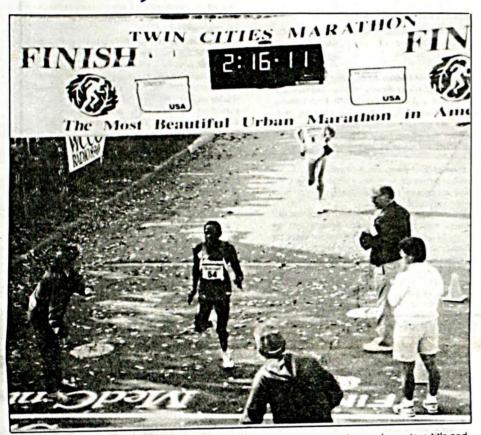
The official world and 0.5. publication for masters track a field, long distance running and race walking

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Nzau, Gilbert Win U.S. Marathon Titles



Joseph Nzau, 40, of Kenya, crosses the finish line in 2:16:12 to capture the men's masters title and finish second overall in the TAC/USA National Masters Marathon Championships.

Photo by John Kelly

Whitley, Carter Star in Northern California Meet

by JERRY WOJCIK

The Northern California Seniors Track and Field Classic was held at Edwards Field on the UC-Berkeley campus on September 13.

In addition to the usual five-year category awards, the host club awarded eight \$50 prizes to the best age-

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graded performances by men and women in four categories: sprints and hurdles (100, 200, 400, hurdles); distance runs (800, 1500, 3000); jumps (HJ, PV, LJ, TJ); and throws (SP, JT, HT, DT).

Stan Whitley, 46, the Sorbothane Masters Athlete-of-the-Month in October, was the top performer in the sprints with a 50.35 400 for an agegraded 98.0%. Whitley also ran a near-record 22.39 200. Jutta McCormick, 51, was the best woman in the sprints, with a 66.57 400 (87.0%).

Michael Ackely, 48, with a 2:07.4 800 (90.7%), and Dee Dee Grafius, 43, with a 4:58.0 1500 (92.9%), took the distance awards.

High jumpers Marion Sanchez, 60, with a 5-0 (86.8%), and Christel Miller collected another \$50 for the best effort among the women throwers, with a javelin toss of 29.92 (79.0%). Ross Carter, 78, outperform—

Continued on page 6

by JERRY WOJCIK

Joseph Nzau, 40, of Kenya and Laramie, Wyo., captured the men's masters victory with a second-overall 2:16:12 in The Athletics Congress National Masters Marathon Championships, run along with the Twin Cities Marathon, in Minneapolis on October 4. Sharlet Gilbert, 41, of Richmond, Calif., won the W40-and-over race with a 2:40:19.

Nzau lost the overall win to David Mungai (23, 2:15:33), one of several Kenyans whom Nzau trains and works out with in Laramie.

France's Pierre Levisse, 40, sixth overall, was second M40+ in 2:17:52. Artemio Navarro, 42, Tampa, Fla., ran a 2:19:50 for third.

Nzau had the best age-graded performance of 95.5%. Ryszard Marczak, 47, of Poland, winner of the M45 race in 2:23:14, was the second-best performer (AG 95.1%), and Levisse, third (AG 94.3%). Warren Utes, 72, Park Forest, Ill., M70 winner in 3:09:10, outperformed all M50+ finishers, with a 92.5%.

Dick Ruzicka, 55, St. Petersburg, Fla., won the M55 race in 2:51:18. The M60 contest went to Ed Stabler, 63, North Syracuse, N.Y., who finished in 3:01:18. John Keston, 67, McMinnville, Ore., took the M65 division race with a 3:04:04.

The masters debut of France's Jean Michel Charbonnel, 40, was less than auspicious when he finished tenth master in 2:26:39.

In the women's contest, Bernardine Portenski, 43, of New Zealand, followed Gilbert for second W40+, with a 2:41:43. Suzanne Ray, 40, Anchorage, Alas., winner of the National Masters 10 Mile Championships, Flint, Mich., August 22, took the third slot in 2:41:50.

Mary Wood, 47, Montrose, Colo., won the W45 race in 2:51:49. Marilyn Schnogrich, 51, Duluth, Minn., was the W50 winner with a 3:29:47. Sandra Kiddy, 55, Bishop, Calif., won the W55 contest in 3:08:43. Toshiko d'Elia, 62, Ridgewood, N.J., was the W60 victor in 3:31:22.

Portenski had the best W40+ performance (AG 91.6%), with Gilbert in second at 91.1%. Kiddy's AG 86.9% performance was tops for all finishers W50-and-over.

The women's winner was Janis Klecker, 32, Minnetonka, Minn., in 2:36:50. □

Nzau, Ray First in National 10 Mile Championships

Joseph Nzau, 40, was first in TAC's National Masters 10 Mile Championships, with a 17th-place 49:48. The championships were run along with the Bobby Crim 10 Miler in Flint, Mich., on August 22. Colombia's Domingo Tibaduiza, 42, a resident alien living in Reno, was second in 50:16. Wilson Waigwa, 43, also of Kenya, who lives in El Paso, Texas, finished third in 50:38.

The first U.S. master was Douglas Kurtis, 41, of Northville, Mich., in 50:57

Ken Rowe (45, 56:14), Okemos, Mich., won the M45 division race. Jim O'Neill (54, 54:07), Holland, Ohio, took the M50 contest with a masters best age-graded performance of 96.5% Continued on page 3



Douglas Kurtis, 41, of Northville, Mich., first U.S. citizen (50:57), TAC National Masters 10 Mile Championships (Bobby Crim_10 Miler), Flint, Mich., August 22.

Victor Sailer / Agence Shot

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TONAL MASTERS NEW

The official world and U.S. publication for Masters track & field, long distance running and race walking

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The National Masters News is devoted exclusively to track & field, long distance running, and racewalking for men and women over age 30. Each month it delivers 24 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competi-

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Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to ages 40+, 50+ or 55+; (please check the schedule for details). Some events require advance registration. Some require a current TAC card (\$7 to \$11 per year, depending on the region). To inquire about a TAC card, call The Athletics Congress in your area, or 317/261-0500. There are no qualifying standards for any masters athletics event.

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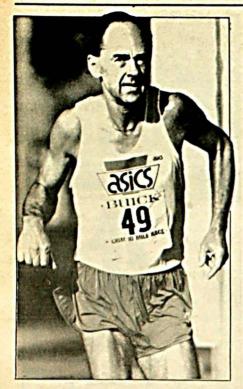
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Bill Olrich, 56, of Lexington, Ky., first M55-59 (57:49), TAC National Masters 10 Mile Championships (Bobby Crim 10 Miler), Flint, Mich., August 22. Victor Sailer/Agence Shot

Nzau, Ray First in National 10 Mile Championships Continued from page 1

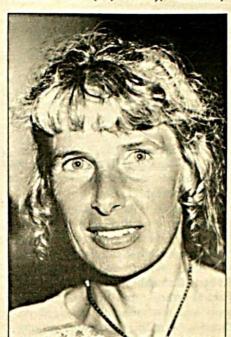
for his 54:54. Nzau's performance was a 96.0%.

The remaining men's winners were Bill Olrich (56, 57:49), Lexington, Ky., with an excellent AG 92.0%; Norman Eastman (61, 63:27), Holt, Mich.; James Forshee (66, 64:41), Ann Arbor, Mich., with an AG 91.3%; Marlynn Bandlow (70, 84:27), Kewadin, Mich.; John Evans (76, 86:00), Grandville, Mich.; and James Ramsey (2:08:19), Detroit, the oldest finisher at age 84.

In the masters women's race, Suzanne Ray, 40, of Anchorage, Alas., was first in 58:47, followed by Karen Hubbard, 42, Ann Arbor, in 59:14, and Barbara Filutze, 46, Erie, Pa., a second back at 59:15.

Filutze's time was four seconds under Shirley Matson's U.S. W45-49 best of 59:19, and gave Filutze the best age-graded percentage of 92.9% for W40-and-over. Hubbard was next best with a 90.2% and Ray close at 89.6%.

The other division winners were Judy Carroll (50, 70:00), Kent, Ohio; Wen-shi Yu (57, 73:51), Jamaica,



Mary Wood, 47, Montrose, Colo., third (62:53) W45-49, TAC National Masters 10 Mile Championships, Flint, Mich., August 22, and first W45 (2:51:49) in the National Masters Marathon Championships in Minneapolis, Minn., on Oct. 4. Victor Sailer/Agence Shot

N.Y.; Helen Dziwura (64, 2:01:06), Flint; and Barbara Andersen (67, 84:39), Minneapolis.

The Crim Festival of Races drew a record 12,455 participants for the 10 mile, 8K run/walk, 5K run/walk, plus races for youths and tots. Lois Craig was the event organizer.

Five Years Ago

- Kjell-Erik Stahl (41, 2:18:01) and Laurie Binder (40, 2:41:15) Are Top Masters in Twin Cities Marathon
- Barbara Filutze, 42, Sets U.S.
 W40 10K Record (33:41) in Pittsburgh's Great Race.
- Gail Scott, 41, Shatters U.S. W40 Marathon Record With a 2:37:13 in St. George, Utah
- National Masters 10K Titles Go to Larry Olsen (40, 31:32) and Barbara Filutze (42, 35:15)

Bell, McLatchie Tops in Maggie Valley 8K

by JERRY WOJCIK

Doug Bell, 41, of Greeley, Colo., and Carol McLatchie, 40, Boulder, Colo., raced to masters victories in the Maggie Valley Moonlight 8K in North Carolina, on August 29. The wins were valued at \$1200 apiece, as the masters first six men and women collected the same amounts of prize money as the open finishers did.

Bell's time of 24:45 gave him a masters-best, age-graded 91.9%. Douglas Kurtis, 40, Northville, Mich., was Bell's closest competition, finishing second in 25:03 for \$1000. Charles McMullen, 41, Rochester, N.Y., took the third prize of \$800 with a 25:11. Earl Owens, 43, Dunwoody, Ga., the second best M40 + age-graded performer at 90.6%, finished fourth in 25:25, worth \$600.

Bill Olrich, 56, Lexington, Ky., was

the standout of the other division winners, with a 28:31 (AG 89.3%).

McLatchie won her \$1200 with a 28:25, with Nancy Grayson, 42, Columbia, S.C., second in 29:03, and Carol Virga, 41, Boca Raton, Fla., third with a 29:22.

Joan Hartnett Ottaway, 48, Sausalito, Calif., fourth in 30:01, was the best age-graded W40 + with an 89.2%. Susie Kluttz, 55, Winston-Salem, N.C., won the W55 race handily in 34:59.

Besides nearly \$20,000 in prizes, the slightly misnamed race offers runners a late evening jaunt (women at 7:30 p.m. and men at 9:00 p.m.) on a well-lighted highway through the heart of Maggie Valley, one of the most popular summer vacation spots in the Southeast.

National 56-pound Weight Throw Championships

by DICK and BRENDA BLOOMFIELD Weight throwers from 12 states participated in excellent weather at the 1992 TAC National 56-pound Weight Throw Championships held at Eastside High School in Greenville, S.C., on

October 3.

Nolan Fowler Awards were presented for the men's best age-graded 35-pound weight throw, which was won by Tom McDermott of Bradenton, Fla., with an M70 toss of 7.65m. Women's best age-graded 20-pound weight throw was won by Brenda Bloomfield, W50, of Greer, S.C., with a heave of 7.45m.

Russ Baker, 42, of Jonesboro, Ga., had the best 56-pound throw of the meet at 9.29m.

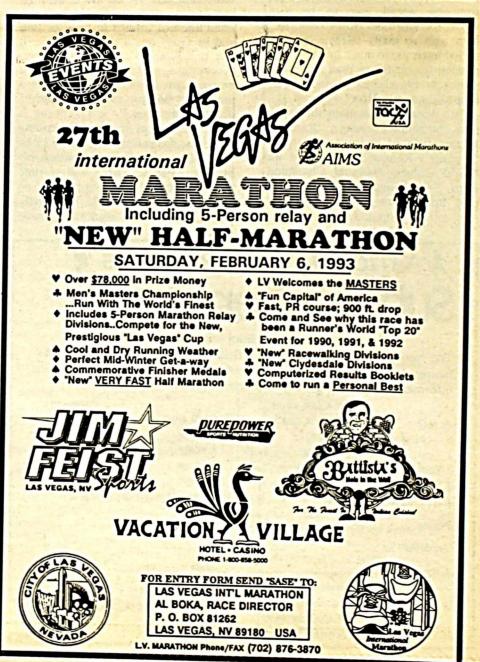
U.S. single age records were set by Gordon Powell, 83, of Holly Hill, Fla.,

in the 25-, 35-, and 56-pound weight throws. George Mathews of Seattle, was voted the best "screamer" of the meet.

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BOB WATANABE

Masters track and field has lost a great competitor with the passing of Bob Watanabe. In addition to being a fine sprinter, he had a wonderful sense of humor, and was always willing to share with those around him.

I'd like to suggest that we establish the Bob Watanabe Award, and give it every year to the outstanding male athlete at the outdoor nationals. If there isn't enough funds in the masters budget, I will gladly pay for the first year's award.

I would like to do something to keep the memory of such a great man alive. John Poppell Panama City, Florida

A book should, or could be written about Dr. Robert Watanabe, the man. I can only scratch the surface of a person you would love to be with, anywhere, any time. How to describe a man with so many talents, so many varied interests, so much love and compassion for his fellow man and such a genius at his chosen profession, orthopedic surgery. How?

Bob Watanabe was many things, but pure and simple, he was a "Runner." In our field of endeavor, he was a "Runner's Runner." Whether it was World Games, National Championships, Sri Chinmoy or Senior Olympics, Bob was there. Be it hot, cold, rain, or fog, no matter, Bob would run in the streets, on the track, in the hills -anywhere. That kind of runner.

Around the track we all knew Bob to be a quiet, sweet and gentle man. But, on the inside was a burning, competitive flame that was only recently extinguished by the fierce ravages of Lymphoma cancer.

Running to Bob Watanabe was the fuel to burn that enabled him to mentally and physically become the genius he was in his other endeavors, such as orthopedic surgery and photography. Robert Watanabe's inventions in the field of arthroscopic surgery, cameras, tools and methods have changed orthopedic surgical procedures around the world.

On the field, he was such a simple, uncomplicated man. The lineups at each track meet for taping this and that sore spot and the free diagnosis and advice he dished out so lovingly to his fellow runners — he loved it. I remember a meet in Bakersfield where a small line had formed in front of Bob and he taped one after another; until just one remained. A young athlete, very serious, told Bob that "you must be the team trainer - I would like a massage." Bob just smiled and said "I don't do massages."

He was one of the world's leading surgeons, dispensing, as only he knew how to do, his good will towards his brother ahtletes. There was a time when I thought Bob was a "Saint"—sent to earth to perform his goodly acts. However, God could never have

allowed a saint to have as much fun as Bob had here on earth. No way.

Bob loved life and lived it to the fullest. He loved people and changed their lives forever by knowing him. Somewhere near the top of the list of what Bob loved the most has got to be a "good joke" and laughter. If you are going to think of Bob, smile and laugh with him — don't cry for him. He would like that.

George Simon Los Angeles, California

NATIONALS

The city of Spokane and the many excellent volunteers that officiated at the 1992 Nationals are to be commended for putting on an outstanding event, especially considering the 100-degree conditions.

Bill McClure and I hope to develop a similar group of crack volunteers to serve as officials for the 1993 season here in Birmingham. Spokane was great, although I must admit that Al Sheahen's announcing was missed.

Gordon Seifert Birmingham, Alabama

The 1992 Nationals were terrific. I got to compete with Larry Almberg in the 1500, and I got to meet Shirley Matson, who came across as a wonderful, unassuming lady in addition to being a phenomenal running machine. Having the honor and privilege of witnessing a legend like Payton Jordan in action was wonderful. Thanks to everyone, and I'll see you to Provo in

Neal Stoddard Seattle, Washington

The organizers of the recent Nationals in Spokane are to be congratulated. It is generally a thankless task, but there were at least a thousand



Milo Lightfoot, 78, of Indiana, finished third (81-7/24.88) M75-79 division, TAC National Masters Championships, Spokane, Wash., August 13-16.

National Masters News/Jerry Wojcik

athletes there that sincerely appreciated their efforts.

The highlight was definitely the Holiday Inn All-Star Masters Regional Relays. In reading about it ahead of time, it seemed massively complicated, but in fact the event itself was fairly simple. One of the best features was requiring each team to run in order of youngest to oldest, putting the senior member in the spotlight at the end. It was an exciting team effort — especially thrilling because results were totally unpredictable because of the combined age scramble. Our thanks to the organizers for providing a terrific event for everyone — runners and spectators alike.

The one suggestion I might offer for future Nationals is to sign up Al Sheahen as commentator again, as in the past. It adds a great deal to have someone familiar with the masters, and Al is our man. We missed him.

Barbara Stewart
New York, New York
Continued on next page

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Eight Join NMN Sustainers

Each month, NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an in-depth schedule section, and more.

Special thanks this month goes to:

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Birmingham, AL

Write On Continued from page 4

Not meaning to detract in any way from what may be the finest National Championship meet I have ever attended, I do have some serious questions regarding the wind readings for the sprints (the jumps were not available for publication).

In the 41 100-meter races, all had negative readings. This in itself is not unusual. The problem comes several fold: 1) that the wind would vary readings of 0.00 twice (this reading is always suspicious) to as high as -6.24 with other bursts exceeding 5 mps. That's a lot of gusting, and those gusts are really quite high. 2) Not to diminish Bill Collins' performance in any way (he's a great standard of performance performer with which to evaluate) but his very fine 100 of 10.99 was achieved INTO a negative 5.12 wind.

Those familiar with those kind of wind readings know the extent of "damage" that kind of headwind can do. (Conversely, a tailwind of that magnitude can produce some incredibly fast times.) T&F NEWS with its chart on aiding/hindering wind readings show this would equate to a hand-timed 10.2/10.3, and for a 41-year-old that's more than just quick, when calculated for a NEUTRAL wind.

The 41 races of the 200 meters ranged from (all negative) -.31 to a gale-like -7.73 and more than a dozen readings exceeding 5mps, and once again, our aforementioned Collins forced his way through a -5.31 to a WR of 21.86 which, using the same scale, equates to a 21.0/21.1 with a wind reading of 0.00!

Hurdle wind readings were "reasonably acceptable" ranging from a couple of 0.00 to only one "excessive" reading of +2.68. In the long jump and triple jumps (in which I was a competitor as well as having a personal interest in other age-group jumpers), I found that the readings were once again very sporadic and generally "too high" relative to my own personal experience which has been considerable over the past 45 years of competition.

Do I have any answers as to the doubts I have with the readings? Not

even a suggestion! Still, without any speculation as to wherein an error would lie, I maintain quite strongly that these readings are in definite error in some way.

Phil Mulkey Atlanta, Georgia

WAVA ROAD RACE CHAMPIONSHIPS

My first disappointment with the WAVA Road Race Championships (Birmingham, England, August 29-30), was the lack of participants lists (as promised). It really is nice to know names of competitors before the race, both as a sociable aspect, as well as for age group competition. There were no complete results following either the 10K or 25K for the competitors. I am still waiting, as of September 29th, for mailed results.

I am further disappointed that NMN did not receive the 25K women's results three-deep for 50 and up. We were medalists, after surviving very difficult weather conditions. If a British friend had not copied the report in Athletics Today, I would still not know my fellow bronze medalists names. Alas, this publication only lists first initials (which is a pet peeve of mine).

List of the 3rd place finishers in the 25K:

W50 - Kathlene Hope, 1:55:22 GBR

W55 - Mary Anstey, 1:59:51 GBR

W60 - Ruth Anderson 2:18:00, USA

W65 - Iris Hubbard, 2:36:36, GBR

W70 - Elfriede Falk, 2:50:14, GER Ruth Anderso

Ruth Anderson Oakland, California

NATIONAL WEIGHT PENTATHLON

I would like to express my appreciation to Ken Weinbel and George Mathews for conducting a first class weight pentathlon at the Huskies Stadium in Seattle, Washington. The facility was excellent, as was the luncheon that followed the meet. A special thanks goes to the officials, who ran a high-quality, professional meet.

Len Olson Poyntelle, Pennsylvania Continued on page 7



Athletes study the results board at the Nationals in Spokane, August 13-16.



Bob Watanabe (lane 4) winning a close M65 100 in 13.04, National Masters Championships, Naperville, III. Jim Law (lane 5), was second (13.09), Mel Larsen (lane 6), third (13.24).

Photo by Jerry Wojcik

Watanabe Dies of Cancer

Bob Watanabe, one of the most popular athletes in the masters track and field community, died on September 30 after a long battle with lymphoma cancer. He was 66.

A Los Angeles orthopedic surgeon, Watanabe died at St. John's Hospital in Santa Monica, where he had practiced sports medicine with an emphasis on the aging.

He was a national masters sprint champion on several occasions, and in 1991 was ranked third in the nation in the M65 100 (13.04) and 200 (25.91).

His cancer was first diagnosed in-December, 1991. After several months of chemotherapy, he went back to work and regained 25 pounds. He competed in the SCA/TAC masters meet at Occidental on June 20, and at the Trojan meet at USC on July 12. He reportedly entered the nationals in Spokane, but the disease spread and her returned to the hospital in August.

Bob was a well-liked, friendly competitor. He could often be seen taping the Achilles tendons and hamstrings of fellow athletes before their races.

At a memorial service on October 5 at the Westwood United Methodist Church, more than 500 people came to say goodbye. The overflowing crowd was composed of family, patients, masters athletes, and friends from the Asian and UCLA communities, including former Bruin coaches John Wooden and Jim Bush. A funeral was held the following day at Forest Lawn Memorial Park.

Watanabe began sprinting as a teenager living in San Luis Obispo, Calif., and used it as an outlet for anger and frustration when his Japanese-American family was interned in Poston, Ariz., during World War II.

After the war, he enlisted in the Army, running with its Olympic track team. He then went to UCLA to study medicine.

"I felt guilty about my lingering bitterness at the way we'd been treated," he told the Los Angeles Times in 1985. "Then the guilt feelings turned into a real desire to help others. Medicine seemed the answer."

Bob also was an accomplished amateur photographer. His photos of

meets often appeared in the National Masters News. He helped to make training films illustrating kinds of treatment in orthopedic surgery. He was asked by UCLA and the American Academy of Orthopedic Surgeons to help devise teaching techniques in medicine. For 25 years, he was the team physician at the Hula Bowl.

He also was proficient in woodcarving, claiming there's a close connection between orthopedics and working in wood. Speaking at the memorial service, Dr. Harold Harada said: "Bob was truly a renaissance man in our day."

In his low-key style, Watanabe was instrumental in helping to persuade the Japanese to bid for the 1993 WAVA World Veterans Championships. He competed in several Japanese national masters championships, and was eagerly planning to act as interpreter and guide for dozens of U.S. masters athletes next year in Miyazaki. It is very sad that he did not live to fulfill that dream.

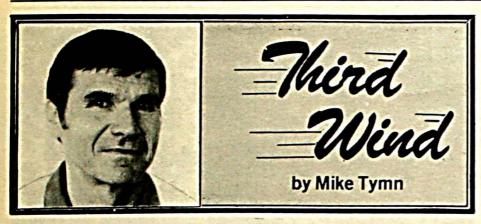
His death is also a sober reminder that eating right and being in top condition is still no guarantee of long life; that a serious illness or accident can strike at any time; that, as Bob once said: "time lost can never be found."

"Bob loved life and lived it to the fullest," teammate Nick Newton said at the service.

Watanabe is survived by his son, Craig, and daughter, Diane, from his first wife Ruth; by his mother, Misao; and four sisters.

A memorial run sponsored by Bob's teammates from the Los Angeles Valley Athletic Club is planned for Sunday, November 1 at 8:00 a.m. at 26th & San Vicente in Santa Monica. It's hoped this run will become an annual event in Bob's memory. Participants and others who wish may make donations in Bob's name to the John Wayne Cancer Institute at St. John's Hospital. Further information may be obtained from LAVAC President George Simon at 818/784-0496.

Bob's positive, happy outlook and strong competitive spirit will be greatly missed by all who had the good fortune to know him.



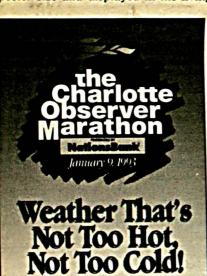
Afflictions After 40

In his book, Symptoms After 40, Kenneth Anderson identifies several hundred afflictions, conditions, diseases, signs, and symptoms more likely to be found in those over 40 than those under. They range from abdominal hernia through Kimmelstiel-Wilson disease to Zollinger-Ellison syndrome. However, Anderson's research failed to turn up any of the afflictions I identified in this publication back in 1981, not to mention a couple of others I have since identified.

Some of the disorders encountered in my exhaustive research are common to all runners, but most seem to be found more often in older runners. I'll admit to having suffered at one time or another from at least a few.

Since my initial research, I have been able to better identify some of the symptoms of the disorders. Here is my updated list:

Jockomania: This is a common ailment affecting first-time marathon finishers. It doesn't matter how slow his time was, the individual wears his finisher's T-shirt to the office and holiday season parties, expecting recognition as the ultimate athlete. He has his finish-line photograph blown up to poster size and displayed in his living



- ♦ 16th annual event features marathon and 10K racing
- ♦ 51-degree average temperature
- ♦ Finish inside Charlotte Convention Center
- ♦ Age groups: 14-under through 75-over in five-year steps
- ♦ \$51,000 prize fund: \$8,500 open and \$4,250 masters for each gender in marathon & 10K
- ♦ Weekend expo
- ♦ No increase in registration fees
- ♦ Special rates at the Omni Charlotte Hotel: 1-800-THE OMNI.

Registration forms: call 704/358-KICK or write Marathon, Box 30294, Charlotte, NC 28230.

Elite athletes: contact Larry Frederick, 704/358-0713, c/o Fleet Feet, 1412-I East Blvd., Charlotte, NC 28203.

room or in his office so that all can see and give acclaim. He might even have the finish-line photo made into a Christmas card.

Varsity-Letter Syndrome: This is a more advanced form of Jockomania and is quite common among masters athletes. The person afflicted with this has graduated from the T-shirt stage and now wears the most fashionable sweats and running shoes wherever he goes. He sews numerous patches to his jacket and perhaps even drapes a few medals from it. He sets aside a special room in his house to display his trophies and medals.

Ultra-Sophisticated Elitism: Found most often in the upper echelons of the sport, this malady results from the person's need to be identified as "more than just a runner," even though his life is built around running. He avoids running parties, but makes an appearance when his sponsor insists upon it. He prefers not to associate with those runners clearly suffering from Jockomania or Varsity-Letter Syndrome and wouldn't be caught dead wearing a finisher's T-shirt.

This person rarely sticks around to pick up his award. In an attempt to humanize himself, he boasts of his beer-drinking prowess and his junk food preferences ("Wow, how good

No. California Meet

Continued from page 1

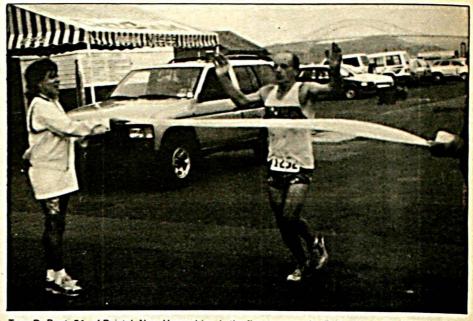
ed all shot putters with a 38-4 (96.0%).

The John Satti award of \$25 was inaugurated for the winning M75 long

augurated for the winning M75 long jump and went to Bob Boucke, 79, for his 2.12.

Hammer throwers went on an agerecord rampage, with U.S. records going to Richard Hotchkiss, 53 (48.94), and James York, 79 (25.62), and a world record to Stew Thomson, 59 (48.92).

Jim Johnson, who also staged the Western Regional Championships in July, was the meet director, with assistance from club president Don Rose and his family, and Ed Miller, and Mark Grubi.



Tony DuPont, 51, of Bristol, New Hampshire, is the first to cross the finish line in the Ultramarathon de Panama, a 50.4-mile race cross the North American continent — from the Atlantic Ocean to the Pacific Ocean — on Sept. 5-6. DuPont, running with a two-hour head start on the official winner, captured the M50-59 age division with a time of 8:17:31, under humid and otherwise adverse conditions.

Photo by Mike Tymn

would this guy be if he took his training seriously?" is the desired reaction). Stories about him usually begin: "There is nothing in his home — no trophies, medals, or other memorabilia — to identify him as a great runner."

Born-Again Anaerobia: This problem is most often found among older runners who, after years of smoking, drinking, and gluttonizing, achieve some kind of immortality as a result of running a few miles non-stop or finishing a race. It becomes their mission in life to convert all their friends and associates to this new way of life. They are quick to find fault with others and they are instant experts on training and racing.

Record Colitis: A product of the age-class record book, this affliction is another one very common among masters athletes. The person who suffers from this is more concerned with seeing his name in the record book than with the quality of the record. No matter that her age-57 record is two minutes slower than the age-59 record; it's an American record nonetheless.

Plodder's Syndrome: This is common among hometown heroes when some big guns from out-of-town show up. Instead of winning the local race as usual, or a least finishing in the top three, the hometown flash is made to look like just another plodder. Her friends ask her what happened to her, even though she set a personal record in the race. She replies that she was bothered by a leg injury and wasn't able to properly prepare for the race. This is sometimes referred to as "Big Fish in a Little Pond Syndrome."

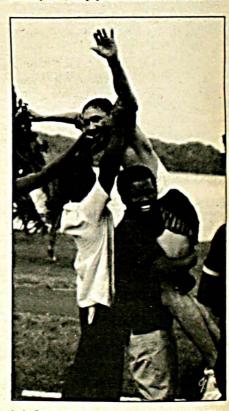
Middle-of-the-pack Marxism: Runners who reach a plateau below the awards level are sometimes hit with this disorder. They demand greater distribution of awards, insisting that even though they train only half as hard as the winners they try just as hard in the race and therefore deserve equal reward and recognition.

Methuselahosis: This disorder is found only in those over 40. Because the gains from adaptation during the

first five to seven years of running usually run ahead of the losses to aging, this individual becomes convinced that he has defied Father Time. He sees no end to his improvement. If he's running 37 minutes for 10K at 45, he expects to run 32 minutes by the time he reaches 70. It's all in the positive attitude. If you believe you can do it, you can do it is this person's motto. Nothing is impossible if you really believe.

Rare is the runner who is not touched by at least two or three of these disorders. Which brings us to the question often asked by non-runners: "Are there any normal runners around?"

The truth, as I see it, is that all runners, especially those in the masters arena, are simply normal abnormals.



Luis Camano, 40, is hoisted by fellow Panamanians in celebration of his victory in the 50.4-mile Ultramarathon de Panama on Sept. 5-6. In winning the race for the fourth time, Camano recorded a time of 6:19:15. He set the race record of 5:53:38 in 1991.

Photo by Mike Tymn

Write

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As one the Nati would li Mathews an excell well orga and had fine mea

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Write On Continued from page 5

As one of many who participated in the National Weight Pentathlon, I would like to compliment George Mathews and Ken Weinbel for doing an excellent job. This meet was very well organized, had excellent officials, and had a great social function and fine meal afterwards.

Bob Sager Belgrade, Montana

AGE-GRADED TABLES

Derek Turnbull, 65, exceeded the 100% age-graded level four times this year, which should draw attention to the fundamental flaws in the WAVA age-graded tables.

The standards are based on the records achieved in previous years. Where those records were soft (e.g. the old M65 5000 and 10,000 marks of 17:43 and 36:03), Turnbull's 16:38 and 34:42 meant age-graded efforts of 102.0% and 101.7%, respectively.

Since age-graded tables are being used to award cash prizes (e.g. Twin Cities Marathon), it would be fairer to round off the figures to the nearest five-percentage points and divide the money equally in case of a tie.

Max Jones West Yorkshire, England

ATHLETE OF THE MONTH

After setting four U.S. records in a single month (800, 1500, 5000, and 10,000), Shirley Matson of Moraga, Calif., must be wondering what it takes to be recognized as the Masters Athlete-of-the-Month.

I'm curious myself. What more could a competitor do in a single month? Perhaps the judgment of whoever makes the selection was clouded by a little Sorbothane between the ears.

Jim Goodnik Oakland, California

(Matson was a strong contender for the honor. It went to Stan Whitley because he had better age-graded marks than Matson, and because he set three world M45 records the previous month. — Ed.)

JOLTING WORKOUTS

The 7.6 and 6.4 earthquakes that hit our area in July had a profound, short-term effect on me.

In recent years I have trained every other day in order to maintain an 80% result-level in the short dashes and the horizontal jumps.

Three hours after the 7.6 jolt, I worked out and had a tired feeling and poor results. Minutes after I finished, the second jolt came, and after-shocks continued.

Just before my next workout two days later, there was a 5.5 jolt. At the workout, I performed at a level which I would rate about 100%. It was a fast way to get into shape for peak performances.

This jumpy-jumper effect con-

tinued for three more workouts before wearing off.

Joe Caruso Palm Springs, California

SUGGESTIONS

With a new track year coming soon, here are some more or less brilliant suggestions to those who organize our track meets.

1) Include a 50-or 60-meter sprint. It makes a nice added event for sprinters.

2) Eliminate the "No false start rule." After all we are human, and we traveled a long distance.

3) Take a reasonable approach to pre-registering relay teams. What club knows ahead how many it can field in any one age group?

4) Keep Saturday as the basic day for meets.

Finally a word of thanks for all your planning and good work. We appreciate it.

Clarence Killion Sanger, California

CHISHOLM'S LAWS

When I submitted Chisholm's Laws of Running, which you published in April, I neglected to include numbers 13-15.

Number 13: Warm weather races starting later than 8 a.m. are set for reasons other than runners' concerns (late-rising politicians/celebrities, media coverage, etc.)

Number 14: Concerning the best time to run — no one (at home or work) misses you at dawn.

Number 15: Race Directors who feel that age-group winners prefer trophies should take the acid test — offer a choice between trophies and gift certificates!

Herb Chisholm Alexandria, Virginia

RENAMED MEET

The Minnesota Masters Early Morning "R" Track and Field Meet has added the "Senior Olympics" title to its name. We're now into our 13th year and are looking forward to many more.

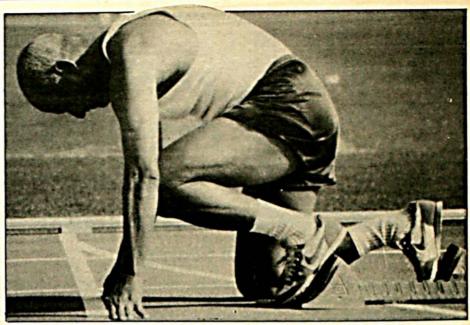
Thanks to NMN, countless others can share the results of our efforts. Look for the new MMSO track entry form in the December issue.

Rachel Lyga Minneapolis, Minnesota

THANK YOU

I'd like to offer a belated thanks to Jim Pearce and his staff for handling the National Indoor Championships, and to Haig Bohigian and his staff for putting on a first-class Eastern Outdoor Regional Championships. Without these dedicated professionals, we would not be able to experience the joy of competition.

Barry Kline Washington, Pennsylvania



Sri Chinmoy set a personal best 13.7 in the M60 100 in the Sri Chinmoy Masters Games, New York.

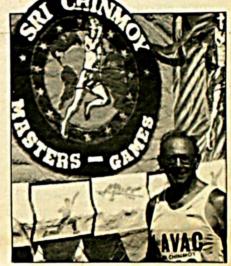
Sri Chinmoy Games

by DAVE POWELL

Another perfect day in Southern California greeted the participants of the 5th annual Sri Chinmoy Masters Games at CSU-Long Beach on September 20. Athletes from as far away as Colorado participated in this year's event. This was a new venue and allowed a 2000m steeplechase.

Edith Mendyka, 81, took home a string of W80 records in the long jump (AR 1.57), shot put (AR 5.48), discus (WR 21.96), and javelin (AR 14.64). More than ten of the athletes had a faster time here in the running events than at the Nationals in Spokane.

Sri Chinmoy, an internationally-known peace ambassador, is planning to attend next year's meet in Long Beach, September 12. The founder of the Sri Chinmoy Marathon Team, which organizes race events worldwide, tries through his own example to "inspire others to transcend their own limits" and "never give up." He was recently honored by the Canadian Niagara Falls Parks Commission, which named Niagara Falls the "Sri



George Simon at the Sri Chinmoy Masters Meet. Long Beach, Calif., September 20.

Photo by N. Kracht

Chinmoy International Peace Falls."

Our thanks for the success of the meet go not only to all the competitors but also to Andy Sythe, head track coach at Long Beach, who has been most supportive and helpful, and to Marv Thompson, our faithful starter, as well as to everybody else — too numerous to mention — who kindly assisted us whenever needed.

Eastern Regional Championships

by HAIG BOHIGIAN,

Eastern Regional Coordinator

The Eastern Regional Masters T&F Championships were held at Randall's Island, NYC, August 1, with 166 athletes competing. The NY Masters won the overall team title with 193 points, and also captured the 50-59 team title with 120, but lost the 60 + title to the Philadelphia Masters, 66 to 73. The Garden State AC took the 30-39 and 40-49 titles.

Two men won four events: Ed Lukens, 70, HH, LJ, TJ, and JT; and Claude Hills, 80, 100, TJ, PV, and HJ. Triple winners were Cliff Pauling, 57, 200, 400, and 800; Barry Kline, 52, both hurdles and HJ; and Herb Cantor, 67, SP, DT, and JT.

Twelve men were double winners. Among them were Ken Brinker, 45, with a 15.72 in the HH and 52.42 in the 400, and Joe Johnson, 47, with an 11.84 100 and 23.59 200. Gary Null, 47, turned in a fine 24:21.63 in the 5000 racewalk.

Libby Hagemann, 71, won the LJ, SP, DT, HT, WT, and JT. Irene Thompson, 38, won the 100, 400, HH, SP, and JT. Roslyn Katz, 50, Barbara Stewart, 50, and Lorraine Tucker, 45, each won four events.

The success of the meet can be shared by the 33 TAC officials and volunteers who helped conduct the meet. The use of fully automatic timing by Northeast Timing was crucial.

The meet was co-sponsored by the NY Masters and Valian Associates after it became clear that the scheduled host, the Potomac Valley Seniors, could not host it before the Nationals in mid-August. A special thanks to Beatrice Kee, president of the NY Masters and members Arthur Bradley and Bill Benson.

Age-Graded Scoring

ost masters runners, particularly those who have competed for many years, have seen their pace slow. Although we know intellectually that some slowing occurs with the changes in our physiology as we age, it can still be difficult to accept. What we need is a way to measure our present performance against a standard that takes into account the inevitable slowing. The recent introduction of age-graded scoring tables now enables us to do exactly that.

A set of tables of "standard" times has been published for all the major racing distances for men and women starting at age 30 for each single age up to age 90. These standards correspond approximately to world record times for a person for that age and sex at that distance. Your age-graded score is obtained by dividing the standard time by your actual time and converting the result to a percentage. Before dividing, both your time and the standard time must be converted to a common time unit, typically expressing minutes and seconds as minutes with a decimal point. For example, the standard for 52-year-old males for 8K is 24:35. If his actual 8K time is 31:20, his age-graded score is $24.58/31:33\ 100\% = 78.4\%$.

The following classification of agegraded scores is often used:

90% + = World Class

80-89% = National Class

70-79% = Regional Class

60-69% = Local Class

Your age-graded score can be used in numerous interesting ways. One use is to compare present times with times you achieved in the past. For example, my own best 10K time of 36:12 occured at age 39. My best 10K time since turning 50 has been 37:48 at age 51, 1:36 slower. The age 39 age-graded score is 78.4% while the age 51 score is 81.5%, which happens to be my all time best age-graded score. This makes it a lot easier to accept the loss of 96 seconds.

Another use of age-graded scores that is coming into more common practice is to base masters race awards on the relative ranking of the agegraded score. The masters athlete with the highest age-graded score receives the first place masters award, the second highest age-graded scorer receives the second place award and so on. Even when race awards aren't based on age-graded scores, it still enables race officials to acknowledge strong performances of older athletes. For example in the 1992 running of our Fifty Plus 8K race, John Keston, age 67, finished 15th overall but recorded the best agegraded performance of the day, an outstanding 94.85%.

Age-graded scoring allows you to compare your own performances at different race distances. For example, if your 5K and 8K age-graded scores are about 75%, but your best 10K result is closer to 70%, you could reasonably expect to achieve a substantial improvement in your 10K time.

Direct comparison of men and women is possible with age-graded scoring. Just think of how many arguments you can get into over that one! A novel way to look at men's versus women's standards is to identify at what ages men and women should compete on equal terms. For example, the women's age 50 8K standard of 27:14 approximately matches the men's age 63 standard of 27:20. Thus it is fair to say that these two should compete on even terms, an "age handicap" of 13 years. This age handicap may drop as more women masters runners compete seriously and standard times for women become more stringent.

Age-graded scoring opens up a new



Cheryl Kincaid, W40-44 2000 Steeplechase winner (13:44) from California, heads for an enviable dip at the National Masters T&F Championships, Spokane, Wash., August 13-16, where temperatures soared over 100° daily.

National Masters News/Jerry Wojcik

realm of "round number" possibilities. We've all set round number goals for ourselves such as achieving a sub 6 minute mile, a sub 40 minute 10K or a sub 4 hour marathon. Age-graded scores give you a whole set of new round numbers to shoot for. You might try to break 70% at a particular distance or at any distance. You can try to achieve a national class (80%) or world class (90%) performance.

At the risk of confusing matters, there is an alternative way of computing age-graded results using "age factors" instead of age standards. Age factors are mathematically equivalent to age standards but they are expressed as a fraction of the open competition standard. Using our prior example, the age factor for a 52-year-old male runner at 8K is 0.8664. The most common use of the age factor is to calculate what a race time at a certain age would be equivalent to as a younger open competition time. Applying this to our initial example, the actual run time of 31:20 of our age 52 runner would be equivalent to $.8664 \times 31:20 = 27:09$ as an open competition time. This approach may be of particular interest to runners who started running later in life and are curious about what kind of race times they might have achieved if they had competed when they were younger. Of course you can never set the clock back and know for sure, but this method gives some insight into what you might have done.

The complete set of age-graded tables is available from NMN, P.O. Box 2372, Van Nuys, CA 91404. The cost is \$5.95 plus \$1.25 for shipping. (Reprinted from Fifty Plus Fitness Association Bulletin, Fall, 1992.)



Shirley Matson, 51, Moraga, Calif., after U.S. record W50-54 4:57.44 in the 1500, National Masters Championships, Spokane, August 13-16. National Masters News/Jerry Wojcik

Age-Graded Medalists At Nationals

by PHIL MULKEY, TAC Masters
Southeast Regional Co-Coordinator
Once again, I've taken on the project
(see page 9) of age-grading the National Masters Track and Field Championship meet, held in Spokane in
August, 1992. The primary purpose of this examination is to find the medalists if we all were competing on a level playing field; if we were in our prime.

To this end, I have age-graded the entire meet on a single-age level to show total equity. What could be fairer?

Such a mythical meet gives our truly outstanding performers a platform to show how well they are actually doing. Certainly the superstars stand out as expected. But what about some of the other folks? Maybe some names you had never heard of before also stand out.

There is a by-product to this project that reflects on the authenticity of the age-grading system, itself. In past meets, we've found the grading to be slanted in favor of the sprinters and hurdlers, followed in order by the runners, jumpers, throwers, walkers and multi-eventers. This meet confirms that bias, and should hopefully influence the revision of the tables currently being done by WAVA.

The ultimate problem I have in accepting such age-graded performances is they seem too generous. Almost

without exception, all the medalists performed beyond anything they had done when they were in their prime. This is not to say that some are not working harder now than ever before, and, as a result, are able to perform in a superior manner. Still, I personally LJed 24-4½ in the 1960 Olympic Trials, and yet was credited with nearly a foot farther (25-3½) at the Spokane meet. I question if I have gained that kind of skill with the amount of work I'm putting in.

This is not an effort to defame our age-graded tables. A lot of hard work went on in many corners of the world to come up with those tables. We had to start somewhere. It now appears that with all the actual empirical data gained that perhaps some adjustments are due.

Stan Whitley won three firsts (100, 200, LJ) with a silver in the 400 to easily lead all male performers. Ray Funkhouser (5KRW, 20KRW) and Tom Gage (SP, HT) each won two championships. Al Funk (10K, 5K) and Dan Bulkley (SC, LH) each took a gold and silver.

20 :2 :2 :2

40 :5 :5

The distaff side of the meet saw Phil Raschker winning five events (200, SH, PV, LJ, PEN) plus three bronze medals. Shirley Matson took four golds and four of the top five percentages. Grace Apiafi was the only other double-gold winner.

1992 National TAC Masters Age-Graded Track & Field Championships

1992 National TAC Masters Age-Gr
100 meters :10.23 STAN WHITLEY (46) CA 96.2% :10.30 Payton Jordon (75) CA 95.5% :10.32 Bill Collins (41) TX 95.4%
200 meters :20.05 STAN WHITLEY (46) CA 97.8% :20.22 Bill Collins (41) TX 96.9% :20.86 Paul Edens (51) OR 94.0%
400 meters :44.00 FRED SOWERBY (43) NV 98.3% :44.31 Stan Whitley (46) CA 97.7% :44.48 James King (43) CA 97.3%
800 meters 1:44.33 DON PARKER (49) CA 97.58 1:46.16 Ralph Miller (60) WA 95.88 1:46.88 Larry Almberg (45) WA 95.18
1500 meters 3:38.79 LARRY ALMBERG (45) WA 95.78 3:46.92 Jim Lytjen (71) CA 92.38 3:47.01 James Hatcher (42) MT 92.28
5000 meters 14:02.56 MIXY HEFFERMAN (51) OR 92.2% 14:04.15 Alferd Funk (78) MT 92.0% 14:09.03 Larry Almberg (45) WA 91.5%
10,000 meters 28:53.50 ALFERD FUNK (78) MT 93.1% 28:58.39 John Keston (67) OR 92.9% 29:57.01 Mike Hefferman (51) OR 89.8%
110 meter hurdles :13.26 WALT BUTLER (51) CA 97.28 :13.73 Hugh Adams (52) CA 93.93 :13.83 Emil Pawlik (53) MS 93.28
400 meter hurdles :48.21 JAMES KING (43) CA 97.53 :48.85 Dan Bulkey (75) OR 96.28 :49.14 Rob Casselman (40) WA 95.68
Steeple Chase 8:43.16 DAN BULKEY (75) OR 92.78 9:11.32 Avery Bryant (68) CA 87.98 9:17.94 Jim Smith (70) OK 86.98
5000 meter walk 21:10.75 RAY FUNKHOUSER (41) NJ 89.0% 21:23.82 Jack Bray (59) CA 88.0% 21:25.43 Max Green (60) MI 87.9%
20,000 meter walk 1:28:40 RAY FUNKHOUSER (41) NJ 88.73 1:31:30 Max Green (60) MI 85.83 1:34:56 Robert Mimm (67) NJ 82.83
High Jump 7'31" CHARLES RADER (44) CA 92.30 7'21" on Phil Fehlin (57) CA 91.10 7'21" Walt Dahlin (71) CA 90.80
Pole Vault 18'8" ED LIPSCOMB (41) CA 94.4% 17'4½" Steve Harrison (42) CA 88.0% 17'2" Ed Oleata (55) CA 86.7%
Long Jump 26'5" STAN WHITLEY (46) CA 91.78 25'3;" Phil Mulkey (59) GA 87.68 25'0;" James Stookey (62) MD 86.98
Triple Jump 52'21" TOM PATSALIS (70) CA 88.5% 51'42" Frank Struma (51) MT 87.2% 50'1112" Buck Bradberry (65) AL 86.3%
Shot Put (16 lb) 60'3" TOM GAGE (49) HT 89.9% 59'5" Joe Keshmiri (54) NV 89.0% 59'2½" Don Cumley (72) NV 88.5%
Discus (2K) 209'1" LLOYD HIGGINS (50) CA 91.70 197'7" Wendell Palmer (60) TX 86.60 195'6" Stew Thompson (59) CA 85.70
Hammer (16 lb) 237'3" TOM GAGE (49) MT 94.18 222'8" Bill McWilliams (56) MA 88.38 219'3" Stew Thompson (59) CA 85.78
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:12.46 Betty Vosburgh (61) GA 86.4% :12.63 Phil Raschker (45) GA 85.3% 200 meters :24.51 PHIL RASCHKER (45) GA 88.0%
:24.54 Betty Vosburgh (61) GA 87.9% :24.78 Marcia Hulse (37) NY 87.0%
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CLOSEST MARGINS OF VICTORY: (Male)

10K 0.2% (Funk vs Keston)

5K 0.2% (Hefferman vs Funk)

400 0.6% (Soweby vs Whitley)

100 0.7% (Whitley vs Jorden)

200 0.9% (Whitley vs Collins)

WIDEST MARGINS OF VICTORY: (Male)

PV 6.4% (Lipscomb vs Harrison)

HT 5.8% (Gag vs McWilliams)

DT 5.1% (Higgins vs Palmer)

SC 4.8% (Bulkey vs Bryant)

LJ 4.1% (Whitley vs Hulkey)

CLOSEST MARGINS OF VICTORY: (Female)

TJ 0.1% (McDaniels vs Vosburg)

200 0.1% (Maschker vs Vosburgh)

10KW 0.3% (Johnson vs Eberle)

LJ 0.5% (Raschker vs Wosburgh)

WIDEST MARGINS OF VICTORY: (Female)

PEN 11.1% (Raschker vs McDaniels)

HI 7.7% (Hilliard vs Polk)

HI 7.7% (Vosburgh vs McDaniels)

HI 6.2% (Raschker vs Miller)

HI 7.7% (Vosburgh vs McDaniels)

HI 6.2% (Raschker vs Miller)

FENM SCORING (10 year age-groups 5-3-1)

Momen:

H40 82 M50 51

M50 53 W40 48

M70 29 W60 47

M60 24 W30 25

M30 1

*Total sweep of an event by an age-group:

M40 400, M50 HH, W50 JT, W60 IH
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DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

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Jack Gentry, 64, Rogers, Ark., winning the age/sex handicapped Bud Light Stadium 10K, St. Louis, Mo., September 6, with a 29:46 (his actual time 39:46).

Photo by Hank Kiesel

Gentry First in Stadium 10K

by HANK KIESEL

The Bud Light Stadium 10K is not an age-graded event in the usual sense. Each runner is given a starting time handicap based on the 1991 TAC/USA individual age/sex records for 10K. The advantage of the handicap is that each runner has a chance to cross the finish line first no matter the age or sex. That's why the Stadium 10K, hosted by the St. Louis TC, is traditionally the most exciting run in St. Louis.

The excitement for the 14th annual race, September 6, was provided by two masters runners. Jack Gentry, 64,

Rogers, Ark., finished first in 29:46 (actual time 39:46); and Leon Fennell, 60, St. Louis, took second in 30:25 (38:25). Gentry ended Fennell's three-year reign as the Stadium Run champion.

Terry Mahr, 43, Oregon, Ohio, 31:09 (38:09) and Marty Cooksey, 38, Chestefield, Mo., 31:20 (37:20) were sixth and seventh women overall.

Approximately 1700 runners participated, with awards to the first 150 finishers. Every runner received a T-shirt and a free general admission ticket for the Cardinals-Giants baseball game following the run.

Minnesota Masters 15K

by JACK MORAN

The Minnesota Masters 15K Championships in Edina, September 20, saw its closest finish since 1981, when Dan Conway nosed out Paul Noreen by five seconds. John Emmons, 46, was expecting Jim Pelarske, 41, to do his "usual kamikaze thing" and blast off from the start, which would have been helped by the short downhill in the first half mile.

Instead, Pelarske, who had been beaten by Emmons twice in recent months, decided to be a little cautious. Emmons, who was watching Pelarske, suddenly realized that the other runners were watching him. They crept along at 5:30 pace through thoverall, half mile, when Barney Klecker, 41,

just getting back into racing form, decided that he'd had enough and took off, with Emmons, Pelarske, and Doug Suker, 41, in pursuit.

They caught him at the 1.5-mile turnaround, with Emmons and Suker taking the lead and Pelarske following. They went through 5K in 16:38. "I felt sluggish until about the four-mile mark," Pelarske said. "Then I started to feel better and took off." After the seven-mile mark, he started throwing in some surges and maintained the lead he picked up on the downhill to win in 50:10, followed by Emmons (50:30), Suker (50:38), and Klecker (52:51).

Gloria Jansen, 45, was aiming at a 63:00 and for a while ran with Carol Klitzke, 45, who had beaten her in a 25K the week before, but Jansen decided the pace was too slow and picked it up, going through the 5K in 21 flat and winning in a personal best 62:44. "I knew I had reached a new level this year," she said, "when I ran a 1:30 PB at Bruegger's, and felt I could have



Terry Mahr, 43, Oregon, Ohio, is pleased with her first female finish in a sixth-overall 31:09 (her actual time 38:09), in the age/sex handicapped Bud Light Stadium 10K, St. Louis, Mo., September 6. Photo by Hank Kiesel

gone even faster."

Besides the regular five-year agegroup awards, the Masters 15K also gives awards in "Novice" divisions to runners who have never won their agegroup in any race ever.

Thanks to Blue Cross and Blue Shield of Minnesota, who have now been sponsoring the race for ten years, and to Q Cumbers, who are in their second year of sponsorship.

Problems Mar Club West Meet

The annual Club West Masters Track and Field meet in Santa Barbara, Calif., October 3, drew about 180 athletes from at least seven states to the Santa Barbara City College facility hard by the Pacific Ocean.

Amid gentle breezes and perfect weather, Mark Richards, M60, of Virginia, won the trophy for scoring the most points of any athlete. Bob McGowan, M60, took high-scoring track honors, while Richard Hein, M60, of Texas, was the top field-event scorer.

The Ray Williams Memorial Trophy for the best 500 time for M60 + went to Gunnar Linde, while Washington State's Jim Minah won the trophy as best hammer thrower over age 65.

Christel Miller set a new U.S. W55 javelin record with a throw of 102-2, breaking her own mark of 100-2, set in 1990.

Stan Whitley, 46, continued his quest for national masters athlete-of-the-year honors with winning efforts in the M45 100 (11.64), 200 (22.7) and 400 (50.4).

Former national masters champion Doug Smith was back after several years on the sideline, with medal performances in the M50 100 and 200. It was also good to see 93-year-old John Whittemore competing in all four throwing events.

The meet was marred, however, by organizational problems. The entry form

promised throwers three preliminary and three final throws for the top four athletes in each five-year age division — a total of six throws. But the organizing committee, over the objections of meet director Lloyd Albright, ruled that because of higher-than-expected entries, the throwers would be limited to four throws each.

The throwers were livid. The meet has always had the reputation of mucking up the field events, but this was the last straw for many.

"I'll never come back to this meet again," stormed veteran thrower Dick Hotchkiss.

Another problem was a lack of timers. In the results submitted to NMN, no times were submitted for at least six hurdlers.

"That's a minimum requirement for a meet," said one runner, "to give every runner a time, especially when most of us drove several hours to get here."

Another suggested throwers and those hurdlers should at least receive an apology and a return of their entry fee from the organizers.

Next year's meet is scheduled for five days before the start of the 10th WAVA World Veterans Championships in Japan. Some athletes may want to use the meet as a tune-up effort.

"I'll see that the problems don't occur again," Albright promised.

Cliff Climbers Scramble at Sea Cliff 5K

by MAURY DEAN

John Lupski, M40 (17:41), and Jackie Gow, W40 (21:03), dashed up Long Island's toughest cliff to haul in the heaviest masters hardware in the Sea Cliff 5K, September 5. Easy rolling hills lull the 818-strong stampede through the first mansion-bedecked shady mile. Suddenly you're alone with Isaac Newton and gravity as you fall over a deep dark drop into a vinetangled hollow at the bottom of a grand suburban canyon. Thundering at sub-five pace, you know full well you'll soon pay the price for your rocket afterburners. You're dealing with nasty thoughts about hiking - not running — up the endless uphill.

We were blessed with cool and muggy weather — an oddity for Labor Day. The quad-powered triathletes thrived on the grueling uphills. The flatland pancakers suffered the most. Despite the terrain, some noble races were run and won.

Take John McManus, for instance. The 68-year-old blasted a 20:40, besting L.I.'s other 65 + star Bert Jablon by two minutes (22:42). Or Nancy Fraser, blessed with a five-yearbirthday (55), won third master in a supersonic 23:59 (W40-44 Marilyn Barger won silver in 23:11).

Masters athletes kept up with other age groups at Sea Cliff. Fifty-nine-year-old race director Jack Williams, who puts this race on to help severely disabled kids at the Sea Cliff Hospital, was astounded to note that masters times shaded open age-group divisions, and like so many current race directors, he featured the silver-haired champs first, so the kids could see what they had to look forward to.

When I was a kid in the '50s, the only time I'd see men run was to first base. I never thought I'd see the day when the race winners were nudging the half-century mark. Tom Derderian's "Quantum Leap" article in the October 1992 Runner's World chronicles his astounding story — at 42, he goes back and makes his college cross-country team. Whereas, football stars are put out to pasture at 32, and baseball tolls the knell of retirement at 38, and hockey or basketball 35, we hang-in-there harriers keep on running and running and running.

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Romain Sets Record in Downpour

by JERRY WOJCIK

Ralph Romain, 60, of Trinidad and Tobago, didn't let a pouring rain that moved the high jump indoors deter him from a world record at the Potomac Valley Games in Alexandria, Va., on September 6. Romain, who holds the M55-59 world record at 52.6, broke the M60-64 record for the 400 with a hand-timed 54.6.

Jack Greenwood held the record of 57.64, made when he was 63 in 1989.

In other events, Denver Smith, 66, broke the 52-second barrier for the 300H with a 51.8. Gordon Bobell, 56, conquered a wet ring to lead all hammer throwers with a 144-6.

Contestants in the judged 3000 racewalk were paced by Alan Price (45, 15:05.1) and Judy Goldston (43, 17:31.3).

The meet was preceded by a series of Potomac Valley Senior development meets, which started in early May.

14th TAC Convention Set for Louisville

The 14th Annual National Convention of The Athletics Congress, the national governing body for Athletics in the USA, will be held in Louisville, Ky., on December 1-5.

Everyone is invited to attend. TAC needs the active participation of athletes, race and meet directors, and anyone interested in the governing of track and field, road running and race walking to help develop and promote our sport.

Masters are a vital link in TAC's program. Both the Masters Track and Field and Masters Long Distance Running Committees will meet daily to discuss rule changes, sites for future championships, awards, and more.

All meetings will be held at the headquarters hotel: the Galt House (800) 626-1814 in Louisville. Prior to November 9, the room rates are \$59 single, \$69 double, \$79 triple.

TAC's name will likely be changed at the convention. Leading candidates are "U.S. Track and Field Federation" and "USA Track & Field."

The 1993 National Masters LDR Championships have already been awarded for the 8K, 8K X-C, 10K, half-marathon, marathon and 50 miles. The Masters LDR Committee will consider bids on other standard distances. For more info, contact Kirk Randall (address on page 2).

TAC Executive Director Ollan Cassell, who has long been under fire, was given a vote of confidence by the TAC Executive Committee in September and is expected to be retained as Director for another term by TAC's Board of Directors in Louisville.

For more info on the Convention, call TAC at (317) 261-0500.



Richard Brown, 52, of Oregon, took second (49-0/14.94), M50 shot, TAC National Masters Championships, Spokane, Wash., August 13-16. National Masters News/Jerry Wojcik

Rankings Update

Please send decathlon, heptathlon, and regular pentathlon marks (single event and totals) which have not appeared in the NMN to Rex Harvey, 2662 Euclid Heights Blvd., Cleveland Heights, OH 44106.

Corrections for all 1992 indoor rankings will be published in the December



Masters chair Barbara Kousky, left, and Rules
Committee Chairman Graeme Shirley answer
questions at the Masters T&F meeting in
Spokane. Photo by Gretchen Snyder



Don Cumley, 72, of Nevada, shown here at the Hayward Meet, Eugene, Ore., in June, is currently ranked in the top three M70-74 shot putters with a 12.56/41-2½, his winning put at the Nationals in Spokane in August.

National Masters News/Jerry Wojcik

Dartmouth Relays and Leverone Field House



Since its inception in 1970, the Dartmouth-United States Track & Field Federation Relay Meet has grown from a field of 300 competitors to the top indoor attraction in the Northeast. Dartmouth Coach Clark Wallin, who serves as the director, expects over 3,500 participants for this year's event.

Leverone Field House, site of the Dartmouth Relays, is considered one of the finest and fastest indoor facilities in the East. The Astro-trak is a six-lane, 220-yard layout comprised of three-eighths inch poured-in-place polyurethane.

At the west end of the field house is a 17,440-square foot area of astroturf for weight events. The track also includes a 60-yard sprint and hurdles segment. The track and outlaying area is rust red color, providing the perimeter for the long jump, high jump and pole vault pit plus runway on the green infield. Leverone Field House was designed by Pier Luigi Nervi, who gained fame for his creation of the complex used for the 1960 Olympic Games in Rome.

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For further information call or write Carl Wallin, Head Track Coach, Dartmouth College, Alumni Gym, Hanover, NH

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THE FOOT BEAT

by JOHN W. PAGLIANO, D.P.M.

Achilles' Paratendinitis

I'm a fifty-two-year-old male sprinter. During a high-speed workout a few months ago, I felt a pain in my left Achilles' tendon area. I stopped training for two weeks, then began again with slow jogging which I was able to tolerate well. However, when I tried an easy sprint, the pain came back. I have developed a small lump on the inside of the tendon, and the pain has decreased to a point where I can now do light sprinting. Can I steadily increase my training. level? Can you recommend any treatment that might help me?

What you have developed is an Achilles' paratendinitis. The Achilles' itself has no synovial sheath, and the inflammation you describe is in the soft, connective tissue known as the paratenon.

Inflammation of the paratendinous tissue can cause pain and swelling in the back of the Achilles. The tendon can also become thickened in that area, and be sore to the touch. In severe cases, the area can also become extremely swollen and distended, with a "creaking" along the tendon.

I usually recommend three to six weeks of complete rest, with hydrotherapy and ultrasound to increase blood circulation in the affected area. You have to remember that as you age, the circulation in the Achilles' tendon decreases and it takes much longer to heal. Apply moist heat to the back of the tendon for 20 minutes a day.

Using a heavy-duty training shoe with a 1/8-inch heel lift will help reduce stress on the tendon. Once the pain subsides, start off your training routine with some easy jogging, preceded by a half-mile walk to loosen up the tendon. Ice down the afflicted area for five minutes after each workout session.

Achilles' paratendinitis is an injury that you must take care of in the pro-

Ten Years Ago

- Mike Manley, M40, Runs a 2:17:32 in the Beijing, China Marathon
- The San Diego Track Club Sets U.S. Masters 100 Mile Relay Record
- Ken Prior (41, 54:05.6) and Laurie Binder (W35, 55:21.5)
 Capture Masters Titles in Bobby Crim 10-Miler
- A New U.S. M60 Half-Marathon Mark of 1:21:19 is Set by Jack Start, 61

per manner, or it will tear again and cause even more problems. The nodule or "bump" that you describe may remain for quite a while; if it isn't tender to the touch, I wouldn't worry about it. Gradually increase your running level as long as you are pain free.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achiles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)



Rufus King III, winner (18:50) in the Judges-Men category, Nike Capital Challenge 3 Mile, Washington, D.C., September 17.

Photo by Bill Fitz-Patrick

Nike Capital Challenge

Calling a time out from monitoring the serious issues debate between Vice-President Dan Quayle and Murphy Brown, official Washington gathered in East Potomac Park on September 17 for the 12th running of the Nike Capital Challenge three mile. Over 600 runners on 140 teams took part. Among the entrants were over 40 members of Congress, a dozen Federal Judges, several White House teams decked out in special uniforms with team names like Tipper's Taboo and Hilary Too and Spotted Towels (Endangered Cleatsies). NASA fielded two teams one led by its top official, Administrator Daniel Goldin, and the other by Astronaut Charles Bolden. Bush Campaign co-chair, Representative Vin Weber (R-MN) followed his team, The inVINcibles, to victory in the House Division.

Joining in the fun was official "whistle blower" and starter, Olympian Pattisue Plumer, who jumped in at the back of the pack ofter getting the field underway. Teams had to be captained by a U.S. Senator, Representative, Cabinet Member, or Sub-Cabinet presidential appointee, Federal Judge, or a Media person. A captain in this event is not an honorary position, as each VIP had to finish the course for their team to count.

Competition in the highly sought after and prestigicus Best and Worst team name categories was intense. The IRS's team "No Pain No Capital Gain" won Best honors and "Odor in the Court," Federal Court of Appeals Judge Glenn Archer Jr.'s entry, took the Worst title. Second best team name was "Way off the Record" captained by USA Today sportswriter Dick Patrick, which nipped "Tipper's Taboo and Hilary Too", a White House entry.

As always, the race had a festive air with a fife and drum band entertaining runners at the start and finish. Two race officials dressed as a Donkey and Elephant "worked" the race crowd. Political signs lined the start area with slogans like "When He Runs, Does Bill Clinton Inhale?", "If Ross Perot called a press conference in the forest, would the trees listen?", "Jim Baker has come back more times than Elvis", and "Tanks for the Memories — Mike



Representative Mike Synar (D-OK), fastest congressman (20:03), Nike Capital Challenge 3
Mile, Washington, D.C., September 17.
Photo by Bill Fitz-Patrick

Dukakis." Post race the runners sipped Perrier and munched on fruit and almond and chocolate croissants.

Oklahoma Democratic Representative Mike Synar, fresh from a tough primary win, ran to victory (20:03) in his division and was the fastest legislator. Senator Max Baucus (D-MT) won his tenth title (20:18) as fastest Senator, while Representative Susan Molinari (R-NY) was first woman Representative (26:37). Former presidential candidate Senator Bob Kerrey was the second Senator, running a swift 22:09. Kerrey of Nebraska led an elite Navy SEAL Team in combat in Vietnam until he was severely wounded, forcing the amputation of his right leg below the knee. With the use of a prosthesis, Kerrey is able to run quite well. The U.S. Department of Agriculture's "USDA Full of Crop" team led by General Counsel ·Continued on page 13

Colon Shines in Don Harris Memorial

by PETER TAYLOR

Francisco Colon, 76, of Utuado, P.R., was one of the top performers in the Philadelphia Masters Don Harris Memorial Track Classic, held August 30 in Wynnewood, Pa. The meet, which commemorates the longtime Philadelphia Masters competitor and good-will ambassador who passed away in June 1988, was conducted at Lower Merion H.S. under perfect weather conditions.

Colon won six events — the 100 (14.66), HJ (4-0), JT (33.84m), DT (27.78m), SP (9.78m), and the LJ (3.81m) — to top all masters in his age division. Joe Johnson, 47, downed Ken

Brinker, 45, in the 200, 23.0 to 23.2 Johnson also won the M45 100 (11.65) and LJ (5.74m).

Bob Bowen recorded a nice M40 triple, wining the 100 (11.83), 200 (23.6) and 400 (54.4). M70 standout Ed Matthews took his age division in the 100 (14.3) and 200 (29.4). Alabama invader Gordon Seifert, 64, high jumped 4-10 and ran the 400 in 1:04.3. Puerto Rican Gilbert Gonzalez, 79, turned in a 32.3

Louise Clark took the W30 sprints in 12.93, 26.8, and 1:04.1, while Marcia Hulse topped the W35s in 13.20 and 27.2. Jennifer Pinto, W40, turned in a 13.64 100, 27.9 200, and a 1:04.7 400.

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Capital Challenge

Continued from page 12

Alan Raul again won honors as the fittest team in Washington.

The Nike Capital Challenge highlights the ability of many of the nations's busiest leaders to stay fit, and raised \$7000 for the District of Columbia Special Olympics. Challenge sponsor, Nike, donated \$2500 in the names of the winners as well as paying all race expenses. All entry fees went to the District of Columbia Special Olympics.

- - From Jeff Darman

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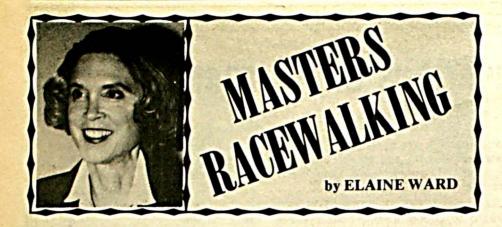
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North American Racewalking Championships

Recently, I received a letter inquiring how various racewalking events are designated as official "North American" championships. Because this subject is of great importance and interest to the entire racewalking community, I present the letter in its entirety and the response of Bob Fine, North American Racewalking Chairman:

I read with interest in the July issue of NMN the results of the North American Masters 10K Racewalking Championships in Van Nuys Calif., on June 7. This set me to thinking that, despite the fact that I am most active in racewalking in Canada and belong to the Canadian Masters Athletic Association, the Ontario Masters Track and Field Association and the Ontario Racewalkers, receiving each of their publications, as well as the National Masters News, I had never heard of the North American 10K Racewalking Championships prior to reading the results. So I began to check.

A look back through your paper as far as January revealed that this competition had not once appeared in the 'Future Events' listings. Then I checked with the editors of the three publications of the organizations to which I belong as well as with the Technical Advisor and racewalking editor of 'Athletics', the official publication of Athletics Canada, the governing body of track and field in Canada. None of them had received any information concerning this event. Which means, that Canadians, so far as I can ascertain, knew nothing of it. Certainly

none of the results contain the name of a Canadian.

Yet the 10K racewalk rankings which appeared in your June issue show four Canadians in the first three or four in their age groups. And at the TAC 10K championships in Niagara Falls July 11, no less than six Canadians finished in the first three in their masters age divisions.

Which leads me to ask two questions. 1) Who sanctioned these races as North American Championships? (It couldn't have been WAVA, or we would have heard about them.) 2) How can you call something a North American Championship if you fail to let Canadians know it is taking place? I look forward with interest to the answers.

Stuart Summerhayes Cambridge, Ontario

I am the North American Racewalking Chairperson. Each year I send out application forms to all the racewalking clubs and activists I know of, seeking their sponsorship of various North American Racewalking Championships.

People are not falling all over each other to sponsor these events. I usually award the various events (3,5,8,10,15, 20K) on a first-bid basis. Each meet director is responsible for publicity. I advise the National Masters News about the events.

These events are, in effect, sanctioned by WAVA. (I was given the authority to issue such sanctions by David Pain, former North American Chairman.)

The only Canadian group I know which is involved in racewalking is the Burlington Runners. They have never responded to my inquiries.

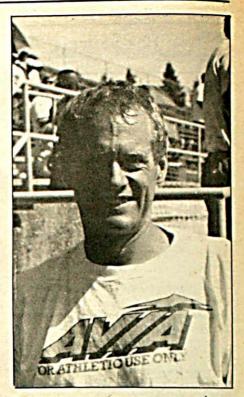
If you, or any group you're associated with, would be interested in hosting any of these events, please contact me. I will be more than happy to place you on my mailing list and would give preference to a Canadian sponsor.

I look forward to working with you in better publicizing these events.

Bob Fine 3250 Lakeview Blvd. Delray Beach, FL 33445

(The dates of the North American Championships are available in the Ohio Race Walker and the Southern California Racewalking News. — EW.)

(The Van Nuys meet notice may have been lost in the mail, because NMN publishes advance notice of all Association, Regional, National and WAVA racewalks that we know of. It's our opinion that no event should bear the title "WAVA North American Championships" unless it is a major, well-promoted, well-attended, well-organized event. Assigning North American Championship status to several small racewalking events each



Ray Funkhouser, 41, Toms River, N.J., won the M40-44 5000 track walk and the 20K road walk, National Masters Championships, Spokane, August 13-16. Funkhouser was fourth (1:31:57) in the U.S. Olympic Trials, New Orleans, June 25.

National Masters News/Jerry Wojcik

year dilutes the prestige of the name "WAVA North American Champion-ship." Unless a group is willing to devote considerable resources to staging a major racewalk, perhaps Championship status should be limited to the racewalks held at the biennial North American Track & Field Championships. This is a matter for the WAVA North American Regional Council.—Al Sheahen, NMN Editor.)

Racewalking Pros and Cons

Correspondence continues to come in regarding masters judging. The following suggestions are from an 84-year-old racewalker from South Africa.

JUDGING

I think a study should be made by a panel of orthopedic doctors and racewalk judges to discover whether people suffering from leg-stiffness and arthritic bent knees really gain an unfair advantage. This is the crux of the

One solution to the "bent-leg" problem among the older competitors, who in the opinion of the judges should be DQed, is to allow the walker to complete the course and thus not suffer the ignominy of being hauled off. Further, he should be given his official time, but he should not receive a medal even if he finishes in the first three. At least it would give the walker the consolation of completing the race, which is a great consideration for some walkers.

Many competitors have to travel great distances at considerable expense to compete in the masters international races. To be DQed and not allowed to finish the race seems excessive. For example: In 1989 at the National Masters TAC Championships in San Diego, there were two others besides myself

who were DQed: Francis Scully of Australia and Peter Tearle of New Zealand, both of whom travelled 8000 miles to reach San Diego.

For all my moans about DQs, I have one piece of good news — the doctors assure me that after my knee joint replacement, my left leg should only be at the most two degrees short of straight, instead of the ten degrees prior to the operation! However, postop, my stride length has decreased from 108 cm to 84 cm, a loss of about 9 inches. My strides per minute have fallen from 145/150 down to 120.

Both of these factors are no doubt due to the fact that the knee has not yet regained its former condition; in fact, it is still warm to the touch. My doctor has told me that I must not exercise at more than a brisk walk until such time that the swelling has completely subsided. This has been going on for six months and is most distressing.

There is one critical factor for us in South Africa. Before we can go to Japan we have to be accepted by the IAAF. On page 21 of the July NMN it was reported that the IAAF has provisionally accepted South Africa, but this has to be ratified at the IAAF Congress next year in Stuttgart.

Connor Johnston South Africa

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North American Region Reorganized

by REX HARVEY, NCCWAVA President

gignificant changes were made to what was formerly called the North American Region of WAVA in Jalapa, Mexico, the site of this year's North American Championships August 19-23.

Masters Organization

For those new to, or unfamiliar with, the overall organization of our sport, here is a little snapshot of the structure of masters (veterans) track and field. As you know, we are an evolving organization and it is sometimes hard to keep up.

The governing body for worldwide track and field (or "athletics" as it known in other countries) is the International Amateur Athletic Federation (IAAF). The IAAF is separate from the International Olympic Committee (IOC), but a major feature of IAAF activity is to work closely with the IOC to ensure successful staging of athletics events at the Olympic Games.

The IAAF has an eleven-person Veterans Committee, chaired by Cesar Moreno Bravo of Mexico. However, the responsibility of organizing and regulating the sport of masters (women over 35 and men over 40) is the function of the World Association of Veteran Athletes (WAVA).

WAVA was independently organized at the grassroots level 15 years ago. It has rapidly grown by providing a desired service to its members.

Both the IAAF and WAVA are subdivided into the same regions: Asia, Europe, North and Central America, Oceania (mainly New Zealand and Australia), South America, and Africa.

Regional Organization

Along with elections of new officers, and Standing Committee Chairs considerable reorganizing was done at the business meetings held at this year's

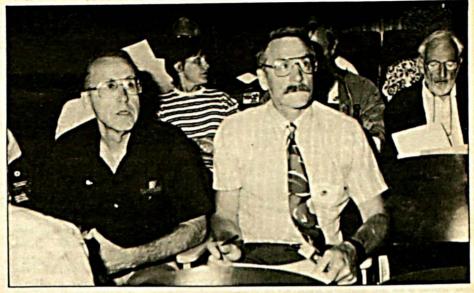
WAVA North American Championships. The old Constitution was completely dropped and an entirely new Constitution adopted. The new Constitution was drafted by Brian Oxley, circulated for comments, then modified first by the Executive Committee and finally by the General Assembly. There was a lot of work by many people to create the resulting Constitution and many compromises were made as the document was closely debated, point by point.

In the new Constitution, the name was changed to more accurately reflect the actual membership in the organization. Our regional organization will now be known as the North and Central American and Caribbean Regional Association of WAVA, or NCCWAVA for short.

Its basic organization encourages action in behalf of the athlete, not in behalf of the bureaucracy. It contains many checks and balances that were lacking before. It should serve us well as we move ahead developing masters track and field in our geographical area of the world. Anyone interested in the actual text of the Constitution can contact me or any of the NCCWA-VA officers for a copy.

The by-laws are being developed for the new Constitution and I will report when they are finished.

As President, I have exercised the option of also serving as the Regional Delegate to the WAVA Executive Council as provided in the new Constitution. So please, everyone in the Region, let me know your ideas and I



The General Assembly meeting in Jalapa, Mexico. From left: Charles DesJardins, Barbara Kousky, Rex Harvey, Phil Mulkey (behind Harvey), Bob Boal.

will pass them along to WAVA. I cannot work for your concerns if I don't know them.

Thanks

I want to personally thank all those who were responsible for the very enjoyable Regional Championships that were held in Mexico this year. The meet director, Mr. Marcelino Contreras and his group of organizers, administrators, and officials worked very long and hard on the meet and truly deserve our thanks.

The Mexican team conducting the meet included Lorenzo Amaya, WAVA world champion in the steeplechase and a Mexican Athletes Representative; Carlos Brito, to whom

entries were sent; Bernardo Contreras, Marcelino's twin brother and close lieutenant, Bernardo Contreras Jr., who did a fine job of translating many hours each day; Francisco Corishi, who also did considerable volunteer translation; Bethuel Cruz, who, along with others, helped late into the night with the demanding job of multi-event scoring; Gregorio Orazco, who organized the exceptional opening ceremony; Antonio Villanueva, who, in addition to being a masters world - record holder in several distance events, is the Sports Director for the city of Jalapa and did yeoman work in conducting the meet; and Hector Villanueva, who served as the Technical Director of the

Continued on page 16

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MIC 2x3 Canada

Bridget Cushen

West Croydon.

Surrey, England

IAAF Delegate:

Cesar Moreno Bravo

S. Andres 136-3

04200 Coyoacan DF-Mexican

156 Mitcham Road

Al Sheahen

3250 Lakeview Blvd. Delray Beach, FL 33445

VICE-PRESIDENT (Stadia):

Bill Taylor 17 Poplar Farm Close Milton-under-Wychwood Oxford, OX7-6LX Great Britain

VICE PRESIDENT (Non-Stadia):

Jacques Serruys Postbox 7 B8000, Brugge, Belgium

SECRETARY:

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DELEGATE OF: NORTH AMERICA

Brian Oxley 66 Felicity Dr. Scarborough, Ontario MIH 1E3 Canada

SOUTH AMERICA

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Hans Axmann Eichendorrfstrasse 2 D-800 ANSBACH Federal Republic of Germany

WOMEN'S Delegate: OCEANIA:

Jim Blair 43 Emslie Road Pinehaven, Upper Hutt New Zealand

AFRICA:

Col. Pascal Mackonguy BP 1222 Brazzaville Rep Pop Du Congo

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Minutes of WAVA Non-Stadia Committee Meeting — Birmingham, England — August 29, 1992

Present: Jacques Serruys (chair), Ruth Anderson, Norman Green, Fred Jesbera, Manfred Steffny, Win Verhoorn, plus Cesare Beccalli and Hans Axmann of the WAVA Council.

Road Race Championships

Serruys said the first separate WAVA Road Race Championships held August 29-30 in Birmingham at 10K and 25K were approved by the General Assembly in Turku last year.

Road Walks in Championships

The committee voted to recommend to WAVA that a 20K road walk for women and a 30K walk for men be added to the Road Race Championships — held in even-numbered years. Walks were offered in Birmingham without world championship status.

1994 Championships

The Committee recognized that waiting for the 1993 WAVA General Assembly to select a site for the 1994 Championships would leave too little time for an organizer to prepare. Beccalli proposed this committee make a recommendation for 1994 to the WAVA Council, and then let the General Assembly in Miyazaki decide on 1996. The

Final Schedule for WAVA World Veterans Athletics Championships Miyazaki, Japan — Oct. 7-17, 1993

Thu Oct 7 Decathlon/Heptathlon 10,000 finals

Fri Oct 8 Decathlon/Heptathlon 10,000 finals

Sat Oct 9 200 heats (women) 800 heats
LJ, JT
Opening ceremony

Sun Oct 10 200 finals (women) 200 heats/semis (men) 800 finals (women) 800 semis (men) HH (semis/finals) HJ (men)
PV (women) SP, XC

Mon Oct 11 200 finals (men)
800 finals (men)
300/400H semis
5000 finals
10K/20K Road Walk
PV (men)
HJ (women)
DT

Tue Oct 12 No competition
Meetings: Stadia,
Non-stadia, Women,
Regions

Wed Oct 13 100 heats/semis Steeplechase finals 300/400H finals TJ, HT

Thu Oct 14 No competition General Assembly

Fri Oct 15 100 finals 400 heats/semis 1500 semis

Sat Oct 16 400 finals 1500 finals 5000RW finals Weight Pentathlon* Social Function

Sun Oct 17 Marathon
4x100 Relay
4x400 Relay
Closing Ceremony
*Unofficial event

Committee agreed to recommend Toronto for 1994, subject to a site-selection visit by Serruys and also either Steffney, Verhoorn or Green in early November. If Toronto is deemed unacceptable, Brugge, Belgium was offered by Serruys as a back-up.

WAVA World Cross-Country

Championships

There is talk of moving the WAVA Cross-Country Championships from the summer Track & Field Championships, held in odd-numbered years, to the IAAF Cross-Country Championships, held in even-numbered years. Hungary, host of the 1994 IAAF event, has agreed to stage an official masters championship race if WAVA and the IAAF agree.

Having cross-country at the summer games adds competitors who also may participate in other events. A separate cross-country event adds travel costs. Having our championships associated with the IAAF "open" world championships gives us more coverage in the media. Green said the 1992 Boston race had been a success (where an "unofficial" masters race was held) because 1) veterans demostrated to younger runners that running is a life-long activity; 2) the quality of older runners can be a motivator to younger athletes; 3) our veterans had the opportunity to watch the open championships the next day.

The Committee agreed to recommend that the WAVA cross-country championships be held with the IAAF Championships on a continuing basis.

Ultra-distance Events

The International Association of Ultrarunners (IAU) intends to establish regional and world championships and is seeking WAVA support in the form of our sanction. Should we merely sanction their events or organize our own? The Committee decided to postpone the matter to its next agenda after Beccalli clairifies the IAU status with IAAF.

Age-Group Confusion

When do athletes change age-group? WAVA rules say on an athlete's birthdate on the first date of competition. But some countries use January 1. Germany will again offer an amendment to the WAVA rules in Miyazaki, proposing that the year of birth, rather than the date of birth, determine an athlete's age. IAAF has agreed to abide by WAVA rules.

from Norman Green, Secretary, WAVA Non-Stadia Committee



Chinese-Taipei placed third in the medal tally with a total of 104, 7th Asian Veterans Athletic Championships, Singapore, June 11-14.

Photo by Hari Chandra

Czechoslovakia to Host European Road Championships

The city of Upice, Czechoslovakia was the sole bidder and will host the biennial European Veterans Road Racing Championships in late May, 1993.

The successful bid was approved by the General Assembly of the European Veterans Athletics Association (EVAA) at its annual meeting on June 30 in Kristiansand, Norway, site of this year's EVAA Track and Field Championships.

There were two bids for the next EVAA T&F Championships in 1994—from Athens, Greece; and Banska-Bystrica, Czechoslovakia. After discussion, Athens was chosen.

The T&F Championships are held in even-numbered years, while the Road Championships are staged in oddnumbered years.

Hans Axmann, EVAA Chairman, was congratulated by the group on his 70th birthday and was presented the first EVAA golden pin as a token of appreciation for his outstanding work on behalf of European Veterans.

Organizers from the 1993 WAVA World Veterans Championships in Miyazaki, Japan were on hand to promote next year's event.

The EVAA now has 23 affiliates with 54 delegates entitled to vote. The Assembly decided there will be no EVAA affiliation fee as the same amount will be paid by IAAF through WAVA EVAA.

From Andre Findeli, EVAA Secretary

North American Region

Continued from page 15

meet and took positive action with every situation he faced. Forgive me for not mentioning by name the many others who also made major contributions.

As has been mentioned before, the meet was not technically perfect in many ways, but it was warm, friendly, and embodied a lot of why we do masters track and field. The mingling of friends, ideas, customs, and cultures

through the medium of hard-fought, but amiable, competition was, and is, our organization at its best. Almost everyone, after a couple of days, was able to relax and let events happen at their own pace. The opening ceremony was classic, certainly the longest and most varied that I have ever witnessed. It was a most interesting and enjoyable pageant.

Edmonton in 1994

The NCCWAVA Championships are held each even-numbered year (between WAVA World Championships) and will be held next in Edmonton, Alberta, Canada, tentatively August 3-7, 1994. The Canadian organizers are working hard to make the Edmonton Championships a first class competitive meet to top off the 1994 season. For many of us it will provide, not only an excellent chance for good performances, but also a chance to visit this progressive Canadian city on the edge of the northern plains near the beautiful Canadian Rockies.

In conclusion, I thank all of those who supported me in my successful bid for the Presidency of NCCWAVA. My success is actually yours. I will work hard for the organization, and hope to show that I am worthy of your confidence.

X WORLD VETERANS CHAMPIONSHIPS MIYAZAKI, JAPAN — OCTOBER 7-17, 1993 TRAVEL TOGETHER AND SAVE!!!

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Minutes of the General Assembly

North and Central American and Caribbean Region Association of WAVA (NCCWAVA)

The General Assembly meeting of the above Regional Association was held in Jalapa, Mexico, on August 20, 1992, chaired by acting President Don Farquharson.

Cesare Beccalli, WAVA President, and Cesar Moreno Bravo, IAAF Veterans Committee Chairman, asked the Assembly to be aware of WAVA-IAAF ties. They promised financial assistance from the IAAF to our region.

Shoichi Chuman of Japan promised an outstanding WAVA World Veterans



Rex Harvey, 45, of Cleveland, Ohio, long jumping in the WAVA North American Masters T&F Championships, Jalapa, Mexico, August 19-23.

Championships next year in Miyazaki, Japan.

The chair ruled the standing committee chairs could not vote on Assembly business. Bob Fine challenged the ruling, saying all officers should vote since they are the ones that do the work. The challenge was upheld, 12-6.

Brian Oxley, regional delegate to WAVA, reported on the WAVA Council meeting in Miyazaki in May, 1992.

Zeno Constance, Secretary, distributed copies of the minutes of the 1991 meeting held in Turku, Finland.

In the absence of Al Sheahen, Treasurer, Farquharson distributed Sheahen's financial report.

Elections were held, with the following results:

Quote of The Month

'The runner, the thrower and the jumper are unconditionally alone. No one can help them. No one can make them look better than they really are. No one can throw a block for them or pinch-hit them out of a tight spot. A running contest personifies Everyman's life struggle the life struggle conceived on an ideal, almost Platonic plane. In life, the best man often loses; on the track he nearly always wins. There is no one pulling strings or playing the angles on the track. No referee blows a whistle; no coach's favorite gets the starting halfback or forward or shortstop assignment. There is no sign directing anyone to the back of the bus. What could be more democratic?" - John Telford

The Longest Dash

President: Rex Harvey (USA) 11; Brian Oxley (CAN) 6.

Vice-President: Marcelino Contreras (MEX). (Don Farquharson declined nomination.)

Secretary: Zeno Constance (TRI) unopposed.

Treasurer: Jack Loman (CAN) 10, Phil Raschker (USA) 9.

Standing Committee Chairs:

Stadia: Don Farquharson (CAN) 10, Barbara Kousky (USA) 9.

Non-Stadia: Norman Green (USA) unopposed.

Multi-Events: Liz McGlain (CAN) unopposed.

Racewalking: Bob Fine (USA) unopposed.

Women: Ruth Anderson (USA) unop-

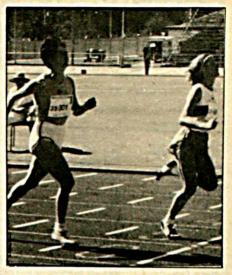
Brian Oxley, on behalf of the Executive Committee, presented Marcelino Contreras with a pair of track shoes as a token for his hard work in planning a successful Regional Championship.

After discussion and debate, the new Constitution was adopted. Green thanked Oxley and Harvey for their hard work getting the Constitution to its final stages.

Harvey agreed to serve as the regional representative to the WAVA Council as specified in the new Constitution.

Antonio Garcia of Costa Rica said his

later for the \$24 subscription price.



Athalie van Beuge nips (60.98) R. Koekemoer (61.19) for the W35 400 first, South African Masters Championships, Krugersdorp, May 8-9.

Photo by Leo Benning

country is interested in hosting the 1996 Regional Championships.

Harvey said he and Oxley would be working to complete the official draft of the new Constitution.

-Respectfully submitted by Zeno Constance, Secretary

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ATHLETES WHO	ENTER A	A NEW	DIVISION	THIS	MONTH,	NOV. 1992	2

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
JAN BUSTAD (PUYALLUP, WA)	11-13-47	45-49
IRENE CRANE (MILWAUKIE, OR)	11-19-17	75-79
MYRRHA EBERLY (LOS GATOS, CA)	11-30-32	60-64
MARGARITA EKISS(W. AMHERST,NY) LYNN GRAHAM(FRESNO,CA) GAIL GUSTAFSN-RODD(SAN FRANCISCO,CA)	11- 1-47	45-49
CALL CUSTAFON-DODDISAN FDANCISCO CAL	11-23-42	50-54
GAIL HOLM(US)	11-23-42	55-59
	77 77 74	FO F4
SUSANNE HUNTER (LINCOLN, MA) SUSAN KIEFFER (BEVERLY HILLS, CA)	11-17-42	50-54
HELEN KLEIN (CITRUS HTS, CA)	11-30-42 11-17-42 11-27-22 11-23-52 11-1-27 11-19-27 11-21-42 11-13-42	70-74
FRANCIE LARRIEU-SMITH(TX)	11-23-52	40-44
BARBARA NEUHAUSE (HOUSTON, TX)	11-1-27	65-69 65-69
BARBARA NEUHAUSE (HOUSTON, TX) LUCILLE SAMPSON (MIDDLETOWN, OH) KATHY SHIPP (TEMPE, AZ)	11-19-27	50-54
KATHY SHIPP (TEMPE, AZ)	11-13-42	50-54
CAROL STRAUD (SARATOGA, CA) ELIZABETH SZWALOWSKI (MIDDLESEX, MA) MARILYN WALLACH (BURLINGAME, CA) MAVIS COLLINS (AUS) CHEN DAVIDSON (AUS)	11-11-32	60-64
MADII VN WALLACU (BIDI INCAME CA)		
MAVIS COLLINS (AUS)	11-4-52	75-79
GWEN DAVIDSON (AUS)	11-28-22	70-74
GWEN DAVIDSON (AUS) HEATHER DUCAT (AUS)	11-11-47	45-49
LINDA FINDLEY (CAN)	11-28-47	45-49
WILFRIEDE HOFFMANN (WG)	11-27-32	60-64 45-49
DOROTHY HOLMES (GB)	11-21-47	45-49
JANE HOLMES (GB)	11- 2-32	60-64
LIESELOTTE LIESS(WG) ARMANDO ALDEGALEGA (POR)	11-23-37	EE-EO .
OTIS CHANDLER (LOS ANGELES CA)	11-23-27	65-69
ARMANDO ALDEGALEGA (POR) OTIS CHANDLER (LOS ANGELES, CA) DEREK CLAYTON (AUS) BOB CURRAN (SEPULVEDA, CA) FELIX ERAUSQUIN (SPA) GORDON FARRELL (VAN NUYS, CA) AL FEOLA (PLACENTIA, CA)	11-17-42	50-54
BOB CURRAN (SEPULVEDA, CA)	11-26-22	70-74
FELIX ERAUSQUIN(SPA)	11-20- 7	85-89 75-79
GORDON FARRELL (VAN NUYS, CA)	11-23-17	60-64
AL FEOLA (PLACENTIA, CA)	11- 0-32	85-89
WALTER FREDERICK (PICO RIVERA, CA) BILL GILLIGAN (W. ROXBURY, MA) BERT MORROW (CAN-SAN MARCOS, CA) JOSEF NECEK (CZE) HANS NORDENGEN (NOR) GHULAM RAZIK (PAKISTAN) TORMOD RESELL (NOR)	11-3-7	
BILL GILLIGAN (W. KOXBURY, MA)	11-23-17	80-84
JOSEF NECEK (CZE)	11- 4-27	65-69
HANS NORDENGEN (NOR)	11-30-17	75-79
GHULAM RAZIK(PAKISTAN)	11-11-32	60-64
TORMOD RESELL(NOR)	11- 5- 7	85-89
TORMOD RESELL(NOR) HANNO RHEINECK(WG)	11-17-42	50-54
HARVEY SCHELLENBERG (REEDLEY, CA)	11-10-32	60-64 50-54
DAVID SIRL(NZ)	11- 9-42	80-84
TORMOD RESELL(NOR) HANNO RHEINECK(WG) HARVEY SCHELLENBERG (REEDLEY, CA) DAVID SIRL(NZ) FRITIOF SJOSTRAND (SWE-LA, CA) WILSON VIBLE (WILMINGTON OFL)	11- 8-17	
WILSON VIBLE (WILMINGTON, DEL) JANIS ZIRNIS (URS)	11-28-47	45-49
OWNIS CIKNIS (OKS)	11 20 41	

Masters Age Records 1991

(1992 Edition)

Compiled by WAVA and TAC Masters T&F Records Chairman Pete Mundle with Don Henry, Shirley Dietderich, Gordon Wallace and Alan Wood.

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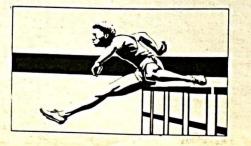
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WORLD & U.S. OUTDOOR & INDOOR RECORDS

by Peter Mundle)

*		(set in 1992	2 Compiled	I
MEN'S 1992 WORD EVENT 100 meters 200 meters 200 meters 400 meters 400 meters 1500 meters 1500 meters 5000 meters 5000 meters 5000 meters 5000 meters 2K steeplechase 300m hurdles 300m hurdles 300m hurdles 300m hurdles 4 steeplechase 300m hurdles 4 steeplechase 4 steeplechase 5 steeplechase 6 steeplechase	GROUP MARK M75 13.4 M40 21.86 M45 22.10 M75 28.18 M45 50.24 M65 2:17.8 M65 4:39.9 M65 4:39.9 M65 4:56.4 M75 5:57.2 M65 9:47.4 M65 16:38.8 M75 20:21.62 M75 9:46.9 M80 13:24.59 M80 83.53 M80 71.9 M80 4-0 1/4 M95 14-6 M60 5-6 1/4 M95 14-6 M60 170-1 M95 33-10 1/4	COMPETITOR(STATE) Payton Jordan(USA) Bill Collins(TX) Stan Whitley(USA) Payton Jordan(USA) Payton Jordan(USA) Payton Jordan(USA) Stan Whitley(USA) Derek Turnbull(NZL) Loerek Turnbull(NZL) Derek Turnbull(NZL) Derek Turnbull(NZL) Loerek Turnbull(NZL) Derek Turnbull(NZL) Loerek Turnbull(NZL) Derek Turnbull(NZL) Loerek Turnbull(NZL) Loerek Turnbull(NZL) Derek Turnbull(NZL) Loerek Turnbull(NZL) Derek Turnbull(NZL) Loerek Turnbull(NZL) Loerek Turnbull(NZL) Derek Turnbull(NZL) Loerek Turnbull(NZL) Derek Turnbull(NZL) Derek Turnbull(NZL) Loerek Turnbull(NZL) Derek Turnbull(NZL) Derek Turnbull(NZL) Loerek Turnbull(NZL) Loerek Turnbull(NZL) Derek Turnbull(NZL) Loerek Turnb	MEET DATE	一日 一日 一日 日本
EVENT 100 meters 100 meters 100 meters 200 meters 200 meters 800 meters 1500 meters 2000	GROUP MARK	COMPETITOR (STATE) Evelyn Ashford (USA) Evelyn Ashford (USA) Polly Clarke (USA) Evelyn Ashford (USA) Evelyn Ashford (USA) Evelyn Ashford (USA) Evelyn Ashford (USA) Joyce Hals (USA) Shirley Brasher (AUS) Yekatarina Podkopayeva (URS) Heather Mathews (NZ) Vicki Bigelow (USA) Ivy Granstrom (CAN) Ivy Granstrom (CAN) Jose Waller (GB) Shirley Brasher (AUS) Jose Waller (GBR) Ivy Granstrom (CAN) Kim Rupert (USA) Antoinette Shaw (AUS) Margaret Orman (NZL) Patricia Peterson (USA) 1.50 Leonore McDaniel (USA) 1.50 Leonore McDaniel (USA) 1.51 Leonore McDaniel (USA) 1.52 Anna Wlodarczyk (POL) 1.31 Ruth Frith (AUS) 3.319 Margaret White (USA) 4.304 Janice Davis (USA) 4.304 Helen Searle (AUS) 6.488 Tessa Sandersy (PDL)	MEET DATE 7-31-92 8-14-92 8-13-92 8-15-92 4-19-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92 8-16-92	いからの はいことを これには できる できない これのできる これの 一人
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nammer throw nammer throw lavelin throw lavelin throw lavelin throw	W40 132-3 W75 58-4 3/4 W45 121-4 W55 101-0 W65 88-0	40.30 Joan Stratton(CA) 17.80 Betty Jarvis(NC) 36.98 Lurline Struppeck(LA) 30.80 Christel Miller(CA) 26.82 Mavis Lorenz(MT)	8-1-92 5-23-92 5-2-92 7-11-92 8-16-92	

MEN'S 1992 WO	RLD INDOOR RECORDS	AS OF SEPT. 30, 1992	
EVENT	GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Maribotti Guiseppi(ITA) Vittorio Colo(ITA) Stan Whitley(USA) Fred Sowerby(USA) Fred Sowerby(USA) Ken Baker(USA) Barl Fee(CAN) James Sutton(USA) Scott Tyler(CAN) Tom Patsalis(USA) 1.80 Vittoriano Dovrandi(ITA) 1.22 Wesley Ward(USA) 4.65 Richard Christoph(USA) 3.02 Boo Morcom(USA) 2.40 Carol Johnston(USA) 3.57 Karl Trei(CAN) 7.65 Vittorio Colo(ITA) 9.27 Leon Joslin(USA) Ray Funkhouser(USA) Max Green(USA)	MEET DATE
60 meters	M75 p8.9	Maribotti Guiseppi(ITA)	2-23-92
200 meters	M45 p22.70	Stan Whitley (USA)	2-23-92 4- 5-92
400 meters	M40 p50.16	Fred Sowerby (USA)	2-22-92
800 meters	M60 2:16.64	Earl Fee (CAN)	3-22-92
60m hurdles	M50 8.83	Scott Tyler (CAN)	4- 4-92
high jump	M50 p5-11	1.80 Vittoriano Dovrandi(ITA)	4- 4-92
pole vault	M80 4-0 M40 15-3	1.22 Wesley Ward(USA) 4.65 Richard Christoph(USA)	2-15-92
pole vault	M70 9-11 M80 7-10 1/2	3.02 Boo Morcom(USA) 2.40 Carol Johnston(USA)	3- 7-92
triple jump	M80 11-8 1/2 M80 p25-1 1/4	3.57 Karl Trei(CAN)	3-10-92
3K racewalk	M80 30-5 M40 p12:42 62	9.27 Leon Joslin(USA)	2-22-92 4- 5-92
3K racewalk	M60 p14:44.51	Max Green (USA)	4- 4-92
WOMEN'S 1992 W	ORLD INDOOR PECOPI	OS AS OF SEPT. 30, 1992	and a language
EVENT	GROUP MARK	SOMPETER	
60 meters	W45 no 25	COMPETITOR (STATE)	MEET DATE
60 meters	W65 10.03	Phil Raschker (USA) Patricia Peterson (USA)	4- 4-92
200 meters	W65 35.25	Patricia Peterson(USA) Patricia Peterson(USA)	3-23-92
400 meters	W60 80.26	Carolyn Sue Cappetta (USA) Betty Vosburgh (USA)	1-10-92
400 meters	W70 1:44.86	Patricia Peterson(USA) Carol Peebles(USA)	4- 4-92
1500 meters	W65 3:30.74 W65 p6:53.0	Dottie Gray(USA)	4-5-92
3000 meters	W55 11:45.94 W55 p11:39.6	Molly Turner (CAN)	4- 5-92
high jump	W65 14.9 W45 4-10	Patricia Peterson(USA)	2-22-92 4- 4-92
pole vault	W35 p8-0 W40 8-0 1/2	2.44 Phil Raschker (USA)	3-14-92
pole vault	W45 p9-0 1/4	2.75 Phil Raschker (USA)	2-16-92
pole vault	W55 5-1 1/2	1.56 Lucy Ann Brobst (USA)	2-16-92
long jump	W60 12-4 3/4	3.78 Betty Vosburgh (USA)	2-23-92
triple jump	W45 p33-10 1/2	9.89 Phil Raschker (USA)	2-23-92
triple jump	W60 25-3 1/2 W65 22-1 1/2	7.71 Betty Vosburgh (USA) 6.74 Helgi Pedel (CAN)	4- 3-92
3K racewalk	W65 27-6 W35 p16:18.85	8.38 Helgi Pedel(CAN)	3- 9-92
JK Tacewalk	W40 p14:23.33	Vilsha Sedlak (USA)	4- 4-92
1002 !! 6 71:00	。 (1)		
1992 0.5. 1MDO	OR RECORDS	AS OF SERM 30 1003	Company of the second
EVENT	OR RECORDS	COMPETITOR(STATE) Phil Raschker(USA) Patricia Peterson(USA) Dorly Beeches(USA) Dorly Brechbuehl (CAN) Molly Turner(CAN) Miniotti Bruna(ITA) Patricia Peterson(USA) 1.47 Phil Raschker(USA) 2.44 Phil Raschker(USA) 2.45 Phil Raschker(USA) 2.75 Phil Raschker(USA) 3.78 Detry Vosburgh(USA) 3.78 Betty Vosburgh(USA) 3.78 Betty Vosburgh(USA) 3.79 Phil Raschker(USA) 3.71 Betty Vosburgh(USA) 4.71 Betty Vosburgh(USA) 4.74 Helgi Pedel(CAN) Mataji Graham(USA) Viisha Sedlak(USA) AS OF SEPT. 30, 1992	p=pending
EVENT 60 meters	GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE)	P=pending MEET DATE
EVENT	OR RECORDS GROUP MARK M80 9.97 M40 23.02 M45 p22.70	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins(TX) Stan Whitley(CA)	p=pending MEET DATE 4- 5-92 4- 5-92
EVENT 60 meters 200 meters 200 meters 200 meters	OR RECORDS GROUP MARK 180 9970 M40 2370 M45 P22.70 M80 33.87 M49 P1:57.03	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins(TX) Stan Whitley(CA) Barry Ivers(ME) Ken Popejoy(IL)	P=pending MEET DATE 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92
EVENT 60 meters 200 meters 200 meters 800 meters 800 meters 800 meters	OR RECORDS GROUP MARK MB0 9.97 M40 23702 M45 P2270 M80 33.87 M40 91:57.03 M55 2:08.9 M60 2:17.09	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins(TX) Stan Whitley(CA) Barry Ivers(ME) Ken Popejoy(IL) Ken Baker(NJ) James Sutton(PA)	P=pending MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 3-22-92 4-5-92
EVENT 60 meters 200 meters 200 meters 800 meters 800 meters 800 meters 1500 meters	OR RECORDS GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins(TX) Stan Whitley(CA) Barry Ivers(ME) Ken Popejoy(IL) Ken Baker(NJ) James Sutton(PA) Joe King(CA)	MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 3-22-92 4-5-92 4-4-92 4-4-92
EVENT 60 meters 200 meters 200 meters 800 meters 800 meters 800 meters 1500 meters 1500 meters 1500 meters 1500 meters	OR RECORDS GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers (ME) Bill Collins (TX) Stan Whitley (CA) Barry Ivers (ME) Ken Popejoy (IL) Ken Baker (NJ) James Sutton (PA) James Sutton (PA) Joe King (CA) Albin Swenson (CT) Jim Forshee (MI)	MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 3-22-92 4-4-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92
EVENT 60 meters 200 meters 200 meters 800 meters 800 meters 800 meters 1500 meters	OR RECORDS GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers (ME) Bill Collins (TX) Stan Whitley (CA) Barry Ivers (ME) Ken Popejoy (IL) Ken Baker (NJ) James Sutton (PA) James Sutton (PA) Joe King (CA) Albin Swenson (CT) Jim Forshee (MI) Ted Hatlen (CA) 1.22 Ham Morningstar (MI)	MEET DATE 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 4-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 3-92 4- 4-92 4- 3-92 4- 3-92 4- 3-92
EVENT 60 meters 200 meters 200 meters 200 meters 800 meters 800 meters 800 meters 1500 me	OR RECORDS GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) BATTY IVERS (ME) BATTY IVERS (ME) BATTY IVERS (ME) Stan Whitley (CA) BATTY IVERS (ME) Ken Popejoy(IL) Ken Baker (NJ) James Sutton (PA) James Sutton (PA) Joe King (CA) Albin Swenson (CT) Jim Forshee (MI) Ted Hatlen (CA) 1.22 Ham Morningstar (MI) 1.22 Wesley Ward (IN) 4.65 Richard Christoph (OH)	MEET DATE 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 4-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 15-92 4- 15-92 4- 15-92
EVENT 60 meters 200 meters 200 meters 200 meters 800 meters 800 meters 800 meters 1500 me	OR RECORDS GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) BAITY IVERS (ME) BIL COLLING (TX) Stan Whitley (CA) Barry IVERS (ME) Ken Popejoy (IL) Ken Baker (N) James Sutton (PA) James Sutton (PA) Joe King (CA) Albin Swenson (CT) Jim Forshee (MI) Ted Hatlen (CA) 1.22 Ham Morningstar (MI) 1.22 Wesley Ward (IN) 4.65 Richard Christoph (OH) 3.02 Boo Morcom (PA) 2.40 Carol Johnston (CA)	MEET DATE 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 4-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 4-92
EVENT 60 meters 200 meters 200 meters 200 meters 800 meters 800 meters 800 meters 1500 me	OR RECORDS GROUP MARK 9.97 M40 23.02 M45 p22.70 M80 33.87 M40 p1:57.03 M55 2:08.9 M60 2:17.09 M60 4.44.19 M65 p5:02.50 M45 p9:04.72 M65 p1:12.03 M80 p14.86 M75 4-0 1/4 M80 4-0 M40 15-3 M70 9-11 M80 7-10 1/2 M70 p31-11 3/4 M75 727-5 1/2	AS OF SEPT. 30, 1992 COMPETITOR(STATE) BAILY IVERS (ME) BILL COLLINS (TX) STAN Whitley (CA) BARRY IVERS (ME) KEN POPEJOY (IL) KEN BAKEY (N) James Sutton (PA) James Sutton (PA) Joe King (CA) Albin Swenson (CT) Jim Forshee (MI) Ted Hatlen (CA) 1.22 Ham Morningstar (MI) 1.22 Wesley Ward (IN) 1.22 Wesley Ward (IN) 1.23 Boo Morcom (PA) 2.40 Carol Johnston (CA) 9.75 Tom Patsalis (CA) 9.75 Tom Patsalis (CA) 9.75 Tom Patsalis (CA) 9.75 Robert Sorien (RI)	MEET DATE 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 4-92 4- 4-92 4- 5-92 4- 4-92 4- 5-92 4- 4-92 4- 15-92 4- 4-92 4- 1-92 3- 1-92 3- 7-92 4- 4-92 4- 3-92 4- 4-92 4- 3-92 3- 1-92 3- 7-92 4- 4-92 4- 3-92 3- 7-92
EVENT 60 meters 200 meters 200 meters 200 meters 800 meters 800 meters 1500 m	OR RECORDS GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR (STATE) BAILY IVERS (ME) BILL COLLINS (TX) Stan Whitley (CA) Barry IVERS (ME) Ken Popejoy (IL) Ken Baker (NJ) James Sutton (PA) James Sutton (PA) Joe King (CA) Albin Swenson (CT) Jim Forshee (MI) Ted Hatlen (CA) 1.22 Ham Morningstar (MI) 1.22 Ham Morningstar (MI) 1.22 Wesley Ward (IN) 4.65 Richard Christoph (OH) 3.02 Boo Morcom (PA) 2.40 Carol Johnston (CA) 9.75 Tom Patsalis (CA) 8.37 Robert Sorlien (RI) 11.32 Richard Lee (OR)	MEET DATE 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 5-92 4- 4-92 4- 4-92 4- 5-92 4- 4-92 4- 3-92 2-15-92 3- 7-92 4- 4-92 4- 4-92 4- 4-92 4- 4-92 4- 4-92 4- 4-92 4- 4-92 4- 4-92 4- 4-92 4- 4-92 4- 4-92 4- 4-92
EVENT 60 meters 200 meters 200 meters 200 meters 800 meters 800 meters 1500 m	OR RECORDS GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR (STATE) Barry Ivers (ME) Bill Collins (TX) Stan Whitley (CA) Barry Ivers (ME) Ken Popejoy (IL) Ken Baker (NJ) James Sutton (PA) Joe King (CA) Albin Swenson (CT) Jim Forshee (MI) Ted Hatlen (CA) 1.22 Ham Morningstar (MI) 1.22 Wesley Ward (IN) 4.65 Richard Christoph (OH) 3.02 Boo Morcom (PA) 2.40 Carol Johnston (CA) 9.75 Tom Patsalis (CA) 8.37 Robert Sorlien (RI) 13.32 Richard Lee (OR) 9.27 Leon Joslin (WA) 13.86 Bill McWilliams (US)	Pepending MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-7-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-5-92 4-5-92
EVENT 60 meters 200 meters 200 meters 200 meters 800 meters 800 meters 1500 m	OR RECORDS GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins TX Stan Whitely (CA) Barry Ivers (ME) Ken Popel (IL) Ken Baker (NI) James Sutton (PA) Joe King (CA) Albin Swenson (CT) Jim Forshee (MI) 1.22 Ham Morningstar (MI) 1.22 Wesley Ward (IN) 4.65 Richard Christoph (OH) 3.02 Boo Morcom (PA) 2.40 Carol Johnston (CA) 9.75 Tom Patsalis (CA) 8.37 Robert Sorlien (RI) 13.32 Richard Lee (OR) 9.27 Leon Joslin (WA) 11.86 Bill McWilliams (US) 16.78 Cliff Blair (MA) 9.42 Nolan Fowler (TN)	Pepending MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-4-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-5-92 4-5-92
EVENT 60 meters 200 meters 200 meters 200 meters 800 meters 800 meters 1500 m	OR RECORDS GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins (TX) Stan Whitley (CA) Barry Ivers(ME) Ken Popelsy (IL) Ken Baker(NI) James Sutton (PA) James Sutton (PA) James Sutton (PA) Joe King (CA) Albin Swenson (CT) Jim Forshee (MI) Ted Hatlen (CA) 1.22 Ham Morningstar (MI) 1.22 Wesley Ward (IN) 4.65 Richard Christoph (OH) 3.02 Boo Morcom (PA) 2.40 Carol Johnston (CA) 9.75 Tom Patsalis (CA) 8.37 Robert Sorlien (RI) 13.32 Richard Lee (OR) 9.27 Leon Joslin (WA) 13.86 Bill McWilliams (US) 16.78 Cliff Blair (MA) 9.42 Nolan Fowler (TN) 7.18 Leon Joslin (WA)	MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92
EVENT 60 meters 200 meters 200 meters 200 meters 800 meters 800 meters 1500 m	OR RECORDS GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins(TX) Stan Whitley(CA) Barry Ivers(ME) Ken Popejoy(IL) Ken Baker(N) James Sutton(PA) Joe King(CA) Albin Swenson(CT) Jim Forshee(MI) Ted Hatlen(CA) 1.22 Ham Morningstar(MI) 1.22 Wesley Ward(IN) 4.65 Richard Christoph(OH) 3.02 Boo Morcom(PA) 2.40 Carol Johnston(CA) 9.75 Tom Patsalis(CA) 8.37 Robert Sorlien(RI) 13.32 Richard Lee(OR) 9.27 Leon Joslin(WA) 13.86 Bill McWilliams(US) 16.78 Cliff Blair(MA) 9.42 Nolan Fowler(TN) 7.18 Leon Joslin(WA) COMPETITOR(STATE)	MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92
EVENT 60 meters 200 meters 200 meters 200 meters 800 meters 800 meters 800 meters 1500 me	GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins(TX) Stan Whitley(CA) Barry Ivers(ME) Ken Popejoy(IL) Ken Baker(N) James Sutton(PA) James Sutton(PA) Joe King(CA) Albin Swenson(CT) Jim Forshee (MI) Ted Hatlen(CA) 1.22 Ham Morningstar(MI) 1.22 Ham Morningstar(MI) 1.22 Wesley Ward(IN) 4.65 Richard Christoph(OH) 3.02 Boo Morcom(PA) 2.40 Carol Johnston(CA) 9.75 Tom Patsalis(CA) 8.37 Robert Sorlien(RI) 13.32 Richard Lee (OR) 9.27 Leon Joslin(WA) 13.86 Bill McWilliams(US) 16.78 Cliff Blair(MA) 9.42 Nolan Fowler(TN) 7.18 Leon Joslin(WA) COMPETITOR(STATE) Irene Thompson(NY) Phil Rascher(GA)	MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-6-92 4-6-92 4-4-92 4-4-92 4-4-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92
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EVENT	GRUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins(TX) Stan Whitley(CA) Barry Ivers(ME) Whitley(CA) Barry Ivers(ME) Exen Popejoy(IL) Ken Baker(NJ) James Sutton(PA) Joe King(CA) Albin Swenson(CT) Ted Hatlen(CA) 1.22 Ham Morningtar(MI) 1.22 Ham Morningtar(MI) 1.22 Boo Morcom(PA) 2.40 Carol Johnston(CA) 2.75 Tom Patsalis(CA) 8.37 Robert Sorlien(RI) 13.32 Richard Lee(OR) 9.27 Leon Joslin(WA) 11.32 Richard Lee(OR) 9.27 Leon Joslin(WA) 11.38 6 Bill McWilliams(US) 16.78 Cliff Blair(MA) 9.42 Noian Fowler(TN) 7.18 Leon Joslin(WA) COMPETITOR(STATE) Irene Thompson(NY) Phil Raschker(GA) Mary Luker(TX) Betty Vosburgh(GA) Patricia Peterson(NY) Marcia Hulse(OH) Phil Raschker(GA) Betty Vosburgh(GA) Patricia Peterson(NY) Betty Vosburgh(GA) Patricia Peterson(NY) Betty Vosburgh(GA)	MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-4-5-92 4-4-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-5-92 4-5-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-5-92 4-5-92 4-5-92 4-4-92 4-4-92 4-4-92 4-4-92 4-5-92 4-5-92 4-5-92 4-5-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-5-92
EVENT	GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins(TX) Stan Whitley(CA) Barry Ivers(ME) Barry Ivers(ME) Barry Ivers(ME) Barry Ivers(ME) Ken Bopejoy(IL) Ken Baker(RJ) James Sutton(PA) Joe King(CA) Albin Swenson(CT) Jim Forshee (MI) 1.22 Ham Morningstar(MI) 1.22 Ham Morningstar(MI) 1.22 Ham Morningstar(MI) 1.22 Boo Morcom(PA) 2.40 Carol Johnston(CA) 9.75 Tom Patsalis(CA) 8.37 Robert Sorlien(RI) 13.32 Richard Lee(OR) 9.27 Leon Joslin(WA) 13.86 Bill McWilliams(US) 16.78 Cliff Blair (MA) 9.42 Nolan Fowler (TN) 7.18 Leon Joslin(WA) COMPETITOR(STATE) Irene Thompson(NY) Phil Raschker(GA) Mary Luker(TX) Betty Vosburgh(GA) Patricia Peterson(NY) Marcia Hulse(OH) Phil Raschker(GA) Betty Vosburgh(GA) Patricia Peterson(NY)	MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92
EVENT 60 meters 200 meters 200 meters 200 meters 800 meters 800 meters 800 meters 1500 me	GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins(TX) Stan Whitley(CA) Barry Ivers(ME) Barry Ivers(ME) Barry Ivers(ME) Barry Ivers(ME) Barry Ivers(ME) Barry Ivers(ME) Ken Baker(N) James Sutton(PA) Joe King(CA) Albin Swenson(CT) Jim Forshee(MI) Ted Hatlen(CA) 1.22 Ham Morningstar(MI) 4.65 Richard Christoph(OH) 3.02 Boo Morcom(PA) 2.40 Carol Johnston(CA) 9.75 Tom Patsalis(CA) 8.37 Robert Sorlien(RI) 13.32 Richard Lee(OR) 9.27 Leon Joslin(WA) 1.86 Bill McWilliams(US) 16.78 Cliff Blair(MA) 9.42 Nolan Fowler(TN) 7.18 Leon Joslin(WA) COMPETITOR(STATE) Irene Thompson(NY) Phil Raschker(GA) Betty Vosburgh(GA) Patricia Peterson(NY) Betty Vosburgh(GA)	Pepending MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92
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EVENT	GROUP MARK	AS OF SEPT. 30, 1992 COMPETITOR(STATE) Barry Ivers(ME) Bill Collins(TX) Stan Whitley(CA) Barry Ivers(ME) Ken Baker(N) James Sutton(PA) Joe King(CA) Albin Swenson(CT) Jim Forshee(MI) Ted Hatlen(CA) 1.22 Ham Morningstar(MI) 1.22 Wesley Ward(IN) 1.02 Boo Morcom(PA) 2.40 Carol Johnston(CA) 9.75 Tom Patsalls(CA) 8.37 Robert Sorlien(RI) 13.32 Richard Lee(OR) 9.27 Leon Joslin(WA) 18.66 Bill McWilliams(US) 16.78 Cliff Blair(MA) 9.42 Nolan Fowler(TN) 7.18 Leon Joslin(WA) COMPETITOR(STATE) Irene Thompson(NY) Phil Raschker(GA) Patricia Peterson(NY) Marcia Hulse(OH) Phil Raschker(GA) Betty Vosburgh(GA) Dottie Gray(MO) Joni Shirley(CA) Phil Raschker(GA) 1.47 Phil Raschker(GA) 1.47 Phil Raschker(GA) 1.47 Phil Raschker(GA) 1.47 Phil Raschker(GA) 1.56 Lucy Ann Brobst(NC) 1.33 Betty Vosburgh(GA) 9.89 Phil Raschker(GA) 1.11 Lucy Ann Brobst(NC) 7.71 Betty Vosburgh(GA) 1.217 Joan Stratton(CA)	MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-5-92 4-4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-1-92 4-5-92 4-5-92 4-4-92 4-5-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-5-92 4-4-92 4-5-92 4-5-92 4-4-92 4-5-92 4-5-92 4-1-92
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EVENT	GROUP MARK	AS OF SEPT. 30, 1992 AS OF SEPT. 30, 1992 COMPETITOR (STATE) Barry Ivers (ME) Ken Popejoy (IL) Ken Baker (NJ) James Sutton (PA) Joe King (CA) Albin Swenson (CT) Jim Forshee (MI) 1.22 Ham Morningstar (MI) 1.22 Wesley Ward (IN) 4.65 Richard Christoph (OH) 2.040 Carol Johnston (CA) 9.75 Tom Patsalls (CA) 8.37 Robert Sorlien (RI) 13.32 Richard Lee (OR) 9.27 Leon Joslin (WA) 16.78 Cliff Blair (MA) 9.42 Nolan Fowler (TN) 7.18 Leon Joslin (WA) COMPETITOR (STATE) Irene Thompson (NY) Phil Raschker (GA) Patricia Peterson (NY) Marcia Hulse (OH) Phil Raschker (GA) Patricia Peterson (NY) Betty Vosburgh (GA) Patricia Peterson (NY) Betty Vosburgh (GA) Dottie Gray (MO) Joni Shirley (CA) Phil Raschker (GA) 1.47 Phil Raschker (GA) 1.56 Lucy Ann Brobst (NC) 5.38 Phil Raschker (GA) 1.11 Lucy Ann Brobst (NC) 5.71 Betty Vosburgh (GA) 9.89 Phil Raschker (GA) 1.17 Joan Stratton (CA) 9.17 Anne Cirulnick (NY) 9.57 Bernice Holland (OH) 7.98 Libby Hagemann (MA) mittees of WAVA and TAC; Pete Mundl	MEET DATE 4-5-92 4-5-92 4-5-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-4-92 4-5-92 4-5-92 4-4-92 4-5-92 4-4-92



MAS

No

5 km 5 km 5 km 10 km 10 km 10 km 12 km 12 km 12 km 12 km 15 km 25 km 30 km 50 km 50 km 100 km 100 mi 110 mi

5 km 5 km 5 km 6 km 10 km 10 km 10 km 12 km 12 km 20 km 20 km 100 km 120 mi 100 mi 100 mi 100 mi 120 mi 120

5 km
5 km
8 km
8 km
10 km
12 km
12 km
12 km
15 km
15 km
25 km
30 km
100 km
100 mi
50 mi
100 mi
half mar
marathon
marathon
24 hr

5 km 5 km 8 km 8 km 10 km 10 km 12 km 12 km 12 km 20 km 30 km 50 km 100 km

National Long Distance Running Records and Bests COMPILED BY TACSTATS / USA 915 RANDOLPH RD. SANTA BARBARA CA 83111, [805 683-5868]

Key to Codes
R = Ratified U.S. Record or Best
P = Pending - application or more info

		P = U =		or more information nee be ratified	ded		a/c = All-come a = Perform			itizen) y wind and/or slope, not eli	igible for reco	wd			
MASTE	RS MEN				1		I ner	THE	CORDER	TO MAKE THE RES	400	HETATE	RCODE	Detair	DOLLE
DIST	TIME GRPREC	NAME	AGE HSTATE	RCODE	RSTATE	RDATE	DIST	TIME (GRPREC	NAME NORM GREEN	AGE 55	HSTATE PA	WASHINGTON	RSTATE	RDATE 032788
472			cords (non-U.S. ci		HOIRIE	MUNIE	50 mi	5:53:08	R	ALEX RATELLE	57	MN	CHICAGO	L	100481
5 km 8 km	13:55 R 23:12 P	JOHN CAMPBELL (NZL) NICK ROSE (GBR)		FT MYERS VIRGINIA BEACH	FL VA	021691	100 mi half mar		U R	RICHARD COZART NORM GREEN	58 55	FL PA	ATLANTA PHILADELPHIA	GA PA	091888
10 km	29:00 R	JOHN CAMPBELL (NZL)		BOSTON	MA	040890	maration maration		R	NORM GREEN NORM GREEN	55 55	PA PA	LINCOLN MINNEAPOLIS	NE MN	050188 101187
10 km 15 km	29:00 44:14	PIERRE LEVISSE (FRA) PIERRE LEVISSE (FRA)		MOBILE PORTLAND	AL OR	032892	24 hr	171,539 m		RICHARD COZART	58	FL.	ATLANTA	GA	092488
15 km 10 mi	4428 - 47:55 R	NICK ROSE (GBR) JOHN CAMPBELL (NZL)		TAMPA FUNT	FL MI	021502					Men 60-6	4			
half mar	1:02:28 R	JOHN CAMPBELL (NZL)		PHILADELPHIA	PA	082590 091690	5 km 8 km	17:00 F 28:15 U		JIM O'NELL JIM O'NELL	61	CA CA	CARLSBAD SAN DIEGO	CA	060186
maration	214:33 R	JOHN CAMPBELL (NZL)	State of Marie	LOS ANGELES	CA	000091	8 km	28 28a	R	ALEX RATELLE	61	MN .	PLYMOUTH	MN	071485 062486
April 1		Service Comments of the	Men 40-44				10 km 12 km	3427 I		JIM O'NEIL JOE POWERS	60	CA	ALAMEDA ITASCA	CA	080485 100685
5 km	14:40 P	DOUG BELL	. 40 CO	APPLETON	W	091491	12 km	44:40a 46:38		PATRICK DEVINE GEOFFREY ETHERINGTON	60	CA	LOS ANGELES SOUTHINGTON	CA	042389
5 km 5 km	14:45.9 R 13:56a P	JIM PEARSON DOUG BELL	40 FL 41 CA	JACKSONVILLE FONTANA	FL CA	061089 060892	15 km	5423		CLIVE DAVIES	62	OR	PORTLAND	CT OR	071590 062578
8 km 10 km	23:51 R 29:57 R	BILL RODGERS BARRY BROWN	40 MA	INDIANAPOLIS	IN	092488	20 km 20 km	1:17:29 1:16:55	The second second	PATRICK DEVINE HUBERT MORGAN	62	CA PA	MEDFORD WILKES-BARRE	OR PA	040899
10 km	29:48 U	BILL RODGERS	40 NY	ASBURY PARK DAVENPORT	N	081884 100188	25 km 25 km	13527 1	The second second	JIM O'NEL	61	CA	EUGENE	OR	090786
10 km	29:50a R 36:29a	TRACY SMITH GARY ROMESSER	CA IN	NEW ORLEANS EVANSVILLE	LA IN	040487 050992	30 km	15922	R	PATRICK DEVINE	60	CA	MINNEAPOLIS VENTURA	CA	091486 021289
12 km 15 km	37:19 R 45:58 R	LARRY ALMBERG BILL STEWART	40 WA	SPOKANE	WA	050890	50 km	3:48:56 1 3:45:55a 1		FRANS PAUWELS ALEX RATELLE	62	OR MIN	ROSEBURG DULUTH	OR MN	041881 102288
20 km	1:03:58 R	LARRY OLSEN	40 MI	TAMPA NEW BEDFORD	FL MA	020583	100 km	93125 I 858:04 I	U	GEORGE BILLINGSLEY	60	CA	YAKIMA	WA	042582
25 km 30 km	12125 U 13825a R	BRUCE MORTENSON BRUCE MORTENSON	41 MN	MINNEAPOLIS MINNEAPOLIS	MN MN	091585 100685	10 mi	58:55	R	RAY PIVA JOHN HOSNER	60	CA VA	SAN FRANCISCO WASHINGTON	CA	042091
30 km 50 km	1:39:20 R 3:00:00 R	ROBERT SCHLAU	e sc	CLARKSBURG	CA	111289	20 mi 50 mi	the state of the s	R U	JM FORSHEE FRANS PAUWELS	8 0	MI OR	MINNEAPOLIS PORTLAND	MN OR	101286
50 km	2:59:36a R	JEFF WALL BRUCE MORTENSON	40 CA 44 MN	SAN FRANCISCO DULUTH	CA MN	110682 102288	50 mi 100 mi	6:56:06	R	FRED NAGELSCHMIDT	6	CA	FOUNTAIN VALLEY	CA	102978 122786
100 km 10 mi	6:3821 R 49:46 R	BERND HEINRICH BARRY BROWN	41 VT 40 NY	CHICAGO WASHINGTON	IL DC	100481	hall mar	1:17:04	U R	ROBERT JOHNSON GAYLON JORGENSEN	60 65	FL NV	ATLANTA PHILADELPHIA	GA PA	091888
10 mi 20 mi	49:41a P 1:42:08 R	DOUG BELL	41 CO	AUSTIN	TX	033185	maration 24 hr	24244 182,901 m	R	CLIVE DAVIES JIM MAGANAS	64	OR	PORTLAND SYLVANIA	OR OH	102879
50 mi	5:10:13 R	BARRY BROWN BERND HEINRICH	40 NY 41 VT·	MINNEAPOLIS CHICAGO	MN	093084 100481		Service W	*	Application Laboratory			Addition of the last		081980
100 mi half mar	13:15:50 R 1:06:25 R	ROY PIRRUNG BARRY BROWN	40 WI	QUEENS	NY	040189					Men 65-6			0.100	
maration maration	217:02 R	KENNETH JUDSON	40 PA	MANCHESTER HUNTSVILLE	VT AL	091684 120890	5 km 8 km	18:20.6 F	The second second second	WARREN UTES CLIVE DAVIES	69 67	OR OR	PARK RIDGE PORTLAND	L OR	093089 052283
12 hr	2:15:15a R 144,840 m R	BARRY BROWN ROY PIRRUNG	40 NY 40 WI	MINNEAPOLIS QUEENS	MN	093084 040189	10 km	35:52 U		CUVE DAVIES CUVE DAVIES	66 67	OR OR	PORTLAND PORTLAND	OR OR	052382 050583
24 14	247,876 m R	ROY PIRRUNG	e w	MILTON KEYNES	GB	050380	15 km	55:16 F	R	CLIVE DAVIES	65	OR	PORTLAND	OR	062881
1000			Men 45-49	The Section Co.	35 4 5 to 1 4		20 km 20 km	120:53 U 125:02 U		NORMAN BRIGHT PAUL REESE	66 69	CA CA	WASHINGTON MEDFORD	DC OR	052276 041287
5 km	15:17.9 14:34a R	BARRY BROWN STEVE LESTER	45 FL 45 UT	FREEPORT/LUCAYA MAGNA	UT	022490 092488	25 km 30 km	1:41:39 1:58:12	1000	ALEX RATELLE CUVE DAVIES	66	MN OR	MINNEAPOLIS PORTLAND	MN OR	091890 020682
5 km 8 km	15:26.8 R 25:32 R	STEVE LESTER	46 UT	CARLSBAD	CA	040289	50 km	4:10:34		VICTOR HARKOFF	65	WA	SEATTLE	WA	010585
8 km	24:56.8 U	BRUCE MORTENSON SAL VASQUEZ	45 MN 47 CA	NAPLES LOS ALTOS	FL CA	011489 012487	100 km 100 km	13:44:08 15:03:46		FRANK RODRIGUEZ GEORGE KNOX	65 60	CA OH	SAN FRANCISCO COLUMBUS	CA OH	042091
10 km	30:51 U 30:10a R	SAL VASOUEZ STEVE LESTER	45 CA	KENTFIELD MAGNA	CA	052785 070488	10 mi 50 mi	1:02:07 7:27:10		WARREN UTES FRED NAGELSCHMIDT	60 65	CA	PARK FOREST FOUNTAIN VALLEY	CA	090489 051990
10 km	31:06 R 38:47 R	SAL VASQUEZ STEVE LESTER	45 CA	ALAMEDA SPOKANE	CA WA	080485 050188	100 mi	23:03:25	A	WILFREDO RIOS CLIVE DAVIES	68 65	NY OR	OUEENS LAKE OSWEGO	NY OR	092785
15 km 20 km	4728 U 1:06:05 U	SAL VASQUEZ HAL HIGDON	45 CA	ROSS CHESTERTON	CA IN	031685 100480	half mar	12029a I	R	JAMES TALLEY MICHAEL BERTOLINI	65 65	CA	FONTANA PHILADELPHIA	CA PA	041986 091585
25 km	12224 R	DAN CONWAY	47 W	MINNEAPOLIS	MN	091486	marathon		R	CLIVE DAVIES	66	OR	EUGENE	OR	091381
30 km 30 km	1:42:33 R 1:41:41 U	MIKE HEFFERNAN SAL VASQUEZ	46 OR CA	MINNEAPOLIS CLARKSBURG	MN CA	101286 111686	100				Men 70-7	74		100	
50 km 100 km	3:10:15 U 8:06:25 PD	MEL WILLIAMS JAMES EDMONSON	46 VA 47 CA	CHESAPEAKE SAN FRANCISCO	VA CA	040184 042190	5 km		R	WARREN UTES	70	Ŀ	PARK RIDGE CHICAGO	- 4	093090 031091
100 km	82229 R	LARY WEBSTER	49 WA	YAKIMA	WA	042463	Skm 8 km	30:25 34:09	R	WARREN UTES SANDY MACLEAN	70	NH NH	CONCORD	NH	112182
10 ml 20 mi	51:41 P 1:49:10 R	JIM BOWERS	47 CA	STOCKTON	MN	011887 093084	10 km	37:49 41:09	P R	WARREN UTES ALFRED FUNK	70	M	LIBERTYVILLE BOZEMAN	MT	092390
20 ml 50 mi	1:49:10 R 5:29:44 PD	DAN CONWAY ROGER ROUILLER	45 WI 47 GA	MINNEAPOLIS CHICAGO	MN L	093084 101385	12 km	58-51	R	DON BRADLEY	70	CA	ITASCA SOUTHINGTON	EL CT	100586 071590
100 mi	14:58:34 U D	DONJEWELL	46 NY	QUEENS	NY	110784	12 km 15 km	54:58 58:13	P	ED VUOLO WARREN UTES	70	L	MICHIGAN CITY	IN	062391
half mar	1:08:47 U 1:09:15 R	JIM BOWERS OSCAR MOORE	45 CA	CHICO PHILADELPHIA	CA PA	09084	15 km 20 km	1:01:49.9	R	CLIVE DAVIES WARREN UTES	17 70	OR L	PORTLAND CHICAGO	OR L	062987 071590
marahon marahon	225.50 U 221.32a R	JIM BOWERS JIM BOWERS	45 CA	DYERVILLE	CA MN	101484 061684	25 km	13959	R	CLIVE DAVIES	70	OR OR	EUGENE MINNEAPOUS	OR MN	090885 101286
marathon	228:46 R	JOHN BRENNAND	45 CA	EUGENE	OR	091381	30 km 50 km	43451	R U	CUVE DAVIES ED BENHAM	74	MD	WASHINGTON	DC	031382
12 hr 24 hr	105,096 m U 207,673 m U	STEPHEN DERENZO KEN BREWER	46 CA	OAKLAND ATLANTA	CA GA	112886 091888	100 km 10 mi	15:03:53	PD R	STEVE COLE WARREN UTES	71 70		SAN FRANCISCO PARK FOREST	CA L	041986
			Men 50-54				20 mi	223:54	R	CUVE DAVIES JOHN MELVILLE	71 70	OR CA	MINNEAPOUS FOUNTAIN VALLEY	MN CA	101296 051990
5 km	15.52 R	SAL VASQUEZ	50 CA	DAVIS	CA	111790	50 mi 50 mi		U	FAY STEELE	70.	TN	PANAMA		101266
5 km	15:32a PD	CATARINO GONZALEZ BILL OLRICH	50 CA 52 KY	FONTANA CINCINNATI	CA OH	060692	half mar marathon	120.000	PR	WARREN UTES WARREN UTES	71 07	ı.	ZION-LAKE BLUFF CHICAGO	L	102890
5 km 8 km	15:45a R 25:31 R	SAL VASOUEZ	50 CA	LOS ALTOS	CA	012090	100			Estate 1	M 75				
8 km 10 km	25:25a U 31:48 R	RAY HATTON RAY HATTON	51 OR 50 OR	EUGENE PORTLAND	OR OR	060583				TIMOTHY ROTH	Men 75-7	9	CARLSBAD	CA	032992
12 km	39:06a P	SAL VASQUEZ	50 CA 51 IN	SACRAMENTO CHICAGO	CA	042290 103182	5 km 5 km	2020	PD	ED BENHAM	76	MD	CLEARWATER	FL	020584
12 km 15 km	40:07 U 49:24 R	HAL HIGDON NORM GREEN	53 PA	PORTLAND	OR	063085	8 km 10 km	34:20.5 43:24	R	ED BENHAM ED BENHAM	78 75	MD MD	LIVERPOOL WASHINGTON	NY DC	092965 062563
20 km 25 km	1:05:50 R 1:24:12 R	NORM GREEN NORM GREEN	50 PA 51 PA	WASHINGTON WASHINGTON	DC	052983 052784	10 km	10124	R	EUGENE KELLER DUTCH BENEDETTI	75	OH CA	PITTSBURGH SAN GABRIEL	PA CA	092489 072890
30 km	1:46:42 U	NORM GREEN	51 PA 50 MA	NEW YORK WASHINGTON	NY DC	121783	15 km	1:06:34	R	ED BENHAM	75	MD	WASHINGTON	DC	100382
50 km 100 km	3:19:33 R 7:38:43 R	JOHN L SULLIVAN JOHN L SULLIVAN	50 MA	CHICAGO	L	100362	20 km 25 km	1:30:10	R	ED BENHAM ED BENHAM	75	MD MD	WASHINGTON RALEIGH	DC NC	052983 110682
10 mi 20 mi	52:53 R 1:51:44 R	NORM GREEN NORM GREEN	50 PA S2 PA	WASHINGTON MINNEAPOLIS	DC MN	032783 093084	30 km	228.00	R	ED BENHAM ED BENHAM	78 77	MD MD	SUGARLAND WASHINGTON	TX DC	120785 102384
50 mi	5:35:03 R	TED CORBITT	50 NY 50 NY	NEW YORK QUEENS	NY NY	101870 092488	50 km 10 mi	5:03:38 1:12:13	R	ED BENHAM	75	MO	WASHINGTON	DC	040184
100 mi 100 mi	17:19:00 R 17:02:54 U	DON JEWELL HERB FRED	. 53 TX	HOUSTON	TX	021983	20 mi 50 mi	24238	U R	ED BENHAM BEN MOSTOW	77	MO L	CHICAGO	MO L	122284
hall mar marathon	1:09:30 R 2:25:46a R	NORM GREEN JIM O'NEILL	52 PA 50 OH	PHILADELPHIA LAS VEGAS	PA NV	091684 020469	hell mar	13751	R	ED BENHAM ED BENHAM	75	MD MD	WILLIAMSBURG WASHINGTON	VA DC	031363
maration	229:11 R	NORM GREEN	51 PA	UNCOLN SAN DIEGO	NE CA	050981 120284	marahor		Ü	ED BENHAM	n	MO	SAN DIEGO	ä	120284
maration 24 hr	225.51 U 214,042 m R	NORM GREEN DON JEWELL	52 PA 50 NY	QUEENS	ΝΫ́	092488	47 47 3	10			Men 80-	84			
			Men 55-59			9'	5 km	22:28	U	ED BENHAM	80	MD	1	L	041788
5 km	16:09a U	JIM BROWNFIELD	55 CA	FONTANA DELAND	CA FL	040487 020490	5 lon	25:01.4	R	JOHN OVERTON	BI	, AZ	PHOENIX VIRGINIA BEACH	AZ VA	072887
5 km 8 km	16:38 R 26:33a U	NORM GREEN RAY HATTON	57 PA 55 OR	EUGENE	OR	060687	8 lun 10 lun	36:35 45:28	R	ED BENHAM ED BENHAM	81 80	MD MD	ASBURY PARK	N	031889 080887
8 km	27:00 R	NORM GREEN	57 PA 56 PA	NAPLES KENTFIELD	R	011390	12 km	1:00:55a 1:09:05	P	MEL SHINE CYRIL WOODS	80	CA OR	SACRAMENTO PORTLAND	CA OR	042989 050583
10 km	3322 R 3253a R	NORM GREEN NORM GREEN	57 PA	PITTSBURGH PORT TOWNSEND	PA WA	092489	15 lm	1:07:00a	Ü	ED BENHAM		MO	CUMBERLAND	MO	100898
12 km	41:02 P 45:21 R	DAVID PITKETHLY KONRAD BALD	55 WA L	ITASCO -	-L	100586	15 km 20 km	1.07-22	R	ED BENHAM	E)	MD MD	WASHINGTON MEDFORD	DC OR	040791 040889
12 km	44:35 U	ORLO KENNISTON	58 WA 55 PA	PORTLAND WASHINGTON	OR DC	051985	25 km	223:43	R	MAX POPPER ED BENHAM	80	NY NO	NEW YORK WASHINGTON	NY	100283
15 km 20 km	50:45 R 1:08:06.7 R	NORM GREEN	56 PA	MEDFORD	OR OR	040889 091387	20 mi	418:00	Ü	IVOR WELCH BEN MOSTOW	M M	ũ	CLARKSBURG CHICAGO	ä	111879
25 km 30 km	1:29:56 P 1:46:33 R	RAY HATTON NORM GREEN	55 OR PA	EUGENE CLARKSBURG	CA	111386	hall mar	1:40:30	R	ED BENHAM	81	- MO	ORLANDO	Ř	121088
50 len 50 len	3:28:47a R 3:56:15 U	ROBERT BECKER CONRAD CARR	95 MO 95 MN	DULUTH BROOKLYN PARK	MH	102880	marsho		R	ED BENHAM ED BENHAM	80 M	MO MO	MINNEAPOUS	MA MA	101187 100891
100 km	93132 UD	JAMES MAGANAS	5 M	CHICAGO	L	101385	mesha		R	PAUL SPANGLER	10 M	CA	SAN FRANCISCO	CA	072463
		and the second s										AND DESCRIPTIONS		* * * * * *	

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ST.	TIME	GRPREC	NAME	AGE	HISTATE	NCODE	RSTATE	RDATE	DIST	TIME GRPF		AGE	HSTATE	RCODE	RSTATE	RDA
				Men 85-89				建筑的	30 lan 50 lan	2:19:00 U 4:38:23 P	HELEN DICK WEN-SHI YU	55 55	CA	PASADENA QUEENS	CA NY	0510 0310
	31:05 47:00	R	WILLARD BENTON PAUL SPANGLER	87	CA	CARLSBAD PALO ALTO	CA	041491	50 km 100 km	5:34:00 R 8:42:36	ADELE MILICEVIC SANDRA KIDDY	59	AZ CA	TUCSON PALAMOS	AZ SP	010
len len	58:50 1:32:00	R	PAUL SPANGLER PAUL SPANGLER	65 65	CA	RALEIGH EL PASO	NC .	050384	100 km 10 mi	10:55:00 U 1:08:50 R	RUTH ANDERSON TOSHIKO D'ELIA	5	CA	SAN FRANCISCO	CA	0411
lon	207:49	Ü	PAUL SPANGLER	55	CA	SACRAMENTO	CA	101384 032584	10 mi	1:04:42 U	MARION IRVINE	57	CA	WASHINGTON STOCKTON	CA	011
lera mi	4:39:30 3:44:31	R	PAUL SPANGLER PAUL SPANGLER	89 86	CA	CLARKSBURG CLARKSBURG	CA	111398 111785	20 mi 50 mi	229:53 R 928:57 U	TOSHIKO D'ELIA HELEN KLEIN	56 50	K	MINNEAPOLIS LELAND	MN MS	101:
mar aften	226:46 521:51	PU	MAX POPPER PAUL SPANGLER	85 85	NY CA	BROOKLYN SAN DIEGO	NY	031289	hell mar marefron	128-2 R 30721 R	MARGARET MILLER MARGARET MILLER	98 56	CA	SANTA MONICA SAN FRANCISCO	CA	082
			A Marie Co.			SAN DEGO	CA	120284	48 hr	234,755 m	MARY ANN MILLER	55	TX	DALLAS	TX	112
				Men 90-94					5 km 8 km	19:53 R 34:58 R	MARION IRVINE HELEN DICK	61	CA	CLARKSBURG THOUSAND OAKS	CA	111
	4246a 4032	P	JACOB BISHIN LLOYD WALTERS	90	CA MT	FONTANA TUCSON	CA	040891 012892	8 km	34:13 U	HELEN DICK	61	CA	LOS ANGELES	CA	111
	44:51		MARION MCANELLY	91	OK	STILWELL	OK	051191	10 km	40:37 R 1:02:44 R	MARION IRVINE JOSEPHINE MILES	60	CA	LIVERMORE	CA	102
		R R	PAUL SPANGLER PAUL SPANGLER	90	CA	PARAMOUNT	CA	032590 012090	12 km	59:11 P	ADELINE KEARNEY	63	CT	SOUTHINGTON	CT	071
				den 95 & ov					12 km 15 km	56:02a P 1:07:08 R	HELEN DICK WHAYONG SEMER	80	CA OH	LOS ANGELES TAMPA	CA FL	042
	54:32	P	HERB KIRK	95	MT	HELENA	М	062891	The state of the s	TO MAKE		W				
		ne Traile	HEAD NIAN			HELERA		Uszavi			MADOLDEZ LELLED	Women 6		WALENCIA		
TER	S - WO	MEN					-		20 km 25 km	129:08 U 2:03:41 R	MARGARET MILLER MARY STOREY	60 60	CA	VALENCIA SAN FRANCISCO	CA	002
			All-Comer's Re	cords (non l	U.S. citiz	ens)		T. With	30 km 50 km	22132 R 4:4952	MARGARET MILLER BEV LAMPE	60	CA WI	MINNEAPOLIS MADISON	MN	101:
			HEATHER MATTHEWS (NZ	ZL)		ALBANY	NY	060369	50 km	5:00:29 U	JOSEPHINE HESS	64	WA	YAKIMA	WA	042
		R R	PRISCILLA WELCH (GBR) PRISCILLA WELCH (GBR)		co	WASHINGTON PHOENIX	DC AZ	051489 030285	100 km 100 km	11:30:58 P 13:01:43 R	RUTH ANDERSON HELEN KLEIN	60	CA	SAN FRANCISCO CHICAGO	CA	100
		R	PRISCILLA WELCH (GBR) PRISCILLA WELCH (GBR)		со	JACKSONVILLE	FL	030985	10 mi	1:10:17 R	HELEN DICK	60	CA	ENCINO	CA	061
	1:13:07	R	PRISCILLA WELCH (GBR)		CO	WASHINGTON PHILADELPHIA	DC PA	040587 091586	20 mi 50 mi	23216 R 9:01:38 U	MARGARET MILLER HELEN KLEIN	60	CA	MINNEAPOLIS SACRAMENTO	CA	101
20	231:14	R	PRISCILLA WELCII (GBI)		co	CHICAGO	L	100FAG	hall mar hall mar	129:57 1:39:01 R	MARION IRVINE HELEN DICK	65	CA	WEOTT SANTA MONICA	CA	102
			V	Vomen 40-4	4	Box 9 F			marathon	3:15:30 R	HELEN DICK	60	CA	CHICAGO	CA	102
	6:54.5 R		AURIE BINDER		CA	CARLSBAD	CA	040289				Women 6	5.60			
	27:35 27:51 R		AURIE BINDER GABRIELE ANDERSEN		CA ID	SAN JOSE NAPLES	CA	061591 011390	10-21	2044	HELEN DICK	women c	CA	GARDENA	100	
3	34:16.6 P	-	AURIE BINDER	41	CA	MOBILE	AL	031889	5 km 5 km	22-44 23-33 R	MARY STOREY	65	CA	CARLSBAD	CA CA	070
3	3424 R	Contract of	BARBARA FILUTZE GABRIELE ANDERSEN	40	PA ID	PITTSBURGH ORLANDO	PA FL	092787 031189	8 km 8 km	37:09 P 39:33 R	HELEN DICK EDNA LAFLIN	65 65	CA	BURBANK	CA	05
	42:38 R 52:22 R		GABRIELE ANDERSEN LAURIE BINDER		ID CA	SPOKANE TAMPA	WA FL	050188	10 km	46:18 P	HELEN DICK	65	CA	LOS ANGELES	CA	05
-	1:15:29 R		NANCY MIESCZAK	40	NY	NEW HAVEN	CT	021189 090489	10 km 10 km	47:56 R 47:16 P	KAY ATKINSON HELEN DICK	65 65	CA CA	TORRANCE	CA CA	063
	1:31:59 R 1:56:37 R		NANCY OSHIER BARBARA FILUTZE		NY PA	GRAND RAPIDS MINNEAPOLIS	MI MN	051290 101286	12 km 12 km	1:00:32a P 1:01:08 R	MARY STOREY ALGENE WILLIAMS	65 69	CA	SAN FRANCISCO ITASCA	CA	10
- 1	1:56:37 R		GABRIELE ANDERSEN	41	ID	MINNEAPOLIS	MN	101286	15 km	1:1425 P	ADELINE KEARNEY	65	CT	JACKSONVILLE	R	00
	3:44:32 F 9:37:53 F		JAN KREUZ SUE ELLEN TRAPP	THE RESERVE OF THE PERSON OF T	OH FL	COLUMBUS	OH	103088 091789	15 km 20 km	-1:15:17 R 1:37:04 P	MARY STOREY HELEN DICK	66	CA	EDINA VALENCIA	MN CA	100
	8:58:35 P 56:06 P		SUE ELLEN TRAPP LAURIE BINDER		TL CA	OUEENS	NY	050590	25 km	210:56 U	GERRY DAVIDSON EDNA LAFLIN	65	CA	SAN DIEGO	CA	12
1	1:59:17 F	THE REAL PROPERTY.	GABRIELE ANDERSEN	40	10	FUNT	MN	082491 100685	30 km 50 km	247:51 U 5:11:50 U	JOSEPHINE HESS	65	WA	PHOENIX	AZ WA	100
	6:19:05 F		JAN KREUZ SUE ELLEN TRAPP	41	OH FL	COLUMBUS	OH	040989 050590	100 km 10 mi	1209:17 P 12022 R	HELEN KLEIN HARRIET WEVER	67	CA	SAN FRANCISCO WASHINGTON	CA DC	042
	1:18:00 F	A	BARBARA FILUTZE	40	PA	PHILADELPHIA	PA	091486	20 mi	3:02:01 U	JACLYN CASELU	66	CA	CLARKSBURG	CA	111
	1:13:57 2:37:13a		CAURIE BINDER GAIL LADAGE SCOTT	4	CA	PHILADELPHIA ST GEORGE	PA	091591 100087	50 mi	9:04:24 P 1:45:42 P	HELEN KLEIN HELEN DICK	67	CA	SAN FRANCISCO SANTA MONICA	CA	042
	239.52	R	LAURIE BINDER	4	CA	MINNEAPOLIS MINNEAPOLIS	MN	101490	half mar marathon	1:47:56a R 3:48:10 R	JOSEPHINE HESS HELEN DICK	67	WA CA	PORTLAND CHICAGO	OR	0929
	122,310 m		SUE ELLEN TRAPP	40	n	QUEENS	NY	091789	marathon	3:4724a R	MARCIE TRENT	65	AK	BOSTON	M	0418
THE PARTY NAMED IN	220,255 m	The state of		10 to	FL	OUEENS	NA DESCRI	091789		Section 1	0	Women 7		se ween including	i ili sittiya) i	is bas
			V	Vomen 45-4				era in	5 km	24:38 R	GERRY DAVIDSON	70	CA	CARLSBAD	CA	0414
	17:19 F	The second second	GABRIELE ANDERSON			ALBANY VIDGINIA BEACH	NY	050590	8 km 8 km	38:59 R 38:46	HEDY MARQUE HEDY MARQUE	73 74	VA VA	WASHINGTON ALEXANDRIA	DC VA	0512
2	28:35 U		BARBARA FILUTZE SHIRLEY MATSON		PA CA	VIRGINIA BEACH SAN DIEGO	VA CA	032192 101988	10 km 12 km	50:00.3 P	PAT DIXON	70	OR	EUGENE	OR	0513
	35:57 34:40a		BARBARA FILUTZE BARBARA FILUTZE		PA PA	WASHINGTON PITTSBURGH	DC PA	041292	15 km	1:01:57 R 1:22:55 R	ALGENE WILLIAMS ELLEN MCCOY	70	L	ITASCA EDINA	MH	1005
	4128 L		SHIRLEY MATSON	45	CA	SPOKANE	WA	092991 050586	15 km 15 km	1:18:59a R 1:16:35a	HEDY MARQUE HEDY MARQUE	72	VA	ALEXANDRIA	VA	0425
	44:34a F		JOAN COLMAN MAUREEN BIXBY	45	CA OK	SACRAMENTO TULSA	CA OK	042989 091287	20 km	1:4821 R	PAT DIXON	74 70	VA OR	ALEXANDRIA MEDFORD	VA OR	0408
	54:58	R	GABRIELE ANDERSEN	. 45	ID	PORTLAND	OR	061790	25 km 25 km	21820 P 22829 U	GERRY DAVIDSON ANNE CLARKE	70	CA	SAN DIEGO	CA	112
	1:38:50	A	JOAN COLMAN KAREN SCANNELL	6	CA	SAN FRANCISCO	CA	070989 072284	25 km	25154 R	BESS JAMES	73	CA	VENTURA	CA	082
		R	SHIRLEY MATSON SANDRA KIDDY	48	CA CA	CLARKSBURG TALLAHASSEE	CA	111388	30 km 10 mi	25922 R 12258 R	ELLEN MCCOY HEDY MARQUE	70	MN	DULUTH WASHINGTON	MN	052
	7:59:59	R	SANDRA KIDDY	15	CA	CHICAGO	The state of the s	121783 100382	10 mi	12033	HEDY MARQUE	74	VA	WASHINGTON	DC	101
	1	U R	SHIRLEY MATSON KAREN SCANNELL	47	CA CA	SACRAMENTO MINNEAPOLIS	CA MN	091888 090084	20 mi half mar	325:50 U 1:58:27 R	MAVIS LINDGREN MARCIE TRENT	71	CA	CLARKSBURG ANCHORAGE	CA	052
	6:03:38	P	SUE ELLEN TRAPP	6	R	OUEENS	NY	050491	half mar maretion	1:57:31a R	ALGENE WILLIAMS	72	L	LAKE COUNTY	L STATE	042
	15:12:54	R R	SANDRA KIDDY SANDRA KIDDY		CA	COLUMBUS TALLAHASSEE	OH FL	040184 121485	maration	4:11:54a R	GERRY DAVIDSON MARCIE TRENT	. 70	CA	SAN DIEGO NAPA	CA	120
		U R	SHIRLEY MATSON DOROTHY STOCK	0	CA	HAYWARD	CA	101686	maration	43024 R	ELLEN MCCOY	70	, MN	MINNEAPOLIS	MN	101
	245:11		RARBARA FILUTZE	5	CA PA	CORONADO MINNEAPOLIS	CA MN	070480 100691				Women 7	5-79			
	244:30a	P	MARY WOOD	6	CO	LAS VEGAS MINNEAPOUS	MN	020291 101490	5 km 8 km	27:16.1 R 45:46	ANNE CLARKE ALGENE WILLIAMS	77	1	PARK RIDGE CHICAGO	1	082
	25226	R		The second secon		TALLAHASSEE	FL.	121465	8 km	48-29 R	BESS JAMES	75	L CA	SAN DIEGO	CA	100
	2.5226		SANDRA KIDDY	4	CA			A STATE OF THE PARTY OF THE PAR	10 km	53:40 U				HOLLAND .	M E	100
	2.5226		SANDRA KIDDY	Women 50-5				The same of the sa	12 km		LEONA LUGERS	75	A Marie		THE RESERVE TO SHAREST STREET	100
	2:52:26 127,777m 17:28	R	SANDRA KIDOY SHIRLEY MATSON	Women 50-5	64 CA	CARLSBAD	CA	041491	15 km	1:08:21 R 1:29:33 R	ANNE CLARKE ANNE CLARKE	76 75	L L	ITASCA TAMPA	E R	
	2:5226 127,777m 17:28 28:55 35:57	A	SANDRA KIDDY SIIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON	Women 50-5	54	CARLSBAD STANFORD ORLANDO	CA CA FL	032491		1:08:21 R	ANNE CLARKE ANNE CLARKE LEONA LUGERS	76 75 77	L L	ITASCA TAMPA	M. C. SERVICE	052
	2:5226 127,777m 17:28 28:55 35:57 46:14a	R R R	SANDRA KIDDY SIIIRLEY MATSON SIIIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON	Women 50-5 50 50 50 51	CA CA CA CA	STANFORD ORLANDO SAN FRANCISCO	CA FL CA	032491 032992	15 km 20 km 25 km 30 km	1:08:21 R 1:29:33 R 1:52:57 U 2:49:47.61 R 4:04:24 R	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES	75 77 77 67	L M M	ITASCA TAMPA GRAND RAPIDS VENTURA	M. C. SERVICE	050 051 021
	2.5228 127,777m 17:28 28:55 35:57 46:14a 49:51 54:34	R R R R R	SANDRA KIDDY SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON WILMA PARKER SHIRLEY MATSON	90 50 50 50 50 51 53	CA CA CA CA CA WA CA	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE	CA FL	032491	15 km 20 km 25 km 30 km 10 mi 10 mi	1:0821 R 1:2933 R 1:5257 U 2:49:47.61 R 4:04:24 R 1:34:09 U 1:37:04 R	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS	76 75 77 70	L L L	ITASCA TAMPA GRAND RAPIDS	L R M	052 051 021 052
	2:5226 127,777m 17:28 28:55 35:57 46:14a 49:51 54:34 1:22:36 1:45:14	R R R	SANDRA KIDDY SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON WILMA PARKER	90 50 50 50 50 50 50 50 50 50 50 50 50 50	CA CA CA CA CA WA CA CA	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA	CA FL CA WA FL CA	032491 030291 032992 050367 030991 021468	15 km 20 km 25 km 30 km 10 mi 10 mi hall mar	1:08:21 R 1:29:33 R 1:52:57 U 2:49:47.61 R 4:04:24 R 1:34:09 U 1:37:04 R 2:08:34e P	AMME CLARKE AMME CLARKE LEOMA LUGERS LEOMA LUGERS BESS JAMES AMME CLARKE AMME CLARKE ALGEME WILLIAMS	76 77 78 78 78 75 75	L M CA L	TASCA TAMPA GRAND RAPIDS VENTURA ELGIN PARK FOREST ZION-LAKE BLUFF	R M M CA	052 051 052 052 063
	2:5228 127,777m 17:28 28:55 35:57 46:14a 49:51 54:34 1:22:36 1:45:14 2:00:41	R R R R P R B R	SANDRA KIDDY SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON WIL MATSON WIL MA PARKER SHIRLEY MATSON GIA FAUST MARGARET MILLER SHIRLEY MATSON	Women 50-5 50 50 50 51 50 50 50 50 50	CA CA CA CA CA WA CA	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA VENTURA CLARKSBURG	CA FL CA WA FL CA CA	032491 030291 032982 050967 030991 021468 030280 111190	15 km 20 km 25 km 30 km 10 mi 10 mi half mar half mar half mar	1:0821 R 1:2933 R 1:5257 U 2:49:47.81 R 4:0424 R 1:34:09 U 1:37:04 R 2:08:34e P 2:26:24 R 2:2238 U	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES ANNE CLARKE	76 75 77 78 78 75	L M M CA L	ITASCA TAMPA GRAND RAPIDS VENTURA ELGIN PARK FOREST	R M M CA	052 051 021 052 060 042
	25228 127,777m 1728 28:55 35:57 46:14a 49:51 54:34 1:22:36 1:45:14 200:41 4:15:12 10:58:31	R R R P R R U R	SANDRA KIDDY SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON WILMA PARKER SIIIRLEY MATSON GINA FAUST MARGARET MILLER SIIIRLEY MATSON MATILEE CIRRISTMAN JOAN BAKER	Women 50-5 50 50 50 51 53 50 50 54 50 50	CA CA CA CA CA CA CA CA CA	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA VENTURA CLARKSBURG EAST PEORIA TALLAIJASSEE	CA FL CA WA FL CA CA CA	032491 030291 032982 050367 030991 021468 030280 111190 123084	15 km 20 km 25 km 30 km 10 mi 10 mi hell mar hall mar	19821 R 12933 R 15257 U 24947.61 R 40424 R 134:09 U 137:04 R 20834e P 22824 R	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES ANNE CLARKE ANNE CLARKE ALGENE WILLIAMS ANNE CLARKE ANNE CLARKE ANNE CLARKE IDA MINTZ	76 77 79 79 75 75 75 77 78		ITASCA TAMPA GRAND RAPIDS YENTURA ELGIN PARK FOREST ZION-LAKE BLUFF CHICAGO CARY LAKE BLUFF	L R M CA L L L	052 051 052 052 062 061 061
	2:5228 127,777m 17:28 28:55 35:57 46:14a 49:51 54:34 1:2:36 1:45:14 2:00:41 4:15:12	R R R R R	SANDRA KIDDY SIIIRLEY MATSON SIIIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON WIL MATSON WIL MATSON WIL MATSON GINA FAUST MATGARET MILLER SHIRLEY MATSON MATH.EE CHRISTIMAN JOAN BAKER MATRICE	Women 50-5 50 50 50 51 50 50 50 50 50 50 50 50 50 50 50 50 50	CA C	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA VENTURA CLARKSBURG EAST PEORIA TALLAIASSEE SAN FRANCISCO	CA FL CA WA FL CA CA CA CA L CA	032491 030291 032992 05087 030991 021468 030280 111190 123084 121485 041988	15 km 20 km 25 km 30 km 10 mi 10 mi half mar half mar marathon	1:0821 R 1:2933 R 1:5257 U 2:49:47.81 R 4:0424 R 1:34:09 U 1:37:04 R 2:06:34e P 2:26:24 R 2:22:38 U 4:41:45e U	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES ANNE CLARKE	76 75 79 79 75 75 75 76 76	L M M CA L L L L	ITASCA TAMPA GRAND RAPIDS VENTURA ELGIN PARK FOREST ZON-LAKE BLUFF CHICAGO CARY	E FL MM CA L L L L L L L L L L L L L L L L L L	052 051 021 052 060 061 061 032 042
	25228 127,77m 1728 28:55 35:57 46:14a 49:51 1:22:36 1:45:14 2:00:41 41:5:12 10:58:31 10:34:15 9:43:27a 59:08	R R R R R P R R R U R	SANDRA KIDDY SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON WILMA PARKER SIIIRLEY MATSON GINA FAUST MARGARET MILLER SIIIRLEY MATSON MATILEE CLIRISTIMAN JOAN BAKER MARTY MARICLE MAE HORNS SIIIRLEY MATSON	Women 50-5 50 50 50 50 51 50 50 50 50 50 50 50 50 50 50 50 50 50	CA C	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA VENTURA CLARKSBURG EAST PEORIA TALLAIASSEE SAN FRANCISCO DULUTH SAN JUAN BAUTISTA	CA FL CA WA FL CA CA CA CA MN	032491 03291 032982 050367 030991 021468 030280 111190 123084 121485	15 km 20 km 25 km 30 km 10 mi 10 mi half mar half mar marathon	1:08:21 R 1:29:33 R 1:52:57 U 2:48:47:81 R 4:04:24 R 1:34:09 U 1:37:04 R 2:08:34e P 2:28:24 R 2:22:38 U 4:41:45e U 4:49:08 R	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES ANNE CLARKE IDA MINTZ ANNE CLARKE	形	L M M CA L L L L	TRASCA TAMPA GRAND RAPIDS VENTURA ELGIN PARK FOREST ZION-LAKE BLUFF CHICAGO CARY LAKE BLUFF CHICAGO CHICAGO	L R M M CA L L L L	052 051 052 052 052 061 051 052 042
	2528 127,77m 1728 2655 35.57 46.14a 4951 54.34 1.2236 1.45.14 20041 4.15.12 105831 103415 9.4327a	R R R P R R R U R	SANDRA KIDDY SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON WIL MATSON WIL MATSON WIL MATSON GINA FAUST MATGARET MILLER SIIIRLEY MATSON MATILEE CITRIST MAN JOAN BAKER MARTY MATRICLE MAE HOTHS SIIIRLEY MATSON MATRICEY MATSON MATRICEY MATSON MATRICEY MATSON MATRION IRVINE	Women 50-5 50 50 50 50 50 50 50 50 50 50 50 50 50	CA CA CA CA CA CA CA CA CA CA CA CA CA C	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA VENTURA CLARKSBURG EAST PEORIA TALLAIJASSE SAN FRANCISCO DULUTH SAN JUAN BAUTISTA STOCKTON	CA FL CA WA FL CA CA CA U CA U CA MN CA	002491 000291 000292 050087 000991 021488 000280 111190 127084 121485 041996 102298 010288	15 km 20 km 25 km 30 km 10 mi half mar half mar half mar maration maration 5 km 8 km	1:0821 R 1:2933 R 1:5257 U 2:49:47.81 R 4:0424 R 1:34:09 U 1:37:04 R 2:06:34e P 2:26:24 R 2:22:38 U 4:41:45e U 4:49:08 R	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES ANNE CLARKE ANNE CLARKE ANNE CLARKE ANNE CLARKE IDA MINTZ ANNE CLARKE ANNE CLARKE ANNE CLARKE ANNE CLARKE ANNE CLARKE	76 75 79 79 75 75 75 76 76	L M M CA L L L L	ITASCA TAMPA GRAND RAPIDS YENTURA ELGIN PARK FOREST ZION-LAKE BLUFF CHICAGO CARY LAKE BLUFF	L R M CA L L L	052 051 052 062 061 062 061 062 062 062
	25228 127,777m 1728 2855 3557 46.14a 4951 54.34 12236 1.45.14 20041 4.15.12 1058-31 1034-15 9.43.27a 5008 103-46 228-15 228-15 7-1058	R R R R R R R R R R R R R R R R R R R	SANDRA KIDDY SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON WILMA PARKER SIIIRLEY MATSON GINA FAUST MARGARET MILLER SIIIRLEY MATSON MATILEE CLIRISTIMAN JOAN BAKER MARTY MARICLE MAE HORNES SIIIRLEY MATSON MARION IRVINE WEN SIII YU RUTH ANDERSON	Women 50-5 50 50 50 50 50 50 50 50 50 50 50 50 50	CA C	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA VENTURA CLARKSBURG EAST PEORIA TALLAITASSE SAN FRANCISCO DULUTH SAN JUAN BAUTISTA STOCKTON MINNEAPOLIS HOUSTON	CA FL CA CA CA CA CA CA L FL CA MN CA	002491 000291 002992 050087 0500801 021488 000280 111190 122084 121485 041986 102288 021691 010980 101286	15 km 20 km 25 km 30 km 10 mi half mar half mar half mar marethon marathon	10821 R 12933 R 15257 U 24847.81 R 40424 R 13409 U 13704 R 20634e P 22824 R 22238 U 44145e U 44908 R	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES ANNE CLARKE ANNE CLARKE ANNE CLARKE ANNE CLARKE ANNE CLARKE IDA MINTZ ANNE CLARKE	76 77 78 78 78 78 78 78 78 78 78 78 78 78	L M M CA L L L L L L L	TTASCA TAMPA GRAND RAPIDS YENTURA ELGIN PARK FOREST ZION-LAKE BLUFF CHICAGO CARY LAKE BLUFF CHICAGO PARK RIDGE		052 051 021 052 060 042 0614 032 042 1025
	25228 127,777m 1728 2855 3557 46.14a 4951 54.34 12236 1.45.14 20041 4.15.12 1058-31 1034-15 9.43.27a 5008 103-46 228-15 228-15 7-1058	R R R R R P R R R U R U R	SANDRA KIDDY SIIIRLEY MATSON SIIIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON WIL MATSON WIL MATSON WIL MATSON GINA FAUST MARGARET MILLER SHIRLEY MATSON MATILE CHRISTMAN JOAN BAKER MARTY MARICLE MAE HORNS SHIRLEY MATSON MARION IRVINE WEN SHI YU	Women 50-5 50 50 50 50 50 50 50 50 50 50 50 50 50	CA CA CA CA CA CA CA CA CA CA CA MA CA MA CA MA MA MA MA MA MA MA MA MA MA MA MA MA	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA VENTURA CLARKSBURG EAST PEORIA TALLAIJASSEE SAN FRANCISCO DULUTH SAN JUAN BAUTISTA STOCKTON MINNEAPOLS HOUSTON LITTLE MARAIS	CA FL CA CA CA CA CA CA CA CA MN TX MN TX MN	002491 000291 000292 050087 000901 021488 000280 111190 12084 121485 041996 102298 021891 010983 101286 010286	15 km 20 km 25 km 30 km 10 mi half mar half mar half mar marathon merathon 5 km 8 km 8 km 10 km 15 km	1:0821 R 1:2933 R 1:5257 U 2:49:47.81 R 4:0424 R 1:34:09 U 1:37:04 R 2:06:34e P 2:26:24 R 2:22:38 U 4:41:45e U 4:49:08 R 29:22.7 R 53:41 R 52:00 56:14 U 1:39:44 R	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES ANNE CLARKE ANNE CLARKE ANNE CLARKE ANNE CLARKE IDA MINTZ ANNE CLARKE ANNE CLARKE LOAMINTZ ANNE CLARKE LOAMINTZ ANNE CLARKE	76 75 77 78 75 75 75 76 76 80 80 80 80 80	L M M CA L L L L L L L L L L L L L L L L L L	ITASCA TAMPA GRAND RAPIDS VENTURA ELGIN PARK FOREST ZON-LAKE BLUFF CHICAGO CARY LAKE BLUFF CHICAGO PARK RIDGE CHICAGO PARK RIDGE AHWATUKEE		052 051 021 052 060 042 061- 032 042 102 093 0311 0900
	25228 127,777m 1728 2855 35.57 46.14a 49.51 54.34 1.22.36 1.45.14 200.41 4.15.12 105.8-31 103.45 50.08 1.03.45 2.26.15 7.10.58 82.400a 1.19.51 2.5028	R R R R P R B R U U R U R P R R R	SANDRA KIDDY SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON WILMA PARKER SHIRLEY MATSON WILMA PARKER SHIRLEY MATSON MARGARET MILLER SHIRLEY MATSON MATHEE CHRISTIMAN JOAN BAKER MARTY MARICLE MAE HORNS SHIRLEY MATSON MARION IRVINE WEN SHI YU RUTH ANDERSON MAE HORNS SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON	Women 50-5 50 50 50 50 50 50 50 50 50 50 50 50 50	GA CA	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA VENTURA CLARKSBURG EAST PEORIA TALLAIASSE SAN FRANCISCO DULUTH SAN JUAN BAUTISTA STOCKTON MINNEAPOLIS MODESTO MINNEAPOLIS MODESTO	CA FL CA WA FL CA CA CA FL CA MN CA CA MN TX MN CA MN	002491 000291 002992 05087 000991 000280 111190 121084 121485 041996 102286 021691 010983 101286 021780	15 km 20 km 25 km 30 km 10 mi half mar half mar half mar marefron merafron 8 km 8 km 10 km	19821 R 12933 R 15257 U 24947,81 R 40424 R 13409 U 13704 R 20834e P 22834e P 22238 U 441:45e U 449:08 R	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES ANNE CLARKE ANNE CLARKE ANNE CLARKE ANNE CLARKE IDA MINTZ ANNE CLARKE ANNE CLARKE ANNE CLARKE IDA MINTZ ANNE CLARKE	76 75 77 78 75 75 75 75 75 75 76 80 80 80 80 80 80 80 80 80 80 80 80 80	L M M CA L L L L L L L L L M R R	TRASCA TAMPA GRAND RAPIDS VENTURA ELGIN PARK FOREST ZON-LAKE BLUFF CHICAGO CARY LAKE BLUFF CHICAGO PARK RIDGE CHICAGO PARK RIDGE AHWATUKEE WASHINGTON	E R M M CA L L L L L L L L L M Z DC	052 051 021 052 060 042 061 032 042 102 090 021 102 090 021 1122 090 021 090 021
	25228 127,777m 1728 2855 3557 46.14a 4951 54.34 12236 1:45.14 20041 4.15:12 1058-31 1034-15 9.4327a 5908 103-46 226:15 7:1058 824:00a 1:1951 1:1951 2:5028	R R R R R R P P R R U R U R U R U R R R R	SANDRA KIDDY SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON SIIIRLEY MATSON WIL MATSON WIL MATSON GINA FAUST MARGARET MILLER SIIIRLEY MATSON MATILEE CIIRIST MAN JOAN BAKER MARTY MARICLE MAE HORNS SIIIRLEY MATSON MARION IRVINE WEN SII YU RUTH ANDERSON MAE HORNS SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON MARION IRVINE	Women 50-5 50 50 51 51 50 50 54 50 50 52 53 50 52 54 50 52 55 50 52 52 53 50 52 53 53 50 52 53 53 53 53 53 53 53 53 53 53 53 53 53	CA C	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA VENTURA CLARKSBURG EAST PEORIA TALLAIJASSEE SAN FRANCISCO DULUTH SAN JUAN RAUTISTA STOCKTON MINNEAPOLS MODESTO LITTLE MARAIS MODESTO MINNEAPOLS OLYMPIA	CA FL CA CA CA CA CA CA MN CA CA MN TX MN CA MN WA	002491 000291 000292 050087 000991 021488 000280 111190 122084 121485 041996 10288 021691 010980 101286 040791 102566 040791 102566	15 km 20 km 30 km 30 km 10 mi 10 mi half mar half mar marethon merathon 8 km 8 km 10 km 15 km 20 km 20 km 10 mi	10821 R 12933 R 15257 U 24947.81 R 40424 R 13409 U 13704 R 20634e P 22624 R 22238 U 441.45e U 449.08 R 29.22.7 R 53.41 R 5200 5614 U 139.44 R 22634 U 41332 R 143163 P	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES ANNE CLARKE ANNE CLARKE ANNE CLARKE ANNE CLARKE IDA MINTZ ANNE CLARKE ANNE CLARKE LEONA LUGERS RUTH ROTHFARB RUTH ROTHFARB MAYIS LINDGREN ANNE CLARKE	76 75 77 78 75 75 75 75 76 78 80 80 80 80 80 80 80 80 80 80 80 80 80	L M M CA L L L L L L L L L L L L L L L L L L	ITASCA TAMPA GRAND RAPIDS VENTURA ELGIN PARK FOREST ZON-LAKE BLUFF CHICAGO CARY LAKE BLUFF CHICAGO PARK RIDGE CHICAGO PARK RIDGE AHWATUKEE		062 051 021 062 062 061 062 062 102 090 060 060 1113
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	25226 127,777m 1728 2755 35.57 46.14a 49.51 54.34 1.22.36 1.45.14 200.41 4.15.12 105.8-31 103.415 943.27a 5908 1.03.45 2.26.15	R R R R R R P P R R U R U R U R U R R R R	SANDRA KIDDY SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON WIL MATSON WIL MATSON GINA FAUST MARGARET MILLER SHIRLEY MATSON MATHEE CHRISTI MAN JOAN BAKER MARTY MARICLE MAE HORNS SHIRLEY MATSON MARION IRVINE WEN SHI YU RUTH ANDERSON MAE HORNS SHIRLEY MATSON SHIRLEY MATSON SHIRLEY MATSON MARION IRVINE HELEN REED	Women 50-5 50 50 50 50 50 50 50 50 50 50 50 50 50	CA C	STANFORD ORLANDO SAN FRANCISCO SPOKANE JACKSONVILLE VALENCIA VENTURA CLARKSBURG EAST PEORIA TALLAITASSEE SAN FRANCISCO DULUTH SAN JUAN BAUTISTA STOCKTON MINNEAPOLIS HOUSTON LITTLE MARAIS MODESTO OLYMPIA ATLANTA	CA FL CA CA CA CA CA CA MN CA CA MN	002491 000291 000292 05087 000991 021488 000280 111190 122084 121485 041996 102288 021691 010980 101286 021780 102596 102596 102596 102596 102596 102596 102596 102596 102596 102596 102596 102596 102596 102596 102596 102596	15 km 20 km 30 km 30 km 10 mi haif mar haif mar haif mar haif mar arathon 8 km 8 km 10 km 15 km 20 km 30 km 10 mi haif mar	10821 R 12933 R 115257 U 24847.81 R 40424 R 13409 U 13704 R 20634e P 22624 R 22228 U 44145e U 44908 R 29227 R 5341 R 5200 5614 U 13944 R 22634 U 41332 R 143163 P 22354 P	ANNE CLARKE ANNE CLARKE LEONA LUGERS LEONA LUGERS BESS JAMES ANNE CLARKE ALGENE WILLIAMS ANNE CLARKE IDA MINTZ ANNE CLARKE IDA MINTZ ANNE CLARKE LEONA LUGERS RUTH ROTHFARB MAYS LINDGREN ANNE CLARKE ANNE CLARKE	76 75 77 78 75 75 75 75 76 78 80 80 80 80 80 80 80 80 80 80 80 80 80	L L L L L L L L L L L L L L L L L L L	TASCA TAMPA GRAND RAPIDS VENTURA ELGIN PARK FOREST ZON-LAKE BLUFF CHICAGO CARY LAKE BLUFF CHICAGO PARK RIDGE CHICAGO PARK RIDGE AHWATUKEE WASHINGTON CLARKSBURG ELGIN	E RI MI MI CA L L L L L L L L L L L L L L L C C CA L L L L	052 051 021 052 061 061 062 042 102 090 0311 090 050 050 1112 030 1113 050 051 051 051
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MASTERS SCENIE

NATIONAL

- · Mark Covert's running streak reached 24 consecutive years on July 23, 1992. Covert, who finished seventh in the marathon in the 1972 U.S. Olympic trials, has run over 100,000 miles, an average of 11.8 miles a day, during the streak. Covert is the cross-country and track coach at Antelope Valley College, just north of Los Angeles. "At this point, the streak is a lot of fun," he told the Los Angeles Times. "When I look at the numbers, I just have to smile. They're just phenomenal. They're crazy. Covert's streak, which is approaching 9000 days, is the longest in the nation. It's the second-longest in the world behind Ron Hill of Great Britain, whose streak will hit 28 years next month.
- Holiday cards designed for runners are available from Mountain Maniac Cards, 203-862-8927. The 5"x 7" cards and matching envelopes come in packs of ten for \$12.50.
- Trivia question: Who was the first person to run a four-minute mile? (See answer at end of Masters Scene).

EAST

- From Cliff Blair of Massachusetts, hammer and weight thrower who offered to share his "Turn Machine" with NMN readers several months ago: "I operate a one-man business and work hard six days a week from spring till fall and simply haven't had time to put a package together to send out. I will get it done in October and mail them all out in November... What I assumed would be a dozen inquiries now fill an entire file drawer. They come from Cold Bay, Alaska, in the north to Australia in the south and all points in between including countries in the old Soviet Union that I never heard of before."
- Belinda Saunders, 41, finished 16th of 3214 runners, with a 19:09, NYRRC Women's Race For The Cure 5K, Central Park, September 13. Anne Davies, 45, was second W40 + in 19:22. W70 + winner Althea Wetherbee, 73, ran a 29:29, which would have placed her first in the W60-64 contest.
- Albin Swenson, 45, Wolcott, CT, ran a personal best 15:19.73 in a try for the U.S. M45 track record (15:12), in the Hartford TC 5000, September 16. Ed Sparkowski, 37, Simsbury, CT, topped the field with a 14:58.99.
- Jim Boyle, 42, Rochester, NY, tenth of 494 finishers, in 1:11:47, and Peggy Wiltberger, 40, Buffalo, fourth woman in 1:22:28, hastened to masters firsts in the Sauerkraut 20K, Phelps, NY, August 1. Ray Kneer, 50, dogged Boyle much of the race, but youth prevailed. Kneer was second in 1:12:36. Awards for the winners went to the top three or top 10% in each age group, whichever was greater. George Tillson was race director.
- Rob Benedetti (40, 33:52), second of 530 finishers, and Marion Browne (46, 48:23) registered victories over the 40 + candidates in the NYRRC Roosevelt Island Fall 10K, NYC, September 19. Top vote getters for best performance included division winners Witold Bialokur (57, 38:35) and John McManus (69, 42:30).
- Joseph Nzau, 40, of Kenya/WY, tripped and sprawled at the 9½-mile but recovered well to place fifth in 63:30 (\$1500), one second ahead of France's Pierre Levisse, 40, in the Philadelphia Half-Marathon, September 20. Priscilla Welch, 47, of England/CO, finished 13th woman in 78:05 (\$1000), with Carol McLatchie, 40, of Texas, trailing in 78:30.
- Wilson Waigwa, 43, of Kenya/TX, outlegged the masters field, with an 11th-place 30:01 (\$1000), followed by Charles McMullen (41, 30:53), of New York, and Luis Lopez (43, 31:03) of Costa Rica, Pittsburgh 10K, September 27. Pennsylvania's Barbara Filutze, 46, won the \$1000 for W40 + first, with a 35:52.

- Ernesto Ayala (40, 1:17:02) and Ann Davies (45, 1:27:02) chalked up 40+ firsts in the NYRRC Staten Island Half-Marathon, September 20. Juan Rivera, 85, took the M75+race in 1:53:55, which, if all data is correct, breaks the U.S. M85-89 record by 33 minutes.
- Joe Kleinerman, 80, a pioneer of U.S. roadracing, was honored at the annual Staten Island AC's awards dinner, September 23. A competitor since his high school days, a respected official, and founder of the NYRRC in 1959, Klienerman, now the coach of the Millrose AA, introduced age-group roadracing to America in 1964 in a six-miler. "There was a lot of AAU opposition at the time, but we had the race on Staten Island for 40-year-olds and above. The following week we ran at Van Cort-landt with the same setup." He resumed competitive running a few years ago but has been recently sidelined after a knee replacement operation. Kleinerman hopes to resume running in 1993. Others honored by the SIAC cluded Bernie Wright and Fran Messina as masters athletes of the year.
- The Boston Running Club quartet of Gabe Bernal, Chuck Keating, Roland Cormier and Kirk Randall combined for a 4x1600 relay on the Boston College track on July 21 in 19:50.2, breaking the old U.S. M50-59 mark of 20:43.6, set by the NY Masters in 1984.
- Tom Powers (42, 2:54:04), Newfield, NY, and Janet Stein (41, 3:37:43), Conklin, NY, forged masters victories in the Virgil Mt. Madness 21.1 Mile Trail Run, Ithaca, NY, August 16.

SOUTHEAST

- John Fredericks, 44, and Alba Campbell, 45, were first in the North American Masters 8K RW Championships, Orlando, FL, September 19. Fredericks of Hollywood, FL, finished in 45:19; Campbell, Orlando, was first of 21 W40+, in 49:32. The event was held in conjunction with *Prevention Magazine's* Health & Fitness Festival in Orlando.
- Sadot Mendez (40, 33:08), Hertford, NC, and Claudia Ciavarella (43, 37:52), Arlington, Va, each collected \$150 for 40 + firsts in the Sentara Bay Days 10K, Hampton, VA, September
- Ken Sedberry (44, 59:19) Bakersville, NC, and Chris Stockdale (48, 70:25), Takoma Park, MD, galloped to masters titles in the Greenbelt, MD, 15K, September 6.

MIDWEST

- Joe Chadbourne broke his U.S. M60-64 hammer record (50.28) for the 5kg with a 50.40 in the Wolfpack TC Throwing Classic, Columbus, OH. September 13.
- Midwesterners are seeing a new TV ad for

Cleveland-based Society Bank. Five bankers in business suits walk to the starting line, go to their marks, and begin to hurdle as the announcer drones: "There are many formidable hurdles to financial security." If two of the "bankers" look familiar, it's because they're master hurdlers John Cosgrove, 51, and Fred Niedermeyer, 52, both of Los Angeles, where the commercial was filmed. "It was hard work," Niedermeyer said. "We hurdled from sun-up to late afternoon in 100-degree heat. As it turns out, the ad is a spoof of rival bank ads. We're even supposed to get paid — someday."

MID AMERICA

 Ed Whiteman, 53, of Louisiana, in 1:21:32, and Eliza Woodbridge, W40, of New Mexico, with a 1:27:03, strode to firsts in the North American Masters 15K RW, Albuquerque, September 6.

SOUTH WEST

- The Tyler 5000 X-Country Classic, U. of Texas-Tyler, September 12, added a new twist to x-country by age-grading the results, as well as maintaining the traditional age-group categories. Dennis Baker, 40, second in 17:43, had the best AG time of 16:12. First W40 + Rhonda Carpenter, 44, was seventh AG female, with a 26:14 (28:48).
- Tim Murphy, Irving, TX, claimed a M70-74 WR for the 100y dash with a 12.16 in the Hill Country Masters Meet, Mason, TX, June 19.
- Tim Varner (41, 47:26), Flagstaff, and Irene Topor (40, 63:08), Tucson, forged 40 + firsts in the Saguaro National Monument Run (8.03 miles), Tucson, September 7.

WEST

- Jan Levet, 41, logged 68.05 miles for fifth place and female honors in the Pacific Association/TAC Ultra Gran Prix 12-Hour (Wine Country Run For Sight) on the Sonoma H.S. track, September 12-13. Martin Jones, 49, was second of 25 finishers, with 72.53 miles, and amassed \$5000 in pledges of the \$15,000 raised to collect and distribute eyeglasses to the poor around the world.
- Joan Ottaway, 48, Sausalito, CA, nabbed 40+ age-graded honors with a 36:45 for 92.1%, Monterey Bay 10K, Pacific Grove, CA, September 20. Joe King, 66, Alameda, CA, had the second-best performance (91.9%) with a 38:50.
- Hal Smith, 56, of Tarzana, CA, who won the M55 shot (13.38m) at this year's Western Regionals, was saluted in the Los Angeles Times for his volunteer work with arrested youths. A former wide receiver with the Chicago Cardinals and Oakland Raiders from 1959 to 1962, and now a successful contractor, Smith visited Juvenile Hall in Los Angeles with two other pro footballers Tim Brown (Philadalphia, 60s), and Reggie Berry (San Diego 70s). Smith had spent some time in the Hall after bashing his father's head with a rock when he was 12. "He deserved it," Smith said. "He was a drunk who used to beat up by mom." Smith told the youths there are alternatives to being a criminal for



Charlie Wimberley (1), 58, of New Orleans, being congratulated for winning the Grandmasters division of the Freedom Mile in 5:01 in Baton Rouge, LA this year. At the nationals in Spokane, Wimberley won the M55 800 (2:15) and placed second in the 1500 (4:41). He won the 1500 and 3000 at the National Indoor meet this year in Columbus, and won the New Orleans Senior Games M55 400 and 800 titles. A four-year track letterman in college, Wimberley gave up running for 24 years before returning as a master. The modest oilfield service company operator said he's "had a good year so far." He only competes in alternate years, using the in-between time for local twomile and 5K road races. He does twice-a-week speed sessions on the track, coached by Jim Mc-Clatchie. Photo by Les Reynolds

life. "It's a hateful system, but you can't beat it," he told them. "The only thing you can do is join the system — but join on your own terms. Quit listening to the crap people tell you about being tough. The toughest thing you can do is walk away from your homeboys. There's nothing cool about spending your life in jail." Later, Smith said: "Someone once gave me a talk that got me thinking, maybe I can get someone else to think."

• Two masters couples won their division races in the Silver State Races, Reno, NV, August 30. Fred (1:29:48) and Sandra Kiddy (1:35:55) won in the 50-59 division in the half-marathon, and Ed (40:23) and Judy Hagerman (45:07) took the 50-59 golds in the 10K.

NORTHWEST

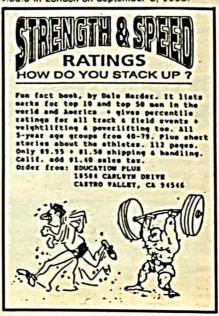
Bob Ray (40, 33:45), Lincoln City, OR, and Kate Sharples (42, 44:40), North Bend, OR, rambled to 40+ wins in the Prefontaine Memorial 10K, September 15, in Coos Bay, OR, Steve Prefontaine's hometown. Edward McKean-Smith, 83, Coquille, OR, was the oldest, but not the last, of 648 finishers, in 79:50.

INTERNATIONAL

• Answer to Trivia Question: Stump your friends with this one. Derek Ibbotson ran 4:00.0 in London on September 3, 1958:



Masters hurdlers John Cosgrove, center, and Fred Niedermeyer, right, filming a commercial for an Ohio bank.



ANT ST

schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.



December 1-5. 14th Annual TAC Convention, Galt Hotel, Louisville, Ky. TAC/USA, P.O. Box 120, Indianapolis, IN 46206. 316/261-0500.

TRACK & FIELD

March 20-21. TAC/USA National Masters Indoor Championships, Bozeman, Mont. Bob Sager, 545 Coulee Dr., Bozeman, MT 59715, 406/587-1141,

August 11-14. 26th TAC/USA National Masters Championships, Provo, Utah. Brigham Young U. Contact: TBA.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia Pennsylvania, Rhode Island, Veri

December 13. Philadelphia Masters Indoor Development Meet & Bill Cox 400 dash, Haverford College, Haverford, Pa. 9:30 am. Peter Taylor, 3120 School House Ln., J-A9, Philadelphia, PA 19144. 215/842-3807.

December 19. Tri-State TC Holiday Indoor Classic, Hagerstown (MD) Junior College. 6 p.m. Wayne Vaughn, 734 W. Franklin St., Hagerstown, MD 21740. 301/733-6076. January 3. Philadelphia Masters Meet, Kutztown U., Kutztown, Pa. 10:00 a.m. Awards in 55/200/400/800/Tom Robinson mile/4x200/HJ/LJ/SP. Other events for competition only. Peter Taylor, 3120 School House Ln., JA9, Philadelphia, PA 19144. 215/842-3807.

January 8. Dartmouth Relays Masters Meet, Hanover, N.H. Carl Wallin, Athletic Dept., Dartmouth, Hanover, NH 03755. 603/747-2840.

January 16. Brown U. Indoor Invitational T&F Meet. SASE Neil Steinberg, 46 Roberta Ave., Pawtucket, RI 02860. 401/728-2869 (e).

January 17. Philadelphia Masters Meet, Swarthmore College, Swarthmore, Pa. 10:00 a.m. See January 3.

January 31. Boston TC Invitational, Selected masters events. Jim O'Brien, 36 Granville St., Dorchester, MA 02124. 617/282-5537.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

January 9. Midwest Masters T&F Meet, Westwood Sports Complex, Sterling, Ill. Field events 11 a.m., track events 11:30 a.m. Harry Brown, 610 Hillside Ave., Wauconda, IL 60084. 708/526-7686.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska. S. Dakota

January 17. Minnesota Masters-Senior Olympic EM "R" T&F Meet. 1 p.m. Rachel Lyga, 122 631/2 NE, Minneapolis, Minn. 612/574-9661.

WEST Arizona, California, Hawaii, Nevada

November 14. Long Beach Senior Olympics, Veterans Stadium, Long Beach, Calif. 55+. Long Beach Parks, 2760 Studebaker Rd., Long Beach, CA 90815. 310/421-9431;

December 5. Throws Series #10, Stanford U. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060, 408/479-0202,

INTERNATIONAL

November 21-22. La Vega International Championships, La Vega, Dominican Republic. Dra. Olga Rocio Cruz, c/Sanchez #102. Vega, R.D. 809/573-2422/573-4297.

November 30-December 6. VI WAVA Regional Oceania Championships, Norfolk Island, Ian Anderson, PO Box 158, Norfolk Island. M40+, W35+. Fax: 011-64-672-3-3106. Phone: 011-64-672-3-2115.

LONG DISTANCE NATIONAL

November 8. TAC/USA National Masters 5K Cross-Country Championships, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220. 614/459-2547.

November 13-15. Road Race Management Race Director's Meeting and Trade Show, Washington, D.C. SASE to Race Director's Meeting, 2101 Wilson Blvd., Suite 437, Arlington, VA 22201. 703/276-0056.

November 14. TAC/USA National 25K Championships, San Diego, Calif. Overall winners in the masters division are determined by best male and female age-graded marks. Joni Shirley, 11212 Via Carroza, San Diego, CA 92124. 619/455-4440.

November 21. TAC/USA National Masters 8K Cross-Country Championships, Boston, Mass. Fred Treseler, 79 Manet Rd., Chestnut Hill, MA 02167. 617/964-7802.

November 29. TAC/USA National Masters 15K Cross-Country Championships, Bronx, N.Y. Kurt Steiner, 1660 E. 21st St., Brooklyn, NY 11210. 718/336-3025.

December 6. TAC/USA National Masters 10K Cross-Country Championships, Louisville, Ky. Bob Ullrich, 1879 Douglass Blvd., Louisville, KY 40205. 502/459-6820.

February 20. TAC/USA National Masters 50 Mile Championships, Houston, Dan Brannen, 40 Witherspoon Ct., Morris Township, N.J. 07960. 201/285-1551.

March 20. TAC/USA National Masters 8K Championships, Virginia Beach. Jerry Bocrie, 2308 Maple St., Virginia Beach, VA 23451. 804/481-5090.



EAST

New Jersey, New York, No. Virginia Pennsylvania, Rhode Island, Vermon

NYRRC, P.O. Box 881, FDR Station, New York, NY 10128. 212/860-4455.

November 21. Syosset 5K Sprint & RW, N.Y. 516/433-0919.

November 26, Manchester 4.78 Mile. Manchester RR, P.O. Box 211, Manchester, CT 06040. 203/649-6456.

December 6. Brian's Run 10K. Brian's Run, P.O. Box 2440, West Chester, PA 19383.

April 19. 97th Boston Marathon. Must meet qualifying times. Deadline March 8. SASE to Boston Athletic Assn., P.O. Box Hopkinton, MA 01748. 508/ 435-6905.

SOUTHEAST Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

November 15. Alzheimer's Half-Marathon. Miami, Florida Masters RR Series, 305/

November 15. Watermen's Museum 10 Mile. Masters money. Watermen's Museum, POB 531, Yorktown, VA 23690. 804/887-2641.

November 15. Old Reliable 10K. Butch Robertson, P.O. Box 1229, Raleigh, NC 27602. 919/829-4843.

November 21. Vulcan Run 10K. Birmingham TC, P.O. Box 360044, Birmingham, AL 35236. 206/995-5344.

November 26. T-Day Ten Miler, DeLand, Fla. Florida Masters Series. John Boyle, P.O. Box 1824, DeLand, FL 32721. 904/736-0002.

November 26. Jacksonville Half-Marathon. Also 5K. Doug Alred, 3853 Baymeadows Rd., Jacksonville, FL 32217, 904/731-3676. November 26. Atlanta Marathon. Atlanta TC, 3097 E. Shadowlawn Ave. NE, Atlanta, GA 30305. 404/231-9064.

December 5. Citrus Bowl Half-Marathon. Jon Hughes, Track Shack, 1322 N. Mills Ave., Orlando, FL 32803. 407/898-2425.

December 6. Baby Boomer 10K, Miami. Florida Masters RR Series. 305/227-1500. December 6. First Tennessee Memphis Marathon. Masters money. Kim Cherry, Box 84, Ste. 1001, Memphis, TN 38101. 800/489-4040, x4726.

December 12. BASF 10 Mile (RRCA Southern Region Championships). Masters money. SASE to BASF Road Race, P.O. Box 98, Dalton, GA 30722. 1-800/ 652-9964.

December 12. Rocket City Marathon. Harold Tinsley, 8811 Edgehill Dr., Huntsville, AL 35802. 205/881-9077.

January 9. Charlotte Observer Marathon/10K. \$8500 for M&W40+. Marathon, Box 30294, Charlotte, NC 28230. 704/358-KICK.

MIDWEST Illinois, Indiana, Kentucky, Michigan, Ohio,

Wisconsin, West Virginia. November 14. Oak Brook Challenge Cross-

Country. TAC Open/Masters Illinois Championships. Illinois 708/833-7303.

November 15. Ohio TAC Cross-Country Championships, Cincinnati. 8K-M/5K-W. Don Livingston, 7876 Wainwright, Maineville, OH 45039, 513/459-8155.

November 28. Ohio TAC 100K Champion-ships, Toledo. Bill Heminger, 2523 Melva Ct., Toledo, OH 43611. 419/726-4336.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebra

November 22. St. Louis Marathon. Also

ON TAP FOR **NOVEMBER**

TRACK AND FIELD

Slim pickings this month, unless you head to the WAVA Regional Oceania Championships, Norfolk Island, starting on the 30th, or a meet in the Dominican Republic on the 21st. Senior games (55+) activity is slated for Long Beach, Calif. on the 14th, and four Florida sites during the month. Check the U.S. Senior Sports Organization Games schedule published in Oc-

LONG DISTANCE RUNNING

As t&f starves, runners can overindulge in four TAC national championships: 5K crosscountry, Columbus, 8th; 25K, San Diego, 14th; 8K crosscountry, Boston, 21st; and 15K cross-country, Bronx, 29th.

The month opens with a biggie - the NYC Marathon - on the 1st. The schedule for the 8th includes marathons in Orange, Calif., and San Antonio, Texas, and a half-marathon in Long Beach, Calif.

Offerings on the 15th include the Watermen's Museum 10 Mile in Virginia, and the Phoenix 10K in Arizona. The weekend of the 21st-22nd shows the Vulcan 10K in Alabama and Tulsa Marathon on Saturday, and the St. Louis Marathon on Sunday.

The Thanksgiving Day menu lists, among other choices, a marathon in Atlanta, a 10 mile in DeLand, Fla., and a halfmarathon in Jacksonville. The Seattle Marathon and the Ohio TAC 100K Championships are set for the 28th.

RACEWALKING

Events include the MAC 40K Championships, NYC, and a racewalk in the Syosset 5K on Long Island on the 21st, and a one-hour postal walk in New Jersey on the 22nd.

4M. St. Louis TC, 2385 Hampton Ave., #101, St. Louis, MO 63139. 314/781-3926.

SOUTHWEST Louisiana, Mississippi, Texas. Arkansas, Oklahoma

November 8. San Antonio Marathon. Also 5M. John Purnell, 903 N. St. Mary's St., San Antonio, TX 78215. 512/732-1332; 246-YMCA.

November 21. Tulsa Marathon. John Castillo, 5123 S. Detroit Ave., Tulsa, OK 74105. 918/742-4127.

November 22. Larry Fuselier State Championships 25K, Belle Chase, La. New Orleans TC, P.O. Box 52003, New Orleans, LA 70152-2003. 504/482-NOTC; 468-1488. December 6. Dallas White Rock Marathon. WRM, 3607 Oak Lawn, Dallas, TX 75219. 214/526-5318.

Continued on next page

Continued from previous page

December 19. Texas Trail Endurance Run, Huntsville, Texas. 50 mile trail run and trail marathon. Rudy Alvarez, Box 4456, Houston, TX 77210. 713/639-5889 or 800/285-



From I to r: Martin Adamson, M50 (24.75, 200); Martie Behrens, W40 (67.16, 400), and Ray Yeck, M40 (25.04, 200), TAC/Pacific Masters Championships, Los Gatos, Calif.

Photo by Shirley Dietderich

WES7 Arizona, California, Hawaii, Nevada

November 7. Santa Barbara Half-Marathon, John Brennand, Box 6616, Santa Barbara, CA 93160. 805/964-2591.

November 8. Veterans Day 10K, Tucson, Ariz. Dave Mellady, 602/792-1450, x6701. November 8. Long Beach Shoreline Half-Marathon. Michael Braunstein, 21 39th Pl.,

Long Beach, CA 90803. 310/433-4557. November 8. Orange County Marathon, Irvine, Calif. Michael Marckx, 567 San Nicholas, Ste. 101, Newport Beach, CA 92660. 714/640-2593.

November 15. Phoenix 10K. Harvey Beller, 1201 E. Jefferson St., Phoenix, AZ 85034. 602/229-1060.

November 29. Run To The Far Side 10K/5K, San Francisco. 415/668-2243.

December 6. 45th annual Western Hemisphere Marathon and 5K, Culver City, Calif. Cash prizes in 11 age categories. SASE to WHM, 4117 Overland Ave., Culver City, CA 90230. 310/202-5689.

December 6. San Diego Marathon. Lynn Flanagan, In Motion, 7847 Convoy Ct., Ste. 105, San Diego, CA 92111. 619/268-5882.

December 6. California International Marathon, Sacramento, CIM, P.O. Box 161149, Sa 916/477-2786. Sacramento, CA 95816.

December 13. Honolulu Marathon, HM. 3435 Waialae Ave., #208, Honolulu, HI 96816. 808/734-7200.

December 19. Las Vegas Half-Marathon. Also relay. Bill Callanan, Tri-A-Run, 6252 Clarice Ave., Las Vegas, NV 89107. 702/870-8269.

January 16. Paramount 10K, Paramount, Calif. SASE to Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648, 714/841-5417.

January 16. Paramount 10K World Masters Division. Pre-registration only, by Jan. 9. Must meet qualifying standards: M40 34:00/M45 36:00/M50 38:00/M55 40:00/ M60 43:00/M65 47:00/M70 52:00/M75 65:00/M80 90:00/M85 100:00/ M90 110:00; W40 40:00/W45 42:00/W50 44:00/W55 47:00/W60 52:00/W65 60:00/ W70 75:00/W75 90:00/M80 100:00. See Jan. 16 above.

February 6. Las Vegas International Marathon/5-Person Relay/Half-Marathon. Al Boka, Race Director, P.O. Box 81262, Las Vegas, NV 89180.

NORTHWEST Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

November 28. Seattle Marathon. P.O. Box 31849, Seattle, WA 98103. 206/547-0885.

CANADA

November 1. Canadian Masters AA Club Cross-Country Relay Championships, Toronto. Don Farquharson, 1220 Sheppard Ave. East, Willowdale, Ontario, Canada M2K 2K1.

November 21. Canadian Masters National Cross-Country Championships, Etobicoke, Ontario. Dave McKendrick, P.O. Box 280, Tottenham, Ontario, Canada LOG 1WO. 416/936-4584.

INTERNATIONAL

November 7. Rosarito Beach Holiday Runs, Baja California, Mexico. SASE to



Javelin sextet from I to r: Phil Fehlen, John Burns, Phil Conley, Turk Markishtum, Don Rose, and Karl Meyer, TAC/Pacific Masters Championships, Los Gatos, Calif., July 13.

Photo by Shirley Dietderich



In a mixed age-group 400, Val Scott, W30, barely edged Martie Behrens (lane 1), W40, 66.3 to 66.4, to the finish. Shirley Matson (center), 51, set a U.S. single-age record with a 66.5, TAC Western Regional Masters T&F Championships, Hayward, Calif.

Photo by Jerry Woicik

Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714/ 841-5417.

November 15. BVAF 10K Championships, Barnsley, Yorkshire. Max MacNally, 29 Havercroft Rise, South Hiendley, Barnsley, Yorkshire.

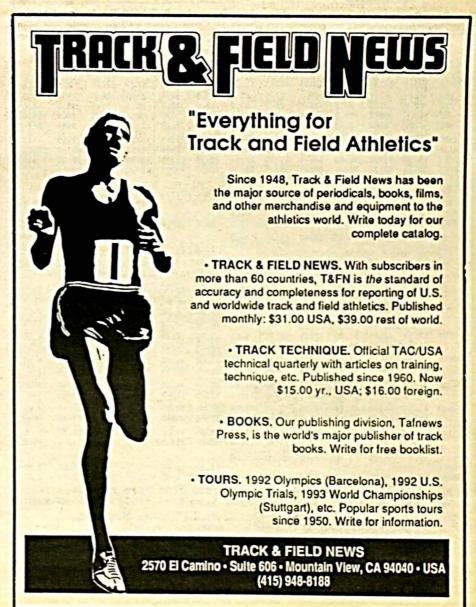
RACE WALKING

November 6-8. Martin Rudow Invitational

Seminar & 5K (8th). Plantation, Fla. Paul Geyer, P.O. Box 630096, Miami, FL 33163. 305/935-6063.

November 21. MAC 40K Championships, Central Park. Gary Null, P.O. Box 918, Planetarium Station, NY, NY 10024.

November 22. One Hour Postal, Monmouth College, N.J. Shore AC, c/o E. Denman, 28 N. Locust Ave., West Long Branch, NJ 07764.



RECIPIENTS OF CERTIFICATES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

M30-34 Jeff Helton M35-39	High Jump	6-7	6-6-92	M55-59 Charles Richard Patty Devlin Norm Saucedo	Long Jump Javelin 800M	17-6 3/4 62-4 2:24	6-29-92 9-20-92 7-30-92	M75-79 Fred Praeger	100M	16.40	9-5-92
James, Perry Jr. Matt Byrnes	100M 200M Shot Put	10.81 22.85 14.76	7-11-92 7-11-92 7-11-92	Everett Hardy	Discus	136-3	7-11-92	Rene Blenden	200N 100M	30.03 14.53 8.9	8-1-92 7-25-92 6-13-92
M40-44 Dale Wilcoxson Rob Jackson Mike McCracken	Discus 400M 800M	141-11 52.98 2:05.8	6-28-92 8-1-92 8-1-92	Larry Dickerson Rudy Bredenbeck James Spitzer	One Mile Discus 1500M RW One Mile RW	5:47.13 132-0 8:03 8:08	8-12-92 7-21-92 7-11-92 9-6-92	Sandy Maryott	Shot Put		
John vn Rohr	Shot Put 350 Weight Hammer	44-104 42-10 152-8	8-2-92 6-27-92 8-9-92	M65-69 Walt Atcheson	2000M SC	10:17.05	8-13-92	Barbara Thompson Betty Vosburgh	5K 10K Hammer Discus	25:51 39:54 23.29 21.00	6-27-92 3-10-92 6-27-92 6-27-92
M45-49 Allen McDaniel Mike Augeri	800M 200M Pentathlon	2:11.93 25.0 2888 pts.	6-6-92 5-16-92 5-16-92	Howard MacMillan	200M	29.8	2-23-92		Triple Jump Weight Throw Pentathlon Heptahlon	3686 pts. 5702 pts.	4-3-92 5-2-92 2-23-92 7-29-92
M50-54 Richard Soukup Walter Cockreham	100M Javelin	12.40 143-54	8-8-92 9-5-92	Charles Mariott Donald Hull	Discus Javelin Long Jump Hammer	32.36 34.18 3.65 32.23	5-29-92 5-29-92 5-16-92 7-12-92	Melva Murray W65-69 Helen Lonnroth	10K 1500M RW	10:24	6-5-92

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Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90
1500	6:42	6:53	7:03			7:45							
Mile	7:12	7:24	7:36			8:21							
3000						16:12							
2Mile	15:04	15:30	15:54	16:24	16:54	17:30	18:12	19:24	20:27	22:06	24:48	26:30	29
5000	23:36	24:13	24:48	25:33	26:24	27:18	28:24	30:24	31:54	34:33	38:42	41:24	45
													-
10K						55:26							
15K	1:12		1:16			1:27							
20K	1:38		1:43	1:47		1:57					2:40	2:55	3
50K	4:30	4:36	5:00	5:09	5:20	5:41	5:53	6:20	6:48	7:12			
						WOM	EN						
1500	7:25	7:29	7:53	8:08	8:26	8:45	9:08	10:39	11:15	11:58	12:50	14:17	15
Mile	8:00					9:42							
3000	15:30					18:48							
2Mile	16:44	17:15	17:46	18:18	18:54	20:12	21:36	24:00	25:21	26:54	28:54	32:09	35
5000	26:13	26:56	27:42	28:33	29:36	31:33	33:48	37:30	39:36	42:06	45:09	50:18	55
10K	53.35	54.41	56.12	58.00	63.12	65:48	70.33	76.06	B2 - 42	87.54	94:12	1:42	1
15K						1:39							
20K	1:54											3:38	
50K		5:26							-141	2100	2113	2:30	3

ſ	U.S. MASTERS STANDARDS OF EXCELLENCE												
Ì					N. Sand	FO	R ME	N				- 3	
Charman	Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-94	85-89
1	100	11.0	11.33	11.67	12.0	12.5	13.0	13.5	14.0	15.0	16.5	18.0	20.0
I	400	51.0	52.5	54.0	56.0	58.5	61.5	65.0	70.0	76.5	84.5	94.0	105.0
ı	800	2:01	2:04	2:08	2:13	2:19	2:27	2:37	2:49	3:06	3:27	3:54	4:24
۱	1500 Mile	4:11	4:15	4:22	4:32	4:45	5:02 5:25	5:24	5:47	6:22	7:03 7:38	7:59 8:42	9:15
۱	5000 10000	15:30 32:11	15:42	16:06 33:30	16:44	17:30	18:24	19:36	21:08	23:30 48:30	26:00	29:00	32:30
۱	110H	15.3	16.4	17.75	STATE OF THE PARTY.	30.13	30.10	40.30		40.30	34.30	01 17	
۱	100H	E TEST			Marie P	18.0	19.0	20.0	21.3				
ı	80H 400H	57.6	59.7	62.0	64.4	67.2	70.6			18.0	21.0	25.0	30.0
ı	300H					48.0	51.0	55.0	60.0	66.5	74.5	84.0	95.0
۱	3K-SC 2K-SC	10:00	10:20	10:55	11:40	12:30	13:20	9:30	10:30	12:00	14:00	16:30	19:30
ı	HJ	1.94	1.85	1.76	1.68	1.59	1.50	1.41	1.32	1.23	. 1.13	1.02	.92
Į.	1	6-45	6-3/4		5-6	5-24	4-11	4-74	4-4	4-13	3-8	3-4	3-1
	PV	14-5%	4.15	3.90	3.60	3.30 10-10	3.05	2.80 9-2%	2.55 8-41	7-64	2.05 6-84	1.80 5-11	1.50
	m	6.55	6.20	5.85	5.45	5.10	4.75	4.40	4.00	3.65	3.35	3.00	2.65
	TJ	21-6	12.65	19-2%	17-104	16-9	9.65	14-5½ 8.90	13-14	11-115		9-10	8-84
ì		43-95		39-1	36-7	34-15	31-8	29-25	8.20 26-11	7.50	6.80	6.10	5.50 18-1/2
î	Shot		14.10	13.00	12.00	12.40	11.20	12.00	10.80	10.00	8.80	7.65	6.50
	Discu	44.80	SECTION ASSESSMENT	40.60	39-45	40-8%	36-9 36.40	40.00	35-5%	33-0	26.40	25-1%	16.20
		147-0	139-9	133-2	124-8	131-3		131-3	120-9	103-8	86-7	70-24	53-2
Î	Hamme	r 47.24		41.14	38.10 125-0	38.40 126-0		36.00 118-1	33.00 108-3	29.00	25.00	22.50 73-10	18.00
ì	Jav		S. Parkey			- 43.00	The second	40.00		29.00	24.00	19.00	15.00
b		203-5			157-6	141-1		131-3	114-10		78-9	62-4	49-2
Ĭ.	35#Wt	. 15.00	14.00	13.00	12.00	10.00	9.00	11.00	10.00	9.00	8.00	7.00	6.00
No.	56 Wt	. 9.50		8.50	8.00	6.00		4.50	4.00	3.50	3.00	2.50	2.00
ì	Pe	n 28	00 260	0 260	0 260	0 260	0 2600	2600	2500	2600 5250			2600:
	All little			arda are									7230
ì		2) 5	hort hur	dles: 30- les: 30-	-49: 39"	: 50-5	9: 36":	60-69:	33": 70				
ì		4) SI	not pat:	30-	-49: 7.2	6k (16#); 50-5	9: 6k;	60-69:	ik; 70+	: 4k.		
		6) H	mer:		-49: 7.2	6k (16#): 50-5	9: 6k;	60-69:	k; 70+	: 4k.		
	1	8) No	tric he	ights and	-59: 800 d distan	ces are	the sta	nderd; f	eet and	Inches	isted f	or conve	nience.
1	The same	9) P	en/Dec	: 30-	39 IA	AF pt	s.; 4	0+ WAY	VA fac	ctorin	g (ne	W WAV	A).

	0.0.		LIC			OMI	OF				T.
Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84
100	13.8	14.2	14.6	15.0	15.6	16.2	16.9	17.8	18.8	20.0	21.2
200	28.0	29.2	30.3	31.4	32.5	34.0	35.7	37.5	40.0	43.5	47.0
400	63.5	65.5	67.5	69.5	71.5	73.5	78.5	83.7	90.0	96.5	
800	2:32	2:35	2:40	2:46	2:54	3:05	3:19	3:36	3:56	4:09	4:35
1500	5:10		5:29		5:58	6:20	6:48	7:23	8:04	8:52	
Mile	5:34	5:44	5:55	6:07	6:26		7:19	7:46	8:47	9:39	
5000	19:45	20:30	21:20		23:12	24:16	26:08	28:08	30:08		
10000	41:00	42:40	44:40	47:00	49:30	52:00	56:00	60:00	66:00	76:00	86:00
100H	17.2	18.2							No.	2000	1
80H 400H	75.5	79.9	15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0
300H	13.3	19.9	04.4	00.0	66.0	72.0	79.0	87.0	96.0		
					Control of the	1.07	1.02	.97	.92	-	
нЈ	1.42	1.35 4-51/4	1.27	1.19	1.12 3-8	3-61/2	3-44	3-24	3-04	2-11	
	Mary and the	The state of		Section of the Control		100 mg 12 mg		THE PERSON NAMED IN	THE PERSON NAMED IN		
n	5.00	4.60	4.25		3.55		2.85	2.60 8-64	7-84	2.10 6-11	2.00 6-7
	16-5	15-1	manufacture of the	A VALUE OF THE PARTY OF THE PAR		10-6	9-44	The same of	and the same of	Control of the last	Desir Walter
TJ		9.20	8.60	7.80	7.18		5.70	5.20		4.20	3.80
		30-24			All I		18-84			13-94	Dec
Shot	10.30	9.30 30-6½	8.40	7.70 25-34	7.95	7.20	6.50	5.80 19-0k			4.25
				CANADA AND				OF THE PARTY NAMED IN	A Part of the last		Part St.
Jav	39.50 129-7	33.50 109-11	27.50	21.50 70-64	25.00 82-0	19.00	18.00	16.00	15.00	14.00	13.50
Discus	30.0 98-5	27.8	26.0	24.0	22.0	20.0	18.0	16.0	15.0	14.0	13.5
No.		91-2	85-4	78-9	72-2	65-8	59-1	52-6	49-2	The Report of the	44-4
Hammer	35.0 131-3	32.5 114-10	30.0 98-5	25.0 82-0	23.0 75-6	72-2	20.0 65-8	18.0	14.0		9.0
	A NUCLAR				San	A	COLUMN TOP	59-1	45-11		29-7
20 Wt.	10.00	9.00	8.00	7.00	6.00	5.00	4.00	3.50	3.25	3.00	2.75
notes:	1) 100	standa	da are	for aut	omatic	time:	use star	ndard c	onversi	on for	hand t
STANK TO		rt hurd					CONTRACTOR DE	THE PLANTS	Editor 1	Delay P	THE PERSON
		t put:	30-	-49: 4k	: 50+:	3k.					
4-1-1		elin:		-49: 600			gm.				
STORY OF THE	5) Ham 6) Het			-49: 4k							

ALL-AMERICAN CERTIFICATE/PATCH NAME_______AGE-GROUP _____ ADDRESS______SEX: M____F ____ CITY______STATE____ZIP ____ MEET______DATE OF MEET _____ MEET SITE ______ EVENT:______MARK: ____ HURDLE HEIGHT_____WEIGHT OF IMPLEMENT____ CERTIFICATE ____PATCH ____PATCH TAG

APPLICATION FOR AN

If you have bettered the standard of excellence, please send \$10 for a certificate, \$10 for patch, or \$15 for both a certificate and a patch. (A patch tag, showing event and year, is an extra \$5 each.) Send to: All-American, National Masters News, P.O. Box 2372, Van Nuys, CA 91404. (Enclose copy of results, or note in which issue they appeared.) A 3-color, 8" by 10" certificate—suitable for framing—and/or a 3-color, 3" x 4" patch will be mailed to you within two weeks. (Allow six weeks for patches with tags.)

TRACK & FIELD RESULTS

Please send results to: National Masters News, Nuys, CA 91404. To keep information current, publish results more (maximum 28 spaces Deadline is the 10th

NATIONAL

TAC/USA National 56-Pound Weight Throw Championship

	1	Championship	
C	iree	ville, SC; Octo	ober 3
56	-Pou	nd Weight	
M3			5.18
M3		Baty	8.59
M4		Baker	9.29
M4	5 G.	Mathews	9.00
		B. Clayton	6.80
M5			8.33
	M.	Valle	6.68
M5			7.22 6.48
HO	L.		6.13
	T.	Bartenfeld	4.70
	N.	Curran	4.15
	B.	Patrick	3.98
ME			6.36
N/200	D.		4.40
M7	70 T.		4.58 2.89
W			2.89
		and Weight	
	30 C.		7.41
	35 J.		13.61
	10 R.		12.97
M	15 G.		13.51
	50 D	.B. Clayton .Bloomfield	10.45
H	M		10.22
M:	55 T		11.36
M	50 L		10.55
	P.		9.26
5	N.		6.82
	T. B		6.72
M	55 C		9.22
-	D.		8.34
M	70 T.		7.65
M			5.60
ME		POwell	4.78
	POL	and Weight Klehm	4-11 401-6
	35 J		9.47
	40 R		15.63
M	45 G	Mathews	17.00
1		B. Clayton	12.63
N. M	50 D.		14.88
M	55 T		12.83
	50 P		12.83
	L	Olson	12.72
	T	. Bartenfela	9.08
	N		8.60
No.	B.		7.66
M	55 C		12.60
M	70 T		10.84
		AND REPORT OF THE PARTY OF THE	10.47
80			6.11
	O-Poi	Bloomfield	-
		AND DESCRIPTION OF THE PARTY OF	7.45
		and Weight	100
	0.00	Bloomfield	9.85
		out	100000
M.			8.72
M:		The second secon	12.71 12.14
M4			
		B. Clayton	11.28
MS			11.68
	D.	Bloomfield	8.71
86		Olson	12.71
	P.		11.34
	_ N.		10.09
WS	B.		9.42
W.	о в.	Bloomfield	7.69

EAST

TAC/USA Eastern Regional Masters Championships Randall's Island, NYC August 1

The Real Property and Control of the Party o			
MEN'S 100 METERS	3		
REMO BINGIONI	INS	33	11.10
FRED FEASTER	UIUM	32	11.20
MILES VAUGIN	UN	34	11.49
DC. MILLER	UN	31	11.80
DON MC NELL	NUS	35	12.05
MILITUM AVOCHIN	PE	39	12.06
KEN BAUERSFELD	CSAC	37	12.86
ROCKDALE: HUDSON	CSAC	38	13.01
TED DAHER	HYH	37	19.50
	TO ALL		
JOE HACK			11.89
ROB JACKSON			12.33
PHIL FELTON	HI	43	12.34
WILLIAM CORSEY	UN	43	12.43
JOIN BORDEN	141	42	13.43

JOHN HE HARUS

WILLIAM BENÇAN

MILES VAUGIN

MEN'S 1500 METERS
LEMIS JEFFERSON MYP 30 4:25.40

MR 69 2:42.54

NYM 73 3:17.91

EXB O'BRIEN JULIO NARIN RICHARD KAYE

GSAC 52 R.90 NESC 50 R.82 NYM 51 7.98

e than 4 months old. Res s/2½" wide) in our format of the month prior to issu
JOSEPH JOHREAN MARIU 47 11.84 LAOYD HART SAME 48 12.00 PAUL HIMMY GSAC 47 12.17 MIKE AUGERI UN 45 12.33
GENE BALLARD JULIO HARTH BOB O'BRIEN GSAC 52 13.87
ALEX JOHNSON UN 59 13.45 JOE HEFHER UN 57 13.77
DO COMPONENT CAN 63 13.61 ED COM SC 64 13.67 SING 1ANNE SC 62 14.58 CHINDY R GROSE SRI 61 14.59 TUN RE COMPONENT TAYM 60 DAF
MAURICE LEMPZER NYM 66 17.58 ED NATITIONS NT 72 15.00 KEN JACK NYP 71 14.64**
CLAUDE III.I.S 114 80 17.88 MEN' 200 METERS FRED FEASTER MOTU 32 23.19 REMO BIAGIONI NIS 33 23.34
JAMES EASTER UN 37 23,85 LON MC HELL HUS 35 24.10 ROCKDALE HUDSON GSAC 38 26.52
PERROL LEE MOTU 42 25.02 PHILL FEIRON PM 43 25.26 VIRENDRA GAUTHLER SRI40 28.03
JOSEPH JOHNSON MOTU 47 23.59 KEN BRINKER GSAC 45 23.64 PAUL HERRY GSAC 47 25.28 HIKE AUGERI UN 45 LIR
JULIO MARIN NISC 50 27.26 CLIFF PAULING CPTC 57 27.24
CLIEF PAULITY JOE HEMLER ALEX JOHNSON HILLIP PLANT LOUGHS ALBERTS LOUGHS ALBERTS LOUGHS ALBERTS LOUGH S 727.64
HI 57 30.02 HI SCS MITCHELL CAH 63 28.65 JACK LANCE GSAG 62 30.19 CHINNOY K GROSE SRI 61 30.91
EN JACK NYP 71 29.74
HEAT'S 400 METERS I RED FEASTER HAVIU 32 54.11 JEFFREY JOINISON CPIC 34 60.80
JAMES PASTER UN 37 52.26 ROBERT WALKER CITIC 39 53,00 KERMIT HUMMEI, UN 38 55.16 TERRY LEANESS UN 36 58.19
ROB JACKSON NYP 42 53.31 PHILL FELTON IM 43 54.54 HICHAEL BLAKE CPIC 42 57.62
KEN BRINKER GSAC 45 52.42 LLOYD HART UN 48 52.88 LYAHL HEZRY GSAC 47 55.97 LARIE KURL SAC 48 59.31
DAN HAMHER UN 52 61.87
CLIEF PAULING CITC 57 60.86 INVIN BERNSTEIN GRAC 59 63.06 HILLIP PLANT NYP 56 67.29 ARNOLD MEARICKI UN 62 71.54
MEN'S 800 METERS LEWIS JEFFERSON NYP 30 2:06.25 JEFFREY JOHNSON CPIC 34 2:10.68
ROBERT WALKER CUTC 39 2:03.52 TERRY LEAVESS UN 37 2:17.29 VIENDRA GRUITILER SRI 40 2:07.53 MICHAEL BLAKE CUTC 42 2:09.46
HICHAEL BLAKE: CITC 42 2:09.46 HARRY ROLAN SAC 45 2:05.97 HARRUS HEIDELDERG UN 47 2:06.52 JOHN RUHL SAC 48 2:15.87 SALIH TALLIB UN 47 2:27.65
DAN HA-INER CFTC 52 2:18.00 CLIFF PAULING CPTC 57 2:28.67
ARRIOLD MEARIXAN UN 62 2:46.65 JOE KERRAN NYM 62 LINE

P.O. Box 2372, Van	OIN ON
we generally do not sults that are typed	BII
receive preference.	F2)
	CL
HARRY NOLAN SAC 45 4:19.76 JOSEAN BURLESON INC 45 5:09.02	JOH
JOIN MC MANUS MR 69.5:34.49 MEN'S 5000 METER RUN	RIC
RICK PIESCHEL CPTC 40 16:03.19 HANSJOSEF THILELE CPTC40 17:25.62 ROBERT CAPLIN SS 42 18:21.87	SIE
SALIH TALIB (RI 47 22:55.00	BR1 JOI
STAN EDELSON SAC 51 18:27.25 GITABERT MACKLIN UN 52 26:36.81	JUL JEF
DES MARGERSON NYP 66 24:18.92	JUI
MEN'S HIGH HURDLES 110M - 39" CURTIS PITHWN UN 43 18.11	MAT
KEN BRINKER SAC 45 15.72 110M - 36"	RAY
BARRY KLINE UN 52 17.13 DOUGLAS ALBERTS NM 57 17.27 RALPH BARCHE NYM 58 24.14	JOI
1004 - 31" LARRY PRATT: ILIH 60 19.38	HOL
BILL TOMISHID SC 65 19.83	HEN
EDMIN LUKENS SC 70 14.68 BOO MORCOM UN 71 15.71	HEN DOI:
MEN'S INTERMEDIATE HURDLES 400M - 33" DARRY KILLIE UN 52 70.73	RIC
DARRY KILINE UN 52 70.73 DOUGLAS ALDERIS MM 57 74.31 RALPH UNEXUTE NYM 58 90.18	TES
3004 - 30" LARRY IRATE NJM 60 51.96	JOI
MEN'S STEEPLECHASE	BR NO
ROSER GATTWILLER NUM 39 10:12.50 1911 L YOUER 1914 1 10:32.75	HAI
MEN'S HIGH JUNE	RIC
JASON MELSILER DUUTC 37 6-6	RIC RA QU
RICHARD SOBEL GSAC 44 5-0	HE
JERRY KLINE UN 52 5-1 JERRY COUNTINN HYNC 53 5-5\1 JERRY SULLIVAN GSAC 52 4-3\1	JA BU
RALPHI BARCULT: NYN 58 4-51, MORTON HAIRI GSAC 56 3-9	CL
LARRY I RATT SR NJM 60 4-104 -	ME MI MA
IXO HEFCON UN 71 4-4's	PE
DOG DETWELLER IN 78 2-10 CLAUDE HILLS IN 80 3-114	JO RI
HEN'S POLE VAULT	BR
CHARLES STEVENSON UN 62 9-6	BI MA KU
JACK DOORLAY NYM 67 7-6 IXO MORCON UN 71 9-6	LE
CIANDE HILLS IM 80 6-0	BOE
MEN'S LONG JUNE ROCKIONIE HINDSTI GSAC 38 5.15	REA
WILLIAM CORSEY IN 43 5.84	DEN
RICH RYAN NY11 40 4.58 BON O'PRIEN CEAC 52 4.54	RIC
ALEX JUNISON UN 59 4.51	FUM
CHARLES STEVENSON UN 62 4.40 JACK LARTE CSAC 62 3.97 OUTNO BLAGGORE UN 62 3.86	JOI RIC
JACK EXORIAY NYL 67 4.00	JET JAI DA
BULL TEARSIED SC 65 3.96 EIWIN LEREIS SC 70 4.43 ED NATHURS 141 72 3.90	ROE
IIIIIAR SAARESITA ME 70 3.50	HON
MEN'S TRIPLE JUNE LEROY CARVER UN 33 12.99	RAY
TAYLOR TURNSTALL. 174 42 10.86 RICH RYAN NYM 40 9.75	JA

sters News	
HATG POHIGIAN NYM 56 9.28 HORTON HAIN CEAC 56 6.36	MEN'S WEIGHT THRO
JACK LANCE CSAC 62 8.92 QUINTO BIAGIONI IN 62 8.57	RICIURO SMITII JOIN CASAMASSIMA
BILL TUNISDRD SC 65 8.6	World record.
EMIN LUNEUS SC 70 9.6° ED HATTHERS NO 72 8.11	JOIN BRUNSTEIN
IIILLAR SAARESTE ME 70 7.61	MARTIN KINTISH KURT KRASTIN
HEAL'S SIXT FUT WILLIAM WOLVERTON SAC 35 14.35	LEV MOZINEV
JOHN KALINS GSAC 36 11.36	HARTIN ENGEL
RICH DUNINY GSAC 40 12.80 RICH DUNINY GSAC 44 11.96 MLKE KALMAS GSAC 41 10.24	NEN'S 1500 METER
RICHARD SMITH UN 43 9.96 STEVE BUDINAS NYM 44 8.51 PAUL HORRCHE UN 50 13.10	JOHN NERVETTI
BRIAN NC KEINA NYAC 54 11.53	MICINEL KOROL
JULIO MARIN UN 50 10.12	IARRY RYAN IKANARD RESKER
JERRY SUILLIVAN GSAC 52 9.01 JOHN HUDGINS UN 52 8.77	GARY HULL, FRANCO PANTONI
RICIVAD DEERE UN 55 12.21 MARTIN KINTISI NYM 59 10.55 KURT KRASTIN NYM 57 9.91	TRENE THUNGON
RAY FEICK IM 60 12.26	JEHNIFER PINIO
JOHN PAVACIC NYM 61 9.61	SANDY PASIIKIN
HAURICE LENIZER NYM 67 10.48 HAURICE LENIZER NYM 66 6.77	NANCY AMERICAL
NOB DEIWEILER PM 78 6.23	WOMEN'S 200 NET
JOIN KNINAS GIAC 36 42.18	LYIN DAVIS
RICH DANSICO UN 42 38.35	JENNIFER PINIO BETY CLAIR-SEAR
RICHARD SMITH UN 43 27.85 STEVE BUDINS NYM 44 26.41	LORRALNE TUCKER
TERRY SIRJON UN 46 38.97 ELMARU FOX UN 48 31.69 FRANK MANROE GSAC 45 31.39	WHEN'S 400 METER
JOHN BRONSTEIN 111 52 40.79	JOAN STERREIT LOUISE CLARK
BRIAN NC KENNA NYM 51 39.52 NORM CYPRUS NYAC 54 36.11 DOUGLAS POWER UN 50 32.00	LYNN DAVIS
MARTIN KINTISH NYM 59 36.36	DETTY CLAIR-SEAR JENNIFER PINTO
RICHARD DEERE UN 55 25.43	SANDY PASIIKIN
RICHARD HOLLOWAY SC 62 38.99 RAY FEICK 114 60 35.25 QUINTO BIAGIONI UN 62 31.40	JOAN STERREIT
HERB CANTOR NYM 67 33.38	BETTY CLAIR-SEARCH
JACK INGENNAN UN 74 26.48	MINE LEARY
CLAUDE HILLS PM 80 25.41	JUDY ANCHOR WOMEN'S LITCH HUR
MEN'S HAPPER THROW MIKE DERSON SAC 32 49.24	LOUISE CLARK
HARK HECKEL VA 32 48.87	IRENE THOMPSON
JOHN CASAVASSIMA UNI 44 41.85	MICHAEL, IIIII. LORRALNE TUCKER
BRIAN MC KENNA NVM SI 34 37	MONEW'S HIGH TH
JOIN BRONSTEIN 1M 52 26.95 BILL MC WILLIAMS NYM 51 34.27	ACCIVEL HITT HADS
HARTIN KINTISI NYM 59 26.82 KURT KRASTIN NYM 57 25.21	BARIJARA STEWART
HERB CANTOR NYM 67 30.43	DARBARA STEMART
BOB DEIWEILER FM 78 19.43	JULIE WIEDIS
REPUBLICATION NIS 33 150-1	DERRAINE TUCKER
JAY JOHNSON UN 41 123-114 SIEVE BUDINS NYM 44 107-94	BARIJARA STEMART
RICHARD SHITH UN 43 94-5	MANERY'S TRIFLE JU
NON BALLDERSTON CSAC 54 152-51	HATEN'S SHOT FOR
HORM CYPRUS NYAC 54 121-3 JOHN HUNGINS UN 52 100-4 RICHARD KAYE NYM 51 95-104	JULIE WIEDIS
JERRY SULLIVAN CSAC 52 92-7 JAI SINGI NYI 50 91-8 DAN ILWIJER CTTC 52 69-54	THENE THANKSON THENTY CLAIR-SEARC
ROBERT YOUNGS UN 58 156-4	JOYCE HALL-HUX
MARTIN KINITSII NYM 56 103-101 MARTIN KINITSII NYM 59 103-81, MORTON IIVIN CSAC 56 88-21,	LORRAINE TUCKER MICHAEL HILL
RAY FEICK FM 60 42.10 RICHARD HOLLOWNY SC 60 41.00	NAME CIRT NICK WORLYN KYLS
HERB CANTOR NYM 67 31.61 JACK DOORLAY NYM 67 25.02	NY HICKS ALEXANDRIA JOINS
HAURICE LENIZER HYM 66 16.11	DOROTHY I'NVACIC
ECHIEN LUKINS SC 70 29.80	LIBBY INCOMM

	PETER COLLINS PM 35 11.36	V P
1		1
	World record.	
	JOIN BRUNSTEIN IN 52 8.72	
	MARTIN KINTISH NYM 59 9.10 KURT KRASTIN NYM 57 7.58	-
		1
1000	HERB CANTOR NAM 67 9.93 HARTIN ENGEL, UN 13.45*	
	DOB DETWELLER IN 78 6.13 NEN'S 1500 METER INCENALS	1
	NEN'S 5000 METER RACENALK	
	HICIAEL KOROL UN 33 23:37.10 JARRY RYAN VA 39 29:11.74 IKAARD REXEER UI 38 30:20.46	
A 16 THE		
OF STREET	GARY NULL, IR. 47 24:21.63 FRANCO PANIONI NI, 46 25:14.64 WALERI'S 100 PETERS	
NORSHIELD IN	JEINIFER PHYD HYT 41 14.08	
-	LORRAINE TUCKER UN 45 14.09	No. of Lot
The same of	SANDY PASIIKTN NYT 50 15.48 BARBARA STEMART NYT 50 15.52	
	NANCY AMMERMULLER SACGI 16.63	
The state of	LOUISE CLARK UN 34 28.75	
The state of	LYNN DAVIS UN 36 31.95 JENNIFER PINIO NYT 43 28.44	
107 PK 109	BETY CLAIR-SEARCY NYT41 30.17	
Towns or the	LORRAINE TUCKER UN 45 29.79 NANCY AMMERMULLER SAC61 35.23	
1	WATER'S 400 METERS JOHN STERRETT WIC 34 62.71	
	1/2015E CLARK UN 34 65.86	
	LYNN DAVIS UN 36 68.84	
1	JERUITY CLAIR-SPARCY NYT 41 65.25 JERUITER PINIO NYT 43 68.29	ないか
	SAMDY PASIKIN NYT 50 77.64 KAHEN'S 800 METERS JUAN STERRETT WIC 34 2133.37	100
4000	JOAN STERREIT WIC 34 2:33.37 BETTY CLAIR-SEARCY NYT 41 2:39.74	SHAPPING SHAPPING
Na Spilor	MAMER'S 1500 METERS ANNE LEARY WIC 31 4:49.12	1000
	JUDY ANCHOR WITC 42 5137.53	A
	WOMEN'S HIGH HURDLES 100M - 33" LOUISE CLARK UN 34 19.45	- Market
A INDA	TRENE THOMPSON SC 38 18.18	1000
School of the last	BOM - 30" MICHAEL IIIII. UN 45 15.37	Sparited States
ALL STABLES	LORRAUME TUCKER UN 45 16.52 WOMEN'S HIGH JUMP JULIE WIEDIS UN 33 3-9	1
Notice and Street	JOHNNIE-HILL HUDGINS UN 45 4-351	THE PERSON
Kata Wilder	HICHAEL IIIIJ, UN 45 4-31. BARIJARA STEMART NYM 50 3-5	THE WAY
F	WILLIEN'S FOLE VAULT	100
THE STATE OF THE S	WUNETL'S TONG JUNE	
STATE OF	JORRAINE TUCKER UN 45 4.66	
Contract of	MICIAEL IIILL UN 45 3.88 BARIJARA STEMART NYM 50 3.64	1
,	LIBBY INGENUM UN 71 2.56	1
1	WARRARA STEWART NYM 50 7.10	1
TO STATE OF THE PARTY OF THE PA	MATIEN'S SIKIT PUT JULIE WIEDIS UN 34 5.65	0
	IRENE THONESON SC 38 - 7.88	-
To the same	JOYCE HALLS HYF 43 7.69	1
100	JOHNNIE HULL-HUUGUES UN 45 9.21 LORRAINE TUCKER UN 45 8.98 MICHAEL HILL UN 45 7.46	1
The same of the same of	ROSLYN KATZ NYM 50 7.72	1
	ANNE CIRU NICK NYM 57 8.98 ANY HICKS UN 59 7.50 ALEXANDRIA JOIRSON NYT 56 7.35	1
	DOROTHY PAVACIC NYM 61 7.10	

	page 25
EIT'S MEIGHT THROM EIER COLLINS IM 35 11.36	NUMEN'S DISCUS THRUM RUSLYN KATZ NYM 50 23.84
ICHARD SMITH UN 43 9.30 OIN CASAMASSIMA UN 44 11.69'	MY HICKS UN 59 24.64 MINE CIRUINICK NYM 57 19.22 JUM YOURGS UN 55 17.89
World record.	LORIS BERLEPSCII UN 69 14.91
FRANK MUNROE GSAC 45 10.03	LIBBY HAGENANN UN 71 17.91
HARTIN KINTISH NYM 59 9.10	ROSLYN KATZ NYM 50 27.69
KURT KRASTIN NYM 57 7.58	NNE CIRUINICK NYM 57 24.01 MY HICKS UN 59 21.51
LEV MOZINEV FM 66 11.56 HERB CANIOR NAM 67 9.93 HARTIN ENGEL UN 13.45*	DORIS BERLETSCII UN 69 13,29
DOB DETWEILER IM 78 6.13	LIBBY INGENIAN UN 71 20.40
EN'S 1500 METER RACEANLA RAIN NERVETTI SAC 67 8:39.44	WOMEN'S JAVELIN THROW IRENE THATESON SC 38 21.22
HEH'S 5000 METER RACEWALK	LORRAINE TUCKER UN 45 23.82
ARRY RYN1 VA 39 29:11.74	ROSYLN KATZ NYM 50 21.19
GARY NULL, III. 47 24:21.63	JOHN YOUNGS UN 55 18.38 NAME CIRULAICK NYM 57 15.06
FRANCO PANIONI N. 46 25:14.64 WHEN'S 100 NETERS	DORIS BERLEPSCH UN 69 16.48
IRDNE TIKHISON SC 38 13.89	LIBBY IUNGSPANN UN 71 19.85
LORRAINE TUCKER UN 45 14.09	MOMEN'S WELGIT TILROM
SANDY PASIIKIN NYT 50 15.48	LIBBY HAGEWAN UN 71 8.25
PARBARA STEWART NYI 50 15.52 NANCY AMERICULER SACGI 16.63	4 x 100 HETER RELAY 30-39 PASTERS OF THE UNIVERSE 44.62
WOMERI'S 200 METERS	GARDEN STATE AC 45.52
LYNN DAVIS UN 36 31.95	MONELL, BLAGIONI, MUSCH, FASTER LIGHTHING EXPRESS 45.56 VAUGIN, AUGERI, R. JACKSON, MACK
JENNIFER PINIO NYT 43 28.44 BETY CLAIR-SEARCY NYT41 30.17	4 x 100 METER RELAY 40-49 FILLADELTHIA PASTERS 46.60 FELTON, FLORANT, CASTOR, KRIEGER
LORRALNE TUCKER UN 45 29.79	4 x 400 MEJER RELAY 30-39
NANCY AMMERMULLER SAC61 35.23	PASTERS OF THE UNIVERSE 3:45.07. R JOINSON, EASTER, LEE, FEASTER 4 x 400 METER RELAY 40-49
DAN STERRETT WIC 34 62.71 DUISE CLARK UN 34 65.86	FELTON, FLORANT, CASION. KRIPGER
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MICHAEL HILL UN 45 15.37 LORRALME TUCKER UN 45 16.52	SC-Syracise Chargers, MCF-New York Track, CFTC-Contral Park TC, SACe Store AC, HOTU-Husters of the University
THE MIEDIS UN 33 . 3-9	ctne, NYP-Hew York Ploneer, IN-Hory- land Huntern, HAN-Hew Jersey Hunters, NUS-How Jerney Striders, NYC-Hest- chente TC,UN Unstincted.
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THE WIEDIS UN 33 3.36	Towson State U., MD August 15
ORRAINE TUCKER UN 45 4.66 ICHAEL IIILL UN 45 3.88	100m M27-34 Gene Vickers 31 11.48
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UN 71 2.56 WHERT'S TRIFLE JUMP	OpenW 3 Kathy Hax 31 16.61 200m OpenM 1 Ivan Jordan 30 22.65
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1 8	OUUM
6	M35-44 Gary Tatum 35 2:02.1 M45-54 Bob Weiner 45 2:18.2
2	M55+ Chas Reynolds60 2:39.2 OpenW 1 Cynthia Jones342:33.5
8	1500m
0	M27-34 Ted Poulos 30 4:24.6
5	M35-44 Vinny Pinto 41 6:50.7 M45-54 Bob Weiner 45 4:35.9
0	M55+ Chas Reynolds60 5:21.2
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page 26		National M	asters News		November, 1992
Continued from previous page	建筑的市场中央		Maria Carlos Company		UAO Skipper Clark 26.58
The state of the s	James Easter 12.72 Bobby Bennett 12.82	M65 Rudy Valentine 1:08.9 Oscar Harris 1:14.2	high jump (feet/inches)	H45 Joe Kalnas 11.01 Terry Shuman 10.85	W40 Skipper Clark 26.58 Harianne Winters 14.90
3000m 1 Kathy Kanes 30 11:40 5000m	Jack Mroz 13.45	Bob Parsons 1:14.3	M30 Mike Pascuzzo 6-10	Palmer Sweet 10.68	W45 J. Hill-Hudgins 24.00
OpenM 1 Gerry Clapper3114:43	M40 Bob Bowen 11.83	Jerry Nolan 1:25.4	M35 Barry Staton 5-4	Frank Monroe 9.70 Edward Fox 9.54	W55 Anne Cirulnick 15.62 Sharon Good 11.14
M27-34 Mike Sterling31 15:53	William Corsey 12.13 Clarence Curry 12.26	W30 Louise Clark 1:04.1	M40 Richard Sobel 5-2 William Corsey 5-0	Edward Fox 9.54 M50 Paul Morrone 13.00	W70 Libby Hagemann 18.10
M35-44 M Pointer 36 16:28 M45+ C Villeneauz 46 17:13	Phil Felton 12.29	W40 Jennifer Pinto 1:04.7	Rob Schaible 5-0	Glen Johnson 12.24	weight throw (in meters)
OpenW 4 C Zimmerman 33 20:21	Woody Disharoon 12.51	W45 Sue Green 1:28.1 W50 Ronni Levy 1:41.6	Ivan Black 5-0 Ed Laurelli 4-10	Jai Singh 10.23 John Bronstein 9.75	11.60
Short Hurdles OpenM 1 L. Jeremiah 30 15.42	Dana Harrell 12.81		Woody Disharoon 4-10	John Hudgins 7.91	M30 Greg Gassner 14.62 M40 Mike Sherrill 10.44
Long Jump	Charles Pleasant 12.84	800m	M45 Jan Decker 4-8	M60 Len Olson 13.32 Ray Feick 12.72	M45 Frank Monroe 10.26
OpenM 5 Rick Cook 41 16-4	John Clay 15.55 M45 Joe Johnson 11.65	M30 Jerry O'Brien 2:26.6	M50 Barry Kline 5-2 M55 Vince Ruffin 4-4	Ray Feick 12.72 Pay Carstensen 11.61	M50 John Bronstein 8.80 M60 Len Olson 14.06
Shot Put OpenM 3 Bob Feeney 39 33-7	Melvin Fields 11.81	M35 James Pryde 2:02.6	Morton Hahn 4-0	Richard Holloway 11.32	M60 Len Olson 14.06 Pay Carstensen 12.87
The second secon	Mike Augeri 12.12 Tim Dickens 12.95	Miller Allen 2:10.9 Dallas Jacobs 2:11.6	M60 Gordon Seifert 4-10 Lawrence Pratt 4-3	Paul Soraparu 10.13 Giorgio Chiavelli 8.98	Ray Feick 11.68
Potomac Valley Seniors TC Meet	Michael Paul 18.02	Warren Fisher 2:11.8	Paul Soraparu 4-2	Bill Bergen 8.72	Rich Holloway 9.81 Paul Soraparu 4.84
Alexandria, VA	M50 Dick Ocker 12.86	Russ Patton 2:17.2 Steffen Knight 2:19.9	Bill Bergen 4-0	Art Harris 8.60 H70 Paul Eberhardinger 7.46	M65 Lev Mozhaev 13.32
August 23	Tom Hartman 13.29 M55 Larry Colbert 12.63	Tony Natale 2:34.8	Mark Richards 3-10 Art Harris 3-10	M75 Francisco Colon 9.78	M70 Paul Eberhardinger 8.02 M75 Gilberto Gonzalez 6.56
100m	Horace Stephens 14.63	M40 Karl Castor 2:12.78	M70 Ed Lukens 4-2	Eugene Wood 8.92 Gilberto Gonzalez 8.90	Bob Detweiler 6.52
M30 Ivan Jordan 30 10.9	M60 Bob Keegan 12.90 Jim Stookey 13.21	Denny Mellish 2:14.75 Ben Draper 2:15.46	H75 Francisco Colon 4-0 Gilberto Gonzalez 3-6	Gilberto Gonzalez 8.90 Herman Hand 7.88	Eugene Wood 5.78
M40 Melvin Fields 47 11.9 M50 Larry Colbert 55 12.7	Ed Cox 13.36	Jim Yester 2:23.46	Bob Detweiler 3-0	Bob Detweiler 6.61	W40 Marianne Winters 6.86 Skipper Clark 6.78
M60 Joel Holman 62 14.5	Jack Lance 14.19 Giorgio Chiavelli 14.62	H50 Dennis Pennenga 2:16.21 Jim Donohue 2:20.92	M80 Claude Hills 3-8 W30 Julie Wiedis 3-8	W30 Emily Sims 5.21 W35 Neysa Westman 7.02	W55 Anne Cirulnick 8.08
W30 Marg Zalenska 32 14.4 W70 Carla Convery 72 20.4	Bill Bergen 14.86	Larry Harvey 2:25.19	W35 Mary Ellen Malloy 4-0	Patricia Brown 6.58	W70 Libby Hagemann 8.12
200m	Phil McCloskey 14.92 M65 Oscar Harris 14.52	Robert Ross 2:39.77 H55 Robert Evan 2:43.40	W45 Michael Hill 4-4	W40 Skipper Clark 7.69	2-mile racewalk
M30 Ivan Jordan 30 22.6 M40 Melvin Fields 47 24.0	Rudy Valentine 14.65	M65 Marvin Levy 5:08.12	Johnnie Hill-Hudgins 4-2 W50 Barbara Stewart 3-10	Marianne Winters 6.91	M40 Alan Robinson 18:46.6
M40 Melvin Fields 47 24.0 M50 Larry Colbert 55 25.3	Walker Pierson 15.12 Albert Hedrick 19.09	M70 George Blyn 3:32.12	Wild Barbara Scewart 3-10	W45 Johnnie Hill-Hudgins9.60 Joyce Barnes 6.78	M45 Larry Simmons 17:46.0
M60 Joel Holman 62 29.6	M70 Ed Matthews 14.34	W30 Maureen Doherty 3:39.30 W35 Maureen Fazio 2:36.23	pole vault (feet/inches)	W50 Barbara Stewart 7.10	Stan Kauffman 21:58.7 M50 Bill Preston 17:48.0
M70 Ed Matthews 72 29.7 W30 Lynn Davis 36 30.6	H75 Francisco Colon 14.66	W40 Diane McManus 3:23.75	M30 Theodore Sloan 13-6 Chad Carmack n.h.	W55 Anne Cirulnick 9.08	M55 Arthur Noll 18:10.5
W40 Jillian Kelly 45 32.7	Gilberto Gonzalez 16.16 Garfield Schoener 16.50	1500m	M40 Ken Kring 12-2	Sharon Good 5.68 W70 Libby Hagemann 7.58	Ed Merrill 18:39.1 Ellis Lesack 20:40.6
W70 Carla Convery 72 48.8	W30 Louise Clark 12.93		Rich Holmes 10-6	discus (in meters)	M65 Ed Gavinski 18:09.2
M40 Melvin Fields 47 54.8	Lisa Lockley 13.30 W35 Marcia Hulse 13.20	M30 Juven. Rodriguez 5:07.76 M35 James Pryde 4:10.14	Jan Decker 9-0	Maria de la laction de la constante de la cons	Ray McKeeman 23:03.8
M50 Larry Colbert 55 55.4	W40 Jennifer Pinto 13.64	Russ Patton 4:33.99	M60 George Taylor 5-5	M30 Warren Taylor 44.68	M80 Col. Al Sabaroff25:25:1 W35 Ellen Marshall 17:07.4
W30 Lynn Davis 36 68.0 800m	W50 Barbara Stewart 15.54	Ed Murphy 4:37.50	M65 Jack Doorlay 7-6 M75 Gilberto Gonzalez 5-5	Greg Gassmer 38.76 Eric Longfield 34.54	Susan Karlson 19:27.3
M30 Clint Kiser' 30 1:59.4	200m	M40 Denny Mellish 4:30.47	W50 Barbara Stewart 5-8	Al Russo 33.68	Mary E. Malloy 22:03.5 Robin Kershaw 23:07.6
W30 Valerie Meyer 34 3:45.9	M30 Fred Feaster 22.86	Fred Dedrick 4:45.21	long jump (in meters)	M35 John Kalnas 37.96 Tom Talbot 37.40	Joan Tremain 25:00.7
One Mile	Remo Biagoni 22.8h	Russell Floyd 5:08.57 M50 Jim Donohue 4:52.72	M30 Remo Biagoni 5.86	William Wolverton 35.18	W40 Ceane Rabada 21:41.4
M30 C Chaudhari 31 4:36.1 M40 Jim Moreland 40 4:53.7	Tim Street 23.36 Darryl McMillan 24.29	Bill Preston 5:47.21	Eric Longfield 5.65	M40 Tim Williams 42.34 Henry Kalnas 37.40	W50 Nancy Rose 25:02.0
M50 Jim Derham 50 5:38.5	Terry O'Connell 24.79	M65 Luther Burdelle 5:38.38 Jerry Nolan 6:36.30	Brad Kell 5.44 M35 Barry Staton 6.44	Dick McMullin 36.42	Potomac Valley Games
M60 Chester Salkind61 8:10.4 W40 Evelyn Holst 45 6:26.3	Ken Rouse 25.00 Frank Makozy 25.10	M70 George Blyn 6:42.87	Rockdale Hudson 4.96	Rich Dunphy 33.30	Alexandria, VA
3000m	Jim Craig 27.00	W30 Diane Shannon 5:40.68	M40 William Corsey 5.50 Dana Harrell 5.50	Dennis Chandler 29.44 Woody Disharoon 28.78	September 6
M30 Ted Poulos 30 9:49.4	M35 James Easter 23.16 Don McNeill 23.50	Kathy Harte 6:13.88	Dana Harrell 5.50 Ivan Black 5.15	Mike Sherrill 26.76	100m M30 Frank Makozy 33 12.5
M40 Jim Moreland 40 10:10.8 M50 Al Morris 50 11:15.4	Don McNeill 23.50 Larry Schworer 23.90	Was Neysa Westman 6:04.37	Woody Disharoon 5.11	Joel Westman 26.72 Dick Lentz 25.82	Larry Finley 34 12.6
Short Hurdles	Tony Natale 25.00	Mia Lentz 6:09.31	Ed Laurellli 5.00 Richard Ryan 4.76	M45 John Abbott 38.26	M35 Jeff Waldo Sr 35 11.1
M60 John Martin 65 20,8 High Jump	Garry Crawford 25.03 Rockdale Hudson 26.37	W40 Loretta McCarthy 5:27.87	Joel Westman 4.49	Terry Shuman 37.22 Edward Fox 32.44	Don McNeil 35 11.4 Larry Lee 37 11.4
M60 John Martin 65 3-10	Bobby Bennett 26.44	W45 Sue Green 6:54.35	Richard Sobel n.d.	Len Olson (61) 32.36	M40 Joe Mack 42 11.7 Bill Corsey III 43 12.0
M30 Nathan Lewis 33 17-1	Ernest Moody 26.51 Barry Staton 27.47	W50 Ronni Levy 6:47.68	M45 Joe Johnson 5.74 Mike Augeri 4.81	Frank Monroe 30.00 Palmer Sweet 28.60	Larry Isler 41 12.2
M40 Fat Crandall 41 16-6	M40 Bob Bowen 23.6		Jan Decker 4.47	M50 John Bronstein 38.12	M50 Al Gardner 51 13.5
M60 Mark Richards 62 12-4 W30 Marg Zalenska 32 13-3	Greg Florant 24.0 Errol Lee 24.3	3000m	Palmer Sweet 4.35 Michael Paul 2.75	Glen Johnson 34.26 John Lang 31.04	George Schember 50 13.7 Mike Valle 51 13.8
W70 Carla Convery 72 6-10	Phil Felton 24.3	M30 Joe Wesolowski 8:56.6	M55 Vince Ruffin 4.66	Jai Singh 28.06	M55 Larry Colbert 55 12.5
Shot Put M30 Ron Shekels 34 43-11	Clarence Curry 24.9 Charles Pleasant 26.4	M30 Joe Wesolowski 8:56.6 Larry Rechtin 9:20.4	Horace Stephens 4.11 M60 Jim Stookey 4.69	M55 Len Olson (61) 39.22 M60 Len Olson 44.56	JimBradley 56 14.0 Horace Stevens 56 14.2
M40 Phil Ochs 40 35-21	Dana Harrell 26.7	Mike Ruggio 9:35.7	Tom Delany 4.24	Ray Feick 37.06	M60 Tom Delany 64 13.8
M50 Phil Scudieri 56 35-1 M60 Ned Curran 63 32-41	M45 Joe Johnson 23.0	Dan Newman 10:28.6 Tom Yunker 10:57.4	Jack Lance 3.94	Richard Holloway 35.98	Joel Holman 61 14.3
M60 Ned Curran 63 32-44 W30 Pat Brown 39 20-7	Ken Brinker 23.2 Ron Johnson 23.9	Juv. Rodriguez 11:15.0	Giorgio Chiavelli 3.73 Paul Soraparu 3.51	Pay Carstensen 30.64 Giorgio Chiavelli 30.62	Larry Greco 63 15.0 W30 Pat Finley 33 14.9
W50 Sharon Good 59 19-6	Bob Ihne 25.6	Sergio Ortiz 11:53.0 Brad Kell 12:58.0	George Taylor 3.49	Tom Delany 30.10	Katherine Hax 31 16.7
W60 Cesarina Olschner67 16-7 W70 B Kleinschmidt 70 18-9	M50 Dick Ocker 26.5 Tom Hartman 27.6	M35 Ed Murphy 10:07.8	Mark Richards 3.27 M65 Bill Townsend 3.99	Art Harris 27.84 M65 Manny Herscher 28.28	W60+Pat Nesley 64 17.3 Carla Convery 72 20.1
Discus	Lawrence Suid 32.1	Don Wisniewski 10:19.0 M40 Frank Goldcamp 10:43.3	Oscar Harris 3.91	Bud McGarvey 23.76	200m
M30 Ron Shekels 34 142-6 M40 Eric Gyaki 43 67-3	M55 Larry Colbert 25.5 Vince Ruffin 28.3	M40 Frank Goldcamp 10:43.3 Larry Hart 10:55.0	Jack Doorlay 3.80 H70 Ed Lukens 4.30	M70 John McCarthy 30.16	M30 Ivan Jordan 22.7 Larry Finley 25.9
M50 Phil Scudieri 56 130-11	Vince Ruffin 28.3 Phil Plant 29.4	Bruce Kiesel 11:27.8	Ed Matthews 3.86	John Hagemann 27.58 Bob Norman 21.92	M35 Jeff Waldo Sr 23.7
M60 Ned Curran 63 87-5 M80 Clarence Larson82 51-8	Bob Hassenger 32.3 M60 Ed Cox 28.0	K. Mecklenborg 11:46.8 M45 Lou Coppens 10:43.8	Hillar Saareste 3.61	H75 Francisco Colon 27.78	Don McNeil 23.7 Larry Lee 24.4
W30 Pat Brown 39 56-9	M60 Ed Cox 28.0 Bob Keegan 28.5	Bill Cooper 11:02.0	John McCarthy 2.87 M75 Francisco Colon 3.81	Gilberto Gonzalez 23.92	M40 Tommy Little 25.7
W50 Sharon Good 59 45-4	Jack Lance 29.8	M55 Bob Evan 12:59.0 M60 Don Teague 13:06.4	W30 Julie Wiedis 3.55	Eugene Wood 22.92 Bob Detweiler 19.98	Larry Isler 25.9
W60 CesarinaOlschner65 38-2 W70 B Kleinschmidt 70 47-2	Giorgio Chiavelli 30.0 Bill Bergen 30.4	M65 Jerry Nolan 14:40.9	W35 Patricia Brown 3.27 W45 Michael Hill 4.04	M80 Claude Hills 22.38	Hayward Corley 25.9 H45 Mel Fields 24.4
Javelin	M65 Rudy Valentine 29.1	M70 George Blyn 14:39.8	W50 Barbara Stewart 3.55	Patricia Brown 17.78	M50 Jack Iludson 29.7
M40 Russ White 48 184-5 M50 Phil Scudieri 56 127-6	Oscar Harris 31.6 Bud McGarvey 34.9	W30 Kathy Harte 14:43.2	W70 Libby Hagemann 2.49	W40 Skipper Clark 21.88	M55 Larry Colbert 26.5 Jim Bradley 29.6
M60 Mark Richards 62 111-6	M70 Ed Matthews 29.4	10-	triple jump (in meters)	W55 Anne Cirulnick 19.04 Sharon Good 12.30	Horace Stephens 29.9
M80 Clarence Larson82 51-8 W30 Pat Brown 39 56-9	George Blyn 40.0 H75 Gilberto Gonzalez 32.3	.80m hurdles	M30 Frank Makozy 11.74	Sharon Good 12.30 W70 Libby Hagemann 18.48	M60 Joel Holman 29.5 Tom Delany 30.2
W50 Sharon Good 59 45-4	W30 Louise Clark 26.8	H70 Ed Lukens 14.39	M40 Ivan Black 11.70	javelin (in meters)	Bill Bergen Jr 32.0
W60 C Olschner 65 38-2 W70 B Kleinschmidt 70 47-2	W35 Marcia Hulse 27.2	W45 Michael Hill 14.69	Ken Kring 11.37 Ed Laurelli 9.73	M30 Eric Longfield 38.02	M65 Denver Smith 30.1 Chas McGarvey 34.6
	His Lentz 32.6	100m hurdles	Richard Ryan 9.50	Al Russo 32.90	M70 Ed Matthews 72.30.6
M30 Ed Goldstein 34 10:16.7	W40 Jennifer Pinto 27.9	M60 Lawrence Pratt 17.11	M50 Nate Byrd 8.62 M55 Morton Hahn 6.92	M35 Bob Sing 57.70	W30 Lynne Davis 36 31.6
M60 Joel Holman 62 10:22.7	400m	Bill Townsend 19.75	M60 Jack Lance 8.23	M40 Dennis Chandler 52.34 Dick McMullin 49.60	Pat Finley 33 32.4 W70 Carla Convery 72 49.7
M70 John Dunaway 70 10:33.9 M80 Clarence Larson82 13:25.2	M30 Fred Feaster 55.0	Mark Richards 21.05 George Taylor 24.44	Paul Soraparu 7.40 George Taylor 6.48	Woody Disharoon 37.32	400m
W30 Valerie Meyer 34 9:00 1	Terry O'Connell 56.3		M65 Bill Townsend 8.67	M45 Edward Fox 32.74 Michael Paul n.m.	M30 Archie Glaspy 37 54.2 Frank Makozy 33 54.5
W70 Mary Lathram 77 12:27.3 3000m Racewalk	Pat Shannon 56.7 M35 James Easter 52.5	110m hurdles (39")	M70 Ed Lukens 9.47	M50 George Reynolds 48.86	Frank Makozy 33 54.5 Horace Hudson 39 54.6
W40 Ron Clarke. 45 17:05.8	Garry Crawford 52.6	H30 Frank Hakozy 17.40	Hillar Saareste 7.47	John Hudgins 31.34 M55 Morton Hahn 29.00	M40 Dorel Watley 52.2
M70 John Dunaway 70 21:47.3 W30 Valerie Meyer 34 18:28.0	Larry Schworer 54.7 Tony Natale 55.5	M35 Ken Scupp 19.36	H75 Gilberto Gonzalez 5.84	M60 Ray Feick 41.28	Jay Wind 69.8 M45 Rober Barbee 63.0
- 10120 Te Heyer 34 18:28.0	Jack Hroz 1:02.3	Ivan Black 19.52	W50 Barbara Stewart 6.78	Len Olson 39.74	John Haubert 63.9
Don Harris Memorial Meet	Phil Felton 54.4	H45 Ken Brinker 15.25	W70 Libby Hagemann 5.10	Richard Holloway 39,24 Giorgio Chiavelli 25,32	Norbert Myslinski 68.3 M50 Larry Colbert 55 55.9
Wynnewood, PA	Karl Castor 54.9	110m hurdles (42")	shorper (45 manage)	Art Harris 25.18	Barry Kline 52 64.8
August 30	Greg Florant 55.1 Bill Bixler 58.2		shotput (in meters) M30 Warren Taylor 15.71	Paul Soraparu 21.46 M65 Bud McGarvey 32.40	M60 Ralph Romaid. WR 60 54.6 M70 Newlie Hewson 70 88.4
100m	John Clay 1:16.4	M50 Barry Kline 20.05	Al Russo 12.32	Jack Doorlay 24.60	W30 Bernadette Creed 35 67.6
TANK OF THE PARTY	M45 Ken Brinker 53.2 Helvin Fields 53.8	300m hurdles	Joseph Leva 12.02	N70 Ed Lukens 33.32	Lynne Davis 36 69.5
H30 Tim Street 11.29 Remo Biagoni 11.43	Bob Ihne 57.1	H35 Ken Scupp 47,39	Chad Carmack 11 00	Bob Norman 29.06	Pat Finley 33 75.7 800m
Darryl McMillan 11.83	Tim Dickens 59.3	M40 Gene Hoffman 46.09	M35 William Wolverton 15.10	John McCarthy 27.70	M30 Clini Kiser 1:59.0
Terry O'Connell 12.19	Mike Augeri 1:01.1	Ivan Black 47.09	Nick Helfrich 9.95	Paul Eberhardinger 16.90 H75 Francisco Colon 33.84	Chandra Chaudhari 2:03.7 Tony Boerio 2:31.5
Ken Rouse 12.20 Brad Kell 12.63	Rab Hagin 1:03.2 M5C Jim Donohue 1:02.05	M60 Lawrence Pratt 53.3	H40 Henry Kalnas 12.33	Gilberto Gonzalez 23.30	M35 John Mornini 2:10.3
M35 Barry Staton 11.45	Barry Kline 1:03.32	Mark Richards 58.4	Woody Disharoon 9.80	Herman Hand 17.24 Bob Detweiler 14.22	Miller Allen 2:11.2 M40 Dorel Watley 2:00.8
Don McNeill 11.58 Ernest Moody 12.58	M55 Larry Colbert 59.11	George Taylor 1:09.9 H80 Claude Hills 1:11.9	Mike Kalnas 9.77	Eugene Wood 14.20	Abdul Elmehdaoui 2:05.3
Rockdale Hudson 12.72	M60 Gordon Seifert 1:04.03	W35 Mary E. Malloy 56.3	Joel Westman 9.71 Dick Lentz 8.51	W30 Julie Wiedis 15.72 W35 Patricia Brown 17.66	Tommy Little 2:14.1
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Continued from previous page M45 Bob Weiner 2:21.2
M45 Bob Weiner 2:21.2
Mel Fields 2:23.8 Jim Medas 2:26.2
M50 Jim Demma 58 2:16.7
Ed Demoney 58 3:34.1
Ed Demoney 58 3:34.1 M70 Newlie Hewson 70 3:11.8 W30 Ellen Stahly 31 2:46.0
W45 Evelyn Holst 45 2:53.3
1500m M30 C Chaudhari 31 4:20.5
Ted Poulos 30 4:37.4
Miller Allen 39 4:55.4 M40 Eric Guyaki 43 4:39.6
M40 Eric Guyaki 43 4:39.6 Bob Weiner 45 4:47.9
1 UI-4 62 6.57 2
M50 Larry Monaco Jr54 5:05.2 M60 Larry Dickerson61 5:32.4 Don McGarten 63 5:50.9 Roy Englert 69 7:37.2 M70 Newlie Hewson 70 6:57.2 W30 Bernie Creed 35 5:27.3 W45 Evelyn Holst 45 5:58.9
Don McGarten 63 5:50.9
Roy Englert 69 7:37.2
M70 Newlie Hewson 70 6:57.2
W45 Evelyn Holst 45 5:58.9
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M30 Ted Poulos 30 17:26 1
Keith Brophy 30 18:30.3
M40 Pat Sullivan 42 16:57.7
Keith Brophy 30 18:30.3 J Rodriguez 32 18:57.8 M40 Pat Sullivan 42 16:57.7 Jay Wind 42 17:43.6 Dan Eddy 41 18:04.4 M50 Jim Derham 50 19:08
Dan Eddy 41 18:04.4 M50 Jim Derham 50 19:08
Al Morris 50 19:08.4
Al Morris 50 19:28.4 Ed Demoney 58 25:06.7 M60 Larry Dickerso61 18:14.6 Ches Salkind 61 29:16.1
Ches Salkind 61 29:16 1
Short Hurdles
M30 Horace Hudson 39 16.2
M40 Louis Johnson 44 18.9 M50 Geo LaBelle 53 20.9
John Sloan 52 21.1
M60 Tom Delaney 64 18.1 John Copp 62 19.6
Mark Richards 62 21.1 W40 Janet Kiesgen 43 17.0
M30 Horace Hudson 39 59.4
M40 Bill Clapper 43 82.1
M40 Bill Clapper 43 82.1 M50 John Sloun 52 62.1 M55 Jim Bradley 56 52.54
M55 Jim Bradley 56 52.54 M60 Denver Smith 66 51.8
laba Martin 65 56 4
High Jump M30 Mark Williamson34 6-10 Bob Shelton 32 6-0
Bob Shelton 32 6-0
Bob Shelton 32 6-0 Gregg Downer 30 5-6 M40 Woody Disharoon43 4-10
M50 Floyd Smith 57 5-0
Fire valle 31 4-0
M60 lim Cilleriet 64.5 4
Mark Richards 62 4-2
John Copp 62 4-8 Mark Richards 62 4-2 M70 Robert McCoy 72 3-4 Bob Detweiler 78 2-8
Long Jump
M30 Bob Shelton 32 20-31 M40 Jeff Hughes 42 19-10
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M55 Horace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-11
M55 Horace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-11 Ed Failor 11-5 M70 Ed Martons 73-13
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M55 Horace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-11\frac{1}{2} Ed Failor 11-5\frac{1}{2} M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-4\frac{1}{2} M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1
M55 Horace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-11\frac{1}{2} Ed Failor 11-5\frac{1}{2} M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-4\frac{1}{2} M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1
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M55 Horace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-111 Ed Failor 11-51 M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-41 M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1 Frank Henry 38 37-21 Mike Lauderdal37 34-111 M40 WoodyDisharoon43 31-5
MS5 Horace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-11½ Ed Failor 11-5½ M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-4½ M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1 Frank Henry 38 37-2½ Mike Lauderdal37 34-11½ M40 WoodyDisharoon43 31-5 M50 Geo LaBelle 53 34-8 3/4 Floyd Smith 57 33-5½
M55 Horace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-111 Ed Failor 11-51 M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-41 M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1 Frank Henry 38 37-21 Mike Lauderdal37 34-11 M40 WoodyDisharoon43 31-5 M50 Geo LaBelle 53 34-8 3/4 Floyd Smith 57 33-51 M60 Larry Horine 41-9 Ned Curran 30-9 3/4
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M55 Norace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-111 Ed Failor 11-5 M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-4 M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1 Frank Henry 38 37-2 Mike Lauderdal37 34-11 M40 WoodyDisharoon43 31-5 M50 Geo LaBelle 53 34-8 3/4 Floyd Smith 57 33-5 M60 Larry Horine 41-9 Ned Curran 30-9 3/4 Bill BergenJr 25-7 M65 Don Reed 34-1 C Pistorino Sr 31- Bill Waugh 25-7 M70 Bob McCoy 72 26-6 Bob Detweiler 78 18-3 W35 Pat Brown 19-6 3/4 W65 Jimmie Reed 20-5 W70 Bernie Kleinschmidt 18- Discus M30 Ron Shekels 34 146-3 Frank Henry 38 121-10 Joe Vilella 38 111-10 M40 Tim Williams 43 144-5 Woody Disharoon43 88-4 M50 Mike Valle 51 119-10 Geo LaBelle 53 86-2 M60 Larry Horine 128-10 Tom Delany 102-6
M55 Norace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-111 Ed Failor 11-5 M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-4 M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1 Frank Henry 38 37-2 Mike Lauderdal37 34-11 M40 WoodyDisharoon43 31-5 M50 Geo LaBelle 53 34-8 3/4 Floyd Smith 57 33-5 M60 Larry Horine Ned Curran 30-9 3/4 Bill BergenJr 25-7 M65 Don Reed 34-1 C Pistorino Sr 31- Bill Waugh 25-7 M70 Bob McCoy 72 26-6 Bob Detweiler 78 18-3 W35 Pat Brown 19-6 3/4 W65 Jimmie Reed 20-5 W70 Bernie Kleinschmidt 18- Jiscus M30 Ron Shekels 34 146-3 Frank Henry 38 121-10 Joe Vilella 38 111-10 M40 Tim Williams 43 144-5 Woody Disharoon43 88-4 M50 Mike Valle 51 119-10 Geo LaBelle 53 86-2 M60 Larry Horine 128-10 Tom Delany 102-6 Ned Curran 93-1
MSS Norace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-111 Ed Failor 11-5 M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-41 M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1 Frank Henry 38 37-21 Mike Lauderdal37 34-11 M40 WoodyDisharoon43 31-5 M50 Geo LaBelle 53 34-8 3/4 Floyd Smith 57 33-51 M60 Larry Horine 41-9 Ned Curran 30-9 3/4 Bill BergenJr 25-71 M65 Don Reed 34-11 C Pistorino Sr 31-1 Bill Waugh 25-71 M70 Bob McCoy 72 26-61 Bob Detweiler 78 18-3 W35 Pat Brown 19-6 3/4 W65 Jimmie Reed 20-5 W70 Bernie Kleinschmidt 18-1 Discus M30 Ron Shekels 34 146-3 Frank Henry 38 121-10 Joe Vilella 38 111-10 M40 Tim Williams 43 144-5 Woody Disharoon43 88-4 M50 Mike Valle 51 119-10 Geo LaBelle 53 86-2 M60 Larry Horine 128-10 Tom Delany Ned Curran 93-1 M65 Denver Smith 121-2 Don Reed 106-10
M55 Norace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-111 Ed Failor 11-5 M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-4 M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1 Frank Henry 38 37-2 M16 MoodyDisharoon43 31-5 M50 Geo LaBelle 53 34-8 3/4 Floyd Smith 57 33-5 M60 Larry Horine 41-9 Ned Curran 30-9 3/4 Bill BergenJr 25-7 M65 Don Reed 34-1 C Pistorino Sr 31- Bill Waugh 25-7 M70 Bob McCoy 72 26-6 Bob Detweiler 78 18-3 W35 Fat Brown 19-6 3/4 W65 Jimmie Reed 20-5 W70 Bernie Kleinschmidt 18- Discus M30 Ron Shekels 34 146-3 Frank Henry 38 121-10 Joe Vilella 38 111-10 Joe Vilella 38 111-10 Joe Vilella 38 111-10 Geo LaBelle 53 86-2 M60 Larry Horine 128-10 Geo LaBelle 53 86-2 M60 Larry Horine 79-11 M50 Mike Valle 51 119-10 Geo LaBelle 53 86-2 M60 Larry Horine 128-10 Ned Curran 93-1 M65 Denver Smith 10-10 Chas Pistorino 77 98-1
M55 Horace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-111 Ed Failor 11-5 M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-4 M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1 Frank Henry 38 37-2 Mike Lauderdal37 34-11 M40 WoodyDisharoon43 31-5 M50 Geo LaBelle 53 34-8 3/4 Floyd Smith 57 33-5 M60 Larry Horine Ned Curran 30-9 3/4 Bill BergenJr 25-7 M65 Don Reed 34-1 C Pistorino Sr 31- Bill Waugh 25-7 M70 Bob McCoy 72 26-6 Bob Detweiler 78 18-3 W35 Fat Brown 19-6 3/4 W65 Jimmie Reed 20-5 W70 Bernie Kleinschmidt 18- Discus M30 Ron Shekels 34 146-3 Frank Henry 38 121-10 Joe Vilella 38 111-10 Joe Vilella 38 111-10 Geo LaBelle 53 86-2 M60 Larry Horine 128-10 Geo LaBelle 53 86-2 M60 Larry Horine 79-11 M65 Denver Smith 121-2 Don Reed 106-10 Chas Pistorino Sr 98-1 M65 Denver Smith 121-2 Don Reed 106-10 Chas Pistorino Sr 98-1
MSS Norace Stephens 14-6 3/4 Floyd Smith 12-0 M60 John Copp 14-4 Tom Delany 13-111 Ed Failor 11-5 M70 Ed Matthews 72 13-7 Bob McCoy 72 6-5 Chas Hirshey 79 5-1 W30 Pat Brown 39 10-4 W70 Carla Convery 72 6-1 Triple Jump M30 Bob Shelton 32 39-2 M50 Geo LaBelle 53 26-7 M60 Denver Smith 66 31-41 M70 Ed Matthews 72 25-0 W40 Janet Kiesgen 43 25-10 Shot Put M30 Joe Vilella 38 41-1 Frank Henry 38 37-21 Mike Lauderdal37 34-11 M40 WoodyDisharoon43 31-5 M50 Geo LaBelle 53 34-8 3/4 Floyd Smith 57 33-51 M60 Larry Horine 41-9 Ned Curran 30-9 3/4 Bill BergenJr 25-71 M65 Don Reed 34-11 C Pistorino Sr 31-1 Bill Waugh 25-71 M70 Bob McCoy 72 26-61 Bob Detweiler 78 18-3 W35 Pat Brown 19-6 3/4 W65 Jimmie Reed 20-5 W70 Bernie Kleinschmidt 18-1 Discus M30 Ron Shekels 34 146-3 Frank Henry 38 121-10 Joe Vilella 38 111-10 M40 Tim Williams 43 144-5 Woody Disharoon43 88-4 M50 Mike Valle 51 119-10 Geo LaBelle 53 86-2 M60 Larry Horine 128-10 Tom Delany Ned Curran 93-1 M65 Denver Smith 121-2 Don Reed 106-10

W30 Pat Brown 39 46-11
W60 Bobbie McGarvey63 41-9 Jimmie Reid 66 40-8 Mary Horine 60 35-11
Mary Horine 60 35-11 W70 B Kleinschmidt 70 44-10 Polly Harris 76 36-0
Hammer
M30 Mike Lauderdale37 136-8 Peter Collins 35 135-1
M50 Gordon Bobell 56 144-6 Mike Valle 51 122-8
Phil Scuderi 56 108-0 M60 Pay Carstensen 60 121-6
Don Reed 68 103-10 Ned Curran 63 73-11 M70 Reb Detroiles 78 60 0
M70 Bob Detweiler 78 69-0 Chas Hirshey 79 67-4
MOO 21mm16 Keld 60 22-1
M30 R Scott-Johnson37 150-3
Bob Shelton 32 140-0 Frank Henry 38 136-1 M40 Jim Wass 40 68-10
M50 John Sloan 52 119-0
Phil Scuderi 56 111-7 George LaBelle 53 102-5
M60 Larry Horine 106-2 Mark Richards 103-4
Ned Curran 86-9 M65 Denver Smith 108-6
Chas PistorinO Sr 100-4 Chas McGarvey 97-5
M70 Robert McCoy 58-0 Bob Detweiler 41-1
M80 Clarence Larson82 64-0 Almand Coleman 52-2
W30 Pat Brown 39 63-7 W60 Lee Glassco 61 74-4
Jimmie Reid 66 56-0 Bobbie McGarvey63 42-1
W70 B Kleinschmidt 70 50-11 Carla Convery 72 39-11
3000m Racewalk
M30 Ed Goldstein 34 19:49.2 M40 Alan Price 45 15:05.1
Jim Wass 40 15:24.5 Ron Clarke 45 16:56 M50 Jim Miller 57 17:54.6
M60 Bill O'Reilly 66 18:50.2
S Ferguson 67 20.02 3
M70 Ed Seeger 77 22:39.7 W30 Valerie Meyer 34 17:00.3 Recita Miles 36 19:00
W4() Judy Coldeton 42 17-21 2
W50 Nancy Whitney 56 17:53.6 W60 Pat Nesley 64 19:29.6 W70 Mary Lathram 77 23:50.5
"/U Daty Lathram // 73:50.5
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Tri-State TC Classic Hagerstown, MD August 2
Tri-State TC Classic Hagerstown, MD August 2 50m M30 Glen Preston 38 6.7
Tri-State TC Classic Hagerstown, MD August 2 50m M30 Glen Preston 38 6.7 M40 Bob Bowen 40 6.21 M50 Jim Bradley 56 7.13 M60 Mark Richards 62 7.38
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Tri-State TC Classic Hagerstown, MD August 2 Som M30 Glen Preston 38 6.7 M40 Bob Bowen 40 6.21 M50 Jim Bradley 56 7.13 M60 Mark Richards 62 7.38 W30 Karin Harrison 31 7.68 100m M30 Bill Polk 39 17.53 M40 Bob Bowen 40 11.48 M50 Jim Bradley 56 13.84 M60 Mark Richards 62 14.78 W30 Karin Harrison 31 15.04 200m M40 Bob Bowen 40 23.75 M50 Jim Bradley 56 30.5 M60 Mark Richards 62 31.2 400m M30 Mike Rehanek 36 70.24 M40 Bob Bowen 40 54.31 M50 Jim Bradley 56 74.41 B00m M30 Miller Allen 39 2:13.59 M30 Miller Allen 39 2:13.59
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	Nat	ional N			
-	MIDWEST				
	Wolfpack TC Throwin	g Classic			
	Columbus, Ol September 1				
	Shot Put M35 Carl Stewart	11.30			
	M40 Steve Kaye M50 Rudy Houg	12.06			
	John Sloan M60 Al Pike	9.19			
	(16# 10.71)	8 11.86			
	Discus	7.67			
	M35 Carl Stewart M40 Steve Kaye	38.00 39.54			
20	M45 Jim Pearce M50 John Sloan M55 Rudy Houg	30.70 30.10			
	Frank Caron	44.04 33.70			
	M65 Cliff Sampson M80 George Knox	39.02 12.94			
	W50 Carol Young Javelin	20.70			
2000	M50 John Sloan M55 Frank Caron	37.18 34.10			
1000	Weight Throw M30 Brad Whitehair	6.70			
	W45 Jim Pearce M65 Cliff Sampson	10.37 12.69			
1	M60 Joe Chadbourne	AR50.40			
	56# Weight Rick Meindl	36 8.68			
	David Steibing Steve Kaye	44 8.03 43 7.76			
	Pay Carstensen Jim Pearce	60 6.80 47 6.71			
	Cliff Sampson Bill Walmroth	66 5.92 68 5.53			
	John White OH Dave Gillen	53 4.99 51 4.71			
	Joann Grissom Randy Fox	54 4.55 40 3.51			
	A U Ricciardi Dortha Swanson	72 3.21 56 3.13			
	SP/DT/JT/WT/HT				
	14.38/45.26/36.52/13	34/AF3220 .05/33.38			
	8.98/22.26/33.32/8.5	32/AF1973 9/22.54			
	Dave Stebing 44 31 13.20/38.24/45.82/12 Dave Gillen 51 22	30/AF3484 473/39.26 27/AF2604			
	12.56/33.14/31.30/8.3	26/23.30			
1	Al Pike 60 216 9 49/35 60/18 38/9 3	44/AF2488			
	9.69/30.80/26.56/9.7	5/34.36			
	Joann Grissom 54 26 12.90/25.80/24.18/11 Dortha Swanson 56 18	11/AF435/			
-	8.27/20.28/20.18/8.7	8/24 34			
	Bernice Holland65 20 Scored w/1985 IAAF used 1962 HT tables.	45/AF4821 tables. H			
	W/ snot tables. Women	's VI use			
	men's DT tables. Age scores designated "A	-tactored			
-	Phil Partridge's 198 factors.	o age			
	COLUMN	ARCAT.			
	SOUTHW				
	Alamo Vintage N San Antonio, TX; Au	leet			
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	100m	
7	M35 T Bloxom	11.5
Š	M35 T Bloxom M40 T Thompson	11.2
Ž,	M45 E Jones	11.9
	M50 D Carson	19.0
	M70 M Kagen	19.0
3	W30 L A Bloxom	14.4
2	W40 R Blenden	14.8
3	W50 M Coffee	16.6
3	200m	
9	M30 D Smith	27.6
	M35 T Bloom	23.4
	M40 T Thompson	22.6
	M45 B Sebesta	24.8
	M55 D Larson	38.7
3	M60 R Rankin	40.9
6	M65 R Gonzales	44.8
1	W30 T Villasenor:	30.7
	W40 R Blenden	30.1
8	W50 M Coffee	36.9
Ĭ	400m	
	M30 D Smith	51.0
	M35 J Reyes	51.1
3	M40 T Thompson	54.5
	M50 D McCormick	63.4
	MSS D Carson	79.4
	W30 T Villasenor	72.8
	W40 R Blenden	70.5
	800m	
	M35 R Easley	2:00.0
	M40 M McCracken	2:05.8
1	M45 H Hall W30 T Villasenor	2:39.1
١	W30 T Villasenor	2:30.4
١	1500m M30 D Collier	1.27 6
١	M35 J Reyes	4:37.5
ı	MAO M Handaras	4:47.5
١	M40 M Henderson M45 K Albright	5:14.6
١	MSO J Horton	5:14.7
•	1150 5 1101 1011	3.14.7

SICIS INCWS	WIND OF
M55 D Carson	5:40.9 6:42.6
M70 A Pronovost W40 O Bellog	5:50.8
5000m	3.30.6
M40 M Henderson	19:08
M50 D Carson	21:56
M65 J Pasley	28:04
M70 M Kegan	23:17
Short Hurdles	
M30 J Brower M50 J Head	15.8
M50 J Head	18.9
Long Hurdles	*
Long Hurdles M30 J Brower	63.7
M35 A Johnson	71.2
High Jump	6-4
M/O I Consoler	4-6
M30 J Brower M40 J Gonzales M45 J Cawley M55 D Crook M60 R Morgan	5-4
MSS D Crook	4-0
M60 R Morean	4-6
Pole Vault	
M35 J Fountain	14-6
M40 J Gonzales	9-6
M55 D Crook	7-6
Loss luns	
Long Jump M35 S Willis	18-6}
M40 R Jendeska	15-2
M55 E Kent	14-91
M40 R Jendeska M55 E Kent M60 R Morgan	13-6
Triple Jump	A STATE OF THE STA
M35 D Smith	36-11
M45 J Cawley M55 E Kent	36-7 31-10
Shot Put	31-10
M3O A Gilliam	52-1
M35 H Lampkin	29-0
M40 A Lampkin	32-6
MAS I Danilana	33-3
M55 J Lindsay	38-1
M70 A Pronovost	21-1
Discus	
Discus M30 A Cillian	135-3
M30 A Gilliam M40 G Dzuris	64-5
MAS A Lampkin	71-5
MSS H Delarosa	88-2
M60 M Hruska	87-11
M70 R Morgan	128-1
The second second	
Javelin MAO I Conzales	120-4
M40 J Gonzales M45 J Poulson	136-8
M50 M Poulson	136-8 97-10
MSS 7 Descuedak	119-3
M60 R Morgan	104-0 50-1
M70 A Pronovost	50-1
1500m Racewalk	
M50 J Horton	8:42
M65 J Pasley	6:44
	100
WEST	4

Citrack Weight Pentathlon Glendora, CA; September

HT/SP/JT/DT/WT
Bill Bangert 68 2917
32.42/10.09/15.43/31.43/10.43
Dave Douglass 60 2512
31.89/9.55/28.91/32.61/10.05
Stew Thomson 59 4274
50.85/12.28/29.98/47.72/13.93
Abe Sheinker 52 1703
30.16/7.79/13.71/30.27/7.87
Dave Nuttall 50 1896
17.17/7.98/35.24/32.70/5.46
Chester Kirk age? 1853
21.18/8.89/27.75/22.36/6.27
Don Torre 45 1892
21.72/10.80/31.31/33.63/—
Bill Pendleton 39 2879
35.94/15.02/41.22/32.09/10.96
Mike Layton 33 2030
31.65/9.62/26.01/33.15/9.11

Northern California Seniors Classic UC-Berkeley; September 13

100m		
M30	Noah Livingston	11.52
3	Alan Tucker	11.54
M35	Frank Demby	12.80
M40 4	Warren Spikes	11.40
	Ray Yeck	12.35
		11.19
	Bill Busby	13.66
	Teddy Walton	13.73
		12.13
M55	Richard Young	13.70
		13.91
	Marcel Cote	14.10
M60		12.75
ME TO	John Poppell	13.04
M65	Dan Anhorn	40.2
M70	Don Saunders	14.82
		15.82
		18.10
		21.32
		13.80
		13.11
	Pt Bruketta	17.11
W50	Jutta McCormick	14.75
	Kay Lyons	15.64
W55	Christel Miller	15.69
	Rita Kerr	16.65
	Shirley Dietderic	18.72
W70	Jos Kolda	19.40

200m		
M30 Alan Tucker	22.92	
Andre Frazier	24.49	
M35 Harold Hibbert Frank Demby	24.69	
M40 Warren Spikes	23.02	
Ray Yeck M45 Stan Whitley	25.05 22.39	T
Gary Mader	26.32 27.28	M
Brian Legakis W50 Walt Butler	24.94	
Martyn Adamson	25.32 26.09	M
Mel Brooks MSS Richard Young	27.92	
Robert Fuller Marcel Cote	28.17 28.19	SI
M60 Marion Sanchez	26.54	M:
John Poppell M70 Frank Toner	26.94 32.89	
W50 Jutta McCormick	30.28	M:
Way Lyons W55 Rita Kerr	32.73 34.00	M
Gretchen Snyder	35.20	M
400m M30 Alan Tucker	51.88	H
M35 Harold Hibbert	53.80	
M40 Ray Yeck M45 Stan Whitley	57.50 50.35	W
Gary Mader	56.74	D
Steve Gilman M50 Martyn Adamson	59.98 56.33	M
Jack Hill	62.77	м
Ken Carper M55 Robert Fuller	68.41	
M60 M Sanchez	61.09	м
Fred Gunther M75 Pete Ganahl	66.24 82.46	
W30 Darlene Green	63.41	н
W35 Valerie Scott W50 Jutta McCormick	65.57 66.57	H
800m	Same and a	н
M40 Kurt Gravenhors M45 Mike Ackley	t 2:17.2 2:07.4	
Searcy Barnett	2:12.1	H
Dick Chimenti	2:13.1	
M50 Jeff Neighbor	2:26.3	W
George Linn M55 Norm Saucedo	2:31.4 2:22.0	
Bill Flodberg	2:41.4	H
M60 Ken Napier M75 Ray Mahannah	2:34.3	
W40 DeeDee Grafius	3:36.6 2:25.4	
1500m M30 Doug Schneebeck	4:31.9	
M45 Mike Dove	4:36.4	i
M50 Milton Howe Bill Catanese	4:42.1 5:10.1	
George Linn	5:12.3	- 10
W40 Melinda Villar DeeDee Grafius	4:57.0 4:58.0	Teri
3000m M40 Bill Brusher	9:58.4	
Frank Carroll	12:40.6	1
M45 Dennis Tracy Mike Dove	9:35.3 9:36.6	-
Teddy Walton	12:40.3	
M50 Tom Mann M60 John Gregson M65 Boyce Jacques M70 Norton Jacobs	12:00.0 12:13.1	
M65 Boyce Jacques	11:35.7 14:20.9	1
M/O Norton Jacobe	11:12.9	
W35 Patty Selbicky		5
W35 Patty Selbicky Long Hurdles	47.1	,
W35 Patty Selbicky	47.1 67.0	,
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles	67.0	ļ
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck	67.0	,
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart	67.0	,
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler	16.73 19.34 21.05 14.13	,
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart	16.73 19.34 21.05	,
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond	67.0 16.73 19.34 21.05 14.13 19.15 18.25	,
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump	16.73 19.34 21.05 14.13 19.15 18.25 16.27	,
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27	,
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig H40 Ed Baskauskas Jay Johnson	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27	,
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 5-0	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig H40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig H40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 5-0 4-6 4-10 4-6	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig H40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 5-0 4-6 4-10 4-6 3-10 4-10	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Harion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig H40 Ed Baskauskas Jay Johnson Roger Trujilo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 5-0 4-6 4-10 4-10 4-10 4-8	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M60 Jerry Silsdorf	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-6 3-10 4-10 4-8 5-0 3-8	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M60 Jerry Silsdorf	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-8 3-10 4-8 5-0	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig H40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-8 5-0 3-8 4-0 4-0 3-6	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-6 3-10 4-10 4-8 5-0 3-8 4-0 4-0	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-8 5-0 3-8 4-0 4-0 3-6 3-6 3-4	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-6 3-10 4-10 4-8 5-0 3-8 4-0 3-6 3-4 4-0 13-3}	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig H40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo M35 Craig Boyak M40 Ed Seese	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-6 3-10 4-10 4-8 5-0 3-8 4-0 3-6 3-4 4-0 13-3 15-3	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig H40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo M35 Craig Boyak M40 Ed Seese M45 Bruce Hotaling	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-6 3-10 4-10 4-8 5-0 3-8 4-0 4-0 3-6 3-14 10-3-3 13-3 13-3 13-3 13-3	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo M35 Craig Boyak M40 Ed Seese M45 Bruce Hotaling Bill Busby	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-6 4-10 4-6 3-10 4-10 4-8 5-0 3-8 4-0 3-6 3-14 4-0 13-3 15-3 13-3 13-3 13-3 13-3 13-3 13-3	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo M35 Craig Boyak M40 Ed Seese M45 Bruce Hotaling Bill Busby Joy Miyoshi M50 Larry Holmes	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-10 4-10 4-10 4-10 4-10 4-10 4-10	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo M35 Craig Boyak M40 Ed Seese M45 Bruce Hotaling Bill Busby Joy Miyoshi M50 Larry Holmes M55 Don Gray	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-6 3-10 4-10 4-8 5-0 3-8 4-0 3-6 3-14 4-0 13-3\frac{1}{1} 15-3 13-3\frac{1}{2} 12-3\frac{1}{2} 9-6	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig H40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo M35 Craig Boyak M40 Ed Seese M45 Bruce Hotaling Bill Busby Joy Miyoshi M50 Larry Holmes M55 Don Gray M65 Rich Nordquist Don Grosh	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-8 5-0 3-8 4-0 4-10 4-8 5-0 3-6 3-4 4-0 13-3\frac{1}{1} 15-3 13-3\frac{1}{2} 12-3\frac{1}{2} 12-3\frac{1}{2} 12-3\frac{1}{2} 12-3\frac{1}{2} 9-6 9-0	
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W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo M35 Craig Boyak M40 Ed Seese M45 Bruce Hotaling Bill Busby Joy Miyoshi M50 Larry Holmes M55 Don Gray M65 Rich Nordquist Don Grosh M75 Jim Vernon Long Jump M40 Jim Manor M45 Joe Miyoshi M50 Jom Miyoshi	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-8 5-0 3-8 4-0 4-0 3-6 3-10 4-10 4-8 5-0 3-8 4-0 3-6 3-11 13-3 13-3 13-3 12-3 11-9 12-3 12-3 12-3 12-3 12-3 12-3 12-3 13-3 13	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo M35 Craig Boyak M40 Ed Seese M45 Bruce Hotaling Bill Busby Joy Miyoshi M50 Larry Holmes M55 Don Gray M65 Rich Nordquist Don Grosh M75 Jim Vernon Long Jump M40 Jim Manor M45 Joe Miyoshi M50 Roger Trujillo M50 Roger Trujillo	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-8 5-0 3-8 4-0 4-0 3-8 4-0 3-6 3-14 4-0 13-3\frac{1}{2} 12-3\frac{1}{2} 12-3\frac{1} 12-3\frac{1}{2} 12-3\frac{1} 12-3\frac{1}{2} 12-3\frac{1}{2} 12-3\frac{1}{2} 12-3	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig H40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo M35 Craig Boyak M40 Ed Seese M45 Bruce Hotaling Bill Busby Joy Miyoshi M50 Larry Holmes M55 Don Gray M65 Rich Nordquist Don Grosh M75 Jim Vernon Long Jump M40 Jim Manor M45 Joe Miyoshi M50 Roger Trujillo Jack Hill	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-6 3-10 4-10 4-8 5-0 3-8 4-0 4-0 3-6 3-1 13-3½ 15-3 13-3½ 12	
W35 Patty Selbicky Long Hurdles M60 Marion Sanchez M75 Pete Ganahl Short Hurdles M30 Doug Schneebeck M45 Bill Busby Bill Siart M50 Walt Butler M55 Steve Richmond M60 Marion Sanchez W55 Christel Miller High Jump M30 Mark Hoenig M40 Ed Baskauskas Jay Johnson Roger Trujillo M45 Bill Siart M50 John Burns Karl Mayer Wayne Roberts M55 Steve Richmond Don Rose M60 Marion Sanchez M65 Jerry Silsdorf M70 Mark Henderson M75 Pete Ganahl Jim Vernon Bob Boucke W55 Christel Miller Pole Vault M30 Mike Garzillo M35 Craig Boyak M40 Ed Seese M45 Bruce Hotaling Bill Busby Joy Miyoshi M50 Larry Holmes M55 Don Gray M65 Rich Nordquist Don Grosh M75 Jim Vernon Long Jump M40 Jim Manor M45 Joe Miyoshi M50 Roger Trujillo M50 Roger Trujillo	67.0 16.73 19.34 21.05 14.13 19.15 18.25 16.27 5-11 5-6 5-0 4-6 4-10 4-8 5-0 3-8 4-0 4-0 3-8 4-0 3-6 3-14 4-0 13-3\frac{1}{2} 12-3\frac{1}{2} 12-3\frac{1} 12-3\frac{1}{2} 12-3\frac{1} 12-3\frac{1}{2} 12-3\frac{1}{2} 12-3\frac{1}{2} 12-3	

M55 Steve Richmond	
	4.71
M65 1 C:1-1	
M65 Jerry Silsdorf M70 Don Saunders	2.63
M70 Don Saunders	4.19
M75 Bob Boucke	2.12
M85 Bob Ulsh	2.30
W55 Christel Miller	3.67
Triple Jump	
	12 05
M40 Roger Trujillo	12.05
James Manor	11.25
Dan Behren	11.12
M55 Steve Richmond	9.65
Shig Niizawa	8.15
Shot Put	
M35 Mike Selbicky	12.22
M50 Joe Keshmiri	14.27
Rich Hotchkiss	14.25
Varia Morcinais	
Karl Mayer	13.09
MSS Dale Harder	10.57
M60 Max Phillips	7.40
M65 Jerry Silsdorf	8.31
M70 Mark Henderson	10.20
	10.20
Hal Cronkhite	9.91
M75 Ross Carter	11.69
James York	9.09
Bob Boucke	9.08
W35 Margaret Dixon	
was hargaret braon	9.51
W60 Shirley Kinsey	7.10
Discus	
M45 Bill Busby	29.32
Bill Siart	24.58
M50 Joe Keshmiri	49.14
Rich Hotchkiss	46.42
R Terhune-Young	36.80
MSS Stew Thomson	47.84
Karl Mayer Dale Harder	37.14
kail nayer	37.14
	32.34
M60 Max Phillips	25.14
M65 Rich Nordquist	36.10
Jerry Siledorf	
W70 John Villagh	21.48
M70 John Kilbuck Mark Henderson	29.10
Mark Henderson	27.14
Hal Cronkhite	26.12
M75 Ross Carter	35.04
Bob Boucke	23.94
Dick Mack	21.38
	21.30
W35 Margaret Dixon	24.94
W65 Shirley Dietderi	ch18.62
Hammer	
M50 Rich Hotchkiss	48.94
R Terhune-Young	41.52
	25.02
Joe Orsini	35.80
Joe Orsini	35.80 48.92
Joe Orsini M55 Stew Thomson	35.80 48.92
Joe Orsini M55 Stew Thomson Dale Harder	35.80 48.92 25.56
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf	35.80 48.92 25.56 21.32
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone	35.80 48.92 25.56 21.32 26.54
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York	35.80 48.92 25.56 21.32 26.54 25.62
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke	35.80 48.92 25.56 21.32 26.54 25.62 21.10
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York	35.80 48.92 25.56 21.32 26.54 25.62
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin	35.80 48.92 25.56 21.32 26.54 25.62 21.10
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5-
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva	35.80 48.92- 25.56 21.32 26.54 25.62 21.10 20.5-
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James Yurk Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu	35.80 48.92- 25.56 21.32 26.54 25.62 21.10 20.5-
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Nayer	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Nayer M55 Phil Conley	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Mayer M55 Phil Conley Dale Harder	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Hayer M55 Phil Conley Dale Harder M60 Max Phillips	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Hayer M55 Phil Conley Dale Harder M60 Max Phillips	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Hayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46 29.48
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Hayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46 29.48 25.56
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Hayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck Rick Hustace M75 Dick Mack	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46 29.48 29.48 20.56 20.34
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Nayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck Rick Hustace M75 Dick Mack Bob Boucke	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46 29.48 25.56 20.34 16.62
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Nayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck Rick Hustace M75 Dick Mack Bob Boucke W35 Margaret Dixon	35.80 48.92 25.56 21.32 26.54 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46 29.48 25.56 20.34 16.62 24.40
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Nayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck Rick Hustace M75 Dick Mack Bob Boucke W35 Margaret Dixon	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46 29.48 25.56 29.48 29.48 20.56 20
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Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Nayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck Rick Hustace M75 Dick Mack Bob Boucke W35 Margaret Dixon W50 Ruth Hallenger W55 Chris Miller	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.42 35.75 27.46 29.48 25.56 29.48 25.56 29.48 29.48 20.34 16.62 24.40 12.47 29.92
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Mayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck Rick Hustace M75 Dick Mack Bob Boucke W35 Margaret Dixon W50 Ruth Hallenger	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.42 35.75 27.46 29.48 25.56 29.48 25.56 29.48 29.48 20.34 16.62 24.40 12.47 29.92
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Nayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck Rick Hustace M75 Dick Mack Bob Boucke W35 Margaret Dixon W50 Ruth Hallenger W55 Chris Miller W65 Shirley Dietderi	35.80 48.92 25.56 21.32 26.54 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46 29.48 25.56 20.34 16.62 24.40 12.47 29.92 ch21.28
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Nayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck Rick Hustace M75 Dick Mack Bob Boucke W35 Margaret Dixon W50 Ruth Hallenger W55 Chris Miller W65 Shirley Dietderi	35.80 48.92 25.56 21.32 26.54 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46 29.48 25.56 20.34 16.62 24.40 12.47 29.92 ch21.28
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Mayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck Rick Hustace M75 Dick Mack Bob Boucke W35 Margaret Dixon W50 Ruth Hallenger W55 Chris Miller W65 Shirley Dietderi	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46 29.48 25.56 20.34 16.62 24.47 29.92 ch21.28
Joe Orsini M55 Stew Thomson Dale Harder M65 Jerry Silsdorf M70 Bob Stone M75 James York Bob Boucke M85 Bob Ulsh Javelin M30 Tomas Silva M35 Lou Vasu M40 Bob Powers Roger Trujillo M50 John Burns Rich Hotchkiss Karl Nayer M55 Phil Conley Dale Harder M60 Max Phillips M70 John Kilbuck Rick Hustace M75 Dick Mack Bob Boucke W35 Margaret Dixon W50 Ruth Hallenger W55 Chris Miller W65 Shirley Dietderi	35.80 48.92 25.56 21.32 26.54 25.62 21.10 20.5- 60.08 42.90 51.54 35.58 48.02 47.76 41.26 47.42 35.75 27.46 29.48 25.56 20.34 16.62 24.47 29.92 ch21.28

September 20

100m	
M40 Boucquey, Thiery	11.6
Liske, Prabesh	13.2
McCormick, Cornel	
M45 Sheridan, Grover	12.2
Bernauer, Dale	12.3
Pierce, Lance	13.4
MSO Butler, Walt	11.7
Simmons, Robert	12.5
Morgan, Bob	12.9
not gair, bob	12.9
M55 Glasgow, Dick	12.6
Tsuda, Roger	12.6
M60 McPherson, Rocky	13.0
Flory, Samuel	13.3
Nasralla, Tony	13.6
M65 Bob Higginbotham	14.7
Tom Miller	15.4
George Simon	15.9
M70 Charles Mercurio	15.2
W40 T Mathieu	22.6
W50 Barbara Peet	16.9
W65 Johnnye Valien	17.5
200m	
M40 Thierry Boucquey	23.8
M45 Dale Bernauer	25.7
C McCormick	28.2
Lance Pierce	26.4
M50 Walt Butler	24.6
Bob Simmons	25.6
Bill Knocke	
M55 Roger Tsuda	25.8
Ed Martin	26.5
	30.7
Roy Archibald	34.1
M60 Rocky McPherson	26.7
Tony Nasralla	27.9
Sam Flory	28.3

Continued on next page

No

Conti

Page 20		National IV	laster	s riens		Hoveing	CI, 1332
Continued from previous page	The state of the s		No.	200 H.L. H. H.	W-55 Patty Devlin 16'103/4"	M60 v. Heemstede	62.29
	Shot Put	M-60Robert McGowan 14.15		300 Meter Hurdles	W-50 Beverley Lewis: 20'7"	W35 Verhoef	58.55
M65 Tom Miller 32.0	M40 Russ Reabold 11.97	Frank Kishi 14.29 John Cauldwell 14.30	M-60	Will Robinson N.T.	W-40 A.Steekelenburg23'103/4"	W40 v.d. Ven	62.12
W45 Jeannie Thompson 32.1	Bob Maseratti 8.53 M55 Hal Smith 12.76	John Cauldwell 14.30 M-65 Tom Miller 15.54		Al Sheahen N.T.	W-35 Janet Wilson 34'5%"	W50 Broers	69.74
W50 Barbara Peet 35.0 W60 Sumi Onodera 38.7	Bob Eldridge 9.38	Claude Taggart 16.57	M-65	George Simon N.T.	Discus		
W65 Johnnye Valien 38.0	Ray Fitzhugh 9.24	George Simon 17.05	M-75	Pete Ganahl 64.7		800m	2.01.00
400m	M60 Harry Hawke 12.45	M-70 Clarence Killion 15.63	and a		M-90 John Whittemore 44'1"	M40 v. Kruchten	2:01.09 2:02.05
M45 Tony Thornbull 61.4	Arnie Gaynor 12.06	Joseph Carey 19.11	M50 Fr	ed Niedermeyer NT	M-85 Burt DeGroot 77'11"	M45 Mahieu M50 Wijker	2:14.95
M50 Mel Sacks 62.7	Mike Devlin 11.57	M-80 Wilfred Bigelow 17.61 M-85 John Rust 19.95	Ot	hers not available	M-80 Ted Hatlen 56'10" Arthur Vesco 52'1"	MSS Florijn	2:14.41
Rick Hardy 63.7	M70 Sy Lampert 10.30	the state of the s		t available	M-75 Ross Carter 119'4"	M60 Herlaar	2:20.97
Bob McAlpine 64.2	Tom Flack 10.10	W-35 Irene Thompson 13.13	100		M-70 Wilbur Thompson 126'0"	W35 v. Limpt	2:13.25
M55 Jim Brown 61.3	Jerry Siefert 9.64	W-50 Barbara Peet 16.44	-	100 Meter Hurdles	Bob Stone 88'1"	W40 v.d. Ven	2:24.66
M60 Tony Nasralla 64.3	M80 Art Vesco 5.97	W-55 Fei-Mei Chou 16.66	M_ 25	Andrew Hecker 65.2	Tom Flack 86'2"	W45 Brugman	2:28.02
M75 Pete Ganahl 85.2	W45 Latanya Glass 8.31	Darlene Rand 19.92	"-35	Michael Williams 66.2	M-65 Gene Polk 65'3" M-60 Arnie Gaynor 133'6"	W50 Keysers	2:29.44
W45 Bonnie Frankel 77.0	W50 Karen Huff 9.42	W-60 Magdalena Kuehne 17.21	M-15	Sheridon Groves 65.7	Michael Devlin 124'10"	THE DESTRUCTION OF	
Latanya Glass 83.9	M55 Christel Miller 8.61	Darlene Rand 19.32		Arthur Lockwood 70.2	Dave Douglass 112'10"	1500m	
W50 Barbara Peet 80.0	W60 Magdalena Kuehne 6.59	W-65 Joan Gunn 24.10		Jorge Birnbaum 70.4	M-55 F.Stewart Thomson150'7"	M40 v.d. Wilt	4:12.53
W60 Sumi Onodera 92.0	W65 Johnnye Valien 5.82	W-70 Josephine Kolda 19.24		4x100	Jim Hart 131'9"	M45 Zwarthoed	4:10.60
800m	W80 Edith Menyka AR5.48	200 Meters		41100	Hal Smith 113'4" M-50 Lloyd Higgins 180'0"	M50 Heydens	4:26.60
M40 George Kellmeyer 2:21.1 M45 Robert Russel 2:16.0	1112	M-30 Dwayne Jones 24.3	M-35	Pasadena Pacers 48.1	Richard Hotchkiss 151'6"	MSS Florijn	4:33.08
M45 Robert Russel 2:16.0 Tony Thornbull 2:29.5	M40 Russ Reabold 34.60 M45 CorneliusMcCormick36.92	Jean Masbanti 25 0	M-40	Club Amber 51.6	Michael Woodward 149'8"	M60 Herlaar	4:44.02 4:30.41
Joe Hanaszti 2:48.0	Lee Schwarz 35.42	M-35 Robert Sands 23.7	M-60	L.A. Valley A.C. 61.5	M-45 Lee Schwartz 116'5"	W35 v. Limpt	4:37.91
M50 Bob McAlpine 2:20.9	Luigi Schiavo 26.16	Michael Lucero 24.4			Robert Agnew 95'2" Luigi Schiavo 87'9"	W40 Pot	4:55.97
Bob Elliott 2:45.2	M50 Mike Woodward 45.62	Frank Demby 25.6 M-10 Herman Castille 24.6		lligh Jump	Luigi Schiavo 87'9" M-40 Frank Reilly 157'0"	W45 Raap W50 Keysers	5:03.75
M55 Jim Brown 2:24.0	Dave Nuttal 31.90	Paul Raymond 24.7	3 - 1 -	might ound	Mike Dellar 131'0"	Woo keysers	
Roy Archibald 3:00.0	Abe Sheinker 30.36	Raymond Yeck 24.8		John Rust .95	Robert Maseratti 73'10	5000m	
M60 Bob Culling 2:35.5	M55 Stew Thomson 44.84	M-45 Stan Whitley 22.7	M-80	Ted Hatlen 1.00	M-35 Val Olotoa 136'7"	M40 Vermaas	15:20.18
Mel Schultz 2:43.9	Hal Smith 40.32	Terrence Keeney 26.4 Lance Pierce 27.0		John Damski 1.20 Pete Ganahl 1.20	W-60 Sally Folk 67'1"	M45 Streumer	15:24.04
Lloyd McGuire 2:44.5	Ed Martin 33.46	M-50 Walt Butler 24.5		Fete Ganahl 1.20 Jim Vernon 1.10	W-60 Sally Folk 67'1" W-35 Janet Wilson 148'8"	M50 Baremans	16:41.32
M65 Louis Beadle 2:40.2	M60 Harry Hawke 44.08 Arnie Gaynor 39.46	Bill Knocke 26.2	M-70	JimJohnson 1.15	" 35 Cance #110011 110 0	M55 Ruiter	17:16.52
W45 Bonnie Frankel 2:50.6	Mike Devlin 37.60	Doug Smith 26.5		Wally Cole 1.25	Hamme r	M60 Herlaar	17:42.30
Jeannie Thompson 2:52.1 W60 Sumi Onodera 3:26.3	M65 Don Rosen 29,10	M-55 Dick Glasgow 26.8 Roger Tsuda 27.3	M-60	Jerry Donley 1.40	M-90 John Whittemore 45'94"	W35 v.d. Tholen	18:00.58
W60 Sumi Onodera 3:26.3	M70 Wilbur Thompson 41.36	Marcel Cote 27 6	Tel in	Richard Hein 1.40 Dave Douglass 1.30	M-90 John Whittemore 45'95" M-80 Arthur Vesco 62'1"	W40 Pot	17:19.83
M40 Mike Tipping 4:39.5	Sy Lampert 27.58	M-60 Robert McGowan 28.6	M-55	Phil Fehlen 1.60	M-75 James York 86'6"	W45 Raap	18:09.83
Conrad Brooks 4:50.6	Tom Flack 24.14	Tom Miller 33.1	The state of the s	Steve Richmond 1.40	M-70 Jim Minah 132'34"	WSO Warnaar	18:50.03
Ron Rook 4:57.8	M80 Art Vesco 23.14	M-70 Clarence Killion 32.9	1000	Barry Berkus 1:35	Bob Stone 89'64"		
M45 Roy Gardner 5:44.7	W50 Karen Huff 18.22	Ed Stotsenburg AF o		John Dobroth 1.68 Herman Pettegrove 1.50	Tom Flack 74'15" M-65 Gene Polk 63'3"	Short Hurdles	10.50
M50 Doc Murdock 5:23.2	W80 Edith Mendyka WR21.96	W-35 Irene Thompson 27.4	1000	recoegrove 1.50	M-60 Dave Douglass 106'11"	M40 Huybers	18.50
M55 Roy Archibald 6:20.0	<u>Hammer</u>	Valerie Scott 29.1	M-45	Jorge Birnbaum 1.55		M45 Smeets	16.90
M60 Bob Culling 5:17.4	M50 Mike Woodward 33.78	W-50 Darbara Peet 35.0		Bill Weinstock 1.45	M-55 F.S. Thomson 164'11"	M50 Blommestcyn	16.00 19.00
Efran Sanchez 5:22.8	Abe Sheinker 30.90	W-55 Fe1-Me1 Chou 35.2	-	Joseph Miyoshi 1.35	James Hart 129'8"	M55 v. Giezen M60 Spaden	18.00
Mel Schultz 5:50.4	M55 Stew Thomson 48.16	100 Meters		Charles Rader 1.79	M-50 Lloyd Higgins 165'11"	W35 Staveninter	15.60
M65 Louis Beadle 6:15.2	M60 Dave Douglass 30.80	Revision and the later of the l	M-35	Jason Meisler 1.79 Mike Merrigan 1.60		W40 Hagenaars	11.90
	Mike Devlin 29.80	M-35 Barry Caldwell 57.8	M-30	Mike Merrigan 1.60 Jean Masbanji 1.60		W45 Willemsen	12.90
3000m	Bob Perry 21.12	Poots Williams 59.6	1 1 2 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Joe Makovics 1.49	118'1"	W50 Dingenouts	16.00
M40 Steve Kellmyer 10:08.2	M70 Sy Lampert 28.80		4.00	Robert Adam 1.39		W55 Roovers	13.70
Conrad Brooks 10:31.2	Tom Flack 23.34 M80 Art Vesco 15.66	M-45 Stan Whitley 50.4	W-55	Christel Miller 1.2			国际政治主义
M45 Rene Diaz 11:00.7		Terrence Keeney 58.8	u ho	Fei-Mei Chou 1.00		Long Hurdles	
Roy Gardner 11:17.4	W55 Christel Miller 17.06 Javelin	Arthur Lockwood 61.7	W-40	A. Steekelenburg 1.49	STATE OF SHARE STATE	M40 Kortekaas	60.97
M50 Dick Jones 11:44.8	M40 Warren Wilke 52.50	M-50 Jack Talsky 57.3	1 REL	Tole Vault	Javelin	M45 Kneepens	65.55
M55 Lee Miller 11:20.3	Ron Rook 39.30	John Cosgrove 63.8	100	Tote vauic	M-90 John Whittemore 32'8"	M50 Mettrop	55.07
Walt DeRoth 23:05.8	M45 Richard Rook 36.10	W111 7 14	M-80	Carol Johnston 8'0"	M-85 Burt DeGreet Mila	MSS v. Giezen	49.99
M60 Gunnar Linde 11:30.4 M65 Larry Banuelos 12:56.2	Luigi Schiavo 23.64	W-35 Irene Thompson 66.2	M-75	Jim Vernon 9'2k"	M-80 Arthur Vesco 48'0"	M60 Spaden	55.57
W40 Marina Jones 12:10.2	M50 Mike Woodward 37.04 Dave Nuttal 34.80	Valerie Scott 66.3	M-70 M-60	Jim Johnson 7'0" Jerry Donley 11'0"	M-70 Tom Flack 82'9"	M65 Buys W45 Dunink	53.09
THE RESERVE OF THE PARTY OF THE PARTY.	Dave Nuttal 34.80 M55 Phil Fehlen 44.26		M-55	Tom Woodring 12'6"	M-65 Gene Polk 53'7" M-60 Michael Devlin 115'5"	W50 v. Walree	57.43
Short nurures	Hal Smith 38.14	W-75 Dorothy Stotsenburg	M hc	Hal Smith 8'0"	Mark Richards 106'9"	W55 Roovers	54.59
M45 Sheridan Groves 18.2	Ed Martin 35.18	2:13.4	M-15	Greg Miguel 15'1" Gerry Moro 13'0"	Dave Douglass 98'9"	The state of the s	No. of the last of
M50 Walt Butler 14.3 Fred Niedemeyer 17.3	M60 Mike Devlin 37.80	800 Meters		Bruce Hotaling 12'6"	M-55 Hal Smith 102'3"	High Jump	
M65 Bob Higginbotham 18.2	Harry Hawke 34.66	STATE OF THE STATE	121136		Tom Kenster 77'7" M-50 John Burns 169'9"	M40 Huybers	1.91
George Simon 29.7	M65 Don Rosen 33.78	M-35 Eric Durak 2:07.7		Miyoshi 11'6"	M-50 John Burns 169'9" Robin Faulsen 136'4"	M45 Scheffers	1.75
400m Hurdles	M70 Jerry Siefert 32.26	M-35 Peter Mogg 1:59.5 Daniel Barry 2:01.4	M-40	Warren Wilke 13'6"	Steve Wordell 122128	M50 Bleyert M55 v. Giezen	1.64
M50 Bob Morgan 68.2	Tony Lombardi 31.40	Daniel Barry 2:01.h Richard Burns 2:19.9	M-35	Steve Morris 13'6" Matt Wagner 12'0"	M-45 Joseph Miyoshi 117'10"	M60 Break	1.42
	Tom Flack 26.04	M-10 David Salazar 2:05.8	111 112	Matt Wagner 12'0"	Luigi Schiavo 67'1"	W35 Kortebeek	1.52
300m Hurdles	M80 Art Vesco 14.66	M-50 Robert McAlpine 2:20.5	- 12 M	Long Jump	M-40 Bob Fowers 180'4"	W40 Schouten	1.49
M45 Sheridan Groves 46.1	W50 Karen Huff 34.74	Milton Howe 2.21.8	Chert of the	Bong sump	Warren Wilkes 177'7" Frank Reilly 157'9"	W45 Dunink	1.49
Jorge Birnbaum 51.9	W55 Christel Miller 30.50		11-00	Arthur Vesco 7'2"	M-35 Mike Merrigan 106'h"		
M50 Fred Niedermeyer 46.2	Patty Devlin 19.00	Lloyd McGuire 2:47.8		John Damski 11'25"	M-30 Robert Adam 129'9"	Pole Vault	
M60 Tony Nasralla 57.1	W60 Magdalena Kuehne 18.60	Ray Archibald 3:14.6		im Johnson 10'11"	W-60 Sally Polk 62'7"	M40 Florusse	3.50
M75 Pete Ganahl 66.4	W80 Edith Mendyka AR14.64 5000m Racewalk	M-65 Louis Beadle 2:41.2	M-00	Richard Hein 13'2" Mark Richards 11'3%"	W-55 Christel Miller 102'2" Patty Devlin 56'2"	M45 de Leeuw	3.30
2000m Steeplechase F45 Bob Russel 7:51.5	COLUMN TO THE PARTY OF THE PART	W-35 Christine Boardman	M-55	Roger Tsuda 16'75"	Patty Devlin 56'2"	M55 v. Giezen	2.70
Luigi Schiavo 9:43.6	M50 Bill Neder 28:00.5 M55 Walt DeRoth 39:39.5	3:10.2		Steve Richmond 15'73/4	NODTUWEST-		
M50 Dick Jones 7:41.1	M65 Oliver Chingren 41:15.5	1500 Meters	M-50	John Lawson 15'83/4	** NORTHWEST **	Long Jump	
M65 Avery Bryant 9:07.1	M75 Melvin Lees 33:48.2	M-35 Peter Mogg 4:07.4	M-115	Bill Weinstock 18'25" Joseph Mlyoshi 16'25"	Pacific Northwest Athletics	M40 Brusche	6.08
W40 Marina Jones 9:17.2		M-35 Peter Mogg 4:07.4 Michael Lucero 4:10.8		Pill Slart 15'103/		M45 Scheffers	5.56
W50 Bigalita Egger 10:31.6	Club West Masters Mast	M-40 David Salazar 4:11.5	M-40	Roger Trujillo 19'5"	Congress so round	M50 Evers	5.34
High Jump	Club West Masters Meet	M-45 Dennis Mihora 4:58.9	1000	James Manor 17'11"	Weight Championships	M55 Luykz M60 Braak	4.50
M40 Charles Rader 1.83	Santa Barbara, CA;	M-50 Milton Howe 4:40.4 M-55 Ray Archibald 6:19.2	M-35	Robert Maseratti 15'11" Barry Caldwell 15' 4"	Seattle, WA; September 6	M65 de Kok	3.91
Wayne Bradley 1.68	October 3	" (0 - : : : : : : : : : : : : : : : : : :	M-30	Jean Masbanji 18'85"	M40 Bob Sager 6.38	W35 de Noorlander	3.30
M45 Jorge Birnbaum 1.53	50 m	M-65 Louis Beadle 5:50.1	35 1	Joe Makovics 13'55"	Bill Galler 5.34	W40 Schouten	5.09 4.73
M50 Herman Pettigrove 1.53	N-30 Robert Adam 6.2	Ray G11 6:25.9	W-60	Magdalena Kuehne 10' 5"	M45 George Mathews 9.36	W45 Willemsen	5.01
M55 Phil Fehlen 1.63 Hal Smith 1.45	Joe Makovics 6.6	M-70 Joseph Carey 8:01.5 W-35 Chris Boardman 6:31.8		Christel Miller 11'0"	M50 Richard Hotchkiss 7.55	A STATE OF THE PARTY OF THE PAR	TAN SAME
Hal Smith 1.45 Jerry Stanners 1.45	M-35 James Bonilla 6.3	W-50 Bigalita Egger 6:29.4		Triple Jump	M65 Ken Weinbel 6.07	Shot Put	7-5-6
M60 Dave Douglass 1.32	Mike Merrigan 6.3 James Uyechi 6.7	Barbara Peet 6:36.4	ALC: OH	W. Jan W. W. J. D. W.	Harvey Williams 3.76	M40 Schouten	14.51
Bob Perry 1.12	M-h0 Thiel Bourquey 6.44	The same of the sa		Arthur Vesco 14'10"	M70 Gerald Cysewski 3.57	M45 Janssen	12.98
M75 Pete Ganahl 1.17	Herman Castille 6.61	5,000 Meters	M-75 M-70	John Damski 25'10"	INTERNATIONAL	M50 Schreuder M60 Visser	12.57
Jim Vernon 1.12	Raymond Yeck 6.72	The Street of th	M-70	Charles Mercurio 28'2" Steve Richmond 31'95"	INTERNATIONAL	M65 Storreweid	10.98
M80 Carol Johnston 1.07	M-15 Joseph Miyoshi 6.97 M-50 Walk Butler 6.62	u ho n	M-50	John Lawson 32'10's	and the second	W35 Helledorn	8.62 11.48
W40 Ann Steekelenburg 1.48	Jack Talsky 6.89	M-50 Robert McAlpine 19:00.0	M-40	Roger Trujillo 40' 8"	Dutch National	W40 Thomas	11.48
W65 Johnnye Valien 1.02	Juan Bustamante 7.05	M-55 John Brennand 17:46.0	15 4 4	Joel Whitfield 38' 4"	o i o i i più i i più	W45 Schot	10.14
Pole Vault	M-55 Roger Tsuda 7.07	Don Truex 19:25.5	W-60	James Manor 35'11" Magdalena Kuehne 24' 9"	Tilburg: lune 11 12	W50 Dingenouts	9.53
140 Warren Wilke 4.25	Dick Glasgow 7.14	Ray Archibald 24:38.3		Secretar Rueline 24 9	THE RESERVE THE PARTY OF THE PA	W55 Roovers	9.80
Alan Koshring 2.90 M50 Mardon Connelly 3.81	Marcel Cote 7.30 M-60 Mark Richards 7.85	u (c = =================================	No. 5	Shot Put	100m	Discus	The state of the
M50 Mardon Connelly 3.81 M55 Jerry Stanners 2.90	Frank Kishi 7.86	20.55.3	E-II-	Shot Put	M40 v. Campen 11.45	M40 Schouten	42.01
Ray Fitzhugh 2.75	M-65 Tom Miller 8.56	3,000 M Steeplechase	M-90	John Whittemore 15'2"	M45 Schouten 12.02	M45 Klaasen	43.84
Hal Smith 2.44	M-70 Charles Mercurio 8.16	THE PROPERTY OF GROWING COMPANY TO	M-85	Burt DeGroot 22'5"	M50 Blommensteyn 12.79	M50 Pronk	43.00 42.10
M75 Jim Vernon 2.75	Clarence Killion 8.28 M-80 Wilfred Bigelow 9.36	M-35 Don Robinson 11:44.6 M-45 Michael Green 11:48.7		Ted Hatlen 25'43/4'	M55 Schouten 13.08 M60 v. Heemstede 13.73	M55 v.d. Pal	36.16
M80 Carol Johnston 2.44	M-80 Wilfred Bigelow 9.36 W-55 Fei-Mei Chou 9.02	Luigi Schiavo 18:25 7	M-75	Arthur Vesco 20'24" Ross Carter 36'34"	M60 v. Heemstede 13.73 W35 Verhoef 12.74	M60 Braak	39.86
100 Cartical Control (1995) 100	W-60 Darlene Rand 9.87	M-50 John Cosgrove 12:44.0	M-70	Jim Minah 33'54"	W40 Hagenaar 12.91	M65 Storre	37.38
Long Jump M40 Bob Maseratti 4.97	W-70 Josephine Kolda 9.97	M-65 Avery Bryant 13:36.4	72 37	Tom Flack 32'5"	W45 Willemsen 13.71	W35 Baart	40.88
MEG P				Bob Stone 25'1"	W50 Dingenouts 14.61	W40 Hoks	31.98
MSO Doc Murdock 4.58 MSS Roger Tsuda 5.21	100 Meters M-30 Dwayne Jones 11.93	100 Meter Hurdles	M-65 M-60	Gene Polk 21'9's"	W55 Roovers 14.23	W45 v. Anhold	38.06
Ed Martin 4.22	M-30 Dwayne Jones 11.93 M-35 Robert Sands 11.69	M-50 Walt Butler 16.10		Richard Hein 42'2" Arnie Gaynor 39'10"	200m	W55 Roovers	31.82
M65 Bob Higginbotham 4.27	James Bonilla 11.88	Fred Niedermeyer 16.59	127	Arnie Gaynor 39'10" Michael Devlin 37'3"	M40 Sweet 24.46	Jana 1	
M75 Clarence Trahan 3.33	William Cooper 12.16	M-55 Faul Richmond 18.87	M-55	Hal Smith 43'9"	M45 Scholtes 24.51	Javelin MAO Harras	AND SERVICE
M80 Art Vesco 1.94	M-40 Raymond Yeck 12.22	M-60 Mark Richards 20.58 Dave Douglass 21.61		James Hart 41'15"	M50 Elders 26.90	M40 Harmes M45 Lobman	48.84
W65 Johnnye Valien 3.18	Faul Raymond 12.40 Herman Castille 12.42	M-65 George Simon 22.66	M-50	R. Hotchkiss 45'54"	M55 Schouten 27.11	M50 Martens	44.58
W80 Edith Mendyka AR1.57	Herman Castille 12.42 M-45 Stan Whitley 11.64	22:00	7	Karl Mayer 43'14" Abe Sheinker 25'11"	M60 Heemstede 27.46	MSS Fokker	44.28
Triple Jump	Sheridon Groves 12.95	110 Meter Hurdles	M-45	Abe Sheinker 25'11" Patrick Lyman 41'2"	W35 Verhoef 26.11	M60 Braak	40.62
M50 Alvin Henry 11.26	Frank Little 13.04	W 25 WILL W	M-40	Frank Reilly 44'73/4	W40 Hagenaar 27.02 W45 Broers 30.03	M65 Storre	34.76
M60 Tony Nasralla 8.91	M-50 Walt Butler 11.86 Doug Smith 12.64	M-35 Mike Merrigan 16.65 Michael Williams 17.71	The same	Mike Dellar 39'105"	W45 Broers 30.03 W50 Dingenouts 30.91	W35 Akkerman	25.48
MRO Art Vesce	Jack Talsky 12.86	Andrew Hecker 20 22	M-35	Robert Maserati29'34" Val Olotoa 44'7"	400m	W40 Vlaarkamp	31.16
M80 Art Vesco 4.58	W FF DI I OI		W-60	Val Olotoa 44'7" Sally Polk 24'11"		W45 Dunink	32.52
W55 Christel Miller 7.31	Roger Tsuda 13.12	Arthur Lockwood 20.61	12 136	Magdalena Kuehne	M40 Overmars 52.95 M45 Scholtes 54.09 M50 Pechtold 52.39.58.57	- Julian	31.82
W60 Magdalena Kuehne 7.45	t that centrote 13.72	Bill Slant, 51, 21,89.	1-0		M50 Pechtold Day 158 57	Continued on	next page
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。	Karl Trei CAN 39.81	Antonio Decanini MEX 3:13.48	Norman Green Jr USA 18:34	USA 63.28	Ana
WAVA North American	M85	Guillermo Vargas MEX 3:33.48	Severino Venzor MEX 19:24	(Mitchell, Brobst, Peterson,	Yol
Regional Championships	Longino Velazquez MEX 48.07	Dudley Healy USA 3:18.09	Luis Torres PUR 20:44	Raschker)	W40
Xalapa, Mexico; August 19-23	W30 Adriana-Villasenor MEX 30.64	Manuel Munoz MEX 3:19.00	M65 Leon Nazario MEX 20:50	W60-69	Liz
100m	Pat Mendoza MEX 31.51	<u>W30</u>	M70	Mexico 85.06	Luz W45
M30 Basilio Calcanneo MEX 11.86	Graciela Sanchez MEX 31.59	Margarita Mendoza MEX 2:32.80	Antonio Tejeda MEX 19:51	(Sandoval, Gomez, Rodriguez, Vazquez)	Phi
Rogelio Vargas MEX 11.91	W35	Evangelina Guzman MEX 2:36.84 Colette Caballero MEX 2:41.06	Ramiro Martinez MEX 21:57	4x400m Relay	Arm
Oscar Munoz MEX 12.03	Liliana Aguilar MEX 27.32 Guadalupe Gonzalez MEX 28.34	W35	Ed Vivancos CAN 24:10	M30-39	W50
M35	Hilda Ruiz MEX 28.61	Liliana Aguilar MEX 2:25.75	Dudley Healy USA 23:54	Mexico 3:41.58	Bre W55
Eduardo Altamirano MEX 11.58 Perfecto Velazquez MEX 12.14	W40	Manuela Uvalle MEX 2:47.03	W30	(Meneses, Santillan, Rodarte, Hernandez)	Luc
Gilberto Santillan MEX 12.59	Liz McBlain CAN 31.46	W45 Francisco CastilloMEX 3:08.78	Evangelina Guzman MEX 19:50	M40-49	Dor
M40	Cristina Castaneda MEX nta	W50	Rosa Chavez MEX 20:12 Adriana Mendoza MEX 20:21	Mexico 3:43.68	Tri
Robert Bowen USA 11.21	W45 Phil Raschker USA 27.42	Zenobia Bravo MEX 2:52.59	W35	(R Gonzalez, Barreto, Rodri-	M30
Robert Gonzalez MEX 11.40 J Angel Barradas MEX 11.98	DeLaLuz Gutierrez MEX 30.14	W55	Esther Vargas MEX 21:14	guez, Morales) M60-69	Ras
M45	Virginia Rincon MEX 33.19	Monica Wing T&T 3:20.30 Dolores Gutierrez MEX 3:44.58	Leonila Arias MEX 21:52	USA-France 4:29.01	Ale
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Rodolfo Brito MEX 12.65	W55	Flor Gomez Retiz MEX 4:05.20	Ana Pastrana MEX 26:36	Mexico 4:28.13	Gil
Oswald Rogers T&T 11.97	Monica Wing T&T nta	W65	<u>W45</u>	(G Gonzalez, M Gonzalez,	Gil
Hector Barrera MEX 12.13	Bertha Guereca MEX nta	Pat Peterson USA 3:35.01 Catalina Romero MEX 3:45.65	Carmen Martinez MEX 23:37 Isabel Martinez MEX 25:18	Lagunas, Aguilar)	Jos
Abelardo Suarez MEX 12.34	Dortha Swanson USA 47.10	W70	Isabel Hattillez HEX 25:10	W40-49 Mexico 5:40.72	Alf
M55 Victor Valles MEX 12.01	Guadalupe Mendoza MEX 39.08	Lenore Marvin CAN 3:33.00	W50	(Gutierrez, Gamboa, Castillo,	M45
Tirso Figueroa CHI 12.44	<u>W65</u>	W80	Guadalupe Sarvide MEX 23:10	Martinez)	Jes
M60	Pat Peterson AR USA 33.07	Rosario Rocha MEX 4:49.38	Fidelia Patino MEX 23:33	High Jump	Gen
Ralph Romain T&T 12.50	Catalina Romero MEX 44.23	1500m	W55 Eva Ayala MEX 28:49	M30	M50
Zeno Constance T&T 13.09 Ted Swanson USA 13.50	M30	M30	Dolores Gutierrez MEX 30:03	Alejandro Soriano MEX 1.50m M35	Enr
M65	Leobardo Sanchez MEX 56.28	Santillan MartinezMEX 4:15.08	<u>W60</u>	Gilberto Santillan MEX 1.45	M55
Chuck Sochor USA 13.16	Carlos Camacho MEX 57.33	Abel Quintana MEX 4:21.28	Audelia Sandoval MEX 27:52	Daniel Altamirano MEX 1.40	Phi Fra
Kurt Hering CAN 13.93	Manuel Ornelas MEX 58.67	Cutberto Peralta MEX 4:16.12	Isabel Diaz MEX 29:30	<u>M40</u>	M60
Merino Larios MEX 14.34	H35	Vic Villalobos MEX 4:44.13	Catalina RodriguezMEX 32:30	Jose Ramos MEX 1.65 Johan Allers RSA 1.50	Ted
Eugenio Patino MEX 14.38	Ed Altamirano MEX 54.21 Rafael Zermeno MEX 56.00	Manuel Lopez MEX 4:51.97	Beatriz Contreras MEX 33:00	Gonzalo Olivares MEX 1.25	Rub
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<u>W45</u>	M60	M60	Dave Douglass USA 18.41	Boo Morcom USA 1.30	M30
Phil Raschker USA 13.25 DeLaLuz Gutierrez MFX 14.59	Ralph Romain WR T&T 54.58 Sergio Cruz MEX 60.78	Sergio Jimenez MEX 5:00.00	Kurt Hering CAN 20.34	Armando Ricciardi USA 1.15	Jo:
Issa Martinez NEX 15.15	Sergio Cruz MEX 60.78 Earl Fee CAN 61.45	Earl Fee CAN 5:04.01 Robert Culling USA 5:15.50	M70	Wib Ragland USA.1.15	M3 Da
<u>W50</u>	M65" et (111 till roll lise and it its	M65	Armando Ricciardi USA 16.22	W30 days a secure Labor to	Da M4
Brenda Pensado MFX 16.51 Eumelia Yanez MEX 17.22	Chuck Sochor USA 60.72	Robert Boutard FRA 5:43.09	Karl Trei CAN 18.81	Norma Gonzalez MEX 1.08	Go
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W60	Longino Valezquez MEX 1:51:14	Manuel Munoz MEX 7:27.43	W45 Phil Raschker USA 13.95	Phil Raschker AR USA 1.43	M50 Eu
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Catalina Romero MEX 21.10	Guadalupe Gonzalez MEX 63.65	use	M30 Alejandro Soriano MEX 66.59	Pole Vault	Ph:
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Victor Valles M55 MEX 10.10 Robert Bowen M40 USA 10.61	W40 Cristina Castaneda MEX 75.13	Manuela Uvalle MEX 5:45.62	Rafael Zermeno MEX 68.05	Luis Loranca MEX 2.70	M60 Day
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M30 Rogelio Vargas MEX 24.88	Rosario Rocha MEX 2:14.59	Eva Ayala MEX 7:04.00	W65	<u>M30</u>	Del
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Roberto Gonzalez MEX 23.10	Jose NoriegaTorresMEX 2:08.00 Antonio Uribe MEX 2:12.87	Charles and the property of the state of	Alfredo Nunez MEX 9:22.71	Jose Ramos MEX 5.31	Bei
Alfredo Rivas VEN 25.88	M40	5000m	Ruben Ramirez MEX 9:59.52	Lorenzo Marin MEX 4.91	To all the
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M60	Nicolas Morgado MEX 2:34.55	Javier Ortega MEX 18:01	(Bowen, Mulkey, Basset, Harvey)	M60 Ted Swanson USA 4.53	M4
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nunozuez - MEX 97.09	Don Farquharson CAN 3:25.34	TEA 19:20	, menter, uguital par till	Karl Trei CAN 3.09	1

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iz McBlain uz Arellano	CAN 4.05 MEX 3.22
hil Raschker	USA 4.62 MEX 2.17
Arminda Maldonado <u>750</u> Brenda Pensado	MEX 3.32
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Daniel Altamirano Boo Morcom	USA 9.77 H.F.X 9.45 USA 9.41
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W55 Dortha Swanson	USA 8.26
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M30 Leon DelCarmen	MEX 27.56
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Boo Morcom Armando Ricciardi	USA 31.68 USA 30.60	山田田
Daniel Lopez	MEX 27.82	A STATE OF THE
M80 Karl Trei	USA 23.16	proxi
Laura Aguinaga	MEX 42.18	TU MA
Ana Garcia W40	MEX 28.30	(Apr.)
Debi Heit Liz McBlain	CAN 25.08	
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Gamboa DeLeon Maria Cabrera	MEX 21.08 MEX 16.44	
W55 Dortha Swanson	USA 19.46	
W60 Maria Camboa	MEX 17.48	
Lima Vazquez W65	MEX 12.44	
Bernice Holland Jean Cotner	USA 26.86 USA na	THE PERSON NAMED IN
Ilammer M30	USA na	-
Mario Guzman	MEX 26.90	1
M35 Emilio Martinez	MEX 28.94	
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M45	MEX 34.82	1
Horacio Venzor Raul Bernal	MEX 36.18 MEX 14.34	1
Guillermo Ruelas M50	MEX 13.68	1
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Armando Ricciardi Daniel Lopez	USA 35.92 MEX 23.76	1
W35 Laura Aguinaga	MEX 23.40	1
Liz McBlain	CAN 23.48	
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M30	MEX 31.04	40.04
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Hilario Yepez Horacio Venzor	MEX 46.31 MEX 32.69	1
Raul Bernal	MEX 28.86	000
M50 Eulogio Pando	MEX 37.81	A SHARE
Juan Davila M55	MEX 29.84	-
Phil Mulkey Daniel Garza	USA 35.35 MEX 26.77	1
M60 Dave Douglass	USA 31.56	1
Arturo Gonzalez Javier Perez	MEX 29.78 MEX 28.45	1
<u>M65</u>	The Miles	1
Agapito Rocha M70	MEX 24.09	1
Armando Ricciardi Boo Morcom	USA 28.42	1
Daniel Lopez M80	MEX 19.84	1
Karl Trei W30	CAN 22.80	1
Graciela Sanchez	MEX 28.49	
Yolanda Marin	MEX 21.71	
Ana Garcia Martha Gonzalez	MEX 20.11 MEX 18.70	1
W40 Liz McBlain	CAN 23.76	1
Debi Heit Elisa Navarro	CAN 23.01 MEX 22.96	1
W45 Issa Martinez	MEX 21.61	1
Phil Raschker Virginia Delgado	MEX 20.72	1
W55		
Dortha Swanson Lucy Anne Brobst	USA 18.48 USA 13.14	1
W65 Bernice Holland W		1
Pentathlon	ACTOR OF THE STATE	1
M30 Rosalio Yepez	MEX 2082	
M35 Rafael Zermeno		1
Daniel Altamirano	MEX 2117	1
Oliberto Santillai	1 MEX 2001	
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M40	M60	A market
Gonzalo Covarrubias ME)		USA 2:05:54
	Manuel Pineda M75	MEX 2:16:48
	(2441 Max Gould (2433	CAN 2:18:08
Horacio Gomez ME	1775 10K Cross-Country	A September 1
M55	Norberto Gonzale Miguel Munoz	MEX 44:47 MEX 48:43
Phil Mulkey USA	1 3094 2849 M35 Cudberto Peralta	MEX 42:09
	Jorge Rodriguez	MEX 44:46 MEX 48:15
William Brobst USA Eugenio Salas MEX M70		Laine L. Co.
Boo Morcom USA	Daniel Rodriguez David Pardo	MEX 49:54 MEX 54:49
M75	M50	T&T 55:17
<u>W30</u>	Austreberto Vazque	
W40	Dan Hamner 1 3035 M55	USA 51:16
W45 Phil Raschker USA	Renato Gonzalez Martin Viveros	MEX 46:45 MEX 52:40
W55	Fidel Hernandez M70	MEX 58:39
5000m Racewalk M35	Denman Stanfield M75	USA 85:25
The state of the s	24:41 Dudley Healy W35	USA 75:09
Ruben Martinez MEX M45	26:07 Esther Rosas Nazaria Meave	MEX 55:25 MEX 63:24
	25:30 W40 Maria Millan	MEX 75:33
	29:53 Cloria Moreno	MEX 72:57
Salvador Cazares MEX	30:38 Rosario Agundis	MEX 83:16
	32:45 W65 Isabel Valdivia	MEX 92:23
Pedro Moreno MEX	27:47	
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W45	(Crim 10 Miles	pionships
W45 Socorro DeLeon MEX	35:47 (Crim 10-Miler 36:58 August	pionships); Flint, MI
W45 Socorro DeLeon MEX Carolyn Nash USA W50 Yoscelinda HernandezMEX	(Crim 10-Miler 36:58 August 34:13 Simon Karori	pionships); Flint, MI 22 KEN 46:21
W45 Socorro Deleon MEX Carolyn Nash USA W50 Yoscelinda HernandezMEX Judith Bustos MEX Luz Martinez MEX W55	35:47 Crim 10-Miler August 34:13 Overall Simon Karori Olga Markova M40 Olga Markova Olga	pionships); Flint, MI 22 KEN 46:21 RUS 53:17
W45 Socorro Deleon MEX Carolyn Nash USA W50 Yoscelinda HernandezMEX Judith Bustos MEX Luz Martinez MEX W55 Harie June Provost CAN	35:47 (Crim 10-Miler August	pionships); Flint, MI 22 KEN 46:21 RUS 53:17 KEN 49:48 uizaNV 50:16
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W45 Socorro Deleon MEX Carolyn Nash USA W50 Yoscelinda HernandezMEX Judith Bustos MEX Luz Martinez MEX W55 Harie June Provost CAN Eva Ayala MEX W60 Raquel Moreno MEX Maria Gamboa MEX Olimpia Lilia MEX	35:47 Crim 10-Miler August	pionships); Flint, MI 22 KEN 46:21 RUS 53:17 KEN 49:48 uizaNV 50:16 TX 50:38 s MI 50:57 IN 51:11 OR 51:57
W45 Socorro Deleon MEX Carolyn Nash USA W50 Yoscelinda HernandezMEX Judith Bustos MEX Luz Martinez MEX W55 Marie June Provost CAN Eva Ayala MEX M60 Raquel Moreno MEX Maria Gamboa Olimpia Lilia MEX M65 Eustolia Ramirez MEX	35:47 Crim 10-Miler August	pionships); Flint, MI 22 KEN 46:21 RUS 53:17 KEN 49:48 uizaNV 50:16 TX 50:38 s MI 50:57 IN 51:11 or 51:57 len NY 52:11
W45 Socorro Deleon MEX Carolyn Nash USA W50 Yoscelinda HernandezMEX Judith Bustos MEX Luz Martinez MEX M55 Marie June Provost CAN Eva Ayala MEX W60 Raquel Moreno MEX Maria Gamboa Olimpia Lilia MEX W65 Eustolia Ramirez MEX USA W70	35:47 Crim 10-Miler	pionships); Flint, MI 22 KEN 46:21 RUS 53:17 KEN 49:48 uizaNV 50:16 TX 50:38 SMI 50:57 IN 51:11 OR 51:57 len GBR 52:16 diet MI 55:28 MI 55:32
W45 Socorro Deleon MEX Carolyn Nash USA W50 Yoscelinda HernandezMEX Judith Bustos MEX Luz Martinez MEX W55 Marie June Provost Eva Ayala MEX M60 Raquel Moreno MEX Maria Gamboa MEX M65 Eustolia Ramirez MEX W65 Eustolia Ramirez MEX W670 Lenore Marvin CAN Althea Jureidini USA	35:47 Crim 10-Miler August	pionships); Flint, MI 22 KEN 46:21 RUS 53:17 KEN 49:48 uizaNV 50:16 TX 50:38 s MI 50:57 IN 51:11 OR 51:57 lee GBR 52:16 ciet MI 55:28 MI 55:32 IL 55:41
W45 Socorro Deleon MEX Carolyn Nash USA W50 Yoscelinda HernandezMEX Judith Bustos MEX Luz Martinez MEX M55 Morie June Provost CAN Eva Ayala MEX M60 Raquel Moreno MEX M610 Raquel Moreno MEX M65 Eustolia Ramirez MEX W65 Eustolia Ramirez USA W70 Lenore Marvin CAN Althea Jureidini Marie Rice USA	35:47 Crim 10-Miler August	Pionships); Flint, MI 22 KEN 46:21 RUS 53:17 KEN 49:48 RUIZANV 50:16 TX 50:38 S MI 50:57 IN 51:11 OR 51:57 Ien NY 52:11 Ie GBR 52:16 OR 155:32 IL 55:41 MI 55:49 MI 55:49 MI 56:24 MI 56:24 MI 56:24 MI 56:44 MI 56:44
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W45 Socorro Deleon MEX Carolyn Nash USA W50 Yoscelinda HernandezMEX Judith Bustos MEX Luz Martinez MEX W55 Morie June Provost CAN Eva Ayala MEX W60 Raquel Moreno MEX Olimpia Lilia MEX W65 Eustolia Ramirez MEX Jean Cotner USA W70 Lenore Marvin Althea Jureidini Marie Rice W75 Maria Bautista MEX 10K Racewalk-Road W30 Juana Herrera MEX 1 W35 Lorrie Leiker USA 1 W45	35:47 Crim 10-Miler	Pionships); Flint, MI 22 KEN 46:21 RUS 53:17 KEN 49:48 uizaNV 50:16 TX 50:38 s MI 50:57 IN 51:11 OR 51:57 Ien NY 52:11 e GBR 52:16 rict MI 55:28 MI 55:32 IL 55:41 MI 55:49 MI 56:42 CAN 56:54 AK 57:06 OH 57:07 MI 57:08 e MI 57:29 MI 57:31 cr OH 57:32 CAN 57:336
W45 Socorro Deleon MEX Carolyn Nash USA W50 Yoscelinda HernandezMEX Judith Bustos MEX Luz Martinez MEX M55 Marie June Provost CAN Eva Ayala W60 Raquel Moreno MEX Martia Gamboa MEX Olimpia Lilia MEX Jean Cotner USA W70 Lenore Marvin Althea Jureidini Marie Rice W75 Maria Bautista MEX 10K Racewalk-Road W30 Juana Herrera MEX 1 W35 Lorrie Leiker USA 1 W45 Socorro Deleon MEX 1 W50	35:47 Crim 10-Miler	Pionships); Flint, MI 22 KEN 46:21 RUS 53:17 KEN 49:48 uizaNV 50:16 TX 50:38 s MI 50:57 IN 51:11 OR 51:57 lee GBR 52:16 citet MI 55:28 MI 55:32 IL 55:41 MI 55:49 MI 56:24 AK 57:06 OH 57:07 MI 57:08 et MI 57:31 ce GBR 52:16 citet MI 56:42 CAN 56:54 AK 57:06 OH 57:07 CAN 57:36 CAN 57:36 CAN 57:36 CAN 57:36
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M60 Robert Fine M70	USA 2:	05:54
Manuel Pineda M75 Max Gould	MEX 2: CAN 2:	
10K Cross-Country		
Norberto Gonzalez Miguel Munoz M35 Cudberto Peralta	MEX	44:47 48:43 42:09
Jorge Rodriguez Jose Sanchez	MEX	44:46 48:15
M45 Daniel Rodriguez David Pardo Errol Ottley	MEX	49:54 54:49 55:17
M50 Davila Agustin Austreberto Vazque	MEX ez MEX	48:27 48:40
Dan Hamner M55 Renato Gonzalez Martin Viveros	MEX	51:16
Fidel Hernandez M70 Denman Stanfield	MEX	52:40 58:39 85:25
M75 Dudley Healy W35 Esther Rosas	USA	75:09
Nazaria Meave W40 Maria Millan	MEX	55:25 63:24 75:33
W45 Cloria Moreno W55 Rosario Agundis		72:57
W65 Isabel Valdivia	-	83:16 92:23
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Market Street Live Colored Street	Miles No.	that

7	Half-Marathon				
	M30				
	Angel Hernandez	ME	X	69:	57
	Miguel Munoz			90:	
	M35	7			-
1	Hilario Aguilar	ME	Y	75:	36
4.	Jorge Rodriguez	ME	Y	78:	15
	M40		•••		•
	Faustino Lopez	ME	Y	76:	01
	Ignacio Davila			82:	
	M45		-^	٠	••
81	Jose Alvarado	ME	Y	75.	56
	Arnulfo Gonzalez				
	M50		•		-
	Eloy Lozada	ME	Y	76:	58
	Jose Quintero			87:	
5-	M55	14	^	٥,,	-
	Renato Gonzalez	ME	Y	81:	57
٠,	Martin Viveros			90:	
	M60	-	-^	,,,	
1	Severino Venzor	ME	X	86:	50
	Dominguez Vazquez			87:	
	M65			٠.,	-
	Javier Uribe	MI	EX	90:	55
	M70		-	-	
	Antonio Tejada	MEX	1	:41:	48
1	W30				
•	Adriana Villaseno	MEX	1	:42:	21
	W35				
7	Nazaria Meave	MEX	1	:47:	:08
	W40				
	Rosa Velez	MEX	1	:35	:13
8	W45				
	Isabel Martinez	MEX	1	:40	:32
	W50				
15-	Celia Fajardo	MEX	2	:02	:44
	W55				
-	Rosario Agundis	MEX	2	:14	:28
	W65				
	Isabel Valdivia	MEX	2	:17	: 33
-	CRI-Costa Rica/RS	A-So	A	fri	ca/
•	RDO-Dominican Rep	ubli	1	PUR-	1
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RESULTS

ease send results to: National Masters ews, P.O. Box 2372, Van Nuys, CA 1404. To keep information current, we merally do not publish results more an 4 months old. Results that are typed (maximum 28 spaces/2½" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

NATIONAL

August 22	25
Overall	M50
Simon Karori . KEN 46:21	1
Olga Markova RUS 53:17	2
M40	3
1 Joseph Nzau KEN 49:48	4
2 Domingo TibaduizaNV 50:16	5
3 Wilson Wajova TY 50.38	6
3 Wilson Waigwa TX 50:38 4 Douglas Kurtis MI 50:57 5 Gary Romesser IN 51:11	7
5 Gary Romesser IN 51:11 6 Leonard Hill OR 51:57	8
6 Leonard Hill OR 51:57	9
7 Charles McMullen NY 52:11 8 Pierre Levisse GBR 52:16	10
8 Pierre Levisse GBR 52:16	1000
9 Jonathan Kermiet MI 55:28	-11
10 Gary Wolfram MI 55:32	12
11 Ronald Woods IL 55:41	13
12 Dennis Grantz MI 55:49	14
13 Randy Bates MI 56:24	15
12 Dennis Grantz MI 55:49 13 Randy Bates MI 56:24 14 Jack Kline MI 56:42	16
15 Glen Madison CAN 56:54	17
16 Laddie Shaw AK 57:06	18
17 Pat Wagner OH 57:07	19
18 David Borlik MI 57:08	20
19 Matthew Savage MI 57:29	M55
20 John Scott MI 57:31	1
	2
21 Ken Welsheimer OH 57:32	3
22 Nick Merucci CAN 57:36 23 Michael KrywanskiMI 57:56	4
23 Michael KrywanskiMI 57:56	5
24 Tom Hardy MI 58:09	6
25 Paul Nilsson MI 58:28	7
26 Ted Larson TX 58:28 27 Xavier Cook MI 58:38 28 John Loeffen CAN 59:12	8
27 Javier Cook MI 58:38	9
28 John Loeffen CAN 59:12	10
29 Bernie Candy MO 59:23 30 John Cossick CO 59:42	11
30 John Cossick CO 59:42 M45	12
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1 Ken Rowe M1 56:14 2 Tyrone Griffin MI 56:24	14
3 Paul DeladurantyeMI 56:38	15
3 Paul DeladurantyeMI 56:38 4 Walt Herrala MI 58:04	100
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7 Dennis Hooley IN 60:09	3.
8 Robert Stevens IL 60:16 9 Marvin Lafler MI 60:32	4.
9 Marvin Lafler MI 60:32	5.
10 Dan Phillips MI 61:35	6 1
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11 Phil Benson NJ 61:59	8 1
12 Chuck Storm MI 62:06	M65
13 Robert Penilo MI 62:07	1 .
14 Paul Faulkner MI 62:11	2 1
15 James Carlton MI 62:17	3

12 Ralph Judd 13 Bernard Conway 14 Jim Finlayson 15 Paul Bishop 16 ED Rousseau 17 Terry Wild 18 L E MacDonald 19 Gerald Bruce 20 Fred Knoodle 1 Bill Olrich 2 Peter Kershaw 3 Norm Abbott 4 L G Nicholson 5 Jim Matherley 6 Gordon Hart 7 Andre Tocco 8 Dick Wagen 9 Paul Griffin 10 Francis Wallace 11 Darrell Mckee 12 Darell Bessey 13 Richard Vlotman 14 Ray Aspinall 15 Jim Bleau MI 65:14 CAN 65:15 MI 67:06 MI 67:07 MI 67:07 MI 67:07 MI 67:08 MI 66:07 MI 66:07 MI 66:07 MI 66:07 MI 66:08 MI 67:28 MI 66:08 MI 66:08 MI 67:28 MI 66:08 MI 66:08 MI 67:08 MI 60:08 MI 67:08 MI 68	Parameter and the Parameter an	
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16 ED Rousseau MN 67:14 17 Terry Wild MI 67:38 18 L E MacDonald MI 67:58 20 Fred Knoodle MI 68:12 M55 1 Bill Olrich KY 57:49 2 Peter Kershaw CAN 62:26 4 L G Nicholson MI 63:07 5 Jim Matherley MI 63:27 6 Gordon Hart MI 64:39 7 Andre Tocco CA 64:53 8 Dick Wagen MI 65:10 9 Paul Griffin MI 66:29 10 Prancis Wallace MI 67:28 11 Darrell Mckee MI 67:28 12 Darell Bessey MI 68:03 13 Richard Vlotman CAN 70:10 14 Ray Aspinall MI 70:55 13 James Beall MI 70:55 14 James Beall MI 70:55 15 James Beall MI 77:57 16 Hugh Sweeney MI 73:01 16 Hugh Sweeney MI 73:01 17 Derek Roberts MI 68:32 18 Herbert Spence MI 64:41 17 James Forshee 2 Myron Meyer MI 73:49 16 Mallace Ypma MI 77:49	14 Jim Finlayson	MI 66:05
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9 Paul Griffin MI 66:29 10 Francis Wallace MI 67:28 11 Darrell Mckee MI 67:28 12 Darell Bessey MI 68:03 13 Richard Vlotman CAN 70:10 14 Ray Aspinall MI 70:55 15 Jim Bleau MI 70:55 16 Hugh Sweeney MI 67:31 17:55 MI 67:31 18 Herbert Spence MI 73:01 19 James Forshee MI 64:41 19 James Forshee MI 64:41 2 Myron Meyer MI 73:49 2 Chuck Davey MI 73:49 2 Wallace Ypma MI 67:49	7 Andre Tocco	CA 64:53
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5 Wallace Ypma MI 73:49	3 John Mcmanus	
5 Wallace Ypma MI 77:49	4 Chuck Davey	
	5 Wallace Ypma	
17:03	6 Ed Allen	
		77.03

M70	
1 Marlynn Bandlow	MI 84:27
2 Jim Parker	MI 84:50
M75	
1 John Evans	MI 86:00
2 Joe Thornburg	MI 90:27
M80	II 2:08:19
l Jim Ramsey N	11 2:00:19
	AK 58:47
1 Suzanne Ray	AK 58:47 MI 59:14
2 Karen Hubbard 3 Laura Lynn	CAN 59:47
	SC 59:59
4 Nancy Grayson 5 Claudia Ciavare	
6 Barbara Olson	MI 68:21
7 Donna Swanson	MI 69:26
8 June Macdonald	MI 70:03
9 Karen Jo White	MI 70:44
10 D J Smith	CAN 70:53
11 Angela Boyle	CAN 71:32
12 Donna Wilson	MI 72:11
13 L C Schinnerer	MI 72:11
14 Nancy Majtyka	MI 73:46
15 Vickie Putnam	MI 74:13
W45	The state of the s
l Barbara Filutze	PA 59:15
2 Jane Hutchison	MO 61:57
3 Mary Wood	CO 62:53
4 Nina Bovio	MI 68:35
5 Barbara Heys	MI 69:08
6 Diane Arbanas	MI 72:55
7 Althea Stevens	-IL 72:59
8 Darlene Smith	MI 73:19
9 Pat Roselli	MI 73:47
10 Ana Copsey	MI 73:48
W50	111 /3.40
1 Judy Carroll	OH 70:00
2 G Tunningley	MI 70:52
3 Ellen Nitz	MI 73:08
4 Sue Nebel	IL 75:00
5 Armande Pieschk	
6 Diane Leach	FL 77:27
W55	Assessment of the last
1 Wen Shi Yu	NY 73:51
2 Jean Horne	CAN 75:43
3 Karen Forfar	MI 76:46
4 Merion Knight	MI 85:23
W60	
1 Belen Dziwura	MI 2:01:06
W65	
1 Barb Anderson	MN 1:24:39
2 Loretta Shehan	NY 1:30:46
3 G O'Dillon	MI 1:56:45
The state of the s	Mary Santa Value

TAC National Masters Marathon Championships (Twin Cities Marathon) Minneapolis; October 4

Overall	
David Mungai 23	2:15:33
Janis Klecker 32	2:36:50
M40 Joseph Nzau	2:16:12
Pierre Levisse	2:17:52
Artemio Navarro	2:19:50
Leonard Hill	2:23:41
Domingo Tibaduiz	
Luis Lopez	2:25:10
Klaus Goldhammer	
Gary Romesser Jean M Charbonne	2:25:49
Jean M Charbonne	12:26:39
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M45 Ryszard Marczak	2:23:14
John Emmons	2:33:15
Dick Ruhland	2:36:56
Joaquin Carneiro	
Joe Carlson	2:43:11
George Bakay	2:43:46
M50 Jared Mondry	2:40:46
Fay Bradley	2:40:46
M55 Dick Ruzicka	2:51:18
M60 Ed Stabler	
	3:01:18
	3:04:04
M70 Warren Utes W40 Sharlet Gilbert	3:09:10
	2:40:19
Bernie Portenski	2:41:43
Suzanne Ray	2:41:50
Carol Virga Raisa Smekhnova	2:43:33
	2:49:58
Martha Heinsius	3:06:09
W45 Mary Wood	2:51:49
raye berger	3:15:16
Georgine Cook	3:17:39
Rae Baymiller	3:18:11
W50 MarilynSchnogrich	13:29:47
PattyLee Parmalee	23:31:18
Mary Dwyer	3:42:04
W55 Sandra Kiddy	3:08:43
Wen-Shi Yu	3:28:27
Mae Horns	3:38:24
W60 Toshiko d'Elia	3:31:22
TOSHIKO G LIII	3.31.22

EAST

Sauerkraut 20K

38	neips, NT, Augus	
Ove	all	
Jim	Brunswick 23	1:05:27
	Myers 34	1:18:54
M40	Jim Boyle	1:11:47
	Ric Perry	1:14:18
	Fran Emmerling	1:14:37
	Tom Powers	1:15:46
	Noel Vanier	1:16:36
M45	Tom Lamme	1:16:05
	Derck Frechette	1:17:19
1	William Hearne	1:20:10
	John Whalen	1:22:43

M50 Ray Kneer	1:12:36
Chas Kellogg	1:17:12
Don Solarek	1:23:03
M55 Sam Graceffo	1:20:17
Fred Brazda	1:25:33
John Doody	1:25:46
W60 Walt Gronksi	1:29:19
Levis Proper	1:29:30
Don Field	1:30:58
M70+Paul Robertson	1:51:30
W40 Peggy Wiltberger	1:22:28
Joanne Wightman	1:24:52
Kathy Brown	1:27:24
W50 Mary Shaver	1:29:06
Carol Rider	1:39:41
W60+Lois Bell	1:50:13
Finishers: 494	

Sea Cliff 5K Long Island, NY September 5

	September 5	
Over		
	Manjares	15:24
Lee	DiPietro	17:53
M40	John Lupski	17:41
	Marc Hildebrand	17:52
	Jack Porzio	18:14
M45	Maury Dean	18:01
	Paul Fetscher	18:34
	Bryan Pearsall	18:55
M50	Joe Cordero	18:58
	Richie Roth	19:03
	Mike Service	19:26
M55	Mike Goldman	19:49
	Dan Jacobs	21:24
	Joe Rottino	21:34
M60	Vince Zizzi	22:10
	Alan Druckman	24:03
	Chas Oppizzo	24:52
M65	+John McManus 68	20:40
	Bert Jablon	22:42
W40	Jackie Gow	21:03
	Marilyn Barger	23:11
	Debbie Gabrielle	23:24
W45	Leslie Jacobs	25:10
200	Empera Barbato	27:38
	Helena Clavin	29:32
W50	Maureen Denahan	29:45
W55	Nancy Fraser	23:59
	Sylvia Stratton	28:43
W60	Vera Allen	27:50
F 70	Sondra Roppollo	29:51
W65	+Althea Wetherbee	28:16
	Doris Pritchard	35:21
-	818 finishers/from	N Dear

Race For The Cure 5K Central Park; September 13

Overal1	
Judi St. Hilaire 33	16:07
W40 Belinda Saunders	19:09
Barbara Anderson	20:06
Elsa Gonzalez	20:58
W45 Ann Davies	19:22
Cheryl Ralya	19:33
Jean Perry-Wolf	21:39
W50 PattyLee Parmalee5	221:15
Erika Abraham 54	22:52
Rosa Nales 58	22:54
W60 Bertha McGruder	29:48
Charlotte Goldblatt	30:04
Arlene Schimel	30:51
W65 Arlene Kernis	31:46
Marjorie Longley	32:22
Jozi Neulinger	33:29
W70+Althea Wetherbee 7:	329:29
Sylvia Robbins 76	
Althea Jureidini 74	
Finishers: 3214	Mark San San

Association of Retarded Children 5K Pawtucket, RI September 13

Over	all	
Andı	rew Butler 21	15:10
Judy		20:02
M40	Bobby Doyle 43	15:24
	Charles Collins 43	16:37
	Ray Marsland 47	17:00
M50	Jim Florio 51	19:40
	Walter Skelly 50	20:13
		20:58
M60	Carl Hammen 69	21:21
	Don Alden 65	22:21
	George Grzebien 65	29:18
W40	Sophia Moriarty 48	21:41
	Ann Bell 46	26:33
	Deborah Lee 40	28:28
	from C Hammon	

NYRRC Roosevelt Island Fall 10K; NYC September 19

ooptember 13		A 10 4 4	
Overall			
Mike Evans	22	32:45	
Susan Foster	36	38:28	
M40 Rob Benedetti		33:52	
Richard Shaver		34:42	
Tom Philip		35:53	
M45 Ted Haiman		35:03	
Ian Reuben		40:20	
Ibrahim Morales		42:16	
M50 Mike O'Leary		42:51	
Robert Gray		43:51	
Victor Keen		44:41	
Continued on	ne	xt page	
Company of the section was to be			

Continued from previous	s page
M55 Witold Bialokur	38:35
Dan Sokal	40:30
Jim Voorhees	47:07
M60 Geoff Bardsley	46:03
Leslie Buckland	49:02
M65 John McManus	42:30
Jack Haar	43:42
M70 Al Goldstein	51:16
M75+Wilfredo Rios	56:57
Charles Feldman	62:38
W40 Loretta Jefferson	50:42
Chris Eng	53:03
Catherine Cannan	54:21
W45 Marion Browne	48:23
Marj Stamberg	53:59
Kathy Gozu	57:50
W50 Joan Bondell	50:08
E Bonfils-Roberts	50:19
Carmen Johnston	53:25
W55 Margaret Carinci	50:23
May Chou	54:40
W60 Melva Murray	57:00
Bertha McGruder	60:21
W65 Evelyn Hudson	60:16
Jozi Neulinger	65:50
Finishers: 375m/155w	
Weather: 60°/h40%/w12	mph
NYRRC Staten Islam Half-Marathon; NY	nd .

September 20

ocpteine	C. E.		
Overall			
Idris Mohamed	30	1:07:5	
Ana Rios	32	1:19:5	
M40 Ernesto Ay		1:17:0	
Cliff Kays		1;17:3	
John Costa		1:17:3	
M45 Vincent Ge		1:17:0	
Sam Skinne		1:17:2	
Ricardo An		1:22:4	
M50 Pat Cosgro		1:19:1	
L A Flores		1:20:0	
Julio Lugo		1:23:5	
M55 Jos Viveri	to	1:29:4	
Geo Reilly		1:33:0	
Wm Smith		1:34:	
M60 Bill Fortu	ine	1:28:2	
Erik Kaymi		1:29:	
Arnie Gree		1:29:4	
M65 John Corri		1:34:2	
Wallace Cu		1:52:1	
M70 William Co		1:48:	
Sid Butens		1:56:	
M75+Juan River			
Wilfredo I	lios 75		
W40 Amy Bahrt		1:33:5	
Donnalee B		1:36:0	
Jacqueline	Seltze	r1:38:5	50
W45 Ann Davies		1:27:	no
Patricia (120	1.20.	12
Jean Perr	-Wolf	1:39:	28
W50 Anna Thor	nhill	1:30:	
Sara Herz		1:47:	
Susan Ste	rnheime	r1:50:	02
W55 Rosa Nale:	3	1:41:	55
May Chou		1:49:	
Naumi Vog	el	2:02:	
W60 Thelma Wi	lson	1:57:	
Melva Mur	rav	2:16:	28
W70 Althea Ju	reidini	2:39:	33
Finishers: 11	37m/369	~	-
Weather: 65°/	160%/su	nny	
		,	

Empire One RC Masters 10K; Westfield, MA

September 27	
M40 Dave Reinhart	33:36
Bob Calantuono	34:03
Frank Rucki	34:22
M45 David Ksieniewicz	38:39
Tim Metoyen	39:38
Philip Albright	39:44
M50 John Hale	38:05
Andy Hickey	39:55
Don Grant	40:20
M55 Richard Shook	40:42
Tom Butterfield	40:46
Dick Golas	45:34
M60 Dave Madsenco	43:26
Bob Romer	45:05
Ray Pickell	46:01
M65 Ted Buckout	45:13
Carl Hammen	45:58
Matt Smith	47:37
M70 Bill Tribow	47:25
Harry Bills	50:06
M75 Bob Matteson	51:02
Steve Daley	56:55
W40 Elaine Stoeckle	40:11
Debbie Atwater	44:02
Donna Johnson	45:18
W50 Winnie Hopfe	51:59
Ellie Green	56:23
W65 Connie Bills from Carl Hammen	55:34

Jersey Shore Half-Marathon Long Branch; October 4

Overall		
Tom Bowermaster	33	1:10:26
Kimberly Keenan	25	1:24:12
M40 Mike McHale	41	1:13:13
M50 Pat Cosgrove	51	1:20:16
M60 Joe Burns	63	1:32:42
M70+Fred Elv	77	1:49:25
W40 Laurene Jone	542	1:27:53
W50 Judy Kesin	52	1:54:03

שונות אושבו ב בי ווצציבים בין בין ובפולותוופט טיו ווכל הפוצה

SOUTHEAST

Michelin Midnight Flight 5K/10K Anderson, SC September 4

--5K-- (10:30 p.m.)

5K (10:30 p.m.)	
Overall	
Scott Strand	14:33
Joan Nesbit	16:06
Masters Men	
Earl Owens	15:49
Cordon English	15:52
Dan Lasseter	16:33
Phil Peterson	16:37
Gerry Carner	16:45
Jim McDuffie	16:47
John Bernhardt	16:49
Tom Dooley	17:13
Frank Phillips	17:24
Bob Crosby	17:29
Grandmasters Men	
Michael Murphy	18:07
Thomas Eison	18:13
Reginald Smith	18:14
Masters Women	
Catherine Lempesis	18:20
Alendia Vestal	nta
Cindy Wallace	20:23
Cynthia White	21:19
Barbara Foltz	21:26
Nonie Hudnall	21:23
Kathy Parnell	22:30
Sue Cheney	22:37
10K (12:00 midnig	ght)
Overall	
Jacques VanRensburg	29:20
Karen Hoffman	35:10
Masters Men	
Earl Owens	33:21
Gordon English	34:11
Wes Wessely	34:24
Bob Becker	35:00
Dan Lasseter	35:32
Phil Peterson	35:42
Tom Dooley	35:48

Sentara Bay Days 10K Hampton, VA; September 12

Joe Marshall Morris Johnson Doug Storkey

Charles Grav

Cindy Wallace Barbara Foltz Eva Epps Sally Nolan

Grandmasters Men Charles Teseniar

James Sinclair
Masters Women
Catherine Lempsis

Dreama Nutter Octavia Childress Lessie Snead

Grandmasters Women
Susie Kluttz
Judy Stroller
Louise Merring

36:03 36:06 37:22

37:31

38:53

38:27

44:12 46:57 49:58 51:52 52:09 52:12

52:59

43:53 47:52 48:24

Overall	
Brian Walter 25	30:05
Vicki Mitchell 23	35:00
M40 Sadot Mendez	33:08
Bill Rogers 41	33:28
Ronnie Knepfer	34:06
Larry White	34:16
Rick Platt	34:43
M45 Jeff Long	34:43
Ben Dyer	35:47
Steve Frisk	35:53
M50 Mel Williams	35:42
Bryce Jenkins	36:43
Johan Jausen	37:47
M55 Tom Bashara	38:47
Bob Ferguson	42:10
Richard May	43;13
M60+Andrew Polansky6	
	3 45:00
7thReffard Stafford	
W40 Claudia Ciavarel	
Gretchen Maurer	39:07
Donna Harrison	40:08
Linda Gulick	40:51
W45 Joyce Ploeger SuzanneStansfiel	42:37
	_
Susan Spenser W50+Judith Dodson 50	45:57 50:11
W50+Judith Dodson 50 Jane Shumway 56	
Jane Shumway 30	55:01

MID WEST

Metro-Macomb Runners 10K Harrison Township, MI September 6

Overall		
Ken Punter	32	35:03
Robin Crigger	26	43:07
M40 Bill Benton	42	37:18
Dan Phillips	46	37:54
George Geck	43	40:02
M50 Herb Seegert	56	45:50
Mary Stevenson	n57	46:35
M75+Joe Thornburg	75	51:52
W40 Maggy Zidar	43	46:45
Phonda Torgov	41	50.31

MID-AMERICA

Bud Light Stadium 10K St. Louis, MO; September 6

PLAC		LNAME	FNAME	AG		HANDCP	ACTUAL
	1	GENTRY	JACK	64	=	0:29:46	0:39:46
	ż	FENNELL	LEON	60	MM	0130125	0:38:25
	3	GASSMANN	ZEAN Z	33	M	0:30:38	0:31:38
	3	WILLIAMS	BOBBY	33	M	0:30:59	0:32:59
	5	HIRSCHFELD	ERNIE	65	M	0:31:03	0:42:03
	6	MAHR	TERRY	43	F	0:31:09	0:38:09
	7	COOKSEY	MARTY	38	F	0131120	0:37:20
	8	FRIEDLANDER	RICH	48	M	0:31:20	0:35:51
	9	BAPA	MELISSA	12	F	0:31:25	0:38:55
1	0	KARDONG	DON	43	M	0:31:30	0:34:30
1	11	GALLAGHER	PATRICK W	67	M	0:31:32	0:43:32
	12	DAUM	DAVE	39	M	0:31:43	0:33:43
	13	MEDDOWS	MARVIN K	47	M	0:32:13	0:36:13
	4	BENFIELD	GORDON	39	M	0:32:23	0:34:23
	5	MC MAHON	LARRY	41	M	0:32:25	
	6	GILBERT	JOA	54	E	0:32:34	0:44:34
	7	SCHMITT	BILL	79	M	0:32:48	0:37:19
•	iĕ	CROSSAN	LARRY	73	-	0:33:04	0:36:04
ź		HARTNETT	JOHN	42	M	0:33:06	0:35:36
7	12	CANDY	BERNIE	44	M	0:33:06	0:36:36
ć	22	HOSLER	MARK	45	M	0133110	0:36:40
é	3	GLASSMAN	JANET	63	F	0:33:21	0:50:21
	24	HESSLER	DICK	51	M	0:33:23	0:38:23
2	25	WEAVER	DARRELL	46	M	0:33:28	0:37:28
	36	DOM: MON	50.10	70	_	0.22.22	0.74.77
	26	POHLMAN	DOUG	32	M		0:34:33
- 2	27	MURRAY	TONY	32 50	M	0:33:40	0:38:40
į	27	MURRAY MICHALAK	TONY JEAN	50 37	MF	0:33:40	0:38:40
	27 28 29	MURRAY MICHALAK TOOLEN	TONY JEAN MIKE	50 37 47	MF M	0:33:40 0:33:41 0:33:47	0:38:40 0:39:11 0:37:47
	27 28 29 30	MURRAY MICHALAK TOOLEN HESSLER	TONY JEAN MIKE PETER	50 37 47	ELEE	0:33:40 0:33:41 0:33:47 0:33:54	0:38:40 0:39:11 0:37:47 0:33:54
	27 28 29 30	MURRAY MICHALAK TOOLEN HESSLER OWEN	TONY JEAN MIKE PETER CHRISTOPHER	50 37 47 23	ELEEE	0:33:40 0:33:41 0:33:47 0:33:54	0:38:40 0:39:11 0:37:47 0:33:54 0:38:33
	27 28 29 30 31 32	MURRAY MICHALAK TOOLEN HESSLER OWEN DREON	TONY JEAN MIKE PETER CHRISTOPHER RENZO	50 37 47 23 13	ELEE	0:33:40 0:33:41 0:33:47 0:33:54 0:34:03	0:38:40 0:39:11 0:37:47 0:33:54 0:38:33
	27 28 39 30 31 32 33	MURRAY MICHALAK TOOLEN HESSLER OWEN	TONY JEAN MIKE PETER CHRISTOPHER	507 473 131 1517 40	ELEEEE	0:33:40 0:33:41 0:33:47 0:33:54 0:34:03 0:34:04	0:38:40 0:39:11 0:37:47 0:33:54 0:38:33 0:39:04 0:36:08
	27 28 30 31 32 33 34	MURRAY MICHALAK TOOLEN HESSLER OWEN DREON TOBBEN WIESE	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEH TERRY W	507 473 131 1517 40	ELEEEEEE	0:33:40 0:33:41 0:33:47 0:33:54 0:34:03 0:34:04 0:34:09 0:34:12	0:38:40 0:39:11 0:37:47 0:33:54 0:38:33 0:39:04 0:36:08
	2789 381 333 333 335 335 335	MURRAY MICHALAK TOOLEN HESSLER OWEN DREON TOBBEN	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEH TERRY W	5077331517099	ELEEEEEEE	0:33:40 0:33:41 0:33:54 0:33:54 0:34:03 0:34:04 0:34:09 0:34:12	0:38:40 0:39:11 0:33:54 0:33:54 0:38:33 0:39:04 0:36:48 0:36:36
	27 29 30 31 32 33 33 33 33 33 33 33 33 33 33 33 33	MURRAY MICHALAK TOOLEN HESSLER OWEN TOBBEN HIESE PANNABECKER PANKE HIESE	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEW TERRY W JAMES ROBERT GLEN	537733174399	ELEEFEEFEEF	0:33:40 0:33:41 0:33:54 0:33:54 0:34:03 0:34:09 0:34:12 0:34:12	0:38:40 0:39:11 0:37:47 0:33:54 0:38:33 0:36:43 0:36:43 0:36:43
	7890123345678 333333333333333333333333333333333333	MURRAY MICHALAK TOOLEN HESSLER ÖWEN DREON DREON HOSSEN HIESE PANNABECKER PANKE WIESE WIESE MERCER	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEW TERRY W JAMES TOBERT GLEN NICK	53773317039901	ELEETETETEE	0:33:40 0:33:41 0:33:54 0:33:54 0:34:04 0:34:04 0:34:12 0:34:12	0:38:40 0:39:11 0:37:54 0:33:54 0:38:33 0:36:19 0:36:19 0:36:19 0:38:42 0:39:14
	789 <u>0</u> 1233456789	MÜRRAY MICHALAK TOOLEN HESSLER ÖWEN DREON TOBBEN WIESE PANNABECKER PANKE WIESE WIESE WIESE WERCER LARSON	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEW TERRY W JAMES ROBERT GLEN NICK CURT	537733170999018	ELEETTETETE	0:33:40 0:33:417 0:33:54 0:33:54 0:34:03 0:34:03 0:34:12 0:34:12 0:34:13	0:38:40 0:37:11 0:37:47 0:33:54 0:38:33 0:36:08 0:36:36:43 0:36:43 0:36:43
	789012334567890	MÜRRAY MICHALAK TOOLEN TOOLEN DESSLER OWEN DREON TOBBEN HIESE HANNABECKER HANNE WIESE WIESE HERCER LARSON ACKERMAN	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEM TERRY W IJAMES ROBERT GLEN NICK CURT NEIL	537733170990186	ELEEEEEEEEEEE	0:33:41 0:33:47 0:33:47 0:33:53 0:33:53 0:33:53 0:33:53 0:33:53 0:33:53 0:33:53 0:33:53 0:33:53	0:38:40 0:39:11 0:37:47 0:33:54 0:38:33 0:36:08 0:36:08 0:36:12 0:36:12 0:36:43 0:36:43
	789012345678901	MURRAY MICHALAK TOOLEN HESSLER OWEN DREON TOBBEN WIESE PANNABECKER HIESE MERCER LARSON ACKERMAN POLLARD	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEW TERRY MIJAMESS ROBERT GLEN NICK CURT NEIL JAMES JAMES JAMES JAMES JAMES JAMES JAMES JAMES JAMIE B	534231709901867	ELEXEXER EXECTE	0:33:40 0:33:47 0:33:47 0:33:45 0:334:08 0:34:108 0:34:112 0:34:113 0:34:113 0:34:113	0:38:40 0:37:47 0:37:47 0:38:33:54 0:38:38:04 0:36:08 0:36:12 0:36:43 0:36:12 0:36:15 0:36:15
	2789 <u>0</u> 12333333333442	MÜRRAY MICHALAK TOOLEN HESSLER ÖWEN DREON TOBBEN HIESE PANNABECKER PANKE HIESE MERCER AGKEROMAN ACKEROMAN POLLARD POLLARD	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEM TERRY W 1/AMES 1/AMES MICK CURT NICK CURT JAMES CURT JAMES CURT JAMES CURT JAMES	53773317099018677	ELEETITETETETE	0:33:447 0:33:447 0:33:54:04 0:33:54:04 0:34:04 0:34:14 0:34:14 0:34:14 0:34:14 0:34:14 0:34:14	0:38:40 0:37:147 0:37:47 0:33:54 0:36:38:33 0:36:38:43 0:36:14 0:36:14 0:36:14 0:36:14 0:36:14 0:36:14
	2789012333333333334423	MURRAY MICHALAK TOOLEN HESSLER OWEN DREON DREON HUBBEN	TONY JEAN PIKE PETER CHRISTOPHER RENZO MATTHEW TERRY MIJAMES ROBERT GOLEN NICK CURT NEIN LEAN CHRIS KEN	53423170990186776	ELEETITIETEETEE	0:33:40 0:33:41 0:33:47 0:33:03 0:34:03 0:34:03 0:34:13 0:34:11 0:34:11 0:34:11 0:34:11 0:34:11 0:34:11 0:34:11	8:38:40 0:37:47 0:37:47 0:38:33 0:36:39:04 0:36:39:04 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43
	27890123333333333444444444444444444444444444	MÜRRAY MÜCHALAK TOOLEN HESSLER ÖWEN DREON TOBBEN HIESE PANNABECKER HIESE MERCER LARSON ACKERMAN POLLARD POLLARD FILBERT HILL	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEM TERRY W 1/20MERT GLEN NICK CURT JAMES	5377331709901867764	EL E E E E E E E E E E E E E E E E E E	0:33:447 0:33:447 0:33:447 0:33:534:034 0:33:534:103 0:334:113 0:334:119 0:334:119 0:334:119 0:334:119 0:334:119 0:334:119	8:38:40 8:37:47 8:37:47 8:33:53 8:38:84 8:38:38 8:38:43 8:38:42 8:3
	27890123333333333444444444444444444444444444	MURRAY MICHALAK TOOLEN TOOLEN DESSLER OWEN DREON DREON HIESE PANNABECKER PANKE WIESE LARSON ACKERMAN POLLARD SWINSON GILBERT HILL VAUGHY	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEW TERRY MIJAMES ROBERT GLEN NICK CURT NEIL CHRIS KEN DORRIS J RICH DORRIS J RICH	5377331709901867764	EL E E E E E E E E E E E E E E E E E E	0:33:447 0:333:447 0:333:4504 0:333:4504 0:334:048 0:334:163 0:334:113 0:334:113 0:334:113 0:334:113 0:334:13 0:334:13 0:334:13 0:334:13 0:334:13	8:38:40 0:39:111 0:37:47 0:38:53 0:36:39:04 0:36:39:04 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43
	789 <u>0</u> 1233333334444466	MURRAY MICHALAK TOOLEN HESSLER OWEN DREON TOBBEN HIESE PANNABECKER HIESE MERCER HERSON ACKERMAN POLLARD GLEBERT HILL VAUGHNER BELLMER	TONY JEAN MIKE PETER PETER RENZO MATTHEW TERRY MIJAMEST JOBERT GLEN MICK CHENIS JUST JERRY JERRY JERRY MIJAMEST MICK MILL MILL MILL MILL MILL MILL MILL MIL	53421514344534213434	ELEEEEEEEEEEEEEEEEE	0:33:141 0:33:147 0:33:147 0:33:147 0:33:147 0:33:147 0:33:147 0:33:147 0:33:147 0:33:117 0:33:147 0:33:1	8:38:40 0:39:111 0:37:47 0:38:37:47 0:38:38:33 0:36:39:048 0:36:38:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:43 0:36:35 0:36:35
	2789012333333333344434	MURRAY MICHALAK TOOLEN HESSLER OWEN DREON DREON HIESE PANKE HIESE WIESE HARSON ACKERMAN POLLARD SWINSON FOLLARD SWINSON FOLLARD BELL WER HILL BELL BERT HILL BELL BERT BELMORE	TONY JEAN MIKE PETER CHRISTOPHER RENZO MATTHEW TERRY MIJAMES ROBERT GLEN NICK CURT NEIL CHRIS KEN DORRIS J RICH DORRIS J RICH	5377331709901867764	EL E E E E E E E E E E E E E E E E E E	9:333:4147 9:333:41948 9:333:41948 9:333:41948 9:334:1948 9:3344:1124 9:3344 9:3444 9:3444 9:3444 9:3	8:38:40 0:37:47 0:38:33 0:38:33 0:38:34 0:38:43 0:38:44 0:38:41 0:38:41 0:38:41 0:38:41 0:38:41 0:38:41 0:38:41 0:38:41 0:38:41 0:38:41 0:38:41 0:38:41 0:38:41 0:38:41
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50:10 50:38 52:51 53:38

Minnesota Masters 15K **TAC Championships** Edina; September 20

M40 Jim Pelarske Doug Suker Barney Klecker Luke Brock

Luke Brock	53:38
Jack Ankrum	54:56
M45 John Emmons	50:30
Bob Besinger	54:06
Charlie Black	55:23
Kris Marinoff	56:21
Bob Dahl	57:29
M50 Jared Mondry	55:50
Jim Mayerle	57:14
Doug Saari	62:25
M55 Ralph Koenig	60:36
John Adams	70:11
Floyd Bouley	72:27
M60 Greg Prom	63:25
George Sivanich	71:26
Arnold Gilbertson	72:13
M65 Benjamin Fredrick	
John Burton	70:27
Ken Hodges	81:17
M70 Emil Balz	76:04
Howard Brady	86:45
W40 Barbara Fletcher	66:11
Deedee Anderson	73:29
M H McMunn	74:03
W45 Gloria Jansen	62:44
Carol Klitzke	64:26
Joyce Pfaff	83:10
W50 Judy Cronen	69:16
Audrey Schroeder	70:01
Judie Kleyman	74:45
W55 Mae Horns	73:37
DeEtte Andersen	91:30
W60 Jan Lloyd	1:42:58
W65 Barbara Andersen	76:04
W70 Betty Haleen	1:45:50
Novice Winners	

Novice Winners (never won age-group race) M40 Keith Kowalsky 58:00 M45 Harold Hammond 65:01 M50 Doug Saari 62:25 M55 Gerald Onstad 73:24 73:24 M60 Darold Guttormson6076:59 M70 John Engebretson701:46:45 W40 Mary McMunn 74:03 W45 Joyce Pfaff 83:10 W50 Sandra Bauer 88:48

SOUTH WEST

Tyler 5000 Cross-Country Classic; Tyler, TX September 12

1 7:5 3

Overall Jeffrey Woelfel 26		17.22
		17:22
Christie Lammers		21:00
M40 Dennis Baker		17:43
Bill Hall	45	20:40
Jim Jones	48	20:45

10.000

M50 Jim Reed 54 21:45 Ronny Schoenbrun54 22:30 M60 Ruben Quevedo 60 24:01 Bob Walker 65 26:47 M70+J B Outlaw 73 29:03 James Willbanks 73 38:22 W40 Rhonda Carpenter44 28:48 Johnn Perry 41 29:40 W50 Mary McGee 56 38:07 Suzanne Dailey 57 38:27 W60 Irene Cundiff 67 48:12

WEST

Pacific Association/TAC Gran Prix 12-Hour Ultrarun (400m track)

Sonoma, CA; Sept.	. 12-	13
	1	111es 79.69
1 Bruce Linscott	34	79.69
2 Martin Jones	49	72.53
5 Jan Levet	W41	68.09
6 Stephen Derenzo	50	68.09
7 Eldrith Gosney	W51	66.81
8 Tim Carr	47	66.06
10 Marmion Hays	54	63.08
ll Mike Poulsen	41	62.84
14 Shirley Church	W50	57.62
16 A1 Hill		54.6
17 Jan Lambert		53.39
18 Helen Klein		51.65
19 Mike Tselentis		49.3
21 Ross Waltzer		32.76
22 Marche Booth		31.2
25 Audrey Veirs		20.08
Walkers		
20 Kirk deFord	49	44.9
23 Donna Wright		31.2

Monterey Bay 10K Pacific Grove, CA

September 20	
Overall	
Jose Aispuro	31:02
Christine Kennedy	35:33
M40 David Riddle	34:34
M45 Mike Dove	33:58
M50 Karl Griepenburg	35:12
MSS Glynn Wood	41:53
M60 Don Dow	45:47
M65 Joe King	38:50
M70+Albert Jarschke	54:23
W40 Rietha Weeks	43:03
W45 Joan Ottaway	36:45
W50 Ann Grove	45:20
W55 Jan Holloway	49:33
W70+Peggy Pridmore	71:01

NORTHWEST

Prefontaine Memorial 10K Coos Bay, OR September 19

Overall	
Bob Stolz 27	30:56
Janet Stamper Holland3:	
M40 Bob Ray	33:45
Bruce Engdahl	35:26
Mike McLain	36:39
Robert Towne	37:56
Jerry Gentry	38:06
Tom Brown	38:15
Tim Wall	39:01
M45 Mike Tyler	36:28
Fred Pietrzak	37:22
John Seggie	38:13
Dave Haverstock	40:57
M50 Richard Northrup	39:57
Erich Kaufman	40:46
Jim Clarke	41:58
M55 Dean Hatfield	43:30
John Wagner	46:19
M60 Pat Porter	49:00
Ron Calhoun	50:47
M65 Orlo Keniston	41:06
Bob Macy	52:09
M70 Ken Stevens	49:45
Jack Kirkpatrick	53:05
M75 Dan Bulkley	52:35
M80+Ed McKean-Smith 83	79:50
W40 Kate Sharples	44:40
Bonnie Thurman	49:43
Susan Miller	53:19
Betty Bassett	53:44
W45 Anne Morrow	48:48
Dolly Peters	52:04
Linda Brewer	54:10
W50 Susan Bradley	44:59
Carolyn Tecube	66:05
Rosalie Johnson	69:31
W55 Shirley Ingram	48:59
Carlene Scorby	63:06
W60 Lorraine Sharman	60:21
Phyllis Stevens	70:27
	:40:07

CANADA

Ontario Masters Championships Toronto Half Marathon September 20

Maureen Griffith 1:19:24 Louise Gingras 1:23:23 Marisa Minion 1:25:47

W40	
. 1 Louise Fairfax	1:17:50
2 Laura Lynn	1:19:50
3 Nancy Mieszczak	1:22:15
W45	
1 Leticia Reid	1:35:20
2 Nancy Stelfox	1:38:13
3 Pearl Bader	1:41:32
W50 7	
1 Emmanuelle Gunter	1:38:43
2 Susan Legate	1:44:35
3 Margaret Rolfe	1:53:45
W55	2.55.45
1 A. VanDer Vleuten	1:40:35
2 Wendi Hanger	
3 Claudia Hungeron	2:01:22
W60	
1 Marlene Murdoch	1:38:21
2 Rayma Dixon	1:41:44
W65	
1 Sheila Barnett	1.50.10
2 Dorly Brechbuehl	2:03:16
M35	2:03:26
1 Eddie Raposo 2 Karel Jircik	1:11:03
3 Mike Vidito	1:11:56
M40	1:13:20
1 Charlie McMullen	
2 Henry Bickford	1:09:13
3 Frank Lewis	1:09:24
H45	
1 Neil Dunford	1:16:03
2 Bill Weir	1:20:52
3 Terry Emmett	1:21:12
M50	
1 Ken Inglis	1:13:52
2 Dave Saunders	1:15:06
3 Robert Moore	1:15:21
M55	
1 Brian Delaney	1:22:07
2 Norm Abbott	1:23:10
3 Jim Glynn	1:26:33
M60	
1 Ed Whitlock	1:19:46
2 Jim McIlwham	1:27:23

2 Jim McIlwham 1:27:23 3 Felix Charles 1:38:23 M65 1 Richard Maxwell 1:34:48 2 Maurice French 1:44:05 3 Maurice Rawlins 1:54:59 Sidney Pritchard 2:15:14

INTERNATIONAL **Western Province Masters** Cross-Country Championsips Wellington, South Africa

August 22	
M35 10K/M40+ 8K/W30+	4K
M35 L Chivell	33:26
J Smit	35:01
M40 D Nienaber	28:02
C Prince	30:49
M45 G Craye	29:28
J Smith	30:39
M50 G Meyer	29:13
R Hugo	30:54
M55 L Benning	33:38

M60 P O'Brien	36:53
W30 C Hardenburg	14:55
B Crook	15:33
W35 S Mouton	14:26
C Wallace	15:36
W40 A van Beuge	15:54
L Donald	18:04
W45 P Sparg	15:32
N Nurse	16:26
W60 J Gledenhuys	20:51
from Leo Benning	

RACE WALKING

MAC 20K Championships

Central Park, NY	C; 3	ept. o
Overall		
Marc Varsano	27	1:30:06
Kaisa Ajaye	28	1:50:23
H40 Gary Null	47	1:44:13
Franco Pantor	146	1:45:49
MSO Tom Zdro jewsl	k151	2:03:31
Stan Schechte	er 59	2:04:30
M60 Ed Gawinski		
Avram Finger	64	2:22:31
W40 Andrea Arman	0 44	2:15:10
W60 Vivian Lower	y 68	2:28:19
Masters Clubs		
M40+ Natural Liv	ing	5:25:46
W40+ Natural Liv	ing	7:12:19
	6	

North American Masters 15K RW Albuquerque; Sept. 6

M40	Andrew Smith	1:25:37
	Larry Martinez	1:27:38
M45	Norm Frable	1:22:45
	Peter Armstrong	1:28:15
M50	Ed Whiteman	1:21:32
	Paul Johnson	1:26:01
	Bob Brever	1:27:47
M60	Joe Thompson	1:35:05
	H Ziegenhorn	1:38:49
M65	Maurice Sheehan	1:41:66
M80	Elmo Menetre 81	2:36:14
W40	Eliza Walbridge	1:27:03
	Diana Zavitz	1:49:00
W45	Kathy Frable	1:32:34
W50	Susan Johnson	1:37:02
	Anita Romero	1:51:50

MAC 20K RW Championships Central Park, NYC; Sept. 6

Overall	
Marc Varsano 27	1:30:06
	1:50:53
M40 Cary Null 47	1:44:13
Franco Pantoni46	1:45:49
M50 Stan Schechter59	2:04:30
Charles Acree 55	2:25:15
M60 Avram Finger 64	2:22:31
M70+U Milleteri 73	2:38:12
W40 Andrea Armano 44	2:15:10
M Michaelsen 48	2:22:11
W60 Vivian Lowery 68	2:28:19
	2:34:58
Masters Clubs	
Natural Living M40+	5:25:46
(Amano/Pantoni/Null)	
Natural Living W40+	7:12:19
(Amano/Thompson/Miche	

North American Masters 8K RW Championships

Oriando, FL; S	ept. 19
H40 John Frederic	cks FL 45:19
Steve Christ	liebFL 51:03
M45 Gene Ophelm	FL 45:37
Dale Nelson	FL 46:20
Jim Malone	FL 49:05
M50 Chuck McLaugh	hlinFl. 50:18
Rod Anderson	FL 51:23
MSS Lee Duffner	FL 46:47
Bob Cella	FL 50:04
M60 Tom White	FL 47:56
Bob Fine	FL 49:12
M65 Syl Murray	MI 53:37
M70 Paul Geyer	FL 55:05
John Evans	FL 62:02
W40 Eliz Nelson	
Tish Beach	
UAS Alba Carl	FL 53:51
W45 Alba Campbell	FL 49:32
Bonnie Lytel	
W50 Kay Cella	FL 57:17
Sandra Hults	
W55 Martha Miles	MS 60:27
W65 Miriam Gordon	FL 59:22

MAC 15 RW Championships Central Park, NYC September 26

Overall		
Michael Korol	34	73:44
Elton Richardson		90:45
M40 Gary Null	47	77:53
Franco Pantoni	46	78:54
M50 Stan Schechter	59	90:11
Herbert Zydek		91:43
M60 Avram Finger		103:42
M70+Wm Smuckler	78	120:17
W40 Ana SanAntonio	41	104:08
W50 E Richardson		90:45
V60 Q Thompson		120:39
W70+A Jureidini		121:02
Masters Clubs		121.02
M40+ Natural Living	. 4	:08:30
(Null/Pantoni/Zvdel	.)	
W40+ Natural Living	5	:35:05
(Morales 105:28/Mic	hae	lson
108:58/Thompson)		

Huntsville State Park

- START:... 6:00 am 50 mile race ... 9:00 am Marathon
- * \$40.00 by 12/01/92, \$50.00 from 12/01/92 to 12/18/92. Add \$5.00 for checks from non U.S.A. banks.
- NO RACE DAY REGISTRATION!

Signature of Race Applicant....:
MINIMUM AGE: 18 years on 12/19/92:

- Accurately measured course! Four 12.5 mile loops for 50 mile race. (1.2 mi. + 2 loops for marathon)
- * 24 well equipped aid stations. (12 aid stations, marathon)
- * 11 hour time limit. (8 hr. limit for marathon)
- Pre-race pasta dinner 12/18/92 from 6 pm to 8:30 pm.
 (1 guest included). \$ 10.00 each additional guest.
- * Post race bar-b-que includes food and soft drinks.
 (1 guest included). \$ 5.00 each additional guest.
- * Awards Ceremony at 5:00 pm at the start/finish line.
- Camping at Huntsville State Park. Motels in Huntsville, TX.
- Additional race information will be provided AFTER entry is received.

December 19, 1992
SUNMART

CYAS TEAL

Endurance Run

50 Mile Trail Run & Trail Marathon

Soft dirt trails through beautiful and scenic forest with rolling hills to provide variety and challenge. The trail is well maintained, well marked, and VERY FAST.

• Contact: Rudy Alvarez, P.O. Box 4456 Houston, TX 77210 (713) 639-5889 or Brent Bergevin 1-800-285-8098.

ENTRY FORM: Make	news payable	TO SURPRICE	ANS TRAIL END		naic to: r.	1	iouston, TA	
IRCLE ONE! RACE: 50 mi	le Marathon	SEX: Male	Female	T-SHIRT: S	M L XL	XXL	PARTY AND THE	The same of the same to the same of the same to the same of the same to the same of the same
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hone No.: (day)	100000	(night)		Age	(on 12/19/	92)	Birth Date:	
ULTRAS completed:	_ Best 50 mile	time:	# n	narathons comp	leted:	Best mara	thon time: _	
ame of GUEST (1 Free) _						ENTRY	FEE: \$	
of Surmart-1150	Nu			Pre-rac	:e:	x \$ 10	.00 = \$	
uns Completed:	Nu	mber of ADDIT	IONAL guests a	it: Post-re	ice:	x \$ 5	.00 = \$	17
ealize that there are risks associa try, I the below signed intending d release any and all rights and c	to be legally bound for	myself, my heirs,	executors and adm	r accepting this inistrators, waive			T DUE \$	

sponsors of the TEXAS TRAIL ENDURANCE RUN and their representatives, successors, and assigns for any and all injuries suffered by me in this event. I attest and verify that I am

physically fit and have sufficiently trained for the completion of this event. Further, I grant full permission to any and all of the foregoing to use photographs, videotapes, molion pictures, and recordings of me, or other record of this event, for any legitimate purpose. Also, I understand that the race director has the right to reject any entry.