

National Masters Newsletter

Al Sheahan
6200 Hazeltime Ave
Van Nuys Cal. 91401

Third issue

Winter 1978

\$3 per year

Published Quarterly

World Masters Games at Sweden provided unforgettable display of exciting and record-breaking performances

The second World Masters Games at Gothenberg, Sweden, Aug. 8-13 proved to be the most outstanding masters meet ever with 3500 athletes from 40 countries putting on an unforgettable display of record breaking and dramatic moments.

Fifty-four world marks were bettered in the nine age-group divisions and 150 separate world and American age record were broken.

In the first World Games in Toronto 105 age records were made by 1500 athletes. This is an indication that the quality and quantity of running has improved greatly in the past two years. Many winning times in Toronto would not have qualified for the finals or made the top ten in Gothenberg, where three tracks were necessary—the super-fast track at the Slottsskogsvallen stadium and the slower crushed brick track where the 5000 and 10,000-meter races were held, along with the cinder track near the main stadium where some of

the women's events were held.

It took 12 hours just to complete all the 10,000-meter races. The Swedish meet organizers under the excellent supervision of Roland Jerneryd did a magnificent job of keeping the massive horde under control. The meet lured some great international runners, including Gaston Roelants, who turned 40 earlier in the year. He devastated a good field, taking the 5000-meter race, the steeplechase and the cross-country titles. Gaston had previously wiped out the world record in the steeplechase with an amazing 8:41.5, bettering the record by 35 seconds.

Al Oerter, the phenomenal four-time Olympic champion, had to unload his best effort to beat the thrilling discus encounter. Blind men aided by guides competed in the sprints and distance races, with Assmy of West Germany winning the 3A 100 and 200-meter finals. Assmy was given a spine-tingling

standing ovation by the packed crowd for his courageous performance in one of the most memorable moments of the Games.

The meet was full of exciting desperate lunging finishes as one competitor after another gave it everything their aging bodies could muster. As in past meets, the true spirit of friendship prevailed as people from all parts surmounted the language barrier to gain many new friends. It is always a beautiful experience to share the happiness with all peoples and take home such wonderful memories.

DIVISION 1A [40-44]

Division 1A featured some er Tony Blue of Australia led a very fast field as the first three broke Tony's previous record of 1:56.5. Tony, Neil Clough of Australia and K. Mainka of Germany had times of 1:54.8, 1:55.6 and 1:55.6 and the next

three were under two minutes to make it the best field in any event. C. Huyssen led the 1500-meter field through to a fast 3:56.7 and four more broke four minutes, including Australia great and winner in Toronto Albie Thomas.

Regie Austin of Australia came through with victories in the 100 meters (10.8) and the 200 meters (21.9). Reggie's 200-meter time breaks his own world best by a tenth of a second. Neil Clough came back to beat Tony Blue and Gerald LeRoy of England in the 400-meter race and his time of 49.5 bettered Jim Dixon's world mark of 49.7 set in 1973. Clough came back again to garner yet another world mark when he soared over the 110-meter hurdle which bettered another Dixon record of 55.1.

As previously mentioned, Gaston Roelants won three titles. In the 5000-meter race, Gaston won over England's very tough runner, Roy Fowler, who in Toronto won his races by big margins. Gaston's time of 14:03.0 would have been a record had not France's great Olympic runner, Lucien Rault, done it a few months earlier just after he turned 40. Rault turned in times of 13:45.6 in the 5000 and 28:33.4 in the 10,000-meter races, bettering Jack Foster's times of 14:07.0 and 29:11.4.

Austria's Horst Mandl had strong wins in the 110-meter hurdles, high jump and triple jump and a third in the long jump. He didn't compete in his specialty the pentathlon, for which he has the world record. Tom Chilton of the U.S., who recently bettered the world record with a 23'4" mark, won this event with a mark of 23'¾". Previous to this meet Danek and Oerter were taking turns with the world record, with Danek having the better to date—210'7" to Oerter's 205'1". There is yet another discus thrower who just turned 40 from Russia who did even better than these two. Vladmir Lyakhov 213'1" to top everyone. The action is fast and furious in the discus. U. Van Wartburg of

continued on page 2

Lots of issues discussed during AAU Track & Field group meeting

Following is the AAU Masters Track & Field Committee report from Robert G. Fine, National Chairman, 77 Prospect Place, Brooklyn, N.Y. 11217.

This report is being sent to the National AAU Masters Track & Field Committee, to over 70 clubs that have Masters within their ranks and to leading activists in the program. It is requested that the information contained in this report be published in club newsletters.

Elected to serve as officers of the committee were Robert Fine, chairman; Wendy Miller, vice chairman, and George Braceland, secretary-treasurer.

We presently have \$400 in our treasury. Many of the 58 AAU Associations have not been crediting our committee with dues (50 cents per member). This is our principal source of income. It is

important that each association chairman contact his local AAU office and insist that there be a provision for each athlete, on the AAU membership application form, to indicate that he or she is both a Master and wishes to have his or her dues credited to "Track & Field."

MERGER WITH MASTERS LONG DISTANCE RUNNING

Fifty-eight per cent of those who responded to our survey voted to have a merger of the two committees. Eight per cent voted to have Masters LDR returned to the Open LDR Committee; 36 per cent voted to maintain two separate committees. A proposed code change to have one "Masters Athletic" committee was tabled until the next AAU Convention. A Masters Athletic

Coordinating Committee was formed consisting of the officers of the two Masters Committees. This committee will coordinate the operation of the two committees and work on joint programs.

WORLD VETERANS ATHLETIC ASSOCIATION

The World Veterans Athletic Association's constitution was approved. The following were selected as the American representatives to the World Veterans General Assembly: Irene Obera, women's track; Ruth Anderson, women's LDR; Ron Kulick, race walking; Bob Boal, LDR; Wendy Miller, T & F. Bob Fine was already elected as North American representative to the Execu-

continued on page 2

From THE WASHINGTON POST
Monday, Nov. 14, 1977

Massachusetts Teacher Wins Run

By Philip G. Tardif

won both sprints with age 46 records of 11.2 and 22.9.

Manuel Alaonso of Spain was very busy in the distance races as he pulled off wins in the 5000 and 10,000-meter races, beating off furious challenges by Laurie O'Hara of England both times. Manuel just lost out to Bill Stoddart of Scotland in the cross-country race, battled Hal Higdon of the U.S. all the way before losing out as Hal got away at the last water jump to win the steeplechase and, last but not least, in his last race just an hour after his 5000-meter win he led the 1500-meter field until exhaustion hit him in the final straight. He faded to a valiant fourth place.

Higdon in his steeplechase win picked up the world mark in his division with a time of 9:39.0. Both he and Alaonso broke Higdon's former record of 9:50.

Piet Majoor of Holland, who earlier had broken the record for 1500 meters (4:03.2) won this event in 4:05.4. Dave Jackson got a win in the 110-meter hurdles with an age-45 record of 16.1, a fourth in the long jump (20'10½") and had a stirring duel with Germany's Herman Strauss in the triple jump. Strauss won it with 45'7" compared to Strauss's 45'2¼". The marks are world and American records respectively.

DIVISION 2A [50-54]

Jack Greenwood of Kansas was the class of this division as he was in Toronto. Jack won five gold medals in the individual races and was on two gold medal-winning relay teams. Jack won the 100 meters in 11.7, the 200 meters in 23.7, 400 meters in 52.9, 110-meter hurdles in 15.1 and the 400-meter hurdles in 58.2. The 110-meter hurdles and 400-meter hurdles marks are world division bests. In the U.S. National Championships in Chicago, Jack warmed up for the World Games with five wins there also, showing that as the competition improves so do his times. He bettered each of his Chicago times in Gothenberg.

Dick Stolpe and Baas of Germany made good challenges in the 100 and 200-meter races. H. Hinderks of Germany and Jim O'Neil were first and second in the 10,000-meter race and second and third in the 5000-meter race to Canada's super marathoner Arthur Taylor. Jim won these events in the Senior Olympics and the National Championships, getting 16:42.9 and 33:46 times. All these marks were age-52 records. Hinderks also won the marathon and O'Neil came in third, while Art Taylor tried the steeplechase for one of the few times he's run it and won with a world record mark of 10:18.6.

Vaclav Bartl of Sweden won both

Ken Mueller was not a hard man to pick out of the 143 participants in yesterday's National Masters AAU 10-kilometer cross-country championship in Arlington, even though the Bellingham, Mass., physical education teacher stands just 5-foot-6 and weighs 130 pounds.

To the crowd, he was identifiable by his gloves and bright orange wool ski cap. To his competitors, he was the one way out front for the final three kilometers.

Mueller, who says he run better as the races get longer, covered the 6.2-mile Bluemont Park course in 33:57.8, facing a stiff wind and temperatures in the low 40s. Ralph Bowles of Pleasant Hill, Calif., was second in 34:11.

Running for the Boston Athletic Association, Mueller stayed close with the leaders as the pack headed into the wind through the first four kilometers. Then he made his move.

"I laid back and drafted behind a couple guys on the way out," said Mueller, who has averaged 100 miles a week in training for the past 60 weeks. "Once we hit the corner, I put the pressure on."

Bowles, whose specialty is hills, was within 20 yards of Mueller before a steep incline at the seven-kilometer mark. "He (Mueller) gets to the top and I can't see him, and he takes off," recounted Bowles. "I thought he was about 15 yards ahead, but when I got to the top he was about 40. I closed a

the long jump and triple jump. His triple jump mark of 40'2¼" is an age-51 record. Bartl came through with a great performance in the pentathlon with a mark of 2601 (using IAAF tables) which broke Boo Morcom's record by 400 points.

Hermann Hombrecher of Germany powered the shot 57' 5½" to best America's George Ker by seven feet. Hermann easily is the top master of this art and has the world record of 57'7¼" in this event. George got a fourth in the discus. He won both the Senior Olympics and the National Championships, his best marks coming in the Senior Olympics—51'5½" and 149'2". Big Bob Backus easily took the hammer as he rocketed one out 172'1" for an American age-51 record.

DIVISION 2B [55-59]

The witty Australian sprinter, Bernard Hogan, outwitted the field to take both sprints by big margins. John Gilmour of Australia ran four races, winning three and coming in second in the marathon. John came out of the pack to win the 800, dueled Mauro Hernandez before pulling away in the 1500 and handed Sweden's great superstar, Erik Ostybe, who ran in a separate section, his first defeat as a veteran in the 5000-meter race. Erik came back to beat him in the

little down the stretch but I wasn't going to catch him."

The Boston AA won the men's 40-49 team title behind Mueller, a fourth-place finish by John Butterfield (34:26) and a 10th-place effort by Rusty Lamade (35:06).

Bowles and third-place finisher Kent Guthrie (34:14) led the West Valley Joggers and Striders Club of Pleasant Hill to second in the team standings.

The host Potomac Valley Seniors Track Club's 'A' team was third behind George Vernosky of Bethesda, who finished seventh individually (34:45) and won the men's 45-49 division.

Defending champion John Brenand of Santa Barbara, Calif., who missed 12 weeks of activity this summer after being hit by a car during a

jog in Italy, placed fifth in 34:33. It was the fifth race this fall for Brenand, who suffered a tear in a leg tendon in the accident.

In the women's division, Trudy Rapp of Alexandria, in only her third competitive race, surprised the field of 16, including several California runners, and won by more than a minute in 39:53.

Nicki Hobson of Del Mar, Calif., runner-up in last year's women's division, was second again, finishing in 40:58. "I didn't realize she (Rapp) was ahead of me for the first four kilometers," said Hobson, who led the San Diego Track Club to the women's team title. "Then someone told me where she was. I started looking and

finally saw her, but I couldn't get her. "Bridesmaid again," sighed Hobson.

NATIONAL A. A. U. MASTERS 10 KILOMETER CROSS-COUNTRY CHAMPIONSHIP 11-13-77

| 40-44 Men | | | 45-49 Men | | | TEAMS | | |
|------------------------|-----|-------|------------------------|-----|-------|----------------------------|---------------|--|
| 1. Ken Mueller | BAA | 33.57 | 1. George Vernofsky | PV | 34.45 | BAA Boston Athletic Assoc. | 177.04 | |
| 2. Ralph Bowles | WV | 34.11 | 2. Frank Pflaging | PM | 34.47 | WV West Valley | 177.53 | |
| 3. Kent Guthrie | WV | 34.14 | 3. Bill Butler | PM | 35.27 | | | |
| 4. John Butterfield | BAA | 34.26 | 4. Ross Smith | WV | 36.18 | | | |
| 5. Jhon Brennard | | 34.33 | 5. Bill Phillips | SD | 36.21 | SD San Diego | | |
| 6. Ed Gookin | SD | 34.45 | 6. Walt McConnell | | 36.23 | | 180.15 | |
| 7. Geoff Pietsch | | 34.52 | 7. Joseph Erskine | MAA | 36.38 | PV Potomac Valley | | |
| 8. Rusty Lamade | BA | 35.06 | 8. Joseph Burns | MAA | 37.16 | | 180.31 | |
| 9. James Temple | SD | 35.37 | 9. Bob Romansky | PM | 37.25 | MAA Millrose A. A. | | |
| 10. Glynn Wood | PV | 35.41 | 10. Tony Diamond | PV | 37.32 | | 182.27 | |
| 11. Anthony Succa | SD | 35.44 | 11. Bill Stock | SD | 37.40 | PM Philadelphia | | |
| 12. Phil Farrier | PV | 35.52 | 12. Bob Fine | | 37.45 | | 183.18 | |
| 13. Vince Chiappetta | MAA | 35.53 | 13. Sol Corallo | PV | 39.48 | | (Total times) | |
| 14. Fred Best | | 35.56 | 14. John Trent | | 39.52 | | | |
| 15. William Hoss, Jr. | PV | 36.02 | 15. Karl Velis | | 39.53 | Women | | |
| 16. Henry Kupczyk | | 36.06 | 16. Frank Lambdin | PV | 40.12 | SD San Diego | | |
| 17. Leonard Hottan | PV | 36.07 | 17. James Marsh | | 40.40 | | | |
| 18. Daniel Caffrey | MAA | 36.16 | 18. Ted Nash | | 42.38 | | | |
| 19. James Fillis | MAA | 36.24 | 19. Wayne Welch | | 42.58 | | | |
| 20. Roger Borgan | WV | 36.28 | 20. Donald Heimiller | | 44.29 | | | |
| 21. Phillip Hager | PV | 36.31 | 21. Arthur Rosenberg | | 47.55 | | | |
| 22. John Pistone | BAA | 36.36 | 22. Arthur Murray, Jr. | | 48.06 | | | |
| 23. Harold Ward | | 36.38 | 23. Harry VanEssen | | 48.21 | | | |
| 24. Bryan Holmes | WV | 36.42 | 24. Randall Huffman | | 48.26 | | | |
| 25. Ned Price | BAA | 36.59 | 25. Roland Huntington | | 51.32 | | | |
| 26. Albert Wick | PM | 37.06 | 45-49 Women | | | | | |
| 27. Peter Monahan | | 37.09 | 1. Nicki Hobson | SD | 40.58 | | | |
| 28. Frank Wick | PM | 37.13 | 2. Dorothy Stock | SD | 41.58 | | | |
| 29. James Killern | BAA | 37.30 | 3. Ruth Anderson | | 44.03 | | | |
| 30. M. Michael Fleming | PV | 37.39 | 4. Mary Bridges | PV | 50.41 | | | |
| 31. Arno Niemand | MAA | 37.42 | 5. Isabel McConnell | | 53.05 | | | |
| 32. Donald Evans | SD | 37.44 | 6. Diane Stone | PV | 57.51 | | | |
| 33. Roland Elliot | PV | 38.16 | 7. Jean Rowe | PV | 69.57 | | | |
| 34. Alvin Marcy | PV | 39.05 | 50-54 Men | | | | | |
| 35. Michael Franklin | MAA | 39.11 | 1. Frank Ruliffson | PV | 38.10 | | | |
| 36. Kenneth Barker | | 39.17 | 2. Roland Anspach | | 38.38 | | | |
| 37. Otis Williamson | | 39.22 | 3. Herbert Chisholm | PV | 40.47 | | | |
| 38. Charles Hardines | | 39.27 | 4. Edward Maidman | | 42.13 | | | |
| 39. Thomas Winter | | 39.45 | 5. Jessie Meeks | | 43.33 | | | |
| 40. John Stokes | PV | 40.04 | 6. George Robertson | PV | 44.12 | | | |
| 41. Patrick Bostic | MAA | 40.30 | 7. Rodney Johnson | PV | 46.15 | | | |
| 42. Maynard Orme | WV | 40.54 | 8. Richard Point | PV | 46.59 | | | |
| 43. Paul Roberts | | 41.11 | 9. Everett Barnes | PV | 47.12 | | | |
| 44. Joseph Kintschen | | 43.20 | 10. John Martin | PV | 49.36 | | | |
| 45. Carl Wisler | PV | 43.48 | 11. Egon Kafka | PV | 53.27 | | | |
| 46. Ken Daugherty | | 44.46 | 50-54 Women | | | | | |
| 47. Wm. Benson | | 45.53 | 1. Evelyn Kerpen | PV | 65.36 | | | |
| 48. James Lamont | | 46.57 | 55-59 Men | | | | | |
| 49. Fred Kiley | | 49.07 | 1. Leon Dreher | PM | 39.36 | | | |
| 50. Gilbert Amyot | | 53.42 | 2. Frank Kelley | PV | 40.46 | | | |
| 40-44 Women | | | 3. Alvin Gutttag | PV | 47.03 | | | |
| 1. Trudy Rapp | | 39.53 | 4. George Richardson | | 49.41 | | | |
| 2. Susie Buchanan | | 42.37 | 5. Joseph Cameron | PV | 51.32 | | | |
| 3. Betty Ann Wood | SD | 43.39 | 6. Richard Lukes | PV | 55.47 | | | |
| 4. Donna Gookin | SD | 44.57 | 60-64 Men | | | | | |
| 5. Ruth Waters | | 46.42 | 1. George Major | PV | 46.55 | | | |
| 6. Betty Wake | SD | 46.48 | 2. Frank Finger | | 48.18 | | | |
| 7. Elva Evans | SD | 48.09 | 3. Charles Jerome | PV | 54.23 | | | |
| 8. Joan Timony | | 50.49 | 4. David Lit | | 57.31 | | | |
| | | | 5. Powhatan Baben | | 61.58 | | | |
| | | | 70-74 Men | | | | | |
| | | | 1. Lou Gregory | | 41.26 | | | |

marathon. John's marks of 2:14.5, 4:28.3 and 16:29.0 in the three wins are age records. Ostybe also won the 10,000 meters. Hernandez picked up the American division with his second place time of 4:29.7 in the 1500.

Boo Morcom, the master of all trades, had some great duels with the California wizard, Tom Patsalis. Tom bested Morcom in the 110-meter hurdles, 17.6 to 17.8, the long jump, 19'2¾" to 18'7¾" and the triple jump,

39'11¼" to 35'4¾". Tom, who has been jumping well all year, has had world record jumps of 20'8¾" and a world leading mark on a windy day of 40'5" earlier in the year. But Boo is not one to relax. He picked up a win in the 400 in 57.3, a fifth in the 800 with a 2:16.2 (just behind Hernandez), a second in the 400-meter hurdles in 65.3, a win in the high jump (5'5½"), a win in the pole vault (12'5¾") and, of course, a

continued on page 5

1978 National AAU Masters Championship Schedule

Here is the 1978 National AAU Masters Championship schedule:
TRACK & FIELD

Indoors—East Stroudsburg, Pa. mid-March.

Outdoors & Pentathlon—Atlanta, Ga. 2nd week in July.

Decathlon—Merced, Cal., 3rd week in July.

Weight Pentathlon—Rutland, Vt., June.

LONG DISTANCE RUNNING

10-K Cross-Country—Madison, Wisc., Nov. 4 or 11.

15-K Cross-Country—Pitts-

burgh, Pa., Fall.

10-K International Dual Meet with Canada—Seattle, Wash., Nov. 18.

10-K Road—The committee will try to have this race in San Antonio, Texas, at the start of the AAU convention.

15-K Road—Utica, N.Y., July 16.

20-K Road—Holliston, Mass. March 5.

25-K Road, Pales Verde, Cal., March 12.

30-K Road—Albany, N.Y., March 19.

Marathon—Culver City, Cal., Dec. 3.

50-K Road—New England (site to be determined), December.

1-Hour & 2-Hour Postal—Coordinated by Southern Pacific Assoc.

50-Mile Track—Southern Pacific Assoc. to set up this event.

RACE WALKING

2-Mile Indoor—East Stroudsburg, Pa., Mid-March.

5-K—Atlanta, Ga., 2nd week in July.

10-K—Niagara (Upstate N.Y.), May 14.

15-K—Metropolitan New York, July 23.

20-K—Atlanta, Ga., 2nd week in July.

25-K—San Antonio, Texas, AAU Convention week.

30-K—Missouri Valley, Aug. or Oct.

35-K—Iowa, April 30.

40-K—New Jersey, July 30.

50-K—Michigan, Sept. 11.

75-K—New Jersey, April 16.

100-K—Rocky Mountain Assoc., May.

100 miles—Missouri Valley Assoc., Oct.

Postal—Southern Pacific to handle.

continued from page 2

larger. These would be for National Championships. Each region would still be given the present patches. We will also sell a patch "AAU Masters" which any member of the AAU can purchase.

TED CAIN

Ted Cain won five events in the National Outdoor Championship in the 40-44 age group. Ted is 35 years of age. The committee voted to have him suspended indefinitely if his prizes are not returned and a two-year suspension, starting when he reaches 40, if he does return them. The final decision rests with his local AAU association's registration committee. Both Masters Committees voted to now have a mandatory two-year suspension for any athlete improperly competing in an older age group. To enforce this ruling we must have the cooperation of all meet directors and clubs, even if the meets are not AAU-sanctioned. If we fail to discipline ourselves on this crucial question then the whole movement will suffer irreparable harm. Please communicate with the meet directors in your area to solicit their cooperation.

NATIONAL RELAYS

As noted in previous letters, we have organized National Postal

continued

A memo to racewalkers

Santa Barbara Racewalker Ruth G. Osiel has issued a memo "to all racewalkers, known and unknown."

"The editor of the National Jogging Association magazine, 'The Jogger,' is now a Santa Barbara resident and will devote one whole issue to racewalking!" Ruth reports.

"Here is our chance to spread the word about the benefits, joys, sorrows, and gospel about racewalking!" she adds. "The editor needs contributions about this little-known sport from any and all of us. Knowing how most of us value our privacy and shun publicity, you may wish to submit your writing without your name, if you prefer...we would like to get a broad-spectrum sampling about

how racewalkers feel about their sport—what it has done for them physically, emotionally, psychologically. Please share your experience by writing something, anything—perhaps how you discovered it, how you train, some of your race experiences."

Send your contributions to: Ruth G. Osiel, 101 Oceano Ave. #12, Santa Barbara, Calif. 93109.

News notes

The Eastern United States Track & Field Federation Indoor Masters Track Championships will be held on Sunday, Feb. 12, at Slippery Rock State College, Slippery Rock, Pa., with the West Penn Masters Track Association and the Greater Pittsburgh Road Runners Club as hosts. The event is sanctioned by the USTFF and there will be classes for age 30-39, 40-49 and 50-plus from noon to 2:40 p.m.

Meet director is John Harwick, 467 Beverly Road, Pittsburgh, Pa. 15216. Entry fee is \$3 per individual event and \$8 per relay event.

Note: The copy of results of the Pan American Masters Games, held Saturday, Sept. 3, 1977, was too light to be reproduced for the newsletter.

A summary of winners of the games will be used in the next issue.

6th annual AAU Eastern Masters Indoor championships Sunday, Feb. 19 Peddie School, Hightstown, N.J.

SIXTH ANNUAL A. A. U. EASTERN MASTER INDOOR TRACK & FIELD CHAMPIONSHIPS FOR MEN AND WOMEN - A. A. U. SANCTIONED. SUNDAY, FEB. 19, 1978
SPONSORED BY THE MASTERS SPORTS ASSOCIATION
NO POST ENTRIES ENTRIES CLOSE FEB. 14, 1978 NO POST ENTRIES

PLACE THE PEDDIE SCHOOL, HIGHTSTOWN, NEW JERSEY
DIRECTIONS: N.J. Turnpike, Exit 8, West to Hightstown. Go to Main Street and continue to South Main St., 3 blocks to Etra Road. Continue 4 blocks. Go to the athletic building on left.
EVENTS: 50, 300, 600, 1000, 1 mile, 2 mile, 50 yd. Hgh Hurdles, 2 mile walk, 1 mile relay, 2 mile relay, shot put (field outdoors), weight throw (field outdoors) long jump (may be held outdoors) pole vault, high jump.
DIVISIONS: Five year divisions for men and women from 40 to 89 years of age.
SPECIAL EVENTS: For sub-masters, 2 divisions, 30-34; 35-39, men & women, 300 and 1 mile.
PRIZES: A. A. U. Regional medals for the first three in each event, plus a championship patch (no more than one given to any one individual) to the winners. Non-Championship medals to the sub-masters without patches to the winners.
TEAM PRIZES: Separate trophies for each team winner in Div. 1 (40-49), Div. 2 (50-59) & Div. 3, 4, 5, combined (60+). The relays score for Div. 1 only.
SCORING: Scoring for first five in each event on the basis of 5-4-3-2-1. Each five year group within each division will be scored separately with the scores added together for the division prize.
RELAYS: Only members of the same club 40 and over may compete in the relays. A club may enter more than one team. Teams may be declared anytime before the start of the race, and the entry fee (\$12.00 per team) may be paid anytime before the start of the race.
ENTRY FEES: \$5.00 for the first event, \$4.00 for the second event; \$3.00 for each additional event. \$12.00 per relay team. We are forced to charge these entry fees as the cost of renting the facility has increased. In addition, we must rent by the hour.
LOCKER FACILITIES: Locker facilities are available.
NO SPIKES PERMITTED: The track is tartan and has ten lanes to the mile.
A. A. U. REGISTRATION: You must be registered in the A. A. U. in order to compete.
SCHEDULE OF EVENTS: The younger age groups go first in each event.

| | | | |
|-------|--|------|----------------------------------|
| 10:00 | 50 yd. (heats if necessary), shot, long jump | 1:30 | 1,000 yd. run |
| 10:15 | 50 yd. high hurdles | 2:00 | 300 yd. dash |
| 11:00 | 50 yd. final | 2:30 | 2 mile run (Div. 1) |
| 11:30 | 1 mile run | 2:50 | 2 mile run (Div. 2, 3, 4, women) |
| 12:15 | 600 yd. run | 3:15 | 1 mile relay |
| 1:00 | 2 mile walk, weight throw, high jump | 3:20 | 2 mile relay |

THE MEET DIRECTOR MAY COMBINE VARIOUS DIVISIONS IN ONE SECTION (WITH SEPERATE PRIZES). Your cooperation is requested to assist in having the meet run on time as we are paying by the hour. Each club is requested to try to provide at least one official.
THERE WILL BE A MEETING OF THE EASTERN REGIONAL COUNCIL AT 12:30.

PLEASE ENTER ME IN THE FOLLOWING EVENTS: Indicate best performance for the running events. Please put a circle around the event(s) you wish to enter.

50 - IIIH 300 600 1000 1 mi. 2 mi. relay
time time time time time time time
walk - shot - weight throw - high jump - long jump - pole vault - 1 mi. relay - 2 mi. relay
AGE DATE OF BIRTH SEX AAU # CLUB

I hereby waive any claim I or my heirs may have against the A. A. U., The Peddie School, & the Masters Sports Assoc. for any claims or injuries sustained by me in participating in the Sixth Annual Eastern A. A. U. Masters Track & Field Indoor Championships.
Signature _____ Phone # _____
\$5 first event; \$4 second event; \$3 each additional event. \$12 full relay team.
NO POST ENTRIES - ENTRIES MUST BE RECEIVED BY FEB. 14, 1978

Make check payable to: MASTERS SPORTS ASSOC.
Mail entry to: Rudy Clarence, 484 Troy Ave., Brooklyn, N.Y. 11203
Please file your entry as soon as possible as we need the entry fees to pay part of the rental costs and to cover other initial expenses.

(please print)

Name _____

Address _____

Zip _____

No post entries Entries close Feb. 14, 1978

Mail to: Rudy Clarence
484 Troy Ave.
Brooklyn, N.Y. 11203

Relays. Enclosed are the entry forms and rules. It is suggested that various meet directors in each area be contacted to have some of these relays in their meets, particularly those relays not usually held, such as the medleys, four-mile relay and age-medley mile relay.

NATIONAL RANKINGS

As previously reported, Tom Hoffman, 6150 148th Place, Flushing, N.Y., 11307, will be in charge of National Rankings. In order to make this program a success Tom must have a large input of information. Please urge everyone to cooperate. Please send meet results for 1977 to Tom and have each individual send his or her best 1977 performance to Tom.

NATIONAL NEWSLETTER

We ultimately would like to have the National Masters Newsletter (NMN) as a monthly publication. Aside from the guaranteed 700 subscription from the Masters Sports Association we have 200 individual subscribers. We would need at least 1,000 more to accomplish our goal. This is probably the single most important program of our committee. Please publicize the newsletter and urge subscribing to it.

AAU STRUCTURAL CHANGES

The AAU is undergoing major structural changes. Present plans call for an umbrella "Athletics Committee" with Open T & F, LDR, Men and Women, Race Walking and the Masters Committees being a part of it. Each of the separate committees will have autonomy. Masters LDR and T&F will each incorporate. Since it would be mechanically impossible to collect dues on a national basis, the dues collection would be handled by the local associations, with each committee receiving credit from those athletes who mark off their committee preference.

Questions of discipline and sanctions—now handled by the local associations—by my interpretation would be handled by the committees. It may be possible to receive some funding for our program under this structure. Obviously, many problems still have to be resolved, which is why our incorporating will give us the structure to organize the program for Masters as we see fit.

FUTURE PROGRAMS

The North American Masters Council is being formed. There is a possibility of holding a North American Masters T & F Championship this year. Hope-

continued on page 8

resounding win and a world record in the pentathlon of 2439 points, upping his own mark made earlier this year by 200 points. Boo, last year's world's best athlete, is certainly not letting up. His 800, 110-meter hurdles, high jump and pole vault marks were all age records.

Kauko Jouppila of Finland won the shot put with 45'11 1/2", an age record, and the discus throw (165'10") which betters the world record by over 20 feet.

The steeplechase was a real battle, pitting the world record holder, Olle Elvland of Sweden against American champion Alan Waterman, along with two others who had good times this year—Harry Lampert of South Africa and Allen Merrett of Australia. Allen got away from the pack to win going away and record a division record (11:29.8) to best Elvland's mark of 11:43.6. This hectic battle helped pull Harry (11:38.2) and Alan Waterman (11:39.2, an American record) under the old mark. Elvland lost his record and a medal in a battered fourth.

DIVISION 3A [60-64]

As mentioned earlier a blind German won both sprints, beating a strong challenge from Canada's Percy Duncan in both races. Riza Isman of Turkey won the 800 in 2:23.1 and the 1500 in 4:54.5, coming within a few seconds of the world record each time.

E. Stai of Norway high humped 5'2" to top Ian Hume's record of 5' 1/4" and in do doing beat Ian Hume whose second place mark of 5' 3/4" also topped his own record. In the triple jump Ian Hume had another record-making mark net him only second place. Ian's mark of 34' 5 1/2" was inferior to E. Seater's mark of 35' 1 1/4". Seater is from Norway. The performances were wind-aided, so will not stand as records. The record is still 34' 1/4". Ian was also second in the pole vault to Jim Vernon, whose 11'0" won the event. Jim had earlier in the year vaulted to a world record of 11'7" with his prebent pole. Bill Morales, who has led the world by over 20 feet in his specialty, the javelin, threw the spear 173'11" to win this event by 20 feet. Bill sailed one out 177'5" in July which stands as the record. Bill now has the distinction of holding world records in three different divisions (2A, 2B and now 3A). He also won the pentathlon.

DIVISION 3B [65-69]

Bill Andberg and Erich Kruzycki were the standouts in this division. Erich, who has yet to lose to the grey ghost from Minnesota, topped Bill again in the 5000, 18:29.1 to 18:42.6.

Mid-America Championships

MID-AMERICA TRACK & FIELD CHAMPIONSHIPS MEMPHIS, TENNESSEE August 28 1977

HIGH HURDLES

Table with 3 columns: Age Group, Name, Time. Includes entries for 30-39, 40-49, and 50-59 age groups.

100 METERS

Table with 3 columns: Age Group, Name, Time. Includes entries for 30-39, 40-49, and 60+ age groups.

200 METERS

Table with 3 columns: Age Group, Name, Time. Includes entries for 25-29, 30-39, 40-49, and 60+ age groups.

400 METERS

Table with 3 columns: Age Group, Name, Time. Includes entries for 25-29, 30-39, and 40-49 age groups.

1500 METERS

Table with 3 columns: Age Group, Name, Time. Includes entries for 25-29, 30-39, 40-49, 50-59, and 70+ age groups.

5000 METERS

Table with 3 columns: Age Group, Name, Time. Includes entries for 25-29, 30-39, 40-49, 50-59, and 70+ age groups.

LONG JUMP

Table with 3 columns: Age Group, Name, Distance. Includes entries for 25-29, 30-39, 40-49, and 60+ age groups.

TRIPLE JUMP

Table with 3 columns: Age Group, Name, Distance. Includes entries for 25-29, 30-39, 40-49, and 50-59 age groups.

HIGH JUMP

Table with 3 columns: Age Group, Name, Height. Includes entries for 30-39, 40-49, and 50-59 age groups.

DISCUS

Table with 3 columns: Age Group, Name, Distance. Includes entries for 30-39 and 60+ age groups.

SHOT

Table with 3 columns: Age Group, Name, Distance. Includes entry for 60+ age group.

HAMMER

Table with 3 columns: Age Group, Name, Distance. Includes entry for 60+ age group.

Cross-Country Championship

1977 Eastern Masters AAU XC 10-2-77 - Van Cortlandt Park 10:0 intermittent rain & muddy () = overall place MR=meet record

Table with 3 columns: Division, Name, Time. Lists results for Division 1A (40-44), Division 1B (45-49), and Sub-Masters (30-34).

Table with 3 columns: Division, Name, Time. Lists results for Division 2A (50-59) and Division 2B (55-59).

Table with 3 columns: Division, Name, Time. Lists results for Division 3A (60-64), Division 3B (65-69), and Women (Division 1A 40-44).

Table with 3 columns: Division, Name, Time. Lists results for Women (Division 1B 45-49).

Table with 3 columns: Division, Name, Time. Lists results for Sub-Masters (Division SA 30-34 and Division SB 35-39).

Table with 3 columns: Team, Scores. Lists team scores for Division 1 and Divisions 2 & 3.

Table with 3 columns: Team, Scores. Lists team scores for Divisions 2 & 3.

Erich's time was a world division record. Erich also won the 10,000 with an age record mark of 38:10.5 and the cross-country title. Bill took the 800 in 2:28.0 and the 1500 in 5:04.8, both age record times.

Norman Bright, who still holds many records and who dominated this division in Toronto, is not quite blind, but does have tunnel vision, which handicaps him quite a bit now. Norm managed a seventh in the 800 in 2:40.0, a fifth in the 1500 in 5:26.9—an age

record—a fifth in the 10,000 in 40:58.2—another age record—an eighth in the cross-country and tenth in the marathon for a real gutty performance.

In the hurdle races Dick Lacey and Claude Hills put on some good competitive races. Claude had a good lead after the last

continued

continued

hurdle in the shorter race but fell down just short of the finish, tried to get up and fell again, but still managed a third as Lacey won in an age record time of 20.9 to Hill's third place time of 22.4. Lacey beat out Hills in the longer race, 76.0 to 76.8. But Claude had his day by garnering a win in the pentathlon with 1240 points. Hills and Lacey got second and third, both with jumps of 4'5 1/4" while I. Sand of Norway got a record leap of 4'9 1/4". This broke the old record by three inches.

Sand also broke Win McFadden's triple jump record of 30'9" with a prodigious leap of 34'2 1/4". Taraki Miyata of Japan, who held the 3A record until this year, jumped 32'1 1/2" to also beat the record. Taraki beat Sand in the long jump with an age record mark of 15' 1/2" to Sand's 14'11 1/4", but they were in turn beaten by R. Leinen of Germany with a mark of 15'1 1/4" which is just off the record for the division.

Herbert Schmidt of Germany, who holds the record in both 3A and 3B, tied his own mark with a vault of 11'2" in winning his division. Olav Reppen of Norway slung the discus out 149' to better the world record by eight feet. Reppen also won the hammer throw (126'1").

DIVISION 4A [70-74]

The giant in this division is Josiah Packard of California. Coming on the scene last year with some good spring performances, Josiah has gotten into high gear this year, demolishing the sprint records. At the Western Regionals he brought the world 400-meter mark down from 67.2 to 65.7 and became the first over-70 athlete to dip under 30 in the 200-meter with a 29.6 mark. At the Senior Olympics he improved those times to 65.1 and a windy 29.0. At Gothenberg he added the 100-meter race to his repertoire and he proceeded to win all three races by wide margins, getting a world record in each with times of 13.9, 29.2 and 64.6. He broke a second barrier in the 100 meters by being the first to go under 14 seconds. This has to be one of the outstanding achievements of the year. Einar Nordin of Sweden and Ray Sears of Indiana put on a display of record breaking as Nordin bested Sears in the 5000 and 10,000-meter races, Nordin erasing the world records and Sears demolishing the American records. Nordin ran 19:54.6 and 40:48.5 while Sears ran 20:05.4 and 41:21.0. Nordin, the holder of the marathon record, did not try the marathon, but Sears did and won in 3:32:31.

Bob Wiseman of England became the first over-70 athlete to try the steeplechase and he won

this event unopposed in 18:03.0. There was some good competition in the high jump as G. Tang-Holbek of Denmark just nudged past Ian Hume of Canada, 4'3 1/4" to 4'2 3/4" and took the world record from him. Ian's record was 4'3".

America's strong duo of Win McFadden and Homer Van Gelder were right behind with marks of 3'11 1/4" and 3'9 1/4" respectively. Van Gelder recently took the American with a mark of 4'2 1/2". George Simpson of Australia was the busiest of this group. George got second place medals in the 100 (14.6), 200 (30.8) and 400 (72.0), 110 hurdles (24.0) and the long jump (12'10").

He won the 400-meter hurdles with a time of 90.8 and was third in the triple jump (24'1"). Win McFadden, record holder in the triple jump, won this event, leaping 23'6 1/2". Win also won the 110 hurdles in 23.7. Albert Reiser of Germany, record holder in the hammer, won his specialty with a mark of 101'4". He also won the long jump (13'1 1/2") got seconds in the high jump (4'2 1/2") and javelin (110'8") and fourths in the shot put (33'10 1/2") and discus (99'10"). V. Andersson of Sweden took a world record away from Stan Herrmann as he won the discus throw with a good mark of 124'8" to erase the old record of 121'4". Red Doms was second (117'0") and Stan Herrmann third (111'6"). Doms also won the shot put with a put of 35'7 1/4" and was third in the javelin throw (98'6") behind Emery Curtice, whose throw of 122'11" upped his world record of 121'4" set in May of this year. Doms, Curtice and Herrmann all hail from California.

DIVISION 4B [75-79]

Harold Chapson, twice athlete of the year for the over-70 division, has run into a juggernaut in the person of Herbert Anderson of Colorado. Herb owns the world over-70 decathlon record and is very adept at just about anything one can do in track and field. At Gothenberg he competed in the amazing total of 14 events, winning ten, of which nine were world records for the division.

Chapson, who was second to Herb in the 100 (15.2), 200 (32.8) and 400 (79.9) to Herb's 14.8, 31.7 and 69.9, managed to squeeze in two world records of his own in this division with marks of 2:41.4 in the 800 and 5:30.1 in the 1500-meter races. Chapson and Anderson just turned 75 and move into the Spangler-dominated division. Hal and Herb together just about wiped out all the records on the books, including a few of Spangler's.

The other events Herb won were

Kupczyk tops in 3-miler

Results of the National Road Runner's Cross-Country Championship (3 miles) for Masters (men, 40 and over).

Listed are place of finish, name, club (if any), area, age and time.

| | | |
|-----------------------|----------------------------|----------|
| 1. Hamayk Kupczyk | Atlanta INTTC, NC, 44 | 16:52.99 |
| 2. Carl Genovese | NY Pioneers, NY, 45 | 17:07 |
| 3. Vincent Chiappetta | Milrose, NY, 44 | 08 |
| 4. Ralph Petrillo | UN, NY, 44 | unlisted |
| 5. Joe Burns | Milrose, NY, 48 | 28 |
| 6. Dan Caffrey | Milrose, NY, 40 | 37 |
| 7. Bill Krebs | NY Pioneers, 42 | 18:01 |
| 8. Arnd Niemand | Milrose, Man., NY, 42 | 15 |
| 9. Tom Huffman | NYP, NY, 42 | 26 |
| 10. Bob Fine | NYP, Bklyn, NY, 46 | 32 |
| 11. Eddie Golt | UN, Del., 41 | 34 |
| 12. Bob Miller | UN, NY, 43 | 40 |
| 13. Walter McCarthy | NYP, NY, 45 | 41 |
| 14. Dan Dougherty | SIAC, NY, 49 | 41 |
| 15. Ted Blirrow | ANQ., Scarsdale, NY, 50 | 43 |
| 16. Kenneth Widman | NYP, N.J., 43 | 49 |
| 17. Neil Wortmann | UN, NY, 42 | 52 |
| 18. Rich Rizzo | NYP, LI, 40 | 56 |
| 19. Maltin Schiaa | UN, Man., NY, 39 | 19:02 |
| 20. Walter Gordon | STA, NY, 46 | 04 |
| 21. Tom O'Sullivan | UN, Qns., 43 | 05 |
| 22. Dick Schad | UN, NY, 40 | 18 |
| 23. Pat Bastick | Milrose, Conn., 42 | 14 |
| 24. Alan Druckman | UN, NY, 46 | 36 |
| 25. Tony Nash | Phila. Masters, Phila., 45 | 37 |
| 26. Ray Ramirez | UN, Qns., 40 | 44 |
| 27. Tom Talbott | Greenwick YMCA, Conn., 45 | 47 |
| 28. Rich Bessal | UN, NY, 40 | 49 |
| 29. George Erkiman | PBC, NY, 42 | 58 |
| 30. Denis Sivack | UN, Man., NY, 40 | 59 |
| 31. John Lash | UN, Pa., 45 | 20:05 |
| 32. Aguste Riveraso | UN, Qns., 49 | 07 |
| 33. Robert Selya | CPTC, NY, 41 | 19 |
| 34. Vincent Corro | NYP, NY, 43 | 22 |
| 35. R. Welct | ECPL, N.J., 45 | 32 |
| 36. Isaac Silverman | UN, NY, 45 | 35 |
| 37. John Nash | UN, Ohio, 43 | 40 |
| 38. Rich Frances | UN, N.Y., 44 | 45 |
| 39. Tom Wendell | JSTC, S.J., 55 | 50 |
| 40. Peter Marcus | UN, NY, 40 | 54 |
| 41. Joe Conrad | UN, Bx., NY, 42 | 55 |
| 42. Herman Botzon | UN, NY, 41 | 56 |
| 43. Ned Roeslet | UN, NY, 42 | 21:02 |
| 44. Eric Willman | UN, Md., 41 | 05 |
| 45. Pat Zayas | UN, NY, 42 | 10 |
| 46. Abe Simon | Scars. Pal., NY, 53 | 12 |
| 47. Anthony Caviello | UN, NY, 55 | 13 |
| 48. Tim Cooper | UN, NY, 51 | 15 |

Attention Masters Champions and Record Holders

If you are above the age of 50 years and consider yourself to be in the top 10% of your age group for Masters Competition, you could be of great assistance in answering questions regarding the effects of training on the aging process in Man. The evaluation procedures will be conducted at our laboratory in St. Louis and will consist of a physical examination, 12 lead electrocardiogram, graded exercise stress test, VO2max studies, cardiac output, pulmonary function studies and echo-

cardiographic evaluation. The above procedures will be carried out with no cost to you and results will be forwarded both to you and your personal physician upon request. Overnight accommodations will be provided.

Dr. Gregory Heath
or Dr. James Hagberg
Washington University
School of Medicine
Division of Applied Physiology
4566 Scott Avenue
St. Louis, Mo. 63110

Phone 314-454-2051

110-meter hurdles (26.6), 400 hurdles (92.5), high jump (4'1 1/4"), long jump (12'1 3/4"), triple jump (27'5 1/4"), javelin (90'8") and, of course, the pentathlon with 722 points.

Proving that he is only human, he weakened in some of the field events, getting thirds in the shot put (28'3 1/2") and discus (92'1") and a fourth in the hammer throw (47'7"). He was second to Chapson in the 800 (3:10.1). What more can one ask of a man! The only thing he didn't do was run the distance races and pole vault. Most of his marks are high quality performances, erasing very good records. This has to go down as one of the greatest one-man performances in one meet ever.

Franz Posluschni of Germany came through with a world record performance as he also just moves into this now-tough division. Franz put the shot 35'4 1/2" to better Buell Crane's mark by two feet and then tossed the hammer 81'9" to win three events. Matt Cullen of Wales, who holds the record in the discus for this division, won this event with a mark of 103'7".

DIVISION 5 [80 AND OVER]

At 92 years of age the Tartan Flash from Scotland is still going strong. He's D. MacLean of Scotland and he took his specialty, the 100-meter dash, in 21.7. S. Falck of Sweden took the 200 meters in 41.2 and the triple jump in the good mark of 21'1 1/2". P. Goic, 82-year-old from Yugoslavia who still has the world record for anyone over 75 of 111'9" in the hammer, won this event with a throw of 89'8". He also produced world records for anyone 80 and over in the shot put (28'8 1/4"), discus throw (96'6") and the javelin (66'7") with all these marks surpassing the old ones by a wide margin.

In the pentathlon a new scoring system developed by Ian Hume was tried out to give the older groups a better chance to score points. The following point scores are based on the IAAF tables for record purposes. In the 1A division the first four places surpassed the world best. The winner, Sydney Clark of England, accumulated 3236 points to blast the former best mark of 2812. G. Drewniak of Germany won the 1B division with a world best mark of 2673, bettering the old mark of 2454. This was also bettered by the second and third place finishers.

Sepp Schwankner of Germany was close behind with 2661 points. Vaclav Bartl won division 2A with a record total of 2607, bettering Boo Morcom's record of 2251. Morcom won 2A with 2439 points and a record.

Bill Morales, who won 3A using

Hume's tables, but came in second using the IAAF tables and thereby A. Kock of Germany got the world mark with 2051 points and Bill collected the American record with 2016 points. As previously mentioned, Hills and Anderson won the 3B and 4B divisions while Albert Brosz of Canada won 4A with 425 points.

GETTING BETTER

In summary, this meet was full of great performances and the competition inspired many to their best marks as veterans. In the future there will be many international stars of the past who will be lured to Masters competition to take up the challenge and this will no doubt bring these already phenomenal times down much further and eventually narrow the gap between the best times of the younger athletes and those of the Masters.

MASTERS AT HOME

There were some good performances before and after the wiped out the world record in the steeplechase with an amazing 8:41.5, bettering the record by 35 seconds.

Al Oerter, the phenomenal four-time Olympic champion, had to unload his best effort to beat Czechoslovakia's Ludvik Danek in the thrilling discus encounter. Blind men aided by guides competed in the sprints and distance races, with Assmy of West Germany winning the 3A 100 and 200-meter finals. Assmy was given a spine-tingling

Ruth Anderson warmed up for his great performances at the Games with a world record decathlon point score of 1752. In that event he broke two division records with marks of 4'2" in the high jump and 14.2 in the 100-meter race and garnered two world age-74 records with his javelin throw of 93'2" and 110-meter hurdles time of 25.1. The decathlon was in Boulder on May 28 and 29.

Ken Carnine of Sacramento started his preparation for the World Games well with age-69 records of 14.5 in the 100 meters, 29.9 in the 200 meters and 123'8" in the discus at the West Valley Masters meet on May 1. At the Senior Olympics he sailed the discus 138'9" to come close to his world division record of 141'10". Unfortunately, he pulled up in the 100 meters with a pull which erased his hopes of going to Gothenberg. He would have been a force to reckon with there.

Another absentee at the Games was Ray Hatton of Oregon. Ray in a meet at Beaverton on June 11 ran a strong 10,000-meter race

continued

National Masters 15-K results from Columbus

Here are the results of the National AAU Masters 15-Kilometer Championship held Oct. 9 at Columbus, Ohio, sponsored by the Capitol City Comets Track Club, Inc.

| | | |
|----------------------------|---------------------|-------|
| 1. Brian G. Harris | Royal Oak, Mich. | 50:38 |
| 2. Bill Olrich | Louisville, Ky. | 51:20 |
| 3. George Vernosky | Bethesda, Md. | 51:38 |
| 4. Fredrick Hagerman | Athens, Ohio | 52:17 |
| 5. Raymond Mangie | Mill Valley, Calif. | 52:35 |
| 6. Bob Paklaian | Detroit, Mich. | 52:53 |
| 7. Hamayk Kupczyk | Raleigh, N.C. | 53:11 |
| 8. John E. Rayburn | Wintersville, Ohio | 53:35 |
| 9. Fred Best | Westfield, N.J. | 53:58 |
| 10. Anthony Sapienga | Bradford, Mass. | 54:15 |
| 11. Philip Hager | McLean, Va. | 54:55 |
| 12. Leon Dreher | Philadelphia, Pa. | 55:05 |
| 13. Roland Anspach | Springboro, O. | 55:16 |
| 14. Robert Fine | Brooklyn, N.Y. | 55:21 |
| 15. A. John Merola | Powell, Ohio | 55:42 |
| 16. Jim Comyns | University Hts., O. | 55:59 |
| 17. Phil Ford | Mansfield, O. | 56:04 |
| 18. Norman Roof | Mansfield, O. | 56:08 |
| 19. Tony Diamond | Washington, D.C. | 56:51 |
| 20. John F. Rockett | Germantown, Tenn. | 57:05 |
| 21. Ken Hall | Neward, O. | 57:31 |
| 22. Arne Richard | Manhattan, Kan. | 57:48 |
| 23. James Loucks | Neward, O. | 58:00 |
| share the happiness with | with, Md. | 60:09 |
| peoples and take home such | oka, Minn. | 60:49 |
| wonderful memories. | w Philadelphia, O. | 61:19 |
| | land, Calif. | 61:47 |
| | anda, O. | 62:18 |
| | veland, O. | 62:50 |
| | er Springs, Md. | 63:14 |
| | Wayne, Ind. | 63:21 |
| | ke Forrest, N.C. | 64:12 |
| | oton, O. | 64:36 |

DIVISION 1A [40-44]

Division 1A featured some fantastic running. In the 800 meter Tony Blue of Australia led a very fast field as the first three broke Tony's previous record of 1:56.5. Tony, Neil Clough of Australia and K. Mainka of Germany had times of 1:54.8, 1:55.6 and 1:55.6 and the next

| | | |
|--------------------------|-------|-----|
| 14. Arne Richards | 57.48 | KA |
| 15. James Louches | 58.00 | OH |
| 16. Garland Ray Green | 64.52 | MD |
| 17. Portnoy, Burton | 67.56 | OHI |
| 18. Tucker, Walter | 70:14 | OH |
| DIVISION 1B 45-49 | | |
| 1. George Vernosky | 51.38 | MD |
| 2. Anthony Sapienza | 54.15 | MA |
| 3. Robert Fine | 55.21 | NY |
| 4. A. John Merola | 55.42 | OH |
| 5. Jim Comyns | 55.59 | OH |
| 6. Tony Diamond | 56.51 | DC |
| 7. Sal Corallo | 60.19 | MD |
| 8. Jerry Beaber | 61:19 | OH |
| 9. Richard Good | 63.14 | MD |
| 10. Clyde Shank | 63.21 | IN |
| 11. Jim Gerald | 64.36 | OH |
| 12. James Klett | 66.03 | OH |
| 13. Robert MacVeigh | 66.57 | OHI |
| 14. Randall Huffman | 74.00 | OH |
| 15. Arthur Crawford | 85.39 | NY |

| | | |
|--------------------------|-------|-----|
| DIVISION 2A 50-54 | | |
| 4. Richard Searles | 68.49 | OH |
| 5. Carmen Haney | 81.35 | VA |
| DIVISION 2B 55-59 | | |
| 1. Leon Dreher | 55.05 | PA |
| 2. John O'Neil | 62.50 | OHI |
| 3. Peter Hlinka | 66.43 | OH |
| DIVISION 3A 60-64 | | |
| 1. Thomas Miller | 85.18 | ME |
| 2. William Shrader | 73.22 | NY |
| 3. Joseph Dragovich | 80.42 | OH |
| 4. Hugh Yoemans | 84.24 | OHI |
| DIVISION 3B 65-69 | | |
| 1. William Andberg | 60.49 | MN |
| 2. Robert Boal | 64.12 | NC |
| 3. W. Nathaniel Hefner | 71.36 | WV |
| 4. George Knox | 82.00 | OHI |
| DIVISION 4A 70-74 | | |
| 1. Louis Gregory | 90.47 | FL |

| | | |
|--------------------------|-------|----|
| WOMEN | | |
| DIVISION 1B 45-49 | | |
| 1. Ruth Anderson | 61.47 | CA |
| DIVISION 2A 50-54 | | |
| 1. Florence Fawley | 93.47 | OH |
| DIVISION 2B 55-59 | | |
| 1. Ernestine Yoeman | 84.41 | OH |

| | | |
|-------------------------------------|--|--|
| TEAM SCORE | | |
| 1. Ohio Masters | | |
| 2. Potomac Valley Senior Track Club | | |

Cross-country championship

Results of the Masters Sports Association 1977 Cross-Country Championship Oct. 15-62 degrees, windy:

Sub-Masters (30-34): 1. Harry Langer, 40:50; 2. John Culkin, 42:18; 3. Craig Ryan, 46:47; 4. Alfred Ward, 68:40.

Sub-Masters (35-39): 1. Sandy Sadowsky, 41:25.

Division 1A (40-44): 1. Lou Stern, 40:58; 2. George Boring, 41:40; 3. Douglas Deutsch, 42:07; 4. Bill Cavanaugh, 42:37; 5. Kibbe Fitzpatrick, 43:07; 6. Vince Coiro, 48:28.

Division 1B (45-49): 1. Joe Burns, 39:29.1; 2. Joe Erskine,

40:36.9; 3. Bob Fine, 42:20; 4. Walt McCarthy, 43:04; 5. Russ Glatz, 44:54; 6. Joe Handelman, 45:39; 7. Mike Bennett, 46:23; 8. Don Denig, 47:20; 9. Dave Zinman, 47:27; 10. Don Spitzer, 50:09; 11. Vince Clarkin, 54:11; 12. Rudy Clarence, NT.

Division 2A (50-54): 1. Ray Alley, 40:50; 2. Kelsey Brown, 43:11; 3. Arthur Bradley, 58:54.

Division 2B (55-59): 1. Dan Geer, 47:20; 2. Bob Davin, 52:56; 3. Bob Lawrence, 56:59.

Division 3A (60-64): 1. Wes Westerholm, 54:15.

Division 3B (65-69): 1. Dick Lacey, 58:55.

How do you feel about switching from 'Masters' to 'Veterans'?

The coupon ballot below enables you to cast your vote on the question of whether we should change our name from "Masters" to "Veterans."

Here's some background:

A World Veterans Athletic Association was formed in Sweden this past summer. Both

Lots of issues

continued from page 5

fully an official Pan-American Masters Championship will also be held.

A dual meet with Canada is being planned, with one meet to be held in the West and one in the East each year. There will be a cross-country dual meet with Canada held this year.

A Masters Directory is being planned to list all of the individuals on the National Committee, all clubs with Masters, leading individual activists, and all major meets.

The next meeting of the committee will take place at the Outdoor Championships in Atlanta. Any party interested in bidding for any of the National

possible. Herb Anderson, leading medal winner in Sweden, was selected as the Masters T & F Athlete of the Year.

November, 1977

the Masters Track & Field and Masters Long Distance Running Committee of the AAU approved of the constitution, joined the organization and elected representatives. Only a few countries throughout the world use the name "Masters." Most of the countries use the word "Veterans." The Road Runners in the United States use "Veterans" for those 40 to 49; "Masters" for those 50-59, and "Seniors" for those over 60. The question presented is whether we should, in the United States, use the same designation as does most of the rest of the world.

A preliminary survey of the National AAU Masters Track & Field Committee indicated a split in opinion, with some rather strong and emotional responses.

Those against the name change argued that "Veterans" in our country smacks of war veterans and that it would require many clubs to change their names, emblems, uniforms, etc. Furthermore, "Masters" in our country does have a known connotation.

Those for the change argued that "Masters" is a presumptuous word, indicating some type of superiority and that we should join with the majority of the competitors throughout the world in using the term "Veterans."

The question of the name change was tabled until the 1978 AAU Convention to be held next October.

Your vote is invited. Clip this ballot and send to Robert G. Fine, 77 Prospect Place, Brooklyn, N.Y. 11217.

| | | | | |
|---------------|---------|---|---------------------------|---------|
| New Jersey | 2.52.39 | 19. ROBERT LEAVITT | 52 Unattached, New York | 3.09.58 |
| | 2.53.16 | 20. JERRY MORRISON | 54 Mid-America Masters | 3.11.24 |
| | 2.53.26 | 21. ARNOLD FRAIMAN | 51 Central Park T.C. | 3.14.27 |
| | 2.53.57 | 22. GIULIO PANICCIA | 50 Motor City Striders | 3.14.55 |
| New York | 2.54.01 | 23. GENE MINOR | 51 Shore A.C. | 3.15.56 |
| New Jersey | 2.54.02 | 24. WILLIAM QUINN | 54 Sleeping Giant A.C. | 3.16.05 |
| C. | 2.54.04 | 25. WALTER BROWN | 52 Prospect Park T.C. | 3.16.42 |
| rd Club | 2.54.25 | 26. FRANK MAZZUCCA | 50 Shore A.C. | 3.17.24 |
| Ill. | 2.55.01 | | | |
| A. | 2.55.05 | DIVISION 2B 55-59 | | |
| ny | 2.55.10 | 1. STEPHEN RICHARDSON | 57 New York Pioneers | 2.56.15 |
| adows T.C. | 2.55.10 | 2. GEORGE SHEEHAN | 58 Shore A.C. | 3.10.24 |
| C. | 2.55.16 | 3. MATTHEW ALLEN | 55 Unattached, Calif. | 3.12.50 |
| | | 4. HAROLD GREENBERG | 58 Shore A.C. | 3.15.57 |
| Pioneers | 2.56.27 | (Complete tallies for Divisions 3A, 3B, 4A, and 4B) | | |
| o Valley T.C. | 2.56.44 | DIVISION 3A 60-64 | | |
| or T.C. | 2.57.17 | 1. IRVING TAYLOR | 63 Unattached, New Jersey | 3.20.40 |
| A.A. | 2.57.50 | 2. HOWARD WARD | 62 Shore A.C. | 3.42.11 |
| New York | 2.58.06 | 3. ARNO SCHLOTT | 61 Germany | 3.44.08 |
| New York | 2.58.07 | 4. HARRY MURPHY | 64 Prospect Park T.C. | 3.52.40 |
| A. | 2.58.34 | 5. O.M. COWERT | 62 Texas | 3.54.04 |
| New York | 2.58.35 | 6. ROBERTO RENNY | 60 Staten Island A.C. | 4.05.32 |
| | 2.59.22 | 7. CHARLES NICHOLAS | 61 Unattached, New York | 4.05.48 |
| | 2.59.43 | 8. JOSEPH GIGANTE | 60 Unattached, Mass. | 4.06.59 |
| | 3.00.30 | 9. EDWIN COVERCY | 61 San Diego T.C. | 4.14.56 |
| | 3.01.59 | 10. HARRIS LEFKOWITZ | 63 Unattache, New York | 4/17.36 |
| | 3.02.06 | 11. WERNER KLOTH | 63 Germany | 4.22.23 |
| | 3.02.25 | 12. MICHAEL SQUILLACE | 62 Unattached, New York | 4.25.26 |
| A. | 3.02.49 | 13. GEORGE DENNISTON | 60 Unattached, Alabama | 4.34.07 |
| ioncers | | | | |
| Club | | | | |

Dreher sets 1-hour mark

Leon Dreher, 56, set an age-group record on Sunday, Nov. 20, by running 10 miles, 215 yards in one hour.

Dreher, of Philadelphia, went almost a half mile beyond the old world age record held by a San Diego Masters runner since 1973.

The new age-56 record was witnessed by Bob Detweiler, AAU official, and George Braceland and Dr. Claude Hills, who were among the officials.

Curt Wright, 73, set a record for his age by covering 6 miles and 116 yards in one hour. Wright is from Penllyn, Pa.

The all-comers hour run was sponsored by the Ambler Olympic Club's cross-country team to finance their trip to the national cross-country championships at Longview, Wash., on Dec. 10, and was held at the Wissahickon Middle School track.

breaking Harold Chapson's world best over-70 mark of 2:35.4 with a sparkling time of 2:34.5. Monty had earlier bettered Chapson's mile record of 5:51.9 when he ran 5:42.2 at Chapman College on July 9. His attempt to break the 400-meter record failed when he ran out of his lane and was disqualified.

Ron Drummond, who just turned 70 and after a long layoff, came back to break the world 4A shot record, heaving it 42'1/4" to better the record by a foot. Red Doms sailed the discus 121'7" to top Herrmann's mark by 3 inches. Emery Curtice upped his world mark in the javelin set in the World Games with a mark of 123'6".

Mauro Hernandez of Santa Monica took away Leon Dreher's American mark in the 5000 when he won with a time of 17:03. Walt Westbrook broke three age records in the pole vault (6'6"), long jump (11'0") and triple jump (24'2"). Walt is 79 now.

World Masters Games

continued

with an American division 1B record of 31:48 and his enroute time at 6 miles of 30:47 was another record. Ray just turned 45 and certainly would have done well at the Games. Yet another absentee was Virgil McIntyre of Prescott, Arizona, who holds the world 3B records in the two sprints (13.3 and 27.9). Virgil won both sprints at the Senior Olympics with times of 13.8 and 29.0. In the National Championships in Chicago, Virgil improved on those with winning marks of 13.5 and 28.3. These were all age-66 records.

Dave Jackson of Carson, Calif., had a great triple jump series at the Grandfather Games on May 14. His best mark and a world 1B record was 44'3". He crow-hopped over 46 feet on some tries. Jack

Thatcher from Manhattan Beach, who had been trying all year to get over the 50-foot mark in the shot, finally did hit 50 feet even in the Corona Del Mar Relays on May 28 for an over-60 world record.

At the National Championships Paul Spangler came through with some over-75 world best marks in the 800 (3:17.9) and the 10,000 (47:23). Paul is the running doctor from San Luis Obispo and is 78 years old and getting better with age. At the Senior Olympics, where the real oldsters prevail, 83-year-old Charles Backus won the 100 meters (16.9), 400 meters (2:20.9) and 800 meters (5:53.0), all world age bests.

An even older (90) Robert Willis became the first man over 85 to run the 800 meters and he did it in 8:54.2.

At the Pan-American Masters Games held at UCLA on Sept. 3 and 4 athletes from 19 North and South American countries competed and some good marks were made. Superlative marathoner Monty Montgomery tried the 800 in one of his rare track appearances and succeeded in

Subscribe now!

The Masters movement has been the fastest growing segment of amateur athletics in the world and we created the National

Masters Newsletter to keep you abreast of its development.

Subscribe now and keep posted on what's happening.

\$3 enclosed for year's subscription (four issues).
Send to 102 W. Water St., Lansford, Pa. 18232

Name _____

Address _____