

NATIONAL MASTERS NEWS

The official world and U.S. publication for Masters track & field, long distance running and race walking

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5788 Athletes Take Part in 12th World Veterans Championships

South Africa Welcomes Competitors from 76 Nations to Durban

The friendliness of the South African people overcame serious early organizational problems in providing 5788 athletes from 76 nations an enjoyable time at the 12th World Veterans Athletics Championships in Durban, July 17-27.

Near-perfect weather on all but two days of the meet, plus dozens of outstanding performances by many of the world's top veteran athletes, highlighted the first-ever world athletics championships on the African continent.

The number of 5788 participants was the second-largest ever for a WAVA World Championships, surpassed only by the 12,175 competitors in Miyazaki, Japan in 1993. The total of 76 nations was second only to the record 79 countries represented in Buffalo, USA, in 1995.

Continued on page 15

Nationals Draw 1200 to San Jose

by JERRY WOJCIK

The city of San Jose, Calif., played host to the 30th annual edition of the USATF National Masters Track and Field Championships on Aug. 7-10, with the San Jose City College track serving as the competition venue.

According to the San Jose Sports Authority, the meet organizers, 1200 men and women athletes ages 30 to 90 entered. Each state, including Alaska and Hawaii, was represented. Guest athletes came from Mexico, Canada, the Netherlands, and India.

The 1200 number surpassed the 937 who competed in last year's championships in Spokane. Both meets faced close pre- or post-major meets in

Continued on page 7



Phil Raschker, W50, USA, winner of one silver and ten gold medals, 12th WAVA Championships, Durban, South Africa, July 17-27. Photo by Suzy Hess



Runners in the National Masters News Age-Graded Men's 100m, won by Payton Jordan (far left), 80, in 10.21 at the USATF National Masters Championships, San Jose, Calif., Aug. 7-10. Dick Richards, 63, lane 5, was second (10.36), and Bill Collins, 46, lane 3, third (10.54). Others are Tim Murphy, 75, lane 7; Jim Stookey, 67, lane 6; Harold Tolson, 59, lane 4; and Eugene Vickers, 36, lane 2. Photo by Jerry Wojcik

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 information that affect the world of masters athletics
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NO FALSE START RULE

I back Hank Nottingham's efforts to change the No False Start Rule. For those of you who may not know how this rule was adopted, let met explain. About ten years ago, mostly non-sprinters who were in power in the masters program at the time thought that by bringing in the No False Start Rule they could make a meet move along faster. Instead of putting the idea up to a vote by sprinters only, they took it upon themselves to decide for us and crammed it down our throats.

The rule was a help to the slow starter because it made all sprinters take a passive attitude at the start, which means that their times would be just a little bit slower than before. It also means that the U.S. masters program is out of step with all other masters programs throughout the world, WAVA, IAAF, the world championships, and the Olympics.

Since I started in the masters program in the 1960s, I've been thrown out of a race only once for a false start. It's not the false starts that make a meet drag on. It is the judges at the finish line that cause delays; it's sometimes the meet director who does not give enough time between events to take care of the number of participants; and, on occasion, it's a poor starter who is the cause of delays.

Al Guidet
California City, California

Concerning the false start item most recently addressed in your August 1997 issue, "Write On" section. the point, it seems to me, is why does Rule 262.1g (the masters exception) differ from Rule 60.13 which governs other race starting? Now for someone like myself who cannot run a lick at any distance but could have run the 10,000 faster than it took me to get through Phil Mulkey's cloudy and vitriolic letter, what was his point?

Phil Fehlen
Carlsbad, California

NATIONALS

It was great to be back competing at the Nationals. The thrill of competition and being with treasured friends is very special.

I thought the Nationals were a great success. Dean Munro and all his San Jose Sports Authority staff did a wonderful job, in my opinion. And how about those terrific USATF officials who worked such long hours all four days on our behalf? Mere words hardly seem adequate to express the gratitude everyone felt.

Payton Jordan
Los Altos, California

NASHVILLE MEET

I want to commend the Nashville Striders for the excellent meet they put on at Vanderbilt University, Tennessee, June 28. I was especially impressed that they supplied 200m splits during

the 800, which was invaluable for me in setting a PR.

Richard Jirak
Nashville, Tennessee

WELL DONE

Reading of Jerry Wojcik's retirement from the position of Track and Field Rankings Coordinator, I am moved to send along a "Well Done." He and his associates have been doing a superlative job. I go berserk dealing with 50 to 100 numbers, while those folks are successfully crunching thousands!

Bob Matteson
Bennington, Vermont



Warming down after the 5000 racewalk, Terie-Lee Taylor-Smith, 37, Seattle, 28:42.1, and Dick Zerbe, 58, Seattle, 32:16.9, USATF Northwest Regional Masters Championships, Seattle, July 19-20. Photo by Jerry Wojcik

100 Attend First Javelin in July Meet

by KEN HALL

Huntington Beach, California's Mako Track Club (with meet endorsement and sponsorship by industry implement leaders Oregon Track Equipment; Stackhouse, Inc.; Cal Track Reconditioning; and Port-a-Pit) hosted the First Annual Javelin in July Meet, at Marina High School, July 26. Exclusively designed to exhibit and sell current top-of-the-line javelin training and competition equipment, the meet featured many of history's all-time great American javelin throwers, competing in a variety of specialized javelin events.

Among the more than 100 competitors were former men's world record holder Bud Held, the first men's thrower in history to eclipse the 80-meter barrier in the event; current M50-59 masters age-group world record holder Larry Stuart, who also doubled as meet youth and open instructor; 1996 Olympian and 1997

Athens World Championship Team member Nicole Carroll; former NCAA Women's Champion Jackie Nelson-Lily; and current M65 age-group world record holder Del Pickarts.

Also in attendance were two-time Olympic bronze medalist Kate Schmidt, who set a world record of 227-5 in 1997; two-time USA Olympic team member, Donna Mayhew; and history's most notable javelin designer, Dick Held.

"I have to say that I was very impressed with the Javelin in July Festival," said Held, who drove from Phoenix, Ariz., to attend the festivities. "Dan Newmire and his team of volunteers, coaches and athletes are so good and enthusiastic, that with their continuing participation in this event, along with the possible future use of the Olympic training facility in San Diego, I am sure more potential and top throwers in all age groups would be attracted in years to come."

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Seattle Hosts 200 Masters in Regionals

by JERRY WOJCIK

Over 200 athletes enjoyed two days of competition and perfect weather in the USATF Northwest Regional Masters T&F Championships held at the recently renovated West Seattle Stadium on July 19-20. This year's Seattle Masters Classic Meet was the host meet for the 1997 championships.

Most of the entrants were from Washington and Oregon, with a large contingent of neighboring Canadians, and several athletes from out of the region from as far away as Florida. Meet records were broken or set in 75 events, and 44 regional records were improved.

In the sprints, Art Anderson, M30, Oregon, ran under 11 seconds in the 100 with a 10.8, and sped to a high-ranked 22.0 in the 200. Clyde Huntley, Washington, won the 100 (12.7) and 200 (26.2) in the M50 races, which held the largest fields in the sprints.

David Salazar, M45, New Mexico, won the 800 (2:07.2) in a strong field, and the 1500 (4:19.4). In the longer races, the standouts were M55 Herb Phillips, British Columbia, in the 5000 (17:10.3), and M30 Daniel Salazar, Washington, in the 10,000 (33:49.2).

In the hurdles, Ruth Callard, W40, Washington, won the 80m in 14.1 and the

400m with a nationally top-ranked 71.6.

Leading performers in the jumps included Jack Fischer, M65, Washington, 4-10 $\frac{1}{4}$, in the high jump, and John Patterson, M45, Oregon, 11-2, in the pole vault.

In the throws, Dan Nipp, M50, Idaho, won the shot put (46-0 $\frac{1}{4}$) and discus (155-2). Neil Saling, M60, Oregon, was also a double winner with 41-8 and 152-9, respectively.

George Mathews, M50, Washington, hit the best marks of all throwers in the hammer (6kg) with a 157-8 and super-weight (56-lb.) with a 26-10 $\frac{1}{2}$. Pauline Thomas, W45, took five gold medals in the throws, including the 20-lb. (29-6 $\frac{1}{4}$).

Floridian racewalker, Sperry Rade-maker, W55, won the 5000 in 29:29.1.

Athletes and officials were treated to a finger food and soft drink reception at the track after competition on Saturday. Ken Weinbel was the meet director, with assistance from George Mathews, Bev LaVeck, and Fred Shanaman.

The USATF Pacific Northwest Association and Seattle Parks and Recreation Department hosted the meet. West Seattle Stadium, which will undergo further refurbishing, will be the permanent home venue for future Seattle Masters Classic Meets. □



Bill Ilfrig #605, 63, Everett, Wash., M60 winner (2:43.1), and Don Kane, 65, Hillsboro, Ore., M65 winner (2:42.8), in the 800, USATF Northwest Regional Masters Championships, Seattle, July 19-20. Photo by Jerry Wojcik

Young, Welzel Maintain #1 Positions in Indy Life Circuit

Wysocki Blasts 8K Record at Bastille Day

Ruth Wysocki rewrote the record books again as she broke the U.S. and world masters 8K road records with a 26:19 at the PacifiCare Bastille Day Celebration in Newport Beach, Calif., on July 12.

At the Indy Life Circuit event, Wysocki, 40, of Canyon Lake, Calif., crushed the U.S. masters record (27:35) held by Laurie Binder. Wysocki also shaved seven seconds off the masters world best (26:26) set by Priscilla Welch in 1989.

Under near-ideal conditions in the early evening, Wysocki, a 1984 Olympian, went out fast as she hit the one-mile mark in 4:57 and two miles in 10:17. "I went out too fast the first mile, but I settled down after that. Just past three miles, the crowds gave me a real boost. I knew the world record was possible so I went for it," Wysocki said.

Hitting the four-mile mark in 21:06, she needed to run a sub-5:20 last mile to break Welch's eight-year-old record. Wysocki powered through the last mile, and the crowd celebrated with her as she broke the tape in 26:19. In addition to the records, she also earned \$1200 for her performance.

Since making her masters debut, Wysocki has shattered records wherever she toes the starting line. In three Indy Life Circuit races, she has set three U.S. records - 5K (Freihofer's Run for Women), 8K, and 10K (Azalea Trail Run) and two world bests - 5K and 8K.

"As a separate masters-only race, it was great being the main focus," said Wysocki of Bastille Day. "The cheering

people were wonderful. Priscilla Welch is a masters icon, and to break her record is a thrill."

Although Wysocki's 26:19 was the highlight of the evening, the race featured other performances from top-ranked masters. Craig Young, 40, of Colorado Springs, Colo., convincingly won the men's masters race in 24:05 - the #2 U.S. all-time performer on a record standard course. Miguel Tibaduiza, 40, of Reno, Nev., finished second in 24:57. With the win, Young added to his Circuit lead (65 points).

Jane Welzel, 42, of Ft. Collins, Colo., also bettered the old U.S. record with her 27:28, which was good for second place and a U.S. single age record. Like Young, Welzel maintained her #1 Circuit standing.

Age-group sensation Warren Utes, 77, of Park Forest, Ill., turned in the best age-graded performance (94.8%). His 33:27 - a U.S. single-age record - converts to a 22:28. Wysocki was the top age-graded woman (93.9%) with a 25:10 conversion. June Machala, 66, of Spokane, Wash., set a pending U.S. age group record (65-69) with her 35:29.

More than 4000 runners, walkers, and wheelchair racers participated in the event. □

Some readers provide additional support to the *National Masters News* by sending contributions of \$25, \$50 or \$100 a year. If you are able, we urge you to join them. All contributors will receive a free copy of the new *Masters Age Records* book and will be listed in the paper as a *National Masters News* sustainer.

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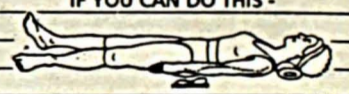
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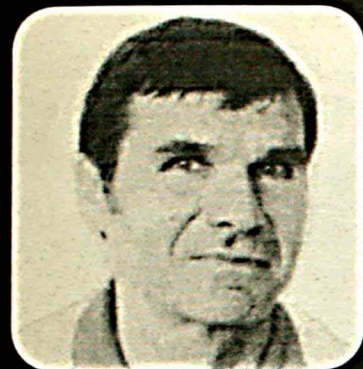
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Third Wind

by MIKE TYMN

Tiger Woods vs. Haile Gebrselassie

When the votes are all in for the 1997 athlete or sportsperson of the year, it's a good bet that Tiger Woods will edge out Michael Jordan for those honors. If one of several baseball players gets hot and breaks the major league home run record, perhaps he also will be in contention.

But two athletes who should be in contention, assuming foreign athletes are considered, won't even be on most ballots. I'm referring to Haile Gebrselassie of Ethiopia and Daniel Komen of Kenya.

That's because most of the people voting don't fully appreciate track and field, or they are unable to discern truly outstanding performances.

Let's start with Komen, because his most spectacular feat this year was in miles, which is easier for most of us to understand than meters, where Gebrselassie excelled.

Even if you're only a casual observer

of the sport, you probably know that anyone who can break four minutes in the mile is a pretty fair competitor. Until England's Roger Bannister ran 3:59.4 in 1954, there were those who said that bettering four minutes was beyond human capability. Although the world record is now down to 3:44.39, turned in by Noureddine Morceli of Algeria in 1993, four minutes remains as the threshold of outstanding miling.

On July 19 in Brussels, Belgium, Komen became the first person to break eight minutes for two miles. Just in case you're not too swift in math, we're talking back-to-back sub-four miles.



Lance Deal (kneeling, with white hat) silver medalist in the hammer in the 1996 Atlanta Olympics, grabs a quick bite before starting a clinic for throwers, sponsored by the *National Masters News*, at the Hayward Masters Classic, Eugene, Ore., June 28-29. Photo by Jerry Wojcik

Komen chopped 2.47 seconds from the record held by Gebrselassie.

True, the two mile is no longer a standard track event in the predominantly metric arena. True also, as any real track nut will tell you, Komen's two-mile effort is not quite as good as his world record 7:20.67 for 3000-meter last September. That 3000 time is equal in effort to a 7:55.9 for two miles. To put it another way, had Komen kept going for the extra 239 yards in that 3000-meter race, he should have reached two miles in 7:55.9. That conversion includes a small fatigue factor for the extra distance run (Komen should not have reached 3000 in 7:20.67 had he intended to run a full two miles).

Put next to Bannister, Komen would have been loping along in relative ease as Bannister strained every muscle. He would have pulled ahead of Bannister 30 or 40 yards before the mile and then begun his second mile in under four minutes as Bannister collapsed from exhaustion.

It's not really fair to the athletes of yesteryear to compare them with those of today because they didn't have the same incentives, the same knowledge of training methods, the same equipment and playing fields. It's highly unlikely that Komen would have run anything close to eight minutes had he trained like Bannister, worn the same stiff shoes, and run on the same type of track. But the comparison is made here to show how far we have advanced, in both training methods and technology.

Sports Illustrated put Bannister on the cover of their very first issue in 1954 and later named him Sportsman of the Year. But I didn't notice even a paragraph about Komen's sub-8 two miles in that publication. Nor did I see anything about it in *USA Today*.

But even more awesome than Komen's two-mile was Gebrselassie's world record of 26:31.32 for 10,000 meters in the Bislett Games in Oslo, Norway on July 5. That's an average 4:16 per mile for 6.21 miles! The old mark of 26:38.08 was set last year by Salah Hissou of Morocco.

Based upon scientific tables, Gebrselassie's effort is the equal of a mile in 3:41.3 and a two-mile in 7:52.7. At the other end of the distance scale, it is the equivalent of a 2:02:08 marathon.

On August 13, Haile Gebrselassie broke his own 5,000-meter world record of 12:44.39 with a 12:41.86 in Zurich. Daniel Komen finished second in 12:44.90. Gebrselassie's new 5,000 record figures to be even better than his 10,000 record of 26:31.32. On the Daniels and Gilbert tables of comparative performance, the 12:41.86 is equal in effort to a 26:28.0 for 10,000. It is also the equivalent of a 1:39.7 for 800 meters and a 3:40.6 mile.

The fastest marathon on record is 2:06.50 by Delayneh Densimo of Ethiopia in 1988.

An argument can be made that Gebrselassie's world record is even more amazing than the 19.32 by Michael Johnson in the 200 at the Atlanta Olympics. Taking the world records for the 200 (19.72) and 10,000 (27:08.23) at the start of this decade, Gebrselassie has lowered the 10,000 record from 1990 by 2.27 percent while Johnson's improvement in the 200 is 2.03 percent.

While the media placed Johnson on a pedestal next to Michael Jordan, it gave virtually no recognition to the efforts of either Gebrselassie or Komen. The fact that Johnson's record came in the Olympics does not necessarily make it more awesome than Gebrselassie's world record. Incidentally, Gebrselassie won the 10,000 in Atlanta with an Olympic record 27:07.34 and also holds the world record in the 5000 at 12:44.39. His 10,000 record figures to be just slightly better than his 5000 record.

As I see it, Woods would have to shoot under 250 for 72 holes in several major championships to equal Gebrselassie's performance. Jordan would have to score 100 points in a game with no special help from teammates and then average 50 points a game for the season. Mark McGuire would have to hit 70 homers to be at the same level as Gebrselassie.

In a fair, just, and knowledgeable world, Gebrselassie's 26:31.32 might just rate as the most incredible athletic feat of all time. It's a pity that so few appreciate it. □

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Nationals

Continued from page 1

the competition for entrants. In 1996, the Championships were sandwiched between a Canadian meet and the NCCWAVA Championships in Eugene. San Jose lost some top names to the WAVA Championships held in Durban in July.

Described as having a "soft surface" by Dick Richards, M60 sprinter and long jumper from California, the eight-lane, light blue oval track at San Jose CC yielded five world and six U.S. age-group records. One world field event record was tied and 16 U.S. field event records were broken or tied for a total of six world and 23 U.S. records.

In 1996 at Spokane, five world and 28 U.S. records were broken or established, most of them in the field events as in San Jose.

Small entries in the younger (30-39) and older (60+) women's events were counterbalanced by large turnouts of sprinters from all over the U.S., and middle-distance runners from California, particularly the Bay Area.

Heat Problems Relative

Warm weather (95 degrees) was a factor for the first two days, especially for the distance runners. On the other hand, all may have been relative. Paul Heitzman, M65, Kansas, commented, "The weather was wonderful. With temperatures at 100 degrees and humidity at 75% at home, this is paradise. My problems come from having entered too many events. Five is too many. After the first one, the times increase." Heitzman won three events.

Payton Jordan, the ex-Stanford and Olympic coach, a resident of Los Altos, Calif., and running on practically his home turf, accounted for two world M80 bests in the 100 (14.42) and 200 (30.89). Betty Vosburgh, Georgia, winner of eight events, broke one W65 world record, running alone, in the 300H (62.45), and two U.S. records in the 100 (33.06) and 400 (77.87).

The other world-record setters were Eve Pell, W60, California, 10,000 (43:07.45); Marietjie Ceronio, W40, Tennessee, 2000SC (7:47.56); and Debbie Brill, Canada, who tied the W40 high jump record of 1.72.

Throwers Off-Site

Throwers were in good form, despite not competing within the stadium. The discus, javelin, hammer, and most of the shot put events were contested out of view of the spectators in the stands, as were the pole vault and some age-division high jumps, which prompted Montanan Tom Gage, M50 winner in the hammer, to pose the question, "Are field events still considered stadia, or are we now under non-stadia jurisdiction?"

Carol Finsrud, Texas, demolished two W40 U.S. records in the shot put (13.20) and discus (48.48). Joan Stratton, Arizona, W45, broke the U.S. hammer record with 36.06. Another Texan, Wendell Palmer, obliterated the M65 U.S. discus record of 49.72 with

a 53.92. Jason Bender, from nearby Santa Rosa, Calif., stretched the national M35 javelin record from 66.66 to 68.46.

In the sprints, final times featured age-graded performances by all runners well above the 85% level. In the M40 100, Marty Krulee, 40, California, won with an age-graded 94.5% 10.93, with the seventh place at 86.3%. Stan Whitley, 51, California, won the M50 100 with about the same performance, with eighth place at 86.7%. Jordan's record win in 14.42 is an age-graded 99.6%.

Tim Murphy, 75, Texas, and Milt Silverstein, 77, Arizona, staged the best duel in the sprints. Murphy won a photo-finish 100, 14.39 to 14.40, and Silverstein won the 200, 30.04 to 30.10, both well over 92% on the age-graded scale.

Irene Obera, W60, from close-by Fremont, Calif., Mary Libal, W45, Oregon, and Cindy Steenbergen, W40, Texas, were the standout women sprinters.

Age-Graded 100

On Sunday before the relays, all of the 100m winners were invited to compete in the *National Masters News* Age-Graded 100, in which starting positions were staggered with an allowance for the runner's single age. Runners competed for cash prizes of \$75, \$50, and \$25 in both the men's and women's races. The men's race was won, appropriately enough, by Jordan, who ran a 10.21; Dick Richards was second in 10.36; and Bill Collins third, in 10.54.

In the women's race, the top three runners were the aforementioned standouts in the 100. Obera, another local favorite, won in 10.86, with Steenbergen second in 11.55, and Libal third in 11.59.

On Friday, the M35 400 provided one of the best spectator races when Saladin Allah, 37, New Jersey, with a 49.67, nipped Ray Blackwell, 39, New York, 49.68, and Eugene Vickers, 36, Maryland, 49.69, for the gold.

As they have in the last several championships, the 800 and 1500 races furnished exciting finishes. On Saturday, Allah captured another title with a 1:58.00 over fellow New Jerseyite Anselm LeBourne, 38, who ran a 1:58.62.

Peter Mogg, 42, California, defended his 800 crown with a 2:03.77, second to guest Canadian Ian Newhouse, 40, who ran 2:01.71 in a tough final field. Andre Dunkell, 55, California, shaded Don McMillan, 56, Oregon, 2:15.45 to 2:15.78, for the M55 win.

Fast Times

In the M35 1500, the first four runners were under 4:11, led by Scott King, 37, Tennessee, in 4:10.42. Nolan Shaheed, 48, California, survived the heat and two large M45 heats of 12 and 13 runners to win the final in 4:17.74.

Marietjie Ceronio, 40, Tennessee, attracted notice from the crowd after she broke the world record in the



Stan Whitley, winning the M50 200 (23.94), with Roger Phillips #1911, 2nd (24.93), and Dave Walter #1320, 3rd (24.96), USATF National Masters Championships, San Jose, Calif., Aug. 7-10.

Photo by Jerry Wojcik

2000SC with a 7:47.56 and won the 5000 (18:11.65) and 10,000 (37:47:24), for the best overall performance by a distance runner.

Plagued by a severe injury in his debut in 1991 and bad luck since, John Martel, 66, California, pulled off the biggest upset of the meet in the 100H. Winning with a 16.69, he defeated

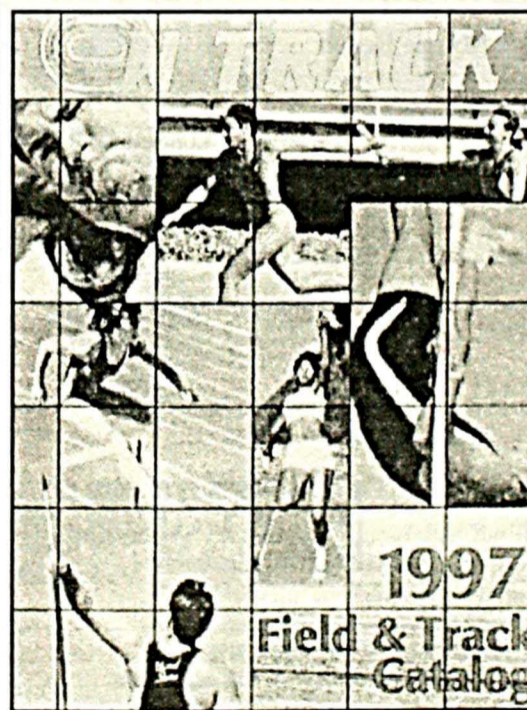
James Stookey, 67, Maryland, the 1996 Masters Men's Athlete of the Year, and Marion Sanchez, 65, California, the 100H gold medalist in Durban.

Track Problems

The quality of the meet paralleled the weather. Just as it was too hot for the first days, the meet had problems.

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The Foot Beat

by JOHN W. PAGLIANO
D.P.M.

Shin Splints

Q I'm a 56-year-old runner who suffers from shin splints. I don't want to quit running, but sometimes the pain is unbearable. What can I do to minimize my discomfort so that I can continue to compete?

A Shin splints are probably one of the most painful, and least understood, of all running injuries. The ailment is also one of the most difficult to cure.

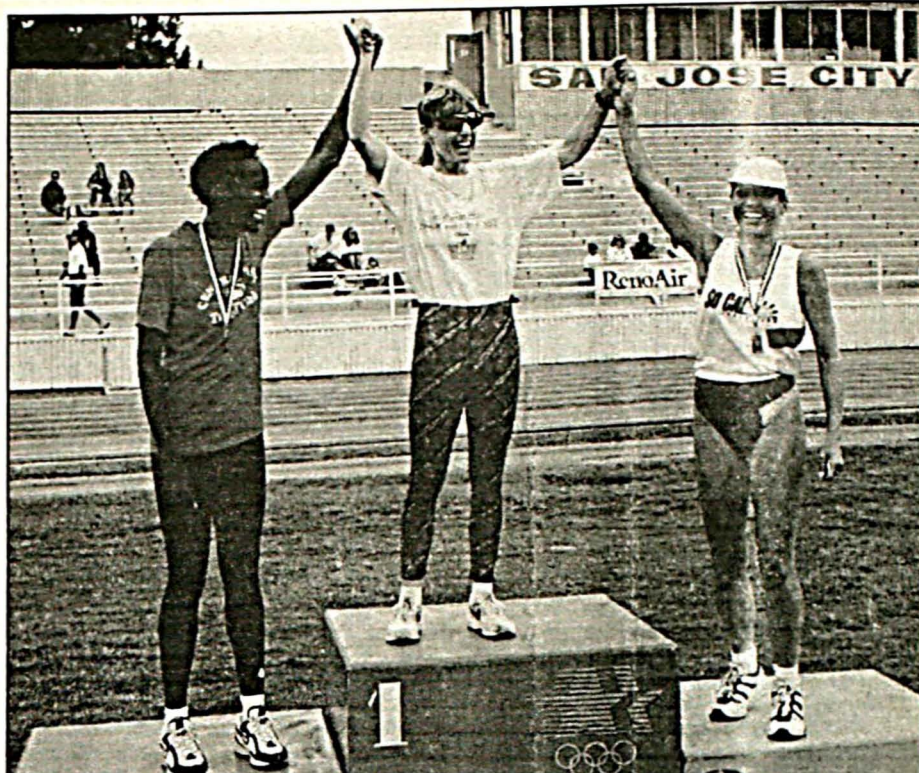
The term "shin splint" refers to pain along the inner side of the shin area. It can be a tendinitis, a periostitis (inflammation of the outer layers of the bone), or an actual fracture of the bone.

In most cases, shin splints are caused by excessive exercise, and faulty foot biomechanics. When the foot over-pronates, too much tension is placed on the rear tibial tendon, and this leads to tendinitis and periostitis.

To properly treat the injury, you

should have your foot examined by a foot specialist in order to rule out fractures or other biomechanical problems. Using correct running shoes with shoe wedges, or an in-shoe orthotic should help to stabilize the foot.

If you are running high-mileage, you should cut back in order to allow the inflammation to subside. Ice the leg down after workouts for 8-10 minutes. Avoid running on concrete surfaces, and use moist heat at night to aid



First three finishers, W35 1500, (l to r): Joan Green, 2nd (5:06.17), Mimi Ney, 1st (4:59.18), and Diane Heil, 3rd (5:10.17), National Masters Championships, San Jose, Calif. Aug. 7-10.

Photo by Jerry Wojcik

the healing process. Be sure to stretch properly prior to your workout, with special emphasis on stretching the Achilles' tendon.

Although shin splints cannot always be cured, you can reduce most of the pain by using these simple techniques. □

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 50098, Eugene, OR 97405.)

Nationals

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On Saturday, the heat abated and things were going smoother on the track, but the wind became a factor. By Sunday, the weather and the meet had become almost perfect.

Even before the meet, athletes had voiced dissatisfaction with the \$50 late entry fee and an application deadline pre-dating the meet by four weeks. Some athletes objected to paying \$3 for a program "filled with ads" and did without one.

Bill Townsend, 70, New York, an experienced official who passed up working the meet to compete and opted for the dormitories, was disappointed. "The conditions at the dorms are a total disregard for athletes who stayed there. The worst I've ever experienced. The cafeteria is closed on weekends. We had to scour the neighborhood for a 7-11 to find something for breakfast." Others who stayed in the dormitories shrugged their shoulders and said, "Well, they're OK."

Andrew Hecker, 42, California, who had publicized his dissatisfaction with the \$50 late fee and early deadline before the meet on the Internet and in a letter to the *National Masters News*, said, "The administration in the meet is very impersonal." Hecker, after competing in the pentathlon on Thursday, spent the next three days working as an official.

Officials Accommodating

While participants were unhappy with some procedures off the track, most were in agreement that the officials, volunteers and meet directors were more than accommodating. Athletes' suggestions for improving the quality of the meet were acknowledged and implemented when possi-

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Hector Chavez (r), guest competitor from Mexico, was first (35:03.05) in the M50 10,000; Hugh Sweeny, of New Jersey, placed second, to claim the national championship title in 35:06.78, Masters Championships, San Jose, Calif., Aug. 7-10. Photo by Jerry Wojcik

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Nationals

Continued from page 8

ble. After athletes at the Friday night meeting said that the awards stand was too inconspicuous outside of the track, the victory stand was moved to the track infield the next morning.

When runners realized that the seeding for some race heats was skewed, so that, in some cases, those with the fastest times were in the same heat, and that advancement by place would eliminate some of the best run-

ners, officials admitted to a computer glitch and quickly made changes that were more equitable.

Athletes who encountered event conflicts when the final schedule was published were allowed to compete out of order by the officials, so that athletes were able to avoid running from one venue to another with javelin shoes in one hand and long jump shoes in the other.

The control and movement of competitors to the starting lines was so efficient that, not only was the meet on schedule, but on one day, was ahead of schedule and had to be slowed down.

Complaints Acknowledged

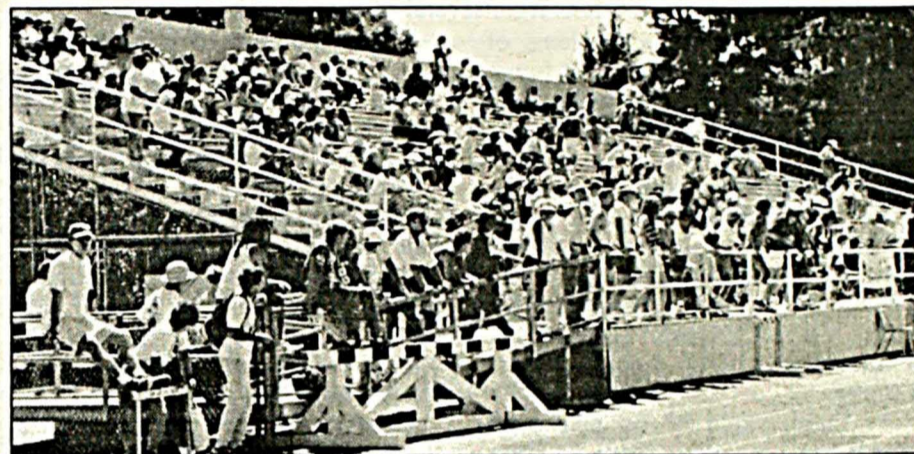
The onus of blame placed on the organizers was removed to a great degree at the Friday evening athletes' meeting at the meet headquarters Hyatt Hotel when Ken Weinbel, USATF Masters T&F Committee Chairman, after listening to complaints, admitted there were problems that stemmed largely from the failure of the Masters Committee to provide the meet organizers with any guidelines and a meet manual to follow.

Weinbel said he was in the process of appointing a group of experienced athletes, officials, and past meet organizers to produce a manual for adoption at the USATF Convention in Dallas in December and application at the 1998 Championships in Orono, Maine.

By Sunday afternoon, the weather was perfect: sunny, a few clouds, a slight breeze, and about 82 degrees. Most of the athletes, gathering in the infield for the relay team awards and to say farewell to their friends for the season, agreed that the meet was one of the best-run recently, thanks to the efforts of the officials and volunteers. □



The finish of the *National Masters News* Age-Graded Women's 100m, USATF National Masters Championships, San Jose, Calif., Aug. 7-10, won by Irene Obera, 63, lane 5, in 10.86. Cindy Steenbergen, 43, lane 1, was second (11.55), and Mary Libal, 47, behind Steenbergen in lane 1, was third (11.59).
Photo by Jerry Wojcik



Spectators at the finish line, awaiting the start of the 100m finals, USATF National Masters Championships, San Jose, Calif., Aug. 7-10.
Photo by Jerry Wojcik



John Martel, of California, M65 winner in 16.69, 100H, USATF National Masters Championships, San Jose, Calif., Aug. 7-10.
Photo by Jerry Wojcik

Age Group Records Set at 30th USATF National Masters Track & Field Championships, San Jose, Calif., Aug. 7-10

World Records

Event	Age	New Mark	Name	Old Mark	Held By
100	M80	14.42	Payton Jordan	15.3	Barry Ivers
200	M80	30.89	Payton Jordan	32.3	Josiah Packard
10,000	W60	43:07.45	Eve Pell	43:58.66	Shirley Brasher
300H	W65	62.45	Betty Vosburgh	65.67	Isabel Hofmeyr
2000SC	W40	7:47.56	Marietjie Ceronio	7:48.8	Antoinette Shaw
HJ	W40	1.72	Debbie Brill (ties)	1.72	Carmen Karg

U.S. Records

100	W65	33.06	Betty Vosburgh	33.21	Pat Peterson
400	W65	77.87	Betty Vosburgh	79.96	Sumi Leonard
4x800	M70-79	11:46.91	West Valley J & S	12:35.2	West Valley TC
PV	W35	2.52	Diana Rigor	2.51	Angela Nealy
PV	W60	2.00	Sue Tunnicliff	1.85	Leonore McDaniels
PV	W65	2.10	Leonore McDaniels	2.00	Leonore McDaniels
LJ	W55	3.89	Nadine O'Connor (ties)	3.89	Christel Miller
SP	M60	14.82	Hal Smith	14.67	Phil Mulkey
SP	M65	13.47	Wendell Palmer	13.10	Phil Brusca
SP	W40	13.20	Carol Finsrud	12.06	Joanne Grissom
DT	M55	53.74	Larry Pratt (ties)	53.74	Joe Keshmiri
DT	M65	53.92	Wendell Palmer	49.72	Tom McDermott
DT	W40	48.48	Carol Finsrud	44.68	Janet Wilson
DT	W80	14.86	Betty Jarvis	14.50	Betty Jarvis
HT	M85	20.94	Leon Joslin	20.58	Paul Narcessian
HT	W45	36.06	Joan Stratton	32.02	Brenda Bloomfield
HT	W65	26.78	Judy Fetherston	23.88	Bernice Holland
JT	M35	68.46	Jason Bender	66.66	Gene Lorenzen
JT	W70	23.90	Mavis Lorenz	22.12	Edith Mendyka
5000RW	W40	23:57.93	Lyn Brubaker	24:25.51	Sally Richards-Kerr
5000RW	W70	34:56.50	Joan Rowland	35:05.11	Margaret Walker
5000RW	W75	36:12.32	Jane Dana	36:18.97	Jane Dana
20K RW	M70	2:06:34	William Flick	2:07.52	Cokey Daman



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Masters Racewalking

by ELAINE WARD

Adding a Non-Competitive Walk

Over the next two months, I'll be concentrating on the WAVA Championships in Durban and the National Masters T&F Championships. This month, however, is devoted to a discussion of the Senior Games in Tucson, Ariz., with observations from several racewalk participants.

One solution to the problems of non-racewalkers in racewalks at future Senior Games is to add a non-competitive walk. Several USATF Associations already have "fun walks" or "aerobic walks" on their schedules.

Aerobic Walks

The aerobic walks would be non-competitive and monitored to prevent running. Monitors would be empowered to ask "rule breakers" to leave the course after giving them a verbal warning.

As there would be no placement awards, cheating might facilitate bragging, but it would not deny honest walkers their true finish times. There could be two aerobic walks at distances of 1500 and 3000 meters.

The 1500-meter timed aerobic walk could be held on a track, accommodate up to 40 age-grouped walkers at a time, and be scheduled every 25-30 minutes. This way, 200 non-race-walkers can be processed in 2½ to 3 hours.

The 3000-meter timed aerobic walk could be held on the road in waves of 40-50 age-grouped walkers starting 40 minutes apart. Total time for 200 walkers: 3-4 hours.

Awards: Times and Senior Sports Classic participation ribbons. The ribbons could have a card on the back in which the walkers could write their times.

Racewalks

The racewalks would be competitive and governed by the rules of racewalking with appropriate judging. They could be held at distances of 1500 and 5000 meters.

The 1500-meter racewalk could be held on a track by age-groupings. About 20-30 walkers could be accommodated in races starting 25-30 minutes apart. Total time for 150-200 walkers: 3½ to 5 hours.

The 5000-meter racewalk could be held on the road in waves of 30-50 age-grouped walkers separated by 40-minute intervals. Total time: 3 to 4 hours.

Awards: Placement awards as currently offered.

Eligibility for the aerobic walks in the Nationals would involve meeting specified time qualifications such as, say, a few minutes slower per age group than the racewalking standards.

A further safeguard against non-racewalkers entering racewalks could be incorporated into the registration process. Seniors entering the racewalks would pick up their race numbers from qualified racewalk judges, who would be instructed to ask a few specific questions about judging to determine competitors' adequate understanding of the rules. This procedure would go far in eliminating the problems of lax judging at the state level, and in allowing hopefuls to compete in the non-competitive aerobic walks where they can finish.

DQ'd

Don Smith is a certified judge from Alabama who was one of 17 judging the 5K in Tucson. He writes:

"The most frequent gripe of walkers who have been DQ'd is that he or she was never cautioned either verbally or with a paddle.



Medalists in the W70 5000 racewalk on the awards stand (l to r): Joan Roland, New York, third (34:50), Anna Villet, South Africa, first (33:55), and Jean Knox, Australia, second (34:02), 12th WAVA Championships, Durban, South Africa, July 17-27. Photo by Suzy Hess

"In the absence of such cautioning, the competitor concludes that his/her technique is in compliance with the rules - until the DQ list is posted.

"Rule 39-2(a) of USATF's Competition Rules says: 'Competitors must be cautioned by any judge when, by their mode of progression, they are in danger of ceasing to comply with the definition of racewalking.' The phrase 'must be cautioned' mandates some form of communication - verbal or paddle.

"In Tucson, during the judges' meeting prior to the 5K walk, we were told to issue warnings and dispense with cautions. In reading paragraphs subsequent to rule 39-2(a), I find nothing providing the option of dispensing with a viable means of communication."

In response to Don's remarks, Richard Graveline of Snellville, Ga., writes:

"I take exception to Don Smith's interpretation of rule 39-2(a). The key words are 'in danger of ceasing to comply.' I would certainly give the paddle to someone who might be 'stretching' the rules occasionally or even with some regularity. If the competitor has no regard for the rules of racewalking, however, I see nothing in the rule book to show I have to give a caution paddle to that competitor before I can fill out a red warning

card."

Number of Judges

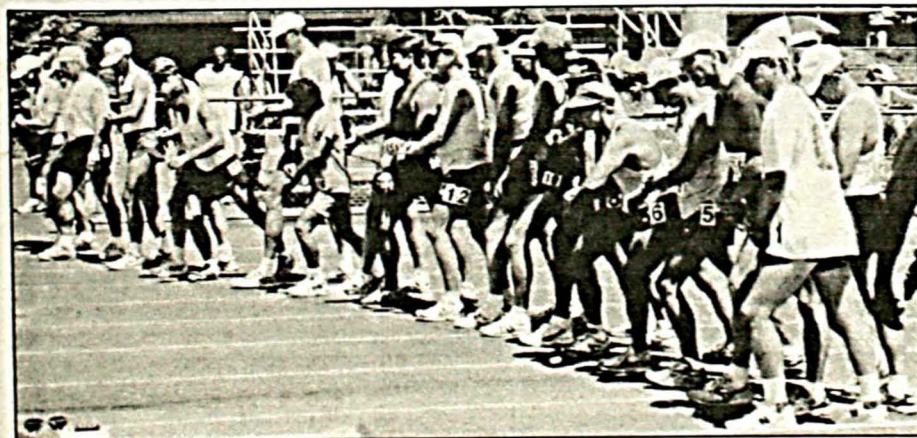
Don continues his remarks on the Senior Games:

"The second Tucson-related situation relates to rule 39-1(g) which specifies road races should have a maximum of nine judges, including the Chief Judge. In track races, there should be an additional five judges, including the Chief Judge. Crunching a few numbers:

"1) If three of eight judges issue a warning to an athlete for an offense, that means five judges (62.5%) saw no infraction and that 37.5% of judges can thus DQ a competitor.

"2) In Tucson, there were 17 judges on the road course. If three judges issue a warning to a competitor, that means only 17.6% are required for a DQ. It was possible that 82.4% of judges did not issue a warning to the competitor. (Obviously, more than three judges may issue a warning during a race.)"

Don's numbers imply a solution to "over judging." A racewalk course has a mandated number of judges. The timing of multiple starts for large numbers of walkers, therefore, must not exceed the needs of the prescribed number of judges. In practice, this may mean leaving 40 minutes between waves of walkers when large numbers are competing in a 5K racewalk. □



Start of the younger men's divisions, 5000 racewalk, USATF National Masters Championships, San Jose, Calif., Aug. 7-10. Photo by Jerry Wojcik

Carmines, DeNoon Duel in Niagara Falls

Jim Carmines, 54, and Don DeNoon, 54, staged the closest race in the USATF National Masters Men's 10K Racewalk Championships in Niagara Falls, N.Y., on July 12. With a seven-second margin, Carmines was first master overall, and M50-54 national champion in 48:32. DeNoon was second, leaving third to John Hunyady, 46, in 50:11.

Dave Romansky, 59, had one of the event's best efforts with a 54:12 win in the M55-59 championship race. Bill Tallmadge, the oldest racewalker at age 81, finished in 76:25.

Gloria Rawls, 40, was the first W40+, with a 55:18, followed by Daryl Ann Kidder, 45, in 57:07. June-Marie Provost, 64, was the standout W40+ walker with a 62:48.

Temperature at the 8 a.m. start was 64 degrees; humidity at the end of the race was about 70%, with clear skies, sunshine, and no wind.

The race was sponsored by the Niagara Walkers. Bruce MacDonald served as chief judge in a seven-person crew. There were 90 finishers, 5 disqualifications, 3 did-not-finishers, and 3 no shows. □



On The Run

by HAL HIGDON

"Siyajabula!" We Are Happy!

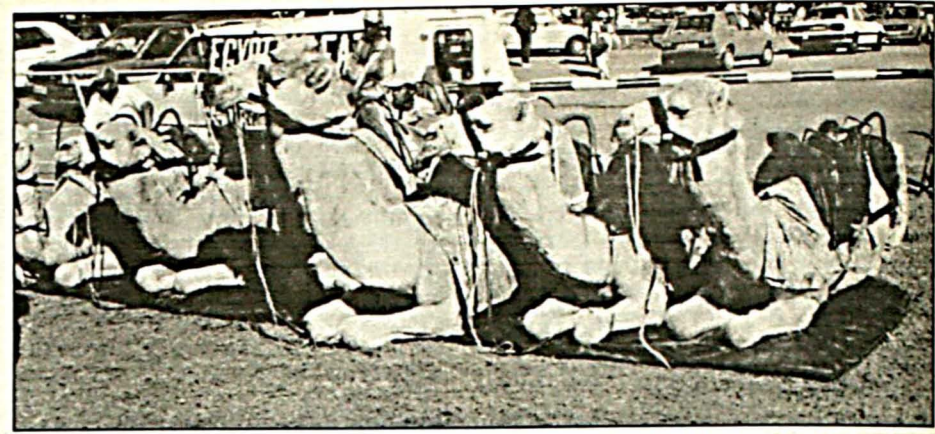
The banquet Wednesday night (July 23) at the World Veterans Athletic Championships in Durban, South Africa was held on a pier beside the harbor. Probably 2,500 attended. There was food, drink and dancing to the music of Sharon Katz & The Peace Train. Katz is a guitar player and Elena-Mayer-Lookalike, who sings African songs and fronts The Peace Train, sort of a mariachi band that came out of the Veld. The show featured children dancing. Marvelous entertainment. One of Katz's singalong songs was named "Siyajabula," which I assume is Zulu. It means "We are happy."

*We have democracy, Siyajabula.
We are together now, Siyajabula.
The sun is shining now, Siyajabula.
In the new South Africa, Siyajabula.*

Siyajabula would seem to sum up the attitude of most of the 6000 athletes from 71 countries who attended the World Vets meet, which those of you who have attended in the past know is a great party thinly disguised as a track and field competition. Some

of us went to Durban to win medals and set Personal Records. More went to tour the country and attend the parties. Some successfully did both: *Siyajabula!*

At the banquet, I was pleased to see that the many delicacies included "mielies," what in the U.S. is corn. In the neighborhoods, African women often stride down the street with large bags of mielies perched on their heads,



Camels awaiting tourists in Durban, South Africa, host city of the 12th WAVA Championships.

Photo by Suzy Hess

selling the food to whomever will buy, shouting "Mielies, Mielies," disturbing white people, who are trying to nap. It is a running gag in South Africa's most popular comic strip, *Madam & Eve*. Madam is a proper white lady with politically incorrect views; Eve is her wiser-than-thou African maid.

In one strip, Madam's mother visiting from England offers the mielie lady 50 rand for the whole bag to silence her. In the final panel, the mielie lady is screaming, "MEAL-LIES! I SOLD ALL MY MEAL-LIES!" Okay, maybe you need to visit South Africa to think that funny, or you could check the strip out on the Internet at the Electronic Mail and Guardian's Web page: www.mg.co.za. I purchased a paperback collection of *Madam & Eve's Greatest Hits* at an exhibition featuring original art from the strip at a local art gallery. Met the creators. Got their autographs. I also have a CD featuring Sharon Katz & The Peace Train. Katz didn't sign, but she was busy. When we visited a game reserve, my wife Rose purchased a drum, which we brought home in our carry-on luggage. I tried to talk Rose into letting me take the drum out during our flight to get a mid-ocean singalong going. We could have passed around the bottles of wine we purchased at the stadium that had special labels featuring the WAVA label on them. *Siyajabula!*

I didn't return from Durban with any gold medals this time, but I have a lot of good memories of dinners with friends and time spent as a tourist more than an athlete.

Most memorable was the game reserve we visited: Hluhluwe. It took a while, but I finally mastered the pronunciation: "Shloo-shloo-wee." Giraffes. Impalas. Warthogs, which are ugly but cute. No lion or elephant sightings, while we drove through the reserve, but we saw elephant dung, which had not yet been recycled by the dung beetles, meaning it was fresh. Dung beetles work very fast.

We stayed overnight at a separate reserve where the proprietor is raising cheetahs for release in the wild. Cheetahs are an endangered species. So are tourists who are dumb enough to go swimming in the river we took a boat trip up the next day. Lots of crocodiles and hippopotamuses. The hippos are as dangerous as the crocs and

kill more people in Africa, we were told, than any other wild animal. If you go near them, they stomp you. Green mambo snakes are dangerous too, but we didn't meet any of them.

And although South Africa is supposed to be a violent country with a higher murder rate than Gary, Indiana, we saw nothing but smiles on faces. Probably, we're naive, but the country seems to have achieved a peaceful revolution in changing from white rule to black rule. Certainly, I felt more comfortable in South Africa today than I did during a previous visit two decades ago, when apartheid was the rule. Nobody calls anybody "baas" (boss) any more. (It happened only once to me, and it made me wince.)

There are sharks along Durban's beaches, but the beaches are lined with shark nets. Those are to protect the sharks from the surfers. A surfing championship was held in Durban the week of World Vets, but those athletes had their own arena. *Siyajabula!*

Let me close by describing another of my favorite *Madam & Eve* strips. In the first panel, Madam is at a party toasting the New South Africa: "A toast to the government of national unity! A year of freedom, equality and positive changes!" At that moment, Eve runs in the door to announce: "Madam! Come quickly! You left the handbrake off on your new BMW!" The rest of the Sunday page shows the BMW rolling downhill to finally come to rest outside the squalid hut of two Africans, who look up and say, "Well, it's about time."

The joke is about an urban legend that surfaced during the election several years ago that suggested that anyone who voted for Nelson Mandela would receive a free luxury car in return for their loyalty and support. Okay, maybe you needed to be in the New South Africa to think that funny.

Don't miss the next meeting of the World Vets in Gateshead, England two years from now. The dates are July 29 to August 8, 1999.

The party will continue, and maybe next time I'll train hard enough to return home with a gold medal instead of a drum. *Siyajabula!* □

(Hal Higdon is a Senior Writer for *Runner's World* and a four-time gold medalist from previous World Vets meets. His latest book is *How To Train*. Hal also has a Website featuring training information: www.halhighdon.com.)

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH SEPTEMBER 1997

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
BEN ANIXTER (SAN CARLOS, CA)	9-20-37	60-64
ARDEL BOES (GOLDEN, CO)	9-24-37	60-64
JAMES BOLE (LONG BEACH, CA)	9-6-7	90-94
KELSEY BROWN (ANDOVER, NJ)	9-5-27	70-74
E. N. CARTER (US)	9-4-2	95+
JOSH CULBREATH (KENIA, US)	9-14-32	65-69
EARL FOSTER (LYNCHBURG, VA)	9-9-22	75-79
BASCILIO FUENTES (KAUAI, HI)	9-23-2	95+
SUDA GIICHI (JPN)	9-16-12	85-89
BILL GOOKIN (SAN DIEGO, CA)	9-22-32	65-69
FORTUNE GORDIEN (SAN BERNARDINO, CA)	9-9-22	75-79
NEWLIE HEWSON (WASH. DC)	9-5-22	75-79
EDWARD HILL (BIRMINGHAM, AL)	9-15-42	55-59
WILFRIED IRMEN (WG)	9-10-32	65-69
CHARLES JOHANNESMEYER (SANFORD, NC)	9-20-17	80-84
WILLIAM JOHNSTON (SALT LAKE CITY, UT)	9-29-37	60-64
JOHN A KELLEY (WATERTOWN, MA)	9-6-7	90-94
HARRY LOGAN (AUS)	9-30-17	80-84
PETER MIRKES (WG)	9-28-27	70-74
LAWRENCE O'NEIL (KALISPELL, MT)	9-21-7	90-94
REGINALD PHIPPS (GBR)	9-6-42	55-59
ALEX RENK (WG)	9-1-2	95+
TOM ROBERTS (ATLANTA, GA)	9-14-2	95+
BOB SCHLAU (SC)	9-28-47	50-54
JAY SILVESTER (UT)	9-27-37	60-64
JACK SIRINGER (OLMSTED, OH)	9-10-12	85-89
WALTER STACK (SAN FRANCISCO, CA)	9-28-7	90-94
GIICHI SUDA (JPN)	9-16-12	85-89
JAN VERLOOP (HOL)	9-10-17	80-84
DAVE WACO (GRANADA HILLS, CA)	9-18-32	65-69
ROBERT WILLIAMS (MONTEREY PARK, CA)	9-19-27	70-74
WILBUR WILLIAMS (LOS ANGELES, CA)	9-15-32	65-69
KEN WINN (STONE MT., GA)	9-14-37	60-64
PAT BESSEL (GRAND ISLAND, NY)	9-19-37	60-64
TERREZENE BROWN (CA)	9-27-47	50-54
SKIPPER CLARK (BROOKLYN, NY)	9-15-47	50-54
JOAN FLYNN (HONOLULU, HI)	9-13-27	70-74
CHARLENE GROET (DEMOTTE, IN)	9-29-47	50-54
DORIS HERITAGE (SEATTLE, WA)	9-17-42	55-59
JUDY IKENBERRY (CRESTLINE, CA)	9-3-42	55-59
ESSIE KEA (CLEVELAND, OH)	9-22-37	60-64
VIVIAN NELSON (HARRISBURG, PA)	9-9-12	85-89
HELEN PALMER (LOS ANGELES, CA)	9-10-27	70-74
MARYBELLE RUSSEL (NV)	9-16-22	75-79
GRACE SCHWEITZER (SANTA BARBARA, CA)	9-17-17	80-84
DIANA SMITH (CLAREMONT, CA)	9-21-22	75-79
SALLY ANNE STIEGELMEIER (BEREA, OH)	9-21-32	65-69
DOROTHY STOCK (LA MESA, CA)	9-12-32	65-69
MARGARET TURNER (N. ORLEANS, LA)	9-14-37	60-64
CONNIE VOIGT (US)	9-17-37	60-64
JANILLE ZERNIGLE (MEDFORD, WI)	9-20-52	45-49
MONICA BENZ (SUI)	9-28-47	50-54
JANE BIRD (GB)	9-20-47	50-54
CATHERINE COLEMAN (AUS)	9-26-42	55-59
NADINE DE GHEUS (BEL)	9-12-47	50-54
MARLESE HOFFMAN (WG)	9-16-42	55-59
ROSWITHA KOTZBAUER (WG)	9-10-32	65-69
LIISA KUJALA (FIN)	9-24-37	60-64
KERSTIN NILSSON (SWE)	9-10-42	55-59
HELGI PARTS (URS)	9-15-37	60-64
BEVERLY PETERSON (NZL)	9-21-57	40-44
HAZEL RIDER (GB)	9-2-32	65-69
JOZEFINE SIK (HUN)	9-27-17	80-84
ATHALIG VAN BEUGE (RSA)	9-16-52	45-49
DANA ZATOPKOVA (CZE)	9-19-22	75-79

Compiled by Pete Mundle, World and U.S. Masters T&F Records Chairman

Highlights of Nationals

Continued from page 11

Arizona, traded sprint wins, and both also won in the jumps. John Boots, Louisiana, went to the victory stand twice for his 800 and 1500 firsts. Armando Ricciardi, Nevada, won the 80H and TJ. Don Cumley, Nevada, in the SP, and Wilbur Thompson, California, in the DT, dittoed their Spokane wins. Paul Geyer, Minnesota, was unchallenged in both walks.

M80

Payton Jordan, California, didn't disappoint the crowd, winning the 100 and 200 in WR times, and later, winning the *National Masters News* A-G 100. Max Springer, Tennessee, showed stamina with wins in the 400, 800, and 1500. Milo Lightfoot, Indiana, was the division's Mr. Versatility, winning the HJ, PV, and JT. Ross Carter, Oregon, 1996 SP and DT champion, duplicated his Spokane golds.

M85

Leon Joslin, Washington, jumped and threw to wins in the LJ, SP, DT, and HT, the last with a U.S. record. Tony Castro, California, took the 100 and 200. Ted Hatlen, California, won the HJ and JT.

M90

Bert DeGroot, California, at age 90 the oldest contestant in the meet, did a hat trick in the SP, DT, and JT.

W30

Charlene Landrum headed back to New York with gold medals in the 200, 400, and 100H. Anne Jennings, Massachusetts, also went eastward with three titles in the 100H, HJ, and LJ.

W35

Joy Margerum, California, who earned six golds in Spokane, took five here: 100, 200, 100H, 400H, and LJ. Diana Rigor, California, sprang to a U.S. PV record and won the 400. Mimi Ney, Georgia, won the 1500 from a solid field. Laurie Ticknor, Washington, went from a SC win to a JT first.

W40

Marietjie Ceronio, Tennessee, broke the SC WR and dazzled the LDR fans with wins in the 5000 and 10,000. Carol Finsrud, Texas, convincingly smashed U.S. records in the SP and DT. Cindy Steenbergen, Texas, sizzled to wins in the three sprints. Lyn Brubaker, Pennsylvania, broke the U.S. record in the 5000 RW and won the 10K on the road.

W45

Joan Stratton, Arizona, clobbered the U.S. HT record in winning all four throws. Mary Libal, Oregon, 1996 Masters Woman Athlete of the Year, zipped to firsts in the 100, 200, and 400. Linda Lowery flew back to Georgia with an overload of five gold medals. California runners DeeDee Grafius and Marina Jones each won two races. Marianne Martino, Colorado, walked to wins in both races, matching her 1996 performances in Spokane.

W50

Kathy Jager came out of Arizona to defeat reigning champion Nadine Lowenstein in the 100 and 200 and won the LJ. Joan Ottaway, California, doubled in the 5000 and 10,000. Erika Szanto, Ohio, defended her SP crown. Jo Ann Nedelco, California, got two golds in the walks.

W55

Vanessa Hilliard, Florida, dominated the throws, winning all four. Madeline Bost, New Jersey, did a nifty switcheroo with wins in the 800 and 1500 and also in the HJ and PV. Kemisole Solwazi, California, hurried to 100 and 200 victories. Nadine O'Connor tied the U.S. record in the LJ.

W60

Irene Obera, California, won the 100, 200, 400 and the NMN A-G 100 on Sunday. Eve Pell, California, broke the WR in the 10,000. Sue Tunnicliff, Oklahoma, hit a U.S. PV record and won the DT. Barbara Jordan left for Vermont with three gold medals in the 80H, LJ, and TJ. Christel Miller, California, showed a

Continued on page 14

PUBLICATIONS ORDER FORM

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Track and Field Report

by KEN WEINBEL

National Championships Pass Muster in San Jose

Kudos to Kelli Double, San Jose Sports Authority and staff, Meet Director Steve Haas and Assistant Meet Director Bob Jones for conducting a successful Outdoor National Championships, Aug. 7-10 in San Jose, Calif.

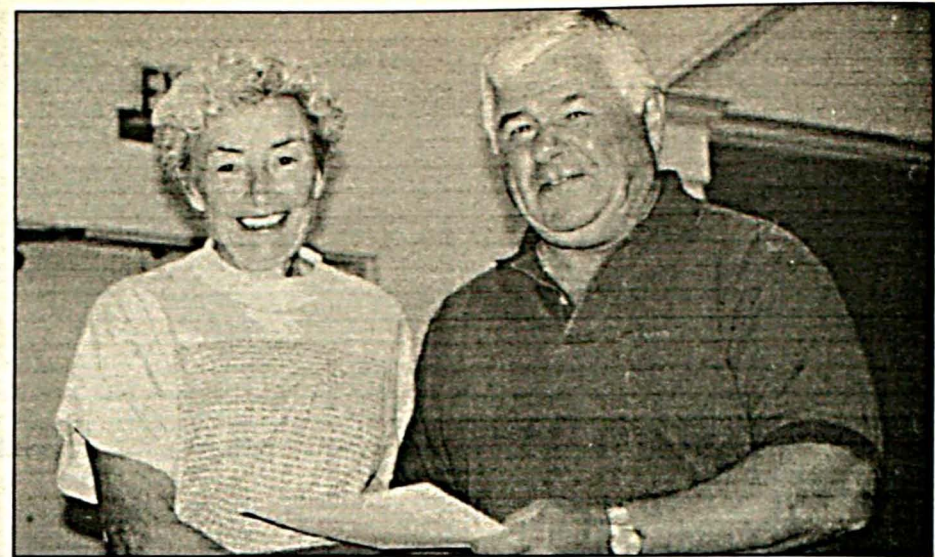
Their tireless efforts allowed for a meet of minimum problems and inconvenience for competing athletes. Their continual desire to accommodate when and wherever possible, was greatly appreciated and recognized by all.

Referee Bruce Springbett and all the officials worked tirelessly to keep the meet on schedule. George Kleeman logged enough miles going from venue to venue to qualify as a marathoner extraordinaire! Thanks to all. You did a really fine job; your expertise was certainly on display.

No meet comes off without some glitches. The 1997 championships was no exception. The Masters Executive Committee accepts the responsibility

to take action to better assist meet managers with the conduct of championship meets in the manner which best serves masters within the rules and regulations of USA Track and Field. A committee has been appointed and is already at work preparing an up-to-date Championship Meet Manual, which will be made available to all future host organizing committees and meet directors. Constructive suggestions are solicited and will be forwarded to the appropriate committee members for review. Send written suggestions to me by mail, fax or e-mail (MasterConnection@worldnet.att.net).

I was dismayed to hear that the WAVA meet in Durban was not con-



Leonore McDaniels, W65 Field Event Athlete of the Year in 1996, receiving her certificate from Ken Weinbel, USATF Masters T&F Chairman, at the Athletes Meeting, Friday evening at the meet headquarters Hyatt Hotel, National Masters Championships, San Jose, Calif. Photo by Jerry Wojcik

ducted with the high caliber of organization one would expect at a world championships. Responsible athletes do what is necessary to best prepare for the competition. Responsible administrators do what is necessary to best prepare for the competition.

As an active athlete, I appreciate a well-run competitive event. As an active administrator, I also appreciate a well run event. It is my intention to make our USA championships the finest in the world. We deserve it.

Congratulations to all the 1997 medal winners - you did well.

Congratulations to all the participants - you also did well. You were there. You competed. □

Highlights of Nationals

Continued from page 13

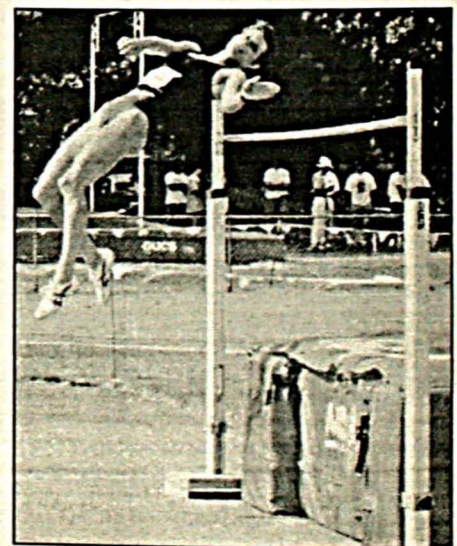
wide range in winning the PV and JT. Bev LaVeck, Washington, won both the racewalks.

W65
Betty Vosburgh, Georgia, easily the woman athlete of the meet, won eight events, with a WR in the 300H and U.S. records in the 100 and 400. Leonore McDaniels, Virginia, took three firsts, one a U.S. PV record. Judy Fetherston, New Mexico, broke the U.S. HT record and won the DT. Grace Moremen, California, nabbed firsts in the walks.

W70
Mavis Lorenz, Montana, swept the four throws, with a U.S. record in the JT. Joan Rowland, New York, broke the U.S. 5000 RW record. Johnnye Valien did an all-around with wins in the 100, PV, and TJ.

W75
The durable Gerry Davidson, California, won the 400, 800, 1500, and 5000. Diane Friedman, Ohio, took firsts in the 100, 200, LJ, and JT. Melanie Reske, Oregon, won the other three throws. Racewalker Jane Dana, California, broke her U.S. record for the 5000 and took the 10K gold.

W80
Betty Jarvis, Oklahoma, won the four throws, as she did in Spokane in 1996, breaking her U.S. DT record. □ -Jerry Wojcik



Debbie Brill, a guest competitor from Canada, tied the W40 world record for the high jump (5-7 $\frac{1}{4}$), National Masters Championships, San Jose, Calif., Aug. 7-10. Photo by Jerry Wojcik

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World Championships

Continued from page 1

The competition was held in five-year age groups, beginning at age 40 for men and age 35 for women. The Championships are held every other year under the auspices of the World Association of Veteran Athletes (WAVA). This year they were staged by the Durban Organizing Committee (OC), led by Chairman Monty Hacker, Chief Executive Officer Linda Barron, and Vice-Chairman Harry Naidu.

Of the 5788 entries, 2453 were from the host country. Visitors numbered 3335, the third-largest foreign entry ever, surpassed only by the 3687 non-Finnish competitors at the 1991 Championships in Turku and the 3539 non-USA entries at the 1995 event.

After South Africa, the next largest contingent came from Germany (499), followed by the USA (335), Great Britain (219), Australia (146), Brazil (121), India (120), and Russia (106).

Countries represented for the first time were Ivory Coast, Morocco, and Zimbabwe.

There were 11,363 event entries. Of the total 5788 participants, about 30 percent were women, the highest ever for a WAVA World Championships.

With about 5000 family members and friends included, the meet had an economic impact on Kwa-Zulu Natal province of about US\$12 million, according to standard economic estimates.

Rocky Start

The meet got off to perhaps the worst start of any of the 12 WAVA Championships. Events ran hours late. Computer entry lists were delayed and incorrect. Athletes were forced to wait over an hour in a small holding area, then rushed to the track to compete with no final warm-up.

Throwers were denied their proper number of throws by local officials who didn't know the rules. An all-day rain on the first Friday kept decathletes and officials at the stadium until 12:30 a.m.

"These games were the worst ever," said thrower Pay Carstensen of



An information booth greeted athletes at the Durban Airport.

Florida. "They changed the rules. There was no shelter for the decathletes on Friday in the rain."

"It was pretty bad; worse than Buffalo," agreed racewalker Joan Rowland of New York.

"You're so exhausted trying to get around to your event that you can hardly compete," said Ross Carter, who entered the shot, discus, and weight pentathlon. "I don't like complaining but this was the worst WAVA Championships I've ever been to. The people are very courteous, but it seems like meet management just makes things difficult for the athlete."

Things Got Better

But things got better. The inexperienced local organizers, who originally felt they could stage the meet with a minimum of outside help, finally relented and welcomed the expertise and assistance of WAVA personnel and overseas officials.

By day six, events were running on schedule, knowledgeable officials were in control, the weather was wonderful, and the main focus was on the competition.

55 World Records

A total of 55 world records and 25 USA records were set in the 11-day extravaganza (see chart and separate competition story).

One-hundred-twenty-one athletes (98 men and 23 women) were age 80-or-over; 11 were over age 90, including South Africa's Philip Rabinowitz, Germany's Alfred Althaus, and Uruguay's Asdrubal Capo, the oldest

participants, at age 93. The oldest women were 87-year-old Ruth Frith of Australia and Mildred Smith of the USA.

Friendly Camaraderie

The two stadiums were a five-minute walk apart, with a third throwing field equally close by in Kings Park. A beer garden where athletes socialized was between stadiums 1 and 2. Thus, a friendly atmosphere of camaraderie prevailed throughout the meet.

The free bus transport from the stadiums to the hotels was excellent. Three routes were used. Few athletes reported waiting longer than 15 or 20 minutes for their bus.

At the opening ceremonies, athletes paraded in behind their national flags, and then went to sit in the stands to enjoy the rest of the festivities. However, some of the speeches were so long the crowd started the wave. The lighting on the sound stage failed, leaving the band in darkness. An on-field tableaux with children and sticks left the crowd mystified, and the loud blaring music drove many athletes from the stadium early, a la Buffalo in 1995.

Attractive gold, silver and bronze medals were presented to the top three finishers in each event in each five-year age-group.

Unlike the successful awards presentations in Buffalo, however, the Durban OC chose not to follow a specific event-presentation schedule. Instead, awards were presented for a series of five or six events over a one-to two-hour period at the edge of the track, usually while competition was in progress. As a result, neither the awards presentation nor the competition got the full attention they deserved.

Schedule Near-Perfect

The schedule of events was again near-perfect. Events were staggered so athletes could compete in natural doubles and triples (e.g., 100, 200, 400; 800, 1500, 5000; X-C, 5000, 10,000) with adequate rest in between.

For the first time, runners in the 400 did not have to run heats and semifinals on the same day.

The tracks at both stadiums were excellent and there was adequate cover in the grandstands from the sun and rain.

The new scoreboard was not functioning the first few days, but did pro-

vide some sporadic results and occasional entry lists on the later days. Unfortunately, it was virtually useless, because the board was across the track, and the type was so small it could not be read with the naked eye.

There was no schedule in the otherwise excellent competitors' handbook, so athletes had to buy a program for 30

Continued on page 16

12TH WAVA CHAMPIONSHIPS NUMBER OF PARTICIPANTS BY NATION

Count	Team
2	ANGOLA
83	ARGENTINA
1	ARMENIA
146	AUSTRALIA
54	AUSTRIA
1	BARBADOS
26	BELGIUM
10	BOLIVIA
4	BOTSWANA
121	BRAZIL
68	CANADA
84	CHILE
30	CHINESE TAIPEI
39	COLUMBIA
3	CROATIA
63	CZECH REPUBLIC
30	DENMARK
1	DOMINICAN REPUBLIC
34	ESTONIA
84	FINLAND
101	FRANCE
499	GERMANY
219	GREAT BRITAIN
33	GREECE
1	GUYANA
16	HONG KONG
42	HUNGARY
2	ICELAND
120	INDIA
18	INDONESIA
54	IRELAND
8	ISRAEL
70	ITALY
1	IVORY COAST
81	JAPAN
4	KENYA
12	LATVIA
2	LEBANON
9	LESOTHO
15	LITHUANIA
30	MALAYSIA
6	MAURITIUS
25	MEXICO
5	MOZAMBIQUE
17	NAMIBIA
26	NETHERLANDS
71	NEW ZEALAND
45	NORWAY
7	P.R.OF CHINA
2	PAKISTAN
2	PANAMA
9	PERU
36	POLAND
58	PORTUGAL
5	PUERTO RICO
6	REPUBLIC OF CONGO
6	ROMANIA
106	RUSSIA
13	SINGAPORE
13	SLOVAKIA
27	SLOVENIA
2453	SOUTH AFRICA
29	SPAIN
10	SRI LANKA
76	SWEDEN
48	SWITZERLAND
3	THAILAND
2	TRINIDAD & TOBAGO
17	TURKEY
24	UKRAINE
335	UNITED STATES
14	URUGUAY
4	VENEZUELA
4	YUGOSLAVIA
8	ZAMBIA
55	ZIMBABWE
5788	TOTAL



Athletes from 76 nations socialized at the beer garden next to the stadiums in Durban.

World Championships

Continued from page 15

rand (US\$6.75), or check the information board daily. The program had the list of entries per event, but no numerical or alphabetical list of all athletes. The three-letter country codes were correct in the program, but many were incorrect in the results (e.g., UNI instead of USA; NEW instead of NZL).

Media Lose Interest

The media showed up on the first days, but when the OC could not provide timely results, the press seemed to lose interest. A small article appeared in the local papers on most days but only once during the week did any results appear.

What coverage there was, was to the point: "Airport Chaos Hits Athletes," blazed a front-page headline in the *Durban Mercury* on opening day, citing that "hundreds of international visitors were forced to stand for hours in immigration queues at Durban International Airport." However, those athletes who entered the country in Johannesburg or Cape Town (and then flew to Durban) reportedly had little or no trouble.

"Veteran Athletes Peeved" read another page-one headline on Monday, the fifth day. "The late issuing of results was irritating to the athletes and the media in particular, who were struggling to provide adequate coverage due to the delays," the *Mercury* stated.

But three days later, the headline read: "Athletes Now Happy." The *Mercury* reported: "The meet is now on track and early teething troubles are now sorted."

A two-hour live TV show of the action on the second Saturday was well done.

The hundreds of volunteers (some were paid a nominal wage) were excellent. Typical was James Champ. His company wouldn't give him paid leave to volunteer, so he took a week of his vacation time to help out. Driving athletes from the airport to their hotels, he said: "I wanted to be a part of this. These games won't be back in my lifetime."

The cross-country, road walks and marathon went off well. South Africa is experienced in staging world-class road races, such as the famous Comrades Marathon from Durban to Pietmaritzburg. Runners were supplied with computer chips in all three non-stadia events to aid in the timing.

"The chips were successful and they worked," said Jacques Serruys, WAVA Vice-President of Non-Stadia.

Managers' Meetings

Each morning, a "team managers' meeting" was held by WAVA and the OC at Stadium One to brief the national managers on upcoming activities and to hear and solve problems. Each team manager would then pass on the information to the athletes from his or her country.

USA team manager Sandy Pashkin held daily meetings for all USA partic-

ipants and did her usual yeoman job of handling inquiries and problems during the games, as well as organizing all the USA relay teams on the final day.

Photographers took hundreds of action and awards' shots which were available for about US\$7.

As in 1995, there was a notable lack of signage in languages other than English.

Declaration Troubles

The "declaration area" was confusing the first few days, but ran smoothly after the Monday day off.

"The declaration process was terrible," said Bill Bangert of California. "All that paperwork is redundant. You spend \$4000 to come here to compete and they have you sign in four times."

Only a handful of results was posted. Athletes had difficulty in determining if they had advanced to the next round.

Aside from the computer glitches (e.g., scheduling nine runners on the eight-lane Stadium 2 track), there were few problems with the races themselves. Fields were limited to nine in the lane events (Stadium 1) through the 800, so there was never the overcrowding as in Buffalo and Miyazaki.

One positive aspect of the computer program was that the results included single-age-grading.

There seemed to be fewer injuries than usual and, for the 12th consecutive Championships, no athlete died.

Crime

Several athletes, however, got mugged and robbed, especially in the first few days. A gang of youths would attack an athlete or two around midday in downtown Durban or even in front of the hotels. Some had knives; others only their fists.

Several athletes resisted, and were rescued by passers-by. No one was reportedly physically harmed, although an Irish athlete was held at gun-point in his hotel room while thieves scoured the room. A group of 30 Czech athletes moved out of the Backpackers Club International because it was in a dangerous area.

Competitors were subsequently told by the police chief not to walk alone and to be ever on the alert.

Most athletes played it safe and stayed in their hotels more than they might have otherwise.

Banquet

The Wednesday banquet got mixed



Eve Pell, W60, California, was elected to carry the flag and lead the U.S. team members into the stadium opening ceremonies, 12th WAVA Championships, Durban, South Africa, July 17-27.

Photo by Suzy Hess

reviews. Everyone had a seat. Some enjoyed the Indian cuisine and the entertainment. Others felt the rice/curry/bread/fruit menu was overpriced at US\$30 and complained the music was too loud.

An enterprising entrepreneur could have made big bucks at Stadium 1 by providing food. There were never any hot dogs or hamburgers available, and the cakes and rice/curry usually ran out by 3 p.m. The vending machines were often out of order.

Physiotherapy Outstanding

The physiotherapy was outstanding. For 50 rand (US\$11.25), athletes could get a 30-minute massage or acupuncture. The USA's Phil Raschker, who won 10 gold medals and one silver in the W50 group said, "I never would have made it past the second day without the physio."

However, there was a paucity of medical help during the longer races.

Athletes also complained of lack of water during the 10,000 track races.

Stars of the Meet

Among the stars of the meet were Raschker, Sweden's Jutta Pederson, who won four golds with two world W50 records; New Zealand's Ron Robertson, who won five distance races in the M55 class; New Zealand's Derek Turnbull, who won six races and garnered three world M70 records; Britain's Jose Waller, with five golds in the W75 category; Germany's Christiane Schmalbruch (W60) and Paula Schneiderhan (W75), who each set three world records in their respective divisions; and Canada's blind Ivy Granstrom, who established four world marks in five wins in the W85 bracket (see separate story and charts of all winners).

Tours

Many athletes and their families

Continued on page 17



Runners in the 2000 steeplechase (l to r): Veronica Von Gordon, W40, RSA; Teena Colebrook, first W40 (7:20.85), GBR; Sue Grigsby, W40, USA; Christine Wallace, W40, RSA; Alison Jones, W35, GBR; Slavica Poznic, first W35 (7:26.52), SLO; Anne-Mari De Bruyn, W35, RSA; and, kneeling, Anthea James (l), W35, RSA; and Susana Morales, W35, ARG, at the 12th WAVA Championships, Durban, South Africa, July 17-27.

Photo by Suzy Hess

WORLD VETERANS CHAMPIONSHIPS

Year	City	Number of Entries		
		Total	Foreign	Host
1985	Rome	4330	2895	1435
1987	Melbourne	4817	2347	2470
1989	Eugene	4754	2444	2310
1991	Turku	4802	3687	1115
1993	Miyazaki	12175	2444	9901
1995	Buffalo	5335	3539	1796
1997	Durban	5788	3335	2453

World Championships

Continued from page 16

found time to take one of the tours offered by the OC. Hundreds of tours were taken to Lesotho, the Drakenburg Mountains, the Valley of 1000 Hills, Shakaland, Hluhluwe Game Reserve, Kwa-Muhle Museum and Clermont Township.

Major sponsors of the event were Avis, South African Airways, Telkom, and MTM Cellular.

At the closing ceremonies, the draw for the free round-trip ticket to South Africa on South African Airways went to the NMN's own Suzy Hess.

As the meet wound down, T-shirts were swapped, invitations to visit friends in other countries were extended, and a feeling of goodwill and friendship between peoples of different cultures blotted out – for a time, at least – the problems of the outside world.

Carlius Elected WAVA President

by HAL HIGDON

Politics was among the events conducted at the 12th World Veterans Athletics Championships in Durban, South Africa.

On July 24, with only a few qualifying 400-meter heats at the track, if you wanted to watch masters athletes using their elbows and throwing weight around, you had to go to the Holiday Inn Crowne Plaza Hotel on the oceanfront. There, the World Association of Veteran Athletes (WAVA) held its General Assembly.

Delegates elected Sweden's Torsten Carlius as their next president. Carlius has served as Secretary of WAVA since 1991. He replaces outgoing president Cesare Beccalli of Italy and becomes the organization's third president. (Canada's Don Farquharson had served as WAVA President for ten years.) Like Farquharson before him, Beccalli could not continue because of a constitutional limit that permitted only five two-year terms for officers.

The contentious Beccalli did not go quietly into the night, however. In a closing report, Beccalli claimed that during his term he had been "opposed and even insulted and defamed," in addition to being accused of being "a pawn in the hands of the International Amateur Athletic Federation." (It was during Beccalli's term that the once-independent WAVA agreed to accept affiliation with the IAAF; the marriage so far has gone smoothly.)

In becoming President, Carlius defeated Al Sheahen (California, USA), publisher of the *National Masters News*. In a campaign speech before the delegates, Sheahen insisted that WAVA should be run like a business as well as a sport. He noted that veteran athletes competing in Durban brought \$11 million to that city and would spend even more in Gateshead, England, in two years. He called for the development of an organizers' manual, a new marketing

Following the Championships, many athletes went on post-meet excursions to Cape Town, Johannesburg, Kruger Park, Victoria Falls, Sun City and Zimbabwe.

"There were a lot of mistakes and snafus at the stadiums," said Ruth Anderson, "but overall it was a marvelous experience, visiting Hluhluwe and Victoria Falls, I'm very glad I went."

Results

The results of the first eight places of each event are printed in this issue on pages 29-37. Unfortunately, a few events are missing, many country codes are wrong, and, for the first time since 1981, we were unable to get adequate information on the performances of all USA athletes.

For the complete results, we must wait for the official results book, promised by the OC by the end of this month.

— Al Sheahen

and publicity committee, and promised to pursue getting masters competition into the Olympic Games. But his bid failed by a 77 to 45 vote of delegates.

Sheahen had served ten years as WAVA Treasurer, and, like Beccalli, had reached his term limit. He now leaves the Council. Beccalli remains on the Council for four more years in the office of past president.

Ron Bell of Great Britain was elected, 75-45, over Vice-President of Non-Stadia, Jacques Serruys (Belgium) for that office.

In a three-way contest for the Treasurer's job vacated by Sheahen, Switzerland's Giuseppe Galfetti was chosen, 75-46, over the USA's Norm Green on the final ballot, after the first ballot gave Galfetti 57 votes, Green 37, and Uruguay's Jose Figueras 26 votes.

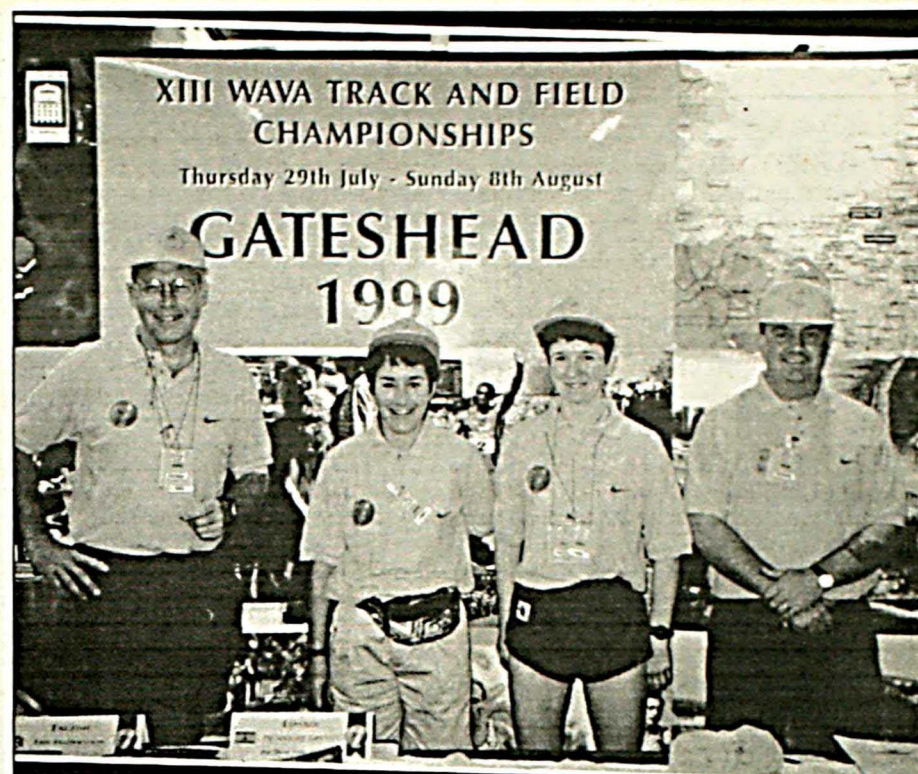
Both Sheahen and Green may have been the victims of a mild anti-American sentiment. At the WAVA meeting two years earlier in Buffalo, Tom Jordan had challenged Bob Fine for the position of Executive Vice-President and won. In Durban, Jordan ran unopposed for that office.

"When Tom moved on to the Council two years ago, I knew it would make it more difficult for me to succeed in winning the Presidency," conceded Sheahen after the election. Had Sheahen and Green won, it would have placed Americans in three of the top six WAVA offices.

In the only other contested election for a WAVA Council spot, Britain's Bridget Cushen defeated incumbent Hannelore Guschmann, to become the WAVA Women's Representative.

Thus, of the four elections, Europeans won all four.

An aide to Sheahen said that informal exit polling found that delegates who voted for Sheahen actually represented *more* athletes at these Championships (not counting the host country) than those delegates who voted for



Representatives from the XIII WAVA Championships to be held in Gateshead, England, in 1999, at the WAVA Championships in Durban, (l to r): Ron Bell, Debbie Ross, Bernie Bell, and Bob Gallagher.

Carlius.

"That's because of the peculiar WAVA voting system," the aide said, "where nations with only one or two competitors each get one vote, whereas the big countries like the USA (with 335 athletes) are limited to five votes. So, theoretically, six athletes from six different countries have more voting power than 335 USA athletes. And that's what happened. We got most of the big countries but Torsten got most of the little ones. The same thing may have happened to Norm. It's an unfair voting sys-

tem and it ought to be changed."

In other business, delegates voted to elect officers only every four years, with a maximum of two terms, instead of every two years.

Delegates also voted against a proposal that would have permitted men to compete at the World Vets beginning at age 35. (Women compete at the World Vets beginning at that age.) Previous proposals to eliminate this gender inequity by making women wait until age 40 have failed, and this one did too. □

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Countdown from Durban

Low Marks for 12th WAVA Championships

The reviews from athletes of the 12th WAVA World Veterans Athletics Championships in Durban, South Africa, July 17-27, were generally unfavorable.

Despite a heroic and successful effort by the organizers to overcome early administrative problems, the athletes still gave the event low marks.

"The only worse meet from a thrower's standpoint was the National Championships in Michigan two years ago," said Dave Vandergriff.

"The concrete throwing circles on stadiums two and three were rough and unfinished," said Len Olson. "The staging area was too small. The number of people to process is impossible. They should have had a staging area in each stadium instead of trying to process everyone in stadium one."

"It was disorganized and not very well run," said Phil Raschker, "but we always have problems. They did their best."

Why Durban?

Several athletes asked why Durban was chosen to hold the games.

The delegates to the WAVA General Assembly in Miyazaki in 1993 chose Durban (64 votes) over Malmo, Sweden (47 votes); Kuala Lumpur, Malaysia; and Concepcion, Chile for several reasons:

- 1) The two stadiums were first-rate and in close proximity.
- 2) The Championships had never been to Africa.
- 3) The athletes wanted to see what the new South Africa was like.
- 4) The games would be a positive step in helping to bring South Africa into the world community after years of isolation.
- 5) The event would provide badly-needed tourist revenues to the South African economy.
- 6) The city of Durban reportedly was backing the games financially.
- 7) The bidders were known masters athletes with experience in organizing masters meets.

Beccalli Visits Durban

In late 1994, it appeared as though Durban did not have the financial resources or organizational talent to put on the games. Hannes Booysen, founder of the South African Masters program and now WAVA's Africa Regional Chairman, lined up Johannesburg as a substitute to stage the meet.

WAVA President Cesare Beccalli flew to Johannesburg and got a commitment from that city that it would financially back the games. However,

because Durban had originally won the bid in 1993, Beccalli felt it was only fair to offer to let them match Johannesburg's offer. To his surprise, they did, and the games were finally set for Durban, much to the disappointment of Booysen, who had worked hard to get the Johannesburg commitment.

"We would have put on a first-class meet in Johannesburg," Booysen said. "We had the experience and talent to do it right."

2004 Olympics

The Durban City Council ponied up the money as an investment to bring tourist revenues to the area. The South Africans also felt if they could stage a successful event, it would enhance the nation's chances for Cape Town to be awarded the 2004 Olympics. (That vote is due on Sept. 5, 1997.)

"There is a strong incentive for us to prove we can hold a track and field event of world-class standard," said Linda Barron, Chief Executive Officer of the games before the meet.

So as a matter of national pride, the



Jose Waller, Great Britain, winner of the W75 800 (3:43.11), 12th WAVA Championships, Durban, South Africa, July 17-27.

Photo by Suzy Hess



The Polish athletes enter the stadium in the opening ceremony.

Photo by Suzy Hess

South Africans wanted to prove they could handle the event with limited help from abroad.

Outside Help Refused

WAVA Executive Vice-President Tom Jordan was slated to fly to Durban in March, 1997 for a week to help out. He was told he wasn't needed. U.S. Masters' founder David Pain and his wife Linda were willing to fly to Durban in late May to work full-time at no pay for two months. Chairman Monty Hacker pushed for the Pains to come, but the majority of the Organizing Committee (OC) said they could handle things on their own.

"I opposed the Pains coming, Barron said. "What role would they have had?"

Hacker disagreed. "I was outvoted. We wouldn't have had all these problems if David and Linda had been here," he lamented.

"It was a travesty that Cesare Beccalli (WAVA President) didn't send Tom Jordan to Durban," said Ruth Anderson.

Even before the meet began, athletes became apprehensive when the promised confirmations never arrived, despite assurances that "everything is fine."

The OC didn't realize it was in over its head until the meet got under way. Barron then admitted the event had turned out to be a bigger undertaking than expected.

"The trouble we ran into concerning accommodations came from athletes who arrived with very little money to their names and no accommodations booked," Barron said.

Computer Problems

"We should have had our own computer program written," Barron continued, "but we relied on the program written for the Championships in Buffalo two years ago. That worked fine there because the man who created the program was there to trouble shoot. We didn't have that luxury."

But they could have. The trouble shooter from Buffalo is Charlie Hodgson, who literally saved the meet at the 1995 U.S. Nationals in Lansing and was invaluable in Buffalo. He would have come, but the OC didn't think it was necessary.

"I faxed Linda Barron saying you've got to use me," Hodgson said. "I wrote, this meet's the most difficult there is. But I never got a reply. When I tried to phone, they wouldn't put me through to her."

Hodgson said he was appalled when he learned the OC computer operation was using Scanvision. "That only gives you one-way communication," he said. "They should have used Finish Lynx or Hawkeye."

Barron reiterated that the goal was to show the world the South Africans could put on a quality meet on their own, so they would have a good shot at the 2004 Olympics.

"What would have been the point of bringing in a lot of outside help?" she asked. "It would have defeated our purpose."

Barron admitted the man the OC hired to run the computer program was a mistake. "He's not even a programmer," she said. "He's an architect. He couldn't do the job. Our technology wasn't good enough."

This lack of computer experience was the biggest factor causing the delays on the first few days.

Things Would Get Better

In mid-week, Barron correctly predicted things would get better. "We just have to use this event as part of our learning curve," she said.

"No one in their wildest dreams could have estimated beforehand just how big this event would turn out to be, and the developing gremlins certainly gave us more than a few early headaches," Barron said. "But we're confident our many overseas visitors will take home pleasant memories of their stay in Durban."

WAVA came in for its share of criticism. "WAVA never supplied us with an organizers' manual," Barron complained. "It's ridiculous not to have any written guidelines or instructions. We had to reinvent the wheel. So will Gateshead in 1999 unless WAVA gets its act together."

WAVA admitted it was remiss in not providing enough help to the OC. Stadia Vice President Jim Blair promised more pre-meet visits to Gateshead by key Council members.

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Countdown

Continued from page 18

But the WAVA leadership has no plans to produce the badly-needed organizers' manual.

Officials

More than 20 certified officials from the USA and other countries had flown in at their own expense to volunteer. But some complained they were relegated to the background for the first few days. They claimed the OC insisted on local officials being in charge of certain events.

"But most of the South African officials were brand new people; they didn't know the book," said Dick Hotchkiss at the USATF Athletes Meeting in San Jose on August 8. "There were kids running events. There was no protest system. It took an hour and 45 minutes from the time the M45 100m finalists came on the track before the gun went off because they lost the computer sheets. Ed Gonera led a strike; the runners refused to run until they were ready.

"The implement check-out was pretty awful, and the third field was a failure," Hotchkiss continued.

"But they tried their best to do a good job. Everyone made the best of it and had a good time, anyway."

"I felt the officials side was adequately handled, even from the start," said Jim Blair, WAVA's Stadia Vice-President. "Paal Pretorius did use overseas officials in an 'in charge' position from the start. The problems were on the administrative side."

Rex Harvey, WAVA's North American Chairman, pitched in to help speed up the computer-processed paper flow. Foreign officials were put in charge of more events. The meet began to flow smoothly.

There were few "volunteers" in the traditional sense. The new South Africa is relying heavily on affirmative action to help stabilize the country. Virtually all helpers were paid from R10 (\$2.25) to R50 (\$11.25) per day. "Our 'volunteers' cost us a lot of money," Barron said. In the end, the city picked up the tab.

Sponsors Hard to Get

Sponsors were hard to come by.

Harry Naidu, Tourism Durban's Director of Sports and Events and Vice-Chairman of the Championships, said he had battled to secure sponsorship of the event since South Africa won the bid four years ago.

"The company hired to seek sponsorship could not raise one cent in 18 months," he said.

Joanne Hayes, public relations officer for the OC, said organizers had been given an emergency loan of R3.8 million (US\$850,000) from the city council.

Barron said the system used to run an event of this size had not been tested before.

"This is our first attempt at such a major event and only after its completion will we know if the country can handle the 2004 Olympics."

Can it?

The speeches at the opening ceremonies were certainly more preoccupied with winning the Olympic bid rather than with the WAVA meet.

But the consensus of the athletes was that the operation of these championships had finished off whatever chance Cape Town might have had to win the Olympic bid.

Blair, Hacker, Barron and OC member Basil Carnie agreed these Championships were under close scrutiny from high-ranking officials who had close ties to the International Amateur Athletic Federation (IAAF) and the International Olympic Committee (IOC).

"Make no mistake, the eyes of the world, and the IAAF and IOC, in particular, are on these Championships in Durban," Blair said before the meet began.

"Many of the WAVA and other officials from overseas who are here have influence with the IAAF and the IOC. Because of the size of this event, if things don't go well here, you can be sure it will affect Cape Town's bid."

Cape Town

Cape Town was not deterred.

"Cape Town Wants the Olympics," blazed a Cape Town newspaper headline, "...and we think we have a good chance to get them."

The story reported the huge effort being made to lobby the IAAF and IOC during the World Championships in Athens in August.

The next day's headline said: "Convention Pulls Out," citing an international group which had planned to bring 3000 visitors to Cape Town opting, instead, for Spain, due to the high crime rate in Cape Town.

Indeed, visitors to Cape Town were flat out told not to walk the downtown streets at night.

So it would seem its Olympic bid is in serious trouble.

Durban To Bid for 2002

Despite the problems, Durban's key council members agreed to support the hosting of the World Masters Games in 2002, but only if the event - which is expected to cost more than US\$4 million - is financially secure.

Naidu called on the city to underwrite the bid before his group made the bid in October in Germany. He said the Games were likely to attract several sponsors because of the wider variety of sports to be hosted.

However, councillor Visvin Reddy wasn't so sure.

"While it's important for the city to entrench its position as a world sports capital and take bold financial decisions, this has to be weighed against the need to provide housing and water to our citizens. We don't want to be approached a month before the World Masters Games for R9 million because no sponsors could be found."

Councillor Obed Mlaba, Durban Metropolitan Mayor, said despite the "teething problems," the event was a "great success."

"For us in Durban, it has been a



Athletes from the host country of South Africa at the opening ceremony.

Photo by Suzy Hess

steep learning curve. After years of isolation, South Africa is in the process of catching up on the global experience - and we need to learn fast.

"I wish to thank you most sincerely for putting your trust in us. Where we may have failed to rise to expectations, I apologize unreservedly. I appeal to

you that, in looking back at these games, you will mainly remember the many successes associated with our honest efforts and, once we have reached the desired pinnacle, you will surely, in all honesty, be able to lay claim to the fact that you helped raise the child." □

- Al Sheahen

Brisbane To Host 2001 WAVA Championships

The city of Brisbane, Australia, was officially chosen to host the 14th biennial WAVA World Veterans Athletics Championships in 2001 by the delegates to the WAVA General Assembly on July 24 in Durban, South Africa.

As reported in July's NMN, Brisbane became the only bidder for the event when two other prospective bidders - Victoria, Canada and Kuala Lumpur, Malaysia - dropped out due to financial problems. Victoria said it hoped to re-submit its bid for the 2003 Championships.

Despite its assurance of winning the bid, the Brisbane representatives still made perhaps the most impressive presentation ever seen at a WAVA General Assembly. They distributed a professional, artistic, 48-page brochure extolling the virtues of the facilities and the beauty of the Brisbane area, and followed up with an impressive video.

Brisbane hosted the 1994 World Masters Games, which attracted over 23,000 participants (including over 3300 track and field athletes) to Queensland.

The QEII Sport Complex at Nathan will be the centerpiece of the event. The two major T&F facilities are located side by side in this complex. The primary stadium features a new 10-lane polyurethane track and by 2001 there will be another IAAF-standard track in the adjoining stadium. So, once again, as in Durban, Miyazaki, Melbourne and Rome, both stadiums will be within easy walking distance of each other. The facility is located 11 kilometers (6.8 miles) from the Central Business District.

The meet is scheduled for July 5-15, the start of winter south of the equator. But, being near the tropics, at 28° latitude (the same as Miami), the event promises mild weather and little rain. The average July temperatures are 21°C (70°F) maxi-

mum and 9°C (48°F) minimum.

The cost of living in Brisbane (index 80.5) is less than half of Tokyo (199.2) and lower than Kuala Lumpur (89.9), New York (100.0) or London (106.9).

There are plenty of hotel and dormitory spaces available at moderate rates. The event will be underwritten by the Queensland Events Corporation, with considerable corporate sponsorship expected.

In a close contest, Valladolid, Spain, beat out Cardiff, Wales, Britain for the right to host the WAVA Non-Stadia Championships in the year 2000.

In 1995, delegates in Buffalo selected Kobe, Japan to host the 1998 Non-Stadia Championships and Gateshead, England to stage the 13th WAVA Athletics Championships in 1999. The dates of the 1999 event are July 29-August 8. □

USA MEDAL WINNERS IN 12TH WAVA WORLD VETERANS CHAMPIONSHIPS IN DURBAN

Age	G	S	B	T	Age	G	S	B	T
M40	1	2	3	6	W35	1	1	0	2
M45	2	2	3	7	W40	1	2	1	4
M50	4	1	3	8	W45	0	0	1	1
M55	1	2	3	6	W50	9	3	1	13
M60	1	3	4	8	W55	2	0	2	4
M65	5	2	3	10	W60	7	1	0	8
M70	2	5	1	8	W65	0	0	1	1
M75	4	4	1	9	W70	7	4	4	15
M80	4	7	0	11	W75	0	2	3	5
M85	1	1	0	2	W80	1	2	1	4
M90	0	0	0	0	W85	0	1	0	1
Tot.	25	29	21	75		28	16	14	58

	G	S	B	T
1997	53	45	35	133
1995	121	102	96	319
1993	60	54	38	152
1991	73	57	42	172
1989	124	143	133	400
1987	85	70	44	199

Records Set in Durban

Continued from page 21

Mel Larsen of Illinois placed second behind Selzer in the 100, was third in the 200, and won the 80H (13.89AR, 97.1%). Rodney Brown had one of those meets where he performed brilliantly, but couldn't quite get an individual gold, going home with three silvers in the 200, 400,

and 800. But Brown, Larsen, Oscar Harris and Bill Daprano took one of only four USA relay gold medals in the 4x400 (4:49.95).

The star of this division was the legendary Derek Turnbull of New Zealand. Running in the all-black New Zealand colors, the great Kiwi set three M70 world records in the 800 (2:28.37), 1500 (5:09.73) and 5000 (18:34.61). He added three more wins in the 10,000 (39:43), 10K X-C (41:34) and marathon (3:15:58)

U.S. MEDAL WINNERS IN 12TH WORLD VETERANS CHAMPIONSHIPS DURBAN, SOUTH AFRICA - JULY 17-27, 1997

Table with 4 columns: Athlete Name, G, S, B. Rows include Kevin Morning (200), James Barrineau (HJ), Mike Pannell (400H), Doug Sparks (PV), Stan Vegar (DEC), Bill Lawson (DEC).

Table with 4 columns: Athlete Name, G, S, B. Rows include Ed Gonera (100), Bill Rea (LJ), Bruce Hedendel (DT), Bob Bowen (200, 400).

Table with 4 columns: Athlete Name, G, S, B. Rows include Ladislav Pataki (SP, DT), Ken Brinker (100H), Rich Friedlander (5KW), Harold Nolan (1500, 5000), Steve Robbins (200), Dave Walter (400).

Table with 4 columns: Athlete Name, G, S, B. Rows include Joe Keshmiri (DT, SP), Al Henry (LJ), Emil Pawlik (100H, HJ), Ed Kousky (20KW).

Table with 4 columns: Athlete Name, G, S, B. Rows include Larry Colbert (400, 200, 100), Jack Bray (5KW, 20KW), Phil Mulkey (100H, PV), Mel Yoder (1500).

Table with 4 columns: Athlete Name, G, S, B. Rows include Marlon Sanchez (100H, 300H, HJ, 100), Max Green (5KW, 20KW), Harry Brown (100, 200), Len Olson (SP), Ray Feick (JT).

Table with 4 columns: Athlete Name, G, S, B. Rows include Mel Larsen (80H, 100, 200), Rodney Brown (200, 400, 800), Bob Mimm (20KW, 5KW).

Table with 4 columns: Athlete Name, G, S, B. Rows include Ed Lukens (100H, LJ, TJ), Tim Murphy (100, 200), Armando Ricciardi (PV), Paul Geyer (5KW), Charles Mercurio (TJ), Walter Dahlin (HJ).

Table with 4 columns: Athlete Name, G, S, B. Rows include Bill Weinacht (100, 200), Ross Carter (SP, DT), Bill Tallmadge (20KW, 5KW), Milo Lightfoot (400, HJ, PV), Dudley Healy (MARA), Ernest Lucken (20KW).

Table with 4 columns: Athlete Name, G, S, B. Rows include Lagrande Nielsen (5000), Claude Hills (HJ).

Table with 4 columns: Athlete Name, G, S, B. Rows include Debra Benton (5KW, 10KW).

Table with 4 columns: Athlete Name, G, S, B. Rows include Carol Finsrud (DT, HT, SP), Sue Grigsby (SC).

Table with 4 columns: Athlete Name, G, S, B. Rows include Joan Stratton (HT).

Table with 4 columns: Athlete Name, G, S, B. Rows include Phil Raschker (100, 200, 400, 80H, 300H, PV, LJ, TJ, HEP), Michael Hill (80H, 300H), Kathy Frable (5KW).

Table with 4 columns: Athlete Name, G, S, B. Rows include Melody-Anne Schultz (MARA, XC), Becky Sisley (PV), Kemisole Solwazi (200).

Table with 4 columns: Athlete Name, G, S, B. Rows include Irene Obera (100, 200, 400), Jeanne Hoagland (400, 800, 1500), Eve Pell (5000, XC).

Table with 4 columns: Athlete Name, G, S, B. Rows include Ruth Anderson (MARA).

Table with 4 columns: Athlete Name, G, S, B. Rows include Miriam Gordon (10KW), Pat Peterson (200, 100, HJ), Johnnye Valien (80H, PV, LJ, HEP, TJ, 200), Bernice Holland (DT, JT), Joan Rowland (5KW, 10KW).

Table with 4 columns: Athlete Name, G, S, B. Rows include Diane Friedman (400, LJ, 100), Louise Adams (XC).

Table with 4 columns: Athlete Name, G, S, B. Rows include Mary Haines (5KW, 800, 1500), Jo Burleson (JT).

Table with 4 columns: Athlete Name, G, S, B. Rows include Dorothy Robards (5KW).



Decathletes in the M50 division (l to r): George Kinadeter, GER, Snowy Brooks, GBR, Rex Harvey, USA, Lad Pataki, USA, Norm Hough, RSA, Geoff Hughes, USA, David Juarez Angelo, PUR, Crasswell Van Onselen, RSA, Nikolay Lechtenko, RUS, and Dominique Laugier, FRA, at the 12th WAVA Championships, Durban, South Africa, July 17-27. Photo by Suzy Hess

for one of the most amazing performances in the history of the WAVA Championships.

- Finland's Matti Jarvinen won the long (4.71) and triple (10.21) jumps, and the weight pentathlon (3602 points).
New Jersey's Bob Mimm captured the 20K road walk (2:13:07) and added a silver behind South Africa's George Hazle (30:30.98) in the 5000 walk.

Britain's James Todd was unbeatable in the 800 (2:45.82), 1500 (5:45.43) and 5000 (20:00.13 WR).

- Belgium's Emil Pauwels took home four bronze and one gold (SC, 12:00.36).
The USA's Ed Lukens was amazing with three gold medals in the 80H (15.46), long jump (4.32AR), and triple jump (9.24AR), and silver in the 20K racewalk.

Other USA silver medal winners were Walt Dahlin (HJ/1.32AR), Armando Ricciardi (PV), and Charles Mercurio (TJ). Italy's Carlo Bomba took both walks, with Minnesota's Paul Geyer second in the 5000 racewalk.

Ohio's Bill Weinacht garnered his second gold 100-meter medal (1993 was his first) in 15.51 and added a silver in the 200 behind Germany's Wolfgang Muller (33.17).

Sweden's Torsten Stale captured six events: 800 (3:08.57), 1500 (6:51.62), 5000 (24:23), 10,000 (45:29), 10K X-C (52:45), and 5K walk (34:55).

Finland's Reino Taskinen was best in the 80H (18.26), 300H (79.98), and decathlon (4172).

The USA's Milo Lightfoot found silver in the 400, high jump and pole vault.

Japan's legendary Mazumi Morita took his specialties, the long (3.93) and triple (7.93) jumps, and added a pole vault gold (2.10).

Oregon's Ross Carter successfully defended his shot (11.15) and discus (32.50) championships.

Kentucky's Bill Tallmadge won the 20K walk and got silver in the 5000 RW, while New Jersey's Dudley Healy took second in the marathon.

Italy's Vittorio Colo set two WRs in winning six events: 100 (16.51), 80H

(19.82WR), HJ (1.02), LJ (3.22nwi), TJ (7.32WR), and decathlon (5993), and added a bronze in the 200.

Germany's Friedrich Mahlo swept the 200 (36.52), 400 (91.57) and 800 (3:59.94).

California's Lagrand Nielsen won the 5000 (43:50.01), while Germany's Bruno Wischmann tripled in the discus (22.50), hammer (25.22) and weight pentathlon (3627).

Germany's Gerhard Schepe set a WR with a 27.34 javelin toss, and Pennsylvania's Claude Hills took second in the HJ.

Australia's Richard Gathercole won the 100 (19.99), 200 (44.24WR), 400 (2:07.17), and discus (14.42).

Germany's Alfred Althaus, 93, took the 5000 (36:00.64WR) and 10,000 (1:13:57), while South Africa's Philip Rabinowitz, 93, won both walks (45:27 and 3:02:50).

Russia's Marina Sloushkina was best in the 100 (12.19), 100H (13.67), and LJ (6.31).

Germany's Petra Herrman upped her own W35 pole vault WR to 31.13 and added the TJ (12.28).

Germany's Sabine Rogge took the shot (11.90) and hammer (40.02).

Michigan's Debra Benton won gold in the 5000RW and silver in the 10K road walk.

Zdenka Musinska of the Czech Republic broke Maeve Kyle's 27-year-old 100m mark of 12.0 with an 11.99 and also won the 200 (24.95), besting Sara Montecinos in each. But the Chilean came back to win the 400 (57.87), and get silver in the 800 behind Britain's Tina Colebrook (2:13.30), who also won the 1500 (4:42.64) and 2000 SC (7:20.85).

Germany's Lidia Zentner took silver in the 1500 and 10,000, and won the 5000 (17:47).

Brazil's Conceicao Geremios won three golds in the pole vault (2.60) triple jump (12.48 WR) and heptathlon (5711 points).

The USA's Carol Finsrud won gold in the discus (49.26AR), bronze in the shot (12.56AR), and silver in the hammer, while Sue Grigsby took second in the steeple.

New Zealand's Wendy Brown garnered six events: 100 (16.51), 80H



Hy-Tek

One of the positive aspects of the 12th WAVA World Veterans Athletics Championships in Durban, South Africa, July 17-27, was the use of single-age-grading in the Hy-Tek computer program.

Prior to last year, only five-year age-grading was available, but Charlie Hodgson, Hy-Tek's computer whiz, programmed the single-age factors and standards into the program this year and made it available to the Durban organizers.

We have printed the three best sin-

gle-age-graded performances for each event for both men and women on page 37.

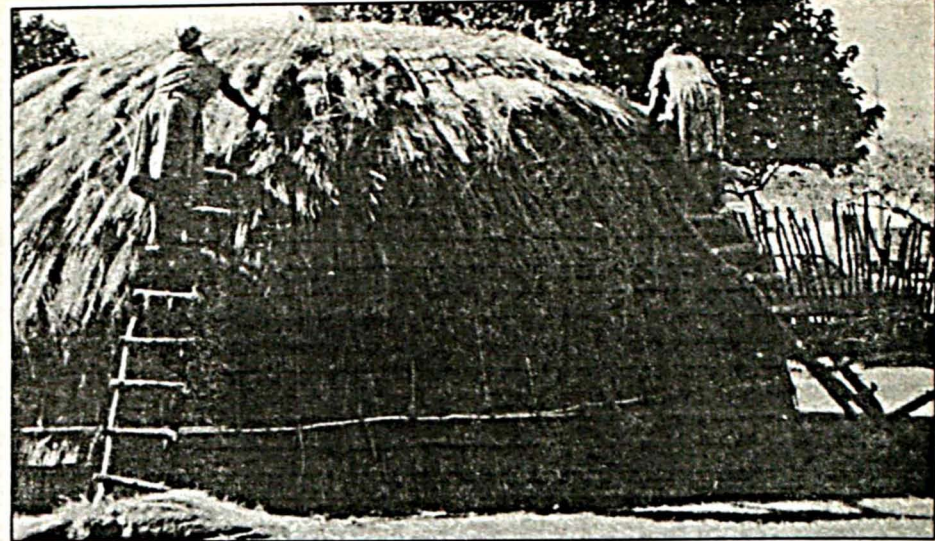
The results are fascinating. For example, Germany's Jurgen Radke, 60, scored 97.0% for his 12.17 100-meter win, edging countryman Wolfgang Reuter (67, 12.92, 96.5%)

Team Manager's Report

by SANDY PASHKIN, USA Team Manager, 12th WAVA World Veteran Championships

I hope that everyone has recovered from his or her trip home from South Africa. In spite of the difficulties with the organization of the meet, I hope that you have some fond memories of South Africa. I want to thank the athletes listed below for their support. I am still incurring some expenses and am missing some results. I will have a full report for you in next month's issue.

Lorraine	Tucker	Ray/Ruth	Everson
Ed	Neiles	Emil	Pawlik
Charles	Mercurio	Queenie	Thompson
NW Event	Mangement	Robert	Eisner
Nancy	Smalley	Milo	Sather
Malcolm	Gillis	Yoko	Eichel
Larry	Colbert	Melody-Anne	Schultz
Al	Sheahen	Denise	Foreman
Roberto	Pozzi	Ken	Wilson
Manny	Herscher	Bill	Weinacht
Edward	Kress	Gerard	Malaczynski
Jim	Fisher	Kathleen/Norm	Frable
Rodney	Brown	Mildred	Smith
Tom	Hinkes	Archie	Messenger
Oscar	Harris	Sumi	Onodera-Leonard
Robert/Ruth	Perraud	Samuel	Neal
Dixie	James	Gloria	Chalfon
Louis	Johnson	Claude	Hills
Ralph	Wheeler	Fred/Margaret	Seewerker
Dorothy	Robarts	Pay	Carstensen
Theodore/Dorthea	Swanson	Sarah	Neal
Marilyn	Morehead	Eve	Pell
Ross	Carter	Walt	McConnell
Shirley	Dietderich	Deborah	Wyeth
Dr Paul W	Johnson	Curtis	Baldwin
Becky	Sisley	Dr. Ralph	Garfield
Frank	Chesek	Jerry	Donley
Carole/Bob	Langenbach	Andrew	Neidnig
Josef	Fodor	Jim/Rose	Schlewitz
Bob	Dobbs	Merion	Knight
Dr Jacob	Stein	Marvin	Goldenberg
Bruce	Hedendal	George	Kerwin
Anthony	Baker	Troy	Grove
Bill/Mary	Cheadie	Joan	Stratton
Ed	Daniels	Fan/John	Caris
Derek	Mahaffey	Rich	Friedlander
Annie	Barker	Max	Green
Jack	Prestrud	Charles	Yogi
Randy	Taylor	Beth	Young-Grady
Loretta	Harris	Tim	Murphy
Suzy	Hess	Dudley	Healy
Janet	Baumann	Ernie	Lucken
Bill	Tallmadge	Maximina	Carter
Arnie	Brandt	Arlene	Miller
Karen	Huff	Irene	Obera
Alan	Brevik	Gary/Christel	Miller
Jack	Lance	Jack	Bray
Ryszard	Nawrocki	Paul	Geiger
Louise	Adams	Margaret	Peters
Minam	Gordon	C.	Bruce



Zulu women building a grass hut near Durban, South Africa.

Photo by Suzy Hess

and Britain's Stephen Peters (44, 11.11, 95.5%). On the women's side, the USA's Irene Obera, 63, did even better, with a 13.93/97.9%, ahead of the USA's Phil Raschker (50, 12.65, 97.0%) and Germany's Paula Schneiderhan (75, 16.12, 96.4%).

In more than a few cases, the second-best A-G effort came out of the same race as the best performer. The USA's Larry Colbert, 60, for example, finished second to Radke in the M60 200. But his A-G was 96.5%, better than any other 200-meter age-group winner.

In a couple of races, an athlete who didn't even win the gold medal came up with the best A-G performance of the event. Belgium's Ad Heijdens, 58, of New Zealand, in the 5000, 16:10.26 to 15:53.65. But factoring in the two year difference in age gave Heijdens a better A-G percentage of 96.2 to Robertson's 96.1

There were six "double winners": Radke (100; 200), Raschker (200;



W50-54 athletes from the U.S., Michael Hill (l) and Johnnie Hill-Hudgins, WAVA Championships, Durban, South Africa

Photo by Suzy Hess



A member of the group of South Africans representing the history and culture of South Africa, at the venue of the 12th WAVA Championships, Durban.

Photo by Suzy Hess

PV), Robertson (3000SC; 10,000), Finland's Stig Backlund (56, LJ; TJ), Sweden's Jutta Pedersen (50, 1500; 5000), and Germany's Christiane Schmalbruch (60, LJ; TJ). Raschker was second-best in the 80H, 100 and LJ, and third-best in the 400 and TJ.

Theoretically, no athlete should go over 100%, which is the "standard of perfection." However, the WAVA Age-Grading Committee underestimated the ability of one runner and five field-eventers.

Robertson was the only runner to sneak over the century mark with his 9:55.05 in the 3000SC. Backlund and Schmalbruch both topped 100% in the triple jump, while three throwers (Ross Carter, M83, SP, 11.15), Britain's Evaun Williams (W59 HT, 44.24), and Germany's Jutta Schaefer (W65, HT, 39.22) threw farther than the experts said they could.

Those events will need revising when the committee next meets. □

-Al Sheahen

Masters Scene

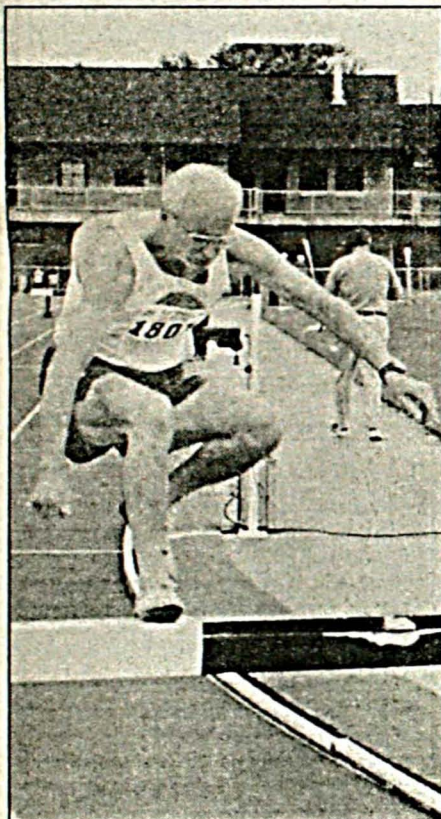
NATIONAL

• The 5K and 10K road races in the US National Senior Sports Classic in May were run on short courses, according to Dan Reynolds, event director. The calibration course set up for this event was not accurate. The 5K and 10K were approximately 385 and 770 meters short, respectively. The results of those races were published in the July issue.

EAST

• More than half the male finishers in the 1997 Boston Marathon were age 40-or-over, according to the final BAA report. Of 6414 male finishers, 3372 (53%) were masters. Of 2477 female finishers, 708 (29%) were 40+. Of 10,471 starters, 8891 (85%) finished. Of 4814 masters starters, 4080 (85%) finished.

• Rick Hoebeke, 48, Trumansburg, NY, and Shirley Woodford, 41, Burdett, NY, zipped to masters wins in the Elmira-Thon 10K, Elmira, NY, June 8. Hoebeke finished third overall of 1200 participants with a 33:08. Woodford was second female in a speedy 38:29. Fifty-one-year-old Jim Bisogni, Ithaca, NY, was runner-



John Hepner, 65, lowered the M65-69 U.S. record in the 2000m steeplechase with an 8:10.29, Hayward Masters Classic, Eugene, Ore., June 28-29. Photo by Jerry Wojcik

Subscription Problems? Moving?

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up M40+, in 35:57

• Bruce Hamilton, 41, Fairfax, VA, defended his title in the Pennsylvania Avenue Mile, June 14, with a 4:31.08. Paul Ryan, 46, Arlington, Va, was second with a 4:38.43. Fay Bradley, 59, Washington, DC, with a 4:54.54 in the men's race was the standout performer. Chris Stockdale, 53, Washington, DC, posted the best W40+ time with a 5:39.11 over the course, which was a flat mile just below the White House to the U.S. Capitol.

• Betty Blank, 44, Falls Church, VA, romped to a masters first with a 20:00 in the Women's Run For Roses 5K, Wheaton, MD, June 26. Sharon Dolan, 55, Gaithersburg, MD, was second in 20:50. Dee Nelson, 53, Gaithersburg, celebrated the completion of her 500th race with a W50-54 first-place 22:38.

• Skip Murphy, 40, 26:47, and Wendy Silverstein, 43, 34:35, hurried to masters firsts in the Lesbian & Gay Pride 8K, Central Park, NYC, June 28. Top finishers in the older divisions included Jack Brennan, 55, 30:55, and Muriel Merl, 71, 46:14.

• Kari Proffitt, 40, rumbled to a fourth place of 563 women, with a 1:24:26, in the NYRR Bronx Half-Marathon, Bronx, NYC, July 13. Alan Ruben, 40, finished 14th overall of 1313 men in 1:14:40. Sam Skinner, 54, with a 1:20:06, and Toshiko d'Elia, 67, in 1:50:18, flew to division wins.

• The Westchester TC Masters Men and Senior Men (50+) teams swept to victories in the NYRR Club Team Championships 5 Mile, Central Park, July 20. The M40-49 quintet totaled 443; the senior trio scored 390. The Moving Comfort NY women's three first runners scored 147 for the W40-49 trophy, while the Taconic RR Senior Women trio added up to a winning 341. First masters were Jaime Palacios, 42, of Witold's Runners, in 26:20, and Kari Proffitt, 40, of the Tortoise Track & RR, in 30:51. First seniors were Al Swenson, 50, Westchester TC, with a quick 26:33, and Irene Jackson, 50, Central Park TC, in 35:28. In the Not The Club Team Championships, run an hour later, Theodore Pruet, 45, 28:23, and Julie Calabrese, 40, 36:05, hied to masters victories.

• Farley Simon, 42, of Arlington, VA, and the US Marine Corps, captured the masters title and sixth place with an M40+ course record 25:30, Rockville Rotary Twilight 8K, Fort Washington, MD, July 19. Bob Briggs, 40, Springfield, VA, was second in 26:26. Gretchen Triantos, 40, Rockville, MD, led the W40+ to the finish in 30:20, followed by Linda Wack, 41, Germantown, MD, in 30:41. The 2500 runners in the race started at 8:45 p.m. to the tunes of a live band.

FIFTEEN YEARS AGO September, 1982

- Nationals Draw 450 Competitors to Wichita
- Pat Dixon Sets New W60 10K WR With a 44:51
- New M80 800 (2:53.5) and 1500 (6:12.2) WRs Are Set by Harold Chapson in Hawaii
- Shirley Dietderich Breaks W55 200 AR in 35.00

• Diane Gordon, 43, Central Islip, NY, led her Bohemia TC to a masters team victory with a W40+ first-place 19:47, Long Island Women's 5K, Farmingdale, July 29. Kathy Gribbon, 43, Bronx, was second in 19:55. Mary Nathan, 56, Far Rockaway, NY, ran a strong 21:06 to take the W55 race.

SOUTHEAST

• Bill Stewart, M40, 4:28, and Toni Cruz, W45, 5:50, sprinted to masters bests in the Loudoun Street Mile, Winchester, Va, June 28. Event Director Kathy Smart, W50, managed a 10:57 best time of all in the racewalk.

MIDWEST

• Clarence Trinkner 65, was the winner of the Masters Mini-Multi Award at the USATF Illinois Meet, in Lisle, June 14. The award was based on the total of the three highest age-graded performances. Trinkner won a score of 258.25, based on his 100H (91.08%), 300H (82.74%), and HJ (84.43%). Andrew Boyce, 30, was second with 231.22 on a 77.59% HJ, 70.84% LJ and 82.79% 100. Mike Skoflanc was third with a total of 230.60.

• Ward Freeman, 40, with a 2:59:55, was overall winner in the Ohio/Michigan Marathon, Toledo July 13.

WEST

• Third place in the M40-44 HJ results, Los Gatos Classic, August issue, should have been Greg Hodson at 4-8, not Greg Hedsor.

• Payton Jordan set a new M80 WR of 31.31 in the 200 at The USATF West Regional Masters T&F Championships, San Jose Calif., July 12. The old record of 32.4 was set by Joe Packard 13 years ago.

OPEN

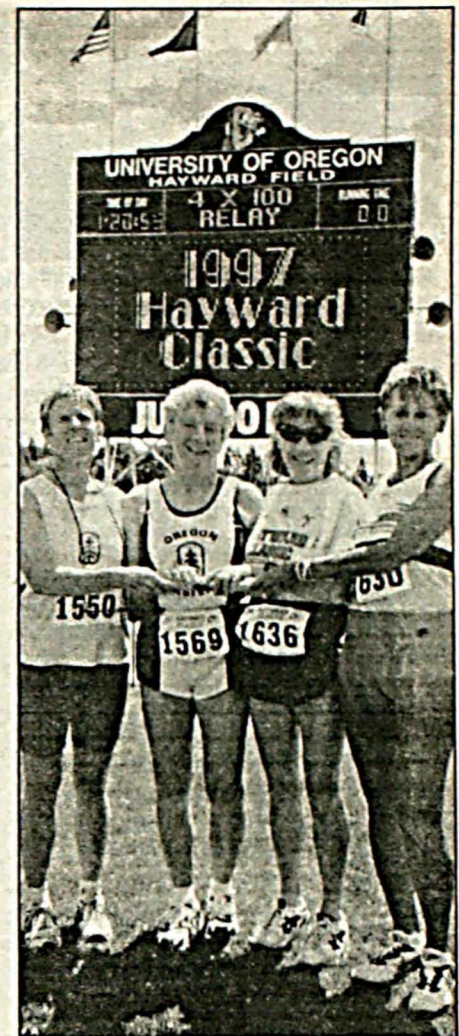
• The highest rated sports TV show in Los Angeles on Sun., August 10 was the IAAF World T&F Championships in Athens, which garnered a 5.7 rating (15 share), besting baseball: Dodgers vs. Cincinnati (4.7/12); golf: PGA Buick Open (3.7/10); tennis: Acura Classic final (2.9/7); auto racing: CART Miller 200 (2.0/6). Each rating point represents just under 50,000 L.A. households. Thus, nearly 300,000 Angelenos were tuned to T&F. The World Championships rated second in L.A. on Sat., August 9, behind baseball, but ahead of WNBC basketball, boxing, soccer, golf, and harness racing.

New Rankings Coordinator

Ross Dunton, of Placentia, Calif., has been selected to fill the vacant position of USATF Masters T&F Rankings Coordinator. The office had been held by Jerry Wojcik, who resigned in August after serving as coordinator for ten years.

Dunton, a runner, writes a training column for the National Masters News and is a USATF Level II certified coach. He was selected for the position after an interview with Ken Weinbel, USATF Masters T&F Chairman, and Wojcik at the National Championships in San Jose.

Dunton will present his ideas and future plans for the masters rankings in the October issue. □



W60 4x100 winners at Hayward Classic, Eugene, Ore., (from left): Jane Dods, Marjorie Gilmore, Marcia McChesney, Suzy MacLeod.

Historic Running Shoe Collection

More than 250 models of training and racing shoes spanning five decades of running history, the majority of them never used and still in their original boxes. Includes all the great shoes (Adidas Italia, Tiger Ohbori, Nike Daybreak) and all the crazy ones (the steel-reinforced Vans guaranteed for 5,000 miles, and the Puma with the baseball-sized computer attached to the heel). Plus a few pairs worn by famous runners in memorable races. Altogether, a spectacular display of running shoe technology, history, and style. It includes the best (and worst) of Adidas, Asics, Avia, Brooks, Converse, Diadora, Etonic, Evolo, Hersey, Kacpa, Karhu, Keds, Le Coq Sportif, Lydiard, Mizuno, New Balance, Nike, Onitsuka Tiger, Osaga, Puma, Reebok, Sako, Saucony, Skaja, Turntec, Vans, and others. Most have collector's notes. Some are prototypes (including some with outrageous colors) that never went into commercial production. Collection to be sold intact, \$5,000. For complete list or to arrange a viewing (near Washington, DC) call (703) 361-3112 before 10 pm EST.

Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are generally limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are generally limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

TRACK & FIELD

NATIONAL

September 20-21. USATF National Masters Decathlon & Heptathlon Championships, Thomasville, N.C. Bill Busby, 11 Culbreth Ave., Thomasville, NC 27360. 910-476-1228(h); 475-8141(w).

October 11. USATF National Masters Weight Pentathlon Championships, Orlando/Disney Sports Complex. Jeff Wentworth, PO Box 10000, Lake Buena Vista, FL 32830-1000. 407-363-6627; fax: 407-363-6601.

July 30-August 2, 1998. 31st annual USATF National Masters Championships, U. of Maine, Orono. U. of Maine, 5747 Memorial Gym, Orono, ME 04469-5747. 207-581-1077; fax: 207-581-3474; e-mail: ranson@maine.maine.edu. Web site: <http://www.ume.maine.edu/~track>.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

September 12-13. Bangor Senior Games, Bangor, Me. 50+. Dianna Weigel, 238 State St., Brewer, ME 04412. 207-432-7812.

September 19-21. New Hampshire Granite State Senior Games, Laconia. GSSG, PO Box 1942, Rochester, NH 03866-1942. 603-322-0055.

September 25-27. Maryland Senior Games, Towson St. U. 50+. Phil Adams, TSU, Unit 1939, Towson, MD 21252. 410-830-4456. No out-of-state.

TEN YEARS AGO September, 1987

- 20th Nationals Draw 976 to Eugene
- Phil Raschker Sets Three W40 WRs in Nationals (100/11.83, 400H/67.23, TJ/35-7)
- Doug Latimer, 49, is Top Master in Western States 100 Mile in 19:39:02
- Atlaw Beliligne, M40, Claims Masters Victory in Utica Boilermaker 15K with a 50:26

September 28. New York Masters Fall Mini-Meet, Merchant Marine Academy, Kings Point, N.Y. Throws & jumps only. SASE to Eric Weissbrot, 7 Drury Ln., Great Neck, NY 11023. 516-487-1417 (7-9 pm); Roslyn Katz, 718-358-6233 (7-9 pm) EDT.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

September 6. Tennessee Pentathlon Championships, Vanderbilt U., Nashville. Randall Brady, c/o Nashville TC, 2916 Oakland Ave., Nashville, TN 37212. 615-383-6733.

September 25-27. Georgia Golden Games, Robins AF Base. 50+. Vicki Pilgrim, PO Box 958, Winder, GA 30680. 404-657-6644.

September 25-28. Kentucky Senior Games, Elizabethtown. 50+. Deadline: Sept. 1. Ruth Hudson, 24 Public Square, Elizabethtown, KY 42701. 502-765-2175.

September 30-October 5. North Carolina Games, Raleigh. 50+. Margot Raynor, PO Box 33590, Raleigh, NC 27636. 919-851-5456. No out-of-state.

October 8-17. Tampa Bay Senior Games. 50+. Sandy Fiallo, 1420 N. Tampa St., Tampa, FL 33602. 813-274-8117.

October 21-25. Sarasota County Senior Games. 50+. Kelly Shoemaker, 4430 S. Lockwood Ridge Rd., Sarasota, FL 34231. 941-316-1268.

October 22-November 2. South Florida Senior Games, Ft. Lauderdale. 50+. Dori Horowitz/Judy Thom, 1350 W. Broward Blvd., Ft. Lauderdale, FL 33312. 954-761-5383.

October 25. Celebration of Senior Wellness, Florida St. U., Tallahassee, FL. 850-222-5146.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

September 3-14. Wisconsin Senior Games, Milwaukee. 50+. Helen Ramon, 414-821-4444.

September 4-7. Rockford Senior Games. 50+. Patricia Haynes, 1401 N. Second St., Rockford, IL 61107-3086. 815-987-8800.

September 4-13. Mayor Daley Senior Games, Chicago. 50+. Laura Casey, 425 E. McFetridge Dr., Chicago, IL 60605. 312-747-0792.

September 7-12. Active Times Games, Fort Wayne. 50+. Amy O'Boyle, Parks & Rec Center, 233 W. Main St., Fort Wayne, IN 46802. 219-427-6466.

September 14. Wolfpack Throwing Classic, Kilbourne HS, Columbus, Ohio. All throws, plus WP & SW. John White, 4865 Arthur Place, Columbus, OH 43220.

614-459-2547.

September 23-28. Illinois Senior Games, Springfield. 50+. Deadline: Sept. 3. Annette Fuchs, 1415 N. Grand Ave., Springfield, IL 62702. 217-789-2284.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

September 5-9. Good Life Games, St. Joseph, Mo. 50+. Stephanie Mefford, 801 Faraon, St. Joseph, MO 64501-1892. 816-271-1033.

September 12-14. South Dakota Senior Games, Pierre, 50+. Deadline: Aug. 31. Jaci Casanova-Keller, 1007 E. Cabot, Pierre, SD 57501. 605-773-3656.

September 14. Paavo Nurmi Challenge, All-City Stadium, Denver. Runners do 1500 & 5000, 55 minutes apart. Results age-graded. Andre Raveling, Denver TC, 303-320-0750.

October 2-5. Kansas Senior Games, Topeka. 50+. Deadline: Sept. 5. Marge Rightmeier, Topeka Parks & Rec., 1534 SW Clay, Topeka, KS 66604. 913-368-3798.

October 5. Denver TC 20K 4-Runner Relay, All-City Stadium. Andre Raveling, 303-320-0750.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

September 11-14. North Texas Senior Games, Wichita Falls. 50+ Deadline: Aug. 22. Betty Brown, 817-322-6232.

September 13. Waterloo Relays, Austin, Texas. Jeff Brower, 7305 Tanbark Cove, Austin, TX 78759. 512-918-0497.

September 18-21. Arkansas Senior Games, Hot Springs. 50+. Gail Ezelle, PO Box 3377, Hot Springs, AR 71914. 501-321-1441.

September 18-24. Oklahoma Senior Games, Tulsa. 50+. Deadline: Sept. 13. Dana Short, 1710 W. Charles Pape Blvd., Tulsa, OK 74127. 918-596-7866.

WEST

Arizona, California, Hawaii, Nevada

September 20. San Diego Senior Games, San Diego St. U. 50+. Deadline: Sept. 5. 619-233-9950.

September 27. KELfield 5th Annual Throws Meet, Santa Cruz. No fees. All-You-Can-Eat BBQ. WT & SW. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408-458-0202.

October 4. Club West Meet, Santa Barbara City College, Santa Barbara, Calif. Beverley Lewis, 805-969-5851.

October 12. Sri Chinmoy Masters Games, Cal State Long Beach, Long Beach, Calif. 40+. Bigalita Egger, 310-645-0271.

October 13-24. Huntsman World Senior Games, St. George, Utah. 1-800-562-1268.

October 17-19. Napa Senior Games. 50+. Virginia Mosher, PO Box 660, Napa, CA 94559. 707-255-1800.

November 15. Long Beach Senior Games, Long Beach City College, Long Beach, Calif. 50+. Karla Yuki, 310-570-1776.

November 22. Tucson Senior Games, Drachman Stadium, U. of Arizona. Tucson Parks & Rec., 220 S. 5th Ave., Tucson, AZ 85701. 520-791-4865; fax: 791-5314.

ON TAP FOR SEPTEMBER

TRACK AND FIELD

Decathletes and heptathletes will head for Thomasville, N.C., which is furnishing the USATF National Masters Championships on the 20th-21st. Multi-eventers in need of a tune-up can find it at the Tennessee Pentathlon, Nashville, on the 6th. Throwers will head for Columbus, Ohio, for the Wolfpack Throwing Classic on the 14th. The no-fee KELfield 5th Annual Throws Meet, Santa Cruz, Calif., on the 27th, ends with an all-you-can-eat BBQ. NYC-area residents can jump and throw in a mini-meet at Kings Point on the 28th. Multi-sport Senior Games (50+) are in great supply. Most are scheduled for five days or more. Check the Schedule for the t&f dates.

LONG DISTANCE RUNNING

The National Masters 8K Cross-Country Championships open the month's action on the 1st - Labor Day - in Pasco, Wash. On the 6th, masters compete for cash prizes in the Run By The River 5K, Clarksville, Tenn. The Harvard Pilgrim 5K, in Rhode Island, and the Runs For Life, in New Jersey, should keep Easterners occupied on the 14th. Those averse to the loneliness of the long distance runner can run in a group in California's Napa To Santa Cruz Relay on the 19th through the 20th, which is the date for the Cow Harbor 10K, Long Island, and Idaho Women's 5K, Boise. The Eriesistible Marathon, Erie, Pa., is set for the 21st, as is the Virginia 10 Miler, Lynchburg, for the 27th. Races on the 28th abound and include 5K Races For The Cure, 10Ks, half-marathons, marathons, and a 50-mile relay. Check the LDR Schedule for details.

RACEWALKING

Two National Masters Championships on the board: the 40K, Long Branch, N.J., on the 7th, and the 5K, Kingsport, Tenn., on the 13th. The Alongi International Racewalk Classic returns to Dearborn, Mich., on the 27th.

CANADA

September 6. Canadian Masters AA InterClub Championships, Metro T&F Centre, York U., Toronto. M35+/W30+. Awards - age-graded basis. Jim Flowers, 479 Drewry Ave., Willowdale, Ontario, M2R 2K9, Canada. 416-226-4713.

INTERNATIONAL

September 28-29. Russia-Germany-Ukraine Match, Sochi, Russia. Vadim

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Table of chess results for various categories including M50-800m, M55-800m, M60-800m, M65-800m, M70-800m, M75-800m, M80-800m, M85-800m, M90-800m, M95-800m, W45-800m, W50-800m, W55-800m, W60-800m, W65-800m, W70-800m, W75-800m, W80-800m, W85-800m, W90-800m, W95-800m, M40-1,500m, M45-1,500m, M50-1,500m, M55-1,500m, M60-1,500m, M65-1,500m, M70-1,500m, M75-1,500m, M80-1,500m, M85-1,500m, M90-1,500m, M95-1,500m, W40-1,500m, W45-1,500m, W50-1,500m, W55-1,500m, W60-1,500m, W65-1,500m, W70-1,500m, W75-1,500m, W80-1,500m, W85-1,500m, W90-1,500m, W95-1,500m, M40-5km, M45-5km, M50-5km, M55-5km, M60-5km, M65-5km, M70-5km, M75-5km, M80-5km, M85-5km, M90-5km, M95-5km, W40-5km, W45-5km, W50-5km, W55-5km, W60-5km, W65-5km, W70-5km, W75-5km, W80-5km, W85-5km, W90-5km, W95-5km, M40-10km, M45-10km, M50-10km, M55-10km, M60-10km, M65-10km, M70-10km, M75-10km, M80-10km, M85-10km, M90-10km, M95-10km, W40-10km, W45-10km, W50-10km, W55-10km, W60-10km, W65-10km, W70-10km, W75-10km, W80-10km, W85-10km, W90-10km, W95-10km.

Table of chess results for various categories including M40-1,500m, M45-1,500m, M50-1,500m, M55-1,500m, M60-1,500m, M65-1,500m, M70-1,500m, M75-1,500m, M80-1,500m, M85-1,500m, M90-1,500m, M95-1,500m, W40-1,500m, W45-1,500m, W50-1,500m, W55-1,500m, W60-1,500m, W65-1,500m, W70-1,500m, W75-1,500m, W80-1,500m, W85-1,500m, W90-1,500m, W95-1,500m, M40-5km, M45-5km, M50-5km, M55-5km, M60-5km, M65-5km, M70-5km, M75-5km, M80-5km, M85-5km, M90-5km, M95-5km, W40-5km, W45-5km, W50-5km, W55-5km, W60-5km, W65-5km, W70-5km, W75-5km, W80-5km, W85-5km, W90-5km, W95-5km, M40-10km, M45-10km, M50-10km, M55-10km, M60-10km, M65-10km, M70-10km, M75-10km, M80-10km, M85-10km, M90-10km, M95-10km, W40-10km, W45-10km, W50-10km, W55-10km, W60-10km, W65-10km, W70-10km, W75-10km, W80-10km, W85-10km, W90-10km, W95-10km.

Table of chess results for various categories including M40-5km, M45-5km, M50-5km, M55-5km, M60-5km, M65-5km, M70-5km, M75-5km, M80-5km, M85-5km, M90-5km, M95-5km, W40-5km, W45-5km, W50-5km, W55-5km, W60-5km, W65-5km, W70-5km, W75-5km, W80-5km, W85-5km, W90-5km, W95-5km, M40-10km, M45-10km, M50-10km, M55-10km, M60-10km, M65-10km, M70-10km, M75-10km, M80-10km, M85-10km, M90-10km, M95-10km, W40-10km, W45-10km, W50-10km, W55-10km, W60-10km, W65-10km, W70-10km, W75-10km, W80-10km, W85-10km, W90-10km, W95-10km.

Table of chess results for various categories including M45-5km, M50-5km, M55-5km, M60-5km, M65-5km, M70-5km, M75-5km, M80-5km, M85-5km, M90-5km, M95-5km, W45-5km, W50-5km, W55-5km, W60-5km, W65-5km, W70-5km, W75-5km, W80-5km, W85-5km, W90-5km, W95-5km, M45-10km, M50-10km, M55-10km, M60-10km, M65-10km, M70-10km, M75-10km, M80-10km, M85-10km, M90-10km, M95-10km, W45-10km, W50-10km, W55-10km, W60-10km, W65-10km, W70-10km, W75-10km, W80-10km, W85-10km, W90-10km, W95-10km.

Continued from previous page

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Jutta Bellmann (41 GER), Ana Martinho (42 POR), Evelina Cotes Freyte (40 COL).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Regina Stange (45 GER), Jarmila Klimesova (49 CZE), Gertraud Rusch (49 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Natasa Bezdak (51 SLO), Mary Thomas (53 AUS), Renate Vogel (53 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Elvira Ozolina (57 LAT), Evaun Williams (59 GBR), Karin Ilgen (56 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Gertraud Schonauer (60 AUT), Birute Kalediene (64 LIT), Sigrun Kofink (62 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Hanna Kiehr (72 GER), Bernice Holland (70 USA), Hildegard Riedl (72 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Mirjam Ronni (78 FIN), Mary Garc Jadelires (75 COL), Marlis Fleckner (77 CHI).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Aennchen Reile (81 GER), Angela Cressi (82 ITA), Josephine Burleson (80 USA).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Hubert Indra (40 ITA), Stan Vegar (42 USA), William Lawson (40 USA).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Viktor Grouzenkin (45 RUS), Nicholas Phipps (45 GRE), Uli Weigel (47 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Rolf Geese (53 GER), Snowy Brooks (52 GBR), Helmut Hessert (50 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Herman Albrecht (57 GER), John Cooper (55 AUS), Reinhard Dahms (58 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Gerhard Boehm (60 GER), Tor Trondset (61 SWE), Knut Skramstad (60 NOR).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Ariel Standen (67 CHI), Jerzy Przyborowski (67 POL), Ronald Johnson (65 NZL).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Fred O'Connor (73 AUS), Albertus Van Zyl (74 RSA), Karri Wichmann (70 FIN).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Pierre Darrot (76 FRA), Bruno Sobrero (76 ITA), Ugo Sansonetti (78 ITA).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Reino Taskinen (81 FIN), Vinicio Echeverri (80 COL), Vittorio Colo (85 ITA).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Jenny Brown (38 GBR), Hazel Barker (37 GBR), Jackie Gilchrist (35 GBR).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Conceicao Geremios (40 BRA), Tatiana Potapova (43 RUS), Peta Bird (40 AUT).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Margaritha Daehler (49 SUI), Stephanie VanRooyen (46 RSA), Ana Goldmann (49 ARG).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Phil Raschker (50 USA), Gertrud Heinrich (51 GER), Erika Staehle (55 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Laili Kaas (62 EST), Aida Menezes (60 BRA), Christa Eschenbach (60 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Asta Larsson (65 SWE), Isabel Hofmeyr (69 RSA), Ngawini Pepene (66 NZL).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Billy Maganas (43 GBR), Jan Voigt (43 GER), Jurgen Sachse (41 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Didier Cognard (42 FRA), Richard Watson (44 USA), Andrzej Piaczkowski (47 POL).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Ryszard Krzesinski (54 POL), Jan Roodt (50 RSA), Heinz Harre (53 AUT).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Kurt Bradal (56 DEN), William Gentleman (57 GBR), Olavi Koivukangas (55 FIN).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Peter Speckens (62 GER), Gerd Glaser (60 GER), Heinz Janson (60 GER).

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Table with 4 columns: Rank, Name, Country, Score. Includes entries like Matti Jarvinen (71 FIN), Helmut Duholm (71 DEN), Erik Eriksson (73 FIN).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Arthur Dreher (75 GER), Hans Sieder (76 GER), Jerzu Krawczyk (76 POL).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Ahlmann Nielsen (81 DEN), Ensio Hamalainen (80 FIN), Emil Schottle (83 GER).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Berno Wischmann (86 GER), Claude Sterly (85 RSA), Frantisek Klempa (85 CZE).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Sabine Rogge (35 GER), Ruth Breinsberger (38 AUT), Claire Camerson (39 GBR).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Dario Ramirez (60 COL), Jack Bray (64 CA), David Stevens (61 GBR).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Max Green (65 MI), Douglas Fotheringham (67 GBR), Mieczyslaw Rutyna (66 POL).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Brigitte Lange (54 GER), Biina Leppsoo (53 EST), Evaun Williams (59 GBR).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Sigrun Kofink (62 GER), Zsuzsanna Wissinger (63 GER), Almut Broemmel (62 GER).

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- Heptathlon -

- 5K Racewalk -

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Fabio Ruzzier (44 ITA), Oliver Mundell (43 SOU), Clyde Riddoch (43 AUS).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Mike Whitmore (45 SOU), Narima Aitmouhametov (45 RUS), Jiri Janousek (45 CZE).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Richard Friedlander (53 MO), Bernard Binggeli (51 SWI), Anthony King (51 IRE).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Jurgen Spencer (56 SOU), Murray Dickinson (58 AUS), Jaroslav Fiala (55 CZE).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Dario Ramirez (60 COL), Jack Bray (64 CA), David Stevens (61 GBR).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like Max Green (65 MI), Douglas Fotheringham (67 GBR), Mieczyslaw Rutyna (66 POL).

Table with 4 columns: Rank, Name, Country, Score. Includes entries like George Hazle (72 SOU), Robert Mimm (72 NJ), Walter Wolf (70 GER).

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Table with 3 columns: Rank, Name, and Time. Includes entries like M85, M90, W35 -5km WALK-.

Table with 3 columns: Rank, Name, and Time. Includes entries like H Helen Lewis, W45 -5km WALK-.

Table with 3 columns: Rank, Name, and Time. Includes entries like Celine Goyeneche, Emriquetto Rodriguez.

Table with 3 columns: Rank, Name, and Time. Includes entries like Betty Slater, Ricarda Duro.

- 10K Racewalk -

Table with 3 columns: Rank, Name, and Time. Includes entries like W35, Lili-Ann Kriegler.

Table with 3 columns: Rank, Name, and Time. Includes entries like N Altomouhametov, Pier Fortunati.

Table with 3 columns: Rank, Name, and Time. Includes entries like M50, Emilio de la Camara.

Table with 3 columns: Rank, Name, and Time. Includes entries like M55, Jutta Pedersen.

Table with 3 columns: Rank, Name, and Time. Includes entries like W45, Heather McDonald.

Table with 3 columns: Rank, Name, and Time. Includes entries like M50, Bernard Binggeli.

Table with 3 columns: Rank, Name, and Time. Includes entries like M55, Ron Robertson.

Table with 3 columns: Rank, Name, and Time. Includes entries like M60, Harold Dobson.

Table with 3 columns: Rank, Name, and Time. Includes entries like W50, Heidi Maeder.

Table with 3 columns: Rank, Name, and Time. Includes entries like M60, Dario Ramirez.

Table with 3 columns: Rank, Name, and Time. Includes entries like M65, Luciano Acquarone.

Table with 3 columns: Rank, Name, and Time. Includes entries like M70, Derek Turnbull.

Table with 3 columns: Rank, Name, and Time. Includes entries like W60, Josette Sommier.

Table with 3 columns: Rank, Name, and Time. Includes entries like M70, Bob Mimm.

Table with 3 columns: Rank, Name, and Time. Includes entries like M75, Kazumi Suzuki.

Table with 3 columns: Rank, Name, and Time. Includes entries like M80, Andre Osselaer.

- 20K Racewalk -

Table with 3 columns: Rank, Name, and Time. Includes entries like M40, Fabio Ruzzier.

Table with 3 columns: Rank, Name, and Time. Includes entries like - 10K X-C -, Marijan Kreml.

Table with 3 columns: Rank, Name, and Time. Includes entries like M40, Grace de Oliveira.

Table with 3 columns: Rank, Name, and Time. Includes entries like M45, Stephen Seema.

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W50 Phil Raschker 2:41.84
W55 Sandra Heater 3:01.89
W60 Jeanne Hoagland 2:57.38
W65 S Onoderal Leonard 3:18.22
W70 Shirley Goff 3:45.21
W75 Anna Romagna 4:16.73
W80 Mavis Borthick 5:44.80
W85 Josephin Gregg WR5:27.82
W90 Anna Ward WR7:57.61
1500m
M50 James Wich 4:34.50
M55 Nathan White 4:50.10
M60 Henry Hawk 4:51.60
M65 Paul Heitzman 5:04.80
M70 Fred Frost 5:18.10
M75 John Boots 6:01.30
M80 Edmund Vuolo 7:07.90
M85 Harry Polites 9:10.90
W50 Jos Marchetti 5:50.00
W55 Yvette Lavigne 5:58.70
W60 Jeanne Hoagland 6:09.10
W65 Ann Kahl 6:49.20
W70 Hazel Cameron 7:19.50
W75 Millie Bolton 8:20.10
W80 Mavis Borthick 10:24.40
W85 Jos Gregg WR10:39.20

Ivy Granstrom 10:54.40
W90 Annar Ward WR15:52.30
High Jump
M50 Roberto Pozzi 5-9.68
W55 Joy MacDonald WR8-8
W60 Sue Tunnicliff t 5-3.78
W65 Leonore McDaniels WR6-8.31
W70 Johnnye Valien 4-11.84
W75 Margaret Hinton 4-7.91
Long Jump
M50 Ed Jones 19-7.83
W55 Ray Kozusko 17-3.87
W60 Charles Richard 16-8.79
M65 Jim Stookey 16-2.48
M70 Don Pellman WR4-1.21
M85 Carl Wafford 3-7.70
W50 Phil Raschker WR5-1.02
Pole Vault
M50 Bill Walsh 10-2.83
M55 George Davies 10-2.83
M60 Duane Rykhus t 9-11.69
M65 John Lamb 8-11.48
M70 Sam Griffith 8-2.03
M75 James Cordell 6-05
W85 James Cordell 5-2.99

M80 Don Pellman 7-8.13
M85 Carl Wafford AR6-.05
W50 Phil Raschker AR9-6.17
W55 Joy MacDonald WR8-8
W60 Sue Tunnicliff t 5-3.78
W65 Leonore McDaniels WR6-8.31
W70 Johnnye Valien 4-11.84
W75 Margaret Hinton 4-7.91
Long Jump
M50 Ed Jones 19-7.83
W55 Ray Kozusko 17-3.87
W60 Charles Richard 16-8.79
M65 Jim Stookey 16-2.48
M70 Don Pellman WR4-1.21
M85 Carl Wafford AR9-4.20
Shot Put
M50 Mike Stallings 14.17m
M55 Glen Johnson 44-5.07
M60 Phil Mulkey 44-11.37
M65 Len Olson 42-2.30
M70 George Riser 124-6
M75 Don Cumley 36-11.31
M80 Don Pellman 32-8.13

Herb Steele 21-10.60
M90 Leonard Stone 19-8.22
W50 Lurline Struppeck 34-1.84
W55 Cherrie Sherrard 32-10.49
W60 Shirley Smith AR32-8.13
W65 Gloria Bortell 26-2.96
W70 Ruth Seeger 23-5.89
W75 Elnora Martinelli 21-6.66
W80 Claire Veith AR18-0.93
M50 Paul Economides 149-6
M55 Larry Pratt 166-4
M60 Ron Anderson 159-8
M65 Len Olson 147-10
M70 George Riser 124-6
M75 Leon Joslin 72-10
M80 Don Pellman 104-4
M85 Leon Joslin 72-10
M90 Burt DeGroot 53-6
W50 Lurline Struppeck 79-4
W55 Annie Lands 74-12
W60 Charm Sobkowski 80-10
W65 Betty Neal 68-2

Vera Whiteside 63-2
W70 Jinx Olson AR66-5
W75 Margaret Hinton 49-11
W80 Claire Veith 38-10
W85 Margaret Evans AR33-11
Javelin
M50 Art Lawrence 174-11
M55 Gary Reddaway 168-7
M60 Phil Conley 149-0
M65 Ray Feick 145-8
M70 Phil Brusca 113-3
Floyd Simmons 111-4
M75 Bill Canterna 105-2
Charles Mariott 103-8
Homer Socolofsky 97-6
M80 Don Pellman 95-2
M85 Leon Joslin 59-7
M90 John Hedges 32-8
W50 Lurline Struppeck 107-6
W55 Mary Dowling 92-3
W60 Barbara Jamborsky 79-5
W65 Ethel Lehmann 83-0
W70 Ruth Seeger AR79-11
W75 Olga Kotenko 65-5
W80 Claire Veith AR41-5
W85 Stella Vollintine AR18-8
1500m Racewalk
M50 Norm Frable 7:14
M55 Mark Adams 7:16
W50 John Hedges 32-8

M60 Dick Petruzzi 7:39
M65 Bob Fine 8:11
M70 Ed Gawinski 8:35
M75 Tom Kirley 9:39
M80 Bill Patterson 10:24
M85 Kurt Strauss 12:45
M90 Julius Spielberg 15:26
W50 Kathy Frable 8:20
W55 Walda Tichy 8:58
W60 Maurine Lia 8:41
W65 Paulette Caron 9:52
W70 Jane Nightingale 9:49
W75 Millie Bolton 10:09
W80 Velma Jacobs 11:30
W85 Josephine Gregg 12:32
W90 Anna Ward WR7:57.61
5000m Racewalk
M50 Norm Frable 23:37
M55 Winston Crandall 25:52
M60 Bob Barrett 25:50
M65 Alfred DuBois 27:39
M70 Hugh Acton AR28:55
M75 Jerry Jerome 33:58
M80 Don Pellman 35:58
M85 Harry Polites 34:14
M90 Leonard Stone 37:45
W50 Jos Marchetti 5:50.00
W55 Yvette Lavigne 5:58.70
W60 Jeanne Hoagland 6:09.10
W65 Ann Kahl 6:49.20
W70 Hazel Cameron 7:19.50
W75 Millie Bolton 8:20.10
W80 Mavis Borthick 10:24.40
W85 Jos Gregg WR10:39.20

Continued on next page

Continued from previous page

Table with columns for rank, name, age, sex, and time. Includes events like 2 Ann Maroske, 3 Elisabeth Zurlinden, W55, 1 Madeline Bost, etc.

Table with columns for rank, name, age, sex, and time. Includes events like Final, 1 Nolan Shaheed, 2 John Christianson, 3 David Salazar, etc.

Table with columns for rank, name, age, sex, and time. Includes events like W75, 1 Gerry Davidson, 5000m, M30, 1 Kevin Barda, etc.

Table with columns for rank, name, age, sex, and time. Includes events like M35, 1 David Harding, M40, 1 Gregg Horner, etc.

Table with columns for rank, name, age, sex, and time. Includes events like M50 w2.2, 1 Courtland Gray, M50, 2 Fred Johnston, etc.

Continued on next page

Continued from previous page

M90 1 Burt DeGroot 90 CA 5.12 W30 1 Anne Jennings 34 MA 8.13 W35 1 Shellie Banks 39 CA 9.10 2 Dana Baumgarten 35 FL 8.85 3 Liz Wadsworth 36 WA 8.21 W40 1 Carol Finsrud 40 TX 13.20 2 Ruth Welding 41 IN 10.86 3 Kimmie Allegre 42 OR 9.44 4 Karen Vaughn 40 CA 8.88 5 Sue Hallen 40 IL 8.25 6 Cheryl Mellenthin 41 TX 6.85 W45 1 Joan Stratton 45 AZ 10.45 2 Mary Hartzler 48 OH 8.48 W50 1 Erika Szanto 53 OH 10.14 2 Kathy Jager 54 AZ 9.52 3 Rosalie Carman 53 OR 7.66 4 Georgia Cutler 54 OR 7.16 W55 1 Vanessa Hilliard 56 FL 12.17 2 Cherrie Sherrard 58 CA 10.07 3 Karen Huff 55 IL 7.96 4 Carol Young 57 GA 7.84 5 Roslyn Katz 55 NY 7.22 W60 1 Marjorie Lamey 60 CA 8.93 2 Anne Cirulnick 62 NY 7.87 3 Mary Hirst 62 CA 6.63 W65 1 Betty Vosburgh 66 GA 6.64 2 Anita Johnson 67 OR 5.25 W70 1 Mavis Lorenz 70 MT 6.98 2 Johnnye Valien 72 CA 6.84 3 Edith Leiby 74 HI 3.82 W75 1 Melanie Reske 76 OR 5.71 W80 1 Betty Jarvis 82 OK 4.38 Discus M35 1 Mike Hambrick 38 PA 48.88 2 Jeff Lutz 35 CA 47.34 3 John Garvey 35 CA 40.86 4 Mike Janusey 39 PA 36.30 5 Mike Venning 39 CA 33.70 M40 1 Tim Fox 40 OR 48.36 2 Mark Neal 44 WA 43.04 3 Stan Blinka 40 PA 41.52 4 Ted Goudge 40 MO 37.98 5 John Price 42 CA 36.64 6 Steve Banton 44 OR 35.82 7 Bill Gardner 43 CA 35.48 8 Jim Kerman 40 CA 34.72 9 Richard Watson 44 AZ 31.30 M45 1 Brad Reid 45 TX 44.06 Murray Hall 46 CAN 41.24 2 Dale Wilcoxson 47 NE 39.14 3 Bruce Hendendal 49 FL 38.42 4 Jerry Crowe 49 OR 36.48 5 Dennis Chandler 49 NJ 31.72 6 Al Cain 46 CA 30.92 7 Bob Sager 49 MT 30.08 8 Terry Holland 45 OR 29.18 M50 1 Lad Pataki 51 CA 52.44 2 Tom Gage 54 MT 50.42 3 Doug Wells 53 CA 47.56 4 Paul Economides 52 NM 44.52 5 Tim Seifert 50 WI 43.98 6 Geoffrey Brown 51 NY 42.48 7 Mike Grace 50 CA 42.14 8 Mark Chapman 54 TX 32.98 9 Duane Thompson 54 AZ 32.74 M55 1 Larry Pratt 56 DE 53.74 2 Lloyd Higgins 55 CA 52.06 3 Joe Keshmiri 59 NV 49.56 4 Glen Johnson 58 TN 48.44 5 Don Bell 57 CA 39.88 6 Bob Osterhoudt 55 AZ 36.14 7 Rick Behrens 55 CA 35.28 8 Pete LaBarge 58 WA 34.50 9 RasalTerhune Young 58 CA 34.38 10 Jack Karbens 55 HI 32.32 11 Horace Andrews 59 MA 26.20 M60 1 Stewart Thomson 64 CA 48.96 2 Neil Saling 61 OR 47.04 3 Bob Humphreys 61 CA 46.92 4 Wayne Morris 60 NM 43.70 5 Ed Van Pelt 64 HI 43.24 6 Hal Smith 61 CA 42.54 7 Len Rosen 63 NH 42.48 K Zandi 64 IRN 40.84 8 Bob Darling 61 OR 39.40	9 Turk Markishtum 61 WA 37.84 10 Dean Conklin 60 MT 32.70 -- E Pashaii 62 IRN 31.88 11 Don Alexander 63 CA 24.44 M65 1 Wendell Palmer 65 TX 53.92 2 Len Olson 66 PA 47.36 3 Larry Horine 66 NC 45.78 4 Sam Adams 66 CA 45.20 5 Arnie Gaynor 69 CA 43.12 6 Darrol Skartvedt 66 WA 39.82 7 George Whiting 65 CA 37.76 8 Ray Feick 65 PA 33.98 9 Ross Vrooman 65 OK 31.70 10 Tom Allison 67 OR 31.42 M70 1 Ed Hooker 71 OK 42.56 2 Phil Brusca 70 MD 35.68 3 Mike Orlich 71 NV 34.50 4 Harold Kroeker 70 -- 34.22 5 Dick Mulhern 72 HI 32.38 6 Bill Carter 74 OK 31.88 7 Jacob Stein 73 KY 30.36 8 Bob Davidson 74 CA 19.16 M75 1 Wilbur Thompson 76 CA 33.42 2 Don Cumley 77 NV 30.60 3 Arnold Scott 75 MT 27.24 4 Ken Wheeler 76 HI 27.22 5 Bob Hunt 77 CA 25.68 6 Carl Bock Jr 77 NC 25.14 7 Armando Ricciardi 77 NV 23.74 8 Bob Stone 77 CA 15.38 M80 1 Ross Carter 83 OR 31.86 2 Milo Lightfoot 83 IN 21.58 M85 1 Leon Joslin 85 WA 22.44 2 Ted Hallen 86 CA 19.90 3 Pete Allen 85 CA 17.40 M90 1 Burt DeGroot 90 CA 14.64 W35 1 Liz Wadsworth 36 WA 22.68 W40 1 Carol Finsrud 40 TX 48.48 2 Ruth Welding 41 IN 36.48 3 Sue Hallen 40 IL 23.20 4 Cheryl Mellenthin 41 TX 20.76 W45 1 Joan Stratton 45 AZ 32.42 2 Mary Hartzler 48 OH 25.20 -- Judy Warick 48 CAN 24.50 W50 1 Lorraine Tucker 50 MA 23.70 2 Erika Szanto 53 OH 23.36 3 Rosalie Carman 53 OR 22.06 4 Carole Conklin 51 MT 21.48 5 Georgia Cutler 54 OR 16.22 W55 1 Vanessa Hilliard 56 FL 31.06 2 Carol Young 57 GA 24.18 3 Roslyn Katz 55 NY 21.52 4 Karen Huff 55 IL 20.94 W60 1 Mavis Lorenz 70 MT 17.74 W75 1 Melanie Reske 76 OR 12.78 W80 1 Betty Jarvis 82 OK 14.24 Javelin M30 1 Ken Hall 31 CAS 66.94 2 Jerome Tine 32 NY 38.66 M35 1 Jason Bender 36 CA 68.46 2 Tom Silva 38 CA 61.10 3 Alan Collatz 36 CA 59.44 4 Mike Janusey 39 PA 56.90 5 Dan Taylor 39 FL 43.26 6 John Roberts 39 FL 36.80 7 John Hansen 39 CA 5.68 M40 1 Tom Walker 42 ID 58.24 2 Richard Watson 44 AZ 49.42 3 David Perrin 43 CA 49.08 4 Bill Gardner 43 CA 44.76 5 Ted Goudge 40 MO 41.88 M45 1 Joe Greenberg 47 CA 62.82 2 Ed Mortand 49 KS 56.08 3 Tony Grant 45 CA 55.94 4 Bob Powers 48 CA 51.78 5 Dennis Chandler 49 NJ 50.70 6 John Selleh 49 GA 40.14 7 Ron Rook 48 CA 40.10 8 Terry Holland 45 OR 28.38 M50 1 Chip Smith 50 TN 45.74 2 R D Shaw 51 CA 42.72 3 Mark Chapman 54 TX 30.60 M55 1 Larry Stuart 59 CA 52.88 2 Gary Reddaway 56 OR 48.20 3 John Burns 56 CA 47.36 4 Lloyd Higgins 55 CA 43.46 5 Esfandiari Sattari 59 FL 42.08 6 Emil Pawlik 58 MS 41.46 7 Steve Wordell 57 CA 38.40 8 RasalTerhune Young 58 CA 36.68	4 Mark Chapman 54 TX 24.58 M55 1 Lloyd Higgins 55 CA 42.46 2 Dick Hotchkiss 58 CA 42.38 3 RasalTerhune Young 58 CA 40.92 4 Bob Osterhoudt 55 AZ 37.34 5 Jack Karbens 55 HI 27.98 6 Rick Behrens 55 CA 26.00 M60 1 Stewart Thomson 64 CA 49.82 2 Bob Humphreys 61 CA 41.68 M65 1 Joe Chadbourne 66 OH 46.38 2 Len Olson 66 PA 41.18 3 Wendell Palmer 65 TX 41.18 4 Ken Weinbel 69 WA 37.12 5 Ray Feick 65 PA 35.46 6 Jerry Wojcik 67 OR 33.62 7 Dave Douglass 65 AZ 29.50 M70 1 Dick Bergenback 70 TN 34.60 2 Phil Brusca 70 MD 33.36 3 Harold Kroeker 70 -- 31.52 4 Jacob Stein 73 KY 28.82 5 Vince Sempronio 71 OR 27.08 6 Tom DeVaughn 74 AZ 26.38 M75 1 Tom McDermott 79 FL 31.54 2 Armando Ricciardi 77 NV 31.12 3 Jim Minah 77 WA 28.24 4 Bob Stone 77 CA 11.96 M80 1 Jim York 84 CA 17.24 M85 1 Leon Joslin 85 WA 20.94 W35 1 Liz Wadsworth 36 WA 19.18 W40 1 Marcia Meckenburg 40 WA 39.26 2 Carol Finsrud 40 TX 35.30 3 Ruth Welding 41 IN 31.04 4 Sue Hallen 40 IL 27.26 5 Cheryl Mellenthin 41 TX 20.42 W45 1 Joan Stratton 45 AZ 36.06 W50 1 Georgia Cutler 54 OR 27.70 2 Liz Douglass 52 AZ 22.10 3 Erika Szanto 53 OH 21.52 W55 1 Vanessa Hilliard 56 FL 45.86 2 Carol Young 57 GA 30.74 3 Roslyn Katz 55 NY 28.52 W60 1 Anne Cirulnick 62 NY 22.26 W65 1 Judy Fetherston 65 NM 26.78 2 Anita Johnson 67 OR 15.38 W70 1 Mavis Lorenz 70 MT 17.74 W75 1 Melanie Reske 76 OR 12.78 W80 1 Betty Jarvis 82 OK 14.24 Women's Pentathlon (100H/HJ/SP/LJ/800) W30 1 Lisa Doyon 34 MA 2933 W40 1 Kimmie Allegre 42 OR 2512 2 Karen Vaughn 40 CA 1878 W45 1 Linda Lowery 45 GA 2942 5000m Racewalk M30 DQ-Kevin Olson, 33, CA M40 1 Bill Reed 44 MI 25:53.35 2 Art Klein 44 CA 29:29.20 M45 1 Mike Wiggins 48 IA 24:02.93 2 Enrique Camarena 47 CA 25:12.13 3 Stan Chraminski 49 WA 25:50.97 4 Shoja Torabian 48 CA 26:42.04 5 Art Grant 48 AK 28:44.15 6 Garland Murphy 49 CA 37:19.80 DQ-Steven Moodie, 49, NM M50 1 Don DeNoon 54 IL 23:12.10 2 Max Walker 50 IN 26:57.80 3 Ron Shields 54 PA 28:19.84 4 John M Doane 54 CA 30:31.48 5 Gary Bower 54 CA 32:55.46 6 Phil Howell 54 GA 33:43.00 DQ-Jim Carmines, 54, PA; Roger Loder, 50, CA M55 1 Alan Yap 55 CO 26:07.72 2 Paul Johnson 59 AR 28:26.56 3 John Schulz 58 CA 28:36.31 4 Bernie Finch 57 WI 29:19.24 5 Bob Ferrier 59 NM 30:10.69 6 Jesus Orendain 55 CA 30:27.73 7 Fred Seewerker 58 OR 34:06.33 8 Stuart Sonne 59 CO 34:51.41 DQ-James Stuckey, 59, CA; Edgar Kousky, 56, OR; Jim McFadden, 58, OK; David Bickel, 55, ND M60 1 Dick Petruzzi 64 CA 28:18.11 2 Presley Donaldson 63 TX 29:08.09 3 L C Brown 60 WA 29:54.55 4 Leon Glazman 63 CA 32:19.10 DQ-Carl Acosta, 63, CA; Jack Bray, 64, CA M65 1 Jack Starr 69 DE 29:09.31 2 Alfred DuBois 65 WI 29:36.86 3 Bill Moremen 69 CA 31:25.46 4 Lloyd McGuire 65 CA 32:44.96 5 George Solis 65 CA 35:20.04 DQ-Chet Hansen, 69, CA M70 1 William Flick 71 PA 29:49.63 2 Bob Mimm 72 NJ 30:52.73 3 Alan Bellon 70 CA 34:53.06 4 Masashi Noritake 73 CA 34:56.24 5 Rich Hansen 71 CA 37:11.09 6 Bob Davidson 74 CA 45:43.32 M75 1 Paul Geyer 77 MN 37:03.93 2 John Carroll 75 CO 37:38.53 3 Herm Arrow 77 CA 38:26.43 DQ-John Levinson, 76, CA M80 1 Ernest Luken 82 CA 38:13.01 2 Sol Tanenbaum 80 NY 42:21.21
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Continued from previous page

Table with 2 columns: Event/Participant and Time/Location. Includes 20K Roadwalk, M30, M35, M40, M45, M50, M70, M75, M80, M85, M90, M95, M100, M105, M110, M115, M120, M125, M130, M135, M140, M145, M150, M155, M160, M165, M170, M175, M180, M185, M190, M195, M200.

Table with 2 columns: Event/Participant and Time/Location. Includes M55, M60, M65, M70, M75, M80, M85, M90, M95, M100, M105, M110, M115, M120, M125, M130, M135, M140, M145, M150, M155, M160, M165, M170, M175, M180, M185, M190, M195, M200.

Table with 2 columns: Event/Participant and Time/Location. Includes DQ-John Carroll, M80, DQ-Sol Tanenbaum, 10K Roadwalk, W30, W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85, W90, W95, W100, W105, W110, W115, W120, W125, W130, W135, W140, W145, W150, W155, W160, W165, W170, W175, W180, W185, W190, W195, W200.

Table with 2 columns: Event/Participant and Time/Location. Includes W45, W50, W55, W60, W65, W70, W75, W80, W85, W90, W95, W100, W105, W110, W115, W120, W125, W130, W135, W140, W145, W150, W155, W160, W165, W170, W175, W180, W185, W190, W195, W200.

Table with 2 columns: Event/Participant and Time/Location. Includes Pat Morgan, Doris Cassels, Phylis Abbate, Marj Garner, DQ-Kaye Duncan, Bev LaVeck, Shirley Dockstader, JoAnne Parks, Beth YoungGrady, Carol Ferris, Anne Whitaker, Linda Burnett, Pat McCaron, Grace Moremen, Doris Hansen, Joan Rowland, Miriam Gordon, Jane Dana, Dorothy Robarts.

EAST

USATF New Jersey Championships

Table of race results for USATF New Jersey Championships in Tinton Falls, NJ, June 1. Lists events like 100m, 200m, 400m, 800m, 1500m, 3000m, 5000m, 10000m, 20000m, 30000m, 40000m, 50000m, 60000m, 70000m, 80000m, 90000m, 100000m.

Table of race results for Jim Aneshansley, John MacDonald, M75 Jim Manno, W35 Alicia Johnson, M30 Curtis Musser, M35 Dennis Coleman, M40 Mario Bastos, M45 Chris Monroe, M50 Harry Nolan, M55 Sid Howard, M60 John MacDonal, W30 Jennifer Buccino, W40 Paula Dickson Taylor, M65 Rich Barretta, W50 Sylvie Kimche, M75 Jim Manno, M85 Manfred d'Elia, W35 Shemayne Williams, W40 Cheryl Alston, W50 Marie Zwick, M30 Lenny Sanders, M35 Dennis Coleman, M40 Steven Galetta, M45 Ed Gonera, M50 Joe Johnson, M60 Alex Johnson, M65 Giorgio Chiavelli, M75 Les Wright Sr, M85 Manfred d'Elia, W35 Shemayne Williams, W40 Cheryl Alston, W50 Marie Zwick, M30 Lenny Sanders, M35 Dennis Coleman, M40 Steven Galetta, M45 Ed Gonera, M50 Joe Johnson, M60 Alex Johnson, M65 Giorgio Chiavelli, M75 Les Wright Sr, M85 Manfred d'Elia, W35 Shemayne Williams, W40 Cheryl Alston, W50 Marie Zwick.

Table of race results for M60 Vincent Ruffin, M65 Jack Lance, W30 Pam Caucino, W35 Edna Crawley, W50 Michael Mary Hill, Men's Shore AC 'A' team, Men's Shore AC 'B' team, Women's Team AUI, Women's Ocean RC, Women's Ocean RC, High Jump, M35 Jim Brown, M40 Mark Gerson, M45 Doug Richardson, M50 Jeff Indall, M60 John MacDonal, M65 Jonas Cowles, W35 SueAnn Caruso, W40 Cheryl Alston, W45 Cassandra Clark, M70 Alex Leishman, M75 Zelig Strauss, W30 Pam Caucino, W35 Edna Crawley, W40 Cheryl Alston, W45 Cassandra Clark, W50 Michael Mary Hill, M30 Nick Rivera, M35 Mike Cannon, M40 Chris Peters, M45 Ron Salvio, M50 Jim Dickerson, M65 Jack Lance, M70 Alex Leishman, M75 Zelig Strauss, W35 Edna Crawley, W40 Cheryl Alston, W45 Cassandra Clark, W50 Michael Mary Hill, M30 Roy Goderstan, M35 Glenn Metcalfe, M40 Jay McKeen, M45 Rich McMullin, M50 Selden Cooper, M55 Bill Hughes, M65 Jonas Cowles.

Table of race results for Giorgio Chiavelli, M70 Alex Leishman, M75 Zelig Strauss, M80 Charlie Jorgensen, W30 Jackie Arnold, W35 Sarah Falso, Carolyn Eich, W40 Patti Ford, W45 Coreen Stienbach, W50 Johnie Hill/Hudgins, M30 David Wilson, M35 Bob Doran, M40 Jay McKeen, M45 Rich McMullin, M50 Selden Cooper, M55 Larry Pratt, M65 Jonas Cowles, Giorgio Chiavelli, M70 Alex Leishman, W30 Sally Kalksma, Sylvia Schenk, W35 Ida James, Janice Reid, W40 Renee DiGiacomo, W45 Cassandra Clark, Hammer, M45 Ed Beebee, M70 Alex Leishman, W35 Julie Wiedis, W50 Johnie Hill/Hudgins, Javelin, M35 Rich Cetlin, Robert Rizzaro, M45 Rich McMullin, M55 Neil Savad, M60 Frank Illuzzi, M65 Jonas Cowles, Giorgio Chiavelli, M70 Alex Leishman, M85 Manfred d'Elia, 5000m Racewalk, M30 John Soucheck, M40 Curt Sheller, M45 Ray Funkhouser, Tom Quattrocchi, M50 Jack Lach, Malcolm Hall, Ed Dunphy, M55 Dave Romansky, M60 Ralph Garfield, M65 George Soulis, M70 Bob Mimm, W40 Gloria Rawls, Syracuse Chargers Meet, Syracuse, NY, June 24, 200m, M30 Phil Longo, M40 David Keyser, M50 Bob Michio, M70 Howard MacMillan, W40 Irene Thompson, W45 Cathy Cirina, W65 MaryAnn Zeppetello, 800m, M30 Mike Boni, M35 Phil Rougeux, M40 Mike Roberson.

Table of race results for W30 Heidi McMillan, W40 Irene Thompson, 3000m, M40 Dave Oja, M45 Len Phillips, M75 Nate White, M80 Charlie Jorgensen, W30 Jackie Arnold, W35 Sarah Falso, Carolyn Eich, W40 Patti Ford, W45 Coreen Stienbach, W50 Johnie Hill/Hudgins, 4x100m Relay, M70-79 Lukens/More/Townsend/MacMillan, Long Jump, M40 David Keyser, DC Road Runners Mile Championships, Williams HS Track, Alexandria, VA, Aug. 5, Elite Mile, 1 Bruce Hamilton, 2 Eldon Mack, 3 Ted Poulos, 4 Bruce Underwood, 5 Cathy Stanmeyer, 6 Steve Nearman, Masters Mile, 1 Paul Ryan, 2 Dan Eddy, 3 J J Wind, 4 Walter Hill, 5 Bob Oberti, 6 Bob Weiner, 7 Pat Finn, 8 Grant Petrie, 9 Larry Dickerson, 10 Klaus Hirtes, Open Mile, 1 Matt Smith, 2 Alex Nitkiewicz, 3 Gene Warner, South Carolina Masters Classic, Taylors, July 21, 100m, M35 Stanley Cain, Sanford Stephens, M40 Barry Wise, James McKie, M50 Tom Brewer, Jim Warren, M55 Marion Harrison, Mike Valle, Jack Gallagher, M60 Jerry Barton, M65 Larry Greco, M70 Charlie Baker, Buck Bradberry, W45 Linda Lowery, Pattie Harris, W55 Ann Carter, 200m, M35 Stanley Cain, Sanford Stephens, M40 Barry Wise, M45 Bob Rockwell, M50 James Warren, Glenn Ragsdale, M55 Marion Harrison, M65 Lawrence Greco.

Table of race results for W70 Charlie Baker, W45 Pattie Harris, W55 Ann Carter, 400m, M40 Rickie Farmer, Jim McKie, George McCarroll, M45 John Smith, Mike Cardone, Herb Rexrode, M50 Jim Warren, Glenn Ragsdale, M70 Charlie Baker, W45 Susan Moulton, 800m, M35 Stan Merriweather, M40 Mickey McCauley, George McCarroll, M45 Mical Embler, Jack Todd, John Smith, M60 Louis Johnson, 1500m, M30 Rolf Craven, John D'Aoust, M35 Joe Hammond, Stan Merriweather, Randy Basinger, M40 Rickie Farmer, M45 Her Rexrode, John Smith, M60 Adrian Craven, W45 Nonie Hudnall, 3000m, M35 Randy Basinger, M50 Linny Moore, M60 Jim Hite, W60 JoychodgesWhite, 5000m, M35 Eddi Pennebaker, Randy Basinger, Frank Rutkowski, M40 Paul Dawson, M45 Bill Pierce, Vince Herran, Tomn Fuduric, M50 Don Pierce, Linny Moore, M60 Jim Hite, W30 Laura Blaser, W35 Jeanna Moffett, Karen Shealy, W69 JoychodgesHite, Hurdles, M60 Jack Gilmore, M70 Buck Bradberry, W30 Lillian Johnson, W45 Linda Lowery, W55 Ann Carter, Long Hurdles, M35 Trace Barnette, 4x400m Relay, M40 Greenville TC, High Jump, M45 Bob Rockwell, Johnnie Dye, M50 Terry Martin, Jim Warren, M55 Jack Gallagher, Mike Valle, M60 Tom Jordan, Jack Gilmore, M70 Charlie Baker, W45 Linda Lowery, W55 Ann Carter.

Continued on next page

Continued from previous page

Table with columns for runner name and time. Includes runners like Barry Witrer, Bill Sumner, M50 Tim Wimbish, etc.

5K Overall

Table listing 5K overall winners and their times, including Keith Witthauer, Kristin Farmer, M40 Keith Witthauer, etc.

EAST

Pennsylvania Avenue Mile Washington, DC; June 14

Table of elite division winners for the Pennsylvania Avenue Mile, including Nick Manner, Nathalie Hughes, M40 Bruce Hamilton, etc.

Table listing various runners and their times, including M60 Tom Kurihaha, Warren Crutchfield, M65 Larry Dickerson, etc.

Women's Run For the Roses 5K Wheaton, MD; June 28

Table listing women's runners and their times for the Run For the Roses 5K, including Hilary Cairns, W40 Betty Blank, etc.

Lesbian & Gay Pride 8K Central Park, NYC; June 28

Table listing runners and their times for the Lesbian & Gay Pride 8K, including Trevor Murray, Susan Yang, M35 Jerry Macari, etc.

NYRRC Bronx Marathon Bronx, NYC; July 13

Table listing runners and their times for the NYRRC Bronx Marathon, including Mike Slinsky, Kim Griffin, M30 Trevor Murray, etc.

Table listing runners and their times, including Ed Sandoval, M55 Pat Cosgrove, Luis-Antonio Flores, etc.

Finishers: 1313m/563w Weather: 86degrees/h70%/sun

Rockville Rotary Twilight 8K Fort Washington, MD; July 19

Table listing runners and their times for the Rockville Rotary Twilight 8K, including Andrew Williams, Kim Saddic, M35 Kurt Kroemer, etc.

NYRRC Club Team Championships 5 Mile Central Park; July 20

Table listing runners and their times for the NYRRC Club Team Championships 5 Mile, including WestchesterTCMen(1st10)169, etc.

Table listing runners and their times, including Senior Women (first 3), W55 Trudy Taft, M40 Stan Ford, etc.

Run For Research 5K Washington, D.C.; July 27

Table listing runners and their times for the Run For Research 5K, including Jeff Loomis, Megan Holden, M35 Ted Poulos, etc.

SOUTHEAST

Loudoun Street Mile Winchester, VA; June 28

Table listing runners and their times for the Loudoun Street Mile, including Doug Mock, Kari McCarty, M40 Bill Stewart, etc.

Table listing runners and their times, including W55 Trudy Taft, Mike Stryker, Kathy Smart, etc.

MIDWEST

High Five 5K Highland, MI; July 19

Table listing runners and their times for the High Five 5K, including M40 Paul Miller, M45 Eduardo Palomino, etc.

Heart Of The Hills 5K & 10K Bloomfield Hills, MI; July 26

Table listing runners and their times for the Heart Of The Hills 5K & 10K, including M40 Craig Gow, M45 Mike Stone, etc.

MID-AMERICA

Coast To Coast Freedom 8K Brookings, SD; July 4

Table listing runners and their times for the Coast To Coast Freedom 8K, including Jason Massmann, Heather Giesen, M40 Butch Scharf, etc.

INTERNATIONAL

4th WAVA World Veterans Road Race Championships 10K Brugge, Belgium; June 29

Table listing runners and their times for the WAVA World Veterans Road Race Championships 10K, including M40 Robert Wise, Mike Gratton, etc.

Table listing runners and their times, including Norman Jordan, Arthur Jeavons, Reg Peart, etc.

RACEWALKING

USATF National Masters Men 10K Racewalk Championships Niagara Falls, NY; July 12

Table listing runners and their times for the USATF National Masters Men 10K Racewalk Championships, including Overall, Jefferson Perez, Janice McCaffrey, etc.

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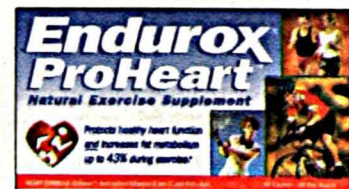
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Woodbridge, New Jersey 07095
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†U.S. Patent No. 5,585,101
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