

# NATIONAL MASTERS NEWS

The official world and U.S. publication for Masters track & field, long distance running and race walking.

133rd Issue

September, 1989

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## City of Eugene Embraces Athletes In Best Ever World Championships

### Thousands Pack Stands To See 4951 Participants From 58 Nations

As the emotional musical strains of *Amazing Grace* drifted into the blue Oregon sky above Eugene's Hayward Field on August 6, 4951 athletes from 58 nations hugged their tearful farewells and said goodbye to the best ever World Veterans Championships.

"It was the kind of event that will glow for years, softly and warmly, in the memories of those who shared it," wrote Ron Bellamy in the *Eugene Register-Guard*.

In this issue, the National Masters News presents a special 24-page supplement of stores, results, photos, records, profiles and all the action that took place at the Games. Please turn to section 2, page 1.

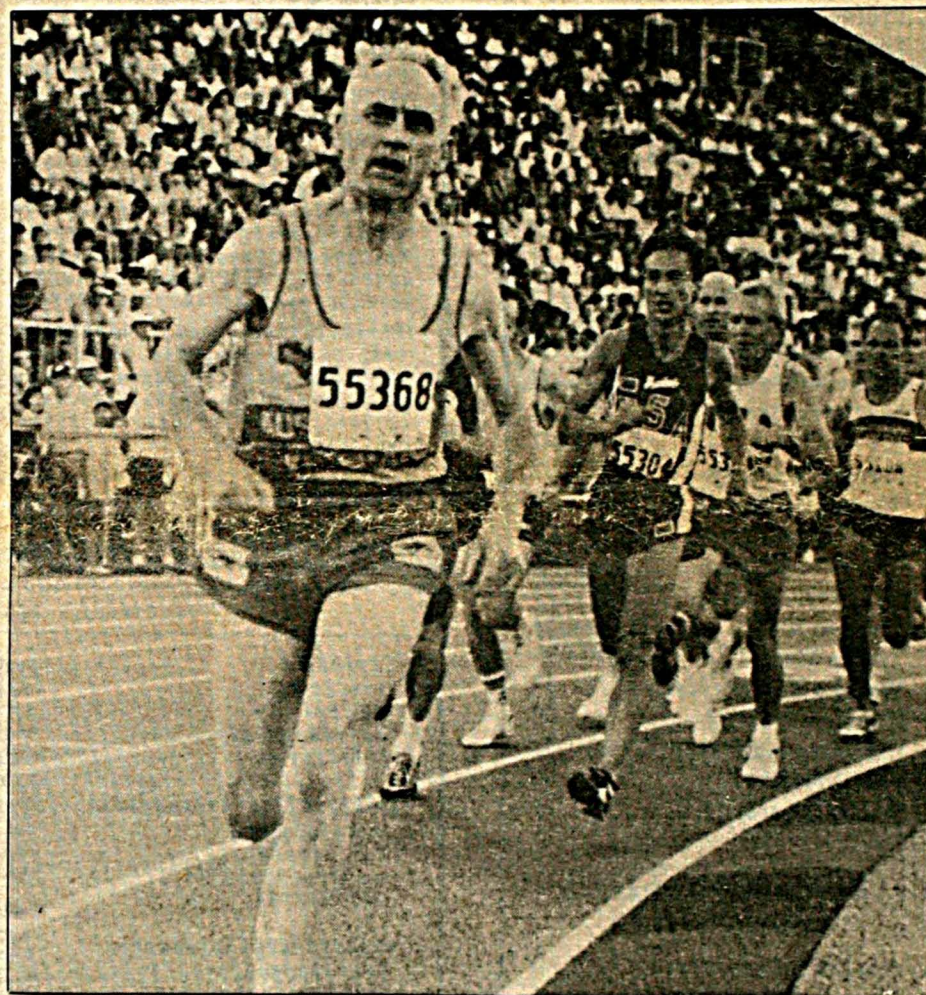
### Nationals Draw 1450 to San Diego

by JERRY WOJCIK

After a 16-year hiatus from the city where the national masters track and field championships were born and spent their formative years (1968-1973), the U.S. TAC National Masters Track and Field Championships returned to San Diego on July 20-23 for its 22nd birthday celebration.

The guest list included over 1000 U.S. entrants, the largest number ever, surpassing the 970 who competed in Eugene in 1987, plus 400

Continued on page 14



Australia's Tom Roberts set a world 800-meter record of 2:05.07 for men age 55-59, and won the 1500 in 4:17.91 at the VIII World Veterans Championships in Eugene. America's Ralph Miller (55304) was fourth in both races.

Photo by Gretchen Snyder



Bill Collins, (38, right) noses out Ken Dennis (52, lane 4) and Payton Jordan, (72, lane 7) in the \$1000 National Masters News Age Handicapped 100-meter dash at the Nationals in San Diego,

July 23. Bruce Springbett, (57, lane 5) is 4th. Observers called it "the most exciting race of the meet."

Photo by Gretchen Snyder

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The official world and U.S. publication for Masters track & field, long distance running and race walking



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The National Masters News is devoted exclusively to track & field, long distance running, and racewalking for men and women over age 30. Each month it delivers 24 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competition.

Some masters events are sponsored by TAC, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to ages 40+, 50+ or 55+; (please check the schedule for details). Some events require advance registration. Some require a current TAC card (\$7 to \$11 per year, depending on the region). To inquire about a TAC card, call The Athletics Congress in

your area, or 317/261-0500. There are no qualifying standards for any masters athletics event.

NMN welcomes contributions — results, schedule info, photos, letters, articles, and opinions. Manuscripts should be typed, double-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is desired.

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# NORTHERN CALIFORNIA SENIORS TRACK AND FIELD CLASSIC

SEPTEMBER 16, 1989

Sanctioned by PAC/TAC

Sponsored by: NORTHERN CALIF. SR. TRACK CLUB

**Edwards Field, University of California Berkeley.** Off Freeway 80, take University Ave. east to the campus: right on Oxford to the track (on SW corner of campus). Parking is a problem. There is no free parking on the campus, best bet is the muni lot across the street from the track.

Competition and awards in 5 year age divisions, age 30 and up; relays, 10 year age divisions. (All team members from the same club). **TAC CARD REQUIRED**, available at meet for \$10.

**Entry Fee:** \$12. (One or two events), each additional event \$5.

**Entry Deadline:** Must be received by Monday, Sept. 11; relays, up to one hour before the event.

The WAVA and TAC hurdles and implements specifications will be in effect. See National Masters News. Field events will be in flights set up after the entry deadline. Heats in the 100 and 200 meters, if needed, will be at the beginning, and finals at the end of the scheduled event time. Order: women, older to younger men.

**Hospitality Room** Shattuck Hotel, 2086 Allston Way, Berkeley, CA 94709 (415-845-7300) One block west of track, opens 2:00 pm Friday Sept. 15. Packets available until 9:00 pm at the room and at the track before the meet. Make reservations in advance for hotel meet rates.

The Durant Hotel, 2600 Durant Ave., Berkeley CA 94704 (415/845-8981) is four blocks SE of the track. For California outside of the Bay Area call 1-800-5DURANT; and for outside of California call 1-800-2DURANT.

**SCHEDULE** (The final schedule will be set after entries are received.)

Field events will be divided into two heats of older and younger groups, women with the older men. Some adjustment will be made according to ability.

8:30	<b>Hammer</b>			
	<b>Shot</b>			
9:30	Younger group	<b>Javelin</b>	<b>Long Jump</b>	<b>High Jump</b>
10:25	Older group	Older group	Younger group	Older group
		Younger group	Older group	Younger group
11:00	<b>Pole Vault</b>	<b>Discus</b>	<b>Triple Jump</b>	
11:45	Older group	Older group	Older group	
	Young group	Younger group	Younger group	

**Track events** Five year age groups — women first followed by older to younger men. The program will contain the exact age group schedule.

9:15	3000M (men 30-59)	2:45	800M (women)
9:40	3000M (men 60 up, women)	2:50	800M (men)
10:15	4 x 100 relay	3:10	300/400M Intermed. hurdles
10:25	80/100M hurdles (men 50 up; women)	3:15	200M (women)
	110M Hurdles (men)	3:25	200M (men)
1:00	100M (women: 55 up, 30-54)	4:15	1500M (heat 1, women)
1:05	100M (men)		(heat 2, men 60 up)
1:55	400M (women)		(heat 3, men 30-59)
2:00	400M (men)	4:40	4 x 400 relay and/or
			4 x 200 if requested

**NO LATE ENTRIES WILL BE ACCEPTED**

Mail entries with check payable to N.C.S.T.C. to Jim Johnson, Meet Director, 1026 Murchison Dr., Millbrae, CA 94030 (415/697-1889).

**Please Print Application**

Name \_\_\_\_\_ Club \_\_\_\_\_  
 Address \_\_\_\_\_ TAC# \_\_\_\_\_  
 \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
 Phone \_\_\_\_\_ Birthdate \_\_\_\_\_  
 \_\_\_\_\_ Age on 9/16/89 \_\_\_\_\_

**Best recent mark**

Events \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

T-Shirts Available at Meet/Nominal cost

Total Entry Fees \_\_\_\_\_

I would \_\_\_\_\_ would not \_\_\_\_\_ be interested in a dinner Sept. 16. No. \_\_\_\_\_

I waive all rights that I or my heirs or assigns may have against the sponsors of this athletic event arising from any injury, illness or accident that I may sustain or incur while traveling to or from or participating in this event.

Signed \_\_\_\_\_ Date \_\_\_\_\_





Address Letters to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

### WORLD CHAMPIONSHIPS

The VIII World Veterans Championships were a rousing success. The organizers, officials and other volunteers, people from Eugene/Springfield, sponsors, and the University of Oregon should be proud of the exceptional way they hosted one of the largest track and field meets in history.

No other location in the U.S. can approach the community support we experienced for two weeks: large crowds of knowledgeable and supportive fans, the Register-Guard next-day results and extensive coverage, free shuttle service, people of the community making a conscious effort to put us first during our stay, and the large number of volunteers making our competitions possible. I met no unfriendly natives.

I especially appreciated the grocery store marquee that stated: "Welcome Athletes of the World — Raisins 88¢."

I hope scores of participants let their good feelings be known. Those who put themselves out for us cannot receive too much appreciation.

Hugh Adams  
Fresno, California

These Games were the best ever. All that took part and observed were enriched by the experience.

On behalf of all the athletes of all the countries, I express our thanks and gratitude to the meet administrators (Tom Jordan, Barbara Kousky and their staff), Oregon University Athletic Department and staff, housing and

dining, the great officials, the enthusiastic fans, the generous and fair media, and the cities of Eugene-Springfield. To the medical-training community, our gratitude for your care and concern for the competitors of the World Games. You were all absolutely wonderful.

We all shared in a great moment of sport and it was a privilege to take part in the thrill and challenges such a wonderful competition afforded each of us.

Payton Jordan  
Los Altos, California

### "OLD" VS. "NEW" JAVELIN

I've thrown the javelin for 35 years and have had a fair amount of success. But throwing the javelin lately is not much fun.

In 1987, WAVA decreed that age 40-59 javelin throwers must use the "new" IAAF javelin. Why? Most of the records were set with the "old" implement. This isn't fair to anyone trying to break age records. Some are throwing the old implement because they don't feel they should have to purchase new equipment.

I can't throw the "old" javelin any further than the "new" at age 50. There is definite footage lost with the new implement for world-class open throwers, but for us guys over 40, I doubt whether it makes any difference.

Larry Stuart  
El Toro, California  
(In Eugene, WAVA voted to allow

the use of either the "old" or "new" javelin in future competitions. — Ed.)

### MEDAL STANDARDS

Whoever proposed medal standards hasn't the slightest idea of what it's like to get old. Medal standards discriminate against the older competitors, age 75 and up.

Let those who would impose standards walk in the old man's moccasins. Performance drops off much greater with each passing year than they realize.

Why not consult someone in the older age groups before going off half-cocked? Just let things alone.

Herb Anderson  
Bellevue, Colorado

(Despite the unanimous opposition of U.S. delegates, the WAVA General Assembly in Eugene voted 60-35 to continue the concept of medal standards in World Veterans Championships. The actual standards will be revised for Turku. — Ed.)

### WEST VIRGINIA MEET PRAISED

Last week I had the privilege of competing in the Masters Midwest Outdoors Track & Field Championships in Huntington, West Virginia.

Although this was the first time for this event to be held in this locale, I feel that it was one of the best organized and best executed events that I have participated in. Events took place at the scheduled times. There were a good number of competent judges and officials on hand at all times.

Don McWhorter, the meet director, and his staff are to be commended for their gracious hospitality and the efficiency with which the meet was carried out.

Gordon Powell  
Chesapeake, Ohio

We just returned from the Masters Midwest Outdoor Track & Field Championship which was held at Marshall University, Huntington, West Virginia.

Don McWhorter and his West Virginia TAC officials ran an excellent (A plus) meet. It was a shame that there were no large numbers of Masters there. The hospitality, friendliness and efficiency were great. (The awards were the best we have seen.) We hope to see you next year.

Mr. and Mrs. Denver Smith  
Louisville, Ohio

### GENE KELLY

The Shore Athletic Club — and all masters track and field — will indeed miss Gene Kelly. Gene was one of our

## 8 Join NMN Sustainers

Each month NMN publishes a list of "sustainers," those who help the *National Masters News* and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an in-depth schedule section, and more.

Thanks go to:  
Richard Bennett  
Folgo Delladova  
Nicholas Asproditos  
Frank Kishi  
K.H. Bailey Jr.  
Linda Findley  
William Garthune  
Carl Klehm



Surprised by her good fortune, Ginger Semple (W40, 1:37:23) is happy to hear she placed first master in the Chicago Distance Classic 20K, July 16. Photo by Mike Davis

stalwarts for years, a truly terrific guy who was dedicated to his club, to his teammates, and to his sport.

Gene, 61, died recently of pancreatic cancer. He gave it the good fight, battling to the end. "Look, I gave it my best shot," he told Matt Brown, his Shore AC teammate and good buddy.

Before going to the hospital a final time, he insisted on a last workout on his hometown North Huntington High School track.

A former Villanova star, Kelly was a salesman for the Stokeley-Van Camp Co. He and his wife Kathleen were parents of six children. He served with the U.S. Marines during the war.

Gene won many NJTAC and Eastern titles in the 400m dash and 400m hurdles over the years, indoors and outdoors.

"He loved track and field, that was his life," said Brown. "He was a good club man, he did a great job getting our relay teams together. We'll all miss Gene tremendously."

Our condolences go to the whole Kelly family.

Elliot Denman  
West Long Branch, New Jersey

■ The letters column is an open forum for all viewpoints on subjects of general interest to our readers. Letters should be addressed to: Write On, NMN, P.O. Box 2372, Van Nuys, CA 91404. They should be kept as brief as possible and are subject to condensation. They must include a signature and a valid mailing address.

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## Mid-Atlantic TAC Holds Meet

by PETE TAYLOR

Ambler, PA., June 11 — Bob Keegan won the M55 100 (12.4) and 200 (26.3) as the Mid-Atlantic Athletics Congress held its annual outdoor championships today at Wissahickon H.S. in Ambler, Pa. Marilyn Fitzgerald, W50, who ran 14.9, 31.1, and 1:13.5 in the sprints, and Scott Thornsley, who recorded times of 24.5 and 54.7 in the M35 200 and 400, also distinguished themselves.

George Sheehan, the eminent distance performer/running authority/cardiologist, tried his hand at the sprints today and turned in creditable times of 17.0, 35.0, and 1:17.0 in M70. Claude Hills ran 16.5 and 35.7 in M75.

Ray Feick threw the 6kg shot 11.79 (38-8¼) in M55, while Eugene Wood won M70 with 9.20 (30-2¼). □

## 143 Masters Catch the Athlete's Foot Meet

by PETE STOPOULOS

The Athlete's Foot Meet, which attracted 143 participants this year, at Augustana College in Rock Island, Ill., June 3-4, was highlighted by the first pentathlon in the six-year history of the meet. The age-graded event was not decided until the last event, when 75-year-old Milo Lightfoot edged Harry Brown, 59, for overall honors.

Lightfoot was presented the Gordon Taylor Outstanding Pentathlete Award, named after Gordon Taylor, a very active masters athlete who passed away in March 1989 at age 72. Ironically, Lightfoot and Taylor competed against each other for many years.

The field events were dominated by John Anderson, M35, with a 14-2 pole vault, and Dick Richardson, M55, who high jumped 5-8.



Lee Stopoulos, M50, takes off on a long jump of 17-1¼ at the Athlete's Foot Masters Meet in Rock Island, Ill., June 4.

## Increase in Female Runners

There has been a gradual increase in the percentage of females participating in road races in the last 10 years. In 1978, for example, a marathon could expect to have 9 or 10% females, in 1982 the range was 11 to 16% and today the range is 12 to 26%. The sex composition of a race depends on many factors:

\* The Southeast region has the lowest percentage of women, California the highest.

\* In most cases, the shorter the

distance, the higher the percentage of women.

\* High profile races, especially those with festivals or vacation settings, attract more women.

Portland and Honolulu had the highest percentage of women in 1988 marathons (24.2 and 25.7% respectively). It is also interesting to note that women constitute the majority of participants in several major corporate team competitions.

The percentage of older and younger runners varies as much as the sex

distribution percentages. Within any group of runners the women are likely to be younger than the men. For example, 21% of the TAC-registered LDR female athletes are at least 40 compared to 34.5% of their male counterparts.

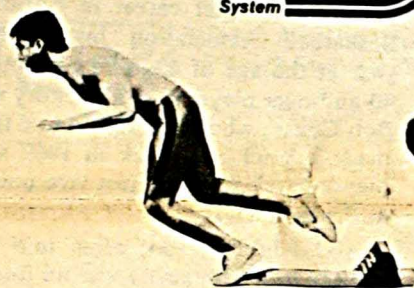
TAC LDR	Men	Women	Combined
-20	7493	4266	11759
20-39	24389	8389	32778
40+	16802	3363	20165
Totals	48684	16018	64702

— From TACSTATS

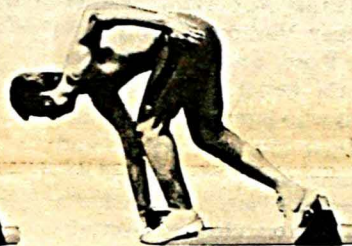
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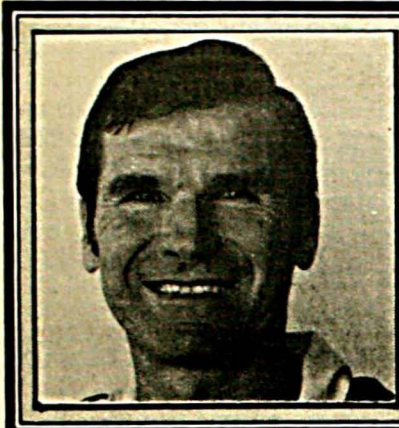
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# Third Wind

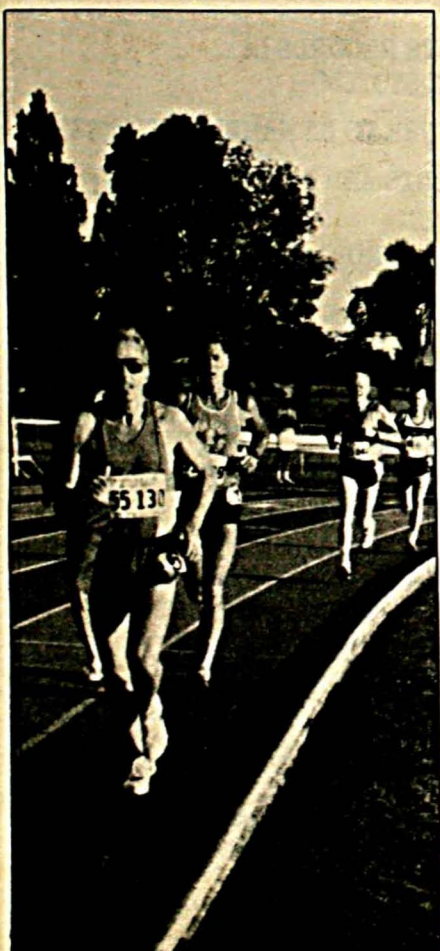
by Mike Tymn

## Masters In History: 1951-1989

*(This is the third and final part of a series on the 40-and-over athlete in history. The first part, covering the period from 600 B.C. (Milo of Croton) to 1900 A.D. (Donald Dinnie and Cap Anson), appeared in the August 1988 issue. The second part, which highlighted the longevity of many athletes of the first half of this century, including baseball players Ty Cobb, Honus Wagner, and Cy Young, football's Walter "Pudge" Heffelfinger, boxers Bob Fitzsimmons and Jack Johnson, and weightmen Pat McDonald and Matt McGrath, was in the January issue.)*

The September 1952 issue of *Baseball* magazine contains an article titled "They Don't Last As Long Any More." Writer Frederick G. Lieb mentions many of the old timers who played into their 40s and then points out that "except for a few die-hards of the pitching box (Dutch Leonard, Bobo Newsom, and Satchel Paige) there are no 40-year-olds in the majors today."

Lieb explores the possible reasons: a mass psychology that ballplayers are supposed to be washed up at 35; the availability of more young players; or "the uncertain hours brought on by the hodge-podge schedules, as night baseball became more dominant."



Hal Higdon explodes from a tight pack of six to win the M55 5000 in 17:32.99 at the U.S. Nationals in San Diego. Photo by Gretchen Snyder

Had Lieb lived long enough after that, he no doubt would have come to realize that his observations simply came during a short lull in "masters" participation. Stan Musial, Ted Williams, Enos Slaughter, Willie Mays, Hank Aaron, Willie McCovey, Al Kaline, Frank Robinson, Walker Cooper, Mickey Vernon, Carl Yastrzemski, Pete Rose, and Craig Nettles are some of the better known players (non-pitchers) who later survived in the majors into their 40s. Yastrzemski and Rose both hung on to the age of 44. This year, Darrell Evans of the Atlanta Braves, at 42, is very close to overtaking Yastrzemski for the most career home runs (49) hit after the 40th birthday.

Many of the players of recent vintage credit weight training and off-season conditioning for their longevity. "If you're a smart player today, you look at baseball as a 12-month proposition," Pete Rose was quoted in 1985. "That's why so many players are playing at age 35-and-over now."

There have been countless pitchers still effective in the majors after the age of 40, but none of them, except perhaps for Warren Spahn (23 wins, 7 losses at age 42), quite so effective as Nolan Ryan, still going strong at 42. Although his fastball has reportedly dropped off from 101.9 miles per hour a decade ago to about 94 mph now, Ryan has compensated with better control. Midway through the 1989 season, he was striking out more batters per nine innings and walking fewer than before turning 40.

Like Rose, Ryan credits an off-season conditioning program for his continuing success. "I find that I enjoy working out more," he said in an interview before the 1989 season. "I don't look at exercise as much as a task that I don't enjoy, like I did when I was younger. My attitude now is that I enjoy it and look forward to working out. I feel better after I've worked out."

### FLEXIBILITY

Asked about how aging has affected him, Ryan replied: "Well, I'm sure I don't have the flexibility that I once had, but I don't see any notable differences. I'm sure that there is some, but it's not a marked difference. I think that I notice less flexibility the day after a hard workout or the day after a performance. I'll spend more time making sure I get loose and warm before I start working out these days."

Another ballplayer setting a longevity record is Bob Boone, 41, of the Kansas City Royals. He has caught more games than anyone who has ever played in the majors. "Of course, I couldn't have done it all these years without the vast amount of stretching I do," Boone said in a *Sports Illustrated* interview last year. "(Carlton) Fisk does it, too. Flexibility is everything to a catcher. When you start to lose it, you can't catch anymore. The toughest thing for me, at 40, is blocking balls in the dirt. When a catcher gets older, he tends to come up on those balls."

### BURNOUT

As most anyone who reads the sports pages knows, Kareem Abdul-Jabbar ended the longest career in National Basketball Association history this year at the age of 42. The only other 40-and-over player in NBA history was Bob Cousy, who retired at 34 and then made a brief comeback in 1969 as a player-coach (scoring just five points) at the age of 41.

Abdul-Jabbar, too, often said that the key to his longevity was an intense off-season conditioning program. But last season, Abdul-Jabbar's game fell off significantly. "I didn't get mentally ready to play this season," he said in a *Sports Illustrated* interview during January. "I didn't do anything up to par in the off-season . . . It's not like I didn't work out at all, but I just did a lot less of everything. I didn't train as long or as intensely. I was recovering, I guess, from collective burnout, not from just last season but from my whole career."

Weights and off-season conditioning are things that few, if any, of the ballplayers mentioned by Lieb thought of. Leroy "Satchel" Paige, at 59 the oldest player to appear in a major league game, once said that he owed his longevity to avoiding fried meats, vices, and running. "I've never been much for runnin'," Paige said during spring training of the 1953 season, when he was 47. "I have long legs, all right, but that doesn't make it. But I guess the time is gettin' mighty close when I'll have to quit. Gettin' harder and harder for Ol' Satch to limber up. Probably my joints is gettin' stiff from lack of grease."

### EXPERIENCE COUNTS

In my opinion, the greatest "masters" athlete ever was Archie Moore, known as "the old mon-goose." At the age of 48, he was the light-heavyweight boxing champion of

## World-Class Masters in Track & Field, Too

There have been a number of world-class masters in track & field and road racing over the past 40 years. They include:

Jack Holden, Great Britain, winner of the marathon in the 1950 European Championships and Commonwealth Games at age 43.

Ann McKenzie, South Africa, a frequent winner at 800/880 at age 40 and 41. Her 2:06.5 at 41 is still an over-40 record.

Mamo Wolde, Ethiopia, captured the bronze medal in the 1972 Olympic Marathon at age 40.

Jack Foster, New Zealand, eighth in the 1972 Olympic Marathon at age 40, second in the 1973 Commonwealth Games with a 2:11:19, 17th in the 1976 Olympic Marathon at age 44.

Al Oerter, United States, four-time Olympic discus champion, had longest official throw of his career (227-11) in 1980 at age 44, finished fourth in Olympic Trial that year.

Joyce Smith, Great Britain, ran 2:29:43 in 1982 London Marathon at age 44, finished 11th in the 1984 Olympic Marathon, at age 46.

Ed Burke, United States, made 1984 Olympic team in hammer throw at age 44.

Brian Oldfield, United States, threw shot 70-3 at age 40.

Priscilla Welch, Great Britain, ran 2:26:51 in 1987 London Marathon at age 43, won 1987 New York City Marathon. □

— Mike Tymn

the world. In 1962, a month before his 49th birthday, Moore fought Cassius Clay (Muhammad Ali) for the heavyweight championship.

Before that, when he was 41, Moore took on Rocky Marciano for the heavyweight title. "I hit Rocky Marciano some shots that would have taken the head off the average guy," Moore later recalled, "but he kept piling up on top of me in a position where he could hit me, then it wasn't long before I had to crumple up because I had no legs. Probably I had no legs for the past four or five years, but I had the braggadocio and the skill and the guts."

A close second to Moore, as I see it, is Gordie Howe, who ended a spectacular 25-year hockey career with the Detroit Red Wings in 1971 at age 43. Two years later, he joined Houston of the World Hockey League to play with his two sons. In 1979-80, at the age of 52, Howe played in all 80 games on the schedule of the Hartford Whalers, the most games he had ever played in a single season.

Continued on page 7

## Druckrey Tops in Green Bay Classic

by JERRY FELDHAUSEN

Stan Druckrey highlighted the first annual Green Bay Open and Masters Track & Field Classic held June 17 at Premontre High School.

Druckrey, 40, won the 110H (14.5), 400H (54.4) and the 200 (22.9). These times proved to be only a tune-up for his 400H world and American records set the following week at Wisconsin's Badger State Games.

Other highlights of the meet were Robert Zahn, M35, hurdling 15.6; Dennis Mengeling, M35, throwing the discus 150-3; and two All-American performances in the 40-44 800 when Sverre Falck-Pedersen, 40, beat San Mathys, 43, 2:03.0 to 2:05.1. In total, there were eleven All-American performances. □

### Third Wind Continued from page 6

In his final season, Howe said: "When I play hockey now after thirty-two seasons, I don't have to think as much. When I was young I thought before I tried to do something and then with quickness I made it work, but now certain things I do automatically. On the last goal tonight I was on the ice with my son Mark as he led John McKenzie in front of the net. I was going to make a play on the puck. I saw John, I saw their man make a move, and I just laid my stick on his, stopped his stick, and the puck rolled by to John and he put it in. It was instinct. If I had been a kid and excited, that would have been my goal. I would have been working at it and probably fouled the whole play up. The older you get, there's less to prove, and that helps an awful lot, too."

What Rose and Paige are to baseball, what Abdul-Jabbar is to basketball, what Howe is to hockey, what Moore is to boxing, George Blanda is to football.

In 1970, at the age of 43, Blanda, used mostly as a placekicker for the Oakland Raiders, came off the bench to quarterback the Raiders to a 31-14 victory over the Pittsburgh Steelers. In the next four games, Blanda contributed to dramatic victories with both his passing arm and kicking leg. He did not end his playing career until the age of 48.

Blanda said that he maintained his fitness after 40 through a regular program of running and cycling, plus handball or racquet ball. "I wanted to keep my legs in shape," he explained. "I always remembered the wisecrack of Willie Pep, the great featherweight champion. Willie said, 'First the legs go, then your reflexes go, then your friends go.'" □

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(Men & Women)

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(TAC Sanctioned)

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Van Cortlandt Park, Bronx, New York

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Souvenir T-shirts (not guaranteed to post-entrants), Awards Ceremony and complimentary buffet after race.

Age Group Awards/Men and Women (6 each) 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

Team Awards (3 places) 40-49 and 50-59 (5 Men • 3 Women) 60-69 and 70+ (3 Men • 3 Women)



Unlimited Team entry. If entering more than one team (or if an individual is competing in a lower age group), team must declare in writing, half-hour before race to Meet Director. Lockers available (bring lock) at Stadium (242nd Street).



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**Check-In:** At Start, 9:30-10:30 AM

**Entry Fee:** \$5. (post. \$7.) Checks payable to: Millrose Team

**Mail To:** Kurt Steiner, Meet Director; 1660 E. 21st Street; Brooklyn, NY 11210; Tel: (718) 336-3025 (evenings) (212) 860-4455 (days) - Millrose coach: Joe Kleinerman.

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NOVEMBER 26, 1989**

Place	Time	Runners Number

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Mailing Address  Street  Including Apt. No. and/or C/O  City  State

Area Code  Phone  Country (If not USA)  Zip Code/US  Canada

Exact Name of Team  TAC Number

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

In consideration of your accepting this entry, I, the above signed, intending to be legally bound, hereby, for myself, any heirs, executors and administrators, waive and release, and all rights and claims for damages I may have against Millrose, Guinness, The Athletics Congress (TAC), the City of New York, the Department of Parks and Recreation and any and all sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a footrace entrant that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all the foregoing to use any photographs, video-tapes, motion pictures, recordings or any other record of the event for any legitimate purpose.

# Fit and over 50? Sign up for World Senior Games in October

## RULES AND INFORMATION

We urge all participants to prepare fully and carefully to conduct themselves. It is recommended that each participant confer with his/her personal physician in regard to this competition.

All participants must be 50 years of age by December 31, 1989, as evidenced by a copy of driver's license or birth certificate enclosed with registration entry form.

All participants must check in at the World Senior Games headquarters and present proof of age (birth certificate, driver's license, etc.) to receive contestants badge, official packet and instructions.

**CHECK IN AT THE ST. GEORGE HILTON INN**  
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Monday, October 16	6 am to 5 pm
Tuesday, October 17	7 am to 5 pm
Wednesday, October 18	7 am to 7 pm
Thursday, October 19	7 am to 7 pm
Friday, October 20	7 am to 5 pm
Monday, October 23	1 pm to 6 pm
Tuesday, October 24	7 am to 5 pm
Wednesday, October 25	7 am to 7 pm
Thursday, October 26	7 am to 7 pm
Friday, October 27	7 am to 5 pm

World Senior Games officials reserve the right to cancel any event due to insufficient entries and reserve the right to combine age groups if fewer than four enter. Some events are scheduled simultaneously. Participants will only be able to participate in one event during a specific time period.

IT IS THE PARTICIPANT'S RESPONSIBILITY TO CHECK HIS/HER SPECIFIC SPORT TIMES. Times for all sports will be posted at the St. George Hilton Inn.

The World Senior Games are governed by these printed rules and the complete official rules at each event site.

**THE REGISTRATION FEE** is \$35.00. This includes all events in your first sport. (golf, bowling, swimming and cycling have an added fee) there is a \$10.00 charge for each additional sport; identification badge (which must be shown at all social events); World Senior Games shirt; participant's pin; official program; a chance to win medals; social hour; BYU Health Lifestyle Seminars; three (3) dinners; one (1) luncheon; Opening Ceremonies or Welcoming Program; Awards Ceremonies; and Gold, Silver and Bronze medal winners' result booklet.

**SPOUSE OR GUEST FEE** is \$20.00 and includes: identification badge (which must be shown at all social events); social hour; BYU Health Lifestyle Seminars; three (3) dinners; one (1) luncheon; Opening Ceremonies or Welcoming Program; Awards Ceremonies and entrance to sports events.

**SOCIAL PARTICIPANT FEE** is \$25.00 and includes same as spouse or guest fee. Must fill out own registration entry form.

**ALL FEES** (except for a \$5.00 service charge) are refundable up to October 1, 1989. NO REFUNDS after October 1, 1989.

ROAD RACES				Dates: October 25-27, 1989	
Date:	Time:	Events	Location:		
Wed. Oct. 25	9 am	5K Road Race	Dixie College		
Thurs. Oct. 26	9 am	5K Walk Race	Dixie College Track		
	9 am	5K Physical Fitness Walk Race	Dixie College Track		
Fri. Oct. 27	9 am	10K Road Race			
Age Groups:		50-54	55-59	60-64	
		65-69	70-74	75-79	80+

There will be an official walk race for medals and a physical fitness walk race with each entrant receiving a certificate. TAC certified and sanctioned.  
\* Check event and age group.

**TRACK & FIELD** Dixie College  
Dates: October 25-27, 1989

## Merrill Lynch Track Meet Draws 170

The 4th Annual Merrill Lynch Realty Meet held on July 2 in Randolph, N.J., with the weather cooperating, drew over 170 athletes.

For the women, Jennifer Pinto, W40, of the NYM, edged her teammate Lorraine Tucker in the 100 with a 13.3 and won the 200 in 27.6. Madeline Bost, W45, of the host club won the 800 in 2:54.0 and the 1500 in 5:32.5.

A number of meet records were set by the men, including Tom Delaney, M60, in the 100 (13.4), 200 (27.8), short hurdles (18.3), and high jump (4-6).

Ken Brinker, M40, had triple wins in the 200 (22.6), 400 (51.9), and 110H (14.8).

Ray Funkhouser, M35, won the 1500 walk in 5:58.0.

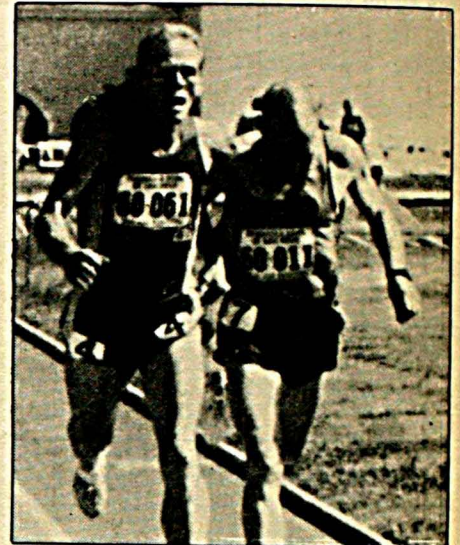
## Roos First Master at National 10K Racewalk

by STEVE LEWALLEN

Canada's Jaan Roos (M50, 49:50) conquered hot and humid conditions in Niagara Falls, N.Y., July 8, finishing first master at the U.S. TAC National Masters 10K Racewalk Championships. Michigan's John Elwarner, M45, trailed Roos by only 11 seconds, placing second master (50:01).

Michigan's Roberta Boyle (W45, 59:55) was first female master, followed by California's Jill Latham (W50, 1:00:11).

Roos also claimed top age-graded honors; his 86.0% was best of the day. Second age-graded master was Michigan's Max Green (M55, 52:18) with 84.8%. □



Dean Smith of Illinois (left) and Collin Cooper of Australia lunge for the finish line in the M60 800 at the U.S. Nationals. Smith got the nod for 3rd (2:20.53), with Cooper 4th (2:20.58). Smith was the first U.S. finisher and, thus, U.S. champion. New Zealand's Derek Turnbull broke the world M60 record in the race in 2:12.62.

Photo by Gretchen Snyder

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 Address \_\_\_\_\_ Phone (home) \_\_\_\_\_  
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 Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Male  Female   
 First Sport \_\_\_\_\_ Additional Sport(s) \_\_\_\_\_  
 Name of Spouse/Guest(s) \_\_\_\_\_

Please note that SPORTS PARTICIPANTS MUST FILL IN SPORTS INFORMATION SECTION. For DOUBLES and TEAM SPORTS all competitors must complete their OWN REGISTRATION FORM. ALL PARTICIPANTS MUST SIGN THE LIABILITY WAIVER.

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Spouse/Guest Fee	20.00	\$ _____
Social Participant Fee	25.00	\$ _____
BYU Seminar Materials	10.00	\$ _____
Other Sport Fees:		
Additional Sport(s) Fee (each)	10.00	\$ _____
Golf Greens and Cart Fees (36 Hole Tournament)	49.00	\$ _____
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Bowling Fee (singles)	11.50	\$ _____
Bowling Fee (doubles each)	11.50	\$ _____
Cycling Fee	5.00	\$ _____
Swimming Fee	5.00	\$ _____
Tennis Social Mixed Doubles	5.00	\$ _____
<b>TOTAL ENCLOSED \$ _____</b>		

Please make checks payable to: **WORLD SENIOR GAMES** and enclose together with this completed and signed Registration Entry Form, copy of your drivers license or birth certificate and mail to:

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Date \_\_\_\_\_ Signature \_\_\_\_\_

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Thank you for your order!

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## 100+ in Nashville Meet

by RANDALL BRADY

The Nashville TC Open/Masters Meet, July 8, on the fast Tennessee Preparatory track in Nashville, Tenn., was up to 109 participants from 73 in 1988. They included several athletes preparing for the Nationals in San Diego and the World Games in Eugene, and a contingent from New Orleans and Baton Rouge.

Dan Thiel, M40, was the most outstanding with wins in the 100, 200, 300, and 400. Ralph Summerlin, M50, who is coming back from injury, ran 14.04 in the 100 and 47.98 in the 300. Guy Giles improved on his 1988 time in the M35 800 (2:06.5) to a 2:01.7 win.

Lurline Struppeck, W40, won her specialties, the discus (94-6), the shot (34-6½), and the javelin (117-10).



A desperate photo finish! Lynn Diezi (3505) and Jody Murray (3511) are both timed in 2:29.59 in the W35 800 at the Nationals. After a long look at the film, Diezi was named the winner.

Photo by Gretchen Snyder

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## Eastern Sectionals Last Chance for Athletes

by JERRY WOJCIK

The Eastern Sectional Masters T&F Championships held July 16 at Monmouth College in West Long Branch, N.J., offered a final but almost too close opportunity for athletes headed for the Nationals in San Diego and the World Games in Eugene to get in a last good workout.

The best performances based on the 1989 age-graded tables of certain events in the meet:

- Larry Colbert's 55.1 in the 400, which, based on the M50-54 standard of 51.0, topped all men's times in the

event, with a percentage of 92.6. W50 Marilyn Fitzgerald ran a 64.0 400, giving her a women's best of 89.6.

- Alan Fairbrother's 17:43.3 in the M50 5000 was good for an event-best percentage of 83.1.

- Ken Brinker's 6.10 (20-¼) long jump in the M40 division was an event-best 78.6%, while Skipper Clark, W40, with a 4.51 (14-9½) had a 69.3% performance, best among the women.

- Shot putters Jeff Wenig, M50, 13.43 (44-¾), 75.4%, and Joan Dash, W55, 7.48 (24-6½), 51.9%, were the best performers in that event. □

## 200 Compete in Northwest Sectionals

by ART AFREMOW

With only 27 days and 110 miles of the scenic Willamette Valley area of Oregon separating the Northwest Sectional Masters Championships and the VIII World Veterans Championships, there were a number of master athletes who, not willing to double back, opted for the latter. Others combined the July 4th holiday with the preceding weekend for some family/travel activities.

So, once again, 200-plus entries were received for the meet's evening sessions at Mt. Hood Community College, Gresham, Oregon, June 30-July 1. Chilly humid weather failed to hamper the usual outstanding performances commonplace here.

Pat Dixon sped to a W70-74 WR in the 1500 by better than three seconds with a 6:42.17.

Idle all of 1988 because of major surgery, Ross Carter appeared as strong as ever as he powered the shot to an M75-79 WR of 12.23 (40-1½).

Having earned his doctoral degree at the University of Oregon three weeks earlier, U.S. distance ace Ray Hatton added to his laurels by breaking the M55-59 U.S. 3000 record by three seconds with a 9:34.05.

Catherine Seeley, W35, shattered meet records in the 100 (12.70), 200 (26.34), and 400 (59.24).

Dr. Collister Wheeler, 96-years-young, added another single-age WR to his sizable collection with a 11.88 in the javelin. □

## Waigwa, Binder Top Bix Masters

by MIKE DAVIS

Davenport, Iowa — Midwest summers can be brutal — but Bix 7 entrants got a taste of springlike conditions for this year's July 29 race and responded by rewriting the record book.

It wasn't just for 60-degree temperatures and moderate humidity, though. The race, No. 7 so far on the ICI-USRA Masters Circuit, traditionally draws a highly competitive field. . . and this year was no exception.

Wilson Waigwa, Bill Rodgers and Kevin Ryan were matched on the men's side, while Laurie Binder, Nancy Oshier and Nancy Mieszcak were set to pace the women.

Waigwa, the 40-year-old Kenyan who now lives in San Diego, finished a bit slower than planned but still chopped 53 seconds off Rodgers' masters record with a time of 34:17.

Binder also moved into the record book with her 40:06 effort, erasing Priscilla Welch's year-old mark by three seconds.

Ryan trailed Waigwa by a margin of one minute and eight seconds, but finished just 13 seconds ahead of longtime rival Rodgers, permitting both to keep an eye on each other.

"I kept checking back at the corners

to see where Bill was," Ryan told Steve Batterson of the Quad-City Times.

"I was looking and I was able to see him, which was nice," Rodgers responded. "So often, you can't see the people you are racing against and that made a difference."

Waigwa, meanwhile, was steaking through Davenport's streets ahead of both of them, but admittedly was thinking about the following week's World Veterans Championships.

"When I think ahead, I lose concentration," he told Batterson. "The conditions were good, but my finish was not so good. I was hoping to get a time in the 33s, I thought I could break 34."

"It was a good race, though," he added. "I'm happy to win."

Binder came to the starting line with her sights set on Welch's record, and got it by accomplishing another goal — running a solid race. She also got all the competition she wanted from two other masters runners, Nancy Oshier of Spencerport, N.Y., and Nancy Mieszcak of Buffalo, N.Y.

"Sometimes there aren't as many talented masters runners, but there were today," Binder said.

Though she didn't quite finish in the top ten as she had hoped, Binder still managed wind up 12th and edged Oshier by 88 seconds. Mieszcak was another 20 seconds back, at 41:54. □

### Boston AA Hosts Annual Meet

by JERRY WOJCIK

The results of the Boston Athletic Association Masters T&F Championships on July 8 at Northeastern University, Dedham, Mass., show one American record broken and solid competition in the middle distances.

Libby Hagemann more than doubled the W65-69 hammer record (30-0) with a 68-7 toss. The world record of 91-9 was set by West Germany's Ilse

Bellin in 1987. Hagemann was just over a foot shy of the U.S. discus record (63-6) with a 62-3.

Bic Stevens defeated large M40 fields in the 800 (2:12.2) and 400 (54.5). Kirk Randall, M45, won the 800 (2:14.5) and 3000 (9:28.1). Carl Hammen, M65, also doubled in the mile (5:51.7) and 3000 (11:15.9).

Cliff Blair took the hammer (163-10) and shot put (43-9). □

### 228 Brave Heat in Western Sectionals

by JERRY WOJCIK

This year, the Western Sectional Masters T&F Championships were held on one day, July 8, which started at 6:00 a.m. and lasted until 11:00 p.m. for Meet Director Mike Holzgang. The meet, with events at both American River College and Sacramento State University in Sacramento, Calif., had 253 entries with 228 athletes showing up and competing in temperatures in

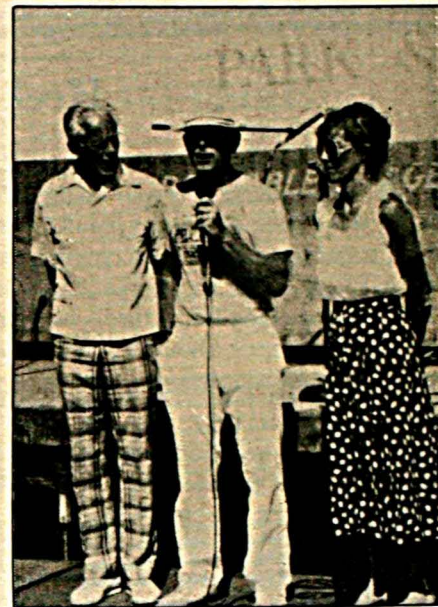
the mid-90s and a slight wind.

In the heat, one American record was broken and another tied in the hurdles. Cherrie Sherrard broke Christel Miller's four-year-old W50-54 record of 14.6 for the 80m with a 14.5. Miller was second in 15.5. Walt Butler tied Jack Greenwood's 17-year-old M45-49 record of 15.0 for the 110m. □



California's Irene Obera (55, lane 6) holds off Great Britain's Una Gore (50, lane 5) to capture the National Masters News Age Handicapped 100 at the U.S. National T&F Championships in San Diego, July 23. Obera won \$250,

Gore collected \$150, and Margaret Girouard of France (45, lane 3) won \$100 for 3rd. Photo by Gretchen Snyder



Meet director Dave Pain presents the \$100 3rd place awards in the National Masters News \$1000 Age-Handicapped 100 to Payton Jordan and Margaret Girouard. Photo by Gretchen Snyder

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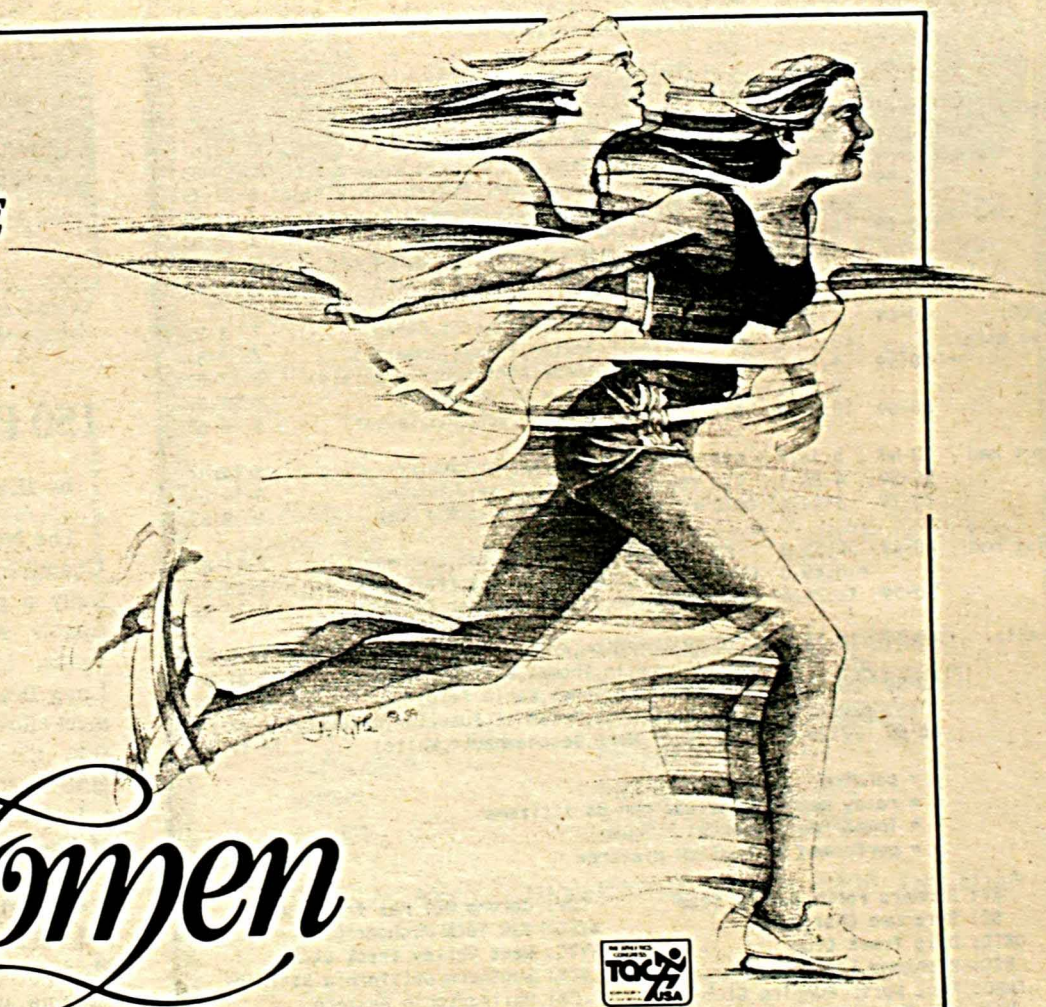
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## Pagliano's Podiatric Pointers

# THE FOOT BEAT

by JOHN W. PAGLIANO, D.P.M.

## Heel Spurs

**Q** I am a masters sprinter. After 25 years of competition, I have developed a rather large heel spur on the calcaneus and Achilles' tendon in the back of my heel. It is most painful between races or after running — especially sprint training. Surgery is becoming a real option as the situation shows no sign of improvement. After such surgery, how long a rehabilitation period can I expect? I have been watching Larry Bird's recovery closely. What about reoccurrence after training is resumed? Should I just live with it, or perhaps quit running and take up other forms of exercise?

**A** Unfortunately, as we get older, the blood supply to the back of the heel and Achilles' tendon decreases up to 60%. This causes a 'brittleness' of the Achilles' tendon and increases the incidence of injury. There are more adhesions, and

the tendon becomes less elastic.

This lack of elasticity causes an additional pull of the Achilles' at the back of the calcaneus or heel bone. Some think this additional stress causes a retro calcaneal exostosis, or heel spur, at the attachment of the Achilles' ten-

don.

The result is a fibrotic tendon inserting into a bony spur. Not a good condition. Couple this with a reduction in the blood supply, and you have a potentially dangerous and painful condition.

Other pundits state that as we get older, we develop arthritic spurs in our feet and the back of the heel bone is no exception. These spurs rub against the Achilles' tendon and one gets an inflammatory condition or Achilles' bursitis. These are usually quite red and swollen.

Obviously the first attack is to rest the area. Allow it to heal up. This can be coupled with physical therapy to include hydrotherapy (whirl pool) and ultrasound. This increases the blood supply and speeds up the healing process. Also ems or electro stimulation has been shown to help. Avoid excessive stretching as this usually just irritates the inelastic tendon and causes micro tears. If you have to exercise, swimming is a good sport.

The use of a foot orthoses or some

type of heel lift will also relieve stress to the rearfoot.

In chronic cases, the use of injectable steroids around the spur area can reduce bursal swelling and help heel the condition.

If all else fails, a surgical approach is indicated. This usually necessitates an out-patient procedure under a general anesthesia. I recommend excision of the heel spur without disturbing the Achilles' tendon. This is not a long or complicated procedure, but it is a surgical procedure, and you will need to find someone who has had experience in this field. Usually one can return to running in 6-12 weeks following surgery. Swimming is usually allowed after two weeks.

Remember, Larry Bird is a lot younger and look how long it took him to respond!! Good luck. □

*(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)*



Campus cafeteria for entrants who stayed in student housing, San Diego State U., for the U.S. TAC National Masters T&F Championships, July 20-23. Photo by Jerry Wojcik

### U.S. Masters Relay Records (as of July, 1989)

400/440	40-49	43.1	CDM (Dennis, Smith, Segal, Miller)	6-7-80
	50-59	46.6y	WVTC (Marlin, Lingle, Springbett, Sanchez)	7-23-83
	60-69	50.9	CDM (Morales, Jordan, Killion, Guidet)	6-24-78
	80-89	77.37	USA (Lum, Crane, Hosack, Pitcher)	8-25-85
800/880	40-49	1:30.6	WVTC (Brooks, Knocke, Whitley, Duffy)	7-28-86
	50-59	1:43.4	CDM (Stolpe, Beadle, Harte, Cheek)	8-16-80
		1:43.4y	CDM (Ambrose, Clayton, Fetter, Guidet)	6-14-75
		p1:42.9	SCS ( )	8-19-78
	60-69	2:09.5	CDM (Polynis, Mercurio, Burke, Miller)	5-15-82
1600/mile	40-49	3:28.7	PM (Abayomi, Pratt, Stanford, Burnett)	7-5-81
		3:29.5y	SCS (Lee, Newton, Cohen, Knocke)	8-16-81
		p3:25.40	PM (Aboyami, Stanford, Burnett, Roberts)	4-30-83
	50-59	3:51.4	STC (Bryant, Kleinsasser, Puterbaugh, Fitzgd)	6-29-75
		c3:48.6	WVTC (Springbett, Lingle, Stevens, Bruhner)	7-21-83
	60-69	4:32.9	PM (Holls, Harris, Hall, Sponseler)	5-15-83
	4:28.1y	SDTC (Parks, Christian, Valdivia, Spencer)	8-13-83	
	80-89	7:34.9	USA (Lum, Spangler, Hosack, Pitcher)	8-24-85
3200/ two mile	40-49	8:11.8	SCS (Montenez, Knocke, Elliot, Cohen)	7-3-83
		c8:00.2	WVTC (Mason, Franklin, Thomas, Romaine)	7-7-84
	50-59	9:13.5	SCS (Bryant, Sturak, Atkinson, Fitzgerald)	8-7-82
		9:06.41y	RF (Higden, Bonham, Wilson, Heck)	8-25-85
	60-69	10:52.4	BTC (Siefert, English, Johnson, Taylor)	8-6-88
sprt med	40-49	3:36.1	SCS (Knocke, Edens, Smith, Cohen)	8-14-82
	50-59	4:04.1	RTC (Cole, Green, Chernock, Johnson)	6-19-80
	70-79	6:41.4i	OHTC (Siringer, Mloten, Hosack, Fike)	1-9-83
d1st med	40-49	10:53.8	PM (Huckel, Abayomi, Zwolak, Englemen)	7-11-82
		c10:40.0	WVTC (Mason, Romaine, Thomas, Franklin)	2-23-85
	50-59	12:24.6	FWRC (Stayton, Talley, Widener, Coffee)	8-28-82
4 mile	40-49	18:33.4	WVTC (Richardson, Knebel, Cathcart, Welck)	9-15-79
		p18:22.6	WVTC (Franklin, Thomas, Barrett, Hampton)	2-21-88
	50-59	20:43.6	NYMC (Bertram, Jones, Kania, Feld)	6-9-84
		p20:23.8	NTC (Lamandrie, McConnel, Fuselier, Wimberly)	7-27-85
	60-69	27:29.8i	SC (Kent, More, Deschambault, White)	12-12-81

p = pending

c = relay members include non-US citizens

i = indoor performance

y = performed at english distance

RF: Runners Forum Racing Team

SC: Syracuse Chargers

OHTC: Ohio Track Club

RTC: Richmond Track Club

FWRC: Fort Worth Running Club

NTC: New Orleans Track Club

BTC: Birmingham Track Club

CDM: Corona Del Mar Track Club

NYPC: New York Pioneer Club

WVTC: West Valley Track Club

SCS: Southern California Striders

PM: Philadelphia Masters

NYMC: New York Masters Club

Compiled by Pete Mundle, TAC T&amp;F Records Chairma

## 150 Participants in New Jersey Meet

by JERRY WOJCIK

The New Jersey TAC Masters T&F Championships on June 4 were essentially a preview of the Eastern Sectionals scheduled for July 8. The venue, Monmouth College in West Long Branch, was the same, and the meet allowed "open" entries from outside the state. Approximately 150 athletes entered.

Included in the usual excellent fields of Eastern sprinters were four of the area's best women: Jennifer Pinto, W40, of the NY Masters, who won the 100 (13.5), 200 (27.3), and 400 (64.7); Marilyn Fitzgerald, W50, of Pennsylvania, winner of the 100 (14.7), 200 (30.2), and 400 (71.9); Nancy Ammermuller, W55, of the New Jersey-based Shore AC, winner in the 100 (16.0) and 400 (77.1); and Pat Peterson, W60, of

Syracuse, who took the 100 (15.9) and 200 (32.0).

Sid Howard of the Central Park TC won the M50 800 (2:12.2) and 1500 (4:36.0) in top-rank times.

Dawud Saleem, M35, Shore AC, was the class in the hurdles with a 14.9 in the 110 and a 57.2 in the intermediates.

In the hammer, Joan Stratton, W35, late of Tahoe, Calif., now residing in the East, erased her own American W35-39 hammer record of 35.80 with a 36.62.

William Buffaloe, M40, had an event-longest throw of 58.12 (190-8).

The submasters team winner was Shore AC (75) with the NJ Striders second (59) and the Merrill Lynch Realty club third (53). Merrill Lynch outpointed Shore AC for the masters title, 255 to 196. □



Special guest Frank Shorter gives the Chicago Distance Classic awards ceremony crowd a bit of background on overall masters winner Ralph Zimmerman (M45, 1:10:32). Photo by Mike Davis

## Zimmerman First Master in Chicago 20K

by MIKE DAVIS

Chicago — Ralph Zimmerman took the lead in a duel with Wes Wessely at about the 7-mile mark in the 20 km Chicago Distance Classic, and held on from there to capture his first overall masters championship on the ICA/USRA Masters Circuit.

"I was surprised," and Zimmerman (48, Cheektowasa, N.Y.). "Wes is a good, strong runner. I think his game plan was to run 10 km and then just drift away. But somewhere about 7 or 8 miles I went ahead of him and he just didn't come with me."

Zimmerman, who won the 45-49 division in three earlier races — the Nissan Shamrock 8K, the Myrtle Beach Classic 10K and Hospital Hill Run Half Marathon — said he wasn't bothered by the sunny conditions July 16 in the Windy City.

"It could have been a lot worse," he said. "I really think hot, humid weather is to my advantage. I seem to run smart in it."

At the same time, he was looking for

a better time than the 1:10:32 he posted. "I wanted to be at least a minute faster than I was, but I'm happy with it. It's a nice course," he said.

Mary Cullen (50, Houston, Texas) also recorded her first win on the ICI/USRA tour, running a 1:37:22 and nipping Ginger Semple (41, Chicago) by one second.

Marco Antoni Pina was next behind Zimmerman in overall standings, but was the winner in the 50-54 division with a time of 1:10:43. Wessely's 1:10:46 was good for third overall and put him first in the 40-44 group.

In all, 2,342 finished the 20 km event in the Distance Classic, which starts and finishes downtown in Grant Park and benefits the Chicago Lung Association. One of the non-finishers was special guest Frank Shorter, who pulled up at about the 4 mile mark with a hamstring strain.

Total entries — including participants in a 5 km run, 5 mile fitness walk and 500 and 800 meter junior runs — reached 6,500. □

## Tiff Ups Triple Jump WR in Trojan Meet

by JERRY WOJCIK

Milan Tiff broke his own M40-44 world record of 15.13 in the triple jump again this season with a 15.54 in the Trojan Masters Invitational Meet on the University of Southern California track on July 16. In the Southern California/TAC Championships on June 18, Tiff had a 15.49 mark.

Helen Dick broke Pat Dixon's national W60-64 record for the 5000 of 22:26.4 with a 22:20. Jaclyn Caselli is credited with a pending 22:19.4 in 1983.

Richard Katus, M40, who was the bronze medalist for Poland in the 1972 Olympic decathlon and now lives in Los Angeles, posted the best 110H time of the meet with a 14.93.

Entrants included East Coast and foreign athletes heading for the Nationals in San Diego and the World Games in Eugene. Most eyes were on the phenomenal Derek Turnbull, 62, of New Zealand. He won the three races he entered, the 400 (61.65), 5000 (17:23), and 800 in 2:17.22, just above Australian John Gilmour's world record of 2:17.00. □

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9,626	Victor Mora (COL)	14,900	Laurie Binder (CA)
7,710	Bill Rodgers (MA)	10,350	Gabrielle Andersen (ID)
4,450	Ryszard Marczak (POL)	6,000	Evy Palm (SWE)
4,100	Mike Hurd (GBR)	5,100	Barbara Filutze (PA)
4,025	Dave Stewart (CAN)	4,900	Judy Greer (FL)
3,900	Wilson Waigwa (CA/KEN)	3,895	Ngairé Drake (NZL)
3,875	Bob Schlau (SC)	3,525	Jane Hutchison (MD)
3,500	Jim Pearson (FL)	3,475	Nancy Oshier (NY)
3,495	Graham Tattersall (NZL)	3,100	Karen Macharg (FL)
-10-		-10-	
3,200	John Custy (CO)	3,100	Heather Matthews (NZL)
2,550	Athol Barton (MD/NZL)	3,050	Angela Hearn (NY/GBR)
1,850	Sheldon Cowles (GBR)	2,000	Carolyn Mather (NY)
1,700	Kjell-Erik Stahl (SWE)	1,550	Nancy Mieszcak (NY)
1,400	Larry Olsen (MA)	1,500	Claudia Ciavarella (NC)
1,250	Jack Fultz (MA)	1,373	Gail Scott-LeDage (CO)
1,250	Fred Waybright (WV)	1,250	Harolene Walters (CA)
1,150	Steve Lester (UT)	1,250	Wen-Shi Yu (NY)
1,100	Jim O'Neill (OH)	1,080	Terry Mahr (OH)
1,020	Jerry Tighe (CAN)	1,068	Mary Wood (CO)
-20-		-20-	
1,000	Hector Chavez (MEX)	1,000	Maureen Bixby (OK)
1,000	Bob Rozeski (OH)	900	Susan Havens (WA)
1,000	Kevin Ryan (MA/NZL)	850	Margot Remington-Oman (MA)
950	Carl Nicholson (AL)	800	Nancy McLaren (USA)
925	Wes Wessely (GA)	750	Carol Bellora (MO)
		750	Sue McLain (OH)



# MASTERS TRACK & FIELD REPORT

by JERRY ALAN DONLEY

Chairman, TAC Masters Track & Field Committee

## As Advertised

A friend with whom my wife and I play bridge has a phrase which he uses from time to time. He is a good bridge player and feels it only logical to be able to make every bid he makes, and when he does, he repeats fairly emphatically.

"AS ADVERTISED"

He did what he said he would do.

So, I say:

"AS ADVERTISED!"

The VIII World Championship Organizing Committee lived up to its promises to the site selection committee; to the communities of Eugene/Springfield, and to those who planned to and did in fact compete in the meet.

The competitors were able to get in and out of the community by airplane without any great congestion; the shuttle service worked so well that taxi cab drivers were virtually without business; the most complex running of the decathlon and heptathlon went smoothly and was completed on schedule, an administrative job that I frankly thought

was impossible to achieve. The track and field events were well organized and well run. The townspeople and the officials genuinely loved having us, as demonstrated by the huge crowd at the opening ceremonies. The officials were exceptional and took great pains to respond to questions and concerns by taking time to talk to the competitors, and that's difficult to do for a competitor that can't understand English.

It is difficult for any product to live up to its advertisements. A certain amount of puffing and exaggeration is to be expected. However, I feel most comfortable in saying these championships did in fact live up to its advertisements, and in fact exceeded them! The Organizing Committee set high goals and achieved them, and in the process set standards that will be difficult to reach in the future.

It was a great championship. My thanks not only to Eugene/Springfield in serving as hosts, but also to the masters competitors from the United States for their support of this meet. It was a national effort, and I hope all of you enjoyed and appreciated it as much as I did. □

## Ten Years Ago September, 1979

- 3126 from 42 Nations Compete in 3rd World Veterans Championships in Hannover, West Germany.
- John Gilmour Wins 5 M60 Gold Medals
- 12th World Vets Road Championships Draw 1500 to Bolton, England

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## Nationals Draw 1450 to San Diego

Continued from page 1

foreign athletes from 28 countries, here to test their talents against many of the competitors they would face in the VIII World Veterans Games a week later in Eugene, Oregon.

While Eugene-bound entrants were sizing up the competition, U.S. athletes heading for home after San Diego had an opportunity to compete against and watch some of the best masters athletes in the world.

Competition was available in 24 five-year-age divisions for men and women from 30-34 to 95+, with gold, silver and bronze national championship medals awarded to the top three Americans in each group, and foreign placers earning separate distinctive medals.

Twenty-six world age-group records, 12 by foreign athletes, and 15 additional American records were broken or established.

The meet was directed by the San Diego Track Club, with Dave Pain, Executive Director; and Dixon Farmer, Competition Director. There were a few administrative problems, but competitors generally praised the facilities and the officials, and agreed it was one of the best national meets ever held.

Everyone praised the free shuttle-bus system, which transported athletes to and from the airport and venues. A Navy band played at the opening ceremonies. Publicity was excellent, with the San Diego edition of the Los Angeles Times carrying daily stories, profiles and results.

The highlight of the four-day event was the special National Masters News \$1000 age-handicapped 100-meter dash. Each division winner of the 100m finals was invited to participate. Women ran the first race; men the second. Using the new WAVA/NMN age-graded tables, each runner was given a distance handicap, based on age. Herb Anderson, 87, ran 63 meters; Ken Dennis, 52, ran 89 meters; Irene Obera, 55, ran 79 meters; and so on.

Obera held off Great Britain's Una Gore, 50, to win the women's crown in 10.91 with France's Margaret Girouard, 45, third.

The men's race was one of the most exciting of the meet. Payton Jordan, 72, passed Anderson and Harry Gathercole, 82, and appeared to be a sure winner. But coming up fast were both Dennis and Bill Collins, 38. It was a three-way photo with Bruce Springbett, 55, and Greg Holmes, 32, close behind. The photo showed Collins the winner in 10.32, Dennis second in 10.37 and Jordan third in 10.41. The winner of each race received \$250; second got \$150; third \$100.

"It was great fun," said both Collins and Jordan. "I'll get them next time," Jordan said.

The meet produced outstanding performances. New Zealand's Derek

Turnbull, 62, set two world M60 records in the 800 (2:12.62) and 1500 (4:29.11). James King, 40, broke two World M40 marks in the 400 (48.61) and 400H (53.56). Australia's Ann Cooper set a world W60 mark in the 400 (70.68), while Sweden's Britta Tibbling lowered the W70 1500 record to 6:39.04.

Some of the top U.S. performances, by division, were:

### M30-34

• Ben James won the 200 (22.27) and 400 (49.21), while Billy Williams leaped to victories in the high (2.07) and long (7.02) jumps.

### M35-39

• Bill Collins posted the best times of the meet in the 100 (10.92) and 200 (21.84).

• Kevin McCarey ran away from the 5000 field, winning in 14:46.73, while Enrique Camarena won both the 5K (23:10) and 20K (1:49:32) walks.

### M40-44

• San Diego's James King broke two world records, in the 400 (48.61) and 400H (53.56) in one of the top individual performances in the history of the Championships.

• Nolan Smith outraced a good 800 field in 1:58.25, with six men breaking two minutes.

• Patrick Kubley was the first American in the 5000 (15.53) and 10,000 (32:42), both won by Belgium's Omer Van Noten, winner

Continued on page 15



Atlanta's Susan Houlton sets a new W40 American record of 2:21.91 on her 42nd birthday, July 23, to win the 800 at the Nationals in San Diego. Judy Warick of Canada is second.

Photo by Gretchen Snyder

**Nationals Draw 1450 to San Diego** Continued from page 14

of the European 10K Championships.  
 • Milan Tiff broke his own HJ WR — again — with a 15.59 (51-1 3/4).  
 • Other double winners were Frank Reilly (pentathlon, 3675; discus, 51.14) and Gary Null (5K-W, 23:53 and 20K-W, 1:45:01.)

**M45-49**

• George Cohen in a good 800 race was top American (second to Australia's Neil MacDonald) in 2:02.64.  
 • Jerry Hackett took the U.S. 1500 title (4:19.99), also won by MacDonald.  
 • Theo Viltz (15.76) repeated his '88 win in the 110H, and Lloyd Higgins had a discus (49.60) and hammer (47.98) combo first.

**M50-54**

• Kenny Dennis had no problems winning the 100 (11.54) and 200 (24.11), while Chuck Miller won the 100H (14.87) and 300H (43.83).  
 • Fay Bradley broke the steeplechase AR (10:31.01), and Ed Oleata became both pentathlon (3326) and PV champion (3.81).  
 • Jim Hart defeated large U.S.-foreign fields in the shot (14.70 AR) and discus (47.18), while Larry Stuart's 61.08 JT was the meet's 40+ best.

**M55-59**

• Bruce Springbett took the 100 (12.28) and 400 (56.43), but left the 200 to Harold Hitt (26.47).  
 • Hal Higdon (17:32.99) won a tactical 5000 from John Weldy (17:36.15) in a huge 22-man race, and Wendell Palmer had two firsts in the shot (12.88) and discus (48.24).

**M60-64**

• Jack Greenwood sped to 200 (26.19), 100H (15.34), and 300H wins, the last in a WR 44.76.  
 • James Gillcrisp upped his HJ record to 1.64.  
 • Harry Hawke, who, at entry time, was an M55, but, by meet date, an M60, defeated strong fields in the discus (50.88) and shot, with an AR 14.44, one centimeter short of the WR.

• Bob Mimm captured both walks in 28:43 and 2:04:51.

**M65-69**

• Avery Bryant won the 2000 SC in a WR-8:23.74, while Bob Hunt ran an AR 52.77 in the 300H, and Bill Bangert passed the SP AR with a 13.09.

• Double gold winners were Tim Murphy, John McManus, Burl Gist, Boo Morcom, George Heller, and Bangert.

**M70-74**

• Payton Jordan dominated the all-U.S. fields in the 100 (13.44) and 200 (28.24).  
 • The versatile Dan Bulkley took three golds in the 1500 (5:31.47), 300H (54.94), and 2000 SC (9:07.90). Dan Aldrich also

had a triple-first in the SP (11.85), DT (38.16), and HT (38.40). Sparks Sorlien leaped to firsts in the LJ and TJ.

**M75-79**

• Ross Carter won the SP with a WR 12.41 and the DT with an AR 36.18. Milo Lightfoot led the multiple winners with five, followed by Bert Morrow and Dudley Healy with three each, and Bob Boal with two.

Continued on page 16

# PUBLICATIONS ORDER FORM

Quantity

Total (US\$)

- \_\_\_\_\_ **Masters Age Records**  
Men's and women's world and U.S. age bests for all track & field events, age 35 and up; and for all race-walking events, age 40 and up, as of Oct. 31, 1988. 52 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and TAC Masters T&F Records Chairman. \$4.00. \$ \_\_\_\_\_
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Men's and women's 1988 U.S. outdoor track & field, 5-year age-group rankings. 44 pages. Over 100-deep in some events. All T&F events, including 3000, 10,000, weight, relays, 1500 walk, and 5000 walk. Coordinated by Jerry Wojcik, TAC Masters T&F Rankings Chairman, and the National Masters News. \$5.95. \$ \_\_\_\_\_
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Single-age factors and standards from age 21 to 90 for men and women for every common track & field, long distance running, and race-walking event. Shows how to conduct an age-graded event. Tells how to keep track of your progress over the years. Compares performances of different ages/sexes in different events. 66 pages, including samples and charts. Compiled by the National Masters News and the World Association of Veteran Athletes. Includes world and U.S. 5-year age-group records, as of May 1, 1989. \$5.95. \$ \_\_\_\_\_
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Australia's Neil McDonald winning the M45 800 in 2:01.94 over California's George Cohen (2:02.64) and Great Britain's Trevor Alderdyce (2:02.90) at the U.S. Nationals.  
 Photo by Gretchen Snyder

Nationals Draw 1450 to San Diego Continued from page 15

M80-84

Byron Fike took five golds from the 100 through the 1500, and Win McFadden won the HJ (.99), LJ (3.09), and TJ (6.88).

M85-89

Herb Anderson was the Championships' top gold medalist with seven in the sprints, jumps, and throws. Willard Benton ended with three firsts in the 400, 800, and 1500. Earl Salisbury took the SP and DT, with Anderson second twice.

M95-99

Tom Lane, in this first-ever Championships division, won the SP, DT, and JT.

W30-34

Linn Dunton won the SP (12.46), DT (35.08), HT (29.82), and JT (44.78). Double winners were Rachel Bush in the sprints; Jeanne Lasee-Johnson in the middle-distances, and Antoinette Olover in the HJ and LJ.

W35-39

Catherine Seeley won three golds in the 100 (13.26), 200 (26.91), and 400 (59.39). Irene Thompson was first in the HJ (1.41) and LJ (4.87), while Janet Wilson was first U.S. athlete in the SP (10.24) and DT (43.94).

W40-44

Susan Houlton broke the 800 AR with a 2:21.91, and Betty Keating defeated mixed U.S.-foreign fields in the 100 (13.71) and 200 (29.08). Lurline Struppek ruled over the SP, DT, and JT.

W45-49

Barbara Stewart's five gold medals included one for a WR 1.36 PV. Ann Carter broke the 400H AR with a 95.18. Margaret Mitchell was the U.S. first in the 100 (13.79) and 200 (28.79). Jane Arnold should have received the "Ironwoman" award for first American in the 800 (2:30.64), 1500 (5:10.56), and 5000

(18:58.21), while Vanessa Hilliard took three U.S. firsts in the four throws.

W50-54

Tami Graf broke the AR for the 300H with a 68.14. Marilyn Fitzgerald, up against some of the best sprinters in the world, including the ageless Una Gore of Great Britain, was the U.S. first in the 100 (14.72) and 200 (31.11) and won the 400 outright (61.27).

W55-59

Irene Obera, unimpressed by the foreign invasion, ran to firsts overall and ARs in the 100 (13.84) and 200 (29.08), and a WR in the 400 (68.41). Magdalene Kuehne had an AR in the LJ (3.85). Dorothy Stock should have earned an endurance award for her three U.S. firsts in the 1500, 5000, and 10,000, while Sally Polk was the best American in all four throwing events.

W60-64

Louisiana's Mary Norckauer broke WRs in the TJ (6.58) and set an AR in the HT (15.06).



James King, enroute to a world masters record of 53.56 in the 400-hurdles on July 23 at the Nationals. Photo by Gretchen Snyder

Continued on page 17

1989 U.S. NATIONAL MASTERS TRACK & FIELD CHAMPIONS — SAN DIEGO, CALIFORNIA — JULY 20-23

Table listing track and field champions for various age groups (M30-M95, W30-W80) and events (100, 200, 400, 800, 1500, 5000, 10000, SH, LH, SC, HJ, PV, LJ, TJ, SP, DT, HT, JT, PENT, 5K-W, 20K-W). Columns include event, name, and age group.

Table listing track and field champions for various age groups (W30-W80) and events (100, 200, 400, 800, 1500, 5000, 10000, SH, LH, HJ, PV, LJ, TJ, SP, DT, HT, JT, PENT, 5K-W, 20K-W, 4x800). Columns include event, name, and age group.

\*Pending World Age-Group Record +Pending American Age-Group Record



**Nationals Draw 1450 to San Diego** Continued from page 16

• New York's Pat Peterson picked up five gold medals, including one in the 300H with an AR 70.67, while Cleveland's Bernice Holland's three wins in the throws included an AR in the SP of 9.82.

**W65-69**

• Mary Storey ran for a WR in the 800 (3:08.21), and also won the 1500 and 5000.  
• Lavonne Hottensmith's 33:08 in the 5K-W set a WR, while Ruth Talley got golds in the LJ, DT, and JT.

**W70-74**

• Sheila Evans tripled-jumped to a WR (6.33) and took a HJ first.

**W75-79**

• Pearl Mehl's six golds included a 10,000 WR (64:00.81).

**W80-84**

• Marilla Salisbury won the 5K-W (46:58).

While competitors generally agreed that the Nationals ranked high on the "All-Time Good Meet" meter, there were some complaints. There was some grouching by the hammer throwers who were bussed on a 40-mile round trip to UC-San Diego, which had a fine hammer field but no restroom facilities. The word was that high insurance costs ruled out using the San Diego State facility for the often-dangerous event.

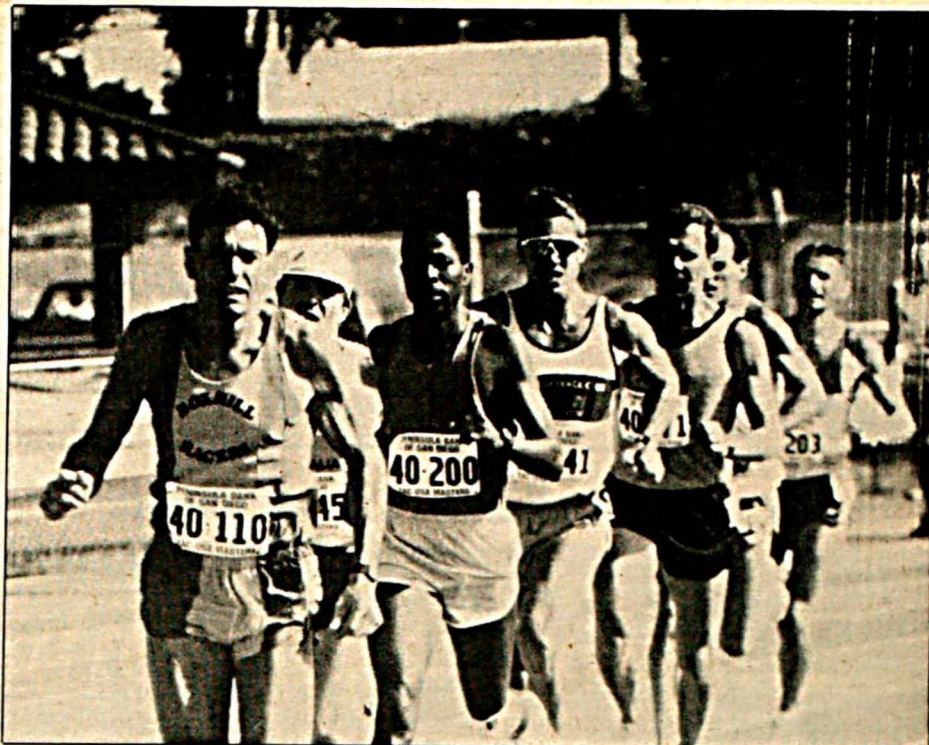
Athletes who opted for campus student housing were chagrined by the

poorly-lighted, monastery-like rooms, some decorated with college-mentality graffiti, and the cafeteria meals, which, high in quantity, were lacking in quality and variety. People who had added the price of two meals (\$15) to their room costs (\$30) discovered that those meals, if paid for at the door, went for \$11.50. Others passed up the long Alpine climb to the cafeteria for breakfast and ate snacks from the dormitory vending machines. One athlete, describing the constant roar of the dorm air conditioner, said, "It's like sleeping on a jet in flight."

Another problem came from runners in some divisions of the men's 800, who, because, the rule for finalists was "the first two in each heat and the next six best times," found themselves out of the finals even though they had run faster than those in a two-entrant heat.

Some U.S. entrants in field events with numerous foreigners objected to missing the finals by one or two places because of the foreign participants, contending that while this was a national championships for U.S. citizens, it was largely a tune-up for non-U.S. athletes headed for Eugene.

One last observation by many athletes was that the strict adherence



Heat 1 of the M40 1500 at the U.S. Nationals. Ian Cousins (GBR, 40110) leads Nolan Smith (USA, 40200). Cousins won the heat (4:05.56) with Smith 2nd (4:05.86). Photo by Gretchen Snyder

to the "event participants and officials only on the track" ordinance, although understandable for safety and meet-conducting reasons, did not allow for the usual visiting and schmoozing that many athletes look forward to when they travel to a large meet.

But everyone seemed to have a pretty good time and most participants were

planning on returning to next year's edition in Indianapolis on August 2-5. Thanks were extended by the athletes to the SDTC members who volunteered their services, particularly Graeme Shirley, Lolitia Bache, Laurie Olson, Ken Bernard, Linda Pain, Frank Whittemore, Tom Middleton, and Mary Leivers. □

**AGE-GROUP RECORDS SET AT 22nd U.S. TAC NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS — SAN DIEGO, CALIF. JULY 20-23, 1989**

**WORLD RECORDS**

Event	Age	New Mark	Name	State	Old Mark	Held by
400	M40	48.61	James King	CA	48.75	Hagues Roger
800	M60	2:12.62	Derek Turnbull	AUS	2:17.0	John Gilmour
1500	M60	4:29.11	Derek Turnbull	AUS	4:30.0	John Gilmour
400H	M40	53.56	James King	CA	54.08	Leon Hacker
300H	M60	44.76	Jack Greenwood	CA	45.59	J Greenwood
2000SC	M65	8:23.74	Avery Bryant	CA	8:45.2	Max McKay
HJ	M60	1.64	James Gillcrist	FL	1.60	Hans Overland
TJ	M40	15.59	Milan Tiff	CA	15.36	M Tiff
SP	M75	12.41	Ross Carter	OR	12.11	Gerhard Schepe
HT	M65	48.96	Eino Antilla	FIN	47.00	W Hausmann
400	W55	68.41	Irene Obera	CA	68.6	Daphne Pirie
400	W60	70.68	Ann Cooper	AUS	72.5	Aileen Hogan
800	W65	3:08.21	Mary Storey	USA	3:09.10	B Tibbling
1500	W70	6:39.04	Britta Tibbling	SWE	6:45.49	Johanna Luther
10000	W75	64:00.81	Pearl Mehl	CO	64:08.4	Ivy Granstrom
80H	W70	20.89	Rosaline Sole	NZL	27.24	R Sole
2000SC	W45	8:08.36	Margaret Orman	NZL	8:43.92	Fz. Riley
PV	W45	1.36	Barbara Stewart	NY	---	---
TJ	W60	6.58	Mary Norckauer	LA	6.53	Joş Sullivan
TJ	W65	7.55	Gwen Davidson	AUS	7.43	G Davidson
TJ	W70	6.33	Sheila Evans	IN	6.03	S Evans
SP	W55	12.97	Rosemary Chrimes	GBR	12.19	R Chrimes
DT	W70	23.36	Annchen Reile	FRG	22.58	A Reile
HT	W50	36.02	Val Hood	NZL	33.02	A Scholten
HT	W70	14.76	Annchen Reile	FRG	9.40	Beryl Syringer
5000W	W65	33:08	Lavonne Hottensmith	USA	34:49	A Jureidini

**AMERICAN RECORDS**

300H	M65	52.77	Bob Hunt	CA	---	---
3000SC	M50	10:31.01	Fay Bradley	DC	10:50.0	Don Slocomb
SP	M50	14.70	James Hart	CA	13.64	Bob Humphrey
SP	M60	14.44	Harry Hawke	CA	14.36	Phil Brošca
SP	M65	13.09	Bill Bangert	CA	12.29	Bill Castaneda
DT	M75	36.18	Ross Carter	OR	35.96	Redmond Doms
100	W55	13.84	Irene Obera	CA	14.6	Ruth Christian
200	W55	29.08	Irene Obera	CA	32.29	Nikki Ryan
800	W40	2:21.91	Susan Houlton	GA	2:22.0	Sandra Knott
400H	W45	95.18	Ann Carter	GA	---	---
300H	W50	68.14	Tami Graf	CA	---	---
300H	W60	70.67	Pat Peterson	NY	71.74	P Peterson
LJ	W55	3.85	Magdalene Kuehne	CA	3.66	M Kuehne
SP	W60	9.82	Bernice Holland	OH	9.43	B Holland
HT	W60	15.06	Mary Norckauer	LA	---	---



**Second Annual Sri Chinmoy Masters Track & Field 50 and Over Only**

Sunday, September 24, 1989 University of California, Irvine

- TAC SANCTIONED -

**DATE:** Sunday, September 24, 1989  
**LOCATION:** University of California, Irvine, CA 92717  
**DIRECTIONS:** Fwy 405 (or 5) to Culver Blvd., South to Campus Drive, right on Campus Drive to Bridge Road, left on Bridge Road to parking lot 6 or 6A.  
**DIVISION:** 10 year age division, from oldest to youngest.  
**ENTRY FEE:** First event \$10.00, additional events \$5.00 each, unlimited entries \$20.00. Includes multi-colored T-shirt. No refunds.  
**DEADLINE:** All entries must be postmarked no later than September 14, 1989. Complete entry form information may be phoned in as late as Sunday, September 17, 1989. Late entries add \$1.00.  
**AWARDS:** Sri Chinmoy Race rainbow-colored ribbons to first three men and women in each event and age group.  
**REFRESHMENTS:** Water, fruit and refreshments throughout day to participants.  
**MAIL ENTRY TO:** Sri Chinmoy Marathon Team, 1921 S. Sherbourne Dr. Los Angeles, CA 90034

**TENTATIVE SCHEDULE OF EVENTS**

**TRACK EVENTS**

9:30 a.m. 5000m Race Walk, combined  
 10:30 a.m. 80m Hurdles  
 10:45 a.m. 100m Hurdles  
 11:00 a.m. 110m Hurdles  
 11:15 a.m. 1500m Run, combined  
 11:30 a.m. 100m Run  
 12:00 noon Break  
 12:30 p.m. 300m Int. Hurdles  
 1:00 p.m. 400m Run  
 1:20 p.m. 3000m Run, combined  
 1:50 p.m. 200m Run  
 2:20 p.m. 800m Run

**FIELD EVENTS**

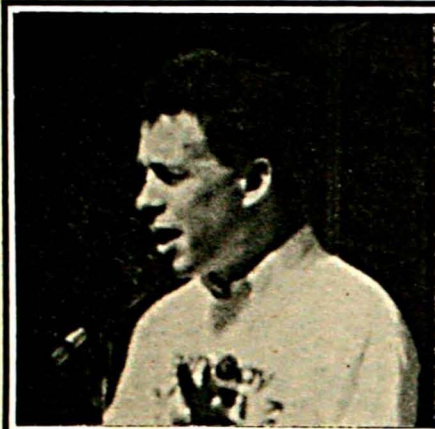
9:00 a.m. Hammer  
 10:00 a.m. Javelin  
 10:00 a.m. Pole Vault  
 11:00 a.m. Shot Put  
 12:00 noon Break  
 12:30 p.m. Discus  
 1:00 p.m. High Jump  
 1:45 p.m. Long Jump  
 2:30 p.m. Triple Jump

**ENTRY FORM**

Mail or call in to the Sri Chinmoy Marathon Team, 1921 S. Sherbourne Drive, Los Angeles, CA 90034, Phone: (213) 838-4746  
 NAME (Last) \_\_\_\_\_ (First) \_\_\_\_\_  
 AGE SEX DATE OF BIRTH \_\_\_\_\_ TAC # \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_  
 STATE ZIP TELEPHONE \_\_\_\_\_  
 T-SHIRT SIZE S M L Ex-L AMOUNT ENCLOSED \_\_\_\_\_  
 PLEASE ENTER ME: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_  
 4) \_\_\_\_\_ 5) \_\_\_\_\_ 6) \_\_\_\_\_

ATHLETE'S WAFER: In consideration of your acceptance of my entry, I hereby for myself and successors waive, release and forever discharge any and all claims for damages which I may have, or may hereafter accrue, against LIC, the Sri Chinmoy Marathon Team, and all other sponsors and agents, facilities or their officials or agents, for any damages which may be suffered by me. I certify that I am in good health and that my level of training is such that I am prepared to compete in this event.

Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# The Director's Corner

by DEAN REINKE

## ICI/USRA Masters Circuit Report

**J**anuary 13, 1990! Write it down, carve it in stone and clear your calendar! The ICI/USRA Masters Circuit National Championship returns to Naples, Florida for its second edition, January 13, 1990. This year, the race will have added significance as the Masters TAC National 8K Championships. The official event title will be the "ICI/USA TAC National Masters Grand Championship 8K", the featured event of the Naples Running & Fitness Weekend. Also included will be an Open 8K and a 5K Healthwalk, but the real focus will be the \$15,000 prize purse the world's best will be competing for.

While last year's Championship featured arguably the best Masters field ever assembled, the 1990 Championship appears headed toward even outdoing '89. Early commitments have arrived from defending individual National champions Bill Rodgers and Priscilla Welch and legends Frank Shorter and Jim Ryun. Interest has come from virtually all of the ICI/USRA Masters Circuit's top names, guaranteeing several record-setting assaults.

Last year's already flat and furiously fast 8K layout will be altered to a totally out and back route so as to produce even faster times. The Masters will again run separately from the under-40s, insuring a Master will break the tape once again.

The \$15,000 ICI/USA TAC National Masters Grand Championship

8K prize purse will be the largest ever non-marathon masters prize purse distributed. Add to that the \$25,000 ICI/USRA Masters Circuit Grand Prix purse, of which most of the age groups will be decided at Naples, and \$40,000 will be on the line in Naples — certainly unprecedented among the ranks of the Masters!

One of the goals of the ICI National Championship event is to attract the best field attainable among "all" age groups. We have had many disappointing comments from several who attended the recent World Veterans Games as to the high number of absentees in the World Championship road race contested in Eugene. Compared with the high calibre of contestants on the track, the road race lacked many of the stars who have made the ICI Circuit so impressive this year.

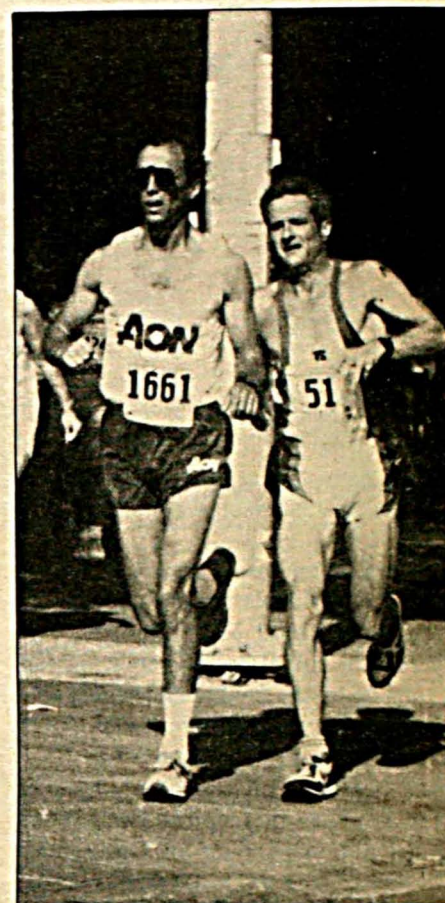
While it is certainly frustrating that the road final lacked the superstar names we see regularly on the Circuit,

the fact still remains that the roads and track are still perceived differently among U.S. and foreign distance runners. There surfaced a number of names among the leaders in the distance events, who, while new names to the Americans, are well-established Veteran stars on the world scene.

But we must say that we did try to boost the road race field when we offered to place the event on the ICI/USRA Masters Circuit and to pursue additional sponsorship, but there was little interest from event organizers. Hopefully, in future years, we can work more closely together in hopes of building the field to be more on the par with the truly world class track and field portion of the meet.

Meanwhile, all systems are go for Naples, Claudia Ciavarella, a new staffer at Dean Reinke & Associates and currently 3rd place on the ICI/USRA Masters Circuit, is our office liaison for Naples and interested athletes should contact her at (407) 647-2918 for invited runner questions. Over the next several months, we will keep you posted on the event's progress as well as athletes & field updates. As we approach the halfway point of the season with Crim, Pittsburgh Great Race,

Twin Cities, and First Federal/Nissan Capital Trail on the horizon, look for even closer competition as we move toward Naples. □



Masters winner Ralph Zimmerman, #51, slips by 31-year-old Ralph Motto, #1661, at the finish of the Chicago Distance Classic 20K, July 16. Zimmerman, M45, finished in 1:10:32.

Photo by Mike Davis



## Rodgers and Hutchison Lead ICI Circuit

WINTER PARK, FL., August 14 — Last year's ICI/USRA Masters Circuit National Championship winner Bill Rodgers and last year's ICI Grand Prix champion, Jane Hutchison of Webb City, Missouri lead the ICI/USRA points standings after eight races of the 18-city Circuit. Trailing Rodgers is Wilson Waigwa, who has won Circuit events at Nissan Shamrock, Utica

Boilermaker and Bix, while last year's ICI Grand Prix winner Bob Schlau of Charleston holds down the third slot.

Hutchison's second place finish at the Asbury Park race nudged her ahead of new Orlando, Florida resident Claudia Ciavarella, and Spencerport, New York's Nancy Oshier.

The ICI/USRA Masters Circuit point rankings include the following 8 races thus far on the ICI/USRA Masters Circuit: Nissan Shamrock, Myrtle Beach Classic, Cotton Row Run, Hospital Hill Run, Utica Boilermarker, Chicago Distance Classic, the Quad City Times Bix, and the Asbury Park 10K Classic. The remaining 10 events include Crim Road Race 10 Mile, Pittsburgh Great Race, Myriad Gardens 10K, Twin Cities Marathon, Hardee's Oktoberfest 8K in Memphis, 1st Federal/Nissan Capital Trail Run 10 Mile in Raleigh, the Foundation 30K in Sacramento, the Charlotte Observer Marathon 10K and the ICI/USRA Masters National Championship 8K in Naples, Florida, January 13, 1990.

The ICI Grand Prix purse is \$25,000 with \$3,500 going to the top male and female master at the end of the season. New this year are the Sorbothane Age-Graded Rankings with each week's top age-graded male and female performance receiving \$100. Current leaders are Bill Rodgers and Barb Filutze. □

### SORBOTHANE TOP 10 AGE-GRADED PERFORMERS

- (Shamrock, Myrtle Beach, Cotton Row, Hospital Hill, Utica Boilermarker, Chicago 20K, Bix 7)
- 1 Bill Rodgers .9512
  - 2 Wilson Waigwa .9487
  - 3 Victor Mora .9429
  - 4 Ronn Baker .9423
  - 5 Norm Green .9388
  - 6 Roger Robinson .9323
  - 7 Tony Simmons .9292
  - 8 Dave Stewart .9176
  - 9 Graham Tattersall .9129
  - 10 Jim Pearson .9114
- 1 Barbara Filutze .9024
  - 2 Jane Hutchinson .8826
  - 3 Ngair Drake .8815
  - 4 Nancy Oshier .8686
  - 5 Claudia Ciavarella .8666
  - 6 Nancy Mieszcak .8616
  - 7 Gina Faust .8575
  - 8 Karen Macharg .8558
  - 9 Linda Thompson .8507
  - 10 Judy Greer .8486

compiled by Jill Coulter of Dean Reinke Associates

### ICI/USRA MASTERS CIRCUIT POINT STANDINGS (8 RACES)

M40-44		M50-54		W40-44	
Bill Rodgers	34/4	Jim Larson	26/3	Jane Hutchison	37/4
Wilson Waigwa	30/3	Don Sleeman	26/3	Nancy Oshier	35/4
Bob Schlau	24/3	Bill Johnston	23/3	Claudia Ciavarella	30/4
Wes Wessely	24/3			Nancy Mieszcak	28/3
Ken Sparks	22/4			Diane Langston	14/2
Kevin Ryan	19/2			Barbara Filutze	10/1
Jim Pearson	16/2			Ngair Drake	10/1
Dave Stewart	15/2			Ginger Semple	10/1
Larry Olsen	15/2			Laurie Binder	10/1
Graham Tattersall	10/1				
Victor Mora	9/1				
Ken Fruit	9/1				
M45-49		M55-59		W45-49	
Ralph Zimmerman	40/4	John Harwick	16/2	Chris Tattersall	20/2
Don Coffman	10/1	Gerald Koch	10/1	Mary Shaver	19/2
Steve Lester	10/1				
M60-64		M65-69		W50-54	
Jim O'Neil	20/2	John McManus	20/2	Susie Kluttz	27/3
Bill Fortune	19/2			Jo-Wright Whitten	24/3
Herb Chisholm	18/2			Mary Cullen	16/2
M70+		M70+		W55-59	
Ed Benham	10/1			Gloria Brown	30/3
W60-64		W65-69		W70+	
Mary Norckauer	20/2	Loretta Sheehan	20/2	Louise Martin	10/1

## ICI/USRA Masters Circuit "Happenings"

Ken Young's latest "Competitive Road Racer" newsletter shows John Campbell (\$29,300) and Priscilla Welch (\$24,680) leading the 1989 Masters prize money earnings list. Following Campbell are Victor Mora (\$9626) and Bill Rodgers (\$7710) while Laurie Binder (\$14,900) and Gabriele Andersen (\$10,350) follow Welch. . . New race in Denver, September 4, will feature \$1500 in Masters prize money. . . Make that Laurie Binder and Wilson Waigwa at the head of the pack at the Quad City Times Bix 7, Binder's first '89 ICI Circuit event. Kevin Ryan and Bill Rodgers followed the former Kenyan Olympian Waigwa. . . 55-59 ICI leader Gloria Brown of Buffalo has some spinal problems which may sideline her the remainder of the season. . . Heather Matthews of New Zealand writes to report that we'll be seeing even more of her on the Masters Circuit as she prepares for Naples. . . East coast company looking at supporting a Masters Racing Team. . . Bill Rodgers continues on the injured list as an Achilles injury caused him to miss a week of training recently. . . Shirley Matson of California established a new 45-49 American age group record recently in 17:59 in Oakland.

Runner's World Magazine Publisher George Hirsch, competing in the grandmasters division, ran 2:59:53 at the San Francisco Marathon. . . Tulsa Run's Doug Thurston has moved to Columbus, Ohio to work with the Columbus Marathon. Athlete inquiries should be directed to him. . . Former Nissan Maryland Marathon Champion Marilyn Bevins will turn 40, October 4. . . Received note from Gary "Blues Brother" Fanelli informing me that October 24 - will turn 39 and is already in training for the big 4-0 and the ICI Circuit in '90. . . Former 2-time Olympian Kevin Ryan notched his 2nd ICI Circuit win at Asbury Park over Circuit newcomer Earl Owens and Brit Shel Cowles. Floridian Jim Pearson finished 4th, with Harry Nolan 5th and last year's champ, Larry Olsen 6th. Norm Green took over the lead in the ICI Circuit grand masters category with his victory. . .

Angela Hearn of New York notched her first Circuit win of the season over her twin sister, Christina, and Jane Hutchison. Hutchison's finish moved her into first on the Circuit over Rochester's Nancy Oshier and Orlando's Claudia Ciavarella. . . Put retired Master Web Loudat on the "just got

married" list recently. Heard he was going to be moving to Greece but latest report is that he will be playing the "Ward Cleaver" role in Albuquerque — let us hear from you, Web! . . . Barb Filutze's stress fracture appears more serious than first thought. . . Current ICI/USRA Masters Circuit leader Jane Hutchison getting even more serious as she plans to take a 1-year leave of absence from her teaching duties to concentrate on the Circuit. . .

It's for real! Memphis and Seattle are the newest additions to the ICI/USRA Masters Circuit. The October 13 Hardee's Oktoberfest 8K (901) 473-6782, and Seattle

Half-Marathon, November 25 (206) 363-6070, provide much needed events in parts of the country geographically where voids existed. . . Yes, that was Herb Lorenz running in the grandmasters category at Asbury. . . Hilton Head Hyatt 10K looking to enhance their annual December event. . . Look for the Crim 10 Mile on ESPN's race of the month in September. . . Tim Murphy is the athlete's coordinator at the Old Style Chicago Marathon. Murphy directs the Carlsbad race from his San Diego headquarters. . . In one of her rare road appearances, Katherine Switzer joined husband Roger Robinson on the starting line at

the Utica Boilermaker. . . Look for George Sheehan's new book, published by Rodale Press, to be out this fall and the good doctor to embark on a multiple city media tour. . . Tony Simmons of Great Britain captured the gold at the Buffalo Subaru Chase over Kevin Ryan, Dave Stewart and Ron Bell, while Nancy Oshier bested Nancy Mieszczyk in the women's race. . . Jane Hutchison captured the \$1000 first prize at the Iowa Midnight Madness race in Ames over Florida's Karen McHarg. . . Bill Rodgers captured honors at the Fifth Season 8K in Cedar Rapids, running 24:56. □

# The Tradition Continues...



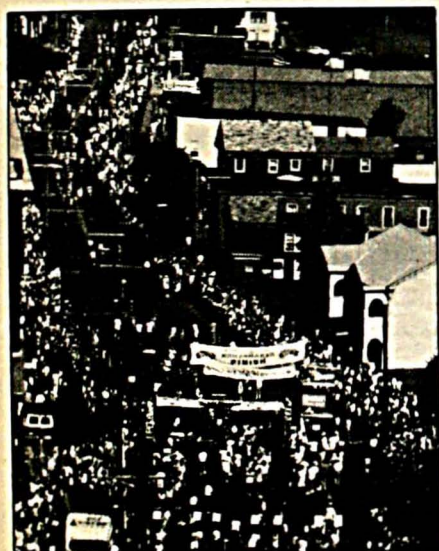
Last year Bill Rodgers, Frank Shorter, Jim Ryun and the other "Legends of Running" returned to the roads as Masters in the inaugural ICI/USRA MASTERS CIRCUIT. This year the tradition continues, featuring Grand Prix competition in 5-year age groups through age 70, and introducing the *Sorbothane Age-Graded Rankings*. The Circuit will again culminate with the season ending ICI/USRA Masters National Championship won last year by Bill Rodgers and Priscilla Welch.

*Masters Running '89*, the official magazine of the ICI/USRA MASTERS CIRCUIT, will also be published featuring in-depth profiles and reports from the exciting Masters scene. "National Masters News" will again serve as the "official newsletter" of the Circuit and provide monthly results and Circuit coverage.

So, if you're 40 or over, it's sure to be a tradition you'll want to continue!

- March 18 - Nissan Shamrock 8K, Virginia Beach, VA, (804) 481-5090
- April 8 - Myrtle Beach Classic, 10K, SC, (919) 847-3109
- May 29 - Cotton Row Run 10K, Huntsville, AL, (205) 881-5807
- June 4 - Hospital Hill Run Half Marathon, Kansas City, (816) 561-1085
- July 9 - Utica Boilermaker 15K, Utica, NY, (315) 797-6929
- July 16 - Chicago Distance Classic 20K, IL, (312) 243-2000
- July 29 - Quad City Times Bix 7 Mile, Davenport, IA, (319) 359-9197
- August 12 - Asbury Park 10K, NJ, (201) 531-4156
- August 26 - Crim Road Race 10 Mile, Flint, MI, (313) 235-3396
- September 24 - Pittsburgh Great Race 10K, PA, (412) 255-2493
- September 30 - Myriad Gardens Run 10K, Oklahoma City, OK, (405) 231-2597
- October 8 - Twin Cities Marathon, Minneapolis, MN, (612) 881-3863
- October 13 - Hardee's Oktoberfest 8K, Memphis, TN, (901) 683-6782
- October 14 - First Federal/Nissan Capital Trail Run 10 Mile, Raleigh, NC, (919) 876-8347
- November 12 - Foundation 30K Championship, Clarksburg, CA, (916) 636-0707 or (916) 665-1712
- November 25 - Seattle Half Marathon, Seattle, WA, (206) 363-6070

- January 6, 1990 - Charlotte Observer 10K, NC, (704) 379-6896
  - January 13 - ICI/USRA Masters Championship 8K, Naples, FL, (407) 647-2918
- For more information and a copy of "Masters Running '89," send \$2 to:
- ICI/USRA MASTERS CIRCUIT  
c/o Dean Reinke & Associates  
400 N. New York Ave., Winter Park, FL 32789  
(407) 647-2918



Finish Line of the Utica Boilermaker 15K in Utica, N.Y., July 9. Wilson Waigwa (M40, 46:09) and Ngairé Drake (W40, 55:05) were first masters.

# MASTERS SCENE

## NATIONAL

• The 1989 editions of the following TAC publications are now available from The Athletics Congress/USA: *American Athletics Annual* (\$10 U.S. and Canada; \$12 elsewhere), edited by Hal Bateman in conjunction with Carol Swenson and Pete Cava; *U.S. Race Walk Handbook*, Bob Bowman, editor; *U.S. Junior T&F Annual*, Scott Davis, editor; and *U.S. Decathlon/Heptathlon Handbook*, Dr. Frank Zarnowski and Mike Hubbard, co-editors. The last three sell for \$8 in the U.S. and Canada, and \$10 elsewhere. Send check or money order to Book Order Dept., TAC/USA, P.O. Box 120, Indianapolis, IN 46206.

• *Road Race Management* newsletter presents its seventh annual Race Director's Meeting and Trade Exhibit, November 10-12, at the Washington, D.C., Marriott Hotel. Senator Richard Lugar of Indiana, an avid runner, is the scheduled keynote speaker. Registration for the affair is limited to 190. Contact Jeff Darman, 1201 S. Eads St., Ste. 2, Arlington, VA 22202. 703/979-4366.

• Reebok International Ltd. of Canton, Mass., said it plans to acquire Rockland, Mass.-based Boston Whaler Inc. for an estimated \$43 million in cash. Reebok's decision to buy the troubled but prominent maker of powerboats represents Reebok's first move beyond athletic and casual shoes, and athletic clothing. Reebok has \$1.8 billion in annual sales. Boston Whaler has about \$60 million in annual sales.

• In response to an official complaint filed by Don Kardong, Chairman of TAC's Men's LDR Committee, Ollan Cassell, TAC's Executive Director, has written to Joseph Nzau, asking that he provide information to substantiate Nzau's claim that he is 40. Nzau was refused entry into the Boston Marathon as a masters runner because of the uncertainty of his true age. Many believe him to be in his late 30s, based on the birthdate he gave to various sources when he first came to the U.S. from Kenya.

• Marc Boom and Marc Liquori are forming a masters mile circuit.

## EAST

• Ralph Romain, 56, who had been in Europe and had not run a race in almost three years, returned to competition in a Potomac Valley Seniors developmental meet, July 9, and ran a 55.32 400, only .76 seconds slower than the AR.

• Bill McGuire (33:50) and Laura Schay (42:28) were top masters in a humidity-hampered Shelter Island 10K on Long Island, NY, June 10. Joseph Nzau, formerly of Kenya/UT-El Paso, was the men's open winner (29:36) and Gordon Block of NYC was top woman (33:50). 1846 finished.

• Tony Simmons (M40, 19:05) and Nancy Oshier (W40, 22:44) were top masters at the Buffalo Subaru 4-Mile Chase in Buffalo, N.Y., July 15. Simmons and Oshier took home \$500 each for their victories. Runners-up were Kevin Ryan (M40, 19:23) and Nancy Mieszczak (W40, 23:04).

• Nolan Fowler broke the M75-79 AR in the hammer with a 35.20 (115-6) in the Midwest Masters Meet, Huntington, WV, July 8-9. The old record of 31.14 was held by Jim York. Nancy Noonan-Oliver, W40, ran the 1500 in 4:52.

## SOUTHEAST

• Rita Kramer (W40, 23:07) placed first master at the Women's Distance Festival 5K in DeLand, Fl., July 15. Pat Dixon, W50, finished second master in 23:15 and also took top age-graded honors (71.2%).

## MID AMERICA

• Tom Burnett (M40, 34:03) and Judy Fellhauer (W40, 38:30) were first masters in the Colorado Springs 10K on July 16. John Swartz (M40, 34:22) was second master, while Cheryl Beckwith (W40, 41:21) followed Fellhauer across the finish line. Burnett was top age-graded masters with an 83.8% performance.

## WEST

• Del Pickarts, M60-64 WR-holder in the javelin, set an age-62 WR of 153.4 with the 800g javelin in the Citrack Throwers Meet, Glendora, CA, July 1. Meet director Lloyd Higgins, M40, threw the discus 160-1.

• Gary Miller, 51, holder of several age-group WRs in the decathlon and pentathlon, scored 4002 points on the '89 WAVA age-group factors in a pentathlon in the World Tune-Up Games III, Los Angeles, July 1. David Lawyer won the M70 100 (14.83) and 200 (30.48).

• Javelin-thrower Joe Greenberg, M35, Marina Del Rey, CA, who seemed to be stuck in the 190s early in the season, unleashed a 223-11 in the Jackie Joyner Invitational in July at UCLA for a fourth, behind Olympians Barnett and Stephens of the U.S. and Bradstock of G.B.

• Michael J. Lalum, 44, of Orange, CA, has run a 5 or 10K race almost every weekend for the past ten years, and has garnered over 400 awards, ranging from trophies to running gear which attest to his feats. Lalum got hooked in '79 when, after running in local races, he won a



Michael Lalum, 45, of Orange, Calif., has run a 5K or 10K race almost every weekend for the past 10 years and amassed over 400 awards.

marble trophy with a 44:00 10K. His distances range from 2 miles to the marathon, 22 of which he has completed. Lalum runs 13 to 22 miles, including races, per week, and has 18:10 5K and 38:05 10K bests. He attributes much of his success to the support of his wife, Marianne, a non-runner; race director Art Martinez of the Pico Rivera AC, who puts on about 70 races a year; and Lalum's careful selection of races. Lalum has also been successful in the 400 and up on the track.

• M55 Ed Martin's javelin mark in the June 25 San Diego-Imperial TAC Championships results published in August was incorrectly transposed on the metric tables as 40.02. It should have been 43.02 (141-2).

• Pete Fetter, 68, longtime masters sprinter, died on July 31 in Redondo Beach, Calif. Fellow CDM club members were unaware of the reasons for his death.

• Mark Cobb, M30, a masters sprinter and son of Hugh Cobb, M55, drowned while swimming in a Sacramento river following the Western Sectional Masters T&F Championships on July 9.

## NORTHWEST

• Tom Gage teased Ed Burke's M45-49 hammer AR of 198-5 with a 197-1 in the Montana Big Sky State Games, Billings, July 15-16. Women's entries increased over last year; seven of the nine entrants in the 5000 walk were women, paced by W50 Jean MacInnes (33:44).

• Channing Berthiaume (M45, 2:39:02) led all masters at the U.S. West Marathon in Seattle, Wash., July 23. Berthiaume's 84.5 performance percentage was best age-graded showing of the day, Marcia Jager (W40, 3:11:57) was first female master. □

# schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.



## TRACK & FIELD NATIONAL

March 24-25. U.S. TAC National Indoor Masters Championships, Madison, Wisc. Peter Tegen, 1702 Lynndale, Madison, WI 53711.

August 2-5. 23rd U.S. TAC National Masters Track & Field Championships, Indianapolis, Ind. Marshall Goss, Track Office, Indiana U., Bloomington, IN 47405. 812/855-8583.

## EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

September 2. Virginia State Masters Championships, Charlottesville, Va. Karen Beaver, 311 Westminster Rd., Charlottesville, VA 22901.

September 3. 14th Annual Potomac Valley Games & PVAC Masters Championships, St. Stephen's School, Arlington, Va. Sal Corrallo, 3466 Roberts Ln., Arlington, VA 22207. 703/243-1290.

September 23. 3rd Annual NY Masters Triple Weight Pentathlon (men) & Throwing Triple Weight (women), Randalls Island, N.Y. Jai Singh, 254-24 75 Ave., Glen Oaks, NY 11004. 212/704-5582 (8-11 p.m.).

## SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee.

September 23-24. 5th Annual Thomasville Fall Masters Decathlon, Thomasville, N.C. Bill Busby, 105 Pineywood Rd., Thomasville, NC 27360. 919/475-0851(d); 476-1228(n).

## MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

September 3-4. Senior Olympics, Columbus, Ohio. Leo Yassenoff Jewish Center, 1125 College Ave., Columbus, OH 43209. 614/231-2731.

September 10. Wolfpack Throwing Classic & Ohio TAC Two-Hour Run, Worthington HS, Worthington. John White, 4865 Arthur Pl., Columbus, OH 43220. 614/459-2547.

## MID-AMERICA

Arkansas, Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, Oklahoma, S. Dakota.

September 2-3. Rocky Mountain Masters Games, U. of Colorado, Boulder. Jim Weed, 1167 E. 2nd Ave., Aurora, CO 80010. 303/341-2980.

September 23-24. Nebraska Senior Olympics, Kearny. 55+. Barbara McQuitty, USNSO National Director, 222 S. Central, St. Louis, MO 63105. 314/726-4550.

October 21. Kansas Big Guys Classic II, University of Kansas, Lawrence. Weight pentathlon/pentathlon, open, submasters, m&w. Gary England, Rm. 145, Allen Fieldhouse, Lawrence, KS 66045. 913/864-5635(o); 749-2865(h).

## WEST

Arizona, California, Hawaii, Nevada, New Mexico, Utah.

September 16. Northern California Seniors Classic, UC-Berkeley. Jim Johnson, 415/697-1889.

September 24. Sri Chinmoy Seniors (50+) Meet, UC-Irvine, Calif. Sri Chinmoy Marathon Team, 1921 S. Sherbourne Drive, Los Angeles, CA 90034. Bigalita Eger, 213/838-4746.

October 7. Club West Masters Meet, Santa Barbara, Calif. George H. Adams, P.O. Drawer K, Goleta, CA 93116. 805/484-5982.

October 16-27. World Senior Games, St.

Continued on page 21

Continued from page 20

George, Utah. 50+ . T&F/Road Races: October 25-27. Sylvia Wunderli, 1604 Walker Center, Salt Lake City, UT 84111. 801/583-6231.

## INTERNATIONAL

September 16-17. San Juan International Masters Meet, Escobar Stadium, San Juan, Puerto Rico. Ovidio de Jesus, P.O. Box 31300, 65th Infantry Stn., Rio Piedras, PR 00929-0300.

October 14-16. 10th Annual Japan Masters Championships. Tokyo Travel, 5-1-2 Misono-cho, Wakayama City, Wakayama Prefecture, Japan. Phone: 0734-25-3211. Fax: 0734-24-1683.

October 14-22. 2nd Australian Masters Games, Adelaide.

November 11-12. 10th Uruguay Veterans Championships, Montevideo. (M35+, W30+). Hector Acosta, Calle Canelones 982, Montevideo 11.000, Uruguay.

## LONG DISTANCE RUNNING NATIONAL

September 17. U.S. TAC National Masters Half-Marathon Championships, Philadelphia, Pa. Mark Stewart, c/o Philadelphia Distance Run, P.O. Box 43111, Philadelphia, PA 19129. 215/636-4975; 735-6958(h).

September 24. U.S. TAC National Masters 10K Championships, Pittsburgh, Pa. Mike Radley, The Great Race, Room 400, City-County Bldg. Pittsburgh, PA 15219. 412/255-2493.

October 1. U.S. TAC National Masters 25K Championships, New York. Jack Dowling, 25-47 Beech St., East Meadow, NY 11554. 516/579-7466.

October 8. U.S. TAC National Masters Marathon Championships, St. Paul, Minn. Gary Iverson, 1200 Town Square, 445 Minnesota St., St. Paul, MN 55101. 612/291-1822.

November 5. U.S. TAC National Masters 5K Cross-Country Championships, Columbus, Ohio. John White, 4865 Arthur Pl., Columbus, OH 43220. 614/424-7011.

November 12. U.S. TAC National Masters 30K Championships, Clarksburg, Calif. Skip Seebeck, P.O. Box 20, Clarksburg, CA 95612. 916/665-1712; 916/775-1318.

November 19. U.S. TAC National Masters



Richard Bennett long jumps 3.71 (12-2) to take third place in the M65 bracket at the Nationals. Photo by Gretchen Snyder

15K Cross-Country Championships, NYC. Joe Kleineram, 9 E. 89th St., New York, NY 10128. 212/860-4455.

November 25. U.S. TAC National Masters 10K Cross-Country Championships, San Francisco. John Mansoor, 800 Bonita Dr., Folsom, CA 95630. 916/933-4913.

December 3. U.S. TAC National Masters 8K Championships, Washington, D.C. Herb Chisholm, 1001 Rynex Dr., Alexandria, VA 22312. 703/354-3461.

## EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

September 14. 9th Annual Nike Capital Challenge 3 Mile, Washington, D.C. Jeff Darman, 1201 S. Eads St., Ste. 2, Arlington, VA 22202. 703/979-4366.

September 16. Great Cow Harbor 10K, Northport, N.Y. SASE to Cow Harbor 10K, P.O. Box 1, Northport, NY 11768.

September 17. Eriesistible Marathon, Erie, Pa. Frank Witgen, P.O. Box 1906, Erie, PA 16507-0906. 814/871-2468.

September 23. NYRRC Mercedes Mile on 5th Ave., NYC. NYRRC, 9 E. 89th St., NY, NY 10128. 212/860-4455.

September 24. The Great Race 10K, Pittsburgh, Pa. (TAC U.S. Masters Championships) \$10,000 masters money. Citiparks, 400 City-County Bldg., Pittsburgh, PA 15219. Bill Backa, 412/255-2350.

October 1. Delaware Distance Classic 15K/5K/5K RW, Wilmington, Del. Cash to overall m&w 40+ winner. Joel Schiller, Race Director, 2502 N. Van Buren St., Wilmington, DE 19802. 302/762-4020 (h); 792-4741 (w).

October 22. Freihofer's Run For Women 10K, Syracuse, N.Y. TAC Regional 10K Championship. Kris Hartnett, 4382 Stonington Circle, Syracuse, NY 13215. 315/488-8961.

## Need Back Issues?

Most back issues of the *National Masters News* are available for \$2.25 each, plus \$1.00 postage and handling for each order.

Send to:

*National Masters News*  
P.O. Box 2372  
Van Nuys, CA 91404

## SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee.

September 2. Charleston 15 Mile Run, Charleston, W. Va. Jim Hamrick, P.O. Box 2749, Charleston, WV 25330. 304/348-3464.

September 30. Virginia 10 Miler, Lynchburg, Va. Marilyn Reynolds-Straub, 3020 Cranehill Dr., Lynchburg, VA 24503. 804/384-1692; 384-6816.

October 13. Hardee's Oktoberfest 8K, Memphis Tenn. ICI/USRA event. Memphis Runners TC, P.O. Box 17981, Memphis, TN 38187-0981. 901/683-6782.

October 14. Capital Trail Run 10 Mile, Raleigh, NC. ICI/USRA Masters Circuit event. 919/876-8347.

## MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

September 4. Park Forest Scenic 10 Mile, Park Forest Ill. Masters money. Park Forest Rec. & Parks Dept., 200 Forest Blvd., Park Forest, IL 60466. 312/748-2005.

## MID-AMERICA

Arkansas, Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, Oklahoma, S. Dakota.

September 10. City of Lakes 25K, Minneapolis. Jeff Winter, Minneapolis Parks & Rec. Dept., 310 4th Ave. So., Minneapolis, MN 55415. 612/348-2226.

September 30. Myriad Gardens 10K, Oklahoma City, Okla. ICI/USRA Masters Circuit event. 405/231-2597.

October 8. Twin Cities Marathon, St. Paul, Minn. \$50,000 masters money. TCM, 9633 Lyndale Ave. S., Ste. 209, Minneapolis, MN 55420. 612/881-3863.

## WEST

Arizona, California, Hawaii, Nevada, New Mexico, Utah.

September 9. Say No To Drugs 5K/10K, Irvine, Calif. SASE to Oscar J. Rosales, 7846 Connie Dr., Huntington Beach, CA 92648. 714/841-5417; 213/634-3027.

October 7. 13th Annual St. George Marathon, St. George, Utah. St. George Marathon, 86 So. Main, St. George, UT 84770. 801/634-5850.

November 5. First Annual Baby Boomers West 10K and 10K Masters Race, Phoenix. \$2500 masters money. SASE to: Arizona Road Racers, P.O. Box 37876, Phoenix AZ 85069-7876. Mike or Peggy, 602/933-2425.

## NORTHWEST

Alaska, Idaho, Montana, Oregon, Washington, Wyoming.

September 24. Portland Marathon, Portland, Oregon. Les Smith, Portland Marathon, P.O. Box D, Beaverton, OR 97075. 503/226-1111.

## INTERNATIONAL

September 3. AAA Veterans Half-Marathon Championships, Kings Lynn, Norfolk, East Anglia, England. G. Reid, 3 Church Lane, Shouldham Thorpe, Kings Lynn, Norfolk, England.

September 24. Toronto/Wang Marathon, Toronto, Canada. MTWM, 1220 Sheppard Ave. E, Willowdale, Ontario, Canada M2K 2X1.

October 1. Berlin Marathon, Berlin, W. Germany. August 17 deadline. Berlinmarathon, Meinekestrasse 13, D-1000 Berlin 15. Tel. 030/882 64 05. Telex 186102 broko d.

November 19. Romacapitale Marathon, Rome, Italy. Organizing Committee, Via Paulucci De Calboli 60-00195, Rome, Italy. Tele: 06/318462.

## ON TAP FOR SEPTEMBER

### TRACK & FIELD

The season may have peaked with the World Veterans Championships in Eugene, but it's still alive, starting on the 2nd with the two-day Rocky Mountain Games in Boulder, Colo. Ohio's Wolf-pack Track Club holds its annual throwing classic and a two-hour track run on the 10th. On the 16th, the San Juan International Meet opens for two days in Puerto Rico, and the Northern California Seniors Classic takes place at UC-Berkeley. The New York Masters stage a weight pentathlon, with a special throw triathlon for women, on the 23rd on Randall's Island, NYC. The summer season ends with the Sri Chinmoy Seniors meet (50+) on the 24th at Irvine, Calif.

### LONG DISTANCE RUNNING

The National Masters Half-Marathon Championships are scheduled as part of the Philadelphia Distance Race on the 17th, with the 10K Championships set for one week later as an adjunct of the Pittsburgh Great Race, which is also an ICI/USRA Masters Circuit event.

The Charleston 15 Mile in the capital city of West Virginia goes off on the 2nd. The City of Lakes 25K is scheduled for the 10th in Minneapolis. On the 17th, Easterners can choose between Pennsylvania's Marathon or the NYRRC Women's Half-Marathon in Central Park. The NYRRC also stages the Mercedes Mile on Fifth Avenue on the 23rd. On the 24th, Westerners get to choose between the Portland Marathon and the Duke City Marathon in Albuquerque. The month closes on the 30th with the Virginia 10 Mile in Lynchburg and the Myriad Garden 10K in Oklahoma City, an ICI/USRA race.

### RACEWALKING

TAC. National Masters 40K Racewalk Championships will be decided in New Jersey on the 10th. □

## RACE WALKING NATIONAL

September 10. U.S. TAC National Masters 40K Racewalk Championships, Union, N.J. Elliott Denman, 26 No. Locust Ave., W. Long Branch, NJ 07764. 201/222-9213.

October 8. U.S. TAC National 1-Hour Racewalk Championships, Cambridge, Mass. Phillip McGaw, 156 Blue Hill Ave., Milton, MA 02174. 617/698-1806.



New Zealand's Helen Marshall (4010) and Irene Jackson of the USA battle in the W40 5000 in San Diego. Jackson took 3rd (19:00.82); Marshall was 6th (23:29.55).

Photo by Gretchen Snyder













Continued from previous page

Table of race results for various categories including M45, M50, M55, M60, M65, M70, M75, M80, M85, M90, M95, M500m Walk (track), and Hammer. Lists names, countries, and times.

Table of race results for various categories including M45, M50, M55, M60, M65, M70, M75, M80, M85, M90, M95, M500m Walk (track), and Hammer. Lists names, countries, and times.

Table of race results for various categories including M45, M50, M55, M60, M65, M70, M75, M80, M85, M90, M95, M500m Walk (track), and Hammer. Lists names, countries, and times.

Table of race results for various categories including M55, M60, M65, M70, M75, M80, M85, M90, M95, M500m Walk (track), and Hammer. Lists names, countries, and times.

Table of race results for various categories including W40, W45, W50, W55, W60, W65, W70, W75, W80, W85, W90, W95, W500m Walk (track), and Hammer. Lists names, countries, and times.

Table of race results for various categories including 20K Road Walk, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90, M95, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85, W90, W95, W500m Walk (track), and Hammer. Lists names, countries, and times.



EAST

New Jersey TAC Masters Championships Monmouth College June 4

New Jersey residents listed first, followed by non-residents.

Table of race results for New Jersey TAC Masters Championships, listing names, countries, and times for various categories.

Continued on next page

Continued from previous page

Table of race results for 400m, 800m, and 5000m events, listing names and times.

Table of race results for 100m, 200m, 400m, 800m, 1500m, 5000m, and 10000m events, listing names and times.

Table of race results for 100m, 200m, 400m, 800m, 1500m, 5000m, and 10000m events, listing names and times.

Table of race results for Mid-Atlantic TAC Games, listing names and times.

Table of race results for New York State Senior Games, listing names and times.

Table of race results for Philadelphia Masters Running Pentathlon, listing names and scores.



Continued from previous page

Niagara TAC Masters Championships Tonawanda, NY July 8

Table of results for Niagara TAC Masters Championships, including 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m.

Table of results for Boston AA Masters Championships, including 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m.

Boston AA Masters Championships Dedham, MA July 8

Table of results for Boston AA Masters Championships, including 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m.

Table of results for Reading TC Championships, including 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m.

Table of results for TAC Eastern Sectional Masters Championships, including 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m.

Table of results for West Long Branch, NJ July 26, including 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m.

Table of results for 800m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m, 1500m, 5000m, 10000m, 20000m, 50000m, 100000m.

Continued from previous page

Table of athletic results for Hammer, Pole Vault, Long Jump, Triple Jump, Shot Put, and Discus events, listing names and times.



Table of athletic results for Shot Put, Discus, 100m, 200m, 400m, 800m, 1500m, 5000m, and 10000m events.

Table of athletic results for Hammer, Pole Vault, Long Jump, Triple Jump, Shot Put, and Discus events, listing names and times.



MIDWEST

The Athlete's Foot Masters Meet Rock Island, IL June 4

Table of athletic results for 400m, 800m, 1500m, 5000m, 10000m, Mile Relay, High Jump, Pole Vault, and 300 Meter Hurdles 33" events.



Table of athletic results for Pole Vault, Long Jump, Triple Jump, Shot Put, Discus, 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, Mile Relay, High Jump, Pole Vault, and 300 Meter Hurdles 33" events.

Table of athletic results for Weight Throw, 1500m Walk, 3000m Walk, Green Bay Open & Masters Classic, Shot Put, Discus, 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, Mile Relay, High Jump, Pole Vault, and 300 Meter Hurdles 33" events.

Table of athletic results for 300 Meter Hurdles 33", Long Jump, Triple Jump, High Jump, Pole Vault, Javelin, Shot Put, Discus, 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, Mile Relay, High Jump, Pole Vault, and 300 Meter Hurdles 33" events.

Continued on next page



Continued from previous page

Table with 2 columns: Name and Time. Includes athletes like Lisa Boyle, Bev Marx, Marilyn Wallach, etc.

Table with 2 columns: Name and Time. Includes athletes like Adam Ferreira, Randy Sturgeon, Searcy Barnett, etc.

Short Hurdles(M30+ 110m;

Table with 2 columns: Name and Time. Includes athletes like James Weems, Louis Bartholomew, Fred Johnson, etc.

Steeplechase

Table with 2 columns: Name and Time. Includes athletes like Ian Cumming, James Press, Searcy Barnett, etc.

4x100m Relay Men

Table with 2 columns: Name and Time. Includes San Francisco TC.

High Jump

Table with 2 columns: Name and Height. Includes athletes like Ed Baskauskas, James Manor, Gary Mathany, etc.

Pole Vault

Table with 2 columns: Name and Height. Includes athletes like Brad James, Steve Hardison, Jim Williams, etc.

Long Jump

Table with 2 columns: Name and Distance. Includes athletes like Rick Fullum, Rich Ulrich, Jim Scileny, etc.

Triple Jump

Table with 2 columns: Name and Distance. Includes athletes like Rick Fullum, Dan O'Connell, Rich Orlich, etc.

Table with 2 columns: Name and Distance. Includes athletes like John Lawson, Don Dvorak, Alan Hunkin, etc.

Shot Put

Table with 2 columns: Name and Distance. Includes athletes like Jim Scileny, Ira Gorbet, Gary Kelmenson, etc.

Discus

Table with 2 columns: Name and Distance. Includes athletes like Jeff Scruggs, Jim Scileny, Kevin Bennet, etc.



Hammer

Table with 2 columns: Name and Distance. Includes athletes like Jeff Scruggs, Gary Kelmenson, Garrett Gravelle, etc.

Javelin

Table with 2 columns: Name and Distance. Includes athletes like Tom Silva, Jeff Scruggs, Jim Scileny, etc.

5000m Walk

Table with 2 columns: Name and Time. Includes athletes like Anthony Monroe, Jim Scileny, Bill Penner, etc.

Trojan Masters Invitational Los Angeles, CA July 16

100

Table with 2 columns: Name and Time. Includes athletes like Greg Holmes, Don Welch, Kevin Morning, etc.

Table with 2 columns: Name and Time. Includes athletes like Eugene Driver, Milton Qualls, Dallas Jones, etc.

Table with 2 columns: Name and Time. Includes athletes like Ron Beadle, H. Castille, J. Birnbaum, etc.

Table with 2 columns: Name and Time. Includes athletes like J. Bustamante, F. Niedemeyer, John Karbens, etc.

Table with 2 columns: Name and Time. Includes athletes like Dick Glasgow, Roger Tsuda, Mei Sacks, etc.

Table with 2 columns: Name and Time. Includes athletes like Nick Newton, M. Sanchez, John Darrell, etc.

Table with 2 columns: Name and Time. Includes athletes like R. Mc Pherson, R. Watanabe, Bob Hunt, etc.

Table with 2 columns: Name and Time. Includes athletes like Bill Morales, Andy Collins, Harry Yu, etc.

Table with 2 columns: Name and Time. Includes athletes like Joe Caruso, R. Bryant, Karen Tantaio, etc.

Table with 2 columns: Name and Time. Includes athletes like L. Tucker, K. Shannon, W50 C. Miller, etc.

Table with 2 columns: Name and Time. Includes athletes like W60 P. Petersen, S. Kinsey, W75 Bess James, etc.

Table with 2 columns: Name and Time. Includes athletes like Greg Holmes, Kevin Morning, M35 Milton Qualls, etc.

Table with 2 columns: Name and Time. Includes athletes like M35 Nick Newton, Tony Nasralla, Leo Benning, etc.

400

Table with 2 columns: Name and Time. Includes athletes like Tony Melody, Dallas Jones, Eugene Driver, etc.

Table with 2 columns: Name and Time. Includes athletes like H. Castille, Ron Jensen, Jon Lomax, etc.

Table with 2 columns: Name and Time. Includes athletes like John Cosgrove, Phil Cordero, Peter Faust, etc.

Table with 2 columns: Name and Time. Includes athletes like T. Nasralla, John Darrell, Will Robinson, etc.

Table with 2 columns: Name and Time. Includes athletes like D. Turnbull, R. Mc Pherson, Louis Beadle, etc.

Table with 2 columns: Name and Time. Includes athletes like Avery Bryant, Pete Ganahl, Al Guidet, etc.

Table with 2 columns: Name and Time. Includes athletes like Michelle Tiff, J. Bendleton, Reiko Duba, etc.

Table with 2 columns: Name and Time. Includes athletes like Jane Dods, P. Petersen, Joan Gunn, etc.

Table with 2 columns: Name and Time. Includes athletes like W60 P. Petersen, Joan Gunn, Don Parker, etc.

Table with 2 columns: Name and Time. Includes athletes like Eric Owers, Richard Levy, Roy Gardner, etc.

Table with 2 columns: Name and Time. Includes athletes like Cliff Bedell, Pete Richardson, Jesse Carrington, etc.

Table with 2 columns: Name and Time. Includes athletes like Robert Culling, Ross Dunton, Martin Hicks, etc.

Table with 2 columns: Name and Time. Includes athletes like Derek Turnbull, Louis Beadle, Jerry Withers, etc.

Table with 2 columns: Name and Time. Includes athletes like Ray Spencer, Joyce Morgiewicz, Jane Monteagle, etc.

Table with 2 columns: Name and Time. Includes athletes like W35 Michelle Tiff, Claudia Lazar, W50 Jane Dods, etc.

Table with 2 columns: Name and Time. Includes athletes like W75 Bess James, M40 Rex Hall, G. Varela, etc.

5K

Table with 2 columns: Name and Time. Includes athletes like Paul Sandoval, Ray Parker, Nelson Crader, etc.

Table with 2 columns: Name and Time. Includes athletes like Louis Simms, Al Rey, Derek Turnbull, etc.

Table with 2 columns: Name and Time. Includes athletes like Phil Jones, Stan Neufeld, Rita Gilmore, etc.

Table with 2 columns: Name and Time. Includes athletes like Lynne Sickler, Helen Dick, Bees James, etc.

Table with 2 columns: Name and Time. Includes athletes like Al Henry, Dee De Witt, Jerry Stanners, etc.

Table with 2 columns: Name and Time. Includes athletes like Bill Adler, Marvin Sanchez, Burl Gist, etc.

Table with 2 columns: Name and Time. Includes athletes like M50 Al Henry, Dee De Witt, Jerry Stanners, etc.

Table with 2 columns: Name and Time. Includes athletes like Richard Katus, Bill Sevilla, Theo Viltz, etc.

Table with 2 columns: Name and Time. Includes athletes like M45 Theo Viltz, Nick Newton, Leo Benning, etc.

Table with 2 columns: Name and Time. Includes athletes like M60 Robert Watanabe, Bob Hunt, George Simon, etc.

Table with 2 columns: Name and Time. Includes athletes like M60 Patricia Petersen, John Williams, Bill Sevilla, etc.

Table with 2 columns: Name and Time. Includes athletes like M50 John Carr, Nick Newton, Leo Benning, etc.

Table with 2 columns: Name and Time. Includes athletes like M40 Bill Sevilla, John Carr, Nick Newton, etc.

Table with 2 columns: Name and Time. Includes athletes like M55 Nick Newton, Leo Benning, Marvin Sanchez, etc.

Table with 2 columns: Name and Time. Includes athletes like M60 Harold Wallace, John Cleveland, Arnold Unger, etc.

Table with 2 columns: Name and Time. Includes athletes like M65 Tom DeV Vaughn, Walter Dahlin, Burl Gist, etc.

POLE VAULT

Table with 2 columns: Name and Height. Includes athletes like Steve Morris, Bert Serrano, M. Connelly, etc.

Table with 2 columns: Name and Height. Includes athletes like Tom Woorring, Gary Miller, Ron Fleming, etc.

Table with 2 columns: Name and Height. Includes athletes like Don Grosh, J. Cleveland, Boo Morcom, etc.

Table with 2 columns: Name and Height. Includes athletes like R. Biesmeyer, Dave Brown, Jim Vernon, etc.

Table with 2 columns: Name and Height. Includes athletes like Carol Johnson, Jack Angelman, Stan Thompson, etc.

Table with 2 columns: Name and Height. Includes athletes like Don Welch, John Kuechle, Ron Rook, etc.

Table with 2 columns: Name and Height. Includes athletes like Caridon Collins, John Karbens, Al Henry, etc.

Table with 2 columns: Name and Height. Includes athletes like Roger Tsuda, Dee DeWitt, Dave Jackson, etc.

Table with 2 columns: Name and Height. Includes athletes like Ed Martin, Arnold Unger, AU Ricciardi, etc.

Table with 2 columns: Name and Height. Includes athletes like Bill Morales, Ham Morningstar, Joe Caruso, etc.

Table with 2 columns: Name and Height. Includes athletes like Stan Thompson, W50 Christel Miller, W60 Shirley Kinsey, etc.

Table with 2 columns: Name and Height. Includes athletes like M40 Milan Tiff, J. Whitfield, J. Stanners, etc.

Table with 2 columns: Name and Height. Includes athletes like M45 C. Collins, John Karbens, M50 Al Henry, etc.

Table with 2 columns: Name and Height. Includes athletes like Dee DeWitt, J. Stanners, Dave Jackson, etc.

Table with 2 columns: Name and Height. Includes athletes like M65 Dave Brown, C. Mercurio, Chuck McFate, etc.

Table with 2 columns: Name and Height. Includes athletes like M70 Bill Morales, John Damski, M75 Joe Caruso, etc.





Continued from previous page

Table with columns for event, name, and time. Includes events like 400m, 800m, 1500m, 5000m, 10,000m, 5000m Walk, 3000m Walk, Pole Vault, Shot Put, Discus, Hammer, Javelin, High Jump, Steeplechase, and 1500m.

Table with columns for event, name, and time. Includes events like 400m, 800m, 1500m, 5000m, 10,000m, 5000m Walk, 3000m Walk, Pole Vault, Shot Put, Discus, Hammer, Javelin, High Jump, Steeplechase, and 1500m.

Table with columns for event, name, and time. Includes events like 400m, 800m, 1500m, 5000m, 10,000m, 5000m Walk, 3000m Walk, Pole Vault, Shot Put, Discus, Hammer, Javelin, High Jump, Steeplechase, and 1500m.

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Table with columns for event, name, and time. Includes events like 400m, 800m, 1500m, 5000m, 10,000m, 5000m Walk, 3000m Walk, Pole Vault, Shot Put, Discus, Hammer, Javelin, High Jump, Steeplechase, and 1500m.

Table with columns for event, name, and time. Includes events like 400m, 800m, 1500m, 5000m, 10,000m, 5000m Walk, 3000m Walk, Pole Vault, Shot Put, Discus, Hammer, Javelin, High Jump, Steeplechase, and 1500m.

LONG DISTANCE RESULTS Please send masters race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

NATIONAL TAC National Masters 10K Racewalk Championship Niagara Falls, NY July 8

Table with columns for name and time. Includes names like Bob Ullman, John Elwarner, Thomas Knatt, Norman Browne, Terry McHoskey, Mike Freeman, Richard Bales, Frank Soby, Robert Falcicola, Bernie Finch, Bob Lubelski, Jaan Roos, Walter Lubzik, Jack Mortland, Vladimir Krutikov, Lenny Sheehan, Nancy Oshier, Nancy Mieszczak, Linda Findley, Margarita Ekiss.

Buffalo Subaru 4-Mile Chase Buffalo, NY July 15

Table with columns for name and time. Includes names like Kevin Ryan, Dave Stewart, Ron Bell, Nancy Sheehan, Nancy Oshier, Nancy Mieszczak, Linda Findley, Margarita Ekiss.

Utica Boilermaker 15K Utica, NY July 24

Table with columns for name and time. Includes names like Jon Sinclair, Michelle Bush-Cuke, Mike Wilson, Victor Mora, Tony Simmons, Bill Rodgers, Dave Stewart, Bernie Allen, Steve Lester, Ken Inglis, Allan Rushmere, Jerry Smith, George Luke, Roger Robinson, Ben Johns, John Weatherley, Norm Green, Jay Sturdevant, Jim McIlwam, Bill Fortune, J. McManus, M70+Nathaniel White, William Brobston, W40 Ngairé Drake, Nancy Mieszczak, C Ciaverella, Nancy Oshier, Susan Compton, Susan Weisbrod, Mary Shaver, Nancy Prissillo, Pat Vigil, Moritz, Gina Faust, Diane Palmason, Margaret Betz, Gloria Brown, Helen Bueme, W60+Loretta Shehan, Dolores Quinn.

EAST 10th Annual Shelter Island 10K Long Island, NY June 10

Table with columns for name and time. Includes names like Joseph Nzau, Gordon Bloch, Top Masters, Bill McGuire, Laura Schay, M40 John Ferrero, Steve Conroy, Joe Koschitzki, M50 Frank Sabito, Joe D'Iorio, John McErlean.

SOUTHEAST Women's Distance Festival 5K DeLand, FL July 15

Table with columns for name and time. Includes names like Tawny Kern, W35 Jeanette MacDonald, Ruth Smith, Brenda Shorby, Pam Barnard, Shelley Foster.

MIDWEST Chicago Distance Classic 20K Chicago, IL July 26

Chicago Distance Classic 20K Chicago, IL July 26

Table with columns for name and time. Includes names like Wes Wessely, Ken Fruit, Frank Humay, Bill Jackson, Gary Garavaglia, Warren Johns, George Alvarez, Mark Drakeley, Wally Herrala, Patrick Cullen, M45 Ralph Zimmerman, Ron Thomas, William Gould, Don Van Dell, Joe Pavlus, Robert Ramsay, Jim Syracuse, Tom Seffick, Robert Treonis, Mike Peceniak, M50 Marco Fina, Dick Ruzicka, Harry Tellman, James Dickert, David Whitten, Wayne Giese, Wilhelm Begemann, Richard Cumming, Arthur Wilkins, Ted Kohn, M55 Larry Engel, James Dolan, Dick Witt, Paul Withington, Dick Guthrie, Bill Weissgerber, Phil Hey, Champ Merrick, Dave Aubuchon, Sy Dordick, M60 Laurin Blasier, Len Olson, Joe Povers, Joseph Karasok, Richard Lamermay, Bill Lindenmeyer, Robert Wasso, Chuck Hinde, Joseph Stachniak, C C Becker, M65 John Burton, Thomas Quirk, Ralph Bogan, Victor Hesco, D Macciario, Mel Thornton, Thomas McGough, Ernest Kay, Lawrence Miller, Sanford Sellers, M70 Ed Campbell, Clarence Towns, Wayne Pafford, W35 Debbie Wernet, Debbie Jones, Susan Melling, Laura Wangrow, Milagros Schreck, Barbara Franzen, Rhonda Brandes, Andrea Cullen, Bobbie Jo Hall, Deborah Manzoni, Ginger Semple, Alice Davidson, Vicki Zimy, Barbara Cesal, Sandy Morrall, Inocencia Mendez, Dani Jachino, Dietra Millard, Connie Stinkins, Betty Bunsu, W45 Judy Tolliver, Nancy Kempf, January Cline, Mary Connolly, Nancy Crane, Barbara Kennedy, Nancy Billish, Lynn Grewe, Ann Hanson, Cindy Sherman.

Continued on next page



Continued from previous page

Table with 2 columns: Athlete Name and Time. Includes entries like W50 Johni Canisino 1:36:59, W55 Dolores McCabe 1:52:59, W60 Flabby Jackson 1:57:31, W65 Marjorie Piscopo 2:39:06.

Table with 2 columns: Athlete Name and Time. Includes entries like M40 Tom Burnett 34:03, M45 B Chavez 36:25, M50 Phillip Mann 38:00, M55 Richard Taxman 43:43, M60 Del King 45:23, W35 Donna Helget 41:33, W40 Judy Felthauer 41:21, W45 Betty Duran 45:57.

Table with 2 columns: Athlete Name and Time. Includes entries like Margrit Howard 49:43, W50 Grace Rome 45:40, Susie McKillop 50:09, Judith Tucker 52:10.

Table with 2 columns: Athlete Name and Time. Includes entries like Donna Hatfield 3:15:11, Sharon O'Conner 3:23:28, W40 Marcia Winger 3:11:57, W50 Elane Toben 3:26:39, W55 Hazel Phillips 4:17:56, W60 Grace Richtmeyer 6:22:48.

NORTHWEST

U.S. West Marathon  
Seattle, WA  
July 23

Table with 2 columns: Athlete Name and Time. Includes Overall: Doug Kurtis 2:17:40, M40 John Hahn 2:41:57, M45 C Berthiaume 2:39:02, M50 Tom Meyer 2:59:39, M60 David Bristow 3:34:28, W35 Mary Ryzner 2:52:43.

MID AMERICA

Longest Day Marathon  
Brookings, SD  
July 8

Table with 2 columns: Athlete Name and Time. Includes Overall: Roger Scott 2:38:36.9, M40 Chuck Tiltrum 3:21:21.6, M50 Dave Bushard 3:36:12.5, W35 Sue Muecke 3:47:08.8.

Colorado Springs 10K  
Colorado Springs, CO  
July 16

Table with 2 columns: Athlete Name and Time. Includes Overall: Dennis Leck 30:26, J'ne Day 35:23.

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH SEPT., 1989

Table with 3 columns: ATHLETE (RESIDENCE), BIRTHDATE, AGE GROUP. Lists names and addresses like RACHEL BOURN (FAIRFAX, VA), BARBARA CASEY (SIERRA VISTA, AZ), ANNE CIRULNICK (ROSEDALE, NY), etc.

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

Some readers provide additional support to the National Masters News and to the Masters program by sending contributions of \$25, \$50 or \$100 a year. If you are able, we urge you to join them. All contributors will receive a free copy of the new Masters Age Record book and will be listed in the paper as a National Masters News sustainer.

Table with 5 columns: Column, Ad Size, Cost, Width, Height. Includes 1. DISPLAY ADVERTISING RATES with examples for Back Page, Full Page, 1/2 Page, 1/4 Page, 1/8 Page, 1/16 Page.

- 2. FREQUENCY DISCOUNTS (1-year period): 3 to 5 insertions 10%, 6 to 12 insertions 15%
3. COMMISSIONS: Agency commission of 15% allowed to recognized agencies.
4. SPECIAL RATES: 25% discount for race and meet notices.
5. TERMS: Net 10 days from billing date.
6. CLASSIFIED RATES: 60 cents per word.
7. MECHANICAL REQUIREMENTS: a. See display rates for ad sizes. b. Photo offset printing. c. Negative ok.
8. CLOSING DATES: The 10th of the month before date of issue.
9. CIRCULATION July 1989: Paid: 5328 Distribution: 7500

NATIONAL MASTERS NEWS Subscription Form

The National Masters News is the official world and U.S. publication for Masters track & field, long distance running and race walking.

Masters competition is sponsored worldwide by the World Association of Veteran Athletes and in the USA by The Athletics Congress. The National Masters News gives you information that's available nowhere else: schedule information, meet and race results, training advice, race and meet stories, profiles, photos and articles by the top Masters writers in the nation.

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let's face it!  
**MASTERS throwers**



# YOU CAN'T BE

A MAC WILKINS      A WILLIE BANKS  
AN AL FEUERBACH      or A YURIY SYEDKH  
A TOM PETRANOFF

## But—THEY CAN TEACH YOU TO BE THE BEST THAT YOU CAN BE

These VIDEO TEACHING TAPES feature some of the most accomplished throwers in the great history of Track & Field. The teaching techniques have been hailed by peers as the best, and one has received international awards for its excellence.

### MAC WILKINS' Gold Medal Discus



"I consider this video training program to be one of my finest achievements in 20 years with the discus." It is a unique instructional package that teaches the mechanical, physical and mental aspects of discus throwing for young and old alike. In addition to my demonstrations, you will learn from studying the techniques of such discus greats, past and present, as L.J. Silvester, Wolfgang Schmidt, Imrich Bugar and Luis Delis with my "voice over" instructional comments. The program contains nine sections: 1. The Throw Part I; 2. The Throw Part II; 3. Drills; 4. Rhythm; 5. Advanced Technique; 6. Visualization; 7. Troubleshooting; 8. Conditioning; 9. Motivation.

"I have found that Masters throwers can be as dedicated to their own pursuit of excellence as youngsters and established competitors. That is why I felt this training program would be of great help to you Masters competitors. Join me in your quest to be the best that you can be."

### YURIY SYEDIKH'S SyberVision Hammer Video



East meets West. This one-of-a-kind video teaching tape combines hammer techniques of the East with the latest learning technologies of the West. Emphasis on the basics of the hammer throw takes the mystery out of the event. Instructions cover the 3 turn throw. Featured model, Yuriy Syedikh — USSR. *Winning Hammer Ways* was produced by SyberVision with Ed Burke (widely renowned U.S. Olympian), Stewart Tougher and Dr. L. Pataki acting as technical advisors and directors.

### TOM PETRANOFF'S Javelin Video



A video encyclopedia of the javelin throw covers complete instructions on: Drills... Weight Training... Conditioning... Pliometrics... Throwing Technique and Mental Preparation. Your instructor is Tom Petranoff, one of the world's finest competitors and instructors of the javelin throw. In 1983, Tom threw to a World's Record of 327' and in 1986 threw to a World Best, 280' (new javelin) and was ranked #1 in the world.

### COMBINATION DISCUS & SHOT

With both teaching cassettes combined into one tape, you have over 40 years' competitive experience by Wilkins and Feuerbach in approximately one hour of instructional viewing and learning. If you follow the pattern of most throwers, you are probably learning and competing in both the discus and the shot. This is your opportunity to be taught both events by two of the best ever competitors and achievers... and at a savings over the cost of two individual cassettes.

### AL FEUERBACH'S Basic 70 Foot Shot Putting



"Shot Putting was never a part-time thing with me... it was an obsession." Through a competitive career spanning 22 years and including over 525 competitions in 24 countries, Al was able to experience this event as few athletes have. Every bit of his learning experience is packed into the video teaching cassette and provides some critical keys to progress for Masters shot putters like you.

You will be instructed by Al, Dave Laut (72' 3"), Olympic Bronze Medalist 1984, 4 time U.S. National Champion and Mac Wilkins (69' 1 1/2"). Dave demonstrates the rotational style throw and Mac instructs on its technique.

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### WILLIE BANKS' Banks On Triple Jump



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# NATIONAL MASTERS NEWS

The official world and U.S. publication for Masters track & field, long distance running and race walking.

133rd Issue

September, 1989

Section II

## “Track Capital” Becomes “Hospitality Capital” For VIII World Veterans Championships

### 4951 Athletes From 58 Nations Welcomed in Eugene Style

by AL SHEAHEN

While the VIII WAVA World Veterans Championships were filled with remarkable performances on the field, the real star of these Games was the city of Eugene.

Cesare Beccalli, President of the World Association of Veteran Athletes, said to an opening-ceremonies crowd of 10,000 at Hayward Field: “The city of Eugene is known as the track capital of America. It should also be known as the hospitality capital.”

Beccalli had summed up the feelings of the 4951 athletes from 58 nations — accompanied by another 5000 friends and family members — who had descended upon Eugene, Oregon for the eighth renewal of the biennial event.

“It was an instant love affair between the athletes, officials, fans, and media,” said Payton Jordan of Los Altos, Calif. “Certainly these Games were the best ever.”

It was the first time the World Veterans Championships had ever been

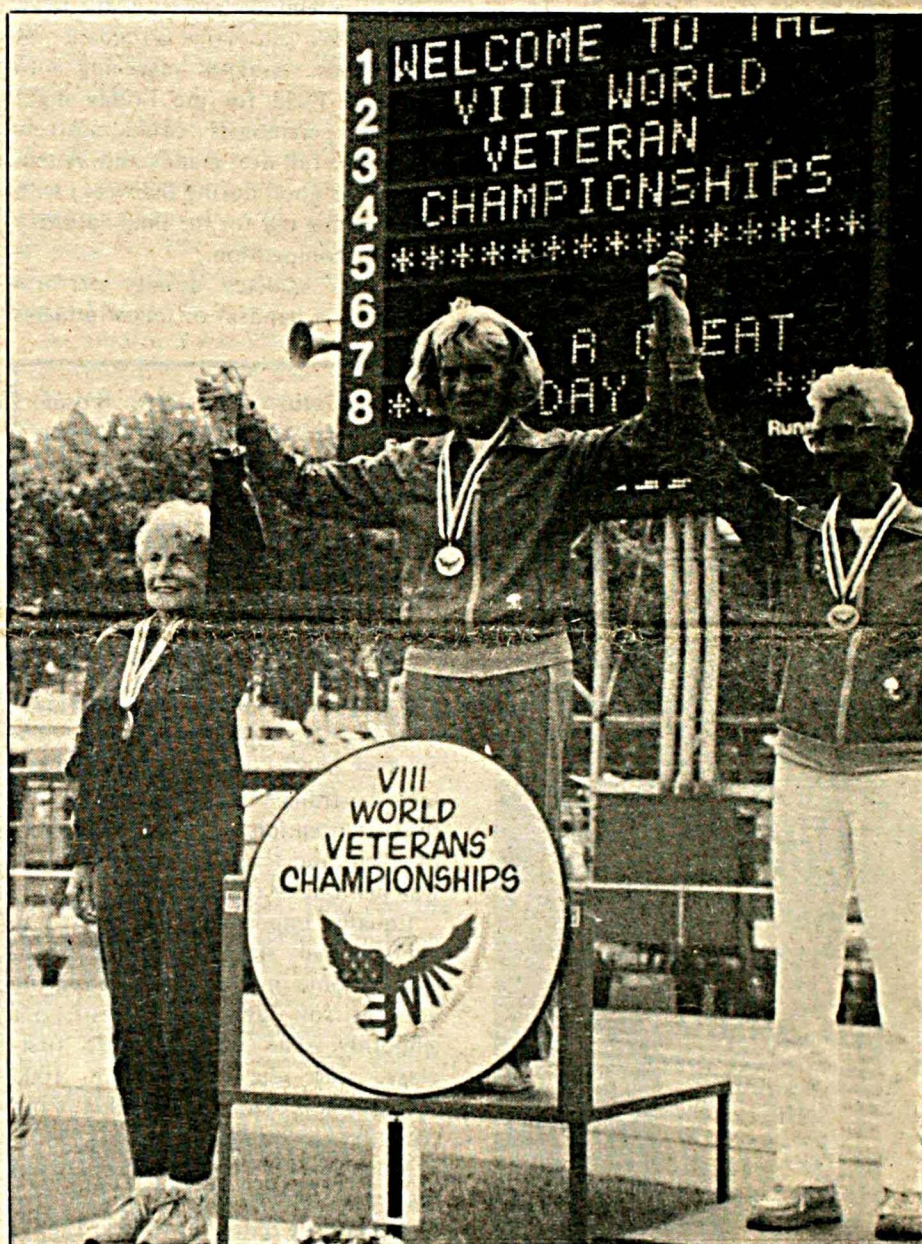
held in a relatively small town. (Eugene’s population is 108,000; neighboring Springfield’s is 40,000). The town embraced the athletes like nothing ever seen before in the history of masters athletics; and the participants responded in kind.

Largely due to the efforts of Tom Jordan and Barbara Kousky, the executive directors of the Games who tirelessly promoted the event for months to the local community, the cities of Eugene/Springfield were anxiously anticipating the arrival of its 10,000 guests.

Continued on page 38



Colorado’s Jack Greenwood set two world M60 records in Eugene: 400 (57.24) and 300H (43.49), and here wins the 100H in 15.03. Photos by Gretchen Snyder



On the victory stand in Eugene are the medalists in the women’s age 65-69 10K race walk: From left: Lavonne Hottensmith (USA, 3rd), Betty Newman (Australia, 1st), Eva Wistrom (Sweden, 2nd).

### 124 World Records Set in Eugene

An astonishing total of 124 world age-group records were set in the VIII WAVA World Veterans Championships in Eugene from July 27 to August 6, as veteran athletics performances again reached remarkable new levels.

The total surpassed the 92 world marks set in the VII World Veterans Games in Melbourne in 1987, and nearly tripled the 42 records established at the VI World Games in Rome in 1985.

Fifty records were set by men; 74 by women. Three of the 124 marks came in the W35 division, 25 were set by the

Continued on page 42

**Special World  
Championships Issue**

## Eugene Hosts World Championships Continued from page 37

"They couldn't believe it was actually going to happen until they saw the first foreign athlete in town," Jordan said. "Then they really got excited."

From the moment a competitor stepped off the plane at Eugene's Mahlon Sweet airport, it was clear that this was no ordinary town. Volunteers greeted visitors at the airport and graciously escorted them to the free shuttle buses which took them to the hotels and dormitories.

### Great Media Coverage

The *Eugene Register-Guard* featured the Championships daily — not only on page one of the sports page, but often on page one of the main section. Before the Games, it put out a special 24-page World Championships supplement.

The three network-affiliated local television stations led their news reports with stories and film of the Games, and daily interviews with participants. One station did a 10-minute feature — shown three times — of a group of athletes on a tour of the wine country. KGUN radio did a World Games update every 20 minutes, every day.

Everywhere one went, the residents and shopkeepers were aware that the "Vets" were in town. Normally, an athletics event is helped along by the volunteers from the local running club. In Eugene, the more than 1000 volunteers were mainly citizens of the community.

"It was a great thrill," said local resident Melanie Reske, 68, who served

as a volunteer and also competed in the shot put. "It was a dream of my life to be a part of a big meet."

A main reason why Eugene was chosen to represent the U.S. in its bid to host the 1989 event was to make the championships a big fish in a small pond. In Rome, Melbourne, and Toronto — as they would be in any big city — the Games were just another event. The choice proved correct. In any future bidding between a small town and a big city, the World Vets are likely to choose the smaller site.

### Thousands of Spectators

The tremendous interest of the town carried over into large attendance at the venues. Athletes marching into Hayward Field for the Friday night opening ceremonies could scarcely believe the full west grandstand. Attendance was good during the week, with 6500 turning out for the final Saturday night of competition.

Masters athletes usually perform with only a handful of fellow athletes

*All photos from the World Veterans Championships were taken by Gretchen Snyder.*

and family members watching. Having thousands of people in the stands cheering the athletes as they came down to the finish line, or attempted to jump or throw, was enthralling. Even the last runner in a race was given applause and recognition by the knowledgeable and supportive crowd.

"The public was so enthusiastic," said Australia's John Gilmour. "It's the best attention we veterans have ever received, and I've been to them all. It was just out of this world."

Equally important, the meet was professionally staged. With the exception of some opening-day glitches, the competition generally went off smoothly. The officials were first-class, and the more than 1000 volunteers provided everything from counting laps to raking the pits.

Many visitors were seen checking out real estate prices. "We'd love to live here when we retire," was heard more than once during the two-week period. And no wonder. The average 1987 price for a 2000-ft, three-bedroom home was only \$75,833.

### Daily Results in Newspaper

One of the most astonishing achievements of the Eugene community was the two-page, daily newspaper containing the complete results of the previous day's competition. Printed each night by the *Register-Guard* as its contribution to the Games, 5000 copies were available each morning to the athletes at the dorms, hotels and tracks.

The scope of the event was staggering. More than 400 officials were on hand. There were 123 heats, semifinals

### EUGENE WEATHER - 1989

Date	High	Low	Rain
July 27	79	59	.00
July 28	85	47	.00
July 29	70	56	.00
July 30	76	49	.00
July 31	71	56	.02
Aug. 1	63	51	.44
Aug. 2	78	58	.04
Aug. 3	80	49	.00
Aug. 4	82	55	.00
Aug. 5	89	53	.00
Aug. 6	91	57	.00
Aug. 7	91	56	.00

and finals in the 100-meter dash. The 10K road race drew 1110 entries. The total number of event entries was 12,619, down only slightly from Melbourne's 12,914. Athletes entered an average of 2.55 events each. Race walk entries were up 20 percent. A record high 25 percent — 1253 athletes — were women. For the first time ever, women officially competed in the pole vault and steeplechase. Of the 4951 entrants, 2288 — 46% — were Americans.

The Championships were held under the auspices of the World Association of Veteran Athletes (WAVA). Competition was held in five-year age groups, beginning at 40-44 for men and 35-39 for women.

As in Melbourne, only two tracks were needed — Hayward Field in Eugene and Silke Field in Springfield, four miles away. Silke's rubberized asphalt track was not in Hayward's class, but it was adequate. Free shuttle buses ran every half-hour between the tracks and the hotels. A printed schedule made it easy to know when the bus would arrive. Athletes could also use their passes to ride free on the Eugene/Springfield city bus system. There was never any fumbling for change, or trying to convert marks or yen into dollars for a short bus ride.

### Good Food in Dorms

The food at the University of Oregon residence halls was outstanding, and more than one athlete put on a few pounds.

The best part of the Championships for most people is the walking around, greeting friends, checking the results board, and comparing notes on the competition and on different countries. A beer garden, with live music, was set up adjacent to the track and served several hundred athletes daily.

At MacArthur (Mac) Court, participants picked up their packets, bought T-shirts, got the daily results, and signed up for the host-a-vet program, where local residents entertained athletes in their homes.

Everything was close by. Athletes could open their dormitory windows and watch the action on the track at Hayward Field. Downtown shopping malls were only a 5-minute bus ride away.

"No matter what we did, there was a wonderful relaxed atmosphere," said Tony and Val Trachtenberg of Sydney,

Australia. "We're doing nothing and loving it. There's no way in the world we'd get bored here."

### Excellent Program

The official program booklet — sold for \$5 — was the best ever at a World Games. Athletes were listed by age group and event, alphabetically and numerically. (The lowest numbers in a group went to the As, and the highest numbers went to the Zs.) It was easy to find the name or number of any competitor.

The book also contained the number and names of each athlete in every event, the world age-group records, defending champions, competition schedule, athletes per nation, and more.

A competitor's handbook was in each packet, giving last-minute instructions on competition procedures.

When athletes weren't competing or watching, they could often be found getting a free massage adjacent to the track.

Next to Hayward Field was a 200m warm-up track, with the same Pro-turf footing as the main track.

### Decathlon/Heptathlon

The competition got under way on Thursday, July 27, with the first of two days of the decathlon/heptathlon. With 238 entries, few believed the events could be completed on time. But with five pole vault and high jump pits available, the first day went smoothly and on schedule.

Thursday night, the first-ever WAVA 10K road race championship was held through the streets of Eugene. Thousands of local residents lined the course, three and four deep. The police escort took the runners down the wrong street, but officials estimated the length of the course was unchanged.

"It was a parallel street, so it should still be an accurate 10K," director Dick Weeks said, "but we'll have to re-measure it, to be sure."

The awards ceremony for the 10K was held at the Downtown Athletic Club. Someone forgot to bring a microphone, but all got their awards, anyway.

Friday, the decathlon/heptathlon stayed on schedule and finished up just

*Continued on page 39*



Wendy's, Best Western, HiRon's and other Eugene businesses made the visiting athletes feel welcome.

Nations represented in Eugene, but not in Melbourne	Nations represented in Melbourne, but not in Eugene
Algeria	China
Botswana	Cuba
Bulgaria	Fiji
Cyprus	Niue
Ghana	Romania
Guyana	
Kenya	
Lebanon	
Soviet Union	
Turkey	
Zambia	

**Eugene Hosts World Championships** Continued from page 38

as the opening ceremonies began.

**Opening Ceremonies**

Eugene-Springfield track fans welcomed the athletes in the fashion that made Hayward Field famous — a raucous how-do-you-do that appeared to flabbergast many of the competitors.

Spectators filled the University of Oregon stadium — which can hold 14,000 people — to nearly 75 percent capacity. They kept up an unbroken stream of applause for more than 10 minutes as the athletes marched into the stadium in the traditional age groups.

"This is absolutely awesome," said George Cohen, an M45 800m runner from Los Angeles who has competed in several World Championships. "Nothing, nothing compares to this."

The athletes were led onto the track by the Pearl Street Pipers, a Eugene bagpipe group, and by members of the Boy Scouts, Girl Scouts and Camp Fire youth, who carried flags and placards of each nation represented in the Games.

The crowd rose in unison as the competitors passed each grandstand, setting up a cheer that didn't stop until the last group of athletes — men in their 90s — entered the field.

The crowd rose once more when Kip Keino, 1968 Olympic 1500m champion, ran into the stadium carrying an Olympic-style friendship torch. Keino ran to an elevated platform, where he stood holding the torch aloft as volunteers on the infield released hundreds of balloons. The outstanding men's a cappella Cascade Chorus serenaded. Since this was an international gathering of athletes from 58 na-

tions, the U.S. national anthem was not played.

"Track and field is a part of our fabric," Eugene Mayor Jeff Miller said to the crowd. "We want you to leave knowing you have truly competed in the track capital of the world."

**Opening-Day Glitches**

On Saturday, July 29, the first full day of competition got under way at 7 a.m. under clear, cool skies. The 10,000m runs went off smoothly, with volunteers marking lap times for runners on a one-to-one basis.

One serious downside to the proceedings was that the electronic scoreboard was inoperative.

"It's too unreliable, and would cost \$5000," said Jordan. "We can't use it."

With heats of the 100 being run on both sides of the track at Hayward, the paper work broke down. Officials weren't getting heat sheets, and a timing technician misread the film of two 100 races, backing things up for over an hour. The M50 and M55 semifinals were held two hours late.

More first-day confusion came when officials at Silke told the M45 800m runners that the first three in each heat would advance to the final, and told the M40s that the first two would move on. Wrong, since the computer was programmed to send only the winner of each heat and the next fastest runners in all heats to the next round. Some runners eased up at the finish, but it's not known if anyone failed to advance as a result of the misunderstanding.

But the logjam cleared, thanks to computer volunteers working through the night. Helping out was Ray

Callaghan, competition director of the World Games in Melbourne, whose expertise proved invaluable. For the rest of the Games, the paperwork, computers and timing worked perfectly.

**Advancing to Finals**

One recurring annoyance — particularly in the women's track heats — was athletes not knowing until race time if they'd have to run a heat or move directly to a final. For example, if 16 or less showed up for scheduled heats of the 1500, all would advance to the final. If 17 or more appeared, heats would be run with 12 going to the final. Some officials were not aware of this. Runners were told to be prepared to run, even when less than 17 had signed up. Finally, just before race time, officials would say: "No heats, finals tomorrow."

The weather was cool and sunny for the first weekend, but much of Tuesday's competition was staged in a steady rain, as .44 inches fell throughout the day. The weather cleared for the final four days and got up as high as 91°.

As always, it was inspiring to watch the events and realize what the human body is capable of. Australia's Harry Gathercole, 82, ran a 200 in just over 32 seconds. West Germany's Paula Schneiderhan, 65, ran a 200 in just over 31 seconds. Men in their 60s were running sub-60-second 400s. At age 62, New Zealand's Derek Turnbull ran a 4:28 1500 — the equivalent of a 4:47 mile.

James King and Wilson Waigwa were magnificent on the closing Saturday. They each set world masters records — King with a 48.44 400, and Waigwa with a 3:49.47 1500.

**National Coverage**

Even *Sports Illustrated* got interested. Kenny Moore, who ran the M45 5000, wrote a three-page story, with photos, for the issue which was on the stands four days after the event. Unfortunately, no national news service or television network carried reports of the event, so most Americans remained unaware of it.

On Tuesday, the front-page story in the *Register-Guard* and on the nightly local TV news was that, "with few exceptions, the World Veterans Championships haven't proved to be the financial bonanza that many local merchants expected."

In contrast to predictions before the Games began, many motels had vacancies and most restaurants were not crowded. The Hilton Hotel filled only about two-thirds of its rooms. "So far, our business is down," said the owner of the Excelsior Cafe, a good restaurant near Hayward Field.

But the Nike and other athletic stores were swamped. "They're spending a lot of money on specialty shoes and running apparel that's hard to get and 'also very chic' in Europe," said Nike employee Kent Reynolds.

Nearly half the athletes were housed

in dormitories on the UO campus, where room and board — three meals a day — cost only \$25.50 per person. It was a great deal, and probably kept some athletes out of the local restaurants.

"The businesses which marketed their product did well," said Linda Weston of the Eugene-Springfield Tourist Bureau.

Almost all the day tours sold out. This popular excursions went to the Oregon coast, to Crater Lake, to the Cascade Mountains, to sea lion caves, to whitewater rafting, on a wildlife safari, and on a Weyerhaeuser timber tour. Lerner and Loewe's *My Fair Lady* was doing good business at the Hult Performing Arts Center in downtown Eugene.

Continued on page 40

**NUMBER OF ENTRANTS BY EVENT**

Event	1985	1987	1989	% rise
100	693	797	796	0
200	674	777	787	1
400	549	667	730	9
800	494	664	710	7
1500	508	679	725	7
5000	697	1100	957	-13
10000	686	1134	608	-46
SH	161	228	275	21
LH	167	202	290	44
SC	142	180	176	-2
HJ	256	234	283	21
PV	111	106	172	62
LJ	437	426	469	10
TJ	169	255	272	7
SP	380	430	433	1
DT	343	474	453	-4
HT	163	248	228	-8
JT	297	357	389	9
PEN	301	313	0	*
DEC	0	0	196	*
HEP	0	0	40	*
10K	0	0	1110	*
XC	507	1145	832	-27
MARA	1007	1763	787	-55
5K-W	313	402	474	18
10K-W	56	135	167	23
20K-W	254	198	260	31
TOTAL	9365	12914	12619	-2
Entr.	4330	4817	4951	3
Men	3659	3747	3708	-1
Women	671	1070	1243	16
Events per entrant:	2.16	2.68	2.55	-5
%men	84	78	75	
%women	16	22	25	
*Event not scheduled in all three Championships				
LDR ANALYSIS:				
5000	697	1100	957	-13
10000	686	1134	608	-46
10K	0	0	1110	*
XC	507	1145	832	-27
MARA	1007	1763	787	-55
TOTAL	2897	5142	4274	-17

**Participating Countries**

Country	Athletes	Country	Athletes
Algeria	1	Japan	76
Argentina	7	Kenya	3
Australia	371	Korea	4
Austria	18	Lebanon	1
Belgium	25	Malaysia	6
Botswana	2	Mexico	46
Brazil	29	Norway	82
Bulgaria	3	New Zealand	133
Canada	206	Peru	10
Chile	22	Philippines	36
Colombia	37	Poland	13
Cyprus	1	Portugal	19
Czechoslovakia	24	Puerto Rico	12
Denmark	24	Singapore	9
Finland	116	Soviet Union	6
France	79	Spain	19
Great Britain	257	Sri Lanka	21
Ghana	3	Switzerland	56
Greece	16	Sweden	95
Guyana	7	Taiwan	32
Holland	14	Trinidad & Tobago	9
Hungary	42	Turkey	5
Indonesia	14	Uruguay	3
India	147	United States	2288
Ireland	32	Venezuela	2
Iceland	2	West Germany	342
Italy	73	Yugoslavia	10
Israel	2	Zambia	16
Jamaica	1		4925

Eugene Hosts World Championships Continued from page 39

Jordan said the mutual warmth that arose between local residents and the athletes is the real mark of the success of the Games. "The goodwill developed during the meet will pay dividends for years to come," he said.

Medal Standards Not Enforced

Despite WAVA's medal standards, the organizers predictably found them too embarrassing to enforce. When 90-year-old Paul Spangler ran the 5000

in 37:39, a world record for men 90-and-up, the Register-Guard wryly noted Spangler "wouldn't get a gold medal because he fell nine seconds short of the standard of 37:30." WAVA officials squirmed.

But Spangler later said: "I got my medal. Jim Puckett (competition director) said he wasn't going to deny anyone a medal because they didn't meet the standard."



Fully-bedecked bagpipers played at the closing ceremonies.

NUMBER OF ENTRIES BY EVENT AND AGE GROUP

Table with 20 columns representing age groups (100, 200, 400, 600, 800, 1000, 1200, 1400, 1600, 1800, 2000, 2200, 2400, 2600, 2800, 3000, 3200, 3400, 3600, 3800) and 20 rows representing events (M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90, M95, W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85, W90, W95, TOT).

Table with 20 columns representing age groups (100, 200, 400, 600, 800, 1000, 1200, 1400, 1600, 1800, 2000, 2200, 2400, 2600, 2800, 3000, 3200, 3400, 3600, 3800) and 20 rows representing events (W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85, W90, W95, TOT).

Table with 20 columns representing age groups (100, 200, 400, 600, 800, 1000, 1200, 1400, 1600, 1800, 2000, 2200, 2400, 2600, 2800, 3000, 3200, 3400, 3600, 3800) and 20 rows representing events (GRT).

Table with 20 columns representing age groups (100, 200, 400, 600, 800, 1000, 1200, 1400, 1600, 1800, 2000, 2200, 2400, 2600, 2800, 3000, 3200, 3400, 3600, 3800) and 20 rows representing events (M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90, M95, TOT).

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Table with 20 columns representing age groups (100, 200, 400, 600, 800, 1000, 1200, 1400, 1600, 1800, 2000, 2200, 2400, 2600, 2800, 3000, 3200, 3400, 3600, 3800) and 20 rows representing events (GRT).

The banquet was held following the Wednesday General Assembly meeting instead of an the traditional closing day. The 2500 tickets sold out early. The flags of all nations were displayed on the walls. Special awards were given to the oldest male and female participants — Otto Porath, 96, of West Germany, and Marilla Salisbury, 82, of San Diego. The food was first rate, and dancing and socializing followed. While it was an excellent event, some felt it lacked its usual frivolity and spontaneity, since most athletes still had competition in front of them and weren't quite ready to relax.

The sports symposiums held during the week drew good attendance. Joe Henderson, Hal Higdon, Joan Ulyot, and Dr. George Sheehan were among the featured speakers.

Photographs of the action were in short supply. "The photographs (displayed in Mac Court) were few and far between," said several athletes, "and they're hard to find."

Others complained that, although the results appeared in the next day's paper, the heat results were hard to find on the day of the event. "Nobody knew if they had advanced to the semifinals," said one sprinter.

The awards ceremonies were generally staged about two or three hours after an event. Introduced by a short musical burst, a la the Olympics, they were handled smoothly and never once interfered with the competitions, as they had in Melbourne.

More than 500 medical volunteers worked through the week. Ten research studies were being done.

"The Australians were very pleased with the Games," said Mike Hall, editor of the Australian Veteran Athlete. "The U.S. turned out to be very different than they expected."

94-Year-Old Sprinter

A highlight in Thursday's action came when 94-year-old Ching-Chang Wang of Taiwan, a crowd and media favorite during the Games, had to hold off a stiff challenge by Herb Kirk, 90, of Bozeman, Mont. to win the 200.

Wang took a five-meter lead on the turn, and it looked as if he'd be able to coast to victory before Kirk made his charge in the final 60 meters. To a rousing ovation by a crowd of 3500 spectators, Kirk moved past Wang 40 meters from the tape.

Wang, surprised, found another gear, retaking the lead and winning by two strides in 52.21.

But the race wasn't over. Kirk, who said he didn't see the finish line, kept running, and Wang went with him. The two raced side by side for another 100 meters until a photographer flagged them down.

"I kept running because he was running," Wang said. "I was trying to pass him."

Drug Use

At the Hamilton Hall dining tables, drug use was a topic. It seems one

Soviet Athletes Compete in Eugene

For the first time in a WAVA World Veterans Championships, athletes from the Soviet Union participated.

At their own expense, four Soviet competitors said that "perestroika" had made it possible for them to enter the Games.

"We volunteered," said Vadim Marshev, an economics professor at the State University of Moscow. "We spent our own money. Before, it wasn't possible."

Marshev, who competed in the M50 200, was on the 1964 USSR Olympic team in the 400H (51.2PR).

Alexander Bratchnikov was several times a European champion at 400 meters (45.9PR). Now coach of Moscow's Track and Field team, he ran the M40 200 in Eugene.

Taisija Chenchik, a bronze medalist in the 1964 Olympic high jump in Tokyo (5-10 1/2 PR), won the W50 high jump, clearing 4-9.

The fourth competitor was Janis Zirniss, who won the M40 javelin with a throw of 233-3.

"The veterans movement in Russia is building slowly," Marshev said. "We had our first meet three years ago. Last March, the USSR Indoor Championships drew 300."

Cesare Beccalli, president of WAVA, called the Soviets' participation "very important," because it signals a new era in veterans' activity.

"We're trying to realize more world-wide competition. Until now, we've had difficulties with the eastern European and African countries, for economic reasons. We're cooperating more with the IAAF and we hope they will give us their assistance so that all athletes of the world may take part."

Beccalli said next year's European Veterans Championships will take place in Budapest, Hungary — the first time they have been held in an Eastern European nation.

athlete, who had always finished second to a rival in the past four Games, improved over his Melbourne efforts by six to 10%, while his competitors were declining in the normal manner.

"No way he's not using something, and it's a shame," said one observer.

Will WAVA adopt a drug-testing policy? It's costly and unlikely in the near future. But if abuses abound, the demand for testing will increase.

Another rumor concerned a nation Continued on page 41



## WAVA General Assembly Draws 200

More than 200 delegates and athletes attended the biennial meeting of the General Assembly of the World Association of Veteran Athletes (WAVA) at the Hilton Hotel in Eugene on Wednesday, August 2, 1989.

The official minutes will be published in a future issue, but, to sum up the main points of the meeting:

1) Turku, Finland, and Mulhouse, France, both bid for the 1991 World Veterans Championships. Turku was selected by a vote of 60-47 (see separate story).

Japan and Sweden each expressed an interest in hosting the 1993 Championships. A decision will be made by the General Assembly in Turku in 1991 for both 1993 and 1995, per approval by the Assembly to choose sites four years in advance. New Zealand is expected to bid for the 1995 event.

2) President Cesare Beccalli said negotiations with the IAAF were proceeding in a harmonious manner.

3) The Treasurer's report showed \$80,000 in the bank as of June 30, 1989.

4) Elections were held for WAVA officers:

President: Cesare Beccalli (ITA) was re-elected over Owen Flaherty (GBR) and Peg Smith (AUS).

Executive Vice-President: Torsten Carlus (SWE) withdrew as a candidate, leaving Bob Fine (USA) unopposed.

Vice-President, Stadia (Track & Field): Bill Taylor (GBR) was elected over Jorge Alzemora (CHI) and Ray Callaghan (AUS).

Vice-President, Non-stadia (Long Distance): Jacques Serruys (BEL) was chosen over Clem Green (NZL).

Secretary: Alastair Lynn (CAN) was unopposed.

Treasurer: Al Sheahan (USA) was unopposed.

5) A constitutional amendment proposed by New Zealand and the U.S. to change the name from "veterans" to "masters" was defeated, 29-85.



WAVA President Cesare Beccalli chairs the General Assembly meeting in Eugene.

6) An amendment by the U.S. to lower the age of participation for men from 40 to 35, was withdrawn by U.S. Chairman Jerry Donley after discussion showed sentiment was opposed.

7) A surprise proposal by Norm Green of the U.S. to raise the age of women's participation from 35 to 40 was ruled out of order by over two-thirds of the Assembly.

Bridget Cushen, women's representative, said the motion "had not been proposed in time for proper reflection and study." However, the amendment is virtually certain to be proposed in Turku, and early indications are that it will pass.

8) A Council proposal to revise the General Assembly voting procedures was approved by a vote of 81-26. National delegates to the G.A. in the future will be based on a country's total number of participants in the last three Championships, rather than the current "number of members" in each country.

9) An amendment to deny a vote to Council members in the election of officers was withdrawn by Great Britain.

10) A British proposal for delegates to vote for officers by marking 1-2-3 on their ballots, in order of candidate preference, was defeated.

11) The Technical Committee was eliminated, and its responsibilities placed under the aegis of the Stadia and Non-Stadia Committees, which will make technical recommendations to the Council in the future.

12) A proposal by the Oceania Region that "each Regional Association shall levy subscriptions from the WAVA affiliates within its region" lost, 46-48.

13) A proposed amendment to the by-laws by the U.S. and Australia to eliminate medal standards in future

Games was defeated, 60-35.

14) A proposal by the U.S. that would allow athletes from other regions to compete in WAVA Regional Championships was defeated. The feeling was that Regional Championships should be encouraged, but not mandated, to accept non-region athletes. North America, South America, and Oceania indicated they would welcome all athletes. Europe said it must restrict its meets to Europeans because it "couldn't handle any more numbers."

15) An Australian proposal to change the javelin weight for M50 and M55 from 800 gm. to 700 gm. was rejected, 38-63. □ — Al Sheahan

### Eugene Hosts World Championships Continued from page 40

which had entered twice the number of women as men — highly unusual. It turns out that an enterprising promoter reportedly sold entry forms to young women for \$100. He promised them that they could obtain "athletic visas" to enter the U.S., where they would then presumably vanish into the U.S. economy as illegal aliens. The plan was reportedly thwarted when the suspicious U.S. Embassy refused to grant the visas.

Kousky said the total expenses for the Games would run over \$900,000 — and that doesn't count the volunteer labor. She said the event hopes to earn a small profit.

In addition to Kousky and Jordan, officials taking deserved bows at the closing ceremonies included Puckett, Tom Ragsdale, John Gillespie, Rick Squires, Mark Stream, Jerry Jensen, Elton Stephens, Al Tarpenning, Chuck Dailey, Wally Ciochetti, Dorothy

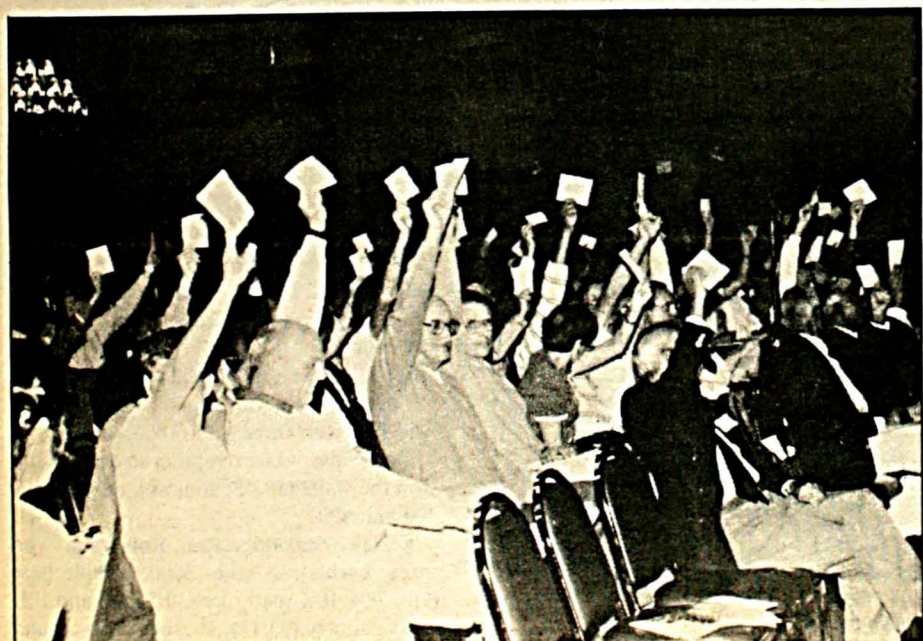
Tarpenning, and Bill Cook.

"The meet was an unforgettable experience," said Jack Boyd of Canada. "Wonderful people, athletes, officials and town. The facility was great; the campus food was super, and the organization excellent."

#### Closing Ceremonies

The closing ceremonies were more moving than the closing ceremonies of the 1984 Olympics in Los Angeles. The Pearl Street Pipers — all local residents — paraded in, as officials and volunteers walked around the track, applauded by the athletes and spectators. The 12 starters fired their guns simultaneously. The bagpipers played *Amazing Grace* as the athletes hugged, clapped, cried and looked forward to the 1991 Championships in Turku, Finland.

"You are no longer strangers," Mayor Miller said. "You are friends." □



Delegates voting at the WAVA General Assembly in Eugene.

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## 124 World Records Set in Eugene Continued from page 37

40-49, 29 by the 50-59, 28 by the 60s, 27 by the 70s, eight by the 80s and four by the 90s.

American athletes set 33 of the world marks, and added another 37 U.S. records.

U.S. performers picked up 124 individual gold medals, 143 silvers and 133 bronzes — a total of 400, double the 199 medals achieved in Melbourne. In addition, U.S. relay teams garnered 13 wins, five seconds and a third.

The depth and caliber of the competition was too outstanding to single out one or even a few performances. So, taking it by division, here's how it looked:

### M40

- One of the meet's celebrities was Eddie Hart, the gold medalist in the 1972 Olympic 4x100 relay. Hart, now 40 and living in Oakland, Calif., is best remembered as the Munich Olympic 100-meter favorite who arrived too late for his heat when a coach failed to spot a schedule change. Hart cruised to victories in Eugene in the 100 (10.87) and 200 (21.74) over a good field, including Stan Whitley, the U.S. masters 1988 co-track & field athlete of the year, Detroit's Clarence Ray and Texas' Bob Mitchell. Hart's 200 time bettered the world masters best of 21.9, but it was wind-aided.

- Wisconsin's Stan Druckrey broke a 40-year-old record in winning the 110 hurdles in a stunning 14.24. Great Britain's Don Finlay had held the old mark of 14.4 (set over 42" hurdles, whereas the M40s now run 39" heights) in 1949. Druckrey beat Richard Katus, an Olympic bronze medalist for Poland in 1972.

- In perhaps the most eagerly awaited matchup of the meet, Druckrey went to the blocks in the 400H with San Diego's James King, who still holds the M35 400 world mark of 46.38. King had twice smashed the

old world M40 400H mark of 54.08, set by South Africa's Leon Hacker back in 1979, lowering it to 53.56 at the U.S. Nationals in San Diego the week before Eugene. Amazingly, Druckrey had also twice broken Hacker's mark, notching a blazing 52.7 hand time two weeks prior to Eugene.

Side bets were being made as the field, which included defending champion Seppo Putkinen of Finland, took its marks. King, with a faster time in the heats, was in lane four with Druckrey in five. Out fast, Druckrey held a slight margin until they came together at the fifth hurdle. King then began to slowly draw away, and held on for a convincing win in 52.76. Druckrey clocked 53.96 — both under the old world mark.

- King came back in the 400. A week earlier, he had broken Hague's Roger's 7-year-old world mark of 48.75 with a 48.61. Pressed by Whitley, he lowered that mark to 48.44, with Whitley a strong second in 48.87. Whitley went on to win the long jump in 7.06 (23-2). Lee Evans, the 1968 Olympic 400 gold medalist, was entered in both the 400 and 800, but didn't show.

- The 800 sent Tuesday night's crowd into the streets oohing and aahing about "the Brits" — Peter Browne, the British M40 800 champ, Ron Bell, the star of the 1988 U.S. Nationals, and Leslie Duffy. After much jockeying and tactical maneuvering, the three finished 1-2-3 for a British sweep over four U.S. runners — Dan Frye, Richard Tucker, Ronald Jensen and Nolan Smith. It took under 2:00 to make the final, with Browne's winning time 1:55.20.

- What was advertised as the premiere event of the meet lived up to its billing as the closing race on Saturday night. With more than 6500 fans cheering him on, Wilson Waigwa steadily drew out over a strong field to break the world masters 1500 record in a time of 3:49.47. The old mark of 3:52.0, held by Michel Bernard of France, had stood for 17 years. Almost unnoticed,



Competitors picked up the daily results, produced overnight by the Register-Guard — one of the most outstanding achievements of the Championships — at the Mac Court Registration area.

Washington's Larry Alberg ran the race of his life to place second in a new American masters record of 3:53.18, with Frye right behind (3:53.57). Duncan MacDonald followed in 3:58.70; then came Jose VanRunkelsven of Belgium in 3:59.14, Nolan Smith (3:59.75), and the British champion, Clive Thomas (3:59.88). Waigwa's time is the equivalent of a 4:06 mile (he holds the official world masters mile record of 4:07.4). Mike Boit had entered the race, but was reportedly unable to leave Kenya.

Earlier in the week, Waigwa, who represented Kenya in Eugene and now lives in San Diego, won the 5000 in 14:26.43, 11 seconds ahead of both Alun Roper and Peter Jones of Great Britain, who had finished 1-2 in the 10K road race on opening night.

- Belgium's Omer Van Noten, who had won the European 10K road championship in Brugge, Belgium in June, captured the 10,000 on the track (30:37.82) and the 10K cross-country run (33:16).

- Milan Tiff, who had competed in the 1972 Olympic trials in the same stadium,

leaped to a world M40 triple jump mark of 15.70/51-6¼ — only a foot short of his distance in the '72 trials.

- In the first-ever World Veterans Decathlon, Iowa's Rex Harvey scored 7724 points on the new WAVA multi-event scoring tables to best England's David Cowley (6934) and Poland's Eugen Szczerowski (6819). (Decathlon marks are multiplied by a WAVA age-factor to get IAAF points.) Harvey has 789,865 points in 117 decathlons, both WRs, according to Frank Zarnowski, decathlon historian. Of the original 238 entries for the decathlon/heptathlon, 185 (150 men and 35 women) showed up.

- Gary Carlsen of the U.S. took the discus (48.62/159-6). The 4x100 relay team won, while the 4x400 team of King, Richard Tucker, Danny Thiel, and Ken Brinker set a new world mark of 3:21.4, breaking South Africa's 10-year-old standard of 3:23.8.

### M45

- South Carolina's Thad Bell, who won the 100 gold in Melbourne at age 43, moved up to a new division and won again, in 11.49.

- Portland's Paul Dungan, who suffers from diabetes and who thought he might not even live until 1989, let alone be competing in the World Championships, stunned a strong field — including Bell and Canada's Harold Morioka — to win the 200 in 23.05. Morioka convincingly won the 400 in a near-record 50.60.

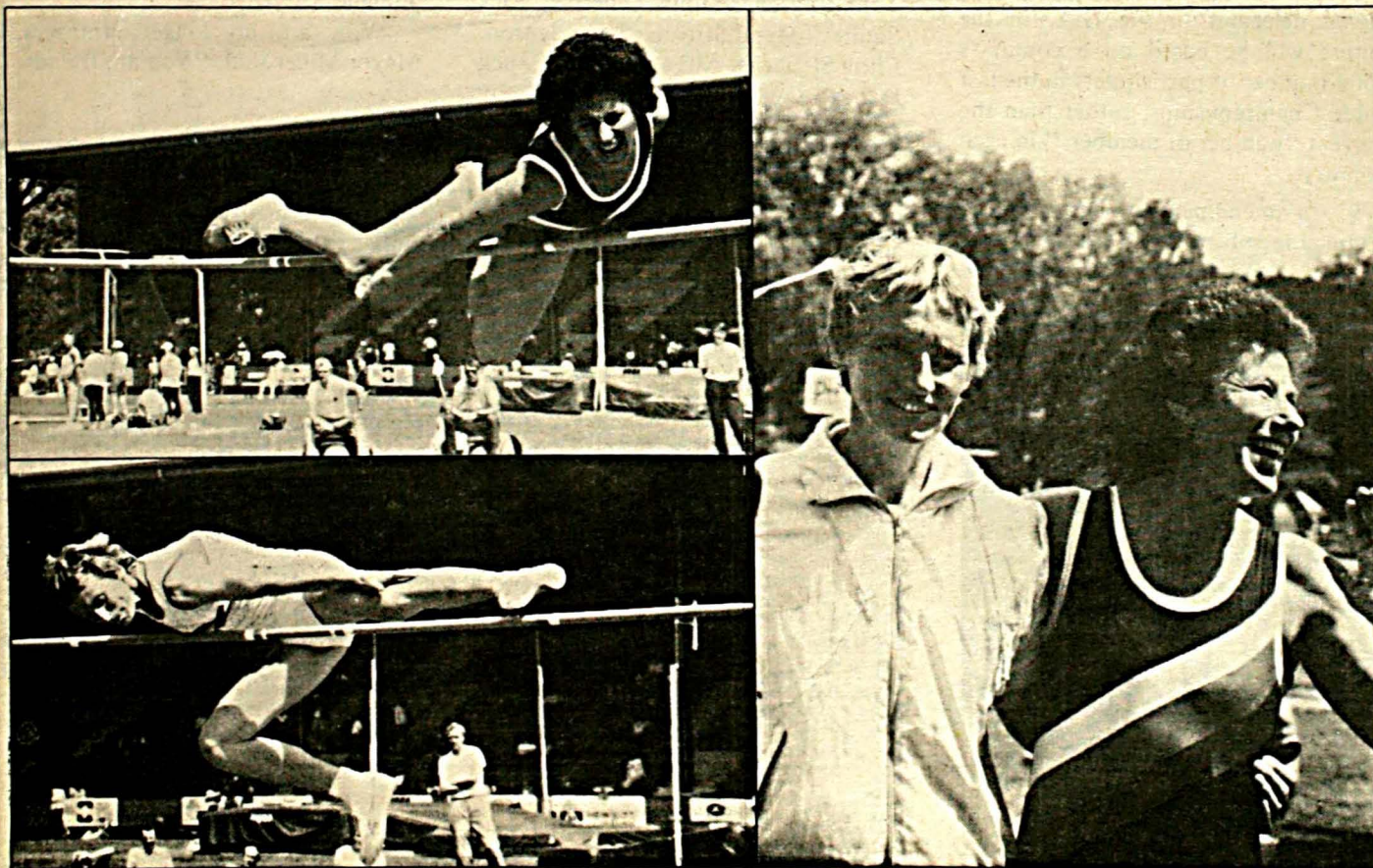
- California's Don Parker surprised Australia's Neil McDonald to capture the 800 in 1:59.94, while British 800 champion Derek Vaughan (4:09.58) edged new Zealand's David Rowell and McDonald in a close, hard-fought 1500.

- Once again, Mexico's Antonio Villanueva was in a class by himself as he raced to impressive wins in the 5000 (14:46.66) and 10,000 (30:41.68). Eugene's Mike Manley set an American M45 record in the 5000 (15:12.25), while Kentucky's Don Coffman (32:02) wasn't far off Ray Hatton's U.S. 10K mark of 31:48 in finishing second, ahead of England's Les Presland.

- California's Theo Viltz won the 110H in 15.30, while Canada's George Smith, who had won three golds (400, 800, 400H) in Rome and was attempting to do it again, won the 400H (58.42) and took thirds in the 400 and 800.

- New Zealand's Ron Robertson won three events — the 3000 steeplechase (9:27.90), 10K road race (30:53.80) and 10K cross-country (33:12). Presland was second

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One of the most exciting matchups of the Games came in the W40 high jump, when Bulgaria's Yordanka Blagoeva (left, top) and Australia's Alena Plischke (left, bottom) both broke the old world W40 mark of 1.63.

Blagoeva cleared 1.67 (5-5¼) to Plischke's 1.65 (5-5). Right: acknowledging the cheers of the appreciative crowd.

124 World Records Set in Eugene Continued from page 42

on the road and third in the cross-country.

- Americans nearly swept the field events, with Joe Johnston (PV, 4.20/13-9¼), Carl Wallin (SP, 15.02/49-3½), Lloyd Higgins (DT, 50.98/167-3), Tom Gage (HT, 58.94/193-4), Jerry Dyes (JT, 56.72/186-1), and Darrell Horn (LJ, 6.16/20-2½) taking golds.

- California's Larry Walker took the 20K walk in 1:32:42.

- Both M45 relay teams won: the 4x400 (John Aldridge, Mel Brooks, Roy Turner, and Dennis Duffy) in 3:32.55, and the 4x100 team (Dungan, Bell, Saimoni Tamani, and Frank Little) in a WR 45.92.

**M50**

- World M50 100 record-holder, Ken

Dennis of Los Angeles, proved his narrow win over Reg Austin in Melbourne was no fluke as he powered to a fast 11.48 win over the Australian, with New Zealand's Bruce McPhail third.

- Austin evened the scored with a 22.88 win in the 200, with Dennis second and California's Martyn Adamson third. Austin has now won gold medals in all eight World Games.

- West Germany's Guido Mueller raced to impressive wins in the 400 (52.31 over Larry Colbert and Austin), and 300H (39.96).

- One of the true stars of the Championships was Australia's Alan Bradford. In one of the meet's most exciting moments, Brad-

ford nearly became the first man over age 50 to ever run the 800 in under two minutes. His 2:00.40 just missed, but he still broke Tom Roberts' world M50 mark of 2:00.70. Bradford came back to best the 5000 and 10,000 champion — Jim McNamara of Ireland (15:35 and 32:13) — in the 1500 in 4:08.09.

- Four-time Olympic discus champion Al Oerter added luster and publicity to the meet by winning his second World Vets discus gold (1977 in Sweden was the first) in a world M50 record 62.74/205-10. "These Games are what the Baron (Pierre de Coubertin) had in mind when he started the Olympic movement," Oerter said. "This is more like the Olympics than Olympics. It's the spirit of participation."

- Portugal's Pericles Pinto captured the

long and triple jumps, while Texas' Charley Miller won the 100H (14.66), and Larry Stuart took the javelin (60.70/199-2).

- New Zealand's Roger Robinson won both the 10K road race 32:13.9) and cross-country (33:58), beating McNamara by nine seconds in the former.

- California's Gary Miller, co-1988 U.S. masters track & field athlete of the year, won the decathlon with the most points — 8058 — of any division, thus topping all decathletes on the age-graded scale.

- Both relay teams set world records; 4x100 (45.36) composed of Miller, Dennis, Adamson and Colbert; and 4x400 (3:35.88) with Colbert, Adamson, Jim Mathis, and Jackson Steffes.

**M55**

- In Melbourne, Ron Taylor of Great

Continued on page 44

**GOLD MEDALISTS — WORLD VETERANS CHAMPIONSHIPS — EUGENE, USA — JULY 27 TO AUGUST 6, 1989**

	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85	M90	M95
100	Hart	Bell	Dennis	Taylor	Mirkes	Kleinmann	Jordan	Tateishi	Gathercole	Booth	Wang	
200	Hart	Dungan	Austin	Taylor	Law	O'Connor	Jordan	Gonzales	Gathercole	Booth	Wang	
400	King	Morioka	Mueller	Romain	Greenwood	Hishon	Jordan	Weickhardt	Gathercole	Boas	Wang	
800	Browne	Parker	Bradford	Roberts	Turnbull	Vikman	Bulkley	Weickhardt	Benham	Perez	Spangler	
1500	Waigwa	Vaughan	Bradford	Roberts	Turnbull	McKeown	Gilmour	Dahlsten	Benham	Perez	Spangler	
5000	Waigwa	Villanueva	McNamara	Van Onss'n	Bini	Boterberg	Gilmour	Funk	Benham	Althaus	Spangler	
10000	Van Noten	Villanueva	McNamara	Green, N.	Turnbull	Walenta	Gilmour	Aellen	Benham	Althaus	Spangler	
HH	Druckrey	Viltz	Miller, C.	Hickman	Greenwood	Hunt	Guidet	Morrow	Trei	---	---	
IH	King	Smith	Mueller	Knapp	Greenwood	Sadul	Bulkley	Gonzales	Trei	---	---	
SC	Cooper	Robertson	Undersaker	Morrell	Silva	Sadul	Bulkley	Boal	Winter	---	---	
HJ	Prezelj	Vivod	Danic	Niemi	Gillcrist	Skrivervek	Hume	Kohhomen	Singh	Crane	---	
PV	Iwinski	Johnston	Tomasek	Sopanen	Woods	Morcom	Vernon	Morita	Singh	Pitcher	---	
LJ	Whitley	Horn	Pinto	Niemi	Vera-Guar'a	Larsen	Koch	Morita	Singh	Crane	---	
TJ	Tiff	Backlund	Pinto	Niemi	NA	Tanaka	Jonsson	Kolhonen	Singh	Boas	Salonen	
SP	Forst	Wallin	Speckens	Poetsch	VonWachen't	Ludwig	Meier	Carter	Broderson	Crane	Wang	Porath
DT	Carlsen	Higgins	Oerter	Palmer	Duholm	Johnsson	McDermott	Riboni	Broderson	Salisbury	Salonen	Porath
HT	Aston	Gage	Singh	Poetsch	Sarikowski	Antilla	Foley	Schottle	Broderson	Crane	---	
JT	Zirnis	Dyes	Stuart	Hoffman	Pickarts	Aloysius	Morales	Schepe	Broderson	Anderson	Wang	
10K	Roper	Robertson	Robinson	Green, N.	Turnbull	Samuelson	Gilmour	Funk	Benham	Althaus	Spangler	
X-C	Van Noten	Robertson	Robinson	V'Onsselen	Turnbull	Samuelson	Gilmour	Aellen	Nielsen	---	Spangler	
MARA	Pabon	Smith, F.	Lozada	VanNufflen	Turnbull	Bergseth	Brierley	Aellen	Chapman	---	---	
5K-W	Berton	Zschiesche	Roos	Green, M.	Nakamichi	Sturni	Daman	Daintry	Tormoen	---	Theobald	
20K-W	Berton	Walker	Dickinson	Green, M.	Nakamichi	Sturni	Daman	Daintry	Tormoen	---	Theobald	
DEC	Harvey	Keiler	Miller, G.	Sopannen	Hochreiter	Pentilla	Hankisz	Gonzales	---	---	---	
4X100	USA	USA	USA	USA	USA	---	USA	---	---	---	---	
4X400	USA	USA	USA	FIN	USA	---	USA	---	---	---	---	

	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80
100	Apayou	Raschker	Mattelson	Ey	Obera	Peterson S	Schneiderhan	Binder	Gelbrich	Hielscher
200	Apayou	Raschker	Mattelson	Gore	Obera	Peterson S	Schneiderhan	Stafford	Gelbrich	Hielscher
400	McArdle	Raschker	Hocknell	Smith P	Obera	Cooper	Mangler	Stafford	Clarke	Salisbury
800	Rooms	Daly	Lehmann	Martin	Horne	Cooper	Mangler	Tibbling	Luther	Hielscher
1500	Rooms	Daly	Lehmann	Martin	Irvine	Brasher	Mangler	Tibbling	Luther	Salisbury
5000	Cardy-Wise	Jordan	Colman	Pohl	Irvine	Brasher	Dashwood	Dixon	Luther	Hielscher
10000	Cardy-Wise	Raap	Stethem	Pohl	Irvine	Brasher	Dashwood	Dizon	Luther	---
SH	Geist	Desmier	McNab	Ey	Krzesinska	Hveem	---	Sole	---	---
LH	Cavet	Kulstad	Hocknell	Hulls	Sokata	Peterson P	---	---	---	---
SC	Winter	Holmes	Colman	---	Strazdins	---	---	---	---	---
HJ	Stanka	Biagoeva	Smallwood	Tsentsik	Chrimes	Wippersteg	Davidson	Bowermaster	---	Hielscher
PV	---	Raschker	Stewart	Sterckx	---	---	---	---	---	---
LJ	Apayou	Raschker	Mattelson	Ey	Krzesinska	Peterson S	Schneiderhan	Sole	Frith	Hielscher
TJ	Annamma	Raschker	McNab	Searle	Krzesinska	Peterson S	Davidson	Sole	Mendyka	---
SP	Kautsch	Pallay	Thomas	Ruehlow	Chrimes	Hamm	Pleuger	Reile	Gelbrich	Thesleff
DT	Schultz	Pallay	Priest	Ruehlow	Chrimes	Hamm	Jartikka	Reile	Gelbrich	Thesleff
HT	Schultz	Connell	Battersby	Searle	Schaeffer	Barth	Bellin	Reile	Frith	Thesleff
JT	Berkhout	Bezjak	Haase	Schnoenauer	Schulz	Hanssens	Garcia	Ronni	Gelbrich	---
10K	Cardy-Wise	McLaren	Matson	Pohl	Irvine	Sogstad	Dashwood	Dixon	Luther	---
X-C	Cardy-Wise	Holmes	White	Jager	Irvine	Brasher	Dashwood	Dixon	Luther	---
MARA	Mewett	Stenbakk	White	Ellis-Smith	Robinson	Brasher	Wistrom	---	---	---
5K-W	McDonald	Sedlak	Nedelco	La Veck	Eberle	Worth	Newman	Tibbling	Bonnans	Salisbury
10K-W	McDonald	Sedlak	Rebellato	La Veck	Eberle	Meyer	Newman	Tibbling	Bonnans	Salisbury
HEP	Blume	Daehler	Kummerle	Hulls	Kreuzwieser	Hveem	Davidson	---	---	---
4X100	FRA	USA	---	GBR	---	AUS	---	---	---	---
4X400	GBR	FRG	---	USA	---	FRG	---	---	---	---

## 124 World Records Set in Eugene Continued from page 43

Britain was looking forward to racing against Dennis and Austin, but a foot injury knocked him out of the Games at the last moment. Now 55, he easily won both the 100 (11.89) and 200 (23.03), wearing his trademark-tasse cap and smiling and looking around in both races. His 200 bettered Al Guidet's 16-year-old mark of 23.6, but was wind-aided. Taylor easily won a 400 heat, but never showed for the semis. Ralph Romain took the one-lapper in 55.30.

• Australia's Tom Roberts broke Derek Turnbull's 800 record with a 2:05.07, and just missed Turnbull's 1500 mark of 4:17.4 in 4:17.91.

• Belgium's Jean Van Onselen took the 5000 (16:22), cross-country (36:25) and marathon (2:40:08).

• One of the meet's most exciting performances was Norm Green's world record 33:00.8 in the 10,000. Pressed for the first 12 laps by Belgium's Gerard Van Nuffelen, Green pulled away with steady 80-second laps to a 43-second win over Bill Foulk.

"He was nicking my heels with his spikes," Green said of the European, "I was trying to run faster to get away from him; he helped me set the record."

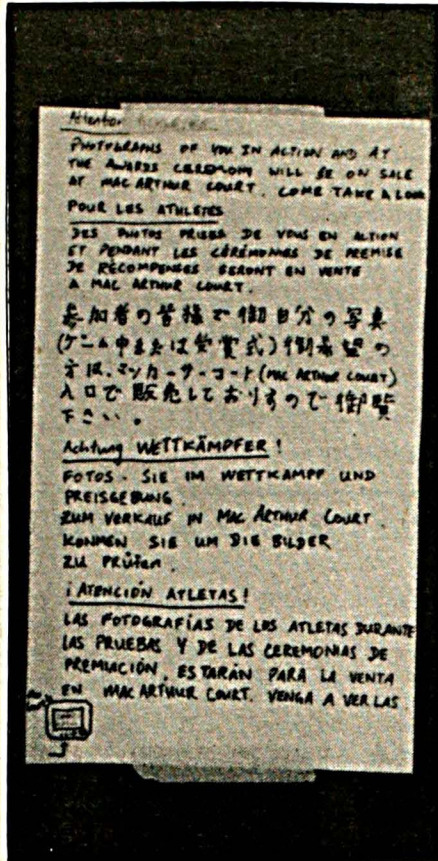
Green's time broke the old M55 mark of 33:08.2, set by New Zealand's Derek Turnbull in 1982. Green also set a new U.S. 10K road record of 33:09.8, smashing his own mark of 33:20, set in 1987.

• Olavi Niemi of Finland has always finished behind California's Dave Jackson in the long and triple jumps, but he reversed the order this time and added the high jump gold.

• Richard Hickman set a new world mark of 15.28 in the 100 hurdles, as did Finland's Erkki Knapp (43.28) in the 300 obstacles.

• Wendell Palmer annexed the discus (47.80/156-10), while Max Green won both walks.

• The 4x100 relay team of Bob Keegan, Matt Brown, Nick Newton, and an ailing



Signs in English, French, Japanese, German, and Spanish were commonplace at the World Games.

Bruce Springbett captured the gold, while the 4x400 team of Brown, Joe Hoffman, Hector Cisneros and Harold Hitt just missed catching Finland.

## M60

• West Germany's Peter Mirkes successfully defended his title in the 100, but his 200 crown went to America's Jim Law in 25.41.

• Colorado's Jack Greenwood set two world records in the 300H (43.49) and 400 (57.64), and added the 100H (15.03) in

three of the most impressive performances of the meet.

• New Zealand's Derek Turnbull, the star of the 1987 Games in Melbourne where he won six races at the age of 60, was even more incredible this year at age 62. He won another six golds in the 10K road race (34:38.3), cross-country (38:17), 800 (2:14.53), 1500 (4:28.66 WR), 10,000 (34:30.10) and marathon (2:46:42). Turnbull is the only over-60 man ever to run a marathon in under 2:40 (2:38 in 1987). A tireless campaigner, he ran a hard race nearly every day. He faltered only once, losing the 5000 to Italy's Cesare Bini (16:37 to 16:51), but come back to beat Bini in the 1500, 10K and XC.

• Jim Gillcrist upped his own high jump mark to 1.66/5-5¼, and Del Pickarts repeated his Melbourne javelin win (53.44/175-4).

• Although nursing injuries, 1952-1956 Olympic pole vault champion Bob Richards showed up to take second with a vault of 3.2/10-6. Richards has traveled more than 14 million miles and given more than 14,000 motivational speeches to business and civic organizations. "My wife and I may eventually move to Eugene," he said. "It's a great place."

• Both U.S. relay teams took gold, the 4x100 (Gordon Albury, Vernon Regier, Gene Harte, Law) in 50.08, and the 4x400 (Bernie Stevens, Chuck Sochor, Law, Greenwood) in a WR 3:58.43, breaking the mark of 3:59.11 set by West Germany in Melbourne, and averaging under 60-seconds per man.

## M65

• This turned out to be a very competitive division, with only Sweden's Georg Samuelsson (10K/XC), Canada's Valdun Sadul (LH/SC), and France's Albert Sturni (walks) able to win two gold medals.

• California's Bob Hunt took the 100H (17.79), Illinois' Mel Larson the long jump (5.04/16-6½), and New Hampshire's Boo Morcom the pole vault (3.20/10-6). Morcom also won a silver in the decathlon.

• Australia's Tom Hishon set a world mark of 61.29 in the 400.

## M70

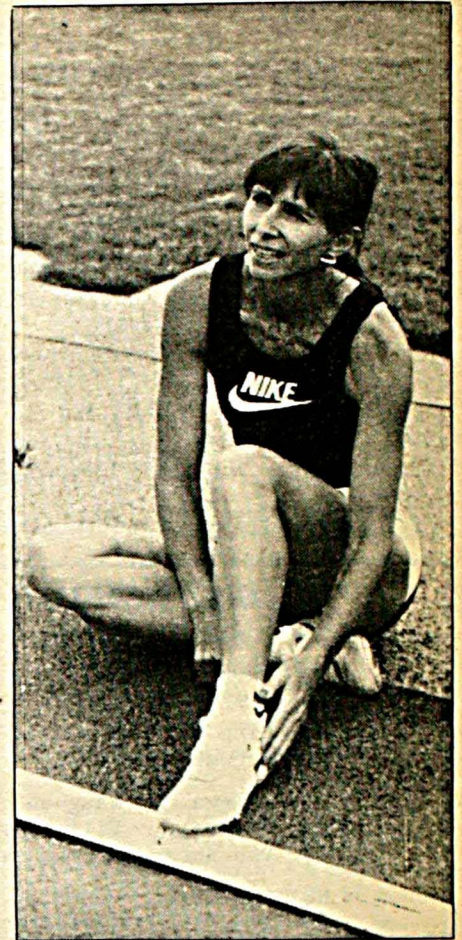
• California's Payton Jordan continues to amaze. Always ready for the big meets, Jordan repeated his Melbourne wins in the 100 (13.28) and 200 (27.09), then took on the tough 400 and decisively beat a good field in 66.02. Ohio's Bill Weinacht chased Jordan home in all three races.

• Australia's legendary John Gilmour, who turned 70 this year, added to his fame as he won five gold medals and set three world records: 1500 (5:09.73 WR), 5000 (18:46.62 WR), 10,000 (38:49.25 WR), 10K road (39:09.8), and cross-country (42:04). He shortened-up to the 800 to see if he could challenge defending champ Dan Bulkley of Oregon. He came close, but Bulkley held him off, 2:37.76 to 2:39.02.

• Bulkley set world records in the 300H (52.44) and 2000SC (8:59.97).

• California's Al Guidet set a WR in the 80H (14.01); Tom McDermott won the discus (42.10/138-1), and Bill Morales notched the javelin in a world record 46.18/151-6. Guidet won the nod for the best outfit of the day: red, white and blue socks with fat yellow tassles.

• Cokey Daman won both walks, and



Atlanta's Phil Raschker, 42, won nine medals — seven gold and two bronze — in the World Championships, more than any other athlete.

California's Jim Vernon kept his streak going of winning a gold medal in each World Veterans Championships, taking the pole vault in 2.90/9-6.

• In finishing third in the 5K-W and second in the 20K-W, Canada's Max Gould failed to win a gold medal for the first time in eight World Veterans Championships.

• Both relay teams established new world records: the 4x100 (Bloomfield, Heard Weinacht, Jordan) in 55.04, and the 4x400 (Bloomfield, Jordan, Sponseller, Weinacht) in 4:35.07.

## M75

• Triple gold medalists were Gilberto Gonzalez (USA) in the decathlon (6513), 200 (31.69) and 300H (60.78 WR); and Switzerland's Lucien Aellen in the cross-country, marathon (3:49:11) and 10,000 (46:38).

"I came here for my wife Juanita," Gonzalez said. "She has cancer, but she told me I had to come to accomplish many things. I feel honored to be still competing at my age."

• Double winners included Hans Weickhardt (CAN) in the 400 (74.07) and 800 (2:52.66); Tom Daintry (AUS) in the walks; Esko Kolhomen (FIN) in the HJ (1.44/4-8¾) and TJ (9.78/32-1); and Mazumi Morita (JPN) in the long jump (4.37/14-4 WR) and pole vault (2.30/7-6½).

• Chick Dahlsten of Los Angeles took the 1500 (6:16.24), Bert Morrow set a WR in the 80H (16.14), Eugene's Ross Carter threw the shot to a WR 12.45/40-10¼ and Bob Boal took the 2K-SC in 11:19.10.

## M80

• Usually the oldest group in most meets, the competition in the 80-84 division gets stronger each year as its previous members graduate to the 85 and 90 brackets. New Zealand's Harry Gathercole, now 82, successfully defended his three titles in the 100

Continued on page 46



Ninety-year-old Mikko Salonen, left, of Finland, and 94-year-old Ching-Chang Wang of Taiwan, celebrate with high fives after their 100-meter duel, won by Wang in 23.15.

NEW WORLD RECORDS SET AT VIII WORLD VETERANS CHAMPIONSHIPS IN EUGENE, USA - JULY 27-AUGUST 6, 1989

Table with columns: Event, Div., New Mark, Name, Nation, Old Mark, Held by. Lists world records for various events including 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 800H, 1000H, 1100H, 3000H, 4000H, 4000H, 2K-SC, 3K-SC, HJ, PV, LJ, TJ, SP.

Table with columns: Event, Div., New Mark, Name, Nation, Old Mark, Held by. Lists additional records for events including DT, HT, JT, 5K-W, 10K-W, 4X100, 4X400.

ADDITIONAL AMERICAN RECORDS SET AT VIII WORLD VETERANS CHAMPIONSHIPS IN EUGENE, USA - JULY 27 - AUGUST 6, 1989

Table with columns: Event, Div., New Mark, Name, Nation, Old Mark, Held by. Lists American records for events including 200m, 400m, 800m, 1500m, 5000m, 10000m, 800H, 3000H, 3000H, 2K-SC, HJ, LJ, SP, DT, HT.

**124 World Records Set in Eugene** Continued from page 44

(15.63), 200 (32.32) and 400 (79.10) in another outstanding performance.

- Ed Benham, also 82, won the 800 (3:09.10), 1500 (6:15.37), 5000 (22:08.79), and 10,000 (45:38.79), and added the 10K road race (45:20.3) for a total of five golds.

- India's Gulab Singh impressed the crowd with four wins and two world records: high jump (1.21/3-11½ WR), pole vault (1.80/5-10¼), long jump (3.95/12-11½ WR) triple jump (7.84/25-8¾).

- Chile's Karsten Broderon was equally impressive with four triumphs in the shot (9.43/30-11¼), discus (32.16/105-6), hammer (28.12/92-3), and javelin (27.04/88-8).

- Canada's Karl Trei thrilled the spectators with two world records of 17.29 in the 80H and 70.86 in the 300H.

**M85**

- England's Charles Booth sped to fast wins in the 100 (16.98) and 200 (39.54), being chased by New York's Konrad Boas and Indiana's Arling Pitcher in both.

- Boas won the 400 (95.15) and triple jump (4.94/16-2½) while Pitcher took the pole vault (1.30/4-3¼).

- Idaho's Buell Crane won four events in this increasingly-competitive category, in the high jump (1.02/3-4), long jump (1.99/6-6¼), shot (6.76/22-2¼) and hammer (15.58/51-1½). Crane added three silvers in the triple jump, discus, and javelin.

- West Germany's Alfred Althaus took the 5000 (27:52), 10,000 (58:58) and 10K road race (60:01).

- Mexico's Longino Perez garnered the 800 (3:59.28) and 1500 (8:25.03), while San Diego's Willard Benton won four silvers in the 800, 1500, 5000 and 10,000.

- Colorado's Herb Anderson was hurting, but still managed a gold in the javelin (16.68/54-4¼) and three bronzes.

**AMERICAN MEDAL WINNERS  
IN VIII WORLD VETERANS  
CHAMPIONSHIPS — EUGENE**

	Gold	Sil.	Brz.	Total
M40	9	10	6	25
M45	11	10	6	27
M50	5	6	5	16
M55	5	18	10	33
M60	6	8	8	22
M65	3	7	11	21
M70	12	6	8	26
M75	10	10	8	28
M80	6	11	9	26
M85	9	12	9	30
M90	6	2	0	8
W35	0	3	8	11
W40	9	4	8	21
W45	5	3	4	12
W50	2	9	7	18
W55	12	3	4	19
W60	1	4	6	11
W65	0	0	4	4
W70	7	6	8	21
W75	2	9	4	15
W80	4	2	0	6
Tot.	124	143	133	400
Rel.	13	5	1	19
Tot.	137	148	134	419

- Earl Salisbury upset Crane and Anderson to win the discus (20.32/66-8).

**M90**

- As always, this division was a favorite of the crowd and the media. The demonstrative "Ching-Chang" Wang of Taiwan repeated his five Melbourne triumphs in the 100 (23.15), 200 (52.21), 400 (2:30.02), shot (4.30/14-1¼) and javelin (7.90/25-11). He got a silver in the discus.

Wang didn't start running track until he was 88. "I'm very healthy," he said. He credits a diet high in vitamins and beans. "I don't eat very much rice." He's a bit of a celebrity in Taiwanese government circles because of his running. "I was honored by the President after Melbourne, and expect to be so again when I return," he said.

- Paul Spangler won six events and set world records in four: 800 (4:48.9 WR), 1500 (9:30.76 WR), 5000 (37:39.38 WR), 10,000 (71:40.48 WR), 10K road (77:35.2), and cross-country (96:12). He added a silver in the 5K walk.

- Australia's Gus Theobald again won both walks (39:49 and 2:41:43).

- Finland's Mikko Salonen beat Wang in the discus, won the triple jump and took second to Wang in the 100 and shot.

**M95**

- The oldest competitor in the Games was West Germany's Otto Porath, 96. He competed in both the shot (3.81/12-6) and discus (10.64/34-11).

**W35**

- Bronwyn Cardy-Wise of Wales captured four gold medals in the 5000 (16:44.95), 10,000 (35:08.33), 10K road (34:00.6), and cross-country (37:31).

- Australia's Heather McDonald captured the 5K-walk (25:28) and 10K-walk (50:51).

- France's Martine Rooms looked strong in winning the 800 (2:11.83) and 1500 (4:36.35).

- Jacqueline Apayou of France took the 100 (12.65), 200 (25.32) and long jump (5.97/19-7), as no American woman was able to win a gold medal in this division.

**W40**

- Atlanta's Phil Raschker turned in one of those performances that athletes dream about. In this competitive division, she won six individual gold medals and a bronze, then added a gold and a bronze in anchoring the two relays. She set four world records (200, 24.84), long jump (5.51/18-1), triple jump (11.35/37-3), and pole vault (2.46/8-¾), and one additional American record (400, 58.07), and also won the 100 (12.57) and took third in the 80H.

"I've been bothered by an Achilles problem all year, and all the rain in Atlanta has made it difficult to train, so I didn't have any idea what I could do," she said. "I was very surprised and pleased."

With Betty Keating, Jan McClurg, and Hillary Gilmore, she anchored a come-from-behind leg in the 4x100 relay in a world W40 record 50.23. Her bronze medal in the 4x400 gave her a total of seven gold and two bronze medals — the highest total of any athlete in the Championships.

- Australia's Judy Daly successfully defended her titles in the 800 (2:16.49) and 1500 (4:37.35).

- Bulgaria's Yordanka Blagoeva and Austria's Alena Plischke both broke the WR of 1.63/5-3¾ in the high jump, with Blagoeva winning, 1.67 to 1.65.

Special free WAVA buses shuttled athletes from the dorms and hotels to the venues.

California's Annalies Steekelenburg got the bronze at 1.55/5-1.

- Colorado's Viisha Sedlak captured the 5K walk (25:40 AR) and 10K walk (50:47 WR), walking faster than when she won the W35 gold medals in Melbourne.

- Britain's Jane Holmes took the new women's 2000-meter steeplechase (7:57.6) and the cross-country, and captured silver medals in the 5000 and 800.

- Atlanta's Susan Houlton established a U.S. record (8:12.83) in finishing second in the steeple, while Janet Jordan took the 5000 (17:37.04).

- Hungary's Sandorne Pallay copped the shot (14.26/46-10¼) and discus (55.46/182-3).

**W45**

- Silke Mattelson of the Federal Republic of Germany won the 100 (13.03), 200 (26.53) and long jump (5.73/18-9½ WR).

- England's Marjorie Hocknell captured the 400 (61.31) and 400H (66.02 WR), while West Germany's Barbara Lehmann was impressive in the 800 (2:20.99) and 1500 (4:45.84).

- California's Joan Colman took the 5000 (17:45.03) over Shirley Matson and Carol Flexer, and set a WR in smoothly winning the steeplechase overall (7:45.9). Matson took the 10K road race (36:17).

- Britain's Pat McNab handled the 80H (12.71) and TJ (9.39/30-9¼ WR).

- Americans Jo Ann Nedelco and Barbara Stewart took home golds in the 5K-walk (26:03) and pole vault (1.60/5-3).

It was the first-ever women's pole vault in WAVA competition. "I did it to encourage other women to enter next time," said Stewart, who is listed in "Who's Who in American Women." "Women of my generation were forbidden to do sports. At Cornell, there was no women's gym.

American women 45 and up are just getting started."

**W50**

- Australia's Wendy Ey won the 100 (13.66), 80H (13.22), and long jump (4.77/15-7¼) before pulling a hamstring in the 200.

- Finland's Pirkko Martin repeated her Melbourne wins in the 800 (2:31.13) and 1500 (5:15.85), edging Jeanne Hoagland of Los Angeles in both. Cleveland's Sandra Knott set all the place in the 1500 until overtaken by Martin and Hoagland in the final 150. She hung on for the bronze in a surprising effort.

"I don't think I can run today," she said in the Hamilton Hall cafeteria a few hours before the race. "I'm too sore and fatigued." But with the hands of her trainer, Ray Gil, working their magic, Knott recovered to set a season PR.

Martin's performances were all the more remarkable since she was busy leading the successful Finnish campaign to host the 1991 World Veterans Championships.

- Washington's Bev La Veck pocketed the only U.S. W50 individual golds, winning both walks: 5K (27:59) and 10K (57:21).

- West Germany's Edeltraud Pohl was unbeatable in the 5000 (18:43.02), 10,000 (39:07.01), and 10K road race (38:40.7), as California's Vicki Bigelow garnered a silver (5000) and bronze (10,000).

- Austria's Gertrude Schoenauer set a world W50 javelin mark with an impressive 43.82/143-9.

- Australia's Helen Searle set two WRs in the triple jump (9.66/31-8½) and hammer throw (39.64/130-1).

- The U.S. 4x400 relay team (Obera, Hoagland, Barbara Meadows, and Marilyn Fitzgerald) took gold in 4:36.85 while the 4x100 squad (Obera, Fitzgerald, Nancy

Continued on page 47

# WAVA Changes Competition Rules

Several competition rules changes were approved by the WAVA Council at the VIII World Veterans Championships in Eugene on August 6.

The changes will formally take effect on May 1, 1990. All WAVA Regional Championships will adhere to the new rules, as will the IX World Veterans Championships in Turku, Finland, in 1991.

The first step in changing the rules was the prior submission by several athletes of proposed changes. Next, an open Technical Committee meeting was held in Eugene on Monday, July 31 — a non-competition day. About 60 athletes attended the meeting, chaired by Bob Fine, WAVA Stadia Committee Chairman.

Later that day, a closed meeting of the 10 Technical Committee members was held to either ratify or modify the recommendations of the open meeting.

On Wednesday, August 2, new Stadia Committee Chairman Bill Taylor was elected. Taylor called a Stadia Committee meeting for Thursday, August 3, to review the recommendations of the Fine Committee.

Finally, the recommendations of Taylor's Stadia Committee were submitted to the WAVA Council on Sunday, August 6 for final approval or rejection.

### 1. Decathlon/Heptathlon-Pentathlon

The open committee cast 30 votes to keep both events, 26 just to hold the D/H, and 10 just to hold the pentathlon. The closed committee agreed, 7-3, to hold both events, and further voted, 8-3, to hold the D/H at the beginning of the Championships and the pentathlon, 7-5, at the end. It was also recommended that there be sufficient time allowed between each of the events within the D/H or P for recovery.

Taylor's Stadia Committee agreed, with the proviso that the men 60+ compete in a heptathlon, rather than a full decathlon.

The WAVA Council accepted the concept of the D/H at the beginning and a pentathlon at the end, but rejected the Taylor committee recommendation of a heptathlon for men 60+. Thus, the decathlon will continue to be staged for men of all ages.

However, WAVA will only "request" a pentathlon of the Turku organizers, since the contract between WAVA and Turku, signed before the Eugene Games, made no mention of a pentathlon. Turku will have the option to stage a pentathlon on the final day of competition — which would likely extend the Games to Monday.

The Council further voted that no athlete may compete in both the D/H and the pentathlon.

### 2. Pentathlon Events

The open committee voted, 10-0, to keep the men's events in this order: long jump, javelin, 200, discus, 1500,

and 10-1 for women's events, in order: hurdles, high jump, shot, long jump, 800. The council concurred.

### 3. 80-meter Hurdles

The open committee voted, 40-1, to drop the men's 70+ 80H spacings from 8.0 to 7.0 meters, the same as the women 50+. The Council agreed. The W40-49 spacings remain at 8.0. Thus, the older hurdlers are satisfied, but the difficulty in properly placing the hurdles on American tracks, which have no 8.0- or 7.0 meter markings, remains the same. Tracks in New Zealand and some other countries do have such markings.

### 4. Long Hurdles

The open committee voted, 26-18, to reinstate the 50-59 long hurdles from 300 to 400 meters. The closed committee unanimously agreed, and it was approved by the Council.

The open committee voted, 41-2, against increasing the 60+ distance to 400 meters. Fine's closed committee concurred. A proposal to reduce the 70+ distance to 200 meters was rejected, 6-2, by Fine's committee.

### 5. Team Scoring

The open meeting recommended using 3-member teams by five-year age groups for both men and women in the non-stadia events (marathon, cross-country and 10K/20K road walks), with an athlete permitted to go down in age for team-scoring purposes. Reason: the present 5-member team scoring with no drop-down gives an unfair advantage to the host country.

The closed committees agreed, and the Council approved.

### 6. Javelin

It wasn't discussed in the open meeting, but Fine's closed committee voted, 9-2, to permit the use of the "old" javelin for men 40-59. It tied, 7-7, on whether to permit a thrower to have a choice of either implement.

The Council voted to permit the use of either the "old" or the "new" javelin.

### 7. Relays

The Council voted to stage relays in five-year age groups for all divisions.

### 8. Medal Standards

The open committee voted, 37-15, to eliminate medal standards, and Fine's closed committee agreed, 8-0. But since the subject had been put on the General Assembly's agenda, only the G.A. vote would matter. (The G.A. voted 60-35, against eliminating medal standards.)

### 9. Women's 10K Walk

Since the women's committee had voted, 23-0, to retain the 10K racewalk for women, no action was taken.

### 10. Women's 400g javelin

The Stadia Committee was asked to create a standard specification for the women's 400g javelin.

### 11. Length of Women's Hammer

A recommendation to shorten the length of the women's hammer was rejected. □

## 124 World Records Set in Eugene

Davis, and Christel Miller) got silver behind Great Britain.

### W55

Irene Obera did it again. For the third consecutive World Championships, the California high school principal won the 100 (13.93), 200 (28.48) and 400 (66.99), setting world W55 marks in the 200 and 400. Obera had not competed at all this year until the U.S. Nationals in San Diego the previous week.

"Somehow, she always is able to get ready for the big meets," said Enver Mehmedbasich, her training partner and coach.

"You have to respect everybody when you come to the line," said Obera, who didn't start running until she was 26. "You don't know who's going to come out of the woodwork."

Another star of this division was Sister Marion Irvine, the "flying nun" of San Rafael, California. In 1985 in Rome, Irvine won a gold and a handful of silver medals while competing with an injury. This year, injury-free, she won five world championship medals in the 1500 (5:25.34), 5000 (19:32.07), 10,000 (40:37.13 AR), 10K (40:01.1) and cross-country (43:51), turning back her Rome nemesis, Jean Albury of Australia, in the 5000 and 10,000.

Eugene's Elzbieta Krzesinska, competing for Poland, thrilled her hometown fans with three world records in the 80H (14.06), long jump (4.60/15-1), and triple jump (9.67/31-8 3/4). She won the long jump gold medal (20-10) in the 1956 Olympics.

Britain's Rosemary Chimes won the high jump (1.30/4-3 3/4), shot (11.94/39-2 1/2) and discus (40.86/134-1 WR).

Sally Strazdins picked off a steeplechase gold (9:52.28 WR) with Berkeley's Gretchen Snyder getting the silver.

Ruth Eberle won both walks (29:59 and 59:31) and Barbara Robinson notched the marathon in 3:24:46.

### W60

Two of the world's top women veteran runners from Down Under — Shirley Peterson of New Zealand and Shirley Brasher of

Continued on page 50



One of the brightest stars of the World Veterans Championships was Australia's Alan Bradford, who won the M50 800 (2:00.40) and 1500 (4:08.09). His 800 was a world M50 record.

## WAVA HURDLES AND IMPLEMENTS SPECIFICATIONS

HURDLES										
WOMEN						MEN				
Age	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish
35-39	100m	.840m 33"	13.00m 42'8 1/2"	8.5m 27'10 1/2"	10.5m 34'5"					
40-49	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'
50-59	80m	.762m 30"	12.00m 39'4"	7.0m 22'11 1/2"	19.00m 62'4"	100m	.914m 36"	13.00m 42'8"	8.50m 27'10 1/2"	10.50m 34'5"
60-69	80m	.762m 30"	12.00m 39'4"	7.0m 22'11 1/2"	19.00m 62'4"	100m	.840m 33"	13.00m 42'8"	8.50m 27'10 1/2"	10.50m 34'5"
70 plus	80m	.762m 30"	12.00m 39'4"	7.0m 22'11 1/2"	19.00m 62'4"	80m	.762m 30"	12.00m 39'4"	8.00m 26'3"	12.00m 39'4"
35-39	400m	.762m 30"	45.00m 147'7-1/4"	35.00m 114'9 1/2"	40.00m 131'2 1/2"					
40-49	400m	.762m 30"	45.00m 147'7-1/4"	35.00m 114'9 1/2"	40.00m 131'2 1/2"	400m	.914m 36"	45.00m 147'7 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"
50-59	300m	.762m 30"	50.00m 164'0 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"	300m	.840m 33"	50.00m 164'0 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"
60-69	300m	.762m 30"	50.00m 164'0 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"	300m	.762m 30"	50.00m 164'0 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"
70 plus	300m	.762m 30"	50.00m 164'0 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"	300m	.762m 30"	50.00m 164'0 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"

Steeplechase distances: All females, and male age-groups M60 and above - 200m.  
: Male age-groups younger than M60 - 300m.

IMPLEMENTS				
Age	Shot put	Discus	Hammer	Javelin
WOMEN				
35-49	4.00K	1.00K	4.00K	600 gms.
50 plus	3.00K	1.00K	3.00K	400 gms.
MEN				
40-49	7.26K (16 lbs)	2.00K	7.26K (16 lbs)	800 gms.
50-59	6.00K	1.50K	6.00K	800 gms.
60-69	5.00K	1.00K	5.00K	600 gms.
70 plus	4.00K	1.00K	4.00K	600 gms.

New I.A.A.F. Specifications

# Eugene the site of World Veteran's Games

## Hundreds of athletes jam airport



By HARRY ESTEVE  
The Register-Guard

They're heecccrr. Many of them are, anyway. In a babble of foreign languages, athletes from around the world began arriving en masse Monday at Mahlon Sweet Airport, three days before the official start of the eighth World Veterans' Championships.

Several hundred Germans, Swedes, Danes, Brits, Australians and Japanese landed at the still-incomplete municipal airport. They caused a

■ Smoke from unauthorized field burning greets visitors/ 1B

logjam in the small baggage claim area and milled around outside in a confused but good natured hub-bub until shuttle buses took them into Eugene.

"We are in a good mood, so I think we will make it," said Sven Hamnell, a tour guide and interpreter who was running interference for about 40 Swedish athletes.

Missing, however, was a 110-person contingent from Taiwan to ATHLETES, Page 4A

Italy's Francesca Bettella, 63, will compete, then ride his bicycle to California

"Americans here are very friendly. I feel like I'm at home."

### Welcome, athletes!

Bienvenue. Aloha. Benvenuto. Bienvenida. Willkommen. Welcome.

The Eugene-Springfield metro-

The Register-Guard

# SPORTS

Eugene, Oregon, Thursday, July 27, 1989

## Vets' games off and running

By DAVE KAYFES  
The Register-Guard

All the plans have been drawn, all the strategies have been laid out, and many of the 4,951 athletes are here.

It's time for the biggest track and field show on earth, the World Veterans' Championships, to begin today — the women's heptathlon at 7:30 a.m. and the men's decathlon at 8 a.m.

Eugene, Oregon, Friday, July 28, 1989

they do to get a feeling for the event? How do you watch an event so big that goes on for so long and not fall asleep?

For starters, Barbara Koucky, executive secretary of the meet, suggests the opening ceremonies Friday night.

"That should give you a flavor of the meet," she said. "The number of athletes and the number of competitors."

Athletes from 58 countries, the most ever assembled for this meet, are scheduled to parade into Hayward Field.

"I think it's the most wide open race we have," said Tom Jordan, the executive director of the meet. "It should be very competitive."

The men and women will start separately, the men on Pearl and the women on High near Seventh Street. The course runs south to East Amazon and back on West Amazon.

As a whole, the event wasn't designed to attract capacity

By DAVE KAYFES  
The Register-Guard

Meet officials may have been worried, but not Rex Harvey.

The 43-year-old mechanical engineer from Des Moines, Iowa, didn't mind at all that the men's 40 decathlon was running late Friday night at Hayward Field.

It only meant that more people

"Frank predicts that between the

ing. His points in each event were multiplied by an age factor, giving him the lift he needed to surpass his personal best of 7,634 set in 1979 in Wichita, Kan.

It also put him at 789,865 points for 117 decathlons, both world records, according to Frank Zarnowski, meet announcer and decathlon historian.

And he has. Much more.

And he has. Much more.

### RECORDS SET

**Women**

**5000 Meters**

68 — Sherry Swisher, AUS, 20:51.43, better than her own mark of 21:14.8 set in 1987 and also held by Lydie Backes, FRG, 1986. 78 — Pat Olson, USA, 24:32.63, better than her mark of 24:58.36 by Johanna Luher, FRG, 1983.

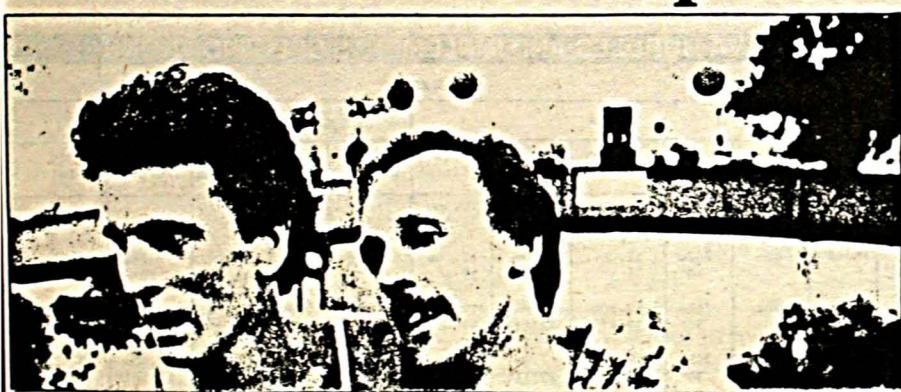
Australia and New Zealand are amazing, too, to younger women, such as Jules Trigueiro, 42, of Eugene.

Trigueiro, who qualified for the finals of the 1,500 for the women's 41 division, didn't have the support of a

desire and mental capacity to do more," he said.

And he has. Much more.

## First race a sweep for Wales



Eugene, Oregon, Monday, July 31, 1989

### Older runners also applauded by large crowd

By SHANNON FEARS  
The Register-Guard

Runners from around the world descended upon downtown Eugene on Thursday night, reshaping one of the city's favorite pastimes into a colorful celebration of fitness in the face of advancing age.

The World Veterans' Championships, which had begun earlier in the day with the start of the multi-events at Hayward Field, handed out its first medals on a warm summer's eve when an estimated 1,000 runners took part in the women's 100-meter race.

## Veterans' meet can't faze this veteran ref

By DAVE KAYFES  
The Register-Guard

The invasion is near, the likes of which even storied Hayward Field has not seen in its glorious history.

Like an army gathering its forces,

more than 400 officials — and they say they should be able to hold their own at their two main venues, Hayward Field in Eugene and Silke Field in Springfield, for what some believe will be the biggest track meet ever held starting Thursday.

Jim Parkett, a cross country coach



New the ob

THE GUY WA Patterson Street, h He wore a road shoes with black so head was one of the runners wear to ke thinning hair.

"Welcome to E

## Athletes brighten city after c

By HARRY ESTEVE  
The Register-Guard

The group of five Brits, dressed smartly in matching red sweat suits, strolled toward downtown Eugene in search of a little night life to match their high spirits.

"We've not come here to booze and create mayhem and be seduced," the group's ringleader, Edie Crangle, said in a crisp British accent.

"No!" he protested. "We're here to com-

New Zealand or the green and yellow sweats of Australia, the colors of the world have added an international hue to Eugene's night scene during the 11-day World Veterans' Championships.

The Naked City it's not, but when the sun sets behind the coastal hills, Eugene takes on an after-hours style all its own, a style that is finding favor with the foreign visitors, especially those from larger cities.

"No matter what you do, there's a won- Eugene, Oregon, Saturday, July 29, 1989

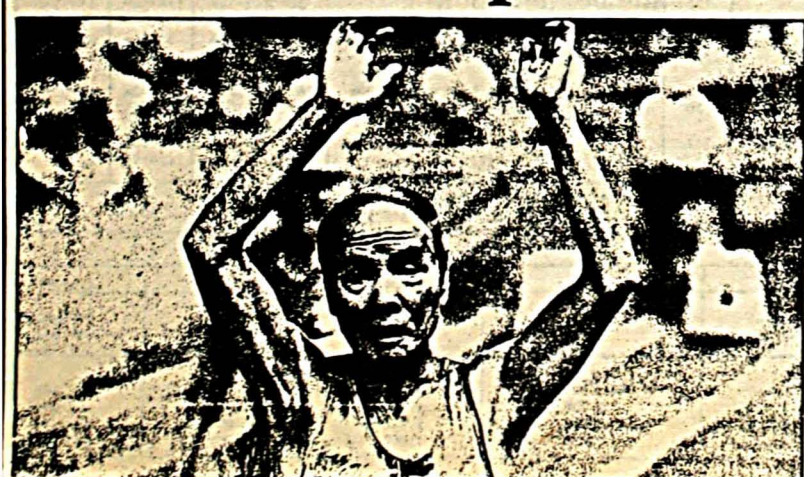


Going for t

■ Two old warriors, and Andrzej Krzesinski, battle for gold medal in

■ Australian posts fi world age-group record division 10,000 meters/

## Vet fans adopt oldest sprinter



### Taiwanese athlete captures third gold

By SHANNON FEARS  
The Register-Guard

Sure, it was a big disappointment when the 102-year-old sprinter from India failed to show up for the World Veterans' Championships.

But would you settle for 84?

An unexpectedly large crowd at Hayward Field did more than that on a sunny Sunday afternoon, drenching Wang Ching-Chang of Taiwan in the warmest applause of the day for winning the men's 80 division 100-meter dash as the fourth day of the games unfolded.

The meet was unexpectedly well-attended as perhaps 4,000 filled the stands at Hayward. Many of those were undoubtedly competitors, but diehard Eugene track fans were certainly in abundance. A crowd of several hundred, perhaps more than 1,000, remained until dusk, watching six straight heats of men's 10,000-meter racing. That's 150 laps.

Today is an off-day for the championships. Action will resume Tuesday, a very busy day made up largely

## First win a kick to the Fin

### Veterans excited after triumphing in multi-events

By DAVE KAYFES  
The Register-Guard

Just because the World Veterans' Games are for older people doesn't mean they can't act like kids or show their national pride at times.

The delegation from Finland did just that to highlight the second day of the World Veterans' Championships at Hayward Field on Friday.

Six Finnish men decked out in blue sweatsuits chanted for their countryman Pekka Penttila as he passed the West grand-





Eugene, Oregon, Wednesday, August 2, 1989

# Locals enjoy games visitors

EUGENEANS SEEM TO BE enjoying their mass encounter of the foreign kind.

This isn't Hicksville, but it is a city where a foreigner is sometimes defined as anybody from south of Yreka. So the sudden influx of a couple thousand people from other lands, many speaking languages other than English, has had a definite cultural impact.

But, judging by conversations I had Thursday with about three dozen locals who've come into contact with the World Veterans' Championships visitors, the personal impact has been positive.

"They've all been very nice and outgoing and friendly," said Lane Transit District driver Bob Neis of his foreign passengers. "I think it's just great that we've got them here."

Nicholas Lolocono, who runs "The World's"

# Games no financial bonanza

## Good will likely to pay off later

By HARRY ESTEVE  
The Register-Guard

Athletes from around the world line up to buy shoes at The Nike Store in the Fifth Street Public Market, but one floor below only a smattering of tables are occupied in the outdoor eating area.

And while the Eugene Mall appears busier than normal for a Monday, thanks to knots of men and women in foreign sweat suits, shopkeepers stand behind silent cash registers, waiting for customers.

With a few exceptions, the World Veterans' Championships haven't proved to be the financial bonanza that many local merchants expected.

In contrast to predictions before the games began, vacancies abound in local hotels and motels, empty tables are commonplace in restaurants at night and sales are normal to slow at many downtown retail stores.

At Nike, "It's been swamped all week," employee Kent Reynolds said Monday. "They're spending a lot of money on specialty shoes" and running apparel that is hard to get "and also very chic" in Europe, Reynolds said.

A week ago most other downtown businesses  
Turn to GAMES, Page 4A



■ Athletes demand more events / 1D

# On a wet day, Brits shine in 800



Eugene, Oregon, Thursday, August 3, 1989

# Broune leads sweep at Veterans' games

By SHANNON FEARS  
The Register-Guard

First things first. For those of you from out of town, Tuesday's weather was not typical of Eugene at this time of year.

However, it served its purpose, at least for three Britons who must have thought they were back home.

In another mind-bumming, 15-hour day of World Veterans' Championships track and field action, the 1-2-3 finish of Great Britain's Peter Browne, Ron Bell and Leslie Duffy in the men's 40 division 800 meters at Hayward Field might have appeared as simply one more race.

To the competitors, of course, the race they're in is the only thing that matters. And after about a week away from home, some of the competitors sipped their winning performances Tuesday with a show of Olympic-style national fervor.

"I'm just glad it's a British 1-2-3 sweep," said Bell, the defending champion and world record holder. "To me, this is the Olympic Games."

# Finland wins rights to '91 games

By SHANNON FEARS  
The Register-Guard

In a surprisingly close vote on Wednesday, the city of Turku, Finland, won over Mulhouse, France for the right to hold the 1991 World Veterans' Championships.

Turku, a community of 100,000 on the southern coast of Finland, won by a vote of 60-47 in the World Association of Veteran Athletes' (WAVA) general assembly of delegates from around the world at the Eugene Hilton.

The vote capped more than eight hours of discussion and debate on a rather full agenda as the current World Veterans' Championships, being conducted at various sites around the Eugene-Springfield area, took a day off from competition.

In the discus, high jump, triple jump, 200 and intermediate hurdles, all at Hayward Field, from 8 a.m. to 8 p.m. This is also the day for the 10-kilometer cross country runs at Lane Community College from 8 a.m. to 4 p.m. There will be no events at Springfield's Silke Field today.

The WAVA delegates also voted against scrapping the word "veterans" in favor of the American term "masters," delayed action on making the youngest age groups equal for men and women, agreed to select future sites further ahead, and retained medal standards (minimum performances that must be achieved to win a medal).

But with a banquet looming Wednesday night, the assembly ran out of time to decide other matters, such as whether women will be forced to move up from 10 kilometers to 20 kilometers and whether the definition and how

matters will be taken up Sunday by WAVA's executive council.

The close vote on the '91 games was a surprise because the Turku delegation had been preparing its bid for more than a year, while the Mulhouse proposal was hastily put together after a group from Athens withdrew its bid at the 11th hour.

"We didn't even know Mulhouse was in the running until two weeks ago," said Irmeli Torsioinen, director of Turku's city tourist office.

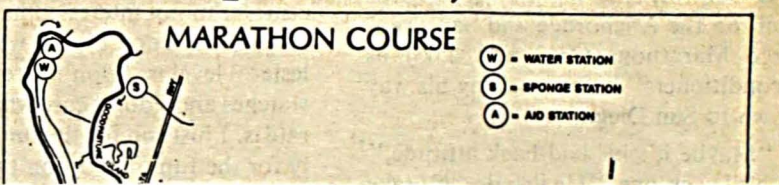
Torsioinen, who presented Turku's bid to the general assembly, said she wasn't surprised by the vote.

"It's very good to have more candidates," she said. "This is a democracy, you know. Having more sites to choose

# Richards eyes record in pole vault Marathon to tie up traffic, bike trails

Cyclists and motorists are being advised to stay off the Willamette River bike trails and some streets near the trails on Sunday morning, which is when the marathon event of the World Veterans' Championships is scheduled.

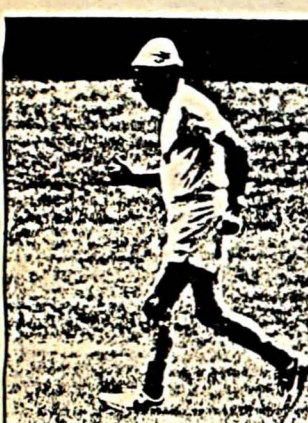
Eugene police have issued a traffic advisory for 7 a.m. to noon on Sunday for Centennial Boulevard, Goodpasture Island Road and the bike trails along both sides of the river.



# Veterans welcomed 'Harward style'

Officially opens championship meet

Stories Inside  
■ Finnish competitor receives emotional greeting from countrymen after his win in the men's-65 division decathlon / 1C  
■ Rex Harvey didn't mind running late Friday night / 3C



Rimon began exercising after heart attack 21 years ago

# New outlook for the older athlete

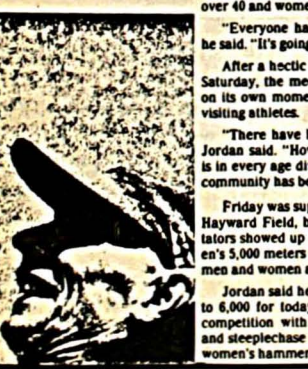
THE GUY WAS standing on the sidewalk beside Patterson Street, hunched over a map. He wore a road-race T-shirt, shorts and running shoes with black socks. He carried a backpack. On his head was one of those soft caps that older distance runners wear to keep the sun from burning through thinning hair.

"Welcome to Eugene," said a local runner, gliding

# City after dark

Going for the gold  
Two old warriors, Bob Richards and Andrzej Krzesinski, wage grand battle for gold medal in pole vault / 1E  
Australian posts first individual world age-group record in men's-70 division 10,000 meters / 5E

# to the Finnish



# Veterans organizers consider expansion

By SHANNON FEARS  
The Register-Guard

Organizers of the next World Veterans' Championships may have their hands full trying to accommodate the growing demand for events that fit all age groups and ability levels, as well as both genders.

35 and older. The competitors wrangled over such matters as whether to have a decathlon/heptathlon again, whether competitors should be allowed to enter as many events as they want and whether certain race distances — and distances between hurdles — should be shortened or lengthened.

# Distance aces take spotlight at games

By DAVE KAYFES  
The Register-Guard

Tom Jordan, the executive director of the World Veterans' Championships, was caught sitting on a bench near the bus stop behind the west grandstand of Hayward Field late Friday afternoon.

His tie was askew, and he had the look of a man who had just competed in his last event in the track and field games for men over 40 and women over 35.

"Everyone has settled into a pattern," he said. "It's going well."

After a hectic first day on the track last Saturday, the meet has been rolling along on its own momentum to rave reviews by visiting athletes.

"There have been only two surprises," Jordan said. "How competitive everything is in every age division, and how much the community has been involved."

Friday was supposed to be a slow day at Hayward Field, but more than 2,500 spectators showed up for the finals of the women's 5,000 meters and heats of the 1,500 for men and women at Hayward Field.

field today. The marathon and relays conclude the competition Sunday morning. Closing ceremonies are set for 1 p.m. at Hayward.

# Athlete prevents suicide

By KIMBER WILLIAMS  
The Register-Guard

A New Zealand athlete found himself racing against the clock Friday morning when he came upon an attempted suicide in progress near Autzen Stadium and ran for help.

Ken Waugh of Auckland is credited by Eugene police with possibly saving the life of a 48-year-old Eugene man, who was taken to McKenzie-Willamette Hospital and later was released to the care of his family.

"It was a bit of a fluke," said Waugh, 53, who is in town for the World Veterans' Championships.



For many at the veterans' games, the camaraderie was worth more than any medal. Athletes pose for a group photo after the men's 70-74 200-meter dash.

# Athletes bid city a fond farewell

By HARRY ESTEVE  
The Register-Guard

After two weeks of saying "willkommen," "bienvenido," "bienvenue" and "welcome" to the World Veterans' Championships, it's time to say "adieu," "auf Wiedersehen," "arrivederci" and "adieu."

Goodbye and farewell, in other words.  
The 1989 games end today with the

They loved the competition, the organization was the "best ever," the people were "the friendliest," the shopping was "incredibly cheap" and they loved the countryside. Was there anything, anything at all, they didn't like?

"Woulda been nice to 'ave a bit more sun," Carol Bean, of Sussex, England, finally said after some prodding.

Bean, who was doing some last-minute shopping at Fifth Street Public Mar-



■ Former NCAA 1,500 champion loses a tooth but wins a race / 1E  
■ Aging athletes proved fitness and friendship were heart and soul of the games / 1F

# PROFILE

## Derek Turnbull: In a Class by Himself

"In our age group, there's Derek Turnbull and all the rest of us," said 64-year-old Jim O'Neil, long one of the standout masters runners in the world. "This guy gets my vote for outstanding masters runner of all time."

Turnbull, a 62-year-old farmer from Invercargill, New Zealand, had just finished competing in the U.S. nationals at San Diego July 20-23. His performances there included world 60-64 records of 2:12.62 for 800 and 4:29.11 for 1500, not to mention a near-record 16:46.31 for 5000.

"I'm telling you this guy is just an incredible athlete," O'Neil continued. "I've been with him for four days and I've been studying him. There's no way I can make any sense out of it. He doesn't stretch. He doesn't do any work on the track. Before the 5000 yesterday, he went to Seaworld and walked around in the boiling sun for four hours. Last night he stayed up till midnight, had three beers and a Drambouie, then he went out today and broke the world record in the 800. He's not like anybody I've ever met."

O'Neil forgot to mention that Turnbull ran the Anchorage and San Francisco Marathons (2:49 and 2:45) as "conditioners" before making his way down to San Diego.

"Maybe it's his laid-back attitude," O'Neil went on. "He just doesn't take it real seriously. I think some of us have a tendency to get too intense about our running. The toughest thing



New Zealand's Derek Turnbull sets a new world M60 800 record of 2:12.62 in the U.S. National Masters T&F Championships in San Diego. New Zealand's Frank Evans (2:16.82) is second. Photo by Gretchen Snyder

I do all day is running. But that's the easiest thing he does all day. He throws these sheep around all day. Running is just play for him."

Turnbull, as many long-time masters know, is no Johnny-Come-Lately on the running scene. In fact, he's been running for some 50 years. By the time this appears in print, he will no doubt have added four or five medals to his World Veterans Championship count of 17 gold and two silver. He has held numerous world records. Prior to setting those new ones in San Diego, he was still listed for 55-59 records of 2:06.6 at 800, 4:17.4 for 1500, and 33:08 for 10,000. A 2:38:46 marathon shortly after his 60th birthday is the fastest on record for anyone 60 and over.

Asked for the secret of his success, Turnbull, who carries 154 pounds on a 5-10 frame, replied in a down-under accent: "I'm not interested in aerobics or anaerobics. I don't know what my cholesterol level is. I don't care about stop watches and I don't care what my heart rate is. I just run for the fun of it, purely for the fun of it. I don't pay any attention to those scientific things. I follow no special diet. I just eat what's put in front of me. I tend to eat too much on the farm and really thrive on the fruit juices and other things we don't have much of when I come over here."

With performances like those in San Diego, one might assume that Turnbull put in some pretty hard training in the months before. "No, I didn't train that hard," he answered. "It's winter time back in New Zealand and I have a farm to take care of. To really get fit, I have to leave the farm and get into some summer races here. That's the only way I can get any speed workouts. It's impossible at home, all you're doing is running cross-country and an occasional road race or two.

"It's a long way to come, so my wife and I save up and sort of make a 10-week trip out of it. We leave the farm in the hands of my 21-year-old son. We visit friends here and there and get in races where I can. That way I can bring myself to something of a peak by the World Championships, something I could never do if I stayed at home until just before the race."

Turnbull's farm includes 3000 ewes, 500 younger sheep, 70 breeding cows,

and about 90 other cattle. "By December or January, I should have 5000 head on the place," he offered, "not an untypical farm, slightly bigger than the average roundabout, but somewhat typical."

Throughout the year, Turnbull runs around 40-50 miles a week, including a frequent Sunday run of 25-30 miles over the countryside. "I get together with some of the boys," he said. "We go off into the hills, away from the traffic, a bit of running water, just pleasant surroundings. We don't run for time. It's just a pleasant day out. It gives me a good foundation. In between I'll go out for 10 or 12 miles once or twice a week, sometimes just two or three. I have no particular system. Working the farm comes first. That's fairly physical work and keeps you fit and on the go all the time."

Turnbull added that he rarely trains on the track. "I hate track work and I live too far from a track. I can do the same thing on the road — run four poles and jog a couple, that sort of thing."

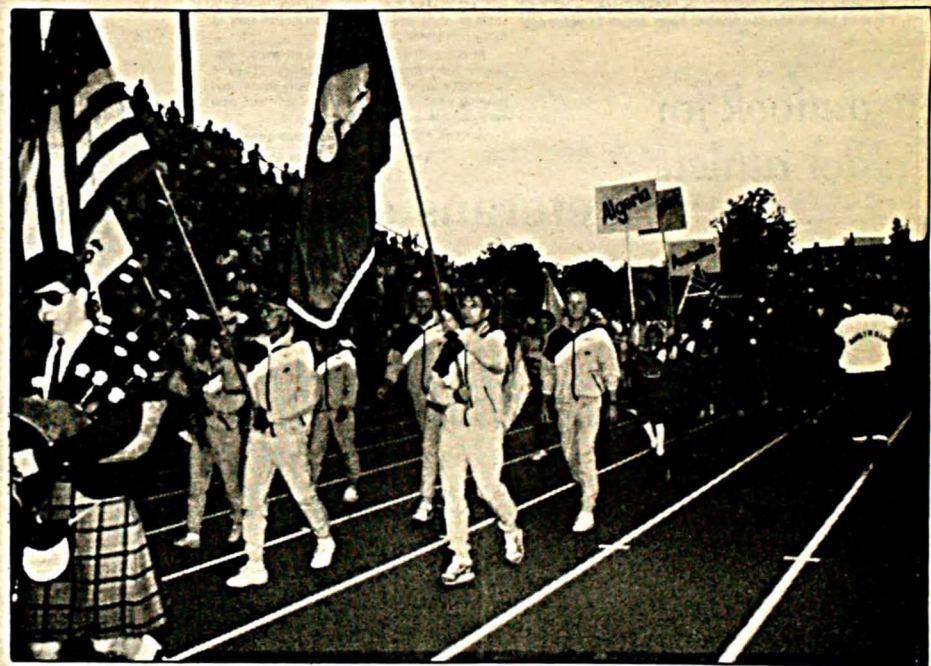
By today's standards, Turnbull's times 30-40 years ago are not especially impressive. "I got down pretty close to two minutes for the half, never broke it, though. My best mile was 4:23. And I ran 30 and a half for six miles. Those were about my best. In those days we didn't train that much. We used to race on the weekend and just fiddle around

during the week. It's a different world now. I quite believe the long, slow stuff you do now is a great foundation for running and is the major difference. I also firmly believe that fitness is half in the mind. You enjoy your training, enjoy what you're doing and you'll get results. Don't and you'll get boredom and no results."

Turnbull considers that 2:38:46 at the Adelaide (Australia) Festival Marathon two years ago as his best effort. "I know you can't compare marathon courses, one with another, but that one was a typical course, a few hills," he said. "Conditions were perfect. I had done a number of marathons in 2:41-2:42, around there, but I had never gone under 2:40. I did train a little extra for that one, I guess. Since no one else over 60 had gone under 2:40, I thought it would be a good time to do it."

But the 1500 is his favorite distance. "It's a combination of speed, tactics, and cunning. You have time to make a mistake, time to recover. The 5K is not too bad on the track, but the 10K, it's a real bore unless you're in a real interesting race with the lead changing hands."

It was time for Turnbull to start packing his bags for Eugene. "There's one other thing you can say about Derek," O'Neil ended. "Besides being an incredible runner, he's one hell of a nice guy." □ — Mike Tymn



A crowd of 10,000 greets the athletes at the opening ceremonies.

## 124 World Records Set in Eugene

Continued from page 47

Australia — put on quite a show. Peterson won the 100 (14.57 WR), 200 (30.15), long jump (8.21-26-11¼), and triple jump (50.00), while Brasher captured the 1500 (5:48.96), 5000 (20:51.63 WR), 10,000 (43:58.66 WR), cross-country (46:33) and marathon (3:39:16).

• Holland's Kirsten Hveem took the 80H (17.58) and heptathlon (4250), while Australia's Ann Cooper won the 400 (69.00) and 800 (2:52.66 WR).

• New York's Pat Peterson won the only

U.S. gold in this strong bracket with a 68.01 AR in the 300H.

• West Germany's Marianne Hamm established new world marks in the shot (10.89/35-8¼) and discus (32.68/107-3), while Cleveland's Bernice Holland pocketed a silver in the shot and bronzes in the discus and javelin.

• Two world W60 relay records were set in the 4x100 (Australia, 59.72) and 4x400 (West Germany, 5:21.91).

Continued on page 51



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## 124 World Records Set in Eugene

Continued from page 50

### W65

• West Germany's legendary Paula Schneiderhan awed the knowledgeable Eugene track fans with victories in the 100 (15.11), 200 (31.65 WR) and long jump (4.02/13-2¼), as did countryman Anna Mangler, with impressive wins in the 400 (73.71), 800 (3:03.10 WR), and 1500 (6:15.82).

• A new name — Rosamund Dashwood — came out of Canada to sweep the distance races: 5000 (22:24.61), 10,000 (46:54.87), 10K (46:17.3) and 10K XC (49:53).

Continued on page 52



In the first-ever World Veterans decathlon, M40 medalists Eugen Szczerkowski of Poland (left) and David Cowley of Great Britain (right) shake hands as winner Rex Harvey (USA, 7724 points) looks on.

## Finland Chosen to Host 1991 Championships

In a surprisingly close vote, the city of Turku, Finland won over Mulhoose, France for the right to host the 1991 WAVA World Veterans Athletics Championships.

Turku, a community of 160,000 on the southwest coast of Finland, won by a vote of 60-47 in the WAVA General Assembly of delegates from around the world at the Eugene Hilton on August 2. The event will be held on July 18-28, 1991.

The close vote was a surprise because the Turku delegation had been preparing its bid for more than a year, while the Mulhoose proposal was hastily put together at the 11th hour.

"We didn't even know Mulhoose was in the running until two weeks ago," said Irmeil Torsonen, director of Turku's city tourist office, who presented Turku's bid. "But I wasn't surprised by the vote. It's good to have more than one candidate."

Turku's presentation included a detailed breakdown of the criteria developed by the U.S. Masters 1989 Site-selection Committee:

### 1. Athletic Venues

The primary track in the Sports Park of Turku is an 8-lane, Spurtan-surface; completely renewed in 1988, with a computerized scoreboard, 4073 roofed seats, and 13,000 standing places.

The secondary track at the Kaarina Central Sports Park is a 6-lane, Spurtan surface, about 6K (10 minutes) from the main field. A possible third track at the Raisio Central Sports Field is a 6-lane (8 lanes for 100) Novotan surface.

The courses for the marathon, 10K road race, cross-country and 20K racewalk, have been used for Finnish Championships. There are no lights needed in Finland in July.

### 2. Weather

In the past five years, the daily July temperatures in Turku averaged 18.9 (66°F) maximum and 12.4 (54°F) minimum. There is less rain than in England, Holland and Belgium.

### 3. East of Access to Host City

Finnair has direct flights to Finland from many countries. There are direct flights to Turku from many European cities.

### 4. Proximity to Vacation Areas

Turku is the oldest city in Finland, dating to 1280. The region is full of history, to be found in the unique archipelago along the coast. Helsinki is 100 miles (160K) from Turku. Ten excursions start from Turku; the city tour is in Finnish, Swedish and English. There are summer theaters, outdoor concerts and sports events. Tours can be booked to Leningrad, Moscow or Lapland.

### 5. Raising of Funds

Funds will consist of governmental and municipal contributions and corporate sponsors. The tracks are free.

### 6. Officials and Marshals

The 1989 Finnish Track and Field Championships were held in Turku, thus about 300 officials have been trained. Many officiated at the 1983 World T&F Championships in Helsinki.

### 7. Housing

Beds for 7000 visitors are available

## Cushen Re-elected WAVA Women's Rep

Bridget Cushen of Great Britain was re-elected as the WAVA Women's Representative over Helen Searle of Australia and Sandy Pashkin of the USA at the WAVA Women's Committee Meeting at the Eugene Hilton on August 1.

The women expressed their support for medal standards (which were endorsed the following day, 60-35, by the General Assembly).

The group approved, 23-0 (with five abstentions from the U.S.), keeping the 10K walk rather than switching to 20K. □

in the hotels and motels in the Turku area. Prices: Luxury \$75; moderate \$45; economy \$25. About 2000 beds are in nearby schools, and 500 vehicles (1500 campers) can use a camping ground, 10K from the city center. Headquarters hotel: Hotel Marina Palace, 5-star, 0.5K from the Sports Park.

### 8. Transport

No free shuttle service was promised, but Turku has a good municipal bus service.

### 9. Computer, TV, Results and Awards

A new computer center can handle entries, heats, seedings and results. The four scoreboards automatically show the athlete's name, number, result and seeding after the event.

For a personal look at Turku, see Hal Higdon's comments in this month's Speaker's Corner on page 52. □

### World Masters Relay Records (as of July, 1989)

400m	40-49	43.1	US	(Dennis, Smith, Segal, Miller)	6- 7-80
	50-59	45.47	US	(Dennis, Colbert, Miller, Newton)	12- 6-87
	60-69	49.09	WG	(Mirkes, Selzer, Kleimann, Schlegel)	12- 6-87
	70-79	55.07	US	(Miller, Castro, Weinacht, Jordan)	12- 6-87
	80-89	77.37	US	(Lum, Crane, Hosack, Pitcher)	8-25-85
800m	40-49	1:30.6	US	(Brooks, Knocke, Whitley, Duffy)	7-28-86
	50-59	1:43.4	US	(Stolpe, Beadle, Harte, Cheek)	8-16-80
		p1:39.8	US	( )	10- 1-83
	60-69	2:09.5	US	(Poloynis, Mercurio, Burke, Miller)	5-15-82
		p1:50.0	GB	( )	10- 1-83
	70-79	2:03.21	US	(Jordan, Weinacht, Castro, Miller)	12- 6-87
1600m	40-49	3:23.8	SAF	(Grujic, Burger, Mathe, L. Hacker)	8- 2-79
	50-59	3:37.00	US	(Mathis, Johnson, Baker, Colbert)	12- 6-87
	60-69	3:59.19	WG	(Mirkes, Selzer, Kreener, Klacks)	12- 6-87
	70-79	4:38.39	US	(Buckley, Fairbank, Jordan, Weinacht)	12- 6-87
	80-89	7:34.9	US	(Lum, Spangler, Hosack, Pitcher)	8-24-85
3200m	40-49	8:00.2	US	(Mason, Franklin, Thomas, Romaine)	7- 7-84
	50-59	9:13.5	US	(Bryant, Sturak, Atkinson, Fitzgerald)	8- 7-82
	60-69	10:52.54	US	(Siefert, English, Johnson, Taylor)	8- 6-88
	70-79	13:33.0	US	(Hills, Espy, Wang, Bigelow)	10- 1-83
	sprt med	40-49	3:36.1m	US	(Knocke, Edens, Smith, Cohen)
50-59		4:04.1	US	(Cole, Green, Chernock, Johnson)	6-19-80
70-79		6:41.4i	US	(Siringer, Mloten, Hosack, Fike)	1- 9-83
dist med	40-49	10:40.0	US	(Mason, Romain, Thomas, Franklin)	2-23-85
	50-59	12:24.6	US	(Stayton, Talley, Widener, Coffee)	8-28-82

p = pending  
i = indoor performance

note: the 3200m, sprint medley and distance medley marks are unofficial best marks known to date

Compiled by Pete Mundle, WAVA T&F Records Chairman

## NOW AVAILABLE Masters Age-Records 1989

Compiled by WAVA and TAC Masters T&F Records Chairman Pete Mundle with Don Henry, Shirley Dietderich, Gordon Wallace and Alan Wood.

- Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Oct. 31, 1988.
- U.S. Age bests for Men & Women for all race-walking events, age 40 and up, as of Oct. 31, 1988.
- Men's U.S. Masters Indoor & Outdoor Championship Records.
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## The Lure of Turku

**A**s I look forward to the next World Veterans' Championships in Turku, Finland, the good news is that I turn 60 only one month before that event in July, 1991.

The bad news is that I move into Derek Turnbull's division!

It's hard to escape Turnbull if you're M60. He ran seven events at the recently completed meet in Eugene from 800 to the marathon and only got beat in one: the 5,000, when he went out too fast and got caught by Italy's Cesare Bini.

Nevertheless, the lure of Turku is so great that even the specter of Turnbull will not scare me away.

It will be my second trip to Turku as an athlete. In 1956, I toured Finland with an A.A.U. team. One of the meets we ran was in Turku, a city of about 100,000. After Turku achieved selection as site for the 1991 Championships, one Eugene columnist identified the city as being "outside of Helsinki." That's like saying that Boston is outside of New York.

Actually, Turku is on Finland's West Coast, across the Gulf of Bothnia from Stockholm. At one point in time, Sweden occupied Turku, thus its secondary Swedish name: Abo. I recall Turku-Abo as bilingual, with a large Swedish population, thus more cosmopolitan than Helsinki, which is relentlessly Finn.

I ran two races on successive days, placing third in both 3,000 and 3,000 meter steeplechase. In the former, I was outkicked in a final sprint by Paavo Nurmi's son, not as good as his famous father, but good enough to beat a touring American. A nude running statue of "The Flying Finn" stands outside the stadium where we will run in 1991.

Tracks mostly were cinder back in the 50s; at that time Turku's was considered the world's fastest, following world records on it by Mal Whitfield (880), Emil Zatopek (10,000), and John Landy (1500, mile). Supposedly, Turku's track was imbued with its own form of *sisu*, the spirit found in the saunas that makes Finns such good distance runners.

Following my steeplechase on an evening chillingly cold in September, I sprinted into the sauna next to the track. It was my first experience in a nude, co-educational sauna. I don't know if that sauna remains, but if so, I

invite the veterans of the world to join me and Paavo's statue for a game of "Show and Tell."

The Championship's in Eugene were so well organized, so well attended, so well publicized locally, that there was a tendency to overreact, to suggest that the experience was unique, that the World Vets would never again have it so good, that Eugene had set a standard never to be equalled.

I don't agree. Nothing against the show put on by Tom, Barbara and their many volunteers, but I expect Turku to be still better. After all, we set world records expecting them to be broken.

Turku has in common with Eugene many of the same factors that made the Oregon city such a perfect place to hold our biannual championships.

First, Turku is a small city, about the same size as Eugene. Its intimate proportions similarly will make the arrival of 5,000 competitors a momentous event. In this respect, the Vets are better off running in Turku than in Helsinki with its Olympic stadium.

Second, Finland is a country that appreciates athletics (meaning track and field) more than any other sport. Track is number one; the Finns know and love the sport. Javelin throwers and distance runners are looked upon in particularly high regard.

Third, Turku is a city once in the mainstream of world track, now in the sport's backwaters. I note sadly that the last world record set in Turku was Ron Clarke's 10,000 mark from 1960. With the advent of rubber tracks, anybody can buy a fast track these days; you don't need *sisu*. I also suspect that Turku no longer can afford the high appearance fees now demanded by elite athletes.

This works to our advantage, since I expect that the people of Turku will welcome world-class veterans with open arms. The Sports Park of Turku seats 4,073 people under its roofed stand with room for 13,000 standing around the track. You heard it here first: I expect to see that stadium jammed with spectators on many — if not all — the nights of competition.

Expect the Finnish Vets, particularly

the distance runners, to be particularly tough. They probably have already started their two-year training programs. Even Derek Turnbull may have his hands full.

And maybe I'll get a chance to race

again with Paavo Nurmi's son. □

*Hal Higdon, Senior Writer for Runner's World, struggled home 12th and 13th in two races in Eugene. He promises to do better in Turku.*

## 124 World Records Set in Eugene

Continued from page 51

- Other double winners were Australians Gwen Davidson (HJ 1.12/3-8 and TJ 7:37/24-2½), and Betty Newman (5K walk, 31:24, and 10K walk, 1:03:25).

- Four American women won bronze medals in this foreign-dominated division.

### W70

- Pat Dixon came over the mountains from her Bend, Oregon home to amaze the crowd with two world records in the 5000 (24:52.83) and 10,000 (50:28.33), plus two more victories in the 10K road race (50:29.7) and cross-country (55:54).

- Sweden's Britta Tibbling also won four: 800 (3:14.90 WR), 1500 (6:49.27), 5K-walk (30:32), and 10K walk (62:08).

- New Zealand's Rosaline Sole captured the LJ (2.62/8-7), TJ (5.77/18-11) and 80H (24.44 WR), and won three silvers in the sprints.

- Oregon's Marie Stafford impressed by winning the 200 (38.54) and 400 (87.24), and running second to Tibbling in the 800 and 1500.

- West Germany's Annchen Reile garnered the shot, discus and hammer, while Ohio's Mary Bowmaster took the high jump (1.04/3-5).

### W75

- West Germany dominated this division with Johanna Gelbrich and Johanna Luther dividing 11 gold medals between them. Gelbrich took the 100 (18.46), 200 (38.65), shot, discus and javelin; while Luther won six: 800 (3:32.98 WR), 1500 (7:09.72 WR), 5000 (27:43.59 WR), 10,000 (53:20.52 WR), 10K (54:14) and cross-country (58:02).

- Australia's Ruth Frith took the long jump and hammer, while France's Francine Bonmans won both walks.

- Colorado's Polly Clarke took the 400 (98.48) and added silvers in the 100 and 200, while California's Edith Mendyka won the triple jump (3.92/12-10¼).



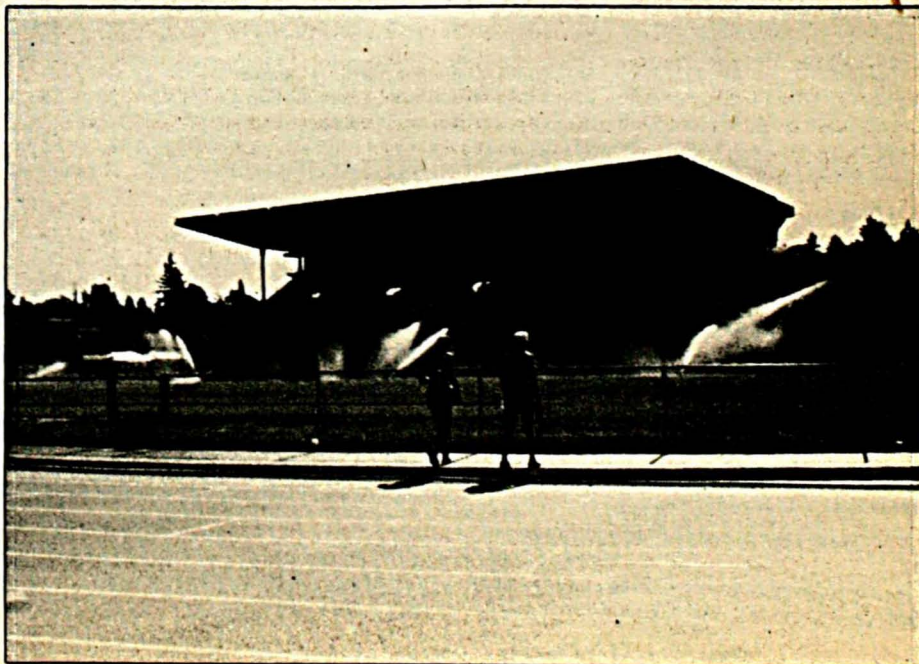
Kenya's Wilson Waigwa after setting a new world 40-and-over record of 3:49.47 in the 1500 in Eugene.

### W80

- West Germany's Bertha Hielscher set five world marks in the 100 (20.93), 200 (45.27), 800 (4:18.12), HJ (.88/2-10½), and LJ (2.00/6-6¼) and won a sixth gold in the 5000 (32:41).

- San Diego's Marilla Salisbury won both walks, and took silver medals behind Hielscher in the 100, 200 and 800. □

— Al Sheahan



Sunday night. It's all over. See you in Turku.

VIII WORLD VETERANS CHAMPIONSHIPS — EUGENE, USA — JULY 27 TO AUGUST 6, 1989

Table with columns for race name (e.g., 100 M DASH), country, and time. Includes entries like 1 HART EDWARD USA 10.87, 2 WHITLEY STAN USA 11.04, etc.

Table with columns for race name, country, and time. Includes entries like 1 WANG CHING-CHANG TPE 23.15, 2 SALONEN MIKKO FIN 28.41, etc.

Table with columns for race name, country, and time. Includes entries like 1 HART EDWARD USA 21.74, 2 RAY CLARENCE B. USA 22.29, etc.

Table with columns for race name, country, and time. Includes entries like 1 WANG CHING-CHANG TPE 52.21, 2 KIRK HERBERT S. USA 52.33, etc.

Table with columns for race name, country, and time. Includes entries like 1 KING JAMES USA 48.44, 2 WHITLEY STAN USA 48.87, etc.

Table with columns for race name, country, and time. Includes entries like 1 MC ARDLE CHRISTINE AUS 58.70, 2 MALPOLE JACQUELINE GBR 59.75, etc.



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Table of race results for 800 M RUN, 1500 M RUN, and 5000 M RUN categories, listing names, countries, and times.

Table of race results for 1500 M RUN, 5000 M RUN, and 10,000 M RUN categories, listing names, countries, and times.

Table of race results for 1500 M RUN, 5000 M RUN, and 10,000 M RUN categories, listing names, countries, and times.

Table of race results for 1500 M RUN, 5000 M RUN, and 10,000 M RUN categories, listing names, countries, and times.

Table of race results for 5000 M RUN, 10,000 M RUN, and 15,000 M RUN categories, listing names, countries, and times.

Table of race results for 10,000 M RUN, 15,000 M RUN, and 20,000 M RUN categories, listing names, countries, and times.





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Table listing results for High Jump, Pole Vault, and Long Jump events with athlete names, countries, and scores.

Table listing results for Pole Vault, Long Jump, and Triple Jump events with athlete names, countries, and scores.

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Table listing results for Long Jump, Triple Jump, and Shot Put events with athlete names, countries, and scores.

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Table listing results for Triple Jump, Shot Put, and Pole Vault events with athlete names, countries, and scores.

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Table with 2 columns: Name and Time. Includes entries like MILLER CHRISTEL USA 31.80, WILLIAMS EWALD GBR 31.28, etc.

Table with 2 columns: Name and Time. Includes entries like ROPER ALAN GBR 30:43.40, JONES PETER GBR 30:49.00, etc.

Table with 2 columns: Name and Time. Includes entries like ROBERTSON RON NZL 30:53.80, PRESLAND LES GBR 31:29.00, etc.

Table with 2 columns: Name and Time. Includes entries like GREEN NORMAN USA 33:09.50, VICENTE FRANCISCO POR 34:29.20, etc.

Table with 2 columns: Name and Time. Includes entries like TURNBULL DEREK NZL 34:38.30, BINI CESARE ITA 34:55.70, etc.

Table with 2 columns: Name and Time. Includes entries like STABLER EDWARD USA 36:06.10, SMITH ROSS USA 36:26.60, etc.

Table with 2 columns: Name and Time. Includes entries like SAHJELSSON GEORG SWE 39:18.30, WALENTA MATHIAS FRG 39:21.70, etc.

Table with 2 columns: Name and Time. Includes entries like GILMOUR JOHN AUS 39:09.80, NASI PIETRO ITA 41:32.90, etc.

Table with 2 columns: Name and Time. Includes entries like FUNK ALFRED USA 44:49.30, HEALY DUDLEY USA 46:23.60, etc.

Table with 2 columns: Name and Time. Includes entries like BENHAM ED USA 45:20.30, SHINE MEL USA 50:39.80, etc.

Table with 2 columns: Name and Time. Includes entries like ALTHAUS ALFRED FRG 60:01.10, SPANGLER PAUL E. USA 77:35.20, etc.

Table with 2 columns: Name and Time. Includes entries like CARDY-WISE BRONMEN GBR 34:00.60, DOMLING EMILY IRL 35:55.20, etc.

Table with 2 columns: Name and Time. Includes entries like MCLAREN NANCY CAN 37:10.50, HOLMES D JANE GBR 37:30.00, etc.

Table with 2 columns: Name and Time. Includes entries like MASON SHIRLEY USA 36:17.00, WHITE TUNAL SIRI NOR 39:11.90, etc.

Table with 2 columns: Name and Time. Includes entries like SOGSTAD INGRID NOR 43:42.00, BRASHER SHIRLEY AUS 44:09.60, etc.

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Table with 2 columns: Name and Time. Includes entries like DASHWOOD ROSALIND CAN 46:17.30, CAMERON HAZEL CAN 49:04.70, etc.

Table with 2 columns: Name and Time. Includes entries like DIXON PAT USA 50:29.70, WILLIAMS ALGENE USA 52:42.60, etc.

Table with 2 columns: Name and Time. Includes entries like LUTHER JOHANNA-FRIDFRG 54:14.70, MEHL PEARL USA 65:53.20, etc.

Table with 2 columns: Name and Time. Includes entries like VAN NOTEN OMER BEL 33:06, HAND GARRICK AUS 33:28, etc.

Table with 2 columns: Name and Time. Includes entries like ROBERTSON RON NZL 33:12, HEFFERNAN MICHAEL USA 33:49, etc.

Table with 2 columns: Name and Time. Includes entries like VAN ONSELEN JEAN BEL 36:25, HATTON RAYMOND USA 36:33, etc.

Table with 2 columns: Name and Time. Includes entries like TURNBULL DEREK NZL 38:17, BINI CESARE ITA 38:20, etc.

Table with 2 columns: Name and Time. Includes entries like SAHJELSSON GEORG SWE 41:58, WALENTA MATHIAS FRG 42:10, etc.

Table with 2 columns: Name and Time. Includes entries like GILMOUR JOHN AUS 42:04, STALE TORSTEN SWE 48:03, etc.

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Table with 2 columns: Name and Time. Includes entries like ELLEN LUCIEN SUI 50:57, BRAUNER JOSEF FRG 53:21, etc.

Table with 2 columns: Name and Time. Includes entries like NIELSEN LAGRAND USA 1:11:55, RASCHKE MAX FRG 1:37:28, etc.

Table with 2 columns: Name and Time. Includes entries like CARDY-WISE BRONMEN GBR 37:31, DOMLING EMILY IRL 38:22, etc.

Table with 2 columns: Name and Time. Includes entries like JAGER HILMA FRG 42:21, PELL EVE USA 43:26, etc.

Table with 2 columns: Name and Time. Includes entries like IRVINE MARION USA 43:51, NARANJO JIMENEZ M ESP 47:33, etc.

Table with 2 columns: Name and Time. Includes entries like BRASHER SHIRLEY AUS 46:33, SOGSTAD INGRID NOR 47:39, etc.

Table with 2 columns: Name and Time. Includes entries like DASHWOOD ROSALIND CAN 49:53, HANAKOVA MARIE TCH 58:14, etc.

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Table with 2 columns: Name and Time. Includes entries like PABON ALVAREZ MARIOL 2:28:57, HAND GARRICK AUS 2:30:00, etc.

Table with 2 columns: Name and Time. Includes entries like SMITH FRANK AUS 2:34:17, SHERIDAN DAVID J. CAN 2:36:01, etc.

Table with 2 columns: Name and Time. Includes entries like LOZADA GONZALEZ ELOHIX 2:29:46, WEATHERLEY JOHN NZL 2:38:21, etc.

Table with 2 columns: Name and Time. Includes entries like VAN NUFFELEN GERAROBEL 2:40:08, WEBSTER LARY USA 2:43:22, etc.

Table with 2 columns: Name and Time. Includes entries like TURNBULL DEREK NZL 2:46:42, STABLER EDWARD USA 2:50:23, etc.

Table with 2 columns: Name and Time. Includes entries like BERTON JEAN-CLAUDE FRA 22:01, WHITE GEORGE AUS 22:06, etc.

Table with 2 columns: Name and Time. Includes entries like ZSCHIESCHE DIETER FRG 22:32, FIALA JAROSLAV TCH 23:51, etc.

Table with 2 columns: Name and Time. Includes entries like GREEN MAX USA 25:15, MARQUIS LOUIS SUI 25:17, etc.

Table with 2 columns: Name and Time. Includes entries like CHAPMAN WILLIAM GBR 6:58:29, NEWETT SANDRA BER 2:43:31, etc.

Table with 2 columns: Name and Time. Includes entries like STENBAK MARIANN NOR 2:54:50, THODEY ELIZABETH JONZL 3:04:21, etc.

Table with 2 columns: Name and Time. Includes entries like WELLS NANCY CAN 3:08:43, CALVIN CYNIC USA 3:09:10, etc.

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# WHO SAYS ALL GOOD THINGS MUST COME TO AN END.

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