



The official world and U.S. publication for Masters track & field, long distance running and race walking.

145th Issue

September, 1990

\$2.25

Nationals Draw 1090 to Indianapolis

12 World and 14 U.S. Records Set; Soviets Compete

A total of 1090 athletes, age-30-and-over, took part in the 23rd Annual TAC/USA National Masters Track and Field Championships on August 2-5 in Indianapolis.

The number was the second largest ever for a U.S. masters meet, surpassed only by the record 1450 who came to San Diego last year.

For the first time ever in a U.S. masters meet, four athletes from the Soviet Union participated.

Also on hand was Dwight Stones, 1976 Olympian and TV commentator, who set a new American high jump record of 6-11 $\frac{3}{4}$ for men 35-39.

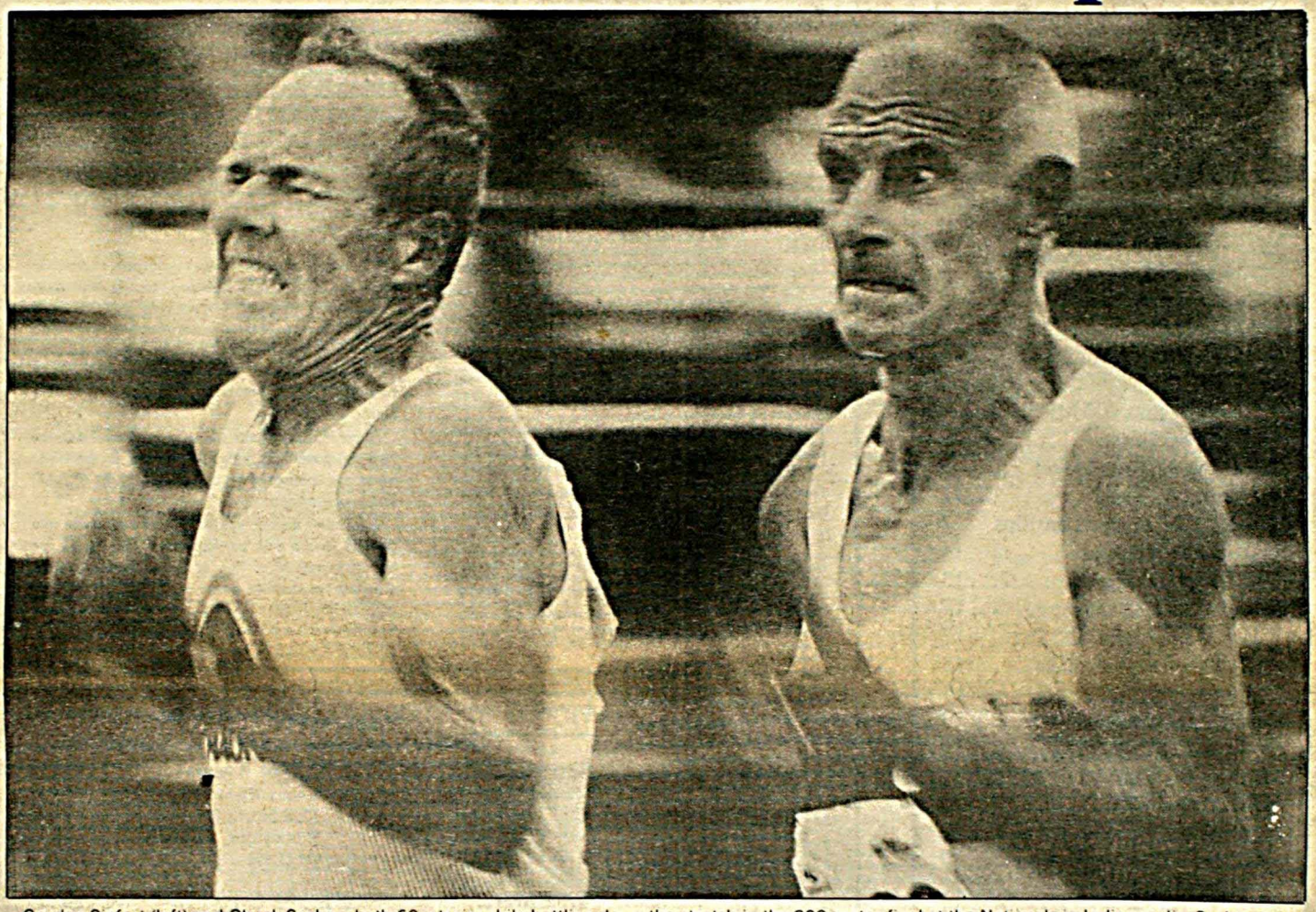
The meet was held at the first-class facility at the University of Indiana — only a mile from downtown Indianapolis. While there were several administrative problems, most athletes heaped praise on the outstanding officiating crew, headed by TAC's Charlie Ruter.

The quality of the competition was high, as usual, with 12 world and an additional 14 U.S. age-group records bettered.

Colorado's Polly Clarke, 80, set two world records in the women's 80-84 bracket in the 400 (1:40.45) and 5K walk (38:23), and had two potential world marks in the 100 (18.10) and 200 (39.78) nullified by a trailing wind.

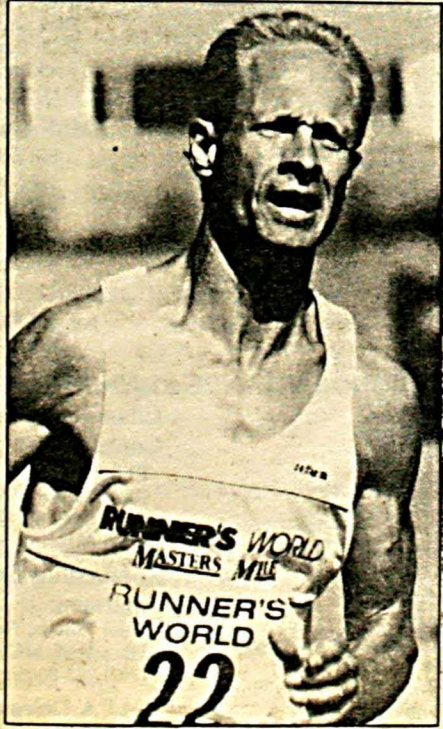
Three other 5K walk world marks were set by Viisha Sedlak (W40, 24:38), Jo Ann Nedelco (W45, 25:10), and Millie Crews (W75, 38:21). Other WRs were set by Sheila Evans (W75 TJ), Ben Fox (M85 DT), Win McFadden (M85 TJ), Eugene Keller (M75 Steeple), Charles Espy (M80 Steeple), Charley Miller (M50 100H), and the W40 Club Sota 4 x 800 relay squad.

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Gordon Siefert (left) and Chuck Sochor, both 62, strain while battling down the stretch in the 800-meter final at the Nationals in Indianapolis. Sochor held off Siefert, 2:24.45 to 2:24.67, to win the U.S. gold medal. Photo by John Warner/Indianapolis Star

Almberg Runs 4:06.70 Mile in New York; Waigwa, Sparks Set World Marks



Larry Almberg Photo by Victah Sailer/Agence Shot

by HAIG BOHIGIAN
The most exciting come-from-behind victory in the New York Games on July 29 came in the *Runner's World* Masters Mile.

In a classic homestretch drive at Columbia University's Baker's Field, Larry Almberg, 43, of Ellensburg, Wash., capped a blazing 60-second last lap to overtake Kenya's Wilson Waigwa, 41, to win in a new U.S. masters record of 4:06.70.

Waigwa, last year's winner and world masters mile record-holder at 4:05.39, led Almberg by 30 yards entering the third lap. But Almberg flew by in the final 20 yards with a sprinter's surge that brought the 12,500 spectators roaring to their feet in total amazement. Waigwa finished in 4:07.36.

Runners were officially timed at the 1500 mark, where Waigwa clocked 3:49.21, lowering his own WR of 3:49.47, which he set in winning the world 1500 last year in Eugene. Almberg came by the 1500 in 3:50.43, over two seconds under his U.S. M40 mark of 3:53.18, also set in Eugene.

The race drew a world-class field, as Dan Frye, 43, of Falmouth, Mass., the 1500 bronze medalist in Eugene, placed third in 4:16.16. Nolan Smith, 41, of Pasadena, Calif., was fourth in 4:16.63, followed by Florida's Byron Dyce (4:17.08), Cleveland's Ken Sparks (4:17.14), Pennsylvania's John Serrao (4:21.75), and New Jersey's Harry Nolan (4:32.25). Rob Jackson, 40, acted as a rabbit and took the other runners through a 60.8 400 and 2:03.6 800 before dropping out.

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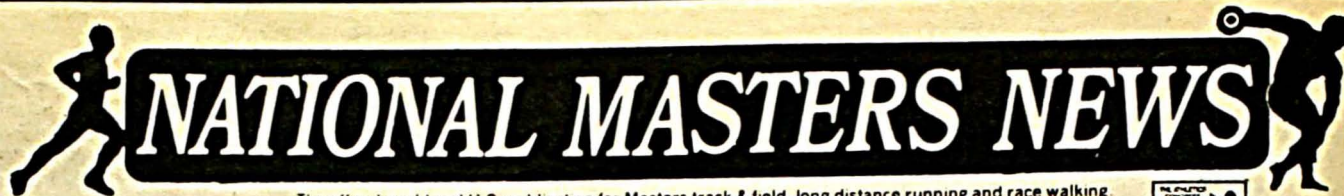
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The National Masters News is devoted exclusively to track & field, long distance running, and racewalking for men and women over age 30. Each month it delivers 24 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competition.

Some masters events are sponsored by TAC, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to ages 40+, 50+ or 55+; (please check the schedule for details). Some events require advance registration. Some require a current TAC card (\$7 to \$11 per year, depending on the region). To inquire about a TAC card, call The Athletics Congress in

your area, or 317/261-0500. There are no qualifying standards for any masters athletics event.

NMN welcomes contributions — results, schedule info, photos, letters, articles, and opinions. Manuscripts should be typed, double-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is desired.

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Nationals Draw 1090 to Indianapolis

Continued from page 1

Competition was available in 28 five-year age divisions for men and women from 30-34 to 95+, with gold, silver and bronze national championship medals awarded to the top three



Mary Norckauer, 65, of Baton Rouge, La., who took seven firsts at the Nationals.

Photo by Jerry Wojcik

Americans in each group. Per TAC masters rules, non-U.S. citizens who placed in the top three received a separate, distinctive medal.

A highlight of the four-day event was the special National Masters News \$400 age-handicapped 100-meter dash. Each division winner of the 100m finals was invited to participate. Using the WAVA/NMN age-graded tables, each runner was given a distance handicap, based on age.

In the women's race, Phil Raschker, 43, overtook Clarke, Marilyn Mitchell, 47, and Isabel Saumier, 76, and held off Donnis Drumgole, 39, to win in 11.0. In the men's contest, Bill Collins, 39, was the "champion of champions" for the second year in a row with a 10.3 win over Hugo Harstenstein, 55, and Clarence Ray, 45.

The weather was warm to hot, with the usual midwestern humidity. Two one-hour rain delays marred Saturday's competition.

The top gold-medal winners were Paul Spangler, 91, and Mary Norckauer, 65, with seven each. Winning six were Byron Fike, M80; Becky Sisley, W50; Marilla Salisbury, W80; Mary Bowermaster, W70; and Raschker. Collecting five golds were John Alexander, M70; Christel Miller, W55; Eugene Keller, M75; Pearl Mehl, W75; and Jo Sullivan, W65.

Larry Alberg, 43, coming off his sensational record 4:06.70 mile (and

Alexander Wins National Pentathlon

John Alexander, 70, of McCamey, Texas was the top point-getter in the TAC/USA National Masters Pentathlon Championships held in conjunction with the National T&F Championships in Indianapolis on August 2.

Alexander scored 4000 points in the five events to narrowly edge national decathlon champion Gary Miller (M50,

3983) by only 17 points. Boo Morcom (M65, 3569) was third overall, followed by Bill Carter (M65, 3537), Christel Miller (W55, 3486), and Rex Harvey (M40, 3471).

Scoring was compiled using WAVA age-graded factors, which produces scores that directly compare to regular open-competition scores. □

Alberg Runs 4:06 Mile in New York

Continued from page 1

Sparks, 45, broke the world M45 record for 1500 with a 3:59.24, lowering the mark of 4:01.47, set by New Zealand's David Sirl at the VII WAVA World Veterans Championships in Melbourne in 1987. Sparks just missed Sirl's M45 mile WR of 4:16.75.

Marc Bloom, coordinator of the *Runner's World* Masters Mile series said: "It was a sensational race. The crowd loved it. Alberg won three of the five RW Masters Mile races this year."

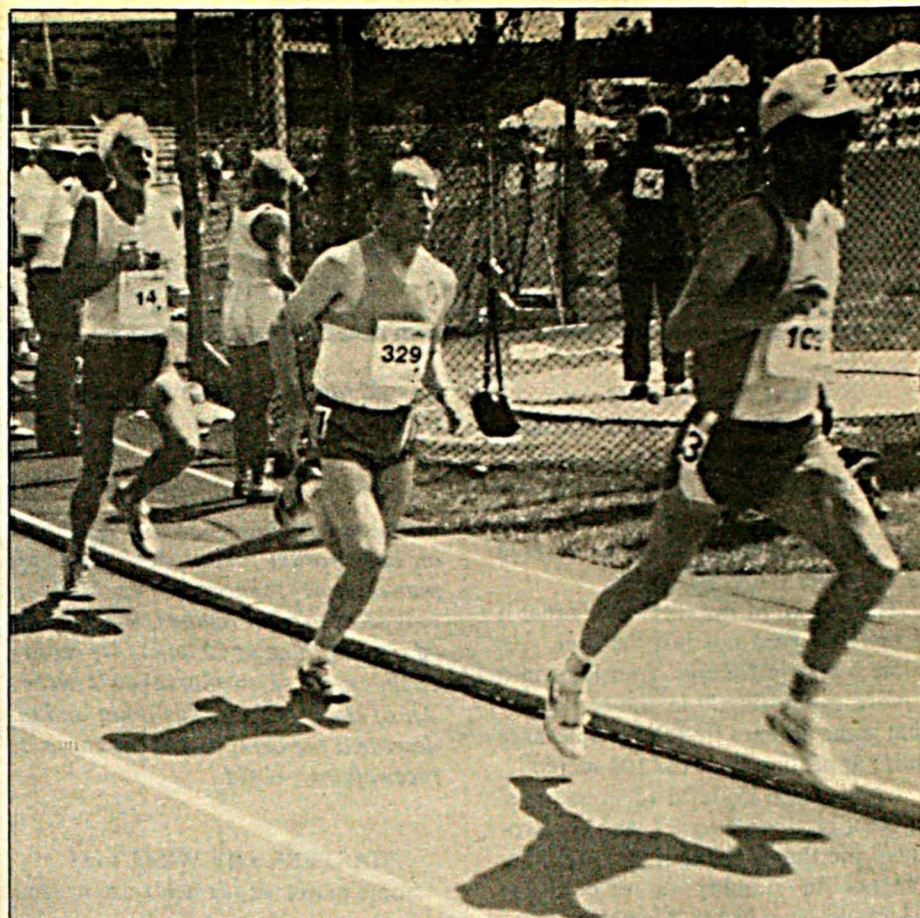
TV commentator Dwight Stones said the masters T&F program "has a great future that will continue to improve as more of the top athletes enter into the masters ranks." He jokingly added: "Besides, it won't be long before I

enter into some masters competitions, myself, and they sure better cover them."

As exciting as the masters mile was, the masters 4x800 relay held earlier in the day at TAC's Open East Zone Championships was even more impressive. Nine teams competed from five different clubs.

And what performances! The New York Pioneer Club attempted to better the U.S. masters record of 8:11.02, set by the West Valley TC at the Nationals in New York in 1986.

With the crowd on its feet cheering wildly, they came within 1.7 seconds (Steve Keyes, 41, 2:00.1; Salith Talib, 45, 2:03.7; Don Hodge, 40, 2:06.3; Rob Jackson, 40, 2:02.42) in 8:12.63. □



Dan Conway, first M50 (4:19.94) in the 1500, leads Des O'Rourke (329), third in 4:33.75, and Dan McCormack, fourth in 4:35.36, at the Nationals.

Photo by Jerry Wojcik

3:50.43 1500) in the New York Games the week before, won the M40 800 (1:55.89) and 1500 (3:58.07) over very competitive fields.

Some of the top performances, by division, were:

M30-34

Of the 21 events, only one man was able to win two in this rugged division — Ed

Williams, who took the 100 (11.05) and 110H (14.32). J. Smith took the 200 (22.59) and Michael McDowell edged Ben James in the 400, 49.56 to 49.80.

Jeanglan Ruleau (1:57.33) nipped Gary Perry in the 800, but Perry got even in the 1500 (4:01.25).

Leo Williams won the HJ (2.21/7-3), Jason Grimes took the LJ (7.35/24-1¼)

Continued on page 15

Gary and Christel Miller Win National Decathlon/Heptathlon

The amazing husband-and-wife duo of Gary and Christel Miller were the top male and female point-getters in the 19th Annual TAC/USA National Masters Decathlon/Heptathlon in Tacoma, Wash., July 14-15.

Forty-four men and four women — a total of 48, one more than last year — showed up. Awards were presented, as always, in the normal five-year age groups. But, for the second time, the WAVA age-factor tables were used. In addition to all competitors being able to compare their scores, individuals could compare their results to their own past performances. The age-factors produce scores that directly compare to regular open-competition scores.

Gary Miller, 52, of Glendale, Calif. scored 7493 age-factored points to win the overall men's competition. Christel Miller, 55, tallied 5129 points to win the women's title.

Gary, the world veterans overall decathlon champion (8048 points) last year in Eugene, was consistent across the board, ranging from a high of 862

points for his 18-5½ long jump to 685 points for his 119-6½ discus throw.

Christel's best event was the javelin, where her throw of 100-2 gave her 880 age-factored points.

Defending overall champion Phil Mulkey, 57, of Atlanta, won his M55-59 division, but settled for third overall with 6903 points, compared to his 7806 last year.

"I was hurting," said the national spokesman for the Senior Olympics and one-time open decathlon world record-holder.

Mike Hill, 39, was second to Miller with 7383 points. Boo Morcom, 69, was fourth (6866), followed by Rex Harvey (44, 6827), Buck Bradberry (63, 6763), Eddie Fye (30, 6557), and Dan Bulkley (73, 6471).

Phil Raschker, 43, was the women's runner-up with 4625 points. Betty Vosburgh, 59, had 4499 and Becky Sisley, 51, scored 4355.

"I'm proud of the women who came," said Christel. "They performed very well."

Mark Salzman was the meet director.



Address Letters to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

RACEWALKING

I read with amusement Kenneth Gorshkow's letter concerning racewalking (July NMN). He said the walking events should be dropped because the distance could be covered in a shorter time by running.

The appeal of the racewalk is that it is different and not just "slower." In some ways "different" translates into "more interesting," in the same way that some athletes find the steeplechase more appealing than the 100 meters.

I have been grateful to every meet director or "bureaucrat" who has provided me the opportunity to compete, whether in running or racewalking events. So should Mr. Gorshkow.

Jane Janousek
Murietta, California

If we follow Gorshkow's logic to its bitter end, we'll have only one event in any competition — the RUN.

Michael Woods
Gaithersburg, Maryland

I was shocked not only by Gorshkow's letter but that a letter would be published when it's obvious the author is totally ignorant of the sport of racewalking.

Gorshkow condemns restrictive events. By reading TAC's rule book, we find that most, if not all track and field events have restrictions. There's nothing stiff-legged about racewalking. It's a very fluid motion, even

though walkers exert great physical effort.

Bob Korn
Albany, Oregon

(As stated below, the letters column is an open forum for all viewpoints, no matter how "ignorant" an opinion may seem to some readers. We published parts of nine of 12 letters we received in response to Gorshkow's letter. All of them opposed his point and all described the benefits and pleasures of racewalking. — Ed.)

MASTERS T&F WISH LIST

Some major adjustments are needed in masters track and field if I am to continue to support the program.

I would like to see the "buy a medal" era ended. If competitors don't want to compete for the joy or thrill of competition, then they should take up another hobby or activity. It's ridiculous for persons to sign up for events just to receive a medal, knowing full well they can't make a credible account of themselves. Really, what kind of worth is put on an award which has no real value or significance?

I would like to see all meets age-graded so that age is no factor in winning all three medals for that event. This would cut out all the phony entries and give a little more integrity to the masters track and field scene.

At present, I'm very disillusioned

with the real merit or worth of masters competition under its current format. I will continue to compete in open or all-comers rather than spend a lot of money for the "thrill of nothing."

Larry Stuart
El Toro, California

PARKER WASN'T PUSHED

I'm writing in response to Hugh Adams' letter in your August issue concerning Don Parker being pushed off the track by a competitor in the 400 at the National Masters Indoor T&F Championships in Madison, WI.

I was in that race and saw everything quite clearly. In a break for the pole, Don tried to move past the other runner on the inside, but there wasn't enough room and he hit the rail. To keep his balance, Don put his hand on the other runner and peeled off to the right.

He wasn't pushed. It was just an unfortunate accident that happened in the heat of competition.

Dennis Duffy
Fresno, California

LACK OF DEPTH IN 10K

A little more depth in the results in the National 10K Championships (Salt Lake City, May 26) would have been nice. Many fine times went unrecognized because you only published the top five places in each division.

Gail Scott
Silver City, New Mexico

(We agree, and we try to publish all finishers in national masters championships. But we're at the mercy of the race directors. We can only print what we receive, which we did in this case. Please encourage major race directors to send us the complete results in a timely manner.—Ed.)

DROP PRE-REGISTRATION

The pre-registration requirement in masters events should be dropped. I know organizing a meet is more work than any sane human should want to undertake. But why do we have to do all this work?

Instead of computer technology and paperwork that needs to be prepared in advance, use a clipboard. Let the athletes sign up at the clipboard if they want to run an event. Charge a fee by the number of events run — sell a label for each event. It works. In the pre-

12 Join NMN Sustainers

Each month NMN publishes a list of "sustainers," those who help the National Masters News and the masters athletics program by making contributions. These extra funds allow us to publish more photos, deeper results, an in-depth schedule section, and more.

Special thanks this month goes to Frank Marshall of Encino, Calif. who generously donated \$100.

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organized meets I've seen, there are almost as many changes as there are proper entries.

For example, this year's Western Sectional meet was a organizational nightmare. I was the only one in my division, because competitors were discouraged from signing up so far in advance. I'd rather have late entries to beef up the competition. The wonderful volunteers were burned out by wasting them on the pre-meet paper work, which was incomplete and hand-corrected during the meet. Most of the volunteers left as the meet ran into the night, and competitors were asked to help, which we gladly did.

Operating a track meet doesn't need to be made so complicated that it hurts the meet.

Andrew Hecker
Ventura, California

KUDOS

At the National Masters Indoor Pentathlon held in Los Angeles on March 4, only one TAC official showed up. Gary Miller was ready to compete but decided to help with the officiating instead.

He gave up an almost certain national title for the benefit of the other athletes. Our sport is better for Gary Miller and he should be applauded for his selflessness.

Hugh Adams
Clovis, California

■ The letters column is an open forum for all viewpoints on subjects of general interest to our readers. Letters should be addressed to: Write On, NMN, P.O. Box 2372, Van Nuys, CA 91404. They should be kept as brief as possible and are subject to condensation. They must include a signature and a valid mailing address.

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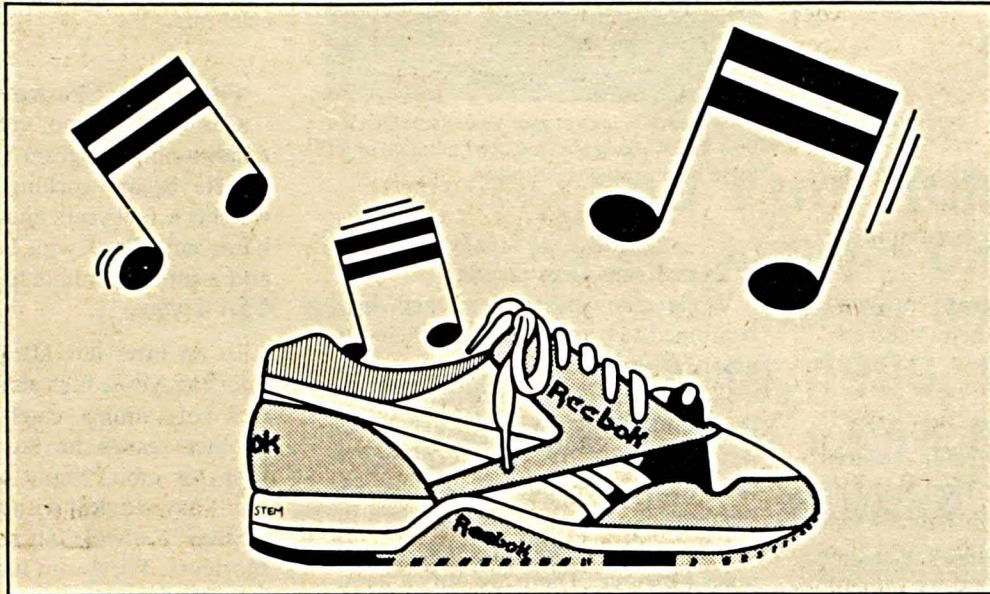
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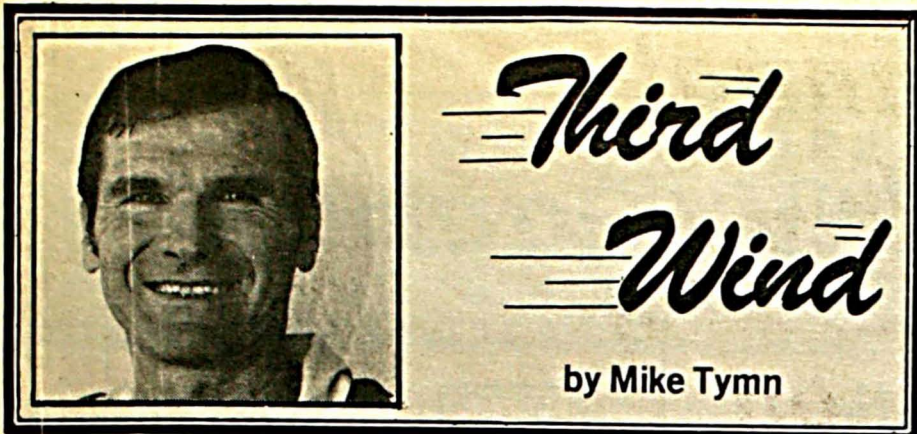
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Top Veteran Athletes Of 1990 Reveal Secrets Of Longevity

It has been a banner year so far for 40+ athletes in the sports world. Consider the following:

- At 43, Nolan Ryan pitched a no-hitter — his sixth — thereby becoming the oldest person to accomplish that feat.

- At 41, former heavyweight champion George Foreman continued his comeback with an easy knockout over a ranked contender.

- At 45, Hale Irwin became the oldest golfer ever to win the U.S. Open championship in addition to the Buick Classic. At 43, golfer Gil Morgan won the Kemper Classic, and at 40, Lanny Wadkins captured the Anheuser-Busch Classic.

- At 42, Chicago White-Sox catcher Carlton Fisk was hitting a solid .281 at the All-Star break as his team battled Oakland for the division championship.

- At 40, Slobodan Ilijevski, the oldest player in the Major Indoor Soccer League, has re-established himself as one of the MISL's top goalkeepers.

- At 40, swimmer Mark Spitz is in training for the 1992 Olympics.

The media is having a field day with all of these "old timers" doing so well. It's as if the Fountain of Youth were discovered this year. While most of us know better, it is interesting to observe and to note some of the comments

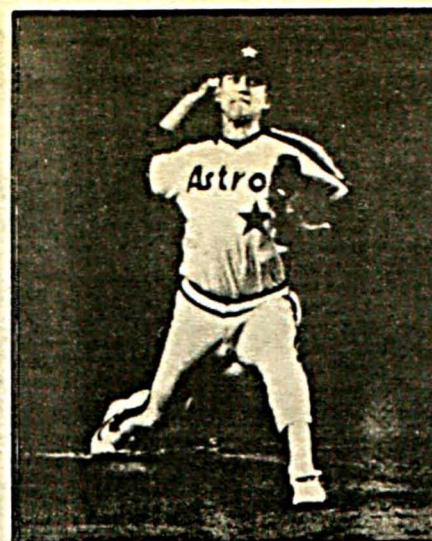
made by these veteran athletes, especially concerning their "secrets" of longevity.

Foreman Has Patience

"I like being old," Foreman declared in an interview with *The Sporting News*. "I'm old, but I'm not a social drag. I'm out to show the world that being 40 is a lot of fun and we can still get a lot of knockouts."

According to Archie Moore, his trainer, Foreman hasn't lost much. "He has lost no power at all," insisted Moore, who fought Cassius Clay (Muhammad Ali) at the age of 49 and is my pick as the greatest 40+ athlete of all time. "He has gained power because he has had time to sit back and think about how to do the right type of punching and to study what different types of punching means."

"With age comes a lot of intelligence," noted Foreman in *USA Today*. "Sometimes in the past, I used to fight out of control, now I'm controlling it. Now I'm taking my time."



"You...learn to budget your time...(so) when it's time for...working out, you don't put it off or let there be distractions." — Ryan.

Ryan Keeps Legs Strong

While many baseball pitchers have continued to be effective into their 40s, nearly all of them have relied on control, off-speed, and junk pitches rather than hard, over-powering stuff. Nolan Ryan, however, is an exception; he continues to be one of the hardest throwers in the major leagues with his fast ball still clocked at right around 93 miles per hour. There are only a handful of pitchers today capable of throwing with that kind of power — and most of them are in their 20s.

What is sometimes forgotten, though, is that Ryan's speed was usually around 100 mph with his highest recording at 100.9 on the radar gun during his younger years. Therefore, he apparently has lost 7-10 percent in power. It's just that he was so far above everyone else 10-15 years ago, that even with that loss he remains among the most over-powering pitcher around.

In his book, "Throwing Heat," Ryan advances several reasons for his longevity, one of them being conditioning. "I believe in running because I know that legs are very important to a pitcher's success," Ryan wrote. "A lot of injuries also come when pitchers' legs get tired and they try to over-compensate by overthrowing with their arms. I believe that a good deal of my longevity has come from the power I've been able to generate with my legs. Another part of my routine that helps

my legs is riding the stationary bicycle for about 25 minutes. That is also very good cardiovascular exercise to get the heart rate up. I also do some dumbbell exercises to strengthen my shoulders and my arm. Finally, I also do different types of sit-up routines to strengthen my abdominal muscles. The whole program is strenuous and concentrated and lasts about two and a half hours."

After his most recent no-hitter, Ryan worked out on the stationary bike in the clubhouse *before* joining his wife to celebrate.

Fisk Avoids Shortcuts

Carlton Fisk, too, credits an intense conditioning program for his longevity. He began working out with free weights a few years ago. "I've worked hard, and that's why I'm still playing and want to continue to play," he told *USA Today*.

In an interview last year with *The Sporting News*, Fisk also pointed to the lack of young catching talent as another reason he has been able to keep his job. "Many of today's kids don't have to deal with trial and error, so they're always on the lookout for shortcuts. They want it all right now," he offered. "As a result, today's ballplayers — in general — just aren't as gritty as they used to be."

Flat Bellies For Golfers

There are those who might argue that golfers don't even deserve mention here because their sport is no more strenuous than a game of chess. But it remains that golfers succumb to aging, too, although not to the same degree as athletes in more demanding sports. The secret for them, it seems, is to avoid a bad back and a protruding stomach.

Ilijevski's Experience

"I feel the same as I have for the last 10 years," remarked Slobodan Ilijevski, St. Louis Storm goalkeeper. "With experience, I do things differently. I never was fast, but with experience, I know where the ball will bounce. I am shocked when I save some balls."

"For some, the (playing) limit is 30. When the ball starts getting by me very easily, I'll know it's time to stop."

Ilijevski also cites conditioning as one of the keys to his longevity. He regularly does pushups, situps, and leg raises to develop his stomach muscles.

Desire For Spitz

For Mark Spitz, who won seven gold medals in swimming in the 1972 Olympic Games, desire is the main obstacle to success after 40. "You've got to get hungry if you want to prove something," Spitz insists. "And right now, I am hungry to prove to myself and perhaps to a generation of people that you're not down and out at 40."

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MASTERS ATHLETE OF THE MONTH

Larry Almborg

Once again, it was a close call in picking the ICI Athlete-of-the-Month. Phil Raschker, 43, won six gold medals at the National Masters Track and Field Championships in Indianapolis, and won the women's age-graded 100-meter race.

Stan Druckrey, 41, won both M40 hurdles in impressive times at the Nationals.

Christel Miller, 55, set four U.S. W55 records in Indy.

Bill Collins, 39, won the 100, 200, and age-graded 100.

Polly Clarke, 80, set two W80 world records, and had two more negated by a trailing wind, also at the Nationals.

Ken Sparks, 45, set a world M45

mile record in the New York Games and won the 800 in Indianapolis.

But the award this month goes to Larry Almborg, 43, who won two gold medals in the M40 800 and 1500 in Indianapolis, and raced to a sensational 4:06.70 mile in the New York Games to defeat Wilson Waigwa and establish a new U.S. masters mile mark. En route, he broke his own national M40 1500 mark with a 3:50.43. His mile time was an off-the-board 100.1% on the masters age-graded scale — the highest of the year by any athlete.

It's the second time Almborg has won the award. He'll receive \$100 for his efforts — compliments of ICI.

Previous monthly winners were Dave Stewart, Gabriele Anderson, John Campbell, Don Parker, and Jim Law.

Congratulations to Larry Almborg — the ICI Masters Athlete-of-the-Month.

Five Years Ago

September, 1985

- George Cohen Sets World M45 Mark of 1:57.73 in 800
- Zimmerman, Dalrymple Top Masters in Utica 15K
- Villanueva, Welch Win at Peachtree 10K



Larry Almborg (149) won the M40 1500 (3:58.07) at the National Masters T&F Championships in Indianapolis, August 5. Harold Nolan (450) placed fourth (4:02.17). Photo by Jerry Wojcik

Bix 7 Draws 16,521 to Davenport

The *Quad City Times* Bix 7, one of the world's premiere road races, drew 16,521 competitors to the 16th running of the annual race on July 28 in Davenport, Iowa.

New Zealand's John Campbell, 41, won the masters division in an astonishing 33:05, more than a minute under Wilson Waigwa's Bix masters mark of 34:17 set last year. Campbell finished fifth overall behind Steve Kogo's 32:47. Just two years ago, Campbell would have been the overall Bix winner and his time would have been good enough to win 11 of the first 15 Bix races.

The victory was worth \$1000 to Campbell for the masters victory and another \$1000 for fifth in the open division.

"Against a field like this, this is one of my best races," Campbell told Craig Cooper of the *Times*. "I feel great to

be able to stay with a field like this. Just tremendous."

Campbell finished ahead of top runners like two-time Bix champ Mark Curp, 1988 Bix runner-up Bill Reifsnnyder and former world marathon record-holder Steve Jones.

"He is amazing," said Bill Rodgers, who finished second 40+ runner in 35:34.

Laurie Binder, 42, of Oakland, Calif., won her second consecutive Bix race for masters women, in 40:42, to best Nancy Oshier of Rochester, N.Y. (41:44) and Claudia Ciavarella (42:43).

Maria Trujillo was the overall women's winner in 37:58.

Nearly 45 percent of the participants were women — an unprecedented figure for a major road race. More than 5000 were walkers, some pushing baby carriages or holding hands with their young children. They were helped by 3500 volunteers. □



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240 Compete in Western Sectionals

More than 240 athletes competed in the two-night Western Sectional Masters Track and Field Championships in San Diego on July 21.

Scheduled to start at 4 p.m., the meet got underway an hour late because the entry lists did not arrive on time.



Hugh Adams, first M50 (62.11) 400H, Western Regionals, San Diego, July 21.

Photo by Jerry Wojcik

"I tried to put everything into the computer," Graeme Shirley said. "But it took too much time; I should have done it all by hand."

Ed Oleata, the meet director, had to travel to Mexico and gave the unenviable task of running the meet to his son, who did a creditable job, all things considered.

The meet stretched out until the late hours, but those who came enjoyed the competition and the camaraderie under ideal weather conditions.

The best race of the meet was the M40 400, where James King and Stan Whitley, the gold and silver 400 medalists in last year's World Veterans Championships in Eugene, battled head down the stretch. King eked out a narrow victory, 50.11 to 50.25.

Pete Richardson, tuning up for the Nationals, impressed in the M55 800 (2:11.64) and 1500 (4:44.2). Leo Williams, M30, high jumped 6-8½; Mike Hogan, M35, vaulted 15-9. Shirley clocked a 4:16.6 1500 in M40, while his wife, Joni, took the W40 1500 in 4:56.6.

Hugh Adams captured the M50 100H (15.27) and 400H (62.11). Harry Hawke hurled the M60 discus 165-4, and Joe Greenberg lofted the M40 javelin 195-4.



Marion Sanchez, first M55 (66.39) 400H, Western Regionals, San Diego, July 21.

Photo by Jerry Wojcik

Romain Breaks 400 Mark

Trinidad's Ralph Romain, 58, raced to a pending world M55 400 record of 52.52 on July 22 in a Potomac Valley Seniors Developmental meet in Alexandria, Va.

The old mark was 53.98, set by Britain's Charles Williams in Melbourne in 1987.

Romain who lives in Bethesda, Md, is the WAVA World Veterans M55 400 champion. He ran 55.30 in Eugene last year.



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- Top masters performers in 1989: (40-44) David Oropeza, 2:31:34/Janice Kreuz, 2:51:27; (45-49) Wally Herrala, 2:41:30; Ana Copsy, 3:23:34; (50-54) Vic Bell, 2:45:15/Wen-Shi Yu, 3:22:40; (55-59) Otho Perkins, 2:53:47/none; (60-69) Donald Robins 3:13:19/Betty Mihalek, 3:50:14; (70-over) Joe Federici, 3:52:44/none.

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On The Run

by Hal Higdon

Hal Higdon's Column Will Resume Next Month

Philadelphia Stages Age-Graded "Triathlon"

by PETER TAYLOR

PHILADELPHIA, July 28. Joe Johnson, Maury Schepers, and Tom Delaney were winners today as the Philadelphia Masters staged three triathlons ("sprinters," "middle distance," and "all-around") at La Salle University. The events were scored by performance level percentages computed from the single-age standards in the Masters Age-Graded Tables (1989 ed.).

The 45-year-old Johnson narrowly edged Tom O'Hora, 47, to take the sprint title — 260.4 to 258.9. Joe got through 200 meters in 24.4 seconds (89.1% performance level), 100 in 11.8

(90.6%), and finished with a 400 in 1:00.7 (80.7%). O'Hora, in contrast, had his best score, 90.3%, in the 400 with a 55.1 effort, after running 25.9 and 12.9 earlier. Bob O'Brien, 50, and Marilyn Fitzgerald, 55, were next in line with 251.6 and 247.1, respectively.

Sixty-one-year-old Maurice Schepers, a faculty member (religion) at the host university, dashed the hopes of the middle-distance guest by running a 5:11.0 1500 (85.6%), 1:11.6 400 (78.7%), and 2:39.4 800 (81.5%). Fred Dedrick, 42, was not far behind (241.9): vs Maury's 245.8: Fred ran 4:33.8, 101.6, and 216.8. Sylvie Kimche, 43, came down from New York City to get third (240.5 total), while Tom Gallagher, 50 was fourth (239.2).

Versatile Tom Delaney, 62, was the best in the all-around triathlon, long jumping 14'9" (4.50 meters) on his only fair attempt (of four), putting the shot 27' 7¼" (8.41 meters), and running the 200 in 28.8 for a total score of 215.4 (77.2, 52.9, and 85.3). Ken Krings, 38, was second with 211.3 (5.82, 10.49 and 25.6), Jim Fazio, 33, (206.4), and Woody Disharoon, 41 (203.8), were third and fourth. Interestingly, all seven competitors in the event made their highest scores in the 200-meter dash. □

Ten Years Ago

September, 1980

- 13 World Records Fall in Pan-American Games in Los Angeles
- Bert Lancaster Sets M50 WRs in 100 (11.3) and 200 (23.6).
- Ray Hutton Sets M45 5000 WR of 15:17.4
- Clive Davies Sets M60 5000 WR of 17:19

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Carbonell Wins Trophy in New York's Sri Chinmoy Games

by ATALA TOY

George Carbonell, 71, and Strotaswini Klandt, 51, took top honors at the 6th Annual Sri Chinmoy Track and Field Games held at Victory Field in Forest Park, N.Y. on July 14.

The Games are for men and women age 50-and-over.

Carbonell won the overall trophy, given to the athlete with the highest point count. Points are given for first, second and third places, according to the number of participants in each five-year age category. Carbonell won seven gold, two silver, and two bronze.

Klandt, a grandmother from Bonn, Germany, now living in Jamaica, N.Y., took eight gold and two silver medals.

Ten meet records were set, three by Sulochana Kallai, W60, a Hungarian now living in Queens.

Over 100 athletes, from Senior Olympic gold medalists to neigh-

borhood grandparents, took part in the event. Cheering support came from a full complement of spouses, children and grandchildren. □



Overall women's winner of the Sri Chinmoy Games, Forest Park, N.Y., July 14, Strotaswini Klandt, 51, places first in the W50 100 with a 21.36. Photo by Ramaniya



George Carbonell, 71, overall men's winner at the Sri Chinmoy Games, Forest Park, N.Y., July 14, streaks to one of his seven first place M70 finishes. Photo by Ramaniya

On the Lighter Side. . .

Organizers of the Aug. 11 Moscow Peace Marathon made a special request of Dr. David Ellis, director of the University of Pittsburgh's Sports Medicine Institute, who headed a medical support team at the race.

Concerned about the "safety" of the more than 6000 entrants during the grueling 26.2 mile race, they asked for a somewhat unusual addition to the normal "goodie" bag filled with sponsors' products that each contestant received at the start of the marathon.

Ellis contacted the Carter-Wallace company and the Soviets got their wish. This year each runner's goodie bag contained a condom. □

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—Ed Hamilton, *Greensboro (NC) Running Club*

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NATIONAL MASTERS NEWS, P.O. Box 2372, Van Nuys, CA 91404



Pagliano's Podiatric Pointers

THE FOOT BEAT

by **JOHN W. PAGLIANO, D.P.M.**

Shin Splints

Q. I'm a 42-year-old male in excellent health. I jog, bike, surf and walk for exercise. While fast-walking recently, I experienced pain from the top of my foot (upper ankle) to my shins. The pain, which occurs in both legs, subsides when I return to a more moderate pace. What's causing my problem and what can I do about it?

A. Your condition sounds like "shin splints." This ailment is usually the result of an irritation of the tendon that runs from the foot up the inner side of the lower leg (the shin area). It most often occurs in beginning runners or walkers when the tendon is placed under stress by trying to slow down foot placement. But it is also common at the other end of the spectrum among the long-distance, high-speed competitors.

The pain could also be caused by tendinitis or inflammation of the anterior tibial tendon — the one that pulls your foot upward.

In either case, the treatment is the same. You will have to adjust your walking pattern to a more comfortable pace. Icing the tendon for 5-7 minutes after a workout often helps, and using moist heat packs at night for 20 minutes aids in restoring circulation to the affected area. Taking a couple of buffered aspirin prior to your workout may reduce swelling.

Changing to a good, well-cushioned mid-sole shoe will improve your arch support and help to absorb road shocks.

Once the pain disappears, you should begin some exercises to strengthen the anterior tendon. I suggest Bob Anderson's book, *Stretching*, for some good advice on how to stretch and strengthen the lower legs.

Remember, a thorough warm-up is essential for any walking program. If your pain persists, contact your foot specialist for a complete diagnosis. In extreme cases, shin splints can lead to acute tendinitis and result in damage to the bones of the lower leg. □

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)

Masters Win \$2000 in Illinois Meet

by **JERRY WOJCIK**

The Illinois Masters Championships held in Libertyville on July 7 offered \$2000 in cash awards, the richest purse ever for a U.S. masters track and field meet.

Overall masters winners in the Jac Arthur Bellis Memorial 1500 and the 3000 racewalk collected \$100 each. Those awards were won by Rob Jackson, M40, for his 4:15.22, and Brian Schultz, M45 (14:43.90). Second and third place finishers received \$50 each.

The rest of the prize money was distributed by best age-graded performances. The 30-and-over award of \$100 for the 1500 went to Vic Heckler, M45, for a 91.2% 4:16.60. Second through fifth places collected \$50 apiece. Ruth Leff, W60, won \$100 for the best age-graded showing among the 3000m walkers with an 85.1% 18:50.24.

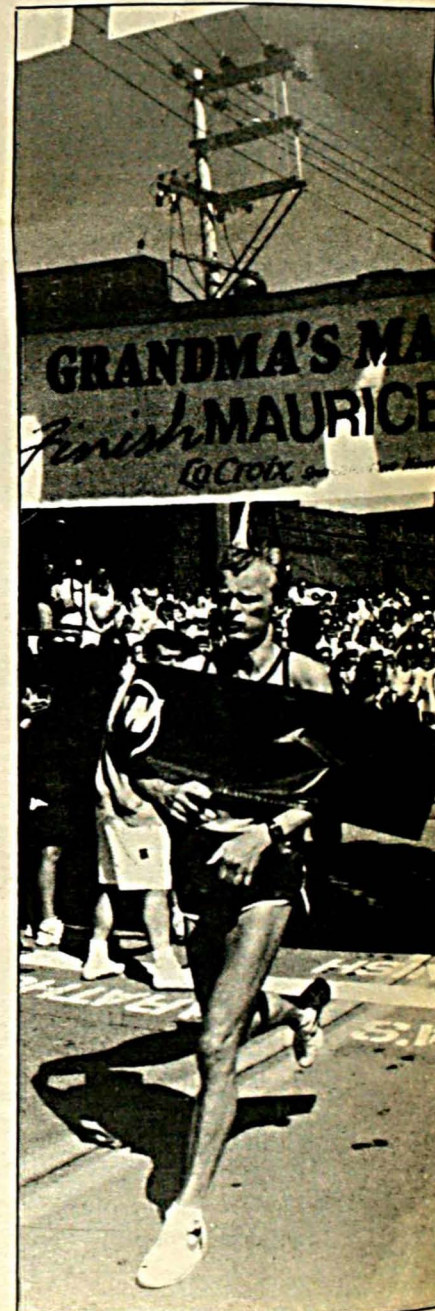
The highest age-graded performances in the 100, 200, 400, 800, 3000, short hurdles, and 1500 walk were worth \$100 each. Those awards went to: Clarence Ray, M45, 11.70 (91.4%); Harry Brown, M60, 26.10 (92.6%); Jim Mathis, M55, 54.90 (97.0%); Rob Jackson, M40, 2:01.38 (90.3%); Dan Skarda, M30, 8:38.73 (88.0%); Stan Druckrey, M40, 14.20 (97.3%); and Mike DeWitt, M35, 6:41.50 (82.0%).

The top five field event winners shared \$300, with Jim Platis, M65, taking the first-place \$100 for his triple jump of 10.72 (96.1%). The remaining four awards of \$50 each also went to jumpers.


The three best performances overall were by Druckrey, Mathis, and Platis. Meet Director Craig Dean, M.D., said

he is hoping to add at least another \$1000 in prize money next year. Over 170 athletes from 16 states competed.

This year's primary sponsors were the Colonial Bank of Lake County, *The Daily Herald*, Condell Medical Center, and Audi of America. □



Sweden's Kjell-Erik Stahl, 44, speeds to a 1st place (M40 2:21:29) in the 14th Annual Grandma's Marathon, Duluth, Minn., on June 23.



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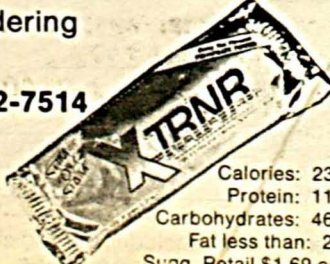
Roy Earl, 40

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Texas Hosts 215 at Southwest Sectionals

by TIM MURPHY

The Athletics Congress Southwest Sectional Masters Track and Field Championships were held along with the 10th Annual Texas Masters Championships this year at Arlington on July 14. A cold front made the weather perfect as 215 athletes from eight states set 42 Texas records.

There were 12 world-class age-graded performances in the 90% and above category. Leading the group was Jim Mathis, M55, of Memphis, Tenn., with a 56.4 400 for a 97.5%, a 24.9 200 (93.4%), and a 12.0 100 (93.9%). Bill Collins, M35, followed closely with a 10.8 100 (96.2%) and a 21.8 200 (96.1%).

Awards were Texas Championship patches to first place winners and stop watches for the first three places. All participants received Texas Raging Bull T-shirts, courtesy of Chuck Miller.

Coordinators Pat Mitchell, Jack Erickson and their crew of volunteers did an excellent job. Thane Baker, who always contributes to the sport even when he is not running, served as starter and helped to set up the heats at the starting line.

The Dallas T&F Club extends an invitation to all athletes to be with us for next year's championships which we will try to schedule two weeks before the outdoor nationals. □

Crane Shatters Three WRs in Northwest Sectionals

by ART AFREMOW

Buell Crane, 90, broke three WRs and one AR at the Northwest Sectional Championships held July 28-29 in Gresham, Oregon. The contest, which took place under the lights at Mt. Hood Community College stadium on two successive evenings, was coordinated by 1989 TAC masters T&F administrator of the year, Jim Puckett, and drew its largest field ever with more than 225 participants.

Setting a blistering pace early with an AR M90 100 of 20.69, Crane then went on to establish a WR HJ of 3-5, besting Collister Wheeler's mark of 3-0½ which had stood unchallenged since 1983. He continued his assault with a 57-2¼ JT, easily eclipsing Wheeler's prior record of 53-3, and then smashed his own age-group WR TJ of 16-9 with an incredible 18-1.

Also in a record-breaking mood was Marilla Salisbury, 80, who threw the discus 20-8 to improve on her previous AR of 19-2. In all, a total of 52 meet records were set.

PUBLICATIONS ORDER FORM

Quantity		Total (US\$)
_____	Masters Age Records Men's and women's world and U.S. age bests for all track & field events, age 35 and up; and for all racewalking events, age 40 and up, as of Oct. 31, 1989. 52 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and TAC Masters T&F Records Chairman. \$4.00.	\$ _____
_____	Masters Track & Field Rankings Men's and women's 1989 U.S. outdoor track & field, 5-year age-group rankings. 52 pages. Over 100-deep in some events. All T&F events, including 3000, 10,000, weight, relays, and walks (1500, mile, 3000, 5000). Coordinated by Jerry Wojcik, TAC Masters T&F Rankings Chairman, and the National Masters News. \$6.00	\$ _____
_____	Masters Age-Graded Tables Single-age factors and standards from age 21 to 90 for men and women for every common track & field, long distance running, and race-walking event. Shows how to conduct an age-graded event. Tells how to keep track of your progress over the years. Compares performances of different ages/sexes in different events. 66 pages, including samples and charts. Compiled by the National Masters News and the World Association of Veteran Athletes. Includes world and U.S. 5-year age-group records, as of May 1, 1989. \$5.95.	\$ _____
_____	Masters 5-Year Age-Group Records Men's and women's official world and U.S. Outdoor and Indoor 5-year age-group records for all track & field events, age 35 and up, as of July, 1990. 8 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and TAC Masters T&F Records Chairman. \$1.50.	\$ _____
_____	Competition Rules for Athletics (1990) U.S. rules of competition for men and women for track & field, long distance running and race walking — youth, open and masters. \$9.95.	\$ _____
_____	TAC/USA Directory (1990) Includes TAC By-Laws and operating regulations, as well as listings of National officers and staff, Board of Directors, sports committees, administrative committees, and TAC associations. \$9.95.	\$ _____
_____	IAAF Scoring Tables (1985) Official world scoring tables for men's and women's combined-event competitions. \$11.95.	\$ _____
_____	Guide to Prize Money Races and Elite Athletes 1990. Published by Road Race Management, the Guide includes elite athlete alphabetical listing (including masters) with over 700 contact addresses and phone numbers, calendar and contacts for over 250 prize-money events, plus much more. \$39.00.	\$ _____
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_____	The Masters Running Guide by Hal Higdon 160-page paperback. Higdon reveals tips that helped him win three world championships in masters competition: base fitness, improving with age, training smart, maintaining mobility, minimizing injury, motivation, diet, increasing your youthspan. \$9.95.	\$ _____
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MASTERS TRACK & FIELD REPORT

by **BARBARA KOUSKY**
Chairman, TAC Masters Track & Field Committee

Indy Officials Do Masterful Job

You may or may not have had an opportunity to meet him, but he was always there — from the firing of the first gun to the last vault of the evening. His multi-colored umbrella served him well against the Indianapolis weather.

A "master" by every definition, Charlie Ruter, Meet Referee of this year's TAC National Masters Track and Field Championships, has been dispensing his wisdom and ruling on interpretations of the competition rules for 42 years. This meet was no exception. The problems encountered were handled in a professional manner by Charlie and he lent his expertise to us in numerous areas — most notably overseeing the relay registration process.

Charlie serves as the Administrator of Officials for TAC, and at the 1988 TAC Convention was elected Vice President. In that capacity, he serves as the National Officer Liaison to our Masters Track and Field Committee. This was the fourth national masters championships in which he has been Meet Referee.

As a member of the Jury of Appeals, I had the opportunity to observe Charlie closely. I heard his proud references to "my officials" throughout the competition. When the competitors were given water by the officials after crossing the finish line,

several remarked that that was a first. Charlie just smiled and said, "Those are my officials."

This same refrain was echoed again later that day when the Chief Lap Scorer, Dale Studebaker, continued "on duty" during a torrential downpour, verifying his records long after the last athlete finished his 5000 — and again on Thursday evening when an official jokingly asked Charlie, "Is it Sunday yet?"

Working with Charlie, Marshall Goss, and Dr. Phil Henson, were some of the finest officials from the United States. All lead positions were master level officials, many of them veterans of senior and junior championships, Olympic Trials, and the Pan American Games. A total of 180 officials volunteered during the competition — all taking time from their families and jobs, many putting in 12-hour days — to ensure that we received the highest caliber of officiating possible.

To Charlie and "his officials," we extend our sincere appreciation. You have our gratitude. □



A study in concentration is California's Phil Conley, 55, getting ready to hurl the javelin at the Nationals in Indianapolis. His throw of 52.74 meters (173-0) was good for second place in the M55-59 division.
Photo by John Warner/Indianapolis Star

Minutes of Masters General Meeting at Nationals

Approximately 75 people attended a meeting called by Barbara Kousky, TAC Masters Track and Field Chairman, at the University Place Hotel, Indianapolis, on Sat. August 5, at 7 p.m.

1. WAVA North American Regionals

Because of the attempted coup in Trinidad, the status of the meet was unclear. One travel agent cancelled her tour, and the others were deferring a decision on a day-to-day basis. Officially, the meet is still scheduled to take place.

2. Canadian Championships

Given the uncertainty of the Trinidad meet, the Canadian meet in Montreal, Aug. 11-12, would be asked to reopen entries as an alternative to Trinidad.

3. 1991 Indoor Nationals

The dates for this meet in Blaine, Minn., are not yet established.

4. 1991 Outdoor Nationals

Site is North Central College in Naperville, Ill., about 40 miles west of Chicago's O'Hare airport. University residence halls are adjacent to the track. Organizers are encouraged to look into shuttle bus service from the airport. Failing that, renting a car will be a necessity. F. Lee Slick, representing Dick Green (Meet Director) and Dr. Karen Myers, representing Illinois TAC, gave a meet update.

5. IX WAVA World Veterans Championships

Entry forms for the July 18-28, 1991 event were distributed in Indianapolis. Kousky explained the university housing will be about 3K from the main track. The Turku organizers will provide free bus transport between the venues but not from the dorms or hotels to the tracks. Athletes must use buses or taxis, just as they did at all World Games except Eugene (where free transport was provided). The downtown hotels are a mile from the main track. The university housing does not have dining facilities, but an adjacent hotel does. Prices at the university and all hotels include breakfast.

U.S. citizens need only a valid U.S. passport for entry into Finland. No visa is required.

6. Soviet Meets

The first Soviet outdoor veterans championships will take place in Moscow on Sept. 15-16, 1990. The first Soviet indoor veterans championships will be held in Moscow on March 23-24, 1991. The second outdoor nationals will be held in Moscow about one week after the WAVA meet in Turku.

7. Swiss Meet

A post-Turku meet will be held near Zurich, Switzerland on August 3-4.

8. Multi-Events

The 1991 TAC Masters Decathlon/Hepthathlon Championships will be held in Lincoln, Neb., the third week of June, and at Grinnell College (Iowa) in 1992. The pentathlon championships will continue to be held with the nationals. It was suggested that the individual events making up the multi-events be published on the entry form to avoid confusion.

9. Current Championships

The general feeling was the facilities and meet officiating were good but there were some specific problems and incidents which warranted discussion and concern:

a. Declarations

The word "declaration" needs more explanation for many people, who were confused by the meet's declaration procedures.

b. Field Events

More flights are needed in the field events, to avoid long delays and excessive cooling down.

c. Hurdles

Some favored having the short hurdles before the long hurdles.

d. 4 x 400 Relay

There was dissatisfaction with having the 4 x 400 relay before the short hurdles.

e. Post Entries

Dissatisfaction was expressed with the meet's allowing post entries, although some competitors felt it was more flexible, as long as there were open lanes. Outdoor Coordinator Bruce Springbett said he would handle this issue prior to the next championships.

(Editor's note: The meet director later said no post entries were admitted.)

f. Heats/Finals on Same Day

Some athletes felt it would be more desirable to have heats and finals on the same day, so that, for example, the 800m events would be completed before the 1500 began.

g. Schedule

Organizers had mailed an incorrect schedule to athletes. The correct schedule was subsequently published in the *National Masters News*, but some athletes never saw it and that created problems.

h. Marshall Goss

Some competitors expressed dissatisfaction with the treatment they received from Marshall Goss, meet director. Treatment ranged from verbal abuse to alleged physical abuse in one incident involving Frank Little.

Little stated his account of the incident and his intention to file charges against Goss with the local prosecutor.

10. Relay Eligibility

The current rule which limits official relay teams to clubs and associations — and allows for unofficial pickup teams — was reiterated.

11. Championship Schedule

Springbett will work with Jim Puckett to prepare a standard championship schedule, which would be used every year. Send your suggestions to Springbett. The proposed schedule will be presented for approval at TAC's 1990 Convention. The schedule could be mandated in the contract, with Springbett having the flexibility to make necessary changes.

12. 3-Day Meet vs. 4-Day Meet

A desire to shorten both the outdoor and indoor championships was expressed by some competitors. Cost and time-away-from-work were major factors.

13. Awards

Bev LaVeck, Awards Coordinator, apologized for not having the awards to present to the 1989 outstanding athletes, and reviewed the selection procedures.

14. Relays in Turku

Thad Bell offered suggestions on the selection of relay teams in Turku. A fair system will try to be worked out.

15. Massages

A suggestion was made that a \$10 massage fee is too high; that massages should be given on a donation basis.

16. Open Lanes

A majority were in favor of filling open lanes.

Continued on page 15

Nationals Draw 1090 to Indianapolis

Continued from page 3

narrowly from Bob Crawford (7.33/24-½), and Robert Hartmann won the HT (48.72/159-10).

M35-39

At age 39, Texas' Bill Collins again won both the 100 (10.8) and 200 (22.04) as the only double winner in this group. Collins should be tough next year in Turku at age 40. Ken Popejoy, also 39, garnered the 1500 (4:00.28), while Gary Romesser's 14:57 was the fastest 5000 of the day by 30 seconds.

As mentioned above, Stones set an AR with a 2.13 (6-11¼) high jump, and just missed an attempt which would have bettered the WR of 7-1. Gary England took the SP (16.48/54-¾) and placed second to Roger Kamla (48.30/158-5) in the SP. Peter Farmer in the HT (59.94/196-8) and Mark Cwiek in the JT (64.90/212-11) had outstanding wins.

M40-44

California's Stan Whitley won the 100 (11.02), 200 (22.21), and, in the absence of national champion James King, the 400 (50.07). (In the Western Regionals in San Diego on July 21, King edged Whitley, 50.11 to 50.25, but King didn't come to Indy.)

Almberg bested Dan Frye and Nolan Smith in both the 800 (1:55.89) and 1500 (3:58.07) as the first five finishers broke two minutes in the two-lapper. It was good to see these outstanding middle-distance runners at the Nationals, even though no prize money was on the line, as it often is when they race on the roads.

Almberg ran a conservative 1500. He said he was stiff and tired from his 800 win the previous day. He stayed at a residence hall on the IU campus, a building without air conditioning.

"I just feel really drained," he said "It's very hot and humid compared to what I'm used to in Washington."

The next race for Almberg will be the



Dwight Stones, who set M35-39 U.S. record of 6-11¼, TAC/USA National Masters Championships, August 2-5, Indianapolis.

Photo by Jerry Wojcik

Mercedes Fifth Avenue Mile in New York on September 22.

Connecticut's Albie Swenson defeated New Jersey's Harold Nolan, 15:27 to 15:32, in the 5000. Wisconsin's Stan Druckery was brilliant in winning the 110H (14.7) and 400H (55.65).

Rex Harvey and Tom Rauscher tied for first in the PV (4.42/14-6). Larry Rodenbeck took the TJ gold (13.27/43-6½). Ladislav Pataki (14.06/46-1½) beat Mark DuPuis (13.66/44-9¾) in the SP. DuPuis revenged in the DT (45.00/147-7 to 43.90/144-0). Joe Greenberg closed out a season as a competitor in both open and masters meets with a win in the JT (61.20/200-9).

The Mid-America Masters won both the 4 x 100 (46.80) and 4 x 400 (3:40.35) relays. Bill McCray took the 5K and 20K walks.

M45-49

Detroit's Clarence Ray won the 100 (11.27) and 200 (23.58), besting South Carolina's Thaddeus Bell and Massachusetts' Roger Pierce. Pierce won the championship medal in the 400 (51.75), although placing second to WAVA world M45 champion Harold Morioka (51.62) of Canada.

Cleveland's Ken Sparks added the 800 outdoor title to his indoor crown with a 1:58.78 to Richard Tucker's 1:59.53. Canada's George Smith passed five runners in the final straightaway to post a 4:20.47 win over Antonio Roque (4:21.21), who got the U.S. gold.

Michigan's Wally Herrala (15:58) topped Vic Heckler in the 5000, while Kentucky's Don Coffman dominated the 10,000 (32:49).

John Hartfield had double wins in the HJ (1.78./5-10) and LJ (6.07/19-11). Lloyd Higgins won decisively over a field of 14 in the DT (50.42/165-5). William Buffaloe won the JT (61.56/201-11) with competition from Russel White (61.12/200-6), and Gary Null claimed both walks.

M50-54

In three close races, Texan Roy Turner edged Albert Williams in the 200 (24.18 to 24.64) and 400 (53.66 to 53.75), while Williams took the century (11.79 to 11.83).

Cincinnati's Harry Tolliver (2:08.05) edged Tom Laris in the 800, while Wisconsin's Dan Conway took both the 1500 (4:19.94) and 5000 (16:25.14).

Texas' Charley Miller demolished a good field with a WR 14.84 in the 100H, while California's Bill Knocke clocked a good 61.27 in the 400H.

Richard Hotchkiss took no prisoners in the throws with three firsts, in the SP (13.92/45-8), DT (46.52/152-7), and HT (43.14/141-6). Darrel Horn won the LJ (6.25/20-6).

The Southern California Association teams won the 4 x 100 (49.98) and 4 x 400 (3:48.89) relays.

M55-59

Colorado's Hugo Hartenstein copped the 100 (11.99) and 200 (25.10), while Tennessee's Jim Mathis easily won the 400 in a fast 55.73.

California's Pete Richardson (2:11.19) bested New York's John Conner (2:13.77)



Leonore McDaniels in the triple jump, where she set a W60 U.S. record of 24-¼, TAC/USA National Masters Championships, Indianapolis, August 2-5.

Photo by Jerry Wojcik

in the 800, and outkicked Conner, Jim Sutton and Bill Foulk to win a close 1500 in 4:30.54. Foulk (17:33) topped Indiana's Hal Higdon in the 5000, while Pennsylvania's Norm Green took care of the 10,000 (34:25).

Atlanta's Phil Mulkey (16.44) and Texas' Hector Cisneros (70.39) took the short and long hurdles, respectively.

Richard Richardson routed a strong field of 11 in the HJ (1.70/5-7). Phil Mulkey doubled in the PV (3.35/10-11¼) and TJ (11.07/36-3¾). Stew Thompson took golds in the SP (12.95/42-5¾) and the HT 49.48/162-4) and a silver in the DT, won by Wendell Palmer (47.90/157-2).

M60-64

This was one of the most competitive divisions in the meet, where all the top guns showed up. Harry Brown outlegged North Carolina's Jim Law in the 100 (12.48 to 12.68) and 200 (26.2 to 26.41), with Law turning the tables in the 400 (59.03 to 59.06). Chuck Sochor also broke 60 seconds (59.55) in the 400, as five men broke 62 seconds in an amazing display of

Continued on page 17



Robert Premo, 54, is waterlogged as he struggles to outdistance John Hurley, 53 (527) in the M50-54 3000-meter steeplechase at the Nationals. Hurley finished fastest to win the silver medal (15:06.70), while Premo took third (15:15.06). John Cosgrove (12:42.30) was the winner.

Photo by John Warner/Indianapolis Star

Minutes of Masters Meeting at Nationals

Continued from page 14

lanes in final events when a qualifier doesn't show up. Rules Chairman Graeme Shirley dissented, citing the "honest effort" rule, which, if applied, would discourage athletes from running heats and semis but then not appearing for the final. Still, the group suggested a rule change at the Convention to allow the filling of empty lanes.

17. Entry Fees

Shirley suggested rather than offering a discount for competing in many events, one would pay a premium. This might discourage the "frivolous" competitor and would certainly discourage "no-shows" and non-declarations.

18. Weight Pentathlon

Should the weight pentathlon be included in future championships?

19. Uniform Manager

Kousky said two people have expressed interest in being uniform manager. The

consensus was that the uniform should be as similar to the current uniform as possible.

20. Race Walk Rule Changes

Bev LaVeck will propose rule changes to the TAC Convention.

21. Soviet Guests

Several Soviet athletes were attending the meet, and extended an invitation to U.S. competitors to compete in their upcoming championships.

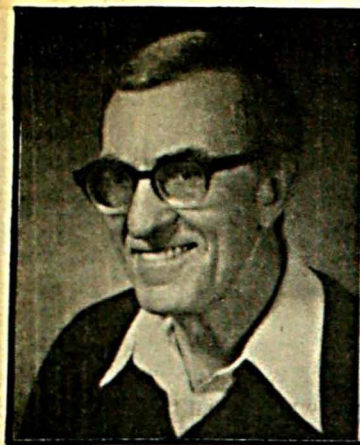
22. Rankings

Meet results should be submitted to Jerry Wojcik, Rankings Chairman, at NMN. He will, in turn, submit the results to the appropriate rankings compilers.

23. Financial Data

The financial report from the current championships will be publicly available. □

Submitted by Marilyn Mitchell, Secretary, TAC National Masters Track & Field Committee.



FROM THE Editor

by AL SHEAHEN

Indy: The Good, The Bad and The Ugly

You'd think that after 23 years, the National Masters Track and Field Championships could get it right.

There were many positive aspects to the 1990 edition held in Indianapolis on August 2-5. All in all, it was a pretty good meet. The competition on the field — the main purpose of any meet — went off well.

The nine-lane facility was exceptional. The officials, under Charlie Ruter's direction, were outstanding. The results, plugged into Bob Podkaminer's computer, were posted in record time. The scoreboard, under Andy Skinner's talented touch, worked remarkably well. The volunteers were plentiful and enthusiastic. The new age-group records were closely

monitored. The newspaper and TV coverage was among the best ever for a national meet. The masseurs and the medical help were caring and efficient. Near-complete results were available one hour after the final event. Except for two one-hour rain delays on Saturday, the weather was decent and the meet stayed on schedule. Free Gatorade was plentiful. The friendship and the camaraderie among the participants was high.

But at the Saturday night athletes' meeting, participants had a laundry list of complaints (see minutes of the

meeting). In fairness, most of the gripes were legitimate.

Thrown Out of Tent

Frank Little claimed he was standing under a tent to keep out of the rain and was bodily thrown out by meet director Marshall Goss, who reportedly told him "we don't want your kind around here." Little, a black minister and professor at Cal-State Los Angeles, interpreted that as a racist remark. He reported the incident to the police and filed charges with the district attorney.

Goss admitted shoving Little out of the tent, but said Little provoked him. "It had all but stopped raining, and I asked everyone to leave the tent," Goss said. "All except four or five people left, including Little, who said 'I'll leave when I feel like it.' That's when I shoved him."

Lou Schneider said it wasn't racist, that Goss reminded him of Vince Lombardi, who "treated everyone that way." Schneider said he was verbally abused by Goss for a half hour — "worse than I've ever been abused in my whole life" — over something Schneider said wasn't his fault.

"I was told by phone there'd be no heats in the M60 800," Schneider said. "When I got to town in time for the final, I learned there had been heats. Goss told me it was my fault for not showing up for the heats."

Goss said, "Schneider wants everything his way. Heidi Neuberger (the meet administrator) said Lou asked about the M65 heats, not the M60. Lou was storming and threatening. But we corrected it by letting him run a time trial to try to qualify for the finals." Goss said all athletes should show up for their trials, regardless.

Declaration Problems

Athletes at the general meeting complained of the "poorly organized" declaration procedure, whereby athletes were required to confirm their intent to compete at least two hours before their first event or be scratched. "Events starting before 10 a.m. must be declared before 9 p.m. the day before competition," the entry form noted. For some, that meant flying into town a day early, or trying to get a waiver by phone from Neuberger's office.

"They never returned my calls," said more than one frustrated athlete. The entry form had encouraged athletes to call Neuberger for "general information."

Goss said that notice didn't mean calling to find out if there were trials. "We couldn't afford the long-distance callbacks," he said. "In the future, no information should be given over the phone."

After the first day, Goss admitted the declaration system wasn't working and virtually abandoned it. He waived the declaration rule for all field events, and allowed non-declarers in running events to compete as a compassionate gesture.

"The alternative was to send them



Verna Buchs, second W45 (30:01) 5000 RW, of Winter Park, Fla., TAC/USA National Masters Championships, Indianapolis, August 2-5.

Photo by Jerry Wojcik

back to Texas or California without competing," Goss said. "We couldn't do that."

Goss and Podkaminer said, "It's impossible for a two-hour declaration system to work."

When reminded that a one-hour declaration system worked well in the World Veterans Championships in both Melbourne and Eugene, Goss said, "The Nationals are different from the World Games. Twenty percent of the athletes here were first timers, and they don't know what a declaration is. They need to be educated."

Barbara Kousky, executive secretary of the Eugene World Games, offered Indianapolis the use of the "Capers" computer system, which was used in Melbourne and Eugene and is specifically geared to masters meets. But Indianapolis chose to use its own system.

Other Problems

Other less important, but bothersome, problems arose. Meet organizers promised a photographer would be on hand to take photos. But no one showed up until the final day.

It wasn't as bad as Roseanne Barr, but the national anthem was butchered by a man who remembered the words but forgot — or chose to ignore — the melody.

The organizers ballyhooed a "Club Masters," where athletes could buy drinks and hear entertainment. Most participants couldn't find it — virtually hidden ¼ mile from the track, indoors. Those few who did locate it were greeted by raucous, hard-rock music in an unimpressive, barn-like atmosphere. An outdoor tent on the warm-up field would have been more appropriate for socializing.

Organizers originally mailed the wrong schedule to athletes. The correct schedule was subsequently published in the *National Masters News*, but some competitors never saw it and reportedly missed their events.

Goss had promised his support for

Continued on page 17

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From the Editor Continued from page 16

the age-graded handicapped race on Sunday. But no one showed up to help set it up. The timers weren't even aware of it. The starter had taken a break. Fortunately, the timers and starter graciously resumed their posts and the races went off moderately well.

"I forgot about it," Goss said. "I thought it was later in the day."

Many athletes did not receive proper recognition for their efforts because there was no one to spot the field events, as there was in Eugene, despite pre-meet promises.

"It Cost Too Much"

Worse, athletes were given only one number — and a small one, at that — so the announcers had a hard time identifying them.

Why only one number in a national meet?

"It cost too much to have two," Goss said.

The numbers had no logical sequence. There wasn't the usual "40" prefix for the 40-44 group. A volunteer

at the registration table hand-wrote the age-group designation on the number but it was hard to read. Some runners in the mixed-group races said they couldn't tell who their age-group competitors were.

"It cost too much to do sequential numbers," said Goss.

There was no official program. There was an event-entry list, but there was no numerical or alphabetical listing of athletes, as there has been in virtually every other national meet.

"It cost too much," said Goss.

Perhaps the most serious omission was the total lack of home towns and states of the participants. One of the things that makes a national meet exciting and fun is the competition between participants from different parts of the country. Knowing that John Smith, in lane 5, is from Pennsylvania or Florida is a lot more interesting than just knowing it's John Smith, period.

But, for the first time in memory, no city or state identifications were listed in the entry lists or in the results for the

announcers or anyone else to key on. Why not?

"It cost too much," said Goss.

"We Want the Athletes' Money"

Indeed, at an officials' meeting, Goss publicly stated that one purpose

for putting on the meet was "We want the athletes' money."

After the meet, Goss said: "We didn't make any money. It's hard to get sponsors for a masters meet. I doubt if we'd ever want to do it again. We thought we were doing you a favor. We took over the meet when New Orleans cancelled. We kept the entry fees low. We let everyone compete. People who haven't directed major masters meets shouldn't complain until they do so. They have no idea how difficult it is to stage 14 different pole vault competitions."

Maybe we were spoiled last year. Both the nationals in San Diego and the World Championships in Eugene provided a lot of amenities — even free transportation from the airport to the hotels and from the hotels to the venues. Perhaps we can't expect those kinds of perks from every national meet organizer.

Athletes should realize that staging a masters meet is a difficult task. We



Leo Williams, winner M30 high jump (7-3), TAC/USA National Masters Championships, Indianapolis, August 2-5. Photo by Jerry Wojcik

1990 U.S. NATIONAL MASTERS TRACK & FIELD CHAMPIONS — INDIANAPOLIS — AUGUST 2-5

	M30	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85
100	WilliamsE	Collins	Whitley	Ray	WilliamsA	Hartenst'n	Brown H	Larsen	Weinacht	Neuhof	Fike	Anderson
200	Smith J	Collins	Whitley	Ray	Turner	Hart'stein	Brown H	Blackmon	Alexander	Neuhof	Fike	Anderson
400	McDowell	ThompsonT	Whitley	Pierce	Turner	Mathis	Law	Blackmon	Alexander	Lightfoot	Fike	---
800	Ruleau	Okerman	Almberg	Sparks	Tolliver	Richardson	Sochor	Messenger	Sponseller	Keller	Fike	---
1500	Perry	Popejoy	Almberg	Roque	Conway	Richardson	Fortune	Benson	Evans	Keller	Fike	---
5000	Furkis	Romesser	Swenson	Herrala	Conway	Foulk	Jorgensen	O'Neil	Daman	Keller	Benham	---
10000	---	Dickey	Hackenberg	Coffman	Fodor	Green	Jorgensen	O'Neil	Daman	Keller	Benham	---
SH	WilliamsE	Robinson	Druckrey	Loubet	*MillerC	Mulkey	Greenwood	Lukens	Gist	Morrow	---	---
LH	Liddell	Clary	Druckrey	Jensen	Knocke	Cisneros	Greenwood	+Valentine	Carmen	Morrow	---	---
SC	Everhart	Walker	Blank'ship	Persak	Cosgrove	Mahany	Stevenson	Bryant	Bulkley	*Keller	*Espy	---
HJ	WilliamsL	Stones	Heikkila	Hartfield	Dorsey	Richardson	Seifert	Guth	Gist	Neuhof	Ward	Fox/McF'dn
PV	Hunter	WilliamsJ	Harvey	Johnston	Richard	Mulkey	Donley	Morcom	Vernon	Johnston	---	---
LJ	Grimes	Kruse	Boswell	Hartfield	Horn	WilliamsP	Bradberry	Larsen	Alexander	Stolen	Fike	McFadden
TJ	Lafferty	Goodwin	Rodenbeck	Gordon	Coats	Mulkey	Smith D	Lukens	Alexander	---	Lacey	*McFadden
SP	Gilliam	England	Patak	Wallin	Hotchkiss	Thomson	Brusca	Bangert	Cumley	Carter	---	---
DT	Wildman	Kamla	Dupvis	Higgins	Hotchkiss	Palmer	Garrahan	Bangert	McDermott	Carter	Powell	*Fox
HT	Hartmann	Farmer	Kelmenson	Gage	Hotchkiss	Thomson	Brusca	Walmroth	+McDermott	York	---	---
JT	Kolger	Cwiek	Greenberg	Buffaloe	Mayer	Duckworth	Held	Lukens	Morning'r	Powell	---	---
PENT	MillerA	Baty	Harvey	Hopkins	Miller G	---	Grey	Morcom	Alexander	Lightfoot	---	Anderson
4X100	Houston	Elite	Mid-America	Masters	So. Calif,	Assoc.	L.A. Valley	---	---	---	---	---
4X400	Greater	Rochester	Mid-America	Masters	So. Calif,	Assoc.	L.A. Valley	---	---	---	---	---
4X800	Terlingua	TC	D.A.A. TC	---	---	---	So. Cal, Striders	---	---	---	---	---
5K-W	Burden	Martinez	McCray	Null	Elwarner	Green L	Myerowitz	+Mimm	Daman	Patterson	---	---
20K-W	Hairing	Dewitt	McCray	Null	Knatt	DiCarlo	Deuser	Mimm	Daman	Patterson	---	---
	W30	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	M90
100	King	Drumgole	Raschker	Mitchell	Kea	Fitzgerald	Patterson	Sullivan	Bowermas'r	Crews	Clarke	Spangler
200	Willet	ThompsonI	Raschker	O'Connor	Kea	Fitzgerald	Patterson	Sullivan	---	Crews	Clarke	Spangler
400	Willet	ThompsonI	Stiles	O'Connor	Mosbrucker	Fitzgerald	Patterson	Norckauer	---	Mehl	*Clarke	Spangler
800	Russell	Higgins	Houlton	---	Cleveland	Szawlowski	Patterson	Norckauer	---	Mehl	Salisbury	Spangler
1500	Bowers	Ellis	Shirley	Upton	Cleveland	Szawlowski	Peebles	---	Koenig	Mehl	Salisbury	Spangler
5000	Wojcik	Crisp	Lilburn	Upton	Mosbrucker	Wilson	---	ThompsonQ	Koenig	Mehl	---	Spangler
10000	McQuilkin	Crisp	Hancock	Yeakel	Moore	Wilson	Anderson	---	Koenig	Mehl	---	Spangler
SH	Parmele	Duchamp	Raschker	Carter	Sisley	+Miller C	PetersonP	---	---	---	---	---
LH	---	---	Calvert	---	---	---	PetersonP	---	---	---	---	---
HJ	Davis	---	Steek'urg	Primmer	Sisley	+Miller C	+McDaniels	Sullivan	Bow'master	Evans	---	---
PV	---	---	Raschker	Stewart	---	---	---	---	---	---	---	---
LJ	Pope-Green	ThompsonI	Raschker	Stewart	Sisley	---	+McDaniels	Sullivan	Bow'master	Evans*	---	---
TJ	---	---	Raschker	Stewart	Sisley	+Miller C	+McDaniels	Sullivan	---	*Evans	---	---
SP	Welding	Searcy	Struppeck	Hilliard	Grissom	Cirulnick	Holland	Norckauer	Bow'master	Jarvis	+Salisbury	---
DT	Welding	Boenker	Struppeck	Hilliard	Grissom	Cirulnick	Holland	Norckauer	Bow'master	Jarvis	+Salisbury	---
HT	---	---	---	+Bloomfield	Toman	---	---	Norckauer	---	---	---	---
JT	---	---	Struppeck	Huff	+Sisley	Miller C	Holland	Norckauer	Bow'master	Jarvis	+Salisbury	---
PENT	Pope-Green	---	---	---	Sisley	Miller C	---	---	---	---	---	---
4X800	---	---	*Club Sota	---	---	---	---	---	---	---	---	---
5K-W	Zembrod	Graham	*Sedlak	*Nedelco	Richardson	Decker	Rowland	Norckauer	Yeomans	*Crews	*Clarke	---
20K-W	---	Finch	Johnson	Hoch	LaVeck	---	---	---	---	---	---	---
10K-W	Zembrod	Graham	Ratner	Nedelco	Grady	Myerowitz	Rowland	ThompsonQ	Yeomans	---	Salisbury	---

*Pending World Age-Group Record

+Pending U.S. Age-Group Record

NA=Not Available

Continued on page 18

Nationals Draw 1090 to Indianapolis Continued from page 15

running at age 60+.

Colorado's Jack Greenwood, TAC's 1989 masters athlete of the year, lost both the 200 and 400 for the first time in memory, but took two golds in the 100H (15.65) and 300H (47.21).

"I'm having trouble with my hip," Greenwood said. "It didn't bother me in the hurdles, but, for some reason, it hit me in the flat runs. I just couldn't drive off it."

Greenwood, the 1989 U.S. masters athlete-of-the-year, underwent heart bypass surgery in 1967.

Canada's Earl Fee easily won both the 800 (2:16.40) and 1500 (4:47.38), while Utah's Gaylon Jorgensen, usually seen on the roads, impressed in the 5000 (17:59) and 10,000 (36:28).

Bud Held, the world record-holder in the javelin in 1956, won the M60 javelin (50.70/166-4) and is aiming to throw more than 200 feet if, as he said "I can keep the body together." Held, who designed javelins in the 50s and manufactured racquetball equipment in the 70s, is now a partner in a Colorado gold mine.

Jerry Donley cleared 3.66/12-0 for the PV win. Relative unknown William Garahan prevailed over a huge field of 16 in the DT (44.36/145-6).

The Los Angeles Valley AC won both the 4 x 100 (53.78) and 4 x 400 (4:39.64) relays.

M65-69

Mel Larsen took the 100 (13.11) over Willie Blackmon, but Blackmon came back to take both the 200 (27.17) and 400 (62.10), closing with a rush to make up a 30-meter deficit over New York's Rudy Valentine in the one-lapper.

Empire-Stater Archie Messenger took the 800 (2:34.76), but was upset by Dick Benson (5:14.90) in the 1500, as Benson came from far back to overtake Messenger and Rhode Island's Carl Hammen, who had set a blazing pace. "I picked it up with a lap to go," Benson said. "I thought I could win it all the way."

San Diego's Jim O'Neil, now 65, won both the 5000 (19:13) and 10,000 (40:13). O'Neil is the only person who has competed in all 23 national championships.

Ed Lukens took the 100H (18.51), while Valentine set a new U.S. M65 record in the 300H (49.80), lowering Bob Hunt's standard of 51.31.

Harry Guth leaped 1.45/4-9 to take the HJ. Boo Morcom, despite being at the top of his age group at 69, took the PV (2.74/8-11¼) on fewer misses. Bill Bangert is a twice-champion in the SP (12.11/39-8¼) and DT (37.44/122-10).

Bob Mimm set a U.S. M65 record in the 5K (27:39) and also won the 20K (2:01:31).

M70-74

Ohio's Bill Weinacht took the 100 (14.00), while Texas' John Alexander captured the 200 (28.58) and 400 (64.84). Perennial M70 champion Payton Jordan was absent due to arthroscopic knee surgery in July.

Jay Sponseller (2:45.62) garnered the 800, while John Evans nosed-out Howard Strassenburg in the 1500, 6:06.73 to 6:06.77.

Cokey Daman won the 5000 (22:39), 10,000 (47:13), 5K walk (30:17), and 20K walk (2:11:01).

Burl Gist avenged his 80H defeat by Bob Hunt in the World Games, 14.63 to 15.48, and Bill Carmen took the 300H (56.23).

John Alexander broke the AR with a 4.68/15-4¼ in the LJ, but it was wind aided, and won the TJ (8.91/29-2¼). Tom McDermott erased the AR in the HT with a 44.28/145-3, and was first in the DT (42.10/138-1).

M75-79

Marcus Neuhof won both sprints (14.99 and 33.83) and high jump. Milo Lightfoot annexed the 400 (81.56) and pentathlon. Burt Morrow captured both hurdles (17.53 and 68.03). Eugene Keller swept nearly everything else: 800 (3:17), 1500 (6:19), 5000 (48:42), 10,000 (23:40), and a WR in the 2000SC (10:10.66).

Ross Carter had wins in the SP (10.59/34-9) and DT (34.74/113-11). Alaska's Ernie Stolen won the LJ (2.71/8-10¼). Bill Patterson took home gold in the 5K and 10K walks.

M80-84

Byron Fike was the star of this division, picking up gold in the 100 (16.70), 200 (36.07), 400 (80.78), 800 (3:51), 1500 (8:13), and long jump.

Maryland's Ed Benham turned in his usual quality efforts in winning the 5000 (22:57) and 10,000 (47:55), not far off his own world M80 records.

Charles Epsy established a WR in the 2000SC (14:22).

Gordon Powell won two golds in the DT (23.40/76-9¼) and JT (14.50/47-6¼). Dick Lacey won the TJ (5.50/18-½).

M85-89

Colorado's Herb Anderson, 88, won the 100, 200, javelin and pentathlon. But he wasn't satisfied.

"I'm having a bit of trouble with my knee," he said. "It's not up to par."

Win McFadden broke the WR in the TJ with a 6.26/20-6½. Benjamin Fox smashed the WR in the DT with a 22.24/72-11½.

M90+

It's always good to see Paul Spangler at the nationals. Always a media favorite, the ubiquitous Spangler took part in every running event from the 100 through the 10,000, winning seven gold medals.

Spangler, at 91 the oldest athlete at the



Carol Peebles, 69, of Fond du Lac, Wisc., first W65 5000 (8:05.07), at the Nationals.

Photo by Jerry Wojcik

meet and the only one entered in his age group, didn't come close to his world M90 best of 1:11:41 in the 10K.

"I had a very slow time (1:22:37)," he said. "It was too hot for me."

Spangler is an enthusiastic supporter of masters running.

"I'm having fun," he said. "This is a special life." He ran in the yellow and green colors of his alma mater, the University of Oregon. When Oregon track coach Bill Dellinger heard about Spangler's achievements, he awarded him an honorary letter and sent a uniform.

"I'm proud of this outfit," said Spangler, who has four children, 13 grandchildren and 26 great grandchildren.

W30-34

Pam King took the 100 (12.68), as Danis Willett impressed in the 200 (26.60) and 400 (59.01).

Ruth Welding became a double champion in the SP (10.36/33-11¼) and DT (35.34/115-11).

W35-39

Donnis Drumgole was best in the 100 (12.87), while Irene Thompson copped the 200 (27.26) and 400 (63.43).

Betty Clair-Searcey took the SP (9.73/31-11), and Mary Anne Boenker the DT (26.68/87-6).

W40-44

Raschker, the 1989 TAC female masters athlete-of-the-year, won the 100 (12.76), 200 (26.95), 80H (13.13), PV (2.59/8-6), LJ (5.10/16-8¼), and TJ (9.90/32-5¼), but lost the HJ to Malibu's Annalies Steekelenburg (1.57/5-1¼) on fewer misses.

Debbie Stiles took the 400 (64.36), while Atlanta's Susan Houlton again won the 800 (2:27.04). San Diegan Joni Shirley passed four runners in the final 200 to win an exciting 1500 in 4:57.24 over Adrian Lilburn (4:57.71) and Sylvie Kimche (4:57.75). Lilburn won the 5000 in 18:12.

Triple-winner Lurline Struppeck had little competition in the SP (10.35/33-11½), DT (27.84/91-4), and JT (33.38/109-6).

Viisha Sedlak broke Irene Jackson's world 5K walk record of 24:51 by 13 seconds in 24:38, but it wasn't easy.

"I pressed all the way," the Boulder, Colorado resident said. "I started out with a 1:48 first lap and I never let up."

Sedlak is President of the American

Continued on page 26

From the Editor Continued from page 17

should make allowances for pressured officials. We should follow the rules laid down by the meet director. We should realize that things are never going to be perfect. But we should also know that physical or verbal violence against anyone, at anytime, in a masters meet is uncalled for.

Some say we shouldn't impose too many conditions on a meet director, or no one will bid for the national meet. That's a possibility, but, as Goss reminded us, bringing 1000 athletes and their families into a community for four days means an estimated \$1

million to the local economy. We do have some clout.

One answer would be to get a national sponsor to pick up some of the tab so the meets can always be run in a professional manner.

Next year, the meet again returns to the masters "family." Dick Green, the Illinois meet director, has been in the program for years and knows how to run a masters meet, as did David Pain last year. Bruce Springbett, Masters Outdoor Meet Coordinator, promised he'd work closely with Green. We should expect a first-class affair. □

AGE-GROUP RECORDS SET AT 23rd TAC/USA NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS — INDIANAPOLIS — AUGUST 2-5, 1990

WORLD RECORDS

Event	Age	New Mark	Name	Old Mark	Held by
400	W80	1:40.45	Polly Clarke	2:21.5	Anne Ward
TJ	M85	6.26	Win McFadden	6.15	Buell Crane
TJ	W75	6.13	Sheila Evans	4.75	Edith Mendyka
DT	M85	22.24	Ben Fox	20.47	Buell Crane
SC	M75	10:10.66	Eugene Keller	10:32.17	Stan Nicholls
SC	M80	14:22.44	Charles Epsy	None	
100H	M50	14.84	Charley Miller	14.87	Charley Miller
4X800	W40	10:56.52	Club Sota	11:29.50	Track Shack
5K-W	W40	24:38	Viisha Sedlak	24:51	Irene Jackson
5K-W	W45	25:10	Jo Ann Nedelco	25:28	Lori Maynard
5K-W	W75	38:21	Millie Crews	39:01	Adeline Crocker
5K-W	W80	38:23	Polly Clarke	43:53	Marilla Salisbury

U.S. RECORDS

80H	W50	15.25	Christel Miller	16.6	Shirley Kinsey
300H	M65	49.80	Rudy Valentine	51.31	Bob Hunt
HJ	W55	1.29	Christel Miller	1.27	Christel Miller
HJ	W60	1.19	Leonore McDaniels	1.15	Patricia Peterson
HJ	W75	.95	Sheila Evans	None	
HJ	M35	2.13	Dwight Stones	2.05	John Dobroth
TJ	W55	8.08	Christel Miller	7.96	Magdalena Kuehne
TJ	W60	7.32	Leonore McDaniels	6.58	Mary Norckauer
SP	W80	3.53	Marilla Salisbury	3.37	Marilla Salisbury
DT	W80	5.92	Marilla Salisbury	5.84	Marilla Salisbury
HT	M70	44.28	Tom McDermott	43.44	Dan Aldrich
JT	W50	36.14	Becky Sisley	33.42	Becky Sisley
JT	W80	7.02	Marilla Salisbury	6.20	Marilla Salisbury
5K-W	M65	27:39	Robert Mimm	28:40	Don Johnson

Hardison Breaks U.S. Pole-Vault Record in Trojan Meet

by JERRY WOJCIK

Steve Hardison of Fresno, Calif., broke the M40-44 U.S. record in the pole vault on his 40th birthday, July 15, at the Trojan Masters Invitational Meet on the University of Southern California track in Los Angeles.

His 16-6 wiped out Roger Ruth's 15-1¼ (1972) and Charles Polhamus' pending mark of 15-3 (1985). It also stands a good chance of being a WR, if Sweden's Kjell Isaakson's pending, two-year-old vault of 16-9¼ is not verified soon. The current WR was set in 1977 by Rudolf Tomasek at 15-9.

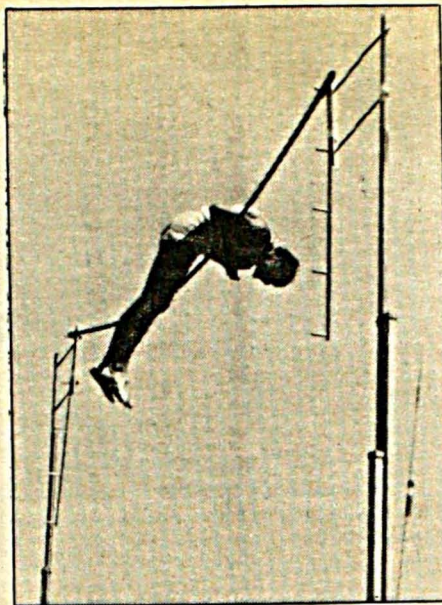
In other action, Mike Bailey, M30, had three decisive wins in the shot (51-5), javelin (200-0) and discus (152-2), but discus honors went to Lloyd Higgins, M45, who topped all throwers with a 162-5.

Yvette La Vigne, W50, finished with the leaders in the 5000 with a 20:22.

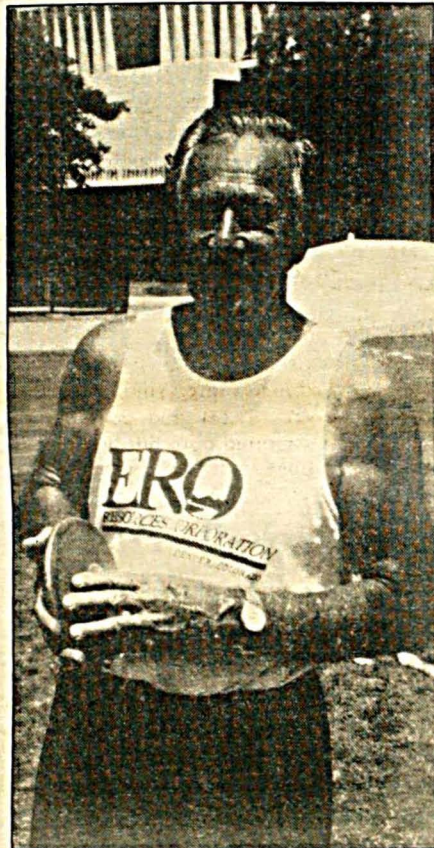
Keith Ward, M40, was overall first in the 5000 racewalk with a 23:53, while Bob Meador took the M55 race from a strong field in 27:19. □



Mike Morris of Santa Maria, Calif., 1st M45 (13-6) in the pole vault, Trojan Invitational, Los Angeles. Photo by Jerry Wojcik



Steve Hardison, M40, attempts a 16-10 pole vault at the USC Trojan Meet, July 15. He set a new M40 WR of 16-6½. Photo by Tom Miller



Thrower Tom Flack, M70, of Colorado, before the discus, Trojan Invitational, Los Angeles, July 15. Photo by Jerry Wojcik

Masters Share Goodwill in Seattle

by JERRY WOJCIK

Northwest-area masters dominated M40+ divisions in the Goodwill Games Marathon held in Seattle, Wash. The Games' organizers allowed all entrants to run with the open marathoners — both in the men's event on July 21 and the women's on July 22.

Ali Chalal, 46, of Seattle used a 6:01 pace to finish first master in 2:37:51. Herb Phillips, 50, of British Columbia, Canada broke the U.S. grasp on division firsts with a M50 win in 2:46:16.

The city of Kirkland, Wash., should claim some sort of running title after placing three contestants in the top five M40, led by John Hahn, 2nd M40

(2:46:14). David Shafer, 41, of Caldwell, Idaho, finished first (2:42:48).

The women's masters division winners were more geographically diverse. Nadia Gumarova, 41, of the USSR was 6th overall of 732 entrants with a 2:49:14.

W45 winner Annelie Reuter, 48, of Lake Tahoe, Nev., was third W40+ overall (3:16:17), and W55 first Wen-Shi Yu, 55, of Kew Gardens, N.Y., was fourth (3:20:28).

Dave Mora of Bloomington, Ind., with a 2:14:49, and Sonia Ivanova of the USSR (2:34:37) were overall winners in fields lessened by several big-name no-shows. □

183 Turn Out for Eastern Sectionals in NYC

by HAIG BOHIGIAN,
Meet Director

After being switched from Rochester, N.Y., in early June, TAC's Eastern Sectional Masters Track and Field Championships finally got underway at Randall's Island in New York City on July 15. One hundred and eighty-three athletes representing 36 clubs participated.

One age-group national record was set by Anne Cirulnick, 55, who put the 3kg shot 9.68; she also took discus and javelin firsts.

Bill Eiple, 77, won the most number of events, capturing seven. Barbara Stewart, 48, topped the field in five contests, while Irene Thompson, 36, Pat Peterson, 64, Al Jonkola, 65, and Cassandra Clark, 42, all won four golds each.

The sprints produced some exciting races. John Brooks, 35, won the 100 in 11.12 and the 200 in 22.71. In close contests, Joe Johnson, 45, edged Lloyd Hart, 46, with an 11.62 100 and a 24.07 200. Hugo Hartenstein, visiting from Colorado, defeated Bob Keegan and Matt Brown with an M55 100 (12.14) and 200 (25.41). Alexandria Johnson, 54, had a sprint triple win, while Marilyn Mitchell won the W45 100 and 200.

The best 800 of the meet was turned in by Rob Jackson, 40, who just missed his bid to go under 2:00 with a 2:01.02.

John Conner won the M55 800 in 2:10.01 and the 1500 in 4:44.84.

The only controversy of the day occurred when Gary Null, M40, showed up late for the 5000 walk. He started 51 seconds behind, was ordered off the track, and, several minutes later, was allowed to continue. Amazingly, he still won his division. The best walk performance was recorded by Elton Richardson who registered a W50 30:57.51.

Marcus Neuhof, 75, who never seems to lose his form, won the high jump (1.27) and long jump (3.91). Other great field event performances included Bob Young's M55 44.18 javelin throw; Larry Pratt's M45 41.38 discus throw; and Robert Decker's M50 40.40 in the hammer.

The most exciting race turned out to be the 4x800 relay in the M40-49 division. The New York Pioneers, anchored by Don Hodge, who had just turned 40, made up a deficit of 60 meters to nip the Hartford TC.

All running events used OMEGA fully automated timing by Northeast Timing. NASTECH Pharmaceutical, which manufactures Pro-gesic, a topical liquid pain reliever, was the main sponsor of the meet. □



Minutes of Women's Meeting at Nationals

Due to inclement weather, competition on Sat. Aug. 4 was delayed. A number of women athletes, including Christel Miller, current Women's Coordinator, were competing and were unable to be present at 6:30 p.m., the scheduled start of the women's meeting. In Christel's absence, Barbara Kousky, Masters Track and Field Committee Chair, presided.

Discussion was held regarding the All-American standards. A number of athletes voiced the opinion that in some areas, the All-American Standards were inconsistent. Bob Fine provided the group with background information on the development of the standards. Bev LaVeck, Ann Carter, and Barbara Stewart agreed to work with Christel to review the standards and propose adjustments.

Discussion was held regarding at what age women should be classified as master athletes. Ruth Anderson and Bob Fine contributed background information on the decision by the 1975 WAVA Council to set the age at 35.

Marilyn Mitchell suggested that we should consider lowering the age group for both men and women to age 30.

A straw ballot was taken: 23 athletes voted for age 40 as the lower age limit for women masters with five athletes voting for age 35. This will be presented at the Women's General Assembly in July, 1991, in Turku, Finland.

Bob Fine, the Masters T&F Committee representative to the TAC Law and Legislation Committee, proposed the meeting consider making a request to formally put the jurisdiction for T&F championships for women age-35-and-over under the Masters T&F Committee. (Currently our committee has formal jurisdiction for women age-40-and-over.) Following discussion the motion was unanimously approved.

Prior to distribution of ballots for the election of the Women's Coordinator position, candidates Becky Sisley and Susan Houlton withdrew, expressing support of Christel Miller. Both expressed a desire to be involved but felt they needed to acquire additional experience prior to holding office. NOTE: Chairman Kousky has reappointed Christel Miller to the position of Women's Coordinator and both Sisley and Houlton have agreed to serve on the committee with Miller.

A suggestion was made that we consider adding the 3000m to our championships. This event is currently staged at the open and Olympic level. During the ensuing discussion it was pointed out that we currently offer the same events for both men and women at our championships and offering the 3000m would deviate from this policy. The suggestion will be referred to the Masters T&F Committee for further study. □

—Barbara Kousky



MASTERS RACEWALKING

by ELAINE WARD

Elaine Ward's column will resume next month



Finishing first in the W50 competition at the July 4, 7th Annual Apple Bank Long Island Women's Summer 5K was Linda Acker (far right) with a 22:30. Other winners (LtoR) are Barbara Withers, (5th), Jean Bongiorno (4th), Penny Pinsley (3rd) and Nancy Fraser (2nd).

Campbell Just Misses 3000 WR in Boston

by FREDERICK TRESELER
BOSTON, July 14. Showing up unannounced for the 1990 Boston Masters NEAC Track and Field Championships at Northeastern University's Solomon Track, New Zealand Masters phenomenon John Campbell entered the 3000 with hopes of breaking the M40 WR of 8:17.4 set by fellow New Zealander Jack Foster in 1976.

Despite temperatures hovering in the low 90s, Campbell got off to a blistering start, establishing a hard-to-keep-up-with 67-68 lap pace. Craig Fram, M30, managed to stay close for the first 4½ laps, but then dropped off, finishing with a respectable 8:34.5. With three laps to go, Campbell pressed on with his characteristic single-mindedness. Encouraged by an en-

thusiastic meet announcer and cheered on by hundreds of well-wishing fans, Campbell ran the final 600 in a scorching 1:36, posting a 63-second final 400 to finish with an 8:18.2, narrowly missing the WR by eight-tenths of a second.

In other action, Roger Pierce took the M45 sprints, registering an 11.2 100, a 23.0 200, and 52.2 400. Linda Upton bested the W45 competition in the 800 with a 2:31.7 and an 11:13.6 3000. The field events saw Cliff Blair win the M60 hammer with a throw of 162-8 while Libby Hagemann swept the W65 throwing events with a 68-10 hammer, a 57-10 JT, a 62-11 discus, and a 13-2 shot.

Next year's event is billed as a "tune-up for Turku" and is scheduled for July 13 at the same venue. □

Hearn, Yu Star in Apple Bank Women's Run

by BARRY SALTSBERG
Race Director

Exceptional performances by Angella Hearn of Manhattan and Wen-Shi Yu of Queens highlighted a strong group of masters runners in the 7th Annual Apple Bank Long Island Women's Summer 5K held on the roads of Jericho and Brookville, July 4.

Hearn, 44, once again proved that she's the top W40+ runner in the New York metropolitan area, crossing the finish line in 18:01 to take the W40-44 race by 15 seconds over Swedish speedster Eva Isaacs.

Perhaps even more impressive was the performance of Yu, who turned in

a 21:35 to win the 55-59 race and establish a Long Island age-group record.

Lina Connors (19:33) won the M45-49 contest; Linda Acker (22:30) was first in the 50-54 age group; and Sallie Festa (25:34) led the 60+ runners.

The oldest competitor was 73-year-old Erna Frank who received a Special Senior Achievement Award for her efforts.

Rosalind Taylor, 23, of Lanham, Md., was first overall (15:58).

The run was conducted by the Plainview-Old Bethpage RRC. The lead sponsor was The Apple Bank for Savings of New York.

Niagara Falls Hosts National 10K Racewalk

by JERRY WOJCIK

The TAC/USA National Masters 10K Racewalk Championships were held on July 7 in Niagara Falls, N.Y. The site was the same, but unlike 1989 when entrants were hampered by heat and high humidity, conditions this year were nearly perfect on the 2K-loop course with temperatures in the low 60s and little wind.

The 40-44 winners were Bob Keating (46:34) of Nashua, N.H., and Julie Raer (52:50) of NYC. Firsts in the 45-49 category were recorded by Victory Sipes (49:08) of Detroit, and Virginia Scales (57:32) of Banning, Calif.

The 50-54 races went to John Elwarner (49:06) of Sterling Heights,

Mich., third M40+ overall, who led a division sweep of the first four places by Detroit-area walkers, and to Jill Latham (59:46) of Panorama City, Calif. Larry Green (53:20) of Sumter, S.C., and Rhoda Green (62:52) took the 55-59 contests.

The remaining division winners were 60-64 — Dr. Moshe Myerowitz (58:26) of Bangor, Me., and Joan Rowland (65:20) of NYC; 65-69 — Robert Mimm (58:46) of Willingboro, N.J., and Sage Cowles (69:54) of Minneapolis; and 70+ — A. Cokey Daman (60:42) of Virginia Beach, Va.

The race was sponsored by Blue Cross of West New York and conducted by the host Niagara Walkers Club under the supervision of meet director Dave Lawrence. □

180 Masters at Tennessee Meet in Knoxville

by DEAN WATERS, Meet Director
Beautiful weather greeted the 180 participants in the Fort Sanders Tennessee Masters Track and Field Championships, June 22-23, at the University of Tennessee's Tom Black track in Knoxville. The record number of athletes was a pleasant surprise since the meet conflicted with the newly-installed Tennessee State Games. Par-

ticipation was helped significantly by the 25 members of the Bob Schul Running Club of Dayton, Ohio.

Vernon Cheadle, 80, ex-chancellor of the University of California at Santa Barbara and a resident of that city, happened to be vacationing in the area, registered late, and left with a U.S. M80-84 discus record of 97-6. The ex-

Continued on page 28

Third Annual

SRI CHINMOY MASTERS TRACK & FIELD 50 AND OVER

Sunday, September 23, 1990 ♦ University of California, Irvine

<p>TAC SANCTIONED</p> <p>DATE: Sunday, September 23, 1990</p> <p>LOCATION: University of California, Irvine</p> <p>DIRECTIONS: Fwy 405 (or 5) to Culver Blvd., South to Campus Drive, right on Campus Drive to Bridge Road, left on Bridge Road to parking lot 6 or 6A.</p> <p>DIVISION: 10 year age division, oldest to youngest.</p> <p>ENTRY FEE: First event \$10.00, additional events \$5.00 each, unlimited entries \$20.00, includes multi-colored T-shirt. No refunds.</p> <p>DEADLINE: All entries must be postmarked no later than September 13. Complete entry form information may be phoned in as late as Sunday, September 16. Late entries add \$1.00.</p> <p>AWARDS: Sri Chinmoy Race rainbow-colored ribbons to first three men and women in each event and age group.</p> <p>AID: Water, fruit and refreshments throughout day to participants.</p>	<p>TRACK EVENTS</p> <p>9:30 am 5000m Race Walk (comb)</p> <p>10:15 am 100m Hurdles</p> <p>10:30 am 1500m Run (comb)</p> <p>10:45 am 100m Run</p> <p>11:15 am 300m Int. Hurdles</p> <p>11:30 am 400m Run</p> <p>12:00 noon Break</p> <p>12:30 pm 800m Run</p> <p>12:50 pm 3000m Run (comb)</p> <p>1:20 pm 200m Run</p> <p>FIELD EVENTS</p> <p>9:00 am Hammer</p> <p>9:30 am Long Jump</p> <p>10:00 am Javelin</p> <p>10:15 am Triple Jump</p> <p>11:15 am Shot Put</p> <p>12:00 noon Break</p> <p>12:30 pm Discus</p> <p>12:30 pm High Jump</p> <p>1:30 pm Pole Vault</p>
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Mail Entry To: Sri Chinmoy Marathon Team, 1921 S. Sherbourne Dr., Los Angeles, CA 90034. Sponsored by SCMT. For more information please call (213) 838-4746.

ENTRY FORM

Mail or call in to the Sri Chinmoy Marathon Team, 1921 S. Sherbourne Drive, Los Angeles, CA 90034 Phone: (213) 838-4746

NAME (Last) _____ (First) _____ AGE _____ SEX _____

DATE OF BIRTH _____ TAC # _____ TELEPHONE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____


T-SHIRT SIZE: SMALL _____ MEDIUM _____ LARGE _____ X-LARGE _____ AMOUNT ENCLOSED _____

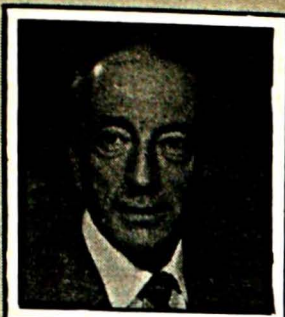
PLEASE ENTER ME: 1) _____ 2) _____ 3) _____

4) _____ 5) _____ 6) _____

WAIVER: In consideration of your acceptance of my entry, I hereby for myself and my spouse, release and forever discharge any and all claims for damages which I may have, or may hereafter accrue, against UC Irvine, the Sri Chinmoy Marathon Team, and all other sponsors and sports facilities or their officials or agents, for any damages which may be suffered by me. I certify that I am in good health and that my level of training is such that I am prepared to compete in this event.

Athlete's Signature _____ Date _____





International Scene

by ALASTAIR LYNN

Why I Decided To Run for President

As you read in my report in last month's issue of the WAVA Council meetings in Turku in June, 1990, the Council nominated me to stand for President of WAVA at the General Assembly next year in Turku.

The purpose of this article is to let you know why I decided to run for President.

History of WAVA-IAAF

The history of the WAVA-IAAF relationship has been well described by Don Farquharson's "A Brief History of Veteran Athletics" published in the WAVA Handbook. After Adrian Paulen, then President of the IAAF, had observed the WAVA Championships at Gothenburg, Sweden, in 1977, the IAAF gave the newly formed WAVA the right to hold such events, provided the events were confined to women 35 years and over, and men 40 years and over.

WAVA, through the efforts of activists in many countries and including people willing to give their time and take the risk of financial problems in order for their cities to host these championships, developed dramatically through the years. To be fair, in many cases, assistance was given by the local IAAF affiliate but the success required the drive and imagination of the activists. Without them the Veterans' movement would not have happened.

IAAF Shows Interest

In 1984, the IAAF started to show direct interest in this Veterans movement. It formed a Veterans Committee with Hans Skaset as Chairperson and composed of WAVA people. This committee, as chronicled in Farquharson's history, held several meetings and was then replaced by a new committee, under Skaset, with some WAVA people and also members from outside WAVA. This new committee has met three times and Hans Skaset visited the Eugene WAVA Championships. The IAAF Veterans' Committee has no authority over WAVA but functions as a link between the WAVA Council and the IAAF.

The 1989 meeting of the IAAF Veterans Committee was held in Barcelona. Since then, the IAAF has taken a more active role and has sent letters to all of its affiliates in countries where there is no WAVA affiliate, suggesting that they might join WAVA in order to help them represent Veteran activities in a greater number of countries — an admirable objective.

Personally, I am in favor of this action, and indeed, President Cesare Beccalli and I jointly drafted the letter sent to these countries by the IAAF.

Private Meeting With IAAF

Apart from the meeting of the Veterans Committee in Barcelona, Beccalli also had a private meeting with the IAAF. The results of this meeting were contained in a letter sent to all WAVA affiliates from Beccalli late last year. This letter had a covering note from me

NOTE: During the next year, the *National Masters News* will make available equal space to candidates competing for office at the WAVA General Assembly next July in Turku, Finland. The first article — presented on this page — is by Alastair Lynn, candidate for President. Other candidates are invited to submit similar statements.

in order to emphasize that his proposals were subject to approval by the WAVA General Assembly in 1991. To me, final submission to the WAVA General Assembly is all-important.

This letter, you will recall, contained a number of proposals supported by Beccalli. Among the major ones were:

1) A suggestion which led to the following resolution being accepted by the WAVA Council to be put to the General Assembly in 1991 if requested to do so by the IAAF.

"It is the position of the WAVA Council that if the IAAF wishes to have a voting representative on the WAVA Council then the WAVA Council will propose the relevant constitutional amendment to the WAVA General Assembly."

This was agreed unanimously by the WAVA Council. I support this proposal fully as it recognizes a true partnership between WAVA and the IAAF — between the pioneers of veterans athletics and an organization — the IAAF — which can help the sport spread worldwide.

2) A major proposal from Beccalli, which if accepted, would have given the IAAF the right, after 1991, to decide which organization in a given country would be the WAVA affiliate in the event of a dispute between two Veteran organizations — as sometimes happens. At Turku, a number of the Council members, including myself, felt very strongly on this issue and Beccalli withdrew his proposal.

No Surrender of Rights

Although there are other contributory factors, this is the main issue which led to my decision to stand for the Council's nomination for WAVA President. I cannot accept that the President of any organization could propose the surrender of one of the fundamental rights of an organization — the right to decide on its own members.

It is also puzzling as to why the IAAF should wish to go to this extreme position, which would effectively make WAVA no more than a department within the IAAF. Partnership is one thing. The voting representative mentioned above gives the IAAF an opportunity to influence the WAVA Council's decisions. But to go to the next step is to open the door to the possible betrayal of activists who created WAVA. There are many WAVA affiliates who are independent of their national IAAF affiliate (although possibly on reasonable terms with them) and it would be wrong for WAVA to abdicate this right of decision regarding affiliates.

I am *not* opposed to the IAAF. I am opposed to WAVA being governed by one person. I am opposed to a WAVA President proposing fundamental changes without first consulting the WAVA Council or General Assembly. I am opposed to a WAVA President who even considers surrendering WAVA's sovereignty.

Build a Partnership

I am in favor of working closely with the IAAF. I am in favor of building a partnership with the IAAF to open the doors of veterans athletics to thousands of participants throughout the world. I am in favor of building a better, stronger, world-wide veterans movement with countries from all over the globe.

I have extensive competition and administrative experience in our sport (see resume on this page) at the club, national, and international level, plus experience gained by living on two continents.

To summarize: There are many reasons why people wish to hold office in organizations such as WAVA. My reasons are simple:

I am running for President because I want to cooperate in a true partnership with the IAAF to bring participants from throughout the world into the Veterans' program.

I am running for President because I believe in open communication between the President, the Council, the General Assembly and the membership world-wide.

I am running for President because I don't feel it is right or proper for a WAVA President to act on his/her own without the approval of the Council or the General Assembly, to the detriment of WAVA.

I am running for President because WAVA needs a strong President to conduct fair and efficient meetings and to move our program in a positive direction.

And, I am running for President because I love the sport I have participated in and enjoyed since my boyhood.

For these reasons I ask for your support at the WAVA General Assembly in Turku on July 24, 1991.

Curriculum Vitae — Alastair Lynn

- Born in Scotland in 1930, ran my first serious race in 1947 and have been an enthusiastic competitor ever since . . .
- Considerable competition and administrative experience at University and in the highly-developed United Kingdom track & field club system . . .
- Competed as a Veteran since 1970 at club, national and international levels in track, road and cross-country events . . .
- Emigrated with my wife and three daughters to Canada in 1972 and became a Canadian citizen in 1978; I am Senior Vice-President of a marketing research company in Toronto . . .
- Active in administration of the Canadian Masters Athletic Association since 1976, President for four years . . .
- Elected Treasurer of WAVA in 1983 and re-elected in 1985 . . .
- Developed WAVA's finances and created an open reporting policy so that the WAVA affiliates were informed in detail of revenue and expenses . . .
- Elected Secretary of WAVA in 1987 and re-elected in 1989 . . .
- Developed the Secretary's function so that strong lines of communication were achieved with the WAVA affiliates and with cities involved in the WAVA Championships . . .
- With the Treasurer, Al Sheahan, worked to make the WAVA General Assembly a smooth running and fair meeting.

I therefore present myself as a candidate for President of WAVA, having extensive competition and administrative experience at the club, national and international levels; this experience gained on two continents. □



Report from Britain

By ALASTAIR AITKEN of *Athletics Today*, and
MARTIN DUFF of *Athletics Weekly*

Nationals Lure 500 to Glasgow, Scotland

Despite unseasonably cold weather and rain, the British Veterans Athletic Federation Championships went off as scheduled in Glasgow, Scotland, on July 14-15. The meet, which had more than 500 entrants, included competitors from the U.S., New Zealand, and Canada as well as Great Britain.

Many athletes arrived at the magnificent new sports complex only to discover that they had either missed their event or that it had been switched to a different day. Organizers had failed to notify participants of the changes.

Another area which blighted competition for many athletes was the unavailability of proper implements for the throwing events. In effect, this negated the possibility of records.

There were, thankfully, no repiti-

tions of previous chaotic schedule overruns and the events went off on time. However, there was a high percentage of no-shows, which gives considerable backing for the championships to be held annually at a central venue.

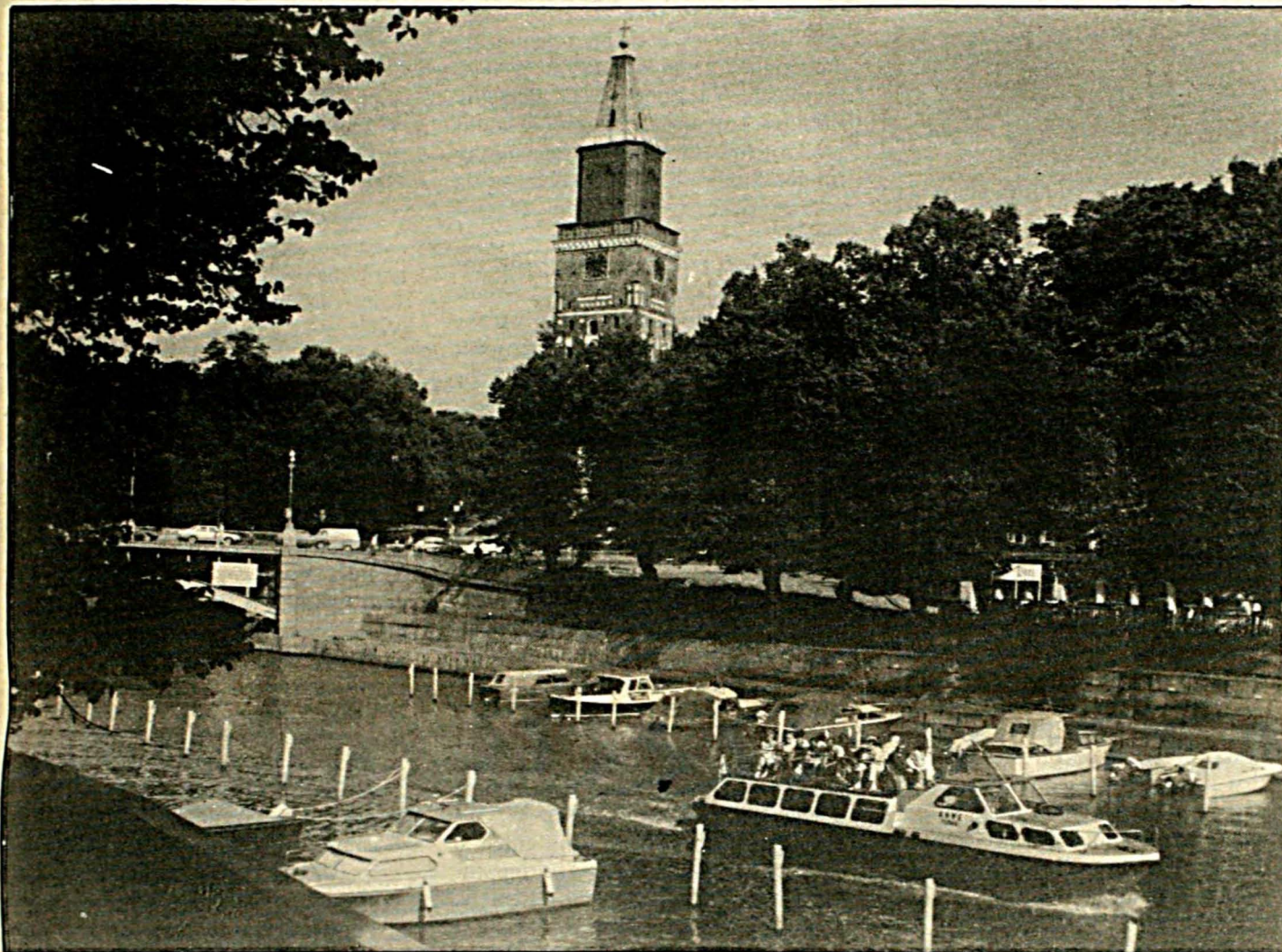
Awards were based on the number of entries and the achievement of the BVAF merit standard established for the event in five-year age groupings. For example, the athlete who finished first automatically received a medal; but the second and third place finishers only received awards if they met the standard for that event.

Ron Taylor, who earlier in the week set the M55 world age record for the 200 with a 23.37 at the VII WAVA European Track and Field Championships in Budapest, Hungary, was only able to post a 23.6 in the same event — still the fastest time recorded for any 40+ entrant. Taylor also registered a 12.2 in the 100. George McNeill, 43, turned in an impressive 11.6 to win the M40 100.

Although no world records were broken, Colin Shafto set a British M55 record in the 100H with a blistering 15.8. Other British athletes performing well were John Potts, M45, with a 2:00.6 800 and a 4:03 1500; Mike James, M40, with a 7.15m long jump; and Judy Vernon, W40, with a 13.3 100.

Former American naval officer, Bill Guy, won the M60 100 (13.2) and 200 (27.1). Also making a strong showing was Maryland's Ed Mathews, M70, who posted a 14.5 and 30.1 in the same events. Lorraine Tucker from Hartsdale, N.Y., won the gold in the W40 javelin.

In other contests around the country, veteran Alun Roper won the open Billy Hancock Trophy road race with a 22:21 on July 27 at Neath. Harry Tempian logged a 4:44 1500 and an 18:15.8 5000 to establish new British records at the June 10 Midland Veterans Championships held in Solihull. And, at the Eastern Veterans Championships in Bedford on June 17, Pat McNab, W40, bettered her own world record for the hammer with a 40.40.



The Aura River runs through downtown Turku, Finland, site of next year's IX WAVA World Veterans Athletics Championships.

Photo by Valokuvaaja/Matti Kivekas

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14 World Records Set in Budapest

by MARTIN DUFF
of *Athletics Weekly*

The NEP stadium in Budapest, Hungary, was the setting for the VII WAVA European Track and Field Championships where 14 world records were broken.

The contest, held from June 30 to July 7, expected over 3000 athletes to compete, including more than 700 Soviets, but a lot of them simply did not show up. Of the Soviets that did attend, most preferred to be known as Latvians or Lithuanians, etc. but certainly not Russians!

However, the Eastern bloc contribution was pretty formidable, with Hungarian Istvan Major leading the way with an M40-44 high jump WR of 2.07, immediately followed by an M45-49 HJ WR of 1.96 by Max Chelnov of Russia. Janis Zirnis of Russia could not match his M40 new javelin throw of 71.10 in the Eugene World Games but still threw the new javelin 68.80.

Russian Oleg Djatlov threw the M40 hammer out to 71.60 using four turns, and provided a real exhibition of Soviet throwing.

Finn Stig Balklund set two M50-54 WRs, first in the long jump (6.66), and then, on his only jump, tripled out to 14.07. Countryman Tap Taavitsainen was the best long jumper overall with a new M45-49 WR of 7.02.

Peter Browne of Great Britain had an easy route with three wins in the M40 400, 800, and 1500, plus a 50.66 leg in the winning 4x400 relay.

For the women, West Germany's Karen Von Riewel was dominant with

Continued on page 25

Van Noten Repeats in Belgium

by MARTIN DUFF
of *Athletics Weekly*

Belgian Omer Van Noten retained his M40 10K title in the annual International Veterans 10K/25K races in Brugge, Belgium, June 23-24.

Competition standards were generally lower, due to the talent drain caused by the VII WAVA European T&F Championships in Budapest the following week.

Britain's Diane Underwood, a former tri-athlete, won both the W35 10K (36:02) and 25K (95:54) races. Joselyn Ross of Britain was in top form to take the W60 10K in 43:37.

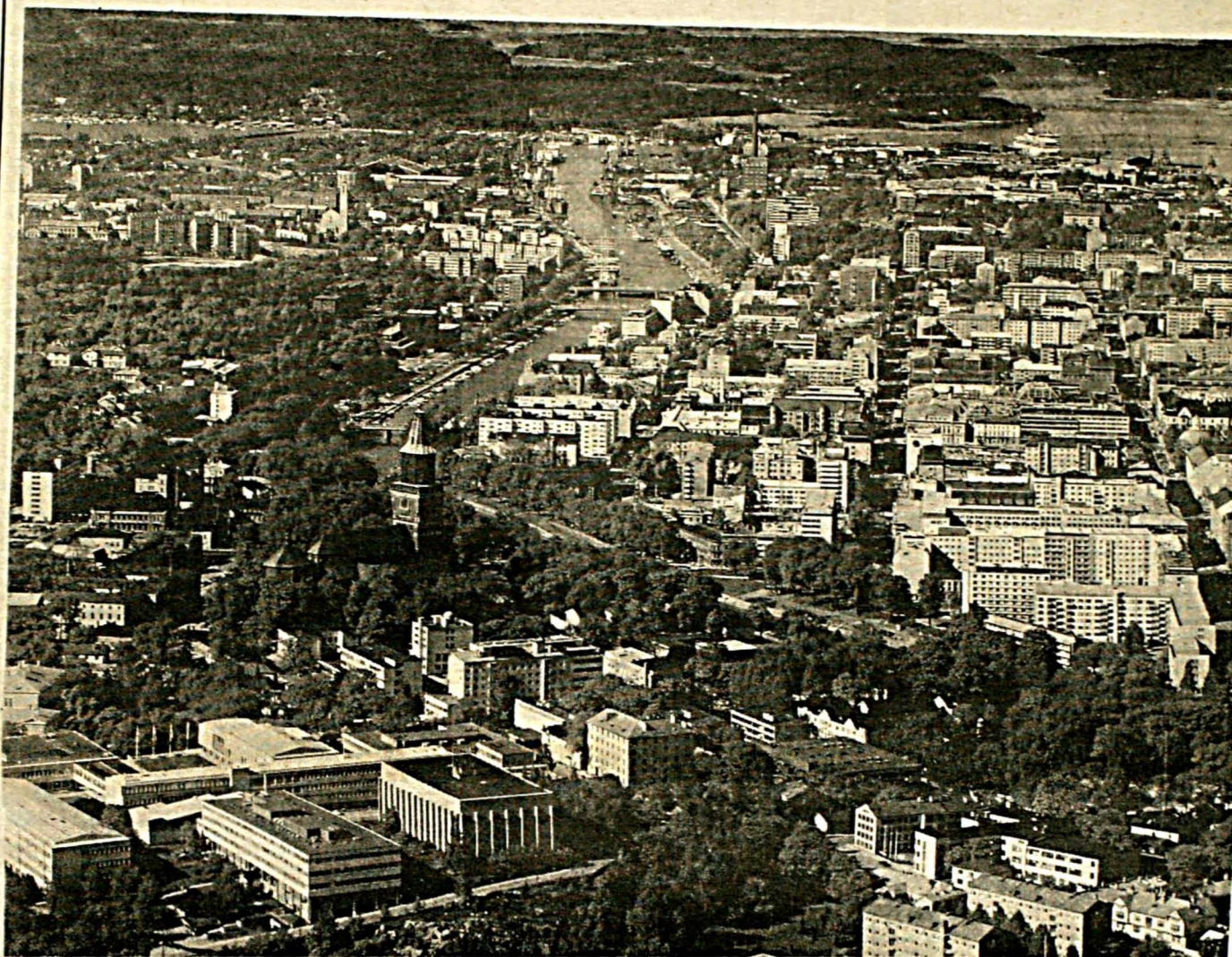
Tony Simmons was an easy M40 winner in the 25K in 79:27 on a re-measured course.

The 10K club team championship went to Britain's Barnet and District team (1:48:26), and Great Britain captured the international team gold with a 1:38:45 total.

The 25K club winner was Belgium's RRC squad (4:08:26), which also took the international trophy. □



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The Director's Corner

by DEAN REINKE

Dixon Hypes a 4-Minute Mile

Some people are suggesting that Rod Dixon might be the Don King of road racing. With covers on *Running Times*, *Runner's World*, and the most anxiously awaited birthday since Princess Di's first child, Rod Dixon had the world in his hands awaiting his 4-minute mile attack, but a viral pneumonia reportedly put Rod in the hospital and it remains to be seen when he'll attack the road racing scene, let alone the much-ballyhooed 4-minute mile effort.

Many skeptics among the runners, themselves, including John Campbell, Bill Rodgers and others, had to chuckle because they've known Dixon for years. Nobody is a better promoter for the sport than the likable New Zealander, but Rod apparently had second thoughts about that magical 4-minute wonder.

Most impressive, however, is the ability once again for the Masters movement to steal the thunder from the entire running scene. Last spring it was John Campbell breaking Jack Foster's record. The last several months, the major story in the sport has been Dixon's approaching 40 and the 4-minute mile barrier.

Hopefully, the open division athletes and circuits such as ARRA are taking notes on how the masters have dominated the road racing scene for the last three years. I applaud Rod Dixon regardless of the amount of hype, as Rod has been in the open division and will soon be a real player in the masters division.

The story in 1990 certainly has to be John Campbell continuing to dominate the masters, Rodgers' maintaining the usual consistency and newcomers like Navarro from Mexico and the steady likes of Bob Schlauf, Dave Stewart, Larry Almborg, and others still pressing the front ranks.

Good Luck to Bill

While Bill Rodgers has done a tremendous amount to further the Masters Circuit, another Bill has been equally instrumental. ICI's Bill Adams is a man who stepped forward three years ago and inspired ICI's two-year commitment to launch the then-fledgling circuit. Swimming upstream against sports marketing efforts emanating from ICI's London headquarters, Adams' vision was not appreciated by his superiors. Bill recently got caught in a major transition at ICI of a number of key players, including himself, and he is moving on to Florida

and a university teaching career. We know we haven't seen the last of the enthusiastic Adams, who, incidentally, becomes a Grand Master this year. We have decided to honor Bill this year at the Naples Sorbothane/USRA National Masters Grand Championship by awarding Bill the Number "1" to wear at this year's event on January 12, 1991.

The field is going to shape up as another star-studded cast and we are hopeful of the first-ever meeting between Rodgers, Campbell, Dixon, and Navarro, as well as many other great names. We also are inviting three of the sport's legendary names who will be inducted into the Hall of Fame this fall. They are the first-ever sub-4-minute indoor miler Jim Beatty; Olympian Rick Wohlhuter; and 5-time world cross-country champion and coaching great Doris Brown Heritage.



Circuit Happenings

Give the Gold Medal to Wilson Waigwa at the recent Arvida Fiesta 5K in San Clemente for the new world best for 5K. Our heartfelt sympathies go out to Race Director Todd Miller, whose mother passed away the morning prior to the event... Domingo Tibaduiza, current leader on the Sorbothane/USRA Masters Circuit, was knocked down 2 miles into the race at which time he was running stride for stride with Waigwa. Tibaduiza recovered sufficiently to place third behind John Campbell and Bill Rodgers at the 16th Annual Bix Seven in Iowa... 16,521 toed the line at Bix, a 1,200 runner growth from a year ago... John Campbell continues his relentless pursuit of the record books. His bank account keeps increasing, thank you. He's still without a permanent home in the U.S. but has been training with Geoff Smith in the Providence area. Campbell's had some ear problems that prevent him from flying long

distances. He's been driving to most of his events, a la John Madden. Dave Stewart's still on the injured list. Canadians, please please let us know when he will be back on the roads again. He is aiming for Naples. Frank Shorter showed his continued strength at the Chicago Distance Classic Circuit stop... This past month's Asbury Park 10K was to have been the first duel between Campbell and Dixon but Dixon's viral pneumonia at press time had him in doubt... Crim Road Race continues to expand and not many races treat their athletes better than Lois Craig and her crew. Bill Rodgers, Bob Schlauf, Laurie Binder, and John Campbell were expected on the line August 25... The Main Course Challenge in Denver is shaping up to be quite a first year addition to the Sorbothane/USRA Masters Circuit. A \$5,000 Masters purse and airline tickets are available for athletes (303) 741-3587 for athlete inquiries... Shelly Morgan's Rockland Half Marathon in Orangeburg, NY, on September 23rd is continuing to shape up as a strong circuit addition. Contact Shelly at (914) 359-5425 for further information... Bill Rodgers is all set for the Hardee's Southern Jubilee Run in Macon, GA, on September 29. Last year Hardee's sponsored a similar event in Memphis but it moved to Macon and is looking to expand — possibly into Asheville and Augusta in 1991... Rodgers will also be featured at the September 8th Run With Steel in West Virginia, an event in its 10th year that moves from Steel Town to Steel Town throughout West Virginia and Penn-



sylvania annually... October 6th Music City Championship 5K looks like a strong event from an open and Masters standpoint. Athlete contact is (615) 833-4124... The Capital Trail Run 10-mile, thought to be cancelled due to First Federal Savings dropping out after seven years, has been revived. Dean Reinke & Associates has stepped in to put together new sponsors and the event will be moved to December 1st and remain on the circuit. Information at (919) 870-6054... The Charlotte Observer Marathon and 10K will boost its sponsorships by as much as three to four times January 5, 1991. Look for an enhanced Masters purse. With invitations out to Campbell, Dixon, Rodgers and Navarro, this will serve as a tremendous preview of the National Championship a week later in Naples... Pittsburgh Great Race this month will offer \$8,700 in Masters money, including Grand Masters... Bruce Mortenson of Minnesota, a former University of Oregon Duck distance runner, is on the injured list. This, however, gives him time to promote his field for the October 14th Twin Cities Marathon for which he's in charge of athletes... The Philadelphia Distance Run has \$1,000 for the top Master for the September 16th half marathon... Entries

Continued on page 25

Tibaduiza and Grayson Taking Charge of Sorbothane Circuit

Winter Park FL. July 30 — Domingo Tibaduiza has maintained his lead after nine races in the 24-city Sorbothane/USRA Masters Circuit despite mid-circuit surges by veterans Wilson Waigwa and John Campbell. Nancy Grayson continues to walk away from the women's field.

Having just turned 40 in April, Columbia, South Carolina's Grayson has earned three impressive victories to catapult her into the lead over fellow Palmetto-state runner Linda Banning. Grayson, with impressive victories at the Superplace Good Health 10K, Cot-

Continued on page 25

Sorbothane/USRA Masters Circuit Point Standings (9 races)

40-44 Men		50-54 Men		45-49 Women	
Domingo Tibaduiza	27/3	Herb Chisholm	14/3	Anne Moore	9/2
Kori Hamilton	26/3	Dick Benson	13/3	Pat Johnson	6/1
Lori Owens	24/3	Bill Fortune	10/2	Judy Steiler	5/1
Campbell	20/2	Joe Fernandez	5/1	Elizabeth Ervin	5/1
Bob Schlauf	17/2	Jack Gentry	5/1	Heeri Bodellid	5/1
Carl Nutfield	10/1				
Bill Rodgers	10/1	55-59 Men		50-54 Women	
Wilson Waigwa	10/1	J. McManus	9/2	Susie Kluttz	14/3
Frank Shorter	10/1	John Mosner	5/1	Mimi Alevera	5/1
Fred Waybright	9/1	Charles Dotson	5/1	Gina Faust	5/1
		Dan McCarthy	5/1	Judith Flanner	5/1
		Ralph Ratcliff	5/1	Marylyn Potter	5/1
		40-44 Men		54-59 Women	
		Harry Brown	15/3	Anny Stockman	5/1
		Allan Rushmere	5/1	Jeanette Chambers	5/1
		Glenn Jurrell	5/1	Margarete Deckert	5/1
		Gary Cobferl	5/1	R. Robertson	5/1
		Derck Frechette	4/1	Ann Williams	5/1
		50-54 Men		59-64 Women	
		Fay Bradley	9/2	Joanne Long	5/1
		Robert McAndrews	8/2	Susan McDavid	5/1
		Gerald Tilley	5/1	P. Phelan	5/1
		Sam Stone	5/1	Betty McNeely	5/1
		Robert Nelson	5/1	Kate Washman	5/1
		40-44 Women		65-69 Women	
		Nancy Grayson	30/3	Willie Albee	5/1
		Linda Banning	17/2	Mary Otte	5/1
		Nancy Nieszczyk	16/2		
		Gabrielle Andersen	10/1	70+ Women	
		Diane Morrie	10/1	Louise Martin	5/1
		Linda Cash	10/1	Marjorie Mitchell	4/1
		Laurie Binder	10/1		
		Kathy McIntyre	9/1		
		Jane Hutchinson	9/1		
		Claudia Clavarella	9/1		
		54-59 Men			
		Jay Sturdivant	0/2		
		Stanley Witomski	5/1		
		Jim Thomas	5/1		
		J. Koward	5/1		
		Oleg Morozov	5/1		

The Director's Corner

Continued from page 24

are available for the November 11th Motor Mile in Greenville, SC. American miling legend Jim Ryun will be on hand as the celebrity runner in a series of mile races on the historic Motor Mile in Greenville. Contact (407) 647-2918... The Budweiser "Know When To Say When" 5K will be back for its second year in Philadelphia on New Year's Weekend, December 30th. Budweiser is considering a nationwide series by the same name in 1991... Virginia 10-miler, one of the only appearance-only races left in the country, will be held September 22nd in Lynchburg. It's still a great event although not an easy course... The Foundation 30K has been forced to drop out of its 3-year commitment to the Sorbothane/USRA Masters Circuit. Lack of funding has put the race in jeopardy. Circuit officials are negotiating with another race to keep the circuit at 24.

Tibaduiza and Grayson Taking Charge

Continued from page 24

ton Row Run, and Utica Boilermaker, appears to be this season's early nominee for "rookie of the year."

On the men's side, former Columbian Olympian Tibaduiza is making the same case in the men's 40-44 race. Tibaduiza's consistency and his recent 3rd place showing at Utica has put him one point ahead of Canadian Ken Hamilton in the men's division. The lead may not last for long with the likes of Waigwa and Campbell coming onto the Sorbothane Masters Circuit with world-class form. Waigwa last week set a world's best at the Arvida World Class Invitational 5K and has jumped into a tie for fifth position with former USRA Masters Circuit champion Bob Schlu. John Campbell, who set the world's best for 15K at the Utica Boilermaker, moves into the fourth position. Atlanta's Earl Owens holds third, and Bill Rodgers sits in eighth waiting for a last-half circuit kick. All these runners are expected to be in the hunt for the \$10,000 cash/merchandise purse to be awarded at season's end.

— Dean Reinke

SORBOTHANE AGE-GRADED RANKINGS (after 9 races)

Men		
John Campbell	41 Utica	97.7%
John Campbell	41 Superplace	96.1%
Wilson Waigwa	41 Arvida	95.3%
Domingo Tibaduiza	40 Hospital Hill	95.2%
Ken Hamilton	40 Hospital Hill	94.3%
Mario Cuevas	40 Utica	94.3%
Bill Rodgers	42 Shamrock	93.7%
Bob Schlu	42 Hospital Hill	92.9%
Dave McLeland	40 Hospital Hill	92.7%
Bob Schlu	42 Myrtle Beach	92.6%
Women		
Gabriela Andersen	44 Shamrock	90.58%
Linda Cash	40 Hospital Hill	88.1%
Laurie Binder	42 Arvida	88.1%
Nancy Grayson	40 Utica	88.1%
Jane Hutchison	44 Hospital Hill	88.1%
Heeri Bodelid	45 Utica	88.1%
Nancy Grayson	Cotton Row	87.5%
Ngaira Drake	40 Arvida	87.3%
Claudia Ciavarella	41 Utica	87.3%
Diane Langston	40 Hospital Hill	87.1%



Standing at the finish in Texhoma, Texas, Jim Smith (68, 1:15:50) of Oklahoma City faces the camera, while his Oklahoma City Northside Striders teammates Doug Hamilton (41, 1:12:50) of Oklahoma City, Kent Frates (51, 1:16:29) of Oklahoma City, and John Pitcairn (42, 1:07:46) of Dallas look back toward the start of the 41.2 mile race in Elkhart, Kansas, May 19. They were one of the six masters teams that finished the longest 4-person race in the world, which is run on Hwy. 95 across the Oklahoma Panhandle. Photo from Jim Frates

14 World Records Set

Continued from page 23

four W40 golds, headed by a 25.92 200. French sprinter and Eugene gold medalist Jacqueline Apayou was admired by many for her W35 25.67 effort.

The Russian women discus throwers staged another exhibition of Soviet talent with three over 50 meters, led by Elga Kubi's 55.20 in the W35 contest. Hungary's Sandorne Pally won the W40 group with 53.94.

For sheer class, one had to turn to Ron Taylor's new M55 200 WR of 23.37, but admiration went to Fritz Assmy, the blind ex-German test pilot, who, tethered to his guiding grandson, set two M75 sprint WRs of 14.18 and 28.60. □

BETTER THAN EVER...



Over \$250,000 has been distributed through the **SORBOTHANE/USRA MASTERS CIRCUIT** the past two years. 1990 plans to be better than ever and will again feature Grand Prix competition in 5-year age groups through age 70. The season will again culminate at the **SORBOTHANE/USRA MASTERS CIRCUIT National Championship**, which has been acclaimed the "greatest masters road race of all time."

March 17
Nissan Shamrock 8K
Virginia Beach, VA
(804) 481-5090

July 8
Utica Boilermaker 15K
Utica, NY
(315) 797-6929

September 9
Rockland Half-Marathon
Orangeburg, NY
(914) 359-5425

November 11
San Antonio Marathon
San Antonio, TX
(512) 732-1332

March 24
Myrtle Beach Classic 10K
Myrtle Beach, SC
(803) 497-2451

July 15
Chicago Distance Classic 20K
Chicago, IL
(302) 243-2000

September 29
Hardee's Southern Jubilee Run
Macon, GA
(912) 744-6731

November 24
Seattle Half Marathon
Seattle, WA
(206) 525-1295

May 28
Charleston Marathon 8K
Charleston, WV
(304) 345-2511

July 22
Arvida Fiesta 5K
San Clemente, CA
(714) 498-3550

October 6
Myriad Gardens Run 10K
Oklahoma City, OK
(405) 842-4141

December 1
Capital Trail Run 10 Mile
Raleigh, NC
(919) 876-6054

May 28
Cotton Row Run 10K
Huntsville, AL
(205) 881-5807

August 11
Asbury Park 10K
Asbury Park, NJ
(201) 531-4156

October 6
Music City Championship 5K
Nashville, TN
(615) 833-4124

December 8
WZYP Rocket City Marathon
Huntsville, AL
(205) 881-9077

June 3
Hospital Hill Half Marathon
Kansas City, MO
(816) 561-1085

August 25
Crim Road Race 10 Mile
Flint, MI
(313) 235-3396

October 14
Tandem-Dayton River Corridor Classic Half-Marathon
Dayton, OH
(513) 885-4683

January 5, 1991
Charlotte Observer Marathon 10K
Charlotte, NC
(704) 379-6896

June 3
Superplace Road to Good Health 10K
Boston, MA
(508) 339-5454

September 3
Main Course Challenge
Denver, CO
(303) 741-3587

November 11
Foundation 30K Championship
Sacramento, CA
(916) 631-5603

January 12
Sorbothane/USRA National Championship
Naples, FL
(407) 647-2918

For further details of the **SORBOTHANE/USRA MASTERS CIRCUIT** and a free copy of *Masters Running '90*, the official Circuit Publication, please call or write:

SORBOTHANE/USRA MASTERS CIRCUIT
Dean Reinke & Associates
400 N. New York Ave., Suite 102
Winter Park, FL 32789
(407) 647-2918;
FAX (407) 647-0433
(include \$3 for postage)

DEAN REINKE
& Associates



MASTERS
RUNNING

MASTERS SCENE

EAST

• A Philadelphia Masters team broke the U.S. M50-59 record for the distance medley relay (440, 880, 1320, mile) in 11:49.0 on July 25 in Ft. Washington, PA, breaking the mark of 12:03.3, set by the New Orleans TC last October. The squad was composed of Dawson Pratt (54, 58.7), Larry Harvey (51, 2:16.8), Jim Sutton (59, 3:37.4), and Norm Green (58, 4:56.2).

• Dennis Fulton (32:42) and Angela Hearn (36:25) were first 40+ in the Shelter Island 10K on Long Island, NY, June 9. Hearn, fourth woman, broke Bobbi Rothman's masters course record of 36:59. Olympic gold medalist Frank Shorter was second in 32:53. Jeannie Whiting, who didn't cross the starting line until 40 seconds after the gun, was top W40+ walker (55:37).

• Mike Riley, M40, paced the M40+ in the Pennsylvania Avenue Mile, Wilmington, DE, June 5, with a 4:30 on the slightly downhill course. Earline Michener, W45, had the best W40+ time (5:26).

SOUTHEAST

• Ralph Summerlin, M55, a dentist from Huntsville, AL, extracted an Accutrack-timed 11.65 for the 100m (0.05+w) in the Nashville TC Masters meet, July 14, in Nashville, TN. The M55-59 WR is a hand-timed 11.6, held jointly by Payton Jordan (1973) and Alfred Guidet (1974).

MIDWEST

• Don Gammie, 59, had the best age-graded masters time of 14:51, based on his finishing time of 18:18, in the Lou Cox Memorial 5K,

Dayton, OH, July 6. First masters were Dan Sekerak, M40 (16:17/15:03), and Iris Black, W45 (19:10/17:03). First grandmasters (50+) were Ron Rohrer, M50 (17:30/15:24), and Clare Brock, W50 (22:48/19:04).

MID AMERICA

• The Minnesota Masters 15K in Minneapolis-St. Paul on September 23 will offer \$1550 in age-graded awards, thanks to the sponsorship of ICI and Blue Cross. ICI's Bill Adams, in one of his last acts before leaving the company, donated \$1000 to race director Jack Moran's event. Age-graded prizes will be based on age-group records.

• Gail Scott, of Durango, CO, is moving to Silver City, NM. The U. S. masters women's marathon record holder was first 40+ woman at the San Francisco Marathon in 2:54:33, winning \$500.

• Artemio Navarro, 40, of Tampa, FL, won the Midnight Madness Masters 10K, Ames, IA, July 7, with a 30:29, which was better than the winning time in the open 10K. Jane Hutchison, 44, of Webb City, MO, took the W40+ contest in 38:46. About 2000 runners competed in the 19th annual event, which in past years has featured high-profile masters, such as Bill Rodgers and Frank Shorter.

• Don Ross, 45, of Colorado Springs, CO, won the M40+ title with a 16th overall 34:59 (1265 finishers) in the Colorado Springs 10K, July 15. Adrian Lilborn, 40, of Ponte Vedra Beach, FL, ran 38:14 to upset Judy Fellhauer, 42, of Colorado Springs for the W40+ first.

WEST

• While Bill Bangert, Tustin, CA, was taking gold medals in the M65 shot and discus at the '90 Nationals in Indianapolis, his daughter, Mary Ann, 38, won a gold in the discus and a silver in the shot. Mary Ann, a wife and mother of three boys, is a singer and artist in New Melle, MO, and won a national championship in the discus when she was 12. Bangert promised Mary Ann a trip to Turku for the World Veterans Games in '91 if she medaled at the Nationals. (Start saving now, Bill.) Both of them used a discus that belonged to Dan Aldrich, the several-time U. of California chancellor and WR-holder, who passed away earlier this year after a courageous bout with cancer. The discus was given to bill by Aldrich's wife, Jean.

• The California Senior Olympics IV will be held in Palm Springs from October 26 to November 4. Executive Director Ben Green expects more than 2000 athletes, age 50 and up, to compete in fifteen events, including track &

field, swimming, 10K, bowling, basketball, etc. Prizes will be awarded in five-year age divisions. Athletes can qualify in the meet for the U.S. National Senior Olympics on June 28-July 3, 1991, in Syracuse, NY.

• Bess James, multi-world-veterans-championship gold medalist, was looking forward to turning 80 this year, and going after some W80 records. But she had a stroke last autumn and was hospitalized for 49 days. The doctor has told her she can't run again, which has depressed her, to say the least. Her 81st birthday is September 5, and you can wish her well by writing 400 Angela Way, San Jacinto, CA 92383.

CANADA

• Art Meany, 46, continued his winning ways at the Annual Evening Telegram 10 Mile Road Race held in St. John's, Nfld., on July 15. Meany topped the M45 division with a 55:57, placing sixth overall. Joe Deluray, M50, finished ninth out of 400 entrants with a 56:45.

Nationals Draw 1090 to Indianapolis

Continued from page 18

Racewalk Association and held a clinic at the meet the day after her race.

W45-49

New York's Marilyn Mitchell took the 100 (13.5), but was upset by Nadine O'Connor in the 200 (29.24 to 29.76). O'Connor also won the one-lapper in 66.69, while Boston's Linda Upton took the 1500 (5:05) and 5000 (19:20).

California's Jo Ann Nedelco, the 1989 U.S. female masters racewalker-of-the-year, added the 10K walk (54:14) to her 5K walk WR (25:10). A former distance runner, Nedelco has been racewalking for only three years.

"This is my fastest time, but I didn't pace myself well," she said. "I'm never completely happy with a race. You're always learning in this sport."

Brenda Bloomfield broke her HT record with a 30.96/101-7. Barbara Stewart dominated in the PV (1.67/5-5¼), LJ (3.61/11-10), and TJ (7.68/25-2¼), while Vanessa Hilliard won the SP (9.22/30-3) and DT (29.46/96-8).

W50-54

Essie Kea took home golds in the 100 (15.78) and 200 (32.94). Wava Mosbrucker notched the 400 (74.30) and 5000 (20:39), while Mae Cleveland won the 800 (2:47) and 1500 (5:38).

Becky Sisley won the 80H (16.34), pentathlon (2968), HJ (1.28/4-2¼), LJ (3.89/12-9), and TJ (8.64/28-4), and broke her U.S. record in the JT with a 36.14/118-7.

Indiana's Joann Grissom won the SP and DT.

W55-59

Marilyn Fitzgerald was much the best in the 100 (14.83), 200 (30.91), and 400 (71.52). Liz Szawlowski took the 800 (3:00) and 1500 (6:11).

Christel Miller set three American records in the 80H (15.25), HJ (1.29/4-0¼), and TJ (8.08/26-6), and also won the JT (29.16/95-8) and pentathlon (3486).

Thelma Wilson looked strong in the 5000 (23:57) and 10,000 (51:53).

W60-64

Mary Patterson swept the 100 (15.62), 200 (34.26), 400 (80.15), and 800 (3:31). New York's Patricia Peterson, fighting back from a bout with cancer, took both hurdles (21.75 and 85.10). Joan Rowland annexed the 5K (32:09) and 10K (1:09:10) walks.



Debbie Stiles (l), first W40 400 (64.36), and Kate Higgins, first W35 800 (2:37.46). National Championships, Indianapolis, August 2-5, 1990. Photo by Jerry Wojcik

Leonore McDaniels set two U.S. records in the HJ (1.19/3-10¼) and TJ (7.32/24-¼), and won a wind-aided LJ (3.53/11-7). Cleveland's Bernice Holland swept the throws: SP (9.17/30-1), DT (27.76/91-1), and JT (25.88/84-11).

W65-69

Mary Norckauer won seven: 400, 800, 5K-walk, SP, DT, JT, and HT. Josephine Sullivan captured the 100, 200, HJ, LJ and TJ.

W70-74

Ohio's Mary Bowermaster had no competition in this division and collected six golds, topped by a 1.04/3-5 in the HJ.

W75-79

Pearl Mehl again won the 400, 800, 1500, 5000, and 10,000, but lost to Canada's Isabel Saumier and Millie Crews in the 100 and 200. Crews' 38:21 was a new world 5K walk best.

Sheila Evans erased the LJ WR with a 2.70/8-10¼ and TJ WR with a 6.13/20-1¼.

W80+

Polly Clarke was phenomenal, with quality performances in each of her four races. Marilla Salisbury won the 800, 1500, 10K walk, and broke her own U.S. marks in the SP (3.53/11-7), DT (5.92/19-5), and JT (7.02/23-¼).

— Al Sheahan and Jerry Wojcik
(For a commentary on the Nationals, see "From the Editor.")

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schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.



TRACK & FIELD NATIONAL

November 27 - December 1. 12th annual TAC Convention, Sheraton Hotel & Towers, Seattle, Wash. TAC/USA, P.O. Box 120, Indianapolis IN 46260. 317/261-0500.

July 4-7. 24th TAC/USA National Masters Championships, North Central College, Naperville, Ill., (Near Chicago). Dick Green, P.O. Box 6147, Rockford, IL 61125. 815/332-4743.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

September 1. 15th Annual Virginia State Championships, Lannigan Field, Charlottesville, Virg. Karen Beaver, P.O. Box 5696, Charlottesville, VA 22901.

September 2. Potomac Valley Games, Washington, D.C. area. Sal Corrallo, 3466 Roberts Lane, Arlington VA 22207. 703/243-1290.

September 7-9. New Jersey Senior Games, Trenton. 55+. Ray Funkhauser, P.O. Box 2766, Trenton, NJ 08607. 609/292-9787.

September 9-15. Onondaga County Senior Games, Liverpool, N.Y. 55+. Jon Cooley, Onondaga County Party, P.O. Box 146, Liverpool, NY 13088. 315/451-7275.

September 9-16. Granite State Senior Games, Concord, N.H. 55+. Ray Lacasse, Division of Elderly Services, 6 Hazel Dr., Concord, NH 03301. 603/271-4642.

September 19. Green Mountain Senior Games, Weston, Vt. 55+. Ardis Smith, Rt. 1, Box 93, Weston, VT 05161. 802/824-6521.

September 23. New York Masters Mini-Meet (throws & jumps only). Randalls Island, NYC. Jai Singh, 254-24 75 Ave., Glen Oaks, NY 11004. 718/347-1903 (8-11 pm).

October 4-6. Maryland Senior Olympics, Baltimore, 55+. Robert Ziegler, Towson St. U., Baltimore, MD 21204. 301/830-3163.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee.

September 22-23. Thomasville Fall Masters Decathlon, Thomasville, N.C. Bill Busby, 11 Culbreth Ave., Thomasville NC 27360. 919/476-1228.

September 27-30. North Carolina Senior Games, Raleigh. 55+. Margot Raynor, P.O. Box 33590, Raleigh, NC 27636. 919/851-5456.

September 28-29. Georgia Golden Olympics, Atlanta, 55+. Vicki Pilgrim, Georgia Division of Health, 878 Peachtree St., NE #102, Atlanta, GA 30309. 404/894-4451.

October 11-13. Mississippi Senior Olympics, Gulfport. 55+. Noble C. (Bo) Bowden, Hancock Bank, One Hancock

Plaza, P.O. Box 4019, Gulfport, MS 39502. 601/868-4483.

November 13-18. Good Life Celebration Games, St. Petersburg, Fla. 55+. Shirley Lewis, P.O. Box 12288, St. Petersburg, FL 33733. 813/892-1521.

November 4-10. Golden Age Games, Sanford, Fla. 55+. Jim Jernigan, P.O. Box 1788, Sanford, FL 34210. 407/330-5600.

December 29. Don Pierotti Memorial Weight Pentathlon, Atlantic HS, Delray Beach, Fla. Phil Partridge, 2060 W. 32nd St., Holland, MI 49423.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

September 3. Columbus Senior Olympics, Bexley High, Columbus, Ohio. 55+. Recreation & Wellness Office, Leo Yassenoff Jewish Center, 1125 College Ave., Columbus OH 43209. 614/321-2731.

September 15-16. Wolfpack Throwing Classic & National Masters/Ohio TAC 56# Weight Throw Championships, Ohio State U., Columbus. Jim Pearce, 2449 Southway Dr., Columbus, OH 43221. 614/294-4606.

September 27-30. Illinois Senior Olympics, Springfield. 55+. Annette Fuchs, 1415 N. Grand Ave. East, Springfield, IL 62702. 217/789-2284.

MID-AMERICA

Arkansas, Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, Oklahoma, S. Dakota.

September 1-2. 10th Annual Rocky Mountain Masters Games, U. of Colorado, Boulder. Jim Weed, 11672 E. 2nd Ave., Aurora CO 80010. 303/341-2980. Nancy Manson, 303/341-7992.

September 7-8. South Dakota Senior Olympics, Pierre. 55+. Jaci Casanova, 700 Governor's Dr., Pierre, SD 57501. 605/773-3656.

September 30. Lincoln TC Fall Classic, Nebraska Wesleyan U., Lincoln. Gary Bredehoff, 4037 N. 20th, Lincoln, NE 68521. 402/435-7061. (h).

October 21. Kansas Big Guys Classic III, Lawrence, Kansas. Gary England, Rm. 43, Allen Fieldhouse, Lawrence, KS 66045. 913/864-5635.

SOUTHWEST

Louisiana, Mississippi, Texas.

September 19-23. Oklahoma Senior Olympics, Tulsa, 55+. Craig Thompson, Parks & Rec., 707 S. Houston, Ste. 201, Tulsa, OK 74127. 918/596-7877.

September 19-23. Oklahoma Senior Olympics, Tulsa. 55+. Craig Thompson, Parks & Rec., 707 S. Houston, Ste. 201, Tulsa, OK 74127. 918/596-7877.

WEST

Arizona, California, Hawaii, Nevada, New Mexico, Utah.

September 8. Northern California Seniors Classic, UC-Berkeley, Calif. Jim Johnson, 1026 Murchison Dr., Millbrae, CA 94030. 415/697-1889.

September 16. No. California Senior Olympics, Oakland. 55+. Harold Logwood, 3007 Kings Land Ave., Oakland, CA 94619. 415/273-4055.

September 23. Sri Chinmoy Masters Meet, UC Irvine, Calif. Bigalita Egger, 1921 S. Sherbourne Drive, Los Angeles CA 90034. 213/838-4746.

October 6. 17th annual Club West Masters Meet, Santa Barbara Community College, Santa Barbara, Calif. No entries accepted after September 16. Club West, P.O. Box 1059, Goleta CA 93117. Lloyd Albright, 805/682-9540.

October 24-26. Huntsman Chemical World Senior Games, Dixie College, St. George, Utah. 50+ (See entry form in July and August issues). Ken Christensen, 840 So. 400 E. #4, St. George, UT 84770. 801/628-5201.

October 27-28. Palm Springs Senior Olympics, Palm Springs, Calif. 50+. Ben Green, 555 N. Palm Canyon, Palm Springs, CA 92262. 619/323-5689.

CANADA

September 8. OMTFA Pentathlon Championships, Scarborough, Ont. Roman Olszewski, 3500 S. Millway, Mississauga, Ont. L5L 3T8. 416/828-7389.

INTERNATIONAL

September 29-30. International Veterans Meet, Hong Kong. Athletic Veterans of Hong Kong, GPO Box 01368, Central Hong Kong. 481-3023.

November 2-6. 5th WAVA Oceania Games, Auckland, New Zealand. Men 40+, Women 35+. Fifth Oceania Games, P.O. Box 21-309, Henderson, Auckland 8, New Zealand. Fax: 0064 9 837-0154.

November 9-11. WAVA Asian Regional Championships, Kuala Lumpur, Malaysia. Asians only.

November 11. Guyana Masters Games, Georgetown, Guyana. Complete T&F program. Secretary, Guyana Masters Athletic Association, P.O. Box 10870, Georgetown,

Guyana.

November 24-27. South American Veterans Championships, Montevideo, Uruguay. CAVU, Canelones 982, 11000 Montevideo, Uruguay. South Americans only.

July 18-28, 1991. IX WAVA World Veterans Athletics Championships, Turku, Finland. (M40+, W35+). Pirkko Martin, Urheilupuisto, SF 20810, Turku, Finland. Telephone: 358-21-503526. Fax: 358-21-503106.

LONG DISTANCE RUNNING NATIONAL

September 23. TAC/USA National Masters 15K Championships, Edina, Minn. Jack Moran, 5429 Wooddale Ave., Edina, MN 55424. 612/920-0558.

September 29-30. TAC/USA National Masters 24-Hour Championships, Portland, Ore. Phil Edmunds, Director, P.O. Box 591, Wilsonville, OR 97070. 503/682-1315.

October 6. TAC/USA National Masters Marathon Championships, St. George, Utah. Kent Perkins, 86 S. Main St., St. George, UT 84770. 801/628-3088.

October 7. TAC/USA National Masters 5K Cross-Country Championships, Syracuse, N.Y. Nate White, 18 Foxcroft Dr., Fayetteville, NY 13066. 315/637-6211.

October 14. TAC/USA National Masters 50K Championships, Muncie, Ind. \$1650 masters money equally divided (\$150/\$75/\$50) among 40s, 50s, 60s. Jan Gilbert, P.O. Box 1032, Muncie, IN 47305. 317/288-4448.

October 27. TAC/USA National Masters 100K Championships (also 8-person relays, all divisions), Duluth, Minn. Bill Wenmark, 18665 Rutledge Rd., Deephaven, MN

Continued on page 28

STILL GOING STRONG



GOLDEN AGE GAMES

SANFORD, FLORIDA

November 4-10, 1990

More than 2,000 athletes all over age 55 will compete in the 1990 Games. Over 26 different events held at this 16th Annual Event.

P.O. Box 1778
Sanford, FL 32772-1778
(407) 330-5687

Continued from page 27

55391. 612/593-9014.

October 28. TAC/USA National Masters 100K Championships, Minneapolis. William Wenmark, 18665 Rutledge Rd., Minneapolis MN 55391.

November 3. TAC/USA National Masters 10K Cross-Country Championships, Pasco, Wash. Don Sandberg, 10209 Maple Dr., Pasco, WA 99301. 509/545-9242.

December 2. TAC/USA National Masters 8K Championships, Steilacoom, Wash. Gerry Evanson, 506 Main St., Steilacoom, WA 98388. 206/756-8494.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Virginia, Vermont.

September 13. 10th Annual Nike Capital Challenge 3 Mile, Washington, D.C. Jeff Darman, 2101 Wilson Blvd., Ste. 437, Arlington, VA 22201. 703/276-0056.

September 15. Great Cow Harbor 10K, Newport, N.Y. RRCA Eastern Regional Championships. SASE to GCH 10K, P.O. Box 1, Northport, NY 11768.

September 16. Eriesistible Marathon, Erie, Pa. Pete Ogden, P.O. Box 1906, Erie, PA 16507. 814/899-4974.

September 16. Philadelphia Distance Run Half-Marathon, Philadelphia. Mark Stewart, P.O. Box 43111, Philadelphia, PA 19129. 215/636-4975.

September 16. 22nd Chubb Life Run 10 Mile/5K, Concord, N.H. SASE to Chubb Life Run, One Granite Pl., Concord, NH 03301. Linda Frawley 603/226-5298.

September 16. NYRR Women's Half-Marathon, Central Park, NYC. NYRR, 9 E. 89th St., New York, NY. 10128. 212/860-4455.

September 22. Mercedes Mile On Fifth Ave., NYC. NYRR, 9 East 89th St., NY, NY 10128. 212/860-4455.

September 22. 9th Jay Dirksen 25K, Brookings, S.D. Chuck Tiltrum, 605/693-3400.

September 23. Spiegel Associates Ocean To Sound 50-Mile Relay, Plainview, N.Y. Cash prizes for master teams. POBRRC Relay, 62 Sylvia Lane, Plainview, NY 11803. Alan End, 516/735-0981.

September 23. Rockland Half-Marathon, Orangeburg, N.Y. Sorbothane/USRA Masters Circuit. 914/359-5425, or Dean Reinke & Associates, 407/647-2918.

September 30. The Great Race 10K, Pitt-

sburgh, Pa. Mike Bradley, Rm. 400, City-County Bldg., Pittsburgh, PA 15219. 412/255-2493.

September 30. Freihofer's Women's 5K, Syracuse, N.Y. David Oja, 213 Scott Ave., Syracuse, NY 13224. 315/446-6285.

September 30. Rochester Marathon, Rochester, N.Y. Mary Shaver, 1 Edgemere Dr., Rochester, NY 14618. 716/473-5706.

October 21. Richmond Newspapers Marathon, Richmond, Va. SASE to O. DeWayne Davis, Richmond Marathon/13.1, PO Box C-32333, Richmond, VA 23293.

November 4. New York City Marathon, New York, N.Y. Fred Lebow, NYRR, P.O. Box 881, FDR Station, New York, NY 10128. 212/860-4455.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee.

September 1. Charleston 15 Miler, Charleston, W.Va. Charleston Run Committee, P.O. Box 2749, Charleston, WV 25330. 304/348-6464/8174.

September 3. Brandon Running Association Labor Day 5K, Brandon, Fla. Al Ingram, 813/685-9828.

September 22. Virginia 10 Mile, Lynchburg, Va. Marilyn Reynolds-Straub, P.O. Box 3035, Lynchburg, VA 24503. 804/384-1692.

September 29. NCNB Governor's Cup 25K/8K, Columbia, S.C. Masters money. Ed Prytherch, 135 Woodshore Dr., Columbia, SC 29223. 803/788-8941.

September 29. Hardee's Southern Jubilee Run, Macon, Ga. Dean Reinke & Associates, 400 N. New York Ave., Ste. 102, Winter Park, FL 32789. 912/744-6731.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia.

September 9. Women's Run For Health, Appleton, Wisc. LifeSpan, 1506 S. Oneida, Appleton, WI 54915. 414/738-2623.

October 28. Old Style Marathon, Chicago, Ill. Tim Murphy, 223 W. Erie, Chicago, IL 60610. 312/951-0660.

MID-AMERICA

Arkansas, Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, Oklahoma, S. Dakota.

September 3. Soundtrack Challenge 10K, Boulder, Colo. Sorbothane/USRA Masters

Circuit. 303/741-3587, or Dean Reinke & Associates, 407/647-2918.

September 16. City of Lakes 25K/RRCA National 25K Championships, Minneapolis, Minn. Mpls Park & Rec Board, 310-4th Ave S, Minneapolis, MN 55415. 612/348-2226.

September 16. St. Luke's Hospital Women's Run, Kansas City, Mo. Sharon Polk, 44th & Wornall Rd., Kansas City, MO 64111, 816-932-2258.

September 23. 2nd annual Alamo Alumni 5 Mile, Denver. BKB Limited, The Quorum at DTC, 7935 E. Prentice Ave., #100, Englewood, CO 80111. 303/741-3587.

October 14. Twin Cities Marathon, Minneapolis. Twin Cities Marathon, 6th & Marquette, Minneapolis, MN 55480. 612/341-8400.

SOUTHWEST

Louisiana, Mississippi, Texas.

October 6. Myriad Gardens 10K, Oklahoma City, Okla. Sorbothane/USRA Masters Circuit. 405/842-4141, or Dean Reinke & Associates, 407/647-2918.

WEST

Arizona, California, Hawaii, New Mexico, Utah.

September 1, 2, 3, 8, 9, 16, 22, 23, 29, 30. Legg Lake Runs, South El Monte, Calif. Arthur Martinez, 213/949-0394.

September 8. Pridemark Realtors 5K, 10K, Irvine, Calif. Oscar Rosales, 7846 Connie Dr., Huntington Beach, CA 92648. 714/841-5417.

September 15. Pico Rivera Sunset 10K/5K, Pico Rivera, Calif. 5:00 p.m. Pico Rivera Run, P.O. Box 1016, Pico Rivera, CA 90660.

September 23. Duke City Marathon/Half-Marathon, Albuquerque, N.M. Tico Navarro, DCM, P.O. Box 14903, Albuquerque, NM 87191. 505/291-8250.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Washington, Wyoming.

September 3. Founders Day Cross-Country 8K Run, Ashland, Oregon. Tom Burnham, So. Oregon Sizzlers, 451 Thornton Way, Ashland, OR 97520. 503/482-4467.

September 15. Prefontaine Memorial 10K, Coos Bay, Oregon. Pre Memorial Run, Box 1380, Coos Bay, OR 97420. 800/762-6278 (Oregon) or 800/824-8486.

September 30. Portland Marathon, Portland, Oregon. Les Smith, P.O. Box D, Beaverton, OR 97075. 503/226-1111.

CANADA

September 2. Montreal International Marathon, Quebec. Marathon International of Montreal, P.O. Box 1570, Succ. B. Montreal, Quebec, Canada H3B 3L2. 514/879-1027.

September 16. Toronto Marathon, Toronto, Canada. Marathon, 1220 Sheppard Ave., E. Willowdale, Ontario, Canada M2K 2X1. 416/495-4311.

INTERNATIONAL

September 30. Berlin Marathon, West and East Berlin. Marathon Tours, 108 Main St., Boston, MA 02129. 617/242-7845.

July 18-28, 1991. IX WAVA World Veterans Athletics Championships, Turku, Finland. (M40+, W35+). Pirkko Martin, Urheilupuisto, SF-20810, Turku, Finland. Phone: 358-21-503526. Fax: 358-21-503106.

RACE WALKING

January 1 to December 31. Shore AC One-Hour Postal Racewalk. Five-year age groups thru 85+. Gerald Kiss, 18 Rutland Place, Eatontown NJ 07724. 201/542-1779.

September 8. Washington RunHers 5K, Alexandria, Va. Jean Wood, 703/941-4317.

September 9. TAC/USA National Masters

ON TAP FOR SEPTEMBER**TRACK & FIELD**

The month gets off to a fast start on the 1st with the Virginia State Championships and the two-day Rocky Mountain Games. The Potomac Valley Games are scheduled for the 2nd in the D.C. area.

UC-Berkeley hosts the Northern California Seniors Classic on the 8th.

The Wolfpack Throwing Classic in Columbus, Ohio, on the 15th-16th features the National Masters 56# Weight Championships.

The Thomasville Decathlon starts on the 22nd in North Carolina.

The Sri Chinmoy meet at UC-Irvine, Calif., and a field-event-only meet in NYC are both on the 23rd.

LONG DISTANCE RUNNING

The National Masters 15K Championships take place in Edina, Minn., on the 23rd.

The Charleston 15 Miler in West Virginia opens the month on the 1st. Labor Day races on the 3rd include a USRA Masters Circuit event — the Main Course Challenge in Denver.

On the 15th, Coos Bay, Oregon, remembers its best-known citizen with the Prefontaine Memorial 10K. The Philadelphia Half-Marathon goes off on the 16th.

The NYRR stages the Mercedes Mile On Fifth Avenue on the 22nd. The Rockland Half-Marathon in New York, another USRA Masters race, is scheduled for the 23rd.

The last weekend also features a USRA Masters event, Hardee's Southern Jubilee Run in Macon, Ga., on the 29th. The month ends with a full slate, including the Great Race 10K in Pittsburgh, Pa., Freihofer's Women's 5K in Syracuse, N.Y., and the Portland Marathon in Oregon.

RACEWALKING

TAC's U. S. National Masters 40K Championships return to New Jersey on the 9th.

40K Championships, Lincroft, N.J. Elliott Denman, 28 N. Locust Ave., West Long Branch, NJ 07754. 201/222-9213.

October 7. TAC/USA National Masters 30K, Racewalk Championships, East Meadow, N.Y. Gary Null, 200 W. 86th St., #17A, New York, NY 10024. 212/362-0658.

October 14. TAC/USA National Masters One-Hour Racewalk Championships, Cambridge, Mass. Philip McGraw, 158 Blue Hill Ave., Milton MA 02186. 617/898-1806.

October 21. No. American Masters 20K RW Championships, Midland, Tx. 35+ women; 40+ men, 5-year age groups, TAC certified course. Also open 5K and 20K. Free clinics. Jim Bozell, 3 Stutz Ct., Midland, TX 79705-4927. 915/682-9145.

180 Masters at Tennessee Meet

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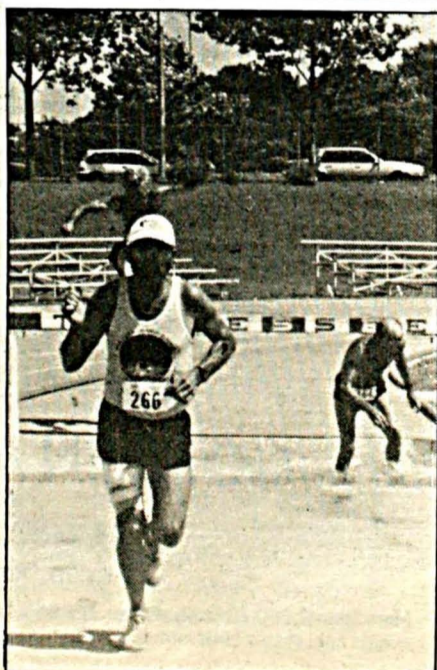
isting mark is 91-6; another 97-6 is pending.

First-time submaster Jason Grimes, a former U. of Tennessee All-American, had a 23-8¼ long jump and fouled two 24-footers.

Bob Schul, an Olympian in 1964, won the M50 3000 in 10:03.08, in a close contest with his club's running mates. Another 1964 Olympian, Bill Duckworth, of Jonesboro, Ga., won the M50 javelin with a 173-4.

Eugene Siler, M50, had the fastest times of the meet in the 3000 (16:59) and 10,000 (1:06:17) racewalks.

Next year, meet organizers Oak Ridge and Knoxville Track Clubs plan to move the meet to May or July to avoid conflict with state games in Tennessee and neighboring states. □



Bob Howell (M50, 15:12.23) leads Dick Benson (M60, 14:19.01) over the first water jump in the steeplechase, Fort Sanders Meet, Knoxville, Tenn., June 22-23.

TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

NATIONAL

23rd TAC/USA National Masters Championships Indianapolis, IN August 2-5

DNF (Did Not Finish)
DNS (Did Not Start)
DISQ (Disqualified)
SCRAT (Scratched)
NOMT (No Height)
*Non U.S. Citizen

100 M DASH 30-34 M

SECTION # 1

J. SMITH	31	11.24
ED WILLIAMS	31	11.35
JAMES BONILLA	34	11.37
DWIGHT MOOD	32	11.40
GENE MAXWELL	34	12.40
LARRY LEWIS	34	SCRAT
JAY MATHIS	31	DNS

SECTION # 2

REMO BIAGIONI	31	11.11
WILLIAM EDWARDS	34	11.27
BILL JONES	30	11.46
ROBERT HAWKINS	33	11.82
DR. FRANK J. MAKOZY	31	11.83
TERRY O'CONNELL	32	12.25
MARVIN RANEY	31	DISQ

SECTION # 3

M.E. WILSON	30	11.35
ELLIS LIDDELL	32	11.37
TODD SMITH	30	11.51
CHARLES JOHNSON	30	11.55
LEI SOWELL	32	11.82
LAMONT WILSON	33	12.11
JAMES COOKSEY	33	12.18

FINAL

ED WILLIAMS	31	11.05
J. SMITH	31	11.19
REMO BIAGIONI	31	11.20
JAMES BONILLA	34	11.22
M.E. WILSON	30	11.25
DWIGHT MOOD	32	11.31
WILLIAM EDWARDS	34	11.43
BILL JONES	30	11.54
ELLIS LIDDELL	32	DISQ

200 M DASH 30-34 M

SECTION # 1

J. SMITH	31	22.77
JAMES BONILLA	34	22.81
ELLIS LIDDELL	32	22.86
CHARLES JOHNSON	30	23.58
MARVIN RANEY	31	24.48
LEI SOWELL	32	24.50
LAWRENCE FINLEY	32	25.16
JAMES COOKSEY	33	DNS
CHRIS DOWNS	34	DNS

SECTION # 2

MICHAEL MCDOWLL	33	22.93
BEN JAMES	33	22.97
REMO BIAGIONI	31	23.23
BILL JONES	30	23.65
GENE MAXWELL	34	23.67
TODD SMITH	30	23.70
JAY MATHIS	31	23.74
TERRY O'CONNELL	32	24.62
LEONARD STRONG	33	DNS

FINAL

J. SMITH	31	22.59
MICHAEL MCDOWLL	33	22.83
JAMES BONILLA	34	22.87
BEN JAMES	33	23.05
REMO BIAGIONI	31	23.13
ELLIS LIDDELL	32	23.32
CHARLES JOHNSON	30	23.82
GENE MAXWELL	34	23.88
BILL JONES	30	24.89

400 M DASH 30-34 M

SECTION # 1

GENE MAXWELL	34	50.84
J. SMITH	31	51.61
BILL JONES	30	52.96
BRUCE AUCH	31	53.29
LAWRENCE FINLEY	32	54.49
TERRY O'CONNELL	32	55.18

SECTION # 2

BEN JAMES	33	50.57
MICHAEL MCDOWLL	33	51.37
STEWART BRASE	33	51.53
JAY MATHIS	31	52.90
JOHN ADAMS	34	54.52
DAN RINALDI	34	55.59

FINAL

MICHAEL MCDOWLL	33	49.56
BEN JAMES	33	49.80
J. SMITH	31	49.92
GENE MAXWELL	34	51.14
STEWART BRASE	33	51.50
JAY MATHIS	31	52.74
BRUCE AUCH	31	53.08
LAWRENCE FINLEY	32	54.58
BILL JONES	30	DNF

800 M RUN 30-34 M

FINAL

JEANGLAN RULEAU	32	1:57.33
GARY PERRY	33	1:57.76
FRANK HERNANDEZ	34	1:59.34
CARL RISCH	33	1:59.62
BILL McCORMICK	34	2:00.53
JOHN STEVENS	31	2:02.61
STEVE BELL	32	2:04.99
BRUCE AUCH	31	2:06.00

1500 M RUN 30-34 M

FINAL

GARY PERRY	33	4:01.25
JEANGLAN RULEAU	32	4:06.78
FRANK HERNANDEZ	34	4:08.80
STEVE WIKNER	33	4:14.63
CARY PIERSKALLA	32	4:23.47
JOHN STEVENS	31	DNS

5000 M RUN 30-34 M

FINAL

MARK FURKIS	34	15:20.66
JEFFREY MILLER	31	15:58.44
STEVE WIKNER	33	16:09.69
JIM HEIRING	34	16:38.41

110 M HURD 30-34 M

FINAL

ED WILLIAMS	31	14.32
ROBERT STANLEY	30	14.44
BRUCE LAMMERS	30	15.03
ELLIS LIDDELL	32	15.44
JOSEPH SCHWIFTERMAN	31	15.76
CARL HAMILTON	30	16.18
DOUGLAS SCHNEEBECK	30	16.44
GLEN JR WHITE	31	16.66

400 M HURD 30-34 M

FINAL

ELLIS LIDDELL	32	56.94
DOUGLAS SCHNEEBECK	30	58.32
DR. FRANK J. MAKOZY	31	1:01.13
BILL JONES	30	SCRAT

3000 M STE 30-34 M

FINAL

ALVIN EVERHART	34	9:53.03
KEVIN HIGDON	31	9:39.73
JEFFREY MILLER	31	9:59.00
JON BERIT	32	11:27.61

HIGH JUMP 30-34 M

FINAL

LEO W. 2 WILLIAMS	30	2.21
RICHARD ALEXANDER	30	2.08
GREG HAYNIE	33	2.08
BRUCE MCBARNETTE	32	2.03
SCOTT EVANS	34	1.98
MICHAEL STEWART	34	1.83

LONG JUMP 30-34 M

FINAL

JASON GRIMES	30	7.35
ROBERT CRAWFORD	31	7.33
JAY MATHIS	31	6.21
JOE LAFFERTY	30	6.19
LAMONT WILSON	33	6.05
CHRISTOPHER GOODWIN	32	6.03
ROBERT HAWKINS	33	5.56
DANIEL REID	32	NO ATTEM

TRIPLE JUMP 30-34 M

FINAL

JOE LAFFERTY	30	12.68
GLEN JR WHITE	31	12.39

POLE VAULT 30-34 M

FINAL

GARY HUNTER	34	4.98
RICK ROGERS	32	4.57
WILSON SOOHO	34	3.96
ROBERT DISPENNETT	33	3.35
DANIEL REID	32	NO HT

HAMMER 30-34 M

FINAL

ROBERT HARTMANN	33	48.72
PETER COLLINS	33	43.44
BEASEY HENDRIX	34	28.24

DISCUS 30-34

FINAL

LEE WILDMAN	31	45.22
ROBERT HARTMANN	33	41.10
ADAM FERN	32	40.52
SCOTT BULL	32	40.02
JOHN WAKEMAN	34	31.60
BEASEY HENDRIX	34	26.92

SH PUT 30-34 M

FINAL

CRAIG GILLIAM	31	14.93
JAMES BELL	31	14.05
SCOTT BULL	32	12.82
ROBERT HARTMANN	33	12.13

JAVELIN 30-34 M

FINAL

JOE KOLGER	33	54.14
SCOTT BULL	32	50.76
BEASEY HENDRIX	34	39.62

PENTATHLON 30-34 M

FINAL

ANDREW MILLER	33	2888.00
JEFF BILDERBECK	34	2880.00

100 M DASH 35-39 M

SECTION # 1

T.J. LESTER	36	11.40
ROBERT BOWEN	38	11.45
RANDY KRUSE	37	11.53
DALLAS GAINES	37	11.75
TOM BLOXOM	36	11.87
FREDERIC D. MURRELL	37	11.94
HAYWOOD ROBINSON	37	DISQ

SECTION # 2

WILLIAM COLLINS	39	11.26
JOHN BROOKS	35	11.42
TOM THOMPSON	38	11.53
STEPHEN FOSTER	39	11.54
EDDIE MOSE	35	11.61
MORRIS BLUEFORD	37	11.82
THOMAS REWOLINSKI	36	11.92

FINAL

WILLIAM COLLINS	39	10.8
JOHN BROOKS	35	11.32
TOM THOMPSON	38	11.34
T.J. LESTER	36	11.35
ROBERT BOWEN	38	11.37
STEPHEN FOSTER	39	11.57
EDDIE MOSE	35	11.58
RANDY KRUSE	37	11.70
DALLAS GAINES	37	11.82

200 M DASH 35-39 M

SECTION # 1

ROBERT BOWEN	38	23.25
TOM THOMPSON	38	23.62
THOMAS REWOLINSKI	36	23.91
KENNETH BAUERSFELD	35	24.08
MORRIS BLUEFORD	37	24.44
EDDIE MOSE	35	24.78
TED TIERNON	36	DNS

SECTION # 2

WILLIAM COLLINS	39	22.73
STEPHEN FOSTER	39	23.58
TOM BLOXOM	36	23.92
HAYWOOD ROBINSON	37	23.98
STEVEN KATS	35	24.44

TOM QUIGG 35 | 24.92 |

FREDERIC D. MURRELL 37 | 25.02 |

WALDEN CURRY 37 | DNS |

FINAL

WILLIAM COLLINS	39	22.04
TOM THOMPSON	38	22.89
ROBERT BOWEN	38	23.27
STEPHEN FOSTER	39	23.50
THOMAS REWOLINSKI	36	23.85
MORRIS BLUEFORD	37	23.94
TOM BLOXOM	36	24.03
HAYWOOD ROBINSON	37	24.07
KENNETH BAUERSFELD	35	24.43
STEVEN KATS	35	24.73

400 M DASH 35-39 M

SECTION # 1

DONALD GOODWIN	35	52.46
LONNIE HAMMOND	38	52.91
CALVIN SAULSBERRY	36	53.45
ROBERT BURNETT	39	54.31
SPENCER ROBINSON	36	54.41
MORRIS BLUEFORD	37	55.29
WALDEN CURRY	37	SCRAT

SECTION # 2

JOHN BROOKS	35	51.32
TOM THOMPSON	38	52.12
ROBERT BOWEN	38	52.83
WILLIAM CHEADLE	37	53.24
RONALD BOLEWARE	35	53.41
JIM RUBACH	35	53.46
RONALD FISHER	36	53.89

FINAL

TOM THOMPSON	38	51.33
DONALD GOODWIN	35	51.80
ROBERT BOWEN	38	51.84
WILLIAM CHEADLE	37	52.60
JIM RUBACH	35	53.98
RONALD BOLEWARE	35	54.00
CALVIN SAULSBERRY	36	54.20
JOHN BROOKS	35	54.21
LONNIE HAMMOND	38	54.73

800 M RUN 35-39 M

SECTION # 1

BILL OKERMAN	35	2:00.75
PATRICK TALMADGE	35	2:03.11
GUY S. GILES	38	2:03.64
TIMOTHY J. SHAW	38	2:03.87
SPENCER ROBINSON	36	2:04.91
JEFF WATRY	35	2:05.27
DAVID RAFFERTY	36	2:13.29

SECTION # 2

ROBERT WALKER	37	2:02.35
DUANE J. GREEN	39	2:02.39
TIMOTHY C. BAKER	38	2:03.34
CHUCK HULL	36	2:03.96
NORMAN DODSON	36	2:04.26
JERRY FELDHAUSEN	39	2:07.03
JOHN C DICKEY	36	2:23.96

FINAL

BILL OKERMAN	35	1:58.01
DUANE J. GREEN	39	1:58.26
ROBERT WALKER	37	1:58.70
PATRICK TALMADGE	35	2:00.97
TIMOTHY J. SHAW	38	2:03.09
GUY S. GILES	38	2:03.12
TIMOTHY C. BAKER	38	2:04.00
CHUCK HULL	36	2:04.69
NORMAN DODSON	36	2:05.88

1500 M RUN 35-39 M

FINAL

KEN POPEJOY	39	4:00.28
BILL OKERMAN	35	4:03.91
DAVID CASTENHOLZ	36	4:04.77
GARY ROMESSER	39	4:07.24
CHUCK HULL	36	4:09.45
DAVE NICKELS	36	4:10.27
GUY S. GILES	38	4:13.36
PAUL DAWSON	36	4:15.45
JAMES WITHERSPOON	38	4:28.92
TERRY PRIEBE	39	4:38.00
RANDELL STURGEON	38	DNS
JERRY FELDHAUSEN	39	DNS
NORMAN DODSON	36	DNS
ROBERT BRUSTAD	37	DNS

5000 M RUN 35-39 M

FINAL

GARY ROMESSER	39	14:57.15
TERRY QUIGLEY	35	16:21.78
RANDELL STURGEON	38	16:35.87
ROBERT BRUSTAD	37	16:46.93
MIKE DEWITT	39	16:52.81
CHARLES GREG JOHNSON	37	16:59.33
JERRY FELDHAUSEN	39	17:49.0

10,000 M R 35-39 M

FINAL

JOHN C DICKEY	36	38:44.35
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110 M HURD 35-39 M

FINAL

NATE ROBINSON	38	15.11
ROBBIE SHORT	36	15.34
KEN REPETA	36	15.61
LAMAR BECKMON	39	16.61
ROBERT HAHN	38	16.76
CHARL BARNARD	35	DNS
JEFF WATRY	35	DNS
ROBERT ZAHN	36	DNS

400 M HURD 35-39 M

FINAL

RICHARD CLARY	37	56.38
HORACE K. HUDSON	37	56.88
GARY TIFFANY	36	1:00.74
LAMAR BECKMON	39	1:03.84

3000 M STE 35-39 M

FINAL

ROBERT WALKER	37	10:14.13
PAUL DAWSON	36	10:22.62

HIGH JUMP 35-39 M

FINAL

DWIGHT STONES	36	2.13
CHARLES DURRANT	36	1.05
MELVYN EMBREE	35	2.01
ED FERN	36	1.93
JEFF WATRY	35	1.89
KENNETH ROWE	37	1.81
RICHARD CHRISTOPH	38	1.77
RICHARD WATSON	37	1.57

Continued from previous page

SECTION # 2	
BILL KNOCKE	50 25.65
FRED NIEDERMEYER	50 25.66
CHARLES DUDLEY	53 25.74
LAWRENCE HARVEY	51 26.78
MICHAEL CHEBURASHKIN 50 27.33	
DOYLE McALLISTER	53 DNS
EMIL PAWLK	51 DNS
MARTYN ADAMSON	51 DNS
SECTION # 3	
ROY S TURNER	50 24.01
ALBERT WILLIAMS	50 26.08
TERRY PLINER	52 27.88
MEL SACKS	52 28.03
MURRAY RALLS	52 DNS
NORB WEDEPHL	54 DNS
HARRY TOLLIVER	50 DNS
FINAL	
ROY S TURNER	50 24.18
ALBERT WILLIAMS	50 24.64
EDWARD SMALL	52 24.88
BILL KNOCKE	50 25.16
FRED NIEDERMEYER	50 25.51
CHARLES DUDLEY	53 26.26
GROVER COATS	51 26.40
LAWRENCE HARVEY	51 27.09
FRED LENTJES	50 27.30
400M 50-54 M	
FINAL	
ROY S TURNER	50 53.66
ALBERT WILLIAMS	50 53.75
EDWARD SMALL	52 55.44
LAWRENCE HARVEY	51 58.96
DAVE DOERRER	51 59.77
FRED LENTJES	50 1:00.72
MEL SACKS	52 1:01.87
KEN OGDEN	54 1:02.42
BILL KNOCKE	50 DNS
800M 50-54 M	
FINAL	
HARRY TOLLIVER	50 2:08.05
TOM LARIS	50 2:09.44
BILL McMILLEN	50 2:11.91
JACK BROCKSMITH	51 2:12.95
DESMOND O'ROURKE	51 2:14.14
LAWRENCE HARVEY	51 2:15.04
DAN McCORMACK	51 2:17.48
JON SHELGRIN	50 2:20.00
KEN OGDEN	54 2:22.57
JOHN COSGROVE	52 2:22.90
BOB HYTEN	51 2:26.60
E. ROBERT PREMO	54 2:53.2
1500M 50-54 M	
FINAL	
DAN CONWAY	51 4:19.94
TOM LARIS	50 4:20.46
DESMOND O'ROURKE	51 4:33.75
DAN McCORMACK	51 4:35.36
BOB SCHUL	52 4:39.53
DUANE FJELSTAD	52 4:41.61
TED WILSON	53 4:44.83
DAVID MORRIS	51 4:49.84
KEN OGDEN	54 4:56.53
VICTOR ANTONIO	51 5:00.94
BOB HYTEN	51 5:06.13
JOHN COSGROVE	52 DNS
WILLIAM REES	54 DNS
5000M 50-54 M	
FINAL	
DAN CONWAY	51 16:25.14
BILL OLRICH	54 17:07.79
JOE FODOR	52 17:11.93
DUANE FJELSTAD	52 17:17.40
RON ROHRER	50 17:37.83
JON SHELGRIN	50 17:38.10
MANNIE SCALIA	50 17:50.73
VICTOR ANTONIO	51 18:08.31
BILL AGRESTA	51 18:17.14
KEN OGDEN	54 18:37.42
DAVID KEITH	52 21:26.23
CHARLES DESJARDINS	53 DNS
10,000M 50-54 M	
FINAL	
JOE FODOR	52 35:01.7
JOSEPH BURGASSER	51 35:49.4
RON ROHRER	50 36:19.1
GORDON KANKA	50 38:40.2
KEN OGDEN	54 39:21.8
WILLIAM REES	54 39:26.0
ALLAN OWENS	50 40:38.0
CHARLES DESJARDINS	53 SCRATCH
BILL OLRICH	54 SCRATCH
100M HURDL 50-54 M	
FINAL	
CHARLEY MILLER	53 14.84
EMIL PAWLK	51 15.64
DAVE DOERRER	51 15.85
DAVE ELLIS	50 15.94
LEW THORNE	51 16.48
GROVER COATS	51 17.35
JOHN HEAD	52 17.44
BRUCE MILLS	51 18.27
JOHN EWING	50 DNS
400M HURDL 50-54 M	
FINAL	
BILL KNOCKE	50 1:01.27
DAVE DOERRER	51 1:03.59
VADIM MARSHEV	51 1:05.67
LEW THORNE	51 1:05.81
JACK BROCKSMITH	51 1:08.66
TERRY PLINER	52 1:09.12
JOHN HEAD	52 1:09.55
BRUCE MILLS	51 1:09.95

3000M S.CH 50-54 M	
FINAL	
JOHN COSGROVE	52 12:42.30
JOHN T HURLEY	53 15:06.76
E. ROBERT PREMO	54 15:15.06
HIGH JUMP 50-54 M	
FINAL	
PAUL DORSEY	51 1.69
JIM BROWN	50 1.69
EMIL PAWLK	51 1.69
RICHARD HOTCHKISS	51 1.59
FRED LENTJES	50 1.56
MICKEY LAFFERTY	54 1.50
JOHN HEAD	52 1.47
LONG JUMP 50-54 M	
FINAL	
DARRELL HORN	50 6.25
EMIL PAWLK	51 5.58
PETE STOPOULOS	54 5.44
BOB O'BRIEN	50 5.37
JOHN EWING	50 5.26
GROVER COATS	51 5.10
FRED LENTJES	50 5.01
JOHN HEAD	52 4.91
TRIPLE JUMP 50-54 M	
FINAL	
GROVER COATS	51 10.76
JOHN EWING	50 10.64
MICKEY LAFFERTY	54 10.51
JOHN HEAD	52 10.15
BOB O'BRIEN	50 10.00
POLE VAULT 50-54 M	
FINAL	
PAUL RICHARD	52 3.81
GARY MILLER	52 3.66
JIM NOONAN	50 2.89
DON ZIMMERMAN	54 2.89
HAMMER 50-54 M	
FINAL	
RICHARD HOTCHKISS	51 43.14
MARTY ENGEL	55 41.44
RICHARD BLOOMFIELD	50 40.46
CARL KLEHM	51 32.78
F.LEE SLICK	52 28.34
DISCUS 50-54 M	
FINAL	
RICHARD HOTCHKISS	51 46.52
KARL MAYER	51 43.36
HARRY SHAWARZE	50 40.98
JIM STEITL	53 37.44
FRANK CARL	52 34.68
CRAIG GOSLING	53 31.68
DON ZIMMERMAN	54 29.88
SHOT PUT 50-54 M	
FINAL	
RICHARD HOTCHKISS	51 13.92
JEFFREY WENIG	53 13.81
KARL MAYER	51 13.47
STEPHEN B. COHEN	51 13.36
JIM STEITL	53 12.91
HARRY SHAWARZE	50 12.84
F.LEE SLICK	52 8.97
PENTATHLON 50-54 M	
FINAL	
GARY MILLER	52 3983.00
PETE STOPOULOS	54 3239.00
JOHN SLOAN	50 2761.00
FRAN BRENNAN	53 21.95
E. ROBERT PREMO	54 1848.00
REX HANE	52 1523.00
100 M DASH 55-59 M	
SECTION # 1	
PAUL WILLIAMS	55 12.20
BRUCE SPRINGBETT	57 12.55
MILTON A. NEWTON	56 12.56
ROBERT KEEGAN	58 12.64
ALVIN CLARK	58 13.31
TOM GODWIN	57 DNS
SECTION # 2	
MATT BROWN	56 12.70
HARRY CARPENTER	55 12.78
HAROLD CRESON	55 13.27
HAROLD MAYHEW	58 13.76
RUSSEL McDANIELS	59 15.42
RAY GRAVES	56 DNS
SECTION # 3	
HUJO JR HARTENSTEIN	55 12.11
JIM MATHIS	55 12.59
PIERRE DOBROVOLNY	56 12.63
JEROME CAPP	55 14.23
NORMAN T. BROWN	58 15.51
JAMES WARE	55 DNS

FINAL	
HUGO JR HARTENSTEIN	55 11.99
PAUL WILLIAMS	55 12.06
BRUCE SPRINGBETT	57 12.43
JIM MATHIS	57 12.44
MILTON A. NEWTON	56 12.45
PIERRE DOBROVOLNY	56 12.52
ROBERT KEEGAN	58 12.63
HARRY CARPENTER	55 12.85
MATT BROWN	56 12.89
200 M DASH 55-59 M	
SECTION # 1	
JIM MATHIS	55 25.67
MATT BROWN	56 26.47
HARRY CARPENTER	55 26.79
ROBERT KEEGAN	58 27.09
JOSEPH HEMLER	55 27.28
HAROLD MAYHEW	58 29.29
ALVIN CLARK	58 DNS
TOM GODWIN	57 DNS
SECTION # 2	
HUGO JR HARTENSTEIN	55 25.19
MILTON A. NEWTON	56 26.09
BRUCE SPRINGBETT	57 26.90
HAROLD CRESON	55 27.44
ROBERT SOBOLEWSKI	58 27.57
TONY NASRALLA	57 27.97
JAMES SPITZER	58 30.55
JEROME CAPP	55 SCRATCH
FINAL	
HUGO JR HARTENSTEIN	55 25.10
JIM MATHIS	55 25.14
MILTON A. NEWTON	56 25.60
BRUCE SPRINGBETT	57 25.89
MATT BROWN	56 26.41
HARRY CARPENTER	55 26.69
ROBERT KEEGAN	58 27.02
JOSEPH HEMLER	55 27.51
HAROLD CRESON	55 27.99
400 M DASH 55-59 M	
FINAL	
JIM MATHIS	55 55.73
JOSEPH HEMLER	55 1:00.70
RAY GRAVES	56 1:01.17
ALVIN CLARK	58 1:02.27
JAMES WARE	55 1:02.35
HECTOR CISNEROS	56 1:03.27
TONY NASRALLA	57 1:04.06
BRUCE KATTER	55 1:16.7
WOODY GROVER	56 DNS
800 M RUN 55-59 M	
FINAL	
PETE RICHARDSON	55 2:11.19
JOHN F CONNER	55 2:13.77
JIM SUTTON	59 2:16.47
EDWIN F. JR. HARRIS	56 2:21.52
HECTOR CISNEROS	56 2:32.11
LLOYD MCGUIRE	58 2:36.94
JAMES SPITZER	58 2:40.92
BRUCE KATTER	55 DNS
1500 M RUN 55-59 M	
FINAL	
PETE RICHARDSON	55 4:30.54
JIM SUTTON	59 4:30.82
BILL FOULK	57 4:31.81
JOHN F CONNER	55 4:31.81
MIKE GOLDMAN	58 4:43.92
EDWIN F. JR. HARRIS	56 4:46.52
HAL HIGDON	59 4:53.67
JOE HOFMEISTER	57 5:16.98
LLOYD MCGUIRE	58 5:52.17
CASEY JONES	59 DNS
BRUCE KATTER	55 DNS
WILLIAM CUPP	58 DNF
5000 M RUN 55-59 M	
FINAL	
BILL FOULK	57 17:33.18
HAL HIGDON	59 17:48.79
JOHN FINCH	55 18:05.64
DICK WILSON	58 18:33.28
WILLIAM CUPP	58 19:36.70
PAUL GOBLE	55 19:22.63
JOE HOFMEISTER	57 19:57.49
BRUCE KATTER	55 22:59.0
JIM SUTTON	59 DNS
ART BIGOLOW	56 DNS
NORMAN GREEN	58 DNS
10,000 M R 55-59 M	
FINAL	
NORMAN GREEN	58 34:24.5
BILL FOULK	57 35:47.0
DICK WILSON	58 37:40.8
100 M HURD 55-59 M	
FINAL	
PHIL MULKEY	57 16.44
DAVID E MARTIN	55 17.80
HARRY CARPENTER	55 18.21
HECTOR CISNEROS	56 18.27
DAVE DOUGLASS	58 19.35
HAROLD MAYHEW	58 20.36
400 M HURD 55-59 M	
FINAL	
HECTOR CISNEROS	56 1:10.39
AL SHEAHEN	58 1:11.07
WOODY GROVER	56 1:11.73
JAMES WARE	55 1:11.74
TONY NASRALLA	57 1:13.15
3000 M STE 55-59 M	
FINAL	
ED MAHANY	59 14:27.30
HIGH JUMP 55-59 M	
FINAL	
RICHARD RICHARDSON	57 1.70
MILTON A. NEWTON	56 1.62
TOM LAGENFELD	55 1.59

FLOYD SMITH 55 1.56	
HAROLD CRESON	55 1.53
PHIL MULKEY	57 1.47
DAVE DOUGLASS	58 1.44
TOM GODWIN	57 1.41
WILLIAM H.2 McLEMORE	56 1.38
ROBERT JONES	57 1.38
RUSSEL McDANIELS	59 1.29
M55 LONG JUMP	
Paul Williams	5.45
Phil Mulkey	5.43
Ray Graves	4.66
Pay Carstensen	4.61
Harold Creson	4.60
Dave Martin	4.49
Earl Mege	4.40
Quinto Biagioni	4.32
Alvin Clark	4.19
TRIPLE JUMP 55-59 M	
FINAL	
PHIL MULKEY	57 11.07
TOM LAGENFELD	55 10.23
DAVID E MARTIN	55 10.09
PAY CARSTENSEN	58 8.77
ROBERT JONES	57 8.69
POLE VAULT 55-59 M	
FINAL	
PHIL MULKEY	57 3.35
DAVID E MARTIN	55 3.20
HECTOR CISNEROS	56 3.05
DAVE DOUGLASS	58 2.59
HAMMER 55-59 M	
FINAL	
F.STEWART THOMSON	57 49.48
JOE WOODHEAD	56 43.02
GERALD ENGLAND	57 39.34
LEONARD T. OLSON	59 38.78
DAVE DOUGLASS	58 33.44
PAY CARSTENSEN	58 33.22
TOM WESSELOWSKI	55 32.54
RAY FEICK	58 29.86
DISCUS 55-59 M	
FINAL	
WENDELL PALMER	58 47.90
F.STEWART THOMSON	57 47.10
PHIL BRADY	56 42.96
RUDOLPH HOUG	55 41.72
LEONARD T. OLSON	59 40.24
TOM WESSELOWSKI	55 39.96
P. MULKEY #305	57 36.60
LARRY MARSH	58 34.16
ALFRED PIKE	58 34.10
BRAD ANKERSTAR	55 33.02
FRANK CARON	56 32.42
RAY FEICK	58 29.66
QUINTO BIAGIONI	59 27.46
SHOT PUT 55-59 M	
FINAL	
F.STEWART THOMSON	57 12.95
PHIL BRADY	56 12.87
TOM WESSELOWSKI	55 12.79
WENDELL PALMER	58 12.41
LEONARD T. OLSON	59 12.41
JOHN HAVGO	55 12.22
PHIL MULKEY	57 12.02
RAY FEICK	58 11.37
LARRY MARSH	58 11.21
PAY CARSTENSEN	58 10.87
JAVELIN 55-59 M	
FINAL	
WILLIAM H. DUCKWORTH	55 54.24
PHIL CONLEY	55 52.74
ROBERT Y	

Continued from previous page

2000 M STE 60-64 M		
DAVID STEVENSON	61	8:21.43
ROLAND ANSPACH	64	8:45.61
HAROLD W. WILLIS	62	9:53.86
HIGH JUMP 60-64 M		
GORDON SEIFERT	62	1.45
EUGENE HESS	62	1.40
HAL WALLACE	62	1.34
CARL ORNDORFF	63	1.34
DONALD C. GREY	63	1.22
WM.(BILL) BRAZELTON	61	1.10
LONG JUMP 60-64 M		
BUCK BRADBERRY	63	4.90
EARL VENTURA	60	2.86
BOB ACKERMAN	61	4.62
DENVER SMITH	64	4.55
LOREN SWANSON	60	4.12
BILL TOWNSEND	63	4.08
TRIPLE JUMP 60-64 M		
DENVER SMITH	64	10.45
BUCK BRADBERRY	63	10.10
BOB ACKERMAN	61	9.77
BILL TOWNSEND	63	8.89
LOREN SWANSON	60	8.56
POLE VAULT 60-64 M		
JERRY A. DOI'NEY	60	3.66
TOM HINKES	60	3.05
HAL WALLACE	62	2.74
BOB ACKERMAN	61	2.59
M60 HAMMER		
Luis Velez *	40.44	
Phil Brusca	32.70	
Jerry Wojcik	31.46	
Dick Bergenback	24.30	
Gene Polk	19.50	
DISCUS 60-64 M		
FINAL		
WILLIAM GARRAHAN	60	44.36
HAL WALLACE	62	40.60
TOM ALLISON	60	40.48
ED HOOKER	64	39.92
PHILLIP BRUSCA	63	38.84
DON MATHER	60	38.32
COLE MCFARLAND	60	37.86
ROBERT C. HEWITT	63	37.00
EARL VENTURA	60	35.28
WM.(BILL) BRAZELTON	61	33.52
JERRY WOJCIK	60	31.82
HAROLD HICKMAN	64	30.10
DONALD C. GREY	63	29.24
DENVER SMITH	64	28.78
LUIS VELEZ	60	25.52
GENE POLK	62	21.16
M60 SHOT PUT		
Phil Brusca	12.96	
Bill Garrahan	12.06	
Cole McFarland	12.04	
Hal Wallace	11.89	
Tom Allison	11.83	
Bill Brazelton	9.49	
Gene Polk	7.92	
JAVELIN 60-64 M		
BUD HELD	62	50.70
JACK SHIELDS	60	45.68
DON MATHER	60	42.84
BOB ACKERMAN	61	42.30
LOYD SMITH	60	41.80
PHILLIP BRUSCA	63	41.26
WM.(BILL) BRAZELTON	61	38.60
EARL VENTURA	60	38.42
WILLIAM GARRAHAN	60	35.76
MARK RICHARDS	60	34.56
TOM ALLISON	60	31.96
HAROLD HICKMAN	64	26.92
GENE POLK	62	19.36
PENTATHLON 60-64 M		
D. GREY #91	63	2314.00
100 M DASH 65-69 M		
FINAL		
MELVIN B. LARSEN	66	13.11
WILLIE BLACKMON	65	13.25
TIM MURPHY	68	13.37
RUDOLPH VALENTINE	67	13.61
EDWARD GODDIN	66	13.91
RAYMOND BOWER	66	14.09
TOM KENNEL	69	14.26
PHILIP WILSON	65	14.26
200 M DASH 65-69 M		
FINAL		
WILLIE BLACKMON	65	27.17
MELVIN B. LARSEN	66	27.41
RUDOLPH VALENTINE	67	27.89
TIM MURPHY	68	28.42
EDWARD GODDIN	66	29.35
PHILIP WILSON	65	29.86
WALTER DAHLIN	69	30.09
RAYMOND BOWER	66	34.28
ERNIE MacDONALD	65	DNS
400 M DASH 65-69 M		
FINAL		
WILLIE BLACKMON	65	1:02.10
RUDOLPH VALENTINE	67	1:02.18
EDWARD GODDIN	66	1:05.70
ARCHIE MESSENGER	67	1:08.28
EARL FOSTER	67	1:25.71
ROY ENGLERT	67	1:30.06
800 M RUN 65-69 M		
FINAL		
ARCHIE MESSENGER	67	2:34.76
CARL HAMMEN	66	2:42.01
AVERY BRYANT	66	2:47.88
ERNIE MacDONALD	65	3:03.44
ROY ENGLERT	67	3:29.95
EARL FOSTER	67	3:47.08

1500 M RUN 65-69 M		
FINAL		
DICK BENSON	65	5:14.90
ARCHIE MESSENGER	67	5:16.97
CARL HAMMEN	66	5:18.22
AVERY BRYANT	66	5:40.17
ROY ENGLERT	67	7:05.97
5000 M RUN 65-69 M		
FINAL		
JIM ONEIL	65	19:12.7
DICK BENSON	65	20:00.0
CARL HAMMEN	66	20:40.0
ROY ENGLERT	67	27:56.5
10,000 M R 65-69 M		
FINAL		
JIM ONEIL	65	40:12.9
DICK BENSON	65	42:50.4
GEORGE C. RASCH	66	51:13.3
110 M HURD 65-69 M		
FINAL		
EDWIN W. LUKENS	68	18.51
FREDERIC E. HIRSIMAKI	65	19.52
BOO MORCOM	69	19.86
300 M HURD 65-69 M		
FINAL		
RUDOLPH VALENTINE	67	49.80
WALTER DAHLIN	69	53.99
EARL FOSTER	67	1:30.42
2000 M STE 65-69 M		
FINAL		
AVERY BRYANT	66	9:27.34
HIGH JUMP 65-69 M		
FINAL		
HARRY E. GUTH	65	1.45
EDWIN W. LUKENS	68	1.42
CHARLES OBYE	68	1.38
BOO MORCOM	69	1.38
WALTER DAHLIN	69	1.34
FREDERIC E. HIRSIMAKI	65	1.34
JIM JOHNSON	68	1.22
KENNETH R. WHEELER	69	1.22
LONG JUMP 65-69 M		
FINAL		
MELVIN B. LARSEN	66	5.01
EDWIN W. LUKENS	68	4.73
BOO MORCOM	69	4.57
CHARLES OBYE	68	4.35
MAX GOLDSMITH	67	4.19
JIM JOHNSON	68	4.13
TOM KENNEL	69	3.85
TRIPLE JUMP 65-69 M		
FINAL		
EDWIN W. LUKENS	68	10.05
TOM KENNEL	69	9.21
FREDERIC E. HIRSIMAKI	65	9.17
MAX GOLDSMITH	67	8.35
JIM JOHNSON	68	8.16
JIM PLATIS	66	DISQU
M65 HAMMER		
Bill Walbroth	35.18	
Jacob Stein	28.32	
POLE VAULT 65-69 M		
FINAL		
BOO MORCOM	69	2.74
DON GROSH	65	2.74
FREDERIC E. HIRSIMAKI	65	2.74
JIM JOHNSON	68	2.28
JACK DOORLAY	65	NO HT
DISCUS 65-69 M		
BILL BANGERT	66	37.44
WILLIAM WALMROTH	66	36.66
JACOB STEIN	66	33.44
KENNETH R. WHEELER	69	32.78
JOSEPH BLACK	66	31.28
JOHN VISHNEVSKI	66	31.00
ROBERT DAVIDSON	67	26.80
FRANCIS SULLIVAN	65	18.46
SHOT PUT 65-69 M		
FINAL		
BILL BANGERT	66	12.11
WILLIAM WALMROTH	66	12.05
JOHN VISHNEVSKI	66	10.20
KENNETH R. WHEELER	69	8.68
JACOB STEIN	66	8.20
JAVELIN 65-69 M		
FINAL		
EDWIN W. LUKENS	68	38.30
CHARLES OBYE	68	34.30
JACOB STEIN	66	31.44
PENTATHLON 65-69 M		
FINAL		
B. MORCOM #64	69	35.69
BILL CARTER	67	3537.00
OSCAR HARRIS	66	33.80
100 M DASH 70-74 M		
FINAL		
BILL WEINACHT	73	14.00
EDWARD MATTHEWS, JR	70	14.46
JEFF BLOOMFIELD	74	14.98
ANGELO OLIVER	70	15.01
JAY SPONSSELLER	72	15.12
BOB HUNT	70	15.52
DICK BENNETT	70	15.99
ROBERT HANS	72	16.24
ROB "SPARKS" SORLIEN	73	16.27
DONALD HULL	71	16.54

200 M DASH 70-74 M		
FINAL		
JOHN ALEXANDER	70	28.58
BILL WEINACHT	73	29.56
EDWARD MATTHEWS, JR	70	30.20
JEFF BLOOMFIELD	74	30.97
JAY SPONSSELLER	72	31.62
ANGELO OLIVER	70	32.67
ROB "SPARKS" SORLIEN	73	34.80
ROBERT HANS	72	35.65
BOB HUNT	70	DNS
400 M DASH 70-74 M		
FINAL		
JOHN ALEXANDER	70	1:04.84
EDWARD MATTHEWS, JR	70	1:10.45
JAY SPONSSELLER	72	1:11.02
BILL WEINACHT	73	1:13.17
JEFF BLOOMFIELD	74	1:15.12
800 M RUN 70-74 M		
FINAL		
JAY SPONSSELLER	72	2:45.62
HOWARD STRASSENBURG	70	2:54.09
DANIEL BULKEY	73	DNS
1500 M RUN 70-74 M		
FINAL		
JOHN L. EVANS	74	6:06.73
HOWARD STRASSENBURG	70	6:06.77
5000 M RUN 70-74 M		
FINAL		
A. "COKEY" DAMAN	71	22:39.7
JOHN L. EVANS	74	22:51.2
LEROY WHERLEY	71	25:11.4
10,000 M R 70-74 M		
FINAL		
A. "COKEY" DAMAN	71	47:13.7
JOHN L. EVANS	74	49:07.1
PHILIP B. SCHAEFFER	73	50:07.3
80 M HURDL 70-74 M		
FINAL		
BURL GIST	70	14.63
BOB HUNT	70	15.48
DICK BENNETT	70	18.15
HAMILTON MORNINGSTAR	73	22.04
DONALD HULL	71	DNS
ARMANDO RICCIARDI	70	DNS
HUGH HACKETT	70	DNS
300 M HURD 70-74 M		
FINAL		
WILLIAM CARMEN	71	56.23
BOB HUNT	70	58.33
HAMILTON MORNINGSTAR	73	1:28.84
ARMANDO RICCIARDI	70	DNS
DANIEL BULKEY	73	DNS
2000 M STE 70-74 M		
FINAL		
DANIEL BULKEY	73	DNS
HIGH JUMP 70-74 M		
FINAL		
BURL GIST	70	1.39
HAMILTON MORNINGSTAR	73	1.36
C.R. "OLE JIM" GROSS	70	1.19
DICK BENNETT	70	1.19
DONALD HULL	71	1.16
EDWARD MATTHEWS, JR	70	NO H
LONG JUMP 70-74 M		
FINAL		
JOHN ALEXANDER	70	4.68
EDWARD MATTHEWS, JR	70	3.91
ROB "SPARKS" SORLIEN	73	3.72
DICK BENNETT	70	3.57
HAMILTON MORNINGSTAR	73	3.05
DONALD HULL	71	2.95
TRIPLE JUMP 70-74 M		
FINAL		
JOHN ALEXANDER	70	8.91
CHARLES MERCURIO	70	8.56
ROB "SPARKS" SORLIEN	73	8.56
EDWARD MATTHEWS, JR	70	8.29
HAMILTON MORNINGSTAR	73	6.73
DONALD HULL	71	6.37
POLE VAULT 70-74 M		
FINAL		
JIM VERNON	73	2.74
HAMILTON MORNINGSTAR	73	2.13
DICK BENNETT	70	NO H
HAMMER 70-74 M		
FINAL		
THOMAS McDERMOTT	72	44.28
JIM MINAH	70	39.48
ELMER SHAW	73	32.76
GERALD CYSEWSKI	72	27.56
D. HULL #291	71	27.26
DISCUS 70-74 M		
FINAL		
THOMAS McDERMOTT	72	42.10
DONALD L. CUMLEY	70	38.10
GERALD CYSEWSKI	72	36.94
SCOTT C. HERRMAN	70	34.48
ELMER SHAW	73	32.20
H. MORNINGSTAR #205	73	31.60
A. RICCIARDI #243	70	FOULED

SHOT PUT 70-74 M		
FINAL		
DONALD L. CUMLEY	70	13.18
SCOTT C. HERRMAN	70	12.90
JIM MINAH	70	12.20
THOMAS McDERMOTT	72	11.84
GERALD CYSEWSKI	72	10.75
ELMER SHAW	73	10.39
H. MORNINGSTAR #205	73	10.02
JAVELIN 70-74 M		
FINAL		
H. MORNINGSTAR #205	73	28.86
GERALD CYSEWSKI	72	25.24
D. HULL #291	71	22.14
PENTATHLON 70-74 M		
FINAL		
JOHN ALEXANDER	70	4000.00
H. MORNINGSTAR #205	73	2828.00
D. HULL #291	71	2423.00
DANIEL BULKEY	73	DNF
100M 75-UP M		
FINAL		
MARCUS NEUHOF	75	14.99
BYRON FIKE	82	16.70
HERBERT F. ANDERSON	88	20.14
PAUL SPANGLER	91	

Continued from previous page

4x400 RELAY 30-34 M

FINAL
GREATER ROCHESTER 3:26.45
HOUSTON ELITE 3:26.43
DALLAS MASTERS DNS
LOS ANGELES PD RELAY DNS

4x400 RELAY 40-44 M

FINAL
MID-AMERICA MASTERS 3:40.35
FOUR WINDS T.C. RELY 3:43.77
ATLANTA T.C. RELAY 3:55.64
DECATHLON MIDWEST 4:03.92
OVER THE HILL RELAY 4:18.50

4x400 RELAY 50-54 M

FINAL
SOUTHERN CALIF RELAY 3:48.89
PACIFIC ASSOC RELAY 3:50.90

4x400 RELAY 60-64 M

FINAL
L. A. VALLEY RELAY 4:39.64
SO. CALIF STRIDERS 4:47.78

4 X 800 RELAY M30-39

Terlingua TC 8:18.16
Noblesville 8:26.11
Manitowol Area TC 8:29.17
Paris Pacers 9:03.38
Unattached team 8:10.91

4 X 800 RELAY M40-49

D.A.A. TC 8:25.92
Detroit Fitness 8:37.34
Atlanta TC 9:21.98
Over the Hill TC 10:05.69
Shore East DNF

4 X 800 RELAY M60-69

So. Calif. Striders 11:34.13

4 X 800 RELAY W40-49

Club Sota 10:56.52WR

5K WALK 30-34 M

FINAL
RANDY BURDEN 34 25:56.52
TIM SAITER 33 26:27.84

5K WALK 35-39 M

FINAL
LAWRENCE MARTINEZ 38 25:58.84
GENE HARRISON 39 27:50.71
STEPHEN CHRISTLIEV 39 36:29.36

5K WALK 40-44 M

FINAL
BILL McCRAY 41 24:30.59
DEAN EASTERLUND 41 24:51.99
NORMAN FRABLE 44 25:17.99
RICHARD SCOTT 42 25:54.46
JOHN STIEHL 42 37:13.91
ANDREW SMITH 40 DISQU

5K WALK 45-49 M

FINAL
GARY NULL 45 23:34.20
DON MOWLES 47 25:51.42
JIM FOGLE 46 26:31.12
DOUG. BROWN 47 DISQU
ROBERT CAMPBELL 45 DISQU
PAUL ALVORD 46 DISQU

5K WALK 50-54 M

FINAL
JOHN M ELWARNER 51 24:12.90
THOMAS KNATT 50 24:27.04
JIM McFADDEM 51 26:23.0
BERNIE FINCH 50 27:45.60
WALTER LUBZIK 51 27:53.60
BOB THALER 52 27:56.89
GERALD BOCCI 52 28:23.03
JERRY LAMBERT 54 29:03.88
MICHAEL ADAMS 54 29:56.67
EDWARD RIHA 52 31:24.60
E. ROBERT PREMO 54 33:44.87

5K WALK 55-59 M

FINAL
LARRY GREEN 55 25:44.23
DON LEE 56 25:59.87
ROBERT DICARLO 56 27:02.70
ROBERT MEADOR 55 27:21.87
ROBERT FINE 59 28:24.83
LIONEL GUILLETTE 58 28:44.30
RAY EVERSON 55 28:56.67
JAMES SPITZER 58 29:14.36
LEO RIVERA 58 30:27.48

5K WALK 60-64 M

FINAL
MOSHE MYEROWITZ 60 28:30.85
VANCE GENZLINGER 61 28:51.68
CHARLES DEUSER 60 28:55.25
WILLIAM PEET 61 29:19.78
JOHN SNADEN 64 33:01.0

MAX GOULD 63 SCRATCH
JACK OZMENT 60 DNF
BHAG-SINGH SIDHU 61 DISQU
JACK SHUTER 60 DISQU
JUSTIN MCCARTHY 63 DISQU

5K WALK 65-69 M

FINAL
ROBERT MIMM 65 27:28.63
GEORGE HELLER 68 31:05.87
JOE VITUCCI 66 32:07.05
GENE DIX 68 33:08.47
CHESTER PETERS 67 33:09.98
ROBERT DAVIDSON 67 36:26.03
HAROLD WRIGHT 69 DISQU

5K WALK 70-74 M

FINAL
A. "COKEY" DAMAN 71 30:17.63

MAX GOULD 63 30:30.76
DON JOHNSON 73 30:46.06
TROY G. GROVE 71 32:10.70
PAUL GEYER 70 32:31.47
HUGH YEOMANS 74 36:42.49
JOE BURKE 71 DNF
RICHARD STARK 73 DISQU
C.R. "OLE JIM" GROSS 70 DISQU

5K WALK 75-UP M

FINAL
BILL PATTERSON 75 33:15.89
B. FIKE #312 82 34:43.44
JERRY WIBLE 76 34:04.25

20K WALK

M30 Jim Heiring 1:45:28
Randy Burden 2:01:23

M35 Mike Dewitt 1:46:01
Pete Williams 1:51:08
Gene Harrison 2:16:0

M40 Bill McCray 1:48:58
Norman Frable 1:53:50
Dean Easterlund 1:56:48

M45 Gary Null 1:47:60
Jim Fogle 2:02:10
Doug Brown 2:36:40

M50 Thomas Knaff 2:01:10
Bob Thaler 2:05:20
Walter Lubzik 2:06:00

M55 Robert DiCarlo 2:01:36
Robert Fine 2:07:18
Lionel Guilleme'e 2:10:26

M60 Charles Deuser 2:08:10
Vance Genzlinger 2:12:40
Moshe Myerowitz 2:15:40

M65 Robert Mimm 2:01:31
George Heller 2:18:30
Leroy Reistadof'r 2:24:01

M70 Cokey Daman 2:11:01
Max Gould 2:14:50
Don Johnson 2:18:03

M75 Bill Patterson 2:39:41

NMN Age-Graded 100

1 Bill Collins M35 10.3
2 Hugo Hartenstein M55 10.5
3 Clarence Ray M45 10.7
4 Mel Larsen M65 10.9
5 Bill Weinacht M70 11.0
6 Byron Fike M80 11.9
7 Paul Spangler M90 12.4

1 Phil Raschker W40 11.0
2 Donnis Drumgole W35 11.3
3 Marilyn Mitchell W45 11.4
4 Isabel Saumier W75 11.4
5 Polly Clarke W80 11.6
6 Jo Sullivan W65 12.0
7 Mary Patterson W60 12.1
8 Mary Bowermaster W70 12.9

100 M DASH 30-34 W

FINAL
PAMELA KING 33 12.68
SHARON GOODWIN 31 12.81
DANIS WILLET 33 12.97
ROSE GETZ 31 13.00
DONNA POPE-GREEN 33 13.03
LINDA PARMELE 33 13.52
RENAY TEMPLE 30 13.58

200 M DASH 30-34 W

FINAL
DANIS WILLET 33 26.60
ROSE GETZ 31 27.27
PAMELA KING 33 27.51
SHARON GOODWIN 31 28.06
RENAY TEMPLE 30 29.71
PATRICIA FINLEY 30 31.02
LAUREN K. ZAHN 32 31.40
SUSAN MOGLE 33 31.40

400 M DASH 30-34 W

FINAL
DANIS WILLET 33 59.01
JAN BERNHARDT 34 1:02.31
SHEREE ROBERTSON 33 1:03.58
RENAY TEMPLE 30 1:05.44
MELINDA MILLER 34 1:08.18
PATRICIA FINLEY 30 1:11.38

800 M RUN 30-34 W

FINAL
MARY RUSSELL 33 2:26.90
JOANNE SUOMI 32 2:26.93
SHERRIE BOWERS 32 2:28.90
SHEREE ROBERTSON 33 2:29.62
MELINDA MILLER 34 2:40.52
LINDA ALLEN 33 2:44.91
PATRICIA FINLEY 30 2:57.39

1500 M RUN 30-34 W

FINAL
SHERRIE BOWERS 32 5:03.99
JOANNE SUOMI 32 5:06.36
MARY RUSSELL 33 5:13.20
LINDA ALLEN 33 5:37.77

5000 M RUN 30-34 W

FINAL
CANDY WOJCIK 33 20:50.94

10,000 M R 30-34 W

FINAL
KAREN McQUILKIN 30 37:56.6

100 M HURD 30-34 W

FINAL
LINDA PARMELE 33 16.26
TERRI WOODRUFF 30 17.39
DONNA POPE-GREEN 33 DNS

HIGH JUMP 30-34 W

FINAL
LUANN DAVIS 34 1.42
JAYNA LYLE 30 1.37

LONG JUMP 30-34 W

FINAL
DONNA POPE-GREEN 33 5.44
LINDA PARMELE 33 4.60

DISCUS 30-34 W

FINAL
RUTH WELDING 34 35.34

SHOT PUT 30-34 W

FINAL
RUTH WELDING 34 10.36

PENTATHLON 30-34 W

FINAL
DONNA POPE-GREEN 33 2169.00

100 M DASH 35-39 W

FINAL
DONNIS DRUMBOLE 39 12.87
IRENE THOMPSON 36 13.11
LOU BLOXOM 37 14.85

200 M DASH 35-39 W

FINAL
IRENE THOMPSON 36 27.26
SHERICE DUCHAMP 35 27.81
DONNIS DRUMBOLE 39 28.23
BETTY CLAIR-SEAREY 39 30.07
LOU BLOXOM 37 31.66
ANNETTA WELLS 35 31.77
LEAH REWOLINSKI 36 34.13

400 M DASH 35-39 W

FINAL
IRENE THOMPSON 36 1:03.43
DONNIS DRUMBOLE 39 1:03.45
BETTY CLAIR-SEAREY 39 1:05.80
KATE HIGGINS 38 1:08.71
LOLA WOOSLEY 36 1:12.01

800 M RUN 35-39 W

FINAL
KATE HIGGINS 38 2:37.46
LEAH REWOLINSKI 36 2:53.02
LOLA WOOSLEY 36 2:55.38
DEBORAH ELLIS 36 3:06.36

1500 M RUN 35-39 W

FINAL
DEBORAH ELLIS 36 5:59.96
LELA SANDERS 39 6:48.88

5000 M RUN 35-39 W

FINAL
VICKI CRISP 38 18:05.84
BARBARA BALTZELL 35 19:32.69
PEG CRONIN 35 19:33.05

10,000 M R 35-39 W

FINAL
VICKI CRISP 38 43:07.9

100 M HURD 35-39 W

FINAL
SHERICE DUCHAMP 35 16.13
IRENE THOMPSON 36 20.08

LONG JUMP 35-39 W

FINAL
IRENE THOMPSON 36 4.80

DISCUS 35-39 W

FINAL
MARY ANN BOENKER 38 26.68

SHOT PUT 35-39 W

FINAL
BETTY CLAIR-SEAREY 39 9.73
MARY ANN BOENKER 38 9.30

100 M DASH 40-44 W

FINAL
PHIL RASCHKER 43 2.76
LORRAINE TUCKER 43 13.62
SUSAN J PACKER-MOORE 44 13.98

200 M DASH 40-44 W

FINAL
PAMELA DUNCAN 43 14.37
CHRIS DAVIS 42 14.78
DEBORAH WILSON 41 15.17

400 M DASH 40-44 W

FINAL
PHIL RASCHKER 43 26.95
LORRAINE TUCKER 43 28.52
SUSAN J PACKER-MOORE 44 29.17
DEBBIE STILES 41 29.66
MARTIE BEHRENS 42 29.82

400 M DASH 40-44 W

FINAL
PAMELA DUNCAN 43 30.21
JAMI LITTLEJOHN 40 31.84
CHRIS DAVIS 42 DNS

400 M DASH 40-44 W

FINAL
DEBBIE STILES 41 1:04.36
MARTIE BEHRENS 42 1:04.74
SUSAN HOULTON 43 1:05.14

800 M RUN 40-44 W

FINAL
PAMELA DUNCAN 43 1:06.80
KATHY HOLMSTROM 40 1:09.13

1500 M RUN 40-44 W

FINAL
JONI SHIRLEY 43 4:57.24
ADRIAN LILBURN 40 4:57.71

800 M RUN 40-44 W

FINAL
SYLVIE KIMCHE* 43 2:32.99
DEBBIE STILES 41 2:35.06
JANE SCHUL 42 2:36.97
KATHY HOLMSTROM 40 2:39.28
BER BAUM 44 2:49.74
MARIE SMYTHE 41 2:50.83

1500 M RUN 40-44 W

FINAL
JONI SHIRLEY 43 4:57.24
ADRIAN LILBURN 40 4:57.71

5000 M RUN 40-44 W

FINAL
ADRIAN LILBURN 40 18:12.63

80 M HURDL 40-44 W

FINAL
SYLVIE KIMCHE* 43 18:45.16
ANN DAY 43 19:55.69
KATHLEEN CALLAHAN 43 20:22.26
MARYBETH ADAMS 40 21:22.26
BARBARA MANN 41 22:40.77
LOLLY RAMEY 41 DNS

10,000 M R 40-44 W

FINAL
JANET HANCOCK 42 45:56.7

80 M HURDL 40-44 W

FINAL
PHIL RASCHKER 43 13.13

400 M HURD 40-44 W

FINAL
PAMELA CALVERT 44 1:11.34

HIGH JUMP 40-44 W

FINAL
ANNLIE STEEKELBURG 42 1.57
PHIL RASCHKER 43 1.57
DEBORAH WILSON 41 1.22
DEBORAH DAVIS 41 1.12
JAMI LITTLEJOHN 40 NO HEIGHT

LONG JUMP 40-44 W

FINAL
P. RASCHKER #110 43 5.10
CHRIS DAVIS 42 3.41

TRIPLE JUMP 40-44 W

FINAL
P. RASCHKER #110 43 9.90
JAMI LITTLEJOHN 40 8.23
MARY LOU PLATIS 44 7.33

POLE VAULT 40-44 W

FINAL
PHIL RASCHKER 43 2.59

DISCUS 40-44 W

FINAL
LURLINE STRUPPECK 43 27.84
MARY LOU PLATIS 44 22.24
NANCY HAMILTON 43 18.84

SHOT PUT 40-44 W

FINAL
LURLINE STRUPPECK 43 10.35
MARY LOU PLATIS 44 6.05
NANCY HAMILTON 43 5.99

JAVELIN 40-44 W

FINAL
LURLINE STRUPPECK 43 33.38
LORRAINE TUCKER 43 27.14
NANCY HAMILTON 43 15.76

100 M DASH 45-49 W

FINAL
MARILYN MITCHELL 47 13.5
JOY MacDONALD 49 14.2
CATHY PRIMMER 47 15.0
ANN CARTER 48 15.7
AGGIE YEAKEL 45 16.4
LESLIE LYNK-LASSITOR 46 19.1

200 M DASH 45-49 W

FINAL
NADINE O'CONNOR 48 29.24
MARILYN MITCHELL 47 29.76
JOY MacDONALD 49 30.93
CATHY PRIMMER 47 32.08

400 M DASH 45-49 W

FINAL
NADINE O'CONNOR 48 1:06.69
JOY MacDONALD 49 1:09.23
CATHY PRIMMER 47 1:11.93
AGGIE YEAKEL 45 1:19.29

1500 M RUN 45-49 W

FINAL
LINDA UPTON 47 5:05.32

5000 M RUN 45-49 W

FINAL
LINDA UPTON 47 19:20.19
JUDI GARDNER 47 DNS

10,000 M R 45-49 W

FINAL
AGGIE YEAKEL 45 49:36.4

80 M HURDL 45-49 W

FINAL
ANN CARTER 48 17.81

HIGH JUMP 45-49 W

FINAL
CATHY PRIMMER 47 1.12
BARBARA STEWART 48 1.07

LONG JUMP 45-49 W

FINAL
BARBARA STEWART 48 3.61
ANN CARTER 48 3.24

TRIPLE JUM 45-49 W

FINAL
BARBARA STEWART 48 7.68
ANN CARTER 48 6.60

POLE VAULT 45-49 W

FINAL
BARBARA STEWART 48 1.67

HAMMER 45-49 W

FINAL
BRENDA BLOOMFIELD 48 30.96
JOYCE BOWERMAN 49 16.40
BARBARA STEWART 48 15.52

DISCUS 45-49 W

FINAL
VANESSA HILLIARD 49 29.46
JOYCE BOWERMAN 49 25.18
ROSLYN KATZ 48 23.22
KAREN HUFF 47 18.64

SHOT PUT 45-49 W

FINAL
VANESSA HILLIARD 49 9.22
KAREN HUFF 47 8.52
JOYCE BOWERMAN 49 7.50
ROSLYN KATZ 48 9.02

JAVELIN 45-49 W

FINAL
KAREN HUFF 47 29.64
VANESSA HILLIARD 49 29.08
FRAN CONLEY 49 28.72
JOYCE BOWERMAN 49 22.82
BARBARA STEWART 48 17.24
ROSLYN KATZ 48 16.90

Continued on next page

Continued from previous page

100M 50-54 W	
FINAL	
ESSIE KEA	53 15.78
MARION COFFEE	52 16.27
ALEXANDRIA JOHNSON	54 16.69
200M 50-54 W	
FINAL	
ESSIE KEA	53 32.94
URSULA DEETSCREEK	50 35.08
MARION COFFEE	52 35.82
400M 50-54 W	
FINAL	
WAVA MOSBRUCKER	54 1:14.30
ALEXANDRIA JOHNSON	54 DNF
800M 50-54 W	
FINAL	
MAE CLEVELANND	50 2:47.05
WAVA MOSBRUCKER	54 2:48.94
1500M 50-54 W	
FINAL	
MAE CLEVELANND	50 5:38.81
WAVA MOSBRUCKER	54 5:43.12
URSULA DEETSCREEK	50 6:13.64
5000M 50-54 W	
FINAL	
WAVA MOSBRUCKER	54 20:39.66
MAE CLEVELANND	50 DNS
10,000M 50-54 W	
FINAL	
SIGLINDE MOORE	50 1:00:00.
80 M HURDL 50-54 W	
FINAL	
BECKY SISLEY	51 16.34
MARION COFFEE	52 17.54
HIGH JUMP 50-54 W	
FINAL	
TAISIJA TCHENTCHIK	54 1.34
BECKY SISLEY	51 1.28
ESSIE KEA	53 1.19
JOANN GRISSOM	51 1.16
LONG JUMP 50-54 W	
FINAL	
BECKY SISLEY	51 3.89
JOANN GRISSOM	51 3.47
TRIPLE JUM 50-54 W	
FINAL	
BECKY SISLEY	51 8.64
JOANN GRISSOM	51 6.88
HAMMER 50-54 W	
FINAL	
MILDRED R. TOMAN	52 29.24
J. GRISSOM #135	51 26.00
JUNE MEYER	52 24.78
DISCUS 50-54 W	
FINAL	
JOANN GRISSOM	51 28.04
JOAN YOUNGS	53 19.08
LORRAINE COPPOLA	50 16.98
SHOT PUT 50-54 W	
FINAL	
JOANN GRISSOM	51 11.87
JUNE MEYER * 50-54 W	
FINAL	
ALEXANDRIA JOHNSON	54 7.12
MARION COFFEE	52 6.61
JAVELIN 50-54 W	
FINAL	
BECKY SISLEY	51 36.14
JOANN GRISSOM	51 29.42
JUNE MEYER	52 24.62
JOAN YOUNGS	53 20.40
PENTATHLON 50-54 W	
FINAL	
BECKY SISLEY	51 2968.00
100 M DASH 55-59 W	
FINAL	
MARILYN FITZGERALD	55 14.83
BETTY VOSBURGH	59 15.22
FEI-MEI LEE CHOU	55 16.31
MAGDALENA KUEHNE	59 16.39
JOANNE KEATON	58 22.67
GERALDINE YOUNG	58 22.93
200 M DASH 55-59 W	
FINAL	
MARILYN FITZGERALD	55 30.91
BETTY VOSBURGH	59 32.77
FEI-MEI LEE CHOU	55 35.15
JOANNE KEATON	58 52.33
VERA SPITZER	58 DNS
400 M DASH 55-59 W	
FINAL	
MARILYN FITZGERALD	55 1:11.52
BETTY VOSBURGH	59 1:13.22
JOANNE KEATON	58 1:51.71

800 M RUN 55-59 W	
FINAL	
LIZ SZAWLOWSKI	57 3:00.13
BETTY VOSBURGH	59 3:01.29
JOANNE KEATON	58 4:11.11
1500 M RUN 55-59 W	
FINAL	
LIZ SZAWLOWSKI	57 6:11.69
5000 M RUN 55-59 W	
FINAL	
THELMA WILSON	58 23:57.40
JOANNE KEATON	58 29:48.68
10,000 M R 55-59 W	
FINAL	
THELMA WILSON	58 51:53.16
80 M HURDL 55-59 W	
FINAL	
CHRISTEL MILLER	55 15.25
BETTY VOSBURGH	59 17.68
HIGH JUMP 55-59 W	
FINAL	
CHRISTEL MILLER	55 1.24
BETTY VOSBURGH	59 1.21
FEI-MEI LEE CHOU	55 1.09
TRIPLE JUMP 55-59 W	
FINAL	
CHRISTEL MILLER	55 8.08
MAGDALENA KUEHNE	59 7.90
DISCUS 55-59 W	
FINAL	
ANN CIRULNICK	55 20.00
FEI-MEI LEE CHOU	55 19.46
MAGDALENA KUEHNE	59 16.54
SHOT PUT 55-59 W	
SECTION # 1	
ANN CIRULNICK	55 8.52
MAGDALENA KUEHNE	59 7.22
FEI-MEI LEE CHOU	55 6.68
JAVELIN 55-59 W	
FINAL	
CHRISTEL MILLER	55 29.16
MAGDALENA KUEHNE	59 19.92
ANN CIRULNICK	55 17.06
PENTATHLON 55-59 W	
FINAL	
CHRISTEL MILLER	55 3486.00
100 M DASH 60-64 W	
FINAL	
MARY C PATTERSON	61 15.62
LEONORE McDANIELS	62 16.09
PATRICIA PETERSON	64 16.94
CAROLYN PEET	61 DNS
200 M DASH 60-64 W	
FINAL	
MARY C PATTERSON	61 34:26.0
LEONORE McDANIELS	62 35.62
PATRICIA PETERSON	64 36.43
400 M DASH 60-64 W	
FINAL	
MARY C PATTERSON	61 1:20.15
JANET SWEET	60 1:25.14
PATRICIA PETERSON	64 1:41.61
800 M RUN 60-64 W	
FINAL	
MARY C PATTERSON	61 3:31.12
10,000 M R 60-64 W	
FINAL	
RUTH ANDERSON	61 49:08.5
80 M HURDL 60-64 W	
FINAL	
PATRICIA PETERSON	64 21.75
300 M HURD 60-64 W	
FINAL	
PATRICIA PETERSON	64 1:25.10
HIGH JUMP 60-64 W	
FINAL	
LEONORE McDANIELS	62 1.19
PATRICIA PETERSON	64 1.10
SHIRLEY KINSEY	61 1.04
LONG JUMP 60-64 W	
FINAL	
LEONORE McDANIELS	62 3.87
SHIRLEY KINSEY	61 2.97
TRIPLE JUMP 60-64 W	
FINAL	
LEONORE McDANIELS	62 7.32
DISCUS 60-64 W	
FINAL	
BERNICE HOLLAND	63 27.76
SHIRLEY KINSEY	61 19.02

SHOT PUT 60-64 W	
FINAL	
BERNICE HOLLAND	63 9.17
JAVELIN 60-64 W	
FINAL	
BERNICE HOLLAND	63 25.88
SHIRLEY KINSEY	61 19.16
100 M DASH 65-69 W	
FINAL	
JOSEPHINE SULLIVAN	65 17.58
MARY E. NORCKAUER	65 19.42
CAROL PEEBLES	69 19.48
200 M DASH 65-69 W	
FINAL	
JOSEPHINE SULLIVAN	65 40.37
CAROL PEEBLES	69 43.45
MARY E. NORCKAUER	65 44.09
400 M DASH 65-69 W	
FINAL	
MARY E. NORCKAUER	65 1:55.85
CAROL PEEBLES	69 1:55.89
800 M RUN 65-69 W	
FINAL	
MARY E. NORCKAUER	65 3:48.1
CAROL PEEBLES	69 3:57.8
GERRY DAVIDSON	69 DNS
1500 M RUN 65-69 W	
FINAL	
CAROL PEEBLES	69 8:05.07
5000 M RUN 65-69 W	
FINAL	
QUEENIE THOMPSON	66 28:20.59
POLLY BAILEY-MCARTHY	67 31:34.17
GERRY DAVIDSON	69 DNS
MARY E. NORCKAUER	65 DNS
HIGH JUMP 65-69 W	
FINAL	
JOSEPHINE SULLIVAN	65 NO MARK
LONG JUMP 65-69 W	
FINAL	
JOSEPHINE SULLIVAN	65 3.15
M.E. NORCKAUER #47	65 2.83
TRIPLE JUMP 65-69 W	
FINAL	
JOSEPHINE SULLIVAN	65 6.55
M.E. NORCKAUER #47	65 6.54
DISCUS 65-69 W	
FINAL	
M.E. NORCKAUER #47	65 18.48
AUDREY BERGENBACK	66 12.28
SHOT PUT 65-69 W	
FINAL	
M.E. NORCKAUER #47	65 6.36
JAVELIN 65-69 W	
FINAL	
M.E. NORCKAUER #47	65 20.12
100 M DASH 70-74 W	
FINAL	
MARY L. BOWERMASTER	72 16.78
1500 M RUN 70-74 W	
FINAL	
VADINE KOENIG	70 8:11.05
5000 M RUN 70-74 W	
FINAL	
VADINE KOENIG	70 29:29.07
10,000 M R 70-74 W	
FINAL	
VADINE KOENIG	70 1:04:03.
HIGH JUMP 70-74 W	
FINAL	
MARY L. BOWERMASTER	72 1.04
LONG JUMP 70-74 W	
FINAL	
MARY L. BOWERMASTER	72 2.91
DISCUS 70-74 W	
FINAL	
MARY L. BOWERMASTER	72 14.06
SHOT PUT 70-74 W	
FINAL	
MARY L. BOWERMASTER	72 6.75
JAVELIN 70-74 W	
FINAL	
M BOWERMASTER	73 13.14

100M 75-UP W	
FINAL	
ISABEL SAUMIER *	76 17.76
POLLY R. CLARKE	80 18.10
MILLIE CREWS	75 19.09
MARILLA SALISBURY	82 34.03
PEARL MEHL	76 21.66
SHEILA EVANS	75 SCRAT
200M 75-UP W	
FINAL	
ISABEL SAUMIER *	76 39.56
POLLY R. CLARKE	80 39.78
MILLIE CREWS	75 42.71
MARILLA SALISBURY	82 1:26.24
PEARL MEHL	76 49.16
400M 75-UP W	
FINAL	
PEARL MEHL	76 1:39.66
POLLY R. CLARKE	80 1:40.45
MILLIE CREWS	75 1:45.36
MARILLA SALISBURY	82 3:25.75
800M 75-UP W	
FINAL	
PEARL MEHL	76 4:03.0
MARILLA SALISBURY	82 7:37.2
MILLIE CREWS	75 4:30.6
1500M 75-UP W	
FINAL	
PEARL MEHL	76 8:02.42
MARILLA SALISBURY	82 15:52.0
MILLIE CREWS	75 10:21.53
5000M 75-UP W	
FINAL	
PEARL MEHL	76 31:40.44
10,000M 75-UP W	
FINAL	
P. MEHL #43	76 DNF
HIGH JUMP 75-UP W	
FINAL	
SHEILA EVANS	75 NO MARK
LONG JUMP 75-UP W	
FINAL	
SHEILA EVANS	75 2.70
TRIPLE JUMP 75-UP W	
FINAL	
SHEILA EVANS	75 6.13
DISCUS 75-UP W	
FINAL	
M. SALISBURY #53	82 5.92
BETTY JARVIS	75 16.26
SHOT PUT 75-UP W	
FINAL	
M. SALISBURY #53	82 3.53
BETTY JARVIS	75 5.93
JAVELIN 75-UP W	
FINAL	
M. SALISBURY #53	82 7.02
BETTY JARVIS	75 11.96
M. CREWS #9	75 10.50
5K WALK 30-34 W	
FINAL	
DONNA ZEMBROD	33 30:09.96
LYNN HOUSTON	32 31:16.48
JODY BLANCHARD	34 31:49.0
5K WALK 35-39 W	
FINAL	
MATASI GRAHAM	37 27:11.16
PEGGY MILLER	36 27:17.0
CINDY PAFFUMI	36 27:41.53
KATHY FINCH	35 28:56.87
5K WALK 40-44 W	
FINAL	
VIISHA SEDLAK	41 24:37.48
GAYLE JOHNSON	41 25:56.26
JEANETTE SMITH	41 27:11.37
KATHY JO LOVELL	40 29:20.34
PATTY KERR	42 33:16.27
LOLLY RAMEY	41 35:32.80
5K WALK 45-49 W	
FINAL	
JO ANN NEDELCO	47 25:09.47
VERNA BUCHS	49 30:00.81
MARGIE ALEXANDER	47 31:16.99
JUDI GARDNER	47 31:46.55
SUSAN DABAGIA	48 33:32.60
VANESSA HILLIARD	49 DISQU
5K WALK 50-54 W	
FINAL	
ELTON RICHARDSON	51 29:14.82
JILL LATHAM	53 30:02.09
BETH GRADY	53 30:31.88
LORRAINE COPPOLA	50 33:02.81
RUTH EVERSON	52 33:59.7
RENEE WEATHERFORD	52 35:32.90
SIGLINDE MOORE	50 DISQU

5K WALK 55-59 W	
FINAL	
JOYCE DECKER	56 30:32.25
JOY CLINGMAN	55 31:02.29
AUDREY A. DIX	58 33:09.89
P BAKER-MYEROWITZ	56 33:23.0
VERA SPITZER	58 40:30.5
5K WALK 60-64 W	
FINAL	
JOAN ROWLAND	64 32:09.0
ANNA RUSH	62 34:49.85
JO PRESSER	61 34:57.0
CAROLYN PEET	61 DNF
MARY BYERS	61 DISQU
RUTH B. LEFT	63 DISQU
5K WALK 65-69 W	
FINAL	
M.E. NORCKAUER #47	65 36:43.83
POLLY BAILEY-MCARTHY	67 38:20.14
QUEENIE THOMPSON	66 DISQU
5K WALK 70-74 W	
FINAL	
ERNESTINE YBOMANS	71 38:02.0
5K WALK 75-UP W	
FINAL	
MILLIE CREWS	75 38:20.19
POLLY R. CLARKE	80 38:22.76
MARILLA SALISBURY	82 57:45.7
10K WALK 30-34 W	
FINAL	
DONNA ZEMBROD	33 1:04.25
JODY BLANCHARD	34 1:09.05
10K WALK 35-39 W	
FINAL	
MATASI GRAHAM	37 58:10.0
10K WALK 40-44 W	
FINAL	
JULIE RATNER	43 55:38.0
JEANETTE SMITH	41 58:53.0
KATHY JO LOVELL	40 1:02.41
10K WALK 45-49 W	
FINAL	
JO ANN NEDELCO	47 54.14
VANESSA HILLIARD	49 1:02.23
VERNA BUCHS	49 1:05.11
MARGIE ALEXANDER	47 1:07.19
10K WALK 50-54 W	
FINAL	
BETH GRADY	53 1:02.55
"PORKY" GADIENT	54 1:06.23
RUTH EVERSON	52 1:11.27
LORRAINE COPPOLA	50 1:12.26
10K WALK 55-59 W	
FINAL	
P BAKER-MYEROWITZ	56 1:05.28
JOY CLINGMAN	55 1:05.50

1990 TAC MASTERS DECATHLON CHAMPIONSHIPS Curtis HS Stadium, Tacoma, WA July 14-15

30 - 34 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	400M	800M	1500M	5000M	10000M	TOTAL	
1	30	FYE, EDDIE	12.2	601 5.66	540 12.34	637 1.88	731 53.3	702 16.1	709 39.80	661 3.60	533 54.78	709 4:34.6	734 6557
		FT-IN		18- 6 3/4	40- 5 3/4	6- 2			130- 6 3/4	11- 9 1/2	179- 8 1/2		
2	32	RAINBOLT, STEVE	12.5	547 5.60	527 12.09	621 1.82	678 58.3	505 18.1	506 38.48	635 3.70	561 46.28	575 4:41.5	690 5845
		FT-IN		18- 4 1/4	39- 7 3/4	5-11 1/2			126- 2 3/4	12- 1 1/2	151-10		
3	31	TITUS, PAUL	12.3	582 6.29	680 9.13	441 1.91	759 59.1	476 16.2	698 28.41	434 2.65	291 35.54	409 5:38.2	377 5147
		FT-IN		20- 7 1/2	29-11 1/4	6- 3			93- 2 1/2	8- 8 1/4	116- 7		

35 - 39 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	400M	800M	1500M	5000M	10000M	TOTAL	
1	39	HILL, MIKE	11.6	768 6.27	749 11.85	645 1.82	750 52.6	807 15.3	838 39.02	688 3.70	611 51.68	714 4:30.1	813 7383
		FT-IN		20- 6 3/4	38-10 1/2	5-11 1/2			128- 0	12- 1 1/2	169- 6 1/2		
2	38	SALZMAN, MARK	11.7	749 5.88	654 11.90	649 1.85	779 57.8	595 16.0	758 29.39	484 3.60	582 39.98	518 6:12.4	272 6040
		FT-IN		19- 3 1/4	39- 0 1/2	6- 0 3/4			96- 5	11- 9 1/2	131- 2		
3	37	ACEA, RUSSELL	11.8	728 5.73	618 7.73	381 1.49	456 54.1	743 16.5	703 18.55	264 3.05	426 27.94	322 4:39.9	750 5391
		FT-IN		18- 9 1/2	25- 4 1/4	4-10 1/2			60-10 1/4	10- 0	91- 8		
4	37	MARYOTT, MIKE	12.2	649 5.25	508 8.78	448 1.49	456 56.5	645 18.6	495 24.92	392 3.15	454 35.38	442 5:13.0	554 5043
		FT-IN		17- 2 1/2	28- 9 1/2	4-10 1/2			81- 9	10- 4	116- 0 3/4		
5	36	BESHEARS, DAVID	12.5	594 5.71	613 10.42	553 1.64	584 57.4	610 17.9	561 34.10	583 0.00	0 40.40	525 6:31.8	200 4823
		FT-IN		18- 8 3/4	34- 2	5- 4 1/2			111-10 1/2	0- 0	132- 6 1/2		

40 - 44 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	400M	800M	1500M	5000M	10000M	TOTAL	
1	44	HARVEY, REX	12.1	720 6.05	778 11.06	634 1.70	712 56.4	729 16.6	750 36.16	667 4.10	806 47.22	688 6: 6.7	343 6827
		FT-IN		19-10	36- 3 1/4	5- 6 3/4			118- 7 1/2	13- 5 1/4	154-11		
2	42	STEVICK, DREW	13.1	538 4.87	484 9.85	551 1.55	569 59.8	598 19.8	446 26.25	448 2.65	359 49.16	723 5:28.1	526 5242
		FT-IN		15-11 1/2	32- 3 3/4	5- 1			86- 1 1/4	8- 8 1/4	161- 3 1/4		
3	42	PFISTER, JOSEF	12.8	590 5.07	531 8.89	486 1.49	515 60.2	583 20.1	421 25.56	433 3.80	706 30.70	397 5:21.0	564 5226
		FT-IN		16- 7 1/2	29- 2	4-10 1/2			83-10 1/4	12- 5 1/2	100- 8 1/2		
4	44	TROY, KENNETH	13.3	505 5.85	726 7.92	421 1.61	625 71.1	248 19.1	506 23.53	389 2.95	444 28.20	354 7:10.3	121 4339
		FT-IN		19- 2 1/4	25-11 3/4	5- 3 1/4			77- 2 1/4	9- 8	92- 6		
5	42	MCDONALD, HARRY	14.1	381 4.63	430 10.06	566 1.43	462 72.1	224 20.6	381 29.37	516 3.05	473 44.16	633 6:38.1	220 4286
		FT-IN		15- 2 1/4	33- 0	4- 8 1/4			96- 4 1/4	10- 0	144-10 1/2		
6	42	HOGAN, DON	13.2	522 4.31	360 7.75	410 1.40	436 70.7	258 22.8	230 21.33	342 2.75	387 25.43	307 5:50.6	415 3667
		FT-IN		16- 1 1/2	25- 5	4- 7			69-11 3/4	9- 0 1/4	83- 5		

45 - 49 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	400M	800M	1500M	5000M	10000M	TOTAL	
1	47	PHILLIPS, ALLEN	13.2	573 5.59	747 9.25	547 1.67	765 60.0	674 19.1	581 28.89	546 3.20	578 48.68	766 5:49.8	473 6250
		FT-IN		18- 4	30- 4	5- 5 1/2			94- 9 1/4	10- 5 3/4	159- 8 1/2		
2	47	ROGERS, STEVE	13.0	609 5.09	612 11.41	703 1.55	642 DNF	0 18.10	675 32.58	633 3.00	513 42.68	651 5:53.5	455 5493
		FT-IN		16- 8 1/4	37- 5	5- 1			106-10 1/2	9-10	140- 0 1/4		
3	47	LOUBET, JEFF	12.5	699 5.26	657 8.68	506 1.52	612 62.6	580 17.6	724 26.47	489 3.10	545 22.32	276 6: 7.4	392 5480
		FT-IN		17- 3	28- 5 1/2	4-11 3/4			86-10	10- 2	73- 2 1/2		
4	46	STEMPEL, DENNIS	12.8	644 5.51	725 10.33	625 1.61	703 61.2	630 DNF	0 28.41	535 2.60	390 39.78	597 DNF	0 4849
		FT-IN		18- 0 3/4	33-10 1/2	5- 3 1/4			93- 2 1/2	8- 6 1/4	130- 6		
5	45	SNOEMAKER, JIM	13.0	609 4.13	375 9.37	555 1.37	469 64.6	512 20.5	460 23.81	427 2.75	435 32.32	458 5:52.3	461 4761
		FT-IN		13- 6 1/2	30- 8 3/4	4- 5 3/4			78- 1 1/4	9- 0 1/4	106- 0		
6	46	EWING, JOHN	13.8	475 4.47	455 7.11	394 1.58	672 64.4	519 20.80	436 23.08	411 2.80	450 24.08	308 6: 7.4	392 4512
		FT-IN		14- 7 3/4	23- 3 3/4	5- 2			75- 8 1/2	9- 2	79- 0		
48	48	GENT, ROBERT	13.6	506 4.88	557 9.06	533 1.43	525 68.6	387 DNS					
		FT-IN		16- 0	29- 8 1/2	4- 8 1/4							

50 - 54 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	400M	800M	1500M	5000M	10000M	TOTAL	
1	52	MILLER, GARY	12.2	817 5.63	862 12.15	723 1.55	727 57.9	848 16.4	738 36.44	685 3.30	686 48.12	828 5:40.8	579 7493
		FT-IN		18- 5 1/2	39-10 1/4	5- 1			119- 6 1/2	10- 9 3/4	157-10 1/4		
2	52	MORRALL, DON	14.3	453 4.16	446 9.60	546 1.43	599 65.4	573 19.8	415 27.56	485 2.80	509 23.38	328 5:41.8	574 4928
		FT-IN		13- 7 3/4	31- 5 3/4	4- 8 1/4			90- 5	9- 2	76- 8 1/4		
3	51	FORSYTH, JOHN	13.8	531 4.48	529 9.57	544 1.22	394 71.8	377 DNF	0 35.00	652 2.55	426 32.24	503 5:48.8	539 4495
		FT-IN		14- 8 1/4	31- 4 3/4	4- 0			114- 9 3/4	8- 4 1/4	105- 9 1/4		
4	54	HAMILTON, RUSTY	15.0	353 3.93	388 8.21	450 1.26	431 79.1	199 22.0	253 28.26	500 2.25	331 31.24	483 8: 2.4	73 3461
		FT-IN		12-10 1/2	26-11	4- 1 1/2			92- 8 1/2	7- 4 1/2	102- 5 3/4		
52	52	MACKAY, TONY	13.7	547 4.53	543 11.49	677 1.49	662 65.4	573 17.9	585 35.28	659 3.40	722 39.72	654 5:47.0	548 6170
		GBR GUEST		14-10 1/4	37- 8 1/4	4-10 1/2			115- 8 3/4	11- 1 3/4	130- 3 3/4		

55 - 59 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	400M	800M	1500M	5000M	10000M	TOTAL	
1	57	MURKEY, PHIL	14.1	546 5.02	782 12.10	776 1.49	754 67.1	612 16.5	838 35.38	715 3.66	921 37.06	694 7:11.0	265 6903
		FT-IN		16- 5 1/2	39- 8 1/4	4-10 1/2			116- 0 3/4	12- 0	121- 7		
2	57	MCFETTERS, DOUG	13.0	732 4.82	718 9.33	569 1.49	754 64.8	690 17.4	743 29.96	583 0.00	0 28.66	503 6:35.2	400 5692
		FT-IN		15- 9 3/4	30- 7 1/4	4-10 1/2			98- 3 1/2	0- 0	94- 0 1/4		
3	55	FITZMAUGH, RAY	14.8	438 4.60	650 9.27	565 1.43	685 68.7	560 19.3	561 28.47	547 2.80	576 32.80	596 6:36.7	394 5572
		FT-IN		15- 1	30- 4 3/4	4- 8 1/4			93- 4 3/4	9- 2	107- 7 1/4		
4	56	CISNEROS, NECTOR	14.1	544 3.65	381 8.76	527 1.33	574 64.0	718 18.6	626 26.48	500 2.60	503 24.78	416 6: 0.9	552 5343
		FT-IN		11-11 1/2	28- 8 3/4	4- 4 1/4			86-10 1/2	8- 6 1/4	81- 3 1/2		
5	55	GRAY, DONALD	14.5	484 3.88	442 8.85	534 1.31	552 73.5	417 19.5	543 27.66	528 2.90	614 30.98	555 6:49.1	345 5014
		FT-IN		12- 8 3/4	29- 0 1/4	4- 3 1/2			90- 8 3/4	9- 6	101- 7 1/2		
55	55	NEUMANN, JERRY	15.3	343 3.79	418 7.83	459 1.31	552 DNS						
		FT-IN		12- 5	25- 8 1/4	4- 3 1/2							

60 - 64 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	400M	800M	1500M	5000M	10000M	TOTAL	
4	63	BRADBERRY, BUCK	13.5	718 4.89	853 10.20	643 1.34	672 68.3	677 16.3	934 33.44	613 2.65	593 32.28	575 6:34.3	485 6763
		FT-IN		16- 0 1/2	33- 5 1/2	4- 4 3/4			109- 8 1/2	8- 8 1/4	105-10 3/4		
3	61	SCOTT, DICK	14.6	537 4.06	576 10.34	654 1.31	637 72.5	545 19.3	633 33.28	610 2.05	363 31.48	557 7:13.6	330 5442
		FT-IN		13- 3 3/4	33-11	4- 3 1/2			109- 2	6- 8 1/2	103- 3 1/4		
5	64	NORDQUIST, RICHARD	15.2	450 3.61	439 10.03	630 1.22	533 71.6						

Decathlon Continued

65 - 69 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	400M	800M	1500M	5000M	10000M	200M	3000M	5000M	TOTAL								
1	69	MORCOM, BOO	14.60	618	4.67	899	8.40	572	1.46	935	69.4	756	19.7	708	31.22	633	3.17	918	22.04	396	7: 9.4	431	6866
FT-IN			15- 3 3/4 27- 6 1/2 4- 9 1/4				102- 5				10- 4 3/4 72- 3 1/2												

70 - 74 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	400M	800M	1500M	5000M	10000M	200M	3000M	5000M	TOTAL								
1	73	BULKLEY, DAN	14.9	669	3.80	684	8.25	565	1.18	660	69.5	879	15.8	750	23.70	514	1.95	440	20.48	412	5:48.1	898	6471
FT-IN			12- 5 1/2 27- 0 3/4 3-10 1/4				77- 9				6- 4 3/4 67- 2 1/4												
2	73	MORNINGSTAR, NAM	15.9	522	3.50	572	10.46	749	1.30	826	81.8	513	22.9	159	31.36	725	2.25	576	28.60	632	8: 0.3	344	5618
FT-IN			11- 5 3/4 34- 3 3/4 4- 3				102-10 1/2				7- 4 1/2 93- 9 3/4												
3	70	RICCIARDI, A.U.	16.2	480	3.64	623	9.49	668	1.18	660	92.3	273	16.3	695	32.40	755	2.35	623	24.85	530	8:41.1	222	5529
FT-IN			11-11 1/4 31- 1 1/2 3-10 1/4				106- 3 1/2				7- 8 1/2 81- 6 1/4												
4	70	BENNETT, DICK	16.6	428	3.46	557	8.67	600	1.15	620	84.5	445	19.0	432	22.58	483	0.00	0	13.06	218	9:44.5	83	3866
FT-IN			11- 4				28- 5 1/4 3- 9 1/4				74- 0 3/4 0- 0 42-10												

75 - 79 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	400M	800M	1500M	5000M	10000M	200M	3000M	5000M	TOTAL								
1	78	HILLS, CLAUDE	16.2	592	3.53	686	7.96	627	1.18	761	87.0	512	17.7	663	25.66	660	2.05	564	22.10	530	8:40.0	318	5913
FT-IN			11- 6 3/4 26- 1 1/4 3-10 1/4				84- 2				6- 8 1/2 72- 6												
2	78	BOAL, ROBERT	17.7	400	2.92	448	5.57	404	1.15	717	91.9	398	19.9	461	18.40	436	1.65	372	17.75	398	8:20.7	377	4411
FT-IN			9- 6 3/4 18- 3 1/4 3- 9 1/4				60- 4 1/4				5- 4 3/4 58- 2 3/4												

1990 TAC MASTERS HEPTATHLON CHAMPIONSHIPS Curtis HS Stadium, Tacoma, WA 14-15JUL1990, Meet Director: Mark Salzman
(Results are actual, Scores are from applying 1989 MAVS 5 year Age Factors and using the 1985 IAAF Scoring Tables)

40 - 44 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	200M	400M	800M	TOTAL							
1	43	RASCHKE, PHIL	12.8	862	1.50	867	6.71	387	27.0	865	4.86	717	16.34	318	2:50.3	609	4625
FT-IN			4-11 22- 0 1/4				15-11 1/4 53-7 1/2										

50 - 54 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	200M	400M	800M	TOTAL							
1	51	SISLEY, BECKY	16.5	547	1.28	795	7.56	483	33.8	529	3.82	557	35.32	918	3:12.3	526	4355
FT-IN			4-2 1/4 24- 9 3/4				12- 6 1/4 115-10										

55 - 59 AGE GROUP RESULTS

PL	AGE	NAME	100M	LJ	SP	HJ	200M	400M	800M	TOTAL							
1	55	MILLER, CHRISTEL	15.3	781	1.25	879	8.89	667	31.9	742	3.74	628	30.54	880	3:18.7	552	5129
FT-IN			4- 1 1/2 29- 2				12- 3 1/4 100-2										
2	59	VOSBURGH, BETTY	16.9	586	1.17	747	7.48	541	31.9	742	3.27	451	24.04	670	2:57.6	762	4499
FT-IN			3-10 24- 6 1/2				10- 8 3/4 78-10 1/2										

East, Continued

200	M35	Pershing Reid	24.3
M40	Angel Nieves	24.9	
	David Larson	25.4	
	Dennis Newton	26.0	
M45	Roger Pierce	23.0	
	James Brady	27.2	
M50	John Whelan	26.0	
	Jerome Wills	26.3	
	David Galligani	27.9	
M55	Bill Wright	26.5	
	Jack Nyhan	31.4	
M60	Ross Mitchell	27.3	
M65	Vern Mattson	29.5	
M70	Mieczyslaw Pisz	31.3	
	Angelo Oliver	31.5	
	Sparks Sorlien	34.6	
W40	Sandy Miller	34.4	
	Patricia Petersen	37.9	
400	M30	Rick Smith	53.1
	M35	Robert Walker	53.2
	M40	George Pfeil	56.8
	George Smith	57.0	
	David Larson	57.9	
M45	Roger Pierce	52.2	
	Bob Chinchillo	1:01.3	
M50	David Galligani	1:01.8	
	Art Conro	1:02.2	
	Phil Surette	1:04.2	
W55	Liz Szawlowski	1:20.9	
W60	Patricia Petersen	1:42.8	
800	M30	Rick Smith	1:57.9
	Chris Spinney	1:59.5	
	Jim Hamilton	2:11.2	
M35	Bill Okerman	1:57.8	
	Robert Walker	1:58.7	
	Tom Brause	1:59.0	
M40	Rich Puckerin	2:07.1	
	Jack Norton	2:08.5	
	Stephan Viegas	2:09.8	
M45	Bic Stevens	2:02.1	
	Bill Masuck	2:14.1	
	Kirk Randall	2:15.3	
M50	Art Conro	2:20.2	
	Bob Clarke	2:27.7	
M55	Joe O'Connor	2:34.5	
M65	Carl Hammen	2:40.4	
W40	Anne Schmitt	2:27.0	
W45	Linda Upton	2:31.7	
W50	Carolyn Capetta	2:37.2	
W55	Liz Szawlowski	2:58.1	

Mile	M30	Chris Spinney	4:29.7
		Jim Hamilton	4:33.6
		John Berit	4:53.7
M35	Glenn Powell	4:52.9	
M40	Peter Dane	4:51.7	
	Curtis Bryant	4:55.2	
	Steve Kahian	5:24.2	
M45	Isaiah Shalom	5:12.8	
M50	Bob Clarke	5:20.5	
	Victor Urquiola	5:45.7	
M55	Joe O'Connor	5:28.0	
W30	Karen Lein	6:01.1	
W35	Peg Crocker	6:09.1	
W40	Anne Schmidt	5:32.9	
3000	M30	Craig Fram	8:34.5
	M35	George Frost	9:34.6
	M40	John Campbell	8:18.2
		Paul Ducey	9:28.2
		Fran Manieri	10:17.3
M45	Peter Szawlowski	10:25.2	
M50	Horace Andrews	11:59.9	
M65	Carl Hammen	11:51.8	
W30	Karen Lein	12:13.1	
W45	Linda Upton	11:13.6	
Mile Walk	M40	Phil McGaw	7:11.4
		George Lattarulo	8:11.7
M45	John Montiero	10:13.6	
M60	Valio Liedes	9:08.0	
M65	Stuart Corning	11:30.8	
High Jump	M40	Dana Boardman	5-4
		Angel Nieves	4-10
		Steve Schmitt	4-8
M45	Charles Varnet	4-10	
	Jim Brady	4-10	
M50	Phil Surette	4-8	
M60	Tony Viveiros	4-0	
W60	Patricia Petersen	3-4	
Long Jump	M35	Pershing Reid	16-6
	M40	Angel Nieves	15-3
		Michael Augeri	13-9 1/4
M45	Charles Varnet	15-4	
	Ron Smith	13- 1/2	
M50	Jerome Wills	16-1	
	John Whelan	13- 1/2	

M55	George Scott	11-8 1/4	
M60	Tony Viveiros	10-7 1/4	
M65	Vern Mattson	13-8	
M70	Sparks Sorlien	12-1 1/4	
W40	Bethie McBride	15-11 1/4	
W65	Libby Hagemann	8- 3/4	
Triple Jump	M30	Don Boggis	34-8
	M40	Angel Nieves	32-8
	M50	Jerome Wills	33-9
	M65	Vern Mattson	27-9
	M70	Sparks Sorlien	27-6
	W60	Virginia O'Connor	13-6
Shot	M30	John Dupuis	50-7
		Ed Clarke	43-6
		Ken Woodward	37-7
M40	Mark Dupuis	43-9	
	Angel Nieves	36-5	
	Dan Koch	33-0	
M45	Robert Harvey	37-3	
M55	George Scott	33-10	
	Bud Atwood	27-6	
M60	Rich Holloway	31-10	
	Tony Viveiros	30-0	
W30	Virginia Bogni	24-7 1/4	
W40	Bethie McBride	25-7 1/4	
W55	Amy Hicks	24-8	
W60	Virginia O'Connor	20-5	
W65	Libby Hagemann	23-2	
	Jeanne Berlepsch	18-1	
W80	Betty Harding	13-0	
Discus	M35	Ed Clarke	122-4
	M40	Mark Dupuis	151-4
		Harold Krause	120-2
		Angel Nieves	112-1
M45	Robert Harvey	114-2	
M55	George Scott	90-9	
	Bud Atwood	69-10	
M60	Bill Garrahan	134-2	
	Rich Holloway	105-8	
	Tony Viveiros	98-7	
M70	Jack Hagemann	101-3	
	Mieczyslaw Pisz	90-0	
W30	Virginia Bogni	56-5	
W55	Amy Hicks	86-3	
W60	Virginia O'Connor	50-5	
W65	Libby Hagemann	62-11	
	Jeanne Berlepsch	48-0	
W80	Betty Harding	24-3	

Hammer	M30	Chip Huckins	177-5
	M35	Ed Daniels	140-1
		Ed Clarke	108-4
M40	Harold Krause	124-2	
	Dan Koch	76-2	
M45	Robert Harvey	111-9	
M55	Joe Woodhead	131-1	
M60	Cliff Blair	162-8	
M70	Walt Slovenski	131-1	
M75	Paul Narcessian	85-1	
W30	Virginia Bogni	71-1	
W55	Amy Hicks	68-1	
W65	Libby Hagemann	68-10	
Javelin	M30	Bob Saul	173-7
		Don Boggis	155-8
	M35	Ken Effler	158-6
M40	Sandy Stoddard	168-5	
	Frank Champi	167-8	
	Mark Dupuis	158-6	
M55	George Scott	88-2	
M60	Bill Garrahan	116-5	
	Rich Holloway	115-4	
	Tony Viveiros	76-6	
M70	Jack Hagemann	60-3	
W55	Amy Hicks	69-4	
W60	Virginia O'Connor	41-1	
W65	Libby Hagemann	57-10	
	Jeanne Berlepsch	47-1	
W80	Betty Harding	19-1	
1990 Sri Chinmoy Masters Games Forest Park, NY July 14			
Overall	George Carbonell	17.00	
	Srotaswini Klandt	21.00	
100	M50	Phil Plant	13.39
		George Landberg	17.01
		Saujya Clark	17.07
M55	Sri Chinmoy	15.40	
	Trishikash Pogachar	17.13	
M60	Edward Lasso	16.34	
	Jack Hallberg	17.65	
M65	Kenneth Jack	16.62	
	Mike Guluzzi	20.15	
M70	George Carbonell	17.00	
	Ernie Pascale	18.82	
	Senani Frankel	18.87	

M80	Leon Goldberg	24.78	
W50	Srotaswini Klandt	21.36	
	Namrata Moses	22.06	
	Susan Shultz	25.86	
W55	Rosalia Gioia	19.75	
	Hedy Kaldor	22.27	
	Chameli Herdes	28.29	
W60	Sulochana Kallai	19.29	
	Sarama Minoli	23.66	
W65	Snehashila Alaimo	25.11	
W70	Ratul Pascale	34.13	
200	M50	Phil Plant	27.47
	Willie Lightfoot	28.26	
	John O'Neill	28.80	
M55	John Darrell		

Continued from previous page

TAC Eastern Sectional Masters Championships Randall's Island, NYC July 15. Table listing various events (100m, 200m, 400m, 800m, 1000m, 1500m, 2000m, 3000m, 4000m, 5000m, 10K, 15K, 20K, 30K, 40K, 50K, 60K, 70K, 80K, 90K, 100K, 150K, 200K, 300K, 400K, 500K, 600K, 700K, 800K, 900K, 1000K) and participants with their respective times and locations.

Table listing participants and their times for various events including 100m, 200m, 400m, 800m, 1000m, 1500m, 2000m, 3000m, 4000m, 5000m, 10K, 15K, 20K, 30K, 40K, 50K, 60K, 70K, 80K, 90K, 100K, 150K, 200K, 300K, 400K, 500K, 600K, 700K, 800K, 900K, 1000K.

Table listing participants and their times for various events including 100m, 200m, 400m, 800m, 1000m, 1500m, 2000m, 3000m, 4000m, 5000m, 10K, 15K, 20K, 30K, 40K, 50K, 60K, 70K, 80K, 90K, 100K, 150K, 200K, 300K, 400K, 500K, 600K, 700K, 800K, 900K, 1000K.

Table listing participants and their times for various events including 100m, 200m, 400m, 800m, 1000m, 1500m, 2000m, 3000m, 4000m, 5000m, 10K, 15K, 20K, 30K, 40K, 50K, 60K, 70K, 80K, 90K, 100K, 150K, 200K, 300K, 400K, 500K, 600K, 700K, 800K, 900K, 1000K.

Table listing participants and their times for various events including 100m, 200m, 400m, 800m, 1000m, 1500m, 2000m, 3000m, 4000m, 5000m, 10K, 15K, 20K, 30K, 40K, 50K, 60K, 70K, 80K, 90K, 100K, 150K, 200K, 300K, 400K, 500K, 600K, 700K, 800K, 900K, 1000K.

Table listing participants and their times for various events including 100m, 200m, 400m, 800m, 1000m, 1500m, 2000m, 3000m, 4000m, 5000m, 10K, 15K, 20K, 30K, 40K, 50K, 60K, 70K, 80K, 90K, 100K, 150K, 200K, 300K, 400K, 500K, 600K, 700K, 800K, 900K, 1000K.

Phila. Masters Meet, La Salle University July 28

Sprinter's Triathlon (200-100-400) table with columns for 200m, 100m, and 400m times for various participants.

Middle Distance Triathlon (1500-400-800) table with columns for 1500m, 400m, and 800m times for various participants.

All-Around Triathlon (long jump-shot-200) table with columns for long jump, shot, and 200m times for various participants.

Scoring by performance-level percentages as computed using Masters Age-Graded Tables (1989 ed.).

Shotput with TAC weights; all distances in meters.

Javelin (TAC weight) table listing participants and their javelin throw distances.

Shotput (TAC weights) table listing participants and their shotput distances.

Discus (weights in kg.) table listing participants and their discus throw distances.

1500m Run table listing participants and their 1500m run times.

Continued on next page

Continued from previous page

3000m Run
M39 Duane Green 9:36.6
M30-39 Dallas Jacobs 9:55.6
M61 Maury Schepers 11:18.8
M38 Kyle Mecklenborg 11:38.5

800m Run
M45-49 Larry Simmons 2:26.3
M30 Joe Coffey 2:41.3
M38 Kyle Mecklenborg 2:44.6
M77 Howie Ward 3:43.7

400m Dash
M37 Tony DiGeorge 1:00.2
M47 Glenn Schmehl 1:01.3
M38 Kyle Mecklenborg 1:16.9

200m Dash
M41 Phil Felton 25.1
M46 Rab Hagin 25.2
M47 Glenn Schmehl 26.7
M43 Carl Grossman 29.1
M47 Marilyn Mitchell 29.8

100m Dash
M46 Rab Hagin 12.2
M41 Phil Felton 12.6
M40 John Borden 12.7
M47 Glenn Schmehl 13.1
M62 Tom Delany 13.8
M74 Gar Schoener 20.3

SOUTHEAST

Nashville TC Open/Masters Meet, Nashville, TN July 14

100m
M30 Carlton Ward 11.32
Ellis Liddell 11.37
Larry Newman 11.49
M35 Bill Smith 10.95
Bill Cheadle 11.53
Steve Koenig 11.98
M40 Breeton Asbill 12.78
M50 Barry Bertram 12.98
R Sorrells 14.9
M55 Ralph Summerlin 11.65
Tom Vickers 13.75
Ed Reddit 14.25
M65 Ed Goddin 13.39
Wm Fuqua 15.5

200m
M30 Larry Newman 24.54
M35 John Phillips 26.18
M40 James Hill 26.78
M45 Randall Brady 25.44
Curtis Callihan 28.30
M50 Barry Bertram 27.92
Wendell Curry 30.14
R Sorrells 32.22
M55 Ralph Summerlin 25.18
T Vickers 29.50
Ed Reddit 31.51
W35 Annetta Wells 30.87

300m
M35 Billy Smith 36.71
Bill Cheadle 38.35
M40 Jim Rose 43.11
John Stiehl 44.54
M55 R Summerlin 42.29
Tom Vickers 46.39
M60 Louis Schneider 49.24
M65 Ed Goddin 45.82

400m
M30 C L Ward 54.34
M35 Billy Smith 50.85
Bill Cheadle 52.45
Don Goodwin 52.68
M40 Bob Kinny 58.70
Jim Hill 61.13
M45 Art Overholser 63.94
Tom DePaulis 63.95
Curtis Callihan 68.81
M50 Barry Bertram 65.08
M55 Tom Vickers 65.99
Dennis O'Conner 68.0
M60 Louis Schneider 69.69
M65 Ed Goddin 67.2

800m
M30 Mark Carter 2:02.26
M35 Tim Baker 2:02.72
Norm Dodson 2:03.65
Guy Giles 2:04.28
M40 Bob Kinny 2:06.9
Ron Merville 2:08.3
John Stiehl 2:40.9
M45 Ed Kollis 2:15.8
Jim Huffman 2:20.1
Art Overholser 2:26.2
M50 Ted Wilson 2:16.76
Sam Stone 2:17.90
M55 Dennis O'Conner 2:36.2
M60 Oliver Dawkins 2:30.6
Louis Schneider 2:39.39
W30 Sherrie Bowers 2:27.95
W35 Vicki Crisp 2:34.08

1 Mile
M30 Wes Reade 4:38.03
Barry Steele 4:56
M35 Guy Giles 4:41.09
John Payne 4:42.11
Norm Dodson 4:59.64
M40 Ian Dickson 4:40.27
Bob Kinny 4:52.49
Ron Merville 5:06
W30 Sherrie Bowers 5:26.37

TAC Southeastern Masters Championships Orlando, FL, July 21

100 METERS
M30 GREG THEIL 32 UN 12.7
M35 HARVEY JACKSON 35 PTC 11.2
CHRIS GRIFFEN 36 UN 11.5
ROLAND JONES 35 UN 11.9
DARYL DIAMOND 35 UN 12.3
M40 CLEVELAND SMITH 40 UN 11.7
DAVID DICKMAN 42 FAC 12.2
DENNIS NEWTON 43 UN 12.5
JON DAVIS 43 FAC 12.8
MATT SITANSKI 40 MIA 13.1
M45 TYRONE CARLIS 45 NWX 11.8
TOM CARTWRIGHT 45 UN 12.5
WILLIAM PATRICK 47 FAC 12.8
DOUG BROWN 47 FAC 15.8
M50 NEMOUR DELANEVILLE 52 FAC 13.5
DAVE DRIEFURST 50 UN 13.8
M55 JOHN POPPELL 59 WV 12.7
RUDY ENDERS 58 FAC 13.7
WARREN DOBCHER 59 UN 14.3
LOU CARO 59 FAC 14.6
M70 JAY SPONSSELLER 72 FAC 15.3
FRED KEENE 70 JAX 15.7
DON HULL 71 FAC 16.8
M75 GIL GONZALEZ 77 FAC 16.8

200 METERS
M30 SHELDON PLOWRIGHT 31 EAB 22.8
TONY HOLMES 31 SPT 23.3
CHRIS DAWNS 34 GR 23.9
GREG THEIL 32 UN 24.1
M35 HARVEY JACKSON 35 PTC 23.5
CHRIS GRIFFEN 36 UN 23.7
DARYL DIAMOND 35 UN 24.2
ROLAND JONES 35 UN 24.4
CHARLES SMITH 36 UN 24.7
M40 CLEVELAND SMITH 40 UN 24.5
JON DAVIS 43 FAC 25.1
M45 TYRONE CARLIS 45 NWX 24.1
WILLIAM PATRICK 47 FAC 25.6
TOM CARTWRIGHT 45 UN 26.4
BILL WALKER 49 UN 27.2
DOUG BROWN 47 FAC 33.5
M50 NEMOUR DELANEVILLE 52 FAC 28.0
M55 JOHN POPPELL 59 WV 26.7
RUDY ENDERS 58 FAC 28.4
WARREN DOBCHER 59 UN 31.0
M70 JAY SPONSSELLER 72 FAC 31.3
DON HULL 71 FAC 39.2
M75 GIL GONZALEZ 77 FAC 32.2

400 METERS
M30 SHEDDON PLOWRIGHT 31 EAB 22.8
TONY HOLMES 31 SPT 23.3
CHRIS DAWNS 34 GR 23.9
GREG THEIL 32 UN 24.1
M35 HARVEY JACKSON 35 PTC 23.5
CHRIS GRIFFEN 36 UN 23.7
DARYL DIAMOND 35 UN 24.2
ROLAND JONES 35 UN 24.4
CHARLES SMITH 36 UN 24.7
M40 CLEVELAND SMITH 40 UN 24.5
JON DAVIS 43 FAC 25.1
M45 TYRONE CARLIS 45 NWX 24.1
WILLIAM PATRICK 47 FAC 25.6
TOM CARTWRIGHT 45 UN 26.4
BILL WALKER 49 UN 27.2
DOUG BROWN 47 FAC 33.5
M50 NEMOUR DELANEVILLE 52 FAC 28.0
M55 JOHN POPPELL 59 WV 26.7
RUDY ENDERS 58 FAC 28.4
WARREN DOBCHER 59 UN 31.0
M70 JAY SPONSSELLER 72 FAC 31.3
DON HULL 71 FAC 39.2
M75 GIL GONZALEZ 77 FAC 32.2

800 METERS
M30 STEVE CHRISTLIEB 38 LS 2:41.4
M40 IAN DICKSON 42 PTC 2:04.7
LINDSAY BODDER 42 UN 2:11.1
LESLIE BENNETT 46 BWD 2:08.1
HAROLD BURNS 45 FAC 2:14.6
JOHN SCHENK 47 MAN 2:17.0
DAVE COMPTON 48 UN 2:17.9
DOUG BROWN 47 FAC 3:00.3
M50 JACK BROCKSMITH 51 ATC 2:12.9
M70 JAY SPONSSELLER 72 FAC 2:50.3
M80 CHARLES ESPY 80 FAC 4:59.5

1500 METERS
M35 NANNY CAMUNAS 39 FAC 5:27.1
M40 IAN DICKSON 42 PTC 4:23.0
BRUCE KRITELER 41 PTC 4:28.9
M45 DAVE COMPTON 48 UN 4:50.1
HAROLD BURNS 45 FAC 4:50.8
DOUG BROWN 47 FAC 7:25.0
M50 JIM MCPADDEN 51 TUL 5:03.0
M60 JIM BLOUNT 61 FAC 5:28.6
M70 MAX QUACKENBAS 73 FAC 6:15.4
M80 CHARLES ESPY 80 FAC 10:53.1

5000 METER WALK
M35 TERRY HARVILLE 36 FAC 27:08
STEVE CHRISTLIEB 38 LS 31:37
M40 JOHN FREDERICKS 42 SAC 25:46
CHRIS ROTCHSTEIN 41 CFW 34:53
PAUL ALVORD 46 CFW 28:16
DOUG BROWN 47 FAC 31:40
M50 JIM MCPADDEN 50 TUL 27:25
ROD ANDERSON 51 UN 32:20
M55 ROBERT PINE 59 FAC 27:35
MORRIS GASRI 55 ORR 32:20
M60 JOHN GAMBA 60 UN 33:08
M70 PAUL GEYER 70 NW 32:48

100 METERS, 39"
M40 PAUL KATAUSKAS 40 UN 16.3
100 METERS, 36"
M50 NEMOUR DELANEVILLE 52 FAC 17.1
100 METERS, 33"
M60 HAROLD COLEN 62 FAC 21.6

HIGH JUMP
M40 MIKE GIBSON 40 FAC 1.28
M45 JOHN RUSSELL 49 MAN 1.485
M50 JOE DELUCA 50 FAC 1.245
M70 JOE BROADBENT 73 UN 1.13
DON HULL 71 FAC 1.09
M75 GIL GONZALEZ 77 FAC 1.09
M80 DICK LACEY 80 FAC 1.12

JAVELIN
M35 PAUL BROWN 38 FLT 36.37
M40 MIKE GIBSON 40 FAC 27.72
M70 DON HULL 71 FAC 21.13
JOHN RUSSELL 72 FAC 20.03
M75 GIL GONZALEZ 77 FAC 24.03
F45 VANESSA HILLIARD 49 FAC 28.82

5000m
M30 Gary Perry 4:00.72
M35 Jim Witherspoon 4:37.61
M50 Sam Stone 4:41
Ted Wilson 4:57.97

110mH
M30 Ellis Liddell 15.1
High Jump
M40 Jim Rose 4-9 1/2
Breeton Asbill 4-9 1/2
M65 Victor Golowash 3-7 1/2
Pole Vault
M40 Breeton Asbill 10-6 3/4
Jim Rose 9-3

Long Jump
M30 Chris Goodwin 21-1 1/2
M40 Breeton Asbill 16-8
Larry Jones 14-11
M50 Wendall Curry 13-10
M65 Vic Golowash 10-7 1/2
Triple Jump
M35 Don Goodwin 35-10
M40 Larry Jones 31-7
M50 Wendall Curry 38-0
M65 Vic Golowash 24-10
Shot Put
M35 Russ Baker 42-1 1/2
M40 Jim Rose 35-1 1/2
M50 Lou Vodopya 34-8 1/2
M60 Rich Bergenback 28-10 1/2
M65 Vic Golowash 26-9

Discus
M35 Russ Baker 122-11
M40 Jim Rose 99-0
M50 Lou Vodopya 90-10
M65 Vic Golowash 99-0
W60 Audrey Bergenback 40-6
Javelin
M40 Larry Jones 91-2
M50 Lou Vodopya 97-1
M60 Rich Bergenback 104-2
M65 Vic Golowash 82-3
W40 Linda Bass-Jones 58-1
W65 Audrey Bergenback 31-8
1500m RW
M40 John Stiehl 10:50

400 METERS
M30 SHEDDON PLOWRIGHT 31 EAB 53.6
M35 KIM ANDERSON 37 UN 56.6
M40 RALPH MANN 41 UN 49.6
LINDSAY BODDER 42 UN 57.7
JON DAVIS 43 FAC 57.9
LESLIE BENNETT 46 UN 54.1
JOHN SCHENK 47 MAN 57.2
WILLIAM PATRICK 47 FAC 58.5
TOM CARTWRIGHT 45 UN 58.9
M50 JACK BROCKSMITH 51 ATC 58.0
ED HUNT 53 UN 60.3
M70 DON HULL 71 FAC 72.6

800 METERS
M35 STEVE CHRISTLIEB 38 LS 2:41.4
M40 IAN DICKSON 42 PTC 2:04.7
LINDSAY BODDER 42 UN 2:11.1
LESLIE BENNETT 46 BWD 2:08.1
HAROLD BURNS 45 FAC 2:14.6
JOHN SCHENK 47 MAN 2:17.0
DAVE COMPTON 48 UN 2:17.9
DOUG BROWN 47 FAC 3:00.3
M50 JACK BROCKSMITH 51 ATC 2:12.9
M70 JAY SPONSSELLER 72 FAC 2:50.3
M80 CHARLES ESPY 80 FAC 4:59.5

1500 METERS
M35 NANNY CAMUNAS 39 FAC 5:27.1
M40 IAN DICKSON 42 PTC 4:23.0
BRUCE KRITELER 41 PTC 4:28.9
M45 DAVE COMPTON 48 UN 4:50.1
HAROLD BURNS 45 FAC 4:50.8
DOUG BROWN 47 FAC 7:25.0
M50 JIM MCPADDEN 51 TUL 5:03.0
M60 JIM BLOUNT 61 FAC 5:28.6
M70 MAX QUACKENBAS 73 FAC 6:15.4
M80 CHARLES ESPY 80 FAC 10:53.1

5000 METER WALK
M35 TERRY HARVILLE 36 FAC 27:08
STEVE CHRISTLIEB 38 LS 31:37
M40 JOHN FREDERICKS 42 SAC 25:46
CHRIS ROTCHSTEIN 41 CFW 34:53
PAUL ALVORD 46 CFW 28:16
DOUG BROWN 47 FAC 31:40
M50 JIM MCPADDEN 50 TUL 27:25
ROD ANDERSON 51 UN 32:20
M55 ROBERT PINE 59 FAC 27:35
MORRIS GASRI 55 ORR 32:20
M60 JOHN GAMBA 60 UN 33:08
M70 PAUL GEYER 70 NW 32:48

100 METERS, 39"
M40 PAUL KATAUSKAS 40 UN 16.3
100 METERS, 36"
M50 NEMOUR DELANEVILLE 52 FAC 17.1
100 METERS, 33"
M60 HAROLD COLEN 62 FAC 21.6

HIGH JUMP
M40 MIKE GIBSON 40 FAC 1.28
M45 JOHN RUSSELL 49 MAN 1.485
M50 JOE DELUCA 50 FAC 1.245
M70 JOE BROADBENT 73 UN 1.13
DON HULL 71 FAC 1.09
M75 GIL GONZALEZ 77 FAC 1.09
M80 DICK LACEY 80 FAC 1.12

JAVELIN
M35 PAUL BROWN 38 FLT 36.37
M40 MIKE GIBSON 40 FAC 27.72
M70 DON HULL 71 FAC 21.13
JOHN RUSSELL 72 FAC 20.03
M75 GIL GONZALEZ 77 FAC 24.03
F45 VANESSA HILLIARD 49 FAC 28.82

5000m
M30 Gary Perry 4:00.72
M35 Jim Witherspoon 4:37.61
M50 Sam Stone 4:41
Ted Wilson 4:57.97

110mH
M30 Ellis Liddell 15.1
High Jump
M40 Jim Rose 4-9 1/2
Breeton Asbill 4-9 1/2
M65 Victor Golowash 3-7 1/2
Pole Vault
M40 Breeton Asbill 10-6 3/4
Jim Rose 9-3

Long Jump
M30 Chris Goodwin 21-1 1/2
M40 Breeton Asbill 16-8
Larry Jones 14-11
M50 Wendall Curry 13-10
M65 Vic Golowash 10-7 1/2
Triple Jump
M35 Don Goodwin 35-10
M40 Larry Jones 31-7
M50 Wendall Curry 38-0
M65 Vic Golowash 24-10
Shot Put
M35 Russ Baker 42-1 1/2
M40 Jim Rose 35-1 1/2
M50 Lou Vodopya 34-8 1/2
M60 Rich Bergenback 28-10 1/2
M65 Vic Golowash 26-9

Discus
M35 Russ Baker 122-11
M40 Jim Rose 99-0
M50 Lou Vodopya 90-10
M65 Vic Golowash 99-0
W60 Audrey Bergenback 40-6
Javelin
M40 Larry Jones 91-2
M50 Lou Vodopya 97-1
M60 Rich Bergenback 104-2
M65 Vic Golowash 82-3
W40 Linda Bass-Jones 58-1
W65 Audrey Bergenback 31-8
1500m RW
M40 John Stiehl 10:50

Fort Sanders SE Championships Knoxville, TN; June 22-23
55m
M30 Mike LaBrie 7.30
M35 Marv Thomas 7.35
M40 Tom Brewer 7.33
M45 Wilfredo Rivera 7.49
M50 Ray McPhail 7.76
M55 Alvin Clark 8.04
M60 Ernest Carlone 9.09
M65 Benjamin Hochman 9.59

100m
M30 Mike LaBrie 12.46
M35 Mike Andrews 12.26
Hugh Gates 12.65
Marv Thomas 13.47
M40 Jeff Stevens 13.00
M45 Alfredo Rivera 12.61
Wm Busby 13.34
Frank Galbraith 13.40
M50 Joe Gross 13.90
Barry Bertram 14.15
M55 Alvin Clark 13.72
Bobby Hollis 14.22
Tom Vickers 14.50
M60 Buck Bradberry 13.99
Ernest Carlone 15.76
Dick Benson 17.40
M65 Tom Kennell 14.74
M70 Jay Sponseller 15.36
W35 Annetta Wells 15.33

200m
M30 Tom Smith 24.46
Larry Lewis 26.13
M35 Mike Andrews 24.06
Ken Bauersfeld 24.23
Bill Cheadle 24.63
Don Goodwin 24.78
M40 Jeff Stevens 26.09
M45 W Rivera 25.51
Frank Galbraith 27.67
M50 J Gross 28.19
Barry Bertrand 29.08
Earl Bond 29.46
M55 A Clark 27.58
Dave Martin 28.65
Bobby Hollis 29.50

400m
M60 Bailey Core 28.10
Dick Benson 32.96
E Carlone 33.17
M65 Tom Kennell 31.85
M70 J Sponseller 30.94
W35 A Wells 32.67

DISCUS
M30 ROY SILVERS 32 UN 23.59
JOHN KIRCHNER 37 FAC 39.53
PAUL BROWN 38 FLT 31.98
JAMES ADAMS 35 UN 28.15
M40 DOUG PRICE 40 FAC 40.35
KENT DICKENSON 42 FAC 29.58
DON LARENE 41 UN 22.90
M45 J. RUSSELL 49 MAN 28.07
JOE DELUCA 52 FAC 20.77
D'AGABERTO GONZALEZ 57 FAC 47.45
PHIL BRADY 56 UN 44.14
LOUIS VELEZ 60 PR 29.70
TOM MCDERMOTT 72 NYA 28.60
JOHN RUSSELL 72 UN 25.02
M75 GIL GONZALEZ 77 FAC 28.62
GORDON POWELL 80 FAC 22.30

800 METERS
M35 STEVE CHRISTLIEB 38 LS 2:41.4
M40 IAN DICKSON 42 PTC 2:04.7
LINDSAY BODDER 42 UN 2:11.1
LESLIE BENNETT 46 BWD 2:08.1
HAROLD BURNS 45 FAC 2:14.6
JOHN SCHENK 47 MAN 2:17.0
DAVE COMPTON 48 UN 2:17.9
DOUG BROWN 47 FAC 3:00.3
M50 JACK BROCKSMITH 51 ATC 2:12.9
M70 JAY SPONSSELLER 72 FAC 2:50.3
M80 CHARLES ESPY 80 FAC 4:59.5

1500 METERS
M35 NANNY CAMUNAS 39 FAC 5:27.1
M40 IAN DICKSON 42 PTC 4:23.0
BRUCE KRITELER 41 PTC 4:28.9
M45 DAVE COMPTON 48 UN 4:50.1
HAROLD BURNS 45 FAC 4:50.8
DOUG BROWN 47 FAC 7:25.0
M50 JIM MCPADDEN 51 TUL 5:03.0
M60 JIM BLOUNT 61 FAC 5:28.6
M70 MAX QUACKENBAS 73 FAC 6:15.4
M80 CHARLES ESPY 80 FAC 10:53.1

5000 METER WALK
M35 TERRY HARVILLE 36 FAC 27:08
STEVE CHRISTLIEB 38 LS 31:37
M40 JOHN FREDERICKS 42 SAC 25:46
CHRIS ROTCHSTEIN 41 CFW 34:53
PAUL ALVORD 46 CFW 28:16
DOUG BROWN 47 FAC 31:40
M50 JIM MCPADDEN 50 TUL 27:25
ROD ANDERSON 51 UN 32:20
M55 ROBERT PINE 59 FAC 27:35
MORRIS GASRI 55 ORR 32:20
M60 JOHN GAMBA 60 UN 33:08
M70 PAUL GEYER 70 NW 32:48

100 METERS, 39"
M40 PAUL KATAUSKAS 40 UN 16.3
100 METERS, 36"
M50 NEMOUR DELANEVILLE 52 FAC 17.1
100 METERS, 33"
M60 HAROLD COLEN 62 FAC 21.6

HIGH JUMP
M40 MIKE GIBSON 40 FAC 1.28
M45 JOHN RUSSELL 49 MAN 1.485
M50 JOE DELUCA 50 FAC 1.245
M70 JOE BROADBENT 73 UN 1.13
DON HULL 71 FAC 1.09
M75 GIL GONZALEZ 77 FAC 1.09
M80 DICK LACEY 80 FAC 1.12

JAVELIN
M35 PAUL BROWN 38 FLT 36.37
M40 MIKE GIBSON 40 FAC 27.72
M70 DON HULL 71 FAC 21.13
JOHN RUSSELL 72 FAC 20.03
M75 GIL GONZALEZ 77 FAC 24.03
F45 VANESSA HILLIARD 49 FAC 28.82

5000m
M30 Gary Perry 4:00.72
M35 Jim Witherspoon 4:37.61
M50 Sam Stone 4:41
Ted Wilson 4:57.97

110mH
M30 Ellis Liddell 15.1
High Jump
M40 Jim Rose 4-9 1/2
Breeton Asbill 4-9 1/2
M65 Victor Golowash 3-7 1/2
Pole Vault
M40 Breeton Asbill 10-6 3/4
Jim Rose 9-3

Long Jump
M30 Chris Goodwin 21-1 1/2
M40 Breeton Asbill 16-8
Larry Jones 14-11
M50 Wendall Curry 13-10
M65 Vic Golowash 10-7 1/2
Triple Jump
M35 Don Goodwin 35-10
M40 Larry Jones 31-7
M50 Wendall Curry 38-0
M65 Vic Golowash 24-10
Shot Put
M35 Russ Baker 42-1 1/2
M40 Jim Rose 35-1 1/2
M50 Lou Vodopya 34-8 1/2
M60 Rich Bergenback 28-10 1/2
M65 Vic Golowash 26-9

Discus
M35 Russ Baker 122-11
M40 Jim Rose 99-0
M50 Lou Vodopya 90-10
M65 Vic Golowash 99-0
W60 Audrey Bergenback 40-6
Javelin
M40 Larry Jones 91-2
M50 Lou Vodopya 97-1
M60 Rich Bergenback 104-2
M65 Vic Golowash 82-3
W40 Linda Bass-Jones 58-1
W65 Audrey Bergenback 31-8
1500m RW
M40 John Stiehl 10:50

400m
M60 Bailey Core 28.10
Dick Benson 32.96
E Carlone 33.17
M65 Tom Kennell 31.85
M70 J Sponseller 30.94
W35 A Wells 32.67

800m
M30 David Ingram 60.23
M35 Bill Cheadle 53.08
Don Goodwin 53.54
R Short 54.13
K Bauersfeld 54.28
M40 Joe Womack 54.43
John Brazell 55.98
Tom Brewer 56.75
M45 Gene Phelps 65.44
M50 Jack Brooksmith 59.85
Barry Bertram 65.98
Earl Bond 66.88
M55 Bob Hollis 62.85
Dennis O'Conner 65.86
Tom Vickers 66.13
M60 Louis Schneider 68.94
Dick Benson 72.87
M70 J Sponseller 68.64
W35 Lola Wollsey 72.19

1500m
M30 David Ingram 4:28.77
Bill McAmis 5:13.02
M35 Bob Moats 4:39.27
Randy Clark 5:12.25
M40 Frank Cornett 4:25.27
Rich Davis 4:30.14
Gerald Kernick 4:45.26
M45 Larry Crum 5:00.31
Maurice Choquette 5:00.49
M50 Sam Stone 4:39.14
Lloyd Laubach 4:45.95
Ron Rohrer 4:47.06
M55 Don Gammie 4:54.75
Stu Eichel 5:36.00
M60 Bill Carey 5:24.12
Dick Benson 5:36.16
W40 Jane Schul 5:10.36
Ginger Truesdel 6:03.89

3000m
M30 David Ingram 9:43.16
M35 Tom Smith 9:08.11
Bob Moats 9:47.90
M40 Frank Cornett 9:29.96
Rich Davis 9:45.26
Gerald Kernick 10:50.48
Ray Olfky 10:55.77
M45 Ken Prior 10:12.91
Larry Crum 10:33.92
Don Bilardello 11:29.64
M50 Bob Schul 10:03.08
Lloyd Laubach 10:09.99
Ron Rohrer 10:12.97
M60 Bill Carey 11:09.34
Richard Benson 11:39.49

5000m
M30 T Black 15:46
M Sonnenfeldt 16:15
C Varga 16:32
R Coleman 18:37
M35 T Ranz 18:51
R Clark 18:58
R Clift 21:26
S Carr 21:40
M40 B White 18:15
D Brook 20:19
R Ziegler 20:47
N Hanover 20:48

LONG JUMP
M40 CLEVELAND SMITH 40 UN 6.00
PAUL KATAUSKAS 40 UN 5.48
MIKE GIBSON 40 FAC 3.55
M45 BILL WALKER 53 UN 5.60
J. RUSSELL 49 MAN 4.12
ED KENT 53 NYM 5.60
NEMOUR DELANEVILLE 52 FAC 4.93
JOE DE LUCA 52 FAC 3.95
RUDY ENDERS 58 FAC 4.75
LOU CARO 59 FAC 3.83
M60 HAROLD COLEN 62 FAC 3.79
M70 DON HULL 71 FAC 3.50
JOSEPH BROADBENT 73 UN 3.43
M75 GIL GONZALEZ 77 FAC 3.61

POLE VAULT
M40 PAUL KATAUSKAS 40 UN 3.66
M45 BOB HEUTSLING 46 UN 4.115
JOE JOHNSON 46 FAC 3.96
DAVE DRIEFURST 50 UN 2.895
M70 DON HULL 71 FAC 1.83
M75 GIL GONZALEZ 77 FAC 1.83

SHOT PUT
M30 ROY SILVERS 32 UN 12.86
M35 JOHN KIRCHNER 37 FAC 12.23
PAUL BROWN 38 FLT 12.10
JAMES ADAMS 35 UN 9.77
MANNY CAMUNAS 39 FAC 8.09
DOUG PRICE 40 FAC 11.43
MIKE GIBSON 40 FAC 8.37
DON LARENE 41 UN 8.26
JOE ROSS 43 UN 7.84
M45 TOM CARTWRIGHT 45 UN 10.95
JOHN RUSSELL 49 MAN 8.94
M50 JOE DE LUCA 52 FAC 9.21
M55 PHIL BRADY 56 UN 13.00
BILL BOLTON 55 UN 12.16
DAGABERTO GONZALEZ 57 FAC 12.07

TEAM SCORING & CODES STATE
FAC FLORIDA ATHLETIC CLUB 376 FL
CFW CENTRAL FLORIDA WALKERS 26 FL
MAN MANASOTA TRACK CLUB 26 FL
FLT FT. LAUDERDALE TRACK CLUB 16 FL
PR PUERTO RICAN MASTERS 16 PR
PTC FLORIDA TRACK CLUB 10 FL
NWX MIAMI NORTHWEST EXPRESS 10 FL
EAB EBONY & BRASS 10 FL
WV WEST VALLEY TRACK CLUB 10 CA
ATL ATLANTA TRACK CLUB 10 GA
PTC PEACH TREE CLUB 10 GA
TUL TULSA TRACK CLUB 10 OK
NYA NEW YORK ATHLETIC CLUB 10 NY
NYM NEW YORK MASTERS 10 NY
LS LOWELL STRIDERS 8 FL
BWD BROWARD TRACK CLUB 5 FL
SAC SHORE ATHLETIC CLUB 5 NJ
SFT SWIFT TRACK CLUB 3 FL
DB DAYTONA BEACH 3 FL
ORR ORLANDO ROAD RUNNERS 3 FL
GR GREATER ROCHESTER 2 NY

- All American Masters Performance * - Individual American age record.
Thirty seven All-American Masters performances were turned in at the first TAC Southeastern Championships held in Florida.

Vanessa Hilliard, 49, Florida Athletic Club, set an American 49 year old women's mark in the discus.

The Florida Athletic Club dominated the team competition, scoring a majority of the points in each event.

Gilberto Gonzalez, 77, representing the Florida Athletic Club, was the leading medal winner, taking nine events, while turning in All-American performances in three of them. Gilberto is the World Masters Decathlon Champion in his age group.

Athletes participated from six states and Puerto Rico.

M45 A Morgan 17:40
M Choquette 17:51
G Phelps 18:47
D Bilardello 20:21
M50 F Nicholson 19:53
H Harper 20:29
J Thress 20:50
L Charlton 20:51
M55 S Eichel 20:40
C Fleischer 27:03
M60 B Carey 19

Continued from previous page

4x200m Relay
Andrews, Crutcher, Lewis, Wilson 1:40.12

High Jump
M35 David Beshears 5-2
M40 Johnie Meisner 5-8
M45 Frank Galbraith 5-0
Wm Busby 4-6
Mike Valle 4-6
M50 Jerry Burnett 4-6
Pat Murphy 4-4
M55 Robert Jones 4-4
M60 Jim Gillcrist 5-2
Buck Bradberry 4-6
Tom Bartenfeld 4-4
M65 Vic Golowash 3-10
W45 Brenda Bloomfield 3-6

Pole Vault
M35 Mike Kollros 11-0
M40 Joe Womack 14-6
M45 Wm Busby 13-0
Joe Johnston 13-0
Charlie Polhamus 13-0
M55 David Martin 10-0
M60 Buck Bradberry 9-0

Long Jump
M30 Jason Grimes 23-8 3/4
Lamont Wilson 21-4 3/4
Jeff Johnson 15-8 3/4
M35 Marv Thomas 17-1 3/4
M40 Tom Brewer 19-7 3/4
M50 Jerry Burnett 14-2
Wendell Curry 13-10
M55 David Martin 15-9
Randy Clark 15-3/4
Robert Jones 14-11 1/2
M60 Buck Bradberry 16-8 3/4
Bailey Gore 15-1 3/4
Ernest Carlone 14-0
M65 Tom Kennell 14-2 1/2
Vic Golowash 11-6 1/2
W55 Vera Whiteside 8-8 3/4

Triple Jump
M40 Johnie Meisner 39-3 3/4
M50 Jerry Burnett 27-4 1/2
Wendell Curry 26-7 3/4
M55 David Martin 33-6 3/4
Randy Clark 29-6 3/4
M60 Tom Bartenfeld 28-10 1/2
Bailey Gore 28-3 1/2
M65 Tom Kennell 29-4 3/4
Vic Golowash 24-1 1/2

Shot Put
M30 Danny McGrew 32-8
Larry Lewis 32-5
M35 David Beshears 33-9 1/2
M45 Mike Valle 35-5
Virgil Johnson 33-9
M50 Pat Murphy 33-8
Jerry Burnett 31-10
M55 Wm Duckworth 40-4
M60 Buck Bradberry 33-8
M65 Don Reid 37-11
Vic Golowash 27-0
Chas Mariott 26-3
W60 Jimmie Reid 19-7

Discus
M45 Virg Johnson 120-1
Frank Galbraith 106-5
Mike Valle 105-3
Wm Busby 101-3
M50 Jerry Burnett 95-10
Wendell Curry 47-3
M55 Everett Hardy 122-2
Bob Jones 79-2
M60 Jim Gillcrist 129-0
Buck Bradberry 118-1
Tom Bartenfeld 86-9
M65 Don Reid 130-1
Ron Mariott 99-11
Tom Kennell 99-5
Vic Golowash 95-11
M80 Vernon Cheadle 97-8
US age-group record)
W55 Vera Whiteside 67-8
W60 Jimmie Reid 48-0
W65 Audrey Bergenback 40-4

Hammer
M30 Beasley Hendrix 86-2
M45 Mike Valle 119-8
M50 Dick Bloomfield 130-6
M60 Dick Bergenback 111-1
M65 John Reid 103-11
Vic Golowash 72-5
Chas Mariott 64-10
M75 Nolan Fowler 103-6
W60 Jimmie Reid 55-6

56# Weight
M30 Beasley Hendrix 15-4
M45 Virgil Johnson 22-6
M50 Dick Bloomfield 24-3
M60 Tom Bartenfeld 15-4 1/2

Javelin
M30 Beasley Hendrix 130-9
M40 Jeff Stevens 116-6
M50 Wm Duckworth 173-4
M60 Dick Bergenback 116-3
Buck Bradberry 105-9
M65 Chas Mariott 111-10
Don Reid 92-10
Vic Golowash 77-7
W55 Vera Whiteside 64-7
W60 Jimmie Reid 56-3
W65 Audrey Bergenback 31-2

35# Weight
M30 Beasley Hendrix 36-5
M45 Virgil Johnson 32-10
Mike Valle 32-4
M50 Dick Johnson 34-4
Pat Murphy 20-5
Bob Premo 17-10
M65 Don Reid 34-6
M75 Nolan Fowler 32-8
W45 Brenda Bloomfield 26-4

Pentathlon
M35 David Beshears 2172
M40 Bob Underwood 2272
Ray Olfky 1460
Jim Woosley 1406
M50 Bob Premo 890

3000m RW
M30 Dave Ingram 18:10.49
M40 Frank Cornett 17:06.96
William Kelch 24:12.65
M45 Kedrick Sanders 17:55.13
M50 Gene Siler 16:59.07
Bob Howell 20:10.10
Bob Premo 20:42.75
M50 Mike Michel 18:16.61
M70 Kent Feary 68:59
M75 Max Springer 21:44.36
M80 Joe Haase 25:21.72

10,000m RW
M40 William Kelch 1:18:04
M50 Gene Siler 1:06:17
M55 Mike Michel nta
M70 Harold Canfield 1:16:57



Jacksonville Track Club Summer Track Classic Jacksonville, FL July 28

60
M40 Cleve Smith 7.08
M70 Fred Keene 9.35

100
M30 Bruce Vaughn 11.40
Rodney Atherton 11.43
Lester McGee 11.75
M40 Cleve Smith 11.13
Kent Dickinson 12.29
M65 Don Hall 16.16
M70 Fred Keene 15.10

100M
M30 Rodney Atherton 23.42
Lester McGee 24.20
Bruce Vaughn 24.21
M40 Cleve Smith 23.40
M45 Jim Freels 29.42
M70 Fred Keene 33.14

200
M30 Rodney Atherton 23.42
Lester McGee 24.20
Bruce Vaughn 24.21
M40 Cleve Smith 23.40
M45 Jim Freels 29.42
M70 Fred Keene 33.14

400
M30 Steve Williamson 1:06.0
M35 Kim Anderson 54.97

800
M30 Gerald Skiba 2:28.3
M35 Don Queen 2:32.5
W30 Leslie Bogart 3:00.3

1 Mile
M30 Gordon Simms 5:56.5
M35 Ken Wagner 5:00.5
M40 David Kelly 5:27.1

2 Mile
M30 Gordon Simms 13:15.4
M35 Ken Wagner 10:57.8
Bob Fernee 11:26.6
M40 David Kelly 11:50.6

Long Jump
M30 Bruce Vaughn 18-2
Steven Williams 15-0
M40 Cleve Smith 20-1
Kent Dickinson 15-0
M50 Bob Helton 11-5
M75 Charles Hirshey 6-10

Shot
M30 Rodney Atherton 38-3/4
M35 Ron Braddock 32-1
M45 Bill Bowers 23-9
M50 Bob Helton 24-1/4
M75 Charles Hirshey 27-8

Discus
M30 Rodney Atherton 128-1
M35 Ron Braddock 73-2
M40 Kent Dickinson 104-0
M45 Bill Bowers 57-9
M65 Don Hall 81-10
M75 Charles Hirshey 65-2

Javelin
M35 Mike Damewood 163-0
Ron Braddock 143-5
M50 Bob Helton 85-9
M75 Charles Hirshey 37-1

3000 Racewalk
M30 Bob Logan 18:21.1
M35 John Thrush 18:18.3
M45 Jim French 18:24.2
Jim Vance 21:58.2
M50 Charlie George 17:09.7
Bob Roberston 20:15.6
M65 John Carson 20:54.8
W30 Barbara McLeod 19:02.2
W40 Pat Murphy 22:15.3
W45 Ann McLamb 19:41.3
Maria George 21:05.6
W60 Marge Narel 22:57.7
W65 Edith Sullivan 23:58.4

MIDWEST

Eighth Annual North Coast Relays Mayfield, Ohio April 21

50M
OPEN LINDA CARTY 6.89
W30 LINDA BROWNING 8.40
W40 JULIE CHIHAYA 8.22
W50 SALLIE STIEGELMIER 8.65
W60 MARY PATTERSON 8.49

100M
OPEN DAVID LEE 5.94
JOSEPH OBELDOBEL 5.91
MICHAEL CUNNINGHAM 5.45
LEONARD FINLEY 6.18
WILLIAM JONES 6.18
FRANK MAKOZY 6.25
DALLAS GAINES 6.26
JAMES COOKEY 6.43
JOSEPH BROWN 6.53
LAWRENCE FINLEY 6.66
SCOTT HARTSEL 7.30
ROBERT ZIMMERMAN 6.30
CLARENCE RAY 6.45
LEE TASTE 6.81
JAMES WILLIAM 6.94
GROVER COATS 6.52
TROY BANK 6.69
JOHNNY SHERRON 6.72
HAL MAYHEW 7.25
JACK BRUNNER 7.33
DICK EDMONDS 7.33
JOSEPH WILSON 7.54
ALLEN JACKSON 7.58
MAX PICKL 7.87
GENE ABENOUR 8.08
BYRON FIFE 8.40

200M
OPEN LINDA CARTY 12.99
W30 KAREN GUTTING 13.40
PATRICIA 14.97
W40 PAMELA DUNCAN 14.45
W50 ESSIE KEA 16.37
W60 MARY PATTERSON 16.02

400M
OPEN DAVID LEE 11.38
JOSEPH OBELDOBEL 11.90
WILLIAM JONES 11.41
MORRIS BLUEFORD 11.51
FRANK MAKOZY 11.78
DALLAS GAINES 11.98
JOSEPH BROWN 12.10
JAMES COOKEY 12.02
LAWRENCE FINLEY 12.35
ROBERT E. ZIMMERMAN 11.36
CLARENCE RAY 11.28
GLENNIE JOHNSON 12.46
MIKE A. NEDD 12.46
LEE TASTE, JR. 12.75
PAUL B. DORSEY 12.27
GROVER COATS 12.43
TROY BANK 12.60
HAL P. MAYHEW 13.57
EARL W. FEE 13.24
JACK W. GREENWALD 13.88
DICK EDMONDS 14.13
W70 MAX PICKL 14.86
GENE W. ABENOUR 15.92
BYRON P. FIFE 16.93

800M
OPEN DEBORAH YURTH 29.30
KAREN GUTTING 27.98
PATRICIA FINLEY 31.89
JULIE CHIHAYA 32.50
MARY PATTERSON 35.99

1 Mile
OPEN DAVID M. LEE 23.44
JOSEPH A. OBELDOBEL 25.08
WILLIAM JONES 23.48
SCOTT A. HARTMAN 23.99
LAWRENCE A. FINLEY 24.15
FRANK J. MAKOZY 25.17
CLARENCE RAY 23.19
ROBERT E. ZIMMERMAN 23.79
GLENNIE JOHNSON 25.15
MIKE A. NEDD 25.21
LEE TASTE, JR. 29.46
WILLIAM D. THOMPSON 29.81

2 Mile
M30 PAUL DORSEY 25.53
M60 JACK W. GREENWALD 28.00
DICK EDMONDS 29.97
M70 GENE ABENOUR 34.55
M80 BYRON P. FIFE 39.00

400m
OPEN DEBORAH YURTH 29.30
KAREN GUTTING 27.98
PATRICIA FINLEY 31.89
JULIE CHIHAYA 32.50
MARY PATTERSON 35.99

800m
OPEN DAVID M. LEE 23.44
JOSEPH A. OBELDOBEL 25.08
WILLIAM JONES 23.48
SCOTT A. HARTMAN 23.99
LAWRENCE A. FINLEY 24.15
FRANK J. MAKOZY 25.17
CLARENCE RAY 23.19
ROBERT E. ZIMMERMAN 23.79
GLENNIE JOHNSON 25.15
MIKE A. NEDD 25.21
LEE TASTE, JR. 29.46
WILLIAM D. THOMPSON 29.81

1 Mile
OPEN DAVID M. LEE 23.44
JOSEPH A. OBELDOBEL 25.08
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MIKE A. NEDD 25.21
LEE TASTE, JR. 29.46
WILLIAM D. THOMPSON 29.81

2 Mile
M30 PAUL DORSEY 25.53
M60 JACK W. GREENWALD 28.00
DICK EDMONDS 29.97
M70 GENE ABENOUR 34.55
M80 BYRON P. FIFE 39.00

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MIKE A. NEDD 25.21
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WILLIAM D. THOMPSON 29.81

1 Mile
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ROBERT E. ZIMMERMAN 23.79
GLENNIE JOHNSON 25.15
MIKE A. NEDD 25.21
LEE TASTE, JR. 29.46
WILLIAM D. THOMPSON 29.81

2 Mile
M30 PAUL DORSEY 25.53
M60 JACK W. GREENWALD 28.00
DICK EDMONDS 29.97
M70 GENE ABENOUR 34.55
M80 BYRON P. FIFE 39.00

3000m
M40 JOHN A. TILLMAN 13:53.19
M400 MARY PATTERSON 8:49

500m
M30 DYNAMIC DUO 46.40
M40 FOUR WINDS 48.79
M50 DETROIT FITNESS 59.03
M60 OVER THE HILL 55.19
M70 OVER THE HILL 58.30

1000m
M30 OVER THE HILL 1:38.96
M40 DYNAMIC DUO 1:50.71
M50 OVER THE HILL 1:52.71
M60 FOUR WINDS 1:43.21
M70 DETROIT FITNESS 1:51.04
M80 OVER THE HILL 2:22.00

2000m
M40 DETROIT FITNESS 3:57.41
M50 OVER THE HILL 3:56.62
M60 OVER THE HILL 5:42.70

4000m
M40 DETROIT FITNESS 8:14.25
M50 OVER THE HILL 8:13.20
M60 OVER THE HILL 9:29.30

8000m
M40 RICHARD MEIDL 30'73"
M50 JOHN RUTLEDGE 38'72"
M60 JOHN SLOAN 33'8"
M70 NED CURRAN 34'94"
M80 ALLEN JACKSON 29'11"
M90 BILL MAC MURRAY 33'9"
M100 GENE ABENOUR 32'48"
M110 MAX PICKL 30'00"
M120 BYRON P. FIFE 25'104"

1600m
M30 GARY MISHICA 5:11.09
M40 MARK JERSIN 5:29.67
M50 JIM CIHAK 5:09.41
M60 CAMERON HOWES 5:09.75
M70 GEORGE TINTI 5:16.81
M80 ED HARDY 5:56.22
M90 SALLY DAVIS 5:59.95
M100 SUE MOHRMAN 7:39.95
M110 MARYLIN KEEFE 6:40.45
M120 SANDRA ROBERTS 7:57.13

3200m
M30 GARY MISHICA 10'11"
M40 RICHARD MEIDL 149'10"
M50 JOHN RUTLEDGE 110"
M60 GARY SUTTON 105'10"
M70 MALMI RUSS 103'2"
M80 DAVID STERLING 130'4"
M90 FRANK CLURAN 110'11"
M100 JOHN SLOAN 93'5"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 NED CURRAN 89'11"
M140 BILL MAC MURRAY 94'11"
M150 GENE ABENOUR 88'2"
M160 MAX PICKL 54'6"
M170 BYRON FIFE 61'2"

6400m
M30 ROBERT LUPARELLO 139'3"
M40 JOE SMOGHOUSE 101'1"
M50 RICHARD MEIDL 149'10"
M60 JOHN RUTLEDGE 110"
M70 GARY SUTTON 105'10"
M80 MALMI RUSS 103'2"
M90 DAVID STERLING 130'4"
M100 FRANK CLURAN 110'11"
M110 JOHN SLOAN 93'5"
M120 FRED KIRSCHBAUM 109'10"
M130 ALLEN JACKSON 101"
M140 NED CURRAN 89'11"
M150 BILL MAC MURRAY 94'11"
M160 GENE ABENOUR 88'2"
M170 MAX PICKL 54'6"
M180 BYRON FIFE 61'2"

12800m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

25600m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

51200m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

102400m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

204800m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

409600m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

819200m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

1638400m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

3276800m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

700m
M30 JOHN A. TILLMAN 13:53.19
M40 MARY PATTERSON 8:49

1400m
M30 DYNAMIC DUO 46.40
M40 FOUR WINDS 48.79
M50 DETROIT FITNESS 59.03
M60 OVER THE HILL 55.19
M70 OVER THE HILL 58.30

2800m
M30 OVER THE HILL 1:38.96
M40 DYNAMIC DUO 1:50.71
M50 OVER THE HILL 1:52.71
M60 FOUR WINDS 1:43.21
M70 DETROIT FITNESS 1:51.04
M80 OVER THE HILL 2:22.00

5600m
M40 DETROIT FITNESS 3:57.41
M50 OVER THE HILL 3:56.62
M60 OVER THE HILL 5:42.70

11200m
M40 RICHARD MEIDL 30'73"
M50 JOHN RUTLEDGE 38'72"
M60 JOHN SLOAN 33'8"
M70 NED CURRAN 34'94"
M80 ALLEN JACKSON 29'11"
M90 BILL MAC MURRAY 33'9"
M100 GENE ABENOUR 32'48"
M110 MAX PICKL 30'00"
M120 BYRON P. FIFE 25'104"

22400m
M30 GARY MISHICA 5:11.09
M40 MARK JERSIN 5:29.67
M50 JIM CIHAK 5:09.41
M60 CAMERON HOWES 5:09.75
M70 GEORGE TINTI 5:16.81
M80 ED HARDY 5:56.22
M90 SALLY DAVIS 5:59.95
M100 SUE MOHRMAN 7:39.95
M110 MARYLIN KEEFE 6:40.45
M120 SANDRA ROBERTS 7:57.13

44800m
M30 ROBERT LUPARELLO 139'3"
M40 JOE SMOGHOUSE 101'1"
M50 RICHARD MEIDL 149'10"
M60 JOHN RUTLEDGE 110"
M70 GARY SUTTON 105'10"
M80 MALMI RUSS 103'2"
M90 DAVID STERLING 130'4"
M100 FRANK CLURAN 110'11"
M110 JOHN SLOAN 93'5"
M120 FRED KIRSCHBAUM 109'10"
M130 ALLEN JACKSON 101"
M140 NED CURRAN 89'11"
M150 BILL MAC MURRAY 94'11"
M160 GENE ABENOUR 88'2"
M170 MAX PICKL 54'6"
M180 BYRON FIFE 61'2"

89600m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

179200m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

358400m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

716800m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140'2"
M70 JOHN SLOAN 134'11"
M80 JOHN SLOAN 109'8"
M90 FRANK CLURAN 89'6"
M100 NED CURRAN 89'6"
M110 FRED KIRSCHBAUM 109'10"
M120 ALLEN JACKSON 101"
M130 BILL MAC MURRAY 94'11"
M140 GENE ABENOUR 88'2"
M150 MAX PICKL 54'6"
M160 BYRON FIFE 61'2"

1433600m
M30 ROBERT LUPARELLO 142'10"
M40 GARY SUTTON 124'9"
M50 GARY SUTTON 127"
M60 MALACHI MCGRIE 140

Continued from previous page

Shot Put
M30 Roger Kamla 50-9 3/4
Rick Meindl 45-9 1/2
Joe Klamar 32-4
M40 Mike Cavotta 42-1
Norm Bower 35-2
Allen Ray 34-8 1/2
M50 George Mirka 39-6
Pay Carstensen 37-5
R Bredenbeck 32-11 3/4
M60 Lloyd Smith 34-7 3/4
Cliff Sampson 33-9 1/2
C Johnson 32-8 1/2
M70 Elmer Shaw 32-9
B MacMurray 32-1 1/2
M80 Byron Fike 21-1
W30 Sandra Beichler 28-4
Nan LaChiusa 18-3
W40 Ann Whitehead 24-6 1/2
Pat VanHook 20-2
M Przybyla 17-9 1/2
M60 B Holland 28-3 1/2
L Sampson 22-5 1/2
Mary Thomson CAN 21-3 1/2

Discus
M30 Mike Hambrick 159-5
Roger Kamla 151-8
Rick Meindl 146-4
M40 Mike Cavotte 127-11
Doug Weikert 113-0
Norm Bower 112-11
M50 George Mirka 138-6
Alfred Friedl 107-0
Rudy Bredenbeck 105-11
M60 Cliff Sampson 133-6
Denver Smith 122-1
Andy Thomson CAN 93-8
M70 Elmer Shaw 101-8
Bill MacMurray 95-1
M80 Byron Fike 56-10
W30 Nancy LaChiusa 56-2
W40 Ann Whitehead 74-3
Marcia Przybyla 44-11
Pat VanHook 40-2
M60 Bernice Holland 80-10
Lucille Sampson 65-10
Mary Thomson CAN 54-5

Hammer
M40 Mickey Bitsko 139-5
Norm Bower 110-10
M50 Joe Chadbourne 150-0
Pay Carstensen 126-0
Gene Paasinen 89-8
Dick Mann 87-6
M60 Ned Curran 95-3
M70 Elmer Shaw 110-0
Bill MacMurray 77-5
W30 Nancy LaChiusa 50-0
W40 Ann Whitehead 40-8

Javelin
M30 Scott Evans 149-6
Gary Sutton 135-6
Rick Christopher 126-11
M40 Malachi McGruder 147-4
Allen Ray 129-3
Doug Weikert 124-9
M50 Fred Paementer CAN 129-5
John Sloan 112-3
Pay Carstensen 102-10
M60 Lloyd Smith 130-1
Denver Smith 118-7
Fred Hirsimaki 107-10
M70 Bill McMurray 75-4
M80 Everett Hosack 32-0
W30 Sandra Beichler 54-1
Nancy LaChiusa 35-2
W40 Ann Whitehead 54-2
Deborah Davis 41-5
M60 Bernice Holland 78-0
Mary Thomson CAN 43-1

Weight
M40 Mickey Bitsko 45-2 1/2
Norm Bower 41-9 1/2
M50 Pay Carstensen 36-5 3/4
Dick Mann 31-1
Gene Paasinen 28-2 1/2
M60 C Sampson 43-11
Lloyd Smith 32-9 3/4
Ned Curran 27-1
M70 Elmer Shaw 34-7 1/2
B MacMurray 24-4 1/2
M80 Ev Hosack 32-0
W30 N LaChiusa 21-11
W40 A Whitehead 22-5 1/2
M Przybyla 19-8

Racewalk
M30 Tim Baily 8:21.1
M40 Norm Brown 8:13.4
Gary Kidd 10:17.5
M50 Charlie Hall 8:13.4
M60 M Mickelson 9:37.8
M80 Byron Fike 12:55.2
W50 Joan Gibson 10:45.9
W60 Lucille Simson 11:52.3

Illinois Masters Championships Libertyville, July 7

100m
M30 Artego Jaunes 11.10
Jay Mathis 11.30
M35 Morris Blueford 11.50
Gerald Krainik 11.50
Tom Rewolinski 11.70
Mike Hodge 12.70
M40 Alex Johnston 12.00

M45 Clarence Ray 11.70
Jim Lee 12.10
Hans Gordon 12.40
Bill Moran 13.10
M50 Ed Small 12.60
Chas Townsend 14.60
Ed Hovorka 15.10
Chuck Bunting 15.30
M55 Jim Mathis 12.50
Pierre Dobrovolny 12.60
George Heroux 14.00
Fred Bariston 15.10
M60 Harry Brown 12.90
Chuck Sochor 13.20
Don Walsh 15.20
Rusty Dowell 15.20
M65 Mel Larsen 13.50
Jim Platis 15.70
M75 Mel Flachs 16.80
M85 Arling Pitcher 22.10
W30 Deborah Allen 14.40
W40 MaryLou Platis 16.90
Janet Johnston 17.30
W75 Millie Crews 20.40

200m
M30 A Jaunes 22.40
Jay Mathis 23.10
Dan Swopes 24.80
M35 M Blueford 23.40
T Rewolinski 23.40
G Krainik 23.80
N Hodge 25.80
M40 Bernard Moe 27.00
Jerry Mayster 27.10
A Johnston 27.50
M45 C Ray 24.00
Jim Lee 24.50
H Gordon 25.50
Tom Little 29.50
M50 Ed Small 24.80
Jim Streeby 26.50
Chas Townsend 27.80
M Davidson 27.90
M55 Jim Mathis 25.00
George Heroux 28.70
M60 Harry Brown 26.10
C Sochor 27.10
Don Walsh 31.40

M65 Mel Larsen 27.70
Jim Platis 33.70
Joe Schmidt 39.80
M75 M Flachs 35.00
M85 A Pitcher 48.40
W30 Deborah Allen 29.70
Leah Revolinski 33.00
W40 M Platis 37.30
W75 Millie Crews 43.70

400m
M30 Jay Mathis 52.40
M35 Ted Tiernon 59.00
M40 Stan Druckrey 56.20
Bernard Moe 57.90
Jerry Mayster 59.30
M45 Clarence Ray 54.20
Lee Jampol 63.20
Tom Little 74.40
Stephen Kaufman 76.50
M50 Ed Small 55.10
Jim Streeby 57.40
M60 Lloyd Smith 60.50
Mike Davidson 61.70
M55 Jim Mathis 54.90
George Heroux 67.30
Alex White 70.80
M60 Harry Brown 59.40
Chuck Sochor 61.60
Dean Smith 68.30
Don Walsh 70.50
M65 Joe Schmidt 92.80
Rich King 2:13.40
M75 Mel Flachs 1:29.00

800m
M30 Jean-Gelan Ruleau 58.57
Dick Kennedy 2:04.06
Fred Hervert 2:08.10
Jerry Feldhausen 2:08.95
M35 Jeff Watry 2:05.96
M40 Rob Jackson 2:01.38
George Jenkins 2:05.16
Don Fish 2:12.75
M45 Wm Waterman 2:21.71
M50 Chuck Bunting 2:49.28
M55 Lynnond Ruber 2:47.00
Alex White 2:49.47
M60 Chuck Sochor 2:37.87
Dean Smith 2:40.85
Bob Gand 3:52.87
M65 Joe Schmidt 3:42.09
Rich King 4:50.12
W30 Sheree Robertson 2:32.07
Michelle Case 2:32.60
W35 Leah Revolinski 2:55.20

1500m
M30 Jean-Gelan Ruleau 4:05.32
Don O'Sullivan 4:08.08
Marty Wyland 4:13.00
John Case 4:18.73
M35 David Raub 4:23.91
Larry Swanson 4:25.62
Dave Pfefferle 4:27.02
Antonio Peso 4:29.35
M40 Rob Jackson 4:15.22
George Jenkins 4:21.90
Don Fish 4:26.65
Mark Drakeley 4:37.51
M45 Vick Heckler 4:16.60
Paul Perry 4:31.73
Lee Jampol 4:38.46
Wm Waterman 4:56.83

M50 Jim Streeby 4:40.20
Ernest Tracy 5:14.05
Chuck Bunting 5:53.04
Ed Hovorka 6:17.49
M55 Franklin Brown 5:16.69
Lynnond Ruber 5:23.90
Alex White 5:31.70
M60 Bob Gand 7:45.07
M65 Joe Schmidt 7:15.09
Rich King 9:48.71
W30 Ingra Ekrol 5:08.37
Sheree Robertson 5:21.65
W35 Susan Musikantow 5:14.18
W40 Nancy Rollins 5:18.85
W50 Wava Mosbrucker 5:38.89
Janet Mezglits 6:35.59
W80 Anne Clarke 8:33.71

3000m
M30 Dan Skarda 8:38.73
Don O'Sullivan 8:43.71
Milan Pecanac 9:11.29
K Holzmueller 9:16.54
M35 Antonio Peso 9:48.71
Dick Mitchell 10:13.57
Greg Morris 10:26.86
M40 Craig Dean 9:25.57
John Gores 9:36.98
M45 Kent Romanus 13:09.18
Barry Gay 13:17.19
M50 Ernest Tracy 11:21.33
Ed Hovorka 13:32.21
M55 Lynnond Ruber 11:21.58
Fred Bariston 15:43.87
M60 Bob Gand 16:31.20
M65 W G Hoskins 16:16.17
Rich King 21:43.10
W30 Inge Ekrol 10:57.87
Ann Trauscht 13:56.47
W35 Susan Musikantow 11:16.39
Peg Cronin 11:19.03
Karen Marshall 18:44.12
W40 Nancy Rollins 11:14.80
K R Miskinis 13:23.87
W55 Wava Mosbrucker 11:49.99
W80 Anne Clarke 18:20.54

Short Hurdles
M30 Bruce Lammers 14.90
M35 Robert Zahn 15.30
Jeff Watry 16.30
M40 Stan Druckrey 14.20
Alex Johnston 21.10
M50 Bruce Mills 22.60
M60 Don Walsh 19.60
Rusty Dowell 20.90
M70 Ham Morningstar 17.00

High Jump
M30 John Valiska 1.75
M35 Jeff Watry 1.78
Ted Tiernon 1.68
M40 Stan Allen 1.63
M50 Chas Townsend 1.37
Mike Davidson 1.37
M55 Rich Richardson 1.68
Flo. Smith 1.52
Pete Peterson 1.37
M60 Eugene Hess 1.50
B J Ackerman 1.37
M65 Jim Platis 1.02
M70 Ham Morningstar 1.32
M85 Arling Pitcher 0.91

Pole Vault
M35 John Anderson 3.96
Keith Petranek 3.66
M55 Franklin Brown 2.44
Fred Bariston 2.13
M60 B J Ackerman 2.29
M70 Ham Morningstar 2.29
M85 Arling Pitcher 1.37

Long Jump
M30 Jay Mathis 6.02
Alvin Perryman 5.41
Oscar Jones 5.18
M35 Jeff Watry 5.68
Ted Tiernon 5.25
Bernard Moe 4.72
Alex Johnston 4.55
M45 Hans Gordon 6.18
John Lewis 4.32
Stephen Kaufman 3.42
M50 Grady Harris 3.94
M55 Rich Richardson 4.88
Franklin Brown 4.42
M60 Harry Brown 4.71
B J Ackerman 4.65
Rusty Dowell 4.11
M65 Mel Larsen 5.16
Jim Platis 5.05
M70 Ham Morningstar 3.81
M85 Arling Pitcher 1.66
W40 MaryLou Platis 3.59

Triple Jump
M30 Efram Stringfello 13.16
Al Perryman 12.17
M45 Hans Gordon 11.10
John Lewis 9.23
M55 Fred Bariston 7.23
M60 BJ Ackerman 9.49
Harry Brown 9.39
M65 Jim Platis 10.72
M85 Arling Pitcher 4.09
W40 MaryLou Platis 7.37

Shot Put
M35 Matt Byrnes 14.65
Pat Burns 14.27
Mike Sprague 8.28
M40 D Woosencraft 11.80

Illinois Masters Championships Libertyville, July 7

Age-Graded Performances

STAN DRUCKREY M 41 14.20 14.20 13.82 110H 0.9732
JIM MATHIS M 55 54.90 54.90 53.26 400 0.9701
JIM PLATIS M 66 35 2.00 10.72 11.15 TJUMP 0.9614
EDWARD SMALL M 52 55.10 55.10 51.87 400 0.9414
HARRY BROWN M 60 59.40 59.40 55.81 400 0.9396
MELVIN LARSEN M 66 16 11.00 5.16 5.50 LJUMP 0.9382
JIM MATHIS M 55 25.00 25.00 23.26 200 0.9304
RICHARD RICHARDSON M 57 5 6.00 1.68 1.81 HJUMP 0.9282
HARRY BROWN M 60 26.10 26.10 24.18 200 0.9264
CHUCK SOCHOR M 62 1:01.60 61.60 56.93 400 0.9242
MELVIN LARSEN M 66 27.70 27.70 25.47 200 0.9195
JIM PLATIS M 66 16 7.00 5.05 5.50 LJUMP 0.9182
EDWARD SMALL M 52 24.80 24.80 22.76 200 0.9177
VIC HECKLER M 47 4:16.60 256.60 235.23 1500 0.9167
CLARENCE RAY M 45 11.70 11.70 10.69 100 0.9137
ARTEGO JAUNES M 32 11.10 11.10 10.08 100 0.9081
CHUCK SOCHOR M 62 27.10 27.10 24.58 200 0.9070
CLARENCE RAY M 45 24.00 24.00 21.73 200 0.9054
CLARENCE RAY M 45 54.20 54.20 48.98 400 0.9037
ROB JACKSON M 40 2:01.38 121.38 109.56 800 0.9026
JIM MATHIS M 55 12.50 12.50 11.27 100 0.9016
HARRY BROWN M 60 12.90 12.90 11.63 100 0.9016
MELVIN LARSEN M 66 13.50 13.50 12.16 100 0.9007
GERALD KRAINIK M 38 11.50 11.50 10.35 100 0.9000
PIERRE DOBROVOLNY M 56 12.60 12.60 11.34 100 0.9000
ARTEGO JAUNES M 32 22.40 22.40 20.16 200 0.9000
MORRIS BLUEFORD M 37 11.50 11.50 10.30 100 0.8957
CHUCK SOCHOR M 62 13.20 13.20 11.79 100 0.8932
JIM LEE M 46 24.50 24.50 21.87 200 0.8927
GEORGE JENKINS M 43 2:05.16 125.16 111.70 800 0.8925
JIM STREEBY M 50 57.40 57.40 51.00 400 0.8885
JIM MATHIS M 31 11.30 11.30 10.04 100 0.8885
JAY LEE M 46 12.10 12.10 10.74 100 0.8876
MORRIS BLUEFORD M 37 23.40 23.40 20.72 200 0.8875
JEAN-GELAN RULEAU M 32 1:58.57 118.57 104.42 800 0.8807
THOMAS REWOLINSKI M 36 23.40 23.40 20.60 200 0.8803
HAM MORNINGSTAR M 73 4 4.00 1.32 1.50 HJUMP 0.8800
DAN SKARDA M 31 08:38.73 518.73 456.50 3000 0.8800
ROB JACKSON M 40 4:15.22 255.22 224.57 1500 0.8799
EDWARD SMALL M 52 12.60 12.60 11.08 100 0.8794
EUGENE HESS M 62 4 11.00 1.50 1.71 HJUMP 0.8772
HANS GORDON M 48 20 3.50 6.18 7.05 LJUMP 0.8766
THOMAS REWOLINSKI M 36 11.70 11.70 10.25 100 0.8761
GERALD KRAINIK M 38 23.80 23.80 20.84 200 0.8756
HANS GORDON M 48 12.40 12.40 10.85 100 0.8750
GEORGE JENKINS M 43 4:21.90 261.90 228.95 1500 0.8742
ROBERT ZAHN M 36 15.30 15.30 13.35 110H 0.8725
JEAN-GELAN RULEAU M 32 4:05.32 245.32 214.04 1500 0.8725
BRUCE LAMMERS M 30 14.90 14.90 13.00 110H 0.8725
HANS GORDON M 48 25.50 25.50 22.15 200 0.8686
JAY MATHIS M 31 23.10 23.10 20.05 200 0.8680
DON OSULLIVAN M 30 08:43.71 523.71 454.30 3000 0.8675
DONALD WALSH M 62 19.60 19.60 16.89 110H 0.8617
CRAIG DEAN M 42 09:25.57 565.57 487.20 3000 0.8614
JIM STREEBY M 50 4:40.20 280.20 240.51 1500 0.8584
TERRY PLINER M 52 1:00.50 60.50 51.87 400 0.8574
PAUL PERRY M 45 4:31.73 271.73 232.06 1500 0.8540
DON OSULLIVAN M 30 4:08.08 248.08 211.70 1500 0.8534
DEAN SMITH M 64 1:08.30 68.30 58.11 400 0.8508
WAVA MOSBRUCKER F 54 11:49.99 709.99 601.80 3000 0.8476
JIM STREEBY M 50 26.50 26.50 22.45 200 0.8472
JAY MATHIS M 31 52.40 52.40 44.33 400 0.8460
MARTY WYLAND M 32 4:13.00 253.00 214.04 1500 0.8460
STAN DRUCKREY M 41 56.20 56.20 47.51 400 0.8454
JEFF WATRY M 35 2:05.96 125.96 106.24 800 0.8434
DON FISH M 40 4:26.65 266.65 224.57 1500 0.8422

M45 Bill Mauck 11.21
John Lewis 9.98
John Hess 9.98
M50 Carl Klehm 11.39
Ed Schmidt 10.25
Frank Carl 9.97
Ed Small 9.89
M55 Larry Marsh 11.18
Harvey Peters 10.94
Jack Tvet 9.47
Floyd Smith 9.33
M65 Jim Platis 8.18
M70 Ham Morningstar 10.24
W40 MaryLou Platis 6.58
Nancy Hamilton 5.70
W45 Karen Huff 7.69

Discus
M35 Dennis Mengeling 45.82
Pat Burns 39.95
Larry Readman 34.68
M40 D Woosencraft 34.46
M45 Bill Mauck 37.12
Terry Simons 32.39
John Hess 31.37
Malachi McGruder 31.13
M50 Ed Schmidt 38.72
Frank Carl 33.81
Carl Klehm 32.82
Chuck Bunting 24.99
M55 Harvey Peters 37.68
Larry Marsh 34.72
Jack Tvet 33.71
M60 Don Mather 35.07
M65 Jim Platis 20.41
M70 Ham Morningstar 34.26
W40 MaryLou Platis 23.16
Nancy Hamilton 15.89
W45 Karen Huff 15.60

Javelin
M30 John Valiska 45.90
M35 Mark Cwiek 64.32
Ted Tiernon 41.61
M45 Mal McGruder 48.22
Jim McInerney 36.96
John Hess 33.71
M50 Carl Klehm 17.55
M55 Larry Marsh 34.58
Rich Richardson 32.60
Fred Bariston 27.20
M60 BJ Ackerman 38.33
Don Mather 36.96
M65 Jim Platis 21.74
M85 Arling Pitcher 13.41
W40 MaryLou Platis 17.73
Nancy Hamilton 16.54
W45 Karen Huff 27.13

1500m RW
M35 Mike Dewitt 6:41.50
Peter Williams 7:07.79
Garland Moore 9:25.54
M40 Bob Jordan 8:35.01
M45 Brian Schultz 7:02.76
Don Mowles 7:30.98
Frank Weibel 8:05.81
M55 Franklin Brown 8:38.40
M60 Paul Kavadas 9:36.26
W30 Patty Orta 9:19.92
W50 R Weatherford 9:52.13
W55 Joyce Decker 8:51.58
W60 Ruth Leff 9:10.32
W80 Anne Clarke 13:16.71

3000m RW
M35 Pete Williams 14:54.11
Garland Moore 19:44.51
M40 Rich Scott 15:54.65
Bob Jordan 17:36.91
M45 Brian Schultz 14:43.90
Don Mowles 15:12.16
Frank Weibel 16:53.10
M50 Jan Berezniak 17:32.22
M55 Franklin Brown 17:14.26
Bruce Fowler 19:22.75
M60 Paul Kavadas 19:35.21
W30 Patty Orta 18:50.69
Ingra Ekrol 22:44.10
W50 R Weatherford 20:08.29
W55 Joyce Decker 18:09.68
W60 Ruth Leff 18:50.24
W75 Millie Crews 22:04.10
W80 Anne Clarke 23:28.00

TAC Midwest Masters Championships Elmhurst, IL July 22

100
M30 A. Jaunes 11.09
G. Riordan 11.91
C. Jefferson 12.03
M35 T. Rewolinski 11.61
M. Blueford 11.63
M40 Paul Skubi 12.94
M45 R. Phillips 11.81
Jim Lee 11.84
H. Gordon 11.90
M50 M. Davidson 14.50
M55 P. Dobrovolny 13.00
M60 Harry Brown 12.56
C. Sochor 12.83

M65 J. Bergthold 13.90
J. Platis 15.10
G. Butchko 16.12
M70 Hugh Hackett 15.31
M75 Miko Lightfoot 20.03
W35 L. Rewolinski 20.50
W40 M.L. Platis 16.80
K. Peso 18.00

200
M30 C. Jefferson 22.86
K. Fewes 23.40
G. Riordan 23.76
M35 T. Rewolinski 23.11
M. Blueford 23.76
M45 Jim Lee 23.94
H. Gordon 24.92
John Hess 28.86
M50 P. Stoupolos 26.68
M. Davidson 29.61
M55 P. Dobrovolny 25.87
J. Havgo 26.89
M60 C. Sochor 26.23
M65 J. Bergthold 28.73
J. Platis 34.93
M70 H. Hackett 32.56
M75 M. Lightfoot 33.72
W35 L. Rewolinski 33.36
W40 M.L. Platis 35.01
W65 C. Peebles 43.47

400
M30 C. Jefferson 51.8
K. Fewes 52.1
B. Auch 52.6
M35 Al Wright 53.9
M40 G. Reiter 55.1
M45 Jim Lee 54.3
P. Skubic 54.7
R. Phillips 1:02.9
M50 M. Davidson 1:02.6
M60 C. Sochor 58.58
H. Brown 59.3
M65 J. Bergthold 1:08.9
M75 M. Lightfoot 1:24.3
W35 S. Robinson 1:04.1
W40 D. Stiles 1:05.4
M.L. Platis 1:23.9
W65 C. Peebles 1:24.3

Continued on next page

Continued from previous page

Table with columns for event name, participant name, and time. Includes events like 800, M30 S.K. Robinson, M35 B. Drummond, M40 M. Gibbons, M45 G. Carr, M55 T. Nuccio, M60 C. Sochor, M65 Miguel Peso, W30 S.K. Robinson, W35 L. Rewolinski, W40 D. Stiles.

Table with columns for event name, participant name, and time. Includes events like 1500, M30 J.E. Rulau, M35 K. Popejoy, M40 M. Gibbons, M45 L. Jampol, W35 S. O'Brian, W65 C. Peables.

Table with columns for event name, participant name, and time. Includes events like 5000, M35 S. Wikner, M40 L. Byrne.

Table with columns for event name, participant name, and time. Includes 1-Mile Racewalk, M35 G. Moore, W50 B. Young-Grady, W55 J. Decker, W60 Ruth Leff.

Table with columns for event name, participant name, and time. Includes 5000m Racewalk, M35 P. Williams, M40 R. Scott, M45 D. Mowles, M50 J. Berezniak, W30 S. Olson, W40 J. Smith, W50 B. Young-Grady.

Table with columns for event name, participant name, and time. Includes 80/100/110 Hurdles, M35 C. Barnard, M40 S. Druckrey, M60 D. Walsh, M70 H. Hackett.

Table with columns for event name, participant name, and time. Includes Intermediate Hurdles, M40 Druckrey, M50 B. Mills, M55 D. Richardson, M60 H. Brown, M70 H. Morningstar.

Table with columns for event name, participant name, and time. Includes High Jump, M30 J. Valiska, M40 J. Meisner, M50 M. Davidson, M55 R. Richardson, M65 J. Platis, M70 H. Morningstar, W40 M.L. Platis.

Table with columns for event name, participant name, and time. Includes Pole Vault, M30 B. Wayda, M35 J. Anderson, M45 M. Norberg, M60 T. Hinkes, M70 H. Morningstar, W40 M.L. Platis.

Table with columns for event name, participant name, and time. Includes Long Jump, M40 G. Reiter, M45 H. Gordon, M50 P. Stopoulos, M55 R. Richardson, M65 J. Platis, M70 H. Hackett, W40 M.L. Platis.

Table with columns for event name, participant name, and time. Includes Triple Jump, M40 J. Meisner, M50 P. Stopoulos, M65 J. Platis, M70 H. Morningstar, W40 M.L. Platis.

Table with columns for event name, participant name, and time. Includes Shot Put, M30 B. Hartman, M35 M. Byrnes, M40 P. Burns, L. Readman.

Table with columns for event name, participant name, and time. Includes M40 C. Klehm, M45 B. Mauck, M50 B. Warren, M55 J. Havgo, M60 P. Brusca, M65 J. Platis, M70 H. Morningstar, W40 M.L. Platis.

Table with columns for event name, participant name, and time. Includes Discus, M30 B. Hartman, M40 C. Klehm, M45 C. Mooney, M50 B. Warren, M55 H. Peters, M60 P. Brusca, M65 J. Platis, M70 H. Hackett, M75 M. Lightfoot, W40 M.L. Platis.

Table with columns for event name, participant name, and time. Includes Javelin, M30 J. Valiska, M35 L. Readman, M40 T. Heikkila, M45 J. Valiska, M50 G. LaBelle, M55 R. Richardson, M60 P. Brusca, M65 J. Platis, M70 H. Hackett, M75 M. Lightfoot, W40 M.L. Platis.

Table with columns for event name, participant name, and time. Includes Hammer, M30 B. Hartman, M35 L. Waithe, M40 C. Klehm, M55 P. Carstenson, M60 P. Brusca, M70 H. Morningstar.

Table with columns for event name, participant name, and time. Includes Weight Throws 18#, M50 G. LaBelle, L. Slick.

Table with columns for event name, participant name, and time. Includes 25#, M30 B. Hartman, M35 L. Waithe, M40 C. Klehm, M50 G. LaBelle, M55 J. Havgo, M60 P. Brusca, M70 H. Morningstar.

Table with columns for event name, participant name, and time. Includes 35#, M30 B. Hartman, M35 L. Waithe, M40 C. Klehm, M50 G. LaBelle, M55 J. Twet.

Table with columns for event name, participant name, and time. Includes 45#, M30 B. Hartman, M35 L. Waithe, M40 C. Klehm, M50 G. LaBelle, M55 P. Carstenson, M60 P. Brusca, M70 H. Morningstar.

Table with columns for event name, participant name, and time. Includes 55#, M40 C. Klehm, M50 G. LaBelle, M55 P. Carstenson, J. Twet.

Table with columns for event name, participant name, and time. Includes 65#, M50 G. LaBelle, 8.3%

Table with columns for event name, participant name, and time. Includes 200#, M40 C. Klehm, M50 G. LaBelle, M55 J. Havgo, P. Carstenson.

Table with columns for event name, participant name, and time. Includes 300#, M50 G. LaBelle, M55 P. Carstenson.

SOUTH WEST

TAC Southwest Sectional Masters Championships/ 10th Annual Texas Championships Arlington, July 14

Table with columns for event name, participant name, and time. Includes 100m, M30 James Perry, M40 James Vicks, M45 John Hartfield, M50 B. Warren, M55 H. Peters, M60 P. Brusca, M65 J. Platis, M70 H. Hackett, M75 M. Lightfoot, W40 M.L. Platis.

Table with columns for event name, participant name, and time. Includes 200m, M30 Rich Mayfield, M45 J. Mathis, M50 G. LaBelle, M55 R. Richardson, M60 P. Brusca, M65 J. Platis, M70 H. Hackett, M75 M. Lightfoot, W40 M.L. Platis.

Table with columns for event name, participant name, and time. Includes 400m, M30 Herman Barrett, M35 L. Waithe, M40 C. Klehm, M50 G. LaBelle, M55 J. Twet.

Table with columns for event name, participant name, and time. Includes 800m, M30 David DeSosa, M35 Jim Reppert, M40 John McGehee, M45 Jim Mathis, M50 Dan McCormack, M55 P. Carstenson.

Table with columns for event name, participant name, and time. Includes M55 Ino Cantu, M60 Bob Wingo, W35 Laura Brannon, W45 Kathy Hoffman.

Table with columns for event name, participant name, and time. Includes 1500m, M35 Robert Iles, M40 Junior Lee, M45 Jim McLatchie, M50 Dan McCormack, M55 Ino Cantu, M60 Rich Weidner, M70 John Alexander, W30 Marilyn Brandt, W45 Susan Willis, W50 Jean Cavender.

Table with columns for event name, participant name, and time. Includes 3200m, M40 Junior Lee, M45 Doug Gilpin, M50 Chuck Bailey, M55 R T Coffey, M60 Glen Helliga, W30 Susan Willis, W45 Kathy Hoffman.

Table with columns for event name, participant name, and time. Includes Short Hurdles, M35 Colin Williams, M40 Bob Wingo, M50 Chas Miller, M60 Joe Murphy, W50 Marion Coffee.

Table with columns for event name, participant name, and time. Includes Long Hurdles, M50 John Head, Don Austin.

Table with columns for event name, participant name, and time. Includes High Jump, M35 Rich Watson, M40 Bobby Preston, M45 Jim Cawley, M50 Emil Pawlik, M55 Rich Hein, M65 Doc Bennett, M70 Jim Gross.

Table with columns for event name, participant name, and time. Includes Pole Vault, M30 Larry Morehead, M35 Tom Wilson, M40 Don Davidson, M50 George Jageman, M55 Jim Rothrock, M65 Chet Henninger.

Table with columns for event name, participant name, and time. Includes Long Jump, M30 Andy Miller, M35 Rich Watson, M40 Herb Stein, M45 John Hartfield, M50 Emil Pawlik, M55 Rich Hein, M65 Bill Carter, M70 Jim Gross.

Table with columns for event name, participant name, and time. Includes Triple Jump, M30 Mark Carpenter, M35 Tom Stuthard, M40 James Witt, M50 George Jageman, M65 Bill Carter, Doc Bennett.

Table with columns for event name, participant name, and time. Includes Shot Put, M30 Andy Gilliam, M35 Roger Kalma, M40 John Washburn, M45 Don Dansereau, M50 Jim Steitle, M55 George Jageman, M60 Roger Kalma, M65 Bill Carter, M70 John Washburn, M75 Don Dansereau, M80 Ron Rahn, M85 Larry Price, M90 George Jageman, M95 Jack Whitley, M100 Wendell Palmer, M105 Jim Rothrock, M110 Rich Hein, M115 Ed Stewart, M120 Steve Ireland, M125 Andy Pittman, M130 Sam Pfenning, M135 Roy Turner, M140 Wayne Bennett, M145 Les Bleamaster, M150 Jim Mathis, M155 Paul Johnson, M160 Sid Montecino, M165 Mike Maslowski, M170 Ed Stewart, M175 Steve Ireland, M180 Andy Pittman, M185 Sam Pfenning, M190 Roy Turner, M195 Wayne Bennett, M200 Les Bleamaster, M205 Jim Mathis, M210 Paul Johnson, M215 Sid Montecino, M220 Mike Maslowski, M225 Ed Stewart, M230 Steve Ireland, M235 Andy Pittman, M240 Sam Pfenning, M245 Roy Turner, M250 Wayne Bennett, M255 Les Bleamaster, M260 Jim Mathis, M265 Paul Johnson, M270 Sid Montecino, M275 Mike Maslowski, M280 Ed Stewart, M285 Steve Ireland, M290 Andy Pittman, M295 Sam Pfenning, M300 Roy Turner, M305 Wayne Bennett, M310 Les Bleamaster, M315 Jim Mathis, M320 Paul Johnson, M325 Sid Montecino, M330 Mike Maslowski, M335 Ed Stewart, M340 Steve Ireland, M345 Andy Pittman, M350 Sam Pfenning, M355 Roy Turner, M360 Wayne Bennett, M365 Les Bleamaster, M370 Jim Mathis, M375 Paul Johnson, M380 Sid Montecino, M385 Mike Maslowski, M390 Ed Stewart, M395 Steve Ireland, M400 Andy Pittman, M405 Sam Pfenning, M410 Roy Turner, M415 Wayne Bennett, M420 Les Bleamaster, M425 Jim Mathis, M430 Paul Johnson, M435 Sid Montecino, M440 Mike Maslowski, M445 Ed Stewart, M450 Steve Ireland, M455 Andy Pittman, M460 Sam Pfenning, M465 Roy Turner, M470 Wayne Bennett, M475 Les Bleamaster, M480 Jim Mathis, M485 Paul Johnson, M490 Sid Montecino, M495 Mike Maslowski, M500 Ed Stewart, M505 Steve Ireland, M510 Andy Pittman, M515 Sam Pfenning, M520 Roy Turner, M525 Wayne Bennett, M530 Les Bleamaster, M535 Jim Mathis, M540 Paul Johnson, M545 Sid Montecino, M550 Mike Maslowski, M555 Ed Stewart, M560 Steve Ireland, M565 Andy Pittman, M570 Sam Pfenning, M575 Roy Turner, M580 Wayne Bennett, M585 Les Bleamaster, M590 Jim Mathis, M595 Paul Johnson, M600 Sid Montecino, M605 Mike Maslowski, M610 Ed Stewart, M615 Steve Ireland, M620 Andy Pittman, M625 Sam Pfenning, M630 Roy Turner, M635 Wayne Bennett, M640 Les Bleamaster, M645 Jim Mathis, M650 Paul Johnson, M655 Sid Montecino, M660 Mike Maslowski, M665 Ed Stewart, M670 Steve Ireland, M675 Andy Pittman, M680 Sam Pfenning, M685 Roy Turner, M690 Wayne Bennett, M695 Les Bleamaster, M700 Jim Mathis, M705 Paul Johnson, M710 Sid Montecino, M715 Mike Maslowski, M720 Ed Stewart, M725 Steve Ireland, M730 Andy Pittman, M735 Sam Pfenning, M740 Roy Turner, M745 Wayne Bennett, M750 Les Bleamaster, M755 Jim Mathis, M760 Paul Johnson, M765 Sid Montecino, M770 Mike Maslowski, M775 Ed Stewart, M780 Steve Ireland, M785 Andy Pittman, M790 Sam Pfenning, M795 Roy Turner, M800 Wayne Bennett, M805 Les Bleamaster, M810 Jim Mathis, M815 Paul Johnson, M820 Sid Montecino, M825 Mike Maslowski, M830 Ed Stewart, M835 Steve Ireland, M840 Andy Pittman, M845 Sam Pfenning, M850 Roy Turner, M855 Wayne Bennett, M860 Les Bleamaster, M865 Jim Mathis, M870 Paul Johnson, M875 Sid Montecino, M880 Mike Maslowski, M885 Ed Stewart, M890 Steve Ireland, M895 Andy Pittman, M900 Sam Pfenning, M905 Roy Turner, M910 Wayne Bennett, M915 Les Bleamaster, M920 Jim Mathis, M925 Paul Johnson, M930 Sid Montecino, M935 Mike Maslowski, M940 Ed Stewart, M945 Steve Ireland, M950 Andy Pittman, M955 Sam Pfenning, M960 Roy Turner, M965 Wayne Bennett, M970 Les Bleamaster, M975 Jim Mathis, M980 Paul Johnson, M985 Sid Montecino, M990 Mike Maslowski, M995 Ed Stewart, M1000 Steve Ireland, M1005 Andy Pittman, M1010 Sam Pfenning, M1015 Roy Turner, M1020 Wayne Bennett, M1025 Les Bleamaster, M1030 Jim Mathis, M1035 Paul Johnson, M1040 Sid Montecino, M1045 Mike Maslowski, M1050 Ed Stewart, M1055 Steve Ireland, M1060 Andy Pittman, M1065 Sam Pfenning, M1070 Roy 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Wayne Bennett, M2070 Les Bleamaster, M2075 Jim Mathis, M2080 Paul Johnson, M2085 Sid Montecino, M2090 Mike Maslowski, M2095 Ed Stewart, M2100 Steve Ireland, M2105 Andy Pittman, M2110 Sam Pfenning, M2115 Roy Turner, M2120 Wayne Bennett, M2125 Les Bleamaster, M2130 Jim Mathis, M2135 Paul Johnson, M2140 Sid Montecino, M2145 Mike Maslowski, M2150 Ed Stewart, M2155 Steve Ireland, M2160 Andy Pittman, M2165 Sam Pfenning, M2170 Roy Turner, M2175 Wayne Bennett, M2180 Les Bleamaster, M2185 Jim Mathis, M2190 Paul Johnson, M2195 Sid Montecino, M2200 Mike Maslowski, M2205 Ed Stewart, M2210 Steve Ireland, M2215 Andy Pittman, M2220 Sam Pfenning, M2225 Roy Turner, M2230 Wayne Bennett, M2235 Les Bleamaster, M2240 Jim Mathis, M2245 Paul Johnson, M2250 Sid Montecino, M2255 Mike Maslowski, M2260 Ed Stewart, M2265 Steve Ireland, M2270 Andy Pittman, M2275 Sam Pfenning, M2280 Roy Turner, M2285 Wayne Bennett, M2290 Les Bleamaster, M2295 Jim Mathis, M2300 Paul Johnson, M2305 Sid Montecino, M2310 Mike Maslowski, M2315 Ed Stewart, M2320 Steve Ireland, M2325 Andy Pittman, M2330 Sam Pfenning, M2335 Roy Turner, M2340 Wayne Bennett, M2345 Les Bleamaster, M2350 Jim Mathis, M2355 Paul Johnson, M2360 Sid Montecino, M2365 Mike Maslowski, M2370 Ed Stewart, M2375 Steve Ireland, M2380 Andy Pittman, M2385 Sam Pfenning, M2390 Roy Turner, M2395 Wayne Bennett, M2400 Les Bleamaster, M2405 Jim Mathis, M2410 Paul Johnson, M2415 Sid Montecino, M2420 Mike Maslowski, M2425 Ed Stewart, M2430 Steve Ireland, M2435 Andy Pittman, M2440 Sam Pfenning, M2445 Roy Turner, M2450 Wayne Bennett, M2455 Les Bleamaster, M2460 Jim Mathis, M2465 Paul Johnson, M2470 Sid Montecino, M2475 Mike Maslowski, M2480 Ed Stewart, M2485 Steve Ireland, M2490 Andy Pittman, M2495 Sam Pfenning, M2500 Roy Turner, M2505 Wayne Bennett, M2510 Les Bleamaster, M2515 Jim Mathis, M2520 Paul Johnson, M2525 Sid Montecino, M2530 Mike Maslowski, M2535 Ed Stewart, M2540 Steve Ireland, M2545 Andy Pittman, M2550 Sam Pfenning, M2555 Roy Turner, M2560 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Continued from previous page

Table with 3 columns: Name, Age, Time. Includes entries like Larry Martinez (15:15.7), Anthony Cuaron (19:45.7), Andrew Smith (14:40.7), Fred Moore (17:52.1), Joe Sutton (17:53.1), Winston Crandall (17:08.3), Paul Thompson (18:01.9), Arnold Levick (18:28.0), Melvin Bork (21:16.2), Bentley Lyon (17:40.1), Gene Dix (19:56.0), Leon L'heureux (27:07.5), Pat Llamas-Flores (23:31.8), Donna Torres (21:13.4), Lynda Thompson (23:07.9), Judy McGuire (23:12.8), Kay Steffens (21:59.5), Kathy Koehler (22:20.3), Karen Cooper (24:49.2), Hatsuko Goodson (21:04.2), Sally Tower (22:57.5).

Trojan Masters Invitational Los Angeles, CA July 15

Table with 3 columns: Name, Age, Time. Includes entries like James Bonilla (11.46), Joseph Smith (11.52), Greg Holmes (11.07), Dallas Jones (12.94), Eugene Driver (11.71), Glenn Johnson (12.00), Bill Weinstock (12.43), John Pulley (12.58), George Wong (12.8 h.t.), Juan Bustamante (12.93), Lance Pierce (13.14), Bill Knocke (12.2 h.t.), Ken Dennis (12.4 h.t.), Fred Niedermeyer (12.6 h.t.), Stan King (13.0 h.t.), Roger Tsude (13.1 h.t.), Mel Secks (no time), Dick Glasgow (12.83), Marion Sanchez (13.08), Hugh Cobb (13.71), Frank Kishi (14.01), Ed Martin (14.37), Robert Watanabe (15.91), Orville Bingley (17.51), Tom Patsalis (14.68), John Simon (17.11), David Lawyer (14.67), Bill Morales (15.46), Bob Hunt (15.67), Al Guidet (18.34), Bert Morrow (16.50), Chia-Tsung Pao (18.33), Jane Montegle (15.09), Magdalena Kuehne (16.81), Shirley Dietderich (18.36).

Table with 3 columns: Name, Age, Time. Includes entries like Joseph Smith (23.24), James Bonilla (23.74), Joe Steinman (28.77), John Arbogast (29.94), Greg Holmes (22.33), Benny Brown (22.84), Milton Qualls (23.69), Dallas Jones (25.97), Eugene Driver (22.89), Steve Hardison (23.44), Glenn Johnson (23.60), Herman Castille (24.45), Bill Weinstock (24.83), John Pulley (24.85), ? Davis (25.36), Terrance Keeney (27.75), Juan Bustamante (29.50), Bill Knocke (25.30), Fred Niedermeyer (25.60), Roger Tsude (26.80), Mel Secks (28.43), Lamar Davis (29.78), Marion Sanchez (27.64), Ed Martin (29.28), Frank Kishi (29.69), Al Escobosa (30.32), Orville Bingley (36.77), Walter Dahlin (31.11), David Lawyer (30.82), Joyce Morgiewicz (28.96), Jane Montegle (31.06), Shirley Dietderich (39.78).

Table with 3 columns: Name, Age, Time. Includes entries like Herman Duncan (52.93), Carlos Rodriguez (62.72), Milton Qualls (51.28), Foote Williams (57.51), Daniel Thompson (65.54), Eugene Driver (51.39), Ray Parker (52.58), Terrance Keeney (60.44), Dave Doerrar (58.34), Stan King (59.07), Mel Secks (61.24), John Cosgrove (61.76), Ron Banks (64.86), Louis Simms (76.94), Louis Beadle (65.93), Orville Bingley (81.46), Pete Ganahl (81.05), Joyce Morgiewicz (61.68), Cheryl Kincaide (1:53.28), Marcia Willis (1:42.29).

Table with 3 columns: Name, Age, Time. Includes entries like Jesse Clemente (1:59.58), William Hurry (2:00.64), Joe Steinman (2:22.98), Peter Mogg (1:59.21), Deryl Katcher (2:04.03), Foote Williams (2:15.51), Stephen Keyes (2:01.38), Graeme Shirley (2:02.36), Conrad Brooks (2:07.35), Ron Rook (2:20.38), Jesse Carington (2:20.73), John Cosgrove (2:24.66), Peter Stobert (2:29.82), Robert Culling (2:26.58), Lloyd McGuire (2:34.79), Louis Simms (3:04.74), Louis Beadle (2:34.22), Bob Holmes (2:34.99), Jerry Withers (2:38.58), Harold Willis (2:50.93), Don Murray (3:01.93), Orville Bingley (3:12.43), Avery Bryant (3:09.09), Joyce Morgiewicz (2:21.84), Jomi Shirley (2:25.27), Cheryl Kincaide (4:23.35), Tami Graf (3:01.88), Gerry Davidson (3:28.30).

Table with 3 columns: Name, Age, Time. Includes entries like Mike Hamilton (4:04.57), Peter Mogg (4:02.25), David Costenholz (4:03.96), Deryl Katcher (4:17.64), Ken Jewwitt (4:32.55), Conrad Brooks (4.40), Michael Smith (4.49), Simeon Baldwin (4:31.84), Alan Olson (4.33), Jim Temples (4.57), Ira Pinluk (5.41), Robert Culling (5.01), Louis Simms (6.03), Harold Willis (5.49), Avery Bryant (6.10), Marquila Zevin (5.46), Gerry Davidson (6.53).

Table with 3 columns: Name, Age, Time. Includes entries like Frank Ebner (15.47), Ray Parker (18.14), Roy Gardner (20.04), Luigi Schiavo (23.12), Nelson Crader (19.04), Louis Simms (20.26), Leonard Waite (20.06), Orville Bingley (21.49), Ray Gil (21.39), Jacob Norton (22.34), David Cohen (23.03), Cheryl Kincaide (33.40), Yvette LaVigne (20.22).

Table with 3 columns: Name, Age, Time. Includes entries like Burl Gist (14.75), Bob Hunt (15.86), Bert Morrow (17.71), John Demski (17.95), Chia-Tsung Pao (18.11), Robert Watanabe (21.20), Bill Adler (18.78), Dave Douglas (19.82), Hugh Adams (15.94), Dave Doerrar (16.73), Delario Robinson (15.49), Mike Bailey (16.56), Bernard Woolen (19.17).

Table with 3 columns: Name, Age, Time. Includes entries like Tami Graf (74.00), Bert Morrow (68.84), Bob Hunt (66.71), Pete Ganahl (66.89), Walter Dahlin (54.46), Al Sheahan (51.04), Bill Knocke (42.64), Hugh Adams (42.81), Dave Doerrar (46.36), Delario Robinson (40.79), Bernard Woolen (45.28).

Table with 3 columns: Name, Age, Time. Includes entries like So.Cal Striders (1:46.66), So.Cal Walkers (2:08.85), LA Valley (2:06.93).

Table with 3 columns: Name, Age, Time. Includes entries like So.Cal Striders (3:31.29), Stars & Stripes 'A' (3:31.73), Stars & Stripes 'B' (3:46.85), So.Cal Striders (5:07.76).

Table with 3 columns: Name, Age, Time. Includes entries like Carol Johnston (8'0), Jim Vernon (9'6), Ralph Biesmeyer (8'0), John Cleveland (8'0), Tom DeVaughn (8'0), Dave Brown (7'6).

Table with 3 columns: Name, Age, Time. Includes entries like John Demski (40), Carol Johnston (38), Burl Gist (46), Pete Ganahl (40), Jim Vernon (3'10), Walter Dahlin (48), Dave Brown (42), Jerry Silsdorf (40), Tom DeVaughn (38), Hal Wallace (44), Marion Sanchez (50), Jerry Stanners (4'11), Dave Douglass (46), Joe Durrnberger (40), Ken Freeman (42), Charlie Rader (62), Jason Meisler (68), Mel Embree (64), Ann Steekelenburg (5'1), Tami Graf (3'10).

Table with 3 columns: Name, Age, Time. Includes entries like Carol Johnston (9'6), Bill Morales (12'11), Tom Fleck (9'1), Tom Patsalis (14'9), Ed Martin (14'4), Hugh Adams (17'3), Roger Tsude (16'9), Ken Freeman (14'5), Jim Gibson (11'10), Mike Bailey (2'18), Jerry Stanners (10'3), Dave Douglas (8'6), Mike Morris (13'6), Mardon Connelly (13'0), Steve Hardison (16'6), Steve Morris (13'6), Greg Miguel (13'0).

Table with 3 columns: Name, Age, Time. Includes entries like Tracy Waite (31'7), Magdalena Kuehne (25'11), John Demski (26'8), Chas Pecurio (26'7), Tom Patsalis (31'4), Dave Jackson (35'5), Ken Freeman (24'7), Milan Tift (50'3), Joel Whitfield (37'5), John Arbogast (29'8).

Table with 3 columns: Name, Age, Time. Includes entries like Shirley Dietderich (75'11), AJ Puglitzvich (63'9), Bill Morales (142'4), Tom Fleck (100'), Al Lombardi (110'4), Del Pickerts (159'2), Phil Brusca (136'1), Ed Martin (122'7), Mike Devlin (119'), Chuck Coultis (107'5), Joe Durrnberger (66'4), Steve Wardell (130'11), David Nuttall (121'3), Warren Wilkie (176'9), Bill Weinstock (135'10), Ron Rook (126'3), Richard Rook (119'7), Mike Bailey (200'), Robert Adam (150').

Table with 3 columns: Name, Age, Time. Includes entries like Mike Bailey (51'5), Bill Pendleton (47'3), Russ Reebold (38'10), Mike Nash (46'1), Mike Deller (43'10), Jim Hart (44'7), Ken Freeman (43'5), Hal Smith (41'1), Mike Devlin (36'), Joe Durrnberger (31'8), Dave Douglass (30'8), Phil Brusca (41'7), Hal Wallace (38'1), Charlie Server (32'7), Bill Bangert (40'8), Ed Chynoweth (37'2), Jerry Silsdorf (26'4), Don Cumley (42'6), Tom Fleck (36'10), Hal Cronkhite (34'11), Jim Sullenger (31'1), Ross Carter (40'), Chia-Tsung Pao (22'2), Tom DeGroot (24'2), AJ Puglitzvich (22'11), Janet Wilson (34'2).

Table with 3 columns: Name, Age, Time. Includes entries like Janet Wilson (128'4), Cheryl Kincaide (76'3), Magdalena Kuehne (53'7), Shirley Dietderich (63'2), Mike Bailey (152'2), Russ Reebold (132'11), Mike Deller (142'11), Mike Nash (126'9), Jim Gibson (87'7), Richard Rook (77'11), Ron Rook (70'5).

Table with 3 columns: Name, Age, Time. Includes entries like Lloyd Higgins (162'5), Gary Carlson (160'), Mike Woodward (124'6), Dave Nuttall (82'3), Luigi Schiavo (54'11), Jim Hart (137'2), Hal Smith (121'10), Abe Sheinker (90'11), Ken Freeman (70'1), Ed Martin (110'1), Mike Devlin (100'6), Dave Douglass (98'5), Hal Wallace (145'9), Phil Brusca (133'4), Charlie Server (123'1), Jerry Wojcik (102'1), Bill Bangert (121'7), Bob Davidson (87'2), Jerry Silsdorf (74'10), Don Cumley (118'4), Tom Fleck (88'8), Jim Sullenger (107'), Tom Fleck (88'8), Ross Carter (121'), Burt DeGroot (80'9), AJ Puglitzvich (53'3).

Table with 3 columns: Name, Age, Time. Includes entries like David Ayon (28'17), David Sundius (34'48), Daniel Thompson (27'15), Keith Ward (23'53), Art Grant (26'23), Stuart Ray (31'02), Jesus Orandeln (26'59), Roy Nocella (30'53), Thomas Sullivan (33'06), Ken Yoshihara (28'46), Bob Meador (27'19), Hugh Pendleton (26'50), Sam Stote (30'29), Dale Duxbury (31'25), Joe Weston (30'30), Buddy Mellock (34'10), Mel Granttham (30'41), Mel Lees (33'27), Don Cotner (33'50), Bob Davidson (36'18), George Newbury (32'34), Stephanie Sundius (32'09), Kathy Blackmer (27'38), Donna Cunningham (28'01), Cheryl Kincaide (32'31), Sheila Gallinsky (33'01), Gigi Lewandowski (33'40), Joye Horowitz (29'10), Lynne Marsh (30'33), Shirley Capps (30'44), Nicki Noble (31'43), W55 Betty Ayers (37'47), W65 Jean Cotner (39'49).

TAC Western Sectional Masters Championships San Diego, July 21

Table with 3 columns: Name, Age, Time. Includes entries like Joe Smith (11.32), James Bonilla (11.34), Ken Patterson (11.77), Hayden Smith (11.20), Frank Demby (12.55), Lou Kartsonis (12.81), Stan Whitley (11.20), Ray Yeck (12.30), Bill Weinstock (12.33), Steve Robbins (12.11), Dennis Duffy (12.78), Gary Patterson (12.82), Doug Smith (12.75), Bruce Springbett (12.75), Marion Sanchez (12.75), Dick Glasgow (12.80), Gene Harte (13.57), Bob Watanabe (13.64), Charles Rice (14.65), Don Sanner (15.37), Wayne Ambrose (15.76), George Simon (16.72), Dave Lawyer (14.68), Milt Silverstein (15.23), Bert Morrow (16.88), Chia-Tsung Pao (16.87), Carmen Morrison (13.90), Nadine O'Connor (14.80), Jan Catt (15.22), Fei-Mei Chou (16.87), Shirley Dietderich (18.55), Betty Laake (28.7).

Table with 3 columns: Name, Age, Time. Includes entries like Joe Smith (22.4), James Bonilla (22.8), Efrain Caballero (24.7), Greg Holmes (22.7), Frank Demby (24.6), Rick Thoman (25.0), Stan Whitley (22.5), Herman Castille (23.8), John Pulley (24.6), Steve Robbins (24.5), Dennis Duffy (24.9), Steve Dillaway (25.3), Fred Kjer (25.5), Doug Smith (26.2), Bruce Springbett (25.6), Dick Glasgow (26.0), Marion Sanchez (26.6), Gene Harte (27.7), Jock Jocoy (31.1), Wayne Ambrose (32.8), George Simon (36.2), Dave Lawyer (29.8).

Table with 3 columns: Name, Age, Time. Includes entries like Wendy Jacob (28.8), Nadine O'Connor (29.6), Jan Catt (30.7), Fei-Mei Chou (35.8), Shirley Dietderich (39.9), Joe Smith (49.4), Pete Grimes (49.8), Bill Harry (52.4), Milt Qualls (50.84), Greg Holmes (51.46), Rick Thoman (54.78), James King (50.11), Stan Whitley (50.25), Herman Castille (54.25), John Aldridge (53.90), Dennis Duffy (54.82), Steve Dillaway (55.77), Fred Kjer (57.64), Dave Bennett (63.53), Onomatopoeia Legend (68.32), Woody Grover (61.59), Ray Graves (62.93), Jerry Dietrich (80.15), Gene Harte (62.24), Lou Beadle (64.54), Charles Rice (70.19), Bob Hunt (78.61), Joyce Morgiewicz (60.20), Wendy Jacob (66.90), Carmen Morrison (61.95), Linda Edwards (92.78), Nadine O'Connor (67.46), Tami Graf (82.56).

Table with 3 columns: Name, Age, Time. Includes entries like Neal Bojko (2:10.95), Danny Goldman (2:10.02), Foote Williams (2:14.15), Steve Keyes (2:00.59), Daryl Katcher (2:01.60), Lee Fitzgerald (2:05.63), Dennis Duffy (2:06.32), Alan Olson (2:06.91), Tyrone Nelson (2:15.55), Jesse Carrington (2:18.91), Ira Pintzuk (2:48.64), Pete Richardson (2:11.64), Lloyd McGuire (2:35.05), Lou Beadle (2:32.14), Bob Holmes (2:34.26), Dave Stevenson (2:35.44), Ray Gil (2:55.53), Pete Ganahl (3:19.10), Joyce Morgiewicz (2:17.46), Gerry Davidson (3:26.70).

Table with 3 columns: Name, Age, Time. Includes entries like Marty Kruger (4:05.7), Tom Maravilla (4:51.1), Phil Marshall (4:27.2), Garet Stark (4:45.3), Scott Hovda (4:53.4), Graeme Shirley (4:16.6), James Bond (4:35.2), Hayden Smith (4:44.5), Conrad Brooks (4:44.5), Harvey Franklin (4:23.1), David Morris (4:51.2), Pete Richardson (4:44.2), Dave Stevenson (5:12.6), Jerry Withers (5:25.5), Bob Holmes (5:41.3), Avery Bryant (5:42.3), Joni Shirley (4:56.6), Tami Graf (6:04.1), Gerry Davidson (7:02.6).

Table with 3 columns: Name, Age, Time. Includes entries like Phil Marshall (16:54.0), Scott Hovda (18:26.8), Mike Cour (16:33.8), Hayden Smith (17:03.8), Gary Kelmenson (32.00), Jim Temples (17:43.1), John Finch (17:37.0), Ray Gil (23:33.9), Rex Dietderich (23:29.7), M70 Norton Jacobs (24:17.1), Marilyn Wallach (17:22.0), Merle Helaberg (NT), Jan Catt (22:35.2), Francine Marshall (32:00), Tami Graf (22:35.8).

Table with 3 columns: Name, Age, Time. Includes entries like Pete Grimes (15.40), Andrew Hecker (19.74), Larry Sallinger (17.79), Hugh Adams (15.27), Marion Sanchez (18.55), Bill Adler (18.62), Dave Douglass (19.04), Bob Watanabe (20.50), Don Grey (23.05), Wayne Ambrose (28.69), Burl Gist (15.14), Bob Hunt (16.96), Armando Ricciardi (17.44), Bert Morrow (18.28), Chia-Tsung Pao (18.63), Christel Miller (16.08), Pete Grimes (53.21), Andrew Hecker (66.61), James King (54.54).

Table with 3 columns: Name, Age, Time. Includes entries like Hugh Adams (62.11), Bob Morgan (66.41), Marion Sanchez (66.39), Al Sheahan (71.39), Bob Watanabe (52.71), Wayne Ambrose (60.81), Bob Hunt (61.20), Pete Ganahl (65.32), Bert Morrow (68.27).

Table with 3 columns: Name, Age, Time. Includes entries like Mike Green (10:57.21), Dan McCaskill (11:03.82), Luigi Schiavo (15:17.48), Dave Stevenson (7:55.83), Roger Martin (9:02.45), Harold Willis (9:12.77).

Table with 3 columns: Name, Age, Time. Includes entries like Leo Williams (6-8 1/2), Charlie Rader (6-2 1/2), Larry Sallinger (5-3), George Davies (4-11), Dick Hotchkiss (5-3), Marion Sanchez (4-7), Ray Fitzhugh (4-5), Dave Douglass (4-3), Hal Wallace (4-1), Don Grey (3-5), Jim Johnson (4-1), John Cleveland (3-1 1/2), Tom DeVaughn (3-5 1/2), Burl Gist (4-3), Armando Ricciardi (3-11 1/2), Pete Ganahl (3-7 1/2), Win McFadden (3-1 1/2), Anna Steekelenburg (5-1), Tami Graf (4-9), Fei-Mei Chou (3-3 1/2), Shirley Kinsey (3-3 1/2).

Table with 3 columns: Name, Age, Time. Includes entries like Mike Hogan (15-9), Jim Williams (15-0), Greg Hull (13-0), Warren Wilke (13-6), Steve Morris (13-6), Mike Morris (13-0), Mardon Connelly (13-0), George Davies (12-6), Ray Fitzhugh (9-0), Hal Wallace (9-0), Don Grey (8-0), John Cleveland (8-0), Jim Johnson (8-0), Tom DeVaughn (8-0), Jim Vernon (9-0), Armando Ricciardi (8-0), Jack Angelman (6-6).

Table with 3 columns: Name, Age, Time. Includes entries like Bill Williams (21-8 1/2), Hiram Febles (20-9 1/2), Ken Patterson (17-4 1/2), Andrew Hecker (17-1), Bob Maseratti (16-1 1/2), Doug Tanabe (19-3 1/2), Jim Manor (17-7 1/2), Hugh Adams (17-0 1/2), Onomatopoeia Legend (15-6 1/2), Ray Graves (16-8 1/2), Ray Fitzhugh (14-1 1/2), Woody Grover (13-11 1/2), Don Gray (10-8 1/2), Jim Johnson (13-3 1/2), Baruch Elias (13-1 1/2), Bill Morales (12-10 1/2), Win McFadden (8-6 1/2), Christel Miller (12-0), Shirley Kinsey (9-4 1/2), Betty Laake (4-0 1/2).

Table with 3 columns: Name, Age, Time. Includes entries like Dan O'Connell (37-9 1/2), Ken Patterson (36-5), Andrew Hecker (34-1), Milan Tiff (49-10w), Joel Whitfield (39-4), Jim Manor (36-6), Ononatap'a Legend (31-9 1/2), Baruch Elias (28-10 1/2), Jim Johnson (27-8), Charles Mercurio (25-8), Win McFadden (20-7), Christel Miller (24-8).

Table with 3 columns: Name, Age, Time. Includes entries like Bob Maseratti (29-6 1/2), Mike Nash (47-11), Mike Deller (44-2 1/2), Chris Jordan (37-7), George Davies (37-7 1/2).

Table with 3 columns: Name, Age, Time. Includes entries like Dick Hotchkiss (45-7 1/2), Karl Mayer (44-3 1/2), Jim Steitle (41-5), Bob Feaster (36-9 1/2), Mike Devlin (34-4 1/2), Dave Douglass (29-10).

Table with 3 columns: Name, Age, Time. Includes entries like Harry Hawke (43-11), Hal Wallace (37-3), Tom Hill (30-0), Jim Lathers (24-7 1/2), Tom Flack (34-2 1/2), Jerry Siefert (32-4 1/2), Armando Ricciardi (31-6).

Continued from previous page

Table with 2 columns: Name and Time. Includes entries like M75 Jim York 34-24, Bob Boucke 31-84, Charles Roloff 29-74, M80 Burt DeGroot 24-8, W35 Janet Wilson 33-5, W40 Cheryl Kincaide 21-1.

SHOT PUT (3kg)
W55 Fei-Mei Chou 19-94

DISCUS (2kg)
M35 Bob Maseratti 78-8
M40 Mike Deller 148-9
Mike Nash 125-4
Gary Hermanson 114-9
M45 Gary Carlson 167-11
Lloyd Higgins 164-2
George Davies 112-0

DISCUS (1.5kg)
M50 Richard Hotchkiss 150-5
Karl Mayer 140-8
Jim Steitle 126-7
M55 Mike Devlin 108-2
Dave Douglass 92-1

DISCUS (1.0kg)
M60 Larry Hawke 165-4
Hal Wallace 140-7
Tom Hill 106-10

HAMMER (16 lb.)
M40 Mike Deller 151-11
Gary Kelmenson 137-10

HAMMER (6kg)
M50 Richard Hotchkiss 142-0
Abe Sheinker 109-5
M55 Dave Douglass 111-4

HAMMER (5kg)
M60 Jerry Wojcik 107-10

HAMMER (4kg)
M75 James York 91-8
Bob Boucke 75-7

JAVELIN (800g)
M40 Joe Greenberg 195-4
Warren Wilke 171-2
Bill Weinstock 139-10
M45 Lloyd Higgins 167-5
M50 Larry Stuart 200-9
Karl Mayer 148-4
Hal Smith 121-6
M55 Phil Conley 166-6
Mike Devlin 119-4
Ray Fitzhugh 106-6

JAVELIN (600g)
M60 Don Grey 102-0
Jock Jocoy 86-7
M70 Bill Morales 132-6
Tom Flack 108-7
Jerry Siefert 107-6
M75 Charles Roloff 87-4
Bob Boucke 54-2
M95 Tom Lane 35-11
W30 Regina Steele 127-11
W40 Linda Edwards 111-8
W45 Fran Conley 93-9

JAVELIN (400g)
W50 Patty Devlin 57-8
W55 Christel Miller 97-5
W60 Shirley Dietderich 81-0
Shirley Kinsey 68-0
W65 Renee Roloff 55-6

5000 WALK
M35 Andrew Hecker 27:40
M40 Keith Ward 23:25
Andy Smith 23:34
Ed Bouldin 25:08
M45 Ray Nocella 30:26
M50 Bob Kleppe 29:33
Ron McMullin 33:59
M55 Bob Meador 27:03
M60 Tom Hill 32:15
M65 Don Cotner 33:40
Bob Davidson 35:24
M70 Jorge Newberry 32:25
M75 Bob Rice 42:51
W35 Kathy Blackmer 26:44
Helen Hoover 32:06
W40 Donna Cunningham 27:42
Cheryl Kincaide 32:09
W45 Jolene Steigerwalt 30:56
Carol Pierce 33:17
Lucille Shoemaker 36:24
W50 Jaye Horowitz 28:17
Nicki Noble 31:29
Tami Graf 38:16
W65 Jean Cotner 38:17
Mary Rice 39:23

NORTHWEST
Montana State Sr. Olympics
Billings, July 22

Table with 2 columns: Name and Time. Includes entries like M50 Russell Miller 7.91, John Christian 8.27, Roger Mack 8.82, 55 Robert Graham 8.24, 100 Russell Miller 12.83, John Christian 13.63, Lee Anderson 13.84, 55 Robert Graham 14.35, Richard Moore 15.93, 70 Esp Gilliland 18.91.

110M
55 Robert Graham 18.68
200
50 Russell Miller 27.59
Roger Mack 29.7
Art Reno 30.57
55 Richard Moore 33.13
60 B.J. Smith 35.58
65 George Cross 36.94
400
55 Richard Moore 1:17.57
400H
55 Robert Graham 1:12.4
800
50 James Steckel 2:52.64
Robert Madpath 3:24.06
1500
50 Bill Barry 5:38.69
James Steckel 5:40.46
Lee Anderson 6:41.29
5000
55 Bill Foukl 17:42.5
5000Walk
70 Esp Gilliland 37:49.65
10000
55 Bill Foukl 36:38.31
4x100
Rhode, Barry, Anderson, Graham 57.77
50 Rex Roe 19:18.3
55 Larry Means 20:53.9
Ziggy Ziegler 22:01.5
60 Olie Harker 23:38
10K
50 Bill Barry 41:23.3
Ronald Bender 49:58.9
55 Ziggy Ziegler 47:23.9
Marathon
60 Fran Harrington 2:05:07.1

Discus
55 Harold Rhode 93'10 1.5k
65 Don F. Favolacci 117' 1k
70 Manuel White 132'2" 1k
Javelin
50 Russell Miller 171'13"
55 Harold Rhode 91'11"
65 Don F. Favolacci 106'17"
70 Manuel White 131'10"
Long Jump
50 Lee Anderson 15'13"
55 Robert Graham 13'14"
65 Gene Harn 10'14"
George Cross 9'7"
Triple Jump
55 Robert Graham 27'

Shot Put
50 Roger Mack 33'7"
55 Harold Rhode 34'33"
60 B.J. Smith 32'8 3/4"
70 Manuel White 36'8 3/4"
Hammer
70 Manuel White 94'11 1/2"
High
50 John Diggs 4'2"
55 Harold Rhode 4'6"
65 Gene Harn 3'10"
70 Manuel White 4'
Tom Ragan 3'11"
Women
60
50 Peggy Steckel 12.63
55 Iona Schmidt 10.83
100
55 Iona Schmidt 17.8
5000Walk
50 Peggy Steckel 38:16.9
70 Dottsie Chockley 50.6

50 Sharon Fred 22:54.4
60 Kathy Fricket 34:22.9
65 Irene Ralle 31:16.4
10K
55 Kay Newman 1:02.2

NW Sectional Championships
July 27-28
Gresham, OR
*World Record
**American Record
@Meet Record
100 METERS
W80 M. SALISBURY 33.9
W70 IRENE CRANE 21.89
W55 RITA KERR 16.7
W50 MARTI THIELMAN 16.32
LAURA STEPAN 19.97
W45 LINDA TUCKER 16.2
ROSE SCHELENITZ 16.4
W40 SHARON SPERLING 0:14.2
LINDA JACKSON 15.5
EVILYN BOWNEY 18.3
W30 LINDA FARMELE 13.9
M90 BUELL R. CRANE 30.69
M80 MARK SHINKOSKY 19.88
M60 LOREN SWANSON 14.4
TOM HORNWOOD 14.5
ALLEN MAXWELL 14.8
M70 DAN BULKLEY 14.9
M60 ORVILLE ADAMS 17.6
M55 J.C. HOFFMAN 12.95
KANE, DON 13.0
SCHELENITZ, JIM 13.55
JACK T. COY 13.71
JOHN NELSON 14.4
M50 ROBERT MILLER 12.2
FRED NIEDERMAYER 12.2
STAN SPOSITO 12.8
PAUL STEFAN 13.7
M45 PAUL EDENS 12.2
RON JENSEN 12.3
JOE A. JOHNSON 12.4
LARRY MATHEWSON 13.3
JOHN HANAN II 13.8
ROBERT GENT 13.8
BRYAN FENDRICH 23.7

200 METERS
W80 M. SALISBURY 1:31.6
W55 RITA KERR 0:35.21
W50 MARTI THIELMAN 33.91
LAURA STEPAN 41.3
W45 ROSE SCHELENITZ 35.69
W40 SHARON SPERLING 0:30.03
LINDA JACKSON 32.11
M80 MARK SHINKOSKY 0:43.43
M70 DAN BULKLEY 0:31.33
M60 TOM HORNWOOD 30.93
M55 J.C. HOFFMAN 26.13
JIM SCHELENITZ 27.45
JACK T. COY 27.90
M50 FRED NIEDERMAYER 25.55
PAUL STEFAN 27.66
BYRON ARTHUR 28.95
M45 JOE A. JOHNSON 24.88
RICH TUCKER 25.07
RON JENSEN 25.28
JOE THIELMAN 25.88
ROGER LARSON 30.49
M40 MIKE BARMACHE 25.68
M35 BRIAN D. VALLEY 24.01
M30 BILLY MCKINNEY 22.79
DENNIS CARLINE 23.71
400 METERS
W80 M. SALISBURY 3:55.3
W70 IRENE CRANE 0:148.6
W55 RITA KERR 0:79.0
W50 MARTI THIELMAN 86.6
W40 KATY HOLMSTROM 69.5
MAY ELLEN SMITH 71.9
M70 DAN BULKLEY 69.6
M65 MADAN, BUTRAL 82.1
M55 J.C. HOFFMAN 59.9
DON KANE 60.8
G. CEAMANSKI 65.6
M50 FRED NIEDERMAYER 57.9
ROBERT MILLER 58.6
LEW THORNE 59.4
DONALD FETING 61.8
PAUL STEFAN 62.6
M45 RICH TUCKER 62.36
RON JENSEN 56.6
JOE THIELMAN 57.7
EMIL TORQUATO 58.6
NED MANHARTEN 67.4
ROGER LARSON 68.1
M40 ROBERT BUEHL 58.0
ARCHIE GEORGE 58.5
FRANK LULICH 59.0
M35 BRIAN D. VALLEY 54.2
STEVE BROWN 55.3
JIM HIEBERT 57.6
M30 BEN INMAN 53.5
800 METERS
W55 RITA KERR 3:07.0
SUSAN MEANS 3:21.2
W50 BECKY SISLEY 3:12.1
JULES TRIGUERIO 2:25.7
BARBARA BALLARD 2:32.2
KATY HOLMSTROM 2:39.9
MARY RUSSELL 3:11.9
TAMARA TEUSCHER 3:11.9
M70 DAN BULKLEY 2:53.99
M60 TOM BRINTON 2:25.17
M55 RALPH MILLER 2:16.55
DON KANE 2:29.87
G. CEAMANSKI 2:32.66
ARLIE RUDY 2:50.10
STEVE ODWIN 2:16.07
KEN OGDEN 2:23.01
CAL ALSEBEN 2:25.86
VAL SCHULTZ 2:32.54
M45 RICH TUCKER 0:202.68
DON MCMILLAN 2:08.56
RON JENSEN 2:28.44
ROBERT A. RYAN 2:51.58
M40 STEVE BOYER 2:05.44
GARY RUST 2:06.21
AL BECK 2:10.58
M35 PAT FALMADGE 2:02.7
ROBERT BRUSTAD 2:10.3
JIM HIEBERT 2:14.6
M30 PAUL A. FRAGUA 1:58.7
JOHN TEUSCHER 2:19.0
1500 METERS
W80 M. SALISBURY 16:33.7
W55 SUSAN MEANS 6:45.0
W40 JULES TRIGUERIO 05:03.4
MARY ELLEN SMITH 5:09.7
BARBARA BALLARD 5:13.4
NANCY SHARFF 5:29.7
W30 MARY RUSSELL 5:22.5
M60 TOM BRINTON 5:10.2
DAVID STEVENSON 5:11.9
M55 ARLIE RUDY 5:22.7
FRED BARRETT 6:26.9
M50 CAL ALSEBEN 4:48.9
JIM BEVINS 4:52.1
KEN OGDEN 4:53.3
M40 ARCHIE GEORGE 4:19.1
STEVE BOYER 4:21.5
AL BECK 4:34.4
GARY TRIGUERIO 4:34.4
PHIL FREEMAN 4:35.7
PAUL FREEMAN 5:01.0
M35 JIM HIEBERT 4:24.4
M30 PAUL A. FRAGUA 4:05.4
TOBY KEADY 4:44.6
TONY CRAWFORD 4:47.1
3000 METERS
W65 JEAN MITCHELL 0:16:42.5
W40 EVILYN BOWNEY 14:21.7
M70 R. MERLE PALMER 16:02.6
M60 DAVID STEVENSON 0:11:33.8
M55 JOHN HEPNER 10:31.49
RUDY ARLIE 11:58.7
M50 JIM BEVINS 0:10:36.04
VAL SCHULTZ 10:36.38
M45 TIM JOSLIN SR. 09:59.55
M40 AL BECK 9:39.58
GARY TRIGUERIO 9:58.63
PHIL FREEMAN 10:11.86
JOEL ESTEIN 10:28.25
M35 BERNARD RATE 9:45.29
RON DIMMERMAN 11:44.78
M30 MARK WEINER 9:38.63

5000 METERS
W40 EVILYN BOWNEY 024:35.3
W45 RITA RODDER 24:27.78
W65 HELEN LACEMAN 028:35.3
M45 BOB WILLIAMS 17:40.35
ROBERT A. RYAN 20:38.49
M40 PAUL FREEMAN 19:28.85
M35 JOHN ALBERT 16:25.99
80 METER HURDLES
W50 BECKY SISLEY 0:16.42
100 METER HURDLES
W30 LINDA FARMELE 0:18.1
M65 BUTRAL MADAN 23.2
M60 LOREN SWANSON 0:18.3
ALLEN MAXWELL 18.49
R. HORNQUIST 19.1
110 METER HURDLES
M50 LEW THORNE 0:15.91
M45 ELDON GARNER 21.5
M40 HARVEY BAKER 19.9
ROBERT BUEHL 17.1
300 METER HURDLES
M65 BUTRAL MADAN 0:71.12
2000 METER STEEPCHASE
W45 ROBIN VILLA 09:12.4
3000 METER STEEPCHASE
M60 DAVID STEVENSON 12:49.4
M55 JOHN HEPNER 0:11:34.8
M40 GORDON OVERBYE 11:15.1
M35 JOHN MCULTY 12:09.7
2000 METER WALK
W50 BETTIE HEPNER 15:39.6
W45 CAROLYN KORTGE 0:11:14.1
W40 JUDY HELLER 0:11:39.4
SANDIE SHIREY 12:14.6
KATIE SALLOS 15:40.1
W35 ODDING MARGIE 14:25.1
W30 JULIE OEBRON 10:59.8
W80 M. SALISBURY 10:46.5
M70 DON JACOBS 16:06.1
M65 JOE MALLON 0:12:42.5
JOHN BROWN 12:47.5
M45 MARVIN DORN 0:10:00.5
JOHN HANAN II 10:20.8
BOB BREWER 10:56.2
M40 JOEL ESTEIN 9:38.0
JOE A. JOHNSON 11:37.9
M35 DAVID MCNATY 11:12.0
EDWIN THOMPSON 11:37.9
HIGH JUMP
W50 BECKY SISLEY 04'01"
M90 BUELL R. CRANE 03'05"
M70 MARTIN WARNER 3'05"
M65 ROY ATHERTON 3'10"
GILBERT YOUNG 3'10"
BUTRAL MADAN 3'08"
M60 LOREN SWANSON 4'04"
PHIL WALDEN 2'11"
M55 KERN WYATT 05'00"
JERRY NEWCOMB 4'04"
M50 TOM WHITE 4'00"
M45 PHILLIPS, AL 5'04"
AKERMAN, MIKE 5'02"
JOE A. JOHNSON 5'00"
JOHNSTON, EDWIN 5'00"
ROBERT GENT 4'10"
JACK KONDRASUK 4'06"
M40 DENNIS OLAPSON 5'08"
JERRY CASH 5'04"
FRANK LULICH 5'02"
M35 ROY ATHERTON JR. 5'08"
M30 BILLY MCKINNEY 5'08"
DENNIS CARLINE 5'06"
TOBY KEADY 5'00"
POLE VAULT
M65 DON GROSH 9'03"
M60 R. HORNQUIST 9'00"
M55 DON GRAY 9'06"
ALLEN MORRIS 8'06"
M50 TERRY CANNON 0:11'01.25
GARY ISHAM 9'00"
M45 RICHARD STEFF 12'00"
LARRY HOLMES 12'00"
BRIAN BERGEMANN 11'01.25
EDWIN JOHNSTON 10'06"
MIKE NIKOS 14'00"
M40 JOSEPH P. PFISTER 13'00"
JOHN PATTERSON 12'09"
LONG JUMP
W30 LINDA FARMELE 15'0.5
W50 BECKY SISLEY 13'5.5
M75 CLARANACE TRANANELL 11'1"
JOHN SATTI 11'02.25
M65 BUTRAL MADAN 12'03.75
STAN FEDERMAN 11'04"
ROY ATHERTON 10'10.5
M60 ALLEN MAXWELL 13'10.25
LOREN SWANSON 13'09"
ORVILLE ADAMS 10'04"
PHIL WALDEN 9'08.5
M55 D. SKARTYEDT 14'10.75
FRED BARRETT 11'07.5
M50 STAN SPOSITO 16'06.75
M45 DICK REX 18'00"
ROBERT GENT 13'02"
M40 ROBERT BUEHL 19'01.25
DON WILLIAMS 14'07"
M35 WING T. MAN 17'11.25
PAUL ELLISON 17'08.25
M30 MIKE LARISA 20'04"
TRIPLE JUMP
W50 BECKY SISLEY 027'11.5
M90 BUELL R. CRANE 0:18'01"
M65 BUTRAL MADAN 25'11.25
ROY ATHERTON 21'10.75
M60 LOREN SWANSON 28'05.5
PHIL WALDEN 17'02"
JOHNSTON, EDWIN 33'00.75
M40 DON WILLIAMS 27'09"
M35 PAUL ELLISON 33'07.5
M30 MIKE LARISA 46'06.75
SHOT PUT
W80 M. SALISBURY 10'03"
M60 PAT OSBORN 021'04"
W55 PELLIS ADAMS 019'02"
MELLISA BUCHAN 18'10.25
W50 BECKY SISLEY 25'08.25
MARTI THIELMAN 23'02"
W45 LINDA TUCKER 24'11.75
SHARON SHEFFIELD 17'01.25

800 METERS
W55 RITA KERR 3:07.0
SUSAN MEANS 3:21.2
W50 BECKY SISLEY 3:12.1
JULES TRIGUERIO 2:25.7
BARBARA BALLARD 2:32.2
KATY HOLMSTROM 2:39.9
MARY RUSSELL 3:11.9
TAMARA TEUSCHER 3:11.9
M70 DAN BULKLEY 2:53.99
M60 TOM BRINTON 2:25.17
M55 RALPH MILLER 2:16.55
DON KANE 2:29.87
G. CEAMANSKI 2:32.66
ARLIE RUDY 2:50.10
STEVE ODWIN 2:16.07
KEN OGDEN 2:23.01
CAL ALSEBEN 2:25.86
VAL SCHULTZ 2:32.54
M45 RICH TUCKER 0:202.68
DON MCMILLAN 2:08.56
RON JENSEN 2:28.44
ROBERT A. RYAN 2:51.58
M40 STEVE BOYER 2:05.44
GARY RUST 2:06.21
AL BECK 2:10.58
M35 PAT FALMADGE 2:02.7
ROBERT BRUSTAD 2:10.3
JIM HIEBERT 2:14.6
M30 PAUL A. FRAGUA 1:58.7
JOHN TEUSCHER 2:19.0

110 METER HURDLES
W50 BECKY SISLEY 0:16.42
100 METER HURDLES
W30 LINDA FARMELE 0:18.1
M65 BUTRAL MADAN 23.2
M60 LOREN SWANSON 0:18.3
ALLEN MAXWELL 18.49
R. HORNQUIST 19.1
110 METER HURDLES
M50 LEW THORNE 0:15.91
M45 ELDON GARNER 21.5
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ROBERT BUEHL 17.1
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M45 RICHARD STEFF 12'00"
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LONG JUMP
W30 LINDA FARMELE 15'0.5
W50 BECKY SISLEY 13'5.5
M75 CLARANACE TRANANELL 11'1"
JOHN SATTI 11'02.25
M65 BUTRAL MADAN 12'03.75
STAN

Continued from previous page

Table with 3 columns: Name, Country, Time. Includes entries like M50 H Wodarz FRG 2:06.80, M60 U Mattsson FIN 2:18.33, M65 B Neilsen GBR 2:34.38.

Table with 3 columns: Name, Country, Time. Includes entries like M40 P Browne GBR 4:07.33, M45 J Potts GBR 4:14.89, M50 J McNamee IRL 4:17.67.

Table with 3 columns: Name, Country, Time. Includes entries like M40 R Martas POR 15:07.67, M45 D Fuerie FRG 15:39.76, M50 J Kurz FRG 15:46.99.

Table with 3 columns: Name, Country, Time. Includes entries like M40 R Martas POR 31:15.2-31:41.89, M45 I Veith ITA 33:04.19, M50 J Kurz FRG 33:34.31.

Table with 3 columns: Name, Country, Time. Includes entries like M40 C Mountrouge FRA 15.45, M James GBR 16.00, R Frinnes NOR 16.21.

Table with 3 columns: Name, Country, Time. Includes entries like M45 M Malatidis GRE 15.62, P Udelhoven FRG 16.00, F Marchesi SUI 16.23.

Table with 3 columns: Name, Country, Time. Includes entries like M40 E Peterke FRG 55.75, R Franines NOR 58.08, F Spotak TCH 58.83.

Table with 3 columns: Name, Country, Time. Includes entries like M40 M Sisovsky TCH 9:20.46, S Kyne HOL 9:30.85, V Aristov URS 9:35.51.

Table with 3 columns: Name, Country, Time. Includes entries like M40 J Forst FRG 17.28, J Pries FRG 15.05, C Ivolka TCH 14.96.

Table with 3 columns: Name, Country, Time. Includes entries like M40 J Major HUN*2.07, J Torring DEN 2.00, D Prezlj YUG 1.95.

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Table with 3 columns: Name, Country, Time. Includes entries like W45 U Stelling FRG 1.46, C Haeuser FRG 1.45, E Springmann FRG 1.45.

Table with 3 columns: Name, Country, Time. Includes entries like M40 J Veisz HUN 4.60, F Johansen DEN 4.40, V Makela FIN 4.40.

Table with 3 columns: Name, Country, Time. Includes entries like M40 M James GBR 6.85, A Hobrov URS 6.65, H Bohrmann FRG 6.50.

Table with 3 columns: Name, Country, Time. Includes entries like M40 R Kick FRG 13.87, M James GBR 13.75, F Bourbonneux FRA 13.30.

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Table with 3 columns: Name, Country, Time. Includes entries like M60 R Rzenhak FRG 56.94, M65 E Antilla FIN 47.20, M70 L Tamminen FIN 44.20.

Table with 3 columns: Name, Country, Time. Includes entries like M40 J Zarnis URS 68.80, R Lange FRG 67.76, J Brandt GDR 66.04.

Table with 3 columns: Name, Country, Time. Includes entries like M40 H Mentink HOL 2:33:26, T Olinpio POR 2:34:05, W Maertens FRG 2:35:15.

Table with 3 columns: Name, Country, Time. Includes entries like M40 V Semonov URS 21:29, K Tyse NOR 21:42, R Care GBR 22:35.

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Table with 3 columns: Name, Country, Time. Includes entries like M55 V Lykov URS 1:42:58, A Nokella FIN 1:43:27, M60 D Fotheringham GBR 1:52:59.

British Veterans Track & Field Championships Glasgow, Scotland July 14-15

Table with 3 columns: Name, Country, Time. Includes entries like M40 G McNeill 11.6, D. Pickering 11.8, P. Burns 11.9.

Table with 3 columns: Name, Country, Time. Includes entries like M40 B. Townley 24.1, Burns 24.5, Taylor Burton 24.6.

Table with 3 columns: Name, Country, Time. Includes entries like M40 P. Browne 51.7, J. Charlton 53.5, Thomas 52.3.

Table with 3 columns: Name, Country, Time. Includes entries like M40 R. Minting 2:01.5, P. Molloy 2:01.9, D. Spencer 2:02.7.

Table with 3 columns: Name, Country, Time. Includes entries like M40 I. Elliot 4:07.6, P. Duhig 4:10.3, Molloy 4:11.8.

Table with 3 columns: Name, Country, Time. Includes entries like M40 P. Banks 15:01.2, B. Emerson 15:04.2, K. Church 15:07.0.

Table with 3 columns: Name, Country, Time. Includes entries like M40 Banks 31:00.2, Whitfield 31:10.8, Youngson 31:39.2.

Table with 3 columns: Name, Country, Time. Includes entries like M40 W. Carman 16.5, Philcox 18.6, Vernon 12.1.

Table with 3 columns: Name, Country, Time. Includes entries like M40 T. Wells 15.7, M. Corden 16.7, B. Ferguson 16.6.

Table with 3 columns: Name, Country, Time. Includes entries like M40 J. Ross 45.1, J. Barron 46.5, C. Shaflo 47.0.

Table with 3 columns: Name, Country, Time. Includes entries like M40 Fitzgerald 1.78, James 1.73, Charles 1.38.

Continued from previous page

W35	Thompson	4.96
W40	Wills	5.03
W45	Charles	4.48
W50	Graham	4.23
W65	Wixey	3.40

Triple Jump		
M40	James	13.04
	Fitzgerald	12.82
	Corden	11.65
M50	Chapman	10.28
M55	Day	9.50
M60	Kalital	10.26
M70	Philcox	8.29
W35	Thompson	9.35
W40	Hogg	8.46
W45	Charles	6.98
W65	Wixey	6.18

Shot Put		
M40	Griffin	13.00
	Renshaw	12.20
	Corden	11.70
M45	Scott	12.59
	Roper	11.48
M50	Walters	12.65
	Freebairn	12.48
	Jones	11.53
M55	Telford	11.77
M60	Watson	11.28
	Woods	10.89
M65	Jenkins	8.85
M70	Metcalf	9.81
W35	Beese	12.32
W40	Terry	10.52
W50	Hulls	8.59
W55	Williams	8.93
W60	Ogden	8.45

Discus		
M40	Griffin	42.62
	Renshaw	40.08
	Lalley	38.28
M45	Leak	35.48
M50	Walters	39.02
	Freebairn	37.06
	Sykes	33.38
M55	Watson	42.22
M60	Jenskins	27.96
M70	Metcalf	26.88
W35	Beese	31.38
W40	Terry	27.98
W50	Graham	27.92
W55	Williams	22.94
W60	Ogden	22.18
W65	Wixey	13.94

Hammer		
M40	Lalley	46.10
	Griffin	40.34
M45	Scott	41.00
M50	Gentleman	45.98
	Webster	39.70
M55	Calon-Mason	44.40
M60	Watson	40.54
M65	Jenskins	31.86
	Laing	27.40
M70	Spikes	23.00
W35	Beese	31.38
W40	Terry	26.60
W45	McNab	38.12

Javelin		
M40	Corden	42.67
M45	Turner	48.34
M50	Webster	46.00
M55	Phillips	41.75
M60	Laidler	33.32
M65	Henderson	24.20
M70	Karlsson	24.38
W35	Thompson	31.44
W40	Tucker	22.78
W45	Morris	25.72
W50	Graham	30.72
W55	Williams	34.10
W60	Ogden	30.40

3000 Racewalk		
M40	Care	12:54.2
M45	Mannell	13:39.5
M50	Stevens	14:38.1
M55	Stapleford	15:46.3
M60	Worth	15:52.0
M65	Creo	16:12.2
W35	Reader	15:35.2
W40	Morrison	16:53.8
W45	Haynes	18:38.7
W60	Worth	17:00.1

5000 Racewalk		
M40	Care	23:10.1
M45	Smallwood	24:20.5
M50	Stevens	25:55.3
M55	Stapleford	27:32.9
M60	Worth	27:17.4
M65	Creo	28:00.7

LONG DISTANCE RESULTS

Please send masters race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

EAST

Bel Air Town 5K
Bethesda, MD
June 2

Overall		
	Steve Kartalia 24	14:22
	Lori Hochella 26	17:14
M40	Steve Ruckert	15:49
	Tom Luby	17:53
	Eric Gyaki	18:11
M45	Luther James	18:24
	Jim Heffner	18:29
	Bill Fornoff	19:08
M50	Dave Whitten	18:29
	Bailey Clair	19:19
	Bob Farmer	19:51
M55	Wayne Furness	24:07
	Gerald Rebbert	24:17
M60+Don Farmer		24:28
W40	Edie Tress	20:29
	Barbara Johnson	21:39
	Gina Sirolli	22:08
W45	Dee Nelson	22:12
	Judith Taylor	23:15
	Marjean Apland	24:03
W50	Jo-Wright Whitten	23:29
	Betty Tucker	23:44
W55	Sue Barbieri	27:06
W60+Ann Romagna		30:25

Pennsylvania Avenue Mile
Wilmington, DE
June 5

M40	Mike Riley	4:30
	Bob Terczak	4:33
	Ron Niblett	4:44
M45	Bob Bennett	4:42
	Rich Webb	4:44
	Terry Hancock	4:59
M50	Ted Straub	4:51
	John Myers	4:53
	Tom Fort	5:09
M55	Don Monagle	5:43
	Earl Butler	5:56
	Jose Garcia	6:06
M60+Bart Holm		5:50
W40	Ginni Elliot	5:40
	Linda Kay	6:37
	Florence Wassam	7:14
W45	Earlene Michener	5:26
	Joan Mehl	5:48
	Rachel Oren	6:41
W50	Sheila Foster	7:50
W55	Suzanne Patton	6:21
W60+Becky Yencharis		8:14

North Shore Half-Marathon
Swampscott, MA
June 23

Overall		
	Joel Rich 20	1:09:36
	Jennifer Catalan 25	1:24:20
M40	Paul Ducey	1:15:04
	Jack Norton	1:15:25
	Gus Foley 47	1:16:55
M50	Wally Kurz	1:25:55
	Ben Fudge	1:30:50
	Bob Iwanicki	1:33:44
M60	Don Ross	1:29:35
	Fred Messina	1:35:13
W40	Pam Shaw-George	1:40:10
	Stephanie Shelley	1:47:02
	Sharon Cuthbert	1:49:03
W50	Christa Curtis	1:49:02
	Marietta Weyler	1:51:05

Apple Bank Long Island
Women's 5K
Jericho-Brookville, NY
July 4

Overall		
	Rosalind Taylor 23	15:58
W40	Angela Hearn	18:01
	Eva Isaacs SWE	18:16
	Mary Ryan	19:22
	Laurene Jones	19:36
	Jacque Gow	20:24
W45	Lina Connors	19:33
	Rosemary Riccardi	21:57
	Carolyn Langford	22:59
	I Johann-Berger	NOR24:14
	Amanda Scolia	25:09
W50	Linda Acker	22:30
	Nancy Fraser	23:26
	Penny Pinsley	23:47
	Jean Bongiorno	23:49
W55	Wen-shi Yu	21:35
	Marie Mercer	25:19
	Eleanor O'Toole	25:29
W60+Sallie Festa 69		25:34
	Vera Allen	27:19
	Althea Wetherbee	28:12
	Margie Munro	28:19
	Yetta Sokol	32:25

SOUTHEAST

Camptown Races 3 Mile
Cross-Country
DeLand, FL
July 4

Overall		
	Jim Hickey 27	15:31
	Louise Drinnan 27	21:58
M35	Fred Connor	16:47
	Joe Guthrie	17:46
M40	Pat Bradley	16:55
	Ed Millaire	18:23
M45	Dick Perrin	17:21
	Phil Little	18:05
M50	Pat Zier	18:50
	Joe Rechner	19:01
M55	Frank French	25:52
M60	Jim Blount	18:34
	Lonnie Cox	28:31
W35	Gail Weitz	34:27
W40	Carolyn Floyd	24:25
	Martha Carswell	26:06
W65	Elaine Geyer	36:23

Miami RC Cross-Country
Series, Miami, FL;
July 5

Overall		
	Eric Alvarez	15:24
	Julie Weaver	18:54
M30	Roberto Castillo	15:39
	Scott Weston	16:24
M40	Al Echeverria	17:49
	Jack Wilson	18:38
M50+George Lopes		18:49
	Bert Grapin	20:41
	A Martinez	21:31
W30	Julie Weaver	18:54
	Karen Callaway	20:03
W40	Linda Sparrow	23:19
	Pam Marshall	24:38
W50+Mimi Oliveira		22:02
	Marian Snieder	39:21

MIDWEST

Lou Cox Memorial 5K
Dayton, OH; July 6

Overall		
	Steve Taylor	15:00
	Betsy Bachtel	17:59
Best Age-graded Performance:		
	Don Gammie 59	18:18/14:51
M40	Dan Sekerak	16:17
	Rich Davis	16:38
	Daniel Giner	16:53
M45	Joe Klingenberg	17:12
	Ken Prior	17:35
	Larry Crum	17:50
M50	Ron Rohrer	17:30
	Ed Mowery	20:57
	Ted Clark	21:08
M55	Don Gammie	18:18
	Richard Weidner	19:44
	Walter Blair	20:07
M60	Don Williams	19:46
	Roland Anspach	20:12
	Harry Harsha	23:27
M65	Bob Conklin	27:59
	Alan Wurstner	28:05
	Max Bundman	33:29
M70	Ed Moorman	25:43
	Norm Wooley	28:37
M75	Eugene Keller	23:28
	Joseph Abbas	33:17
W40	Janie Schul	19:56
	Ingrid Honzak	20:58
	Mackie Price	21:25
W45	Iris Black	19:10
	Kate Finney	24:17
	Linda Cooper	25:22
W50	Clair Brock	22:48
	Dorothy Potts	27:31
	Elaine Clapp	28:47
W55	Billie Stacy	23:36
	Jean Dilworth	23:42
	Adlena Bussinger	27:30
M60	Ninette Gothard	31:16
W65	Millie Bolton	30:34
W70	Vadine Koenig	30:57

Metro-Macomb Runners
3-Mile Run
Mt. Clemens, MI
July 25

Overall		
	Dan Oden	15:08
	Nicole Begin	20:58
M30	Scott Tobias	19:24
M35	Gary Platt	20:25
M40	C. Weingard	17:12
	George Geck	17:32
	Pat Wilson	17:55

M45	John Wergzyn	18:01
M50	Herb Seeger	19:52
M55	Darrell McKee	19:27
M60	Bob Pietrewski	23:58

MID AMERICA

KFOR Summer Run
Lincoln, NE
June 17

12K		
M30	Tim Dooling	38:25.5
	Dale Bradley	39:56.4
	Dave Johnson	40:57.9
M35	Topper Powers	42:35.9
	M.Chamberlin	45:21.2
	Stanton Shirk	45:41.7
M40	Gary Julin	44:05.7
	Mack McVay	44:43.5
	Robert Kapke	45:21.8
M45	Clayton Streich	49:01.8
	Ron Grauer	49:02.6
	Fred Christil	54:34.2
M50	D. Dickmeyer	47:44.5
	Dick Endacott	48:25.1
	Bill Macy	49:32.3
M60	Al Showen	55:58.0
	C. Osborne	1:02:24.3
	Bob Gloe	1:07:07.2
W30	C. Dowling	48:48.1
	Doris Lewis	49:57.2
	Karen Clark	50:08.5
W35	Valerie Oertli	54:03.8
	Deb Long	58:22.2
	Carolyn Magor	59:45.9
W40	Ardel Bengston	55:03.0
	D. Tussing	56:39.9
	Barbara Goulet	57:02.5
W45	Karen Bestful	52:01.9
	Sylvia Wiegand	59:12.7
W50	Shirley Boden	1:05:18.1
	Bonnie Maschka	1:09:58.2
	Ruth Thone	1:54:00.0

2.15 Mile

M30	J. Feyerherm	12:26.3
	Kevin Fawl	12:59.8
	Brad Roth	14:21.0
M35	Stan Lowell	13:29.4
	Jim Brester	16:25.0
	Fran Gelber	16:25.5
M40	M. Troester	13:51.1
	John Lyne	14:34.6
	D. Timperly	15:21.5
M45	D. Snyder	14:44.5
	W. Stoeger	14:48.6
	Richard Kelly	17:13.9
M50	Larry Vilda	17:12.0
	Max Klegg	17:59.2
	Dave Nicholas	18:09.6
M55	Jim McDonald	18:58.8
M60	Lloyd Hinkley	19:57.9
W30	Sheryl Lambert	18:08.3
W35	T. Wilsbusen	16:17.5
	Mary Razor	18:23.6
	Carol Brown	18:24.5
W40	M. Sutter	18:32.3
	Pam Volkmer	18:55.2
	Joyce Huff	19:23.7
W45	Esther Ortiz	20:22.4
	M.K. Fisher	26:47.3
	Janice Garner	36:36.9

Grandma's Marathon
Duluth, MN, June 23

Overall		
	Igor Braslavsky 30	2:18:12
	Jane Welzel 35	2:33:25
M40-49		
	Kjell-Erik Stahl SW	2:21:29
	Robert Schlaw SC	2:28:18
	Harry Cottrell MN	2:33:16
	Dennis Grantz MI	2:40:29
	Chas Possin WI	2:41:46
	Roger Pekuri MN	2:41:47
	Jared Mondry 48 MN	2:44:18
M50-59		
	Robert Nelson UT	2:41:22
	Greg Osmun MI	2:46:05
	Ted Tetzlaff 55 WI	2:54:55
	Myron Anderson MN	2:55:22
	Arlen Sunn MN	2:57:16
	James Saari MN	3:01:00
M60-69		
	Alex Ratelle 65 MN	3:06:35
	Bill Galbrecht MN	3:18:19
	Joe Powers IL	3:20:16
	Marv Anderson WI	3:24:58
	Jack Hoskins MI	3:28:14
M70+		
	Leo Hardung MN	4:14:59
	Frank Ruebl WI	4:27:54
	Clayton Moran 75 FL	4:51:25
W40-49		
	Susan Havens WA	2:54:45
	Adrian Lilburn FL	3:00:56
	Cheryl Ralya NY	3:03:14
	J Arenz-Pearson MN	3:21:48
W50-59		
	Barbara Miller CA	3:08:21
	Joan	

Continued from previous page

NORTHWEST

Goodwill Games Marathon
Seattle, WA
July 21-men; July 22-women

Overall		
Dave Mora	US	2:14:49
Sonia Ivanova	USSR	2:34:37
M40 David Shafer		2:42:48
John Hahn		2:46:14
Don Frame		2:46:58
Don Hill		2:48:02
Dave McKinney		2:49:09
M45 Ali Chalal		2:37:51
C Berthiaume		2:43:41
Toby Skinner		2:46:55
Steve Darci		2:48:35
Art Knapp		2:53:33
M50 Herb Phillips	CAN	2:46:16
Ron Behrman		2:51:07
Rich Wootton		3:00:46
Graham Harris		3:04:19
M55 Lary Webster		2:59:50
Bill Iffrig		3:04:53
Mel Preedy		3:09:03
Clyde Sparks		3:18:19
M60 Bob Dolphin		3:20:42
George Lundin		3:26:46
John Rouse		3:28:35
M65 Joe Cusic		3:35:35
John Cahill		3:49:04
Albert Nakata		3:49:59
M70+Harold Copeland		4:24:25
Grant Valentine		4:29:25
Matt Miller		4:46:46
Andy Webster	76	5:15:32
M40 Nadia Gumarov	USSR	2:49:14
Dawn Welch		3:16:57
Judy Watson		3:21:04
Eliz Kellogg		3:25:29
M45 Annelie Reuter		3:16:17
Cherie Gruenfeld		3:26:17
Toni Moen		3:30:18
Connie Robinson		3:32:24
M50 Judy Groombridge		3:33:47
Mary Miller		3:58:16
Sandra Johnson		4:00:00
M55 Wen-Shi Yu		3:20:28
Madonna Buder		3:50:28
Kathy Johnson		4:06:51
M60 Chloe Parr		4:38:41
Tamaki Mitsui		5:14:35
Tinha Anderson		6:18:24
M65 none		
M70+Fenya Crown	77	5:37:28

INTERNATIONAL

International Veterans Grand
Prix 10K/25K
Brugge, Belgium
June 23-24

--10K--		
M40 O Van Noten	BEL	32:09
G Jones	GBR	32:43
S Collis	GBR	33:05
J Gooserts	BEL	33:06
P Depret	FRA	33:46
R Charney	GBR	33:50
M45 M DeParade	GDR	33:37
J Rogga	BEL	34:39
D Wilson	GBR	34:58
A Stone	GBR	36:20
D Denton	GBR	37:10
I Wilson	GBR	37:20

M50 S James	GBR	32:57
R Dessever	BEL	33:34
F VanDenDries	BEL	34:27
E Knocksert	BEL	34:27
M55 H Rankin	GBR	34:29
I Onbekend	BEL	34:46
S Wild	GBR	36:55
D Linton	GBR	37:45
M60 L Forster	GBR	37:20
G DeBacker	BEL	37:51
H Foord	GBR	38:23
M65 R Boterberg	BEL	39:55
H Servranoka	BEL	40:11
E Joynson	GBR	43:41
M70 D Eyers	GBR	43:16
E Pauwels	BEL	44:24
A Daselaur	BEL	49:21
M75 G Porteous	GBR	45:24
M80 D Kleefstra	HOL	86:35
M Itzuka	JPN	99:59
M35 D Underwood	GBR	36:02
A Lippitt	GBR	39:11
S Schwarz	GDR	41:07
S McIntosh	GBR	47:32
M40 B Kirk	GBR	38:03
F Suter	GBR	40:42
S Cooke	GBR	41:48
S Macheleidt	GDR	46:16
M45 J Sackford	GBR	40:25
S Houghton	GBR	40:31
T Woodham	NZ	45:33
D Eichner	GDR	45:49
M50 G Johannsen		47:47
S Shaddock	GBR	48:50
M Sladden	GBR	50:46
M55 I Small	GBR	44:12
B Norrish	GBR	48:19
R Atkinson	GBR	48:36
M60 J Ross	GBR	43:37
B DePreter	BEL	45:24
E Quinton	GBR	47:05
M65 S Schwinge	GDR	51:38
R Gasteyuk	FRA	56:37
L Barnet	GBR	58:56
M70 E Watanabe	JPN	62:51
M75 H Keuchel		68:07
M Sato	JPN	95:07
Club Teams:		
Barnett & District		1:48:26
TVH		1:53:18
Dartford H		1:55:06
International Teams:		
GBR		1:38:45
Belgium		1:38:48
France		1:50:55
GDR		1:56:19
Holland		2:02:37
West Germany		2:12:09
USA		2:16:24
--25K--		
M40 A Simmons	GBR	79:27
G Urbein	BEL	82:34
J Van	BEL	82:35
M45 A Penn	GBR	86:32
M50 L Falgnart	BEL	85:45
E VanRanet	BEL	87:20
G Gee	GBR	90:35
M55 H Rank	GBR	91:36
P House	GBR	95:16
M60 L Foster	GBR	1:40:57
M65 G Deschacht	BEL	1:40:19
M70 L Traveille	FRA	2:02:45
G Schutts	GBR	2:04:56
A Osseiser	GBR	2:09:36
M75 G Porteous	GBR	1:59:39
M35 D Underwood	GBR	95:54
N Peursum	HOL	1:44:10
A Lippitt	GBR	1:47:51
M40 L DeVooght	BEL	1:42:50
P Beckett	GBR	1:45:54
M45 A Bland	GBR	1:47:24

W50 D Alfvoet	BEL	1:43:02
W55 M VanQaknberg	BEL	1:54:53
L Small	GBR	1:59:36
W60 B DePreter	BEL	2:03:09
B Forster	GBR	2:12:58
Club Teams:		
RRC (Belgium)		4:08:26
Olympic Brugge		4:34:04
GDR		4:40:14
International Teams:		
Belgium		4:08:26
GBR		4:09:49
Holland		4:38:16
GDR		4:40:14
France		4:41:40
Ireland		5:24:45

RACE WALKING

South Carolina TAC
5K Racewalk (Road)
Florence; July 14

Overall	
Bill Chelf	29:04
Talya Poston	41:58
M40 David Hale	29:32
Hernan Sabio	33:38
M45 Tom Buckland	34:57
M55 Mike Michel	31:45
M60 John Snaden	32:38
M45 Sylvia Buckland	48:40
M55 Bettie Wilson	42:09

1990 Niagara Assoc.
5K/10K Racewalk
Championships
July 22

5K Racewalk	
M40 Larry Naukam	27:26
Peter Liberti	43:18
M45 Bob Lubelski	29:04
Steve Podlas	31:57
M55 Greg Wittig	31:06
Ted Urban	32:04
Dave Stroud	35:09
M65 A. Lawrence	34:21
B. Satkowski	35:10
W30 Pam Norway	33:35
Jarzymiecki	39:41
Chruscicki	39:43
W35 Mary Dixon	36:26
W40 Carol Harty	32:22
Sandra Kite	33:21
Terry Kiel	37:15
W45 M.J. Mahnke	35:58
Nanci Podlas	37:14
W50 Helene Blok	32:14
Gerri Pedler	35:57
R. Mandell	36:11
Kastle Brill	41:32
W60 Shirley Estey	41:32

10K Racewalk	
M35 D. Lawrence	47:35
L. Stein	60:16
M40 L. Naukam	55:29
M45 B. Lubelski	58:05
Dick Bales	63:04
M55 Sam Amalo	67:32
Dave Stroud	73:55
M60 Frank Fina	58:55
W35 Susan Perkins	58:43
Karen Fina	59:08
E. Lawrence	59:08
W40 M. Chute	64:35

National T&F Meet
Indianapolis; August 5

10K WALK	
M35-39	
Lawrence Martinez	55:31
Steve Christliev	1:20:12
M40-44	
Paul Alvord	59:47
Don Howles	1:00:18
M45-49	
Jerry Lambert	1:04:15
Edward Rina	1:07:34

M55-59	
Ray Everson	1:03:42
James Spitzer	1:04:13
Jim Higgins	1:06:58
M60-64	
Bill Peet	1:03:51
Jack Shuter	1:08:54
Jack Orment	1:09:50
M65-69	
Bill Patterson	2:39:41

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, SEPT. 1990

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
SHARON BINTLIFF (HONOLULU, HI)	9- 5-35	55-59
DOLLY DOWNEY (LAKE WORTH, FL)	9-18-30	60-64
SALLY FREDERICKSON (S. GERONIMO, CA)	9-20-35	55-59
MARY LAHAIE (PENSACOLA, FL)	9-29-15	75-79
KATIE MCINTYRE (SANTA MONICA, CA)	9-29-35	55-59
KIT PICKLES (COBB, GA)	9- 5-25	65-69
MITZI PROBST (IL)	9-16-10	80-84
LILLIAN RANKIN (ST. LOUIS, MO)	9-27-25	65-69
BOBBI ROTHMAN (MILLER PLACE, NY)	9-19-45	45-49
DONNA SENSIG (MADISON, WI)	9- 9-40	50-54
EMILY WEBER (BROADVIEW, IL)	9- 1-25	65-69
ALICE WERBEL (SAN LUIS OBISPO, CA)	9-28-15	75-79
MARIA VAN AS (RSA)	9-20-20	70-74
HELGA BALZER (WG)	9-20-35	55-59
MARGARET CAHILL (AUS)	9-30-20	70-74
BRIDGET CUSHEN (GB)	9-16-40	50-54
BARBARA DUNS FORD (GB)	9-20-35	55-59
PEGGY FLETCHER (GB)	9- 5-30	60-64
IRMA KIRCHOF (WG)	9-16-40	50-54
FRIDERUN KUMMERLE-VALK (WG)	9-24-40	50-54
IRJA SARNA (FIN)	9-27- 5	85-89
JOYCE SCHMIDT (AUS)	9-15-35	55-59
ULLA SEGER (SWE)	9-17-30	60-64
JUDY VERNON (GB)	9-25-45	45-49
WILFRED BIGELOW (BERKELEY, CA)	9- 6-10	80-84
IRVING BLACK (NEW BRITAIN, CT)	9-14-30	60-64
JOHN BRENNAN (SANTA BARBARA, CALIF)	9-15-35	55-59
ARNOLD BUDD (NYC, NY)	9-10-35	55-59
SKIP DOUGHERTY (US)	9-17-30	60-64
FRED GALLARDO (RIVERSIDE, CA)	9- 7-30	60-64
MARTIN HEE (HONOLULU)	9-26-40	50-54
L. HERTER (WG)	9- 6-25	65-69
HARRY JACKSON (PHILADELPHIA, PA)	9-15-95	95-99
MAURICE MCDONALD (DURHAM, NC)	9-26-40	50-54
LAMAR MILLER (ANN ARBOR, MI)	9-13-45	45-49
JACK RICE (TAMPA, FL)	9-19-20	70-74
LLOYD SCHAEFER (AUSTRALIA)	9-23-30	60-64
WLODZIMIERZ SOKOLOWSKI (POL-NYC, NY)	9- 3-40	50-54
ROLF STRANDLI (SWE)	9-22-25	65-69
SVERRE STRANDLI (NORWAY)	9-30-25	65-69
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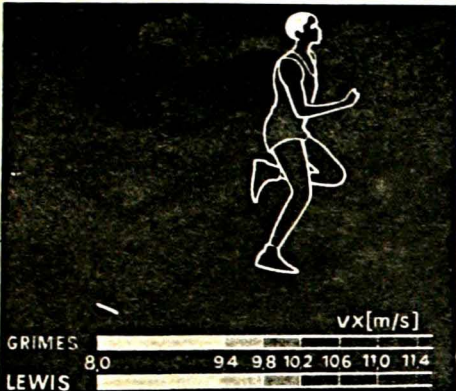
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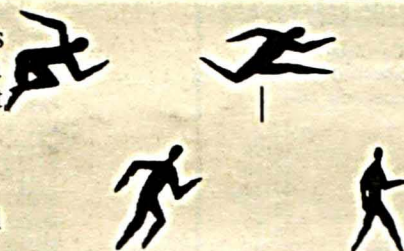
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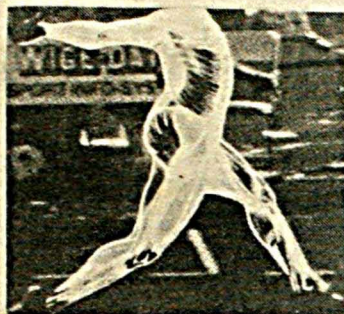
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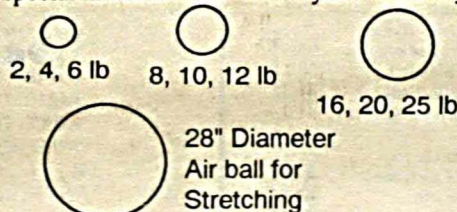


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