The official world and U.S. publication for masters track & field, long distance running and racewalking

337th Issue September 2006 \$3.00



Dennis McNeil, winner of the M35 100, USA Masters Championships.



Finalists in the W45 200 (I to r): Theresa Kollars; Leslie Chaplin-Swann, third; Paula Fortuna; Kathleen Shook, first; Laurie Meloche, second; Mimi Ney; Stephanie Collins; and Susan Dent, USA Masters Championships.



Nadine O'Connor, 64, winner of the W60 100, 200, short hurdles, and pole vault, USA Masters Championships.

Weather Upsets Nationals; New Schedule Saves Meet



James Cawley, 63, in the pentathlon long jump, USA Masters Championships.

1367 Masters Athletes Set 40 Records in Charlotte

By JERRY WOJCIK

CHARLOTTE, NC - After 39 years, the masters outdoor track and field championships finally made national news. Not for the records being set, or the quality of the competition, but because of record temperatures.

Newspapers across the nation from the Charlotte Observer to the Eugene Register-Guard published an Associated Press picture of a woman wiping her face "to stay cool at a Charlotte, N.C., masters track meet" with their articles on the heatwave that swept through the East, Southeast and Midwest. Not a competitor, she was watching her husband compete.

A little after noon on Thursday, Aug. 3, the first day of competition of the four-day 39th USA Masters Championships at the UNC-Charlotte's Irwin Belk Track Complex, discus and javelin throwers were ordered to cease competition by campus police and EMR personnel.

Three people had already been taken to the hospital, several were asked to discontinue competition, and over 40 had been treated on-site for heat-induced illness. When local health officials became aware of the number of people affected, they decided to stop the meet under a heat emergency.

Temperatures in the high 90s were given in the next-day articles on the heat, but no mention was made of the humidity, which those in attendance said they felt was just as high.

After consulting with health officials, meet management and the Masters Games Committee, USATF Masters Chairman George Mathews called a halt to the meet at 1 p.m. A new schedule was developed for competition to resume at 7 p.m., the same schedule to follow on Friday if a heat advisory was in effect, with a morning session ending at 1 p.m. and an evening session starting at 7 p.m. On Thursday night, some officials didn't leave the track until well after midnight.

Athletes had mixed feelings. Lorraine Jasper, W40, waiting for the decision on Thursday before 1 p.m., said, "I could have run on the track, but I feel for the officials."

"We understand," Steve Nearman,

Continued on page 7

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decathlon, USA Masters Championships, Shoreline,

Women Decathlete:

Sullivan 1 M80 Decat

One world record two established in the Decathlon/Heptathlon held at Woolsey Stadit School, Shoreline, Wa

Dennis Sullivan, increased the M80 wo by Fred Hirsimaki in of 7357

Rita Hanscom, 52, and Nadine O'Conn Calif., competed i decathlon. Hanscom O'Connor totalled 81 W60 U.S. long jump 3 1/4 in the process.

Warren Hamill, 60 er in the men's dec getting big points jump (1.57/5-01 3/4) prevailed in a field of 7305. Mark Murde the M45 division w best time of 4:57.86

Christel Donley, scorer (5596) of the with 1054 points co jump (1.11/3-07 3/4)

NATIONAL MASTERS **NEWS SEEKS BUYER**

After many years of producing the National Masters News, we're ready to retire and, in order to continue providing a wealth of invaluable information to our faithful masters readership, we wish to hand the reins over to others whose interest in continuing the publication matches our own.

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- Suzy Hess, Jerry Wojcik, Angela Egremont, and Al Sheahen



SUZY HESS Rita Hanscom, 52, winner of the W50 women's

decathlon, USA Masters Decathlon/Heptathlon Championships, Shoreline, Wash., July 15-16.

Women Decathletes Set WRs

Sullivan Breaks M80 Decathlon WR

One world record was broken and two established in the USA Masters Decathlon/Heptathlon Championships held at Woolsey Stadium at King's High

School, Shoreline, Wash., July 15-16.
Dennis Sullivan, 80, Bend, Ore., increased the M80 world record of 6802 by Fred Hirsimaki in 2005 with a total

Rita Hanscom, 52, San Diego, Calif., and Nadine O'Connor, 64, Del Mar, Calif., competed in the women's decathlon. Hanscom scored 7213, and O'Connor totalled 8149, and included a W60 U.S. long jump record of 4.35/14-3 1/4 in the process.

Warren Hamill, 60, was the top scorer in the men's decathlon with 7577, getting big points (944) in the high jump (1.57/5-01 3/4). Bill Murray, 52, prevailed in a field of seven M50s, with 7305. Mark Murdock, 46, winner of the M45 division with 5718, had the best time of 4:57.86 in the 1500.

Christel Donley, 71, was the high scorer (5596) of the three heptathletes, with 1054 points coming in the high jump (1.11/3-07 3/4). □



2006 USA MASTERS 5KM CROSS COUNTRY CHAMPIONSHIPS

Sunday, October 15, 2006 Saratoga Spa State Park, Saratoga Springs, New York

Meet Schedule

0:00am... Cross Country Classic Open

1:00am... USA Masters Men 40 49 1:30am... USA Masters Men 50 -59

12:00pm... USA Masters Women 12:45pm... USA Masters Men 60+

All 2006 USATF members 40 years or older on race day are eligible to compete. Proof of age

2006 USATF membership is required. If you are not currently a member of USATF and wish to compete in this event, please visit www.usatf.org/membership/ to register for or renew your membership.

Individual ChampionshinAwards

The top 3 athletes in each five-year age division, starting with 40-44, will receive regulation SATF medals. Only US citizens are allowed to win USATF medals and other Championship awards, including prize money

Individual Championship Prize Money

The top three Age Graded male and female finshers will receive prize money as follows:

\$125 \$75 Men

Team Competition

Team entries will be accepted from 2006 USATF registered club teams only. All team members me have a 2006 individual USATF membership & belong to the club for which they are competing. Team contact must submit a copy of your 2006 club certificate. Contact your club administrator fo

All team entry forms must be received by Oct. 7th

The following will constitute club teams; Men 40-49 & 50-59... 5 score, declare up to 8 Men 60-69 & 70+... 3 score, declare up to 5 All Women's Teams... 3 score, declare up to 5 Team Awards

Regulation USATF medals will be awarded to the scoring members of the 1st, 2nd and 3rd place cams. Only US citizens are allowed to win USATF medals and championship awards and score for a club team.

Team Prize Money will be distributed as follows

 Men
 1st
 2nd
 3rd
 Women
 1st
 2nd
 3rd

 40-49
 \$400
 \$250
 \$150
 40-49
 \$240
 \$150
 \$90

 50-59
 \$400
 \$250
 \$150
 50-59
 \$240
 \$150
 \$90

 60-69
 \$240
 \$150
 60-69
 \$240
 \$150

Individual Entry Fees

(no day of race entries)
Pre-Entry (mail & online) Registrations must be received on or before October 9th.

Last Chance Registration: 10/14 Noon -6:00pm in the Executive Board Room of the Fairfield Inn & Suites.

Team Entry Fees
There is no additional team entry fee. Team

ntries must be submitted by October 7th.

Lodging Fairfield Inn & Suites, Malta NY (866) 368-6900 \$129/night - 2 double beds

\$149/night king suite - one king bed & one pull out double sofa bed

Must call prior to the 9/15 room release date

or additional hotels around Saratoga, visit The Saratoga Convention and Tourism Bureau website at www.discoversaratoga.org or call: (518) 584-1531

Event Information

Phone: (518) 273-5552 F ax: (518) 273-0647 info@usatfadir.org www.usatf.org/events/2006/

ATF member in order to compete in the	nis event	
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The Championships will be conducted in accordance with USATF Rules of Competition. For more information, please visit our website www.usatf.org/events/2006/USAMasters5kmXCChampionships/ or call us at (518) 273-5552.

WRITE ON!

Address Letters to: National Masters News P.O. Box 50098, Eugene, OR 97405 or E-mail: natmanews@aol.com

NATIONALS

The decision to change the format of certain field events at the USA Masters Championships (throws and horizontal jumps) was incredibly stupid and inconsiderate to the athletes, totally ruining the "championship flavor" of the events. The decision to do so completely ignored the very spirit and intent of the championships.

Since I was not present at the meeting where the decision was made to change the format to four attempts, without finals, in the Saturday events, and nothing was published that explained why it happened, I must believe the officials at my discus event, who told me the decision was made: 1) because the weather delay forced the jumpers' schedule to be compressed, 2) the officials were getting tired because of the heat and humidity, and 3) they wanted to be finished so everyone could attend the BBQ.

To that I can only say weather delays to events happen, and the officials who chose Charlotte as a venue should have been more diligent in establishing a schedule that allowed for some weather delay to be built in.

The entire evening on Saturday was available, but not used. Why? The weather delay doesn't create an "extenuating circumstance" that allowed a rule change that then resulted in ruining the championships for those competitors on

Who are the national championships for, the officials or the athletes? Thursday, Friday, and Sunday's competitors in the throws were all allowed the three preliminary throws and three final throws. How could those in charge possibly ignore those competing on Saturday and single them out with

such a poor decision, contrary to the USATF rules that clearly state the national championships will have three preliminary and three final attempts in the

The discus competition for the M50 group (as well as the other throws competitors on Saturday) was relegated to a "Senior Olympics" format of four attempts and no finals. In fact, the winner of one flight of throwers wasn't able to actually "compete" against the two throwers who beat him, because they were in the other flight.

If I had known the format of the event was to be that of the Senior Olympics, I would not have invested nearly \$3000 to travel over 2000 miles to compete. The best part of the USATF competition, especially at the National Championships, is the re-structuring of the competitors into the reverse order for the finals just like having several prelim and semi heats in running events.

Since I was prevented from having the six throws I was entitled to. I believe I should be entitled to one-third of my entry fee refunded.

I didn't see any running events forced to skip their semis or finals. Why weren't the sprints on Saturday competed with just the prelim heats and then the best time gets the gold medal?

Another very disturbing event took place during the M55 discus. The 200 was being held with the start adjacent to the discus cage. Just as I was to enter the cage for my second attempt, I was asked to step back from the cage and let the 200 heat start. This inconsiderate move was very disruptive to my concentration just prior to the throw.

Not only am I now limited to four attempts, but now these attempts are dis-

Sustainers for September 2006

Periodically, NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an in-depth schedule section, and more. We are grateful for the support of masters athletes.

Special thanks this month go to:

Ray Bower Richard Donley Jim Gerhardt Jim Manno William Moremen James O'Neil Stanley Porterfield **Ward Wright**

Pittsburgh, Pennsylvania Tulsa, Oklahoma Houston, Texas Oradell, New Jersey Claremont, California Rancho Mirage, California Los Angeles, California Redondo Beach, California



James Boughter, 62, second M60 (18:57.33) in the 5000, USA Masters Championships.

rupted because the throwers have to wait for the sprinters. Why wasn't it the other way around? I truly believe I was denied a chance to win a national championship, because of the actions that disrupted the event. I was improving each attempt and might have exceeded the longest throw recorded had I had two more attempts.

> Tim Muller by e-mail

The close-to-record heat, along with oppressively high humidity, caused major repercussions at the USA Masters T&F Championships in Charlotte in August. Middle- and long-distance athletes suffered in terms of performance and comfort, and had numerous heatrelated injuries that overwhelmed the medical tent.

More seriously, many elderly officials, some in their 80s, and not nearly as healthy and fit as the athletes, were dropping like flies while they were being overcome by heat.

Unlike the athletes, the officials did not have the luxury of going inside, or at least the shade, returning to the hotel and/or swimming pool, or withdrawing from an event. They were outside in the hot sun in the heat and humidity for hours on end. Presumably, many in this group have known or unknown cardiac disease that limits their reserve to tolerate the additional stress to the heart that such conditions produce. I heard some officials required CPR.

The Arizona Association does not conduct meets after late June, and for good reason. Early season meets are day meets, usually starting at 8 a.m., when it can be quite cool, and finishing by early afternoon. Later season meets in April, May and June are evening meets, when it is warm and balmy, but quite tolerable once the sun gets low or sets, or biphasic with a morning session that ends at around noon, an afternoon siesta while the heat and sun beat down, and then an evening session that resumes at 6

Arizona simply does not have meets during July and August, where the low temperature can often be 95, along with the increased humidity of the summer "monsoon" season. There is no time of the day or night conducive to having a track meet.

There are many lessons to be learned here that can be applied to planning championship meets in hot weather sites, in particular in the Southeast where the humidity frequently approaches the temperature, not to mention the likelihood of frequent summer thunder show-

If meets are awarded to such sites, they should have a biphasic schedule with an afternoon siesta, and should be held in either June or September. The USA Masters Championships in Baton Rouge in 2001 was very hot and humid, but was helped by having some events in the evening under lights.

The worst such meet in my memory was at the Disney Sportscomplex in Orlando in 1999. Events were held in the middle of the afternoon, in addition to the morning; there was little or no shade or tents, awning or buildings near the track; and cold water was not plentifully available near the event venues.

Charlotte did, fortunately, have plentiful water and shade areas. Changing to a biphasic schedule on Thursday and Friday, which were by far the worst weather days, helped immeasurably.

Richard B. Watson Yuma, Arizona

Writing as a throws competitor, the 2006 USA Masters T&F Championships Meet in Charlotte was an atrocity The one positive aspect was the wonderful throws and weights and measures

Continued on page 6

Offici Save Char

e have all had Championship against us du Nature. She can be ver cated meet like our Nati

The saving heroes of ships were the officials Committee, comprised of meet leader, Games (Chair Carroll De Wees Becky Sisley and D Sandy Pashkin, our extee Chair, also served : the Games Committee. I Masters Committee.

We had the best gro ever assembled for any meets and maybe any period. They were led by Officials Tony Wayne a

ing groups of referees.
Relentless Efforts No group has ever p

for a meet as these tw could go on and on countless hours and de these people were in describe some of the si and decisions that I b

It began on Wedn before the start of the m Committee met for mar the schedule. This isn't get the final entries, bu suming.

We presented the rev the meet organizers and reprinted. They said the this expense, so we wen paper and started the re

Heat Advisory On Thursday around was stopped by the car the Charlotte Fire Depart the heat advisory that about, the paramedic as were overwhelmed with who needed care. We su advised that the meet or in advance that one pa enough to cover a meet

I negotiated with the chief to stop the meet u suspend the meet from p.m. if a heat advisory on Friday. The heat adv and we had to adjust delay on Friday.

The police and fire lated that we must p water and electrolytes pants and that we mi ambulance on site for the meet. The meet or ly agreed to provide m some electrolytes for not electrolytes for the

The Games Comm purchased 800 bottle: the athletes.

NATIONAL MASTERS NEWS Subscription Form

The National Masters News is the official world and U.S. publication for masters track & field, long distance running and racewalking. It contains

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Track & Field Report

By GEORGE MATHEWS Chairman, USATF Masters Track & Field

Officials and Games Committee Save Charlotte - What Really Happened

e have all had a little time to reflect on what happened at our National Championships in Charlotte in August. There were many forces working against us during this meet. The biggest one, of course, was Mother Nature. She can be very difficult to deal with when it comes to running a complicated meet like our National Championships.

The saving heroes of this Championships were the officials and your Games Committee, comprised of the following: meet leader, Games Committee Vice Chair Carroll De Weese, Rex Harvey, Becky Sisley and Dick Hotchkiss. Sandy Pashkin, our ex-Games Committee Chair, also served as consultant to the Games Committee. I represented the Masters Committee.

We had the best group of officials ever assembled for any of our masters meets and maybe any USATF meet, period. They were led by Coordinator of Officials Tony Wayne and his outstanding groups of referees.

Relentless Efforts

No group has ever put out as much for a meet as these two groups did. I could go on and on to describe the countless hours and decisions in which these people were involved. I will describe some of the significant actions and decisions that I believe saved the

It began on Wednesday, the day before the start of the meet. The Games Committee met for many hours refining the schedule. This isn't unusual after we get the final entries, but it is time-con-

We presented the revised schedule to the meet organizers and asked that it be reprinted. They said they couldn't afford this expense, so we went out and bought paper and started the reprint ourselves.

Heat Advisory

On Thursday around noon the meet was stopped by the campus police and the Charlotte Fire Department. Besides the heat advisory that we didn't know about, the paramedic and trainer on site were overwhelmed with over 40 people who needed care. We subsequently were advised that the meet organizer was told in advance that one paramedic was not enough to cover a meet of this size.

I negotiated with the police and fire chief to stop the meet until 7 p.m., and to suspend the meet from 1 p.m. until 7 p.m. if a heat advisory should be called on Friday. The heat advisory was called. and we had to adjust to this six-hour

delay on Friday. The police and fire department stipulated that we must provide more ice, water and electrolytes for our participants and that we must have a medic ambulance on site for the remainder of the meet. The meet organizer reluctantly agreed to provide more water, ice and some electrolytes for the officials, but not electrolytes for the athletes.

The Games Committee went out and purchased 800 bottles of Gatorade for the athletes.



Carroll DeWeese



SUZY HESS Rex Harvey

Medical Aid

I advised the meet organizer that he had to contract the medic ambulance for the rest of the meet. He said he didn't have the money for that. I told him that he had to for the safety of the participants. By 4 p.m. that afternoon, when he hadn't made contact with the medic unit, I contracted with them for the rest of the meet. Happily, this \$100/hr. service was provided to us at no charge.

Revised Schedule

The Games Committee had to work non-stop to revise the schedule for Thursday evening, and the officials had to come back and work until after midnight to finish Thursday's schedule. Then the Games Committee had to rework and print up a new schedule for

We started Friday and the revised schedule was working well until a lightning storm arrived around 8:30 p.m., and we had to stop the meet and evacuate the stadium to the parking garage. After 30 minutes, we realized the storm wasn't moving and were forced to call the meet for the evening. The Games Committee worked through the night revising the schedule again to make up what was lost on Friday night and get Saturday completed by 7 p.m.

The athletes who missed events

Continued on page 8

INAUGURAL

Port City Masters Track and Field Meet Weight Pentathlon & Jumpers Pentathlon

USATF Masters and Open Track & Field Meet Saturday, October 14, 2006 University of South Alabama, Mobile, Alabama Masters Competition in Five-Year Increments and Open Division

Meet Information

Entry fees: Registered by Oct 1st, 2006. First three events \$20, \$5 for additional events. Pentathlon \$25.

Late registration: First event \$30, \$5 for additional events.

USATF cards are required and will be available on-site.

ENTRIES CLOSE AT 8:30 a.m. on October 14, 2006.

All events run as finals (timed sections if necessary).

Age groups and sexes may be combined. Sanctioned by USATF.

Medals to top three in each age division.

Track schedule (rolling start times approximate) events WILL NOT be delayed to adhere to this schedule.

Track Event Schedule

8:30 a.m. 5000m RW 100/110m HH 9:30 a.m. 10:00 a.m. 800m

10:30 a.m. 200m 11:00 a.m. 1500m

11:30 a.m. 100 12:00 a.m. 400m

12:30 a.m. 5000m 1:15 a.m. 4x100 relay

1:30 a.m. 4x400 relay

Field Event Schedule

9:00 a.m. Hammer 10:00 a.m. Discus 10:30 a.m. Long Jump 11:00 a.m. Shot Put

11:30 a.m. High Jump (Men & Women)

12:00 p.m. Javelin 12:30 p.m. Triple Jump

1:00 p.m. Weight

1:30 p.m. Pole Vault (Men & Women)

Circle Events Entered

Discus • Shot Put • Javelin • Hammer • Long Jump Triple Jump • High Jump • 100/110HH • Pole Vault • 5000m RW 100m • 200m • 400m • 800m • 1500m • 5000m 4x100 Relay • 4x400 Relay • Weight Pentathlon • Jumpers Pentathlon

Number of Events Entered		
Name		
Date of Birth	Age	Sex
Address		
City	State	_ Zip
Phone	USATF#_	School and the second

I the undersigned, hereby agree to release and discharge the Port City Masters Track Meet, the USATF Alabama Association, the University of South Alabama and anyone connected with the meet, from liability resulting from any accident and/or injury that I may sustain while competing or participating in said Track and Field Meet. I certify that I believe that I am conditioned and physically able to compete in this meet.

Date

Mail entry and check payable to Lyndell Farmer c/o Port City Masters Track Meet. 2205 Creek Ridge Ct., Mobile, Alabama 36609. lfarmer@documenttechnology.com or Bill Murray: wkmrealest@aol.com



Third Wind By MIKE TYMN

Mike Egle Looks Forward to Graduation

t 44, Mike Egle finds himself caught between the young and the restless and the old and the senseless in indoor track meets – lagging behind the lead pack of young 40-year-olds and ahead of the chase pack. "I'm in sort of a no-man's land," he says. "I'm a kicker, but it's getting more and more difficult to take advantage of my kick when I can't keep up with the leaders.'

And so, Egle (pronounced Eagle) is anxiously looking forward to graduating to the 45-49 division this December. "There are some records there, especially the 1500 and 3000, that I have a chance at," he continues.

Soon after joining the masters ranks on December 27, 2001, Egle, a resident of Glenview, IL, recorded a 4:15.61 indoor mile and 8:33.08 for 3000 meters, the latter less than a second short of the American indoor record. During the past year, he has run a 4:27.9 mile and 8:50.9 for 3000.

At the outdoor nationals in Hawaii last year, he won the 800 (2:02.65) and the 1500 (4:14.97), while taking second in the 5000. He also toured last year's Chicago Marathon in 2:37:32

Egle has recent road times of 25:05 for 8K and 55:46 for 10 miles. "Anything more than a mile I've got to work like an animal," says Egle, who carries 148 pounds on a 5-9 frame.

Short-term Goal

"It's so monotonous doing the slowpaced training. I really prefer indoor track to outdoor track and the roads, but I do have a short-range goal of bettering 2:37 in the marathon at Chicago this year."

A 4:17 miler and all-state crosscountry runner in high school, Egle went on to Illinois State University, where he did a 4:07.77 indoor mile before giving up the sport after his sophomore year.

Back in the Running

"My college coach didn't offer me a scholarship," he recalls, and so I decided to quit the sport and get a part-time job. After college, I noticed my friends training and competing in various road races, so, in 1988, I thought I'd join them in the fun. I enjoyed it so much that I continued to race twice a month after that."

At 29, he ran a 14:45 5K and 30:59 10K, and also ran a 4:02 road mile at the 1993 Rockford Mile, but it wasn't until he approached his 40th birthday that he got charged up again.

"Most top masters milers are good until they are about 42, then things get tough," Egle continues. "I figured I'd be done by 42, but I'm still enjoying myself and think I can keep going. Yeah, my race times have dropped off, but I'm pretty sure I can get back down below 4:25 and 8:45. My training times are still about the same, so I figure my racing times shouldn't be that much different.

Training Smarter

Egle adds that his training regimen is much the same today as it was 20 years ago. "The difference is that I'm smarter when it comes to rest and recovery and things like running on trails and grass. I think you have to do that to avoid injury as you get older."

A typical week of training for Egle involves 60-70 miles, including a long run of 12-14 miles at around 6:30 to 6:45 pace and a couple of interval days. His favorite interval workout calls for seven 400-meter repeats at intended race pace with a minute rest between each. "I'll sometimes do 12, but with a two-minute rest," he adds

As a coach, Egle guides and trains with both high school and college run-"The other coaches are often shocked when they see me keeping up with the young guys and find out how old I am," he says, laughing.



SUZY HESS

Egle reiterates that he doesn't think aging is affecting him as much as his 4:27 mile best the past year suggests.

Mike Egle

"It was more a matter of not having enough opportunities," he muses. "I'll be very disappointed if I can't get down below 4:20 next year. For now, though, I am just concentrating on the Chicago Marathon. I'm in a summer training mode. After Chicago, I'll shift gears."

(Mike Tymn can be contacted at MET-GAT@aol.com)

TWENTY-FIVE YEARS AGO September 1981

- Vicki Bigelow, W45, 18:14.0, and Jaclyn Caselli, W60, 23:19.2, Establish 5000m WRS in Western Regionals
- Herb Lorenz, 42, Breaks U.S. Masters 10K Record With a Sizzling 30:41.5
- Ray Hatton, 49, Sets 3000m AR in Mt. Hood All-Comers
- 14th Nationals Draw 500 to Los Gatos, CA



olice informing a massage therapist that the USA Masters Championships on Thursday. Aug. 3, is being stopped, UNC-Charlotte

Write On

Continued from page 4

The hammer cage was far from the track and uphill to boot. Transportation was not provided (as in previous meets), nor was there a place nearby to park. Tuesday, before the meet began, I tried to arrange transportation for a 91year-old hammer thrower. The meet director told me "she's an athlete, she should be able to walk there." I persisted, and he did provide the transportation.

Tents, and in some cases, seats were not provided for the athletes at the throwing areas. The officials allowed us to use theirs. The declaration sheets were not available on Wednesday until after 3 pm, hours late.

After completion of our events, it took two hours to receive awards. Results should have been posted sooner. The 30 minutes allowed for protests was not the problem.

On Saturday and Sunday the throwers were cut to four throws, instead of six (three trials and three finals). Some groups did get six on Sunday. The 1500 was not shortened to 1000 meters to save time. I don't think throwers will be getting a third of their money back for each of their shortened events.

Even under normal weather conditions for this area of the U.S., a morning and evening schedule should have been considered

We rely on the site selection and games committees to help provide for a quality meet. This was far from that.

Note to future hosts: 1) if you are providing a T-shirt, the cost of which is included in the entry fee, it should reflect the fact that it is a track and field meet, 2) if you want to move the meet along, reduce all of the events equally (three-person relay, 70-meter run, etc.). As ridiculous as it sounds, it's the same as reducing the number of attempts in the field events.

I am so looking forward to Maine in 2007.

> Roz Katz New York, New York

Having participated in a number of national events over the years, from Eugene and Spokane to Orono, Maine, I have had many wonderful experiences. One goes to these national events for various reasons. My own personal ones are: 1) to compete against many of the best, 2) to reacquaint myself with old friends, and 3) to give the best account of myself that my conditioning will allow under controlled conditions handled by competent officials.

In the 5000m race at Charlotte, I finished fourth behind three of the finest in that age-group, Joe Burgasser, Bill Borla and Max Hamlyn. Although Max and I were considerably behind Joe and Bill. we had a great competition. Max bested me in the final thirty meters, finishing in

By my standards the race was a success. My time was 20:54. Max had pushed me to my goal of breaking 21:00 minutes, a highly sought-after goal of many younger runners, not to mention those of us 65 and older. It was great competition with a satisfying ending.

But wait! Upon checking the results, I found I had been listed at 21:22!

After filling out a sheet at the Clerk of the Course table and being told that it would be reviewed, I was sure it would be rectified. Upon checking back, I was told the race stood as "official." Period.

The fact that Max Hamlyn verified I was right in back of him, and my wife and other friends in the stands were watching the same clock as I, meant nothing, not against the officials at the finish line who could not own up to an honest mistake.

The Charlotte track and field people erred in that race.

Charles Keating by e-mail

Enormous credit and thanks to both the organizers and officials at the National Masters Championships in Charlotte. With dangerously hot conditions, the police shut down the meet from 1 p.m. to 7 p.m. Thursday and Friday with an immediate response by organizers to institute a split schedule with an evening session.

Then a lightning storm Friday evening (when the newly constituted evening session had barely begun) forced the organizers to cancel the evening session after waiting quite some time for the storm to abate. Surely, they worked late into the night to design a meshed schedule of half of Friday's events and all of Saturday's.

They produced a schedule that was doable for the athletes provided that the officials ran a tight ship, which they did in spades. The organizers also sent

Continued on page 13

National Cha

Continued from page 1

M45, agreed. The new schedule until Friday evening w storm and lightning hi and events were stop safety reasons.

The most controve sion of the schedule of reduction of attempts in jumps and throws on S a short time on Sund four, with no finals, prescribed three prelim final attempts.

Records Broken

Despite the extr severe changes to the shortcomings by mee (no meet-provided i some of the throws, fo athletes performed well cumstances.

Five world and 26 records, as well as a records, were set by the women entrants, who from 30 to 95. Ni records were also set. Hawaii, 802 competit or established 29 age-s

World records went M55, in a 200 prelin Smith, M45, 110H MacDonald, W65, po and Trent Lane, M95. and hammer (20.15). 100, 200 and 400 for secutive year, adding 80 masters national tit

Times in the dista significantly lower th by athletes for seeding only records in races of here were set by G who, in addition to es U.S. records in the 20 broke national record and 5000.

Bob Matteson 1 national records for t and 400 (1:39.39). M W50, set U.S. records (14.41) and javelin (40

Running in tempera ducive to records, Kar with an 8:31.15, and M60, with a 7:37.20, b the 2000SC.

Athletes who re-w records were Aaron 100; Arnie Gaynor, 1 and Betty Jarvis, W90

Multiple Winners Graded Marks

Phil Raschker, at age-group at 59, wa champion, losing on citizen Hillen von M the pole vault. Lelar compiled six gold Pawlik, 2005 Masters Year, won five M65 e the elongated Thursday. James Stor both hurdles, the jumps, and the high Krug, W75, took the h and three throws.

On the age-grade

National Championships

Continued from page 1

M45, agreed.

The new schedule worked well until Friday evening when a thunderstorm and lightning hit at about 8:30, and events were stopped again for safety reasons.

The most controversial repercussion of the schedule change was the reduction of attempts in the horizontal jumps and throws on Saturday and for a short time on Sunday morning to four, with no finals, rather than the prescribed three preliminary and three final attempts.

Records Broken

Despite the extreme weather, severe changes to the schedule, and shortcomings by meet management (no meet-provided implements in some of the throws, for example), the athletes performed well under the circumstances.

Five world and 26 U.S. age-group records, as well as a host of meet records, were set by the 1367 men and women entrants, who ranged in age from 30 to 95. Nine club relay records were also set. Last year in Hawaii, 802 competitors broke, tied or established 29 age-group records.

World records went to Bill Collins, M55, in a 200 prelim (23.36); Karl Smith, M45, 110H (14.41); Joy MacDonald, W65, pole vault (2.40); and Trent Lane, M95, shot put (6.61) and hammer (20.15). Collins won the 100, 200 and 400 for the fourth consecutive year, adding to his more than 80 masters national titles.

Times in the distance races were significantly lower than those given by athletes for seeding purposes. The only records in races over 800-meters here were set by Gerry Davidson, who, in addition to establishing W85 U.S. records in the 200, 400 and 800, broke national records in the 1500 and 5000.

Bob Matteson lowered M90 national records for the 200 (41.95) and 400 (1:39.39). Monica Kendall, W50, set U.S. records in the shot put (14.41) and javelin (40.42).

Running in temperatures not conducive to records, Karen Kunz, W50, with an 8:31.15, and Robert Barber, M60, with a 7:37.20, broke records in the 2000SC.

Athletes who re-wrote their own records were Aaron Thigpen, M40, 100; Arnie Gaynor, M75, shot put; and Betty Jaryis, W90, hammer.

and Betty Jarvis, W90, hammer. Multiple Winners and AgeGraded Marks

Phil Raschker, at the top of her age-group at 59, was a seven-time champion, losing only to non-U.S. citizen Hillen von Maltzahn, 57, in the pole vault. Leland McPhie, 92, compiled six gold medals. Emil Pawlik, 2005 Masters Athlete-of-the-Year, won five M65 events, including the elongated pentathlon on Thursday. James Stookey, M75, won both hurdles, the two horizontal jumps, and the high jump. Gloria Krug, W75, took the horizontal jumps and three throws.

On the age-graded scale, Nadine

O'Connor, 64, who won the 100 (14.04/age-graded 100%), 200 (29.53/99.6%), short hurdles (AR14.38/97.0%), and pole vault (3.00/112.3%), was named USATF Athlete-of-the-Week for her performances.

Trent Lane's M95 world record in the shot (6.61) is an age-graded 112.9%; his world-record hammer (20.15) is 129.4%; and his javelin (18.12) is 118.2%.

Collins ran a wind-aided 11.26 in the 100 final, age-graded at 100.7%, the best of the men in the three sprints. Canadians ruled in the 800, with Jean Horne, 73, hitting 99.3% for a 3:13.05, and Earl Fee, 77, at 97.7% with a 2:38.28.

Top runners in the long distances were Kathy Martin, 54, among the women, with a 92.9% 18:57 in the 5000, and Joe Burgasser, 67, in the 5000, with an 86.2% 19:23.05. Burgasser and Bill Borla, 66, ran in two of the best races of the meet, Burgasser winning the 5000 over Borla (19:33.66/84.6%), but Borla winning the 10,000 (40:44.44/84.8%) from Burgasser (40:46.48/85.5%).

Kevin Paulk, 46, winner of the M45 800 and 1500 in Hawaii last year, ran in two of the most exciting races of the meet. On Saturday, he was a close second to Saladin Allah, 46, 2:00.13 to 2:00.23, both at an age-graded 93.4%. On Sunday, he was second again to Conor O'Driscoll, 45, in the 1500, 4:15.50 to 4:16.29. Paulk retained his 1500 title because O'Driscoll is an Irish citizen.

O'Connor was the best female hurdler, Stookey, the best male, with a 99.4% 14.06 in the short hurdles. Oneithea Lewis, 46, topped all women hammer throwers with a 96.5% 47.38.

Pentathletes, Racewalkers and Clubs

When the meet was called to a halt on Thursday, many of the 54 pentathletes had done only one or two of the five events and had to wait until the evening to continue. Any high score worthy of record consideration was negated by the six-hour "break." Top men scorers were Pawlik, M65, with 3762, and Robert Baker, M60, 3433. Irene Thompson, W50, had the best women's score of 3272, with Liz Palmer, W45, second, 2998.

Of the 18 age-groups contested in the 5000 and 10K racewalks, 15 were won by the same walkers. Although both races started at about 7 a.m., temperatures were in the high 70s and low 80s. Ian Whatley, 47, was the first to finish in the 5000 (25:24.13). Jack Bray, 73, had the best age-graded mark with an 86.8% 29:58.15.

Debbie Topham, 53, and Lynn Tracy, 54, staged the closest finish in the 5000 and produced the fastest times among the women, Topham winning the W50 race in 30:06.00, and Tracy second in 30:08.05. Miriam Gordon, 81, was the best age-graded performer with an 86.8% 39:19.91.

The 10K consisted of five 2000m laps on the campus street next to the stadium. Bray, again, was the men's best performer, with an 83.1% 1:04:22.

Gordon and Shirley Dockstader, 73, tied for the women's best performance honors of 87.8%, Gordon at 1:23:39, and Dockstader at 1:11:25.

Led by its women athletes, Brooks Fleet Feet Racing, with a combined score of 637 (women, 490; men, 147) successfully defended its team title won at the 2005 Championships in Hawaii, where it scored 555.

The Florida AC was second here with 393 (W-120; M-273). So Cal Track Club-Fleet Feet took third with 332 (W-137; M-195). The meet host Carolinas T&F Club finished a close fourth (327). Scoring clubs numbered 136.

Seventy-nine teams competed in Sunday's 4x100, 4x400 and 4x800 relays. Last year in Hawaii, 61 relay teams were entered.

Wide Media Coverage

Even without the "hot weather" stories, the meet had the widest coverage ever for an outdoor championships.

"In unprecedented media action for masters, five TV stations reported live from the track for several hours on the first day of the meet with multiple segments with athletes and organizers. Four TV stations covered the second day, and TV continued on the fourth day," said Bob Weiner, Masters Media Committee Chair.

"Approximately 50 TV stories ran on the championships throughout the four days of the meet – the most coverage in masters history – and POTONIAC
VALLEY
TIET

JERRY WOLCH

JAMES Stookey, 76, included a 99.4% age-graded 14.06 win in the short hurdles in his five gold medals, USA Masters Championships.

Continued on page 10



26th Nevada Senior Games Las Vegas, Nevada

September 27 through October 1, 2006, UNLV Track 1 mile from the famous Las Vegas Boulevard "Strip"

Wednesday Sept. 27, 10K run, Wayne Bunker Park. Thursday Sept. 28, 5K run, Wayne Bunker Park

The following events will be at the UNLV Track

Friday, Sept. 29 Weight Pentathlon

Saturday, Sept 30

Hurdles (110m, 100m, 80m) • 5K RR • 50m • 400m • 1500m RW • 800m Hammer • SP • LJ • HJ • Javelin

Sunday, Oct. 1

100m • 1500m • 200m • Discus • PV • TJ • Standing LJ • Weight Throw

Electronic Scoring, USATF Sanctioned and officials.

No late registration after Sept. 26, 2006. No adds at meet.

New shirts and custom medals.

Register on line: www.nevadaseniorolympics.com E-mail: nevadaseniorgames@earthlink.net

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Track & Field Report

Continued from page 5

because of the lightning were asked to report to the stadium Saturday morning to see the new schedule. Overnight, the Games Committee posted the new schedule in the dorms and the hotel. We were advised by Tony Wayne that for the safety of his officials we should go to four attempts in the throws.

Safety First

Even though our rules say the championships shall consist of three preliminary attempts and three final attempts, safety trumps all rules, and we agreed, for the safety of the officials, to go with four attempts, with no finals, in the throws and horizontal jumps. I personally didn't love it, since my hammer competition was affected. But, so be it.

Actually, most of the athletes liked the rolling schedule that was developed, and competing in the evening. We are looking for more evening competition and shorter days, particularly for the officials; 12- and 18-hour days are too much for anyone.

Divided Banquet

Fortunately, the only other surprise we had on Saturday was that the Organizing Committee decided, without Masters Committee approval, to put our officials in a separate building for the "Banquet." No entertainment or ceremony for the people who served us so well. They couldn't go to the other building after eating, because of a tremendous rain and lightning storm. Your Games Committee split up with half being with the athletes and the other half being with the officials.

Lack of Ice and Fluids

I thought Sunday was going well, until I was advised that they were out of electrolyte drinks and running out of ice. I advised the meet organizer that I would stop the meet again for safety reasons if this wasn't taken care of immediately. The track coach responded with Power Aide powder, and because of no response on the ice, we were forced to go out and buy 79 bags

The regular three qualifying and three final attempts were restored for most of Sunday's competition.

Medal Ceremonies

Shortly after noon an athlete reported to me that they were not having the medals ceremony. I asked the meet director about it, and he said he had volunteers and didn't understand it. I immediately went down to see what was going on and found three volunteers completely overwhelmed with the heat and the task at hand.

The Games Committee jumped in with the fantastic assistance of Marilyn Mitchell and completed the awards process. The meet director did come down and give us some assistance. Unfortunately, while I was down in that area I had the sad experience of trying to use one of the four porta potties, all of which were filled up and obviously hadn't been pumped.

Transportation

The only other unusual problem, besides the normal tremendous paper work that had to be completed, was that the Games Committee had to shuttle to the cafeteria, which was a significant distance away, and stranded senior athletes who were abandoned at the dorms when the meet organizer let the shuttle people go

Other than that things were great. I think most athletes got what they came for. Thank you, again, Officials and Games Committee.

Resignation

I must also report that at the Executive Committee meeting we had on Friday, I tendered my resignation effective at the close of the Annual Meeting in December. I asked the Executive Committee to have an election to select my replacement.

I must say I have had mostly fun for almost six years, but have made the decision to simplify my life. I am starting a new business and want to spend more time with my lovely wife, Kate, my children and grandchildren. I haven't been home for my wife's birthday, Dec. 2, in 15 years.

Several people in our organization have been aware of my decision long before this meeting. It has nothing to



Phil Raschker, 59, W55 champion in seven events, USA Masters Championships

do with some recent elected officer difficulties.

Thank you for giving me the opportunity to serve you.

(George Mathews can be contacted by e-mail at george.mathews@adel phia. net)

Researchers show is recruited like this voluntarily move you slow fiber always goes perform a long, slow of ple, or perform traditi exercises, or run cr slow muscle fiber gets But the fast fiber may same workout.

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2006 USA National Masters T&F Champio	ons, Charlotte, N.C., August 3-6
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	M30	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85	M90	M95
00	Derrick	McNeil	Thigpen	Tissenbaum	Peyton	Collins	Whitley	Edens	Burch	Brown	Larsen	Manno	Matteson	-
00	Dussett	Clark	Thigpen	Waller	Peyton	Collins	Whitley	Edens	Cozens	Brown	Larsen	Means	Matteson	-
00	Dussett	Winslow	Echeandia	Allah	Jones	Collins	Pierce	Stewart	Cozens	Cheek	Johnson	Means	Matteson	_
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H	Santi	Drummond	Echeandia	Gatling	Bujalski	Wilson	Mount	Pawlik	Clark	Stookey	Washington .	-	-	
SC	Busch	Strickland	Yorges	Kollars	Robinson	Taylor	Barber	Christenser	McClenathen	Selby	-	Bulkley	-	-
-U	Hawksley	Bosma	VanZandt	McBarnette	Barrineau	Rader	Montieth	Pawlik	Langenfeld	Stookey	Smith	Maxwell	McPhie	_
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Health & Fitness

By Phil Campbell M.S., M.S.A., FACHE

E-Lifts for Triceps – High-intensity Training That Gets Results ... Fast!

riceps are extremely durable muscles and they are loaded with fast-twitch muscle fiber. If you're only using the traditional lifting tempo (up-on-two, down-on-four), you may be missing the training intensity necessary for obtaining superior results with your triceps.

Explosive lifting is popular with strength and conditioning coaches throughout the world, because athletes need to train more than one part of a muscle. Athletes need to train all three parts of a muscle – slow, fast, and super-fast twitch fiber, and the brain and nervous system that make muscle move.

Frequently, people think of triceps as a group of three muscles. And this is correct, there are three muscles that form the triceps, but there are also three different fiber types that move at the three different rates of speed.

Muscle Fiber Recruitment

This process is referred to as muscle fiber recruitment. The nervous system is the lieutenant in charge of communication and follows the orders from the commanding general (your brain), which always sends the slow-twitch fiber first to accomplish the task.

Researchers show that muscle fiber is recruited like this every time you voluntarily move your muscles – the slow fiber always goes first. When you perform a long, slow cardio, for example, or perform traditional slow-lifting exercises, or run cross-country, the slow muscle fiber gets a great workout. But the fast fiber may not be getting the same workout.

When the movement is fast, the brain and the nervous system sense that the body needs to recruit the fast fiber (that moves five times faster than the slow) to assist the slow fiber. And when the movement is so explosive and fast that it needs all three types of muscle fiber, the nervous system engages the super-fast fiber (that moves 10 times faster than the slow) to jump in and accomplish the task.

Considering the fact that the fast and super-fast muscle fiber make up around 50% of your muscle, it's easy to conclude that if you only work the slow fiber and don't train the fast, the fast fiber will grow smaller and weaker (atrophy).

Landmark Study

A new landmark study shows that not only young athletes get superior results from explosive lifting, but adults of all ages get better results with E-Lifts than other methods of strength training.

"Therefore, using heavy loads during explosive resistance training may be the most effective strategy to achieve simultaneous improvements in muscle strength, power, and endurance in older adults (Optimal load for increasing muscle power during explosive resistance training in older adults, J Gerontol A Biol Sci Med Sci. 2005 May;60(5):638-47, De Vos, NJ).

Press Down E-Lifts

You can use E-Lifts on your triceps in many different ways. My personal favorite is Press Downs with a rope. While this exercise can be performed with a bar, the rope is preferred over the bar, because it creates slightly better focus on the triceps, and it takes stress off the wrists and elbows.

There are two parts to E-Lifts for Press Downs. During the first set (three sets total), perform 10 reps by vigorously pressing the rope handle downward with an outward flare at the end of the repetition as shown below.

Keeping your back straight, bending your knees and slightly leaning forward makes it easier to isolate the triceps, and this position removes stress from the lower back.

Don't use lighter weight than nor-



Starting position



Rope flare-out

mal just because the reps will be explosive. Once your triceps are exhausted and the flare-out becomes too difficult to continue (this should be around 10 reps), begin the second phase without stopping.

Briefly, drop the weight by 10 pounds, and now it's time to pump-out reps to finish the set. Bring your hands together and begin pumping reps straight down keeping the hands side-by-side as shown.

Shoot for 10 more pump-out reps



Hands side-by-side during the finishing pump-out phase

and be prepared for exhaustion to come sooner than anticipated. Fast fiber isn't made to go for a long time, and if your triceps fail quickly, that's a good sign that you're accomplishing the goal of working the fast fiber. The finishing pump-out for the last 10 reps should have your

triceps "burning."

Keep in mind that you're only doing three sets, so make every rep count and push the triceps to failure. Rest 1.5 to 2



Antwon Dussett, 30, won the M30 200 and 400, USA Masters Championships.

minutes between sets, and be prepared to drop the weight by 10 pounds on the last set.

Note in the photo that the cable doesn't travel straight down; it angles slightly away from the weight stack and toward you. This lessens intensity on the lower back and abs and allows the focus to be only on the triceps.

Personally, I find that it takes at least 20 reps to exhaust this naturally strong and tough group of muscles. Triceps are loaded with fast-twitch fiber and it takes a demanding program like E-Lifts to get superior results.

I'm frequently asked, "How many times will I need to do E-Lift press downs before I know that I'll get results?" My answer is "once." Give E-Lift press downs a test drive and aim for superior results by working the fast-fiber in your triceps.

Have a great day! □

(Get an autographed copy of Phil Campbell's NEW Edition, 4th Printing of Ready, Set, GO! Synergy Fitness, 2nd Ed., the comprehensive fitness training guide, 300 photo illustrations, 384 pages, \$19.95. For ordering information call toll free: 866-565-3311. For more info visit his website: www.readysetgofitness.com)



Jaymee Marty , 39, W35 national champion in the 1500, 5000 and javelin, USA Masters Championships.

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TEN YEARS AGO September 1996

- 937 Athletes Set 5 World and 28 U.S. Records in 29th Nationals In Spokane
- Karel Jircik (40, 47:29) and Tatyana Pozdnyakova (40, 52:03) First Masters in Boilermaker 15K
- Central Park TC Wins Overall Team Title in East Regionals in NYC



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Masters Racewalking By LENNY PARRACINO with ELAINE WARD

Are You a Robot?

enny Parracino is a nationally recognized movement and soft tissue therapist. He is the founder of Kinetic Conditioning which is an eclectic form of individualized conditioning. He and his team have been featured throughout the world including appearances at the Cooper Institute in Texas. If you are looking for a new approach to improving your performance or ridding yourself of nagging or acute injuries, he can be reached at lenny@kineticconditioning.net - ew.

Are you a robot? No? But are you sure? How about the popular stretching and strengthening exercises that have been around for decades? I mean the ones that appear in book after book and are marketed to men and women of all ages, body types and physical health.

Usually, they pay little to no attention to the differences among individuals. And to make matters more risky, they are usually based on cadaver anatomy, not on the integrated anatomy of living, functioning human beings.

Most of us do stretching and strengthening exercises to improve our fitness for our chosen sport. The closer we heed our body's assets and vulnerabilities, the closer we come to achieving our purpose. And the reverse is

indicates a club record

true. The less the exercises conform to our individuality, the less good they do.

For example, let's say someone suggests that you go to a gym and do bench presses to strengthen your upper body. You find it more comfortable to do half presses. You are then told by some gym jock, "You are supposed to touch the bar to your chest." You reply, "Well, that doesn't feel right." Your perceptions are correct.

Designed as a Sport

The bench press was designed as a sport, not as an exercise for everybody. The hands are anchored to a bar with arms at full length. As you go down, you have to bring the bar to your chest. The problem is that if you have a shallow rib cage and long arms, you are going to have an unfavorable force



SUZY HESS

Racewalkers after the 10K on Sunday, Aug. 6 (I to r): Jerard Hargis, 77, third M75; Bernie Finch, 66, fourth M65; and Jack Starr, 78, M75 winner, USA Masters Championships.

angle at the glenohumeral joint.

This unfavorable force angle places abnormal stress on the joint, particularly when continued repetitively. It is not a matter of *if* you will get injured, it is a matter of *when*. Consequently, the best bench pressers in the world have very thick rib cages and short arms.

The point I am making here holds true for all stretching and strengthening exercises. There are no cookie cutter formulas for everyone.

Individual Program

I am a representative of my anatomy and my orthopedic history. You are a representative of your anatomy and your orthopedic history of stresses, strains and injuries. Consequently, some stretching and strengthening exercises are appropriate and some are inappropriate for you.

Now consider what happens when you combine inappropriate stretching and strengthening with the repetitive movements of racewalking. What if you walk the same path, the same way, with the same shoes, day in and day out?

Are you clueless about the possible outcome? Maybe consciously, but not subconsciously. Your body knows and it starts sending negative little messages. It can't stand doing the same movements over and over again, and eventually breaks down.

Many injuries are invited by athletes who equate variety with doing different distances at different speeds. Variety also consists of providing your musculoskeletal system with a series of diverse movements.

Realistic Approach

To function optimally, you need a spectrum of sport-related drills, stretches and strengtheners that nurture your fitness and athletic goals. Such a spectrum combines the realities of your body with the requirements of racewalking.

Always remember that you are unique. Mass exercise prescriptions are for robots, not for individual athletes seeking optimal performance.

(Elaine Ward can be contacted by email at narwf@sbcglobal.net)

Visit the National Masters News on our Web site at: www.nationalmastersnews.com

Continued from page 7

MSNBC ran stories." (To see the coverage, go to http://www.weinerpublic.com/20060803.doc.)

The Charlotte Observer interviewed Phil Raschker, Kathy Martin, Trent Lane, Sam Hall, Gerald Vaughn, Margaret Hagerty, Sid Howard, and Frank Levine, among others, and listed the winners, with their home towns, in the sports section.

USATF Media issued extensive nightly reports with results and details of the events on the track.

Announcing duties were handled by Peter Taylor, track events, and Andrew Boyajian, field events.

The meet was directed by Dr. Gordon Edwards, and hosted by the Carolina Masters T&F Club. Champion Athleticwear was the premier sponsor and awarded sports bags to the best age-graded performance in each event in 10-year divisions

At the Masters T&F Executive

Committee meeting on Friday afternoon, a U.S. bid offered by Bob Fine for the 2008 NCCWMA Championships was deferred until the 2006 USATF Annual Meeting.

Masters T&F Chair, George Mathews said that the Sacramento Sports Authority showed an interest in bidding for the 2011 WMA World Championships. He also announced that he would resign from his position at the close of the Annual Meeting in December.

Most athletes agreed that, under the circumstances, the meet came off pretty well. Not having rented cars, some were put off by the long walks from the dorms to the dining hall, the long wait for campus shuttles, and distant location of the college from downtown Charlotte.

After two days, sprinter Don Cheek and thrower Len Olson took the shuttle back to the airport to rent cars for transportation.

The 40th USA Masters Championships will be held in Orono, Me., on Aug. 2-5. 2007. □

Tweakin

his proposal is a petition, and the appropriate weig tate that: a 50-year-old implements heavier that throw a 1.5kg discus wrong with this logic.

The discus relies strength and more on the shot. To equate the and explosiveness of a with a high school kid

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At the same time, t ers get an "easier weig bigger discus is less of the body and perform heavier shot or hammed Junior Weight Cha

A few years ago, subsequently, USAT weights of the "Junior implements for natio tional competition.

Junior men throw hammer and a 1.75k weights were adjusted records.

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Simple Solution

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Pending World and U.S. Records 39th USA National Masters Championships Charlotte, N.C. – August 3-6

	RECORDS		per la but	01411-4	U.U.D.
Event	Age	New Mark	Name	Old Mark	Held By
200	M55	23.36	Bill Collins	23.37	Ron Taylor
110H	M45	14.41	Karl Smith	14.70	K. Smith
PV	W65	2.40	Joy MacDonald	2.32	Becky Sisley Midori Yamamoto
SP(3k)	M95	6.61	Trent Lane	6.10	T. Lane
HT(3k)	M95	20.15	Trent Lane	15.97	T. Lane
J.S. REC	ORDS				
Event	Age	New Mark	Name	Old Mark	Held By
100	M40	10.73	Aaron Thigpen	10.80	A. Thigpen
200	W85	63.09	Gerry Davidson	-	
200	M90	41.95	Bob Matteson	42.78	Anthony Castro
400	W85	2:14.85	Gerry Davidson	The party	The same of
400	M90	99.39	Bob Matteson	1:42.85	James Hammond
1500	W85	10:55.01	Gerry Davidson	10:50.24	Mary Haines
5000	W85	49:08.73	Gerry Davidson	55:24.60	Mary Haines
800	W85	5:43.32	Gerry Davidson	-	
80H	W70	17.80(27")	Barbara Jordan	And the second	
80H	W60	14.38(27")	Nadine O'Connor	I DANTER OF K	IN THE STATE STATES
400H	W45	69.38	Kathleen Shook	71.20	Pamela Calvert
2000SC	W50	8:31.15	Karen Kunz	8:54.19	Sharlet Gilbert
2000SC	M60	7:37.20	Robert Barber	7:44.23	Steve Proudy
PV	W40	2.95	Karen Rieger	2.91	Pam Swan
PV			Gary Hunter	4.57	Jerry Cash
TJ	M50	4.60	Regina Richardson	11.35	Phil Raschker
SP	W40	11.36	Monica Kendall		Joanne Grissom
SP	W50	14.41	Arnie Gaynor	12.99 12.70	
	M75	13.01			A.Gaynor
SP(3k)	M80	10.06	Richard Mulkern	_	
SP(3k)	M85	7.53	John Anoka		The state of
SP(3k)	M90	7.34	Leland McPhie	T	
HT	W90	10.82	Betty Jarvis	10.31	B. Jarvis
HT(3k)	M80	33.92	Richard Mulkern	A STORE OF THE	STATE OF THE PARTY NAMED IN
JT	W35	12.58	Jaymee Marty	-	To a second
JT	W50	40.42	Monica Kendall	37.95	Linda Cohn
JT	W65	54.24	Gary Stenlund	43.06	Robert Youngs
4x100	W40-49	54.51*	Brooks Fleet Feet	TO CHARLES	-
4x100	W50-59	66.76*	Atlanta TC	THE SPICE	CHET LEAD IN THE
4x100	M50-59	46.99*	Houston Elite	-	-
4x100	M70-79	88.50*	Florida AC	-	-
4x400	W40-49	4:19.03°	Athena Track	4:35.60	FleetFeetSac
4x400	M35	3:24.09°	SW Sprinters	-	-
4x400	M70-79	7:04.13*	Florida AC		I STREET AND
4x800	W50-59	10:27.04*	Ad Hoc	11:33.1	Syracuse Ch
4x800	M35	8:22.95°	FIBO	-	

Speaker's Corner

By Norman P. Deep, Jr.

Tweaking the Throws for Consistency

This proposal is asking for the *inclusion* of the 1.75k discus in masters competition, and the *creation* of M40-49 as an age group with lighter, more age-appropriate weights. The current specifications for implement weights dictate that: a 50-year-old man must throw a 6kg (13.2 pound) shot and hammer—implements heavier than for a high school kid—but, this same 50-year-old gets to throw a 1.5kg discus—a discus lighter than for a high school kid. Something is wrong with this logic.

The discus relies less on raw strength and more on technique than the shot. To equate the levels of speed and explosiveness of a 50-year-old man with a high school kid is unrealistic.

Shot putters and hammer throwers are penalized until they are age 50, and even then must throw a heavier ball than a high schooler.

At the same time, the discus throwers get an "easier weight" at age 50. A bigger discus is less of an inhibitor on the body and performances than is a heavier shot or hammer.

Junior Weight Changes

A few years ago, the IAAF (and, subsequently, USATF) changed the weights of the "Junior" (under age 20) implements for national and international competition.

Junior men throw a 6kg shot and hammer and a 1.75kg discus. These weights were adjusted, and so were the records.

I believe that this change should prompt USATF masters also to make a similar change.

Simple Solution

The simple solution is that throwers should "go down" in implement weight the same way that they now "come up." Our current set-up for "going back down" in implement weight does not make sense.

The following "rules" would encourage more consistency:

4kg belongs with 1.0kg 5kg belongs with 1.5kg 6kg belongs with 1.75kg

This proposal could easily be accomplished by enacting three simple changes:

1) Adding a new "level" of distinction for implement weights (40-49).

2) Easing the shot and hammer weights for 50-59 from 6kg to 5kg.

3) Stiffening the discus weight for 60-69 from 1kg to 1.5kg.

This system would agree with the premise that a 50-year-old man is not as strong, as fast, or as agile as a high school athlete; 50-59-year-olds would have the opportunity to throw all three implements slightly lighter than the high-schoolers currently do, as opposed to just a lighter discus as they now do.

Get Rid of Little Discs

This plan would call for a heavier 60-69 discus. This is more than acceptable in the name of sensible consistency for our sport. Many older discus throwers whom I know despise the "little discs," due to their own physical size and the lighter implement's awkwardness.

If the WMA balks at this idea, we could simply adopt this plan for U.S. club and national events. Obviously, those who have the desire to qualify for international competitions could simply throw the WMA required weight at any qualifying meet by their own choice.

Changes in weight specifications have been made in the past. One was just recently adopted for M80+. If we want more older athletes in the sport, then we need to remember that today's 40-year-old is tomorrow's 80-year-old.

Many throwers (myself soon to be included) "get out" of the game from 40-49, because, no matter how in shape you are, the weights are just too heavy for personal performance satisfaction.

These same throwers "count the days" until their 50th birthdays, however, when it's again worthwhile to get back into the fray (if they return at all).

If masters track and field is truly about participation, then shouldn't something be done to keep the 40-49s around? There are some rare exceptional older athletes who can "keep up" (like Glenn Thompson), but they are the exception and not the rule.

If you care about keeping quality throwers in our sport, please look at the logic of these changes and consider the sense that it makes.

Chart A: The way it is now...

	Shot/Hammer	Discus
Jr.H.S.	4kg	1.0kg
H.S.(int'l.)	5kg	1.5kg
H.S.(U.S.)	12 lbs.	1.6kg
Juniors	6kg 6	1.75kg
Open	6 lbs.	2.0kg
Masters (30-49)	16 lbs.	2.0kg
Masters (50-59)	6kg	1.5kg
Masters (60-69)	5kg	1.0kg
Masters (70-79)	4kg	1.0kg
Masters (80 +)	3kg	1.0kg

Chart B: New formula for "going down" in weight (consistent with how you "come up," changes in **bold type**):

	Shot/Hammer	Discus
Jr.H.S.	4kg	1.0 kg
H.S.(int'l.)	5kg	1.5 kg
H.S.(U.S.)	12 lbs.	1.6 kg
Juniors	6kg	1.75kg
Open	16 lbs.	2.0 kg
Masters (30-39)	16 lbs.	2.0 kg
Masters (40-49)	6kg	1.75 kg
	(not 16 lb.)	(not 2 kg)
Masters (50-59)	5kg	1.5 kg
Apple of the state of	(not 6kg)	
Masters (60-69)	5kg	1.5 kg
	Physical Style	(not 1kg)
Masters (70-79)	4kg	1.0 kg
Masters (80+)	3kg	0.75 kg
(1)		(not 1kg)



M. CHAPMAN

Some of the throwers in the 2006 Texas Cat Spring Grunt Meet, which drew athletes from Montana, Illinois, Florida and Colorado.

First Bend Meet Called a Success

The inaugural Bend Open/Masters Meet was deemed a success by the 100 athletes who competed at Oregon's Bend High School on Aug. 12.

"A great venue, good weather and lots of volunteers," said Frank Lulich, M60 sprinter and high jumper from Eugene, Ore.

The meet, directed by Rose Schlewitz, USATF Oregon Masters Chair, and hosted by the Central Oregon RC, drew support from the USATF Northwest Region Masters and the Oregon TC Masters, as well as financial sponsorship for individual events from local businesses and individual track enthusiasts.

In the sprints, Maria Cloward, W40, won the 100, 200 and 400. Wayne Gripp, M60, posted the best performances of the meet in the 100 (13.46), 200 (27.18) and 400 (61.44).

Jeanette Groesz, W55, and Jim Davis, M70, who competed in the USA Masters Championships a week earlier, were double winners in the mile and 5000. Michael Jaqua, M40, topped all high jumpers with a 1.63. Dan Umenhofer, M45, was the highest in the pole vault at 4.11.

Harlen North, M35, had a rare double in the shot put (12.76) and javelin (54.22). Becky Sisley, W65, who aided in developing the event as a member of the Meet Committee, won the javelin with a 27.24.

Committee, won the javelin with a 27.24. Suzi MacLeod, W70, also a member of the Meet Committee and better known as a runner, had the fastest time in the 5000 firness walk (38:17.0). □

FIFTEEN YEARS AGO September 1991

- 5000 Athletes Compete in IX WAVA World Championships in Turku
- 102 World T&F Records Set in Finland
- 24th Nationals Draw 800 to Naperville, IL
- Senior Sports Classic Lures 755 T&F Athletes to Syracuse

Chart C: New formula for women (changes in **bold type**):

	Shot/Hammer	Discus
H.S.(U.S.)	4kg	1.0 kg
Juniors	4kg	1.0 kg
Open	4kg	1.0 kg
Masters (30-39)	4kg	1.0 kg
Masters (40-49)	4kg	1.0 kg
Masters (50-59)	3kg	0.75kg
Masters (60-69)	3kg	0.75kg
Masters (70-79)	3kg	0.75kg
Masters (80+)	3kg	0.75kg

As far as changes for women throwers go, let's stop penalizing the women by making them go "cradle to grave" with a 1.0kg discus. A 3kg HT/SP should correspond with 0.75 discus. W50-79 should have a discus that corresponds to their SP/HT weights.

These weights are readily available

and have already been changed for use at the W80+ levels.

If, after reading this, you have an opinion either for or against, please contact the following people:

contact the following people: Jerry Wojcik (The Weight Room): natmanews@aol.com

Ken Stone (www.masterstrack.com): trackceo@aol.com

Carol Finsrud (women's throws enthusiast): cfinsrud.throw@mail.utex as.edu

Dick Hotchkiss (USATF masters throws representative): ashglaze42@ hotmail.com □

(An M35 - soon to be M40 - thrower, Norman P. Deep, Jr., is Head Track Coach at Clinton H.S., and Throws Coach at Hamilton College. He can be reached at 315-557-2207 or ndeep@ ccs.edu)



On The Run

By HAL HIGDON

Master Mind: Answering a Reporter's Questions

Peter Gambaccini called recently. Peter had an assignment to write an article for Runner's World connected to its 40th anniversary, interviewing various contributors to get their ideas about what has happened to our sport since the magazine's founding four decades ago. I had been identified as the magazine's expert on Masters Running, having written a book with that title. Peter had a number of questions to ask, so I agreed to answer them. Here are some the areas we discussed and a summary of my responses.

Declining Performances

As they age, runners seem to lose speed. Is this decline inevitable?

In many respects, it is. As we age, our performances do decline at a fairly predictable rate, according to studies by exercise scientists. That's the bad news; the good news is that the inevitable decline can be postponed if we train intelligently.

When I wrote the book Fitness After Forty in 1976, I included statistics showing that sprinters peaked in their early 20s, middle distance runners in their late 20s, and distance runners in their early 30s. But that was during the era of amateur running, when runners were not paid for their victories in major track meets and world championships.

With more incentive to keep running, sprinters such as Carl Lewis and Michael Johnson have continued running at or near their top well into their 30s, suggesting that the decline was as much for sociological reasons as for physiological reasons.

Jamaican sprinter Merlene Ottey was still competitive at the world level into her early 40s and some of the Russian marathoners are still running fast times into their 40s. Yes, our speed-based performances do decline, but not as rapidly as we thought several decades ago when I wrote that book.

Maintaining the Workload

Maintaining speed and endurance is related to the ability to continue to train at high levels. How long can aging athletes maintain high workloads, specifically high-mileage weeks?

Longer than we once thought. Again, this relates to motivation, at least among elite athletes, and to a certain extent among the lumpenproletariat too. Here's where we have to consider the mind as well as the body.

The aging athlete has to be very highly motivated to maintain his or her training at the highest levels. Sometimes money is the motivating factor; or it might be a desire for improving performances, setting age records, continuing to set Personal Records.

As I neared 50, I decided to crank up my training to win a gold medal at the World Masters Championships in the marathon. What motivated me was the fact that I turned 50 four months after the meet, thus I would be at a disadvantage competing against athletes in the M45 division who might have been much younger.

I cranked my training up to 100 miles a week and won the race. But

after doing so, I took two months off from running and never was able to push my workload back up to that level again.

It was as much because I did not want to (i.e., motivation) as because I could not do so. Different masters runners motivate themselves to different levels of effort as they continue to age.

Recovery

Not all runners can continue running twice-a-day workouts, 100 miles a week, indefinitely. As runners age, do they need more recovery between workouts?

We do, and that is one of the secrets to being a successful masters runner. Ed Whitlock, the Canadian runner, who has continued to run sub-3:00 marathons into his 70s, reportedly trains only three days a week.

New Zealander Derek Turnbull, who dominated every age-group race he entered into his 60s, claimed to run only on weekends. But I visited Derek once on his sheep ranch and the amount of labor he did shoving sheep around during the week was amazing!

Some runners seem to age more gracefully than others, and it may not have anything to do with their so-called ability or their level of training. I'm not sure we know all the answers about which training methods work best for masters runners, and there may be no single answer.

Peter and I discussed several other issues related to masters running, but these are three of the most important questions and my responses. He claimed to have only 200 words for each contributor/expert, that being the nature of magazine journalism in this era of continually shrinking soundbites. It will be interesting to see how much of what I told Peter Gambaccini makes it into print.

(Hal Higdon, Author of Masters Running, answers runners' training questions on his InterActive Forums. Visit www.halhigdon.com.)

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Marie-Louise Michelsohn, W60 winner of the 400, 800 and 1500, USA Masters Championships.



Joyce Hodges-Hite, W65 winner of the 10,000, USA Masters Championships.

Semick First Master in 50 Mile Trail Race

Kami Semick, 40, was not only the first masters woman but also the first master in the USATF National Championships/White River 50 Mile Trail Run on July 29 in Crystal Mountain, Wash., in the shadow of Mt. Rainier.

Semick, of Bend, Ore., was eighth of the 124 finishers in 7:46:56. She was the W35 winner here last year in 7:56:02. Meghan Arbogast, 45, Corvallis, Ore., was the second W40+this year, 30th-overall in 8:41:53.

Mark Tarr, 44, Col Falls, Mont., was first M40+, with a 10th-place 7:57:51. Todd Nott, 42, Plattsmouth, Nebr., was 13th in 8:03:16.

Chuck Dooley, 50, Bellingham, Wash., won the M50 race in 9:11:31. He was second M45 last year (9:24:50).

Charles Crompton, 58, Everson, Wash., took the M55 race (9:33:56) but as a non-member of USATF he is not the age-division champion. That honor

TWENTY YEARS AGO September 1986

- 19th Nationals Draw 761 to New York City
- Canadian Chris McCubbins (30:49) and England's Priscilla Welch (34:27) Top Masters in Asbury Park 10K
- Boo Morcom Sets M65 PV World Record (12-4 1/2) in Brown U. Meet
- Rex Harvey, 40, Wins National Masters Decathlon with 6262 Points

goes to Roy Pirrung, 58, Sheboygan, Wisc., second in 9:35:35, eight seconds better than his M55 winning time in 2005.

The race course had an 8700 ft. gain and loss, and featured rolling terrain, ridge tops, Northwest forest, and several demanding climbs and challenging descents.

Temperatures were in the 50s and high 60s. Just 11 of the 135 starters did not finish. □

OLYMPIC TRIALS TICKET PACKAGES NOW AVAILABLE

Track and field fans can now log on to Eugene08.com to purchase eight-day all-session ticket packages for the U.S. Olympic Track & Field Trials to be held in Eugene at the University of Oregon's legendary Hayward Field June 27-July 6, 2008.

Ticket packages in all price categories will be available to the general public, ranging from \$245 to \$425 per ticket package. Customers may have the opportunity to buy additional ticket packages after Dec. 1, 2006.

Any available individual, onesession tickets will go on sale in 2008.



USA Masters Championsh

Write On

Continued from page 6

revised schedules
Thursday afternoon
morning at 7 a.m. Th
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could remain in the cu
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Kudos and thanks and officials. You m have been a disaster event. We'll all reme over the weather.

Marie-L

I have several lost from the Nationals in pairs of glasses, one spikes), some new me ed other items, a wat earrings, and an MP3 cerned about the glas sive to replace, and the

If athletes accurate items, using my e-m willing to pack and should also identify subject line of the e-m what they are contact

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SEATTLE

I have competed ir Masters Decathlon/H ionships. No disrespe three, but the Seattlwere the most enjoys

Daunte Gouge, the facilities were greer was perfect. The perfect to all the little extra for the athletes' coeffort did not go up greatly appreciated by



Robert Cozens, 70, winner of the 200 and 400, USA Masters Championships.

Write On

Continued from page 6

revised schedules to the hotels Thursday afternoon and Saturday morning at 7 a.m. This made an enormous difference to the athletes who could remain in the cool of their hotels until warm-up time.

Kudos and thanks to the organizers and officials. You made what could have been a disaster into a wonderful event. We'll all remember triumphing over the weather.

Marie-Louise Michelsohn by e-mail

I have several lost and found items from the Nationals in Charlotte: three pairs of glasses, one track shoe (with spikes), some new merchandise, assorted other items, a watch, two different earrings, and an MP3 player. I am concerned about the glasses, very expensive to replace, and the new merchandise.

If athletes accurately identify these items, using my e-mail address, I am willing to pack and ship. Athletes should also identify the items in the subject line of the e-mail, so that I know what they are contacting me about.

Marilyn Mitchell mmitchell46@hotmail.com

SEATTLE MEET

I have competed in the last four USA Masters Decathlon/Heptathlon Championships. No disrespect to the previous three, but the Seattle Championships were the most enjoyable.

Daunte Gouge, the meet staff, and the facilities were great, and the weather was perfect. The personnel attended to all the little extra details to provide for the athletes' comfort. The extra effort did not go unnoticed and was greatly appreciated by all the attendees.

Continued on page 17

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The Weight Room

By JERRY WOJCIK

Reflections on 10 Years as a Masters Thrower

By JERRY BOOKIN-WEINER M60 Thrower and Guest Columnist

Then years ago, when I hit the big (at that time) Five-O, I decided to act on a long-held impulse to start throwing again. It had been 17 years since I last had thrown, and there had been six idle years prior to that one burst of enthusiasm. Ten years later I regret those 23 years, but have learned a lot that might be of use to any newbies to masters throwing, no matter what their age. I confess that I'm also motivated to write this by what I regard as a string of postings in July on the Internet about the throwing weights for masters, many of them written by 30-and 40-somethings and non-throwers.

I'll start with what I regard as the most important lessons I've learned, some of them the hard way.

You Aren't 21 Any More

Listen to your body. Little hurts can easily become big problems if you try to train through them. People who don't listen to their bodies have very short careers as masters throwers (or jumpers or runners, I suspect, as well). Pain indicates injury, and you need to find out what it is and do something about it, or it likely will get worse.

You don't heal as quickly as when you were younger. Pesky little injuries (like a sprained index finger from "rolling" the shot off on a throw) that might have lasted a day or two in your 20s can bother you for weeks, months or even years as a masters athlete.

Don't expect to throw far if you don't train consistently. This, of course, is true for all ages.

You Aren't 30 Any More

Ponce de Leon never found the Fountain of Youth because it doesn't exist. Beginning at 50, you aren't as strong as you once were, and the decline is a steady one from that point on. It's a well-documented scientific fact.

As a result, you have to work hard at lifting and strength conditioning just to slow the inevitable. But lift smart, otherwise you can injure yourself. Sometimes more reps with a lower weight are more beneficial than trying to match your youthful personal best bench press or snatch or squat.

If you have to choose between lifting and throwing, choose throwing (credit to Lance Deal for this one). As masters athletes, the time we can give to training is often limited. Throwing is more about technique than it is about strength anyhow, so throwing is a better use of scarce time than lifting. Besides, it's a lot more fun!

Find a good coach or throwing partners who know what they are talking about and are up on the latest in technique and training methods; it's amazing how much more is known now about throwing than was known just 20 years ago.

Find a clinic or a throws camp near you. At my first clinic in 1996 my early 1970s vintage throwing shoes were older than most of the other participants. Most camps are masters friendly, and you get very good coach-

ing at them.

You Aren't 35 Any More

Don't expect to stay healthy if you

don't train smart. Everyone is different and ages differently. If you find your body needs a day of rest after each training session, rest for a day between training sessions; if it needs two, rest for two; if it doesn't need any, train

every day.

Throw smart and use the right equipment. A 70m-rated javelin is not right for a 40m thrower – in fact, it won't go as far for you as a 40m-rated javelin. A 90% rim weight, \$250 discus won't go as far for a 35m thrower as a much cheaper 70% rim weight discus

High school and college kids fall into the same trap (as any good coach or official can tell you from observation) as many masters throwers do. Don't waste your money – you'll throw farther with the right (usually cheaper) equipment.

Life Gets in the Way

When I was in college, grad school, and even the Peace Corps, my life revolved around school (or in the Peace Corps my work) and throwing – okay, I was weird and didn't have a woman in my life back then,

Now there's work, which involves a lot of travel in my case, wife and family (including aging parents), taking care of a house (not as much as the aforementioned wife would like), involvement in community organizations, and, oh yes, throwing. Much as I try to make it a priority, there are times when it just isn't at the top on a given day, or week, or even month when the work gets intense.

Don't complain about how meets are run or that there aren't enough meets unless you are willing to be part of the solution. Get involved with organizing meets; become a certified official (it's not that hard); help meet organizers set up sectors and put away equipment. If the local or state senior games in your area is poorly run (and far too many of them are), get involved with the organizing committee, become an event coordinator, make a positive contribution and the situation will improve.

You Aren't 40 Any More

If you have the inclination, the time and the money, go to international masters competitions – even the NCCW-MA meets that can be very poorly run at times. Some of my best (and funniest) memories are from the 2002 NCCWMA meet in Mexico, one of the worst run meets I've ever experienced.

However, just like at local and national meets, I met a great group of

people, learned about them and their countries, and made friends from around the world.

I got to know some Australian throwers at my first world championships in 1999, and renewed the acquaintance with them at the 2002 World Masters Games. Now that I'm traveling two or three times a year to Australia on business, I try to schedule those trips so I can join them for a meet whenever I go. Once I even got to see that their national assembly is just as frustrating as our national conventions!

Don't expect glory from masters throwing. If you do, you'll be disappointed. No one other than your fellow competitors, other masters athletes, and maybe your family and friends really cares. Your local weekly newspaper might give you some coverage, but not many of your neighbors will notice. If you are in it for the glory, you are in it for the wrong reasons.

Yes, masters throwing is about the competition; don't let anyone tell you otherwise, but it's about much more than that. It is fundamentally about your own fitness and camaraderie and fellowship with other throwers.

I frequently room at national and international meets with competitors in my age group. We delight in sticking it to each other in the circle. But we also give each other pointers (even during competition with each other). We share each other's joys and crises in both throwing and life. We are good friends, even though we come from very different backgrounds and walks of life and most likely never would have met if it weren't for masters throwing.

I've moved twice in the 10 years since I started throwing again, and the people I miss most from both places I left (Massachusetts and Colorado) are my fellow throwers.

Some of You Aren't 50, or 60, or 70, or Maybe Even 80 Any More

And that brings me to the question of masters implements. It is an incontrovertible fact that as we age we lose strength. If that were the only prob-



Trent Lane, 96, broke M95 world records in shot put and hammer, USA Masters Championships.

lem, then sticking with the international weights might make sense – after all, jumpers don't jump as far, runners don't run as fast, why should throwers



Arnie Gaynor, 78, winner of the M75 shot put, discus and hammer, USA Masters Champion-ships

expect to throw as far?

But the aging process isn't just about losing strength and stamina. Beginning somewhere in the 40s or 50s (in rare cases not until the 60s) our connective tissues (ligaments and tendons) begin to lose their elasticity. As a result wrists, elbows, shoulders, and knees become more susceptible to injuries when throwing (with runners, I'm told by former college teammates, it's mainly the knees).

There isn't a lot that can be done to protect the knees and hips from the ravages of aging (other than various medical treatments and dietary supplements). However, for throwers and hurdlers there is something that can be done to keep our sport accessible to more masters athletes as we age – lowering the size of weights thrown and lowering the hurdles and reducing the spacing between the hurdles.

Having accepted the idea that lowering throwing weights and altering hurdle heights and spacing is the right thing to do, we then face the question of what the appropriate weights, heights and spacings are for various ages. Since everyone ages at different rates, there is no one correct answer for everyone. I wasn't involved when the current system was devised, but I suspect it had some basis in the youth and junior weights in use in most of the world at the time.

The fact is that the 12-pound shot and hammer and 1.616 kg discus used by boys in U.S. high schools have not been in use in the rest of the world for decades, just like the imperial measuring system we so stubbornly refuse to replace with the universally accepted metric system. As a result, comparisons to those weights are pointless.

A few years back, the junior discus at the international level was changed from 1.5 kg to 1.75 kg. Is that gradation worth examining now for masters? Probably.

But such changes need very careful consideration. In my view, the changes to javelin weights made at the WAVA Assembly in 1999 were not well considered.

Continued on page 16

Fiftee

By BRIDGET CU.
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Fifteenth European Championships **Endure Record Heat in Poland**

By BRIDGET CUSHEN

Entries in the XV European Championships, July 19-30, fell well European short of the 4000+ the Organizing Committee had anticipated, due, no doubt, to the fact that two WMA indoor and three world championships take place in Europe within a five-year span and athletes choose to compete at the world level rather than regional.

A total of 3086 athletes from 37 countries, down from 3703 and 40 in Denmark two years ago, came to Poznan, Poland's third largest city, with a population of over 700,000. Germany had by far the largest team of 900+, followed by Great Britain (333) and the host nation.

Registration, transport and catering facilities were all in order as the Organizing Committee had the backing of the City Council and had also obtained some sponsorship from the local media.

The stadium facilities had not been updated, as promised in Poznan's presentational bid four years ago, following the withdrawal of the local university's support

The Heat Begins

A heatwave was about to engulf Europe. On the first day of the meet the temperature reached over 40°C - well over 100F. The 10,000, heptathlon and decathlon were held on Day 1.

The two seeded races in each of the M50 and M55 groups bore the brunt of the extreme weather conditions, starting at 1 p.m. on the university track. There were many non-finishers or even nonstarters, as some runners could not cope with the heat. The combined eventers sizzled in the main arena in the blazing sun as neither of the stadiums had covered

On Day 2, there was no let-up as the heatwave, Poland's worst in 227 years, continued for nine days. The psychological effects on the decathletes, with the prospect of getting around the 1500, must have been enormous. The results reflect the extreme conditions.

Plentiful Volunteers

Any shortcomings were more than compensated for by the friendly, obliging hoards of young bilingual volunteers. Team managers' suggestions and recommendations were acted on immediately, and the championships will be remembered as one of the friendliest that we have been to.

It was a pleasure to eat out. There were lots of international restaurants in the Old Town Square, and a three-course meal and a beer cost less than \$16. All competitors and visitors were issued free passes for the very efficient tram and bus network

Outstanding Performances

Despite the conditions, there were some outstanding performances. Fifteen world, 25 European and 39 championship records were broken. Derek Howarth, 75, GBR, had a clean sweep from 1500 through the 10,000 on the first day. Since turning 75 last fall, he has broken all the British road bests from five miles up.

The M40 1500 and 10,000 attracted Europe's best with Dave Taylor, GBR, retaining the M40 1500 and 5000 titles, won in Denmark two years ago. Twentyseven men tackled the M40 10,000 at 4

p.m. on Day 1 in one of the most competitive races of the meet.

Sparse Female Entries

Entries in some of the women's 10,000m age-groups were disturbingly low, four in the W35 category and only one in the W45, despite the popularity of road running. This was reflected in other disciplines, particularly in the older age groups. Only one W85 entered the cham-

The 100 through the 800 races were brilliant, fiercely competitive, and run in ideal conditions on a fast track with numerous national records and personal bests recorded.

The winner of the M45 100, Patrick Logan, GBR, clocked his second fastest dash ever. Anthony Noel, GBR, M40, clashed again with the outstanding Enrico Saraceni, ITA. Noel got the 100 (10.93), but Saraceni retained his 200 and 400

Guido Muller, GER, who set three awesome world records in the M65 200, 100H and the 300H in this event two years ago, was rather subdued, after suffering a slight groin injury when he got his hurdles pacing wrong. Stephen Peters, GBR, retained his 100, 200 and 400 individual titles as well as two gold medals in the M50 relays

Challenging Conditions

The throwing events were relegated to a small field adjacent to the main track. All throwing circles were in poor condition. Spectators crouched in the shade of some trees from the blazing sun.

Although the environment was not conducive to bringing out the best in the competitors, the overall standard of throwing in Europe remains higher than the rest of the world. The M40 javelin, held in the main stadium, was won with a 65.36 by Pavol Florek, SLO.

World records fell in the M90 when Klaus Langer, GER, sent the spear out to 23.71, erasing Trent Lane's 2005 mark of 20.80. New world marks were set in the W65 by Evaun Williams, GBR, with a 38.07; the W70, Birute Kalediene, LIT, 30.54, and the W75, Rachel Hanssens, BEL, 23.84.

The heptathlon, decathlon, pentathlon, weight throw, and weight pentathlon were all well supported. Heat Affects Walkers

The 10K/20K road walks were held on Day 8 over a coned-off 2000m strip of a busy road parallel with Malta Lake. The women, starting at 8 a.m., had some shade, but by the time the second race for M35-M50 got away at 11 a.m., it was absolutely sweltering. The finishing times were slowed by as much as two minutes.

Welcome Rain

Competitors woke up to a rainy morning on the penultimate day, a relief as the temperature dropped to a bearable 27°C/78F. On Sunday morning a cool wind blew round the international Water Centre on the North side of the city, venue for the marathon. With a 7 a.m. start, the very large field took it steady over the flat

Two 40-year-olds, Georg Ruess, AUT, and Rolf Schwabe, GER, battled it out from the start with Ruess drawing away over the last 800 to win in 2:32:43. Vladimir Radaev, RUS, was fourth over-



Conor O'Driscoll, 45, of Ireland, wins the M45 1500 from Kevin Paulk, 46, 4:15.50 to 4:16.29, in the USA Masters Championships, but Paulk retains his title won in 2005, as O'Driscoll is a non-U.S. citi-

all and first M55 in 2:41:42, a remarkable performance in the circumstances.

Julia Gadea, ESP, W50, dominated the women's race from the start, finishing 69th overall in 3:15:41.

Anti-Doping Congress

EVAA held an Anti-Doping Congress during the first week of the Championships to inform athletes on doping procedures and to raise awareness. Attendance consisted primarily of team managers and delegates. A handful of athletes turned up.

Held in a solarium-like conference room with no air-conditioning, the twohour meeting was a test of endurance. The

speech on Facts and Myths by Professor Jerzy Smorawinski, Director of Sports Medicine Department at the local University School of Physical Education, was the highlight.

General Assembly

At the General Assembly, the Technical Manager, Winston Thomas, and the EVAA Secretary Marina Hoemeke-Gil, stepped down to much appreciative applause.

An EVAA proposal to change the word "Veterans" to "Masters" did not reach the necessary two-thirds majority. It still remains the European Vet-erans Athletic Association.





The Long & Strong Throwers Journal (LSTJ) is a quarterly publication dedicated to the throwing events. It is the only throwing periodical of its kind in the world. LSTJ is about more than technique and training. Elite athletes and coaches give insight into their keys for success. LSTJ provides throws

coverage and photos from major competitions that you won't find anywhere else. LSTJ touches on the issues that affect the throws community. LSTJs interviews with top throwers such as Adam Nelson, John Godina, Erin Gilreath, Aretha Hill and Breaux Greer are just what you are looking for! Let LSTJ

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Four issues (1 year): \$20 (U.S.) or \$35 for two years (1 issue free); \$24 (foreign, U.S. funds) or \$48 (two years). All available back issues (17) plus future issues through July 2005 for \$100 (2 issues free), \$125 for foreign subscribers (2 issues free); c/o Glenn Thompson, 3604 Green Street, Harrisburg, PA 17110; Thrower60@aol.com



WWW.LONGANDSTRONG.COM

September 2006

Profile By RON MARINUCCI

"Flagman" Has More than the Finish in Mind

n his hometown of Flushing, Michigan, and throughout the state, he is known as the "Flagman." His real name is Mike Bowen, and he earned his nickname because he runs everywhere with a black flag that reads "POW/MIA."

Like most runners, the 57-year-old has goals. But his "life-long mission is running one mile for every American who died or is listed as a prisoner-of-war or missing-in-action in Vietnam.'

The history books tell us 58,226 Americans were killed or missing as a result of the war in Vietnam. And that's the number of names on the Wall at the Vietnam Memorial in Washington, D.C. Bowen said, "I'm at just over 48,000 miles. I still have a couple of years of everyday running to do.'

Bowen himself is a veteran, having served in the U.S. Army in the late 1960s and early 1970s. He was stationed in Germany but had buddies who served and died during that same era in Vietnam

Life-Changing Decision

After discharge, he admitted he "put on weight, [being] hooked on nicotine and junk food." In 1984, he made a lifechanging decision.

'I started jogging," he said, adding with a laugh, "It wasn't a pretty picture. Eventually, he "made it through the pain and got addicted to running."

Running friends at work talked him into training for the world-class Crim 10 Miler in nearby Flint. He finished his first Crim in 1985 and hasn't missed one

"I'm slow, but I can run long distances," Bowen said. But "slow" isn't exactly true. Yes, he's run 37 marathons, several ultras ("for mental reasons"), and countless races of shorter distances. In December 2001, he ran 52 miles in ten hours to raise money for Toys for Tots. But his 1992 Boston Marathon PR of 2:50:58 is hardly "slow."

That year, 1992, brought another lifechanging experience.

Recuperating from an injury, Bowen rode his Harley Davidson to Washington, D.C., as part of "The Rolling Thunder Ride for Freedom." The annual Memorial Day Weekend caravan attracts thousands of bikers to the capital, where they remember and demonstrate for POWs and MIAs.

Emotional Moment

Seeing names of high school buddies was emotional for Bowen. Moved, he wondered what he could do to honor them and their families. "They must not be forgotten," he has often insisted. He wanted to do something "to prevent such horrible loss from happening again.'

There remain 1912 Americans listed as "missing in action" in Vietnam. "Each has family and friends who wonder what happened to them."

It was then he decided to dedicate every mile he ran to a name on the Wall at the Vietnam Memorial.

To further his mission, he also began to run with the flag so familiar to Michigan runners.

Bowen actually has a pair of flags. He trains - "40, 45, 50 miles a week, four or five days" - with the bigger one, attached to a five-pound pole. His smaller race flag and lighter pole "feel like a toothpick compared to that.'

After running for more than a dozen years so burdened, "it just seems natural," he chuckles, "except when the wind blows. Then it's a pain in the #&*@!" Rain also makes his load "feel like 50 pounds.'

He's carried the flag in races all across the U.S.: Los Angeles, Cincinnati, Pike's Peak, Columbus... Wherever he's gone, he is thanked by "people who served or lost loved ones in the conflict," he quietly noted.

The Marine Corps Marathon, a few weeks after September 11, "was very emotional," he recalled. "The Marines at the finish line lifted me in the air and said they hoped the next generation remembers them as I did my generation of war heroes."

Moving Wall

Last summer, the Vietnam Memorial "Moving Wall" came to Michigan. "I had the honor of being a part of the opening ceremony at the Moving Wall when it was in Caro. I ran from Reese to Caro, about 18 miles, as an 'in memory' for the 18 locals from that area who died in Vietnam.'

He was also selected to carry the 2002 Olympic Torch on a portion of its journey through Indiana. But he wasn't permitted to carry the flag with the torch due to safety concerns.

The General Motors tool-and-die maker never forgets to credit his wife, Patty, for her part in fulfilling his mis-"She's my life blood and best friend, supporting me and traveling to races all over the U.S," he said with appreciation.

Rewarding Experience

Why does he do this? After all, 58,226 miles is a lot. And running with the flag makes it even more of a burden. Bowen explained, "The rewards are to have just one person tell me, 'Thanks for remembering.' It happens almost every time I run.

"After one of my 37 marathons, a young man thanked me for running with the flag. He said. 'Dad was a Vietnam vet.' I asked him how his dad was doing and he said, 'Just fine now,'

Then he went on to tell me that his dad was an alcoholic/drug addict most of his life since the war and had recently ended his life with a shotgun. Now he was done suffering from his mental wounds.

Bowen said in a low voice, "I don't do this for myself. I do it for the families who wonder where their loved ones

(Ron Marinucci can be reached by email at ron_marinucci@comcast.net)



Mike Bowen living up to his nickname of "Flagman" (see Profile)

DOUGLAS SMTH

Ed Whitlock broke four M75 world records in

Whitlock Breaks Four Records in One Week

Ed Whitlock, M75, of Canada, known more for his prowess in the marathon, broke M75 world records in the 10,000 with a 39:25.16 on Friday night and the 5000 with a 19:07.02 on Sunday morning in the Canadian Masters Championships, Dieppe, New Brunswick, July 21-23.

Steve Charlton, GBR, held the 10,000 record at 41:47.31 in 2002. James Todd,

GBR, had the 5000 record at 20:00.13 in 1997. The next Tuesday, Whitlock ran a 3000 in 11:10.43 at the York Mini-Meet to break the record of 12:00.94 by Yoshimitsu Miyauchi, JPN, in 2000.

On July 28, in a meet in Windsor, Ontario, Whitlock ran a 5:41.80, lowering the world record of 5:57.2 by Scott Carter, USA, in 1992. 🗆

The Weight Room

Continued from page 14

If the purpose of gradually lowering the throwing weights is, as I suspect, in its origin the result of a decision to make masters throwing accessible to the maximum number of potential competitors while minimizing the risk of injury to connective tissues, changes should respond to studies showing that the current weights are causing such injuries in an inordinate number of cases (remember, we all age differently), and that a change would ameliorate that situation and make the sport more accessible.

If the proposal is to increase the throwing weights for an age group, studies should be presented to show that injuries are currently very rare and that increasing the throwing weight would not significantly increase such injuries.

I do not believe that any such evidence was presented in 1999 for the javelin and, empirically, most throwers will tell you that the results of those changes were only a bonanza for sports equipment companies and frustration for most javelin throwers (especially javelin specialists).

If one accepts the proposition that a major goal of the masters movement is to increase rather than limit participation, then it is hard to argue with the principle of gradually lowering the throwing weights, lowering the hurdles and reducing the hurdle spacing.

If a few 40-something throwers don't want to throw lighter weights as



SUZY HESS

Glenn Thompson, M40 winner of the shot and discus, USA Masters Championships.

they get older, that is their prerogative. No one is forcing them to do so.

For those who want to continue to throw the international weights, no matter what their age, there are lots of all-comers and open meets they can enter and do just that. But let's not even think about forcing the rest of us to do it. Let's build our sport, not limit it to the few.

NATI

At the 28th US presented by Sport in Indianapolis, th Regency will serve hotels. Registration information can be usatf.org/events/20 Online registration, a preferred method. tration packet should 317-713-4685.

First masters Plaistow, NH, in 43 Piergentilli, Wilming their Whirlaway Rac 40-49 team wins, S NE Championships, Top age-graded Holmquist, 62, Bu 83.5%; Laurence Ol 48:12, 83.1%; and Fr Paul Xantho

scorer (4528) in ti Chelmsford, MA, July scored 4021, using to 3k SP and HT. His 3 with the HT was work

John Del Mae 18:07, and Carmen Neck, NY, 20:28, be ters for first places.

Bethpage, NY, July

included Michael De NY, 18:51; Larry E River, NY, 20:50; an 76, Bay Shore, NY, 3 Bob Matteson, turned 90 on June 2 WR with an 11:54.0 Colonie, NY, July 1 has the present reco 1986. Jim Maney. was first and top-a 4:54.4/4:23. Anne

Glover, 59, Clifton P the top A-G men with
Lilian Kroner home in first place of division at the NYRR Central Park, NYC, ters champion was 27:16. Ginette Be

Park, NY, was first V

40:34 to ace her divis Drew Davis, 44 16:11, and Terry Or NJ, 19:00, recorded Park 5K, Asbury Par seconds back was Reading, PA. Mike M NJ, 17:09; Harold I NJ, 17:41; and Anna 23:55, were among t

Despite back an ing him to complete Carl Wallin set an a SP with an 11.10/3 meet, Hanover, NH,

SOUTI

* Todd Hamby, 4 28:35, and Jani Columbia, SC, 32:08 ters wins, Crazy 8s 8 15. Bob Barber, 60 and Donna Akers 42:25, took age-grou • Gerald Vaugh

M70 WR of 15.27/50-15.96/52-4 1/2, Card Meet, Winston-Salem Henley, 63, hit 49.1

Masters Scene

NATIONAL

* At the 28th USATF Annual Meeting, presented by Sport Court, Nov. 29-Dec. 3, in Indianapolis, the Westin and Hyatt Regency will serve as co-headquarters hotels. Registration and hotel reservation information can be found online at www. usatf.org/events/2006/AnnualMeeting. Online registration, available Sept. 1, is the preferred method. Those needing a registration packet should call Sherry Quack, 317-713-4685.

EAST

First masters Craig Fram, 47, Plaistow, NH, in 43:50, and Simonetta Piergentilli, Wilmington, MA, in 51:13, led their Whirlaway Racing Team club to the 40-49 team wins, Stowe 8 Miler/USATF-NE Championships, Stowe, VT, July 16. Top age-graded overall were Jan Holmquist, 62, Burlington, MA, 59:03, 83.5%; Laurence Olsen, 59, Milford, MA, 48:12, 83.1%; and Fram, 82.6%.
Paul Xanthopoulis, 75, was top

• Paul Xanthopoulis, 75, was top scorer (4528) in the Chelmsford WP, Chelmsford, MA, July 16. Bob Chase, 85, scored 4021, using the recently-approved 3k SP and HT. His 32.20 (a possible AR) with the HT was worth a whopping 1146.

John Del Maestro, Woodbury, NY, 18:07, and Carmen Anderson, 41, Great Neck, NY, 20:28, beat out the other masters for first places, Heart & Sole 5K, Old Bethpage, NY, July 16. Division winners included Michael DeMicco, 57, Babylon, NY, 18:51; Larry Eastman, 60, Wading River, NY, 20:50; and Josephine Curtin, 76, Bay Shore, NY, 39:09.

* Bob Matteson, Bennington, VT, who turned 90 on June 25, broke the M90 mile WR with an 11:54.0 in the Colonie Mile, Colonie, NY, July 11. Herb Kirk, USA, has the present record at 13:43.6, set in 1986. Jim Maney, 48, Slingerlands, NY, was first and top-age-graded M40+ in 4:54.4/4:23. Anne Benson, 41, Clifton Park, NY, was first W40+, 5:31/4:41. Pat Glover, 59, Clifton Park, NY, was among the top A-G men with a 5:30/4:29.
* Lilian Kroner, 40, 30:55, dashed

home in first place overall in the women's division at the NYRR Dash and Splash 8K, Central Park, NYC, July 15. Men's masters champion was Alfonso Polania, 43, 27:16. Ginette Bedard, 70 sped to a 40:34 to ace her division.

• Drew Davis, 44, E. Stroudsburg, PA, 16:11, and Terry Orr, 41, Ocean Grove, NJ, 19:00, recorded masters firsts, Asbury Park 5K, Asbury Park, NJ, Aug. 12. Two seconds back was Larry Levy, 41, Reading, PA. Mike Mooney, 50, Jackson, NJ, 17:09; Harold Nolan, 59, Havesink, NJ, 17:41; and Anna Thornhill, 66, NYC, 23:55, were among the division winners.

Despite back and knee injuries, causing him to completely change his style, Carl Wallin set an age-64 WR for the 16# SP with an 11.10/36-5 1/2 in a weight meet, Hanover, NH, July 29.

SOUTHEAST

*Todd Hamby, 41, Rutherfordton, NC, 28:35, and Janice Addison, 46, Columbia, SC, 32:08, scampered to masters wins, Crazy 8s 8K, Kingsport, TN, July 15. Bob Barber, 60, Loudon, TN, 32:13, and Donna Akers, 57, Narrows, VA, 42:25, took age-group firsts.

42:25, took age-group firsts.

Gerald Vaughn, 70, increased his M70 WR of 15.27/50-1 1/4 in the SP with a 15.96/52-4 1/2, Carolina Masters Throws Meet, Winston-Salem, NC, July 15. Tom Henley, 63, hit 49.17/161-3 with the DT;

Tom Steed, 65, finished at 16.51/54-2 with the 20# WT; and Tim Twomey, 71, threw the 35# SW 9.39/30-9 3/4.

MIDWEST

* John Piggott, 41, Williamsburg, VA, 35:14, and Tere Stouffer, 40, Knoxville, TN, with a nearby 35:53, were first 40+, Clarksburg, VA, 10K, June 17. Top Grandmasters were Tom Stevens, 50, Middletown, MD, second M40+ with a 35:34, and Terry Mahr, 57, England, in 43:07

Mike Scannell, 44, Grand Blanc, MI, stormed to the overall win in 16:12, Bastille Day 5K, Fenton, MI, July 15. Marsha Elicholtz, 46, Spring Hill, MI, won the W40+ race (21:39). Mark Cryderman, 59, Howell, MI, won the M55 division in 21:37. In the 15K, Dave Wolbert, 47, Flint, MI, 57:49, and Kathy Snyder, 42, Flushing, MI, 1:06:04, won the masters skirmish. David Pichey, 60, Flint, MI, was first M60+ (1:11:19).
Danny Fink, 42, Morgantown, WV, in

*Danny Fink, 42, Morgantown, WV, in 17:07, and Becky Droginske, 47, Wheeling, WV, in 21:12, were first masters in the Debbie Green Memorial 5K/RRCA National Championships, in Wheeling, Aug. 5. First 50+ were Terry McCluskey, 58, Vienna, OH, 17:57, and Susan Mortakis, 52, of Wheeling, 23:01. Jack Cagot, 73, East Springfield, OH, won the M70 title by one second from Gordon Downie, 72, of Wheeling, with a 25:50.

MID-AMERICA

 Todd Davis, M40, was top man in the DT with a 165-1, Blair TC Meet, Blair, NE, July 30. Linda Rowe, W50, hurled a 94-11 DT and an 87-10 JT.

SOUTHWEST

*Over 30 throwers competed in the Cat Spring Grunt VIII Meet, Cat Spring, TX, and donated \$1335 to PUPS (Prevent Unwanted Pets), the local spay and neuter assistance program. "Throwers from across the U.S. had a great time and ended up dancing in the rain for the 300# weight throw," offered Meet Director Cheryl Mellenthin.

WEST

• Jean Herbert, 49, was first W40+ and second with a 19:46, Women's Distance Festival 5K, Albuquerque, July 9. Cece Niemczyk, 55, was second W40+ (22:54). Dorothy Crossland, 65, finished first W60+ (32:52).

Melody Anne Schultz, 64, Ross, CA, won the 96th annual Dipsea 7.1 Mile Handicap Race from Mill Valley to Stinson Beach, Marin County, CA, June 11. With a 22-minute head start, she ran a clock time 47:03. Roy Rivers, 49, Mill Valley, CA, with a five-minute head start, finished second in 48:31. Rivers came back on June 24 to take the Double Dipsea, Stinson Beach-Mill Valley-Stinson Beach, with a 1:38:12/actual 1:47:12. Judith Rabinowitz, 48, Larkspur, CA, 10th in the Dipsea with a 12-minute head start 50:17, was second in the Double, with 1:39:28/206:28. Schultz faded to sixth, with 1:47:19/2:28:19. The Dipsea drew 1352 finishers, the Double had 343.

* Lisbet Sunshine, 42, San Francisco, CA, streaked to a masters win with an 18:05, Susan B. Anthony 5K, Sacramento, Aug. 12. Sarah Freitas, 48, Nevada City, NV, was second W40+ (18:43). Karen Kunz, 51, Folsom, CA, who broke the AR for the 2000m SC at the USA Masters

Champioships a week before in Charlotte, NC, with an 8:31:15, was first W50+(20:09).

• Thirty meet records and two US records were set at the USATF West Regional Masters Championships, CSU-Long Beach, CA; July 22-23. Topping the heap was W60 Nadine O'Connor's WR in the PV. Her 3.12 just eclipsed the 3.10 she set in 2005.

INTERNATIONAL

* Colin Brand, M70, of the B&B Club, was top scorer in the BMAF WP Championships, Milton Keynes, UK, June 18, with 4206, a 39.32 DT supplying best points (986). Bill Gentleman, M65, Edinburgh, Scotland, hit 48.11 in the HT for 1116, highest score of the day in an individual event. Jennifer Ibbitson, W45, Spendborough, was top woman with 3650, with big points in the HT, 35.86 (1030). Janet Smith, W40, WSEH, second-highest scorer (3538), garnered the most points with a 43.78 HT (1087) and 13.48 WT (1045).

WT (1045).

* David Taylor, M40, Blackheath & Bromley Harriers, was first (14:38) in the BMAF 5K Championships, Horwich, June 18. Martin Rees, M50, took eight (15:37). Fiona Matheson, W45, Falkirk Victoria Harriers, won the women's race by one second from Amanda Oddie, W35, Ilkley Harriers, with a 17:46. Janette Stevenson, W55, Falkirk VH, was seventh

Masters runners Simon Gutierrez, 40, Alamosa, CO, and Lisa Goldsmith, 41, Nederland, CO, are members of the Teva US Mountain Running Team competing in the 22nd World Mountain Running Trophy, Bursak, Turkey, Sept. 10. This year's races are uphill events (as opposed to odd-numbered years when the events are held on up/down courses), with the men (six per team, top four scoring) running 12K, and the women (four per team, top three scoring) running 8.5K.

Merlene Ottey, 46, sped to a W45
 11.43 WR in a meet in Maribor, Slovenia, July 19, qualifying her for the European Athletics Championships in August. Ottey holds the W35 (10.74) and W40 (11.09) WRs

OBITUARIES

 George Frenn, 1972 Olympic hammer thrower and former world record holder, died on June 26 in Sacramento. Calif. He was born in San Fernando, CA, on Dec. 26, 1941. The US champion in the hammer throw in 1970 and 1971, Frenn was a six-time USA indoor weight throw champion, who appeared on the cover of Sports Illustrated in the July 6, 1970, issue. A former world record holder in the 35# and 56# weight throws and known as a fiery competitor, Frenn was ranked as the nation's #1 hammer thrower by Track & Field News in 1969, 1970 and 1971. He competed in several national masters championships, and holds the mastersbest mark for the 56# superweight at 46-11/14.30, set June 26, 1982, when he was 40. He recently retired after 32 years teaching science at several California high schools. - USATF News & Notes
• Daniel P. Farrell, St. Cloud, FL, a

Daniel P. Farrell, St. Cloud, FL, a thrower who competed for about 15 years on the state and national levels, died on July 16. He was born in Utica, NY, on Jan. 1, 1930. He atttended Syracuse U. on a football scholarship and graduated with an M.A. in education. During the Korean War, he enlisted in the USAF and served as a tail gunner for B29s. He played the piano professionally and for fun as a favorite on the Adirondack circuit, and had appeared on TV and a number of USO shows. He settled in Central Florida in 1976. He spent 33 years in education as a teacher, coach and principal, overseas and in New York and Florida. O



JERRY WOJCIK

Karen Kunz, 51, broke the W50 U.S. record for the 2000m steeplechase with an 8:31.15, USA Masters Championships.

Write On!

Continued from page 13

The officials were knowledgeable, extremely helpful and a few even had a sense of humor. As next year's host for this meet in Hoover, Alabama, June 10-11, I now know how I want our meet to be run. Great job, Seattle.

Bill Murray Masters Chair, USATF Alabama Association

ON THE RUN

In his column, (July NMN), about running backward, Hal Higdon claims we have a new fad. Maybe so.

I run backwards sometimes for the very reasons cited: "running backward can help you bring stronger, more balanced leg muscles..." It also feels good after a workout.

Spell it backwards - "Gninnur" - if you want.

Once, on a beach, a ballet dancer said he could outrun me by doing sideways leaps. Nonsense, thought I. It was a challenge I could not let pass.

Soon I was sprinting casually over the hard sand while he, with mighty sideways leaps, flew huge distances next to me.

I was astonished, and increased speed for he was ahead. The race was inconclusive; some 50 meters were covered. I had never seen such mighty leaps.

Since then, I have tried this sideways leaping and the distances are impressive indeed. Tell me, how would you spell "running" sideways?

Risto Marttinen Mechanicsville, Virginia

HALL OF FAME

I no longer want to be a member of the USATF Masters T&F Hall of Fame. The reason for this request is that the records committees have seen fit to remove and disregard my four javelin world records, thus making my induc-

Continued on page 19

Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are open to men and women over age 35. Entry blanks for national and regional championships will generally be printed in the NMN 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene, OR 97405.

TRACK & FIELD

NATIONAL

September 9. USA National Masters Weight & Superweight Championships, Seattle, WA. Ken Weinbel, 4103 Hillcrest Ave. SW, Seattle, WA 98116. 206-938-3895; kweinbel@com cast.net November 29-December 3. 28th USATF Annual Meeting, Indianapolis, IN. Hyatt Regency. www.usaff.org/events/2006/annualmeetings March 23-25, 2007. USA Masters Indoor Championships, Boston, MA. office@usaffne.org June 22-July 8, 2007. Humana National Senior Games-Senior Olympics, Louisville, KY. M&W50+. Athletes must qualify at an NSGA State Games in 2006. www.nsga.com August 2-5, 2007. USA National Masters Outdoor T&F Championships, U. of Maine, Orono, ME 04469. Rolland Ranson, 207-581-

EAST

LASI
Connecticut, Delaware, Massachusetts,
Maryland, Maine, New Hampshire,
New Jersey, New York, No. Virginia,
Pennsylvania, Rhode Island, Vermont

September 2-3. Potomac Valley TC Games, Langley HS, McLean, VA. 703-481-3530;

www.pvtc.org September 9. Maine Senior Games, Portland. Anita, 207-396-6500; Jerry, 729-6180.

September 11-27. Maryland Senior Olympics, Baltimore. 410-704-4456; pages.towson.edu/

September 17. Delaware Fall Throwers' Classic, Newark, DE. 302-831-8846.

October 1 & 15. Potomac Valley TC Throwers Meet & Racewalk, Langley HS, McLean, VA. 703-481-3530; www.pvtc.org

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

September 9. Carolina Masters Throws Meet, Winston-Salem, NC. Hanes Park. 10:00 am. Bill Gramley, 336-945-9055.

September 25-October 1. North Carolina Senior Games, Raleigh. 919-851-5456; www.ncsenior

September 27-30. Georgia Golden Olympics, Warner Robbins. 404-657-6644; www.georgiagold

enolympics.org
October 14. Inaugural Port City Masters T&F
October 14. Inaugural Port City Masters T&F Meet, Weight Pentathlon & Jumpers Pentathlon, U of S. Alabama, Mobile, Ala. Bill Murray, wkm realest@aol.com; or lfarmer@documenttechnolo

gy.com
December 2-10. Florida Senior Games State
Championships, Cape Coral. 850-488-8347; www.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

September 5-17. Wisconsin Senior Olympics, Greater Milwaukee. 262-821-4444; www.wis eniorolympics.com

September 13-17, 21-24. Illinois Senior Olympics, Springfield. 217-753-0701.

September 16. Norm Bower Memorial Weight Pentathlon, Kent, OH. Rex Harvey, 6744 Connecticut Colony Circle, Mentor, OH 44060.

September 23. Kentucky Senior Olympics, Lexington. 859-288-2928; www.kentuckysen

iorgames.com November 10-12. National Throws Coaches Association Annual Conference & Clinic, Dublin, OH. www.nationalthrowscoachesasso ciation.com; 888-527-6772.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, S. Dakota

September 2-3. USATF Mid-America Regional Masters Championships/Rocky Mountain Games, CSU, Ft. Collins, CO. Jim Weed, 2203 E. 149th Ave., Thoenton, CO 80602. 303-451-8727; Christel Donley, 719-635-1264; e-mail:

rockymtnmastersgames@msn.com September 7-10. South Dakota Senior Games, Madison. 605-427-2218; southdakotasenior

September 24. Kansas Senior Olympics, Topeka. 785-368-3798; bsewell@topeka.org

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

September 16-17. Texas Senior Games, McNeil HS, Austin. 512-345-6400; www.tsga.org September 18-27. Oklahoma Senior Games, Tulsa. 918-596-7866; www.cityoftulsa.org September 27-October 8. Arkansas Senior Olympics, Hot Springs, AR. 800-720-7276; arsrolym@hotsprings.net; www.SrSports.org

WEST

Arizona, California, Hawaii, Nevada, New Mexico

September 3 & 17. HMTC Meets, Kaiser HS, Honolulu. 808-735-6366; www.hmtcgo.com September 8-24. San Diego Senior Olympics, CA. Brad Pagano, 619-226-1324; www.sdsen

iorgames.org
September 22-24. Far North Cal Senior Games, Redding, CA. Sue Lehto, 530-243-6958; srmcf@awwwsome.com September 29-October 1. Nevada Senior

Games, Las Vegas. 702-242-1590; www.neva daseniorolympics.com
September 29-October 6. Inland Empire

Senior Olympics, San Bernardino, CA. Linda Wilson Carter, 909-384-5430; LWilson-

Carter@sbcity.org
October 1, 8, 22, 29. HMTC Meets, Kaiser HS, Honolulu. 808-735-6366; www.hmtcgo.com October 7. Club West Masters Meet, UC-Santa Barbara. Beverley Lewis, 805-969-5852; fax: 969-6613; Gordon McClenathen, 805-964-

October 8-15. Napa Senior Games, CA. Ginny Mosher, 707-255-1800; Gmosher@city

October 14. Visalia Classic, Mt. Whitney HS, Visalia, CA. Bob Higginbotham, 1026 W. Princeton, Visalia, CA 93277; 559-732-8030. October 22. Self-Transcendence Masters Meet, CSU-Long Beach. 310-645-0271; fax:

November 1-18. Southland Senior Olympics, Anaheim, CA. Jan Branich, 714-765-4511. November 4-5. Hawaii Senior Olympics, Honolulu. 808-732-8805; e-mail: zeug@haw

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

September 9. Ultra Weight Classic, W. Seattle Stadium. Ken Weinbel, 4103 Hillcrest Ave., SW Seattle, WA 98116. 206-938-3895; ktwein bel@msn.com

October 9-21. Huntsman World Senior Games, St. George, UT. T&F, RW, Road Races, Triathlon. Age 50+. Huntsman WSG, 1070 W. 1600 South, Ste. 103A, St. George, UT 84770. 435-674-0550; 800-562-1268; www.seniorgames.net

INTERNATIONAL

September 3. BMAF Pentathlon Championships, Monkton Stadium, South Tyneside. www.bmaf.

November 3-11. South America Region Championships, Rio de Janeiro, Brazil. locho_arroyo@hotmail.com; www.asudaverio-2006 com.br

2006.com.or September 4-15, 2007. (Opening ceremonies on the 3rd.) 17th WMA World Championships, Riccione, Italy. www.riccione.wma2007.org March 12-17, 2008. 3rd WMA World Indoor Championships, Clermont-Ferrand, France July-August, 2009. 18th WMA World Championships, Lahti, Finland.

LONG DISTANCE RUNNING

NATIONAL

September 24. USA National Masters Championships/Heritage Oaks 10K, Paso Robles, CA. www.heritageoaksbank.com; www.usatf.org
October 1. USA National Masters Champion-

ships/Twin Cities Marathon, Minneapolis, MN. www.twincitiesmarathon.org; www.usatf.org October 15. USA National Masters 5K XC Championships, Saratoga Springs, NY. George Regan, george@usatfadir.org October 15. USA National Championships/

DuPont Forest Trail Marathon, Asheville, NC. gregw@mchsi.com; www.ymcahenderson

November 29-December 3. 28th USATF Annual Meeting, Indianapolis, IN. Hyatt Regency. www.usatf.org/events/2006/annualmeeting December 9. USA National Masters Club XC Championships, Golden Gate Park, San Francisco. M-10K/W-6K. Bill Quinlisk, billa@frontiernet.net; www.usatf.org

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

September 1. Maine Running Hall of Fame 207-741-2084; www.Maine TrackClub.com

September 2. Saturday in the Park Women's 5K, Long Branch, NJ. 732-542-6090; www. saturdayinthepark5K.org

September 2. Ocean to Sound Relay, Wantagh, Long Island. www.long-island.usatf.org September 3. NYRR Henry Isola XC Classic 4 Mile, Van Cortlandt Park, NYC. 212-860-4455; www.nyrr.org

September 3. NYRR Fred Lebow XC 5K Van Cortlandt Park, NYC. 212-860-4455; www.

September 4. New Haven 20K/USATF Championships, New Haven, CT. 203-481-5933: newhavenroadrace.org

September 9. Ollie Road Race 5 Mile/USATF NE Championships, Boston, MA. www.

ollieroadrace.org September 9. Lehigh Valley 15K, Bethlehem, PA. 610-428-1621; www.lvrunning.com September 10. Erie Marathon, Erie, PA. 814-898-4472; www.eriemarathon.org

September 10. Main Street Mile, Falmouth, MA. www.falmouthtrackclub.org; 508-274-1817.

September 16. Great Cow Harbor 10K/RRCA Championships, Northport, NY. www.cowhar borrace.com

September 17. Philadelphia Half-Marathon.

800-311-1255; www.runphilly.com September 17. CVS/Pharmacy Downtown Providence 5K, RI. www.cvsdowntown5K.com September 17. PVI Runfest 5K, Fairfax, VA.

703-352-0925; www.pvirunfest.com September 17. Bruegger's Bagel 5K/USATF Adirondack Women's Championships, Albany,

NY. 438-6651, x123; PaulS@saajcc.org September 24. City of Pittsburgh Great Race 10K & 5K, PA. 412-255-2493; www.Run

GreatRace.com September 24. USATF-NJ 8K XC Champion-ships, Titusville. 973-334-8900; www.usatfnj.org September 30. New Hampshire Marathon & 10K, Bristol. 603-744-2150; www.nhmara

September 30. Continental Airlines Fifth Avenue Mile, Manhattan, NYC. 212-860-4455; www.nyrr.org

October 1. Leaf Peepers Half-Marathon & 5K, Waterbury, VT. 802-223-2080; e-mail: dm mellerson@yahoo.com

ON TAP FOR **SEPTEMBER**

TRACK AND FIELD

West Seattle Stadium again hosts the USA Masters Weight & Superweight Championships, on the 9th. The USATF Mid-America Regional Championships, Ft. Collins, CO, on the 2nd-3rd, are open to everybody. The Norm Bower Memorial WP on the 16th, Kent, OH, will also welcome throwers of all levels and ages. Among the many Senior Olympics/Games are the Arkansas Senior Olympics, Hot Springs, which open on the 27th, and the Nevada Senior Olympics, starting on the 29th.

LONG DISTANCE RUNNING

The USA Masters Championships/Heritage Oaks 10K, Paso Robles, CA, goes off on the 24th. The three-day Labor Day weekend includes the Ocean to Sound Relay, Wantagh, L.I., and Charleston, WV. Distance 15 Mile on the 2nd; Rock 'N' Roll Marathon, Virginia Beach, VA, on the 3rd; and New Haven, CT, 20K, US 10K Classic, Atlanta, GA, and Park Forest, IL, Scenic 10 Mile, on the 4th. The 9th lists the Lehigh Valley 15K, Bethlehem, PA; the 10th shows Erie Marathon, PA; and the 11th offers the City of Lakes 25K, Minneapolis. The Great Cow Harbor 10K, Northport, NY, is set for the 16th, and the Angeles Crest 100 Mile, Wrightwood, CA, and Banana Chase 5K & 10K, San Francisco, are scheduled for the 17th. Pittsburgh's Great Race 10K & 5K, and the Naples on the Run 20K, FL, are available on the 24th. Masters will join the ranks for the Continental Airlines Fifth Avenue Mile on the 30th. The WMA/ WRMA Mountain Running Championships will be held at Saillon, SUI, on the 23rd-24th.

RACEWALKING

The USA National 40K RW Championships will do its thing on the 10th in Ocean Township, NJ.

October 1. Maine Marathon & Half-Marathon, Portland. 207-749-9160; www.maine marathon.com

October 1. Apple Harvest Ramble 10 Miler/USATF-NE Championships, Harvard, October 1. MA www.fruitlands.org

October 8. Steamtown Marathon, Scranton, PA. www.steamtownmarathon.com October 8. BAA Half-Marathon, Boston, MA.

www.baa.org
October 8. Mohawk Hudson River Marathon/

USATF Adirondack Championships, Albany, NY. 518-427-9374; www.hmrrc.com October 8. Liberty Watefront Half-Marathon/ USATF-NJ Championships, Jersey City. 201-377-6057; www.LibertyHealth.org

October 8. Army Ten-Miler, Washington, DC.

202-685-3361; www.armytenmiler.com October 9. Tufts Health Plan 10K for Women, Boston, MA. 888-767-RACE; www.tufts healthplan.com/tufts10K

SOUTHEAST Alabama, Florida, Georgia, N. Carolina,

September 1. Peoples Bank Midnight Flight 5K & 10K, Anderson, SC. 10:00 pm. www.

midnightflight.net September 3. Rock 'N' Roll Half-Marathon, Virginia Beach, Va. 800-311-1255; www.rnr

September 4. U.S. 10K Classic, Atlanta, GA.

September 2006 770-432-0100; www.

September 9. Hurric AL. 251-7223; www. September 24. Na Naples, FL. 239-43 comcast net September 30. Ryk Clearwater, FL. www October 7. Jacksonvi 904-731-1900; www. October 14. Harve AL. 251-473-7223; w November 12. Outer -NC Championships, N November 23. Atlant athon. 404-231-9064;

MID Illinois, Indiana, Ken Wisconsin,

September 2. Charlest www.charlesdistanceru September 2. Celebra Westlake, OH. 440-

September 2. Milford Milford, MI. 248-60 30k.com September 4. Park Fe 5K, Park Forest, IL. 7

ic10.com September 13. Run Pinkney, MI. toledoroa September 16. US Wright-Patterson AF B Rachel castle@wpafb.a September 24. Fox (ton, WI. 877-230-7223 September 24. Over t Valley, OH. Jeff Ger Lyndhurst, OH 44124. September 30. Akron 877-375-2786; www.ak October 1. Chicago F 0233; chicagohalfmara

MID-A Missouri, N. Dakota

September 4. Heart Columbia, MO. 573-44 September 11. (Minneapolis. www.s lakes.html September 16. Walker Walker, MN. 218-5 northcountrymarathon. September 16. Turkey MN. 507-376-6105; w

SOUT Arkansas, Louis Oklaho

September 9. Route 44-0339; www.routed September 16. Kome Tulsa, OK. 918-744-5 September 23. Hurris www.hurricanerun.com October 7. Zoo Rui 3147; tulsarunningclul

W Arizona, Californ New

September 3. Pier Santa Barbara. 805barbara.com

September 11. Buf Agoura Hills, CA. w. September 15-17. D Weekend, Anaheim, www.disneylandhalfm September 17. Ar Wrightwood, CA. e-r boeing.com

September 17. Bana Francisco. 415-7 chase.com September 30. Serra

CA. www.trailrace.co October 8. Rock 'N' October 15. Humbo Half-Marathon & 5K woodsmarathon.org

770-432-0100; www.us10K.org
September 9. Hurricane 5K, Dauphin Island,
AL. 251-7223; www.pcpacers.org
September 24. Naples on the Run 20K,
Naples, FL. 239-434-9786; george21050@
comeast.net

September 30. Ryka Iron Girl 10K & 5K, Clearwater, FL. www.IronGirl.com

October 7. Jacksonville Half-Marathon & 5K,

October 14. Harvest Festival 8K, Saraland, AL. 251-473-7223; www.pcpacers.org
November 12. Outer Banks Marathon/USATF

November 23. Atlanta Marathon & Half-Marathon. 404-231-9064; www.atlantatrackclub.org

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

September 2. Charleston Distance Run 15 Mile & 5K, Charleston, WV. 304-345-5433;

www.charlesdistancerun.com September 2. Celebrate Westlake 5 Mile Run, Westlake, OH. 440-331-3544; celebratewest lake.com

September 2. Milford Labor Day 30 & 10K, Milford, MI. 248-685-7580; www.laborday

September 4. Park Forest Scenic 10 Mile & , Park Forest, IL. 708-748-2005; www.scen ic10.com

September 13. Run Through Hell 10 Mile,

Pinkney, MI. toledoroadrunners.org September 16. US Air Force Marathon, Wright-Patterson AF Base, OH. 937-522-3520;

Rachel.castle@wpafb.af.mil September 24. Fox Cities Marathon, Appleton, WI. 877-230-7223; foxcitiesmarathon.com September 24. Over the Hill TC XC, Hunting Valley, OH. Jeff Gerson, 5091 Hickory Dr., Lyndhurst, OH 44124. 440-473-0636.

September 30. Akron marathon & relay, OH. 877-375-2786; www.akronmarathon.org
October 1. Chicago Half-Marathon. 312-347-0233; chicagohalfmarathon.com

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, S. Dakota

September 4. Heart of America Marathon, Columbia, MO. 573-445-2684; ctc.coin.org/hoa September 11. City of Lakes 25K, Minneapolis. www.raceberryjam.com/cityof lakes.html

September 16. Walker North Country Races, Walker, MN. 218-547-4157; www.walker northcountrymarathon.com

September 16. Turkey Day 10K, Worthington, MN. 507-376-6105; www.turkeyday10K.com

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

September 9. Route 66 CPA 5K, Tulsa. 918-744-0339; www.route66cparun.com September 16. Komen Race for the Cure 5K,

Tulsa, OK. 918-744-5099; www.rfctulsa.org September 23. Hurricane Run 8K, Tulsa, OK. www.hurricanerun.com

October 7. Zoo Run, Tulsa, OK. 918-625-3147; tulsarunningclub.com

WEST

Arizona, California, Hawaii, Nevada, New Mexico

September 3. Pier to Peak Half-Marathon. Santa Barbara. 805-564-8879; www.runsanta barbara.com

September 11. Buffalo Stampede 10 Mile, Agoura Hills, CA. www.buffalochips.net September 15-17. Disneyland Half-Marathon Weekend, Anaheim, CA. 407-896-1160; www.disneylandhalfmarathon.com

September 17. Angeles Crest 100 Mile, Wrightwood, CA. e-mail: kenneth.a.hamada@

September 17. Banana Chase 5K & 10K, San Francisco. 415-759-2690; www.banana Francisco.

September 30. Serrano Canyon 15K, Malibu, CA. www.trailrace.com

October 8. Rock 'N' Roll Marathon, San Jose, CA. 800-311-1255; ww.rnrsj.com October 15. Humboldt Redwoods Marathon,

Half-Marathon & 5K, Arcata, CA. www.red woodsmarathon.org

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

September 4. Super Jock 'n Jill Half-Marathon, Woodinville, WA. 800-343-4411; superjocknjill.

September 9. USATF-OR Grand Prix/HIgh Desert Shootout 5K, Crooked River Ranch.

www.usatf-oregon.org September 10. RYKA Iron Girl 10K & 5K, Seattle. www.irongirl.com

September 10. Bank to Bay 10K & 5K, Tacoma, WA. 253-305-7396; banktobay.com September 16. Invitational XC 5K, LaSalle HS, Portland, OR. O/M follows youth at 12:15 pm. occ.oregonathletics.org/2006/invite.html September 16. Prefontaine Memorial 10K, Coos Bay, OR. 800-824-8486; www.prefon

October 1. Portland Marathon, Portland, OR. 503-226-111; www.portlandmarathon.org October 7. St. George Marathon, UT. 435-

634-5858; www.stgeorgemarathon.com October 15. Spokane Marathon/Relay, Half-Marathon & 5 Mile, Spokane, WA. 509-624-4297; www.spokanemarathon.us

September 24. USATF-OR Grand Prix/Bigfoot 10K, Bend. www.usatf-oregon.org October 28. USATF-OR Grand Prix/Oregon Open/Masters XC, Salem. www.usatf-oregon.

November 18. USATF-OR Grand Prix/Reg-

CANADA

September 10. Montreal International Marathon, Half-Marathon & 10K, 514-879-1027; www.marathondemontreal.com

September 24. Scotiabank Toronto Waterfront Marathon, Half-Harathon & 5K, toronto, ont.

INTERNATIONAL

September 23-24. WMA/WRMA Mountain Running Championships, Saillon, SUI. www.world-masters-athletics.org September 24. BMAF 10K Championships, Swansea, Wales. www.bmaf.org/uk October 1. BMAF 10 Mile Championships, Lytham St. Annes, England. www.bmaf.org/uk

October 15. BMAF Marathon Championships, Abingdon, England. www.bmaf.org/uk

RACEWALKING

September 10. USA National Masters/Open 40K RW Championships, Ocean Township, NJ. Elliott Denman, 732-222-9080. September 16. USATF-MN 20K RW

Championships, St. Louis Park. 651-330-9355; twincitiesracewalkers.org September 16. USATF-NM 5K & 10K RW

Championships, Rio Rancho, 505-891-9139. September 17. USATF-Inland NW 5K RW Championships, Medical Lake, WA. 509-238-

9591; eteamz.active.com September 24. USATF-Metropolitan 3K RW Championships, Central Park, NYC. 212-628www.parkracewalkers.us

October 7. American Way USA Masters 5K RW Championships, Kingsport, TN. Bobby Baker, 423-230-6406; www.kingsportracewalk.com
October 14. USATF North Region/Mid-

America Masters 30/40/50K RW Champion-ships, St. Louis Park, MN. 651-330-9355; twincitiesracewalkers.org

October 15. USA National Masters/Open 1-Hour RW Championships, Waltham, MA. Steve Vaitones, office@usatfne.org

November 12. USA National Masters 20K RW Championships, Clermont, FL. Don De-Noon, 352-241-7144, x4206; noonwalk_992yahoo. com

FIVE YEARS AGO September 2001

- 34th Nationals Draw 811 to **Baton Rouge**
- 9000 Athletes Compete in 18 Sports In National Senior Games
- Decathletes Break Records in Masters Nationals in Tacoma

Write On

Continued from page 17

tion in 1999 meaningless.

Not one of the records has ever been broken by another competitor, only disregarded by those who are anxious to start new records. There is no mention of the old 800g javelin records, as if they were non-existent or tarnished.

My throw of 65.74 at age 57 is considered one of the best age-graded (351-9/111.7%) performaces in the history of track and field. I produced 15 years of throws rated at between 100%-111.7%.

I am very proud of my open career and what I accomplished. In the history of sport, I doubt whether anyone has competed at the high level that I did for 50 years, non-stop.

Larry Stuart El Toro, California



Medalists in the M50 hammer (I to r): Tom Meyers, second, Carl Shields, first, and Robert Cedrone, third, USA Masters Championships.

RETIREMENT

It is with a great deal of regret and a little sadness that I have decided to retire from competitive running. I am 81, and the old body simply won't support the program any longer. Of course, I'll always be a runner, so I'll contiue to do my morning workouts as long as I am able.

I started to run as a master in 1968 at age 42. That first race in Balboa Stadium in San Diego was quite an experience. I had heard that a "senior" track meet was planned for July 4, and I felt that I could get in shape and go down there from my home in Sacramento and easily win a medal to show my kids.

It didn't quite work out that way. There were 36 entrants in my six-mile race, and I finished 18th. That was my introduction to masters running.

I'm proud to say that I've competed in the first 38 USA Masters Championships, plus all of the WAVA/WMA Championships, except the last one in San Sebastian.

I have programs, write-ups, and photos of these wonderful events and would be happy to contribute these many memories to a National Masters T&F Museum, if such a facility is ever



VICTOR SAILER / PHOTO RUN Susannah Beck, former NMN editor, winner of the W35 race in 35:57 in the Beach to Beacon 10K, Maine, Aug. 5.

created.

Over the past 38 years, I've competed in races in 22 countries. Lots of very happy memories, new friends, and exciting travel. These things I'll miss very much, but life goes on.

I want to acknowledge the National Masters News for the wonderful work they do for the running community for older runners. During my races in most of the 12 or so national championships, the announcer has mentioned my unbroken string of championship competition. That's been very special to me.

I am enclosing a check to support the National Masters News. Keep up the good work.

Jim O'Neil Rancho Mirage, California

ISOBEL CUNNINGHAM

I learned of Isobel Cunningham's demise in the August NMN I was worried when I didn't see Isobel in 2001 at the Brisbane WMA Championships. We had crossed paths all the prior years, starting in 1975 at the first World Championships in Toronto, Canada.

We got to know each other at the grand awards banquet, seated at the same table for an elegant served meal. None of the following meets could match this first celebration.

We did get together at each following championships. The best time was in Turku, Finland, at the 1991 Championships, when my husband, John, and I got together with Isobel and "Pie" Cunningham to share several great experiences, a boat trip, dinners, sightseeing, plus the awards again.

Isobel and Pie were a great couple, each having lost a partner, but sharing many years as friends. Isobel had lost her husband, Sommier, and Cunningham had lost his wife, so it was "natural" they should team up.

I was glad for another chance to share the WMA Championships in 1999 with Isobel at the Gateshead, England, meet. She ran only the 100 (no 200 or 400 this time), seeming not her usual energetic self. She did get the silver medal with a 24.41 at age 85.

Ruth Anderson Eugene, Oregon

RECIPIENTS OF ALL-AMERICAN AWARDS

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M35-39	Anthony Burks	400	52.06	8/3- 6/06	M55-59	Kevin Christensen	200 400	27.67 1:01.64	7/22-23/06 7/22-23/06	M70-74	Neil Saling		12.27 40.70	6/10-11/06 6/17-18/06
	Jerry Espinosa Marcus Shute	Pent 200 400	2706 23.66 53.74	3/24/06 8/5/06 6/16/06		Pat Crandall	400hh HJ HJ	1:11.95 1.50 1.50	7/22-23/06 7/22-23/06 8/5/06	1	Donald Pratt Alan Rosen		6:21.00 34.69	8/6/06 6/17/06
			5200	Automotive in		Tim Wigger	1500	5:06.78	7/29/06	M80-84	Craig McMicken		27:30.8 8:08.2	7/20/06 7/27/06
	Scott Copeland David Doty		18.49 41.5 1/2 5463	6/10/06 7/15/06 7/17-18/06	M60-64	Golden Bertram Jim Francis	55m Pent	7.10 2677	6/10/06 6/19/05	M90-94	Lawrence Minsky		44-10	10/16/05
	Allen Eggman John Kissane	Dec 3000	10:23.19			Jiii Francis	Pent Pent	2823 3206	8/4/05 9/3/05	AND DE	Mandy Benham		13-02	7/22-23/06
	Steve Gardiner Maurice Pointer	5000RW 3000	25:53 10:25.28	7/16/06	M65-69	Don McCrea	PV	8-0	7/9/06		Beth Wolak		21.08	7/22/06
	maurice Politici	3000	10:15.5		11100 00	Don moored	PV	8-2 1/2 8-6	7-16-06 7/29/06	STANSON!	Sally Moyer	10K	55:04.37	The same of the
	Paul Skokowski		4:43.07				PV	8-2	8/12/06		Mary White	100m	16.34	5/11-14/06

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	30	0-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	904
55		6.8	6.9	7.1	7.2	7.4	7.9	8.1	8.4	8.9	9.4	10.4	11.8	13.
60		7.4	7.55	7.7	7.85	8.05	8.5	9.0	9.25	9.5	10.0	11.2	12.8	14.
100		11.0	11.3	11.5	11.9	12.2	12.6	13.2	13.8	14.6	16.0	18.0	23.0	
200		22.4	23.2	23.8	24.6	25.5	27.0	27.9	29.5	32.0	35.0	40.2	52.0	
400		51.5	52.5	53.8	56.0	57.5	62.0	65.0	69.0	75.0	88.0	98.0	120.0	
800		2:02	2:04	2:06	2:11	2:16	2:25	2:35	2:45	3:06	3:35	3:55	4:30	
1500		1:20	4:22	4:24	4:35	4:45	5:10	5:20	5:45	6:30	7:20	8:10	9:20	
Mile		4:40	4:40	4:50	5:00	5:10	5:30	6:00	6:15	6:55	8:20	8:45	10:15	
3000		9:25	9:40	10:00	10:25	10:45	11:15	11:50	12:45	13:40	15:50	19:10	23:00	26:
5000		5:45	16:00	16:15	16:45	17:30	18:25	19:30	21:00	23:30	26:00	29:00	32:30	20.
						38:00	39:00	40:30	44:00	48:30	54:30	61:15	68:30	
10000	32	2:30	32:50	33:30	36:00								08:30	
55H		8.6	8.7	9.0	9.5	10.0	10.3	10.6	10.9	11.2	11.6	12.5		
60H		9.0	9.3	9.4	9.8	10.3	10.6	10.9	11.1	11.4	12.0	13.6		
110H	1	15.4	16.5	17.8	18.8									
100H						18.0	19.0	20.0	21.0					
80H										18.0	21.0	25.0	30.0	
400H	5	58.0	60.0	62.0	64.0	68.0	71.0							
300H						48.0	51.0	55.0	60.0	67.0	75.0	85.0	95.0	
3K-SC	10	10:10	10:30	11:45	12:40	13:30	14:00							
2K-SC								9:30	10:30	12:00	14:00	16:30	19:30	
HJ	1	1.90	1.85	1.76	1.68	1.60	1.50	1.45	1.38	1.25	1.15	1.00	0.80	
-		-24	6-1/4	5-91/4	5-6	5-3	4-11	4-9	4-61/4	41%	3-91/4	3-31/4	2-7%	
PV		1.40	4.10	3.95	3.70	3.55	3.05	2.70	2.40	2.30	2.00	1.80	1.30	
		-51/4	13-51/4		12-1%	11-7%	10-0	8-101/4	7-10%	7-61/4	6-6%	5-10%	4-31/4	
W		5.50	6.10	5.85	5.60	5.40	4.90	4.50	4.20	3.80	3.35	2.85	2.20	
ш		21-4	20-1/4	19-21/4	18-41/	17-81/2	16-74	14-9	13-91/4	12-5%	10-11%	9-41/4	7-2%	
TJ		3.20												
13			12.60	11.50	10.80	10.40	9.50	8.90	8.20	6.96	6.50	5.94	5.51	
		1-3%	14.02	37-8 ⁴ / ₄	35-51/4	34-11/4	31-2	29-21/4	26-11	22-10	21-4	19-6	18-1	
Shot		4.50			12.62	13.10	12.00	12.80	11.50	11.00	9.00	8.00	6.00	
		47-7	46-0	44-0	41-5	42-11%	39-41/	42-0	37-81/4	36-11/4	29-61/4	26-3	19-81/4	
Discus		4.80	42.80	39.50	37.50	42.00	41.00	42.00	39.00	34.00	26.00	22.00	15.24	
		47-0	140-5	129-7	123-0	137-9	134-6	137-9	127-11	111-6	85-4	72-21/4	50-0	
ammer		7.24	44.20	40.00	39.00	39.00	36.00	36.00	32.00	30.00	24.00	20.00	17.07	
		55-0	145-0	131-3	127-11	127-11	118-1	118-1	105-0	98-5	78-9	65-T/h	56-0	
Javelin		2.00	56.00	48.76	47.00	43.00	41.00	39.00	35.00	31.00	24.00	19.00	14.02	
		03-5	183-9	160-0	154-2	141-1	134-6	127-11	114-10	101-8	78-9	62-4	46-0	
35/WL	15	5.00	14.00	13.00	12.00	10.00	9.00			6.00	5.00			
	49	-21/2	45-111/4	42-8	39-41/2	32-9%	29-61/2			19-81/4	16-41/4			
Weight	15	5.00	14.00	13.25	12.50	14.25	13.25	14.00	13.25	13.50	11.75	10.00	8.75	6.
-	49	-21/2	45-11%	43-5%	41-0%	46-9	43-5%	45-11%	43-51/4	44-31/	38-61/4	32-91/4	28-81/2	19-8
Sup.WL		9.50	9.00	8.50	8.00	6.00	5.50	5.00	4.50	3.50	3.00	2.50	2.00	
(56#)		31-2		27-10%	26-3	19-81/4	18-1/2	16-4%	14-9	11-5%	9-10	8-21/4	6-61/4	
Pent		2800	2600	2600	2600	2600	2600	2600	2600	2600	2400	2200	2000	
Decath.		500	5250	5250	5000	5200	5000	4500	5000	4800	4200	3000	2500	
L Pent		2800	2700	2800	3000	3000	3000	3000	3000	2600	2700	3000	3000	

τ	S. MA	STER	SALL	AMER	IICAN S		RDS OF	EXCELL	ENCE F	OR RAC	EWAL	CERS
	1.5K	Mile	3K	5K	8K	10K	15K	20K	25K	30K	40K	50
W30	7:13	7:47	14:50	25:38	42:04	52:43	1:21:56	1:52:06	2:24:43	2:59:15	4:08:45	5:37:3
W35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:53:32	2:26:51	3:01:53	4:12:21	5:42:2
W40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	5:55:4
W45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:2
W50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:0
W55	8:55	9:31	18:05	31:14	50:54	1:03:33	1:38:40	2:14:48	2:54:26	3:36:33	5:01:03	6:49:
W60	9:17	10:01	19:01	32:51	53:32	1:06:50	1:43:51	2:21:54	3:03:54	3:48:29	5:17:54	7:12:
W65	9:48	10:35	20:06	34:43	56:33	1:10:37	1:49:50	2:30:12	3:14:51	4:02:20	5:37:25	7:39:
W70	10:26	11:15	21:22	36:54	1:00:02	1:15:01	1:56:49	2:39:54	3:27:38	4:18:30	6:00:18	8:11:
W75	11:10	12:01	22:51	39:28	1:04:10	1:20:14	2:05:05	2:51:18	3:42:50	4:37:46	6:27:35	8:49:
W80	12:03	12:58	24:41	42:37	1:09:13	1:26:38	2:15:15	3:05:24	4:01:36	5:01:39	7:01:26	9:47:
W85	13:13	14:15	27:05	46:45	1:15:50	1:35:01	2:28:37	3:24:00	4:26:20	5:33:10	7:46:16	10:39:
W90	14:56	16:06	30:36	42:14	1:25:30	1:47:18	2:48:13	3:51:12				
						Manager N	MEN					
M30	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10	1:38:18	2:05:12	2:32:17	3:27:30	4:31:
M35	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28	1:39:43	2:06:56	2:34:14	3:30:17	4:34:
M40	6:58	7:29	14:16	24:24	40:15	50:32	1:17:03	1:43:13	2:11:29	2:39:47	3:37:53	4:44:
M45	7:13	7:46	14:47	25:31	41:44	52:25	1:19:58	1:47:10	2:16:35	2:46:05	3:46:36	4:56:
M50	7:33	8:05	15:23	26:33	43:25	54:32	1:23:14	1:51:37	2:22:20	2:53:13	3:56:29	5:09:
M55	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56	1:56:38	2:28:52	3:01:19	4:07:41	5:24:
M60	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10	2:02:23	2:36:20	3:10:33	4:20:30	5:41:
M65	8:38	9:19	17:43	30:33	49:56	1:02:45	1:36:01	2:08:58	2:44:53	3:21:11	4:35:15	6:01:
M70	9:08	9:50	18:44	32:18	52:46	1:06:21	1:41:37	2:16:35	2:53:56	3:33:31	4:52:23	6:23:
M75	9:43	10:28	19:55	34:20	56:04	1:10:35	1:48:13	2:25:34	3:05:02	3:48:05	5:12:40	6:50:
M80	10:26	11:14	21:22	36:50	60:06	1:15:44	1:56:15	2:36:31	3:20:50	4:05:57	5:37:34	7:24:
M85	11:21	12:13	23:14	40:04	65:20	1:22:26	2:06:43	2:50:48	3:39:31	4:29:18	6:10:11	8:07:
M90	12:41	13:39	25:58	44:45	72:52	1:32:08	2:21:52	3:11:28	4:06:38	5:03:17	6:57:43	9:11:

	U.S	. MA	AST	ERS	AI	LL-A	ME	RIC	AN	STA	NDA	RD	S
						FOR	WOM						
Event	30-3		40-44	45-49	50-54	55-59		65-69	70-74	75-79	80-84	85-89	90-94
55	8.0		8.50	8.80	9.10	9.40		10.30	10.80	11.50	12.30	13.40	14.80
60	8.6		9.10	9.50	9.90	10.20		11.10	11.70	12.40	13.40	14.40	15.90
100	13.		14.4	15.0	15.5	16.4		18.6	19.8	22.0	25.0		
200	28.		30.0	31.6	33.0	35.0		39.0	42.0	48.0	52.0		
400	63.		68.0	70.0	78.6	80.0		84.0	86.0	98.0	104.0		
800	2:3		2:40	2:46	2:54	3:10		3:36	3:56	4:30	5:40		
1500	5:10		5:30	5:40	6:00	6:20		7:30	8:00	8:50	10:10		
Mile	5:4		6:10	6:30	6:50	7:00		8:10	8:50	9:40	10:45		
3000	11:3		12:00	12:30	14:00	14:30		16:00	18:30	20:00	23:00		
5000	19:4		21:00	22:00	23:30	24:50		28:00	30:00	34:00	36:00		
10000	41:3		44:00	48:00	50:00	52:00	56:00	60:00	66:00	76:00	85:00		
100H	17.	18.2							-		-		
80H	_		15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0		
400H	75.0	79.0	84.0	88.0		1000		1		STE A	NAME OF TAXABLE PARTY.		
300H	310			The said	66.0	72.0		87.0	96.0	110.0	120.0		
2K-SC	8:2		9:00	9:30	10:00	10:25		11:55	12:50	-	100		
н	1.4		1.27	1.22	1.12	1.07		0.97	0.92	0.89	0.84		
PV	4		4-2	4-0	3-8	3-6		3-21/4	3-01/4	2-11	2-9		
PV	2.7		2.10	1.80	1.50	1.20		1.00	0.90	0.80	0.70		
	8-107		6-10%	5-10%	4-11	3-111/4		3-31/4	2-111/4	2-71/2	2-31/4		
u	4.60		4.04	3.81	3.40	3.20		2.60	2.30	210	1.50		
	15-1		13-3	12-6	11-1%	10-6		8-61/4	7-6%	6-10%	411		
TJ	9.50		8.43	7.49	7.01	6.40		6.00	5.50	4.50	3.89		
~	31-		27-8	24-7	23-0	21-0		19-81/4	18-1/4	14-9	12-9		
Shot	10.30 33-97		8.51 27-11	8.40 27-6%	8.00 26-3	7.77 25-6	7.50	6.60	6.00	5.20	14-1%		
avelin	35.00		28.00	25.00	23.00	22.15	20.00	17.00	16.00	15.00	12.00		
aveilli		109-11	91-10	82-0	75-5%	72-8	65-7%	55-914	52-6	49-2%	39-41/4		
Discus	32.00		25.00	24.00	22.00	21.00	18.00	16.00	14.00	13.00	11.00		
	105-0		82-0	78-9	72-21/4	68-10%	59-1/4	52-6	45-11%	42-8	36-11/4		
ammer	35.00		30.00	25.00	23.00	22.00	21.00	18.00	14.00	12.00	9.00		
	114-10		98-5	82-0	75-5'A		68-10%	59-1/4	45-11%	39-41/4	29-6%		
Veight	10.00		9.00	8.00	9.00	8.00	9.50	8.75	7.75	6.50	5.50	4.25	3.50
	32-91		29-61/4	26-3	29-6%	26-3	31-2	28-8%	25-51/4	21-4	18-0%	15-7	11-5%
up.Wt.	6.50		5.50	5.00	5.25	5.00	4.75	4.50	4.00	3.50			
	21-4		18-%	16-4%	17-2%	16-4%	15-7	14-9	13-1%	11-5%			
/LPent	2600		2500	2500	2800	2600	2600	2500	2500	2400	2300		
Notes:											rsion fo	r hand	time
		Short I			39: 3		40-5			60+:	27"		
		Long h	urdles	s: 30-	59: 3	30";	60+:	27	"				
	3)	Shot p	ut:	30-	49: 4	lk:	50+:	3k					
		Javelin		400		00g;	50-59		0g;	60+:	400a		
										00T.	1009		
		Hamm				lk;	50+:	3k					
		Walah		20	49: 20	14.	50-59	0. 16	#:	60+:	174		
	6)	Weight		30	43. 20	, m	50-79			80+:			

APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH

NAME	AGE-GROU	JP	
ADDRESS	SE	X: M	F
CITY	STAT	E	ZIP
MEET	DATE	OF MEET	Г
MEET SITE			
EVENT	MARK		
HURDLE HEIGHT	WEIGHT OF IMP	LEMEN	Т
☐ CERTIFICATE	☐ PATCH		PATCH TAG

- 1. If you have equaled or bettered the standard of excellence, please fill out this application, completely.
- 2. A copy of your results or a note stating in which issue your results appeared MUST accompany this application.
- 3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is \$15.

 4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.

 5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

NATIONAL

USA Masters Decathlon/Heptathlon Championships, Seattle, WA; July 15-16

Dace		

				E COL	Dec	athlon					7	
M40	Pts.	100	IJ	SP	н	400	Day 1	Hurdles	DT	PV	л.	1500
1 Berle, Dolf		12.57 w: 0.6	5.19m	10.77m 35-04	1.51m	59.84		19.97	33.38m 109-06	3.60m . 11-09.75	37.62m 123-05	5:37.25
Trojan Masters TC Age-Graded Mark		12.00	w: -0.5 5.76m	11.06m	4-11.5 1.66m	55.96		w: 0.1 19.10	33.38m	3.97m	42.44m	5:16.58
Age-Graded Percent M43 Team Points: 10	5318	81.62% (651)	(535)	47.85% (549)	68.02% (512)	77.17% (561)	2808	67.6% (424)	45.06% (531)	64.75% (609)	43.1% (478)	65.07% (468)
2 Wilcox, Rod Run or Die TC		12.52 w: 0.6	5.37m w: -0.6	9.20m 30-02.25	1.72m 5-07.75	1:03.55		20.25 w: 0.1	29.02m 95-02	2.70m 8-10.25	34.95m 114-08	6:14.45
Age-Graded Mark: Age-Graded Percent		11.96 81.95%	5.96m 66.71%	9.44m 40.87%	1.90m 77.48%	59.42 72.67%		19.37 66.67%	29.02m 39.17%	2.98m 48.56%	39.43m 40.04%	5:51.50 58.61%
M40 Team Points: 8 3 Voce, Robert	4768	(659) 12.67	(578) 4.36m	7.13m	(714) 1.36m	(433) 1:01.16	2836	(401)	(445) 18.65m	(352) 2.20m	(434) FOUL .	(300) 5:38.45
Unattached Age-Graded Mark		w: 0.6 12.10	w: -1.0 4.84m	23-04.75 7.32m	4-05.5 1.50m	57.19		w: 0.1 20.11	61-02 18.65m	7-02.5 2.43m		5:17.71
Age-Graded Percent M40 Team Points: 6	3489	80.98% (631)	54.16% (352)	31.67% (326)	61.26% (389)	75.51% (514)	2212	64.19%	25.18% (247)	39.57% (227)	(0)	64.84% (462)
M45 1 Murdock, Mark		13.61	4.84m	9.72m	1.48m	1:01.51		21.03	29.03m	3.70m	41.80m	4:57.86
Team Idaho Age-Graded Mark		w: 0.2 12.55	w: -0.4 5.70m	31-10.75 10.81m	4-10.25 1.72m	55.51		w: 0.5 19.29	95-03 30.47m	12-01.5 4.36m	137-02 51.34m	4:26.50
Age-Graded Percent M46 Team Points: 10	5718	78.03%	63.77% (523)	46.8% (534)	70.14% (560)	77.81%	2742	66.95%	41.14% (474)	71.02%	52.13% (608)	77.3% (768)
2 Copeland, Scott Baron Park Striders	34	12.76 w: 0.2	4.94m w: -0.3	7.79m 25-06.75	1.48m 4-10.25	1:02.43		20.23 w: 0.5	20.19m 66-03	2.30m 7-06.5	31.64m 103-10	6:56.09
Age-Graded Mark Age-Graded Percent		11.77 83.23%	5.82m 65.09%	8.67m 37.51%	1.72m 70.14%	56.34 76.66%		18.55	21.19m 28.61%	2.71m 44.15%	38.86m 39.46%	6:12.28 55.33%
M47 Team Points: 8	4455	(697)	(548)	(406)	(560)	(546)	2757	(473)	(294)	(289)	(426)	(216)
3 Hodson, Greg Unattached		14.85 w: 0.2	3.63m w: 0.6	6.48m 21-03.25	1.27m 4-02	1:14.98		28.29 w: 0.5	17.52m 57-06	1.90m 6-02.75	22.90m 75-01	6:41.86
Age-Graded Mark		13.70	4.27m	7.21m	1.47m	1:07.66		25.94	18.39m	2.24m	28.12m	5:59.55
Age-Graded Percent M49 Team Points: 6	2485	71.52% (356)	47.83% (250)	(320)	(367)	63.83% (190)	1483	(34)	(242)	36.47% (187)	28.56% (273)	57.29% (266)
M50 1 Murray, Bill		12.88	5.67m	12.31m	1.71m	1:00.80		16.48	38.65m	3.80m	42.64m	5:55.17
Birmingham TC Age-Graded Mark		NWI 11.49	7.11m	40-04.75 14.11m	5-07.25 2.09m	53.01		w: -0.8 16.06	126-10 38.65m	12-05.5 4.80m	139-11 54.53m	5:03.57
Age-Graded Percent M52 Team Points: 10	7305	85.25% (755)	79.52% (840)	61.06% (735)	85.5% (887)	81.46% (681)	3898	80.4% (726)	52.17% (637)	78.19% (849)	55.38% (656)	67.86% (539)
2 Ortman, David Unattached		12.61 w: -2.2	5.78m NWI	9.52m 31-03	1.65m 5-05	57.17		17.59 w: -0.8	24.59m 80-08	2.70m 8-10.25	33.42m 109-08	5:28.43
Age-Graded Mark Age-Graded Percent		11.25 87.07%	7.25m 81.07%	10.91m 47.22%	2.02m 82.5%	49.85 86.64%		17.15 75.33%	24.59m 33.19%	3.41m 55.56%	42.74m 43.4%	4:40.71 73.39%
M53 Team Points: 8 3 Watry, Jeffrey	6449	(806) 13.65	(874) 4.75m	(540) 11.74m	(822) 1.59m	(822)	3864	(609) 17.71	(359) 33.83m	(459) 3.40m	(482) 39.92m	(676) 5:39.38
Midwest Masters TC Age-Graded Mark		NW1 12.18	NWI 5 96m	38-06.25	5-02.5 1.94m	55.52		w: -0.8 17.26	111-00 33.83m	11-01.75 4.29m	131-00 51.05m	4:50.07
Age-Graded Percent	6274	80.44%	66.62%	58.23% (695)	79.5% (749)	77.78%	3216	74.82% (597)	45.67%	69.96%	51.84% (604)	71.02% (618)
Tamalpa Runners		13.69 NWI	4.96m NWI	9.00m 29-06.5	1.44m 4-08.75	1:02.24		17.92 w: -0.8 17.47	24.36m 79-11	2.90m 9-06.25	25.14m 82-06 32.15m	5:36.88
Age-Graded Mark	3388		5.22m 99.57% (635)		1.76m (593)	54.27 79.580 (628)	2971	(576)	24.36m (355)	3.66m (525)	32.15m	4:47.94
5 Reinhard, Jim Unattached	,366	14.04	431m NWI	9.12m 29-11.25	1.53m 5-00.25	1:04.66		21.16 w: -1.3	26.19m 85-11	2.00m 6-06.75	30.43m 99-10	5:51.98
Age-Graded Mark Age-Graded Percent		12.52 78.21%	5.40m 60.45%	10.45m 45.24%	1.87m 76.5%	56.38 76.6%		20.63 62.62%	26.19m 35.35%	2.52m 41.15%	38.91m 39.52%	5:00.84 68.48%
M52 Team Points: 4	4676	(552) 16.47	(461) 3.94m	(513) 10.11m	(687) 1.32m	(545) 1:26.35	2758	(301)	(390) 33.30m	(246) 2.30m	(426) 39.68m	(555) 7:31.82
6 Watson, Richard Unattached		w: -22	NWI	33-02 11.59m	4-04 1.61m	1:15.28		w: -1.3 23.17	109-03 33.30m	7-06.5 2.90m	130-02 50.75m	6:26.18
Age-Graded Mark Age-Graded Percent		14.69 66.67%	4.94m 55.26%	50.15%	66%	57.36%	1694	55.74%	44.95%	47.33%	51.53%	53.34% (167)
M53 Team Points: 3 7 Moylan, Jerry	3466	(221) 15.15	(371) 3.63m	(582) 8.02m	(472) 1.20m	1:11.53	1094	(142)	18.89m 62-00	1.90m 6-02.75	24.91m 81-09	6:09.61
Unattached Age-Graded Mark		13.51	4.55m	26-03.75 9.19m	3-11-25 1.47m	1:02.36		w: -1.3 21.73	18.89m	2.40m	31.85m 32.35%	5:15.91
Age-Graded Percent M53 Team Points: 2	3317	72.48% (385)	50.91% (299)	39.78% (437)	(367)	(336)	1824	59.44% (225)	25.5% (251)	39.09% (220)	(325)	65.21% (472)
M55 1 Hawkins, John		13.68	5.31m	12.68m	1.75m	1:06.51		19.49	37.05m	3.80m	41.21m	6:18.00
West Vancouver TC Age-Graded Mark		w: 0.2 11.81	w: +0.0 7.12m	41-07.25 16.14m	5-08.75 2.26m	56.09		w: -0.2 17.71	121-07 40.69m	12-05.5 5.17m	135-02 57.93m	5:09.25
Age-Graded Percent M57 Team Points: 10	7407	82.89% (689)	79.61% (842)	69.86% (860)	92.59% (1051)	76.98% (556)	3998	72.91% (552)	(679)	84.26% (963)	58.83% (707)	66.61% (508)
2 Russell, Alan Unattached		13.26 w: 0.2	4.57m w: -0.1	10.86m 35-07.75	151m 4-11.5	1:02.25		19.49 w: -0.2	37.63m 123-05	NH	30.38m 99-08	6:17.79
Age-Graded Mark Age-Graded Percent		11.45 85.52%	6.13m 68.52%	13.83m 59.83%	1.95m 79.89%	52.50 82.25%		17.71 72.91%	41.33m 55.8%		42.71m 43.37%	5:09.07 66.65%
M56 Team Points: 8 3 Jacobson, Vance	5792	(763) 13.40	(615) 4.47m	(718) 7.38m	(758) 1.39m	(703) 1:06.51	3557	(552)	(692) 24.33m	(0) 2.00m	(482) 27.60m	(509) 7:08.10
Fleet Feet Racing		w: 0.2	w: +0.0 5.99m	24-02.5 9.39m	4-06.75 1.79m	56.09		w: -0.2 20.91	79-10 26.72m	6-06.75 2.72m	90-07 38.80m	5:50.23
Age-Graded Mark Age-Graded Percent			67.02%	40.66%	73.54%	76.98%	2946	61.76%	36.08% (400)	44.35% (291)	39.4% (425)	58.82% (305)
M57 Team Points: 6 4 Iwen, Gene	4648	14.37	(584) 4.37m	7.30m	1.33m	1:09.30	2946	22.33	23.89m	1.90m 6-02.75	30.71m	7:02.52
Unattached Age-Graded Mark		w: 0.2 12.41	w: -0.5 5.86m	23-11.5 9.29m	4-04.25 1.72m	58.45		w: -0.2 20.29	78-04 26.24m	2.58m	100-09 43.17m	5:45.67
Age-Graded Percent M55 Team Points: 5	4390		65.52% (556)	40.22% (443)	70.37% (560)	73.88% (467)	2599	63.64%	(391)	42.13% (259)	43.84% (488).	(326)
M60 1 Hamill, Warren		13.83	4.90m	11.57m	1.57m	1:05.90		17.38	42.12m	3.30m	37.97m	6:32.24
Comox Valley Cougs Age-Graded Mark		w: -1.1 11.58	w: -0.1 7.06m	37-11.5 14.69m	5-01.75 2.15m	53.82		w: 0.6 15.68	138-02 47.30m	10-10 4.87m	124-07 56.21m	5:07.72
Age-Graded Percent M60 Team Points: 10	7577	84.6% (736)	78.9% (828)	63.57% (771)	88.2% (944)	80.24% (647)	3926	82.39% (769)	63.87% (814)	79.52% (871)	57.08% (681)	66.95% (516)
2 Baker, Robert Unattached		14.06 w: -1.1	4.48m w; +0.0	11.13m 36-06.25	1.45m 4-09	1:08.20		17.87 w: 0.6	36.83m 120-10	3.20m 10-06	39.91m 130-11	6:26.70
Age-Graded Mark Age-Graded Percent		11.77 83.21%	6.45m	14.13m 61.15%	1.99m 81.46%	55.70 77.54%		16.12 80.13%	41.36m 55.85%	4.72m 77.11%	59.08m	5:03.37
M60 Team Points: 8 3 Lamothe, Grant	6984		(686) 4.07m	(736) 9.65m	(794) 1.15m	(571) 1:11.54	3484	(719) DNF	(692) 28.05m	(825) NH	(724) 31.17m	(540) 7:02.99
Deer Foot TC		w: -1.1	w: -0.8 5.86m	31-08	3-09.25	58.42		Dist	92-00 31.50m		102-03 46.14m	5:31.84
Age-Graded Mark Age-Graded Percent	****	12.47 78.52%	65.54%	12.25m 53.02%	1.57m 64.61%	73.92%	2650	·m	42.53% (494)	(0)	46.86%	62.08%
M62 Team Points: 6 M65	4066	(562)	(556)	(622)	(441)	(469)	2630	(0)	TOWNS TO		36.44m	
1 Pawlik, Emil Dallas Masters TC		w: 0.2	4.45m w: -0.1	9.60m 31-06	1.48m 4-10.25	1:09.68		17.37 w: -0.8	36.77m 120-08	2.70m 8-10.25	119-07	6:54.26
Age-Graded Mark Age-Graded Percent	*	11.85 82.669		14.13m 61.11%	2.16m 88.1%	55.16 78.29%		14.47 89.29%	46.01m 62.11%	4,35m 71.05%	60.11m 61.04%	5:12.19 65.99%
M67 Team Points: 10 2 Rowan, Terry	7407	15.27	(795) 4.26m	(736) 7.74m	(953) 1.30m	(592) 1:13.05	3757	(915)	(788) 26.67m	(716) 2.00m	(739) 25.98m	7:02.60
Unattached Age-Graded Mark		w: 0.2 12.40	w: -0.1 6.63m	25-04.75 11.39m	4-03.25 1.89m			W: 0.6 17.43	87-06 33.37m	6-06. 3.22m	75 85-03 42.85m	5:18.48
Age-Graded Percent M65 Team Points: 8	5525	78.989		49.27% (569)	77.38%	74.67% (490)	3065	74.1% (580)	45.05% (531)	52.63% (411)	43.52% (484)	64.68% (458)
3 Sheedy, Robert Unattached		23.50 w: 0.2	3.45m w: -0.7	11.50m 37-08.75	1.33m	1:47.42		24.74 w: -0.8	31.96m 104-10	2.40m 7-10.5	31.83m 104-05	8:46.06
Age-Graded Mark		19.08	537m	16.92m 73.2%	1.94m 79.17%	1:25.04 50.78%		20.60	39.99m 53.99%	3.87m 63.16%	52.50m 53.32%	6:36.44
Age-Graded Percent M65 Team Points: 6	4421	(0)	(455)	(908)	(749)	(0)	2112	(303) DNF	(664) 25.25m	(581) 1.80m	(626) 32.03m	(135) DNF
4 Fulton, Bob Unattached		16.61 w: 0.2	3.48m w: +0.0	9.21m 30-02.75		1:27.15		DAF	82-10	5-10.75	105-01	DAF
Age-Graded Mark Age-Graded Percent		13.49 72.619			75.6%	1:08.99 62.59%			31.59m 42.65%	2.90m 47.37%	52.83m 53.65%	100
M66 Team Points: 5	3841	(388)	(463)	(701)	(670)	(159)	2381	. (0)	(496)	(333)	(631)	(0)

Portland Masters TC Age-Graded Mark 18.2 5.3 5.3 1.5 5.3 5.3 6.5 5.3 6.5		Pts.		IJ	SP	HJ	400	Day 1	Hurdles		PV	л	1500
Age-Graded Nark M65 Team Points: 4 708 (338) (427) (728) (759) (728) (759) (728) (759) (7	5 McCrea, Don				9.51m		1:39.63		DNF		2.50m	27.78m	DNF
Age-Graded Percent (70.864) S4.374 (60.539) (72.025) (52.79) (70.705) (70.7													
MoS Team Points: 4 3768 338 427 (728) (932) (12) 2098 (0) (517) (626) (527) (627) (728													
Margin Langer L		2760						2000	-				-
Leggil, James		3/68	(338)	(427)	(728)	(293)	(12)	2098	(0)	(317)	(070)	(327)	(0)
Unattached Age-Graded Mark Age-Graded Mark Age-Graded Percent 80.39% 71.09% 49.444 77.07% 79.48% 76.31% 57.17% 65.22% 52.45% 60.31% 67.07% 79.48% 76.31% 57.17% 65.22% 52.45% 60.31% 67.07% 79.48% 76.31% 57.17% 65.22% 52.45% 60.31% 67.07% 79.48% 76.31% 57.17% 65.22% 52.45% 60.31% 67.07% 79.48% 76.31% 57.17% 65.22% 52.45% 60.31% 67.07% 79.48% 76.31% 57.17% 65.22% 52.45% 60.31% 67.07% 79.48% 76.31% 57.17% 65.22% 52.45% 60.31% 67.07% 79.48% 76.31% 57.17% 65.22% 52.45% 60.31% 67.07% 79.48% 76.31% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 77.07% 79.48% 79.			15 45	1 76m	9.70-	1.21-	1.14.22		16.90	20.00-	225	20 50-	6.59 46
Age-Graded Mark Age-Graded Percent Age-Graded Mark Age-Grad							1.14.23						0.36.40
Age-Graded Percent M72 Team Points: 0 6008 (610) (650) (650) (620) (620) (712) (617) (712) (617) (613) (652) (618) (712) (617) (712) (617) (613) (652) (618) (712) (617) (712) (617) (712) (617) (613) (652) (712) (617) (712)							4111						5-07-55
Month March Month Mont													
Reviir, Robert		6308						3175					
Portland Masters TC								1					7:44.72
Age-Graded Mark Age-Graded Percent M73 Team Points: 8 6103 711 8833 797 8847 80.658 81.87 87.258 81.87 81.828 81.932 22.98 61.318 M73 Team Points: 8 72.87 73.758 13.88 13.78 13							1						
M72 Team Points: 8 6102 (711) (883) (597) (888) (658) 3717 (843) (503) (0) (610) (707) 748. Midwest Masters TC vs. 4. 4. 8. 16.33 (340) (8.75 n.) 1.12m (1.23 k.) 1.12m (1.23					11.85m		53.55			34.97m	51.42m		La San
3 Jankovich, William	Age-Graded Percent		83.69%	81.47%	513%	84.71%	80.65%		85.8%	47.22%	52.22%	6131%	
Midwest Masters TC	M73 Team Points: 8	6103	(711)	(883)		(868)	(658)	3717				(610)	(370)
Age-Graded Mark	3 Jankovich, William						1:23.84			26.99m			7:48.10
Age-Graded Percent 76.00% 64.27% 49.27% 71.34% 70.37% 67.24% 51.47% 65.22% 53.88% 60.87% 72.60m 10.00m 10.0													
M72 Feam Points: 6 5187 (490) (533) (569) (577) (368) 2337 (414) (626) (617) (634) (739) (741) (4.00m		5:38.44
Cleveland, Jim								2000					60.87%
Florida AC		5187						2537					
Age-Graded Percent Age-Graded Percent Age-Graded Percent Part Part Part Part Part Part Part Par							1:29.40						7:39.17
Age-Graded Percent M79 Team Points: 6 4326 (301) (453) (458) (458) (199) (247) (278) (273) (626) (329) (540) (390) M75 17													
M72 Faam Points: 5 4336 (301) (453) (458) (619) (247) 2078 (273) (626) (429) (540) [390) M75													5:31.98
M75 Above The Bar TC Age-Graded Mark Age-Graded Percent Age-Graded Mark Age-Graded Percent Age-Graded Percent Age-Graded Mark Age-Graded Percent Age-Graded Mark Age-Graded Percent Age-Graded Mark Age-Grad		4226						2079					
Donley, Jerry 17.29 3.58m 8.19m 1.2m 203.70 18.75 2.25m 2.35m 19.60m DNF Age-Graded Mark 12.83 6.63m 12.32m 18.7m 122.18 17.70 3.666m 4.65m 39.9m Age-Graded Percent 67.54% 74.12% 53.29% 76.71% 52.55% 72.96% 49.41% 75.81% 40% 40% Allanta TC 40.01 40.11 40		4336	(301)	(433)	(438)	(013)	(241)	2078	(213)	(020)	(429)	(340)	(390)
Above The Bar TC Age-Graded Mark Age-Graded Mark Age-Graded Percent Age-Graded Mark Age-Grade			17 20	3 58m	8 10m	4.12m	2-03-70		19.75	22 57m	125-	10 60-	DATE
Age-Graded Mark Age-Graded Percent M76 Team Points: 10 4900 (497) (727) (626) (687) (0) 2537 (530) (596) (804) (433) (0) Laparano, William Age-Graded Mark Age-Graded Percent BODES (596) (594) (197) (687) (131) (887) (198) (199) (1							2.03.70						DNF
Age-Graded Percent M79 Team Points: 6 432 (294) (619) (727) (626) (687) (191) (255) (255) (250) (596) (693) (191) (257) (626) (687) (191) (257) (256) (687) (191) (257) (256) (257) (256) (257) (256) (257) (256) (257) (256) (257) (256) (257) (256) (257) (256) (257) (257) (256) (257) (257) (256) (257) (257) (256) (257)							1-22 18		17 70				
M76 Team Points: 10 4900 (497) (727) (626) (687) (0) 2537 (530) (596) (804) (433) (0)					53 29%								
2 Daprano, William Alanta TC wol.1 w1.4 25-08.75 3-08 Age-Graded Mark Age-Graded Percent Age-Graded Percent Age-Graded Mark Age-Graded Percent M80 Team Points: 10 Age-Graded Mark Age-Grade		4900						2537					m
Atlanta TC w. 0.1 w. 1.4 25-08.75 3-08 w. 4-00 79-06 4-01.25 84-10 Age-Graded Mark Age-Graded Mark Age-Graded Percent 80.05% 72.46% 51.01% 76.71% 68.42% 59.69% 53.06% 40.32% 52.8% 50.98 M79 Team Points: 8 4728 (605) (695) (594) (687) (687) (131) 2894 (17) (551) (235) (618) (113) 3 Props, Ray 19.04 3.32m 7.65m 1.24m 155.78 21.60 24.40m 1.65m 24.19m 12-48 Age-Graded Percent 69.33% 68.74% 49.77% 84.93% 56.14% 63.33% 53.25% 53.23% 49.37% 40.08 M77 Team Points: 6 4332 (294) (619) (576) (868) (29) 2386 (301) (656) (421) (568) (0) W180 15.01 Age-Graded Mark 12.03 6.93m 18.58m 2.13m 55.89 16.76 47.88m 4.57m 56.78m 50.24 Age-Graded Percent 80.4 12.03 6.93m 18.58m 2.13m 55.89 16.76 47.88m 4.57m 56.78m 50.24 Age-Graded Percent 18.12% 47.52% 80.35% 87.41% 71.27% 71.04% 64.56% (281) (690) (546) (580) (180)													10:04.37
Age-Graded Mark Age-Graded Percent Age-Graded Percent Age-Graded Percent Age-Graded Mark Age-Graded Percent Age-Graded Mark Age-Graded Percent M80 Team Points: 10 Age-Graded Mark Age-Graded							*120.00						10.042
Age-Graded Percent					11.79m	1.87m	1:03.11						6:44.09
MF9 Feam Points: 8 4728 (605) (695) (694) (687) (131) 2894 (217) (651) (235) (618) (113) 9 Propst, Ray Unattached w 0.01 w 0.8 25-0.125 4-0.075 w 4-0.0 80-01 5-05 79-04 Age-Graded Percent 69.33% 68.74% 49.77% 84.97% 1662 2039 9.956 (618) 8.326 Age-Graded Percent 69.33% 68.74% 49.77% 84.97% 1662 2039 9.956 (618) 8.326 40.00 MB0 (113) 15.00 (80.05%	72.46%	51.01%								50.98%
3 Props. Ray	M79 Team Points: 8	4728	(605)	(695)	(594)	(687)		2894					
Unattached w-0.1 w-0.8 25-01.25 4-00.75 w+0.0 80-01 5-05 79-04 Age-Graded Mark 4-13 6-15 m 11.50m 2.07m 1:16.62 20.39 39-56 325m 49.37m 40.08 Age-Graded Percent 69.33% 68.74% 49.77% 84.93% 56.14% 63.33% 53.42% 53.23% 49.37% 40.08 M80 M80 Stantached w-0.2 w-1.6 34.02.75 3-10.5 w-0.3 32.6m 48.51m 8.33 Age-Graded Mark 4.20 x-1.6 34.02.75 3-10.5 w-0.3 32.6m 48.51m 32.6m 32	3 Propst, Ray		19.04	3.32m	7.65m								12:48.74
Age-Graded Percent MoV 1	Unattached		w: 0.1	w: 0.8	. 25-01.25	4-00.75			w: +0.0	80-01	5-05	79-04	
M77 Team Points: 6 4332 (294) (619) (576) (868) (299) 2386 (301) (656) (421) (568) (0) 18ulivan, Dennis	Age-Graded Mark		14.13	6.15m	11.50m	2.07m	1:16.92		20.39	39.56m	3.26m	48.61m	8:33.98
M80 Sullivan, Dennis 17,44 3,38m 10,43m 1,18m 1,31,89 19,47 25,16m 20,5m 27,55m 8,05,4					49.77%	84.93%			63.33%	53.42%	53.23%	49.37%	40.08%
Sullivan, Dennis		4332	(294)	(619)	(576)	(868)	(29)	2386	(301)	(656)	(421)	(568)	(0)
Unattached W-02 w-16 34-02.75 3-10.5 w-0.3 82-06 6-08.75 90-05 Age-Graded Mark 12.03 6-30m 18.58m 18.17m 2.13m 55.89 16.76 47.88m 45.7m 57.66% 68.11	M80								faet 1				
Age-Graded Mark Age-Graded Percent Age-Graded Age-Age-Age-Age-Age-Age-Age-Age-Age-Age-							1:31.89						8:05.03
Age-Graded Percent M80 Team Points: 0 735 (569) (797) (1011) (925) (588) 3890 (624) (826) 74.55% 57.66% (8.11 M80 Team Points: 10 735 (599) (797) (1011) (925) (588) 3890 (624) (826) (781) (699) (546) (925) (681) (781) (699) (546) (925) (781) (699) (546) (925) (781) (699) (546) (925) (781) (699) (546) (925) (781) (699) (546) (925) (781) (699) (546) (925) (781) (699) (546) (925) (882) (986) (925) (885) (880) (925) (925) (880) (925) (925) (925) (925) (925) (925) (925) (925) (925) (925) (925) (925) (925) (925) (925) (925													No.
M80 Team Points: 10 7357 599) 797 (1011) (925) 558) 3890 (624) (826) (781) (690) (546) (58mit), Denver 1775 3.14m 10.20m 1.8m 135.23 (16.85 23.66m 72.15m 26.18m 93.25 (16.85 23.66m 72.15m 26.18m 73.25 (16.85 23.66m 72.15m 26.18m 73.25 (16.85 23.66m 74.25 (16.85 24.25 24.25 24.25 (16.85 24.25 24.25 24.25 (16.85 24.25 24.25 24.25 (16.85 24.25 24.25 24.25 (16.85 24.25 24.25 24.25 (16.85 24.25 24.25 24.25 24.25 (16.85 24.25 24.25 24.25 24.25 24.25 (16.85 24.25 24.25 24.25 24.25 (16.85 24.25 24.25 24.25 24.25 24.25 24.25 24.25 (16.85 24.25													5:02.47
2 Smith, Denver													68.11%
Unattached		7357			(1011)			3890					
Age-Graded Mark							1:35.23						9:32.20
Age-Graded Percent 80% 72.02% 78.88% 87.41% 74.56% 80.02% 61.56% 78.18% 54.79% 57.73 M80 Team Points: 8 7067 (560) (682) (986) (925) (482) 3635 (880) (779) (649) (647) (277) (780) (682) (986) (925) (482) 3635 (880) (779) (849) (647) (277) (780) (849) (847) (847) (847) (847) (849) (847) (847) (847) (847) (849) (847) (447) (£7.00						
M80 Fear Points: 8 7067 (560) (682) (986) (925) (482) 3635 (880) (779) (849) (647) (277) (879) (889) (647) (277) (879) (889) (647) (277) (879) (889) (647) (277) (779) (889) (647) (277) (779) (889) (880) (779) (889) (889) (779) (889) (889) (779) (889) (889) (889) (779) (889) (889) (889) (779) (889) (889) (889) (779) (889) (
Hanscom, Rita 14.73 4.43m 9.25m 1.39m 1:10.49 14.02 24.35m 2.50m 22.83m 6:16.		7067						3636					
Hanscom, Rita		/00/	(300)	(002)	(390)	(923)	(402)	3633	(880)	(113)	(943)	(047)	(211)
San Diego TC			14.73	4 43-	9.75m	1 30m	1-10-40		14.02	24 75-	250-	22 83-	61636
Age-Graded Mark 15.50 5.56m 12.83m 1.72m 57.69 11.99 3.18m 3.18m 3.18m 5.18. Age-Graded Percent 78.82m 73.99% 55.52m 82.74m 82.51m 90.011m 41.49m 3.28m 31.15m 51.8 42.67m 72.42m 72.00m 72							1.10.49						0.10.30
Age-Graded Percent 78.82% 73.96% 55.52% 82.74% 82.51% 90.01% 41.4% 68.31% 42.67% 72.42							57.69						5:18.22
W52 Team Points: 10 7213 (777) (717) (716) (879) (794) 3414 (954) (496) (672) (498) (710) (860) (700) (870) (710) (879) (710) (879) (710) (879) (710) (879) (710) (879) (710) (879) (710) (879) (710) (879) (710) (879) (710)													72.42%
Wed State		7213						3414					(710)
O'Connor, Nadine 15.11 4.35m 7.19m 1.21m 1:13.95 14.29 15.14m 3.00m 15.72m 7:26 Unattached w: 0-7 w: 4-00 23-07.25 3-11.5 w: 0-0.4 49-08 9-10 51.07 \text{Age-Graded Mark 15.38 6.34m 12.06m 1.73m 55.17 11.07 24.09m 4.76m 27.44m 5:19 \text{Age-Graded Percent 79.42% 84.74% 52.18% 82.88% 86.29% 97.48% 31.38% 99.01% 37.6% 722.1 \text{W64 Team Points: 10 8149 (792) (956) (665) (891) (904) 4143 (1138) (352) (1321) (428) (702) \text{Heptathlors Hurdies HJ SP 200 Dwy 1 LJ JT 2006 \text{W64 W66 24.75m 23.64m 24.445 25.02.255 NW1 4.26m 22.64m 24.445 24.465 24.75m 23.4445 24.666 24.75m 23.948 24.445 24.666 24.75m 23.948 23.948 24.666 24.75m 23.948 23.948 23.948 23.948 24.666 24.75m 23.948	W60		100			2							
Unattached W:-0.7 W:-40.0 23-07.25 3-11.5 W:-0.4 49-08 9-10 51-07	O'Connor, Nadine		15.11	4.35m	7.19m	1.21m	1:13.95		14.29	15.14m	3.00m	15.72m	7:26.69
Age-Graded Mark 15.38 6.34m 12.06m 1.73m 55.17 11.07 24.09m 4.76m 27.44m 5:19 Age-Graded Percent 79.42% 84.74% 52.18% 82.88% 86.29% 97.48% 31.38% 99.01% 37.6% 72.1 W64 Team Points: 10 8149 (792) (956) (665) (891) (904) 4143 (1138) (352) (1321) (428) (702) Heptathlon Hurdles HJ SP 206 Dwy 1 LJ JT 806 W46 15.27 1.35m 7.98m 30.13 4.26m 22.65m 24.445 1 Wass_Caren recents 15.27 1.35m 7.98m 30.13 4.26m 22.65m 24.445 Age-Graded Mark 16.93 1.48m 9.35m 28.43 4.69m 24.77m 2.39.88 Age-Graded Percent 72.14% 71.05% 40.47% 75.07% 62.46m 24.77m 2.39.88 Age-Graded Percent 72.14% 40.47% 75.07% 62.46m 24.77m 2.39.88 Age-Graded Percent 72.14% 40.47% 75.07% 62.46m 24.77m 2.39.88	Unattached		w: -0.7	w: +0.0	23-07.25	3-11.5			w: -0.4				
Age-Graded Percent 79.42% 84.47% 52.18% 82.88% 86.29% 97.48% 31.38% 99.01% 37.6% 72.11 W64 Team Points: 10 8149 (792) (956) (665) (891) (904) 4143 (1138) (352) (1321) (428) (702) **Heptathlor** **Heptathlor** **Pia.** Hurdles** **Hurdles** **Hurdl	Age-Graded Mark												5:19.48
Heptathlon Heptathlon Pts. Hurdles HJ SP 200 Day 1 LJ JT 800 N40 1 Ware Carp 30.13 4.26m 22.63m 2.44.45 Southern California w 0.6 4.05 26.02.25 NVI w 0.3 74.03 Age-Graded Mark 16.93 1.48m 9.35m 28.43 4.69m 24.77m 2.39.88 Age-Graded Percent 7.21.14% 7.10.5% 40.47% 7.50.7% 62.46% 33.93% 70.85%	Age-Graded Percent							200					72.149
W40 Pts. Hurdles HJ SP 200 Day I LJ JT 800 1 Wass_Caren forentia 15.47 1.35m 7.9km 30.113 4.26m 22.65m 22.44.45 Age-Graded Mark 16.93 1.48m 9.35m 22.43 4.69m 24.77m 2.39.88 Age-Graded Percent 7.214% 9.47m 2.39.88	W64 Team Points: 10	8149	(792)	(956)	(665)	(891)	(904)	4143	(1138)	(352)	(1321)	(428)	(702)
W40 Pts. Hurdles HJ SP 200 Day I LJ JT 800 1 Wass_Caren forentia 15.47 1.35m 7.9km 30.113 4.26m 22.65m 22.44.45 Age-Graded Mark 16.93 1.48m 9.35m 22.43 4.69m 24.77m 2.39.88 Age-Graded Percent 7.214% 9.47m 2.39.88						Har	tathlar						
N40 1 Ware, Caren 1 S.47 1 35m 7 98m 30.13 4.26m 22.63m 24.44.55 Southern California w: 0.6 4.05 26-02.25 NW1 w: 0.3 74.03 24.477m 2.39.88 Age-Graded Mark 16.93 1.48m 9.35m 28.43 4.69m 24.77m 2.39.88 7.0.87e		-	1820			Marian	AND TABLE			1	1		100
Wire Caren 15.47 1.35m 7.98m 30.13 4.26m 22.63m 2-44.45 Southern California #*-0.5 4.05 22-62.25 NWI #*-0.3 74-03 74-03 74-03 2-23.5 NWI #*-0.3 74-03 2-29.88 Ac9m 24.77m 2.39.88 Ac9m 24.77m 2.39.8	W40	PL.	Hurdk	-				The D	The same	NAME OF TAXABLE PARTY.	Sales of the sales	45 MOS	HO
Age-Graded Mark 16.93 1.48m 9.35m 28.43 4.69m 24.77m 2:39.88 Age-Graded Percent 72.14% 71.05% 40.47% 75.07% 62.46% 33.93% 70.85%		-	15.47	-	1.35m	7.98m	30.13	distribution.	name of the last	4.26m	22.63m	- CO	2:44.45
Age-Graded Percent 72.14% 71.05% 40.47% 75.07% 62.46% 33.93% 70.85%				•					- 2				2-39 RR
W/44 Team Points: 10, 3608 (604) (500) (487) (570) 2260 (477) (378) (574)	Age-Graded Percent		72.149	6	71.05%	40.47%				62.46%	33.93%		

Pts.	Hurdles	н	SP	200	Day 1	L	IT	800	
W40		and the same of th						The second section	
1 Ware, Caren Southern California	15.47	1.35m	7.98m	30.13 NWI	STREET, STREET	4.26m w: 0.3	22.63m 74-03	2:44.45	Ì
Age-Graded Mark	16.93	1.48m	9.35m	28.43		4.69m	24.77m	2:39.88	
Age-Graded Percent	72.14%	71.05%	40.47%	75.07%		62.46%	33.93%	70.85%	
W44 Team Points: 10 3698	(604)	(599)	(487)	(579)	2269	(477)	(378)	(574)	
W60	and the same	- Made							
1 Carter, Ann	19.38	1.02m	5.09m	39.70		3.06m	13.81m	4:26.78	
Atlanta TC	w: -1.5	3-04	16-08.5	NWI		w: -0.5	45-04		
Age-Graded Mark	19.72	1.45m	8.54m	29.94		4.46m	24.11m	3:27.27	
Age-Graded Percent	61.92%	69.86%	36.94%	71.28%		59.42%	33.03%	54.66%	
W64 Team Points: 10 2750	(326)	(566)	(434)	(486)	1812	(418)	(366)	(154)	
W70	ATT 1 - 1777				The second				
1 Donley, Christel	19.86	1.11m	7.23m	38.91		2.80m	24.33m	4:11.70	
Above The Bar TC	w: -1.5	3-07.75	23-08.75	NWI		w: 0.1	79-10		
Age-Graded Mark	14.70	1.86m	15.34m	26.67		4.87m	54.08m	2:39.96	
Age-Graded Percent	83.08%	89.52%	66.39%	80.03%		64.81%	74.09%	70.82%	
W71 Team Points: 10 5596		(1054)	(884)	(740)	3560	(524)	(939)	(573)	

USA Masters Track & Field Champ

USA Maste	IS HACK	a rieiu	Citatin	۲,
*Non-citizen. Does not d	isplace U.S	. athlete.	1500	
100m			05.70	
W30 1 Birade, Dena	34 UNA		85.7%	
2 Scott, Vonita	31 UNA		83.3%	
3 Dyson, Shanicka	30 A14		76.2%	
4 Touya, Kimberly	30 A19		76.0%	
W35 1 Lawrence, Donna	38 UNA		87.0%	
2 Daley, Lisa	36 A158		83.7%	
3 Barre, Laura	36 A93		80.0%	ı
W40 1 Henderson, Renee	42 UNA	13.01Q		ı
2 Davis, Sara	40 UNA	13.30Q		П
3 Milligan Jackson, M	41 UNA	13.24Q		П
4 Black, Jai	44 A144	13.45Q		ı
5 Richardson, Regina	41 A28	13.65Q		П
6 Turkdamar, Barbara	42 A28		81.5%	ı
7 Browning, Kisha	40 UNA		80.2%	ı
8 Lawson, Sarah	43 A63	13.82q	82.2%	П
9 *Schoenthaler, Sher	41 UNA	14.23	78.0%	ı
0 Lewis, Deborah	41 UNA	14.77	75.2%	L
1 Creep, Joann	41 A28	15.11	73.5%	ı
2 Katz, Christine	43 A19	15.26	74.5%	ľ
3 Rich, Kelley	40 UNA	15.27	71.9%	ı
4 Kuhnly, Gail	44 UNA	15.33	75.0%	ı
Final			A. Carlotte	ı
1 Henderson, Renee	42 UNA	12.68	88.6%	ı
2 Davis, Sara	40 UNA	12.82	85.7%	ı
3 Milligan Jackson, M	41 UNA	12.88	86.2%	ı
4 Black, Jai	44 A144	12.96	88.7%	ı
5 Turkdamar, Barbara	42 A28	13.49	83.3%	ı
6 Lawson, Sarah	43 A63	13.50	84.2%	L
7 Richardson, Regina	41 A28	13.53	82.1%	L
8 Browning, Kisha	40 UNA	13.78	79.7%	ı
W45 1 Upshaw-Margerum, Joy		13.03Q		ı
2 Amarasekara, Veroni	45 A149	13.25Q		ı
3 Palmer, Liz	46 A23	13.61Q		ı
4 Shook, Kathleen	45 A23	13.87Q		ı
5 *Meloche, Laurie	45 UNA	14.220		ı
	45 UNA	14.540		ı
6 *Barrett, Lyn	46 UNA	14.540		ı
7 McCoy, Belinda	47 UNA	14.540		ı
8 Mendenhall, Marthe				ı
9 Dent, Susan	46 UNA	14.57	80.6% 79.7%	۱
0 Ney, Mimi	47 UNA 45 A93		73.9%	ı
1 Fortuna, Paula		15.73		ı
2 Selby, Debbie	49 UNA	16.63	72.9%	1

45 UNA

rieid	Cilaili	pionships, Charlotte,		-	
athlete.	3415	2 Amarasekara, Veroni		13.16	88.3%
		3 Shook, Kathleen	45 A23	13.54	85.8%
	85.7%	4 Palmer, Liz	46 A23	13.60	86.4%
	83.3%	5 *Meloche, Laurie	45 UNA	13.63	85.3%
	76.2%	6 McCoy, Belinda	46 UNA	14.27	82.3%
	76.0%	7 *Barrett, Lyn	45 UNA	14.45	80.4%
	87.0%	W50 1 *del Grande, Karla	53 UNA	13.42Q	
12.52	83.7%	2 Hanscom, Rita	52 UNA	14.25Q	
	80.0%	3 Board, Jacqueline	53 UNA	14.32Q	
13.01Q		4 Woodward, Loretta	52 UNA	14.37Q	
13.30Q		5 Lowther, Jocelyn	52 A54	14.52Q	
13.24Q		6 Mitchell, Rebecca	52 A115	15.65Q	
13.45Q		7 Simpson, Claudia	53 UNA	16.35q	
13.65Q		8 Andreasson, Alexand	52 UNA	18.70q	00.9%
13.79Q		Final		40.00	07.00
13.70q	80.2%	1 *del Grande, Karla	53 UNA	12.90	97.9%
13.82q	82.2%	2 Board, Jacqueline	53 UNA	13.91	90.8%
14.23	78.0%	3 Woodward, Loretta	52 UNA	14.30	87.5%
14.77	75.2%	4 Lowther, Jocelyn	52 A54	14.40	86.9%
15.11	73.5%	5 Mitchell, Rebecca	52 A115	15.37	81.4%
15.26	74.5%	6 Andreasson, Alexand	52 UNA	18.48	67.7%
15.27	71.9%	W55 1 Raschker, Phil	59 A114	13.99	95.8%
15.33	75.0%	2 Warren, Sharon	55 UNA	14.49	89.1%
PROLES		3 *von Maltzahn, Hill	57 UNA	15.09	87.2%
12.68	88.6%	4 Trott, Rhona	57 UNA	15.40	85.4%
12.82	85.7%	5 Wilson, Evelyn	57 UNA	16.49	79.8%
12.88	86.2%	6 Tucker, Lorraine	59 A150	16.54	81.0%
12.96	88.7%	W60 1 O'Connor, Nadine	64 UNA		100.0%
13.49	83.3%	2 Jager, Kathy	63 UNA	14.53	95.8%
13.50	84.2%	3 Vander Cruyssen, Do	60 A74	15.63	86.6%
13.53	82.1%	4 Leighton, Barbara	61 UNA	16.41	83.3%
13.78	79.7%	5 Stricklin, Carol	62 UNA	17.82	77.4%
13.03Q		6 Raham, Sharon	60 UNA	18.61	72.8%
13.25Q		7 Biacofsky, Angela	61 UNA	20.27	67.4%
13.61Q		W65 1 Bergen, Kathy	66 A150	14.77	96.8%
13.87Q		2 MacDonald, Joy	65 A14	16.24	87.3%
14.22Q		3 Sampson, Joann	65 A54	17.82	79.6%
14.54Q		4 *Neuber, Marianne	65 UNA	18.07	78.5%
14.540		5 VanEeuwen, Jane	65 A103	20.86	68.0%
14.54q		W70 1 Jordan, Barbara	70 A66	16.47	89.9%
14.57	80.6%	2 Lary, Audrey	72 A128	17.47	87.1%
14.89	79.7%	3 Roman, Mary	70 A93	18.57	79.8%
15.73	73.9%	4 Chou, Fei-Mei	71 A185	18.72	80.2%
16.63	72.9%	5 Yudell, Anne	73 A28	19.65	78.5%
18.56	64.6%	W75 1 Leek, Edythe	75 A23	19.94	79.5%
C. Carlo	1	2 Onodera-Leonard, Su		20.15	81.4%
12.90	90.1%	W80 1 Peterson, Patricia	BO UNA	19.51	86.1%

page 2	4 Marian Maria		And the second	and the second	tak yezhoù a	National W	asters riews		0 1 10 0 1	100 mg Malantin	39 UNA	24.34 84.9%
W85 1 Gan	nache, Violette	85 A54	40.00 48.7%	3 Jones, Thomas	52 A61	12.230 90.9%	W35 1 Daley, Lisa		25.69 1 83.5% 27.37 81.5%	M40 1 Thigpen, Aaron	41 UNA	23.090 90.9%
	sett, Antwon	30 UNA	10.80Q 90.6%	4 Pizza, Greg 5 Hastings, Mark	52 A155 51 A74	12.34Q 90.1% 12.51Q 88.3%	2 Roberts, Charmaine 3 Byal, Amy	39 UNA 36 A131	30.47 70.4%	2 Mulazim, Khalid	40 A116	23.12Q 90.1%
2 Archie,	Demitrius	33 UNA 31 A23	10.97Q 89.2% 11.26Q 86.9%	6 Schoffman, Jim	53 UNA	12.67Q 88.3%	4 Clark, Bridgette	39 UNA	30.57 73.0%	3 *Francois, Andre	42 UNA 43 A155	23.15Q 91.3% 23.44Q 90.8%
4 Nelson		32 UNA	11.31Q 86.5%	7 Evans, Hubert	52 A23	12.56q 88.5%	5 Marty, Jaymee	39 A23	31.27 71.3% 31.75 68.5%	4 Berry, Kettrell 5 Labay, Michael	42 A154	23.170 91.2%
5 Pettes		31 A149	11.30Q 86.6%	8 Scott, Eddie	53 UNA	12.62q 88.6%	6 Karras, Vaso	37 A23 44 A144	31.75 68.5% 26.27Q 90.3%	6 Muhammad, Courtne	ey 43 A131	23.31Q 91.3%
	son, Nate ck, Daniel	33 A52 32 A52	11.47Q 85.3% 11.69q 83.7%	9 McPherson, Norman 0 Fisher, Wayne	50 UNA 51 A28	12.67 86.6% 12.83 86.1%	W40 1 Black, Jai 2 Henderson, Renee	42 UNA	26.39Q 87.8%	7 Jones, David	41 A154	23.41Q 89.6%
	ws, Carlos	33 UNA	11.74q 83.3%	1 Shufelt, Michael	51 UNA	12.89 85.7%	3 Milligan Jackson, M	41 UNA	27.98Q 81.8%	8 *Crichlow, Rawle	43 A51 40 A164	23.55Q 90.4% 23.56Q 88.4%
	son, Oscar	31 A149	11.83 82.7%	2 Cummings, Steven	50 UNA	12.95 84.7%	4 Williams, Shemayne	43 A158	27.20Q 86.2% 28.22Q 83.1%	9 Gosa, Duane 0 Shute, Dr. Marcus	43 A154	23.66Q 90.0%
	Sherman	32 UNA	12.02 81.4%	3 Washington, Hulan	54 A23	13.14 85.7% 13.32 84.0%	5 Lawson, Sarah 6 Connolly, Rebecca	43 A63 40 A96	28.33Q 79.8%	1 Turnage, Felton	40 A155	24.54Q 84.8%
	dson, Vincent	30 A28 34 UNA	12.31 79.5% 13.74 71.4%	4 Mitchell, Collin 5 Snodgrass, Ernie	53 A14 53 UNA	13.35 83.8%	7 Turkdamar, Barbara	42 A28	27.93q 82.9%	2 Matthews, Orlondo	42 UNA	23.60q 89.5%
Final	uson, vincent	34 Olta	10.74	6 Spencer, Martin	54 A14	13.64 82.6%	8 Davis, Sara	40 UNA	28.50q 79.3%	3 Aurelien, Clinton 4 Nesbitt, Marc	40 A158 41 A2	23.81q 87.4% 24.24q 86.5%
1 Archie,		33 UNA	10.56 92.7%	7 Stone, Kenneth	52 A155	13.96 79.6%	9 Kazebee, Kris	40 A28 41 UNA	28.61 79.0% 29.60 77.3%	5 Coushay, Brian	42 A127	24.32q 86.9%
	tt, Antwon	30 UNA	10.63 92.1%	8 Taft, Tucker	53 A93	13.96 80.1% 14.77 74.3%	0 Lewis, Deborah 1 *Schoenthaler, Sher	41 UNA	30.57- 74.8%	6 *Starchuk, Darren	41 UNA	24.57q 85.4%
3 Pettes,	Demitrius	31 A149 31 A23	10.86 90.1% 10.95 89.4%	9 Dawkins, James 0 Keough, Steven	50 UNA 51 UNA	14.79 74.7%	2 Rich, Kelley	40 UNA	30.83 73.3%	7 Hill, Reggie	42 UNA	25.36 83.3%
5 Nelson		32 UNA	11.15 87.8%	Final			3 Katz, Christine	43 A19	31.32 74.8%	8 Brown, Paul	43 A154 42 UNA	25.57 83.3% 27.93 75.6%
6 Sickers	son, Nate	33 A52	11.24 87.1%	1 Peyton, Oscar	53 UNA	11.21 99.8%	4 Kuhnly, Gail	44 UNA	31.61 75.1%	9 Wardlaw, Kevin 0 Niles, Ronald	40 A74	27.93 75.6% 28.82 72.2%
	ck, Daniel	32 A52	11.38 86.0%	2 Searles, Anthony 3 Jones, Thomas	52 A28 52 A61	11.65 95.4% 11.70 95.0%	Final 1 Henderson, Renee	42 UNA	26.52 87.3%	Final		
M35 1 McN	ws, Carlos	33 UNA 38 A95	11.44 85.5% 11.24Q 89.9%	4 Hastings, Mark	51 A74	12.14 91.0%	2 Black, Jai	44 A144	26.59 89.2%	1 Thigpen, Aaron	41 UNA	22.05Q 95.1%
2 Clark,		36 UNA	11.27Q 88.4%	5 Scott, Eddie	53 UNA	12.19 91.8%	3 Davis, Sara	40 UNA	26.77 84.5%	2 *Francois, Andre	42 UNA	22.43Q 94.2%
3 Jett, R		39 A23	11.52Q 88.3%	6 Evans, Hubert	52 A23	12.24 90.8%	4 Milligan Jackson, M	41 UNA	27.19 84.1% 27.35 85.7%	3 Berry, Kettrell 4 Mulazim, Khalid	43 A155 40 A116	22.59Q 94.2% 23.02Q 90.4%
	w, Edward	37 A52	11.66Q 86.1%	7 Pizza, Greg	52 A155 53 UNA	12.28 90.5% 12.69 88.1%	5 Williams, Shemayne 6 Turkdamar, Barbara	43 A158 42 A28	28.05 82.6%	5 Matthews, Orlondo	42 UNA	22.96Q 92.0%
6 Will, Da	, Charles	35 A28 39 A61	11.63Q 85.1% 11.83Q 86.0%	8 Schoffman, Jim M55 1 Collins, Bill	55 A74	11.64Q 97.4%	7 Connolly, Rebecca	40 A96	28.58 79.1%	6 Jones, David	41 A154	23.19Q 90.5%
	ez Valle, Carl	36 UNA	11.73q 85.0%	2 Wilson, Thaddeus	55 UNA	12.54Q 90.4%	8 Lawson, Sarah	43 A63	28.82 81.3%	7 *Crichlow, Rawle	43 A51	23.01q 92.5%
8 Burks,	Anthony	38 A14	11.96q 84.5%	3 McCoy, Marion	56 UNA	12.73Q 89.6%	W45 1 Upshaw-Margerum, Jo		27.04Q 88.9%	8 Labay, Michael	42 A154 40 A164	23.02q 91.8% 23.49 88.6%
	on, Valentin	39 UNA	12.03 84.6%	4 Gipson, Andrew	57 UNA 55 A74	12.59Q 91.1% 12.74Q 89.0%	2 Amarasekara, Veroni 3 *Meloche, Laurie	45 A149 45 UNA	27.18Q 88.4% 28.02Q 85.8%	9 Gosa, Duane 0 Muhammad, Courtne		23.64 90.1%
0 Johnso 1 Chiles,		38 UNA 38 UNA	12.17 83.0% 12.48 81.0%	5 Riddle, Richard 6 Yeck, Raymond	58 UNA	12.98Q 88.9%	4 Dent, Susan	46 UNA	29.64Q 82.0%	1 Aurelien, Clinton	40 A158	23.79 87.5%
2 Murad.		37 UNA	12.74 78.8%	7 Smith, Kenrick	56 A111	12.60q 90.5%	5 Shook, Kathleen	45 A23	28.75Q 83.6%	2 Shute, Dr. Marcus	43 A154	23.91 89.0%
	n, Corwin	35 UNA	12.87 76.9%	8 Daniels, Michael	57 UNA	12.72q 90.2%	6 McCoy, Belinda	46 UNA	29.67Q 81.9%	3 *Starchuk, Darren	41 UNA	24.07 87.2% 24.54 84.8%
Final	Danaia	20 405	10.73 94.2%	9 Terrell, Bobby	55 UNA 55 UNA	12.77 88.8% 12.79 88.6%	7 *Barrett, Lyn 8 Ney, Mimi	45 UNA 47 UNA	30.49q 78.8% 30.68q 80.1%	4 Turnage, Felton Final	40 A155	24.54 64.6%
1 McNeil, 2 Clark, F		38 A95 36 UNA	10.73 94.2% 10.88 91.6%	0 Bowne, George 1 Tharpe, Bill	57 A67	12.86 89.2%	9 Kollars, Theresa	46 A23	31.85 76.3%	1 Thigpen, Aaron	41 UNA	22.42 93.6%
3 Jett, Ro	bo	39 A23	11.44 88.9%	2 Parker, Richard	59 UNA	13.19 88.1%	0 Fortuna, Paula	45 A93	32.11 74.8%	2 Berry, Kettrell	43 A155	22.75 93.6%
	z Valle, Carl	36 UNA	11.61 85.8%	3 Norman, Jesse	55 UNA	13.24 85.6%	Final 1 Upshaw-Margerum, J	0 4E 11014	26 40 00 70	3 *Francois, Andre	42 UNA 40 A116	22.82 92.6% 23.41 88.9%
5 Burks, A 6 Will, Da		38 A14 39 A61	11.68 86.5% 11.69 87.0%	4 *Jermacans, Viddy 5 Failla, Carl	57 UNA 59 A54	14.29 80.3% 15.16 76.7%	2 Shook, Kathleen	45 A23	26.48 90.7% 27.24 88.2%	4 Mulazim, Khalid 5 Labay, Michael	42 A154	23.50 89.9%
7 Brown,		35 A28	13.61 72.7%	Final Final	Parking S		3 Amarasekara, Veroni	45 A149	27.75 86.6%	6 Matthews, Orlondo	42 UNA	23.78 88.9%
M40 1 Thigp	en, Aaron	41 UNA	11.06Q 93.4%	1 Collins, Bill	55 A74	11.26 100.7%	4 'Meloche, Laurie	45 UNA	28.09 85.5%	7 Gosa, Duane	40 A164	25.52 81.6%
2 *Franco		42 UNA	11.29Q 92.1%	2 McCoy, Marion	56 UNA	11.99 95.1% 12.28 92.3%	5 Dent, Susan	46 UNA 46 UNA	29.72 81.8% 30.08 80.8%	M45 1 Tissenbaum, Allan 2 *Smith, Karl	46 A74 46 UNA	23.93Q 91.0% 23.97Q 90.8%
3 Fields, I 4 Simpson		41 UNA 40 A154	11.65Q 88.6% 11.48Q 89.3%	3 Riddle, Richard 4 Gipson, Andrew	55 A74 57 UNA	12.28 92.3%	6 McCoy, Belinda 7 *Barrett, Lyn	45 UNA	30.42 79.0%	3 Chinn, James	47 A155	24.04Q 91.2%
5 Gold, Je		44 UNA	11.67Q 90.3%	5 Daniels, Michael	57 UNA	12.38 92.7%	8 Ney, Mimi	47 UNA	30.58 80.4%	4 Williams, Tyrone	47 UNA	24.09Q 91.0%
6 Holland		42 UNA	11.82Q 87.9%	6 Wilson, Thaddeus	55 UNA	12.51 90.6%	W50 1 *del Grande, Karla		27.73Q 94.8%	5 Kountze, Michael	46 A28	24.31Q 89.5%
7 Merricks		41 UNA 43 A51	11.58q 89.2%	7 Yeck, Raymond 8 Smith, Kenrick	58 UNA 56 A111	12.76 90.5% 12.97 87.9%	2 Board, Jacqueline 3 Thompson, Irene	53 UNA 52 A40	29.00Q 90.6% 29.91Q 86.9%	6 Pierce, Harold 7 Fulton, Tony	45 A80 47 UNA	24.38Q 88.6% 24.44Q 89.7%
8 *Crichlo	eather, Eric	42 A156	11.67q 89.7% 11.77 88.3%	M60 1 Pierce, Roger	61 A93	12.80Q 91.9%	4 Johns-Rees, Gail	51 A93	30.46Q 84.4%	8 Edwards, Charles	45 UNA	24.65Q 87.7%
0 Labay, I		42 A154	11.78 88.2%	2 Whitley, Stan	60 UNA	13.01Q 89.9%	5 Woodward, Loretta	52 UNA	30.14Q 86.3%	9 Waller, Michael	48 UNA	24.94Q 88.5%
1 Matthey	ws, Orlando	42 UNA	11.82 87.9%	3 Hall, Samuel	61 A28	13.25Q 88.8%	6 Lowther, Jocelyn	52 A54	31.21Q 83.3%	0 Pasos, Mark	46 A184	25.43Q 85.6%
2 Turnage		40 A155 41 UNA	11.85 86.5% 12.10 85.3%	4 Kaladi, Ted 5 Hansen, Wayne	62 A54 62 A54	13.29Q 89.0% 13.56Q 87.3%	7 Stuart, Debra 8 Mitchell, Rebecca	50 A45 52 A115	31.36q 81.1% 31.87q 81.6%	1 Roberson, James 2 *Brown, Dave	46 A134 48 UNA	24.55q 88.7% 24.67q 89.5%
4 Aurelien	uk, Darren	40 A158	12.10 83.5%	6 Gunn, Lawrence	63 UNA	13.63Q 87.3%	9 Bowers, Tina	50 A23	34.32 74.1%	3 Disalvo, Tony	46 A124	25.03q 87.0%
5 Harding		44 UNA	12.26 85.9%	7 Montgomery, Paul	60 UNA	13.78q 84.9%	Final		A STATE OF THE PARTY OF THE PAR	4 Seach, Andrew	45 A154	25.04q 86.3%
	ote, Jeffery	40 UNA	12.33 83.2%	8 Durante, Daniel	62 UNA	13.91q 85.1%	1 *del Grande, Karla	53 UNA	26.48 99.2%	5 Fox, Jim	46 UNA	25.15q 86.6%
7 Hill, Re 8 Wiley, S	ggie Sylvester	42 UNA 42 UNA	12.42 83.7% 12.55 82.8%	9 Meckley, Walter 0 Snook, James	60 UNA 63 UNA	14.61 80.0% 14.96 79.6%	2 Board, Jacqueline 3 Thompson, Irene	53 UNA 52 A40	29.00 90.6% 29.41 88.4%	6 Garner, Reggie 7 *Jennett, Terry	46 A45 45 UNA	25.16q 86.5% 25.36 85.2%
9 Price, V	Willie	44 UNA	13.00 81.0%	1 Biacofsky, John 2 Huston, Darrell	61 UNA	15.12 77.8%	4 Woodward, Loretta	52 UNA	30.04 86.5%	8 Jones, Michael	46 UNA	25.38 85.8%
0 Bandel	e, Kamau s. Anthony	41 UNA 43 UNA	14.60 70.7% 20.55 50.9%	2 Huston, Darrell 3 Gilbert, Paul	64 UNA 63 UNA	15.41 77.8% 15.93 74.7%	6 Johns-Rees, Gail	52 A54 51 A93	30.17 86.2% 30.81 83.5%	9 Ratliff, Jeff 0 DiMassa, David	46 UNA 47 UNA	25.65 84.9% 26.05 84.1%
Final	S, Failliony	40 0101	20.00	4 Pittman, Andrew	61 A45	16.40 71.7%	7 Mitchell, Rebecca	52 A115	31.88 81.5%	1 Schwieterman, Jose		26.40 83.0%
1 Thigpen		41 UNA	10.73 96.2%	5 Yates, William	60 UNA	21.20 55.1%	8 Stuart, Debra	50 A45	32.17 79.1%	2 Finley, Lawrence	48 UNA	26.45 83.5%
2 *Franco 3 Fields, I		42 UNA 41 UNA	11.08 93.8% 11.15 92.6%	Final 1 Whitley, Stan	60 UNA	12.32 94.9%	W55 1 Raschker, Phil 2 Nicoletti, Catherin	59 A114 55 A137	31.15 89.9% 31.86 84.3%	3 Scott, Bernard 4 Clark, Robert	47 UNA 49 UNA	26.83 81.7% 26.92 82.6%
4 Simpson		40 A154	11.18 91.7%	2 Pierce, Roger	61 A93	12.57 93.6%	3 Stiles, Debbie	57 A149	33.75 81.2%	5 Blake, Aaron	45 A170	27.47 78.7%
5 Merricks	s, Louis	41 UNA	11.25 91.8%	3 Hall, Samuel	61 A28	12.95 90.8%	4 Wilson, Evelyn	57 UNA	36.52 75.1%	6 Peebles, Joseph	46 UNA	29.04 75.0%
6 Gold, Je		44 UNA	11.34 92.9%	4 Kaladi, Ted	62 A54	13.09 90.4%	5 Trotto, Mary	59 A19	40.12 69.8%	Final		
7 *Crichlo 8 Holland		43 A51 42 UNA	11.47 91.2% 11.72 88.7%	5 Hansen, Wayne 6 Montgomery, Paul	62 A54 60 UNA	13.12 90.2% 13.58 86.1%	W60 1 O'Connor, Nadine	64 UNA 63 UNA	29.53 99.6% 31.36 92.9%	1 *Smith, Karl 2 Williams, Tyrone	46 UNA 47 UNA	23.14Q 94.1% 23.31Q 94.0%
		46 A74	11.56Q 92.4%	7 Gunn, Lawrence	63 UNA	13.60 87.5%	2 Jager, Kathy 3 Vander Cruyssen, Do		33.16 85.3%	3 Chinn James	47 A155	23.370 93.8%
2 Krulee,	Marty	49 UNA	11.60Q 93.9%	M65 1 Edens, Paul	65 A127	12.59Q 95.7%	4 Leighton, Barbara	61 UNA	35.35 80.8%	4 Waller, Michael	48 UNA	23.920 92.3%
3 Barnwe		48 A111	11.76Q 92.0%	2 Smith, Doug	67 A150	12.99Q 93.9%	5 Carter, Ann	64 UNA	39.15 75.1%	5 Fulton, Tony	47 UNA	23.84Q 91.9%
4 Waller, 5 Eaton, I		48 UNA 47 UNA	11.87Q 91.2% 11.61Q 92.6%	3 Williams, Albert 4 Denson, Charles	66 A128 66 UNA	12.85Q 94.4% 13.66Q 88.8%	6 Stricklin, Carol W65 1 Bergen, Kathy	62 UNA 66 A150	40.97 70.4% 31.74 94.5%	6 Kountze, Michael 7 Pierce, Harold	46 A28 45 A80	24.16Q 90.1% 24.23q 89.2%
6 Fulton,		47 UNA	11.74Q 91.6%	5 Paddie, James	67 UNA	13.12Q 92.9%	2 Daprano, Jeanne	69 A14	36.27 85.0%	8 Edwards, Charles	45 UNA	24.26q 89.1%
7 Garner,	Reggie	46 A45	11.96Q 89.3%	6 Bennett, Wayne	69 A45	13.93Q 88.6%	3 Moolenaar, Willy	65 A54	40.10 74.1%	9 *Brown, Dave	48 UNA	24.55 89.9%
8 Pierce,		45 A80	12.16Q 87.3%	7 Camp, Dick	69 UNA	13.83q 89.3%	4 VanEeuwen, Jane	65 A103	45.11 65.8%	0 Roberson, James	46 A134	24.56 88.6%
0 *Brown	e, Michael Dave	46 A28 48 UNA	11.92Q 89.6% 11.98Q 90.4%	8 Lancaster, Walt 9 *Stern, David	66 UNA 66 UNA	13.94q 87.0% 14.23 85.2%	W70 1 Jordan, Barbara 2 Lary, Audrey	70 A66 72 A128	36.00 86.5% 37.49 84.5%	1 Disalvo, Tony 2 Seach, Andrew	46 A124 45 A154	24.66 88.3% 24.86 86.9%
1 Disalvo		46 A124	12.31Q 86.8%	0 Coats, Grover	67 A116	14.78 82.5%	3 Chou, Fei-Mei	71 A185	41.37 75.9%	3 Fox, Jim	46 UNA	24.98 87.1%
2 Kibort,	Mark	45 A149	12.31Q 86.2%	1 Rinaldo, Richard	65 UNA	16.43 73.4%	4 Roman, Mary	70 A93	43.09 72.2%	4 Pasos, Mark	46 A184	25.50 85.4%
3 Butler, I 4 Poor, D		46 A124 47 A80	12.04q 88.7%	2 Terry, Chet Final	69 A28	22.73 54.3%	5 Yudell, Anne	73 A28	44.15 72.4%	5 Garner, Reggie	46 A45	25.73 84.6%
5 Ratliff,		46 UNA	12.34q 87.2% 12.38q 86.3%	1 Edens, Paul	65 A127	12.42 97.1%	W75 1 Leek, Edythe 2 Onodera-Leonard, St	75 A23 2 78 A149	42.36 76.8% 45.46 75.9%	Final 1 *Smith, Karl	46 UNA	23.05 94.4%
6 Evans,	Rick	47 UNA	12.39q 86.8%	2 Williams, Albert	66 A128	12.64 95.9%	W80 1 Peterson, Patricia	80 UNA	45.33 79.4%	2 Waller, Michael	48 UNA	23.51 93.9%
7 Pasos, 8 Scott, 8		46 A184 47 UNA	12.40 86.2% 12.98 82.9%	3 Smith, Doug	67 A150 67 UNA	12.84 95.0% 12.88 94.7%	W85 1 Davidson, Gerry	85 A144	1:03.09 66.5%	3 Williams, Tyrone	47 UNA	23.71 92.4%
	nan, Calvin	46 UNA	13.02 82.1%	4 Paddie, James 5 Denson, Charles	66 UNA	12.88 94.7% 13.41 90.4%	2 Gamache, Violette M30 1 Dussett, Antwon	85 A54 30 UNA	2:11.08 32.0% 21.90Q 88.2%	4 Chinn, James 5 Kountze, Michael	47 A155 46 A28	23.82 92.0% 24.26 89.7%
0 Travers	s, Michael	48 A93	13.04 83.0%	6 Lancaster, Walt	66 UNA	13.60 89.1%	2 Archie, Derrick	33 UNA	22.43Q 87.8%	6 Fulton, Tony	47 UNA	24.66 88.9%
1 Blake,		45 A170	13.06 81.3%	7 Bennett, Wayne	69 A45	13.79 89.5%	3 Nelson, Etroy	32 UNA	22.68Q 86.2%	7 Pierce, Harold	45 A80	24.71 87.4%
2 *Jenne 3 DiMass	sa David	45 UNA 47 UNA	13.07 81.2% 13.22 81.3%	8 Camp, Dick M70 1 Burch, William	69 UNA 70 UNA	13.85 89.1% 14.09 88.1%	4 Pittman, Lyndell 5 Snaer, Demitrius	34 A158 31 A23	22.77Q 87.3% 22.76Q 85.2%	8 Edwards, Charles M50 1 Peyton, Oscar	45 UNA 53 UNA	25.05 86.3% 23.80Q 96.1%
	ragher, Kevin	48 UNA	13.22 81.9%	2 Leggitt, James	71 UNA	14.70 85.5%	6 Pettes, Alfy	31 A149	22.88Q 84.7%	2 Searles, Anthony	52 A28	24.79Q 91.6%
5 Finley,	Lawrence	48 UNA	13.23 81.8%	3 Williams, Paul	71 A116	14.86 84.5%	7 Murdock, Daniel	32 A52	22.82q 85.7%	3 Jones, Thomas	52 A61	25.13Q 90.4%
6 Sentell	l, Todd	45 A14	13.86 76.6%	4 Siegel, Dan	71 UNA	15.24 82.4%	8 Sickerson, Nate	33 A52	23.50q 83.8%	4 Hastings, Mark	51 A74	24.97Q 90.3%
7 Collins Final	, Dan	47 A28	14.39 74.7%	5 Drescher, Ira 6 French, Ernest	71 A54 71 UNA	15.27 82.3% 18.31 68.6%	9 Santi, Marcus 0 Robinson, Oscar	34 UNA 31 A149	23.93 83.0% 24.62 78.8%	5 Washington, Hulan 6 Fisher, Wayne	54 A23 51 A28	26.00Q 88.6% 26.43Q 85.4%
	baum, Allan	46 A74	11.30Q 94.6%	7 Wedepohl, Norb	70 UNA	27.78 44.7%	1 Board, Sherman	32 UNA	24.98 78.3%	7 Evans, Hubert	52 A23	25.06q 90.7%
2 Krulee,	, Marty	49 UNA	11.42Q 95.4%	M75 1 Brown, Harry	76 A98	14.18 94.4%	2 Owens, Earl	32 UNA	25.08 77.9%	8 Cummings, Steven	50 UNA	25.78q 86.9%
3 Waller, 4 Fulton,		48 UNA 47 UNA	11.54Q 93.8% 11.60Q 92.7%	2 Stookey, James 3 Melville, Bill	76 A128 79 A98	14.34 93.3% 14.82 94.4%	Final 1 Dussett, Antwon	30 UNA	21.95 88.0%	9 Smith, Charles 0 Mitchell, Collin	52 A54 53 A14	26.14 86.9% 26.40 86.6%
5 Eaton,		47 UNA	11.56Q 93.0%	4 Cheek, Don	76 UNA	14.83 90.2%	2 Archie, Derrick	33 UNA	22.26 88.5%	1 Shufelt, Michael	51 UNA	26.49 85.2%
6 Barnwe	ell, Val	48 A111	11.710 92.4%	5 Redditt, Estes	75 A183	15.15 . 87.1%	3 Snaer, Demitrius	31 A23	22.79 85.1%	2 Snodgrass, Ernie	53 UNA	27.22 84.0%
7 Garner		46 A45	11.83q 90.3%	6 Scott, Wilford	79 UNA	15.24 91.8%	4 Pettes, Alfy	31 A149	23.07 84.0%	3 Taft, Tucker	53 A93	27.23 84.0%
8 Butler, 9 Pierce,		46 A124 45 A80	11.83q 90.3% 11.88 89.3%	7 Selby, Jim M80 1 Larsen, Melvin	78 UNA 82 UNA	16.22 84.9% 15.48 94.9%	5 Pittman, Lyndell 6 Nelson, Etroy	34 A158 32 UNA	23.36 85.1% 23.53 83.1%	4 King, Trevor 5 Baker, Darrell	52 A54 52 UNA	27.95 81.3% 28.47 79.8%
	e, Michael	46 A28	11.97 89.3%	2 Johnson, Harold	80 A14	16.92 83.9%	7 Murdock, Daniel	32 A52	23.62 82.8%	6 Spencer, Martin	54 A14	28.47 79.8% 28.49 80.8%
1 Disalvo	o, Tony	46 A124	12.09 88.4%	3 Patsalis, Tom	84 A149	18.64 81.6%	8 Sickerson, Nate	33 A52	23.89 82.5%	7 Hawkins, Walter	51 UNA	28.89 78.1%
2 Poor, D	Daniel	47 A80	12.10 88.9%	4 Davidson, Robert	83 A144	26.59 56.2%	M35 1 Clark, Ron	36 UNA	22.08Q 91.4%	8 Keough, Steven	51 UNA	31.35 71.9%
3 *Brown 4 Ratliff,	Jeff	48 UNA 46 UNA	12.10 89.5% 12.21 87.5%	M85 1 Manno, Jim 2 Means, John	85 A112 86 A116	16.64 93.1% 16.95 93.1%	2 McNeil, Dennis 3 Winslow, Edward	38 A95 37 A52	22.50Q 91.1% 23.18Q 87.7%	Final	621014	22 17 22 70
5 Evans,	Rick	47 UNA	12.88 83.5%	3 Maxwell, Ralph	86 UNA	17.83 88.5%	4 Burks, Anthony	38 A14	23.18Q 87.7% 23.67Q 86.6%	1 Peyton, Oscar 2 Jones, Thomas	53 UNA 52 A61	23.17 98.7% 23.91 95.0%
6 Kibort,		45 A149	13.60 78.0%	4 Anoka, John	86 A54	18.73 84.2%	5 Coleman, BaoKim	39 UNA	24.03Q 86.0%	3 Searles, Anthony	52 A28	24.98 90.9%
Final 1 Tisseni	baum, Allan	46 A74	11.07 96.5%	5 Goldy, Champion 6 Bulkley, Dan	89 A124 89 A153	18.91 88.2% 19.37 86.1%	6 Jefferson, Valentin	39 UNA	24.19Q 85.4%	4 Hastings, Mark	51 A74	25.07 90.0%
	Kenneth	47 UNA	11.38 94.5%	M90 1 Matteson, Bob	90 A108	19.37 86.1% 19.73 86.1%	7 Will, Daniel 8 Chiles, Michael	39 A61 38 UNA	24.18q 85.4% 24.63q 83.2%	5 Evans, Hubert 6 Cummings, Steven	52 A23 50 UNA	25.73 88.3% 25.94 86.4%
3 Krulee,	, Marty	49 UNA	11.44 95.2%	2 Hammond, James	92 UNA	24.15 74.7%	9 Brown, Charles	35 A28	26.24 76.3%	7 Washington, Hulan	54 A23	26.33 87.5%
4 Fulton,	Tony	47 UNA	11.46 93.8%	White the state of			0 Murad, Nadir	37 UNA	26.79 75.9%	8 Fisher, Wayne	51 A28	26.79 84.2%
5 Waller, 6 Butler,		48 UNA 46 A124	11.46 94.5% 11.77 90.8%	W30 1 Rosborough, Lisa	33 UNA	26.80 79.6%	Final 1 Clark, Ron	36 UNA	21 04 02 00	M55 1 Collins, Bill	55 A74	23.36Q 99.3%
7 Garner	r, Reggie	46 A45	11.97 89.3%	2 Brothers, Ijnanya	34 A28	27.70 77.0%	2 McNeil, Dennis	38 A95	21.94 92.0% 22.46 91.3%	2 Riddle, Richard 3 Blake, Carroll	55 A74 56 A93	25.47Q 91.1% 25.89Q 90.2%
M50 1 Peyt	ton, Oscar	53 UNA	11.91Q 93.9%	3 Greer, Cornelia	34 UNA	28.57 74.6%	3 Winslow, Edward	37 A52	23.06 88.2%	4 Tharpe, Bill	57 A67	25.53Q 92.1%
2 Searles	s, Anthony	52 A28	12.08Q 92.0%	4 Dyson, Shanicka	30 A14	29.39 72.6%	4 Will, Daniel	39 A61	24.16 85.5%	5 Bowne, George	55 UNA	25.84Q 89.8%
1												

September 200 6 Smith, Kenrick
7 McCoy, Marion
8 Yeck, Raymond
9 Norman, Jesse
0 Parker, Richard
1 Daniels, Michael
2 Fallen, Jim
3 Jenkins, Jeff
4 "Waltermann, Stefan
5 Failla, Carl
6 O'Regan, Patrick
7 Edmond, Charles
Final

Final

1 Collins, Bill

2 Riddle, Richard

3 McCoy, Marion

4 Blake, Carroll

5 Tharpe, Bill

6 Yeck, Raymond

7 Bowne, George

8 Smith, Kenrick

M60 1 Pierce, Roger

2 Kaladi, Ted

3 Whitley, Stan

4 Hall, Samuel

5 Sebesta, Robert

6 Durante, Daniel

7 Gunn, Lawrence

8 Hansen, Wayne

9 Johnston, Joe

0 Montgomery, Paul

1 Huston, Darrell

2 Snook, James

3 'Mitchell, Bruce

4 Lawson, Blaine

5 Pittman, Andrew

6 Gilbert, Paul

7 Biacofsky, John

Final

1 Whitley, Stan

2 Pierce, Roger

3 Hall, Samuel

4 Sebesta, Robert

5 Kaladi, Ted

6 Gunn, Lawrence

7 Durante, Daniel

8 Hansen, Wayne

M65 1 Edens, Paul

2 Williams, Albert

3 Colbert, Larry

4 Smith, Doug

5 Camp, Dick

6 'Stern, David

7 Paddie, James

8 Denson, Charles

9 Lancaster, Walt

0 Kirkpatrick, Ronald

1 Bennett, Wayne

2 Bonck, Lionel

3 Coats, Grover

4 Knocke, Bill

5 Rinado, Richard

Final

7 Edens, Paul

2 Williams, Albert

3 Smith, Doug

4 Paddie, James

5 Loncaster, Walt

0 Kirkpatrick, Ronald

1 Bennett, Wayne

8 Denson, Charles

9 Lancaster, Walt

1 Cozens, Robert

2 Williams, Albert

3 Smith, Doug

4 Paddie, James

5 Loncaster, Walt

1 Cozens, Robert

2 Williams, Albert

3 Smith, Doug

4 Paddie, James

5 Loncaster, Walt

1 Cozens, Robert

2 Williams, Albert

3 Smith, Doug

4 Paddie, James

5 Loncaster, Walt

1 Cozens, Robert

2 Williams, Albert

3 Smith, Doug

5 Pauling, Clifford

6 Pauling, Clifford

7 Paddie, James

5 Colbert, Larry

6 Denson, Charles

7 'Stern, David

8 Camp, Dick

8 Hansen, Walter

1 Reddit, James

5 Kee, Earl

4 Stookey, James

5 Melville, Bill

6 Scott, Wilford

7 Reddit, James

5 Melville, Bill

6 Scott, Wilford

7 Reddit, James

5 Melville, Bill

6 Scott, Wilford

7 Reddit, James

5 Melville, Juli

6 Scott, Wilford

7 Reddit, James

5 Melville, Juli

6 Scott, Wilford

7 Reddit, James

5 Melville, Juli

W30 1 Rosborough, Lisa 2 Greer, Cornelia 3 Primus, Ilana 4 Kidwell, Sheri 5 Snipes, Wanda W35 1 Daley, Lisa 2 Roberts, Charmaine 3 Aduma, Nyarinda 4 Byal, Amy 5 Marty, Jaymee 6 Karras, Vaso W40 1 Davis, Sara 2 Turkdarnar, Barbara 3 Black, Jai 4 Jasper, Lorraine 5 Williams, Shemayne 6 Hunter, Joan 7 Connolly, Rebecca 8 Rath, Terri 9 Kazebee, Kris 0 Cunningham, Richee 1 Black, Jai 2 Davis, Sara 3 Williams, Shemayne 4 Turkdamar, Barbara 5 Hunter, Joan 6 Connolly, Rebecca 7 Jasper, Lorraine 8 Rath, Terri W45 1 "Meloche, Laurie 2 Shook, Kathleen

	6 Smith, Kenrick 7 McCoy, Marion 8 Yeck, Raymond	56 A111 56 UNA 58 UNA	26.44Q 88.3% 25.79q 90.5% 26.08q 90.8%	3 Chaplin-Swann, Lesl 4 Collins, Stephanie 5 Dent, Susan	48 A149 48 A74 46 UNA	1:04.88Q 87.8% 1:05.87Q 86.5% 1:06.53Q 83.9%	0 Yunck, Frederick 1 Roberts, Jim - Snodgrass, Ernie	53 A6 54 UNA 53 UNA	66.71 75.7% 73.72 68.9% DNF	7 Gottardi, Michael 8 Chenette, William 9 Self, Howard Chip	39 A23 39 UNA 38 UNA	2:09.11 81.5% 2:10.19 80.9% 2:16.16 76.6%
	9 Norman, Jesse 0 Parker, Richard 1 Daniels, Michael	55 UNA 59 UNA 57 UNA	26.14 88.7% 26.62 89.5% 27.11 86.7%	6 Kollars, Theresa 7 Ney, Mirni 8 Fortuna, Paula	46 A23 47 UNA 45 A93	1:10.24Q 79.5% 1:10.51q 80.0% 1:15.11q 73.6%	Final 1 Jones, Thomas 2 Grant, Horace	52 A61 53 A74	55.05 91.1% 56.25 89.8%	M40 1 Landis, Scott 2 Hinton, John 3 Bynoe, David	42 A123 44 UNA 44 A158	2:08.93Q 85.5% 2:09.15Q 85.4%
	2 Fallen, Jim 3 Jenkins, Jeff 4 "Waltermann, Stefan		28.61 81.1% 29.03 81.5% 29.23 79.9%	9 *Willis, Katherine 0 St James, Valerie Final	47 UNA 49 A23	1:15.23 75.0% 1:29.76 64.1%	3 Schoffman, Jim 4 Cummings, Steven 5 Evans, Hubert	53 UNA 50 UNA 52 A23	56.69 89.1% 57.08 86.7% 58.28 86.1%	4 Nesbitt, Marc 5 Kastor, Vaughan 6 Yorges, Christopher	41 A2 41 UNA 40 A52	2:09.18Q 83.0% 2:09.35Q 82.9% 2:09.40Q 82.2%
	5 Failla, Carl 6 O'Regan, Patrick 7 Edmond, Charles	59 A54 59 UNA 55 UNA	33.77 70.6% 34.13 69.8% 38.77 59.8%	1 Shook, Kathleen 2 *Meloche, Laurie 3 Chaplin-Swann, Lesl	45 A23 45 UNA 48 A149	1:01.66 89.7% 1:02.76 88.1% 1:04.32 88.6%	6 Mitchell, Collin 7 Savage, Doc M55 1 Collins, Bill	53 A14 54 A26 55 A74	58.45 86.4% 1:16.85 66.1% 53.05 96.5%	7 Forde, Kevin 8 Zook, Rodney 9 Brown, Preppy	42 A123 44 UNA 44 UNA	2:09.47q 83.6% 2:09.66q 85.0% 2:11.95 83.6%
	Final 1 Collins, Bill 2 Riddle, Richard	55 A74 55 A74	23.44 99.0% 25.19 92.1%	4 Collins, Stephanie 5 Dent, Susan 6 Ney, Mimi	48 A74 46 UNA 47 UNA	1:06.38 85.8% 1:06.70 83.7% 1:09.21 81.5%	2 Allie, Charles 3 Blake, Carroll 4 *Carter, Michael	58 A74 56 A93 57 UNA	55.86 93.4% 56.27 91.5% 1:02.33 83.2%	0 Affleck, John 1 Cousar, Robert 2 Unruh, Jack	42 A111 42 A28 43 UNA	2:14.32 80.6% 2:18.31 78.3% 2:19.47 78.3%
	3 McCoy, Marion 4 Blake, Carroll 5 Tharpe, Bill	56 UNA 56 A93 57 A67	25.63 91.1% 25.64 91.1% 25.78 91.2%	7 Kollars, Theresa 8 Fortuna, Paula W50 1 *del Grande, Karla		1:10.94 78.7% 1:13.97 74.8% 1:02.13 96.2%	5 O'Regan, Patrick 6 Edmond, Charles M60 1 Pierce, Roger	59 UNA 55 UNA 61 A93	1:15.54 69.5% 1:20.22 63.8% 1:00.73Q 87.6%	3 Shirley, Ed Final 1 Hinton, John	40 A176	1:59.64 92.2%
	6 Yeck, Raymond 7 Bowne, George 8 Smith, Kenrick	58 UNA 55 UNA 56 A111	26.14 90.5% 26.32 88.1% 27.27 85.6%	2 Board, Jacqueline 3 Lowther, Jocelyn 4 Johns-Rees, Gail	53 UNA 52 A54 51 A93	1:06.17 90.4% 1:07.52 87.7% 1:11.60 82.0%	2 Whitley, Stan 3 Cooper, Tony 4 Sebesta, Robert	60 UNA 60 UNA 61 UNA	1:02.19Q 85.0% 1:02.49Q 84.6% 1:03.76Q 83.4%	2 Landis, Scott 3 Bynoe, David 4 Nesbitt, Marc	42 A123 44 A158 41 A2	2:02.80 88.2% 2:03.39 89.4% 2:03.73 86.7%
	0 1 Pierce, Roger 2 Kaladi, Ted 3 Whitley, Stan	61 A93 62 A54 60 UNA	25.87Q 93.3% 26.88Q 90.4% 26.89Q 89.2%	5 Richards, Mary 6 Bowers, Tina 7 Mitchell, Rebecca	52 A14 50 A23 52 A115	1:12.64 81.5% 1:15.11 77.4% 1:15.35 78.6%	5 Reiter, William 6 Shenk, John 7 Gunn, Lawrence	60 UNA 63 A91 63 UNA	1:02.78Q 84.2% 1:08.49Q 78.6% 1:04.16q 83.9%	5 Kastor, Vaughan 6 Forde, Kevin 7 Zook, Rodney	41 UNA 42 A123 44 UNA	2:04.37 86.3% 2:04.70 86.8% 2:05.32 88.0%
	4 Hall, Samuel 5 Sebesta, Robert 6 Durante, Daniel	61 A28 61 UNA 62 UNA	27.08Q 89.1% 27.67Q 87.2% 27.91Q 87.1%	8 Janneck, Denise W55 1 *von Maltzahn, Hill 2 Nicoletti, Catherin	52 A149 57 UNA 55 A137	1:19.03 74.9% 1:09.47 89.3% 1:10.66 86.3%	8 Shirley, Graeme 9 Savenas, Leon 0 Long, Lloyd	60 UNA 61 UNA 60 A54	1:06.81q 79.1% 1:08.56 77.6% 1:11.82 73.6%	8 Yorges, Christopher M45 1 Allen, McDuffrie 2 Lindsay, Jeff	40 A52 45 UNA 47 UNA	2:15.99 78.2% 2:04.21Q 89.6% 2:05.28Q 90.4%
	7 Gunn, Lawrence 8 Hansen, Wayne 9 Johnston, Joe	63 UNA 62 A54 62 A54	27.96q 87.5% 28.26q 86.0% 28.45 85.4%	3 Smith-Hanna, Caroly 4 Stiles, Debbie 5 Hartzler, Mary	55 A60 57 A149 57 UNA	1:11.07 85.8% 1:16.88 80.7% 1:20.46 77.1%	1 Kuhi, John 2 Lawson, Blaine 3 Biacofsky, John	62 A146 64 A19 61 UNA	1:12.86 73.4% 1:13.50 73.7% 1:15.21 70.7%	3 Paulk, Kevin 4 Allah, Saladin 5 Parker, Eric	46 A21 46 UNA 45 A149	2:04.27Q 90.3% 2:05.71Q 89.3% 2:05.77Q 88.5%
	0 Montgomery, Paul 1 Huston, Darrell 2 Snook, James	60 UNA 64 UNA 63 UNA	29.30 81.9% 30.54 80.6% 30.64 79.8%	6 Shirley, Joni 7 Aderhold, Susan W60 1 Michelsohn, Marie-L	59 UNA 59 UNA	1:20.89 78.1% 1:21.37 77.6% 1:18.03 84.6%	4 Pittman, Andrew 5 Yates, William Final	61 A45 60 UNA	1:17.40 68.7% 2:02.02 43.3%	6 Shields, Charles 7 Nearman, Steven 8 Cooper, Stephen	47 A123 46 UNA 45 A157	2:05.79Q 90.0% 2:06.05q 89.1% 2:06.26q 88.1%
	3 *Mitchell, Bruce 4 Lawson, Blaine 5 Pittman, Andrew	63 UNA 64 A19 61 A45	30.91 79.1% 32.04 76.8% 32.65 73.9%	2 Leighton, Barbara 3 Barnett, Rusty W65 1 Daprano, Jeanne	61 UNA 64 A23 69 A14	1:23.87 76.7% 1:43.60 63.7% 1:23.68 84.6%	1 Pierce, Roger 2 Whitley, Stan 3 Sebesta, Robert	61 A93 60 UNA 61 UNA	56.78 93.6% 57.27 92.3% 1:00.02 88.6%	9 DeSantis, Bobby 0 Carver, Mark 1 Cullinane, Jeffrey	46 UNA 46 A106 47 A88	2:07.07 88.3% 2:07.32 88.2% 2:11.38 86.2%
	6 Gilbert, Paul 7 Biacofsky, John Final	63 UNA 61 UNA	33.23 73.6% 37.51 64.3%	2 Moolenaar, Willy 3 VanEeuwen, Jane	65 A54 65 A103 73 UNA	1:37.09 68.6% 1:47.12 62.2%	4 Cooper, Tony 5 Reiter, William	60 UNA 60 UNA 63 UNA	1:02.25 84.9% 1:02.51 84.5%	2 Moody, Corey 3 Mayes, Jesse	45 A143 49 A46	2:11.76 84.5% 2:12.23 87.1%
	1 Whitley, Stan 2 Pierce, Roger	60 UNA 61 A93	25.00 96.0% 25.77 93.7%	W70 1 *Horne, Jean 2 Harada, Mary 3 Chou, Fei-Mei	71 A85 71 A185	1:36.14 76.6% 1:45.81 69.6%	6 Gunn, Lawrence 7 Shenk, John 8 Shirley, Graeme	63 A91 60 UNA	1:06.71 80.7% 1:08.03 77.7%	4 Ellison, Edward 5 Peterson, Rick 6 Rao, Joseph	45 A13 48 A31 45 A28	2:13.15 83.6% 2:13.90 85.3% 2:20.31 79.3%
	3 Hall, Samuel 4 Sebesta, Robert 5 Kaladi, Ted	61 A28 61 UNA 62 A54	26.53 91.0% 26.82 90.0% 27.00 90.0%	W75 1 Leek, Edythe 2 Onodera-Leonard, Su 3 Schley, Helen	75 A23 78 A149 78 A128	1:54.12 70.9% 1:56.33 74.0% 2:03.38 69.8%	M65 1 Stewart, Mack 2 Colbert, Larry 3 Bonck, Lionel	68 A75 69 A61 65 A54	1:01.15 93.4% 1:04.61 89.8% 1:05.09 83.8%	7 Fager, Ed 8 Walls, Vincent 9 Distefano, John	47 A176 47 A116 47 UNA	2:21.66 79.9% 2:23.57 78.9% 2:24.11 78.6%
	6 Gunn, Lawrence 7 Durante, Daniel 8 Hansen, Wayne	63 UNA 62 UNA 62 A54	27.71 88.3% 28.22 86.1% 28.54 85.1%	W80 1 Peterson, Patricia W85 1 Davidson, Gerry 2 Gamache, Violette	80 UNA 85 A144 85 A54	2:06.44 71.1% 2:14.85 76.3% 4:41.66 36.5%	4 *McIlwaine, Bill 5 Rizzo, Richard 6 McMillen, William	67 UNA 69 UNA 66 A185	1:07.13 83.7% 1:09.46 83.5% 1:15.81 73.0%	0 Sigmon, Alan Final 1 Allah, Saladin	46 A28 46 UNA	2:26.82 76.5%
	5 1 Edens, Paul 2 Williams, Albert 3 Colbert, Larry	65 A127 66 A128 69 A61	26.10Q 94.9% 27.50Q 90.8% 28.22Q 90.6%	M30 1 Dussett, Antwon 2 Bullard, Leon 3 Pettes, Alfy	30 UNA 32 A28 31 A149	46.98 91.9% 49.57 87.7% 51.45 83.9%	M70 1 Cozens, Robert 2 Rush, C. Christophe 3 Leggitt, James	71 UNA	1:04.81 91.0% 1:10.48 83.7% 1:10.62 85.1%	2 Paulk, Kevin 3 Allen, McDuffrie 4 Lindsay, Jeff	46 A21 45 UNA 47 UNA	2:00.23 93.4% 2:00.55 92.3% 2:02.08 92.7%
	4 Smith, Doug 5 Camp, Dick 6 *Stern, David	67 A150 69 UNA 66 UNA	26.82Q 93.9% 28.59Q 89.5% 28.92Q 86.4%	4 Murdock, Daniel 5 Snaer, Demitrius 6 Reutter, Jason	32 A52 31 A23 33 A28	52.06 83.5% 52.39 82.4% 53.31 82.2%	4 Ware, James 5 Marsh, Bruce 6 Pauling, Clifford	71 UNA 71 UNA 71 UNA	1:11.15 84.4% 1:15.46 79.6% 1:16.59 78.4%	5 Parker, Eric 6 Cooper, Stephen 7 Shields, Charles	45 A149 45 A157 47 A123	2:02.60 90.8% 2:05.25 88.8% 2:05.85 90.0%
	7 Paddie, James 8 Denson, Charles 9 Lancaster, Walt	67 UNA 66 UNA 66 UNA	27.19q 92.6% 28.23q 88.5% 28.30 88.3%	M35 1 Winslow, Edward 2 Grant, Chris 3 Burks, Anthony	37 A52 37 A154 38 A14	50.32 89.7% 51.10 88.3% 52.06 87.4%	M75 1 *Fee, Earl 2 Cheek, Don 3 Selby, Jim	77 UNA 76 UNA 78 UNA	1:07.40 99.8% 1:08.59 96.4% 1:20.52 85.0%	8 DeSantis, Bobby M50 1 *Ortiz, Jorge 2 Robinson, James	46 UNA 52 UNA 52 A60	2:11.57 85.3% 2:10.07Q 90.9% 2:14.16Q 88.1%
	0 Kirkpatrick, Ronald 1 Bennett, Wayne 2 Bonck, Lionel	68 UNA 69 A45 65 A54	28.67 88.5% 28.83 88.7% 29.09 85.2%	4 Naylor, Jeffrey 5 Will, Daniel 6 Coleman, BaoKim	35 A171 39 A61 39 UNA	54.45 81.7% 56.00 81.8% 61.26 74.8%	M80 1 Johnson, Harold 2 Davidson, Robert M85 1 Means, John	80 A14 83 A144 86 A116	1:26.17 82.4% 3:00.66 42.7% 1:34.31 90.0%	3 Chantry, Stephen 4 Reyes, Julio 5 *Robbins, Frederick	51 A41 50 UNA 51 UNA	2:14.36Q 87.2% 2:11.10Q 88.7% 2:14.91Q 86.9%
5	Rinaldo, Richard	67 A116 66 UNA 65 UNA	29.59 85.1% 30.12 82.9% 34.22 72.4%	M40 1 Mulazim, Khalid 2 Echeandia, Getulio 3 Jones, David	40 A116 42 A154 41 A154	51.39Q 89.8% 51.63Q 90.7% 52.01Q 89.4%	2 Tribou, Bill 3 Anoka, John M90 1 Matteson, Bob 2 Hammond, James	85 A71 86 A54 90 A108 92 UNA	1:36.35 85.1% 1:37.24 87.3% 1:39.39 99.6% 1:51.81 99.2%	6 Hartshorne, Thomas 7 Burno, Joseph 8 Albo, David 9 Daly, John	52 UNA 52 UNA 50 A137 51 A141	2:17.38Q 86.0% 2:11.41q 89.9% 2:12.47q 87.8% 2:15.58 86.5%
	inal Edens, Paul 2 Williams, Albert 3 Smith, Doug	65 A127 66 A128 67 A150	25.92 95.6% 26.57 94.0% 26.94 93.5%	4 Muhammad, Courtney 5 Berry, Kettrell 6 Bynoe, David 7 Kastor, Vaughan	43 A155 44 A158 41 UNA	52.35Q 90.1% 52.40Q 90.0% 53.16Q 89.3% 53.35Q 87.1%	800m W30 1 Greer, Cornelia 2 Kidwell, Sheri	34 UNA 33 A23	2:45.13 68.6% 2:51.67 65.9%	0 Casey, Patrick 1 Astrachan, Owen 2 Bolster, Joe	50 A28 50 A26 53 A111	2:16.54 85.1% 2:17.91 84.3% 2:19.37 85.5%
	4 Paddie, James 5 Colbert, Larry 6 Denson, Charles	67 UNA 69 A61 66 UNA	27.10 92.9% 28.09 91.1% 28.37 88.0%	8 Harding, Robert 9 Brown, Paul 0 Shute, Dr. Marcus	44 UNA 43 A154 43 A154	53.77q 88.3% 54.40 86.7% 54.73 86.1%	3 Snipes, Wanda W35 1 Roberts, Charmain 2 Badger, Sonya	38 A99	3:13.80 58.4% 2:29.11 77.4% 2:32.69 74.8%	3 Feather, Neil 4 Rusch, David 5 Caldwell, Scott	52 A14 52 UNA 51 UNA	2:21.34 83.6% 2:23.03 82.6% 2:23.86 81.5%
	7 *Stern, David 8 Camp, Dick	66 UNA 69 UNA 70 A75	28.77 86.8% 28.98 88.3% 28.49 90.5%	1 Forde, Kevin 2 Hill, Reggie 3 Paddyfote, Jeffery	42 A123 42 UNA 40 UNA	56.58 82.7% 58.08 80.6% 60.20 76.7%	3 Marty, Jaymee 4 Karras, Vaso W40 1 Harvey, Alisa	39 A23 37 A23 40 UNA	2:42.78 70.9% 2:47.34 67.7% 2:11.03 88.9%	6 Barnowski, Wally 7 Miller, Larry 8 Schoffman, Jim	51 UNA 53 A26 53 UNA	2:24.44 81.1% 2:28.37 80.3% 2:31.58 78.6%
	2 Burch, William 3 Ware, James 4 Leggitt, James	70 UNA 71 UNA 71 UNA	30.22 85.3% 30.69 85.3% 31.20 83.9%	Final 1 Echeandia, Getulio 2 Mulazim, Khalid	42 A154 40 A116	49.93 93.8% 50.12 92.1%	2 Jasper, Lorraine 3 Davis, Lisa 4 Kehoe, Carla	44 A11 41 A174 42 A23	2:23.23 84.2% 2:26.01 80.4% 2:27.18 80.5%	9 Yunck, Frederick 0 Roberts, Jim Final	53 A6 54 UNA	2:44.58 72.4% 2:51.10 70.2%
	5 Siegel, Dan 6 Pauling, Clifford 75 1 Brown, Harry	71 UNA 71 UNA 76 A98	32.96 79.4% 46.16 56.7% 29.58 95.9%	3 Berry, Kettrell 4 Muhammad, Courtney 5 Jones, David	43 A155	51.55 91.5% 51.76 91.1% 52.01 89.4%	5 Rath, Terri 6 Hunter, Joan 7 Szymkowski, Mary	42 A11 42 UNA 43 UNA	2:32.07 77.9% 2:33.24 77.3% 2:54.03 68.7%	1 *Ortiz, Jorge 2 Reyes, Julio 3 Chantry, Stephen	52 UNA 50 UNA 51 A41	2:07.32 92.8% 2:08.31 90.6% 2:09.31 90.6%
	2 Cheek, Don 3 Fee, Earl	76 UNA 77 UNA	30.23 93.8% 30.53 94.5% 30.55 92.8%	6 Bynoe, David 7 Kastor, Vaughan 8 Brown, Paul	44 A158 41 UNA 43 A154	52.62 90.2% 52.62 88.3% 53.50 88.1%	W45 1 Chaplin-Swann, Le 2 *Hayden, Julie 3 Keating, Nancy	46 A11 46 UNA	2:24.70 86.3% 2:25.16 84.5% 2:29.00* 82.4%	4 Robinson, James 5 Burno, Joseph 6 Hartshorne, Thomas	52 A60 52 UNA 52 UNA	2:09.65 91.2% 2:10.03 90.9% 2:11.78 89.7%
	4 Stookey, James 5 Melville, Bill 6 Scott, Wilford	76 A128 79 A98 79 UNA	31.23 95.6% 32.43 92.1% 34.04 81.9%	M45 1 Chinn, James 2 Gatling, Darnell 3 Lundberg, James	47 A155 46 UNA 45 UNA	52.79Q 91.8% 52.83Q 91.2% 53.39Q 89.6%	4 *DeBoer, Lynda 5 Rancatore, Elaine 6 Kollars, Theresa	47 UNA 47 A54 46 A23	2:31.73 81.6% 2:43.63 75.6% 2:44.02 74.8%	7 Albo, David 8 *Robbins, Frederick M55 1 Shaheed, Nolan	50 A137 51 UNA 57 A149	2:13.22 87.3% 2:21.67 82.7% 2:20.31Q 87.8%
М	7 Redditt, Estes 8 George, George 30 1 Larsen, Melvin	75 A183 75 A54 82 UNA	38.66 72.1% 34.17 92.8%	4 Allah, Saladin 5 Moody, Corey 6 Williams, Tyrone	46 UNA 45 A143 47 UNA	52.87Q 91.1% 53.34Q 89.7% 54.65Q 88.7%	7 Ney, Mimi 8 *Willis, Katherine W50 1 Martin, Kathryn	47 UNA 47 UNA 54 UNA	2:47.28 74.0% 2:48.42 73.5% 2:38.42 84.4%	2 Salazar, David 3 Jackson, Robert 4 Regan, Shawn	55 A149 56 A28 56 A100	2:24.24Q 84.0% 2:20.41Q 87.0% 2:24.74Q 84.4%
м	2 Johnson, Harold 3 Davidson, Robert 35 1 Means, John	80 A14 83 A144 86 A116	35.49 85.6% 65.16 49.8% 36.85 95.5%	7 Roberson, James 8 Seach, Andrew	46 A134 45 A154	54.02q 89.1% 55.08q 86.8%	2 Richards, Mary 3 Kunz, Karen 4 Glassman, Wendi	52 A14 51 A23 50 A146	2:43.32 79.7% 2:51.33 75.0% 2:52.47 73.6%	5 *McGlynn, Mike 6 Harper, Turran 7 *Carter, Michael	56 UNA 55 UNA 57 UNA	2:22.07Q 86.0% 2:24.75Q 83.7% 2:25.02q 84.9%
	2 Manno, Jim 3 Anoka, John 4 Bulkley, Dan	85 A112 86 A54 89 A153	37.06 91.7% 39.60 88.8% 42.15 93.4%	9 Parker, Eric 0 Noel, Jeff 1 *Jennett, Terry	45 A149 47 UNA 45 UNA	56.35 86.0% 57.14 83.7%	5 Pinto-Rogers, Rosa 6 Bowers, Tina 7 Janneck, Denise		2:53.00 76.3% 2:57.81 71.4% 2:59.24 72.7%	8 Fallen, Jim 9 Smith, Jay 0 *Payne, Tim	55 UNA 57 A26 56 UNA	2:26.84q 82.6% 2:30.60 81.8% 2:31.12 80.9%
	5 Goldy, Champion 90 1 Matteson, Bob	89 A124 90 A108	46.74 84.2% 41.95 97.7%	2 Stone, Eddie 3 DeSantis, Bobby 4 DiMassa, David	49 UNA 46 UNA 47 UNA	57.22 85.9% 57.32 84.0% 57.78 83.9%	8 Davidson, Char W55 1 Steinbach, Coree	52 A54	3:04.86 70.4% 2:38.95 85.2% 2:40.72 85.5%	1 Murphy, Paul 2 Moon, Richard 3 Tillery, John	59 UNA 59 UNA 55 A28	2:32.07 82.3% 2:36.86 79.8% 2:41.64 75.0%
	0m 30 1 Rosborough, Lisa 2 Greer, Cornelia	33 UNA 34 UNA	1:00.26 80.5% 1:05.05 75.4%	5 Pasos, Mark 6 Carter, Calvin 7 Finley, Lawrence	46 A184 49 A23 48 UNA	57.81 83.3% 58.24 84.4% 60.22 81.1%	2 Groesz, Jeanette 3 Smith-Hanna, Caroly 4 Nicoletti, Catherin	y 55 A60 55 A137	2:44.57 82.3% 2:55.36 77.3% 3:06.32 72.7%	4 Burleson, Joseph Final 1 Shaheed, Nolan	59 A71 57 A149	2:55.62 71.3% 2:10.24 94.6%
	3 Primus, Ilana 4 Kidwell, Sheri 5 Snipes, Wanda	31 A28 33 A23 32 UNA	1:05.83 72.3% 1:12.37 67.0% 1:16.27 62.8%	8 Clark, Robert 9 Collins, Dan 0 Sentell, Todd	49 UNA 47 A28 45 A14	62.14 79.1% 63.42 76.4% 66.95 71.4%	5 Hollmann, Lena 6 Shirley, Joni 7 Hartzler, Mary	55 A26 59 UNA 57 UNA	3:15.16 73.6% 3:21.87 69.1% 4:07.98 57.0%	2 Salazar, David 3 Harper, Turran 4 Jackson, Robert	55 A149 55 UNA 56 A28	2:14.86 89.9% 2:17.66 88.1% 2:19.27 87.7%
W	35 1 Daley, Lisa 2 Roberts, Charmaine 3 Aduma, Nyarinda	36 A158 39 UNA 38 UNA	57.74 86.9% 1:00.02 86.5% 1:04.85 79.1%	Final 1 Allah, Saladin 2 Chinn, James	46 UNA 47 A155	51.12 94.2% 52.09 93.1%	8 Foody, Terry W60 1 Michelsohn, Marie 2 Wills, Bev	64 A181	3:02.45 86.5% 3:06.96 84.4%	5 Regan, Shawn 6 *McGlynn, Mike	56 A100 56 UNA 55 UNA	2:21.74 86.2% 2:22.80 85.6% 2:26.78 82.6%
	4 Byal, Amy 5 Marty, Jaymee 6 Karras, Vaso	36 A131 39 A23 37 A23	1:07.87 74.0% 1:09.45 74.7% 1:09.79 72.7%	3 Moody, Corey 4 Williams, Tyrone 5 Roberson, James	45 A143 47 UNA 46 A134	52.26 91.5% 52.35 92.6% 54.17 88.9%	3 Leighton, Barbara 4 Barnett, Rusty W65 1 Daprano, Jeanne		3:26.30 72.0% 3:59.01 66.0% 3:24.04 85.5%	7 Fallen, Jim 8 *Carter, Michael M60 1 Condon, Frank	57 UNA 64 A23	2:29.93 82.1% 2:20.72Q 92.5%
W	40 1 Davis, Sara 2 Turkdamar, Barbara 3 Black, Jai	40 UNA 42 A28 44 A144	1:00.95Q 86.1% 1:03.30Q 84.6% 1:01.15Q 89.5%	6 Seach, Andrew M50 1 Jones, Thomas 2 Grant, Horace	45 A154 52 A61 53 A74	54.48 87.8% 56.47Q 88.8% 57.14Q 88.4%	2 Moolenaar, Willy W70 1 *Horne, Jean 2 Harada, Mary	65 A54 73 UNA 71 A85	3:53.00 69.1% 3:13.05 99.3% 3:42.15 82.1%	2 Galazin, John 3 Mathes, Stan 4 Lindsley, Frederick	63 UNA 60 UNA 61 A149	2:28.17Q 87.2% 2:22.11Q 88.8% 2:29.02Q 85.3%
	4 Jasper, Lorraine 5 Williams, Shemayne 6 Hunter, Joan	44 A11 43 A158 42 UNA	1:04.01Q 85.5% 1:02.02Q 87.3% 1:05.55Q 81.7%	3 Mason, Reginald 4 Schoffman, Jim 5 Evans, Hubert	51 A14 53 UNA 52 A23	58.48Q 85.2% 57.18Q 88.3% 58.08Q 86.4%	W75 1 Schley, Helen 2 Onodera-Leonard, S W80 1 Hagerty, Margare	t 83 A28	5:02.30 72.0% 5:30.55 65.8% 5:45.50 72.0%	5 Reiter, William 6 Handelman, Frank 7 Laing, Winston	60 UNA 61 A111 63 A14	2:24.74Q 87.2% 2:31.42Q 84.0% 2:28.30Q 87.1%
	7 Connolly, Rebecca 8 Rath, Terri 9 Kazebee, Kris	40 A96 42 A11 40 A28	1:02.61q 83.8% 1:04.63q 82.9% 1:05.59 80.0%	6 Mitchell, Collin 7 Cummings, Steven 8 Savage, Doc	53 A14 50 UNA 54 A26	59.16Q 85.4% 57.86q 85.6% 58.25q 87.3%	W85 1 Davidson, Gerry M30 1 Batiste, Antoine 2 Bullard, Leon	85 A144 34 A76 32 A28	5:43.32 76.8% 2:00.50 83.9% 2:01.23 83.4%	8 Talib, Salih 9 Carter, Richard 0 Kuhi, John	61 A111 62 A14 62 A146	2:33.78q 82.7% 2:34.00 83.2% 2:47.58 76.5%
	0 Cunningham, Richee 1 Black, Jai 2 Davis, Sara		1:13.58 72.1% 58.28 93.9% 59.58 88.1%	9 Haywood, George 0 Reyes, Julio 1 Shufelt, Michael	53 A74 50 UNA 51 UNA	58.29 86.6% 59.07 83.8% 59.55 83.7%	3 Markowski, Matt 4 Najarian, Jeffrey 5 Shaw, C	31 UNA 30 A125 31 A57	2:04.35 81.3% 2:05.12 80.8% 2:08.92 78.4%	1 Shenk, John 2 Daw, Edward 3 Yates, William	63 A91 61 A26 60 UNA	2:49.59 76.1% 2:50.76 74.5% 5:32.34 37.9%
	3 Williams, Shemayne 4 Turkdamar, Barbara 5 Hunter, Joan		1:02.05 87.3% 1:02.28 86.0% 1:02.73 85.4%	2 Hitchens, Sean 3 Smith, Charles 4 King, Trevor	53 UNA 52 A54 52 A54	59.75 84.5% 60.13 83.4% 61.80 81.2%	6 Abbott, Jewel 7 Leonard, Marshall M35 1 Hamer, Gary	33 UNA 31 UNA 35 A175	2:14.67 75.0% 2:15.66 74.5% 2:01.52 83.4%	Final 1 Mathes, Stan 2 Condon, Frank	60 UNA 64 A23	2:15.17 93.4% 2:18.89 93.7%
	6 Connolly, Rebecca 7 Jasper, Lorraine 8 Rath, Terri	40 A96 44 A11 42 A11	1:02.80 83.6% 1:03.29 86.4% 1:05.16 82.2%	5 Fisher, Wayne 6 Hawkins, Walter 7 Galloway, Lamar	51 A28 51 UNA 52 A181	61.81 80.6% 62.28 80.0% 63.21 79.4%	2 Dittmar, Brad 3 VanCleve, Robert 4 Naylor, Jeffrey	36 UNA 39 A52 35 A171	2:01.89 83.9% 2:04.52 84.6% 2:05.83 80.5%	3 Reiter, William 4 Lindsley, Frederick 5 Laing, Winston	60 UNA 61 A149 63 A14	2:24.96 87.1% 2:25.18 87.6% 2:25.48 88.8%
W	45-1 *Meloche, Laurie 2 Shook, Kathleen	45 UNA 45 A23	1:03.61Q 87.0% 1:04.27Q 86.1%	8 Diaz, Edward 9 Rusch, David	52 UNA 52 UNA	64.27 78.0% 64.68 77.6%	5 Warner, Nick 6 McAlman, Jesse	38 A149 38 A107	2:06.40 82.5% 2:06.69 82.3%	6 Handelman, Frank 7 Talib, Salih	61 A111	2:30.72 84.4% 2:40.08 79.4%

Section Column	page 24						Nati	onai N	lasters News		A POPULATION AND ADDRESS OF THE PARTY AND ADDR			and the latest teacher	and familiary of the	_
Section Column	M65 1 Howard, Sid	67 A111	2:28.61	90.2%	8 Burno, Joseph	52 UNA						67.0%				
Section Column	2 Stewart, Mack								1 Ashlock, Alex M55 1 Bernhard, Tom			82.0%	M70 1 McClenathen, Gordon	72 A39	9:43.56 85.5	5%
1.		65 A26	2:37.56	83.2%	1 Astrachan, Owen	50 A26	4:49.25	83.3%	2 Price, Roger							
Company Comp									4 *McGlynn, Mike	56 UNA	18:41.04	81.1%	M75 1 Selby, Jim	78 UNA	11:44.07 78.5	5%
Section Column	2 Cantu, Ino	72 UNA	2:42.20	88.0%	4 Caldwell, Scott				5 Mendat, Randall				M85 1 Bulkley, Dan	89 A153	16:10:02 77.	1%
Bear Company					M55 1 Salazar, David	55 A149	4:40.49	89.7%	7 McCaskey, Patrick	57 UNA	27:27.14	55.6%		31 423	10:15:22 76	09/
19.5 T. Free Land 19.7 T. Day 2.5 19.5 T. P. S.	5 Marsh, Bruce	71 UNA											M35 1 Strickland, Michael	39 A14	10:43.83 79.6	6%
Section Control Cont					4 Price, Roger	57 A135	4:52.76	87.4%	3 May, Jim	60 A60						
Section Control Cont										60 UNA	20:34.60	76.2%	4 Sarsony, Chris	39 A26	13:44.46 62.1	1%
105 Tenning Book 105	4 Smith, Alan	75 A54	3:31.58	70.7%	7 *McGlynn, Mike	56 UNA	4:58.16	85.1%	6 Wilcox, Joe				5 Hickey, Dr. Brian M40 1 Yorges, Christophe			
J. Charles from the color of										64 UNA	25:56.48	62.6%	2 Burdett, Francis	41 A64	11:03.43 78.7	7%
Section Sect	2 Bulkley, Dan	89 A153	4:38.65	80.5%	0 Regan, Shawn											
Section 1.50						58 A26	5:33.00	77.5%	2 Borla, Bill	66 A129	19:33.66	84.6%	5 Jackson, David		12:07.11 73.8	8%
902 Marie Samer	1500m													47 A23	11:32.49 79.6	6%
Work June 1964 1965 1966	W30 1 Walker, Katherine				2 Mathes, Stan	60 UNA			5 Cordero, Joe							
Section Sect											24:24.00	67.8%	4 Gardner, Bradley	48 A181	12:20.33 75.1	1%
## 15 Courts Alley 14 Courts Alley 15 Courts	2 Badger, Sonya	38 A99	5:17.51		5 Pearsall, Bryan											
S. Sement Register 1	W40 1 Harvey, Alisa				7 Boughter, James	62 UNA	5:06.78	86.9%	M70 1 Iffrig, Bill	72 A148	20:39.97	85.5%	M50 1 Robinson, James	52 A60	11:19.82 84.6	6%
State														51 A23	12:54.96 73.6	
S. Chee, Care	4 Blakeley-Cameron, C	41 UNA	4:52.35	84.9%	0 Lough, Tom	64 UNA	5:47.54	78.0%	4 Cantu, Ino	72 UNA	21:51.86		4 Astrachan, Owen			
2 Does, Date and 4 ALFA S 1164 5 Per 95 Per													6 Sturgeon, Randell	54 A23	14:21.64 67.9	9%
Well Tiegen, June 3	7 Davis, Lisa				3 Lada, Tom											
3 Chapter Lycals 20 Line 512-36 62-75			5:06.64	85.8%	M65 1 Howard, Sid	67 A111	5:22.24	86.2%	9 Ogden, Ken	70 UNA	26:16.81	65.5%	The state of the s	00 11120		
## Additional Company 48 July 48														a 41 A28	13.21 85.3	3%
## Strate 19 19 19 19 19 19 19 1	4 Keating, Nancy	46 UNA	5:12.33	84.2%	4 Fischer, Bobby	66 UNA	6:09.52	74.5%	3 Fine, Robert	75 A54	35:45.42	51.8%	2 Scott, Stephanie	40 A54		
Acades Present Prese			5:34.47		M70 1 Cantu, Ino	72 UNA	5:35,20	87.6%	THE PARTY OF THE P	92 M124	40.52.67	09.5%	4 Wiemer, Susan	40 UNA	14.68 76.0	0%
France Color Col	7 Kollars, Theresa	46 A23	5:38.55	77.7%	2 Rush, C. Christophe	70 A168	5:40.84	83.5%		39 IINA	39-44 35	77.7%				
## Principles 19 20 20 20 20 20 20 20 2	9 Henricks, Lana	49 UNA	6:55.33	65.7%	4 Grant, Oliver	70 UNA	5:55.49	80.1%	W40 1 Lundblad, Anne	40 A9	38:53.78	79.8%	W45 1 Upshaw-Margerum, Jo	45 UNA	12.80 91.8	8%
3 Richmach, Mary 5 Classarian, Ward 5 Classa																
G. Classonsi, World S. J. Alex, S. S. Alex, S	3 Richards, Mary	52 A14	5:34.35	84.9%	7 Marsh, Bruce	71 UNA	6:38.36	72.6%	W45 1 Romig, Deborah	48 UNA	42:36.68	78.3%	W55 1 Raschker, Phil	59 A114	13.97 92.0	0%
2 Domicon, Chew						71 UNA	7:05.60	67.9%	3 Inouye, Jane	45 A23	47:00.91	68.7%	3 Trott, Rhona			
3. Backborn, Trees School 1.5								88.6% 74.5%					4 McCormick, Carolyn	59 A181	18.24 70.5	5%
2 Storley, Dav. 5 50 101, 4 50 50 50 50 50 50 50	8 Mullis Dubow, Treni	52 A14	6:17.28	75.2%	3 Smith, Alan	75 A54	7:33.75	67.9%	2 Kunz, Karen	51 A23	42:48.30	81.0%			200	
3 Holman, Lama																
S. Foods, Derry More S. Links, March S. D. W. S. 1 Klobert, S. Park S.	3 Hollmann, Lena	55 A26	6:23.43	77.0%			100		W60 1 Moyer, Sally			72.6%	James Mitterfeet Service on 1968			
2 Hartison, James 60 UMA 6051 86.45	5 Foody, Terry	58 UNA	8:25.34	60.9%	W30 1 Kidwell, Sheri				3 Gibson, Mary	60 UNA	1:01:48.81	63.7%	M70 1 Clark, William		14.46 91.7	7%
3 AWIS, Berry W. 1945 Modernay Willy W. 1951 Modernay Willy W. 1951 Modernay W. 1945 Modern																
W65 Modernay W89 Go Act 75.314 72.57 73.74 74.75 74.75	3 Wills, Bev	64 A181	6:45.13	83.0%	W40 1 Simonaitis, Michell	40 UNA	17:52.97	83.8%	2 Lanier, Kareem	33 A125	35:10.73	75.7%	4 Schreiber, John	74 UNA	18.10 74.8	8%
W70 1 From January 1	W65 1 Moolenaar, Willy	65 A54	7:53.14	72.2%	3 Butler, Trish	43 UNA	19:09.29	80.3%	2 Dobson, Matthew	36 UNA			M75 1 Stookey, James	76 A128	14.06 99.4	1%
2. Placeds, Mary William St. 24 10-85 (1996). West 1 Chesters, Lynda St. 10-85					4 Kehoe, Carla 5 Cunningham, Richee									B2 UNA	16.20 98.2	2%
W85 I Durwidon, Charler 3 A144 05.01 7 86 % 3 hours, James 4 A23 23.48 % 65 m/s 3 hours, James 4 A27 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 3 hours, James 4 A28 23.48 % 65 m/s 23 hours, James 4 A28 23.48 % 65 m/s 23 hours, James 4 A28 23.48 % 65 m/s 23 hours, James 4 A28 23 hours	2 Harada, Mary	71 A85	7:13.59	87.0%	W45 1 *DeBoer, Lynda	47 UNA	21:07.02	76.2%	M40 1 Pope, Brian	43 A149	33:43.60	84.5%				
2 Abbott, Series (1947) 1941 (1947) 2 St. 1941 (Short Hurdles 33"		STATE STATE OF	
MS 1 Newforn, Charled Set MS 2																
3 Al Van Control, March al 38 A2	M35 1 Newton, Chad	36 A52	4:08.50	84.8%	W50 1 Martin, Kathryn	54 UNA	18:57.63	92.9%	2 McCormack, Sean	45 A54	34:44.09	83.3%				
A Contract, Michael 9 3423 4 2039 8 3445 5 2047 8 057-8 5 No. Marry, Milam 52 A11 1 247-8 057-8 5 No. Marry, Nick 3 1 247-8 057-8 5 No. Marry, Nick 3 1 247-8 057-8 5 No. Marry, Nick 3 1 247-8 1 247-8 057-8 1 247-8 1 247-8 057-8 1 247-8 1 247-8 057-8 1 247-8 1 247-8 057-8 1 247-8 1 247-8 057-8 1 247-8													Short Hurdles 36" Prelin	ns		
5 Goodal, Aaron 36 JUNA 42187 77.5% 2 Wides, Calmente 5 A30 20:43.29 87.3% 2 Wides, Calmente 5 A30 20:43.29 87.3% 3 Fast 3 Septiment	4 Gottardi, Michael		4:20.39	83.4%	4 Davidson, Char	52 A54	22:57.27	74.7%	5 Bird, Daniel	47 A142	38:07.46	77.1%				
8 Chernette, William 39 UNA 41 54 77 71% (2) Grammy, Steven 38 02A 41 56 76 35 WWO 1 Barmet, Rosy 41 60 76 35 WWO 1 Barmet, Rosy 41 60 76 35 WWO 1 Barmet, Rosy 41 60 76 76 WWO 1 Barmet, Rosy 41 60 76 76 WWO 1 Barmet, Rosy 41 60 77 WWO 1 WWO	6 Goodall, Aaron	36 UNA	4:31.87	77.5%	W55 1 Groesz, Jeanette	56 A30	20:43.29	87.3%	7 Cleary, Mark	47 A149	38:30.63	76.3%	4 Broun, James	54 A54	15.81Q 88.6	6%
9 Garew, Shawne 1 94 A456 97 51. We 01 Barmett, Rusty 2 Aloyer, Stay 2 Aloyer, St							21:26.65					73.1%			15.77Q 86.3 15.99Q 86.3	3%
Mod 1 Hinfon, John	9 Carew, Shawne	38 A28	4:41.68	76.3%	W60 1 Barnett, Rusty	64 A23	26:47.26	75.9%	0 Bitsko, Jim	45 A14	42:24.39	68.2%	7 Watry, Jeffrey	51 A98	17.23q 77.9	9%
2 Landis, Scott at 24 123 at 318 at 360% at 24 123 at 318 at 360% at 37 storges, Christopher at 32 storges, Christopher at 34 storges, Christopher at 35 storges, Christopher at 34 sto					W65 1 Stoll, Margie		24:00.80		2 Qualls, Robert	54 A23						
4 2004, Rodney 4 UNA 42270 8 do No. Skileen, Seas 4 UNA 42370 8 do No. Skileen, Seas 4 UNA 42370 8 do No. Mod 1 Busch, Roger 3 UNA 174, 84 do No. Skileen, Seas 4 UNA 42370 8 do No. Mod 1 Busch, Roger 3 UNA 174, 84 do No. Skileen, Seas 4 UNA 42370 8 do No. Skile	2 Landis, Scott				2 Hodges-Hite, Joyce		34:57.50							52 UNA	14.89 91.4	4%
6 Palumbo, Peler 40 UNA 42 (10 A 22 (11) (10 A 22 (11) (10 A 23 (11) (10 A 24 (11) (10 A 23 (11) (11) (11) (11) (11) (11) (11) (11	4 Zook, Rodney	44 UNA	4:22.41	86.8%	W85 1 Davidson, Gerry	85 A144	49:08.73	64.8%	5 Peterson, Robert	52 UNA	45:09.37	67.7%	2 McKinley, Brian	53 UNA	15.26 90.5	5%
7 Affleck, John 4 2 A111 4.3198 8.22% M35 1 Newton, Chad 8 Miskimens, David 4 A107 4.34 68 7 98 few													4 Zahn, Robert			
9 Brown, Preppy 44 UNA 438 12 94 82 6% 1 Cozawa, Takeshi 41 UNA 438 12 79 8% 1 Cozawa, Takeshi 41 UNA 438 12 79 8% 1 Cozawa, Takeshi 41 UNA 438 12 79 8% 1 Cozawa, Takeshi 41 UNA 43 103 78 2% 1 Cozawa, Takeshi 41 UNA 43 103	7 Affleck, John	42 A111	4:31.98	82.2%	M35 1 Newton, Chad			80.8%	3 Taylor, David				5 Broun, James			
1 O'Cawa, Takeshi 41 UNA 44.30.3 78.2% 5 Goodal, Aaron 36 UNA 17.20.67 74.7% 4 Willox, John A. 470.97 57.3% 3 Jaxokson, David 44 UNA 45.92.1 76.2% 3 Jaxokson, David 44 UNA 45.92.1 76.2% 4 UNA 45.92.1 76.2% 4 UNA 45.92.1 76.2% 5 Sabo, Greg 35 UNA 47.20.95 UNA 47.97.95 13.3% 4 Willox, John A. 470.95 19.05 UNA 47.97.95 13.3% 4 Willox, John A. 470.95 19.05 UNA 47.97.95 13.3% 4 Willox, John A. 470.95 19.05 UNA 47.95	9 Brown, Preppy	44 UNA	4:35.94	82.6%	3 Semien, Gerard	38 UNA	16:56.73	77.6%	M60 1 Annan, Steven	60 UNA	39:39.63	82.5%	7 Boehr, Douglas	53 UNA	19.32 71.4	4%
2 Poulos, Ted 3 Jackson, David 4 May 4:592 17 65.% 3 Jackson, David 4 May 4:592 17 65.% 48.5 MA 51 07 07 18 16.230 87 75.% 48.5 MA 51 07 07 18 16.230 87 75.% 48.5 MA 51 07 07 18 18 18 18 18 18 18 18 18 18 18 18 18	0 Spada, Stephen 1 *Ozawa, Takeshi				4 Buysse, David 5 Goodall, Aaron			74.7%					1 Druckrey, Stanley			
M45 1 'O'Driscoll, Conor 45 UNA 415.50 90.1% 2 Paulk, Kevin 42 141.62 90.5% 3 Fleids, Charles 47 A123 418.89 90.5% 3 Fleids, Charles 47 A123 418.89 90.5% 2 Burdett, Francis 41 A64 1645.30 80.2% 5 Advants, Jeffrey 45 A23 427.88 99.6% 40 190.8 pain 43 A139 1654.17 93.5% 5 Advants, Jeffrey 45 A23 427.88 99.5% 4 Meyer, David 41 UNA 172192 77.4% 5 Carver, Mark 40 A108 428.28 85.1% 9 Conread, Robert 4 A108 41 A23 42.98 90.5% 0 Allen, Mac 40 A109 A109 A109 A109 A109 A109 A109 A10	2 Poulos, Ted	44 A128	4:56.72	76.8%	6 Haag, Jered	35 UNA	18:27.81	69.8%	4 Wilcox, Joe	63 UNA	47:07.95	71.3%	2 Wilson, Thaddeus	55 UNA	16.13Q 88.1	1%
3 Shields, Charles 47 A123 418.89 90.5% A loarman, Steven 64 Nearman, Steven 64 Nearman, Steven 65 A28 93.6% A loarman, Steven 6	M45 1 *O'Driscoll, Conor	45 UNA	4:15.50	90.1%	8 Self, Howard Chip	38 UNA	20:12.46	65.0%	2 Burgasser, Joseph	67 UNA	40:46.48	85.5%	4 Binion, Ozzie	58 A14	17.90Q 82.5	5%
4 Nearman, Steven 46 UNA 420.26 8 99.2% 5 Addins., Jeffrey 5 Addins., Jeffrey 6 A23 427.88 85.9% 6 Meyer, David 4 UNA 170.46 078.7% 6 Keleher, Todd 48 UNA 428.00 88.2% 7 Pineo, Stuart 4 SunA 428.00 88.2% 6 Hamby, Todd 4 UNA 172.97 77.4% 8 Carver, Mark 45 Long, Christopher 6 Coullman, Christopher 45 A157 43.84 44.85 81.1% 9 Spada, Stephen 40 A199 17.25 27.4% 4 Nayes, Jesse 49 A159 43.68 27.88 27.8% 6 Kellary, Steven 47 A23 441.83 81.1% 6 Koullman, Jeffrey 8 A199 A199 45.8% 8 Coullman, Jeffrey 8 A199 A199 45.8% 8 A13 44.09 81.5% 6 Koullman, Jeffrey 8 A199 A199 A199 A199 A199 A199 A199 A1									3 Keating, Charles 4 Cordero, Joe							
6 Keleher, Todd	4 Nearman, Steven	46 UNA	4:20.26	89.2%	3 *Karasev, Sergey	41 A139	16:54.17	79.5%	5 Martin, Jeffrey	65 A20	49:19.10	69.4%	7 Doerter, Steve			
7 Pineo, Stuart 45 UNA 431.38 84.8% 6 Carver, Mark 46 A106 432 28 28.1% 79 Coorard, Robert 46 A21 435.22 84.4% 9 Footalos, Fed 4 A128 17:27.92 78.7% 9 Corradt, Robert 46 A21 435.22 84.4% 9 Footalos, Fed 4 A141 17:33.69 76.5% 10 Allen, Mac 49 A139 43.68 38.2% 9 Spada, Stephen 10 UNA 17:33.69 76.2% 10 Cooper, Stephen 45 A157 43.8.47 82.6% 10 Gunderson, Christop 40 A139 17:42.97 78.3% 10 Gunderson, Christop 40 A139 18:40 63.3% 10 Gunderson, Christop 40 A148 18:24 18:40 63.3% 10 Gunderson, Christop 40 A139 18:40 63.3% 10 Gunderson, Christop 40 A148 18:24 18:40 63.3% 10 Gunderson, Christop 40 A148 18:40 63.3% 10 G	6 Keleher, Todd	48 UNA	4:28.00	88.2%	5 Clabuesch, Jim	41 A26	17:13.01	78.1%	2 Davis, Jim	70 A115	49:15.76	73.0%	1 Wilson, Thaddeus			
9 Corradt, Robert de Al 21 435.22 84.4% of Allen, Mac de Al 21 435.22 84.4% of Allen, Mac de Al 21 435.22 84.4% of Allen, Mac de Al 21 435.24 84.4% of Allen, A												71.7%				
1 Cooper, Stephen 2 DeSanis, Bobby 46 UNA 438.e2 83.3% 2 DeSanis, Bobby 46 UNA 438.e2 83.5% 2 DeSanis, Bobby 46 UNA 438.e2 83.5% 2 DeSanis, Bobby 46 UNA 438.e2 83.5% 2 DeSanis, Bobby 46 UNA 438.e2 83.6% 2 DeSanis, Bobby 46 UNA 438.e2 83.e2 84.8% 2 DeSanis, Bobby 46 UNA 448.e3 85.e2 86.e2 86.	9 Conradt, Robert	46 A21	4:35.22	84.4%	8 *Fullarton, Jim	41 A14	17:33.69	76.5%	M75 1 Quinn, Martin	75 A54 1	1:03:32.80	60.8%	4 Crandall, Pat	55 UNA	17.70 80.2	2%
2 DeSantis, Bobby 46 UNA 438 88 28 83.3% 4 Mayes, Jesse 49 A46 4:0.33 85.3% 4 Mayes, Jesse 49 A46 4:0.33 85.1% 5 Ellison, Edward 6 Kollars, Steven 47 A23 4:41.83 83.1% 2 McCormack, Sean 6 Cullinane, Jeffrey 47 A88 4:41.83 83.1% 9 Rudiger, Dale 9 UNA 4:47.83 9.9% 1 Cooper, Keith 2 Heidbreder, Peter 3 Drumright, Elliott 47 A157 4:58.72 78.4% 2 Heidbreder, Peter 3 Drumright, Elliott 49 UNA 5:02.42 78.9% 1 Scheer, James 7 Braschwitz, Eric 47 A116 5:03.97 77.1% 2 Scheer, James 6 Scheer, James 7 Braschwitz, Eric 47 Braschwitz, Eric 49 UNA 4:24.92 93.5% 5 EdBlanc, Gregory 5 UNA 4:24.92 93.5% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 12:50.07 79.0% 1 Names 4 Nobinson, James 5 LeBlanc, Gregory 5 I UNA 18:50.82 1 Names 4 Nobinson, James 5 LeBlanc, Gregory 5 I UNA 18:50.83 83.7% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 LeBlanc, Gregory 5 I UNA 4:28.89 0.9% 6 Robinson, James 5 Robinson, James 6 Robinson, James 5 Robinson, James 6 Robinson, Ja									2 George, George	75 A54	1:05:49.41	58.7%				
4 Mayes, Jesse 49 446 4.0.33 85.1% 5 Elision, Edward 45 A13 4.0.89 85.1% 6 Kollars, Steven 45 A13 4.0.89 81.9% 6 Kollars, Steven 47 A23 4.41.83 83.1% 47 A88 4.41.83 83.1% 41.	2 DeSantis, Bobby	46 UNA	4:38.82	83.3%	1 Brown, Preppy	44 UNA	17:55.47	76.7%		22 LINIA	7.47.07	01.40/	The state of the second second		The House	
5 Ellison, Edward 45 A13 4:40.89 81.9% 6 Kollars, Steven 47 A23 4:41.83 83.1% 6 Kollars, Steven 47 A23 4:41.83 83.1% 6 Cullinane, Jeffrey 47 A88 4:41.83 83.1% 8 Mt.Laughlin, Terence 49 UNA 8 Mt.Laughlin, Terence 49 UNA 4:47.83 79.9% 9 Rudiger, Dale 49 UNA 4:47.83 79.9% 0 Cleary, Mark 47 A149 4:50.88 80.6% 1 Cooper, Keith 47 A157 4:58.72 78.4% 1 Cooper, Keith 47 A157 4:58.	4 Mayes, Jesse	49 A46	4:40.33	85.1%	3 Pillin, Phillip	44 A163	21:44.00	63.3%	2 Jefferson, Lauren					60 A45	16.81 85.	1%
6 Cullinane, Jeffrey 47 A88 411 83 83.1% 8 McLaughlin, Terence 45 UNA 418.1 83.1% 4418.3 83.1% 4418.3 83.1% 4418.3 83.1% 4418.3 83.1% 5 Murphy, Timothy 46 A159 18:13.00 76.7% 5 Guardy, Mark 47 A149 450.88 80.6% 1 Cooper, Keith 47 A157 458.72 78.4% 1 Cooper, Keith 47 A157 50.95 77.2% 1 Cooper, Keith 47 A157 458.72 78.4% 1 Cooper, Keith 47 A157 50.95 77.2% 1 Cooper, Keith 47 A158 50.95																
9 Rudiger, Dale 49 UNA 449.26 82.5% of Cleary, Mark 1 Cooper, Keith 1 Cooper, Keith 2 Cooper, Keith 2 Cooper, Keith 2 Cooper, Keith 3 Cooper, Keith 4 Cooper,	6 Cullinane, Jeffrey	47 A88	4:41.83	83.1%	3 Conradt, Robert	46 A21	17:32.49	79.6%	2 Render, Lisa Marie	41 A181	9:47.22	69.7%	4 Milove, Michael	61 UNA	18.07 80.4	4%
O Cleary, Mark 1 Cooper, Keith 47 A159 1 Cooper, Keith 47 A157 4 58.72 7 84.96 2 Heidbreder, Peter 3 Drumright, Elliott 48 UNA 5 50.95 7 77.26 3 Drumright, Elliott 49 UNA 5 50.24 7 88.96 6 Kaplan, Pete 8 Cleary, Mark 47 A149 8 Cleary, Mark 8 Cleary, Mark 8 Cleary, Mark 9 A149 8 Cleary, Mark 9 McLaughlin, Terence 10 MacKay, Roderick 1 Dill, James 4 DuNA 6 A28 5 C24.74 7 1.56 6 Scheer, James 7 Braschwitz, Eric 49 UNA 5 47.75 6 Scheer, James 7 Braschwitz, Eric 49 UNA 6 40.57 5 9.6% 45 UNA 7 Ward, William 8 Cleary, Mark 9 UNA 8 Cleary, Mark 1 Tisses 8 UNA 9 UNA 8 Cleary, Mark		49 UNA			5 Murphy, Timothy	46 A159		76.7%	W45 1 Long, Christine							
2 Heidbreder, Peter 46 UNA 5:00.95 77.2% 3 Drumright, Elliott 49 UNA 5:02.42 78.9% 4 Walls, Vincent 47 A116 5:03.97 77.1% 9 McLaughlin, Terence 45 UNA 18:57.54 75.4% 5 Sigmon, Alan 46 A28 5:24.74 71.5% 6 Scheer, James 49 UNA 18:57.54 75.4% 10 Jil, James 49 UNA 18:57.56 71.6% 10 Jil, James 49 UNA 18:57.54 75.4% 10 Jil, James 49 UNA 18:57.56 71.6% 10 Jil, James 49 UNA 18:57.56 75.2% 10 Jil, James 49 UNA 18:57.56 75.2% 10 Jil, James 49 UNA 18:57.54 75.4% 10 Jil, James 49 UNA 18:57.56 75.2% 10 Jil, James 49 UNA 18:57.54 75.4% 10 Jil, James 49 UNA 18:57.56 75.2% 10 Jil	0 Cleary, Mark	47 A149	4:50.88	80.6%	6 Kaplan, Pete	49 UNA	18:16.83	78.2%	2 Dunn, Odette	46 A23	10:35.94	66.9%	M65 1 Pawlik, Emil	67 UNA	16.50 96.	.7%
3 Drumright, Elilott 49 UNA 502-42 78.9% 4 Walls, Vincent 47 A116 503.97 77.1% 5 Sigmon, Alan 46 A28 5-24.74 71.5% 5 Sigmon, Alan 46 A28 5-24.74 71.5% 6 Scheer, James 7 Braschwitz, Eric 49 UNA 6-40.57 59.6% 49 UNA 19:57.76 71.6% 49 UNA 19:57.	2 Heidbreder, Peter	46 UNA	5:00.95	77.2%	8 Cleary, Mark	47 A149	18:26.44	76.3%	W50 1 Kunz, Karen	51 A23						
5 Sigmon, Alan									2 Diver, Mary	52 A111	10:01.16	74.0%				
5 Scheer, James 49 UNA 5.47.56 58.7% M50 1 LeBlanc, Gregory 5 1 UNA 17:44.01 82.0% M50 1 LeBlanc, Gregory 5 1 UNA 17:44.01 82.0% M50 1 LeBlanc, Gregory 5 1 UNA 17:45.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S 1 Campus, Gregory 5 1 UNA 17:59.86 80.8% S	5 Sigmon, Alan	46 A28	5:24.74	71.5%	1 Dill, James	49 UNA	19:57.76	71.6%	2 Gibson, Mary	60 UNA	12:25.74	66.3%				
M50 1 *Ortiz, Jorge 52 UNA 422.09 93.5% J Houar, Michael 50 A23 18.15.06 79.0% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:53.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:53.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:53.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:53.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:53.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:53.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:53.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:53.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:35.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:35.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:35.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:35.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:35.18 78.2% J Angus, William 63 UNA 9:04.86 76.6% J House, Miller, Larry 53 A26 18:35.3% J House, Miller, Larry 53 A26 18:35.4% J House, Miller, Larry 53 A26 18:35.3% J House, Miller, Larry 53 A26 1	7 Braschwitz, Eric	49 UNA	6:40.57	59.6%	2 Chantry, Stephen	51 A41	17:59.86	80.8%			7:37.20 8:22.34	85.3% 79.4%				
3 Chantry, Stephen 51 A41 428.80 90.4% 5 Batteiger, Byron 53 A162 19:20.86 76.3% 6 Robinson, James 52 A60 430.19 90.7% 6 Camp. Garry 51 A23 19:33.55 74.3% 65 1 Christensen, Vern 65 UNA 8:36.47 84.3% 3 Hill, Richard 40 UNA 16:93 79.7% 6 Albo, David 50 A137 440.93 85.7% 8 Nelson, Robert 54 UNA 20:21.74 73.2% 3 Daly, Denis 67 UNA 9:17.97 81.3% 5 Cman, Dave 44 A28 18:78 74.3%				93.5%	3 Houar, Michael	50 A23	18:15.06	79.0%	3 Angus, William	63 UNA	9:04.86	76.6%	3 Jett, Rod	39 A23	19.11 70.	.0%
4 Hobinson, James 52 A60 4:30.19 90.7% 6 Camp, Gary 51 A23 19:33.55 74.3% M65 1 Christensen, Vern 65 UNA 8:36.47 84.3% 3 Hill, Richard 40 UNA 16.93 79.7% 6 Albo, David 50 A137 4:40.93 85.7% 8 Nelson, Robert 54 UNA 20:21.74 73.2% 3 Daly, Denis 67 UNA 9:17.97 81.3% 5 Cman, Dave 44 A28 18:78 74.3%	3 Chantry, Stephen	51 A41	4:28.80	90.4%	5 Batteiger, Byron	53 A162	19:20.86	76.3%	5 Maillet, Arthur	64 A100	12:21.33	57.5%				
6 Albo, David 5 O A137 440.93 85.7% 8 Nelson, Robert 54 UNA 20.21.74 73.2% 3 Daly Denis 67 UNA 9.17.97 81.3% 5 Cman, Dave 44 A28 18.78 74.3%	5 LeBlanc, Gregory	51 UNA	4:35.22	88.3%	7 McKee, Ernie					65 UNA	8:36.47	84.3%	3 Hill, Richard	40 UNA	16.93 79.	.7%
	6 Albo, David	50 A137	4:40.93	85.7%	8 Nelson, Robert	54 UNA	20:21.74	73.2%	3 Daly, Denis	67 UNA	9:17.97	81.3%	5 Oman, Dave	44 A28	18.78 74.	.3%
						-, -, -, -, -, -, -, -, -, -, -, -, -, -			, acrier, booby	JO UNA	9.34.73	11.3%	o wardiaw, Kevin	42 UNA	18.96 72	.4%

September 2006

M45 1 "Smith, Karl
2 McCloud, Dexter
3 Ellis, Ken
4 Schwieterman, Josep
5 Brower, Jeff
6 McMahon, Timothy
7 Eaton, Kenneth
8 Lycan, Kelly
9 McDaniels, Robert
0 Davison, Jeffery
Final
1 "Smith, Karl
2 Brower, Jeff
3 Lycan, Kelly
4 Schwieterman, Josep

Long Hurdles 30" W50 1 Thompson, Irene 2 "Sweazey, Nanci W55 1 Trott, Rhona 2 Trotto, Mary Long Hurdles 27" W70 1 Jordan, Barbara

Long Hurdles 30"
M60 1 Mount, Lester
2 Galazin, John
3 Graff, Warren
4 Baker, Robert
5 Burns, Michael
6 Milove, Michael
7 Norton, Robert
M65 1 Pawlik, Emil
2 DeStefano, Michael
3 Kirkpatrick, Ronald
4 Coats, Grover
5 Mills, Bruce

Long Hurdles 27" M70 1 Clark, William 2 Leggitt, James 3 Butterfield, Thomas M75 1 Stookey, James

Long Hurdles 30* W35 1 Lowe, Terri W40 1 Wiemer, Susan 2 Zakerski, Debbie 3 Ware, Caren 4 Marks, Cynthia W45 1 Shook, Kathleen

Long Hurdles 36"
M30 1 Santi, Marcus
2 Cousar, Samuel
3 Bullard, Leon
M35 1 Drummond, Don
2 Grant, Chris
3 Dittmar, Brad
4 Birade, Laurent
5 Watson, Johnny
M40 1 Echeandia, Getu
2" Lindsay, Howard
3 Smith, James
M45 1 Gatling, Damell
2 Brower, Jeff
3 Dyer, John
4 Jones, Michael
5 Santora, Frank
6 Davison, Jeffery
7 Sterling, Gail

MS0 1 Bujalski, Philip 2 Jacquet-Acea, Russe 3 Cummings, Steven 4 Easley, Ricky 5 Galloway, Lamar 6 Swindlehurst, Gregg 7 Boehr, Douglas MS5 1 Wilson, Thaddeus 2 Druckrey, Stanley 3 Pontius, Bill 4 Green, Bob 5 Binion, Ozzie

4x100 Relay
W30 1 Ad Hoc C (Greer/Dat
Lawrence)
2 Carolinas T&F Club
Walker/Brothers)
3 Brooks Fleet Feet Ri
Kidwell/Marty/Karras
W40 1 Brooks Fleet Feet Ri
Zakerski/Shook/Kehx
2 Canada (del Grande
Johns-Rees/Melochx
3 Carolinas T&F Club
Richardson/Turkdam
4 Ad Hoc B (Mitchell/F
5 Florida AC (Davidsoo
Lowther/Rancatore)
6 SoCal Track – Fleet
Janneck/Long)
W50 1 Atlanta TC (Lowery/I
MacDonald/Richards
2 Brooks – Fleet Feet Kunz/Bowers/Barnel
M30 1 Ad Hoc I (Winslow/N
Sickerson/Dussett)
2 Team Ohio TC (Ove Gosa/Russell)
3 Synergy TC (Aurelle
Bynoe/Lindsay)
4 SoCal Track – Fleet
Watson/Hansen/Tun
5 Ad Hoc M (Archie/Is
McPherson)
M40 1 Ad Hoc F (Thigpen/I
Turnage)
2 Ad Hoc C (Chinn/Cr
Disalvo)
3 Canada (Brown/Fra

M45 1 *Smith, Karl 46 UNA 14.90Q 95.2%					
2 McCloud, Dexter 45 A154 15.89Q 88.6%	Jennett) 45.85 4 Memphis Hurdlers TC (Harris/Howard/	3 Raham, Sharon 60 UNA 4 Stricklin, Carol 62 UNA	1.05m 71.9% 1.00m 70.4%	8 Banhagel, Robert 60 U	
3 Ellis, Ken 48 A94 17.04Q 84.6% 4 Schwieterman, Josep 47 UNA 18.53Q 77.2%	W.Green/T.Green) 48.78	W65 1 Bergen, Kathy 66 A150	1.30m 97.7%	9 Ewing, Johnston 62 U 0 Angus, William 63 U	
5 Brower, Jeff 47 A181 17,15Q 83,4%	M50 1 Ad Hoc (Pizza/Jones/Searles/Peyton) 45.71 2 Houston Elite (Hastings/Allie/Riddle/	W70 1 Donley, Christel 71 UNA	1.13m 92.6%	1 Long, Lloyd 60 A	54 2.70m 65.0%
6 McMahon, Timothy 47 A146 18.62Q 76.8%	Collins) 46.99	2 Chou, Fei-Mei 71 A185 W75 1 Leek, Edythe 75 A23	0.95m 77.8% 0.75m 66.3%	2 Stempel, Dennis 62 U M65 1 Cannon, Terry 68 U	
7 Eaton, Kenneth 47 UNA 18.00q 79.5% 8 Lycan, Kelly 47 UNA 18.67q 76.6%	3 Ad Hoc B (Taft/Gillen/Blake/Schoffman) 50.14	M30 1 Hawksley, Matthew 31 UNA	1.75m 72.6%	2 Andresen, John 65 A	
9 McDaniels, Robert 49 UNA 19.79 73.4%	4 Ad Hoc J (McCoy/Hitchens/Spencer/ Stevens) 51.13	2 Pettes, Alfy 31 A149 3 Martin, William 31 UNA	1.70m 70.5% 1.60m 66.3%	3 Warr, Steven 65 U	NA 3.05m 80.2%
0 Davison, Jeffery 48 A149 21.24 67.8% Final	5 Brooks - Fleet Feet Racing (Washington/	M35 1 Bosma, Kevin 37 UNA	1.85m 81.1%	4 Isett, Don 67 A-5 Southerlan, Robert 68 U	
1 *Smith, Karl 46 UNA 14.41 98.4%	Jacobson/Condon/Evans) 52.62 6 Carolinas T&F Club (Bender/Fisher/	2 Gatt, Andrew 38 UNA	1.85m 81.8%	M70 1 Goode, Taylor 70 U	NA 3.00m 86.9%
2 Brower, Jeff 47 A181 16.92 84.5%	Jenkins/Tillery) 54.34	3 Ignacio, Albert 38 UNA 4 Kovacs, Istvan 39 UNA	1.80m 79.6% 1.75m 78.1%	2 Conklin, Deke 71 At 3 Jankovich, William 72 U	
3 Lycan, Kelly 47 UNA 18.17 78.7% 4 Schwieterman, Josep 47 UNA 18.38 77.8%	7 Ad Hoc K (Hahn/Black/Boehr/Mount) 56.84	5 Weston, Rod 37 UNA	1.65m 72.3%	4 Cesteros, Jose 73 U	
4 Schwieterman, Josep 47 UNA 18.38 77.8%	M60 1 Ad Hoc E (Pierce/Whitley/Graff/Morris) 50.40 2 Ad Hoc B (Paddie/Edens/Camp/Smith) 50.59	5 Barr, James 38 A128 6 Johnson, Eric 38 UNA	1.70m 75.2%	M75 1 Donley, Jerry 76 A	2.50m 82.5%
Long Hurdles 30"	3 Florida AC B (Hansen/Johnston/	M40 1 VanZandt, Thomas 44 A15	1.65m 73.0% 1.95m 91.5%	2 Daprano, William 79 A M80 1 *Egerton, Stanley 80 U	
W50 1 Thompson, Irene 52 A40 54.27 86.2% 2 *Sweazey, Nanci 51 UNA 1:01.44 74.8%	Norton/Kaladi 53.15	2 Willis, Joshua 41 UNA	1.90m 86.7%	2 Smith, Denver 80 U	
W55 1 Trott, Rhona 57 UNA 59.38 85.3%	4 Ad Hoc L (Cozens/Pawlik/Stewart/ Bennett) 62.83	3 Hawke, Karl 40 UNA 4 Coushay, Brian 42 A127	1.90m 85.5% 1.75m 80.6%	Long Jump	
2 Trotto, Mary 59 A19 1:25.63 61.0%	M70 1 Florida AC (Fine/George/Quinn/Smith) 88.50	5 Stockard, Guy 41 UNA	1.70m 77.6%	W30 1 Touya, Kimberly 30 A	9 4.57m 60.7%
Long Hurdles 27"	4x400 Relay	M45 1 McBarnette, Bruce 48 UNA	1.90m 93.1%	2 Dyson, Shanicka 30 At	4 4.41m 58.6%
W70 1 Jordan, Barbara 70 A66 1:11.49 78.4%	W30 1 Ad Hoc (Black/Williams/Daley/	2 Robinson, Theodore 47 UNA 3 Brower, Jeff 47 A181	1.75m 84.9% 1.70m 82.5%	3 Primus, Ilana 31 A2 4 Kidwell, Sheri 33 A2	
Long Hurdles 30°	Board) 4:27.37	4 Coats, Gregory 45 A116	1.70m 80.5%	W35 1 Barre, Laura 36 A9	
M60 1 Mount, Lester 60 A45 45.97 92.0%	2 Carolinas T&F Club (Brothers/ Plemmons/Walker/Primus) 4:49.97	5 Cooper, Keith 47 A157 6 Watson, Henry 47 UNA	1.60m 77.6% 1.60m 77.6%	2 Lawrence, Donna 38 UI	
2 Galazin, John 63 UNA 46.87 92.2%	W40 1 Athena Track (Jasper/Rath/Grene/	7 Whiteley, Glen 45 A149	1.55m 73.4%	3 *Kovacs, Judit 35 UI 4 Karras, Vaso 37 A2	
3 Graff, Warren 61 A93 48.16 88.4% 4 Baker, Robert 61 UNA 50.77 83.9%	Hunter) 4:19.03	M50 1 Barrineau, James 51 A128	1.75m 88.3%	W40 1 Richardson, Regina 41 A2	8 4.81m 71.3%
5 Burns, Michael 63 A130 51.49 83.9%	2 Brooks – Fleet Feet Racing C (Kehoe/ Woo/Shook/Zakerski) 4:32.84	2 Murray, William 52 A17 3 Bohan, John 51 UNA	1.70m 86.7% 1.55m 78.2%	2 Zakerski, Debbie 44 A2 3 Woo, Mary 44 A2	
6 Milove, Michael 61 UNA 54.21 78.6% 7 Norton, Robert 61 A54 55.03 77.4%	3 Florida AC (Rancatore/Davidson/	4 McNeill, George 52 A54	1.45m 73.9%	4 Swan, Pamela 43 UI	
7 Norton, Robert 61 A54 55.03 77.4% M65 1 Pawlik, Emil 67 UNA 50.31 92.2%	Lowther/Pinto-Rogers) 5:26.27 4 So Cal Track – Fleet Feet (Lee/Long	5 Washington, Hulan 54 A23 6 Watson, Richard 53 UNA	1.45m 75.9%	W45 1 Amarasekara, Veroni 45 A1	49 5.13m 80.1%
2 DeStefano, Michael 67 UNA 51.79 89.6%	/Janneck/Stiles) 5:48.57	7 Stone, Kenneth 52 A155	1.35m 69.5% 1.30m 66.3%	2 Upshaw-Margerum, Jo 45 Ul 3 Palmer, Liz 46 A2	
3 Kirkpatrick, Ronald 68 UNA 52.80 89.4% 4 Coats, Grover 67 A116 58.90 78.8%	M30 1 Southwest Sprinters TC (Jones/	M55 1 Rader, Charlie 58 A73	1.60m 87.4%	4 Petkus, Joanne 47 UI	
4 Coats, Grover 67 A116 58.90 78.8% 5 Mills, Bruce 67 A98 1:01.07 76.0%	Drummond/Echeandia/Grant) 3:24.09 2 Fibo TC (Sickerson/Murdock/	2 Crandall, Pat 55 UNA	1.50m 79.3%	5 St James, Valerie 49 A2	3 3.29m 54.2%
	VanCleeve/Yorges) 3:29.62	3 Jordan, Henry 59 UNA 3 Rockwell, Robert 56 A28	1.45m 80.1% 1.45m 77.5%	6 McBride, Joann 48 A5 7 Long, Christine 47 A1	
Long Hurdles 27" M70 1 Clark, William 72 UNA 55.77 88.1%	3 Ad Hoc D (Lindsay/Aurelien/	5 Jacobson, Vance 58 A23	1.40m 76.5%	8 Dunn, Odette 46 A2	3 2.29m 36.2%
2 Leggitt, James 71 UNA 56.54 85.0%	Bynoe/Gatling) 3:33.02 4 Carolinas T&F Club B (Reutter/	6 Black, Ivan 57 UNA 8 Dye, Johnnie 57 UNA	1.35m 72.9% 1.30m 70.2%	W50 1 Hanscom, Rita 52 UN	NA 4.49m 77.1%
3 Butterfield, Thomas 70 A71 1:01.74 76.1%	Reaves/Sarsony/Cousar) 3:44.24	9 DeJesus, Michael 59 UNA	1.25m 69.0%	2 Lowery, Linda 54 A1 3 Lowther, Jocelyn 52 A5	
M75 1 Stookey, James 76 A128 55.34 96.5%	5 Team Ohio TC (Overby/Deas/	9 Walker, Michael 56 UNA	1.30m 69.5%	4 Bowers, Tina 50 A2	3 3.49m 58.2%
Long Hurdles 30"	Gosa/Russell) 3:47.74 M40 1 Ad Hoc E (DeSantis/Seach/	3 Jensen, Reinhard 57 UNA X M60 1 Montieth, David 60 UNA	1.45m 78.3%	5 Hulse, Marcia 51 UN	VA 2.93m 49.6%
W35 1 Lowe, Terri 36 A23 3:04.08 28.7%	DiMassa/Jennett) 3:49.35	2 Clifford, John 63 UNA	1.55m 87.0% 1.50m 87.2%	6 Brachna, Elizabeth 50 UN W55 1 Raschker, Phil 59 A1	
W40 1 Wiemer, Susan 40 UNA 1:12.31 77.9% 2 Zakerski, Debbie 44 A23 1:17.19 77.4%	2 So Cal Track - Fleet Feet (Nogueras/	2 Rheams, Larry 64 UNA	1.50m 88.2%	2 *von Maltzahn, Hill 57 UM	NA 3.97m 73.5%
3 Ware, Caren 44 A149 1:22.53 72.4%	Whiteley/Parker/Ward) 3:51.65 3 Ad Hoc (Gardner/Galloway/	4 Johnston, Joe 62 A54	1.40m 80.4%	3 Clark, Cassandra 58 UN	
4 Marks, Cynthia 41 A23 1:37.13 58.9%	Brower/Shufelt) 3:57.62	5 Baker, Robert 61 UNA 6 Klehm, Richard 62 UNA	1.40m 79.5% 1.40m 80.4%	4 Trotto, Mary 59 A1 W60 1 Jager, Kathy 63 Ut	9 2.35m 44.8% NA 3.70m 75.5%
W45 1 Shook, Kathleen 45 A23 1:09.38 87.4%	M50 1 Houston Elite (Collins/Haywood/	7 Frable, Norman 60 UNA	1.40m 78.6%	2 Vander Cruyssen, Do 60 A7	
Long Hurdles 36"	Grant/Allie) 3:49.02 2 Ad Hoc C (Taft/Gillen/Blake/	8 Ewing, Johnston 62 UNA 9 Cooper, Tony 60 UNA	1.35m 77.5% 1.30m 73.0%	3 Stricklin, Carol 62 UI	
M30 1 Santi, Marcus 34 UNA 57.31 83.7%	Schoffman) 3:58.33	0 Chapman, Mark 63 UNA	1.25m 72.6%	4 Raham, Sharon 60 UI W65 1 VanEeuwen, Jane 65 At	
2 Cousar, Samuel 30 A28 1:00.87 76.8% 3 Bullard, Leon 32 A28 1:03.01 74.5%	3 Carolinas T&F Club (Fisher/Bender/	0 Long, Lloyd 60 A54	1.25m 70.2%	W70 1 Lary, Audrey 72 A1	28 3.37m 81.2%
3 Bullard, Leon 32 A28 1:03.01 74.5% M35 1 Drummond, Don 37 A154 53.63 92.3%	Tillery/Waltermann) 4:15.67 4 Ad Hoc G (Hitchens/Spencer/	2 Harbulak, John 60 UNA M65 1 Pawlik, Emil 67 UNA	1.20m 67.4% 1.50m 92.0%	2 Chou, Fei-Mei 71 A1 W75 1 Krug, Gloria 75 A1	
2 Grant, Chris . 37 A154 53.96 91.7%	Binion/Mitchell) 4:18.49	2 Burns, John 65 UNA	1.45m 86.3%	2 Leek, Edythe 75 A	
3 Dittmar, Brad 36 UNA 56.09 87.3% 4 Birade, Laurent 39 UNA 58.13 86.9%	M60 1 Ad Hoc F (Stewart/Cozens/Liles/Rizzo) 4:20.61 2 Ad Hoc H (Daw/McDonald/Lada/Harris) 4:56.92	3 Paddie, James 67 UNA 4 Bergen, Bert 68 A73	1.40m 85.8% 1.35m 83.8%	M30 1 Robinson, Oscar 31 A	
5 Watson, Johnny 39 A149 1:02.91 80.3%	3 Florida AC B (Bonck/Johnston/Long/	5 Isett, Don 67 A45	1.30m 79.7%	3 Mathews, Carlos 33 U	NA 6.06m 69.7%
M40 1 Echeandia, Getulio 42 A154 54.34 95.8% 2 *Lindsay, Howard 42 A158 57.28 90.9%	Norton) 5:08.14 4 Ad Hoc B (Cordero/Lawson/	6 Lancaster, Walt 66 UNA 7 Southerlan, Robert 68 UNA	1.30m 78.3% 1.25m 77.6%	4 Simms, Randalpho 30 A 4 Hawksley, Matthew 31 U	28 6.05m 67.6% NA 6.05m 68.2%
3 Smith, James 40 A8 1:00.71 84.1% M45 1 Gatling, Darnell 46 UNA 59.15 91.5%	LeVasseur/Daly) 5:29.57 M70 1 Florida AC (Fine/George/Quinn/Smith) 7:04.13	8 Mills, Bruce 67 A98 M70 1 Langenfeld, Tom 71 UNA	1.25m 76.6%	6 Murdock, Daniel 32 A	52 5.57m 63.4%
M45 1 Gatling, Darnell 46 UNA 59.15 91.5% 2 Brower, Jeff 47 A181 1:00.22 90.7%	M70 1 Florida AC (Fine/George/Quinn/Smith) 7:04.13	M70 1 Langenfeld, Tom 71 UNA 2 Ware, James 71 UNA	1.45m 93.5% 1.35m 87.1%	M35 1 Wise, John 39 U 2 Weston, Rod 37 U	
3 Dyer, John 48 UNA 1:02.14 88.8%	4x800 Relay	3 Blair, Glenn 71 UNA	1.30m 83.8%	3 Watson, Johnny 39 At	49 5.70m 69.9%
4 Jones, Michael 46 UNA 1:06.12 81.9% 5 Santora, Frank 45 UNA 1:12.75 73.7%	W40 1 Athena Track (Tubbs/Grene/Hayden/ Jasper) 10:01.84	4 Yoder, Glenn 72 UNA 5 French, Ernest 71 UNA	1.20m 78.4% 1.15m 74.1%	4 Jackson, Corwin 35 UI 5 Barr, James 38 A1	
6 Davison, Jeffery 48 A149 1:16.92 71.7%	2 Ad Hoc B (Nesbit-Mabe/Bennett/	M75 1 Stookey, James 76 A128	1.25m 86.8%	6 Sarsony, Chris 39 A2	
7 Sterling, Gail 46 A55 1:25.75 63.1%	O'Grady/Monroe-Porco) 11:02.65	2 Husic, Robert 75 A72	1.10m 75.3%	M40 1 Coushay, Brian 42 A1	
Long Hurdles 33"	3 Florida AC (Davidson/Rancatore/ Pinto-Rogers/Lowther) 12:26.03	M80 1 Smith, Denver 80 UNA 2 Voege, Robert 80 A54	1.15m 85.1% 0.90m 66.6%	2 Willis, Joshua 41 UN 3 Sims, Alan 42 A7	
M50 1 Bujalski, Philip 50 A146 1:02.07 93.6%	*W50 1 Ad Hoc (Groesz/Kunz/Martin/	M85 1 Maxwell, Ralph 86 UNA	1.05m 86.0%	4 Labay, Michael 42 A1	F4 F 70- 70 CO
2 Jacquet-Acea, Russe 53 UNA 1:03.45 92.2%	Steinbach) 10:27.04	M90 1 McPhie, Leland 92 UNA	1.05m 101.9%	5 Hill, Reggie 42 UN	
3 Cummings, Steven 50 UNA 1:04.75 89.7% 4 Easley, Ricky 52 A149 1:08.74 84.9%	M30 1 Fibo TC (VanCleeve/Dittmar/ Yorges/Newton) 8:22.95	Pole Vault	the state of the s	6 Shute, Dr. Marcus 43 A1 7 Price, Willie 44 UN	
5 Galloway, Lamar 52 A181 1:10.18 83.1%	2 Pine Creek Valley RC (Lanier/Lanier/	W40 1 Rieger, Karen 42 UNA	2.95m 70.2%	8 Holland, Tony 42 UN	A 4.85m 61.6%
6 Swindlehurst, Gregg 51 A28 1:11.87 81.0%	Najarian/Thomasson) 8:23.30	2 Zakerski, Debbie 44 A23 W45 1 Babits, Brenda 46 A180	1.30m 32.0% 2.20m 56.1%	M45 1 Bailey, Anthony 46 UN 2 Turner, Gregory 48 A1	
7 Boehr, Douglas 53 UNA 1:16.83 76.1% M55 1 Wilson, Thaddeus 55 UNA 1:05.41 89.8%	3 Brooks - Fleet Feet Racing (Gottardi/ Adkins/Busch/Snaer) 8:40.36	W50 1 Glynn, Kay 53 UNA	2.50m 72.8%	3 Houba, Peter 47 UN	IA 5.62m 75.8%
2 Druckrey, Stanley 57 A190 1:07.06 89.1%	4 Carolinas T&F Club B (Cousar/	2 Hanscom, Rita 52 UNA	2.40m 68.5%	4 Clark, Robert 49 UN	IA 5.53m 76.5%
3 Pontius, Bill 56 UNA 1:09.06 85.3% 4 Green, Bob 57 UNA 1:09.46 86.0%	Sigmon/Sarsony/Tillery) 10:07.42 M40 1 Phila Athletic Charities (Shields/	W55 1 *von Maltzahn, Hill 57 UNA 2 Raschker, Phil 59 A114	2.80m 88.6% 2.10m 69.5%	5 Battle, Marcus 47 A1 6 Poor, Daniel 47 A8	
5 Binion, Ozzie 58 A14 1:10.50 85.9%	Forde/Patton/Landis) 8:30.42	3 Trotto, Mary 59 A19	1.20m 39.7%	7 Coats, Gregory 45 A1	16 5.16m 67.9%
The second secon	2 So Cal Track - Fleet Feet (Salazar/	W60 1 O'Connor, Nadine 64 UNA	3.00m 112.3%	8 Ellis, Ken 48 A9	
4x100 Relay W30 1 Ad Hoc C (Greer/Davis/Rosborough/	Pope/Parker/Cleary) 8:55.38 3 Twin City TC (Fager/Andresen/	3 Vander Cruyssen, Do 60 A74	2.20m 80.2% 2.10m 71.1%	0 Cooper, Keith 47 A1	57 4.89m 65.9%
Lawrence) 50.44	Shirley/Gibbs) 9:27.23	W65 1 MacDonald, Joy 65 A14	2.40m 92.3%	1 Travers, Michael 48 A9	3 4.80m 65.5%
2 Carolinas T&F Club (Primus/Rawlinson/ Walker/Brothers) 55.31	4 Brooks – Fleet Feet Racing C (Qualls/ Condon/Houar/Kollars) 10:09.77	M35 1 Holton, Daniel 37 A149 2 Brooks, Peter 37 UNA	4.55m 78.8% 4.10m 71.0%	2 McDaniels, Robert 49 UN 3 Davison, Jeffery 48 A1	
3 Brooks Fleet Feet Racing C (Marks/	5 Ad Hoc D (Gardner/DiSantis/	3 Kowalski, Matt 37 A172	3.95m 68.4%	4 Sterling, Gail 46 A5	5 4.23m 56.4%
Kidwell/Marty/Karras) 60.18	Yunck/Brower) 10:23.92	3 Henry, Barry 36 A110	3.95m 67.6%	M50 1 Quick, David 50 A1	49 5.56m 77.9%
W40 1 Brooks Fleet Feet Racing (Palmer/ Zakerski/Shook/Kehoe) 54.51	6 Ad Hoc C (Norman/Fallen/ Bailey/Black) 11:32.81	5 McNaull, Stewart 35 UNA 6 Erbst, Todd 36 A151	3.95m 66.8% 3.55m 60.7%	2 Murray, William 52 A1 3 Fisher, Wayne 51 A2	
2 Canada (del Grande/Barrett/	M50 1 Carolinas T&F Club (Casey/	M40 1 Roth, Curt 44 A23	4.10m 77.6%	4 Lariza, Mike 50 A1	27 5.12m 71.8%
Johns-Rees/Meloche) 54.73	Grossman/Fields/Jackson) 9:31.75	2 Haire, Jeffrey 44 UNA	3.50m 66.2%	5 McNeill, George 52 A5	4 4.78m 68.7%
3 Carolinas T&F Club B (Kazebee/ Richardson/Turkdamar/Creep) 54.89	2 Carolina Godiva TC (Smith/Miller/ Rich/Astrachan) 10:12.46	3 Oman, Dave 44 A28 M45 1 Babits, Paul 45 UNA	3.35m 63.4% 4.70m 90.2%	6 McPherson, Norman 50 Ut M55 1 Terrell, Bobby 55 Ut	
4 Ad Hoc B (Mitchell/Fortuna/Jager/Board) 59.76	M60 1 Carolina Godiva TC B (Daw/	2 McFarling, Bradford 47 A169	4.10m 80.8%	2 Wilson, Thaddeus 55 UN	IA 5.19m 77.8%
5 Florida AC (Davidson/Pinto-Rogers/	McDonald/Hamlyn/Harris) 11:28.05	3 Brady, Thad 45 A147	3.95m 75.8%	3 Rockwell, Robert 56 A2	8 4.83m 73.4%
Lowther/Rancatore) 68.17 6 SoCal Track - Fleet Feet (Lee/Stiles/	2 Ad Hoc (LeVasseur/Daly/Borla/ Cordero) 12:14.42	3 Gabbert, Douglas 48 UNA 5 Russ, Jim 49 UNA	3.95m 79.0% 3.80m 77.0%	4 Manor, James 58 UN 5 Crockett, Roger 58 A1	
Janneck/Long) 69.85	M70 1 Florida AC (Fine/George/Quinn/Smith) 16:10.99	6 Wilson, Tom 48 A7	3.35m 67.0%	6 Jacobson, Vance 58 A2	3 4.42m 69.1%
W50 1 Atlanta TC (Lowery/Daprano/		M50 1 Hunter, Gary 50 UNA	4.60m 94.6%	7 *Jermacans, Viddy 57 UN	IA 4.32m 66.5%
MacDonald/Richards) 66.76 2 Brooks – Fleet Feet Racing B (Leek/	High Jump W35 1 *Nakatake, Kimiko 35 UNA 1.55m 77.1%	2 Murray, William 52 A17 3 Sparks, Doug 53 A172	3.65m 77.3% 3.50m 75.2%	8 Martin, Terry 59 UN 9 Anderson, Larry 55 A5	
Kunz/Bowers/Barnett) 76.12	2 Lowe, Terri 36 A23 0.75m 37.6%	4 Rhyne, Tim 51 A28	3.50m 73.0%	M60 1 Kaladi, Ted 62 A5	4 4.94m 82.0%
M30 1 Ad Hoc I (Winslow/Murdock/	W40 1 Porter, Patricia 43 UNA 1.60m 87.4%	5 Watry, Jeffrey 51 A98	3.35m 69.9%	2 Cawley, James 63 A1	81 4.70m 79.2%
Sickerson/Dussett) 42.66 2 Team Ohio TC (Overby/Deas/	2 Richardson, Regina 41 A28 1.35m 71.8% 3 Zakerski, Debbie 44 A23 1.10m 60.7%	6 Smith, Gerrod 51 UNA	3.35m 69.9% 3.20m 65.8%	3 Clifford, John 63 UN 4 Kozusko, Ray 64 UN	
Gosa/Russell) 44.53	4 Marks, Cynthia 41 A23 1.00m 53.1%	8 Jacquet-Acea, Russe 53 UNA	3.05m 65.5%	5 Baker, Robert 61 UN	IA 4.39m 71.7%
- 3 Synergy TC (Aurelien/Pittman/	W45 1 Mendenhall, Martha 47 UNA 1.50m 85.7%	9 O'Donnell, Timothy 51 UNA	3.05m 63.6%	6 Milove, Michael 61 UN	IA 4.29m 70.1%
Bynoe/Lindsay) 44.84 4 SoCal Track - Fleet Feet (Robinson/	2 Shook, Kathleen 45 A23 1.25m 69.8% 3 Palmer, Liz 46 A23 1.20m 67.8%	M55 1 Struble, Vincent 56 UNA 2 Dye, Johnnie 57 UNA	3.82m 86.0% 3.50m 80.2%	7 Galazin, John 63 UN 8 Meckley, Walter 60 UN	
Watson/Hansen/Turner) 45.32	4 McBride, Joann 48 A50 1.15m 66.8%	3 Jordan, Henry 59 UNA	3.50m 82.9%	9 Booth, Howard 62 UN	A 4.01m 66.6%
5 Ad Hoc G (Kountze/Norman/Peebles/	W50 1 Glynn, Kay 53 UNA 1.35m 83.8%	4 Taylor, Ken 55 UNA	3.35m 74.2%	0 Harbulak, John 60 UM	
Will) 50.39 6 Ad Hoc M (Archie/Isley/Carter/	2 Gipson, Eleanor 54 UNA 1.35m 84.9% 3 Hanscom, Rita 52 UNA 1.30m 79.2%	5 Kochert, Dick 57 UNA M60 1 Altendorf, John 60 A115	3.35m 76.8% 3.80m 91.5%	M65 1 Pawlik, Emil 67 UN 2 Denson, Charles 66 UN	
McPherson) 51.00	4 Brachna, Elizabeth 50 UNA 1.05m 62.5%	2 Kilpelainen, Matti 60 A104	3.60m 86.7%	3 Coats, Grover 67 A1	16 4.27m 76.8%
M40 1 Ad Hoc F (Thigpen/Fields/Berry/	W55 1 Raschker, Phil 59 A114 1,30m 87.8%	2 Johnston, Joe 62 A54	3.60m 89.7%	4 Isett, Don 67 A4	5 4.04m 72.6%
Turnage) 43.16 2 Ad Hoc C (Chinn/Crulle/Butler/	2 'von Maltzahn, Hill 57 UNA 1.25m 81.7% 3 Clark, Cassandra 58 UNA 1.05m 70.0%	4 Baker, Robert 61 UNA 5 Klehm, Richard 62 UNA	3.20m 78.4% 3.00m 74.8%	5 Rinaldo, Richard 65 UN 6 Lancaster, Walt 66 UN	
Disalvo) 45.01	W60 1 Douglass, Linda 61 UNA 1.25m 86.8%	6 Polhamus, Charles 62 UNA	3.00m 74.8%	7 Nelson, Edward 66 A5	4 3.06m 54.0%
3 Canada (Brown/Francois/Starchuk/	2 Vander Cruyssen, Do 60 A74 1.13m .77.4%	7 Booth, Howard 62 UNA	3.00m 74.8%	M70 1 Richard, Charles 71 Ut	
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W75 1 Krug, Gloria 2 Holland, Bernice
2 Holland, Bernice
3 Leek, Edythe 4 Snaden, Lillian
W90 1 Jarvis, Betty
M30 1 Farren, Travis
2 Reutter, Jason
M35 1 Luciano, Robert 2 Barr, James
2 Barr, James
3 Manley, Barton 4 Curry, Mike
MAO 1 Hall Kenneth
2 Hannay, Scott 3 *Parkinson, Richard 4 Hill, Reggie
3 *Parkinson, Richard
4 Hill, Reggie
5 Williams, Kristophe 6 Gonzales, Jeffrey
8 Koolsbergen, Jonas 9 Hammock, Gary M45.1 Rodriguez, Zane
9 Hammock, Gary
M45 1 Rodriguez, Zane
2 Morris, Dennis 3 Draine, James
3 Draine, James
4 Janusey, Michael 5 Russ, Jim
5 Russ, Jim 6 Jahl, Michael
7 Roberts, Franklin
M50 1 Brown, Michael
2 Womack, Kent
3 Mushinski, Raymon 4 *Finkbeiner, Michae
4 *Finkbeiner, Michae
5 *Gudzowsky, Terry
6 Tallini, Denis 7 Watson, Richard 8 Tipping, Mike
8 Tipping Mike
O Honor Frank
0 Brachna, Dennis
M55 1 Kouvolo, Robert
2 Gagne, Buzz
3 Richardson, Dick
4 Chandler, Dennis 5 Rook, Ronald
6 Pearman Alvin
6 Pearman, Alvin 7 Castner, Jack
8 "Waltermann, Stefa M60 1 Menkin, Martin 2 Schneider, John 3 Rice, Robert
M60 1 Menkin, Martin
2 Schneider, John
3 Rice, Hobert
4 McGuffin, Paul 5 Harbulak, John
6 Chapman, Mark
7 MacDonald, Charle
M65 1 Stenlund, Gary
2 Burns, John
3 La Barge, Peter 4 Harasti, Thomas
4 Harasti, Thomas
5 Lang, John 6 Lancaster, Walt
7 Domahidy, Steve
8 Turner, James
9 Nelson, Edward
M70 1 Quist, Buster
2 Pashai, Ezzat 3 Youngs, Robert 4 Richard, Charles
4 Richard, Charles
5 Ward, Bob
6 Humphreys, Robert 7 Jankovich, William
7 Jankovich, William
8 French, Ernest
M75 1 Horine, Larry 2 Ezerins, Karlis
3 Gaynor Amie
3 Gaynor, Arnie 4 Pope, Bruce
5 Kiwitt, Sidney
6 Wojcik, Gerald
7 Daprano, William
8 *Kovacs SR, Istvan
M80 1 Smith, Denver 2 Mulkern, Richard
3 Snaden, John
4 Voege, Robert
4 Voege, Robert 5 Stein, Jacob
M85 1 Goldy, Champion
M90 1 McPhie, Leland M95 1 Lane, Trent
M95 1 Lane, Trent

September 2006

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	A2	2nd Wind Tr
	A4	Above The I
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	A7	Anti Gravity
	A8	Arizona Fla
	A9	Ashville Tra
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2	A13	Athletics Ea
3	A14	Atlanta Trac
4	A15	Beach Trac
5	A16	Bigfoot Trac
6	A17	Birmingham
7	A18	Bob Schul I
8	A19	Bohemia Tr
9	A20	Boulder Ro
20	A21	Bowerman
21	A22	Bozeman T
22	A23	Brooks - Fle
23	A24	Buckeye St
24	CANA	Canada
25	A25	Carolina All
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27	A27	Carolina Ra
28	A28	Carolinas T
29	A30	Central Oreg

page 26					National M	asters News			Section 1	Septe	ember 2006
2 Graves, Ray	72 UNA	3.46m 67.8%	2 Young, Carol	66 UNA	7.64m 64.8%	2 *Neuber, Marianne W70 1 Donley, Christel	65 UNA 71 UNA	20.94m 48.7% 19.13m 52.2%	3 LoPiccolo, Barbara 4 Green, Martha	59 A159 55 UNA	30.36m 58.8% 23.50m 41.9%
3 French, Ernest	71 UNA	2.84m 54.7%	W70 1 Donley, Christel	71 UNA	8.09m 77.9%	2 Crooks, Marcia	72 UNA	15.48m 43.5%	5 Trott, Rhona	57 UNA	18.42m 34.2%
M75 1 Stookey, James	76 A128	4.17m 88.1%	2 Roman, Mary	70 A93	7.66m 71.8%	3 Roman, Mary	70 A93	15.40m 40.8%	W60 1 Cutler, Georgia	63 A115	33.64m 71.3%
2 *Kovacs SR, Istvan	78 UNA	3.29m 72.3%	3 Cirulnick, Anna	71 UNA	6.87m 66.1%	4 Cirulnick, Anna	71 UNA	14.51m 39.6%	2 Raham, Sharon	60 UNA	27.51m 54.5%
M80 1 Larsen, Melvin	82 UNA	3.35m 80.9%	4 Crooks, Marcia	72 UNA	6.21m 61.4%	W75 1 Krug, Gloria	75 A124	16.16m 49.8%	3 Katz, Roslyn	64 UNA	27.49m 59.7%
2 Patsalis, Tom	84 A149	2.80m 71.6%	W75 1 Krug, Gloria	75 A124	7.22m 78.0%	2 Snaden, Lillian	77 A27	9.27m 30.6%	4 Fogg, Patricia	60 UNA	23.91m 47.3%
3 Voege, Robert	80 A54	2.10m 48.1%	2 Holland, Bernice	79 A35	5.96m 73.4%		91 UNA	10.26m 56.2%	W65 1 Young, Carol	66 UNA	30.75m 70.1%
M85 1 Maxwell, Ralph 2 Anoka, John	86 UNA 86 A54	3.13m 86.2% 2.70m 74.3%	3 Snaden, Lillian 4 Leek, Edythe	77 A27 75 A23	5.26m 60.6% 4.66m 50.3%	W90 1 Jarvis, Betty M30 1 DeMarte, Michael	34 A28	42.14m 56.8%	W70 1 Roman, Mary 2 Lary, Audrey	70 A93 72 A128	23.92m 60.7% 20.06m 54.0%
M90 1 McPhie, Leland	92 UNA	2.23m 87.8%	W90 1 Jarvis, Betty M30 1 Welch, Sekenia	91 UNA 30 UNA	3.71m 78.4% 12.15m 52.5%	2 Barnhill, Brian 3 Welch, Sekenia	34 UNA 30 UNA	35.30m 47.6% 34.04m 45.9%	3 Cirulnick, Anna 4 Crooks, Marcia	71 UNA 72 UNA	18.95m 49.5% 16.28m 43.8%
Triple Jump W30 1 Touya, Kimberly	30 A19	9.53m 62.3%	2 DeMarte, Michael 3 Nelson, Etroy	34 A28 32 UNA	11.69m 50.5% 8.84m 38.2%	M35 1 Barr, James	38 A128 36 A178	37.04m 50.0% 32.72m 44.1%	W75 1 Holland, Bernice 2 Krug, Gloria	79 A35 75 A124	16.01m 54.4% 14.30m 42.2%
2 Rawlinson, Kisha	32 A28	9.26m 61.9%	M35 1 Barr, James	38 A128	12.87m 56.5%	2 Buscher, Michael	39 UNA	32.15m 43.4%	3 Snaden, Lillian	77 A27	13.80m 43.6%
W35 1 Lawrence, Donna	38 UNA	9.76m 69.8%	2 Curry, Mike	39 UNA	12.59m 55.6%	3 Kovacs, Istvan		31.64m 42.7%	4 Leek, Edythe	75 A23	8.03m 23.7%
2 *Nakatake, Kimiko	35 UNA	9.54m 65.9%	3 Tulloch, Robert	35 UNA	11.93m 51.6%	4 Tulloch, Robert	35 UNA	30.87m 41.6%	W90 1 Jarvis, Betty	91 UNA	10.82m 67.3%
W40 1 Richardson, Regina	41 A28	11.36m 84.3%	4 Wilkerson, John	38 UNA	11.52m 50.6%	5 Wilkerson, John	38 UNA	30.69m 41.4%	M30 1 Weiser, Scott	32 UNA	41.04m 47.3%
2 Carty, Linda	40 A116	9.82m 71.9%	5 Reaves, John	38 A28	9.27m 40.7%	6 Curry, Mike	39 UNA	24.59m 33.1%	2 Welch, Sekenia	30 UNA	28.00m 32.2%
3 Zakerski, Debbie	44 A23	8.40m 64.7%	M40 1 Thompson, Glenn	43 A86	16.26m 75.7%	7 Sarsony, Chris	39 A26		M35 1 Senay, David	36 UNA	45.74m 53.5%
4 Render, Lisa Marie 5 Woo, Mary	41 A181 44 A23	7.70m 57.1% 6.85m 52.7%	2 Shields, Walter 3 Shannon, Tim	44 UNA 43 UNA	13.87m 65.6% 13.47m 62.7%	M40 1 Thompson, Glenn 2 Bennett, Michael	40 A177	47.27m 63.8%	2 Curry, Mike 3 Manley, Barton	39 UNA 35 UNA	38.28m 46.9% 37.07m 42.7%
W45 1 Amarasekara, Veroni 2 Palmer, Liz	45 A149 46 A23	10.34m 80.7% 8.30m 65.6%	4 Edwards, Timothy 5 Bennett, Michael	42 UNA 40 A177	12.95m 59.3% 11.81m 52.4%	3 Edwards, Timothy 4 Jones, Robert	42 UNA 44 UNA	42.37m 58.3% 40.60m 56.9%	4 Barr, James	38 A128 43 UNA	27.96m 33.7%
3 Long, Christine	47 A149	5.40m 43.2%	6 Bickel, David	40 UNA	11.14m 49.4%	5 Shannon, Tim	43 UNA	40.21m 55.8%	M40 1 Shannon, Tim	43 A86	44.59m 58.6%
W50 1 Thompson, Irene	52 A40	8.99m 77.1%	7 Seidner, Adam	44 UNA	10.89m 51.5%	6 Bickel, David	40 UNA	36.65m 49.4%	2 Thompson, Glenn	44 UNA	
2 Lowery, Linda W55 1 Raschker, Phil	54 A14 59 A114	8.94m 78.9% 9.00m 85.7%	8 Hammock, Gary M45 1 Taylor, Warren	42 UNA 47 A86	7.84m 35.9% 14.21m 71.3%	7 Hill, Reggie 8 Koolsbergen, Jonas	42 UNA 41 UNA	30.02m 41.3% 29.56m 40.2%	3 Jones, Robert 4 Bickel, David	40 UNA	41.40m 51.5%
2 Trotto, Mary	59 A19	5.35m 50.9%	2 Ossmann, Paul	49 UNA	14.07m 73.6%	9 Hammock, Gary	42 UNA	23.51m 32.3%	5 Seto, John	43 UNA	32.79m 43.1%
3 Nesbihal-Cordero, S	57 A19	4.21m 38.8%	3 Carr, Robert	48 UNA	13.83m 70.8%	M45 1 Navarre, Bruce	47 UNA	46.10m 67.8%	6 Koolsbergen, Jonas	41 UNA	26.28m 33.3%
W60 1 Carter, Ann	64 UNA	6.56m 67.7%	4 Anderson, Rick	47 UNA	13.19m 66.1%	2 Bailey, Donald	47 UNA	43.41m 63.9%	7 Hammock, Gary	42 UNA	19.37m 25.0%
2 Raham, Sharon	60 UNA	6.24m 60.3%	5 Jansson, Ken	48 UNA	12.26m 62.8%	3 Taylor, Warren	47 A86	43.36m 63.8%	M45 1 Jansson, Ken	48 UNA	51.68m 74.9%
3 Stricklin, Carol	62 UNA	5.80m 57.9%	6 Gubenski, Matthew	45 UNA	11.09m 53.3%	4 Anderson, Rick	47 UNA	41.19m 60.6%	2 Venning, Michael	48 UNA	44.08m 63.9%
W65 1 VanEeuwen, Jane	65 A103	5.26m 55.3%	7 Sterling, Gail	46 A55	8.31m 40.8%	5 Jansson, Ken	48 UNA	34.76m 52.2%	3 Gubenski, Matthew	45 UNA	40.14m 54.8%
W70 1 Lary, Audrey	72 A128	7.57m 90.6%	M50 1 Nespoli, John	51 UNA	15.94m 80.6%	6 Goudge, Ted	49 UNA	34.03m 52.1%	4 Heckel, Mark	46 A86	35.46m 49.3%
2 Chou, Fei-Mei	71 A185	4.95m 58.1%	2 Summers, Ronald	53 UNA	15.89m 83.8%	7 Gubenski, Matthew	45 UNA	33.85m 47.9%	5 Navarre, Bruce	47 UNA	29.40m 41.7%
W75 1 Krug, Gloria	75 A124	4.85m 61.7%	3 McKeen, Jay	51 A146	15.08m 76.3%	8 Russ, Jim	49 UNA	33.73m 51.7%	M50 1 Shields, Carl	52 UNA	49.29m 69.0%
2 Leek, Edythe	75 A23	4.34m 55.2%	4 Christensen, Todd	50 UNA	14.85m 73.6%	9 Heckel, Mark	46 A86	27.47m 39.6%	2 Meyer, Thomas	54 UNA	48.55m 71.0%
M30 1 Axt, Mark	33 A84	14.71m 81.0%	5 Baty, Jeffery	51 A87	12.88m 65.1%	0 Sterling, Gail	46 A55	22.67m 32.7%	3 Cedrone, Robert	51 A63	45.59m 62.5%
2 Coleman, Chris	32 A25	13.99m 76.8%	6 Ciccone, Tony	50 UNA	12.77m 63.3%	M50 1 Baer, Chuck	51 UNA	49.05m 67.4%	4 Reichard, T. Carl	53 A101	45.46m 65.1%
3 Ayungo, Okinyi	31 UNA	13.88m 76.1%	7 Guijarro, Jose	50 UNA	12.64m 62.7%	2 McKeen, Jay	51 A146	47.94m 65.9%	5 Baty, Jeffery	51 A87	43.60m 59.8%
4 Robinson, Oscar	31 A149	13.29m 72.8%	8 Emerson, Geoff	50 UNA	12.41m 61.5%	3 Umshler, Dennis	54 UNA	44.81m 65.1%	6 VanAken, Peter	50 UNA	39.14m 52.5%
5 Simms, Randalpho	30 A28	13.24m 72.3%	9 Henry, Frank	52 UNA	12.26m 63.3%	4 Baty, Jeffery	51 A87	42.85m 58.9%	7 Watson, Richard	53 UNA	37.70m 53.9%
M35 1 Weston, Rod	37 UNA	12.68m 71.8%	0 Schleppi, Joseph	52 UNA	11.87m 61.3%	5 Nespoli, John	51 UNA	42.09m 57.8%	8 Daniels, Edward	54 A109	36.19m 52.9%
2 Watson, Johnny	39 A149	11.76m 68.1%	M55 1 Shiaras, Michael	55 UNA	14.55m 80.1%	6 Ciccone, Tony	50 UNA	41.68m 56.2%	M55 1 Cameron, Dennis	57 A136	42.79m 67.1%
3 Johnson, Eric	38 UNA	11.35m 65.0%	2 Shumaker, S Craig	57 A86	14.22m 81.9%	7 Schleppi, Joseph	52 UNA	39.43m 55.2%	2 Ellis, Arthur	57 UNA	41.23m 64.7%
M40 1 Coushay, Brian	42 A127	13.04m 78.2%	3 Muller, Tim	56 UNA	13.65m 76.9%	8 Henry, Frank	52 UNA	38.16m 53.4%	3 Thomason, Steven	56 UNA	40.15m 61.5%
2 Willis, Joshua	41 UNA	12.71m 75.3%	4 DeMar, Gary	56 UNA	13.45m 75.7%	9 Kalnas, John	50 UNA	37.65m 50.8%	4 Sager, Bob	58 A22	37.92m 60.9%
	45 UNA	14.12m 87.9%	5 Thomason, Steven	56 UNA	13.22m 74.4%	0 Emerson, Geoff	50 UNA	37.33m 50.3%	5 Edwards, Tim	58 A42	37.15m 59.7%
	46 UNA	13.59m 85.6%	6 Rogers, Robert	55 UNA	13.15m 72.4%	1 Stilbert, Thomas	53 UNA	37.05m 52.8%	6 Chandler, Dennis	58 UNA	23.99m 38.5%
3 Battle, Marcus	47 A128	12.02m 76.7%	7 Carlson, Bruce	55 UNA	12.65m 69.7%	2 Wood, Jeff	50 UNA	35.65m 48.1%	M60 1 Mathews, George	63 A68	51.05m 88.7%
	45 A116	11.07m 68.9%	8 Barila, Ted	56 UNA	12.09m 68.1%	3 Watson, Richard	53 UNA	35.45m 50.5%	2 Bitsko, Mickey	63 UNA	44.41m 77.2%
5 *Jennett, Terry	45 UNA	10.62m 66.1%	9 Linker, Dan	57 A28	11.41m 65.7%	4 Reichard, T. Carl	53 A101	30.78m 43.9%	3 Bookin-Weiner, Jerr	60 UNA	40.06m 64.9%
	47 UNA	9.98m 63.7%	0 Pearman, Alvin	59 UNA	11.10m 67.0%	5 Brachna, Dennis	52 UNA	26.21m 36.6%	4 Clayton, Lemuel	60 A28	32.76m 53.1%
7 Davison, Jeffery	48 A149	9.12m 58.9%	1 Grossman, David	56 A54	11.08m 62.4%	M55 1 Fahey, Thomas	58 UNA	48.17m 77.0%	5 Weikert, Douglas	60 UNA	32.52m 52.7%
	46 A55	9.09m 57.3%	2 Chandler, Dennis	58 UNA	10.41m 61.4%	2 Muller, Tim	56 UNA	46.95m 71.3%	6 Chapman, Mark	63 UNA	30.71m 53.4%
M50 1 Quick, David	50 A149	12.64m 83.9%	3 Kalnas, Michael	55 A58	10.33m 56.9%	3 Shumaker, S Craig	57 A86	46.14m 71.9%	M65 1 Valle, Michael	65 UNA	40.81m 74.5%
	50 A127	12.24m 81.2%	4 Dimitrouleas, Willi	55 UNA	10.25m 56.4%	4 Carlson, Bruce	55 UNA	42.19m 62.5%	2 Hotchkiss, Richard	67 UNA	40.13m 77.2%
3 Fisher, Wayne	51 A28	10.59m 71.2%	M60 1 Roll, Charles	60 A146	15.53m 85.3%	5 Thomason, Steven	56 UNA	40.89m 62.1%	3 La Barge, Peter	67 UNA	35.74m 68.8%
	52 A54	10.37m 70.7%	2 Harvey, William	60 UNA	13.64m 74.9%	6 Hume, Robert	57 UNA	39.86m 62.1%	4 Andrews, Horace	68 A28	32.61m 64.5%
5 Astrachan, Owen	50 A26	9.64m 64.0%	3 Creager, Michael	62 A47	12.93m 75.1%	7 Beach, Robert	58 UNA	36.01m 57.6%	5 *Dalton, Jeyaraj	67 UNA	23.67m 45.5%
6 Sturgeon, Randell	54 A23	7.53m 52.8%	4 Rose, Kenneth	60 UNA	12.91m 70.9%	8 Linker, Dan	57 A28	34.72m 54.1%	6 Nelson, Edward	66 A54	18.45m 34.6%
M55 1 Terrell, Bobby	55 UNA	11.22m 79.8%	5 Mathews, George	63 A68	12.72m 76.1%	9 Chandler, Dennis	58 UNA	29.05m 46.4%	M70 1 Ward, Bob	73 A45	47.96m 97.3%
2 Rockwell, Robert	56 A28	10.75m 77.5%	6 Bitsko, Mickey	63 UNA	12.29m 73.5%	M60 1 Hiney, Bill	61 UNA	49.97m 77.3%	2 Humphreys, Robert	70 UNA	42.23m 78.4%
3 Wilson, Thaddeus	55 UNA	10.42m 74.1%	7 Chapman, Mark	63 UNA	11.86m 71.0%	2 Rheams, Larry	64 UNA	41.71m 68.8%	3 Twomey, Timothy	71 A28	39.62m 75.7%
	57 UNA	9.91m 72.5%	8 Clayton, Lemuel	60 A28	10.41m 57.2%	3 Bitsko, Mickey	63 UNA	40.22m 64.9%	4 Gramley, William	70 A28	36.01m 66.8%
5 Crockett, Roger	58 A128	9.65m 71.7%	9 Barfield, William	61 UNA	10.18m 57.5%	4 Harvey, William	60 UNA	39.24m 59.5%	5 Leras, Nicholas	71 UNA	35.48m 67.8%
5 Manor, James	58 UNA	9.65m 71.7%	M65 1 Steed, Thomas	65 A28	13.47m 85.7%	5 Bookin-Weiner, Jerr	60 UNA	39.20m 59.4%	6 French, Ernest	71 UNA	29.94m 57.2%
7 Jacobson, Vance	58 A23	9.38m 69.7%	2 Pilgrim, Richard	66 UNA	12.66m 83.2%	6 Weikert, Douglas	60 UNA	37.43m 56.7%	M75 1 Gaynor, Arnie	78 A150	31.54m 75.6%
	64 UNA	10.25m 83.6%	3 Winters, Gary	67 A91	12.02m 81.7%	7 Chapman, Mark	63 UNA	37.32m 60.2%	2 Wojcik, Gerald	76 A115	29.86m 66.7%
	63 UNA	9.49m 76.2%	4 Cohen, Stephen	67 A98	11.73m 79.7%	8 Long, Lloyd	60 A54	35.58m 53.9%	3 Husic, Robert	75 A72	29.55m 63.8%
	64 UNA	9.43m 76.9%	5 Lancaster, Walt	66 UNA	10.28m 67.5%	9 Reese, Malcolm	63 A28	34.60m 55.9%	4 Olson, Leonard	75 A54	29.19m 63.1%
4 Galazin, John	63 UNA	9.40m 75.5%	M70 1 Vaughn, Gerald	70 A28	14.85m 83.6%	0 Demmo, Tom	63 UNA	34.41m 55.5%	M80 1 Mulkern, Richard	81 A54	33.92m 79.9%
5 Milove, Michael	61 UNA	9.08m 70.6%	2 Humphreys, Robert	70 UNA	12.90m 72.6%	M65 1 Cochran, Richard		50.39m 91.3%	2 Voege, Robert	80 A54	23.32m 52.4%
6 White, Wayne	60 UNA	8.43m 64.6%	3 Ross, Henry	71 A149	12.31m 71.2%	2 Busch, Roger	65 UNA	45.87m 77.4%	3 Stein, Jacob	82 UNA	21.69m 53.4%
7 Snook, James	63 UNA	7.34m 58.9%	4 Ward, Bob	73 A45	12.26m 75.0%	3 Mac Millan, David	66 UNA	41.66m 72.0%	4 Snaden, John	80 A27	16.59m 37.2%
	67 UNA 67 A116	9.24m 79.3% 8.86m 76.0%	5 Rosen, Leonard 6 Anderson, Ron	72 UNA 70 UNA	12.00m 71.4% 10.87m 61.2%	4 Cohen, Stephen 5 Weber, Fred	67 A98 68 UNA	41.54m 73.5% 41.40m 75.0%	M95 1 Lane, Trent	96 A87	20.15m 129.4%
3 La Barge, Peter 4 Valle, Michael	67 UNA 65 UNA	8.21m 70.4% 7.16m 59.4%	7 Gramley, William 8 French, Ernest	70 A28 71 UNA	10.77m 60.6% 8.47m 49.0%	6 Steed, Thomas 7 Valle, Michael	65 A28 65 UNA	40.98m 69.2% 40.31m 68.0%	Javelin W30 1 Kidwell, Sheri	33 A23	17.72m 24.2%
M70 1 Richard, Charles	71 UNA	9.36m 86.2%	M75 1 Gaynor, Arnie	78 A150	13.01m 93.3%	8 Burns, John	65 UNA	38.46m 64.9%	W35 1 Marty, Jaymee	39 A23	12.58m 18.4%
2 Langenfeld, Tom	71 UNA	7.92m 73.0%	2 Horine, Larry	75 UNA	12.28m 79.9%	9 La Barge, Peter	67 UNA	36.15m 63.9%	2 Lowe, Terri	36 A23	12.25m 16.7%
3 Blair, Glenn	71 UNA	6.74m 62.1%	3 Ezerins, Karlis	79 UNA	9.83m 73.0%	0 Lang, John	66 A86	29.38m 50.7%	3 Lommel, Nancy	39 UNA	10.36m 15.1%
M75 1 Stookey, James	76 A128	8.86m 89.9%	4 Olson, Leonard	75 A54	8.62m 56.0%	1 Nelson, Edward	66 A54	23.83m 41.1%	W40 1 Scott, Stephanie	40 A54	21.55m 32.3%
2 *Kovacs SR, Istvan	78 UNA	7.13m 75.4%	5 Husic, Robert	75 A72	8.60m 55.9%	M70 1 Humphreys, Robe	70 UNA	43.02m 82.0%	2 Ware, Caren	44 A149	21.23m 35.2%
M80 1 Smith, Denver	80 UNA	7.38m 81.5%	M80 1 Mulkern, Richard	81 A54	10.06m 70.4%	2 Ward, Bob	73 A45	41.43m 85.6%	3 Swan, Pamela	43 UNA	20.02m 32.3%
2 Patsalis, Tom 3 Voege, Robert	84 A149 80 A54	6.67m 80.8% 4.88m 53.9%	2 Voege, Robert 3 Simmons, Floyd	80 A54 83 UNA	8.80m 58.9% 8.21m 95.4%	3 Anderson, Ron	70 UNA	39.98m 76.2%	4 Scanlon, Heather	43 A124	18.43m 29.7%
M85 1 Maxwell, Ralph M90 1 McPhie, Leland	86 UNA 92 UNA	5.96m 76.8% 4.64m 80.5%	4 Snaden, John 5 Stein, Jacob	80 A27 82 UNA	7.17m 48.0% 5.76m 42.0%	4 Gramley, William 5 Rosen, Leonard 6 Leras, Nicholas	70 A28 72 UNA 71 UNA	38.79m 73.9% 35.13m 70.6% 33.17m 64.9%	5 Zakerski, Debbie 6 Kehoe, Carla 7 Marks, Cynthia	44 A23 42 A23	16.97m 28.1% 14.29m 22.5% 13.86m 21.2%
Shot Put		30,0	M85 1 Anoka, John 2 Goldy, Champion	86 A54 89 A124	7.53m 65.4% 7.30m 73.9%	7 French, Ernest M75 1 Gaynor, Arnie	71 UNA 71 UNA 78 A150	25.50m 49.9% 37.68m 90.5%	7 Marks, Cynthia 8 Woo, Mary W45 1 Finsrud, Carol	41 A23 44 A23 49 UNA	11.38m 18.8% 31.00m 59.2%
W30 1 Kidwell, Sheri	33 A23	6.79m 30.4%	M90 1 McPhie, Leland	92 UNA	7.34m 90.7%	2 Held, Franklin (Bud)	78 UNA	34.63m 83.1%	2 Charewicz, Laura	46 UNA	26.62m 46.6%
W35 1 Thompson, Kelly	39 UNA	7.94m 40.2%	M95 1 Lane, Trent	96 A87	6.61m 112.9%	3 Husic, Robert	75 A72	34.54m 75.6%	3 Hallen, Susan	49 A98	19.57m 37.4%
2 Lowe, Terri 3 Marty, Jaymee	36 A23 39 A23	7.31m 34.8% 6.34m 32.1%	Discus	213		4 Horine, Larry 5 Ezerins, Karlis	75 UNA 79 UNA	34.37m 75.2% 28.31m 70.2%	4 St James, Valerie 5 Long, Christine	49 A23 47 A149	12.19m 23.3% 8.12m 14.6%
4 Latham, Cindy W40 1 Scanlon, Heather	36 UNA 43 A124	6.31m 30.0% 8.56m 47.4%	W35 1 Thompson, Kelly 2 Latham, Cindy	39 UNA 36 UNA	25.74m 36.5% 16.16m 21.9%	6 Olson, Leonard M80 1 Mulkern, Richard	75 A54 81 A54	20.36m 44.5% 29.94m 79.6%	6 Inouye, Jane	45 A23	7.46m 12.7%
2 Zakerski, Debbie 3 Tillman-Lanier, Gin	44 A23 41 A125	7.91m 44.9% 7.52m 39.8%	3 Lommel, Nancy W40 1 Scanlon, Heather	39 UNA 43 A124	13.21m 18.7% 21.11m 31.8%	2 Smith, Denver 3 Voege, Robert	80 UNA 80 A54	27.34m 70.2% 19.12m 49.1%	W50 1 Kendall, Monica 2 Glynn, Kay 3 Rowe, Linda	50 UNA 53 UNA 54 UNA	40.42m 75.5% 29.28m 58.8% 26.94m 55.5%
4 Woo, Mary W45 1 Lewis, Oneithea	44 A23 46 A146	5.28m 30.0% 13.05m 77.9%	2 Swan, Pamela 3 Zakerski, Debbie	43 UNA 44 A23	20.47m 30.9% 18.74m 28.7%	4 Stein, Jacob 5 Snaden, John	82 UNA 80 A27	16.13m 44.5% 14.83m 38.1%	4 Welding, Ruth 5 Mellenthin, Cheryl	50 A98	24.89m 46.5%
2 Finsrud, Carol	49 UNA 45 A149	11.05m 71.3% 9.81m 57.1%	4 Kehoe, Carla 5 Marks, Cynthia	42 A23 41 A23	15.92m 23.6% 12.27m 17.9%	M85 1 Goldy, Champion M90 1 McPhie, Leland	89 A124 92 UNA	18.49m 69.1%	6 Woods, Lydia	50 UNA 53 UNA	15.90m 29.7% 14.52m 29.1%
4 Hallen, Susan 5 Petkus, Joanne	49 A98 47 UNA	8.12m 52.4% 8.09m 49.5%	W45 1 Finsrud, Carol 2 Lewis, Oneithea	49 UNA 46 A146	41.93m 70.0% 39.04m 61.9%	M95 1 Lane, Trent	96 A87	15.75m 69.3% 14.58m 84.3%	W55 1 LoPiccolo, Barbari 2 Hartzler, Mary	57 UNA	25.47m 60.2% 24.73m 55.2%
6 Palmer, Liz 7 *Barrett, Lyn	46 A23 45 UNA	6.63m 39.5% 6.51m 37.8%	3 Hallen, Susan 4 Long, Christine	49 A98 47 A149	23.37m 39.0% 12.00m 19.3%	Hammer W30 1 Kidwell, Sheri	33 A23	18.39m 25.9%	3 Tucker, Lorraine 4 Mensey, Myrle	59 A150 57 UNA	24.38m 57.7% 22.89m 51.1%
W50 1 Kendall, Monica	50 UNA	14.41m 88.3%	5 Dunn, Odette	46 A23	11.04m 17.5%	W35 1 Latham, Cindy	36 UNA	29.68m 45.0%	5 Clark, Cassandra	58 UNA	22.40m 51.4%
2 Welding, Ruth	50 A98	11.51m 70.5%	W50 1 Welding, Ruth	50 A98	34.75m 59.0%	2 Thompson, Kelly	39 UNA		6 Trotto, Mary	59 A19	16.56m 39.2%
3 Rowe, Linda 4 Mellenthin, Cheryl	54 UNA 50 UNA	9.13m 60.1% 6.98m 42.8%	2 Rowe, Linda 3 Mellenthin, Cheryl	54 UNA 50 UNA	28.48m 52.1% 17.51m 29.7%	3 Lowe, Terri W40 1 Sherwood, Pamel	36 A23	27.62m 45.3% 19.70m 29.8% 22.03m 39.4%	7 Nesbihal-Cordero, S 8 Green, Martha	55 UNA	15.00m 33.5% 14.93m 31.6%
W55 1 Hartzler, Mary 2 Mensey, Myrle	57 UNA 57 UNA	10.88m 75.9% 10.60m 73.9%	4 Woods, Lydia W55 1 Hartzler, Mary	53 UNA 57 UNA	13.80m 24.8% 27.79m 54.0%	2 Zakerski, Debbie 3 Scanlon, Heather	44 A23	22.03m 39.4% 20.42m 38.9%	W60 1 Raham, Sharon 2 Vander Cruyssen, Do		26.17m 62.5% 23.86m 57.0%
3 LoPiccolo, Barbara	59 A159	8.92m 64.7%	2 Mensey, Myrle	57 UNA	24.49m 47.6%	4 Woo, Mary	43 A124	19.71m 36.4%	3 Cutler, Georgia	63 A115	23.27m 59.4%
4 Clark, Cassandra	58 UNA	7.45m 53.0%	3 LoPiccolo, Barbara	59 A159	21.59m 43.7%		44 A23	14.86m 28.3%	4 Stricklin, Carol	62 UNA	22.16m 55.3%
5 Trott, Rhona	57 UNA	7.31m 51.0%	4 Clark, Cassandra	58 UNA	18.18m 36.1%	5 Kehoe, Carla	42 A23	12.23m 21.9%	5 Huff-Pawlik, Karen	63 A98	19.91m 50.8%
6 Green, Martha	55 UNA	6.85m 45.9%	5 Trott, Rhona	57 UNA	18.16m 35.3%	6 Marks, Cynthia	41 A23	4.74m 8.2%	6 Fogg, Patricia	60 UNA	17.04m 40.7%
7 Trotto, Mary W60 1 Vander Cruyssen, Do	59 A19	6.74m 48.9% 8.27m 61.3%	6 Green, Martha 7 Trotto, Mary	55 UNA 59 A19	17.83m 33.3% 14.76m 29.9%	2 Finsrud, Carol	46 A146 49 UNA	47.38m 96.5% 42.38m 96.2%	7 Katz, Roslyn 8 Douglass, Linda	64 UNA 61 UNA	16.74m 43.8% 15.65m 38.2%
2 Jager, Kathy 3 Fogg, Patricia	63 UNA 60 UNA	8.03m 63.5% 7.95m 58.9%	8 Nesbihal-Cordero, S W60 1 Cutler, Georgia	57 A19 63 A115	12.03m 23.4% 21.45m 47.5%	3 Hallen, Susan 4 Long, Christine W50 1 Welding, Ruth	49 A98 47 A149	24.90m 56.5% 11.53m 24.3%	9 Carter, Ann W65 1 Sisley, Becky	64 UNA 67 A115	14.59m 38.1% 28.21m 79.4%
4 Cutler, Georgia	63 A115	7.95m 62.9%	2 Raham, Sharon	60 UNA	21.08m 43.6%	2 Mellenthin, Cheryl	50 A98	39.49m 64.1%	2 Young, Carol	66 UNA	22.00m 60.3%
5 Huff-Pawlik, Karen	63 A98	7.32m 57.9%	3 Fogg, Patricia		18.94m 39.2%	3 Corbin, Camilla	50 UNA	25.64m 41.6%	3 Neuber, Marianne	65 UNA	19.47m 52.1%
6 Raham, Sharon	60 UNA	7.15m 53.0%	4 Stricklin, Carol	62 UNA	18.05m 39.1%	4 Rowe, Linda	50 UNA	25.60m 41.5%	4 Bergen, Kathy	66 A150	19.27m 52.9%
7 Katz, Roslyn	64 UNA	7.10m 57.4%	5 Huff-Pawlik, Karen	63 A98	17.98m 39.8%	5 O'Brien, Sandra	54 UNA	24.94m 43.6%	5 VanEeuwen, Jane	65 A103	8.68m 23.2%
8 Stricklin, Carol W65 1 *Neuber, Marianne	62 UNA	6.79m 52.5% 9.05m 74.9%	6 Katz, Roslyn W65 1 Young, Carol	64 UNA 66 UNA	17.23m 39.1% 22.09m 52.7%	W55 1 Hartzler, Mary 2 Mensey, Myrle	52 UNA 57 UNA 57 UNA	18.42m 31.0% 38.91m 72.3%	W70 1 Donley, Christel 2 Crooks, Marcia	71 UNA 72 UNA	25.04m 78.4% 13.16m 42.4%
						- more, myne	UNA ,	35.49m 65.9%	3 Cirulnick, Anna	71 UNA	11.73m 36.7%

September 200	6				1	Vation	al Masters News			re-		page 27
W75 1 Krug, Gloria 2 Holland, Bernice	75 A124 79 A35	18.22m 17.00m	64.2% 68.6%	Outdoor Pentathion			W80 1 Gordon, Mirian					20:16.00 70.5%
3 Leek, Edythe	75 A23	10.12m	35.7%	W35 1 Lowe, Terri	36 A23	363	M40 1 Soucheck, John M45 1 Whatley, Ian		6 25:49.83 73.2 9 25:24.13 78.7		Shuter, Jack 76 A24 1:	23:06.00 67.1%
4 Snaden, Lillian W90 1 Jarvis, Betty	77 A27	8.92m	33.5%	W40 1 Richardson, Regina	41 A28	2625	2 Medina, Alberto	46 UN	A 26:54.04 73.7	6 Com	bined Team Scores	
M30 1 Farren, Travis	91 UNA 32 UNA	7.78m 39.18m	55.6%		44 A23 44 A149	2568 1964	3 Aunan, Tommy		A 27:01.97 73.9		e/Team	Club/Points
2 Reutter, Jason	33 A28	30.99m	32.2%			1302	M50 1 Reed, Bill 2 Hackney, Tony	53 A12	1 28:27.75 73.9° A 29:57.58 68.4°		Brooks - Fleet Feet Racing Florida Athletic Club	637 393
M35 1 Luciano, Robert 2 Barr, James	38 UNA	54.46m	60.4%	W45 1 Palmer, Liz	46 A23	2998	3 Kale, Barton	50 UN	A 33:03.89 62.0°	6 3	So Cal Track - Fleet Feet	332
3 Manley, Barton	38 A128 35 UNA	48.77m 42.10m	54.1%			1826 1691	M55 1 Wiggins, Micha				Carolinas Track & Field Club	327
4 Curry, Mike	39 UNA	33.94m	38.2%			3272	2 Walker, Max 3 Mcguire, Richard	59 A78 58 UN			Potomac Valley Track Club Atlanta Track Club	188 174
M40 1 Hall, Kenneth	40 A178	58.25m	66.7%	2 Simpson, Claudia	53 UNA	2049	4 De Witt, Mike	55 A12	0 29:13.73 73.2	6 7	Philadelphia Masters	142
2 Hannay, Scott 3 *Parkinson, Richard	42 A168 42 UNA	56.69m 52.76m	67.1%			1559 1337	5 Chraminski, Stanl				Houston Elite	121
4 Hill, Reggie	42 UNA	52.16m	61.7%			2067	M60 1 Frable, Norman 2 Carmines, James	63 UN			Carolina Godiva Track Club Shore Athletic Club of New Jer	88 86
5 Williams, Kristophe	40 UNA	48.38m	55.4%	M30 1 King, David	32 UNA	2838	3 Knight, Don	60 UN	A 30:11.30 74.3°	6 11	San Diego Track Club	84
6 Gonzales, Jeffrey 7 Blondin, Jeffrey	41 UNA 42 A28	45.02m 44.20m	52.4% 52.3%			2808	4 Seymour, Larry	64 UN			Midwest Master	82
8 Koolsbergen, Jonas	41 UNA	38.92m	45.3%			3111 2776	5 Dubow, Joel 6 Hartman, Thomas	63 A12	4 33:52.42 68.24 6 35:56.00 64.34		Mass Velocity Track Club Fibo Track Club	80 75
9 Hammock, Gary	42 UNA		31.4%	3 Sarsony, Chris	39 A26	2130	M65 1 Johnson, Paul	68 A54	29:39.22 82.4		So. Calif. Striders T.C.	68
M45 1 Rodriguez, Zane 2 Morris, Dennis	46 UNA 49 UNA	53.27m 50.50m	67.6%			2951	2 Backlund, John		3 31:33.18 75.79		Bohemia Track Club	67
3 Draine, James	45 UNA	48.71m	60.7%			2887 2862	3 Sanders, Marshal 4 Finch, Bernie	65 A62			Southwest Sprinters Track Club Over The Hill TC	64
4 Janusey, Michael	48 UNA	47.78m	62.9%	4 Harris, Robert	41 A95	2291	M70 1 Bray, Jack	73 A92	29:58.15 86.89		Waterloo Track & Field Club	55
5 Russ, Jim 6 Jahl, Michael	49 UNA 48 UNA	43.59m 41.35m	58.5%			2225	2 Dubois, Alfred	74 UN			Opti Msm World Elite Track Clu	54
7 Roberts, Franklin	47 UNA	41.10m	53.1%			1709 3205	3 Lane, Ed 4 Williams, Charles	70 A92 74 A14			Oregon Track Club Masters	54
M50 1 Brown, Michael	52 A54	59.15m	79.7%	2 Makozy, Frank	46 A187	2546	M75 1 Starr, John	78 UN			Marin Race Walkers Athena Track	50 50
2 Womack, Kent 3 Mushinski, Raymond	50 UNA	53.60m	69.6%	3 Hampton, David	45 UNA	2424	2 Fine, Robert	75 A54	34:10.29 78.29	6 24	Long & Strong Throwers	49
4 *Finkbeiner, Michae	52 UNA	51.03m 47.60m	71.4%			2327 2634	3 Hargis, Jerard	77 UN	37:54.42 72.59		Synergy Track Club	47
5 *Gudzowsky, Terry	52 UNA	44.26m	59.6%			1997	10,000m Walk		*	26 27	Pegasus Athletic Club Portland Masters Track Club	46
6 Tallini, Denis	53 UNA	42.55m	58.4%	3 Sturgeon, Randell	54 A23	1980	W35 1 Plemmons, Can	nen 39 A28	1:17:09.00 54.79	6 28	Dallas Masters Track & Field C	43
7 Watson, Richard 8 Tipping, Mike	53 UNA 53 A149	40.77m 38.96m	55.9% 53.4%			1622	W40 1 Slentz, Dorothy			6 29	Louisiana Lightning Track Club	39
9 Henry, Frank	52 UNA	38.25m	51.5%	M55 1 Watson, Douglas		1138 3132	2 Armstrong, Ginger 3 Garson, Rebecca	43 A44 42 UNA			Parkside Athletic Club	39
0 Brachna, Dennis	52 UNA	32.32m	43.5%	2 Green, Bob	57 UNA	2758	W45 1 Heinlein, Lynett				Carolina Racewalking Club Houston Harriers	37 34
M55 1 Kouvolo, Robert	56 A28	51.46m	74.9%			2714	2 Cope, Donna	49 UNA	1:11:34.00 64.29	6 33	Green Mountain Athletic Associ	32
2 Gagne, Buzz 3 Richardson, Dick	59 UNA 57 UNA	51.44m 43.90m	79.7% 65.2%			2510 1843	W50 1 *Sweazey, Nan		1:00:03.00 78.09	6	New England 65 + Runners Club	32
4 Chandler, Dennis	58 UNA	38.02m	57.7%			1497	2 Topham, Debbie 3 Tracy, Lynn		1 1:02:56.00 75.99 0 1:03:50.00 75.79		Glenarden Track Club	32
5 Rook, Ronald	57 UNA	35.87m	53.3%	7 Gerson, Jeffery	59 A116	1126	4 Myers, Judy	50 A12	0 1:05:13.00 71.19	6 37	West Valley Track Club, Inc. Morris County Striders	31 29
6 Pearman, Alvin 7 Castner, Jack	59 UNA 58 UNA	31.63m	49.0%			3433	W55 1 Geer, Panselut		6 1:05:31.00 78.09	6 38	Cny Impalas	28
8 "Waltermann, Stefan			44.4%			2854 2728	2 Mayfield, Cathy 3 Baglin, Mary	55 A/8	1:06:39.00 73.29 8 1:07:33.00 75.79	39	Pike Creek Valley Running Club	27
M60 1 Menkin, Martin	60 A54		74.2%			2450	4 Graham, Donna	56 A24	1:07:58.00 72.69		Indiana Racewalker's Club Tendonitis A.C.	27
2 Schneider, John	61 UNA		66.9%	5 Harbulak, John		2282	5 McGuire, Doris	57 UNA	1:11:03.00 70.39	6	Genesee Valley Harriers	26 26
3 Rice, Robert 4 McGuffin, Paul	60 UNA 64 UNA		58.6% 59.2%			2183 3762	W60 1 Steigerwalt, Jol				Southern Oregon Sizzlers R/C	26
5 Harbulak, John	60 UNA		52.9%			2999	1 Lawrence, Diane 2 Balser, Kathleen		1:13:50.00 73.99	100	Hartford Track Club	26
6 Chapman, Mark	63 UNA	34.27m	54.8%	M70 1 Jankovich, William	72 UNA	3106	3 Backlund, Darlene	60 A13	3 1:11:04.00 72.89	6 70	Nike Central Park Track Club New Balance Excelsior R.C.	25 25
7 MacDonald, Charles			41.0%			3088	4 Frable, Kathleen		1:12:12.00 71.79		Philadelphia Athletic Charitie	25
M65 1 Stenlund, Gary 2 Burns, John	65 UNA 65 UNA		90.8%			1925 2592	5 Hults, Sandra 6 Higbie, Janet	64 UNA 64 A78	1:14:44.00 73.09	A	Memphis Hurdlers Track Club	25
3 La Barge, Peter	67 UNA		74.6%			1166	W65 1 *Christensen, J				Birmingham Track Club Central Oregon Running Klub (C	22 22
4 Harasti, Thomas	65 A54		63.9%	M85 1 Bulkley, Dan	89 A153	2079	2 Cassels, Doris		1:11:09.00 78.99		Syracuse Chargers Track Club	22
5 Lang, John 6 Lancaster, Walt	66 A86 66 UNA		64.7%	5000m Walk		A BOOK	3 Dicker, Lois 4 Gilman, Rebecca	66 A12	8 1:11:36.00 78.4° 4 1:13:54.00 74.8°	, 52	Cleve Heights Rebel Track Club	20
7 Domahidy, Steve	66 UNA	33.83m	57.9%	W35 1 Plemmons, Carmen 3	39 A28 41:4	6.21 48	.8% W70 1 Dockstader, Sh				Racewalkers Northwest Speedwest Track Club	19
8 Turner, James 9 Nelson, Edward	67 UNA 66 A54		54.9% 40.4%	W40 1 Slentz, Dorothy	43 A26 30:4	9.19 68	2% W75 1 Marrs, Katherin	e 77 A12	0 1:17:33.00 87.19	6 55	PR Moose Milers	18
M70 1 Quist, Buster	70 A8		71.9%			7.43 65 0.87 63	.1% W80 1 Gordon, Miriam 2% M40 1 Soucheck, John	81 A54 40 A14			Liberty Athletic Club Ric Rojas Running	18
2 Pashai, Ezzat 3 Youngs, Robert	71 UNA 72 UNA	40.12m	73.0%	W45 1 Heinlein, Lynette		8.93 71	3% M45 1 Whatley, lan 2 Medina, Alberto	47 A17	9 51:30.00 79.8	6	Varsano's Chocolates Racewalk	d 16
4 Richard, Charles	71 UNA		67.1%				.0% 3 Aunan, Tommy	47 UN			Snohomish Track Club	16
5 Ward, Bob	73 A45		63.9%				.8% M50 1 Reed, Bill	53 A12			Bowerman Athletic Club Hawaii Masters Track Club	16 16
6 Humphreys, Robert 7 Jankovich, William	70 UNA 72 UNA		56.7% 59.0%		53 A121 30:0 54 A120 30:0		.2% 2 Hackney, Tony .9% M55 1 Wiggins, Michae	50 UNA el 57 UNA			Arizona Flames Track Club	15
8 French, Ernest	71 UNA		44.7%		50 A120 31:1		.4% 2 Walker, Max	59 A78			North Jersey Masters Track & F	15
M75 1 Horine, Larry	75 UNA	35.60m	72.6%	W55 1 Mayfield, Cathy	55 A78 31:5	1.72 73	4% 3 Mcguire, Richard	58 UNA	59:22.00 76.19	6 04	U.S. Army Colonial Road Runners	14
2 Ezerins, Karlis	79 UNA		62.9%		59 A118 32:4		.6% 4 De Witt, Mike		0 1:00:19.00 72.99		Tulsa Running Club	14
3 Gaynor, Arnie 4 Pope, Bruce	78 A150 75 UNA	26.97m 26.52m	60.5% 54.1%		56 A24 32:4 57 UNA 34:3		.1% 5 Chraminski, Stanle .1% M60 1 Frable, Norman		7 1:00:48.00 74.39 1:00:36.00 76.09		Gate City Striders	14
5 Kiwitt, Sidney	78 UNA	26.10m		5 McCann, Margaret	57 A26 40:2	6.90 59	.1% 2 Carmines, James		1:03:16.00 75.09		Syracuse Track Club Wisconsin Runner Racing Team	14
6 Wojcik, Gerald	76 A115	25.33m			63 UNA 31:4		8% 3 Knight, Don		1:04:32.00 71.39	0	Millrose AA	12
7 Daprano, William 8 *Kovacs SR, Istvan	79 A14 78 UNA	24.81m 23.84m	57.5%		62 A144 32:1 60 UNA 32:4		6% M65 1 Johnson, Paul 3% 2 Backlund, John		1:02:28.00 80.49 3 1:06:08.00 74.29		Ct. Racewalkers	12
M80 1 Smith, Denver	80 UNA		57.0%		60 A133 34:1		.1% 3 Sanders, Marshall		1:07:48.00 71.59	419.8	Greater Lowell Road Runners	12
2 Mulkern, Richard	81 A54	22.47m	49.1%	5 Hults, Sandra	64 UNA 34:5	6.67 74	2% 4 Finch, Bernie	66 UNA	1:16:19.00 64.39	6 /3	Highlanders Masters T&F Club Team Ohio Track Club Inc.	11
3 Snaden, John	80 A27		30.1%	W65 1 *Christensen, Joan			.0% M70 1 Bray, Jack		1:04:22.00 83.19		Rogue Running	11
4 Voege, Robert 5 Stein, Jacob	80 A54 82 UNA	13.79m 10.70m	24.4%		66 A128 33:4 66 A92 33:4		.0% 2 Dubois, Alfred .8% 3 Lane, Ed		1:09:23.00 78.19		Hammer Idaho	10
M85 1 Goldy, Champion	89 A124		56.5%	4 Gilman, Rebecca	65 UNA 35:3	8.95 73	7% 4 Williams, Charles		1:13:54.00 73.49		Pacific Racewalkers Org (Pro)	10
M90 1 McPhie, Leland	92 UNA	14.01m	59.7%	W70 1 Dockstader, Shirley	73 A92 34:0	6.18 86	.5% M75 1 Starr, John		1:09:44.00 82.49		Quantum TC Buckeye Striders	10
M95 1 Lane, Trent	96 A87	18.12m	118.2%	W75 1 Marrs, Katherine	77 A120 36:3	11.71 86	.5% 2 Fine, Robert	75 A54	1:17:03.00 71.49		a di	
Key to Club Codes:		3		Club West Cny Impalas Colonial Board Burgars		79 Islan	ana Racewalker's Club	110 A118 111 A119	Pacific Racewalker Park Racewalkers Parkside Athletic C	Usa	148 A156 Sprint Athletics	TC
1 A2 2nd Wind Trac 2 A4 Above The Ba			8 A41 9 A42	Colonial Road Runners Colorado Masters Throwers A			ssonville Track Club Ad Athletic Club	112 A120 113 A121	Pegasus Athletic C		149 A157 St. Louis Track 150 A158 Synergy Track	
3 ADH Ad Hoc	a Hack Cit	4	0 A43	Community Kids Athletic Clu	Jb 77 A	82 Kno	xville Track Club	114 A122	Penns Valley Youth	Track Clu	ub 151 A159 Syracuse Chan	gers Track Club
4 A5 Anchorage R		4	1 A44	Ct. Racewalkers	78 A	84 LeN	lans Track Club	115 A123	Philadelphia Athlet	c Charitie	152 A160 Syracuse Track	Club
5 A6 Ann Arbor Tra		. 4		Dallas Masters Track & Field			rty Athletic Club		Philadelphia Maste	rs	153 A161 Tamaipa Runne	ers Inc
6 A7 Anti Gravity P				Dallas Metroplex Striders Tr Dayton Master Track Club,			g & Strong Throwers Isiana Lightning Track Club	117 A125 118 A126	Pike Creek Valley F Pony Express Trac		b 154 A162 Team Bird, Inc. 155 A163 Team Jock Sto	THE RESERVE
7 A8 Arizona Flame 8 A9 Ashville Track			5 A48	Delaware Diamonds			Elite Athletics Club	119 A127	Portland Masters		156 A164 Team Ohio Tra	
9 A10 Asics Aggie R		4	6 A49	DeSoto S.W.I.F.T.	83 A	190 Mac	Cando Tenderloin Youth Trac	120 A128	Potomac Valley Tr	ack Club	157 A165 Team Red Liza	rd
10 A11 Athena Track	The Park of the Pa	4		Edmond Running Club			asota Track Club	121 A129	PR Moose Milers		158 A166 Team Runners	High
11 A12 Athlete's Foot		4		Feel The Heat Track Club Fibo Track Club		192 Mar 193 Mas	in Race Walkers is Velocity Track Club		Prairie Striders Quantum TC		159 A168 Tendonitis A.C. 160 A169 Texas Cyclones	
12 A13 Athletics East		5		Florida Athletic Club			Aichael Athletics		Quick Silver Track	Club of N.		

			3/	A40	Cny impaias	14		Island Jumpers	111 A119	Park Hacewalkers, Usa	148 A156	Sprint Athletics 1C
1	A2	2nd Wind Track Club	38	A41	Colonial Road Runners	75	A80	Jacksonville Track Club	112 A120	Parkside Athletic Club	149 A157	St. Louis Track Club
2	A4	Above The Bar Track Club	39	A42	Colorado Masters Throwers Assn	76	A81	Km3d Athletic Club	113 A121	Pegasus Athletic Club	150 A158	Synergy Track Club
3	ADH	Ad Hoc	40	A43	Community Kids Athletic Club	77	A82	Knoxville Track Club	114 A122	Penns Valley Youth Track Club	151 A159	Syracuse Chargers Track Club
4	A5	Anchorage R C	41	A44	Ct. Racewalkers	78	A84	LeMans Track Club	115 A123	Philadelphia Athletic Charitie	152 A160	Syracuse Track Club
5	A6	Ann Arbor Track Club	42	A45	Dallas Masters Track & Field C	79	A85	Liberty Athletic Club	116 A124	Philadelphia Masters	153 A161	Tamaipa Runners Inc
6	A7	Anti Gravity Pole Vault Club	43	A46	Dallas Metroplex Striders Trac	80	A86	Long & Strong Throwers	117 A125	Pike Creek Valley Running Club	154 A162	Team Bird, Inc.
7	A8	Arizona Flames Track Club	44	A47	Dayton Master Track Club, Inc.	81	A87	Louisiana Lightning Track Club		Pony Express Track Club	155 A163	Team Jock Stop
8	A9	Ashville Track Club / Saucony	45	A48	Delaware Diamonds	82	A88	Lynx Elite Athletics Club	119 A127	Portland Masters Track Club	156 A164	Team Ohio Track Club Inc.
9	A10	Asics Aggie Running Club	46	A49	DeSoto S.W.I.F.T.	83	A90	MacCando Tenderloin Youth Trac	120 A128	Potomac Valley Track Club	157 A165	Team Red Lizard
10		Athena Track	47	A50	Edmond Running Club	84	A91	Manasota Track Club		PR Moose Milers	158 A166	Team Runners High
	A12	Athlete's Foot - Hitek	48	A51	Feel The Heat Track Club	85	A92	Marin Race Walkers	122 A130	Prairie Striders	159 A168	Tendonitis A.C.
	A13	Athletics East	49	A52	Fibo Track Club	86	A93	Mass Velocity Track Club	123 A131	Quantum TC	160 A169	Texas Cyclones
	A14	Atlanta Track Club	50	A54	Florida Athletic Club	87	A94	McMichael Athletics		Quick Silver Track Club of NJ	161 A170	The Art of Speed, Power and FI
	A15	Beach Track Club	51	A55	Florida Express Track, Inc.	88	A95	Memphis Hurdlers Track Club	125 A133	Racewalkers Northwest	162 A171	The Finger Lakes Runners Club
	A16	Bigfoot Track Club	52	A57	Future Track Running Club	89	A96	Merrimack Valley Striders	126 A134	Rainier Beach Track Team		Woodlands Pole Vault Club
	A17	Birmingham Track Club	53	A58	Garden State Athletic Club	90	A97	Miami Valley TC	127 A135	Raritan Valley Road Runners	164 A173	Thunderbird Track and Field CI
	A18	Bob Schul Racing Team	54	A59	Gate City Striders	91	A98	Midwest Master	128 A136		165 A174	
	A19	Bohemia Track Club	55	A60	Genesee Valley Harriers	92	A99	Millrose AA	129 A137			Tulsa Running Club
19		Boulder Road Runners	56	A61	Glenarden Track Club	93	A100	Minnesota Distance Running Assn	130 A138			
20		Bowerman Athletic Club	57	A62	Great Lakes Organization of Wa	94	A101	Mj0lnir Connecticut Track Club	131 A139	Rogue Running		U.S. Air Force
21		Bozeman Track Club	58	A63	Greater Boston Track Club	95	A102			Runaway Success		U.S. Army
22		Brooks - Fleet Feet Racing	59	A64	Greater Lowell Road Runners	96	A103	Morris County Striders		Runner's Edge	170 UNA	
23		Buckeye Striders	60	A65	Greater Springfield Harriers,	97	A104	Motor City Striders		Running Spot Earth Drummers	171 A179	
24			61	A66	Green Mountain Athletic Associ	98	A105	Napa Track Club		Saca Track Club		Vault High Athletics
25		Carolina Allstars	62	A67	Gulf Winds Track Club	99	A106	Nashville Striders, Inc.		San Diego Track Club		Waterloo Track & Field Club
26		Carolina Godiya Track Club	63	A68	Hammer Idaho	100	A107	New Balance Excelsior R.C.		Santa Barbara Athletic Assn.		West Florida Y Runners Club
27		Carolina Racewalking Club	64	A69	Hanover AC	10	1 A108	New England 65 + Runners Club	138 A146		175 A183	
28		Carolinas Track & Field Club	65	A70	Hard Core Runner's Club	102	2 A109	New Hampshire Tracksters	139 A147		176 A184	
29		Central Oregon Running Klub (C	66	A71	Hartford Track Club	103	3 A110			Snohomish Track Club	177 A185	
30		Charities Challenge	67	A72	Hawaii Masters Track Club	104	4 A111	Nike Central Park Track Club		So Cal Track - Fleet Feet	178 A186	
		Charlotte Track & Triathlon Cl	68	A73	Highlanders Masters T&F Club		5 A112			So. Calif. Striders T.C.	179 A187	
31			69	A74	Houston Elite		5 A114	Opti Msm World Elite Track Clu	143 A151		180 A188	
32		Cleve Heights Rebel TC	70		Houston Harriers	10	7 A115			Southern Calif. Running Co	181 A189	
33		Club Arkansas	71	A76	Huntsville Track Club		8 A116			Southern Oregon Sizzlers R/C		Wisconsin Runner Racing Team
34		Club Northwest	72		Indiana Invaders		A117			Southwest Sprinters Track Club	10L 11.00	The state of the s
35	A38	Club Vault	12	n//	HOW IS HIT WOOD O		100,000		Allow	Countries opinions Track Clob		

Wayne Stahlma M50 Kenneth Effler M55 Daniel Finn

page 28			
	Total Magnet	Ed Rowan 65 24-	0.5/31-6/
EAST		42-	6 .5/91-7 1/31-2.5/
MAC Spring Cla Queens, NY; Jui		20# 2	9-9/86-7
100m M30 Rawle DeLisle	11.20	Bob Cedrone 51/	/49-3.75/ 136-4
Murray Jones	12.90	July 8 16# SP/SP/HT/WT	
M70 Tom Talbott 200m	16.61	16# SP/SP/HT/WT Bob Cedrone 51 35-1	0/39-8.5/
M30 Rawle DeLisle Murray Jones	23.10 26.42	distanting the same and the same 14	4-7/55-5 .75/41-2/
M40 Clinton Aurulien	23.60	- Tarellone and Tarellon 12	9-9/57-0
Andrew Ness M50 Francis Schiro	30.83	94	4.5/33-2/ -10/43-2
Kenrick Smith	26.01		7/31-5.5/ # 32-4.5
M70 Tom Talbott W30 Shemayne William		July 29	
Amanda Tailer	30.22	16#SP/SP/HT/WT	10/39-2/
M30 Petulio Echeandia		The second second second	-/ 6-5.5WR/
Murray Jones M40 Howard Lindsay	59.32 52.70	-43-3.75/124	-11/59-6
M50 Francis Schiro M70 Tom Talbott	54.40 95.37	Bob Cedrone 52 38-5.5/148	
W30 Shemayne William			/32-0.75/ 1-5/36-2
800m W30 Sonya Badger	2:33.25	MAC Masters	a time blanch a
1500m	MARKET	Championship	
W30 Sonya Badger 3000m	5:26.32	Queens, NY June 25	
	12:56.08	100m	
	14.50.30	M30 Murray James M40 Mitchell Lovett	13.9 12.1
Shot Put M30 Robert Wright	10.90	M45 Stephen Henry	13.6
M50 Rich Dunphy	9.24	M55 Jesse Norman William Purcell	13.4 16.8
W60 Roslyn Katz W70 Anne Cirulnick	7.10 6.75	M60 Rich Jones M70 Tom Talbott	13.2 17.5
Discus	43.57	200m M40 Howard Lindsay	23.7
M30 Robert Wright M50 John Mattei	29.27 36.84	M45 Val Barnwell	24.5 27.1
Tom Kuehl	36.51	M50 Francis Schiro	25.0
John Harbulak Rich Dunphy	21.75 20.61	Steve Ballinger M55 Jesse Norman	30.4 27.9
Javelin M50 Steve Riva	42.95	M60 Ron Johnson M65 Abe Bernstein	26.4 31.9
John Harbulak	32.73	M70 Tom Talbott	37.4
W60 Roslyn Katz W70 Anne Cirulnick	17.30 11.58	M30 Murray Jones	59.2
Weight Throw	7.58	M40 Marc Nesbitt Mitchell Lovett	53.8 56.8
M60 Jai Singh W60 Roslyn Katz	10.45	M45 Ben James M50 Francis Schiro	51.9 54.3
W70 Anne Cirulnick	6.50	M55 Alston Brown M65 Abe Bernstein	55.0 70.1
SCTC All Comers		M70 Tom Talbott 800m	1:41.8
Syracuse, NY; Jui 100m	-	M50 Anthony Baker	2:50.4
M40 Mark Honis M45 Tim Taylor	12.3 12.8	M55 Alston Brown M65 Sid Howard	2:08.7 2:32.1
Pete Davis M65 Tom Fondy	16.4	W30 Sonya Badger 1500m	2:32.8
Kermit Cadrette	17.3	M65 Sid Howard W30 Sonya Badger	5:45.3 5:21.1
M65 Kermit Cadrette	83.4	100mHH M50 Anthony Baker	21.6
Al Stagl 1500m	84.5	M55 Ivan Black	19.1
M30 Scott Weeks M45 Pete Davis	4:10.4 4:50.5	M60 Mickey Milove 300mlH	17.8
M65 Kermit Cadrette Al Stagg	6:18.3 6:35.0	M60 Mickey Milove 400mlH	54.6
Long Jump M40 Mark Honis	STATE OF THE PERSON	M45 Darnell Gatting M50 Anthony Baker	58.6 1:22.3
M45 Tim Taylor	17-6 3/4 15-4	Shot Put	
M65 Don Baum Shot Put	9-3	M35 Robert Wright M50 George Castelli	11.2 12.58
M45 Tim Taylor Discus	21-11	Dennis Hansen M55 Charles Roll	11.38 14.06
M65 GaryCrawford	37.33	Rich Dunphy W60 Roslyn Katz	8.83 7.14
Hammer Throw W45 Michelle Galvin	21.54	W70 Anne Cirulnick Discus	7.00
M35 Jay Kovaleski M55 Pat Lynn	43.69 37.48	M35 Robert Wright	30.76
M65 Gary Crawford	26.93	M50 John Mattei Tom Kuehl	39.10 36.62
SCTC All Comers		Dennis Hansen George Castelli	35.76 31.14
DeWitt, NY June 19		M55 Rich Dunphy	21.72
200m M45 Michael Forward	30.8	M60 John Harbulak W60 Roslyn Katz	28.06 18.74
800m		W70 Anne Cirulnick Weight Throw	13.66
M40 Andy Lewis M55 Bob Nicholson	2:39.1 3:07.7	M50 Dennis Hansen W60 Roslyn Katz	11.3 9.94
3000m M40 Andy Lewis -	13:01	Javelin M50 Steven Riva	45.9
M45 Pete Davis Triple Jump	10:09.2	Long Jump	
M40 Mark Honis	31-0	M55 Igor Konovaloi Ivan Black	4.58 4.27
M45 Michael Forward	27-9	High Jump M55 Ivan Black	4'6"
Dartmouth Weight	Meets		- 0

Dartmouth Weight Meets

Hanover, NH

34-9/40-8/ 55-2.50120-3

16# SP/SP/WT/HT

Carl Wallin 64

	National M	aste
Ed Rowan 65 24-0.5/31-6/	M40 Jeff Gold 11.81	M70
42-6 .5/91-7 Sam Messiter 77 23-1/31-2.5/	M45 Clifton Quarrie 11.98 M55 Chris Alvord 13.08	W3
20# 29-9/86-7	M65 Alby Williams 12.88	W40
Bob Cedrone 51//49-3.75/	M75 John Marin 19.02 W40 Lorraine Jasper 15.01	200
	W60 Barb Leighton 16.85 W65 Lana Kane 18.84	M45
July 8 16# SP/SP/HT/WT	200m	
Bob Cedrone 51 35-10/39-8.5/	M40 John Rogers 30.4h M45 Avon Meacham 27.45	M50
144-7/55-5 Carl Wallin 64 35-6.75/41-2/	M55 Chris Alvord 27.31	310
129-9/57-0	W65 Lana Kane 40.2h	M55 Dav
Ed Rowan 65 27-4.5/33-2/ 94-10/43-2	M30 Richard Smith 1:06.48	75,000
Sam Messiter 77 23-7/31-5.5/ 89-9/20# 32-4.5	M40 Andrew Langowski 1:04.68 M45 Avon Meacham 1:02.9h	M60
	M55 J J Wind 1:29.1h	M65
July 29 16#SP/SP/HT/WT	M65 Alby Williams 1:01.11 W30 Zania Ayrton 1:00.6h	MOS
Luke Hotte 59 36-10/39-2/	W35 Charmaine Roberts 1:00.3h	M70
Carl Wallin 64 36-5.5WR/	W40 Lorraine Jasper 1:05.1h W45 Win Persina 1:08.8h	M85
43-3.75/124-11/59-6	W60 Barb Leighton 1:24.5h	W35
Bob Cedrone 52 35-8.75/ 38-5.5/148-1/53-10	M40 Alton Greene 2:52.2h	400
Ed Rowan 65 26-8/32-0.75/	M50 Russ Patton 2:21.19 M55 J J Wind 3:03.5h	M35
101-5/36-2	W40 Terri Rath 2:31.50 W45 Julie Hayden 2:29.70	1000
MAC Masters Championships	W60 Barb Leighton 3:14.2h	M45
Queens, NY	1500m M40 Ted Poulos 4:58.96	M50
June 25	W45 Julie Hayden 5:09.80	400
100m	Mile M30 Dave Kent 5:02.5h	M55
M30 Murray James 13.9 M40 Mitchell Lovett 12.1	M35 Joshua Seidman 5:13.4h	1
M45 Stephen Henry 13.6	M40 Ted Poulos 5:44.7h M45 Curtis Davis 5:20.2h	M70
M55 Jesse Norman 13.4 William Purcell 16.8	M50 Russ Patton 5:17.6h	W50
M60 Rich Jones 13.2 M70 Tom Talbott 17.5	M55 Dan Eddy 5:15.7h W30 Cindy Mathis 6:28.6h	800 M35
200m	W40 Lorraine Jasper 5:22.6h	59104
M40 Howard Lindsay 23.7 M45 Val Barnwell 24.5	W45 Sarah Buckhect 6:33.3h 3000m	M40
Stephen Henry 27.1	M55 J J Wind 12:47.8h Short Hurdles	M45
M50 Francis Schiro 25.0 Steve Ballinger 30.4	M75 James Stookey 14.2h	IVIT
M55 Jesse Norman 27.9	Long Hurdles M75 James Stookey 56.49	M50
M60 Ron Johnson 26.4 M65 Abe Bernstein 31.9	High Jump	14150
M70 Tom Talbott 37.4	M35 James Barr 1.73 M75 James Stookey 1.27	M55
M30 Murray Jones 59.2	W30 J Dantone-Smith 1.42 Shot Put	M60
M40 Marc Nesbitt 53.8 Mitchell Lovett 56.8	M35 James Barr 12.49 M55 William Gainey 11.20	Moc
M45 Ben James 51.9 M50 Francis Schiro 54.3	M55 William Gainey 11.20 M60 J Bookin-Weiner 10.91	W35
M55 Alston Brown 55.0	W40 Marianne La Chance 7.22	W40
M65 Abe Bernstein 70.1 M70 Tom Talbott 1:41.8	W65 Janie Mortensen 5.52 W70 Sharon Good 4.12	W50
800m	Discus M30 Sekenia Welch 34.00	150
M50 Anthony Baker 2:50.4 M55 Alston Brown 2:08.7	M60 J Bookin-Weiner 40.54	M40
M65 Sid Howard 2:32.1 W30 Sonya Badger 2:32.8	W70 Sharon Good 9.09 Hammer	
1500m	M30 Sekenia Welch 26.60	M60
M65 Sid Howard 5:45.3 W30 Sonya Badger 5:21.1	M40 Anthony Dziepak 43.73 M60 J Bookin-Weiner 37.20	M90
100mHH	W40 Anne Pastorkovich 12.87 W70 Sharon Good 10.93	500 M35
M50 Anthony Baker 21.6 M55 Ivan Black 19.1	Javelin	M40
M60 Mickey Milove 17.8 300mIH	M35 James Barr 50.18 M55 William Gainey 29.84	M45
M60 Mickey Milove 54.6	M60 Russ White 46.19	M50
400mlH M45 Darnell Gatling 58.6	W40 Anne Pastorkovich 13.90 W65 Lana Kane 15.81	M55
M50 Anthony Baker 1:22.3	W70 Sharon Good 7.67	M70
Shot Put M35 Robert Wright 11.2	J Bookin-Weiner 13.78	W3:
M50 George Castelli 12.58	W70 Sharon Good 5.41 Mile RW	10,0 M45
Dennis Hansen 11.38 M55 Charles Roll 14.06	M55 John Gersh 9:37.0h	Sho
Rich Dunphy 8.83 W60 Roslyn Katz 7.14	W65 Lana Kane 11:32.0h 3000m RW	M45
W70 Anne Cirulnick 7.00	M50 Steve Pecinovsky 14:58.5h	M50
Discus M35 Robert Wright 30.76	M55 John Gersh 18:19.6h W55 Cathy van Brocklin 19:09.7h	M55
M50 John Mattei 39.10	W65 Lois Dicker 19:00.6h	M70
Tom Kuehl 36.62 Dennis Hansen 35.76	USATF-New Jersey	Lon M40
George Castelli 31.14 M55 Rich Dunphy 21.72	Masters Championships	M45
M60 John Harbulak 28.06	Tinton Falls; July 9	M50
W60 Roslyn Katz 18.74 W70 Anne Cirulnick 13.66	100m M30 Lyndell Pittman* 11.3	M55
Weight Throw	M30 Lyndell Pittman* 11.3 Henry Myers* 12.0	Hig
M50 Dennis Hansen 11.3 W60 Roslyn Katz 9.94	M40 Andre Bridgett 11.8 William Hughes 12.0	M45
Javelin	M45 Rick Evans 12.0	M55
M50 Steven Riva 45.9 Long Jump	Jim Fox 12.7 John Crombie 15.8	4753
M55 Igor Konovaloi 4.58 Ivan Black 4.27	M50 Cochise McBride* 12.3	M65
High Jump	Artale Aflonse 13.1 David Gritz 13.6	W4
M55 Ivan Black 4'6"	M55 Ronville Gravesanek 13.1	Pol M40
Potomac Valley TC Meet	M60 Paul Henry 13.4	M50 M55
McLean, VA; July 8	Robert Palle 16.4 M65 Dick Camp* 13.8	M60
M35 Don Davis 12.42	William Hughes 14.6	Lon M45
		1

ai M	asters news	The second second second
11.81	M70 William Clark 14.9	GlennMetcalfe
11.98 13.08	M85 Jim Manno 17.2 W35 Lisa Daley* 12.5	M50 Al Cestero John Estok
12.88	Nedenia West* 13.9	M55 David Friedman
19.02	W40 Shemayne Williams* 14.4	Triple Jump M50 Fred Clark*
15.01 16.85	200m M45 Tony Fulton* 23.5	Jim Clark*
18.84	Jim Fox 25.6	Al Cestero
	Phil Bujalski 25.7 M50 Archie Glaspy 25.5	M55 David Friedman Jim Clark
30.4h 27.45	M50 Archie Glaspy 25.5 Cochise McBride* 27.9	Ivan Black*
27.31	Larry Zwick 28.6	Shot Put
40.2h	M55 Kenrick Smith* 26.7 David White 30.7	M45 Glenn Metcalfe M50 Jay McKeen
06.48	David White 30.7 David Friedman 36.1	George Edson
04.68	M60 Paul Henry 27.5	M55 Charles Roll
02.9h	Warren Campbell 33.0 Robert Palle 34.1	Donald Graham Jacques Lebel
29.1h 01.11	M65 Dick Camp* 29.3	Robert Palle
00.6h	Nate Byrd 30.5	M65 John Bronstein
00.3h	William Hughes 31.1 M70 John MacDonald 32.1	Jerry Sullivan Tim Miles
05.1h 08.8h	M70 John MacDonald 32.1 M85 Jim Manno 39.2	W70 Gerald Vaughn WR
24.5h	W35 Lisa Daley* 25.9	(Gerald Vaughn/14.91/2005
52.2h	W40 Shemayne Williams* 28.5	William Barker W40 Leslie Duncan
21.19	M35 Robert Peters 57.0	Gina Tillman-Lanier*
03.5h	M40 David Bynoe 53.8	Discus
31.50	Ray Parker 54.9 Jon Malpass 59.9	M50 Jay McKeen John Finnigan
29.70 14.2h	Jon Malpass 59.9 M45 Charles Castiglion 64.3	John Kalnas
No. C	M50 Archie Glaspy 55.7	M55 Charles Roll
58.96	Robert Segal 63.1	Glenn Weaver
09.80	Larry Zwick 63.6 M55 David Friedman 1:21.2	Ron Salvio M60 Jacques Lebel
02.5h	M60 Paul Henry 1:02.0	Robert Palale
13.4h	John Kuhi 1:14.3	M65 Roger Busch*
44.7h 20.2h	Robert Palle 1:15.2 M70 John MacDonald 1:19.7	John Bronstein Russell van Put
17.6h	W50 Nancy King 1:16.5	Jerry Sullivan
15.7h	800m	Hammer
28.6h 22.6h	M35 Doug Hertler* 2:08.4 Robert Peters 2:19.1	M40 John Seto* M45 Mike Bersch
33.3h	M40 Scott Landis* 2:04.2	M50 Jay McKeen
TO SHALL	Patrick Dolan 2:06.1	Thomas Kuehl*
47.8h	David Bynoe 2:08.9	Peter van Aken*
14.2h	M45 Bob Andrews 2:16.7 Emil Estok 2:23.0	M55 Ron Salvio M65 John Bronstrin
Paper	Thomas Schaefer 2:35.1	Edmund Joyce*
56.49	M50 Tony Plaster 2:21.1	M70 William Barker* Javelin
1.73	Doug Bogert 2:28.0 John Estok 2:51.7	M35 Dan Adams
1.27	M55 Alston Brown* 2:05.9	M50 George Edson
1.42	Harold Nolan 2:21.9 M60 John Saarmann 2:24.6	Steven Riva
12.49	Robert Palle 2:47.1 John Kuhi 2:49.1	M55 Greg Geraci Glenn Weaver
11.20	John Kuhi 2:49.1 W35 Ligaya Mishan* 2:31.5	M60 Robert Palle
10.91 7.22	W35 Ligaya Mishan* 2:31.5 W40 C Stone-Borkowski*2:24.1	M65 Frank Illuzzi Jerry Sullivan
5.52	Sue Pearsail 2:41.6	John Bronstein
4.12	W50 Wendi Glassman 2:55.1 Joann Galinak 3:20.8	M75 Arthur Kearney*
34.00	1500m	W40 Lesley Duncan 5000m RW
40.54	M40 Gerard Pearlbert 4:30.4	M40 John Soucheck 2
9.09	Patrick Dolan 4:33.9 John Soucheck 5:23.2	M45 Larry Schiller 3 M55 John Fredericks 2
26.60	John Soucheck 5:23.2 M60 Robert Palle 6:14.0	Tom Quattrouchi 2
43.73	M90 Dudley Healy 15:20.5	M60 Marcus Kantz 3
37.20 12.87	W50 Joann Galinak 6:53.0 5000m	Thomas Hartman 3 M70 Joseph LaBruno 3
10.93	M35 Nick van Langen 17:25.8	W40 Maria Paul 3
-	M40 Mark Mellea 17:34.5	W55 Panseluta Geer 3
50.18 29.84	Brian Roche 18:26.7 M45 Paul d'Abbrosio 26:21.4	W60 Fran Emanuel 3 *Out of district
46.19	M50 Robert Hyer 21:03.5	Out of district
13.90	M55 Bill Scholl 18:33.1	Chelmsford Weigl
15.81 7.67	M65 Andrew Boyajian 25:17.1 M70 Joseph LaBruno 25:24.9	Pentathlon
THE REAL	W35 Julie Hadaszy 22:12.7	Chelmsford, MA; Jul
13.78	W45 Margot Sheehan* 22:23.0	Todd Lemoine 30
5.41	10,000m M45 Paul d'Abbrosio 58:24.3	34.10/11.78/34.01/
37.0h	Short Hurdles	42.07/11.43 Bob Cedrone 51
32.0h	M45 Timothy McMahon 16.8	43.97/11.80/32.53/
58.5h	Phil Bujalski 17.3 M50 Al Cestero 18.7	27.03/16.50
19.6h	M55 Ivan Black* 19.5	Dan Wallace 50 38.04/12.74/39.32/
09.7h 00.6h	David Friedman 28.6 M70 William Clark 14.0	28.31/13.76
00.011	M70 William Clark 14.0 Long Hurdles	Ken Effler 54
y	M40 Getulio Echeandia* 55.3	24.60/10.64/34.50/ 42.30/8.80
nips	M45 Darnell Gatling* 56.5	Peter Van Aken 50
9	Phil Bujalski 1:02.2 M50 Anthony Baker* 1:21.1	38.61/11.11/37.02/
	M55 Ivan Black* 1:14.3	32.74/ Roger Conboy 56
11.3	David Friedman 1:45.8 High Jump	41.91/12.55/35.70/
12.0	M45 John Crombie 1.38	40.46/15.74
12.0	M50 Al Cestero 1.48	Ned Rich 56 28.21/8.94/25.25/
12.0	M55 Ivan Black* 1.38 David Friedman 1.18	28.98/14.17
12.7 15.8	Ron Salvio 1.18	Kent Worden 59
12.3	M65 Jerry Sullivan 0.98	29.63/8.55/25.83/ 21.55/
13.1	M70 Arthur Kearney 1.06	Carl Wallin 64
13.6	Pole Vault	41.79/12.60/24.67/
16.2	M40 Duncan Littlefield 4.25	31.59/18.27 Jim Chamberas 62
13.4	M50 Gerard Byrne* 3.80 M55 Bob Reese 2.15	30.34/9.45/32.30/
16.4	M60 Jeff Tinfall 3.05	29.62/11.01
14.6	Long Jump	Ed Rowan 65 26.61/9.40/25.10/
	M45 John Crombie 4.03	3,5,5,5,10
		A STATE OF THE PARTY OF THE PAR

1	GlennMetcalfe 3.95 M50 Al Cestero 4.88	Nick Le
ı	John Estok 3.80	3
	M55 David Friedman 3.53	Paul X
١	Triple Jump M50 Fred Clark* 10.43	21
	Jim Clark* 9.98	Bill Ga
١	Al Cestero 8.56 M55 David Friedman 7.15	2
	Jim Clark 9.98	25
	Ivan Black* 9.31 Shot Put	Sam M
Ì	M45 Glenn Metcalfe 8.99	20
	M50 Jay McKeen 14.95 George Edson 11.52	Bob Ch
l	M55 Charles Roll 14.67	1:
	Donald Graham 10.42	Pat Fo
ľ	Jacques Lebel 10.22 Robert Palle 8.00	10
ì	M65 John Bronstein 9.91	10000
	Jerry Sullivan 8.68 Tim Miles 7.49	Sy
	W70 Gerald Vaughn WR 15.38	Syr
	(Gerald Vaughn/14.91/2005) William Barker 9.59	A HE D
	W40 Leslie Duncan 9.33	WT/56 Norn D
9	Gina Tillman-Lanier* 8.02 Discus	
	M50 Jay McKeen 45.19	Kevin I
١	John Finnigan 39.28 John Kalnas 38.44	400
И	M55 Charles Roll 34:38	Gary C
	Glenn Weaver 30.82	Gary
	Ron Salvio 27.27 M60 Jacques Lebel 30.03	
	Robert Palale 24 79	US
	M65 Roger Busch* 47.32 John Bronstein 40.12	Mast
	Russell van Put 31.32	Sprii
	Jerry Sullivan 27.32	100m
	Hammer M40 John Seto* 32.94	M40 M
	M45 Mike Bersch 43.22	Je K
	M50 Jay McKeen 30.84 Thomas Kuehl* 28.68	M45 M
	Peter van Aken* 32.32	D
	M55 Ron Salvio 26.58 M65 John Bronstrin 32.56	M50 R
	Edmund Joyce* 26.19	M55 La
	M70 William Barker* 27.91	D
	Javelin M35 Dan Adams 47.02	M60 R
	M50 George Edson 46.10	R
	Steven Riva 44.35 M55 Greg Geraci 52.61	M65 Sp
Ø	Glenn Weaver 36.61 M60 Robert Palle 24.20	M70 Jo
	M65 Frank Illuzzi 39.88	D
	Jerry Sullivan 21.15 John Bronstein 21.12	M75 E
	M75 Arthur Kearney* 25 34	A
	W40 Lesley Duncan 31.48	R M80+J
	5000m RW M40 John Soucheck 25:34.4	SEC.T
	M45 Larry Schiller 30:35.4	W40 S
	M55 John Fredericks 29:13.7 Tom Quattrouchi 29:30.1	W45 P
	M60 Marcus Kantz 31:48.8	W50 G
	Thomas Hartman 36:43.0 M70 Joseph LaBruno 37:05.0	W55 H
	W40 Maria Paul 33:37.0	W70 B
	W55 Panseluta Geer 31:20.2 W60 Fran Emanuel 34:01.0	W80 P
	*Out of district	A
	Chelmsford Weight	200m M40 To
	Pentathlon	N
	Chelmsford, MA; July 16	M45 N
	Todd Lemoine 30 2557	D
	34.10/11.78/34.01/	M50 R
	42.07/11.43	T
	Bob Cedrone 51 3203 43.97/11.80/32.53/	L T
	27.03/16.50	M55 C
	Dan Wallace 50 3139 38.04/12.74/39.32/	Т
	28.31/13.76	M60 R M65 S
	Ken Effler 54 2591 24.60/10.64/34.50/	M70 J
	42.30/8.80	D
	Peter Van Aken 50 2318 38.61/11.11/37.02/	M75 R
	32.74/	E
	Roger Conboy 56 3908 41.91/12.55/35.70/	M80+J
	41.91/12.55/35.70/ 40.46/15.74	Y
	Ned Rich 56 2588	W35 L
1	28.21/8.94/25.25/	W40 L

10.43	28/38/12.43/35.55/ 33.42/12.18	
8.56	Bill Garrahan 75	4030
7.15 9.98	27.60/9.67/30.83/ 29.38/12.96	
9.31	Sam Messiter 79 27.62/9.41/20.52/	3473
8.99	26.33/11.75	**
14.95 11.52	Bob Chase 85 32.20/6.39/18.75/	4021
14.67	13.70/11.89	0755
10.42	Pat Fogg w60 20.33/7.50/18.44/	2755
8.00 9.91	16.82/9.56	
8.68	Syracuse Charger	s
7.49 15.38	Throws Meet	17
5)	Syracuse, NY; July	
9.59 9.33	WT/56#/HT/DT/SP Norn Deep 39	
8.02	13.16/7.37/	
45.19	Kevin Donovan 54	12,41
39.28 38.44	11.80(20#) 26.77(5k)/26.8	
34:38 30.82	Gary Crawford 65	
27.27	11.98/5.15/	28.73/
30.03 -	LICATE East Dogios	al .
47.32 40.12	USATF East Region Masters Champions	nips
31.32	Springfield, MA; July	
27.32	100m	
32.94	M40 Mark Stephenson Jeffrey Morrison	13.26 13.30
43.22 30.84	Kevin Gleason	15.90
28.68 32.32	M45 Michael Needham Dave Neumann	12.30 12.43
26.58	Michael Travers M50 Rob Porcaro	12.70
32.56 26.19	M55 Larry Libow	13.31 15.28
27.91	Daniel Finn John Oleski	16.16 19.06
47.02	M60 Roger Pierce	12.92
46.10 44.35		13.42 15.14
52.61		16.67
36.61 24.20	M70 John Polevy Dan Siegel	17.94 15.16 16.06
39.88 21.15	Kenneth Perkins	16.48
21.12 25.34	M75 Ed Cox Alan Raynor	15.70 16.07
31.48	Robert Bruce M80+Jim Manno 85	16.20
5:34.4	T N Bacu	17.54 19.34
0:35.4	W40 Sarah Lawson Lori Kessel	14.10
9:30.1	W45 Paula Fortuna	15.62
1:48.8	W50 Gail Johns-Rees Kimberly Williams	15.14 16.94
7:05.0	W55 Hillen von Maltzhan W70 Barbara Jordan	16.07 17.08
1:20.2	Gloria Lipton	26.00
4:01.0	W80 Patricia Peterson Ann McGowan	21.62 23.87
S. Sept.	200m M40 Terrence Haynes	25.00
ht	Mark Stephenson	26.97
ly 16	Steven Penney M45 Michael Needham	27.11 25.62
2557	Dave Neumann Joseph Ziegler	25.72 27.25
	M50 Rob Porcaro	27.57
3203	Tucker Taft Thomas Gillen	27.77 28.57
	M55 Carroll Blake Ralph Souppa	26.42 27.59
3139	Thomas Cunningham	28.10
0504	M60 Roger Pierce M65 Spencer Parrish	27.01 35.84
2591	M70 John Polevy	32.09 33.41
2318	Dan Siegel Thomas Talbott	38.38
2310	M75 Robert Bruce Ed Cox	33.85
3908	Alan Raynor	34.30
	M80+Jim Manno 85 Y M Naci 83	37.91 40.12
2588	Bob Matteson 90 W35 Laura Barre	44.69 13.45
	W40 Lori Kessel	29.49
1762	Sarah Lawson Susan Wiemer	29.64
	W45 Paula Fortuna	32.53
3704	W50 Gail Johns-Rees	35.47
FIRM	Kimberly Williams W55 Hillen von Maltzhan	34.55
2844	Mary Collins-Finn	41.60
0704	W70 Barbara Jordan W80 Patricia Peterson	37.65 48.51
2784	400m	
	M40 Steven Penney	57.43

16.38/12.36	
Nick Leras 71	3051
35.79/7.77/34.89/	
14.16/10.77	
Paul Xanthopoulos 75	4528
28/38/12.43/35.55/	F-Didney
33.42/12.18	
Bill Garrahan 75	4030
27.60/9.67/30.83/	
29.38/12.96	
Sam Messiter 79	3473
27.62/9.41/20.52/	Charles.
26.33/11.75	
Bob Chase 85	4021
32.20/6.39/18.75/	Section St.
13.70/11.89	
Pat Fogg w60	2755
20.33/7.50/18.44/	
16.82/9.56	

September 2000		National M	asters News		page 29
M45 Ben James 53.52	M65 Bob Paulen 4.31	M80 James Crawford 34.38	Discus	M80 Bill Snaden 7.47	Diane Hamilton 16.9
Joseph Ziegler 60.20	Joel Jacobson 2.12	W35 Cindy Latham 30.51	M35 James Barr 36.94	W75 Lillian Snaden 7.41	W65 Joy MacDonald * 16.2
Michael Primeau 61.61 M50 Edward Gonera 59.24	M70 John Polevy 4.13 Joel Stinson 3.57	W45 Oneithea Lewis 49.22 W55 Janis Henderson 18.24	M40 Tony Dziepak 36.25	Superweight	M35 Ronald Carpenter 11.3
Tucker Taft 61.78	Kenneth Perkins 3.57	W55 Janis Henderson 18.24 W60 Roslyn Katz 26.24	M50 Gary Scott Sutton 31.26 M60 J Booken-Weiner 41.48	M70 Tim Twomey 9.39 Bill Gramley 8.09	M40 Darren Nash 13.3 Mitch Emoff 13.9
Thomas Gillen 62.10	M75 Alan Raynor 3.49	Javelin	W70 Sharon Good 9.22	Pay Carsensen 7.20	M45 Lawrence Finley 12.6
M55 Carroll Blake 56.75 Ralph Souppa 60.26	W35 Laura Barre 5.58 W55 Janis Henderson 2.69	M35 Neal White 38.89	Javelin	M80 Bill Snaden 4.67	Kurt Koehler 13.0
Thomas Cunningham 61.92	W70 Flo Meiler 2.84	Richard Romanchick 37.02 M40 Ron McConnell 56.02	M35 James Barr 51.86 M40 Richard Hill 29.37	W75 Lillian Snaden 4.71	Todd Martin 15.5
M60 Roger Pierce 59.38	W80 Ann McGowan 2.09	Scott Hanney 54.41	M50 Gary Scott Sutton 35.57	MIDWEST	M50 Tom Smith 11.7 M55 Michael Daniels 12.3
Robert Chinchillo 1:12.60 M65 Spencer Parrish 1:25.07	Triple Jump	M50 Karl Molitoris 44.06	M55 Jim Triemplar 15.06	A STATE OF THE PARTY OF THE PAR	Lloyd Hathcock 12.5
M70 John MacDonald 1:09.96	M35 Jonathan Choate 8.08 M40 Brian Rowles 11.00	Kenneth Effler 34.50 M55 Glen Weaver 32.98	M60 Russ White 48.00 M65 Jack Kuhns 27.79	USATF-Indiana Masters	David Janson 13.2
Thomas Talbott 1:34.25	M50 Jim Clark 10.34	Buzz Gagne 47.89	W70 Sharon Good 8.23	Championships	Lee Taste 13.2 M60 Allen Huff 13.1
M80+Y M Naci 83 1:39.80 Bill Tribou 85 1:41.92	Fred Clark 10.17	Dennis Chandler 37.34	Hammer	Indianapolis, June 10	M60 Allen Huff 13.1 M65 Bob Shoemaker 15.4
Bill Tribou 85 1:41.92 Bob Matteson 90 1:56.40	M55 Igor Konovalov 9.83 M65 Bob Paulsen 8.40	M60 Stephen Aust 38.59 Edward Root 29.76	M35 James Barr 29.84 M40 Anthony Dziepak 41.01	100m	Bruce Cosmik 16.7
W40 Lori Kessel 1:04.95	Joel Jacobson 3.14	Jim Chamberas 28.72	W70 Sharon Good 10.30	M30 Charles Hopkins 11.39	M75 Burt Saidel 15.5
W55 Mary Collins-Finn 1:30.69	W55 Janis Henderson 5.56	M65 James Kenney 42.43	Weight Throw	M40 Lawrence Born 12.92 M45 Kurt Koehler 13.41	Byford Reed 15.7 M80 Sam Madia 17.9
W80 Patricia Peterson 2:28.36 800m	W70 Flo Meiler 6.85 Shot Put	Frank Illuzzi 37.05 George Cormey 29.33	M35 James Barr 11.09 W70 Sharon Good 5.27	M45 Kurt Koehler 13.41 M55 Rick Parker 12.94	200m
M35 Neal White 2:19.63	M35 Greg Matusic 13.19	M70 Robert Youngs 37.57	Weight Pentathion	M70 James Ware 15.24	M35 Ronald Carpenter 23.6
M45 Ian Smith 2:05.14 Jeffrey Cullianane 2:14.08	M40 Scott Hanney 11.88	Joel Stinson 25.17	M35 James Barr 2792	M75 Byford Reed 16.98 W40 Kisha Browning 14.64	Charles Caesar 24.7 M45 Lawrence Finley 26.3
James Scheer 2:19.23	Kevin Gleason 10.03 Robert Palazzo 9.35	M75 A Xanthopoloulos 33.55 W40 Lesley Duncan 34.11	Mile RW M50 Peter Blank 10:09.7h	W45 Kathleen Shook 14.46	Mark Fox 27.5
M50 Allen Horner 3:20.54	M45 Jim Burgoyne 10.91	W45 Laura Charewica 26.70	M55 John Gersh 9:45.0h	Angela Nealy 14.89	Vincent Walls 29.0
M55 Jack Vercollone 2:17.25 Joseph Burleson 3:02.81	Fred Sandas 9.93 M50 Dan Wallace 12.12	W55 Janis Henderson 16.70	W40 Thonda Bady-Hill 16:03.1h	W50 Sandy Barnett 16.86 Susan Verdi 18.71	M50 Tom Smith 26.0 Walter Hawkins 29.3
M60 Talib Salih 2:37.80	M50 Dan Wallace 12.12 Bob Cedrone 11.13	W60 Roslyn Katz 17.55 Patricia Fogg 16.18	3000m RW M55 John Gersh 18:55.8h	200m	M55 Michael Daniels 26.3
Jonathon Tetherly 2:39.73	M55 Dennis Chandler 10.76	W65 Carol Young 21.01	M65 Michael Schwed 19:18.8h	M30 Antwon Dusett 22.64	David Janson 26.5
John Babington 2:41.74 M70 Christopher Rush 2:40.84	G Kent Worden 9.75 Ned Rich 9.23	W70 Amy Hicks 18.67	W55 Cathy van Brocklin 19:15.3h	M35 Andy Schloot 37.66 M40 Lawrence Born 25.91	M60 Allen Huff * 26.5 M65 Bob Shoemaker 34.5
M80+Bill Tribou 85 4:01.74	M60 Walter Roucken 11.07	Mary Riley 13.96 Marcia Crooks 12.82	SOUTHEAST	Roger Malone 26.44	M75 Byford Reed 35.2
W45 Rogina Moeestow 2:39.67	Geoffrey Brown 10.23	W75 Harriet Patch 10.77	SOUTHEAST	M55 Rick Parker 26.29	M80 Sam Madia 41.3
W55 Mary Collins-Finn 3:22.85 1500m	Tom Demmo 10.16 M65 Nicholas De Nitto 10.40	W80 Ann McGowan 11.73 5000m RW	Carolina Masters	M70 James Ware 31.92 Byford Reed 36.04	W35 Shaton Sullivan 33.7 W40 Kisha Browning 30.4
M35 Zachary Gobel 4:29.38	Gary Crawford 10.40	M55 Joe Light 28:58.18	Throwers Meet, Winston-	W40 Kisha Browning 34.82	W45 Kathleen Shook * 27.8
M45 James Scheer 4:46.80	John Bronstein 10.39	M60 Charles Mansbach 33:55.64	Salem, NC; July 15	W45 Kathleen Shook 30.47	Melinda McCoy-Shugar 29.8
Ed Ellison 4:47.57 Fred Szczesiul 5:29.63	M70 Gerald Vaughan WR 15.36 (Gerald Vaughan/14.91/2005)	M65 Gerald Patrick 33:47.66 Gustave Davis 35:58.77	Shot Put	Angels Nealy 32.05 W50 Sandy Barnett 35.25	W55 Terry Foody 52.7 400m
M50 Brent Stratton 5:58.78	Leonardo Rosen 11.97	Spencer Parrish 36:24.08	M30 Jeff Crouch 11.44	400m	M35 Gordon Benning 51.4
Allen Horner 6:21.99	Alan Brooks 11.83	M70 John Finan 38:26.33	M35 John Wilkerson 11.35 M40 Scott Frasure 8.77	M30 Antwon Dussett 51.96	Charles Caesar 55.7
M55 Jack Vercollone 4:44.87 Jeff Weatherhead 5:04.84	W35 Cindy Latham 6.69 W40 Lesley Duncan 8.89	M75 Bill McCann 36:25.94 Louis Free 37:42.21	M40 Scott Frasure 8.77 M45 Ed Bodenheimer 7.95	M35 Andy Schloot 1:32.97 M40 Danny Trotter 1:09.79	M45 Lawrence Finley 60.8 M50 Tom Smith 57.4
Joseph Burleson 6:32.51	W45 Oneithea Lewis 12.30	W40 Ginger Armstrong 31:19.70	M50 Geoff Emerson 12.30	M45 Mark Fox 1:02.53	Walter Hawkins 61.9
M60 Talib Salih 5:53.75	Pamela Gunneson 7.37	Holly Wenninger 33:23.09	M55 Terry Martin 9.26 M60 Tom Henley 11.27	M50 Dave Knott 1:12.48 M55 Rick Parker 1:06.39	M55 David Janson 61.0
Jerry Brown 6:45.70 M70 Bill Spencer 5:44.54	W55 Beth Wolak 7.24 Janis Henderson 6.21	Potomac Valley TC Meet	Gordon Herbert 10.25	800m	M60 Allen Huff * 62.6 M65 Arnold Graves 73.9
M80+Bill Tribou 85 8:00.78	W60 Patricia Fogg 7.72	McLean, VA; July 26	M65 Tom Steed 13.80	M30 Trevor Tucker 2:30.42	M65 Arnold Graves 73.9 W45 Kathleen Shook * 64.7
W40 Kim Sheffield 4:51.37	Roslyn Katz 7.10 Rebecca Vaigjam 5.70	A Property and a tensor of the	Mike Valle 11.50 M70 Gerald Vaughn WR 15.96	M40 Derick Logan 2:34.63 M50 Larry Lux 2:14.69	Belinda McCoy-Shugar 71.8
W45 Rogina Modestow 5:21.25 Maryanne Ceriello 6:04.84	W65 Carol Young 7.15	100m M35 Don Davis 11.5h	(Vaughn, 14.91, 2005)	Bill McCormick 2:29.40	800m M45 Mark Fox 2:18.3
Karen Lein 6:35.05	W70 Mary Roman 8.05	M40 Jeff Gold 11.5h	Bill Gramley 11.23 Pay Carstensen 9.31	M65 Arnold Graves 2:12.84 1600m	Vincent Walls 2:23.3
W50 Jan Berrill-Morin 6:14.19 W55 Mary Collins-Finn 6:34.76	Anne Cirulnick 6.62 Flo Meiler 6.55	M45 Lloyd Jeremiah 13.0h	M75 Larry Horine 11.37	M30 David Buysse 5:10.44	Lawrence Cox 3:26.5 M50 Curtis Caughey 2:16.6
W70 Gloria Lipton 10:18.81	W75 Harriet Patch 5.77	M50 W N Crutchfield 12.9h M55 Andrew Gipson 12.3h	M80 Graeme Dalzell 8.40 Bill Snaden 7.27	M45 Mark Fox 5:45.53 Kurt Koehler 7:24.68	Walter Hawkins 2:36.8
5000m M40 Mike Early 17:46.06	W80 Ann McGowan 4.37	M65 Alby Williams 12.6h	W60 Rebecca Vaughn 5.80	M60 Kent Robinson 7:48.69	Roman Liscynesky 2:41.8
M45 Bob Nugent 17:13.72	M35 Richard Romanchick 24.03	W50 Eleanor Gipson 17.6h 200m	W75 Lillian Snaden 5.33	W30 Latashia Key 6:00.20	M65 Arnold Graves 3:01.4 W55 Terry Foody 4:08.0
Michael Buchina 25:05.37	M40 Scott Hanney 35.76	M40 Darnell Smith 24.8h	Eliza Dalzell 5.31 Discus	3000m W30 Latashia Key 10:12.11	1500m
M50 Richard Clark 18:57.17 Paul Grogan 20:59.63	John Seto 28.54 Robert Palazzo 28.35	M45 Charles Edwards 24.4h	M30 Jeff Crouch 37.51	5000m	M45 Kurt Koehler 6:47.7
Liso Murillo 21:42.53	M45 Jim Burgoyne 30.83	M65 Alby Williams 26.1h W30 Zenie Ayrton 25.4h	M35 John Wilkerson 31.53	M35 David Buysse 17:27.70	Lawrence Cox 7:17.5 M50 Curtis Caughey 4:48.2
M60 Talib Salih 21:40.39	M50 Ed Ferraro 41.62	W45 Win Persina 29.9h	M40 Scott Frasure 24.37 M50 Geoff Emerson 36.94	Short Hurdles M40 Brett Presley 17.52	W55 Terry Foody * 8:29.8
W40 Karen Lein 24:29.17 W55 Mary Collins-Finn23:29.22	Jeff Wood 39.79 Tim Morse 38.47	400m	M55 Terry Martin 30.04	M50 Kenny Drollinger 18.66	3000m
Short Hurdles	M55 Glen Weaver 33.21	M30 Mark Yackley 1:06.6h M45 Jeffrey Walker 1:05.2h	M60 Tom Henley 49.17 Malcolm Reese 38.87	Long Hurdles M40 Danny Trotter 1:18.10	M45 Bill Valenzano 10:03.3 Lawrence Cox 15:42.8
M45 Tim McMahon 20.20 M50 James Broun 18.89	G Kent Worden 28.53 Dennis Chandler 26.84	M50 Bill Yeh 1:40.0h	Gordon Herbert 33.47	Ben Hall 1:27.22	Short Hurdles
M65 Bob Paulen 19.75	M60 Geoffrey Brown 38.14	M70 Donald Kohler 1:20.4h W35 Charmaine Roberts 1:01.5h	M65 Tom Steed 42.06	High Jump	M55 Thomas Cope 23.6
W40 Susan Wiemer 14.42	Tom Demmo 32.82	W50 Nomvimbi Meriwether 1:42.4h	Mike Valle 41.65 Fred Weber 36.56	M45 Kurt Koehler 1.42 M50 Kenny Drollinger 1.77	M80 Fred Hirsimaki 18.7 High Jump
W70 Barbara Jordan 18.52 Long Hurdles	Walter Roucken 30.26 M65 Rober Busch 43.41	W60 Del Meriwether 1:11.2h	M70 Bill Gramley 39.93	Dave Knott 1.47	M35 Albert Ignacio 5-10
M35 Kevin Bosma 1:02.72	John Bronstein 43.89	800m M55 J J Wind 3:08.8h	Pay Carstensen 22.09	M70 James Ware 1.29	M45 Barry Ward 5-2
M45 Ed Ellison 1:19.83	Gary Crawford 34.26	M70 Donald Kohler 3:05.0h	M75 Larry Horine 33.50 M80 Graeme Dalzell 18.29	W45 Kathleen Shook 1.32 Pole Vault	M55 Dave Knott 4-6 Robert Juett 4-6
M50 Anthony Baker 1:19.48 M60 Warren Graff 48.25	M70 Alan Brooks 37.67 Leonardo Rosen 35.05	W35 Charmaine Roberts2:41.3h	Bill Snaden 15.04	M40 Steve Nuthak 3.96	Paul Buford 3-10
M65 Bob Paulen 56.11	Nick Leras 32.10	W40 Joan Hunter 2:29.3h	W75 Eliza Dalzell 13.58	M45 Paul Babits 4.26	M60 Phineas Anderson 4-4
High Jump	M75 A Xanthopoloulos 34.73	M30 Eric Lavigne 4:43.4h	Lillian Snaden 10.91 Hammer	W45 Brenda Babits 2.20 Long Jump	M65 Bob Shoemake 3-6 M70 Chuck Weidman 3-6
M35 Paul DeBaker 1.87 Kevin Bosma 1.82	W35 Cindy Lathan 17.31 W45 Oneithea Lewis 36.26	M35 Ray Pugsley 4:31.4h	M30 Jeff Crouch 30.00	M30 Josh Houston 5.33	M75 Richard Soller 3-8
M40 David Murphy 1.67	W55 Beth Wolak 21.08	M40 Jim Ehrenhaft 5:08.9h M45 Jeffrey Walker 5:35.7h	M40 Scott Frasure 22.03 M45 Ed Bodenheimer 27.36	M45 Kurt Koehler 4.31	Cliff Dickman 3-6
M45 Mark Brassard 1.57 Wayne Stahlmann 1.52	Janis Henderson 17.31 W60 Patricia Fogg 19.67	M50 Joe Burno 5:10.6h	M45 Ed Bodenheimer 27.36 M55 L.B. Clayton 32.57	Shot Put M40 Donald Lambrecht 9.88	M80 Fred Hirsimaki 3-10 W45 Kathleen Shook * 4-0
Rick Scholtz 1.47	Roslyn Katz 19.22	M60 Michael Hazilla 5:35.6h M70 Skip Grant 6:19.4h	M65 Mike Valle 40.97	Brett Presley 9.07	Pole Vault
M50 Gerrad Smith 1.47	W65 Carol Young 23.53	W40 Rebecca Nathan 5:27.7h	M70 Tim Twomey 37.99 Bill Gramley 36.90	Jon Edwards 7.30 M45 Kurt Koehler 9.29	M30 Joe Cunningham 14-0
M60 David Montieth 1.62 M65 Bob Paulen 1.22	Ann Flynn 17.19 W70 Amy Hicks 17.06	W70 Tami Graf 8:29.7h	Pay Carstensen 33.62	W30 Tinette Chambers 9.60	M40 Jonathan Bartos 13-1 M50 Tom Stover 12-0
Jeffrey Sullivan 1.12	Anne Cirulnick 15.59	3000m M40 Ted Poulos 10:50.0h	M80 Bill Snaden 17.09	Discus	Dow Rogers 10-6
M70 Joel Stinson 1.17	Marcia Crooks 14.70	M50 David Bernstein 10:15.5h	W75 Lillian Snaden 13.05 Javelin	M40 Stacy Himes 39.07 Brett Presley 29.54	M70 Chuck Weidman * 7-6
John Polevy 1.17 Kenneth Perkins 1.17	W75 Harriet Patch 11.66	M55 J J Wind 12:59.0h	M30 Jeff Crouch 23.33	Donald Lambrecht 27.67	M80 Fred Hirsimaki * 6-0 W65 Joy MacDonald * 7-6
M75 Alan Raynor 1.12	M40 Robert Palazzo 40.13	M60 Michael Hazilla 11:05.4h Short Hurdles	M40 Scott Frasure 22.82	M50 Dave Knotts 32.68	Long Jump
W40 Lesley Duncan 1.12	John Seto 31.30	M40 Richard Hill 18.4h	M45 Franklin Roberts 40.10 M60 Gordon Herbert 31.14	3000m RW M45 Damon Clements 16:22.18	M40 Darren Nash 13-6
W45 Pamela Gunneson 1.27 W55 Hillen von Maltzhan 1.02	M45 Fred Sandas 26.82 Brian Doherty 39.38	High Jump	Charles MacDonald 25.38	Terence Snoeberger 18:11.88	M45 Kurt Koehler 13-10.5 M55 Jerry Boswell 17-1.25
Pole Vault	M50 Carl Reichard 45.57	M35 James Barr 1.67 M45 Bruce McBarnette 1.87	M65 Mike Valle 29.36	M50 Craig Woodall 18:50.94	M65 Bob Shoemaker 11-5.75
M30 Rob Frangione 3.35	Carl Bishop 45.28	M65 Jack Kuhns 1.27	Tom Steed 26.91 M80 Graeme Dalzell 15.79	M60 Max Walker 16:00.10 M70 Robert Stewart 24:30.23	Dave Servis 10-11.75
M50 Gerrad Smith 3.20 W55 Hillen von Maltzhan 2.74	George Sandas 42.16 M55 Art Ellis 44.62	W50 Eleanor Gipson 1.32	W75 Eliza Dalzell 10.72	W55 Cathy Mayfield 19:18.03	M75 Burt Saidel 10-8.25
Long Jump	Patrick Lynn 35.24	Triple Jump M35 James Barr 12.78	Weight Throw M30 Jeff Crouch 9.81	W65 Janet Higbit 22:07.83	Richard Solle 9-7.5 M80 Fred Hirsimaki 10-1
M35 Jonathon Choate 4.79	Ron Salvio 27.77	M50 Gary Scott Suton 9.93	M30 Jeff Crouch 9.81 M40 Scott Frasure 7.99	Dayton Masters Classic	Triple Jump
M40 Brian Rosles 5.91 Mark Stephenson 5.86	M60 Geoffrey Brown 31.04 Jim Chamberas 27.68	M55 Jim Triemplar 6.22 M60 J Booken-Weiner 11.64	M45 Ed Bodenheimer 8.64	Dayton, OH; July 15	M55 Jerry Boswell 37-2.25
Kevin Gleason 4.56	Edward Root 27.13	M65 Jack Kuhns 10.23	M55 L.B. Clayton 12.01 Terry Martin 10.81		Robert Juett 25-11.5 M60 Phineas Anderson 26-3
M45 Rick Scholtz 5.53	M65 Gary Crawford 31.91	Shot Put	Terry Martin 10.81 M60 Charles MacDonald 7.03	*Meet Record 100m	M70 Chuck Weidman 16-11.5
Rick Choppa 5.53 Michael Travers 5.00	John Bronstein 31.23 Edmund Joyce 25.70	M55 Jim Triemplar 6.22 M60 J Bookin-Weiner 11.64	M65 Tom Steed 16.51	W35 Sharon Sullivan 15.2	M80 Fred Hirsimaki 2- 8.5
Wayne Stahlmann 4.87	M70 Nick Leras 33.93	M65 Jack Kuhns 10.23	Mike Valle 15.14 M70 Tim Twomey 15.72	W40 Kisha Browning 13.4	Shot Put M45 Craig Rinker 41-7.25
M50 Kenneth Effler 4.39 M55 Daniel Finn 4.04	Donald Hudson 33.33 William Barker 29.31	W70 Sharon Good 4.10	Bill Gramley 14.66	W45 Kathleen Shook 13.6 W50 Theresa Liscynesky 16.6	Earl Curry 32-11.25
M55 Daniel Finn 4.04	William Darker 29.31	1	Pay Carstensen 14.06	W50 Theresa Liscynesky 16.6	Kurt Koehler 31-0.75

Superweight
W45 Carol Finsrud
Sue Hallen
W50 Ruth Welding
Cheryl Mellenthin

7.04 4.87 5.36

M80 Fred Adams

7.02

page 30		
M50 Joseph Schleppi M55 Tim Quinn	40-1	M45 Woods, M55 Ruffin, F
M55 Tim Quinn	39-8	M55 Ruffin, F
David Stebing	36-1	Gerson,
M60 Loarn Robertson Mike Creagar	41-11	M60 Kuebler,
Mike Creagar	41-2.25	Long Hurdle M45 Conte, F
Mickey Bitsko Doug Weikert M65 William Edwards	39-7	M45 Conte, F
Doug Weikert	28-3.5	High Jump
M65 William Edwards	36-6.5	M45 Clemons
Honald Small	33-2.25	M55 M55
M70 Chuck Weidman	26-6	M55 M55 Taylor, Ir Butzin, V M65 Coats, G Servis, I
M75 Pete Augsburger	31-3	M65 Coate G
Rudy Bredenbeck Cliff Dickman	31-3	Servis I
Allen Ward	29-1.5 25-8.5	M80 Hirsimak
M80 Sam Madia *	25-5.75	Pole Vault
Allen Ward M80 Sam Madia * W40 Julie BredenbeckCorp *	35-1.75	M55 Jenkins,
W45 Wanda Hunter-Trammel	25-7.5	I Long Jump
W65 Rita Matz	25-5.75	M35 Thomas, M65 Coats, G Servis, D
Discus		M65 Coats, G
M45 Craig Rinker*	130-7	Servis, D
Don Bailey	126-10	M80 Hirsimak
Don Bailey Kurt Koehler Earl Curry	105-11	Triple Jump M65 Coats, G
Earl Curry	103-1 133-1	M65 Coats, G
M50 Joseph Schleppi	133-1	Shot Put
M55 Dave Knott	113-8	W30 Coats-Pit
David Stebing Paul Buford Gary Kidd	113-6	W35 Kijauska
Paul Butord	75-0	W70 Gelgotas W75 Cipkus, I
Gary Nicu	132-8	Holland,
M60 Loarn Robertson Doug Weikert	124-7	W85 Ozinskas
Mickey Ritsko	114-11	M30 Perryman
Mickey Bitsko M65 William Edwards Ronald Small	113-9	M40 Kijauska
Ronald Small	110-3	M50 Renner.
M75 Budy Bradenhack	101-2	M50 Renner, M55 Butzin, W
Cliff Dickman	73-4	Gedvilas
		M60 Bitsko, M
Sam Madia	61-3	Burke, R
W40 Julie BredenbeckCorp * W45 Wanda Hunter-Tramme	112-2	Servis, D
W45 Wanda Hunter-Tramme	73-6	M80 Media, S
W65 Hita Matz	58-10	Discus
Javelin M55 Dave Knott * David Stebing Gary Kidd	100 0	W75 Holland, Cipkus, D
Mas Dave Kriott	115.1	M30 Perryman
Gary Kidd	80.7	M40 Kijauskas
Robert Juett	87-0	M45 Roerio A
Robert Juett M60 Mickey Bitsko Doug Weikert	87-9	M45 Boerio, A M50 Renner, V M55 Butzin, W
Doug Weikert	78-10	M55 Butzin, W
M65 Ronald Small	92-9	Gerson.
Bob Shoemaker	89-2	M60 Bitsko, M
M70 Chuck Weidman	54-9	M65 Servis, D
M75 Rudy Bredenbeck	77-2	Sheinker,
Cliff Dickman	58-2	Hammer
M80 Fred Hirsimaki *	92-2	W75 Holland,
Sam Madia	54-9	M50 Henner, V
Sam Madia W40 Julie BredenbeckCorp* W45 Wanda Hunter-Trammel 1500m Racewalk	62-7	W75 Holland, I M50 Renner, N M55 Butzin, W M60 Bitsko, M M65 Burke, R
1500m Racewalk		M65 Burke, Ro
M55 Gary Kidd	9:43.7	Sheinker.
Thomas Cope	12:10.6	Sheinker, Servis, D
1500m Racewalk M55 Gary Kidd Thomas Cope M65 Bill Rush	10:56.6	Javelin Throw
		W75 Holland, I
W50 Nancy Grieshop *	10:47.3	M45 Clemons, Wilson, F M50 Renner, V
W55 Gwen Thomas	9:57.8	Wilson, F
		M50 Renner, \
Cleveland Track Cla	assic	M55 Gedvilas, Butzin, W
Mayfield Heights,	OH	Butzin, W
July 22	AL THE	Gerson, M M60 Bitsko, M
The second second	55 THE R.	M65 Servis, D
60m		M80 Roudebus
M40 Bunn, Steve	7.1h	
M40 Bunn, Steve McClain, Arnold M45 Tissenbaum, Alan Clinkscale, David	6.7h	MID-A
Clinkscale David	8.0h	VIIDSA

M40	Bunn, Steve	7.1h	
	McClain, Arnold	7.4h	
M45	Tissenbaum, Alan	6.7h	
	Clinkscale, David	8.0h	
M55	Allie, Charles	7.9h	
M60	Butts, Tim	8.2h	
	Coats, Grover	9.2h	
100n			
W40	Carty, Linda	16.6h	1
	McCoy-Shugar, Bell		
100	Bayne, Penny	21.9h	
W50	Liscynesky, Theresa		
M40	Johnson, S. Chip	12.0h	
-	Jackson, Curtis	13.7h	
M45	Clinkscale, David		١
	Conte Filippo	13.4	,
M60	Conte, Filippo Butts, Tim	13.21	
M65	Coats, Grover	15.4	
200n		10.4	١
	McCoy-Shugar, Belin	28.91	
	Johnson, S. Chip	25.41	
	Tissenbaum, Alan	22.6	
IVITO	Clinkscale, David	26.00	
MSO	Hawkins, Walter	28.31	
		31.7	
Men	Glisic, Bernie Butts, Tim	28.71	
MAGS	Coats, Grover	31.11	
400r		31.11	•
	Butcher, Grace	1:46.7	
MSO	Thomas, Bob	1:07.3	
NISO	Hawkins, Walter	1:07.7	
	Glisic, Bernie	1:12.0	
MSS	Allie, Charles	1:05.9	
800r		1.05.91	•
	Walls, Vincent	2:27.8	ı
IVITO	Boerio, Anthony	3:23.21	
MEA	Thomas, Bob	2:17.2	'
MOU	Hawkins, Walter	2:36.7	!
	Liscynesky, Roman	2:36.7	
ME	Bixler, Jon	2:55.9	
		2.55.91	•
1500		C-20 CL	
	Boerio, Anthony	6:38.6	1
3000	AIT)		
5000			

	A STATE OF THE REAL PROPERTY.	iles reals
	M45 Woods, Charles M55 Ruffin, Ron	11:52.9h
	M55 Ruffin, Hon	11:44.8h
ı	Gerson, Jeff	16:03.0h
1	M60 Kuebler, Bob	11:55.3h
ı	M60 Kuebler, Bob Long Hurdles (Intermed M45 Conte, Filippo	51 2h
ı	High Jump	31.21
ı	M45 Clemons, Dean	1.37
١	M55 M55	1.37 1.37 1.22
ł	Taylor, Irvin	1.22
ı	Butzin, William M65 Coats, Grover	1.16
ı	M65 Coats, Grover Servis, Dave	1.16 1.32 1.11 1.16
ı	M80 Hirsimaki, Fred	1.16
ı	Pole Vault	and the same
ı	M55 Jenkins, Tom	2.74
ı	Long Jump	
ı	M35 Thomas, Frederick M65 Coats, Grover Servis, Dave M80 Hirsimaki, Fred	4.33
ı	Servis Dave	3.18
ı	M80 Hirsimaki, Fred	3.60
l	Triple Jump	
ı	Triple Jump M65 Coats, Grover	8.37
I		
l	W30 Coats-Pittman, Ang W35 Kijauskas, Angela W70 Gelgotas, Zina	ela9.22
ı	W70 Gelootas Zina	5.10
ı	W75 Cipkus, Dona	5.76
ı	Holland, Bernice	5.70
ı		3.59
ı	M30 Perryman, Greg M40 Kijauskas, Simas	11.31
ı	M40 Kijauskas, Simas	8.75
ı	M50 Renner, Wayne M55 Butzin, William	10.09 8.56
ı	Gedvilas, Liutauras	
ı	M60 Bitsko, Mickey Burke, Robert Servis, Dave	10.44
ŀ	Burke, Robert	8.65
ľ	Servis, Dave	6.20
	M80 Media, Sam Discus	7.34
	W75 Holland Bernice	15.78
	W75 Holland, Bernice Cipkus, Dona	12.53
	M30 Perryman Great	33.88
	M40 Kijauskas, Simas	26.69
	M45 Boerio, Anthony	21.18
	M50 Renner, Wayne M55 Butzin, William	31.62
	Gerson, Jeff	17.88
	M60 Bitsko, Mickey	34.11
	M60 Bitsko, Mickey M65 Servis, Dave	24.18
	Sheinker, Abe	19.34
	Hammer	45.00
	W75 Holland, Bernice M50 Renner, Wayne M55 Butzin, William	15.86 24.20
١	M50 Renner, Wayne M55 Butzin, William M60 Bitsko, Mickey M65 Burke, Robert Sheinker, Abe	22 50
		43.63 25.21
	M65 Burke, Robert Sheinker, Abe	25.21
	Servis, Dave	24.00 14.63
	Javelin Throw	14.03
	W75 Holland, Bernice	13.78
	M45 Clemons, Dean	42.90
	Wilson, Rodney M50 Renner, Wayne	23.11 27.54
	M50 Renner, Wayne	27.54
	M55 Gedvilas, Lou	25.68
	Butzin, William Gerson, Jeff	21.57 18.42
	Gerson, Jeff M60 Bitsko, Mickey	23.70
	M65 Servis, Dave	18.00
	M65 Servis, Dave M80 Roudebush, George	17.15
١		

AMERICA

USATF Iowa Pentathion Championships Runnels; June 11

1	WEO K CI ED	
١	W50 Kay Glynn 53	3204
ı	M35 Marek Wensel 38	3134
	W50 Kay Glynn 53 M35 Marek Wensel 38 M55 Alan Russell 56	2999
1	Gene Iwen 56	2605
п		

Blair Masters Meet

30
11.08
12.94
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the state of the s	-
W45 Deb Kluthe	3:05
3000m	
M40 Scott Parker	10:23
M50 Lowell Peterson	14:10
M55 Lou Soukup	11:54
W40 Maria Bledsoe	14:33
Hurdles	THE PARTY
M45 Pat Nicholson	18.82
M65 George LaBelle	15.77
High Jump	
M45 Pat Nicholson	3-8
M75 Ed Failor	3-6
Long Jump	
M45 Pat Nicholson	12-6
M65 Alex Meyer	12-2 1/4
Shot Put	STATE OF THE PARTY OF
M35 Tim Martens	42-10
M40 Todd Davis	44-8
M45 David Doty	40-0
M60 Ralph Check	39-10 1/4
Lavane Johnson	39-8 1/2
Virgil Paulsen	39-5 1/2
M65George LaBelle	29-9
M75 Ed Failor	25-10
W40 Debra Kage	34-6
W45 Vicki Check	23-7 1/2
W50 Linda Rowe	32-1/2
Discus	32-1/2
M35 Tim Martens	137-11
M40 Todd Davis	165-1
M45 Scott Lashier	91-1
M60 Virgil Paulsen	126-3
M65 George LaBelle	91-1
M75 Ed Failor	70-7
W40 Debra Kage	75-0
W45 Vicki Check	65-8
W50 Linda Rowe	94-11
Javelin	94-11
M45 Joe Ortmeier	****
	113-10
M60 Alex Meyer	105-8
M65 George LaBelle	94-6
M70 Marion Hudson	10-7
M75 Ed Failor	92-10
W50 Linda Rowe	87-10
The state of the s	10
SOUTHWES	Y

USATF South Texas Assn. Masters Championships Eigln, TX; May 6

P. A. St. Charles and St. Control of the Control of	
Weight Throw	
M40 Brian Suter	12.26
Eugene Garza	6.18
M50 Donald Lantrip	10.96
Michael Amaral	9.46
M60 Mark Chapman	12.45
M65 Howard Zingg	10.52
Harold Crater	7.18
M75 Jim Gerhardt	11.23
Agapita Rocha	7.75
M80 Fred Adams	7.34
W50 Cheryl Mellenthin	8.55
Superweight	
M40 Eugene Garza	5.68
M50 Michael Amaral	5.76
Donald Lantrip	4.86
John Stilbert	3.73
M60 Mark Chapman	4.72
M65 Howard Zingg	4.24
Harold Crater	3.40
M75 Jim Gerhardt	6.23
M80 Fred Adams	4.57
W50 Cheryl Mellenthin	5.30
Cat Spring Grunt	VIII

Cat Spring Grunt VIII Cat Spring, TX, July 8

Shot	Put .	
W45	Carol Finsrud	11.20
	Sue Hallen	8.15
W50	Ruth Welding	10.92
	Cheryl Mellenthin	6.70
M40	Dave Rothenbury	11.78
	Bruce Navarre	12.33
	Arny Ferrando	9.89
	David Day	9.83
M50	Dan Roloff	13.14
	John Stilbert	10.55
	Michael Amaral	9.16
M55	Robert Rogers	14.22
	Roger Conboy	12.65
M60	Tom Gage	14.13
	Vince Breaux	13.11
	Mark Chapman	12.35
	Julius Cassels	11.70
	Harold Landry	11.62
M65	John Conniff	12.01
	Peter LaBarge	10.16
	Harold Crater	8.80
	Howard Zingg	8.14
M70	Wendell Palmer	11.27
	Pay Carstensen	9.86
	Jim Carney	9.69
79/1	Milton Brady	9.06
M75	Jim Gerhardt	10.96

Discus W45 Carol Finrud	47.64	M45 Bruc M50 Dan
Sue Hallen W50 Ruth Welding	22.74 34.82	M55 Tim
Cheryl Mellenthin M40 Dave Rothenbury	17.83 42.45	M60 Tom
M45 Bruce Navarre Arny Ferrando	47.47 32.43	Vinc Julio
David Day	27.00	Mar M65 How
M50 John Stilbert Dan Roloff	39.83 33.49	John
Michael Amaral M55 Tim Edwards	33.25 37.03	M70 Pay
Roger Conboy M60 Tom Gage	36.19 48.52	M75 Jim
Vince Breaux Mark Chapman	41.91	M80 Fred Weight P
Harold Landry	32.66	W45 Sue
Julius Cassels M65 Peter LaBarge	28.43 40.75	W50 Ruti Che
John Conniff Howard Zingg	39.13 33.17	M40 Dav
Harold Crater M70 Wendell Palmer	26.00 38.51	Arny Dav
Jim Carney Milton Brady	28.73 27.06	M50 Dan Mich
Pay Carstensen	26.63	M55 Rog
M75 Jim Gerhardt M80 Fred Adams	35.26 12.64	M60 Tom Vind
Javelin W45 Carol Finsrud	30.68	Mar Juliu
Sue Hallen W50 Ruth Welding	16.72 21.39	M65 Pete John
Cheryl Mellenthin M40 Dave Rothenbury	14.44 30.44	How Har
M45 Arny Ferrando	47.47	M70 Pay
David Day Bruce Navarre*	33.86 16.64	M75 Jim
M50 Dan Roloff John Stilbert	34.08 27.77	M80 Fred 98#
Michael Amaral M55 Roger Conboy	25.25 43.99	W45 Sue W50 Rut
M60 Vince Breaux Tom Gage	45.84 34.09	Che W60 Rev
Mark Chapman	33.39	W65 Mar
Julius Cassels M65 Peter LaBarge	28.43 40.71	W70 Held M45 Brud
John Conniff Howard Zingg	29.37 22.34	M55 Rog M60 Vind
Harold Crater M70 Pay Carstensen	19.04 20.57	Tom Mar
Milton Brady	20.10 31.72 12.83	M65 Johr
M80 Fred Adams Hammer Throw W45 Sue Hallen	12.83	M70 Pay Jim
W45 Sue Hallen W50 Ruth Welding	30.39 41.89	W45 Sue W50 Ruth
Cheryl Mellenthin M40 Dave Rothenbury	25.40 45.42	M45 Brud M55 Tim
M45 Bruce Navarre	38.14	M60 Tom
Arny Ferrando David Day M50 Dan Roloff	32.74 20.09	Vinc Mar
Michael Amaral	27.30 21.24	M65 John M70 Pay
M55 Roger Conboy Tim Edwards	42.94 40.34	300# W45 Sue
M60 Tom Gage Vince Breaux	51.46	W50 Ruti M45 Bruc
Mark Chapman Julius Cassels	32.98	M55 Tim M60 Vinc
M65 Peter Labarge	35.64	Tom
Howard Zingg John Conniff Harold Crater	28.18	Mar M70 Pay
Harold Crater	23.21	Shot Put W50 Che
M70 Wendell Palmer Pay Carstensen Milton Brady	25.82 25.53	M75 Jim Shot Put
M75 Jim Gerhardt	25.70	W45 Sue
M80 Fred Adams Weight Throw	NEW YORK	W50 Ruth M40 Dave
W45 Carol Finsrud Sue Hallen	8.60	M45 Bruc Dav
W50 Ruth Welding Cheryl Mellenthin	13.03	M50 Mich M55 Tim
M40 Dave Rothenbury	13.90	M60 Vinc
Arny Ferrando David Day	13.21 10.67	Julio
M50 Dan Holoff	11.82	Mari M65 John
John Stilbert Michael Amaral	11.29	M70 Pay
M55 Roger Conboy	16.35	USAT
M60 Tom Gage Vince Breaux Julius Cassels Mark Chapman	20.72	Master
Julius Cassels	12.17	Aus
MOS FEREI LADAIGE	13.56	100m M30 Dav
John Conniff	10.44	M35 Reg Joe
Howard Zingg Harold Crater M70 Pay Carstensen	8.15	M40 Mars
Wendell Palmer Milton Bredy	12.88	M45 Brya
M70 Pay Carstensen Wendell Palmer Milton Brady M75 Jim Gerhardt M80 Fred Adams	12.29	Dav How
WOU Fred Adams	8.19	M50 Rick

	and the property		
	Reva Gage	4.62	La
	Bruce Navarre Dan Roloff	8.04 5.50	м
	Michael Amaral	3.90	-
M55	Tim Edwards Roger Conboy	7.87 7.49	м
M60	Tom Gage	8.02	W
	Vince Breaux Julius Cassels	6.94 5.17	W
ME.	Julius Cassels Mark Chapman	4.82	1988
M65	Howard Zingg John Conniff	4.70	W 20
	Harold Crater	3.56	M:
M70	Pay Carstensen Wendell Palmen	7.20 5.69	100
M75	Jim Gerhardt	6.16 5.30	M
	Fred Adams ht Pentathion	5.30	M
W45	Sue Hallen	2837	100
W50	Ruth Welding Cheryl Mellenthin	3952 2137	M
M40	Dave Rothenbury	3096 3107	7
M45	Bruce Navarre Arny Ferrando	2888	M
MEA	David Day	2053	M
	Dan Roloff Michael Amaral	2830 2184	ig
	Roger Conboy	4066	M
MOU	Tom Gage Vince Breaux	4814 4197	W
	Mark Chapman	3457	W
M65	Julius Cassels Peter LaBarge	2892 4165	3
	John Conniff	3498	W
	Howard Zingg Harold Crater	2879 2425	W
M70	Pay Carstensen Milton Brady	3066 2948	W 40
	Jim Gerhardt	4255	M
M80 98#	Fred Adams	2483	M
W45	Sue Hallen	2.01	M
W50	Ruth Welding Cheryl Mellenthin	1.75 0.76	10
	Reva Gage	0.69	M:
W65	Marion Carney	0.47	擅
M45	Helga Carstensen Bruce Navarre	1.00 4.01	M
	Roger Conboy Vince Breaux	3.78 4.09	W
IVIOU	Tom Gage	4.03	W
M65	Mark Chapman	2.39	W
M70	John Conniff Pay Carstensen	3.00	We
200#	Jim Carney	2.04	M4 M4
W45 W50	Sue Hallen Ruth Welding	0.97	M4
M45	Ruth Welding Bruce Navarre	0.72 2.10	M
M55 M60	Tim Edwards Tom Gage	1.76 2.16	Me W:
	Vince Breaux	1.91	W
M65	Mark Chapman John Conniff	0.99	w
	Pay Carstensen	1.49	15
300# W45	Sue Hallen	0.11	M-
W50	Ruth Welding	0.35	W
M55	Bruce Navarre Tim Edwards	0.84	Sh
M60	Vince Breaux	1.22	M
	Tom Gage Mark Chapman	1.17 0.38	MS
M70	Pay Carstensen	0.68	W
	Put 23# Cheryl Mellenthin	3.11	4x W
M75	Jim Gerhardt	5.52	3
Snot W45	Put #70 Sue Hallen	2.97	4x
W50	Ruth Welding Dave Rothenbury	2.60	M4
M45	Bruce Navarre	4.62 4.94	50
	David Dav	3.52	M4
M55	Michael Amaral Tim Edwards	3.24	MS
M60	Vince Breaux Tom Gage	4.11	Me
-	Julius Cassels	3.55	W
Mee	Mark Chapman John Conniff	2.74	Lo
M70	Pay Carstensen	3.57 2.51	M3 M4
left	-handed	TANK T	M
U	SATF-SW Regio	nal	Hi M
Ma	sters Champions	ships	M4 M4
	Austin, TX; July	15	M
100n		44.00	Me
UCIVI	David King	11.68	

Masters Champions Austin, TX; July	ships
100m	
M30 David King	11.68
M35 Reginald Penland	11.68
Joe Kralik	11.84
M40 Marshall Mallard	13.24
Trey Dolezal	13.78
M45 Bryan Shilcutt	13.15
David Hammond	13.28
Howard Knaub	13.55
M50 Rick Riddle	12.47
David Colley	12.64
Ronald Boleware	12.67
M55 Robert Duncan	14.16
T H Wilton	16.96
M60 Edward Jones	13.06

	September	
Lam	McKee	13.76
Lan	Fred Bean	13.82
M65	Don Denson	13.36
-	Wayne Bennett	13.66
1475	Don Isett Wilford Scott	14.89 15.39
W30	Lisa Rosborough	13,18
W35	Donna Lawrence	12.98
W50	Cindy Steenberger	13.49
MICE	Dinah Anderson	16.88
200r	Marion Coffee-Carne	ey 10.02
	Don Drummond	23.27
	John Sears	25.77
	Willie Freeman	27.21
M40	Michael Lajaj Marshall Mallard	23.47 26.37
M45	Bryan Shilcutt	26.54
(Asp.)	David Hammond	27.21 27.65
1804	Howard Knaub	27.65
M50	Julio Reyes	25.13
700	Ronald Boleware Rick Riddle	25.66 25.93
M60	Fred Bean	28.33
M65	Don Denson	28.24
JANES.	Pete Clarke	28.37
1475	Wayne Bennett Wilford Scott	28.94
	Lisa Rosborough	33.14 27.04
1100	Cornelia Greer	28.41
W35	Donn Lawrence	26.34
TEST.	Sarah Boyd	29.64
MIAG	Billy Beatty	30.91
W50	Sara Davis Cindy Steenbergen	26.84
Sealer	Debra Stuart	32.52
	Marion Coffee-Carne	y 40.85
400r		
M30	Ryan Irion William de Loache	54.65 57.81
WHO	Van Eisenbach	70.72
M45	Jeff Lindsay	55.24
100	Lindy Raney	56.87
MEG	Scott Anderson	58.11
MSU	David Colley Burton Briggs	56.48 1:00.69
130	Brooks Wright	1:01.66
M60	Andy Pittman	1:18.84
M65	Andy Pittman Pete Clarke	1:05.36
W30		1:01.79
W40	Billy Beatty Sara Davis	1:12.69
W60	Bev Wills	1:25.40
W65	M Coffee-Carney	:42.48
800m		N valuable or
	vvilliam de Loache?	27 68
M45	Jeff Lindsay 2	:05.70
M45	Jeff Lindsay 2 Mac Allen 2	:05.70
M45 M50	Jeff Lindsay Mac Allen Dave Moore	:05.70 :20.13 :27.88
M50 M65	Jeff Lindsay 2 Mac Allen 2 Dave Moore 2 Pete Clarke 2	2:05.70 2:20.13 2:27.88 2:38.71
M50 M65 W30	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render	2:05.70 2:20.13 2:27.88 2:38.71 2:40.20 3:11.95
M50 M65 W30 W40	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel	205.70 220.13 227.88 238.71 2:40.20
M50 M65 W30 W40	Jeft Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills	2:05.70 2:20.13 2:27.88 2:38.71 2:40.20 3:11.95
M50 M65 W30 W40	Jeft Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills	2:05.70 2:20.13 2:27.88 2:38.71 2:40.20 3:11.95 3:22.46 3:15.54
M50 M65 W30 W40 W60 1500 M45	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen	20.5.70 20.13 27.88 238.71 2:40.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55
M45 M50 M65 W30 W40 W60 1500 M45	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen Jeff Lindsay Terri Cassel	20.13 227.88 238.71 2:40.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55 5:16.51
M45 M50 M65 W30 W40 W60 1500 M45 W40	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills McCloyen Jeff Lindsay Terri Cassel	20.5.70 20.13 27.88 238.71 2:40.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55
M45 M50 M65 W30 W40 W60 1500 M45 W40 W60 Short	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Deff Lindsay Terri Cassel Bev Wills Hurdles	205.70 220.13 227.88 238.71 240.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55 5:16.51 5:55.91
M45 M50 M65 W30 W40 W60 M45 W40 W60 Shot	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Den Killer Terri Cassel Bev Wills Hurdles Don Drummond Don Keller	:05.70 :20.13 :27.88 :27.88 :38.71 ::40.20 :311.95 :3:22.46 :3:15.54 :4:40.10 4:46.55 :16.51 :5:55.91
M45 M50 M65 W30 W40 W60 1500 M45 W40 W60 Shoi M50 M65	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Den Lindsay Terri Cassel Bev Wills Hurdles Don Drummond Don Keller David Melber	205.70 220.13 227.88 238.71 240.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55 5:16.51 5:55.91
M45 M50 M65 W30 W40 W60 M45 W40 W60 Shoot M35 M50 M65 W40	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen Jeff Lindsay Terri Cassel Bev Wills Terri Cassel Bor Don Drummond Don Keller David Melber Lisa Marie Render	:05.70 :20.13 :27.88 :38.71 :40.20 :11.95 :3:22.46 :3:15.54 4:40.10 4:46.55 :16.51 :5:55.91 14.70 16.41
M45 M50 M65 W30 W40 1500 M45 W40 W60 Shoi M35 M50 M65 W40 4x10	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Jeff Lindsay Terri Cassel Bev Wills the Hurdles Don Drummond Don Keller David Melber Lisa Marie Render Jeff Lindsay Terri Cassel Bev Wills Lindsay Lindsay Lindsay Lindsay Lindsay Lindsay Lindles Lindsay Lindles Lindsay Lindles Lindl	:05.70 :20.13 :27.88 :38.71 :40.20 :3:11.95 :3:22.46 :3:15.54 :40.10 :46.55 :16.51 :55.91 :4.70 :16.41 :21.45 :17.05
M45 M50 M65 W30 W40 1500 M45 W40 W60 Shoi M35 M50 M65 W40 4x10	Jeft Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Den Bed McCloyen Jeft Lindsay Terri Cassel Bev Wills Terri Cassel Bev Wills Thurdles Don Drummond Don Keller David Melber Lisa Marie Render Om Relay Superfly	:05.70 :20.13 :27.88 :38.71 :40.20 :3:11.95 :3:22.46 :3:15.54 :40.10 :46.55 :16.51 :5:55.91 :14.70 :16.41 :21.45 :17.05
M45 M50 M65 W30 W40 1500 M45 W40 W60 Shoi M50 M65 W40 4x10 W30	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Jeff Lindsay Terri Cassel Bev Wills thurdles Don Drummond Don Keller David Melber Lisa Marie Render Jeff Lindsay Terri Cassel Bev Wills Terri Cassel Bev Wills Terri Cassel Bev Mills Terri Cassel Bev Wills Terri Cassel Bev Wills Terri Cassel Bev Wills Terri Cassel Bev Mills Terri Cassel B	:05.70 :20.13 :27.88 :38.71 :40.20 :3:11.95 :3:22.46 :3:15.54 :40.10 :46.55 :16.51 :5:55.91 :14.70 :16.41 :21.45 :17.05
M45 M50 M65 W30 W40 W60 M45 W40 W60 Shoi M35 M50 M40 W40 W40 W40 W40 W40	Jeft Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen Jeft Lindsay Terri Cassel Bev Wills Terri Cassel Bev Wills The Hurdles Don Drummond Don Keller David Melber Lisa Marie Render Om Relay Superfly (Rosborough/Lawrenc Rosborough/Lawrenc Rosborough/Lison) Om Relay	:05.70 :220.13 :227.88 :38.71 :240.20 :311.95 :3:22.46 :3:15.54 4:40.10 :46.55 :5:16.51 :5:55.91 14.70 16.41 21.45 17.05
M45 M50 M65 W30 W40 W60 M45 M40 M60 Shoi M55 M50 M40 W40 W40 W40 W40 W40 W40 W40 W40 W40 W	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen Jeff Lindsay Terri Cassel Bev Wills Terri Cassel Bev Wills Terri Cassel Bev Wills Terri Cassel Bev Mills Terri Cassel Terri	:05.70 :220.13 :227.88 :38.71 :240.20 :311.95 :3:22.46 :3:15.54 4:40.10 :46.55 :5:16.51 :5:55.91 14.70 16.41 21.45 17.05
M45 M50 M65 W30 W40 W60 1500 M45 W40 W60 Shoi M50 M40 W40 W40 W40 W40 W40 W40	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen Jeff Lindsay Terri Cassel Bev Wills Hurdles Don Drummond Don Keller David Melber Lisa Marie Render Isa Marie R	:05.70 :220.13 :227.88 :38.71 :240.20 :311.95 :3:22.46 :3:15.54 4:40.10 :46.55 :5:16.51 :5:55.91 14.70 16.41 21.45 17.05
M45 M50 M65 W30 W40 W60 1500 M45 W40 W60 Shoil M50 M45 W40 W30 M45	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen Jeff Lindsay Terri Cassel Bev Wills Terri Cassel Bev Wills The Hurdles Don Drummond Don Keller David Melber Lisa Marie Render Om Relay Superfly (Rosborough/Lawrenc Rosborough/Wilson) Om Relay Mallard/Scott/ Smith/Eisenbach Im RW Alberto Medina	:05.70 :220.13 :27.88 :38.71 :240.20 :311.95 :3:22.46 :3:15.54 :40.10 :46.55 :516.51 :4.55 :55.91 :4.70 :16.41 :21.45 :17.05 :53.97
M45 M50 M65 W30 W40 W60 1500 M45 W40 W60 Short M50 M40 W40 W40 W40 W40 W40 W40 W40 W40 W40 W	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen Jeff Lindsay Terri Cassel Bev Wills Hurdles Don Drummond Don Keller David Melber Lisa Marie Render Om Relay Superfly (Rosborough/Lawrenc Rosborough/Vison) Om Relay Mallard/Scott/ Smith/Eisenbach Im RW Alberto Medina Dave Gwyn	20.13 227.88 238.71 240.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55 5:55.91 14.70 16.41 21.45 17.05 53.97
M45 M50 M65 W30 W40 W40 1500 M45 W40 M55 M40 M40 M40 M40 M40 M40 M40 M40 M40 M40	Jeft Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen Jeft Lindsay Terri Cassel Bev Wills Terri Cassel Bev Wills Terri Cassel Bev Wills Terri Cassel Bev Wills Terri Cassel Bev Mills Terri C	26.09 36.46 33.01
M45 M50 M65 W30 W40 W40 1500 M45 W40 M55 M40 M40 M40 M40 M40 M40 M40 M40 M40 M40	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen Jeff Lindsay Terri Cassel Bev Wills Hurdles Don Drummond Don Keller David Melber Lisa Marie Render Isa Marie Render Im Relay Superfly (Rosborough/Lawrenc Rosborough/Wilson) Iom Relay Mallard/Scott/ Smith/Eisenbach Im RW Alberto Medina Dave Gwyn Randal Lee Surratt	227.88 227.88 238.71 240.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55 5:16.51 5:55.91 14.70 16.41 21.45 17.05 53.97 201.36
M45 M50 M65 W30 W40 W60 1500 M45 M50 M40 W40 W40 W40 W40 W40 W40 W40 W40 W40 W	Jeft Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Jeft Lindsay Terri Cassel Bev Wills Hurdles Don Drummond Don Keller David Melber Lisa Marie Render Om Relay Superfly (Rosborough/Lawrenc Rosborough/Vison) Om Relay Mallard/Scott/ Smith/Eisenbach Im RW Alberto Medina Dave Gwyn Randal Lee Surratt Lojza Vosta John Knifton	20.13 227.88 238.71 240.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55 5:55.91 14.70 16.41 21.45 17.05 22.01.36 26.09 36.46 33.01 33.36 33.36
M45 M50 M65 W30 W40 W40 M45 W40 M50 M65 M50 M50 M50 M50 M50 M50 M50 M50 M50 M5	Jeft Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Jeft Lindsay Terri Cassel Bev Wills Terri Cassel Terri	227.88 227.88 238.71 240.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55 5:16.51 5:55.91 14.70 16.41 21.45 17.05 53.97
M45 M50 M65 W30 W40 W40 M45 W40 M45 M50 M40 M45 M40 M40 M45 M40 M45 M40 M45 M40 M45 M40 M45 M40 M45 M40 M40 M40 M40 M40 M40 M40 M40 M40 M40	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Im Ed McCloyen Jeff Lindsay Terri Cassel Bev Wills Hurdles Don Drummond Don Keller David Melber Lisa Marie Render Isa Marie Render Im Relay Superfly (Rosborough/Lawrenc Rosborough/Wilson) Iom Relay Mallard/Scott/ Smith/Eisenbach Im RW Alberto Medina Dave Gwyn Randal Lee Surratt Lojza Vosta John Knitton Betty Denise Surrat John Knitton Betty Denise Surrat John Under Surrate John Primmond	220.13 227.88 238.71 240.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55 5:55.91 14.70 16.41 21.45 17.05 53.97 2:01.36 26.09 36.46 33.01 33.36 33.49 tt 34.45
M45 M50 M65 W30 W40 W50 M45 W40 M45 M50 M65 M40 M40 M50 M55 M50	Jeff Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Jeff Lindsay Terri Cassel Bev Wills Terri Cassel Terri	227.88 227.88 238.71 240.20 3:11.95 3:22.46 3:15.54 4:40.10 5:16.51 5:55.91 14.70 16.41 21.45 17.05 53.97 2:01.36 26.09 36.46 33.01 33.36 33.49 tt 34.45
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M45 M50 M65 W30 W40 W40 M45 M50 M65 M50 M40 M45 M50 M40 M45 M50 M40 M45 M50 M40 M45 M50 M40 M45 M50 M40 M45 M50 M40 M40 M40 M40 M40 M40 M40 M40 M40 M4	Jeft Lindsay Mac Allen Dave Moore Pete Clarke Cornelia Greer Lisa Marie Render Terri Cassel Bev Eills Jeft Lindsay Terri Cassel Bev Wills Ton Drummond Don Keller David Melber Lisa Marie Render Jessel Mallard/Scott/ Smith/Eisenbach M RW Alberto Medina Dave Gwyn Randal Lee Surratt Lojza Vosta John Knifton Betty Denise Surrat Jehr Brower Jener Gallowey Jener Gal	220.13 227.88 238.71 240.20 3:11.95 3:22.46 3:15.54 4:40.10 4:46.55 5:55.91 14.70 16.41 21.45 17.05 53.97 2:01.36 26.09 36.46 33.01 33.36 33.49 tt 34.55 102.54
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Sep	tember 200
100	Doug Sparks
M55	Larry Bonnett
11100	Robert Duncan
M65	Steven Warr
	Don Isett
M80	Adolph Hoffmar
	Helen Croskell
	Julie Shaffer
	Dinah Andersor
	Jump
	David King
	Cliff Wiese Robert Duncan
	Day Kozusko
MOU	Ed Jones
	Paul Coons
M65	Don Denson
11100	Jim Tinelli
	David Melber
M70	Charles Richard
	Adolph Hoffman
W35	Donna Lawrence
	Sarah Boyd
	e Jump
	Cliff Wiese
	Don Keller
	Ray Kozusko
Mb5	David Melber
	Pete La Barge Jim Tinelli
M70	Charles Richard

September 2006

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	.35	Weight Throw	W45 Rudy, Elizabeth 5:37.43	M50 Lantrip, Donald 33.81m	200m	M60 William Harvey 13.44
	.74	M40 Brian Suter 12.91 Eugene Garza 8.01	W70 Provost, Phyllis 9:54.19	Roloff, Dan 31.29m	M35 Hugo Estrada 24.48	Al Alvarez 9.60
M65 Steven Warr 3	.20	M45 Rick Roberson 8.63	5000m M35 Throckmorton, C 26:34.84	Stilbert, John 26.95m M55 Conboy, Roger 40.24m	M40 Rick Zumwalt 24.96 M45 Ed Muehlbacher 24.81	M65 Jerry Harwood 11.00 M70 Ernie Smith 9.70
	.89	M50 Donald Lantrip 11.76	M40 Wray, David 18:44.00	M60 Cassels, Julius 26.56m	Vincent Calloway 25.45	Alan Rosen 8.49
	28	M60 Mark Chapman 11.82 M65 Pete La Barge 14.51	Short Hurdles M60 Lester, Mount 17.10	Brown, Fred 17.36m M65 LaBarge, Pete 34.43m	Rodney Johnson 27.35 M50 Steve Kloch 26.46	M75 Douglas Richardson 9.23 Barney Phillips 6.53
	.13	John Conniff 9.98	M35 Drumond, Don 14.21	M70 Ward, Bob 47.77m	Ed Italo 27.65	W35 Mary Ellen Harwood 5.11
W50 Dinah Anderson 2 Long Jump	.13	Harold Crater 7.85 M70 Wendell Palmer 13.27	M45 Brower, Jeff 15.78 Ellis, Ken 16.01	M75 Smith, Val 19.80m	Kenneth Stone 30.28	W40 Caren Ware 7.67
M30 David King 6	.07	Chaunce Cook 10.54	Ellis, Ken 16.01 W45 McBride, Joann 18.48	W70 Provost, Phyllis 13.81m Javelin	M55 Patrick Lyons 27.41 M60 Stan Whitley 25.84	W50 Linda Cohn 9.84 Cathy Baar 6.01
	.87	M75 Jim Gerhardt 11.22	Long Hurdles	M30 Lindsay, Chad 42.71m	Charles Loftis 31.30	W65 Cherie Sherrard 8.73
	.96	M80 Adolph Hoffman 11.35 Fred Adams 8.40	M35 Drumond, Don 54.33 M45 Brower, Jeff 62.93	M40 Rothenbury, Dave 38.98m Garza, Eugene 30.29m	Paul Gilbert 33.42 M65 Doug Smith 26.94	Weight Throw M45 Doug Parsons 13.23
	.80	W50 Cheryl Mellenthin 7.45	M50 Galloway, Lamar 73.04	M45 Ellis, Ken 43.71m	Lee Gillespie 29.41	M65 Jerry Harwood 8.17
	.92	Superweight M40 Eugene Garza 5.98	M60 Lester, Mount 47.47 4x100m Relay	M50 Easley, Rick 41.71m Roloff, Dan 36.16m	Maynard Morris 32.01 M75 Jim Selby 35.27	W50 Linda Cohn 5.87
Jim Tinelli 4	.54	M45 Rick Roberson 6.42	M85 CORS 43.90	Lantrip, Donald 22.88m	W35 Stephanie Krouse 29.79	Cathy Baar 5.30 Weight Pentathion
	.46	M50 Donald Lantrip 5.03 Dan Roloff 4.81	CENT 45.84	M55 Conboy, Roger 38.97m	Alison Vessup 30.07	M65 Jerry Harwood 2707
M80 Adolph Hoffman 3	.20	M60 Mark Chapman 4.72	High Jump M45 Brower, Jeff 5-06	Wilke, Warren 38.93m M60 Cassels, Julius 27.87m	W45 Mary Anne Cradeur 33.35 Debbie Selby 36.70	W50 Linda Cohn 2951 Cathy Baar 1354
	.80	M65 John Conniff 4.62	Garzillo, Tom 4-10	M65 LaBarge, Pete 40.01m	W40 Allison Vessup 14.66	Discus
Triple Jump	.04	Harold Crater 3.61 M70 Chaunce Cook 6.43	M60 Frable, Norman 4-08 M65 Isett, Don 4-06	Watson, Fred 35.86m M70 Parker, Jack 36.37m	W45 Debbie Selby 16.47 W65 Kathy Bergen 14.47	M45 James Barry 33.49 M50 Rob Duncanson 31.95
	.46	M75 Jim Gerhardt 5.92	M70 Beckman, Paul 3-10	Ward, Bob 32.20m	400m	M55 Alfred Cain 31.73
	.48	M80 Adolph Hoffman 7.17 Fred Adams 5.36	Jageman, George 3-00 M75 Smith, Val 3-04	Beckman, Paul 26.55m M75 Smith, Val 24.57m	M30 Michael Brown 51.52 M40 Vaughan Kastor 54.07	M60 William Harvey 40.20 Al Alvarez 32.42
M65 David Melber 8	.63	W50 Cheryl Mellenthin 5.01	Goggin, John 3-02	M80 Blassingame, Earl 18.77m	M45 James Chinn 53.03	M65 Jerry Harwood 35.70
	.50	Texas Masters Champion-	W45 McBride, Joann 3-10 W70 Provost, Phyllis 3-00	W50 Romero, Debbie 15.41m W60 VanderCruyssen, D24.73m	Robert Hicks 53.15	M70 Bob Humphreys 45.00
M70 Charles Richard 9	.32	ships, Dallas, TX; July 22	Pole Vault	W70 Bradford, Mary Lou 15.10m	Vincent Calloway 58.30 M75 Jim Selby 1:12.46	Alan Rosen 34.69 W50 Linda Cohn 28.28
W35 Sarah Boyd 9 Shot Put	.35	THE ROLL OF THE PROPERTY OF THE PARTY OF THE	M45 Ellis, Ken 4.10m	Provost, Phyllis 14.47m	W50 Denise Janneck 1:12.31	Cathy Baar 14.24
	.23	M30 Roberts, Brooks 10.60	Fountain, James 3.33m M55 Wilke, Warren 3.20m	Weight throw M30 Lindsay, Chad 13.31m	800m M40 Vaughan Kastor 2:07.92	W65 Cherie Sherrard 18.56 Kathy Bergen 16.82
	.41	M35 Forni, Mike 13.38	M65 Isett, Don 2.73m	M40 Rothenbury, Dave 13.81m	David Hughes 2:10.15	Hammer
	.26	M40 Simpson, John 10.95 Labay, Michael 11.33	M70 Jageman, George 1.83m M75 Goggin, John 1.68m	Garza, Eugene 8.74m M45 Navarre, Bruce 11.29m	M45 William Ward 2:29.26 M55 Nolan Shaheed 2:08.47	M65 Jerry Harwood 15.89 M75 Douglas Richardson 22.99
M45 David Warner 12	.84	M45 Garner, Reggie 11.58	W60 VanderCruyssen, D 1.98m	Ellis, Ken 9.62m	M75 Jim Selby 3:33.85	W50 Linda Cohn 16.84
	.69	Garzillo, Tom 13.74	W70 Bradford, Mary Lou 1.53m Long Jump	M50 Lantrip, Donald 12.64m Roloff, Dan 10.61m	W30 Michelle Ishio 2:26.56 W35 Stephanie Krouse 2:42.30	Kathy Baar 14.49
	.37	M50 Riddle, Rick 11.78 Boleware, Ron 12.03	M40 Labay, Michael 5.71m	M55 Conboy, Roger 15.25m	W40 Lisa Davis 2:24.43	Javelin M40 K Konstantin 44.93
	.23	Shufelt, Michael 12.34	Kahl, Scott 4.37m	M60 Cassels, Julius 12.40m	W50 Denise Janneck 2:42.30	Marc Tosches 41.73
	.19	M55 Bruner, Ron 13.03 Dickson, Mitch 13.33	M65 Isett, Don 3.92m M70 Beckman, Paul 3.80m	M65 LaBarge, Pete 13.90m M70 Ward, Bob 19.12m	1500m M35 Aaron Goodall 4:31.99	M55 Ton Rook 36.98 M60 Al Alvarez 37.52
M60 Mark Chapman 11	.92	M60 Jones, Edward 12.78	Jageman, George 2.81m	M75 Smith, Val 10.14m	M40 Peter Magill 4:03.52	M65 Jerry Harwood 19.99
	.85	M65 Lida, Bob 12.68 Denson, Don 12.95	M75 Smith, Val 2.61m Goggin, John 2.31m	Superweight M30 Lindsay, Chad 7.18m	M45 William Ward 4:44.56 Mark Cleary 4:50.01	M70 Ernie Smith 27.10 W40 Caren Ware 23.32
M65 John Conniff 11	.25	Denson, Don 12.95 Bennett, Wayne 14.06	W35 Boyd, Sarah 4.44m	M40 Garza, Eugene 4.59m	Tom Cupp 4:58.54	W50 Linda Cohn 40.19
	.01	W35 Boyd, Sarah 13.66	W45 McBride, Joann 3.62m W60 VanderCruyssen, D 3.63m	M55 Conboy, Roger 6.86m M60 Cassels, Julius 5.31m	M50 Rob Duncanson 4:42.85 M55 Nolan Shaheed 4:24.04	Tina Bowman 28.34 Cathy Baar 9.29
Wendell Palmer 10	.79	W45 Merriman, Paula 14.09 Seach, Rose 17.14	Triple Jump	Mega Weight	W30 Michelle Ishio 4:54.30	W55 A Steekelenberg 22.67
	.20	W50 Dixon, Linda 14.22	M65 LaBarge, Pete 7.59m	M30 Lindsay, Chad 4.89m	W40 Lisa Davis 5:02.41 5000m	Con Diagrammedal/
Clay Krames 7	.32	Kearns, Laura 16.60 W60 VanderCruyssen, D. 15.17	M70 Beckman, Paul 6.33m M75 Smith, Val 5.91m	M40 Garza, Eugene 3.71m M60 Cassels, Julius 2.69m	W35 Stephanie Krouse 23:42.23	San Diego/Imperial/
						USATF Masters Champ-
	.74	W65 Coffee-Carney, M. 18.20	W35 Boyd, Sarah 9.33m Shot Put	Weight Pentathion	Short Hurdles	USATF Masters Champ- lonships/Chuck McMahon
W50 Cathleen Warmerdam 8 Dinah Anderson 7	.21	W65 Coffee-Carney, M. 18.20 200m M30 Roberts, Brooks 22.36	Shot Put M30 Lindsay, Chad 15.98m	Weight Pentathion M30 Lindsay, Chad 3112 M40 Rothenbury, Dave 3186	Short Hurdles M35 Johnny Watson M45 Jeff Davison 16.14 20.74	lonships/Chuck McMahon Memorial Meet, Cal State
W50 Cathleen Warmerdam 8 Dinah Anderson 7 Cheryl Mellenthin 6	.21	W65 Coffee-Carney, M. 18.20 200m M30 Roberts, Brooks 22.36 M35 Menzies, Ward 24.23	Shot Put	Weight Pentathion M30 Lindsay, Chad 3112	Short Hurdles M35 Johnny Watson M45 Jeff Davison M50 Andrew Hecker 18.38	Ionships/Chuck McMahon Memorial Meet, Cal State San Marcos; June 24
W50 Cathleen Warmerdam Dinah Anderson 7 Cheryl Mellenthin 6 W60 Peggy Berry Discus	.21 .27 .29 .31	W65 Coffee-Carney, M. 200m M30 Roberts, Brooks M35 Menzies, Ward 24.23 Forni, Mike 29.40 M40 Labay, Michael 22.83	M30 Lindsay, Chad 15.98m M40 Blomqvist, Stefan Rothenbury, Dave 11.95m Garza, Eugene 9.23m	Weight Pentathion M30 Lindsay, Chad 3112 M40 Rothenbury, Dave 3186 Garza, Eugene 1846 M45 Ellis, Ken 3077 M50 Roloff, Dan 3030	Short Hurdles 16.14 M35 Johnny Watson 16.14 M45 Jeff Davison 20.74 M50 Andrew Hecker 18.38 M55 Thadeus Wilson 15.47 W40 Caren Ware 14.93	Ionships/Chuck McMahon Memorial Meet, Cal State San Marcos; June 24 50m
W50 Cathleen Warmerdam 8 Dinah Anderson 7 Cheryl Mellenthin 6 W60 Peggy Berry 6	.21 .27 5.29 5.31	W65 Coffee-Carney, M. 200m M30 Roberts, Brooks 22.36 M35 Menzies, Ward 24.23 Forni, Mike 29.40 M40 Labay, Michael 22.83 Simpson, John 23.15	M30 Lindsay, Chad 15.98m M40 Blomqvist, Stefan 18.88m Rothenbury, Dave 11.95m	Weight Pentathlon M30 Lindsay, Chad M40 Rothenbury, Dave Garza, Eugene M45 Ellis, Ken 3077	Short Hurdles 16.14 M35 Johnny Watson 20.74 M45 Jeff Davison 20.74 M50 Andrew Hecker 18.38 M55 Thadeus Wilson 15.47	lonships/Chuck McMahon Memorial Meet, Cal State San Marcos; June 24 50m M50 Greg Pizza 6.68 Pete Wilkinson 7.26
W50 Cathleen Warmerdam Dinah Anderson 7 Cheryl Mellenthin 6 W60 Peggy Berry Discus M30 Steven Falk 34 David King 34 M40 Jeff Gonzales 33	21 27 3.29 3.31 .94 .34 .16	W65 Coffee-Carney, M. 200m M30 Roberts, Brooks M35 Menzies, Ward 24.23 Forni, Mike 29.40 M40 Labay, Michael 22.83 Simpson, John 23.15 Cloud, Scott 25.17 M45 Garner, Reggie 23.60	M30 Lindsay, Chad 15.98m M40 Blomqvist, Stefan 18.88m Rothenbury, Dave Garza, Eugene 9.23m M45 Torres, Jose 11.70m Ravarre, Bruce 10.85m	Weight Pentathlon M30 Lindsay, Chad 3112 M40 Rothenbury, Dave 3186 Garza, Eugene 1846 M45 Ellis, Ken 3077 M50 Roloff, Dan 2931 Lantrip, Donald 2931 M55 Conboy, Roger 3743 M60 Cassels, Julius 3145	Short Hurdles	Ionships/Chuck McMahon Memorial Meet, Cal State San Marcos; June 24 50m M50 Greg Pizza 6.68
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W50 Cathleen Warmerdam Dinah Anderson Cheryl Mellenthin W60 Peggy Berry Discus M30 Steven Falk David King M40 Jeff Gonzales 33 Brian Suter 32 Cliff Wiese M45 Marty Wright Arny Fernando James Nicholopoulos 25 James Nicholopoulos 25	21 27 29 31 94 34 16 48 92 29 72 87	W65 Coffee-Carney, M. 200m M30 Roberts, Brooks 22.36 M35 Menzies, Ward 24.23 Forni, Mike 29.40 M40 Labay, Michael 22.83 Simpson, John 23.15 Cloud, Scott 25.17 M45 Garner, Reggie 23.60 Seach, Andrew 24.28 M50 Riddle, Rick 24.82 Boleware, Ron Shufelt, Michae 25.22	M30 Lindsay, Chad 15.98m	Weight Pentathlon 3112 M30 Lindsay, Chad 3112 M40 Rothenbury, Dave 3186 Garza, Eugene 1846 M45 Ellis, Ken 3077 M50 Roloff, Dan 3030 Lantrip, Donald 2931 M55 Conboy, Roger 3743 M60 Cassels, Julius 3145 M65 LaBarge, Pete 4296 M70 Ward, Bob 5406	Short Hurdles M35 Johnny Watson 16.14 M45 Jeff Davison 20.74 M50 Andrew Hecker 18.38 M55 Thadeus Wilson 15.47 W40 Caren Ware 1.93 Long Hurdles 57.74 Johnny Watson 1.02.82 M50 Andrew Hecker 1.13.13 W40 Caren Ware 1.18.82	lonships/Chuck McManon Memorial Meet, Cal State San Marcos; June 24 50m M50 Greg Pizza 6.68 Pete Wilkinson 7.26 Paul Baum 7.41 M55 Ernie Stucki 7.11 Patrick Lyons 7.31 Joe Rajewski 8.88 M60 Barry Green 7.63 Ron Muranaka 7.87
W50 Cathleen Warmerdam Dinah Anderson Cheryl Mellenthin W60 Peggy Berry Discus M30 Steven Falk David King M40 Jeff Gonzales Brian Suter Cliff Wiese 19 M45 Marty Wright Arny Fernando James Nicholopoulos 25 M50 John Stilbert 39	21 27 329 331 94 34 16 48 92 29 72 87 34	W65 Coffee-Carney, M. 200m 200m 300m 30	M30 Lindsay, Chad	Weight Pentathlon 3112 M30 Lindsay, Chad 3112 M40 Rothenbury, Dave 3186 Garza, Eugene 1846 M45 Ellis, Ken 3077 M50 Roloff, Dan 2931 Lantrip, Donald 2931 M55 Conboy, Roger 3743 M60 Cassels, Julius 3145 M65 LaBarge, Pete 4296 M70 Ward, Bob 5406 M75 Smith, Val 3389 3000m Racewalk 22:48.38 M65 Gordon, David 19:41.26	Short Hurdles M35 Johnny Watson 16.14 20.74 M55 Jeff Davison M55 Thadeus Wilson W40 Caren Ware Long Hurdles M35 Laurent Birade Johnny Watson M50 Andrew Hecker W40 Caren Ware 2000m Steeplechase M70 G McClenathen Jim Selby 3000m Steeplechase M53 Johns M54 Jim Selby M54 Jim Selby M54 Jim Selby M55 Johnny Watson M56 Jim Selby M56 Jim Selb	lonships/Chuck McMahon Memorial Meet, Cal State San Marcos; June 24 50m M50 Greg Pizza 6.68 Pete Wilkinson 7.26 Paul Baum 7.41 M55 Ernie Stucki 7.11 Patrick Lyons 7.31 Joe Rajewski 8.88 M60 Barry Green 7.63 Ron Muranaka 7.87 Karl Thorpe 7.94
W50 Cathleen Warmerdam Dinah Anderson Cheryl Mellenthin W60 Peggy Berry Discus M30 Steven Falk David King M40 Jeff Gonzales 33 Brian Suter 32 Cliff Wiese M45 Marty Wright Arny Fernando James Nicholopoulos 25 James Nicholopoulos 25	21 27 3.29 3.31 94 34 .16 .48 .92 .72 .87 .34 .03	W65 Coffee-Carney, M. 200m M30 Roberts, Brooks M35 Menzies, Ward 24.23 Forni, Mike 29.40 M40 Labay, Michael 22.83 Simpson, John 23.15 Cloud, Scott 25.17 M45 Garner, Reggie 23.60 Seach, Andrew 24.28 M50 Riddle, Rick 24.82 Boleware, Ron 25.02 Shufelt, Michae 25.22 M55 Bruner, Ron 27.68 Dickson, Mitch 28.25 M60 Jones, Edward 26.50	M30 Lindsay, Chad	Weight Pentathlon M30 Lindsay, Chad 3112 3186 4184 41	Short Hurdles M35 Johnny Watson 16.14 20.74 M50 Andrew Hecker M55 Thadeus Wilson W40 Caren Ware Johnny Watson M55 Laurent Birade Johnny Watson M50 Andrew Hecker W40 Caren Ware 2000m Steeplechase M70 G McClenathen Jim Selby 11:58.62 16.14 16.1	lonships/Chuck McManon Memorial Meet, Cal State San Marcos; June 24 50m M50 Greg Pizza 6.68 Pete Wilkinson 7.26 Paul Baum 7.41 M55 Ernie Stucki 7.11 Patrick Lyons 7.31 Joe Rajewski 8.88 M60 Barry Green 7.63 Ron Muranaka 7.87 Karl Thorpe 7.94 M70 Delos Eyer 8.32 Richard Gardner 10.86
W50 Cathleen Warmerdam Dinah Anderson Cheryl Mellenthin W60 Peggy Berry Discus M30 Steven Falk David King M40 Jeff Gonzales 33 Brian Suter Cliff Wiese 19 M45 Marty Wright Arny Fernando James Nicholopoulos 25 M50 John Stilbert Dan Roloff Donald Lantrip M55 Jerry Jones 29 M55 Jerry Jones 29	21 27 3.29 3.31 .94 .34 .16 .48 .92 .29 .72 .87 .34 .03 .76 .17	W65 Coffee-Carney, M. 200m 300 M30 Roberts, Brooks M35 Menzies, Ward Forni, Mike 29.40 M40 Labay, Michael 22.83 Simpson, John 23.15 Cloud, Scott 25.17 M45 Garner, Reggie 23.60 Seach, Andrew 24.28 M50 Riddle, Rick 24.82 Boleware, Ron 25.02 Shufelt, Michae 27.68 Dickson, Mitch 28.25 M65 Lida, Bob 26.20 Denson, Don 27.51	M30 Lindsay, Chad	Weight Pentathlon 3112 M30 Lindsay, Chad 3112 M40 Rothenbury, Dave 3186 Garza, Eugene 1846 M45 Ellis, Ken 3077 M50 Roloff, Dan 3030 Lantrip, Donald 2931 M55 Conboy, Roger 3743 M60 Cassels, Julius 3145 M65 LaBarge, Pete 4296 M70 Ward, Bob 5406 M75 Smith, Val 3389 3000m Racewalk 455 Feith, Steve M65 Gordon, David 19:41.26 W50 Feith, Cindie 24:57.96	Short Hurdles M35 Johnny Watson 16.14 20.74 M52 Jeff Davison M55 Thadeus Wilson W40 Caren Ware Long Hurdles M35 Laurent Birade Johnny Watson M50 Andrew Hecker W40 Caren Ware 2000m Steeplechase M70 G McClenathen Jim Selby 3000m Steeplechase M45 Dave Cook High Jump M40 Tom Vanzandt 1.88 16.14 1.88	lonships/Chuck McMahon Memorial Meet, Cal State San Marcos; June 24 50m M50 Greg Pizza 6.68 Pete Wilkinson 7.26 Paul Baum 7.41 M55 Ernie Stucki 7.11 Patrick Lyons 7.31 Joe Rajewski 8.88 M60 Barry Green 7.63 Ron Muranaka 7.87 Karl Thorpe 7.94 M70 Delos Eyer 8.32 Richard Gardner 10.86 M75 Jim Selby 8.65
W50 Cathleen Warmerdam Dinah Anderson Cheryl Mellenthin W60 Peggy Berry Discus M30 Steven Falk David King M40 Jeff Gonzales Brian Suter 22 Cliff Wiese 19 M45 Marty Wright Arry Fernando James Nicholopoulos 25 M50 John Stilbert Dan Roloff Donald Lantrip 32	21 27 3.29 3.31 .94 .34 .16 .48 .92 .29 .72 .87 .34 .03 .76 .17 .90	W65 Coffee-Carney, M. 200 200m M30 Roberts, Brooks M35 Menzies, Ward 24.23 Forni, Mike 29.40 M40 Labay, Michael 22.83 Simpson, John 23.15 Cloud, Scott 25.17 M45 Garner, Reggie 23.60 Seach, Andrew 24.28 M50 Riddle, Rick 24.82 Boleware, Ron 25.02 Shufelt, Michae 25.22 M55 Bruner, Ron 27.68 Dickson, Mitch 28.25 M60 Jones, Edward 26.50 Denson, Don 27.51 Bennett, Wayne 29.20	M30 Lindsay, Chad	Weight Pentathlon 3112 M30 Lindsay, Chad 3112 M40 Rothenbury, Dave 3186 Garza, Eugene 1846 M45 Ellis, Ken 3077 M50 Roloff, Dan 3030 Lantrip, Donald 2931 M55 Conboy, Roger 3743 M60 Cassels, Julius 3145 M65 LaBarge, Pete 4296 M70 Ward, Bob 5406 M75 Smith, Val 3389 3000m Racewalk 22:48.38 M55 Feith, Steve 24:57.96 W50 Feith, Cindie 24:57.96 W60 Blakey, Carolyn 23:17.88 W75 Nightingale, J. 24:12.55	Short Hurdles M35 Johnny Watson M45 Jeff Davison M50 Andrew Hecker M50 Thadeus Wilson W40 Caren Ware Johnny Watson M50 Andrew Hecker W40 Caren Ware Johnny Watson M50 Andrew Hecker W40 Caren Ware 2000m Steeplechase M70 G McClenathen Jim Selby M50 Tom Vanzandt John Pedati Jest Andrew M60 Tom Vanzandt John Pedati M50 Andrew Hecker M50 Andrew H	lonships/Chuck McManon Memorial Meet, Cal State San Marcos; June 24 50m M50 Greg Pizza 6.68 Pete Wilkinson 7.26 Paul Baum 7.41 M55 Ernie Stucki 7.11 Patrick Lyons 7.31 Joe Rajewski 8.88 M60 Barry Green 7.63 Ron Muranaka 7.87 Karl Thorpe 7.94 M70 Delos Eyer 8.32 Richard Gardner 10.86 M55 Jim Selby 8.65 M80 Robert Davidson 14.41 M85 Rocky DeLaurenti 14.38
W50 Cathleen Warmerdam Dinah Anderson Cheryl Mellenthin W60 Peggy Berry Discus M30 Steven Falk David King M40 Jeff Gonzales 33 Brian Suter Cliff Wiese 19 M45 Marty Wright 32 Arry Fernando James Nicholopoulos 25 M50 John Stilbert Dan Roloff Donald Lantrip M55 Jerry Jones M60 Jeff Harrell Swayne McCauley Mark Chapman 37	21 27 329 331 94 34 16 48 92 29 77 28 37 34 03 76 17	W65 Coffee-Carney, M. 200m 200m 300 Roberts, Brooks M35 Menzies, Ward Forni, Mike 29, 40 M40 Labay, Michael 22.83 Simpson, John 23.15 Cloud, Scott 25.17 M45 Garner, Reggie 23.60 Seach, Andrew 24.28 M50 Riddle, Rick 24.82 Boleware, Ron 25.02 Shufelt, Michae 25.22 M55 Bruner, Ron 27.68 Dickson, Mitch 28.25 M60 Jones, Edward M65 Lida, Bob 26.20 Denson, Don 27.51 Bennett, Wayne 29.20 W35 Boyd, Sarah 28.58 Beatie, Billie 29.16	M30 Lindsay, Chad	Weight Pentathlon M30 Lindsay, Chad 3112 3186 4184 41	Short Hurdles M35 Johnny Watson 16.14 20.74 M45 Jeff Davison M55 Thadeus Wilson W40 Caren Ware Long Hurdles M35 Laurent Birade Johnny Watson M50 Andrew Hecker W40 Caren Ware 2000m Steeplechase M70 G McClenathen Jim Selby 3000m Steeplechase M45 Dave Cook H158.62 M45 Dave Cook M45 Lee Balkin M45 Lee Balkin L64 Victor Berezovskiy 16.14 M55 Lee Balkin M50 Andrew Hecker M45 Lee Balkin M50 Andrew Hecker M64 Lee Balkin M64 Le	Ionships/Chuck McManon
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W50 Cathleen Warmerdam Dinah Anderson Cheryl Mellenthin W60 Peggy Berry Discus M30 Steven Falk David King M40 Jeff Gonzales Brian Suter Cliff Wiese M45 Marty Wright Arny Fernando James Nicholopoulos 25 M50 John Stilbert Dan Roloff Donald Lantrip Dan Holoff Donald Lantrip Swyne McCauley Mark Chapman M65 Pete LaBarge John Conniff Harrold Crater M60 Crester M60 Jeff Larrell Swyne McCauley Mark Chapman M65 Pete LaBarge John Conniff Harrold Crater	.21 .27 .29 .31 .94 .34 .16 .48 .92 .29 .72 .87 .34 .03 .76 .17 .90 .91 .83 .76	W65 Coffee-Carney, M. 200m 200m M30 Roberts, Brooks M35 Menzies, Ward Forni, Mike 29, 40 M40 Labay, Michael 22.83 Simpson, John 23.15 Cloud, Scott 25.17 M45 Garner, Reggie 23.60 Seach, Andrew 24.28 M50 Riddle, Rick 24.82 Boleware, Ron 25.02 Shufelt, Michae 25.22 M55 Bruner, Ron 27.68 Dickson, Mitch 28.25 M60 Jones, Edward M65 Lida, Bob 26.20 Denson, Don 27.51 Bennett, Wayne 29.20 W35 Boyd, Sarah Beatie, Billie 29.16 Pigrum, Aretha 30.60 W40 Davis, Sara W40 Dixon, Linda 30.98	M30 Lindsay, Chad	Weight Pentathlon M30 Lindsay, Chad 3112 3186 484	Short Hurdles M35 Johnny Watson 16.14 20.74 M45 Jeff Davison M55 Thadeus Wilson W40 Caren Ware Long Hurdles M35 Laurent Birade Johnny Watson M50 Andrew Hecker W40 Caren Ware 2000m Steeplechase M70 G McClenathen Jim Selby 3000m Steeplechase M45 Dave Cook H158.62 3000m Steeplechase M45 Dave Cook H164 John Pedati M45 Lee Balkin John Pedati M45 Lee Balkin 1.64 Victor Berezovskiy Henry Watson Kirk Cerise M65 John Dobroth 1.64	lonships/Chuck McManon Memorial Meet, Cal State San Marcos; June 24 50m M50 Greg Pizza 6.68 Pete Wilkinson 7.26 Paul Baum 7.41 M55 Ernie Stucki 7.11 Patrick Lyons 7.31 Joe Rajewski 8.88 M60 Barry Green 7.63 Ron Muranaka 7.87 Karl Thorpe 7.94 M70 Delos Eyer 8.32 Richard Gardner 10.86 M75 Jim Selby 8.65 M80 Robert Davidson 14.41 M85 Rocky DeLaurenti 14.38 M90 Leland McPhie 11.16 W45 Debbie Selby 8.65 W65 Marilyn Ongley 9.54 W75 Fran Styles 10.43
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W50 Catheen Warmerdam Dinah Anderson Cheryl Mellenthin W50 Peggy Berry Discus M30 Steven Falk David King M40 Jeff Gonzales Brian Suter 32 Cliff Wiese M45 Marty Wright Arny Fernando 28 James Nicholopoulos 25 M50 John Stilbert Dan Roloff Donald Lantrip M55 Jerry Jones M60 Jeff Harrell Swayne McCauley Mark Chapman M65 Pete LaBarge John Conniff Harold Crater M70 Wendell Palmer John Cantrell James Carney M75 Jim Gerhardt 37	.21 .27 .29 .331 .94 .34 .16 .48 .49 .29 .72 .87 .34 .303 .76 .17 .90 .90 .90 .90 .90 .90 .90 .90 .90 .90	W65 Coffee-Carney, M. 18.20 200m M30 Roberts, Brooks M35 Menzies, Ward 24.23 Forni, Mike 29.40 M40 Labay, Michael 22.83 Simpson, John 23.15 Cloud, Scott 25.17 M45 Garner, Reggie 23.60 Seach, Andrew 24.28 M50 Riddle, Rick 24.82 Boleware, Ron 25.02 Shufelt, Michae 25.22 M55 Bruner, Ron 27.68 Dickson, Mitch 28.25 M60 Jones, Edward 26.50 Denson, Don 27.51 Bennett, Wayne 29.20 W35 Boyd, Sarah 28.58 Beatie, Billie 29.16 Pigrum, Aretha 30.60 W40 Davis, Sara 26.42 W50 Dixon, Linda 30.98 Stuart, Debra 31.98 Kearns, Laura 35.02 W60 VanderCruyssen, D. 33.21 W65 Coffee-Carney, M. 41.09	M30 Lindsay, Chad	Weight Pentathlon M30 Lindsay, Chad M40 Rothenbury, Dave Garza, Eugene M45 Ellis, Ken M50 Roloff, Dan Lantrip, Donald M55 Conboy, Roger M60 Cassels, Julius M65 LaBarge, Pete M70 Ward, Bob M75 Smith, Val 3000m Racewalk M55 Feith, Steve M50 Feith, Cindie W50 Feith, Cindie W60 Blakey, Carolyn W75 Nightingale, J. WEST USATF-SCA Masters Champlonships, Moorpark College, CA; June 17 55m M45 Rodney Johnson 8118	Short Hurdles M35 Johnny Watson 16.14 M45 Jeff Davison M50 Andrew Hecker M55 Thadeus Wilson W40 Caren Ware Long Hurdles M35 Laurent Birade Johnny Watson M50 Andrew Hecker W40 Caren Ware 2000m Steeplechase M70 G McClenathen Jim Selby M50 Andrew Hecker M50 Dave Cook M50 Dave Cook M50 Dave Cook M50 Dave Cook M60 John Pedati M50 Lee Balkin M60 Tom Vanzandt 1.88 John Pedati M60 John Pedati 1.64 M60 John Dobroth M60	lonships/Chuck McManon Memorial Meet, Cal State San Marcos; June 24 50m M50 Greg Pizza 6.68 Pete Wilkinson 7.26 Paul Baum 7.41 M55 Ernie Stucki 7.11 Patrick Lyons 7.31 Joe Rajewski 8.88 M60 Barry Green 7.63 Ron Muranaka 7.87 Karl Thorpe 7.94 M70 Delos Eyer 8.32 Richard Gardner 10.86 M75 Jim Selby 8.65 M80 Robert Davidson 14.41 M85 Rocky DeLaurenti 14.38 M90 Leland McPhie 11.16 W45 Debbie Selby 8.65 W65 Marilyn Ongley 9.54 W75 Fran Styles 10.43 100m M40 Berry Kettrell 11.48 M45 James Chinn 11.95 Chris Chen 12.47
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.61 .21	Mardon Connelly M65 Edward Oleata
.90 .47	M70 Douglass McFette Raymond Fitzhugi
.51	W60 Nadine O'Connor (Nadine O'Connor/3.10/2
.35	Long Jump
.71	M30 Matthew Roderick M35 Johnny Watson
.84	M40 Robert Gonazles M45 Gregory Turner
.03	William Long
.60	Niroumand Mahm M50 Paul Shires
.67	Patrick Pittman Mike Tipping
.80	M55 Carl Flowers
.86 .39	Kevin Christenser M60 Ronnie Muranaka
.72	M65 Terry Rowan M70 Raymond Fitzhug
.89	M80 Tom Patsalis
.38	W40 Caren Ware W45 Ver. Amarasekara
.10	Christine Long W50 Linda Cohn
.71 .11	W55 Brenda Matthews
.39	W60 Kathy Jager W75 Magdalena Kuehr
.94	Triple Jump M30 Matthew Roderick
.97	M40 Logan Culp
.94	M45 Mahmoud Niromar Jeffrey Davison
.37	M50 Triple Jump Paul Shires
.00	M65 Terry Rowan
.90	M80 Tom Patsalis M85 Hugh Hackett
.30	W40 Caren Ware W45 Christine Long
.89	Shot Put
.89	M30 Mark Landa M35 Geoffrey
.79	M40 David Bickel Robert Gonzales
.17	M45 Bradley Slinkard
.96 .06	M50 Gary Schmidt David Scott
.35	Wayne Tweddell
.32	M55 Michael Shiaras Tim Muller
27 34	M60 William Harvey Louis Jordan
83	
	Gary Wuest
92	M65 Richard Noble M70 Robert Humphrey
92 43 16	M65 Richard Noble M70 Robert Humphrey Henry Ross Doug Tomlinson
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Bill Fitzpatrick 27.82	M90 Leland McPhie 2.35	M55 Bill Fitzpatrick 60.23
Patrick Lyons 28.87 M60 Stan Whitley 26.75	W65 Marilyn Ongley 3.21 W75 Fran Styles 2.46	M60 Stan Whitley 48.04 M65 Joseph Ellis 1:28.13
Karl Thorp 32.55	Triple Jump	M70 Jesse Carrington 1:07.02
Eric Jones 33.77	M30 Matthew Roderick 11.19 M55 John Tomaschke 10.11	M75 Don Cheek 1:11.15 M80 Robert Davidson 3:14.20
M70 Charles Kirby 33.22 Ed Karas 46.14	M55 John Tomaschke 10.11 W75 Fran Styles 5.05	W40 Jai Black 59.63
M75 Jim Selby 34.73	Shot Put	W45 Debbie Selby 1:28.17
M80 Bob Davidson 74.68 W40 Jai Black 26.98	M40 Robert Gardner 5.70 M50 Greg Stines 13.78	W85 Gerry Davidson 2:21.43
W45 Debbie Selby 37.74	. Danny Cruz 7.49	M45 McDuffrie Allen 2:02.80
W65 Marilyn Ongley 40.78	M60 Bruce McDonald 11.09 Ron Damschen 8.25	M55 Nolan Shaheed 2:09.24 M60 Gordon Reiter 2:25.45
W75 Fran Styles 49.18 W85 Gerry Davidson 62.18	Ron Damschen 8.25 M65 Jerry Harwood 9.45	M65 Jerry Hackett 2:30.31
400m	M70 Alan Rosen 9.31	M70 Louis Simmons 4:08.81 W40 Caren Ware 2:43.14
M40 Robert Shakelford 51.42 T C Wardell 55.32	John Adams 8.33 Richard Gardner 5.70	W40 Caren Ware 2:43.14 W45 Christine Long 3:38.73
M45 James Chinn 53.01	W45 Veronica Amaraseka 9.94	W50 Denise Janneck 2:44.39
Chris Chen 59.30	Mary Underdown 9.29 W50 Linda Cohn 9.73	W85 Gerry Davidson 5:26.16 1500m
Antone Roskovich 1:01.38 Daryl Smith 1:01.38	W65 Ann Abreu 5.98	M35 Aaron Goodall 4:31.21
M50 Steve Cummings 58.30	Discus	M45 Peter Magill 4:00.93 M50 Rob Duncanson 4:40.77
Rob Duncanson 1:00.87 M55 Bill Firzpatrick 1:00.93	M50 Greg Stines 42.74 Mike Tipping 25.26	M55 Nolan Shaheed 4:25.10
Andrew Gipson 1:13.08	Rob Duncanson 25.06	M60 Fred Lindsley 5:00.71
M60 Eric Jones 1:13.08	M60 Ron Damschen 36.83 M65 Jerry Harwood 31.36	M70 Louis Simms, Jr. 8:13.22 W45 Debbie Lee 5:37.02
M70 Charles Kirby 1:14.50 Ed Karas 1:38.85	M65 Jerry Harwood 31.36 M70 Ed Martin 28.17	3000m
Richard Gardner 1:53.45	Richard Gardner 10.69	M70 Louis Simms, Jr. 18:20.01
M75 Jim Selby 1:19.26 W45 Debbie Selby 1:27.23	W50 Linda Cohn 25.31 W65 Ann Abreu 13.03	5000m M45 William Ward III 18:31.10
W65 Marilyn Ongley 1:39.44	Javelin	2000m SC
W85 Gerry Davidson 2:24.74	M40 Robert Gonzales 25.83	M75 Jim Selby 11:13.16 100mH
00m /35 Nick Warner 2:13.03	M55 Ron Cook 39.79 M60 John Schneider 41.32	M50 Andrew Hecker 22.75
140 Allan McDuffrie 2:04.89	Ron Damschen 31,40	M60 Theo Viltz 16.74
M45 Darryl Smith 2:20.88 William Ward 2:25.96	M65 Jerry Harwood 18.28 M70 Ed Martin 30.63	110mH M30 Matthew Roderick 16.05
150 Rob Duncanson 2:19.99	John Adams 19.49	M35 Johnny Watson 15.95
Gary Shapiro 2:21.05	W50 Linda Cohn 39.36	300mH M50 Andrew Hecker 50.78
Mike Tipping 2:25.66 160 Jim Hampton 2:35.85	W65 Ann Abreu 17.73 1500m RW	M60 Tom Rauscher 51.98
Eric Jones 2:57.35	M50 Robert Porter 13:55.09	400mH
Malcolm McGawn 3:07.04 165 Jerry Hackett 2:34.58	M80 Ray Crawford 14:40.36 W50 Susan Cottey 9:27.77	M35 Johnny Watson 62.00 High Jump
Brent Tharp 2:40.07	W65 Ann Abreu 12:59.27	M30 Matthew Roderick 1.78
170 Ed Karas 3:41.71	5000m RW	M40 Tom Vanzandt 1.88
Richard Gardner 4:34.28 175 Jim Selby 3:16.19	M55 Jack Cassidy 30:48.8 W50 Susan Cottey 33:15.5	M50 Patrick Pittman 1.17 M55 Charlie Rader 1.58
Bob Holmes 3:39.45	R Pasiciel-Chalmers 36:31.4	M65 Bert Bergen 1.37
V50 R Pasciel-Chalmers 3:41.78	W45 Debbie Lee 21:32.67	M70 Hal Smith 1.22 W40 Caren Ware 1.32
V85 Gerry Davisson 5:23.00	USATF-New Mexico Pen-	W40 Caren Ware 1.32 W55 A Steekelenburg 1.27
M40 Allan McDuffrie 4:32.16	tathlon Championships	W65 Kathy Bergen 1.27
Richard Milner 4:48.11 Brent Tharp 5:37.46	Albuquerque; June 24-25	Pole Vault M50 Murray Mead 3.81
145 Adam Weiner 4:36.93	LJ/JT/200/DT/1500	M55 Steve Morris 3.50 M60 Tom Rauscher 3.20
M50 Rob Duncanson 4:40.32 Jack Farnam 5:23.03	M40 Gathern Jones 2148	M60 Tom Rauscher 3.20 Long Jump
Neil Sybert 5:42.72	(4.44/38.13/27.35/32.69/ 6:41.30)	M30 Roderick Matthews 5.41
Malcolm McGawn 6:16.40	M45 Dan Deyo 766	M40 Logan Culp 4.79 M50 Mike Tipping 4.36
Dennis Conte 7:54.72	(2.79/0/33.99/15.46/ 6:51.20)	M65 Otis Williams 4.08
170 Ed Karas 7:29.52	M55 David Salazar 3308	M80 Tom Patsalis 2.91 W40 Caren Ware 4.25
Richard Gardner 9:02.04	(4.95/32.67/26.67/22.28/	W45 Christine Long 2.72
17:06.73 A35 Steve Lopez	5:14.40) Jim Fallen 2748	W50 Denise Janneck 2.21
T Truong 22:39.03 455 Roy Adams 20:51.07	(4.83/23.0/27.82/20.99/	Triple Jump M30 Matthew Roderick 11.37
M70 Richard Gardnier 36:31.01	5:53.70) M65 Ron Kirkpatrick 2093	M40 Logan Culp 10.54
N40 Jaye Morris 21:39.93	(3.78/18.44/28.73/18.20/	M80 Tom Patsalis 7.17
W50 R Pasiciel-Chalmers 26:06.65 Short Hurdles	9:25.80)	W45 Christine Long 5.75 Shot Put
M30 Matthew Roderick 16.38	M70 James Leggitt 3467 (4.09/29.81/29.40/31.70/	M40 Robert Gonzalez 7.88
M45 Steve Klenstuber 23.47 M50 Steve Cummings 18.11	7:33.50)	M45 Bradley Slinkard 14.11
M50 Steve Cummings 18.11 M70 Delos Eyer 27.73	Troign Masters	M50 Wayne Tweddell 11.58 M65 Jerry Harwood 10.44
W60 Nadine O'Connor 14.31	Trojan Masters Championships	M70 Henry Ross 12.46
M70 G McClenathen 10:09.94	Los Angeles, CA; July 9	W45 Christine Long 5.31 W50 Linda Cohn 9.02
Richard Gardner 14:59.44	100m	W55 Brenda Matthews 8.55
W50 R Pasiciel-Chalmers 11:48.53	M35 Ed Jones 12.30 M40 Chris Faulknor 10.94	W65 Cherrie Sherrard 8.86
M45 David Cook 12:07.74	M45 Mike Sullivan 11.46	Discus M50 Wayne Tweddell 35.86
M50 Paul Baum 13:01.34	M50 Greg Pizza 12.07	M65 Jerry Harwood 35.36
Ray Smith 15:52.58	M55 Ernie Stucki 12.90 M60 Willie Roberson 14.80	M70 Hal Smith 35.96
M75 Jim Selby 11:34.84 High Jump	M65 Doug Smith 13.21	W50 Linda Cohn 30.38 W55 A Steekelenburg 22.58
M45 Steve Klenstuber 1.33	M75 Don Cheek 14.78	W65 Cherrie Sherrard 18.18
M50 Robert Porter 1.45 M55 John Little 1.55	M80 Tom Patsalis 23.24 W45 Debbie Selby 16.42	Javelin M40 Robert Gonzalez 25.60
M60 Ron Damschen 1.23	W50 Linda Cohn 14.93	M55 Ron Rook 36.07
M90 Leland McPhie 0.97	W60 Kathy Bergen 14.51 200m	M65 Jerry Harwood 19.92
M75 Fran Styles 0.92 Pole Vault	M35 John Garratt 24.19	M70 Ernie Smith 26.45 W50 Linda Cohn 36.70
M35 Peter Brooks 4.12	M40 Kettrell Berry 22.89	W55 Brenda Matthews 23.31
M45 Bernie Miller 4.12	M45 Mike Sullivan 23.56 M50 Charles Williams 25.37	5000m RW M45 Chris Rael 27:54.8
	M60 Willie Roberson 29.94	M60 Rick Campbell 29:35.7
Greg Charles 3.36	M65 Maynard Morris 32.48 M70 Jesse Carrington 29.91	M70 Carl Acosta 33:37.7
Greg Charles 3.36 M50 Charlie Brown 3.66 M55 Jeff Scott 2.75		M80 Masashi Noritake 42:03.3
Greg Charles 3.36 M50 Charlie Brown 3.66 M55 Jeff Scott 2.75 M65 Ed Oleata 3.05	M75 Don Cheek 31.09	I Was Jenny Dean Asias A
Greg Charles 3.36 M50 Charlie Brown 3.66 M55 Jeff Scott 2.75 M65 Ed Oleata 3.05 M70 Carlos Cota 1.83 M75 Bob Hoomes 1.98	M75 Don Cheek 31.09 M80 Robert Davidson NTA	
Greg Charles 3.36 M50 Charlie Brown 3.66 M55 Jeff Scott 2.75 M65 Ed Oleata 3.05 M70 Carlos Cota 1.83 M75 Bob Hoomes 1.98 Long Jump	M75 Don Cheek 31.09 M80 Robert Davidson NTA W40 Jai Black 26.83	W65 Nancy Alexander 36:37.3
Greg Charles 3.36 M50 Charlie Brown 3.66 M55 Jeff Scott 2.75 M65 Ed Oleata 3.05 M70 Carlos Cota 1.83 M75 Bob Hoomes 1.98 Long Jump M30 Matthew Roderick 5.72	M75 Don Cheek 31.09 M80 Robert Davidson NTA W40 Jai Black 26.83 W45 Debbie Selby 37.30 W50 Jeanne Bowman 31.85	W65 Nancy Alexander 36:37.3 W70 Shirley Capps 36:18.5
Greg Charles 3.36 M50 Charlie Brown 3.66 M55 Jeff Scott 2.75 M65 Ed Oleata 3.05 M70 Carlos Cota 1.83 M75 Bob Hoomes 1.98 Long Jump M30 Matthew Roderick 5.72 M45 Andrew Klenstuber 1.33 M50 Robert Porter 4.30	M75 Don Cheek 31.09 M80 Robert Davidson NTA W40 Jai Black 26.83 W45 Debbie Selby 37.30 W50 Jeanne Bowman 31.85 W85 Gerry Davidson 68.77	W65 Nancy Alexander 36:37.3 W70 Shirley Capps 36:18.5
Greg Charles 3.36 M50 Charlie Brown 3.66 M55 Jeff Scott 2.75 M65 Ed Oleata 3.05 M70 Carlos Cota 1.83 M75 Bob Hoomes 1.98 Long Jump M30 Matthew Roderick M45 Andrew Klenstuber 1.33 M50 Robert Porter 4.30 M55 John Tomaschke 5.13	M75 Don Cheek 31.09 M80 Robert Davidson NTA W40 Jai Black 26.83 W45 Debbie Selby 37.30 W50 Jeanne Bowman 31.85	W65 Nancy Alexander 36:37.3 W70 Shirley Capps 36:18.5 USATF-New Mexico Masters Championships Albuquerque; July 16
Greg Charles 3.36 M50 Charlie Brown 3.66 M55 Jeff Scott 2.75 M65 Ed Oleata 3.05 M70 Carlos Cota 1.83 M75 Bob Hoomes 1.98 Long Jump M30 Matthew Roderick 5.72 M45 Andrew Klenstuber 1.33 M50 Robert Porter 4.30	M75 Don Cheek 31.09 M80 Robert Davidson NTA W40 Jai Black 26.83 W45 Debbie Selby 37.30 W50 Jeanne Bowman 31.85 W85 Gerry Davidson 68.77 400m	W65 Nancy Alexander 36:37.3 W70 Shirley Capps 36:18.5 USATF-New Mexico Masters Championships

asters News			
	16.50	Stephen Boland	12.85
W55 Jane Fuller	24.30 27.20	M50 Greg Pizza Steven Cummings	12.31
W70 Joan Blair	200m	Calvin Evans	12.99
	27.40	M55 Raymond Yeck Ernie Stucki	12.88 13.24
Charles Fuller	29.80	Patrick Lyons	13.40
	28.90	M60 Henry Randolph Ronnie Muranaka	13.75 14.49
W70 Joan Blair	59.70	Lance Pierce	14.61 13.16
400m M55 David Salazar	58.80	M65 Doug Smith Lee Gillespie	14.20
Charles Fuller 1:	08.90	Karl Thorpe M75 Don Cheek	14.77 15.40
	22.10	Jim Selby	16.11
W70 Joan Blair 2:	58.60	Alfonso Escobosa M80 Tom Patsalis	16.76 19.35
800m M40 Scott Long 2:	18.00	W30 Dena Birade	12.52
	18.20	Debbie Selby Susan Quintana	16.99 17.50
	36.00	W50 Rita Hanscom	14.00
1500m M40 Scott Long 4:	44.20	Jeanne Bowman W55 Brenda Matthews	15.43
James Bogus 5:	01.70	W60 Nadine O'Connor	14.15
	04.60 43.30	Kathy Jager W75 Magdalena Kuehne	15.02
W40 Marina Day 10:	51.30	S Onodera-Leonard	
3000m W40 Marina Day 22:	46.30	200m M30 Michael Brown	23.32
5000m	Marine !	M35 Hugo Estrada	24.59
	56.00 40.30	M40 Aaron Thigpen Andre Freeman	23.18 23.64
Long Hurdles	52.50	James Smith M45 Michael Sullivan	24.53
M65 Ron Kirkpatrick High Jump	52.50	James Chinn	23.20
M50 Patrick Jaramillo	1.19	Gregory Turner M50 James Lofton	25.02
W50 Karen Blackmore Long Jump	1.11	Steven Cummings	24.02 26.12
M50 Patrick Jaramillo	3.28	Stephen Kloch	26.61
M75 Novi Milicevic M80 Chet Warwick	3.42	M55 Raymond Yeck Ernie Stucki	26.38 26.94
Triple Jump M75 Novi Milicevic	600	William Fitzpatrick	27.48
Shot Put	6.99	M60 Henry Randolph Willie Roberson	28.80 30.72
	13.65 9.72	M65 Doug Smith Lee Gillespie	26.91 29.55
M45 Jeff Crothers M50 Rick Gonzales	11.34	Karl Thorpe	31.80
Patrick Jaramillo M55 Jimmy Lister	8.74	M75 Don Cheek Jim Selby	31.54 34.68
	14.97	W40 Caren Ware	30.30
Mickey Miller M75 Novi Milicevic	9.63	Kim Kutcher W45 Debbie Selby	33.21
M85 Hugh Hackett	5.76	W50 Rita Hanscom	28.81
W40 D Falzitto-Gocken W50 Karen Blackmore	9.28 5.91	Jeanne Bowman Jackie Landsman	31.21
M50 Dennis Umshler	12.47	W55 Brenda Matthres W60 Kathy Jager	30.86
Victor Rodriguez	35.27	W75 Magdalena Kuehne	41.02
	36.20 35.80	S Onodera-Leonard	146.37
M60 Paul Économides	48.60	M30 Michael Brown	50.68
Mickey Miller M85 Hugh Hackett	30.02 14.03	M35 Bao Kim Coleman M45 Michael Sullivan	59.30 51.70
W40 D Falzitto-Gocken	26.82	David De Massa	57.72
Hammer M45 Jeff Crothers	38.48	Vincent Calloway M50 James Lofton	58.28 52.56
M50 Rick Gonzales	29.30	Steven Cummings Rob Duncanson	57.67 59.71
	27.90 50.55	M55 Steven Hardison	57.42
Mickey Miller	12.15	Raymond Yeck William Fitzpateick	61.38 61.48
	23.84	M60 Stan Whitley	57.87
Javelin	26.49	M70 Jesse Carrington 1 Raymond Fitzhugh 1	
Rick Gonzales	25.88	M75 Don Cheek 1	:11.46
	42.85 40.01	Jim Selby 1 Alfonso Escobosa 1	:18.10
Paul Économides	33.00	M80 Robert Dadicson 3	3:03.83
	17.85 14.70	W40 Kim Kutcher 1 W45 Debbie Selby 1	:17.13
W40 D Falzitto-Gocken	21.92	W50 Jeanne Bowman 1	:14.82
Weight Throw M45 Jeff Crothers	10.22	W55 Debbie Stiles 1 W75 S Onodera-Leonard 1	:17.02 :55.20
M50 Rick Gonzales	12.95		2:10.05
	10.40 17.13	M35 Jesse McAlman 2	:07.76
Mickey Miller	7.77 9.75		2:10.57
M85 Hugh Hackett Weight Pentathion		Angel Roman 2	2:08.87
M50 Rick Gonzales	2716 3331		2:12.23
M55 Jimmy Lister M60 Paul Economides	4599	Mark Lewis 2	2:12.55
Mickey Miller M85 Hugh Hackett	2419 3441		2:16.98
W70 Judy Fetherston	1944	M55 Nolan Shaheed 2	2:15.51
3000m RW W40 Laura Draelos	18:39		2:22.30
	22:10	M60 Frederick Lindsley 2	2:28.70
USATF - West Regio	nal		2:30.73
Championships, CS	U	Louis Simms 3	:48.52
Long Beach; July 22	-23	W30 Michelle Ishio 2	3:23.46
100m	0.00	W40 Lisa Davis 2	2:26.49
Hugo Estrada	2.10	W45 S Chaplin-Swann 2	2:30.80
M40 Aaron Thigpen	1.06	Debbie Lee 2	2:42.60
	11.33	M40 Angel Roman 4	:30.20
M45 Michael Sullivan	11.83	Tim Hickok M45 Angelo DeCollibus4	:44.28
This last Flability	,-		:03.41

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oland 12.85	M55 Gary Gall 5:13.61
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reck 12.88 d 13.24	W30 Jennifer Murphy 5:08.61
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ce 14.61 1 13.16	Nick Warner 4:57.84 M40 David Olshan 4:47.03
ie 14.20	Matthew Armbrustr 4:51.24
14.77	Tim Hickok 5:04.60 M45 Angelo DeCollibus5:03.58
16.11	Thomas Cupp 5:23.67 M55 Nolan Shaheed 4:46.43
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ntana 17.50	M75 Jim Selby 7:42.72
om 14.00 wman 15.43	Milo Sather 8:16.89 W40 Lisa Davis 5:24.17
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Kuehne 19.06 -Leonard 20.61	Patricia Contreras 6:04.71 W85 Gerry Davidson 11:03.11
	5000m
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pen 23.18	Matthew Armbruster 16:41.97
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1:18.10 cobosa 1:27.65	W45 Christine Long 10:31.56 Debbie Selby 12:14.86
dicson 3:03.83	3000m Steeplechase
er 1:17.13 by 1:27.38	M30 Clint Santoro 10:35.39 M35 Bao Kim Coleman17:10.59
wman 1:14.82	M50 Greg Wilson 11:19.53
es 1:17.02 eonard 1:55.20	4x100m Relay W40 SoCalTrack/
dson 2:10.05	FleetFeet 1:04.07 4x400m Relay
lman 2:07.76	W40 SoCalTrack/
er 2:10.57 astor 2:04.21	FleetFeet 5:01.51 4x800m Relay
an 2:08.87	M50 SoCalTrack/
2:12.23 uffrie 2:03.05	FleetFeet 9:29.99 High Jump
2:12.55	M30 Matthew Roderick 1.80
Ness 2:16.98 egard 2:29.90	M40 Thomas van Zandt 1.85 Robert Gonzales 1.50
need 2:15.51	M45 Lee Balkin 1.65
ro 2:22.30 2:28.30	Henry Watson 1.55 Mahmoud Niroumand 1.50
indsley 2:28.70 ett 2:30.73	M50 Don Weeks 1.65
ander 3:15.08	Douglas Schuessler 1.50 Patrick Pittman 1.15
ns 3:48.52 3:23.46	M55 Charlie Rader 1.65
nio 2:23.09	Wayne Bradley 1.55 W50 Rita Hanscom 1.35
2:26.49 an 2:43.05	W55 A Steekelenburg 1.35 Pole Vault
Swann 2:30.80	M45 Bernie Miller 3.96
2:42.60	M50 Stuart Hancock 1.98
an 4:30.20	M55 Steven Hardison 3.96 Steve Morris 3.35
4:44.28 Collibus4:39.46	Richard Rivas 3.20 M60 Tomlinson Rauscher 3.27
rd 5:03.41	Gary Wuest 2.74
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September 2006 Mardon Connelly Edward Oleata Douglass McFette Raymond Fitzhug Nadine O'Connor ne O'Connor/3.10/ Jump Matthew Roderick ohnny Watson Robert Gonazles Gregory Turner
William Long
Niroumand Mahm
Paul Shires
Patrick Pittman Mike Tipping Carl Flowers Cevin Christense Ronnie Muranaka Terry Rowan Raymond Fitzhug Tom Patsalis Caren Ware /er. Amarasekara Christine Long Linda Cohn Brenda Matthews Kathy Jager Magdalena Kuehr Jump Matthew Roderick ogan Culp Mahmoud Niroma Jeffrey Davison Triple Jump Paul Shires Terry Rowan
Tom Patsalis Hugh Hackett Caren Ware Christine Long Put
Mark Landa
Geoffrey
David Bickel

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M70 Douglass McFetters 2.43		M30 Bresseman, Chris 4:24.15	Rohrback, Stebbins 35:05.43	Lulich, Frank 28.05	5000m Walk
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M30 Matthew Roderick 5.37	John Hansen 51.16	M50 Prather, Bob 4:31.56	July 22	400m	W70 MacLeod, Suzi 38:17.0h
M35 Johnny Watson 3.67		Allison, Michael 4:48.51	July 22	W40 Cloward, Maria 1:14.5h	W70 Langmas, Harriet 52:55.7h
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M45 Gregory Turner 6.46 William Long 5.89	Richard Watson 43.43 Mike Tipping 42.67	M60 Turner, Kwame 6:23.71 5000m	M55 Willie Venable 13.0	W55 Brook, Zel 2:01.2h M45 Budziszewski, Josep 58.79	M60 Bancroft, Georgie 39:37.0h
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M80 Tom Patsalis 2.81	Edward Martin 32.86	W40 Parfitt, Claire 22:12.53	M45 Holton Quinn 1:00.56	M60 Peirce, Stephen 3:01.10	M30 Atkinson, Tyler 13.39 M40 Crawford, Todd 11.82
W40 Caren Ware 4.59 W45 Ver. Amarasekara 5.13		4x400m Relay	M60 Rich Tucker 1:01.70	M85 Lauderback, Bill 5:14.60	M45 Williamson, Steve 12.36
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W50 Linda Cohn 4.29	W50 Linda Cohn 38.48	High Jump	800m M50 Bob Prather 2:15.8	W55 Groesz, Jeanette 6:02.4h	M55 Chubb, Roy 13.60
W55 Brenda Matthews 4.11	Tina Bowman 35.86	M40 Crippen, Rand 1.73	M55 Ken Bell 2:33.0	M45 Gassner, Christophe 5:34.9h	M60 Powell, Tony 12.74
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M45 Mahmoud Niromand 11.38	M45 Chris Rael 27:35.80	Simpson, Mohler 2.10	M65 Desmond O'Rourke 5:59.7 M75 Paul Flannagan 6:44.8	5000m	W50 Del Grande, Karla 13.20
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M50 Triple Jump 9.36 Paul Shires 9.14		M40 Crippen, Rand 5.18	W50 Linda Lanker 1:01.9	M45 Gassner, Christophe 19:35.5h M70 Davis, Jim 22:45.6h	M30 Atkinson, Tyler 28.05
M65 Terry Rowan 8.69		M55 Venable, William 5.31 M60 Chaney, Victor 3.71	10,000m	M70 Davis, Jim 22:45.6h 100m Hurdles	M35 Crepsac, Malik 23.44
M80 Tom Patsalis 6.69		Triple Jump	M50 Douglas Jacobson 36:57.61	M60 Peirce, Stephen 22.39	M40 Kudo, Ken 25.21
M85 Hugh Hackett 3.9	M75 Cliff Elkins 37:48.50	M40 Crippen, Rand 10.75	3000m Steeplechase M40 David Miskimens 11:28.0	110m Hurdles	M45 Loh, Lawrence 26.01
W40 Caren Ware 8.64		M60 Chaney, Victor 9.25	High Jump	M45 Copeland, Scott 23.86	M50 Smith, Kerry 23.50 M55 Carter, Mike 28.45
W45 Christine Long 5.77 Shot Put	THE RESERVE OF THE PARTY OF THE	Shot Put M30 Burks, Matt 13.92	W35 Kelley Hewett 1.35	M60 Peirce, Stephen 60.60	M60 Powell, Tony 26.00
M30 Mark Landa 15.03	NORTHWEST	M30 Burks, Matt 13.92 Salas, Christian 12.60	Pole Vault	M60 Peirce, Stephen 60.60	M65 Brand, Dave 29.69
M35 Geoffrey 11.15	NORTHWEST	M40 Shannon, Tim 13.28	M45 Louis Baucom 4.28 M60 Dannis Phillips 3.81	M45 Copeland, Scott 5.16	M70 Sharma, Dev 30.92
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M45 Bradley Slinkard 14.42 M50 Gary Schmidt 12.68	Calem OD. Lune 47 40	M65 Ward, Robert 12.63 Sheedy, Bob 10.06	M55 Willie Venable 4.90	M65 McCrea, Don 3.52 M70 Walker, Kermit 4.48	W50 Del Grande, Karla 27.04
M50 Gary Schmidt 12.68 David Scott 11.90	Till take to be a local to a first and the first to be a f	M70 Koch, James 13.12	W30 Sheila Smith 5.56	Triple Jump	W55 Trott, Rhona 33.45
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M60 William Harvey 13.40 Louis Jordan 11.63	Domino Comitant Co	M90 Joslin, Leon 5.58 W40 Jinkins, Laurie 9.56	W30 Sheila smith 11.84	M35 Lewis, Scott 1.55 M40 Jaqua, Michael 1.63	M50 Gagne, Wayne 63.26
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M65 Richard Noble 11.40	Decky Sisiey 67 4961	W45 Surina, Čarla 9.00	W45 Karen Miller 10.33 W55 Sue Hinz 7.90	M60 Lulich, Frank 1.51	M65 Pascoe, Jim 77.02
M70 Robert Humphreys 12.73	In all days a support	W60 Cutler, Georgia 7.79	W75 Melicent Whinston 4.59	Edwards, Jay 1.38	M70 Sharma, Dev 75.24 M75 Fee, Earl 70.75
Henry Ross 12.4 Doug Tomlinson 10.7	All the second s	Discus M30 Burks, Matt 37.58	Discus	Peirce, Stephen 1.26 M65 McCrea, Don 1.18	W35 Bailey Mason 68.31
M75 Arnie Gaynor 12.90		Salas, Christian 32.16	M55 David Kolva 20.97	Pole Vault	W45 Willis, Katherine 78.63
M80 Donald Roser 7.93	Edmonds WA; July 7-8	M40 Shannon, Tim 40.84	M60 Gary Peterson 35.57 W45 Karen Miller 31.82	W45 Schultz, Donna 2.85	W50 Del Grande, Karla 65.77
W45 Ver. Amarasekara 9.4		Ward, Richard 35.25	W55 Sue Hinz 21.18	M40 Jaqua, Michael 3.81	W70 Horne, Jean 1:22.93
W50 Linda Cohn 10.19 Rita Hanscom 9.49		M50 Umshler, Dennis 44.02 M60 Miller, Jack 33.52	Hammer	M45 Umenhofer, Dan 4.11	M35 Hackshaw, Derek 2:03.94
Jeanne Bowman 7.10		M65 Sundholm, Conrad 36.17	M35 Aaron Linerud 52.31	M50 Duerst, Jon 3.15	M40 Peat, Geoff 2:08.96
W55 Brenda Matthews 8.93	Palencia, Don 13.25	Sheedy, Bob 34.07	M55 David Lolva 26.46 W55 Sue Hinz 28.05	M60 Altendorf, John 3.81	M45 Cunliffe, Bill 2:11.96
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W60 Kathy Jager 7.69		M90 Joslin, Leon 15.13	Javelin	M65 McCrea, Don 2.49	M65 McIlwaine, Bill 2:50.70 M70 Krolow, Gerhard 3:09.55
W65 Flossie Harrison 6.76		W40 Oberbillig, Karen 26.66 Jinkins, Laurie 26.57	M30 Ryan Weidman 65.86	M70 McFetteri, Doug 2.59 M80 Cleveland, John 1.90	M75 Fee, Earl 2:41.26
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M30 Mark Landa 43.86	M60 Robbins, Stephen 12.46	Hammer	Portland Masters TC 48	M50 Banton, Steve 13.13	W70 Horne, Jean 3:14.55
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M50 Gary Schmidt 39.50		W55 Taylor, Joyce 35.62	Greater Spokane 10	M65 Ward, Robert 12.39	M55 De Finney, John 5:01.08 M60 Cassel, Gary 5:32.78
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M70 Robert Humphreys 43.03		M55 Taylor, Todd 16.65	Gray, Bert 13.37 M45 Copeland, Scott 12.83	M65 Johnson, Norman 31.01	M55 De Finney, John 18:29.81 M60 Woodhall, David 20:08.08
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W55 Brenda Matthews 22.29		Superweight 9.13	M60 Gripp, Wayne 13.46	M80 Sullivan, Dennis 22.77	2000m SC M65 Christensen, Vern 8:32.28
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Kathryn Noble 14.74	Diaz, Edward 65.16	M55 Taylor, Todd 7.48	Talmadge, Steve 14.20	W55 Taylor, Joyce 15.80	W55 Trott, Rhona 16.48
Hammer	M55 Crouse, CB 68.68	M90 Joslin, Leon 3.54	M65 Summers, David 15.84	W65 Sisley, Becky 27.24	M70 Sharma, Dev 18.13
M30 Mark Landa 54.10	M60 Turner, Kwame 1:20.04	W40 Jinkins, Laurie 6.33	M75 Coy, Jack 17.11 M85 Lauderback, Bill 25.85	M35 North, Harlen 54.22	M50 Cilevitz Ralph 1919
M40 David Bickel 42.3		W55 Taylor, Joyce 6.65 Sellerite, Sharon 4.32	200m	M40 Gray, Bert 41.14	M50 Cilevitz, Ralph 19.19 High Jump
M45 Carl Darby 39.53 Douglas Parsons 36.66		W65 Cutler, Georgia 6.49	W40 Cloward, Maria 31.74	M45 Hansen, John 52.72 M50 Valley, Brian 49.71	M35 McLauchlin, Troy 1.55
M50 Thomas Meyer 47.70		5000m Racewalk	W50 Fortier, Pam 36.31	Banton, Steve 43.83	M45 Sanjari, Kevin 1.52
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M55 Tim Muller 30.75 M60 Bob Osterhoudt 43.14		Kale, Bart 30:37.70 Newman, Richard 31:30.18	Copeland, Scott 26.16	Nelson, Dale 23.04 Peirce, Stephen 9.74	M65 Land, Bob 1.35
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M65 Edward Burke 52.16		Chraminski, Stan 28:33.26	Revoal, Marvin 30.14 Webb, Trent 33.54	Summers, David 18.63	W45 Gunasekera, Roshani 1.24 W50 Mallia, Maria 1.36
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MSO Cleivtz, Rajph	16.72 na 10.53 28:21.00 30:11.00 31:21.20 31:21.20 31:21.21 33:30.89 27:06.77 33:55.26 31:48.05 14.60 13.92 14.23 12.41 12.21 10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.53 11.53 18.64 7.72 6.27 5.48 46.87 52.70
Web Med	28:21.00 30:11.00 31:21.20 31:21.20 31:21.20 31:30.89 27:20.09 27:20.09 27:20.09 27:20.09 27:20.09 27:20.09 27:20.09 27:20.09 33:55.26 31:48.05 14.60 13.92 14.23 12.41 12.21 10.34 7.77 4.29 13.63 12.67 11.53 11.57 11.53 11.57 11
Most Crawford, Todd 6.66 Mrs. Sanjari, Kevin 5.66 Mrs. Sanjari, Kevin 5.67 Mrs. Sanjari	30:11,00 31:11,21 33:30,89 27:20,09 31:11,21 33:30,89 27:20,06,77 33:55,26 31:48.05 14.60 13.92 14.23 12.41 12.21 10.34 7.77 4.29 13.63 12.67 11.53 11.57 11.53 18.64 7.72 6.27 5.48
Mo Crawford, Todd 6 6.66 M40 Crawford, Todd 5.65 M40 Parkinson, Richard 33.30 M55 MeS Durgard, Flash Sport, Sport 1.55 M45 Sanjar, Kevin 5.65 M45 Sanjar, Kevin 5.65 M45 Sanjar, Kevin 5.65 M45 Susten, Danny 11.15 M55 Buhman, James 24.81 M55 Buhman, James 24.81 M55 Buhman, James 36.66 M50 Parkinson, Richard 33.30 M55 M65 Parkinson, Richard 33.30 M55 M56 Parkinson, Richard 33.30 M55 M56 Parkinson, Richard 33.30 M55 M56 Parkinson, Richard 33.30 M56 M56 Parkinson, Richard 34.80 M56 Parkinson, Richard 34.80 M56 Parkinson, Richard 34.80 M	31:21.20 31:31.21 33:30.89 27:20.09 27:20.09 27:06.77 33:55.26 31:48.05 14.60 13.92 14.23 12.41 12.21 10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.57 11.53 11.57 11.57 5.48 46.87 52.70
MAS Sanjan, Kevin 5.65 Mos Ociette, Rajph 4.23 MAS Voisten, Danny 11.15 Mos Ociette, Rajph 4.28 MAS Voisten, Danny 11.15 Mos Ociette, Resar Singh 3.20 Mos Denarcyk, Jan Mos Ociette, Resar Singh 3.21 3.84 Mos Ociette, Resar Singh 3.21 Mos Ociette, Resar Singh 3.22 Mos Ociette, Resar Singh 3.22 Mos Ociette, Resar Singh 3.23 Mos Morris, David 3.24 Mos Ociette, Resar Singh 3.25 Mos Morris, David 3.25 Mos	31:11.21 33:30.89 27:06.77 33:55.26 31:48.05 14.60 13.92 14.23 12.41 10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.37 11.53 11.53 11.57 11.53 18.64 7.72 6.27 5.48
MSS Bourgard, Tim Mss Pourgard, Tim Mss Pourgard, Tim Mss Bourgard, Tim Mss Mayer, Jean-Pierre Mss Mss Mayer, Jean-Pierre Mss Mss Mayer, Jean-Pierre Mss Mss Mss Mss Mss Mss Mss Mss Mss Ms	33:30.89 27:20.09 27:20.06.77 33:55.26 31:48.05 14.60 13.92 14.23 12.41 12.21 10.34 7.77 4.29 13.63 12.67 11.53 11.57 11.53 18.64 7.72 6.27 5.48 46.87 52.70
M45 Barret, Lyn M45 Barret	14.60 13.92 14.23 12.41 12.21 10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.53
## Sunasekera, Roshain 3.72 ## So Malial, Maria	14.60 13.95 14.23 12.41 10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.37 11.53 1 8.64 7.72 6.27 5.48
M60 McGruder, Malach 9.62 M65 Morris, David M65 Morris, D	14.60 13.92 14.23 12.21 10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.37 11.53 18.64 7.72 6.27 5.48
M60 Gronhardt, Ulrich GER M65 Morris, David 8.67 M65 Morris, David 33.38 W55 Trott, Rhona 20.00 M50 Graczyk, Jan 16.00 M50 Graczyk, Jan M60 Knuell, Wolfgang GER M65 Mey, Werner GER 5.00.60 M70 Gubenkov, Leonid RUS 52.24 M75 Howarth, Derek GBR M70 Gubenkov, Leonid RUS M	13.92 14.23 12.41 10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.37 11.53 8.64 7.72 6.27 5.48
M65 Mey, Werner GER M70 Gubenkov, Leonid RUS 502.61 M75 Mowarth, Derek GBR M75 Gubenkov, Leonid RUS 502.61 M75 Mowarth, Derek GBR M75 Gubenkov, Leonid RUS M75 Mowarth, Derek GBR	13.92 14.23 12.41 10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.37 11.53 8.64 7.72 6.27 5.48
### Miss Mey, Werner GER	14.23 12.41 12.21 10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.53 11.53 1 8.64 7.72 6.27 5.48
European T&F Championships Poznan, Poland, July 19-30 100m 100m M35 MacGee, Will GBR M40 Nole, Anthony GBR M59 Deters, Stephen GBR M50 Cilla, Charles FRA M50 Miller, Guido GER	12.41 12.21 10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.37 11.53 1 8.64 7.72 6.27 5.48 46.87 52.70
European T&F Championships Poznan, Poland, July 19-30 M85 Pauwels, Emiel BEL 9:36.31 M85 Pau	10.34 7.77 4.29 13.63 12.67 12.98 S 12.93 11.37 11.53 8 .64 7.72 6.27 5.48 46.87 52.70
100m M35 MacGee, Will GBR M36 MacGee, Will GBR M36 MacGee, Will GBR M35 MacGee, Will GBR M35 MacGee, Will GBR M36 MacGee, Will GBR M36 MacGee, Will GBR M35 MacGee, Will GBR M36	7.77 4.29 13.63 12.67 12.98 5 12.93 11.37 11.53 8.64 7.72 6.27 5.48 46.87 52.70
M35 MacGee, Will GBR 11.15 W40 Wieciorkowska, Zofia POL 4:41.86 M35 MacGee, Will GBR 11.15 W45 Pérez, Aurora ESP 4:46.61 M35 MacGee, Will GBR M35 MacGee, Will GBR 11.15 M45 Pérez, Aurora ESP 4:46.61 M35 MacGee, Will GBR M35 MacMachil, Will GBR<	13.63 12.67 12.98 12.93 11.37 11.53 8 8.64 7.72 6.27 5.48 46.87 52.70
M40 Noel, Anthony GBR 10.93 M45 Logan, Patrick GBR 11.50 M45 Logan, Patrick GBR 11.50 M45 Logan, Patrick GBR 11.50 M55 Jensen, Ingerlise V. DEN 5:14.11 M45 Perleter, Gilles FRA 9:40.58 M45 Perez Rodriguez, Cesar ESP 9:51.24 M55 Machalburg, Jozef POL 10:32.12 M45 Machalburg, Jozef POL 10:32.12 M45 Machalburg, Jozef POL 10:32.12 M55 Kärkkäinen, Heimo FIN 11:27.97 Marathon M85 Walewski, Przemyslaw POL 2:44.53 M85 Cansch, Emmerich AUT M85 Walewski, Przemyslaw POL 2:44.53 M40 Ruess, Georg AUT 2:32.43 M90 Liedtke, Herbert SWE 15:78 M45 Pierczurowski, Slawomir POL 2:42.24 M55 Machalburg, Jozef POL 10:32.12 M55 Kärkkäinen, Heimo FIN 11:27.97 M875 Walewski, Przemyslaw POL 2:44.53 M40 Ruess, Georg AUT 2:32.43 M90 Liedtke, Herbert SWE 15:79 M40 Taylor, David GBR M45 Pierczurowski, Slawomir POL 2:42.24 M50 Mika, Tadeusz POL M55 Machalburg, Premyslaw POL 2:42.24 M55 Machalburg, Jozef POL 10:32.12 M45 Machalburg, Jozef POL 10:32.12 M65 Warkkäinen, Heimo FIN 11:27.97 M80 Klafki, Helmut GER M55 Walerus, Premyslaw POL 2:44.53 M40 Ruess, Georg AUT 2:32.43 M55 Walerus, Premyslaw POL 2:42.24 M55 Walerus, Premyslaw POL 2:42.24 M55 Walerus, Pramin POL 2:42.24 M55 Walerus, Pramin POL 2:42.24 M50 Walerus, Pram	12.67 12.98 S 12.93 11.53 11.53 8 .64 7.72 6.27 5.48 46.87 52.70
M45 Logan, Patrick GBH 11.50 M50 Peters, Stephen GBR 11.56 M50 Peters, Stephen GBR 11.66 M50 Peters, Stephen GBR 11.66 M60 Cilla, Charles FRA 12.64 M65 Müller, Guido GER 12.74 M70 Gasper, Hans-Jurgen GER 13.75 M75 Reuter, Wolfgang GER 13.75 M80 Klafki, Helmut GER 15.98 M80 Klafki, Helmut GER 16.73 M90 Liedtke, Herbert SWE 18.65 W40 Lapierre, Violetta FRA 12.78 W40 Lapierre, Violetta FRA 12.78 W40 Errand Francisco ERP 15.98 W40 Full Francisco ERP 15.98 W40 Lapierre, Violetta FRA 12.78 W40 Lapierre, Violetta FRA 12.78 W40 Full Francisco ERP 16.73 W50 Full Francisco ERP <td>S 12.93 11.37 11.53 8 8.64 7.72 6.27 5.48 46.87 52.70</td>	S 12.93 11.37 11.53 8 8.64 7.72 6.27 5.48 46.87 52.70
M60 Cilla, Charles FRA M65 Müller, Guido GER M65 Müller, Guido GER M70 Gasper, Hans-Jurgen GER M75 Reuter, Wolfgang GER M85 Nasper, Hans-Jurgen GER M85 Sobrero, Bruno ITA M85 Sobrero, Bruno ITA M85 Sobrero, Bruno ITA M85 Lein, Dariusz POL M85 Sobrero, Bruno ITA M80 Diedtike, Herbert SWE M85 Sobrero, Bruno ITA M80 Milka, Tadeusz POL M85 Sobrero, Bruno ITA M85 Walewski, Przemyslaw POL M85 Sobrero, Bruno ITA M80 Diedtike, Herbert SWE M85 Zensch, Emmerich AUT M80 Diedtike, Herbert SWE M85 Senashko, Elena RUS M85 Semashko, Elena RUS M85 Walewski, Przemyslaw POL M85 Walewski, Przemyslaw POL M85 Walewski, Przemyslaw POL M85 Walewski, Przemyslaw POL M85 Valewski, Przemyslaw POL M8	S 12.93 11.37 11.53 8 8.64 7.72 6.27 5.48 46.87 52.70
M65 Müller, Guido GER 12.74 M70 Gasper, Hans-Jurgen GER 13.75 M75 Reuter, Wolfgang GER 13.75 M80 Klafki, Helmut GER 15.98 M80 Klafki, Helmut GER 15.98 M80 Sobrero, Bruno ITA 16.73 M80 Lafki, Helmut GER 15.98 M80 Sobrero, Bruno ITA 16.73 M80 Lafke, Herbert SWE 18.65 W40 Lapierre, Violetta FRA W55 Barlosik, Ewa POL W65 Parsons, Valerie GBR W66 Parsons, Valerie GBR W670 Rosales, Manuel ESP W70 Rosales, Rosales, Manuel ESP W70 Rosales, Rosal	11.37 11.53 8 8.64 7.72 6.27 5.48 46.87 52.70
M75 Reuter, Wolfgang GER M80 Klafki, Helmut GER M80 Klafki, Helmut GER M85 Sobrero, Bruno ITA M80 Liedtke, Herbert SWE M90 Liedtke, Herbert SWE M90 Liedtke, Herbert ST M90 Liedtke, Herbert SWE M90 Molina, Francisco ESP M90 Molina, Tracicus POL M	8 8.64 7.72 6.27 5.48 46.87 52.70
M85 Klein, Dariusz POL M45 Pieczurowski, Šlawomir POL 2:42.23 W35 Semashko, Elena RUS M85 Sobrero, Bruno ITA M85 Malero, Wateria	7.72 6.27 5.48 46.87 52.70
M90 Liedtke, Herbert SWE 18.65 W35 Granovskaja, Piret EST 12.78 W35 Granovskaja, Piret EST 12.78 W40 Lapierre, Violetta FRA 12.15 W35 Diaz Perez, Fernando ESP 16:17.21 M55 Diaz Perez, Fernando ESP 16:17.21 M55 Diaz Perez, Fernando ESP 16:17.21 M60 Bergaust, Ole Peter NOR 2:58.40 W50 Karg, Carmen GER 13.37 W50 Fuhrmann, Dagmar GER W50 Fuhrmann, Dagmar GER W50 Fuhrmann, Dagmar GER W50 Fuhrmann, Dagmar GER W50 Prysyazhnyuk, Anatoliy UKR 18:25.00 M70 Rosales, Manuel ESP 19:29.17 M75 Howarth, Derek GBR W60 Strasdas, Edeltraud GER W60 Strasdas, Edeltraud GER W70 Nilsson, Astrid SWE W70 Nilsson, Astrid SWE W70 Nilsson, Astrid SWE W70 Nilsson, Astrid SWE W70 Discus W60 Parennan Aut W60 Parennan Aut W70 Junge, Ingrid GER W70	5.48 46.87 52.70
W35 Granovskaja, Piret EST W40 Lapierre, Violetta FRA H55 Diaz Perez, Fernando ESP 16:17.21 H55 Diaz Perez, Fernando ESP 16:52.18 H55 Diaz Perez H55.218 H55 Diaz Perez, Fernando ESP 16:52.18 H55 Diaz Perez, Fernando ESP 16	46.87 52.70
W40 Lapierre, Violetta FRA 12.15 M55 Diaz Perez, Fernando ESP 16:52.18 M65 Lessing, Peter GER 2:58.01 W55 Marfer, Caroline GBR 1.35 M35 Pawelski, Grzegorz PC W45 Barilly, Nicole FRA 12.73 M50 De La Camara, Emilio ESP 17:22.55 M60 De La Camara, Emilio ESP 17:22.55 M70 Vetsch, Christian SUI 3:29.35 W60 Maier, Marianne AUT 1.35 M40 Stolarczyk, Marek POL M45 Stalling, Ursula GER 1.37 M45 Stolarczyk, Mieczyslaw PO M70 Rosales, Manuel ESP 19:29.17 M70 Rosales, Manuel ESP 19:29.17 M80 Kivioja, Olli FIN 5:27.54 W70 Junge, Ingrid GER 1.09 M55 Wagner, Alwin GER W65 Strasdas, Edeltraud GER W70 Nilsson, Astrid SWE 17.01 M80 Agrio, Caroline GBR 22:56.91 W40 Riff, Elisabeth FRA 3:40.09 W75 Happ, Christa GER 1.12 M55 Wagner, Alwin GER W75 Watshell Reversal of CRIP W70 Nilsson, Astrid SWE 17.01 W45 Heilig-Duventaester, GER 24:15.62 W45 Krchakova, Alena CZE W33.33 Pole Vault W65 Stzelinak, Grzegorz PC	52.70
W50 Fuhrmann, Dagmar GER 13.37 W55 Bartosik, Ewa POL W50 Parsons, Valerie GBR 14.15 W65 Prysyazhnyuk, Anatoliy UKR W50 Parsons, Valerie GBR 14.15 W65 Prysyazhnyuk, Anatoliy UKR W50 Parsons, Valerie GBR W50 Valent, Gejza CZE W50 Parsons, Valerie GBR W50 Valent, GER W50 Vale	
W55 Bartosik, Ewa POL 13.88 M70 Rosales, Manuel ÉSP 19:29.17 M80 Kivioja, Olli FIN 5:27.54 W70 Junge, Ingrid GER 1.09 M50 Valent, Gejza CZE M70 Kirsons, Valerie GBR 14.15 M75 Howarth, Derek GBR 22:56.92 W35 Peter, Imke GER 3:46.09 W75 Happ, Christa GER 1.12 M55 Wagner, Alwin GER W75 Happ, Christa GER 1.12 M50 Wagner, Alwin GER W75 Happ, Christa GER 1.12 M50 Wagner, Alwin GER W75 Happ, Christa GER 1.12 M60 Uhlik, Frantisek CZE W75 Happ, Christa GER 1.12 M60 Uhlik, Frantisek CZE W75 Happ, Christa GER 1.09 M60 Uhlik, Frantisek CZE W75 Happ, Christa GER 1.09 M60 Uhlik, Frantisek CZE W75 Happ, Christa GER 1.09 M60 Uhlik, Frantisek CZE W75 Happ, Christa GER 1.09 M60 Uhlik, Frantisek CZE W75 Happ, Christa GER 1.09 M60 Uhlik, Frantisek CZE W75 Happ, Christa GER 1.09 M50 Valent, Gejza CZE W75 Happ, Christa GER 1.09 M50 Valent, Gejza CZE W75 Happ, Christa GER 1.09 M50 Valent, Gejza CZE W75 Happ, Christa GER 1.09 M50 Valent, Gejza CZE W75 Happ, Christa GER 1.09 M50 Valent, Gejza CZE W75 Happ, Christa GER 1.09 M50 Valent, GER 1.09 W75 Happ, Christa GER 1.09 M50 Valent, Gejza CZE W75 Happ, Christa GER 1.09 M50 Valent, GER 1.09 W75 Happ, Christa GER 1	48.99
W65 Strasdas, Edeltraud GER 16.29 M80 Agnoli, Sergio ITA 24:15.46 W40 Riff, Elisabeth FRA 3:21.24 W80 Strüven, Margarete GER 0.91 M60 Unlik, Frantisek CZE W45 Krchakova, Alena CZE 3:33.33 Pole Vault	52.56
W70 Nilsson, ASTOT SWE 17.01 W45 Heilig-Duventaester, GER 17:56.25 W45 Krchakova, Alena CZE 3:33.33 Pole Vault M65 Strzelinski, Zbigniew P	50.01 48.87
	L 49.92
W55 Kreiskott, Hosemarie GEH 18.09 W50 Branney, Sandra GBR 18:18:30 W50 Gadea, Julia ESP 3:15.19 M35 Beda, Gianfranco ITA 4.60 M70 Speckens, Peter GER W55 Wixey, Mary GBR 25:74 W55 Egger, Waltraud ITA 20:29:72 W55 Pawlikowski, Elfriede GER 3:38:20 M45 Achtelik, Alfred GER 4.50 M75 Brandt, Heinz GER	44.42 37.40
200m W60 McNelis, Evelyn IRL 22:51.42 W60 Rost-Brashotz, Gabriele GER 3:45.16 M50 Ritte, Wolfgang GER 4.40 M80 Duholm, Helmuth DEN	30.99
M35 MacGee, Will GBR M40 Saraceni, Enrico ITA M40 Saraceni, Enrico ITA M40 Saraceni, Enrico ITA M40 Saraceni, Enrico ITA M55 MacGee, Will GBR W65 Bayer, Waltraud GER W70 Jones, Pamela GBR	31.45
M45 Logan, Patrick GBR 23.57 10.000m M55 Logan, Patrick GBR 23.57 10.000m M65 Prinsers, Limited GBT 43.52 M65 Prinsers, Limite	16.68 9.76
M50 Peters, Stephen GNH 23:27 M35 Bogazzi, Pietro ITA 33:26.10 W35 llyes, Ildiko HUN 25:47.25 M70 Wennblom, Lars SWE 3.00 W35 Margry, Sylvie FRA	46.05
M60 Cilla, Charles FRA 25.84 M45 Roberts Dai GRB 34:02.07 W45 Luniewska Janina POL 27:48 14 M80 Saayalainen Pentti FIN 2.15 W45 Vahter Lea FST	40.32
M65 Muller, Guido GER 26.37 M50 Derkach, Mykola UKR 34:42.95 W50 Silva Fernandes, Maria POR 26:22.02 M85 Zensch, Emmerich AUT 2.00 W50 Schenkels, Tine NED	37.68
M75 Reuter, Wolfgang GER 28.96 M60 De La Camara, Emilio ESP 36:37.43 W60 Maeder, Heidi SUI 28:59.17 W40 Ailus, Sari FIN 3.00 W60 Brasser, Jolande NED	34.10
M80 Palma, Sergio ITA M85 Sobrero, Bruno ITA M86 M70 Rosales, Manuel ESP	36.07
M90 Liedtke, Herbert SWE 41.75 M75 Howarth, Derek M75 GBR 50:55.30 W75 Nicolaev, Xenia SCG 43:44.49 W55 Funke, Karin GER 2.40 W75 Hanssens, Rachel BEL	18.14
W35 Levina, Elena RUS W40 Lapierre, Violetta FRA 25.99 W55 Loubele, Nathalie BEL 37:39.27 W80 Chub, Olena UKR 37:39.27 W80 Chub, Olena UKR 480 Kutti, Nora EST 480 W60 Nix, Diethild GER 480 W60 Nix, Diethild GER 480 W60 Nix, Diethild GER 480 Kutti, Nora EST 480 Kutti	16.68
W45 Dunn, Wendy 27,46 W40 Castro, Soledad ESP 38:16.26 M40 Barbuzynski, Boguslaw POL 23:10.84 W70 McLennan, Dorothy IRE 1.90 Hammer	
W50 Fuhrmann, Dagmar GER 27.01 W50 Parnell, Carmel IRL 38:29.17 M45 Major, Ferenc HUN 23:32:57 Long Jump M35 Reibel, Bernard FRA W55 Bonner, Vivien GBR 28.23 W55 Knapen, Marianne NED 44:59.93 M50 Ruzzier, Fabio SLO 23:38.17 M35 Les Lacosta, Xabier ESP 6.80 M40 Tsvetikov, Alexey RUS	61.75 51.29
W60 Parsons, Valerie GBR 29.89 W60 Rost-Brasholz, Gabriele GER47:47.25 M55 Schaeffer, Udo GER 25:13.26 M40 Broothaerts, Laurent BEL 6.51 M45 Earle, Robert GBR	53.23
W65 Mahnke, Rosmane GEH 34.22 W65 Hofmann, Renate GER 48:16.46 M60 Degener, Karl GER 26:22.97 M45 Gavenciak, Igor SVK 6.50 M50 Maganas, Vasilios GRE	58.75
400m 80H M70 Thomson Arthur GBB 26:34 87 M55 Paez Vera Jorge ESP 6.04 M60 Krzesinski, Ryszard PC	52.49
M35 Williams, Edward GBR 50.06 M70 Bowman, Tony 14.16 M75 Fotheringham, Douglas GBR 31:44.59 M60 Taavitsainen, Tapani SUI 5.62 M65 Waltercrantz, Eugen SI	E 50.11
M45 Ztorm, Ingernar SWE 52.35 M85 Solvero, Bruno ITA 19.96 10K Road Walk M70 Fischer, Lothar GER 4.90 M75 Lytynenko, Mykhaylo U	45.25 R 44.31
M50 Peters, Stephen GBR 52.69 W40 Thirtey, Andrea GER 12.35 W35 Hogrell, Ellinor SWE 54:27.00 M75 Reuter, Wolfgang GER 4.60 M80 Duholm, Helmuth DEN	32.44
M55 Felicetti, Vincenzo ITA 54.82 W45 Müller, Christine SUI 11.79 W40 Megli, Milena ITA 56:26.00 M80 Dobriban, Geza HUN 3.64 M85 Krawczyk, Jerzy POL M60 Romero, Jose Luis ESP 58.94 W55 Fail, Jean GBR 14.01 W45 Luniewska, Janina POL 56:46.00 M85 Skrivervik, Gudmund NOR 3.77 M90 Nielsen, Ahlmann DEN	28.77 19.33
MSS Muller, Guido GER 57.66 W60 Maier, Marianne AUT 14.32 W50 Silva Fernandes, Maria POR 55:34.00 M90 Langer, Klaus GER 2.60 W35 De Wolf, Kathleen BEL	44.03
M70 Geier, Harry GER 64.47 W65 Sauer, Erika GER M75 Reuter, Wolfgang GER 69.42 W70 Larsson, Asta SWE 16.40 W55 Loyer, Suzanne FRA 59:59.00 W35 Mann, Kriemhild GER 5.99 W40 Chirol, Claudine FRA W65 Margrith SUI 59:06.00 W40 Biskup, Marianna POL 55:50 W45 Duss, Margrith SUI	51.88 50.37
M80 Torikka, Yrjo FIN 79.57 W75 Gomberadze, Kaleriya RUS 25.82 W65 Seiler, Waltraud GER 1:02:29.00 W45 Vives, Loles ESP 5.32 W50 Neumann, Jutta GER	38.80
M90 Liedtke, Herbert SWE 1:57.97 100H W70 Fijalkowska, Janina POL 1:10:26:00 W50 Filer, Carole GBR 4.99 W55 Bellanger, Annie FRA W35 Brown, Melanie 58.77 M50 Kreiner, Herbert AUT 14.18 W75 Nicolaev, Xenia MDA 1:29:50:00 W55 Wlodarczyk, Anna POL 4.83 W60 Mellmann, Gudrun GEI	48.13 38.57
W40 Tuhkla, Helle EST 60.35 M55 Wells, Tony 16.22 10K RW Team Results W60 Graff, Edith BEL 4.31 W65 Erikson, Helvi EST	37.50
W45 Kauerhof, Petra GER 60.72 M60 Geese, Rolf GER 15.34 W45 GBR/IRE 3:36:03.01 W65 Sauer, Erika GER 3.71 W70 Haede, Agnes GER W50 Fuhrmann, Dagmar GER 61.08 W35 Zamboni, Lara SUI 15.29 W65 GER 3:23:36:01 W70 Stancheva, Rozka BUL 3.34 W75 Neubert, Marianne GEI	23.00
W55 Marler, Caroline GBR 66.92 110H 925 Zambolii, Laia 301 15.29 W75 Kreiskott, Rosemarie GER 3.17 W80 Foerster, Ursula GER	17.78
W60 Priestman, Yvonne GBR 72.48 W35 Dobrydnev, Volodymyr UKR 15.35 W35 Giroud, Thierry SUI 1:46:26.00 W80 Strüven, Margarete GER 2.08 W85 Smildzina, Katrina LAT W65 Carlsson, Kristina SWE 79.19 M40 Dunson, Greg 15.99 M40 Schneider, Michael GER 1:41:20.00 W85 Wixey, Mary GBR 1.61 Javelin	13.82
W70 Nilsson, Astrid SWE 1:23.79 M45 Patry, Marc FRA 16.25 M45 Major, Ferenc HUN 1:47:00.00 Triple Jump M35 Landmesser, Patrick C.	64.74
W/5 Ruzzier, Fabio SLO 1:44:04:00 M35 Tkachenko, Yevgen UKR 14:28 M40 Florek, Pavol SVK	65.36
M35 Szych, Robert POL 1:57.22 M65 Millor Guide GER 43.78 M40 CER 5:24.45 04 M65 Millor Guide GER 6.34.45 04 M65 Millor Guide G	61.92 59.68
M45 Padley, John GBR 1:59.7 M70 Bowman, Tony GBR 50.67 M45 LAT 6:26:08.01 M50 Werthner, Georg AUT 13.05 M55 Drab, Frantisek CZE	54.39
M50 Faucheur, Pierre FRA 2:05.20 M80 Saavalainen Pentti FIN 66 01 4×100 M80 Saavalainen Pentti FIN 66 01 4×100	50.21 50.23
MSD Royar Maithof World GER 2017.82 W50 Sanguos, Maria ESP 49.26 M35 GER 44.16 M65 Roitman, Vladimir RUS 10.75 M70 Hoffmann, Manfred GE	45.53
M65 Keilmann, Klaus Ger 2:36.49 W65 Sauer Frika GER 61:20 M45 GRR 46:63 M75 Stonel, Albert All T 8.42 M90 Javanging Velika Elli	37.82
M75 Rant Miroslav SIO 2-34-67 W70 Mjelde, Gerd NOR 83.86 M50 GBR 46.21 M80 Buyukdogan, Hasan Tahsin TUR 8.08 M85 Skrivervik, Gudmund N	34.79 R 29.57
M80 Torikka, Yrjo FIN 3:11.84 M35 Schulze Andreas GER 54.74 M60 GER 52.60 W35 Immediate FIN 6.84 M90 Langer, Klaus GER	23.51
M85 Pauwis, Emiel BEL 4:39.09 M40 Tilt, Jonathan GBR 56.83 M65 GER 52.32 W40 Krepkina, Valentyna UKR 11.66 W35 Mariezkurrena, Idoia E	5.87 P 43.97
W40 Wiecigrowska Zolia POL 2:17.17 W40 Patla, Genowefa POL	52.45
W45 Walstedt, Karin SWE 2-20.35 W50 Sanchez, Angel ESP 60.32 M80 ITA 68.03 W55 Wlodarczyk, Anna POL 10.18 W50 Jensen Ange Kirstine D	34.39 N 36.53
W55 Vells, Tony GBR 64.99 W35 RUS 51.81 W60 Graff, Edith BEL 9.00 W55 Klimesova, Jarmila CZ	34.47
W60 Gallagher, Patricia GBR 2:47.09 W40 Finegan, Geraldine GBR 67.40 W45 GER 52.45 W75 Gomberadze, Kaleriya RUS 5.69 W60 Putniene, Jadvyga LIT	33.64
W75 Mazzeng, Emma Maria ITA 3:21.35 W45 Müller, Christine SUI 65.06 W50 GER 57.12 W85 Wixey, Mary GBR 3.16 W70 Kaladians, Plants LT	38.07 30.54
1500m M60 Odegard, Harald NOR 7:03.49 4x400 M35 Fanartzis, Impraim GRE 16.20 W75 Hanssens, Rachel BEL	23.84
M35 Barloszak, Michal POL 3:59.97 M65 Fus. Jan POL 8:01.33 M55 GBR 3:56.11 M40 Stolarczyk, Marek POL 15.20 W86 Smildrige Katring LAT	15.58 12.58
M45 Arendt, Bogdan POL 4:16.82 M75 Linde, Guntis LAT 10:45.60 W55 GBR 4:45.41 M50 Leskoviansky Marian SVK 15.05 Weight Throw	
M50 Faucheur, Pierre FRA 4:13.99 M80 Corish, Nick IRI 14:07.56 W60 GFR 5:28.70 M55 Sary Paime FST 14:40 M35 Gleixner, Martin GFR	15.87
M55 Minting, Robert GBR 4:40.19 M40 Tsvetikov, Alexey RUS	15.27

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M45 Earle, Robert GBR M50 Maganas, Vasilios G M55 Busterud, Arild NOR M60 Krzesinski, Ryszard M65 Röcken, Hans GER M70 Magnusson, Jon H. M75 Rzehak, Richard GE M80 Eriksson, Erik FIN

> LONG DISTANCE RUNNING

NATIONAL

USATF National Cham ships/White River 50 Trail, Crystal Mountain July 29

Overall Mike Wolfe 28 Nikki Kimball 35 W40 Kami Semick* Glenn Pace 9: Stacey Bunton 10: Chris Fagan 10: W45 Meghan Arbogast* 8: Maura Schwatz 10: Kathy Crompton W50 Marlis Dejong M40 Mark Tarr* Todd Nott* Alex Swenson -Dave Terry* Steve George* Tim Stroh M45 Andy Nicol Derrick Carr* Craig Ralstin* 8
Tony Covarrubias 8
Eric Clifton* 8
M50 Chuck Dooley* 9
Mike Suminski 10: Steve VanWicklin*10: Steve Kanters 10: M55 Charles Crompton9: Roy Pirrung* 9: Richard Knowles 11: M60 Rainer Schulz 11: Phil Leatherman 12: *USATF members

EAST

NYRR Dash and Spl 8K, Central Park, N July 15

Overall Jorge Real 35 Lilian Kroner 40 M40 Alfonso Polania M45 Leonard Garrick M50 Luis Chaglla M55 Robert Torchia M60 Samuel Skinner Douglas Escher Chong Soe M65 Enrique Gutman Egidio Bernardo Nevio Dobry M70 John Cioffi Jerry Stolls Manuel Guarin

M75 Leo Schonhaut Francisco Vidal Gene Bandler M80 Sab Koide W40 Lilian Kroner W45 Gordon Bakoulis W50 Marcella Teran

W55 Kathleen Horton W60 Chuang Chang W65 Sandra Krystal W70 Ginette Bedard W80 Joan Rowland

Stowe 8 Miler/USAT Championships Stowe, VT; July

Overall
Nate Jenkins 25
Heather Capello 26
M40 Jason Cakouros
Titus Mutinda Bob Dabrieo M45 Craig Fram Sam Davis Paul Hammond M50 Norm Larson Reno Stirrat Larry Litscher M55 Laurence Olsen Jerry Learned

Gordon McFarland

6444 6596 7341

7811

6511 4995

September 2006			National N	Aasters News				pa
M50 Maganas, Vāsilios Greece M55 Busterud, Arild NOR M60 Krzesinski, Ryszard POL M65 Röcken, Hans GER M70 Magnusson, Jon H. ICE M75 Rzehak, Richard GER	17.00 M85 Krawczyk, Jerzy PO 20.83 M90 Nielsen, Ahlmann D 20.63 W35 Sapienza, Santa ITA 20.01 W40 Hodel, Cornelia SUI 18.72 W45 Duss, Margrith SUI 18.14 W50 Soerensen, Lone DE W55 Van Anholt, Annie NI 14.40 W60 Del Giudice, Brunella	9.16 W 13.19 W 15.63 W 15.65 N 13.16 H ED 14.40 W	65.Williams, Eva 70 Kovalenskäya 75 Neubert, Mar 80 Lehtovuori, A eptathlon 35 Eisfeld San 40 Laing, Wend	dra GER 9.25 nna-Liisa FIN 7.40	W50 Hiltsche W55 Marler, Decathlon M35 Valette, M40 Naschk	Zsuzsanna AUT	M55 M60 M65 M70 M75 M80	Werthner, Georg, AUT Cela, Valdis, LAT Mattle, Herbert, SUI Dahms, Reinhard, GER Wennblom, Lars, SWE Kietavainen, Raimo, FIN Reidinger, Walter, AUT
LONG DISTANCE RUNNING NATIONAL	M60 Ron Kita	W55 Diane Bur W60 Chuang C W65 Sandra Kr W70 Ginette Be W75 Toshiko d' W80 Joan Row Rock n Alexandria,	hang 32:38 ystal 35:46 edard 31:37 Elia 39:23 land 51:59	M80+CARLTON MEN W40 MIMI FALLON CHRISTINE RE CHRIS BRIGHT W45 LEE DIPIETRO CHRISTINE GA MARTHA KERN	NEY 55:47 ILTON 1:10:25 ERLAIN1:17:12 NDELL 1:24:52 37:32 EASER 39:08 TON 41:12 0 38:26 ANZ 39:19 NEY 41:19	M40 CHARLIE JUSTICE M45 RANDY ALLISON M50 KEN CHRISTESON M55 GARY RICKNER M60 RONNIE DAVENPOR M65 CURTIS LITCHFIELD M70 EMIDLO FILICIONE W40 MERCEDES GIL W45 LYNN PHILLIPS W50 KATHY SOUTHGATE	62:47 72:0 41:21 54:35	M45 Zywicki, Ron M50 Cusack, Kevin M55 Kaupa, Joseph M60 Dyke, James M65 Smith, Rod M70 Yob, Ed M75 Sochor, Chuck W40 Kocsis, Nancy W45 Decker, Laurie W50 Frayer, Julie
USATF National Champion-ships/White River 50 Mile Trail, Crystal Mountain, WA July 29 Overall Mike Wolfe 28 7:00:40 Nikki Kimball 35 7:40:57 W40 Kami Semick* 7:46:56 Glenn Pace 9:21:09 Stacey Bunton 10:02:25 Chris Fagan 10:34:57 W45 Meghan Arbogast* 8:41:53 Maura Schwatz 10:34:57 Kathy Crompton 12:36:23 W50 Marils Dejong 11:49:48 M40 Mark Tarr* 7:57:51	W45 Sue Hackney Miae Jacobs 56:23 Lisa Zappala 57:28 W50 Linda Jennings 59:43 Sue Maslowski Lisa Doucett 64:31 W55 Karen Deroma Moira Durnin 64:27 W60 Jan Holmquist Catherine Farrell 66:05 W65 none W70 Barbara Robinson 76:24 Teams M40-49 Whirlaway RT 3:48:37 (Fram/Dabrieo/Hammond/ Quadros/Martyn)	Overall Michael Wardial Linda Foley 44 M40 Ted Poulo M45 George Bi M50 Gary Grim M55 Richard A M60 Krupakar M65 Pat Branc M70 Richard W W40 Amelia In, W45 Debbie D W50 Ingrid Grim W55 Jane Poo W60 Teresa Re W65 Jacq. Cha	s 37:03 uckheit 37:03 uskley 40:24 dams, Jr. 42:43 Revanna 48:02 hilliams 50:40 jeersoll 45:35 aughtry 48:13 de 55:19 evanna 90:24	W50 ELLIE TUCKEE LINDA JENNIN SARAH MACC W55 CAROL FANNII BARBARA STE JOAN LAVIN W60 JAN HOLMOUI GRETCHEN RI ELIZABETH BL W65 IMME DYSON POLLY KENNIS PATRICIA MATI LORRAINE PO MAGGIE SOLC MARY PHILBR W75 RUTH HEFFLEF W80+DOTTIE GRAY PATRICIA CHIC	IGS 44.07 OLL 45.21 NG 42.49 EBBINS 47.36 EAD 46.51 UGBEE 53.35 STON 55.41 ULAITIS 103.03 UULIN 44.57 OMON 1.04.46 OOK 1.16.53 INGER 1.47.31 1.26.22 2.08.33	Crazy 8s 8K Kingsport, TN; Jul Overall Julius Kiptoo 28 Luminita Talpos 33 M40 Todd Hamby Terry Ketron Mark Ledyard M45 Tim Francis Gerry Duffy Mark Skelton M50 Finn Pincus Dan Richardson Ralph Overholt M55 Chuck Bayles L C Moore	23:00 25:57 28:35 29:40 30:13 29:13 30:21 31:20 31:34 32:31 34:45 33:28 33:54	W55 Boehlke, Diane W60 Willemstein, Nancy W65 Lancaster, Liz W70 Kaechele, Dorothy W75 Vansetters, Ina 10K Overall Sell, Brian, 28 White, Melissa, 25 M40 Aufdemberge, Pau M45 Baker, Mark M50 Vermerris, Larry M55 Watson, Ricky M60 Strong, Ed M65 Keller, Bill M70 Krieger, Harold W40 Kocsis, Nancy
Todd Nott* 8:03:16 Alex Swenson 8:17:42 Dave Terry* 8:17:55 Steve George* 8:38:53 Tim Stroh 8:07:07 Derrick Carr* 8:29:13 Craig Ralstin* 8:41:41 Eric Clifton* 8:55:06 M50 Chuck Dooley* 9:11:31 Mike Suminski 10:01:00	Moose M&M 3:56:25 Greater Lowell 4:03:18 M50-59 Green Mt AA 2:37:34 (Larson/White/Arnold) M60-69 Moose M&M 2:42:10 (Kita/Stetson/Noonan) W40-49 Whirlaway RT 2:42:10 (Piergentilli/Anderson/Jacobs) W50-59 Merrimack Val 2:59:18 (Holmquist/Jennings/ Deroma)	Home Plat Stadium, C	18:09 ipson 15:48 riscoll 16:27 donna 17:15	Asbury Park, N Overall Solomon Too 22 Jessica Thomas 2 M40 Drew Davis Larry Levy Richard Oraz Carlos Roble M45 Rick Pingitor	14:44 25 17:45 16:11 16:13 17:17 17:25	Tom Murray M60 Bob Barber Robert Watson M65 Chuck Schultz M70+D T Jeter 71 Al Kress 77 W40 Vera McGill Jeanne Parish Rachel Monderer W45 Janice Addison Karen Seiferth Debi Berry	35:19 32:13 38:31 38:21 43:26 53:39 34:41 35:56 37:06 32:08 39:01 40:01	W45 Decker, Laurie W50 DykstraWilcox, Elle W55 Bolhuis, Katie W60 Mentzer, Elizabeth W65 Bender, Carol W70 Alofs, Eleanor Bastille Day 15K & Fenton, MI; July 15K Overall
Steve VanWicklin*10:02:16 Steve Kanters 10:31:31 M55 Charles Crompton9:33:56 Roy Pirrung* 9:35:35 Richard Knowles11:00:44 M60 Rainer Schulz 11:52:45 Phil Leatherman 12:58:49 *USATF members*	Heart & Sole 5K Old Bethpage, NY; July 16 Overall Marcin Plachta 34 17:35 Katherine Guilfoyle 20 19:00 Overall Masters John Delmaestro 51 18:07 Carmen Anderson 41 20:28 M35 George Schroeder 17:43	M60 Julio Aguir M65 Anthony B M70 Witold Bial M75 Jack Haar M80 John McM W40 Bea Huste W45 Cindy Pom W50 Marie Wicl W55 Jolaine Pe W60 Carol Han W65 Sandra Kn	re 19:38 ond 25:00 okur 21:35 33:46 anus 45:06 18:39 teroy 21:11 ace 24:59 sen 23:59 systal 28:35	Dave Hoch Harry Peters	rujik 17:45 17:09 18:08 on 18:09 17:41 19:25 20:04 19:34 20:50	W50 Rhonda Wortham Debbie Blankensh Kruela Wooville W55 Donna Akers Nancy Anderson Claudia Crawford W60 Helen Wilmoth Janice Hicks W70+Harriet Locke 74	45:08 hip 48:36 49:27 42:25 43:31 43:42 45:59 50:34 50:27	Kirk Walrath Susanna Rivard M40 Gary Brimmer M45 Dave Wolbert M50 John Hogan M55 Tom Devos M60 David Pichey M65 Gene Cole M70+Jim Matherley 70 Earl Hanson 73 W40 Kathy Snyder
NYRR Dash and Splash 8K, Central Park, NYC July 15 Overall Jorge Real 35 Lilian Kroner 40 M45 Leonard Garrick M50 Luis Chaglla M55 Robert Torchia M55 Robert Torchia M50 Samuel Skinner Douglas Escher Chong Soe 38:07	M40 Rick Šecor 20:38 Erich Veitch 20:47 Eric Friedman 20:49 M45 Paul Bonanni 19:41 Mike Gattus 20:20 Peter Downes 20:23 M50 Wm Sullivan 19:20 Frank Notarstefano 19:51 Robby Kirshoff 20:13 M55 Michael Demicco 18:51 Greg Karl 20:53 Peter Martin 21:00 M60 Larry Eastman 20:50	Mile, Newbo Auto Overall ALENE RETA, 24 ALENTSEHOY MISO M40-49 ANTONIO ZEFER DAN VERRINGTO LARRY SAYERS,	Gruder 38:28 ant 32:42 necoming 10 uryport, MA g. 1 50:47 59:24 IINO, 40 57:57 57:57 58:20	M65 Pat Cosgrove James Leitz John Leonard M70 Ralph Garfiel Robert Thien M75 James Robbi Ray Reddick M80+Samuel Giuli Clarence Lyn W40 Terry Orr Suzanne La I Lauren Rhati W45 Gabby Barrel	20:14 20:49 dd 22:18 ld 22:33 27:41 ins 31:22 38:54 iano 80 30:12 ich 85 49:21 19:00 Burt 19:08 Burt 19:08 gan 19:09 tt 19:35	Cincinnati, OH; Au Overall NICK PUCILLO, 17 BECKY LAMBRINIDES, 34 M40 CHRISTOPHER DEVINE M45 TIM BUSHNELL M50 CRAIG NORTH M55 KEN ROARK M60 MICHAEL WEBB W40 WENDY AUGUSTINE W45 DEBBIE BIDDLE W50 JANET CHRISTOFF W60 BECKY APPELMAN	17:14 21:09	W45 Cindy Tews W50 Terese Grondin W55 Melodie Maxfield W60 Kathleen Morse W65 Janet Wallen 5K Overall Mike Scannell 44 Gillian Nordquist 19 M40 M Scannell Jay Owens M45 David Quinn M50 Thomas Peterson M55 Mark Cryderman
M65 Enrique Gutman 45:23 46:49 Nevio Dobry 50:55 M70 John Cioffi 52:02 Jerry Stolls Manuel Guarin 58:06 M75 Leo Schonhaut Francisco Vidal Gene Bandler 74:03 M80 Sab Koide 54:09 W40 Lilian Kroner 30:55 W45 Gordon Bakoulis 33:03	Willy Svensson 21:35 M65 Joe Cordero 22:19 M70 George Devoe 28:05 M75+Bert Jablon 79 28:26 Alan Druckman 75 30:57 W35 Lori Gerondel 25:32 W40 Liz Flahavan 20:42 Yolanda Woodard 25:44 Joanne Stein 26:44 W45 Laurene Fargnoli 23:58 Evelyn Kenigsberg 24:18 Lynn Johnson 25:03 W50 Debra Savarese 27:27	M50-59 LAURENCE OLSI RUSSELL WOGA JERRY LEARNET M604 JOHN HACKNEY, MIKE FIENE, 60 W40-49 MARIA SERVIN, JUDI CHIAVETTA DEBBIE BARRY, W50-59 KAREN DEROMA DARLENE HOOV	N, 51 1.05:24 0, 58 1:07:33 61 1:13:45 1:18:37 43 1:03:35 40 1:08:59 40 1:09:38 1, 55 1:23:50 ER, 50 1:25:04	Carolybn Roa Peg Kolbens; W50 Farnung Krau Wendi Glassi Mary Moriarty W55 Linda Ferrara Carol Defazio Andrea Adorr W60 Linda Thursto Charlotte Cho W65 Anna Thornh Gloria Jenkin W70 Elizabeth Tho	chiag 21:56 use 21:37 man 22:13 y 25:52 a 23:20 o 23:30 o 24:56 on 25:34 ovanec 28:47 23:55 ss 25:39	Clarksburg 10l Clarksburg, WV; Ju Overall Victor Kigeon 21 Ilona Barvanova 33 M35 Ken Lavictoire M40 John Piggott	К	M55 Mark Cryderman M60 Larry Morse M65 Neil McPhee M70+Glen Larsen 73 W40 Jody Brunori W45 Marsha Elicholtz W50 Diana Zaffina W55 Arla Lewis W60 Marilyn Brown Wisconsin TC Ca Mile, Madison; Ju
W50 Marcella Teran 34:09 W55 Kathleen Horton 39:25 W60 Chuang Chang 42:54 W65 Sandra Krystal 46:12 W70 Ginette Bedard 40:34 W80 Joan Rowland 64:44 Stowe 8 Miler/USATF-NE Championships	Iris TorresRoss 28:12 MaryEllen Peck 28:50 W55 Olga Rapalo 35:22 Susan Nesbihel 37:44 W60 Constance Sehlmeyer 32:36 W65 Joan Ackerman 34:03 W75+Josephine Curtin76 39:09		1:34:40 1:35:56 1:35:56 1:35:56 1:35:56 1:35:56 1:35:56 1:35:56	27th Annual His fort Road Race Beaufort, NC	storic Beau-	Tony Tarantini M45 George Sellers Glenn Baldwin M50 Tom Stevens S Mark Courtney M55 Duane Dombek M60 Robert Steptoe M654-Fay Bradley 68	35:14 41:20 36:47 36:52 35:34 36:07 41:29 50:05	Overall Matthew Grosse, 25 Brionne Yosten, 23 W40 Honalee Harringtor Kimberly Virden W50 Maryanne Hinkes Gwenn Davies Karen Ducharme

SOUTHEAST

Beaufort, NC; July 15		
5K		
Overall		
CHARLES WATERS, 20	17:29	
ANNE WHEATLY, 21	18:27	
M40 ROBBY MERRITT	19:09	
M45 CRAIG HARMS	20:57	
M50 GARY KENTER	22:12	
M55 Francis Rasberry	23:12	
M60 EDWARD POWERS	24:12	
M65 O. BRYANT THOMPSON	29:19	
M70 BRUCE MARSH	26:39	
W40 DONNA PARKER	24:32	
W45 SUSAN NIXON	22:52	
W50 LILLI GERARDI	25:11	
W55 MARY HAMRICK	27:57	
W60 KARIN GAGNON	26:10	
10K		
Overall		
CHRISTOPHER MOSCATE, 31	38-58	
BETH GREEN, 32	37:24	

	_
M45 Zywicki, Ron	16:24
M50 Cusack, Kevin	18:17
M55 Kaupa, Joseph	20:02
M60 Dyke, James	21:52
M65 Smith, Rod	24:33
M70 Yob, Ed	23:44
M75 Sochor, Chuck	34:16
W40 Kocsis, Nancy	21:21
W45 Decker, Laurie	19:46
W50 Frayer, Julie	21:36
W55 Boehlke, Diane	26:15
W60 Willemstein, Nancy	27:10
W65 Lancaster, Liz	26:11
W70 Kaechele, Dorothy	39:08
W75 Vansetters, Ina	52:08
10K	
Overall	
Sell, Brian, 28	29:04
White, Melissa, 25	34:10
M40 Aufdemberge, Paul	30:56
M45 Baker, Mark	39:51
M50 Vermerris, Larry	37:57
M55 Watson, Ricky	41:42
M60 Strong, Ed	45:53
M65 Keller, Bill	47:30
M70 Krieger, Harold	54:54
W40 Kocsis, Nancy	46:46
W45 Decker, Laurie	41:39
W50 DykstraWilcox, Eller	
W55 Bolhuis, Katie	52:42
W60 Mentzer, Elizabeth	62:03
W65 Bender, Carol W70 Alofs, Eleanor	52:56 85:58

Bastille Day 15K & 5K Fenton, MI; July 15

15K	
Overall	
Kirk Walrath	51:52
Susanna Rivard	62:11
M40 Gary Brimmer	59:52
M45 Dave Wolbert	57:49
M50 John Hogan	66:33
M55 Tom Devos	73:05
M60 David Pichey	71:19
M65 Gene Cole	94:48
M70+Jim Matherley 70	79:55
Earl Hanson 73	1:44:28
W40 Kathy Snyder	66:04
W45 Cindy Tews	69:02
W50 Terese Grondin	74:53
W55 Melodie Maxfield	84:04
W60 Kathleen Morse	89:20
W65 Janet Wallen	91:36
5K	
Overall	
Mike Scannell 44	16:12
Gillian Nordquist 19	20:09
M40 M Scannell	16:12
Jay Owens	17:59
M45 David Quinn	20:07
M50 Thomas Peterson	26:01
M55 Mark Cryderman	21:37
M60 Larry Morse	22:38
M65 Neil McPhee	24:26
M70+Glen Larsen 73	29:40
W40 Jody Brunori	26:18
W45 Marsha Elicholtz	21:39
W50 Diana Zaffina	26:46
W55 Arla Lewis	28:20
W60 Marilyn Brown	29:50

Wisconsin TC Capitol Mile, Madison; July 23

1		the Residence of Contract of C	13m2 1688	
ı	Overa	all		
ı	Matth	ew Grosse, 25	4:11	4
ı	Brion	ne Yosten, 23	5:22	.6
ı	W40 H	Honalee Harrington	7:06	.7
1	1	Kimberly Virden	7:09	.5
1	W50 I	Maryanne Hinkes	6:44	4
ı	(Gwenn Davies	7:16	0
ı	1	Karen Ducharme	8:05	0.
١	W55 .	Janet Hagen	7:53	.7
ı	W60 I	Margaret Kaufman	9:13	0.
ı	M40 [Doug Erickson	5:08	4
ı	1	Mark Little	5:22	.6
ı	- 1	David Francis	5:30	.6
١	M45 F	Paul Giannobile	5:00	2
ı	-	Ronald Ofstun	5:02	.8
ı		Bill Gilmore	5:17	.2
ı	M50 1	Tony Rodiez	4:52	.3
1	Distant.	Marlowe Eldridge	5:10	.5
ı		John Marguart	5:17	.7
١	M55 [Dan Harvey	6:06	.7
ı	Time!	Marvin Ripp	6:51	2
ı	M60 S	Stan Mathes	5:15	.3
ı	Print.	John Schultz	8:50	4
1	M65 F	Peter Senzig	7:49	.5
١		Robert Miner	8:08	.0
١	M75	Phil Gokey	9:28	.3

W60 Chuang Chang W65 Sandra Krystal W70 Ginette Bedard W80 Joan Rowland 40:34 64:44 Stowe 8 Miler/USATF-NE Championships Stowe, VT; July 16

Overall	
Nate Jenkins 25	40:51
Heather Capello 26	48:57
M40 Jason Cakouros	43:57
Titus Mutinda	44:15
Bob Dabrieo	45:03
M45 Craig Fram	43:50
Sam Davis	45:17
Paul Hammond	45:26
M50 Norm Larson	46:49
Reno Stirrat	48:10
Larry Litscher	50:54
M55 Laurence Olsen	48:12
Jerry Learned	50:03
Gordon McFarland	52:21

2	NYRR Run for Central
	Park 4-Mile, Central Park
	NYC; July 22

Park 4-Mile, Centra	
NYC; July 22	- 21
Overall	
John Henwood 33	19:25
Heather Gardiner 28	23:53
M40 Alfonso Polania	21:53
M45 Rafael Polanco	23:26
M50 Luis Chaglla	24:26
M55 Inkul Yoo	25:02
M60 Samuel Skinner	25:29
M65 Pat Cosgrove	28:01
M70 Alfred Finger	28:48
M75 Leo Schonhaut	41:18
M80 John Bates	37:02
W40 Lilian Kroner	24:11
W45 L Branche	27:29
W50 Kathy Gribbon	28:43

Ove	rall	
TOM	NYARIKI	27:48
ALVE	NTINA IVANOVA	31:26
M40	WAYNE LEVY	32:52
	JASON CAKOUROS	33:00
	ANDY LATINCSICS	33:15
M45	BOB WINN	32:58
	TODD COFFIN	34:06
	PAUL HAMMOND	34:17
M50	NORM LARSON	34:37
	TOM RYAN	34:42
	BRAD LEBO	35:55
M55	MICHAEL COYNE	36:12
	STEVE REED	38:22
	FRANK RUCKI, JR.	39:05
M60	JOEL CROTEAU	41:55
	YUSUKE TAJIMA	43:52
	JIM NESBITT	44:09
M65	ROBERT HUSTED	49:31
	AL NAGEL	49:34
	RICHARD HILL	51:01
MZO	WILLIAM RILEY	40:52

Beaufort, NC; July 15		
5K		
Overall		
CHARLES WATERS, 20	17:29	
ANNE WHEATLY, 21	18:27	
M40 ROBBY MERRITT	19:09	
M45 CRAIG HARMS	20:57	
M50 GARY KENTER	22:12	
M55 Francis Rasberry	23:12	
M60 EDWARD POWERS	24:12	
M65 O. BRYANT THOMPSON	29:19	
M70 BRUCE MARSH	26:39	
W40 DONNA PARKER	24:32	
W45 SUSAN NIXON	22:52	
W50 LILLI GERARDI	25:11	
W55 MARY HAMRICK	27:57	
W60 KARIN GAGNON	26:10	
10K		
Overall		

LaCalla Bank Boods	Lake
W55 Terry Mahr	43:07
W50 Mary Helmick	51:28
W45 Sharon Marks	44:14
Maria Spinnler	40:16
W40 Tere Stouffer	35:53
W35 Elizabeth Hess	49:11
Jim Bally 65	46:53
M65+Fay Bradley 68	43:43
M60 Robert Steptoe	50:05
M55 Duane Dombek	41:29
S Mark Courtney	36:07
M50 Tom Stevens	35:34
Glenn Baldwin	36:52
M45 George Sellers	36:47
Tony Tarantini	41:20
M40 John Piggott	35:14
moo mon Edmotono	00.10

LaSalle Bank Reeds Lake 5K & 10K, MI; June 24

5K	
Overall	
Korir, Pius, 23	13:56
Kibll, Jane, 21	16:47
M40 Lanciaux, Jim	17:24

43:15 43:35 44:15 44:28 44:29

51:28 51:55 52:41

55:36 56:27 57:55

39:39

45:11 47:16

42:10 45:31 52:11 54:05 60:23

61:04

60:36 61:39

56:31 63:28

3:02:35

3:17:27

3:51:44

3:26:50

Matt Brigham Craig Schoenbaum M55 Gerald Dahl

Joe Ogata M60 William Harns Michael Hall

M65 John Williams M65 John Williams George Adler M70 Roger Wood 72 John Tolnai 71 Rex May 74

W40 Rosalva Bonilla

W45 Linda Webster Olga Reyesndez Denise Winner

W55 Jane Clarke

Overall Andrew Cook, 25

Julia Stamps, 27 M40 Jeff Ambos M45 Tony Fong M50 Kurt Hallock M55 Ken Kodaira

M60 Paul Farren M65 Glade Hall M70 Jim Braden W40 Nellie Toner

W45 Maggie Ramos

Emiliana Zapaata Rebeca Peters

Rita Bagby Sheila Smithgivens

Nancy Adams Janice Biermann

Patricia Kalebaba 73:41 W65 Marilyn Clarke 59:53 W70 Barbara Blinderman 75:44

San Francisco Marathon San Francisco, CA

July 30

Jane Dawson

Bruce Trumm

Delfino Rodriguez

MID-AMERICA

MacAttack 5K Rochester, MN; June 25

Overall	
Scott Fiksdal, 23	15:50
Julie Nelson, 33	17:48
M40 Bill Joppa	23:46
M45 Tom Woo	19:04
M50 Jeff Erickson	21:49
M55 Dennis Schreiber	24:02
M60 Roger Chevalier	27:25
M65 Joe Valdivia	25:14
M70 Jerry Reynolds	31:18
W40 Sharon Stubler	19:10
W45 Mary Haen	23:55
W50 Kit Hawkins	26:07
W55 Susan Powers	25:24

Monument Downhill 5K Grand Junction, CO July 15

Overall	
Jay Valentine, 40	15:19
Leanne Whitesides, 36	18:10
M40-49	
Jay Valentine, 40	15:19
Eric Packard, 41	15:36
Lenny Staats, 41	15:49
Bryan Baroffio, 48	18:15
M50-59	
Bob Hinterbeister, 50	16:51
Steve Vigil, 51	17:48
Dave Younger, 50	18:49
M60-69	
Larry Ingram, 61	18:27
Tom Guido, 61	22:47
M70-79	20.44
Warren Bystedt, 76	23:11
Carl Tenpas, 72	27:28
W35-39	10:10
Leanne Whitesides, 36	18:10
Elizabeth Schnittker, 37	23:30
Andrea Grattan, 39	23:55
W40-49	20.20
Lori McInnis, 46	20:36
Marlyn Waitman, 43	22:06
Lori Holloway, 41 W50-59	22:21
Jeanie Grooms, 50	21:33
Peggy Byers, 51	26:50
Liz Norris, 53	27:44
W60-69	214
Pam Groves, 64	33:14
Gwen Giffin, 65	41:36
awon amin, so	41.00

WEST Tahoe Rim 50K, Lake Tahoe, CA; July 15

Overall	
South, Paul, 31	4:37:25
Young, Julie, 39	5:32:10
M40 Hacker, Bryan	5:20:02
M45 Wilcox, Randy	5:54:52
M50 Cushing, Paul	6:24:55
M55 Johnson, Ralph	6:51:19

M60 Whiting, Floyd	7:10:06
M65 Miller, Gary	9:18:45
M70 James, Don	8:39:07
W40 Marcroft, Kitty	6:02:12
W45 Conners-Pace, Colleen	6:51:14
W50 Gessner, June	7:26:11
W55 Berkowitz, Lois	11:18:44
W60 Wholey, Louise	9:06:58

Keep LA Running 5K & 10K, Playa del Rey, CA July 16

5K	
Overall	
Gerardo Rabelo 21	16:25
Olga Aulet-Leon 20	19:25
M40 Joe Nitti	17:27
Richard Milner	18:26
Bryan Johnston	19:26
M45 Rich Depew	19:18
Richard Matsumoto	19:25
Danny Garcia	19:58
M50 Bruce Guter	20:30
Fernando Padilla	20:49
Jeff Schwedock	20:51
M55 Marty Friedman	20:17
Rick Joly	22:19
Larry Ruboston	23:45
M60 Loe Baca	20:33
Gerry Milota	25:46
Wayne Sult	26:04
M65 Byron Melendy	20:47
Bob Petrocich	25:20
Ron Hecker	26:46
M70 Frank Greene	23:34
Howard Kugel	27:39
Charles Kuhenbeaker	
M75 Bob Koch 79	27:45
Milo Sather 79	29:58
Leonard Waltz 77	35:30
W40 Pilar DeGreiff	21:38
Maia Martinez	23:42
Jeni Zambrano	23:52
W45 Cindy Jackson	26:12
Kathy Evans	27:46
Anabel Cesena	32:17
W50 Arlene Lewis	23:03
Jeannie Thompson	24:10
Lorraine Gersitz	25:32
W55 Kathy Joly	30:39
Barbara Gibson	31:18
Angie McCaffery	31:37
W60 Susan ittemore	41:10
Maria Harrison	42:17
Susan Zolla	43:57
W65 Maxine Waters	45:43

W65 Maxine Waters Stephanie Hanson Blanche Vargas

Gini Gruber 73

W70 Brita Grover 71

Juan Valencia 26 Rosalva Bonilla 43

M40 Steve Schuman Wayne Nones Rodrigo Barragan Daniel Reyna Reinhard Schumann

M50 Angel Rendon

10K

Overall

60:55 74:32

47:03

31:53 39:39

35:52 39:12

40:44 38:45 40:48

W450 Amgyle namos 3:26:25 W50 Amy Yanni 3:36:25 W55 Myunghee Kim 3:39:32 W60 Marcia Puryear 3:56:05 W65 Heather Yeowell 4:56:02 W70 Kathleen Callaway 6:09:15 **NORTHWEST**

Seafair Marathon Bellevue, WA; July 9

Overall	
Joseph Mutinda, 31	2:25:14
Trisha Steidl, 29	2:59:33
M40 Craig Layman	3:12:47
M45 Pete Hansen	3:01:00
M50 David Murray	3:15:11
M55 Gary Grierson	3:14:31
M60 Francesco Criniti	3:36:07
M65 Waldo Burnham	3:53:35
M70 Mel Preedy	4:38:46
M75 Bob Dolphin	5:33:58
W40 Mary Hanna	3:10:41

W45 Jeanne Harshbarg	er 3:41:59
W50 Carol Finn	3:23:32
W55 Unha Lee	4:20:06
W60 Judy Fisher	4:08:54
W65 Kathy Ryan	5:00:24

Cascade Runoff 15K Portland, OR; July 23

Overall	
Jacob Stout, 24	48:25
Wendy Terris, 37	57:41
M40 Dylan Mason	49:30
M45 Richard Punches	54:30
M50 Eddie Diaz	57:23
M55 Rex Surface	1:05:55
M65 Kelley Slayton	1:12:27
M70 Bill Iffrig	1:10:11
W40 Nikki Rafie	1:02:06
W45 Cheryl Tronson	1:03:23
W50 Lesley Roberts	1:10:50
W55 Jeanette Groesz	1:08:30
W60 Eileen Holzman	1:23:06

RACEWALKING

USATF-MAC 15K RW Championships, Central Park, NYC; July 23

Overall	
Leo Romero 23	1:18.54
Lisa Mari Vallucci 27	1:34.24
M30 Jussi Koski	1:19.34
M40 Bruce Logan	1:32.27
Dave McGovern	1:38.17
Alan Sangeap	2:00.12
M50 Alexis Davidson	1:37.32
M60 Edoardo Sorrenti	1:38.18
W50 Barbara Shimasaki	1:50.04



Aaron Thigpen #1224, winning the M40 100 with a U.S. record 10.73, USA Masters Championships.

DEADLINE

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ATHLETES WHO ENTER A NEW DIVISION THIS MONTH - SEPTEMBER 2006 Compiled by Pete Mundle • pmundle@ juno.com

ATHLETE NAME	BIRTH	AGE
(RESIDENCE)	DATE	GROUP
JEARL CLARK(US)	9- 4-66	40-44
LAURIEA BLUME(US)	9- 6-66	40-44
PATRICK SATTAT(FRA)	9-12-61	45-49
LINDA BATISTE(BATON ROUGE,LA)	9-15-61	45-49
AARON SAMPSON(UT)	9-20-61	45-49
KIBERLEY GRIFFIN(NÉW YORK,NY)	9-23-61	45-49
KATHRYN SOKOLL(ORLANDO,FL)	9- 1-56	50-54
ROSITA PIRHOFER(ITA)	9- 2-56	50-54
PETA BIRD(AUS)	9- 3-56	50-54
RINA KRUGER(RSA)	9- 8-56	50-54
SYDNEY MAREE(US)	9- 9-56	50-54
KEITH MCLANNAN(GBR)	9-14-56	50-54
YANNICK GACON(FRA)	9-19-56	50-54
JOHN KONINGH(NEWPORT BCH.CA)	9-24-56	50-54
GILLIAN CASTKA(HKG)	9-24-56	50-54
ATSUKO FUJIKAWA(JPN)	9-28-56	50-54
HENDRINA VAN HEERDEN(RSA)	9-28-56	50-54
RICHARD MCMULLEN(PENSAUKEN,NJ)	9- 4-51	55-59
DORIS MANDL(AUT)	9-12-51	55-59
TIM WALTERS(US)	9-24-51	55-59
PENNY FORSTER-GILKEY(ROGUE RIVER,OR)	9-25-51	55-59
HEATHER M. IHNATIV(AUS)	9-28-51	55-59
KATIE MARTIN(SAN ANSELMO,CA)	9-30-51	55-59
KATHRYN MARTIN(NORTHPORT,NY)	9-30-51	55-59
ANNE RODEN(GBR)	9-10-46	60-64
RON BROCE(LOVELAND,CO)	9-13-46	60-64
HANNELORE SCHENK(GER)	9-17-46	60-64
HELMIT HESSERT(GER)	9-20-46	60-64

NIKOLAI KOSYRENKO((RUS)	9-22-46	60-6
MARGARET ANNE BEACHAM(GBR)	9-28-46	60-6
MARGARET NUTTALL(GBR)	9-29-46	60-6
CHIEKO NAKAMURA(JPN)	9-2-41	65-6
ILLA KOLESNIKOVA(RUS)	9- 2-41	65-6
NGO PEYKER(AUT)	9- 8-41	65-6
AMES F O'NEILL(GBR)	9-11-41	65-69
ACK KARBENS(HONOLULU,HI)	9-12-41	65-6
BARBARA STEWART (MARIETTA, GA)	9-17-41	65-6
LEX MEYER(SCRIBNER,ME)	9-18-41	65-6
YRONE NELSON(DIXON,CA)	9-20-41	65-6
ACKIE CHARLES(GBR)	9-29-41	65-6
HERESE DEGHILAGE(BEL)	9- 7-36	70-7
MARGARET BETZ(CONKLIN,NY)	9-12-36	70-7
GEORGE SCOTT(NZ-LONG BEACH,CA)	9-14-36	70-7
LMETA PARISH(SAN FRANCISCO,CA)	9-15-36	70-7
EANNE DAPRANO(ATLANTA,GA)	9-16-36	70-7
WILFRIED CHIAU(BEL)	9-17-36	70-7
MARIA ZAHN(GER)	9-17-36	70-7
L OERTER(FORT MEYERS,FL)	9-19-36	70-7
DIANE BROMSTEAD(SAN JOSE,CA)	9-20-36	70-7
RA DAVIS(PHILADELPHIA,PA)	9-25-36	70-7
OM WOODRING(SANTA BARBARA,CA)	9-25-36	70-7
CHIEKO YOSHIDA(JPN)	9-25-36	70-7
SALLY RUSBY(HORSEHEADS,NY)	9-26-36	70-7
OUISE TRICARD(COCOA BCH,NY)	9-26-36	70-7
(EN BAKER(RIDGEWOOD,NJ)	9-28-36	70-7
RICHARD LEE(EUGENE,OR)	9-30-36	70-7
NNA CHATRINE RUHLOW(GER)	9-30-36	70-7
IIM HERSHBERGER(WICHITA,KS)	9- 2-31	75-7
ERRENCE KILMARTIN(GBR)	9-10-31	75-7

	9-11-31	
JERRY SMARTT(WESTMINISTER,CA)		75-79
HERM WYATT(LOS GATOS,CA)	9-13-31	75-79
COLLEEN BRUNKER(NZL)	9-14-31	75-79
RUTH BAUMAN(GER)	9-15-31	75-79
D. E. S. CROOK(GBR)	9-17-31	75-79
VIRGINIA LUCAS(US)	9-19-31	75-79
CLARENCE TRINKNER(JAMESVILLE, WI)	9-24-31	75-79
DAVE DOUGLASS(CULVER CITY,CA)	9-28-31	75-79
WALTER HUTCHINS(PHILADELPHIA)	9-29-31	75-79
ARTHUR TAYLOR(CANADA)	9- 1-26	80-84
MARGARET MACKINNON(AUS)	9- 2-26	80-84
IRENE KIEL(GER)	9-14-26	80-84
RALPH C. TAYLOR(LA)	9-19-26	80-84
BOYCE JACQUES(RENO,NV)	9-24-26	80-84
ANDREW SEMPLE(AUS)	9-29-26	80-84
DEWEY VROOM(WHITTIER.CA)	9-29-26	80-84
JUNE BARNES(WESTERVILLE,OH)	9- 1-21	85-89
FRED NORRIS(GBR)	9- 4-21	85-89
WILLIAM WINSLOW(DAYTON,OH)	9-11-21	85-89
WALTER SCHREIBER(GER)	9-12-21	85-89
HILDE JOECKLE(GER)	9-12-21	85-89
ED KEYSAR(SHERMAN OAKS.CA)	9-17-21	85-89
HARRIET SARGENT(JENNINGS,MO)	9-27-21	85-89
LIESEL SCHEPE(GER)	9-7-16	90-94
TAKESHI YABE(JPN)	9- 8-16	90-94
GRACE LABELLE(MN)	9- 0-11	95-99
DON HUMMEL(CANTON,OH)	9- 8-11	95-99
ZEKI TAMER(CINCINATTI,OH)	9-15-11	95-99
VERA WISCHMANN(GER)	9-20-11	95-99
BIRGIT NYHED(SWE)	9-30-11	95-99