

# NATIONAL MASTERS NEWS

The official world and U.S. publication for Masters track & field, long distance running and race walking.

156th Issue

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## 10 World, 30 U.S. Records Set at Nationals

### Naperville, Ill., Hosts Masters Fireworks

by JERRY WOJCIK

The Athletics Congress/USA National Masters Track and Field Championships returned to Naperville, Ill., on July 4-7 the site of the 1977 championships.

For early arrivals on the 3rd, Mother Nature provided a Midwest evening thunderstorm and lightning show. On the 4th, the Naperville city fathers provided a dazzling pyrotechnic display at Knoch Park near the North Central College campus, which provided the meet facilities, including the track, dorms, and fieldhouse.

On the track, the 800 entrants, in five-year age groups from age 30 through 85, produced some fireworks of their own. After the smoke had cleared, ten world and thirty additional U.S. records had been recorded. Born on the Fourth of July, Betty Vosburgh personified every masters athlete's dream by entering a new division on the first day of a national meet. She followed through by breaking seven W60-64 records to no one's surprise because she had been breaking them at the top of her previous age group. Jack Greenwood broke one M65-69 U.S. and two world records in the sprints and hurdles. Other men and women athletes also had double records.

But not all of the thrills came in the record performances. Ken Popejoy's



Betty Vosburgh, who turned 60 on the opening day of the Nationals, winning the 100 in an American M60-64 record 15.39. She also broke six other world and U.S. records.

Photo by Jerry Wojcik

M40 1500 victory in 3:58.80 over 1990 Masters T&F Athlete-of-the-Year Larry Almborg (3:59.19) will not be soon forgotten by those who saw the race. The M65 sprints, featuring Jim Law, Bob Watanabe, Mel Larsen, and Greenwood, were all exciting.



Bob Watanabe (lane 4) winning a close M65 100 in 13.04, National Masters Championships, Naperville, Ill., July 4-7. Jim Law (lane 5), was second (13.09), Mel Larsen (lane 6), third (13.24).

Photo by Jerry Wojcik

Diminutive Margaret Perrott of Australia, who beat former W30-34 champions and strong fields in the 100 (12.52) and 200 (25.82) garnered more than passing interest from fans and athletes. Robb Bong's game attempt to unseat Stan Whitley as M45 400 champion drew attention.

In perhaps the best-ever M70 national fields in the shot and discus, Scott Herman won the shot put (13.31), and Wilbur Thompson, Olympic shot-put record breaker in the 1948 London Games, won the discus (39.64).

#### Age-Graded 100

Perhaps the most exciting race of the meet was the National Masters News/TAC age-graded 100-meter dash — the final event of the meet. Payton

Jordan, 74, with a handicap-start of 25 meters (and thus ran 75 meters), held off an onrushing Bill Collins, 40, who had to run 94 meters. Hugo Hartenstein was third in a blanket finish. Collins had won the race two years in a row, and Jordan had eagerly awaited this chance to "even the score." Jordan's time of 10.23 is the equivalent of an open-class time.

Phil Raschker, 44, won the women's age-graded 100, overtaking Marilyn Mitchell (46, 3rd), and Betty Vosburgh (60, 4th), and holding off Marcia Hulse (32, 2nd). Raschker was timed in 10.89.

The first three received \$200 in prize money (\$50/\$35/\$15).

#### Sectional Relays

An unofficial new relay was added to this year's program. Phil Mulkey successfully organized an "All-Star Sectional 4x100 Relay," where each team was composed of four runners from the same section. The total age of the four male runners was 220 or more;

Continued on page 7



Native Rhode Islanders and champions, William Garrahan, M60 discus (46.86), and Armando Ricciardi, M70 hammer (38.25). Ricciardi is now a resident of Reno, Nev.

Photo by Jerry Wojcik



Ken Popejoy celebrates his M40 1500 victory (3:58.80) over Larry Almborg (3:59.19) in one of the most exciting races in The Athletic Congress/USA National Masters T&F Championships.

Photo by Jerry Wojcik

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# NATIONAL MASTERS NEWS

The official world and U.S. publication for Masters track & field, long distance running and race walking



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Some masters events are sponsored by TAC, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to ages 40+, 50+ or 55+; (please check the schedule for details). Some events require advance registration. Some require a current TAC card (\$7 to \$11 per year, depending on the region). To inquire about a TAC card, call The Athletics Congress in

your area, or 317/261-0500. There are no qualifying standards for any masters athletics event.

NMN welcomes contributions — results, schedule info, photos, letters, articles, and opinions. Manuscripts should be typed, double-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is desired.

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# 5158 Attend National Senior Sports Classic

SYRACUSE, N.Y. — A total of 5158 senior athletes age 55-and-up took part in the biennial U.S. National Senior Sports Classic III here from June 28 to July 3.

Competitors who had qualified in regional Senior Games the previous year participated in 18 sports, including track, field, racewalking, road racing, basketball, tennis, softball and swimming.

It was a successful event, with plenty of social activities to complement the competition. The Syracuse newspapers



Luman Parrott, 81, captured the 1500-meter run for men 80-84 at the Senior Sports Classic.

devoted daily front page coverage to the events. McDonald's will sponsor a one-hour, prime-time telecast on Saturday, August 3 on ESPN. ABC-TV's Good Morning, America, did a live segment on July 1.

There were a total of 13,292 event entries — comparable to the totals in a WAVA World Veterans Athletics Championships. No figures were released by the organizers on the actual number of participants in 10 of the 18 events, but by calculating the average number of event-entries per person (4.06) in eight of those events, it appeared that track & field drew about 755 people. More than 400 racewalkers showed up, as did about 300 road racers. (The report in the June NMN that there were 1582 track and 1484 field participants was erroneous; the figures given then by the organizers referred to event-entries, not participants).

Of the 5158 participants, 1764 (34%) were women. New York had the largest contingent (569), followed by Pennsylvania (305), Ohio (276) and Michigan (249).

Full fields in the track events were the norm, in contrast to the sparse fields in many masters meets in the upper age divisions. The M55 1500 drew 26

starters; the M60 1500 lured 22. The W60 1500 saw 19 women contestants, ranging in time from 6:23 to 9:38.

Twenty-three men entered the M55 400, with times ranging from Jim Law's world M55 record 58.52 to 96.2. In the W55 400, four heats were staged for the 18 starters. In the 400s for the 60-64 groups, 28 men and 25 women competed.

The 100s were well populated: M55 (8 heats; 35 runners); W55 (4 heats; 23 runners); M60 (8 and 39); W60 (4 and 21); M70 (7 and 27); W70 (8 and 25); M75 (4 and 13).

In the W75 100, an astonishing 16 women competed in four heats to go to an 8-woman final: times ranged from winner Lucy Monroe's 18.95 to 29.1. Four heats were run to bring 15 M80 competitors to an 8-man 100-meter final.

Thirty entered the M60 long jump; 20 the M60 long jump; 20 the M70 javelin; 26 the W55 discus.

Generally, the performances were good. It took a fast time to get to the final of most track events.

Rather than go from oldest women to youngest women to oldest men to youngest men, the Senior Meet went M55, W55, M60, W60, etc. Refreshingly, age divisions were not combined except in the 85+ groups. Only two 80+ men ran the 1500.

"We want to give each group of runners the attention they deserve," said an official.

What about the extra time it takes to run separate races?

"We've got the time," he said.

There were no wind gauges for the sprints and jumps, but no one seemed to mind.

Why were there so many contestants in age-groups that often produce only one or two entrants in a national masters meet? (For example, in the 1991 TAC/USA National Masters T&F meet in Naperville, Ill., the follow-



ing weekend, there were only two entrants, overall, in the W75 division. In Syracuse, 16 W75s competed in the 100-meters, alone.)

There are several theories:

1) The Senior program has developed competition in local meets in states where the masters T&F program doesn't reach; e.g. Arizona, South Dakota, Connecticut, Maine, Minnesota, Oklahoma. Athletes get their first taste of competition in these local meets and graduate to the nationals.

2) Participants must "qualify" in a local meet by finishing in the top three. They are then "invited" to come to the nationals. This personal invitation and knowledge that they have "qualified" are strong reassurances that they will not feel "embarrassed by finishing last or looking foolish." They say: "I qualified, so it must be okay for me to go."

One senior official admitted that the "qualifying" technique was a bit of snake-oil designed to encourage insecure participants to attend.

"But it works, so what's the harm?"



Nina Wood (left) of Cerritos, Calif., and Lucy Anne Brobst of Kitty Hawk, N.C. competed in the W55-59 sprints at the National Senior Sports Classic in Syracuse, N.Y., June 29.

he asked. Now that the numbers are growing (up from 3400 in 1989 and 2700 in 1987), qualifying marks will be used in the future to keep the totals to a manageable level. Continued on page 5

## NATIONAL SENIOR SPORTS CLASSIC III Syracuse, N.Y. — June 28-July 3

### Entrants by State and Sex

	Men	Women	Total
Alabama	13	6	19
Arizona	61	48	109
Arkansas	31	18	49
California	65	38	103
Canada	9	7	16
Colorado	110	75	185
Connecticut	103	34	137
Delaware	2	2	4
D.C.	6	5	11
Florida	155	55	210
Georgia	26	18	44
Idaho	2	1	3
Illinois	161	50	211
Indiana	61	24	85
Iowa	25	29	54
Kansas	26	11	37
Kentucky	50	9	59
Louisiana	102	105	207
Maryland	153	54	207
Massachusetts	17	12	29
Michigan	154	95	249
Minnesota	77	20	97
Mississippi	7	6	13
Missouri	132	73	205
Montana	6	0	6
Nebraska	3	4	7
Nevada	18	10	28
New Hampshire	24	11	35
New Jersey	111	40	151
New Mexico	110	97	207
New York	430	139	569
North Carolina	108	93	201
North Dakota	0	3	3
Ohio	172	104	276
Oklahoma	56	29	85
Oregon	3	1	4
Pennsylvania	208	97	305
Puerto Rico	1	0	1
Rhode Island	8	8	16
South Carolina	68	29	97
South Dakota	23	12	35
Tennessee	102	103	205
Texas	93	49	142
Vermont	50	24	74
Virginia	111	75	176
Washington	16	10	26
Wisconsin	111	19	130
Wyoming	9	11	20
Unknown	7	1	8
<b>Total</b>	<b>3396</b>	<b>1764</b>	<b>5160</b>
	<b>66%</b>	<b>34%</b>	





Address Letters to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

### TIME TO MODERNIZE

The perennial question: what does TAC membership do for the masters athlete? TAC does volunteer its officials. It does have a supplemental insurance plan for accidents and injuries. It does cover the liability insurance for meets and races. In the Southern California Association, the masters receive a dollar from each member.

What doesn't TAC do and what should it do? My suggestion to Barbara Kousky, TAC Masters T&F Chairman, is to create a new position of *Administrator*. This person would communicate with athletes, meet directors, the Records chairman, and the National Masters News. He or she would represent masters track and field nationally and internationally as a public relations spokesperson.

The present system is out of date. I would appoint a committee of experts to encompass all disciplines. Each committee member would verify records and handle correspondence in his/her specialty.

Today, as an athlete and a meet director, I don't have the information I need to do a proper job at either.

Masters records need updating. There are no world or U.S. records in multi-events based on the WAVA scoring system, which has been in effect since 1988. The Records Committee does not recognize the new hurdle distances in the multi-events. Therefore, an athlete gets zero points

for his hurdle effort. This sad state of affairs has not been considered by TAC. WAVA is unaware of these problems.

Meet directors have no clue regarding the records for several events. They are confused about the pentathlon. The proposed Administrator should be able to give meet directors and WAVA an up-to-date set of understandable records.

There are individuals in our organization who can modernize the whole system. There are members with the ability to promote the communications, publications, help the meet directors and help our sport. It is time to update.

Gary Miller  
Los Angeles

*Editor's Note: Gary Miller directed the recent TAC Southern California Association Masters T&F Meet and is the former Masters T&F Western Sectional Chairman.*

### LET WOMEN COMPETE AT AGE 30

After reading the article Women's Corner/ "At What Age...WVC's" (June NMN), I had to respond. I totally disagree with Ruth Anderson's statements. Waiting until age 35 to compete internationally (for me) is bad enough already (I'm 31). Pushing the age limit up to 40 will only make it worse.

"Uping" the age limit will only serve

to discourage women from training/competing/participating in track. If you want more women to compete, to stay interested and continue into their 40s, 50s and beyond, you need to dangle the carrot earlier, not later.

I'd even open the WVC's to 30-34-y-olds. What incentives are there for a woman like me, to continually train at my financial and physical expense for another 9 years, just for a chance to compete in a big meet? There aren't a whole lot of opportunities out there now as it is. Why take away more? Besides, who knows where I'll be in 9 years from now...I could be dead. I'd like the opportunity to compete now!

One reason that I feel that there are fewer numbers in the 30-34 & 35-39 age groups, besides being prime child-bearing/child raising and/or career tracts, is that these age groups aren't promoted well enough. I never even knew masters track existed until I heard someone talking about it a few years ago. I counted the days/years when I would turn 30 and would finally compete against my peers. It opened up a whole new world for me. The interest was always there - it was the opportunity (for meets, a club, etc) that was promoted that got me out and active again. If more women knew, and were encouraged, more would come out. That would pump your "numbers up" for competitors into the 40 & 50 yr old age groups.

But the point is — you've got to start somewhere. As women and athletes, we shouldn't be arguing over arbitrary age limits and rulings. Instead, we should be encouraging and promoting all women, of any age, to participate, exercise, be healthy, compete and have fun.

And as for the men, what's sauce for the goose is sauce for the gander. Let them compete at the younger age level too!

Deborah Eckhardt  
Fairport, New York

### ATHLETE OF THE MONTH

I am greatly honored to be chosen as athlete of the month, and was thrilled to receive the check award for same. It is a privilege to still be able to compete and hit the times that I am able to do, but it is even more of a thrill to be associated with all the masters throughout this country from age 40 on up. Masters competition in the United States is a wonderful vehicle for not only competition and personal performance, but also for the friendships and the camaraderie that is made among masters competitors of all ages.

## Eight Join NMN Sustainers

Each month, NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an in-depth schedule section, and more.

Special thanks this month goes to:

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Rodney Charnock  
Norfolk, U.K.

I am greatly honored to be chosen for this award, and please extend my thanks to Sorbothane for their kind support.

Kenneth L. Popejoy  
Wheaton, Illinois

### TAC RULES NOT FOLLOWED

As members of the Hartford Track Club, we had the pleasure of competing in the masters relays in this year's Penn Relays in Philadelphia. It was an outstanding meet, but there were several breaches of national TAC rules by some masters relay teams.

Some masters teams did not appear to be composed of members of the same TAC-registered club. Athletes from South Carolina, Virginia, and D.C. were combined to run — a violation of TAC rules.

We also believe some members of various clubs were not age-40 or over. A member of one club ran the 4x100 relay, but competed for a second team in the 4x400 relay.

We recommend in the future members of all participating clubs as well as proof of age in all masters events should be verified by the Masters Chairman.

Michael Augeri  
Middletown, Connecticut

Joseph Burleson  
West Hartford, Connecticut

### HAD TO HAPPEN SOMETIME

John Poppel and I have been running against each other off and on around the country for nearly two decades, but this year's run at the Northern California Track Club Classic

Continued on page 12

## NATIONAL MASTERS NEWS Subscription Form

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CZZMN



5158 Attend National Senior Sports Classic Continued from page 3

3) Many participants reportedly had their travel bills paid by their local organizers — some of whom are tied in to their local Park & Recreation Departments.

4) The Games were exciting, much like a World Veterans Championships. There was enormous publicity in the Syracuse papers, radio and TV. There were a myriad of social activities from bridge tournaments to book reviews to financial seminars. Athletes paraded by state in the opening ceremonies.

In addition to McDonald's, sponsors included: Total cereal, TWA, Holiday Inn, AT&T, Johnson & Johnson, Serenity Guards, Metlife, and Pfizer Pharmaceutical. By calling 1-800-72-CHEER, you could get results of any event, compliments of AT&T.

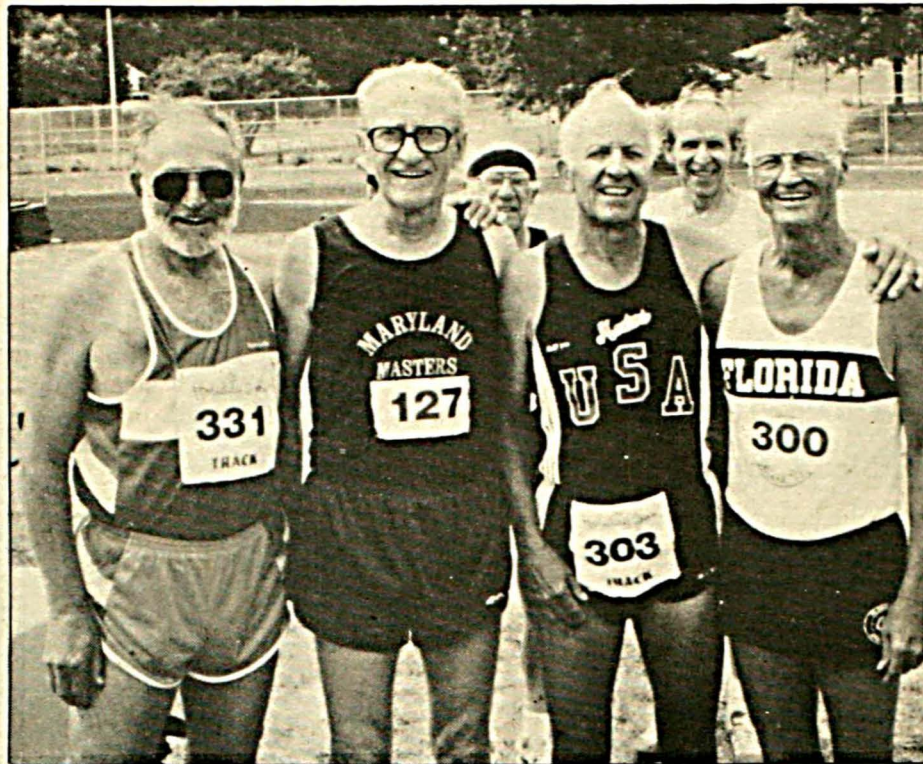
Some athletes skipped the Naperville nationals for the Syracuse meet because the meets were too close together. Others said they'd have more time to recover for the World Games in Turku, July 18-28. Some chose Syracuse "for a change;" Polly Clarke, 81, said she "wanted to meet some new people." Racewalker Ruth Leff, 52, picked Syracuse because of "the incompetent racewalk judging at past nationals."

The opening ceremonies could not compare to the opening at the World Veterans Championships in Eugene, but they provided an opportunity to march into the Carrier Dome together by state. Each state provided a uniform for each participant. The band played rousing Sousa marching music. President Bush sent a message. Bob Cousy gave the main speech.

There was no banquet, but there was a free picnic and a breakfast. Over 40 buses provided free shuttle service from a hub to the venues and hotels.

The National Senior Sports Classic IV will be held in mid-June, 1993 in Baton Rouge, La.

President Doug Corderman summed



Milt Silverstein (331, 3rd), Ed Mazwell (127, second), Bill Weinacht (303, 1st), and Jay Sponseller (300, 4th) in the M70 100-meter dash at the National Senior Sports Classic in Syracuse, N.Y.

up the philosophy of the Games at the opening ceremonies:

"Your presence represents the triumph of the human spirit. It is not who is first at the finish line that counts, but who is there at the starting line. Being here is winning. Getting a medal is extra." — Al Sheahan

NATIONAL SENIOR SPORTS CLASSIC III  
Syracuse, N.J. — June 28-July 3

Participants by Age and Sex			
Age	Men	Women	Total
55-59	760	316	1076
60-64	857	422	1279
65-69	788	455	1243
70-74	517	294	811
75-79	301	184	485
80-84	123	70	193
85-89	27	18	45
90-94	10	2	12
95+	3	0	3
<b>Total</b>	<b>3394</b>	<b>1764</b>	<b>5158</b>
	66%	34%	



5000 senior athletes marched into the Syracuse Carrier Dome for opening ceremonies at the National Senior Sports Classic.

**1. DISPLAY ADVERTISING RATES**

Column	Ad Size	Cost	Width	Height	Examples:
52	Back Page	600*	10"	13"	
52	Full Page	460	10"	13"	
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			10"	6 1/2"	
			7 1/2"	8 1/2"	
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			10"	3 1/4"	
7	1/8 Page	120	5"	3 1/4"	
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3 1/2	1/16 Page	72	2 1/4"	3 1/4"	
1		36	2 1/4"	1"	

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**Quote of the Month:**

"You know you're getting old when your wife gives up sex for Lent and you don't find out about it till Good Friday."

— Bob Cousy at the National Senior Sports Classic

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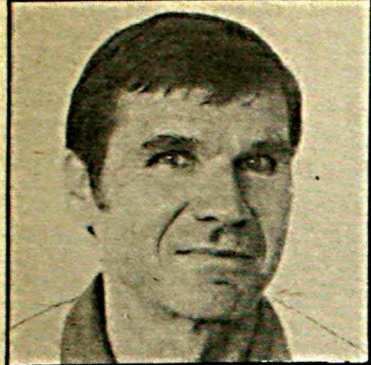
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# Third Wind

by Mike Tymn

## Rodgers, Welch, and Henderson Collaborate on Masters Book

**B**ill Rodgers and Priscilla Welch are two of the best masters runners in the world. However, they have run different paths to the top, and therefore they seem like an unlikely duo to collaborate on a book about masters running.

At 43, Rodgers, with more than 20 years of running experience, concedes that his fastest times are well behind him and admits to feeling some of the ravages of aging. At 46, Welch, a relative newcomer to the sport with barely a decade of running experience, is still looking for personal records and takes offense at the mere suggestion that she is slowing.

Their somewhat different, even conflicting, views and experiences are presented in a book titled *Bill Rodgers and Priscilla Welch on Masters Running and Racing* scheduled for release this month by Rodale Press. The book was authored with veteran writer and editor Joe Henderson.

Some older masters runners may feel that Rodgers and Welch, regardless of their talents, are much too young to be writing about masters running. However, I see the book as more of a training manual for runners of all ages, based upon more than 60 years of running experience (to include Henderson's) rather than just a total of nine years of masters running by Rodgers and Welch. "This book is a printed version of Bill's and Priscilla's

clinics," writes Henderson in the introduction. "It touches lightly on their life stories without being truly autobiographical. They are more concerned here with helping *you* run and have the time of *your* life."

Henderson does an outstanding job of introducing each chapter and subject by providing background information and a foundation from which Rodgers and Welch can build.

Without being negative, Rodgers, who won the Boston and New York City Marathons four times, realistically addresses the subject of aging and running performance. "You must accept the changes," he writes. "You can't tell yourself that you aren't aging. God made us this way. What I can do now is try to beat my peers."

Rodgers tells how his training has changed: "I can't push my training runs as hard. I can't do my intervals as fast. When I was 25, 28, even 33, I could shift gears in training runs. I could jump over logs. Now I have to run at a single pace. It's harder to train anaerobically. When I go to the track, my best workout is three times a mile in 4:35 to 4:37, with a quarter-mile jog.



Priscilla Welch, 46, and Bill Rodgers, 43, provide much valuable training information in their new book on masters running and racing.

Ten years ago, I was going at least 10 seconds faster for those miles."

But Rodgers believes that wear and tear must be factored into the aging equation. "I don't think you can compare people like me or Grete Waitz with masters runners such as John Campbell and Priscilla Welch," he states. "We've just been at it too long... I don't think people who came along in their late 30s could run 50 or more marathons the way I have and still produce the spectacular times. John Campbell raced very well right after he turned 40, making the rest of us look terrible. But if he and I had been racing together 10 or 15 years ago, he wouldn't be running such fantastic times today."

Rodgers adds: "There are only a few runners over age 40 who can train now as they did at 25... Resting is the big issue here. People who hammer their bodies for years ultimately pay for it."

Welch, who ran a 2:26:51 marathon at age 42, feels that a sub 2:25 is still possible for her. "It just takes the right day and staying healthy for six months before," she offers.

"It's a big mental game," she continues. "So many people have been mentally conditioned to believe: 'You can't do this at that age'... It's all negative talk."

"I don't know whether I've got my head buried in the sand or not, but I believe there's a lot you can get out of yourself at 45. Obviously, you do lose speed somewhere along the line. But I think that point comes later than most people now believe."

Welch's thoughts on diet are especially interesting. She tried being a vegetarian

for two years, but doesn't feel it worked for her. She also mentions that in 1986 she was having problems staying aerobic and burning fats; the problem was diagnosed as a high toxicity level from overdosing on vitamins.

"I like to drink seven or eight glasses of water a day, but don't drink water with my meals," she explains. "I avoid sugar and anything with sucrose. I eat honey and use sea salt. Chewing foods properly allows the enzymes in the mouth to begin to digest the cooked starches."

Although Rodgers has been called a "junk-food junkie," he takes issue with that. "I don't think I could have done the racing I've done over 15 years if I had had a really poor diet," he remarks. "I would have been injured more, or sick, or anemic... I'm just a cookie junkie."

Like Welch, Rodgers recognizes the importance of drinking plenty of water throughout the day. "I drink far more water now than I did 10 years ago, because I'm more aware of how important it is to an athlete. Drinking enough water is something I have to concentrate on every day, because I know I'm dehydrated a lot."

The book contains much valuable training information, with chapters devoted specifically to the 10K and shorter distances, the middle distances, the marathon, cross-country, and track. There are a number of helpful charts, including the Masters Age-Graded Tables used by National Masters News. The book has much to offer both masters and non-masters, veterans or novices. □

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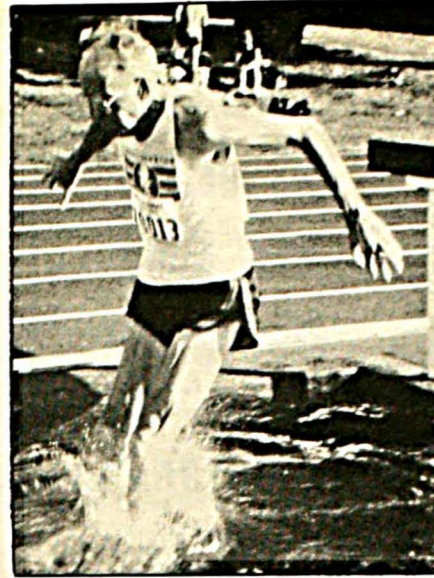


10 World, 30 U.S. Records Set at Nationals Continued from page 1

the women were age 200 or more. The women's East team bested the Southeast and West squads, while the Southwest contingent rallied to top the Southeast and West foursomes. Teams wore different-colored jerseys, compliments of the organizers. Some of the other top performances, by division, were:

- M30-34**  
Jeangelan Ruleau won the 800 (1:58.75) and 1500 (4:11.73). Norm Ogilvie took the 5000 (15:30.90) and 10,000 (33:36.10). Larry Rosen was a double winner in the SP (14.97) and DT (51.12). John Kerfoot walked to victories in the 5000 (24:09.60) and 20K (1:41:10).
- M35-39**  
Mark Furkis won the 1500 (4:04.31) and 5000 (14:55.0). Gary Hunter broke the U.S. record with a 5.08 vault. Mark Cwiek repeated as JT champion (64.15). Racewalker Pete Williams captured the 5000 (24:45.80) and 20K (1:47:00).
- M40-44**  
Bill Collins with a WR 200 21.38 and

- 100 win (10.88) stands out here, along with Popejoy and Almberg, who won the 5000 (15:07.40). Larry Rodenbeck took two golds in the LJ (6.02) and TJ (13.18).
- M45-49**  
Joe Johnson with an AR22.81 200 and a 100 win (11.31), and Tom Rauscher, who broke the U.S. record with a 4.60 vault, were division notables. Lloyd Higgins, who will be 50 for next year's nationals, took the DT (50.80) and HT (45.34). Norm Frabel won the 5000 (25:01.00) and 20K walks (1:47:40).
- M50-54**  
Walt Butler, with a WR13.57 100H and 100 win (11.91); Alby Williams, 200 (24.00) and 400 (57.27) winner; and Mike Heffernan, 5000 (16:07.00) and 10,000 winner (34:05.30) were the track bests. Joe Keshmiri, SP (15.37) and DT (52.14) winner, and Ed Whiteman, 5000 (26:13.50) and 20K walk (1:50:09) victor, also stood out.
- M55-59**  
Hugo Hartenstein won the 100 (12.02) and 200 (24.16). Alan Fair-



Don Dilworth takes the plunge on way to his M70 first (9:52.15) in the 2000 steeplechase. Spectators were envious because temperatures had hit the mid-90s on the day of the race. Photo by Jerry Wojcik

- brother took three firsts, 5000 (18:05.50), 10,000 (38:47.50), and SC (11:44.06). Tom White doubled in the 5000 (28:16.00) and 20K (2:02:35) walks.
- M60-64**  
John Poppell won the 100 (12.71)

- and 200 (26.28). Don Gammie took the 1500 with an AR4:41.50 and 5000 (17:55.90). Buck Bradberry was the winner in the LJ (4.53) and TJ (10.28). Joe Chadbourne broke the U.S. HT record with a 49.76.
- M65-69**  
Greenwood broke WRs in the 100H (16.22) and 300H (45.70). Bob Richards had a HT AR41.86. This division produced the tightest sprint finishes of the meet. Bob Watanabe (13.04) took the 100 from Jim Law (13.09). Jack Greenwood (AR25.87) won the 200 from Law (25.90) and Watanabe (25.91). Law took the 400 with an amazing WR58.79, which would have won the M60 race, with Greenwood also bettering the old mark in 60.79.
- M70-74**  
Burl Gist broke the 80H WR with a 14.22. Jordan won the 100 (13.71). Matthews and Jordan ran a virtual tie in the 200 (28.61), as Matthews fell at the finish. Matthews took the 400 (67.23). U.S. record breakers were Walt Dahlin, HJ (1.44), and Tom Kennell, TJ (9.17). Boo Morcom had two golds, PV (3.06) and LJ (4.62).

Continued on page 9

1991 U.S. NATIONAL MASTERS TRACK & FIELD CHAMPIONS—NAPERVILLE, ILL. — JULY 4-7

	M30	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85
100	Perry	Thompson	Collins	Johnson	Butler	Hartnstn	Poppell	Watanabe	Jordan	Williams	McIntyre	---
200	James	Bonilla	Collins	Johnson	Williams	Hartnstn	Poppell	Greenwood	Matthews	Williams	McIntyre	---
400	Barrett	Qualls	King	Whitley	Williams	Mathis	Sochor	Law	Matthews	Lightfoot	Thompson	Boas
800	Ruleau	Walker	Almberg	Mathes	McMillan	Conner	Seifert	Fitzgerld	Sponseler	Healy	Espy	---
1500	Ruleau	Furkis	Popejoy	Franklin	Laris	Goldman	Gammie	King	Strasnbrg	Healy	Espy	---
5000	Ogilvie	Furkis	Almberg	Trimble	Hefernan	Fairbrthr	Gammie	Forshee	Strasnbrg	Healy	Espy	---
10000	Ogilvie	Contario	Press	Talib	Hefernan	Fairbrthr	Ross	Forshee	Dilworth	Healy	---	---
SH	Stanley	Short	Druckrey	Viltz	Butler	Mulkey	Bradberry	Greenwood	Gist	---	Hatlen	---
LH	Grimes	Hudson	King	Jensen	Adams	Sanchez	Robinson	Greenwood	Dahlin	---	---	---
SC	Higdon K	Hecker	Swanson	Persak	Cosgrove	Fairbrthr	Higdon H	Anspach	Dilworth	---	---	---
HJ	Conley	Rowe	Rader	Phillips	Pawlik	Langenfld	Gillcrist	Obye	Dahlin	Boucke	Hatlen	---
PV	Rogers	Hunter	Matzdorf <sup>t</sup>	Rauscher	Noonan	Mulkey	Donley	Richards	Morcom	Williams <sup>t</sup>	---	Pitcher
LJ	Crawford	Kruse	Rodenbeck	Carlis	Medley	Stopoulos	Bradberry	Larsen	Morcom	---	Hatlen	---
TJ	Evans	Stuthard	Rodenbeck	Carlis	Carter	Mulkey	Bradberry	Smith	Kennell T	---	---	Pitcher
SP	Rosen	England	Stebing	Hill	Keshmiri	Weselwksi	Brusca	Bangert	Herman	Carter	Hatlen	---
DT	Rosen	Umshler	Senters	Higgins	Keshmiri	Humphreys	Garrahan	Richards	Thompson	Carter	Hunter	Boas
HT	Hartmann	Farmer	Waith	Higgins	Hotchkiss	McWillms	Chadborne	Richards	Ricciardi	Wood	Hunter	---
JT	Gustely	Cwiek	Morland	Sander	Dyes	Duckworth	Held	---	Nordgren	Wood	Hatlen	Coleman
PENT	Bilrbeck	Watry	Harvey	Shaw	Sloan	Mulkey	RichardsM	Smith	Morcom	---	---	Pitcher
4x100	Stars & Stripes	not available		not available		not available		---		---		---
4x400	Stars & Stripes	Jeans & Sneaks		not available		not available		---		---		---
4x800	Fast Tech	Detroit Fitness		So Cal Association		West Valley TC		---		---		---
5K-W	Kerfoot	Williams	Wiggins	Frabel	Whiteman	White	Fine	Snaden	Geyer	---	---	---
20K-R	Kerfoot	Williams	Dewitt	Frabel	Whiteman	White	Jacobson	Heller	Wright	---	---	---
	W30	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85
100	Willet	Hulse	Raschker	Mitchell	McDonald	Fitzgerld	Vosburgh	Peterson	Berry	Mehl	---	---
200	Willet	Hulse	Raschker	Mitchell	McDonald	Fitzgerld	Vosburgh	Peterson	Berry	Mehl	---	---
400	Willet	Hulse	Raschker	Calvert	Arnold	Fitzgerld	Vosburgh	Peterson	Peebles	Mehl	---	---
800	Gill	Anderson	Kimche	---	Lavigne	Mosbruckr	Vosburgh	Norckauer	Peebles	Mehl	---	---
1500	Hervert	Anderson	Kimche	---	Hodges	Mosbruckr	Leonard	---	Peebles	Mehl	Clarke	---
5000	---	Baltzell	Kimche	Frabel	Arnold	Mosbruckr	Sweet	---	Varani	Mehl	Clarke	---
10000	---	---	Baranwski	---	Hodges	Wilson	---	---	Varani	---	Clarke	---
SH	Corso	---	Raschker	Calvert	Sisley	---	Vosburgh	---	---	---	---	---
LH	Corso	---	---	Calvert	Coffee	---	Vosburgh	---	---	---	---	---
HJ	Peyton	---	Raschker	Calvert	Sisley	Chou	McDaniels	Sullivan	---	---	---	---
PV	---	---	Raschker	---	---	---	---	---	---	---	---	---
LJ	Corso	---	Raschker	Calvert	Sisley	---	Vosburgh	Sullivan	Berry	---	---	---
TJ	---	---	Raschker	Calvert	Sisley	---	McDaniels	Sullivan	---	---	---	---
SP	Corso	Welding	Struppeck	Catt	Grissom	Cirulnick	Holland	Norckauer	Berry	Jarvis	Clark C	---
DT	Eckhardt	Welding	Struppeck	Platis	Hilliard	Miller	Holland	Norckauer	Berry	Jarvis	Clark C	---
HT	---	---	Chadborne	Bloomfield	Hilliard	Cirulnick	Holland	Norckauer	---	Jarvis	---	---
JT	Corso	Welding	Struppeck	Huff	Conley	Miller	Holland	Roloff	---	Jarvis	---	---
PENT	Corso	---	Raschker	Carter	Sisley	Miller	---	---	---	---	---	---
5K-W	Kerby	Paffumi	Sedlak	Bocci	Hanley	Eberle	Rush	Rowland	---	---	Clarke	---
10K-W	Kerby	Miller P	Sedlak	Nedelco	Richardson	Decker	Rush	Rowland	---	---	---	---

\*relay teams and times were not available



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## MASTERS ATHLETE OF THE MONTH

### Payton Jordan, Jack Greenwood and Jim Law

In all fairness, we couldn't separate three athletes in the voting for this month's Sorbothane Athlete-of-the-Month award.

Each of them — Payton Jordan, Jack Greenwood, and Jim Law — all went over 100% on the masters age-graded scale. Anyone who does that deserves nothing less than athlete-of-the-month honors.

Either these guys are super-human phenomenons or we're going to have to toughen the age-graded standards.

1) Payton Jordan, 74, of Palo Alto,



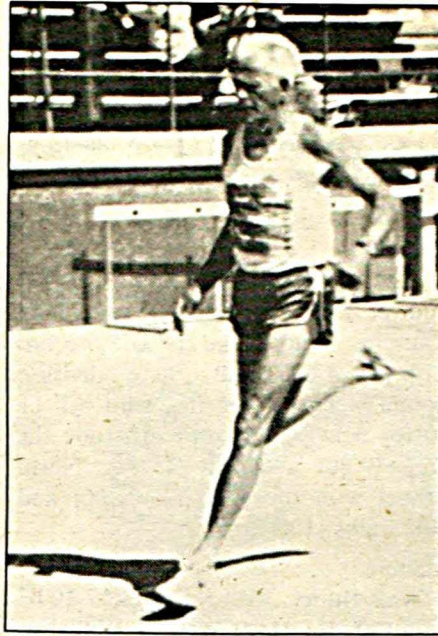
Jack Greenwood, 65, 110m hurdle champion in 18.03 at 1990 TAC Nationals, Indianapolis.

Photo by Bob Watanabe

Calif., the 1968 Olympic coach and holder of several age-group sprint records, broke his own M70 world 100-meter record of 13.00 with a mind-boggling 12.91 at the Western Sectionals in Cerritos, Calif., June 22. The 13.00 had been set four years ago when Jordan was a mere lad of 70. To run faster at age 74 than at 70 is a remarkable achievement. The wind was less than the allowable two-meters-per-second, according to meet officials. The 12.91 gave him a 101.3% on the masters age-graded scale.

Then, at the National Masters T&F Championships in Naperville, Ill., he won the age-graded 100-meter dash, where the winners of each 100 final ran together on an age-handicapped basis to see who is the "fastest of the fastest." Jordan held off fast-closing Bill Collins, 40, to win in a blistering 10.23.

2) Jack Greenwood, 65, of Denver,



Payton Jordan, finishing the 100 in 12.91, TAC Western Sectional Masters Championships, Norwalk, Calif., June 22-23, to break his M70-74 world record of 13.00.

Photo by Jerry Wojcik

Colo., a two-time masters T&F athlete-of-the-year, won three events at the nationals, setting two M65 world records in the 100H (16.22, 98.0%) and in the 300H, with a fantastic 45.70, for an eye-popping 101.6% on the age-graded scale. He also won the 200 in a tough battle with Law and Bob Watanabe.

3) Jim Law, 65, of Raleigh, N.C., ran two sensational 400s. First, he clocked a sparkling 58.52 — a 100.3% rating — at the Senior Sports Classic in Syracuse, where he was the darling of the media. He confirmed that effort with a 58.79 at the nationals, defeating Greenwood as both men bettered the existing mark of 61.29. It was the first time in history that men over age 65 broke the one-minute barrier at 400 meters.

The month was filled with riveting performances, any of which were athlete-of-the-month-caliber efforts:

- Walt Butler, 50, ran the 100 hurdles at the nationals in a WR 13.57 (99.2%) and also won the 100 in 11.91.

- Betty Vosburgh won seven gold medals in the W60 division at the na-

tionals, setting one world and six U.S. W60 records.

- Bill Collins set a pending M40 WR of 21.38 (98.6%) in the 200 at the nationals.

- Phil Raschker, 44, won eight gold medals at the nationals, setting a W40 WR of 9-10 in the pole vault.

- Stan Whitley set a pending M45 WR of 11.03 in the 100.

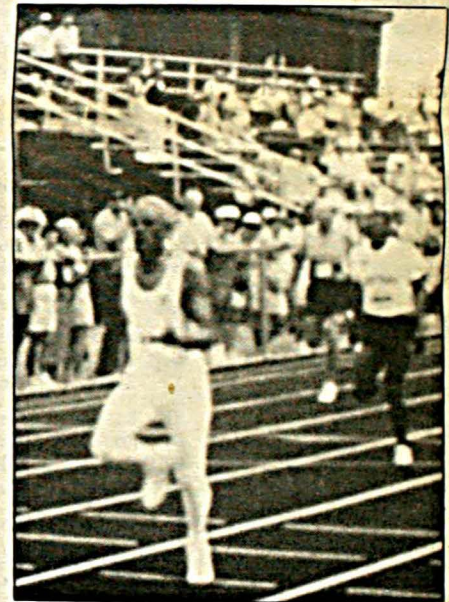
- Mike Cole set a pending M40 WR of 14.00 in the 110H.

- Warren Utes, 71, broke the U.S. M70 15K record with a 58.13 (99.8%).

Each month, an outstanding masters athlete will be selected, based on performances in track, field, road racing and racewalking during the past month, and announced in NMN. The winner will receive \$100 from Sorbothane. This month's \$100 will be split between the three winners.

Sorbothane produces lightweight, shock absorbing air-infused insoles and can be found at most sporting goods stores.

Congratulations to Payton Jordan, Jack Greenwood, and Jim Law — the Sorbothane Athletes-of-the-Month. □



Jim Law, 65, in one of his three wins at the Senior Sports Classic in Syracuse, June 28.

## Masters Age Records 1990

(1991 Edition)

Compiled by WAVA and TAC Masters T&F Records Chairman Pete Mundle with Don Henry, Shirley Dietderich, Gordon Wallace and Alan Wood.

- Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Oct. 31, 1990
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### Over The Hill, Buffalo Take Titles in Cleveland

by JEFF GERSON

The men's Over The Hill TC and the women's Buffalo Belles & Brawn teams successfully defended their team titles at the 13th Annual Cleveland Track Classic, June 22, at Wickliffe, Ohio. Over The Hill took the title with 497 points, with the Buffalo Pioneers edging Detroit Fitness for second place. The Buffalo team ran away from the field, scoring 234 points to runner-up Over The Hill's 58.

Scott Tyler was named the meet's outstanding athlete, setting meet records in the M50 100mH (14.5), 400mH (63.3), 100 (11.6), and winning the 200 (25.5). Age-group most outstanding athletes included M30

Greg Coats and Jesse Thomas. Coats set a meet record in the high jump (6-7½) and won the long and triple jumps, while Thomas won the 100, 200, 400, and ran on two winning relay teams.

Clarence Ray and Edward Hill were the most outstanding in the M40 division, and Denver Smith took the M60 honors, based on five firsts.

Donnis Drumgole, W40, and Karen Corso, W30, shared most outstanding women's athlete honors. Drumgole set meet records in the 100 (13.3), 200 (28.4), 400 (65.3), and 100mH (22.9). Corso set meet records in the high jump (5-6), shot put (35-5½), javelin (104-0), and one the long jump (17-9).



10 World, 30 U.S. Records Set at Nationals Continued from page 7

M75-79 Milton Williams took the 100 (16.30) and 200 (33.24). Dudley Healy won four gold medals in the distances. Ross Carter and Jack Wood were double winners in the throws.

M80-84 Honors were shared by Ted Hatlen, who took five firsts, and Charles Espy, winner of three distance races.

M85-89 Arling Pitcher took two firsts, the PV (1.13) and TJ (3.34), as did Konrad Boas, 400 (2:16.95) and DT (13.28).

W30-34 Danis Willet was first American in the 100 (13.08) and 200 (26.04) behind Perrott of Australia, and first in the 400 (58.88). Karen Corso took five firsts, both hurdle races, HJ, LJ, and SP.

W35-39 Marcia Hulse sprinted to wins in the 100 (13.12), 200 (26.73), and 400 (62.79). Debbie Anderson was first American in the 800 (2:27.43) and 1500 (5:12.29) behind Canada's Janet Takahashi (2:16.98/4:39.69). Ruth Welding was victorious in the SP (9.64), DT (34.78), and JT (26.66).

W40-44 Probably the division with the most talented athletes from the 100 through the walks. Phil Raschker ran, jumped, and vaulted to eight firsts, including a

PV WR3.00. Sylvie Kimche took the U.S. 800 (2:26.73) behind Canada's Avril Douglas (2:25.04), the 1500 (5:01.61), and 5000 (18:31.90). Lurline Struppeck won golds in the SP (10.12), DT (28:78), and JT (35.80). Racewalker Viisha Sedlak strode to wins in the 5000 (24:45.30) and 10K (53:05).

W45-49 Pamela Calvert took six firsts, breaking ARs in the 400H (71.20) and TJ (9.41). Marilyn Mitchell won the 100 (13.88) and 200 (27.92) easily, despite doubting her conditioning before the races.

W50-59 Becky Sisley captured four golds, including the 80H (15.15) and TJ (8.40). Joanne Grissom upped her AR in the SP to 12.99. Vanessa Hilliard notched ARs in the DT (34.24) and HT (39.41).

W55-59 Marilyn Fitzgerald dashed to wins in the 100 (14.64), 200 (30.54), and 400 (70.78). Wava Mosbrucker took the 800 (2:54.47), 1500 (5:58.84), and 5000 (21:50.90). Christel Miller won the DT (23.98) and JT (29.60). Ruth Eberle walked to a 29:56.70 gold in the 5000.

W60-64 Betty Vosburgh was the loudest firecracker in this division, and probably the meet, with seven firsts and seven records, WR56.80 in the 300H,



Marcia Hulse winning the W35 100 (13.12). She also won the 200 and 400. Photo by Jerry Wojcik

and ARs in the 100 (15.39), 200 (31.19), 400 (71.17), 800 (2:57.55), 80H (16.50), and LJ (3.95). Leonore McDaniels' two wins were ARs, HJ (1.22) and TJ (7.85). Bernice Holland won all four throws and included an AR25.58 HT.

W65-69 Mary Norckauer's four gold medals had a wide span, from the 800

(3:58.00) to the HT (19.79). Triple winners were Pat Peterson, 100 (16.78), 200 (34.63), and 400 (87.75), and Josephine Sullivan, HJ (0.97), LJ (3.09), and TJ (6.51). Joan Rowland had an AR32:11 in the 5000 walk and won the 20K (67:49).

W70-74 Flo Berry won the 100, 200, LJ, SP, and DT. Carol Peebles took the 400, 800, and 1500.

W75-79 Betty Jarvis broke the AR in the DT (17.80) and set a HT record (17.25). Pearl Mehl took seven events from the 100 through the 5000.

W80-84 Whatever the spelling, all was Clark(e). Anne Clark had a WR8:54.79 and WR65:47.20 10,000. Carolyn Clark broke ARs in the SP (4.26) and DT (10.83).

Off the track, much discussion centered on the matter of late entries, at this meet and other nationals. Several brouhahas erupted when a few athletes tried to bend the rules in their favor. Disaster was avoided when the pace car driver for the walks, pressed into service when the police car pulled

Continued on page 10

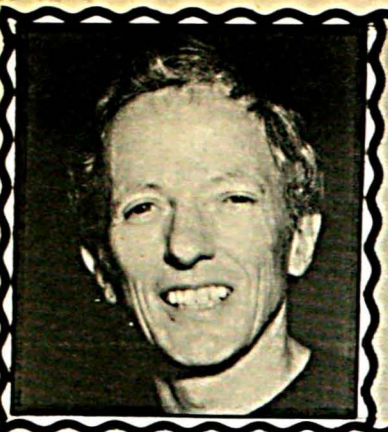
Age-Group Records Set At 24th TAC/USA National Masters Track & Field Championships Naperville, Ill. - July 4-7, 1991

Table with columns: Event, Age, New Mark, Name, Old Mark, Held by. It lists world records and U.S. records for various track and field events across different age groups.

TAC NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS N. CENTRAL CO. NAPERVILLE - STATISTICAL INFORMATION as of 23 Jun 1991

Large statistical table showing participation counts for various events across age groups. Columns include event names and age groups (e.g., 100 M, 200 M, 400 M, etc.).





# On The Run

by Hal Higdon

## Steeplechasing Is The Family Business

“Nice 'chase, Daddy,” I told my grandson Kyle to say to his father. My son Kevin had just won a section of the 3000-meter steeplechase at the TAC Masters Championships.

I should have taught Kevin to say the same to me, since I won an earlier section of the same race. Kevin won the steeplechase for the 30-34 age group; I took the 60-64 'chase. As far as we know, that's the first father-son dual victory in a masters championships, maybe for any sport.

Steeplechasing is the family business.

I don't know if Kyle, who will be three this September, will ever run track, or choose the 3000-meter steeplechase as his event, but it's a distinct possibility. If not Kyle, maybe my other grandson, Wesley. Hurdling over barriers and leaping into water pits seems to be in the Higdon genes.

The 3000 meter steeplechase has been described as “plastic cross-country.” Spectators enjoy it because it adds a touch of comedy—and excitement—particularly when somebody trips over a barrier, or falls in the water. Certainly, the 'chase adds a degree of difficulty to running long distance on the track.

Three-thousand meters is just short of two miles, seven-and-a-half laps. Each lap contains five barriers to be hurdled, four of them movable, one of them fixed with a water pit behind. The barriers are 36 inches high, the same height as intermediate hurdles, but solid. If you hit one, it knocks you over rather than the other way around. Unfortunately, they don't lower barrier heights for the older age groups, although we run only 2000 meters, five laps.

The water jump is inside or outside the track, 30 inches deep near the barrier, 12 feet across. The pit slants up-

ward so the farther you jump, the drier you stay. Officials often place plants under the barrier to make it look like the hedges horses jump in steeplechase races from which the event gets its name.

Asked to describe the 'chase, Kyle says: “Daddy runs fast and jumps in the water.” Smart kid.

The trick is to jump atop the barrier with one foot and land in the water with the next foot, stepping out with the first. After his race, Kevin bragged that he only got one shoe wet, the sign of good technique. At my age, I don't worry about getting both shoes wet; I'm happy to keep my hair dry, which happens when you trip on the barrier and land on your face.

Kyle positioned himself near the water jump in case Daddy or Grandpa did just that. Neither of us belly-flopped, although on my last lap, I misjudged my approach, stopped, clambered over the barrier, and hopped across inglamorously.

That would have cost me style points if 'chasers were judged on form like gymnasts or figure skaters. Instead, the gold medal goes to who gets there first, regardless of form.

Ten years ago at the World Vets in New Zealand, officials placed a steeplechase barrier on the cross-country course to increase its degree of difficul-

ty. Kiwi Roger Robinson regarded the barrier and decided that it would be easier to duck under than hurdle over, which he did en route to victory in the 40-44 age class. “The rules say barriers must be negotiated,” said Robinson afterwards. “They don't say how.”

Robinson won his point, but I prefer to step or hurdle barriers, having perfected my technique. The smoother you clear the barriers, the faster your time and the less energy you waste, which also translates into fast times.

The 'chase appeals to me precisely because it is a technique event, as opposed to most distance events for which combinations of speed and en-

durance are the main prerequisites. My hurdling ability permits me to defeat opponents, who otherwise might beat me in flat races. Cross-country attracts me for the same reason.

Of course, most distance runners eschew the 'chase, some of them denigrating it as an event for runners not fast enough to succeed on the flat. In turn, we look on flat racers as being too unskilled to master the skills of the 'chase

I'll probably continue running the 'chase. Whether or not I win any more medals, I hope to run fast enough so that Kyle at least can say to me, “Nice 'chase, Grandpa.” □

## Colon Breaks Two U.S. Records in Texas

by TIM MURPHY

Francisco Colon of Puerto Rico broke two M75-79 American records in the 11th annual Texas Masters Championships in Arlington on June 22. Colon bettered the long jump mark with a 13-11½ and the javelin record with a 109-5. He also ran a wind-aided 13.9 100. The world record is 14.3 and held by Josiah Packard.

This was our first try at age-graded relays, and will take a little time for folks to understand just how it works. All four teams that ran in the 4x100m

were in the 90% world class standard. The winning team consisted of R. Mitchell, 43, R. Austin, 40, L. Smith, 50, and B. Collins, 40, who ran to an age-graded 95.31%, based on the Masters Age-Graded Tables.

Jerry Donley, 61, from Colorado vaulted to a new meet record 12-0 and missed on his attempt to set a new age record. Jerry Dyes, 50, threw the javelin 200-2.

In all, there were a total of 37 meet records set, with 10 sprinters under 11.0 for the 100. □

## Hill Country Classic

by TIM MURPHY

Mike Cole of Corsicana, Texas, ran the 110H in 14.00 in the Hill Country Classic in Mason, Texas on June 15.

Other outstanding performances were turned in by: Robert Cozens, a transplanted Australian, who won the M55 100 (12.67), 200 (25.79), and 400

(57.80); Jerry Dyes, M50, who threw the javelin 211-8; and John Alexander, who set four M70 meet records, including the 100 (14.03).

The Hill Country Classic is one of the oldest and best masters meets in the area, and this year, it attracted 111 participants from 46 cities, who set 44 meet records. □

## 10 World, 30 U.S. Records Set at Nationals Continued from page 9

a no-show, managed to lead all involved to safety when Mass let out at a Catholic church just as the walkers were striding passed.

Throwing events, except for the shot put, were held at adequate, but off-the-field sites, so that throwers' endeavors went largely unnoticed.

Entrants complained about the lack of officials in some events, especially on Sunday, but considering that the meet fell on a long weekend, it was a

wonder that so many showed up at all.

Most athletes were appreciative of the efforts of Meet Director Dick Green and members of his immediate family and volunteers in conducting the meet.

After two years in the Midwest, next year's championships will move to Spokane, Wash., in early August. □



In a mixed age-group 100, Marilyn Fitzgerald finishes first W55 (14.64), while Joy MacDonald takes the W50 title (14.75), National Masters T&F Championships, Naperville, Ill., July 4-7.

Photo by Jerry Wojcik

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### Five Years Ago

August, 1986

- George Keim (M40, 53:01) and Iris Black (M40, 1:00:15) Capture TAC National Masters 15K Titles
- Barry Brown, 42, Wins 13th International Veterans 25K With a 1:21:07 in Brugge, Belgium
- Al Swarts (41, 207-7) and Al Oerter (49, 204-4) Set Discus Marks in New Jersey T&F Championships



# Whitley, Jordan Star in Western Sectionals

by JERRY WOJCIK

The TAC/USA Western Sectional Masters Track and Field Championships were held on two days, June 22-23, at Cerritos College, Norwalk, Calif., east of Los Angeles and the site of TAC's National Open Championships in 1990.

On a fast track and with a stiff, following breeze, Stan Whitley, M45, ran a fully-automatic timed 11.03. The world record is 11.0, hand-timed, by Thane Baker of the U.S. Payton Jordan, M70, ran a 12.91, below his 1987 world record of 13.0.

James Lofton, 34, of the Packers, Raiders, and Patriots, won the M30 200 in 21.69 and the long jump with a 7.47. Brenda Peterson took the W30 200 in 27.04.

Half milers were in good form, despite running into the wind on the backstretch. Bryan Henderson (1:58.1) outran Paul Frague (1:58.5) and William Henry (2:00.1) for the M30 title. Peter Mogg won the M35 race in 1:57.8. Marsh Haraden (2:31.52) was the best of a good M60 field with Louis Beadle (2:34.91) and Gunnar Linde (2:35.94).

In the 1500, Jacqueline Hansen, W40, won in 4:57.82. Chick Dahlsten, M80, added the 1500 (6:38.67) to his 5000 and 10,000 wins.

In the 110mH, James McCraney bettered the M35 world record of 14.13, held by Sergio Liani of Italy, with a 14.01.

High-jumper Annelies Steekelenburg, W40, finished at 4-10. Steve Hardison, who also won the M40 400 (51.19), was the meet's best vaulter (15-6).

Spinning Bill Pendleton, M35, had the best shot put of the day (14.01). Wilbur Thompson, M70, gold medalist

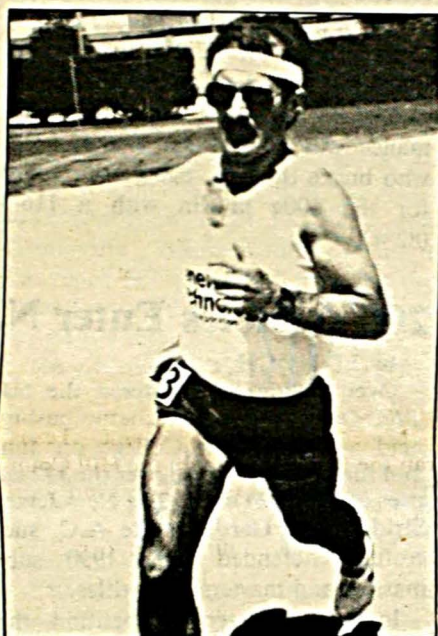
in the shot in the 1948 London Olympics with an Olympic record 17.12, won the shot (11.99) and discus (40.00). Janet Wilson, W35, topped the women in the shot (10.54) and discus (44.68).

Javelin winners included Tony Ciarelli, M35, 64.25; Joe Greenberg, M40, 63.98; and Christel Miller, W55, 27.06.

In the pentathlon, Frank Reilly chalked up an M40-44 U.S. record of 3116 IAAF points.

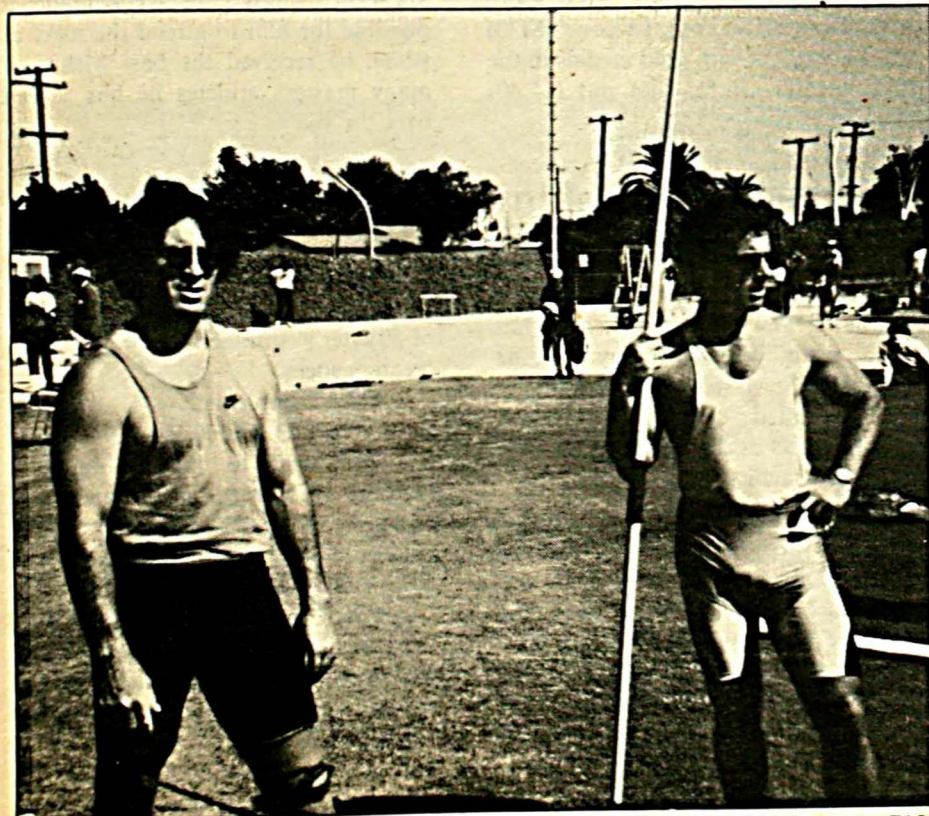
Andy Smith racewalked to an M40 5000 gold (25:05). Bill Neder, M50, won in 26:41, as did Kathleen Frabel, W45, with a 28:40.

The meet was directed by Marv Thompson with help from the Los Angeles Patriots T&F Committee. □



Bill Weinstock, M40 pentathlon winner, shown here in the final event, the 1500, TAC Western Sectional Masters Championships.

Photo by Jerry Wojcik



Tony Ciarelli (1), M35 winner (64.25), and Joe Greenberg, M40 winner (63.98) in the javelin, TAC Western Sectional Masters Championships. Photo by Jerry Wojcik

## SAN JUAN ANNUAL MASTERS TRACK & FIELD CHAMPIONSHIPS



PARQUE SIXTO ESCOBAR, SAN JUAN, P.R.

SPONSORED BY THE PUERTO RICO MASTERS ASSOCIATION

AGE DIVISION: 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64  
65-69; 70-74; 75-79; 80 AND OVER

ENTRY FEE: \$10.00 FIRST EVENT, \$5.00 EACH ADDITIONAL EVENT. RELAYS \$20.

AWARDS: MEDALS TO FIRST THREE IN EACH AGE DIVISION

DEADLINE FOR ENTRIES: SEPTEMBER 13, 1991.

RELAYS: BY COUNTRIES OR CLUBS WITH DIVISIONS IN 10 YEARS INCREMENTS.

ENTRIES FOR RELAYS MUST BE TURNED IN BY 6:00 P.M.

SATURDAY AND SUNDAY.

ENTRIES: SEND THE ENTRY FORM BELLOW WITH CHECK TO:

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MR. LUIS E. CANO TEL. 763-5172

P.O. BOX 31300, 65TH INFANTRY STN., RIO PIEDRAS P.R. 0929-0300

REGISTRATION: AT PARQUE SIXTO ESCOBAR FROM 7:00 A.M. ON SATURDAY 21.

HOTELS: ACCOMODATIONS SHOULD BE ARRANGED BY INDIVIDUAL PARTICIPANTS.

THE FOLLOWING HOTELS ARE IN THE VICINITY OF THE PARQUE SIXTO ESCOBAR.

CARIBE HILTON	TEL. (809) 721-0303	OCEAN SIDE	TEL. (809) 722-2410
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RADISSON	" (809) 729-2929	TANAMA	" (809) 724-4160

### SCHEDULE OF EVENTS:

TIME	SATURDAY SEPT. 21	SUNDAY SEPT. 22
7:30 A.M.	10000 M. (W-M)	
9:00 A.M.	5K WALK	
3:30 P.M.	1. 400 M. HURDLES	14. 400 M. (W-M)
	2. 300 M. HURDLES	15. SHOT PUT (W-M)
	3. POLE VAULT	16. LONG JUMP (W-M)
	4. HAMMER	17. WEIGHT HAMMER
	5. 110 M. HURDLES (M)	18. 800 M. (W-M)
	6. 100 M. HURDLES	19. JAVELIN (W-M)
	7. 80 M. HURDLES (M)	20. HIGH JUMP (W-M)
	8. DISCUS (W-M)	21. 5000 M. (W-M)
	9. 3000 M. STEEPLECHASE	22. 200 M. (W-M)
	10. 2000 M. STEEPLECHASE	23. TRIPLE JUMP
	11. 100 M. (W-M)	
	12. 1500 M. (W-M)	AFTER LAST EVENT
		4 X 400 RELAY (W-M)
	AFTER 1500 M.	
	4 X 100 RELAY (W-M)	

ORDER OF COMPETITION WILL BE: WOMEN AND MEN - OLD TO YOUNG

TO ENTER, COMPLETE AND RETURN THE FOLLOWING:

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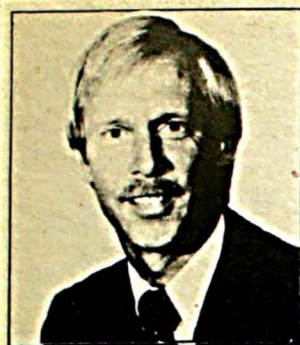
AGE (AS OF SEPT. 21, 1991) \_\_\_\_\_ DIVISION \_\_\_\_\_ M OR F \_\_\_\_\_

PLEASE ENTER ME:

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2. \_\_\_\_\_ 6. \_\_\_\_\_
3. \_\_\_\_\_ 7. \_\_\_\_\_
4. \_\_\_\_\_ 8. \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_





Pagliano's Podiatric Pointers

# THE FOOT BEAT

by JOHN W. PAGLIANO, D.P.M.

## Corns

**Q.** I'm a 53-year-old female runner. I've had my share of foot problems during my 20+ years as an athlete, but lately I've developed some very painful corns near my toes and on the balls of my feet. What's causing my problem and what can I do to alleviate the condition?

**A.** Most of us during our athletic careers will develop corns on our feet. This is the body's natural reaction to the friction that builds up during our training and competitive periods.

Hard corns are circular, conical thickenings of skin that usually appear on the tops of the second and fifth toes, and occasionally are found on the balls of the feet. The tip of the cone is directed inward, and often presses against underlying bony spurs. When the corn is pressed, there is a dull, penetrating pain.

Soft corns are generally found between the toes, most often the fifth and fourth. Again, these are a result of a bony spur beneath the skin. Sometimes sweat gathers in this area and causes a secondary infection.

Treatment of corns is quite basic. First, change to a well-fitting shoe that will cause the least amount of irritation to the affected area. Orthotic inserts

can also help to relieve the pressure on these sensitive growths.

There are several devices available which can be used to pare off the outer area of the irritating corn. This is a minor surgical procedure and should be done by a foot specialist.

Non-medicated corn pads have been shown to be effective in some instances, while more severe conditions require silicone injections or more extensive surgery to remove the underlying bony irritant. □

*(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)*



Tom Thompson, winning the M35 100 (11.32), with James Bonilla (11.33) at his side, TAC National Masters T&F Championships, Naperville, Ill., July 4-7. Photo by Jerry Wojcik.

## Good Marks in First Helena Meet

by MANUEL WHITE

The first Helena Masters and Seniors Track and Field Meet was held in blustery Montana weather and threatening thunder showers on June 22 at Helena Vigilante Stadium.

The best track performances were by Scott Freda, 33, in the 100 in 11.7 (86.9% age-graded) and short hurdles in 15.5 (84.9%). The best field performance was by Manuel White, M75, who broke the U.S. age-group record for the 600g javelin with a 116-3 (82%).

Mike Carignan of Montana St. U., Bozeman, was invaluable as a TAC official and field judge. Robin Hutton, Shirley Chesterfield, and many others provided priceless assistance. This meet was made possible by generous sponsorships by Colonial Inn and joint hotels and motels, the Helena Kiwanis Club, St. Peter's Community Hospital, Helena Chamber of Commerce, and Helena Cougars Masters T&F club, and the kind permission by Cecil Warren, director of athletics to use the fine Vigilante Stadium for free. □

## 200 Athletes Enter NJ-TAC Meet

by ED KOCH

Over 200 athletes entered the NJ-TAC Outdoor Masters Championships held at Monmouth College on June 2nd for a 17% increase over the 172 entries at the 1990 meet. The New Jersey Striders and Garden State A.C. successfully defended their 1990 submasters and masters team titles.

In the submasters competition, the Striders had an easier time of it than in 1990 when they won by a narrow three-point margin. This year, the Striders victory was by a score of 62.5-44-36 over Garden State A.C. and Shore A.C. Decathlete Tony Ciccone (M30) led the Striders with gold medals in the high hurdles (16.5), shot put (11.40) and discus (140-3)

In the masters competition, Garden State A.C. defeated host Shore A.C. by a 266-173 margin which was much closer than the 239-113 score of a year ago. Ed Laurelli (M40) won three events — HJ(5-0), LJ(17-½), TJ(33-5) — for the victors, while Vince Ruffin (M55) won three events — HH(17.8), HJ(4-5½), LJ(16-4¼) — for the Shore A.C.

Nancy Ammermuller took over the meet directing duties at this year's meet since past meet director Sandy Kalb had just completed a lengthy hospitalization. Sandy's recovery made it possible for him to attend the meet at which he received the best wishes of many masters athletes he has served over the years. □

## Matthews, Tompkins and Fazio Win in Philly

by PETER TAYLOR

PHILADELPHIA, June 22. Ed Matthews, Gary Tompkins, and Jim Fazio were winners today as the Philadelphia Masters Track Association presented its annual outdoor triathlon meet at the beautiful La Salle University facility.

National indoor sprint champion (60m) Matthews, a 71-year-old phenom from Ocean City, Md., uncorcked a 29.7 200, 14.4 100, and 70.8 400 to post an easy win in the Jim Bantum Sprint Triathlon with an average age-graded performance level of 89.0%. Old pro Bert Lancaster, now 63, took second with times of 29.1, 13.3 and 68.8 (average age-graded performance level of 86.0%). Jim Bantum, a longtime member of the

Philadelphia Masters and a frequent member of their sprint relay teams, passed away in October 1990 at the age of 50 after a courageous bout with pancreatic cancer.

Gary Tompkins, 41, whistled through a 4:23.7 1500, a 58.3 400, and a 2:09.9 800 to prevail narrowly (average age-graded performance level of 84.0% vs. 83.8%) over veteran campaigner Kelsey Brown, 63, who ran 5:32.3, 66.4, and 2:39.8.

Jim Fazio, 34, took the All-Around Triathlon (long jump, shotput, 200m) with an average age-graded performance level of 70.4%. Jim Long jumped 5.78, heaved the shot 11.43, and ran the 200 in 24.8. Bill Corsey, 42, was a close second with 5.65, 9.38, 25.9 (average age-graded performance level of 69.9%). □

## Write On

Continued from page 4

was certainly interesting. As we rounded the top of the turn on the start of the 200, it seems that John's "support apparatus" ceased to perform its designated function! Needless to say, John found that more than his hair was flapping in the breeze coming out of that turn!

It now became a question of whether 'discretion was the better part of valor' - whether to stop and make the 'adjustment' and lose the race or face the group of people down the straightaway. However, John's athletic ability (!) enabled him to take care of the situation with one hand and still maintain his speed with the other and he went on, not only to win the race, but found out that, "the event" was seen by several of the timers and judges at the finish line.

Since this was over 150 yards away, that has to be more of a boost to any man's ego than winning a race!

Alex Pappas  
Walnut Creek, California

## NATIONALS

The organizers of the National Masters T&F Championships displayed a callous attitude towards racewalking.

Cups discarded by walkers were picked up from the street and the puddles thereon, were dipped into clean water to be refilled, and were recirculated again and again. A volunteer said no funds were provided to buy extra cups. This was a blatant violation of basic hygiene.

Don Korbin  
Palo Alto, California

The National Masters T&F Championships in Naperville were a major disappointment for me and, I'm sure, for others, as well.

A late schedule change was made for the first-day's events, resulting in me missing my 5000-meter run. As defending M65 champion in this event, I'm very upset that I wasn't able to be on the line when the gun sounded.

The schedule I received in the mail

Continued on page 13



## Grayson, Waigwa Win Cotton Row 10K

by JIM OAKS

The combination of decent prize money (\$750 for the winners with a \$500 bonus offered for a new course record) and the tradition of good competition and hospitality once again attracted an outstanding field of master runners to Huntsville, Ala., for the 12th Annual Cotton Row Run 10K.

Included in the men's field were three previous *Runner/Runner's World* champions: Don Coffman (1984), Bob Schlaw (1988) and Wilson Waigwa (1989). These three were joined by Canada's Ken Hamilton, Kaare Osnes of Norway, and course-record-holder Earl Owens from Dunwoody, Ga.

The women's field was not as deep as the men's, but USRA champion Nancy Grayson of Columbia, S.C. was back to defend her title, along with two time USRA champion Jane Hutchison, Webb City, Mo., and Claudia Ciavarella of Johnson City, Tenn.

Most of the race committee expected Waigwa to earn the \$500 bonus for a new course record, and there was even some early talk about his possibly winning the race. However, the rain that came just as the race was starting was not to Wilson's liking (he had dropped out of a race in a rain in Tupelo, Miss., just three weeks earlier due to cramps caused by the rain) and the former NCAA All-American and world masters mile record holder had to settle for the masters win in 32:18, also good for 10th overall.

It was Nancy Grayson who ran the most outstanding masters race on the humid morning, as the 41-year-old became only the second female master to break 36 minutes on the course which includes the infamous Mountain Wood hill just before the three-mile mark. Grayson's time was 35:45 and earned her 6th place overall.

"I wanted to try to break the course record," Grayson said. (The course

record of 35:37 was set by Judy Fox Eddy in 1982.) "Last year I went out a little too hard for this course, and this year I tried to save a little more for the last half." Actually her first mile this year (5:38) was faster than last year's (5:45), but she looked much stronger this year when she cleared the hill.

Jane Hutchinson, the master winner here in 1988, took \$500 for second in 37:35; Claudia Ciavarella finished third in 40:54, earning \$300; Andrea Pease of Marietta, Ga., finished fourth in 41:44 for \$200; and Mary Preisel of Signal Mountain, Tenn., was fifth in 42:53 for the last prize money of \$100.

Even though Ken Hamilton stayed within sight of Waigwa for most of the race, he had to settle for second again this year. Last year Hamilton had been the favorite, but Earl Owens had run one of his best races ever to set the new course record. Hamilton ran 32:54 to earn \$500.

Third went to Kaare Osnes, a Norwegian living in Florida for the year. He ran 33:13 and earned \$300. Steve Ruckert of Westminster, Md., took fourth in 33:24 for \$200, and Huntsville Track Club president Lawrence Hillis finished fifth for the second year with a 33:35, good enough for a \$100 prize.

Jerry McGrath, age 53, of Tupelo, won the grand master division in 36:38, defeating a tough field that included Ken Prior of Tipp City, Ohio, and Joe Burgasser of St. Petersburg, Fla.

Susie Kluttz of Winston-Salem, N.C., was the female grand master winner in 47:31.

"We hope master runners will still consider spending their Memorial Day with us each year," race director John Dennison said. "We may not have the fastest course in the South, but you will have to look hard to find better hospitality. We invite masters who haven't run here yet to plan to come in 1992." □



Female Masters winners at 1991 Cotton Row Run: L to R: Mary Preisel, Andrea Pease, Claudia Ciavarella, Jane Hutchinson, Nancy Grayson. Photo by Jim Oaks

### Write On Continued from page 12

indicated a starting time of 9 a.m., but the race had been moved to 8:30 a.m. When I returned to the track from my warm-up, the race was underway, so I started several laps behind the others.

I know changes are sometimes necessary, but many runners were unaware of the change. This is a national championship. Athletes train for many months to do well, and spend a great deal of money to get to the competition site. When changes are made, the race director has the responsibility to get the word out to all competitors.

Jim O'Neil  
San Diego

### SENIOR SPORTS CLASSIC

Congratulations to all the participants for their excellent performances in the National Senior Sports Classic in Syracuse. I cheered and clapped for all of them.

The Syracuse weather was unusually hot, so the athletes had to be in superb condition.

Vin Fandetti  
Glastonbury, Connecticut

■ The letters column is an open forum for all viewpoints on subjects of general interest to our readers. Letters should be addressed to: Write On, NMN, P.O. Box 2372, Van Nuys, CA 91404. They should be kept as brief as possible and are subject to condensation. They must include a signature and a valid mailing address.

## 1991 TAC/USA NATIONAL MASTERS 10K CROSS-COUNTRY CHAMPIONSHIPS

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Male Masters at Cotton Row Run 1991, May 27, Front L to R: Ignacio Jimenez, Jackson, TN; Kaare Osnes, Norway; Don Coffman, Frankfort, KY; Bob Schlaw, Charleston, SC; Bruce Kritzer, Gainesville, FL. Back L to R: Carl Nicholson, Huntsville, AL; Steve Ruckert, Westminster, MD; Morgan Looney, Birmingham, AL; Perry Linn, Alexandria, VA; Morris Williams, Stone Mountain, GA; Don Wright, Mobile, AL; Earl Owens, Dunwoody, GA; Wilson Waigwa, El Paso, TX.

Photo by Jim Oaks





# MASTERS RACEWALKING

by ELAINE WARD

## Max Green — Training For Turku?

**M**ax Green, 59, is a premiere racewalker who holds M55 records for the 5K through 50K. The Taylor, Mich., resident won two golds at the WAVA Championships in Eugene in the 5K (25:15) and the 20K (1:47:06) and hopes to better those times in Turku.

### How did you train for the 20K and 5K in Turku?

I was doing about 80K a week. I did one 20K a week under a 6:00 per kilometer pace, and one set of 3K intervals at about a 5:10 to 5:15 per kilometer pace a week. Another day I did a set of either 10 1Ks or 5 2Ks — the 1Ks down around 5:00 and the 2Ks as close to 5:00 as I could get.

These were three hard days. Then two or three other days, I tried doing a 15K over 6:00 if I was tired, under 6:00 if I was feeling good. Earlier in the year, I had been trying to do 20Ks and 18Ks, moderately hard, averaging around

5:35 per kilometer, which sounds easy until you try to do it every day. It's easy for one or two days, but by the third day, I was tired.

### What times were you training for?

My goal was to do a 1:43:30 in the 20K. I walked a 1:43:41 last year in April, but this year I was without injury longer, and was able to train without serious interruptions.

I had a good 5K in Chicago last spring, but I still suspect the course length. My time was 24:08 which was remarkable if true, and gave me some kind of goal for Turku. □

## Stats on Men/Women Racewalkers

by BEV LA VECK, Racewalking Representative to the TAC Masters Track & Field Committee

More than 400 racewalkers competed in the recent U.S. National Senior Sports Classic. This figure is over one-half the total number registered for track. Surprise was expressed that women would have a participation rate of 37% in the track events in light of the 12% female participation in most U.S. masters meets.

To satisfy my curiosity, I inspected the results of all track & field meets, indoors and outdoors, reported in the May and June NMN. I counted 13 meets in 10 states which included a racewalk. The walks ranged from 1500 to 5000 meters, and had a total of 166 participants — 42% of whom were women. I then compared the participation in walking and running events of similar distances in the same meet. There were 217 runners in the 1500- to 3000-meter events — 16% of whom

were women. It's notable that there were 23 men and 23 women in the 1991 TAC Masters Indoor 3000-meter racewalk, and 41 men and 11 women in the 3000-meter run.

Since the Senior Classic is restricted to those aged 55+, I repeated the analysis using results from this age group only. There were 75 racewalkers, 35% whom were women. There were 54 runners; 15% were women. Clearly, there does not appear to be the same under-representation of women in racewalking as in running. Furthermore, it's an intriguing possibility that the ratio of walkers to runners tips in favor of walkers in the older masters groups.

Despite geographical differences, one way of increasing women's participation in track meets may be to include more racewalking events. Of course, we've all met a meet director now and then who considers both racewalkers and women bothersome. □



Frank Weibel (1), 9th (29:48.10) and Arden Zentic, 8th (29:45.30), M45 5000 walk, TAC National Masters T&F Championships, Naperville, Ill., July 4-7. Photo by Jerry Wojcik

## Racewalking Relaxation Techniques

by JACK BRAY

In racewalking, a workable technique and flexibility come first. Flexibility is perhaps the hardest to come by, and is essential to good technique. Because I have a tendency to be stiff, I am constantly working on relaxing.

You have heard Frank Alongi say, "Smile", when he is coaching. Smiling relaxes the face and body. From the Tao point of view, I practice and teach the inner smile as a relaxation technique. You start by smiling from your eyes, behind your eyes, dropping the smile to your lips, down to your heart, and through the internal organs. This relaxes your body parts and energizes you for the race ahead. As a master racewalker, I need all my internal energy. By relaxing stress, the inner smile frees energy to flow.

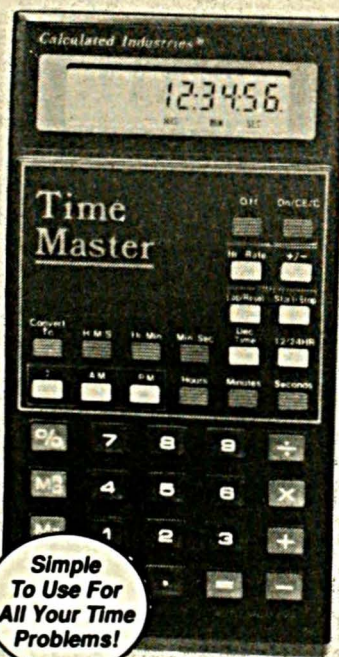
I also use the Taoist body scan. When you start a race, or during a race, if you are feeling a little tense or are falling behind, start scanning yourself from the top of your head down your neck to your shoulders, arms, hands, chest, stomach, hips, thighs, hamstrings, calves, shins, ankles and feet. Just work that visualization through your body and find out what muscles are tense or tight. As you come to a tight area, stop the scan and work on relaxing and loosening the tightness; then start scanning again until you feel your energy flowing easily and freely throughout your body.

Jack Bray is a successful masters athlete and coach who competes nationally and internationally in the M55 division.

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# Lytjen Breaks 800 WR in Northwest Sectionals

by JERRY WOJCIK

The Hayward Classic in Eugene, Ore., became TAC's Northwest Sectional Masters Track and Field Championships this year on June 22-23, drawing athletes from California, Canada, and Germany, as well as from the region.

In the 800, Jim Lytjen broke the M70-74 world record of 2:34.5, held by Monty Montgomery and set in 1977, with a 2:32.74.

Bill McKinney took the three M35 sprints and the high jump (1.74). Canadian Harold Morioka took the three M40 sprints, all with M40+ meet's bests. Judy Ace, W35, was also a sprint three-time winner.

Ed Spinney, M35, did an ironperson, with wins in the 800, 1500, and 5000 (15:36.62). Mike Manley took the M45 1500 in 4:19.20. Herb Phillips of Canada won the M50 5000 and 10,000, the latter with an excellent 34:51.37.

Walter Dahlin, M70, was near the U.S. high-jump record (1.43) with a 1.38 leap.

Rich Brown, M50, planted the best shot mark of the meet with a 50-6, but Rich Hotchkiss took the discus (46.12), hammer (46.64), and javelin (49.63) in that very tough division.

The meet was hosted by the Oregon TC Masters, directed by Les Castle, and sponsored by Valley River Center.

## Ten Years Ago

August, 1981

- Vicki Bigelow (W45, 18:14.0) and Jaclyn Caselli (W60, 23:19.2) Establish New 5000 WRs in Western Regionals
- Herb Lorenz, 42, Breaks American Masters 10K Record With a Sizzling 30:41.5
- Ray Hatton, 49, Sets AR for the 3000 (9:02.95) in Mt. Hood All-Comers Meet
- 14th Nationals Draw 500 to Los Gatos, Calif.

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# Umberg, Virga Take Firsts at Grandma's

by JERRY WOJCIK

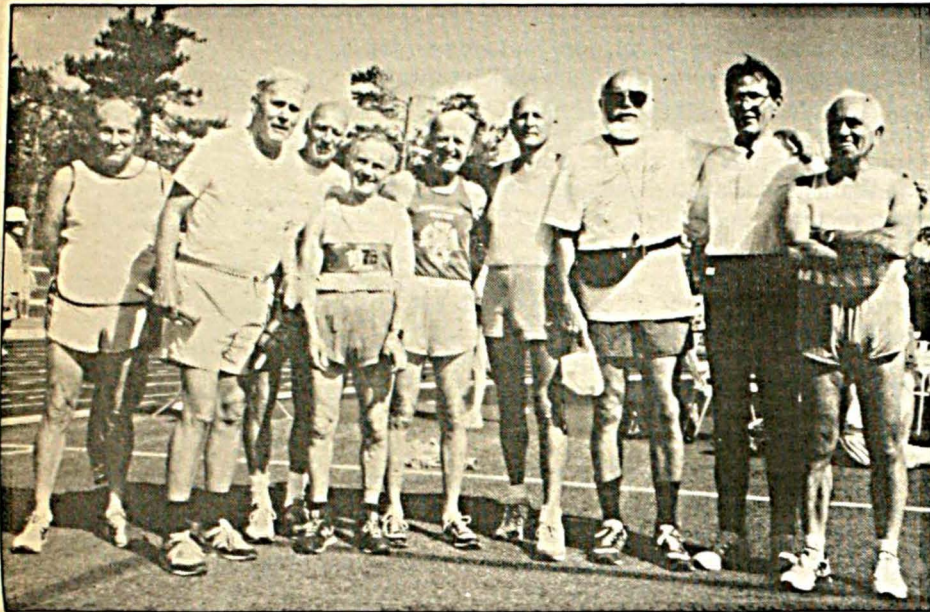
Richard Umberg, 41, of Berne, Switzerland, and Carol Virga, 40, of Boca Raton, Fla., were the masters firsts in the 15th annual Grandma's Marathon, Duluth, Minn., on June 22. Umberg placed 19th with a 2:22:56. Virga also finished 19th among the women and 174th overall in 2:48:28. Over 5000 runners entered the marathon.

Alex Ratelle, 66, of Edina, Minn., wearing No. 66, finished his 15th

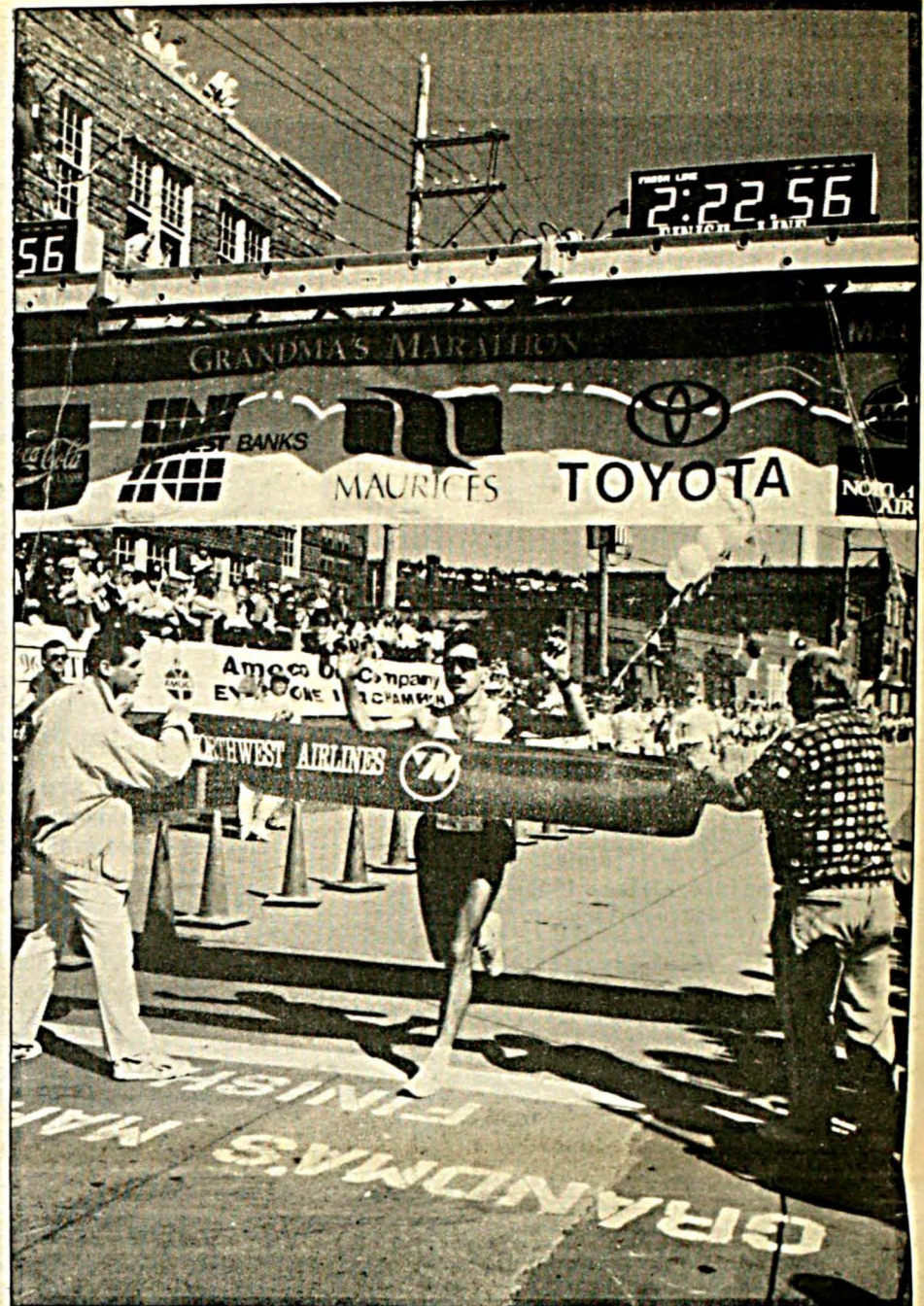
Grandma's in 15 tries with a third-place 3:15:28 in the M60-69 division. Wen-shi Yu, 56, of Kew Garden, N.Y., took the W50-59 race in 3:12:27.

In the Garry Bjorklund Half-Marathon, Michael Seamann 40, Pacific Grove, Calif., and Jean Garlie, 44, Albuquerque, N.M., were the top first masters. Seaman finished third overall in 1:11:48, while Garlie was seventh woman with a 1:31:35.

The shorter race had 1500 entrants. The totals for both races made it the largest Grandma's ever. □



The Galloping Grandpas, all over 70, ran a 24-relay, June 1-2, covering 149 miles, raising over \$500 for the Strong Hospital Children's Medical Center, Rochester, N.Y. From left: Bob Ewart, 76; Leonard Lockwood, 70; Bud Romig, 72; Gary Rech, 76; Paul Robertson, 72; Bob Wood, 72; Don McNelly, 70; Bill Brobston, 78; and Mel Freidel, 70.



Richard Umberg, 41, Berne, Switzerland, first master, Grandma's Marathon, Duluth, Minn., June 22. Photo Courtesy of Grandma's Marathon

## ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, AUG. 1991

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
ELIZABETH ALANNE (CHICAGO, ILL)	8-9-36	55-59
GLORIA BASSLER (PALOS VERDES, CA)	8-16-36	55-59
AMY ERNST (US)	8-30-21	70-74
MARTHA FAIRBANK (DURHAM, NC)	8-13-21	70-74
BARBARA GREGG (SEATTLE, WA)	8-23-36	55-59
LU HOLWERDA (BROOKINGS, SD)	8-15-36	55-59
REMZY HUSENY (CA)	8-26-46	45-49
SHELLEY KEELING (NEW YORK, NY)	8-10-51	40-44
SUE MELLEN (LAKE HAVASU CITY, AZ)	8-23-46	45-49
BARBARA PIKE (CONCORD, MA)	8-11-41	50-54
JIMMIE REID (CHARLOTTEVILLE, SC)	8-28-26	65-69
JOAN SCHIVELEY (CA)	8-20-41	50-54
ANN SCHMITT (BOSTON, MA)	8-3-46	45-49
NANCY SMALLEY (BOULDER, CO)	8-22-26	65-69
LURLINE STRUPPECK (BATON ROUGE, LA)	8-23-46	45-49
DORTHA SWANSON (NEWFARE, NY)	8-12-36	55-59
MARSHA TILLSON (SHORTSVILLE, NY)	8-4-21	70-74
LAURA TINGLE (BRADENTON, FL)	8-5-36	55-59
MARTHA WATSON (CA)	8-19-46	45-49
JOHANNA BENDORF (WG)	8-15-26	65-69
MARIKA BUCHMANN (FRG)	8-15-46	45-49
SHEILA CAREY (GB)	8-12-46	45-49
ARVIL DOUGLAS (CAN)	8-6-46	45-49
LEENA HALME (FIN)	8-7-41	50-54
DENISE PALMER (AUS)	8-18-51	40-44
WING MONICA TANG (TRI)	8-4-36	55-59
BOB BARTLING (BROOKINGS, SD)	8-26-26	65-69
DAVID CHAPMAN (GB)	8-21-36	55-59
ROBERT COFFEY (US)	8-26-31	60-64
MARDON CONNELLY (N. HOLLYWOOD, CA)	8-28-41	50-54
HAROLD CONNOLLY (SANTA MONICA, CALIF)	8-1-31	60-64
IAN CUMMINGS (CHULA VISTA, CA)	8-4-51	40-44
DON DOMANSKY (CAN)	8-11-46	45-49
ANDRE DUNKELL (CA)	8-20-41	50-54
BILL GAEDKE (US)	8-26-31	60-64
BOB GARRELS (HONOLULU)	8-24-16	75-79
PAUL HANSEN (HOLT, MICH)	8-1-21	70-74
JAMES HART (WALNUT CREEK, CA)	8-29-36	55-59
DAVE JACKSON (CARSON, CALIF)	8-26-31	60-64
JACQUES LABEL (LINCOLN, NB)	8-1-41	50-54
RALPH LEE (CA)	8-5-41	50-54
ED LEWIN (BRENTWOOD, CA)	8-0-16	75-79
WEB LOUDAT (NM)	8-24-46	45-49
DON LOVE (POWAY, CALIF)	8-2-26	65-69
JOEL MCNULTY (LAKE OSWEGO, ORE)	8-20-31	60-64
EGON NILSSON (SWEDEN)	8-7-26	65-69
REINHARD NORDHAUSEN (WG)	8-12-11	80-84
KIRK RANDALL (WELLESLEY, MA)	8-6-41	50-54
MICHAEL SAUER (WG)	8-27-41	50-54
GERHARD SCHEPE (WG)	8-26-11	80-84
RUSS SCHMEICHEL (JAMESTOWN, ND)	8-6-46	45-49
CHARLES SEEKINS (LOS ANGELES, CALIF)	8-31-16	75-79
JOHN STAYTON (SAN MARCOS, CA)	8-20-31	60-64
JARASLOV STRUPP (CZE)	8-16-16	75-79
DENNIS TEEGUARDEN (RICHMOND, CA)	8-21-31	60-64
SHIZUKA TOGIYA (JPN)	8-9-1	90-94
REIJO TOIVONEN (FIN)	8-25-36	55-59
BENJI DURDEN	8-28-51	40-44
BARNEY KLECKER	8-25-51	40-44

## Warren Utes Sets 15K Mark

The 27th annual Michigan City (Indiana) Run was billed as Hal Higdon's 60th birthday party, the running writer's first race in a new age group, but Warren Utes of Park Forest, Illinois, stole all the glory by setting an American M70 age-group record for 15K — an astounding age-graded 99.8%.

Utes, 71, placed 22nd overall in the 204-runner field. His time of 58:13 smashed the previous age-group best of 61:49.9 set by Clive Davies. Since turning 70 last summer, Utes has been cutting his way through the 70-74 records like a threshing machine through a wheat field.

Utes and Higdon ran together most of the way, first one runner moving ahead, then the other on the out-and-back lakefront course that passes Higdon's house twice. "I lost 20 yards to Warren when I accepted a glass of water from my grandson Kyle, but eventually made it back," noted Higdon after the race.

Higdon pulled ahead of Utes over the last two miles and finished 6 seconds and one place ahead in 21st,

but his winning time in the M60-division of 58:07 ranks far below that of the older runner.

In the open division, defending champion Kevin Higdon (31, Kyle's father) finished behind Elkhart's John Roscoe, 35, who won in 49:52. Sandra Stefanski, 29, of Crown Point was the first female with 58:34.

Near perfect weather conditions aided Utes in his record-breaking effort. The temperature was 62 degrees with minimum humidity. A headwind going out turned into a tailwind coming back. □

## DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to *National Masters News*, P.O. Box 2372, Van Nuys, CA 91404.









## Report from Britain

By ALASTAIR AITKEN of *Athletics Today*, and  
MARTIN DUFF of *Athletics Weekly*

Pat Gallagher, W45, set new British marks in the 400 (2:17.5) and 800 (4:40.97), with the latter time bettering the current WR held by Barbara Lehmann (4:45.84) of Germany. Australia's Judy Pollock holds a pending WR of 4:40.35. New British standards were also set by Charlie Williams, M60, in the 200 (25.5) and Colin Fairey, M75, in the 100 (14.9) and 200 (25.5).

On the road Mike Hurd, 45, ran a 30:26 10K at Poole in Dorset, just one second shy of Tecwyn Davies' WR set at the Lytham World IGAL 10K in 1985. Eleanor Adams, W40, took the women's veterans division in the IAAF 100K World Cup race with a 7:52:15.

Paula Fudge was best W35 in the Lensbury 10K at Middlesex, turning in a speedy 34:07.

Former Olympic javelin winner (1984, 69.56) Tessa Sanderson, W35, won the JT in the Europe Cup finals in Frankfurt, Germany, on June 29, with a throw of 65.18. At the IAU World 100K Cup Race in Faenaz, Italy, Elanor Adams, W40, easily led the field as first woman with a remarkable time of 7:52:15.

Ian Stewart, 1972 Olympic 500 bronze medalist, set a new 10 mile best of 49:17 at Stoke. A few days earlier, Stewart ran a 30:18 10K in Birmingham. □

## Russians Capture Brugge Grand Prix

by MARTIN DUFF

Russian athletes dominated the competition at the Brugge Veterans Grand Prix held June 23 in Brugge, Belgium. Munhail Ulumov, M40, took the 10K with a fast 29:48, followed by compatriot Anatoly Zorin who swept all M45 contestants with a 33:13. Best British performance in the race was by M65 Ron Lucas in 35:56.

The Soviets also captured the W40 25K team races with Leonid Moscev (1:25:03) and Jury Kitaev (1:25:34) finishing second and third behind Britain's Dave Hill (1:24:38).

In the women's division, Nadezda Gumerova, W40, led the Soviets to another 25K victory in 1:38:30. Rosemary Ellis, W35, of Great Britain, turned in a 35:38 10K to lead all veteran women. □

## Masters Age-Graded Tables

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## Canadian Masters Vie Under Sunny Skies

by DON FARQUHARSON

Preparing to defend his world titles in the 300H and 2000SC at Turku, Valden Sadul, M65, turned in convincing wins in those events (52.89 and 8:50.2) in the Canadian Masters National Track & Field Championships held June 29-30 in Ottawa, Ontario.

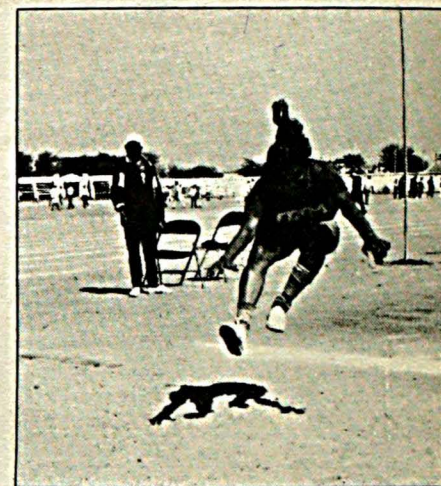
Marg Hendershot, W35, from London, Ont., scored a convincing triple with a 12.67 100, 25.85 200, and a 58.58 400 — all CMAA records. Bob Zimmerman, M40, of Ajak, Ont., found the sunny skies to his liking and posted an 11.91, a 23.88, and a 53.59 in the same three events.

Ray Tucker, M40, of Branford, Ont., led the 1500 throughout and appeared to have a shot of finishing below 4:00 when he suddenly pulled up with a torn Achilles' tendon a short distance from the finish. Wayne Stewart of New Brunswick took the contest in 4:01.64. Meanwhile Dave Stewart from Ottawa was victorious in the M40 5000, turning in a 15:26.77. Linda Findley, W40, swept the 800 (2:32.99), 1500 (5:02.6), and 5000 (18:26.10).

In the field events, Canadian records

were set by Stan Egerton, M65 (PV, 3.01); Anne Marie Rosenitsch, W50 (PV, 1.80); Helgi Pedel, W65 (TJ, 6.49); Elga Meri, W70 (DT, 20.26; JT, 23.08); Emil Muller, M55 (HT, 42.06); and Walter Jenkins, M70 (HT, 39.96).

A crowd pleaser in the M45 JT was former Canadian Olympic standout Bill Heikkila of Ottawa who triumphed with a 52.80. The meet was well-organized and conducted in an efficient and professional manner by Andy McGinnis. □



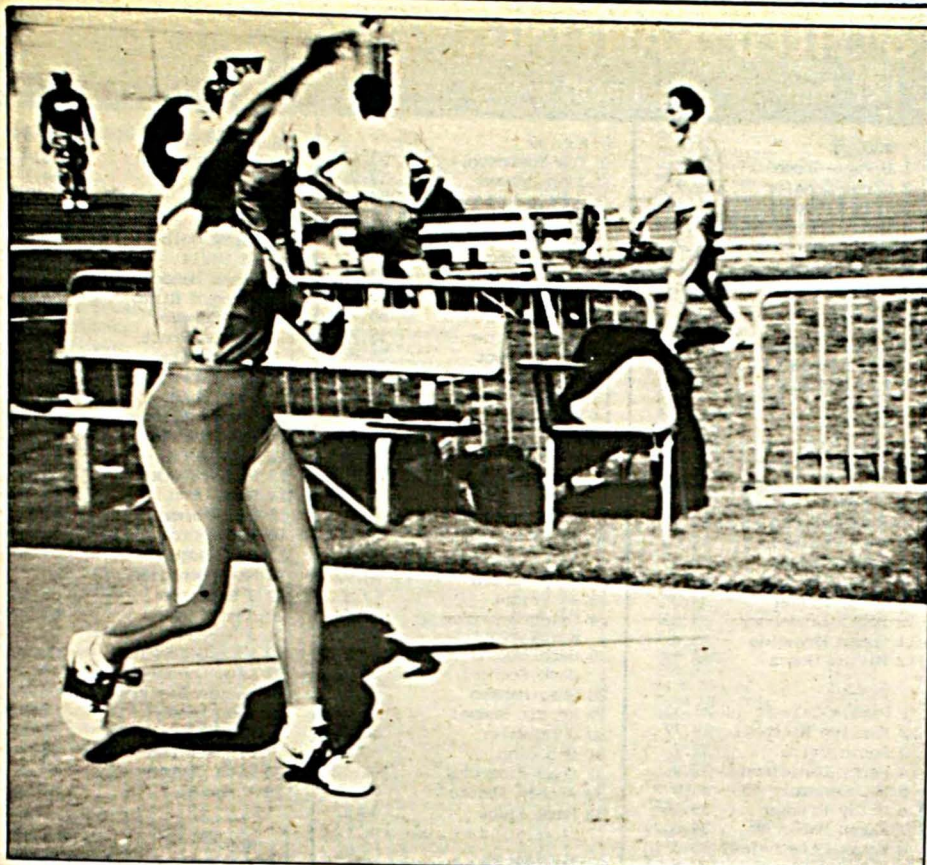
W40-44 long jumper, Indian National Veterans Championships, Cuddapah, Andhra Pradesh, March 3-5. Photo from V. Suryanarayana

### WAVA/TAC Hurdles and Implements Specifications

HURDLES					
WOMEN					
Age	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish
30-39	100m	.840m 33"	13.00m 42'8½"	8.5m 27'10½"	10.5m 34'5"
40-49	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"
50-59	80m	.762m 30"	12.00m 39'4"	7.0m 22'11½"	19.00m 62'4"
60-69					
70 Plus					
30-39	400m	.762m 30"	45.00m 147'7½"	35.00m 114'9½"	40.00m 131'2½"
40-49					
50-59	300m	.762m 30"	50.00m 164'0½"	35.00m 114'9½"	40.00m 131'2½"
60-69					
70 plus					
MEN					
30-39	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'
40-49					
50-59	100m	.914m 36"	13.00m 42'8"	8.50m 27'10½"	10.50m 34.5"
60-69	100m	.840m 33"	13.00m 42'8"	8.50m 27'10½"	10.50m 34'5"
70 plus	80m	.762m 30"	12.00m 39'4"	7.0m 22'11½"	19.0m 62'4"
30-49	400m	.914m 36"	45.00m 147'7½"	35.00m 114'9½"	40.00m 131'2½"
50-59	400m	.840m 33"			
60+	300m	.762m 30"	50.00m 164'0½"	35.00m 114'9½"	40.00m 131'2½"
IMPLEMENTS					
AGE	SHOT PUT	DISCUS	HAMMER	JAVELIN	
Women					
30-49	4.00k	1.00k	4.00k	600gms.	
50 plus	3.00k	1.00k	3.00k	400 gms.	
Men					
30-49	7.26k (16 lbs.)	2.00k	7.26k (16 lbs.)	800 gms.*	
50-59	6.00k	1.50k	6.00k	800 gms.*	
60-69	5.00k	1.00k	5.00k	600 gms.	
70 plus	4.00k	1.00k	4.00k	600 gms.	

\*Either "old" or "new" javelin may be used





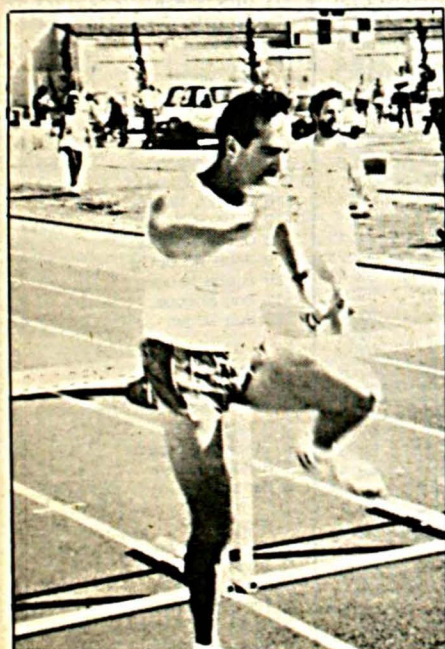
Kathy Kennedy, W40 winner, in the javelin (33.62) and 5000 (23:25.0), SCA/TAC Masters Championships, Occidental College, Los Angeles, Calif., June 15. Photo by Jerry Wojcik

## Miller Time at the Big "O"

by GARY MILLER

The Southern California District Championships were held in Eagle Rock (an area in Los Angeles), Calif., at Occidental College, June 15. The Miller family with numerous TAC officials and friend volunteers staged a very successful meeting. World and American records and noteworthy performances were common during the afternoon and early evening. The weather was perfect and became slightly cooler in the evening.

Walt Butler charged out of the blocks and sailed over the 100m, 36" hurdles in an M50 WR 14.02 with a legal aiding wind of 1.96 meters per second. Butler has been trying to set a world mark for a decade. Dr. Robert



Bill Knocke, M50 winner (63.32) and Andrew Hecker, M35 winner (63.92), 400 H, SCA/TAC Masters Championships, Occidental College, Los Angeles, June 15. Photo by Jerry Wojcik

Watanabe set a U.S. M65 record of 49.19 for the 300m hurdles.

Single-age world records were set by Del Pickarts, 64, javelin, 51.84, Payton Jordan, 74, 100m, 13.44, and Charlie Rader, 43, HJ, 1.95. Burt DeGroot set an age-84 discus record of 24.02. Larry Walker, TAC Hall of Fame Walker, set a U.S. age-48 record of 21:50.0.

There were some first timers, like Ron McKnight, M50, and Kathy Kennedy. Ron had never competed before and ran the 100, and Kathy had an unusual double victory in the W35 javelin and 5000.

The M50 400 and 800 were highly competitive, with all lanes filled. Eric Owers won the 800 in 2:10.15, but Stan Baker won the 400 in 57.76. The quantity and quality of the 50-year-olds was noteworthy.

The overall numbers in other age groups were down this year, yet so many athletes have mentioned that there are so few meets this year. Their no-show seems to be a paradox. Pre-entry is a must in a quality meet, or a healthy late fee must be charged. □

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## Masters T&F Meeting Held

About 60 people attended the annual Masters T&F meeting at the nationals. The minutes of the meeting will appear next month. The highlights:

- In a straw vote, the group voted 40-7 to keep the minimum age for women at 35 in World Veterans Championships. This was a reversal of the 22-10 vote at TAC's Convention last year supporting 40 years as the minimum women's age.

- In another straw vote, the group voted 35-11 to lower the men's age to 35 for international competitions.

- Chairman Barbara Kousky announced the 1992 nationals will be held in Spokane, Wash., from August 6-10.

- The group voted 34-2 to keep foreign athletes in the meet, but voted 31-9 to allow at least five U.S. athletes to compete in the sprint finals (as opposed to the current minimum of three).

- By a vote of 43-2, athletes preferred the current four-day meet rather than a three-day meet.

- A consensus agreed that entries should be allowed in the national meet until a week before the meet, not a month, as was the case this year; and that no entries should be allowed after the meet starts.

- Meet director Dick Green was praised for sending out entry confirmations, something not always done.

- To encourage more participation, a suggestion was made to stage relays by sectional teams, rather than by the current club or association teams.

- A request was made to score the decathlon/heptathlon/pentathlon by single-age scoring, rather than by five-year scoring.

- There was sentiment to change the 400H for M50-59 to 300H.

None of the business discussed at this meeting is officially binding, but recommendations are often ratified at the official masters T&F meeting at TAC's annual convention in December. □

## Eddie Hart Stars in Pacific Championships

The Pacific Association/TAC Championships held in Los Gatos, Calif., on June 8 was a combined meet, showcasing some of the area's finest open and masters athletes, and a few from other associations.

In the sprints, Eddie Hart's 10.89 in the M40 100 and 22.62 in the 200 were the best times for all age groups from M30-and-up. Hugo Hartenstein, M55, won the 100 (11.92) and 200 (24.48) in times that should put him in the top three in the rankings for 1991. Marti Behrens won the W40 200 in 26.66, which would have put her first in the 1990 rankings over Phil Raschker (26.87).

George Mason and Dennis Duffy duelled in the M45 800, with Mason winning in 2:04.03 to Duffy's 2:04.48. Joan Coleman won the W45 800 (2:31.86) and 5000 (18:34.7). She holds the world record for her age group at

17:45.03. Don Paul ran a 15:38.4 to take the M40 5000.

Hugh Adams and Walt Butler ran the 100H in blazing times of 14.35 and 14.46, respectively.

In the jumps, Roger Trujillo, M40, won the long (20-5) and triple (41-6½).

Greg Tafrales, a top open shot putter, won the M30 contest with a 63-9¼. Joe Keshmiri took the M50 shot (49-11¼) and discus (166-6) in a field that was worthy of a national championship and included Ron Mickle (159-7) and John Ross (152-4).

Javelin winners included Tom Silva, M30, 200-10; Larry Stuart, M50, 187-11; and Phil Conley, M55, 166-9.

Winners in the 5000 racewalk included some of the best in the nation: Paul Johnson, M60, 27:48.92; Cindy Pafumi, W35 26:01.54; JoAnn Nedelco, W45, 25:41.67; and Marg Seewerker, W55, 31:44.49. □

## Morcom, Corso Top Scorers in Pentathlon

by JERRY WOJCIK

The Athletic Congress/USA National Masters Pentathlon Championships were held on July 4, the first day of the National Track and Field Championships in Naperville, Ill. The men's pentathlon single events are, in order: the long jump, javelin, 200, discus, and 1500.

With totals based on the 1985 IAAF scoring tables and the 1989 WAVA five-year age-group factors, Boo Morcom, 70, outscored all men competitors with 3875, his best coming in the long jump (4.76/1076).

The tightest competition came in the M45 division, with Doug Shaw, 45, winning over Michael Ackley, 46, by six points, 3499 to 3493. Ackley's blistering 4:32.91 (907) 1500 could not offset Shaw's big points in the long jump (5.68/771) and javelin (46.58/725).

Other division winners were M30 Jeff Bilderbeck, 34, 3001; M35 Jeff Watry, 36, 3142; M40 Rex Harvey, 44, 3538; M50 John Sloan, 51, 2613; M55 Phil Mulkey, 58, 3396; M60 Mark Richards, 60, 2152; M65 Denver Smith, 65, 3721; and M85 Arling Pitcher, 89, 1113.

For the women's pentathlon, the events are the short hurdles, high jump, shot, long jump, and 800.

Karen Corso, 31, was top scorer of the seven women competitors, with 3774, bolstered by high marks in the 100H (15.2/856) and high jump (1.66/855).

Other division winners were W40 Phil Raschker, 44, 1198, whose score was lessened by late arrival; W45 Ann Carter, 49, 2235; W50 Becky Sisley, 52, 3002; and W55 Christel Miller, 55, 626, who was hampered by injury. □



# U.S. MASTERS TRACK & FIELD RANKINGS

(Coordinated by Jerry Wojcik, T&F Rankings Chairman)

### 1991 200m Indoor Rankings Compiled by Jerry Wojcik

Includes December  
1990 meets

M30-34	
1 Wm White	21.8
2 Eugene Vickers	22.9
3 Peter Grimes	23.06
4 Ben James	23.12
5 Kelvin Murray	23.2
6 Arto Jaunes	23.30
7 Jay Mathis	23.4
— Fews	23.4
9 Robert Stanley	23.59
10 Remo Biagioni	23.6
Rick Jeffers 32	23.6
Fred Feaster	23.6
13 Herman Barrett	23.65
14 Don McNeill	23.7
Craig Simmons	23.7
16 Val Barnwell	23.9
Lloyd Jeremiah	23.9
18 Ellis Liddell	23.90
19 Frank Makozy	24.1
20 S Weatherspoon 34	24.21
21 Vance Rogers	24.4
22 Bob Siemerling	24.43
23 Adrian Sterrett	24.5
Chris Gibson	24.5
25 Angelo Booker 31	24.7
26 Mike McDowell	24.7
27 Steve Bunce	24.9
28 L Strong	25.3
L Finley	25.3
30 Jim Hyatt 33	25.4
Bob Homme	25.4
32 Terry O'Connell	25.43
33 Gene Maxwell	25.66
34 Sidney Milden	25.7
Dave Mitchell	25.7
36 Pat McDonough	26.0
37 Eric Joiner	26.1
38 Doug Mason 31	26.3
38 Tony Gambin	26.4
40 Mike Burton	26.49

M35-39	
1 Tom Thompson	23.14
2 John Brooks	23.2
3 James Bonilla	23.48
4 Neil Steinberg 36	23.7
5 Jim Hilliard	23.81
6 Chris Downs	23.9
Bob Bowen 38	23.9
8 Tom Rowolinski	24.07
9 A Wright	24.19
10 Ed Mose	24.3
Dom St Jean	24.3
12 Don Goodwin	24.7
13 Ron Fisher	24.86
14 Randy Rohweder	24.9
David Ricks	24.9
Lothard	24.9
17 Tom Bloxum	24.91
18 Pershing Reid	25.0
19 Robert Zahn	25.1
Bob Burnett	25.1
Scott Thornesley	25.1
Robbie Short	25.1
23 Karl Castor 39	25.2
24 Bill Krieger 39	25.3
Jerry Elson	25.3
26 Wm Cheadie	25.39
27 Ron Taylor	25.4
28 — Griffin	25.5
29 Greg Florant	25.6
Ken Castro 35	25.6
31 Bob Hahn TX	25.66
32 Ken Bauersfeld 36	25.8
33 Roy Currie	25.9
34 Mike LaPointe	26.0
35 Fred Murrell III	26.04
36 Gary Martin	26.20
37 P Conzentino 35	26.3
38 Mark Gershon 34	26.5
39 Rob Waldon 38	26.8
40 Ted Daher	27.1

M40-44	
1 Stan Druckery	23.24
2 Ken Brinker	23.9
3 Glenn Johnson	24.09
4 Phil Felton 42	24.21
5 F Collins	24.29
6 Charles Allie	24.5
7 Robb Bong	24.8
8 Pershing Reid	25.0
9 — Jackson	25.1
10 Chip Robinson	25.2
11 Bob Inne	25.3
Don Hodge	25.3
13 Chris Neuhof	25.48
14 Ron McDonald	25.56
15 Chas Stallworth	25.60
16 Wm Overby	25.6
17 Tim Dickens 43	25.7
18 Leon Harden	25.73
19 Jim Crutcher	25.8
Angel Nieves	25.8
21 — Williams	25.9
Pat Caldon	25.9
Dave Larson	25.9

24 Dennis Newton	26.0
Alan Taylor	26.0
Tom Brewer	26.0
Jim Wilkerson	26.0
28 John Walstrom	26.02
29 Les Washington	26.1
30 Greg Cook	26.13
John Bahaglia	26.13
32 L Hathcock	26.2
33 Mike Augeri	26.3
34 Len Ziment	26.4
35 Mike Blake	26.5
36 Paul Montgomery	26.58
37 Ed Howard	26.6
38 Tom Cunningham	26.7
John Morrison	26.7
40 Marvin Russo	26.8
41 Bob Burke	26.89
42 Willie Caldon	26.9
43 Noah Perlis	26.97
44 L Russin	27.0
Dan Weller	27.0
46 John P Jones 40	27.2
47 Mike Billman	27.33
48 Ray Panek 40	27.6
49 Jim Shea 42	27.8
50 Steve McCleery	27.91
51 John Borden 41	28.3
52 Hal Gensler	29.40
53 Bob White	29.4
54 Jon Tetherly	29.7
55 D Baumer	29.9

M45-49	
1 Roger Pierce	23.6
2 Tom Bassett	23.73
3 Joe Johnson 46	23.97
4 Hal Morioka CAN	24.11
5 Don Parker	24.14
6 Tyrone Carlis	24.5
7 Lloyd Cordner	24.53
8 Ceasar Austin	24.89
9 Joe Kopka	25.0
10 Jim Vicks	25.18
11 Bob Trigo	25.3
12 Rab Hagin 46	25.33
13 Ed Jones	25.38
14 Thad Morris	25.55
15 Jim Wilkerson	25.8
16 Nick Gailey	25.9
Avital Schurr	25.9
18 Gary Patterson	25.92
19 David Luplow	26.1
20 Mike Milove	26.4
21 Randall Clevon	26.46
22 Vick Broushet	26.5
23 Caleb Brown	26.6
Les Wright	26.6
25 Jerry Feldhausen	26.7
Dick Gentry	26.7
27 Gene Ballard	26.8
28 Tom Starr	27.0
29 Jim Brady	27.1
30 Fred Lynch	27.4
31 Larry Simons 47	27.7
32 Bob Chinchillo	27.8
33 Dave Eidahl	27.9
34 Harry Williams	28.04
35 John Blakely	28.1
36 Bob Wheeler	28.3
37 Ed Lillis	28.4
Fred Miller	28.4
39 Bob Fuhrman 49	28.6
40 Vito DiCesare	28.7
41 Richard Arandia	28.9
Tim Hartman	28.9
43 Jim Rippon 49	30.0
44 Joel Dubow 47	30.3
45 John Hess	30.7

M50-54	
1 Larry Colbert	24.8
2 Kenny Dennis	24.95
3 Ed Small	25.1
Pete Stopoulos	25.1
5 Roy Turner	25.28
6 L Stopoulos	25.4
7 Dawson Pratt 54	25.6
8 Ron Kirkpatrick	25.7
9 D Abayomi 50	26.1
10 Harry Tolliver	26.2
11 Jim O'Hara 51	26.4
12 Richard Rizzo	26.45
13 B McIlwaine CAN	26.82
14 Emil Pawlik	26.90
Jim Streeby	26.90
16 Grover Coats	27.0
Paul Dorsey	27.0
18 Richard Ocker	27.1
19 John Head	27.34
20 Jim Demma	27.4
Ken Baker	27.4
22 Jim Hodge 51	27.7
23 Howard Weisser	27.80
24 Dave Connolly 50	27.8
25 Bob O'Brien	28.0
26 Haig Bohigian	28.3
27 Ed Kent	28.3
28 John O'Neill	28.8
29 Tony LaPonte	28.9
30 Norm Goluskin	29.4
31 John Rusnoch	29.5
32 Gene Carbine	29.69
33 George Coleman	29.8
— Mills	29.8

35 Billie Durham	30.15
36 Frank Byrne	30.8
37 John Robinson	31.08
38 R Sorrells	31.6
39 Sid Klavansky	31.9
40 Dan Littleton	32.2

M55-59	
1 Hugo Hartenstein	24.2
2 Jim Mathis	25.1
3 — Sobolewski	25.5
4 Cliff Pauling	26.4
5 Joe Hemler	26.5
6 Paul Williams	26.54
7 Matt Brown	26.8
8 P Dobrovoly	26.89
9 Alex Johnson 57	27.3
Rich Barretta	27.3
11 John Darrell	27.9
12 Pat Meagher	28.1
13 Will Wright	28.3
Phil Plant	28.3
15 Troy Banks	28.6
16 C Trinkner	28.7
17 Ernie Watts	28.9
18 Kay Eiland	29.08
19 Dave Martin 55	29.1
20 Vince Ruffin	29.2
21 Phil Surette	29.4
22 George Heroux	29.66
23 Phil Mulkey	29.9
Earl Mege	29.9
25 Doug Alberts 55	30.2
26 Bob Seelig	30.38
27 G Chiavelli 59	31.3
28 Tom Talbott	31.6
29 Wendell Cury	32.2
30 Bruce Gilbert 55	32.4

M60-64	
1 John Poppell	27.35
2 Chuck Sochor	27.6
3 Bob Watanabe	27.67
4 — Walsh	27.9
5 Andy Anderson	28.03
6 Tom Brooks	28.1
7 H J Fischer	28.8
8 Ross Mitchell	29.1
9 Bill Pardue	29.16
10 Ed Redditt	29.2
11 Frank Hayes	29.4
12 Harry Brown	30.1
13 Kelsey Brown	30.3
14 Brian Sharpe	30.66
15 Jack Lance 60	30.7
16 H MacMillan	31.1
17 Gio Chiavelli 60	31.46
18 Dick Klein	31.82
19 Bill Townsend	32.5
20 Arnold Meardon	32.6
21 D Greive	32.7
22 Moose DeMalto 63	32.9

M65-69	
1 Jim Law	26.92
2 Mel Larsen	27.18
3 — Schmidt	27.6
4 Joe Bergthold	27.7
5 W Blackmon	28.9
6 Tim Murphy	29.53
7 Ray Armstrong	29.66
8 Haydn Parks	30.0
9 R Naylor	30.3
10 Walker Pierson 67	30.5
11 Oscar Harris 66	30.63
12 Norm Katzman	31.0
13 Fred Hirsimaki	32.6
14 John McCarthy	32.7
15 Chas McGarvey	32.7
16 Ray McKeeman 65	35.6
17 John Chamales	36.31

M70-74	
1 Vern Matthews	29.3
2 George Rajcevic	29.4
3 Jim Manno	30.11
4 Marlen McWilliams	30.2
5 Ed Matthews	30.39
6 Vern Mattson	30.5
7 John Davison	31.0
8 Jay Sponseller	31.08
9 Angelo Oliver	33.38
10 Sparks Sorlien	34.7

M75-79	
1 Frank Finger	32.78
2 M Lightfoot	35.3
3 Claude Hills	35.82
4 Mel Flachs	36.10
5 Fred White	36.21
6 Jerry Wible	37.3

M80-84	
1 Barry Ivers	32.9
2 Virgil McIntyre	36.20
3 Manny d'Elia	38.58

M85-89	
1 Konrad Boas	44.82
2 Arling Pitcher	47.75

W30-34	
1 D Pope-Green	27.8
2 Carol Schafer	29.7
3 Kris Craddick	31.1
4 Bonnie Hauck 34	31.6
5 Cindi Sparkman	31.7
6 Pat Finley	32.2
7 Karen Tyson 33	33.1

W35-39	
1 Irene Thompson 36	27.6
2 Joann Angotti	28.4
3 Laura Hubbard	34.0

W40-44	
1 Phil Kaschker	27.08
2 Sharon Osborne	28.5
3 Jennifer Pinto	28.5
4 Lorraine Tucker	29.41
5 Eliz Riordan 43	29.9
6 Kathy Holmstrom	32.00
7 Kate McKenna	32.7
8 Rene Blenden	33.03
9 Sandy Miller	34.3
10 Bobbi Lindabury	35.2
11 Susan Reynolds	35.4
12 Miriam Gomez	36.75

W45-49	
1 Pamela Calvert	28.63
2 Marilyn Mitchell	29.77
3 Robin Villa	32.7
4 Penny Danielson	32.9
5 N Lowenstein 45	33.0
6 Cathy Primmer	33.06
7 Karen Haber 48	34.6
8 Katy Gottschalk 49	35.3
9 MaryLou Platis	37.5
10 Judy Scott 49	38.2

W50-54	
1 Essie Kea	33.8
2 Meredith Thielman	34.9
3 Marion Coffee	36.13
4 Jan Gustafson	39.8

W55-59	
1 M Fitzgerald 55	31.4
2 Carolyn Cappetta	32.5
3 Betty Vosburgh	32.97
4 Lucy Anne Brobst	33.70
5 Kathy McIntyre	35.17
6 Fei-Mei Chou	35.64
7 Donna Guiley	41.7
8 E Wallace	44.6

W60-64	
1 Mary Patterson	34.65
2 Pat Peterson	36.13
3 Leonore McDaniels	36.03

W65-69	
1 Jos Sullivan	41.52
2 Carol Peebles	43.65
3 Flo Berry	43.9
4 Ann McGowan	49.2

W70-74	
1 Marjorie Smith	47.78
2 E Yeomans	55.3

W75-79	
1 Millie Crews	44.39
2 Pearl Mehl	49.38

### 1991 Indoor 400m Compiled by Jerry Wojcik

Includes December  
1990 meets

M30-34	
1 William White	50.0
2 Peter Grimes	50.24
3 Ben James	50.74
4 Eugene Vickers	52.2
Fred Feaster	52.2
6 Jay Mathis	52.37
7 Robert Stanley	52.7
8 Herman Barrett	52.88
9 Kelvin Murray	52.9
10 Vance Rogers	53.0
11 Rick Jeffers	53.2
12 M McDowell	53.3
13 Adrian Sterrett	53.5
14 Lloyd Jeremiah	53.6
15 Frank Makozy	54.0
16 Mike Vorher	54.2
17 Peter Green	55.14
18 L Finley	55.4
Nick Mitchell	55.4
20 Robert Hala	55.5
21 Steve Bunce	55.6
22 Robert Hale	56.0
23 Eric Rucker	56.3
24 George Mirabal	57.06
25 Al Felechak	57.2
26 — Hervert	57.63
27 Neal Bojko	57.80
28 Terry O'Connell	57.9
29 Bob Saul	58.0
30 — Ballinger	58.2
31 Don McBride	59.0
32 John Burke	59.2
33 Bob Powell	59.5
Roger Messenger	59.5
35 Warren Fisher	60.3

M35-39	
1 Tom Thompson	53.15
2 John Brooks	53.9
3 Horace Hudson	54.0
4 Robert Walker	54.2
5 David Ricks	55.03
6 Karl Castor	55.2
7 Ron Taylor	55.3
8 Don Goodwin	55.5
9 Roy Currie	55.7
James Easter	55.7
11 Bob Burnett	55.8
12 William Cheadle	56.07
13 Bill Krieger	56.4
14 Bob Bowen	56.6
15 Jeff Watry	56.64
16 R Gutzwiller	56.9
Ken Bauersfeld	56.9
Russ Floyd	56.9
19 Mark Smith 35	57.5
20 Walter Brown	57.79
21 Terry Leanness	58.3
22 Gary Martin	58.92
23 — Wright	59.3
24 Caleb Rossiter 39	59.6
Kirby Scott	59.6
26 Seth Okrend	60.1
Jack Ferreri	60.1
28 Greg Hanson	60.2
29 Kermit Hummel	60.3
30 J Emswiler	60.4
31 Bob Zahn	60.7
32 Chas Missouri	61.12
33 Archie Abatie	61.8
34 Mark Jidov	62.1

M40-44	
1 James King	50.79
2 Steve Hardison	50.87
3 Stan Druckery	52.1
4 Fred Sowerby	52.4
5 Dorel Watley	52.44
6 Ken Brinker	53.00
7 Charles Allie	53.04
8 Fred Collins	53.28
9 Ralph Moschella	54.5



# U.S. MASTERS TRACK & FIELD RANKINGS

(Coordinated by Jerry Wojcik, T&F Rankings Chairman)

Continued from previous page

W30-34	
1 Stacey Quitzay	59.0
2 Lonna Pope-Green	64.9
3 Sue Breiby	65.5y
4 M E Malloy	65.7
5 Carol Schaffer	67.9
6 Mary Claves-Otto	72.3y
7 A Tallon-Trombley	73.7
8 Lisa LaFrantz	77.5
9 Julie Shaver	81.0
10 — Bukema	84.9

W35-39	
1 Irene Thompson 36	62.9
2 Debbie Anderson	64.97
3 Diane Sherrer	76.38

W40-44	
1 Phil Raschker	62.11
2 Betty Clair-Searcy	63.9
3 Judy Warwick CAN	64.21
4 Kathy Pierce	65.97
5 Debbie Stiles	67.84
6 Sylvie Kinche	68.34
7 Stephanie Shelly	70.2
8 Kathy Holmstrom	70.60
9 Kate McKenna	71.1
10 Colbert-Mauboussin	73.42
11 Bobbi Lindabury	75.1y
12 Lorraine Tucker	78.2

W45-49	
1 Erna Kozak CAN	63.56
2 Pam Calvert	63.98
3 Robin Villa	70.9
4 N Lowenstein	71.0
5 Cathy Primmer	73.62
6 Deb Bramlage	77.8
7 Katy Gottschalk 49	78.3

W50-54	
1 Tami Graf	79.34
2 Helene Samuelson	82.6
3 Meredith Thielman	86.2

W55-59	
1 Carolyn Cappette	69.1 q
2 Marilyn Fitzgerald	73.3
3 Betty Vosburgh	75.61
4 Wava Mosbrucker	77.18
5 Kathy McIntyre	77.75
6 Lucy Anne Brobst	79.35

W60-64	
1 Mary Patterson	82.26
2 Pat Peterson	88.6

W65-69	
1 Margot McCaffrey	1:43.0
2 Carol Peebles	1:43.74

W70-74	
1 Pearl Mehl	1:52.1
2 Ernestine Yeomans	2:12.4

W75-79	
1 Adrienne Salmini	2:18

q-questionable mark

### 1991 Indoor 800m Compiled by Bill Benson

W30-34	
1-10	
Jean Ruleau	1:59.0
Rick Smith	1:59.3
Dan Kelly	1:59.8
Dan Reilly	2:01.1
Philip Rougeux	2:02.4
John Spinney	2:04.3
Louis Christ (Can)	2:04.5
John Flood	2:04.6
Adrian Sterrett	2:06.1
K. Whitsett	2:06.2
11-20	
Jim Garcia	2:06.6
Fred Hervert	2:07.1
Harty Genterman	2:07.8
James Staten	2:08.8
James Anderson	2:09.5
James Scheer	2:09.9
Florrison	2:10.3
Rafael Castro	2:11.3
Al Felenchak	2:11.9
Phil Carstairs	2:12.6
21-30	
Roger Messenger	2:13.2
Bruce Buscher	2:15.1
George Mirabel	2:15.6
Jon Berit	2:16.5
Fred Feaster	2:17.6
K. Rasmussen	2:18.5
E. Switnicki	2:20.9
Mike Edelstein	2:23.5
Warren Fisher	2:23.8
John Burke	2:24.2
W35-39	
1-10	
Pet Talmadge	2:02.2
Robert Walker	2:02.4
Tim Anderson	2:03.2
Dallas Jacobs	2:05.0
Timothy Shaw	2:05.1
George Frost	2:05.3
Nichols	2:05.3
Dan Rinaldi	2:05.4
Bob Strout	2:05.4
Michael Sargent	2:05.6

11-20	
Stan Clark	2:05.8
Roger Gutwiller	2:06.6
Jeff Matry	2:07.3
Pat Perkins	2:07.3
Dave Patterson	2:08.5
Jerry Feldhausen	2:08.5
Steve Schallenkamp	2:09.6y
Taylor Oliver	2:09.9
Russell Floyd	2:10.0
Bob Lupo	2:11.5
21-30	
Tim Zbikowski	2:12.6
Karl Castor	2:13.4
Bob Harmon	2:14.2
J. Maswiler	2:14.9
G. McCarroll	2:15.4
Mark Jidov	2:15.6
John Rives	2:17.7
Ken Blair	2:18.0
Greg Hanson	2:18.6
Robert Wynn	2:18.8

31-40	
Joe Lambert	2:19.2
Ted Castaneda	2:19.3
Mike Fogle	2:19.8
Bill Kehner	2:22.5y
Howard Ware	2:24.2
Jerry Hoercher	2:25.0y
Larry Hart	2:29.3
John Whitman	2:30.0
Archie Abatie	2:32.5
Jon Netabrook	2:34.3

M40-44	
1-10	
Nolan Smith	1:56.7
Ken Popejoy	1:56.8
Dorel Watley	2:00.2
R. Schornstein	2:02.8
Duane Greene	2:03.7
Terry Haecker	2:04.3
Bill Bridge	2:05.1
Al Swenson	2:05.5
David Alexis	2:05.7
David Salazar	2:05.8
11-20	
Rod Wiltshire	2:06.3
Joe Farber	2:07.1
S. Falck-Pedersen	2:07.1
Hassard	2:07.3
Mike Blake	2:07.7
Don Fish	2:08.1
Gordon Reiter	2:08.1
Wm. Reiter	2:08.4
Jasper Royal	2:08.6
Stan Mathis	2:09.2

21-30	
Phil Dorff	2:09.6
Gary Tompkins	2:10.1
Nelson Keyes	2:11.0
Bill Brockwell	2:11.2
Mike Wilson	2:11.2
Rich Puckerin	2:12.4
Shawn Regan	2:13.3
Bob Fertak	2:13.5
Larry Purtell	2:13.6
Bob Pite	2:13.7
31-40	
George Lokken	2:14.1
Larry Slaski	2:14.2
Steve Viegas	2:14.6
Brad Johnson	2:15.0
Clint Merrill	2:15.0
John Kohl	2:15.5
Fred Dedrick	2:15.9
Joe Burleson	2:17.2
Ben Brockwell	2:17.5
Dennis Pennenga	2:18.5

41-50	
Joe DeMaio	2:18.5
Jim Irwin	2:18.7
Jerald Krauthamer	2:19.2
Tim Dickens	2:19.8
Dave Rodriguez	2:20.1
Tim Shay	2:20.2
Lloyd Smith	2:20.7
Reinhold Wotawa	2:21.3
Tony Mele	2:21.4
George Sanders	2:21.5

51-60	
Alan Johnson	2:21.7
Larry Hart	2:22.5
J. Palmer	2:22.7
Mike Broker	2:23.4
Bill Indek	2:23.4
Ron Krebs	2:23.9
Eric Gyaki	2:24.0
Robert Caplin	2:24.3
Hal Gensler	2:24.4
A. Posner	2:24.8
61-70	
J. Hopf	2:25.2
Steve McCleery	2:25.7
Mike Billman	2:27.8
Ron Salvio	2:29.0
Jack LaSousa	2:29.7y
G. Eidinger	2:31.9
Wm. Wiegel	2:32.2
Ray Fank	2:34.6
Len Demolino	2:35.3
Mitch Kahn	2:36.4

M45-49	
1-10	
Ken Sparks	1:59.9
Salih Talib	2:08.7
Dennis Duffy	2:09.1
Frank Davis	2:10.8
Michael Wilson	2:11.3
John Cook	2:11.8
Don Boyer	2:12.6
Allen McDaniel	2:13.6
Sam Huckel	2:13.8
Rich Myers	2:17.3
11-20	
Bob Bennett	2:18.2
Norm Gautreau	2:19.1
Kevin Smith	2:19.4
Joe Ocko	2:21.1
Jerry McFadden	2:21.2
Mike Perak	2:21.6
Larry Simmons	2:21.8
Art Maillet	2:22.7
Sam Skinner	2:23.8
Jack Wagner	2:24.0

21-30	
Bob Congdon	2:29.0
Vic Broushet	2:29.3
Jim Stark	2:30.1

Brian Salzberg	
2:31.1	
Jake Chamales	2:31.3
John Heisner	2:32.9
Ray Kitchin	2:33.9
Ralph Fusco	2:35.1
Tom Hartman	2:36.4
Robert Chingillo	2:37.1

31-35	
Dennis Phillips	2:40.8
Stan Daniels	2:41.1
Ken Keppler	2:45.7
Lou Williams	2:45.9
Ken Katszer	2:52.7y

M50-54	
1-10	
Harry Tolliver	2:09.9
Sid Howard	2:10.6
Dan Hammer	2:12.4
James Hammond	2:12.7
Rick Kleyman	2:13.1
Wm. McMillen	2:13.2
Jim Streeby	2:14.7
Des o'Rourke	2:15.3
Jim Demma	2:15.9
Glenn Shane	2:18.3

11-20	
Ed Small	2:19.4
John Allen	2:20.0
Jerry McFadden	2:21.3
Jim Huffman	2:22.5
Ken Ogden	2:22.8
Jim Hodge	2:22.9
Jim Steele	2:23.1
Jack Miller	2:23.2
Paul Hamilton	2:24.1
Gene Carbine	2:24.3

21-30	
Jim Clark	2:24.5
Bob Colton	2:25.4
Norm Goluskin	2:26.5
Ed Coplon	2:26.8
Ken Baker	
2:27.0	
Art Conro	2:27.3
Howard Weisner	2:28.6
Frank Byrne	2:30.2
Ross Greathouse	2:30.9y
Tom Gallagher	2:38.9

31-39	
John Robinson	2:40.3
T. Nuccio	2:40.9
Martin Harms	2:42.6
Steve Levine	2:43.7
John Goodwin	2:46.2
Dick Fialar	2:46.7
Haig Bohigian	2:48.8
Don Baumann	2:54.2
Bill Roger	2:56.3

M55-59	
1-10	
John Conner	2:19.0
Cliff Pauling	2:19.1
Chas. Wiberley	2:22.2
Gary DeFrance	2:22.6
Jim Auehansley	2:23.9
Richard Pack	2:27.3
Irwin Bernstein	2:27.9
Bob Elwood	2:27.9y
Don Slocomb	2:32.8
Ed Alexander	2:38.0

11-20	
Ron Bilski	2:38.9
Hans Aunsinker	2:39.6
David Gray	2:39.9
Bruce Gilbert	2:42.0
Cliff Gerens	2:44.0
Hector Cisneros	2:46.9
Rich Kowalski	2:48.2
Tony Farrand	2:48.2
John Darrell	2:50.2
Bill Duer	2:50.3
21-23	
Tony Farrand	2:51.9
Fran Riley	3:00.2
E. R. Fresno	3:10.5

M60-64	
1-10	
Bill Fortune	2:26.6
Gordon Seifert	2:26.8
Chuck Socher	2:27.1
Bill McCaffery	2:33.9
Kelsey Brown	2:36.4
Arnold Heardon	2:42.3
Joe Kernan	2:43.9
Wm. Conrad	2:44.0
Louis Schneider	2:50.3
Anthony Gastagna	2:54.5
11-19	
Stan Cherin	2:59.6
Larry Larkin	3:04.4
Noose DeMalto	3:07.6
William Brobst	3:12.0
George Martin	3:19.2
Walt Siderowits	3:21.8
Peter Wilton	3:25.1
Louis Schneider	3:25.6
George Taylor	3:29.8
Ed Meadows	3:29.8

M65-69	
1-8	
Archie Messenger	2:34.9
John McManus	2:42.0
Larsen	2:52.3
Jack Moore	3:11.1
Oscar Tischler	3:15.7
John McCarthy	3:20.5
Ernie MacDonald	3:22.9
Eugene Nink	3:26.0
M70-74	
1-9	
Jay Spenseller	2:45.2
H. Strassenburg	2:51.8
Jim Harro	3:00.5
Dan Geer	3:20.1
George Rajcevic	3:21.4
Jim McGilvray	3:28.4
Clarence Osborn	3:46.5y
Bob Hull	3:52.3
A. Pronovost	4:18.7

M75-79	
1-7	
Austin Newman	2:55.5
Dudley Healey	3:16.6
Wm. Brobston	3:25.9
Jerry Wible	3:27.3
H. Yeomans	4:16.1
Warren Wiggins	4:16.1
H. Massie	4:54.9y

W30-34	
1-10	
Stacey Quitzan	2:17.3
Joan Sterrett	2:21.4
Carla Hervert	2:25.0
S.K. Robertson	2:26.9
Mary Ellen Malloy	2:27.2
Anne Forbes	2:29.4
Mary Russell	2:33.3
Cindy Sparckman	2:41.8
Mary Claves-Otto	2:49.2
Maureen Fazio	2:49.6
11-14	
Colleen Lahr	2:56.0
dindi Kowalski	3:03.7
Necky Buikema	3:11.5
G. Haacke-Haas	3:25.9

W35-39	
1-9	
Debbie Anderson	2:24.5
Patti Ford	2:27.4
Leah Rowolinsky	2:31.8
Mary Tomich	2:40.0
Muriel Naumann	2:40.3
Laura Hubbard	2:47.3
Nancy Lee Scott	2:48.1
Cheryl Roddy	3:00.1
Kathy Marino	3:05.5

W40-44	
1-10	
Judy Warwick (Can)	2:24.8
Sylvia Kinche	2:30.8
Anna Schmitt	2:33.1
Betty Clair-Searcy	2:35.8
Debbie Stiles	2:38.8
Barbara Blaszak	2:39.5
Stephanie Shelly	2:41.5
Elizabeth Riordan	2:42.7
Phil Raschker	2:46.7
Judy Anker	2:57.4

11-17	
Bobbi Lindabury	2:57.6
Renee Blenden	2:58.6
A. Coleman	3:01.5
Cathy Maurits	3:03.0
Karyl Collaruso	3:04.8
Pat Killen	3:21.2
Nancy Schuchert	3:35.5y

W45-49	
1-6	
Erna Kozak (Can)	2:25.0
Robin Villa	2:44.7
Janet Boughner	2:57.1
Cathy Primmer	3:12.9
Mary Lou Platis	3:12.9
Ruth Wilwerding	3:25.7

W50-54	
1-6	
Madeline Bost	2:49.6
Tami Graf	2:55.1
Sally Rusby	3:09.9
Helene Samuelson	3:10.4
Jan Gustafson	3:31.6
Jan Rindge	3:46.4

W55-59	
1-7	
Wava Mosbrucker	2:51.8
Mary Czarpata	2:57.9
Betty Vosburgh	3:04.9
Kathy McIntyre	3:11.3
Christel Miller	3:15.5
Donna G	



# MASTERS SCENE

## NATIONAL

- **David Faucher** (42, 2:39:15), West Lebanon, NH, finished 17th of 494m, and **Carol Virga** (40, 2:53:12), Boca Raton, FL, fourth of 128w to capture 40+ titles, Vermont City Marathon, Burlington, May 26. **Ralph Zimmerman** (50, 2:41:36), Buffalo, NY, was second master.
- **Stephen Browne**, 42, bested the 40+ field with a 16th-place 22:15 in the NYRR Father's Day 4 Mile, Central Park, NYC, June 16. **Sam Skinner**, 48, was next best in 22:38. **William Fortune**, 62, took the M60 race in 24:54.
- In the article on p. 31 of the June '91 issue on Evy Palm's achieving an age-graded 1.0370 (based on an age-48 target time of 1:15:18) with a 1:12:36 half-marathon in Holland, writer Marty Post stated that no American has yet reached the 1.000 barrier. **Norman Green, Jr.**, of Pennsylvania matched exactly the age-graded standard of 1:10:23 in the 1987 Philadelphia Half-Marathon, three months after his 55th birthday, for the only 100% age-graded performance by a U.S. long distance runner.
- Three hundred age 40-and-over men and women turned out for the t&f portion of the Rhode Island Senior Olympics, June 23, at Brown U. in Providence. Organized by **Ann Morris** of the sponsoring R.I. Dept. of Elderly

Affairs and Hospital Trust, the meet drew athletes from as far away as Nevada, Florida, and Canada. In the women's HT, **Libby Hagemann** broke the W70-74 WR with a 68-8. The oldest contestant was **George Conway**, 88, of Melton, MA.

- **Ed Stabler**, 62, N. Syracuse, NY, had the best age-graded time of 1:03:34 (actual time 1:20:45) of 85 masters in the age-graded 21st annual Vestal 20K, Vestal, NY, June 15. **Ray Kneer**, 49, Cortland, NY, was second with a 1:04:30 (1:12:43). **Barbara Blaszk**, 41, Syracuse, NY, was third with a 1:10:02 (1:23:32).

## EAST

- **Bill Shrader**, 75, top masters middle-distance runner and administrator, has terminal throat cancer. "The doctors give me two more months, but I'm fighting it," he said at the National Senior Sports Classic in Syracuse, N.Y. "If you see me in New Orleans this December at TAC's Convention, you'll know I made it."

## SOUTHEAST

- **Vanessa Hilliard** of St. Petersburg, FL, broke the W50-53 hammer WR with a 42.63 in the Florida Circuit Meet, Clearwater, May 25.

**Helen Searle**, Australia, held the old record of 41.84 set in 1989. **Tom McDermott**, Bradenton, FL, set a hammer WR for age-73 with a 46.00 in the Florida Masters Championships, Orlando, May 18.

- **Joe Martin** broke the M70-74 WR for the 80mH with a hand-timed 14.3, Southeastern Masters Classic/South Carolina TAC Masters Championships, Greenville, June 22. 120 athletes participated; 48 men's and 16 women's meet records were broken.

- The 16th Annual Northwest Track & Field Classic drew 2583 athletes from eight foreign countries and nine states to the Miami-Dade Community College on June 8-9. **Tyrone Carlis**, M45, of Miami set a meet record in the 200 (23.98), and **Bob Fine**, M55, did the same in the 1500 RW with a 7:37.02.

## MIDWEST

- **Don Gammie**, 60, Centerville, OH, was best age-graded master with a 14:27 (actual time 17:59) in the 4th Lou Cox 5K, Dayton, OH, June 11. Best W40+ age-graded performer was **Claire Brock**, 55, Cleveland, OH 18:17 (22:05). The race, sponsored by the Ohio River Road Runners and directed by **Lloyd Lauback**, had 855 finishers.

- The 18th Annual Steamboat Classic in Perio, IL, June 15 was marked by oppressive heat and humidity. Coping best with the uncomfortable weather was **Warren Utes**, 71, who cut through the steam bath for an awesome 4-mile time of 24:07. **Gary Romesser**, Indiana, took the M40 division (19:33) and \$500 in prize money, while **Priscilla Welch** (W55, 22:34) did the same in the women's event. **Judith Hine** (40, 23:08) of New Zealand took the second W40+ prize of \$250.

## MID AMERICA

- **Doug Bell** (40, 51:23), Greeley, CO, and **Cheryl Becksmith** (42, 64:05), Denver, romped to masters titles in the Garden of the Gods 15K, Colorado Springs, June 9. Bell was seventh of 1800 runners.

- **Ruth Eberle**, W55, Florissant, MO, posted the best 1500 RW time of all walkers with an 8:23.0 in the St. Louis Senior Olympics, May 29-30. Temperatures in the 90s and rain didn't hamper some athletes, including **Larry Patterson**, M75, of St. James, MO, who won the 1500 (6:30.7) and 800 (3:15.2) on Wednesday and came back Thursday to shave three minutes from the meet record in the 5000 with a 24:40.

- **Viisha Sedlak**, 42, Boulder, CO, was first overall (55:22) of 35 finishers in the Steamboat 10K Walk, Steamboat Springs, CO, June 9. **Priscilla Welch** (46, 39:12) finished 26th overall of 324 in the 10K run. Top master was **Rick Katz**, 42, of Boulder, sixth in 34:45.

## WEST

- **Vicki Bigelow**, 55, set a new U.S. W55 800 record of 2:45.41 in the NorCal Seniors T&F Classic in Berkeley, CA, June 15. The old mark was 2:48.2, set by **Beryl Skelton** in 1984. The **Harry Koppel** 100-meter plaques, donated by

his wife, **Juliette**, were awarded to **Eddie Hart** (42, 11.26, 93.5%) and **Margaret Dixon** (37, 13.24, 85.6%). \$100 cash prizes went to **Dixon** and **Martyn Adamson** (52, 400, 54.99, 94.3%) for the best track performances; and to **Joy Upshaw-Margerum** (30, LJ, 17-9½, 74.8%) and **Ross Carter** (77, shot, 38-3½, 93.3%) for the best field efforts.

## NORTHWEST

- **Becky Sisley**, Eugene, OR, broke the U.S. W50-54 HJ record with a 1.34, Northwest Masters Sectional Championships, Eugene, June 24.

- **Artemio Navarro**, Mexico, with two miles left in the Cascade Run Off 15K, Portland, OR, June 23, realized that he was running faster than last year's pace, so he found another high gear, which earned him a masters world best 44:44, \$1250, and a short stay in the medical tent. **Manuel Vera**, Mexico, 45:43, and **Domingo Tibaduiza**, Nevada, 46:12, took second and third. **Laurie Binder**, 43, California was 12th woman 52:40, worth \$1000.

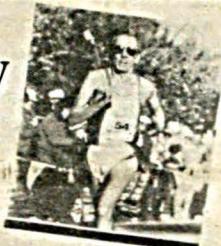
## INTERNATIONAL

- **Martti Vainio**, Finland, ran an M40+ world best 28:30.88 in the Adriann Paulen Memorial 10K in Hengelo, Netherlands, June 25. The race, with an open international field, was won by **Richard Chelimo** of Kenya in 27:18.8, second fastest in the world. Vainio was 17th of 25.

- On July 9, the IOC said it would readmit South African athletes into the Olympics. Each sports federation such as athletics' IAAF, will now vote on whether to readmit South Africa to its sport. The IAAF is likely to give its okay in time for its World Championships this month in Tokyo. The ruling probably came too late for South Africans to compete in Turku at the World Veterans Championships, but the Springboks will undoubtedly be represented in Japan in 1993. Chances are, South Africa will bid to host the World Vets in 1997.

- From Johannesburg comes word that the man who murdered World Veterans hurdle champion **Danie Burger**, 56, last year, has been sentenced to death by a local court. Burger, a founder and past president of the South African Masters Association, was brutally hacked to death in the early morning of January 17, 1990, by **Abraham Thusi**, 31. Thusi said he had been employed by Burger to build a swimming pool. He said Burger fired him and owed him money. Thusi said he came to Burger's house at 4 a.m. to "give him a fright." He went to the bedroom where Burger and his son, **Danie**, 5, were sleeping. Thusi attacked Burger with a panga, inflicting 40 hack wounds while Burger's son watched. Thusi then tied the boy up, and calmly proceeded to take the TV set, VCR, and other items. Burger's son has been permanently emotionally scarred, say reports, and was the subject of a custody battle between Burger's ex-wife, who lives in Holland, and a close friend of Burger's in Johannesburg. His mother won custody. □

## Here's What Readers Say About THE MASTERS RUNNING GUIDE



—This book is filled with information including chapters on: Minimizing Injury, Secrets of the Masters, Maintaining Mobility, Diet, Improving With Age, and Training Smart. I recommend this book for those of us "transitioning" into the "improving with age" category. (Great gift idea too.)

—*Joyce Rankin, Reston (VA) Runners*

—I wish I had read the\*book ten years ago. (I wish it had existed ten years ago.)

—*Gordon Pitz, River to River (IL) Runners*

—The book describes masters sports and discusses the safety of intensive competition for older athletes... It's tough to read the first chapter and not get an urge to slip on a pair of shoes and go for a run.

—*Mike Davis, Indianapolis News*

"I generally stay away from endorsing books, but this one is worth making an exception for."

—*Jim Ferstle, St. Paul Pioneer-Press*

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Send \$10.95 (includes mailing charges) to:  
NATIONAL MASTERS NEWS, P.O. Box 2372, Van Nuys, CA 91404



World Vets hurdle champion **Danie Burger** (center) in happier times with his son **Danie** and **David Pain** in 1989 in Johannesburg.



# schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.



**December 2-7.** 13th Annual TAC Convention, Sheraton Hotel, New Orleans, La. TAC/USA, P.O. Box 120, Indianapolis, IN 46206. 317/261-0500.

## TRACK & FIELD NATIONAL

**August 24.** TAC/USA National Masters Weight Pentathlon Championships, East Ascension H.S., Gonzales, La. SASE to: Jeff Baty, 321 E. Josephine St., Gonzales, LA 70737.

**September 21.** TAC/USA National Masters 56 Pound Weight Throw Championships, Greenville, S.C. Entry deadline September 10. Dick Bloomfield, 103 Crestwood Dr., Greer, SC 29651. 803/879-7839; 288-5660 (d).

**June 19-28.** U.S. Olympic Track & Field Trials, New Orleans. 504/484-1992.

### EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

**August 3-4.** Buffalo Belles and Brawn International Age-Group Classic, Kenmore, N.Y. Bettie Zoschke, 266 Puritan Rd., Tonawanda, NY 14150. 716/835-6018.

**August 4.** Summer Track Festival 10K, 3000 X-C, 100, 800, and 1 mile. South Orange, N.J. SASE to Summer Track Festival, Essex County Dept. of Parks, 115 Clifton Ave., Newark, NJ 07104.

**August 4.** Tri-State TC Classic Meet, South Hagerstown H.S., Hagerstown, Md. Wayne Vaughn, 734 W. Franklin St., Hagerstown, MD 21740. 301/733-6076.

**August 11.** Keystone State Games, Allentown, Pa. Pa. residents only. Trey Jackson, 21 Chestnut St., Lebanon, PA 17042. 717/273-3511.

**August 17.** Don Harris Memorial/Philadelphia Invitational (pre-entry only), Ardmore, Pa. Peter Taylor, 3120 School House Ln. JA-9, Philadelphia, PA 19144. 215/842-3807.

**September 1.** Potomac Valley Games, Washington, D.C. Sal Corrallo, 3466 Roberts Ln., Arlington, VA 22207. 703/243-1290.

**September 13-14.** Maine Senior Games, Portland. 55+. Anita L. Chandler, P.O. Box 10480, Portland, ME 04104. 207/775-6503.

**September 15-22.** Granite State Senior Olympics, Concord, N.H. 55+. Ray Lacasse, Div. of Elderly Services, 6 Hazel Dr., Concord, NH 03301. 603/271-4642. St. residents only.

**September 19.** Green Mountain Senior Games, Weston, Vt. 55+. St. residents only. Ardis Smith, Rt. 1, Box 93, Weston, VT 05161. 802/824-6521.

**September 22.** N.Y. Masters Mini Meet (throws/jumps only), Kings Point, N.Y. Jai Singh, 254-24 75 Ave., Glen Oaks, NY 11004. 212/704-0582 (8-11 pm).

### SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee.

**September 21-22.** Thomasville Fall Masters Invitational Decathlon, Thomasville, N.C. Bill Busby, 11 Culbreth Ave., Thomasville, NC 27360. 919/476-1228.

**October 12.** Last Chance Mini-Meet, Vanderbilt U., Nashville, Tenn. R. Brady, 2709 Linmar Ave. #5, Nashville, TN 37215. **November 3-9.** Golden Age Games, Sanford, Fla. 55+. Golden Age Games, Box 1778, Sanford, FL 32772-1778. 407/330-5687.

**December 29.** Holiday Weight Pentathlon, Atlantic H.S., Delray Beach, Fla. Phil Partridge, 337 SW 14th Ave., Boynton Beach, FL 33435.

### MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

**August 8-10.** Quad-Cities Senior Olympics, Augustana College, Moline, Ill. 55+. Edie Sanders, c/o United Medical Center, 501 10th Ave., Moline, IL 61263. 309/757-3120.

**August 8-12.** Michigan Senior Olympics, Rochester. 55+. Marye Miller, Older Persons Commission, 312 Woodward, Rochester, MI 48063. 313/656-1403.

**August 10.** Dayton Masters Track Classic, Dayton, Ohio. Bob Jones, Dayton Masters, 513/268-7341 (e), or Dayton Rec. and Parks, 513/225-8400.

**August 10-11.** Midwest Masters Meet, Marshall U., Huntington, W. Va. David Stooke, 119 Cheyenne Train, Ona, WV 25545. 304/736-8474.

**September 1-2.** Columbus Senior Olympics, Columbus, Ohio. 55+. Laura Sussman, 1125 College Ave., Columbus, OH 43209. 614/231-2731.

**September 19-22.** Illinois Senior Olympics, Springfield, Ill. 55+. Annette Fuchs, 1415 N. Grand Ave. East, Springfield, IL 62702. 217/789-2284.

**September 21-26.** River City Senior Games, Evansville, Ind. 55+. Steve Patrow, 7 SE Seventh St., Evansville, IL 47708. 812/464-7800.

### MID-AMERICA

Arkansas, Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, Oklahoma, S. Dakota.

**August 3.** Tulsa RC Meet, Jenks H.S., Tulsa, Okla. Tulsa RC, 5214 S. Delaware, Tulsa, OK 74105. 918/742-1358.

**July 26-August 2.** Minnesota Senior Sports-A-Rama, Bloomington. 55+. Jeff Stottemeyer, Parks & Rec., 2215 W. Old Shakopee Rd., Bloomington, MN 55431-3096. 612/887-9601.

**August 23-25.** Nebraska Senior Olympics, Kearney, 55+. Roger Jasnoch, 2001 Avenue A, Box 607, Kearney, NE 68848. 308/237-3101.

**August 31-September 1.** Rocky Mountain Masters Games, U. of Colorado, Boulder. Nancy Manson, 518 Quentin St., Aurora, CO 80011. 303/341-7992, or Dave Simmons, 1550 Baseline Rd., Boulder, CO 80302. 303/443-4919.

**September 5-7.** South Dakota Senior Olym-

pics, Pierre. 55+. Jaci Casanova, 700 Governor's Dr., Pierre, SD 57501. 605/773-3656.

**September 13-15.** Heart of America Senior Olympics, Kansas City, Mo. Ben Thompson, 10000 Wornall Rd., Ste. 1110, Kansas City, MO 64114. 816/942-0994.

**October 19.** Kansas Big Buys Classic IV, U. of Kansas, Lawrence. Gary England, Rm. 143, Allen Fieldhouse, Lawrence, KS 66045. 913/864-5635.

### WEST

Arizona, California, Hawaii, New Mexico, Utah.

**September 14-October 31.** No. California Senior Olympics, Oakland. 55+. Harold Logwood, 3007 Kings Land Ave., 94619. 415/273-4055.

**September 22.** Sri Chinmoy Masters Meet, UC-Irvine, Calif. 45+. Bigalita Egger, 1921 S. Sherbourne Dr., Los Angeles, CA 90034. 213/855-4143(o).

**October 19.** Club West Masters Meet, Santa Barbara, Calif. Lloyd Albright, 3722 Cordero Dr., Santa Barbara, CA 93105. 805/682-9540.

**October 22-25.** World Senior Games, St. George, Utah. 50+. T&F/Road Races; 5K (10/23), 5K RW (10/24), 10K (10/25). Sylvia Wunderli, 1604 Walker Center, Salt Lake City, UT 84111. 801/583-6231.

### NORTHWEST

Alaska, Idaho, Montana, Oregon, Washington, Wyoming.

**August 1-4.** Wyoming Senior Olympics, Cheyenne. 55+. S. Joey Darrach, Hathaway Bldg., Rm. 139, Cheyenne, WY 82002. 307/777-7986.

**August 9-10.** Montana Masters Meet, Montana St. U. — Bozeman. Mike Carignan, Box 5132, MSU-Bozeman, MT 59717-5132.

**August 16-17.** Montana Senior Olympics, Billings. 50+. Don Tavolacci, 465 Freedom Ave., Billings, MT 59105.

### INTERNATIONAL

**August 2-3.** Soviet Union Veterans Championships, Moscow, Vadim Marsev, 10813 Moscow Center, Proezd Ceroba 4, Moscow, Soviet Union. Fax: 095-939-0877.

**August 3-4.** Veterans meet, Baden, Switzerland (15 miles from Zurich). Jurg Saxer, Nouackerstrasse 10, CH-5400, Ennetbaden, Switzerland. Fax: 1 840 00 25.

**August 24.** Baska Bystrica International Veterans Meet, Baska Bystrica, Czechoslovakia, Eduard Longauer, Orenburska 11,974 00 Bansak Bystrica, Czechoslovakia.

**August 25.** British Veterans Athletic Club Championships, W.R. Lendrum, 11 Silver Close, Harrow Weald Middlesex HA 36JT. **September 21-22.** San Juan International Meet, San Juan, Puerto Rico. PR Masters Association, P.O. Box 31300, 65th Infantry Station, Rio Piedras, PR 00929-0300. 809/763-5172.

**October 8-20.** 3rd Australian Masters Games, Brisbane. Australian Masters Games Hotline: (07) 221-1890.

**November 1-4.** Miyazaki International XII All-Japan Masters Athletic Championships, Miyazaki Prefecture. Miyazaki Prefectural Office, 2-10-1 Tachibanadori-higashi, Miyazaki City, Japan. 0985-26-7033. Fax: 0985-26-7331.

## LONG DISTANCE RUNNING NATIONAL

**September 28-29.** TAC/USA National Masters 24-Hour Championships, Portland, Ore. Phil Edmunds, P.O. Box 591, Wilsonville, OR 97070. 503/682-1315. **October 6.** TAC/USA National Masters Marathon Championships, Minneapolis, Minn. Bruce Mortenson, 15301 Highland Place, Minnetonka, MN 55345.

## ON TAP FOR AUGUST

### TRACK AND FIELD

On the 24th, throwers head for Gonzales, La., the site of the National Masters Weight Pentathlon Championships.

A two-day meet opens on the 3rd in the Buffalo, N.Y., area, with other Eastern activity on the 4th in New Jersey and Maryland.

The Montana Masters Meet in Bozeman, which has grown to a two-day affair, starts on the 9th. The Midwest Masters Meet, also a two-day event, begins on the 10th in Huntington, W. Va.

The Don Harris Memorial is set for the 17th in Philadelphia. Another two-day meet, the Rocky Mountain Games, Boulder, Colo., opens on the 31st.

A large number of senior games (55+) are scheduled every weekend throughout the country. Athletes who attended the IX WAVA World Veterans Championships, which closed on July 28th, can opt for meets in Moscow on the 2nd-3rd, or in Baden, Switzerland on the 3rd-4th. A veterans meet is planned for Czechoslovakia on the 24th.

### LONG DISTANCE RUNNING

The Asbury Park 10K in New Jersey and the Fiesta 5000 in California on the 11th are USRA Masters Circuit races.

The Parkersburg Half-Marathon in West Virginia is scheduled for the 17th, and America's Finest City Half-Marathon, a USRA Masters event, in San Diego is set for the 18th.

The assault on Pikes Peak begins on the 24th with the ascent run and ends on the 25th with the marathon. On the 24th, the Bobby Crim 10 Mile, Flint, Mich., and the Maggie Valley 8K, a USRA Masters race, in North Carolina go off. The National Marathon and Half-Marathon in Santa Monica and Annapolis 10 Mile are booked for the 25th. □

**October 26.** TAC/USA National Masters 10K Cross-Country Championships, Louisville, Ky. Bob Ulrich, P.O. Box 6667, Louisville, KY 40206. 502-459-6820.

**October 26.** TAC/USA National Masters 100K Championships, Duluth, Minn. Bill Wenmark, 18665 Rutledge Rd., Deephaven, MN 55391. 612/593-9014. Fax: 612/593-9809.

**November 2.** TAC/USA National Masters 15K Championships, Tulsa, Okla. Stan Austin, Tulsa Run Inc., 1 William Center, Box 2400, Tulsa, OK 74102. 918/299-3429.

**November 3.** TAC/USA National Masters 5K Cross-Country Championships, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 42220. 614/459-2547.

**November 17.** TAC/USA National Masters 25K Championships, San Diego, Calif.

Continued on page 24



Continued from page 23

Contact TBA. Awarded conditionally pending approval of San Diego-Imperial TAC Association.

**November 30.** TAC/USA National Masters 8K Cross-Country Championships, Franklin Park, Boxton, Mass. Steve Vaitones, New England AC, P.O. Box 1905, Brookline, MA 02146. 617/566-7600, or John McGrath, Boston X-C Committee, P.O. Box 252, Boston, MA 02113. 617/891-4538.

**December 8.** TAC/USA National Masters 8K or 10K Championships, New Orleans, La. Contact TBA.

**EAST**

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

**August 3.** Phelps Sauerkraut 20K, Phelps, N.Y. George Tillson, Wiborn Rd., Shortsville, NY 14548. 716/289-4250.

**August 10.** Asbury Park 10K Classic, Asbury Park, N.J. Phil Benson, USRA Masters Circuit, P.O. Box 2287, Ocean Twp, NJ 07712. 201/531-4156.

**August 12.** Hispanic Half-Marathon, NYC. NYRRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

**August 18.** Falmouth 7.1 Miles, Falmouth, Mass. Masters money. J. Carroll/R. Sherman, P.O. Box 732, Falmouth, MA 02541. 508/540-7000.

**August 25.** Annapolis 10 Mile, Annapolis, Md. Annapolis Striders, Box 6815, Annapolis, MD 21401.

**September 8.** News-Times 10K Connecticut Classic, Danbury. Rick Langley/The News-Times, 333 Main St., Danbury, CT 06810. 203/731-3324; 744-5100.

**September 8.** Roosevelt Island Fall 10K, NYC. NYRRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

**September 14.** Sentara Bay Days 10K, Hampton, Va. Sentara Bay Days 10K, 300 Butler Farm Rd., Hampton, VA 23666. 804/766-2658.

**September 15.** Dutchess County Marathon/Half-Marathon, Wappingers Falls, N.Y. Irwin Miller, Box 157, Lagrangeville, NY 12540. 914/471-0777.

**September 15.** NYRRRC Women's Half-Marathon, Central Park, NYC. NYRRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

**September 15.** Chub Life 5K & 10K. Concord, N.H. SASE to Chubb Life Run, One Granite Place, Concord, NH 03301. Michael Holmes, 603/226-5216; Linda Frawley, 226-5298.

**September 15.** Philadelphia Distance Run Half-Marathon, Philadelphia, Pa. Mark Stewart, 30 S. 17th St., Philadelphia, PA 19103. 215/636-4975. Fax 215/636-4990.

**September 15.** Eriesistible Marathon, Eire, Pa. Pete Ogden, P.O. Box 1906, Erie, PA 16507-0906. 814/899-4974.

**September 21.** Great Cow Harbor 10K, Long Island, N.Y. 516/862-7722.

**September 21.** Haworth Run 10K/5K/5K R.W. Haworth, Bergen County, N.J. SASE to: Haworth Run, c/o Leslie LaFronz 46 Schraalenburgh Rd., Haworth, NJ 07641. 201/384-8184.

**September 22.** Spiegel Associates Ocean To Sound 50-Mile Relay, Long Island, N.Y. \$1000 to first M40+ & W40+ teams. POBRRRC Relay, 62 Sylvia Ln., Plainview, NY 11803. Alan End, 516/735-0981.

**September 22.** Staten Island Half-Marathon, Staten Island, N.Y. NYRRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

**September 22.** Rockland Half-Marathon, Orangeburg, N.Y. USRA Masters Circuit. Shelly Morgan, Box 249, Orangeburg, NY 10962. 914/359-5425.

**September 29.** Freihofer's 5K Run For Women, Syracuse, N.Y. David Oja, 213 Scott Ave., Syracuse, NY 13224. 315/446-6285.

**September 29.** The Great 10K Race, Pittsburgh, Pa. Mike Radley, 459 City Cnty Bldg., Pittsburgh, PA 15219. 412/255-2493.

**October 19.** Mercedes Mile On Fifth Ave., NYC. NYRRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

**SOUTHEAST**

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee.

**August 1.** Miami RC Cross-Country (3 mile) Series, Thompson Park, 7:00 pm. Miami RC, 305/227-1500; 800/540-4RUN.

**August 24.** Full Moon Frolic 8 Miler, DeLand, Fla. Florida Masters Road Race. John DeLand, P.O. Box 1824, DeLand, FL 32721. 904/736-0002.

**August 24.** Maggie Valley Moonlight 8K, Maggie Valley, N.C. USRA Masters Circuit, Gary Lance, 704/452-2876, or Dean Reinke & Associates, 407/647-2918.

**September 2.** Labor Day 5K, Tampa, Fla. Brandon RA, P.O. Box 1564, Brandon, FL 33509-1564. Jack Stanley, 813/684-0385.

**September 21.** Autumn Chase Festival 10K, Bristol, Tenn. Masters money. Dennis Wagner, 112 Sixth St., Bristol, TN 37620. 615/461-4336.

**MIDWEST**

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

**August 3.** 5K Prime Classic, Marion, Ohio, P & G Sports Mgt/Greg Winger, 226 Forest Lawn Blvd., Marion, OH 43302. 614/389-1128.

**August 17.** Parkersburg Half-Marathon, Parkersburg, W. Va., Dorsey Chevront, P.O. Box 178, Parkersburg, WV 26102. 304/424-2786.

**August 24.** Bobby Crim 10 Mile, Flint, Mich. Crim, P.O. Box 981, Flint, MI 48501. 313/235-3396.

**September 2.** Park Forest Scenic 10 Mile, Park Forest, Ill. Masters money. Park Forest Scenic Ten, 200 Forest Blvd., Park Forest, IL 60566. 708/748-2005.

**September 14.** AMC Challenge Cup 5K/10K, Appleton, Wisc. Gloria West, Inc., 316 N. Appleton St., Appleton, WI 54911. 800/452-9526.

**September 21.** AUL Governor's Cup Finale 8K, Indianapolis, Ind. Masters money. Don Carr, 8163 E. Avery Dr., Indianapolis, IN 46268. 317/876-1871.

**MID-AMERICA**

Arkansas, Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, Oklahoma, S. Dakota.

**August 10.** Georgetown to Idaho Springs Half-Marathon, Idaho Springs, Colo. BKB Ltd., 8400 E. Prentice Ave., Ste. 202, Englewood, CO 80111. 303/741-3587.

**August 24-25.** Pikes Peak Ascent/Marathon, Manitou Springs, Colo. "Triple Crown of Running" event. Nancy Hobbs, TCOR, P.O. Box 38235, Colorado Springs, CO 80937. 719/473-2625.

**September 8.** City of Lakes 25K, Minneapolis. Mpls Park & Rec. Board, 310-4th Ave. S, Minneapolis, MN 55415. 612/348-2226.

**September 15.** Minnesota Masters 15K Championships, Edina. M40+, W35+. Jack Moran, 5429 Wooddale Ave., Edina, MN 54424. 612/920-0558.

**September 22.** Alamo Alumni Run, Denver. BKB Ltd., 8400 E. Prentice Ave., Ste. 202, Englewood, CO 80111. 303/741-3587.

**SOUTHWEST**

Louisiana, Mississippi, Texas.

**September 29.** Louisiana Masters 5K/1 Mile, New Orleans. 40+. 1-yr. age groups (40-49); 3-yr. (50-59); 5-yr. (60+). Chuck George, New Orleans TC, Box 52003, New Orleans, LA 70152. 504/482-NOTC.

**WEST**

Arizona, California, Hawaii, Nevada, New Mexico, Utah.

**August.** Legg Lake Runs, So. El Monte, Calif. A. Martinez, 9502 Reichling Ln., Pico Rivera, CA 90660. 213/949-0394.

**August 11.** Fiesta 5000, San Clemente,

Calif. USRA Masters Circuit, Herb Messenger, 714/661-6062, or Dean Reinke & Associates, 407/647-2918.

**August 18.** ARCO/America's Finest City Half-Marathon, San Diego, Calif. USRA Masters Circuit. American Lung Association, Box 3879, San Diego, CA 92163. 619/297-3901.

**August 25.** National Marathon/Half-Marathon, Santa Monica, Calif. Clayt Iske, 2600 Ocean Park Blvd., Santa Monica, CA 90405. 213/458-8311.

**August 29.** Sunset In The Park Cross-Country (2.8 & 4.8 mile), Huntington Beach, Calif. 6:00 pm. Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. Oscar Rosales, director, 714/841-5417.

**September 14.** Say No To Drugs 5K/10K/2.8 mile Fun/Run walk, Huntington Beach, Calif. Oscar Rosales, director, 7846 Connie Dr., Huntington Beach, CA 92648. 714/841-5417.

**October 5.** St. George Marathon, St. George, Utah. Kent E. Perkins, 86 S. Main St., St. George, UT 84770. 801/634-5850.

**NORTHWEST**

Alaska, Idaho, Montana, Oregon, Washington, Wyoming.

**August 24.** Les Bois Half-Marathon/10K/5K/5K Walk, Boise, Idaho, Les Bois Run, Box 4772, Boise, ID 83711. 208/375-6208.

**September 2.** Founders Day 8K Cross-Country, Ashland, Ore. Tom Burnham, 451 Thornton Way, Ashland, OR 97520. 503/482-4467.

**September 8.** The Tunnel Run 8K, Seattle. Nancy Welts Productions, 80 Yesler Way, Ste. 300, Seattle, WA 98104. 206/684-6868.

**September 21.** Prefontaine Memorial 10K, Coos Bay, Ore. Bob Huggins, P.O. Box 1380, Coos Bay, OR 97420. 503/269-1103. Fax 503/269-2381.

**INTERNATIONAL**

**September 29.** Berlin Marathon, Berlin, Germany. Foreign runners: August 10 deadline. Berlin-Marathon, Alt-Moabit 92, D-1000 Berlin 21. Tele: 30/392-11-02; Fax: 30/392-23-82.

**October 11-27.** Adventures: India. Multi-day Trial Race, Trek and Delhi Marathon (25th). Extension and optional tours available. Force 10 Expeditions Ltd., P.O. Box 30506, Flagstaff, AZ 86003 USA. 1-800-922-1491.

**RACE WALKING**

**August 18.** Miami RC Racewalk Series (3 miles), Tropical Park Stadium, Miami. 7:30 pm. Miami RC, 305/227-1500; 800/940-4RUN.

**August 31.** River Striders 8K RW, Clinton, Iowa. Nancy Anderson, 1223 S. 7th St., Clinton, IA 52732. 319/242-0607.

**September 1.** North American Masters 15K RW, open 15K, and 5K races, Albuquerque, N.M. Gene Dix, 2301 El Nido Ct., NW, Albuquerque, NM 87104. 505/242-3713.

**September 15.** TAC/USA National Masters 40K Championships, Lincroft, N.J. Elliott Denman, 28 N. Locust Ave., West Long Branch, NJ 07754. 201/222-9213.

**September 21.** North Carolina Association/TAC 5K Road Championships, Raleigh, N.C. Woody Hayes, P.O. Box 590, Raleigh, NC 27602.

**September 28-29.** Casimiro Alongi Invitational Racewalk, Dearborn, Mich. Frank Alongi, 26530 Woodshire, Dearborn Heights, MI 48127. 313/277-6060.

**October 6.** North American Masters 20K Championships and 20K/5K Open. Midland, TX. Norm Fable, P.O. Box 8248, Midland, TX 79708. 915/694-2134.

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# RECIPIENTS OF CERTIFICATES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

<b>M30-34</b> James Fazio James Wolter	Decathlon Pole Vault	5685 pts. 14-6	4/27/91 6-17-91	<b>M60-64</b> Pete Augsburger Alan Cohen	Shot Put Pentathlon	39-9½ 2710 pts.	4-27-91 6-8-91	<b>W50-54</b> Eleanor Wallace	5K	23:13.2	4-28-91
<b>M40-44</b> Mac Azuogu Gene Hoffman Ben Brockwell	200 110H 5000	22.98 17.3 16:05.84	8-1-89 6-16-91 5-11-91	<b>M70-74</b> G. Rajcevic	High Jump	4-½	2-24-91	<b>W55-59</b> Judy Fetherston	Hammer 20# Wt. Shot Put Discus 300H	24.85 7.44 8.16 20.46 59.82 57.18	6-8-91 6-8-91 4-20-91 4-20-91 5-5-91 5-25-91
<b>M45-49</b> George Cliette Robert Harvey	Pentathlon Shot Put	2630 pts. 12.79	5-3-91 9-29-91	<b>M75-79</b> Charles Roloff	Javelin High Jump Discus High Jump	87-8 3-8 86-7 3-10½	2-26-91 2-26-91 2-26-91 6-1-91	<b>W65-69</b> Miriam Gordon Renee Roloff	5K Javelin Discus	32:27 59-9 52-5	3-23-91 2-16-91 2-16-91
<b>M50-54</b> Bob Brewer Richard Righter Rodger Young	1 Mile RW Javelin Long Jump	7:41.76 147-11 16-10	5-29-91 8-6-82 6-7-91	<b>M80-84</b> John Baker	Hammer	73-4	5-28-88	<b>W40-44</b> Lorraine Tucker Kathy Jo Lovell	Javelin 15K RW	106-8 1:28:34	2-23-91 2-24-91
<b>M55-59</b> Jerry Sullivan Douglas Alberts	High Jump 110H	5-0 17.7	10-28-90 6-22-91	<b>W45-49</b> Vanessa Hilliard	Shot Put 20# Wt.	32-11 3/4 38-5 3/4	3-24-91 3-24-91				



## U.S. MASTERS ALL AMERICAN STANDARDS OF EXCELLENCE FOR MASTERS RACE WALKERS

Event	MEN												
	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
Mile	7:12	7:24	7:36	7:49	8:04	8:21	8:41	9:18	9:42	10:30	11:48	12:36	14:03
3000	13:59	14:23	14:46	15:12	15:36	16:12	16:54	18:00	19:00	20:30	23:00	24:36	27:18
5Mile	15:04	15:30	15:54	16:24	16:54	17:30	18:12	19:24	20:27	22:06	24:48	26:30	29:24
5000	23:36	24:13	24:48	25:33	26:24	27:18	28:24	30:24	31:54	34:33	38:42	41:24	45:54
10K	48:08	49:10	50:27	51:54	53:33	55:26	59:06	63:21	66:30	70:09	78:36	84:06	93:18
15K	1:12	1:14	1:16	1:19	1:23	1:27	1:31	1:35	1:40	1:47	1:58	2:10	2:22
20K	1:38	1:40	1:43	1:47	1:52	1:57	2:02	2:09	2:17	2:27	2:40	2:55	3:10

A minimum of two judges must be present and the competition must be limited to race walkers (i.e. no runners).

## U.S. MASTERS STANDARDS OF EXCELLENCE FOR WOMEN

Event	WOMEN												
	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
100	13.8	14.2	14.6	15.0	15.6	16.2	16.9	17.8	18.8	20.0	21.2		
200	28.0	29.2	30.3	31.4	32.5	34.0	35.7	37.5	40.0	43.5	47.0		
400	63.5	65.5	67.5	69.5	71.5	73.5	78.5	83.7	90.0	96.5	103.3		
800	2:32	2:35	2:40	2:46	2:54	3:05	3:19	3:36	3:56	4:09	4:35		
1500	5:10	5:19	5:29	5:40	5:58	6:20	6:48	7:23	8:04	8:52	9:48		
Mile	5:34	5:44	5:55	6:07	6:26	6:49	7:19	7:46	8:47	9:39	10:45		
5000	19:45	20:30	21:20	22:16	23:12	24:16	26:08	28:08	30:08	32:21	34:26		
10000	41:00	42:40	44:40	47:00	49:30	52:00	56:00	60:00	66:00	76:00	86:00		
100H	17.2	18.2											
80H			15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0		
400H	75.5	79.9	84.4	88.8									
300H					66.0	72.0	79.0	87.0	96.0				
HJ	1.42	1.35	1.27	1.19	1.12	1.07	1.02	.97	.92	.89	.84		
	4-8	4-5½	4-2	3-11	3-8	3-6½	3-4½	3-2½	3-0½	2-11	2-9		
LJ	5.00	4.60	4.25	3.90	3.55	3.20	2.85	2.60	2.35	2.10	2.00		
	16-5	15-1	13-11½	12-9½	11-8	10-6	9-4½	8-6½	7-8½	6-11	6-7		
TJ	10.00	9.20	8.60	7.80	7.18	6.40	5.70	5.20	4.70	4.20	3.80		
	32-10	30-2½	28-2½	25-7½	23-7	21-0	18-8½	17-1	15-5	13-9½	12-5½		
Shot	10.30	9.30	8.40	7.70	7.95	7.20	6.50	5.80	5.25	4.70	4.25		
	33-9½	30-6½	27-7	25-3½	26-1	23-7½	21-4	19-0½	17-3	15-5	13-11½		
Jav	39.50	33.50	27.50	21.50	25.00	19.00	18.00	16.00	15.00	14.00	13.50		
	129-7	109-11	93-6	70-6½	82-0	62-4	59-1	52-6	49-2	45-11	44-4		
Discus	30.0	27.8	26.0	24.0	22.0	20.0	18.0	16.0	15.0	14.0	13.5		
	98-5	91-2	85-4	78-9	72-2	65-8	59-1	52-6	49-2	45-11	44-4		
Hammer	35.0	32.5	30.0	25.0	23.0	22.0	20.0	18.0	14.0	12.0	9.0		
	131-3	114-10	98-5	82-0	75-6	72-2	65-8	59-1	45-11	39-5	29-7		
20#Wt.	10.00	9.00	8.00	7.00	6.00	5.00	4.00	3.50	3.25	3.00	2.75		

notes: 1) 100 standards are for automatic time; use standard conversion for hand time.  
 2) Short hurdles: 30-39: 33"; 40+: 30"  
 3) Shot put: 30-49: 4k; 50+: 3k.  
 4) Javelin: 30-49: 600gm; 50+: 400gm.  
 5) Hammer: 30-49: 4k; 40+: 3k.  
 6) Metric heights and distances are the standard; feet and inches listed for convenience.

## U.S. MASTERS STANDARDS OF EXCELLENCE FOR MEN

Event	FOR MEN												
	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
100	11.0	11.33	11.67	12.0	12.5	13.0	13.5	14.0	15.0	16.5	18.0	20.0	
200	22.4	23.3	24.2	25.1	26.0	27.2	28.5	29.8	32.4	35.8	39.8	44.0	
400	51.0	52.5	54.0	56.0	58.5	61.5	65.0	70.0	76.5	84.5	94.0	105.0	
800	2:01	2:04	2:08	2:13	2:19	2:27	2:37	2:49	3:06	3:27	3:54	4:24	
1500	4:11	4:15	4:22	4:32	4:45	5:02	5:24	5:47	6:22	7:03	7:59	9:15	
Mile	4:31	4:35	4:42	4:53	5:07	5:25	5:49	6:14	6:51	7:38	8:42	10:15	
5000	15:30	15:42	16:06	16:44	17:30	18:24	19:36	21:08	23:30	26:00	29:07	33:30	
10000	32:11	32:35	33:30	34:45	36:15	38:10	40:30	44:15	48:30	54:30	61:15	68:30	
110H	15.3	16.4	17.75	18.75									
100H					18.0	19.0	20.0	21.3					
80H									18.0	21.0	25.0	30.0	
400H	57.6	59.7	62.0	64.4	67.2	70.6			66.5	74.5	84.0	95.0	
300H					48.0	51.0	55.0	60.0	66.5	74.5	84.0	95.0	
3K-SC	10:00	10:20	10:55	11:40	12:30	13:20			9:30	10:30	12:00	14:00	16:30
2K-SC													19:30
HJ	1.94	1.85	1.76	1.68	1.59	1.50	1.41	1.32	1.23	1.13	1.02	.92	
	6-4½	6-3/4	5-9½	5-6	5-2½	4-11	4-7½	4-4	4-½	3-8	3-4	3-1	
PV	4.40	4.15	3.90	3.60	3.30	3.05	2.80	2.55	2.30	2.05	1.80	1.50	
	14-5½	13-7½	12-9½	11-9½	10-10	10-0	9-2½	8-4½	7-6½	6-8½	5-11	4-11	
LJ	6.55	6.20	5.85	5.45	5.10	4.75	4.40	4.00	3.65	3.35	3.00	2.65	
	21-6	20-4½	19-2½	17-10½	16-9	15-7	14-5½	13-1½	11-11½	11-0	9-10	8-8½	
TJ	13.35	12.65	11.90	11.15	10.40	9.65	8.90	8.20	7.50	6.80	6.10	5.50	
	43-9½	41-6	39-½	36-7	34-1½	31-8	29-2½	26-11	24-7½	22-4	20-½	18-½	
Shot	15.20	14.10	13.00	12.00	12.40	11.20	12.00	10.80	10.00	8.80	7.65	6.50	
	49-10½	46-3½	42-8	39-4½	40-8½	36-9	39-4½	35-5½	33-0	28-10½	25-1½	21-4	
Discus	44.80	42.60	40.60	38.00	40.00	36.40	40.00	36.80	31.60	26.40	21.40	16.20	
	147-0	139-9	133-2	124-8	131-3	119-5	131-3	120-9	103-8	86-7	70-2½	53-2	
Hammer	47.24	44.20	41.14	38.10	38.40	36.00	36.00	33.00	29.00	25.00	22.50	18.00	
	155-0	145-0	135-0	125-0	126-0	118-1	118-1	108-3	95-2	82-0	73-10	60-0	
Jav	62.00	57.00	52.00	48.00	43.00	38.50	40.00	35.00	29.00	24.00	19.00	15.00	
	203-5	187-0	170-7	157-6	141-1	126-4	131-3	114-10	95-2	78-9	62-4	49-2	
35#Wt.	15.00	14.00	13.00	12.00	10.00	9.00			11.00	10.00	9.00	8.00	7.00
25#Wt.									4.50	4.00	3.50	3.00	2.50
56#Wt.	9.50	9.00	8.50	8.00	6.00	5.00							
Pen	2800	2600	2600	2600	2600	2600	2600	2600	2600	2600	2600	2600	2600
Dec	5500	5250	5250	5250	5250	5250	5250	5250	5250	5250	5250	5250	5250

notes: 1) 100 standards are for automatic time; use standard conversion for hand time.  
 2) Short hurdles: 30-49: 39"; 50-59: 36"; 60-69: 33"; 70+: 30"  
 3) Long hurdles: 30-49: 36"; 50-59: 33"; 60+: 30"  
 4) Shot put: 30-49: 7.26k (16#); 50-59: 6k; 60-69: 5k; 70+: 4k.  
 5) Discus throw: 30-49: 2kg; 50-59: 1.5kg; 60+: 1.0kg.  
 6) Hammer: 30-49: 7.26k (16#); 50-59: 6k; 60-69: 5k; 70+: 4k.  
 7) Javelin: 30-59: 800g; 60+: 600g.  
 8) Metric heights and distances are the standard; feet and inches listed for convenience.  
 9) Pen/Dec: 30-39 IAAF pts.; 40+ WAVA factoring (new WAVA).

## APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH

NAME \_\_\_\_\_ AGE-GROUP \_\_\_\_\_

ADDRESS \_\_\_\_\_ SEX: M \_\_\_\_\_ F \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

MEET \_\_\_\_\_ DATE OF MEET \_\_\_\_\_

MEET SITE \_\_\_\_\_

EVENT: \_\_\_\_\_ MARK: \_\_\_\_\_

HURDLE HEIGHT \_\_\_\_\_ WEIGHT OF IMPLEMENT \_\_\_\_\_

CERTIFICATE       PATCH       PATCH TAG

If you have bettered the standard of excellence, please send \$10 for a certificate, \$10 for patch, or \$15 for both a certificate and a patch. (A patch tag, showing event and year, is an extra \$5 each.) Send to: All-American, National Masters News, P.O. Box 2372, Van Nuys, CA 91404. (Enclose copy of results, or note in which issue they appeared.) A 3-color, 8" by 10" certificate — suitable for framing — and/or a 3-color, 3" x 4" patch will be mailed to you within two weeks. (Allow six weeks for patches with tags.)



# TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

## NATIONAL

TAC/USA National Masters Championships  
Naperville, IL; July 4-7

100m	
M30-34	
Heat 1	
1 J Smith	11.28
2 Terry Neely	11.41
3 Remo Biagioni	11.48
4 Willie Taylor	11.78
5 Jay Mathis	11.80
6 Rodney Wilson	12.22
7 James Cooksey	12.34
Heat 2	
1 Chas Johnson	11.49
2 Kenneth Few	11.50
3 Cris Gibson	11.59
4 Henry Landry	11.64
5 Kevin McCarragher	12.11
Heat 3	
1 Mike McDowell	11.22
2 Artego Jaunges	11.25
3 James Perry Jr	11.29
4 Kelvin Murray	11.51
5 Peter Green	11.65
6 Jim Eschrich	12.42
7 Lawrence Finley	12.52
Final	
1 James Perry Jr	11.11
2 Artego Jaunges	11.19
3 Mike McDowell	11.21
4 J Smith	11.23
5 Terry Neely	11.32
6 Remo Biagioni	11.45
7 Chas Johnson	11.48
8 Kenneth Few	11.51
M35-39	
Heat 1	
1 T J Lester	12.06
2 John Brooks	12.14
3 Calvin Saulsberry	12.21
4 Darryl Diamond	12.24
5 William Cheadle	12.63
6 Dan Connors	12.79
7 Leon Aiena Jr	13.27
8 Eddie Mose	14.45
Heat 2	
1 Tom Thompson	11.49
2 Alfred Wright	11.61
3 Haywood Robinson	11.69
4 Tom Revolinski	11.95
5 Fred Murrell III	12.04
6 John Adams	12.15
7 Steve Fitch	13.16
Heat 3	
1 James Bonilla	11.50
2 Randy Kruse	11.82
3 Robert Bowen	11.90
4 Morris Blueford	11.95
5 Thomas Boatwright	12.09
Final	
1 Tom Thompson	11.32
2 James Bonilla	11.33
3 Alfred Wright	11.57
4 Haywood Robinson	11.65
5 Randy Kruse	11.75
6 Robert Bowen	11.84
7 T J Lester	11.85
8 Morris Blueford	16.38
M40-44	
Heat 1	
1 Danny Thiel	12.04
2 Conrad Burge	12.11
3 John Battaglia	12.15
Heat 2	
1 Robert Mitchell	11.97
2 Robert Zimmerman	12.44
3 Mike Riche	12.57
4 Armond LaFramboise	12.71
Heat 3	
1 Bill Collins	11.14
2 Eugene Driver	12.21
3 Shaunte Stills	12.38
4 Michael Augeri	12.57
5 Herb Stein	12.63
6 John Stiehl	12.93
Final	
1 Bill Collins	10.88
2 R Mitchell	11.48
3 Danny Thiel	11.65
4 Eugene Driver	11.68
5 J Battaglia	12.07
6 R Zimmerman	12.22
7 Shaunte Stills	12.28
8 Conrad Burge	12.49
M45-49	
Heat 1	
1 Robb Bong	11.87
2 Tyrone Carlis	12.30
3 P Montgomery	12.70
4 Rich Roberts	14.36

Heat 2	
1 Joe Johnson	11.53
2 John Hartfield	11.68
3 Stan Whitley	11.88
4 Sam Hall	12.49
5 Glennie Johnson Jr	12.76
Heat 3	
1 Clarence Ray	12.03
2 Ray Starnes	12.16
3 Roger Assink	12.24
4 Hans Gordon	12.65
5 Jack Karbens	14.04
Final	
1 Joe Johnson	11.31
2 Clarence Ray	11.49
3 Stan Whitley	11.51
4 Robb Bong	11.75
5 Roger Assink	11.89
6 Ray Starnes	12.01
7 Tyrone Carlis	12.10
M50-54	
Heat 1	
1 Alby Williams	12.19
2 Lee Carl Smith	12.29
3 Roy Turner	12.60
4 Emil Pawlik	12.79
5 Gary Oliphant	12.88
Heat 2	
1 Walt Butler	12.15
2 Scott Tyler	12.23
3 Harry Tolliver	12.46
4 Fred Niedermeyer	12.61
5 John Head	13.77
6 Lee Appleby	13.81
Final	
1 Walt Butler	11.91
2 Alby Williams	12.00
3 Lee Carl Smith	12.22
4 Scott Tyler	12.30
5 Harry Tolliver	12.47
6 Roy Turner	12.51
7 Fred Niedermeyer	12.52
8 Emil Pawlik	12.87
M55-59	
1 Hugo Hartenstein	12.02
2 Jim Mathis	12.58
3 Pierre Dobrovolsky	12.64
4 Marion Sanchez	13.14
5 Ray Graves	13.15
6 Harold Hitt	13.22
7 Joe Hemler	13.81
M60-64	
1 John Poppell	12.71
2 Bert Cannsten	12.85
3 Ross Mitchell	13.34
4 Warren Doshier	13.41
5 E E Redditt	13.49
6 Bernie Stevens	13.85
6 Frank Kishi	14.03
7 Richard Greive	14.17
M65-69	
1 Robert Watanabe	13.04
2 Jim Law	13.09
3 Mel Larsen	13.24
4 Tim Murphy	13.79
5 Joe Bergthold	13.81
M70-74	
1 Payton Jordan	13.71
2 Ed Matthews	14.20
3 Walter Dahlin	14.67
4 James Upham	14.83
5 Tom Kennell	14.91
6 Jay Sponseller	15.21
7 Chas Mercurio	15.45
M75-79	
1 Milt Williams	16.30
2 Mel Flachs	16.71
3 Milo Lightfoot	22.87
M80-84	
1 Virgil McIntyre	21.67
2 Stan Thompson	23.73
W30-34	
1 Margaret Perrott	12.52
1 Danis Willet	13.08
2 Pamela King	13.17
3 Kris Wright	14.11
4 Lauren Zahn	14.77
5 Teri Woodruff	14.86
6 Pat Finley	15.02
W35-39	
1 Marcia Hulse	13.12
2 Judy Ace	14.73
3 Judith Raub	15.87
W40-44	
1 Phil Raschker	13.16
2 Lorraine Tucker	13.75
3 Jennifer Pinto	13.95
4 Pam Duncan	14.65
5 Catherine Robert	14.69
W45-49	
1 Marilyn Mitchell	13.88
2 Mary Luker	14.75
3 Jan Catt	15.46
4 Cathy Primmer	15.97
5 Patrice Thomas	17.06

W50-54	
1 Joy MacDonald	14.75
2 Marion Coffee	15.96
3 Sarah Babbitt	16.09
W55-59	
1 Marilyn Fitzgerald	14.64
2 Lucy Anne Brobst	16.04
3 Fei-Mei Chou	17.66
4 Geraldine Young	21.53
W60-64	
1 Betty Vosburgh	15.39
2 Leonore McDaniels	16.98
3 Mildred Bobowski	17.83
4 Sumiye Leonard	18.03
W65-69	
1 Pat Peterson	16.78
2 Josephine Sullivan	18.39
W70-74	
1 Florence Berry	18.74
2 Carol Peebles	20.10
W75-79	
1 Pearl Mehl	23.17
Age-Graded 100	
Men	
1 Payton Jordan	74 10:23
2 Bill Collins	40 10:27
3 Hugo Hartenstein	56 10:47
4 Joe Johnson	46 10:70
5 James Perry	34 11:27
6 Bob Watanabe	65 11:93
Women	
1 Phil Raschker	44 10.89
2 Marcia Hulse	32 11.20
3 Marilyn Mitchell	48 11.34
4 Betty Vosburgh	60 11.52
5 Pat Peterson	65 12.24
6 Florence Berry	70 13.39
200m	
M30-34	
Heat 1	
1 Herman Barrett	22.34
2 Remo Biagioni	22.90
3 Willie Taylor	22.92
4 James Cooksey	25.18
Heat 2	
1 J Smith	22.04
2 Peter Green	22.78
3 L Finley	24.10
4 Jim Eschrich	24.88
Heat 3	
1 Ben James	22.17
2 Peter Grimes	22.21
3 Kelvin Murray	22.51
4 Ken Few	22.88
5 Henry Landry	23.41
6 K McCarragher	23.74
Heat 4	
1 Mike McDowell	22.17
2 James Perry Jr	22.72
3 Terry Neely	22.81
4 Chas Johnson	23.14
5 S Weatherspoon III	24.20
Final	
1 Ben James	21.88
2 Mike McDowell	22.16
3 J Smith	22.25
4 Herman Barrett	22.28
5 Peter Grimes	22.35
6 K Murray	22.69
7 Peter Green	23.04
8 J Perry Jr	28.59
M35-39	
Heat 1	
1 James Bonilla	22.99
2 Alfred Wright	23.26
3 T J Lester	23.98
4 Darryl Diamond	24.19
5 Fred Murrell III	24.54
6 Dan Connors	24.75
7 Leon Aiena Jr	25.90
Heat 2	
1 Milton Qualls	23.00
2 Calvin Saulsberry	23.53
3 Morris Blueford	23.69
4 Don Goodwin Jr	23.71
5 E Mose	26.69
Heat 3	
1 Tom Revolinski	23.54
2 Haywood Robinson	23.74
3 John Adams	23.87
4 Tom Boatwright	23.93
5 W Cheadle	23.96
Final	
1 James Bonilla	22.76
2 Milton Qualls	22.91
3 Tom Revolinski	23.19
4 H Robinson	23.50
5 C Saulsberry	23.54
6 Alfred Wright	23.77
7 Morris Blueford	24.20

M40-44	
Heat 1	
1 Ed Stewart	25.49
2 R Burrus	25.50
3 Mike Augeri	26.31
Heat 2	
1 Danny Thiel	23.70
2 R Zimmerman	23.77
3 Alan Russell	24.04
4 Mike Rich	24.74
Heat 3	
1 Robert Mitchell	23.20
2 Herman Castille Jr	23.65
3 Leon Harden	24.84
Heat 4	
1 Bill Collins	22.00
2 Fred Collins	23.69
3 Ray Yeck	25.45
4 John Stiehl	26.33
Final	
1 Bill Collins	WR21.38
2 Robert Mitchell	22.79
3 Danny Thiel	23.32
4 Fred Collins	23.37
5 H Castille Jr	23.39
6 Alan Russell	24.33
7 Ed Stewart	24.49
M45-49	
Heat 1	
1 Tyrone Carlis	23.86
2 Ceasar Austin	24.11
3 Clarence Ray	25.31
4 P Montgomery	25.44
5 J C Shenk	26.51
Heat 2	
1 Robb Bong	23.99
2 Joe Johnson	24.00
3 Sam Hall	24.59
4 Glennie Johnson Jr	24.75
5 Jack Karbens	27.31
Heat 3	
1 Tom Bassett	23.68
2 Roger Assink	23.81
3 John Aldridge	27.43
4 Rich Roberts	CAN 28.77
Final	
1 Joe Johnson	AR22.81
2 Tom Bassett	22.92
3 Roger Assink	23.44
4 Tyrone Carlis	23.94
5 Austin Ceasar	24.46
6 Robb Bong	24.52
7 Sam Hall	24.56
8 G Johnson Jr	26.24
M50-54	
Heat 1	
1 Alby Williams	24.88
2 Walt Butler	25.68
3 J Streeby	27.56
Heat 2	
1 Bob O'Brien	26.62
2 Chas Townsend	29.01
Heat 3	
1 Roy Turner	24.62
2 Lee Smith	24.96
3 Harry Tolliver	25.22
4 F Niedermeyer	25.94
5 Emil Pawlik	26.19
Final	
1 Alby Williams	24.10
2 Walt Butler	24.23
3 Lee Smith	24.34
4 Roy Turner	24.56
5 H Tolliver	24.85
6 F Niedermeyer	25.02
7 Emil Pawlik	26.03
8 B O'Brien	26.65
M55-59	
1 Hugo Hartenstein	24.16
2 Jim Mathis	24.79
3 Paul Johnson	25.31
4 Robert Cozens	25.47
5 Marion Sanchez	25.48
6 Myron Burr	25.70
7 Joe Hemler	26.09
8 Harold Hitt	26.17
M60-64	
Heat 1	
1 E E Redditt	27.52
2 Richard Greive	29.18
3 Frank Kishi	29.21
Heat 2	
1 Ross Mitchell	CAN 27.86
2 Bill Smallwood	28.10
3 Louis Schneider	31.67
Heat 3	
1 John Poppell	26.46
2 Warren Doshier	27.79
3 Bernie Stevens	28.22
Final	
1 John Poppell	26.28
2 E E Redditt	27.11
3 Warren Doshier	27.25
4 Ross Mitchell	CAN 27.96
5 B Smallwood	28.00
6 Bernie Stevens	28.61
7 Rich Greive	28.98
M65-69	
1 Jack Greenwood	AR25.87
2 Jim Law	25.90
3 Robert Watanabe	25.91
4 Mel Larsen	26.92
5 Tim Murphy	27.53
6 Joe Bergthold	27.60

M70-74	
Heat 1	
1 Ed Matthews	28.61
Payton Jordan	28.61
3 James Upham	29.84
4 Walt Dahlin	30.29
5 Bob Hunt	34.41
M75-79	
1 Milt Williams	33.24
2 Mel Flachs	33.95
M80-84	
1 Virgil McIntyre	45.84
2 Stan Thompson	55.30
W30-34	
1 Margaret Perrott	AUS 25.82
1 Danis Willet	26.04
2 Pam King	27.61
3 Carol Asam	29.09
4 Kris Wright	29.75
5 Pat Finley	30.64
6 Lauren Zahn	30.84
W35-39	
1 Marcia Hulse	26.73
2 Judy Ace	30.15
W40-44	
1 Phil Raschker	26.01
2 Avril Douglas	CAN 27.32
2 Jennifer Pinto	28.11
3 Lorraine Tucker	28.33
4 Martie Behrens	28.89
5 Pam Duncan	CAN 28.96
5 Debbie Stiles	29.21
6 Kathy Holmstrom	30.43
W45-49	
1 Marilyn Mitchell	27.92
2 Mary Luker	29.91
3 Jan Catt	30.92
4 Cathy Primmer	32.25
5 Penny Danielson	34.07
W50-54	
1 Joy MacDonald	29.77
2 Becky Sisley	31.73
3 Sarah Babbitt	32.52
4 Marion Coffee	34.73
W55-59	
1 Marilyn Fitzgerald	30.54
2 Lucy Ann Brobst	33.08
3 Kathy McIntyre	34.10
4 Wava Mosbrucker	34.66
5 Fei-Mei Chou	35.73
W60-64	
1 Betty Vosburgh	AR31.19
2 Leonore McDaniels	34.63
W65-69	
1 Pat Peterson	34.63
2 Jos Sullivan	38.72
W70-74	
1 Florence Berry	40.80
2 Carol Peebles	40.91
W75-79	
1 Pearl Mehl	48.40
400m	
M30-34	
Heat 1	
1 Peter Grimes	49.80
2 Herman Barrett	50.06
3 Cris Gibson	50.31
4 J Smith	50.83
5 Jay Mathis	53.24
6 Rodney Wilson	56.35
7 Jon Berit	63.80
Heat 2	
1 Mike McDowell	49.20
2 Ben James	49.53
3 Kelvin Murray	50.37
4 Clarence Jefferson	51.91
5 Willie Taylor	53.54
6 Larry Finley	54.15
7 Jim Eschrich	54.61
Final	
1 Herman Barrett	48.60
2 Peter Grimes	48.87
3 Mike McDowell	48.89
4 Ben James	49.06
5 Cris Gibson	50.10
6 J Smith	50.47
7 Kelvin Murray	50.84
8 C Jefferson	52.44
M35-39	
Heat 1	
1 Tom Thompson	53.04
2 John Adams	53.63
3 Don Goodwin Jr	53.72
4 Dan Connors	55.06
5 Robert Bowen	56.33
6 Eddie Mose	57.56
Heat 2	
1 Milt Qualls	51.26
2 Chris Downs	52.08
3 Cal Saulsberry	52.50
4 Wm Cheadle	52.70
5 Lonnie Hammond	53.86
6 Dan Rinald	54.41
7 John Brooks	56.75
Final	
1 Milt Qualls	



Continued from previous page

Heat 2  
 1 Jennifer Pinto 66.95  
 2 Cathy Roberts CAN 67.03  
 3 Debbie Stiles 67.71  
 4 Phil Raschker 68.28  
 5 Kathy Holmstrom 69.64  
 Final  
 1 Phil Raschker 59.82  
 - Avril Douglas CAN 60.85  
 2 Jennifer Pinto 64.39  
 3 Debbie Stiles 65.30  
 4 C Roberts CAN 65.77  
 5 Martie Behrens 65.88  
 6 Sylvie Kimche 67.75  
 7 Pam Duncan CAN 68.09

W45-49  
 1 Pamela Calvert 66.64  
 2 Jan Catt 70.89  
 3 Cathy Primmer 72.30  
 W50-54  
 1 Jane Arnold 68.09  
 2 Sarah Babbitt 73.93  
 3 Joyce Hodges 82.60  
 W55-59  
 1 Marilyn Fitzgerald 70.78  
 2 Wava Mosbrucker 76.17  
 3 Lucy Anne Brobst 76.35  
 W60-64  
 1 Betty Vosburgh AR71.17  
 2 Sumiye Leonard 88.19  
 W65-69  
 1 Pat Peterson 87.75  
 2 Mary Norckauer 1:48.59  
 W70-74  
 1 Carol Peebles 97.99  
 W75-79  
 1 Pearl Mehl 1:51.39

800m  
 M30-34  
 1 Jeangelan Ruleau 1:58.75  
 2 Mark Carver 1:59.83  
 3 Gary Perry 2:00.66  
 4 John Stevens Jr 2:01.73  
 5 Steve Bell 2:03.68  
 6 Fred Hervert 2:05.68  
 7 Bruce Buscher 2:13.46  
 8 Jon Berit 2:18.45  
 M35-39  
 1 Robert Walker 1:57.59  
 2 Barry Daniel 1:57.70  
 3 Rick Easley 1:58.43  
 4 Dan Rinald 2:03.48  
 5 Mark Furkis 2:03.59  
 6 Norm Dodson 2:05.15  
 7 Fred Kitzrow 2:05.41  
 8 James Reppert 2:08.50  
 M40-44  
 Heat 1  
 1 Larry Almborg 2:04.51  
 2 Geoffrey PeelENG 2:05.76  
 3 Shawn Regan 2:07.89  
 4 Gary York 2:07.99  
 5 Mike McCracken 2:08.68  
 6 Norm Thomas 2:12.57  
 7 Joe Burleson 2:13.77  
 8 Pat McCaskey 2:22.91  
 Heat 2  
 1 Byron Dyce 2:05.49  
 2 Rich Schornstein 2:06.72  
 3 Rex Hall 2:06.89  
 4 D Lichtenberger 2:06.99  
 5 Jerry Feldhausen 2:08.39  
 6 Wendell Dawson 2:16.05  
 Final  
 1 Larry Almborg 1:56.57  
 - G Peel ENG 2:02.25  
 2 Rex Hall 2:02.79  
 3 Gary York 2:04.11  
 4 Jerry Feldhausen 2:06.32  
 5 D Lichtenberger 2:06.67  
 6 M McCracken 2:07.45  
 7 Shawn Regan 2:10.21  
 8 Joe Burleson 2:14.44

M45-49  
 1 Stan Mathes 2:03.55  
 2 Lou Scott 2:04.80  
 3 Dennis Tracy 2:06.18  
 4 Jim Rice 2:07.82  
 5 Tom Sullivan 2:14.38  
 6 Wm Waterman 2:14.76  
 7 J C Shenk 2:16.70  
 8 Jim Verdier 2:22.52  
 - Rich Roberts CAN 2:36.20  
 M50-54  
 1 Don McMillan 2:06.94  
 2 Harry Tolliver 2:07.30  
 3 Maurice McDonald 2:07.56  
 - Alan Pollock AUS 2:08.65  
 4 Tom Laris 2:11.10  
 5 James Hoffman 2:18.14  
 6 H Weisser 2:20.24  
 7 Mel Sacks 2:21.86  
 8 Ted Breault 2:31.92  
 M55-59  
 1 John Conner 2:11.98  
 2 Pete Richardson 2:15.52  
 3 James Aneshansley 2:16.88  
 4 Ken Ogden 2:24.98  
 5 H Cisneros 2:27.45  
 6 Clinton Leon 2:45.85  
 M60-64  
 1 Earl Fee CAN 2:16.24  
 1 Gordon Seifert 2:20.56

M65-69  
 1 Bill Fitzgerald 2:32.07  
 2 Archie Messenger 2:32.52  
 3 Len Tritsch 2:36.88  
 4 John McManue 2:38.02  
 5 Avery Bryant 2:44.36  
 6 Bob Hennig 2:46.43  
 7 E MacDonald 3:03.70  
 M70-74  
 1 Jay Sponseller 2:41.24  
 2 H Strassenburg 2:48.65  
 3 Boo Morcom 2:55.99  
 M75-79  
 1 Dudley Healy 3:55.72  
 M80-84  
 1 Charles Espy 5:20.37  
 2 Stan Thompson 6:05.12  
 W30-34  
 1 Linda Gill 2:19.54  
 2 Carla Hervert 2:22.60  
 3 S K Robertson 2:32.08  
 4 Karen Corso 2:39.32  
 W35-39  
 - J Takahashi CAN 2:16.98  
 1 Debbie Anderson 2:27.43  
 2 Maureen McLeod 2:37.90  
 3 Leah Rewolinski 2:50.54  
 4 Deborah Ellis 3:10.51  
 W40-44  
 - Avril DouglasCAN 2:25.04  
 1 Sylvie Kimche 2:26.73  
 - Linda FindleyCAN 2:28.18  
 2 Debbie Stiles 2:31.70  
 - Cathy RobertsCAN 2:42.69  
 W45-49 no entries  
 W50-54  
 1 Yvette Lavigne 2:35.98  
 2 Jane Arnold 2:36.90  
 3 Joyce Hodges 3:02.80  
 W55-59  
 1 Wava Mosbrucker 2:54.47  
 2 Kathy McIntyre 2:55.30  
 3 Liz Szawlowski 3:04.96  
 W60-64  
 1 Betty Vosburgh AR2:57.55  
 2 Janet Sweet 3:31.30  
 3 Sumiye Leonard 3:34.29  
 W65-69  
 1 Mary Norckauer 3:58.00  
 W70-74  
 1 Carol Peebles 4:03.88  
 W75-79  
 1 Pearl Mehl 4:21.31  
 1500m  
 M30-34  
 1 Jeangelan Ruleau 4:11.73  
 2 Dick Kennedy 4:19.64  
 3 Paul Anderson 4:29.26  
 4 Bruce Buscher 4:33.66  
 5 Fred Hervert 4:35.74  
 6 M Straubel 4:42.55  
 7 Jonathan Simon 4:57.71  
 M35-39  
 1 Mark Furkis 4:04.31  
 2 Dave Patterson 4:11.23  
 3 Robert Walker 4:12.68  
 4 Rick Easley 4:21.74  
 5 Fred Kitzrow 4:29.68  
 6 Norm Dodson 4:30.80  
 M40-44  
 Heat 1  
 1 Harold Nolan Jr 4:16.72  
 2 Larry Almborg 4:17.87  
 3 John Tucker 4:17.34  
 4 David Amster 4:26.11  
 5 Rex Hall 4:31.90  
 6 John Hunt 4:33.48  
 7 Roger Porter ENG4:39.01  
 8 Norm Thomas 4:42.52  
 9 John Miller 5:15.06  
 Heat 2  
 1 Ken Popejoy 4:11.25  
 2 Jim Sturges 4:14.21  
 3 Paul Pearson 4:15.26  
 4 Tyrone Griffin 4:16.24  
 5 Mike McCracken 4:26.61  
 6 Bob Zieminski 4:30.20  
 7 Joe Burleson 4:31.47  
 8 Ed Berry 4:36.39  
 Final  
 1 Ken Popejoy 3:58.80  
 2 Larry Almborg 3:59.19  
 3 Harold Nolan Jr 4:05.88  
 4 Paul Pearson 4:07.38  
 5 John Tucker 4:08.94  
 6 Jim Sturges 4:09.94  
 7 David Amster 4:17.79  
 8 Tyrone Griffin 4:18.30  
 9 Rex Hall 4:20.56  
 10 M McCracken 4:24.50  
 11 Bob Zieminski 4:30.55  
 12 Joe Burleson 4:38.05

M45-49  
 Heat 1  
 1 Salih Talib 4:30.08  
 2 Mike Ackley 4:31.26  
 3 Graeme Shirley 4:33.73  
 4 Paul Perry 4:35.04  
 5 Stan Mathes 4:35.86  
 6 Jim Verdier 4:52.97  
 7 David Oyer 5:06.72  
 8 Rich Roberts CAN 5:20.89  
 Heat 2  
 1 Dennis Tracy 4:31.05  
 2 Wally Herrala 4:31.59  
 3 Harvey Franklin 4:31.77  
 4 John Lashbrook 4:32.20  
 5 Rich Davis 4:33.65  
 6 Tom Sullivan 4:35.99  
 7 John Shanley 4:39.89  
 8 Jim Irwin 4:41.63  
 9 Tyrone Nelson 4:51.57  
 10 George Linn 5:02.68  
 11 J C Shenk 5:11.91  
 Final  
 1 Harvey Franklin 4:20.02  
 2 Dennis Tracy 4:21.08  
 3 Salih Talib 4:21.55  
 4 Wally Herrala 4:21.78  
 5 Graeme Shirley 4:23.71  
 6 John Lashbrook 4:26.58  
 7 Stan Mathes 4:26.92  
 8 Paul Perry 4:27.61  
 9 Rich Davis 4:28.00  
 10 Mike Ackley 4:37.89  
 11 Tom Sullivan 4:38.00  
 M50-54  
 1 Tom Laris 4:26.91  
 2 M Heffernan 4:27.80  
 3 Maurice McDonald 4:38.11  
 4 Jim Streeby 4:50.06  
 5 Joe Fodor 4:51.74  
 6 John Hurley 5:33.66  
 M55-59  
 1 Mike Goldman 4:47.11  
 2 Dan Kies 4:48.70  
 3 Pete Richardson 4:49.48  
 4 Jim Aneshansley 4:50.77  
 5 Barrie Almond 4:53.81  
 6 Ken Ogden 5:02.29  
 7 Ernest Tracy 5:17.91  
 8 Clinton Leon 5:43.99  
 9 Jim Hite 5:58.70  
 M60-64  
 1 Don Gammie AR4:41.50  
 - Earl Fee CAN 4:42.06  
 2 Bill Fortune 4:54.10  
 3 David Stevenson 5:07.79  
 4 Marshall Haraden 5:09.96  
 5 Ray Stewart 5:43.67  
 M65-69  
 1 Joe King AR4:56.81  
 2 Archie Messenger 5:19.41  
 3 John McManus 5:20.48  
 4 Avery Bryant 5:25.75  
 5 Len Tritsch 5:33.25  
 6 Roland Anspach 5:39.21  
 7 Bob Hennig 5:42.50  
 M70-74  
 1 H Strassenburg 6:09.51  
 M75-79  
 1 Dudley Healy 7:51.46  
 M80-84  
 1 Charles Espy 13:52.03  
 W30-34  
 1 Carla Hervert 4:48.20  
 2 Mary Russell 5:19.30  
 W35-39  
 - Janet TakahashiCAN4:39.69  
 1 Debbie Anderson 5:12.29  
 W40-44  
 1 Sylvie Kimche 5:01.61  
 - Linda FindleyCAN 5:04.66  
 2 Joni Shirley 5:20.01  
 3 Debbie Stiles 5:31.71  
 - Cathy RobertsCAN5:35.31  
 4 Mimi Baranowski 5:44.41  
 W45-49 no entries  
 W50-54  
 1 Joyce Hodges 5:13.81  
 2 Yvette Lavigne 5:43.06  
 3 Sarah Babbitt 5:58.75  
 W55-59  
 1 Wava Mosbrucker 5:58.84  
 2 Liz Szawlowski 6:09.71  
 3 Kathy McIntyre 6:32.56  
 4 Eleanor Wallace 7:00.08  
 W60-64  
 1 Sumiye Leonard 7:43.41  
 W65-69 no entries  
 W70-74  
 1 Carol Peebles 8:19.65  
 2 Mary Varani 8:30.21  
 W75-79  
 1 Pearl Mehl 9:09.24  
 W80-84  
 1 Anne Clarke WR8:54.39  
 5000m  
 M30-34  
 1 Norm Ogilvie 15:30.90  
 2 S Fitzgibbons 16:09.90  
 3 Steve Wikner 17:03.90  
 4 Mike Moore 17:14.70

M35-39  
 1 Mark Furkis 14:55.00  
 2 Dave Patterson 15:25.10  
 3 Joe Contario 15:41.80  
 4 John Dickey 18:13.70  
 M40-44  
 1 Larry Almborg 15:07.40  
 2 Harold Nolan Jr 15:37.20  
 3 Jim Macnider 15:40.30  
 4 Mark Hunter 15:58.00  
 5 John Gores 16:30.20  
 6 Bill Hill 16:44.10  
 7 Ben Brockwell 16:50.40  
 8 Dan Sebben 16:55.30  
 - Roger PorterENG 17:14.20  
 9 Ed Berry 17:17.90  
 10 John Miller 19:34.30  
 11 A Augustine 19:54.00  
 M45-49  
 1 Ralph Trimble 16:02.89  
 2 Wally Herrala 16:17.20  
 3 John Lashbrook 16:24.89  
 4 Vic Heckler 16:29.30  
 5 Rich Davis 16:31.20  
 6 R Friedlander 16:54.95  
 7 Mike Persak 17:01.58  
 8 Salih Talib 17:34.40  
 9 Bob Kuebler 17:53.30  
 10 Tyrone Nelson 18:06.70  
 11 Lee Jampol 18:09.70  
 M50-54  
 1 Mike Heffernan 16:07.70  
 2 Joe Fodor 17:31.90  
 3 Dick Ruzicka 18:12.30  
 M55-59  
 1 Alan Fairbrother18:05.50  
 2 John Finch 18:31.30  
 3 Ken Ogden 18:54.60  
 4 John Stayton 19:13.90  
 5 Jim Hite 21:42.50  
 6 Arnold Sweet 21:55.50  
 M60-64  
 1 Don Gammie 17:55.90  
 2 Don Ross 19:42.10  
 M65-69  
 1 Jim Forshee 19:07.30  
 2 Joe King 19:11.50  
 3 John McManus 20:25.80  
 4 Roland Anspach 20:47.30  
 5 Bob Hennig 20:48.30  
 6 Jim O'Neil 22:13.00  
 M70-74  
 1 H Strassenburg 23:25.60  
 M75-79  
 1 Dudley Healy 25:43.00  
 M80-84  
 1 Chas Espy 30:12.90  
 W35-39  
 1 Barbara Baltzell119:01.20  
 2 Wendy Burgasser 20:05.20  
 W40-44  
 1 Sylvie Kimche 18:31.90  
 W45-49  
 1 Kathy Frabel 25:11.20  
 W50-54  
 1 Jane Arnold 20:10.40  
 2 Yvette Lavigne 20:58.30  
 3 Sarah Babbitt 22:16.00  
 4 Joyce Hodges 24:10.00  
 M65-69  
 1 Jack Greenwood WR16.22  
 2 Denver Smith 17.38  
 3 Robert Watanabe 20.59  
 4 Buyral Madan 21.96  
 W30-34  
 1 Karen Corso 15.25  
 2 Carol Asam 17.67  
 3 Teri Woodruff 17.89  
 80mH  
 M70-74  
 1 Burl Gist WR14.22  
 2 Boo Morcom 14.27  
 3 Walter Dahlin 14.78  
 4 A U Ricciardi 16.27  
 5 Tom Kennell 16.81  
 M80-84  
 1 Ted Hatlen 20.23  
 W40-44  
 1 Phil Raschker 12.89  
 W45-49  
 1 Pamela Calvert 15.19  
 2 Mary Luker 16.61  
 3 Ann Carter 17.53  
 W50-54  
 1 Becky Sisley 15.15  
 2 Marion Coffee 16.80  
 W60-64  
 1 Betty Vosburgh AR16.50  
 400mH  
 M30-34  
 1 Peter Grimes 53.40  
 2 Ellis Liddell 57.11  
 3 Frank Makozy 60.60  
 4 Doug Schneebek 62.79  
 M35-39  
 1 Horace Hudson 57.67  
 2 Wm Cheadle 59.14  
 3 Robbie Short 61.05  
 4 Gary Tiffany 61.59  
 5 Richard Finnie 64.00  
 6 Andrew Hecker 66.43

M60-64  
 1 Don Ross 41:58.10  
 M65-69  
 1 Jim Forshee 40:12.10  
 2 Jim O'Neil 40:12.80  
 3 Roland Anspach 44:02.00  
 M70-74  
 1 Don Dilworth 49:36.90  
 M75-79  
 1 Dudley Healy 58:54.80  
 W40-44  
 1 Mimi Baranowski 43:47.30  
 W50-54  
 1 Joyce Hodges 49:22.90  
 W55-59  
 1 Thelma Wilson 48:59.70  
 W70-74  
 1 Mary Varani 61:26.40  
 W80-84  
 1 Anne Clarke WR65:47.20  
 110mH  
 M30-34  
 1 Robert Stanley 14.39  
 2 Peter Grimes 14.41  
 3 Bruce Lammers 15.51  
 4 Joe Schwieterman 15.57  
 5 William Johnson 16.71  
 M35-39  
 1 Robbie Short 15.63  
 2 Robert Zahn 15.85  
 3 Wm Cheadle 16.20  
 4 Richard Finnie 16.50  
 5 Chas Swanekamp 18.15  
 6 Chas Barnard 18.66  
 M40-44  
 1 Stan Druckrey 14.61  
 2 Conrad Burge 16.16  
 3 Pat Crandall 16.55  
 4 Rex Harvey 16.74  
 5 Mike Davis 18.52  
 M45-49  
 1 Theo Viltz 15.75  
 2 K H Troy 17.43  
 3 Ross Jensen 18.77  
 4 Tom Thorne 19.02  
 100mH  
 M50-54  
 1 Walt Butler WR13.57  
 2 Hugh Adams 14.47  
 3 Scott Tyler 14.50  
 4 Emil Pawlik 14.89  
 5 Charley Miller 15.17  
 6 Dave Ellis 16.23  
 7 Bruce Mills 18.47  
 8 John Head 18.52  
 M55-59  
 1 Phil Mulkey 15.81  
 2 Doug McFeters 16.77  
 3 Dave Martin 18.40  
 4 Hector Cisneros 18.69  
 M60-64  
 1 Buck Bradberry 16.40  
 2 Will Robinson 18.47  
 3 Mark Richards 21.32  
 4 Don Grey 23.23  
 M65-69  
 1 Mike Persak 11:04.54  
 2 Jay Birmingham 12:53.83  
 3 Fred McWilliams 13:56.17  
 4 Luigi Schiavo 16:10.35  
 M50-54  
 1 John Cosgrove 12:06.32  
 2 Tom Sheahan 12:43.49  
 3 Dick Ruzicka 12:43.54  
 4 John Hurley 13:40.49  
 M55-59  
 1 Alan Fairbrother11:44.06  
 2 Tom Butterfield 12:37.37  
 3 Jim Hite 15:03.91  
 2000m Steeplechase  
 M60-64  
 1 Hal Higdon 8:15.93  
 2 David Stevenson 8:24.30  
 M65-69  
 1 Roland Anspach 8:38.35  
 2 Avery Bryant 8:43.50  
 3 Desond Margetson 9:46.07  
 M70-74  
 1 Don Dilworth 9:52.15  
 4x100 Relay  
 M30-39  
 1 Stars & Stripes Club 43.06  
 2 Midwest Masters Club 44.05  
 3 Jeans & Sneaks Club 44.27  
 4 Over the Hill TC 44.97  
 5 Beaumont Blasers 45.74  
 M40-49  
 NA  
 M50-59  
 NA  
 M60-69  
 NA  
 4x400 Relay  
 M30-39  
 1 Stars & Stripes 3:19.1  
 2 Greater Rochester 3:25.39  
 3 Jeans & Sneaks 3:26.11  
 4 Over the Hill TC 3:36.82  
 M40-49  
 1 Jeans & Sneaks 3:29.58  
 2 Decathlon Midwest 3:40.20  
 3 Over the Hill TC 4:20.19  
 M50-59  
 NA  
 M60-69  
 NA

M40-44  
 1 James King 53.10  
 2 Stan Druckrey 56.21  
 3 Lamar Beckom 60.49  
 4 Mike Kitchell 62.91  
 5 R Burrus 63.89  
 M45-49  
 1 Ross Jensen 65.02  
 2 Tom Brewer 65.50  
 3 Jay Birmingham 84.25  
 M50-54  
 1 Hugh Adams 61.53  
 2 Dave Ellis 68.40  
 3 John Head 70.07  
 4 Ken Medley 76.19  
 M55-59  
 1 Marion Sanchez 67.38  
 2 Hector Cisneros 69.72  
 3 Al Sheahan 72.64  
 4 James Bradley 73.09  
 W30-34  
 1 Karen Corso 66.90  
 2 Carol Asam 70.30  
 W45-49  
 1 Pamela Calvert AR71.20  
 300mH  
 M60-64  
 - Earl Fee CAN 48.44  
 1 Will Robinson 48.74  
 2 Bill Pardue 56.10  
 3 Mark Richards 58.33  
 4 Donald Walsa 59.27  
 M65-69  
 1 Jack Greenwood WR45.70  
 2 Robert Watanabe 51.24  
 3 Buyral Madan 64.58  
 M70-74  
 1 Walter Dahlin 55.80  
 2 William Carmen 56.20  
 3 Bob Hunt 66.12  
 4 Ham Morningstar 66.20  
 W50-54  
 1 Marion Coffee 66.67  
 W60-64  
 1 Betty Vosburgh WR56.80  
 3000m Steeplechase  
 M30-34  
 1 Kevin Higdon 9:51.13  
 2 Vince Varone 11:39.34  
 3 Mike Straubel 11:48.95  
 M35-39  
 1 Andrew Hecker 12:42.73  
 M40-44  
 1 Larry Swanson 10:01.75  
 2 James Press 10:29.74  
 3 Dan Sebben 11:12.82  
 4 Bill Jones 11:39.37  
 M45-49  
 1 Mike Persak 11:04.54  
 2 Jay Birmingham 12:53.83  
 3 Fred McWilliams 13:56.17  
 4 Luigi Schiavo 16:10.35  
 M50-54  
 1 John Cosgrove 12:06.32  
 2 Tom Sheahan 12:43.49  
 3 Dick Ruzicka 12:43.54  
 4 John Hurley 13:40.49  
 M55-59  
 1 Alan Fairbrother11:44.06  
 2 Tom Butterfield 12:37.37  
 3 Jim Hite 15:03.91  
 2000m Steeplechase  
 M60-64  
 1 Hal Higdon 8:15.93  
 2 David Stevenson 8:24.30  
 M65-69  
 1 Roland Anspach 8:38.35  
 2 Avery Bryant 8:43.50  
 3 Desond Margetson 9:46.07  
 M70-74  
 1 Don Dilworth 9:52.15  
 4x100 Relay  
 M30-39  
 1 Stars & Stripes Club 43.06  
 2 Midwest Masters Club 44.05  
 3 Jeans & Sneaks Club 44.27  
 4 Over the Hill TC 44.97  
 5 Beaumont Blasers 45.74  
 M40-49  
 NA  
 M50-59  
 NA  
 M60-69  
 NA  
 4x400 Relay  
 M30-39  
 1 Stars & Stripes 3:19.1  
 2 Greater Rochester 3:25.39  
 3 Jeans & Sneaks 3:26.11  
 4 Over the Hill TC 3:36.82  
 M40-49  
 1 Jeans & Sneaks 3:29.58  
 2 Decathlon Midwest 3:40.20  
 3 Over the Hill TC 4:20.19  
 M50-59  
 NA  
 M60-69  
 NA

M40-44  
 1 James King 53.10  
 2 Stan Druckrey 56.21  
 3 Lamar Beckom 60.49  
 4 Mike Kitchell 62.91  
 5 R Burrus 63.89  
 M45-49  
 1 Ross Jensen 65.02  
 2 Tom Brewer 65.50  
 3 Jay Birmingham 84.25  
 M50-54  
 1 Hugh Adams 61.53  
 2 Dave Ellis 68.40  
 3 John Head 70.07  
 4 Ken Medley 76.19  
 M55-59  
 1 Marion Sanchez 67.38  
 2 Hector Cisneros 69.72  
 3 Al Sheahan 72.64  
 4 James Bradley 73.09  
 W30-34  
 1 Karen Corso 66.90  
 2 Carol Asam 70.30  
 W45-49  
 1 Pamela Calvert AR71.20  
 300mH  
 M60-64  
 - Earl Fee CAN 48.44  
 1 Will Robinson 48.74  
 2 Bill Pardue 56.10  
 3 Mark Richards 58.33  
 4 Donald Walsa 59.27  
 M65-69  
 1 Jack Greenwood WR45.70  
 2 Robert Watanabe 51.24  
 3 Buyral Madan 64.58  
 M70-74  
 1 Walter Dahlin 55.80  
 2 William Carmen 56.20  
 3 Bob Hunt 66.12  
 4 Ham Morningstar 66.20  
 W50-54  
 1 Marion Coffee 66.67  
 W60-64  
 1 Betty Vosburgh WR56.80  
 3000m Steeplechase  
 M30-34  
 1 Kevin Higdon 9:51.13  
 2 Vince Varone 11:39.34  
 3 Mike Straubel 11:48.95  
 M35-39  
 1 Andrew Hecker 12:42.73  
 M40-44  
 1 Larry Swanson 10:01.75  
 2 James Press 10:29.74  
 3 Dan Sebben 11:12.82  
 4 Bill Jones 11:39.37  
 M45-49  
 1 Mike Persak 11:04.54  
 2 Jay Birmingham 12:53.83  
 3 Fred McWilliams 13:56.17  
 4 Luigi Schiavo 16:10.35  
 M50-54  
 1 John Cosgrove 12:06.32  
 2 Tom Sheahan 12:43.49  
 3 Dick Ruzicka 12:43.54  
 4 John Hurley 13:40.49  
 M55-59  
 1 Alan Fairbrother11:44.06  
 2 Tom Butterfield 12:37.37  
 3 Jim Hite 15:03.91  
 2000m Steeplechase  
 M60-64  
 1 Hal Higdon 8:15.93  
 2 David Stevenson 8:24.30  
 M65-69  
 1 Roland Anspach 8:38.35  
 2 Avery Bryant 8:43.50  
 3 Desond Margetson 9:46.07  
 M70-74  
 1 Don Dilworth 9:52.15  
 4x100 Relay  
 M30-39  
 1 Stars & Stripes Club 43.06  
 2 Midwest Masters Club 44.05  
 3 Jeans & Sneaks Club 44.27  
 4 Over the Hill TC 44.97  
 5 Beaumont Blasers 45.74  
 M40-49  
 NA  
 M50-59  
 NA  
 M60-69  
 NA  
 4x400 Relay  
 M30-39  
 1 Stars & Stripes 3:19.1  
 2 Greater Rochester 3:25.39  
 3 Jeans & Sneaks 3:26.11  
 4 Over the Hill TC 3:36.82  
 M40-49  
 1 Jeans & Sneaks 3:29.58  
 2 Decathlon Midwest 3:40.20  
 3 Over the Hill TC 4:20.19  
 M50-59  
 NA  
 M60-69  
 NA

M40-44  
 1 James King 53.10  
 2 Stan Druckrey 56.21  
 3 Lamar Beckom 60.49  
 4 Mike Kitchell 62.91  
 5 R Burrus 63.89  
 M45-49  
 1 Ross Jensen 65.02  
 2 Tom Brewer 65.50  
 3 Jay Birmingham 84.25  
 M50-54  
 1 Hugh Adams 61.53  
 2 Dave Ellis 68.40  
 3 John Head 70.07  
 4 Ken Medley 76.19  
 M55-59  
 1 Marion Sanchez 67.38  
 2 Hector Cisneros 69.72  
 3 Al Sheahan 72.64  
 4 James Bradley 73.09  
 W30-34  
 1 Karen Corso 66.90  
 2 Carol Asam 70.30  
 W45-49  
 1 Pamela Calvert AR71.20  
 300mH  
 M60-64  
 - Earl Fee CAN 48.44  
 1 Will Robinson 48.74  
 2 Bill Pardue 56.10  
 3 Mark Richards 58.33  
 4 Donald Walsa 59.27  
 M65-69  
 1 Jack Greenwood WR45.70  
 2 Robert Watanabe 51.24  
 3 Buyral Madan 64.58  
 M70-74  
 1 Walter Dahlin



Continued from previous page

<b>4x800 Relay</b>	
<b>M30-39</b>	
1 Fast Tech	8:15.92
2 Shore AC	8:32.29
<b>M40-49</b>	
1 Detroit Fitness	8:50.62
2 Decathlon Midwest	9:30.91
3 Over the Hill TC	9:46.25
<b>M50-59</b>	
1 So. Calif. Assoc.	10:01.23
<b>M60-69</b>	
1 West Valley TC	10:44.64
2 So. Calif. Assoc.	11:29.90
<b>All-Star Sectional</b>	
<b>4x100 Relays</b>	
Women (total ages of teams must be 200 or more):	
<b>1 East 57.74</b>	
Tucker	40
Pinto	40
Fitzgerald	55
Petersen	65
<b>2 Southeast 59.14</b>	
Raschker	40
Carter	45
Brobat	55
Vosburgh	60
<b>3 West 68.64</b>	
Shirley	40
Steekelenburg	40
Chou	55
Beer	65
Men (total ages of teams must be 220 or more):	
<b>1 Southwest 47.72</b>	
Smith, S.	50
Turner	50
Johnson	55
Murphy	65
<b>2 Southeast 47.82</b>	
Bell	45
Mathis	55
Poppell	60
Law	60
<b>3 West 49.26</b>	
King	40
Adams	50
Stevens	60
Jordan	70
<b>High Jump</b>	
<b>M30-34</b>	
1 Glen Conley	2.13m
2 Mark Williamson	2.10
3 Bruce McBurnette	2.07
4 Scott Evans	1.89
5 Wm Johnson	1.77
<b>M35-39</b>	
1 Kenneth Rowe	1.83
2 Ted Tiernon	1.74
3 Richard Watson	1.62
<b>M40-44</b>	
1 Charlie Rader	1.95
Pat Matzdorf	1.95
3 Kenneth Cooper	1.77
<b>M45-49</b>	
1 Al Phillips	1.65
2 Tom Thorne	1.62
3 Johnston Ewing	1.59
4 K H Troy	1.50
<b>M50-54</b>	
1 Emil Pawlik	1.68
2 Jim Brown	1.65
3 Steve Hirst	1.50
4 John Head	1.47
<b>M55-59</b>	
1 Tom Langenfeld	1.65
2 Rich Richardson	1.59
3 Marion Sanchez	1.56
3 Phil Mulkey	1.56
<b>M60-64</b>	
1 J A Gillcrist	1.64
2 Gordon Seifert	1.55
3 Larry Fleischman	1.37
4 Bill Pardue	1.31
5 Eugene Hess	1.28
<b>M65-69</b>	
1 Chas Obye	1.40
2 Joe King	1.40
3 Denver Smith	1.31
4 Tom Coughlin	1.22
<b>M70-74</b>	
1 Walter Dahlin	AR1.44
2 Boo Morcom	1.35
3 Ham Morningstar	1.27
4 Kenneth Wheeler	1.18
<b>M75-79</b>	
1 Bob Boucke	1.18
Milton Williams	1.18
3 Charles Roloff	0.99
<b>M80-84</b>	
1 Ted Hatlen	1.12
2 Virgil McIntyre	1.03
3 Stan Thompson	0.97
<b>W30-34</b>	
1 Kari Peyton	1.72
2 Karen Corso	1.67

<b>W40-44</b>	
1 Phil Raschker	1.47
Ann Steekenlenberg	1.47
<b>W45-49</b>	
1 Pamela Calvert	1.34
2 Cathy Primmer	1.21
3 Brenda Bloomfield	1.15
<b>W50-54</b>	
1 Becky Sisley	1.29
<b>W55-59</b>	
1 Fei-Mei Chou	1.09
<b>W60-64</b>	
1 Leonore McDaniels	AR1.22
2 Betty Vosburgh	1.18
3 Barbara Brandt	1.03
Shirley Kinsey	1.03
<b>W65-69</b>	
1 Jos Sullivan	0.97
<b>Pole Vault</b>	
<b>M30-34</b>	
1 Rick Rogers	4.72
2 Greg Gundlach	4.42
James Fountain	4.42
4 Wilson Soohoo	3.96
5 John Oksas	3.81
Matthew Barsic	3.81
<b>M35-39</b>	
1 Gary Hunter	AR5.08
2 Jim Williams	4.57
Mike Hogan	4.57
Rich Christoph	4.57
5 Tom Wilson	4.42
6 George Lehman	4.11
7 Keith Petranek	4.04
8 Randy Ullom	3.81
Charles Barnard	3.81
<b>M40-44</b>	
1 Reg Hulbert	4.27
2 Gene Bard	4.11
Bert Serrano	4.11
Rex Harvey	4.11
5 Mike Davis	3.96
Phil Wolter	3.96
7 Doug Perrine	3.50
<b>M45-49</b>	
1 Tom Rauscher	AR4.60
2 Dan Borrey	4.27
Joe Johnston	4.27
4 Matti Kilpelainen	3.96
5 Henry Hopkins	3.66
6 Charlie Beck	3.35
7 Johnston Ewing	3.20
Merle Norberg	3.20
9 Tom Thorne	2.74
10 Tom Schwab	2.59
<b>M50-54</b>	
1 Jim Noonan	3.81
2 Wally Sokolowski	3.66
3 Joe Griffin Jr	2.59
<b>M55-59</b>	
1 Phil Mulkey	3.50
2 Dave Martin	3.20
3 Hector Cisneros	2.89
<b>M60-64</b>	
1 Jerry Donley	3.66
2 Tom Hinkes	3.05
3 Larry Fleischman	2.44
Don Grey	2.44
Neil King	2.44
<b>M65-69</b>	
1 Bob Richards	3.06
2 Don Grosh	2.84
Denver Smith	2.84
<b>M70-74</b>	
1 Boo Morcom	3.06
2 Jim Vernon	2.74
3 A U Ricciardi	2.34
4 Ham Morningstar	2.13
<b>M85-89</b>	
1 Arling Pitcher	1.13
<b>W40-44</b>	
1 Phil Raschker	WR3.00
<b>Long Jump</b>	
<b>M30-34</b>	
1 Robert Crawford	7.32
2 Jay Mathis	6.09
3 Bill Harris	5.19
<b>M35-39</b>	
1 Randy Kruse	6.46
2 John Kuechle	6.23
3 Eddie Mose	5.83
4 Andrew Hecker	5.51
5 Fred Murrell III	5.49
6 Chas Swanekamp	5.48
7 Robert Zahn	5.42
<b>M40-44</b>	
1 Larry Rodenbeck	6.02
2 Gerald Woolfolk	5.95
3 Herb Stein	5.67
4 Armond LaFramboise	5.29
5 Michael Augeri	4.90
<b>M45-49</b>	
1 Tyrone Carlis	6.34
2 Ray Starnes	6.25
3 Joe Johnson	6.12
4 Robb Bong	6.11
5 Hans Gordon	5.76
6 Tom Brewer	5.67
7 K H Troy	5.66
8 Roger Phillips	5.51

<b>M50-54</b>	
1 Kenneth Medley	5.86
2 Emil Pawlik	5.43
3 Gary Oliphant	5.08
4 Bob O'Brien	5.06
5 Steve Hirst	4.99
6 Nate Carter	4.89
7 John Head	4.64
<b>M55-59</b>	
1 Pete Stopoulos	5.34
2 Phil Mulkey	5.32
3 Tom Langenfeld	4.95
4 Rich Richardson	4.59
<b>M60-64</b>	
1 Buck Bradberry	4.53
2 Warren Doshier	4.44
3 Quinto Biagioni	4.41
4 Richard Greiwe	4.28
<b>M65-69</b>	
1 Mel Larsen	4.99
2 Chas Obye	4.36
<b>M70-74</b>	
1 Boo Morcom	4.62
2 Ed Matthews	4.39
3 Tom Kennell	4.34
4 A U Ricciardi	3.99
<b>M80-84</b>	
1 Ted Hatlen	2.64
2 Stan Thompson	2.46
<b>M85-89</b>	
1 Konrad Boas	2.18
<b>W30-34</b>	
1 Karen Corso	5.47
2 Pam King	5.00
<b>W40-44</b>	
1 Phil Raschker	4.98
<b>W45-49</b>	
1 Pamela Calvert	4.31
2 Penny Danielson	4.06
3 Ann Carter	3.42
<b>W50-54</b>	
1 Becky Sisley	3.83
<b>W60-64</b>	
1 Betty Vosburgh	AR3.95
2 Leonore McDaniels	3.84
<b>W65-69</b>	
1 Jos Sullivan	3.09
<b>W70-74</b>	
1 Florence Berry	2.80
<b>Triple Jump</b>	
<b>M30-34</b>	
1 Scott Evans	12.91
2 Wm Johnson	12.52
3 Jeff James	11.78
4 Frank Makozny	11.69
5 Bill Harris	11.41
<b>M35-39</b>	
1 Tom Stuthard	12.91
2 Don Goodwin Jr	11.37
3 Steve Fitch	11.13
4 Andrew Hecker	11.07
5 Ron Standley	10.56
6 Chas Swanekamp	10.07
<b>M40-44</b>	
1 Larry Rodenbeck	13.18
2 Walt Davenport	12.62
3 Gerald Woolfolk	12.49
4 Pat Crandall	12.07
5 Mike Davis	11.23
6 Shaunte Stills	11.04
7 A LaFramboise	10.99
8 Tom Rowe	10.13
9 Mike Gibson	7.48
<b>M45-49</b>	
1 Tyrone Carlis	11.87
2 K H Troy	11.68
3 Hans Gordon	11.08
4 Johnston Ewing	9.88
5 Charlie Beck	9.81
6 Jack Karbens	8.40
<b>M50-54</b>	
1 Nate Carter	10.51
2 John Head	9.83
3 Bob O'Brien	9.76
<b>M55-59</b>	
1 Phil Mulkey	10.60
2 Dave Martin	9.80
<b>M60-64</b>	
1 Buck Bradberry	10.28
2 Tom Bartenfeld Jr	9.01
<b>M65-69</b>	
1 Denver Smith	9.88
2 Chas Obye	9.41
3 Buyral Madan	7.46
<b>M70-74</b>	
1 Tom Kennell	AR9.17
2 Chas Mercurio	8.86
3 Ed Matthews	8.41
4 Ham Morningstar	6.52
<b>M85-89</b>	
1 Arling Pitcher	3.34
<b>W40-44</b>	
1 Phil Raschker	10.47
<b>W45-49</b>	
1 Pamela Calvert	AR9.41
2 Ann Carter	7.88
3 Mary Platis	6.75
<b>W50-54</b>	
1 Becky Sisley	8.40

<b>W60-64</b>	
1 Leonore McDaniels	AR7.85
2 Mildred Bobowski	5.83
<b>W65-69</b>	
1 Jos Sullivan	6.51
2 Mary Norckauer	6.43
<b>Shot Put</b>	
<b>M30-34</b>	
1 Lawrence Rosen	14.97
2 Lee Wildman	13.45
3 Martin Biermat	12.44
4 Mike Milatovich	11.93
5 John Irwin	11.65
6 Bob Hartmann	11.28
<b>M35-39</b>	
1 Gary England	16.50
2 Roger Kamla	15.72
3 Pat Burns	14.10
4 Glenn Hayes	9.75
<b>M40-44</b>	
1 David Stebing	13.84
2 Jerry Senters	12.77
3 Larry Waithe	12.33
4 Dick Woosenkraft	12.08
5 Larry Readman	11.21
<b>M45-49</b>	
1 Ed Hill	15.20
2 Carl Wallin	14.43
3 Bill Thompson	12.07
4 John Hess	10.23
5 Virgil Johnson	10.04
6 Jack Karbens	9.07
<b>M50-54</b>	
1 Joe Keshmiri	15.37
2 Rich Hotchkiss	14.51
3 Larry Pratt	13.97
4 Jim Hart	13.78
5 Carl Klehm	10.57
6 William Burkle	10.53
<b>M55-59</b>	
1 Tom Wesselowski	12.83
2 Phil Brady	12.43
3 Ray Feick	12.04
4 Pay Carstensen	11.30
<b>M60-64</b>	
1 Phil Brusca	12.03
2 Quinto Biagioni	10.57
3 Bill Brazelton	9.75
4 Larry Fleischman	9.35
<b>M65-69</b>	
1 Bill Bangert	12.29
2 Bill Walmoth	11.83
3 Jacob Stein	8.67
<b>M70-74</b>	
1 Scott Herman	13.31
2 Don Cumley	13.21
3 Wilbur Thompson	12.29
4 Thomas Flack	11.22
5 Gordon Nordgren	10.13
6 Ham Morningstar	9.70
7 Ken Wheeler	9.64
8 A U Ricciardi	9.54
<b>M75-79</b>	
1 Ross Carter	11.59
2 Bob Boucke	9.08
3 Jack Wood	8.76
4 Glynn Clark	7.34
<b>M80-84</b>	
1 Ted Hatlen	7.89
2 Bob Hunter	6.68
<b>W30-34</b>	
1 Karen Corso	10.63
2 Linda Browning	5.43
<b>W35-39</b>	
1 Ruth Welding	9.64
2 MaryAnn Boenker	9.07
<b>W40-44</b>	
1 Lurline Struppeck	10.12
2 Nancy Hamilton	5.47
<b>W45-49</b>	
1 Jan Catt	7.16
2 Roslyn Katz	6.57
3 Mary Platis	6.28
<b>W50-54</b>	
1 Joann Grissom	AR12.99
2 Vanessa Hilliard	11.08
<b>W55-59</b>	
1 Anne Cirulnick	9.49
2 Geraldine Young	6.42
3 Annette Patton	6.21
<b>W60-64</b>	
1 Bernice Holland	8.64
2 Shirley Kinsey	6.92
3 Barbara Brandt	6.66
<b>W65-69</b>	
1 Mary Norckauer	6.26
Jos Sullivan	4.95
<b>W70-74</b>	
1 Florence Berry	5.36
<b>W75-79</b>	
1 Betty Jarvis	5.56
<b>W80-84</b>	
1 Carolyn Clark	AR4.26

<b>Discus</b>	
<b>W30-34</b>	
1 Lawrence Rosen	51.12
2 John Irwin	49.32
3 Lee Wildman	47.20
4 Martin Biermat	39.00
5 Bob Hartmann	38.26
<b>M35-39</b>	
1 Dennis Umshler	50.72
2 Roger Kamla	50.36
3 Gary England	47.14
4 Pat Burns	40.10
5 Rich Watson	32.10
<b>M40-44</b>	
1 Jerry Senters	42.42
2 Val Martinez	42.22
3 Dale Wilcoxson	41.80
4 David Stebing	38.66
5 Dick Woosenkraft	36.34
6 Larry Readman	35.26
7 Jerry Bowersox	33.76
<b>M45-49</b>	
1 Lloyd Higgins	50.80
2 Bill Thompson	37.58
3 Virgil Johnson	35.50



Continued from previous page

M70-74  
1 Gordon Nordgren 32.20  
2 Tom Flack 32.08  
3 Ham Morningstar 30.72  
4 A U Ricciardi 29.50

M75-79  
1 Jack Wood 30.50  
2 Chas Roloff 29.12  
3 Milo Lightfoot 27.12  
4 Bob Boucke 18.32

M80-84  
1 Ted Hatlen 16.36

M85-89  
1 Almand Coleman 17.00

W30-34  
1 Karen Corso 33.36  
2 Deb Eckhardt 21.28

W35-39  
1 Ruth Welding 26.66  
2 Vicki Johnson 24.90

W40-44  
1 Lurline Struppeck 35.80  
2 Lorraine Tucker 28.70  
3 Nancy Hamilton 15.82

W45-49  
1 Karen Huff 28.86  
2 Mary Platis 19.72  
3 Roslyn Katz 18.38  
4 Cindy Hess 12.56

W50-54  
1 Fran Conley 30.68  
2 Becky Sisley 28.18  
3 Vanessa Hilliard 28.02

W55-59  
1 Christel Miller 29.60  
2 Anne Cirulnick 15.44

W60-64  
1 Bernice Holland 26.40  
2 Barbara Brandt 24.40

W65-69  
1 Renee Roloff 18.6  
2 Mary Norckauer 17.44

W70-74  
1 Flo Berry 12.90

W75-79  
1 Betty Jarvis 12.68

5000m RW  
M30-34  
1 John Kerfoot 24:09.60  
2 Tim Saiter 26:30.30

M35-39  
1 Pete Williams 24:45.80  
2 David Coutts 25:10.00  
3 Andrew Hecker 26:30.00  
4 Steve Christlieb 32:21.50  
5 Garland Moore 35:24.10

M40-44  
1 Mike Wiggins 24:51.90  
2 Andrew Smith 24:52.50  
3 D Easterlund 25:49.70  
4 Bill Penner 26:13.90  
5 Ross Barranco 27:44.20

M45-49  
1 Norm Frabel 25:01.00  
2 Don Mowlers 25:18.10  
3 Brian Schultz 25:23.90  
4 Jim Fogle 26:56.90  
5 Terry McLoskey 27:06.20  
6 Bob Campbell 27:29.10  
7 Gary O'Daniels 28:23.60  
8 Arden Zentic 29:45.30  
9 Frank Weibel 29:48.10  
10 Curt Shepard 33:18.70  
11 Ron Reum 37:38.10

M50-54  
1 Ed Whiteman 26:13.50  
2 Ron Daniel 26:32.60  
3 Paul Johnson 26:44.40

4 Winston Crandall 27:51.60  
5 Bernie Finch 28:04.00  
6 Gerald Bocci 28:45.00  
7 Jim Chapman 29:31.40  
8 Dan Patt 33:06.20  
9 Ed Riha 33:28.20

M55-59  
1 Tom White 28:16.00  
2 Ray Everson 29:56.90  
3 Alan Poisner 30:54.20  
4 Leo Rivera 31:15.30  
5 Dick Brugger 32:13.70  
6 D Kobrin 33:00.20  
7 Larry Green 34:10.20

M60-64  
1 Bob Fine 29:36.60  
2 V Genzlinger 30:13.60

M65-69  
1 John Snaden 35:22.70

M70-74  
1 Paul Geyer 33:15.50  
2 Troy Grove 34:22.80

W30-34  
1 Jackie Kerby 27:57.00

W35-39  
1 Cindy Paffumi 26:08.60  
2 Peggy Miller 26:12.50  
3 Kathy Finch 28:08.30  
4 Tracy Lynn 31:01.70

W40-44  
1 Viisha Sedlak 24:45.30  
2 Jeanette Smith 27:01.00  
3 Linda Stein 27:40.90  
4 Kathy Lovell 29:55.70

W45-49  
1 Jeanne Bocci 29:22.60  
2 Kathy Frabel 29:41.10  
3 D Graham-Henry 30:42.40  
4 M Alexander 31:45.30  
5 L Logman-Ihnot 32:23.90  
6 Karen Kloiber 35:24.70

W50-54  
1 J Hanley 29:02.50  
2 Elton Richardson 29:49.60  
3 Ruth Everson 31:33.40  
4 B Young-Grady 31:47.70

W55-59  
1 Ruth Eberle 29:56.70  
2 Joyce Decker 30:22.00  
3 Bev Marozson 32:25.20

W60-64  
1 Anna Rush 36:10.40

W65-69  
1 Joan Rowland AR32:11.90  
2 Miriam Gordon 32:21.70

W80-84  
1 Anne Clarke 39:03.40

10K RW  
W30-34  
1 Jackie Kerby 57:51

W35-39  
1 Peggy Miller 54:04  
2 Cindy Paffumi 54:58  
3 Mataji Graham 55:52  
4 Kanty Finch 58:54  
5 B McAfee 66:23

W40-44  
1 Viisha Sedlak 53:05  
2 Jeanette Smith 55:50  
3 Kathy Lovell 61:59

W45-49  
1 Joann Nedelco 54:23  
2 Jeanne Bocci 58:59  
3 Kathy Frabel 60:58  
4 L Logman-Ihnot 66:26  
5 K Kloiber 74:10

W50-54  
1 E Richardson 59:18  
2 J Hanley 59:53  
3 Ruth Everson 64:59  
4 B Young-Grady 65:41

W55-59  
1 Joyce Decker 64:59  
2 Bev Marozsan 70:50

W60-64  
1 Anna Rush 73:27

W65-69  
1 Joan Rowland 67:49  
2 Miriam Gordon 68:16  
3 Joann Beers 73:30

20K RW  
M30-34  
1 John Kerfoot 1:41:10  
2 Tim Salter 2:04:23

M35-39  
1 Pete Williams 1:47:00  
2 David Coutts 1:49:32  
3 S Christlieb 2:24:51  
4 Garland Moore 2:27:12

M40-45  
1 Mike Dewitt 1:39:33  
2 Bill McCray 1:45:28  
3 Andrew Smith 1:47:46  
4 D Easterlund 1:53:59  
5 Bill Penner 1:54:54  
6 R Barranco 2:06:01

M45-49  
1 Norm Frabel 1:47:40  
2 Terry McLoskey 1:50:10  
3 Brian Schultz 1:50:29  
4 Jim Fogle 1:54:25  
5 Don Mowlers 2:01:29  
6 Gary O'Daniels 2:02:56  
7 Eric Hedges 2:15:12

M50-54  
1 Ed Whiteman 1:50:09  
2 Paul Johnson 1:59:58  
3 Gerald Bocci 2:01:21  
4 Jim Chapman 2:04:09  
5 Bernie Finch 2:04:57

M55-59  
1 Tom White 2:02:35  
2 Ray Everson 2:08:20  
3 F Brown 2:09:26  
4 Ed Rivera 2:20:13

M60-64  
1 H Jacobson 2:01:29  
2 Bob Fine 2:02:16  
3 V Genzlinger 2:10:11

M65-69  
1 George Heller 2:23:59  
2 John Snaden 2:30:58

M70-74  
1 H Wright 2:19:43  
2 Paul Geyer 2:21:39  
3 Troy Grove 2:23:21



TAC/USA National Masters Championships Men's Pentathlon  
Naperville, IL; July 4

(NAVA Implements, 1985 IAAF Scoring Tables & 1989 NAVA Five Year Age Factors)

30 - 34 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	34	BILDERBECK, JEFF	6.24 660	48.64 611	24.4 671	30.10 460	6:59.20	503 3001
2	30	DAVIES, BRAD	20- 5 1/2	159- 6 3/4	24.3 680	32.11 597	5:41.34	362 2783
3	33	SAUL, BOB	18- 4 3/4	179- 3 1/2	26.0 639	27.29 412	6:56.16	606 2658
4	31	ANDERSON, GEORGE	5.00 402	34.10 306	26.5 600	28.39 433	6: 9.16	243 1964
			16- 4 3/4	111-10 1/2		93- 1 1/2	(1985-1874)	

35 - 39 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	36	MATRY, JEFF	6.00 602	48.41 525	25.1 669	32.35 545	6:44.39	721 3142
2	38	WATSON, RICHARD	19- 0	132- 6 3/4	29.1 370	106- 2 1/2	5:23.92	495 2463
			6.00 427	44.50 594		111- 0 1/4	(1985-2136)	

40 - 44 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	44	MARVER, REX	6.02 769	49.44 710	24.20 624	39.70 740	5:35.60	407 3530
2	41	LAPP, RICK	19- 0	150-11	23.53 693	25.97 441	4:43.41	702 3360
3	41	DAVIS, J. MIKE	6.10 811	32.01 433	27.53 693	32.21 579	5:12.27	611 3011
4	42	SCHOOLEY, BILL	20- 3 1/4	107- 7 1/2	26.70 619	32.21 579	5:12.27	611 3011
			6.42 615	41.61 587		105- 0	(1985-2399)	

45 - 49 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	44	MARVER, REX	6.02 769	49.44 710	24.20 624	39.70 740	5:35.60	407 3530
2	41	LAPP, RICK	19- 0	150-11	23.53 693	25.97 441	4:43.41	702 3360
3	41	DAVIS, J. MIKE	6.10 811	32.01 433	27.53 693	32.21 579	5:12.27	611 3011
4	42	SCHOOLEY, BILL	20- 3 1/4	107- 7 1/2	26.70 619	32.21 579	5:12.27	611 3011
			6.42 615	41.61 587		105- 0	(1985-2399)	

50 - 54 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	44	MARVER, REX	6.02 769	49.44 710	24.20 624	39.70 740	5:35.60	407 3530
2	41	LAPP, RICK	19- 0	150-11	23.53 693	25.97 441	4:43.41	702 3360
3	41	DAVIS, J. MIKE	6.10 811	32.01 433	27.53 693	32.21 579	5:12.27	611 3011
4	42	SCHOOLEY, BILL	20- 3 1/4	107- 7 1/2	26.70 619	32.21 579	5:12.27	611 3011
			6.42 615	41.61 587		105- 0	(1985-2399)	

55 - 59 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	44	MARVER, REX	6.02 769	49.44 710	24.20 624	39.70 740	5:35.60	407 3530
2	41	LAPP, RICK	19- 0	150-11	23.53 693	25.97 441	4:43.41	702 3360
3	41	DAVIS, J. MIKE	6.10 811	32.01 433	27.53 693	32.21 579	5:12.27	611 3011
4	42	SCHOOLEY, BILL	20- 3 1/4	107- 7 1/2	26.70 619	32.21 579	5:12.27	611 3011
			6.42 615	41.61 587		105- 0	(1985-2399)	

60 - 64 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	44	MARVER, REX	6.02 769	49.44 710	24.20 624	39.70 740	5:35.60	407 3530
2	41	LAPP, RICK	19- 0	150-11	23.53 693	25.97 441	4:43.41	702 3360
3	41	DAVIS, J. MIKE	6.10 811	32.01 433	27.53 693	32.21 579	5:12.27	611 3011
4	42	SCHOOLEY, BILL	20- 3 1/4	107- 7 1/2	26.70 619	32.21 579	5:12.27	611 3011
			6.42 615	41.61 587		105- 0	(1985-2399)	

65 - 69 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	44	MARVER, REX	6.02 769	49.44 710	24.20 624	39.70 740	5:35.60	407 3530
2	41	LAPP, RICK	19- 0	150-11	23.53 693	25.97 441	4:43.41	702 3360
3	41	DAVIS, J. MIKE	6.10 811	32.01 433	27.53 693	32.21 579	5:12.27	611 3011
4	42	SCHOOLEY, BILL	20- 3 1/4	107- 7 1/2	26.70 619	32.21 579	5:12.27	611 3011
			6.42 615	41.61 587		105- 0	(1985-2399)	

70 - 74 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	44	MARVER, REX	6.02 769	49.44 710	24.20 624	39.70 740	5:35.60	407 3530
2	41	LAPP, RICK	19- 0	150-11	23.53 693	25.97 441	4:43.41	702 3360
3	41	DAVIS, J. MIKE	6.10 811	32.01 433	27.53 693	32.21 579	5:12.27	611 3011
4	42	SCHOOLEY, BILL	20- 3 1/4	107- 7 1/2	26.70 619	32.21 579	5:12.27	611 3011
			6.42 615	41.61 587		105- 0	(1985-2399)	

75 - 79 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	44	MARVER, REX	6.02 769	49.44 710	24.20 624	39.70 740	5:35.60	407 3530
2	41	LAPP, RICK	19- 0	150-11	23.53 693	25.97 441	4:43.41	702 3360
3	41	DAVIS, J. MIKE	6.10 811	32.01 433	27.53 693	32.21 579	5:12.27	611 3011
4	42	SCHOOLEY, BILL	20- 3 1/4	107- 7 1/2	26.70 619	32.21 579	5:12.27	611 3011
			6.42 615	41.61 587		105- 0	(1985-2399)	

80 - 84 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M	TOTAL
1	44	MARVER, REX	6.02 769	49.44 710	24.20 624	39.70 740	5:35.60	407 3530
2	41	LAPP, RICK	19- 0	150-11	23.53 693	25.97 441	4:43.41	702 3360
3	41	DAVIS, J. MIKE	6.10 811	32.01 433	27.53 693	32.21 579	5:12.27	611 3011
4	42	SCHOOLEY, BILL	20- 3 1/4	107- 7 1/2	26.70 619	32.21 579	5:12.27	611 3011
			6.42 615	41.61 587		105- 0	(1985-2399)	

85 - 89 AGE GROUP RESULTS

PL	AGE	NAME	LJ	JT	200M	BT	1500M
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Continued from previous page

Women's National Pentathlon Championships

Table with columns: Athlete, Hurdles, HJ, SP, LJ, 800, Total. Rows include Karen Corso, Phil Raschker, Ann Carter, Mary Platis, Becky Sisley, Christel Miller.

National Senior Sports Classic Syracuse, NY June 27-July 3

Table listing various track and field events and athletes such as Andrew Branch, Alex Johnson, Dick Barretta, Larry Anderson, etc.

Table listing various track and field events and athletes such as Andrew Branch, Dick Barretta, M65 Jim Law, M70 Ed Mathews, etc.

Table listing various track and field events and athletes such as Agnes Reinhard, Dottie Gray, Melanie Paschal, Molly Hennig, etc.

Table listing various track and field events and athletes such as D. Tancredi, V. Remson, M. Brown, C. Pauling, etc.

Table listing various track and field events and athletes such as 2000m racewalk, 110m hurdles, 4x100m relay, etc.

Table listing various track and field events and athletes such as Javelin (meters), 35 pound weight (meters), Hammer (meters), etc.

EAST

1991 Outdoor Track & Field Classic Kings Point, NY; May 19

Table listing various track and field events and athletes such as 100m dash, 200m, 400m, etc.

Continued on next page



Continued from previous page

Table of results for various events including 800m, 1500m, 5000m, 110H, 400H, 4x400, Pole Vault, Long Jump, Triple Jump, Shot Put, and 100m. Lists names and times for participants like G. Cox, R. Gutzwiller, H. Mozee, etc.

Table of results for 21st Annual Vestal XX 20K Vestal, NY; June 13. Lists names and times for participants like G. Chiavelli, M65 Al Jankola, M70 M. Neumann, etc.

Table of results for 3000m Steeple. Lists names and times for participants like Phil Yoder, Michael Owens, Kevin Smith, etc.

Table of results for 5000m Steeple. Lists names and times for participants like Larry Ryan, Gregory McCoy, Ed Merrill, etc.

Table of results for 110mHH/39". Lists names and times for participants like Dan Glusheski, Jim Taylor, Leroy Galloway, etc.

Table of results for 100mHH/36". Lists names and times for participants like Barry Kline, David Martin, Tom Delaney, etc.

Table of results for 100m. Lists names and times for participants like Ben James, Remo Biagioni, etc.

Table of results for 400m. Lists names and times for participants like Rick Jeffers, Michael Howard, etc.

Table of results for 800m. Lists names and times for participants like Remo Biagioni, Joe Johnson, etc.

Table of results for 1500m. Lists names and times for participants like Bruce Kemmerer, Steve Dobbin, etc.

Table of results for 3000m. Lists names and times for participants like Robert Walker, Joe Contario, etc.

Table of results for 5000m. Lists names and times for participants like Robert Doran, Mark Gershon, etc.

Table of results for 100m. Lists names and times for participants like Ben James, Remo Biagioni, etc.

Table of results for 400m. Lists names and times for participants like Rick Jeffers, Michael Howard, etc.

Table of results for 800m. Lists names and times for participants like Remo Biagioni, Joe Johnson, etc.

Table of results for 1500m. Lists names and times for participants like Bruce Kemmerer, Steve Dobbin, etc.

Table of results for 3000m. Lists names and times for participants like Robert Walker, Joe Contario, etc.

Table of results for 5000m. Lists names and times for participants like Robert Doran, Mark Gershon, etc.

Continued on next page



Continued from previous page

Hammer
M30 Mike Bersch 48.22
Mark Heckel 47.88
M40 John Roehr 37.12
Glenn Weaver 33.18
Frank Monroe 27.78
Ron Salvio 26.82
M50 Norm Cyprus 43.66
Gordon Bobell 42.20
John Bronstein 36.40
M55 Phil Scudieri 36.66
Len Olson 35.82
Pay Carlgrenson 33.64
Ray Fleck 32.46
Martin Kintish 31.90
M60 Art Harris 22.65
Ned Curran 22.02
M65 Lev Mozhaev 39.34
Al Jankola 27.26
M70 P. Eberhardinger 24.24
M30 Debbi Eckhardt 16.12
M35 Joan Stratton 35.72
M45 Roslyn Katz 21.12
W50 Joan Youngs 20.56
Dorthea Swanson 19.70

Discus
M30 Warren Taylor 45.45
Scott Bull 38.88
Al Russo 35.71
M35 John Kalnas 41.09
Henry Kalnas 40.22
M40 Glenn Weaver 33.68
John Roehr 33.06
Woody Disharoon 28.76
Frank Monroe 21.32
M45 Terry Shuman 37.54
M50 Larry Pratt 47.02
M. Harrington 46.40
John Bronstein 41.44
Jerry Sullivan 26.04
M55 Martin Kintish 40.14
Len Olson 38.70
Phil Scudieri 37.96
Ray Fleck 33.92
M60 R. Holloway 33.50
Art Harris 28.06
Al Jankola 27.78
Ned Curran 26.26
Nat Cirulnick 19.16
M65 Denver Smith 37.52
Ed Cunningham 21.32
M70 Boo Morcom 28.90
Chas. Irwin 24.60
Gene Wood 21.58
M75 Claude Hills 23.12
W35 Joan Stratton 33.08
W45 Roslyn Katz 21.10
W50 Joan Youngs 19.10
Dorthea Swanson 17.96
W55 Anne Cirulick 20.74

4x100m Relay
M30-39 (Biagiomi, Jeffers, Johnson, Brooks) 43.9
(Williams, Downs, Hudson, James) 44.7
(Galloway, Crenshaw, Johnson, Crumel) 48.7
M40-49 (Langley, Goodridge, Penn, Walton) 45.2
4x800m Relay
M30-39 (Hoffsmith, Bradley, Gutzwiller, Tompkins) 8:28.6

Rhode Island Senior Olympics
Brown U.; Providence;
June 23

100m
M40 Angel Nieves 12.0
M45 Roger Pierce 11.6
M50 Peter Tams 12.4
M55 Tony DaPonte 13.7
M60 Al Crowley 13.8
M65 Don Knapp 17.0
W40 Jane McQuade 16.2
W45 Valerie Fletcher 18.5
W50 Charlene Francis 16.8
W55 Ann Morris 16.9
W60 Catherine Grovell 19.2
W65 Ann McGowan 19.7
W70 Carmela Harris 21.2

200m
M40 Gary Johnson 24.5
M45 Roger Pierce 23.6
M50 Peter Tams 25.8
M55 Cliff Pauling 27.6
M60 Louis Smith 29.3
M65 Royce Sawyer 37.0
M70 Vern Mattson 30.3
W40 Lorraine Tucker 27.2
W45 Ann Bell 40.1
W50 Charlene Francis 35.7
W55 Liz Szawloski 37.6
W60 C Grovell 49.7
W65 A McGowan 44.9
W70 Carmela Harris 50.5

400m
M40 Gary Johnson 53.8
M45 Roger Pierce 52.9
M50 Dave Connolly 62.2
M55 Cliff Pauling 59.5
M60 Louis Smith 63.1
M65 Royce Sawyer 79.5
M70 Bill Carmen 74.7
W40 Lorraine Tucker 73.9
W45 Ann Bell 90.1
W50 Charlene Francis 76.0
W55 Liz Szawloski 82.3
W65 Julie Christo 95.8

800m
M40 Jim Sturges 2:07.5
M45 George May 2:14.4
M50 Art Conro 2:24.2
M55 Cliff Pauling 2:20.6
M60 Eden Osgord 2:39.2
M65 Carl Hammen 2:43.9
W45 Ann Bell 3:35.1
W50 C Francis 2:59.5
W55 Liz Szawloski 3:09.4
W65 Julia Christo 4:19.7

1500m
M40 Jim Sturges 4:17.4
M45 Pat Reid 5:01.8
M50 Art Conro 4:51.7
M55 John McGowan 5:24.4
M60 Herbert Waters 5:21.6
M65 Carl Hammen 5:25.5
M70 Ed Fenton 7:18.5
W40 Elaine Stoeckle 5:51.7
W45 Ann Bell 7:01.6
W55 Joyce Hals 5:49.9

M60 Don Ross 11:47.9
M65 Sid Taobe 12:32.0
W40 E Stoeckle 12:30.9
W45 Judy Ursillo 16:20.9

5K Race
M40 Charles Collins 16:46
M45 Jack Thornhill 17:16
M50 Bill Boardman 17:26
M55 John McGowan 19:52
M60 Don Ross 19:32
M65 Bill Gorman 22:53
M70 Ed Fenton 25:12
W40 E Stoeckle 20:10
W45 Ann Bell 26:58
W50 Eunice Hindley 24:49
W55 Helen Flynn 27:03
W70 Leona Tessier 32:23

High Jump
M40 Eugene Rivard 5-0
M45 James Brady 5-0
M50 Peter Tams 4-8
M55 Hank Perry 4-6
M60 Tony Vivieros 4-2
M65 Bob Vislosky 3-10
M70 Armando Ricciardi 4-0
W40 Jane McQuade 4-0
W50 Jan Marecsals 3-2
W55 Amy Hicks 3-2
W60 C Grovell 2-10
W65 Doris Berlepsch 2-10
W70 Libby Hagemann 3-0

Long Jump
M40 Walt Davenport 18-11
M45 S Ogun 16-2 1/2
M50 John Whelan 14-11 1/2
M55 Francis Lapointe 13-10 1/2
M60 Kip Trumbley 13-3 1/2
M65 John Costine 8-10 1/2
M70 Vern Mattson 13-9
W40 Jane McQuade 11-11
W50 Jan Marecsak 8-6
W55 Ann Morris 10-3 1/2
W60 C Grovell 8-1 1/2
W65 Ann McGowan 8-10
W70 Libby Hagemann 9-11

Shot Put
M40 Angel Nieves 40-5 1/2
M45 Robert Harvey 43-1 1/2
M50 Mike Hoffer 27-9 1/2
M55 Jim Flynn 35-6
M60 Bill Garrahan 35-11
M65 Herb Cantor 32-1 1/2
M70 Greg Battick 33-1 1/2
M75 Alfred Costa 16-7
M80 John Baker 24-0
W40 Jane McQuade 22-11
W50 Audrey Boyce 24-11
W55 Amy Hicks 22-10
W60 Rejeanne Denault 17-9 1/2
W65 Virginia O'Connor 22-4
W70 Libby Hagemann 24- 1/2
W75 Theresa Baccaci 15- 1/2

Discus
M40 David Brown 128-9
M45 Bob Harvey 118-4
M50 Steve Holmes 149-2
M55 Frank Bond 99-1
M60 Bill Garrahan 145-1
M65 Herb Cantor 118-7
M70 A U Ricciardi 107-2
M75 Alfred Costa 35-7
M80 Alexander Murphy 73-3

100m
Angelo Booker 31 11.4
Doug Mason 31 12.4
John Borden 41 12.6
Dawson Pratt 55 12.7
Chris Gaynor 38 14.3
Nate Byrd 52 26.0

200m
Doug Mason 31 25.5
Dawson Pratt 55 26.3
Carl Grossman 44 28.9
400m
Larry Simmons 48 1:01.2
Carl Grossman 44 1:04.1
1500m
Mike Buck 30 5:10.9
Martin Harms 53 5:23.4
Maureen Fazio W34 5:24.6

1500m racewalk
Jessica Krow W39 9:07.3
Ellis Lesack 57 9:07.6
3000m
K. Mecklenborg 39 11:13.4
Martin Harms 53 11:32.2
Grant Krow 49 11:38.4
Carl Grossman 44 11:40.9

high jump (meters)
Grant Krow 49 1.40
long jump (meters)
Tom Adams 55 2.82
pole vault
Rich Holmes 43 10' 6"
George Taylor 60 6' 6"
Mike Jenetta 37 n.h.

discus (meters)
John Bronstein 51 42.12
John Kalnas 35 40.78
Stew Beltz 38 28.98
shotput
Stew Beltz (38) 39' 4.75"
John Bronstein (51) 34' 1.5"

W40 Jan McQuade 62-9
W50 Audrey Boyle 73-3
W55 Amy Hicks 89-3
W60 Catherine Grovell 41-1
W65 Doris Berlepsch 50-10
W70 Libby Hagemann 62-1
W75 Theresa Baccaci 38-11

Hammer
M40 Paul Germanoski 118-3
M45 Bob Harvey 106-1
M50 Mike Hoffer 75-2
M60 Matthew Boyle 88-1
M65 Herb Cantor 103-2
M70 A U Ricciardi 112-4
M75 H P Narcissian 68-4
M80 John Baker 57-0
W40 Mary Iless 59-9
W50 Joan Young 62-10
W55 Amy Hicks 72-11
W60 Joyce Finley 46-8
W65 Dorothy Berlepsch 45-5
W70 Libby Hagemann 68-8 (age-group WR)

Javelin
M40 Eugene Rivard 139-5
Eugene Rivard 139-5
M45 Bill Demagistes 159-5
M50 Pat Conley 115-9
M55 Robert Youngs 143-5
M60 Bill Garrahan 117-10
M65 Herb Cantor 100-6
M70 A U Ricciardi 88-7
M75 Frank Rubin 37-5
M85 George Conway 31-5
W40 Lorraine Tucker 88-3
W50 Joan Youngs 64-10
W55 Amy Hicks 75-1
W60 C Grovell 40-4
W65 Doris Berlepsch 55-6
W70 Libby Hagemann 57-10

1500mRW
M40 Phil McGaw 6:39.9
M45 Mike Romoli 7:08.5
M50 Mike Hoffer 9:16.5
M55 George Scott 7:58.3
M60 Louis Candido 9:23.3
M65 Al Drapeau 10:00.2
M70 George Demers 9:41.4
M75 Frank Rubin 10:12.0
M80 Alex Murphy 11:38.4
W40 Mary Claire Hess 10:57.6
W50 Pauline Blais 12:38.3
W55 Velia Madancy 12:33.8
W60 Helen Lornoth 10:37.7
W65 Dot Thornley 10:49.1
W70 Antonetta Amaral 11:51.4
W80 J Blinkhorn 13:37.6

Niagara TAC Championships
Buffalo, NY;
June 23

Masters - Women
100
W30 Dawn Gearhart 16.63
W30 Debbie Eckhardt 17.66
W35 Sylvia Kapturovski 16.64
W40 Pamela Duncan 13.66
W40 Jo Cross 14.29
W50 Dorthea Swanson 18.57

200
W35 Darbie Maccubbin 29.69
W35 Sylvia Kapturovski 35.53
W40 Pamela Duncan 29.22
400
W30 Dawn Gearhart 1:18.63
W35 Sylvia Kapturovski 1:24.51

1500
W30 Dawn Gearhart 5:54.44
W35 Darbie Maccubbin 5:38.714
W35 Sylvia Kapturovski 6:42.59

Long Jump
W30 Dawn Gearhart 9'11 1/4
W35 Donna Sayers 11'7 1/2
W50 Dorthea Swanson 10'1"
Triple Jump
W35 Donna Sayers 22'3 1/2
W50 Dorthea Swanson 18'2"

High Jump
W30 Debbie Eckhardt 3'2"
Shot Put
W30 Debbie Eckhardt 23'4"
W35 Nancy LaChiusa 19'7 1/2
W50 Dorthea Swanson 23'3 1/4
W60 Mary Thomson 22'1"

Discus
W30 Debbie Eckhardt 70'11"
W35 Nancy LaChiusa 60'0"
W50 Dorthea Swanson 64'10"
W60 Mary Thomson 55'7"
Heavy Weight
W30 Debbie Eckhardt 20'3"
W35 Nancy LaChiusa 22'3"
W50 Dorthea Swanson 29'7"

Javelin
W30 Debbie Eckhardt 53'0"
W35 Donna Sayers 68'4"
W35 Nancy LaChiusa 26'10"
W50 Dorthea Swanson 53'10"
W60 Mary Thomson 41'10"
Masters - Men
100
M35 Chris Best 11.74
M40 Mike Nedd 11.65
M40 A. Laframboise 12.20
M40 John Hoop 13.06
M45 George Pachovsky 12.50
M50 Dave Waddell 13.18

SOUTHEAST

16th Annual NW T&F Classic
Miami, FL; June 8-9

100m
M30 Lindal Hodge 10.77
David Jones 11.15
Richard Dorsett 11.43
M35 Nate Robinson 11.08
Harvey Jackson 11.44
Ricky Hush 11.49
M40 Emilio Labori 11.80
Labon McDonald 12.46
M45 Tyrone Carlis 12.00
W30 Hazel Lucas 13.52
Sylvia Jones 13.96
Ruth Watson 14.06
W40 Lorraine Tucker 13.66

200m
M30 David Jones 23.00
Richard Dorsett 23.14
Sheddon Plowright 23.90
M35 Nate Robinson 23.23
Ricky Hush 24.04
William Street 25.52
M40 Emilio Labori 24.51
Joe Hart 24.75
M45 Tyrone Carlis 23.98
W30 Hazel Lucas 27.91
W40 Lorraine Tucker 28.55

400m
M30 David Jones 51.90
Sheddon Plowright 52.90
Cecil Mayors 55.24
M35 Ricky Hush 54.79
William Street 62.64
M45 John Shenk 60.47

800m
M30 Anthony Watson 2:03.46
Sheddon Plowright 2:04.19
Ricky Hush 2:10.00

1500m
M30 Mabry McCray 4:00.57
Anthony Watson 4:20.00
M45 John Shenk 5:03.85

3000m
M30 Anthony Watson 9:28.72
4x100
M30 P.A.L. Express 45.37

High Jump
M30 Ian Harrison 5-8
M35 Delroy McKoy 5-2
Ricky Hush 5-0
W30 Sannette Robinson 4-8
Maxine JCF 4-8
Donna Harris 4-8

Long Jump
M35 Delroy McKoy 19-9
Triple Jump
M40 Emilio Labori 38- 1/4
Shot Put
M35 Delroy McKoy 32-4 1/2
M40 Bill Dimitrouleas 38-5

1500 RW
M40 John Fredericks 6:57.7
M55 Bob Fine 7:37.0
M70+Paul Geyer 9:10.8
W35 Donna Pop 9:00.1
Denise Shepard 9:22.5
Maryann Quigley 11:58.3
W40 Louise Tolson 8:39.5
W45 Shelia Cichocki 8:39.5
W50 Anne Dann 9:16.9
W65 Miriam Gordon 9:16.4
W70+Trudy Beyer 13:55.3

Miami RC All-Comers
Miami, FL; June 11

100m
M30 Paul Perry 33 13.00
Al Fernandez 33 13.01
M40 C Simpson Jr 43 12.08
Joe Hart 40 13.00

200m
C McCaskey 34 ---
M40 Joe Hart 40 ---
W30 Ana Herreira 33 ---
M50 Mimi Olivera 51 ---

400m
M30 C McCaskey 34 63.06
Chuck Tobey 37 64.08
M40 O Stallings 44 64.01
W30 Ana Herreira 33 79.08
W50 Mimi Olivera 51 87.01

800m
M30 C McCaskey 34 2:30.05
M40 Larry Murdock 492:31.05
Tom Trump 42 2:41.02

1600m
M30 Mike Becker 32 5:19
M40 Jack Wilson 43 5:36
Tom Trump 42 5:41
W30 A Herrera 33 6:20
W40 Cindy Jacobson 44 7:18
W50 M Olivera 51 7:04

Long Jump
M30 Paul Perry 14-10
Discus
M30 Chuck Tobey 96-11
150m RW
M30 John Blair 38 13:39
Mike Hammett 34 15:30
M40 Ron Rodin 45 12:30
M60 Sig Kurz 61 9:26
W60 Trudy Byer 71 13:38
Nancy Wienand 61 16:30
Glora Sadovsky 69:16:44



Phila. Masters Meet, La Salle University
Philadelphia, PA; June 22

Jim Bantum Sprint Triathlon (200-100-400)

267.0 Ed Matthews M71 29.7(90.2) 14.4(88.1) 70.8(88.7)
258.1 Bert Lancaster M63 29.1(85.2) 13.3(89.3) 68.8(83.6)
255.6 Joe Hemler M56 26.9(87.1) 13.5(84.0) 63.6(84.5)
254.7 Phil Felton M42 25.0(85.3) 12.4(85.0) 56.7(84.4)
248.7 Bob O'Brien M51 27.5(82.2) 13.4(82.2) 61.0(84.3)
244.2 Karl Castor M39 26.2(80.0) 12.8(81.2) 56.4(83.0)
243.0 Oscar Harris M67 31.5(81.7) 14.7(83.3) 76.9(78.0)
236.2 Warren Fisher M35 25.9(79.1) 13.0(78.5) 57.9(78.6)

Middle Distance Triathlon (1500-400-800)

252.1 Gary Tompkins M41 4:23.7(85.7) 58.3(81.5) 2:09.9(84.9)
251.4 Kelsey Brown M63 5:32.3(81.8) 66.4(86.6) 2:39.8(83.0)
238.6 Jim Hodge M51 5:26.1(74.3) 62.3(82.6) 2:24.8(81.7)
237.8 Bruce Gilbert M55 5:19.6(78.5) 65.9(80.8) 2:35.9(78.5)
235.9 Bob Harmon M39 4:44.1(78.5) 61.1(76.6) 2:14.7(80.8)
233.2 Tom Gallagher M51 5:05.3(79.4) 67.4(76.3) 2:32.6(77.5)
224.2 Larry Hart M40 4:57.8(75.4) 63.7(74.0) 2:26.5(74.8)
217.8 Greg Atzert M46 5:12.7(74.7) 70.5(70.0) 2:36.0(73.1)
217.5 Moose DeMalto M63 6:32.7(69.2) 75.6(76.1) 3:03.7(72.2)
216.4 Greg Hanson M36 5:30.4(66.3) 60.7(75.5) 2:23.2(74.6)
215.3 Michael Howard M31 5:05.3(69.7) 59.5(74.5) 2:26.1(71.1)
196.8 Jerry Nolan M63 7:25.6(61.0) 84.0(68.5) 3:17.1(67.3)

All Around Triathlon (long jump-shot-200)

211.1 Jim Fazio M34 5.78(69.8) 11.43(59.1) 24.8(82.2)
209.7 William Corsey M42 5.65(74.4) 9.38(52.9) 25.9(82.4)
203.5 W. Disharoon M42 5.03(66.3) 9.84(55.5) 26.1(81.7)
186.2 Ron Noreen M58 3.45(55.9) 9.58(59.5) 33.6(70.8)
182.7 George Taylor M60 3.68(61.3) 8.35(50.5) 34.1(70.9)

Scoring by performance-level percentages as computed using
Masters Age-Graded Tables (1989 edition).



Continued from previous page

Nashville TC Meet Nashville, TN; June 15
100m M40 John Stiehl 12.5 M50 Dave Ellis 14.3 M55 Ralph Summerlin 12.8 M60 Ed Reddill 13.3
200m M30 Jay Mathis 23.7 M35 Dave Mosely 25.2 M40 J Stiehl 25.5 M55 James Mathis 25.4 M60 E Reddill 27.6 M45 Judy Gillespie 35.9
400m M30 Chris Gibson 50.5 M35 D Mosely 55.6 M40 J Stiehl 62.5 M45 Ed Kollis 60.7 M55 J Mathis 55.3 M60 Fred Lovelace 73.4 M45 J Gillespie 80.7
800m M30 Gary Perry 2:01.5 M35 John Payne 2:05.9 M40 Ron Merville 2:11.3 M60 Gordon Siefert 2:22.9 W30 Sherrie Bowers 2:34.5 W55 Evelyn Zerfoss 3:07.6
1500m M30 Terry Edmondson 4:53.5 M35 Guy Giles 4:46.5 M40 Ron Merville 5:00.9 M55 Wendell Curry 7:04.1 M60 Larry Hall 6:07.9 W30 S Bowers 5:35.2 W35 Elaine Williams 7:38.5
5000m M40 Steve Davis 18:12.7 M50 Ray Langton 20:47.2 M60 F Lovelace 26:00.3
100m Hurdles M40 Dave Ellis 16.3
80m Hurdles M70 Joseph Martin 14.1
Long Jump M30 Brad Davies 18-6 M40 Larry Jones 13-4 M55 W Curry 12-8 M60 Frank Hayes 13-8
Triple Jump M35 D Mosely 36-10 M40 Larry Jones 29-11
Shot Put M30 Don Harris 27-10 M40 Jim Accordie 42-2 M50 Bob Beck 42-1 M55 Nyles Spurlock 42-1 M60 Don Harris 82-1 M35 Dave Beshears 112-5 M40 Russ Baker 131-5 M50 Bob Beck 117-5 M55 N Spurlock 122-6 M65 Ed Holmes 109-11
Javelin M30 B Harris 172-9 M35 D Beshears 142-2 M40 R Baker 180-1 M50 Lou Vodopya 99-0 M55 N Spurlock 121-8
Pentathlon M30 Brad Davies 2874 M35 Dave Beshears 2933
1500m RW M35 Ron McCrory 9:03.9 M55 Bill Corley 11:29.5 W40 Eliz Longton 10:42.4
Southeastern Masters Classic/ South Carolina TAC Masters Championships Greenville; June 22
100m M30 Randy Young 11.5 Tommy Jones 13.3 Jeff Johnson 13.8 M35 Jackie Chambers 12.6 Tim Willis 12.6 M40 Bob Green 11.9 Doug Purinton 12.2 Lamar Beckom 12.4 M45 Thad Bell 11.6 Gary Bell 12.1 Jim Wynn 13.1 M50 Tom Kindel 13.2 Earl Wilson 13.9 M55 Ralph Summerlin 12.4 Bobby Hollis 13.8 John Moll 13.9 M60 T Bartenfield 15.3 Pierre Rosier 15.9 M65 Jim Lav 12.9 Jim Dykes 16.0 M70 M McWilliams 14.0 Joe Martin 15.0 Bud Varas 16.7 M75 Milt Williams 15.6 W35 Marilyn Brown 18.0 W40 Donna Settles 14.6 Diane Vance 15.3 Nonie Hudnall 16.5
200m M30 K McCarragher 23.9 Randy Young 24.2 G McCarroll 25.7

M40 Bob Green 23.7 Bob Underwood 25.2 Jerry Mincey 26.9 M45 Thad Bell 23.3 Ron Johnson 23.6 Gary Bell 25.2 M50 Sam White 25.8 Tom Kindel 28.2 Bill Keesling 29.9 M55 B Hollis 29.4 Ron Monroe 32.1 M65 Jim Lav 26.3 M75 M Williams 43.2 M80 Caldwell Nixon 44.2 W35 Marilyn Brown 34.9 W40 Donna Settles 29.6 Nonie Hudnall 35.0
400m M30 R Young 52.4 G McCarroll 57.4 M40 Bob Green 52.8 Sam Howell 53.1 Greg Hunter 54.3 Bob Underwood 54.9 M45 R Johnson 56.0 Gary Bell 58.6 Ray Dennis 70.2 M50 S White 57.8 M55 Bobby Hollis 62.8 Ralph Summerlin 63.9 Ron Monroe 76.4 M65 Jim Lav 61.8 M80 C Nixon 1:46.4 W30 Tami Dennis 72.9 W35 Marilyn Brown 80.5 W40 D Settles 68.4
800m M30 Randy McManus nta G McCarroll nta M35 Mike Baird 2:09.4 M40 Greg Hunter 2:12.0 M45 Ray Dennis 2:47.0 M50 B Keesling 2:50.8 M55 Jack Gilmore 2:42.4 Bobby Hollis 3:50.7 M60 Casey Jones 2:25.1 M80 Caldwell Nixon 4:39.4 W30 Tami Dennis 2:46.4
1500m M30 Randy McManus 4:14.4 Bill McAmis 5:02.9 M35 Jack Todd 4:30.3 Mike Baird 4:40.1 M40 John Tucker 4:15.5 Jim Zabel 4:29.8 Ed Prytherch 4:42.3 M45 Ray Dennis 5:25.3 M55 Ron Monroe 5:48.7 Bobby Hollis 6:46.7 M70 Bud Varas 7:42.4 M80 Caldwell Nixon 8:24.3 W30 Tami Dennis 5:04.3
3000m M30 Randy McManus 9:46.0 Bill McAmis 12:16.9 M40 Rob Schwamberger 10:44.9 Tom Fuduric 11:18.5 Ed Prytherch 11:35.8 M55 Ron Monroe 13:25.3 Bobby Hollis 14:57.8
5000m M35 Mayes Stark 17:22.6 Jim Roberts 19:41.9 M40 Phil Peterson 17:15.6 Lucky Voiselle 18:12.9 M45 Art Williams 18:18.4 Dennis Fortner 21:44.1 David Beaver 24:01.9 M50 Adrian Craven 19:16.4 David Turner 23:31.0 Tom Guzik 24:45.0 M55 John Thompson 20:54.5 W40 Nonie Hudnall 23:28.3
Short Hurdles M30 Jeff Johnson 19.5 M40 Lamar Beckom 15.9 M70 Joe Martin (age-group WR) 14.3 W45 Ann Carter 17.4
Long Hurdles M40 Lamar Beckom 60.5 Greg Hunter 70.2 M45 Tom Brewer 63.5 M70 Joe Martin 56.5
Steeplechase M30 Bill McAmis 13:33.9 M40 Ed Prytherch 13:50.9 M75 Bob Boal 11:55.8
High Jump M30 John Orcut 6-4 Trace Barnette 5-8 M35 Skeet Keyes 5-0 M40 Doug Purinton 5-2 Greg Hunter 4-8 M45 Art Thomas 4-2 M50 Sammy White 5-0 Mike Valle 4-8 M55 Jack Gilmore 4-10 M65 Vic Golowash 4-2 M70 Don Hull 3-6 Chas Hirshey 2-6 M75 Milt Williams 3-10 Chas Hirshey 2-6 W45 Brenda Bloomfield 3-8 W55 Betty Vosburgh 4-0
Long Jump M30 J Johnson 15-2 M40 Doug Purinton 16-11 Bob Green 16-7 M40 Rob Underwood 16-2

M45 Tom Brewer 18-7 M50 Sammy White 16-8 Mike Valle 14-11 Tom Kindel 14-3 M55 Jack Gilmore 14-6 M60 Gus Bartenfield 12-7 M65 Jim Dykes 12-3 Vic Golowash 11-4 M70 Bud Varas 11-7 Don Hull 10-5 Chas Hirshey 6-1 M75 Chas Hirshey 6-1 W55 Betty Vosburgh 12-6
Triple Jump M30 Trace Barnette 44-3 Jeff Johnson 31-0 M35 Skeet Keyes 21-10 M40 Doug Purinton 34-10 M50 Mike Valle 30-7 M60 T Bartenfield 25-9 M65 Vic Golowash 22-8 M70 Don Hull 21-2 Chas Hirshey 13-3 M75 Chas Hirshey 14-4 W45 Ann Carter 25-1
Shot Put M30 Wilbert Carter 49-5 Fred Hamilton 36-6 Tommy Jones 36-2 M35 Jeff Baty 42-5 M40 John Harper 40-3 Bob Green 39-10 L B Clayton 36-2 M45 Ray Manley 27-10 Art Thomas 24-10 M50 Mike Valle 40-5 Bill Keesling 29-10 M55 John Moll 28-3 M65 Floyd Simmons 41-1 Vic Golowash 22-6 M70 Chas Hirshey 30-9 Don Hull 29-4 M75 Jack Wood 30-8 Chas Hirshey 29-6 Milt Williams 27-7 W30 Kris Hartvigsen 29-5 W40 Diane Vance 25-3 Nonie Hudnall 23-0 W45 B Bloomfield 23-2 Margaret Lark 15-8 W55 Betty Vosburgh 27-4 W65 Jos Sullivan 16-2
Discus M30 Wilbert Carter 136-0 Fred Hamilton 112-4 Trace Barnette 112-0 M35 Jeff Baty 130-3 Charlie Thiret 116-3 Beasey Hendrix 84-2 M40 John Harper 121-8 John Underwood 90-5 L B Clayton 89-10 M45 Art Thomas 69-7 M50 Mike Valle 127-2 M55 Jack Gilmore 112-3 John Moll 97-9 M65 Floyd Simmons 116-2 Vic Golowash 88-7 Jim Dykes 84-2 M70 Don Hull 75-9 Chas Hirshey 70-1 M75 Jack Wood 88-9 Milt Williams 72-4 Chas Hirshey 67-11 W30 Kris Hartvigsen 102-2 W35 Patty Deye 71-0 W45 Margaret Lark 43-5 W65 Jos Sullivan 39-4
Hammer M30 Wilbert Carter 103-2 M35 Jeff Baty 116-0 M40 L B Clayton 82-5 John Woodward 69-2 M45 Art Thomas 80-2 M50 Dick Bloomfield 140-0 Mike Valle 132-8 M65 Vic Golowash 71-6 M70 Don Hull 88-6 Chas Hirshey 70-5 M75 Jack Wood 79-11 Chas Hirshey 70-1 W45 B Bloomfield 100-0
Javelin M30 Fred Hamilton 127-2 M35 Jeff Baty 160-2 Beasey Hendrix 132-8 Skeet Keyes 102-10 M40 Glenn Weaver 169-10 Bob Green 133-7 Bob Underwood 115-2 M45 Ray Manley 107-10 Art Thomas 106-10 M50 Mike Valle 105-3 M65 Floyd Simmons 120-7 Vic Golowash 84-6 Jim Dykes 78-1 M70 Don Hull 65-10 Chas Hirshey 51-8 M75 Chas Hirshey 51-8 W35 Barbara Waddle 69-0 Patty Deye 56-4 W45 Margaret Lark 45-0 W55 Betty Vosburgh 72-6 W65 Jo Sullivan 43-0
56# Weight M30 Wilbert Carter 49-6 M35 Jeff Baty 40-10 Charlie Thiret 33-3 M40 L B Clayton Jr 30-10 John Woodward 24-1

M45 Art Thomas 23-11 M50 Dick Bloomfield 41-2 Mike Valle 32-5 M70 Chas Hirshey 12-7 M75 Chas Hirshey 12-7
16# Weight W45 Brenda Bloomfield 36-6
56# Weight M30 W Carter 31-11 M35 Chas Thiret 22-0 M40 John Woodward 15-4 M45 Art Thomas 16-11 M50 Dick Bloomfield 26-2 Mike Valle 21-11 M70 Don Hull 10-5 M75 Chas Hirshey 8-1
5000m RW M30 Ian Whatley 22:12.3 M35 David Waddle 25:28.8 M40 David Hale 27:51.3 M45 Stanley Pauls 32:31.1 M50 William Chelf 27:11.0 Tom Guzik 32:07.8 Ken Harrison 35:22.8 M55 Larry Green 27:52.6 M60 Mike Michel 29:29.7 M65 John Snaden 34:55.3 M80 Caldwell Nixon 42:22.3 W35 Barbara Waddle 39:12.0
MIDWEST
Indiana Masters TAC Meet Indianapolis; June 9
100m M30 Mike Stewart 12.3 David Knaus 12.3 M35 Wm Edwards 11.4 M40 Chas Stallworth 12.0 Lloyd Hatchcock 12.1 M50 Ken Brooks 15.7 M70 Chuck Whitney 16.4 M85 Arling Pitcher 21.5 W35 Martha Brown 15.1 W40 Chris Davis 15.9 W45 Cathy Primmer 15.3 W55 June Brumley 19.1 Rosa Trotter 21.0
200m M30 David Knaus 24.9 M35 Don Goodwin 23.8 M40 L Hatchcock 24.7 Steve Smith 25.0 M70 Chuck Whitney 36.6 M85 Arling Pitcher 56.6 W45 Cathy Primmer 32.4
400m M30 David Knaus 55.9 M35 Don Goodwin 52.8 M40 Fred Soverby 51.4 M45 Joel Barnes 64.4 M50 Floyd Romack 63.8 Don Shuck 68.7 M70 Chuck Whitney 83.2 W45 Cathy Primmer 74.0 W55 June Brumley 91.4
800m M35 Mark Furkis 2:05.9 M40 Jim Woosley 2:18.4 M50 Floyd Romack 2:33.4 Don Shuck 2:45.0 M55 Mike Goldman 2:25.6 Robert Premo 4:02.5 M60 Julian DeFabis 2:30.4
1500m M35 Mark Furkis 4:13.40 M40 John Lutgring 4:31.64 Gary Stroud 5:14.78 M50 Floyd Romack 4:54.49 Don Shuck 5:30.31 M55 Mike Goldman 5:00.47 Robert Premo 7:03.46 M60 Julian DeFabis 5:19.25 W55 June Brumley 6:13.03
3000m M40 Robert Meier 9:57.1 M50 Floyd Womack 11:18.2 Eugene Lausch 11:28.2 M60 Julian DeFabis 12:44.6
5000m M35 Mark Furkis 15:27.0 M45 Ed Merritt 20:42.4 M55 Robert Premo 36:40 W40 M Strawbridge 18:51.89
110mH M35 Bill Cherdle 16.35 M40 James Chutcher 18.16
400mH M35 Bill Cherdle 59.8 M40 Fred Soverby 57.7
Steeplechase M45 Floyd McWilliams 12:06.7 M55 Robert Premo 20:25.8
High Jump M30 Mike Stewart 5-8 M35 Ken Rowe 5-10 Ted Tiernon 5-6 M45 Dennis Garriotte 5-1 M55 Robert Jones 4-6 M80 Wesley Ward 3-10 M85 Arling Pitcher 3-1 W45 Cathy Primmer 3-6 W55 June Brumley 3-2

Pole Vault M30 Rick Rogers 15-6 M35 Ted Tiernon 12-0 M40 Richard Kochert 11-6 Mark Beck 10-0 M45 Dennis Garriotte 10-6 M55 Don Zimmerman 8-6 M85 Arling Pitcher 3-8
Long Jump M35 Ed Courtright 5.15m M40 Dick Kochert 5.15 Lloyd Hatchcock 4.89 M45 Dennis Garriotte 5.40 M50 Ken Brooks 3.66 M55 Robert Jones 4.19 W40 Chris Davis 3.22 W55 Rosa Trotter 1.37
Triple Jump M35 Ken Rowe 10.55 M55 Robert Jones 8.82 M85 Arling Pitcher 4.26 W55 Rosa Trotter 3.62
Shot Put M30 James Bell 12.91 Mike Stewart 10.83 M35 Jim Hiatt 12.09 M45 Barry Donovan 12.16 Mickey Bitsko 11.36 M50 Ed Evans 10.65 Harold Koch 10.55 M55 Brad Ankerstar 10.31 M60 Loyd Smith 11.35 M70 Chuck Whitney 6.63 W50 Joann Grissom 11.74
Discus M30 Lee Wildman 43.04 James Bell 37.20 M35 Jim Hiatt 37.00 M40 David Stibing 35.84 M45 Mickey Bitsko 34.74 Barry Donovan 30.70 M50 Ed Evans 40.76 Harold Koch 31.56 M55 Everett Hardy 35.62 Brad Ankerstar 31.54 Al Pike 31.54 M60 Loyd Smith 27.52 W50 Joann Grissom 23.94
Hammer M40 David Stibing 41.19 M45 Mickey Bitsko 45.49 M50 Harold Koch 26.21 M55 Jerry England 34.81 Don Zimmerman 27.72 M60 Loyd Smith 26.65 W50 Joann Grissom 30.14
Javelin M50 Harold Koch 30.70 Rob Johnson 25.06 M55 Brad Ankerstar 27.26 Robert Premo 21.22 M60 Loyd Smith 35.72 M70 Chuck Whitney 19.86 M85 Arling Pitcher 12.82 W50 Joann Grissom 24.24 W60 Georgia Pitcher 7.24
Cleveland Track Classic Wickliffe, OH; June 22
100m M30 Jesse Thomas 10.8 Chas Johnson 11.3 Ken Fews 11.4 Ed Harris 11.4 M40 Clarence Ray 11.3 Money Goines 11.6 Gerald Woolfolk 11.6 Fred Collins 11.6 M50 Scott Tyler 11.6 Paul Williams 11.7 Bernie Smith 12.4 M60 Ted Swanson 13.3 Jack Greenwald 13.6 Dave Klingensmith 13.7 M70 Bill Weinacht 13.9
W30 Pat Finley 14.8 Darbie Maccubbin 15.0 G Anthony 16.2 W40 Donniss Drumgole 13.3 Pam Duncan 14.2 Jo Cross 14.6 W50 Essie Kea 15.7 S Stiegelmeier 16.0 W60 Lucille Sampson 20.4
200m M30 Jesse Thomas 22.7 Chas Johnson 23.2 Ken Fews 23.3 M40 Clarence Ray 23.5 Fred Collins 24.3 Bert Peters 24.5 M50 Scott Tyler 25.5 Chas Dudley 26.9 Barry Kline 27.6 M60 Ted Swanson 28.0 Jack Greenwald 28.2 Ken Morris 29.5 M70 Bill Weinacht 29.5
W30 Carol Asam 29.0 Darbie Maccubbin 30.0 Pat Finley 30.8 W40 Donniss Drumgole 65.3 Jo Cross 29.9
400m M30 Jesse Thomas 50.9 Ed Harris 51.1 Cris Gibson 52.0

M40 Clarence Ray 54.7 Bob Zimmerman 55.2 Mike Nedd 55.7 M50 Bernie Smith 60.7 Chas Dudley 63.2 Grover Coats 64.0 M60 J Greenwald 65.2 Ted Swanson 66.7 D Klingensmith 66.9 M70 B Weinacht 74.6 W30 Darbie Maccubbin 65.6 Geraldine Anthony 79.8 W40 Donniss Drumgole 65.3 Pam Duncan 66.4
800m M30 Jim Bushey 2:09.1 Bob Thomas 2:09.4 Brian Jones 2:21.5 M40 Tyrone Griffin 2:06.9 Glenn Andrews 2:07.6 Pat Dineen 2:08.9 M50 Jim Huffman 2:23.0 Jack Miller 2:24.0 Ted Breault 2:30.3 W30 D Maccubbin 2:42.2 G Anthony 3:20.2
1500m M30 Chuck Allen 4:36.8 John Metz 4:42.4 Vince Walls 4:50.1 M40 Ty Griffin 4:40.7 Pat Dineen 4:45.2 Greg Kliban 4:59.9 M50 Bob Premo 7:16.4
Two Mile M30 Chas Woods 10:57.3 M40 Peter Formica 12:19.0 M50 Bob Premo 16:36.0 M60 Al Friedl 15:15.9 Dick Cavicchi 22:52.1 W40 Ruta Kuvicivius 13:28.2 W60 Mary Cavicchi 23:41.2
Short Hurdles M30 Glen Conley 15.3 Ken Repeta 15.7 Nate Matthews 16.5 M40 Dolan Street 17.9 Ross Jensen 18.8 Ralph Hughley 19.7 M50 Scott Tyler 14.5 Barry Kline 15.5 Doug Alberts 17.7 M60 Denver Smith 17.2 Fred Hirsimaki 19.4 Mark Richards 20.9 W30 Carol Asam 17.0 W40 Donniss Drumgole 22.9
Long Hurdles M30 Darrell Sharp 66.8 M40 Dolan Street 63.0 Ross Jensen 66.3 Walter Davis 76.4 M50 Scott Tyler 63.3 Barry Kline 73.5 Doug Alberts 81.3 M60 Denver Smith 53.3 Ken Morris 61.7 W30 Carol Asam 73.7
4x100m Relay M30 Buffalo Pioneers 44.7 Team Illinois 44.8 Greater Rochester 45.8 M40 Four Winds 46.4 Detroit Fitness 48.4 M50 Buffalo Pioneers 53.1 Over The Hill 53.9
4x200m Relay M30 Team Illinois 1:34.6 Greater Rochester 1:34.7 Buffalo Pioneers 1:35.7 M40 Four Winds 1:36.3 Decathlon Midwest 1:39.8 Cleveland Masters 1:40.1 Over The Hill 1:56.6
4x400m Relay M30 Buffalo Pioneers 3:38.5 Over The Hill 3:43.6 Ohio Alumnies 3:55.3 M40 Four Winds 3:46.0 Detroit Fitness 3:58.3
4x800m Relay M30 Ohio Alumnies 8:24.5 Buffalo Pioneers 9:18.6 M40 Detroit Fitness 9:24.4 M50 Over The Hill 12:02.4
High Jump M30 Greg Coats 6-7 M40 Eric Bray 5-7 Allen Ray 4-9 Irvin Taylor 4-9 M50 Barry Kline 5-4 Roger Burke 5-0 Doug Alberts 4-6 M60 Fred Hirsimaki 4-5 Ted Swanson 4-2 Mark Richards 4-0 W30 Karen Corso 5-6 W40 Jo Cross 4-0 Deborah Davis 3-6 W60 Barbara Brandt 3-2
Pole Vault M30 Rick Christoph 13-0 Mike Kollros 12-0 Mike Drozin 11-6 M40 Allen Ray 8-0

Continued on next page







Continued from previous page

Table with 2 columns: Name and Time. Includes entries like M60 John Poppell 12.96, M70 Payton Jordan 13.49, W30 Donna Carley 12.58.

Table with 2 columns: Name and Time. Includes entries like M30 J Wattenburg 23.50, M35 Ramon Vasquez 24.78, M40 Eddie Hart 22.62.

Table with 2 columns: Name and Time. Includes entries like M45 John Aldridge 24.52, M50 Martyn Adamson 24.56, M55 Hugo Hartenstein 24.48.

Table with 2 columns: Name and Time. Includes entries like M60 John Poppell 26.20, M65 Bob Watanabe 27.42, M70 Payton Jordan 27.71.

Table with 2 columns: Name and Time. Includes entries like W30 Donna Carley 28.85, W35 M Dixon 26.77, W40 Marti Behrens 26.66.

Table with 2 columns: Name and Time. Includes entries like M30 J Wattenburg 50.52, M35 Ron Fisher 53.42, M40 John Redding 53.91.

Table with 2 columns: Name and Time. Includes entries like M45 Dennis Duffy 54.59, M50 M Adamson 54.83, M60 Bob Watanabe 62.34.

Table with 2 columns: Name and Time. Includes entries like M70 Bob Hunt 81.19, W30 Cynthia Ruiz 64.83, W35 Nancy Frost 65.26.

Table with 2 columns: Name and Time. Includes entries like M30 Bart Williams 1:58.86, M35 Randall Sturgeon 2:09.51, M40 Daryl Katcher 2:04.45.

Table with 2 columns: Name and Time. Includes entries like M45 George Mason 2:04.03, M50 Bill McMillen 2:12.71, M60 D Stevenson 2:28.92.

Table with 2 columns: Name and Time. Includes entries like M70 Jim Lytjen 3:26.24, W35 B Schlatter 2:30.38, W40 Linda Mantynen 2:31.06.

Table with 2 columns: Name and Time. Includes entries like M45 David Amster 4:11.5, M50 Dennis Tracey 4:17.2, M55 Jim Gorman 4:17.6.

Table with 2 columns: Name and Time. Includes entries like M45 Harvey Franklin 4:18.1, M50 Tom Laris 4:18.5, M55 Mike Acilley 4:24.5.

Table with 2 columns: Name and Time. Includes entries like W30 Diane Nelson-Fitzpatrick 4:45.9, W40 Linda Mantynen 5:08.0, W45 Madelyn Moon 6:02.4.

Table with 2 columns: Name and Time. Includes entries like M40 Don Paul 15:38.4, M45 D Peterson 18:44.9, M50 Jim Bevins 18:55.5.

Table with 2 columns: Name and Time. Includes entries like M60 Tom Walsh 23:13.7, M65 Eugenio Walter 21:52.0, M70 P Delfausse 30:16.6.

Table with 2 columns: Name and Time. Includes entries like W30 D Nelson-Fitzpatrick 17:49.6, W35 Kathleen Batty 21:23.2, M40 Mike Holzgang 19.83.

Table with 2 columns: Name and Time. Includes entries like M50 Hugh Adams 14.35, M60 Will Robinson 17.66, M70 Bob Hunt 17.29.

Table with 2 columns: Name and Time. Includes entries like M30 Leon Kennon 57.77, M35 Tony Melody 57.92, M40 John Poppell 27.90.

Table with 2 columns: Name and Time. Includes entries like M65 Bob Watanabe 27.42, M70 Payton Jordan 27.71, W30 Donna Carley 28.85.

Table with 2 columns: Name and Time. Includes entries like M30 Doug Bachmiller 15-1, M35 Craig Boyak 14-9, M40 Ed Seese 13-8.

Table with 2 columns: Name and Time. Includes entries like M45 Don Dvorak 17-5, M50 O Legend 14-1, M55 Steve Richmond 15-5.

Table with 2 columns: Name and Time. Includes entries like M60 Al Brenda 15-2, M65 Jim Johnson 11-6, W35 Marian Terrell 13-10.

Table with 2 columns: Name and Time. Includes entries like M30 Dave Quilantang 19-8, M35 Rich Ulrich 17-3, M40 Roger Trujillo 20-5.

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Table with 2 columns: Name and Time. Includes entries like M50 Joe Keshmiri 49-11, M55 Steve Richmond 31-4, M60 Al Brenda 33-4.

Table with 2 columns: Name and Time. Includes entries like M65 Jerry Silsdorf 27-7, M70 A H Cronkhite 35-6, R Hustace 31-10.

Table with 2 columns: Name and Time. Includes entries like M75 Ross Carter 37-11, M80 A Puglizovich 22-8, W55 Barbara Racine 22-5.

Table with 2 columns: Name and Time. Includes entries like M30 Jim Scileny 82-11, M35 James Harness 124-11, M40 Gary Kelmenson 110-1.

Table with 2 columns: Name and Time. Includes entries like M45 David Nuttal 87-10, M50 Joe Keshmiri 166-6, M55 John Ross 152-4.

Table with 2 columns: Name and Time. Includes entries like M60 John Poppell 26.20, M65 Bob Watanabe 27.42, M70 Payton Jordan 27.71.

Table with 2 columns: Name and Time. Includes entries like M30 Tony Amerson 15.75, M35 L Bartholomew 15.78, M40 Mike Holzgang 19.83.

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Table with 2 columns: Name and Time. Includes entries like M50 Joe Keshmiri 49-11, M55 Steve Richmond 31-4, M60 Al Brenda 33-4.

Table with 2 columns: Name and Time. Includes entries like W35 Cindy Parfumi 26:01.54, W40 Sandy Womack 29:25.25, Carolyn Nash 34:16.49.

Table with 2 columns: Name and Time. Includes entries like W45 JoAnn Nedelco 25:41.67, W50 L Coppola 32:08.27, Nancy Farley 37:09.38.

Table with 2 columns: Name and Time. Includes entries like W55 Marg Seewerker 31:44.49, Shirley Parlan 36:30.62, Pat Draves 37:51.89.

Table with 2 columns: Name and Time. Includes entries like W60 Grace Moremen 37:45, W65 Ruth VanSandt ---, Jean Cotner 39:13.0.

Table with 2 columns: Name and Time. Includes entries like Jody Barsaleau 47:12.29, M30 Ben Rosales 32 12.01, Vonell Hooker 34 12.17.

Table with 2 columns: Name and Time. Includes entries like M35 Adrian Rogers 39 11.57, Ramon Vasquez 37 12.24, Ken Cook 35 12.25.

Table with 2 columns: Name and Time. Includes entries like M40 Eddie Hart 42 11.26, Norbert Payton 42 11.57, Glenn Johnson 44 11.85.

Table with 2 columns: Name and Time. Includes entries like M45 Bill Probst 48 13.99, Jerry Varty 49 14.07, M50 Martyn Adamson 52 12.58.

Table with 2 columns: Name and Time. Includes entries like M55 Marion Sanchez 59 13.08, Richard Martin 55 13.27, Ben Rivera 57 13.77.

Table with 2 columns: Name and Time. Includes entries like M60 John Poppell 60 13.13, Vern Regier 63 13.89, M65 Don Saunders 69 15.17.

Table with 2 columns: Name and Time. Includes entries like M70 Frank Toner 71 15.66, Glenn Johnson 44 11.85, Jerry Varty 49 14.07.

Table with 2 columns: Name and Time. Includes entries like M50 Martyn Adamson 52 12.58, Clive Matson 50 14.50, M55 Marion Sanchez 59 13.08.

Table with 2 columns: Name and Time. Includes entries like M60 John Poppell 60 13.13, Vern Regier 63 13.89, M65 Don Saunders 69 15.17.

Table with 2 columns: Name and Time. Includes entries like M70 Frank Toner 71 15.66, Glenn Johnson 44 11.85, Jerry Varty 49 14.07.

Table with 2 columns: Name and Time. Includes entries like M35 Charles Missouri 38 58.71, George Acaya 35 60.35, M40 Reggie Davis 44 60.69.

Table with 2 columns: Name and Time. Includes entries like M45 John Aldridge 47 54.35, George Mason 47 55.31, M50 Martyn Adamson 52 54.99.

Table with 2 columns: Name and Time. Includes entries like M55 Marvyn Smoller 57 65.10, M60 Alex Pappas 62 67.05, M75 Jerry Lopes 75 85.94.

Table with 2 columns: Name and Time. Includes entries like W30 Norma Lopez 33 66.53, W35 Carmen Morrison 35 64.70, Nancy Frost 37 66.20.

Table with 2 columns: Name and Time. Includes entries like W40 Deborah Gellerman 65.13, Marti Behrens 42 65.31, W45 Nadine O'Connor 49 66.54.

Table with 2 columns: Name and Time. Includes entries like M30 Marty Kruger 34 2:09.30, M40 Searcy Barnett 2:08.22, Jim Beland 42 2:17.26.

Table with 2 columns: Name and Time. Includes entries like M50 Jack Hill 53 2:29.97, Harold Holder 51 2:45.97, M55 Pete Richardson 2:19.56.

Table with 2 columns: Name and Time. Includes entries like M60 Carl Ellsworth 60 2:34.56, M65 Carl Reiterman 4:12.69, W30 Joan Case 32 2:32.68.

Table with 2 columns: Name and Time. Includes entries like W35 B. Schlatter 39 2:32.14, W40 Irene Herman 41 2:42.10, W55 Vicki Bigelow 55 2:45.41A.

Table with 2 columns: Name and Time. Includes entries like W40 Barbara Robben 57 3:19.47, M30 Mike Lawrence 31 4:07.2, M40 Bill Hughey 40 4:30.5.

Table with 2 columns: Name and Time. Includes entries like M45 Harvey Franklin 4:20.2, Mike Green 45 4:54.2, M60 Boyce Jacques 64 NT.

Table with 2 columns: Name and Time. Includes entries like M65 Joe King 65 NT, Walt Eugenio 69 5:52.8, W30 Joan Case 32 5:18.2.

Table with 2 columns: Name and Time. Includes entries like W35 B Schlatter 39 5:20.6, W55 Barbara Robben 57 6:42.4, M30 Teddy Walton 44 12:41.6.

Table with 2 columns: Name and Time. Includes entries like M45 Mike Green 45 10:15.5, M50 Bill Catanese 52 11:07.2, M60 Carl Ellsworth 60 10:57.6.

Table with 2 columns: Name and Time. Includes entries like M65 Joe King 65 4-6, Jerry Silsdorf 67 3-10, M70 Walter Dahlin 70 4-6.

Table with 2 columns: Name and Time. Includes entries like M75 Bob Boucke 77 3-10, W30 Maureen Thompson 30 3-10, POLE VAULT M30 Mike Garzillo 30 12-0.

Table with 2 columns: Name and Time. Includes entries like M40 Bert Serrano 41 13-0, Ed Seese 41 12-6, Joe Miyoshi 43 12-0.

Table with 2 columns: Name and Time. Includes entries like M45 Bruce Hotaling 47 12-6, Roger Werne 47 12-0, M60 Vern Regier 63 8-0.

Table with 2 columns: Name and Time. Includes entries like M70 A U Ricciardi 71 7-6, Walter Dahlin 70 7-0, LONG JUMP M30 Dave Quilantang 19-1.

Table with 2 columns: Name and Time. Includes entries like M35 Ricardo Quilantang 16-3, Jim Scileny 35 11-9, M40 Angelo Cachinero 21-2.

Table with 2 columns: Name and Time. Includes entries like Mike Holzgang 43 17-8, M50 Darrell Horn 52 20-0, Jack Hill 53 16-0.

Table with 2 columns: Name and Time. Includes entries like Harold Holder 51 12-10, M70 A U Ricciardi 71 12-9, W30 Joy Upshaw-Margm 17-9.

Table with 2 columns: Name and Time. Includes entries like W35 Marian Terrell 39 12-10, W70 Ruth Talley 71 7-11, TRIPLE JUMP M30 Dave Quilantang 31 36-6.

Table with 2 columns: Name and Time. Includes entries like M35 Dan Behrens 39 36-1, Jim Scileny 35 26-0, M40 Angel Cachinero 43 42-5.

Table with 2 columns: Name and Time. Includes entries like Mike Holzgang 43 32-10, M50 Harold Holder 51 26-7, SHOT PUT M30 Walt Mitchell 32 32-11.

Table with 2 columns: Name and Time. Includes entries like M35 Jim Scileny 35 24-6, M40 Mike Holzgang 43 32-3, M50 Joe Keshmiri 52 48-7.

Table with 2 columns: Name and Time. Includes entries like M65 Jerry Silsdorf 67 31-4, M70 Hal Cronkhite 73 34-5, Hy Booth 72 34-0.

Table with 2 columns: Name and Time. Includes entries like A U Ricciardi 71 33-8, M75 Ross Carter 77 38-3, Bob Boucke 77 28-9.

Northern California Seniors Classic Berkeley, CA; June 15

Table with 2 columns: Name and Time. Includes entries like M30 Ben Rosales 32 12.01, Vonell Hooker 34 12.17, M35 Adrian Rogers 39 11.57.

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Table with 2 columns: Name and Time. Includes entries like M50 Martyn Adamson 52 12.58, Clive Matson 50 14.50, M55 Marion Sanchez 59 13.08, Richard Martin 55 13.27.

Table with 2 columns: Name and Time. Includes entries like M60 John Poppell 60 13.13, Vern Regier 63 13.89, M65 Don Saunders 69 15.17, Carl Reiterman 69 23.37.

Table with 2 columns: Name and Time. Includes entries like M30 Mike Lawrence 31 4:07.2, M40 Bill Hughey 40 4:30.5, C Chateaubriant 4:40.0.

Table with 2 columns: Name and Time. Includes entries like Steve Sydney 42 4:45.1, M45 Harvey Franklin 4:20.2, Mike Green 45 4:54.2, M60 Boyce Jacques 64 NT.

Table with 2 columns: Name and Time. Includes entries like M65 Joe King 65 NT, Walt Eugenio 69 5:52.8, W30 Joan Case 32 5:18.2, W35 B Schlatter 39 5:20.6.

Table with 2 columns: Name and Time. Includes entries like W55 Barbara Robben 57 6:42.4, M30 Teddy Walton 44 12:41.6, M45 Mike Green 45 10:15.5.

Table with 2 columns: Name and Time. Includes entries like M50 Bill Catanese 52 11:07.2, M60 Carl Ellsworth 60 10:57.6, M65 Joe King 65 10:52.3.

Table with 2 columns: Name and Time. Includes entries like Walt Eugenio 69 12:23.7, Vic Crosetti 65 14:01.8, M70 Norton Jacobs 73 13:55.9.

Table with 2 columns: Name and Time. Includes entries like W30 Eileen Brennan 30 10:17.3, W35 Kathleen Batty 37 12:08.7, W45 Laury Fisher 46 12:34.5.

Table with 2 columns: Name and Time. Includes entries like W55 Barbara Robben 57 14:16.5, M35 Lou Bartholomew 38 16.05, M40 Mike Holzgang 43 19.72.

Results by Graeme Shirley

Palomar Pentathlon Results; San Diego, CA; May 11

Large table with columns: Place, Name, Age, 200, 400, 800, 1500, 3000, 200, 400, 800, 1500, 3000, Age, Perfor, +Age. Lists results for 27 athletes.



Table with 2 columns: Name and Time. Includes entries like M30 Walt Mitchell 32 75-3, M35 Jim Scileny 35 79-5, M40 Mike Holzgang 43 99-8.

Table with 2 columns: Name and Time. Includes entries like M50 Joe Keshmiri 52 159-2, John Ross 53 154-2, James Hart 54 138-4.

Table with 2 columns: Name and Time. Includes entries like M55 Dennis Rietz 57 157-11, Don Rose 56 104-9, M60 Mike Olrich 64 136-8.

Table with 2 columns: Name and Time. Includes entries like M65 Jerry Silsdorf 67 76-5, W35 Margaret Dixon 37 57-1, W40 Judy Galvan 43 63-6.

Table with 2 columns: Name and Time. Includes entries like M45 Alan Fela 45 118-7, M50 Karl Mayer 52 145-9, Barton Gale 52 131-10.

Continued on next page



Continued from previous page

**SCATAC Championships**  
Eagle Rock, CA  
June 15

**100M**

M30  
Lofton, James 11.08  
Smith, J. 11.23  
Corrin, Mike 11.77

M35  
Bonilla, James 11.27  
Lewis, Akin 11.44  
Qualls, Milt 11.66  
Coldwell, B. 12.16  
Robinson, S. 12.21  
Uyechi, Jim 13.0h

M40  
Driver, Eugene 11.63  
Castille, Herm 11.86  
Boucquey, T. 12.03  
Weinstock, Wm. 12.13  
Wong, George 12.94  
Pulley, John 13.76

M45  
Whitely, Stan 11.06\*  
Parker, Don 12.09  
Talsky, Jack 12.53  
Craddock, Tony 12.95  
Pierce, Lance 12.97  
Bogayevac, Ron 12.7h  
\*age-group WR

M50  
Butler, Walt 11.97  
Dennis, Ken 11.97  
Niedermeyer, F 12.66  
McKnight, Ron 14.75

M55  
Newton, Nick 12.57  
Tsuda, Roger 12.90  
Graves, Ray 12.9h  
Pedevilla, J. 15.55

M60  
McPherson, R. 13.34  
Kishi, Frank 14.17  
Bingley, Orv 16.4h

M65  
Patsalis, Tom 14.09  
Cleveland, J. 15.57  
Miller, Tom 15.73  
Simons, George 16.60

M70  
Payton, Jordan 13.44\*  
Abdenour, Gene 15.36  
Feng, Yi-Li 16.67  
\*age-74 WR

M75  
Trahan, C. 16.06  
Pao, Chia 16.5h

M35  
Clark, Rosayln 12.68

M50  
Carter, Jean 15.40

**200M**

M30  
Smith, J. 22.43  
Corrin, Mike 23.21  
Castalano, E. 25.34

M35  
Bonilla, James 22.85  
Qualls, Milt 22.90  
Coldwell, B. 24.84  
Uyechi, Jim 27.14

M40  
Driver, Eugene 23.31  
Castille, Herm 23.99  
Weinstock, Wm. 24.41  
Boucquey, T. 25.01  
Venook, Stu 26.22  
Sommers, Scott 28.26

M45  
Little, Frank 24.50  
Talsky, Jack 25.34  
Shaw, Doug 26.30  
Perry, Joe 26.79  
Craddock, Tony 27.77  
Bogoyevac, Ron 28.47

M50  
Niedermeyer, F 25.49

M55  
Newton, Nick 24.93  
Tsuda, Roger 26.7h  
Nasralla, Tony 28.00  
Pedevilla, J. 32.0h

M60  
McPherson, R. 26.75  
Kishi, Frank 29.19  
Vitale, Bob 32.95  
Bingley, Orv 36.14

M65  
Watanabe, Bob 27.60  
Miller, Tom 32.81  
Simon, George 35.19

M70  
Jordan, Payton 28.37  
Abdenour, Gene 33.00  
Mercurio, C. 33.60

**1500M**

M30  
Aguirre, Oscar 4:14.6h  
Gilbooy, Joe 4:14.9h

M35  
Mogg, Peter 4:08.9h  
Marshall, Phil 4:31.2h

**400M**

M30  
Smith, J. 50.63  
Harry, Wm. 50.92  
Bonilla, James 51.92  
Henderson, B. 52.33  
Corrin, Mike 52.6h  
Castille, Herm 54.1h

M35  
Qualls, Milt 50.76  
Bonilla, James 51.92  
Robinson, S. 53.66  
Tatematsv, P. 57.39

M40  
Driver, Gene 54.19  
Hall, Rex 54.50  
Amster, Dave 57.30  
Venook, Stu 58.58

M45  
Whitely, Stan 51.02  
Perry, Joe 1:01.05  
Bogoyevac, R. 1:04.50

M50  
Baker, Stan 57.76  
Owers, Eric 58.22  
Bedell, Cliff 58.74  
Smart, Joe 1:00.04  
Bennett, Dave 1:00.57  
Niedermeyer, F 1:01.18  
Sachs, Mel 1:02.9h

M55  
Graves, Ray 1:01.93  
Tsuda, Roger 1:02.79  
Nasralla, Tony 1:04.11

M60  
McPherson, R. 1:04.28  
Beadle, Louis 1:04.71  
Escorbsa, Al 1:07.76  
Vitale, Bob 1:13.38

M70  
Ganahl, Pete 1:22.4h

M30  
Morgiewigs, J. 1:01.46

M70  
Stotsenberg, D 2:02.4h

**800M**

M30  
Mogg, Peter 1:57.52  
Harry, Wm. 1:59.04  
Barry, Dan 1:59.33  
Henderson, B. 1:59.59  
Gilbooy, Joe 2:04.1h  
Kilroy, Jon 2:04.8h  
35  
Spain, Robinson, S. 2:01.99  
Lassegara, Lash, Greg 2:10.36  
Black, 2:29.3h  
Steinman, J. 2:29.3h

M40  
Hall, Rex 2:07.68  
Rook, Ron 2:22.83

M45  
Shirley, G 2:12.72  
Leaton, Dave 2:20.48

M50  
Owers, Eric 2:10.15  
Lomax, Jon 2:20.34  
McAlpine, Rbt. 2:20.87  
Bennett, Dave 2:21.42  
Sachs, Mel 2:23.85  
Smart, Joe 2:29.2h

M55  
Carrington, J. 2:20.95  
Dunton, Ross 2:26.21  
McGuire, Lloyd 2:50.1h

M60  
Beadle, Louis 2:30.7h  
Fitzgerald, B. 2:36.36  
Bingley, Orv 3:01.70

M75  
Stotsenberg, E 3:27.61

M30  
Morgiewigs, J. 2:20.24  
Boardman, C. 3:17.44

M50  
LaVigne, Megan 2:37.20  
Hoagland, Jean 2:52.80

M70  
Davidson, G. 3:24.89

**1500M**

M30  
Aguirre, Oscar 4:14.6h  
Gilbooy, Joe 4:14.9h

M35  
Mogg, Peter 4:08.9h  
Marshall, Phil 4:31.2h

M40  
Amster, Dave 4:12.2h  
Sumner, Bill 4:19.9h  
Marshall, F. 4:47.7h

M50  
Doherty, Neil 4:32.70

M55  
Faust, Pete 5:04.08  
Hunter, C. NT

M60  
Linde, Gunnar 5:23.59  
Bingley, Orv 6:22.97

M65  
Bryant, Avery 5:27.48

M30  
Boardman, C. 6:54.0h

M40  
Shirley, Joni 5:24.2h

M45  
Looney, Kathy 5:05.6

**5K HT**

M30  
Packer, Yehuda 15:52.9  
Cleary, Mark 17:43.6

M35  
Marshall, Phil 17:28.1  
Stuthard, Tom 18:25.1

M40  
Ocana, Don 16:19.9  
Marshall, F. 18:21.4

M45  
Parker, Ray 17:55.0  
Leaton, Dave 18:53.2  
Schiavo, Luigi 21:05.4

M50  
Pattinson, Ron 18:23.3

M55  
Fenton, Mike 21:21.2  
Rothne, Walt 30:42.4

M60  
Devine, Pat 19:39.9  
Linde, Gunnar 20:01.8  
Mundle, Pete 23:22.9

M65  
Bryant, Avery 23:19.6

M35  
Kennedy, Kathy 23:25.0  
Johnson, Rutha 24:47.1

M40  
Lonney, Kathy 17:55.2

M50  
Lavigne, Y. 20:43.7

**SHORT HURDLES**

M35  
McCraney, J. 14.2h

M45  
Viltz, Teo 15.9h

M50  
Butler, Walt 14.02\*  
\*age-group WR

M55  
McFetters, D. 17.27  
Douglass, Dave 19.87

M60  
Robinson, Will 18.19

M75  
Morrow, Bert 17.01  
Pao, Chia 19.19

M40  
Steecklenburg, A 14.44

**LONG HURDLES**

M30  
Williams, Mike 1:06.28

M35  
Hecker, Andy 1:03.92

M45  
McCormick, C. 1:07.02

M50  
Knocke, Bill 1:03.32

M55  
Sheahen, Al 1:15.06

M60  
Robinson, Will 48.72

M65  
Watanabe, Bob 49.19\*  
\*age-group AR

M70  
Ganahl, Pete 1:03.31

M75  
Morrow, Bert 1:04.58

**5K RACE WALK HT**

M40  
Ward, Keith 22:45.8  
Grant, Art 25:37.4  
Warrell, Carl 27:40.7

M45  
Walker, Larry 21:50.0  
Ray, Stuart 30:39.1  
\*age-48 WR

M55  
Meador, Bob 28:23.4  
Rothne, Walt 38:47.8

M65  
Cotner, Don 34:22.4  
Davidson, Bob 36:24.7

M65  
Beers, Joann 34:22.4  
Cotner, Jean 41:15.3

**HJ**

M30  
Snay, Kyle 1.75

M35  
Embee, Mel 1.95  
Meisler, Jason 1.90

M40  
Rader, Charlie 1.95\*  
\*age-43 WR

M45  
Pozzi, Rob 1.70  
Bly, Bob 1.45

M55  
Fehlen, P.J. 1.70  
Newton, Nick 1.50  
Douglass, Dave 1.40

M60  
Butterworth, B 1.15

M65  
Cleveland, J. 1.15

M70  
Vernon, Jim 1.10

M40  
Steecklenburg, A 1.45

**PV**

M30  
Charles, Greg 3.85  
Schickling, D. 3.70

M35  
Durham, Nat 4.80  
Wagner, Matt 4.00

M40  
Morris, Steve 4.15  
Summers, Scott 2.95

M45  
Borrey, Dan 3.85  
Connolly, M. 3.70  
Bly, Bob 3.10

M65  
Grosh, Don 2.65  
Cleveland, J. 2.65  
DeVaughn, T. 2.20

M70  
Vernon, Jim 2.65  
Biesemeyer 2.50

**LJ**

M30  
Lofton, James 7.40

M35  
Kuechle, John 5.88

M40  
Flowers, Carl 6.77  
Weinstock, Bill 5.04  
Clippis, Leroy 4.78

M45  
Shaw, Doug 5.50  
Bly, Bob 5.11  
Schiavo, Luigi 3.29

M55  
Tsuda, Roger 5.33  
Graves, Ray 4.65

M65  
Patsalis, Tom 4.82

M70  
Yu, Harry 2.30

M75  
Damski, John 3.49  
Trahan, C. 3.47

**TJ**

M35  
Suthard, Tom 11.95  
Hecker, Andy 11.02

M40  
Whitfield, Joe 11.92

M55  
Jackson, Dave 11.54

M60  
Butterworth, B 8.76

M65  
Patsalis, Tom 9.65

M70  
Mercurio, C. 8.62  
Yu, Harry 5.70

M75  
Trahan, C. 7.34

**SP**

M35  
Pendleton, Wm. 14.40  
Olotoa, Val 13.69  
Reubold, Russ 12.60

M40  
Deller, Mike 13.23

M50  
Vermillion, P. 14.50  
Treat, C. 11.33

M55  
Eldridge, Bob 9.50  
Rothne, Walt 6.97

M65  
Bangert, Bill 11.99  
Grimm, Emson 5.64

M70  
Thompson, Will 12.35  
Minah, Jim 11.47  
Abdenour, Gene 10.50

M75  
Vesco, Art 6.88

M80  
DeGroot, Burt 7.68

M55  
Miller, Chris 8.72

M60  
Kinsey, S 6.99

**HT**

M35  
Pendleton, Wm. 32.58

M40  
Deller, Mike 46.92

M45  
Woodward, Mike 32.10

M50  
Scheinker, Abe 30.40

M60  
Wojcik, Jerry 31.30

M65  
Bangert, Bill 34.48  
Grimm, Emson 12.68

M70  
Minah, Jim 39.86

M75  
Vesco, Art 21.94

**JT**

M40  
Greenberg, Joe 60.76  
Rook, Ron 41.90  
Summers, Scott 38.34

M45  
Shaw, Doug 46.32  
Woodward, Mike 43.20  
DuHall, Dave 36.66  
Schiavo, Luigi 26.40

M50  
Wordell, Steve 42.18

M55  
Coutts, Chuck 29.80

M60  
Pickarts, Del 51.84\*  
Wojcik, Jerry 28.24  
\*age-64 WR

M65  
Grimm, Emson 11.92

M75  
Angelman, Jack 16.00

W40  
Kennedy, Kathy 33.62

**DT**

M35  
Klein, Glenn 41.94  
Olotoa, Val 39.28  
Reabold, Russ 38.46

M40  
Deller, Mike 42.84  
Summers, Scott 29.98

M45  
Higgins, Lloyd 46.48  
Woodward, Mike 39.46  
McCormick, Mac 32.94  
Shaw, Doug 32.74  
Schiavo, Luigi 22.88

M50  
Treat, C. 35.52  
Sheinker, Abe 30.90

M55  
Douglass, Dave 29.78  
Eldridge, Bob 25.68  
Rothne, Walt 19.52

M60  
Wojcik, Jerry 29.80

M65  
Bangert, Bill 38.66  
Davidson, Bob 22.98

M70  
Thompson, Will 41.66  
Abdenour, Gene 29.84

M75  
Vesco, Art 17.80

M80  
DeGroot, Burt 24.02\*  
\*age-84 AR

M55  
Miller, Chris 22.84

M60  
Kinsey, Shirl 19.14

**TAC Western Sectional**  
Masters Championships  
Cerritos College  
Norwalk, CA; June 22-23

**100m**

M30 Alberto Ross Jr 10.88  
James Lofton 10.93  
Joseph Smith 11.12

M35 Akin Lewis 11.0  
James Bonilla 11.4  
Peter Tatematsu 12.1

M40 Eugene Driver 11.4  
Glenn Johnson 11.6  
Herman Castillo 11.6

M45 Stan Whitley (age-group WR) 11.03  
Don Parker 11.88  
Frank Little 11.89

M50 Frank Butler 11.74  
Kenny Dennis 11.86

M55 Nick Newton 12.0  
Roger Tsuda 12.4  
Tony Nasralla 13.3  
M60 Frank Kishi 13.7  
Barney Phillips 13.9

M65 Bob Watanabe 13.1  
Tom Patsalis 13.7

M70 Payton Jordan (age-group WR) 12.91  
Bob Hunt 15.4  
Harry Yu 18.2

M75 Bert Morrow 15.91

M30 Michele Demby 13.5  
Dora Turchi 13.6

M35 Kathleen Cook 14.3  
Jane Duff 14.7  
Jan Catt 14.9

M50 Jean Carter 14.9  
M55 Fei-Mei Lee 17.3

**200m**

M30 James Lofton 21.69  
J Smith 22.06  
Peter Grimes 22.30

M35 Milton Qualls 22.98  
J Bonilla 22.99  
Peter Tatematsu 24.80

M40 E Driver 23.02  
Glenn Johnson 23.46  
H Castillo 23.78

M45 Don Parker 24.22  
Frank Little 24.38  
John Aldridge 24.56

M50 Walt Butler 24.60  
Fred Niedermeyer 25.21  
Jon Lomax 26.11

M55 Nick Newton 24.89  
Roger Tsuda 26.19  
Ray Graves 26.43

M60 Frank Kishi 29.75

M65 Bob Watanabe 27.73  
M70 P Jordan 28.39  
Bob Hunt 32.53  
Chas Mercurio 32.61

Continued on next page

Augu  
Continue  
M75 Ber  
M30 Bre  
Micl  
Norri  
M35 Katl  
M45 J Du  
Jan  
M50 Jear  
M55 Fei-  
400m  
M30 Pete  
J Sm  
Wm H  
M35 Milt  
Spem  
J Ki  
M40 Stev  
E Dr  
M45 S Wh  
Don  
J Al  
M50 F Ni  
Jon  
D Be  
M55 J C  
Ray  
Tony  
M60 Loui  
Al E  
M30 Norm  
M45 Jan  
M50 Jean  
800m  
M30 Brya  
Paul  
Wm H  
M35 Pete  
Osca  
S Ro  
M40 Davi  
Rex  
D Li  
M45 Don  
Denn  
Lee  
M50 Neil  
R M  
Dav  
M55 J C  
Ros  
L M  
M60 Har  
Lou  
Gyn  
M50 Yve  
Jean  
M55 Vick  
1500m  
M30 Roge  
Paul  
M35 Oca  
M40 Davi  
Jan  
M45 Gra  
Will  
Ross  
M50 Neil  
M55 Tatu  
Ross  
Clare  
M60 Gunn  
Jerry  
M65 Avey  
M80 Chick  
M35 Ruth  
M40 Jacqu  
Joni  
M50 Yvet  
M70 Gerry  
5000m  
M30 Marcy  
Mark  
M35 Joe S  
M40 David  
Gary  
M55 Al Ra  
Ted O  
M60 Pat D  
M65 A Bry  
M80 Chick  
M35 Ruth  
10,000m  
M40 Herma  
M55 John  
Tatsu  
Peter  
M60 Pat D  
M80 Chick  
Short Hur  
M30 Peter  
M35 Jame  
(age-  
Andrew Ma  
M45 Theo  
C McC  
M50 Walt  
Alvin  
M55 Dave  
M60 Will  
M65 Bob W  
M70 Bob H  
M75 Bert  
M55 Chri  
3000m  
M30 Peter  
Steph  
M35 Jonath  
Andrew  
M45 Denni



Continued from previous page.

M75 Bert Morrow	34.45
W30 Brenda Peterson	27.04
Michele Demby	28.97
Norma Lopez	29.16
W35 Kathy Cook	31.38
W45 J Duff	31.11
Jan Catt	31.42
W50 Jeanne Carter	31.39
W55 Fei-Mei Lee	36.59
400m	
M30 Peter Grimes	50.13
J Smith	51.09
Wm Henry	51.79
M35 Milton Qualls	51.65
Spencer Robinson	54.68
J Kilroy	55.37
M40 Steven Hardison	51.19
E Driver	52.33
Herman Castille	53.74
M45 S Whitley	51.45
Don Parker	54.15
J Aldridge	56.87
M50 F Niedermeyer	59.17
Jon Lomax	60.22
D Bennett	61.41
M55 J Carrington	60.67
Ray Graves	61.84
Tony Nasralla	62.79
M60 Louis Beadle	64.69
Al Escobosa	67.83
W30 Norma Lopez	66.02
W45 Jan Catt	74.03
W50 Jeanne Hoagland	74.17
800m	
M30 Bryan Henderson	1:58.1
Paul Fragua	1:58.-
Wm Henry	2:00.1
M35 Peter Mogg	1:57.8
Oscar Aguirre	2:04.3
S Robinson	2:04.6
M40 David Salazar	2:03.4
Rex Hall	2:05.5
D Lichtenberger	2:08.3
M45 Don Parker	2:02.5
Dennis Duffy	2:06.8
Lee Fitzgerald	2:09.2
M50 Neil Doherty	2:14.0
R McAlpine	2:19.1
David Bennett	2:19.6
M55 J Carrington	2:22.83
Ross Dunton	2:26.02
L McGuire	2:28.43
M60 Marsh Haraden	2:31.52
Louis Beadle	2:34.90
Gunnar Linde	2:35.94
W50 Yvette Lavigne	2:43.8
Jeanne Hoagland	2:54.4
W55 Vicki Bigelow	2:48.0
1500m	
M30 Roger DePriest	4:02.61
Paul Fragua	4:04.78
Mark Cleary	4:38.99
M35 Oscar Aguirre	4:18.39
M40 David Salazar	4:12.71
Jim Gorman	4:24.77
M45 Graeme Shirley	4:33.20
Willie Clarke	4:49.96
Ross Bogert	4:53.40
M50 Neil Doherty	4:35.61
M55 Tatsun Lin	5:06.58
Ross Dunton	5:11.77
Clarence Hunter	5:31.79
M60 Gunnar Linde	5:18.69
Jerry Withers	5:33.59
M65 Avery Bryant	6:45.23
M80 Chick Dahlsten	6:38.67
W35 Ruth Johnson	6:36.42
W40 JacquelineHansen	4:57.82
Joni Shirley	5:25.82
W50 Yvette Lavigne	5:28.23
W70 Gerry Davidson	7:07.90
5000m	
M30 Marty Kibiloski	16:45.9
Mark Cleary	17:49.8
M35 Joe Steinman	19:44.0
M40 David Amster	16:17.4
Gary Skiles	17:38.5
M55 Al Ray	21:12.4
Ted Oviatt	22:24.3
M60 Pat Devine	19:56.8
M65 A Bryant	24:45.4
M80 Chick Dahlsten	25:38.4
W35 Ruth Johnson	24:44.5
10,000m	
M40 Herman Sanchez	36:01.56
M55 John Finch	38:22.92
Tatsun Lin	39:43.83
Peter Faust	39:53.56
M60 Pat Devine	41:02.49
M80 Chick Dahlsten	52:58.6
Short Hurdles M50-59 100m	
M30 Peter Grimes	14.27
M35 James McCraney	14.01
(age-group WR)	
Andrew Hacker	19.08
M45 Theo Viltz	15.79
C McCormick	18.96
M50 Walt Butler	13.71
Alvin Henry	15.43
M55 Dave Douglass	21.86
M60 Will Robinson	18.40
M65 Bob Watanabe	23.14
M70 Bob Hunt	15.36
M75 Bert Morrow	16.65
W55 Christel Miller	17.92
300mH	
M30 Peter Grimes	37.55
Stephen Charles	40.80
M35 Jonathan Kilroy	44.36
Andrew Hecker	45.66
M45 Dennis Duffy	45.00

M55 Al Sheahan	50.86
M60 Will Robinson	49.45
M65 Bob Watanabe	50.74
M70 Bob Hunt	61.96
M75 Bert Morrow	65.66
3000m Steeplechase	
M40 James Press	10:15.18
Mike Cour	10:41.15
M45 Mike Green	11:29.88
David Garcia	12:02.30
M50 John Cosgrove	12:16.36
M65 Avery Bryant	13:16.78
4x100m Relay	
M40-49 TeamPatriotsUSA	45.41
W30-39 SanFranciscoTC	53.35
4x200m Relay	
M30-39 TeamPatsUSA	1:38.61
M40-49 TeamPatsUSA	1:49.61
M60-69 L.A.-Valley	2:03.37
4x400m Relay	
M30-39 Striders	3:40.08
M40-49 WestValley TC	3:48.68
WestSecAll-Stars	3:28.58
(combined ages)	
High Jump	
M35 Mel Embree	6-4
M40 Charles Rader	6-4
Jorge Birnbaum	5-0
M55 Nick Newton	5-4
Dave Douglass	4-6
M65 Chuck McFate	4-0
John Cleveland	4-0
M70 Burl Gist	4-2
W40 Ann Steekelenburg	4-10
W55 Christel Miller	4-0
Fei-Mei Lee	3-6
W60 Shirley Kinsey	3-6
Pole Vault	
M30 Greg Charles	13-0
M40 Steve Hardison	15-6
M45 Dan Borrey	13-6
M65 John Cleveland	8-9
Tom DeVaughn	7-6
Long Jump	
M30 James Lofton	7.47
M35 Andrew Hecker	5.40
Bob Maserati	4.91
M40 Dave Johnston	6.27
Doug Tanabe	5.78
Leroy Clippis	5.04
M55 Roger Tsuda	5.27
Ed Martin	4.28
W55 Christel Miller	3.35
Triple Jump	
M35 Tom Stuthard	12.31
A Hecker	10.85
M40 Milan Tiff	14.59
Joel Whitfield	11.68
Dave Johnston	11.66
M50 Alvin Henry	11.48
M55 Dave Jackson	10.89
M65 Tom Patsalis	9.85
M70 Chas Mercurio	8.70
Harry Yu	4.88
Shot Put	
M35 William Pendleton	14.01
Val Olotoa	13.96
Bob Maseratti	9.76
M40 Mike Deller	12.99
M50 Paul Vermillion	13.95
M55 Stew Thomson	13.23
Bob Eldridge	9.37
Walt DeRothe	6.38
M70 Wilbur Thompson	11.99
W35 Janet Wilson	10.54
W45 Jan Catt	7.20
W55 Christel Miller	8.59
W60 Shirley Kinsey	7.04
Discus	
M35 Glenn Klein	41.78
Val Olotoa	41.54
Russ Reabold	38.98
M40 Mike Deller	41.72
M45 Lloyd Higgins	46.20
David Nuttall	26.46
M50 Abe Sheinker	30.74
M55 Stew Thomson	46.26
Bob Humphreys	43.96
Dave Douglass	29.74
M60 Murray Brown	37.36
Jerry Wojcik	30.50
M65 Bob Davidson	26.38
M70 Wilbur Thompson	40.00
M75 Jim York	26.72
Art Vesco	17.24
M80 Ken Carnine	29.64
W35 Janet Wilson	44.68
W40 Cheryl Kincaide	24.04
W50 Lorraine Coppola	16.44
W55 C Miller	23.00
Fei-Mei Lee	19.78
W60 S Kinsey	20.06
S Dietderich	17.30
Hammer	
M35 Wm Pendleton	33.30
M40 Mike Deller	46.62
M55 Stew Thomson	47.56
Bob Humphreys	43.10
Dave Douglass	29.16
M50 Abe Sheinker	29.16
M60 Jerry Wojcik	31.66
M65 Tom DeVaughn	24.76
M75 Jim York	25.28
Art Vesco	21.60
Javelin	
M30 Vincent Ortega	53.05
M35 Tony Ciarelli	64.25
M40 Joe Greenberg	63.98
M45 David Nuttall	34.97
M50 Larry Stuart	57.53

M60 Del Pickarts	52.84
M80 Ken Carnine	25.38
W55 C Miller	27.06
W60 S Dietderich	20.37
Pentathlon (age-factored)	
M40 Frank Reilly	3918
LJ 5.64/JT 51.21/200 25.1/	
DT 47.58/ 1500 4:52.8	
(age-group AR IAAF 3116)	
William Weinstock	2937
5.50/44.59/24.3/25.05/5:43	
Scott Somers	2303
4.36/36.15/27.7/28.34/5:49	
M45 C McCormack	2437
4.25/34.86/31.7/36.28/5:45	
5000m RW	
M40 Andy Smith	25:05
Bill Penner	27:25
Ed Bouldin	27:45
M45 Norm Frable	25:23
M50 Bill Neder	26.41
M55 Bob Meador	27:41
M65 Bob Davidson	36:52
W45 Kathleen Frabe	28:40
W50 Lorraine Coppola	33:22
W65 Jean Cotner	35:14
Joyce Barsalean	39:52

**NORTHWEST**

**TAC Northwest Sectional Masters Championships (Hayward Classic) Eugene, OR; June 22-23**

M35 Billy McKinney	11.26
Randy Kruse	11.59
Steven Brown	12.35
M40 Mike Granum	12.25
Don Williams	12.94
M45 Harold Morioka CAN	11.67
Ron Jensen	11.97
M50 Bob Miller	12.60
Paul Stepan	13.49
M55 J C Hoffman	13.06
Harold Hitt	13.28
Jim Schlewitz	13.78
Don Kane	13.90
M60 Jack Coy	13.65
Bob Higginbotham	14.64
Wm Hill	15.09
M65 Gus Aronson	14.64
Stan Whipple	18.73
M70 Myron Dover	16.54
M75 Clarence Trahan	16.12
Fred Praeger	16.40
Leon Joslin	18.37
M90 Paul Spangler	32.95
W35 Judy Ace	14.83
Mary Monson	15.58
W45 Rose Schlewitz	16.94
W50 Nancy Davis	15.62
Marti Thielman	16.17
W60 Nancy Ammermuller	16.69
W70 Marie Stafford	18.78

200m	
M35 B McKinney	23.27
John Morris	25.70
M40 Wayne Gripp	24.78
M45 H Morioka CAN	23.71
Ron Jensen	25.37
Joe Cavan	27.15
M50 Paul Edens	24.56
Bob Miller	25.41
Joe Thielman	25.44
Ora Banister	28.49
M55 J C Hoffman	26.90
Harold Hitt	28.55
M60 Bob McGowan	28.64
M65 Gus Aronson	30.63
Rich Norquist	31.50
Stan Whipple	43.19
M75 Fred Praeger	37.11
M90 Paul Spangler	75.16
W35 Judy Ace	30.40
W40 Kathy Holmstrom	31.10
W45 R Schlewitz	36.25
W50 Becky Sisley	31.99
Marti Thielman	33.92
Nancy Davis	34.21
W70 Marie Stafford	41.10
400m	
M35 B McKinney	53.13
Stan Goodell	55.07
Steven Brown	56.71
John Morris	57.82
M40 Wayne Gripp	53.81
Fred Pietrzak	61.34
Tim Shelley	63.01
M45 H Morioka CAN	52.24
Rich Tucker	54.73
Peter O'Neill	57.26
Ron Jensen	58.16
Jim Archer	59.25
M50 Joe Thielman	58.03
Don Peting	62.90
Paul Stepan	64.43
M55 Harold Hitt	61.10
Ralph Miller	61.75
Don Kane	65.63
Fred Brandenfels	65.65
M60 Bob McGowan	58.70
Gus Aronson	64.47
M65 Buyral Madan	79.40
M70 Walter Dahlin	71.89
C Delfausse	85.11
C Hutcheson	85.29
M90 Paul Spangler	2:34.29
W35 Judy Ace	67.42
W40 C Holmstrom	68.67
W55 Jane Doda	77.25

W60 N Ammermuller	85.25
W70 Marie Stafford	9-92
800m	
M30 Tad Godding	2:00.40
M35 Ed Spinney	1:59.98
Stan Goodell	2:03.36
Paul Bolin	2:03.98
M45 Richard Tucker	2:03.70
Peter O'Neill	2:08.72
Mike Manley	2:08.74
Larry Morris	2:12.32
M50 Don McMillan	2:08.44
Jim Bevins	2:27.78
Don Peting	2:29.47
M55 Ralph Miller	2:21.46
Ken Ogden	2:26.00
Don Kane	2:41.33
M60 Tom Brinton	2:29.61
Bob McGowan	2:31.88
M65 Gus Aronson	2:55.40
M70 Jim Lytjen	2:32.74
(age-group WR)	
P Delfausse	3:03.90
C Hutcheson	3:04.88
Joe Mallon	3:08.45
M90 Paul Spangler	5:16.00
W30 Mary Russell	2:29.79
W40 Linda Mantynen	2:29.52
W45 Connie Manley	2:53.69
W50 Madeline Bost	2:50.46
W65 Dawn Russell	3:31.74
W70 Marie Stafford	3:41.51
1500m	
M30 Tony Crawford	4:43.88
M35 Ed Spinney	4:01.19
Paul Bolin	4:21.07
M40 Herve Pastre	4:19.94
Al Beck	4:23.12
Ed Granchalek	4:32.08
Fred Pietrzak	4:39.12
M45 Mike Manley	4:19.20
Geoff Hollister	4:24.43
Gary Kryszak	4:40.88
George Linn	5:01.68
M50 Reed Miller	4:35.88
Jim Bevins	5:05.76
Brad Wilson	6:03.97
M55 Ken Ogden	5:08.30
Arlie Rudy	5:31.76
M60 Tom Brinton	5:15.76
M65 Len Tritsch	5:44.50
Gil Young	6:58.57
M70 P Delfausse	7:25.67
M90 Paul Spangler	11:30.00
W30 Mary Russell	5:15.41
Nicole Dutzi GER	5:46.14
W35 Terri Busby	4:55.30
D Hairabedian	5:53.66
W40 Linda Mantynen	5:02.44
W45 Connie Manley	5:42.24
W50 Madeline Bost	5:34.24
Tami Graf	6:06.35
3000m	
M30 Mike Dilley	9:46.72
M35 Randall King	12:18.39
M50 Reed Miller	9:55.15
Nat Teich	12:05.52
W30 Julie Ogborn	10:04.10
Nicole DutziGER	10:08.18
W35 Terri Busby	10:36
W50 Tami Graf	13:07
5000m	
M30 Tad Gotting	15:51.97
Ricardo Garcia	16:58.46
M35 Ed Spinney	15:36.62
Kevin Reilly	15:47.51
Don Jedlowec	18:10.63
Joe Downing	18:34.82
M40 Craig RunyanCAN	16:00.88
Al Beck	16:34.26
Marc Wiitala	16:37.08
M50 Herb PhillipCAN	16:40.61
Jack Anderson	18:46.91
M55 Ray Hatton	17:46.82
Ken Ogden	19:21.55
Bob Hazzard	19:56.32
M70 P Delfausse	27:46.20
M90 Paul Spangler	45:16.35
W30 N Dutzi GER	22:02
W35 D Hairabedian	21:15
W40 L Mantynen	18:42
Adele Ullman	28:46
W45 L Folkestad	25:59
W50 Madeline Bost	22:06
Isabelle Moser	22:52
W55 Jane Doda	23:00
W65 R Dashwood	25:18
10,000m	
M30 Bob Reed	33:10.30
Jeff Buell	44:52.98
M35 David Castle	33:07.43
Don Jedlowec	37:45.17
Randall King	43:15.00
M45 Jerold Dodson	42:43.17
M50 Herb Phillips	34:51.37
M55 Ken Ogden	40:55.75
Bob Hazzard	41:24.79
Chas Buell	52:03.86
M70 Joe Mallon	48:11.37
P Delfausse	60:46.78
W65 R Dashwood	51:46
W70 Eliz Vainerman	68:57
Short Hurdles	
M50 Bob Sheedy	16.19
M60 Bob Higgenbotham	18.42
M65 Buyral Madan	23.76
M70 Walt Dahlin	14.56
W50 Becky Sisley	14.70

Long Hurdles	
W50 Tami Graf	72.-
Steeplechase	
M40 Barry Jahn	10:26.99
G Overbye	10:52.98
M45 Gale Pfueeller	



Continued from previous page

Javelin
M40 Bob Sager 87-9
M45 Tony Dumay 153-9
M65 Arnold Scott 91-3
M75 Manuel White 116-3

W35 Shirley Chesterfield 95-6

CANADA

Canadian Masters Championships Ottawa; June 29-30

100m
M35 Al Keen 11.60
M40 Robert Zimmerman 11.91
M45 Frank White 12.47
M50 Peter Tams 12.55

110H
M35 Charles Swanekamp 17.75
M40 Bill Dehorn 18.33
300H
M60 Earl Fee 48.75
M65 Valden Sadul 52.89

M70 Mary Thomson 13.02
W70 Elga Meri 23.08
35# Weight
M40 Imrich Kiraly 9.56

M70 Max Gould 31:02.75
W35 M. Pariseau 33:08.74
W45 Marilyn Chute 30:11.54

13 Dave Beach 51 6:26.77
14 Ray Karaffa 48 6:34.67
15 JoAnn Morris 35 7:24.86

W45 Kathy Groh 42:49
Carol Brim 47:44
Gay Roberts 48:32

LONG DISTANCE RESULTS
Please send masters race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

EAST

Governor's Bay Bridge 10K Annapolis, MD; May 5

Overall
Pat O'Malley 24 31:37
Maureen Hall 26 37:19
M40 John Ng 35:32

Bennington 10K N. Bennington, VT; May 5

Open
Bannon Corbett 19 33:27
Karen Pratt 26 41:32
M40 Rick Stark 34:34

Vermont City Marathon Burlington; May 26

Overall
Rachid Tbahli 25 2:21:57
S Silsby-Frye 34 2:45:56
M40 David Faucher 2:39:15

M70 Don McNelly 4:58:51
W40 Carol Virga 2:53:12
M Remington-Oman 3:06:58

Celebrate West Hartford 5K West Hartford, CT; June 9

Overall
Rudy Munoz 33 15:29
Karla Geiser 32 17:50
Al Swanson 44 15:46

NYRR Father's Day 4 Mile Central Park, NYC; June 16

Overall
Orlando Mora 31 19:41
M40 Stephen Browne 22:15
Edgar Sandoval 22:50

S.O.F.A. Mile Syracuse, NY; June 18

Heat #1
1 Stacy Chase 23 5:21:52
2 Jack Ucci 53 5:32:65
3 Patti Ford 35 5:34.34

Heat #2
1 Jeff Morganti 24 4:23.97
3 Larry Woods 31 4:26.48
(Winner of F.O.S.A. Cup for M30+)



Butler 10K Butler, PA; June 29

M30 Mark Amway 32:28
Barry Holder 33:04
Carl Bialo 33:29
M35 Gary Gargasz 31:46

SOUTHEAST

Fiesta of Five Flags 10K Pensacola, FL; May 4

Overall
Adam Pinkston 31:23
Kim Bird 35:21
M40 Richard Dorman 34:15



Cotton Row 10K Huntsville, AL; May 20

Overall
Benny McKintosh 24 30:15
Kim Bird 30 34:45
M40 Wilson Waigwa TX 32:18

M45 Don Coffman KY 35:05
Don Wright AL 35:15
Bill Fanning TN 36:35
Bob Booker TN 37:45

Continued on next page



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**Tropicoolfest 5K  
Naples, FL; June 16**

**Overall**

Kevin Gummerson	16:41
Jean Bentley	19:35
M40 Mike Pemberton	18:55
Pat Dergan	19:44
M45 Bill Hagman	17:44
Rob Dennison	21:01
M50 Al Scheinholz	18:27
Mike Cody	18:58
M60+Myron Meyer	20:38
Joe Rago	26:47
W40 Ellen Wells	22:15
Sara McIntyre	23:07
GINNY GERCHWIN	25:43
Bernice Salmin	26:28
W50 Sue Bernier	27:05
Carolyn Roberts	28:50

**4th of July Firecracker 5K  
Unionville, NC**

M35 Harry Ash	17:11
Joe Denny	17:35
Rich Goldfaden	17:52
M40 Wes Roberson	18:50
Ed McNeal	19:00
Bob Isaacs	19:18
M45 Jim Richardson	18:33
Rich Townsend	20:03
Keith Tinkhim	22:49
M50 Jim Sinclair	18:36
Alex Coffin	20:20
Jim Devine	22:08
M55 John Ansel	20:34
M60+Hugh Ramsey	24:11
George Crouse	25:54

**MIDWEST**

**Lou Cox Memorial 5K  
Dayton, OH; June 11**

**Overall**

Robert Moore	15:09
Michelle Roper	18:14

**Best Age-Graded**

Don Gammie 60 (14:27)	17:59
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**Masters**

Dan Sekerak 44 (15:04)	16:24
Linda Ray 40 (19:28)	20:47

**Grandmasters 50+**

Ken Prior 50 (15:24)	17:30
Claire Brock 55 (18:17)	22:05

**M40 Luis Colas**

Don Drozd	17:03
Ron Erhardt	17:07
Peter Di Salvo	17:18
Dan Giner	17:24
M45 Rich Davis	16:44
Joe Klingenberg	16:45
Chris Thieke	17:50
George Brose	18:06
Dave McAdams	18:22

**M50 Gary Walters**

Paul Hamilton	17:52
Ron Rohrer	17:53
Larry Crum	17:57
Larry Whiteside	18:10

**M55 Howard Hughes**

Rich Weidner	20:09
A N Alford	20:10
Fred Sills	20:55
Jack Nash	20:57

**M60 James Beall**

R M Williams	23:20
Harry Bradbury	25:14

**M65 Roland Anspach**

M70 Ed Moorman	27:36
M75 Eugene Keller	24:08

**W40 Shirley Cormican**

Ingrid Honzak	21:23
Pam McEldowney	21:47

**W45 Linda Joe Macke**

Vicky Patton	23:59
Jane Robbins	25:05

**W50 Charlene Calvert**

Dorothy Potts	29:03
M55 Roberta Waizmann	36:05
M60 Jean Dilworth	24:12
M70 Vadine Koenig	29:21

**Steamboat Classic 4 Mile  
& 15K  
Peoria, IL; June 15**

**4 Mile**

M30 M. Gonzalez	18:09
Mark Plaatjes	18:11
Chris Fox	18:18

**M35 Steve Jones**

Craig Virgin	18:58
Dan Lawson	20:04

**M40 Gary Romesser**

Ian Cousins	20:35
Kaare Osnes	20:43
M45 Allan Rushmer	21:42
Chuck Vanarsdale	22:18
Kirk Simpson	23:20

**M50 Renzo Dreon**

Larry Avery	24:23
Frank Koster	25:08
M55 Leon Fennell	23:27
John Randolph	24:25
Art Harris	25:03

**M60 Tom Griffith**

Jim Drinkwine	27:28
Charles Davis	29:10
30:31	

**M65 Ralph Bellas**

Vic Post	31:17
Rudy Lenich	32:51
35:54	

**M70 Warren Utes**

Frank Bucaro	24:07
Bill Kennedy	31:36
32:41	

**W30 Wanda Panfil**

Ann Henderson	20:28
Chris Pfitzinger	20:59
21:13	

**W35 Jacqui Gareau**

Davia Gallup	23:23
25:05	
25:49	

**W40 Judith Hine**

Kathy Kellogg	23:08
14:47	
18:16	

**M45 Priscilla Welch**

Althea Stevens	22:34
27:45	
29:30	

**W50 Sue Nebel**

Mary Jane Pratt	28:41
30:37	
31:06	

**W55 Barbara Gurtler**

Eleanor Wallace	29:49
Sue Fay King	32:57
33:03	

**W60 Lois Gilmore**

Erma Hickey	34:05
36:11	
53:10	

**W65 Geneva Meadows**

Cecilia Smith	42:00
56:21	

**15K**

**M30 Craig Young**

Ed Ricca	48:14
52:55	
53:28	

**M35 Gary Townsend**

Leo Vandervlugt	52:28
54:00	
54:11	

**M40 Mike Waters**

Merlin Anderson	55:25
56:13	
56:26	

**M45 Kenneth Belvel**

Greg Bafford	56:28
1:02:15	
1:02:30	

**M50 Doug Braasch**

Dennis Werling	1:00:37
1:01:42	
1:04:16	

**M60+John Bertsche**

Geno Guidotti	1:04:16
1:06:05	
1:07:48	

**W30 Kim Hurley**

Joy Bosma	1:11:13
1:03:22	
1:04:17	

**W35 Chris Kidd**

Peggy Pate	1:10:41
1:05:32	
1:08:03	

**W40 Kathy Wides**

Claudia Scott	1:09:02
1:04:41	
1:07:00	

**W45 Nancy Moore**

Barbara Lies	1:19:17
1:09:56	
1:22:22	

**W50 Bonnie Friedman**

Sue Adams	1:23:00
1:15:04	
1:19:34	

**Yuki Daker**

1:26:05	
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**Metro-Macomb Runners 3 Mile  
Mt. Clemens, MI; June 19**

**Overall**

Keith Harris 28	10:55
Ronda Spezia 30	12:07

**M40 George Gampert**

Tim Klinkhamer 45	11:40
11:50	
12:27	

**M50 Herb Seegert 55**

Darrell McKee 57	12:30
12:44	
12:57	

**M60+Al Evers**

16:52	
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**27th Annual Michigan City  
15K  
Michigan City, IN; June 23**

**M30 Kevin Higdon**

Randy Jones	50:00
56:15	
56:24	

**M35 David Bruce**

Bruce Franks	50:52
53:37	
55:02	

**M40 John Ryder**

J. Morningstar	55:54
57:21	
57:57	

**M45 Vaughn Smith**

Rich Breiner	55:28
1:00:06	
1:00:36	

**M50 Ron Wiencek**

Harry Tellman	55:44
56:34	
58:42	

**M55 Marlin Schmidt**

C. Merrick, Jr.	1:03:39
1:09:21	
1:19:26	

**M60 Hal Higdon**

C. Coddington	58:07
1:15:45	
1:24:34	

**M65 Bob Elshire**

Bill Kowalsyn	1:32:24
58:13	
1:18:48	

**M70+Warren Utes**

Rita Hayde	1:01:41
1:01:41	
1:05:44	

**W30 Carol Bauer**

Kathy Regelin	1:08:57
1:05:46	
1:06:06	

**A. Andrzejewski**

1:08:05	
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**W40 Ann Stoltz**

Bea Hackett	1:17:02
1:26:11	
1:29:27	

**W45 Althea Stevens**

Shirley Koegel	1:06:25
1:18:54	
1:20:21	

**W50 Mary Connolly**

1:11:29	
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**Metro-Macomb Runners  
Three Mile  
Mt. Clemens, MI; June 19**

**Overall**

Sean Nixon 20	16:04
Ronda Spezia 30	19:05

**M40 George Gampert**

Sam Behringer	18:16
18:42	
21:02	

**M50 Jim Fitch**

Darrell McKee 57	17:12
19:06	
19:26	

**M60+Al Evers**

27:16	
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**MID AMERICA**

**Monfort Stampede 5K  
Grand Island, NE; June 1**

**M40 John Krick**

Alan VanCura	17:42
17:48	
18:23	

**M50 Jim McCurry**

George Zahn	22:53
22:59	
23:41	

**W40 Cathy Bergstrom**

Cindy Conn	25:03
25:46	
28:16	

**Garden of the Gods 15K  
Colorado Springs, CO; June 9**

**Overall**

Jon Sinclair 33	47:40
Kathryn Evans 27	56:30

**M40 Doug Bell**

Tom Burnett	51:23
54:45	
54:52	

**M45 Don Ross**

Ben Chavez	55:50
55:56	
55:23	

**M50 Glen Ash**

Jim Brumage	60:16
63:29	
63:53	

**M55 Ray Nelson**

Bob Bussey	66:14
70:24	
71:01	

**M60 Dale Goering**

Robert Maytag	72:00
72:09	
72:09	

**M65 Gib Frye**

Rodge Rodgers	67:12
68:39	
79:09	

**M70+Bob Martin**

Orval Lohman	79:30
81:45	
83:57	

**W40 Cheryl Beckwith**

M Loyd-Allison	86:09
88:00	
82:50	

**M55 Frank Kroeze**

Ed Turrou	85:29
92:54	
95:04	

**W40 M Loyd-Allison**

Lorraine Hoyle	64:05
66:55	
69:19	

**W45 Rosalia Gehling**

Trish Filley	70:48
71:16	
72:55	

**W50 Grace Rome-Kuhn**

Judy Connally	77:42
74:39	
78:08	

**M60 Wm Chapdelain**

M65 Ignacio Hermsillo	78:42
80:21	
81:58	

**M70+Warren Utes**

Sandra Mundy	82:25
86:00	
89:01	

**M50 Don Branaman**

Mike Farrar	93:40
96:34	
2:01:25	

**M60 Lori Chapin**

2:07:07	
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**WEST**

**Cinco De Mayo 10K  
Tucson, AZ; May 5**

**Overall**

Leslie Woods 38	32:44
Janet Holland 31	37:30

**M40 Spencer Smith**

John Norris	35:21
36:27	
39:17	

**M45 Earl Evans**

David Hellady	39:17
40:33	
43:31	

**M50 David Hellady**

Larry Losey	43:31
44:21	
44:21	

**M60 Wm Chapdelain**

M65 Ignacio Hermsillo	44:21
55:07	
60:31	

**M70 James Riley**

W40 Jamie King	50:07
47:46	
48:24	

**W50 Sue Fletcher**

48:24	
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**Steamboat Marathon/10K/  
10K RW  
Steamboat Springs, CO; June 9**

**Overall**

Stephen Smalzel	2:33:39
Karen Swenson	3:07:13

**M40 Roger Franz 45**

Bob Cooper	2:58:54
2:59:00	
3:06:50	

**M50 Rich Romero**

Dick Young	3:08:48
3:17:41	
3:26:18	

**M60+Tom Bailey**

W40 Jody Visalli	3:20:31
3:12:53	
3:29:18	

**W50 Mari Rogers**

Jill Leary	3:49:08
5:30:27	

**--10K--  
Overall**

Brian Sherriff	31:15
Dorthe Rasmussen	36:08

**M40 Rick Katz**

Norm Ferris	34:45
37:32	
37:41	

**M50 Bill Abbott**

Rich Kirkwood	43:53
44:52	
48:50	

**M60+Dave Francis 66**

51:44	
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**W40 Priscilla Welch**

Nan Turbyfill	46:39:12
40:41	
45:00	

**W50 Sue Robles 56**

Martha Young	49:30
50:59	
75:32	

**--10K RW--  
Overall**

Cutberto Diaz 49	60:21
Viihsa Sedlak 42	55:22

**M40 Pat Cooper**

M50 Dave Davies 57	61:00
67:08	
69:11	

**M60+Bob Enever**

W40 L Logman-Ihnot	68:45
68:45	
69:55	

**W50 Bev Marozsan 55**

69:55	
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**Grandma's Marathon & Garry  
Bjorkland-Half-Marathon  
Duluth, MN; June 22**

**--Marathon--  
Overall**

Driss Dacha 28	2:13:59
Janice Eittle 32	2:33:41

**M40 Richard Umberg**

Doug Suker	2:22:56
2:27:28	
2:28:01	

**M45 Jared Mondry**

Harry Cottrell	2:30:15
2:35:29	
2:39:01	

**M50 David Whitten**

Jim Aust	2:44:54
2:45:08	
2:45:24	

**M55 Ted Tetzlaff**

Ralph Koenig	2:45:34
2:55:09	
2:55:57	

**M60 Pat Moreland**

M70+Leo Hardung	3:09:15
4:05:01	
2:48:28	

**W40 Carol Virga**

Judith Hine	2:50:36
2:53:23	
3:32:14	

**W45 Mary Croft**

Marilyn Bauer	3:36:12
3:36:36	
3:12:27	

**W50 Wen-shi Yu**

M60 Mary Bonstrom	3:54:19
4:13:28	

**--Half-Marathon--  
Overall**

Tom Pletscher 33	1:08:44
D WindsandDausman 34	1:23:05

**M40 Mike Seaman**

M45 Lutz Pape	1:11:48
1:24:05	
1:22:57	

**M55 Dale Zimm**

M60 Ray Hardman	1:38:20
1:32:35	
1:31:35	

**W40 Jean Garlie**

W45 M Schnobrich	1:35:02
1:35:14	
1:46:14	

**W50 Pat Larson**



**HCC HUNTSMAN CHEMICAL'S**  
**WORLD SENIOR GAMES**

OCTOBER 14-25, 1991

**ST. GEORGE, UTAH, U.S.A.**  
in the Heart of America's  
Great Southwest

**TRACK & FIELD** October 23-25, 1991

(TAC Sanctioned)  
 Dixie College Track & Field

Wednesday October 23 5 pm  
 100M  800M   
 Shot Put  Discus   
 .....

Thursday October 24 5 pm  
 200M  1500M   
 Long Jump  Javelin   
 .....

Friday October 25 3 pm  
 50M  400M   
 High Jump   
 4 by 400 Relay  (Exhibition only - no medals)  
 All ages combined - teams must be turned in to  
 Track & Field Director by 7 pm Thursday, Octo-  
 ber 24, 1991.

Age Categories:  
 Male/Female 50-54  55-59  60-64   
 65-69  70-74  75-79  80+   
 \*Circle gender, check event(s), and age group  
 Limit: Total of 6 Track & Field events.

U.S. Masters standard weights:  
 Shot put: Men: 50-59=6K 60-69=5K 70+=4K  
 Women: 50+=3K  
 Discus: Men: 50-59=1.5Kg 60+=1.0Kg  
 Women: 50+=1.0Kg  
 Javelin: Men: 50-59=800g 60+=600g  
 Women: 50+=400g  
 TAC Rules & equipment standards apply. The  
 track is rubberized and starter blocks will be  
 available.

**TRACK & FIELD DIRECTOR:**  
 KEN CHRISTENSEN (H) (801) 628-5201  
 (O) (801) 673-5857  
**TECHNICAL DIRECTOR:**  
 KEN JOLLEY (H) (801) 628-1442  
 (O) (801) 628-3550

**ROAD RACES** October 23-25, 1991

(TAC Sanctioned)

Wednesday October 23 9 am  
 5K Road Race  Bloomington  
 .....

Thursday October 24 9 am  
 \*\*5K Fitness (walk) Speedrace  Dixie College  
 Track  
 .....

Friday October 25 9 am  
 10K Road Race  Green Valley  
 .....

Age Categories:  
 Male/Female 50-54  55-59  60-64   
 65-69  70-74  75-79  80+

\* Circle gender, check event you would like to enter  
 and age category.  
 \*\* (The walk race is not an official racewalk, it is a  
 physical fitness racewalk, but medals will be awarded)

**RACE COURSES ARE TAC CERTIFIED**

**ROAD RACE DIRECTOR:**  
 DEBBIE ZOCKOLL (H) (801) 673-4427  
 (O) (801) 673-6266  
**TECHNICAL DIRECTOR:**  
 KEN JOLLEY (H) (801) 628-1442  
 (O) (801) 628-3550

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**WORLD SENIOR GAMES**



Senior athletes (age 50 and above) from all parts of the world are invited to participate in the World Senior Games, a sporting event to sponsor worldwide Peace, Friendship and Health.

October 14 through 25, 1991, sportsmen and sports-women will gather in St. George, Utah, to compete in cycling, softball, swimming, tennis, bowling, racquetball, track & field, basketball, golf, horseshoes, table tennis, biathlon (cycling & running), and road racing events.

The mid-October weather is perfect in this sunny south-western area for outdoor sporting activities as well as for dining, dancing, gaming and touring in one of the most exciting areas of the world.

Within an easy three-hour drive of this tabled resort community are some of the world's greatest scenic wonders—the Grand Canyon National Park, Lake Powell, Zion National Park, Lake Mead National Recreation Area, Kaibab National Forest and Indian Reservation, Cedar Breaks National Monument, East Mohave National Scenic Area, Dixie National Forest, Bryce Canyon National Park and the Hoover Dam.

Daytime high temperatures range between 70° and 85° F. Mornings and evenings are cool.

- Basketball • Biathlon
- Bowling
- Cycling • Golf • Horseshoes
- Racquetball
- Road Races • Softball
- Swimming • Table Tennis
- Tennis • Track & Field

**OFFICIAL REGISTRATION/ENTRY FORM ENTRY DEADLINE: September 25, 1991**

Please print or type

Name \_\_\_\_\_ Phone (work) \_\_\_\_\_  
 Phone (home) \_\_\_\_\_

Participant's Signature \_\_\_\_\_

Address \_\_\_\_\_ St. George Phone No. or location \_\_\_\_\_

City, State, Country \_\_\_\_\_ Zip Code \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Month / day / year \_\_\_\_\_ Male / Female \_\_\_\_\_

First Sport \_\_\_\_\_ Add'l Sport(s) \_\_\_\_\_

Name of Spouse / Guest (s) attending social functions, but not a sports participant (The name you want on their identification badge): \_\_\_\_\_

Please note that for **DOUBLES** and **TEAM SPORTS** each competitor must complete this registration form and for **TEAM SPORTS** must be on a team roster. **All participants** must sign the enclosed liability waiver and mail it in with payment, or turn it in when you pick up your registration packet at the St. George Hilton Inn.

REGISTRATION ENTRY FEE .....	\$49.00	\$ _____
Spouse / Guest Fee .....	25.00	_____
BYU Seminar Materials .....	10.00	_____
Luncheon - Green Valley, Oct. 16 .....	5.00	_____
Luncheon - Hilton Inn, Oct. 23 .....	5.00	_____
Band / Lt. Buffet (per person) Oct. 17 .....	15.00	_____
Band / Lt. Buffet (per person) Oct. 24 .....	15.00	_____
<b>Additional Sports Fees:</b>		
Additional Sport (s) (each sport 10.00) .....	10.00	_____
Golf Greens and Cart Fees (36 Hole Tournament) .....	49.00	_____
Social Golf Greens and Cart Fees (18 Hole Tournament) .....	35.00	_____
Bowling Fee (singles) .....	8.00	_____
Bowling Fee (doubles) per person .....	8.00	_____
Bowling Fee (team) per person .....	8.00	_____
Racquetball (second event) person .....	15.00	_____
Cycling .....	5.00	_____
Swimming .....	5.00	_____
Tennis Social Mixed Doubles (per person) .....	10.00	_____
<b>TOTAL ENCLOSED</b> .....		\$ _____

Please make check payable to: **WORLD SENIOR GAMES** and enclose payment together with completed Registration/Entry Form, including sports section (s) of this form and liability waiver and mail to:

**WORLD SENIOR GAMES**  
 1355 South Foothill Drive, Suite 103, Salt Lake City, Utah 84108 • (801) 583-6231

**SHIRT SIZE - UNISEX** small  medium  large  X-large  XX-large

Name of Local Newspaper: \_\_\_\_\_

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For additional information:  
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 Sylvia A. Wunderli, Exec. Dir.  
 1355 South Foothill Drive, #103  
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**Special Travel Rates**  
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American Airlines is offering a special discount rate of 40% off their full coach fares for travel to Huntsman Chemical's World Senior Games. The special discount requires a seven-day advance purchase and is subject to a \$30 service fee for any full or partial refunds. If you qualify for a lower published fare, American Airlines will discount that rate by an additional 5%. All rules and restrictions apply and are subject to applicable inventory. Travel to Las Vegas, NV, must be between October 11-28, 1991.

For Complete Details  
 Call Toll Free 1-800-433-1790  
 7:00 a.m.-12:00 midnight Central Time  
 Seven Days a Week  
 Ask for Starfile Number S 0801L

BE CERTAIN TO ASK ABOUT AMERICAN'S SENIOR CITIZEN DISCOUNTS

A discount coupon for ALAMO RENT A CAR will be sent with each registration packet.