Jasper hael McAleer Irew Shearer I. Poulos tin Nagy in Harshman o Rimkis k Staudenmeler liip Pillin clelland ss Patton ve Zurheide n Crowle Good n Yunker er Blank	2:39.8 2:17.9 2:13.3 2:17.2 2:18.5 2:29.5 2:11.6 2:28.6 2:33.7 2:32.6 2:52.3 2:32.6 2:52.1 4:02.9 5:22.4 5:53.3 2:30.2 4:57.0 4:52.3 2:30.2 4:57.0 4:52.6 4:55.1 4:58.9 5:08.1 5:11.9 5:32.6 4:58.1 5:32.6 4:55.1 5:32.6 4:55.1 5:32.6 4:55.1 5:32.6 4:55.1 5:32.6 4:55.1 5:32.6 4:55.1 5:32.6 4:55.1 5:32.6 4:55.1 5:32.6 6:33.7 5:32.6 4:55.1 5:32.6 4:55.1 5:32.6 4:55.1 5:32.6 6:32.6 6:33.7 6:32.6 6:33.7 7 7 8 7 8 8 8 8 8 9 8 9 8 8 9 8 9 8 9	M70 Wi M75 Jan M75 Jan W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te M45 Ma Da To Pe Joi M50 Pa Joi M50 Pa Joi W40 Lo * 2800m Long Jum M30 Ch M40 Lo * M40 Lo * M50 Jin M50 Jin M50 Jin M60 Ji	Illam May ck Starr Gawineki rradette McNi ren Charles irry Alice Stook ine Tung an Harshman d Poulos irrin Nagy th Lampe irrice Pointer ve Thomas m Yunker ter Blank in Kostenbaue ui Burmeister in Fulton ck Green in Schultz rraine Jasper p uck Lumio vell Butler gy Hanson ter Blank in Black in Kenney uck Bartholorr seph Littlejohn vin Murphy M. Thomas me Rice icar Harris	17:46.6 18:01.1 19:44.0 18:01.1 19:44.0 19:24.35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7 10:39.9 10:35.8 10:53.5 11:40.6 13:20.2 10:40.6 13:20.2 17:26.8 11:22.3 6.43m 5.26m 3.81m 3.23m 4.42m 4.28m 4.27m 3.27m 3.77m 3.77m 3.77m 3.77m 3.77m
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MAC Open & Masters Indoor Championships 168 th St. Armory, NYC March 6 60m M30 Robert Crotty 7.87 M35 William Marshall 7.52 M40 Jeff Gold 7.39 M45 Randy Fres 7.34 M50 Jesse Norman 8.08 M55 Charles Allie 7.79 M60 Rich Jones 8.31 M70 Tom Talbott 10.54 W40 Charlene Landrun 8.58 W50 Lewanne Dudley 10.13 200m M30 Lyndell Pitman 22.95 M35 William Marshall 23.62 M40 Jim Reilly 34.28 M45 Everad Samuels 23.30 M50 Edward Gonera 24.45 M55 Charles Allie 24.49 M60 Rich Jones 27.55 M65 Bob Matterson 43.94 M70 Tom Talbott 34.84 M80 Jim Manno 35.25 W30 Teresa Watson 30.96 W35 Althea Morris 25.55 W50 Sharon Warren 29.51 W55 Jennifer Pinto 400m M30 Rich Jones 51.87	M35 Manuel Chinchilla M40 Steve Burgess M50 Tony Plaster M55 Stephen Viegac W35 Sonya Badger W50 Eileen Troy 1500m M30 Mehmet San M35 Angelo Harasta M40 Steve Burgess M440 Steve Burgess M45 Randall White M50 Paul Mascali M55 Alston Brown M60 Sid Howard W40 Barbara Gubbins W45 Marie Bellisle 3000m M30 Kyle Brighthill M40 Casey Yamazaki M45 Stuart Calderwood W50 Kathryn Martin W60 M-L Michelsohn 1500m RW M55 Gary Null M70 Bob Barrett M80 Charles Boyle W60 Sonia Mohamet W65 Ora Julie 3000m RW W45 Maryanne Torrelas High Jump M30 Robert Crotty	12.01 W30 Yev 04.30 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 W30 Yev Shot Put 00.70 M55 Ric 22.50 M60 Car 33.82 M70 Pet 224.94 M75 Des 23.96 W60 Ros 23.35 Charr ford 43.79 37.04 M40 Triple 23.96 M60 Car 33.85 M70 Pet 24.94 M75 Des W60 Ros 66.93 US/ Charr ford 60mH M45 Pr M55 Iv M70 Ju 60m, M40 Triple 27.21 M40 L 00.78 J 26.24 L	ygenia Shockome wn Best ump in Black simp in Black sis Margetson sisyenia Shockome it eorge Castelli ch Dunphy gride Earker sis Margetson solyn Katz ATF Mid-Atlantic mpionships, Haver- College; March 13 ATF Mid-Atlantic mpionships, Haver- Mid-Atlantic mpionships, Haver- Mid-Atlantic	Chuck Bartholomes Fred Edelstein M65 William Bittner Kevin Murphy 9.0 K. M. Thomas Jay Goldenberg 11.8 M70 Jamee Stookey John Schultz 10.6 M80 Oecar Harrie 11.2 M85 Champ Goldy 11.4 W30 Jill Cypress 8.1 W60 Patti Palmer 12.5 W65 Audrey Lary 10.0 M30 Marcus Knowles Matt Booth M50 David Holzwarth Peter Blank M60 M60 Robert Koontz Joseph Littlejohn M70 James Stookey John Schultz 39.1 M85 M80 M85 M81 M80 Jill Manno 36.8 M85 M80 M85 M80 Jill Cypress 31 M80 M85 M80 M85 M80 Jill Cypres 32.3 M80 M85 Champ Goldy M80 M85 Champ Goldy M80 M85 M80 M85 M80 M85 M80 Jill Cypres M80 M80 M85 Champ Goldy M80 M85 Champ Goldy M50 M80 M80 M80 M85 Champ Goldy M30 M80 M80 M80 M80 M80 M80 M80 M80 M80 M8	M35 Mich M40 Kew And Chu Mar Jim Rus Pat Ton Gre Bill M50 Dich Bill M70 Joh M80 Gec M85 Fra W40 Lor Mile M35 Mich M40 And Ted Mai Bria Bot M40 Jim Rus Bet Pat Tor Pet Joh M50 De Joh M50 D	Booth nael McAleei in P. Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster unis Mellish Allen Allen Indek n Schuttz orge Blyn nk Levine trew Shearer I Poulos tin Nagy n Harshman o Rimkis ck Staudenmeler lip Pillin n Clelland ss Patton ve Zurheide n Crowle Good n Yunker er Blank in Kostenbauder nnis Mellish nnis Mellish nnis Mellish	2:39.8 2:17.9 2:13.3 2:17.2 2:18.5 2:29.6 2:11.6 2:28.6 2:33.7 2:32.6 2:53.3 2:32.6 2:50.1 4:02.9 5:22.4 5:53.3 2:30.2 4:57.0 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 5:32.8 5:32.8 5:32.8 5:32.8 5:32.8 5:32.8 5:32.8 5:32.8 5:32.8 5:33.8 5.33.8 5.	M70 Wi M75 Jan M75 Jan W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te M45 Ma Da Ton Pe Jol M50 Pa Jol M50 Di M50 Jol W40 Lo * 2800m Long Jum M30 Ch M40 Lo * 1000 Jum M50 Jin Ch M50 Jin Ch M60 Jin Ch M60 Jin Ch M60 Jin M60 Ji	Illam May ck Starr Gawineki rradette McNiren Charles irry Alice Stook ine Tung an Harshman d Poulos irrin Nagy th Lampe irrice Pointer ve Thomas m Yunker ter Blank inn Kostenbaue ul Burmeister inn Fulton ick Green inn Schultz rraine Jasper p uck Lumio vell Butler eg Bunson ter Blank in Black in Kenney uck Bartholom seph Littlejohn vin Murphy M. Thomas mes Stookey m Rice icar Harria orge Bracelan tit Palmer idrey Lary	17:48.6 18:01.1 19:44.0 19:44.0 19:44.0 19:22:35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7 10:39.9 10:35.8 10:53.5 11:40.6 13:20.2 der 13:49.8 11:49.0 12:09.0 10:55.2 17:26.8 11:22.3 6:43m 5.26m 3.23m 4.42m 4.28m 4.28m 4.28m 9.296m 3.27m 3.77m 3.27m 3.77m 3.27m 3.27m 3.27m 3.27m 3.27m 3.27m 3.27m 3.27m 3.27m 3.26m 1.48m 4.28m 4.42m 4.28m 4.42m
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MAC Open & Masters Indoor Championships 168 th St. Armory, NYC March 6 60m M30 Robert Crotty 7.87 M35 William Marshall 7.52 M40 Jeff Gold 7.39 M45 Randy Fres 7.34 M50 Jesse Norman 8.08 M55 Charles Allie 7.79 M60 Rich Jones 8.31 M70 Tom Talbott 10.54 W40 Charlene Landrun 8.58 W50 Lewanne Dudley 10.13 200m M30 Lyndell Pitman 22.95 M35 William Marshall 23.62 M40 Jim Reilly 34.28 M45 Everad Samuels 23.30 M50 Edward Gonera 24.45 M55 Charles Allie 24.49 M60 Rich Jones 27.55 M65 Bob Matterson 43.94 M70 Tom Talbott 34.84 M80 Jim Manno 35.25 W30 Teresa Watson 30.96 W35 Althea Morris 25.55 W50 Sharon Warren 29.51 W55 Jennifer Pinto 31.26 M30 Rich Jones 51.87 M35 Ronald Davy 1:09.24 M40 Charles Weekes 52.80	M35 Manuel Chinchilla M40 Steve Burgess M50 Tony Plaster M55 Stephen Viegac W35 Sonya Badger W50 Eileen Troy 1500m M30 Mehmet San M35 Angelo Harasta M40 Steve Burgess M45 Randall White M50 Paul Mascali M55 Alston Brown M60 Sid Howard W40 Barbara Gubbins W45 Marie Bellisle 3000m M30 Kyle Brighthill M40 Casey Yamazaki M45 Stuart Calderwood W50 Kathryn Martin W60 M-L Michelsohn 1500m RW M55 Gary Null M60 Sonia Mohamet M65 Ora Julie M60 Sonia Mohamet M65 Ora Julie M60 Sonia Mohamet M65 Ora Julie M60 David Friedman M55 Ivan Black M65 Gerald Coumihan	12.01 W30 Yev 04.30 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 M50 Ged 42.61 M55 Ric 22.50 M60 Car 33.82 M70 Pet 23.96 M60 Ros 656.93 02.64 03.35 Charm ford 43.79 37.04 M50 M55 M55 M55 M55 M55 M55 M55 M55 M55	ygenia Shockome wn Best ump an Black sin Black sin Margetson sygenia Shockome at sorge Castelli corge Castelli ch Dunphy set Barker sin Margetson solyn Katz ATF Mid-Atlantic mpionships, Haver- College; March 13 Imm McMahon Phil Bujalaki van Black James Stookey Lovell Butler Tony DiSalvo Timm McMahon Jeff Morgan Brandy Frey Alfred Spencer Greg Hanson Mark Lacey Randall Jackson Gregy Harend Grey Merchile Grey Arend Bruce Kelly 8.	Chuck Bartholomes Fred Edelstein M65 William Bittner Kevin Murphy 9.0 K. M. Thomas Jay Goldenberg 11.8 M70 Jamee Stookey John Schultz 10.6 M85 Champ Goldy 11.4 W30 Jill Cypress 8.1 W60 Patti Palmer 12.5 W65 Audrey Lary 10.0 M30 Marcus Knowles M41 M40 Tony DiSalvo Kevin P. Doyle David Holzwarth M65 M60 Robert Koontz Richard Jones M60 Robert Koontz Richard Jones M60 M60 Robert Koontz M60	M35 Mich M40 Chu Mar And Chu Mar And Chu Mar Jim M45 Jim M50 Dec Bill M70 Joh M80 Geo M85 Fra W40 Lor Mille M35 Mich M41 Brita Brita Bot Mar Phil M45 Jim Rus Ber M40 M45 Joh M50 Dec M50 Joh M50 Dec M50 Joh M50 Dec M55 Dick M55 D	Booth hael McAleei in P. Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster nis Mellish Allen rathe Allen or Crowle s Patton or Clelland s Patton Good n Yunker g Hanson or Richells hael McAleer frew Shearer l Poulos tin Nagy in Harshman or Rimkis or Staudenmeler or Rimkis s Patton or Zurheide or Crowle Good n Yunker er Blank in Kostenbauder nnis Mellish in Fulton n Allen ry Hart ck Green	2:39.8 2:17.9 2:13.3 2:17.2 2:18.5 2:29.6 2:11.6 2:18.6 2:28.6 2:33.7 2:32.6 2:55.9 2:28.3 2:50.1 4:02.9 5:22.3 2:50.1 4:52.3 6:27.1 7.70.1 7.	M70 Wi M75 Jan M75 Jan W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te Ma M45 Ma Aix M45 Ma Aix M45 Ma Da To Pe Joi M50 Pa Joi M50 Pa W50 Jun M50 Au M50 Au	Illam May ck Starr I Gawinekl rmadette McNiren Charles rry Alice Stook one Tung an Harshman d Poulos ritin Nagy th Lampe rurice Pointer ve Thornas m Yunker ter Blank nn Kostenbaud under the Fulton the Green nn Schultz rmalne Jasper p uck Lumio veil Buttler eg Hanson ter Blank nn Black nn Bl	17:48.6 18:01.1 19:44.0 ulty 22:35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7 10:39.9 10:35.8 10:53.5 11:40.6 13:20.2 der 13:49.8 11:49.0 10:55.2 17:26.8 11:22.3 8.43m 5.26m 3.23m 4.28m 4.28m 4.28m 3.27m 3.27m 3.27m 3.27m 3.25m 1.48m 2.32m 3.25m
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MAC Open & Masters Indoor Championships 168th St. Armory, NYC March 6	M35 Manuel Chinchilla M40 Steve Burgess M50 Tony Plaster M55 Stephen Viegac W35 Sonya Badger W36 Eileen Troy 1500m M30 Mehmet San M35 Angelo Harasta M40 Steve Burgess M45 Randall White M50 Paul Mascali M55 Alston Brown M60 Sid Howard W40 Barbara Gubbins W45 Marie Bellisle M300m M30 Kyle Brighthill M40 Casey Yamazaki M45 Stuart Calderwood W50 Kathryn Martin W60 M-L Michelsohn M30 Kyle Brighthill W60 M-L Michelsohn M55 Gary Null M70 Bob Barrett M80 Charles Boyle W60 Sonia Mohamet W65 Ora Julie M60 Sonia Mohamet M65 Ora Julie M60 Sonia Mohamet M60 Sonia	12.01 W30 Yev 04.30 17.05 Triple Ju 32.16 M50 Ivar 36.78 M70 Des 41.04 M55 Ric M60 Car 33.82 M70 Pet M75 Des W60 Ros 56.93 02.64 03.35 Cham ford 42.81 M55 Ivar 37.04 M56 M55 Ivar 37.04 M56	ygenia Shockome wn Best ump in Black sis Margetson sis Margetson sit eorge Castelli ch Dunphy graft Levine es Margetson sis Margetson sit eorge Castelli ch Dunphy graft Levine sit Harden sis Margetson sis Margets	Chuck Bartholomes Fred Edelstein M65 William Bittner Kevin Murphy 9.0 K. M. Thomas Jay Goldenberg 11.8 M70 James Stookey John Schultz 10.6 M75 Tom Rice 9.6 M80 Oscar Harris 11.2 M85 Champ Goldy 11.4 W30 Jill Cypress 8.1 W60 Patti Palmer 12.5 W65 Audrey Lary 10.0 200m M30 Marcus Knowles Matt Booth M40 Tony DiSalvo Kevin P. Doyle David Holzwarth 29.8 M55 Randy Frey Joseph Littlejohn M50 M65 Walt Palmer M70 James Stookey John Schultz 39.1 M80 Jill Cypress 34.6 M70 James Stookey John Schultz 39.1 M80 Jill Cypress 28.2 W60 Patti Palmer 33.6 M70 James Stookey John Schultz 39.1 M80 Jill Cypress 28.2 W60 Patti Palmer 33.6 M70 James Stookey John Schultz 39.1 M80 Jill Cypress 28.2 W60 Patti Palmer 44.7 W65 Audrey Lary 35.6 M80 Marcus Knowles 57.4 Matt Booth 10.8 M85 Champ Goldy 45.9 W30 Jill Cypress 28.2 W60 Patti Palmer 44.7 W65 Audrey Lary 35.6 M80 Marcus Knowles 57.4 Matt Booth 10.8 M80 Marcus Knowles 57.4 Matt Booth 10.8 M80 Marcus Knowles 57.4 M81 Booth 10.8 M80 Marcus Knowles 10.8 M80	M35 Mich M40 And Chu Mar And And Mar And M	Booth hael McAleei in P Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster nis Mellish Allen k Green Indek n Schultz orge Blyn nk Levine raine Jasper tirew Shearer I Poulos tir Nagy in Harshman o Rimkis k Staudenmeler liip Pillin t Clelland ss Patton ce Zurheide n Crowle Good n Yunker er Blank in Kostenbauder nis Mellish in Fulton n Allen ry Hart ik Green n Allen ry Hart ik Green n Allen n Hart ik Green	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5 2:29.5 2:11.6 2:28.6 2:33.7 2:21.3 2:32.6 2:55.9 2:28.3 2:50.1 4:02.9 5:52.4 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.3 4:52.6 4:52.1 6:48.8 5:12.2 5:28.5 5:32.6 6:48.8 5:12.2 5:28.5 5:32.6 6:48.8 5:12.2 5:28.5 5:32.6 6:48.8 5:12.2 5:28.5 5:32.6 6:48.8 5:12.2 5:28.5 5:32.6 6:48.8 5:12.2 5:28.5 5:32.6 6:48.8 5:12.2 5:28.5 5:32.6 6:48.8 5:12.2 5:28.5 5:32.6 6:48.8 5:12.2 5:28.5 5:32.6 6:48.8 5:12.2 5:28.5 5:33.3 5:39.1 6:08.7 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1 8:26.6 6:27.2 5:19.1	M70 Wi M75 Jan M75 Jan W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te Ma M45 Ma Air M50 Pa Joi M50 Pa Joi M50 Pa Joi M50 Pa Joi M50 Di M70 Joi W40 Lo W40 Lo W40 Lo M45 Iva M60 Jin M65 Iva M60 Jin M75 To M80 Pa M60 Pa M60 Pa M60 Jin M75 To M80 Pa M75 To M80 Pa M80 Pa M80 Pa M60 Jin M75 To M80 Pa M80 Pa M80 Pa M60 Jin M75 To M80 Pa M80 Pa M80 Pa M80 Pa M80 Pa M60 Jin M75 To M80 Pa M80 Pa M80 Pa M80 Pa M80 Pa M80 Pa M80 Pa M80 Jin M70 Joi M80 Pa M80 Pa M80 Pa M80 Jin M80 Pa M80	Illam May ck Starr I Gawinekl rnadette McNiren Charles rry Alice Stooke an E Tung an Harshman d d Poulos ritin Nagy ch Lampe rurice Pointer ver Thomas m Yunker ter Blank nn Kostenbaud uit Burmeister nn Fulton ck Green nn Schultz rraine Jasper p uck Lumio vell Butter eg Hanson ter Blank in Black n Kenney uck Bartholori seph Littlejohn in Black n Kenney uck Bartholori seph Littlejohn tin Black n Kenney uck Bartholori seph Littlejohn turin Murphy M. Thomas mes Stookey m Rice car Harrie orge Bracelan till Palmer drey Lary up uck Lumio ndall Jackson n Black mes Stookey n Hughes	17:48.6 18:01.1 19:44.0 19:44.0 19:44.0 19:44.0 19:44.0 19:35.9 19:30.6 19:30.6 19:30.6 19:30.6 19:30.6 10:30.8 10:30.9 10:35.8 10:30.9 10:35.8 11:40.6 13:20.2 17:26.8 11:22.3
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MAC Open & Masters Indoor Championships 168th St. Armory, NYC March 6	M35 Manuel Chinchilla M40 Steve Burgess M50 Tony Plaster M55 Stephen Viegac W35 Sonya Badger W36 Eileen Troy 1500m M30 Mehmet San M35 Angelo Harasta M40 Steve Burgess M45 Randall White M50 Paul Mascali M55 Alston Brown M60 Sid Howard W40 Barbara Gubbins W45 Marie Bellisle M300m M30 Kyle Brighthill M40 Casey Yamazaki M45 Stuart Calderwood W50 Kathryn Martin W60 M-L Michelsohn M30 Kyle Brighthill W60 M-L Michelsohn M55 Gary Null M70 Bob Barrett M80 Charles Boyle W60 Sonia Mohamet W65 Ora Julie M60 Sonia Mohamet M65 Ora Julie M60 Sonia Mohamet M60 Sonia	12.01 W30 Yev W35 Daw Triple Ju W35 Daw Triple Ju W30 Yev Shot Put W50 Ged W55 Ric W55 Ric W60 Ros S6.93 W60 Ros S	ygenia Shockome wn Best ump an Black sis Margetson sygenia Shockome at sis Margetson sygenia Shockome at sorge Castelli corge March corge Margetson corge March corge Castelli corge March corge March corge Castelli corge March corge March corge Castelli corge Castelli corge March corge Castelli corge	Chuck Bartholomes Fred Edelstein M65 William Bittner Kevin Murphy N. M. Thomas Jay Goldenberg Jay Goldenberg Jay Goldenberg James Stookey Jahres Jahres Jay Goldenberg Jake M80 Oacar Harria Jahres Audrey Lary Jahres Audrey Lary Jahres Audrey Lary Jahres Jahre	M35 Mich M40 And Chu Mar M45 Jim Rus M50 Dich M35 Mich M45 M45 M40 And And M40 And M40 And M40 And M40 And M40 And M40 And M50 Dich M50 Di	Booth hael McAleei in P Doyle rew Shearer ck Shields tin Nagy O'Neill Clelland s Patton Good n Yunker g Hanson y Plaster nis Mellish Allen k Green Indek n Schultz orge Blyn nk Levine raine Jasper the McAleer Irew Shearer IPoulos tin Nagy in Harshman o Rimkis k Staudenmeler ilip Pillin in Clelland ss Patton ck Staudenmeler in Clelland ss Patton or Zurheide n Crowle Good n Yunker er Blank in Kostenbauder nnis Mellish in Fulton n Allen ry Hart ck Green in Schultz orge Blyn in Schultz orge B	2:39.8 2:17.9 2:13.3 2:13.9 2:17.2 2:18.5 2:29.5 2:11.6 2:18.6 2:28.6 2:33.7 2:21.3 2:36.7 2:21.3 2:36.7 2:21.3 2:36.7 2:21.3 2:35.9 2:28.3 2:50.1 4:52.3 4:52.6 4:55.1 4:52.3 4:52.6 4:55.1 4:52.6 4:55.1 4:52.6 4:55.1 6:28.5 5:32.6 6:27.2 5:28.5 5:33.3 5:30.6 6:27.2 5:28.5 5:33.3 5:30.6 6:27.2 5:31.0 6:27.2 6:	M70 Wi M75 Jan W35 Be W45 Ka W70 Ma 3000m M35 Ge M40 Bri Te Ma M45 Ma Da To Pe Joi M50 Pa Joi M70 Joi W40 Lo * 2800m Long Jum M30 Ch M45 Gri M40 Lo * M60 Jin Ch M55 Iva M60 Jin M70 Joi W40 Lo * 2800m M55 Iva M60 Jin M70 Joi W40 Lo * 2800m M55 Iva M60 Jin M70 Joi W40 Lo * 2800m M55 Iva M60 Jin M70 Joi W40 Lo * W60 Jin M75 Toi M80 Ge W60 Pa W65 Au Triple Jum M30 Ch M45 Ra M70 Joi W60 Pa W60 Pa W60 Pa W60 Pa W60 Pa W60 Jin M75 Toi M80 Ge W60 Pa W65 Iva W60 Pa W60	Illam May ck Starr Gawineki rradette McNiren Charles irry Alice Stook ine Tung an Harshman d Poulos irrin Nagy th Lampe irrice Pointer ve Thomas m Yunker ter Blank in Kostenbaue ul Burmeister inn Fulton ick Green inn Schultz rralne Jasper p uck Lumio vell Butler eg Hanson ter Blank in Black	17:48.6 18:01.1 19:44.0 18:01.1 19:44.0 19:44.0 22:35.9 19:30.6 ey 25:10.0 8:50.8 8:39.5 9:49.6 9:58.7 10:39.9 10:35.8 10:53.5 11:40.6 13:20.2 der 13:49.8 11:49.0 10:55.2 17:26.8 11:22.3 6:43m 5:26m 3.81m 3.23m 4.42m 4.28m 3.23m 4.42m 4.28m 3.27m 3.27m 3.77m 3.77m 3.77m 3.77m 3.26m 2.96m 1.48m 2.32m 3.25m 7.49m 9.35m 8.82m 6.31m 6.34m 9.35m 6.31m 6.34m 9.35m 6.31m 6.34m 9.35m 7.49m 9.35m 8.82m 6.31m 6.31m 6.34m 9.35m
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pag	e 34		
M40	Jeff Morgan	1.35m	Chas MacDonald 6
M45	Randy Frey	1.70m	Weight Throw
M55 M65	Ivan Black Jay Goldenberg	1.45m 1.05m	Peter Farmer Mike Valle
M70	James Stookey	1.25m	John von Rohr
M90	George Braceland	.80m	Tim Twomey 69
Shot		10.70-	Bill Gramley
M40 M45	Eric Schad Ted Goudge	10.70m 11.97m	David Wheeler Neil DeRycke
M50	George Castelli	12.79m	George Williamson
	Dennis Hansen	12.05m	
	John Mattel	11.79m	Carolina Maste
	Michael Kalinas Daniel Valusek	10.55m 10.53m	Johnson C. Sn
	Bruce Kelly	8.70m	Charlotte, NC;
M55	Charles Roll	13.68m	100m
	Marty Elsner , Walter Roucken	11.88m 9.72m	W40 Darnell James
M65	Ed Joyce	9.56m	W70 Anne Yudell
M70	Ray Felck	11.01m	M30 Derrick Archie Leon Bullard
	William Barker	10.82m	M35 Chris Sarsony
M75	Burt Hughes	8.23m 7.48m	Darryl Foushee
M85	Bill Bergen Champ Goldy	6.61m	M40 Eugene Vickers Harold Pierce
M90	George Braceland	4.57m	Kinley Hill
	Bob Detweiler	2.99m	M45 Glenn Reid
W60	Patti Palmer ace=All-American Perfo	5.18m	Wayne Fisher Chas Johnson
Doluie	ico-All-Allioncall Folic	Armanico .	M50 Oscar Peyton
-	and Dunner Ind		Thomas Jones
	ront Runners Inde		Garry Crawford
	ick Meet, Armory enter, NYC; March		M55 Greg Marshall Samuel Hall
C	mer, Mrc, marci	121	M65 John Polevy
60m			Don Beck
	Nigel Dufeal	7.35	Cliff Pauling M70 Bob Reid
	William Marshall Mitchell Lovett	7.34 7.24	Lawrence Gred
	Oon Passman	7.97	200m
	lesse Norman	8.11	W35 Kris Kazebee
Service Committee	Charles Allie	7.82	W70 Anne Yudell M30 Derrick Archie
M70 L	loyd Wiliams	9.01	Leon Bullard
	Althea Morris	7.89	M35 Anthony Gay Darryl Foushee
200m		22.45	M40 Paul Brown
	Prince Gomez Marcis Skeete	23.45 25.27	Eugene Vickers
	Darnell Gatling	24.32	Harold Pierce
	Oon Passman	26.26	M45 Chas Waggon
	Edward Gonera	24.53	Wayne Fisher Glenn Reid
M55 1	Noah Perlis	27.07	M50 Oscar Peyton
	Blaine Lawson	32.41	Thomas Jones
	Lloyd Wiliams	30.58	M55 Greg Marshall
	John McManus Maxine Winter	41.93 28.39	Samuel Hall
	Dawn Best	30.34	M65 John Polevy
	Sharon Warren	29.11	Don Beck M70 Bob Reid
W55 .	Jennifer Pinto	30.95	400m
400m			W35 Kris Kazebee
	Lee Nesifort	57.69	M35 Chris Sarsony
	Warren Ng	55.37	Anthony Gay M40 Paul Brown
	Mitchell Lovett Alston Brown	50.48 53.19	Eugene Vickers
	Blaine Lawson	1:11.44	Jeffrey Heming
	Dawn Best	1:08.39	M45 Eddie Stone Chas Waggon
W50	Sharon Warren	1:08.46	Wayne Fisher
	Jennifer Pinto	1:12.48	M50 Garry Crawford
	M-L Michelsohn	1:12.74	Turran Harper Brian Bostock
800m		2.17.00	M65 Don Beck
	William Schaff Phil Wharton	2:17.90 2:04.69	Cliff Pauling
	Bob Rimkis	2:19.72	800m M40 Robert Cousar
	James McFarlane	2:20.31	M45 Ed Fager
M50	Thomas Hartstone	2:13.48	Turran Harper
	Steve Viegas	2:30.23	M50 Duane Green
M60	John Saarmann	2:42.28	M55 Jay Smith
M65	David Galligani	2:43.87	M65 Cliff Pauling
	John McManus	3:40.20	1500m
	Sonya Badger	2:35.17	M45 Ed Pager M55 Jay Smith
Mile	M-L Michelsohn	2:46.00	3000m
	Naz Merchant	4:33.17	W45 Annie Bogdovit
	Angelo Haraste	4:57.52	M40 Ronald Rick David Isaac
	Ken Rolek	4:34.63	Short Hurdles
	Thomas Dalton	4:29.26	W30 Kisha Rawlinso
	Peter Reinhart	5:33.57	M40 Dexter McCloud
	Pat Cosgrove	5:54.61 6:16.45	M50 Anthony Searle Long Hurdles
3000	Denis Daly	0.10.45	M35 Chris Sarsony
	Sean Fortune	9:12.02	M40 Dexter McCloud
	Victor Manuel Garcia	9:35.98	M65 Don Beck
	Ken Roler	9:10.04	High Jump M45 Thurman Whitte
M45	Randal White	9:43.16	Jim Russ
4.0	SOUTHEAS	T	Glenn Reid
100	SOUTH PAN		M50 Bob Rockwell Johnnie Dye
Sou	theast Masters In	door	M55 Terry Martin
	ws Championshi		M60 Mike Valle
		Company of the last of the las	M65 Bill Gramley

Throws Championships (s)

Rocky Mount, NC; Ma	rch 27
Shot Put	
John von Rohr 56	12.63
Mike Valle 63	12.60
Neil DeRycke 32	12.49
Peter Farmer 52	10.22
Bill Gramley 68	9.95
Ted Mordecai 65	9.79
George Williamson 48	9.10
David Wheeler 63	8.67

Chas MacDonald 61 Weight Throw	7.70
Peter Farmer	16.89
Mike Valle	16.70
John von Rohr	14.80
Tim Twomey 69	13.2
Bill Gramley	12.0
David Wheeler	11.14
Neil DeRycke	11.24
George Williamson	9.89
Carolina Masters I	Meet
Johnson C. Smith	U.

April 3

100m		1
W40 Darnell James	14.81	
W70 Anne Yudell	19.14	N
M30 Derrick Archie	11.20	
Leon Bullard	11.61	1
M35 Chris Sarsony	12.71	10
Darryl Foushee	13.57	IV
M40 Eugene Vickers	11.94	1
Harold Pierce	12.23	1
Kinley Hill	12.23	
M45 Glenn Reid	12.35	IN
Wayne Fisher	12.48	
Chas Johnson	13.39	
M50 Oscar Peyton	11.57	IN
Thomas Jones	12.05	N
Garry Crawford	12.49	
M55 Greg Marshall	12.97	
Samuel Hall	13.20	1
M65 John Polevy	14.57	
Don Beck	14.96	N
Cliff Pauling	16.12	
M70 Bob Reid	13.57	J
Lawrence Greco	16.80	N
200m		IN
W35 Kris Kazebee	28.55	
W70 Anne Yudell	42.39	IN
M30 Derrick Archie	22.80	1
Leon Bullard	23.78	1
M35 Anthony Gay	25.13	IN
Darryl Foushee	28.02	13
M40 Paul Brown	22.74	V
Eugene Vickers	23.28	N
Harold Pierce	24.32	1
M45 Chas Waggon	25.31	
Wayne Fisher	25 60	

WSS KIIS Nazebee	20.00
W70 Anne Yudell	42.39
M30 Derrick Archie	22.80
Leon Bullard	23.78
M35 Anthony Gay	25.13
Darryl Foushee	28.02
M40 Paul Brown	22.74
Eugene Vickers	23.28
Harold Pierce	24.32
M45 Chas Waggon	25.31
Wayne Fisher	25.60
Glenn Reid	25.80
M50 Oscar Peyton	23.27
Thomas Jones	24.05
Anthony Searles	24.17
M55 Greg Marshall	25.30
Samuel Hall	26.96
M65 John Polevy	30.47
Don Beck	31.90
M70 Bob Reid	31.05
400m	
W35 Kris Kazebee	66.34
M35 Chris Sarsony	58.16
Anthony Gay	58.83
M40 Paul Brown	51.63
Eugene Vickers	51 87

WISS CHIIS Salsony	30.10
Anthony Gay	58.83
M40 Paul Brown	51.63
Eugene Vickers	51.87
Jeffrey Heminger	57.32
M45 Eddie Stone	55.93
Chas Waggon	56.95
Wayne Fisher	60.52
M50 Garry Crawford	57.90
Turran Harper	60.47
Brian Bostock	62.22
M65 Don Beck	74.44
Cliff Pauling	74.48
800m	
M40 Robert Cousar	2:20.45
M45 Ed Fager	2:26.77
Turran Harper	2:38.38
M50 Duane Green	2:14.63
Turran Harper	2:15.58
M55 Jay Smith	2:46.20
M65 Cliff Pauling	3:13.47
1500m	
M45 Ed Pager	4:57.60
M55 Jay Smith	5:39.55
3000m	
W45 Annie Bogdovitz	16:35
M40 Ronald Rick	11:36
David Isaac	12:29
Short Hurdles	
W30 Kisha Rawlinson	16.78
M40 Dexter McCloud	14.48
M50 Anthony Searles	16.92

1	Long Hurdles	
1	M35 Chris Sarsony	79.51
ı	M40 Dexter McCloud	65.62
1	M65 Don Beck	62.27
	High Jump	
١	M45 Thurman Whitted	5-6.5
	Jim Russ	5-0
1	Glenn Reid	4-8
ı	M50 Bob Rockwell	4-11
ı	Johnnie Dye	4-8
	M55 Terry Martin	4-8
ı	M60 Mike Valle	4-0
	M65 Bill Gramley	4-0
	M70 Glenn Yoder	4-4
1	Pole Vault	
1	M45 Brian Magerkurth	11-8
1	Tim Rhyne	10-8
1	M50 Johnnie Dye	11-3
	Long Jump	
ı	W40 Darnella James	12-11
ı	M30 Leon Bullard	17-9
ı	M45 Jim Russ	17-11
Į	Glenn Reid	14-10

8	M50 Bob Rockwell	14-11.5
0	M55 Greg Marshall	14-5.5
	Terry Martin	14-2.5
19	M70 Glenn Yoder	10-9.5
0	Triple Jump	100.0
0	W30 Kisha Rawlinsn	29-6
7	M50 Bob Rockwell	34-2
2	AND DESCRIPTION OF THE PARTY OF	23-6
4	M70 Glenn Yoder	23.0
4	Shot Put	047
9	W40 Darnella James	24-7
	W45 Linda Williams	22-5
	M35 Derrick Johnson	39-9
	M45 Bryan Stewart	39-7
	Jim Russ	35-8
	M55 Terry Martin	28-7
	M60 Thomas Steed	43-7
	Mike Valle	39-1
	David Wheeler	30-6
	M65 Gerald Vaughn	43-4
	Bill Gramley	32-7
	M70 Larry Horrine	38-6
	Discus	
	W45 Linda Williams	67-3
	M30 Arvind Bhat	103-4
	M35 Davis Speaks	103-5
	Derrick Johnson	103-0
	M45 Jim Russ	111-9
	Bryan Stewart	111-5
	Geoff Emerson	102-6
	M55 Terry Martin	78-2
	M60 Mike Valle	141-7
	Thomas Steed	129-6
	David Wheeler	104-4
	M65 Bill Gramley	124-5
	Russell Vanput	118-8
	M70 Larry Horine	113-3
	Ed Secaur	76-9
	Javelin Mac Davis Casala	400 4
	M35 Davis Speaks	123-4
	M45 Jim Russ	141-8
	Bryan Stewart	124-2
	M50 Ray Mushinski	162-3
	M55 Terry Martin	103-1
	M60 James Turner	92-6
	M70 Larry Horine	110-5
	3000m Racewalk	
	W70 Anne Yudell	25:32
	M45 Tony Hackney	17:25
	M65 Bill Gramley	20:56
-		
	MIDAMED	

25:32 17:25 20:56 MID-AMERICA

USATF Minnesota Indoor

24.17	Championships, U. o	
24.17 25.30	Minneapolis; Marc	ch 12
26.96	60m	Section Section
30.47 31.90	M45 Reginald Gunter Kerry Baubie Rodney Wilson M50 Greg Schwab	7.79
31.05	Kerry Baubie	7.91
01.00	Rodney Wilson	8.30
66.34	M50 Greg Schwab	7.69
58.16		
58.83	M55 Paul Montgomery	8.29
51.63	Gene Iwen M55 Paul Montgomery Russ Anternonen M60 Lowell Thompson George LaBelle M65 Jerry Anderson	9.02
51.87	M60 Lowell Thompson	8.88
57.32 55.93	George LaBelle	9.45
56.95	M65 Jerry Anderson	9.84
60.52	Jim Peterson Jim Nelson M70 Walter Ostrom	10.62
57.90	Jim Nelson	10.88
57.90 60.47		
62.22	M80 Ralph Maxwell	11.07
74.44	M80 Ralph Maxwell W40 J Jackson-Matthews	8.42
74.48	200m	0.12
2:00 45	M45 Kerry Baubie	26.71
2:20.45	M50 Greg Schwab	25:02
2:38.38	Gene Iwen	29:28
2:14.63	M55 Russ Anternonen	31:02
2:15.58	M60 Lowel Thompson	30:12
2:46.20	W40 J Jackson-Matthews	30.12
3:13.47	400m	30.40
	M50 Greg Schwab	56:46
4:57.60	M50 Greg Schwab Michael Moser	1:12:52
5:39.55	800m	1.12.52
16:35	MAN Patrick Fastman	2:16.80
11:36	M40 Patrick Eastman M50 Michael Bjornberg Shawn Regan M55 Pat O'Regan	2:19.81
12:29	Shawn Regan	2:24.72
	MSS Pat O'Pegan	2:55.04
16.78	M55 Pat O'Regan M60 Art Maillet	3:00:00
14.48	Mile	3.00.00
16.92	MAO Com Monos	E-07 76
	M45 Paul Brown M50 Michael Bjornberg Carter Holmes Ed Lauer	A:57.10
79.51	M45 Paul Blown	5:03.06
65.62	Codes Holmas	5.03.00
62.27	Ed Lauer	6:00.23
5-6.5	W50 Ann Haugejorde	6:04.27
5-0		
4-8	W35 Julie Fiepke	11:55 26
4-11	5000m	11.55.20
4-8	MAO Robod Cozzola	17:12:04
4-8	M40 Robert Gazzola M45 Bobby Paxton Bill Magdalene	16:22:24
4-0	M45 Bobby Paxton	16:49.17
4-0		
4-4	M65 Thom Weddle W40 Kelly Keller W45 Sarah Barker	18:01 41
11-8	W40 Kelly Keller	17:41 23
10-8	W45 Sarah Barker	20:16:40
11-3	Short Hurdles	20.10.40
	M40 Mark Twedt M50 Gene Iwen Michael Moser	0.04
12-11.5	M50 Coop I wedt	9.81
17-9	Mish sel Men	10.62
17-11	Michael Moser	16.44
14-10	M60 George LaBelle	11.67

	sters News	
	High Jump	THE
	M40 Mark Twedt	1.62
	M45 Kevin McLaughlin	1.47
	M50 Valery Snezhko	1.62
	Gene Iwen	1.37
	M55 Russ Anternonen	1.11
	M60 George LaBell	1.16
ı	M65 Jim Peterson	1.16
ı	M80 Ralph Maxwell	1.11
ı	Pole Vault	
	M45 Jim Wolter	3.50
	Long Jump	
ı	M40 Brett Ailts	4.82
	M45 Kerry Baubie	5.56
ı	M50 Gene Iwen	4.47
	M55 Russ Anternonen	3.54
1	M60 Lowell Thompson	3.68
١	George LaBelle	3.50
	M65 Jim Peterson	3.19
ı	W40 J Jackson-Matthews	4.16
١	Triple Jump	
ı	M60 George LaBelle	7.15
ı	M65 Jim Peterson	7.07
١	Shot Put	
ı	M50 Michael Moser	9.30
ı	M60 George LaBelle	10.35
ı	M65 Jim Peterson	10.24
I	Jerry Anderson	9.30
ı	M70 Buzz Luse	8.74
ı	W40 Debra Cage	10.13
١	3000m RW	
ı	M60 David Heitke	20:12.17

USATF Iowa Indoor Champ-ionships, Ames; March 14 60m M30 Nate Sickerson M40 John Briggs Jeffery Stone Jeff Alamo M45 Mike Ford Wayne Shafer

60m		
M30	Nate Sickerson	7.11
M40	John Briggs	7.90
	Jeffery Stone	7.99
	Jeff Alamo	8.09
M45	Mike Ford	7.83
1450	Wayne Shafer	8.11
M50 M55	Michael Moser Tom Basset	9.71 7.88
	Les Lane	8.38
	Mike Murphy	9.30
	Mel Larsen	9.04
	Kay Glynn	9.01
	Mary Madsen	9.55
200n		
	Nate Sickerson	23.32
M40		26.55
	Jeff Alamo	27.11 28.22
M45	Jeffery Stone Wayne Shafer	26.03
M50		33.09
M55	Tom Basset	26.48
INIOO	Mike Kitchell	28.78
M75	Mel Larson	31.39
W30		28.89
	Kay Glynn	30.90
	Mary Madsen	32.97
400n		
M35	David Nash	50.77
	John Briggs	1:04.21
M45	Wayne Shafer	58.75
	Michael Moser	1:16.34
M60		1:08.93
800n	David Nash	4.55.50
M35	Marek Wensel	1:55.53
MAGO	Mike Bender	2:31.01
	Alvin Ravenscroft	3:15.22
	Christine Price	2:34.46
1600		2.01.10
M30	Luke Spencer	5:01.35
M40	Wayne McClintock	5:06.44
	Mary Madsen	6:52.48
3000		
	Luke Spencer	9:55.89
	Christine Price t Hurdles	11:31.95
	Gene Iwen	0.02
IVIOU	Michael Moser	9.93
	Les Lane	11.57
	George LaBelle	11.23
	Mel Larsen	10.26
	Mary Madsen Jump	12.12
		1.30
	Luke Spencer Douglas Heeren	1.45
	Gene Iwen	1.40
14130	Michael Moser	1.25
M60	Les Lane	1.35
	George LaGelle	1.15
W30	Kay Glynn	1.24
	Jump	
	Luke Spencer	4.69
M40		4.71
	Douglas Heeren	4.07
M50	Gene Iwen	4.70
	Michael Moser	3.29

W60 Les Lane	3.3
M65 George LaBelle	3.0
W30 Kelli Wensel	4.5
W50 Kay Glynn	4.3
Shot Put	
M30 Luke Spencer	9.1
M35 Marek Wensel	11.3
M40 Douglas Heeren	8.9
John Briggs	8.4
M50 Michael Moser	8.2
M60 Les Lane	10.6
M65 Bob Warren	8.8
M75 Mel Larsen	9.2
W50 Kay Glynn	8.7
Martha Green	8.4
Weight Throw	
M65 Bob Warren	10.8
George LaBelle	10.
W50 Martha Green	6.8

3.50	George LaBelle	10.17
3.19	W50 Martha Green	6.82
4.16		
7.15	SOUTHWE	ST
7.07	Greater New Orleans	
	Olympics, New Orle	ane I A
9.30	March 14	alis, LA
10.35	60m	
10.24	M50 Earl Walker	7.79
9.30	M55 Saul Jones	7.00
8.74	M60 Jack Dunn M65 Frank Fouchi	7.46 7.50
10.13	W65 Doris Polak M70 Frank Newman	9.03
12.17		
	M80 Frank Knaus	8.56 10.84
2000	W80 Lorraine McCaslin	14.03
amp-	M50 Walden Curry	
	Lance Madison	1281
7.11	M55 Saul Jones M60 Jack Dunn M65 Michael Boudreaux	13.47
7.90	M65 Michael Boudreaux	13.87
7.99	IM/O Frank Nawman	1/08
8.09	M75 Louis Riecke M80 Frank Knaus	16.50
7.83	W65 Doris Polak	21.65 17.85
8.11	W80 Lorraine McCaslin	
9.71	200m M50 Walden Curry	26.06
7.88	M50 Walden Curry M55 Ronald Bruner M60 Jack Dunn	29.56
8.38 9.30	M60 Jack Dunn M65 Michael Boudreaux	32.09
9.04	M70 Frank Newman	34.72
9.01	M75 Louis Rieck	36.82
9.55	M80 Frank Knaus W65 Bernice Bordelon	43.31
-	400m	THE PAR
23.32	M50 Walden Curry	57.09
26.55 27.11	M50 Walden Curry M55 Ronald Bruner M60 Alcide Lavigne M65 Frank Fouchi M70 Sid Montecino	91.8
28.22	M65 Frank Fouchi	2:05.0
26.03	M70 Sid Montecino 800m	1:40.0
33.09	M55 Tom O'Connor	2:51.1
26.48	1500m	
28.78	M55 Milton Steen	6:20.0
31.39	High Jump M50 Earl Walker	4-8
28.89	M50 Earl Walker M55 Paul Bowman M60 Glenn Harris	3-10
30.90	Anthony Stuprich	3-10
32.97	M65 Frank Fouchi	4-3
50.77	Lothar Kuhn M70 Glenn Bremenkamp	4-3
50.77	M80 Frank Knaus	3-5
58.75	W65 Bernice Bordelon	3-2
:16.34	W70 Mary Schweinfurth Long Jump	
:08.93	Long Jump M50 Earl Walker	13-11.5
	M55 Paul Bowman M60 Glenn Harris	12-1 12-8
:55.53	M65 Charlie Richard	14-1
:59.99 :31.01	M70 Roland Forman	8-6
15.22	W65 Bernice Bordelon W70 Mary Schweinfurth	8-3.5 7-1
34.46	W80 Lorraine McCaslin	5-2.5
	Shot Put M50 Jack Bonin	26-0.5
:01.35	M55 Vincent Breaux	35-5.5
:06.44	M60 Harold Landry	35-5
52.48	M65 Don North M70 Frank Bonneville	33-7 .75 37-10.5
55.89	GlennBremenkamp	33-11.75
:31.95	M75 Richard Preis Murray Sollender	28-10.25 28-1.5
	M80 George Taix	21-2.25
9.93	W50 B Sue Cornwell	22-0.25
14.84	W60 Marilyn Duvall W65 Doris Polak	21-4.5 25-0.5
11.57	W70 Mary Schweinfurth	19-0
11.23	W75 Thais Lacrouts	15-3
10.26	W80 Lorraine McCaslin	11-11.75
12.12	M50 Jack Bonin	71-75
1 20		119-5
1.30		100-9 111-5
1.40	M70 Frank Bonneville	120-8
1.25	M75 Richard Preis M80 George Taix	89-3 48-7
1.35	W50 B Sue DCornwell	56-6
1.15	W60 Marilyn Duvall	61-0
1.24	W65 Doris Polak W70 Mary Scheinfurth	67-7 37-0
100	W75 Thais Lacrouts	37-9
4.69	W80 Lorraine McCastin	25-4
4.71	M50 Jack Bonin	99-10
4.70	M55 Vincent Breaux	133-5
3.29		124-6 113-7

3.39	M65 Charles Cannon	133-6
-	1170 1 1	125-2
1.05	M75 Murray Sollender	78-1
.55	M80 George Taix	39-0
.33	W50 B Sue Cornwell	59-1
	W60 Marilyn Duvall	71-5
.10	W70 Mary Schweinfurt	h 35-10
	W80 Lorraine McCaslin	23-4
1.32	1500m Racewalk	
3.90	M50 Carl Perkins	10:00.0
1.46	M55 Oliver Dailey	11:27.07
.22	M60 Doug Pool	10:10.0
	M65 Bill Elrod	9:42.07
0.67	W55 Rosay Crain	13:17.0
8.82	W70 Martha Tolbird	14:16.0
26	W/O Mada a Tolema	
3.76	The second second	
.40	Mardi Gras Wei	aht
.40	Pentathlon, St. Am	
		ant, LA
0.84	March 20	

4	Pen	March 20	nt, LA
7			
2	Shot		12.02
1		Dave Rothenbury	12.03
ı	M45	Jeff Baty Arny Ferrando	9.83
	M60	Julius Cassels	11.75
	M65		10.87
		Frank Bonneville	11.61
1		Pay Carstensen	10.35
		Milton Brady	9.55
1	M80		6.21
		Robert Dew	5.96
	M90	Trent Lane	6.37
	W75	Mary Norckauer	5.09
	Disc		
		Dave Rothenbury	41.8
	M45	Jeff Baty	35.46
		Arny Ferrando	29.68
	M60		34.44
d	M65		33.88
	M/U	Frank Bonneville	38.38
		Reed Quinn	27.93
	MBU	Milton Brady Don Dreyer	27.4 17.26
	MOU	Robert Dew	10.84
	Man	Trent Lane	15.02
	W75		13.02
	Ham	The state of the s	
	M30	Kevin Harrison	53.87
1	M35	Dave Rothenbury	41.28
	M45	Jeff Baty	37.22
-		Arny Ferrando	28.68
١	M60	Julius Cassels	26.54
١	M65		28.76
1	M70		37.85
١		Frank Bonneville Reed Quinn	30.84
١	M80	DOMESTIC TOTAL	29.73 14.99
١	MOO	Robert Dew	13.15
١	M90		17.54
١		Trent Lane 16lb.	8.75
1	W75	Mary Norckauer	16.4
1	Jave		
1		Dave Rothenbury	36.78
١	M45		40.06
1		Arny Ferrando	38.27
1	M65	Julius Cassels	29.82 29.99
ı	M70	Jack Kuhns Frank Bonneville	33.51
ı	MITO	Reed Quinn	25.46
1		Pay Carstensen	25.2
١	M80	Don Dreyer	15.72
1		Robert Dew	9.63
1	M90	Trent Lane	16.81
	W75	Mary Norckauer	13.78
	Weig		
	M30	Kevin Harrison	14.86
1	M35		13.89
	M45	Jeff Baty	12.17
5	M60	Arny Ferrando Julius Cassels	9.65
5	M65		12.18
1	M70	The state of the s	15.7
1	MITO	Frank Bonneville	14.18
ı		Millon Brady	13.08
1	M80	The state of the s	7.7
ı		Robert Dew	7.55
5	M90	Trent Lane	7.26
١		Mary Norckauer	6.13
1	Weig	ht 16#	
1		Don Dreyer	6.31
1		Robert Dew	6.18
1	M90	Trent Lane	6.97
	The second second	ht 20#	
1	M80	Don Dreyer	5.70
1	1100	Robert Dew	5.47
1	M90	The state of the s	5.69
1	-	ht 25#	
1	M80	Don Dreyer	4.64
1	M90	Robert Dew Trent Lane	4.68
1	W75	Mary Norckauer	4.93 3.32
1		HOICKOUCI	3.32

1111y 2004	1		National M	asters News			pa	ge 35
Weight 35# M55 Allen Ray	11.26	Shot Put M50 Pius Lynch 43-10.5	Errey Brian 26.45	M55 Pickard, John 10:56.94	M65 Tony Bowman	8.68	W35 Geraldine Finegan	9.60
M60 Julius Cassels	7.12	Eddle Damron 33.11	Mile Williamson, Steve 25.10	Cassel, Gary 11:33.70 Breton, Gaetan 12:32.11	M70 Alan Mellett	9.01	W40 Manndy Laing	9.29
M70 Pay Carstensen	8.37	M55 Jim McEvoy 32-6.75	Lozano Kevin 26 44	M60 Sheridan, David 11.02.66	M75 Stanley Brooks	9.55	W45 Jocelyn Harwood	9.62
M80 Don Dreyer	3.69	M60 Kenneth Baker 30-4.5	Malpus Rob 28.46	Moore, Robert 11:12.69	M80 Sylvester Stein	10.66	W50 Grete Howarth	14.15
M90 Trent Lane	4.09	Michael Jacobs 21-3.75	M50 Smith, Kerry 24.33 Hudson, HoraceUS 26.74	Mackie, Chris 11:20.81 Prince, Jim 11:57.43	W35 Julie Money W40 Angela Farley	8.09 8.35	W60 Jackie Charles High Jump	12.20
W75 Mary Norckauer	2.27	M65 Paul Lissy 37-1 Jerald Landwehr 25-2.5	Spitz, Wayne US 28.16	Wilson, Hugh 12:53:24	W45 Anne Goad	8.69	M35 Simon Eastwood	1.55
Weight 56#	0.47	M70 Jack Janne 30-3	Cirocki, Henry 28.35	M70 Whitlock, Ed 11:08.78	W50 Helen Godsell	8.36	M40 Greg Dunson	1.85
M35 Dave Rothenbury M45 Jeff Baty	8.17 7.9	Howard Waite 28-3.5	M55 Bradley, David 32.84	Wilson, Dave 14:31.70	W55 Maureen Lewington	9.05	M45 Chris Hesketh	1.78
M55 Allen Ray	6.36	M80 Roger Hall 20-5 W50 Bonnie Muscato 22-6.25	M60 Powell, Tony 26.60	M40 Chipkar, Glenn 9.42	W60 Esther Linaker	9.23	M50 Duncan Talbot M60 James Sloan	1.60
M60 Julius Cassels	4.56	W65 DeeAnn Janne 22-8	20.09	M50 Cilevitz, Ralph 11.04	W65 Mary Webb W70 Betty Steedman	10.82	M65 Tony Crocker	1.22
M65 Jack Kuhns	4.49	Discus	McGruder, Mal US 31.20	Chubb, Roy 11.66 Swanekamp,C US 11.96	W80 Mary Wixey	13.60	M70 Jim Day	1.22
M80 Don Dreyer	2.32	M50 Pius Lynch 109-2 Eddie Damron 88-0	Singh Bachan 33.36	M60 Slater, Alan 11.06	200m		M75 Alfred Woods	1.12
M90 Trent Lane	2.61	M55 Jim McEvoy 103-6	M65 Sharma, Dev 31.41	McGruder, Mal US 12.17	M35 Eli Barnett	25.95	W35 Teraldine Finegan	1.45
Weight 98#		James Schroeder 95-3	M70 Fee, Earl 31.48 Thompson, Bill E. 38.37	M70 Poonia, KesarSingh 13.43 M75 Sochor, Chuck US 12.90	M40 Ricky Huskisson M45 Eric Smart	23.91	W40 Manndy Laing W45 Carole Filer	1.65
M35 Dave Rothenbury	4.45	M60 Kenneth Baker 95-3 Jerry Hix 85-1	M75 Greenwald, JackUS 32.51	High Jump	M50 Steve Peters	24.36	W50 Pam Garvey	1.30
M45 Jeff Baty M55 Allen Ray	4.18	M65 Paul Lissy 102-11	Sochor, ChuckUS 37.36	W80 Pedal, Helgi WR0.96m (0.93/SvenssonSWE/2000)	M55 Glyn Sutton	25.88	W60 Jackie Charles	1.10
M60 Julius Casels	1.88	Robert Ferrier 89-9	W35 Rodrigue, Maureen 62.67	M35 Biglow, Ted 1.60m	M60 Terry Bissett	26.48	Pole Vault	
M65 Jack Kuhns	2.32	M70 Howard Waite 76-4 Donald Vann 76-3	W40 Barrett, Lyn 73.23	M40 Olivierre, John 1.41m	M65 John Ross	28.39	M35 Simon Eastwood	3.60
M70 Pay Carstensen	2.92	M80 Robert Hall 50-11	W45 Willis, Katherine 74.25 W70 Horne, Jean WR1:22.12	M45 Robbins, Fred 1.21m M50 Cilevitz, Ralph 1.44m	M70 Alan Mellett M75 Stanley Brooks	31.53	M40 Paul Hoad	4.25
Reed Quinn	2.35	W65 DeeAnne Janne 56-6	(82.79/PetersonUSA/1998)	Chubb, Roy 1.31m	W35 Julie Money	32.55 27.25	M45 John Talor	3.30
M80 Don Dreyer	1.44	Javelin MEO Eddio Domron 112.9	M30 Palomino II, Neal 55.69	M65 Boles, Harvey 1.06m	W40 Angela Farley	27.40	M50 Allan Williams	4.01
M90 Trent Lane	1.09	M50 Eddie Damron 113-8 M55 Jim McEvoy 134-9	Atkinson, Tyler 64.92	Pole Vault M35 Lacy, Wayne 3.75m	W45 Anne Goad	30.07	M55 Alyn Sutton M60 John Bradley	3.00 2.90
Weight 200#	THE STATE OF	M60 Kenneth Baker 99-9	M35 Scott, Aston 54.85 Van Nest, Matthew 55.17	M45 Schaber, Mark 3.90m	W50 Helen Godsell	28.28	M70 Jim Day	2.50
M45 Jeff Baty	1.65	M70 Jack Janne 76-2	M40 Williamson, Steve 57.50	M55 Kilpelainen, Matti 3.90m	W55 Maureen Lewington	30.51	M75 Alfred Woods	2.20
M55 Allen Ray	1.74	Donald Vann 94-3 W50 Bonnie Muscato 30-4	M45 Lozano, Kevin 60.32	Miller, Hugh 2.90m Long Jump	W60 Esther Linaker	31.38	W45 Christine James	2.30
M60 Julius Cassels M70 Pay Carstensen	0.66	W65 DeeAnn Janne 60-8	M50 Hudson, Horace US 62.12 M55 Faulkner, John 66.68	W35 Carty, Linda 5.20m	W65 Jean Hulls W70 Betty Steedman	34.61	W50 Sue Yeomans	2.80
Weight 300#	1.43	1500m Racewalk	Bradley, David 73.31	W40Thornton, MonicUS 2.71m	400m	33.03	W55 Margaret Coombe	1.80
M45 Jeff Baty	1.06	M65 Jerald Landwehr 10:55 M70 Leon Schelbert 11:29	M60 Wilson, Hugh 77.73	W45 Mallia, Maria 4.25m M35 Biglow, Ted 5.07m	M40 Neal Tunstall	53.97	W65 Dorothy McLennan Long Jump	1.80
M55 Allen Ray	1.06	W70 Louise Martin 13:39	M65 McIlwaine, Bill 65.43 van der Wal, Hylke 66.70	M40 Jackman, Kenny 5.04m	M45 Barry Morris	54.59	M40 Trevor Sinclair	6.02
M70 Pay Carstensen	0.83	W75 Grace Gammel 13:29	Pascoe, James 72.86	Sanjari, Kevin 5.04m	M50 Steve Peters	54.09	M45 Trevor Wade	6.13
Weight Pentathlon		M50 Thomas Quane 21:37	M70 Wilson, Dave 1:26.60	M45 Campbell, Bruce 3.65m M50 Cilevitz, Ralph 4.98m	M55 Paul Anthony	57.96	M50 Paul Pinnington	5.53
M30 Kevin Harrison	1468	M70 David Bernal 24:00	Thompson, Bill E.1:33.44 M75 Greenwald, Jack US1:33.42	Cirocki, Henry 4.78m		1:03.58	M55 John Charlton	5.78
M35 Dave Rothenbury	2953	John Radocha 30:37	800m	M60 Slater, Alan 5.10m		1:04.18	M60 Peter Duckers	4.83
M45 Jeff Baty	3135	M75 Jim Hinton 30:50 W50 Cynthia Scursso 28:01	W40 Nesdoly, Faith 2:28.08	M65 van der Wal, Hylke 3 83m		1:10.14	M65 Colin Field M70 Geoffrey Feast	4.03
Arny Ferrando	2513	W50 Cynthia Scursso 28:01	W45 Lavellee, Christine 2:31.81	M70 Poonia, KesarSingh3.78m	W35 Geraldine Finegan		W35 Catherine Goddard	5.04
M60 Julius Cassels	3012	CANADA	W70 Horne, Jean WR3:14.45	M75 Sochor, Chuck US 3.95m		1:02.94	W40 Charmaine Johnson	5.07
M65 Jack Kuhns M70 Frank Bonneville	3505 4068	Carvana	(3:28.1/d'EliaUSA/2001) M30 Menzies, Patrick 2:07.12	Triple Jump		1:04.22	W45 Anne Goad	4.33
Pay Carstensen	3702	Ontario Masters Indoor	Palomino II. Neal 2:17 13	M35 Russo, Phil 7.68m		1:09.43	W50 Janet Lawson	4.25
Reed Quinn	3209	Championships, York U.	M35 Van Nest, Trevor 2:09.74	M40 Jackman, Kenny 10.85m M50 Cilevitz, Ralph 9.24m		1:21.01	W55 Rosemary Champion	
M80 Don Dreyer	2382	March 6	Zero, Nick 2:11.72 Lapham, Dale 2:19.92	M60 Slater, Alan 9.97m	800m	1:21.83	W60 Dorothy Morgan	3.44
Robert Dew	1864	60m	D'Souza, Godfrey 2:28.01	M65 Boles, Harvey 6.50m		2:01.56	W80 Mary Wixey Triple Jump	1.88
M90 Trent Lane	4207	W30 Rodrigue, Maureen 8.39 W40 McCoy, BelindaUS 9.20	M40 Friel, Vince 2:05.17	M70Poonia, Kesar Singh 7.70m Shot Put	M45 Peter Ivens	2:06.15	M40 Akin Oyediran	13.73
W75 Mary Norckauer	3026	Barrett, Lyn 9.38	Cunliffe, Bill 2:10.73 M45 Hutchinson, Brent 2:17.65	W40 Thornton, MonicUS 6.59m	M50 David Wilcock	2:03.06	M45 Trevor Wade	12.3
WEST		W45 Jolicoeur, Denise 10.02	Hobbins, Fred 2:23.01	W50 Wetenhall, KathyUS 8.46m W75 Tomsons, Velta 6.61m	M55 Mike Erith M60 Harvey Gott	2:11.12 2:31.18	M50 William Beattie M60 Sean Power	11.5
10	42.0	W50 Del Grande, Karla 8.65 W55 Trott, Rhona 9.44	Grudzinski, Piotr 2:29.74	M35 Parkinson, Richard 11.00m	M65 Arthur Kimber	2:35.26	M75 Norman Carter	11.91
Nevada Senior Ga	ames	W60 Rowswell, Adri 10.53	Beck, Robert 2:34.09 Lozano, Kevin US 2:49.71	M40 Olivierre, John 9.04m		2:39.50	W35 Joan Chalmers	9.34
Henderson; Marc		M30 Allen, Desmond 7.20	M55 Krueger, Don 2:37.38	Jackman, Kenny 6.94m M45 Wetenhall, Jim US 12.21m		3:29.40	W40 Janice Pryce	10.76
50m		Weniger, Mike 7.39 Atkinson, Tyler 8.59	Faulkner, John 2:44.35	Bzibziak, Ray US 9.69m		2:23.32	W50 Grete Howarth	6.21
M50 Eddie Damron M55 James Schroeder	8.5	Atkinson, Tyler 8.59 M35 Scott, Aston US 7.54	Bradley, David 3:01.87 M60 Wilson, Hugh 3:05.04	M50 Pearson, Bill 12.07m	W40 Sarah Heath W45 Barbara Lock	2:16.93 2:28.10	W55 Rosemary champion	7.46
M60 Steve Bowles	8.89 6.8	Robinson, Paul 7.60	M65 van der Wal, Hylke 2:47.40	Boghina, Rudy 11.77m Chubb, Roy 9.01m		2:37.57	W60 Jackie Charles W80 Mary Wixey	7.78 3.68
M65 Kenneth Dennis	6.7	Van Nest, Matthew 7.91	Pascoe, James 3:07.74	M60 Kasperski, John 12.87m	W55 Pat Gallacher	2:37.87	Shot Put	3.00
M70 Art Andrian M75 Huel Washington	8.96	Errey, Brian 7.92 M40 Williamson, Steve 7.68	1500m W40 O'Neill, Cecilia 4:55.58	McGruder, Mal US 10.40m	W60 Iris Hornsey	3:05.96	M35 David Burrell	11.14
W50 Bonnie Muscato	8.94 9.86	Timothy, Nicholas 7.73	Nesdoly, Faith 5.05.40	M65 Boles, Harvey 8.50m	1500m		M40 Andrew Turner	14.46
W70 Pat Ganrud	12.88	Leckie, Scott 7.86	W45 Lavellee, Christine 5:10.05	M70 Poonia, KesarSingh 10.74m Malmstrom, Eric 8.48m	M35 Bob Finch	3:58.62	M45 Michael Small	13.83
W75 Grace Gammel	15.50	M45 Varone, John 7.98 Roblin, Blair 8.18	M30 Byrne, Louis 4:46.60 Radcliffe, Mike 5:44.75	M75 Viskers, Evalds 8.77m	M40 Wayne Speake M45 Paul Davoile	4:14.85	M50 Bruce Holden M55 Neil Griffin	13.45 14.19
M50 Brent Moorhead	12.89	Wilson, Rodney 8.29	M35 Van Nest, Trevor 4:34.09	M80 Bachman, Garry 10.08m	M50 David Wilcock	4:12.67	M60 Eric Barker	12.86
Eddie Damron	15.17	Irvine, Greg 8.31	D'Souza, Godfrey 4:55.26	Weight Throw	M55 Mike Erith	4:40.7h	M65 Ian Miller	10.39
M55 John Taylor	17.44	Malpus, Rob 8.67 M50 Smith, Kerry 7.54	M40 Friel, Vince 4:22.81 Whitlock, Neil 4:44.04	W50 Wetenhall, Kath US 11.16m M35 Parkinson, Richard 13.34m	M60 Harvey Gott	5:09.08	M70 Gordon Hi key	11.93
M60 Steve Bowles James Hunyaday	12.27	Chubb, Roy 8.28	Whitlock, Neil 4:44.04 Dawney, Brian 5:08.97	M40 Olivierre, John 9.23m	M65 Arthur Kimber	5:26.48	M75 William Kingsbury	6.96
M65 Kenneth Dennis	12.69	Hudson, Horace 8.34	Ferrone, Pio 5:17.94	M45 Wetenhall, Jim US 16.36m M50 Pearson, Bill 12.40m	M70 Derek Howarth	5:50.07	W35 Catherine Goddard	10.16
M70 Jack Janne	15.55	Cilevitz, Ralph 8.37 Spitz, Wayne 8.48	Air, Donald 5:18.12	Boghina, Rudy 12.40m	M75 James Caddy W35 Deborah Doherty	7:23.46 5:08.69	W40 Charmaine Johnson	12.30
M75 Rodney Brown	17.70 15.11	M50 Smith, Kerry 7.63	M45 Robbins, Fred 4:44.15 Pacque, Raymond4:46.97	M60 Kasperski, John 1 18m		4:42.84	W45 Claire Cameron	10.61
Huel Washington	18.06	Hudson, Horace 8.28	Marshall, Tom 5:02.53	M65 Muller, Emil : 69m	W45 Denise Farnham	5:05.24	W55 Elizabeth Sissons W60 Dorothy Morgan	9.05 7.39
W50 Cynthia Scurrso	17.40	Chubb, Roy 8.32 Cilevitz, Ralph 8.40	Beck, Robert 5:09.92	Sochor, Chuck 81	-W50 Nancy Hitchmough	5:15.79	W80 Mary Wixey	3.82
W65 DeeAnn Janne	17.71	Cilevitz, Ralph 8.40 Spitz, Wayne US 8.54	Keeting, Alex 5:19.58 M55 Hastings, Gary 5:04.19	Buhlman, James 65	W55 Pat Gallagher	5:36.27	3000m RW	0.02
W70 Pat Ganrud	19.67	M55 Bradley, David 9.93	Cassel, Gary 5:19.16	Kupczyk, Henryk	W60 Betty Stracey	7:00.21		16:39.06
Louise Martin	26.93	Sholtes, Joe 11.23	Krueger, Don 5:32.60	W35 Pimentel-Knott, L 9.77	W65 Pamela Jones	6:32.52		17:32.85
200m	00.40	M60 Powell, Tony 8.22 Butts, Tim US 8.39	M60 Prince, Jim 5:31.22 Christensen, Vern 5:45.92	W40 Cashman, Kitty 15.37	3000m	10-19-91		14:53.71
	26.48 47.35	Slater, Alan 8.53	Wilson, Hugh 5:57.29	Archibald, Sandy 023.91	M35 Jeremy Mower M40 Nick Overton	9:07.91		17:43.57 14:16.51
M60 Steve Bowles M70 John Radocha	47.59	McGruder, Malachi 8.97	M70 Whitlock, Ed 5:18.39	W50 Whalen, Lily 1 .26.60 Leo, Nancy 10 22.22	M45 Bill Foster	8:59.02		17:00.07
M70 John Radocha M75 Jim Hinton		Stern, David 9.39	Fee, Earl 5:23:22	Wright, Sharon 19:26.90	M50 Nigel Gates	8:59.00		16:52.65
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato	39.64	M65 Horton, George 8.72	Wilson Dave 651 Ru	TIMES historia Joanna 20:10:29		10:24.00	M70 Paul Ray	20:02.66
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso	39.64 41.75	M65 Horton, George 8.72 Agnoo, Charles 8.93	Wilson, Dave 6:51.89 3000m	W55 Jurecka, Joanne 20:10:28				20:27.49
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m	39.64 41.75 39.16	Agnoo, Charles 8.93 Sharma, Dev 9.42	3000m W40 O'Neill, Cecilia 10:42.32	W60 Christensen, Joan 18:51.03	M60 Fred Gibbs	10:39.65		
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles	39.64 41.75 39.16 64.4	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72	3000m W40 O'Neill, Cecilia 10:42.32 Dumais, Jocelyne 13:39.01	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00	M60 Fred Gibbs M70 Derek Howarth	12:49.92	W40 Fiona Bishop	18:08.08
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal	39.64 41.75 39.16 64.4 74.95	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17	3000m W40 O'Neill, Cecilia 10:42.32	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy	12:49.92 15:30.74	W40 Fiona Bishop W45 Cath Duhig	18:08.08 16:57.26
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso	39.64 41.75 39.16 64.4	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39	3000m W40 O'Neill, Cecilia 10:42:32 Dumais, Jocelyne 13:39:01 W45Marino, Chris 12:47:62 Willis, Katherine 13:52:62 M30 Mitchell, Rob 9:40:28	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon	12:49.92	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso 1500m	39 64 41 75 39 16 64 4 74 95 75 83 1 53 55	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83	3000m W40 O'Neill, Cecilia 10:42:32 Dumais, Jocelyne 13:39:01 W45Marino, Chris 12:47:62 Willis, Katherine 13:52:62 M30 Mitchell, Rob 9:40:28 Van Andel, Rene 9:56:76	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Atkinson W45 Denise Farnham	12:49.92 15:30.74 10:08.35 10:34.80 10:37.55	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso	39.64 41.75 39.16 64.4 74.95 75.83	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83	3000m W40 O'Neill, Cecilia Dumais, Jocelyne 13:39:01 W45Marino, Chris 12:47:62 Willis, Katherine 13:52:62 M30 Mitchell, Rob Van Andel, Rene MacDonell, Pat M35 D'Souza, Godfrey 10:19:06	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99 M55 King, Patrick 18:13.98 M65 Summerhayes, Stu 18:26.30	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Atkinson W45 Denise Farnham W50 Ann James	12:49.92 15:30.74 10:08.35 10:34.80 10:37.55 12:32.52	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso 1500m M50 Thomas Quade M70 David Bernal M75 Jim Hinton	39.64 41.75 39.16 64.4 74.95 75.83 1.53.55 5:59	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83 200m W35 Rodrigue, Maureen 27.58 Carty, Linda US 29.66	3000m W40 O'Neill, Cecilia Dumais, Jocelyne 13.39 01 W45Marino, Chris Willis, Katherine M30 Mitchell, Rob Van Andel, Rene MacDonell, Pat M35 D'Souza, Godfrey Krasny, Henry 10.42 32 13.39 01 13.52 62 9.58 95 9.58 95 10.19 06 10.22 23	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99 M55 King, Patrick 18:13.98	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Akkinson W45 Denise Farnham W50 Ann James W55 Pat Gallagher	12:49.92 15:30.74 10:08.35 10:34.80 10:37.55 12:32.52 12:00.40	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso 1500m M50 Thomas Quade M70 David Bernal M75 Jim Hinton High Jump	39.64 41.75 39.16 64.4 74.95 75.83 1.53.55 5.59 6.31 8.52	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83 200m W35 Rodrigue, Maureen 27.58 Carty, Linda US 29.66 W40 McCoy, BelindaUS 31.22	3000m W40 O'Neill, Cecilia Dumais, Jocelyne 13.39 01 W45Marino, Chris Willis, Katherine M30 Mitchell, Rob Van Andel, Rene MacDonell, Pat M35 D'Souza, Godfrey Krasny, Henry Costa, Louis 10.42 32 13.39 01 12.47 62 9.40 28 9.56 76 9.58 95 10.19 06 10.22 23 12.20 05	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99 M55 King, Patrick 18:13.98 M65 Summerhayes, Stu 18:26.30	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Atkinson W45 Denise Farnham W50 Ann James W55 Pat Gallagher W60 Betty Stracey	12:49:92 15:30.74 10:08:35 10:34:80 10:37:55 12:32:52 12:00:40 14:47:85	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso 1500m M50 Thomas Quade M70 David Bernal M75 Jim Hinton HIgh Jump M55 Tom Jones	39.64 41.75 39.16 64.4 74.95 75.83 1.53.55 5.59 6.31	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83 200m W35 Rodrigue, Maureen 27.58 Carty, Linda US 29.66 W40 McCoy, BelindaUS 31.22 Barrett, Lyn 32.22	3000m W40 O'Neill, Cecilia Dumais, Jocelyne 13.39 01 W45Marino, Chris Willis, Katherine M30 Mitchell, Rob Van Andel, Rene MacDonell, Pat M35 D'Souza, Godfrey Krasny, Henry 10.42 32 13.39 01 13.52 62 9.58 95 9.58 95 10.19 06 10.22 23	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99 M55 King, Patrick 18:13.98 M65 Summerhayes, Stu 18:26.30	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Atkinson W45 Denise Farnham W50 Ann James W55 Pat Gallagher W60 Betty Stracey	12:49.92 15:30.74 10:08.35 10:34.80 10:37.55 12:32.52 12:00.40	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81
M70 John Radocha M75 Jim HInton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso 1500m M50 Thomas Quade M70 David Bernal M75 Jim Hinton High Jump M55 Tom Jones M60 Jim Hunyadya M70 Donald Vann	39.64 41.75 39.16 64.4 74.95 75.83 1.53.55 5.59 6.31 8.52 3-3	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83 200m W35 Rodrigue, Maureen 27.58 Carty, Linda US 29.66 W40 McCoy, BelindaUS 31.22 Barrett, Lyn 32.22 W50 Del Grande, Karla 28.22 W55 Trott, Rhona 31.65	3000m W40 O'Neill, Cecilia Dumais, Jocelyne 13 39 01 W45Marino, Chris Willis, Katherine M30 Mitchell, Rob Van Andel, Rene MacDonell, Pat M35 D'Souza, Godfrey Krasny, Henry Costa, Louis Dawney, Brian Wallace, James 10.42.32 13.52.62 19.56.76 9.58.95 10.19.06 10.22.23 12.20.05 10.22.23 11.13.04	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99 M55 King, Patrick 18:13.98 M65 Summerhayes, Stu 18:26.30 INTERNATIONAL BMAF National Indoor T&F Championships, Cardiff, Wales: Feb. 21-22	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Alkinson W45 Denise Farnham W50 Ann James W55 Pat Gallagher W60 Betty Stracey W65 Pamela Jones	12:49.92 15:30.74 10:08.35 10:34.80 10:37.55 12:32.52 12:00.40 14:47.85 13:43.63	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso 1500m M50 Thomas Quade M70 David Bernal M75 Jim Hinton High Jump M55 Tom Jones M60 Jim Hunyadya M70 Donald Vann Long Jump	39.64 41.75 39.16 64.4 74.95 75.83 1.53.55 5.59 6.31 8.52 3-3 4-3 3-3	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83 200m W35 Rodrigue, Maureen 27.58 Carty, Linda US 29.66 W40 McCoy, BelindaUS 31.22 Barrett, Lyn 32.22 W50 Del Grande, Karla 28.22 W55 Trott, Rhona 31.65 W60 Rowswell, Adri 37.23	3000m W40 O'Neill, Cecilia Dumais, Jocelyne 13.39 01 W45Marino, Chris Willis, Katherine M30 Mitchell, Rob Van Andel, Rene MacDonell, Pat M35 D'Souza, Godfrey Krasny, Henry Costa, Louis Dawney, Brian Wallace, James M45 Kooymans, Jerry 10.42.32 13.47.62 13.52.67 9.56.76 9.58.95 10.19.06 10.22.23 12.20.05 11.13.51	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99 M55 King, Patrick 18:13.98 M65 Summerhayes, Stu 18:26.30 INTERNATIONAL BMAF National Indoor T&F Championships, Cardiff, Wales; Feb. 21-22	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Atkinson W45 Denise Farnham W50 Ann James W55 Pat Gallagher W60 Betty Stracey W65 Pamela Jones Short Hurdles M40 Des Wilkinson M45 John Mayor	12:49.92 15:30.74 10:08.35 10:34.80 10:37.55 12:32.52 12:00.40 14:47.85 13:43.63 8.62 9.24	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso 1500m M50 Thomas Quade M70 David Bernal M75 Jim Hinton HIgh Jump M55 Tom Jones M60 Jim Hunyadya M70 Donald Vann Long Jump M55 Pius Lynch	39.64 41.75 39.16 64.4 74.95 75.83 1.53.55 5.59 6.31 8.52 3-3 4-3 3-3	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83 200m W35 Rodrigue, Maureen 27.58 Carty, Linda US 29.66 W40 McCoy, BelindaUS 31.22 Barrett, Lyn 32.22 W50 Del Grande, Karla 28.22 W55 Trott, Rhona 31.65 W60 Rowswell, Adri 37.23 M30 Weniger, Mike 23.78	3000m W40 O'Neill, Cecilia Dumais, Jocelyne W45Marino, Chris Willis, Katherine M30 Mitchell, Rob Van Andel, Rene MacDonell, Pat Krasny, Henry Costa, Louis M40 Black, Jamie Dawney, Brian Wallace, James M45 Kooymans, Jerry Marshall, Tom 10.42.32 13.39 01 12.47.62 9.40.26 9.56.76 9.58.95 10.19.06 10.22.23 11.13.51 11.13.51	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99 M55 King, Patrick 18:13.98 M65 Summerhayes, Stu 18:26.30 INTERNATIONAL BMAF National Indoor T&F Championships, Cardiff, Wales; Feb. 21-22 60m M35 Rohan Samuel 7.20	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Akkinson W45 Denise Farnham W50 Ann James W55 Pat Gallagher W60 Betty Stracey W65 Pamela Jones Short Hurdles M40 Des Wilkinson M45 John Mayor M50 Philip McIlfatrick	12:49.92 15:30.74 10:08.35 10:34.80 10:37.55 12:32.52 12:00.40 14:47.85 13:43.63 8.62 9.24 9.02	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso 1500m M50 Thomas Quade M70 David Bernal M75 Jim Hinton HIgh Jump M55 Tom Jones M60 Jim Hunyadya M70 Donald Vann Long Jump M55 Pius Lynch Tom Jones M60 James Junyaday	39.64 41.75 39.16 64.4 74.95 75.83 1.53.55 5.59 6.31 8.52 3-3 4-3 3-3 11-9.25 9-4.75 11-5.25	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83 200m W35 Rodrigue, Maureen 27.58 Carty, Linda US 29.66 W40 McCoy, BelindaUS 31.22 Barrett, Lyn 32.22 W50 Del Grande, Karla 28.22 W55 Trott, Rhona 31.65 W60 Rowswell, Adri 37.23 M30 Weniger, Mike 23.78 Allen, Desmond 23.93	3000m W40 O'Neill, Cecilia Dumais, Jocelyne 13:39:01 W45Marino, Chris Willis, Katherine M3:52:62 M30 Mitchell, Rob Van Andel, Rene MacDonell, Pat M35 D'Souza, Godfrey Krasny, Henry Costa, Louis Costa, Louis Dawney, Brian Wallace, James M45 Kooymans, Jerry Marshall, Tom Keeting, Alex Beck, Robert 10:42:32 13:39:01 13:52:62 13:52:62 10:42:32 10:	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99 M55 King, Patrick 18:13.98 M65 Summerhayes, Stu 18:26.30 INTERNATIONAL BMAF National Indoor T&F Championships, Cardiff, Wales; Feb. 21-22 60m M35 Rohan Samuel 7.20 M40 Steven Worrell 7.35	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Atkinson W45 Denise Farnham W50 Ann James W55 Pat Gallagher W60 Betty Stracey W65 Pamela Jones Short Hurdles M40 Des Wilkinson M45 John Mayor M50 Philip McIlfatrick M55 Tony Wells	12:49.92 15:30.74 10:08.35 10:34.80 10:37.55 12:32.52 12:00.40 14:47.85 13:43.63 8.62 9.24 9.02 9.33	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso 1500m M50 Thomas Quade M70 David Bernal M75 Jim Hinton High Jump M55 Tom Jones M60 Jim Hunyadya M70 Donald Vann Long Jump M55 Pius Lynch Tom Jones M60 James Junyaday M70 Jack Janne	39.64 41.75 39.16 64.4 74.95 75.83 1.53.55 5.59 6.31 8.52 3-3 4-3 3-3 11-9.25 9-4.75 11-5.25 9-2.5	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83 200m W35 Rodrigue, Maureen 27.58 Carty, Linda US 29.66 W40 McCoy, BelindaUS 31.22 Barrett, Lyn 32.22 W50 Del Grande, Karla 28.22 W55 Trott, Rhona 31.65 W60 Rowswell, Adri 37.23 M30 Weniger, Mike 23.78 Allen, Desmond 23.93 Atkinson, Tyler 29.25 M35 Scott, Aston US 24.14	3000m W40 O'Neill, Cecilia	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99 M55 King, Patrick 18:13.98 M65 Summerhayes, Stu 18:26.30 INTERNATIONAL BMAF National Indoor T&F Championships, Cardiff, Wales; Feb. 21-22 60m M35 Rohan Samuel 7.20 M40 Steven Worrell 7.35 M45 Cecil Moven 7.48	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Atkinson W40 Pauline Atkinson W50 Ann James W55 Pat Gallagher W60 Betty Stracey W65 Pamela Jones Short Hurdles M40 Des Wilkinson M45 John Mayor M50 Philip McIlfatrick M55 Tony Wells M60 Barry Ferguson	12:49.92 15:30.74 10:08.35 10:34.80 10:37.55 12:32.52 12:00.40 14:47.85 13:43.63 8.62 9.24 9.02 9.33 10.60	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81
M70 John Radocha M75 Jim Hinton W50 Bonnie Muscato Cynthia Scurrso W75 Louise Martin 400m M60 Steve Bowles M70 David Bernal M75 Rodney Brown W60 Cynthia Scursso 1500m M50 Thomas Quade M70 David Bernal M75 Jim Hinton HIgh Jump M55 Tom Jones M60 Jim Hunyadya M70 Donald Vann Long Jump M55 Pius Lynch Tom Jones M60 James Junyaday	39.64 41.75 39.16 64.4 74.95 75.83 1.53.55 5.59 6.31 8.52 3-3 4-3 3-3 11-9.25 9-4.75 11-5.25	Agnoo, Charles 8.93 Sharma, Dev 9.42 Singh Dhaliwal, S. 9.72 M70 Poonia, KesarSingh 9.58 Thompson, Bill 10.17 M75 Greenwald, JackUS 9.39 Sochor, Chuck US 9.83 200m W35 Rodrigue, Maureen 27.58 Carty, Linda US 29.66 W40 McCoy, BelindaUS 31.22 Barrett, Lyn 32.22 W50 Del Grande, Karla 28.22 W55 Trott, Rhona 31.65 W60 Rowswell, Adri 37.23 M30 Weniger, Mike 23.78 Allen, Desmond 23.93 Atkinson, Tyler 29.25	3000m W40 O'Neill, Cecilia Dumais, Jocelyne 13.39 01 W45Marino, Chris Willis, Katherine M3.52 62 M30 Mitchell, Rob Van Andel, Rene MacDonell, Pat M35 D'Souza, Godfrey Krasny, Henry Costa, Louis Dawney, Brian Wallace, James M45 Kooymans, Jerry Marshall, Tom Keeting, Alex Beck, Robert Dykman, Fred M50 Shaw, Bill Hale, Murray 10.32 13.39 01 10.42 32 13.39 01 10.42 32 10.42 32 10.42 32 10.42 33 10.42	W60 Christensen, Joan 18:51.03 Rosenitsch, AnnM 19:14.00 Sarkar, Eileen 20:34.00 M45 Paquin, Guy 15:31.00 Lee, Peter 18:11.99 M55 King, Patrick 18:13.98 M65 Summerhayes, Stu 18:26.30 INTERNATIONAL BMAF National Indoor T&F Championships, Cardiff, Wales; Feb. 21-22 60m M35 Rohan Samuel 7:20 M40 Steven Worrell 7:35 M45 Cecil Moven 7:48	M60 Fred Gibbs M70 Derek Howarth M75 James Caddy W35 Nicki Nealon W40 Pauline Atkinson W45 Denise Farnham W50 Ann James W55 Pat Gallagher W60 Betty Stracey W65 Pamela Jones Short Hurdles M40 Des Wilkinson M45 John Mayor M50 Philip McIlfatrick M55 Tony Wells	12:49.92 15:30.74 10:08.35 10:34.80 10:37.55 12:32.52 12:00.40 14:47.85 13:43.63 8.62 9.24 9.02 9.33	W40 Fiona Bishop W45 Cath Duhig W55 Ann Lewis	18:08.08 16:57.26 16:57.81

page 36						National Mas	sters	News						, 200
World Masters A	nships		2 Meeder, Hans 3 Hoffmann, Hans M80	GER GER	31.55 33.52	M45 1 Francksen, Steve 2 Klabouch, Manfred 3 Lagant, Denis	GER	2:03:35 2:05:33 2:07:53	W65 1 Ritter, Lydia 2 Daprano, Jeanne 3 Eklund, Birgitta	USA	6:26.57 6:27.91 6:30.17	M75 1 Fernaeus, Axel 2 Kutman, Martin 3 Hoffmann, Hans	SWE EST GER	11.69 12.17 12.62
Sindelfingen, Go March 10-1			Lindblad, Gote Breder, Rudolf Maynard, Romain M85	SWE GER FRA	32.49 34.35 36.45	M50 1 Dunlop, Alastair 2 Wilcock, David	GBR	2:02:20	W70 1 Glaser, Doris 2 Fink, Sigrid	GER	7:54.13 8:02.48 1:52.21	M80 1 Albrecht, Horst 2 Maynard, Romain	GER FRA SWE	12.59 14.07 14.31
M35 1 Cipullo, Donato 2 Samuel, Rohan	ITA GBR	7.08	1 Sansonetti, Ugo 2 Wefelscheid, Hans 3 Eble, Eugen	GER GER	34.42 48.45 50.68	3 Shaheed, Nolan M55 1 Erith, Mike	GBR	2:04.34	3 Thome, Johanna W75 1 Angelis, Ruth		11:34.12	3 Magnusson, Axel M85 1 Sansonetti, Ugo	ITA	14.21
3 Ultrich, Dominic M40 1 Diericx, Philippe 2 Lansivuori, Sami	BEL FIN	7.18 7.12 7.13	W35 1 Forster, Angelika 2 Wiederkehr, Claudia 3 Noack, Simone	GER SUI GER	25.05 25.94 26.17	2 Campo, Fabian 3 Geiser, Konrad M60 1 MacDonald, Neil	ESP ITA	2:13.03 2:14.81 2:16.91	3000m M35 1 Sarter, Andreas		8:49.28	W35 1 Deak, Katalin 2 Thirtey, Andrea 3 Gahling, Barbara	HUN GER GER	8.75 9.04 9.25
3 Naffzger, Yvan M45 1 Barnwell, Val	FRA	7.16	1 Gorling, Ulrike 2 Grissmer, Angelika	GER GER	26.02 26.49	2 Barnum, Larry 3 Kasparaitis, Vytautas M65	LIT	2:18.88 2:20.96	2 Morandi, Mariano 3 Johnson, lan M40 1 Pingpank, Markus	GBR	8:58.11 9:07.27 8:49.81	1 Moritz, Anke 2 Estwick, Leslie	GER	8.90 9.15
2 Elderlield, David 3 Burgess, Kevin M50 1 Peters, Stephen	GBR GBR	7.39 7.46 7.42	3 Heidrich, Brigitte W45 1 Muller, Christine 2 McClelland, Averil	GER SUI GBR	27.38 26.07 26.74	Howard, Sidney Klaus, Willit Marconi, Roberto M70	GER ITA		2 Wilfernse, Jan 3 Herzog, Albert M45	NED GER	9:01.14 9:02.00	3 Laing, Manndy 4 Upshaw-Margerum, Jo W45 1 Muller, Christine	GBR by USA SUI	9.22 9.28 8.79
2 Michelchen, Reinhard 3 Browne, John M55	GER GBR	7.51 7.55		NED GBR	27.97	1 Fox, Mike 2 Thumm, Helmut 3 Osipov, Ivan		2:38.45 2:42.17 2:43.62	1 Foster, Bil 2 Raming, Manfred 3 Garack, Andreas	GER	9:00.37 9:01.66 9:02.45	2 Bose, Sigrid 3 Harwood, Jocelyn W50	GER GBR	9.57
1 Vybostok, Vladimir 2 Koch Manfred 3 Ihrke, Lutz M60	SVK GER GER	7. 58 7.76 7.87	2 Otto, Geraldine 3 Hiltscher, Ulrike W55 1 Meier, Ingrid	GER	28.93 30.00 28.16	M75 1 Maas, Eckert 2 Schmidt, Helmut	GER	2:54.68 3:11.27	M50 1 Gates, Nigel 2 Rice, Sean 3 Goldammer, Klaus	RSA	9:04.16 9:25.95 9:31.54	Otto, Geraldine Van Horenbeeck, H Machner, Regina	GER BEL GER	10.09 10.59 10.7
1 Edens, Paul 2 Restle, Ull 3 Arnd, Manfred	USA GER GER	7. 77 7.99 8.07	2 Schommler, Brigitte	GER GER GER	28.40 30.38	3 Holoe, Erik M80 1 Vikman, Toivo M85	FIN	3:14.91	M55 1 Winfried Schmidt 2 Solomon, Kevin	GER	9:27.60 9:30.32	W55 1 Kraehe, Waltraud 2 Dahler, Margaritha 3 Foerster, Karin	GER SUI GER	10.63 11.04 11.24
6 Gray Courtland M65 1 Muller, Guido	GER	8.26	3 Stedtler, Christa	GBR GER GER	30.48 31.18 32.10	Pauwels, Emiel Maisch, Dieter Eble, Eugen	GER	3:51.22 5:13.39 6:20.28	3 Thomas, Jean 7 Nolan, Harold 9 Price, Roger 20 Brown, Douglas	USA 1	9:35.63 10:04.46 10:13.77 10:58.25	1 Kuemmerle-Valk, F 2 Graff, Edith	GER BEL	10.43 10.8
2 Tamaro, Tristano 3 Roca, Armando M70 1 Kimmel, Bruno	ESP GER	8.09 0.33 8.22	W65 1 Reichert, Gertrud 2 Hofmann, Elfriede 3 Mahnke, Rosmarie	GER GER GER	31.46 32.72 33.24	W35 1 Falkenstein, Susanne 2 Finegan, Geraldine 3 Levina, Elena	GBR	2:17.49 2:18.49 2:18.67	21 Taylor, Randy M60 1 Haglund, Stig	USA 1	11:01.43	3 Dijkman, Rieţe W70 1 Larsson, Asta W75	SWE	12.4
2 Reuter, Wolfgang 3 Williams, Charles M75	GER GBR	8.60 8.63	4 Daprano, Jeanne W70 1 Mazzenga, Emma Marie	USA	33.81 35.47	W40 1 Heath, Sarah 2 Holzschuh, Andrea	GBR	2:14.09 2:15.15	2 Rezac, Ivo 3 Arias de la Cruz, Jose M65	ESP 1	10:30.46	1 Gomberadze, Kaleriya 4x200 Relay	RUS	15.5
Meddings, Allan Hoffmann, Hans Eberle, Hans Daprano, Wilkiam	GBR GER GER USA	9.23 9.24 9.37 9.83	W75	GER GER	36.95 39.88 41.25	3 Schierjott, Sylvia W45 1 Koop, Annette	GER	2:16.52	1 James, Stephen 2 Still, Hans Albert 3 Scherible, Arthur M70	GER 1	10:58.25 11:03.45 11:24.10	M35 1 Germany 2 France		1:31.7
M80 1 Breder, Rudolf 2 Sobrero, Bruno	GER	9.82	1 Franzen, Christel 2 Lorenz, Ingrid W85 1 Kotelko, Olga	GER	41.28	Albrecht, Angelika Barbi Lanziner, Rosann W50 Zentner, Lidia	na ITA	2:27.24 2:27.82 2:37.52	1 Osipov, Ivan 2 Sitskiy, Gury 3 Buchar, Jan	RUS 1	11:46.21 11:49.73 12:07.14	3 Italy M40 1 France 2 Germany		1:39.3 1:32.5 1:33.9
3 Heilenmann, Hans M85 1 Sansonetti, Ugo	GER	10.45 10.33 10.73	400m M35	CCD	51.74	2 Wright, Carol 3 Jerman, Ana W55	SLO	2:42.83 2:43.34	M75 1 Maas, Eckert 2 Braun, Engelbert 3 Caddy, James	GER '	12:53.72 14:30.53 15:43.50	3 Great Britain & N. Irelan 4 United States of Americ M45	ca	1:34.2
2 Liedtke, Herbert 3 Guidet, Alfred M90 1 Colo, Vittorio	USA	12.10	Lachmann, Barnd Ripy Jr., Curtis Kretz, Alfons M40	GER USA GER	51.74 52.25 53.62	Gallagher, Patricia Litterheim, Ulla Schaeffler, Roswitha W60	SWE	2:41.39 2:46.30 2:48.45	1 Gutbier, Heinrich 2 Gomes, Adriano	GER POR	14:33.08 19:05.66	1 Great Britain & N. Irelan 2 France 3 Italy	d	1:36.7 1:42.1 1:43.5
W35 1 Wiederkehr, Claudia 2 Klimpfinger, Silvia	SUI	7.96 7.98	Le Coz, Loic Treillard, Didier Toogood, Stephen	FRA FRA GBR	51.36 52.07 52.14	1 Jonkers, Riet 2 Jolimet-Ruziac, C 3 Wolf, Barbara	FRA	2:52:38 2:53:11 2:55:02	3 Riederer, Josef M85 1 Pauwels, Emiel 2 Olbrechts, Albert	BEL	22:57:39 17:42.87 22:50.18	M50 1 Great Britain & N. Irelan 2 Germany 3 Italy	4	1:37.3 1:38.9 1:41.6
3 Rollepatz, Gabi W40 1 Gorling, Ulrike 2 Moritz, Anke	GER GER	7.94 7.97	M45 1 Elderfield, David 2 Morris, Barry 3 Blanco, Manuel	GBR GBR ESP	51.75 53.04 53.94	W65 1 Ritter, Kydia 2 Daprano, Jeanne 3 Eklund, Birgitta	USA	2:55.15 2:55.84 3:00.23	3 Maisch, Dieter	GER 2	23:17.73	M55 1 Germany 2 France		1:44.69
3 Grissmer, Angelika W45 1 Muller, Christine	GER	8.18	M50 1 Peters, Stephen 2 Franklyn, Walwyn	GBR GBR	52.96 54.27	W70 1 Vitola, Velta 1500m		3:27.04	1 Weiss, Annette 2 Walch, Elke 3 Jenke, Ute W40	AUT 1	10:05:35 10:21:67 10:32:15	3 Great Britain & N. Ireland M60 1 Germany		1:51.21
2 McClelland, Averil 3 Goricke, Bettina W50 1 Godsell, Helen	GBR GER	8.29 8.38 8.30	3 Oliver, Viv M55 1 Felicetti, Vincenzo	GBR	54.55	M35 1 Manns, Uwe 2 Morandi, Mariano	GER	4:09.64	1 van Rysbergen, F 2 Heilig-Duventaester,M- 3 Klostermann, Waltraud	GER 1		2 United States of Americ 3 Great Britain & N. Ireland M65 1 Germany		1:45.56 1:50.04 1:49.78
2 Otto, Geraldine 3 Lawson, Janet W55	GER GBR	8.67 8.88	2 Crombie, Peter 3 Anthony, Paul M60	GBR	57.04 57.32	3 Niczko, Zbigniew M40 1 Rothery, Colm 2 Ramdani, Mohammed	IRL	4:13.56 4:08.32 4:08.92	1 Perez, Aurora 2 Greenan, Mags	IRL 1	10:39.17	2 Great Britain & N. Ireland 3 Italy M70	1	1:57.78
Meier, Ingrid Schommler, Brigitte Zoerner, Petra	GER GER GER	8.53 8.63 8.99	1 Barnum, Larry 2 Blanchard, Vic 3 Scheidt, Willi M65	GBR GER	58.80 58.84 1:00.69	3 Neudorfer, Josef M45 1 Francksen, Steve	GER	4:10.45 4:09.95	3 Kieninger, Renate W50 1 Marshall, Karen 2 Egger, Waltraud	GBR 1	10:45.69 10:56.99 11:10.20	1 Germany 2 Great Britain & N. Ireland M75	1	1:58.71 2:16.85 2:17.32
W60 1 Linaker, Esther 2 Kuemmerle-Valk, F	GBR GER GER	9.02 9.19 9.43	1 Muller, Guido 2 Klaus, Willi 3 Buss, Karl-Heinz	GER GER GER		2 Haudicot, Pascal 3 Foster, Bill M50 1 Wilcock, David	GBR	4:10.68 4:10.85 4:18.28	3 Semenova, Afiya W55 1 Gallagher, Patricia	GBR 1	11:33.59	1 Germany M80 1 Germany M85		3:08.71
3 Kimmel, Renate W65 1 Weichert, Gertrud 2 Holmann, Ellriede	GER GER	9.29 9.58	M70 1 Reuter, Wolfgang 2 Hedstrom, Bertil	SWE	1:05.94 1:07.83 1:11.72	2 Dunlop, Alastair 3 Shaheed, Nolan M55	GBR	4:18.40 4:18.52	2 Harms, Ursula 3 Schaeffler, Roswitha W60 1 Jolimet-Ruzic, C	GER 1	11:50.83 11:54.65	1 Germany W35 1 Germany		3:53.70
3 De Lavergne, M W70 1 Mazzenga, Emma Mar	FRA	10.20	3 Feast, Geoffrey M75 1 Vidal, Claude 2 Schmidt, Helmut	FRA	1:19,88	1 Solomon, Kevin 2 Schmidt, Winfried 3 Erith, Mike	GER GBR	4:27.49 4:27.53 4:30.99	2 Frederiks, Rona 3 Fleetwood, Gudrun W65	SWE :	12:18.84 12:23.43	2 Hungary 3 Great Britain & N. Irelan W40 1 Great Britain & N. Irelan		1:48.58 1:52.58
2 Larsson, Asta 3 Kreiskott, Rosemarie W75 1 Lorenz, Ingrid	GER GER	10.38 10.85	3 Holoe, Erik M80		1:21.88	10 Price, Roger M60 1 MacDonald, Neil 2 Haglund, Stig		4:46.83 4:54.17 4:56.07	1 Eklund, Birgitta 2 Hodapp, Elfriede 3 Fiedler, Rosemarie W70	GER :	13:13.89 13:19.52 14:31.89	2 France 3 United States of Americ W45	ca	1:55.05
2 Franzen, Christel 3 Langner, Ingrid W80	GER	11.75 21.98	1 Lindblad, Gote M85 1 Sansonetti, Ugo 2 Eble, Eugen	ITA	1:17.97 1:29.26 2:32.23	3 Folschow, Bernd, M65 1 Howard, Sidney	GER	4:58.45 5:00.52	Czerwenka-Nagel, M Vitola, Velta Glaser, Doris	LAT 1	14:31.26 14:47.19 16:22.54	1 Great Britain & N. Irelan 2 Germany 3 Italy W50	d	1:51.30 1:53.19 2:06.04
Wixey, Mary Struven, Margarete Poluschinsky, Liselotte W85	GBR GER GER	13.56 14.03 16.12	W35 1 Noack, Simone 2 Finegan, Geraldine	GER GBR	57.78 59.45	2 Marconi, Roberto 3 Nothdurfter, Karl M70 1 Osipov, Ivan	AUT	5:03.66 5:05.12 5:34.38	W75 1 Eklund, Birgitta 2 Hodapp, Elfriede 3 Czerwenka-Nagel, M	GER 1	13:13.89 13:19.52 14:31.26	1 Germany W55 1 Germany		2:01.82
1 Kotelko, Olga 200m	CAN	13.98	3 Levina, Elena W40 1 Heidrich, Brigitte 2 Gazda-Sagolla, Irena		59.50 1:00.27 1:00.38	2 Buchar, Jan 3 Conzelmann, Rolf M75	CZE	5:36.86 5:37.13	60mH M35			2 Sweden W60 1 Great Britain & N. Irelan W65	d	2:19.00
M35 1 Thomas Jr., Robert J. 2 Ullrich, Dominic 3 Lachmann, Bernd	USA GER GER	22.64 22.76 23.27	3 Palmquist, Carina W45 1 McClelland, Averil	SWE	1:01.11	1 Maas, Eckart 2 Caddy, James M80 1 Vikman, Toivo		5:51.31 7:24.58 7:44.35	1 Domicz, Adam 2 Kerasidis, Ioannis 3 Eigenstetter, Markus M40	POL GRE GER	8.58 8.93 9.50	1 Germany W70 1 Germany		2:13.38
M40 1 Roeske, Eric 2 Schaatsma, Kay	NED NED	22.93 23.25	2 Oost, Sonja 3 Albrecht, Angelika W50	GER	1:03.28	2 Gomes, Adriano 3 Lehmann, Georg M85	POR	8:46.98 8:56.31	1 McCloud, Dexter 2 Bakx, Wan 3 Wilkinson, Des	USA NED GBR	8.37 8.56 8.67	3000m Walk M35	050	
3 Hallmaier, Juergen M45 1 Dupuy, Bruno	GER FRA	23.42 23.46 23.86	Hiltscher, Ulrike Wright, Carol Blaude, Marie-Anne W55	BEL	1:08.74 1:09.38 1:09.44	1 Pauwels, Emiel 2 Maisch, Dieter 3 Olbrechts, Albert W35	GER	7:53.01 10:21.15 10:34.71	7 Sloan, Kerry M45 1 Cavalier, Thierry	USA	8.96 8.65	1 Kreutz, Manfred 2 Staedler, Karsten 3 Tardi, Emmanuel M40	GER 1	13:27.09 14:14.71 20:22.00
2 Mager, Heinz-Herman 3 Elderfield, David M50	GBR	24.09	Littenheim, Ulla Kraehe, Waltraud Esquerdo Santacreu, R	GER	1:08.93 1:10.59 1:22.78	Weiss, Annette Falkenstein, Susanne Falkenberg, Anja	GER	4:49.32 4:49.78 4:53.13	2 Kreiner, Herbert 3 X, Leee M50 1 Longauer, Eduard	AUT USA SVK	8.68 8.84 8.88	Bengtsson, Bengt Frixon, Jean-Michel Varnizhy, Philippe	FRA 1	12:25.80 12:56.89 13:14.06
1 Peters, Stephen 2 Ross, Alasdair 3 Oliver, Viv M55	GBR GBR GBR	23.45 24.05 24.19	W60 1 Jonkers, Riet 2 Seibert, Gerda 3 Carlsson, Kristina	GER	1:13.40 1:15.07 1;16.54	W40 1 Heath, Sarah 2 Andreou, Sandra 3 Heilig-Duventaester,M	GBR GBR	4:39.99 4:48.79	2 Nikula, Jouko 3 Sammet, Hans-Rudolf 4 Zahn, Robert	FIN GER USA	8.93 9.18 9.23	M45 1 Tokarev, Volodymyr 2 Barabash, Vladimir 3 Blazek, Payol	RUS 1	13:03.01 13:31.48 13:38.05
1 Felicetti, Vincenzo 2 Hohl, Franz 3 Crombie, Peter	AUT AUS	25.00 25.16 25.44	W65 1 Ritter, Lydia 2 Daprano, Jeanne	GER USA	1:13.97 1:14.58	W45 1 Koop, Annette 2 Perez, Aurora	GER	4:50.23 4:53.88	8 Price, Stacey M55 1 Wells, Tony 2 Kacar, Murat	GBR TUR	9.73 9.12 9.49	7 Leibold, Albert M50 1 Ruzzier, Fabio	SLO 1	14:33.05 13:26.67
M60 1 Edens, Paul 2 Schmitt, Gerold 3 Grob, Werner	USA GER GER	25.98 26.60 26.71	3 De Lavergne, M W70 1 Mazzenga, Emma Mari 2 Green, Brenda		1:17.51 1:23.25 2:00.40	3 Farnham, Denise W50 1 Zentner, Lidia	GBR	5:04.04 5:06.46 5:12.68	3 Johnson, Frederick M60 1 Gray, Courtland	USA	9.73	2 Gaus, Peter 3 Korsun, Oleksandr M55 1 Kehrer, Hans	UKR 1	13:28.86 13:42.75 14:57.77
M65 1 Muller, Guido 2 Tamaro, Tristano	GER	26.05 26.97	800m M35			3 Vogl, Gudrun 9 Walsh, Shelley W55	USA	5:29.49 6:05.29	2 Geese, Rolf 3 Marchesi, Fiorenzo M65	GER	9.00 9.60	2 Niestelberger, Ludwig 3 Giannuzzi, Luigi M60	AUT 1	15:22:27
3 Gasper, Hans Juerger M70 1 Reuter, Wolfgang	GER	27.83	Pleifler, Detlef Schlecht, Marcus Morandi, Mariano		1:55.21 1:55.77 2:00.67	Gallagher, Patricia Schaeffler, Roswitha Herzog, Ursula	GER	5:24.17 5:32.69 5:36.22	1 Muller, Guido 2 Miller, Charley 3 Ortmanns, Gunter	GER USA GER	9.60 10.11 10.17	Degener, Karl Schumm, Peter Strieder, Hermann	GER	15:21.45 16:01.55 16:12.47
2 Mellett, Alan 3 Hedstrom, Bertil M75 1 Meddings, Allan	GBR SWE GBR	28.85 28.98 30.93	M40 1 Rothery, Colm 2 Toogood, Stephen 3 Price, Sean	IRL GBR GBR	1:55.32 2:00.11 2:00.44	W60 1 Jolimet-Ruzic, C 2 Wolf, Barbara		5:53.35	M70 1 Popv, Vladimir 2 Azzoni, Enzo 3 Przyborowski, Jerzy	RUS ITA POL	10.14	M65 1 Sinagulov, Minivali 2 Jordana, Alexis	RUS	15:53.73 16:05.88
. moodings, rolais	0511	30.00		-		13 Fleetwood, Gudrun	SWE	5;53.95	, S. I. J. SOIOHSKI, JEIZY	. 00	10.93	3 Pelliccia, Romolo	IIA	16:14.20

M70 1 Weidner, Gerhard 2 Sciarretta, Mario 3 Hartwig, Karl-Heinz 7 Fine, Robert M75 1 Aguayo, Mario 2 Schwab, Otto 3 Withers, Denis M80 1 Herbst, Gerhard 2 Gomes, Adriano M85 1 Gaujers, Arvids 2 Gest, Henri W35 1 Best, Nicole 2 Brandenburg, Barbara 3 Sarembe-Stegmaier, C W40 1 Bettucci, Paola 2 Garcia Frontons, C, 3 Terenteva, Natalia W45	GER 2 GER 2 GER 2 GER 2 GER 2 GER 2 GER 2 GER 2 GER 1 GER 1	6:01.47 7:36.72 7:50.56 9:13.18 0:08.22 0:45.62 0:46.44 1:00.68 6:09.46 4:11.74 4:15.80	8 Brown, Douglas M60 1 Arias de la Cruz, JOSE 2 Blakitny, Anatoly 3 Reichert, Siegfried M65 1 James, Stephen 2 Scheiber, Kaspar 3 Friedbacher, Rudolf M70 1 Sitskiy, Gury	GER GBR SUI	28:07 26:43 28:11 28:31 27:16	2 Liisanantti, Ari 3 Bodem, Wolfgang M50 1 Huijbers, Jan 2 Kunigkeit, Eckhard	FIN GER NED	1.81 1.81 1.78	3 Plammer, Sabina W50 1 Yeomans, Susan 2 Ritte, Ute 3 Funke, Karin	GBR GER	230 290 280	3 Stierle, Bernhard M65 1 Roytman, Vladimir 2 Fischer, Lothar	GER RUS GER	11.78
7 Fine, Robert M75 1 Aguayo, Mario 2 Schwab, Otto 3 Withers, Denis M80 1 Herbst, Gerhard 2 Gomes, Adriano M85 1 Gaujers, Arvids 2 Gest, Henri W35 1 Best, Nicole 2 Brandenburg, Barbara 3 Sarembe-Stegmaier, C W40 1 Bettucci, Paola 2 Garcia Frontons, C, 3 Terenteva, Natalia W45 1 Alvernhe, Dominique	GER 2 GER 2 GER 2 GER 2 POR 2 LAT 2 NED 2 GER 1 GER 1	9:13.18 20:08.22 20:45.62 20:46.44 21:00.68 26:09.46	2 b lakithy, Anatoly 3 Reichert, Siegfried M65 1 James, Stephen 2 Scheiber, Kaspar 3 Friedbacher, Rudolf M70 1 Sitskiy, Gury	GER GBR SUI	28:11 28:31	M50 1 Huijbers, Jan			2 Ritte, Ute	GER	2.80	2 Fischer, Lothar	GER	
1 Aguayo, Mario 2 Schwab, Otto 3 Withers, Denis M80 1 Herbst, Gerhard 2 Gomes, Adriano M85 1 Gaujers, Arvids 2 Gest, Henri W35 1 Best, Nicole 2 Brandenburg, Barbara 3 Sarembe-Stegmaier, C W40 1 Bettucci, Paola 2 Garcia Frontons, C, 3 Terenteva, Natalia W45	GER 2 GBR 2 POR 2 LAT 2 NED 2 GER 1 GER 1	0:45.62 0:46.44 1:00.68 6:09.46 4:11.74	1 James, Stephen 2 Scheiber, Kaspar 3 Friedbacher, Rudolf M70 1 Sitskiy, Gury	GBR		2 Nunigkeit Eckhard								10.46
M80 1 Herbst, Gerhard 2 Gomes, Adriano M85 1 Gaujers, Arvids 2 Gest, Henri W35 1 Best, Nicole 2 Brandenburg, Barbara 3 Sarembe-Stegmaier, C W40 1 Bettucol, Paola 2 Garcia Frontons, C, 3 Terenteva, Natalia W45 1 Alvernhe, Dominique	GER 2 POR 2 LAT 2 NED 2 GER 1 GER 1	1:00.68 6:09.46	3 Friedbacher, Rudolf M70 1 Sitskiy, Gury			3 Habegger, Leonardo M55	GER	1.78	W55 1 Foerster, Karin	GER	2.30	3 Perez, Juan M M70 1 Popov, Vladimir	ESP	10.40
2 Gomes, Adriano M85 1 Gaujers, Arvids 2 Gest, Henri W35 1 Best, Nicole 2 Brandenburg, Barbara 3 Sarembe-Stegmaier, C W40 1 Bettucci, Paola 2 Garcia Frontons, C, 3 Terenteva, Natalia W45 1 Alvernhe, Dominique	POR 2 NED 2 GER 1 GER 1 GER 1	6:09.46	1 Sitskiy, Gury	AUT	27:23 30:35	1 Prezelj, Dusan 2 Sauers, James	SLO	1.72 1.69	2 Raschker, Phil 3 Widmann, Dagmar	FER	2.40	2 Kandeydi, Hikmet 3 Held, Rudolf M75	TUR	9.41
2 Gesi, Henri W35 1 Best, Nicole 2 Brandenburg, Barbara 3 Sarembe-Stegmaier, C W40 1 Bettucci, Paola 2 Garcia Frontons, C, 3 Terenteva, Natalia W45 1 Alvernhe, Dominique	GER 1 GER 1 GER 1	4:11.74 4:15.80	2 Osipov, Ivan 3 Buchar, Jan	RUS RUS CZE	29:32 29:42	3 Fenske, Hans-J M60 1 Stierle, Bernhard	GER	1.66	1 Nix, Diethild W65	GER	2.20	1 Porep, Karl 2 Jarvinen, Matti	GER	8.59 8.47
2 Brandenburg, Barbara 3 Sarembe-Stegmaier, C W40 1 Bettucci, Paola 2 Garcia Frontons, C, 3 Terenteva, Natalia W45 1 Alvernhe, Dominique	GER 1		M75 1 Braun, Engelbert M80	GER	29:45	2 Leshchenko, Nikolay 3 Albrecht, Hermann M65	RUS GER	1.54	1 McLenna, Dorothy 2 Champion, Sheila	IRL	1.80	3 Dobriban, Gsza M80 1 Zensch, Emmerich	HUN	7.30
Bettucci, Paola Garcia Frontons, C, Terenteva, Natalia W45 Alvernhe, Dominique	ITA 1	3:34.11 3:44.57	1 Gomes, Adriano 2 Genadry, François	POR	48:52 1:01:45	1 Sarndal, Carl-E 2 Volkert, Juergen	SWE	1.54	Long Jump M35	050		2 Albrecht, Horst 3 Knauber, Herbert	GER	6.87
3 Terenteva, Natalia W45 1 Alvernhe, Dominique			3 Riederer, Josef M85 1 Pauwels, Emiel	GER	1:02:09	3 Miekautsch, Hans 3 Crocker, Anthony M70	RSA GBR	1.42	1 Elfert, Holger 2 Kunne, Niels 3 Araneda, John	GER GER CHI	6.63 6.58 6.39	M85 1 Hamalainen, Ensio M90	FIN	4.27
1 Alvernhe, Dominique		5:57.35 6:05.75	W35 1 Walter, Iris	GER	44:19 28:29	Andersen, Henry Schollmayer, Gunter Kandeydi, Hikmet	DEN GER TUR	1.40 1.33 1.33	1 Wenk, Reiner 2 Straub, Thomas	GER GER	6.95 6.89	1 Colo, Vittorio W35 1 Jokiel, Annett	GER	5.73
2 Picard, Marie-Francoise	FRA 1	5:31.94	2 Tonk, Christina 3 B ejjani, Marie W40	GER LIB	29:57 30:40	M75 1 Nevrup, Nils-B	SWE	1.37	3 Foster, Gregory M45	USA	6.81	2 Neviani, Elisa 3 Krepkina, Valentyna	UKR	11.55
 Sangvik, Sigrun W50 Fernandes, Maria Alice 		5:40.95	Rupp, Brigitte Klostermann, Waltraud Jacobs, Sylvia		26:35 26:43	2 Fernaeus, Axel 3 Dobriban, Gsza M80	SWE	1.18	1 Wade, Trevor 2 Glubert, Dieter 3 Piapan, Paolo	GBR GER ITA	6.32 6.17 6.09	1 Henneberger, Christine 2 Biskup, Marianna	GER	11.25
2 Briz, Maria Josefa 3 Max, Erika W55	ESP 1	7:15.36	1 Dietz, Regina	GER	28:31	1 Hess, Walter 2 Zensch, Emmerich 3 Magnusson, Axel	GER AUT SWE	1.27	9 Houba, Peter M50 1 Ritte, Wolfgang	USA	5.67	3 Brown, Jenny W45 1 Seifert, Gisela	GBR	10.60
1 Loyer, Suzanne 2 Werner, Annelore	FRA 16 GER 16		2 Greenan, Mags 3 Steinkuhler, Karla W50	GER	27:43 29:29	3 Heinonen, Helmer M85	FIN	1.09	2 Meier, Albert 3 Bottcher, Wolfgang	SUI	5.70 5.57	2 Behrens, Renate 3 Roelands, Evie	GER	10.13
3 Lewis, Ann W60 1 Fleetwood, Gudrun	GBR 1	7:19.62	1 Semenova, Afiya 2 Vogl, Gudrun	RUS	29:04 29:34	1 Langer, Klaus 2 Wefelscheid, Hans 3 Sansonetti, Ugo	GER GER ITA	1.06 1.03 1.03	M55 1 Jorge, Paez V 2 Vybostok, Vladimir	ESP	5.68 5.65	1 Friedrich, Christina 2 Avizoniene, Genoviate	GER	9.25 7.59
2 De Wolf, Frieda 3 Karetie, Pirjo	SWE 11 BEL 11 FIN 18	3:06.49	3 Sloss, Barbara W55 1 Rocnakova, Miloslava	GBR	34:35	M90 1 Colo, Vittorio	ITA	0.86	3 Saulyak, Svyatoslav M60	RUS	5.48	3 Rolidou, Magda W55	GRE	7.01
W65 1 Sommier, Josette 2 Langford, Jill	FRA 18 GBR 19	3:56.04	2 Golde, Doris W60	GER	38:16	W35 1 Rahn, Sabrina 2 Deak, Katalin	GER	1.66 1.63	Backlund, Stig Stierle, Berhnhard Sievers, Uwe	FIN GER GER	5.58 5.06 5.00	Reismann, Gertrude Raschker, Phil Dahler, Margaritha	GER USA SUI	9.40 8.76 8.15
3 Westphal-Cher, Renate W70	GER 20	0:57.81	1 Azeroth, Heidi 2 Jones, Brenda 3 Osborne, Eva	GER GBR GBR	33:22 34:51 37:43	3 Lindemann, Frauke W40	GER	1.63	M65 1 Muller, Lothar	GER	4.89	W60 1 Graff, Edith	BEL	9.25
1 Angelis, Ruth 10K Walk	GER 2	3:34.56	W65 1 Heyn, Ina W70	GER	32:23	1 Freyer-Krause, H 2 Laing, Wendy 3 Brown, Jenny	GER GBR GBR	1.63 1.63 1.63	2 Fischer, Lothar 3 Staudenmayer, Wolfg M70	GER	4.87	2 Springmann, Erika 3 Dijkman, Rietje W65	GER NED	8.73 8.54
M35 1 Kreutz, Manfred	GER	47:08	1 Vitola, Velta	LAT	38:06	W45 1 Gregor Petra	GER	1.51	Popov, Vladimir Schollmayer, Gunter Held, Rudolf	GER GER	5.02	1 Menzler, Wally 2 Heimann, Erika W70	GER	7.97
2 Staedler, Karsten 3 Tardi, Emmanuel M40	GER FRA	52:23 1:04:01	Pentathion M35 1 Stewens, Thomas	CCD	2027	2 Reinhold, Astrid 3 Bose, Sigrid 8 Hoppie, Carla	GER GER USA	1.48 1.42 1.30	M75 1 Hoffman, Hans	GER	4.21	1 Larsson, Asta W75	SWE	7.09
1 Bengtsson, Bengt 2 Varnizy, Philippe	SWE	44:40 46:55	2 Holer, Franz 3 Spiegl, Horst	GER GER	3837 3561 3428	1 Reinboud, Weia	NED	1.51	2 Eberle, Hans 3 Pleiffer, Horst M80	GER	4.15 3.72	1 Gomberadze, Kaleriya W80 1 Jortikka, Kaija	RUS	6.51
3 Gnauck, Dick M45 1 Blazek, Pavol	GER SVK	47:15	5 Melton, Thomas M40 1 Foster, Gregory	USA	3007 4072	2 Prezel, Stanka 3 Dech, Inge W55	SLO	1.48	Breder, Rudolf Albrecht, Horst	GER GER	3.42	2 Wixey, Mary	GBR	3.89
2 Kisselev, Mikhail 3 Barabash, Vladimir	RUS	48:01 50:18	2 Meyer, Jurgen 3 Bakx, Wan	GER	3808 3799	1 Raschker, Phil 2 Kraehe, Waltraud	USA GER	1.30 1.30	3 Sobrero, Bruno M85 1 Sansonetti, Ugo	ITA	3.38	Shot Put M35 1 Kalveram, Peter	CED	
M50 1 Ruzzier, Fabio 2 Gaus, Peter	SLO GER	47:21 47:27	M45 1 Werthner, Georg	AUT	4163	3 Reismann, Gertrude W60 1 Vogel, Renate	GER	1.27	2 Langer, Klaus 3 Eble, Eugen	GER	2.58	2 Nasgowitz, Thomas 3 Krah, Uwe	GER GER	16.11 15.29 15.18
3 Korsun, Oleksandr M55	UKR	50:18	2 Gluber, Dieter 3 Indra, Hubert 7 Russ, Jim	GER ITA USA	3975 3972 3625	2 Graff, Edith 3 Dijkman, Rietje W65	BEL	1.27	1 Colo, Vittorio W35	ITA	2.53	1 Pyritz, Enrico 2 Turner, Andrew	GER GBR	16.20 15.33
1 Kehrer, Hans 2 King, Patrick 3 Straka, Eduard	GER IRL SVK	53:23 54:07 54:13	M50 1 Murray, William 2 Gentle, Glenn	USA	4045	Perugini, Giulia L Laprelle, Micheline Heiman, Erika	ITA FRA	1.09	Deak, Katalin Rollepatz, Gabi Krepkina, Valentyna	HUN GER UKR	6.13 5.43 5.41	3 Heintz, Fernand M45	LUX	14.91
M60 1 Degener, Karl	GER	53:23	3 Mellfattrick M55	NED GBR	4007 3787	2 Heiman, Erika W70 1 Happ, Christa	GER	1.06	1 Kallmeier-Schroder, K 2 Upshaw-Margerum, Jo	GER	5.35 5.34	1 Melynas, Jean-P 2 Medvedev, Alexandre 3 Lanziner, Edmund	FRA RUS ITA	14.70 14.66 14.19
2 Turner, Colin 3 Strieder, Hermann M65	GBR	55:58 56:28	Hallgrimsson, Stefan Beinvogl, Wilhelm Suominen, Harri	ISL GER FIN	4051 3903 3699	2 Stolting, Ingrid W75 1 Gomberadze, Kaleriya	GER	1.00	3 Biskup, Marianna W45	POL	5.30	1 Shiaras, Michael 2 Springborn, Horst	USA	15.08 14.12
1 Sinagulov, Minivali 2 Jordana, Alexis 3 Irbe, Zigurds	RUS FRA LAT	54:35 56:13 58:29	M60 1 Geese, Rolf	GER	4725	2 Wippersteg, Christane 3 Schneider, Helga	GER GER	1.00	1 Bose, Sigrid 2 Filer, Carole 3 Behrens, Renate	GER GBR GER	5.01 4.88 4.88	3 Reczka, Bedrich 20 Watson, Richard M55	USA	13.89
M70 1 Weidner, Gerhard	GER	55:57	2 Leshchenko, Nikolay 3 Bahr, Kllaus-Eggert M65	RUS GER	4236 4137	1 Struven, Margarete W85	GER	0.86	13 Petkus, Joanne W50	USA	3.41	1 Griffin, Neil 2 Krone, Reinhard	GBR	14.69 14.69
2 Sciarretta, Mario 3 Hartwig, Karl-Heinz M75	GER 1	1:02:38	Ortmanns, Gunter Heinz, Edward Klaus, Willi	GER GER	4141 3975 3962	1 Kotelko, Olga	CAN	0.89	1 Dech, Inge 2 Lawson, Janet 3 Graser, Helma	GER GBR GER	4.84 4.23 4.19	3 Regtop, Marten 9 Rex Harvey M60	NED USA	14.42
1 Schwab, Otto 2 Aguayo, Mario		1:10:02	M70 1 Kandeydi, Hikmet	TUR	3477	Pole Vault M35 1 Neumann, Gregor	GER	4.60	W55 1 Meier, Ingrid 2 Reismann, Gertrude	GER GER	4.57 4.27	1 Goldschmidt, Kurt 2 Reinhardt, Eugen	GER	16.57 14.58
3 Withers, DenisW351 Sarembe-Stegmaier, C		53:07	2 Maier, Herbert 3 Koet, Arend M75	GER NED	3233 3170	2 HernandezRivero, F 3 Eastwood, Simon M40	ESP GBR	4.40 3.80	3 Foerster, Karin 4 Raschker, Phil	GER	4.26	3 Jeremias, Attila 8 Mathews, George M65	USA	14.26 12.60
2 Primas, Barbara 3 Mauricio, Paula	GER POR	56:09 56:59	Metelkin, Nikolay Seib, Edmund	RUS	3274 3132	1 Achtelik, Alfred 2 Spony, Marc	GER FRA	4.60 4.50	1 Graff, Edith	BEL GER	4.35 3.96	1 Marg, Karl-H 2 Duttke, Dieter	GER GER	15.15 12.95 12.62
W40 1 Terenteva, Natalia 2 Ehrenberger, Margot	RUS GER	57:32 58:39	3 Daniels, Edwin 4 Daprano, William M80	USA	2735 2415	3 Hillebrecht, Martin M45 1 Pazak, Peter	GER SVK	4.40	2 Eriksen, Anne-K 3 Kinger, Gudrun W65	SWE	3.86	3 Hansen, Johann M70 1 Rui, Tarald	NOR	13.36
3 Bishop, Fiona Jane W45 1 Sangvik, Sigrun	GBR 1		1 Sobrero, Bruno 2 Albrecht, Horst	GER GER	3342 3085	2 Pieper, Gerhard 2 Schwab, Gerhard	GER	3.60 3.60	1 Hofmann, Elfriede 2 Menzler, Wally 3 Heimann, Erika	GER GER GER	4.06 3.81 3.38	2 Rado, Carmelo 3 Saarinen, Leo M75	FIN	13.06 13.05
2 Marcenco, Natalia 3 Sweazy, Nanci	ITA CAN	56:13 57:24	3 Knauber, Herbert W35 1 Deak, Katalin	GER	2571 4299	M50 1 Ritte, Wolfgang 2 Gissurarson, K	GER	4.45 4.20	W70 1 Kreiskott, Rosemarie	GER	3.25	1 Will, Heiner 2 Moll, Klaus	GER GER	12.13
W50 1 Fernandes, Maria Alice 2 Briz, Maria Joseta	POR	55:21 1:02:17	2 Gahling, Barbara 3 Finegan, Geraldine W40	GER GBR	4048 3774	3 Dewil, Emile-J 4 Kingstad, Jeff	BEL	4.20	2 Larsson, Asta 3 Happ, Christa W75	SWE	3.20 2.97	3 Filip, Ladislav M80 1 Erikkson, Erik O	CZE	10.80
3 Gotz, Anna Elisabeth W55	GER	1:06:44	1 Laing, Wendy 2 Johnson, Charmaine	GBR GBR	4280 4093	M55 1 Markowski, Bogdan 2 Linder, Albert	GER SUI	3.95 3.60	1 Lorenz, Ingrid 2 Wippersteg, Christiane 3 Schneider, Helga	GER GER GER	2.85 2.62 2.50	2 Makela, Valto 3 Heinonen, Helmer M85	FIN	9.73 9.53
1 Loyer, Suzanne 2 Werner, Annelore 3 Lewis, Ann	GER GBR	57:02 57:48 59:30	3 Straschewski, Anke 6 Upshaw-Margerum, Joy W45	GER	3995 3502	2 Linder, Albert 3 Vayrynen, Eero M60	FIN	3.50	W80 1 Struven, Margarete	GER	2.11	1 Svennevik, Erling 2 Lonnroth, Helge	NOR FIN	8.52 8.32
W60 1 Seiler, Waltraud 2 Karetie, Pirjo	GER		Escribano, Maria Rosa Bose, Sigrid	ESP GER GER	4118 4028 3847	Lagerqvist, Hans Castillo Yui, M A Scheer, Wulf-D	PER GER	3.20	2 Wixey, Mary W85 1 Kotelko, Olga	GBR	1.66	3 Hamalainen, Ensio M90 1 Riboni, Mario	FIN	6.99 7.10
3 Herrendoerler, Ursula W65	GER	1:05:02	3 Baseda, Wiebke 5 Hoppie, Carla 10 Petkus, Joanne	USA	3135 2205	3 Leshchenko, Nikolay M65 1 Rossi, Galdino	RUS	3.00	Triple Jump	0,		2 Polgar, Anton W35	GER	6.51
 Sommier, Josette Langford, Jill Westphal-Cher, Renate 	GBR	1:03:40 1:07:21 1:11:47	1 Rumpler, Angelika 2 Hiltscher, Ulrike	GER GER	3675 3357	2 Kurunczi, Zoltan 3 Muller, Walter	HUN GER	3.00	1 Triebstein, Martin 2 Federici, Giorgio	GER	14.12	1 Muller-Schmidt, J 2 Stolt, Silke 3 Weller, Ellen	GER GER	13.33 11.77 11.65
Cross-Country	GEII		3 Leaping Rabbitm G. W55	GER	2750	M70 1 Guieysse, Jean-F 2 Day, Jim	FRA	2.80	3 Vellend, Marek-Igor M40	EST	13.26	W40 1 Sterlekar, Marija	SLO GER	13.12
M35 1 Buck, Uwe 2 Mickeler, Rall	GER GER	24:55 25:11	Dahler, Margaritha Wladika, Jacqueline Gkouzia, Eleni	AUT GRE	4064 2773 2168	3 Kandeydi, Hikmet 3 van Giezen, Kees	UTR NED	2.40	1 Knabe, Wolfgang 2 Cyediran, Akin 3 Cameron, Rez	GBR GBR	14.16 14.06	3 Straschewski, Anke W45	GER	13.03 12.76
3 Reichert, Rene M40 1 Brown, John	GER GBR	25:24	W60 1 Stedtler, Christa	GER	3926	M75 1 Kutman, Martin 2 Woods, Alfred	EST GBR	2.70	15 Sloan, Kerry M45 1 Werthner, Georg	USA	11.71	1 Schenkels, Tine 2 Teuscher, Helma 3 Keller, Heidi	NED GER GER	12.64 11.97 11.72
2 Herzog, Albert 3 Valentin, Joerg	GER GER	22:43 22:49	2 Charles, Jackie 3 Tomilova, Nelli	GBR	3344 2963	3 Dinler, Mustafer V M80	TUR	1.90	2 Klungland, Stein T 3 Laurent, Hugues	NOR FRA	13.24 13.15	W50 1 Melnikova, Svetlana	RUS	13.21
M45 1 Erdlenbruch, Michael 2 Luders-Bahlmann, Uwe	GER GER	23:32 24:51	High Jump M35	050		1 Knauber, Herbert W35	GER	1.03	5 Houba, Peter M50	USA	12.96	2 Rumpler, Angelika 3 Schmitt, Karin W55	GER	11.78
3 Weber, Ralf M50	GER	25:16	1 Kurzbuch, Walter 2 Domicz, Adam 3 Scheffler, Wolfgang	GER POL GER	1.90 1.87 1.84	1 Hill, Irie 2 Vauchel, Sandrien 3 Ziemann, Christina	GBR FRA GER	3.80 3.30 3.10	Wenzke, Manfred Marchetti, Crescenzio Meyer, Johannes J	GER ITA GER	13.15 13.00 12.56	1 Anderes, Edith 2 Mackenroth, Ute	SUI	12.37
1 Bayon Puerta, Manuel 2 Rice, Sean 3 Pletzer, Rudolf	ESP RSA GER	23:45 23:57 24:42	M40 1 Segatel, Marco 2 Getek, Karol	ITA GER	2.01	W40 1 Forcellini, Carla 2 Lowe-Endeman, Lariss	ITA	3.60 3.60	M55 1 Kreft, Claus-W 2 Taavitsainen, Tapani	GER	12.18	3 Albrecht, Teodora W60 1 Sporer-Tosic, Katarina	GER	9.99
M55 1 Price, Roger	USA	25:07	3 Malinowski, Peter 4 Van Zandt, Thomas	GER	1.87	3 Auth, Gabriella W45	HUN	3.00	3 Kuhlewind, Hans M60	GER	11.09	2 Iligen, Karen 3 Jakobsone, Maija	GER	11.43
2 Jorba, Jordi 3 Cordes, Heinz-Dieter	GER	25:13 25:33	1 Prosvirnin, Viacheslav	RUS	1.84	1 Hartigan, Dawn 2 Schoeppe, Jutta	GER	3.35	1 Backlund, Stig 2 Power, Sean	FIN	12.36 11.93	W65 1 Williams, Evaun	GBR	10.69

Frans Erasmus

Mervyn Wynick

Sonney Polley

Boy De Klerk

W30 Charmaine Du Toit

Ron Cross

M85 Carle Pace

W40 Ronel Beukes

W55 Flsa Jordaan

W75 Isabel Hofmeyr

M35 Frans Erasmus

M40 Jose Wehr

W65 Rita Blair

Jose Wehr

M45 Joseph Warries

M50 Johan Swiegers

23.22

24.70

25.50

25 26

29.29

31.66

32.89

30.19

26.65

27 68

33 16

36.17

37.05

W45 Olga Howard

W50 Maryna Vos

5000

M40

M45

10.000

W65 Magdaline Johnson

Angus Kleinsmith

Terence Brown

M35 Donovan Wright

M50 Danie Nienaber

M65 Sybrand Mostert

W45 Charmaine Cupido

M55 Johan Botha

W30 Venita Nel

W50 Aldré Lategan

W60 Anna Van Zyl

56.24 M40 Angus Kleinsmith

M35 Donovan Wright

5-38 51

7:17.26

8:14.38

15:37.56

18:03.54

16:35.71

17:31.84

19:37.35

19:29.59

25:44.31

20:03.21

29:58.35

23:43.18

32:42.65

37:34.20

M60 Dawie Heunis

M65 John Warren

M40 Henry Fortuin

M50 Charles Carl

M45 Joseph Warries

M55 Johan Du Preez

M60 Sonney Polley

M65 John Africa

M50 Manie Smit

M65 Albert Smith

M35 Jacobus Loots

M40 Stephan Jacobs

M45 Riaan Von Bentheim

Triple Jump

Shot Put

M70 Leo Benning

Long Jump

1 25

1.25

5.23

4.99

4.98

4.16

3.42

9 09

6.51

11.07

9.55

M65 Andrzei Rzepecki

Borge Stannius

Phillip Frech

M70 Heine Naude

M85 Laurie Wale

M35 Jacobus Loots

M40 Henry Fortuin

M50 Johan Allers

M65 Albert Smith

M70 Leo Benning

M85 Laurie Wale

M55 Tony Cawood

M60 Ingo Hildebrand

Borge Stannius Phillip Frech

M45 Riaan Von Bentheim

M75

M80

M75

M80

Javelin

M35

M40

M55

M60

M70

NATIONAL

USATF Masters Champ ionships/New Bedford Half-Marathon New Bedford, MA

44.74

25.42

29.70

18 52

18.06

43.00

43.10

36.52

19.54

31 04

31.30

26.76

30.22

21.72

March 21 Daniel Cheruiyot 30 67:30 78:55 70:31 Cathi Campbell 36 M40 Michael Payson 72.08 72.15 Jim Quadros M45 Craig Fram Martin Tighe Steven Calidonna 71:36 75:50 Robert Ruel Phil Riley Bruce Bond 77:46 81:26 84:18 M55 Laurence Olsen Jerry Learned

Steve Reed	83:53
M60 Armenio Ferreira	88:54
John Cederholm	93:11
George Kasierski	95:22
M65 Jim Daley	97:09
Bill Masterson	1:41:23
Paul Schell	1:47:39
M70 Donald Dayton	1:51:57
Bob Hillman	1:57:06
Robert Hall	2:00:53
M75 Joe Fernandez	1:44:12
M80 Carlton Mendell	2:45:07
W40 Martha Merz	82:36
Rosalva Bonilla	82:56
Cathy Pearce	86:40
W45 Nancy Corsaro	87:01
Sue Hackney	88:01
Darlene Murray	1:41:20
W50 Victoria Crisp	95:24
CarolynSmithHan	
Tern Martland	97:11
W55 Mary Ryczek	1:44:21

Linda Usher 1:48:34	MoniqueRobitaille 2:05:36			asters News Richard Williams	1:10:20				ge 3
Irene O'Brien 2:03:57	W65 Carrie Parsi 1:55:40	W55 Carol Hansen W60 M Greeley Walsh	30:15 29:54	Ken Quincy	1:18:26 1:18:39	Sarah Pettinato W65 Pat Delaney	55:54 64:22	Wallace Hinkle Myron Hunt	2:33:5
/60 Laura Beckwith 1:57:27	Barbara Belanger 2:11:24	W65 Margaret Carinci	36:28	M70 Tom Ray George Yannakakis	1:18:02	Alexandra Finger	71:38	M75 Joseph Petroline	3:13:4
U.S. Women's Olyr	npic Marathon Trials	W70 Thelma Wilson	36:56		1:23:51	W70 Dolly Finkelstein	72:09	Leslie Longshore	3:20:5
St. Louis.	MO: April 3	W75 Joan Rowland Half-Marathon	45:35	Greg Kosmas	1:26:28	SOUTHEAS	CT.	W40Carol Legate	1:18:0
		Overall			1:28:16		Contract of the last	Mary Glover Lori Goldweber	1:34:3
	9 Boulder, CO 2:28:25 0 Lake Villa, IL 2:36:30	Eugenri Bozko 28	1:09:04		1:27:43	Mercedes Marathon	& Half-	Karen Kennington	
	D Lake VIIIa, IL 2:36:30 2 San Luis Obispo, CA 2:37:28	M40 Leonardo Moya	1:13:46	Bill Morrison	1:58:56	Marathon, Birmingh	am, AL	Caroline English	1:36:5
32. Susan Loken 4	O Phoenix, AZ 2:44:23	M45 Alan Ruben	1:13:13	M80 Lou Lodovico	1:23:30	Feb. 8	NO WOOL	W45Ann Eller	1:42:5
	4 Shorewood, MN 2:47:14 2 Rock Springs, WY 2:49:30	M50 Jack McShane	1:19:43	W40Debbie KilpatricMoi Mary Carmichael	1:04:16	Overall		Lydia Scannell	1:44:4
	St. Paul, MN 2:52:21	M55 Joseph Porcaro	1:23:12		1:04:59	Mike Korir	2:30:12	Susan Jones	1:47:2
70. Rosa Gutierrez 4	Glendale, OR 2:52:34	M60 Luis Flores	1:31:28	Chris Reed	1:05:08	Dorota Gruca	2:56:06	Margaret Taylor	1:47:3
 Doreen McCoubrie 4. Maria Trujillo de Rioe 4. 	2 Malvern, PA 2:57:35 4 Los Gatos, CA 2:58:38	M65 Alfred Finger	1:36:40		1:05:19	M40 Jeff Terry	2:44:55	Gail Jope	1:47:4
94. Angela French 4:	Lacey, WA 3:02:41	M70 Rich Hause M75 Chauncey Leake	1:44:49		1:01:15	Tim Lee John Casterline	2:54:08 3:08:22	W50 Joanne Barry	1:43:1
104. Meghan Arbogast 4:	Corvallis, OR 3:10:48	M80 Sab Koide	2:40:06 2:19:54		1:04:20	Joey Warner	3:07:57	Huda Melky	1:48:0
105. Kathy Aragon 4. 106. Karen Sanford Gall 4:	4 Billings, MT 3:19:23 3 Billings, MT 3:21:59	WOO Sab Noide	2.19.34		1:11:47	Mark Ellis	3:13:10	Nancy Anderson	1:50:2
		More Marathon, N	ew York.		1:12:47	M45 Steven Bremner	3:03:40	Janet Brookner Billie Villarrubia	1:58:
EA	ST	NY; March			1:10:23	Bill Meece	3:06:24	W55Claudia Crawford	
The state of the s		(W40+ only!)			1:14:29	Marcus Cathey	3:12:23	Linda Sledge	1:53:
George Washington	M70 Sam Soccoli 72 6:33:48			Patricia Donohue		William Bates	3:13:18	Donna Baggett	2:05:0
Birthday Classic 10K	W30 Yayoi Shimada32 4:15:30 JodiKartesHeino334:38:22	Overall Marie Murphy 44	3:04:03		1:17:38	Ted Maglione	3:16:22	Martha Dawson	2:08:
Alexandria, VA; Feb. 14	W40 J L Reicher 41 4:13:00	W40M Murphy	3:04:03		1:15:16 1:19:37	M50 John Kennedy	3:04:56	Lynn Yeilding	2:09:
Overall	DeboraRedding49 6:30:14	Roxi Erikson	3:10:18		1:20:19	Barry Ege Douglas Maclean	3:07:36	W60Priscilla Davis	2:16:
Alex Hutchinson 27 30:37	W50 Admas Beligne50 5:13:26	Monica Lukas	3:12:47	Jane Godfrey	1:20:34	Kenneth Harkless		Janice Hicks	2:27:
Meghan McLaughlin 25 35:44	SherryBellovin 57 6:49:49	Yumi Ogita Patrice Kentner	3:16:27		1:21:59	Jerry Keith	3:18:35	Julia Mills	2:31:
M40 Chris Chattin 33:28	W60 Helma Clavin 60 5:24:12	W45Beth Moras	3:11:15		1:18:04	M55 Dave Roberson	3:21:54	Betty Leverton	2:35:
George Buckheit 34:43		Susan Skidmore	3:15:38	Kathy Lewis	1:24:29	Marvin Hemphill	3:26:18	Carolyn Beard	2:36:
Ted Poulos 34:49	Equinox 20K USATF-NJ	Susan Gold	3:25:12	Miriam Lollar	1:27:37	Jeff Hawkins	3:27:55	W65Rachel Ferguson Bess Hatcher	3:16:
M50 Richard Adams 37:55	Championships, Piscat-	Denise Dipangrazi W50Maggy Zidar	3:42:15		1:29:18	Donald Young	3:44:59	Carolyn Locascio	
Tim Doescher 38:08	away, NJ; March 14	Admas Belilgne	3:43:01	11.1	1:24:55	Gordon Ladner	3:45:32	W70Jo Morris	3:03:
Dan Eddy 38:53	Qyerall	Jean Schmidt	3:54:22		1:25:09	M60 Ken Brewer	3:14:15	Despina Triantos	
M60 Lou Shapiro 43:25	Terrance Armstrong 32 1:05:45	W55Nancy Trammell	3:36:58	Una Marie Pierce	1:36:21	Jim Dixon	3:58:24	- Trainings	3.00
Maynard Weyers 46:51 Philip Hager 47:52	Caryn Heffernan 30 1:15:34	Gregoria Aleman	3:38:18	Ann Vella	1:40:24	W Schmidtfrerick		Outback Steakho	use 1
M70 Jack McMahon 50:51	M40 Doug Fitzhenry 1:11:43	Eija Ayravainen	4:08:43		1:31:08	Sammy Morris	4:09:39	Orlando, FL; Fe	
Robert W Flint 70:30	Daniel Feder 1:12:13	W60Kathy Sager	4:18:11		1:35:10	Goetz Jordan	4:10:26	Overall	
M80 Walt Washburn 62:08	Peter Allen 1:13:06 Jose Guzman 1:14:02	Patricia Denton Helma Clavin	4:20:06		2:04:43	M65 Paul McCain	3:54:54	MARTIN YELLING 31	39
W40Leslie Minnix Wolfe 40:40	Sergio Cano 1:14:18	W65Evelyn Davis	4:31:40		2:05:15	Chuck Van Duze		KATY RADKEWICH 24	45
Sarah Buckheit 45:27	M45 Peter Coy 1:16:21	Naomi Vogel	5:23:48	W85Hedy Marque 86	2:12:58	John Jolly Sam Gillis	4:10:40	M40 PAUL HOLYKO	44
Deborah Margraff 48:18	Marc Giguere 1:16:28		5:25:23			George Stump	4:16:41	GRAHAM WHITE	45
V50Alice Franks 44:44	Michael Ferinden 1:20:21		5:47:29	NYRR Scotland R	10V	M70 Malcolm Gillis	3:52:11	DANIEL FRENCH	46
Peggy Davis 48:49	Bob Nelson 1:20:31 John W. Taylor 1:20:54	Vivian Lowery 80	4:49:52			W40Cheryl Boessow		NACHO PEREZ	47
Suanne Shocket 50:30	M50 BruceLangenkamp1:18:21	- Time Comply 00	5.50.25	Central Park, NYC	April 4	Sabine Kane	3:31:58	JAMES SHEA	49
V60Tami Graf 54:57	Bill Bosmann 1:19:16	NYRR 8000, Centr	al Park	Overall		Lana Hayden	3:33:54	M45 WADE ZWIENER	4
Mary Ann O'Connor 55:39	Christophe Lehmart :19:56	NYC; March		Philippe Rolly 31	31:44	Anna Chambers		DAVID PUTNAM	4
Rosemary Jellish 64:05	Bill Trengove 1:24:27 M55 Jorge Rivera 1:21:46	itto, march		Fiona Baily 36	38:32	Barbara Davis	3:40:36	KEN STECKERT	4
	Antonio Grazina 1:24:16	Overall		M40 Tim Leinbach M45 Amador Ybanez	34:53	W45Elizabeth Weave	er 3:45:34	DAVE DUNN	5
Newark Distance Classic	Russell Stallone 1:31:09	Kassahun Kabiso 20	24:24	M50 Bob Hermesch	40:19	Barbara Nawroc		M50 RIC BANNING	4
20K, Newark, NJ	Tom Faruolo . 1:32:08	Christina Blackmer 28	28:06	M55 Julio Aguirre	39:49	Lesley C-Swann		DON UNGARO	4
March 7	M60 Bill Hagman 1:24:59 Ron Ayre 1:25:36	M40 Jerry Macari	26:23	M60 John Samsel	41:09	Jennifer Miles	3:50:40	DANNY STEVENS	50
Overall	Ron Ayre 1:25:36 Pat Cosgrove 1:28:33	M45 Vladimir Tomilov	27:52	M65 Witold Bialokur	43:13	Joyce Lichty W50Naomi Abe	3:53:52	BOB OLENEK	50
Patrick Nthiwa 21 1:00:32 yuda Biktasheva 24 1:14:51	Ted Lanter 1:31:31	M50 Bob Hermesch	30:40	M70 Carlo DiGiorgio	51:28	Karen Mitchell	3:38:29 4:01:06	MICHAEL MCCORK	LE 5
M40 Peter Allen 1:13:20	M65 John Leonard 1:33:34	M55 Julio Aguirre	30:38	M75 Edward Lasso	1:00:51	Luvern Blackwood		M55 DAVID SMITH	51
M Souza 1:13:57	Dick Hill 1:37:59	M60 John Samsel	31:31	M80 Sab Koide	1:00.22	Clo Mallory	4:05:42	PETE SEMPLE	52
Rick Pingitore 1:15:30	Patrick Brady 2:08:27	M65 Alfred Finger	34:17	W40 Yumi Ogita	40:57	Peggy Lanier	4:11:55	BILL SZAKOVITS	58
Sergio Cano 1:18:47 Donald Moore 1:20:35	M70 Joseph Labruno 1:50:44 William Richardson1:57:11	M70 Carlo DiGiorgio M75 William Fortune	40:34 39:57	W45 Sharon Vox	40:34	W55Isabelle Joffrion	3:51:22	JOHN BLEXRUD	1:00
Donald Moore 1:20:35 ISO Bruce Langenkampt:21:02	Angel Aponte 2:01:51	M80 Sab Koide	46:37	W50 Sandra Powers	47:13	Joan Palatto	4:20:21	NICK IRWIN	1:00
Feliciano Pereira 1:23:00	W40Myrna Rosal 1:29:21	W40 Angela Person	31:57	W55 Kathleen Horton	48:01 49:56	Linda Lazar	4:28:48	M60 NARCISO TAVALES	
Antonio Grazina 1:26:39	Pamela Fales 1:32:09	W45 Sharon Vos	31:40	W60 Vida Beaven W65 Naomi Vogel	1:01:19	Hally McCrea	4:56:11	PEDRO LEBROW	1:06
Antinio Cruz 1:27:20	Elizabeth Jennison1:35:28 Laura Sadler 1:37:50	W50 Mary Rosado	37:29	W70 Ginette Bedard	51:32	Faye Comanor	5:35:38	FRANK FITZPATRIC	The state of the s
Lucio Cardona 1:28:41 160 Pat Cosgrove 1:30:54	Sherrie Felton 1:40:04	W55 Betty Shonts	36:39	W75 Joan Rowland	1:12:10	W70Kathleen Callawa		DONALD TRITCH JOE CRANE	1:13
Matt Lalumia 1:40:02	W45Beth Moras 1:24:22	W60 Carol Johnston	38:56	Tiro court tomand	1.12.10	Half-Marathon		M65 FRANCO MUCI	1:16
Elmer Cheesman 1:42:54	JanFarnungkrause1:39:55	W65 Naomi Vogel	47:22	Nationwide Insura	nce 10K	Overall		PHIL WISNIEWSKI	1:06
Joe Saley 1:44:19	Julie Gerke 1:41:04	W70 Elaine Breiger	49:56	Run for ASPI		Sammy Nyamungo	1:06:43	JERRY HIATT	1:19
Joseph Cozzi 1:48:39	Mary Foley 1:41:10 Rene Rovtar 1:46:43	W75 Joan Rowland	57:29	Plainview, NY; A		Deeja Youngquist 26	1:17:14	JAMES CANDLER	1:2:
70 Joseph La Bruno 72:51:18 Angel Aponte 76 2:07:28	W50Vera C. Stek 1:44:46	W80 Edith Farias	1:04:24		.p.,, 5	M40 Tom Selden	1:18:30	M70 DON BOARDMAN	1:10
40Jeanne Pare 1:19:04	Margaret Mchale 1:57:19			Overall Carlos Castro 35	34:13	Matthew C-Smith		DAVID WEBER	1:18
Joy Jaworowski 1:25:03	Susan Doran 2:02:34	Credit Union CI	herry	Kathryn Martin 52	34:13	Kirk Smith	1:23:16	HENRY CAMPBELL	1:20
Beth Moras 1:27:00	Beverly Attinson 2:05:29 Debra Bernstein 2:10:11	Blossom 10		M40 Gerry O'Hara	34:40	Ryan Lamppa	1:23:36	WAYNE GILMORE	1:25
Myrna Rosal 1:30:42	Debra Bernstein 2:10:11 W55Betty Shonts 1:35:04	Washington, DC;		Thomas Taylor	36:05	Keith Pigue	1:24:28	DICK ROWE	1:54
Amy Rappaport 1:33:17 50Susan Escobar 1:42:53	Eileen Holzman 1:49:59	Overall	Mark C	John Lovejoy	36:57	M45 Malcolm Adams	1:24:07	M75 FRANCES BOLSON	
Terry Carroll 1:46:43	Antje Hennings 1:54:02	Nelson Kiplagat 25	48:12	M45 Donald Di Donat Jaime Palacios	o 35:10 35:25	James Waters	1:24:25	W40 TERESA CALIO	5
Barbara Hoess 1:48:35	Lois Brown Klein 2:01:43	Isabella Ochichi 24	52:07	Michael Robles	37:26	Danny Greer	1:26:01	MELISSA CORP	56
Eileen Holzman 1:53:26	W60Anna Thornhill 1:38:01	M40 Graeme Ackland	55:27	M50 Bob Giambalvo	36;15	Rick Franklin	1:27:56	ANN JOHNSTON	57
Antje Hennings 1:56:28	Patricia O'hanlon 1:53:42 Cole Musante 2:47:15	Andrew Klemas	57:10	Alan Oman	37,25	Mark Jacobs	1:29:33	P. HANSON-PETERS	
60Anna Thornhill 1:38:33 Patricia O'hanlon 2:01:27	Jane Van Eeuwen 2:59:31	Stephen Koch	57:46	Ted Truet	38:02	M50 Rick Boyle Craig Cecil	1:23:25	LEEANN DEMAY	59
Ellen Greengfield 2:13:00	W65Imme Dyson 1:43:46	Ted Poulos	58:14	M55 Michael Demicco	40:30	Tom Warren	1:36:19	W45 GINGER MCKIM	55
Jane Van Eeuwen 3:00:36	Annette Johnson 2:36:14	Richard Brokaw M45 David O'keefe	58:34 54:17	Jorge Aguilera Lutz Hoffmann	42.22	John Fields	1:36:51	KATHY GAGNIER DEBBIE NORTON	55
	NYRR Colon Cancer 4-Mile	Mark Malander	55:43	M60 Tom Maile	41:37	Patrick Riccardo	1:36:54	PATRICIA DONOHUI	
Caumsett 50K, Caumsett	& Men's Half-Marathon	Keith Mcintyre	58:18	Daniel Badalame	nt 42:59	M55 James Worthey	1:28:46	VIVIAN ARENAS	1:03
State Park, L.I., N.Y.	Central Park NYC; March 14	George Buckheit	59:25	M65 Joe Cordero	43:28	Alon Stewart	1:29:24	W50 JUDY KENNEDY	59
March 7	4-Mile	William Kauffman		Jose Mendez M70 Geza Feld	43:55 49:45	Dave Micale	1:34:38	GRETCHEN BUTTS	1:00
	Overall	M50 Chuck Moeser Richard Morgan	57:00	Guy Froehlig	54:18	Bob Richards	1:34:42	JANET PARKINSON	1:01
rerall	Retta Feyissa 28 20:23	David Webster	1:02:29	M75 Bert Jablon	55:39	J Montgomery	1:37:02	DOROTHY HENRY	1:06
udy Afanador 45 3:35:33	Ludimita Biklasheva 29 21:53	Mick Slonaker	1:02:52	George Marr	62:08	M60 Charlie Patterson	1:33:08	MARG. BRIDEWELL	1:08
dy Lynn Reicher 41 4:13:00 30 Byron Lane 36 3:53:08	M40 Jerry Marcari 21:25	Tim Morgan	1:03:00	M80+Sab Koide	58:11	John Carroll	1:45:47	W55 KIM SHOWALTER	1:06
	M45 Theodore Peterson 25:28	M55 William Dixon	58:44	John McManus W40 Barbara Gubbins	64:13	Ted Hegenbarth	1:48:23	WANDA ROBERTS	1:06
Timothy Deleo 39 3:55:24 Tim Henderson34 4:14:33	M50 Philip Shearer 26:37	Gordon Terwillige		Karen Cotty	41:05	Bob Galligan	1:52:14	RISSIE THIELER	1:09
140 R Afanador 45 3:53:33	M55 Bob Glover 27:44	Bill Rodgers Patrick Griffith	1:02:55	Susan Murray	43:02	Adam Robertson		MARILYN WHISNER	
Paul Arit 47 4:06:06	M60 John Samsel 25:15	Gordon Macfarlan		W45 Lori Harfenes	41:07	M65 Ciceron Bermude		MARIA FIGUERAS	1:12
Andrei Aroneanu 4:09:20	M65 Michael Goldman 28:51	M60 Jerry Warfield	1:09:05	Susan Skidmore	41:22	Felix Joffrion	2:06:14	W60 RITA SCHAFER	1:13
Jay Masten 4:12:59	M70 Donald Preven 40:20	John Haubert	1:09:15	Michelle Haller S		Jack Beisel	2:06:25	DONNA HIATT	1:19
M50 ArpanDeAngelo514:32:12	M75 William Fortune 31:25	Lloyd Blackwell	1:09:46	W50 Christine Bassar		Dillard Vaughn	2:11:31	WINNIE TYLER	1:20
GrantMcKeown54 4:37:49 Al Prawda 56 4:44:14	M80 Jonathan Berke 34:29	Roger Kilgore	1:10:22	Linna Tang W55 Melissa Kennedy	51:07	Andrew Battaile	2:23:08	JANET SCHAAF	1:42
	WAN Luyboy Kremleya 22-23	Malcolm O'hagan M65 Art Morey	1:10:28	Betty Horstmann		M70 Rudolph Bates	1:51:54	W70 LOIS GILMORE	1:11:
60 Don Villeneuve64 4:59:44	WILL C	incorat more)		Hilory Boucher W60 Helma Clavin	49:53	Dougues Marris	1.56.50	RUTH WEBER	1:38
M60 Don Villeneuve64 4:59:44 Bob Falk 60 5:22:24 Tim Ryan 60 5:26:30					40.63				

page 40			
Gulf Beaches Mara		M60 Bob Sciretta	1
Clearwater, FL; Fe	b. 22	Horace Ellis John McCall	1
Overall Ian Payne 36	2:50:47	M65 John Hamilton	1
Lisa Valentine 42	2:58:50	Jack Beisel	2
M40 Patrick Sullivan	3:12:06	Lee Echols M70 Phil Bohan	2
Bjoem Grass Kenneth Blahut	3:18:03	Russell Hughes	2
M45 Edward Basanti	3:10:35	Clarence Hartley	2
Bill Lengen	3:18:10	M75 Paul Wissler Bob Turver	2
Tim Hudson M50 Vincent Delguero	3:25:23	Warren Garmeson	
David Jacobs	3:33:48	W40Melanie Baker	1:
Steve Kruse	3:40:20	Barbora Saunders	
M55 Gene Cormier ,	3:23:11	Carol May W45Susan Briers	1:
George Hernand Arthur Sarakas	3:34:31	Sandra Davis	1
M60 Gerry Miller	3:57:52	Nancy Nickel	1:
Ray Goetz	4:09:39	W50Paula May	1
Sean Drain M65 Joe Burgasser	4:13:49 2:59:21	Susan Carstens Paggy Lanier	1
George Pothier	3:27:09	W55Carole Thompson	1
Albert Miclette	3:43:52	Nancy Mann	2
M70 Carl Pegels	4:43:43	Pamela Gutierrez W60 Joan Forman	2:
Harold Plaisier Bob Ranta	5:00:21	Gwen Sprandel	2
M75 Wally Herman	6:19:14	Mamie McCall	2:
M80 Ed Burnham	8:03:32		
W40Lisa Valentine	2:58:50	Carolina First Reedy	
Kim Bruce Karen Collins	3:13:48 3:35:15	Run, Greenville,	
W45Elena Altemu	3:53:48	March 6	
Sue Faludi	3:54:55	Overall	
Tricia Dexter	3:58:55	Sammy Nyamongo 28	
W50Mary Pulaski Debra Ryder	4:08:54	ALEXANDROVA GALINA 28	3
Beth Onines	4:25:15	M40 Selwyn Blake Phil Roberts	
W55Sonia Ryker	5:13:19	Geoffrey Aucoin	
Stephanie Bessette		M45 CRAIG HORN	
Maureen Uhler W60Carolyn vd Heydt	5:23:16 5:18:27	Stephen Derfler	
Sandra Baker	5:23:05	JOHN EWING M50 Jack Todd	
W65Cathy Detman	4:31:45	MARK VISK	
		Ralph Veytia	
Blue Angel Marath		M55 Steve Annan	
Half-Marathon Pensacola, FL; Fel		John Heberger Johnny Bernhardt	
	0. 20	M60 GERRY CARNER	
Overall William Bohlke 25	2:32:51	George Luke	
Kelly White 24	3:22:04	Dean Godwin M65 Yuji Kishimoto	
M40 Neil Hersey	2:44:45	Raymond Stone	
Joseph Kauwale Scott Gove	2:58:02 2:59:09	Jim Wilson	
M45 Victor Cuevas	2:54:57	M70+Robert Gray William Fulton	
Kevin Guinee	3:05:29	RICHARD KRANKER	
Rick Hardesty	3:05:34	W40 Janice Addison	
M50 Gregory Rucker Max White	3:04:52	Susan Rogers	
Terrence Connelly		Marguerite Babrowic W45 Cherry Croker	
M55 Jerry Armstrong	3:16:20	Shirley Smith	
Roge Sweeney Don Wright	3:25:11	GINGER CONNETT	
M60 Mike White	3:53:09	W50 Nancy Anderson CHRISTINE VINCENT	
Roger Sprandel	3:53:58	Sharon Hall	
Ferris Fox	3:55:01	W55 Susan Peck	
M65 Will Wright William Hall	3:45:50 3:56:21	Brenda Ellis Joyce Pharr	
George Templetor		W60 Mary Thompson	
M70 Cesar Gabonia	5:54:51	W65 Jean Bongiorno	
M75 Wally Herman W40Lisa Kelley	6:15:13 3:28:30	Elfriede Tolley	
Roxi McCarthy	3:31:44	DINORAH KRANKER	
Susan Lance-Parker		Whitestone 30K	(
W45Mitzy Talley	3:41:15	Kingston,TN; Marc	h
Kimberly Hebert	3:47:44	Overall	
Shaw-Fin Bertagnolli W50Marcie White	3:46:35	Mikel Wagner 47	1
Barbara Cutrara	4:02:37	Marsha Morton 38 Masters	2
Joann Fallis	4:03:57	Jeff Mires 40	2
W55Rae Mohrmarnn	3:56:48	Betty Schohl 50	2
Kathy Brown Mary Magliulo	4:48:52 6:01:02	Grandmasters Joe Axley 53	2
W60Nina Holub	4:32:12	Kristy Newton 51	2
Betty Leverton	4:51:24	Royce Sayer 62	2
Half-Marathon		Pat Denton 61	22
Overall Dahara 24	1.00.10	M40 Bobby Sumpter M45 Bruce Bayliss	2
Mathew Dobson 34 Jenny Ledford 24	1:09:49	M50 Gene Doran	2
M40 Michael McCulley	1:22:03	M55 Kenneth Childs M60 Don Holt	2
Mike Sanders	1:26:38	M65 Paul Barrette	200
Mike Baker	1:27:21	W40 Amy Tourville	
M45 Dale Eiriksson Randy Graham	1:26:36	W45 Sally Evenden W50 Becca Fuller	2
Carl Weber	1:35:19	W55 Shirley Sirois	3
M50 Rick Fontan	1:29:56	Gate River Run 1	5 1
John Rettger Gary Lambert	1:35:20		
nadme I vicel	1.25.22	Jacksonville, FL: Mai	
M55 Al Ganter	1:35:23	Jacksonville, FL; Mai	

M60 Bob Scire	tta 1:40:33
Horace El	lis 1:42:32
John McC	all 1:44:28
M65 John Ham	nilton 1:50:24
Jack Beis	el 2:00:58
Lee Echol	
M70 Phil Boha	n 1:52:35
Russell H	ughes 2:01:00
	Hartley 2:06:38
M75 Paul Wiss	ler 2:05:33
Bob Turve	
	armeson 2:48:45
W40Melanie B	aker 1:32:28
	aunders 1:34:23
Carol May W45Susan Brid	1:41:24
W45 Susan Bri	ers 1:39:32
Sandra Da	avis 1:41:35
Nancy Nic	kel 1:41:51
W50Paula May	1:40:31
	rstens 1:49:52
Paggy Lar	nier 1:50:29
W55 Carole Th	ompson 1:49:48
Nancy Ma	nn 2:01:44
Pamela G	utierrez 2:05:57
W60 Joan Form	nan 2:11:42
	andel 2:12:22
	Call 2:49:45

March 6

30:22 33:25

31:54

36:10 37:24

	Whitestone 30K	1
	DINORAH KRANKER	1:23:34
	Elfriede Tolley	59:53
	Jean Bongiorno	52:59
W60	Mary Thompson	55.41
	Joyce Pharr	1:03:02
	Brenda Ellis	1:01:13
W55	Susan Peck	1:00:09
	Sharon Hall	59:22
	CHRISTINE VINCENT	
W50	Nancy Anderson	51:00
	GINGER CONNETT	50:33
1143	Shirley Smith	49:30
W45		47:27
	Marquerite Babrowic	39:39
1140	Susan Rogers	39:39
WAD	Janice Addison	38:07
	RICHARD KRANKER	1:02:42
WITO	William Fulton	56:19
M704	Robert Gray	54:15
	Jim Wilson	53:36
MOD	Raymond Stone	47:24 51:26
MEE	Dean Godwin Yuji Kishimoto	45:16
0.13	George Luke	43:13
M60	GERRY CARNER	42:46
	Johnny Bernhardt	42:05
	John Heberger	40:52
M55		37:47
	Ralph Veytia	41:15
	MARK VISK	40:40
M50	Jack Todd	40:32
	JOHN EWING	40:00
	Stephen Derfler	39:15
M45	CRAIG HORN	36:41
	Ocomey Adeom	31.24

Whitestone 30K

Kingston,TN; March 7		
Overall		
Mikel Wagner 47	1:57:21	
Marsha Morton 38	2:12:16	
Masters		
Jeff Mires 40	2:02:12	
Betty Schohl 50	2:28:34	
Grandmasters		
Joe Axley 53	2:18:20	
Kristy Newton 51	2:48:02	
Veterans		
Royce Sayer 62	2:22.17	
Pat Denton 61	2:57:18	
M40 Bobby Sumpter	2:06:51	
M45 Bruce Bayliss	2:05:05	
M50 Gene Doran	2:21:15	
M55 Kenneth Childs	2:34:47	
M60 Don Holt	3:06:56	
M65 Paul Barrette	2:59:54	
W40 Amy Tourville	2:57:00	
W45 Sally Evenden	2:34:22	
W50 Becca Fuller	2.55.39	
W55 Shirley Sirois	3.21:40	
	- F - F - F - F - F - F - F - F - F - F	

Sate River Run 15K sonville, FL; March 13

Overall	
Meb Keflezighi 28	43:18
Colleen DeReuck 39	49:02

1:45:28

Johnny Goode

Larry Kuglar

1140	oner.
M40 Dennis Simonaitis	48:39
John Metzgar	51:15
Jamie Black	52:38
Sean McCormack	52:56
Tim Unger	53:15
M45Luke Burke	53:33
Ken Youngers	55:00
Alan Sheppard	55:28
Gary Cohen	56:07
Bill Phillips	56:14
M50 Wayne Chick	57:03
Tom Perona	57:10
James Rasch	58:47
Danny Stevens	58:18
M55 Donald Loewe	57:29
Wes Wessely	58:26
Don Brown	1:00:43
Bernie Candy	1:01:18
M60 David Ohnsman	1:02:33
Frank Frazier	1:08:57
Thom Henkel	
	1:07:44
Barry Clark M65 Art Morey	
	1:09:39
Paul Hargrave	1:10:58
Patrick Zier	1:12:36
David McEvoy	1:16:34
M70 Robert Shaw	1:17:46
John McGowan	1:19:41
August Leone	1:20:53
Jerry Triplett	1:21:58
M75Al Treichel Don Krueger	1:13:32
Bob Carr	1:30:47
W40Ramilia Burangulo	1:33:15
Firaya Zhdanova	51:59
Debbi Kilpatrick	53:17
Rima Dubovik	55:07
W45TatyanaPozdnyako	
Mary Ann Protz	58:43
Lanier Drew Gibbs	1:00:40
Kathleen Kaye	1:05:26
W50Paulette Butler	1:06:04
Dee Anna Farnell	1:11:56
Jenny Kyle	1:12:12
W55Katy Towers	1:15:25
Shirley Robben	1:15:09
Theresa Coomes	1:16:21
W60Elfrieda Wyner	1:10:02
Marcia Puryear	1:26:20
Barbara Vitsky	1:26:16
W65Ann Akers	1:14:31
Yvonne Leonard	1:33:01
Helen Ramos	1:41:17
W70Toshiko Delia	1:26:45
Norma Wasson	2:01:14
Dorothy Dorion	2:01:38
W75Irene Herbertson	1:57:31
Nancy Grokett	2:46:59
	-

Riverwalk Run 5 Mile & 5K Fort Lauderdale, FL March 20

		30:55	
Top 3 Master Male			
RAY PU' SEY BOB DUGAN JAMIE BLACK	41	28:24	
BOB DUGAN	49	28:28	
Top 3 Master Fema	40	28:38	
HADTA AUGUSTINE	16	22.22	
MARIA AUGUSTINE	40	33:54	
EILEEN POSGAY CAROLYN MAY		34:29	
Top 3 Grand Maste			
GARY BLOOME		29:31	
JOSE CLAVIJO	50	29:59	
JOSE CLAVIJO AL SWENSON		29:59	
Top 3 Grand Maste			
MIRA BEDO		37:32	
BETTY BOPPART		41:07	
LINDA STEIN		41:59	
Top 3 Sr. Grand Me	aste	er(M)	
ROBERT HENDRICK	61	33:15 33:58	
JEFF MARTIN JAMES PELLER	62	33:58	
Top 3 Sr. Grand M		35:13	
CAROLINE LUTTRULL			
MINI OF THE TOTALLE		43:03	
MIMI OLIVEIRA SALLY MOLINA		43:13	
	•	43.13	
ROLANDO ANTON ALLEN NOTKIN	44	30:19	
ALLEN NOTKIN		30:42	
TIM BISHOP	44	30:52	
F40			
CAROLANN MAZZA TERRI SWANSON		35:24	
TERRI SWANSON		37:02	
SUSIE MOORE	43	37:13	
M45		20.50	
CRAIG COTNOIR TOM DRUM		29:50	
PAUL CORBAN		30:59	
F45	43	30.39	
TACKTE LOWTHER	45	35:37	
JACKIE LOWTHER CARRIE BURKE	47	36:12	
DIANE KROSE	45	37:09	
M50			
TOM PERONA	50	30:12	
	53	30:21	
F50			
MARGARET RUDDY		43:06	
DEBBIE MOLINA	50	43:29	
M55			

DAN HEALY ALAN MILLER

isters News	Sec.	
F55		M40
	56 43:23	
Addition to the same of the sa	56 47:08	
M60	60 35:48	
AL SHAMOUN ROBERT WEINER	63 42:49	
F60	03 42:49	M45
LAUREN SALOSMAN	62 43-39	
MIRI MICHAELI	60 47:21	
M65	00 11 .22	
JURGEN KUHLMEY	66 37:44	M50
	67 39:21	
F65		
LOIS BALAFAS	67 53:47	
м70		M55
AUGUST LEONE	74 40:39	
HY DASHEVSKY	72 44:36	
M75		1
P.K. SHELDON	76 48:18	M60
SK		
Overall		
DAVID SCHNEIDER 3		M65
KAY CARRINGTON 1	5 20:29	
Top 3 Master Male		1000
ANTHONY CAMPBELL		M70-
WALTHON MAXWELL	42 19:34	1
PATRICK CASEY		MEN!
Top 3 Master Fema		THE THE
ROBIN INGEGNO	40 22:38	W40
JENNIFER KNOWLES SUSI CARRINGTON	48 23:42	Section.
SUST CARRINGTON	40 24:44	
Top 3 Grand Maste		W45
JAMES BOESCH	53 18:17	
JEFF HLINKA	54 19:00	
ED NORTON	51 19:56	
Top 3 Grand Maste	50 23:10	W50
		1
PAMELA RICHARDSON	50 25:16	
TOP 3 Sr. Grand M	50 26:53	WES
BILL O'BRIEN		1000
CHARLIE YESCOTT	60 20:50	-
JOSE SANTIAGO	60 23:46	1
Top 3 Sr. Grand M		W60
YVONNE TASKER-ROT	H61 23.28	

62 28:50 64 32:11

42 20:15 41 21:15 42 21:24

40 26:03 43 26:04 42 26:34

F40 SHARON COHEN MARIA LUCAS DIANE GUPTILL MIGUEL RUBIO 46 21:01 TIMOTHY QUINLAN 45 21:35 STEVE FRANKENSTEIN46 21:43 Overall PHILLIP WALKINS 44 26:25

JAN PARKE

NOLA ZELTWANGER

JOHN FARGASON MICHAEL THROSON MARK JANIK

SIEVE FINANCIASIETI	140	21:43
F45		
		24:46
LUCY O'CONNOR	48	26:36
JENNY SPARKS	48	27:46
M50		
ERICK LINBERGH	52	20:20
THOMAS MOSCARITOLO	052	24:07
F50		
CHERYL MC CULLY	54	27:23
BUFFY FITZGERALD	50	29:21
M55		
ARTURO ABALLI	59	26:04
		27:22
F55		
BRENDA ANDREA	55	28:07
SUZANNE HELD	56	29:28
M60		
DAN DOUGLAS	63	24:23
PHILIP ANDREA		25:36
F60		
BARBARA KROETZ	64	32:58
JEAN PASKER	61	36:09
M65		
		27:48
ARTHUR TRAPANI	65	29:18
F65		
BETTE ESTRANDE	65	46:18
BERNADETTE MERRICA	ANG?	748:42
M70		
MARTIN ROTHENBERG	70	27:35
GEORGE S. GEORGE	72	30:50
F70		
JOANN WILLIAMS	70	43:49
M75		
TOM MC DONALD		29:17
ROBERT PERRAUD	76	32:37
F75		
HELEN WEISS		37:50
RUTH PERRAUD	75	41:51
M80		
BILL TRIBOU		28:09
ABE ULANOFF		37:32
BILL MERZ	82	48:18

Ukrop's Monument Avenue 10K, Richmond, VA March 27

28:07

Reuben Chebii, 20 Tatyana Petrova 21

57 31:50 55 32:07

M40 Chris Samley	34:41
Michael Hirsch	35:32
Mike Precopio	36:27
Marty Stiegmann	36:50
Henry Loving	37:24
M45 Mark Malander	34:10
Jim Bates	35:22
Russell Bowles	35:49
Keyn Lounsbury	36:34
William Kauffman	36:54
M50 Rick Platt	36:25
Steve Thompson	37:43
Daniel Ennis	41:19
Jack Dove	41:30
M55 Thomas Waldrop	41:13
Jerry Jones	41:31
Som Sombati	43:16
George Masor	43:51
M60 Ben Dyer	41:08
George Nixon	44:53
John Clark	48:07
Chet Coates	48:13
M65 Calvin Fowler Jim Schue	41:11
Richard Williams	47:58
Robert Ryland	48:28
M70+Gene White	53:19
Richard May	56:13
Ron Henry	56:24
Stuart Valentine	61:25
W40 Jeanie Trent	39:03
Nina Stamer	41:27
Shelia GallopDonova	
Lise Willingham	42:39
W45 Carol House	48:08
Joan Carl	48:25
Annie Johnson	48:52
Linda Hardy	49:21
W50 Linda Gulick	44:42
Julia Mills	47:16
Diane Jones	50:20
Christina Arnold	50:51
W55 Linda Peters	48:35
Lynn Armstrong	53:54
Chin Cha Akers	53:58
Lynn Ayers	55:18
W60 Sharon Giese	48:26
Mary Kate Berglund	56:52
Elizabeth Walsh	58:24
Judy Ellen	1:01:2
W65 Shirley Wampler	1:02:4
Pauline Ely	1:02:4
Barbara Guerrieri	1:13:4
Margie Rivnyak	1:24:4
W70+Janet Lakey	1:03:2
Nancy Gowen	1:03:2
Gladys Ligon	1:24:0
Barbara Stinson	1:31:4

Cooper River Bridg	e Run	
10K, Charleston, SC;	April 3	15
		Qv
Overall		Luk
Luke Kipkosgei 28	28:13	Kat
Sallie Barsosio 26	33:28	M4
M40 Dennis Simonaitis	31:44	
Selwyn Blake	32:20	
Irv Batten	32:37	
M45 Tom Mather	34:23	M4
Peter Edge	35:29	
Alan Blackwell	38:37	1 3
M50 Gary Romesser	33:45	M5
Rick Boyle	38:49	
Jack Todd	39:24	1
M55 Richard Buerkle	35:15	M5
Steve Annan	37:29	MO
Bob Schlau	39:21	
M60 George M Luke	42:21	
Jim Strowd	43:31	M6
James Vincent Salv	0 43:55	
M65 Harvey Mccormick	46:29	
Floyd Deandrade	47:09	M6
Clyde Mizzell	49:21	IVIO
M70William Boulter	50:38	
Lonnie Collins	54:24	
Ken Walls	56:17	M7
M75Larry Vicek	55:56	
William Fulton	57:38	M7
Franklin Mason	58:08	
M80+David Mellard	1:05:18	W4
William Pennebaker		1
Tellis Martin	1:33:46	
W40Lyubov Kremleva	35:11	
Janice Addison	37:17	W4
Janice Reilly	38:10	
Laura Jo Vroon	38:10	
W45 Tatyana Pozdnyak		W5
Sarah Ball	43:33	1 "
Kathy Abernethy	44:59	W5
W50 Toni Cruz	44:04	MA
Catherine Lempesis		
Michelle Withers	46:41	
W55Terry Mahr	40:24	W6
Judith Hine	43:35	
Lyn Hammond	48:06	
		W7
W60Pauline Niilend	54:18	. ***
Kim Wells	54:36	
Kay Chandler	58:02	
W65Elfriede TolleyBeeso		
Faye Davis	1:01:52	Ov
Pat Rhode	1:03:02	
W70Pep Logan	1:16:11	Nic
Garthedon Embler	1:23:22	Su

Elizabeth Rebl	1:42:51
W75Mary Canty	1:34:00
Wyndall Henderson	1:41:16
Ola Moody	1:45:15
W80+Valerie Fritsch	59:34
Carter TempleSeibe	IS:09:15
Clare Fennessy	1:13:1€

MIDWEST

Humana Heart 5K/15K Cincinnati, OH; March 2

5K	
Qverall	
Holden Marsh 14	17:53
Maria Kelley 35	22:55
M40 Joe Brinkman	18:05
Juan Ortega	18:16
Douglas Schneider	19:30
M45 Paul Harkins	18:44
Tj Candy	19:15
Tim Hollenkamp	20:10
M50 Warren Elzy	19:58
Ken Cahill	20:39
Ron Knueven	21:00
M55 Tom Bloom	20:24
Jim Sears	20:44
Dave Ringshauser	21:24
M60 Jim Ball	22:20
Paul Weldishofer	23:17
Robert Collins	24:53
M65 Bill Wagner	24:17
John Sensenia	25:24
Brennan McNulty	25:56
M70 Linden Ogden	26:04
Tom Reynolds	30:17
David Steger	33:04
M80 Al Cornett	31:27
Byron White	34:47
W40 Barb McGuire	
Christine Hopkins	24:18 24:19
Brenda Ramminger	24:22
W45 Terri Klapproth	23:41
Ed Weigand	25:37
Cathy Erhardt	25:48
W50 Laurie Herman	23:04
	23:51
Gabrielle Henderson	24:30
Joyce Meyer	
W55 Jackie Baker	27:27
Kim Gerue	
Jan Thurnau	27:59
W60 Miriam Jackobs	36:03
Ann McCollom	38:36
Merry Day	48:20
W65 Gloria Lipson	28:19
Donna Preher	40:31
15K	
Overall	
Luke Repertain 17	55.53

9.01	Call Control	
Luke	Beuerlein 17	55:53
Kathl	een Grover 34	1:03:58
M40	Bill Valenzano	52:56
	Mark Tensing	53:23
	Kenn Daily	54:34
M45	Jerry Apt	56:52
	Dan Bird	57:58
	Bob West	57:59
M50	Dave Lenahan	1:00:18
	Mark Lies	1:01:34
	John Gee	1:02:19
M55	Rodney Thomas	1:05:36
	Ed Hunter	1:05:37
	Frank Osbourne	1:07:11
M60	Peter Wayte	59:10
	Earl McCormick	1:08:48
	Wayne Wheeler	1:10:34
M65	Charlie Denney	1:13:44
	Gary Crawford	1:18:34
	Duane Correll	1:19:36
M70	Pelrry McCollom	1:35:42
ALC: N	Ray Wylam	1:40:20
M75		1:39:36
	Robert Webb	2:05:46
W40	Cheryl McKettrick	
	Linda Daigle	1:06:47
	Debbie Biddle	1:08:38
W45	Cathy Stricker	1:06:03
	Lisa Koons	1:09:05
	Clarice Pavlick	1:10:26

Rodes City Run 10K Louisville, KY; March 27

1:16:04 1:19:05 1:07:20

1:19:09 1:19:48 1:22:34

1:43:41 1:43:47 1:42:19

W50 Jean Schmidt Renee Steele W55 Janice Kreuz

Teri Fox Jane Schul

W60 Judith Harmony

Joyce Hoffman Nancy Krueger W70 Sarann Mock

unrall	
verall	
ic Crider 27	30:11
usie Bush 25 36:17	

M40	Gordon Sanders	32:01
	Don Wright	34:20
	Jim Schneider	35:26
M45	David Sexton	38:17
	Joe Nasil	38:57
	Robert Noel	39:24
M50		35:16
	David Long	35:25
	Jerry Orange	36:53
M55	Jozsef Szilagyi	41:08
	Gary Cobbs	41:41
	Allen Talbott	43:42
M60	Bill Delph	41:53
	Gleenn Leach	45:52
	Ken Strausburg	46:10
M65	Ray Parrella	39:29
	Charlie Thornberry	53:08
	Paul Scifres	57:27
M70		51:24
	Charles Cheek	52:24
	Frank Robinson	59:02
M75	Ernest Grayson	1:01:00
	Joe Clauser	1:11:04
	Jim Cissell	1:12:21
M80		1:25:38
	A Bauer-English	40:43
	Suzan Ribenboim	41:19
	Andrea Gorce	42:02
W45	Hopey Newkirk	43:30
	Paula Ziegler	46:13
	Clare Reid	47:52
W50	Jill Force	44:42
	Maribeth Gatterdam	46:24
	Pam Kincaid	48:37
W55		53:26
	Betty Lewis	56:19
	Loretta Toms	56:20
WED	Mary Whitty	1:01:01
*****	Carol Ammerman	1:04:32
	Dixie Ward	1:02:56
MISS	Rose Taylor	59:14
4403	Donna Preher	1:24:54
	Leah Bond	
MIZO		1:29:03
VV / U	Rose Winiger	1:18:29
	Mig Temple Ann Barnes	1:33:43
MIDO	Ann Harnes	1:34:32

Louisville, KY; Apr	
Overall	
Dan Browne 28	46:32
Susie Bush 25	59:20
M40 Jim Schneider	57:33
John Whisman	58:45
Stephen Wood	59:01
Brady Wells	1:03:33
Michael Simons	1:03:34
M45 David Sexton	1:01:31
Joe Nail	1:03:47
Tom Abbott	1:04:45
Charles Francke	1:04:59
Lon Hays	1:05:14
M50 Barry Ross	58:14
Jerry Orange	1:01:16
Larry Strange	1:03:01
Jim Grobmyer	1:04:28
M55 Gary Cobbs	1:07:01
Jozsef Szilagyi	1:09:22
David Caffee	1:09:53
Huck Dewitt	1:14:08
M60 Bill Delph	1:07:20
Danny Place	1:10:58
Glenn Leach	1:13:23
Steve Goodwin	1:14:24
M65 Ray Parrella	1:05:09
Larry Hammersley	1:14:06
Paul Scifres	1:29:11
Charlie Thornberr	y 1:26:00
M70+Clay Baker	1:25:29
Frank Robinson	1:34:10
William Thomas	1:35:21
Perry McCollom	1:39:47
W40AnnettBauerEngli	sH 06:39
Suzan Ribenboim	
Mary Glover	1:08:39
Cathy Hearld	1:09:0
W45Jeanne Olash	1:02:20
Hopey Newkirk	1:12:19
Clare Reid	1:18:06
Brenda Gutmann	
W50Maribeth Gatterd	
Pam Kincaid	1:18:51
Janet Green	1:23:43
Wanda Karia	1:24:40
W55Jan Gruebbel	1:27:22
Rhen Kinser	1:29:25
Betty Lewis	1:32:11
W60Judith Harmony	1:25:41
Mary Whitty	1:38:04
Dixie Ward	1:41:35
W65Frances Gilbert	2:14:45
Anne McCollon	2:15:55
Donna Preher	2:17:56 2:19:55
W70+Jane Beavin	2:19:55
Mig Temple Ann Barnes	2:27:18
Jamie Butt	2:29:55

MID-AMERIC	CA
Runnin' of the Green 7K, Denver, CO; Mare	Lucky ch 14
Overall	
Brock Tessman 27	21:28
Patty Murray 38	24:28
M40 Rob Welo	23:22
Peter Hopkins	24:23
Dan Skarda	24:25
M50 Kent Oglesby	27:36
Rich Sandoval	27:55
Pete Mang	28:40
M60 Jim Romero	30:54
Arnie Willems	31:02
Rich Romero	31:20
M70+Bob di Carlo 70	30:52
Paul Orklid 75	35:47
Ric Markin 71	38:55
W40 Ann Lantz	28:56
Martha Buttner	29:35
Donna Goldberg	29:35
W50 Peggy Muhn	29:38
Jan Hughes	30:04
Cathy Nicoletti	31:48
W60 Constance Ahrnsbrak	34:13
Bertha McMillan	35:36
Celeste Callahan	37:35
W70 Gloria Siekmeier	48:46
Lucille Walden	59:03
Betty Robinson	1:00:10

Betty Robinson	1:00:1
St. Louis Mara St. Louis, MO;	
Overall	
Eric Heins	2:25:42
Nicole Cueno	2:55:54
W40Claudette Augert	3:07:22
Carol Wright	3:16:06
Patricia Langum	3:17:08
W45Becky S Lowrance	3:17:02
Donna Melody	3:37:39
Lydia Scannell	3:40:45
W50Angie M Orellano	3:42:31
Barbara Franzen	3:48:41
Cindy Dewulf	3:49:14
W55Karen Cummins	4:11:54
Nina Bovio	4:17:15
Joan Mulvihill	4:17:17
W60Bonnie Mcelwee	3:53:48
Kathy Ryan	4:21:34
Innice Hicke	5-24-50

W60Bonnie Mcelwee	3:53:48
Kathy Ryan	4:21:34
Janice Hicks	5:24:59
M40 Ronald Chisolm	2:38:42
Todd Beaverson	2:45:54
Brian Miller	2:55:53
M45 Allan Richardsor	2:44:15
Dennis Wallach	2:54:37
John Bonner	2:58:33
M50 George Taylor	3:02:39
Douglas Balogh	3:08:22
Terrence Hakkola	3:10:41
M55 Merlin Anderson	3:10:31
David Bange	3:33:10
Richard Daymont	3:37:26
M60 Jerry Kemman	4:07:52
Arden Wander	4:12:11
Willie Johnson	4:21:27
M65 Mary Bradley	4:01:40
Kenneth Thompso	
Milton Blood	4:35:32
M70 Louis Joline	4:17:47
N. Kuchenmeister	
Myron Norton	4:49:04

SOUTHWEST

and the second second second second	water for
Conoco Phillips Rode 10K, Houston, TX; F	
Overall	
Henok Lechebo 18	31:26
Kelly Keane 31	34:18
M40 Jon Butler	33:35
Steven King	34:48
	35:06
Bart Rainey	
Kevin slaton	36:48
M45Allan Richardson	36:19
Rich Fredrich	36:42
Edward Fry	38:06
M50 Osbaldo Castillo	37:06
Miguel Lopez	37:16
Ramiro Ramirez	38:39
M55 Donald Loewe	38:13
Roy Rodgers	40:51
Emmett Faulkner	42:53
M60 Ignacio Ybarra Jr	43:18
Jimmie Jones	43:26
Victor Franco	45:24
M65 Jim Braden	46 46
Charlie Blalack	47:37
Richard Jarvinen	48 19
M70 Ino Cantu	42:43
Lorant Garban	55:48
	54:02
Lloyd Joyce M75 David Leff	
Anna	1:42:47
Alvin Mabry	1:41:54
W40Vicki Danielson	42:10

	ATTEN ITE	
Lynnie Terry	44:02	Γ
Gloria Favuzza	45:14	ı
W45Margo Braud	39:42	ı
Suzanne Day	42:04	ı
Eva Luckey	44:14	ı
W50Serai Abraham	47:41	ı
Karen Bowler	48:17	ı
Dyane Corby	51:47	ı
W55Teresa Marzec	51:41	ı
Ann Tack	53:56	ı
Angela Oltean	57:10	ı
W60Ann Erickson	43:48	ı
Carol McClelland	59:00	ı
Julia Garban	1:11:11	ı
W65Mona Keffer	57:38	ı
Virginia Mangum	1:01:22	ŀ
Judy Loy	1:05:28	ı
W70Bertie Jo Moore	1:34:06	
Cowtown Marathon, 1	OK &	

5K, Fort Worth, TX; Feb. 28 Overall Dan Boyle 40

Machelle Cochran 31 2:53:45
M40 Dan Boyle 2:31:57
James Newsom 2:43:23

M45 Greg Floyd
Dave Emerson

Greg Sullivan

Jim Sinclair M55 JA Brown

Ron Meyers Bobby Milam

M60 Bill Richardson

M50 Richard Pennington 3:07:05 Clive Forrest

Michael Verschelden 3:41:19

David Brown 2:52:40 William Henderson2:59:57 Duncan Stewart 3:05:05

2:56:25

3:15:40

3:12:12 3:16:00

3:21:56

3:40:19 3:43:48

3:36:09

Michael Verschelden	
Gabor Nagy	4:00:27
M65 Jesse Galindo	4:05:02
Paul Debiasi	4:17:41
Doug Roper	4:52:17
M70 Robert Cunningham	5:47:42
M75 Ted Brewer	5:52:33
Don Mcnelly	6:21:29
W40Frances Mckissick	3:13:36
Carolyn Tovar	3:26:59
Suzy Seeley	3:27:44
Katherine Carey	3:29:52
W45Margaret Harper	3:46:42
Nancy Bernacki	3:47:30
Irma Gamez	3:59:06
W50Patti Crabree	3:47:55
Sally Sayles	4:34:41
Vickie Brown	4:36:25
W55Judy Roche	4:33:38
Janice Snyder	4:56:10
Anabelle Corboy	5:04:20
W60 Joyce Hightower	4:33:46
W65Mary Miller	5:18:14
Virginia Farneman	
10K	
Overall	
Jean Marie Ndikuman 24	32:26
Dana Bullard 26	38:19
M40 Robert Smith	38:33
Bob Scully	38:55
James Brandenbu	rg 39:03
James Brandenbu M45 Brian Hammons	rg 39:03 36:30
James Brandenbu M45 Brian Hammons John Kellogg	rg 39:03 36:30 38:53
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie	rg 39 03 36:30 38:53 38:59
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman	rg 39 03 36:30 38:53 38:59 40:17
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder	rg 39.03 36:30 38:53 38:59 40:17 40:19
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve	rg 39:03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner	rg 39:03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:14
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor	g 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:31 43:51 43:51 45:07
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51 43:51 45:07 44:54
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:31 43:51 45:07 44:54 56:21 57:47
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:31 43:51 45:07 44:54 56:21 57:47
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:14 43:51 45:07 44:54 56:21
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash M70 Robert Coffey Lovell Bolle	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:31 43:51 45:07 44:54 56:21 57:47 52:15
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash M70 Robert Coffey	g 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51 45:07 44:54 56:21 57:21 52:15 58:12
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash M70 Robert Coffey Lovell Bolle Loftin Witcher	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51 45:07 44:54 56:21 57:47 52:15 58:12 59:49 59:30
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash M70 Robert Coffey Lovell Bolle Loftin Witcher M75 Laddie Ondracek	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51 45:07 44:54 56:21 57:47 52:15 58:12 59:49
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash M70 Robert Coffey Lovell Bolle Loftin Witcher M75 Laddie Ondracek Pearse Nolan Harold Ritchey	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51 45:07 44:54 56:21 57:47 52:15 58:12 59:30 1:16:37
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash M70 Robert Coffey Lovell Bolle Loftin Witcher M75 Laddie Ondracek Pearse Nolan Harold Ritchey M80 Harry Evans	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51 45:07 44:54 56:21 57:47 52:15 58:12 59:30 1:16:37
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash M70 Robert Coffey Lovell Bolle Loftin Witcher M75 Laddie Ondracek Pearse Nolan Harold Ritchey M80 Harry Evans W40Becky Shirley	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51 45:07 44:54 56:21 57:47 52:15 58:12 59:49 59:30 1:16:37 1:17:29 1:45:26 43:33
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash M70 Robert Coffey Lovell Bolle Loftin Witcher M75 Laddie Ondracek Pearse Nolan Harold Ritchey M80 Harry Evans W40Becky Shirley Christine Mueller	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51 45:07 44:54 56:21 57:47 52:15 58:12 59:49 59:30 1:16:37 1:17:29 1:45:26 43:33 43:52
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash M70 Robert Coffey Lovell Bolle Loftin Witcher M75 Laddie Ondracek Pearse Nolan Harold Ritchey M80 Harry Evans W40 Becky Shirley Christine Mueller Annabell Lee	rg 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51 45:07 44:54 56:21 57:47 52:15 58:12 59:49 59:30 1:16:37 1:17:29 1:45:26 43:33
James Brandenbu M45 Brian Hammons John Kellogg Dennis Cumbie Frank Aleman M50 Dan Wilder Doug Hinds Doug Mayfield M55 Carlos El Toro Donald Sieve Charles Jenner M60 Ed Craighead Tony Bugarin Jay Minor M65 Clyde Deloach Jack West Rick Cash M70 Robert Coffey Lovell Bolle Loftin Witcher M75 Laddie Ondracek Pearse Nolan Harold Ritchey M80 Harry Evans W40Becky Shirley Christine Mueller	g 39.03 36:30 38:53 38:59 40:17 40:19 42:17 43:19 42:13 43:37 45:14 43:51 45:07 44:54 56:21 57:47 52:15 58:12 59:49 59:30 1:16:37 1:17:29 1:45:26 43:33 43:52 44:58

Lisa Stokdyk W50Linda Kelly

Ellen Kohn	49:26
Vicky Geisler	51:02
W55Glenda Johnson	57:11
Gloria Franklin	57:20
Carol Warner	57:46
W60Lynne Caruso	52:14
Sharon Criswell	1:03:19
Emily Speaker	1:03:55
W65Shirley Powell	53:05
Beverly Torres	1:02:30
Margaret Thrash	1:04:06
W70Phyllis Provost	1:09:52
Wilma Curtis	1:30:44
Tommie Maddry	2:05:24
W75Ganeta Goodman	2:03:14

Bayou City Classic 10K Houston, TX; March 6 Overall Sean P. Wade 38

Sean P. Wade 38	31:35
Kelly Keane 31	34:02
M40 CJ Stewart	35:48
David Lord	37:07
Kurt Pepper	37:47
M45 Joe Melanson	35:24
Allan Richardson	35:25
Rich Fredrich	36:11
M50 Miguel Lopez	37:29
Steve Jayson	37:55
Jose Torres	38:22
M55 Donald Loewe	37:30
Ty L. Schmalz	39:44
Lucio Suarez	40:17
M60 Rich Siemens	40:35
Loyd Carey	40:37
Ignacio Ybarra	44:05
M65 Jim Braden	46:25
Travis Buck	49:42
Harry Horne	49:44
M70 Orville Kremmer	51:11
Lorant Garban	52:58
Dan Allensworth	55:29
M75 Bob Shannon	1:20:43
David Leff	1:38:20
W40Diana Keinz	40:31
Vicki Danielson	41:57
Mary Rodrigs	41:59
W45Suzanne Day	41:33
Eva Luckey	45:08
Alison Stewart	46.42
W50Kathy Molitor	44:10
. Billie-Kay Melanso	
Lee Anne Voorhei	es 50:56
W55Georgette McNam	nee48:19
Angela Oltean	54:45
Diane Bell	1:00:06
W60Ann Ferguson	47:05
Ute Eisele	58:23
Leona Devine	59:41
W65Judy Loy	1:01:09
Mary Cullen	1:06:33
Judith Neufeld	1:44:02
W70 Sadie Greenman	1:18:01
Bertie Jo Moore	1:31:59

Capitol Statesman 10K Austin, TX; March 28

38:33		
38:55	Overall	
g 39:03	Jean-Marie Ndikumana 241.55	
36:30	Carmen Troncoso 44 36:11	
	M40 Paul Zimmerman 32:18	
38:53	Michael Powell 35:25	
38:59	Ken Hall 36:44	
40:17	Scott McIntyre 36:59	
40:19	Jonas Perez 37:16	
42:17	M45 Mac Allen 35:26	
43:19	Bob Jackson 36:18 Fred Stepan 37:36	
42:13	Russell Martin 38:11	
43:37	M50 Bill Patience 38:40	
45:14	Richard Pennington 40:23	
43:14	Kenny Hill 40:25	
10000	Bernardo Klein 40:43	
43:51	M55 Ridge Williams 40:36	
45:07	Gregg Evans 41:27	
44:54	Jim Craig 45:01	
56:21	Peter Boulette 43:56	
57:47	M60 Gerald Roy 40:32	
52:15	Ed Craighead 42.57	
58:12	Bill Richardson 43:57	
59:49	Dick Wilkowski 43:59	
59:30	M65 Roy Dwyer, Jr 45:26	
1:16:37	Lawrence Fuller 53:44	
	Joe Bruns 54:26	
1:17:29	James Lundbeck 54:39	
1:45:26	M70 Gene Woodruff 53:40	
43:33	Israel Villarreal 54:06	
43:52	Shangara Sooch 57:53 M75 Paul Fink 1:03:52	
44:58		
46:03		
45:05		
46:27	M80 Jim Southard 1:09:18 Eberhard Niemeye 2:00:32	
48:12	Bill White 2:03:02	
43:54	M85 JerzyKuszakiewicz 1:14:17	
43.34	mosserzynuszakiewicz 1.14.17	

ı	Andy Wheatley	1:18:51
١	M90 Sidney Smith	2:14:59
١	W40C Troncoso	36:11
۱	Lynn Doelger	41:55
١	Colleen Forshee	42:40
۱	Julie Luft	42:58
ı	W45Amanda Aguilar	46:48
ı	Catherine Miller	47:05
١	Linda Litzinger	47:36
	Maria Hermon	48:00
١	W50Charlene Janiak	45:59
١	Serai Abraham	48:39
١	Joey Rios	51:26
į	Marianne VanHou	tte 52:12
١	W55Janet Scholl	53:24
١	Catherine Clark	52:32
1	Monnie Atkinson	51:58
	Josie Bowman	52:10
Ī	W60Barbara Ogletree	54:33
	Betty Jameson	57:21
١	Gayla Chambers	57:48
ı	Pat Neff	58:30
1	W65Mickie Aguilar	1:05:08
i	Carol Cunninghan	1:11:17
1	Julie Teft	1:12:00
	W70Shirley Gilliland	1:15:47
1	Polly Husted	1:15:43
	Mary Milam	1:25:48
	W75Fran Milligan	1:25:12
	Lillie Doss	1:28:23
	Annie Rogers	2:19:05
	W80Wanda Hall	1:35:38
	Mira Hill	1:43:54
	Marilyn Hampson	1:51:02

	Red Bud 10K & 5)	
Okla	homa City, OK; A	pril 4
Qver	all	
	Schwab 14	32:34
	Frates 43	41:0
M40		36:4
	Richard Maag	37:2
1000	Barry Redmond	38:5
M45	Chris Lipscomb	37:5
730	Forrest Simpson	38:1
	Donnie Harris	39:0
M50		35:4
1	Michael Williams	39:4
	Craig Mahl	39:4
MSS	RonKuykendall	43:1
- 11	Robert Maddy	43:1
MEO	Don Frissell James McFadden	44:3
IVIOU	Jim Tabor	46:2
M65	Bob Adkins	48:0
IVIOS	Dick Drevo	50:4
1000	Adrian Wolford	51:0
M70	Roy Dorris	59 4
	A V Hickman	59:4 71:0
W40	A V Hickman K Frates	41:0
	Sherri Duke	41:2
113	Julie Thomas	42:3
W45	Vickie Tucker	43:0
FELLE	Mari Mohr	44:2
7 1000	Marion Capuccio	48:1
W50	Barbara Holzman	45:2
	Julie Kelly	47:0
	Barbara Butner	53:29
W55		47:3
	Sheryl Drevo	50:20 57:1 52:4
	Nancy Fillhart	57:1
W60	Geraldine Weber	52.4
11105	Mary Sands	65:3
W65	Kathy Moffitt	61:11 73:30
	Shirley Hoke Pat Hill	65:50
5K-	Pat Hill	00.00
	all	
Over		16:0
	n Connolly 23 Burton 13	18:4
	Alan Palesano	23:10
17140	Mark Gandy	24:1
MAS	Tim Altendorf	20:0
CFIVE	Andy Lopez	22:2
M50	Steve Spielman	20:4
	Richard Mildren	25:39
M55	Herb Phillips	25:2
	Kim Kimberling	26:16
	Fred Grosz	24:58
M65	Don Hart	25:0
1470	Homn Rober	37.3

M60 Fred Grosz M65 Don Hart M70 Hamp Baker M75 Neil Hill W40 Karen Henry Patti Slater W45 Debbie Smith Donna McCoy W50 Jerianne Davis W55 Linda Kessinger W60 Robin Brown WEST

18.44 23.10 24.19 20.08 22.22 20.48 25.39 25.23 26.16 24.58 25.02 37.38 36.36 21.48 27.08 24.11 30.02 30.30 30.17 34.22

Napa Valley Marathon

ı	Napa, CA; March 7	
ı	Overall	
ı	Nik Southwell	2:28:56
ı	Erin Moeller	2:51:07
ı	M40 Chris Clark	2:44:18
ı	Michael White	2:44:53
ı	Michael Clem	2:50:50
ı	M45 Dick Beardsley	2:43:58
ı	Phillip Wright	2:54:57
ı	Vincent Wolff	2:59:20
ı	M50 Paul Braunschwier	
ı	Rick Boettcher	3:00:03

Herb Tanzer	3:01:57
M55 Frank Bozanich	3:15:07
Craig Newport	3:17:27
Jerry Jackson	3:18:59
M60 John Crouch	3:18:22
Verne Schellhorn	3:21:48
Vic Birtalan	3:28:53
M65 Ricardo Guidolin	3:48:19
Julian Gordon	3:56:45
Philo Short	3:59:22
M70 John Milne	4:37:36
Roger Fong	4:46:50
	4:48:19
M75 John Keston	3:43:50
Harry Daniell	5:20:18
W40Peggy NelsnPanz	e8:12:07
Rena Schumann	3:12:17
Cindy Luniw-Adsir	3:20:31
W45Claudia Kasen	3:27:41
Mary Bretthauer	3:27:43
Heather Dolman	3:32:47
W50Janet Green	3:37:36
Debbie White	3:41:47
Lorinda Raynor	3:43:17
W55Consuelo Streett	4:04:00
Garima Hoffmann	4:15:10
Ardys Dunn	4:16:26
W60Ginger Bryan	4:00:52
Mary Dose	4:57:58
Jane Colman	5:02:36
W70Myra Rhodes	3:56:17
W80Helen Klein	4:45:42

8K Run, Palo Alto, CA March 14

1	march 14	
١	Overall	
	Michael Dove 57	29:46
١	Isobel Fox 50	37:12
	M50 Arturo Rodriguez	30:03
1	Dan Anderson	30:15
١	M55 Bob Anderson	30:39
1	David Mineau	31:53
ı	M60 Robert Gormley	32:38
1	Gene Gilligan	34:17
	M65 David Norlander	34:32
1	Gerald McGowan	35:06
1	M70 Nick Vomvolakis	43:24
	William Rodberg	44:51
	M75 Frank Spada	42:41
	David Jeong	48:09
	M80 Larry Johnson	45:47
	Stanley Coombs	47:34
	W50 Dee Gibson	39:14
	B BarsamianTeman	43:19
	W55 Kathy Black	44:57
	Bernadette Riley	49:30
	W60 Trudi Hoffman	42:58
	Yoko Shilling	50:11
	W65 Sylvia Hughes	43:56
	Joyce Hanna	47:45
	W70 none	
1	W75 Joy Johnson	51:38
i	Peggy Hansen	63:35

Valley of the Sun Marathon & Half-Marathon Phoenix, AZ; March 14

Overall

Bruce Kilulai 32	2:22:56
Karla Sokolovich 31	3:04:22
M40 John Gless	2:59:17
Daniel Rees	2:59:42
Ed Allen	3:13:04
M45 Dan Kasper	3:03:49
Robert Lee	3:30:27
Mark Lee	3:31:49
M50 Gary Grierson	3:03:25
Gerry Predy	3:24:35
Joseph Hewitt	3:26:28
M55 Chuck Cammack	3:12:34
Bob Furnish	3:26:15
Ed Mraz	3:32:16
M60 Alec Felstead	4:11:10
Michael Haviland	4:30:53
Ron Grauer	4:37:32
M65 Jim Grindley	4:06:35
Brian Mcgrath	4:45:55
Jerry Sombke	4:46:25
M70 Frank Derksen	5:29:17
W40Jacqueline Stacy	3:36:13
Nancy Schmidt	3:40:58
Donnes Mones	2.40.44

Deanna Napen	3:48:41
V45Lorraine Jessee	3:46:05
Tina Donkers	4:14:16
Ernie Rambo	4:19:36
V50JacqueliWhitehea	d3:54:52
Susan Saunders	4:31:40
Deb Bogden	4:34:26
V55Sonia Ryker	5:08:43
DeborahTelesman	ni6:16:38
Carolyn Fowler	6:15:46
V60Susan Lehman	6:37:38
Peggy Rogers	6:42:43
Judy Butcher	7-59-05

Judy Butcher	7.58.05
Half-Marathon	
Overall	
Kevin Collins 33	1:05:25
Brianna Torres 23	1:17:39
M40 Ronald Hyde	1:22:14
Chas Hendrickson	1:22:33
Mark Crane	1:25:49
M45 Steve Greenspan	1:19:59
Kevin Prochaska	1:20:27
David Smith	1:20:39

18:30

M50 Duane Morse	1:29:13
Gary Maxwell	1:30:29
Darryl Graham	1:31:08
M55 Jim Burgess	1:29:09
Robert Huotari	1:29:34
Dennis Freeman	1:41:17
M60 Dennis Muirheac	1:34:30
Ed Donoghue	1:35:20
Elwood Vetos	1:36:18
M65 Jim Madonna	1:45:09
Robert Bussey	2:05:08
Lenny Mikus	2:07:32
M70 Elmer Houghten	2:02:40
Larry Boies Jr	2:12:03
Richard Burns	2:57:53
M75 Bob Koch	1:56:42
W40Janice Mccaffrey	1:20:34
Renee Sacco	1:33:14
Lisa Templeton	1:37:23
W45Jean Watson	1:35:45
Bev Schmal	1:40:00
M Holiday Deschei	nyl:40:03
W50Rosanna Roasa	1:41:16
Glenda Muirhead	1:43:52
Donna Smith	1:49:07
W55Cheryl Dusek	2:02:20
Velva Hakim	2:05:58
Merrie English	2:09:38
W60Barbara Huff	2:14:12
Linda Garren	2:30:57
Ellie Kallal	2:34:15
W65Lucy Diana	2:59:45
Claire Villa	3:27:47
Joyce Camburn	3:33:31
W75Dorothy Brunker	3:38:33

Emerald Nuts Across the Bay 12K, San Francisco, CA

March 21	
Overall	
Peter Gilmore	37:44
Linda Somers Smith	42:13
M40 Daniel Gonzalez	38:30
Jose Aispuro	41:18
Robert Pickens	41:19
Tim Wallen	41:30
Rob Elia	41:38
M45 Emil Magallanes	41:44
Lloyd Stephenson	41:45
Dennis Rinde	42:40
Brian Davis	43:43
Michael Radcliffe	43:51
M50 Joe Schieffer	44 48
Ken Grebenstein	45 03
Tom Bernhard	45:54
Roberto Donaire	46:10
M55 Don Porteous	45:12
Michael Dove	45:26
Bill Dunn	47:22
Len Goldman	47:29
M60 Fred Martin	48:51
Robert J Gormley	50:09
Jack Burns	50:45
M65 Russ Kiernan	51:06
Mike Paul	1:03:42
Carlos Zarate	1:04:10
M70 Tom Guldman	55:54
Nial Wall	1:02:46
Lee Rhodes	1:04:07
M75 Frank Spada	1:13:16
Robert Valentine	2:12:46
M80 Stanley Demartinis	1:36:05
Jack Friedlander	1:55:19
W40 Linda Somers-Smith	42:13
Rosemarie Lagunas	45:46
Maria Trujillo De Rio	47:27
Janet Smith	48:12
W45 Chip Wrapson	49:10

		_
Kim Rupert	51:52 52:30	
Kate Samuelson Maria Briones	52:43	
W50 Heidi Helvestine	46:57	M7
Claire Malonson Fry	55:10	1411
Sue Macdonald	57:32	
Irene Herman	58:18	
W55 Jessie Stratton	57:55	M7
Marian Lyons	59:30	MI
Bridie Dillon	1.01:51	
Susan Wheeler	1:02:34	
W60 Barbara Miller	55:37	
Trudi Hofmann	1:06:54	M80
Ann Hardham	1:11:13	
W65 Peggy Kang	1:08:01	
Nova Poff	1:13:12	M8
Barbara Robben	1:16:21	Mas
W70 Myra Rhodes	1:04:01	Qve
Barb Lescisin	1.58:47	Mor
Sue Bare	2:03:15	W4
W75 Eloise Danto	1:32:05	
Po Adams	1:34:53	
Peggy Hansen	1:38:55	
Carlsbad 5K		
Carlsbad, CA; Mar Masters Men's Race Overall		W4:
Carlsbad, CA; Mar	ch 28	W4:
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill	14:51	W4:
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope	14:51 14:51 14:52	W4:
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez	14:51 14:51 14:52 14:54	W4:
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras	14:51 14:51 14:52	
Carlsbad, CA; Mari Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis	14:51 14:51 14:52 14:54	W45
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras	14:51 14:51 14:52 14:54 14:56	
Carlsbad, CA; Mari Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis	14:51 14:51 14:52 14:54 14:56 15:06	
Carlsbad, CA; Mari Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez	14:51 14:51 14:52 14:54 14:56 15:06 15:21	
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:24	
Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos James Sheremeta	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:24 15:32 15:37	
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos James Sheremeta Dan Arsenault Ralph Garibald	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:24 15:32 15:37 15:41	
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos James Sheremeta Dan Arsenault Ralph Garibald M45 Dave Parsel	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:24 15:32 15:32 15:31 15:41 15:53	
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos James Sheremeta Dan Arsenault Ralph Garibald M45 Dave Parsel Steve Scott	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:32 15:37 15:41 15:53 15:59	
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos James Sheremeta Dan Arsenault Ralph Garibald M45 Dave Parsel Steve Scott Ken Masarie	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:24 15:37 15:41 15:59 16:36	
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos Jarnes Sheremeta Dan Arsenault Ralph Garibald M45 Dave Parsel Steve Scott Ken Masarie Marty Ellison	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:24 15:37 15:41 15:53 15:53 16:36 16:50	
Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos James Sheremeta Dan Arsenault Ralph Garibald M45 Dave Parsel Steve Scott Ken Masarie Marty Ellison Sal Garcia	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:24 15:37 15:41 15:53 16:59 16:50 16:50 16:52	
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos James Sheremeta Dan Arsenault Ralph Garibald M45 Dave Parsel Steve Scott Ken Masarie Marty Ellison Sal Garcia Peter Lewandowsk	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:32 15:37 15:41 15:53 15:59 16:36 16:50 16:52 16:52	W55
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos James Sheremeta Dan Arsenault Ralph Garbald M45 Dave Parsel Steve Scott Ken Masarie Marty Ellison Sal Garcia Peter Lewandowsk Tim Mock	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:24 15:37 15:41 15:59 16:50 16:50 16:50 16:52 17:00	
Carlsbad, CA; Man Masters Men's Race Overall Peter Magill 42 M40 Peter Magill Brian Pope Danny Martinez Alfredo Vigueras Dennis Simonaitis Oscar Gonzalez Jeff Ambos James Sheremeta Dan Arsenault Ralph Garibald M45 Dave Parsel Steve Scott Ken Masarie Marty Ellison Sal Garcia Peter Lewandowsk	14:51 14:51 14:52 14:54 14:56 15:06 15:21 15:32 15:37 15:41 15:53 15:59 16:36 16:50 16:52 16:52	W55

RUNNING ENCYCLOP

Angelo Decollibus John Araujo M50 Nolan Shaheed

Gregg Horner Michael Seamar Paul Cook Bob Morris

Jim Jones Donald Irvine

Larry Ingram Bob Anderson

Bob Anderson
Bill Sumner
Gary Fryatt
John Montgomer
M60 James Boughter
Byron Melendy

Juan Cabela Steven Brenneck

Tom Lemire Allan Mallinger

M65 Thom Weddle Francisco Saiz Frank Greene

Dan Guillory M55 Michael Dove John Combs

17:03 17:16 15:54

16:34 17:06 17:15 17:25 17:35

18:17 18:27 17:30 17:32

18:12 18:14

18:24

18:29 18:38

19:09

18:54 20:07 20:17

19:06 20:46 22:13

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NATIONAL MASTERS NEWS

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Nati		asters
Pete Wall	22:46	M40TON
Bob Norton	22:46	NOR
Michel Ribet	23:23	DAV
M70 William Wall Allen Warren	23:48	M45 ART
John Harper	23:51	KEV
Arnold Hogarth	24:09	DEN
M75 Gunnar Linde	22:21	RICH
Bob Koch	25:04	M50 GRE
James Wilkie	26:03	PHII
Patrick Devine	26:30	DAV
M80 Jim McCown	29:02	RIC
Stanley Coombs Judge Penick	29:15 36:10	M55 JIM
M85 Hal Elrick 85	50:00	SC
Masters Women's Rac		ALA
Overall		DAI
Monica Joyce 45	17:08	M60 GA
N40Dolly Ginter	17:54	СН
Ceci St Geme	18:04	DEI
Rosalva Bonilla	18:16	M65 RO
Sue Davis P Stewart-Garbrech	18:24	LEE
Louise Davis	18:45	LIO
Sheri Wright	18:52	M70+AA
Wanda Toro Scheit	19:01	IRV
N45Monica Joyce	17:08	JOH
Denise Foote	18:50	RIC
Ruth Vomund	18:55	SLA
Liz Baker	19:03	W40CIN
Mo Bartley	19:09	SH
Marcella Teran	19:25	GA
Vickie Alexander		W45RE
Carolyn Benson	20:10	JAC S L
V50Sherri Hall Curl	20:23	31
S Robbins-Sydner	20:58	W50SH
Debbie Fischer	21:16	PE
Christine Young	21:21	LE
Sharon Lotesto	21:29	W55D0
Denise Janneck V55Teri Fitzgibbons	19:44	PH
Odette Osantowski		CA
Willie Mundt	22:25	W60SY
Yoko Eichel	22:35	CE
Jeanie Leitner	23:00	RA
Betty Rosenberg	23:05	W65FL
M60Jo Ann Meyer	21:23	JO W70+P
Kathy Loper	22:30	W
Wendy Watson Ursula Rains	25:13	NA NA
M65Martha Walker	26:45	NO
Wilma Calvin	28:09	
Pat Herr	29:37	61
Helen Geoffrion	29:52	Shan
W70Lenore Montgomer		Port
Anne Garrett Ginny Beck	30:25	15K
W75Ann Priddy	34:09	Overall
Doris Gordon	37:27	Ahman
Po Adams	37:33	Jenny (
W80Gerry Davidson	37:03	M40 Ric
Mary Lou Lynch	39:11	Ste
W85+Marjorie Easton Edith Allen 92	48:34 48:48	M45 Ric
Editif Alleit 92	40.40	Ma
NORTHWI	ST	La
Control of the Contro		M50 Ma
Henry Weinhard	t's St.	Fra
Patrick's Day Dash		Alle
Seattle, WA; Mar		M55 Sci
		Je:
(Green Wave)		M60 Jan
Overall		Mil
DAVID MILNE 24 LEAH PELLS 37	15:34	Te
LEAR PELLS 3/	16:53	M65 Sci
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A STATE		To
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ay's runne	r	W40Ro Me Aly W45Jer Les Jea W50Ter Sai Ch W55Les Ch
ay's runne	r	W40Ro Me Aly W45Jer Les Jea W50Ter Sai Ch W55Les Ma W60Kal
PEDIA ay's runne erson		W40Ro Me Aly W45Jer Les Jea W50Ter Sai Ch W55Les Ch
ay's runne	r	W40Ro Me Aly W45Jer Let Jea W50Ter Saii Ch W55Lev Ma W60Kat Kat
ay's runne erson	r	W40Ro Me Aly W45Jer Jee Jee San Ch W55Len Ch Ma W60Kat Sut W85Em
ay's runne erson	r	W40Ro Me Aly W45Jer Jee Jee Ch W55Les Ch W55Les Ma W60Kat Kat

NA 11 11	
sters News	
M40 TONY YOUNG	16:22
NORMAN TINKHAM	
PAUL ABDALLA DAVID WHITEESPIN	17:21 v18:07
MICART BOULTALL	17:50
KEVIN ADAMS DENIS VILLENEUVE	18:00 18:23
RICK CLEEK	18:34
M50 GREG BEYERLEIN	
PHILIP WELCH DAVID HARRIS	19:12 19:45
RICK GARRISON	19:50
M55 JIM MCGILL	20:08
SCOTT FLETT ALAN IRVINE	21:48 21:55
DALE HIRT JR	22:29
M60 GALE PFUELLER CHRIS STEER	20:36 21:02
DENNIS OHARE	21:34
M65 RONALD BRINTO	22:05
LEE PARKER LIONEL WILRIDG	23:48
M70+AARON COUCH	24:26 25:59
IRV BEADLE	29:19
JOHN FLANIGAT RICHARD GOEN	31:44
SLADE GORTON	35:07
W40CINDY OKRANE SHELLEY NEAL	17:51
GAIL HALL	20:41
W45REGINA JOYCE JACKIE HOLLOWA	19:07
S LYNN-WALTERS	
W50SHARONHANKINS	SORE 24
PEGGYVANBUSK	IRK6:03
W55DORIE QUAM	LL 26:41
PHYLLIS NELSON	23:34
CAROL SPEAR	26:05
W60SYLVIA ANGEL CELE GORMAN	29:21
RAM. WOLLENWE	29:24 BB1:37
W65FLORA YOUNG JOAN LUCKHURS	31:37
W70+PATRICIA JOHNS	SCIMO-38
WLMA PARKER	30:06
WLMA PARKER NANCY OLSEN NORMA SAND	39.05
Shamrock 15K, 8K	, & 5K
Portland, OR; Mai	rch 14
15K	
15K Overall Ahman Dirks 29	47.00
15K Overall Ahman Dirks 29 Jenny Crain 36	47:00 52:47
15K Overall Ahman Dirks 29 Jenny Crain 36 M40 Richard Lee Steven Bye	47:00 52:47 50:54 53:40
15K Overall Ahman Dirks 29 Jenny Crain 36 M40 Richard Lee Steven Bye Engenio Vidales	47.00 52.47 50.54 53.40 55.59
15K Overall Ahman Dirks 29 Jenny Crain 36 M40 Richard Lee Steven Bye Engenio Vidales M45 Richard Punches Mark Higginson	47.00 52.47 50.54 53.40 55.59 54.23 54.33
15K Overall Ahman Dirks 29 Jenny Crain 36 M40 Richard Lee Steven Bye Engenio Vidales M45 Richard Punches	47.00 52.47 50.54 53.40 55.59 54.23 54.33 57.59
15K Overall Ahman Dirks 29 Jenny Crain 36 M40 Richard Lee Steven Bye Engenio Vidales M45 Richard Punches Mark Higginson Larry Stephens M50 Mark Mochon Francis Kessler	47.00 52.47 50.54 53.40 55.59 54.23 54.33 57.59 58.15 58.24
15K Overall Ahman Dirks 29 Jenny Crain 36 M40 Richard Lee Steven Bye Engenio Vidales M45 Richard Punches Mark Higginson Larry Stephens M50 Mark Mochon Francis Kessler Allen Boyce	47.00 52.47 50.54 53.40 55.59 54.23 54.33 57.59 58.15 58.24 1:00.19
Ahman Dirks 29 Jenny Crain 36 M40 Richard Lee Steven Bye Engenio Vidales M45 Richard Punches Mark Higginson Larry Stephens M50 Mark Mochon Francis Kessler Allen Boyce M55 Scott Taylor Jesus Ceja	47.00 52.47 50.54 53.40 55.59 54.23 54.33 57.59 58.15 58.24 1:00.19 59.06 1:02:38
15K Overall Ahman Dirks 29 Jenny Crain 36 M40 Richard Lee Steven Bye Engenio Vidales M45 Richard Punches Mark Higginson Larry Stephens M50 Mark Mochon Francis Kessler Allen Boyce M55 Scott Taylor Jesus Ceja John Seggie	47.00 52.47 50.54 53.40 55.59 54.23 54.33 57.59 58.15 58.24 1:00.19 59.06 1:02.38 1:03.02
Ahman Dirks 29 Jenny Crain 36 M40 Richard Lee Steven Bye Engenio Vidales M45 Richard Punches Mark Higginson Larry Stephens M50 Mark Mochon Francis Kessler Allen Boyce M55 Scott Taylor Jesus Ceja John Seggie M60 James Hedtke Mike Walsh	47.00 52.47 50.54 53.40 55.59 54.23 54.33 57.59 58.15 58.24 1.00.19 59.06 1.02.38 1.03.02 1.09.58 1.12.03
Ahman Dirks 29 Jenny Crain 36 M40 Richard Lee Steven Bye Engenio Vidales M45 Richard Punches Mark Higginson Larry Stephens M50 Mark Mochon Francis Kessler Allen Boyce M55 Scott Taylor Jesus Ceja John Seggie M60 James Hedtke Mike Walsh Ted Gross	47.00 52.47 50.54 53.40 55.59 54.23 54.33 57.59 58.15 58.24 1:00.19 59.06 1:02.38 1:03.02 1:09.58 1:12.03 1:17.13
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John Francis Mary Oconnel

18:34 EIN 17:34	Ken Hill	30:04
	M70 Dave Harrison	23:53
1 19:12	Jack Keener	24:27
19:45	Richard Olafson	24:45
ON 19:50	W40Wendy Seitz	22:04
20.00	Denise Croucher	22:51
20:08	Lisa Nienstaedt	24:04
21:55	W45I Clancy	22:43
22:29	Cheryl Seifert Linda Burnside	24:32
ER 20:36	W50Laura Caldwell	24:39 19:58
21:02	Kellie Friderich	28:17
RE 21:34	Jan O'neal	28:25
TO 22:05	W55Jean Bucher	29:56
23:48	Janet Leek	31:59
DG 24:26	Valerie Schaller	31:59
CH 25:59	W60Georgann Reel	27:25
29:19	Caye Poe	34:00
Af 31:21	Marita Price W65Mariva Brodigan	37:07
EN 31:44	W70Barbara Dougan	38:53
ON 35:07	Barbara Olafson	36:57
IE 17:51	W75Helen Lachman 78	50:01
AL 19:41	To other Eachman 70	30.01
20:41	Bridge to Bridge 1	OK/SK
E 19:07		
OWAY20:36	Portland, OR; A	
TERS 23:36	Jeannette Ward	38:49
KINSON5:31	W45Molly Fletcher	37:26
USKIR126:03	Pam Reid Vickie Moore	40:25
CHELL 26:41	W50Shirley Shaw	36:09
23:34	Selena Farmer	43:31
SON 23:54	Mollie Banks	44:06
	W55Dell Ann Dyar	45:04
R 26:05 L 29:21	Jean Ice	45:40
AN 29:24	Dianne Heath	46:23
NWEBB1:37	W60Jayne Ichikawa	46:40
IG 31:37	Bunny Howe	46:44
URST 36:34	Maryann Sweet	47:39
OHNSOM:38	W65Marilyn Paul Alice Rose	46:49
ER 30:06	Jennifer To	46:54 52:57
N 34:16	W70Flor Irlandez	56:52
39:05		1:15:12
	5K	
, 8K, & 5K	Overall	
March 14	Oliver Redig 23	15:31
	Marie Davis 26	17:58
	M40 Kevin Paulk	16:35
47.00	Charlie Case	16:40
47.00 52.47	Michael Oehl	17:42
50:54	M45 Dave Clingan Jim Ney	17:04
53:40	Jeff Oneil	18:10
es 55:59	M50 Jim Jones	18:22
hes 54:23	Keith Schramm	18:31
on 54:33	Rick Ohlson	19:07
s 57:59	M55 Kirk Rose	21:13
58:15	Alan Abramowitz	21:30
1:00:19	Jonathan Gibson	22:59
59:06	M60 Douglas Galloway Jim Gulaskey	22:27
1:02:38	Richard Bruce	28:53
1:03:02	Overall	20.00
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M70 Ron Macpike	55:42	MEDD- ID I
Dick Vaughn	58:18	M50 Brad Pinkstaff
M75 Harry Anderson	1:07:47	Rick Ohlson
W40Janet Anderson	34:35	Mike Henderso
Kelly Shafer	35:57	M55 Gay Davis
		Wayne Young
M65 Mike Paul	23:24	M60 Doug Galloway
Ken Ogden	24:03	David Loprinzi
Ken Hill	30:04	Norm Carlson
M70 Dave Harrison	23:53	M65 Mike Paul
Jack Keener	24:27	Ken Ogden
Richard Olafson	24:45	Jim Gay
W40Wendy Seitz	22:04	M70 Richard Olafson
Denise Croucher	22:51	Jack Keener
Lisa Nienstaedt	24:04	Eldon D Wells
N451 Clancy	22:43	W40Theresa Rupert
Cheryl Seifert	24:32	Terri Stewart
Linda Burnside	24:39	Tracy Laflamme
N50Laura Caldwell	19:58	W45Denise Foote
Kellie Friderich	28:17	Barbara Strattor
Jan O'neal	28:25	Corinne Loprinz
V55Jean Bucher	29:56	W50Jenny Freeman
Janet Leek	31:59	Connie Newell
Valerie Schaller	31:59	Olivia Rossi
V60Georgann Reel	27:25	W55Jean Bucher
Caye Poe	34:00	Valerie Schaller
Marita Price	37:07	Krystal Ashling
V65Mariva Brodigan	38:53	W60Alice Sigmund
V70Barbara Dougan	36:57	Joy Morgan
Barbara Olafson	38:02	Sharon Barnes
V75Helen Lachman 78	50:01	W70Erica Dunn
Transfer Lucimian 76	30.01	Barbara Olafson
Bridge to Bridge 1	OK/5K	Barbara Dougar

Mike Henderson 19:58 M55 Gay Davis 20:31 Wayne Young 25:21 M60 Doug Galloway 22:17 David Loprinzi 22:35 Norm Carlson 23:23 M65 Mike Paul 23:01 Ken Ogden 24:08 Jim Gay 32:07 M70 Richard Olafson 24:34 Jack Keener 24:37 Eldon D Wells 29:26 W40Theresa Rupert 28:43 Terri Stewart 28:55 Tracy Laflamme 29:06 W45 Denise Foote 18:55
Wayne Young 25:21 M60 Doug Galloway 22:17 David Loprinzi 22:35 Norm Carlson 23:23 M65 Mike Paul 23:01 Ken Ogden 24:08 Jim Gay 32:07 M70 Richard Olafson 24:34 Jack Keener 24:37 Eldon D Wells 29:26 W40Theresa Rupert 28:43 Terri Stewart 28:55 Tracy Laflamme 29:06 W45Denise Foote 18:55
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David Loprinzi 22:35
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M65 Mike Paul 23:01 Ken Ogden 24:08 Jim Gay 32:07 M70 Richard Olafson 24:34 Jack Keener 24:37 Eldon D Wells 29:26 W40Theresa Rupert 28:43 Terri Stewart 28:55 Tracy Laflamme 29:06 W45 Denise Foote 18:55
Ken Ogden 24:08 Jim Gay 32:07 M70 Richard Olafson 24:34 Jack Keener 24:37 Eldon D Wells 29:26 W40Theresa Rupert 28:43 Teri Stewart 28:55 Tracy Laflamme 29:06 W45Denise Foote 18:55
Jim Gay 32:07 M70 Richard Olafson 24:34 Jack Keener 24:37 Eldon D Wells 29:26 W40Theresa Rupert 28:43 Terri Stewart 28:55 Tracy Laflamme 29:06 W45Denise Foote 18:55
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Corinne Loprinzi 26:38
W50Jenny Freeman 28:53
Connie Newell 28:56
Olivia Rossi 30:39
W55Jean Bucher 29:25
Valerie Schaller 29:52
Krystal Ashling 31:29
W60Alice Sigmund 30:57
Joy Morgan 32:13
Sharon Barnes 36:56
W70Erica Dunn 28:17
Barbara Olafson 34:52
Barbara Dougan 36:14
BACIEWAL PING

RACEWALKING

St. Patrick's Day 5K Racewalk, Central Park NYC; March 7

Qverall	
Paul Schwartzberg 37	24:09
Jennifer Marlborough 31	30:27
M30 Paul Schwartzberg	24:09
M40 David Wolf	28:44
M45 Alexis Davidson	28:10
M50 Vlado Haluska	26:24
M55 Nicholas Bdera	24:47
M60 Edoardo Sorrenti	33:24
M65 Zbigiryiev Stasik	35:29
M70 Daniel Pina	35:25
M75 Cervin Robinson	38:22
W30 Jennifer Marlborough	30:27
W40 Karen Bdera	38:29
W45 Pat Motschwiller	31:34
W50 Ruth Gersch	35:09
W60 Ora Julie	36:54
W75 Pearl Jones	48:29

Bill Mathews Memorial/ Florida 5K & 10K Racewalk Championships Orlando, FL: April 4

Onando, I L, April	-
M45 Jeff Sparks	36:45
M50 Phil Brown	35:23
M55 Gene Opheim	28:19
Tom Furman	30:28
M60 Karl Barsch	34:52
Chuck McLaughlin	35:28
M65 Peter Bayer	32:55
Tom Atkinson	41:43
M70 Bob Fine	32:49
M75 Danny Demauro	36:02
W35 Helge Heinrich	29:56
W50 Lynn Brodie	41:44
M50 Juan Yanes	58:41

2003 Outdoor Rankings Changes

100m		
W50 Mary Jilka	15.55	14th
W65 Edna Hyer	20.07	20th
200m		-
W65 Edna Hyer	46.09	21st
400m		
W65 Edna Hyer	1:48.0	14th
800m		-
W65 Edna Hyer	4:14.0	17th
1500m		
M55 Agustin Medina	5:09.6	24th
W65 Edna Hyer	8:04.0	13th
Mile		
M30 Kareem Lanier	4:39.00	3rd
Triple Jump		
Lionel Low	9.47	5th
Discus		
W65 Edna Hyer	17.56	16th
Hammer		
M55 George Mathews	49.05	2nd
M65 Verm Spencer	38.63	4th
Javelin		
W65 Edna Hyer	16.90	16th
Superweight		
W60 Carol Young	7.97	1st
W65 Erika Messner	5.82	3rd
5000m Racewalk		
M75 Jack Starr	30:57.4	
(E. Gawinski's 1st-ranki	ed time is	an error)
10,000m Racewalk		
M75 Jack Starr	65:10	1st
20K Racewalk		
M75 Jack Starr	2:20:56	1st

MASTERS CHAMPION

Fourteen years and running.





The 2004 Twin Cities Marathon is hosting the **USATF National Masters Marathon Championship** for the 14th consecutive year. Twin Cities Marathon Weekend includes the TCM Health and Fitness Expo, Sidney's Pasta Party, State Capitol 5K & Family Events, TC 10 Mile Run and Marathon. Fun for runners, wheelers, walkers and spectators.

Twin Cities Marathon is the official race of the 2004 USA National Masters Marathon Championship, and a proud sponsor of Team USA Minnesota.





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ULTIMATE GUIDE TO MARATHONS

SEPTEMBER 25 & 26, 2004 APPLETON, WISCONSIN, U.S.A.

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