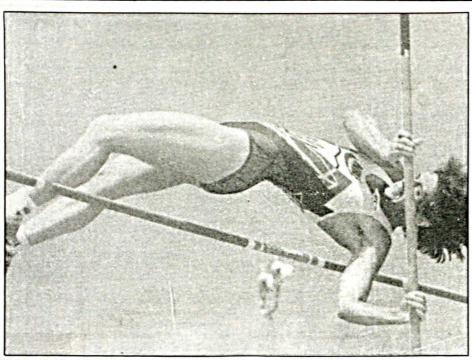
The official world and U.S. publication for Masters track & field, long distance running and race walking.

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Philippa (Phil) Raschker, 47, placed second in the USA Open Track & Field Championships pole vault in Knoxville, and earlier set a new world record of 11 feet, 1 inch (3.38 meters) for women over 40.

Photo by Margaret Bentiage/Knoxville News-Sentinel

Ups Women's Over-40 Record to 11-1

At 47, Raschker Places 2nd in USA Open Pole Vault

Philippa (Phil) Raschker, 47, continued to break new ground in women's pole vaulting by placing second in the USA Open Track & Field Championships in Knoxville, Tenn., June 13.

One of 17 women invited to compete in the special exhibition event, the Atlanta accountant cleared 10-8, the same height as the winner, Melissa Price, 16. But the California high schooler was awarded first place on the bases of fewer misses at the winning height.

The performance earned Price a trip to the Goodwill Games this month in Russia. TBS, prime sponsor of the Games, was reportedly considering also inviting Raschker, due to the closeness of the competition and the drama of the age disparity between the two.

At an Atlanta all-comers meet on May 17, Raschker set a U.S. open best Continued on page 15

Nationals Entry Deadline is July 20

Planning is under way for the 27th annual USATF National Masters

INSIDE

- 1994 T&F Indoor Rankings —pages 26-27
- Mike Tymn Runs in Jerusalem —page 6
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Track and Field Championships on August 11-14 in Eugene, Oregon.

The event is expected to draw more than 1200 men and women from over 40 states, Canada, and several foreign countries.

The deadline for entries is July 20. Confirmation of entry will be sent to all competitors who register by July 14. Late entries received after July 20 will be assessed a \$25 penalty. No entries will be accepted after July 31.

The entry form was published on the back page of the May and June issues of NMN. Entry forms may also be obtained by writing Eugene directly (see schedule for details).

Continued on page 12

A "High (Cotton Row) Five" for Nancy Grayson in Alabama

by JIM OAKS

HUNTSVILLE, AL — What do you take when you need a short break? How many players are on a basketball team? How many consecutive times has Nancy Grayson won the WZYP Cotton Row Run 10K?

If you answered "five" to each question, you win the chance to join us in Huntsville next Memorial Day for the 16th edition of this famous masters race.

But if you are a female master, you had better come ready to race Nancy Grayson, 44, the toughest female com-

petitor to ever charge Mountain Wood hill.

While Grayson was running 37:50 to win this year's race, New Orleans male master Desmond O'Connor, 40, ran 32:01 to take a come-from-behind victory on one of the South's toughest 10K courses.

In 1990, Grayson, then a resident of South Carolina, won her first WZYP Cotton Row title. In the next two years, she became only the second female master to break 36 minutes, setting the course record at 35:34 in 1992.

Continued on page 11



1994 WZYP Cotton Row prize money winners: (I to r) Vicki Crisp, Jane Hutchison, Judith Hine, Kathy Barton, Nancy Grayson, winner.

Photo by David Mayo



These 12 runners have completed all 15 WZYP Cotton Row Runs. Front: (I to r) Dewey Richards (42), Madison, Ala.; Bill McDowell (40), Huntsville (H); Morris Black (41), Athens, Ala.; Charles Van Valkenburgh (37), (H); Bill Allbritton (39), (H); Donnie Hillis (37), New Market, Ala.; James Carroll (43), Burns, Tenn. Back: (I to r) Carl Senkbeil (57), (H); Moody Davis (58), Owens Cross Roads, Ala.; Gerald Estes (52), (H); Merrill Jones (53), (H); Lon Porch (46), Scottsboro, Ala.

Photo by Jim Oaks

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ATIONAL MASTERS NE

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The National Masters News is devoted exclusively to track & field, long distance running, and racewalking for men and women over age 30. Each month it delivers 24 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competi-

Some masters events are sponsored by USATF, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to ages 40+, 50+ or 55+ (please check the schedule for details). Some events require advance registration. Some require a current USATF card (\$7 to \$12 per year, depending on the region). To inquire about a USATF card, call USATF in your area, or 317/261-0500. There are no qualifying standards for most masters athletics events.

NMN welcomes contribution info, photos, letters, articles, and opinions, Manuscripts should be typed, double-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is

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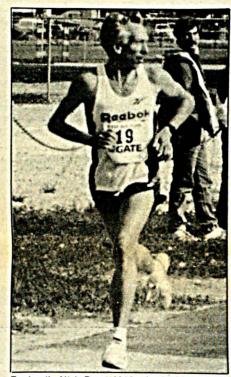
This year's May 22 Reebok New York Games had only one masters event — the Coors Masters Sprint Medley (200, 200, 400, 800). The New York Pioneer Club, anchored capably by Rob Jackson, handily took first place by 2½ meters over second place Garden Athletic Club.

An event on the Mobil Grand Prix circuit, the New York Games had world class athletes contesting 14 events and a tape-delay same-day network broadcast. However, this year's meet is a good example of the state of track and field in the United States.

Inaugurated in 1989, the meet has never been impressive in terms of attendance - New York is a city with two baseball teams, two hockey teams, two football teams, two opera companies, two ballet companies, etc. In short, track is not the "only game in town." In fact, on the beautiful sunny day of the Games, both a New York hockey team and basketball team were still in the playoffs, there was a 30,000-person AIDS march which raised more than \$1,000,000, and there was a parade on Fifth Avenue which probably had more than a million spectators. The number of spectators at the New York Games? Approximately 2000. Rumors abound that there are internal differences within the New York Road Runners' top management over whether or not they should continue to subsidize this very unprofitable venture.

The June 4 Advil Mini-Marathon

was not far behind. Yes, there was coverage, but for the first time in the memory of the PR guy, the photo truck had no photographer — only writers. The Rangers were about four games from a Stanley Cup, an accomplishment which they have not had since 1940; and the famous Knicks' coach, Spike Lee, was busy shutting down Reggie Miller of the Indiana Pacers. Oh, a couple of newspapers



England's Nick Rose, M40, checks his opposition in the Gate River 15K, Jacksonville, Fla. Rose won the masters contest in 45:49.

Photo by Charlie Kluttz

CZZMN

were there, but no wire service. Only one national publication, as far as we could tell. But this is perhaps to be expected when the hockey and basketball post-season play generates upwards of \$100 to \$200 million in incremental revenues for the city and track and field generates... what?

Marilyn Mitchell New York City

BRISBANE BECKONS

On behalf of my Australian athletic colleagues, I would like to extend an invitation/challenge to come to Brisbane and compete in the 3rd World Masters Games in September.

Brisbane is abuzz with excitement; the Games have been in the media daily since we returned from Miyazaki. Helen Pain of Sports Travel International organized a wonderful trip to Japan for Reg Austin and myself, staying at the Kanko Hotel with a lot of the USA team. We met many great American athletes and would love to see them in Brisbane. See you down under.

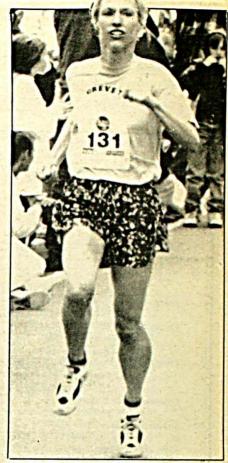
Barry Davis Sydney, Australia

PAUL SPANGLER REMEMBERED

I was sorry to read of the death of Paul Spangler. He was a wonderful person with a sparkling personality, and an inspiration to every masters runner who knew him.

Paul and I shared a hotel room in 1979 at the National Masters Indoor T&F Championships at the U. of Michigan in Ann Arbor. Paul ran the two-mile as a 79-year-old on Saturday and the mile as an 80-year old on Sunday, his birthday.

He almost broke seven minutes in



Hartzell Stringer, 41, Washington, D.C., first W40+, (20:53), Glenn Brenner 5K, Washington, D.C., May 8.

Photo by George Banker

the mile but couldn't quite do it. It was not for lack of effort because he gave it everything he had. Nor was it from lack of support because we all were screaming encouragement, especially his close friend, Wendell Miller, who almost climbed out on the track to run with him the last lap.

Paul was then, as always, an inspiration to us all. Not just in his running, but especially in the dignified grace he exhibited in everything he said or did. We will never forget him.

> Ron Fox Chicago

THE WEIGHT ROOM

We look forward to Jerry Wojcik's new column, "The Weight Room." We enjoy his sense of humor and puns. He's doing a super job.

Manuel and Helen White Helena, Montana

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Twelve Join NMN Sustainers

Each month, NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an in-depth schedule section, and more.

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Pastest Pasily" Fun Belay

One Mile

OLD AGE IS OK "

FIERS

MAGN

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U.S. MASTERS † SENIOR OLYMPIC

Early Morning "R" Track and Field



"fitness & health thru friendly competition"

USMSO EMTRTAP is not associated with any religious cult. It is assoc, with "Bible Buddys" a telephone friendship prayer line, began in 1973. It is dedicated to "Our Lord" of Lords as ancient greek olympians honored their gods. All faiths (or none) are Welcome.

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- NOFALSE STARTS. LISTEN AFTER THE ORDER. 'ON YOUR MARK'
 per set. Do NOTLOOK AT THE STARTER LISTER FOR THE GLN
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 eliminates your race time only, and waste energy formy, but illus
 and fair in force a restart penalty on the other number.)
- Field Events will not close to anyone preregistered and signed in with field event judges; and before women are decided
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The Pirst, Third, and Anchor runners-run 100 meters. The Second 100 meters may have 1-2-3 family persons handoff. Larger families may have two teams. Three mamber families may 'adopt' a child or senior citizen. (This fun event originated to involve patiently waiting families of mulitieventers) New family categories: (oldest)in-OPEN. Masters40+, Seniors60+.

Charles Obye, World Class-All-American, anchors the "torch" at USMSO '93

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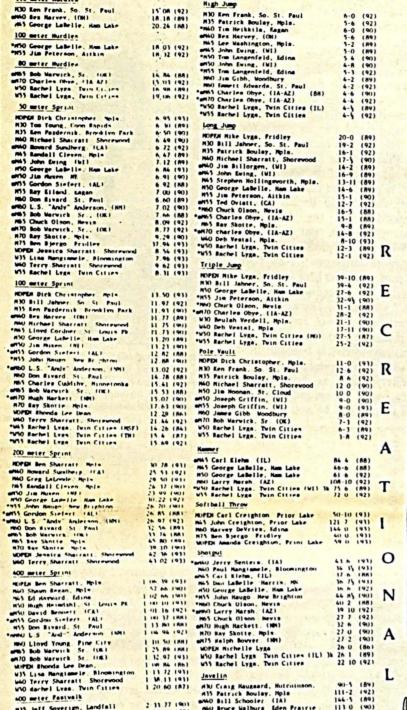
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"Blessed are the peacemakers..."

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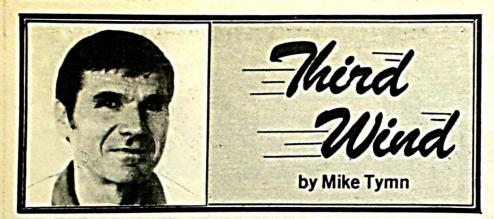
THE BEST in Everything-has Only ONE Left to motivate or challenge. GOD

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Abba Father, It's me again, asking your Blessings on r track meets. LORD, phony accolades at some future meets, we don't need. Can you spare a few volunteer angels to send r way NOW. THANKS LORD-Amen

Discus

WAIVER: I, the undersigned, being of sound mind and physical condition, am participating in the U.S. MASTERS-SENIOR OLYMPIC Early Morning "R" Track & Field Meets of my own Free Will. I know my body's limitations, and take full responsibility for my own health. I have personal injury insurance and do hereby agree to waive any future claims for injuries against anyone else, directly or indirectly, as a result of my activities in connection with the meets. I understand further, that I will not be publicly humiliated and assumed guilty of drug misuse, or have, without a reasonable cause, my U.S. Constitutional Right of Privacy violated.

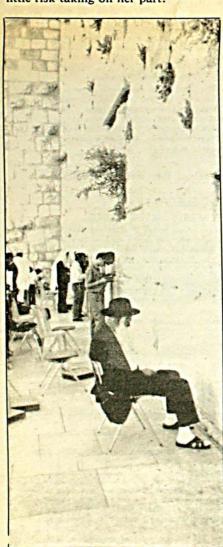


Jerusalem: A Run Through History

onsidering that almost all the media reports coming out of Israel in recent weeks, months and years have dealt with crises, conflict, controversy, confrontation, clashes, or just plain crazies, friends and business associates expressed concern when I mentioned that my wife Gina and I would be traveling to

Jerusalem and other parts of Israel.
"Are you taking a flak jacket?" was asked several times.

Indeed, I was surprised that Gina wanted to join me on the trip. The most daring thing I have known her to do, in her mind at least, is drive alone across the Pali (an uninhabited and unlighted stretch of highway on Hawaii's Oahu). And that was only once. Apparently, the fascination of retracing, as one travel brochure put it, "the very paths trod by the patriarch Abraham 4,000 years ago, by King David 3,000 years ago, by Jesus 2,000 years ago, by the Crusaders 1,000 years ago," was enough to warrant at least a little risk-taking on her part.



If you run into a "wall" in the Jerusalem Marathon, it won't be the Western (or Wailing) Wall, shown above. This wall is a sacred place of prayer in the Jewish Faith.

Photo by Mike Tymn

"We won't be going near the Gaza Strip, will we?" she asked before finally deciding on the journey.

Even though our arrival in Tel Aviv, the financial capital of Israel, was on the very day of the signing of the accord between Israel and the Palestine Liberation Organization, there was talk of unrest as some factions were not satisfied with the pact.

My invitation to visit Jerusalem had come through Running Times magazine. Israel's Ministry of Tourism had invited five running journalists from around the world to learn about the Jerusalem Marathon to be held on October 25.

Shoot First, Ask Questions Later

My very first thoughts when informed of the event were of the 52-mile run across the Isthmus of Panama that I had covered for the same magazine two years ago. When the Panama-based photographer picked me up at a Panama City hotel, he carried a pistol in a shoulder holster and had a sawedoff shotgun over the hand brake between the front seats. He reached into the glove compartment, brought out a 9-mm pistol with an extra clip and handed it to me with instructions that I should "shoot first and ask questions later" if anyone happened to approach the car. Each of the 30 or so competitors in the race was accompanied by an armed guard. (There were, however, no incidents during the allnight run, although two runners were mugged after the race.)

I wondered if covering the Jerusalem Marathon would call for similar precautions.

Our hosts had arranged for us to be met at Ben-Gurion Airport in Tel Aviv after our 9½-hour direct flight from New York City on El Al, Israel's major air carrier. We were taxied from there to the Ramada Renaissance Hotel in what is referred to as the New City, a 35-minute ride. Along the way, in countryside that looked much like parts of Northern California, we observed several blown-out shells of armored vehicles still left over from the Six-Day War of 1967.

It was clear to me that Gina was a little on edge at this point, especially after having seen some Israeli soldiers with rifles slung over their shoulders at the airport and at various spots along the highway to Jerusalem. Having experienced wartime Vietnam, and having been caught up in the most violent activity of the Malay uprising in Kuala Lumpur during 1969, may have calloused me a little to this type of environment, so that I never really felt apprehensive.

It soon became clear that the primary purpose of inviting journalists to visit Jerusalem six months in advance of the actual race was to get the message out that Jerusalem and most other parts of Israel are safe places for tourists, including runners.

A Safe Place to Run

"We want to dispel the feeling that Jerusalem is not a safe place to run in or to just visit," said Itamar Gourvitch, president of the Jerusalem Marathon. "We are not near the border. We have no problems here. I think it is more dangerous in New York City at 2 p.m. than it is here at 2 a.m."

Gourvitch's reference to the "borders" were to the Gaza Strip and to the West Bank area of Jericho, near Jordan. If all of Israel were to be viewed as an unsymmetrical baseball field with Tel Aviv, on the eastern shores of the Mediterranean, as home plate, Jerusalem would be second base and the Gaza strip would be well down the

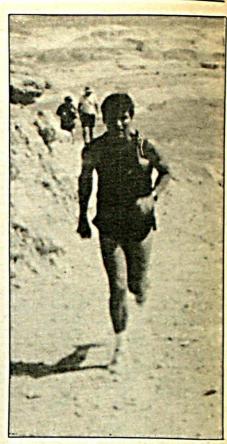


Two European running journalists, Kjell Myhrvold of Norway and Dieter Rockenfeller of Germany, pose with Jerusalem Marathon T-shirts and some of the hills of Jerusalem in the background. Both journalists are top masters competitors in Europe.

Photo by Mike Tymn

right field line in foul territory. While Jericho would be in left-center field.

In fact, during our seven-day stay in Israel, four of which were in Jerusalem, one in Tel Aviv and two on tours — one of the Dead Sea region, including the ancient fortress of Masada, and the other of the more northerly Sea of Galilee area, Nazareth, and Tiberius — we saw no commotion, heard no shots, felt no insecurity whatsoever. We felt as safe as tourists around Oahu must. Gina's apprehension after the first day in



NMN columnist Mike Tymn makes his way up the snake trail leading to the ruins of King Herod's ancient fortress of Masada, overlooking the Dead Sea, 40 miles from Jerusalem. A cable car is available to transport the less energetic. Photo by Jim O'Brien

Jerusalem was less than it was on entering downtown Honolulu parking garages after 6 p.m. upon our return to Hawaii.

A False Impression

Jerusalem Mayor Ehud Olmert greeted us and also expressed concern that the outside world gets a false impression of safety and security in his city and country. "All you hear about is the terrorism, and that seems to be the image that people get of our country," he said. "There is not that much hostility here. We want to show that we lead a normal life. We think sport and the marathon is one way to do this."

If you're a wimp looking for a flat course, the Jerusalem Marathon is not for you. The course is hilly; in fact, after driving over it, I can't recall many flat areas. At the same time, I don't recall any real killer hills. The average temperature range during October is 59°F to 81°F, although much of the course is in the Jerusalem Forest where the trees offer plenty of shade. The Algerian who won the 2nd annual Jerusalem Marathon last year reportedly had 2:15 credentials but his winning time was 2:25:52.

But if you're a *real* runner looking for a challenge along with the oppor-Continued on page 14

If you're interested in running the Jerusalem Marathon or the accompanying half-marathon or minimarathon (5K), you can request information from Shartours, 6 Shmuel Hanaziv St., Netanya 42281, Israel, Tel.

Netanya 42281, Israel, Tel. 972-9-621343 or Fax 972-9-623082.

1972 Olympian Shines in Visalia

from BOB HIGGINBOTHAM

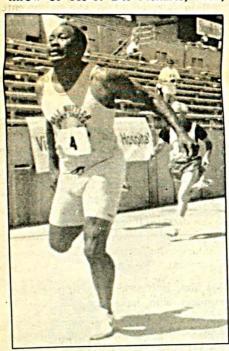
Randy Williams is back. The 1972 Olympic long jump gold medalist, just turned 40, debuted this year as a master in the Visalia Classic, May 21, Visalia, Calif. Williams leaped to a meet record of 22-2½ followed by another meet record of 10.9 in the 100. He now has his sights on breaking the M40 world long jump record of 24-4¾ at the nationals in Eugene in August.

A total of 91 athletes joined together and established or broke 71 meet records in beautiful 80° weather at Sunkist Stadium.

Hubert Evans took a close second to Williams in the M40 100 with 11.3 and blistered the 200 in 22.7. In the M45, Norman Cornwell won both the 400 (52.4) and 800 (2:01.2), while Bill Knocke took the 300H in 46.3 as well as the 200. Other outstanding times in the sprints came from Alan Tucker, Ted Jeung, Riley McHugh, Ray Yeck, Rodney Carson and Ron Beadle.

In a close battle in the M65 age group, Vern Regier barely outpaced Bernard Stevens to win both the 100 and 200.

Shot putter Ross Carter led the way with a 38-9 shot followed by a discus throw of 113-0. Del Pickarts, M65,

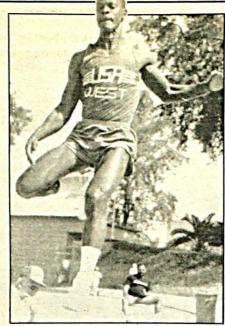


Walt Butler won the M50 100 in 12.3 at the Visalia, Calif., Classic, May 21.



The women's combined-age 100-meter dash at the Visalia, Calif., Classic. L to r: Shannon Bonner (W30, 15.0); Avril Maylor (W45, 14.6); Kemi Solwezi (W50, 14.3).

FU



1972 Olympian Randy Williams long jumps 22-21/2 at the Visalia, Calif., Classic, May 21.

tossed the javelin an impressive 152-2.

Among the women, Sharlet Gilbert dominated the W40 field with wins in the 800 (2:36), 1500 and 5000. W50 sprinter Kemi Solwazi, a track star at Fresno City Community College, took the 100 in 14.3. Coming up for age 55, she will soon be starting her assault on the W55 sprint marks.

In the W55, Christel Miller scored a 93-5 javelin throw, while Shirley Kinsey achieved a 5-9 in the W60 pole vault.

Trinity Hospital Hill Half-Marathon and 8K Run

by JERRY MORRISON

This year's event in Kansas City, Mo., on June 5, was marred by the action of the police motorcycle leaders who took a wrong turn and caused the top six runners to run short about three-quarters of a mile. Dual prize money was paid to the top five who went short and the next top five who ran the full course. It was determined that the top five who ran short would have won had they run the full course. John Kipkoskei out-dueled Mark Plaatjes, 1:02:18 to 1:02:44, and Lisa Weidenbach, now of Hutchinson, Kan., led the women in 1:15.10.

On the masters side, Jane Hutchison outdistanced the women in 1:28:58 with Doug Kurtis outlasting local favorite Charlie Gray in a time of 1:10:25 on this very hilly course.

The eight kilometer event was new this year, replacing the traditional 7.7-mile distance. Masters winners were Terry Friedrich (29:32) and Sharon Greenwood (34:17). A match-up of two over-eighty-year-old men highlighted the over-70 division. Allen Blackman, 82, finally beat his long-time nemesis, Dr. Howard Calkin, 83, with a 1:12:43 over Calkin's 1:13:25.

Jim Ryun, of Lawrence, Kan., celebrated the 30th anniversary of his running the first sub-4-minute high school mile with a third place in his age group in a time of 31:19. Ryun, 47, said, "It was 30 years ago today, and I don't run nearly as fast now."

SAN JUAN ANNUAL MASTERS TRACK & FIELD CHAMPIONSHIPS



PARQUE CENTRAL, SAN JUAN, P.R.

September 10-11, 1994

SPONSORED BY THE PUERTO RICO MASTERS ASSOCIATION

AGE DIVISIONS: 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69

ENTRY FEE: \$10.00 FIRST EVENT, \$5.00 EACH ADDITIONAL EVENT. RELAYS FREE.

AHARDS: MEDALS TO FIRST THREE IN EACH AGE DIVISION.

DEADLINE FOR ENTRIES: SEPTEMBER 8, 1993.

RELAYS: BY COUNTRIES OR CLUBS WITH DIVISIONS IN 10 YEARS INCREMENTS.

ENTRIES FOR RELAYS HUST BE TURNED IN BY 6:00 P. H. SATURDAY AND BUNDAY.

ENTRIES SEND THE ENTRY FORM BELOW WITH CHECK TO PUERTO RICO MASTERS ASSOCIATION HR. JESUS E. GALVEZ P.O.BOX 31300 65TH. INFANTRY STATION RIO PIEDRAS, P.R. 00929-0300

OR CALL MR. GILBERTO GONZALEZ JULIA-TEL: 765-5702

REGISTRATION: AT PARQUE CENTRAL FROM 10:00 A.M., ON BATURDAY 10.

HOTELS: ACCOMODATIONS SHOULD BE ARRANGED BY INDIVIDUALS PARTICIPANT.

SCHEDULE OF EVENTS:

TIME	SATURDAY SEPT. 10	BUNDAY BEPT. 11
3100 P.H.	1. 400 M. HURDLES	14. 400 H. (H-H)
3130 P.H.	2. 300 M. HURDLES	15. SHOT PUT (H-H)
	3. POLE VAULT	16. LONG JUHP (W-M)
	4. HAHHER THROW	17. 200 H. (H-H)
4130 P.H.	5. 110 M. HURDLES (M)	18. 800 M. (W-M)
	6. 100 M. HURDLES (H-H)	19. JAVELIN THROW (W-H)
	7. 80 M. HURDLES (M)	20. HIGH JUMP (W-H)
5100 P.H.	8. DISCUS THROW (N-M)	21. 5000 H. (W-H)
6100 P.H.	9. 3000 H. BTEEPLECHASE	22. TRIPLE JUMP (H)
	10. 2000 M. STEEPLECHASE	23. WEIGHT THROM
7.00 P.H.	11. 100 H. (W-H)	24. 5K HALK (H-H)
7:30 P.H.	12. 1500 H. (H-H)	AFTER SK HALK
8.00 P.H.	13. 10000 H. (H-H)	4 X 400 RELAY (H-H)
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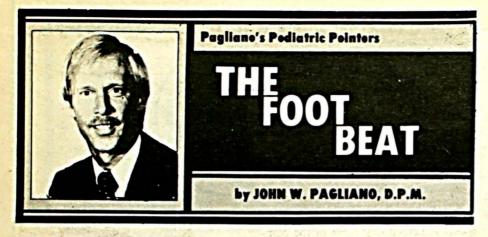
4 X 100 RELAY (H-H)

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ATHLETIC RELEASE: IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN THE SAN JUAN ANNUAL MASTERS TRACK & FIELD CHAMPIONSHIPS, I DO HERBY, FOR MYSELF, MY HEIRS AND EXECUTORS, MAIVE, RELEASE AND FOREVER DISCHARGE ANY AND ALL CLAIMS FOR DAMAGES WHICH I MAY HAVE, OR WHICH MAY HEREAFTER ACCRUE TO ME AGAINST THE CITY OF SAN JUAN, THE ORGANIZING COMMITTEE OR THEIR OFFICERS OR AGENTS AND THE PARQUE CENTRAL AND ANY AND ALL SPONSORS OF THE AFOREMENTIONED CHAMPIONSHIPS. I CERTIFY THAT I HAVE NO PHYSICAL DEFECTS WHICH PREVENT ME FROM COMPETING AND I COMPETE AT MY DWN RIGK.

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Running A Marathon

Keep to your normal diet. Try to eat normal, balanced meals prior to race day. Protein, carbohydrates, and fats are all essential for your normal athletic metabolism.

- 2. Supplement your diet with carbohydrates the week before the marathon.
- 3. On race day, don't consume heavy foods or milk. Toast with tea or coffee is preferred. Eat approximately two hours prior to race time.
- 4. Use the toilet facilities prior to the start. It is not easy to stop on the run.
- 5. Wear well fitting clothes that are lightweight and light in color. Make sure to wear a cap with a brim to shade your face. Trunks should have a pocket to carry extra vaseline and bandaids.
- 6. Lubricate your arm pits, crotch and nipples. Make sure your clothing is not abrading your skin. Use vaseline in liberal amounts.
- 7. Make sure you have the proper shoes. Wear them around for about one hour prior to the race. Vaseline your feet very heavily and wear good cotton socks, preferably not new ones. If you have rubbing problems, turn your socks inside out. Double knot your shoe laces and don't tie them too tight. Remember, your feet are going to swell.

- 8. Jog lightly and loosen up before the race. Work out all the kinks and nervous energy.
- 9. Ignore other runners and start slowly. Don't run above your level. It will pay off later.
- 10. Make sure you have your preferred drink available on the run. On hot days, drink early. Do not take salt tablets. Stop to drink if you are a beginner. Veterans can easily drink on the run, but novices tend to gulp air if they don't stop.
- 11. Use a sponge to cool off. Do not use anti-perspirants or wear makeup. Ice cubes can be placed in the cap to cool off. Don't squirt water on your feet.
- 12. Stop and walk if you feel fatigued. Enjoy your run.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)



Larry Harris (17:15) and Carol Ellis (21:29), top masters at Freddie Mac's Run for Shelter 5K, Washington, D.C., May 22.

Photo by George Banker

5th Annual Freddie Mac 5K Run for Shelter

by GEORGE R. BANKER

It was going to be a good day for racing, running or walking the 5th Annual Freddie Mac 5K in Washington, DC, May 22. The new course on Independence Avenue gave the participants views of the Washington and Jefferson memorials, the sun was tearing through the clouds, and the temperature was in the mid-60s.

The uniqueness of this event, it's free! Freddie Mac and its sponsors make the event possible. Their Reach Out to a Child program assists abused and neglected children and their families across the country and strives

to raise public awareness in this area. Over the last five years, donations and runners have been increasing. In 1990 there were 100 finishers, and this year over 1800 crossed the finish line.

The leading men's master was Larry Harris in 17:15 (8th overall). Bob Oberti captured second in 17:17 (10th overall), and third was Paul Quinn in 17:39 (12th overall).

Carol Ellis led the masters women in 21:29. Taking second place for the third time was Elizabeth Rodriguez, W50, in the excellent time of 22:43, and third place went to Sarah Newmeyer in 24:28.

Book Review: Pacific Crest Trail

by BARBARA ERSKINE

"In truth, it doesn't matter what the journey is ... the point is to plan to do it and then do it. You will find it is well worth the effort making the leap between something envisioned and something done. And you'll wonder why you didn't do it sooner."

Are these the admonitions of a novice marathoner? Not quite. Meet Bob Holtel, who at 56 became the first person to run the entire length of the rugged Pacific Crest Trail, which he completed in 1987. He covered almost half a million feet of elevation gain and loss over several mountain ranges, from a low in the Mojave Desert to a maximum of 13,180 feet over Forester Pass. His was the first run across the United States in any direction by trail. The record took three consecutive summers, 2581 miles, three states, two international borders and 110 running days

Daily journal entries created Soul, Sweat and Survival on the Pacific Crest Trail (Bittersweet Publishing Co., 1994, \$14.95). Initially, reading another log book doesn't seem that intriguing. But as you travel the journey, you assume the role of an armchair friend, who shares the adventure and wants to be in at the finish.

A trip of this magnitude takes years of planning, hours of help from loyal friends and much inner fortitude. Bob wonders if he could have done the run alone but is glad he didn't try. Many pacers, male and female, kept his spirits high and feet moving. Their spouses waited at campsites with hot meals and beer. Some drove 1100 miles from southern California to share two days of the trail.

Although he relates a few organizational details, many questions remain unanswered about logistics and preparation. He knew in advance where he needed pacers, such as steep icy areas more dangerous than "normal" trail, and wrote selected friends asking for support. He includes as ap-

pendices charts of days/miles/passes and a fairly complete list of gear. Omissions of greater detail are probably intentional. There is a message here the coach from Torrance doesn't want obscured. Not many can embrace adversity and physical challenge and be positive day after day. Over and over, when he finds himself with negative thoughts, he is able to control those feelings and channel them into constructive messages.

Holtel explains, "Life is a struggle with limits and occasionally we need to test them to find out who we are. Running in the wild provides a simple source of happiness, but doesn't always dole out pleasure. You have to believe you can do it. Your priorities have got to be in order. Some days are far tougher than others. The discipline mastering a worthwhile challenge shapes and strengthens with a spiritual bonding."

The run developed a sense of mission

for him. Bob now wants to help other runners who have not-so-impossible dreams. He returned from the Canadian border a changed man, although the metamorphosis had been occurring gradually. His senses became more acute. Minor tasks or goals were insignificant, not producing the irritation they did previously. His life evolved into balance as his priorities rearranged themselves based on a new dimension of self-reliance. He describes the heightened consciousness he achieved. "Traversing these timberline savannahs has meshed my body and soul into closer harmony with the earth that produced them, and offers the highest thrill a runner can experience."

This book is more than just a trail log, it's an exploration of self and a challenge to all.

(Barbara T. Erskine, Books for Runners. For a free catalog or information about this book, contact BFR at 1-800-881-1348, 413 North Division St., Traverse City, MI 49684.)

Advil Mini-Marathon

By MARILYN J. MITCHELL

In its 23rd running, the 1994 Advil Mini-Marathon (10K) is the oldest all women's race in the world, though not by any means the largest — "Grete's Race" in Oslo draws more than 44,000 women, the Tjejmilen 10K in Stockholm draws approximately 35,000 competitors, and we were unable to confirm the precise number of participants in a similar Irish race.

With 6400 entrants, 6000 women lining up on the starting line and 5418 finishers from 35 states and 17 countries, the Advil Mini-Marathon has numbers so far below those of the Oslo and Stockholm races that a representative of the 150-strong Swedish delegation issued a challenge to the American women to increase participation in 1995 to 15,000.

Despite its relatively small size, the Advil Mini, as it is called, draws a prestigious world-class field year after year and in the past has had such great runners as Joan Benoit-Samuelson, Ingrid Christiansen, Allison Roe and Grete Waitz. The race was initially established in 1972 by Fred Lebow of the New York Road Runners with 78 runners, to help establish the women's 10K event on the Olympic schedule, a feat which was accomplished for the first time in the 1988 Seoul Olympics.

You may remember that there was a time when the IOC pundits felt the 10K

416

Betty Blank, 40, Falls Church, Va., first W40 + (3:28:51), George Washington Birthday Md.

Photo by George Banker

and marathon distances were too long for women to safely run. The women's marathon was an Olympic event for the first time in the 1984 Los Angeles Olympic Games. (Given the so-called "safety concerns" about endurance events for women, the logic of establishing the marathon distance as an official Olympic event before the 10K distance has never been apparent to this writer.)

Fred Lebow was in the hospital for chemotherapy treatment for brain cancer and unable to be in Central Park at the start, but in a birthday call from New York City Mayor Rudolph Giuliani the day before the race, Fred invited "Hizzoner" to be the Official Starter for the race and Giuliani, whose press secretary was competing, enjoyed himself so thoroughly that he stayed to hold the finishing tape for the winner. His presence generated considerable excitement among runners and spectators alike.

Considered a fairly difficult course with more than 60% hilly terrain, this year's race, held on June 4, had weather conditions similar to last year - sunny 70-degree temperatures, a relatively light 10 mph wind and 28% humidity. Nonetheless, this year's times were faster, with the top five women coming in under last year's winning time of 32:30. But with the New York Road Runners not actively recruiting elite masters women this year, this phenomenon did not transfer to all the age-groups, with the times for age-groups 40-49 and 50-59 slower than last year's times:

Age-Group	1993 winning time	1994 winning time	1994 Pace
30-39	35:34	34:37	6:55+
40-49	39:21	39:28	6:21+
50-59	39:19	44:17	7:07+
60-69	48:57	45:35	7:20+
70+	1:00.01	59:59	9:30+
oldest competitor	CHALLY.	1:35.25	

In comparing results, it should be noted that the overall top 15 finishers are excluded from age-group awards. So while forty-year old Francie Larrieu-Smith was 13th overall last year with a new U.S. masters road record of 34:08, that year's 40-49 age group "winner" was Rae Baymiller with a time of 39:21. And last year's extraordinary 50-59 age-group time is explained by the fact that the winner was the legendary Evy Palm, whose time was better than the 1993 and 1994 40 + age-group times.

In the 1994 race Conceicao Ferreira (31:59, 2nd overall, Portugal) was the first over-30 finisher and Janete Mayal (Brazil, 34:37) was the 30-39 age-group winner. Cheryl Ralya (NY, 39:28) took top 40-49 age-group honors and also scored for Moving Comfort/New York's first place team; Marion Stanjones (NY, 44:47) won the 50+ age-group; Bertha Bellinghausen (NY, 45:35) the

60+; and Edith Farias (NY, 59:59) the 70+. With the largest purse of any allwomen's race in the world, guaranteed prize money of \$32,050 for the top 9 finishers was augmented by time bonus incentives of \$4000 (\$2000 to each of the top two finishers for sub-32:00 finish times) and another \$950 was distributed to the top three local finishers. First place is good for \$10,000 without the time incentives. Although five women in the 30-39 agegroup won prize money, there were no women over 40 "in the money."

Demographics on the first 4800 en-

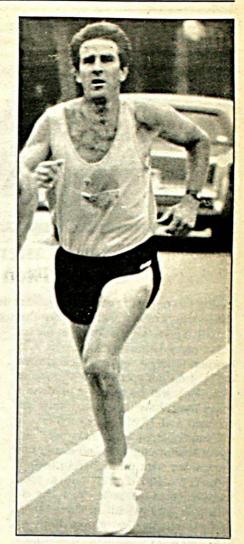
Demographics on the first 4800 entrants indicated that 67% of the competitors were over age 30 and 31% were over the age of 40. No demographic breakdowns were run on the last 1600 entrants who entered after May 31. The youngest competitor was 6 years old and the oldest, Mildred Miller of the Bronx, New York, was 86; she finished in 1:35:25.

Anne-Marie Letko's overall win (31:52) was a real upset, with the local New Jersey woman triumphing over a stellar world class field, including last



Mary Boles, first W65 (30:27), Windward 5K, Kailua, Hawaii.

Photo by Tesh Teshima



Frank Hutchinson, 40, first master (16:16), Bear Festival 5K, Los Osos, Calif. Photo by Elaine Rosenfield

year's winner, Tecla Laroupe, who came in fourth this year. Letko was the first American winner since 1978 and many road-running aficionados are hoping that this will give a boost to American road running. Letko had some words for all runners - and all masters runners should listen up. Although leading from the gun and running hard the entire race, Letko really took off near the end, remembering something that Australian Lisa Ondieki said last year when Ondieki looked at her watch and outkicked Letko at the end of a race. Said Ondieki, "I am just going to run as hard as I can for a minute - after all, it's not a lot of time in my life."

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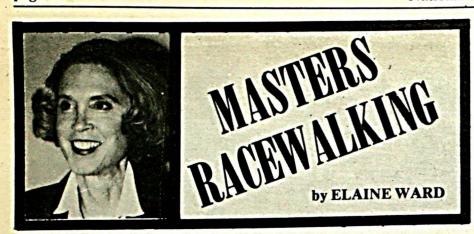
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Training Masters (Part Three) Coach Gwen Robertson

EW: In terms of race strategy, what do you think about sprinting to the finish line versus keeping the same pace throughout the race?

GR: You mean "kicking" at the end of a race? I thinking kicking is a lot mental. There is some physical element to it. I do not spend time on kicking. The kick will be there for athletes if they have done their speed stuff and trained well. If you go out too fast, or if you try going at a faster pace than your training supports, no matter how much you want the kick to be there, it won't be. But if you walk a good, steady, consistent pace - even if it is a PR pace, you will still be able to find a little something extra, provided you have done the elements of training that lay the foundation for it. That is why I have become a real believer in the multi-pace training.

Training Strategy

blood tests.

EW: In multi-pace training, how do January workouts differ from June workouts?

GR: In January as I am coming off a rest period, my mileage is lower and my speed is slower. Maybe I will do a speed workout, the one minute stuff, once a month; in May, maybe twice. Same with repetitions. Early in January I might do two tempo workouts doing 2 miles rather than 3, or I might do a tempo and VO2 Max.

EW: You have discussed your use of fast day workouts. What do you have your walkers do the rest of the week?

GR: They may do a long walk of 9-12 miles or a moderately long one of 8 miles. But the other days are "recovery days" of 4 to 7 miles 1:30 to 2:00 minutes slower than 10K race pace per mile. This is a good aerobic training walk. It allows recovery for the next hard workout.

Again, if you don't recover and you do a hard workout too close, you end

up spiraling downward rather than upward. Athletes must ask themselves, "How do I really feel today?" Sometimes you may feel sluggish before you warm-up. Then after you have warmed up and have gotten into stride, you may say, "I feel all right and am ready to hit it." If you don't feel all right and hit it hard on a day when you are not ready, it is not going to do you any good. You risk getting sick, injured, stale, or whatever.

You Have to be Flexible

In other words, you have to be flexible. Let's say you have the elements that you want to fit into a two-week cycle and you end up doing it in a 21/2 week cycle, so what? It is better for you to be flexible. Some people may be able to do it in a 12-day cycle instead of a 14-day cycle. Everybody recovers differently. And recovery from certain workouts will be harder for some people than for others.

EW: How do you judge whether you have recovered?

GR: A lot of people use their pulse rate before they get out of bed in the morning. I don't have my athletes do that. Just knowing how you feel physically is the clue. When you are tired, you know what that feels like. When you are ready to go, you may not be mentally ready, but physically

Peaking

EW: A lot is being written now about peaking.



Jonathan Matthews, 37, is one of the top two racewalkers on the U.S. open national team. He competed in the U.S. Open Championships June 18 in Knoxville. He just finished his Ph.D. in Education at Stanford and is holding off taking full-time employment until after the 1996 Atlanta Olympics. If he makes the U.S. Olympic team, he'll be 40, and plans to go to the XII WAVA World Veterans Championships in South Africa in 1997. Photo from Marilyn Mitchell



Maureen Hennessy, W55, racewalker, 1993 USATF Northwest Regional Championships, Eugene, Ore. Photo by Jerry Wojcik

GR: Peaking is both mental and physical and both are equal components. In order to peak, everything in your life needs to be going pretty well. If things aren't, if there is an emotional drag or mental drag, I don't care how badly you want to do a peak performance, it is going to be very difficult. So throughout your preparatory five-month cycle, you want to be getting everything in order so you can relax during the time period when you want to have peak races. In other words, you want to have your family in order and your job in line. You don't want to be fighting with your husband or wife or anyone. Keep the psychological and physical stresses low.

That is where a coach comes in. That is why I think everyone should have a coach to help them compartmentalize some of the stresses, and keep them focused on their goals.

Peaking means significantly cutting back your mileage; maybe 50 percent. I have seen some recommend 60 percent. If you usually do 30 miles in a week; you would do 15 miles. At the same time, you need to keep in touch with your fast twitches. This is most important. You need to do some race pace type intervals during the last several weeks because, if you are racing during this peak period, you are getting a good hard effort in once a week anyway. Doing some 400 meters at a 5K pace is good as they are not stressful or tiring. You are able to recover quickly and feel good.

As mileage is cut down, you are not doing any junk. You are warming up and cooling down, but you are not worrying about getting the miles in. So what happens after a few days? You feel great. You feel like, "Boy I have a lot of energy." You are feeling good and happy, and start chomping at the

Continued on page 13

decided to take a break from all racing and all training. Eight months later, I was still excessively fatigued and depressed, so I finally went to my doctor for

My immune system was demolished from the past eight years of hard training, harder racing, hard work, hard travel, and life in hotels and airplanes. I was quarantined for a few weeks and started a carefully planned program to

Overtraining Can Be Unhealthy

by VIISHA SEDLAK

After the 1992 Olympic Trials I was mentally and physically exhausted, and

rebuild my immune structure. My only races in over a year and a half were the World Veterans Championships, where I went to see friends, politic for WAVA, and share in the superb

Months earlier I had decided I would have to race moderately and accept the fact that I would not medal. That I did medal anyway was the least important part of the meet for me. The people who are friends in walking are what count

Now I am training and racing again in running events — moderately. I plan to walk in competition as my work and rest time allow. I have surpassed all my dreams in competitive race walking, and my new challenges lie elsewhere but I believe more than ever in the principles of the American Racewalking Association:

"I train, eat, walk, and talk like a champion. My motivation comes from a strong desire to improve myself and to enhance the quality of life. I set an example to those I love and to every stranger I meet. My races are fun, and open my world's horizons. I am a winner when I put forth my best effort that day. Failure is a vital and rewarding part of self-development. I learn my lessons and readjust my plans after my failures.

"I hold my training and racing in balance with the other aspects of my life. I am a champion today. Championshipness is an attitude I can choose to assume in this very moment. I do not judge myself by rankings, or the clock, or by whom I beat, or by who beats me. I am guided by my own goals and satisfied by my best efforts."

(Viisha Sedlak, 46, is a three-time (1987, 1989, 1991) World Veterans racewalk gold medalist and won silver medals in Japan last year. Her comments are reprinted from The Master Walker.)



1994 WZYP Cotton Row prize money winners: (I to r) Richard Weeks, Reno Stirrat, Bob Schlau, Earl Owens, Desmond O'Connor, winner.

Photo by David Mayo



Charles Van Valkenburgh (89), one of 12 who have run all 15 WZYP Cotton Row Runs, casts a wary eye at Malcolm Gillis, top U.S. 60 + finisher at Boston this year with a 2:50:50. Photo by David Mayo

Cotton Row Run

Continued from page 1

Last year she deteated Barbara Filutze, Catherine Lempesis and Judith Hine for her fourth consecutive Cotton Row crown.

This year, her 37:50 was too much for Hine, Kathy Barton, a new master from Houston, and 1988 winner Jane Hutchison. Grayson, now living in Northville, Mich., where she works as a computer consultant, had to use all her craftiness and determination to hold off Barton for this fifth win, worth \$750 in prize money.

"I had never raced with Kathy before, so I checked for her number the night before," Grayson said. "I picked her out on race morning so I would know her if I saw her during the race."

"I ran the first mile hard, a 5:52 I think, and only Judith Hine was with me early. I tried to run six-minute pace the rest of the way and let the others play catch-up."

Barton's time of 38:00 for second and \$500 was closer than other Grayson pursuers had been in the past five years, but she could not make up the early gap.

Hine, who had been the master winner two weeks earlier at the Gum Tree 10K in Tupelo, Miss., earned \$300 for her third place in 38:34; Hutchison took \$200 for fourth in 39:01; and Vicki Crisp of Nashville was fifth for \$150 in 39:39. This was only the third time in the 15 races that five female masters have broken 40 minutes.

Susie Kluttz, 57, of Winston-Salem, N.C., was the top finishing grand master (50+) in 46:04, the 12th best female masters time of the day.

While Herb Lorenz was here winning the first WZYP Cotton Row Run in 1980, O'Connor was still a 25-year-old preparing to represent his native Ireland in the 5000 in the Moscow Olympics.

This year, O'Connor, in the masters division for his first year, had to hold off a challenge from defending champion Earl Owens of Dunwoody, GA, and 1988 runner-up Bob Schlau of Columbia, S.C., to take the title in 32:01.

The win gave O'Connor his first major master's title after significant runner-up finishes at three large southern 10K races: Azalea Trail in Mobile, Ala., Crescent City Classic in New Orleans, and Gum Tree.

"I forgot some of the details of the course," O'Connor, who last ran here in 1984, said. "I remembered Mountain Wood hill, but not that gradual climb in the first two miles that gets you there. It was a tough race today."

Owens set the masters pace with a 5:06 first mile in a pack about 10 seconds off the leaders. At mile two, Owens, Schlau, O'Connor, and Reno Stirrat of Atlanta, were together in 10:24, but by Mountain Wood hill, Stirrat slowed to leave it a three-man race.

"I ran the hill pretty hard, and tried to break away on the long downhill after mile three," Owens said. "Desmond caught and passed me just after mile four, which I split in 21:03. I ran a 4:59 on the fifth mile, but he opened about a ten second lead on me. He really made a move in that mile."

O'Connor, who coached at Southwestern Louisiana after coming to the United States in the early 1980s, now



Earl Owens leads Desmond O'Connor (right) and Reno Stirrat (left) near mile two in 1994 WZYP Cotton Row Run. Bob Schlau is hidden behind Owens. Photo by Jim Oaks

works as a program director with a Medicaid program in New Orleans. He collected \$750 for the win. Owens won \$500 for second with a 32:18.

Schlau, still "youthful" at 46, took third and \$300 in 32:37. "I felt good about my chances for a win today, and stayed with them for four miles," he said. Schlau, recently selected as Running Journal's Masters Runner-of-the-Decade, had reason to feel confident after running a 31:15 in the Sallie Mae 10K in April.

Stirrat held fourth and \$200 in 33:26, but the most exciting finish battle was between Richard Weeks, 47, of

Nashville and Gordon English, Jr, 42, of Camden, S.C., for fifth place. Weeks used some of his track speed to pass and hold off English in the last 150 meters. Weeks earned \$150 "kick money" with a time of 33:46, as English finished at 33:50.

The ninth place master was Tom Dooley of Toccoa, Ga., who recently turned 50. He took the grand master title in 35:23. Jerry McGath, 56, of Tupelo also had a good performance in 36:03.

Charles Rose from Mooresville, N.C., a recent running sensation on the Continued on page 12



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Track Miles are Not for Everyone

priving the bypass south of South Bend, Indiana on a warm Saturday evening, I spotted a horse-drawn wagon filled with people on an adjoining dirt road. The women wore long dresses, bonnets. Mennonites, I supposed. I had my van on cruise control. They moved at a gentler pace.

I too should have been content to move slowly. Instead, I was en route to Concord High School to run the Jim Ryun Mile, the opening event of the Great Race in Elkhart, Indiana. It was a series of mile runs on the track for different age groups.

It would be my first race of the spring, and it was planned to prepare me for the nationals in Eugene in August. Last year, I had trained for the marathon; this year it would be 1500 meters. I like to shift distances to keep from getting bored. Besides, I felt a move to fast track races eventually would help my times at longer distances on the road.

I pulled into the Concord parking lot and noticed only a handful of cars belonging to the most dedicated. A mile on the track seemingly should be easier than a 10K on the road, but not all runners consider it so.

Collecting my number, I sat down in the infield to don my spikes and chatted with another runner. There was a look of fear in his eyes. "I don't know what I'm doing here," he said.

I understood. Racing a mile takes more courage than you might think. Many of those who fill the fields of 10K races today never ran high school track, or cross-country. They participated in tennis or swimming or drama or art and only later turned to walking or jogging as a fitness activity. The opportunity to win a t-shirt identifying them as a competitor lures them to starting lines. That and camaraderie. Running 10K races offers a social experience.

Racing a mile on a track is something else. There's nowhere to hide. You can't disappear in the middle of a pack of several thousand other runners. It's four laps, and there are people in the bleachers staring at you. They may be sympathetic if you finish a half lap behind, but they still stare.

That makes novices nervous. The other runner seemed to feel that because I owned spikes, I must be faster. "I saw you warming up," he worried. "You jog faster than I can run."

Once the race started, that proved not true. There were only three in our heat of over-40 runners. One sped

rapidly ahead; my new friend tucked behind me. He soon realized I was not going to break four minutes that evening. By the end of the first lap, he was 50 yards ahead.

It didn't bother me. The announcer was trying to drum up interest in our battle for second, identifying me as a national record holder. I hoped my new friend wasn't intimidated.

The loudspeaker talk seemed like background babble. I've run in front of as many as 70,000 fans at the Olympic Trials, or 20,000 indoors in New York's Madison Square Garden. You notice the crowd before you race, maybe fear you might embarrass yourself by running poorly. Once the gun sounds, your view of the world narrows. It is just you and the track and whomever else occupies that track with you.

In the Jim Ryun Mile at Concord High, it was just me and him. The third runner way ahead of us didn't fit into our orbit. By the final lap, I caught my fellow competitor. On the back stretch, he accelerated, regaining 20 yards of his lead.

I should have cruised home, but old habits die hard. I kicked. In the last few strides, I edged past my rival, finishing in a time somewhere over six minutes. Offering him my hand, I felt guilty. Was he disgraced in "losing?" There were only three in the race. I had finished second; he had finished last. There's no hiding when you race on the track. At next year's Jim Ryun Mile, would he return?

No sense pondering the ethics of winning and losing or what the relative slowness of my time portended for Eugene. I removed my spikes to jog a few laps on the infield. The grass felt cool on my feet.

Driving home, I came across a phalanx of motorcyclists cruising the bypass near where I earlier had spotted the Mennonites on their horse-drawn wagon. The motorcyclists wore jeans and black t-shirts, almost caricatures of themselves.

Two extremes! Could anything be more different than motorcyclists and Mennonites? Where do track runners fit in the world order? Somewhere between, or off on our own tangent?

The sun was nearing the horizon, a golden orb. Racing had been fun. I drove home savoring the experience just completed, how the grass had felt cool on my feet.

(Hal Higdon is a Senior Writer for Runner's World and the author of two dozen books, including "Masters Running Guide.")

Cotton Row Run

Continued from page 11

southeast masters circuit at age 61, shattered the age 60-69 course record of 38:36 which Jim O'Neil of La Jolla, Calif., set here in 1989. Rose ran 37:51 for the fourth-best time among all grand masters.

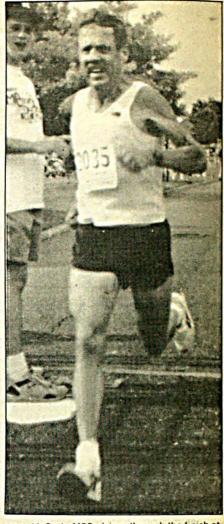
Race officials have identified 12 runners who have completed all 15 Cotton Row races. Not surprisingly, nine of them are now masters.

Race conditions this year were good for Huntsville in May. Low humidity and a slight breeze made this one of the better racing mornings in all the 15 years. Although weather conditions aided faster times this year, the field was also deeper than in 1993. Eight male masters were under 35 minutes, compared to five last year.

Unlike some past years when there has been a northern invasion that has swept the top male awards like General Sherman, one had to look all the way to the 31st master finisher to find a runner from north of the Mason-Dixon line. That, finisher was former race director John Hickey who now lives in his native Ohio.

Let it be known that we still welcome Yankees to this event, and would love to see more of you in 1995.

Total entrants in the 10K race were



Jerry McGath, M55, drives through the finish at the 1994 WZYP Cotton Row Run, in 36:03. Photo by Jim Oaks

again just under 2000. An additional 700 ran the two-mile run. The race, sponsored by radio station WZYP for the past six years, continues to be a significant Memorial Day event for runners in north Alabama and for many serious master runners in the southeast.

Nationals Entry Deadline is July 20

Continued from page 1

This will be the biggest masters meet in the nation. More than 1000 participated in last year's nationals in Provo, Utah. Competition will be held in five-year age groups for both men and women, starting at age 30-34 and going to age 95+. Performances will range from outstanding to ordinary. Everyone is welcome. There are no qualifying standards, except to be at least age 30. What matters most is having fun and taking part.

All the action will be staged at Eugene's famed Hayward Field, the site of the 1989 World Veterans Championships, where nearly 5000 athletes competed over an 11-day period. Many athletes, worldwide, still consider Eugene the best World Games ever held, because of the enthusiasm and friendliness of the town, the excellent organization of the meet, and the top quality of the facilities. This year's comeet directors are Tom Jordan and Barbara Kousky, the same pair who successfully directed the 1989 event.

Free roundtrip shuttles for athletes and accompanying persons will be available from the airport to major hotels and dorms. Free shuttles from major hotels to and from Hayward Field will run daily throughout the Championships.

A post-meet barbecue will be held at the end of competition on Saturday, August 13.

United Airlines is offering a five per cent discount on an excursion fare to participants. Amtrak stops in downtown Eugene. Dormitory housing at the U. of Oregon is across the street from Hayward Field at \$34 a day, including three meals.

There are plenty of scenic side trips to make before or after the meet, such as Crater Lake, the Pacific Ocean, the Ashland Shakespeare Festival, the eastern Oregon desert, and the Cascade Mountains.

Many athletes are planning a 16-day vacation to take in the 2nd WAVA World Veterans Road Race Championships in Toronto, July 30-31 (featuring a 10K, 25K, and 20K racewalk), followed by the WAVA North American Masters Track & Field Championships in Edmonton, Alberta, August 4-7; and then the Eugene meet the following weekend.



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Masters Racewalking

Continued from page 10

bit because you have so much energy in you that is ready to go. The race comes and you just go. You just relax and let it happen.

EW: How long do you have your athletes taper?

GR: If the taper is for a race early in the year, maybe a day or two is all, but that is not really a taper. That is simply getting ready for the race. The taper before a key race is probably two weeks. The first week maybe a drop of 70 percent of the mileage and the next week 60 to 50 percent of the mileage. A taper is really just taking the pressure off physically and mentally.

On race day, don't worry about anything. Just go in to do the best you can and compete hard.

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High Jump Techniques

by RUDI HOCHREITER

urrently, the most commonly-used high jump technique is the "flop," which requires the athlete to do a backwards scissor-jump over the bar. This method, which was first used by Dick Fosbury, has undergone many modifications and adaptations since its introduction.

Fosbury, who had the ability of a gymnast relied solely on his speed and ability when approaching the bar. However, later generations of jumpers such as Valeri Brumel depended more heavily on leg power alone when executing their jumps. Brumel liked to approach the bar very low, and then explode with a powerful leg action to execute his straddle.

This change in take-off by the stronger jumpers required an alteration in the Fosbury approach which consisted of two semi-circles (see figure 1). The large one was for the approach, the smaller one for the take-off. The combination gave Fosbury enough centrifugal force to acquire the uplift necessary to clear the bar. The force developed through his run-up was so great that Fosbury ruined many of his left-foot spikes because they could not withstand the pressure.

Newer techniques employed by some of the world's leading coaches call for a straighter run at the bar, but still end in a small curve prior to take-off. For example, Dwight Stones, former U.S. world record holder, used a ten-stride run at a 90-degree angle to the bar for his 2.32m (7-71/4) jump.

That technique has been further modified to a 70-degree approach with a slight curve at the end. The approach curve used by the athletes I train is shown in figure 2.

Depending on whether the approach is from the left or right side, alteration of the take-off foot is required when used with a fixed-stride run. The altered curve of a straight approach permits better body positioning prior to take-off, and allows for greater utilization of the athlete's jumping power. The approach must be as fast as possible, and never less than 8 or 9 strides.

(Rudi Hochreiter coaches masters athletes and won the M60 decathlon at the VIII World Championships in Eugene. This article first appeard in the Australian Veteran Athlete.)

More on Kenyan Training

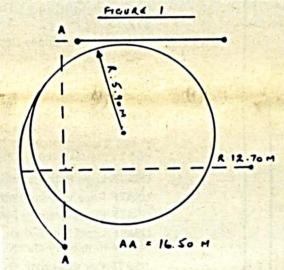
by MARILYN MITCHELL

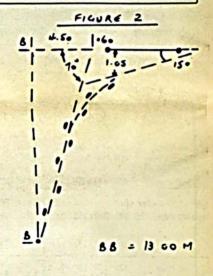
Further to training tips from the Kenyans, conversations with last year's Advil winner, Tecla Laroupe (Kenya) and her coach/agent, German Volker Wagner, indicate that the Kenyans are training at an altitude training camp in Kenya as often as three times daily: a one-hour high speed run at approximately 6 a.m.; speed work at approximately 10:00 a.m., and another run in the late afternoon or early evening. When asked if the evening run was an easy run, the reply was, "Nothing is easy."

And those were also Uta Pippig's words for her training, which is based on the Kenyan methods — the so-called "easy" runs are deliberately made hard. There are no "rest" or "recovery" days — the training goes on every day. But injuries and physical breakdowns are common, particularly among the female runners, and when this occurs, the runners are encouraged or even requested to leave the

camp. For Miss Laroupe at 39 kilos (approximately 86 pounds) and 5 feet tall, the thrice-daily, 140 mile/week training caused her body to break down, which explains why she left the camp and now trains primarily in Germany with a German coach.

What applications does this have for masters runners? Perhaps those runners who are large-boned can adapt more readily to this training regimen -Uta Pippig is considerably larger than Tecla LaRoupe, although one must point out that Pippig had a cold and flu bug while in Boston for the Boston Marathon (and triumphed nonetheless) and did not start at the Advil 10K because of a cold. It is entirely possible that the intense Kenyanstyle training reduces one's resistance to the point that it is difficult to make it safely and comfortably to the starting line. On the other hand, the positive results are so overwhelming that an adaptation of the training certainly seems desirable.





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(1994 Edition)

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Continued from page 6

tunity to see the most fascinating city in the world, it's time now to start planning.

No Place to Hurry

You could very well hit a "wall" while running the Jerusalem Marathon. You may even feel like "wailing" about 20 miles into the race, but it won't be the Western Wall, often referred to by non-Jews as the "Wailing Wall," that you run into. Because of traffic problems the first year, the race organizers had to reroute the course so that it does not go through the most historic or busiest part of the city. You certainly wouldn't want to rush through the "Old City" anyway. That's a place you must take very slowly and really savor. I spent the better part of two days walking around the one square kilometer of land called the Old City and still didn't cover it all. I wandered up intriguing little alleys and got lost several times. In one out-ofthe-way alley, I came upon something most tourists miss, the place where the apostle Peter was imprisoned. Straying off course again, hidden off a main alley, I discovered the place where John the Baptist is said to have been beheaded. Of course, the main attraction for Christians is the Church of the Holy Sepulchre, said to occupy the site of the crucifixion of Jesus, as well as His tomb.

In addition to "hitting the wall" and whatever physical ailments that might result in, you also have to watch out for a condition known as the "Jerusalem Syndrome," said to affect many foreign visitors every year. They say that many foreigners are overwhelmed by the impact of the Holy City's religious heritage and temporarily go mad, requiring confinement at a psychiatric hospital in West Jerusalem.

Therefore, it's recommended that you run the race first and see the city second.

Raschker Sets Two Records as Southeast Regionals Draw 189

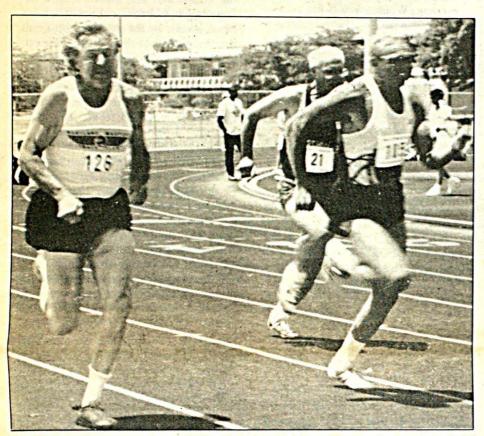
The 1994 USATF Southeast Regional Masters Track and Field Championships drew 189 athletes from 17 states to the University of Tennessee's Tom Black track, May 27-28, in Knoxville, in beautiful, dry, warm southern weather.

The World Elite Track Club won the team title from 22 other clubs. Atlanta's Phil Raschker, 47, set a new USA W45 200 record of 26.03, breaking Irene Obera's mark of 26.21.

Raschker also ran an excellent 100 in 12.66 and cleared 11-0 (3.35) in the pole vault for a new world 40 + record.

Competition was also open to 20-29 year-olds to help provide a transition into masters ranks. Only 10 showed up, but they added an exciting element to the affair.

The officiating was provided by the Knoxville Track Club's Officials Association who did their usual yeoman job.



M55 200-meter sprinters in the Southeast Regionals, Knoxville, Tenn., May 27-28. From left: Joe Hemler (2nd, 26.57), Barry Burtram (4th, 29.89), and Jim Mathis (1st, 25.45).

Raschker Places 2nd in USA Open Pole Vault

Continued from page 1

and a new world over-40 mark with a vault of 11-1 (3.38 meters). Price bettered the open mark with a vault of 11-2 on June 4 at the California High School Championships.

Raschker's feat earned her a four-column color photograph on the front sports page of the Knoxville News-Sentinel, with the caption: "Can your grandma do this?" Later in the meet, the 1993 USATF masters athlete-of-the-year finished fifth out of six in the exhibition women's 2000-meter steeplechase in 8:24.60.

Raschker is basically a sprinter. But she also hurdles and competes in the high jump, long jump, triple jump and heptathlon.

Vaulting has become a special challenge for her. At the Penn Relays on April 28, Raschker vaulted 3.28 (10-9) to win the age-graded competition against masters men.

"The USA has a rule in masters that any event open to men is open to women," she said. "Five years ago, the women's pole vault was also included in the World Veterans (Masters) Championships, so I decided to practice for it.

"Of all the sports I've been in, vaulting has been my biggest challenge," she said. "It's taken me quite a while to master it. It's a fantastic event."

Although never having competed at farther than 800 meters in masters competition, Raschker took on the challenge of the steeplechase.

"This for me was a triumph just to finish the race. It was my first 2000 meters, with or without the barriers. I needed some support in the pole vault, so I want to help the women in the steeplechase." The women's race was held with 30-inch barriers, instead of the traditional 36-inches, and without the water jump.

A petition for both events to be officially added to the open USA meet next year will be made at this year's USATF convention in St. Louis in December.



World record-setting M65 4x400 relay team (4:12.48) at BTC Classic, Birmingham, Ala., May 21. From left: Chuck Sochor, Bill Daprano, Gordon Seifert, Jim Law. The quartet represented the Power Bar World Elite Team.

Photo by Phil Mulkey

Sprinters Have Field Day at BTC Classic

by GORDON SEIFERT

Jim Mathis of Memphis won the top age-graded award at the BTC Classic, May 21, at Samford University in Birmingham. Mathis scored 98.87% in the 400, 93.60% in the 200, and 90.80% in the 100 (1989 tables). Four other sprinters had 90-plus percent doubles: Thomas Gilliard (100/200), Caesar Austin (100/400), Chuck Sochor (200/400) and Jim Law (100/200 plus a single age WR in each).

The Power Bar World Elite Team, composed of Jim Law, Gordon Seifert,

Bill Daprano, and Chuck Sochor established an unofficial 4×400 relay world record of 4:12:48 in the M65 age group. This foursome also won the gold in the World Games in Japan last year.

Phil Raschker nosed Jim Law and Marion McCoy at the finish line to win the distance-handicapped 100.

The 50, standing long jump, and half-decathlon were added to this year's Classic and were well-received, particularly the half-decathlon.



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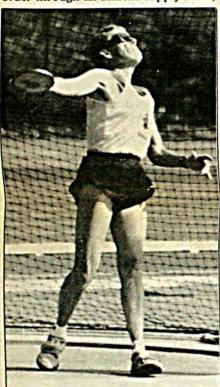
THE WEIGHT ROOM

by JERRY WOJCIK

Lighten Up A Little

ou're at the start of the 100, or checking in for the long jump, or stretching before a 10K. An official approaches and tells you that you can't compete in the shoes you're wearing. That doesn't quite parallel what happens to a thrower whose implement doesn't meet WAVA standards and is rejected prior to the competition, but you get the idea.

A thrower buys an implement, often unseen, probably by mail or special order through an athletic supply store,



Shirley Dietderich, W65, California Senior Olympics, San Diego

Photo by Don Rose

pays a small fortune in shipping costs if it's a shot, hammer, or weight, becomes accustomed, even attached you might say, to it, and then has it turned down at a meet - sometimes after it's been okayed several times before.

Generally, implements are rejected because of weight, or more precisely, the lack of it. Some javelins get the nono because the center of balance is off. Shots may be out of round. It's supposed to be a sphere, not a brick. Hammers, in addition to being too light, may have wires and handles (also figured in the weight of the implement). that exceed length specifications.

Community Property

"Illegal" implements not only upset the "guilty" throwers but also have an effect on the competition when only one or two legal implements are available for a large number of throwers in an age group. By rule, approved implements, meet-supplied and privately-owned, become community property during the competition, available to any competitor.

What to do? First, the athlete can hope to find an implement at the meet that he/she is comfortable with. I'm not too pleased when someone asks to use my implements because I've had



W60 javelin winners, right, Sally Polk (62-3) and Betty Heil (60-0), 1993 USATF National Masters Championships, Provo, Utah.

Photo by Jerry Wojcik

borrowers bounce a discus off a metal goal post, creating an eternal dent with burr in the rim; stick a javelin in the ground with a 30' throw backwards rather than with the tip; and bend a hammer wire into a pretzel shape.

Sometimes the implements supplied by the meet officials are worse than the rejected ones, particularly hammers that have badly kinked wires and oddshaped hadles.

Second, the disallowed implement should be sent back to the supplier, who doesn't really want it once it's been used. The sender has to foot the shipping costs, and what assurance is there that the replacement will pass muster?

I was at the Hayward Meet last year when Jim Minah, an M70 top thrower, had his hammer rejected. Of course, that's where you'd expect an implement to be bounced - by experienced officials using top-notch weighing/measuring equipment. I don't remember exactly what the problem was, except that it was minuscule the hammer was too light by less than an ounce or the length was 1/16 of an inch too long. Anyway, there was Minah, livid and freaked out, a highlyrespected champion and record holder, who usually wins his division by 20', competing at his own expense, not having a very good time because he had to throw an implement that was totally foreign to him.

No Feel For Masters Competition

My point here isn't really the dilemma of the rejected implement, but that at times officials, meet directors, etc., who proclaim vast experience with state high-school and college conference championships and open meets, don't have a feel for masters competition. At the outdoor championships in Provo last year, one of the officials working the hammer threatened to confiscate a video camera which was used by some throwers as a coaching device during their competition. He was justified by rule, but why raise a fuss over a bunch of old guys trying to learn how to become better throwers with the aid of an experienced coach, which most of them don't have access to or can't afford?

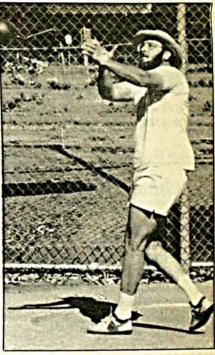
I'm not suggesting that we bend or break competition rules to suit every master's whim, but if Minah wants to throw his slightly-off hammer at the Hayward Meet and his competitors don't care, let him.

"What about records and rankings?" you ask. No records will be approved because everybody in the stadium knows that the implement is not kosher and who knows what is being thrown in meets without weigh-ins (most meets, by the way) and on fields that have six-foot drops? Plus, the opposition can throw Minah's hammer

I realize that my position is untenable, but interpretations can be reasonably modified to accommodate athletes. I didn't see any officials preventing Dwight Stones from using a video camera when he was attempting to be the first master to clear seven feet in the high jump at the 1994 Indoor Nationals in Columbia.

Long-time competitor M70 Bob Stone sums it up well, "There is a feeling that some officials are too strict for masters when not much is at stake".

(I am happy to report that after three years of failure, Minah's hammer passed inspection this year at the Hayward Meet. June 26.1



Eric Hodgdon, M35, in the weight throw, Stanford Throws Meet.

Photo by G. Kelmenson

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PROFICE

Profile: Rae Baymiller

by RYAN LAMPPA.

A few fortunate people are born with innate talent and, if properly motivated and directed, they reach unimagined heights. Rae Baymiller, 50, a new face on the masters scene, is one such individual.

Baymiller came to national attention with her record-breaking half-marathon performance (1:19:40) at the Philadelphia Distance Classic on September 19, 1993. Her time was even more noteworthy because she broke the venerable Shirley Matson's record (1:19:51).

Prior to 1993, few if any people who follow masters running knew who Rae Baymiller was. Her "sudden" emergence, however, is not unusual in the masters division. In fact, many masters runners who reach the national level do indeed appear out of nowhere. Warren Utes, 73, Park Forest, IL, is a case in point. When he first started running record times back in 1988, people asked "Who is this guy?" Warren showed that he was no fluke, but a great runner who continues to set new standards.

So where did Baymiller, a New York City denizen, come from? Although she remained active during her twenties to forties by playing tennis, walking and bicycling, she did not take up competitive running until two years ago. In 1992, Rae and her daughter, Tanya made a pact to run the Twin Cities Marathon that October.

"Because I was new to the sport, I sought the advice of Bob Glover, New York Road Runners Club's (NYRRC) fitness director and he worked out a training program that prepared me for Twin Cities," Baymiller recalls.

3:18:11 Marathon Debut

With limited mileage (40 miles/week), she ran an impressive 3:18:11 at Twin Cities. Baymiller, 49 at the time, finished third in her age group (45-49). For her, the race went well. "I felt great throughout, but my feet hurt towards the end." At the time, she didn't realize how good her time was. "I knew that I had qualified for Boston, my goal, but beyond that I didn't understand its meaning. When I returned to New York, my NYRRC teammates and others commented on my time and it motivated me further."

A minor injury prevented her from running Boston, so she set her sights on the New York City Marathon in November.

The rest of 1993 proved pivotal. Besides her forementioned half-marathon record, in June at the Advil Mini Marathon 10K, she was the third master (39:21), behind masters record-

setter Francie Larrieu-Smith and Evy Palm (SWE). Two months later, she finished second in the 800 (2:33) and 1500 (5:20) at the Masters USATF Championships in Provo, Utah. In October, she was the masters winner of the Fifth Avenue Mile (5:24) and later she won the NYC Marathon 25K Tune-Up (1:38:10). Each accomplishment increased her confidence as she headed towards the New York City Marathon.

At New York, on a warm day, Baymiller ran an outstanding 2:53:53 PR (third master, fourth American, twenty-third overall, an age group course record and #4 All-Time performance in the 50-54 year division).

A Dash of Speed

She readily credits her further development to the support and guidance she has received from the Central Park Track Club. "Coach George Wisniewski gets me on the track once a week to keep my speed. I run with the men and they push and encourage me."

Dan Hamner, 53, a club member, serves as her mentor. "Dan shares his experience and knowledge as a masters runner, and his input has been invaluable."

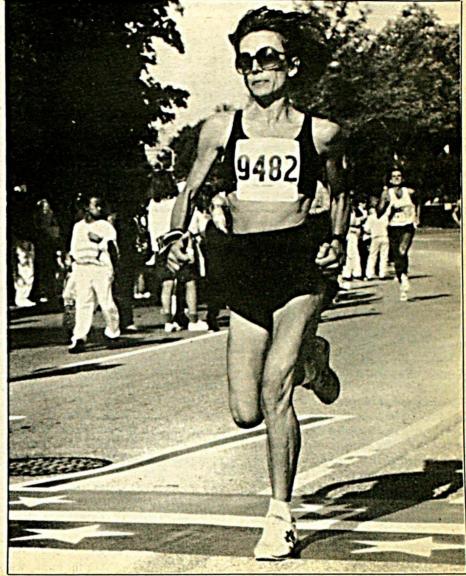
Baymiller also believes that her career as a freelance graphic artist and clothing and interior designer enhance her running. "The discipline and attention-to-detail needed to create has certainly crossed over into my training and racing."

In 1994, Baymiller plans to run Gasparilla 15K, Gate River Run 15K, Shamrock 8K and Carlsbad 5000 along with local races. In addition, if her training goes well, the Minnesota native looks to return to the Twin Cities Marathon, this year's masters championship.

At some point, Baymiller would love to race Shirley Matson whom she admires. "Shirley has set the standard for others to follow and it would be a thrill to meet her and compete against her."

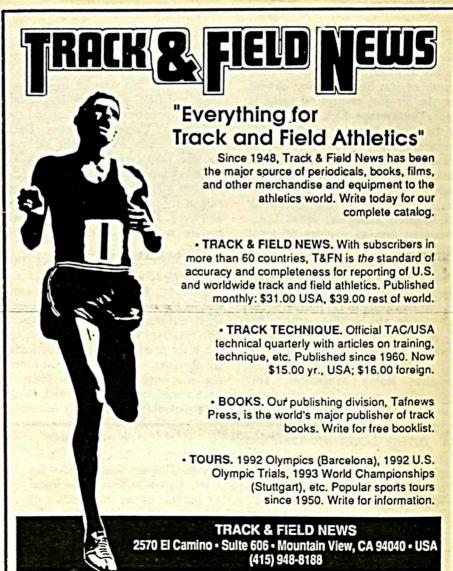
Without question, Rae Baymiller is a gifted runner as evidenced by her top times produced with limited experience and low mileage (50 miles/week with one long run — 18 miles — and one speed session per week). The unknown is now a known.

(Reprinted from USATF's On The Roads, March/April, 1994; Vol. 8, No. 2.)



Rae Baymiller

Photo by Marathon Foto



NORTH AMERICAN REPORT

by: Rex Harvey, President of North and Central America and Caribbean Regional Association of WAVA

Invitation to Edmonton

There is good news from the northern plains of Canada concerning this summer's regional championships of the North and Central America and Caribbean Regional Association of WAVA (NCCWAVA) scheduled for August 4-7. First, all the snow has melted, except, of course, where it belongs — in the Canadian Rockies just hours away from Edmonton, but more about that later.

Second, the Canadian exchange rate is very favorable, running somewhere in the range of 70 to 75 US cents to the Canadian dollar. In other words, you get 4 Canadian dollars for every 3 American - that's a one-third bonus. And, finally, the Edmonton organizers have extended the entry deadline. It was June 30 but now is July 30. This was made possible by the decision to use the new HY-TEK computer software that WAVA has adopted and will be furnishing to each world region. The meet management sofware is quick and easy enough to use, the organizing committee feels, that even with the extended deadline, all could be ready on opening day for a first class championship meet.

Perfect Running Weather

Edmonton should have very pleasant weather in which to compete, and the altitude of just over 2000 feet should thin the air just enough to make it crisp. The average high temperature for that time of year is an ideal 73°F. The average low is 56°F, so expect pleasantly cool nights. There is a chance for a thunderstorm, but not much, as Edmonton receives only 13 inches of rain annually (no more than Los Angeles). However, unlike L.A., Edmonton gets an average of more than 41/2 feet of snow each winter.

Where is Edmonton?

No matter how far north you may mentally picture Edmonton, it actually sits almost exactly in the middle of the Province of Alberta. But, Alberta being rather large, it is still 320 miles north of the Montana border and just east of the north-south range of the Canadian Rocky Mountains. This seems fitting, as this ridge of mountains is probably the single, most unify-

ing geographical feature of the entire WAVA region. This great mountain range extends through Central America, Mexico, the United States, and Canada before tailing off, again in the U.S., in the most northern state of Alaska.

Within a few hours of Edmonton, are mountain attractions second to none in the world. Among those, Jasper and Banff National Parks contain Lake Louise, "jewel of the Canadian Rockies", and the Columbia Ice Field (glacier) directly on which even tenderfeet can travel comfortably in the famous, and huge, Snocoaches.

There is breathtaking scenery in all directions and, for those slightly more venturesome, there are several ski areas with lifts open in the summer to whisk visitors to the higher altitudes for sightseeing or hiking. You can drive to these places yourself, or take organized bus tours.

What is Edmonton?

Edmonton, the capital city of the Province of Alberta, has a metro area population of nearly a million with the city proper containing in excess of halfa-million. It is known as a sports center and is famous for its professional teams such as the Edmonton Oilers who have, many times, won hockey's Stanley Cup. No stranger to big-time track and field, Edmonton has hosted the XI Commonweath Games and the XII World University Games. Until recently, when Minneapolis claimed the title, Edmonton boasted the world's largest shopping center - the West Edmonton Mall - which is on the same side of town as the meet headquarters and track. More than 2000 restaurants feature over 30 different types of cuisine.

An interesting note is that the organizing committee has bypassed the huge downtown stadium in favor of one of the city's secondary track and field facilities in a residential district. This was done with the goal of making the meet a more intimate experience for the competitors rather than running in a huge impersonal stadium. I have visited the meet site which looks very pleasant and certainly adequate

Entry Deadline Extended for WAVA Road Race

pionships in Toronto, July 30-31. The entry deadline has been extended for

a limited time, according to Don Farquharson, Past-President of the World

There's still time to enter the 2nd WAVA Veterans Road Race Cham-

for the 300 to 600 people expected. Contrary to my preconception, Edmonton does not have a large veterans track and field movement. In fact, staging these 1994 NCCWAVA championships there should accomplish one of our main goals, which is to use the event to promote our sport in various local areas. The people of Edmonton are looking forward to our visit and, in turn, I'm sure we'll be the best ambassadors of our sport that we can be.

Travel and Housing Air travel into Edmonton is easy as many airlines serve the city on a regular basis. American, Delta, and Northwest are the main American carriers and, of course, all the major Canadian airlines serve the city. There are railway connections into Edmonton as well as excellent highway routes. The meet headquarters hotel, the Coast Terrace Inn (\$48US single or double), is located on the same side of town as the international airport, and is not very far from the meet site at Strathcona Track and Field Arena. There are many hotels and motels in the headquarters area priced from \$35US to \$90US, as well as many others, there being over 8000 hotel/motel rooms in the city. None (including the dormitories) is close enough to easily walk to the competition area, but buses have been obtained and there will be regular transportation runs between the main hotel/motel area, the dormitories, and the track and field arena. The dormitory rooms at the University of Alberta are approximately \$22US single and \$30US double which includes continental

International Flavor

at the dormitory.

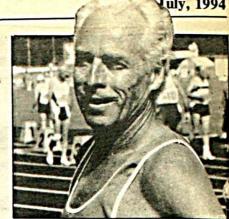
The meet should be especially interesting for those who have not experienced competition in a big international meet. In addition to entries from other countries in our own region, entries have already been received from many other international athletes who will be competing as our guests. They will receive separate awards and will not displace NCCWAVA athletes from either places or records. To date, we have guest entries from Austria, France, Germany, Guyana, South Africa, and large groups from England and India.

breakfast. Full meals are also available

Event Offerings

A full slate of track and field events is offered, as well as off-track events. There is an 8K cross-country race the first day, a 5K on the track the second day, and a 15K road race on the fourth day. There is a 3K racewalk on the track and a 10K racewalk on the road, two days apart. For those multieventers among you, the outdoor pentathlon is offered the first day and the weight pentathlon the last day. On the last day, 4×100 and 4×400 relays are also offered. The weight pentathlon should be especially exciting as these will be the first high level chamshould fall right and left.

evening of the championships. An in-



In his first World Veterans Championships, Sid Wing of Los Angeles made the finals in the M60 400 and 800 (4th in 2:18.11).

formal reception will be held during registration Wednesday evening at the headquarters hotel. Thursday evening, after the first day of competition, the opening ceremonies will be held at the track stadium. Friday evening, the NC-CWAVA General Assembly meeting will be held at the headquarters. Please attend and participate in the administration of our sport. Elections will be held for regional offices. The big banquet and dance will be held Saturday evening, again, at the headquarters. And finally, a small closing ceremony will be held Sunday after the relays are contested. Something for

Sponsorship Program

For those of you out there who might have to miss this year's championships because of the cost, don't forget the WAVA sponsorship program (see details in the June issue of National Masters News). Basically, this program offers financial assistance to those in need, if they are chosen by sponsors who offer to match the WAVA funds expected. Some interest has already been shown, both from athletes and sponsors, but more is needed to make the program a success.

Potential sponsors, think how much you enjoy our sport, then think how much it would mean for someone to go to a big meet like a Regional Championship for maybe the first and only time. For all too many people, that dream is entirely out of the question for economic reasons. Those of you who can afford it, please consider sharing - a hundred, or a few hundred dollars, when doubled by WAVA, could go a long way to help fulfill those impossible dreams for some. Name and income level will be stripped from the applications before they are given to potential sponsors for selection.

Simply put, the program is a way for those who can, to help those who need to participate at a high level in our sport. Information on this program, both for athletes and potential sponsors, can be obtained from me: Rex Harvey, 160 Chatham Way, Mayfield Heights, Ohio 44124-2016, (216) 446-0559(h), (216) 531-3000(w), (216) 531-0038(fax).

Big Canadian Welcome

The Organizing Committee in Edmonton is looking forward to welcoming us all to Canada this summer for a championship that will be memorable both for experienced international athletes and first-time competitors. Al Continued on page 19

Association of Veteran Athletes (WAVA) and one of the coordinators of pionships in this "newest" WAVA the 1994 event. event. National and world records The entry form was published in the June issue of NMN. Or you may fax directly to Toronto at 1-416-495-4310. The two-day event will feature a 10K run, 25K run, and 20K racewalk. Official world veterans medals will be Social Calendar Activities are planned for every awarded to the first three in each five-year age-group category.



Report from Britain

from MARTIN DUFF

Britain's road racers completed their spring round of championships with the Masters Road Relays in the military town of Aldershot. Around 80 M40-49 teams of 8, 35 M50-59 teams of 6, 12 M60+ teams of 3, and 20 women's squads of 4 each completed the 6K double circuit.

The road course was completely flooded after torrential rain but did not stop Nigel Gates from posting an 18:05 for the circuit; his Brighton team finished out of the medals in fourth place. Leading the M40 race at the end were the Tipton Harriers of Birmingham, who had John Wheway,

18:29, and Mike Hager, 18:38, as the next fastest overall

Best in the separate M50-59 team race was London M50 runner Hugh Arnold in 20:17. Bingley Harriers from Yorkshire, led by Les Haynes' 20:43, walked away with the title by over three minutes. Laurie O'Hara led London club Belgrave to the M60 title with a 21:48.

Bronwyn Cardy-Wise, 41, was the fastest woman for the second year running. She powered around the 6K run in 21:36. Next best was 40-year-old Marian Eldridge in 22:02. Kent club Invicta won the team award.

British Indoor Championships

by JANE DODS

Edmonton

Continued from page 18

The British Veterans Athletic Federation Indoor Championships, held March 20 in Glasgow, included competitors from Australia, Holland

Oerter, four-time Olympic champion,

once said at a WAVA championship,

"This is more like the Olympics than

the Olympics." Olympic ideals are

sportsmanship and competition - they

both will be alive and well in Edmon-

Get meet and housing information

from Rex Harvey (above), or Liz

McBlain, Meet Director, 10427 - 21

Avenue, Edmonton, Alberta T6J 5E9,

(403) 438-2911, or FAX (403)

453-8553, attn: Athletics Alberta. □

ton this summer. Come share it.

and 32 British records.

Joselyn Ross, W65, re-wrote the record book three times. She literally smashed the existing world standards in the 800, 3:11.72 (old, 3:30.74, Dorothy Gray, USA, 1992), the 1500, 6:14.16 (old, 6:53.00, Dorley Brechbuehl, Canada, 1992), and the 3000, 13:09.42 (old, 14:47.40, Judith Kazdan, Canada, 1987).

to a 14:10.79 finish.

and Ireland and produced 15 world

A trio of M60s also set new world

records - Ron Taylor in the 200, 25.25 (old, 26.37, Jack Greenwood, USA, 1989), Maurice Norrell in the 1500, 4:37.80 (old, 4:43.75, James Sutton, USA, 1993), and Alan Brown in the 3000, 9:43.88 (old, 9:59.02, Andrew Brown, GBR, 1993).

Gordon Porteous, M80, obliterated the 3000 world record of 16:53.40 set by A. Petrone, Italy, 1989, by speeding



Sir Roger Bannister, on the 40th anniversary of his historic sub-four minute mile at Iffley Road, Oxford, May 6, 1954, with other renowned milers (from left): Jim Ryun, Eamonn Coghlan, Pekka Vasala, and Kip Keino.

40th Anniversary of Sub-4 Mile Celebrated in England

by BRIDGET CUSHEN

The 40th anniversary of Roger Bannister's historic sub-four-minute-mile at Iffley Road, Oxford, on May 6, 1954, was celebrated with a gala dinner in the plush surroundings of the Grosvenor House Hotel in London's Park Lane on May 6.

The glittering occasion brought together for the first time ever Noureddine Morceli, the current record holder, and all the former world mile record holders, except Steve Ovett.

Pacemakers Chris Chattaway and Chris Brasher were there. So was Ron Clarke, Brenden Foster, Ian Stewart, Ron Delaney, and Pekka Vasala.

Autograph hunters had a field day as such celebrities as Sebastian Coe, now a Member of Parliament, Herb Elliott and John Walker were cornered for TV interviews and endless questions from the large number of press representatives.

Rare footage of races was lent by the British Broadcasting Company's library, and champagne corks popped until way past midnight as Chattaway's panegyric kept us all on the edge of our seats.

The now "Sir" Roger remarked that we have not yet reached the limit and that a man built like Morceli, the smallest member of that exclusive club, "could be so versatile as to contemplate rewriting the record book on his own."

A handicap mile race was organized for the following day, when the guests visited Iffley Road. For nostalgia, the results were:

		YARDS	
PL NAME	AGE	HCP	TIME
1 Kip Keino	54	380	4:02.7
2 Bruce Tulloh	54	290	4:06.7
3 Filbert Bayi	40	440	4:08.0
4 Jim Ryun	47	330	4:19.3
5 Tom Wessinghage	42	130	4:22.0
6 Peter Snell	55	420	4:27.8
7 Chris Brasher	67	500	4:29.4
8 Pekka Vassala	42	450	4:29.4
9 Eamonn Coghlan	41	0	4:31.5
10 Craig Masback	The same	100	4:45.4

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WORLD MASTERS GAMES

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Multi-Event Challenge for Bragging Rights

by REX HARVEY

Somewhere in the stands at the 1989 WAVA Championships in Eugene, a plot was hatched over a period of several days amongst the American and British decathletes and heptathletes. This was to extend the friendship and competition between the two countries by arranging a multi-event team competition at one or both of our National Championships.

Well, the idea has finally come to fruition. Great Britain has formally challenged the United States to a team decathlon/heptathlon competition to take place at the English National Multi-Event Championships, September 24-25, at the Don Valley Stadium in Sheffield, in the North of England. This new Olympic quality stadium has been called by Peter Elliott, "unmatched in the UK." The capacity of the facility is 25,000 - pro-

> 1993 10th WORLD VETERANS CHAMPIONSHIPS

CHAMPIONSHIPS —
MEDAL RESULTS
MIYAZAKI JAPAN
Gold Silver Bronze
No.Country Total M W M W M W
1 Japan 429 14 75 85 31 78 46 2 Germany 293 41 65 56 55 40 36
3 United States 282 80 47 60 27 40 28
4 Australia 168 28 31 17 31 44 17 5 Gt. Britain 136 22 28 31 18 17 22
6 Finland 87 15 2 24 10 24 12
7 New Zealand 48 4 12 4 11 5 12 8 South Airica 47 6 18 3 8 5 7
9 Sweden 46 4 16 5 8 7 6
10 Canada 42 6 12 4 9 5 6 11 Brazil 38 3 4 7 16 6 2
12 haly 35 12 1 11 3 6 2
13 Portugal 29 10 - 13 - 6 14 Norway 27 4 5 8 3 3 4
14 Norway 27 4 5 8 3 3 4 15 Swaziland 25 6 2 4 6 2 5
16 Russia 23 7 - 4 3 8 1
17 Belgium 22 8 1 3 3 1 6 18 Netherlands 21 4 3 2 8 2 2
19 France 19 1 4 4 3 6 1
20 Denmark 17 3 3 3 2 3 3 21 Hungary 12 5 2 5
22 Czech Repub 10 1 1 3 1 4 .
23 Hong Kong 10 8 - 2 24 Estonia 8 - 2 2 2 1 1
25 Austria 7 2 2 2 - 1 -
26 India 7 1 - · 6 · ·
27 Slovenia 6 1 2 1 · 2 · 28 Chile 6 1 · · 1 4 ·
29 Spain 6 1 3 2
30 Mexico 5 - 1 - 2 - 2 31 Colombia 4 1 - 2 - 1 -
32 Argentina 4 1 2 - 1
33 Korea 4 4 - 34 Poland 3 1 - 1 - 1 -
35 Trinidad/Tob 2 2 · · · ·
36 Talwan 2 - 1 - 1 - 37 Guyana 2 2 -
38 Ukraine 2 1 1
39 (Croalla 1 1
(Indonesia 1 · 1 · · · ·
(Ireland 1 - 1 1
(Singapore 1 · · · · 1
(Turkey 1 1 - TOTALS 1941 390 338 361 282 336 234
Countries competing 78
Countries with medals 45
Total Men's medals 1087 Total Womens' medals 854
No of competitors entered 12163
Some comparisons 1991-1993
Modals 1991 1993 Japan 19 429
Gormany 264 293
U.S.A. 214 282 Finland 232 87
South Africa No participt'n 47
Brazil 4 38 Gt. Britain 77 136
5th in modals both times
M W M W 33 44 70 66
33 44 70 66
Mexico 10 -5
(All men) (All wormen) Jose Waller
Reprinted from British
Veterans Athletics.

bably enough to seat everyone wanting to witness this historic event.

Team Competition

The nature of the competition will be this: for every American competitor, a Brit of similar age will be designated and the total age factored scores of the Americans will be compared to the total of the designated English athletes. Or, depending on how many Americans participate, the top 3 of 4, or 6 of 8, or 9 of 12 may be scored in case, heaven forbid, someone on either side may not be able to complete the competition.

Knowing very well how expensive travel is, the British are doing their best to keep the costs down for us competitors and companions. Unless the American response is overwhelming, the local multi-eventers and their friends in the Sheffield area plan to pick us up from the airport and put us up at their homes. Although flexible, they are expecting us to arrive around Thursday and stay about a week, as there is more to life than the track. That experience alone should be well worth the cost of the trip. I only hope that we can return the favor some day. Fair Warning

It will be very embarrassing for the Americans to accept all this hospitality and still "whump up" on the British team, but, if it must be done, we're the people to do it. I'm sure that the British multi-eventers could do some baseless bragging too (if we gave them a chance), but, unless they extend the competition to something unfamiliar, like drinking warm beer, I'm sure the Yanks will more than hold their own. English to American (and vice-versa) interpreters will be made available if necessary.

Travel Costs

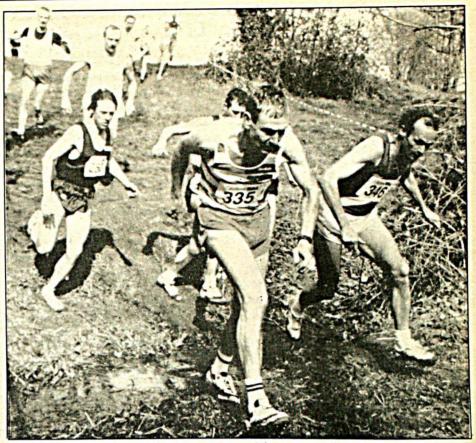
Interested parties have done some checking on airline costs to England which appear reasonable. There is an Air Canada flight out of Toronto for only \$505 round-trip and most of the larger cities seem to have bargain flights for less than \$700. Check with your travel agent. Manchester is the closest international airport to Sheffield, but London-Heathrow is not out of the question, and London-Gatwick is okay, although the least convenient. With travel and lodging, which is very expensive in England, covered by our friends, I'm sure you'll agree that it's too good to turn down.

Thomasville Decathlon/Heptathlon

For those of you concerned about missing the annual Thomasville Decathlon/Heptathlon, don't worry. Meet Director, Bill Busby has now set the dates for that competition as October 8-9 with an eye towards competing in England himself if he is healthy and can get away (the same problems we all have).

Information

The two main contacts are: John Charlton, current WAVA world champion in the decathlon, 11 Wulfric Road, Eckington, Sheffield, S31 9GE, England, Tel: 011-44-246-434903 and Rex Harvey, USATF Masters Multi-



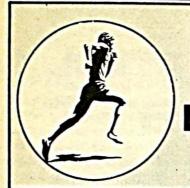
Early leaders clearing a stream in the British Veterans Athletic Federation Cross-Country Championships, Tunbridge Wells, March 27. Nigel Gates (#250), M40, won in 33:20. Mike Hager (#335), M40 was sixth, and Terry Osborne (#346), M40, second. Photo from Bridget Cushen

Event Coordinator and ex-WAVA world champion in the decathlon, 160 Chatham Way, Mayfield Heights, Ohio 44124-2016, Tel: (216) 446-0559(h), (216) 531-3000(w). If any

Steeplechase: 3000m for men 30-59; 2000m for men 60 + and women.

of you out there have any interest or questions, please don't hesitate to contact us. It should be great fun and a great excuse to help make the world smaller and more friendly.

Annual Control	WAVA/USA	TF Hurd	iles and Imp	olements Spec	ifications		
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40-49	80m	.762m	12.00m	8.0m	12.00m	fired had a	
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MASTERS LONG DISTANCE RUNNING REPORT

by BASIL and LINDA HONIKMAN, Directors, Road Running Information Center.

Largest U.S. Road Races in 1993

On this page is a list of the 100 largest U.S. road races in 1993.

For the first time in the history of the list, the 10K is no longer the most prevalent distance. The 5K took over that honor with 19 events compared to only 16 10Ks.

The 10K still has the most finishers in the top 100 (193,698) due to the continued strength of Peachtree, Bolder Boulder, Crescent City, and the Austin American-Statesman.

The total finishers in the 100 largest races continued to increase — by 1.5%.

However, the number of all finishers, based on race comparison (1992 vs. 1993), declined by 2%.

The prolonged recession limited sponsorship opportunities and reduced

marketing dollars. Mother Nature raised havoc throughout the country in 1993. Rain and floods ravaged the Midwest and races like Bix 7 in Iowa were caught in the middle. Unseasonably warm weather greeted marathoners at Los Angeles, Boston and New York; as a result, their combined finish totals were down 5% even though entrant totals were the same.

The sport held its own in 1993 under adverse conditions. There were setbacks like the cancellation of the Cascade Run-Off, but they were offset by the success of the Walt Disney World Marathon and the continued growth of heavily promoted national series such as the Race for the Cure and the Chemical Corporate Challenge.

The Largest Women-Only Races

	u.	٥,	or tronicin only made	2477 12		
1	8339		RACE FOR THE CURE: DALLAS	5K	DALLAS, TX	10/23/93
2	4600	E	RACE FOR THE CURE: PORTLAND	5K	PORTLAND, OR	10/10/93
3	4369		ADVIL MINI MARATHON	10K	NEW YORK, NY	06/12/93
14	3801		LADY FOOT LOCKER	5K	DENVER, CO	06/26/93
5	3600	E	RACE FOR THE CURE: FT. WORTH	5K	FT. WORTH, TX	04/17/93
. 5	3600	E	RACE FOR HE CURE: ATLANTA	5K	ATLANTA, GA	10/23/93
7	3485		RACE FOR HE CURE: NEW YORK	5K	NEW YORK, NY	09/12/93
8	2885		RACE FOR HE CURE: DAVENPORT	5K	DAVENPORT, IA	06/13/93
9	2700	E	RACE FOR HE CURE: SCRANTON	5K	SCRANTON, PA	09/11/93
10	2573		TUFTS HETH PLAN FOR WOMEN	10K	BOSTON, MA	10/11/93
. 11	2453		RACE FOR THE CURE: HOUSTON	5K	HOUSTON, TX	10/02/93
12	1816		FREIHOFEI 'S RUN FOR WOMEN	5K	ALBANY, NY	06/05/93
13	1800	E	RACE FOR THE CURE: EL PASO	5K	EL PASO, TX	02/13/93
14	1700	E	RACE FOR THE CURE: DECATUR	5K	DECATUR, IL	06/26/93
15	1500		RACE FOR THE CURE: BALTIMORE	5K	BALTIMORE, MD	10/02/93
16	1360		ALASKA VIOMEN'S RUN	10K	ANCHORAGE, AK	06/05/93
17	1260	E	WOMEN'S RUN FOR HEALTH	5MI	APPLETON, WI	09/12/93
18	1200	E	STRAUB'S HAWAII WOMEN'S RACE	10K	HONOLULU, HI	03/07/93
19	1188		RACE FOR THE CURE: PLANO	5K	PLANO, TX	06/05/93
20	1147		RACE FOR THE CURE: ASPEN	5K	ASPEN, CO	07/31/93
21	1139		RACE FOR THE CURE: BOSTON	5K	BOSTON, MA	09/11/93
22	1116		THE WOMEN'S CLASSIC	5K	NEW ORLEANS, LA	10/24/93
23	1050		RACE FOR THE CURE: PEORIA	5K	PEORIA, IL	05/08/93
24	1033		ADVIL MINI TUNE-UP	5K	NEW YORK, NY	05/09/93
25	1021		WOMEN'S HOSPITAL CLASSIC	5K	HOUSTON, TX	03/06/93

Women's races continue to mushroom. It is interesting to note that two of the largest races in the world are women-only events (see no. 7 and 10 in the world list above). In 1993, the Susan B. Komen Race for the Cure Series added 14 more cities for a total of 49. There are also many local women's runs across the U.S. which were part of the 63 event RRCA Women's Distance Festival.

Number of Larger Races at Various Size Levels 1980-1993

	1980	1981	1982	1983	1984	1985	1986	1987	1988	1989	1990	1991	1932	1993
Races > 10.000	4	4	9	9	9	10	9	13	13	18	19	19	21	2
Races > 5.000	12	15	22	32	28	37	41	36	43	47	47	49	56	5
Races > 4.000	20	29	35	47	47	53	53	53	58	60	65	70	. 74	7
Races > 3,000	39	47	62	64	75	79	80	76	84	96	98	98	114	11
Races > 2,500	33					94	101	104	104	106	119	121	136	14

100th Largest Race 1800 1700 2082 2249 2400 2420 2567 2610 2708 2852 2961 2968 3216 3245

Total in 100 Largest 349400 377000 475000 544400 548300 626200 694722 687955 721421 746302 791734 807111 841764 853970

Compiled by Road Running Information Center

The Largest American Road Races in 1993

		A POST OF	the state of the s		_	
		NISHERS	RACENAME	DIST	LOCATION	DATE'93
	100	52568	EXAMINER BAY TO BREAKERS	12K	SAN FRANCISCO, CA	05/16/93
	2 5	53220	LILAC BLOOMSDAY RUN	12K	SPOKANE, WA	05/02/93
	3 4	45000 E	PEACHTREE ROAD RACE	10K	ATLANTA, GA	07/04/93
	4 3	32005	BOLDER BOULDER	10K	BOULDER, CO	05/31/93
	5 2	28500 E	CRESCENT CITY CLASSIC	10K	NEW ORLEANS, LA	03/20/93
	6 2	28263 E	GREAT ALOHÀ RUN	8.25M	HONOLULU, HI	02/15/93
	7 2	26597	NEW YORK CITY		NEW YORK, NY	11/14/93
	8 2	23640	HONOLULU		HONOLULU, HI	12/12/93
	9 1	15277	AUSTIN AMERICAN-STATESMAN CAPITOL	10K	AUSTIN, TX	03/28/93
	10 1	14585 E	CHEMICAL CORP. CHALLENGE: NYC #2		NEW YORK, NY	06/16/93
	11 1	14546	CITY OF LOS ANGELES		LOS ANGELES, CA	03/07/93
		14456	BIX	7MI	DAVENPORT, IA	07/24/93
		12780 E	CHEMICAL CORP. CHALLENGE: NYC /3		NEW YORK, NY	07/08/93
		12735	CHEMICAL CORP. CHALLENGE: CHICAGO		CHICAGO, IL	08/05/93
		12441	OMAHA CORPORATE CUP	10K	OMAHA, NE	09/26/93
		11905	MARINE CORPS		WASHINGTON, DC	10/24/93
		11848 E	GEORGIA FEDERAL CORP. CHALLENGE		ATLANTA, GA	09/14/93
		10874 E	CHEMICAL CORP. CHALLENGE. BOSTON		BOSTON, MA	07/29/93
		10503	INDIANAPOLIS LIFE 500 FESTIVAL		INDIANAPOLIS, IN	05/07/93
		10090 E	RACE FOR THE CURE: DC	5K	WASHINGTON, DC	06/19/93
		10000 E	WHARF TO WHARF	6MI	CAPITOLA, CA	07/25/93
	22	9233	COWTOWN	10K	FT. WORTH, TX	02/27/93
	23	8550 E	HOOD TO COAST RELAY		MT HOOD-SEASIDE, OR	08/27/93
	24	8453 E	MANCHESTER ROAD RACE		MANCHESTER, CT	11/25/93
	25	8339	RACE FOR THE CURE: DALLAS	5K	DALLAS, TX	10/23/93
	26	8338	WEINHARD'S ALE/ST. PATRICK'S DAY DASH		SEATTLE, WA	03/14/93
	27	7565 E	DALLAS TURKEY TROT	3MI	DALLAS, TX	11/25/93
	28	7517	BOSTON		BOSTON, MA	04/19/93
	29	7256	RICHARD S. CALIGUIRI GREAT RACE	10K	PITTSBURGH, PA	09/26/93
	30	7000	JUNIOR BLOOMSDAY	2MI	SPOKANE, VA	04/17/93
	31	6777	CHERRY CREEK SNEAK	5MI	DENVER. CO	04/25/93
	32	6486	GASPARILLA DISTANCE CLASSIC	15K	TAMPA, FL	02/27/93
	33	6335	REVCO-CLEVELAND	10K	CLEVELAND, OH	05/16/93
	34	6294	PHILADELPHIA DISTANCE RUN		PHILADELPHIA, PA	09/19/93
-	35	6192	COOPER RIVER BRIDGE RUN	10K	CHARLESTON, SC	04/03/93
	36	6105	ARMY TEN MILER	10MI	WASHINGTON, DC	10/17/93
	37	6000 E	FALMOUTH ROAD RACE		FALMOUTH, MA	08/22/93
	37	6000 E	NEW TIMES PHOENIX	10K	PHOENIX, AZ	11/14/93
	39	5945 E	DALLAS TURKEY TROT	8MI	DALLAS, TX	11/25/93
	40	5855 E	CHEMICAL CORPORATE CHALLENGE: NYC /1	3 5841	NEW YORK NY	
13	41	5800	SAN FRANCISCO ZOO RUN	7MI	SAN FRANCISCO, CA	05/11/93
	42	5783	SOUND TO NARROWS	12K	TACOMA, WA	01/23/93
		5764	ATLANTA		ATLANTA, GA	06/12/93
	44	5756	CARLSBAD 5000	5K		11/25/93
	45	5649	MICHAEL FORBES TROLLEY RUN	4MI	CARLSBAD, CA	03/28/93
	46	5522	SPRING LAKE	5MI	KANSAS CITY, MO	04/25/93
	47	5491	CHICAGO		SPRING LAKE, NJ	05/22/93
	48	5400 E	RUN TO THE FAR SIDE	5K	CHICAGO, IL	10/31/93
	49	5386	MILWAUKEE JOURNAL AL'S RUN	8K	SAN FRANCISCO, CA	11/28/93
	50	5200	NEWSDAY LONG ISLAND		MILWAUKEE, WI EAST MEADOW, NY	09/24/93
	51	5170	OVER THE BAY BRIDGE	4MI	SAN DIEGO, CA	05/02/93
	52	5018	TWIN CITIES		MINNEAPOLIS, MN	05/02/93
	53	5005 E	CRAZY LEGGS	5MI	MADISON, WI	04/24/93
	54	4994	SUPERBOWL/REDONDO BEACH	10K	REDONDU BEACH, CA	01/31/93
	55	4864	GASPARILLA DISTANCE CLASSIC	5K	TAMPA, FL	02/27/93
	56	4773	MERCURY NEWS	10K	SAN JOSE, CA	03/07/93
	57	4700 E	JIMMY STEWART RELAY		GRIFFITH PARK, CA	03/27/93
	58	4686	NYRRC NEW YEAR'S EVE MIDNIGHT RUN	5MI	NEW YORK, NY	01/01/93
	59	4675	CASCADE RUN OFF	15K	PORTLAND, OR	06/27/93
3	60	4621	BOBBY CRIM	10MI	FLINT, MI	08/28/93
	61	4600 E	BEACH TO BAY RELAY	4.4MI		05/15/93
1	61	4600 E	RACE FOR THE CURE: PORTLAND	5K	PORTLAND, OR	10/10/93
	63	4540	PORTLAND		PORTLAND, OR	09/26/93
	64	4372	GET IN GEAR	10K	MINNEAPOLIS, MN	04/24/93
	65	4369	ADVIL MINI MARATHON	10K	NEW YORK, NY	06/12/93
	66 67	4362	GRANDMA'S	MARA	DULUTH, MN	06/19/93
	68	4329	AMERICA'S FINEST CITY BILL RODGERS JINGLE BELL		SAN DIEGO, CA	08/15/93
	69	4300 4262 E			BOSTON, MA	12/12/93
	70	4202 6	CHEMICAL CORP. CHALLENGE: BUFFALO UTICA BOILERMAKER	3.5MI		06/24/93
	71	4242 4225 E	CELEBRATION IN THE OAKS	15K 2MI	UTICA, NY	07/11/93
-	72	4159	BROAD STREET RUN	10MI	NEW ORLEANS, LA	12/11/93
	73	4122	KENTUCKY DERBY FESTIVAL		PHILADELPHIA, PA LOUISVILLE, KY	05/02/93 04/24/93
	74	4117	NORDSTROM BEAT THE BRIDGE	8K	SEATTLE, WA	05/23/93
	75	3901	HOULIHAN'S TO HOULIHAN'S	12K	SAN FRANCISCO. CA	03/28/93
	76	3900	MIDLAND RUN	15K	NORTH BRANCH, NJ	05/15/93
	77	3842	CRESCENT CITY FALL CLASSIC	5K	NEW ORLEANS, LA	11/13/93
	78	3833	TULSA RUN	15K	TULSA, OK	10/30/93
	79	3801	LADY FOOT LOCKER	5K	DENVER. CO	06/26/93
	80	3780 E	DINOSAUR DASH-MILWAUKEE MUSEUM	5K	MILWAUKEE, WI	04/25/93
	81	3778	JINGLE BELL RUN	5K	SEATTLE, WA	12/05/93
	82	3703	FINE ARTS	5K	HOUSTON, TX	02/06/93
	83	3621	COLUMBUS		COLUMBUS, OH	10/24/93
	84	3617	BARBER TO BOISE	10K	BOISE, ID	10/09/93
	85	3600 E	RACE FOR THE CURE: FT. WORTH	5K	FT. WORTH, TX	04/17/93
	85	3600 E	RACE FOR THE CURE: ATLANTA	5K	ATLANTA, GA	10/23/93
	87	3590	SEAFAIR TORCHLIGHT RUN	8K	SEATTLE, WA	07/30/93
	88	3564	SHAMROCK RUN	8K	PORTLAND, OR	03/14/93
	89	3555 E	GLENN BRENNER	5K	WASHINGTON, DC	05/09/93
	90	3546	GATE RIVER RUN	15K	JACKSONVILLE, FL	03/14/93
	91	3526	HOUSTON-TENNECO		HOUSTON, TX	03/14/93
	92	3485	RACE FOR THE CURE: NEW YORK	5K	NEW YORK, NY	09/12/93
	93	3481	ROGAINE: LOS ANGELES	5K	LOS ANGELES, CA	03/07/93
	94	3412	NORTHERN TELECOM CHERRY BLOSSOM	10MI	WASHINGTON, DC	04/04/93
	95	3382	SHAMROCK SHUFFLE	8K	CHICAGO, IL	03/14/93
	96	3346	ALASKA HEART RUN	5K	ANCHORAGE, AK	04/24/93
	97	3334	LIFESPAN	10K	SAN FRANCISCO, CA	
	98	3330 E	STORM THE BASTILLE	5K	MILWAUKEE, WI	09/26/93 07/08/93
	99	3269	OLD KENT RIVER BANK RUN	25K	GRAND RAPIDS, MI	05/08/93
			RACE FOR THE CURE: SAN FRANCISCO	5K	SAN FRANCISCO, CA	10/24/93
	15	Cationet	dameter of facilities			102433

(E = Estimated number of finishers, complete results unavailable.)

The Largest Road Races in the World in 1993*

m.Boot III	da itaeos iii tii		114 III 2000		
4 CURSA EL C	CORTE INGLES	12K	BARCELONA, SPAIN	06/13/93	
O E ROUND THE	E BAYS	8.4K	AUCKLAND, NEW ZEALAND	03/12/93	
8 EXAMINER	BAY TO BREAKERS	12K	SAN FRANCISCO, CA, USA	05/16/93	
O LILAC BLOC	OMSDAY RUN	12K	SPOKANE, WA, USA	05/02/93	
O E STAMILANO	0	15K	MILAN, ITALY	04/04/93	
O E PEACHTREE	E ROAD RACE	10K	ATLANTA, GA, USA	07/04/93	
O E GRETE WAI	ITZ LOPET WOMEN'S	5K	OLSO, NORWAY	05/08/93	
O E VOLTA A PE	EU A VALENCIA	6K	VALENCIA, SPAIN	05/23/93	
O E HOLLMENK	COLL STAFETTEN	RELAY	OLSO, NORWAY	05/09/93	
O E TJEJMILEN	WOMEN'S	10.3K	STOCKHOLM, SWEDEN	08/22/93	
O E CITY TO SU	IRF	14+K	SYDNEY, AUSTRALIA	08/08/93	
5 BOLDER BO	DULDER	10K	BOULDER, CO. USA	05/31/93	
O E ZARAGOZA		8.1K	ZARAGOZA, SPAIN	04/18/93	
O E CRESCENT	CITY CLASSIC	10K	NEW ORLEANS, LA, USA	03/20/93	
3 E GREAT ALO	OHA RUN	8 25M	HONOLULU, HI, USA	02/15/93	
O GOTEBORG	Market N. A. A. A. A.	HMAR	GOTEBORG, SWEDEN	05/15/93	
0 NUTRASWE	EET LONDON	MARA	LONDON, ENGLAND	04/18/93	
O E BUPA GREA	AT NORTH RUN	HMAR	TYNESIDE, ENGLAND	09/19/93	
7 AUSTIN AM	MERICAN-STATESMAN CAPIT	OL 10K	AUSTIN, TX, USA	03/28/93	
S E CHEMICAL	CORP. CHALLENGE: NYC #2	3.5MI	NEW YORK, NY, USA	06/16/93	
	CURSA EL ROUND THE EXAMINER LILAC BLOOD E STAMILANION E PEACHTRE DO E GRETE WAD DO E VOLTA A PHODE EN CITY TO SLOS BOLDER BY ZARAGOZA OD E GRESCH TO GOTE DO E GRESCH TO STAMILANION E ZARAGOZA OD E GRESCH TO DO GOTEBORG NUTRASWI DO E BUPA GRE.	CURSA EL CORTE INGLES ROUND THE BAYS EXAMINER BAY TO BREAKERS LILAC BLOOMSDAY RUN LIAC BLOOMSDAY LIAC BL	CURSA EL CORTE INGLES 12K	10 E ROUND THE BAYS 8 4K AUCKLAND, NEW ZEALAND 12 EXAMINER BAY TO BREAKERS 12 SAN FRANCISCO, CA, USA 13 LILAC BLOOMSDAY RUN 12 SPOKANE, WA, USA 10 E STAMILANO 15 MILAN, ITALY 10 E GRETTE WAITZ LOPET WOMEN'S 5 CON NORWAY 10 E TULIMILEN WOMEN'S 10 STOCKHOLM, SWEDEN 10 E TULIMILEN WOMEN'S 10 STOCKHOLM, SWEDEN 10 E STAMILANO 15 MILAN, ITALY 10 STOCKHOLM, SWEDEN 10 STOCKHOLM	CURSA EL CORTE INGLES 12K BARCELONA, SPAIN 06/13/93

IMASTERS SCENE

NATIONAL

• The article in the NMN May issue on Paul Spangler, who passed away in March, credited him with setting "several world and American age-group distance running records." In fact, Spangler holds 41 records, among which are ten age-group LDR records. He also has 11 world and seven U.S. t&f age-group records, both outdoor and indoor. The article also stated that Spangler broke three hours in qualifying for the Boston Marathon in 1979; that statement was incorrect.

• The USATF National Masters Men's 25K Racewalk Championships, Albany, NY, May 22, were highlighted by an outstanding 2:11:48 by Bohdan Bulakowski, 44, 1980 Polish Olympian, now residing in LaGrange, GA. His time would have placed him seventh among the open men's finishers in the race. Bob Keating, 47, Nashua, NH, was first U.S. master in 2:23:02. Ed Whiteman, 55, Covington, LA, finished fourth of 15 M40+ with a U.S. age-group record 2:24:08. Elton Richardson, 55, NYC, settled into her new age group by finishing first in a field of six W40+ in the women's 20K with a 2:02:55.

EAST

• Cheryl Ralya, 47, of the Moving Comfort NY club, motored to the finish in 19:39 for the 40 + win, Advil 5K Tune-Up, Central Park, May 8. Diane Ditchfield, 41, followed for second in 19:46. Bertha Bellinghausen, 60, was with the front runners in 22:11; 983 finished.

• Bill Rodgers, 46, with a 24:43, led the five-man team from Wesleyan U. to the M40-49 title in the Alamo Alumni 5 Mile, Central Park, May 14. Rodgers, second overall of 737m finishers, preceded teammates Jack McShane, 42, 27:23; Philip Vasquez, 41, 30:05; Martin Bunin, 42, 30:24; and William Masterson, 56, 30:44. The M50+ race went to Princeton's Hugh Sweeny, 50, 27:52; Stephen Grotsky, 52, 32:00; and George Hirsh, 59, 32:38. The women's trio, all in their 50s, from Smith College placed first in both the W40-49 and W50+ divisions; Jessie-Lea Hayes, 51, 36:42, led alumnae Robin Villa, 50, 37:44, and Sandy Weinbaum, 52, 50:03, to the finish.

• Ric Banning, 41, Alexandria, VA, registered a new masters record of 47:37, George Washington Parkway 15K, Mt. Vernon to Alexandria, April 24. Bob Schlau, 46, Charleston, SC, took second in 48:25. Joyce Adams, 40, Reston, VA, finished fifth female in 59:38. Benita Schlau, 40, Bob's wife, was second W40+ in 60:43. Hedy Marque, 76, Alexandria, clocked a pending W75 record of 81:37. At the Mother's Day 8K, Washington, DC, May 8, Marque lopped minutes off her age-group record of 45:46 in 1991 with a sterling 41:31. Linda Ban-

TEN YEARS AGO July, 1984

- Bill Stewart (31:27), Shirley Matson (38:33) Win Cotton Row 10K
- At Age 51, Norm Green Wins National 25K in 1:24:11
- Gretchen Snyder Sets Four U.S. W50 Track Records
- 240 Compete in Trojan Meet in L.A.

ning, 45, Alexandria, took the 40 + crown in 32:40. After several years of corporate sponsorship, big names, and hefty cash prizes, all of which disappeared for 1994, the race was rescued from oblivion by the Washington Run Hers, an all-female club, who staged a low-key but successful event, which had 420 finishers.

 Sean Doyle, 40, in 15:54, and Mary Rosado, 44, with a 20:31, traversed the NYRRC You Gotta Have Park 5K to 40 + wins, Central Park, May 21. Bill Fortune, 65, 19:02, John McManus, 70, 21:23, and Arlene Kernis, 67, 30:23, covered the course quickly.

• Chuck Moeser, 42, 15:55, and Hartzell Stringer, 41, 20:53, were top masters in the Glenn Brenner 5K, Washington, DC, May 8. Faye Bradley, 56, was second M40 + in 17:24.

• Ed Doheny, 51, Washington, DC, was 8th overall with a 35:59 to cop the M40 + race, We Run The World 10K, Washington, DC, May 14. Fifty-year-old Ellie Thayer, Arlington, VA, was the W40 + winner in 44:44. The event, in its second year, raises money for the Girl Scout Council's campaign for camps and outdoor education in the Washington area.

• Roger Price, 45, continued his domination of the New Jersey Masters division with his 22nd overall placing at the Midland Run 15K on May 15. Price, who ran a 52:17, held off Kelly Jensen, 40, who finished in 52:20. Jane Parks, 41, was the first masters woman, finishing in 65:33. Madeline Bost, 54, turned in a 67:48 and Helen Bedrock, 59, scored a fine 68:13, just behind Bost. Dudley Healy, 80, who entered a new age division this year, just missed breaking 1:20 by 9 seconds, making him the man to beat this year in the national rankings.

• Elton Richardson, 55, outdistanced all female masters in the Metropolitan Athletics Congress and Eastern Regional 15K RW Championships in Central Park, April 10. Her 1:31:21 put her 6 minutes ahead of second-place finisher Sonia Morales, 46, who strode to a 1:37:30 finish.

 Looks as though the 1995 and 1996 New York Games will be held in Atlanta, still run by the New York Road Runners.

SOUTHEAST

Competitors in the USATF Florida Association Masters Championships produced 42 meet records and 41 All-American performances, Winter Park, May 21. The Florida AC took the team championship by a whopping 397 over the Manasota TC's 46.

• John Fredericks, 46, 25:34, of the Florida AC, and Linda Stein, 46, 28:15, Miami Runners, strode to 40+ victories in the USATF Florida/Lavonne Hottensmith 5K RW Championships, Coconut Creek, May 15. Sam Gadles, 87, Boca Raton RR, was the top age-graded performer with a 37:26.

 Malcolm Gillis, 60, set a new U.S. M60 record for 50 miles with a 6:42 in the Birm-

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to National Masters News, P.O. Box 2372, Van Nuys, CA 91404.



Rear Admiral Paul Tobin, Jr., USN, Grand Marshall of the George Washington Parkway 15K, who ran a 1:21:39 and saw his U.S. Navy team capture the General MacArthur Cup, with Oscar Fox (#470), third M70 (1:26:35), and Bill Osburn, first M70 (1:15:28), in Alexandria, Va., April 24.

Photo by George Banker

ingham, AL, 50-Mile Run, Feb. 12. The old mark was 6:56:06, set by Fred Nagelschmidt, CA, in 1986. Gillis finished fifth overall of 33 finishers.

MID AMERICA

• Dick Wilson, 62, Lawrence, KS won the masters division of the Bank IV River Run 10K in Wichita on May 7, in an age-graded time of 30:01. Wilson's actual time of 38:07 was a new record for the race in the 60-64 age group and tied the state record which he set in 1993.

Masters firsts in the Cherry Creek Sneak 5 Mile, Boulder, CO, April 24, were Pablo Vigil, 42, in 26:13, and Peggy Muhn, 42, with a 31:42. Louise Adams, 72, 47:27, and Ardel Boyes, 56, 29:57, were the pick of the crop among division winners.

• On June 5, Dick Wilson, 62, Lawrence, Kan., received the First Annual George Sheehan Memorial Award at the Trinity Hill Half-Marathon in Kansas City, Mo. The award is presented annually to the first finisher 60 and over in memory of Dr. Sheehan who was a frequent runner of this race. Wilson's winning time was 1:27:18 over the hilly course where the temperature at the start of the race was 71 degrees with 90% humidity.

• Fred Praeger, 78, of Boulder, CO, a thrower and sprinter, died May 28 in Boulder. An Austrian immigrant who borrowed \$4000 from friends and founded a major Manhattan publishing house, Praeger was an intelligence officer in Europe during and after World War II. He moved to Boulder in 1975 and started Westview Press, which was devoted to scholarly scientific works.

SOUTH WEST

 Elisabeth Van Battum missed the W70-74 record (24:38) for the 5K by a few seconds with a 24:44 in the Run For Children's Hospital, New Orleans, May 22. Jeff Cole (15:51) and Susanne Pierce (19:24) were masters winners.

WEST

• The Ken Carnine Classic Meet, Sacramento, May 7, was held in conjunction with a collegiate dual meet. "... the blending was great," says Meet Director Michael Ackley. "The masters/submasters competitors enjoyed watching the collegians, and I think many of the latter were inspired by the level of performance their elders have sustained." Jutta McCormick, 53, posted wins with top-ranked times in the 100 (15.09), 200 (29.64), and 400 (65.56).

• The Spinal and Sports Care Center in

Mountain View, Calif., sponsors a regular "Back School" to teach participants proper back care. Call 415-967-1152.

• Irene Obera, 60, Fremont, CA, obliterated Betty Vosburgh's US W60-64 record of 15.10 for the 100m, set in 1992, with a 14.14, in the Bruce Jenner Classic, San Jose, CA, May 28. Payton Jordan, 77, who announced his retirement two years ago, returned, to no one's surprise, to break the single-age WR with a 14.70.

NORTHWEST

 Manuel White, 77, threw the 56# weight a hefty 6.75 and the 25# weight 12.68 for a U.S. record, Helen Spring Throws Meet, May 14, Helena, MT.

CANADA

 Art Meaney, newly-turned 50, is setting M50 records on the roads in eastern Canada. He was top master at the Molson Harbor Front 10K, May 15, in St. John's, Newfoundland, in 33:49. On May 29, he again topped the masters field and set a Canadian M50 mark of 75:46 in the Shoppers Drug Mart Half-Marathon in St. John's.

INTERNATIONAL

 On April 28, at a meet in Beroun, Czech Republic, Ladislav Filip of Eugene, OR, who currently holds six national Czech records, broke his own record in the shot put and also set a new mark in the javelin.

 The oldest British record was finally broken in Swindon, England, May 29, when Jenny Brown erased the W35 high jump record of 1.67 held by 1936 Berlin Olympic silver medalist, Dorothy Tyler. Brown cleared the bar at 1.69.

St. Louis-born Judy Vernon won the W45
100 in the masters section of the Surrey County
Championships, Wimbledon Park, Britain, May
8. She was elected president of Surrey County
AA on March 18 and is believed to be the firstever club president to win a county title in Britain.

Preliminary results from the WAVA European Regional T&F Championships in Athens, June 10-14, show Britain's Ron Taylor setting new M60 WRs in the 100 (11.70) and 200 (23:99). The former WRs were 11.8 (Payton Jordan, 1978) and 24.9 (also Jordan, 1977), respectively. Story and results next month.

 Gilberto Gonzalez, 80, of Puerto Rico, is on the verge of quitting his running activities. He's suffering from acute ortho-arthritis in his right hip. Other Puerto Ricans ailing are Luis Torres, Ruben Diaz and Ovidio de Jesus.

schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.



TRACK & FIELD

July 16-17. USATF National Masters Decathlon/Heptathlon Championships, Missouri Southern St. College, Joplin. Charles Nodler, 1215 Northwest Blvd., MO 64850. 417/451-0121(e); 625-9552(d).

August 11-14. 27th USATF National Masters Championships, Eugene, Ore. Tom Jordan, PO Box 10825, Eugene, OR 97440. 503/687-1989.

August 20. USATF National Outdoor Weight & Superweight Throw Champion-ships, U. of Washington. Ken Weinbel, 4103 Hillcrest Ave. SW, Seattle, WA 98116. 206/932-3923.

September 3. USATF National Masters Weight Pentathlon Championships, Michigan State U., E. Lansing. Judi Brown, Track Office, MSU, 214 Jenison Fieldhouse, E. Lansing, MI 48824. 517/353-9299.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia Pennsylvania, Rhode Island, Vermont

July 2. USATF Niagara Open & Masters Championships, Buffalo, N.Y. Lois Mesler, 837 Potomac Ave., Buffalo, NY 14209, 716/884-1733.

July 9. Reebok Boston Masters and USATF New England Championships, Northeastern U., Dedham, Mass. Fred Treseler, 79 Manet Rd., Chestnut Hill, MA 02167. 617/964-7802; Fax: 617/964-8356.

July 10, 24. Potomac Valley TC Developmental Meets, Williams HS, Alexandria. 9 am. John Martin, 703/352-3057. July 16. Sri Chinmoy Masters Games, 150-47 87th Ave., Jamaica, NY 11432.

July 17. Phila. Masters Development Meet, Germantown Academy, Ft. Washington, Pa. All events except 400H. 9 am. SASE to Tim Dickens, 4 E. Germantown Pike, Plymouth Meeting, PA 19462.

718/739-7453.

July 26-30. Pennsylvania Sr. Games. No out-state. 55 + . Faye Knecht, c/o Keystone State Games, 31 South Hancock St., Wilkes-Barre, PA 18702. 717/823-3164.

July 30-31. Buffalo Belles & Brawn International Age-Group Classic, Buffalo, N.Y. Women on Sat.; men, Sunday. Bettie Zoschke, 266 Puritan Rd., Tonawanda, NY 14150. 716/835-6018.

July 31. USATF East Regional Masters Championships, Brown U., Providence, R.I. SASE to Neil Steinberg, 46 Roberta Ave., Pawtucket, RI 02860.

August 28. Phila. Masters Summer Championships, Swarthmore College, Pa. 9 am. SASE to Karl Castor, 44 N. Penn St., Hatboro, PA 19040. 215/441-8584.

September 4. Potomac Valley Games, Washington, D.C. area. Sal Corrallo, 3466 Roberts Ln. N. Arlington, VA 22207. 703/243-1290.

SOUTHEAST Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

July 2. Southeastern Masters Classic, Greenville, S.C. Dick Bloomfield, 103 Crestwood Dr., Greer, SC 29651. 803/879-7839.

July 5, 12. Miami Runners Meets. Tues. nights, 5:30. Miami Runners, 7920 SW 40th St., Miami, FL 33155. 305/227-1500.

July 10. Florida AC Summer Series, Olympic Heights HS, Boca Raton. 9 am/8 am registration. FAC, 3250 Lakeview Blvd., Delray Beach, FL 33445. Bob Fine, director. 407/499-3370, before 7 pm.

July 16. Nashville TC Open & Masters, Tennessee Prep School. SASE to Randall Brady, 2709 Linmar Ave. #5, Nashville, TN 37215. 615/383-6733.

July 16. Hot Feet Series, Francis Marion U. 5-yr. age groups 40+. HT/WT/Superweight. Florence TC, PO Box 1476, Florence, SC 29503.

July 24-28. Tennessee Sr. Games, Inc. No out-state. 55+. Theresa Harrington, Clarksville Parks & Recr., 1514 Golf Club Lane, Clarksville, TN 37043. 615/645-7476.



Charlie Rose, M60, finished with a personal best 36:38, Carolina Marathon 10K, Columbia,

Photo by Charlie Kluttz

July 30. Jacksonville TC Summer Classic, Bolles Track. 10-yr. age groups for 30+. Lamar Strother, 1511 S. McDuff Ave., Jacksonville, FL 32205. 904/388-7860;

October 8-9. Thomasville Fall Masters Decathlon/Heptathlon. Bill Busby, 11 Culbreth Ave., Thomasville, NC 27360. 910/476-1228.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

July 16, 4th Annual Dayton Masters Track Classic, Dayton H.S. Welcome Stadium, Dayton, Ohio. Bob Jones, PO Box 17706, Dayton OH 45417. 513/837-2754.

July 23. Cleveland Track Classic, Independence HS, Independence, Ohio. Geoff Packer, 2845 N. Park Blvd., Cleveland Hts, OH 44118-4030. 216/371-2822

July 23. Masters Return to Illinois Championships, Libertyville High, Libertyville, Ill. \$1000 cash prizes. Dinner reception July 22 with Marion Irvine, keynote speaker, SASE to: Masters Return to Illinois, 719 Stonegate Ct., Libertyville IL 60048.

July 30. Midwest Masters Championships, Marshall U. (not regional championships). David Stooke, 119 Cheyenne Tr., Ona, WV 25545, 304/736-8474,

July 30. USATF Midwest Regional Masters Championships, Lisle, IL. Clarence Trinkner, 633 Sunset Drive, Janesville, WI 53545, 608/756-5260.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

July 12-16. Minnesota Sr. Olympics. Open to out-state. 55 + . Kathy Larsen, 330 City Hall, Duluth, MN 55802. 218/723-3724.

July 24. USATF Mid-America Regional Masters Championships, National Sports Center, Blaine, 20 minutes north of downtown Minneapolis. Tom Thorne, 525 Oak Ridge Dr., Neosho, MO 64850. 417/451-7417.

August 21. U.S. Masters — Senior Olympic EM "R" Meet, U. of Minnesota. Preregister SASE to Rachel Lyga, 122 NE 631/2 Way, Minneapolis, MN 55432. 612/574-9661.

September 3-4. Rocky Mountain Masters Games, Potts Field, U. of Colorado, Jim Weed, 11672 E. 2nd Ave., Aurora, CO 80010, 303/341-2980.

SOUTHWEST Louisiana, Mississippi, Texas. Arkansus, Oklanoma

July 8-9. USATF Southern Association Championships, Weight Pentathlon, 56-lb. weight, 3K RW. SASE to Jeff Baty, 321 E. Josephine St., Gonzales, LA 70737. 504/644-6930.

July 16. Texas Masters Championships, Dallas. Wayne Bennett, 1501 W. Lavender Ln., Arlington, TX 76013. 817/274-0448.

July 23. USATF Southwest Regional Masters Championships, San Antonio. Arthur Rodriguez, 6606 Ben Hill, San Antonio, TX 78239. 210/651-5414.

July 28. New Orleans TC Meet, Tad Gormley Stadium. 5:30 pm. Chuck George, 504/482-6682; 468-1488.

August 17-20. UMC West Texas Senior Sports Classic, Texas Tech U., Lubbock. 50+. Open to out-state. Peter Laverty, 2001-19th St., Lubbock TX 79401. 806/767-2710.

WEST Arizona, California, Hawaii, Nevada

June 22 July 28. 33rd Annual All-comers meets, Los Angeles. Wed: Birmingham High, Van Nuys; Thu: Bell High, Bell. 818/904-2164.

ON TAP FOR JULY

TRACK AND FIELD

The USATF National Masters Decathlon Championships, Joplin, Mo., on the 16th-17th head the list of a very busy month.

Regional championships are scheduled for U.C. Irvine, Calif., on the 2nd-3rd; Tacoma, the 23rd-24th; San Antonio, the 23rd: Blaine, Minn., the 24th; Lisle, Ill., the 30th; and Providence, R.I., the 31st.

The 10th finds the Trojan Meet at USC, and a Florida Athletic Club meet in Boca Raton. The weekend of the 16th-17th shows action in Nashville; Los Angeles; Dallas; Dayton, Ohio; Florence, S.C.; Union City, Calif.; and the Philadalphia area. The weekend of the 23rd includes meets in Cleveland and Libertyville, Ill., with cash prizes and Sister Marion Irvine as guest speaker. The Midwest Masters Meet in West Virginia and Buffalo Belles & Brawn Meet are scheduled for the 30th.

Overseas, WAVA Regional Championships will be decided for Oceania. National championships will be held in Britain and Malaysia.

LONG DISTANCE RUNNING The WAVA World Veterans RR Championships, Ontario, Canada, on the 30th-31st is the main event. Earlier important races include the Peachtree 10K on the 4th in Atlanta; Chicago 20K and Utica Boilermaker 15K in N.Y. on the 10th; and Bix 7 Mile, Davenport, Iowa, on the 30th; with the San Francisco Marathon closing the month on the 31st.

RACEWALKING

The USATF National Masters 10K Championships return to Niagara Falls on the 16th. The MAC 3K Championships hit the pavement in Central Park on the

July 2-3. USATF West Regional Masters Championships, Univ. of California at Irvine. Bill Adler, director, 435 Tahquitz Canyon Way, Palm Springs, CA 92263. 619/325-6307.

July 7, 14, 21, 28. Timber Wolf TC Summer Series, Encina HS, Sacramento, Calif. 6 pm. TWTC, PO Box 19142, Sacramento, CA 95819. 916/489-2708.

July 7-August 4. Santa Barbara All-Comers, SBCC La Playa Stadium. 6 pm. 805/965-0581, x2275. July 9. 22 Paulsen.

July 9, 23, 30. USATF SCA All-Comer Meets, Los Angeles City College. 5 pm. Marv Thompson, 213/953-4260; LA Patriots USA 213/662-1062.

July 10. Trojan Masters Meet, USC, Los Angeles, Russ Reabold, 1125 Stimson Ave., La Puente, CA 91744. 818/917-6289.

Continued on next page

Continued from previous page

July 16. USATF Pacific Association Championships, Logan HS, Union City, Calif. Ed Seese, 510/523-8618.

July 16-17. Patriot Invitational, Cerritos College, Norwalk, Calif. Marv Thompson, 2301 Hyperion Ave., Suite P, Los Angeles, CA 90027-4711. 213/662-1062.

July 18-August 11. James Logan T&F Camp, Logan HS, Union City, Calif. 5 pm. Logan T&F Camp, James Logan HS, 1800 H St., Union City, CA 94587. Lee Webb, 510/471-2520, x5113(d); 505-9557(e).

July 23. USATF/Pacific Masters & Submasters Weight Pentathlon Championships, KELfield, Santa Cruz, Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408/458-0202.

July 30. KELfield #30. All throws, including weight and superweight. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408/458-0202.

July 30. Santa Cruz Age-Graded Championships, Soquel HS. Ages 18 and up. Santa Cruz TC, PO Box 1803, Capitola, CA 95010. Bill Johnson, meet director, 408/335-0460(h).

August 6. Sky Jumpers Age-Group Pole Vaulting Championships. 4:30 pm. SJVC, 6505 Santa Cruz, Atascadero, CA 93422. Jan Johnson, 805/466-8119.

September 10. Nor. Cal. Seniors Classic, UC-Berkeley. Mark Grubi, director, PO Box 424512, San Francisco, CA 94142-4512.

September 11. Sri Chinmoy Masters Games, CSU-Long Beach. 40+. Bigalita Egger, 310/645-0271.

Sepember 17. KELfield First Anniversary Meet. Meet followed by all-you-caneat/drink. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408/458-0202.

September 17-18. California State Senior Games Championships, San Diego. SASE to Senior Sports Festival, 5384 Linda Vista Rd., Suite 200, San Diego CA 92110. 619/543-9046; Fax: 619/543-9239.

October 1 (tentative). Club West Masters Meet, Santa Barbara City College. 805/682-9540.

October 19-21. Huntsman Senior Games, St. George, Utah. 1-hour drive north of Las Vegas, 50+. Sylvia Wunderli, Huntsman Games, 1355 South Foothill Drive, #103, Salt Lake City, UT 84108. 801/583-6231. Fax: 801/583-5231.

NORTHWEST Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming.

July 8-10. Oregon Senior Games/State Games of Oregon. No out-state. Ron Allen, 4840 SW Western Ave., Beaverton, OR 97005. 503/520-1319.

July 9. Helena Masters/Seniors Meet, Vigilante Stadium. Manuel/Helen White, P.O. Box 5058, Helena, MT 59604. 406/227-5020.

July 16. Washington State Summer Games, WSU, Pullman. Open to non-residents. USATF card required. Mike Hinz, 509/335-3325w; 509/332-1168h (5:30 pm-11

July 21-23. Montana Senior Olympics, Kalispell. 50+. Don Tavolacci, MSO, 465 Freedom Ave., Billings, MT 59105-2202. 406/252-2795.

July 23-24. USATF Northwest Regional Masters Championships, Lincoln Bowl, Tacoma. Pacific Northwest T&F, 4261 S. 184th St., SeaTac, WA 98188. 206/433-8868.

July 28-29. Portland Masters Classic. Gresham, Ore. Joe Thielmann, 3004 N.E. 48th St., Vancouver WA 98663.

July 29-30. Montana Masters Meet, MSU-Bozeman. Mike Carignan, PO Box 5132, MSU, Bozeman, MT 59717-5132.

CANADA

July 9-10. BC Masters Decathlon Championships, Vancouver, BC, Canada, Grant Lamothe 604/856-7381.

August 4-7. WAVA North American Regional Championships, Edmonton, Alberta, Canada. Liz McBlain, 10427 21st Avenue, Edmonton, Alberta, Canada, TJ6 5E9, 409/438-2911

September 10. Canadian Masters 1994 Inter-Club T&F Championships. York Univ., Toronto. Jim Flowers, CMAA, 479 Drewry Ave., Willowdale, Ontario M2R 2K9. 416/495-4059.

INTERNATIONAL

July 1-9. WAVA Oceania Regional Championships, Suva, Fiji. Tony Compain, PO Box 1175, Suva, Fiji Islands.

July 16-17. 1st British- Veterans Athletics Federation Championships, Bedford, 50 miles north of London. Peter Duhig, 42, Wimbotsham Rd., Downham Market, Norfolk PE389PE, England.

July 30-31. 8th Malaysian Veterans Athletic Championships, Malacca. Malaysian Association Veteran Athletes, 105, Road 5, Tan Yew Lai Gardens, 58200 Kuala Lum-pur, Malaysia. FAX 03-791-1344.

September 10-11. San Juan International Masters Meet, San Juan, Puerto Rico. Puerto Rico Masters Assn., PO Box 31300, 65th Infantry Station, Rio Piedras, PR 00929-0300. G. Gonzalez Julia, 1-809/765-5702; Jesus Galvez, 1-809/789-7436

September 26-October 8. Third International Masters Games, Brisbane, Australia. Sports Travel International, 800-466-6004. Deadline July 15.



Nicholas Papas, 50, Grosse Pointe Park, Mich. M50 winner in the 3000 (10:08.46), USATF National Masters Indoor T&F Championships, Columbia, Mo. Photo by Jerry Wojcik

September 30-October 2. WAVA Asian Regional Championships, Jakarta, Indonesia. Asians only.

July 13-23, 1995. XII WAVA World Veterans Athletics Championships, Buf-falo, N.Y., USA. WVC, PO Box 150, Niagara Square Station, Buffalo, NY 14201-0150. Phone: 1-716/852-2765; 230. Fax: 1-716/852-0131.

LONG DISTANCE RUNNING NATIONAL.

September 17-18. USATF National Masters 24-Hour Championships, Sylvania, Ohio. Tom Falvey, 2338 Laskey Rd., Toledo, OH 43613. 419/475-0731.

October 2. USATF National Masters Marathon Championships, (Twin Cities Marathon), Minneapolis. Bruce Mortenson, 15301 Highland Ave., Minnetonka, MN 55345, 612/673-0778.

October 2. USATF National Masters 5K Championships, Syracuse, N.Y. David Oja, 213 Scott Ave., Syracuse, NY 13224.

October 16. USATF National Masters 10K Cross-Country Championships, Canandaigua, N.Y. Peter Glavin, 170 Maywood Ave., Rochester, NY 14618.

November 6. USATF National Masters 5K Cross-Country Championships, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220. 614/459-2547.

November 13. USATF National Masters 15K Championships, Schenectady, N.Y. Ed Neiles, 17 Norwood St., Albany, NY 12203. 518/482-9032.

November 19. USATF National Masters 8K Cross-Country Championships, Boston, Mass. Fred Treseler, 79 Manet Rd., Chestnut Hill, MA 02167. 617/964-7802. December 4. USATF National Masters 10K Championships, St. Louis, Mo. Tom Eckelman, 7140 Waterman, St. Louis, MO 63130. 314/727-7582.



Ellen Humphrey, W65 winner (56:29), Straub Hawaii Women's 10K. Honolulu.

Photo by Tesh Teshima

EAST Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia Pennsylvania, Rhode Island, Vermont

July 2. Long Island Women's 5K, Jericho, N.Y. 516/433-0919.

Continued on next page

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH JULY 1994

ATHLETES WHO ENTER A NEW DIVISION

ATHLETE (RESIDENCE)
BIRGIR ASPLUND (SWEDEN)
REGINALD BARLOW (AUS)
GABRIEL BERNAL (BRIGHTON, MA)
GLENN BRADD (BLOOMINGTON, IL)
THOMAS BROOKS (NYC, NY)
THOMAS BROOKS (NYC, NY)
PAUL DUNGAN (PORTLAND, OR)
MANFRED GARBISCH (WG)
LARRY GREGORY (PHILADELPHIA, PA)
RICHARD HICKMAN (LIVERMORE, CA)
HERMAN HIRSCH (WG)
MAURICE HOUVION (FRANCE)
NOEL JOHNSON (SAN DIEGO, CA)
GAYLON JORGENSEN (HENDERSON, NV)
SING LUM (BAKERSFIELD, CA)
BOB MCGOWAN (RANCHO MIRAGE, CA)
JOHN MCKNIGHT (CA)
LARRY MILLER (GRANVILLE, OH)
H. OKADA (JAPAN)
JOHN PERRY (LAGUNA HILLS, CA)
DONALD RAMOS (APTOS, CA)
ROBERT SADLER (CHICAGO, IL)
KURT SCHUMAKER (WG)
DAVID SHRADER (ENTERPRISE, KS)
JAMES NELSON DA SILVA (BRA)
NOLAN SMITH (PASADENA, CA)
EDVARD TAMM (URS)
LEON TROUT (UNION, NJ)
JEAN VALLES (FRA)
DICK WAGNER-SMITH (SANTA SUSANA, CA)
LLOYD WALKER (NZ)
TED WILSON (US)
CURTIS WRIGHT (AMBLER, PA)
RUTH ANDERSON (OAKLAND, CA)
PENNY DANIELSON (MILAN, IL)
HELEN PARKER (SYLMAR, CA)
AGATHA SUE-LEE (US)
VIRGINIA TERRY (LONG BEACH, CA)
ANNE TRIGGS (ST. PETERSBURG, FL)
BRENDA ATKINSON (GB)
TAMARA DANILOVA (URS)
DANIELLE DESMIER (WG)
VERNY FALKEBORG (DEN)
HELENA FIBINGEROVA (CZE)
CAROL GOULD (GB) BIRTHDATE 7-21-29 7-22-4 7-29-39 7-22-24 7-5-29 AGE GROUP 65-69 90-94 55-59 70-74 65-69 RIELLE DESMIER (WG)
RNY FALKEBORG (DEN)
LENA FIBINGEROVA (CZE)
ROL GOULD (GB)
ITH JACOBSEN (DEN)
Y KENNETH-LOW (NZ)
RIE LYNNERUP (DEN)
NDRA MEWETT (BER)
RIA BONNI (FER)

Continued from previous page

July 9. NYRRC 1+2+3=6 Mile Relay (3-person teams only), Central Park. NYRRC, 9 E. 89th St., NY, NY 10128. 212/860-9754.

July 10. Utica Boilermaker 15K. Earle Reed, PO Box 4729, Utica, NY 13504. 315/797-1310.

August 6. Phelps Sauerkraut 20K, Phelps, N.Y. 28th Annual, George Tillson, Wiborn Rd., Shortsville, NY 14548, 716/289-4250. August 7. Green Mountain Road Race 10K. The Summit Lodge, Box 119, Killington, VT 05751. 802/422-3535 or 800/635-6343 (out-of-state).

August 21. Falmouth 7 Mile. Jon Carroll & Rich Sherman, Box 732, Falmouth, MA 02541. 508/540-7000.

August 28. Annapolis 10 Mile. Annapolis Striders, PO Box 187, Annapolis, MD 21404. 410/268-1165.

SOUTHEAST
Alabama, Florida, Georgia, N. Carolina,
S. Carolina, Tennessee, Virginia

July 4, 25th Peachtree Road Race, Atlanta. SASE (before March 1) to Peachtree RR, Atlanta TC, 3097 E. Shadowlawn Ave., NE, Atlanta, GA 30305.

August 13. Full Moon Frolic Run, Sperling Center, DeLand. 6 pm. John Boyle, PO Box 1824, DeLand, FL 32721. 904/736-0002.

August 27. Maggie Valley Moonlight 8K. Chamber of Commerce, PO Box 87, Maggie Valley, NC 28751. 704/926-1686.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

July 10. Chicago Distance Classic 20K. Collen Lawler, 1440 W. Washington Blvd., Chicago, IL 60607. 312/786-1900.

August 4. Chemical Bank Corporate Challenge Series, 5K, Chicago. The Eventors, Inc., Jane Canepa/Shelby Cunningham. 312/944-6667.

August 20. Parkersburg Half-Marathon (USATF Open Men's Championship). Half-Marathon, PO Box 718, Parkersburg, WV 26102. 304/424-2786.

August 27. Crim 10 Mile. Crim Festival of Races, PO Box 981, Flint, MI 48501. 313/235-3396.

MID-AMERICA
Colorado, Iowa, Kansas, Minnesota,
Missouri, New Mexico, N. Dakota, Nebraska,
S. Dakota

July 2. Smokey Bear 10K/2 Mile. SASE to Friends of Smokey, PO Box 545, Capitan, NM 88316. Mary & Howard Shanks, 505/354-2699.

July 4. Coast To Coast Freedom 8K. Prairie Striders TC, Box 267, Brookings, SD 57006. 605/692-2414.

July 17. KRDO Colorado Springs 10K. Triple Crown of Running, PO Box 38235, Colorado Springs, CO 80937. Fred Mais, director, 719/687-6893.

July 30. Bix 7 Mile, Davenport, Iowa. Ed Froelich, 2685 E. Kimberly Rd., Bettendorf, IA 52722. 319/359-9197.

August 20-21. Pikes Peak Ascent (20th) & Marathon (21st), Manitou Springs, Colo. Triple Crown of Running, PO Box 38235, Colorado Springs, CO 80937. Limited en-

SOUTHWEST Arkansas, Louisiana, Mississippi, Oklahoma, Texas

July 4. Baytown Heat Wave 5 Mile. Masters money. Baytown Easy Striders, 4400 Kendall Rd., Baytown, TX 77521. Mary Feniello, 573-1034(h); 420-4535, x246(w), or Pete Cote, 424-2668(h); 420-4819(w). July 4. Firecracker Fast 5K, Little Rock, Ark. William Schroeder, 704 Central Ave., Dunkirk, NY 14048, 716/366-3701.

October 22. Cherry Street Road Mile, Tulsa, Okla. \$10,000 prize money and incentives for masters. Fred Ebrahimi, PO Box 4246, Tulsa OK 74159-0246. 918/744-4222; Fax: 918/749-2444.

WEST Arizona, California, Hawaii, Nevada

July 24. Wharf To Wharf 6 Mile, Santa Cruz, Calif. WTW, PO Box 307, Capitola, CA 95010. 408/475-2196.

July 31. San Francisco Marathon. SF Marathon, c/o Pacific Assn., PO Box 77148, San Francisco, CA 94107.

August 21. America's Finest City Half-Marathon. Neil Finn, PO Box 3879, San Diego, CA 92163. 619/297-3901.

August 27. Mt. Charleston Run (18 mile/8 mile/4 mile). Mike Naylor, 4727 Beaconsfield St., Las Vegas, NV 89117.

August 27. Las Vegas Forest Challenge. Cool 18K, 8K, 4K runs. Mike Naylor, 702/383-1276.

September 11. Run Through the Hangars II, 5K/10K Run, Marine Corps Air Station, Tustin, Calif. Gunnery Sgt. Mike Gonzales, 714/726-7531.

September 17. Juan In A Million 5K, Las Vegas. Ed Preciado, 700 E. Charleston Blvd., Las Vegas, NV 89104. 702/366-7289. October 1. 18th annual St. George Marathon, St. George, Utah (1 hour drive from Las Vegas). 2560 feet descent. St. George Marathon, 86 S. Main St., St. George UT 84770.

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming.

NORTHWEST

July 4. Butte To Butte 10K. Oregon TC, BTB, PO Box 10825, Eugene, OR 97440. 503/687-1989.

July 15-16. Mt. Rainier To The Pacific Relay, Mt. Rainier National Park to Ocean Shores, Wash. 180 miles, 12-person teams. PO Box 17086, Seattle, WA 98107. 206/782-6547.

August 6. Homer's Classic 10K/2 Mile Fun Run. Mike or Joanne Stewart, 540 Edgwood, Silverton, OR 97381.

October 1. St. George Marathon. 13th largest in US, 2800 runners last year. Kent Perkins, Leisure Services, 86 S. Main St., St. George, UT 84770. 801/634-5850.

INTERNATIONAL -

July 30-31. 2nd WAVA World Veterans Road Racing Championships, Scarborough (Toronto), Ontario, Canada. 10K, 30th/25K & 20K RW, 31st. WAVA RR Championships, 1220 Sheppard Ave. East, Rm 218, Willowdale, Ontario, Canada, M2K 2X1. Phone: 416/495-4059; Fax: 416/495-4310.

July 31. BVAF 10 Mile Championships, Oswestry, Shropshire. Doug Morris, 27 Whittington Rd., Oswestry, Shropshire SY 11 IJO, England

RACE WALKING

January 1-December 31. One-Hour Postal Racewalk. Shore AC, Elliot Denman, 1-Hour Postal RW Coordinator, 28 N. Locust Ave., West Long Branch, NJ 07764. 908/222-9080.

July 2. Southeastern Regional Masters 8K Racewalk Championships. 8 p.m. Ed Boehmke 803/268-6480.

July 10. MAC 3K Championships, Central Park, NYC. SASE to Stella Cashman, 320 E. 83rd St., Box 18, NY, NY 10028. 212/628-1317.

July 15-17. Martin Rudow 2nd Annual Racewalking Seminar, Niagara Falls. Paul Geyer, PO Box 1816, Detroit Lakes, MN 56502-1816, Ph/Fax 218/847-0410.

July 16. USATF National Masters 10K Racewalk Championships, Niagara Falls, N.Y. Dave Lawrence, 94 Harding Ave., Kenmore, NY 14217. 716/875-6361;

August 12-14. USATF National Masters 5000m/M20K & W10K Racewalk Championships, Eugene, Ore. See National T&F.

August 28. MAC/Eastern Regional 10K Relay (2x5K) Championships, Central Park, NYC. Stella Cashman, 320 E. 83rd St., Box 18, New York, NY 10028. 212/628-1317.

September 4. North American 15K Championships, Washington, D.C. Sal Corrallo, 703/243-1290.

September 4. Western Regional 15K Open and Masters Racewalk Championships/5K Ladder and 5K Mayor's Cup Racewalk. Gene Dix, 2301 El Nido Court NW, Albuquerque, NM 87104. 505/242-3713.

September 11. USATF National Masters 40K Racewalk Championships, Ft. Monmouth, N.J. Elliott Denman, 28 No. Locust Ave., West Long Branch, NJ 07764. 908/222-9080

October 1. Alongi International Racewalk Classic, Dearborn, Mich. "Premier walking event in North America." 20K, 10K, 5K, 3K. Separate masters 5K and 10K. Ross Barranco, 3235 Musson Rd., Howell, MI 48843-9057.

* * * * TRACK SHOE SPECIALS * * * *

The following discontinued models are offered at these low prices. The sizes which were currently have are listed below.

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11.11.5,12.13 \$199-93, \$69.00

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U.S. MASTERS TRACK & FIELD RANKINGS (Coordinated by Jerry Wojcik, T&F Rankings Chairman)

1994 Indoor 55m Compiled by Larry Patz	GENE BALLARD JEROME BELINSON	1.40 EDNA CRAWLEY 1.50 KATHY MCKEEVER 1.50 LEAH REWOLINSKI	8.50 8.50 9.15	TRIP REYNOLDS BILL KRIEGER DENNIS BROWN JESSE NORMAN	24.80 24.80 24.97 25.04	31- 40 B ADDISON THOMAS J HARTMAN JACK BRUNNER	28.77 28.90 29.40	DOC BENNETT 40.3: ANGELO OLIVER 41.8: GEORGE BLYN 41.9: NATHANIEL WHITE 43.4:	BRUCE SWEENEY 5	7.30	31- JIM CLARKE 1:06.70 JEFF STRAUSSMAN 1:07.20 GARY SIEGMONE 1:07.60
MEN'S 30-34 1- 10 STEVEN GORRIARAN 6.40 MATT GODBOLT 6.50 FRED FEASTER 6.70	THOMAS J HARTMAN 11- 20 PAUL GANSLE KEN WINTERS	MARY RYAN DEBBIE TROY DEBORAH HABECKER	8.32 8.50	FREDERIC D. MURRELL ERROL LEE WALTER BROWN JEFF EVANGELISTI 21- 30	25.30 25.34 25.36 25.39	MIKE KENDALL STEVE MURPHY MIKE CACCUITTO LARRY ABRAHAMSON KEN WINTERS	29.48 29.60 29.67 29.80 30.31	MEN'S 75-79 1-9 ROD PARKER 30.7 JAY SPONSELLER 32.7 GARPIELD SCHOENER 34.4	SCOTT KELLER DANIEL BERNHOPEN TOM CARROLL 5	7.60 58.12 59.20 59.54	PRED ARDIZZONE 1:07.70 RON KUYKENDALL 1:09.50 MEN'S 50-54 1- 10 IIAROLD MORIOKA CAN 54.15
BARRY CRIMES 6.70 BILLY E VAUGHN 6.70 JOHN BURKS 6.80 SPENCER JOHNSON 6.80 CHRIS SYDNOR 6.80 JOHN BRAUDOT 6.87	WALTER THORNE 7 PETER TAMS CAN 7 WILLIAM BURRELL 7 BILL ANGUS 7	.72 SUE PENIMORE .77 WOMEN'S 45-49 .80 1-6 .80 LORRAINE TUCKER	9.90	TONY NATALE ROBERT HAHN PERSHING REID WALDEN CURRY JOE CARTER	25.40 25.41 25.50 25.64 25.70	RICHARD A. CICCONE DAVE ELLIS 41- JIM HODGE ROBERT FLAGLER	31.00 31.20 31.21	BEN MACKERETH CAN 35.3' CHAMPION GOLDY MILO LIGHTPOOT 36.7' ROBERT SORLIEN 38.5' ALBERT FAIRCHILD 39.6'	RUSSELL WATSON 1:0 MEN'S 35-39 1-10 JAY MATHIS 5	2.70	DENNIS DUFFY 55.74 INVIN HEATH 58.29 MICHAEL BOUDREAUX 58.70 LES WRIGHT 59.28 WALTER THORNE 59.78
JOHN BEAUDOT 6.87 BERNARD LITTLE 6.90 11-20 CALVIN JOHNSON 6.90 BILL JAHNER 6.93 BILL HUGHES 7.00	BOB JURGENS 7 21- 29 DAVID CONNOLLY 7 RANDALL CLEVEN 7	.80 KATHLEEN CIRINA .80 NADINE LOWENSTEIN PATRICE THOMAS .80 DONNA CETRULO .85 CAROL HART		PHILIP FELTON KEN KRING JIM DOLEZEL DAN SWANSON BILL BIXLER	25.80 26.00 26.07 26.14 26.20	KEN KEPPLER DOUG FROST GEORGE LABELLE JOHN LAGRAFP SAM CLEMENCE	31.40 31.50 33.20 33.30 37.20	EMIL GOTTLOB BALZ 44.03 MEN'S 80-84 ALEKS ERNESAKS CAN 35.50 MILO LIGHTFOOT 36.40	RANDY BENSON 5. RICK SMITH 5. RON MANION 5. JAMES EASTER 5.	3.10 3.17 3.56 3.80 4.03	LEW WRIGHT 59.94 KINGSLEY CLARKE 1:00.09 ABELARDO LOPEZ 1:00.49 ALLEN MCDANIEL 1:00.87
PATRICK DALEUS 7.00 JOHN ALLEN 7.01 KEVIN GLEASON 7.08 DAN COLLIS 7.09 BRIAN DALY 7.10	BOB CHINCHILLO 8 BILL HOW 8 BOB FUHRMAN 8 GEORGE LABELLE 8	.04 WOMEN'S 50-54 .05 M SACHS .10 BARBARA STEWART .20 KATY GOTTSCHALK .24 J RAMSDEN	8.69 8.94 9.20	31- 40 CHARLES EL JIM GEER TOM CUNNINGHAM JOHN JONES	26.70 26.81 26.87 26.90	MEN'S 55-59 1- 10 JAMES MATHIS CLIFFORD PAULING MICHAEL BOUDREAUX	25.30 25.99 26.24	VIRGIL MCINTYRE 39.6 JERRY WIBLE 39.7 EDWARD BOST 39.8 WOMEN'S 30-34	MIKE O'MALLEY RICH CLOUGH KEN ELLIS 11- 20	4.76 4.94 5.14 5.42	H BENNETT 1:00.94 BILL KNOCKE 1:01.18 B ADDISON 1:01.18 ROBERT O'BRIEN 1:01.70 STEVE COTTLE 1:01.81
JOHN 7.14 MICHAEL MALLORY 7.28 21- 26 BOB MURPHY 7.30	HANS EHRNSTROM 8 MEN'S 55-59 1- 10 ROOSEVELT WEAVER 7	60 WOMEN'S 55-59 RACHEL LYGA JOANN GRISSOM SUE TUNNICLIFF	9.11 9.54 10.68	HIDGE KIRBY TOM ALLCORN T LICCIARDELLO RODNEY MOORE MICHAEL WALKER	26.92 27.30 27.55 27.60 27.64	CHARLES MILLER EDWARD SMALL JOSEPH HEMLER WAYNE BENNETT J. VANDERVLEUTEN CA		1- 10 JOEANN JACKSON 27.2 JOHANNE ST JEAN 27.2 KELLY ETHERIDGE 28.4 DEBORAH BORGES 28.7	STEPHEN WINKEL 5 JOHN ADAMS 5 PRANK MAKOZY 5 JEFF WATRY 5	6.07 6.10 6.11 6.22 7.15	JERRY SMITH 1:02.40 ROBERT WILLIAMS 1:02.68 BOB CHINCHILLO 1:02.93 JOHN ALLEN 1:03.10 ALLEN DREW 1:03.30
MARK BALDANI 7.46 RUSSELL WATSON 7.50 MALCOLM BURKES 7.51 BILL REPETTO 7.60	GROVER COATS 7. JOSEPH HEMLER 7. RICHARD OCKER 7. WAYNE BENNETT 7.	20 NANCY MERRILL 30 ELIZABETH GILMORI 40 WOMEN'S 60-64 1- 7 JOAN DUGAN		DAVID DODSON 41-50 JOHN CAPPOCCIA NORM CREEN LARRY RODENBECK	27.84 27.90 27.97 28.17	LARRY COLBERT RICHARD RIZZO 11- 20 KENNETH BAKER RONALD KIRKPATRICK		BETTY WHITAKER 28.8 SANDRA FORD CENTONZE 28.9 BELINDA MCCOY 29.0 DENISE JONES 29.0 ANGELA NEALY 30.2	FRED HERVERT JOHN HAINS MARIO BASTOS TERRY MCCONNELL 5	7.20 67.47 67.70 67.90	21- 30 JEFF TINDALL 1:03.70 BOB FUHRMAN 1:04.60 LARRY ABRAHAMSON 1:05.40 RAB HAGIN 1:05.54
MEN'S 35-39 1- 10 JAMES HILLIARD 6.43 DAVID CHERRY 6.60 K CRANFORD 6.70	RONALD KIRKPATRICK 7. RICHARD RIZZO 7. CLIFFORD PAULING 7. 11- 20	78 NANCY AMMERMULLER SALLY SECOMBE JOYCE FRANKS BARBARA HENNING	9.70 11.01 11.50 11.60 12.12	J SIGOVIN RICH PERRINE TOM CROWLEY ALVIN WILLIAMS STEPHAN NIX	28.18 28.20 28.70 28.70 28.80	PAT MEAGHER	27.30 27.50 27.57 AN 27.66 28.00	ANNETTE SPOERE 30.7 11- 12- 13- 14- 15- 16- 16- 16- 16- 16- 16- 16- 16- 16- 16	JOI ROINI D BLAIR ROBLIN CAN 1:0 D JONATHON SKRIPKO 1:0 MARK WESTPHAL 1:0	3.50	THOMAS J HARTMAN 1:06.00 PETER FELDMAN 1:06.19 JIM PALMERI 1:06.29 HUGH WILSON 1:06.30 MIKE CACCUITTO 1:06.48
PHIL CONZENTINO 6.70 STEPHEN DAVIS 6.90 RON MANION 6.90 THOMAS REWOLINSKI 6.91 KEN ELLIS 7.00	THERON NEISEN 7. EDWARD ARNOLD 7. JOHN HEAD 7.	80 MELVA MURRAY 80 WOMEN'S 65-69 80 ANN MCGOWAN	11.24	JOHN CONDON RICK CLEARY 51- 60 ZBIGNIEV ZLOBICKI BOB KLINETOP	28.90 28.90 28.90 28.90	JOHN MACDONALD VINCENT RUFFIN LARRY CARTER 21- 30 DONALD AMERY	28.01 28.31 28.74 28.78	MARY BOHLIG 32.2 KAREN BEDARD 34.4 WOMEN'S 35-39 1-10	KEVIN REYNOLDS	04.40 04.80 07.82 08.80 1.60	THORNTON SHELTON 1:08.18
WINFORD HAYNES 7.00 JAMES EASTER 7.00 11- 20 KEN PAZDERNIK 7.07 DOMINIC ST JEAN 7.13	JOHN MACDONALD 8. ED KENT 8.	1994 Indoor	14.50 200m	D PETERSON PETER MCCLURE DOUG HOLMBERG KEN HINMAN MICHAEL SHARRATT	29.03 29.20 29.87 30.20	GROVER COATS JOHN HEAD CARLOS VERNON CLARKE LITTLE THERON NEISEN	28.80 28.91 29.26 29.34 29.40	LOUISE CLARK 27.8 CHERYL ALSTON 29.2 PAMELA KING 29.4 TERRY MANLEY 30.3 KATIE WHITENER 30.7	MEN'S 40-44. 1- 10 DOREL WATLEY GERALD KRAINIK 5	2.00 2.39 2.80	MIKE KENDALL 1:09.22 DAVE ELLIS 1:11.20 ROBERT FLAGLER 1:11.43 DOUG FROST 1:11.50 MEN'S 55-59 1- 10
LEON DEVER 7.14 DON TARASEWICZ 7.16 DAVID CLARK 7.20 GLEN EVELYN 7.20 RANDY KOOPMAN 7.25	21- 30 KEVIN MURPHY 8. RICHARD CROAK 8. EARL MEGE 8. E MEZZAPELLE 8.	11 1- 10		JOHN SPASIW STEVE DOWLING GARY DIAMOND 61-65 DAVID OJA	30.46 30.98 31.00	DAVID GALLIGANI FRED BIEDERMAN JOE STRAUB JAMES BRADLEY 31- 40	29.64 29.66 29.69 29.70	RITA PLAGLER 31.1 PATTI FORD 31.8 EDNA CRAWLEY 32.0 LEAH REWOLINSKI 32.9 SUSAN WILLIAMS 33.8	D RALPH PENN 55 GARRY CRAWFORD 55 RANDY BENSON 55 KEN POPEJOY 55	2.80 2.90 3.07 3.16	JAMES MATHIS 56.10 BILL MCILWAINE CAN 57.97 KENNETH BAKER 58.00 LARRY COLBERT 58.60
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ROB DORAN 7.87 MEN'S 40-44 1-10 KEITH WITHERSPOON 6.70 COLIN WILLIAMS 6.74	D CORBOSTERO 9. MEN'S 60-64 1-10 OSCAR TAYLOR 7. WILLIAM JANKOVICH 7.	FRED FEASTER CALVIN JOHNSON JOHN ALLEN 11- 20	24.10 24.40 24.50	1- 10 FREDERICK SOWERBY STAN DRUCKREY ROBERT MITCHELL FRED COLLINS	23.14 23.67 23.86 24.20	RICHARD CROAK JIM PETERSON MIKE MURPHY J MADDEN JACK UCCI	31.07 31.09 31.10 31.80 32.20	WOMEN'S 40-44 1- 10 MARY RYAN 30.1 DEBBIE TROY 31.6 BETTE VARGAS 32.0	DONALD HODGE JESSE NORMAN KARL CASTOR DAVID ORTMAN	4.70 5.31 5.40 5.50	JOHN MACDONALD 1:01.20 11-20 MICHAEL BOUDREAUX 1:01.68 RENE WILETT 1:01.80 THOMAS FONDY 1:02.10
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JIM SCIUTO 7.65 PATRICK BOULAY 7.68 DAVID DODSON 7.72 DOUG HOLMBERG 7.75 RICH PERRINE 7.80 TOM CROWLEY 7.90	ROBERT NAYLOR 8. HOWARD MACMILLAN 8. JACK DOORLAY 8. 11- SAM MADIA 8.	20 30 30 30 BEN JAMES JAY MATHIS	22.76 23.39	DAVE WALKER MIKE STEINMETZ KEN KIENZLE MARK STEINMAN DON PROSOSKI	27.50 27.63 28.04 28.12 28.16 28.26	BILL PARDUE 21- 30 STANLEY GILES LAWRENCE GRECO NORMAN ROBINSON	30.19 30.39 30.90	MARILYN MITCHELL 31.90 M SACHS 31.90 YVONNE TASKER 36.40 LOUISE LANTZY 37.90 F SCHLENSENER 41.00 J GULLEY 41.00	PETER MCCLURE 1:0 ALFRED WRIGHT 1:0 RICK CLEARY 1:0 JOHN JONES 1:0	3.00	ROBERT SOBOLEWSKI 1:04.03 PAUL HELTZMAN 1:04.58 PRED GUNTHER 1:06.52 JOHN DARRELL 1:07.90 ROBERT GERLOUGH 1:08.50
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MEN'S 45-49 1-10 JOSEPH JOHNSON 6.70 ROBERT MITCHELL 6.80 RON JOHNSON 7.00 JOHN BATTAGLIA 7.00	R CORMIER 9. PLOYD JACK 9. MEN'S 70-74 1- 9 TIM MURPHY 7.	94 RORY JENNINGS THOMAS REWOLINSKI 11- 20 TYRONE GUIDEN	24.40	LARRY NAFIE JIM ASCIOTI DEL BARBIE PHIL HANKINS RON KUYKENDALL	29.10 29.30 29.60 29.68 29.99	BOB BROCK RAY EILAND 31- 38 HARLAN FAIR ROGER HAHN	32.30 32.34 33.53 33.60	RACHEL LYGA 38.33 RODDIE LARSEN 39.77 NANCY MERRILL 46.68 JANET AMERY 49.73 WOMEN'S 60-64	JOHN SPASIW 1:0 E VAUGHN 1:0 STEVE CALONKEY 1:0 BRIAN LEE 1:0	3.80 4.10 4.30 4.34 4.70 4.80	WALLY MCRAE 1:09.80 TOM BARTENFELD 1:11.30 ROGER HAIIN 1:13.10 ARNOLD MEARDON 1:13.24 FRED LOVELACE 1:14.20
BILL KNIPMEYER 7.00 THADDEUS MORRIS 7.10 EDDIE WATSON 7.10 BILL SELBE 7.20 JOHN STEINL 7.20	VERNON MATTSON 8.	JOE SCHWIETERMAN JAMES HILLIARD DON TARASEWICZ RICK EASLEY	24.40 24.74 24.77 24.78 24.90 25.06	JIM LAWTON STEVE MURPHY JAMES BRADY P GALIPEAU 51-55	30.00 30.10 30.16 30.78	H MILLER BILL O'BRIAN MARTIN ROTHENBERG WILLIAM JANKOVICH JIM DUGAN	34.36 34.40 34.50 34.54 37.25	1- 9 IRENE OBERA 30.36 JANET HOLMES 37.83 DOR. CARMICHAEL CAN 38.71 MARYANN CARRINO 45.80	GREG BENNETT 1:0 61- 70 DOUGLAS FREDERICKS 1:0 JOHN CONDON 1:0	94.98 95.14 95.20	JACK NYHAN 1:14.27 21- MARTIN ROTHENBERG 1:14.50 KENNETH MORRIS 1:15.40 WILLIAM JANKOVICH 1:21.45
MIKE STEINMETZ 7.26 11-20 WILLIAM OVERBY 7.28 ROSS JENSEN 7.29 DENNIS NEWTON 7.29	DOC BENNETT 10. ANGELO OLIVER 10. MEN'S 75-79 JOHN DAVISON 6	18 RICH CLOUGH 18 WINFORD HAYNES RODNEY WILSON 21- 30	25.24 25.50 25.56 25.59	TOM D'ANGELO JEFF STRAUSMANN MIKE OLIVER JOSEPH REYNOLDS PAUL WILLSEY	31.00 31.00 31.10 32.00 33.80	MEN'S 65-69 1- 10 JIM LAW	38.30 26.69	SALLY SECOMBE 46.66 BARBARA HENNING 49.26 MELVA MURRAY 49.86 L RUBEN 51.07 BARBARA MAUTZ 1:01.66	RICK HOLMES 1:0 STEVE DOWLING 1:0 KEN HINMAN 1:0 CHARLES SWANEEKAMP 1:0	5.20 5.45 6.00	BILL O'BRIAN 1:21.80 ESTES REDDITT 1:22.90 MEN'S 65-69 1- 10 CHARLES SOCHOR 1:03.30
PAUL HENRY 7.30 PHILIP FELTON 7.30 ROBERT DAVIS 7.34 PAUL WILSON 7.40 KEN KIENZLE 7.40	GARFIELD SCHOENER CHAMPION GOLDY ROBERT SORLIEN CHARLES JORGENSEN 10	.80 STEPHEN WINKEL .00 RODREY BLUE .00 ROCKDALE HUDSON .64 JOHN FOLAN .20 FRED HERVERT	25.70 25.70 25.79 25.97 25.98	MEN'S 50-54	N 24.09 25.42	MELVIN B. LARSEN BERNARD STEVENS CHARLES SOCHOR PETER KRONBERG BILL BOWERS	28.19 28.27 28.32 28.80 29.05	WOMEN'S 70-74 LAVINA HAEFELE 37.31 CAROL PEEBLES 51.00 LORNA BAUER 51.10 BECKY YENCHICUS 59.90	DAVE HERRINGTON 1:0 GARY DIAMOND 1:0 MEN'S 45-49 1- 10	08.32 08.60	GORDON SEIFERT 1:03.73 JIN LAW 1:05.20 JACK GREENWALD 1:06.25 ANDY ANDERSON 1:07.87 NORM BAUM 1:08.20
MICHAEL AUGERI 7.41 ROBERT MICHO 7.50 21-30 REX HARVEY 7.50 JOSEPH KOPKA 7.52	MEN'S 80-84 EDWARD BOST 10 CLAUDE HILLS 12	.04 TOM QUIGG RANDY KOOPMAN PHIL CONZENTINO MIKE HOPPER 31- 40 PAT CARTER	26.20 26.22 26.70 26.90	SAM TAYLOR MICHAEL BOUDREAUX WILLIAM BURRELL BILL KNOCKE RICHARD JONES	25.72 26.10 26.20 26.20 26.34 26.36	EDWARD COX JACK GREENWALD WILLIAM DAPRANO ANDY ANDERSON 11- 20 JONATHON TOBEY	29.10 29.17 29.46 29.46 29.64	BECKY YENCHICUS 59.90 WOMEN'S 75-79 1DA KEELING 1:00.00 1994 Indoor 400m	STAN DRUCKREY FRED COLLINS PHILIP FELTON PAUL HENRY	4.75 4.80 55.10 57.27 57.30	NORMAN KATZMAN 1:08.70 HOWARD MACMILLAN 1:10.40 ROBERT NAYLOR 1:11.40 WILLIAM DAPRANO 1:13.50 11- 16
RICHARD SEALEY 7.56 MIKE MILOVE 7.66 MIKE MILOVE 7.67 MICHAEL BILLMAN 7.70 MICHAEL BILLMAN 7.70 MISHAEL BILLMAN 7.71 MISHAEL BILLMAN 7.77 MISHAEL BILLMAN MI	MEN'S 85-89 RUSSELL RANDALL 25 WOMEN'S 30-34 1- 10	PHILLIP GRIPPIN DAN CAYLOR TERRY MCCONNELL DAVID HUNT	27.20 27.30 27.80 27.80 28.27		26.37 26.40 26.41 26.60	MANNY HERSCHER NORMAN KATZMAN NORM BAUM WILLIAM BERGEN HOWARD MACMILLAN	30.08 30.20 30.20 30.32 30.60	Compiled by Larry Patz	CURTIS THOMPSON JIM MONTMARYNET SAKHSHAT FLOWERS JOSEPH KOPKA 11- 20	57.30 57.40 57.70 57.72	DICK TAYLOR 1:14.40 WILLIAM BERGEN 1:14.80 DARRELL MITCHELL 1:15.20 SAM MADIA 1:16.20 TOM WALNUT 1:18.80
RAB HAGIN 7.80 DAN LABELLE 7.96 31- PAT PINKERTON 8.00 JERRY TOOMER 8.00	KELLY ETHERIDGE JOEANN JACKSON JOHANNE ST JEAN SANDRA FORD CENTONZE KAREN JOHNSON	.96 R COOK 50 RICK GOUDREAU .51 KEVIN REVNOLDS .71 TOM YUNKER .99 BOB PARKS	28.70 29.01 29.40 29.50 29.70	AVITAL SCHURR IRVIN HEATH RANDALL CLEVEN ABELARDO LOPEZ WALTER THORNE	26.70 26.80 26.99 27.03 27.06	ROBERT NAYLOR SAM MADIA GEORGE HORNER TOM WALNUT	31.13 32.30 34.85 37.30	JOHN BEAUDOT 50.2 SAL ALLAH 51.7 TOM LOWE 52.5 STAN JEFFERSON 52.6 MARK POWELL 52.8 CALVIN JOHNS N 52.0	RAB HAGIN LUIS PANNARALE MIKE HOLLANDER DUSTIN MANN BOB BURKE	57.78 58.58 58.68 58.95 59.70	BUZZY HOOD 1:32.30 MEN'S 70-74 1- 10 SAM MADIA 1:10.49 JACK HIPPLE 1:10.88
RUSSELL ANTERONEN 8.02 JOHN HESS 8.08 P GALIPEAU 8.13 RICH LYSIK SR 8.20 JAMES BRADY 8.29	BETTY WHITAKER JERRIANNE SMITH ANNETTE SPOERE LESLIE LAPRONZ 11- 13	1-10 1-20 BILL COLLINS 1-30 KEVIN NANCE KEITH WITHERSPOO	22.83	KINGSLEY CLARKE JEROME BELINSON THORNTON SHELTON 21- 30 FRED NIEDERMEYER	27.16 27.40 27.51	MEN'S 70-74 1- 10 TIM MURPHY PAUL SAUNDERS OSCAR HARRIS	29.24 30.45 31.09	CALVIN JOHNSON 53.0 ANTHONY KRAINIK 53.1 SPENCER JOHNSON 53.6 FRED FEASTER JOHN BURKS 53.9	GEORGE MAY RON DAVIS NICHAEL BILLMAN KEVIN SMITH BILL SELBE 1:0	59.72 00.48 00.70 00.80 01.20	ARCHIE MESSENGER 1:12.57 PAUL SCHMITT 1:13.47 JIM MANNO 1:15.70 OSCAR HARRIS 1:18.49
BOB WEAVER 8.60 MEN'S 50-54 1- 10 GARY OLIPHANT 7.09	KATHY MCKEEVER COLETE CARTER NANCY ROSE 1 WOMEN'S 35-39	3.60 GERALD KRAINIK DOREL WATLEY GARRY CRAWFORD JONNIE THOMAS DAVID CRAIG	23.63 23.69 23.70 23.72 24.30	PETER PELDMAN ROBERT O'BRIEN PETER TAMS C/ NICK GAILEY TOM STARR	27.96 28.00 N 28.01 28.19 28.20	SAM MADIA JIM MANNO JACK HIPPLE VERNON MATTSON RUSSELL MORE ART OBOKATA C.	31.10 31.50 31.57 32.94 33.50	MARK BALDANI 54.0 CYRUS DODSON 54.4 MICHAEL MALLORY 54.6 LEONARD SANDERS 54.9 PATRICK DALEUS 54.9	21- 30 RICHARD HSAMMEREL 1:0 JIM ASCIOTI 1:0 ROBERT DEL GROSSO 1:0 DALE LADD 1:0	01.52 02.60 03.00 03.40	GEORGE RAJCEVICH 1:27.70 GEORGE BLYN 1:31.40 NATHANIEL WHITE 1:33.10 MEN'S 75-79
RICHARD JONES 7.10 WALTER GIBSON 7.20 THORNTON SHELTON 7.33 PAUL STELMASZYK 7.40	LOUISE CLARK CHERYL ALSTON	7.30 NEIL STEINBERG 11- 20 HAYWARD EVANS TOM DICKSON	24.35 24.50 CAN 24.58	JULIO CESAR MARIN JOHN ALLEN	28.20 28.31 28.40 28.55	ROSCOE C BROWN 11- 16	37.10 37.30	CLYDE WANT 55.4 RODNEY FURR 55.5 LEWIS JEFFERSON 55.7 JIM BUSBY 55.7	STEVE MURPHY 1:0 MARK STEINMAN 1:0 JERRY TOOMER 1:0 JOHN HUNT 1:0	03.70 05.40	BEN MACKERETH CAN 1:24.80
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ILLO LIGHTPOOT 1:27	7. 02 3. 80 Mike Horton M40-44 1-10 Ken Popejoy Nolan Smith Rick Easley 40 Don Drozd Ben Zhao Ton Hartshorne A. 50 1. 70 1. 88 2. 40 0. 50 2. 40 0. 50 8. 87 11-20 Neil Ikouk Rich Schornstein Vincent Shan Rog Rich Schornstein Vincent Shan Sary Fanelli C Lutz Carl Cappello Rich Schornstein Vincent Shan Sary Fanelli C Frost Don Hodge Karl Castor 21-30 John Naslund Walter Brown Norman Dodson Dennis Rademacher Vincent Shaw Brian Lee Mike Blake Don Ryan Rob Jackson Tim O'Keefe 1. 59 2. 20 Mike Hasenauer Mike Hasenauer Mike Belake Don Ryan Rob Jackson Tim O'Keefe 1. 59 2. 20 Mike Hasenauer	2:23.8 1:58.8 2:00.3 2:01.0 2:03.3 2:04.4 2:04.5 2:06.0 2:06.4 2:06.7 2:07.6 2:07.8 2:09.9 2:10.7 2:11.2 2:11.2 2:12.3 2:12.6 2:12.6 2:12.7 2:13.1 2:13.3	Rich Howett Jim Palmeri Larry Simons Paul Rehm Daniel Kirsch Arthur Maillet Bob Bridges Frank Mari Robert Flagler Jeff Guttenberger D Werling Bob Kern Bob Fuhrman James Tisdall Doug Frost William Henkel M55-59 1-10 Sid Howard Ken Baker Bill McIlwaine CAI David Galligani Mike Witkin Cliff Pauling Jim Clarke Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:32.4 2:32.9 2:35.0 2:35.1 2:35.5 2:35.7 2:36.0 2:36.7 2:36.7 2:38.4 2:39.4 2:43.9 2:43.9 2:45.2 2:52.7 2:52.7 2:56.4 2:10.7 2:13.9 N 2:21.0 2:25.2 2:25.3 2:26.3 2:25.3	Paula Taylor Barbara Blaszak Donna Settles Betty Clair Nancy Scott Ellen Bifano Mary Rosado J Roeder Carol Gellman MaryBeth Hasenauer 11-16 Mary Applegate Myra Majors Sue Fenimore Diana Hawkins Sue Sandstrom Jeannine Naslund W45-49 1-12 Phil Raschker Peggy Whitlow Anne Schmitt Sylvie Kimche Marilyn Salvetti Mary Hiatt Nadine Lowenstein	2:33.8 2:38.4 2:43.6 2:47.8 2:48.8 2:49.7 2:51.4 2:52.6 2:54.4 3:03.0 3:04.1 3:04.6 3:06.9 3:11.0 3:12.2	Ivan Black Frank Lulich Bill Schooler Bob Preston Ray Starnes 11-20 James Brady George Eidinger Eric Bray Irwin Taylor Barry Faust Bob Green Ron Salvio Charles Bernard Neal Schuster Ken Underdahl 21-27 George Johnson Tim McGough Jim Woolsey Leon Shingledecker D Hill Jeff Blatt	1.58 1.58 1.57 1.57 1.55 1.53 1.53 1.52 1.52 1.43 1.43 1.43 1.43 1.43 1.43 1.43 1.37 1.37	Ed Coyle M75-79 1-7 Ham Morningstar Charles Irvin Milo Lightfoot Wilbur Ragland Lembit Saar CAN Thomas Thorne Bob Detweiler M80-84 Claude Hills Milo Lightfoot 80 Virgil McIntyre Bob Detweiler Harold Masse W30-34 Marcia Wallace Pia Iacovio Denise Houseman Deborah Eckhardt S Eales	1.19 1.17 1.12 1.09 0.90p 0.84 1.09 1.07 1.04 0.80p 1.37 1.37 1.32	Charlie Richard Tom Langenfeld Haig Bohigian Grover Coats Carlos Vernon Bi Kent Jim Peterson Bob Land .CAN Larry Carter John Head DeWayne Bolton M60-64 1-11 Phil Mulkey Jim Stookey Clarence Trinkner Roger Burke CAN Ronald Peoples CAN Bill Butterworth Don Sibigtroth Jack Lance	10.39 M35 Mike Hogan 1, 9.93 M35 Dan West 1, 9.80 M35 Rick Rogers 1, 9.72 M35 Jerry Dowdy 35 1, 9.26 M35 Wilson Soohoo 13-9.16 M35 Wilson Soohoo 13-9.16 M35 Wilson Soohoo 13-8.86 M35 C Barnard 1, 8.74 M35 Jim Henderson 381 M35 Tom Krebes 1, 10.65 M35 George Munro 10.65 M35 George Munro 10.65 M36 George M37
WOMEN'S 30-34	1-10 A. 44 A. 44 1-10 Ken Popejoy Nolan Smith Rick Easley 40 Don Drozd Ben Zhao 1.70 30 Ben Zhao Ton Hartshorne Rob Walker Joe Showers Tim McMullen Tom Ryan 11-20 Neil Houk Rich Schornstein Vincent Shan Gary Fanelli C Lutz Carl Cappello R Puckerin G Frost Don Hodge Karl Castor 21-30 John Naslund Alter Brown Norman Dodson Dennis Rademacher Vincent Shaw Brian Lee Mike Blake Don Ryan Rob Jackson Tim O'Keefe 1.59 R Poirier Mike Hasenauer Mike Besenauer	2:00.3 2:01.0 2:03.3 2:04.4 2:04.5 2:06.9 2:06.4 2:06.7 2:06.6 2:07.8 2:09.9 2:10.0 2:10.7 2:11.2 2:11.2 2:12.3 2:12.6 2:12.6 2:12.7 2:13.1 2:13.3	Larry Simons Paul Rehm Daniel Kirsch Arthur Maillet Bob Bridges Frank Mari Robert Flagler Jeff Guttenberger D Werling Bob Kern Dob Fuhrman James Tisdall Doug Frost William Henkel M55-59 1-10 Sid Howard Ken Baker Bill McIlwaine CA David Galligani Mike Witkin Cliff Pauling Jim Clarke Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:35.0 2:35.1 2:35.3 2:35.7 2:36.2 2:36.7 2:36.2 2:36.7 2:39.4 2:43.9 2:43.9 2:45.2 2:52.7 2:56.4 2:10.7 2:13.9 N 2:21.0 2:21.2 2:25.2 2:25.3 2:26.3 2:27.7 2:30.2 2:30.2	Donna Settles Betty Clair Nancy Soott Ellen Bifano Mary Rosado J Roeder Carol Gellman MaryBeth Hasenauer 11-16 Mary Applegate Myra Majors Sue Fenimore Diana Hawkins Sue Sandstrom Jeannine Naslund W45-49 1-12 Phil Raschker Reggy Whitlow Anne Schmitt Sylvie Kimche Marilyn Salvetti Mary Hiatt Madine Lowenstein	2:38.4 2:43.6 2:47.8 2:48.8 2:49.7 2:51.4 2:52.6 2:54.4 3:03.0 3:04.1 3:04.6 3:06.9 3:11.0 3:112.2 2:29.4 2:34.2 2:34.2 2:29.4	Bill Schooler Bob Preston Ray Starmes 11-20 James Brady George Eidinger Eric Bray Irwin Taylor Barry Faust Bob Green Ron Salvio Charles Bernard Neal Schuster Ken Underdahl 21-27 George Johnson Tim McCough Jim Woolsey Leon Shinyledecker D Hill Jeff Blatt	1.57p 1.55 1.54p 1.53 1.53 1.52 1.52 1.43 1.43 1.43 1.437 1.37	1-7 Ram Morningstar Charles Irvin Milo Lightfoot Wilbur Ragland Lembit Saar CAN Thomas Thorne Bob Detweiler M80-84 Claude Hills Milo Lightfoot 80 Virgil McIntyre Bob Detweiler Harold Masse W30-34 Marcia Wallace Pia Iacovio Denise Houseman Deborah Eckhardt S Eales	1.17 1.12 1.09 1.09 0.90p 0.84 1.09 1.07 1.04 0.89 0.80p	Haig Bohlgian Grover Coats Carlos Vernon Bi Kent Jim Peterson Bob Land ,CAN Larry Carter John Head DeWayne Bolton M60-64 1-11 Phil Mulkey Jim Stookey Clarence Trinkner Roger Burke CAN Bill Butterworth Don Sibigtroth Jack Lance	9.80 M35 Rick Rogers 1. 9.72 M35 Jerry Dowly 35 1. 9.26 M35 Wilson Soohoo 13- 9.16 M35 Ambroise Corteaul. 8.99 M35 Jerry Rohn 12- 8.86 M35 C Barnard 1. 8.74 M35 Jim Henderson 381. 8.46 M35 Steve Winkel 1. 8.36 M35 Steve Winkel 1. M35 Tom Krebes 1. M35 Tom Krebes 1. M35 George Munro 1. 10.65 M30 George Munro 1. 10.65 M40 Jick Christoph 1. 9.46 M40 Gene Bard 1. 8.67 M40 John Anderson 1. 8.52 M40 Chuck Lax 12- 8.41 M40 Don Knapp 12- 7.77 M40 Sam Prentice 42 1. 7.67 M40 Jim Kleiger 1. 6.85 M40 John Hoogasian 1.
EMISE JONES EDORAH BORGES 1:05 EBORAH HORGES 1:06 EBORAH HORGES 1:06 EBORAH YURTH 1:17 ATE KINNEY 1:11 ARY CLAEYS-OTTO 1:12 MOMEN'S 35-39 1-10 OUISE CLARK 1:04 MIERCE ROBERTSON 1:05 ATTI FORD 1:07 RENE THOMPSON 1:07 RENE THOMPSON 1:07 RENE THOMPSON 1:08 ATTIE WHITENER 1:04 MOMEN'S 40-44 1-10 ARNE MCMILLAN 1:10 ARNE MCMILLAN 1:04 AND 1:10 AND 1:10 AND 1:10 AND 1:10 AND 1:10 AND 1:11 AND 1	A.44 Ken Popejoy Nolan Smith 7. 40 Nolan Smith 7. 40 Don Drozd 1.70 Nolan Smith 1.70 Nolan	2:00.3 2:01.0 2:03.3 2:04.4 2:04.5 2:06.9 2:06.4 2:06.7 2:06.6 2:07.8 2:09.9 2:10.0 2:10.7 2:11.2 2:11.2 2:12.3 2:12.6 2:12.6 2:12.7 2:13.1 2:13.3	Daniel Kirsch Arthur Maillet Bob Bridges Frank Mari Robert Flagler Jeff Guttenberger D Werling Bob Kern Bibb Fuhrman James Tisdall Doug Frost William Henkel M55-59 1-10 Sid Howard Ken Baker Bill McIlwaine CA David Galligani Mike Witkin Cliff Pauling Jim Clarke Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:35.3 2:35.3 2:36.0 2:36.2 2:36.2 2:36.2 2:39.4 2:43.9 2:43.9 2:45.2 2:52.7 2:56.4 2:10.7 2:13.9 0 2:21.2 2:25.3 2:26.3 2:26.3 2:27.7 2:30.2 2:30.2	Nancy Scott Ellen Bifano Mary Rosado J Roeder Carol Gellman MaryBeth Hasenauer 11-16 Mary Applegate Myra Majors Sue Fenimore Diana Hawkins Sue Sandstrom Jeannine Naslund M45-49 1-12 Phil Raschker Peggy Whitlow Anne Schmitt Sylvie Kimche Martlyn Salvetti Mary Hiatt Nadine Lowenstein	2:47.8 2:48.8 2:49.7 2:51.4 2:52.6 2:54.4 3:03.0 3:04.1 3:04.6 3:06.9 3:11.0 3:12.2	Ray Starmes 11-20 James Brady George Eidinger Eric Bray Irwin Taylor Barry Faust Bob Green Ron Salvio Charles Bernard Neal Schuster Ken Underdahl 21-27 George Johnson Tim McGough Jim Woolsey Leon Shingledecker D Hill Jeff Blatt	1.54p 1.53 1.53 1.52 1.52 1.43 1.43 1.42p 1.37 1.37 1.35 1.35 1.33p 1.30p 1.27	Charles Irvin Milo Lightfoot Wilbur Ragland Lembit Saar CAN Thomas Thorne Bob Detweiler M80-84 Claude Hills Milo Lightfoot 80 Virgil McIntyre Bob Detweiler Harold Masse W30-34 Marcia Wallace Pia Iacovio Denise Houseman Deborah Eckhardt S Eales	1.17 1.12 1.09 1.09 0.90p 0.84 1.09 1.07 1.04 0.89 0.80p	Carlos Vernon Ed Kent Jim Peterson Bob Land .CAN Larry Carter John Head DeWayne Bolton M60-64 1-11 Phil Mulkey Jim Stookey Clarence Trinkner Roger Burke .CAN Ronald Peoples .CAN Bill Butterworth Don Sibigtroth Jack Lance	9.26 M35 Wilson Soohoo 13- 9.16 M35 Ambroise Corteaul 8.99 M35 Jerry Rohn 12- 8.86 M35 Jia Henderson 381 8.46 M35 Steve Winkel 11 8.36 M35 Jia Lewellen 11 M35 Tom Krebes 10 M35 George Munro 11 0.62 M40 Dick Christoph 14 8.67 M40 John Anderson 11 8.52 M40 Chuck Lax 12- 8.41 M40 Don Knapp 12- 7.77 M40 Sam Prentice 42 11 7.67 M40 Jia Kleiger 11 6.85 M40 John Hoogasian 11
EBORAH BORGES 1:06 EBORAH YURTH 1:07 ELINDA MCCOY 1:10 ATTE KINNEY 1:11 ARY CLAEYS-OTTO 1:12 MOMEN'S 35-39 1-10 OUISE CLARK 1:04 HEREE ROBERTSON 1:05 ATTLI FORD 1:07 ATTLI WHITENER 1:08 MOMEN'S 40-44 ARNE MCMILLAMS 1:11 USAN WILLIAMS 1:16 WOMEN'S 40-44 ARNE MCMILLIAM 1:02 ARNE MCMILLAM 1:02 ARNE MCMILLAM 1:02 ARNE MCMILLAM 1:04 BEBBIE STILES 1:04 MCMEN'S 45-49 HILLER ALMSEM 1:23 HUMLIS HAMSEM 1:23 HUMLIS HAMSEM 1:24 HUMLER LINDA 1:16 ARNE MCMILLER 1:10 HUMLER LINDA 1:16 ARNE MCMILLER 1:16 ARNE M	5.70 7.40 0.36 0.36 1.70 1.70 1.70 1.70 1.88 2.40 0.80 2.40 0.80 2.40 0.80 2.40 0.80 2.40 0.80 2.40 0.80 2.40 0.80 2.40 0.80 0.81 120 Neil Houk 120 Neil Houk 8.00 8.87 7.10 8.87 0.89 0.89 0.89 0.89 0.89 0.89 0.89 0.89	2:01.0 2:03.3 2:04.4 2:04.5 2:06.9 2:05.8 2:06.7 2:06.7 2:07.8 2:09.9 2:10.0 2:10.7 2:11.2 2:11.2 2:12.6 2:12.6 2:12.6 2:12.6 2:12.7 2:13.3	Bob Bridges Frank Mari Robert Flayler Jeff Guttenberger D Werling Bob Kern Bob Kern Bob Even Bob Frost William Henkel M55-59 1-10 Sid Howard Ken Baker Bill McIlwaine CN David Galligani Mike Witkin Cliff Pauling Jim Clarke Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:36.0 2:36.2 2:36.7 2:38.4 2:39.4 2:43.9 2:45.2 2:52.7 2:52.7 2:56.4 2:10.7 2:13.9 N 2:21.0 2:21.2 2:25.3 2:26.3 2:25.3	Hary Rosado J Roeder Carol Gellman MaryBeth Hasenauer 11-16 Mary Applegate Myra Majors Sue Fenimore Diana Hawkins Sue Sandstrom Jeannine Naslund W45-49 1-12 Phil Raschker Peggy Whitlow Anne Schmitt Sylvie Kimche Marilyn Salvetti Mary Hiatt Madine Lowenstein	2:49.7 2:51.4 2:52.6 2:55.4 3:03.0 3:04.1 3:04.6 3:06.9 3:11.0 3:12.2 2:29.4 2:34.2 2:34.6 2:42.3	James Brady George Eidinger Eric Bray Irwin Taylor Barry Faust Bob Green Ron Salvio Charles Bernard Neal Schuster Ken Underdahl 21-27 George Johnson Tim McGough Jim Woolsey Leon Shingledecker D Hill Jeff Blatt	1.53 1.52 1.52 1.52 1.43 1.43 1.43 1.42p 1.37 1.37 1.35 1.35 1.35 1.30p 1.27	Wilbur Ragland Lembit Saar CAN Thomas Thorne Bob Detweiler M80-84 Claude Hills Milo Lightfoot 80 Virgil McIntyre Bob Detweiler Harold Masse W30-34 Marcia Wallace Pia Iacovio Denise Houseman Deborah Eckhardt S Eales	1.09 1.09 0.90p 0.84 1.09 1.07 1.04 0.89 0.80p 1.37 1.32 1.22 1.04	Jim Peterson Bob Land ,CAN Larry Carter John Head DeWayne Bolton M60-64 1-11 Phil Mulkey Jim Stookey Clarence Trinkner Roger Burke CAN Ronald Peoples CAN Bill Butterworth Don Sibigtroth Jack Lance	8.99 MS5 Jerry Rohn 12- 8.86 MS5 C Barnard 1 8.74 MS5 Jia Henderson 381 8.46 MS5 Steve Winkel 1 8.36 MS5 Jia Lewellen 1 MS5 Tos Krebes 10 10.65 MS5 Rob Doran 10 10.65 MS5 Rob Doran 10 10.65 MS6 Rob Doran 10 10.65 MS7 Rob Doran 10
ATE KINNEY 1:11 ANY CLAEYS-OTTO 1:12 MOMEN'S 353-39 1-10 OUISE CLARK 1:04 INTERER ROBERTSON 1:05 ATTI FORD 1:07 RENE THOMPSON 1:06 ATTIE WHITENER 1:04 INTA FLAGLER 1:10 INTA FLAGLER 1:10 INTA FLAGLER 1:10 INTA FLAGLER 1:10 ANNE MOMILLAN 1:16 ANNE MOMILLAN 1:16 ANNE MOMILLAN 1:02 INTA FLAGLER 1:04 INTA FLAGLER 1:04 INTA FLAGLER 1:04 INTA FLAGLER 1:04 INTA FLAGLER 1:07 INTA FLAGLER 1:12 INTA FLAGLER 1:11 INTA FLAGLER 1:12	0.30 1.88 2.40 2.40 2.40 2.40 2.40 2.40 2.40 2.40	2:04.4 2:04.5 2:05.8 2:06.0 2:06.4 2:06.7 2:07.6 2:07.8 2:09.9 2:10.0 2:10.7 2:11.2 2:11.2 2:12.2 2:12.3 2:12.6 2:12.6 2:12.7 2:13.1 2:13.3	Robert Flagler Jeff Guttenberger D Werling Bob Kern Bob Fuhrman James Tisdall Doug Frost William Henkel M55-59 1-10 Side Howard Ken Baker Bill McIlwaine CA David Galligani Mike Witkin Cliff Pauling Jim Clarke Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:36.7 2:38.4 2:39.4 2:43.9 2:43.9 2:45.2 2:52.7 2:56.4 2:10.7 2:13.9 N 2:21.0 2:21.2 2:25.2 2:25.3 2:26.3 2:27.7 2:30.2 2:30.2	Carol Gellman MaryBeth Hasenauer 11-16 Mary Applegate Myra Majors Sue Fenimore Diana Hawkins Sue Sandstrom Jeannine Naslund W45-49 1-12 Phil Raschker Peggy Whitlow Anne Schmitt Sylvie Kimche Marilyn Salvetti Mary Hiatt Nadine Lowenstein	2:52.6 2:54.4 3:03.0 3:04.1 3:04.6 3:06.9 3:11.0 3:12.2 2:29.4 2:34.2 2:34.6 2:42.3	Eric Bray Irwin Taylor Barry Faust Bob Green Ron Salvio Charles Bernard Neal Schuster Ken Underdahl 21-27 George Johnson Tim McCough Jim Woolsey Leon Shinyledecker D Hill Jeff Blatt	1.52 1.52 1.43 1.43 1.43 1.42p 1.37 1.35 1.35 1.35 1.30p 1.27	Thomas Thome Bob Detweiler M80-84 Claude Hills Milo Lightfoot 80 Virgil McIntyre Bob Detweiler Harold Masse W30-34 Marcia Wallace Pia Iacovio Denise Houseman Deborah Eckhardt S Eales	0.90p 0.84 1.09 1.07 1.04 0.89 0.80p 1.37 1.32 1.22	Larry Carter John Head DeWayne Bolton M60-64 1-11 Phil Mulkey Jim Stookey Clarence Trinkner Roger Burke CAN Ronald Peoples CAN Bill Butterworth Don Sibigtroth Jack Lance	8.74 N35 Jim Henderson 381 8.36 N35 Jim Lewellen 13 8.36 N35 Jim Lewellen 13 8.36 N35 Tom Krebes 14 N35 Tom Krebes 16 N35 George Munro 16 10.65 N35 Ge
ARY CLAEYS-OTTO 1:12 WOMEN'S 35-39 1-10 OUISE CLARK 1:04 INERCE ROBERTSON 1:05 ATTI FORD 1:07 RENE THOMPSON 1:06 RENE MEMILLAN 1:10 ARNE MCMILLAN 1:10 ARNE MCMILLAN 1:02 ROMAN SETTLES 1:04 AND MEM 1:10 ROMAN SETTLES 1:04 RENE MCMEN'S A5-49 1-10 RENE MCMILLAN 1:12 RENE RENE 1:06 RENE RENE 1:06 RENE RENE 1:06 RENE RENE 1:07 RENE RENE RENE RENE 1:07 RENE RENE RENE RENE RENE RENE RENE RENE	Rob Walker Joe Showers Tim McMullen Tom Ryan 11-20 11-20 11-20 Neil Houk Rich Schornstein Vincent Shan Gary Fanelli C Lutz Carl Cappello R Puckerin G Frost Don Hodge Karl Castor 21-30 John Naslund Walter Brown Norman Dodson Dennis Rademacher Vincent Shan Gary Fanelli C Lutz Carl Cappello R Puckerin G Frost Don Hodge Karl Castor 21-30 John Naslund Walter Brown Norman Dodson Dennis Rademacher Vincent Shaw Brian Lee Mike Blake Don Ryan Rob Jackson Tim Zbikowski 31-40 Tim O'Keefe 15-9 16-90 Tim O'Keefe 15-90 Tim O'Keefe	2:04.9 2:05.8 2:06.0 2:06.4 2:06.7 2:07.8 2:07.8 2:09.9 2:10.0 2:10.7 2:11.2 2:11.2 2:12.3 2:12.6 2:12.6 2:12.7 2:12.3 2:13.1 2:13.1	D Werling Bob Kern Ibob Fuhrman James Tisdall Doug Frost William Henkel M55-59 1-10 Sid Howard Ken Baker Bill McIlwaine CA David Galligani Mike Witkin Cliff Pauling Jim Clarke Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:39.4 2:43.9 2:43.9 2:45.2 2:52.7 2:56.4 2:10.7 2:13.9 N 2:21.0 2:21.0 2:25.2 2:25.3 2:26.3 2:27.7 2:30.2	11-16 Mary Applegate Myra Majors Sue Fenimore Diana Hawkins Sue Sandstrom Jeannine Naslund W45-49 1-12 Phil Raschker Peggy Whitlow Anne Schmitt Sylvie Kimche Marilyn Salvetti Mary Hiatt Nadine Lowenstein	3:03.0 3:04.1 3:04.6 3:06.9 3:11.0 3:12.2 2:29.4 2:34.2 2:34.6 2:42.3	Barry Faust Bob Green Ron Salvio Charles Bernard Neal Schuster Ken Underdahl 21-27 George Johnson Tim McGough Jim Woolsey Leon Shinyledecker D Hill Jeff Blatt	1.43 1.43 1.43 1.42p 1.37 1.37 1.35 1.35 1.39p 1.30p	M80-84 Claude Hills Milo Lightfoot 80 Virgil McIntyre Bob Detweiler Harold Masse W30-34 Marcia Wallace Pia Iacovio Denise Houseman Deborah Eckhardt S Eales	1.09 1.07 1.04 0.89 0.80p 1.37 1.32 1.22	DeWayne Bolton M60-64 1-11 Phil Mulkey Jim Stookey Clarence Trinkner Roger Burke CAN Ronald Peoples CAN Bill Butterworth Don Sibigtroth Jack Lance	8.36 M35 Jim Lewellen 11 M35 Tom Krebes 10 M35 George Munro 11 10.65 M35 Rob Doran 10 10.62 M40 Dick Christoph 14 8.67 M40 John Anderson 11 8.52 M40 Chuck Lax 12- 8.41 M40 Don Knapp 12- 7.77 M40 Sam Prentice 42 11 7.67 M40 Jim Kleiger 11 6.85 M40 John Hoogasian 11
1-10 OUISE CLARK INCREE ROBERTSON 1:05 ATTI FORD 1:07 ATTI FORD 1:07 ATTI FORD 1:07 RENE THOMPSON 1:08 ATTIE WHITENER 1:08 ATTIE WHITENER 1:08 WOMEN'S 40-40 ARNE MCMILLAMS 1:16 ANDREN'S 40-40 ARNE MCMILLAMS 1:02 ARNE MCMILLAMS 1:02 ARNE MCMILLAMS 1:04 ARNE MCMILLAMS 1:12	Tim McMullen Tom Ryan 11-20 Neil Houk 18.00 Neil Houk 18.07 Ne	2:06.0 2:06.4 2:06.7 2:07.6 2:07.8 2:09.9 2:10.0 2:11.2 2:11.2 2:11.9 2:12.3 2:12.6 2:12.6 2:12.7 2:13.1 2:13.1	Bob Kern Lob Fuhrman James Tisdall Doug Frost William Henkel M55-59 1-10 Sid Howard Ken Baker Bill McIlwaine CA David Galligani Mike Witkin Cliff Pauling Jim Clarke Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:43.9 2:45.2 2:45.2 2:52.7 2:56.4 2:10.7 2:13.9 N 2:21.0 2:21.2 2:25.2 2:25.3 2:26.3 2:27.7 2:30.2	Myra Majors Sue Fenimore Diana Hawkins Sue Sandstrom Jeannine Naslund W45-49 1-12 Phil Raschker Peggy Whitlow Anne Schmitt Sylvie Kimche Marilyn Salvetti Mary Hiatt Nadine Lowenstein	3:04.1 3:04.6 3:06.9 3:11.0 3:12.2 2:29.4 2:34.2 2:34.6 2:42.3	Ron Salvio Charles Bernard Neal Schuster Ken Underdahl 21-27 George Johnson Tim McGough Jim Woolsey Leon Shingledecker D Hill Jeff Blatt	1.43 1.42p 1.37 1.37 1.35 1.35 1.33p 1.30p	Milo Lightfoot 80 Virgil McIntyre Bob Detweiler Harold Masse W30-34 Marcia Wallace Pia Iacovio Denise Houseman Deborah Eckhardt S Eales	1.07 1.04 0.89 0.80p 1.37 1.32 1.22	1-11 Phil Mulkey Jim Stookey Clarence Trinkner Roger Burke CAN Ronald Peoples CAN Bill Butterworth Don Sibigtroth Jack Lance	M35 George Munro 10 M35 Rob Doran 11 10.62 M40 Dick Christoph 1 9.46 M40 Gene Bard 1 8.67 M40 John Anderson 13 8.52 M40 Chuck Las 12 8.41 M40 Chuck Las 12 8.41 M40 Saa Prentice 42 13 7.67 M40 Jin Kleiger 13 6.85 M40 John Hoogasian 13
HIRRER ROBERTSON 1:07	5.28 11-20 Neil Houk 7.67 Rich Schornstein Vincent Shan Gary Fanelli 0.89 C Lutz 1.40 Carl Cappello 6.90 Ruckerin G Frost Don Hodge Karl Castor 21-30 John Naslund Walter Brown Norman Dodson Dennis Rademacher Vincent Shaw Brian Lee Mike Blake Don Ryan Rob Jackson Tim 2bikowski 31-40 0.67 7.80 3.78 0.67 7.80 3.78 0.67 7.80 31-40 Tim O'Keefe 1.59 Ed Poirier Mike Hasenauer Mike Hasenauer Mike Hasenauer Mike Hasenauer Mike Hasenauer	2:06.7 2:06.7 2:07.6 2:07.8 2:09.9 2:10.0 2:11.2 2:11.2 2:11.2 2:12.3 2:12.6 2:12.6 2:12.9 2:13.1 2:13.3	James Tisdall Doug Frost William Henkel M55-59 1-10 Sid Howard Ken Baker Bill McIlwaine CA David Galligani Mike Witkin Cliff Pauling Jim Clarke Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:45.2 2:52.7 2:56.4 2:10.7 2:13.9 N 2:21.0 2:21.2 2:25.2 2:25.3 2:26.3 2:27.7 2:30.2 2:30.3	Diana Hawkins Sue Sandstrom Jeannine Naslund W45-49 1-12 Phil Raschker Peggy Whitlow Anne Schmitt Sylvie Kimche Marilyn Salvetti Mary Hiatt Nadine Lowenstein	3:06.9 3:11.0 3:12.2 2:29.4 2:34.2 2:34.6 2:42.3	Neal Schuster Ken Underdahl 21-27 George Johnson Tim McGough Jim Woolsey Leon Shingledecker D Hill Jeff Blatt	1.37 1.37 1.35 1.35 1.33p 1.30p 1.27	Bob Detweiler Harold Masse W30-34 Marcia Wallace Pia Iacovio Denise Houseman Deborah Eckhardt S Eales	0.89 0.80p 1.37 1.32 1.22 1.04	Jim Stookey Clarence Trinkner Roger Burke CAN Ronald Peoples CAN Bill Butterworth Don Sibigtroth Jack Lance	10.62 M40 Dick Christoph 14 9.46 M40 Gene Bard 14 8.67 M40 John Anderson 13 8.52 M40 Chuck Lax 12- 8.41 M40 Don Knapp 12- 7.77 M40 San Prentice 42 13 7.67 M40 Jin Kleiger 14 6.85 M40 John Hoogasian 13
	7.67 8.67 8.60 8.87 8.60 8.87 9.67 8.87 9.89 9.89 9.89 9.89 9.89 9.89 9.8	2:06.7 2:07.8 2:09.9 2:10.0 2:11.2 2:11.2 2:11.2 2:12.3 2:12.6 2:12.6 2:12.7 2:13.1 2:13.3	William Henkel M55-59 1-10 Sid Howard Ken Baker Bill McIlwaine CA David Galligani Mike Witkin Cliff Pauling Jim Clarke Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:10.7 2:13.9 N 2:21.0 2:21.2 2:25.2 2:25.3 2:26.3 2:27.7 2:30.2	Jeannine Naslund W45-49 1-12 Phil Raschker Peggy Whitlow Anne Schmitt Sylvie Kimche Marilyn Salvetti Mary Hiatt Nadine Lowenstein	3:12.2 2:29.4 2:34.2 2:34.6 2:42.3	21-27 George Johnson Tim McGough Jim Woolsey Leon Shingledecker D Hill Jeff Blatt	1.35 1.35 1.33p 1.30p 1.27	W30-34 Marcia Wallace Pia Iacovio Denise Houseman Deborah Eckhardt S Eales	1.37 1.32 1.22 1.04	Roger Burke CAN Ronald Peoples CAN Bill Butterworth Don Sibigtroth Jack Lance	8.67 M40 John Anderson 1: 8.52 M40 Chuck Lax 12- 8.41 M40 Don Knapp 12- 7.77 M40 San Prentice 42 1: 7.67 M40 Jin Kleiger 16.85 M40 John Hoogasian 1:
DDA CRAWLEY 1:10 1:17 FLAGLER 1:10 1:17 FLAGLER 1:10 1	0.37 0.89 0.89 0.89 0.89 0.89 0.89 0.89 0.89	2:07.8 2:09.9 2:10.0 2:10.7 2:11.2 2:11.2 2:11.2 2:12.3 2:12.6 2:12.6 2:12.6 2:12.7 2:13.1 2:13.3	1-10 Sid Howard Ken Baker Bill McIlwaine CA David Galligani Mike Witkin Cliff Pauling Jim Clarke Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:13.9 N 2:21.0 2:21.2 2:25.2 2:25.3 2:26.3 2:27.7 2:30.2 2:30.3	1-12 Phil Raschker Peggy Whitlow Anne Schmitt Sylvie Kimche Marilyn Salvetti Mary Hiatt Nadine Lowenstein	2:34.2 2:34.6 2:42.3	Tim McGough Jim Woolsey Leon Shingledecker D Hill Jeff Blatt	1.35 1.33p 1.30p 1.27	Pia Iacovio Denise Houseman Deborah Eckhardt S Eales	1.32 1.22 1.04	Bill Butterworth Don Sibigtroth Jack Lance	8.41 M40 Don Knapp 12- 7.77 M40 Sam Prentice 42 1 7.67 M40 Jim Kleiger 1 6.85 M40 John Hoogasian 1
YAND AVIS	1.40 Carl Cappello R Puckerin G Frost Don Hodge Karl Castor 1.46 John Naslund 1.30 Walter Brown 1.50 Dennis Rademacher Vincent Shaw Brian Lee Mike Blake Don Ryan Rob Jackson Tim Zbikowski 31-40 1.59 di Poirier 2.20 Mike Hasenauer Mike Hasenauer Mike Hasenauer Mike Hasenauer Mike Hasenauer Mike Hasenauer	2:10.0 2:10.7 2:11.2 2:11.9 2:12.2 2:12.3 2:12.6 2:12.6 2:12.7 2:12.9 2:13.1 2:13.3	Ken Baker Bill McIlwaine CA David Galligani Mike Witkin Cliff Pauling Jim Clarke Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:13.9 N 2:21.0 2:21.2 2:25.2 2:25.3 2:26.3 2:27.7 2:30.2 2:30.3	Phil Raschker Peggy Whitlow Anne Schmitt Sylvie Kimche Marilym Salvetti Mary Hiatt Nadine Lowenstein	2:34.2 2:34.6 2:42.3	Leon Shinyledecker D Hill Jeff Blatt	1.30p 1.27	Deborah Eckhardt S Eales	1.04	Jack Lance	7.67 M40 Jim Kleiger 1: 6.85 M40 John Hoogasian 1:
WOMEN'S A0-A4 1-10 ARNE MCMILLAN 1:02 ARNE MCMILLAN 1:03 ARNE MCMILLAN 1:04 ARNE MCMILLAN 1:04 ICASOMITATIOR 1:04 ARNE MCMILLAN 1:04 ICASOMITATIOR 1:10 ARNY APPLEOATE 1:17 ARNE ARY APPLEOATE 1:17 ARNE CARRINO 1:19 AT WEIR 1:23 WOMEN'S A5-A9 "HILL HANSEN 1:23 WOMEN'S A5-19 "HIL RASCHERE 1:00 HILL RASCHERE 1:00 HILL RASCHERE 1:10 ICASOMITATION 1:12 ICASOMITATION 1:12	G Frost Don Hodge Karl Castor 1.46 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.0	2:11.2 2:11.2 2:11.9 2:12.2 2:12.3 2:12.6 2:12.6 2:12.7 2:12.9 2:13.1 2:13.3	David Galligani Mike Witkin Cliff Pauling Jim Clarke Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:21.2 2:25.2 2:25.3 2:26.3 2:27.7 2:30.2 2:30.3	Anne Schmitt Sylvie Kimche Marilyn Salvetti Mary Hiatt Nadine Lowenstein	2:34.6 2:42.3	Jeff Blatt			0 97	Man Handle ON	
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LLEN BIPANO ARBARA BLASZAK ANY ROSADO ANY APPLEGATE ANY APPLEGATE ANY APPLEGATE AT WEIR AT WEIR AT WEIR AT WEIR HYLLIS HANSEN 1:23 WOMEN'S \$5-49 1-10 1-10 1-10 1-10 1-10 1-10 1-10 1-1	John Naslund John Naslund Walter Brown Norman Dodson Bonnis Rademacher John Naman Dodson Dennis Rademacher John Rademacher Joh	2:12.3 2:12.6 2:12.6 2:12.7 2:12.9 2:13.1 2:13.3 2:13.4	Sammy White Jack Ucci Robert Payne 11-25 L Tomasetti Ken Ogden	2:27.7 2:30.2 2:30.3	Nadine Lowenstein	2:54.7	Palmer Sweet M50-54	1.22		1.33p 1.32	George Taylor M65-69	6.50 M40 David Cowan 10 M40 Nick Landherr 10
ARY ROSADO 1:13 ARY APPLEOATE 1:73 AREN CARRINO 1:19 AT WEIR 1:23 WOMEN'S \$5-49 11-10 HIL RASCHER 1:00 HIL RASCHER 1:10 HIL RASCHER 1:10 HIL RASCHER 1:10 HIL RASCHER 1:10 HOMEN'S 50-54 UTH NALEPA 1:11 HINDA UPTON 1:12	Norman Dodson Dennis Rademacher Norman Bademacher Norman Bademache	2:12.6 2:12.6 2:12.7 2:12.9 2:13.1 2:13.3 2:13.4	Robert Payne 11-25 L Tomasetti Ken Oyden	2:30.3	Sandy Miller	2:55.0	1-10 Al Phillips	1.65		1.17	1-9 Denver Smith	9.69 M40 John Dye 10
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100	7.80 31-40 31-40 Tim O'Keefe 1.59 Ed Poirier 2.20 Mike Hasenauer 6.00 Bill Keepen 2.20 Mike Hasenauer 1.00 Mike Hasenauer	2:13.7	Jim Kennedy Tom Fondy	2:33.5 2:35.0	1-6 Ruth Nalepa	2:40.5	Paul Gansle Kurt Vener	1.53	1-8	1.57p	Jack Doorlay James Marcantoni	6.95 M45 Tom Rauscher 1
KIPPER CLARK 1:11 KIVIE KIMCHE 1:15 KINDY MILLER 1:16 KINDY MILLER 1:19 LITH RIPLEY 1:21 LIEME DECKER 1:26 WOMEN'S 50-54 JITH NALEPA 1:11 KINDA UPTON 1:12 KINDA UPTON 1:12 KIPPER CLARK 1:20	1.59 Ed Poirier 2.20 Mike Hasenauer 6.00 Pill Krigger		Ross Greathouse B Davis	2:35.1 2:36.5	Linda Upton J Marchetti	2:43.9 2:49.8	Dennis Stempel 11-22	1.47		1.44p	M70-74	M45 Bill DeHorn 1
THLEER CIRINA 1:16 INDY MILLER 1:19 ITH RIPLEY 1:21 ILENE DECKER 1:26 WOMEN'S 50-54 TH NALEPA 1:11 NDA UPTON 1:12 ONNE TASKER 1:20	6.00 Mike Hasenauer	2:14.9 2:15.4	Ed Alexander Ernie Tracy	2:37.7	Katy Gottschalk Yvonne Tasker	2:59.3 3:00.4	Fred Brandenfels Bruce Mills	1.43		1.30	1-8 Ed Lukens	9.65 M45 Jim Trott 1
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WOMEN'S 50-54 TH NALEPA 1:11 NDA UPTON 1:12 ONNE TASKER 1:20	1.10 Bob Crossin	2:15.9	J Robinson F Brown	2:53.8 2:54.1	Katy McIntyre W60-64	3:12.4		1.35	Mary Lou Platis	1.02p 0.97	Hillar Saareste Max Goldsmith	7.37 M45 Ton Randolph 1. 7.24 M45 John Eving 1.
NDA UPTON 1:12 ONNE TASKER 1:20	Rob Naser	2:16.5	Tony Farrand	2:54.9	Liz Szawloski Sally Secombe	3:17.1 4:32.3	Art Kearney Mike Kendall	1.30	W50-54 Marlene Sachs	1.27	Doc Bennett Mel Buschman	6.55 M45 D Hill 6.36 M45 Ken Underdahl
	2.86 Ronnie Carda	2:19.3	Richard Croak	3:01.1	W70-74 Carol Peebles	4:37.3	Han Ehrnstrom Fred Riley	1.27	Barbara Stewart Jane Mills	0.97	Ed Coyle M75-79	5.83 M45 R Salvio M45 Allen Ray
DIGIAMBATISTA 1:30	0.60 41-50	2:19.7	1-10 Ken Luff	2:21.9	Becky Yenchicus	4:51.9	C Varnet Peter Tams CAN	1.27	W55-59 Christel Miller	1.27p	Robert Sorlien Ham Morningstar	7.37 M50 Gerald Counihan 1: 5.96 M50 Larry Holmes 1:
WOMEN'S 55-59	Kevin Morrisroe	2:20.5	Paul Heitzman Charles Wimberley		1994 Indoor High		Dave Connolly M55-59	1.17	Fei-Mei Chou W60-64	1.04	M80-84 Claude Hills	5.72 M50 Jeff Loubet 1 M50 Jeff Timdall 1
NE DODS 1:24 TON RICHARDSON 1:25	8.92 Brian Shepherd	2:21.3 2:21.8	Gary DeFrance Fred Schlereth	2:25.8	Compiled b Charles Merci		1-10 Bill Pawlik	1.00	Marjorie Moore W65-69	1.04	Harold massie	3.78 M50 Dennis Stempel 1
DOLE LARSEN 1:32 DOHERTY 2:48	Russell Floyd Dale Bean	2:21.9 2:22.3	Rick Peck Irwin Bernstein	2:26.8 2:34.2	M30-34 1-15		Tom Langenfeld	1.62	Johnney Valien Josephine Sullivan	1.04	Karl Trei CAN W35-39	6.67 M50 John Sloan M50 Mike Wilhite
WOMEN'S 60-64	Rick Cleary Dan Gonzalez	2:22.9 2:23.3	Wally McRae Hans Hunziker	2:36.9 2:38.0	Jeff Helton Brett Bohanon	1.93 1.90p	Gerald Counihan Ritch White	1.55	Ann McGowan W70-74	0.99	Sarah Boslaugh	9.28 M55 Keith Petranek 1
ENE OBERA 1:15 NCY AMMERMULLER 1:24	5.99 Lester Windley	2:23.9	Larry Dickerson	2:41.9	David Olson Gregory Peterman	1.88	Paul Dorsey Richard Hotchkiss	1.52	Libby Hagemann	0.87	Deb Vestal	5.34 M55 Dale Lance 1
LLY SECOMBE 1:57	7.01 51-64 9.06 Rob Klinetop	2:24.5	Bob Culling Clint Leon	2:42.9 2:44.7	James Wardle Mark Spitzer	1.88 1.87p	James Mills Sam Rumford	1.48	1992 Indoor Triple .	Jump	Phil Raschker	M55 Gerald Counihan 1 M55 Jeff Watry 1
LVA MURRAY 2:01 RYANN CARRINO 2:01	3.90 Bill Kelmer	2:24.9 2:25.2	Roger Hahn J O'Connor	2:45.9	John Wells Ted Lewis	1.83	John Head Jerry Sullivan	1.47	Compiled by Charles Mercuri	0	W50-54 Barbara Stewart	7.48 M55 Gerard Dumas 1 W55 Norm Downing 1
WOMEN'S 70-74	Philip Mousin Steve McElrov	2:26.1 2:26.6	Richard Kovalsky	3:04.0	David Schorr	1.78	Donald Amery	1.43	M30-34	NO API	Audrey Rowswell CA W55-59	N 7.38 M55 Fred Brandenfels M55 F Brown
AROL PEEBLES 1:4	1.90 Tony Plaster	2:27.1	Jack Nyhan Joseph LaBrunno William Brobot	3:04.1	Nick Mitchell Rob Robinson	1.73	Larry Carter John MacDonald	1.42	1-8	3.42	Joann Grissom Rachel Lyga	8.02 M55 John Hayslett M60 Jerry Donley 1
1994 Indoor 800n	rat matone	2:28.8	William Brobst Ralph Jones	3:16.0 3:18.1	Doug Scheebeck Kevin Gleason R Watson	1.72p 1.63	Grover Coats Mike Murphy	1.37	Fred Lewis 1	3.31	W60-64 Magdalena Kuehne	7.85 M60 Phil Mulkey 10- M60 Bill Boyce M60 Harvey Lewellen
ompiled by Bill Ben	177 VO 1 CO. 17	2:30.8	Jim Dugan Maruid Eisenstein Don Preven		Duncan Payne M35-39	1.63	John O'Neill Vince Ruffin	1.37	Jeff Helton	12.40	Lucy Anne Brobst W65-69	6.96 M60 Bill Jankovich
0-34 1-10	Tom Carr E Vaughan	2:31.9 2:33.2	Arthur Kearney Alex White	3:21.4 3:23.5 3:29.1	1-10 James Barrineau	2.03	Bob Land CAN Ed Arnold	1.35	Kevin Gleason 1	0.92 0.72	Josephine Sullivan Ann McGowan	6.26 M60 H Miller
Mhiting 1:5 endan Jackson 1:5	58.6 Bruce Duffin	2:35.9	Tom Talbott	3:31.5	Charles Durrant Manuel Toppins	1.98 1.90p	DeWayne Bolton 21-27	1.32		0.60	W70-74 Helgi Pedal C	M60 Franklin Brown
rk Powell 1:5	59.4 59.6 M45-49 1-10	2.00 4	1-12 Earl Fee CAN	2:16.8	Bruce McBarnette Jeff Watry	1.88	Jim Peterson Haig Bohigian	1.32	1-10	3.47	Libby Hagemann Doris Berlepsch	4.69 M65 Don Grosh M65 Gordon Seifert
Allah 1:5 rew Pope 2:0	59.7 Fred Sowerby Salih Talib	2:08.1	Gordon Seifert Gunnar Linde	2:35.8	Paul Titus Ken Ellis	1.83 1.81p	Rex Hane Earl Mege	1.27p	Joseph Smith 1	3.37	1994 Indoor Pole	Vault M65 Jack Doorlay
Umberger 2:0	01.9 Dan Frye 03.5 Al Swenson	2:09.3	Joseph Bell Chuck Sochor	2:48.6	Bill Lawson	1.81p	Lou Vodopya Al Matheis	1.27	Manuel Toppins 1	2.50		Wojcik M70 Jack Haefele
k Carver 2:0	03.6 Gene Timberlake	2:10.9	Bill Carey	2:50.3	Allen Blaylock Joe Lafferty	1.78	Terry Pliner M60-64	1.12p	Frank Makozy 1	1.71	M30 Paul Babits	15-11 M70 R Cole M75 Jim Vernon
11-20	03.8 Gordon Reiter	2:13.6 2:16.9	Howard MacMillan Harold Willis	2:57.1	Robert Zahn 39	1.73	1-10 Marion Sanchez	1.59	Bill Mathers CAN 1	0.82	M30 Dave Wooley 14 M30 Paul Herda 14	4-5 1/4 M75 M Lightfoot
Busby 2:0	04.9 Bob Weiner 05.1 Joe DeMaio	2:16.9 2:17.4	D Alden Bro Bert	3:16.4 3:16.5	Ambroise Corteau (John Valiska	1.68	Rich Richardson Phil Mulkey	1.54	Mike Campbell 1	0.80	M30 Dan Umenhofer M30 D Weimerskich	14-0 M80 Carol Johnston 13-6 M80 Milo Lightfoot
ey Carlstrom 2:0	06.1 11-20 B. Johnson	2:17.8	George Riser Buzzy Hood	3:31.6 3:32.0	Bill Mathers CAN D Dathard	1.66	Bill Butterworth Jim Stookey	1.45		4.77	M30 Mike McNellis : M30 Alan Haehnel	3212-0 M80 Claude Hills 4 10-0 W45 Phil Raschker 1
Koh 2:0	07.6 Dale Ladd	2:19.7 2:20.3	M70-74	·	Mark Westphal Stephen Winkel	1.63	Clarence Trinkner Norman Robinson	1.43	Bob Doran 1 Scott Thornsley 1	2.52	M30 Tom Gorzillo	10-0 W50 Barbara Stewart 7
th Damico 2:0	08.1 F Davis	2:20.4	John McManus Archie Messenger	2:43.6 2:47.3	Bob Ayling Jim Lewellen	1.48	Hank Perry	1.37	Larry Rodenbeck 1 Mike Skoflane 1	1.53	以特別書店的電話	A THE PARTY OF THE
ce Sweeney 2:0	08.9 09.0 Bob Micho Jim Ascioti	2:22.2	Lloyd Young Paul Schmitt	2:49.2 2:52.2	Bob Doran Mike Brady	1.45	Bill Boyce	1.37	Mike Maryott 1	1.37		Marie Sale (2)
21-30 is Jefferson 2:1	10.7 Alan Johnson	2:24.1	Jack Hipple Frank Lucianna	3:02.5 3:07.7	Scott Kessler M40-44	1.43	John Copp	1.33p	Mark Gershon 1	0.76		
Lindsey 2:	14.0 George Sander 16.5 Mike Wilson	2:24.9	George Blyn	3:10.9	1-10 Dwight Stones	2.10	Ted Oviatt Jerry Welbourn	1.33p 1.32		0.58		18.2
Schneider 2:	16.6 Vic Medina	2:26.0	S Toabe Nate White	3:11.1	Walden Curry Ken Rowe	1.85	Roger Burke CAN Max Woerle CAN	1.30	Warren Jacobsen 1	0.39		
hael Collins 2:	18.9 Bill Indek	2:27.3 2:27.6		3:26.4 3:29.5	Keith Johnson David Ortman	1.78	Bill Brobst J Hamer	1.22	Jim Dolezel	9.99		
ver Prince 2:	20.4 Victor Broushet 20.9 Del Barbee	2:28.8 2:28.9	Jay Sponseller	2:58.6	Bob Doran	1.73	Art Kearney Paul Soraparu	1.22	Pat Malone	9.75 9.72		MAK
	27.7 Jim Lawton Jeff Straussman	2:29.8	Bob Matteson Dudley Healey	3:32.7 3:37.9	Warren Jacobsen Skip Lyon	1.68	Jack Lance Don Sibigtroth	1.17	hadden against	9.50	14	Z() Solo
-39 1-10	Jack Soltis	2:30.7	B Kaplin M80-84	4:32.0	Robert Zahn 40 Mabray Andrews	1.68p	Giorgio Chiavelli Ken Schumack	1.13	M45-49 1-14	Server.	Total State State	2000年7月1日日本中国共和国
reisig 1:	James Pfaff Tom Hari 00.0 Ron Kuykerdall	2:32.2	Jerry Wible Harold Massie	3:52.8 5:04.3	11-20 Alan Russell	1.64p	Bob Mitchell George Taylor	1.12	Dave Johnson 1	11.13	的图图 8. 44 (15 g) 2	IS CONTRACT OF THE
ce Frey 2:	01.8 Ron Salvio	2:33.1	W30-34	The state of	Pat Boulay Ben Del Villar	1.63	M65-69 1-15	1.07	Dana Harrell	10.56	1 5 5 5	
k 'Kennedy 2:	03.3 Jeff Gerson	2:33.1 2:43.4	1-12 Andrea Fischer	2:26.8 2:28.0	Rich Perrine S Davis	1.58 1.58	Jim Gillcrist Gordon Seifert	1.60	Phil Hopkins	10.20	FIVE	YEARS AGO
kerman 2:	05.2 Gary Siegmone	2:44.8	Beth DiCiantis Kate Kinney	2:31.0	Ed Laurelli Ivan Black	1.55	Peter Kronberg Denver Smith	1.52p		10.09	The second second second	July, 1989
es Vaughn 2:	107.1 M50-54 107.3 1-10	South !	Jennifer Frost C Sparkman	2:34.9	Tim Collins Aaron Walker	1.53	Fred Hirsimaki	1.37	Jim Shea	9.79		
11-20	O8.0 Neil Timberlake A Gene Timberlake 5	0 2:10.2	Fran Olson Sarah Falso	2:38.2	Jim Dolezel	1.52 _D	Jim Mathers CAN Dick Scott	1.30	Mark Westphal Ken Kienzle	9.42	Nearly	5000 Athletes Ente
ed Hervert 2:	08.4 Dennis Duffy 09.9 Sid Howard	2:12.0 2:13.5	Susan Mack Kelly Etheldge	2:41.1 2:43.9	21-33 Donald Knapp	1.50	Ed Failor Ed Holmes	1.27	Ron Salvio Barry Faust	9.21		Championships i
Felenchak 2:	10.0 Rick Kleyman 11.5 Allen McDaniel	2:14.8 2:16.0	Leslie LaFronz L Reilly	2:44.3 2:45.0	Mark Gershon Richard Watson	1.49p 1.49p	Chuck Sochor Dick Taylor	1.27	Bob Everoski M50-54	9.06	Eugene	例为EDAL ACCUSED TO ACCUSE ACCUSED TO ACCUSE TO
opez 2:	11.9 Jim Streeby 12.4 Bill McMillen	2:18.9	Lorrie Marmell	2:51.2	John Dye Bob Schaible	1.48	Emmett Edwards Art Harris	1.22	1-14	11.23	All the control of th	rom 28 Countries Ente
Bradley 2:	12.5 Mike Taglio	2:20.8	1-12 Joan Sterrett	2:21.0	Taylor Tunstall Dave Handwerk	1.48	Jack Doorlay Bill Bergen	1.17	Ken Winters	10.59	- DESCRIPTION	als in San Diego
t Forkins 2:	12.7 11-20	A STATE OF BUILDING	Patti Ford	2:21.1	Mike Davis Douglas Holmberg	1.46p	M70-74	0.92	Dave Eidahl	10.10	AND COMPANY OF THE PROPERTY	n's Kjell-Erik Stahl, 42
21-31	12.7 Kingsley Clarke Michael Brazier	2:21.3	Janice Morra Carla Hervert	2:26.8	Pat Malone	1.43p	1-11		Kurt Vener Avital Schurr	9.84	THE RESIDENCE OF THE PARTY OF T	2:18:43 in Grandma'
n Manion 2:	13.4 D Pennenga 13.7 John Allen	2:23.2	Sheree Robertson Mimi Ney	2:30,1	Dwight Peterson Russ Baker	1.43	Ed Lukens Mel Buschman	1.34	Paul Gansle	9.65	Marath	
ohn Hains 2:	:15.3 Jerry McFadden :15.4 C Kingsley	2:23.7 2:24.1	M M Neumann Rita Flagler	2:38.6	Fred Arizzone M45-49	1.27	Paul Saunders Boo Morcom	1.29	Mike Merriman Bob O'Brien	9.49 9.35	The second secon	a Welch, 44, Sets Wi n Nike Women's 8K i
im Letts 2:	15.7 Peter Szawloski 17.2 B Addison	2:24.1	Edna Crawley Karen Laquidari	2:45.1 2:50.1	1-10 James Sauers	1.78	Doc Bennett Victor Koresaar CA	1.20 N 1.20	Dave Waddell CAN Mike Wilhite	9.04 8.85	D.C.	II WIKE WOMEN'S OK
Corkery 2:	19.9 Tim Collins 22.3 Wally Brawner	2:27.6	Audrey Balander Sheila O'Hara-C	2:55.6	Jerry Cash Bill Dellorn CAN	1.70	Valden Sadul CAN Scott Herman	1.20	Dan Anderson CAN	8.78 8.53	5.0.	

RECIPIENTS OF CERTIFICATES/PATCHES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

<u>W65-69</u>			100.01		M45-49				M65-69				
Jean M.S. Udell	Shot Put	19-1	4-09-94		Ray Burrus	400M IH	62.82	5-28-94	Bill J. Bowers	100M	13.7	10-02-93	
				The state of the s	Luis Pannarale	800M	2:11.2	6-11-94		200M	29.3	10-02-93	
M30-34		The de						e descriptions		100M	13.4	5-07-94	
Mark Baldani	110M HH	15.2	6-14-94		M55-59	Are all a			The state of the s	200M	28.9	5-07-94	Control of the last
M35-39				A Calmana	C. Christopher Rush	800M	2:22.9	7-27-93		1 - 10 - 10	ATT SY SA	re reserve	
James A. Fazio	Decathlon	5464	5-01-94		M60-64				M70-74	THE PARTY OF		0.05.04	
	Decarinon	0.01			William A. Patrick	56# Weight	4 08	7-10-93	Sam Madia	200M	31.10	3-25-94	
M40-44					Floyd J. Riddle	Shot Put	40-13/4	4-24-94	the land of the land of the same	400M	1:10.49	3-25-94	-
Gene L. Bard	Pole Vault	14-11	3-25-94		rioya J. Kladie	SHOL PUL	40-174	4-24-34	M75-79	1.5			
William K. Gardner	Shot Put	42-91	5-29-94	The Mark		1-5-1-1			Gar Schoener	100M	16.4	7-17-93	
Michael Skoflanc	Long Jump	5.98	3-25-94						oal schoeller	AL LOND THE REAL PROPERTY AND ADDRESS OF THE PARTY AND ADDRESS OF THE P			
	Long Jump		2-19-94		A STATE OF THE PARTY OF THE PAR			THE RESERVE AND THE PERSON NAMED IN		200M	34.9	2-13-94	

	Contraction of the Contraction o		CONTRACTOR	No. of Street	allegia de propinsi		2-7-1-7-1	de Sant		A THE STREET			
		U.S	. MA	STE	RS S	ΓAΝΙ	DARI	DS O	F EX	CEL	LEN	CE	
						FO	R ME	N				- dente	50487 L
E	vent	30-34	35-39	40-44	45-49	50-54	55-59		65-69	70-74	75-79	80-34	85-89
34	100	11.0	11.33 23.3	11.67	12.0 25.1	12.5	13.0	13.5	14.0 29.8	15.0 32.4	16.5 35.8	18.0	20.0
	400	51.0	52.5	54.0	56.0	58.5	61.5	65.0 2:37	70.0 2:49	76:.5 3:06	84.5 3:27	94.0	105.0
100	800 1500	2:01	2:04	2:08	2:13	2:19	5:02	5:24	5:47	6:22	7:03	7:59	9:15
1	Mile	4:31	4:35	4:42	4:53	5:07 17:30	5:25 18:24	5:49 19:36	6:14	6:51	7:38 26:00	8:42 29:00	10:10
7500	5000	15:30 32:11	15:42 32:35	16:06 33:30	16:44	36:15	38:10	40:30	44:15	48:30	54:30	61-15	39.30
	110H	15.3	16.4	17.75	18.75	18.0	19.0	20.0	21.3				
	100H 80H		To g ex		45 45 M			20.0		18.0	21.0	25.0	30.0
	400H	57.6	59.7	62.0	64.4	67.2 48.0	70.6	55.0	60.0	66.5	74.5	84.0	95.0
		10:00	10:20	10:55	11:40	12:30	13:20						
2K	C-SC HJ	1.94	1.85	1.76	1.68	1.59	1.50	9:30	10:30	12:00	14:00	16:30	19:30
	HJ	6-44	6-3/4	5-91/2	5-6	5-21/2	4-11	4-75	4-4	4-15	3-8	3-4	3-1
	PV	4.40 14-5½	4.15	3.90	3.60 11-95	3.30	3.05	2.80	2:55 8-44	2.30	2.05	1.80 5-11	1.50 4-11
	LJ	6.55	13-7%	5.85	5.45	10-10	4.75	4.40	4.00	3.65	3.35	3.00	2.65
	September 1	21-6	20-44	19-24	17-101/2	16-9	15-7	14-5%	13-14	11-115		9-10	8-84
100	TJ	13.35	12.65	11.90 39-1	11.15 36-7	10.40 34-14	9.65 31-8	8.90 29-2½	.8.20 26-11	7.50	6.80	6.10 20-½	5.50 18-1
	Shot	15.20	14.10	13.00 42-8	12.00	12.40 40-8½	11.20 36-9	12.00	10.80 35-54	10.00		7.65	6.50
D	iscus	44.80	42.60	40.60	38.00	40.00	36.40	40.00	36.80	31.60	26.40	21.40	16.20
		147-0	139-9	133-2	124-8	131-3	119-5	131-3	120-9	103-8	86-7	70-212	53-2
H	ammer	47.24 155-0	145-0	41.14	38, 10 125-0	38.40 126-0	36.00 118-1	36.00 118-1	33.00 108-3	29.00 95-2	25.00 82-0	22.50 73-10	18.00 60-0
1	Jav	62.00	57.00	52.60	48.00	43.00	38.50	40.00	35.00	29.00	24.00		15.00
	S#Ur	203-5	187-0	170-7	157-6	141-1	9.00	8.00	7.00	95-2	78-9 5.00	62-4	49-2 3.00
2	5#Wt.	TO A SECTION						11.00	10.00	9.00	8.00	7.00	6.00
	6#Wt. Pen		9.00	8.50	8.00	6.00	5.00	2600	2500	3.50	3.00	2.50	2.00
7	Dec		0 525						5250			5250	
	notes		O standa								r hand	tine.	
		3! Lo	ng hurdl	es: 30-	49: 36";	50-59	33";	60+: 30'			4k.		
100	- 1	5) Dt	scus thr	ow: 30-	49: 2kg	50-59	1.5kg;	60+:		LE NO		William V.	
1	4	7) Ja	velin:	30-	59: 800	: 60+:	600g.			Sales !			nience
			en/Dec										

11.330	U.S. M	VOIEW?	VIL W	MEKIL	VI 21VI	INVKN2	UP EXCE	LLENCE F	OK WY2	IFK2 KW	CE MALA	FK2
	No. of Concession, Name of Street, or other Persons, Name of Street, or other Persons, Name of Street, Name of	and the same		WATER BETTER	And the same		MEN		THE PERSON NAMED IN			
	1.5K	mile	3k	5k	8k	1 0k	1 5k	20k	25K	30k	40k	50
F30	7:13	7:47	14:50	25:38	42:04	52:43	1:21:56	1:52:06	2:24:43	2:59:15	4:08:45	5:37:30
F35	7:22	8:03	15:18	26:27	43:11	63:56	1:23:29	1:53:32	2:26:51	3:01:53	4:12:21	5:42:2:
F40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	5:55:4
F45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:28
F50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:09
F55	8:55	9:31	18:05	31:14	50:54	1:03:33	1:38:40	2:14:48	2:54:26	3:36:33	5:01:03	6:49:24
F60	9:17	10:01	19:01	32:51	53:32	1:06:50	1:43:51	2:21:54	3:03:54	3:48:29	5:17:54	7:12:43
F65	9:48	10:35	20:06	34:43	56:33	1:10:37	1:49:50	2:30:12	3:14:51	4:02:20	5:37:25	7:39:40
F70	10:26	11:15	21:22	36:54	1:00:02	1:15:01	1:56:49	2:39:54	3:27:38	4:18:30	6:00:18	8:11:30
F75	11:10	12:01	22:51	39:28	1:04:10	1:20:14	2:05:05	2:51:18	3:42:50	4:37:46	6:27:35	8:49:28
F80	12:03	12:58	24:41	42:37	1:09:13	1:26:38	2:15:15	3:05:24	4:01:36	5:01:39	7:01:26	9:47:38
FAS	13:13	14:15	27:05	46:45	1:15:50	1:35:01	2:28:37	3:24:00	4:26:20	5:33:10	7:46:16	10:39:18
F90	14:56	16:06	30:36		1:25:30	1:47:18	2:48:13	3:51:12				
100		7756	Bear 1	The stands	DESIGNATION OF		EN					
M30	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10	1:38:18	2:05:12	2:32:17	3:27:30	4:31:00
M35	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28	1:39:43	2:06:56	234:14	3:30:17	4:34:53
M40	6:58	7:29	14:16	24:24	40:15	50:32	1:17:03	1:43:13	2:11:29	2:39:47	3:37:53	4:44:49
M45	7:13	7:46	14:47	25:31	41:44	52:25	1:19:58	1:47:10	2:16:35	246:05	3:46:36	4:56:24
MEO	7:33	8:05	15:23	26:33	43:25	54:32	1:23:14	1:51:37	2:22:20	2:53:13	3:56:29	5:09:29
MES	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56	1:56:38	2:28:52	3:01:19	4:07:41	5:24:22
M60 .	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10	2:02:23	2:36:20	3:10:33	4:20:30	5:41:23
MEE	8:38	9:19	17:43	30:33	49:56	1:02:45	1:36:01	2:08:58	2:44:53	3:21:11	4:35:15	6:01:01
M70	9:08	9:50	18:44	32:18	52:46	1:06:21	1:41:37	2:16:35	2:53:56	3:33:31	4:52:23	6:23:51
M75	9:43	10:28	19:55	34:20	56:04	1:10:35	1:48:13	2:25:34	3:05:02	3:48:05	5:12:40	6:50:54
MBO	10:26	11:14	21:22	36:50	60:06	1:15:44	1:56:15	2:36:31	3:20:50	4:05:57	5:37:34	7:24:11
M85	11:21	12:13	23:14	40:04	65:20	1:22:26	2:06:43	2:50:48	3:39:31	4:29:18	6:10:11	8:07:50
M90	12:41	13:39		44:45	72:52	1:32:08	2:21:52	3:11:28	4:06:38	5:03:17	6:57:43	9:11:37

U.S. MASTERS STANDARDS OF EXCELLENCE FOR WOMEN											
Event 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84											
100 200 400 800	13.8 28.0 63.5 2:32	14.2 29.2 65.5 2:35	14.6 30.3 67.5 2:40	15.0 31.4 69.5 2:46	15.6 32.5 71.5 2:54	16.2 34.0 73.5 3:05	16.9 35.7 78.5 3:19	17.8 37.5 83.7 3:36	18.8 40.0 90.0 3:56	20.0 43.5 96.5 4:09	21.2 47.0 103.3 4:35
1500 Mile 5000 10000	5:10 5:34 19:45 41:00	5:19 5:44 20:30 42:40	5:29 5:55 21:20 44:40	5:40 6:07 22:16 47:00	5:58 6:26 23:12 49:30	6:20 6:49 24:16 52:00	6:48 7:19 26:08 56:00	7:23 7:46 28:08 60:00	7.00	8:52 9:39 32:21 76:00	34:26
100H 80H 400H 300H	- 17.2 75.5	18.2 79.9	15.0 84.4	15.8 88.8	16.5	17.6 72.0	18.7	20.2	22.2	25.0	28.0
HJ	1.42 4-8	1.35 4-5½	1.27	1.19 3-11	1.12 3-8	1.07	1.02 3-44	.97 3-24			.84
PV	2.70	2.40 7-10 ¹ 2	2.10 6-11	1.80	1.50	1.20	1.10	1.00	0.90	0.80	0.70
u	5.00 16+5	4.60 15-1	4.25 13-11 ¹ / ₂	3.90 12-9½	3.55	3.20 10-6	3-7½ 2.85 9-4½	3-3½ 2.60 8-6½	2-11 2:35 7-8 ¹ 2	2-7½ 2.10 6-11	2-3½ 2.00 6-7
TJ	10.00 32-10	9.20 30-24	8.60 28-25	7.80	7.18 23-7	6.40	5.70 18-84	5.20	4.70	4.20	3.80
Shot	10.30	9.30 30-6½	8.40	7.70 25-34	7.95 26-1	7.20	6.50 21-4	5.80 19-04	5.25	4.70 15-5	4.25 13-11k
Jav	39.50 129-7	33.50 109-11		21.50 70-6½	25.00 82-0	19.00 62-4	18.00 59-1	16.00 52-6	15.00 49-2	14.00	13.50
Discus	30.0 98-5	27.8 91-2	26.0 85-4	24.0 78-9	22.0 72-2	20.0 65-8	18.0 59-1	16.0 52-6		14.0 45-11	13.5
Hammer	35.0 131-3	32.5 114-10	30.0 98-5	25.0 82-0	23.0 75-6	22.0 72-2	20.0 65-8	18.0 59-1	14.0 45-11	12.0 39-5	9.0 29-7
20 Wt.	10.00	9.00	8.00	7.00	6.00	5.00	4.00	3.50	3.25	3.00	2.75
16 Mt. 8.00 7.00 6.00 5.50 5.25 5.00 4.75 notes: 1) 100 standards are for automatic time; use standard conversion for h.5: d time. 2) Short hurdles: 30-39: 33"; 40+: 30" 3) Shot put: 30-49: 4k; 50+: 3k. 4) Jáveiin: 30-49: 600gm; 50+: 400gm. 5) Hammer: 30-49: 48; 50+: 3k. 6) Metric heights and distances are the standard; feet and inches listed											

APPLICATION FOR AN

NAME_	AGE-GROUP			
ADDRESS	product and the second	EX: M F		
CITY	STATE	ZIP		
MEET	DATE OF MEET	100 mm 200		
MEET SITE		The second		
EVENT:	MARK:			
HURDLE HEIGHT	WEIGHT OF IN	APLEMENT		
□ CERTIFICATE	□ PATCH	□ PATCH TAG		
If you have equaled or bette completely.	ered the standard of excellence, pl	ease fill out this application,		

- completely.

 2. A copy of your results or a note stating in which issue your results appeared MUST accompany this application.

 3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is \$15.

 4. Send to: All-American, National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

 5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O. Box 2372, Van
Nuys, CA 91404. To keep information current, we generally do not
publish results more than 3 months old. Results that are typed (maximum 28 spaces/21/4 Deadline is the 10th of the

EAST	400M
	M30 Mitchell Lovett 5 M35 David Cherry 5
MAC N.Y. Relays Randalls Island, NY; May 8	M40 Rick Lapp 5 M45 Philip Felton 5
100M	M45 Philip Felton 5 M50 Rab Hagin 5
M30 David Cherry 11.68	MEO Tam Talkana
	W30 Kelly Etheridge W35 Louise Clark
M40 Edward Gonera 11.93 M45 Mike Augerity 12.83 M50 Gene Ballard 12.82	The second secon
M60 Tom Talbott 15.57 W30 Denise Jones 14.52	800M
	M35 Seth Okrend 2:1 M45 Salih Talib 2:1
M30 Fred Feaster 23.53	M50 D. Pennenga 2:2
M35 David Cherry 23.25	M60 Tom Talbott 3:2 1500M
M40 Rockdale Hudson 26.73	M45 Salih Talib 7:4
M45 Philip Ferton 25.25	5K
M60 Tom Talbott 32.87	M45 Salih Talib 26:0
W30 Kelly Etheridge 27.40	M45 Mike Milove
W35 Denise Sullivan 34.69	M60 Tom Delaney
400M M30 Fred Feaster 54.50	400M HURDLES
M40 Errol Lee 53.85	M45 Ivan Black 1:0 M50 D. Pennenga 1:1
M45 Philip Felton 54.48	W30 Caryl Senn 1:0
M50 Rab Hagin 59.76 M60 James Moran 1:12.38	HIGH JUMP
M70 John McManus 1:14.16	M35 Jim Henderson
W30 Kelly Etheridge 1:02.22	M35 Jim Henderson M45 Ivan Black M55 Mort Hahn
W40 Betty Clair 1:10.17	M60 Art Kearney
800M M30 John Williams 2:05.11	M65 Tom Delaney
M40 Bob Pertak 2:19.19	M80 Bob Detweiler W30 Caryl Senn
M45 Bob Burke 2:18.69 M60 F. Vellardito 2:35.35	LONG JUMP
M60 F. Vellardito 2:35.35 M70 John McManus 2:47.70	M35 Joe Lafferty 1
MILE	M40 Rick Lapp M45 Ivan Black 1
M35 A. Watson 4:55.48	M50 Julio Marin 1
M45 Salih Talib 5:09.60	M55 Ed Kent 1
M40 Ron Stoninch 10:07.33	M60 Paul Soraparu M65 Tom Delaney 1
M45 Salih Talib 10:00.42	W35 Sarah Boslaugh 1
W30 Harriet Ranage10:36.03	W45 Lorraine Tucker 1
W45 Pat Mondello 10:57.26	TRIPLE JUMP
LONG JUMP	M45 Ivan Black M50 Julio Marin
M50 Richard Kaye 3.82	M55 Ed Kent 3
W35 Sara Boslaugh 4.41 SHOT-PUT	M60 Paul Soraparu W35 Sarah Boslaugh
M35 Peter Van Oken 11.76	SHOT PUT
M45 Rich Dunphy 11.46	M40 Karl Johnson 1
M40 Kim Salzer 10.53 M45 Rich Dunphy 11.46 M50 Edward Fox 10.78 M55 Norm Cyprus 10.74	M45 Dennis Chandler 1 M50 Larry Pratt 1
M55 Norm Cyprus 10.74 M60 Thomas Brooks 9.37	M55 Kurt Krasten
W30 Harriet Ranage 8.97	M60 Meemo Maaska 1 M65 Herb Cantor
W35 Sarah Boslaugh 10.82	M70 Fred Davies
W40 Betty Clair 9.12 W45 Joyce Halls 7.19	M80 Alfred Skonberg
W50 Roslyn Katz 7.47	W30 Caryl Senn
DISCUS	W35 Sarah Boslaugh 1 W50 Roslyn Katz
M35 Peter Van Aken, 37.36 M40 Kim Salzer 37.56	W55 Anne Cirulnick
M45 Rich Dunphy 31.72	W60 Chris McKenzie
M50 Edward Fox 36.00	W70 Libby Hagerman
M55 Norm Cyprus 36.28 W30 Nicole Phillips 32.70 W35 Sarah Boslaugh 28.20	DISCUS
W35 Sarah Roslaugh 28.20	M35 Peter Van Aken 3 M40 Karl Johnson
WOU RUSIYII NALZ ZI.12	
HAMMED	M50 Larry Pratt
M35 Peter Van Aken 40.42	M55 Kurt Krastin
M45 J. Casamassima 39.24 M55 Norm Cyprus 42.32	M60 Marty Kintish M65 Herb Cantor
W35 Sarah Boslaugh 25.16	M70 Mart Neumann
W35 Sarah Boslaugh 25.16 W50 Roslyn Katz 27.60 JAVFLIN	M75 Jack Hagermann
JAVELIN M50 Edward Fox 41.88	M80 Bob Detweiler W30 Debbie Eckhardt
M60 Tom Talbott 17.58	W35 Sarah Boslaugh
W50 Roslyn Katz 17.22	W45 Lorraine Tucker
N.Y. Masters Spring Classic	W50 Roslyn Katz W55 Anne Cirulnick
Kings Point, NY; May 15	W60 Chris McKenzie
100M	W70 L. Hagermann
M30 Michael White 11.0	HAMMER
M35 David Cherry 11.6 M40 Edward Gonera 11.2	M35 Peter Van Aken M45 Dewitt Davies
M40 Edward Gonera 11.2 M45 Paul Henry 12.1	M50 Doug Power
M50 G. Ballard 12.7 M55 Ed Small 13.0	M55 Kurt Krastin M60 Marty Kintish
M60 A. Johnson 13.4	M65 Herb Cantor
M65 Tom Delaney 13.9 M70 Roscoe Brown 16.0	M70 Mart Neumann
M70 Roscoe Brown 16.0	M80 Paul Narcessian
W30 Kelly Etheridge 13.2 W35 Louise Clark 12.8 W40 Sharon Warren 13.6	W30 Debbie Eckhardt W35 Sarah Boslaugh W50 Roslyn Katz
W40 Sharon Warren 13.6	W50 Roslyn Katz
	W55 Anne Cirulnick
M30 Michael White 23.9 M35 James Por 24.1	W70 L. Hagermann WEIGHT THROW
M40 Ed Gonera 23.0	M45 Ed Beebe
M45 Philip Felton 243	M50 Doug Power
M50 Rab Hagin 25.6 M55 Ed Small 25.3	M55 Kurt Krasten M60 Marty Kintish
M60 Alex Johnson 26.2	M65 Herb Cantor M80 Bob Detweiler
M60 Alex Johnson 26.2 M65 Tom Delaney 26.6	M80 Bob Detweiler
W30 Kelly Etheridge 26.6	W30 Debbie Eckhardt W35 Sarah Boslaugh
W35 Louise Clark 26.2	
W40 Sharon Warren 27.9	W50 Roslyn Katz W55 Anne Cirulnick
W45 Lorraine Tucker 28.7	W70 L. Hagermann

p information current, we generally do not an 3 months old. Results that are typed					
wide) in our form e month prior to iss	at re	ceive preference.			
	4				
OM , O Mitchell Lovett 50.	9	JAVELIN M30 Steve Ecklund	14.56		
5 David Cherry 51.	4	M35 Rob Doran	39.04		
5 Philip Felton 54.		M40 Rick Lapp M45 Dennis Chandler	50.02		
O Rab Hagin 57.		M50 Edward Fox M55 Mort Hahn	39.74 26.50		
0 Kelly Etheridge 61.	2	M60 Meemo Maaska	30.62		
	8	M70 Mart Neumann M80 Bob Detweiler			
<u>OM</u> 5 Seth Okrend 2:18.		W30 Debbie Eckhard	t 20.14		
5 Salih Talib 2:14. 0 D. Pennenga 2:21.		W35 Sarah Boslaugh W50 Roslyn Katz	18.88 16.96		
0 Tom Talbott 3:23.		W70 L. Hagermann	15.30		
00M 5 Salih Talib 7:48.		New York Games Coors Spring Medi			
5 Salih Talib 26:05.	2	(200, 200, 400, 80			
OM HURDLES	- F	New York; May 2			
5 Mike Milove 17. 0 Tom Delaney 20.	3	NY Pioneer Philadelphia Masters	3:46.16 3:47.23		
OM HURDLES 5 Ivan Black 1:08.		Team United - VA	3:51.66 3:54.72		
0 D. Pennenga 1:12.	0	Central Park TC Shore AC - NY	3:59.77		
O Caryl Senn 1:09. GH JUMP	9 -	Garden State AC	4:01.24		
5 Jim Henderson 5	-6	Connecticut Senior Oly	ympics		
IS Ivan Black 5 S Mort Hahn 3-	-0	June 4			
O Art Kearney 4	-2	M55 Vincent Remson M60 Hank Hollander	6.40		
	-2	M65 Raoul Rodriques	8.00		
30 Caryl Senn 5	-o	M70 Robert Dowling M75 Lawrence Dyer	8.50		
ONG JUMP 35 Joe Lafferty 18-	09/4	W55 Jeannette Cyr	9.30		
10 Rick Lapp 20		W60 Lucy Duffy W65 Patricia Peterson	10.00		
15 Ivan Black 17- 50 Julio Marin 13-		100			
55 Ed Kent 15- 60 Paul Soraparu 11		M55 Chris Filmer M60 Walter Gale	13.10 15.40		
55 Tom Delaney 13-	81	M65 Wm. Bergen, Jr. M70 Ed Matthews	14.40 14.60		
35 Sarah Boslaugh 14- 45 Lorraine Tucker 14-		M75 Robert Sorlien			
RIPLE JUMP		M80 A. Murphy W55 Mary Roman	19.80		
50 Julio Marin 27	-0 -6	W60 Sally Strazdins	17.60		
55 Ed Kent 32-		W65 P. Peterson W70 Doris Berlepsch	17.40 28.80		
60 Paul Soraparu 24 35 Sarah Boslaugh 30	-5	200	27.00		
<u>HOT PUT</u> 40 Karl Johnson 13.	50	M60 Walter Gale	32.30		
45 Dennis Chandler 12. 50 Larry Pratt 13.		M65 Wm. Bergen, Jr. M70 Ed Matthews	29.70		
55 Kurt Krasten 8.	65	M70 Ed Matthews M75 Lawrence Dyer W55 Mary Roman	36.00		
60 Meemo Maaska 11. 65 Herb Cantor 9.	58	W60 Sally Strazdins	36.90		
65 Herb Cantor 9. 70 Fred Davies 10.	53	W55 Mary Roman W60 Sally Strazdins W65 P. Peterson	39.10		
80 Alfred Skonberg 7. 30 Caryl Senn 9.	63	M55 Peter Muzeroll	1:08.40		
35 Sarah Boslaugh 11.	17	M60 A. Meardon M65 Rovce Sawver	1:10.70		
55 Anne Cirulnick 8.	83	M55 Peter Muzeroll M60 A. Meardon M65 Royce Sawyer M70 John McCarthy M75 Anthony Papp	1:23.00		
30 Caryl Senn 9. 35 Sarah Boslaugh 11. 50 Roslyn Katz 8. 55 Anne Cirulnick 8. 60 Chris McKenzie 70 Libby Hagerman 7.	81 05	W55 Jeannette Cyr W60 S. Strazdins	1:30.60		
TARREST MARKET		W60 S. Strazdins W65 A. Kearney	1:29.40		
15CUS 36. 35. Peter Van Aken 36. 40. Karl Johnson 38. 45. Dewitt Davies 38. 50. Larry Pratt 47. 47. 55. Kurt Krastin 26.	78	800			
40 Karl Johnson 38	13	M55 Peter Muzeroll M60 A. Meardon	2:36.00		
50 Larry Pratt 47	00	M65 L. Larkin	3:10.00		
60 Marty Kintish 40	15	W55 Jeannette Cyr	3:20.00		
65 Herb Cantor 30	04	M60 A. Meardon M65 L. Larkin M70 C. Lunsford W55 Jeannette Cyr W60 S. Strazdins W65 A. Kearney	3:22.00		
160 Marty Kintish 40 165 Herb Cantor 30 170 Mart Neumann 24 175 Jack Hagermann 26 180 Bob Detweiler 19	22				
180 Bob Detweiler 19 130 Debbie Eckhardt 21	02	M55 Peter Muzeroll M60 Walter Gale M65 L. Larkin	5:31.00		
35 Sarah Boslaugh 26	11	M70 C. Lunsford	6:22.00		
130 Debbie Eckhardt 21 135 Sarah Boslaugh 26 145 Lorraine Tucker 23 150 Roslyn Katz 20 155 Anne Cirulnick 18	49	W55 Jeannette Cvr	6:38.00		
155 Anne Cirulnick 18 160 Chris McKenzie 15	28	W60 Lucy Duffy W65 A. Kearney	7:48.00 6:53.00		
70 L. Hagermann 16	90	W75 Mary Haines	2:13.00		
AMMER 135 Peter Van Aken 145 Dewitt Davies 150 Doug Power 155 Kurt Krastin 160 Marty Kintish 165 Herb Cantor 170 Mart Neumann 180 Paul Narcessian 1730 Sarah Boslaugh 1750 Roslyn Katz 175	35	5K M55 Jerry LeVasseur M60 Arnie Green	19:16		
145 Dewitt Davies 40	.56	M60 Arnie Green M65 Phil Mongillo M70 Paul Orsini M75 Arnold Earl W55 Jeannette Cyr	19:43		
150 Doug Power 27 155 Kurt Krastin 21	78	M70 Paul Orsini	24:02		
160 Marty Kintish 31	36	W55 Jeannette Cvr	24:58		
170 Mart Neumann 22	44	wou betty kelly	74:35		
180 Paul Narcessian 24	.14	1500M RACEWALK	26:01		
/35 Sarah Boslaugh 24	.94	M55 Michael Hoffer	8:25		
750 Roslyn Katz 27 755 Anne Cirulnick 20	.92	M65 M. Eisenstein	9:21		
770 L. Hagermann 19	.72	M70 Malcolm Goering	9:40		
145 Ed Beebe 3	7-9	M80 A. Murphy	12:29		
150 Doug Power 25	-10 -10	M85 Emil Kratzer W55 Barbara Frasca	16:10 10:11		
160 Marty Kintish 40	-71	W65 Helen Lonnroth	10:38		
M65 Herb Cantor 3 M80 Bob Detweiler 1	2-1 7-1	W/U Minna Charles W75 Helen Imko	11:32		
v30 Debbie Eckhardt	.93	W80 Rose Rippe	16:08		
VSO Roslyn Katz	.97	M55 Michael Hoffer	30:22		
170 Mart Nordinaini 1800 Paul Narcessian 1735 Debbie Eckhardt 1735 Sarah Boslaugh 1750 Roslyn Katz 1755 Anne Cirulnick 170 L. Hagermann 170 Marty Kintish 17	.29	M60 Jack Boitano M65 M. Eisenstein	28:55		
TO L. Hagermann C					

asters News	
M70 Malcolm Goering	35:07
M75 Bruno Maki	39:22 46:46
M85 Lester Steffens	45:24
W55 Gail Chesnut W60 Gail Sangree	39:20 40:03
W65 Eila Silander	38:47
W70 Minna Charles W75 Mary Haines	40:07 49:05
HIGH JUMP	4.04
M55 Vincent Remson M60 Frank Kozel	4-04 3-08
M65 Wm. Bergen, Jr. M70 Vernon Mattson	4-00 3-08
M75 Lawrence Dyer	3-08
W55 Beverly Eggert W60 Sally Strazdins	3-06 3-04
W65 Patricia Peterso	n 3-06
W70 Libby Hagemann	3-00
M55 V. Remson	16-10.4 11-02
M60 J. Mickolyzck M65 Kip Trembley	13-00
M70 V. Mattson M75 Robert Sorlien	13-06.5 11-04.7
M80 A. Murphy	8-06
W55 B. Eggert W60 B. Langer	10-04.5 8-00
W65 Ann McGowan	8-08.7
W70 L. Hagemann SHOT PUT	8-04
M55 Charles Haller	34-01 36-04.5
M65 Kip Trembley	28-07.5
M70 M. Virgilio M75 Bruno Maki	27-08 30-00
M85 Charles Hawley	24-06
W55 Mary Roman W60 Joan Dash W65 Ann McGowan	28-00 22-08
W65 Ann McGowan	17-02
W70 L. Hagemann W75 Rose Ruston	22-08 16-07
DISCUS	
M55 Charles Haller M60 Martin Kintish	170-07 138-02
M65 Charles Moyles	96-01
M70 John McCarthy M75 Jack Hagemann	98-00 92-01
M80 A. Murphy M85 Charles Hawley	68-09 54-01
W55 Joan Youngs	67-091
W60 Joan Dash W65 Helen Lonnroth	54-04 42-06
W70 L. Hagemann	57-01
W75 Rose Ruston W80 Shirley Murphy	45-04 15-00
JAVELIN	
M55 Charles Haller M60 James Duncan	76-04 127-00
M65 Kip Trembley	
M70 John McCarthy	86-03 76-05
M70 John McCarthy	86-03 76-05
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk	86-03 76-05 96-03 xi 28-05 74-03
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash	86-03 76-05 96-03 (i 28-05 74-03 60-02
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hagemann	86-03 76-05 96-03 xi 28-05 74-03 60-02 32-01 1 55-03
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hageman W75 Rose Ruston	86-03 76-05 96-03 32-05 74-03 60-02 32-01 1 55-03 43-08
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hagemann	86-03 76-05 96-03 32-05 74-03 60-02 32-01 1 55-03 43-08
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hageman W75 Rose Ruston SOUTHEA USATF Florida Asso	86-03 76-05 96-03 32-05 74-03 60-02 32-01 1 55-03 43-08
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hagemani W75 Rose Ruston SOUTHEA USATF Florida Asso Masters Champion	86-03 76-05 96-03 31 28-05 74-03 60-02 32-01 1 55-03 43-08
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M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hagemann W75 Rose Ruston SOUTHEA USATF Florida Asso Masters Champion Winter Park; May 100m M30 Lenwood Rance Mike Washington	86-03 76-05 96-03 62-03 62-03 60-02 32-01 10 55-03 43-08
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hagemani W75 Rose Ruston SOUTHEA USATF Florida Asso Masters Champion Winter Park; May 100m M30 Lenwood Rance Mike Washington M35 Stan Porter	86-03 76-05 96-03 xi 28-05 74-03 60-02 32-01 10 55-03 43-08 ST ciation ships 7 21
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hageman W75 Rose Ruston SOUTHEA USATF Florida Asso Masters Champion Winter Park; May 100m M30 Lenwood Rance Mike Washington M35 Stan Porter William Cashman M45 Tyrone Carlis	86-03 76-05 96-03 62-05 74-03 60-02 32-01 155-03 43-08 1ST ciation ships 721 11.45 11.89 11.74
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hagemann W75 Rose Ruston SOUTHEA USATF Florida Asso Masters Champion Winter Park; May 100m M30 Lenwood Rance Mike Washington M35 Stan Porter William Cashman M45 Tyrone Carlis Jon Davis	86-03 76-05 96-03 8i 28-05 74-03 60-02 32-01 10 55-03 43-08 ST ciation ships 21 11.45 11.89 11.74 13.22 11.74 12.09
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hageman W75 Rose Ruston SOUTHEA USATF Florida Asso Masters Champion Winter Park; May 100m M30 Lenwood Rance Mike Washington M35 Stan Porter William Cashman M45 Tyrone Carlis Jon Davis M50 Joe Johnston M55 Doug Albert	86-03 76-05 96-03 62-05 96-03 62-03 60-02 32-01 10 55-03 43-08 15T ciation ships 721 11.45 11.89 11.74 13.22 11.74 12.09 12.51 13.8
M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hageman W75 Rose Ruston SOUTHEA USATF Florida Asso Masters Champion Winter Park; May 100m M30 Lenwood Rance Mike Washington M35 Stan Porter William Cashman M45 Tyrone Carlis Jon Davis M50 Joe Johnston	86-03 76-05 96-03 32-01 10 55-03 43-08 ST ciation ships 21 11.45 11.89 11.74 13.22 11.74 12.09 12.51 13.8 13.9 13.9
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M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hagemann W75 Rose Ruston SOUTHEA USATF Florida Asson Masters Champion Winter Park; May 100m M30 Lenwood Rance Mike Washington M35 Stan Porter William Cashman M45 Tyrone Carlis Jon Davis M50 Joe Johnston M55 Doug Albert Fred Pinkston Joe Deluca	86-03 76-05 96-03 62-05 96-03 62-03 60-02 32-01 10 55-03 43-08 ST ciation ships 21 11.45 11.89 11.74 13.22 11.74 12.09 12.51 13.8 13.9 13.5 13.8 13.3
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M70 John McCarthy M75 Bruno Maki M80 Henry Pawlowsk W55 Joan Youngs W60 Joan Dash W65 Ann McGowan W70 Libby Hagemann W75 Rose Ruston SOUTHEA USATF Florida Asso Masters Champion Winter Park; May 100m M30 Lenwood Rance Mike Washington M35 Stan Porter William Cashman M45 Tyrone Carlis Jon Davis M50 Joe Johnston M55 Doug Albert Fred Pinkston Joe Deluca M60 David Slocum Warren Doscher M65 Roy Chernock M70 Blair McFarlane John Anoka M75 Jay Sponseller Nat Heard M80 Frank Verner W40 Jocelyn Lowther W60 Betty Sjogren 200m M30 Lenwood Rance	86-03 76-05 96-03 62-05 96-03 62-03 60-02 32-01 10 55-03 43-08 11.45 11.89 11.74 12.09 12.51 13.8 13.9 13.9 13.9 13.9 13.9 13.5 13.8 13.3 14.1 15.1 15.1 15.1 15.1 15.1 15.1 15.1 15.1 15.1 15.1 15.1 15.1 15.1 15.1 15.2 23.4
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W40 Jocelyn Lowther
400m
M30 L Rance
Orlando Matthews
Kevin Markey
M35 Mike Runda
Rex Lowther
M45 Jon Davis
M50 J C Shenk
M55 James Simpson
M60 Ted Sjogren

51.8 52.6 55.8 56.2 56.8 58.7 60.2 67.3 69.3

WOU	Betty Sjogren	2:00
800 M30	Douglas Pickell	2:06.6
M35	Douglas Pickell Mike Washington Mike Runda	2:23.6 2:07.5
M40	Paul Rekfus	2:12.8
M50	Lindsey Bodden J C Shenk	2:30.1
M55	Chuck Hill	3:00.4
M65	E T Nowell	4:03.5
M70	Carl Hammen Leslie Bogart	2:52.7 3:00.6
150)Om	
M35	Mark Casey Paul Rufkus	5:21.7 4:35.4
M45	Bruce Kritzler	4:38.2
	Carl Hammen Bart Ross	6:00.9 6:34.9
500		The same that the same of
M70	METER RUN Mike Harris Bart Ross Jewell Shenk	23:27.6
W50	Jewell Shenk h Hurdles	32:32.8
M40	Pat Crandall	16.88
M55	John DeLuca	17.15 18.35
M65	Roy Chernock	16.96
M40	h Jump Pat Crandall	1.54m
M55	Larry Judd Doug Alberts	1.50
	Don Hull	1.40 1.18
Pol	e Vault Bill Cashman	3.56
M50	Joe Johnston	3.96
Lon	g Jump Stan Porter	6.17
	William Cashman	4.85
	Pat Crandall	5.89 5.31
M45	Tyrone Carlis	5.81
M60	Warren Doscher	5.44 4.43
	Don Hull	2.43
W40	Jocelyn Lowther	4.35
Tri M35	<u>ple Jump</u> Stan Porter	12.83
M40	Wayne Reese	12.78
M45	Pat Crandall Bob Lucci	11.34 12.45
M75	Tyrone Carlis	11.68 6.60
	Don Hull	4.58
Sho M30	Robert Sippio	15.61
M40	John Schou	12.13
M50	Chris Rothstein Charle Fennelle	6.37 12.56
	Jerry Arline Sr	11.13
	Len Ulson	13.16
	J E Roy Reed Quinn	11.91
M75 Dis	Don Hull	7.72
M30	Rober Sippio	51.33
M35	Mike Richardson Gary England	24.79 45.39
	William Cashman	30.21
M40 M45	Gary Lane	30.01 35.61
M50	Jerry Arline Sr Charles Fennelle	40.08
	Larry Judd	30.51
	Len Olson J E Roy	46.49
94	Reed Quinn	34.32
M70	Tom McDermott Don Hull	31.93 19.53
W30	Cynthia Morrison	19.76
W50 Ham	Vanessa Hilliard	33.96
M30	Mike Richardson	
M45	Joe Ross	39.09 36.57
M50	Jerry Arline Sr Charles Fennelle	37.18 33.67
M55	John DeLuca	12.17
M60	I F Pou	41.07 33.98
M75	Pay Carstensen	32.16
m/S	Don Hull	36.71 27.15
M3U	Nat Heard Cynthia Morrisor	26 20
W50	Vanessa Hilliam	38.43
M30		
M35	Gary England William Cashman	48 75
M50	Jerry Arline Sr	37.90
M60	Lawrence Morrell Len Olson	31.36 37.15
	Reed Quinn	30.74
W30		41.00
W50	Vanessa Hilliard Om Racewalk	24.47
M45	Charre Daile	30:12.7
	Mario Feinstein	36.13 A
M50	Storling Vore	20.10 0
M60	Stew Harkness	28:48.5 37:57.9
M70	John Evans	40:03.0
MSO	Mario Feinstein Chris Rotchstein Sterling Kerr Bob Fine	32:58.5

Myke Burr M65 E T Nowell M75 Jay Sponseller W40 Jocelyn Lowther W60 Betty Sjogren

		page 29
70.4	W45 Alba Campbell W55 Joy Clingman	30:01.7 32:37.6
72.2 64.4 2:00	W65 Jessie Nolen BTC Class	34:58.6
2:06.6	Birmingham, AL;	The same of the sa
2:23.6	M30 K Baldwin A Williams	6.24 6.37
2:12.8 2:18.1	M Thomas M40 S Williams	6.51 6.41
2:30.1	A Santos P Terry	6.44 6.60
2:45.4 4:03.5	M45 G Bell M50 D Ellis	7.05 7.79
2:52.7 3:00.6	M55 H Zing M65 C Sochor	7.46 7.22
5:21.7 .	F Hayes F40 L Lowery	7.42 7.36
4:35.4 4:38.2	M30 A Williams	11.56
6:00.9	K Baldwin M35 J Mathis	11.63 11.76
2:26.7	S Winkel P Brock	12.98 13.56
23:27.6	M40 M McCoy T Gilliard	11.77
16.88	A Santos M45 C Austin C Bell	11.81 12.11 12.72
17.15 18.35	M50 H Jones D Ellis	13.99
16.96	M Straton M55 J Mathis	15.30 12.72
1.54m 1.50	M Boudreaux M60 B Alexander	12.80 13.62
1.40	L Bonifield M65 J Law	14.55 12.95
3.56	C Sochor G Seifert	13.55 13.95
3.96	W50 J MacDonald W60 G Young	15.36 21.70
6.17 4.85	M30 K Baldwin	23.48
5.89	S Jefferson D Hoyle	23.67
5.81 5.44	M35 J Mathis S Winkel	23.78 25.67
4.43 3.10	K Knight M40 T Gilliard A Santos	25.71 23.84
2.43 4.35	G Rudick M45 C Austin	23.86 24.19 25.81
12.83	G Bell T Broker	26.49 29.66
12.78 11.34	M50 II Jones D Ellis	28.87 28.94
12.45	M55 J Mathis D Anderson	25.63 32.66
6.60 4.58	M60 B Alexander M65 J Law	28.43 26.73
15.61	C Sochor F Hayes	27.93 29.76
12.13 6.37 12.56	W50 J MacDonard 400m M30 S Jefferson	31.00
11.13	C Babb M35 J Mathis	51.24 56.48 53.09
13.16	S Winkel K Knight	56.99 60.80
10.91	M40 G Rudick M45 C Austin	55.12 56.11
51.33	A Scale G Bell	56.68 58.98
24.79 45.39	M55 J Mathis M Boudreaux	56.47 57.99
30.21 30.01	D Anderson W30 R Graves 800in	76.34 71.36
35.61 40.08	M30 G Harris M40 N Dodson	2:00.10 2:11.60
33.83 30.51	1500m M30 G Harris	4:04.30
46.49 35.73	P Heidbieder M40 G Baker	4:26.40 5:02.00
34.32	M45 C Thompson M50 B Joyner	5:00.90 5:46.10
19.53 19.76	Short Hurdles M30 D Hoyle	16.94
33.96	M50 D Ellis M65 C Sochor	16.24 19.63
19.08 39.09	W40 L Lowery Long Hurdles	15.02
36.57 37.18	M60 L Bonifield W40 L Lowery 4x400 Rolay	50.00 55.70
33.67 12.17	M65 Power Bar WETT (Law/Seifert/Dapp	
41.07 33.98	KC 100m (distance hand	licap) (47 10.65
32.16 36.71 27.15	M McCoy	44 10.81 68 10.82
26.29	A Santos	59 10.88 42 11.18
38.43	C Austin'	44 11.25 49 11.27
28.35 48.75	High Jump M35 T Krebes M40 M Walker	1.
39.40 37.90	M40 M Walker M45 J Sauer M55 L Vodopya	4-6 5-9 4-2
31.36 37.15	M60 L Bonifield M65 G Seifert	4-5 5-0
30.74 41.00	C Socior L Lowery	4-2 4-2
20.68	Pole Vault M35 S Winkel	10-6
30:12.7	T Krebes W45 P Raschker	10
32:58.5 36:13.4	Long Jump M35 S Winkel T Krebes	16-6.25
28:10.9 28:48.5	M40 A Santos P Terry	15-9.25 18-10.25 16.50
37:57.9 40:03.0	M60 L Bonifield Continued o	15-4.50
0.14.0	. Continued o	ir iieat page

Continued from previous page	1 M:70-74	1 M-45-49	M:50-54	2 JIM WOOSLEY 4.50M	M:35-39
M65 .C Sochor 15-3	1 TOM KENNELL 14:81	M:45-49 1 LINDESY BODDEN 2:13:70	1 DAVE ELLIS 17:04	3 JIM SAUERS 443M	1 DAVID VANDERGRIFF 48.28M
F Hayes 14-9.25	M:75-79	2 DAVID BAILEY 2:26:50	2 BILL BUSBY 17:77	4 BARRY FAUST 3.90M	M:40-44 1 PETER FARMER S&80M
W40 L Lowery 14-9.50	1 JAY SPONSELLER 15:50	M:50-54 1 RICHARD BATT 2:38:07	M:60-64 1 PHIL MULKEY 17:84	M:50-54 1 MIKE VALLE 460M	2 BOB GUNN 32.02M
Shot Put	200 MITTER RUN F:40-44	2 JOHN SWICEGOOD 3:40:60	M:65-69	M:55-59	M:45-49
M35 P Brock 35-1 M40 J Accardi 37-11.50	1 JOCEYLN LOWTHER 28:69	M:55-59	1 BAILEY GORE 20:02	1 JOE HEMLER 409M	1 KASEY CAPPS 16.68M M:50-54
M45 J Sauer 37-1	2 DONNA SETTLES 28:80	1 BOBBY HOLLIS 2:34:26	10000 METTER WALK	M:60-64 1 PHIL MULKEY 5.11M	1 MIKE VALLE 40.26M
M50 P Costa 41-6	F:45-49 1 PHIL RASCHKER 26:03 (WR	2 DICK ANDERSON 3:18:42 M:60-64	F:20-29 1 KATHY JAKIN 1:01:57	2 JAMES STOOKEY 432M	2 DICK BLOOMFIELD 39.12M
L Boots 26-4 M55 L Vodopya 35-5.50	F:50-54	I WILLIAM BROBST 3:28:10	F:35-39	3 JAMES NICHOLSON 3.23M	M:55-59 1 DON NORTH 22-58M
H Zing 33-8.50	1 JOY MACDONALD 32:20	M:75-79	1 SALLY EVENDEN 58:24	M:65-69	1 DON NORTH 22.58M
W45 L Struppeck 31-2.25 W60 G Young 17-8	M:20-29 1 CHRIS LAYNE 22:15	1 WILLIE DUNCAN 3:41:60 M:80-99	F:40-44 1 E. LONGTON 56:28	1 BUCK BRADBERRY 464M 2 FRANK HAYES 4.22M	1 RAY FEICK 36.84M
Discus	2 TECUMSEH PEETE 22:41	1 MAX SPRINGER 3:51:40	2 ROSEMARY WILES 1:07:45	3 GORDON SEIFERT 3.71M	2 PHIL MULKEY 36.28M
M35 S Winkel 95-4.75 P Brock 89-7.75	M:30-34	1500 METTER RUN	3 ROBIN HESSA 1:07:54	M:70-74	3 PAY CARSTENSEN 33.98M
P Brock 89-7.75 M40 J Accardi 98-8.25	1 MARK LOWRY 24:26 2 HERB COLLINS JR 25:02	F:30-34	M:20-29 1 DAVE MCGOVERN 42:52	1 ROD MARIOTT 3.26M	1 DICK BERGENBACK 35.48M
M50 L-Boots 110-7	3 LOZENZO PAYNE 25:04	1 Sue MCWHORTER 4:56:8	M:35-39	1 MAX SPRINGER 288M	2 NED CURRAN 20.10M
P Costa 99-9 M55 115-5	M:35-39	M:20-29 1 BRAD LANCE 4:10.7	1 IAN WHATLEY 44:22	TRIPLE JUMP	M:70-74 1 ROD MARIOTT 27.24M
L Vodopya 94-7	1 CHARLES THOMAS 25:09	M:30-34	M:40-44 1 MARK DANFORD 55:26	F:45-49	1 ROD MARIOTT 27.24M 2 CARL BOCK JR. 20.62M
W40 L Lowery 69-2.75 W45 L Struppeck 85-10	2 MIKE MOLL 26:06 3 CHIP SCOTT 26:97	1 SCOTT KING 4:15:6	1 MARK DANFORD 55:26 2 GENE HARRISON 57:06	1 PHIL RASCHKER 8.25M F:50-54	35(25) LB WEIGHT
W45 L Struppeck 85-10 Javelin	M:40-44	2 MARK CARVER 4:17:2 3 PETER HEIBREDER 4:26:6	3 HENRY COFFEY JR. 1:03:10	1 BARBARA STEWART 7.28M	P:50-54
M30 K Karam 150-5	1 THOMAS JONES 23:44	4 ANTHONY BOERIO 5:42:4	M:50-54	2 ANN CARTER 7.04M	1 BRENDA BLOOMFIELD 10.90M M:20-29
M35 S Winkel 141-2 T Krebes 78-9.50	2 HARRY BLAKE 24:06 3 THOMAS GILLIARD 24:34	M:35-39	1 RONALD POTEETE 1:01:39 2 JIM NORVILL 1:04:55	M:20-29	1 CHRIS LEMING 17.28M
M50 L Boots 109-1	4 ELLIS MAYFIELD 24:39	1 KEITH JOHNSON 4:24:9 2 BILL MCAMIS 5:29:3	3 BOBBY BAKER 1:06:36	1 VINCENT MARTIN 14.12M M:35-39	M:35-39
W45 L Struppeck 109-6.50 W50 J MacDonald 56-9.50	5 RON JACKSON 24:86	2 BILL MCAMIS 5:29:3	M:55-59	1 STAN PORTER 12.39M	1 DAVID VANDERGRIFF 14.76M
W50 J MacDonald 56-9.50	6 ADAM LONG 26:28	I R. LENARDUZZI 4:45:0	1 GENE SILER 1:00:37	M:40-44	M:40-44 1 PETER FARMER 16-68M
C Sochor 66 4265	7 ANTHONY SANTOS 25:42 M:45-49	2 DAVID BAILEY 5:07:6	1 JOHN SNADEN 1:14:17	1 T. WEATHERBEE 10.75M	2 BOB GUNN 12.38M
S Winkel 36 2746 G Seifert 65 2377	1 BOB GREEN 26:26	M:50-54 1 TOM BOWDEN 4:28:5	2000/3000 METER SITEPLE	2 BOB ROCKWELL 10.71M M:45-49	M:45-49
L Bonifield 60 2059	2 RANDALL BRADY 26:36	M:55-59	M:30-34	1 BARRY FAUST 871M	1 L B. CLAYTON 10,98M
P Brock 39 2046	M:50-54	1 BOBBY HOLLIS 5:37:9	1 GREGG HARRIS 10:39:00 M:35-39	M:50-54	2 KASEY CAPPS 62MM
T Krebes 39 2016	1 THADDEUS BELL 24:99 2 FRANK GALBRAITH 27:23	2 CHARLIE ENGLE 6:09:5 M:75-79	1 BILL MCAMIS 13:59:00	1 MIKE VALLE 8.68M	1 DICK BLOOMFIELD 12.16M
USATF Southeast Regional	M:55-59	1 WILLIE DUNCAN 7:34:2	M:50-54	M:60-64 1 PHIL MULKEY 9.99M	2 MIKE VALLE 1L16M
Championships U. of Tennesso	e, 1 JIM MATHIS 25:45	M:80-99	1 JOHN SWICEGOOD 15:47:00	2 JAMES STOOKEY 9.72M	M:55-59
Knoxville; May 27-28	2 JOE HEMLER 26:57	1 MAX SPRINGER 7:49:5	M:60-64 1 WILLIAM BROBST 11:07:00	3 JAMES NICHOLSON 7.78M	1 DON NORTH 6.24M
55 METER RUN	3 ERVIN MITCHELL 26:84 4 BARRY BERTRAM 29:89	3000 METER RUN	HIGH JUMP	M:65-69	1 RAY FEICK 12.33M
F:40-44 1 JOCEYLN LOWTHER &:06	5 JAMES SIMPSON 30:66	F:35-39	F:20-29	1 BAILEY GORE 8.75M 2 BUCK BRADBERRY 8.73M	2 PHIL MULKEY 11.92M
F:50-54	6 DICK ANDERSON 33:44	1 JAN HANKINS 13:28:5 M:20-29	1 NICOLE HUDSON 1.73M	3 GORDON SEIFERT 8.40M	3 PAY CARSTENSEN 11.42M
1 BARB STEWART 8:86	M:60-64	1 PAT MATERNA 9:07:0	F:40-44 1 LINDA LOWERY 1,32M	M:70-74	M:65-69 1 DICK BERGENBACK 11.78M
2 ANN CARTER 9:31	1 JAMES STOOKEY 27:91	M:30-34	F:45-49	1 TOM KENNELL 8.50M	2 NED CURRAN 7.80M
F:55-59 1 BETSY ROBINSON 12:66	2 JOHN WALL 29:90 M:65-69	1 PETER HEIBREDER 9:42:8	1 PHIL RASCHKER 1.37M	SHOT PUT F:20-29	M:70-74
M:40-44	1 JIM LAW 26:78	2 KEN BROCK 11:37:2 3 ANTHONY BOERIO 12:25:6	F:50-54	1 NICOLE HUDSON 11.32M	1 ROD MARIOTT 7.90M 2 CARL BOCK JR. 657M
I RON JACKSON 6:90	2 GORDON SEIFERT 28:46	M:45-49	1 BRENDA BLOOMFIELD 1.12M	F:45-49	2 CARL BOCK JR. 6.57M
2 ANTHONY SANTOS 7:11	3 FRANK HAYES 29.53	I R. LENARDUZZI 10:11:0	1 JOHN DYE 142M	1 PHIL RASCHKER 7.22M	M:20-29
3 JOHN VANCE 7:62	4 BILL BERGEN 30:96 5 LAWRENCE GRECO 33:92	M:50-54	2 MIKE WALKER 1.37M	F:50-54 1 BRENDA BLOOMFIELD 7.83M	1 CHRIS LEMING 11.35M
M:50-54 1 THADDEUS BELL 7:47	M:70-74	1 JOHN SWICEGOOD 15:48:3 M:75-79	3 PATRICK MALONE 137M	F:55-59	M:35-39 1 DAVID VANDERGRIFF 10.26M
M:55-59	1 TOM KENNELL 31:73	1 WILLIE DUNCAN 16:09:2	M:45-49 1 JIM SAUERS 1.78M	1 BETSY KAY ROBINSON 6.82M	M:40-44
1 ERVIN MITCHELL 7:60	M:75-79	3000 METER WALK	2 BARRY FAUST 142M	M:40-44	1 PETER FARMER 9.02M
2 JOE HEMLER 7:81 3 HALL HAYNES 8:44	1 JAY SPONSELLER 31:65	F:40-44 I ROSEMARY WILES 19:27:30	M:50-54	1 BOB GUNN 13.26M M:45-49	2 BOB GUNN 7.34M
M:60-64	F:40-44	2 ROBIN HESSA 19:32:50	1 FRANK GALBRAITH 1.57M 2 MIKE VALLE 1.37M	1 JIM SAUERS 11.28M	M:45-49 1 L B. CLAYTON 7.27M
1 PHIL MULKEY 8:09 2 DON DICKINSON 8:51	1 JOCEYLN LOWTHER 1:03:36 2 DONNA SETTLES 1:05:31	F:60-64 bris (1929 7) 17 17	M:55-59	2 BOB GREEN 1L10M	2 KASEY CAPPS 4.36M
3 JAMES STOOKEY 12:48	M:20-29	1 JOYCE DECKER 18:05:45 (US) M:40-44	1 DON NORTH 137M	3 L B. CLAYTON 9.90M 4 KASEY CAPPS 9.79M	1 DICK BLOOMFIELD 681M
M:65-69	1 DAVID ADKISSON 54:57	I HENRY COFFEY JR. 17:54:90	M:60-64 1 PHIL MULKEY 1.42M	M:50-54	2 MIKE VALLE 665M
1 BILL DAPRANO 8:05 2 FRANK HAYES 8:08	M:30-34 1 HERB COLLINS JR 52:55	M:50-54	2 JAMES STOOKEY 1.37M	1 LARRY PRATT 13.45M 2 GLEN JOHNSON 13.05M	M:55-59
3 LAWRENCE GRECO 8.65	2 SCOTT KING 53:12	1 RONALD POTEETE 17:34:40	3 JAMES NICHOLSON 122M	2 GLEN JOHNSON 13.05M 3 MIKE VALLE 11.60M	1 DON NORTH 3.86M
4 BILL BERGEN 8:78	M:35-39	M:55-59 1 GENE SILER 17:26:40	4 WILLIAM BROBST 1.22M	M:55-59	M:60-64 1 RAY FEICK 602M
M:70-74	1 STEVE WINKEL 55:96	SOOD METER RUN	I GORDON SEIFERT 1.57M	1 RUDY HOUG 10.68M	2 PAY CARSTENSEN 5.36M
1 ROD MARIOTT 10:16	2 THOMAS KREBES 1:01:40 M:40-44	F:35-39	2 BUCK BRADBERRY 1.37M	2 DON NORTH 9.69M M:60-64	3 TOM BARTENFELD 4.15M
F:40-44	1 THOMAS JONES 53:43	I MARY CONAWAY 21:22:0	POLE VAULT F:45-49	1 PHIL MULKEY 13.51M	M:65-69 1 NED CURRAN 3.52M
1 JOCEYLN LOWTHER 13:84	2 RICK EASLEY 53:61	2 JAN HANKINS 22:43:0	1 PHIL RASCHKER 3.35M	2 RAY FEICK 12.69M	WIJGHT FENTATHLON
F:45-49 1 PHIL RASCHKER 12:66	3 ELLIS MAYFIELD 54:40	3 KIM SWICEGOOD 32:28:0	F:50-54	3 JAMES NICHOLSON 7.70M	(LIAMMER, 35 WT, JAV, SP, DISCUS)
I PHIL RASCHKER 12:66 F:50-54	4 HARRY BLAKE 58:18 5 T. WEATHERBEE 59:42	1 WENDY ENGLAND 22:54:0	1 BARBARA STEWART 2.13M	M:65-69 1 BUCK BRADBERRY 9.57M	M:45-49
I JOY MACDONALD 15:51	6 NORMAN DODSON 59:47	M:30-34	M:20-29 I KEVIN GOHMAN 4.42M	2 NED CURRAN 9.14M	1 KASEY CAPPS TOTAL: 1929 (200,310,360,580,479)
2 BARB STEWART 16:13	M:45-49	1 JOHN COBB 16:19:0 2 KEN BROCK 20:05:0	M:30-34	3 JOHN SNADEN 7.41M	M:50-54
3 ANN CARTER 16:85 M:20-29	1 J. MONTMARQUET 55:27 2 RAY BURRIS 57:71	M:35-39	1 LINDSEY THURMAN 274M	M:70-74	I MIKE VALLE TOTAL: 3051
1 TECUMSEH PEETE 10.88	2 RAY BURRIS 57:71 3 LINDESY BODDEN 1:00:00	1 STAN HOLLENBECK 17:55:0	M:35-39	1 WILLIAM NETTLES 10.43M 2 ROD MARIOTT 8.46M	(659,576,374,721,721)
2 CHRIS LAYNE 10.96	M:50-54	M:40-44	1 STEVE WINKEL 3.35M 2 THOMAS KREBES 3.20M	3 CARL BOCK JR 825M	M:55-59 1 DON NORTH TOTAL: 2268
M:30-34 I LOZENZO PAYNE 11:56	1 THADDEUS BELL 1:00:15 M:55-59	1 BILL NUGENT 23:25:0 M:50-54	3 JAMES STEWART 259M	DISCUS	(369,304,383,662,551)
2 LINDSAY THURMAN 13:15	1 JIM MATHIS 55:61	1 DON HOLT 24:38:0	M:40-44	F:40-44	M:60-64
M:35-39	2 BARRY BERTRAM 1:07:77	2 JOHN SWICEGOOD 29:00:0	1 JOHN DYE 3.81M 2 CHUCK LAX 3.66M	1 LINDA LOWERY 23.32M	1 PHIL MULKEY TOTAL: 3928 (687,658,730,995,858)
I STAN PORTER 12:12 2 CHARLES THOMAS 12:15	3 JAMES SIMPSON 1:07:96 M:60-64	M:55-59 1 CHARLIE ENGLE 22:05:0	3 PATRICK MALONE 259M	F:45-49 1 PHIL RASCHKER 21.80M	2 RAY FEICK TOTAL: 3808
3 ROBERT PHILLIPS 12:22	1 JOHN WALL 1:10:18	INTERMEDIATE HURDLES	M:50-54	F:70-74	(700,684,789,951,684)
4 STEVE WINKEL 12:87	2 TOM BARTENFELD 1:15:30	F:50-54	1 BILL BUSBY 3.40M	1 A. BERGENBACK 11.30M	M:65-69
5 CHIP SCOTT 13:06 M:40-44	The state of the s	1 ANN CARTER 1:12:67	M:55-59 1 DON NORTH 1.98M	M:20-29	1 NED CURRAN TOTAL: 2472 (369,431,504,717,451)
1 THOMAS JONES 11:25	M:65-69 1 JIM LAW 1:03:53	M:20-29	M:60-64	1 TOM GARRETT 51.08M M:45-49	M:70-74
2 RON JACKSON 11:86	2 GORDON SEIFERT 1:04:46	1 TOM HAMPTON 53:83 M:30-34	1 PHIL MULKEY 3.20M	1 KASEY CAPPS 28.06M	I CARL BOCK JR. TOTAL: 2439
3 ANTHONY SANTOS 11:87	3 BILL BERGEN 1:12:32	1 DARREN HOYLE 1:03:43	LONG JUMP	M:50-54	(378,330,489,632,610)
4 ELLIS MAYFIELD 12:06 5 ADAM LUNG 12:46	M:75-79 1 JAY SPONSELLER 1:12:43	M:40-44	F:20-29	1 LARRY PRATT 47.82M 2 MIKE VALLE 39.66M	F:20-29
6 JOHN VANCE 12:55	1 JAY SPONSELLER 1:12:43 800 METER RUN	1 BILL CHEADLE 1:01:10 M:45-49	1 NICOLE HUDSON 5.43M F:40-44	2 MIKE VALLE 39.66M M:55-59	1 NICOLE HUDSON 41.44M
M:50-54	F:40-44	1 RAY BURRIS 1:02:82	1 LINDA LOWERY 4.52M	1 RUDY HOUG 4L20M	P:40-44
I THADDEUS BELL 12:13	1 DONNA SETTLES 2:53:00	2 BARRY FAUST 1:24:18	2 JOCELYN LOWTHER 4.25M	2 DON NORTH 28.60M	1 DIANE VANCE 23.84M
2 FRANK GALBRAITH 12:92 3 JOE JOHNSTON 13:03	M:20-29 1 BRAD LANCE 2:00:18	1 PHIL MULKEY 53:18	F:45-49 1 PHIL RASCHKER 4.34M	M:60-64 1 PHIL MULKEY 44.22M	1 PHIL RASCHKER 20.68M
4 BILL BUSBY 13:75	2 DAVID ADKISSON 2:02:36	1 PHIL MULKEY 53:18 2 WILLIAM BROBST 1:07:43	1 PHIL RASCHKER 4.34M F:50-54	2 JOHN MOLL 41.70M	F:50-54
M:55-59	3 ERIK ANDERSON 2:04:70	M:65-69	1 BARBARA STEWART 3.43M	3 RAY FEICK 36.68M	1 JOY MACDONALD 17.78M
1 JIM MATHIS 12:67 2 ERVIN MITCHELL 12:78	M:30-34 1 GREGG HARRIS 1:56:74	I BILL DAPRANO 54:93	F:55-59	4 WILLIAM BROBST 25.22M	F:55-59 1 BETSY KAY ROBINSON 13,96M
J JOE HEMLER 12:99	2 MARK CARVER 2:02:45	F:40-44	1 BETSY KAY ROBINSON L93M M:20-29	M:65-69 1 BILL DAPRANO 31.68M	F:70-74
4 BARRY BERTRAM 14:52	3 JIM BUSBY 2:03:02	1 LINDA LOWERY 16:02	1 VINCENT MARTIN 7.33M	2 DICK BERGENBACK 30.42M	1 A. BERGENBACK 7.28M
5 JAMES SIMPSON 15:20	4 JAY RAO 2:03:37	F:45-49	M:35-39	3 JOHN SNADEN 24.40M	M:20-29
M:60-64 1 JAMES STOOKEY 19:50	5 JOHN COBB 2:07:30 M:35-39	1 PHIL RASCHKER 12:67 F:50-54	1 STAN PORTER 5.80M	4 NED CURRAN 23.56M M:70-74	1 CHARLIE WHITE 60.42M
M:65-69	1 JAMES REPPERT 2:16:04	1 BARB STEWART 19:36	2 STEVE WINKEL 5.40M 3 THOMAS KREBES 4.64M	1 WILLIAM NETTLES 29.46M	1 MARK MAFFETT 48 48M
1 JIM LAW 13:27	M:40-44	M:30-34	M:40-44	2 CARL BOCK JR. 26.86M	M:35-39
2 BAILEY GORE 14:05 3 FRANK HAYES 14:06	1 RICK EASLEY 2:01:96	1 DARREN HOYLE 16:43	1 T. WEATHERBEE 5.42M	HAMMER	1 STEVE WINKEL 44.84M
4 BILL BERGEN 14:80	2 NORMAN DODSON 2:11:61 3 RON MERVILLE 2:19:00	M:40-44 1 THOMAS GILLIARD 15:47	2 ANTHONY SANTOS 5.35M 3 PATRICK MALONE 4.74M	F:50-54	2 THOMAS KREBES 30.24M
5 BUCK BRADBERRY 15:10	4 BOB FEHR 2:24:06	M-45-49	M:45-49	1 BRENDA BLOOMFIELD 34.36M M:20-29	1 RICK EASLEY 4204
6 LAWRENCE GRECO 15:71	5 EDWARD BRUMBY 2:36:93	I BARRY FAUST 20:02	1 DAVE WARD 5.34M		
					on next page

Dennis Hopkins M60 Sid Montecino Ed Marshall

W60 Mildred Coleman M65 Foster Doty John Gaidry M70 Robert Jantz

July, 1994		
Continued from prev		•
2 PATRICK MALONE M:45-49	43.04M	Ex
1 BOB GREEN 2 BARRY FAUST 3 KASEY CAPPS M:50-54	42.74M 35.26M 26.38M	
1 BILL BUSBY 2 MIKE VALLE M:55-59	39.28M 33.88M	
1 BILL DUCKWORTH 2 DON NORTH M:60-64	44.74M 34.32M	
1 RAY FEICK 2 PHIL MULKEY	39.88M 37.42M	
3 JOHN MOLL M:65-69	25.50M	
1 DICK BERGENBACK 2 BILL DAPRANO	32.74M 30.56M	
3 NED CURRAN M:70-74	25.34M	
1 ROD MARIOTT	30.10M 22.52M	
2 CARL BOCK JR. PENTALTHON	2232M	
M 30-34 1 MARK MAFFETT		
LJ(5.60M/502),JAV(44.0 200M(25:0/586),DISCUS		
1500M(4:26:88/765) 2 BRAD DAVIES	TOTAL: 2593	
LJ(5.67M/516),JAV(51.9 200M(24:8/603),DISCUS	7M/618),	
1500M(5:38:69/358) M 35-39	,	
1 STEVE WINKEL	TOTAL: 2731	1010
LJ(5.67M/580),JAV(37.9 200M(25:6/569),DISCUS		-
1500M(4:50:28/649) M 40-44		J. 18.
LJ(5.41M/606),JAV(31.6		
200M(27:2/521),DISCUS 1500M(4:53:30/693)	TOTAL STATE	Or In
2 PATRICK MALONE LJ(4.92M/490),JAV(43.	TOTAL: 2498 88M/617),	100
200M(28:2/445),DISCUS 1500M(5:21:91/530)	S(27.52M/416),	,
M 45-49	TOTAL: 2194	1
LJ(441M443)JAV(24	41M/323).	
200M(27:8/545),DISCU: 1500M(5:46:99/466)	5(2).18M/417),	
M 60-64 1 PHIL MULKEY	TOTAL: 2429	
LJ(4.20M/657),JAV(31. 200M(34:5/334),DISCU		
1500M(DNF/0) 2 WILLIAM BROBST	TOTAL: 1704	
LJ(3.30M/356),JAV(21. 200M(37:2/206),DISCUS		
1500M(6:57:27/370) M 65-69		
I BILL DAPRANO LJ(4.07M/677),JAV(32		
200M(29:4/735),DISCU 1500M(7:29:18/334)		1
LJ(432M/769),JAV(33	TOTAL: 2923 .94M/727),	
200M(28:9/772),DISCU 1500M(DNF/0)	S(3L73M/655),	١
M 70-74 1 ROD MARIOTT	TOTAL: 2363	1
LJ(3.43M/\$40),JAV(32 200M(38:5/296),DISCU	.68M/779), S(31.73M/748),	
1500M(11:15:84/0) 4X100 M RELAY	NE EUR I	
OPEN:M I. NASHVILLE TC	46:92	,
(PHILLIPS, LOWRY, BRAZ		
(MOLL,WARD,WOOSL		
OPEN:M	1.47.01	
1 VICTORY TC (MOLL,WARD,WOOSL		
1 POWER BAR WETT	281	1
2 KNOXVILLE TC 3 NASHVILLE TC	156 119	1
4 ATLANTA TC 5 MARYLAND MASTE	93	
6 POTOMAC VALLEY 7 S. LA. MASTERS	42 39	8
8 PHILADELPHIA MS 9 GODIVA TC	38	
10 MJOLNIR THROWER		
11 FLORIDA AC 13 MIDWEST MASTERS	24	
14 BIRMINGHAM TC	n	
15 FLORANCE TC 16 BROOKS	7	
16 NY MASTERS 18 PARKSIDE AC	7 5	
18 MEMPHIS TC 20 WEST PENN TC	5	1
20 BELL ATHLETICS 22 PONEY EXPRESS	3 2	1 + 1
21 CHARLOTTE TC	1	1. 1.
Florida Sunshine Open & Masters Tra	Games	
Championsh Ft Lauderdale El	ips	1

Ft. Lauderdale, FL; June 4

= ALL AMERICAN HASTERS
PERFORMANCE [12]
* = FLORIDA RESIDENT'S RECORD [2]

100 H19	METERS RORY HEARD	11.75	
H25 H30	WAYNE WAUGH MEIL MAROTTA WARREN WASHINGTON	11.30 12.10 11.78	
M35	HARVEY JACKSON	11.81	
H45	STAN PORTER ANDREW MASON TYRONE CARLIS	11.81 12.45 12.00	
	DIX WASHINGTON JON DAVIS VINCENT REGHI	12.34 12.42 13.90	
M55	FRED PINKSTON JOB DELUCA	13.79 19.15	
H75 F40	ROY CHERNOCK JAY SPONSELLER JOCELYN LOWTHER	12.93 15.10 13.10	
200 H19	JOY MACDONALD METERS RORY HEARD	15.00	ė
H25	WAYNE WAUGH SAMUEL KING	22.91 24.96 22.60	
. нзо	MEIL MAROTTA ORLONDO MATTHEWS MIKE WASHINGTON	24.98 23.38 24.37	
H35	ARMON HENRY HARVEY JACKSON TONY HOLMPS	24.91 23.72 24.00	
	STAN PORTER BARRY FUENTEZ	24.33	
H40 H45	JEFF ALLEN RSX LOWTHER TYRONE CARLIS	28.00 25.19 24.50	•
M55	JON DAVIS FRED PINSTON JOB DELUCA	25.60 29.84 39.21	
H75 F40	JAY SPONSELLER JOCELYN LOWTHER	31.22 27.32	
400 M25 M30	METERS SAMUEL KING ORLONDO MATTHEWS	50.31 52.43	
H40	MIKE WASHINGTON CHARLES SMITE REX LOWTHER	56.50 53.90 56.18	•
H45	JON DAVIS JAY SPONSBILER	61.00 72.75	•
F40 800 H30	JOCELYN LOWTHER METERS MIKE WASHINGTON	66.02	
M40 M50	CLAY HANSEN JOHN SHENK	2:26 2:31 2:34	
1500 H30	METERS HIKE WASHINGTON	3:01 5:25.0	00
H45	PRANK PRESSLER	5:29.	13
H45	ANTHONY ROQUE	10:31.	
H25 H45 H50	GERRY DOLYB MIRE HASON JAY CAPLAN	34:09. 31:25. 36:04.	8
M60	BOB SURRELLE MURRAY GLASER	32:20. 32:41. 35:41.	4 7
H65	SIG KURZ EPIK JOHANNSON AVRAM FINGER	33:46. 34:51.	6
H70 F50	JERRY RAUFFMAN FATRICIA BARAN	33:49.	3
HIGH HIGH	HURDLES JOB DELUCA	35:57. 23.83	6
HIGH HIGH	ROY CHERNOCK JUMP NICHOLAS ROMANOV	16.99	
M55	JOE DELUCA JIM GILLCRIST	1.06	e
F50 LONG	JOY HCDORALD JUMP	2.17 @	
H19 H30	WAYNE WAUGH WARREN WASHINGTON PRANK VALDEZ	5.43 5.59	
M35 H40	STAN PORTER WAYNE REESE	5.04 5.67 5.91	
H45	DAVE SHEPHERD BDDIB JACKSON TYRONE CARLIS	5.59 5.33 5.50	
F40 TRIP	JOCELYN LOWTHER LB_JUMP STAN PORTER	3.85	
H40	TYRONE CARLIS	10.99 12.80 11.38	
M25 M30	NEIL MAROTTA MIKE WASHINGTON	9.70 9.93	
H45 H50	R. VLAARINGBRBROBK CHARLES FEMMELLE LARRY MORRELL	11.82	
M55	JOR DELUCA	10.77 10.10 7.98	
M65 M80	J. ROY EDWARDS JIH GILLCRIST OTTO SCHERINI	11.10 11.69 6.77	ė
DISC H25	MEIL HAROTTA GERRY DOYLE	28.40 23.95	
H30 H45 H50	FRANK VALDEZ R. VLAARDINGERBROEK	32.35 34.91	
H55	CHARLES FRANELLE LARRY MORRELL HAROLD TESSIER	32.74 31.71 30.73	
M60 M65 M80	J. EDWARD ROY JAMES GILLCRIST OTTO SCHERIMI	34.95 38.83 19.92	
HAMM H45 H50	ER R.VLAARDIFGERBROEK	35.35	
H55	CHARLES FENNELLE LARRY MORRELL HAROLD TESSIER	36.00 22.03 22.52	
H60	J. EDWARD ROY	13.00 33.00	
H25 H30	PRANK VALDEZ	44.62 44.15	
H40 H45	MIKE WASHINGTON EDDIE JACKSON R. VLAARINGERBROEK	29.94	
H50	CHARLES FERNELLE	46.50 29.30 24.33	
H55 H80	HAROLD TESSIER OTTO SCHEPINI	36.81 18.12	
M	ID-AMER	ICA	

MID-AMERICA

Western Slope Senior Games Montrose, CO; May 14

50M		
M55	Dwaine Horton	7.25
1160	Donald Schneck	7.32
M65	George Butchko	8.73
H70	Howard Jensen	10.77
M75	Robert Broughton	9.80
M85	Wes Fowler	11.22
W60	Marj Nicholson	10.54
W65	Pat Craze	10.87
W70	Thelma McMahan	11.13
1001		
M55	Dwaine Horton	13.62
M60	Donald Schneck	14.36
M65	George Butchko	16.19
M70	Kenneth Gray	20.57
H75	Robert Broughton	19.68
W65	Pat Craze	21.77

		11000		
1	200M			
١		Dwaine Horton	29	
١		Donald Schneck	30	.86
١		Robert Broughton	43	.5:
1	400M M60	Donald Schneck	٠.	24
	M70	Bill Hubert	1:	
1	M75	Robert Broughton		46
١	800M	The Date of the Da	-	-
	M70	Bill Hubert	4:	12
	M75	Robert Broughton	4:	34
	Mile			
		Bill Hubert		31
	M75	Robert Broughton	9:	34
	3000h M70	1 Cross Country Bill Hubert	18:	17
	1000		10.	1,
ĺ	400M M60	RW Dick Weaver	2.	
		Merle Carpenter	2:	
	M70	Robert Brunson	3:	
	M30	Robert Brunson George Smith		22
	W50	Marj Nicholson	2:	53
	W65	Nina Audino	3:	
	W70 W80	Thelma McMahan Alice Wyatt	2:	
	W90	Flora Bays	4:	
	800H			-
		Dick Weaver	5:	10
1	M65	Merle Carpenter	6:	
	0814	George Smith		31
	W60	Helen Gray		13
	₩55 ₩70	Nina Audino Shirley Pearl	6:	10
	W90	Flora Bays	10:	
	15001		117-	1/4
	M60	Dick Weaver	10:	24
ĺ	M70	Kenneth Gray	11:	
	W60	Helen Gray	13:	
ı	W65	Marilyn Olen Shirley Pearl	12:	
	W70 High	Shirley Pearl Jump	14:	00
	M55	Larry Carter	4'	8"
		Dwaine Horton	4'	8"
1	M65	Merle Carpenter	3,	7"
	M70	Bill Chivvis	4'	
	M80	Ralph Haley	2'	4"
	Long M55	Jump		۰.
		Larry Carter	12'	
	M65	Donald Schneck George Butchko	9,	7
Ì	H70	Bill Chivvis	10'	
١	M75	Robert Broughton	7'	10
1	M80	Ralph Haley	4.	11'
	Shot	Put	7	-
	MS5	Dwaine Horton	33,	9
	M60 M65	Winford Fowler	41'	5
	M70	Robert Keenan Harry Lawson	33,	10
	H75	Richard Thompson	24'	
	M30	Ralph Haley	20'	9
	W55		27'	6
	W60		27' 20' 16'	0
	W70	Avanell Jensen		ĭ
	W90	Flora Bays	10,	3
	Disc			
	M55	Dwaine Horton	107'	4
	M60 M65	James Kropp George Butchko	87' 95'	5
1	M70	Bill Hubert	76'	6
	M75	Richard Thompson	70'	4
	MBO	Ralph Haley	49'	
	W55	Margaret Goodhue		10
J	W60	Marj Nicholson Willie Gatza	47'	
	W70	Gerry McKinley	30,	6
	W90	Flora Bays	18'	
	-	the state of the state of		
		OUTHWES	4	o.
		1 <i>7 1 5 6 6 6 6 7 7 1</i> 1 1 1 1	VE	

SOUTHWEST

Acadiana Regional Senior Olympics

Senior Olympic	S	Raoul Borel	22' 3'
Lafayette, LA; Ap	ril 9	W75 Edesse Broussard	12'5"
SOH	,	M80 Daniel Mestayer	25'51
		Bill Domingues	24'11
M55 Charlie Richard	6.97	Testile diseased in	
Roland Hesmonohala		DISCUS	
Nathan Denoit	7.28	M55 Alfred Duhon	78'5'
W55 Clara Cleveland	8.75	Joe Brignac	
Bernice Bordelon	8.87	Ward Landry	72'9'
Janell Boudreaux	9.85	W55 Joyce Strayer	37'0'
M60 Ed Marshall Ken Leggett	7.12	Melissa Greene	34'0'
	7.36	M60 Bill Dotson	108'5'
Jerry Lyons W60 Betty Reynolds	7.38	R. Adams	103'5'
Mildred Coleman	9.67	Don LeBlanc	95'1'
Shirly Johnson	9.96	W60 June Lecamus	42'1'
M65 Louis Riecke	7.21	Mildred Estis	38'6'
Albert Radinger	7.69	L. Richard	36'3'
Rene Calais	7.78	M65 Evan Wood	112'0'
W65 Evelyn Connell	9.72	Earl Raggio	74'3' 56'8'
Denise Guillotte	12.35	Joseph Lovell W65 Mildred Martin	31'5'
Melba Martin	13.62		31'3'
M70 Robert Jantz	9.20	M. Brown O. Lovell	29'9'
Howard Newman	11.81	M70 Maurice Chappuis	67'6
M80 Daniel Mestayer	9.15	H. LeBlanc	50'5
100M		J. Thurman	36'1
		W70 F. Chambers	26'6
MSS Michael Boudreaux	12.56	R. Harrison	23'7
Charlie Richard	13.56	M75 B. Aucoin	74'2
Roland Hesmonhalah		Earl Labbe	46'3
W55 Clara Cleveland	17.25	R. Borel	43'8
Bernice Bordelon	17.60	W75 E. Broussard	20'6
Janell Boudreaux	22.29	M80 Daniel Mestayer	64'1
M60 Ed Marshall	13.72	Bill Domingues	54'8
Jerry Lyons	14.63	JAVELIN	
Sid Montecino	14.66	M55 Henry Wadsworth	116'7
W60 Betty Reynolds	18.62	Phillip McCarty	99'9
Hildred Coleman	19.32	Alfred Duhon	79'1
Shirley Johnson	20.07	W55 Jean Strayer	37'5
M65 Louis Riecke	13.53	M60 Jerry Lyons	126'7
Albert Badinger	14.50	Frank Bourgeois	99'1
Rene Calais W65 Denise Guillotte	15.09	R. Adams	86'1
Evelyn Connell	25.35	W60 Tootie Metez	45'
M70 Robert Jantz	25.45	Mildred Estis	38'
Howard Newman	20.93	June Lecamus	33'
M80 Daniel Mestayer	24.97 18.66	M65 Evan Wood	97'
200M	10.00	Joe Lovell	561
M55 Michael Boudreaux	25.85	W65 H. Lindsey	56'
Charlie Richard	28.25	M. Brown	28'
Roland Hesmonohala		0. Lovell	28': 25': 91'
W55 Bernice Bordelon	39.32	M70 Maurice Chappuis	91'
M60 Sid Montecino	30.85	J. Thurman	41'
Ed Marshall	31.62	J. Thurman W70 R. Harrison	20"
W60 Betty Reynolds	44.09	M75 Edgar Labbe	48'
· Mildred Coleman	44.75	W75 B. Broussard	181
M65 Albert Badinger	30.78	M80 Daniel Hestayer	58'
Louis Riecke	31.60	Bill Domingues	49"
Rene Calais	33.19		
M70 Robert Jantz	53.06	Waterloo Champion	nships
Howard Newman	1:01.03		
M80 Daniel Mestayer	42.59	Austin, TX; May	1/
- State Section 2010 - 101		100m	
400M . M55 Michael Boudreaux	50 07	M30 Fred Porter	10
Has wicuser pondiesnx	30.07	Ited tottet	10

John Galdry	1:31.93	MDD Tomas Ramirez
M70 Robert Jantz	1:56.25	M60 Wilford Scott
M60 Charlie Wimberly	2:23	M70 Bob Wingo
M65 Larry Cinquemand	2:48	W30 Robin Welch
Ernest Fusilier John Gaidry	3:24	W35 Lori Kopp
M70 Robert Jantz	3:36 4:21	W45 Carolyn McCornick
The state of the s		W50 Mary Luker
M55 Dennis Hopkins	6:36	M30 Fred Porter
M60 Charlie Wimberly	4:54	M35 Andrew Mason
M65 Larry Cinquemand	5:41	N40 Willard Thompson
Foster Doty Ernest Fusilier	6:03	M45 Ray Burrus
M70 Robert Jantz	8:28	M50 Courtland Gray
5K RUN	20:04	M55 Tomas Ramirez
M55 Larrie Sweet	23:32	M65 Bill Bowers
Wesley Hebert M60 Ronald Piontek M65 Larry Cinquemand	23:13	M70 Bob Wingo
M65 Larry Cinquemand	20:52	W30 Robin Welch
Foster Doty	21:36	W35 Margo Braud
BOOM WALK		W50 Mary Luker
M55 William Kilian W55 Joyce Broussard	5:20	400m
	5:47	M30 Fred Porter
Janice Pratt	6:15	M55 Donald Patrick
M60 Charlie Stoute W60 Eva Guidry	6:30	M60 Fred Adams
Lucy Abernathy	7:15 7:59	M70 Bob Wingo
Lucy Abernathy M65 Rene Calais	5:38	W40 Charlotte Carter
Joseph Lovell	6:48	W55 Marion Coffee
Ivan Arceneaux W65 Melba Martin	6:39	800m
Denise Guillotte	6:44	M70 Bob Wingo
Maria LeBlanc M70 Ed Broussard	6:54	W35 Margo Braud
Howard Newman	6:13	1500m
M75 Irvin Stirling	7:54	M30 David Smith
W80 Oliva Soileau	7:55	M35 Walt Shelton
HIGH JUMP	4100	Short Hurdles
MSS Henry Wadsworth J C Strayer	4'8"	M30 Jeff Brower
Phillip McCarty	4'6"	M40 Sergio Angulo
W55 Bernice Bordelon	3'6"	M50 Courtland Gray
M60 Jerry Lyons Don LeBlanc	4'4"	W35 Lori Kopp
W60 Betty Reynolds	3'8"	Long Hurdles
M70 Jefferson DeBlanc	3'6"	M30 Jeff Brower
M75 Edgar Aucoin M80 Daniel Mestayer	3'3"	M40 Sergio Angulo
The state of the s	1	M45 Ray Burrus
POLE VAULT M55 Henry Wadsworth	8'6"	M50 Courtland Gray
Phillip McCarty	8'0"	High Jump
J C Strayer M60 Jerry Lyons	7'6" 6'6"	M30 Jeff Brower
M70 Jefferson DeBlanc	6'0"	M45 Larry McIntyre
LONG JUMP	STATE OF STATE	M55 John Cantrell
M55 Charlie Richard	15'7"	M60 Roy Morgan
WSS Bernice Bordelon	9'9%	M70 Adolph Hoffman
		Pole Vault
Don LeBlanc	11'5"	M30 Rodney Johnson
Ed Marshall	11'24"	M35 James Fountain
M65 Albert Badinger M70 Jefferson LeBlanc	10'2"	M60 Roy Morgan
M/S Edgar Aucoin	8'4"	Long Jump
Dayone Book	1.1.	M30 Rick Cawley
SHOT PUT	15'21"	M35 Gary Dzuris
MSS Joe Brignac		
M55 Joe Brignac Alfred Duhon	35'21"	M40 Willard Thompson
Alfred Duhon	30'3"	M45 Ed Jones
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland	29'7}" 19'8"	M45 Ed Jones M50 Mac Hruska
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland M60 Ed Marshall	29'7\" 19'8" 18'11"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson	29'7\" 19'8" 18'11"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus	29'71" 19'8" 18'11" 36'7" 34'71"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds	29'7\\\ 19'8" 18'11" 36'7" 34'7\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis	29'7\\\ 19'8"\\ 18'11"\\ 36'7"\\ 34'7\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Eatis M65 Russ Faulkinberry Earl Raggio	29'7\\\ 19'8" 18'11" 36'7" 34'7\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Hildred Eatls H65 Russ Faulkinberry Earl Raggio Joseph Lovell	29'71" 19'8" 18'11" 36'7" 34'71" 20'61" 20'61" 19'81" 34'5 %" 27'4" 22'61"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Hildred Eatls H65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc W61 Helen Lindsey	29'71" 19'8" 18'11" 36'7" 34'71" 20'61" 20'61" 20'6" 19'81" 34'514" 27'4" 27'4"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Hildred Eatls H65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc W61 Helen Lindsey	29'71" 19'8" 18'11" 36'7" 34'71" 20'61" 20'61" 27'4" 27'4" 22'61" 22'61" 18'42"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Hidred Estis Hidred Estis Farkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Belen Lindsey Dalsy Connell	29'72" 19'8" 18'11" 36'7" 34'74" 34'11" 20'61" 19'82" 34'5 14" 22'64" 22'64" 22'64" 22'64" 22'64"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put
Alfred Duhon Bobby Greenwood W55 Melissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Hidred Estis Hidred Estis Farkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Belen Lindsey Dalsy Connell	29'72" 19'8" 18'11" 36'7" 34'71" 34'71" 34'71" 34'5'4" 20'63" 34'5'4" 22'64" 22'54" 16'42" 22'11" 12'34"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Hildred Estis Hofs Russ Faulkinberry Farl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Daisy Connell H70 Jack Thuman H70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe	29'72" 19'8" 18'11" 36'71" 34'11" 20'61" 20'66" 19'81" 20'54" 20'21" 11'84" 20'21" 11'84" 16'22" 22'11" 16'22" 22'11" 16'24"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Daisy Connell H70 Jack Thuman W70 Flarie Chambers M75 Edgar Aucoin Eugene Labbe Raoul Borel	29'72" 19'8" 18'11" 36'7" 34'74" 34'74" 34'74" 34'54" 20'69" 34'55%" 22'64" 22'54" 18'49" 16'29" 22'11" 12'34" 22'14"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Daisy Connell H60 Harie Chambers M70 Flarie Chambers M75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard	29'72" 19'8" 18'11" 36'7" 34'74" 34'74" 34'74" 32'69" 34'5 //" 22'64" 22'54" 18'49" 18'49" 12'11" 12'31" 12'31" 12'5" 22'11"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Hildred Estis Hofs Russ Faulkinberry Farl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Daisy Connell H70 Jack Thuman H70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe	29'72" 19'8" 18'11" 36'7" 34'74" 34'74" 34'74" 32'69" 34'5 //" 22'64" 22'54" 18'49" 18'49" 12'11" 12'31" 12'31" 12'5" 22'11"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Daisy Connell H60 Harie Chambers M70 Flarie Chambers M75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard	29'72" 19'8" 18'11" 36'7" 34'74" 34'74" 34'74" 32'69" 34'5 //" 22'64" 22'54" 18'49" 18'49" 12'11" 12'31" 12'31" 12'5" 22'11"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Hildred Estis W65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Daisy Connell M70 Jack Thuman M70 Flarie Chambers M75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Broussard M80 Daniel Mestayer Bill Domingues DISCUS M55 Alfred Duhon	29'73" 19'8" 18'11" 36'7" 34'74" 34'11" 20'64" 20'64" 22'64" 22'4" 18'44" 16'24" 22'11" 12'34" 22'14" 22'14" 22'14" 22'14" 22'14" 22'14"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Midred Eatis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Daisy Connell H70 Jack Thuman W70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Broussard M80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac	29'74" 19'8" 19'8" 18'11" 36'7" 34'74" 34'74" 32'69" 34'5 %" 22'69" 22'54" 16'29" 22'11" 12'3" 12'11" 12'3" 12'11" 12'3" 12'14%" 22'11%" 22'11%" 22'11%" 23'104" 22'11%" 23'104" 23'10	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Hidred Estis H65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Daisy Connell H70 Jack Thuman W70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Hestayer Bill Domingues DISCUS H55 Alfred Duhon Joe Brignac Ward Landry	29'72" 19'8" 19'8" 18'11" 36'7" 34'74" 34'74" 32'69" 34'556" 22'69" 22'64" 22'101'31'02'31	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Hiddred Estis H65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman W70 Flaris Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Hestayer Bill Domingues DISCUS H55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene	29'73" 19'8" 18'11" 36'7" 34'74" 20'63" 20'63" 20'64" 22'64" 22'54" 18'43" 12'34" 22'11" 12'34" 22'11" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 22'11" 12'35" 12'31" 12'3	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Daisy Connell H70 Jack Thuman W70 Flarie Chambers W75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Mestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Melissa Greene M60 Bill Dotson	29'73" 19'8" 18'11" 36'7" 34'74" 34'74" 34'15'89" 20'63" 20'63" 20'63" 20'63" 20'23" 18'43" 16'23" 22'11" 12'33" 12'5" 22'11" 12'34" 22'14" 78'5" 77'7" 72'9" 34'0"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Coniff M55 John Coniff M55 John Coniff M55 John Coniff
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman W70 Flarie Chambers W75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard W80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene M60 Bill Dotson R. Adams Don LeBlanc	29'73" 19'8" 18'11" 36'7" 34'74" 34'11" 20'64" 20'64" 22'64" 22'41" 16'44" 22'54" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 22'11" 12'5" 24'11% "	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Coniff M55 John Coniff M55 John Coniff M55 John Coniff
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Eatis Fail Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman W70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Broussard H80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene H60 Bill Dotson R Adams Don LeBlanc W60 June Lecamus	29'73" 19'8" 18'11" 36'7" 34'74" 34'74" 20'61" 20'61" 20'62" 21'44" 22'62" 18'43" 22'11" 12'31" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 23'104" 22'11" 21'154" 21'104" 22'101" 22'104" 22	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix N70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Coniff M55 John Coniff M55 John Coniff M55 John Contrell M60 Roy Morgan
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis H65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman W70 Flarie Chambers W75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Mestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene H60 Bill Dotson R. Adams Don LeBlanc W60 June Lecamus Mildred Estis	29'73" 19'8" 18'11" 36'7" 34'74" 34'74" 20'65" 19'85" 19'85" 22'65" 19'85" 12'35" 16'25" 12'35" 22'11" 12'35" 22'11" 12'35" 22'11" 12'35" 22'11" 12'55" 25'55" 24'11% " 78'5" 77'7" 77'9" 37'0" 38'6" 36'3"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Coniff M55 John Coniff M55 John Coniff M55 John Coniff
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman M70 Flarie Chambers M75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene H60 Bill Dotson R. Adams Don LeBlanc M60 June Lecamus Mildred Estis L. Richard M65 Evan Wood	29'73" 19'8" 18'11" 36'7" 34'74" 34'14" 20'64" 20'64" 22'64" 22'4" 18'44" 22'64" 22'11" 16'23" 22'11" 12'34" 22'11" 23'104" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 22'11" 12'34" 12'5" 13'0" 34'0" 136'6" 36'3" 112'0"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Middred Eatis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman W70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Broussard M80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene H60 Bill Dotson R. Adams Don LeBlanc W60 June Lecamus Mildred Eatis L. Richard M65 Evan Mood Earl Raggio	29'73" 19'8" 18'11" 36'7" 34'74" 20'65" 19'85" 22'65" 19'85" 22'16'1" 22'16'1" 22'11" 12'3" 22'110'1" 22'110'1" 22'110'1" 22'110'1" 22'110'1" 22'10'1" 23'10'1" 23'10'1" 23'10'1" 23'10'1" 23'10'1" 23'10'1" 23'10'1" 38'6" 36'3" 112'0" 74'3"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Coniff M55 John Coniff M55 John Coniff M50 Richard Wendling M30 Richard Wendling M30 Richard Wendling M30 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Midred Eatis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman W70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene H60 Bill Dotson R. Adams Don LeBlanc W60 June Lecamus Hildred Estis L. Richard M65 Evan Mood Earl Raggio Joseph Lovell W65 Hildred Martin	29'73" 19'8" 18'11" 36'7" 34'74" 20'65" 19'85" 22'66" 19'85" 22'10" 22'11" 22'10" 22'11" 22'10" 22'11" 22'10" 22'11" 22'10" 22'11" 22'10" 23'10" 23'10" 23'10" 31'5"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters)
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Midred Eatis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman W70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene H60 Bill Dotson R. Adams Don LeBlanc W60 June Lecamus Hildred Estis L. Richard M65 Evan Mood Earl Raggio Joseph Lovell W65 Hildred Martin	29'73" 19'8" 19'8" 36'7" 34'74" 34'14" 20'64" 20'64" 22'64" 22'44" 16'24" 22'14" 22'14" 22'14" 22'15" 16'24" 22'11" 25'54" 22'11" 25'54" 22'11" 25'54" 22'11" 25'54" 22'11" 25'54" 22'11" 25'54" 22'11" 25'54" 22'11" 25'54" 22'11" 25'54" 22'11" 25'54" 22'11" 25'54" 22'11" 31'5" 31'5" 31'5" 31'5"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix N70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Coniff M55 John Coniff M55 John Contrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cawley
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Eatis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dainy Connell M70 Jack Thuman M70 Flarie Chambers M75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Proussard M80 Daniel Mestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene M60 Bill Dotson R. Adams Don LeBlanc W60 June Lecamus Hildred Eatis L. Richard M65 Evan Mood Earl Raggio Joseph Lovell W65 Hildred Martin M. Brown O. Lovell	29'73" 19'8" 18'11" 36'7" 34'74" 20'65" 20'65" 19'85" 22'16'1" 22'2'5" 18'45" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'11" 22'10" 22'11" 38'5" 31'5" 31'5" 31'5" 31'5" 31'5" 31'5" 31'5" 31'5"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix N70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Coniff
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Midred Eatis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman W70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene H80 Bill Dotson R. Adams Don LeBlanc W60 June Lecamus Hildred Estis L. Richard M65 Evan Wood Earl Raggio Joseph Lovell W55 Hord W61 Hildred Martin M. Brown O. Lovell	29'73" 19'8" 18'11" 36'7" 34'74" 20'64" 20'65" 19'85" 22'16" 22'16" 22'11" 22'16" 22'11" 22'10" 22'11" 22'10" 22'11" 22'10" 22'11" 22'10" 22'1	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Conniff M55 John Conniff M55 John Conniff M50 John Conniff M50 John Conniff M50 John Conniff M55 John Conniff
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Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis H65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman W70 Flarie Chambers W75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard W80 Daniel Mestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene H60 Bill Octson R. Adams Don LeBlanc W60 June Lecamus Mildred Estis L. Richard M65 Evan Wood Earl Raggio Joseph Lovell W65 Mildred Martin M. LeBlanc J. Thurman W70 F. Chambers R. Harrison H70 H. LeBlanc J. Thurman W70 F. Chambers R. Harrison H75 B. Aucoin Earl Labbe R. Jorel W75 E. Broussard M60 Daniel Mestayer Bill Domingues JAVELIN M55 Henry Wadsworth Phillip McCarty Alfred Duhon W55 Henry Wadsworth	29'73" 19'8" 19'8" 19'8" 36'7" 34'74" 34'14" 20'64" 20'64" 22'44" 16'24" 22'44" 12'44" 22'44" 22'45" 18'42" 22'11" 12'32" 12'3" 12'3" 22'11" 12'34" 22'11" 25'54" 22'11" 12'35" 12'31" 25'54" 12'3" 12'5" 12'3" 12'5" 12'3" 12'3" 12'5" 12'3" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 12'5" 13	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp WEST Ken Carnine Class Sacramento, CA; Ma 100m Rodney Carson 32 Sarrell Tobias 33 Gil Wheeler 32
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Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Daisy Connell M70 Jack Thuman M70 Flarie Chambers M75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Broussard M80 Daniel Mestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Melissa Greene M60 Bill Dotson R. Adams Don LeBlanc M60 June Lecamus Mildred Estis L. Richard M65 Evan Mood Earl Raggio Joseph Lovell M70 Maurice Chappuis H. EeBlanc J. Thurman M70 F. Chambers R. Harrison M75 B. Aucoin Earl Labbe R. Borel W75 E. Broussard M80 Daniel Mestayer Bill Domingues JAVELIN M75 Henry Madsworth Phillip McCarty Alfred Duhon M55 Henry Madsworth Phillip McCarty Alfred Duhon M55 Jean Strayer M60 Tootie Metez Mildred Estis June Lecamus M60 Tootie Metez Mildred Estis June Lecamus	29'73" 19'8" 19'8" 19'8" 36'7" 34'74" 20'65" 19'85" 22'65" 19'85" 22'16'1" 22'16'1" 22'11'1" 38'6" 31'3" 31'5"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp WEST Ken Carnine Class Sacramento, CA; Ma 100m Rodney Carson Sarrell Tobias 33 Gil Wheeler 32 Peter Grimes Darrell Smith 39 Ken Wun Hubert Evans 40
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Daisy Connell M70 Jack Thuman M70 Flarie Chambers M75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard M80 Daniel Mestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Melissa Greene M60 Bill Dotson R. Adams Don LeBlanc M60 June Lecamus Mildred Estis L. Richard M65 Evan Mood Earl Raggio Joseph Lovell M70 Maurice Chappuis H. LeBlanc J. Thurman M70 F. Chambers R. Harrison M75 B. Aucoin Earl Labbe R. Borel W75 E. Broussard M80 Daniel Mestayer Bill Domingues JAVELIN M75 Henry Madsworth Phillip McCarty Alfred Duhon M55 Jean Strayer M60 Tootie Mestay Erank Bourgeois R. Adams W60 Tootie Mestay M60 Tootie Metez Mildred Estis June Lecamus M65 Evan Mood Jose Durvell	29'73" 19'8" 19'8" 36'7" 34'74" 20'64" 20'64" 20'64" 22'19' 18'43' 22'14' 12'3' 22'11' 23'10' 23'10' 23'10' 23'10' 31'5" 31'5" 31'5" 31'5" 31'3" 20'6" 31'3" 20'6" 31'3" 20'6" 31'3" 20'6" 31'3" 20'6" 31'3" 31'5" 31'3" 31'3" 31'5" 31'5"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp WEST Ken Carnine Class Sacramento, CA; Ma 100m Rodney Carson S3 Sarrell Tobias S3 Gil Wheeler S2 Peter Grimes S5 Parrell Smith S9 Ken Wun S8 Hubert Evans H0 Rick Thoman H0
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Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell M70 Jack Thuman M70 Flarie Chambers M75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard M80 Daniel Mestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Mard Landry M55 Joyce Strayer Melissa Greene M60 Bill Dotson R. Adams Don LeBlanc M60 June Lecamus Mildred Estis L. Richard M65 Evan Mood Earl Raggio Joseph Lovell M70 Haurice Chappuis H. LeBlanc J. Thurman W70 F. Chambers R. Harrison M70 F. Chambers R. Harrison M70 F. Chambers R. Harrison M75 B. Aucoin Earl Labbe Rorel M75 E. Broussard M80 Daniel Mestayer Bill Domingues JAVELIN M55 Henry Madsworth Phillip McCarty Alfred Duhon M55 Jean Strayer H60 Jerry Lyons Frank Bourgeois R. Adams M60 Tootie Meter Midred Estis June Lecamus M65 Evan Mood Joe Lovell M65 H. Lindsey M. Brown O. Lovell	29'73" 19'8" 19'8" 19'8" 36'7" 34'74" 20'61" 20'61" 20'61" 20'25" 18'43" 22'14" 22'11" 12'31" 22'110"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp WEST Ken Carnine Class Sacramento, CA; Ma 100m Rodney Carson 32 Sarrell Tobias 33 Gil Wheeler Peter Grimes Sarrell Smith 39 Ken Wun 38 Hubert Evans Riley McHugh 44 Rick Thoman 40
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Daisy Connell H70 Jack Thuman W70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edgar Aucoin Fugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Melissa Greene H60 Bill Dotson R. Adams Don LeBlanc M60 June Lecamus Mildred Estis L. Richard M65 Evan Mood Earl Raggio Joseph Lovell M70 Haurice Chappuis H. LeBlanc J. Thurman W70 F. Chambers R. Harrison M70 F. Chambers R. Harrison M75 E. Broussard M80 Daniel Hestayer Bill Domingues JAVELIN M70 Hestayer Bill Domingues JVELIN M55 Henry Wadsworth Phillip McCarty Alfred Ouhon M55 Jean Strayer M60 Tootie Metex Hildred Estis June Lecamus M65 Evan Wood Joe Lovell M54 H. Lindsey M. Brown O. Lovell M55 H. Lindsey M. Brown O. Lovell M70 Lovell M70 Horvies M70 Lovell	29'73" 19'8" 19'8" 19'8" 36'7" 34'74" 20'65" 19'85" 22'65" 19'85" 22'19'" 18'45" 22'19'" 12'5" 22'110" 22'10" 22'110" 22'10" 22'110" 22'10" 22'10" 23'10" 24'11%" 21'10" 22'10" 36'3" 112'0" 78'5" 31'	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp WEST Ken Carnine Class Sacramento, CA; Ma 100m Rodney Carson S3 Sarrell Tobias S3 Gil Wheeler S2 Peter Grimes S5 Parrell Smith S9 Ken Wun S8 Hubert Evans H0 Rick Thoman H0
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Hildred LeBlanc Helen Lindsey Daisy Connell H70 Jack Thuman W70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edgar Aucoin Fugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Melissa Greene H60 Bill Dotson R. Adams Don LeBlanc M60 June Lecamus Mildred Estis L. Richard M65 Evan Mood Earl Raggio Joseph Lovell M70 Haurice Chappuis H. LeBlanc J. Thurman W70 F. Chambers R. Harrison M70 F. Chambers R. Harrison M75 E. Broussard M80 Daniel Hestayer Bill Domingues JAVELIN M70 Hestayer Bill Domingues JVELIN M55 Henry Wadsworth Phillip McCarty Alfred Ouhon M55 Jean Strayer M60 Tootie Metex Hildred Estis June Lecamus M65 Evan Wood Joe Lovell M54 H. Lindsey M. Brown O. Lovell M55 H. Lindsey M. Brown O. Lovell M70 Lovell M70 Horvies M70 Lovell	29'73" 19'8" 19'8" 19'8" 36'7" 34'74" 20'64" 20'64" 22'64" 19'84" 22'19'" 18'43" 22'110" 23'110" 23'11	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp WEST Ken Carnine Class Sacramento, CA; Ma 100m Rodney Carson 32 Sarrell Tobias 33 Gil Wheeler 32 Peter Grimes Darrell Smith 39 Ken Wun 81 Hubert Evans 40 Riley McHugh 41 Rick Thoman 40 Ray Yeck 46 Tom Allen 46 Win Emert 50 David Naylor
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Daisy Connell M70 Jack Thuman W70 Flarie Chambers W75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard M80 Daniel Mestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene M60 Bill Dotson R. Adams Don LeBlanc M60 June Lecamus Hildred Estis L. Richard M65 Evan Wood Earl Raggio Joseph Lovell M65 Mildred Martin M. Brown O. Lovell M70 Haurice Chappuis H. LeBlanc J. Thurman W70 F. Chambers R. Harrison M75 B. Aucoin Earl Labbe R. Borel W75 E. Broussard M80 Daniel Mestayer Bill Domingues JAVELIN M55 Henry Madsworth Phillip McCarty Alfred Duhon W55 Jean Strayer M60 Jerry Lyons Frank Bourgeois R. Adams W60 Tootie Metex Mildred Estis June Lecamus M65 Evan Wood Joe Lovell M75 Herry Madsworth Phillip McCarty Alfred Duhon M55 Jean Strayer M60 Jerry Lyons Frank Bourgeois R. Adams W60 Tootie Metex Mildred Estis June Lecamus M65 Evan Wood Joe Lovell M75 Harrison N75 Edgar Labbe	29'73" 19'8" 19'8" 19'8" 36'7" 34'74" 20'61" 20'61" 20'61" 21'81" 22'44" 22'45" 18'43" 22'44" 22'11"	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kapp Javelin (meters) M30 Rick Cavley M35 Gary Dzuris M50 John Conniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cavley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp WEST Ken Carnine Class Sacramento, CA; Ma 100m Rodney Carson Sarrell Tobias 33 Gil Wheeler Sorrell Smith 39 Ken Wun Rodhey Carson Sarrell Tobias 33 Gil Wheeler Sorrell Smith 39 Ken Wun Rodhey Carson 40 Riley McHugh Rick Thoman 40 Ray Yeck 46 Tom Allen Win Emert 50 David Naylor 50 Bill Brobst 51
Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman M70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene H60 Bill Dotson R. Adams Don LeBlanc M60 June Lecamus Mildred Estis L. Richard M55 Evan Wood Earl Raggio Joseph Lovell M65 Mildred Martin M. Brown O. Lovell M70 Haurice Chappuis H. LeBlanc J. Thurman W70 F. Chambers R. Harrison M70 F. Chambers R. Harrison M70 F. Chambers R. Borel M70 Earl Madsworth Phillip McCarty Alired Ouhon M55 Jean Strayer M60 Tootie Metex Midred Estis June Lecamus M70 R. Harrison M70 R. Barrison	29'73" 19'8" 19'8" 19'8" 36'7" 34'74" 20'64" 20'64" 20'64" 22'64" 22'19'" 18'43" 22'10'" 22'10'" 22'10'" 22'10'" 22'10'" 22'11'" 22'10'" 37'0'" 37'0'" 37'0'" 38'5" 31'10'" 22'10'" 42'10'' 38'2" 31'3" 29'9" 61'10'' 28'10''' 38'2" 33'4" 38'2" 33'4" 38'2" 33'4" 38'2" 33'4" 38'2" 33'4" 33'	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp Javelin (meters) M30 Rick Cawley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp WEST Ken Carnine Class Sacramento, CA; Ma 100m Rodney Carson 32 Sarrell Tobias 33 Gil Wheeler 32 Peter Grimes Darrell Smith 39 Ken Wun 81 Hubert Evans 40 Riley McHugh 41 Rick Thoman 40 Ray Yeck 46 Tom Allen 46 Win Emert 50 David Naylor
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Alfred Duhon Bobby Greenwood W55 Helissa Greene Clara Cleveland M60 Ed Marshall Bill Dotson Don LeBlanc W60 June Lecamus Betty Reynolds Mildred Estis M65 Russ Faulkinberry Earl Raggio Joseph Lovell W65 Mildred LeBlanc Helen Lindsey Dalsy Connell H70 Jack Thuman M70 Flarie Chambers H75 Edgar Aucoin Eugene Labbe Raoul Borel W75 Edesse Rroussard H80 Daniel Hestayer Bill Domingues DISCUS M55 Alfred Duhon Joe Brignac Ward Landry W55 Joyce Strayer Helissa Greene H60 Bill Dotson R. Adams Don LeBlanc M60 June Lecamus Mildred Estis L. Richard M55 Evan Wood Earl Raggio Joseph Lovell M65 Mildred Martin M. Brown O. Lovell M70 Haurice Chappuis H. LeBlanc J. Thurman W70 F. Chambers R. Harrison M70 F. Chambers R. Harrison M70 F. Chambers R. Borel M70 Earl Madsworth Phillip McCarty Alired Ouhon M55 Jean Strayer M60 Tootie Metex Midred Estis June Lecamus M70 R. Harrison M70 R. Barrison	29'73" 19'8" 19'8" 19'8" 19'8" 20'65" 20'65" 10'85" 22'16" 10'85" 22'16" 12'25" 16'425" 16'425" 12'35" 22'110" 22'110" 22'110" 22'110" 22'110" 22'110" 23'100" 38'5" 31'	M45 Ed Jones M50 Mac Hruska M70 Adolph Hoffman W35 Lori Kopp Triple Jump M35 Gary Dzuris M40 Sergio Angulo M50 Mac Hruska M55 John Cantrell W35 Lori Kopp W40 Charlotte Carter Shot Put Floyd Spiller M50 John Conniff M55 John Cantrell M60 D E Hendrix M70 Adolph Hoffman W35 Lori Kapp W50 Joyce Spiller Discus M30 Richard Wendling M35 Gary Dzuris M50 John Coniff M55 John Cantrell M60 Roy Morgan M70 Adolph Hoffman W35 Lori Kopp Javelin (meters) M30 Rick Cavley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp Javelin (meters) M30 Rick Cavley M35 Gary Dzuris M45 Jerry Poulson M50 John Conniff M55 John Cantrell M60 Roy Morgan W35 Lori Kopp WEST Ken Carnine Class Sacramento, CA; Ma 100m Rodney Carson 32 Sarrell Tobias 33 Gil Wheeler 32 Peter Grimes 35 Parrell Smith 39 Ken Wun 40 Riley McHugh 41 Rick Thoman 40 Ray Yeck 46 Tom Allen 46 Win Emert 50 David Naylor 50 Bill Brobst 51 Martyn Adamson 55

M35 Mason Andrew M40 Floyd Spiller M45 Dale Bernauer M50 Courtland Gray M55 Tomas Ramirez M60 Wilford Scott

12.0 11.6 12.3 12.0 12.3 13.2 15.3 13.1 15.5

15.4 14.2

22.8 25.9 24.9 26.7 26.6 26.3 28.9 33.5 28.1 31.0 31.3

55.3 1:05.4 1:17.2 1:34.7 1:14.8

1:28.1 3:15.0 2:33.0

4:38.0 4:53.0

15.9 18.0

15.2 22.5

43.6 47.4 45.5 48.0

6-0 5-0 4-4 4-4 3-10

12-6

13-0 8-0

15-3 13-1½ 19-1 19-2 15-6 12-8½ 19-7

26-3 34-4½ 31-6½ 24-6½ 24-3½ 26-0

32-7 41-6 38-7 30-4 29-4 24-2 21-8

83-8 79-7 146-4 101-10 131-8 93-0 60-10

34-3 33-2 38.43 33.89 33.53 29.34 21.8

1:24.59 1:12.47 1:21.72 1:49.57 1:21.37 1:31.93 1:56.25

EST

Ken Carnine Classic					
Sacramento, CA	; May 7				
100m					
Rodney Carson	32 11.33				
Sarrell Tobias	33 11.54				
Gil Wheeler	32 11.80				
Peter Grimes	35?11.27				
Darrell Smith	39 12.00				
Ken Wun	38 12.2				
Hubert Evans	40 11.5				
Riley McHugh	44 12.65				
Rick Thoman	40 13.00				
Ray Yeck	46 12.19				
Tom Allen	46 14.13				
Win Emert	50 12.08				
David Naylor	50 13.09				
Bill Brobst	51 13.44				
Martyn Adamson	55 12.63				
Bob Greer	58 12.70				
Vernon Regier	66 13.34				
Bernie Stevens	65 13.75				
Mel Melgosa	65 14.10				
Frank Toner	74 15.2				
Clarence Killion	76 16.11				

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Michele Lewis	36 14.00
Carmen Morrison	39 14.3
Avril Naylor Mattie Jones	47 14.67 49 15.87
Jutta McCormick	53 15.09
May Moore	61 18.71
Po Adams 200m	69 18.07
Rodney Carson	32 23.00
Lafe Fowler	35 23.21 39 23.88
Darrell Smith William White	39 23.88 36 24.42
Hubert Evan	40 22.20
Louis Bartholomew Riley McHugh	41 24.79
Riley McHugh Ray Yeck	44 25.15 46 25.01
Frank Reilly	45 25.7
James Manor	46 26.12
Win Emert David Naylor	50 25.10 50 26.88
John Aldridge	50 26.89
Bob Greer Mel Melgosa	58 27.3 65 28.7
Bernie Stevens	65 29.02
Vernon Regier	66 29.1
Frank Toner Clarence Killion	74 32.97 76 34.54
Valerie Scott	37 28.68
Michele Lewis	36 29.09
Norma Lopez Judy Ace	36 34.0 42 31.21
Avril Naylor	47 31.47
Mattie Jones	49 35.10
Jutta McCormick 400m	53 29.04
Peter Grimes	33750.63
Rob Lenderink	30 53.71
Sarrell Tobias Lafe Fowler	33 55.02 35 53.03
William White	36 53.09
Ken Wun	38 54.8
Rick Thoman	40 57.76
Mike Moorfield Ray Yeck	42 60.7 46 57.45
Teddy Walton	47 69.02
Martyn Adamson	55 60.98
Ray Reynon	55 71.02
Bernie Stevens Mel Melgosa	65 65.94 65 67.65
Valerie Scott	37 67.06
Nancy Frost Norma Lopez	39 67.07
	36 71.09 42 65.99
Judy Ace Jutta McCormick	53 65.56
800m	
LLoyd Anderson	30 2:04.19
Rob Lenderink Marlon Smith	30 2:06.14 37 2:07.5
Mikos Mourtos	36 2:17.50
Kurt Gravenhorst	44 2:22.5
Marc Wasserman George Linn	50 2:25.61 52 2:38.36
1500m	
Lloyd Anderson Kevin Cimini	30 4:21.0
Nikos Mourtos	34 4:37.89
Tim Shannon	36 4:35.17 44 4:29.84
Steven Yee	41 4:38.8 52 5:22.6
George Linn Boyce Jacques	67 5:32 10
Gene Pumphrey	67 5:32.10 67 5:50.46
5000m	
Teddy Walton	47 nta 67 nta
Gene Pumphrey High Hurdles	or nea
Bob Higginbotham	
Adrian Fletcher Daniel Rainey	34 nta 37 nta
Louis Bartholome	w 41 15.61
High Jump	
Rodney Carson Kevin Seeman	32 5-7 35 5-8
William Wood	49 4-8
Teddy Dalton	49 4-8 47 4-0
Don Dvorak	
Wayne Roberts Jerry Silsdorf	70 3-10
Jim Johnson	52 4-9 1 55 3-10 70 3-10 71 3-8 2
Barbara Stratton	46 3-22
Marj Moore Pole Vault	61 3-5
Paul Sinatra	32 15-6
Curt Roth	32 11-6
Jim Johnson Long Jump	71 7-6
Ken Patterson	33 17-9
James Manor	46 17-4
William Wood	49 13-75
Teddy Walton Don Dvorak	47 15-4 ₂ 52 15-4
Mike Grassinger	47 15-4½ 52 15-4 54 11-6½
Jim Johnson	71 11-64
Barbara Stratton Mari Moore	46 10-4 61 9-7
Triple Jump	3/20 Maril 10
Adrian Fletcher	34 40-6½ 46 34-2½
James Manor	46 34-21
William Wood Don Dvorak	49 34-1 52 32-3½
Barbara Stratton	46 23-61
Shot Put	
Frank Reilly Al Sira	45 46-7 52 35-8½
Rasal Young	54 32-11
Karl Mayer	55 41-1½ 56 40-5
John Ross Wayne Roberts	56 40-5 55 25-5
Stewart Thomson	60 41-6
Dennis Rietz	60 41-6
Bob Feaster	63 40-1
Michael Orlich Continued on	67 39-0
Continued on	page

page 32		National N	Tasters News		July, 1994
Continued from previous page	400m	W40 LeVise Folse 31:24.2	Al Cain 110-4	Jerry Baladad 59.0	Alex Pappas 65 14.4
Spido Webb 68 24-8 Don Cumley 73 38-7	Open Derrick Keyes 48.5 Micheal Brown 49.6	W45 Patricia Bates 37:37.2	Richard Watson 100-1 M45 Mike Deller 134-10	Gary Hall 64.3 M55 Frank Escobar 76.7	Huel Washington 65 14.8 M70+Payton Jordan 77 14.70
Don Cumley 73 38-7 Jerry Silsdorf 70 29-4 Discus	Rodney Brown 50.8	W50 J. Steigerwalt 29:24.1 W55 Ena Dubnoff 35:19.7	Dan Borrey 112-3	M60 Bob Feaster 64.9 M65 Louis Beadle 66.1	Frank Toner 15.17 Al Fairchild 16.82
Kevin Seeman 35 30.06m	M30 Kettrell Berry 49.0 Cornell Stephenson 50.5	Sprint Medley Relay	M50 Mike Woodward 143-9 Mac McCormick 138-8	Bob Jordan 75.3	Al Fairchild 16.82 Frank Gartley 20.90
Frank Reilly 45 46.10 Tom Fahey 46 40.48	Reese Herrera 57.6	Open Team LA 3:05.8 Johnson, Cotlon,	Abe Sheinker 91-7	800 H30 Roger Drummond 2:12.3	W40+Irene Obera 60 *14.14
Rasal Young 54 34.56	M35 JamesBonilla 53.8 Steve Cummings 54.8	Palogne, Noyes	M55 Joe Marino 127-8 Hal Smith 124-7	M35 Dan Goldman 2:04.5 M40 Bruce Anderson 2:08.5	Jutta McCormick 52 14.45 Judy Ace 42 14.51
Al Sira 52 30.52 John Ross 56 41.94	Danny Goldman 55.1	M35 Monsoon TC 4:28.0 Massey, Perkins,	Frank Carl 116-6	Glen Williams 2:16.0	Marty Behrans 15.61 Rita Kerr 16.08
Carl Mayer 55 38.54	M40 George MeHale 53.6 Ed McCalley 60.3	Weston, Kelly 4X100 Relay	M60 Edward Martin 124-10 Ted Oviatt 114-9	M45 Norman Cornwell 2:01.2	Rita Kerr 16.08 Fei-Mei Chou 55 16.81
Stewart Thomson 60 50.22 Dennis Rietz 60 33.56	Philip Gnesin 60.9 M45 Bill Weinstock 58.2	Open Navy Seabees 44.7	Dave Douglass 104-1	Herve Pastre 2:04.7 Luis Pannarale 2:15.6	Marj Moore 60 18.05
Michael Orlich 67 38.02	M50 Don Parker AR 52.5	Hosang, Dauphin, Clark, Johnson	M65 Arnie Gaynor 136-2 Edward Failor 106-11	M50 Rollie Caraletto 2:18.1 M65 Walt Atcheson 2:56.1	*US age-group record 400m
Spido Webb 68 24.54 Don Cumley 73 30.54	Steve Robbins 53.7 Alan Olson 57.4	Team LA 47.0	Don Hegberg 103-6	1500 M30 Paul DeMeester 5:29.0	M40+Norm Cornwell 40 52.35
John Kilbuck 73 28.64	M55 Charles Kirkby 57.7	Palogne, Cotlon, Herrera, Baskerville	M70 Donald Rosen 102-7 M80 Ross Carter 115-11	M35 Mark Cleary 4:27.5	Michael Pritchell4055.21 Dennis Duffy M50 55.89
Richard Mack 76 19.68 Hammer	M60 Will Robinson 66.2 M65 Milo Sather 72.6	M35 Monsoon TC 46.9	Art Vesco 39-3	Nikos Mourtos 4:30.6 M40 Bruce Anderson 4:25.6	Andre Dunkell M50 56.36
Frank Reilly 45 41.16m	Open LaTonya Payne 78.9	Weston, Carter,	M85 Ken Carnine 87-4 W30 Lisa Mitchell 120-2	M45 Gary Hall 5:04.2 M50 Rollie Caraletto 4:45.4	Danny Moon 40 58.72 Gary PattersonM45 60.59
Rasal Young 54 39.14 Richard Hotchkiss 55 43.80	W30 Robyne Moore 70.6 W40 Tina Strough 64.9	Dale, Massey High Jump	Lani Carde 120-0	M55 Jim Bevins 5:05.3	1500m
Wayne Roberts 55 17.18	W65 S. Onodera-Leonard87.0	Open Dan Raaties 7-0 M30 Steve Selvidge 5-6	W40 Janet Wilson 134-4 W45 Mellie Clark 87-2	100 HURDLES M65 Vern Regier 20.0	M40+Jim Gorman 4:18.23 Bruce Anderson 4:18.41
Stewart Thomson 60 47.70 Dennis Rietz 60 33.38	800m	M40 Dwight Stones 6-8	<u>Hammer</u>	M50 Walt Butler 16.0	Tim Shannon 4:19.78
Michael Orlich 67 29.46	Open Jasiri Daire 1:55.7 Michael Nielson 1:57.2	Richard Watson 4-10 M45 Roberto Pozzi 5-8	Open Arnie Tyler 49.96 M35 Scott West 36.36	Dennis Dismuke 16.1	Ramsay Thomas 4:22.59 Jim Hampton 4:23.96
Bob Stone 73 22.5- Jerry Silsdorf 70 20.94	James Ferreira 1:57.9	William Wood 4-6	M45 Mike Deller 46.02	M45 Sheridan Groves 18.0	Searcy Barnett 4:26.50
Javelin	M30 Carl Maravilla 2:13.5 Reese Herrera 2:19.3	M50 Herman Pettegrove 5-2 M55 Phil Fehlen 5-4	M50 Mike Woodward 35.70 Abe Sheinker 30.44	INT.HURDLES 300M M45 Sheridan Groves 46.1	Wayne Morris 4:28.3
Rodney Carson 32 139-3 Ty Nelson 52 83-2	M35 Ralph Rozenck 2:07.1 Danny Goldman 2:07.4	Jerry Sullivan 4-8	Jack Rutherford 25.08 M60 Dave Douglass 33.42	M50 Bill Knocke 46.3 M75 Pete Ganahl 1:17.4	Throws Series #28 KELfield
Wayne Roberts 55 76-4	Mark Cleary 2:08.0	Ray Fitzhugh 4-6 M60 Nick Newton 5-2	M80 Art Vesco 13.18	5000M	Santa Cruz, CA; May 28
Dennis Rietz 60 98-10 Max Phillips 64 92-8	M40 Nolan Shaheed 1:56.8 Mike Tipping 2:10.9	Dave Douglass 4 - 6	M85 Ken Carnine 17.54 Javelin	M35 Mark Cleary 17:01.2 M45 Phillip Cherney22:10.4	M30 Ron McKee 57-4
Spido Webb 68 43-5 John Kilbuck 73 85-11	Steve Lassegard 2:11.6	Sam Teaford 4 - 2 M65 John Cleveland 4 - 0	Open Andrew Herman 57.30	M55 Jim Bevins 19:42.4	M35 Eric Hodgdon 46-1.50
Richard Mack 76 70-3	M45 Wayne Douglas 2:12.7 M50 Juan Cabeza 2:14.2	Edward Failor 3-10	M30 Michael Hall 40.44 Michael Streeter 36.56	M40 Ed Baskauskas 5'6"	M40 Gary Kelmenson 37-3.25 M45 Bob Pryor 35-6.25
Rick Hustace 75 53-3 Norma Lopez 36 58-9	M 5 5 Bob McAlpine 2:20.6	M75 Clarence Trahan 3-6 M80 Carol Johnston 3-4	M40 Richard Watson 38.26	M45 Rob. Pozzi 5'6" Bill Wood 4'6"	M55 Don Hughes-20# 23
K	M60 Sid Wing 2:23.8 Stanley Coben 2:47.7	Stan Thompson 3 - 0	M45 Ron Rook 39.44 Richard Rook 35.50	M50 Don Dvorak 5' Herm Pettegrove 5'	M60 Stew Thompson 41-4
So. Calif. Striders Meet of Champions	M65 Gunnar Linde 2:32.8	W45 A. Steekelenburg 4-8 Barbara Stratton 3-2	M50 Luigi Schiavo 26.54	M55 Paul Fehlen 5'4"	Discus M40 Gary Kelmenson 115-2
Long Beach, CA; May 14	Efrain Sanchez 2:43.6 Bob Holmes 2:47.9	W55 Mary Herse 3-4	M55 Hal Smith 35.40 M60 Edward Martin 37.30	M65 Richard Warren 4'2" Tom Maloy 4'	M45 Bob Pryor 107-4
100 m	Open Jade Jamieson 2:38.4	W65 Johnnye Valien 3-4 Pole Vault	M65 Edward Failor 20.64	M75 Pete Ganahl 3'6" POLE VAULT	M60 Stew Thompson 172-2
Open Randall Thompson 11.0 Chris Hughes 11.1	W30 Jennifer Heaton 2:24.5 W35 Claudia Norwood 3:57.7	M30 Greg Charles 3.66	M70 Donald Roser 31.02 M75 Rick Hustace 16.62	M65 Don Grosh 8'3"	M35 Eric Hodgdon 130-7
Robert Dauphin 11.2	W40 Debby Jamieson 2:40.4	M40 Bernard Juarez 4.26 Bill Stamper 3.66	M80 Art Vesco 11.14	Vern Regier 8"3" M75 Jim Vernon 7'6"	M40 Gary Kelmenson 133-1 M45 Bob Pryor 128
M30 Terry Johnson 11.2 Cornell Stephenson11.4	W45 Bonnie Frankel 2:43.4 W65 Sumi Leonard 3:31.8	Richard Watson 2.57	M85 Ken Carnine 20.66 Open Socorro Gonzalez 40.30	LONG JUMP M30 Ken Patterson 18'6'"	M60 Stew Thompson 157-2
Chris Rehder 11.4	1500m	M45 Greg Miguel 4.41 M55 Clell Lundy 2.87	Luralene James 18.08	M40 Randy Williams 22'21"	Javelin
M35 Kevin Morning 11.2 Dennie Scott 11.4	Open Kenneth Scott 4:24.7 M30 Richard Paris 4:13.5	Ray Fitzhugh 2.87 M65 John Cleveland 2.72	W30 Lani Carde 23.64 W35 Jennifer Stary 40.60	Roger Trujillo 18'4" M45 James Manor 17'1\frac{1}{4}"	M35. Eric Hodgdon 114-3 M40 Gary Kelmenson 107-5
Harold Carter 11.6	Dan Markovitz 4:21.3	Don Grush 2.57	W35 Jennifer Stary 40.60 Karen Vaughn 16.58	Bill Wood 15'4 3/4" M50 Dennis Dismuke 16'4"	M45 Bob Pryor 116-10
M40 Vander Dale 12.2 Lew Baskerville 12.6	Carl Maravilla 4:24.1 M35 Mark Cleary 4:19.4	M70 Jim Vernon 2.42 Donald Roser 2.12	W40 Tina Stough 22.06	John Lawson 16'2 3/4" Don Dvorak 16'1"	25# Weight Throw M35 Eric Hodgdon 55-3.25
George Watson 12.9	Gary Slayton 4:42.6	M80 Carol Johnston 2.12	W60 Magdalena Kuehne 17.02	M65 Tom Maloy 10'103"	M55 Don Hughes 38-6.50
M45 Sheridon Groves 12.3 Leroy Clipps 12.4	M40 C. Tziantzis 4:32.0 Steve Lassegard 4:32.6	Stan Thompson 1.37 W60 Shirley Kinsey 1.52	Visalia Classic Masters Visalia, CA; May 21	M70 Frank Toner 12'5" TRIPLE JUMP	35# Weight Throw M35 Eric Hodgdon 42-4
Bill Gelbart 12.5 M50 Steve Robbins 11.6	Michael Hodgson 4:32.9 M45 Jim Gorman 4:22.0	Long Jump	100 Men	M30 Alan Williams 36"61" Ken Patterson 34'71"	M40 Gary Kelmenson 42-10
Walt Butler 11.6	M50 George Cohen 4:29.3	Jeremiah Gunn 20-6	M30 Rodney Carson 11.3	M40 Roger Trujillo 39'2\frac{1}{3}" M45 James Manor 35'6"	M45 Bob Pryor 37-10 M55 Don Hughes 28-7
Charley Loftis 12.9 M55 Ken Dennis 12.0	Juan Cabeza 4:29.3 Jerry Hackett 4:37.8	Shawn Jackson 18-8 M30 Steve Selvidge 19-6	Alan Tucker 11.3 Ted Jeung 11.5	Bill Wood 34'4}" M50 John Lawson 34'2}"	56# Weight Throw
Roger Tsuda 12.9 Dick Glasgow 12.9	M55 Bill O'Donnell 5:22.6 M65 Efrain Sanchez 5:38.5	M35 William Long 21-3	Ken Patterson 11.9 M35 Mark Quinlan 12.3	M70 Chas. Mercurio 25'	M35 Eric Hodgdon 28-7.50 M40 Gary Kelmenson 29-3
M60 Nick Newton 12.6	W30 Jennifer Heaton 4:48.0	Kevin Morning 20-8 M40 Richard Watson 15-9	Mark Robinson 12.5 Dan Rainey 12.7	SHOT PUT M30 Michael Hall 34'7"	M45 Bob Pryor 22-10
Sam Flory 13.8 Bill Hessel 14.4	W40 Debby Jamieson 5:23.9 W45 Patricia Bates 6:50.4	M45 William Wood 15-9	M40 Randy Williams 10.9	Rodney Carson 34'2" M40 Mich. Schroeder 41'4"	M55 Don Hughes 17-7
M65 Rocky McPherson 14.3	W55 Margot Taub 7:23.6	Leroy Clipps 14-7 M55 Roger Tsuda 17-1	Hubert Evans 11.3 Riley McHugh 11.9	M50 Corn. McCormick 38'8"	NORTHWEST
Louis Beadle 14.5 M70 Tom Patsalis 15.1	3000m Open Dositelo Bautista 9:43.6	M60 Edward Martin 12-5	Jimmy Islas 12.5 M45 Ron Bendle 11.8	M55 Jim Hart 40'4" M60 Bob Feaster 39'5" Don Sharp 36'11"	Oregon Senior Olympics
George Simon 15.8	Ken Scott 9:46.5	M65 Edward Failor 12-10 M70 Tom Patsalis 14-3	Raymond Yeck 11.9	M65 Tom Maloy 25'3"	Silverton, OR; May 28
Charles Mercurio 16.0 M75 Clarence Trahan 15.9	M30 Dan Markovitz 9:48.3 David Norwood 10:15.8	M75 Clarence Trahan 11-6	Sheridan Groves 12.1 M50 Walt Butler 12.3	M70 Ed Chynoweth 38'11" M75 Ha1 Cronkhite 30'9"	100M
Al Guidet 16.3	M40 Steve Kellmyer 10:01.7	M80 Stan Thompson 6-8 W40 Deby Sweezey 15-10	Bill Probst 14.0 M55 Richard Mortin 12.4	Rick Hustace 22'9" M80 Ross Carter 38'9"	M40 Y. Wing 13.16 M45 Jeff Schuller 12.33
M80 Bert Morrow 17.3 W30 Linda Cummings 15.9	Greg McClester 13:05.5 M50 Neil Doherty 10:16.6	W45 Barbara Stratton 10-6 W60 Rachel Sandoval 3-1	Bob Greer 12.9 M60 Bob Feaster 13.4	DISCUS	M50 Paul Edens 12.14
Jacqueline Milan 16.9	Luigi Schiavo 12:44.9	W65 Johnnye Valien 10-10	Ben Rivera 13.6	M30 Jeff Budwig 140'3" Michael Hall 95'2"	M55 Theron Nelson 13.50 M60 Darwin Grimm 13.45
W35 Karen Vaughn 15.5 April Thomas 16.1	M55 Bill O'Donnell 11:24.2 M65 Patrick Devine 11:49.5	Triple Jump Open Rodney Van 45-4	John Cauldwell 14.0 M65 Vern Regier 13.3	M40 Michael Schroeder103'7" M45 Robert AGnew 87'7"	M65 Don Anhorn 18.37
Claudia Norwood 18.5 W40 Deby Sweezey 13.6	Harold Willis 13:59.9	Open Rodney Van 45-4 M30 Steve Selvidge 38-5	Bernard Stevens 13.7 Ruben Melgosa 14.2	M50Corn.McCormick 122'	M70 Gus Aronson 17.96 M80 Jule Crabtree 24.26
W50 Jeanne Carter 15.4	Open Jade Jamieson 11:39.5 W40 Debby Jamieson11:57.5	M35 John Arbogast 32-8 M45 William Wood 34-7	Louis Beadle 14.3	H55 Jim Hart 137'3" M60 Don Sharp 115'3:	W40 Diane Pietrzak 19.53
W55 Mary Herse 20.6 W65 Johnnye Valien 17.6	Tracey Cox 12:56.9	M65 Edward Failor 25-10	Frank Perales 15.2	M65 Tom Maloy 96'3" Walt Atcheson 73'10"	W45 Joanne Stewart 17.13 W50 Tomasa Aleman 19.12
200m	80mH	M70 Tom Patsalis 29-10 Charles Mercurio 25-9	Tom Maloy 15.2 H70 Frank Toner 15.2	M80 Ross Carter 113'2"	W55 Becky Sisley 18.18
Open Chris Hughes 22.8 Mangai Hosang 23.5	M70 Tom Patsalis 15.1	M80 Stan Thompson 14-5	Charles Mercurio15.6 M75 Clarence Killion15.6	JAVELIN M30 Michael Hall 138'3"	200M M40 Jim Hiebert 27.36
Keith Clark 23.9	M80 Bert Morrow 18.4 W65 Johnnye Valien 20.0	W45 Barbara Stratton 24-1 Shot	200M M30 Rodney Carson 23.4	Rodney Carson 129'11" M35 Ken Frederick 122'3"	M45 Wayne Gripp 25.48
M30 Kettrell Berry 21.7 Terry Johnson 23.1	100mH	Open Kelly Mattson 45-6	Ted Jeung 23.6	M65 Del Pickarts 152'2"	M50 Paul Edens 25.05 M55 J. Hoffman 27.48
Ed Williams 23.2 M35 Kevin Morning 22.8	M50 Walt Butler 14.2 Fred Niedermeyer 16.8	Richard Salvadore 4 5 - 1 Jeff Salatin 44-10	Alen Tucker 23.6 Alen Williems 24.3	Tom Maloy 85'4" M75 Rick Hustace 58'9"	M60 Darwin Grimm 29.51
M35 Kevin Morning 22.8 Dennie Scott 23.4	M60 Dave Douglass 18.5	M30 Michael Hall 31-7	K. Patterson 25.1 M35 Mark Robinson 25.3	Women	M65 Denny Sullivan 30.37 M70 Gus Aronson 39.8
James Bonilla 24.5	Open Lamonte Brown 16.0	M35 Scott West 42-6 M40 Dennis Greene 36-5	Daniel Rainey 25.3	M30 Shannon Bonner 15.0	M80 Jule Crabtree 51.2
M40 George MeHale 24.6 Glenn Johnson 24.7	Tim Castle 16.7	Richard Watson 30-10	Mark Quinlan 25,4 Dan Goldmar 25,7	W45 Avril Naylor 14.6 W50 Kemi Solwazi 14.3	M85 Mel Shine 51.63 W40 Diane Pietrzak 42.23
Nolan Shaheed 25.0 M45 Beadle 24.3	M30 Michael Streeter 18.5 M35 Mike Merrigan 16.9	M45 Dan Borrey 37-4 M50 Mac McCormick 38-1	M40 Hubert Evans 22.7 Riley Manugh 24.9	800	W45 Jean Moule 39.57
Bill Weinstock 25.6	M40 Richard Watson 24.2 M45 Sheridon Groves 17.9	Art Altshiller 31-9 Luigi Schiavo 24-3	Edward Washingt 25.6	W40 Sharlet Gilbert 2:36.3 1500	W50 Tomasa Aleman 39.57 W55 Becky Sisley 37.15
Bill Gelbart 25.8 M50 Don Parker 23.7	300mH	M55 Hal Smith 40-10	Glen Williams 26.4 Jimmy Islas 27.1	W40 Sharlet Gilbert 4:56.5	W75 Irene Crane 46.68
Walt Butler 24.8	M50 Bill Knocke 48.0 M60 Will Robinson 51.7	Joe Marino 30-7 M60 Walter de Rothne 22-11	M45 Ray. Yeck 25.0 M50 Bill Knocke 25.7	W40 Sharlet Gilbert 18:07.0	400M M40 Jim Hiebert 57.28
Bill Knocke 25.7 M55 Ken Dennis 24.9	M80 Bert Morrow 77.9	M65 Arnie Gaynor 37-9	MSS Richard Martin 26.3	HIGH JUMP W45 Barbara Strotten 3'2"	M45 Wayne Gripp 55.61
Roger Tsuda 26.3	400mH Open Lamonte Brown 57.5	M80 Ross Carter 37-7 Art Vesco 14-11	Bob Greer 27.8 M60 John Cauldwell 29.9	W55 Christel Miller 4' W60 Shirley Kinsey 3'2"	M50 Joe Johnson 105.44 M55 Stephan Paul 107.88
Dick Glasgow 26.6 M60 Nick Newton 25.9	Leo Palogne 59.1	Open Socorro Gonzalez 39-8 Debbie Clark 33-10	M65 Vern Regier 28.6 Bernard Stevens 28.6	POLE VAULT M60 Shirley Kinsey 5'9"	M60 Don Kane 109.86
Sam Flory 28.6 Bill Hessel 29.2	Tim Castle 61.1 M35 Michael Streeter 77.6	Luralene James 29-3	Ruben Melgosa 30.4	LONG JUMP	M70 Gus Aronson 127.54 M80 Jule Crabtree 155.61
M65 Rocky McPherson 28.7	M40 Richard Watson 72.6	W30 Lisa Mitchell 38-9 Lani Carde 33-6	Frank Perales NT	W45 Barbara Strotten 10'4½" W55 Christel Miller 11'1"	W40 Susan Post 1:07.74
Al Escobosa 29.4 Louis Beadle 29.5	W35 Donna Nielson 71.8	W35 Karen Vaughn 27-0	M70 Frank Toner NT M75 Pete Ganahl 42.6	TRIPLE JUMP W45 Barbara Strotten 24'4"	W45 Jean Moule 1:50.41 W50 T. Aleman 1:30.00
M70 George Simon 35.6	2000m Steeplechase	W40 Janet Wilson 29-6 W55 Mary Herse 26-7	400 M30 Rodney Carson 51.6	JAVELIN	W75 Irene Crane 2:07.44
Open Grace Ann Dinkins 26.0 LaTonya Payne 31.9	M60 Ted Oviatt 9:11.0 3000m Steeplechase	W60 Magdalena Kuehne 21-6	Ted Jeung 52.8	M55 Christel Miller 93'5"	800M M40 Jim Hiebert 2:10.53
W30 Robyne Moore 28.9	M50 Luigi Schiavo 13:47.6	Open Andrew Herman 152-6	Alan Tucker 53.2 Robert Taylor 58.6	Bruce Jenner Meet	M45 Larry Norris 2:12.36
Linda Cummings 33.2	M65 Avery Bryant 13:54.8 5000m Racewalk	Kelly Matson 150-0	M35 Dan Goldman 54.4 M40 Riley McHugh 54.9	San Jose, CA; May 28	M50 Dennis Glasgow 2:29.95 M60 Wm. Sanderson 2:42.12
W35 Karen Vaughn 32.9		R. Salvadore 136-10			
W35 Karen Vaughn 32.9 W40 Tina Stough 29.1	M60 Bob Meador 29:55.7	M30 Michael Hall 110-0	Ed Washington 57.2	M60+Marion Sanchez 62 12.8	M65 Len Tritsch 2:56.00
W35 Karen Vaughn 32.9	M60 Bob Meador 29:55.7	M30 Michael Hall 110-0	M45 Norman Cornwell 52.4 Raymond Yeck 56.9 Luis Pannarale 57.4	Bruce Springbett 6112.9 Bernie Stevens 65 13.0 Vern Regier 65 13.1	M70 Joe Mallon 3:27.76 M85 Mel Shine 4:18.00

July, 1994							T.	ation	iai M
Continued from previo	us nage i	JAVI	FLIN	114	Charles V	M70	D Philcox	scv	3.66
W40 Susan Post	2:34.60	M40	Dennis Ra	Market	147-3		L Watson	MVAC	3.42
W45 Jules Trigueiro			Bob Burk Kelly Time		152-8 105-9	Triple		The Mi	
1500M	5.21 04		Bob Laws		119-7		W Beattie M James	SCV	12.69
M40 Bryan Chapman M45 Alan Beck	4:40.2	M60	Loren Sw	anson	76-11		P Docker	MVAC	12.13
M50 Bob Ryan	6:12.69		Ward Chu Gail Salte		80-7 60-9		J Newcombe		11.16
M55 Harold Braff	5:54.77		G. Cysews		61-10	M60 .	The sales of the s	SCV	8.66
M60 Jack Keener W40 J. Mauley	5:55.31 5:25.63	M80	Leon Josi	in	58-7		A Kalirai L Williams	SCV	9.43
W45 Jules Trigueiro			Leigh Tov		36-4 45-3	Shot P		SCV	8.59
3000M	10.10.00		Rose Sch		59-7		R Stevenson	MVAC	12.40
M40 S. Berglund 1 M45 Alan Beck	10:43:02 9:42.15	W55	Becky Sis	sley	89-0		N Griffin	SCV	13.17
	13:12.12	W65	Patricia ()smon	53-8		J Scott E Walters	SVHC	14.00
	12:16.39	IN	TERNA	TIO	NAI		K Watson	NVAC	12.21
M65 Don Anhorn	15:21.42	-	ALLEST OF THE PARTY OF THE PART				A Woods	SCV	10.57
M45 Jerry Ford	8:08.66		F Indoor C	•			Y Henderson	NEV	8.94
	12:37.17	60m	gow, Scotla	Contract & Contract	rcn 20	300011		MVAC	16:04 57
M70 Joseph Mallon M75 Carl Szedlak	9:51.10 15:37.82		A Ross	Reading	7.30		R Care		13:34.85
	14:16.06		G Sutton	WVAC	7.45		P Brennan		15:35.48
	12:42.56		J Rac	SVHC	7.85		B Gore		14:26.93
W45 Martha Evans W50 Kaye Duncan	9:22.02		P Pye R Taylor	NEV	7.82	A Common of the last	F Dawson Wome		16:55.00
	14:39.25		A Meddings	MVAC	7.76 8.33	60in W35	J Kirby	NEV	• 7.80
W65 S. Wennerlind	14:56.68		L Williams	SCV	9.21		H Godsell	SCV	8.22
	13:44.98 12:52.23		E Plimmer	SVHC	9:03		V Parsons	SCV	8.49
W75 Amy Castle 5 MILE ROAD RUN	12.32.23	200m		MYAC	22.49		M Axtell	SCV	8.97
M40 Tim Goodman	29:06.9		A Ross S Wiles	MVAC	23:48 24.92	B Stee	U Gore	SCV	• 8.91 10.01
	32:40.9		J Rac	SVHC	25.80		J Ogden	EVAC	9.40
	35:26.7 31:32.9	1 2 2 2 2	J Swannell	SCV	25.81	W70	M Wixley	MVAC	10.82
M60 Bill Pence	38:25.7		R Taylor	MVAC		200m	and the same	MELL	
	43:43.3		A Meddings L Williams	SCV	27.95 31.70		J Kirby	NEV	25.55
	41:38.6 45:54.5		A Coogan	SVHC	35.76		H Godsell V Priestley	SCV MVAC	27.82 29.60
The second of th	53:04.7	400m	A Partie of the last of the la	Dep to the			M Hocknell	MVAC	29.32
W45 Jill Ward	41:14.5		K Redpath		53.32		Hulls		• 30.55
	43:38.4		G Chalstrey	VC MVAC	55.14 58.29		J Ogden	EVAC	32.53
W60 Gisela Conrad	43:22.9		P Owen J Ross	SVHC	59:16		P Taylor	NVAC	49.26
M40 Scott Kessler	4-7		P Barnaby	NEV	62.66	400m W35	S Smith	MVAC	1.04 06
M45 Frank Lulich	5-2		A Meddings	MVAC	69:19		D VandeVen		
M50 Joe Johnson	4-8 4-3	The Control of	B Taylor	1.4	85.29	W45	Y Priestman	MVAC	1:07.83
M55 Jerry Newcomb M60 Keith Carr	4-4	800m	G Grant	ave the	1.6621		M Hocknell		1:05.66
M65 Vince Sempronio			J Butler	Army	1:56.31 2:05.78		J Hulls	SCV	1:08.86
M70 Gail Salter	3-9		N MacDonal	-	2:08.21	800 W35	S Smith	MVAC	2-27.76
W55 Becky Sisley POLE VAULT	4-0	M55	J Newcombe	NVAC	2:17.40		D VandeVen		
M40 John Patterson	11-0	N. Commonwood	D Thomas	SCV	2:22.78	W45	C Parker	NVAC	2:36.07
M45 Richard Ying	9-6		J Farrar	NVAC	2:49.04		J Ross	T. Carrie	3:11.72
M50 Larry Holmes M60 Loren Swanson	12-0 8-0	1500	J Todd	NI	2:38.94	1500n	100000000000000000000000000000000000000		
M65 Don Grosh	8-6	The second second	G Grant	Anny	4:08.42		E Reid J Foster	SVHC	5:27.00
M70 Gail Salter	5-6		H Morton	SCV	4:16.94		C Parker		5:18.49
Ralph Salter	5-6		V Smith		4:17.85		A Nally	NVAC	5:40.37
M40 Mark Purkey	12-5		J Stephen M Morrell	VNAC	4:30.35 4:37.80		M Moore		6:20.25
M45 Oran Abbott	16-8		H McGinlay		5:52.24	W65 3000n	J Ross	1515	6:14.16
M50 Dick Rex M55 Ed Arnold	17-2 14-51/4	M70	J Todd	NI	5:46.36		J McCall	SVHC	10:52.67
M60 Darwin Grimm	15-5	3000		De Fied	Office of		C Rollaston		10:54.20
M65 Gene Byrnes M70 Ralph Salter	10-4		A Jenkins B Bailey	SVHC	8:57.20 8:58.19		M Moore		13:26.73
W45 Jean Moule	10-01 9-3		R Young	SVHC	9:22.87		J Ross	No blea	13:09.42
W55 Becky Sisley	11-73	M55	S Jones		9:23.43		J Kirby	NEV	8.74
TRIPLE JUMP			A Brown	SVHC	9:43.88		J Wills	SCV	9.71
M50 Jack Kondrasuk M65 Denny Sullivan	27-5½ 27-5½		W Marshall J Todd		10:55.03	W45	P Oakes	SCV	11.09
M70 Gail Salter	20-7		G Porteous		11:08.49 14.10.79		J Charles	MVAC	11.51
W45 Jean Moule	21-11		lurdles	OTTIC	14.10.77		P Field Jump	VAC	10.81
SHOT PUT	35-51	M40	P McIlfatrick		8.49		P Standon		1.40
M40 Dennis Rabe M45 Chuck Chapin	49-10	Security Company	T Lewis	SCV	9.19		M Williams		1.30
M50 Joe Johnson	36-2		B Ferguson C Shafto	LVAC	9.27 9.88		C Morriss		1.15
M55 Neil Saling	40-2		I Steedman	SCHC	10.68	Pole	M Wixley Vault		.90
M60 Jim Hitchman M65 Vince Sempronio	33-7 35-2%	M70	L Williams	swv	10.99		D McLennan	1	2.05
M70 Gail Salter	30-24		Jump		1	Long	Jump		
M75 Gerald Cysewski	30-4		T Hall	Amy	1.55		M Smith	JVHC	4.42
M80 Ross Carter M85 Leigh Towell	38-3 17-41		E Fitzgerald ACrocker	SCHV	1.60		J Wills	SCV	5.02
W45 Jean Moule	23-3	21 10 10 10 10	A Galbraith	MAC	1.40		S Woods J Charles	SVHC	4.48 3.86
W65 Patricia Osmon	20-01	and the second	A Woods		1.20		B Steedman	SVHC	3.73
W70 Melanie Reske	21-4	Pole Y	The state of the s	100		W70	M Wixley	MVAC	
M40 Sam Strickland	124-23		J Webb	VAC	2.90		Jump		100
M45 Chuck Chapin	153-11		E Fitzgerald J Howe	Cardiff	3.70 3.00		C Love P Oakes	SVHC	8.34 9.46
M50 Kelly Timm	96-11		T McKay	EVAC	3.40		J Charles	MVAC	
M55 Robert Roy M60 F. Miller	130-5½ 119-8½	M60		SCV	2.90	W60	B Steedman	SVHC	7.12
M65 H. Lewellan	113-51		A Woods	SCV.	2.50		W Wixley	MVAC	5.42
M70 Dude Rice	74-11	Long		1902	6.20	Shot	The state of the s	CINIC	10.00
M75 Gerald Cysewski M80 Ross Carter	91-8 108-81		T Hall M James	Army	5.28 6.02		J Rammell	SVHC	10.65 9.10
M85 Leigh Towell	44-1		P Duckers	MVAC	5.76		C Morris	MVAC	
W45 Jean Moule	57-11	M55	C Shafto	EVAC	5.16	W55	S Williams	SVHC	5.97
W65 Patricia Osmon W70 Melanie Reske			R Brown	MVAC	4.88		J Ogden	EVAC	9.11
melanie Reske		M65	A Kalirai	SCV	4,37	*Wor	ld Record	10 4 A.	3445
Australian National	Lwar	10 4C 1	The land	MCF HON	0-11	20 4-	War HT	urneal.	1:15.04
Championships	W45 J H W50 N P			M85 M W35 P	Gathercole Bird	38.18 25.80	W35 MTL		58.72
Easter 1994	W55 J C	ooper	15.18	W40 L	Choate	26.11	W45 M A		59.18
100	W60 D P	irie	15.93	W45 J		26.39	W50 A S		
M40 J VanStappen11.59	W65 A C		15.46 n 17.09	W50 N W55 J	Parrish Cooper	28.87 30.36	W55 L W		1:12.04
M45 P Crombie 12.03	W75 M C		24.75	W60 B		32.63	W65 S B		

		isters frews
V	3.66	M75 J Stevens 3:07.08
ΛC	3.42	M80 J Brown 4:36.70
V.		W40 P Hayes 2:20.10
HC	12.69	W45 M Wong 2:36.42
V	12.13	W50 P Machiver 2:34.23 W55 L Woodman 2:49.07
AC	10.89	W60 K Cox 3:07.48
AC	11.16	W65 S Brasher 3:35.05
1	8.66	W70 T Davies 3:37.63
'	9.43	W75 M Collins 5:04.19
/	8.59	1500
AC	12.40	M40 M Lawson 4:13.90
VC.	12.40 13.17	M45 J Box 4:14.65 M50 K Mayhew 4:38.69
HC	14.00	M55 A Bradford 4:29 02
AC	12.34	M60 T Roberts 5:04.56
AC	12.21	M65 V O'Brien 5:31.27
v	10.57	M70 C McKooug 5:24 14
V	8.94	M75 L Foulser 8:06.51
		M75 L Foulser 8:06.51 M80 J Brown 9:34.85 W35 F Wick 4:47.29 W40 P Hayes 5:01.41 W45 G Lynn 5:08.82
AC	16:04.57	WAD P Haves 5:01 41
	13:34.85	W45 G Lynn 5:08.82
	15:35.48	W50 B Stanford 5:18.30
	14:26.93	W50 B Stanford 5:18.30 W55 W Barwick 6:06.56
AC	16:55.00	1 W60 .1 Cox 6:18.41 I
V TAN		W65 S Brasher 7:20.84
٧	• 7.80	W70 M Collins 10:29.74
V	8.22	5000 M40 R McDonald15:17.78
	8.49	M45 J Box 15:52.58
V	8.97 • 8.91	M50 J Walker 16:26.78
V HC	10.01	M55 A Bradford16:39.30
AC	9.40	M60 R Young 18:37.04
AC		M65 P Piper 20:22.56
	10.02	M70 G McKeown21:26.95
V	25.55	M80 J Brown 39:04.61 W40 Winchester20:26.79
V	27.82	
AC	29.60	W45 G Lynn 18:30.95 W50 Marquardt19:43.30
AC	29,32	W55 N Barwick 22:48.32
200	• 30.55	W60 S Young 22:33.08
AC	32.53	W70 T Davies 25:25.61
AC	49.26	10,000
198		10,000 M40 CGoodsell 33:55.31
	1:04.06	M45 H Wegner 34:19.98
land		M50 I Graves 35:45.75
AC		M55 Bradford 34:25.51
V	1:05.66	M60 Markham 39:27.62
	1.00.00	M65 P Piper 43:00.95 M70 McKeown 47:42.68
AC	2:27.76	4 05 05 00
	2:28.35	W35 S Coingan 29:25.54 W40 Winchester44:58.98
	2:36.07	W40 Winchester44:58.98
		W45 MBusteed 40:56.74
1/2/	Links of	W50 Marquardt 41:05.30
HC	4:58.45	W55 NBarwick 47:53.32 W60 S Young 48:48.99 W70 T Davies 53:36.98
AC	5:27.00	W70 T Davies 53:36.98
AC	5:18.49	80MH
	5:40.37	M70 F O'Connor 16.56
NC .	6:20.25	M80 V Younger 21.41
		W40 J Smith 15.08
17/10	6:14.16	
HC	, while i	W45 J Hynes 13.01
HC	10:52.67	W45 J Hynes 13.01 W50 H-Daniels 16.84
٧	10:52.67 10:54.20	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53
٧	10:52.67 10:54.20 13:26.73	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89
V HC	10:52.67 10:54.20	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78
V HC	10:52.67 10:54.20 13:26.73	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78
V HC	10:52.67 10:54.20 13:26.73 13:09.42	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38
V HC •	10:52.67 10:54.20 13:26.73 13:09.42	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38
V HC V V V	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42
V HC V V	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.09	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42
V HC V V V	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.09 11.51 10.81	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42 M60 D Mathe 18.41
V HC V V V	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.09 11.51 10.81	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42 M60 D Mathe 18.41
V HC V V V	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.09 11.51 10.81 1.40 1.30	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42
V HC V V V	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.09 11.51 10.81 1.40 1.30 1.15	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42 M60 D Mathe 18.41
V HC V V V	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.09 11.51 10.81 1.40 1.30	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42 M60 D Mathe 18.41
V HC V V V	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.09 11.51 10.81 1.40 1.30 1.15	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42 M60 D Mathe 18.41 LONG DISTANC
V HC V V V	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.09 11.51 10.81 1.40 1.30 1.15	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42 M60 D Mathe 18.41 LONG DISTANC
V V V V V/AC	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11:09 11:51 10.81 1.40 1.30 1.15 .90	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42 M60 D Mathe 18.41
V V V V V/AC	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.09 11.51 10.81 1.40 1.30 1.15 .90 2.05	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42 M60 D Mathe 18.41 LONG DISTANC
V V V V V V AC	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.51 10.81 1.40 1.30 1.15 .90 2.05	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42 M60 D Mathe 18.41 LONG DISTANC
V V V V V/AC	10:52.67 10:54.20 13:26.73 13:09.42 8.74 9.71 11.09 11.51 10.81 1.40 1.30 1.15 .90 2.05	W45 J Hynes 13.01 W50 H-Daniels 16.84 W55 B Parkinson 14.53 W60 B Byrne 17.89 W65 J Knight 18.78 100MH M50 K Priestley 18.38 M55 H Giles 15.42 M60 D Mathe 18.41 LONG DISTANC

NAME OF BUILDING	1-1-1-1			page 33
		770 G Davidson	3.21	JAVELIN STOR
W35 S Lee 17	100	/80 R Frith	2.07	M40 A Farr 54.06 M45 R Banens 45.54
110MH		RIPLE JUMP		M50 G Rose 47.40
			13.39	M55 D Jennings 30.80
			11.70	M60 L Kendall 36.60
300MH			10.84	M65 C Murraylee 41.00
		60 J Sturzaker		M70 S Stankovic 27.80
		165 R Hochreiter		M75 A Smith 12.50
		170 F O'Connor	9.85	M80 V Younger 20.98
400MH		175 A Smith	5.61	M85 H Gathercole 13.52 W35 P Bird 31.88
M40 P Collins 1:00		180 V Younger	6.29	W40 Y Riley 37.20
M45 J Gordon 1:00		/35 K Macey	9.70	W45 M Thomas 35.12
M50 H Giles 1:02		40 J Smith	10.00	W50 C Battersby 28.46
M55 M Hall 1:06	TOWNS TO SERVICE		10.46	W55 G Seymon 24.46
W35 K Macey 1:20		V50 H Searle V55 D Whittam	8.98 8.32	W60 H Doherty 30.50
W40 J Smith 1:23 W45 J Hynes 1:04	no w	VED P Carr	7 69	W65 K Stankovic 9.82
2000M STEEPLE CHA	SF W	65 J Knight	6.52	W70 G Davidson 17.04
M60 R Stuart 7:57		V70 G Davidson	7.10	PENTATHLON
M65 A Tyson 9:11		W80 R Frith	5.36	M40 B Bodsworth 2712 M45 J Gordon 3694
M70 M McKay 9:42		SHOT PUT	THE P	M50 J Cooper 3082
M80 G Knott 15:42	2.63 N	465 C Rann	11.54	M55 D Fraser 4101
W40 J Wright 8:21		470 F Jekabsons		M60 K Thew 3509
		M75 A Smith	4.89	M65 R Hochreiter 3741
W55 P Mews 12:21		480 V Younger		M70 F O'Connor 3947
3000M STEEPLE CHA		M85 H Gathercole		M75 A Smith 1164
M40 G Holden 10:28 M45 EGreaves 10:43		W35 E Goodall W40 C Schultz	9.19 13.11	M80 V Younger 1745
M50 J Walker 11:07		N45 M Thomas	9.88	M85 H Gathercole 1927 W35 P Bird 3154
M55 Bradford 10:29		W50 H Searle	11.90	W40 S Smith 3211
HIGH JUMP		W55 G Seymon	8.94	
M40 C Tompkins	1.80 V	W60 H Doherty		W50 C Battersby 3489
M45 J Gordon	1.70 V	W65 K Stankovic		W55 D Whittam 2909
		W70 G Davidson		W60 P Carr 3118
		W80 R Frith	6.93	
M60 D Williams M65 G Gourlay	-	DISCUS	00.40	5000M TRACK WALK
M65 G Gourlay M70 E Drummond		M40 R Glass M45 T Stuart-Den	36.16	
			41.70	M45 G White 23:05.6 M50 T Johnson 24:49.6
		M55 A Spaits	39.92	
		M60 I Mancs	42.92	
	1.30	M65 C Rann	42.28	
		M70 F Jekabsons	34.20	M70 VTownsend 32:29.9
		M80 V Younger	22.16	
		M85 H Gathercole		
		W35 P Bird	28.04	
POLE VAULT	F10000	W40 C Schultz W45 M Parviainen	41.88	
		W50 H Searle	30.46	
M45 J Reynolds	2.20	W55 V Worrell	22.50	
M50 J Cooper	3.10	W60 H Doherty	31.78	
M55 R Barclay	3.10	W65 J Knight	17.16	W65 BNewman 33:22.0
	2.30	W70 G Davidson	19.56	10,000M ROAD WALK
		HAMMER	Chilli	M60 C Silcock 61:44
	2 10	M40 R Glass	47.20	M65 G Gourlay 61:49
LONG JUMP		M45 R Green	38.68	
		M50 K Readwin	47.26	
M45 G Taylor		M55 A Tahmindjis	45.74	W40 P Dalziel 62:39
M50 H Giles		MOU M VANWERUEI	40.30	Dairiei Or.03
	5.66	M65 C Rann	40.24	W45 KWoodward 54:06
M55 D Fraser	5.66 5.69		40.24	W45 KWoodward 54:06 W50 L Osborne 59:59
M55 D Fraser M60 J Sturzaker	5.66 5.69 4.58	M70 F Jekabsons M75 A Smith	40,24 36.62 13.42	W45 KWoodward 54:06 W50 L Osborne 59:59 W55 B Wallace 76:15
M55 D Fraser M60 J Sturzaker M65 R Hochreiter	5.66 5.69 4.58 4.38	M70 F Jekabsons M75 A Smith M80 V Younger	40.24 36.62 13.42 18.44	W45 KWoodward 54:06 W50 L Osborne 59:59 W55 B Wallace 76:15 W60 J Albury 63:06
M55 D Fraser M60 J Sturzaker M65 R Hochreiter M70 F O'Connor	5.66 5.69 4.58 4.38 4.55	M70 F Jekabsons M75 A Smith M80 V Younger W35 M Holahan	40.24 36.62 13.42 18.44 30.22	W45 KWoodward 54:06 W50 L Osborne 59:59 W55 B Wallace 76:15 W60 J Albury 63:06 W65 B Newman 70:17
M55 D Fraser M60 J Sturzaker M65 R Hochreiter M70 F O'Connor M80 V Younger	5.66 5.69 4.58 4.38 4.55 3.17	M70 F Jekabsons M75 A Smith M80 V Younger W35 M Holahan W40 C Schultz	40.24 36.62 13.42 18.44 30.22 36.64	W50 L Osborne 59:59 W55 B Wallace 76:15 W60 J Albury 63:06 W65 B Newman 70:17 W75 D Jack 81:22
M55 D Fraser M60 J Sturzaker M65 R Hochreiter M70 F O'Connor M80 V Younger W35 K Macey	5.66 5.69 4.58 4.38 4.55 3.17 4.53	M70 F Jekabsons M75 A Smith M80 V Younger W35 M Holahan W40 C Schultz W45 P Connell	40,24 36.62 13.42 18.44 30.22 36.64 30.12	W45 KWoodward 54:06 W50 L Osborne 59:59 W55 B Wallace 76:15 W60 J Albury 63:06 W65 B Newman 70:17 W75 D Jack 81:22 20,000M ROAD WALK
M55 D Fraser M60 J Sturzaker M65 R Hochreiter M70 F O'Connor M80 V Younger W35 K Macey W40 L Choate	5.66 5.69 4.58 4.38 4.55 3.17 4.53 4.94	M70 F Jekabsons M75 A Smith M80 V Younger W35 M Holahan W40 C Schultz W45 P Connell W50 H Searle	40.24 36.62 13.42 18.44 30.22 36.64 30.12 43.80	W45 KWoodward 54:06 W50 L Osborne 59:59 W55 B Wallace 76:15 W60 J Albury 63:06 W65 B Newman 70:17 W75 D Jack 81:22 20,000M ROAD WALK M40 M Mulligan 105:08
M55 D Fraser M60 J Sturzaker M65 R Hochreiter M70 F O'Connor M80 V Younger W35 K Macey	5.66 5.69 4.58 4.38 4.55 3.17 4.53 4.94 5.10	M70 F Jekabsons M75 A Smith M80 V Younger W35 M Holahan W40 C Schultz W45 P Connell W50 H Searle W55 V Worrell	40,24 36.62 13.42 18.44 30.22 36.64 30.12 43.80 26.60	W45 KWoodward 54:06 W50 L Osborne 59:59 W55 B Wallace 76:15 W60 J Albury 63:06 W65 B Newman 70:17 W75 D Jack 81:22 20,000M ROAD WALK M40 M Mulligan 105:08 M45 G White 102:32
M55 D Fraser M60 J Sturzaker M65 R Hochreiter M70 F O'Connor M80 V Younger W35 K Macey W40 L Choate W45 J Hynes	5.66 5.69 4.58 4.38 4.55 3.17 4.53 4.94 5.10 4.13 3.73	M70 F Jekabsons M75 A Smith M80 V Younger W35 M Holahan W40 C Schultz W45 P Connell W50 H Searle	40,24 36,62 13,42 18,44 30,22 36,64 30,12 43,80 26,60 25,36	W50 L Osborne 59:59 W50 L Osborne 59:59 W55 B Wallace 76:15 W60 J Albury 63:06 W65 B Newman 70:17 W75 D Jack 81:22 20,000M ROAD WALK M40 M Mulligan 105:08 M45 G White 102:32 M50 K Maurer 109:38
M55 D Fraser M60 J Sturzaker M65 R Hochreiter M70 F O'Connor M80 V Younger W35 K Macey W40 L Choate W45 J Hynes W50 C Battersby	5.66 5.69 4.58 4.38 4.55 3.17 4.53 4.94 5.10 4.13 3.73 3.30	M70 F Jekabsons M75 A Smith M80 V Younger W35 M Holahan W40 C Schultz W45 P Connell W50 H Searle W55 V Worrell W60 H Doherty	40,24 36,62 13,42 18,44 30,22 36,64 30,12 43,80 26,60 25,36	W45 KWoodward 54:06 W50 L Osborne 59:59 W55 B Wallace 76:15 W60 J Albury 63:06 W65 B Newman 70:17 W75 D Jack 81:22 20,000M ROAD WALK M40 M Mulligan 105:08 M45 G White 102:32 M50 K Maurer 109:38 M55 M Dickinson 105:31 M65 D White 163:32

Please send results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. To keep information current, we generally do not publish results more than 3 months old. Results that are typed (maximum 28 spaces/21/4" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

EAST

George Washington Parkway 15K Mt. Vernon-Alexandria, VA;

April 24		Adirondack Ma
Overall		Road Champ
Steve Taylor 28	44:38	Albany, NY;
Lori Taylor 30	55:02	and well at the
M35 John Doub	47:59	M40 Dale Keenan
Eddie Lawson	49:54	Tom Bulger
M40 Ric Banning	47:37	Jake Kearney
Chuck Moesser	49:12	M45 Pat Glover
M45 Bob Schlau	48:25	Dave VanHusen
Robert Dix	53:45	Bob Ellison
M50 John Haubert	57:41	M50 Dennis Colett
Fred Shanklin	58:25	John Pelton
M55 Thom Weddle	58:59	Vincent Colga
Calvin Fowler	60:42	M55 Lee Wilcox
M60 Larry Dickerson	62:18	Jim Tierney
James Conner	67:58	Barry Brown
M65 Richard Cosby	73:52	M60 Bob Gauvreau
Roger Conover	77:50	Joe Kelly
M70 Bill Osburn	75:28	Bert Soltysia
Oscar Fox	86:35	M65 Mike Barthold
M75 Edward Farino	85:39	Jake Landes
W35 Christine Newsham	62:37	Leo Nash
Josie Ballato	65:02	M70 Ed Buckley
W40 Joyce Adams	59:38	Dan Geer
Benita Schlau	60:43	M75 Jim Dern
W45 Linda Banning	63:12	W40 Martha DeGraz
Barbara Spannaus	68:34	Jo-Ann Spinel
W50 Chris Stockdale	61:30	Julie Wilcox
W55 Linda Sipprelle	79:16	W50 Jean Preston

W65 Pat Nesley W75 Hedy Marque 76 81:37 (US age-group record)

USATF Hudson Mohawk RRC Adirondack Masters 10K Road Championships

	Albany, NY; April :	30
M40	Dale Keenan	34:06
Sec.	Tom Bulger	34:19
1	Jake Kearney	34:30
M45	Pat Glover	36:15
	Dave VanHusen	38:47
	Bob Ellison	38:53
M50	Dennis Coletta	36:43
a series	John Pelton	39:09
(CO-00)	Vincent Colgan	40:03
M55	Lee Wilcox	40:44
1	Jim Tierney	44:07
	Barry Brown	47:53
M60	Bob Gauvreau	43:11
25	Joe Kelly	50:27
145	Bert Soltysiak	58:45
Moo	Mike Bartholomew	53:05
1	Jake Landes	59:12
M70	Leo Nash Ed Buckley	60:55
1170	Dan Geer	50:02
M75	Jim Dern	57:47
	Martha DeGrazia	72:30
	Jo-Ann Spinelli	43:50
5 E 15	Julie Wilcox	46:15 48:04
W50	Jean Preston	62:27

Rumson Run Five Mile USATF-New Jersey Open Championship, May 1

1	1140	Manuel Gama	27124
١	2412	Roger Price	27:26
١		Jaime Fonseca	28:23
ı	MSØ	Pat Cosyrove	29103
ı	Enter	Victor Cruz	27148
ı		Stan Edelson	31:12
ı	MGO	Stan Chodnicki	36101
ı		1611 Engle	36:10
I		Robert Porges	38:02
١	M70	Santee Tallia	42125
ı	100	Lloyd Kornblatt	52122
ı	BBM	Dudley Healy	42126
ı		Marjorie Nealon	33:37
ı		Kuniko Hurley	35:16
ı		Cathy Keegan	36150
١	W50	Madeline Bost	36:05
ı			42:42
١	·	Donna Mehler	42154
١	W60		41146
1		Sonya Grill	49:08
١	ET LA	Fran Battaglia	49:15
ı	107	553 Finishers	
1			

Bennington 10K Road Race

Bennington, VT; M	ay 1
Overall	
Len Lally	34:47
Melissa Smith	42:44
M35 Gene Shorey	40:23
Michael Corrigan	40:47
Jack Nabozny	41:02
M40 George Van Hook	37:02
Ray Kellett	37:29
Kevin McDonald	38:24
M45 William Dixon	38:18
Richard Davis	38:48
Patrick Town	42:36
M50 Peter Spencer	43:21
Gerald Chandler	44:42
Anthony Lotempo	44:54
M55 Ron Moon	42:19
Frank Quinn	45:47
David Berry	50:30

Continued on next page

M45 P Crombie 12.03
M50 R Fearnall 12.28
M55 R Austin 12.38
M60 M Pirie 12.97
M65 R Hochreiter 13.95
M70 B Hogan 14.15
M75 J Nichols 16.03
M80 V Younger 17.67
M85 H Gathercole 17.69
W35 M Perrott 12.95
W40 L Choate 12.96

W75 M 200 M40 J M45 P W60 B Byrne W65 A Cooper W70 A Hogan W75 M Collins J VanStappen23.05 12.38 M40 J VanStappen23.05
12.97 M45 P Crombie 23.51
13.95 M50 R Fearnall 23.96
14.15 M55 R Austin 24.26
16.03 M60 M Pirie 26.16
17.67 M65 R Hochreiter 27.99
17.69 M70 B Hogan 29.17
12.95 M75 J Nichols 32.26
12.96 M80 G Knott 58.60 W75 M
400

M40 B Kovacevic
M45 P Crombie
M50 R Fearnall
M55 J Cooper
M60 D Carr
M65 L Kent

W65 S Brasher 1:29.88 W75 M Collins 2:11.21 32.63 31.41 35.36 52.76 800 M40 M45 B Kovacevic 2:03.63 K Speed 2:05.43 P Critchley 2:09.86 A Bradford 2:11.69 T Roberts 2:18.01 J Plummer 2:46.17 51.77 52.76 53.34 56.67 60.45 M50 M55 M60 M65 M70 G McKeown 2:49.53

Leslie Buckland
M70 John McManus
Bill Coyne
M75+Jim Keeney 78
Wilfredo Rios 77

W30 Diane Kee 33

W50

Irene Jackson
Mary Spera
Madeline Bost
Jessie Hayes
Gail Moss
Esther Narcus
Billie Moten
Honore Foutes
Janet Dowsett
Melva Murray
Luanne Ramsey
Joan Prentzel
Odre Galmint

Bloria Avrbuch 21:43
Debbie Adams 20:20
Irene Jackson 21:44
Mary Spera 22:47

20:53

22:30

33:00

33:55

30:22

17:33 19:27

20:15

22:05

23:05 21:46 23:48

19:02

23:33

21:23 23:12

28:10

29:19

19:03

WZYP Cotton Row Run 10K

Huntsville, AL; May 30

Overall
Sean Wade
Carolyn Schuwalow
28 34:21

1:16:15

1-15 05

1:15:05 1:17:18 1:15:48

18-05

17:28

20:56

20:52

29:28 34:42 32:19

32:57

33:46

38:10

30.23

page 34	
Continued from previous page	2 NYU 2:
M60 Edward Doucette 44:39	Barbara Bulow 52 Patricia Perlo 43
Robert Houle 55:30 John Foyt 55:59	Lillian Forman 58
M70 David Jareckie 53:49 Dan Geer 58:53	W50+ 1 Smith College 2:
Bob Matteson 66:14 W35 Mary Massucco 46:41	(same trio as W40-49)
Janet Dalquist 47:50 Debbie Hearn 59:04	We Run The World 1 Washington, DC; May
W40 Joan Bleikamp 49:06,	Overall
Barbara Bartwitz 51:07	Michael Regan 30 Christi Constantin 23
Gail Johnson 52:26 W50 Rosemary Rusin 51:30	M40 Tom Clark 40 R Lucke 48
W70 Mary Sarvis 89:57	Wm Richards 40
Advil Tune-Up 5K Central Park, NYC; May 8	M50 Ed Doheny 51 Chan Robbins 56
Overall Lisa Herman 27 17:43	Roy Koehn 51 M60+Don McCarten 64
W30 Jean Chodnicki 34 18:10	Jim Keat 62 W30 Win Rincon 34
Zofia Wieciorkoska3118:12 Erica Merrill 30 18:16	W40 Mary Pyne 46 Ellen Wessel 43
Susan Foster 37 18:24 W40 Diane Ditchfield 19:46	W50 Ellie Thayer 50 Tami Graf 57
Mary Rosado 20:32 Christine Summerson21:55	W60+Joanne Mallet 60
W45 Cheryl Ralya 19:39 Flora Flores 22:05	Midland Run 5K
Lee Saroken 22:23	Far Hills, NJ; May 1
W50 Cynthia Portella 22:20 Janell McDyer 22:21	B Langenkamp
Melanie Benvenue 22:23 W55 Zofia Turosz 22:22	R Gutzwiller M45 J Cubbison
Erika Abraham 22:41 Wen-Shi Yu 22:43	Kevin Yates Marty Gleason
W60 Bertha Bellinghausen22:11 Rosa Nales 25:01	M50 Derek Eastwood William Cooper
W65 Muriel Merl 25:58	Rick, Detrolio
Arlene Kernis 30:52 W70+Althea Wetherbee 7530:02	M60 Hans Hunsiker Dan Buccino
Jozi Neulinger 70 37:07 Finishers: 983	John Coffey Den Schwartz
Weather: overcast/low 60s	W40 Sue Wharton H Dubenheimer
Glenn Brenner 5K Washington, DC; May 8	Pat Whitehead
Overall	W45 Pat Zagata Arlene Decker
Darrell General 28 14:52 Gretchen Triantos 37 18:11	W50 Lyne Lauck
M30 Jim Hage 36 15:18 M40 Chuck Moeser 42 15:55	Linda Janovic Sheila Herman
Joseph Composto 44 18:03	W60 Joan Barr
M50 Faye Bradley 56 17:24 Bernie Gallagher 5318:41	Dot Farley Shirley Faust
M60 Larry Dickerson 62 20:20 Thomas Momiyama 62 20:51	Midland Run 15K
M70 Bill Osburn 70 22:55	Far Hills, NJ; May 1
Ray Blue 70 25:04 W40 Hartzell Stringer4120:53 Alison Wichman 41 21:51	M40. Kelly Jensen Manuel Gama
W50 Dee Nelson 50 22:00	Larry Graham M45 Roger Price
Eliz Rodrique 50 22:47 W60 Marrietta Doran 65 29:40	Radames Acosta Rolando Castro
MaryLou Lukeman 61 31:37 W70 Evelyn Kerper 71 33:33	M50 Pat Cosgrove George Wittman
Faye Potter 78 45:58	Jeff Martin MSS .Scott Marsh
Run Hers Mother's Day 8K Washington, DC; May 8	Lee Wilcox
<u>Overall</u>	Fred Best MLO Dill Engle
Maria Pazarenzos 32 28:48 W40 Linda Banning 45 32:40	Joe La Bruno Stan Chodnicki
Karen Erb 43 33:07 Pat Donohue 40 33:21	D. Healy (GW)
Betty Blank 41 33:26	Lily Kosaka
Barbara Ekstrom 46 33:47 W50 Sharon Dolan 52 33:52	W45 Betty McCullch
Ellie Thayer 50 35:51 Ecris Williams 55 36:25	Natalie Grabow Barbara Brent
W60 Kay Morrison 68 46:53 Vesta Downer 69 61:30	W50 Madeline Bost Anne Gillespie
W70+ Hedy Marque 76 41:31 (US age-group record)	Celste Fondace W55 Helene Bedrock
Alamo Alumni 5 Mile	Imme Dyson
Central Park, NYC; May 14	Nancy Patron W60 Lois Filreis
M40-49 1 Wesleyan U. 2:23:19	Joyce Kuschke Pat Gilman
Bill Rodgers 46 24:43 Jack McShane 42 27:23	1,711 Finishe
Philip Vasquez 41 30:05	NYRRC You Gotta H Park 5K
Martin Bunin 42 30:24	Central Park; May
William Masterson 56 30:44	
William Masterson 56 30:44 2 Princeton U. 2:27:34 Tom Hartshorne 40 27:31	Overall
2 Princeton U. 2:27:34	Overall Esteban Vanegas 23 Alissa Henning 26
2 Princeton U. 2:27:34 Tom Hartshorne 40 27:31 Bill Pape 46 27:33 Hugh Sweeny 50 27:52 Stephen Grotsky 52 32:00	Overall Esteban Vanegas 23 Alissa Henning 26 M30 Julian Giraldo 31 Keith Turner 34
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W40-49 1 Smith College

Jessie-Lea Hayes 51 Robin Villa 50 Sandy Weinbaum 52

2:04:29

36:42 37:44

			Natio	onal M	as
2 NY		20:51	L Branche 36	19:05	
		45:02	W40 Mary Rosado Eliz Trinkler	20:31 20:50	7.
		45:20 50:29	Diane Hawkins	20:52	114
W50+	ALTERNATION OF THE PARTY OF	WE THE	W45 Carol Gellman	21:38	
	ith College 2: me trio as W40-49)	04:29	Mary Spera Suzanne Stewart	22:47 26:49	114
			W50 Patti Donly	21:08	
	e Run The World 1		Laurie Baker	22:45	HS
	ashington, DC; May	14	. Carol Johnston	22:49	
Over		32:14	W55 Margaret Carinci May Chou	25:25	115
	ael Regan 30 sti Constantin 23	34:49	Susan Kossowsky	27:33	147
	Tom Clark 40	37:09	W60 Melva Murray	31:51	
	R Lucke 48	39:19	Adele Stroh W65 Arlene Kernis	32:10	MA
	Wm Richards 40 Ed Doheny 51	39:20 35:59	Bertha McGruder	32:25	1
	Chan Robbins 56	38:38	W70+Jozi Neulinger 70		M6
	Roy Koehn 51	38:55	Althea Jureidini 7 Finishers: 555m/394w	336:35	1
		46:12	Weather: 65°/sun & cle	ar	11/
W30	Win Rincon 34	37:31	Freddie Mac's Run fo	or	
	Mary Pyne 46 Ellen Wessel 43	46:21	Shelter 5K	1.5	11/
	Ellie Thayer 50	44:44	Washington, DC; May	22	HO
	Tami Graf 57	47:17	Overall		WA
W60+	Joanne Mallet 60	51:14	Jim Hage	15.27	.,
POLE	Midland Run 5K	AL THE	Cathy Ventury-Merkel	18.32	1
Children de	Far Hills, NJ; May 1	STATE OF THE PARTY.	M40-49	- SOR :	14
H140		17:14	Larry Harris	17.15	
	B Langenkamp R Gutzwiller	10:27	Bob Oberti	17.17	Wif
M15	J Cubbison	18:25	Paul Quinn	17.39	
		19:44	M50-59 James Medas	18.32	W
H50	Marty Gleason Derek Eastwood		Leland Brendsel	20:43	
36%	William Cooper	.20:16	Eliot Wolff	21.11	ME
	Rick Detrolio		M60+	NEW Y	W
M60	Hans Hunsiker Dan Buccino	21:12	Joseph McCloskey	25.06	12
		25:51	Rex Enos	25.13	
		27:04	Bill Kienstra	25.57	<u>c</u>
W40	Sue Wharton	21:37	W40-49	A PARTY	A
	Pat Whitehead	-	Carol Ellis	21.29	V
W45		25:54	Sarah Newmeyer	24.28	
	Arlene Decker Robyn Haesun	27:10	Katherine Molesky	24.46	
W50	Lyne Lauck	23:08	W50-59		
	Linda Janovic	30:41	Elizabeth Rodriguez	22.43	V
W60	Sheila Herman Joan Barr	37:32	Deane Brendsel	24.55	
MEG	Dot Farley	39:28	Barbara Sabo W60+	28.35	30
	Shirley Faust	39128	Yaeko Westfall	41.32	V
	Midland Run 15K		Jean Jackson	42.26	
	Far Hills, NJ; May	15	Dorothy Hart	53.59	
140.	Kelly Jensen Manuel Gama	52:42	Ridgewood Run	1842 I.	V
	Larry Graham	54:06	Ridgewood, NJ; May	30	
M45	Roger Price	52:17	HEN'S MASTERS MILL	4:35	
	Radames Acosta Rolando Castro		Gary Fanelli, 43 Hanuel Gama, 42	4:52	623
150	Pat Cosgrove	56:15	Paul Squires, 40	4:58	E
	George Wittman Jeff Martin	57:37	Jeffrey Veatch, 40 Bob Pertak, 43,	5:03	0
M55		61:12	Joe De Maio, 46	5:22	
	Lee Wilcox	61:40	Andy Mosney, 43	5:25	16
MLD	Fred Best Dill Engle	65:41	Revin Smith, 48	5:33 5:40	3
	Joe La Bruno	67:52	WUMEN'S MASTERS MIL	r.	
12.07	Stan Chodnicki		Jan Vermilye, 44, Paula D-Taylor, 40	5:27	OB
W40	D. Healy (GM) Jane Parks	65:33	Kathy Gribbon, 41	5:52	L
	Lily Kosaka	67:16	Debbie Adams, 47	6:07	M
Mar	Karen Knuepfer Betty McCullch		Judy Anker, 43 Diane Hawkins, 42	612N 6132	16
W45	Natalie Grabow		Mary Spera, 47	6:43	M
P. Table	Barbara Brent	73:39	Ridgewood Run 5K		M
W50	Madeline Bost Anne Gillespie	47:48	Ridgewood, NJ; May		3
	Celste Fondace	78:26	M4W N. Caswell	16:58	W
W55	Helene Bedrock		C. Ferreira Dill Dosman	17:12	W
	Nancy Patron	83:15			100
W60	Lois Filreis	81:34	F. Pereira	18:20	E.
	Joyce Kuschke Pat Gilman	08:49		18:27	Bigging.
P	1,711 Finishe		Pat Cosgrove	17:28	
thick!	NYRRC You Gotta I		Victor Cruz NSS Sid Noward	17:51	A
1	Park 5K		Art Reilly	19:38	PHYSIC N
	Central Park; May	21	Harvey Strauss	20:56	1
	rall		M60 Hans Hunsiker Stan Chodnicki	20:31	S A
	eban Vanegas 23 ssa Henning 26	14:57	Joe Drescher	23:25	2
	Julian Giraldo 31	18:18 15:0€	M65 Bill Fortune Francis Mone	17:10	
	Keith Turner 34	15:17	Wayne Holmes	20:57	1
M40	Sean Doyle Vincent Shaw	15:54 16:26	M70 John McManus	22:16	1
The state of	Richard Shaver	16:54	John Linfante M75 Chas. Feldman	26:28 31:57	3
M45	Wes Wessely	16:39	MOW Dudley Healy	27:02	-5
1	Salih Talib Michael Wilson	17:03 17:39	W40 Diane Hawkins	20:31	-
MEO	Hugh Sweeny	16:56	Janet Piez	20:42	

al N	Contain North	
ai IV	lasters News	
:05	Ridgewood Run 10K Ridgewood, NJ; May 30	Lat.
:50 :52	1140 David Dunne 33:	33
:38	nrt Elias 37	
:49	1145 Um. Hart 36:	5k
:08		104
:49	Julio Lugo 30:	27
:25	1455 H. Goldman 40:	07
:51	Tom Haughey 45)	01
:10	Bill Malone 51:	27
:25		36
:35	Leonard Morgan 50	33.
	H/W John McManus 44 Lester Ridings 47	20
	Sab kolde 47	36
2		: 16
5.27		23
8.32	Puniko Hurley 43	: 07
- 16	W45 1. Weisshaupt 43	: 45
7.15 7.17	V. Lazaridis 46	11
7.39	Cindy Clark 40	: 30
8.32	W55 Joan Bondell 47	: 4B : 35
0:43		:47
1.11		:52
5.06	Advil Mini Marathon	
5.13 5.57	Central Park, NY; June 4	
in i	Anne Letko, 25 31:	
1.29 4.28	W40 Kathy Gribbon 40: D. Ditchfield 40:	53
4.26	Mary Rosado 42: Janet Piez 42:	
	Amy Bahrt 43: Teiko Schultz 43:	
2.43 4.55	W45 Cheryl Ralya 39. Ann Davies 41:	28
8.35	Jacqueline Gow 43:	36
1.32	W50 J-L. Hayes 45:	32
2.26	M. Benvenue 45: W55 M. Stanjones 44:	17
3.59	H. Bedrock 45: Wen-Shi Yu 45:	31
0	W60 Bellinghausen 45: Toshiko d'Elia 46:	
1:35	Ellen Low 52: W70 Edith Farias 59:	
1:52	Ann Gilmore 1:12: W75 A. Wetherbee 1:08:	
5:03	SOUTHEAST	
5:22	Patriot's Cup Corporate	
5:33 5:40	Challenge 8K	
	Fairfax, VA; May 1 Overall	
5: 37	Bruce Hamilton 39 26:	
5:52	Liz Ludwigson 28 31: M40 Paul Quinn 46 29:	50
512U	William Brooks 40 31: Robert Rozman 45 32:	33
: 43	M50 John Sherburne 52 33: Don Kohler 57 35:	
	M60 Larry Dickerson 62 33: George Gerner 61 41:	
5:50	W30 Kathleen Katzeff30 35: W40 Suanne Shocket 40 38:	02
7:12	Betsy Baldwin 41 39:	
3:20	Bay-to-Bay (7.5 Mi.) St. Petersburg, FL; May 2	
B: 27	M40 Steve Mikles 43.33	
7:28 7:51	M45 Terry Hayden 44:40 M50 Peter Scott 45:18	
7:40	M55 Joe Burgasser 44:31	
0:56 0:31	M60 Hubie Girard 55:00 M65 Emery Jewell 57:11	
1:33	M70 Carl Hammen 58:24 M75 Ray Grills *	-11-
3:25 7:10	M80 Charles Espy * W40 Linda Mason 50:58	
6:51	W45 Sue Ellen Trapp53:10 W50 Sue Isabell 54:32	
5:28	W55 K. Knight-Perry67:00 W60 Carolyn Hoffman *	
1:57	#From St. Petersburg Time	es
1:31 1:42	some times not reported	
1.42	WZYP Cotton Row Run 10	K

ı	Davis Makingan	39:00
١	Bruce McKinney	39:32
١	M55 Jerry McGath	36:03
۱	George Duley	38:05
١	Dick Ruzicka	40:50
١	Dean Whitehead	42:13
١	Joe Beams	42:34
1	M60 Charles Rose	37:51 39:36
۱	Malcolm Gillis Ben Morton	42:43
ı	Jack Gough	43:15
ı	Kelly Stinson	43:39
١	M65 Joe Killeen	50:05
١	Hector Ramirez	50:34
ı	B.P. Daniel	51:13 51:33
١	Bill Rice Herb Johnson	51:37
ı	M70 Thomas Cantrell	54:53
١	John Laughlin	58:28
ı	Ken Reed	58:59
ı	Ernest Ritch	61:30
	Claudis Hawkins	N/A
	F40 Nancy Grayson Kathy Barton	37:50
	Victoria Crisp	38:00
١	Sue Given	40:22
	Debbie Harriman	42:08
	F45 Judith Hine	38:34
١	Jane Hutchison	39:01
	Cathryn Tooker Margaret Stewart	47:59
	Margaret Stewart Pamela Duke	48:36
	F50 Janet Lowe	48:36 50:17
	F50 Janet Lowe Jerri Bennett	52:11
	Mary Thompson	52:45
	Nancy Thibodeau	53:02
•	Deborah Krichels	54:02
1	F55 Susie Kluttz	46:04
	Joyce Hodges-Hite	50:39
	Evelyn Zerfoss Barbara Myers	50:40 52:09
	Yoshiko Setser	53:0
	F60 Joann Long	54:26
	Mary Anne Woodrin	g 57:25
	Eva Petroline	62:37
	Myrtle Tourtlott	63:52
	Jean Hargett	N/A
	F65 Betty Dooley	60:56
	Margaret Hagerty Cecile Maples	69:43 N/A
	cerile nahies	N/A
	Zephyr Hills Sunset	EV
		JI
	Sarasota, Fl. June	10
	Sarasota, FL; June	10
	Sarasota, FL; June Overall Charlie O'Brien, 34	10
	Sarasota, FL; June Overall Charlie O'Brien, 34	17:21 19:00
	Sarasota, FL; June Overall Charlie O'Brien, 34	17:21 19:00 19:23
	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio	17:21 19:00 19:23 19:07
	Sarasota, FL; June Overall Charlie O'Brien, 34	17:21 19:00 19:23
	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz	17:21 19:00 19:23 19:07 18:51 21:27 21:21
	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz	17:21 19:00 19:23 19:07 18:51 21:27 21:21 25:32
	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz M65 Jerry Hoffman M70 Carl Hammen	17:21 19:00 19:23 19:07 18:51 21:27 21:21 25:32 23:42
	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz M65 Jerry Hoffman M70 Carl Hammen W40 Debbie Kowal	17:21 19:00 19:23 19:07 18:51 21:27 21:21 25:32 23:42 24:45
	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz M65 Jerry Hoffman M70 Carl Hammen W40 Debbie Kowal W45 Candace Yelton	17:21 19:00 19:23 19:07 18:51 21:27 21:21 25:32 23:42 24:45 24:28
	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz M65 Jerry Hoffman M70 Carl Hammen W40 Debbie Kowal W45 Candace Yelton W50 M.J. Zuknick	17:21- 19:00 19:23 19:07 18:51 21:27 21:21 25:32 23:42 24:45 24:28 32:00
	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz M65 Jerry Hoffman M70 Carl Hammen W40 Debbie Kowal W45 Candace Yelton	17:21- 19:00 19:23 19:07 18:51 21:27 21:21 25:32 23:42 24:45 24:28 32:00
	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz M65 Jerry Hoffman M70 Carl Hammen W40 Debbie Kowal W45 Candace Yelton W50 M.J. Zuknick	17:21. 19:03 19:23 19:07 18:51 21:27 21:21 25:32 23:42 24:45 24:28 32:00
	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz M65 Jerry Hoffman M70 Carl Hammen W40 Debbie Kowal W45 Candace Yelton W50 M.J. Zuknick MIDWES Elby's Big Boy 20	17:21. 19:00 19:23 19:07 18:51 21:27 25:32 23:42 24:45 32:00
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	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz M65 Jerry Hoffman M70 Carl Hammen W40 Debbie Kowal W45 Candace Yelton W50 M.J. Zuknick MIDWES Elby's Big Boy 20 Wheeling, WV; May Overall	17:21- 19:00 19:23 19:07 18:51 21:27 21:21 25:32 24:45 24:28 32:00
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	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz M65 Jerry Hoffman M70 Carl Hammen W40 Debbie Kowal W45 Candace Yelton W50 M.J. Zuknick MIDWES Elby's Big Boy 20 Wheeling, WV; May Overall Xolile Yawa Manuela Machado	17:21-19:00 19:23 19:07 18:51 21:27 21:21 25:32 23:42 24:45 24:28 32:00 (C) (C) (C) (C) (C) (C) (C) (C) (C) (C
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	Sarasota, FL; June Overall Charlie O'Brien, 34 Bethany Morse, 29 M40 Bill Menard M45 Ruben Camadio M50 R. Quevillon M55 Fred Fiala M60 Chester Franz M65 Jerry Hoffman M70 Carl Hammen W40 Debbie Kowal W45 Candace Yelton W50 M.J. Zuknick MIDWES Elby's Big Boy 20! Wheeling, WV; May Overall Xolile Yawa Manuela Machado M40 Doug Kurtis Allen Choma Paul Cummings M45 Bill Rodgers Joseph Nzau Terry McCluskey M50 Jon Patton	17:21-19:00 19:23 19:07 18:51 21:27 21:21 25:32 23:42 24:45 24:28 32:00 (A) (C) (C) (C) (C) (C) (C) (C
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Rose Scheid

Judith Asmus

W60+Ellen Lipscomb 61

Julia Jones 65

Jemma Jacino 62

Virginia Farner

Joanne Johnson

Georgette Lacey

1:37,46

1:40.06

1:54.44

1:56.46

1:57.05

1:52 10

2:09.31

35:23 37:36 38:15 39:00 First of America Run M50 Tom Dooley Peter Warner Charles Gray Bruce McKinne Ann Arbor, MI; May 28 HALF-MARATHON Overall Donald R. Johns, 29 1:06:21 Ann J. Boyd, 30 M40 Terry Elsey P. Krebsbach John Scott M45 Walter Herrala P.Deladurantaye 1:18:17 K. Blackford 1:22:47 Natalie McCoy 1:25:40 R. Frankowitz 1:29:58 Overall Mark Furkis, 38 15:25 Noelle Dixon, 23 19:12 M40 Earl McWilliams 16:06 M40 Earl McWilliams M45 M. Webster Don Campbell Bud Rodgers M50 Doug Goodhue W40 Donna Olson W45 Kathleen Gina Carolin Dick S. Chwastek W50 Darlene Smith 10K Overall John Scherer, 24 Bonnie Sons, 28 M40 Gary Zeuner Daniel Black Aaron Ramlal M45 Peter Hallop W40 Nancy Grayson Nancy Boudreau Karen Jo White MID AMERICA Boulder Dash 5K Boulder, CO; April 16

3	Overall	
5	Magnus Bengtsson 28	14:57
58	Patty Murray 28	18:29
1	M30 Dave Cuadrado	15:04
100	M35 Andrew Crook	16:10
đị.	Stann Vernon	16:35
	M40 Peter Copeland	17:40
N	Jim McMenamin	18:41
色	M45 Michael Grun	17:10
-	Jim Reynolds	17:21
2	M50 Richard Warner	19:31
	Larry Avery	20:13
级	M55 Ross Westley	18:46
张	Ken Randall	18:47
1	M60 Bill Turley	20:56
1	M65 Walter Slack	27:32
1	M70+Irving Weiss	25:51
14	W30 Colleen Cannon	19:07
	W35 Margo Brown	20:55
	Diana Shannon	21:18
思	W40 Jan Hughes	20:02
	Edie Stevenson	21:17
8	W45 Cindy Cohagen	20:38
5	Bogie Bogner	22:45
	W50 Rosanne Pappas	22:55
	W55 Vici DeHaan	24:34
	W60 Joyce Schmidt	49:10
	W65 Nancy Smalley	27:05
=	W70+Louise Adams	27:05
255		

_		
Cł	nerry Creek Sneak 5 Boulder, CO; April 2	
M40	Pablo Vigil	26:13
465	Ric Rojas	27:00
W	Charles Lusman	28:19
M45	Dave Dooley	27:38
lest to	Tom Burnett	27:40
350	Edward Fuchs	27:49
M50	Jim Beebe	30:53
1811	Don Wade	31:48
5	Don Larson	32:11
M55	Ardel Boes	29:57
1	Phil Mann	31:08
. 55	Ross Westley	31:48
M60	Ken Luff	33:27
30	Ric Markin	33:48
-	Richard Sanderson	34:18
M65	Art Hinman	39:14
100	Ken Wright	40:55
M/U	+Dewey McNickle 70	39:20
*140	Maurice Serotta 70	
W4U	Peggy Muhn	31:42
14	Ann Daxberger	31:54
WAR	Sally Brent	32:21
M43	Marilyn Stapleton	
WSO	Diane Ridgway Gail Hunter	35:10
M30	/	35:42
W55	Diane Palmason	38:23
	Vici Dehaen	36:13
W60	Natilee Christman	45.02
W65	Nancy Smalley	46:33
W70	+Louise Adams 72	47:27
100	Bank River IV 10K	in the last

Wichita, K	
Overall	o, may /
Jonah Koech	29:04
Nicole Woodward	33:33
Top Age-Graded	Masters
Dick Wilson 62	38:07/30:01
Tom Trusdale	33:51/31:49
Kent Oglesby	35:18/32:28
M35 Curt Shelma	33.00
M40 Steve Riley	
Steve Palme	33.22
Continue	d on next page

July, 1994	
Continued from previo	us page
Howard Swartz	36:40
M45 Marvin Patterson	35:25
Jeff Berven	36:48
M50 Paul Jensen	37:19
Dumont Schmidt	39:45
M55 Charles Doze	40:57
Eddie Olmstead	43:44
M60 Virgil Love	43:45
M65 Ralph Skov	50:49
M70+Virgil Whitsitt	52:45
W35 Vickie Luebbers	40:41
W40 Barbara Holzman	40:34
Susan Leesman	40:56
W45 Vera Burton	44:07
W50 Dianne Compton	48:26
W55 Carol Strausser	48:26
W60 Helen Beckham	57:20
W65 June Dirks	75:35
W70+Wanda Grove	73:58
Trinity Hospital ½ Ma & 8K	arathon
Kansas City, MO; Jo	une 5
1/2 Marathon	
M40 Doug Kurtis	1:10:25
M45 Bob Bulirmester	1:24:04
MISO Charles Mahry	1-25-08

Manada Only, mo, o.	
1/2 Marathon	
M40 Doug Kurtis	1:10:25
M45 Bob Bulirmester	1:24:04
M50 Charles Mabry	1:25:08
M55 Singh Mustan	1:23:03
M60 Dick Wilson	1:27:18
M65 Jack Rector	1:58:06
M70 Waltzer Tulsaross	1:59:46
W40 Marcia Dowling	1:33:50
W45 Jane Hutchison	1:28:58
W50 Brenda Davidson	1:40:57
W55 Carol Strasser	2:07:57
W60 Fritzi Hazelrigg	2:09:00
W65 Dottie Gray	2:22:29
8K	
M40 Terry Friedrich	29:32
M45 Robert Dever	30:10
M50 Ted Glenn	31:55
M55 Bobby Kincaid	31:12
M60 Paul Heitzman	33:00
M65 Gerald Witten	36:40
M70 Bill Dyer	48:07
W40 Sharon Greenwood	34:17
W45 Judith Muller	36:21
W50 Susie Turner	37:58
W55 Marilyn Potter	42:02
W60 Ann Williams	43:50
W65 Mary Taylor	1:20:02

SOUTHWEST Now Orleans TC 2 Mile

1
15:
18:
15:
15:
16
17
18
17

Julie McGee 34	18:08
M40 Desmond O'Connor	15:10
Junius Dixon	15:50
Yassine Belaabed	16:53
M45 Larry Schlueter	17:35
M50 Eugene Jones	18:42
M55 Mike Witkin	17:32
M60 Charlie Wimberley	18:58
M65 Dudley Gautreaux	24:43
M70+Arthur Gassen	25:27
W40 Stephanie Payne	21:03
Mary Briner	23:05
W45 Carol Plemer	22:25
W50 Angela Dufour	23:34
W55 Carolyn Johnson	26:47
W65 Connie Butler	33:55
W70+Eliz Van Battum	23:58
Racewalkers	
M40 Sidney Holmes	26:00
M50 Jose Paz	31:35
M60+Al Rieke	22:22
W40 Barbara Turner	35:54
W50 Mary Mills	35:59
W60+Rita Williams	38:35

Crimestoppers 8K Run For

New Orleans, LA; May 14		Newport Beach, CA; May 22	
Overall		Half-Marathon	
Mike Mullan	26:41	Overall:	
Pam Williams	29:57	Alfredo Hosas 34 Sandy Lovejoy 38	1:05:53
Masters	27.57	M40 Salvador Arelland	1:20:43
Junius Nixon	27:37	Fred Pichay	1:20:07
Ruth Baehr	41:33	Don Howard	1:21:06
M40 Yassine Belaabed	29:32	M45 Bob Asada	1:18:17
Greg Gordon	32:24	Tom Carras	1:19:27
M45 Terry Alario	32:24	Rick Villa	1:25:23
M50 Ray Kloiber	36:57	M50 John Rafferty	1:19:23
M55 Gholam Peyman		Jim Crawford	1:25:18
M60 Prople II	31:50	Terry Swets	1:25:59
M60 Frank Wagner M65 Bob Calhoun	37:56	M55 Don Watson	1:22:57
	43:12	Martin Burgess	1:25:48
M70+Al Masakowski	49:45	Juvenal Herrera	1:29:53
W40 Sandra Consalvi	45:17	M60 Antonio Gonzalez	
W45 Peggy Misner	43:28	John Murphy Jack Sizer	1:34:14
W50 Tommie Robertson	45:51	M65 Bob Koch	1:37:13
W55 Anita Calhoun	47:37	Robert Kay	1:35:08
Racewalkers		John Pacillo	1:43:34
M40 Oliver Dailey	58:15		1:40:13
M50 Jerry Leydecker	58:45	Barbara Veron	1:30:26
M60+Paul Stall	66:42	Donna Swanson	1:24:25
W40 Yvonne Evans	65:38	W45 Susan Cody	1:43:29
W50 Joyce Stall	70:30	Larue Chalekson	1:44:15
stall	10:30	W50 Joan Jeter	1:39:44
5K Pup For Children	2'6	Nancy Buchanon	1:43:54

5K Run For Children's

ia, LL
15:01
18:21

Masters		M45 Donald Ocana	7:41
Jeff Cole	15:51	Michael Griffith	9:00
Susanne Pierce	19:24	Pete Boisineau	9:27
M35 Mike Grigo	16:10	M50 David Carter	80:08
Eugene Dedeaux	16:37		32:44
Lester Smith	16:54		12:58
M40 Junius Nixon	16:20		32:13
Paul Wagguespack	16:40		35:00
Yassine Belaabed	17:20	Manuel Banuelos M65 Richard Hochschild	36:15
M45 J R Brown			
	17:10		+0:35 +4:20
Paul Aucoin	18:17		33:21
Larry Schlueter	18:21		10:02
M50 Maury Dean	17:37		11:22
Eugene Jones	19:14	M70 Larry Panuelos	34:13
Al Dehon	19:54		+2:57
M55 Mike Witkin	18:02	Tom Hillman	46:43
Gholam Peyman	18:29		30:38
M60 Eddie LeRouge	21:39	Carol Richardson	33:52
Bill Cohen	25:42		34:12
M65 Bill Cox	25:14		40:22
Milton Fingerman	27:40		40:31
M70+Art Gassen	27:24		40:19
W35 Heydee Lacayo	26:29		41:12
Miche Goldenburg	25:55		41:39
Marie Crowdus	27:01		40:20
W40 Stephanie Payne	22:01		44.45
Patty Carey	22:25	Carole Pinkner W60 Wilma Maddock	44:51
Mary Briner	23:48		37:29
W45 Carol Plemer			45:34
	23:07	nay delabeli	
Sandra Gibson	24:20	NORTHWES	V
Lorraine Fryoux	25:30	MONTHIVE	
W50 Ruth Baehr	23:00	Shamrock Runs	
Angela Dufour	23:53	•	
W55 Pat Guidry	24:04	Portland, OR; March	13
Carolyn Johnson	27:43	5K	
W60 Marilyn McConnell	29:30	M40 Toby Daniels 1	6:56
Virginia Russo	45:06	M45 M. Carnahan 1	6:49
W65 Connie Butler	36:18	M50 V. Schultz 2	0:46
Amelia Gassen	37:33		9:58
W70+Elisabeth VanBattu	m24:44	M60 Jack Keener 2	0:16
Jose Gaille	48:48		1:10
Racewalkers	entro mão	W40 Wanda Lakeman 2	0:34
M40 Oliver Dailey	34:56		1:32
M50 Joe Palermo	32:10		8:51

32:10 33:16 31:52 37:10 40:51

7-59 31 9:36:39 8:53:16

9-50-34

10:04:37

10:06:24

10:38:12 10:44:10

11:12:30 11:18:51 11:19:12

11-45-08 F 12:31:26 12:37:38

F 12:51:30

12:55:12

4:07:02

5:07:49

4:12:20

4:52:23

5:08:08

5:24:24 5:24:44 5:48:04 5-56-02

M50 Joe Palermo M60+Charles Gaskill W40 Eva Beck W50 Mary Mills W60+RoRo Hoerner

100K Overall

Jerry Wittenauer 35 Suzie Lister 29 3 Ron Howard 42

7 Phil Penna 45

David Kim 51

9 Mike Palmer 40

12 Lyal Holmberg 51 13 Barney Baty 47 15 Aaron Goldman 62 16 Stuart Gleman 49

17 Ray Young 55
18 Bob Longwell 55
20 Barbara Miller
21 Tim Carr 48

22 Ruth Anderson 64

23 Richard Carp 61

June Montuori 39

2 Jim Longwith 48 4 Elliott Eisenbud 51

7 Tony Rossmann 52 8 Ed Mooney 61 9 Gary Waldsmith 53 10 Manuel Borba 11 Ross Walzer 72

Bach Bay Classic Runs Newport Beach, CA; May 22

Overall
Wes Ashford 32
Mary Button 34
M40 Steve Kellmyer
Scott Sumner
Michael Dyer

12 Dick Collins 60

50K Overall Fri Lui 28

WEST Palo Alto Centennial Running **Festival** Palo Alto, CA; April 17

ST

h 13

5K		
M40	Toby Daniels	16:56
M45	M. Carnahan	16:49
M50	V. Schultz	20:46
M55	Bob Kiever	19:58
M60	Jack Keener	20:16
M70	Bill Juenemann	31:10
W40	Wanda Lakeman	20:34
W45	Madeline Connell	21:32
W50	Joanne Losinger	28:51
W55	Janet Emch	28:48
W60	Barbara Dougan	30:26
W70	Jeanne Webb	40:36
8K		
M40	Roger Tumasonis	25:29
M45	Erik Sten	28:26
M50	T. Loffelmacher	28:48
M55	Ken Ogden	32:19
M60	Max Jones	32:44
M70	Al Nakata	42:22
W40	Dianne Sullivan	30:30
W45	Laurie Binder	29:13
W50	Kitty Midson	38:51
W55	Marilyn Paul	38:31
W60	Flor Irlandez	47:10
W70	Jane Brown	57:28
Norc	strom 8K on Broa	dway

Portland OR: April 17

1/
25:39
26:57
29:57
32:00
33:29
30:4
37:57
29:40
28:55
37:35
39:12
39:04
52:49
57:07

March of Dimes Run America 5K Portland, OR; April 23

MTO	Lairy Strom	19.13.1
M45	Bill Carley	16:55.8
M50	R. LaTour	19:00.6
M55	Bob Kiever	19:58.9
M60	Jack Keener	20:16.9
M65	John Keston	19:00.2
M70	T. Baumeister	29:59.6
W40	Vicky Turel	26:04.3
W45	Barb Mallery	25:31.1
W50	Sue Lawless	28:07.0
W55	Ume Sutton	28:38.4
W60	Joan Klopfer	27:04.2
W65	Pat Rouse	32:35.8
W70	Lauri Mako	30:19.6

INTERNATIONAL

Dutch National Championships Roadrace Amsterdam, Netherlands

(M 1	.5K and W 10K) Ap	oril 4
M	40	Hans van Wegen	47.38
		Henk van Velzen	47.54
		Jan de Lange	50.19
M	45	Jan v. Laarhoven	50.55
		Jaap Vallentgoed	51.02
		Roel Timmers	51.19
M	50	Marius de Snayer	53.16
		Jan Baremans	54.00
		Michiel Koorn	55.40
М	55	Karel Leeuwangh	57.11
		Pim van der Lek	57.52
		Louis Vink	59.22
M	60	Felix Florijn	56.57
		Siem Herlaar	57.42
		Cor Holshuijsen	61.35
M	65	Hein Zethof	60.10
		Hans Kamperdijk	68.22
W	35	S.Groen in't Woud	39.13
		Jolanda Vos	39.36

	Joke Laan	39.40
40	Hennie Zantinga	36.04
	Annie v.d.Kerkhof	38.10
	Ada ten Drink	43.11
45		37.54
	Marian Knapen	39.21
	Thiely Keeling	42.37
50		40.53
		46.32
	Nel van Leeuwen	48.47
	Trees Maat	49.51
ota	l finishers:	108
	45 50 55	40 Hennie Zantinga Annie v.d.Kerkhof Ada ten Drink 45 Els Raap Marian Knapen Thiely Keeling 50 Gre Warnaar 55 Mientje Hofmeijer Nel van Leeuwen

RACE WALKING Metropolitan Athletics Congress 15K RW Road Championship Central Park, NYC; April 10

Overall

Marc Varsano 29	1:04:48
Kaisa Ajaye 30	1:21:42
M40 Gary Null 49	1:20:39
Richard Harper 44	1:26:00
Jacinto Mogena 48	1:35:12
M50 Herbert Zydek 55	1:30:05
Sherwin Wilk 55	1:32:00
Steven Cohen 55	1:52:38
M60 Cervin Robinson 65	1:36:39
Jan Gero 61	1:38:37
Daniel Pina 64	1:38:57
M70+William Smuckler 80	2:04:33
W40 Sonia Morales 46	1:37:20
Luba Nemcow 43	1:43:56
W50 Elton Richardson 55	1:31:21
Anne Marie Kunz 52	1:40:41
Dolores Perry 55	1:48:17
W70+Q Thompson 71	2:01:48

Sh	ane Vieregge 5K RV		orial
	Somerset, PA	•	14
Dave Sene Tom M30	all Men McGovern Miller Bower Peter Stumpe Steve Bence Bill Glessne		20:28 24:43 25:52 33:59 33:08 33:12
M40	Andy Barth Bill Lamont Alvin Harbon Bob Rearich		33:57 30:51 31:22 34:01
	Bob Kukan William Fish Jeff Cale		31:35 33:42 33:47
H50	Ronald Bober Jay Codding Richard Schr	ton	28:24 30:02 34:24
H55	Ron Laird Jack Hough		31:16 34:23

	M60+George Maffett	30:19
1	Phillip Spinosi	34:26
١	William Miller	43:50
١	Overall Women	
١	Bobbi Jo Kukan	27:15
1	Judy Stoy	27:55
-	Chris King	29:30
1	W30 Jill Way	34:43
-	Beth Schroock	41:49
-	Lisa Rogers	41:49
	W35 Shelley Glessner	36:10
	Joanna Sicheri	41:47
	Joy Stull	43:08
	W40 Kathy Mitchell	34:42 35:51
		35:51
;	Connie Long	39:22
4	W45 Sharon Kelly	35:34
5	Starlite Kennell	37:40
	Judy Brant	41:21
		33:51
		34:05
	Judy Fritsch	36:17
	W55 Connie Clausner	36:06
		40:32
	Nancy Boucher	44:31
	W60+Mardelle Friedline	
	Margaret Rozinsky	54:28
	Mona Barndt	59:06

USATF Florida/Lavonne Hottensmith 5K RW Championships

Coconut Creek; May	15
Overall	
Eric Schmook 29	24:37
Linda Stein 46	28:15
M35 Chuck Bryant	31:18
M40 Juan Yanes	27:06
Brian Holfide	28:37
M45 John Fredericks	25:34
Mike Mason	30:41
Dennis Dunne	32:00
M50 Jay Dash	30:26
M55 Bob Cella	29:03
Neal Donahue	32:22
Alton Harnage	35:41
M60 Bob Fine	29:27
Gerry Gomes	30:18
Bob Sorrelle	31:31
M65 Erik Johansson	33:35
Avram Finger	34:23
Bill Mathews	35:05
M70 Jerry Kauffman	32:50
Sumner Shafmaster	34:42
M85 Sam Gadles	37:26
W30 Sara O'Bannon	29:00
Chris Alt	30:00
W35 Monica Boyd	30:05
Lynn Parisi	34:59
W40 Vivian Johnson	32:38
W45 Linda Stein	28:15
Alba Campbell	28:59
	TI

moo ray cerra	34:33
Andrea Kindermann	35:17
Pat Baran	35:41
W55 June Ranofsky	33:16
Anne Dann	34:37
Mary King	35:01
W60 Marcia Shafmaster	33:54
W65 Ruth Perraud	35:26
W70 Blanche Waldman	43:18
W75 Ruth Usatorres	52:06
M40 Florida AC (Frede Kurz/Stein) M50 Florida AC (Cella Butterfield/Glaser) M60 Florida AC (Comes Johansson/Finger) M70 Florida AC (Kaufi Shaftmaster/Lorenzo) W40 Florida AC (Campb Shaftmaster/Cella) W50 Boca Raton RR (Rai Kinderman/Sorrelle)	a/ s/ Eman/ ell/
LICATE N	

W50 Kay Cella

USATF National Masters M25K/W20K Championships Albany, NY; May 22

M40	
Bohdan Bulakowski	2-11-48
1 Brian Savilonis	
2 Ross Barranco	3:06:56
	3:23:54
M45	3.23.34
	2:23:02
2 Norm Frable	2:33:59
M50	2.33.37
	2:30:41
2 Bernie Finch	2:53:08
M55	2.33.00
1 Ed Whiteman	2:24:08
(U.S. age-group reco	
2 Dave Romansky	
3 Paul Johnson	2:32:55
M60	2.32.33
1 Ed Merrill	2:55:14
M65	2.33.14
1 Ed Gawinski	3:13:39
2 Bill Hogan	3:51:02
M70	3.31.02
1 Melvin Lees	3:14:12
W40	3.14:12
1 Daryl Ann Kidder	2.00.52
2 Meg Ferguson	2:10:25
W45	2:10:25
	2:22:24
2 Olga Figueroa	2:22:24
W55	2:24:10
1 Elton Richardson	2.02.55
· LICH RICHIUSON	2:02:35

1994 CALIFORNIA STATE SENIOR GAMES CHAMPIONSHIPS*

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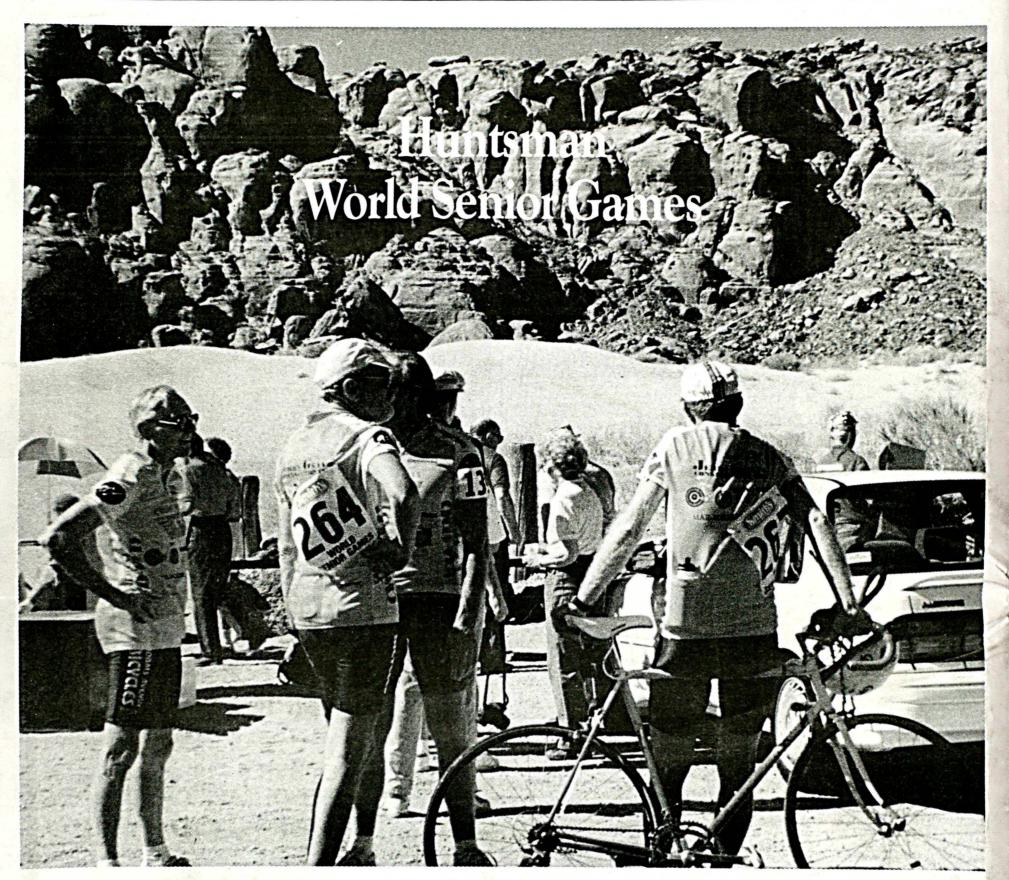


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