

NATIONAL MASTERS NEWS

The official world and U.S. publication for masters track & field, long distance running and racewalking

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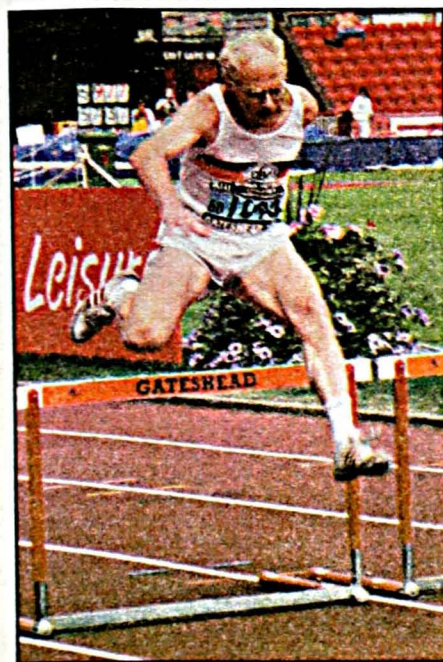
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5949 Athletes Take Part in 13th World Veterans Championships



JERRY WOJCIK

Athletes who have participated in all 13 WAVA Championships were recognized at the opening ceremony at the 13th Championships, Gateshead, England. Front row, l to r: Jack Stevens, 82, Australia; Jim O'Neil, 74, USA; Isobel Cunningham, 85, Canada; Ruth Anderson, 70, USA. Back row, l to r: Hans Potsch, 66, Austria; Bob Fine, 68, USA; Don Farquharson, 74, Canada; John Dunsford, 66, Great Britain; Willie Dunne, 65, Ireland; Reg Austin, 62, Australia; Roland Johansson, 71, Sweden; Norbert Barth, 79, Germany. Missing from the photo are Hari Chandra, 65, Singapore and Bob Mimm, 74, USA.



JERRY WOJCIK

Guido Mueller, of Germany, clears the final hurdle on his way to a thrilling M60 world record of 42.31 in the 300 hurdles.

England Welcomes Competitors from 74 Nations to Gateshead

GATESHEAD, England – The weather was near-perfect. The officials were outstanding. And the level of competition was again sensational.

Nearly 6000 veteran athletes from 74 nations took part in the 13th biennial WAVA World Veterans Athletics Championships, July 29 to August 8.

The weather in the northeast of England was better than anyone could have hoped for. It was sunny and balmy – in the mid-70s – with only a mild drizzle on one of the 11 days of the action.

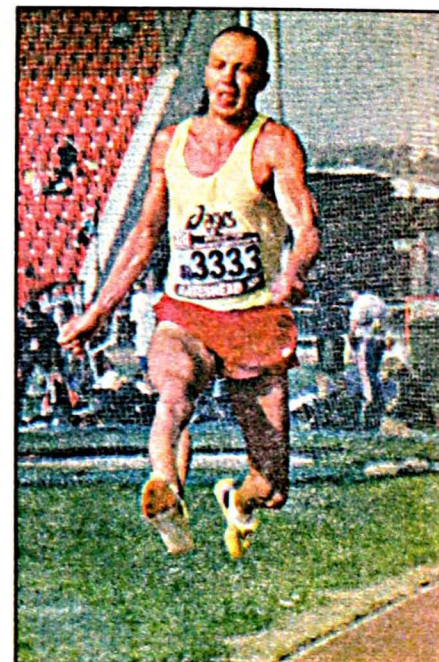
“I’ve never seen anything like it in 40 years,” said Bob Lothian, a local resident used to overcast skies and mid-60s weather in July and August.

The number of 5949 participants was the second-largest ever for a WAVA World Championships, surpassed only by the 12,175 competitors in Miyazaki, Japan, in 1993. The total of 74 nations was third only to the record 79 countries represented in Buffalo, USA, in 1995, and the 76 nations two years ago in Durban, South Africa.

“I thought the meet was really well organized,” said Leo Benning of Cape Town, South Africa, echoing the sentiments of virtually all participants.

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Special World Championships Issue



JERRY WOJCIK

Miroslav Wlodarczyk, M40 Polish long jumper, competing on one of the many sunny, warm days in Gateshead.

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Northwest Regionals Contested in Seattle

by JERRY WOJCIK

This year's Seattle Masters Classic at West Seattle Stadium, July 17-18, did duty as the 1999 USATF Northwest Regional Masters Championships, and also served as a warmup for those athletes headed to the 13th WAVA Championships in England two weeks later.

In a battle of world record holders, Stephen Robbins – on the mend from ailments that curtailed his participation for the last two seasons – won the M55 100 over Harold Morioka, of Canada, 12.14 to 12.33.

Dave Walter won the M50 200 (24.47) and 400 (54.90). Morioka went on to win the 400, his specialty, in 54.24.

Linda Lanker, W40, did a hat trick plus one with wins in the 100 (14.18), 200 (29.58), 100H (19.04), and 400H (75.16). Diane Palmason doubled in the W60 200 (33.59) and 800 (2:54.61). Debbie Eerkes, W40, posted the fastest 1500 among the women with a 4:57.67.

Pete Tel, M35, with a 15:49.85, and Michael Allison, M45, with a 16:08.13, were the standouts in the 5000, as was Mark Billett, M45, in the 10,000 with a 33:55.74.

Daniel Cole, M50, topped all other high jumpers with a 5-6. Jerry Cash, M50, was the highest pole vaulter (13-9 $\frac{1}{4}$). Vincent Martin, M30, reached 22-3 $\frac{1}{2}$ in the long jump.

Hammer throw honors went to Todd Taylor, M50, for his 173-3 with the 6kg, and Georgia Cutler, W55, for her 102-3 with the 3kg.

Matt Burks, M30, put the 16-lb. shot 51-1 $\frac{1}{2}$, heaved the 35-lb. weight 48-6 $\frac{1}{4}$ and the 56-lb. superweight 3-9 $\frac{1}{2}$, all meet bests. Neil Saling, M60, led all of the discus throwers, with a 145-8 with the 1kg. Carla Surina, W40, was foremost with the 4kg shot (10.07) and 1kg discus (26.80).

Next year, the Northwest Regional Masters Championships will be held in Bozeman, Mont., on July 29-30, its first venture away from the I-5 corridor. □



JERRY WOJCIK

Rod Parker, USA, winning the M80 200 with a 93.8% 31.53, WAVA Championships, Gateshead, England. Ugo Sansonetti, Italy, was second (31.63/93.5%), and Bill Weinacht, USA, third (32.82/92.8%).

John Tuttle and Diane Legare Steam in Boilermaker 15K

by JERRY WOJCIK

John Tuttle, 40, Douglasville, Ga., and Diane Legare, 48, Montreal, Canada, were \$1000 richer after masters wins in the Boilermaker 15K, Utica, N.Y., July 11. Tuttle finished 21st overall in 46:17, with second master Martin Mondragon, 45,

Mexico, 24th overall in 47:13. Legare defeated Patti Ford, 43, La Fayette, N.Y., by ten seconds with 55:48.

Pete Koech, 43, Kenya, was third M40+ in 48:34. Jennifer MacDonell, 42, Ottawa, Canada was third W40+ in 60:17. Second-place masters won \$500 each; third-places

won \$300.

Dick Buerkle, 50, Atlanta, Ga., in 49:49, and Judith Hine, 50, New Zealand, in 62:33, were winners of the age 50-59 cash prizes of \$400.

Canadian Ed Whitlock, 68, Milton, Ontario, with a 55:38, and Margret Betz, 62, Conklin, N.Y., won \$300

each for their firsts in the age 60+ category.

Whitlock also won masters age-graded honors with an outstanding, international-class 97.9%. Mondragon's effort was a 93.7%, Tuttle's 92.1%. Legare topped the W40+ with a 91.4%. □

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AN OPEN LETTER TO THE LONDON TIMES

Following is a recent letter sent to Eleanor Mills, a reporter for the London Times:

Dear Ms. Mills,

Your article on Kathy Jager was good enough, in the eyes of your editor, to command a chunk of space. Congratulations - you certainly worked at it.

However, do please read my comments, unless you are one of those who are uninterested in advice.

Your third paragraph read as follows, lest you have forgotten it:

"This controversy has drawn attention to the BIZARRE BUT USUALLY HIDDEN world of veterans athletics, but it has also highlighted the huge and ever-growing number of physically active OLDIES. When I went to the Gateshead International Stadium to meet Jager, the scene that greeted me was like a weird snapshot of the long-living future. Lycra-clad grannies stalked the arena, baring WRINKLED FLESH in skintight cycling shorts, while Scandinavian octogenarians SCUTTLED around the running track like DEMENTED ANTS."

Are you in the habit of making fun of anything you don't understand? If so, and your editors let you get away with it, I can understand why the Times has lost its place as England's premier newspaper. Journalism school gone mad? Unfit yourself, therefore snide? Please tell me.

A better paragraph would have been as follows:

"This controversy has at least drawn attention to the world of veterans athletics, the original source of much of our newfound attention to health and fitness. When I went to Gateshead International Stadium to interview Kathy Jager, I found a top-class athletic meet, far larger than the Olympic Games, organized by folks whose only interest, unpaid, is providing international competition beyond the open level. It was a real eye-opener to see 40-year-old women and men looking as fit as teenagers and turning in top class performances. It was even more startling to see what a high level can be sustained into those years conventionally associated with rocking chairs. These people have learned things we should all know more about!

"But back to Kathy Jager . . ." (and the rest was fine)

So you see, Eleanor, I come back to my original question - why did you gratuitously denigrate such an important event?

If ever you feel tempted to write about veterans athletics again, please do contact me.

Brian Oxley
President, North and Central America and Caribbean Association of Veteran Athletes
(Well said, but in fairness to the Times, reporter David Powell wrote a nice article on the event two days before the Jager story broke. Four days after the games ended, Deputy Editor John Bryant also wrote a positive piece. - Ed.)



Winning (3:50.80) W35 4x400 British team (l to r): Virginia Mitchell, Jennie Mathews, Angela Beadnall, and Linda Gabriel, WAVA Championships, Gateshead, England.

RECORDS

Just for the record (no pun intended), I wanted to add my note to what appears to be a growing list of masters competitors who have responded to Graeme Shirley's article (March NMN) regarding record documentation.

Upon reading Mr. Shirley's article, I thought it was quite timely in that it was published approximately the same time I found out my 9.03 60mH world record, set at the USATF Midwest Regional Indoor Championships, Indianapolis, March 7, 1998, would not make it into the record book. I had trained long and hard for this moment.

I thought I had all my ducks in a row - officials informed, forms in place. I was assured all would be taken care of. I don't know why it took five letters, numerous faxes and telephone calls over a one-year period to be informed my record did not stand because the computer tape malfunctioned, but two questions remain.

Why would it take 11 months to find out about a world record, and why isn't there a back-up plan in the event of a mechanical failure?

Competitors should not have to leave a meet with the belief they have a record and be informed one year later it's been tossed out. Apparently I wasn't alone that day - Mel Larsen's world time fell by the way as well. Fortunately for Mel, he regained his world record soon after.

I began my love affair with masters track and field nearly 17 years ago. It has been tough standing on the sidelines for this past year while on the injured list. No computer malfunction or missing form can take away the fact that I achieved a new world record in Indianapolis. The officials know it. My fellow competitors and I know it.

Do we need a new attitude toward records? You bet we do. But as Steve Ottaway so aptly put it in his July 1999 letter, "whining about its inadequacies is not good enough."

Continued on page 5

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Special thanks this month go to:

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Mid-America Champions Decided in Wichita

by JERRY WOJCIK

Wichita State University played host to the USATF Mid-America Regional Masters Championships held on June 12. The sprint fields were large, but the thrower turnout was even larger.

On the track, James St. Cyr, M50, was the standout with first-rate times in victories in the 100 (11.22) and 200 (23.85). Jay O'Neill, M40, won the 800 (2:13.84) and 1500 (4:24.68). Kristi Leonard won the W35 800 race with a 2:50.25.

Ken Ellis, M40, topped all vaulters

with a 14-6. Ken Winters won the M55 triple jump with a 32-2.

Shot putters, with 25 competitors, made up the largest contingent in the meet. Rick Anderson, M35, hit 43-11 with the 16-lb. shot. William Trimmell, M80, finished with a 28-11½ with the 4kg.

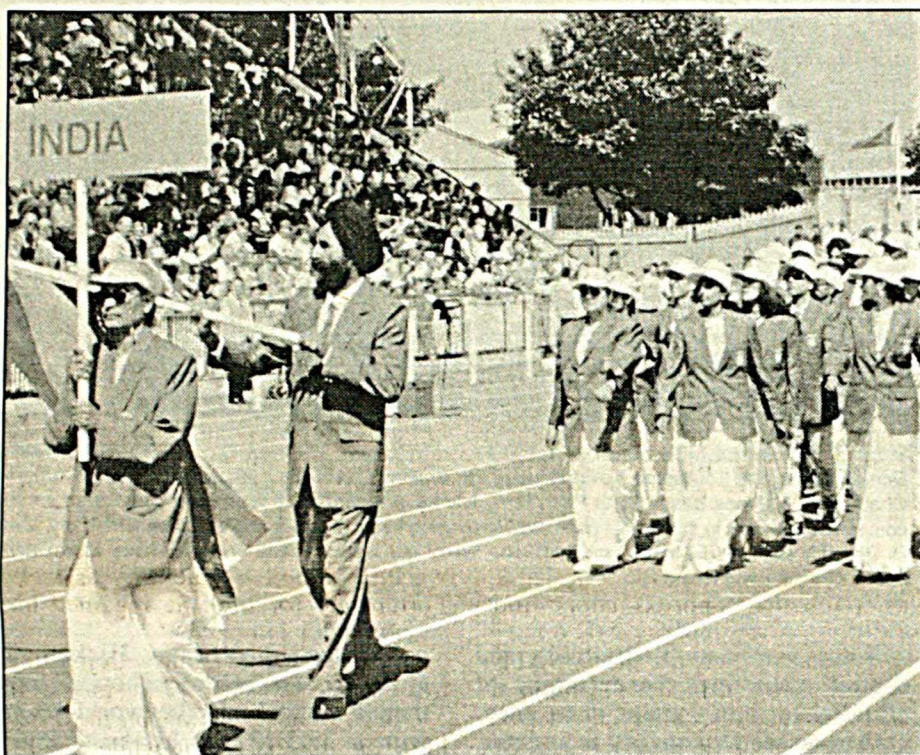
In the discus, Wendell Donaldson, M30, uncorked the farthest throw (134-6) of the meet, with the 2kg. Ron Anderson, M60, was second farthest (134-1), with the 1kg.

Bill Butterworth served as meet director. □



SUZY HESS

Former WAVA office holders, honorees for meritorious service at the General Meeting, WAVA Championships, Gateshead, England. (l to r): Don Farquharson, Canada, Bob Fine, U.S.A., Cesare Beccalli, Italy, and Al Sheahan, U.S.A.



SUZY HESS

The contingent from India at the opening ceremonies, Gateshead Stadium, WAVA Championships, July 29-Aug. 8.

Write On

Continued from page 4

I've been on the "other side of the track" when helping to officiate at meets. I know what a thankless task this can be. I can't offer a solution but, for the present, to all newcomers in masters track & field and potential record breakers, a word of advice - know the rules and don't assume.

Don't assume the big meets will have all the necessary equipment, forms and records posted (and if you're a pole vaulter, make sure you bring your own steel tape).

Dale Lane
Tulsa, Oklahoma

KUDOS

I would like to take the opportunity to thank you for the magazines (NMN) that you donated to the library.

All of the individuals here really appreciate receiving magazines, as reading is an extremely popular activity here at the penitentiary.

Again, thank you very much for your donation. We greatly appreciate it!

Erin Egan
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TWENTY YEARS AGO September 1979

- 3126 from 42 Nations Compete in III WAVA Championships, Hannover, West Germany
- John Gilmour Wins 5 M60 Gold Medals
- 12th World Veterans Road Championships Draw 1500 to Bolton, England

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Third Wind

by MIKE TYMN

Are Distance Runners Athletes?

As some readers surely know, ESPN has an ongoing year-long feature in which they are presenting what they see as the 50 greatest athletes of the 20th Century. They began with number 50, Chris Evert, and at this writing are down to number 27, Jerry Rice. They'll keep featuring one athlete a week until they finally arrive at the "Athlete of the Century" the last week of the year.

From 50 to 27, there are just two track and field athletes, Edwin Moses (#47) and Wilma Rudolph (#41). The only "runner" who competed at a mile or longer is Secretariat (#35).

Three "buddy" correspondents on the Internet and I began speculating on the remaining 26 selections, especially the final few. We also wondered whether any distance runners (the human kind) would make the list.

Top Five Picks

I speculated that the final five will be Michael Jordan, Babe Ruth, Pele, Muhammad Ali, and Jackie Robinson. Depending on the weight given to Robinson's contribution to egalitarianism, he could be the surprise winner. Of course, Robinson's all-around efforts as an All-Star baseball player, All-American football player, All-Coast Conference basketball player, and national junior college long jump recordholder (25-6½), not to mention some talent at golf and tennis while at UCLA, should rank him pretty high on athletic ability alone.

Rounding out the top 10, I predicted Jim Thorpe, Jesse Owens, Babe Zaharias, Wayne Gretzky, and Rocky Marciano, with Ted Williams, Willy Mays, Jim Brown, Joe Louis, Ty Cobb, Henry Aaron, Jack Dempsey, Jack Nicklaus, Sam Snead, Gordie Howe, Joe DiMaggio, Magic Johnson, Al Oerter, Jackie Joyner-Kersey and Joe Montana rounding out the top 25.

FIFTEEN YEARS AGO September 1984

- 853 Compete in Nationals in Eugene
- 51 Take part in USA Decathlon in Indianapolis
- Bill Stewart, Cindy Dalrymple Top USA Masters 15K Rankings

"Didn't you forget Carl Lewis, Michael Johnson, and FloJo?" one *buddy* chimed in his two cents. I admitted that I forgot all about them and that it's likely Lewis will make the top 25. However, I had a hard time trying to figure out which of the others already mentioned Johnson and FloJo would bump.

Any Runners?

I could foresee no middle- or long-distance runners making the list, although I would have voted for at least three: Herb Elliott, Haile Gebrselassie, and Abebe Bikila. I'd put Gebrselassie among the top 10.

"What about Steve Scott?" the second *buddy* quickly typed a reply. "The guy broke four minutes more than 100 times. That should count for something."

I suggested that if we put Scott on the list, we'd also have to add John Walker.

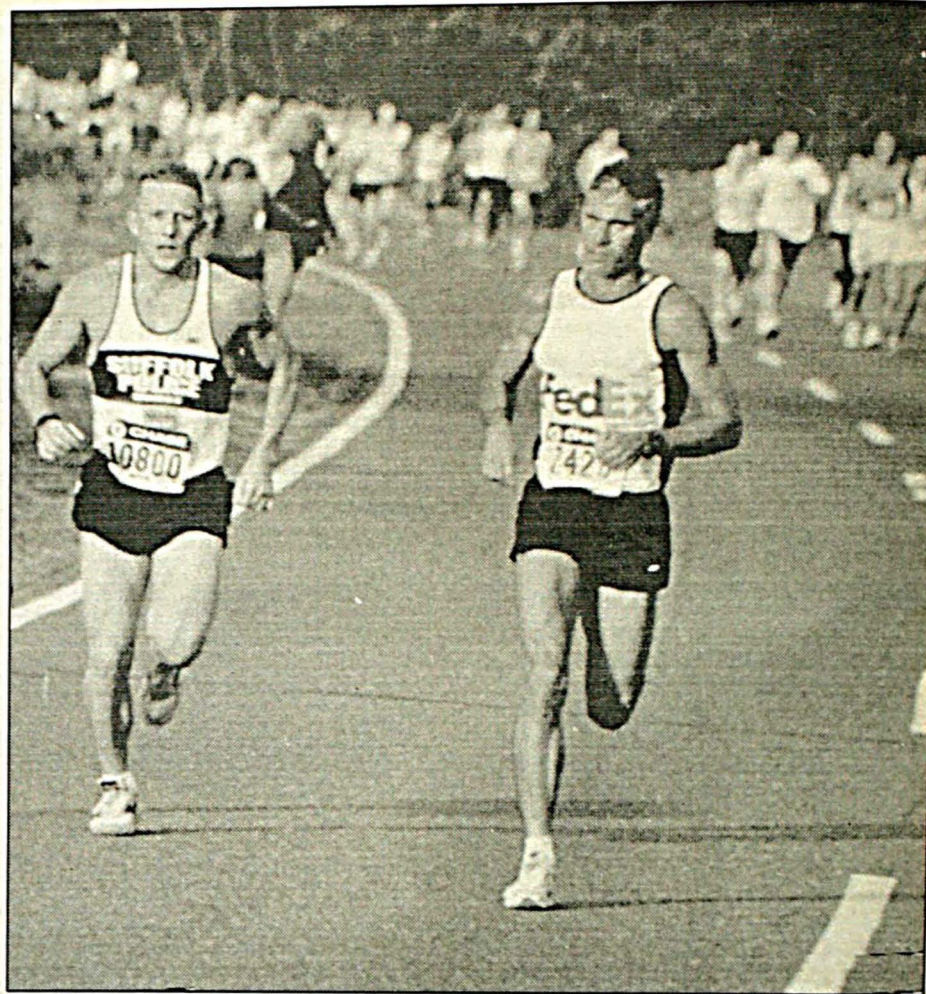
The first *buddy* felt that Roger Bannister should be among the top 50 for being the first to break the four-minute barrier.

Golfers?

"No way any golfers should be on the list," the second *buddy* offered. "They ain't athletes."

But I was quick to point out that a strong argument could be made that distance runners do not qualify as *athletes*. If you listen to John Madden and all the other football sportscasters, an athlete is someone who can sprint 40 yards in 4.2 seconds or faster, cut on a dime, and leap six feet in the air for a pass. In baseball, it's guys like Ken Griffey, Jr., who make shoestrings catches, climb walls, and still hit 98 mph fastballs out of the park. Of course, Michael Jordan is considered pretty much the ultimate athlete, even though he'd probably have a hard time breaking six minutes in the mile.

Let's face it, most elite distance runners have no 40-yard speed or jumping ability. In fact, many great runners have been baseball, football, basketball, and sprinting rejects. Cross-country used to be the sport for guys who couldn't make any other team in school.



MIKE POLANSKY

Don Di Donato, 41, outlasted Kevin Krause, 28, to win (17:46) the 14th Annual Chase Corporate Challenge 3.5, Jones Beach State Park, N.Y., July 28. A record 7928 runners and walkers from 252 companies took part in the largest participatory sporting event on Long Island in recent memory. It was Di Donato's sixth victory in the race, including five of the last six years. The event was administered by the Greater Long Island RC.

Since coordination, flexibility, and control factor into the definition of athleticism more than endurance, golfers do seem to qualify as athletes, more so than distance runners.

By Whose Definition?

"Who says Madden and his cohorts are the authority on the qualities that go into making up an athlete?" the second *buddy* shot back. True, Webster says anyone competing in sports, exercise or games requiring physical skill can qualify. But that would seem to include billiards players, horseshoe pitchers, and even yo-yo artists. Where do you draw the line?

My Random House dictionary says an athlete is "a person with a sturdy build or well-proportioned body structure." That would eliminate many distance runners I know. It would also eliminate Babe Ruth. Isn't it strange that the man who could be the "Athlete of the Century" is almost the antithesis of the definition of an athlete?

The third of my Internet *buddies* suggested Bob Mathias should be among the top 25 for his two gold medals in the Olympic decathlon, not to mention his football playing skills at Stanford. But the first *buddy* pointed out that many other decathletes since then have made Mathias' records look puny. That brought up another controversy, comparing the stars of today with those of yesterday. Can we say that Herb Elliott was

a greater miler than Hickam El Guerrouj, who recently chopped more than a second off the world record with a 3:43.13? At his best, Elliott would have been 80 yards or so behind El Guerrouj.

Times Don't Count

"You can't compare them by times," the first *buddy* wrote. "You have to look strictly at their winning records." I agreed. Some sports, especially road racing and track and field, are clearly evolutionary sports, each generation adding a little more to the training knowledge, the quality of equipment, the dietary needs, what have you.

It's just the opposite in baseball, at least for hitters. Many of the old-timers have lifetime batting averages of around .340, almost an impossibility these days. But that's due primarily to the evolution of pitching.

"How much faster do you see the mile record getting?" *buddy* number two strayed from the subject? I pointed out that El Guerrouj appeared to have a second or two left in him in that world record run. A few years ago, I would have said we'll never see a sub 3:40 mile, but I would have said the same thing about a sub 12:40 5000 and a sub 26:30 10,000.

Later...

"How about the top 10 athletes over 40?" the first *buddy* asked. I suggested we leave that one for another session. □



False Start

by DAVID E. ORTMAN

“Where is My Meet Record?”

There are four good things that can happen at a track & field meet. I mentioned three of them in my July column: 1) Finish; 2) PR; 3) Win. The fourth good thing that can happen is setting a meet record.

Setting a meet record is a bonus over and above winning an event. Some of us have spouses who think we are crazy for running around in our underwear, and are tired of polishing another box full of medals. Nothing beats returning to announce to the household, “Honey, I set another meet record!”

The first three good things are within your control, but the fourth is not. Strangely enough, for many masters meets, including those at the national and world levels, there are no meet records.

No Meet Records Listed

For example at WAVA-Buffalo ('95) the meet program included the defending champions, but no meet records. The WAVA website (www.wava.org) contains a link to WAVA records. This page (WAVA Regional Records) displays the six WAVA regions (Africa, Asia, Europe, North America, Oceania, and South America). However, only the Europe link is active, and it only displays European Veteran Records noted in 1997 or 1998, not WAVA World regional meet records.

However, there is hope. Bill McIlwaine has compiled the WAVA North & Central American & Caribbean World Regional meet records and Rex Harvey says they will be posted on the www.wava.org site in the near future.

There does not appear to be a listing of meet records for the USATF National Masters Championships. Some of the USATF Regional Masters Championships keep meet records – the Northwest Regional meet records go back to 1983 and are included in the meet program each year. But none of these are posted on the Internet where you could compare WAVA World Regional or USATF Regional meet records.

Track & field meets rely on a large crew of volunteers (bless each and every one), so the job of updating meet

records and including them in a meet program is just one more unpaid task. But there is no reason that some of the rest of us can't pitch in.

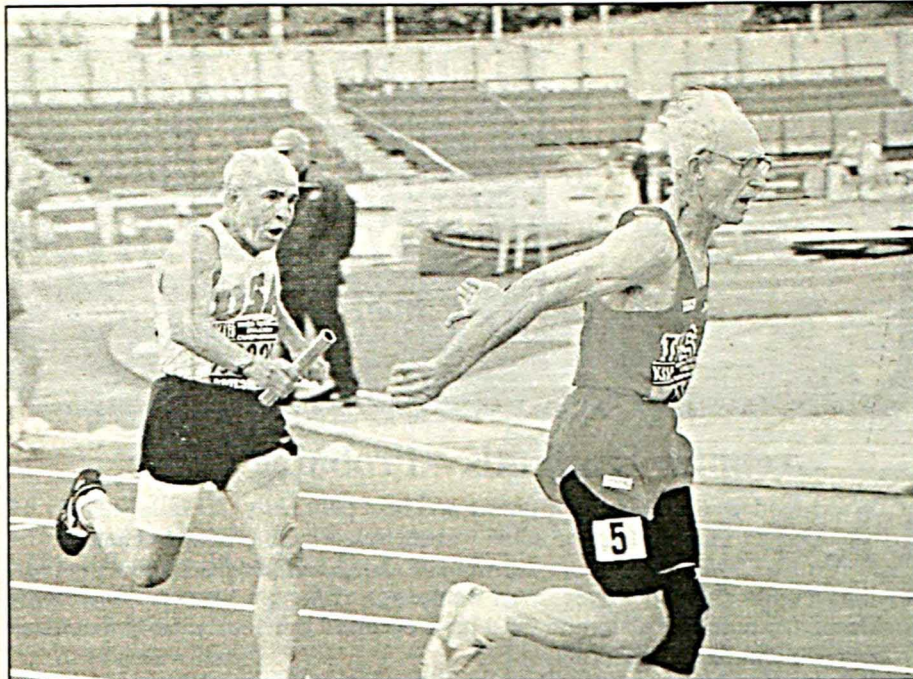
Since the 1998 World Masters Games in Eugene were the fourth of its kind, I offered to compile the track & field results into meet records. I was told that past World Masters Games left something to be desired in terms of officiating and standards. So I have compiled only the 1998 results as World Masters Games meet records.

Poor Accessibility

One barrier is that while meet results are published in *National Masters News*, they are not readily accessible in electronic format, which means that results have to be reentered by hand. I'm looking to see if the Northwest Regional meet records are in electronic format. It would save me from having to retype these into the old computer.

Is it too much to think that the East, Southeast, Midwest, Southwest, Mid-America and West Regional Championship meet records are already in someone's computer and could easily be posted on the Internet for compar-

The *National Masters News* is devoted exclusively to track & field, long distance running, and racewalking for men and women over age 30. Each month it delivers 28 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competition. Some masters events are sponsored by USATF, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations. Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to age 40+, 50+ or 55+ (please check the schedule for details). Some events require advance registration. Some require a current USATF card (\$12 to \$15 per year, depending on the region). There are no qualifying standards for most masters athletics events.



JERRY WOJCIK
Mel Larsen reaches for the baton from Ray Bower on the winning USA M70 4x100 (59.07), WAVA Championships, Gateshead, England.

son purposes?

Meet records should be posted on an official USATF Masters or WAVA website. In the meantime, I'll post the 1998 World Masters Games meet records, as well as the USATF Northwest Regional meet records on my website at: www.geocities.com:80/Heartland/Shores/7081/index.html (on the homepage, click on the Track

icon).

If you have Regional Championship results in electronic format, please send them to me by e-mail at: deo@igc.org. Or if they are already posted on a site, send me the website link.

As my father used to say after listening to Beatles music, “Records are made to be broken!” ☐

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PAGLIANO'S PODIATRIC POINTERS

The Foot Beat

by **JOHN W. PAGLIANO**
D.P.M.

Achilles Tendinitis – Probable Cause

Q. I read your column on running and heel pain (July NMN). Would I be correct in assuming the same treatment works for Achilles tendinitis? I am a 75-year-old javelin thrower and shot putter and discovered my right Achilles tendon to be sore over seven weeks ago. Although I was playing tennis doubles at the time, the condition must have occurred previously, since there was no noticeable injury at any point.

A. Achilles tendinitis is the most common injury in men over 40 who compete in track and field. So, probably the injury was from running rather than tennis. It sounds like it is a strain rather than a tear. A partial tear will show a small nodule over the tendon which you can feel. We usually get these because the blood flow to the area is limited after the age of 30.

There are more theories as to the treatment of Achilles tendinitis than Carter has pills.

First, I recommend icing, but only after exercise. This should be a brief icing of no more than 8-10 minutes. We don't want to compromise the circulation in this area. I recommend moist heat two or three times a day, such as hydrotherapy or whirlpool.

Your last application of heat should be prior to bedtime.

I do not recommend taping at this level. I would add a heel lift to your athletic shoe.

I also recommend that you don't stretch it at this time. Usually athletes tend to overstretch and re-injure the tendon. If you are doing light exercise, walk a half-mile prior to exercise for



TESH TESHIMA
James Dunn took second in the M60-69 division (59:43), Volcano Wilderness Run 5 Mile, Volcano, Hawaii, July 24, but was nipped by his grandson Terence (58:47). Both are from Edmonton, Canada.

your "warm-up."

The best treatment at this point is physical therapy. This includes hydrotherapy and ultrasound. This will reduce the inflammation and any fibrosis that may have occurred around the tendon.

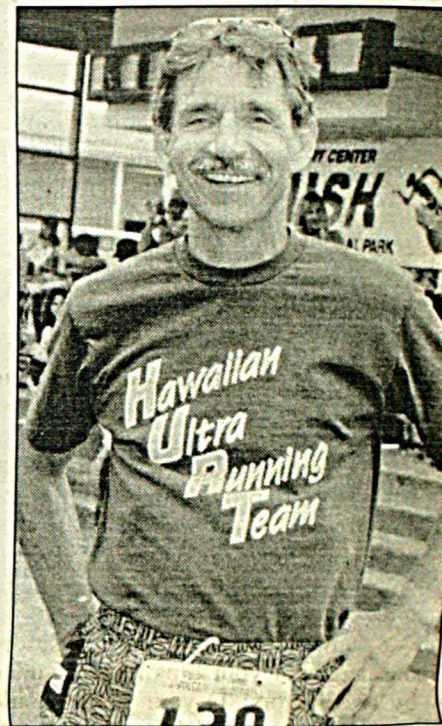
A night splint is a device that keeps your Achilles mildly stretched while you sleep. It works with varying degrees of success. The Dyna Splint is the best, but it is pricey.

I think you need to see someone

who is involved in sports medicine. If you have a large city close by I can recommend someone.

In the meantime, oral anti-inflammatories are not a bad idea, plus light jogging with no speed every other day on a firm surface. Use a heel lift and a well-made training flat. □

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 50098, Eugene, OR 97405.)



TESH TESHIMA
Akabill Molmen, winner of the M50-59 race (4:02:37), Volcano Wilderness Run, Volcano, Hawaii, July 24.

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Manuel White

Manuel White, a very popular thrower, of Helena, Mont., passed away July 22 of chronic cardiomyopathy. He had been ill for the past year after recovering from pacemaker and heart surgery. He was buried with full military honors at Fort Harrison, outside of Helena.

An excellent javelin thrower for the University of California at Berkeley in the 1930s, White received an M.D. degree and became an outstanding thoracic surgeon for many years, but

never lost the enjoyment of throwing and competing. He was a very talented masters thrower, holding many age group records from 60 years plus, both national and international, with world records in the javelin, discus, hammer, shot, and weight pentathlon.

White was very involved in masters competition for almost 20 years and was popular both as a thrower and as a person who always shared throwing and training tips with both young and old. The Montana Masters Meet honored him in the early 1990s by having his portrait engraved in the medals presented that year.

Wherever he appeared, he was an inspiration to all of us and was affectionately called the Grandfather of Montana Masters.

White was 83-years-old and is survived by his wife, Helen, and his children and grandchildren, who accompanied him to his many meets each year. He and his wife hosted the Octoberfest Throws each October in Helena.

The Northwest Regional Meet held in Bozeman in July 2000, will honor him for the many contributions to masters and masters throwing.

He will be missed by all of us who competed with him and knew him both on and off the field. □ - Bob Sager

TEN YEARS AGO September 1989

- 4951 Athletes from 58 Nations Participate in VIII WAVA Championships in Eugene
- Turku, Finland, Chosen over Mulhouse, France, to Host WAVA in 1991
- Nationals Draw 1450 to San Diego



Training Advice

Payton Jordan's Sprinting Techniques – Part II

(Payton Jordan, 82, is one of the top masters sprinters in the world. He currently holds six world age group records in the 100 and 200. He was a track coach at Stanford U. for 22 years and was the 1968 USA Olympic track coach. Last month, he explained the goal of sprinting is to run faster, not harder; that the key to running fast is to be relaxed, while maintaining a loose and fluid form. This month, he talks about how to properly use starting blocks, how training is really a war on aging, and how to stay motivated to keep fit. – Ed.)

While the exact setting will vary, medium block placements are a good starting point. You should begin with the knee of your front leg roughly even with the starting line. The toes of your front leg should be about even with the knee of your back leg.

The first two spikes should be in contact with the track surface. This keeps you from "popping up."

Your arms should be placed in a wide stance to provide maximum freedom of your leg drive. In fact, the arm on the back leg side of your body can be held slightly wider to encourage aggressive drive at takeoff.

As you come to the "set" position, the height of your hips is determined by two factors: 1) your shins should be as close to parallel to each other as possible; and 2) you should be able to maintain a straight spine.

At the gun (assuming your left leg is placed in the front position), drive your left arm out and slightly across your body. In the fully extended position, your left hand will cross your face by one or two inches. Your right arm drives back and out. The slight rotation caused by this arm action will allow for fuller and longer pushes with the first two steps. In this part of the race, you should focus on full and complete pushes with your legs and aggressive pulls with your elbows.

Attitude is Paramount

Technique out of the blocks is important. But *more* important is the proper attitude for sprint starting. You must understand you are in control. Concentrate. Getting out at the gun is about attitude, reaction time and confidence. Worrying about the brand name of the meet blocks or the exact angle of the pedals is a waste of energy.

Only a relaxed athlete will be able to respond to the gun with a minimum of reaction time. Starting lines and track meets in general are very stressful places and are a large obstacle to relaxation. You should properly shake down your muscles before getting into the blocks. Your muscles should feel as if they are loosely hanging off the skeletal system.

At the "on your marks" command, block out the world by taking a few deep breaths from your diaphragm.

You need to feel the oxygen penetrate deeply into the lower lobes of your lungs. Further, you must concentrate on exhaling and inhaling fully. On the "set" command, the athlete should take a deep, full, controlled breath and hold it until the gun blasts. At the gun, the breath is exhaled as the sprinter explodes toward the finish line.

Training as a War on Aging

If you don't train, your movement abilities won't improve. In fact, they will get worse.

With age, the following human abilities become less effective:

1) The Ability to Utilize Oxygen

As we age, our sponge-like lungs become less flexible and less able to process the inhalation and exhalation of air. This limits the amount of oxygen that fuels the cells of our bodies. This trend can be resisted by exercising your respiratory system; specifically, your lungs.

Breathing above your breast line is tightening and inefficient. You should learn to breathe full breaths and to fill your lungs from the bottom up by utilizing the diaphragm. A controlled, elongated exhalation will facilitate a surge of power. The exhalation should take twice as long as the inhalation. For example, do 100 meter strides with 4/8 count breaths – that is, four counts in and eight counts out – with concentration on surging with the exhalation.

It's been said that it's impossible to train the diaphragm, since it's an involuntary muscle. Not so. Everyone can learn to breathe better. Proper posture alone can help to disencumber the lungs.

2) Flexibility With Relaxation

Your musculature should be loose enough to shake on your bones. Your muscles must be relaxed in various athletic situations and at maximum speed.

Here's a sample loosening warm-up (each exercise should be performed for 55m and repeated twice):

a. Easy jogging. You should feel as if your legs are simply hanging off your hips.

b. Easy and relaxed high knee drills. This drill is about loosening your hips and hamstrings and not about exaggerated running form.

c. Alternating jog and quick steps, about 4-6 meters each, smoothly alternating between styles. The quick steps are similar to the "arm quickies" mentioned last month with the addition of small, quick footsteps; pay attention to maintaining loose arms.

d. High knee skips. Focus on your overall body's relaxation and fluidity.

e. Heel recovery skips.

3) Strength

The untrained human will lose strength. A minimum amount of training is needed if only to maintain strength levels.

4. Reaction Time

This critical characteristic of a sprinter is essential for all humans and can be affected by training. Reacting to the gun, or verbal commands, should be coupled with other reaction-time training units.

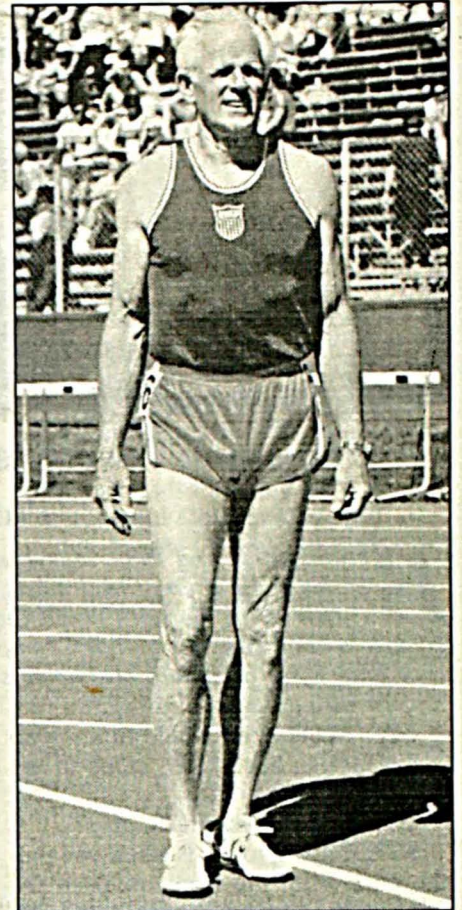
The aging human can arrest, or at least slow down, the basic degeneration traits mentioned above. This is known as aging gracefully.

Motivation

Sprinters must have high levels of self-esteem. It is no small feat to abandon oneself to maximum effort in a race against time and man. Successful sprinters have high levels of confidence. Self-esteem projects out and shines in. The great ones think with self-esteem. Everyone else is just watching the action from the sidelines.

Fear is our greatest enemy. Desire is our greatest weapon. I'm often asked what makes a champion. Over the years of being privileged to work with many athletes, certain common qualities are evident: commitment, goal setting, discipline, a strong work ethic, and an ability to appreciate and give credit to others.

Remember, winners dare to fail. So don't be afraid to think and act like a champion. The ingredients are simple if you will make the commitment, be unafraid to dream, and set goals. Don't frown on discipline. It's the tool



Payton Jordan

that will push you to do the work needed. Fear not, let desire burn. □

(Most of the material in this article was delivered by Jordan at a Coaches Training Clinic last year in Menlo, Calif., and condensed into an article for *Track and Field Coaches Review* by Matt Lydum, the Track Coach at San Francisco State University. – Ed.)

FIVE YEARS AGO September 1994

- Nationals Draw 1418 to Eugene, Oregon
- Mondragon (40, 45:28) and Legare (43, 55:58) Winners in Boilermaker 15K
- 2nd WAVA Road Race Championships Held in Toronto

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Masters Racewalking

by ELAINE WARD

Maryanne Torrellas – A Natural Winner (Part II)

Between 1983 and 1989, Maryanne Torrellas (W40) represented the United States in 19 international meets, including the World Games and the precursor of the Women's World Cup – the Eschborn Cup. On March 17, she competed at the Masters Indoor Championship in Boston. In a close and exciting race with Lynn Brubaker, Maryanne set a pending W40 3000 meter American Record with a time of 13:46.73.

MT: Many people race to see who is the fastest, but I often raced to see who I could play with.

EW: How do you mean play?

MT: Playing to me is when you pull the pace from the front; or push the pace from behind. It's when you use a whole tool box of different tactics. For example, if you are on a track you may be able to use a lapped competitor to keep someone from making a move to pass. Or you may sit on somebody's shoulder and breathe down their neck.

You can walk with somebody to help them and pull them along; or you can walk to break them. And there is a difference. You are racing in the same spot, but there is a mental difference that I believe other athletes can feel. You can feel if someone is walking with you or walking against you. You feel their intent.

Battling to Win

But most delicious of all is to come from out of nowhere in high pursuit and battle to the finish. That was always something that I liked to do. I would be in third or fourth place and make a move at the end. When you do this, you take a risk that somebody may be able to pull so much ahead that you get beat. But in that risk, there are a whole lot of possibilities.

EW: I don't think a lot of people really know how to race.

MT: They just race to see who is the fastest. Sometimes, using tactics won't give you the fastest time, but it will give you the most delicious victory.

Many races with Ann Peel were like that. She would be feisty. She was physically competitive, but that in turn would spark even more competitiveness in me. We often raced on an indoor track. If I was ahead of Ann and it was coming toward the end of the race, I might not lap a slower walker very quickly.

You kinda hang on the outside, or perhaps walk next to the person for a little bit. This forces the person trying to pass you to go into lane three and pass two rather than one. If you are on the banked part of the track, it forces that person to go up hill to pass.

Or, let's say, somebody is walking

in the inside lane and you are beside them in the second lane. You are both coming up to a slower walker. You could be polite, and I am sometimes with people whom I am helping and move out a bit so they can also pass, or you can just remain in your place and box them in.

Therapeutic Massage

EW: Many people have told me what a good massage therapist you are. What kind of massage do you do?

MT: I do sports massage, which includes a whole bunch of things that will have a beneficial physiological effect on the athlete's body. Massage basically increases circulation to a specific area. By increasing blood flow, you aid the transport of nutrients into the muscle tissue and aid the removal of waste products.

EW: Do you advocate massage before as well as after activity?

MT: There are different kinds of massage. Pre-competition massage is not deep. It's quick, rigorous motion. It gets the muscles warmed up and ready to go. It is a shorter massage than a recovery massage.

A recovery massage, right after a race, involves flushing the residue of lactic acid from the legs; not lactic acid itself, but the residue. It is a slightly deeper massage, but you avoid very deep massage directly after a race because any slight injury could be inflamed. A day after a race, you can go deeper.

Of course, it helps when a massage therapist works with an athlete all through his or her training. You can't work deeply on some athletes at all. Others can take very deep work and it is just what they need. So massage is an individual thing.

Establishing Rapport

EW: If a racewalker you didn't know came to you for a massage, what would you do first?

MT: Having worked on many racewalkers, I would know that the hamstrings might need attention. Also, the piriformis muscle is usually very tight in racewalkers. The drop of the hip puts some strain on it, as well as foot placement in line. I would also ask if



JERRY WOJCIK

Sally Richards, USA, W45 gold medalist, 10K racewalk (53:15), WAVA Championships, Gateshead, England.

there was a specific problem and rely on feedback. Establishing a rapport is important.

A lot depends on the situation. Sometimes you are at a meet and only have 10-15 minutes to work on an athlete so you are only going to work the most important areas. Other times, you may have a greater amount of time and you can work on whatever areas the athlete says are tight.

For example, everybody seems to be tight between the shoulder blades. The tightness may not be so much from training or racing as from sitting at a computer, reading, writing or just staying in one position for a long period of time. So I might spend time on the trapezius and rhomboids. The lats are also important for racewalkers.

Sometimes a racewalker will complain of arm and shoulder pain after a race. Two different things are going on. As a walker tires in a long race, the shoulders might come up a little and cause pinching between the shoulder blades. Even if they only come up half an inch, that can happen.

Also, whenever you do extended, repetitive motions that are not full range, you usually engender some tightness. Think about your arms and their complete range of motion. The arms can move in a circle in many different directions. Then, think how you use them racewalking. You use them in only a small area of that total range of motion.

It is the same with the legs. Think about your legs and how far you can extend them forward and backward. When you use your arms and legs in a limited range, it tends to shorten the muscle fibers. So stretching afterwards is extremely important.

Helping Others First

EW: Dave Romansky said that you

had been doing massages all day when you went out on the track and set an American record at the masters indoor championships. It was very exciting for everyone.

MT: Dave is my hero. He is such a great athlete and neat guy. I thoroughly enjoyed working at the national masters meet. It was a volunteer thing that I did with my two business partners, Keith and Karen Lee. They are massage therapists and personal trainers, too. We started working at 9 o'clock in the morning, and I worked until it was time to warm up for my race at 3:30 in the afternoon.

I loved talking with all the competitors – just finding out each one's story. When athletes are on the table, they like to talk about what they are doing.

There seem to be three groups of masters. The first group has been competing since they were in high school and college and never stopped. Some of them are in tremendous shape. The second group has never done any sport before and are just becoming involved. Some of them are the most enthusiastic, because every time they go out they may set a personal record.

The third group competed seriously when they were younger, stopped for family and job and started again on retirement. This large group has fallen in love with their sport all over again.

It was just fascinating to hear all the stories and what some people have been through. One gentleman, a 72-year-old high jumper, told me that he was going to win "this one for my grandson" and his grandson was sitting in the stadium. I told him I was going to watch him. I saw him look up at his grandson and give him a thumbs up. His cute little grandson gave him a thumbs up back and he went over the bar and wound up winning the competition.

Afterwards, he came back over asking, "How did I do? How did I do? My leg felt so nice and loose." He was so grateful for the massage. Doing massage at a race where there are so many different kinds of people is always very interesting.

Soothing the Feet

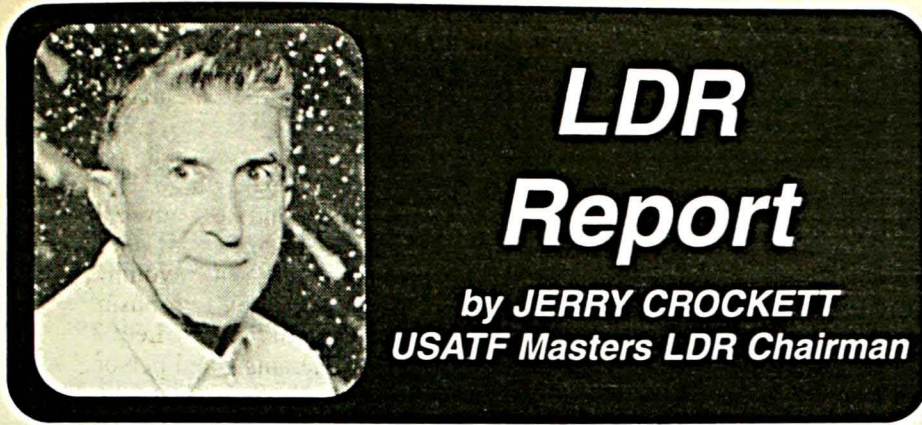
EW: Do you find anything common to masters?

MT: I find that the athletes who really have a good stretching and flexibility program are far more balanced in their bodies and have less injuries.

One thing racewalkers can do for themselves is simply massage their feet for five minutes after working out. The foot receives high stress during racewalking. I tell people to get into the habit of massaging their feet when they take their shoes off. Eastern philosophy talks of foot massage as opening up the energy channels of the body. It is a way of preventing a lot of foot problems.

EW: What type of a practice do you have?

MT: I have a home practice and also work with a chiropractor. I have worked with the U.S. Track and Field Team and have worked at the Olympic Games and at the Good Will Games. □



Is It Time to Lower the Masters Age Limit?

My warmest congratulations to the myriad of masters athletes who traversed the great Atlantic to Gateshead and performed their level best - whatever that might have been on that given day.

Norm Green speaks positively about the venue and the performances and says a good time was had by most. We are going to miss Norm serving as our non-stadia representative. He and Dolores are reducing their volunteer load, but, thank goodness, he will continue to serve on our advisory committee.

No Formal Request

I have been asked by a few 30- to 39-year-olds why Masters LDR doesn't lower the masters age limit to 30 as

Masters T&F is doing. My response is that we haven't been formally asked to consider a change; therefore, it has not been on our agenda. However, my per-

sonal observation is that, with the current exception of ultras, distance runners beyond the age of forty seem to show a performance level decrease, which is not apparent until about that age. Also, most 30- to 39-year-olds do not seem interested in competing as masters when they can still place in open competition and would be reluctant to compete in masters championships.

I would hate to see a masters 30- or 35-year-old national champion who does not rank in the top 100 of their actual age group. I think it would demean the whole concept of masters champion. However, since I am an AOR (adult onset runner) and did not compete as an open athlete, I am going to ask Ruth Wysocki of our Masters Advisory Committee to address this issue and would appreciate the input of any others who have opinions on the subject.

ILC Running Smoothly

The Indy Life Circuit is progressing nicely at the half-way mark. At this point Patty Valadka is leading the masters division women with Bev

Docherty and Jane Welzel in a fight for second and third. Perennial winner Jane Ottaway is again heading the age-graded division with Victoria Crisp, a solid second, and Gloria Jansen, Linda Frisby and Patty Valadka in a struggle for third.

On the men's side, John Tuttle leads twice-champion Craig Young (second) with Steve Winchel and Mark Curp next. Tuttle and Young are also leading the age-graded division with Jack Nelson, Dick Buerkle, and Gary Romesser coming on.

Our championship series in roads; cross-country; and ultra, trails, and mountain is also moving well.

Important Contributor

This month I would like to again mention our Athlete Communication Center and the member of our advisory committee who carries on this function. Barb Arveson, a very exuberant and talented individual from Minnesota, who has recently become a full-fledged Texan (Big D), is a runner (preferably marathons), race director, certified official, and head of this new

Continued on page 13

SATURDAY, NOVEMBER 13, 1999
7:30 AM SIMULTANEOUS START

TRADEWINDS PARK
3600 W. SAMPLE ROAD, COCONUT CREEK, FL
FROM I95 - WEST ON SAMPLE RD.,
FL TURNPIKE - EXIT AT SAMPLE RD, TURN LEFT/WEST
ON SAMPLE (GO OVER TPKE.) PARK ENTRANCE (SOUTH
SIDE) JUST WEST OF TURNPIKE.

COURSE
USATF CERTIFIED #FL88001DL, PAVED, FLAT, MOSTLY
STRAIGHT 2500 METER CIRCUIT



THE EVENT IS SANCTIONED BY USATF.

USATF RULES & INSURANCE REGULATIONS

INSURANCE DOES NOT ALLOW "BABY JOGGERS",
HEADPHONES, PETS OR ROLLER BLADES ON THE
COURSE DURING THE EVENTS. THE EVENTS WILL
BE SUPERVISED AND JUDGED BY CERTIFIED
USATF OFFICIALS AND WILL FOLLOW USATF
RULES. NO RUNNING KNEES MUST NOT BE
COVERED. NO MECHANICAL PACING DEVICES.

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PHONE: 1-800-444-8888
3100 N. UNIVERSITY DRIVE (1 1/2 BLOCKS SO. OF SAMPLE RD.)
LOCAL PHONE (954) 344-2200
\$49.50 ROOM RATE
MENTION FAC-WALKERS WHEN MAKING RESERVATION

DIRECTIONS: FROM HOTEL TO TRADEWINDS PARK-
LEFT/NORTH ON UNIVERSITY DRIVE TO SAMPLE ROAD
RIGHT/EAST ON SAMPLE. GO 5 MILES TO TRADEWINDS.
PARK ENTRANCE ON RIGHT.

PACKET PICKUP

AT HOTEL 3:00 - 8:00 - PM,
FRIDAY, NOV. 12,
& RACE DAY AT PARK
6:00 AM - 7:00 AM

RACE DIRECTORS

DAN KOCH 954-970-9634
E-MAIL-RACEWALKER@CYBERAGENCY.NET
FAX (954) 970-0382
GEORGE RESCIGNO 561-738-5023
MARY KING 954-581-8755
FLORIDA USATF RACEWALKING CHAIR
JOHN FREDERICKS 407-238-9688

EVENTS & AWARDS CASH PRIZES NATIONAL 10K MEN'S MASTERS CHAMPIONSHIP

\$100 - \$75 - \$50 - 1ST, 2ND, 3RD PLACE OVERALL

NATIONAL MEDALS -3 DEEP 5 YEAR. AGE GROUPS 40-95+
\$25 TO FIRST PLACE IN EACH AGE GROUP.
OVERALL FINISHERS WILL ALSO RECEIVE RESPECTIVE AGE
GROUP FIRST PLACE CASH PRIZE.
USATF MEMBER/US CITIZEN WILL RECEIVE
CHAMPIONSHIP MEDALS*

TEAMS

5 MEMBER TEAMS - 10 YR. AGE GROUP
SCORING - TOP 3 TIMES COUNT
MUST DECLARE BY 7:00 AM FOR TEAM COMPETITION (TO GO DOWN
IN AGE GROUP IN TEAM COMPETITION) 1 TEAM PER CLUB

FLORIDA 10K CHAMPIONSHIP & NON-CHAMPIONSHIP

AWARDS
OVERALL M/F & OVERALL MASTER M/F
FIRST PLACE FLORIDA

MEDALS
5 YEAR. AGE GROUPS -19 TO 95+ 3 DEEP
USATF MEMBER/US CITIZEN & FLORIDA RESIDENT
WILL RECEIVE CHAMPIONSHIP USATF MEDALS*
NON-CHAMPIONSHIP - 1ST 3 FINISHERS M/F

SOUTH REGION JUNIOR & SENIOR 10K CHAMPIONSHIP

JUNIORS -19 (NOT 20 BEFORE 12/31/99)
& SENIORS 19-95+(OPEN)

AWARDS
1ST PLACE FINISHERS MALE/FEMALE JR. & SR.
MEDALS
OVERALL TOP 5 M/F JR/SR

PLEASE NOTE ELIGIBILITY REQUIREMENTS:
SEPARATE FEES REQUIRED FOR EACH EVENT PLEASE VERIFY
ELIGIBILITY AND SEE ENTRY FORM FOR FEES.
*NON-MEMBERS/NON-US CITIZENS CANNOT DISPLACE USATF
MEMBER/US CITIZEN, FLORIDA RESIDENT IN AGE GROUP
CATEGORIES. PARTICIPANTS INELIGIBLE FOR CHAMPIONSHIPS/USATF
MEDALS SUB MASTERS, NON CITIZENS, NON-FLORIDA RESIDENTS
WILL RECIEVE ALTERNATIVE MEDAL.

★ ALAN RANOFSKY ★ INVITATIONAL RACEWALK

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AND MAIL TO: FAC-W, MARY KING,
7503 W. SUNRISE BLVD., PLANTATION, FL 33313
REGISTER ON LINE FOR RACE ONLY WWW.FLORIDA SPORTS.COM

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ADDRESS _____
CITY _____ ST _____ ZIP _____
PHONE _____ M _____ F _____
AGE RACE DAY _____ BIRTHDATE _____
U.S. CITIZEN* YES _____ NO _____
FLORIDA RESIDENT* YES _____ NO _____
CLUB AFFILIATION (FOR TEAM) _____

FEES
1ST EVENT ENTRY FEE: \$ 20.00 — RACE DAY \$25.00
EACH ADDITIONAL EVENT + \$5.00 PRE RACE OR RACE DAY
(PLEASE NOTE ELIGIBILITY REQUIREMENTS FOR EVENTS)

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- 10K FL STATE OPEN RACEWALK CHAMPIONSHIP
- 10K JUNIOR & SENIOR M/F SOUTH REGION CHAMPIONSHIPS
- 10K FL STATE OPEN RACEWALK NON-CHAMPIONSHIP

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\$15.00 MEMBERSHIP REQUIRED FOR CHAMPIONSHIP RACES
(GOOD THROUGH 2000) CHECK TO USATF
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T-SHIRT - ALL APPLICANTS

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I CERTIFY THAT I AM PHYSICALLY ABLE TO COMPETE IN THIS
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PROPERLY TO PREVENT DAMAGE OR INJURY TO MYSELF OR
OTHERS. I HEREBY RELEASE FOR MYSELF AND MY HEIRS ANY AND
ALL RIGHTS AND CLAIMS FOR LOSSES AND DAMAGES AGAINST
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COMMISSIONERS, TRADEWINDS PARK, THE FLORIDA ATHLETIC
CLUB & FAC-WALKERS, USA TRACK & FIELD/FLORIDA AND
NATIONAL ASSOCIATIONS, RACE SPONSORS AND SUPPORTERS,
RACE DIRECTORS AND VOLUNTEERS.

NAME _____
(PARENT FOR MINOR)

DATE _____



On The Run

by HAL HIGDON

Hitting Hadrian's Wall

From the Roman Army Museum, the three of us hiked up the hill and past a quarry used 2000 years ago to extract stones for the wall we had come to see. It was a Thursday afternoon, an off day at the XIII WAVA World Veterans Athletics Championships in Gateshead, England. Delegates to the World Association of Veteran Athletes were meeting all day to elect officers, conduct business and determine the site of future championships, but my wife Rose and I had decided to skip all that and visit Hadrian's Wall.

When I stopped by the meeting and mentioned our destination to Jerry Wojcik, Senior Editor for *National Masters News*, he nearly jumped from his seat in eagerness to join us. "I'd rather spend the day sightseeing than be stuck in this meeting all day," Jerry confessed as we climbed in a taxicab heading out of town.

I felt the same way, although there was some risk involved, both for Jerry and me. We were competing the following day: he in the weight pentathlon, me in the semifinals of the

1500 meters. For peak performance, we probably should have skipped both the meeting and the sightseeing and lounged around the hotel with our feet propped up, contemplating our events.

But one needs to get one's priorities in order.

Sightseeing Op

At previous WAVA meets, my main priority often has been to compete – and to compete well, perhaps to win. On four occasions, I've won gold medals, earning silver and bronze

medals five times. On other occasions, I've traveled to the meet more interested in participation than competition. The WAVA Championships offer an opportunity every second year to sightsee in some exotic location and renew acquaintanceships with old (growing older) friends.

Jerry was not (yet) one of those friends. Oh sure, I knew his name and face from the top of his column, "The Weight Room," in this publication, but we had never met before, or had met only briefly. Nevertheless, our friendship was quickly ignited as we stepped from the taxicab and caught a train that would take us to the town of Hexham, where we would catch a bus to Hadrian's Wall. Soon our discussions had passed beyond distance running, weight throwing and WAVA politics, allowing us to move to other subjects, most of them so trivial I've already forgotten most of what we said.

An Interesting Topic

More than likely, I gave Jerry and Rose a preview of what we were about to see that day: Hadrian's Wall. Four decades earlier, while I was attending graduate school at the University of Chicago, I learned that a visiting British professor would be teaching a class in Roman history. The course would do nothing to advance me toward my degree, but the subject interested me, so I signed up. My term paper that year was on Emperor Trajan who by 88 AD had pushed the Roman Empire as far as it would get in Northwestern Europe, the 80-mile wide stretch of rocky ground that separates England from Scotland.

The Scots were ferocious warriors, plus it was obvious to Trajan and his generals that the mountainous country to the north would be easy to defend and costly to conquer. Trajan stopped, and his successor as Emperor, Hadrian, built the wall that now bears his name in 122 AD.

For several hundred years, the Romans maintained their claims to most of the land around the Mediterranean between England and Persia, creating a *pax romana*, the longest period of peace that Europe has had. That is, it was peaceful in the interior around Rome, though battles raged on the fringes, such as at Hadrian's Wall. Eventually, Rome retreated from the land where WAVA would conduct its championships, but fragments of its once great civilization remained, including the wall.

Hazardous Footing

The hill we climbed was steep, but the turf was smooth, the only hazard being the sheep turds that forced us to look down as much as up. Finally at the top, we came across the remnants of the wall, which, when constructed by Hadrian was two meters across at the base, a half dozen meters high, and with defense towers every Roman mile and mini-towers every third-of-a-mile between.

Only the base of the wall now remains, but it was impressive to see it snaking across the countryside along the crest of a ridge. In several spots within our view, the wall overlooked steep cliffs. The Romans certainly had chosen as site for their wall an eminently defensible position, but sooner or later offense won the day.

The Romans abandoned England around 400 AD. Today they are remembered only through snippets of sound in what became Shakespeare's language along with the piles of stone they left behind. That the wall remains at all is remarkable, since local farmers used many of its stones to build houses and walls of their own.

Hadrian's Wall is now maintained as a World Heritage Site, memorable for having been the best known frontier of the entire Roman Empire.

Back to the Present

We might have spent days thoroughly exploring the area. But when the bus appeared several hours later heading back to Hexham, we boarded it and returned to the realities of World Veterans competition. I saw Jerry at the track the next morning competing in the weight pentathlon. "I haven't thrown this poorly in years," he complained. "I left my legs at Hadrian's Wall." He had a smile on his face when he said it, however.

Running in a semifinal heat of the 1500 meters soon after, I too felt the pains of too much hiking through the countryside. My hamstring muscles felt like they had been struck by the lance of a Roman legionnaire. I ran faster than my best for the year, but failed to advance. Two days later, hamstrings still stiff, I scratched from the steeplechase rather than risk an injury. More to blame than Hadrian, however, was a lackadaisical attitude going to the WAVA meet that caused me to train less hard than I might have if winning were my main goal.

But goals change, and two years from now I'll cross into a new age group less than a month before the XIV WAVA World Veterans Athletics Championships in Brisbane, Australia. That may motivate me to get serious again about my training to see if I can return from Down Under with a medal hanging around my neck. If not, there's plenty of sightseeing available in Australia, even if the Romans never got that far. □

(Hal Higdon is Senior Writer for *Runner's World* magazine. His best-selling *Marathon: The Ultimate Training Guide* has just been reprinted and is available from: www.hal-higdon.com.)

5K CROSS COUNTRY RUN
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(11:30 A.M.)

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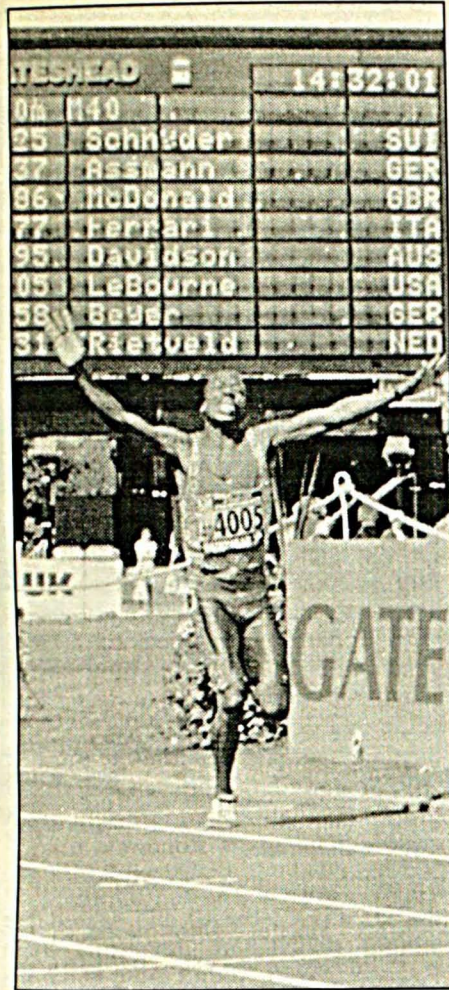
To October 15, \$15. To October 25, \$18. Late (on site), \$20.

For Information and Registration

Bob Matteson, Scamper Director
 359 Main Street (Putnam Square)
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COMING NEXT MONTH

- USA Nationals
- Crim 10-Miler
- Falmouth 7.1-Miler
- East Regionals
- And More



JERRY WOJCIK

Anselm LeBourne, USA, celebrates his M40 800 win with an age-graded 94.5% 1:54.60, WAVA Championships, Gateshead, England.

LDR Report

Continued from page 11

and important function. Barb gathers bios and current info on all of you (LDR) willing to provide them and prepares articles and runner info for race directors, newspapers, and other publications to increase the visibility of masters LDR.

Barb is a cardiac nurse. Her address is listed in the Masters LDR box in each issue of NMN (page 2). Contact her for a bio form or for info on any of our runners.

My next stop is the Crim 10 miler in Flint, Mich. Hope to see many of you there or at the USATF masters workshop in Lake Placid, N.Y.

Rankings Book On Hold

The 1998 Masters Track & Field Rankings Book has not yet been delivered to the NMN office from Jack Lance, Masters Outdoor Rankings Coordinator. Orders already sent to us will be filled as soon as the book is received by NMN. However, we ask that readers who have not yet ordered the book hold off until we announce it is in our hands.

PUBLICATIONS ORDER FORM

Masters Age Records (1999 Edition)

Men's and women's world and U.S. age bests for all track & field events, age 35 and up, and for all racewalking events, age 40 and up, as of Oct. 31, 1998. 52 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and USATF Masters T&F Records Chairman. \$5.00.

Masters Track & Field Rankings (1998)

Men's and women's 1998 U.S. outdoor track & field 5-year age group rankings, 52 pages. 125-deep in some events. All IAAF events. Compiled by Jack Lance, USATF Masters T&F Rankings Chairman. \$7.00.

McMahon Family Trust Masters Track & Field Indoor Rankings (1999)

Indoor rankings for 1999. 4 pages. \$1.50.

Masters Age-Graded Tables

Single-age factors and standards from age 8 to 100 for men and women for every common track & field, long distance running, and racewalking event. Shows how to conduct an age-graded event. Tells how to keep track of your progress over the years. Compares performances of different ages/sexes in different events. 60 pages, including samples and charts. Compiled by the World Association of Veteran Athletes. \$6.00.

Masters 5-Year Age-Group Records

Men's and women's official world and U.S. outdoor 5-year age group records for all track & field and racewalking events, age 35 and up, as of January 1, 1999; 8 pages. Lists name, age, state and date of record. Compiled by Peter Mundle, WAVA and USATF Masters T&F Records Chairman. \$1.50.

Masters 5-Year Indoor Age-Group Records

Same as above, except indoor records (M40+, W35+) as of January 1, 1999 (world) and December 4, 1998 (USA). 4 pages. \$1.00.

Competition Rules for Athletics (1999 Edition)

U.S. rules of competition for men and women for track & field, long distance running and racewalking—youth, open and masters. \$12.00.

USATF Directory (1999/2000)

Names and addresses of national officers and staff, board of directors, sport and administrative committees, association officers and addresses, etc. \$12.00.

USATF Governance Handbook (1998)

U.S. Bylaws and operating regulations, forms for membership, race sanction, records, course measurement, etc. 152 pages. \$12.00.

IAAF Scoring Tables

Official world scoring tables for men's and women's combined-event competitions. \$12.00.

IAAF Handbook

1998/1999 rules and regulations handbook. \$15.00.

International Scoring Tables

Complete scoring tables for 21 men's and 17 women's individual events. All events, and the event orders, in normal multi-events are included: decathlon, heptathlon, indoor & outdoor pentathlon, indoor heptathlon, and weight pentathlon. Brief scoring instructions, age factors for the common WAVA multi-events, and instructions for hand times and automatic times are included. In English and German. Pocket size (4 1/2 x 6). \$12.00.

Masters Racewalking

Thirty American coaches and athletes share ideas on Technique, Training and Racing. This book is a unique and complete resource. Edited by Elaine Ward. \$15.00.

USATF Logo Patch 3 color embroidered 4" x 3". \$4.50.

USATF Race Walking Patch. 3-color embroidered 4" x 3" with gold trim. \$5.50.

USATF Cross Country Patch. 3-color embroidered 4" x 3" with gold trim. \$5.50.

USATF Lapel Pin. 3-color USATF Logo on 7/8" soft enamel lapel pin (nail pin back with military clutch). \$5.50.

USATF Decal. 3-color. 3" x 2-1/2". \$2.00.

National Road Race Encyclopedia

Lists 100 of the nation's most popular road races, with race entry information, top 100 all-time men & women each race, top 20 all-time age divisions each race, 41,000 performer and champion listings, 300+ photos, 100 full-page maps, race histories and trivia, and guide to national running organizations. Compiled by Mike Weddington & Barry Perilli. \$24.95.

Guide to Prize Money Races and Elite Athletes 1999

Published by Road Race Management, the Guide includes elite athlete alphabetical listing (including masters) with over 800 addresses and phone numbers, calendar for over 400 prize money events, and more. \$60.00.

Running Research News

Bi-monthly newsletter. Contents include the latest scientific information on endurance training, sports nutrition, and injury prevention. \$35.00 per year.

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The Weight Room

by JERRY WOJCICK

Golds to Newcastle and Gateshead

I have to admit that I was wrong on two counts in re the WAVA Championships at Gateshead. First, on every day but one, the weather was "smashing," as Bob Lothian would say. Bob is the owner of Summerville, a bed & breakfast guest house in Whickham, a suburb of Gateshead, where the *National Masters News* crew stayed for the duration of the meet. He and other local residents, mostly cab drivers, said that they hadn't seen sunny skies and temperatures in the 80s for that long a time in decades.

Second, my weight pentathlon did not take 24 hours to complete; instead, we were done in four hours. Afterwards, some of us stood around, wondering what to do with ourselves. The B Group (lower scorers) of the M65s started at 7:00 a.m., the earliest of any WP group, at Monkton Stadium, the second venue, which meant I had to get up at 5:30 a.m. and take a cab (\$20) to get there by the 6:30 check-in time. Fellow pentathlete Clifford Taylor, of Great Britain, slept in the first-aid tent at Monkton to avoid getting up that early.

Caffeine High

Thinking that I needed a stimulus to wake me up, I drank three cups of strong British coffee before the opening hammer throw. Big mistake. I generally have one cup of coffee in the morning, but that's it for the day. I was so wired that at least three people said I looked like a whirling dervish on LSD in the hammer, shot, and discus. I fouled two shot attempts and bounced a discus off the cage, never done before in my life.

I finally settled down in the javelin, and then hit a PR of 40-10½ with the

20-lb., which earned me a round of applause. I finished 21st of 26 with a dismal 2952, but learned a lesson. What it is, I haven't deciphered yet.

Thankfully, Texan Bob Ward, first M65 (4741) and Floridian Len Olson, third (4448), saved the day for the M65 age group that I've been touting for years.

No Drinking...

There is only one toilet (British parlance for U.S. bathroom or john) for every 56,890 people in Great Britain. Not a problem, because there is only one drinking fountain for every 101,765. When one of the USA team managers mentioned at the team managers' meeting that water and seating for athletes was non-existent at some of the throwing venues, the discussion ended by one of the officials saying that athletes were acting spoiled and should be experienced enough to carry their own water. Part of the problem was that nobody anticipated temperatures in the 80s.

Off the Scale

Throwing performances bordered on the Stonehenge mythical. Three shot putters were in the 100+% range: Tom Von Wachenfeldt, 71, Sweden, 14.73/48-4 with the 4kg; Franz Ratzer, 60, Austria, 16.69/54-9¼, 5kg; and Frank Meier, 81, Switzerland, 11.74/38-6¼, 4kg. Oregonian Ross Carter, hewed an M85 WR in the DT (30.23/99-2), and Texan Carol



JERRY WOJCICK

Ina DeBuch, Germany, W35 weight pentathlete, putting the shot, WAVA Championships, Gateshead, England.

Finsrud, lassoed a U.S. W40 record in the DT (51.22/168-0) and snared the weight pentathlon. Javelinist Tom Petranoff, M40, didn't quite make his hoped-for WR but delighted the crowd with a 73.72/241-10.

Harje Noreborn, M70, Sweden (is that a fabulous name for a javelin thrower or what?) stuck an age-graded 100% 48.34/158-7. Women hammer throwers were spectacular. Inge Faldager, Denmark, was in the 100% range with a 50.00/164-0; Gudrun Mellmann, Germany, hit a 101% 44.77/146-10; and Jutta Schaefer, Germany, lapsed to the 99% range with a 35.92/117-10.

Ken Jansson won the M40 WP (3937), with Mike Hambrick, third, and Gary England, fourth. Lad Pataki, USA, showed up late but won the WP anyway (4697). Harry Hawke, who took a second in the hammer, surprised no one by scoring a second in the M70 WP.

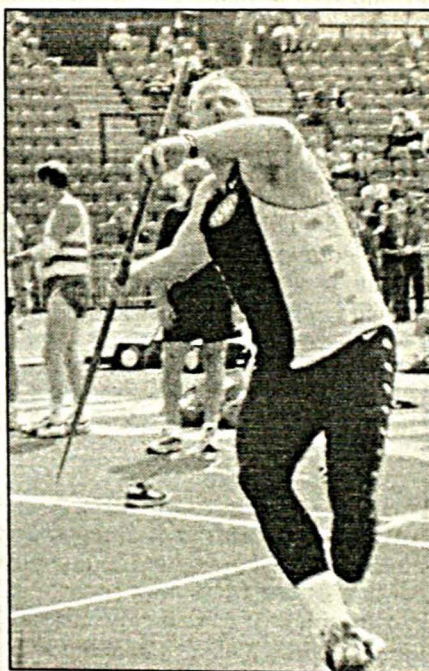
Wladyslaw Kowalczyk, M60, of Germany, scored a meet high 4942 in the WP. With a name like that, Wladyslaw has to be a Pole who somehow became a German citizen.

Tough Competition

All in all, the U.S. throwers held their own but were not imposing. We have to decide whether we want to keep our participation in world competition at a do-it-yourself fun level or get serious with national coaches and funding support as I know some other countries already have.

Fun and enjoyment haven't completely left the scene, but they sure seem to be enhanced if you are a winner or take a bronze medal, at least.

On a different level, the U.S. submission for four throws in the weight pentathlon lost by a large margin. The 700g javelin was adopted for M50-59, as was the 500g for W50-59. The 700g thing I knew about, but the 500g is news to me. Ta-ta to records for those age groups. □



SUZY HESS

Tom Petranoff, USA, M40 winner in the javelin (73.72), WAVA Championships, Gateshead, England.

CLUB WEST 26th ANNUAL MASTERS TRACK & FIELD MEET

Sunday, October 3, 1999

Nick Carter Track - Santa Barbara City College
Cnr. Of Cabrillo Blvd. & Loma Alta Street
Start Time: 9.00am All age groups

Field Events: High, Long & Triple Jumps, Pole Vault, Shot, Discus & Javelin Hammer Throw at UCSB Hammer Ring at the Track
All implements will be checked with Club West Trackmaster
Track Events: 50M, 100M, 200M, 400M, 800M, 1500M, 5000M, 80MH, 300MH, 400MH, 1500M Walk, 3000M Walk, 400M Relay

AWARDS:

NTH TRUST BANK OF CAL. co-sponsored Gold, Silver, Bronze medals in all age groups. **TROPHIES:** GEORGE ADAMS Hi-Pt Track; VERNON CHEADLE Hi-Pt Field; JIMMIE WHITNEY Hi-Pt Track & Field; PANE E VINO Outstanding Woman Athlete: HUBBEL-HERMANN 70+ hammer thrower: PAUL SPANGLER/Best Perf. by 80+; RAY WILLIAMS/Best age-graded 60+ 5K runner & NICK CARTER/Best age graded 1500M runner. Events scored 5-3-1

ENTRY FEES: \$15 First event, \$5 each add. event. \$25 Relays.

NO REFUNDS. Relay team members must be from same club. Club must send check for fees.

DEADLINE: September 27, 1999. Late entries: \$5 surcharge
For entry forms please call either Meet Director Gordon McClenathen at (805) 964-3005; President Beverley Lewis at (805) 452-5020 or (805) 969-5851; fax: (805) 969-6613 or visit our web site at <http://homepages.msn.com/playingfields/clubwest/index.html>

Mail entries to:
P.O. Box 99, Goleta, CA 93116-0099
Meet sanctioned by SCA-USATF

Time For T&F By-Laws Changes

This is a by-laws year and proposed changes can be submitted to Tom Light, USATF Masters T&F Committee Law Chairman, or Ken Weinbel, Masters T&F Committee Chairman, at least 90 days prior to the convention in December in Los Angeles. Their addresses are on p.2.

Gateshead Meet

Continued from page 15

the meet, and only an occasional athlete profile.

The *London Times*, however, did send a reporter to cover the opening day's events. He wrote an excellent column in Monday's issue.

But the publicity drought was broken big time and hit page one of the local papers and, incredibly, the national tabloids, on Tues., August 3.

A Man or a Woman?

"Is This a Man or a Woman?" asked the *Evening Chronicle* in 132-point type on its front page, with a photo of Arizona's Kathy Jager, a 56-year-old sprinter and jumper.

"'Woman' Sparks Games Sex Row," blared the *Journal*, citing: "a sex scandal hit the world veteran games."

The papers reported Australian and New Zealand athletes had filed a protest with WAVA and the organizers, claiming Jager had boosted her performance with high levels of male hormones which, rivals said, made her more man than woman. They said she should be disqualified from her 100-

meter victory and barred from further competition.

All at once, everyone in Gateshead and, indeed, in all of Great Britain, now knew there was such a thing as veterans athletics. The story made the *Times*, the *Daily Mail*, the *Telegraph* and every other London paper. It even made *USA Today's* European edition.

Carlius was shocked.

"As far as I know, her sexuality has never been called into question before, and it is sad now," he said. "We operate under IAAF rules, so a blood test is preferred. I hope this will not cast a shadow over the games; this is a very friendly competition. It is embarrassing for the lady and for everyone."

Jager said she was the mother of two and grandmother of four and has been married for 30 years.

"I think people are trying to make trouble with these ridiculous allegations," she said.

Jim Tobin, New Zealand's team manager, denied New Zealand had made an official protest.

Jager was entered in the 200 on Wednesday afternoon, so Carlius moved quickly and firmly. Just 40 minutes before the start of the W55 200 meter dash, he announced that a medical examination by a gynecologist had established her gender as female.

"She has been accused of something that is untrue," Carlius said. "I have every sympathy for the lady."

The crowd cheered the announcement, then applauded again as Jager confidently won her second gold medal.

Jager also won a bronze medal in the heptathlon and a silver in the pole vault.

After the 200, the *Chronicle* said "she displayed tremendous dignity as she shook hands with her rivals, including an Australian competitor."

With dozens of TV cameras whirring and photographers jousting for position (one TV camera was sent hurtling down a nearby embankment), Jager said one of her goals, as a youngster, was to be an Olympian.

"But due to a lack of opportunity, I never had the chance to achieve this. But now I'm realizing my dreams. I'll never forget the friendliness of the people of the North. The Geordies have welcomed me and supported me everywhere. I'll never forget their warmth."

But the story wouldn't die. It continued on the feature pages of most English newspapers with a long profile of Jager in the *Sunday Times*, and two more features on Thurs., Aug. 12 in both the *Times* and *Evening Standard*, four days after the event was over.

Then, on Aug. 18, the USA's NBC network TV show "Extra" interviewed Jager in a positive, 5-minute spot at the top of its highly-rated show. The world vets have never had this kind of publicity - ever.



KEN STONE

Kathy Jager (right) takes the handoff from Irene Obera for the last leg of the USA W55 4x100 relay team, second in 58.09.

World Records

A total of 66 world age-group records were set in the 11-day extravaganza (see chart and separate story).

Seven athletes were over age 90, including the USA's Waldo McBurney, the oldest participant at age 96. The oldest woman was 89-year-old Ruth Frith of Australia.

The schedule of events was again

near-perfect, following the model developed in 1995 in Buffalo. Events were staggered so athletes could compete in natural doubles and triples (e.g., 100, 200, 400, 800, 1500, 5000, X-C, 5000, 10,000) with adequate rest in between.

The scoreboard crew did their job well, flashing the entries of each upcoming race and posting results within 10 minutes of the finish of the running events. (Due to a different computer system, field-event results could not be posted on the scoreboard, so they were read by the announcers.)

Each morning, a team managers' meeting was held by WAVA and the organizers to brief the national managers on upcoming activities and to hear and resolve problems. Each team manager would then pass the information on to athletes from his or her country.

The program in each athlete's packet contained the schedule and alphabetical listing of competitors in each event.

Tours

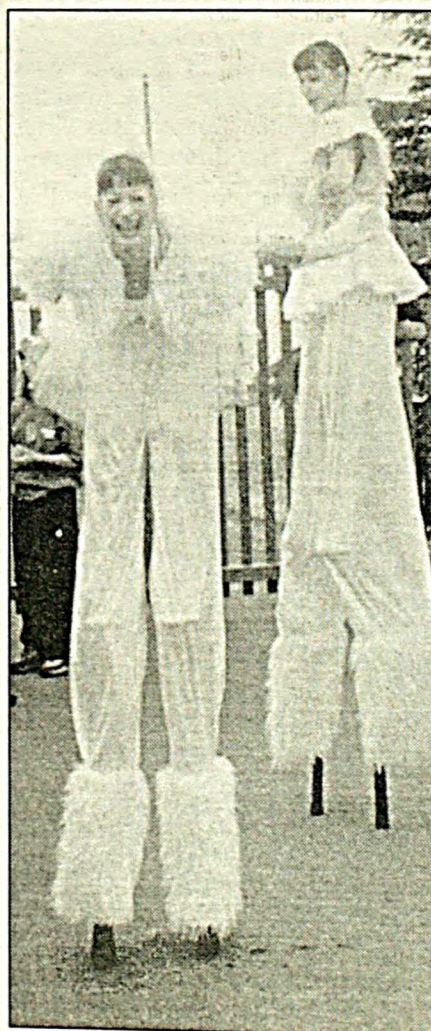
Many athletes and their families found time to take one or more of the tours offered by the organizers. Hundreds of tours were taken to Edinburgh, York, Hadrian's Wall and other historical spots in England and Scotland.

Friendly Camaraderie

As the meet wound down, T-shirts were swapped, invitations to visit friends in other countries were extended and a feeling of goodwill and friendship between people of different cultures blotted out - for a time, at least - the problems of the outside world.

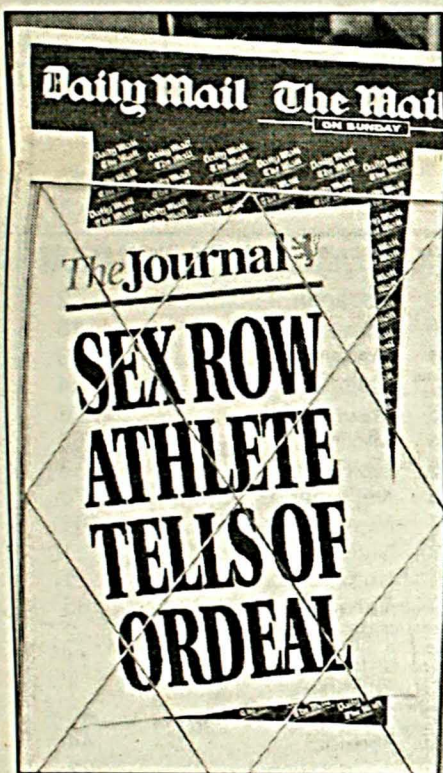
Results

The results of the first eight places of each event are printed in this issue on pages 30-38.



AL SHEAHEN

Stilt-walkers entertain the crowd at the Athletes International Party in Gateshead, Aug. 4.



JERRY WOJCIK

Local newspaper coverage of the Kathy Jager incident during the WAVA Championships, Gateshead, England.

WORLD VETERANS CHAMPIONSHIPS

Year	City	Number of Entries		
		Total	Foreign	Host
1985	Rome	4330	2895	1435
1987	Melbourne	4817	2347	2470
1989	Eugene	4754	2444	2310
1991	Turku	4802	3687	1115
1993	Miyazaki	12175	2444	9901
1995	Buffalo	5335	3539	1796
1997	Durban	5788	3335	2453
1999	Gateshead	5949	4150	1799

66 World Records Set in Gateshead

A total of 66 world age-group records were set in the 13th WAVA World Veterans Athletics Championships in Gateshead, England, July 29-Aug. 8, eleven more than at Durban in 1997.

Thirty marks were set by men, 36 by women. Forty came in track events; 15 in field; 9 in the combined events; and 2 in the road walks. The 40 track marks included nine world "bests" for the 2000 steeplechase (30" barriers); four records in the 5000 racewalk; and eight in the relays, dominated by the quartets from Germany.

The U.S. athletes accounted for 14 records; Germany had 10, and Great Britain and Sweden tied with six. Thirty-seven of the records were by men and women age 65+, the age generally considered as time for retirement, and 18 records were by men and women ages 80-and-over.

Karl Trei, M90, left England for Canada with seven individual gold medals. Olga Kotelko, W80, also of Canada, tallied six gold medals, and two world records. Kaija Jortikka, W75, Finland, won five golds, sweeping all four throws. Ruth Frith, W85, Australia, also had five firsts.

Gerda Van Kooten, W60, Netherlands, captured four victories, two with world records. Paula Schneiderhan, W75, Germany, also took four golds, one with a world record.

On the Quest for Records

The breaking of records started with Germany's Rolf Geese, 55, scoring 8726 points in the decathlon - the highest total ever - and ended with a display of agility and endurance by men and women steeplechasers and a show of teamwork and preparation by the German relay foursomes.

In between, spectators, participants, officials, and volunteers witnessed

perhaps the best performance ever by a masters high jumper, an electrifying performance by the most accomplished hurdlers over the age of 60, and three shot put marks over 100+%.

Breaking the meet down by division, here's how it looked:

M40

• Bruno Dupuy, France, won the 100 (11.38) and 200 (22.28), with age-graded efforts in the 90+% range.

• Anselm LeBourne, USA, took the 800 (1:54.60) and 1500 (3:56.05) with his patented kick at the start of the far turn. One observer noted, "I could get rich on LeBourne if Ladbroke's took bets on the races in this meet."

• Heiko Schinkitz, Germany, ran a 95.1% 14:18.20 to win the 5000 and won the 10,000 (30:33.26).

• Malcolm Fenton, Great Britain, won the HT (58.45) from Ken Jansson, USA, but Jansson, a week later, won the WP with a WR 3937 points.

• Tom Petranoff, USA, was accommodated by the officials moving the M40 JT into the main arena but failed in his attempt at a WR, finishing with a nevertheless outstanding 73.72.

• Italy's Hubert Indra successfully defended his Durban title in the decathlon.

• Chris Maddocks, Great Britain, won both the 5000 (21:12.94) and 20K (1:35:28) racewalks.

• Great Britain won both relays.

• Anthony Duffy, Great Britain, was first marathoner to the finish line (2:23:25).

M45

• Bill Collins, USA, won the 100 (11.27/96.7%).

• Stephen Peters, Great Britain, winner of the 100 and 400 in Durban, took the 200 (22.21/96.7%) and 400 (50.60/94.9%).

• David Wilcock, Great Britain, ran away from Jorge Ortiz Rivera, Puerto Rico, twice to win the 800 (1:57.97) and 1500 (4:07.06).

• Nigel Gates, Great Britain, pulled off a tough triple, first with a win in the 10K X-C (31:57) and following with wins in the 5000 (15:07.90) and 10,000 (31:40.01).

• Wolfgang Rute, Germany, was the class act of the pole vaulters with a 97.1% 4.78.

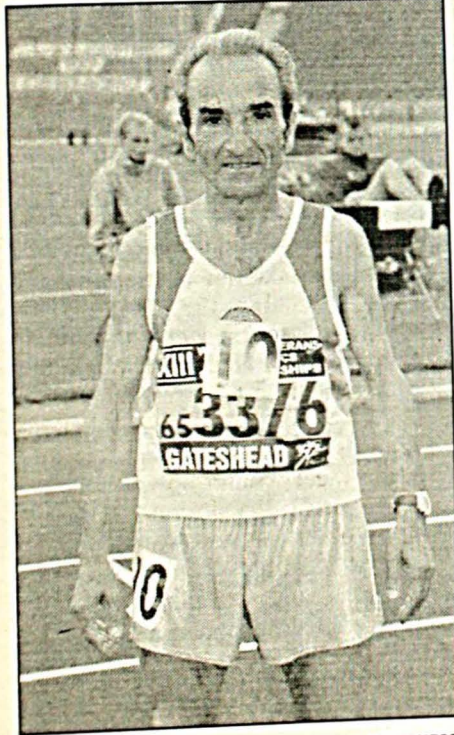
• Vasilis Manganis, Greece, won the SP (15.25), HT (57.15), and WP with a WR 4267.

• Roberto Cervi, Italy, racewalked to gold medals in the 5000 (21:43.1) and 20K

Continued on page 18

GOLD MEDALISTS - WAVA WORLD VETERANS CHAMPIONSHIPS GATESHEAD, ENGLAND - JULY 29-AUG. 8, 1999

	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85	M90	M95
100	Dupuy	Collins	Allie	Gray	Radke	Richards	Meddings	Larsen	Parker	Colo	Trei	---
200	Dupuy	Peters	Walter	Henson	Radke	Richards	Meddings	Florez	Parker	Mahlo	Santos	McBurney
400	Van Pelt	Peters	Walter	Morioka	Mueller	Romain	Fee	Nel	Sansonetti	Mahlo	Santos	---
800	LeBourne	Wilcock	Browne	Phipps	Bradford	Carr	Fee	Nel	Pauwels	Springer	Santos	---
1500	LeBourne	Wilcock	Molloy	Phipps	Bradford	Whitlock	Herlaar	Gelbhaar	Pauwels	Porteous	Farrell	---
5000	Schinkitz	Gates	Amraoui	Robertson	Heijdens	Whitlock	Siraziev	Gutbier	Pauwels	Porteous	Farrell	---
10000	Schinkitz	Gates	Van Noten	Robertson	Aldegalega	Vicente	Siraziev	Gutbier	Stale	Porteous	---	---
SH	Grimes	Price	Brinker	Geese	Mueller	Stookey	Tasaki	Larsen	Bulkley	Morita	---	---
LH	Moscrop	DePater	Ravets	Gray	Mueller	Cornelius	Tasaki	O'Connor	Bulkley	---	---	---
SC	Rodriguez	Aristov	Moon	Robertson	Bradford	Vicente	Linde	Tamoi	Bulkley	---	---	---
HJ	Karlsson	Kunigkeit	Sauers	Hanus	Pawlik	Andersen	Nevrup	Zensch	Miura	Kolhonen	Trei	---
PV	Ellis	Ritte	Johansen	Lagerqvist	Wannblom	Sopanen	Woods	Tanaka	Finnanger	Morita	Trei	---
LJ	Gloor	Rea	Ahomaki	Taavitsainen	Omine	Richards	Jarvinen	Larsen	Lehtimaki	Morita	Trei	---
TJ	Knabe	Wenzke	Chernyvtch	Taavitsainen	Pinto	Ito	Rypdal	Lukens	Lehtimaki	Morita	Trei	---
SP	England	Manganas	Krone	Jeremias	Ratzer	Kaiser	VnWachnldt	Eriksson	Meier	Gassmann	Trei	McBurney
DT	Thompson	Valent	Griffin	Karasek	Lesrinen	Boldan	Kivi	Fossnes	Svennevik	Carter	Trei	McBurney
HT	Fenton	Manganas	Drozg	Viertbauer	Waltercrantz	Boldan	Jarvinen	Krawczyk	Svennevik	Gassmann	DeGroot	---
JT	Petranoff	Brown	Kiuru	Kolar	Kowalczyk	Poskocil	Noreborn	Eriksson	Langer	Schepe	Trei	McBurney
DEC	Indra	Neuendorf	Ghesquiere	Geese	Pawlik	Tosnar	Katk	Penttila	Miura	Colo	---	---
WP	Jansson	Manganas	Pataki	Viertbauer	Kowalczyk	Ward	Jarvinen	Eriksson	Svennevik	Gassmann	---	---
X-C	G'raGonzalez	Gates	Van Nolen	DeLaCamra	Heijdens	Ichikawa	Siraziev	Gutbier	Pauwels	Vasconcelos	Santos	---
MARA	Duffy	Pigott	Kerr	Davis	NadbakhKie	Oliver	Pearl	Gutbier	Osselaer	Vasconcelos	---	---
5KRW	Maddocks	Cervi	King	DeNoon	RamirezCas	Weidner	Mimm	Creo	Stale	Lawrence	---	McBurney
20KRW	Maddocks	Cervi	Adams	DeNoon	RamirezCas	Green	Schouckens	Blixt	Bouillon	Grimwade	---	---
400R	Gr. Britain	Gr. Britain	Gr. Britain	Germany	Germany	Germany	USA	USA	Germany	---	---	---
1600R	Gr. Britain	Gr. Britain	USA	Gr. Britain	USA	Germany	USA	USA	Germany	---	---	---
X-C	Gr. Britain	Gr. Britain	Gr. Britain	Gr. Britain	Gr. Britain	USA	USA	Gr. Britain	USA	---	---	---
MARA	Gr. Britain	Italy	Gr. Britain	USA	Gr. Britain	USA	USA	Gr. Britain	USA	---	---	---
RW	Gr. Britain	Italy	Gr. Britain	USA	Gr. Britain	USA	USA	Gr. Britain	USA	---	---	---
100	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85	W90
100	Marie	Moritz	Fuhrmann	Bonner	Jager	Hofman	Obera	Cooper	Schneidrh	Kotelko	Wedemo	---
200	Marz	Moritz	Fuhrmann	Bonner	Jager	Hofman	Obera	Cooper	Schneidrh	Fleming	Wedemo	---
400	Mathews	Verhoef	Fuhrmann	Priestman	Stobaus	Hulls	Obera	Peterson	Schneidrh	Tibbling	Igl's Rocha	---
800	Joyce	Koop	Gocht	Carey	MacLliver	VanKooten	Horne	DePreter	S'zDeBemal	Liedtke	---	---
1500	K'n-Buckley	Blanchard	De St Croix	Carey	Janhunnen	VanKooten	Horne	Naoumenko	S'zDeBemal	Liedtke	---	---
5000	Moser	Blanchard	CardyWise	Stevenson	Petrie	VanKooten	Loudon	Naoumenko	Marvin	Liedtke	---	---
10000	Moser	Allen	CardyWise	Stevenson	Janhunnen	Eklund	Loudon	Naoumenko	Marvin	Haines	---	---
SH	Estwick	Harwood	Dech	Kraehe	Maier	Werner	Larsson	Hofmeyr	---	---	---	---
LH	Mathews	Espina	DeVilliers	Kraehe	Jonkrs	Hulls	Mjelde	Hofmeyr	---	---	---	---
SC	Hurford	Colebrook	Adams	Stewart	Tomlinson	Urrutia	Tebes	Brasher	---	---	---	---
HJ	Estwick	Brown	Brill	Plischke	Vogel	Schmlbruct	Chrimes	Gomberadze	Pedel	Kotelko	---	---
PV	Forcellini	Cunnane	Funke	Stubendorff	Nix	Sisley	Hicks	Valien	---	---	---	---
LJ	Estwick	Helbig	Dech	Daehler	Graff	Schmlbruct	Buerkle	Vallen	Schneidrh	Sole	---	---
TJ	Herrmann	Brown	Kortbeek	Daehler	Graff	Schmlbruct	Forde	Gomberadze	Mardones	Sole	---	---
SP	Sterlekar	Marghleva	Schultz	Anderes	Miller	Kofink	Chrimes	Hanssens	Jortikka	Kotelko	Frith	---
DT	Galler	Finsrud	Schultz	VanAnholt	Ilgen	Ruehlow	Chrimes	Uckel	Jortikka	Kotelko	Frith	---
HT	Augee	DusMueller	Bellanger	Faldager	Mellman	Searle	Schaefer	Vuorinen	Jortikka	Kotelko	Frith	---
JT	Gibson	Dejus	Lintern	Klimesova	Vogel	Schonauer	Leiss	Hanssens	Jortikka	Kotelko	Frith	---
HEPT	Straschwski	Brown	Jensen	Daehler	Maier	Hulls	Larsson	Hofmeyr	Mardones	---	---	---
WP	Anlon	Finsrud	Schultz	Tomaneck	Thomas	Williams	Schaefer	Hanssens	Jortikka	Kotelko	Frith	---
X-C	K'n-Buckley	Allen	CardyWise	Ketelslegts	Ottaway	VanKooten	Gilchrist	DePreter	Marvin	---	---	---
MARA	Otamendi	Noad	Kaiser	Robinson	Petrie	Eklund	Tippelt	Gurtner	---	---	---	---
5KRW	Edington	Brubaker	VanDnBerg	Werner	Maeder	Hatz	Provost	Randle	Theune	Tibbling	Lindgren	---
10KRW	Siegele	Brubaker	Richards	Lewis	Maeder	Sommier	Provost	Knox	Theune	Tibbling	Lindgren	---
400R	Germany	Germany	Germany	Germany	Germany	Germany	Germany	USA	---	---	---	---
1600R	Gr. Britain	G. Britain	Gr. Britain	Gr. Britain	Gr. Britain	Gr. Britain	Gr. Britain	USA	USA	---	---	---
X-C	---	---	---	---	---	---	---	---	---	---	---	---
MARA	---	---	---	---	---	---	---	---	---	---	---	---
RW	---	USA	USA	USA	USA	Gr. Britain	USA	USA	---	---	---	---



SUZY HESS

Francisco Vicente, Portugal, after his M65 world best 7:32.65 in the 2000 steeplechase (30" barriers), WAVA Championships, Gateshead, England.

NEW WORLD RECORDS SET IN 13TH WORLD VETERANS CHAMPIONSHIPS - GATESHEAD, ENGLAND - JULY 29-AUG. 8, 1999

Event	Age	New Mark	Name	Nation	Old Mark	Held by
100	M85	17.57h	Vittorio Colo	ITA	---	---
100	W65	14.29	Irene Obera	USA	14.7h	S. Peterson
100	W85	21.98	Nora Wedemo	SWE	28.61	I. Granstrom
200	M45	22.21	Stephen Peters	GBR	22.3h	G. Rhoden
200	M95	63.08	Waldo McBurney	USA	---	---
200	W65	30.46	Irene Obera	USA	31.38	S. Peterson
200	W85	53.07	Nora Wedemo	SWE	60.79	I. Granstrom
400	M75	66.88	Lucas Nel	RSA	68.5h	J. Packard
800	M60	2:10.42	Alan Bradford	AUS	2:12.62	D. Turnbull
800	M70	2:21.95	Earl Fee	CAN	2:27.57	J. Lytjen
800	W60	2:36.94	Gerda Van Kooten	NED	2:41.01	J. Hoagland
800	W65	2:51.41	Jean Horne	CAN	2:54.5	T. Borthwick
1500	M70	5:02.78	Simon Herlaar	NED	5:04.54	D. Turnbull
1500	M90	9:23.24	John Farrell	GBR	9:25.2	P. Spangler
1500	W60	5:24.72	Gerda Van Kooten	NED	5:34.04	E. Pohl
80H	M75	14.20	Melvin Larsen	USA	15.02	A. Van Zyl
80H	W65	16.11	Asta Larsson	SWE	16.39	A. Larsson
300H	M60	42.31	Guido Mueller	GER	43.49	J. Greenwood
300H	M80	62.61	Dan Bulkley	USA	62.68	D. Bulkley
2000SC*	M60	6:54.31	Alan Bradford	AUS	---	---
2000SC	M65	7:32.65	Francisco Vicente	POR	---	---
2000SC	M70	9:17.38	Soichi Tamoi	JAP	---	---
2000SC	M80	11:48.10	Dan Bulkley	USA	---	---
2000SC	W45	7:44.53	Victoria Adams	NZL	---	---
2000SC	W50	8:13.92	Judith Stewart	NZL	---	---
2000SC	W60	9:59.23	Sara Urrutia	PUR	---	---
2000SC	W65	10:30.07	Ana Tebes	ARG	---	---
2000SC	W70	12:19.45	Shirley Brasher	AUS	---	---
HJ	W45	1.76	Debbie Brill	CAN	1.75	D. Brill
HJ	W75	1.10	Helgi Pedel	CAN	1.01	M. Hinton
HJ	W80	0.92	Olga Kotelko	CAN	0.90	M. Bowermaster
PV	W60	2.30	Becky Sisley	USA	2.10	D. McLennan
LJ	M65	5.32	Lawrence Richards	USA	5.29	T. Patsalis
LJ	W75	3.61	Paula Schneiderhan	GER	3.34	P. Schneiderhan
SP	M60	16.69	Franz Ratzler	AUT	16.46	J. Keshmiri
SP	M85	9.47	Kasimir Gassmann	SWI	8.49	I. Cicconi
SP	W65	11.04	Rosemary Chrimes	GBR	10.90	G. Zybina
DT	M85	30.23	Ross Carter	USA	27.12	L. Cicconi
DT	M95	13.56	Waldo McBurney	USA	11.05	T. Lane
DT	W65	33.27	Rosemary Chrimes	GBR	30.74	H. Doherty
HT	W40	46.34	Margrith Duss-Mueller	SUI	44.00	L. Kirsch
HT	W75	23.92	Kaija Jortikka	FIN	23.82	G. Davidson
JT	W70	26.07	Rachel Hanssens	BEL	25.04	R. Hanssens
DEC	M55	8726	Rolf Geese	GER	8179	D. Lance
DEC	M75	7825	Pecka Pentilla	FIN	6516	J. Tanaka
DEC	M80	4680	Takuru Miura	JAP	3607	A. Pitcher
WP	M40	3937	Kenneth Jansson	USA	3915	V. Manganis
WP	M45	4267	Vasilis Manganis	GRE	4034	C. Wallin
WP	W40	4120	Carol Finsrud	USA	4015	C. Schultz
WP	W50	4313	Margarethe Tomanek	BEL	4052	V. Hilliard
WP	W75	4234	Kaija Jortikka	FIN	3235	A. Reile
WP	W80	3557	Olga Kotelko	CAN	3466	A. Reile
5K RW	M65	25:05.02	Gerhard Weidner	GER	25:27.42	G. Weidner
5K RW	M95	57:06.80	Waldo McBurney	USA	---	---
5K RW	W80	34:48.49	Britta Tibbling	SWE	37:41	P. Clarke
5K RW	W85	42:21.59	Margi Lindgren	SWE	44:43.85	D. Robarts
10K RW	W80	74:13	Britta Tibbling	SWE	78:26	M. Lindgren
20K RW	M85	2:24.00	James Grimwade	IRL	2:26.07	A. Theobald
4x100	M60	48.17	GER	48.46	GER	---
4x100	W40	50.07	GER	50.23	USA	---
4x100	W50	53.74	GER	53.39	USA	---
4x100	W60	56.89	GER	59.40	GER	---
4x400	M60	3:53.87	USA	3:58.43	USA	---
4x400	W35	3:50.80	GBR	4:00.21	GBR	---
4x400	W50	4:28.51	GER	4:36.85	USA	---
4x400	W60	5:06.40	GBR	5:14.94	USA	---

*SC Times Are World Bests For The 30" Barriers
(Compiled by Peter Mundle, USATF Masters Records Chairman)

Additional U.S. Records

100	W55	13.55	Kathleen Jager	AZ	13.84	I. Obera
400	M60	55.99	Larry Colbert	MD	56.58	L. Colbert
400	W65	73.76	Irene Obera	CA	79.96	S. OnoLeonard
800	M60	2:12.71	Sid Howard	NY	2:13.33	M. Stewart
800	M85	3:54.10	Maxwell Springer	TN	3:58.3h	P. Spangler
800	W60	2:40.91	Carolyn Cappetta	MA	2:41.01	J. Hoagland
800	W65	3:01.80	Suzanne MacLeod	OR	3:06.20	R. Johnson
1500	W65	6:13.97	Suzanne MacLeod	OR	6:26.49	J. Caselli
5000	M40	14:45.70	William Krohn	---	14:59.6	H. Higdon
2000SC*	W40	8:01.02	Kim Rupert	CA	---	---
5K RW	M55	23:28.74	Donald DeNoon	IL	23:29.51	D. DeNoon
LJ	M75	4.59	Melvin Larsen	IA	4.32	E. Lukens
LJ	W75	3.10	Mary Holland	MI	2.86	M. Hinton
TJ	M75	9.30	Edwin Lukens	NY	9.29	E. Lukens
TJ	W65	8.12	Audrey Lary	MD	7.87	L. McDaniels
SP	M85	9.40	Ross Carter	OR	8.07	L. Joslin
DT	W40	51.22	Carol Finsrud	TX	49.26	C. Finsrud
JT	W60	31.62	Becky Sisley	OR	31.06	C. Miller
WP	W65	4741	Bob Ward	TX	4550	L. Olson
WP	W70	3724	C. Bernice Holland	OH	3171	E. Hagamann
WP	W80	2698	Betty Jarvis	NC	---	---
4x100	W70	70.59	Holland/Valien/Onodera-Leonard/---	---	72.05	---
4x100	M60	49.36	Tolson/Colbert/Johnson/Pawlik	---	50.03	---
4x400	M50	3:39.83	Allie/Walter/Brinker/Grand-Jean	---	3:47.09	---

66 World Records



SUZY HESS
Irene Obera, USA, W65, broke world records in the 100 (14.29) and 200 (30.46), WAVA Championships, Gateshead, England.

Continued from page 17

(1:34:42).

• Both relays went to Great Britain.

M50

• Dave Walter, USA, could be credited with the upsets of the meet, winning the 200 with a nosedive 23.93 over U.S. champion and 100 winner here (11.85) Charles Allie and defending champion Peter Crombie, Australia, and beating them again in the 400 (53.18), both marks in the 95% range.

• Belgium's WAVA road champion Omer Van Noten won the 10,000 (32:31.10) and the X-C (33:23).

• Peter Moon, Great Britain, eclipsed the 3000SC field with a 10:15.33.

• James Sauers, USA, took the HJ from Charles Rader, USA, on fewer misses at 1.75.

• Richard Krone, Germany, put the 6kg shot a 95.2% 17.27.

• Lad Pataki, USA, missed sure medals in the SP and DT because of illness in the family but, despite jet lag, won the WP (4697).

• Charles Allie, USA, won a gold in the 100 and silvers in the 200 and 400.

M55

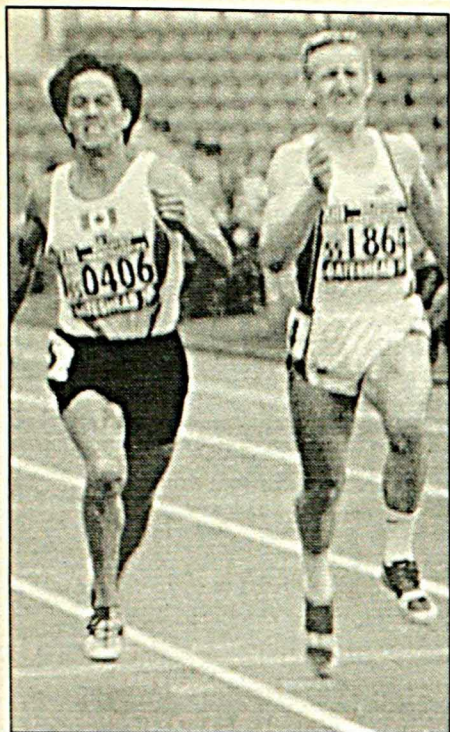
• Rolf Geese, Germany, the M50 decathlon winner in Durban, created a stir among his fellow athletes and spectators with a sensational WR 8726 points, the most ever by a masters athlete.

• Courtland Gray, USA, hurdled to a gold in the 400H (62.95) after a mild upset over Harold Morioka, Canada, in the 100, but missed a third victory in the 100H in one of the closest finishes of the meet, with Geese winning at 14.92, Petr Cech, Czech Republic, at 14.95, and Gray at 14.97.

Continued on page 19



SUZY HESS
Becky Sisley, USA, broke the W60 world record for pole vault with a 2.30, WAVA Championships, Gateshead, England.



SUZY HESS

John Henson #1864, Great Britain, won the M55 200 over Harold Morioka, Canada, 24.48 to 24.64, but....



JERRY WOJCIK

...lost the 400 to Morioka, 54.08 to 54.22, WAVA Championships, Gateshead, England.

66 World Records

Continued from page 18

- Morioka won the 400 with a 95.8% 54.08 over John Henson, Great Britain, 200 winner (24.48/96.7%).

- Britain's Reginald Phipps, 56, and Ireland's James O'Neil, 57, duelled in the 800 with Phipps winning, 2:06.33 to 2:07.23, but O'Neil posted a better performance, 97.3% to 97.1%.

- Ron Robertson, New Zealand, five-time gold medalist in Durban, successfully defended three of his titles, 5000 (16:46.90), 10,000 (33:42.32), and 3000SC with a superlative 98.8% 10:33.86.

- Tapani Taavitsainen, Switzerland, jumped to victories in the LJ (6.14) and TJ (12.93).

- Helmo Viertbauer, Austria, parlayed his HT expertise and win (58.59) to the WP victory (4749).

- Don DeNoon, USA, was the best in the 5000 (23:28.74) and 20K (1:46:48) RWs and led the USA M55s to the team gold medal. The USA also took firsts in the M65, M70, and M80 divisions, tying Great Britain, which also had four golds.

M60

- Guido Mueller, M60, ran what some observers thought was the most dynamic race in the meet, winning the 300H in 42.31 with an age-graded 99.1%. Later, he won the 100H (15.20/95.1%) and on Saturday, Aug. 7, held off Larry Colbert, USA, who set a U.S. record (56.58) in the race, to win the 400 (55.47/96.6%). After the 100H race, Lew Thorne, USA, third, said, "I was alongside Guido and Emil Pawlik (second, 15.28) until the second-last hurdle, and suddenly they were yards ahead of me." Pawlik took gold medals in the HJ and decathlon.

- Jurgen Radke, Germany, M60 winner of the 100 and 200 in Durban, did it again with a 97.2% 12.32 and a 98.3% 24.76.

- Alan Bradford, Australia, reigned in the 800 (2:10.42/97.5%), 1500 (4:35.18), and 2000SC (6:54.31).

- Ad Heijens, Netherlands, was first in the 5000 (17:07.90) and X-C (35:09).

- Franz Ratzer, Austria, hit a WR in the

SP with a 100+% 16.69 with the 5kg.

- Dario Ramirez Castel, Colombia, took the victory stand twice for the 5000 (24:42.73) and 20K (1:47:13) RWs.

M65

- Lawrence (Dick) Richards, USA, started the meet with a WR in the LJ (5:32)



JERRY WOJCIK

Lawrence (Dick) Richards, USA, won the M65 100 and 200 and broke the age-group world record with a 5.32, WAVA Championships, Gateshead, England.

and ended with gold medals in the 100 (12.97) and 200 (26.25/95.1%).

- Ed Whitlock, Canada, won the 1500 (4:54.01/95.4%) and 5000 (17:56.50/95.9%).

- Francisco Vicente, Portugal, won the 10,000 (37:15.23) and was smashing in the 2000SC (7:32.65).

- Arnost Boldan, Czech Republic, took firsts in the DT (49.06) and HT (47.68).

- Bob Ward, USA, won the WP with 4741 points.

- Germany won both relays.

M70

- Earl Fee, Canada, sped to a WR

2:21.95 in the 800, his specialty, for a whopping 99.6% effort and won the 400 (63.11).

- Simon Herlaar, Netherlands, took the 1500 with a WR 5:02.78.

- Allan Meddings, Great Britain, raced to victories in the 100 (12.97/96.1%) and 200 (27.23/97.2%).

- Matti Jarvinen, Finland, should have won the award for athleticism, with wins in the LJ (4.46), HT (40.69), and WP (4385).

- Akhmet Siraziev, Russia, won, with age-graded consistency, the 5000

Continued on page 20

U.S. MEDAL WINNERS IN 13TH WORLD VETERANS CHAMPIONSHIPS

M40

Anselm LeBourne G-800,1500
William Krohn S-1500
Peter Grimes G-110H
Lloyd Jeremiah B-110H
Mark Green B-5K RW
Ken Ellis G-PV
Gary England G-SP
Mike Hambrick S-DT

Tom Petranoff G-JT
Ken Jansson G-WP

M45

Bill Collins G-100
Stacey Price G-110H
Robert Zahn B-110H
William Rea G-LJ
Mike Hogan S-PV
Jeffery Kinstad B-PV
Don Hoff B-SP
Mike Brown G-JT

M50

Charles Allie G-100
S-200, 400
David Walter G-200, 400
S-100
Ken Brinker G-100H
James Sauers G-HJ
Charles Rader S-HJ
Tom Fahey S-DT
Lad Patak G-WP
Richard McGuire B-20K RW

M55

Courtland Gray G-100, 400H
B-100H
Edwin Roberts B-200
Don DeNoon G-5K RW
Richard Friedlander S-5K RW
Bill Johnson S-PV
Jeff Tindall B-PV
Gary Reddaway B-JT
Don DeNoon G-20K RW
Richard Friedlander B-20K RW

M60

Harold Tolson S-200
Larry Colbert S-400
Sid Howard B-800
Emil Pawlik G-HJ, Deca
S-100H
Lew Thorne B-100H
Dave Romansky B-5K RW, 20K RW

M65

Lawrence Richards G-100, 200, LJ
James Stookey G-100H
Leon Trout S-100H
Jack Bray S-5K RW, 20K RW
Max Green G-20K RW
B-5K RW
G-WP
B-WP

M70

Bill Melville S-100, 200
Wilford Scott B-100, 200,
Rodney Brown S-400
B-800
James Beall S-800
Gunnar Linde G-2000SC
Robert Mimm G-5K RW
Harry Hawke S-WP
B-HT
B-DT

M75

Arnie Gaynor B-DT
Mel Larsen G-100, 80H, LJ
B-200
Masashi Noritake S-5K RW
Paul Geyer B-5K RW
Ed Lukens G-TJ
S-HJ, JT
Lester Ridings S-Mara

M80

Rod Parker G-100, 200
Bill Weinacht B-100, 200
Dan Bulkley G-80H, 300H, 2000SC
S-800; B-1500
Herbert Appell S-20K RW
B-5K RW

M85

Max Springer G-800
B-400, 1500, 5K
Phil Lawrence B-400, 800,
Dudley Healy B-10K
Bert Morrow S-80H
Phil Lawrence G-5K RW
Ross Carter G-DT
S-SP

M90

Bert DeGroot G-HT, SP
S-DT

M95

Waldo McBurney G-200, 5K RW, DT, JT
Julius Spielberg S-5K RW

W35

Rose Monday B-400, 800

W40

Kim Rupert B-2000SC
Lynda Brubaker G-5K RW, 10K RW
Victoria Herazo S-5K RW, 10K RW
Debra Benton B-10K RW
Carol Finsrud G-DT, WP
S-SP

W45

Sherry Brosnahan B-5K RW
Irene Thompson B-Hept
Sally Richards G-10K RW

W55

Kathy Jager G-100, 200
S-PV
B-Hept

W60

Kemisole Solwazi B-400
Joan Ottaway G-10K X-C
S-5K
Madeline Bost B-2000SC
Jo Ann Nedelco B-5K RW, 10K RW

W65

Jeanne Hoagland S-400, 1500
B-800
Carolyn Cappetta S-800
Becky Sisley G-PV

W70

Irene Obera G-100, 200, 400
Audrey Lary B-200, TJ
Suzanne McLeod S-800
Amy Hicks G-PV

W75

Pat Peterson G 400
S-200
B-100
Sumi O-Leonard S-400; B-800
Johnnye Valien G-LJ, PV
S-TJ, Hept
B-80H

W80

Bernice Holland S-DT; B-JT
Miriam Gordon B-10K RW
Ruth Anderson B-Mara

W85

Mary Holland S-400, LJ
B-200
Jerry Davidson S-800
B-1500, 5K
Louise Adams S-1500, 5K, 10K

W90

Mary Haines G-10K
S-1500, 5K
Betty Jarvis B-DT
Fan Benno-Caris S-10K RW

66 World Records

Continued from page 19

(18:44.41/95.1%), 10,000 (38:44.55/95.2%), and X-C (38:43/95.3%).

- Motoichi Tasaki, Japan, won both hurdles (14.58 and 53.30).

- USA won both relays.

M75

- Mel Larsen, USA, nabbed an 80H WR (14.20) and won the 100 (14.13) and LJ (4.59).

- Heinrich Gutbier, Germany, scored a quadruple, with wins in the 5000 (22:08.86), 10,000 (45:17.48), X-C, and marathon.

- Lucas Nel returned to South Africa with a pending WR of 66.88 for the 400 and a gold medal for the 800 (2:47.65).

- Erik Eriksson, Finland, added the WP (4582) to his SP (13.00/98.2%) and JT (38.26) titles.

- Pecka Pentilla, Finland, scored a WR 7825 in the decathlon.

- The USA again won the two relays.

M80

- Dan Bulkley, USA, cleared the barriers cleanly for golds in the 80H (WR 17.92), 300H (WR 62.61/94.8%), and 2000SC (11:48.10) and took a silver medal in the 800 and a bronze in the 1500.

- Emiel Pauwels, Belgium, turned in victories in the 800 (3:04.29), 1500 (6:23.14), 5000 (24:18.07), and X-C.

- Rod Parker, USA, flashed to wins in the 100 (15.18) and 200 (31.53/93.8%).

- Erling Svennevik headed home to Norway as victor in the HT, DT, and WP.

- Torsten Stale, Sweden, winner of six races in Durban, settled for two here, the 10,000 and 5000 RW.

- Takuru Miura, Japan, was the best of four entrants in the decathlon with a WR 4680.

- Germany won the relays.

M85

- WRs were set by triple gold medalist Kasimir Gassmann, Switzerland, in the SP (9.47), Ross Carter, USA, in the DT (30.23), and James Grimwade, Ireland, in the 20K RW (2:24:00).

- Gordon Porteous, Great Britain, won the 1500, 5000, and 10,000.

- Mazumi Morita, Japan, took the 80H, PV (1.60), LJ (3.34), and TJ (7.37).

M90

- Karl Trei, Canada, won seven events from the 100 (24.24) to the JT (15.48).

- John Farrell, Great Britain, won the 1500 in WR time (9:23.74).

- Takuzo Miure, Japan, totaled 4680, a WR in the decathlon.

- Alipio Santos, Portugal, reeled off wins in the 200, 400, 800, and X-C.

- Bert DeGroot, USA, won the HT and SP and came second in the DT.

M95

- No one asked "Where's Waldo?" because Waldo McBurney was highly visible setting WRs in the 200 (63.08), DT (13.56), and 5000 RW (57:06.80) and winning a gold medal in the JT.

W35

- Versatile Leslie Estwick, Canada, earned three gold medals, 100 (14.21/93.3%), HJ (1.70), and LJ (5.63). Estwick was the Durban defending champion in the HJ in 1997.

- Jennie Mathews, Great Britain, sped to wins in the 400 (55.70) and 400H (60.29/92.8%).



JERRY WOJCIK

Ron Robertson, M55, New Zealand, gold medalist in the 5000, 10,000 and 3000 steeplechase, WAVA Championships, Gateshead, England.



JERRY WOJCIK

Courtland Gray, USA, on his way to the M55 victory in the 400H (62.95), WAVA Championships, Gateshead, England. He also won the 100 (12.30).

- Anne Keenan-Buckley, Ireland, opened with a win in the X-C (35:30) and closed with a victory in the 1500 (4:30.22).

- Elisabeth Moser, Italy, won the 5000 (16:56.90) and ran a good race to take the 10,000 from Katharina Kaufman, Germany, 35:52.18 to 35:59.77.

- Great Britain broke the WR for the 4x400 (3:50.80).

W40

- Anke Mortiz, Germany, registered a win in the 100 (12.58/90.4%) and held off Tilly Verhoef, Netherlands, the 400 winner (57.61/91.6%), to take the 200 (25.17/91.43%), successfully defending her title in the 200 at Durban.

- Patty Blanchard, Canada, hurried to wins in the 1500 (4:36.67) and 5000 (17:14.40).

- Carol Finsrud, USA, won the discus contest (51.22) and showed all-around skills with a WR in the WP (4120).

- Jenny Brown, Great Britain, recovered after her heptathlon win (5747) to win the HJ (1.65, 90.6%) and TJ (10.95, 80.6%).

- Germany's 4x400 team clocked a WR 50.07.

- Joy Noad, Great Britain, was first overall in the marathon (2:52.44).

- Lynn Brubaker, USA, swept the 5000 (24:04.23) and 10K (49:24) RWs, leading a sweep by USA walkers in the 10K - Victoria Herazo (49:46) and Debra Benton (53:20). This started a USA juggernaut in the team competition with wins in the W40, W45, W50, W55, W65, and W70. Great Britain broke the string at W60.

W45

- Debbie Brill, Canada, high jumped to a WR 1.76, which age-grades to a remarkable 104%, the best performance by any athlete at the meet and perhaps the best effort ever by a masters high jumper.

- Dagmar Fuhrmann, Germany, swept the sprints, 100 (12.01/90.8%), 200 (25.85/92.7%) and 400 (59.64).

- Bronwen Cardy-Wise, Great Britain, went from a 10K X-C gold medal (37:10) to two more in the 5000 (15:57.50) and 10,000 (36:15.86/91.3%).

- Christine Schultz, Australia, won the SP (12.81), DT (42.30), and WP (4092).

- Inge Dech, Germany, used her leaping skills to win the LJ (5.35) and the 80H from Anita De Villiers, South Africa, 12.85 to 13.12. De Villiers won the 300H (68.94/90.4%). Dech had won the W40 80H and LJ in Durban.

- Germany, with disciplined handoffs, won both relays.

W50

- Germany won the relays with WRs (53.74 and 4:28.51).

- Margaritha Daehler, Switzerland, garnered gold in the LJ (4.63), TJ (9.73), and heptathlon (5876).

- Vivien Bonner, Great Britain, led a British sweep of the 100 (13.24/92.7%), with all three in the 92% range, and ran a winning 94.1% 26.52 in the 200.

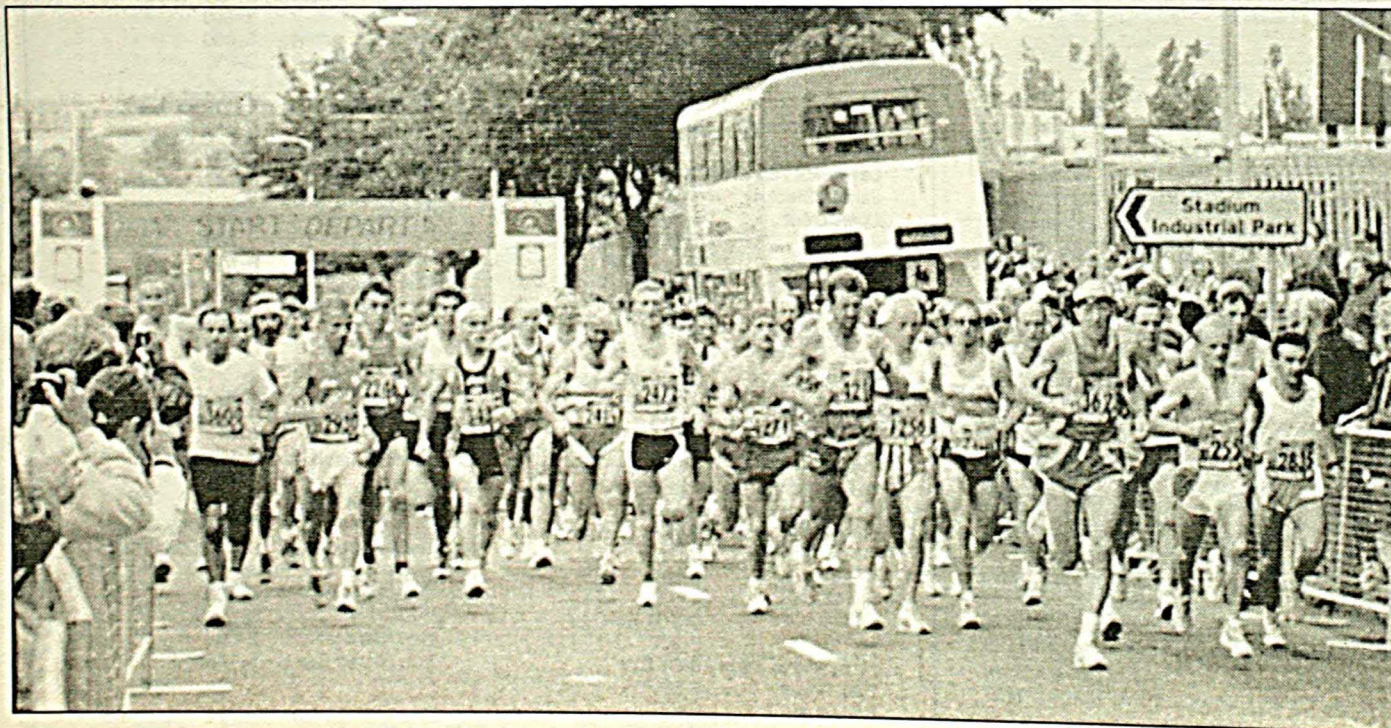
- Margarethe Tomanek, Belgium, hurled to a WR in the WP (4313).

- Sheila Carey, Great Britain, won the 800 (2:25.83) and 1500 (5:00.33) with international-class, age-graded times in the 90%.

- Hurdler Waltraud, Kraehle, Germany, took the 80H (13.87) and 300H (50.68).

W55

- Kathy Jager, USA, defeated Brunhilde Hoffman, Germany, twice, in the 100 (13.55/94.9% to 14.02/93.9%) and 200 (28.34/92.7% to 28.64/94.1%) and was



Start of the marathon outside of Gateshead Stadium on Aug. 8, the last day of competition, WAVA Championships.

JERRY WOJCIK

66 World Records

Continued from page 20

second in the PV and third in the heptathlon.

- Marianne Maier, Austria, won the 80H with a 90.2% 14.12, and scored the highest in the heptathlon at 6066.
- Inkeri Janhunen, Finland, triumphed in the 10,000 (40:12.43/90.6%) and, days later, won the 1500 (5:23.28).
- Renate Vogel, Germany, tallied firsts in the HJ (1.40/92.1%) and JT (40.44).
- Racewalker Heidi Maeder, Switzerland, won the 5000 (27:07.07/90.3%) and 10K (55:52).
- Australia broke into the relays gold medal parade by Germany and Great Britain with a win in the 4x400.

W60

- Gerda Van Kooten, Netherlands, won the unofficial "woman runner of the meet" award with WRs in the 800 (2:36.94) and 1500 (5:24.72) and wins in the 5000 (20:49.89) and X-C (44:27).
- Christiane Schmalbrucht, Germany, should also get an award as the best woman performer in the jumps. She won the HJ (1.30/93.5%), LJ (4.48/94.5%), and recorded an age-graded 100% 9.61 in the TJ, for which she holds the WR at 10.03. She was the Durban returning champion in three events.

- Becky Sisley, USA, vaulted to a WR 2.30.

- Jean Hulls, Great Britain, added three gold medals to her collection with wins in the 400 (69.11), 300H (54.67/90.4%), and heptathlon (5870).

- Jeanne Hoagland, USA, won silver medals in the 400 and 1500 and a bronze in the 800.

- Elfriede Hofman, Germany, won the 100 (14.49/92.4%), with her German team mates, Gerti Reichert (14.59) and Schmalbrucht (14.70), taking second and third, and won the 200 (30.05/91.35%).

- You can probably name three of the sprinters on the German 4x100 relay team that set a WR (56.89). Germany took the 4x400, with a WR also (5:06.40).

W65

- Irene Obera, USA, departed for Northern California with three gold medals and two WRs in the 100



JERRY WOJCIK

Shirley Brasher, Australia, after winning the W70 2000m steeplechase (12:19.45), WAVA Championships, Gateshead, England.

(14.29/97.2%) and 200 (30.46/93.6%). She won the 100 and 200 in Durban as a W60.

- Rosemary Chimes, Great Britain, who holds the W60 WR in the DT, added the SP (11.04/97.3%) and DT (33.27/90.1%) for this age group to her skein, and won the HJ (1.20/90.9%).

- Jean Home, Canada, posted a WR in the 800 (2:51.41/91.9%) and won the 1500 (6:03.03).

- Myfawny Loudon, Great Britain, went the distance, winning the 5000

(22:08.06) and 10,000 (46:19.40).

- June-Marie Provost, Canada, strode to RW wins with a 30:52.14 and a 1:02.53.

W70

- Rachel Hanssens, Belgium, stuck a WR in the JT (26.07) and won the SP (8.80) and WP (4026).

- Nina Naoumenko, Russia, was the success story in the distance races, taking the 1500 (6:36.04/90.5%), 5000 (24:31.92), and 10,000 (50:43.43). In all three contests, Berthilia De Preter, Belgium, who won the 800 and X-C, was second. In Durban, De Preter had won three W65 events, including the X-C.

- Isabel Hofmeyr, South Africa, hurdled to gold medals in the 80H (19.14) and 300H (68.82) and won the heptathlon 5157.

- Johnnye Valien, USA, won the LJ and PV, was second in the TJ and heptathlon and took a bronze medal in the 80H.

- The USA won both relays.

W75

- Kaija Jortikka, Finland, swept the four throws (WR in the HT 23.92) and threw in the WP (WR 4234) for good measure.

- Paula Schneiderhan, Germany, con-

quered her rivals for wins in the 100, 200, 400, and LJ (WR 3.61), almost a replay of her performance in Durban.

- Helgi Pedell, Canada, bounded to a WR 1.10 in the LJ.

- Ursula Theuen, Germany, won both racewalks (37:31.76 and 1:17:28), as she did in Durban.

W80

- Olga Kotelko, Canada, did everything (and did them well) but hand out the awards, winning the 100, HJ (WR 0.92), HT (WR 23.92), JT, and WP (WR 3557).

- Britta Tibbling, Sweden, also had a wide range good outing, with a gold medal in the 400 and WRs in the racewalks (34:48.49 and 74:13).

- Friedegard Liedtke, Germany, bested the fields in the 800 (5:21.00), 1500 (10:51.18) and 5000 (37:45.19).

- Pat Peterson, USA, collected a full set of medals: gold, 400; silver, 200, and bronze, 100.

- Mary Haines, USA, gold medalled in the 10,000 and got silvers in the 1500 and 5000.

Continued on page 22

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, SEPT. 1999

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
JOHN ALEXANDER (MCCAMEY, TX)	9-6-19	80-84
TOM BAILEY (DENVER, CO)	9-15-29	70-74
FRANS BUYS (HOL)	7-5-24	75-79
WILLIAM CARMEN (IL)	2-7-19	80-84
SAMUEL CLARKE (SEATTLE, WA)	2-8-29	70-74
TEOFILO COLON (PUR)	2-10-14	85-89
DESMOND FRAWLEY (AUS)	2-11-19	80-84
DANFORTH GEER (BENNINGTON, VT)	1-1-19	80-84
PAUL GEYER (ROCHERT, MN)	1-2-24	75-79
RAYMOND GIL (LOMPOC, CA)	1-1-19	90-94
ORRIN GRAF (DAYTONA, FL)	1-1-19	75-79
HARRY GUTH (PERRYVILLE, MO)	1-1-19	80-84
SCOTT HERRMAN (WICHITA, KS)	1-1-19	75-79
FRED HIRSIMAKI (FINDLAY, OH)	1-1-19	60-64
RUSS HODGES (TACOMS, WA)	1-1-19	65-69
PAUL JOHNSON (US)	1-1-19	75-79
ROBERT KAISER (LA MESA, CA)	1-1-19	85-89
EUGENE KELLER (CONCORD, OH)	1-1-19	85-89
DIMITR KHELBAKOV (BULGARI, OH)	1-1-19	65-69
NEIL KING (WINNETKA, IL)	1-1-19	44-48
JUKO KUHA (FIN)	1-1-19	44-48
JOHN MAURER (DEL MAR, CA)	1-1-19	75-79
JIM MINAH (SANTA BARBARA, CA)	1-1-19	85-89
JIM MURPHY (SANTA MONICA, CA)	1-1-19	85-89
HANS OSSENKOPP (WG)	1-1-19	65-69
ANTS PAJU (EST)	1-1-19	44-48
GRAHAM PARNELL (SAN DIEGO, CA)	1-1-19	65-69
LES PRESLAND (GBR)	1-1-19	70-74
ALEX RATELLE (MINNEAPOLIS, MN)	1-1-19	44-48
KARL SMITH (SILVER SPRINGS, MD)	1-1-19	74-78
LEVIS ARIEL STANDEN (CHL)	1-1-19	74-78
BILL STOCK (LA MESA, CA)	1-1-19	70-74
HUBERT STREIT (WG)	1-1-19	80-84
COLON TEOFILO (PUR)	1-1-19	14-18
JOHANNES VISSER (RSA)	1-1-19	24-28
WALTER WEBB (WG)	1-1-19	14-18
WALT WESTERHOLM (US)	1-1-19	65-69
KEVIN WHITE (AUS)	1-1-19	65-69
RUBEN WHITNEY (SAN ANTONIO, TX)	1-1-19	44-48
ROY WILLIAMS (NZ)	1-1-19	70-74
RACHEL BOURN (FAIRFAX, VA)	1-1-19	65-69
BARBARA CASEY (SIERRA VISTA, AZ)	1-1-19	65-69
ANNE CIRULNICK (ROSEDALE, NY)	1-1-19	44-48
CAROLYN CLARK (ST. LOUIS, MO)	1-1-19	65-69
ANNE CLARKE (GLEN ELLYN, IL)	1-1-19	65-69
BEVERLY COHEN (BLAUVELT, NY)	1-1-19	65-69
RICKY CORVELLO (CA)	1-1-19	44-48
BARBARA ELLNER (DOWNEY, CA)	1-1-19	44-48
ELSA EVANS (SAN DIEGO, CA)	1-1-19	65-69
MARJORIE HEINLEIN (SAN RAFAEL, CA)	1-1-19	65-69
ANN IGOE (WESTON, MA)	1-1-19	44-48
ELIZABETH KAWELASKE (ST. LOUIS, MO)	1-1-19	18-19
JUDY KEWLEY (SIMI VALLEY, CA)	1-1-19	44-48
HAZEL ROSS NIEBEL (KENSINGTON, MD)	1-1-19	14-18
EMMETTA PERESSIN (FLORISSANT, MO)	1-1-19	65-69
SUE PETERSEN (LAGUNA BEACH, CA)	1-1-19	65-69
JUDI ST. HILIARE (FALL RIVER, MA)	1-1-19	10-14
MARIANNA VENOSKI (NEWARK, NY)	1-1-19	18-19
ANNA WARD (SULLIVAN, MO)	1-1-19	25-29
JEAN ALBURY (AUS)	1-1-19	13-17
MARGE ALLISON (NZL)	1-1-19	21-25
DENISE CHANT (AUS)	1-1-19	13-17
ANGELA CRESSI (ITA)	1-1-19	13-17
ODETE DOMINGOS (BRA)	1-1-19	19-23
MARLIS FLECKNER (CHL)	1-1-19	19-23
MARGARET HENDERSHOT (CAN)	1-1-19	19-23
PETRA HERMANN (GER)	1-1-19	44-48
JAN HYNES (AUS)	1-1-19	44-48
AMELIE KOLOSKA-ISERMAYER (CAN)	1-1-19	44-48
FRANCISKA JANSSEN (HOL)	1-1-19	24-28
MARET KUTMAN (URS)	1-1-19	24-28
ANARITA DE LUGO (COL)	1-1-19	44-48
PAT MACKINNON (GBR)	1-1-19	44-48
YOLANDE MARCHAL (FRA)	1-1-19	44-48
HEDI MAXRATH (GER)	1-1-19	44-48
WILMA PERKINS (AUS)	1-1-19	44-48
LIBBY PFEIFFER (GBR)	1-1-19	44-48
LOTTI ROCKSTEDT (GER)	1-1-19	44-48
DORIS SCHLOSSER (GER)	1-1-19	44-48
CAROL THOMPSON (NZL)	1-1-19	44-48
GAIL M VAN NIEKERK (RSA)	1-1-19	44-48
JACQUELINE WLADKA (AUT)	1-1-19	44-48
MIDORI YAMAMOTO (JPN)	1-1-19	34-38

Compiled by Pete Mundle, World and U.S. Masters T&F Records Chairman



SUZY HESS

The winning W45 4x400 relay team (4:12.87) from Germany, whose relay teams broke five world records, (l to r): Dagmar Gocht, Ingrid Schwartz, Dagmar Fuhrman, and Cornelia Pelz, 13th World Veterans Athletics Championships, Gateshead, England.



Speaker's Corner

by KEN STONE

WAVA First-Timer Now Hooked for Life

If thrills were fattening, I'd have waddled out of WAVA at around 600 pounds. I'd been to three U.S. masters nationals, but competing in my first World Veterans Athletics Championships was a blast of an entirely higher caliber.

You know those fantasy baseball camps where middle-agers pay \$5000 to play a little ball with ex-major league stars? This was better – and far cheaper. At Monkton Stadium in Jarrow (a secondary track used for prelims), I lined up against Stephen Peters of Britain in the 200.

Before the race, I joked with him that I'd gladly swap lanes – since he deserved my lane 4 far more than the lane 1 he'd been randomly assigned. He smiled at my joke – and proceeded to eat up the stagger and beat me by three seconds.

Two days later in the finals, Peters set a world M45 record of 22.21. In the 400 finals, he missed the WR by 0.4 second. He also bagged gold medals in both relays.

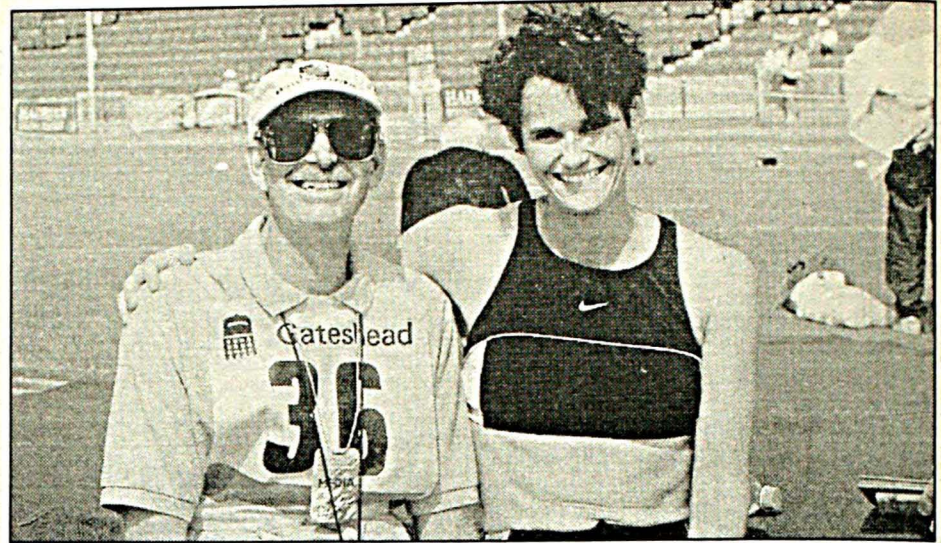
So went the whole meet. The event was Olympian in conduct but down to earth in fun. Just like the Marion Joneses and Michael Johnsons would be at Seville, we were called to a staging tent outside the stadium, led to the track by officials with walkie-talkies and had our "kits" retrieved by teen-age volunteers. But Marion and Michael couldn't have been more moved by the profes-

sionalism and respect accorded athletes who the public might have expected to retire decades ago.

I was lucky enough to secure a media pass and photographer's bib the day before the meet, so I had on-field access to many events. Even though this was a track meet, my mind swims with memories I'll never forget:

- Watching Tom Petranoff mutter at tossing the javelin *only* 240 feet due to pesky winds. A female official relaxed him by playfully yelling: "Get your act together." To which a respectful Petranoff replied: "Yes, ma'am!"

- Chatting with Waldo McBurney, age 96, at an adjacent javelin area after he completed the event. I stood in the sun with him for 15 minutes, sharing mutual Kansas memories. Tiring, I suggested we rest on a nearby high jump pit. Not Waldo. He wasn't ready to sit.



Ken Stone and Debbie Brill, WAVA Championships, Gateshead, England.

Guy talked my ear off!

- Laughing as WAVA's former president, Cesare Beccalli of Italy, danced like a kid to a Linda Ronstadt song at the International Party, wearing an expensive gray suit, tie and yellow carnation. And man! Dave Romansky, the Olympic racewalker, just never left the floor.

- Attending the WAVA General Assembly at a gorgeous resort and hearing Malaysia's unprecedented offer of 100 free trips for athletes from poorer countries to the 2003 meet in Kuala Lumpur. A Mr. Singh closed his formal presentation by saying: "It's Malaysia's time. It's Malaysia's turn. Let's come to Malaysia and do the twist!" (Unsure of why he used the twist reference. Maybe he saw Beccalli dancing.)

- Meeting for the first time a dozen Internet friends with whom I'd been corresponding for years. Among them: M45 800 finalist Dave Clingan of Oregon (who sat with me in the stands during the Opening Ceremonies),

Annette and Robert Koop of Germany (she won the W40 800 and took bronze in the 1500), and Bill Purves of Hong Kong (who found me a local athlete to stay with after my tour reservations were cancelled five weeks before the meet).

- Competing pain-free in my three track events. Even though someone strapped 5-pound ankle weights on me at the 200-meter mark in the 400m hurdles, I finished without injury. Later I was overjoyed to defeat two runners in the 200 (so I could say that I beat international competition). I was in seventh heaven in the 110 hurdles when I got my three steps up to the third hurdle for the first time in three years.

- Clearing 1.50 (4-11) in the high jump (on my third try) only a year after breaking my ankle at the Orono nationals. Afterward, I was even more excited when Canadian Olympian Debbie Brill gave a short critique of my technique. A day earlier, she had jumped a world W45 record of 1.76 (over 5-9) on her first try before injuring her take-off foot attempting an incredible 1.80 at age 46.

The weather was astonishingly good for the bulk of the meet. The level of competition was the best in WAVA history. Officiating was top-notch.

The only sad part: It all had to end.

I won't miss driving a tiny Vauxhall rental car on the wrong side of the road, navigating those treacherous roundabouts, or stick-shifting with my left hand. But I'll miss hobnobbing with world record holders, chatting with the founders of WAVA at the Gosforth Park Hotel, and having my restaurant meals interrupted by local residents who took note of my American accent and wanted to wish me well.

Gateshead was the meet of a lifetime – and left me hungry for more. □



The M50 400 final, won by Dave Walter #4157, USA, with an age-graded 95.9% 53.18. Charles Allie #3791, USA, was second (53.19) and Peter Browne, Great Britain, third (53.43).

JERRY WOJCIK

66 World Records

Continued from page 21

W85

- Ruth Frith, Australia, did a Jortikka, compounding her four wins in the throws to a gold medal in the WP (3121).

- Sweden produced double winners Nora Wedemo, in the 100 (21.98) and 200 (53.07), and Margit Lindgren in the racewalks (42:21.59/90.1% and 1:27:30).

– Jerry Wojcik

Kuala Lumpur to Host WAVA in 2003

The city of Kuala Lumpur, Malaysia, was officially chosen to host the 15th biennial WAVA World Veterans Athletics Championships in 2003 by the delegates to the WAVA General Assembly on Aug. 5 in Gateshead, England.

In close balloting, Kuala Lumpur edged Cauguas, Puerto Rico, 62-55 on the second ballot, after a first-ballot count of 49 (Kuala Lumpur), 37 (Cauguas), and 30 (Cesenatico, Italy).

Moscow, Russia, earlier dropped out of the running after winning a bid to another major sports event. "We can't do more than one," Moscow told WAVA.

Cauguas put on an impressive presentation, but it was not enough to overcome the sentimental vote for Kuala Lumpur, which had unsuccessfully bid on three previous occasions.

Cesenatico had staged a successful 1998 European Veterans Championships, but had virtually no presence in Gateshead. Cesenatico sent only two representatives, and its presentation paled in comparison to the more professional pitch by Kuala Lumpur and especially Cauguas.

Also, many Europeans - who comprise more than 50% of the voting dele-

gates - reportedly did not want to go back to Italy for the world championships.

"Been there, done that," they said.

Some delegates felt the heat in Kuala Lumpur would be detrimental to the athletes, but the K.L. organizers said there would be nothing scheduled during the heat of the day - from 11 a.m. to about 4 p.m.

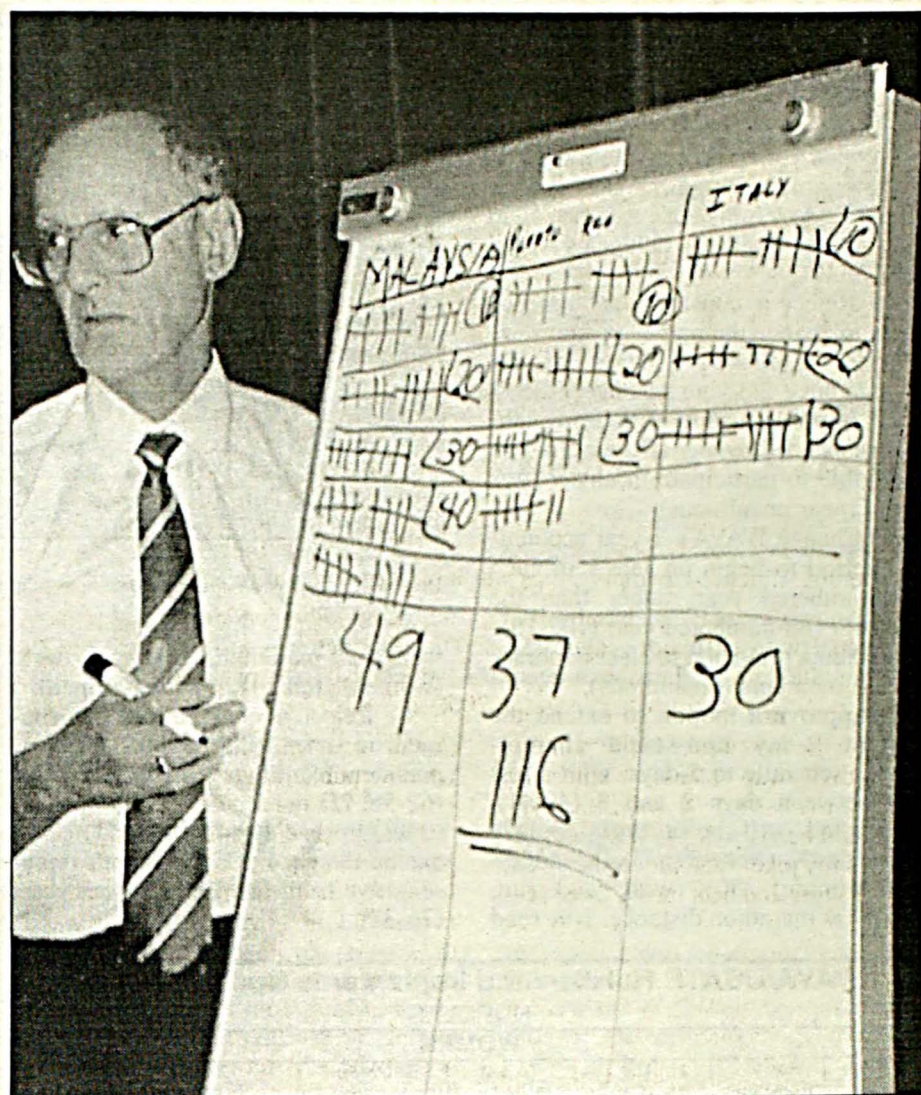
Other delegates were appalled at the repressive, military-like structure of Malaysian society, where execution is the penalty for possession of drugs.

Indeed, when asked if the death penalty was still in force for marijuana possession, the Kuala Lumpur presenters proudly said, "Yes." A few delegates were horrified, but other delegates seemed to murmur, "Good."

Buenos Aires, Argentina, defeated Udice, Czech Republic, 64-46, for the right to host the 2002 WAVA World Veterans Road Racing Championships. The date will be in May, 2002.

In 1997, delegates in Durban, South Africa, selected Valladolid, Spain, to host the 2000 Non-Stadia Championships. They also chose Brisbane, Australia, to host the 14th WAVA Athletics Championships in 2001. The date of the 2001 event is July 5-15. □

- Al Sheahen



AL SHEAHEN

Bob Fine keeps the tally in first-ballot voting for the WAVA 2003 World Championships. Kuala Lumpur, Malaysia (49) and Cauguas, Puerto Rico (37) advanced to a second ballot, while Cesenatico, Italy (30) was eliminated. Kuala Lumpur won over Cauguas on the second ballot 62-55.

600 Athletes Compete in Edinburgh Event

by MARTIN DUFF

Typically dour Scottish weather welcomed 600 athletes to the well-appointed Meadowbrook Stadium, Edinburgh, home of the 1970 and 1986 Commonwealth Games, for the BVAF event two weeks before WAVA-Gateshead. The proceedings were brightened by the appearance of around 100 guests en route to Gateshead, led by the multi-world champion Ron Robertson of New Zealand. The 58-year-old Kiwi won his three specialist events - 1500, 5000, and steeplechase - with a championship best 16:11.81 in the 5000.

The British, too, were warming up for the worlds, none more so than Steve Peters, 46, who again posted an M45 sprint treble. Helped by a 2.7 mps wind, he ran the 100 in 11.12, later adding the 200 and 400. Peter Browne,

world record holder, showed that he has lost none of his competitive spirit, 10 years after Eugene, Ore., when he edged out former British International Walter Wilkinson in the M50 800 with a 2:04.02.

Janette Stevenson, who recently won a year's supply of bread in a U.S. race and gave it away to second-place, was again in top form in the 10K, adding a British record with a 36:55.29.

In the field, British heavies were out in force, with M45 Peter Gordon out to 49.36 in the discus, and Neil Griffin, 51, hitting 48.59 with the 1.5k. Evaun Williams, the best age-graded athlete in Durban when age 59, is looking to go over 40m in the hammer at age 61. She took all the throws golds here, but was a little down on her normal form. □

WAVA Family Grows

Following a recommendation from Ron Bell, Vice President Non-Stadia, the WAVA Council agreed to include for the first time a WAVA world championship for the 100K run. The event will be organized by the International Association of Ultrarunners and will be held in Winschoten, Netherlands, on September 9, 2000.

Bell told NMN, "This is seen as extending the WAVA family to include those athletes of veteran age who do not run in WAVA events. We hope by including this event in our programme we will receive additional recognition

from a previously untapped section of veteran athletes."

President Torsten Carlius, along with Executive Vice President Tom Jordan and Bell, met with IAU President Malcolm Campbell to agree on terms and conditions for staging the championships and were pleased to learn that the IAU is affiliated with the IAAF and recognizes the WAVA age groups.

Medals will be awarded for individual and team performances. More details will appear in future editions of NMN. □

- from Ron Bell

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General Assembly Meets in Gateshead

In open voting on constitutional and by-law amendments at the WAVA General Assembly on August 5 in Gateshead, England, delegates voted to:

1) Reject a constitutional amendment to change the name "veterans" to "masters" (73-46 in favor of the change but a 2/3 vote was needed).

2) Approve a motion that any athlete suspended by any affiliate shall be ineligible to participate in any WAVA event (near unanimous).

3) Change WAVA's 2-year accounting period to begin on Jan. 1 of each odd-numbered year, rather than the current even-numbered year (102-15).

4) Add a provision to elect honorary WAVA members (unanimous).

5) Approve a motion to extend the current 2-day non-stadia championship schedule to 5-days, with a rest day between days 2 and 3 (49-41). Scheduled will be a cross-country relay, 5x4K (M40-59), 3x4K (M60+ and women), 50K walk and run, Ekiden at marathon distance, 10K road



AL SHEAHEN

Delegates to the WAVA General Assembly, Aug. 5.

race, half-marathon, 20K road walk (women), and 30K road walk (men).

6) Reject a constitutional amendment to extend the term of the past-president from two years to four years (62-58; 2/3 needed).

7) Approve a similar amendment to extend the term of the women's representative from two years to four years (76-38).

8) Reject a motion to require regional representatives to the WAVA Council to speak English (unanimous).

9) Reject a motion to increase the distance of the long hurdles for M60+ and W50+ from 300 to 400 meters (3-101).

10) Reject a motion to change the allowed number of throws for each of the five weight pentathlon events from three to four throws (5-99).

11) Reject a motion that national delegates must speak English (unanimous).

12) Reject a motion that German be one of the languages offered for translation at the General Assembly (unanimous). At present, only English, French and Spanish are translated.

13) Approve a motion to permit WAVA and the OC to stage the cross-country race at either 10K or 8K (68-31).

14) Approve a motion that records of 400m or less be maintained separately for electronic and hand timing (unanimous).

15) Approve a motion that in all combined events, an athlete must start each event (102-2).

16) Approve a motion to reduce the height of the 80-meter hurdles for M70+ and W60+ from 30" to 27" (unanimous).

17) Approve a motion to reduce the spacing of the M60 and M65 100H from 8.5m to 8.0m (unanimous).

18) Reject a motion to decrease the distance of the M60 and M65 100H to 80H (19-74).

19) Approve a motion to increase the distance to the first hurdle in the M60 and M65 100H from 13.0m to 16.0m (74-19).

20) Approve a motion to lower the heights of the M70+ and W50+ 300H from 30" to 27".

21) Approve a motion to use a 700g javelin instead of 800g for M50 and M55.

22) Approve a motion to change the weight of the W50 and W55 javelin from 400g to 500g.

Prior to the voting, WAVA President, Torsten Carlus, announced WAVA now has 125 affiliates. He said WAVA needs more revenues to help many areas around the world. He said the International Masters Games are

here to stay, and suggested WAVA cooperate with the IMGA. No formal schedule suggestions will be made to IMGA until the Assembly meets again in 2001.

WAVA Treasurer, Peppo Galfetti, said the Council had approved a combined 1998-99 budget of \$209,000, \$12,000 more than the \$197,000 budget the Council presented to the Assembly in 1997.

"More income, more expenses," Carlus said.

Despite an increase of \$20,000 in revenues from the original budget (\$30,000 was budgeted for WAVA fees from the 1998 non-stadia championships in Japan, but \$50,000 was received, due to a large number of entries), higher-than-budgeted expenses of \$92,921 resulted in a deficit for 1998 of \$13,026. □

- Al Sheahen

WAVA/USATF Hurdles and Implements Specifications						
HURDLES						
WOMEN						
Age	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish	No. of Hurdles
30-39	100m	.840m 33"	13.00m 42'8 1/2"	8.5m 27'10 1/2"	10.5m 34'5"	10
40-49	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"	8
50-59	80m	.762m 30"	12.00m 39'4"	7.0m 22'11 1/2"	19.00m 62'4"	8
*60-69 *70 Plus						
30-39 40-49	400m	.762m 30"	45.00m 147'7 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"	10
50-59 60-69 70 plus	300m	.762m 30"	50.00m 164'0 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"	7
MEN						
30-39 40-49	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'	10
50-59	100m	.914m 36"	13.00m 42'8"	8.50m 27'10 1/2"	10.50m 34'5"	10
*60-69	100m	.840m 33"	*13.00m 42'8"	*8.50m 27'10 1/2"	*10.50m 34'5"	10
*70 plus	80m	.762m 30"	12.00m 39'4"	7.0m 22'11 1/2"	19.0m 62'4"	8
30-49	400m	.914m 36"	45.00m 147'7 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"	10
50-59	400m	.840m 33"				
60+	300m	.762m 30"	50.00m 164'0 1/2"	35.00m 114'9 1/2"	40.00m 131'2 1/2"	7
IMPLEMENTS						
AGE	SHOT PUT	DISCUS	HAMMER	JAVELIN	WEIGHT	
Women					WAVA	USATF
30-49	4.00k	1.00k	4.00k	600 gms.	20#	20#
*50 plus	3.00k	1.00k	3.00k	*400 gms.	16#	16#
60 plus	3.00k	1.00k	3.00k	400 gms.	12#	16#
Men						
30-49	7.26k (16 lbs.)	2.00k	7.26k (16 lbs.)	800 gms.	35#	35#
*50-59	6.00k	1.50k	6.00k	*800 gms.	25#	35#
60-69	5.00k	1.00k	5.00k	600 gms.	20#	25#
70-79	4.00k	1.00k	4.00k	600 gms.	16#	25#
80 plus	4.00k	1.00k	4.00k	600 gms.	12#	25#
Steeplechase: men 30-59: 3000m/36" (.914m); men 60+ and women: 2000m/30" (.762m) Superweight: M30-69 56-lb.; M70+ 35-lb.; W30-49 35-lb.; W50+ 25-lb. WAVA weights are used for USATF weight pentathlons.						
* At the General Assembly in Gateshead Aug. 5, WAVA voted to change the specifications for these events effective Jan. 1, 2000 (see above story). USATF will likely approve the same changes for U.S. competition at its convention in Los Angeles in December						



SUZY HESS

Bagpiper in Edinburgh, Scotland, visited by WAVA Championships participants during the off days.

Masters Scene

EAST

• Peter Kirk, 42, Rockville, MD, in 15:46, and Annette Stertzler, 42, Oakton, VA, in 17:52, were top masters, both seventh-place finishes, 10th National Race For The Cure 5K, Washington, DC, June 5. Fay Bradley, 61, Washington, DC, M60 winner (18:43) was 82nd of the 66,148 registrant runners and walkers in the event, the world's largest 5K.

• In the first of a series of Baltimore-area women's races in June, first W40+ Eleanor Simonsick, 41, Baltimore, was fifth overall (40:24), Avon Running 10K, June 13. Marge Rosasco, 51, was seventh W40+ (46:22). On June 19, Betty Blank, 46, Falls Church, VA, ran an eighth-place 19:18 for masters honors, RRCA Women's Distance Festival 5K, Fredericksburg, VA. Tami Graf, 62, Lusby, MD, was 31st overall (23:33) of 200 finishers. Pat Wilkerson, 40, Baltimore, MD, hastened to a W40+ first (21:14) in a hot and humid Run For The Roses 5K, Wheaton, MD, June 26. Sharon Dolan, 57, Gaithersburg, MD, was third master (21:40).

• Chuck Moeser, 47, Sterling, VA, with a fourth-place 16:16, and Betty Blank, 46, 20:36, turned in masters firsts in the Tommy's American 5K, Washington, DC, July 3. Ed Sheehan, 42, Washington, DC, was a close second, with a 16:20. Julie Trapp, 55, Silver Spring, MD, was the first W50+ in 24:52.

MIDWEST

• Doug Sundling, 43, bested the field with an overall first 2:59:13, Hoosier Marathon, Ft. Wayne, IN, June 12. Cathy Dwyer, W40, took the masters women's victory with a 3:40:56.

• Masters winners in the Old Kent River Bank 25K, Grand Rapids, MI, May 8, were Jim Hage, M40, in 82:51, and Jane Welzel, W40, in 92:47.

MID-AMERICA

• Bill Rodgers, 51, four-time Boston and NYC Marathon winner, and Joan Samuelson, 1984 Olympic Marathon champion, were honored at the 25th Quad-City Bix 7 Miler, Davenport, IA, July 31, with the unveiling of a bronze statue of themselves. The life-size statue pays tribute to their contributions to the Bix 7 and inspiration to millions of runners. Samuelson was first W40+ in a 14th-female overall 40:17. Kim Jones, 41, was second in 41:54. First M40+ Mark Curp was 21st overall in 36:35, with Tim Schmid, 40, following in 37:14.

• Peter Koech, 43, Kenya/Albuquerque, NM, with a third-place 71:47, and Mark Curp, 40, Lee's Summit, MO, with a fourth-place 72:17, both collected \$750 (Curp's fourth-place money was bolstered by a first-place local M40+ prize), Trinity Hospital Hill Half-Marathon, Kansas City, MO, June 6. Marla Rhoden, 43, Topeka, KS, got \$500 for first W40+ in 91:04. In the 12K, Tim Schmid, 41, Kansas City, MO, in 40:09, and Tom Snodell, 40, Leawood, KS, in 42:32, were second and third overall. Jane Tompkins-Lundgren, 41, Fairway, KS, took top W40+ honors with a third-place 51:57.

Subscription Problems? Moving?

To determine the status of your subscription, or to let us know of your new address, call or fax Circulation Director Darren Farris, at 818-760-8983; fax 818-985-1213. Or write to NMN, PO Box 16597, North Hollywood CA 91615.

SOUTHWEST

• Courtland Gray broke the M55 WR for the 100H with a 14.21 in the Texas Masters Championships, Dallas, July 17. The present record is 14.49 by Walt Butler in 1996.

WEST

• Erwin Jaskulski, 96, of Honolulu, established an M95 WR for the 200 with a 57.58 at the USATF Hawaii Championships at Honolulu's Kaiser HS in July. On May 1, Jaskulski broke the 100m WR with a 24.01.

• On Sept. 26, a masters sprint clinic is being offered at Occidental College, 1600 Campus Rd., Los Angeles, starting at 9 a.m. Contact Track Junkie, P.O. Box 62009, Los Angeles, CA 90062, 323-753-1867.

NORTHWEST

• Alfred Funk, 85, altered the M85-89 ARs for the 800 with a 3:38.8 and the 1500 with a 7:12.0, Big Sky State Games, Billings, MT, July 16-18. The present records of 3:58.3 and 7:44.96 are held by Paul Spangler in 1984.

CANADA

• Indefatigable Johnny Gray, 39, won the 800 in the Pan Am Games, Winnipeg, Manitoba, with a 1:43.38. He says that retirement crosses his mind once a year, but added "This year, it's crossed my mind 10 or 15 times. If I don't return, I'll run masters races. I'm getting tired of running against kids half my age."

• Art Meaney, M55, ran a 27:24 at the Mews 8K, July 4, and a 58:12 in the Telegram 10 Mile, July 11, in St. John's, Newfoundland.



PULAK
Bhashwar Hart winning the M50 100 (12.63), Sri Chinmoy Masters Games, Jamaica, N.Y., May 29. Ivan Black #114, third, went on to win the Male Best Athlete Award for most points scored.

INTERNATIONAL

• Dutch runners were in world record territory in July, with Simon Herlaar, a new M70, running a 5:23.59 mile and a 10:42.40 3000, and Ad Heijdens, just 60, scampering to a 16:12.57 5000. John Keston of the US holds the present M70 mile record at 5:34.00 and the 3000 record with a 10:51.0. Stephen James, of Great Britain, holds the M60 record with a 16:24.0.

CORRECTIONS

• Mark Twedt, M55, was ranked first in the McMahon Family Trust Indoor Rankings for the 55H in the July issue. His actual mark was 8.9h, placing him second to Kerry Sloan (8.4h).

• Kevin Lendo, M35, was the winner of the 200 with a 25.16 and the 400 with a 52.51 in the results of the Louisiana Games, p. 31, August issue.



GEORGE BANKER
Eleanor Simonsick, 41, first W40+ (40:24), Avon Running 10K, Baltimore, Md., June 13.

SENIORS AGE 50+

PREGAME ACTIVITIES
Opening Ceremonies
October 30

SOCIAL ACTIVITIES
Dance • Team Bingo

COMPETITIVE EVENTS
Powerlifting • Ballroom Dancing
Basketball • Swimming • Golf
Horseshoes • Track & Field
Volleyball • Billiards • Bowling
Shuffleboard • Softball
Tennis • Rock Climbing

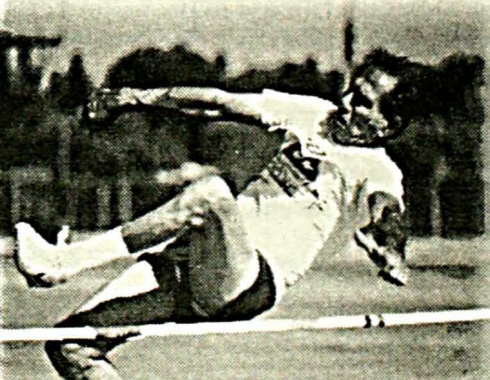


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Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are generally limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

TRACK & FIELD

NATIONAL

September 18. USATF National Masters Weight & Superweight Championships, Seattle, Wash. Ken Weinbel, 4103 Hillcrest Ave., S.W., Seattle, WA 98116. 206-932-3923; fax: 932-3917.

October 20-29. National Senior Games - Senior Olympics, Orlando, Fla. National Senior Games Association, 3032 Old Forge Dr., Baton Rouge, LA 70808. 225-925-5678; fax: 216-7552.

November 30-December 4. USATF Annual Convention, Westin Century Plaza Hotel, Los Angeles, Calif. USATF, 1 RCA Dome, Suite 140, Indianapolis, IN 46225. 317-261-0500; fax: 261-4871.

March 24-26, 2000. USATF National Masters Indoor Championships, Reggie Lewis Center, Boston, Mass.

July 14-23, 2000. USA Olympic Trials, Sacramento, Calif. 2000 T&F Trials, PO Box 511, Sacramento, CA 95812. 877-873-9690. www.sacsports.com.

August 10-13, 2000. 33rd annual USATF National Masters Championships, Eugene, Ore. Northwest Event Management, PO Box 10825, Eugene, OR 97440.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

September 4-5. Potomac Valley TC Games, Alexandria, Va. PVTC, 3515 Slate Mills Rd., Sperrville, VA 22740. 540-547-4355; corrallo@erols.com

September 4-29. Maine Senior Games, Portland, Anita Chandler, 207-775-6503.

September 15. Green Mountain Senior Games, Green Mountain College, Vermont. Ardis Smith, 802-824-6521.

September 23-25. Maryland Senior Olympics, Towson. No out-of-state. Phil Adams, 410-830-4456.

October 2. Sri Chinmoy Masters Games, Roy Wilkins Park, South Jamaica, N.Y. Sri Chinmoy, 161-48 Normal Rd., Jamaica, NY 11432. Tel/fax: 718-523-5188.

October 2-10. Delaware Senior Olympics, Dover. No out-of-state. Peggy Yaeger, 302-736-5698.

October 31. Philadelphia Masters Throws Triathlon (SP/DT/JT) & Tim Dickens Track Pentathlon (3K/800/400/1500/200), Germantown Academy, Ft. Washington, Pa. 9 am. Bill Krieger, 215-722-8859(e); Tom Yunker, 610-828-4672(e).

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

September 22-25. Georgia Golden Olympics, Robins AF Base. Aug. 1 deadline. Vicki Pilgrim, 404-657-6644.

September 28-October 3. North Carolina Senior Games, Raleigh. No out-of-state, Cindy Trumbower, 919-851-5456.

November 30-December 5. Florida Senior Games State Championships, Kissimmee/St. Cloud. Laura Hallam, 407-943-7992.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

September 11. Norm Bower Memorial Weight Pentathlon, Kent State U., Ohio. 11 a.m. Jeff Gerson, 440-473-0636.

September 15-25. Wisconsin Senior Olympics, Milwaukee. Helen Ramon, 414-821-4444; fax: 821-4445; email: aging@execpc.com.

September 16-19, 22-26. Illinois Senior Olympics, Springfield. Sandy Holste, 217-789-2284.

September 22-26. Kentucky Senior Games, Elizabethtown. Ruth Hudson, 502-765-2175, 800-437-0092.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

September 4-5. Rocky Mountain Masters Games, U. of Colorado, Boulder. Jim Weed, PO Box 889, Lake Crystal, MN 56055; Tim Edwards, 303-315-9107; Sue Norton, 303-443-2695.

September 9-12. South Dakota Senior Games, Sioux Falls. 50+. Al Weisbecker, Exec. Dir., SDSGA, 403 E. 7th, Dell Rapids, SD 57022. 605-428-3807; email: weison@wans.net.

September 23-26. Kansas Senior Olympics, Topeka. Limited events. Deadline w/o extra fee, Aug. 20. Kansas SO, 1534 SW Clay, Topeka, KS 66604. 785-368-3798.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

September 16-19. Arkansas Senior Olympics, Hot Springs. Gail Ezelle, Exec. Director, PO Box 3377, Hot Springs, AR 71913. 501-321-1441; fax: 321-4161.

September 16-22. Oklahoma Senior Olympics, Tulsa. Dana Brown, 918-596-7866.

September 20-26. Scott and White Texas

Senior Games, Temple. James Garcia, 254-298-5720.

September 24-October 3. Louisiana Senior Games, Baton Rouge. No out-of-state. Butch Gipson, 504-925-1748.

WEST

Arizona, California, Hawaii, Nevada

September 15-19. Flagstaff Senior Olympics. Carole Mandino, NAU Box 15063, Flagstaff, AZ 86011. 520-523-6584.

September 18. Eddie's Pole Vault Competition, Vacaville, Calif. Y/O/M (m & w). USATF registration required. 707-645-8555; fax: 645-0550; email: prsport1@aol.com.

September 18. Chuck McMahon Memorial Meet, ARCO Olympic Center, Chula Vista (south of San Diego), Calif. M&W40+. Racewalks, 7:30 am; Running & Field Events, 10:00 am. San Diego Senior Sports Festival, 619-282-4350; fax: 282-4321. David Pain, T&F Commissioner, 619-3316(h); fax: 582-5769; email: DpainTF@aol.com.

September 25. KelField Throws Series Meet #76, Santa Cruz. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 831-458-0300; email: kelfield@aol.com.

September 26. Masters Sprint Clinic, Occidental College, Glendale, Calif. 9 a.m.-3:30 p.m. \$50 before Sept. 20, \$60 thereafter. Eugene Driver, 323-753-1867. E-mail: trakjunkie@aol.com.

September 30-October 11. Nevada Senior Games, Las Vegas. Dr. Roger Owen, 702-242-1590.

October 3. Club West Meet, Santa Barbara Comm. College, Calif. Gordon McClenathen, PO Box 99, Goleta, CA 93116-1099. 805-964-3005. Beverley Lewis, 805-969-5851(h); 805-452-5020 (cell); fax: 969-6613.

October 9. KelField Throws Series Meet #77, Santa Cruz. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 831-458-0300; email: kelfield@aol.com.

October 11-23. Huntsman Senior Games, St. George, Utah. Kathie Thayne or Nancy Colarossi, 435-674-0550, 800-562-1268.

October 17. Sri Chinmoy Masters Meet, Cal State Long Beach. 40+. Bigalita Egger, 6199 Canterbury Dr., #202, Culver City, CA 90230. 310-645-0271.

October 23. Roger's Pole Vault Competition, San Ramon HS, Daville, Calif. USATF card required. 707-645-8555; fax: 645-0550; email: prsport@aol.com.

November 1-19. Southland Senior Olympics, Long Beach/Anaheim/Cerritos/Downey, Calif. 50+. Registration deadline Oct. 8. 562-570-3537.

November 20. Bruce's Pole Vault Party, Vacaville, Calif. Y/O/M (m&w). USATF Regist. Req. 770-645-8555; fax: 645-0550; email: prsport1@aol.com.

November 20-29. Hawaii Senior Olympics, Honolulu. Mark Zeug, 808-732-8805; email: zeug@lava.net.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

September 8-12. Idaho Senior Games, Boise. Karin Hoffer-Boles, 800-859-0324; email: aaa3@cyberhighway.net.

INTERNATIONAL

November 20-23. Japan International Masters Championships, Kumamoto. 1-1 Tetorihoncho, Kumamoto City, 860-8601,

ON TAP FOR SEPTEMBER

TRACK AND FIELD

Seattle again hosts the USATF Masters Weight & Superweight Championships on the 18th. Before that, the Potomac Valley TC Games, Alexandria, Va., and the Rocky Mountain Masters Games, Boulder, Colo., are scheduled for the 4th-5th. The Norm Bower Memorial Weight Pentathlon on the 11th should draw a good crowd to Kent, Ohio. Senior Games/Olympics Meets are all over the map, from the Maine Senior Games in Portland, to San Diego's Senior Festival/Chuck McMahon Memorial Meet.

LONG DISTANCE RUNNING

The Riverfest Run By The River 5K, Clarksville, Tenn., is an Indy Life Circuit event. Sylvania, Ohio, will keep the lights on for the USATF Masters 24-Hour Championships on the 18th-19th. Labor Day races include the New Haven 20K, Conn., and the U.S. 10K Classic, Cobb, Ga. Midwest runners can opt for the Eriesistible Marathon, Erie, Pa., or the Chicago Half-Marathon on the 12th. Long Islanders head for the Great Cow Harbor 10K in Northport on the 18th. On the 19th, Providence, R.I., is the setting for the Harvard Pilgrim 5K, and Eugene, Ore., stages the Eugene Celebration Runs. The weekend of the 25th-26th finds the Fifth Avenue Mile, NYC, and the Virginia 10 Mile & 4 Mile, Lynchburg, on Saturday, and the Long Island Ocean To Sound Relay, Pittsburgh Great Race 10K & 5K, and Duke City Marathon, Albuquerque, on Sunday.

RACEWALKING

Two USATF Masters Championships are available - the 40K, Ft. Monmouth, N.J., on the 19th, and the 5K, Kingsport, Tenn., on the 25th. □

Japan. Fax: 096-328-2959.

December 11-12. RAVA Cup Match - Belarus, Ukraine, Russia, and other countries. Minsk, Russia. Vadim Marshev, 14-6 Pervomaiskaya St., Himki, Moscow Region, 141400, Russia. 7 095-535-3308; fax: 7-095-573-4150.

January 16-23. 10th WAVA Oceania Championships, Norfolk Island. Oceania 2000, PO Box 158, Norfolk Island 2899, South Pacific. Fax: +6723-23106. Email: games@worldtraders.nf

August 17-20, 2000. NCCWAVA Regional Championships/Canadian National Masters Championships, Kamloops, B.C. M40+, W35+. Masters Athletics 2000, c/o

Continued on next page

Continued from previous page
Kamloops Parks & Rec., 6 Seymour St. West, Kamloops, BC V2C 1E1. 250-374-0101; 851-1964; email: masters2000@kamloops.com; Website: www.masters2000.kamloops.com.

September 15-October 1, 2000. Olympic Games, Sydney, Australia. Cartan Tours, 1334 Parkview Ave., #210, Manhattan Beach, CA 90266. 800-818-1998; fax: 310-546-8433. www.cartan.com.

July 5-15, 2001. 14th WAVA World Veterans Championships, Brisbane, Australia. M40+, W35+. David Lloyd, WVAC, PO Box 7889, Waterfront Place, Brisbane, Queensland 4001, Australia. Phone: 61 7 3222 1000. Fax: 61 7 3221 1684. Email: wavainfo@qldevents.com.au. Website: www.worldvac2001.com.au.

LONG DISTANCE RUNNING

NATIONAL

September 5, 12, 19, 25. Reebok 5K National Challenge. Denver, 5th; Boston, 12th; Chicago, New Jersey, Los Angeles, 19th; Dallas, 25th. 610-967-7797.

September 11. Riverfest Run By The River 5K/Indy Life Circuit Race, Clarksville, Tenn. Joe Huber, Events & More, PO Box 3899, Clarksville, TN 37043. 615-647-3855.

September 17. 3rd annual RRCA National Run To Work Day. RRCA, 1150 S. Washington St., Suite 250, Alexandria, VA 22314. 703-836-0558; email: office@rrca.org; web: http://www.rrca.org

September 18-19. USATF National Masters 24-Hour Championships, Sylvania, Ohio. 973-898-1261.

October 3. USATF National Masters Championships/Twin Cities Marathon/Indy Life Circuit Race (1.5 x points), Minneapolis/St. Paul, Minn. Theresa Wynne, 708 N. First St., #CR-33, Minneapolis, MN 55401. 612-673-0778.

October 17. USATF National Masters 8K Cross-Country Championships, Louisville, Ky. Bob Ullrich, 1879 Douglass Rd., Louisville, KY 40205. 502-459-6820.

October 30. Tulsa Run 15K/Indy Life Circuit Race, Tulsa, Okla. Jack Wing, PO Box 1319, Tulsa, OK 74101-1319. 918-587-8786. Entry deadline June 19.

October 31. Avon Running National 10K Championships, Cincinnati. 212-282-5350; email: avonrunning@avon.com.

November 21. USATF National Masters 5K Cross-Country Championships, Holmdel, N.J. USATF-NJ, PO Box 10120, New Brunswick, NJ 08906. 732-296-0006.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

September 6. New Haven 20K, New Haven, Conn. John Bysiewicz, 203-481-5933; email: jbsports@javanet.com.

September 9. American Heart Association Wall Street 5K, Manhattan, N.Y. 6:30 pm. 212-860-4455.

September 11. Goodloe Byron Memorial Run, Mt. Saint Mary's College, Emmitsburg, Md. 301-473-7868.

September 11. Old Chatham Hunt Country 5K/RRCA NY State Champion-

ships, Old Chatham, Columbia County, N.Y. Mark French, 518-392-5483; Mark@oldchatham5K.com.

September 12. Eriesistible Marathon, Erie, Pa. Rick Godzwa, PO Box 8311, Erie, PA 16505. 814-456-0621; fax: 459-8381.

September 12. Brewery Exchange 5K/USATF NE Championships, Lowell, Mass. 617-566-7600; email: usatfne@ix.netcom.com.

September 18. The Great Cow Harbor 10K, Northport, N.Y. SASE to GCH 10K, Inc., PO Box 41, Northport, NY 11768.

September 19. Harvard Pilgrim 5K, Providence, R.I. HP 5K, PO Box 1940, East Greenwich, RI 02818. 401-331-4034, x43365; fax: 294-9925.

September 19. Dutchess County Marathon, Fishkill, N.Y. Irvin Miller, 11 Manor Dr., Poughkeepsie, NY 12603. 914-471-0777.

September 19. Philadelphia Distance Run Half-Marathon & 5K. 610-526-9188.

September 25. Fifth Avenue Mile, NYC. NYRRRC, 9 E. 89th St., NY, NY 10128. 212-860-4455; fax: 860-9754.

September 26. Falling Leaves 5K/RRCA Championships, Utica, N.Y. Jim Stasaitis, 315-797-4949 (weekdays).

September 26. Ocean To Sound 50 Mile Relay, Jones Beach State Park, Wantagh, N.Y. 8 runners - 5-7 miles each. Alan End, Greater LIRC, 101-24 Dupont St., Plainview, NY 11803. 516-349-7649.

September 26. Richard S. Caliguiri Great Race 10K & 5K, Pittsburgh, Pa. 412-255-2493.

September 26. Rockland Half-Marathon/RRCA State Championships, Orangeburg, N.Y. Tappan Zee Sports Booster Club, PO Box 249, Orangeburg, NY 10962. Shelly Morgan, race coordinator, 914-359-5425.

September 26. National Capital 5/20 Miler, Alexandria, Va. 703-241-0395.

September 26. Fallon 5, Worcester, Mass. 508-852-0600.

October 1-2. Reach The Beach 200 Mile Relay, Lincoln to Hampton, N.H. RTB Relay, 32 Chester Ave., Waltham, MA 02453. 508-881-4505.

October 2. New Hampshire Marathon, Bristol. Fred MacLean, PO Box 6, Bristol, NH 03222. 603-744-2649.

October 3. Wineglass Marathon, Corning, N.Y. WM, PO Box 117, Corning, NY 14830. 800-3352, x65; email: Bill Tay@aol.com.

October 3. Ro-Jacks 8K/USATF NE Championships, Attleboro, Mass. 617-566-7600; email: usatfne@ix.netcom.com.

October 9. Greater Hartford Marathon, Half-Marathon, & 5K. GHM, 119 Hebron Ave., Glastonbury, CT 06033. 860-652-8866; fax: 652-8145.

October 10. Army 10 Miler, Washington, D.C. SASE to Army 10 Miler, 103 Third Ave., Bldg. 48, Ft. McNair, DC 20319.

October 11. Tufts 10K for Women/USATF Open Championship, Boston, Mass. 888-767-RACE.

October 16. Oyster Festival 5K, Roosevelt Memorial Park, Oyster Bay, N.Y. Mike Polansky, Greater LIRC, 101-24 Dupont St., Plainview, NY 11803. 516-349-7646.

October 16. Avon RRCA Women's 5K Series, Mt. Lebanon, Pa. RRCA 5K, 348 Morris St., Clymer, PA 15728. John Harwick, 724-254-2369.

October 17. Mohawk Hudson River Marathon/USATF Adirondack Champ-

ionships, Schenectady-Albany, N.Y. MHRM, PO Box 4146, Albany, NY 12204. 518-435-4500.

October 17. NYRRRC Staten Island Half-Marathon, NYC. NYRRRC, 9 E. 89th St., NY, NY 10128. 212-860-4455; fax: 860-9754.

October 17. Bay State Marathon, Half-Marathon, and Merrimack River 5K, Lowell, Mass. SASE to BayState, 26 Groton St., Pepperell, MA 01463. Email: BayState@empire.net.

October 24. Marine Corps Marathon, Washington, D.C. MCM, PO Box 188, Quantico, VA 22134. 800-RUN-USMC; fax: 703-784-2265; email: marathon@quantico.usmc.mil

October 30. Seaside 10 Mile & 5K, Ocean City, Md. Ocean City Special Events: 410-250-0125.

October 31. Cape Cod Marathon/USATF NE Marathon Championships & Marathon Relay, Falmouth, Mass. SASE to CCM, Box 699, West Falmouth, MA 02574. 508-540-6959; email: marathon@cape.com.

October 31. Sweetwood Halloween Scamper 5K Cross-Country, Williamstown, Mass. 11:30 am. M&W50+ only. Matteson Associates, 359 Main St., Bennington, VT 05201-2173. 802-447-2566.

November 7. New York City Marathon. NYRRRC, 9 E. 89th St., New York, NY 10128. 212-860-4455; www.nyrrc.org.

November 7. Zoo Run For Wildlife 10K, Philadelphia, PA. Allison Walker, The Philadelphia Zoo, 3400 W. Girard Ave., Philadelphia, PA 19104. 215-243-4375.

November 14. Ocean State Marathon, Warwick to Providence, R.I. SASE to

OSM, 5 Division St., East Greenwich, RI 02818. 401-885-4499; fax: 885-3188.

November 14. USATF New England Cross-Country Championships, Boston, Mass. USATF NE, PO Box 1905, Brookline, MA 02446-0016. 617-566-7600; email: usatfne@ix.netcom.com.

November 21. Philadelphia Marathon, Pa. 215-685-0054.

November 27. NYRRRC Knickerbocker 60K, Central Park. NYRRRC, 9 E. 89th St., NY, NY 10128. 212-860-4455; fax: 860-9754.

November 28. NYRRRC Pete McCordle Cross-Country Classic 15K, Central Park. See Nov. 27.

December 12. Joe Kleinerman 10K, Central Park. NYRRRC, 9 E. 89th St., NY NY 10128. 212-860-4455; fax: 860-9754.

December 19. Ho Ho Ho Holiday 5K, Bethpage, N.Y. 516-349-7646.

December 31. Asics/Runner's World Midnight 5 Mile, Central Park. See Dec. 12.

SOUTHEAST

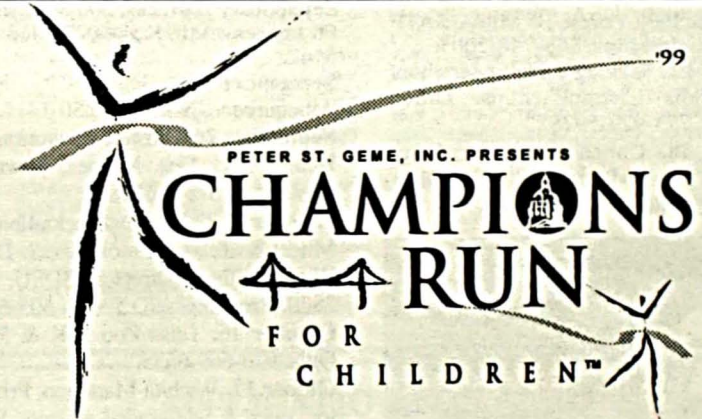
Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

September 6. U.S. 10K Classic, Cobb, Ga. 770-431-0100.

September 11. Hampton Bay Days 5K, Hampton, Va. 757-838-7127; Peninsula TC Hotline: 757-868-3975.

September 25. Virginia Ten & Four Miler, Lynchburg. Sports Capital of Va., c/o Chris Ellis, P.O. Box 2027, Lynchburg, VA 24501. 800-732-5821.

Continued on next page



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Continued from previous page

October 9. Phoebus Days 8K, Hampton, Va. 757-766-3323; Peninsula TC Hotline: 757-868-3975.

October 16. Southtrust Running Festival 10 Mile & 5K, St. Petersburg, Fla. PO Box 66252, St. Pete Beach, FL 33736. 727-363-7866; fax: 360-9710; email: run_florida@msn.com.

October 17. Atlantic City Marathon, Atlantic City, N.J. 609-601-1786.

November 13. Richmond Marathon & 5 Miler, Richmond, Va, 804-673-RACE.

November 25. Atlanta Marathon & Half-Marathon. Atlanta TC, 3097 E. Shadowlawn Ave., Atlanta, GA 30305. 404-231-9064.

November 25. Outback Distance Classic Half-Marathon & 5K, Jacksonville. Jacksonville Classic, 3853 Baymeadows Rd., Jacksonville, FL 32217. Hotline: 904-739-1917.

December 5. First Tennessee Memphis Marathon. FTM, PO Box 84, MO-8, Memphis, TN 38101. 800-893-RACE.

December 11. Rocket City Marathon, Huntsville, Ala. Huntsville, TC, 1001 Opp Reynolds Rd., Toney, AL 35773-7443.

December 18. Jacksonville Marathon, Half-Marathon, & 5K. JM, 3853 Baymeadows Rd., Jacksonville, FL 32217. 904-739-1917; fax: 904-731-3187.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

September 4. Charleston 15 Mile & 5K. Charleston Distance Run, PO Box 2749, Charleston, WV 25330. 304-348-6464.

September 6. Park Forest 10 Mile/USATF Illinois Championships. 708-748-2005.

September 12. Chicago Half-Marathon/USATF Illinois Championships. Dillon Productions, 773-929-5978.

September 18. United States Air Force Marathon, Wright-Patterson AFB, Ohio. 937-257-4350; 800-467-1823.



GEORGE BANKER

Carla Pastore, 44, second W40+ (41:08), Avon Running 10K, Baltimore, Md., June 13.

September 26. Fox Cities Marathon, Appleton, Wisc. 920-830-7259.

September 26. Over The Hill Cross-Country Meet, University School, Pepper Pike, Ohio. Jeff Gerson, 5091 Hickory Dr., Lyndhurst, OH 44124. 440-473-0636.

October 2. Bowling Green 10K, Bowling, Ky. Rick Kelley, 502-782-3660.

October 10. Frank Lloyd Wright 5K/USATF Illinois Championships. Greg Evans, 708-383-0002.

October 17. Detroit Marathon, Detroit, Mich. DM, James Minella, Book Tower, 1249 Washington Blvd., Ste. 2700, Detroit, MI 48226. 313-393-7749.

October 24. Chicago Marathon/USATF Illinois Championships. CM, PO Box 5709, Chicago, IL 60680. 312-243-0003; 888-243-3344.

November 6-7. Vulcan Run 5K, 10K, Marathon, & Half-Marathon, Birmingham, Ala. www.vulcanrun.com.

November 7. Columbus Marathon. Joan Riegel, PO Box 26806, Columbus, OH 43226. 614-433-0395.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

September 6. Heart Of America Marathon, Columbia, Mo. SASE to Joe Duncan, 2980 Maple Bluff Dr., Columbia, MO 65203. 314-445-2684.

September 11. Dick Beardsley Half-Marathon & 5K, Detroit Lakes, Minn. 800-542-3992.

September 18. The Great Escape Run, 10K, Ft. Leavenworth, Kans. Capt. Eric Barres or Sgt. 1st Class Ronnie Hamlin, U.S. Disciplinary Barracks, 300 McPherson Ave., Ft. Leavenworth, KS 66027-1363. 919-684-5542.

September 26. Duke City Marathon, Albuquerque, N.M. 505-880-1414.

September 26. Prostate Awareness Trot For Health 5K, Des Moines, Iowa. Mieka Rustand, 515-241-6838.

October 2. 37th annual Jackrabbit 15 (15.2 Miles) & Relays, Brookings, S. Dak. Chad Witt, Wellness Director, SDSU, PO Box 2820, Brookings, SD 57007. 605-688-5386.

October 16. Tulsa Zoo 10K & 5K, Tulsa, Okla. 918-669-6635.

October 17. Wichita Marathon. Prize money for open & age-graded masters. WM, Box 782050 Wichita, KS 67278.

October 17. St. Louis Marathon. SLTR, 2385 Hampton Ave., St. Louis, MO 63139. 314-781-3926.

October 17. Omaha Marathon. Peak Performance, 519 N. 78th, Omaha, NE 68114. 402-398-9807.

October 23. 4th annual Hobo Day 5K, Brookings, S. Dak. Steve Britzman, 319 5th Ave., Brookings, SD 57006. 605-697-9058.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

November 7. San Antonio Marathon. Marathon, 1123 Navarro, San Antonio, TX 78205. Entry forms: 210-246-9652.

January 16. Houston Marathon. HM, N. Post Oak Rd., Suite 335, Houston, TX 77024. 713-957-3453.

WEST

Arizona, California, Hawaii, Nevada

September 2. Sunset In The Park 2.8 Mile & 4.8 Mile Cross-Country Race, Huntington

Beach. 6 pm. SASE to Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714-841-5417.

September 12. 17th annual Cross City Race 10K Run, 10K Wheelchair, 2-Mile Run & Walk, 2-Mile Wheelchair. Masters prize money. 559-650-3220. On-line form and registration: www.fresnofair.com.

September 25. Health Expo For Girls At Risk 5K Run/Walk, Rose Bowl, Pasadena, Calif. Reiko Duba, 411 W. Sugar Loaf Dr., Palmdale, CA 93551. 661-265-6593; email: W2Promo@aol.com.

September 26. Race For The Cure 5K, Newport Beach, Calif. Kinane Events, 2987 Highland Dr., Carlsbad, CA 92008. 760-729-6869; fax: 434-7706.

October 3. Sacramento Marathon, Sacramento, Calif. SM, PO Box 995, Dixon, CA 95620. 707-678-5005.

October 9. South Gate Scholarship 5K & 10K, South Gate, Calif. SASE to Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714-841-5417.

October 10. Lake Tahoe Marathon, Half-Marathon, 10K, & 5K, Lake Tahoe, Calif. 530-544-7095.

October 16. Big Sur Trail Marathon, Big Sur, Calif. BSTM, Enviro-Sports, PO Box 1040, Stinson Beach, CA 94970. 415-868-1829.

October 17. Humboldt Redwoods Marathon, Weott, Calif. HRM, PO Box 4989, Arcata, CA 95518. 707-443-2553.

October 17. Race For The Cure 5K, Temecula, Calif. Kinane Events, 2987 Highland Dr., Carlsbad, CA 92008. 760-729-6869; fax: 434-7706.

October 23. Balboa 5K Run For The Arts, Newport, Calif. SASE to Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714-841-5417.

October 24. Champions Run For Children Mile, San Francisco, Calif. \$3600 masters money. RhodyCo. Productions, 415-759-2690; email: runrhody2.

October 29-31. Silicon Valley Marathon & Y2K Kinetic Festival, San Jose, Calif. 831-477-0965.

November 6. Walk, Run, Roll, & Remember 5K & 10K, Seal Beach, Calif. SASE to Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714-841-5417.

November 7. Santa Clarita Marathon and Half-Marathon, Santa Clarita, Calif. 888-823-3455.

November 13. Helen Klein 50 Mile, Sacramento, Calif. Greg Soderlund, 916-929-7858.

November 14. Race For The Cure 5K, Pasadena, Calif. 818-975-6006.

November 20. Jet To Jetty 5K/10K & 5K Walk, Playa del Rey, Calif. 310-670-1410.

November 28. Run To The Far Side XV, San Francisco, Calif. 415-759-2690.

NORTHWEST

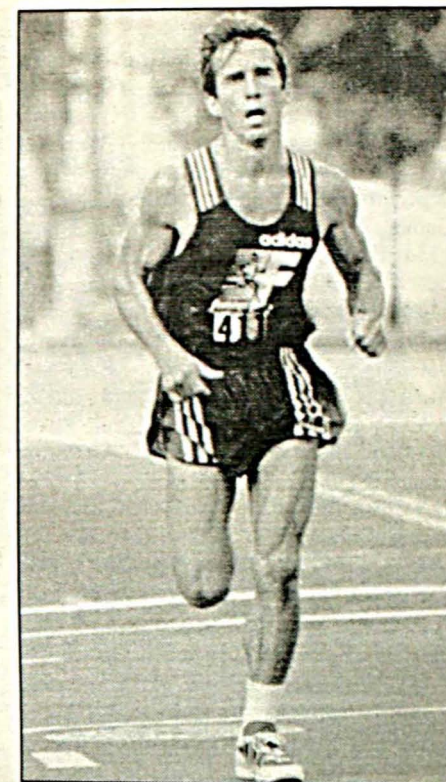
Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

September 18. Churchill Challenge 5K Cross-Country, Laurelwood Golf Course, Eugene, Churchill 5K CC, 1850 Bailey Hill Rd., Eugene, OR 97405. 541-344-9741.

September 19. Eugene Celebration 20K, 10K, & 2K. Dave McJunkin, 132 E. Broadway, Suite 103, Eugene, OR 97401. 541-681-4108; fax: 541-681-4113.

October 2. St. George Marathon. Leisure Services, 86 S. Main St., St. George, UT 84770. 435-634-5850.

October 3. Portland Marathon, Portland,



GEORGE BANKER

Chuck Moeser, 47, first M40+ (16:06), Tommy's American 5K, Washington, D.C., July 3.

Ore. SASE to PM, PO Box 4040, Beaverton OR 97076. 503-226-1111.

November 28. Seattle Marathon, Wash. 404-231-9065.

INTERNATIONAL

May 13-14. 5th WAVA World Veterans Long Distance Running Championships, Valladolid, Spain (10K, half-marathon, road walk). Men 40+, women 35+. Campeonatos Mundiales Valladolid 2000. c/o Juan Mambriola, 11 Bajo, C.P. 47003, Valladolid, Spain. Phone: 987-376130. Fax: 983-306596. E-mail: atl.pop@jet.es. Website: http://web.jet.es/atl.pop.

RACEWALKING

September 11. Chicago Walkers/Illinois State Championships. Diane Graham-Henry, 773-327-4493.

September 18. Chuck McMahan Memorial Meet, ARCO Olympic Center, Chula Vista (south of San Diego), Calif. M&W40+. 1500, 3000, 5000 racewalks starting at 7:00 am. See T&F above.

September 19. USATF National Masters 40K RW Championships, Ft. Monmouth, N.J. Elliott Denman, 28 N. Locust Ave., West Long Branch, NJ 07764. 732-222-9080.

September 25. USATF National Masters 5K RW Championships, Kingsport, Tenn. Bobby Baker, 318 Twin Hill Dr., Kingsport, TN 37660. 423-349-6406.

October 3. USATF National Masters One Hour RW Championships, Worcester, Mass. Justin Kuo, 39 Oakland Rd., Brookline, MA 02445. 617-566-7600.

October 9. South Florida 1-Hour Postal Walk, Plantation City Central Park. FAC Walkers, Kay Cella, 954-572-4392.

October 23. Bob Fine International 5K, Tradewinds Park, Coconut Creek, Fla. FAC Walkers, Rosie Sidelko, 954-349-1984.

October 30. Annual Jack Blackburn Walks (Ohio 50K & 100K Championships). Vince Peters, 937-767-7424.

November 13. USATF National Masters Men's 10K RW Championships, Ft. Lauderdale, Fla. John Fredericks, 10825 Mystic Circle, #303, Orlando, FL 32836. 407-238-9688.

RECIPIENTS OF ALL-AMERICAN AWARDS

Table listing award recipients for categories M35-39, M40-44, and M45-49, including names, ages, and times.

Table listing award recipients for categories M50-54, M55-59, and M60-64, including names, ages, and times.

Table listing award recipients for categories M65-69, M70-74, and W35-39, including names, ages, and times.

Table listing award recipients for categories W50-54, W55-59, W65-69, and W70-74, including names, ages, and times.

U.S. MASTERS ALL-AMERICAN STANDARDS FOR MEN

Large table of U.S. Masters All-American Standards for men, listing various events and their standards across different age groups.

U.S. MASTERS ALL-AMERICAN STANDARDS FOR WOMEN

Large table of U.S. Masters All-American Standards for women, listing various events and their standards across different age groups.

Notes: 1) 100 standards are for automatic time; use standard conversion for hand time. 2) Short hurdles: 30-49: 33"; 50-59: 36"; 60-69: 33"; 70+: 30"...

U.S. MASTERS ALL-AMERICAN STANDARDS OF EXCELLENCE FOR RACEWALKERS

Table of U.S. Masters All-American Standards of Excellence for racewalkers, listing standards for men and women across various distances.

APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH

Form for application for an All-American Certificate/Patch, including fields for Name, Age-Group, Address, Sex, City, State, ZIP, Meet, Date of Meet, Meet Site, Event, Mark, Hurdle Height, and Weight of Implement.

1. If you have equaled or bettered the standard of excellence, please fill out this application, completely. 2. A copy of your results or a note stating in which issue your results appeared MUST accompany this application.

13th WAVA World Veterans Championships - Gateshead, England - July 29-Aug. 8, 1999

- 100 -

M40 -100m-			
1 Bruno Dupuy	40 FRA	11.38	90.7%
2 Kevin Burgess	42 GBR	11.38	92.0%
3 Michel Salvat	40 FRA	11.38	90.7%
4 Eric Smart	43 GBR	11.40	92.4%
5 Val Barnwell	41 USA	11.53	90.2%
6 Hermann Mager	42 GER	11.70	89.4%
7 Michael Williams	42 GBR	11.71	89.4%
8 Martin Leyland	42 GBR	11.79	88.8%
M45 -100m-			
1 William Collins	48 USA	11.27	96.7%
2 Stephen Peters	46 GBR	11.30	95.1%
3 Walwyn Franklyn	46 GBR	11.58	92.8%
4 Kerry Smith	45 CAN	11.67	91.5%
5 Edward Gonera	47 USA	11.68	92.6%
6 Johannes Heling	45 GER	11.81	90.4%
7 Robert Bowen	47 USA	11.93	90.7%
8 John Browne	46 GBR	12.15	88.4%
M50 -100m-			
1 Charles Allie	51 USA	11.85	93.7%
2 Manfred Koch	51 GER	11.94	93.0%
3 David Walter	54 USA	12.15	93.3%
4 Peter Crombie	54 AUS	12.20	92.9%
5 Glyn Sutton	54 GBR	12.22	92.8%
6 Roger Peyskens	52 BEL	12.32	90.8%
7 Robert Fraser	51 GBR	12.51	88.8%
8 Robert Salter	50 GBR	12.51	88.2%
M55 -100m-			
1 Courtland Gray	55 USA	12.30	92.7%
2 Harold Morioka	56 CAN	12.43	92.4%
3 Derek Brown	55 USA	12.44	91.7%
4 Gerold Schmitt	58 GER	12.49	93.2%
5 Ian Foster	55 GBR	12.50	91.2%
6 James Lee	56 USA	12.56	91.4%
7 Jorma Manninen	57 FIN	12.67	91.3%
M60 -100m-			
1 Jurgen Radke	62 GER	12.32	97.2%
2 Rolf Temme	60 GER	12.42	95.0%
3 Reginald Austin	62 AUS	12.44	96.3%
4 John Cooper	60 AUS	12.51	94.4%
5 Harold Tolson	61 USA	12.54	94.9%
6 Walter Hunter	60 GBR	12.72	92.8%
7 Hans Juergen Gasper	63 GER	12.92	93.5%
8 Imre Babos	60 HUN	14.27	82.7%
M65 -100m-			
1 Lawrence Richards	65 USA	12.97	94.6%
2 Rudolf Boeckl	65 GER	13.31	92.1%
3 Charles Williams	68 GBR	13.32	94.5%
4 Wolfgang Reuter	69 GER	13.46	94.4%
5 Harry Brown	69 USA	13.66	93.0%
6 Heinz Schmid	66 GER	13.67	90.4%
7 Friedric Ingenrieth	65 GER	13.87	88.4%
8 Tamahiko Shindo	67 JPN	13.99	89.2%
M70 -100m-			
1 Allan Meddings	71 GBR	13.48	96.1%
2 William Melville	72 USA	13.93	93.9%
3 Wilford Scott	72 USA	14.23	91.9%
4 Wilhelm Selzer	72 GER	14.37	91.0%
5 Calvin Mitchell	70 CAN	14.42	88.9%
6 Malcolm Pirie	70 AUS	14.56	88.1%
7 Hans Hoffmann	73 GER	14.63	90.4%
8 Henry Rolfe	70 AUS	15.09	85.0%
M75 -100m-			
1 Melvin Larsen	75 USA	14.13	95.6%
2 Hugo Delgado Florez	75 PER	14.25	94.8%
3 John O'Neill	75 CAN	14.39	93.8%
4 Lucas Nel	76 RSA	14.52	94.2%
5 Kurt Schumacher	75 GER	14.59	92.6%
6 Gerhard Herbst	75 GER	14.85	90.9%
7 Frederick O'Connor	75 AUS	15.25	88.5%
M80 -100m-			
1 Roderick Parker	80 USA	15.18	94.6%
2 Ugo Sansonetti	80 ITA	15.56	92.2%
3 William Weinacht	82 USA	15.77	93.6%
4 Fritz Muhle	82 GER	17.03	86.7%
5 Aate Lehtimaki	80 FIN	17.54	81.8%
6 Alfred Dassanaik	81 SRI	18.12	80.4%
M85 -100m-			
1 Vittorio Colo'	87 ITA	18.15	87.8%
2 Torger Brandvold	85 NOR	18.33	84.1%
3 Friedric Mahlo	87 GER	18.79	84.8%
4 Mois Zamorano Labbe	87 CHI	18.88	84.4%
5 John Wright	87 AUS	20.46	77.9%
6 Albert Morrow	86 USA	21.32	73.5%
7 Robert Boal	87 USA	22.74	70.1%
8 Eskil Bergqvist	88 SWE	23.86	67.1%
M90 -100m-			
1 Karl Trei	90 CAN	24.24	69.3%
2 Kumazo Kashiwada	92 JPN	30.42	57.4%
M35 -100m-			
1 Resi Marz	37 FRA	12.62	88.1%
2 Julie Money	35 GBR	12.65	86.5%
3 Julie Money	35 GBR	12.65	86.5%
4 Jutta Stopka	36 GER	12.85	85.9%
5 Wendy Stone	39 GBR	13.06	86.4%
6 Lesley Hopkins	38 GBR	13.44	83.3%
7 Angelika Grissmer	37 GER	13.50	82.3%
8 Liane Seifert	37 GER	13.55	82.0%
M40 -100m-			
1 Anke Moritz	40 GER	12.58	90.4%
2 Jocelyn Harwood	41 GBR	12.85	89.1%
3 Tilly Verhoef	43 NED	12.88	90.3%
4 Silke Heitmann	41 GER	13.24	86.5%
5 Betsey Lord	43 CAN	13.37	86.9%
6 Sonja Oost	42 NED	13.45	85.8%
7 Gabi Horwedel	42 GER	13.48	85.6%
8 Loles Vives	41 ESP	13.71	83.5%
M45 -100m-			
1 Dagmar Fuhrmann	45 GER	13.01	90.8%
2 Helen Godsell	45 GBR	13.03	90.7%
3 Inge Dech	45 GER	13.10	90.2%
4 Janet Lawson	46 GBR	13.17	90.4%
5 Lynne Choate	46 AUS	13.33	89.3%
6 Karen Adams	47 AUS	13.49	88.9%
7 Anita DE Villiers	47 RSA	13.66	87.8%

M50 -100m-			
1 Vivien Bonner	50 GBR	13.24	92.7%
2 Maureen Lewington	52 GBR	13.37	93.2%
3 Valerie Parsons	53 GBR	13.52	92.9%
4 Ingrid Meier	52 GER	13.55	92.0%
5 Christine Pfeiffer	50 SUI	13.66	89.9%
6 Brigitte Schommler	50 GER	14.11	87.0%
7 Anita Poletti	52 GBR	14.13	88.2%
8 Margaret Nuttall	52 RSA	14.24	87.5%
M55 -100m-			
1 Kathleen Jager	56 USA	13.55	94.9%
2 Brunhilde Hoffman	59 GER	14.02	93.9%
3 Marianne Maier	56 AUT	14.03	91.6%
4 Esther Linaker	58 GBR	14.24	91.7%
5 Kemisole Solwazi	59 USA	14.45	91.1%
6 Chris Waring	55 NZL	14.60	87.4%
7 Noreen Parrish	57 AUS	14.66	88.4%
8 Gerda Seibert	56 GER	15.23	84.4%
M60 -100m-			
1 Elfriede Hofman	61 GER	14.49	92.4%
2 Gerti Reichert	60 GER	14.59	91.0%
3 Christ Schmalbrucht	62 GER	14.70	91.9%
4 Diana Cooper	60 AUS	15.23	87.2%
5 Barbara Colwell	61 GBR	15.25	87.8%
6 Annette Horsnell	61 AUS	15.31	87.5%
7 Gema Gleit Mosqueira	60 ARG	15.47	85.8%
8 Corrie Roovers	64 NED	15.60	88.2%
M65 -100m-			
1 Irene Obera	65 USA	14.29	97.2%
2 Margaret Peters	65 NZL	14.94	92.9%
3 Hildegund Buerkle	65 GER	15.70	88.4%
4 Audrey Lary	65 USA	15.79	87.9%
5 Lea Vilpas	65 FIN	16.25	85.4%
6 Rosemarie Kreiskott	68 GER	16.28	87.9%
7 Eileen Kear	65 GBR	16.31	85.1%
8 Rosemary Chrimes	66 GBR	16.41	85.5%
M70 -100m-			
1 Ann Cooper	70 AUS	15.78	92.7%
2 Juna Raspaldo	72 PUR	16.64	90.0%
3 Patricia Peterson	73 USA	16.98	89.2%
4 Ingrid Lorenz	74 GER	17.45	87.9%
5 Sum Onodera-Leonard	71 USA	17.57	84.2%
6 Johnnye Valien	74 USA	18.37	83.5%
7 Carolina Molinari	70 ARG	18.99	77.8%
8 Susie Barnes	71 USA	19.00	77.0%
M75 -100m-			
1 Paula Schneiderhan	77 GER	16.51	97.8%
2 Mitsui Morita	76 JPN	17.82	88.4%
3 Garry Holland	78 SWE	18.80	85.7%
4 Gunn Svansson	78 GBR	19.88	81.5%
5 Mary Wkxy	78 USA	20.69	78.4%
6 Diane Friedman	77 GER	21.46	74.5%
7 Helga Lange	77 GER	21.46	74.5%
M80 -100m-			
1 Olga Kotelko	80 CAN	21.49	77.6%
2 Annie Fleming	80 CAN	21.59	77.2%
3 Rosaline Sole	83 NZL	25.84	67.8%
4 Theodora Pringos	82 USA	28.88	59.6%
M85 -100m-			
1 Nora Wedemo	86 SWE	21.98	84.0%
2 Isobel Cunningham	85 CAN	24.41	74.2%
M40 -200m-			
1 Bruno Dupuy	40 FRA	22.28	93.2%
2 Eric Smart	43 GBR	22.63	93.7%
3 Michael Williams	42 GBR	22.86	92.2%
4 David Elderfield	43 GBR	22.95	92.4%
5 Kevin Burgess	42 GBR	22.96	91.8%
6 Martin Leyland	42 GBR	23.40	90.0%
7 Peter Hickey	42 GBR	23.64	89.1%
M45 -200m-			
1 Stephen Peters	46 GBR	22.21	97.6%
2 Kerry Smith	45 CAN	23.01	93.5%
3 Joseph Caines	47 GBR	23.08	94.6%
4 Viv Oliver	47 GBR	23.09	94.5%
5 Aladair Ross	47 GBR	23.32	93.6%
6 Walwyn Franklyn	46 GBR	23.37	92.7%
7 Johannes Heling	45 GER	23.71	90.8%
M50 -200m-			
1 David Walter	54 USA	23.93	95.9%
2 Charles Allie	51 USA	23.94	93.8%
3 Peter Crombie	54 AUS	24.48	93.7%
4 Robert Fraser	51 GBR	24.66	91.1%
5 Charles Cilla	53 FRA	24.73	92.1%
6 Hans Van Bavel	50 AUS	24.74	90.1%
7 Roger Peyskens	52 BEL	24.74	91.4%
8 Daniel Debonnaire	51 FRA	25.05	89.7%
M55 -200m-			
1 John Henson	57 GBR	24.48	95.7%
2 Harold Morioka	56 CAN	24.64	94.4%
3 Gerold Roberts	57 USA	24.73	94.8%
4 Edwin Schmitt	58 GER	24.75	95.4%
5 Jorma Manninen	57 FIN	24.95	93.9%
6 Fritz Reichle	57 GER	25.00	93.8%
7 Sepp Bolsinger	57 GER	25.18	93.1%
8 Derek Brown	55 RSA	25.26	91.5%
M60 -200m-			
1 Jurgen Radke	62 GER	24.76	98.3%
2 Harold Tolson	61 USA	25.05	96.4%
3 Reginald Austin	62 AUS	25.21	96.6%
4 John Cooper	60 AUS	25.25	94.9%
5 Guido Mueller	60 GER	25.38	94.4%
6 Lawrence Colbert	62 USA	25.42	95.8%
7 Hans Juergen Gasper	63 GER	25.78	95.3%
8 Rolf Temme	60 GER	25.88	92.6%
M65 -200m-			
1 Lawrence Richards	65 USA	26.25	95.1%
2 Rudolf Boeckl	65 GER	27.29	91.5%
3 Tamahiko Shindo	67 JPN	27.53	92.4%
4 Alan Mellett	65 GBR	27.88	89.6%
5 Harry Brown	69 USA	28.24	91.8%
6 Heinz Schmid	66 GER	28.25	89.2%
7 Tamotsu Uchida	67 JPN	28.42	89.5%
M70 -200m-			
1 Allan Meddings	71 GBR	27.23	97.2%
2 William Melville	72 USA	28.00	95.6%

M75 -200m-			
1 Wilford Scott	72 USA	28.20	95.0%
4 Wilhelm Selzer	72 GER	28.84	92.8%
5 Henry Rolfe	70 AUS	29.18	89.8%
6 Malcolm Pirie	70 AUS	29.50	88.8%
7 Wash Flores Marquez	73 URU	31.29	86.5%
8 Minoru Komazaki	71 JPN	32.48	81.5%
M75 -200m-			
1 Hugo Delgado Florez	75 PER	28.81	96.1%
2 Kurt Schumacher	75 GER	29.30	94.5%
3 Melvin Larsen	75 USA	29.48	94.0%
4 Lucas Nel	76 RSA	29.50	95.1%
5 Gote Lindblad	75 SWE	30.37	91.2%
6 Antonio Chaima	76 ARG	31.15	90.1%
7 Tom Hishon	76 AUS	31.95	87.8%
8 Raymond Bower	75 USA	32.67	84.8%
M80 -200m-			
1 Roderick Parker	80 USA	31.53	93.8%
2 Ugo Sansonetti	80 ITA	31.63	93.5%
3 William Weinacht	82 USA	32.82	92.8%
4 Giuseppe Marabotti	83 ITA	35.26	87.8%
5 Herbert Liedtke	83 SWE	36.11	85.7%
6 Saburo Sato	81 JPN	38.20	78.6%
7 Otto Janicaud	80 GER	40.83	72.4%
8 Otto Ludzuweit	82 GER	42.01	72.5%
M85 -200m-			
1 Friedrich Mahlo	87 GER	37.37	88.5%
2 Vittorio Colo'	87 ITA	37.92	87.2%
3 Mois Zamorano Labbe	87 CHI	42.36	78.1%
4 John Wright	87 AUS	45.52	72.7%
5 Robert Boal	87 USA	49.15	67.3%
6 Eskil Bergqvist	88 SWE	55.61	60.6%
7 Howard West	86 CAN	65.40	49.7%
8 Gerhard Theune	86 GER	76.53	42.4%
M90 -200m-			
1 Alipio Santos	91 POR	54.01	66.1%
M95+ -200m-			
1 R.Waldo McBurney	96 USA	63.08	63.4%
M35 -200m-			
1 Resi Marz	37 FRA	25.75	88.7%
2 Marie-Christ. Marie	37 FRA	25.82	87.0%
3 Martina Kroner	39 GER	26.16	87.3%
4 Brigitte Heidrich	38 GER	26.31	86.0%
5 Wendy Stone	39 GBR	26.34	86.7%
6 Yvonne Joyce	39 GBR	26.40	86.5%
7 Angela Beadnell	39 GBR	26.52	86.1%
8 Angelika Grissmer	37 GER	27.53	81.6%
M40 -200m-			
1 Anke Moritz	40 GER	25.17	91.4%
2 Tilly Verhoef	43 NED	25.84	91.2%
3 Jocelyn Harwood	41 GBR	26.25	88.4%
4 Betsey Lord	43 CAN	27.03	87.2%
5 Dianne MACKENZIE	41 GBR	27.04	85.8%
6 Silke Heitmann	41 GER	27.05	85.8%
7 Sonja Oost	42 NED	27.17	86.0%
8 Nilisa Paris-Millan	42 PUR	27.39	85.4%
M45 -200m-			
1 Dagmar Fuhrmann	45 GER	25.85	92.7%
2 Helen Godsell	45 GBR	26.85	89.3%
3 Inge Dech	45 GER	27.01	88.7%
4 Joylyn Saunders	46 GBR	27.20	88.8%
5 Lynne Choate	46 AUS	27.33	88.4%
6 Irene Thompson	45 USA	27.62	86.8%
7 Karen Adams	47 AUS	27.92	87.2%
8 Veronika Taudien	49 GER	28.28	87.5%
M50 -200m-			
1 Vivien Bonner	50 GBR	26.52	94.1%
2 Maureen Lewington	52 GBR	27.33	92.9%
3 Ingrid Meier	52 GER	27.65	91.8%
4 Valerie Parsons	53 GBR	27.69	92.4%
5 Brigitte Schommler	50 GER	28.26	88.3%
6 Christine Pfeiffer	50 SUI	28.27	88.3%
7 Yvonne Priestman	53 GBR	28.57	89.6%
8 Rhona Trotter	50 CAN	29.66	84.2%
M55 -200m-			
1			

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2 Dagmar Gocht	46 GER	60.44	89.54
3 Bernadette Beaumont	46 FRA	62.27	86.94
4 Irene Thompson	45 USA	63.12	85.04
5 Anita DE Villiers	47 RSA	64.82	84.14
6 Kathryn Heagney	48 AUS	65.20	84.34
7 Diny Klomp	47 NED	66.13	82.54
8 Umbertoina Contini	48 ITA	66.93	82.24
W50 -400m-			
1 Yvonne Priestman	53 GBR	65.26	88.04
2 Kaye Smythe	50 AUS	65.69	85.14
3 Ulla Littenheim	52 SWE	65.75	86.64
4 Rhona Trott	50 CAN	66.54	84.14
5 Marie Druel Bonnant	52 FRA	66.67	85.44
6 Lynda Robson	50 GBR	67.30	83.14
7 Pamela Immelman	50 RSA	67.77	82.54
8 Hazel McDonnell	52 AUS	68.29	83.44
W55 -400m-			
1 Anne Stobaus	58 AUS	65.35	92.24
2 Peggy MacIver	55 AUS	65.52	89.34
3 Kemisole Solwazi	59 USA	67.36	90.44
4 Riet Jonkers	55 NED	68.88	85.04
5 Chris Waring	55 NZL	69.41	84.34
6 Noreen Parrish	57 AUS	70.79	84.34
7 Gerda Seibert	56 GBR	71.39	82.84
W60 -400m-			
1 Jean Hulle	60 GBR	69.11	89.04
2 Jeanne Hoagland	62 USA	71.50	87.94
3 Dorothy Fraser	62 GBR	71.89	87.44
4 Carolyn Cappelletta	63 USA	72.79	87.34
5 Marguer DE Lavergne	60 FRA	73.23	84.04
6 Waltraud Grunefeld	61 GER	77.40	80.34
7 Walburga Kloekers	60 GER	78.01	78.84
W65 -400m-			
1 Irene Obera	65 USA	73.76	88.14
2 Aae Nyland	66 NOR	74.98	87.74
3 Margaret Peters	65 NZL	75.45	86.14
4 Audrey Lary	65 USA	76.83	84.64
5 Veronica Welgemoed	67 RSA	1:20.18	83.04
6 Mar Sandoval Ramirez	67 COL	1:21.36	81.84
7 Noemi Gastaldi	65 ITA	1:27.81	74.04
8 Juana Balbontin	65 CHI	1:39.19	65.54
W70 -400m-			
1 Patricia Peterson	73 USA	1:24.50	85.44
2 Sum Onodera-Leonard	71 USA	1:28.85	78.94
3 Berthilia DE Preter	70 BEL	1:31.96	75.24
4 Marcia Petley	70 NZL	1:32.56	74.74
5 Helene Glet	70 FRA	1:34.33	73.34
6 Nancy Smalley	72 USA	1:37.39	73.04
W75 -400m-			
1 Paula Schneiderhan	77 GER	1:28.42	86.94
2 Mary Holland	75 USA	1:34.61	78.64
3 Mar Suarez DE Bemal	75 COL	1:37.64	76.14
4 Mitsu Morita	76 JPN	1:38.10	77.14
5 Geraldine Davidson	78 USA	1:51.02	70.54
6 Louise Adams	77 USA	1:54.15	67.34
7 Mary Garcia	77 COL	2:28.66	51.74
W80 -400m-			
1 Britta Tibbling	81 SWE	1:49.86	75.34
2 Annie Fleming	80 CAN	1:57.41	69.04
3 Alli Kaukinen	82 FIN	2:25.77	57.94
W85 -400m-			
1 Rosa Iglesias Rocha	88 MEX	2:47.48	58.64
- 800 -			
M40 -800m-			
1 Anselm LeBourne	40 USA	1:54.60	94.54
2 Paul Davidson	41 AUS	1:55.64	94.34
3 Giovanni Ferrari	40 ITA	1:56.47	93.04
4 Felix Schnyder	41 SUI	1:57.03	93.24
5 Matthias Assmann	42 GER	1:57.24	93.74
6 Tony McDonald	41 GBR	1:57.31	93.04
7 Sander Rietveld	40 NED	1:58.99	91.04
8 Olaf Beyer	41 GER	2:02.83	88.84
M45 -800m-			
1 David Wilcock	45 GBR	1:57.97	95.24
2 Jorge Ortiz Rivera	45 PUR	1:59.69	93.84
3 Francois Martel	45 CAN	2:00.52	93.24
4 Dave Clingan	45 USA	2:01.13	92.74
5 Evgueni Ilioukhin	46 RUS	2:01.43	93.24
6 Len Claassen	48 RSA	2:02.02	94.14
7 Brian McKay	48 GBR	2:04.51	92.34
8 Carl Loaiza Londono	48 COL	2:10.03	88.34
M50 -800m-			
1 Peter Browne	50 GBR	2:05.04	93.34
2 Stanley Immelman	52 RSA	2:05.86	94.24
3 Heikki Vakkuri	51 FIN	2:06.19	93.24
4 Leslie Duffy	53 GBR	2:06.29	94.74
5 Yorititsu Aoyagi	50 JPN	2:06.54	92.24
6 Burke Grandjean	50 USA	2:08.01	91.14
7 Ashley McLaughlin	52 NZL	2:09.41	91.64
8 Michael Weddell	50 NZL	2:10.56	89.44
M55 -800m-			
1 Reginald Phipps	56 GBR	2:06.33	97.14
2 James O'Neill	57 IRL	2:07.23	97.34
3 James Whiteford	56 GBR	2:07.62	96.14
4 Gerhard Flachowsky	55 GER	2:11.49	92.44
5 Michael Dixon	55 GBR	2:11.77	92.24
6 David Rowell	55 NZL	2:12.26	91.94
7 Arie Van Tol	55 NED	2:13.07	91.34
8 Trevor Alderdice	55 IRL	2:14.53	90.44
M60 -800m-			
1 Alan Bradford	60 AUS	2:10.42	97.54
2 Francisco Souza	60 BRA	2:11.29	96.84
3 Sidney Howard	60 USA	2:12.71	95.84
4 Willi Klaus	60 GER	2:14.31	94.74
5 John Newcombe	60 GBR	2:16.69	93.04
6 Mack Stewart	61 USA	2:17.13	93.64
7 Nathaniel Fisher	62 GBR	2:17.24	94.54
8 Barry Swindells	60 GBR	2:21.18	90.04
M65 -800m-			
1 David Carr	67 AUS	2:23.08	95.54
2 Michael McAvoy	65 AUS	2:23.50	93.14
3 Mike Fox	66 GBR	2:24.06	93.84
4 Rolf Conzelmann	66 GER	2:25.23	93.04
5 Ari Valdemarson	66 NOR	2:32.70	88.54
6 Car Odrizola Vigil	68 URU	2:35.88	88.74
7 Thomas Roberts	65 AUS	2:36.71	85.34
M70 -800m-			
1 Earl Fee	70 CAN	2:21.95	99.64
2 James Beall	70 USA	2:34.70	91.44
3 Rodney Brown	72 USA	2:37.96	91.84
4 Gunnar Linde	71 USA	2:41.72	88.64

5 Karel Matzner	70 CZE	2:44.57	85.94
6 Sergio Palma	73 ITA	2:48.14	87.44
7 Rene Marckx	70 BEL	2:51.60	82.44
M75 -800m-			
1 Lucas Nel	76 RSA	2:47.65	91.44
2 Carl-Johann Lill	75 FIN	2:51.71	87.94
3 Toivo Vihman	75 FIN	2:54.16	86.74
4 Kurt Gelbhaar	76 CAN	2:56.75	86.74
5 Archie Messenger	76 USA	2:58.14	86.04
6 Samuel Ojeda Garcia	75 CHI	3:01.18	83.34
7 Rodolfo Pariasca	76 PER	3:12.84	79.54
M80 -800m-			
1 Emiel Pauwels	80 BEL	3:04.29	88.54
2 Daniel Bulkley	82 USA	3:08.52	89.84
3 Holger Josefsson	80 SWE	3:10.61	85.64
4 Otto Ludzuweit	82 GER	3:29.76	80.74
5 William Benson	80 USA	3:31.73	77.04
6 Takuru Miura	81 JPN	3:41.97	74.94
7 Eugen Eble	82 GER	3:49.32	73.84
M85 -800m-			
1 Maxwell Springer	85 USA	3:54.10	76.74
2 Tuplet Vasconcelos	85 BRA	3:58.97	75.14
3 Philip Lawrence	87 USA	3:59.60	78.84
4 Friedrich Mahlo	87 GER	4:10.51	75.34
5 David Morrison	85 GBR	4:19.81	69.14
6 Toru Kudo	86 JPN	4:26.47	69.14
M90 -800m-			
1 Alipio Santos	91 POR	4:34.38	77.44
2 John Farrell	90 GBR	4:38.99	73.24
W35 -800m-			
1 Yvonne Joyce	39 GBR	2:07.91	94.24
2 Renee Belanger	36 CAN	2:09.38	90.94
3 Rose Monday	39 USA	2:10.87	92.14
4 Carol-Ann Gray	35 GBR	2:13.71	87.34
5 Gorel Manners	36 SWE	2:16.22	86.34
6 Rene Odendaal	35 RSA	2:16.76	85.34
7 June Petrie	35 AUS	2:16.81	85.34
8 Christ Brace-Heaven	39 NZL	2:18.65	86.94
W40 -800m-			
1 Annette Koop	41 GER	2:15.64	90.34
2 Katrina Colebrook	41 GBR	2:15.74	90.24
3 Deborah Howard	41 GBR	2:16.24	89.94
4 Lesley Felton	40 GBR	2:19.15	87.34
5 Teena Colebrook	42 GBR	2:20.29	88.04
6 Anne Kari Storsveen	41 NOR	2:22.52	85.94
7 Barbara Murray	42 GBR	2:26.75	84.24
8 Debbie Erkkes	42 CAN	2:29.90	82.44
W45 -800m-			
1 Dagmar Gocht	46 GER	2:21.26	90.54
2 Ottilie Nitsche	49 GER	2:21.35	92.94
3 Maureen DE ST Croix	46 CAN	2:21.64	90.24
4 Agnes Hitchmough	49 GBR	2:22.56	92.14
5 Ingerlise Jensen	49 DEN	2:22.63	92.04
6 Jacqueline Walpole	45 GBR	2:26.48	86.54
7 Juriana Lane	45 RSA	2:27.13	86.14
8 Diny Klomp	47 NED	2:29.62	86.24
W50 -800m-			
1 Sheila Carey	52 GBR	2:25.83	92.64
2 Patricia Gallagher	53 GBR	2:26.69	92.94
3 Pamela Immelman	50 RSA	2:26.82	90.24
4 Ulla Littenheim	52 SWE	2:34.91	87.24
5 Rosemarie Lang	50 GER	2:36.85	84.54
6 Eva Novotna	51 CZE	2:44.20	81.44
7 Iris Fernandez	52 ARG	2:51.06	78.94
W55 -800m-			
1 Peggy MacIver	55 AUS	2:32.29	91.34
2 Anne Stobaus	58 AUS	2:32.44	94.14
3 Riet Jonkers	55 NED	2:37.56	88.24
4 Helgi Sagor	55 EST	2:42.11	85.84
5 Rigmor Osterlund	55 DEN	2:42.29	85.74
6 Anne Lang	56 AUS	2:45.52	84.94
7 Ellen Ruben	56 EST	2:48.59	83.34
8 Iris Hornsey	57 GBR	2:50.41	83.34
W60 -800m-			
1 Gerda Van Kooten	60 NED	2:36.94	93.44
2 Suzanne MacLeod	65 USA	3:01.80	85.54
3 Mathilde Pelisek	65 GER	3:03.60	84.64
4 Toni Borthwick	68 GBR	3:05.61	87.14
5 Clair Ingraham	65 USA	3:19.28	78.04
6 Noemi Gastaldi	65 ITA	3:20.40	77.54
7 Ruth Helfenstein	67 SUI	3:33.07	74.94
W70 -800m-			
1 Berthilia DE Preter	70 BEL	3:21.99	82.24
2 Helene Glet	70 FRA	3:25.70	80.84
3 Sum Onodera-Leonard	71 USA	3:29.87	80.44
4 Marcia Petley	70 NZL	3:39.22	75.84
5 Nancy Smalley	72 USA	3:41.45	77.34
6 Shirley Brasler	72 USA	3:41.93	77.24
7 Dorly Brechbuehl	74 CAN	4:01.35	73.24
W75 -800m-			
1 Mar Suarez DE Bemal	75 COL	3:48.41	78.64
2 Geraldine Davidson	78 USA	4:32.92	69.44
3 Mary Garcia	77 COL	5:48.60	53.34
W80 -800m-			
1 Friedegard Liedtke	83 GER	5:21.00	65.64
W85 -800m-			
1 Rosa Iglesias Rocha	88 MEX	6:18.29	63.94
- 1500 -			
M40 -1,500m-			
1 Anselm LeBourne	40 USA	3:56.05	92.84
2 William Krohn	41 USA	3:56.43	93.34
3 Tony McDonald	41 GBR	3:59.66	92.04
4 Giovanni Ferrari	40 ITA	4:01.24	90.84
5 Alfons Van Geel	41 NED	4:03.65	90.54
6 Christopher Waugh	40 GBR	4:04.25	89.74
7 Stuart Paterson	42 AUS	4:04.49	90.94
8 Peter Ivans	41 GBR	4:05.44	89.94
M45 -1,500m-			
1 David Wilcock	45 GBR	4:07.06	92.04
2 Jorge Ortiz Rivera	45 PUR	4:08.22	91.54
3 Igor Vakine	45 RUS	4:09.58	91.04
4 David Gee	46 GBR	4:10.84	91.34
5 Bill Boyd	45 GBR	4:11.16	90.54
6 Gerard Fairley	45 GBR	4:13.16	89.74

7 Kevin Murray	46 GBR	4:13.47	90.34
8 Raphael Murray	45 GBR	4:15.16	89.04
M50 -1,500m-			
1 Peter Molloy	50 GBR	4:16.06	92.34
2 Heikki Vakkuri	51 FIN	4:17.02	92.74
3 Eree-Ool Khaajik	51 RUS	4:17.47	92.54
4 John Potts	54 GBR	4:20.34	93.84
5 Victor Solovoyov	51 UKR	4:21.42	91.14
6 Robert Chapman	52 GBR	4:27.67	89.74
7 Gianni Ambrosini	51 ITA	4:30.59	88.04
8 John Exley	51 GBR	4:30.73	88.04
M55 -1,500m-			
1 Reginald Phipps	56 GBR	4:31.59	91.54
2 Hans Schmidt	55 DEN	4:34.10	89.94
3 Gerhard Flachowsky	55 GER	4:34.32	89.84
4 Oleksiy Maliy	57 UKR	4:34.96	91.24
5 David Rowell	55 NZL	4:35.34	89.54
6 Arie Van Tol	55 NED	4:35.86	89.34
7 Ramsay Thomas	55 USA	4:39.42	88.24
8 James Boughter	55 USA	4:41.10	87.64
M60 -1,500m-			
1 Alan Bradford	60 AUS	4:35.18	93.74
2 AD Heijdens	60 NED	4:35.54	93.64
3 Roberto Marconi	60 ITA	4:39.22	92.34
4 Sidney Howard	60 USA	4:41.63	91.54
5 Nathaniel Fisher	62 GBR	4:41.83	93.34
6 Barry Swindells	60 GBR	4:42.49	91.34
7 MACA Perez Saldivar	60 MEX	4:45.35	90.34
8 Stephen James	61 GBR	4:45.98	91.14
M65 -1,500m-			
1 Ed Whitlock	68 CAN	4:54.01	95.44
2 Rolf Conzelmann	66 GER	4:59.83	91.54
3 Michael McAvoy	65 AUS	5:00.64	90.24
4 Thomas Roberts	65 USA	5:17.10	85.54
5 Jan Buchar	66 CZE	5:21.55	85.34
6 Malcolm Gillis	66 USA	5:22.79	85.04
7 Ellis Goodyear	68 NZL	5:25.60	86.24
8 Ric Pitcair-Knowles	66 GBR	5:27.51	83.74
M70 -1,500m-			
1 Simon Herlaar	70 NED	5:02.78	94.94
2 Franci Ramirez Lora	70 MEX	5:06.54	93.74
3 Akhmet Siraziev	71 RUS	5:08.21	94.44
4 James Beall	70 USA	5:23.77	88.74
5 Gerhard Gnauck	70 GER	5:27.24	87.84
6 Horst Backhuss	71 GER	5:27.64	88.84
7 Rene Marckx	70 BEL	5:44.97	83.34
8 Ake Jonsson	73 SWE	5:46.95	86.14
M75 -1,500m-			
1 Kurt Gelbhaar	76 CAN	5:59.62	86.74
2 Samuel Ojeda Garcia	75 CHI	6:05.20	84.04
3 Rodolfo Pariasca	76 PER	6:07.76	84.74
4 Soichi Tamoi	76 JPN	6:09.69	84.34
5 Anto Tejada Vergara	78 MEX	6:10.10	86.94
6 Archie Messenger	76 USA	6:25.60	80.84
7 Harry Thompson	76 CAN	6:32.64	79.44

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Table of race results for M90 -5km, W35 -5km, M40 -5km, W45 -5km, M50 -5km, W55 -5km, M60 -5km, W65 -5km, M70 -5km, W75 -5km, M80 -5km, W85 -5km, M90 -10km, W95 -10km, M40 -10km, W45 -10km, M50 -10km, W55 -10km, M60 -10km, W65 -10km, M70 -10km, W75 -10km, M80 -10km, W85 -10km, M90 -10km, W95 -10km, M40 -110m HH-, M45 -110m HH-, M50 -100m HH-, M55 -100m HH-, M60 -100m HH-, M65 -100m HH-, M70 -100m HH-, M75 -100m HH-, M80 -100m HH-, M85 -100m HH-, M90 -100m HH-, M40 -400m LH-, M45 -400m LH-, M50 -400m LH-, M55 -400m LH-, M60 -300m LH-, M65 -300m LH-, M70 -300m LH-, M75 -300m LH-, M80 -300m LH-, M85 -300m LH-, M90 -300m LH-, W40 -400m LH-, W45 -400m LH-, W50 -400m LH-, W55 -400m LH-, W60 -300m LH-, W65 -300m LH-, W70 -300m LH-, W75 -300m LH-, W80 -300m LH-, W85 -300m LH-, W90 -300m LH-

Table of race results for M60 -10km, M40 -110m HH-, M45 -110m HH-, M50 -100m HH-, M55 -100m HH-, M60 -100m HH-, M65 -100m HH-, M70 -100m HH-, M75 -100m HH-, M80 -100m HH-, M85 -100m HH-, M90 -100m HH-, M40 -400m LH-, M45 -400m LH-, M50 -400m LH-, M55 -400m LH-, M60 -300m LH-, M65 -300m LH-, M70 -300m LH-, M75 -300m LH-, M80 -300m LH-, M85 -300m LH-, M90 -300m LH-, W40 -400m LH-, W45 -400m LH-, W50 -400m LH-, W55 -400m LH-, W60 -300m LH-, W65 -300m LH-, W70 -300m LH-, W75 -300m LH-, W80 -300m LH-, W85 -300m LH-, W90 -300m LH-

Table of race results for W65 -80m HH-, M40 -400m LH-, M45 -400m LH-, M50 -400m LH-, M55 -400m LH-, M60 -300m LH-, M65 -300m LH-, M70 -300m LH-, M75 -300m LH-, M80 -300m LH-, M85 -300m LH-, M90 -300m LH-, W40 -400m LH-, W45 -400m LH-, W50 -400m LH-, W55 -400m LH-, W60 -300m LH-, W65 -300m LH-, W70 -300m LH-, W75 -300m LH-, W80 -300m LH-, W85 -300m LH-, W90 -300m LH-

Table of race results for W65 -80m HH-, M40 -400m LH-, M45 -400m LH-, M50 -400m LH-, M55 -400m LH-, M60 -300m LH-, M65 -300m LH-, M70 -300m LH-, M75 -300m LH-, M80 -300m LH-, M85 -300m LH-, M90 -300m LH-, W40 -400m LH-, W45 -400m LH-, W50 -400m LH-, W55 -400m LH-, W60 -300m LH-, W65 -300m LH-, W70 -300m LH-, W75 -300m LH-, W80 -300m LH-, W85 -300m LH-, W90 -300m LH-

- 10K -

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W65 -300m LH-			
1	Gerd Mjelde	66 NOR	65.74 82.14
2	Asta Larsson	67 SWE	68.15 80.54
3	Hideo Koshikawa	66 JPN	1:28.27 61.14
W70 -300m LH-			
1	Isabel Hofmeyr	71 RSA	68.82 85.34
- Steeplechase -			
M40 -3km SC-			
1	Ces Perez Rodriguez	42 ESP	9:22.26 94.04
2	Dermot Kerr	41 IRL	9:27.10 92.34
3	John Underwood	44 USA	9:36.80 93.44
4	John Foster	40 GBR	9:38.26 89.74
5	Kevin Tobin	40 GBR	9:46.52 88.44
6	Barrie Moss	43 GBR	9:51.44 90.24
7	Paul Morrison	40 GBR	9:51.72 87.64
8	David Carrington	43 GBR	9:54.08 89.84
M45 -3km SC-			
1	Valeriy Aristov	49 RUS	9:57.16 94.84
2	David Wilcock	45 GBR	9:59.87 90.64
3	Gary Zeuner	45 AUS	10:00.94 90.54
4	Horst Hesselemann	47 GER	10:08.51 91.24
5	Michel Claire	47 FRA	10:09.46 91.04
6	Luis Fernandez-Su.	47 ESP	10:19.76 89.54
7	Alan Keys	47 GBR	10:22.22 89.24
8	Bernard Wareing	46 GBR	10:31.98 86.94
M50 -3km SC-			
1	Peter Moon	51 GBR	10:15.33 94.04
2	Peter Vlaarkamp	50 NED	10:33.22 90.34
3	John Willoughby	51 GBR	10:42.20 90.04
4	Harald Odegard	53 NOR	10:47.74 91.24
5	Barry Cooper	52 NZL	11:04.20 88.04
6	Geoff Capon	53 NZL	11:13.74 87.74
7	Ian Forster	50 GBR	11:19.78 84.14
8	Ronald Wagner	51 GER	11:31.33 83.64
M55 -3km SC-			
1	Ron Robertson	58 NZL	10:33.86 98.84
2	Michael Dixon	55 GBR	11:16.27 89.34
3	Victor Smith	55 GBR	11:21.74 88.64
4	Giorgio Bianchi	55 ITA	11:32.17 87.34
5	Elias Dobre	56 GER	11:36.02 87.84
6	Gerhard Flachowsky	55 GER	11:37.49 86.64
7	Arie Van Tol	55 NED	11:45.54 85.64
8	Gale Pfueller	56 USA	11:48.95 86.24
M60 -2km SC-			
1	Alan Bradford	60 AUS	6:54.31 99.94
2	Nils Undersaker	60 NOR	7:08.22 96.64
3	Walter Hume	60 NZL	7:15.50 95.04
4	Lui Luna Albarracin	60 COL	7:30.05 91.94
5	Jack Geddes	62 CAN	7:31.71 94.14
6	Aksel Roste	63 NOR	7:50.80 91.44
7	David Chapman	62 GBR	7:55.37 89.44
8	Trefor Pugh	63 GBR	7:55.70 90.54
M65 -2km SC-			
1	Francisco Vicente	66 POR	7:32.65 99.24
2	Ari Valdemarson	66 NOR	7:57.51 94.04
3	Pierre Blanchou	68 FRA	8:03.67 95.74
4	Silvano Gottardo	66 ITA	8:30.92 87.94
5	David Rosser	65 GBR	8:32.73 86.34
6	Ronald Stuart	67 AUS	8:49.12 86.14
7	Gunther Ender	66 GER	8:56.13 83.84
8	Ron Johnson	67 NZL	9:11.30 82.74
M70 -2km SC-			
1	Gunnar Linde	71 USA	8:39.25 93.54
2	Karel Matzner	70 CZE	8:39.81 91.94
3	Helmut Hagedorn	70 GER	8:53.39 89.54
4	Martino Cuder	70 ITA	8:57.15 88.94
5	Luis Torres Roga	71 PUR	9:26.86 85.74
6	Wallace Opperman	73 NZL	11:20.07 74.04
7	Tom Cumming	70 NZL	11:32.05 69.04
8	Vicente DE Moura	73 BRA	11:50.69 70.84
M75 -2km SC-			
1	Soichi Tamoi	76 JPN	9:17.38 95.54
2	Lucas Nel	76 RSA	9:38.31 92.14
3	Adriano Gomes	76 POR	10:15.03 86.64
4	Massao Ishida	78 BRA	11:39.99 79.34
M80 -2km SC-			
1	Daniel Bulkley	82 USA	11:48.10 86.34
2	Takuru Miura	81 JPN	12:46.20 77.74
W35 -2km SC-			
1	Alison Hurford	38 GBR	7:45.01 82.24
2	Slavica Poznic	39 SLO	7:46.83 82.74
3	Sheena Bassett	38 GBR	7:54.62 80.64
4	Anthea James	38 RSA	8:03.89 79.04
5	Lynda Bateson	36 AUS	8:09.56 76.64
6	Kaur Dilip	39 MAS	8:15.88 77.94
7	Lynne Marr	38 GBR	8:16.76 77.04
8	Francoise Toulgoat	35 FRA	8:53.37 69.64
M40 -2km SC-			
1	Teena Colebrook	42 GBR	7:52.40 84.34
2	Gwyneth Hueter	42 GBR	7:56.39 83.64
3	Kim Rupert	44 USA	8:01.02 84.64
4	Barbara Murray	42 GBR	8:01.33 82.84
5	Susan Crehan	42 GBR	8:19.36 79.84
6	Aileen Wood	40 GBR	9:35.87 67.84
W45 -2km SC-			
1	Victoria Adams	45 NZL	7:44.53 88.64
2	Jennifer Chambers	45 GBR	7:54.67 86.74
3	Josie Heffernan	48 GBR	7:59.15 88.84
4	Olga Mabel Mercado	46 ARG	8:10.07 84.94
5	Janis Wright	48 AUS	8:32.66 83.04
6	Veronica Von Gordon	46 RSA	8:58.01 77.34
7	Lynne MACKAY	48 NZL	9:02.60 78.44
8	Jacky Ricketts	46 GBR	9:48.70 70.64
W50 -2km SC-			
1	Judith Stewart	50 NZL	8:13.92 88.14
2	Margaret Auerback	52 GBR	8:44.15 85.14
3	Hillen Stubendorff	50 GER	8:48.64 82.34
4	Judy Warick	50 CAN	8:53.74 81.54
5	Anezka Janeckova	52 CZE	9:06.43 81.64
6	Miloslava Rocnakova	54 CZE	9:43.11 78.44
7	Diane Carter	52 NZL	10:29.05 70.94
W55 -2km SC-			
1	Magdalena Tomlinson	57 RSA	9:17.02 85.34
2	Rachel Rossouw	57 RSA	9:28.93 83.54
3	Madeline Bost	59 USA	10:19.91 78.84
W60 -2km SC-			
1	Sara Urrutia	62 PUR	9:59.23 85.14
2	Kimiko Nakamura	61 JPN	11:03.47 75.74
3	Lynn Fraser	62 NZL	11:17.92 75.24
4	Pamela Mews	64 AUS	11:59.29 73.14

W65 -2km SC-			
1	Ana Tebes	65 ARG	10:30.07 84.74
2	Dawn Cumming	65 NZL	10:53.95 81.64
3	Alet Ten Tusscher	65 RSA	11:52.25 74.94
4	Hideo Koshikawa	66 JPN	12:14.70 73.94
W70 -2km SC-			
1	Shirley Brasher	72 AUS	12:19.45 81.94
- 4x100 Relay -			
M40 -4x100m RELAY-			
1	GBR (BURGESS, WILLIAMS, LEYLAND, S)	43.66	
2	USA (Barnwell, Grimes, Roberts, Bo)	44.99	
3	GER (MAGER, SEWALD, HICKISCH, PURD)	45.47	
4	RUS (DANTSEVITCH, RYBAKOV, MALKO,)	46.83	
5	AUS (LLOYD, BAIRD, PATERSON, PAGE)	51.49	
M45 -4x100m RELAY-			
1	GBR (ROSS, FRANKLYN, OLIVER, PETER)	43.42	
2	CAN (Dickson, Morioka, Killas, Smi)	45.06	
3	GER (MEIER, DR. NEUENDORF, MICHEL)	46.22	
4	USA (Hahn, Hagin, Howard, Schiro)	46.89	
5	RSA (POTGIETER, DIXON, CLAASSEN, CL)	46.89	
M50 -4x100m RELAY-			
1	GBR (SALTER, CLERIHEW, BARRATT, LE)	47.35	
2	GER (TISCH, GOTTSCHALK, IHRKE, MON)	47.54	
3	AUS (WHITERALL, VAN BAVEL, COLEMA)	47.76	
4	USA (Allie, Walter, Johnson, Bell)	48.09	
5	FRA (CLAVEL, DEBONNAIRE, CILLA, KE)	48.60	
6	RSA (IMMELMAN, BROWN, SMIT, HACKER)	49.05	
7	(LIPASTI, LEPPANEN, PUTKINEN,)	49.57	
8	NED (LANDRE, NORDT, VAN MECHELEN,)	50.85	
M55 -4x100m RELAY-			
1	GER (BESANT, BOLSINGER, SCHMITT, R)	46.43	
2	GBR (SHEARSMITH, BLANCHARD, STEED)	47.55	
3	AUS (WISHART, STEVENSON, TURNER, B)	47.98	
4	USA (Lee, Knocke, Roberts, Bell)	49.61	
M60 -4x100m RELAY-			
1	GER (RADKE, TEMME, GASPER, BUSS)	48.17	
2	USA (Tolson, Colbert, Johnson, Paw)	49.36	
3	GBR (BOWMAN, ROSS, FIELD, CARTER)	50.45	
4	AUS (RICHARDS, COOPER, NODEN, AUST)	51.56	
5	(BERTOLISSI, VALENTE, CAMPANA)	52.45	
M65 -4x100m RELAY-			
1	GER (SCHMID, INGENRIETH, BOECKL, R)	51.80	
2	USA (Richards, Brown, Stookey, Bro)	52.97	
3	FIN (SOPANEN, RANTANEN, VILPAS, TA)	55.01	
4	RSA (BENNING, SHARPLEY, NEL, CROSS)	57.59	
5	GBR (BROWN, PHILLIPS, TAYLOR, MELL)	57.68	
6	NED (VAN GIEZEN, KOET, BUYS, SCHOU)	58.23	
7	CAN (Callender, Giegerich, Robson)	58.25	
M70 -4x100m RELAY-			
1	USA (Melville, Scott, Daprano, Bro)	55.20	
2	GER (KRENZER, KLAFKI, FISCHER, HOF)	57.50	
3	GER (MEDDINGS, STEEDMAN, QUANTREL)	59.43	
4	JAP (KAWAI, TASAKI, OSONE, KOMAZAK)	60.60	
5	FIN (LEHTIMAKI, BYGGMASTAR, SUOKI)	60.76	
M75 -4x100m RELAY-			
1	USA (Larsen, Kennell, Bower, Harri)	59.07	
2	GER (ALBRECHT, HERBST, KNAUBER, SC)	61.38	
3	AUS (HISHON, JOHNSTON, McKay, O'CO)	62.09	
4	ITA (MARABOTTI, SANSONETTI, COLO)	63.15	
5	FIN (TAIMINEN, LILL, PENTTILA, VIK)	1:25.14	
M80 -4x100m RELAY-			
1	GER (EBLE, MAHLO, MUHLE, RENNISCHUH)	70.53	
W35 -4x100m RELAY-			
1	GER (MARZ, KRONER, GRISSMER, STOPK)	48.79	
2	GER (TIMMIS, STONE, HOPKINS, MONEY)	49.77	
3	AUS (MULLINS, CAMERON, THOMPSON, K)	51.79	
4	USA (McCoy, Iba, Banks, Sterrett)	53.06	
W40 -4x100m RELAY-			
1	GER (HORWEDL, FRITSCH, HEITMANN)	50.07	
2	GBR (INAK-PRICE, THOMAS, WYLDE, HA)	51.18	
3	NED (KUPER DE LEEUW, ROELANDS, OO)	52.02	
4	FRA (BEAUMONT, DRUEL BONNANT, LAZ)	54.58	
5	IRE (MAGUIRE, HOGAN, CAREY, HERRON)	56.18	
W45 -4x100m RELAY-			
1	GER (TAUDIEN, DECH, GOESSLING, FUH)	51.38	
2	AUS (PERKINS, ADAMS, HEAGNEY, CHOA)	51.91	
3	GBR (MUNRO, CUNNINGHAM, GODSELL, E)	53.12	
4	RSA (DE VILLIERS, BRITS, POLETTI,)	55.56	
W50 -4x100m RELAY-			
1	GER (BLANK, MEIER, GALLEP, SCHOMML)	53.74	
2	AUS (SMYTHE, TURNER, McDonnell, RE)	56.03	
W55 -4x100m RELAY-			
1	GER (SEIBERT, ERIKSEN, VENN, HOFFM)	57.89	
2	USA (Obera, Solwazi, Lary, Jager)	58.09	
3	AUS (PARRISH, STOBAS, ANDREWS, MA)	58.29	
4	GBR (HOLDER, AXTELL, WOOD, LINAKER)	59.07	
5	NED (ROOVERS, PLAT, JONKERS, DYKMA)	61.33	
W60 -4x100m RELAY-			
1	GER (SCHMALBRUCHT, HOFMAN, REICHE)	56.89	
2	GBR (GRAHAM, FRASER, HULLS, JONES)	63.47	
3	AUS (HORSNELL, COOPER, CARR, COOPE)	63.68	
4	USA (Hoagland, Sisley, Kea, Jordan)	64.93	
5	JAP (MORITA, KODAMA, KOSHIKAWA, YA)	67.79	
W65 -4x100m RELAY-			
1	GER (KREISKOTT, KREUZWIESER, SCHU)	63.58	
2	ITA (ZAMBOTTO, GASTALDI, CAMBRUZZI)	71.48	
3	GBR (GREEN, WIXEY, STEEDMAN, ATKIN)	74.54	
W70 -4x100m RELAY-			
1	USA (Holland, Valien, Onodera-Leo)	70.59	
2	GER (LANGE, LORENZ, SCHNEIDER, SCH)	72.36	
- 4x400 Relay -			
M40 -4x400m RELAY-			
1	GBR (SCOTT, ELDERFIELD, MITCHELL,)	3:24.60	
2	USA (Grimes, Reyes, Lebourne, Barn)	3:26.21	
3	GER (ZELZ, HICKISCH, BONACKER, GRI)	3:40.66	
4	IRE (CAREY, CAMPION, PERDISAIT, MC)	3:52.72	
5	(SHEEHAN, PATERSON, PAGE, SCOT)	3:57.76	
6	(BLANES FORNER, RODRIGUEZ, MA)	4:03.22	
M45 -4x400m RELAY-			
1	GBR (ROSS, FRANKLYN, CAINES, PETER)	3:30.92	
2	USA (Gonera, Schiro, Bowen, Easley)	3:37.49	
3	GER (MICHELCHEN, DR. NEUENDORF, S)	3:44.82	
4	CAN (Martel, Judson, Feeney, Camer)	3:46.96	
5	RSA (IMMELMAN, DIXON, CLAASSEN, SM)	3:49.65	
M50 -4x400m RELAY-			
1	USA (Allie, Walter, Brinker, Grand)	3:39.83	
2	FRA (BROWNE, HAYWARD, BOSTOCK, DUF)	3:39.93	
3	GER (CLAVEL, DEBONNAIRE, CILLA, KE)	3:49.94	
4	AUS (WHITERALL, VAN BAVEL, COLEMA)	3:51.40	
5	GER (MEYER-HARTMANN, DR. KESSELR)	3:53.28	
6	NED (VAN MECHELEN, NORDT, VAN TOL)	3:56.65	

7	NZL (WEDDELL, ROWELL, ROBERTSON, M)	3:56.79	
8	CAN (Machado, Glance, Carter, Fee)	4:05.41	
M55 -4x400m RELAY-			
1	GBR (HENSON, THOMAS, STEEDE, SHEAR)	3:48.59	
2	USA (Duffy, Lee, Hagin, Roberts)	3:53.60	
3	AUS (STEVENSON, TREMBATH, DUNHAM,)	3:57.48	
4	IRE (ALDERDICE, COONEY, MEE, O'NEI)	4:08.81	
M60 -4x400m RELAY-			
1	USA (Johnson, Colbert, Adamson, St)	3:53.87	
2	GER (MAYER, SCHEIDT, GASPER, MUELL)	3:54.61	
3	GBR (ROSS, FIELD, WILSON, CARTER)	4:06.41	
4	AUS (RICHARDS, COOPER, NODEN, AUST)	4:32.86	
5	JAP (SHIOMITSU, WADA, KONOIKE, KUR)	4:36.68	
6	ITA (PALMA, GOTTARDO, BERTOLISSI,)	4:40.80	
M65 -4x400m RELAY-			
1	GBR (ARNOLD, INGENRIETH, REUTER, S)	4:24.65	
2	GBR (PARNABY, PHILLIPS, MELLETT, S)	4:29.48	
3	USA (Brown, Brown, Stookey, Trout)	4:55.13	
M70 -4x400m RELAY-			
1	USA (Brown, Daprano, Escobosa, Bea)	4:52.26	
2	SWE (MEDELIUS, LINDBLAD, JOHANSSO)	4:56.57	
3	GER (KRENZER, FISCHER, MEINSEN, SC)	5:01.99	
M75 -4x400m RELAY-			
1	USA (Messenger, Kennell, Larsen, P)	5:15.97	
2	AUS (HISHON, McKay, O'CONNOR, JOHN)	5:16.77	
3	FIN (PENTTILA, TAIMINEN, LILL, VIK)	5:26.43	
M80 -4x400m RELAY-			
1			

Continued from previous page

4 Kristja Gissurarson	46 ISL	4.20m	85.3%
5 Lawrence Jesse	47 USA	4.10m	84.5%
5 Allan Williams	46 GBR	4.10m	83.3%
7 Klaus Dr. Neuendorf	45 GER	4.00m	80.1%
7 Rudolf Hausner	48 GER	4.00m	83.6%
M50 - PV G3-			
1 Flemming Johansen	53 DEN	4.10m	91.9%
2 Karel Fiedler	50 CZE	4.10m	88.1%
3 Pawel Iwinski	50 POL	3.90m	83.8%
4 Eero Vayrynen	52 FIN	3.70m	81.8%
5 Veikko Makela	54 FIN	3.70m	84.0%
6 Hans Brunner	51 SUI	3.70m	80.7%
7 Eamon Fitzgerald	52 GBR	3.60m	79.6%
7 Jarmo Lipasti	50 FIN	3.60m	77.4%
M55 - PV G21-			
1 Hans Lagerqvist	59 SWE	3.90m	95.1%
2 William Johnston	55 USA	3.70m	85.2%
3 Jeffrey Tindall	56 USA	3.50m	81.7%
4 John Bradley	55 GBR	3.30m	76.0%
5 Bryan Chillery	59 GBR	3.20m	78.0%
6 Leonardo Salvarrey	55 URU	3.10m	71.4%
7 John Howe	58 GBR	3.10m	74.5%
8 Nikolai Letchenko	56 RUS	3.10m	72.4%
M60 - PV G21-			
1 Lars Wennblom	64 SWE	3.20m	83.7%
2 Guenter Brueckmann	61 GER	3.10m	77.6%
3 Reinhard Dahms	60 GER	3.10m	76.7%
4 Knut Skramstad	62 NOR	3.00m	76.3%
5 Leo Sterckx	62 BEL	3.00m	76.3%
6 Zoltan Kurunsi	60 HUN	2.80m	69.3%
7 Anthony MACKAY	61 GBR	2.80m	70.1%
8 Giselher Beyme	60 GER	2.80m	69.3%
M65 - PV G21-			
1 Ilpo Sopanen	65 FIN	3.30m	87.5%
2 Robert Brown	67 GBR	3.00m	81.7%
3 Anton Forst	68 GER	2.90m	80.3%
4 Kees Van Giezen	65 NED	2.90m	76.9%
5 Hikmet Kandeydi	67 TUR	2.90m	79.0%
6 Thomas Hinks	69 USA	2.80m	78.4%
7 Jerry Donley	69 USA	2.80m	78.4%
8 Jim Day	65 GBR	2.70m	71.6%
M70 - PV G12-			
1 Alfred Woods	70 GBR	2.60m	73.8%
2 Amelio Compri	74 ITA	2.50m	75.3%
3 Bernard Thomas	71 GBR	2.30m	66.2%
4 Guile Martin Moreno	70 CHI	2.20m	62.5%
4 Jose Figueras	74 URU	2.20m	66.2%
6 M Vedat Dinler	72 TUR	2.10m	61.4%
7 Wolfgang Fachmann	70 GER	2.00m	56.8%
8 Donald Grosh	74 USA	1.90m	57.2%
8 Willy Schlotte	71 GER	1.90m	54.7%
M75 - PV G12-			
1 Juji Tanaka	76 JPN	2.50m	77.4%
2 Fecka Penttila	75 FIN	2.40m	73.1%
3 Kaino Hurri	75 FIN	2.30m	70.1%
3 Gerhard Windolf	75 GER	2.30m	70.1%
5 Edwin Lukens	77 USA	2.10m	65.8%
6 Lasse Taiminen	75 FIN	2.00m	60.9%
6 Emmerich Zenssch	79 AUT	2.00m	64.5%
8 Takeshi Takada	75 JPN	1.60m	48.7%
M80 - PV G12-			
1 Willy Finnanger	81 NOR	1.80m	60.2%
2 Frederi Hochstatter	80 BRA	1.60m	52.2%
3 Tony Rawlinson	83 GBR	1.50m	52.2%
M85 - PV G12-			
1 Mazumi Morita	86 JPN	1.60m	60.3%
2 Kchisuke Ishikawa	87 JPN	1.20m	46.6%
M95 - PV M3-			
1 Carla Forcellini	39 ITA	3.50m	91.1%
2 Hoelle Bradshaw	35 GBR	3.40m	83.3%
3 Cassandra Kelly	36 NZL	3.40m	84.5%
4 Larissa Lowe	35 GBR	3.20m	78.4%
5 Anke Straszewski	36 GER	3.10m	77.1%
6 Eirion Owen	35 GBR	3.00m	73.5%
7 Petra Herrmann	39 GER	3.00m	78.1%
8 Leslie Estwick	38 CAN	2.90m	74.3%
M40 - PV M3-			
1 Jennifer Cunnane	42 GBR	2.80m	76.0%
2 Ursula Makowicz	40 GER	2.70m	71.2%
3 Marina Protz	41 GER	2.50m	67.0%
3 Anne Wainwright	44 GBR	2.50m	70.0%
5 Anita Uhlig	40 GER	2.50m	65.9%
6 Debbie Singleton	40 GBR	2.30m	60.6%
7 Mari Sanguos Espina	44 ESP	2.00m	56.0%
M45 - PV M3-			
1 Karin Funke	48 GER	2.60m	77.3%
2 Wilma Perkins	49 AUS	2.40m	72.5%
3 Ute Ritte	47 GER	2.40m	70.3%
4 Judi Stafford	46 GBR	2.30m	66.4%
5 Sabina Plammer	45 AUT	2.30m	65.3%
6 Marja Metsankyla	48 FIN	2.00m	59.5%
7 Jenny Denyer	45 GBR	1.80m	51.1%
M50 - PV M3-			
1 Hillen Stubendorff	50 GER	2.50m	76.6%
2 Karin Forster	52 GER	2.30m	72.5%
3 Dagmar Widmann	53 GER	2.10m	67.3%
4 Hazel McDonnell	52 AUS	1.80m	56.7%
5 Maureen Jones	52 GBR	1.70m	53.6%
M55 - PV M3-			
1 Diethild Nix	57 GER	2.30m	78.2%
2 Kathleen Jager	56 USA	1.90m	63.7%
3 Petra Pietersen	55 RSA	1.80m	59.4%
4 Margaret Coombe	55 GBR	1.70m	56.1%
M60 - PV G12-			
1 Becky Sisley	60 USA	2.30m	81.8%
2 Kiniko Nakamura	61 JPN	2.20m	79.4%
3 Midori Yamamoto	64 JPN	2.10m	79.2%
4 Dorothy McLennan	63 IRL	1.80m	66.9%
5 Sheila Champion	63 IRL	1.70m	63.2%
M65 - PV G12-			
1 Amy Hicks	66 USA	1.30m	50.5%
M70 - PV G12-			
1 Johnnye Valien	74 USA	1.60m	70.1%
- Long Jump -			
M40 - LJ G12-			
1 Rene Gloor	42 SUI	6.59m	85.2%
2 Mirosław Wiodarczyk	40 POL	6.55m	82.4%
3 Serguei Grichine	41 RUS	6.38m	81.3%
4 Jon Oddsson	41 ISL	6.36m	81.1%
5 Ivan Malko	42 RUS	6.34m	82.0%

6 Wiodzimi Wiodarczyk	41 POL	6.34m	80.8%
7 Ronald Major	42 GER	6.27m	81.1%
8 Trevor Wade	43 GBR	5.98m	78.3%
M45 - LJ G2-			
1 William Rea	47 USA	6.49m	89.7%
2 Jordan Janev	45 BUL	6.35m	85.4%
3 Robert Redfern	46 GBR	6.30m	85.9%
4 Jouko Nikula	45 FIN	6.23m	83.8%
5 Eugueni Poudovnikov	45 RUS	6.22m	83.7%
6 Rudolf Hausner	48 GER	6.00m	84.1%
7 Bernd Uhrig	46 GER	5.96m	81.3%
8 Julian Pelka	48 POL	5.84m	81.9%
M50 - LJ G1-			
1 Pertti Ahomaki	53 FIN	6.19m	92.8%
2 Heinz Wondra	50 GER	5.94m	85.5%
3 Alfred Leopold	50 GER	5.81m	83.7%
4 Petr Gybas	53 CZE	5.66m	84.8%
5 Eero Vayrynen	52 FIN	5.65m	83.5%
6 Gilbert Jones	50 GER	5.53m	79.6%
7 Michael James	50 GBR	5.52m	79.5%
8 Georgios Kiriakidis	53 GRE	5.38m	80.6%
M55 - LJ G3-			
1 Tapani Taavitsainen	55 SUI	6.14m	94.6%
2 Heinz Besant	56 GER	5.96m	93.1%
3 Jurgen Lamp	55 EST	5.52m	85.0%
4 Leonel Carvalho	56 POR	5.41m	84.5%
5 Jan Rubes	56 CZE	5.36m	83.7%
6 Imre Hegedus	57 HUN	5.21m	82.4%
7 Ralf Grunefeld	58 GER	5.18m	83.1%
8 Alfred Dubral	57 GER	5.16m	81.6%
M60 - LJ G20 G12-			
1 Hidenori Omine	60 JPN	5.60m	92.2%
2 Pericles Pinto	62 POR	5.41m	91.6%
3 Wolfgang Salberg	60 GER	5.34m	87.9%
4 Lothar Fischer	63 GER	5.25m	90.0%
5 Graeme Noden	61 AUS	5.10m	85.1%
6 Anthony Bateman	63 GBR	4.99m	85.5%
7 Emil Pawlik	60 USA	4.98m	82.0%
8 Enno Akkel	61 EST	4.90m	81.8%
M65 - LJ G1-			
1 Lawrence Richards	65 USA	5.32m	93.8%
2 Wolfgang Reuter	69 GER	4.94m	91.8%
3 Angel Joaniquet	66 ESP	4.93m	88.0%
4 Heinrich Amort	65 ITA	4.67m	82.3%
5 James Stookey	69 USA	4.66m	86.6%
6 Mohd.Tamin Merican	66 MAS	4.29m	76.6%
7 John Cauldwell	67 USA	4.08m	73.9%
8 Horst Maurer	67 GER	3.91m	70.8%
M70 - LJ G4-			
1 Matti Jarvinen	73 FIN	4.46m	87.6%
2 Jacob Rypdal	73 NOR	4.35m	85.4%
3 Dobriban Geza	73 HUN	4.33m	85.0%
4 Michio Kobayashi	72 JPN	4.33m	83.9%
5 Ajitsingh Kalirai	71 GBR	4.12m	78.7%
6 Guile Martin Moreno	70 CHI	3.96m	74.7%
7 Hermann Stolz	72 GER	3.88m	75.1%
8 Hans Hoffmann	73 GER	3.87m	76.0%
M75 - LJ G3-			
1 Melvin Larsen	75 USA	4.59m	92.5%
2 Juji Tanaka	76 JPN	4.34m	88.7%
3 Gerhard Windolf	75 GER	3.96m	79.8%
4 Bruno Sobrero	78 ITA	3.95m	82.9%
5 Edwin Lukens	77 USA	3.95m	81.7%
6 Thomas Kennell	78 USA	3.88m	81.5%
7 Lasse Taiminen	75 FIN	3.72m	75.0%
8 Tatsuya Yamaji	77 JPN	3.61m	74.7%
M80 - LJ G3-			
1 Aate Lehtimaki	80 FIN	3.66m	78.8%
2 Giuseppe Marabotti	83 ITA	3.36m	77.2%
3 Takuru Miura	81 JPN	2.84m	62.5%
M85 - LJ G3-			
1 Mazumi Morita	86 JPN	3.34m	82.4%
2 Kchisuke Ishikawa	87 JPN	2.68m	68.3%
M90 - LJ G3-			
1 Karl Trei	90 CAN	2.31m	64.7%
2 Kumazo Kashiwada	92 JPN	1.57m	48.1%
M95 - LJ M1-			
1 Leslie Estwick	38 CAN	5.63m	84.0%
2 Petra Herrmann	39 GER	5.35m	81.0%
3 Heike Ludwig	37 GER	5.29m	77.9%
4 Liane Seifert	37 GER	5.16m	75.9%
5 Reeth Abraham	35 IND	5.06m	72.2%
6 Elaine Iba	38 USA	4.75m	70.9%
7 Rosemary Clarke	37 AUS	4.70m	69.2%
8 Anrea Heyns	36 RSA	4.61m	66.9%
M40 - LJ M1-			
1 Gabriele Helbig	40 GER	5.29m	81.2%
2 Loles Vives	41 ESP	5.21m	81.2%
3 Jenny Brown	40 GBR	5.11m	78.4%
4 Carole Filer	43 GBR	5.05m	81.0%
5 Evie Roelands	41 NED	4.73m	73.7%
6 Danae Herron	40 IRL	4.63m	71.1%
7 Janice Thorne	42 GER	4.52m	71.5%
8 Monique MACKAY	40 GER	4.47m	68.6%
M45 - LJ M2-			
1 Inge Dech	45 GER	5.35m	88.2%
2 Wilma Perkins	49 AUS	4.71m	82.4%
3 Jean Fail	49 GBR	4.68m	81.9%
4 Emily McMahon	49 GBR	4.57m	80.0%
5 Veronika Taudien	49 GER	4.55m	79.6%
6 Janine Kortbeek	46 NED	4.52m	75.7%
7 Gwen Cunningham	45 GBR	4.49m	74.0%
8 Cornelia Dr. Pelz	45 GER	4.34m	71.6%
M50 - LJ M2-			
1 Margharitha Daehler	51 SUI	4.63m	83.4%
2 Grete Rivenes	51 NOR	4.56m	82.1%
3 Marlene Simmonds	53 GBR	4.28m	79.4%
4 Karin Forster	52 GER	4.24m	77.5%
5 Margaret Nuttall	52 GBR	4.18m	76.4%
6 Kaye Smythe	50 AUS	4.16m	73.7%
7 Ana Clara Goldmann	51 ARG	4.08m	73.5%
8 Beatrix Blank	52 GER	4.06m	74.2%
M55 - LJ M2-			
1 Edith Graff	57 BEL	4.69m	92.1%
2 Anne-Kathri Eriksen	55 GER	4.33m	82.6%
3 Sylvia Wood	55 GBR	4.20m	80.1%
4 Iris Holder	58 GER	4.08m	81.2%
5 Kathleen Jager	56 USA	3.82m	73.8%
6 Jacqueline Charles	57 GER	3.77m	74.0%
7 Ana Maria Briones	56 ARG	3.69m	71.3%
8 Nyala Millar	57 AUS	3.66m	71.9%

M60 - LJ M2-			
1 Christ Schmalbrucht	62 GER	4.48m	94.5%
2 Elfriede Hofman	61 GER	4.27m	88.7%
3 Erna Baumann	64 GER	3.86m	83.9%
4 Barbara Jordan	63 USA	3.64m	77.9%
5 Christa Eschenbach	62 GER	3.60m	75.9%
6 Reika Heimann	60 GER	3.49m	71.5%
7 Anne Martin	63 GBR	3.48m	74.5%
M65 - LJ M1-			
1 Hildegund Buerkle	65 GER	4.07m	89.6%
2 Astri Forde	65 NOR	3.83m	84.3%
3 Rosemarie Kreiskott	68 GER	3.83m	88.2%
4 Asta Larsson	67 SWE	3.66m	82.9%
5 Patricia Carr	67 AUS	3.57m	80.9%
6 Gerd Mjelde	66 NOR	3.46m	77.4%
7 Betty Steedman	65 GBR	3.39m	74.6%
8 Hideko Koshikawa	66 JPN	3.30m	73.8%
M70 - LJ M1-			
1 Johnnye Valien	74 USA	3.12m	78.3%
2 Ingrid Lorenz	74 GER	3.10m	77.8%
3 Carolina Molinari	70 ARG	2.83m	67.0%
4 Christia Wippersteg	71 GER	2.79m	67.0%
5 Helga Schneider	71 GER	2.68m	64.4%
6 Britt Michelsen	71 SWE	1.89m	45.4%
M75 - LJ M1-			
1 Paula Schneiderhan	77 GER	3.61m	94.7%
2 Mary Holland	75 USA	3.10m	78.8%
3 Mary Wixey	78 GBR	2.28m	60.6%
M80 - LJ M1-			
1 Rosaline Sole	83 NZL	1.51m	44.1%
- Triple Jump -			
M40 - TJ M2-			
1 Wolfgang Knabe	40 GER	15.58m	93.4%
2 Rene Gloor	42 SUI	14.70m	90.8%
3 Jon Oddsson	41 ISL	14.19m	86.4%
4 Kon Asenkerschbaume	40 GER	14.11m	84.6%
5 Giancarlo Ciceri	40 ITA	13.88m	83.2%
6 Luci Martinez Gonz.	41 ESP	13.59m	82.7%
7 Ronald Major	42 GER	13.52m	83.5%
8 Hugues Laurent	41 FRA	13.48m	82.1%
M45 - TJ G3-			
1 Manfred Wenzke	47 GER	13.51m	89.7%
2 Eugueni Poudovnikov	45 RUS	13.48m	86.9%
3 Jerzy Kaduszkiewicz	47 POL	13.44m	89.2%
4 Heinz-Arno Kupperts	45 GER	13.24m	85.3%
5 Jiri Krzyszek	48 CZE	13.17m	88.7%
6 Temel Erbek	45 TUR	13.06m	84.2%
7 Crescenzi Marchetti	48 ITA	12.81m	86.3%
8 Robert Redfern	46 GBR	11.49m	75.2%
M50 - TJ G2-			
1 Volod Chernyatevych	50 UKR	13.03m	90.3%
2 Pertti Ahomaki	53 FIN	12.58m	91.0%
3 Claus-Werner Kreft	54 GER	12.32m	90.5%
4 Roger Peyskens	52 BEL	12.08m	86.2%
5 Petr Gybas	53 CZE	12.05m	87.2%
6 Andrzej Pionk	50 POL	11.80m	81.7%
7 Georgios Kiriakidis	53 GRE	11.11m	80.4%
8 Alfred Leopold	50 GER	11.05m	76.5%
M55 - TJ G1-			
1 Tapani Taavitsainen	55 SUI	12.93m	96.3%
2 Sean Power	56 GER	12.85m	97.2%
3 Jurgen Lamp	55 EST	12.58m	93.7%
4 Heinz Besant	56 GER	11.63m	87.9%
5 Leonel Carvalho	56 POR	11.40m	86.

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6 Arne Saether	67 NOR	12.38m	88.1%
7 Leonard Olson	67 USA	12.06m	85.8%
8 Gotthard DR Zug	67 GER	11.90m	84.7%
M70 -SP G15-			
1 Tor Von Wachenfeldt	71 SWE	14.73m	02.1%
2 Tauno Kivi	71 FIN	14.31m	99.2%
3 Leo Saarinen	70 FIN	14.15m	95.9%
4 Arnold Gaynor	71 USA	12.98m	90.0%
5 Harry Hawke	70 USA	12.40m	84.0%
6 Hans Schuffenhauer	73 GER	11.19m	81.0%
7 Harold Wallace	71 USA	11.00m	76.2%
8 Lennart Magnusson	72 SWE	10.99m	77.9%
M75 -SP M16-			
1 Erik Eriksson	75 FIN	13.00m	98.2%
2 Elof Wiklund	78 SWE	11.60m	93.6%
3 Valto Makela	76 FIN	10.46m	80.8%
4 Werner Lasch	77 GER	9.60m	75.8%
5 Kenneth Knox	75 AUS	9.48m	71.6%
6 Jerzy Krawczyk	78 POL	9.44m	76.1%
7 Janis Gerca	77 GBR	8.89m	70.2%
8 Johannes Booyens	78 RSA	8.59m	69.3%
M80 -SP M16-			
1 Franz Meier	81 SUI	11.74m	02.4%
2 Erling Svennevik	80 NOR	10.05m	84.6%
3 Klaus Langer	83 GER	8.65m	80.7%
4 Ensio Hamalainen	82 FIN	8.62m	77.8%
5 Royce Foley	82 AUS	7.66m	69.2%
6 Osmo Ensi Hiekkanen	83 FIN	7.10m	66.2%
7 Eugene Bradford	84 USA	6.76m	65.1%
8 Roger Spikes	80 GBR	4.87m	40.9%
M85 -SP G10-			
1 Kasimir Gassmann	85 SUI	9.47m	94.2%
2 Ross Carter	85 USA	9.40m	93.5%
3 Esko Kolhonen	85 FIN	8.78m	87.3%
4 Torgeir Brandvold	85 NOR	7.84m	78.0%
5 Pedro Jo Villanueva	86 COL	7.68m	81.0%
6 Eduard Tamm	85 EST	7.57m	75.3%
7 Ludwig Herbst	86 GER	7.44m	78.4%
8 Kchisuke Ishikawa	87 JPN	6.61m	73.6%
M90 -SP G10-			
1 Karl Trei	90 CAN	5.12m	66.2%
2 Edward DeGroot Jr	92 USA	4.52m	68.8%
3 Alipio Santos	91 POR	4.19m	59.0%
M95 -SP G10-			
1 Marija Sterlekar	36 SLO	14.04m	65.4%
2 Karin Larnoe	35 BEL	13.28m	61.9%
3 Carmen Grell	36 GER	13.07m	60.9%
4 Anke Straaschewski	36 GER	12.46m	58.0%
5 Sabine Rogge	37 GER	12.06m	56.2%
6 Angelika Anton	36 GER	11.79m	54.9%
7 Ellen Mesloh	39 GER	11.74m	56.9%
8 Alyson Hourihan	38 GBR	11.53m	54.5%
M40 -SP G30-			
1 Alexandra Marghieva	40 MOL	13.26m	66.0%
2 Carol Finsrud	42 USA	13.15m	69.3%
3 Tine Schenkels	43 NED	12.59m	68.2%
4 Zsuzsanna Magyari	40 HUN	11.64m	58.0%
5 Gabriele Juhl	41 GER	11.63m	59.6%
6 Est Escorcia Boiano	44 COL	11.46m	63.8%
7 Maria Cotelupenco	43 MOL	11.35m	61.5%
8 Claire Cameron	40 GBR	10.47m	52.1%
M45 -SP G30-			
1 Christine Schultz	48 AUS	12.81m	79.6%
2 Ursula Hohenberg	46 GER	12.77m	75.1%
3 Anne Jensen	45 DEN	10.62m	60.6%
4 Svetlana Yesayan	46 ARM	10.03m	59.0%
5 Gabriele Schmitt	45 GER	9.43m	53.8%
6 Romana Martin	49 GBR	8.79m	56.1%
7 Ute Panitsas	48 GER	8.68m	53.9%
8 Ernestina Jimenez	49 CHI	8.56m	54.6%
M50 -SP G14-			
1 Edith Anderes	51 SUI	13.04m	76.2%
2 Gertraud Rusch	51 GER	12.87m	75.2%
3 Joyce Thomas	53 TRI	12.70m	78.4%
4 Margarethe Tomanek	50 BEL	12.69m	72.0%
5 Gertrud Heinrich	53 GER	11.49m	70.9%
6 Barbara Terry	53 GBR	11.02m	68.0%
7 Johanna Van Anholt	52 NED	10.92m	65.6%
8 Berthe Chalou	51 BEL	10.81m	63.1%
M55 -SP G14-			
1 Ingrid Miller	57 SWE	13.02m	89.7%
2 Karin Illgen	58 GER	12.62m	89.3%
3 Mary Thomas	55 AUS	12.06m	78.5%
4 Marianne Maier	56 AUT	11.78m	78.9%
5 Gisela Stecher	56 GER	11.65m	78.0%
6 Renate Vogel	55 GER	11.62m	75.6%
7 Hella Boeker	57 GER	11.11m	76.5%
8 Maija Jakobson	56 LAT	11.11m	74.4%
M60 -SP M16-			
1 Sigrun Kofink	64 GER	12.42m	03.6%
2 Helen Searle	60 AUS	12.36m	92.3%
3 Evaun Williams	61 GBR	11.53m	88.6%
4 Anne Ruehlow	62 GER	11.32m	89.4%
5 Rosemari Westerholt	60 GER	9.74m	72.7%
6 Kerty Kangasmaki	62 FIN	9.68m	76.5%
7 Asta Satsi	64 EST	9.54m	79.6%
8 Almut Brommel	64 GER	9.46m	78.9%
M65 -SP M16-			
1 Rosemary Chimes	66 GBR	11.04m	97.3%
2 Jutta Schaefer	67 GER	9.80m	88.8%
3 Anna Gaile	65 LAT	9.60m	82.1%
4 Elisabeth Dwanger	65 GER	9.34m	79.9%
5 Annemarie Scholten	65 GER	8.49m	72.6%
6 Eva Potsch	65 AUT	8.17m	69.9%
7 Ruth Baumann	67 GER	7.78m	70.5%
8 Christina Stander	65 RSA	7.64m	65.4%
M70 -SP G15-			
1 Rachel Hanssens	70 BEL	8.80m	86.4%
2 Marianne Neubert	70 GER	8.11m	79.6%
3 Jul Huaya Martinez	72 PER	7.71m	80.1%
4 C.Bernice Holland	72 USA	7.57m	78.6%
5 Hilja Bakhoff	72 EST	7.49m	77.8%
6 Helga Schneider	71 GER	7.41m	74.9%
7 Ursula Foerster	73 GER	7.24m	77.3%
8 Justine Schirmer	70 GER	7.13m	70.0%
M75 -SP G15-			
1 Kaija Jortikka	75 FIN	7.18m	80.8%
2 Olse Pleuger	75 GER	7.16m	80.6%
3 Idia Mardones	75 CHI	6.41m	72.1%
4 Helgi Pedel	75 CAN	6.39m	71.9%

5 Nora Kutti	76 EST	6.11m	70.8%
6 Margarete Struven	76 GER	5.89m	68.3%
7 Liselo Poluschinsk	76 GER	5.31m	61.6%
8 Helga Lange	77 GER	5.26m	62.7%
W80 -SP G15-			
1 Olga Kotelko	80 CAN	5.97m	77.1%
2 Lotte Dezentzer	82 GER	5.70m	79.2%
3 Aennchen Reile	84 GER	5.33m	79.3%
4 Aino Elina Korkeila	84 FIN	5.23m	77.8%
5 Betty Jarvis	84 USA	4.52m	67.2%
W85 -SP G15-			
1 Ruth Frith	89 USA	5.41m	02.4%
2 Ethel Paveley	85 GBR	3.95m	60.7%

- Discus -

M40 -DT M10-			
1 Neville Thompson	44 GBR	50.04m	75.4%
2 Michael Hambrick	40 USA	49.61m	69.7%
3 Andrejz Maliszewski	42 POL	48.44m	69.9%
4 John Moreland	40 GBR	45.36m	63.7%
5 David Abernethy	43 GBR	44.68m	65.9%
6 Frank Hoffmann	42 GER	43.84m	63.3%
7 Andrew Kruszewski	40 GBR	42.67m	60.0%
8 Hans-Joach Gellhaus	42 GER	42.29m	61.0%
M45 -DT G23-			
1 Cejza Valent	45 CZE	53.18m	81.8%
2 Peter Gordon	48 GBR	48.97m	80.5%
3 Sandor Katona	45 FRA	47.70m	73.4%
4 Lothar Pomgratz	47 GER	43.67m	70.3%
5 Gueorgui Kostov	45 BUL	42.46m	65.3%
6 Viktor Zhurba	48 UKR	41.19m	67.7%
7 John Little	46 GBR	39.91m	62.8%
8 Nils Glesnes	49 NOR	38.13m	64.0%
M50 -DT G23-			
1 Neil Griffin	51 GBR	54.29m	84.2%
2 Thomas Fahey	51 USA	52.66m	81.7%
3 Stilianos Agloupas	52 GRE	50.69m	80.4%
4 Ferenc Tegla	52 HUN	49.42m	78.3%
5 Luciano Baraldo	52 ITA	47.65m	75.5%
6 Jean-Yves Prevost	53 FRA	46.08m	74.7%
7 Vlastimil Koca	50 CZE	45.21m	68.5%
8 Manfred Hilpert	52 GER	43.32m	68.7%
M55 -DT M10-			
1 Zdenek Karasek	56 CZE	48.32m	83.5%
2 Ulrich Reuling	57 GER	47.69m	84.3%
3 Klaus Albers	59 GER	46.84m	86.4%
4 Heinz Harre	55 AUT	45.69m	77.2%
5 Petr Stanek	58 CZE	44.38m	80.2%
6 David Myerscough	55 GBR	41.91m	70.8%
7 Attila Jeremias	55 HUN	40.44m	68.3%
8 Peter Hackenschmidt	55 SWE	40.42m	68.3%
M60 -DT G24-			
1 Jaarro Lesrinen	60 FIN	55.80m	87.6%
2 Peter Speckens	64 GER	53.42m	91.6%
3 Bjorn Heggelund	61 NOR	50.11m	80.5%
4 Franz Ratzler	60 AUT	49.69m	78.0%
5 Alain Guillon	60 FRA	47.56m	74.7%
6 Robert Humphreys	63 USA	46.95m	78.8%
7 Arno Willershaeuser	60 GER	46.01m	72.2%
8 Johann Hansen	61 GER	45.39m	72.9%
M65 -DT M12-			
1 Arnost Boldan	65 CZE	49.06m	85.9%
2 Leonhard Jansen	66 GER	46.28m	82.9%
3 Heinz Brandt	69 GER	44.46m	85.0%
4 Gotthard DR Zug	67 GER	42.28m	77.4%
5 Anton Pflieger	66 GER	42.25m	75.7%
6 Philip Mulkey	66 USA	42.06m	75.3%
7 Leonard Olson	67 USA	41.91m	76.7%
8 Richard Harris	65 NZL	41.62m	72.9%
M70 -DT G9-			
1 Tauno Kivi	71 FIN	42.75m	85.4%
2 Helmuth Duholm	73 DEN	41.24m	86.0%
3 Arnold Gaynor	71 USA	39.92m	79.7%
4 Harry Hawke	70 USA	39.54m	77.2%
5 Hans Schuffenhauer	73 GER	37.10m	77.4%
6 William Garrahan	70 USA	36.72m	71.7%
7 Bogdan Winiarski	71 POL	36.33m	72.5%
8 Harold Wallace	71 USA	35.76m	71.4%
M75 -DT G9-			
1 Helge Fosnes	75 NOR	36.24m	78.8%
2 Victor Jonsson	75 SWE	32.67m	71.1%
3 Erko Simola	76 FIN	30.47m	67.8%
4 Lasse Taiminen	75 FIN	30.18m	65.6%
5 Marcel Batby	76 FRA	29.77m	66.3%
6 Jacob Stein	75 USA	28.84m	62.7%
7 Arthur Dreher	77 GER	27.44m	62.4%
8 Janis Gerca	77 GBR	26.97m	61.4%
M80 -DT G9-			
1 Erling Svennevik	80 NOR	27.78m	67.4%
2 Ensio Hamalainen	82 FIN	23.99m	62.4%
3 Klaus Langer	83 GER	23.11m	62.2%
4 Royce Foley	82 AUS	22.52m	58.6%
5 Ahlmann Nielsen	83 DEN	21.78m	58.6%
6 Osmo Ensi Hiekkanen	83 FIN	18.05m	48.6%
7 Eugene Bradford	84 USA	15.64m	43.5%
8 Roger Spikes	80 GBR	12.39m	30.0%
M85 -DT G9-			
1 Ross Carter	85 USA	30.23m	86.7%
2 Torgeir Brandvold	85 NOR	23.57m	67.6%
3 Eduard Tamm	85 EST	21.80m	62.5%
4 Pedro Jo Villanueva	86 COL	21.09m	64.1%
5 Kchisuke Ishikawa	87 JPN	19.02m	61.1%
6 Mois Zamorano Labbe	87 CHI	17.98m	57.8%
7 Ludwig Herbst	86 GER	17.37m	52.8%
8 Gilberto Gonzalez	86 PUR	16.95m	51.5%
M90 -DT G9-			
1 Karl Trei	90 CAN	17.95m	67.0%
2 Edward DeGroot Jr	92 USA	13.78m	60.7%
3 Alipio Santos	91 POR	7.59m	30.8%
M95 -DT G9-			
1 R.Waldo McBurney	96 USA	13.56m	82.5%
M35 -DT G27-			
1 Dagmar Galler	37 GER	47.04m	63.6%
2 Petra Werssch	38 GER	43.49m	59.5%
3 Malda Lange	38 LAT	42.67m	58.4%
4 Waltraud Mattedi	38 ITA	41.42m	56.6%
5 Alyson Hourihan	38 GBR	40.52m	55.4%
6 Karin Larnoe	35 BEL	40.02m	54.1%
7 Ulrike Gilie	37 GER	39.90m	54.0%
8 Ute Heimerberger	35 GER	38.66m	52.3%
M40 -DT G27-			
1 Carol Finsrud	42 USA	51.22m	77.3%
2 Maria Cotelupenco	43 MOL	44.02m	68.0%

3 Alexandra Marghieva	40 MOL	43.21m	61.9%
4 Valentyna Karsak	44 UKR	42.64m	67.5%
5 Claire Cameron	40 GBR	39.05m	56.0%
6 Tine Schenkels	43 NED	37.90m	58.6%
7 Jutta Neumann	43 GER	35.88m	55.4%
8 Gabriele Juhl	41 GER	33.42m	49.1%
W45 -DT G9-			
1 Christine Schultz	48 AUS	42.30m	73.9%
2 Ursula Hohenberg	46 GER	40.50m	67.3%
3 Anne Jensen	45 DEN	38.50m	62.4%
4 Natalija Kurcikova	46 SVK	36.26m	60.3%
5 Marie-Jo Leroy	48 FRA	33.74m	58.9%
6 Rossella Bardi	47 ITA	33.00m	56.2%
7 Svetlana Yesayan	46 ARM	32.33m	53.7%
8 Siv Lovgren	45 FIN	30.55m	49.5%
W50 -DT G24-			
1 Johanna Van Anholt	52 NED	38.13m	73.4%
2 Margarethe Tomanek	50 BEL	38.04m	69.6%
3 Edith Anderes	51 SUI	37.94m	71.3%
4 Gertrud Heinrich	53 GER	35.98m	71.0%
5 Jolande Brasser	53 NED	34.99m	69.0%
6 Inge Faldager	51 DEN	34.47m	64.7%
7 Joyce Thomas	53 TRI	32.45m	65.0%
8 Baerbel Moeller	51 GER	32.35m	60.8%
W55 -DT G27-			
1 Karin Illgen	58 GER	40.32m	89.9%
2 Ingrid Miller	57 SWE	37.06m	80.6%
3 Maija Jakobson	56 LAT	35.51m	75.3%
4 Hella Boeker	57 GER	35.02m	76.2%
5 Eva Polakova	55 SVK	31.27m	64.7%
6 Mary Thomas	55 AUS	29.71m	61.4%
7 Gudrun Mellmann	57 GER	29.40m	64.0%
8 Anu Teesalu	58 EST	26.92m	60.0%
W60 -DT G11-			
1 Anne Ruehlow	62 GER	33.23m	81.7%
2 Helen Searle	60 AUS	29.82m	69.7%
3 Asta Satsi	64 EST	29.06m	75.0%
4 Sigrun Kofink	64 GER	28.79m	74.3%
5 Almut Brommel	64 GER	27.75m	71.6%
6 Carole Derrien	60 GBR	23.39m	54.7%
7 Elisabeth Bildstein	61 AUT	22.15m	53.1%
8 Aino Sillhote	64 EST	21.65m	55.9%
W65 -DT G11-			
1 Rosemary Chimes	66 GBR	33.27m	90.1%
2 Jutta Schaefer	67 GER	29.95m	83.2%
3 Ingeborg Pfuller	67 ARG	27.97m	77.7%
4 Elisabeth Dwanger	65 GER	24.95m	65.9%
5 Ruth Baumann	67 GER	23.74m	66.0%
6 Annemarie Scholten	65 GER	22.20m	58.6%
7 Amy Hicks	66 USA	21.09m	57.1%
8 Dina Cambruzzi	65 ITA	20.77m	54.8%
W70 -DT G11-			
1 Ruth Uckel	70 GER	23.42m	69.9%
2 C.Bernice Holland	72 USA	21.23m	66.6%
3 Jul Huaya Martinez	72 PER	21.11m	66.3%
4 Helga Schneider	71 GER	20.31m	62.2%
5 Marianne Barth	74 GER	19.74m	

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Table with 3 columns: Rank, Name, Country, Time. Includes entries like Aennchen Reile (84 GER) and Alli Kaukinen (82 FIN).

- Javelin -

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Thomas Petranoff (41 USA) and Serhiy Havras (42 UKR).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Michael Brown (45 USA) and Reimund Muller (48 GER).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Esa Kiuru (52 FIN) and Juergen Brandt (51 GER).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Josef Kolar (55 CZE) and Graeme Rose (55 AUS).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Wladyslaw Kowalczyk (62 GER) and Aleksander Sakow (60 POL).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Vladimir Poskokil (67 CZE) and Aki Itkonen (66 FIN).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Harje Noreborn (72 SWE) and Pavel Jilek (70 CZE).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Erik Eriksson (75 FIN) and Edwin Lukens (77 USA).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Klaus Langer (83 GER) and Saburo Sato (81 JPN).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Gerhard Schepe (87 GER) and Torgeir Brandvold (85 NOR).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Karl Trei (90 CAN) and R.Waldo McBurney (96 USA).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Sharon Gibson (37 GBR) and Karen Scholz (35 GER).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Jean Lintern (48 GBR) and Anne Jensen (45 DEN).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Jarmila Klimesova (51 CZE) and Gertraud Rusch (51 GER).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Renate Vogel (55 GER) and Mary Thomas (55 AUS).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Gertraud Schonauer (62 AUT) and Evaun Williams (61 GBR).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Lieselotte Leiss (66 GER) and Ngawini Pepene (68 NZL).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Rachel Hanssens (70 BEL) and Christia Wippersteg (71 GER).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Kaija Jortikka (75 FIN) and Nora Kutti (76 EST).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Olga Kotelko (80 CAN) and Galina Khintchout (81 RUS).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Chris Maddocks (42 GBR) and Mark Donahoo (41 AUS).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Roberto Cervi (47 ITA) and Hristos Karageorgos (46 GRE).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Anthony King (53 IRL) and Andrew Jamieson (53 AUS).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Donald DeNoon (56 USA) and Richard Friedlander (55 USA).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Dar Ramirez Castel (62 COL) and Brian Gore (62 GBR).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Gerhard Weidner (66 GER) and Jack Bray (66 USA).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Nicolaas Schrotten (65 NED) and Eric Hall (66 GBR).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Len Creo (76 GBR) and Masashi Noritake (75 USA).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Torsten Stale (82 SWE) and Alois Bucher (80 SUI).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Philip Lawrence (87 USA) and Peru Gopalakrishnan (85 IND).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Fiona Edington (35 GBR) and Elisabeth Siegele (38 AUT).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Lynda Brubaker (42 USA) and Victoria Herazo (40 USA).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Heidi Maeder (55 SUI) and Waltraud Seiler (58 GER).

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Table with 3 columns: Rank, Name, Country, Time. Includes entries like Sally Richards (46 USA) and Hester Van Den Berg (48 RSA).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Ann Lewis (51 GER) and Annelore Werner (50 GER).

Table with 3 columns: Rank, Name, Country, Time. Includes entries like Heidi Maeder (55 SUI) and Waltraud Seiler (58 GER).

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Continued from previous page

Table of race results for 10K Cross-County, listing names, countries, and times.

10K Cross-County

Table of race results for M40-10km CC, M45-10km CC, M50-10km CC, M55-10km CC, M60-10km CC, M65-10km CC, M70-10km CC, M75-10km CC, M80-10km CC, M85-10km CC, M90-10km CC, M95-10km CC, listing names, countries, and times.

Table of race results for M40-10km CC, M45-10km CC, M50-10km CC, M55-10km CC, M60-10km CC, M65-10km CC, M70-10km CC, M75-10km CC, M80-10km CC, M85-10km CC, M90-10km CC, M95-10km CC, listing names, countries, and times.

Marathon

Table of race results for M40-MARATHON, M45-MARATHON, M50-MARATHON, M55-MARATHON, M60-MARATHON, M65-MARATHON, M70-MARATHON, M75-MARATHON, M80-MARATHON, M85-MARATHON, M90-MARATHON, M95-MARATHON, listing names, countries, and times.

Table of race results for M65-MARATHON, M70-MARATHON, M75-MARATHON, M80-MARATHON, M85-MARATHON, M90-MARATHON, M95-MARATHON, listing names, countries, and times.

Heptathlon

Table of race results for W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85, W90, W95, listing names, countries, and times.

Table of race results for W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85, W90, W95, listing names, countries, and times.

Decathlon

Table of race results for M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90, M95, listing names, countries, and times.

TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O. Box 50098, Eugene OR 97405. To keep information current, we generally do not publish results more than 3 months old. Results that are typed (maximum 28 spaces / 21/4" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

EAST

Syracuse Chargers Summer Series, Jamesville-DeWitt HS NY; June 14

100m	
M45 Dave Oja	15.2
M70 Howard MacMillan	15.8
W50 Kathy Cirina	15.6
200m	
M35 Vonden Sleight	30.7
M40 William Leberman	27.3
M45 Dave Oja	31.1
M50 Bob Micho	27.2
M55 Bob Gardino	43.0
W50 Kathy Cirina	31.8
400m	
W40 William Leberman	1:02.1
M45 Dave Oja	1:15.7
M50 Bob Micho	1:01.3
800m	
M30 Dan Reid	2:42.2
M40 Mark Rybinski	2:15.1
M45 Terry McConnell	2:23.3
1500m	
M30 Dan Reid	5:36.2
M35 Vonden Sleight	5:21.5
M45 Dave Oja	5:34.2
M75 Nate White	8:00.9
W40 Patti Ford	4:51.4
Long Jump	
W50 Kathy Cirina	11-1
Shot Put	
M30 Al Howell	8.65
W40 Kathy Cirina	8.80
M45 Ed Ferraro	9.11
M50 Jim Alexander	8.27
Discus	
M45 Ed Ferraro	33.32
M50 Jim Alexander	24.56
W50 Kathy Cirina	22.61

Philadelphia Masters Meet Germantown Academy, PA June 30

100m	
M35 Bob Murphy	13.0
M40 Dave Raymond	13.8
M45 Karl Castor	12.7
M60 Burr Daly	15.2
M70 Tom Rice	15.1
Manny Herscher	15.3
M75 Oscar Harris	15.4
W40 Renee DiGiacomo	15.3
200m	
M35 Steve Bond	24.9
M40 Steve Galetta	24.2
Tony Fulton	24.2
M50 Ron Shamwell	27.5
M60 John McKenna	28.8
M70 Manny Herscher	37.3
M75 Oscar Harris	37.9
W35 Charlotte Worthy	27.9
W40 Renee DiGiacomo	33.3
400m	
M30 Mike Clark	65.8
M35 Steve Bond	54.7
M45 Bill Krieger	56.6
M50 Ron Shamwell	60.6
W35 Charlotte Worthy	66.2
800m	
M30 Dean Lent	2:08.5
M35 Greg Green	2:08.4
M40 Chuck Shields	2:24.8
Tom Yunker	2:29.4
M45 Paul Stearns	2:23.5
M50 Fred Dedrick	2:25.5
M55 Joel Dubov	2:36.2
M60 Larry Harvey	2:32.3
M80 Ed Powers	4:11.9
W50 Jeanne Jarmoska	3:09.8
1 Mile	
M30 Eric Holte	5:13.9
M35 Greg Green	4:37.3
Steve Prince	4:47.3
M40 Pete Corcoran	5:24.7
Tom Yunker	5:29.5
M50 Fred Dedrick	5:14.0
3000m	
M30 Bill Gould	9:20.4
M35 Jim Cuono	9:28.9
M40 Dave Currie	10:44.6
Short Hurdles	
M35 Dave Long	21.1
High Jump	

M40 Allen Pendleton	5-4
Long Jump	
M35 Brandon Newell	20-6.5
M40 Allen Pendleton	17-9.5
M60 Burr Daly	12-10
M70 Tom Rice	13-1
M85 Claude Hills	6-3
Discus	
M35 Dave Long	92-9
M70 Tom Rice	87-8
M85 Claude Hills	52-8
W40 Renee DiGiacomo	51-4
Javelin	
M85 Claude Hills	12.74
W40 Renee DiGiacomo	24.60

Chelmsford Twilight Throwers July Series

Chelmsford, MA; July 7, 14, 21

Shot Put	
M40 Dave Tolson	39-9
Paul Phelan	30-4
M45 Carmen Letizia	36-2.75
Jim Queeny	27-6.25
M50 J Bookin Weiner	41-4
W35 Barbara Smith	34-3
W65 Amy Hicks	22-2
Discus	
M40 Dave Tolson	119-6
Bob Cedrone	112-4
M50 J Bookin Weiner	138-2
Dave Tousignant	115-8
M55 Jim Chamberas	112-8
W65 Amy Hicks	74-10
Marcia Crooks	68-11
Hammer	
M40 Mike Woick	173-6
Bob Cedrone	141-9
Dave Tolson	114-11
Paul Phelan	85-2
M45 Jim Queeny	64-5
M50 J Bookin Weiner	130-3
M55 Jim Chamberas	102-0
W65 Amy Hicks	77-10
Javelin	
M40 Dave Tolson	135-9
Paul Phelan	109-7
Bob Cedrone	80-3
M45 Jim Queeny	111-10
Carmen Letizia	89-5
M50 J Bookin Weiner	105-4
Dave Tousignant	64-7
W65 Amy Hicks	67-0
Marcia Crooks	51-7
Weight	
M40 Bob Cedrone	45-10
Dave Tolson	40-0
M50 Dave Tousignant	34-6
W65 Marcia Crooks	22-4

Philadelphia Masters Meet Germantown Academy, PA

July 14

M35 Eli Al-Shabazz	12.6
M50 Wm Corsey	13.0
M65 Walt Palmer	15.0
W40 Renee DiGiacomo	15.5
200m	
M35 Dean Lent	25.5
Eli Al-Shabazz	25.6
M40 Bill Krieger	25.7
Karl Castor	26.2
M65 Walt Palmer	34.6
W40 Renee DiGiacomo	33.2
400m	
M35 Dean Lent	54.8
M35 Eli Al-Shabazz	55.5
M45 Bill Krieger	57.5
M55 Glenn Schmehl	61.1
M65 Walt Palmer	74.4
800m	
M35 Eli Al-Shabazz	2:12.7
M40 Chuck Shields	2:20.4
M50 Fred Dedrick	2:22.6
1 Mile	
M30 Eric Holte	5:08.7
M35 Jon Federman	5:52.0
M40 Dave Van Houten	4:45.6
M50 Fred Dedrick	5:14.7
3000m	
M30 Bill Gould	9:20.4
M35 Jim Cuono	9:28.9
M40 Dave Currie	10:44.6
M50 Carl Grossman	11:51.0
High Jump	
M40 Allen Pendleton	5-2
M50 Wm Corsey	4-6
Pole Vault	
M45 Steve Raab	11-6

M50 Tom Randolph	11-6
Tom Taft	11-6
Long Jump	
M50 Wm Corsey	15-3.5
Shot Put	
M45 Mitch Faberstein	30-5.25
M85 Bob Detweiler	16-7
W35 Frances Harwell	30-5.25
Discus	
M40 John Kalnas	122-1
M85 Bob Detweiler	45-1
W35 Frances Harwell	71-3
W40 Renee DiGiacomo	62-2
Javelin	
W35 Frances Harwell	73-8
W40 Renee DiGiacomo	72-0

Garden State Classic Rutgers University Piscataway, NJ; July 17

100m	
M30 Peter Bongay	11.2
M35 Donald Hardy	11.1
Alex Rivera	11.7
Emilio Novembre	11.7
Mark Wetzel	12.8
M40 Val Barnwell	11.1
Remo Biagioni	11.4
Keith Royster	11.7
Errol Meike	12.2
Barry Blake	14.2
M45 Jesse Norman	11.9
Charles Lampert	11.9
Jeff Moore	12.0
David Griz	12.4
Rockdale Hudson	12.5
Donn Passman	12.8
M50 Sakshat Flowers	12.8
Mark Sepkowski	13.8
M55 David Rosenthal	15.1
Richard Simons	16.5
M65 Alexander Johnson	14.4
Giorgio Chiavelli	14.7
Josef Kogan	16.1
M70 Tom Delany	14.5
W35 Charlene Landrum	12.9
W40 Louise Clark-Feaster	14.1
W50 Skipper Clark	14.9
Norma Jones	15.8
W60 Phyllis Bradley	17.2
200m	
M30 James Bucher	23.5
M35 Donald Hardy	23.6
Alex Rivera	24.3
Kenneth Davis	25.4
Mark Wetzel	27.7
M40 Keith Royster	23.8
Tony Smith	28.5
M45 Jesse Norman	24.6
Jeff Moore	25.1
Don Passman	26.1
Charles Lampert	27.1
Charles Pleasant	27.1
M50 Sakshat Flowers	26.2
Mark Sepkowski	29.0
M55 David Rosenthal	33.7
M60 Nate Byrd	28.8
M65 Alexander Johnson	31.4
Giorgio Chiavelli	33.0
W30 Nicole Fisher-Alston	32.7
W35 Charlene Landrum	27.3
Shemayne Williams	28.4
Discus	
M30 Jim Seifert	203'6"
Dan Dillon	48.96
Mike Theuerkauf	39.94
M40 Herman Pinque	42.32
John Kalnet	38.14
Scott Bull	36.34
Pete DeStefano	35.22
M45 James Mazza	21.41
M50 Dennis Chandler	35.80
Frank Monroe	33.46
Rich Dunphy	29.42
M55 Ed Fox	34.76
Morris Carsey	22.18
Jerry Sullivan	22.00
M65 Giorgio Chiavelli	27.60
Jonas Cowles	25.46
W50 Skipper Clark	21.68
Norma Jones	12.16
W60 Phyllis Bradley	12.9
Hammer Throw	
M30 Antonio Martinez	47.86
Mike theuerkauf	41.22
M35 Mike Bersch	45.342
M40 Scott Bull	29.68
M50 Ron Blesiada	25.70
M55 Ed Fox	30.46

Javelin	
M30 Daniel Alonzo	200'8
M35 Stephen Jochum	178'1
Rich Catlin	161'0
Glenn Metcalfe	103'6
M40 Bill Poole	150'1
Scott Bull	142'3
M45 Thomas Nielson	174'11
M50 Dennis Chandler	150'6
M55 Ed Fox	128'8
Morris Carsey	89'4
Jerry Sullivan	74'9
M60 Frank Illuzzi	140'7
M65 Jonas Cowles	94'4
Giorgio Chiavelli	76'5
W40 Denise Crain	30.5
400m	
M30 James Bucher	57.3

M35 Steve Sattinger	55.8
Kenneth Davis	55.8
M40 Payton Hines	52.0
M45 Larry Zwick	59.4
Charles Pleasant	61.0
Rockdale Hudson	61.4
M50 Sakshat Flowers	62.2
Wayne Fish	72.4
M65 Alexander Johnson	76.9
M70 John McManus	80.6
M75 Lester Wright, Sr	77.4
W30 Dawn Best	63.6
W35 Shemayne Williams	63.6
W40 Denise Crain	67.6
800m	
M35 John Allen	2:21.4
Steven Cahun	2:22.0
M40 Gary Cox	2:35.9
M45 Tony Plaster	2:26.8
M55 John Saarmann	2:35.9
John Kuli	2:37.4
M60 Frank Haviland	2:36.5
M65 Irwin Bernstein	2:47.1
M70 John McManus	3:10.9
W45 Paula Dickson-Taylor	2:35.6

1500m	
M35 Manuel Pereira	4:38.4
M40 Alex Anwenyi	4:39.8
M45 Carl Stainagle	5:41.2
M55 Carl Slea, Jr	5:30.0
Armandoa Oliviera	6:03.1
M60 Frank Haviland	5:35.5
M75 John McManus	6:29.8
3000m	
M40 Alex Angwenyi	10:51.0
James Huber	10:51.4
Practice Hard Mile	
M40 Anselm LeBourne	4:22.5
Glenn McIsaac	4:58.6
David Bengiveneo	5:40.9
M45 Bob Markow	5:42.8
M50 Harris Nolan	4:59.4
80m Hurdles	
M70 Tom Delaney	15.5
100m Hurdles	
M50 Ken Brunker	14.8
110m Hurdles	
M40 Timothy McMahon	16.3
400m Hurdles	
M30 Domingo Cordero	51.3
James Bucher	59.4
M35 Darril McFarlane	64.6
M40 Tim McMahon	61.8

2000m RW	
M55 Manny Eisner	10:43.5
M70 John Nervetti	13:12
W50 Maurita Bivans	17:21.0
High Jump	
M40 Kevin Holder	5'4
M45 Mark Johnson	4'10
Bob Reese	4'0
David Friedman	4'0
M55 Jerry Sullivan	4'0
M60 Vincent Ruffin	4'2
M65 Jonas Cowles	3'10
M70 Tom Delaney	3'10
Pole Vault	
M35 Duncan Litlefield	15'9
M40 Mike Bizzaro	12'0
M45 Bob Reese	8'0
M55 Jeff Tindall	11'6
Long Jump	
M30 Peter Bongay	17'10
M35 Brandon Newell	22'7 1/2
M40 Rick Choppa	19'3 1/2
M45 Mark Johnson	14'10
Bob Reese	13'11
Dave Friedman	11'2 1/2
M55 David Rosenthal	12'5 1/2
M60 Vincent Ruffin	14'1
M65 Jonas Cowles	10'7 1/2
Giorgio Chiavelli	10'1
M70 Tom Delaney	11'8

Triple Jump	
M30 Tony Williams	50'7 1/2
M45 Mark Johnson	32'4
Dave Friedman	25'5 1/2
M55 David Rosenthal	23'1 1/2

M65 Jonas Cowles	23'0 1/2
M70 Tom Delaney	25'7
Shot Put	
M30 Mike Theuerkauf	49.05
M35 Brian Donahue	54.05
Glenn Metcalfe	30.6
M45 Michael Kalnas	33.3
James Mazza	30.9
M50 Dennis Chandler	43.2
Rich Dunphy	36.9
M55 Joseph Kalnas	34.9
Morris Carsey	30.3
Jerry Sullivan	29.11
M65 Jonas Cowles	33.3
Giorgio Chiavelli	31.95
W50 Skipper Clark	28.8
Norma Jones	24.3
W60 Phyllis Bradley	18.15

Weight Meet Hanover, NH; July 18

Shot Put	
Carl Wallin 57 6k	48-75
JerryBookWeinr 53 6k42-3	
Don Filkins	

Continued from previous page
 W45 Debbie Tophane 28:18.0
 W50 Barbara Whipp 34:32.8
 W55 Jeanne Bocci 33:12.4
 W60 Joan Berman 32:53.1

Dayton Masters Classic
 Dayton, OH; July 24

100m
 M30 Tim McCrossen 10.6
 M35 Greg Brock 11.7
 M40 Paul Ricci 12.2
 M50 Bobby James 12.2
 Lloyd Hathcock 12.2
 M55 Caleb Brown 13.8
 M60 Ernie Walls 13.0
 M65 Burt Saidel 14.4
 M70 Jack Greenwald 13.9
 M75 Jack Hipple 16.1
 M80 Gene Abdenour 17.8
 W30 Kahenda Lyle 13.8
 W35 Angela Nealy 13.5
 W55 Mary Robinson 15.8
 W60 Alice Saidel 22.8
 W65 Betty Neal 17.1
 W80 Mary Bowermaster 18.4

200m
 M30 Rudolph Russell 22.5
 M35 Eric Joiner 25.2
 M40 Tyrone Williams 22.7
 Paul Ricci 25.5
 M50 Bobby James 25.2
 M55 Lyndon Johnson 34.0
 M60 Ernie Walls 27.4
 M65 Russ Henderson 38.0
 M70 Jack Greenwald 30.0
 M75 Jack Hipple 34.6
 W30 Linda Carty 27.3
 W55 Mary Robinson 33.5
 W65 Betty Neal 39.1

400m
 M30 Robert Thomas 49.5
 M40 Tyrone Williams 52.7
 Walter Hawkins 55.6
 M45 Norman Thomas 63.6
 M50 Nathan Palmer 67.9
 M55 Lyndon Johnson 76.5
 M60 Ernie Walls 63.0
 M65 Russ Henderson 87.8
 M70 Jack Greenwald 72.8
 M75 Jack Hipple 82.5
 M80 Eugene Keller 1:50.4
 W50 Mary Hartzler 75.1
 W55 Mary Robinson 75.6

800m
 M35 Douglas Molnar 2:05.6
 M40 Walter Hawkins 2:16.8
 M45 Turran Harper 2:06.7
 M50 Allen Huff 2:25.7
 M55 Lyndon Johnson 3:11.2
 M80 Eugene Keller 4:05.4
 W30 Richee Kennedy 2:46.3
 W40 Sheree Robertson 2:47.4
 W50 Mary Hartzler 2:55.4

1500m
 M40 Steve Scott 6:19.0
 M50 Ronald Ruffin 4:57.7
 M55 Lyndon Johnson 7:15.4
 M80 Eugene Keller 8:16.8
 W30 Richee Kennedy 6:30.4

3000m
 M40 Ken Hendrick 10:17.7
 M45 John Hickey 10:34.6
 M50 Ronald Ruffin 10:40.0
 M55 Lyndon Johnson 15:20.9
 M80 Eugene Keller 17:23.6

Short Hurdles
 M35 Calvin Johnson 21.7
 M50 John Sloan 20.9
 M60 Grover Coats 16.1
 M70 Fred Hirsimaki 16.0

4x100m Relay
 M40 Over The Hill 51.9
 W30 Team Ohio 48.8

High Jump
 M40 Jack Grub 5-6
 M50 Robert Juett 4-10
 M55 Lyndon Johnson 3-8
 M60 James Mills 4-2
 M70 Richard Soller 4-2

Pole Vault
 M40 Kevin Hill 12-0
 M50 Donald Ragon 8-0
 M55 John Sloan 8-0
 M60 David Servis 8-0
 M70 Fred Hirsimaki 7-6
 W35 Angela Nealy 7-6

Long Jump
 M40 Kelly Lycan 17-4.5
 M50 Michael Daniels 16-2
 M55 John Sloan 12-3
 M60 Grover Coats 15-5
 M65 Burt Saidel 13-2.5
 M70 Richard Soller 12-3
 M75 Jack Hipple 9-1.5
 W30 Lori Ann Huff 7-6
 W65 Betty Neal 10-5
 W80 Mary Bowermaster 7-5

Triple Jump
 M40 Kelly Lycan 39-8.5
 M50 Michael Daniels 35-3.5
 M55 John Sloan 23-10.5
 M60 Grover Coats 30-10.5
 M65 Bob Jones 23-6
 M70 Fred Hirsimaki 25-9

Shot Put
 M35 Mike Cunningham 23-11
 M40 Bill Harris 24-10
 M50 Phil Barcus 31-9.5
 M55 Mickey Bitsko 49-9
 M60 Paul Deem 40-0
 M65 Pete Augsburger 35-5.5
 M70 Wm Bergen 30-2
 W35 Joyce Townsend 22-8.5
 W50 Mary Hartzler 33-11.5
 W55 Cindy Reinhoudt 34-11
 W60 Jane Mills 20-1
 W65 Betty Neal 24-7
 W80 Mary Bowermaster 19-11

Discus
 M35 Carl Cokes 112-0
 M55 Mickey Bitsko 123-1
 Mike Creager 122-3
 M60 Everett Hardy 133-10
 Paul Deem 120-5
 M65 Cliff Dickman 104-3
 M70 Wm Bergen 92-8
 M75 Mary Hartzler 98-7
 W55 Cindy Reinhoudt 93-1
 W65 Betty Neal 63-7

1500m Racewalk
 M65 James Spitzer 9:21.7
 W30 Richee Kennedy 11:17.1

Byron Meet
 Byron, IL; July 24

50m
 M40 Bill Watson 8.1
 M50 Mike Oliver 7.8
 M60 Mike Murphy 8.1
 M65 Lou Edelman 9.1
 M70 Wm Urban 8.4
 W55 Lynne Ingalls 9.7

100m
 M40 Bill Watson 14.2
 M45 Mike Skoflanc 11.8
 M50 Bob Lloyd 12.3
 M60 Mike Murphy 13.9
 M65 Lou Edelman 15.9
 M70 Wm Urban 14.4
 W55 Lynne Ingalls 16.9

200m
 M40 Jeff Watry 26.8
 M50 Bob Lloyd 25.7
 W30 Toni Leal 30.2
 W55 Lynne Ingalls 35.4

400m
 M50 Bob Lloyd 56.7
 M65 Harry Brown 64.4
 W70 Howard Byers 82.1

800m
 M45 Scott Lewis 2:21.9
 M50 Paul Perry 2:55.4

1500m
 M40 Andy Colbert 5:46.2
 M50 Pat McCaskey 6:06.2

Short Hurdles
 M45 Bob Zahn 15.8
 M50 Neal Schuster 20.2
 M65 Clarence Trinkner 18.3

300mH
 M60 Bruce Mills 55.9
 M65 Clarence Trinkner 60.7

High Jump
 M40 Jeff Watry 5-8
 M45 Ben Brokaw 5-4
 M60 Floyd Smith 4-6
 M65 Clarence Trinkner 4-8
 M70 Ed Failor 3-10
 M75 Mel Buschman 3-4

Pole Vault
 M35 Dave Gilbert 13-0
 M40 Andy Colbert 11-6
 Terry Christopher 11-6
 M45 Ben Brokaw 10-0

Long Jump
 M40 Bill Watson 13-10.5
 M45 Mike Skoflanc 18-1.75
 M50 Neal Schuster 14-1
 M65 Clarence Trinkner 13-10.5

Triple Jump
 M45 Mike Skoflanc 36-10

Shot Put
 M45 Matt Byrnes 13.63
 Michael Shiaras 11.89
 M50 Loran Robertson 14.18
 Tim Seifert 13.69
 Steve Saner 13.11
 M60 Stephen Cohen 13.16
 M70 Ed Failor 8.72
 Ken Yahiro 8.24
 W40 Ruth Welding 10.77
 W50 Nancy Cornwall 7.61
 W55 Carol Griffith 8.67
 W60 Janet Amery 4.90
 W65 Janice Wolowicz 5.82
 W75 Florence Berry 3.33

Discus
 M45 Michael Shiaras 34.46
 M50 Lee Englund 48.29
 Tim Seifert 42.20
 Jerry Bowersox 41.38
 M60 Stephen Cohen 40.83
 M65 Wally Czarny 36.08
 M70 Ed Failor 27.95
 M75 Mel Buschman 24.93
 W40 Ruth Welding 37.28
 W50 Nancy Cornwall 19.10
 W55 Carol Griffith 23.89
 W60 Janet Amery 10.58
 W65 Janice Wolowicz 16.12
 W75 Florence Berry 7.15

Javelin
 M35 Richard Harding 20.15
 M40 Jeff Watry 39.30
 M50 Neil Schuster 37.82
 Steve Saner 36.00
 M60 Gene Primm 27.90
 M65 Wally Czarny 29.30
 M70 Ed Failor 27.60
 M75 Mel Buschman 23.94
 W40 Sue Hallen 25.10
 Ruth Welding 24.60
 W50 Nancy Cornwall 20.37
 W55 Carol Griffith 28.80
 W65 Janice Wolowicz 11.53
 W75 Florence Berry 5.73

Midwest Masters Classic
 Marshall U., Huntington, WV
 July 31

100m
 M40 Paul McCarter 12.30
 Chuck Johnson 12.60
 Al Lettwich Sr 12.60
 Richard Dye 12.60
 M45 Michael Lorentz 14.20
 M50 Lloyd Hathcock 12.60
 Ron Mosley 13.70
 M55 Bob Shoemaker 13.30
 Mike Valle 14.90
 M65 Art Lewandowski 19.80
 M70 Jack Greenwald 14.20
 Everett Poe 15.00
 M75 George Riser 15.40
 M85 Jeremiah Gaines 19.70
 W55 Mary Robinson 15.30

200m
 M35 Lindsey Thurman 25.40
 M40 Chuck Johnson 25.80
 Al Lettwich Sr 26.10
 M45 Michael Lorentz 30.30
 M50 Lloyd Hathcock 25.90
 M55 Bob Shoemaker 28.60
 M70 Jack Greenwald 30.10
 Everett Poe 32.70
 M75 George Riser 32.70
 W40 Julie Milhoan 42.70
 W55 Mary Robinson 33.60

400m
 M30 John Einreinhofer 57.30
 Don Einreinhofer 61.10
 M40 Chuck Johnson 59.60
 Al Lettwich Sr 60.90
 M70 Jack Greenwald 69.70
 M75 George Riser 76.70
 W40 Julie Milhoan 92.30
 W50 Mary Hartzler 74.40
 W55 Mary Robinson 74.10

800m
 M40 Dennis Coleman 2:26.50
 W50 Mary Hartzler 2:58.50

1500m
 M40 Dennis Coleman 4:50.80
 M55 Don Mega 6:29.10
 W50 Mary Hartzler 6:29.40
 W55 Jean Fry 7:00.80

3000m
 M55 Don Mega 14:10.30
 M60 Willis Ridenour 13:54.30

5000m
 M30 Sam Welch 18.36
 M60 Willis Ridenour 22.57
 W55 Jean Fry 25.51

Short Hurdles
 M40 Trace Barnette 18.90
 M50 Ron Mosley 21.60

Long Hurdles
 M40 Trace Barnette 70.60
 Richard Dye 72.00

High Jump
 M40 Jack Grubb 5-4
 Trace Barnette 5-2
 M45 Michael Lorentz 5-0
 M50 Philip Barcus 4-10
 M55 Mike Valle 4-2
 Bob Shoemaker 3-4
 M60 James Mills 4-2
 David Servis 3-4
 M80 Charlie Irwin 3-6

Pole Vault
 M40 Richard Dye 11-6
 Kevin Hill 11-6
 M60 Taylor Goode 10-0
 David Servis 7-6

Long Jump
 M40 Trace Barnette 18-4.5
 Jack Grubb 17-7.75
 M45 Michael Lorentz 11-8.25
 M55 Mike Valle 14-1.5
 M60 Taylor Goode 14-6.25
 James Mills 12-9.25
 M65 Art Lewandowski 9-9.25
 M80 Charlie Irwin 8-7.25

Triple Jump
 M40 Trace Barnette 37-3.75
 M80 Charlie Irwin 21-8.75

Shot Put
 M30 ChrisLingenfelter 40-5.75
 M40 Phil Gregory 49-2.75
 M45 Michael Lorentz 30-0.5
 M50 Philip Barcus 32-7.25
 Carlton Mott 29-7
 M55 Mickey Bitsko 39-10.5
 Mike Valle 36-6.75
 M60 Gerald Vaughn 45-2.75
 Paul Deem Sr 39-5.5
 M65 Larry Horrine 39-0.75
 Peter Augsburger 35-4
 M70 Williams Bergen 30-8
 M75 George Riser 37-0.5
 M80 Charlie Irwin 24-0
 M85 Jeremiah Gaines 19-3.75
 W40 Julie Smith 17-5.5
 W45 April Capwill 29-7
 W50 Mary Hartzler 34-8
 W55 Cindy Reinhoudt 36-3
 W60 Jane Mills 21-7
 W70 Lillian Snaden 19-8.75

Discus
 M40 Phil Gregory 128-4
 M50 Carlton Mott 97-8
 M55 Mickey Bitsko 120-1
 Mike Valle 119-9
 M60 William Smith 154-11
 Bill Gramley 130-4
 M65 John Moll 136-6
 Larry Horrine 131-8
 M70 Williams Bergen 93-8
 Dick Bergenback 86-10
 M75 George Riser 111-1
 M80 Charlie Irwin 77-7
 M85 Jeremiah Gaines 53-10
 W40 Julie Smith 53-9
 W50 Mary Hartzler 100-11
 W55 Alice Tym 59-3
 W70 Lillian Snaden 46-7

Hammer
 M30 ChrisLingenfelter 130-7
 M50 Carlton Mott 114-3
 M55 Mickey Bitsko 145-6
 Mike Valle 124-7
 M60 Bob Harris 90-4
 M70 Dick Bergenback 94-10
 W40 Julie Smith 53-7
 W55 Alice Tym 69-3
 W70 Lillian Snaden 49-10

Javelin
 M40 Charley Greene 195-4
 Phil Gregory 150-0
 M50 Carlton Mott 104-1
 M55 Tom Russell 110-7
 M60 James Mills 125-7
 M65 Larry Horrine 120-4
 M70 Everett Poe 76-7
 M80 Charlie Irwin 61-3
 W35 Carla Greene 141-9
 W40 Julie Smith 39-4
 W55 Alice Tym 75-5
 W60 Jane Mills 47-2
 W70 Lillian Snaden 34-10

Weight
 M40 Phil Gregory 33-8
 M50 Carlton Mott 29-3
 M55 Mickey Bitsko 35-2
 Mike Valle 32-8
 M60 Bob Harris 31-9
 M70 Dick Bergenback 27-6
 W40 Julie Smith 23-0
 W55 Alice Tym 17-1.5
 W70 Lillian Snaden 22-11

1500m Racewalk
 M55 Chuck Newell 9:41.30
 W55 Janice Ridenour 10:22.70

5000m Racewalk
 M55 Chuck Newell 34:53.20
 W55 Janice Ridenour 35:44.40

MID-AMERICA

USATF Mid-America Regional Masters Championships
 Wichita St. U., KS; June 12

100m
 M35 F C Boda 11.07
 Bill Rogers 12.89
 Rick Trimmell 12.99
 Cody Andrews 13.15
 M40 Kirk Burgess 11.80
 Jim Davis 11.89
 Roger Davis 12.26
 Larry Burney 12.43
 M45 Jim Dolezel 11.91
 Bill Sellers III 11.97

Jack Morris 12.54
 Dan Knight 13.12
 M50 James St Cyr 11.22
 Mike Steinmetz 11.86
 Larry Law 13.56
 M55 Tom Fisher 13.04
 M70 Richard Soller 16.05
 M75 Bill Chivvas 17.08
 W55 Nina Bryant 16.39
 W60 SylvieBrooksSmith 16.83
 Eileen Schmidt 17.92

200m
 M35 F C Boda 22.50
 Rick Trimmell 25.29
 Bill Rogers 26.19
 M40 Kirk Burgess 23.99
 Roger Davis 24.62
 Jim Davis 24.88
 M45 Bill Sellers III 24.21
 Jim Dolezel 25.17
 M50 James St Cyr 23.85
 Mike Steinmetz 25.67
 M55 Tom Fisher 26.91
 M60 Bob Lida 26.16
 M70 Richard Soller 35.17
 W55 Nina Bryant 36.94
 W60 Eileen Schmidt 38.87
 SylvieBrooksSmith 39.32

400m
 M35 Lyle Whitaker 67.68
 M40 Jay O'Neill 57.15
 Roger Davis 57.65
 M45 Bill Sellers III 57.09
 Jim Dolezel 59.76
 Mike Calhoon 80.65
 M50 Larry Law 66.55
 M55 Tom Fisher 59.94
 M60 Bob Lida 59.25
 W60 Eileen Schmidt 96.30

800m
 M35 Rick Trimmell 2:07.54
 Jim Bogus 2:22.96
 M40 Jay O'Neill 2:13.84
 M50 Larry Law 3:02.65
 W35 Kristi Leonard 2:50.25
 W60 Eileen Schmidt 4:13.07

1500m
 M35 Jim Bogus 4:51.35
 M40 Jay O'Neill 4:24.68
 W35 Kristi Leonard 5:59.36

3000m
 M40 Jay O'Neill 10:05.35
 M50 Jeff Berven 9:55.14

Short Hurdles
 M40 Riley Greenwood 18.48
 M45 Gene Iwen 18.77
 Kelly Meares 19.85

Long Hurdles
 M35 Roy Birch 61.57
 M40 Riley Greenwood 74.46
 M45 Gene Iwen 66.61

High Jump
 M35 Lyle Whitaker 5-4
 M40 Gary Pirsch 5-9.25
 Riley Greenwood 4-10
 M45 Valeriy Snezhko 5-4
 Kelly Meares 5-4
 Dennis Webb 5-2
 M50 Terrell Schaffer 5-0
 Larry Law 5-0
 Bob Everoski 3-10
 M55 Ken Winters 4-6
 Jerry McBride 4-0
 M65 Glenn Edwards 4-4
 Ross Vrooman 4-2
 M70 Dick Donley 3-10
 Richard Soller 3-10
 Val Smith 3-6
 M75 Scott Herman 3-10
 Bill Chivvas 3-8

Pole Vault
 M40 Ken Ellis 14-6
 Charles Barnard 12-6
 M45 Gene Bard 13-6
 Dennis Webb 12-6
 Kelly Meares 11-6
 M55 Tom Thome 9-6
 Jerry McBride 9-0
 M65 Jerry Donley 9-6
 Glenn Edwards 8-6

Long Jump
 M30 Joe Dyer 19-0
 Barry Renollet 18-11
 M35 Cody Andrews 16-11
 M40 Riley Greenwood 16-0
 Gary Pirsch 14-8
 M50 Larry Law 11-7
 M55 Jerry McBride 14-8
 M65 Glenn Edwards 12-8
 M70 Richard Soller 12-10
 M80 William Trimmell 4-11
 W45 Deb Vestal 9-0
 W60 Eileen Schmidt 10-3

Triple Jump
 M30 Barry Renollet 32-6
 M45 Dennis Webb 33-9
 Jim Dolezel 33-6
 Gene Iwen 33-6
 M50 Bob Everoski 26-6

M55 Ken Winters 32-2
 W45 Deb Vestal 18-8
 W60 Eileen Schmidt 18-9

Shot Put
 M30 Wendell Donaldson 41-1
 M35 Rick Anderson 43-11
 M40 Ted Goudge 37-2
 Garry Pirsch 28-10
 Riley Greenwood 26-2
 M45 David Rhatigan 39-1
 Tim Fuehrer 31-2
 M50 Ken Counts 41-0
 Blaine Welton 34-11
 Terrell Schaffer 3401
 M55 Steve Rogers 35-5.5
 Ken Winters 35-1
 Jim Ratzlaff 31-11
 Jimmy Duckett 31-4
 M60 Tom Wesselowski 34-1
 Ron Anderson 32-0
 M65 Ross Vrooman 27-8
 M70 Floyd Jack 33-6
 Russ Meyer 30-10
 Val Smith 29-7
 M80 William Trimmell 28-11.5
 W70 Dorothy Meyer 13-9

Discus
 M30 Wendell Anderson 134-6
 M35 Rick Anderson 129-6
 Lyle Whitaker 107-1
 M40 Ted Goudge 112-5
 M45 David Rhatigan 121-9
 M50 Terrell Schaffer 117-11
 Ken Counts 111-11
 Blaine Welton 109-7
 M50 Bob Everoski 85-0
 M55 Jim Ratzlaff 108-7
 Jimmy Duckett 91-4
 Jim Graf 90-7
 M60 Ron Anderson 134-1
 Tom Wesselowski 114-10
 M65 Ross Vrooman 96-7
 M70 Val Smith 110-7
 Floyd Jack 89-8
 Russ Meyer 86-7
 M80 William Trimmell 56-8
 W70 Dorothy Meyer 38-5

Hammer
 M40 Ted Goudge 98-8
 M50 Terrell Schaffer 80-4
 Ken Counts 59-7
 M55 Jim Ratzlaff 85-6
 Jimmy Duckett 75-8
 M70 Floyd Jack 74-10

Javelin
 M30 Barry Renollet 117-8
 M35 Lyle Whitaker 131-9
 M40 Riley Greenwood 125-7
 Ted Goudge 124-8
 Garry Pirsch 109-6
 M50 Terrell Schaffer 103-8
 Blaine Welton 99-7
 Ken Counts 84-3
 M55 Jim Ratzlaff 101-5
 Jimmy Duckett 91-3
 M65 Glenn Edwards 95-6
 Ross Vrooman 90-11
 M70 Val Smith 93-0
 Floyd Jack 89-3
 Russ Meyer 74-11
 M75 Homer Socolofsky 87-1
 M80 William Trimmell 51-2
 W60 SylvieBrooksSmith 36-0
 W70 Dorothy Meyer 36-0

Sioux Falls Regional Senior Games

Sioux Falls, SD; June 17-19

50m
 M50 George Eberle 6.98
 Lonnie Iverson 7.03
 Brooks Wettlin 8.29
 M55 Dave Stevens 7.97
 Howard Bich 8.56
 M60 Virgil Wolthoff 9.00
 M65 Lloyd Kempf 7.59
 Don Phillips 7.74
 Tom Williams 7.87
 M70 Gerald Armitage 8.63
 Glenn Nelson 8.88
 M75 Danny Olson 11.09
 W55 Harriet Kaufman 9.00
 W70 Lois Ribbens 10.27

100m
 M50 George Eberle 12.97
 Lonnie Iverson 14.00
 M55 Ray Wellman 13.91
 Don Boetel 17.31
 Howard Bich 17.31

Continued from previous page

Table of race results for various events including 500m Racewalk, 100m, 200m, 400m, 800m, 1500m, High Jump, Shot Put, Discus, and Javelin.

Table of race results for M75 Danny Olson, W55 Audrey Kempf, and Harriet Kaufman.

1999 Iowa Games

Table of race results for the 1999 Iowa Games, including 100m, 200m, 400m, 800m, 1500m, Shot Put, Long Jump, High Jump, and Discus.

SOUTHWEST

Texas Masters Championships

Table of race results for the Texas Masters Championships in Dallas, July 17, covering events from 100m to 800m.

Table of race results for the Oklahoma Masters Athletic Meet in Tulsa, July 23-24, covering events from 100m to 800m.

Table of race results for the Big Sky State Games in Billings, MT, July 16-18, covering events from 50m to 5K Racewalk.

NORTHWEST

Table of race results for the Big Sky State Games in Billings, MT, July 16-18, covering events from 50m to 5K Racewalk.



Continued on next page

Continued from previous page

M60 Dean Conklin	102-10
W35 Lisa Reimer	115-6
W50 Carole Conklin	67-9
Hammer	
M35 Dale Janzen	136-11
M40 Kurt Rabenold	87-9
M50 Bob Sager	136-6
M55 Eugene Fisher	70-9
M60 Dean Conklin	87-6
Javelin	
M30 John Poole	187-6
M35 Chris Comp	150-9
M40 Keivn McCauley	172-4
M50 Keith Beartusk	118-1
M55 Russ Miller	145-7
M60 Dean Conklin	88-7
W30 Melody Carton	43-6
W35 Francie Mulholland	49-11
W40 Linda Iverson	110-3
Pentathlon	
M30 Chris Comp	1681
M40 Ted Polette	1583
M50 Terry Kerr	1087
5000m Racewalk	
M35 Pat Wages	51:08
M45 Steve Gardiner	27:23
M50 Clay Robinson	33:59
M55 Tom Lynaugh	43:44
M60 Walt Egged	36:18
M65 Ken Chomo	35:35
M80+Hap Gilliland	39:01
W30 Melody Carlson	44:32
W40 Peggy Gardiner	41:32
W45 Kay Erickson	44:14
W55 Mary Kay	43:44
5K	
M30 Ray Hunt	16:07
M35 Thomas Raunig	15:52
M40 David Coppock	16:59
M45 Michael Layman	16:35
M50 Larry Kemp	19:44
M55 Pete Pratt	20:14
M60+Bill Barry	21:51
M70+Hap Gilliland	36:40
W30 Shannon Johnson	23:42
W35 Renee Coppock	18:16
W40 Suzy Flentje	23:14
W45 Shirley Carrigan	23:23
W50 Deb Magilke	21:13
W55 Myrna Ryt	24:35
W60+Virginia Sutphin	28:14
W70+Flora Wong	36:18
10K	
M30 Dan Vermilion	40:21
M35 Ryan Grubb	41:26
M40 Wayne Erlenbush	39:37
M45 Terry Angell	39:48
M50 Walt Wetzel	42:15
M55 Ralph Clark	48:34
M60 David Veeder	48:22
M65 George Parrett	79:04
M70+Fran Harrington	72:50
W30 Jen Foster	43:00
W35 Pam Harder	45:01
W40 Lupe Mehi	42:41
W45 Becky Ballew	47:38
W50 Deb Magilke	42:50
W55 Myrna Ryt	50:24
W60 Pat Jaffray	70:58
W65 Virginia Sutphin	62:07

USATF Northwest Masters Regional Championships/ Seattle Masters Classic, West Seattle Stadium, WA; July 17-18

100m	
M30 Art Anderson	11.11
Vince Martin	11.54
M35 Greg Font	12.51
M40 Billy McKinney	12.21
Naim Hasan	12.22
Bob Good	13.22
M45 John Wells	12.72
Phil Clayton	13.35
M50 George Lyden	12.80
Jeff Schaller	12.95
Ted Pampeyan	13.01
M55 Stephen Robbins	12.14
Harold Morioka	12.33
Ron Jensen	13.87
M60 Bumper Emerson	13.48
Paul Stepan	15.09
Roy Veal	15.98

M65 Don Kane	15.04
Jim Schlewitz	15.27
Richard Harrison	16.04
M70 Ray Ryan	23.76
M80 Philip Flash	24.03
M85 Mam. Pogobekol	24.71
W35 Marilyn Dewarder	13.46
Louisa Clayton	14.35
Edelza Knights	14.73
W40 Linda Lanker	14.18
W55 Marg Radcliffe	16.45
Rose Schlewitz	18.35
Judy Fisher	18.60
200m	
M35 Greg Font	25.99
Yvon Rochon	27.14
M40 Naim Hasan	24.88
Bob Good	27.38
M45 John Wells	24.73
Kostie Killas	24.95
Russ Jacquet-Acea	25.49
M50 Dave Walter	24.47
George Lyden	25.99
Jeff Schaller	26.45
M55 Stephen Robbins	24.88
Lee Southern	26.58
Ron Jensen	29.40
M60 Roy Veal	32.86
Bumper Emerson	48.82
M65 JC Hoffman	29.44
Don Kane	30.20
Jim Schlewitz	31.26
M75 Robert Horsley	55.71
W35 Marilyn Dewarder	29.02
Jorjana Pedersen	29.16
Louisa Clayton	29.66
W40 Linda Lanker	29.58
W55 Marg Radcliffe	34.12
Rose Schlewitz	38.67
Judy Fisher	39.41
W60 Diane Palmason	33.59
W85 Mable O'Hara	68.62
400m	
M35 Lee Jimson	52.59
M40 Naim Hasan	53.96
Steve Terrell	55.17
M45 Kostie Killas	56.16
Russ Jacquet-Acea	56.66
Terry Parks	59.70
M50 Dave Walter	54.90
Rich Tucker	58.52
Mike Morton	61.77
M55 Harold Morioka	54.24
Paul Stepan	64.90
M60 Paul Stepan	69.87
M65 Don Kane	66.81
Jim Schlewitz	73.00
Ralph Riddick	77.81
M80 Philip Flash	2:06.64
W35 Marilyn Dewarder	66.33
Louisa Clayton	70.17
Sheila Ryan	73.05
W55 Judy Fisher	87.41
W65 Peggy Ainslie	94.63
W80 Helen Jensen	2:30.85
W85 Ivy Granstrom	2:34.12
800m	
M30 Mark Holme	1:56.80
M35 Steven James	2:09.11
Scott Johnson	2:15.38
M40 Steve Terrell	2:05.09
David Green	2:10.44
Bryan Burdo	2:11.01
M45 Terry Parks	2:13.65
Andrew Delecki	2:25.00
Dean Koga	2:25.55
M50 Richard Tucker	2:14.92
Doug Sturm	2:54.29
M60 Dan McCormack	2:15.63
Des O'Rourke	2:29.45
W30 Amber Ticknor	2:28.81
W40 Debbie Eerkes	2:30.04
W55 Judy Fisher	3:17.92
W60 Diane Palmason	2:54.61
W85 Ivy Granstrom	5:42.14
1500m	
M30 Mark Holme	4:14.28
M35 Steven James	4:21.88
Larry Robinette	5:11.99
M40 David Flowers	4:28.50
Keith Robinson	4:31.31
Bryan Burdo	4:34.36
M45 Michael Allison	4:24.93
Dean Koga	5:06.47
M50 Ron Ackerman	4:39.20
Phil Welch	4:41.38
Jim Beebe	5:09.18
M55 Herb Phillips	4:43.38
M60 Dan McCormack	4:39.47
Des O'Rourke	5:15.60
M65 Ralph Riddick	6:50.10
W30 Amber Ticknor	5:07.86
W35 Laurence Davin	5:37.67
W40 Debbie Eerkes	4:57.67
Joy Cordell	5:49.51
W55 Judy Fisher	6:25.63
Laura Stepan	7:48.25
Rose Schlewitz	7:58.56
W65 Susan Means	7:34.79
5000m	
M35 Peter Tel	15:49.85
Larry Robinette	20:46.00
M40 Arthur Kelly	16:12.93
Denis Villeneuve	16:50.56
Howell Robinson	17:04.35

M45 Michael Allison	16:08.13
William Hughey	17:23.86
M50 Richard O'Brien	16:23.93
Phil Welch	17:12.87
M55 Herb Phillips	17:45.34
Tim Joslin	19:53.61
Dave Hamby	20:05.42
M60 Roy Veal	20:53.76
M65 Bill Iffrig	19:32.69
Paul Kaald	25:07.59
M80 Fred Sandoy	30:45.84
W30 Gwen Hundley	21:26.43
W55 Judy Fisher	23:34.75
W65 Susan Means	29:27.34
10,000m	
M40 Denis Villeneuve	35:41.88
M45 Mark Billett	33:55.74
M50 Doug Sturm	50:43.14
M60 Roy Veal	44:00.50
W55 Judy Fisher	47:38.09
Short Hurdles	
M45 Russ Jacquet-Acea	17.90
M50 Dick Clintworth	20.16
Jim Thompson	20.65
M75 Richard Warren	20.39
W40 Linda Lanker	19.04
Long Hurdles	
M50 Jim Thompson	82.37
W40 Linda Lanker	75.16
4x100 Relay	
W30-39 Holy Smokes	56.05
High Jump	
M35 Rand Crippen	1.73
Alan Wadsworth	1.62
M45 Steve Banton	1.42
Russ Jacquet-Acea	1.37
M50 Daniel Cole	1.68
Jerry Cash	1.62
Dick Clintworth	1.52
M55 Stephen Robbins	1.47
Jim Anderson	1.47
M60 Ira Ramjoo	1.48
Jon Heller	1.07
M65 Peter Kabel	1.17
M75 Gilbert Young	1.22
Ken Gorshtow	1.17
W35 Jorjana Pedersen	1.38
W40 Gretchen Hoy	1.10
W55 Marg Radcliffe	1.15
Pole Vault	
M40 Bob Good	3.10
M45 Reg Hulbert	3.70
Steve Banton	3.10
Russ Jacquet-Acea	3.10
M50 Jerry Cash	4.20
Dennis Phillips	4.10
Josef Pfister	3.70
M65 Allen Morris	2.30
W35 Cathryn Dow	3.20
W60 Becky Sisley	2.20
Long Jump	
M30 Vincent Martin	6.79
Byron Dondoyano	5.37
M35 Mike Toll	6.21
Greg Font	6.21
Greg Wright	4.72
M40 Bob Blackburn	5.43
M50 Oron Lott	4.91
Dick Clintworth	4.85
Jim Thompson	4.43
M60 Jon Heller	3.26
Dick Zerbe	3.22
Pete LaBarge	3.17
M65 Richard Harrison	4.20
M70 Ray Ryan	1.92
M75 Richard Warren	3.58
W30 Julie Toll	3.98
W35 Louisa Clayton	4.08
W55 Marg Radcliffe	3.42
Triple Jump	
M30 Byron Dondoyano	10.74
M35 Mike Toll	11.97
Darrell Charles	11.82
Greg Font	10.90
M40 Bob Blackburn	10.49
M50 Oron Lott	10.28
David Smith	7.93
M60 Jon Heller	6.38
Ira Ramjoo	6.32
M70 Ray Ryan	4.21
W30 Julie Toll	8.62
W60 Ginny Merriman	5.32
Shot Put	
M30 Matt Burks	15.58
M40 Blake Surina	14.23
Bob Blackburn	9.16
M45 Mark Neal	12.88
Tim Muller	12.12
Steve Banton	10.68
M50 David Smith	11.94
John Hawkins	11.01
Daniel Cole	9.62
M55 George Mathews	12.62
John White	10.73
Joe Johnson	10.15
M60 Neil Saling	11.52
Turk Markishtum	10.67
Pete LaBarge	9.96
M65 Murdo Campbell	10.74
Peter Kabel	10.07
M70 Paul Kaald	7.75
M75 Carl Fennema	10.07
Ken Gorshtow	8.03
Jim Minah	7.96

M85 Ross Carter	10.11
Robert Horsley	7.28
Leon Joslin	7.07
W30 Laurie Jinkins	9.39
W35 Liz Wadsworth	7.63
W40 Carla Surina	10.07
Gretchen Hoy	7.69
W45 Joyce Taylor	7.23
Kathleen Smith	5.06
W55 Marg Radcliffe	7.57
Georgia Cutler	7.13
Discus	
M30 Matt Burks	42.52
M40 Blake Surina	39.20
Bob Blackburn	23.40
M45 Mark Neal	43.70
Tim Muller	40.90
Steve Banton	34.26
M50 Tom Taugher	36.42
Daniel Cole	32.30
Steve James	31.72
M55 John White	36.16
Jack Miller	30.74
Jim Bartron	29.70
M60 Neil Saling	44.40
Conrad Sundholm	41.20
Dick Dow	38.96
M65 Peter Kabel	34.14
Richard Harrison	28.42
M75 Robert Horsley	23.08
Ken Gorshtow	21.58
M85 Ross Carter	29.72
Leon Joslin	20.70
W30 Laurie Jinkins	23.02
W35 Liz Wadsworth	23.34
W40 Carla Surina	26.80
Gretchen Hoy	18.80
W45 Kathleen Smith	11.34
Hammer	
M30 Matt Burks	43.86
M40 Blake Surina	40.98
M50 Todd Taylor	52.82
Steve James	45.78
David Smith	29.80
M55 George Mathews	48.46
John White	38.90
M75 Jim Minah	26.62
Robert Horsley	22.92
M85 Leon Joslin	20.42
W30 Laurie Jinkins	26.58
W35 Liz Wadsworth	18.70
W40 Gretchen Hoy	16.10
W45 Joyce Taylor	24.84
Kathleen Smith	13.20
W55 Georgia Cutler	31.18
Javelin	
M35 Doug Porter	49.32
M40 Bob Blackburn	33.12
M45 Steve Banton	36.58
Russ Jacquet-Acea	34.86
M50 John Hawkins	39.28
David Smith	31.98
Daniel Cole	29.36
M55 James Bartron	29.76
M60 Pete LaBarge	47.10
Turk Markishtum	38.22
Mir Graton	28.72
M65 Murdo Campbell	33.94
Peter Kabel	28.00
M70 Carl Fennema	26.88
Jim McGray	23.22
W35 Liz Wadsworth	16.66
W40 Gretchen Hoy	15.86
W55 Marg Radcliffe	26.66
Georgia Cutler	19.84
Rose Schlewitz	16.48
W70 Mavis Lorenz	19.42
Weight	
M30 Matt Burks	14.79
M40 Blake Surina	13.01
M50 Todd Taylor	13.43
Steve James	12.36
M55 George Mathews	14.04
John White	10.81
M60 Pete LaBarge	8.79
M70 Ken Weinbel	10.09
M85 Leon Joslin	6.82
W30 Laurie Jinkins	8.47
W45 Joyce Taylor	8.42
Super Weight	
M30 Matt Burks	9.69
M40 Blake Surina	8.50
M50 Todd Taylor	8.51
John White	7.25
M70 Ken Weinbel	8.00
M85 Leon Joslin	4.29
W30 Laurie Jinkins	4.68
W45 Joyce Taylor	5.82
5000m Racewalk	
M45 Doug VerMeer	27:43.5
M50 Stan Chraminski	26:05.9
Bob Novak	27:43.5
Terry Buchanan	30:12.1
M55 John Backlund	30:44.3
George Opsahl	30:48.3
M60 Dick Zerbe	31:38.7
M65 Paul Kaald	31:50.0
Marie VerMeer	33:47.7
W40 Kim Miller	29:19.7
Joslyn Slaughter	30:07.5
W50 Judy Heller	31:34.7
Darlene Backlund	32:35.4
W60 Bev LaVeck	30:25.0

INTERNATIONAL

Dutch Championships Lelystad; June 5-6	
100m	
M40 Gerrit de Man	11.29
M45 Kees Bakx	12.19
M50 Wim Scholtes	12.02
M60 Ron Landré	13.47
M65 Kees van Giezen	14.91
W35 Maria van den Berg	13.77
W40 Tilly Verhoef	12.83
W45 Janet Janssen	14.17
M50 Ely Willemssen	14.84
W60 Lisa Plat	16.42
200m	
M40 Gerrit de Man	NR 22.88
M45 Fred van Gastereen	25.08
M50 Wim Scholtes	25.02
M60 Ron Landré	27.19
M65 Kees van Giezen	30.92
W35 Judith Beentjes	28.71
W40 Tilly Verhoef	25.98
W50 Marja Broers	31.33
W60 Lisa Plat	33.57
400m	
M40 Kees van Pelt	NR 50.15
M45 Wim Threels	53.56
M50 Wim Scholtes	53.68
M55 Wim Metselaar	61.51
M60 Ron Landré	59.86
M65 Boy van Heemstede	69.68
W35 Judith Beentjes	65.43
W40 Tilly Verhoef	58.38
W45 Diny Klomp	64.21
W50 Marja Broers	72.82
W60 Lisa Plat	NR 77.52
800m	
M40 Didier Senay	2:00.52
M45 Cees Meijer	2:08.45
M50 Ronald Merclina	2:08.22
M55 Arie van Tol	2:15.27
W35 Florence Rijsbergen	2:23.70
W40 Greet Papegaaij	2:31.42
W45 Diny Klomp	2:32.15
W50 Leny Herstel	3:14.44
W55 Corrie Keijsers	2:37.12
W60 Gerda van Kooten	WR 2:37.68
1500m	
M40 Ruud van der Laan	4:11.39
M45 Cees Meijer	4:30.11
M50 Herman v. Tongeren	4:31.72
M55 Arie van Tol	4:

Continued from previous page

M65	Leslie V-Hodkinson	2:32.91
M70	Eric Shirley	2:55.74
M75	Mike Johnston	3:23.79
M85	David Morrison	4:24.89
M90	John Farrell	4:54.19
M35	Carol-Ann Gray	2:16.96
W40	Lesley Felton	2:20.63
W45	Nancy Hiltchmough	2:22.38
W50	Margaret Auerback	2:42.21
W55	Anne Lang	2:54.84
W60	Pam Jones	3:07.19
W65	June Miles	3:17.64
W70	Shirley Brasher	3:41.74
1500m		
M40	Tony McDonald	4:09.3
M45	David Wilcock	4:08.69
M50	Walter Wilkinson	4:19.51
M55	Ron Robertson	4:30.57
M60	Ian Barnes	5:00.10
M65	Leslie V-Hodkinson	5:20.27
M70	Hugh McGinlay	5:55.93
M75	Edward Joynson	9:40.30
W35	Carol-Ann Gray	4:47.12
W40	Anne Pugh	4:53.69
W45	Nancy Hiltchmough	4:57.06
W50	Margaret Auerback	5:30.90
W55	Jacqueline Byng	5:45.10
W60	Pam Jones	6:18.36
W65	Betty Norrish	8:14.98
W70	Shirley Brasher	7:44.51
5000m		
M40	Ian Cook	15:29.94
M45	Stanley Owen	15:42.71
M50	Brian Lloyd	16:14.22
M55	Ron Robertson	16:11.81
M60	Steve James	17:39.2
M65	Charles Portsmore	15:22.3
M70	William Marshall	19:16.8
M75	Edward Joynson	30:21.5
M85	Gordon Porteous	24:51.7
W35	Jane Pidgeon	18:24.31
W40	Anne Pugh	18:36.64
W50	Margaret Auerback	19:55.92
W55	Joan Ottaway	19:05.77
W65	June Miles	24:42.43
10,000m		
M40	Alex Howe	32:21.50
M45	Gordon Stewart	33:33.54
M50	Collin Youngson	35:27.01
M55	Bert Carse	36:43.94
M60	Peter Andrews	36:26.04
M65	Charles Portsmore	40:37.01
M70	William Marshall	40:12.88
M75	Edward Joynson	74:51.80
W35	Alison Vesey	38:22.42
W45	Susan Vettlen	50:12.65
W50	Janelle Stevenson	36:55.29
W55	June Johnson	46:39.01
W65	Betty Norrish	57:45.47
3000m Steeplechase		
M40	Bernie Jones	9:42.21
M45	Richard Hunt	10:46.07
M50	Ian Forster	11:32.45
M55	Ron Robertson	10:37.60
2000m Steeplechase		
M60	Walter Hume	7:13.20
M65	Maurice Morrell	8:36.10
W40	Kim Rupert	8:18.31
W45	Victoria Adams	7:53.18
W55	Bridget Cushen	11:41.07
W60	Lucy Fraser	11:53.07
110m Hurdles		
M40	Michael Coker	15.39
M45	Philip McIlpatrick	16.28
100m Hurdles		
M50	Glynor Long	18.21
M55	Barry Ferguson	15.94
M60	Colin Shafo	17.39
M65	Jim Day	20.45
W35	Beverley Roker	16.19
80m Hurdles		
M70	Norman Carter	19.70
W40	Joss Harwood	11.82
W45	Judi Stafford	16.44
W50	Beverley Church	19.90
400m Hurdles		
M40	Michael Coker	56.01
M45	Philip McIlpatrick	63.63
M50	Peter Pearson	72.21
M55	Michael Stevenson	63.51
W35	Jane Low	66.15
W45	Judi Stafford	81.96
300m Hurdles		
M60	John Ross	49.27
M65	Andrew Galbraith	58.02
M70	Norman Carter	68.47
W50	Yvonne Priestman	54.55
Long Jump		
M40	James Rodger	5.80
M45	Dennis Wallington	5.47
M50	Eamon Fitzgerald	5.82
M55	Michael Stevenson	5.11
M60	Vladimir Roitman	4.86
M65	Jim Day	3.80
M70	Ajit Kalra	4.06
M75	Jack Swinton	2.72
W35	Wendy Laing	5.02
W40	Carole Filer	5.07
W45	Cathy Lyon-Green	4.08
W50	Beverley Church	3.09
W55	Sylvia Wood	4.08
W60	Evaun Williams	3.50
W65	Betty Steedman	3.17

W75	Mary Wixey	2.35
W80	Rosaline Sole	1.66
Triple Jump		
M40	Paul Kingston	11.75
M45	Philip McIlpatrick	11.30
M50	Eamon Fitzgerald	11.78
M55	Michael Stevenson	10.28
M60	Vladimir Roitman	11.13
M65	Denis Field	8.40
M70	Ajit Kalra	8.55
M90	Alexander Pittendrich	4.73
W35	Deborah Wilks	10.34
W40	Danea Herron	9.66
W45	Diane York	8.73
W50	Rosemary Champion	7.12
W55	Sylvia Wood	8.76
W60	Anne Martin	7.06
W65	Betty Steedman	6.79
W75	Mary Wixey	4.69
W80	Rosaline Sole	4.16
High Jump		
M40	Stephen Gill	1.75
M45	Duncan Talbot	1.60
M50	Eamon Fitzgerald	1.65
M55	Collin Green	1.45
M60	Tony Crooker	1.58
M65	Andrew Galbraith	1.31
M70	Norman Carter	1.25
W35	Wendy Laing	1.50
W45	Pam Garvey	1.35
W55	Iris Holder	1.20
W65	Rosemary Chrimes	1.25
Pole Vault		
M40	Robert McKenna	3.10
M45	Allan Williams	4.21
M50	Eamon Fitzgerald	3.50
M55	John Bradley	3.10
M65	Robert Brown	3.30
M70	Norman Carter	1.80
W35	Janet Lyon	2.60
W40	Celia Peerless	NHC
W45	Judi Stafford	2.30
Shot Put		
M40	John Moreland	12.32
M45	Hamish Davidson	13.51
M50	Nell Griffin	14.55
M55	David Myerscough	12.73
M60	John Freebairn	11.95
M65	Michael McGarry	10.00
M70	Robert Laidler	9.09
M75	Ken Knox	9.19
W35	Mandy Laing	10.69
W40	Claire Cameron	10.73
W45	Christine Schultz	12.18
W50	Maureen Lewington	8.95
W55	Mary Thomas	11.16
W60	Evaun Williams	11.39
W65	Rosemary Chrimes	10.43
W70	Audrey Williams	5.73
W75	Mary Wixey	4.07
Discus		
M40	John Moreland	43.59
M45	Peter Gordon	49.36
M50	Nell Griffin	48.59
M55	David Myerscough	41.63
M60	John Freebairn	38.17
M65	Michael McGarry	38.62
M70	Robert Laidler	35.13
M75	Ken Knox	27.14
W35	Karen Heweth	32.60
W40	Claire Cameron	39.08
W45	Christine Schultz	40.93
W50	Beverley Church	23.40
W55	Mary Thomas	29.16
W60	Evaun Williams	30.35
W65	Rosemary Chrimes	30.95
W70	Audrey Williams	15.08
Javelin		
M40	Kevin Murch	59.65
M45	Paul Oakes	45.00
M50	Bob Banens	54.19
M55	Graham Smith	37.87
M60	John Webster	40.65
M65	Denis Field	35.30
M70	Arthur Grayburn	37.31
M75	Ken Knox	19.75
W35	Mandy Laing	33.02
W40	Danea Herron	28.99
W45	Christine Schultz	27.71
W50	Rosemary Champion	22.09
W55	Mary Thomas	41.41
W60	Evaun Williams	34.96
W65	Lorna Lauchlan	16.69
W70	Audrey Williams	16.61
W75	Mary Wixey	8.82
Hammer		
M40	John Moreland	43.57
M45	Michael Small	41.05
M50	Brian Lockley	46.39
M55	Christopher Melluish	50.22
M60	Jack Kee	47.68
M65	Peter Barber	41.13
M70	Arthur Grayburn	24.06
M75	Ken Knox	23.92
W35	Diane Smith	40.99
W40	Jenny Earle	37.77
W45	Jennifer Clarke	33.29
W50	Beverley Church	30.97
W55	Jan Davies	44.00
W60	Evaun Williams	41.57
W70	Shirley Brasher	17.84
3000m Racewalk		
M40	David Turner	14:11.62
M45	John Stenhouse	14:31.61
M50	Robert Care	13:27.45

M55	Tony Johnson	15:34.0
M60	Murray Dickinson	15:15.3
M65	Bob Chapman	17:10.30
M75	Charles Colman	19:30.34
W40	Cath Reader	16:49.00
W45	Heather McDonald	16:21.49
W50	Cella Johnson	17:07.49
W55	Gwen Steed	18:15.37
W60	Margaret Beaumont	20:11.57
W65	Pamela Horwill	19:08.14
W70	Jean Knox	20:01.88
5000m Racewalk		
M40	David Turner	23:53.52

M45	John Stenhouse	24:19.22
M50	Robert Care	23:04.60
M55	Tony Johnson	26:14.20
M60	Murray Dickinson	26:27.25
M65	D Fotheringham	28:30.8
M75	Charles Colman	33:05.4
W40	Cath Reader	28:41.4
W45	Heather McDonald	28:24.1
W50	Cella Johnson	29:06.6
W55	Gwen Steed	30:12.7
W60	Margaret Beaumont	34:31.0
W65	Pamela Horwill	32:41.9
W70	Jean Knox	33:44.4

M75	Paul Lackey	24:48
Ray Blue	26:37	
Bill Osburn	27:35	
W35	Jill Hargis	19:15
W40	Bernadette Flynn	21:37
Heather Sanders	22:06	
Mary J McGowan	22:21	
W45	Betty Blank	20:36
Suzanne Mink	23:24	
Beth Schmid	23:34	
W50	Penny Bodine	25:15
Karen McGuire	30:16	
Teresa Krakauer	30:18	
W55	Julie Trapp	24:52
Joyce Weinstein	25:08	
Janet Newburgh	25:52	
W60	Tami Graf	25:50
Donna Hansen	38:52	

Irina Bogacheva	38	76:43
M40	Peter Kosch	71:47
Mark Curp		72:17
Mike Willmaring		83:20
Steven Obenhaus		88:27
Craig Merrigan		88:45
Paul Montell		90:07
Jamie Mondello		90:36
M45	Dmitry Voldman	83:00
Pat Walsh		85:30
Ken Beach		87:57
Brad Rhoden		88:25
Bruce Gilbert		92:22
M50	Rick Hogan	83:48
Greg Hartman		88:41
James Hootman		90:52
Dennis Hodgins		93:38
M55	Craig Clark	97:00
Wally Brawner		97:55
Bob Morris		98:47
M60	Bob Potter	1:29:41
Richard Wootton		1:31:29
Walt Wozniak		1:43:12
M65	Louis Jelen	1:44:37
Kent Mitchell		1:51:01
M70	Glenn Opie	2:21:20
Ed Burnham		2:42:56
W40	Marla Rhoden	91:04
Bernadette Huston		94:23
Laura Luckert		96:17
Candice McGuire		1:40:11
W45	Marilyn Nolan	1:45:54
Gall Leedy		1:46:20
Boni Wagers		1:47:31
Dasi Schlup		1:49:10
W50	Linda Hodges	1:45:21
Suzi Kilbride		1:48:20
Pat Mathews		1:52:13
W55	Karen Bestul	1:43:36
Christel Shea		1:58:51
W60	Mary Dugan	2:18:58
Carolyn Mitchell		2:20:02
W65	Frtizi Hazelrigg	2:36:39
W70	Mary Otta	nta

LONG DISTANCE RESULTS
Please send results to: National Masters News, P.O. Box 50098, Eugene, OR 97405. To keep information current, we generally do not publish results more than 3 months old. Results that are typed (maximum 28 spaces / 21/4" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

NATIONAL

**National Race For The Cure 5K
Washington, DC; June 5**

Overall		
Phillipe Rolly	26	14:38
Patty Fulton	33	17:09
M40	Peter Kirk	15:46
Jacques Consiglio		17:12
Mike Hart		17:31
Oscar Ramirez		17:46
James Minichello		17:53
M45	Richard Adams	17:10
Jay Wind		18:17
Glenn Vincent		18:28
Yvon LeDain		18:33
Glenn Klenk		19:06
M50	Pat Griffith	17:48
Stephen Wilcox		19:34
Selig Merber		19:51
James Daley		20:05
Bruce Hunter		21:39
M55	Francisco Sanches	19:01
John Slade		19:10
Michael Golash		19:27
Frank Wright		19:56
Fred Gedrich		21:07
M60	Fay Bradley	18:43
Chan Robbins		19:23
Skip Grant		21:02
John Sabal		21:42
Carl Cox		22:12
M65	Larry Dickerson	22:42
Frank Anderson		24:49
Don Smith Jr		27:59
Frank Gignac		28:20
M70	Nianxiang Xie	21:49
Dixon Hemphill		22:29
Marcel Bitoun		22:29
John Farr		30:01
M75	Bill Osburn	25:31
Bill McCulloch		36:16
Wm O'Connell		42:14
Norm Edman		43:07
W40	Annette Stertzer	17:52
Doris Woodward		19:35
Franziska Grieder		19:51
Erin Shaffer		20:57
W45	Laurie Lanham	18:59
Betty Blank		19:25
Lois Eisner		20:56
Gail Heller		20:59
W50	Hideko Pirie	20:35
Barbara Ekstrom		21:41
Laura Cantrell		21:43
Jerry Johnson		22:10
W55	Beverly Gard	21:45
Lupe Saldana		23:20
Helen Freeman		24:18
Margaret Crockett		26:19
W60	Tami Graf	24:16
Jill Cooper-Udall		27:50
Anne Burns		28:32
W65	Doralie Segal	24:59
Jacqueline O'Neil		33:58
Jaclyn Marlin		37:35
W70	Dolores McCulloch	42:27
Gloria Toner		42:36
Julie Morris		42:53
W75	Hannah Horowitz	27:39
Evelyn Kerper		46:57
Dorothy Jones		53:04

M55	Les Rosenbloom	50:45
M60	Calvin Loomis	40:42
M65	David Morgan	48:12
M70+Robert Huddle	Sr7663:16	
W35	Ljerka Ukrayczyk	46:22
W40	Shirley Woodford	41:38
W45	Rita Brown	47:23
W50	Mary Wenck	50:32

The New Jersey Association of USA Track & Field presents the: 1999 USATF NATIONAL MASTERS 5km CROSS COUNTRY CHAMPIONSHIPS



Sunday, November 21, 1999
Holmdel Park - Holmdel New Jersey

Sponsored by:



**The Holmdel Park Alumni Open 5km
Cross Country Shootout**

Meet Schedule:

The schedule is designed to allow male runners to compete in their true age division and to drop down to run for their team in a younger division. Men who run in more than one race must register (& pay) separately for each race and wear the bib number assigned to them for that race.

- 10:00am...Men 60 & Over
- 10:45am...Women 40 & Over
- 11:30am...Men 50-59
- 12:05pm...Holmdel Park Alumni Open 5km Shootout
- 12:50pm...Men 40-49

Eligibility:

→All men and women 40 years or older on race day are eligible to compete in the Championship races. Race director may require proof of age.

→USATF membership is required. Membership is also required for the non-championship open race.

→Foreign athletes may participate as individuals (not on a team) and are eligible for (non-USATF) commemorative awards.

→Resident aliens (green card holders) are eligible for individual and team competition and may win USATF awards.

Age Divisions/Awards:

The top 5 athletes in each 5 year age group will receive National Championships medals.

Team Entries:

→Only USATF Association clubs are eligible to compete for team titles. Association or National Teams are not allowed under USATF Masters rules.

→Team entries must be submitted (mailed) together. Add-ins and scratches are allowed up until race day.

→Proof of team (club) membership is required in the form of a USATF club certificate or a letter from the local USATF association. Please mail this documentation with team entries.

→The following will constitute teams:

- Men 40-49 & 50-59 — 5 score, declare upto 8
- Men 60-69, Men 70+ — 3 score, declare upto 5
- All women's teams — 3 score, declare upto 5

Team Prize Money & Awards:

Gold, Silver and Bronze medals will be awarded to all declared athletes on 1st, 2nd and 3rd place teams.

\$2700 in team prize money will be available as follows:

Men	1st	2nd	3rd	Women	1st	2nd
M40-49	\$400	\$200	\$100	W40-49	\$200	\$100
M50-59	\$400	\$200	\$100	W50-59	\$200	\$100
M60-69	\$200	\$100		W60-69	\$200	
M70-79	\$200					

Entry Fees:

Masters National Championships: (no day of race entry)

Early Pre-entry: (postmarked by November 1st): \$15.00 (include a SASE and Bib # and information will be mailed back)

Pre-entry: (received by November 16th): \$20.00

Late Registration: (on 11/20) at Holiday Inn/Tinton Falls: \$35.00

Notes: Long Sleeve Championship T-Shirt and Pre-Event Dinner Buffet available at an additional charge.

Open 5km Cross Country Shootout: (no day of race entry)

Pre-entry: (postmarked by November 1st): \$7.00 (include a SASE and Bib # and information will be mailed back)

Post entry: (received by November 16th): \$10.00

Late Registration: (on 11/20) at Holiday Inn/Tinton Falls: \$15.00

Notes: 1) USATF Membership is required to compete in this event.

2) T-shirts not available for this event.

Lodging:

Mention "USATF Masters XC" when calling any of the below:

Holiday Inn (Tinton Falls) 732-544-9300 (Meet Headquarters)

Red Roof Inn (Tinton Falls) 800-843-7663

Courtyard by Marriott (Red Bank) 732-530-5552

Must call prior to 11/1/99 to ensure discounted rates.

Travel Arrangments:

Clinton Travel - (908) 730-8800 (ask for Chris Zimmerman)

Information:

(phone): 732-296-0006 (web): <http://www.usatf.org/assoc/nj>

(email): USATFNJ@aol.com

Holmdel Park Alumni Open Cross Country Shootout Info: provides post-collegiate and collegiate athletes the opportunity to compete on the prestigious Holmdel Cross Country course for the first time since their High School days. Just how good are Jason DiJoseph's (15:16) and Janet Smith's (17:35) course records. For the first time non high school runners will be given the opportunity to see for themselves. **HS Alumni Team Competition:** top 3 (alumni from each High School) to score...male and female divisions.

May be photocopied

INDIVIDUAL REGISTRATION FORM

One form/person

Checks Payable and Mail to: USATF Masters XC, PO Box 10120, New Brunswick, NJ 08906

Name: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Age (on Race Day): _____ Date of Birth: _____ Male _____ Female _____

Team Affiliation: _____

- 1) Only fill this in if you are representing a team at this event.
- 2) reminder all team applications should be received as a package.
- 3) Athletes in the Open 5km Cross Country Shootout indicate the High School you graduated from.

Team Age Division: _____ Phone: () _____

'99 or '00 USATF #: _____
Required to compete call 732-296-0006 to receive a membership application.

In consideration of your accepting this entry, I hereby waive and release any and all rights and claims to damage I may have against race officials, Holmdel Park, USATF-NJ, volunteers, sponsors and any representatives for any and all injuries by me in this event.

(Signature) _____ (Date) _____

Check Appropriate Fees and Quantities

Masters XC Championships	Open 5km Cross Country Shootout
\$ _____ Early Pre-Entry (\$15)	\$ _____ Early Pre-Entry (\$7)
\$ _____ Pre-Entry (\$20)	\$ _____ Pre-Entry (\$10)
\$ _____ Late Registration (\$35)	\$ _____ Late Registration (\$15)
\$ _____ Long Sleeve T-Shirt (\$10) <i>shirts sold at the event will be \$15.</i>	\$ _____ Saturday Night Buffet (\$15)
Size (Circle) S M L XL	\$ _____ Event Program (\$3)
\$ _____ Saturday Night Buffet (\$15)	\$ _____ Results Book Mailed (\$5)
\$ _____ Event Program (\$3)	
\$ _____ Results Book Mailed (\$5)	
\$ _____ Total Enclosed	\$ _____ Total Enclosed