



# National Masters Newsletter



21st Issue

May 1980

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The only national publication devoted exclusively to track & field and long distance running for men and women over age 30

## HIGHLIGHTS

- Special Supplement on 4th World Games
- Men's and women's world 5-year T&F age marks
- Conway, Kiddy win National 15KM
- Mueller, Stabler Win National 30KM
- Reports from Canada, Australia, Britain, New Zealand
- Stabler, Anderson, Storey, Hess set marks
- 1980 Masters Schedule
- Age-Record Books Now Available
- Davisson, Hume set World Marks

## New Site

The 1980 U.S. National Masters Track and Field Championships have been switched from Charleston, West Virginia to Philadelphia's Franklin Field. The date remains July 4-6. An entry form will be published in the June newsletter.

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Al Sheahan, Editor  
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Dan Conway, left, and David Hambly battle for lead in U.S. Masters 15KM. Conway won with Hambly second. photo by Athletic Feats

*Shane, Ward set U.S. Marks*

## Davisson, Hume Set World Marks in National Indoor Champs

SYRACUSE, N.Y., March 29. Shirley Davisson and Ian Hume set new world age-division records as 400 athletes took part in the National Masters Indoor Track and Field Championships at the University of Syracuse.

Glen Shane and Wesley Ward established new American marks.

Davisson, from Victorville, California, turned 50 on February 28 and promptly broke the age 50-54 world long jump standard of 20-5¼ with a leap of 20-8½ to win the event by 3 feet. The old mark was set by Richmond Morcom of Philadelphia, who softened the blow of

losing his world standard by winning 3 events of his own in the meet.

Davisson also holds the world mark in the 45-49 age category of 21-11, set in 1972. His jump is also a new American Masters (40+) indoor record.

Ian Hume journeyed from Canada to pick up a new world record in the 65-69 high jump at 4-10½, breaking the world mark of 4-10 set in the 1979 World Games by Britain's Richard Rafferty.

Glen Shane smashed the American Masters indoor record in the 600, beating a tough field in 1:15.7. Shane had set the old mark of 1:16.0 in the

*Anderson, Storey, Hess set Marks*

## Conway, Kiddy Win National 15KM

SEATTLE, WA, March 29. New-comer to national masters competition, Dan Conway felt his trip from Chetek, Wisconsin was well worth it when he ran away from a field of 147 runners to win the U.S.A. Masters 15K Road Championships in 48:46.4.

Conway took the lead from Snohomish Track Club's David Hambly at around the 10K mark just north of Seward Park on scenic Lake Washington, and drew out to a 21-second win.

Another surprise, even to his well-known fellow-Californians just behind him, was Sal Vasquez, 40, from Alameda; Vasquez finished 3rd overall, just ahead of John Brennan and Ray Hughes.

Sandra Kiddy of Palm Springs took the women's title in 59:03, beating Seattle Track Club's Judy Groombridge. Kiddy thus added the 15K title to her national masters marathon and 25K titles which she won earlier this year.

Unlike the "youngsters" just mentioned, most older division winners were local runners. Derek Mahaffey, 45, a Snohomish Track Club runner from suburban Bellevue, finished 10th overall in 52:00, more than 3½ minutes ahead of 2nd place. Also of STC was Howard Miller, 53, 26th place in 57:38, nearly 3 minutes in front of his competition.

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New York Masters Sports Club meet March 15.

Wesley Ward high-jumped 4-4 in the 70-74 competition to top the old U.S. mark of 4-2½, held by Homer Van Gelder.

Entrants came from throughout the country for the annual event which was generally successful, even though too long for one day.

"The meet should be extended to two days," admitted meet director Ed

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Brooklyn, N.Y. 11217  
(212) 789-6622

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(312) 234-5936

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(714) 488-3737

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Geza Feld  
33 Center Drive  
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269 Ridgewood Road  
West Hill, Ontario M1C 2X3  
Canada

### NORTH AMERICAN REP.

Bob Fine  
77 Prospect Place  
Brooklyn, N.Y. 11217

### PENN MUTUAL

### NATIONAL MASTERS DIRECTOR:

Bill Toomey  
P.O. Box 795  
Dana Point, CA 92629  
(714) 661-6062

### REGIONAL CONTACTS

#### NEW YORK:

Bob Fine, above  
Haig Bohigian  
225 Hunter Ave.  
North Tarrytown, N.Y. 10591

#### PHILADELPHIA:

Bert Lancaster  
c/o Middle Atlantic  
Athletics Congress  
738 Land Title Bldg.  
Philadelphia, PA 19102

#### MIDWEST:

Ron Fox  
3272 Western Ave.  
Highland Park, IL 60035

#### SOUTHEAST:

Ken Kirk  
3800 Stonewall Terrace  
Atlanta, GA 30339

#### ROCKY MOUNTAIN:

Jim Weed  
11672 E. 2nd Ave.  
Aurora, CO 80010  
(303) 341-2980

#### SOUTHWEST:

Don Slocumb  
29 Waugh Drive  
Houston, TX 77007  
(713) 859-5605

#### FAR WEST:

Dave Jackson  
19103 S. Andmark Ave.  
Carson, CA 90746  
(213) 638-7125

Dick Straub  
7909 Blue Lake Dr.  
San Diego, CA 92119  
(714) 465-0223

John Brennand  
4476 Meadowlark Lane  
Santa Barbara, CA 93105  
(805) 964-2491

Bruce Springbett  
P.O. Box 1328  
Los Gatos, CA 95030  
(408) 354-2005

Hilliard Sumner  
4640 Degovia  
Woodland Hills, CA 91364  
(213) 884-1349

#### NORTHWEST:

Carole Langenbach  
4261 S. 184th St.  
Seattle, WA 98188  
(206) 433-8868

Jim Puckett  
Mt. Hood College  
26000 Stark Ave.  
Gresham, OR 97030

## NEWSLETTER

### EDITOR:

Al Sheahan  
6200 Hazeltine Ave.  
Van Nuys, CA 91401  
(213) 785-1895

## CORRESPONDENTS

#### NEW YORK:

Haig Bohigian  
Bob Fine  
Ed Small  
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# LETTERS TO THE EDITOR

Address letters to:

National Masters Newsletter, 6200 Hazeltine Ave., Van Nuys, CA 91401

## SMALL SLIGHTED

I believe Ed Small 41, has been short changed. The man had the 600 world's record for a full year and never got credit for it. On March 15, 1980 at the New York Masters Sports Championships at West Point, his record was shattered by Glen Shane, 40, of the N.Y. Pioneer Club with a 1:16.0 clocking. Small was 2nd in 1:16.5. Ed came back with a 33.5 victory in the 300 to break Cliff Bertrand's world mark of 33.7.

Haig Bohigian  
North Tarrytown, New York

## OLD SLIGHTED

As usual, you slight the old men; they are not even mentioned in the proposed weight standards published in your March issue. I suppose the 80+ could use the same weights as the 60-79, but I know some would like the 6 lb. shot and 8 lb. hammer. The swimmers and tennis players have their 80+ age bracket, what the hell is wrong with Track and Field? The Masters Divisions are for men 40 years AND OVER, NOT 40 to 79.

John Whittemore  
Santa Barbara, California

## NO 50 KILO FOR WOMEN

The March, 1980 issue was the first on our new subscription. It was outstanding. You gave the ultra-marathon

rankings, but omitted the 50-kilometers for women. Perhaps you could print the list in your next issue.

Sandra Kiddy  
Palm Springs, California

No rankings were prepared by the NRDC. However, the U.S. all-time Masters Women's 50K mark is held by one Sandra Kiddy, 3:37:08, set April 29, 1979.

Ed.

## ONLY THREE ATTEMPTS

I attended the National Indoor Championships in Syracuse and thoroughly enjoyed myself. But I have a complaint, shared by many field event participants. We had only 3 attempts in the long jump (where I placed 4th as a submaster). We were divided into two 6-man flights, and the first flight took all 3 jumps and were done. Then the second flight, knowing what they had to do, took their jumps. Four of us were over 21', and a final or at least a 4th jump would have really made the experience worth traveling hundreds of miles. Getting it together for a supreme effort is real tough in 3 attempts. Many of us felt disappointment. To me, national championships should mean QUALITY. I recommend either 3 trials and 3 final attempts, or 4 jumps (2 jumps for each flight, then two more).

Larry Long  
Pittsburgh, Pennsylvania

# 1980 AAU National One Hour Run

The Snohomish Track Club of the Pacific Northwest Association of the AAU will host the 1980 National AAU One Hour Run Junior, Senior, and Master's Championships for both men and women. This meet is held on a postal basis. Any AAU sanctioned race held between January 1, 1980 and August 31, 1980 qualifies for inclusion in the combined National Meet. The individual results and team entries of your local section must be received by September 22, 1980 in order to be included in the National results. In order to help us complete the tabulation by November 1, 1980, you are encouraged to send your results as soon as your section is run.

The entry fee is \$2.00 per runner and must accompany your entry. Entries should be mailed to:

Al Huff  
Snohomish Track Club  
18127 - 1st Ave. N.W.  
Seattle, WA 98177  
Phone: 206-542-2930

## DEADLINE

NMN is written BY masters athletes FOR masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising for the June issue of NMN is May 14th. Send to *National Masters Newsletter*, 6200 Hazeltine Ave., Van Nuys, CA 91401.

# schedule

## EAST

**May 7 (Wednesday):** Development T&F Meet, Randall's Island, NYC, 6 p.m.

**May 11 (Sunday):** Masters Sports Association T&F Championships, Randall's Island, New York City. No Spikes.

**May 21 (Wednesday):** Development T&F Meet, Randall's Island, NYC, 6 p.m.

**May 24 (Saturday):** Olympic Trials Marathon Buffalo, N.Y.

**June 1 (Sunday):** New Jersey Masters 10KM, Cedar Grove Reservoir 10 a.m.

**June 4 (Wednesday):** Development T&F Meet, Randall's Island, NYC, 6 p.m.

**June 15 (Sunday):** Metropolitan Masters T&F Championships, Randall's Island, New York City.

**June 18 (Wednesday):** Development T&F Meet, Randall's Island, NYC, 6 p.m.

**June 29 (Sunday):** Eastern Regional Masters T&F Championships, New Britain, Conn.

**July 2 (Wednesday):** Development T&F Meet, Randall's Island, NYC, 6 p.m.

**July 4 (Friday):** National Masters 5KM Walk Championships, Philadelphia, PA.

**July 4-6 (Friday-Sunday):** USA Masters and Submasters T&F and Pentathlon Championships, Philadelphia, PA.

**July 6 (Sunday):** National Masters 20KM Walk Championships, Philadelphia, PA.

**July 16 (Wednesday):** Development T&F Meet, Randall's Island, NYC, 6 p.m.

**July 30 (Wednesday):** Development T&F Meet, Randall's Island, NYC, 6 p.m.

**August 13 (Wednesday):** Development T&F Meet, Randall's Island, NYC, 6 p.m.

**August 16 (Saturday):** Masters Relay Carnival, Randall's Island, New York City.

**August 27 (Wednesday):** Development T&F Meet, Randall's Island, NYC, 6 p.m.

**September 14 (Sunday):** Berkshire 10KM, Westfield, MA.

**September 21 (Sunday):** National Masters 50KM Championships, Brattleboro, Vermont.

**October 12 (Sunday):** Masters Sports Association 10KM X-C, Van Cortlandt Park, Bronx, 12 Noon.

**October 18 (Saturday):** National 10KM Masters Road Championships NYC.

**October 18 (Saturday):** Skylon Marathon, Buffalo, N.Y. Contact: (716) 881-2736.

**October 19 (Sunday):** Brooks/TFA National Masters 15KM Championships, Arlington, Va.

**Mid-October:** National Masters 20KM Championships, Washington, D.C.

**October 26 (Sunday):** National Masters 15KM Cross-Country Championships New York City.

**October 26 (Sunday):** New York Marathon. Contact: (212) 580-6880.

Track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups, with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newsletter 30-60 days prior to the event.

**November 1 (Saturday):** National 40KM Walk Championships, Long Branch, N.J.

**November 2 (Sunday):** Marine Corps Marathon, Washington, D.C. Contact: (202) 433-3238.

**November:** Canada/USA Cross Country Dual Meet, Buffalo, N.Y.

## MIDWEST

**May 18 (Sunday):** Road Runners Club of America National Masters Marathon Championship, Cleveland State Univ., Cleveland, Ohio. Contact: Reno Starnoni (216) 232-6373.

**May 18 (Sunday):** One-hour run, Dyche Stadium, Northwestern Univ., Evanston, Ill. Contact: Wendell Miller (312) 234-5936.

**May 18 (Sunday):** Michigan AAU Masters T&F Championships, 10 a.m. Macomb Community College, Warren, Mich. Contact: Roger Johnson, 19240 Lancaster Court, Woodhaven, Mich. 48183. (313) 676-0156.

**May 24 (Saturday):** National 10KM Walk, Chicago, Ill.

**June 14 (Saturday):** Indiana Masters T&F Championships, Indianapolis. Contact: Bob Coughlin (317) 241-5446.

**June 28 (Saturday):** Midwest Regional Masters T&F Championships, Northwestern University, Evanston, Illinois.

**July 4 (Friday):** Chicago 20KM Distance Classic. Contact: Wendell Miller.

**August 24 (Sunday):** Midwest Masters & Submasters Weightman's Pentathlon Championship and Weight Throw, U. of Illinois at Chicago Circle, 9 a.m. Entry form in this issue.

**August 31 (Sunday):** Midwest Masters 25KM Championships, Lake Bluff, Ill.

**September 14 (Sunday):** National Masters & Submasters Weightman's Pentathlon & Weight Throw, U. of Illinois at Chicago Circle, 9 a.m. Entry form in this issue.

**October 4 (Saturday):** Brooks/TFA National Masters 20KM Championships, Chesterton Indiana.

**October 19 (Sunday):** America's Marathon, Chicago. Contact: (800) 621-6940.

**December 28 (Sunday):** Midwest Masters 30KM Championships, Lake Bluff, Ill.

## SOUTH

**May 10 (Saturday):** Southern TFA/USA Masters T & F Championships, Greenville, S. Carolina. Contact: Ken Kirk, 3800 Stonewell Terrace, Atlanta, GA 30339.

**May 18 (Sunday):** 6th Laredo Sun Relays, Laredo, TX. Contact: Elias Mendiola, 2712 Lane, Laredo, TX 78040. (512) 723-5252.

**May 30-June 1 (Friday-Sunday):** Virginia Golden Olympics, Univ. of Richmond. Age 55+. All sports. Contact: Karen Harris, P.O. Box 27032, Richmond, VA 23273. (804) 649-0566.

**June 8-10** National Masters 5KM Championships, Dallas, Texas.

**June 8-10;** Athletic Congress Convention, Dallas, Texas.

**June 14 (Saturday):** National TFA/USA Masters T&F Championships, Atlanta, Ga. Contact: Ken Kirk, above.

**July 4 (Friday):** Peachtree 10KM, Box 11762, Atlanta, Ga. 30335.

**November 30 (Sunday):** National 25-KM Walk Championships, Miami Beach, Fla., (tentative).

## ROCKY MOUNTAIN

**May 31-June 1 (Saturday-Sunday):** Denver TC Decathlon, Aurora Central High School. Contact: Jim Weed. (303) 341-2980.

**June 7:** All-Comers T&F Meets, same as above.

**June 21:** All-Comers T&F Meets, same as above.

**June 28 & 29 (Saturday & Sunday):** USA Masters Decathlon Championships, Denver, Colorado. Contact: Jim Weed, above.

## WEST

**May 10 (Saturday):** 10th Annual Grandfather Games, Los Angeles Valley College, Van Nuys, Calif.

**May 11 (Sunday):** 11th Annual Senior Olympics Marathon, Irvine, Calif. Contact: Warren Blaney, (213) 938-5548.

**May 17 (Saturday):** 5th Annual Striders Relays, Cal Poly Pomona, Ca. Noon. Contact: Ann Smith, (213) 348-6352.

**May 18 (Sunday):** Bay to Breakers 7.6 mile run, San Francisco. Examiner, 110 5th St., San Francisco 94103.

**May 31-June 1 (Saturday-Sunday):** 1980 Hawaii Masters T&F Championships, including 5KM, 10KM and Decathlon.

**May 31 (Saturday):** Pacific District Masters T&F Championships, Los Gatos HS, Los Gatos, Calif. 8 a.m. Contact: Bruce Springbett, P.O. Box 1238, Los Gatos, Ca 95030.

**June 7 (Saturday):** Southern Pacific District Masters T&F Championships, Cal State University, Northridge, Calif. 4 p.m. Contact: Tom Sturak (213) 394-0034.

**June 21-22 (Saturday-Sunday):** Western Regional Masters Championships, San Diego State University.

**June 21-29 (Saturday-Sunday):** Olympic Trials, Eugene, Oregon.

**June 23-July 24 (Monday-Thursday):** All-comers T&F meets, Los Angeles area. Mon-Gardena HS; Tues-Venice HS; Wed-Birmingham HS; Thurs-Bell HS. 7 p.m.

**July 12 & 13 (Saturday & Sunday):** 11th Annual Senior Olympics, University of Southern California, Los Angeles. Contact: Warren Blaney. (213) 938-5548.

**July 26 (Saturday):** Southern California Striders vs. Corona del Mar dual T&F meet. Noon. Contact: Walt Butler. (213) 681-8531.

**August 2 & 3 (Saturday & Sunday):** Northwest Senior Classic, Mt. Hood Community College, Gresham Oregon, 6 p.m.

**August 9 (Saturday):** 8th Annual CDM "Don Palmer Memorial" Relays, Santa Ana College, Santa Ana, Calif. 10 a.m. Contact: Dave Jackson. (213) 638-7125.

**August 16 & 17 (Saturday & Sunday):** 4th Annual Home Savings & Loan Pan American Masters Games, USC, Los Angeles. Contact: Hilliard Sumner (213) 884-1349.

**September 7 (Sunday):** Nike OTC Marathon, 99 W. 10th St., Eugene, Oregon 97401.

**October 4 (Saturday):** 7th Annual Santa Barbara Masters T&F Meet, Univ. of Calif. at Santa Barbara, Goleta, Calif. 1 p.m. Contact: George Adams (805) 687-6323.

**October 4 (Saturday):** National 100 KM Walk Championships, Longmont, Calif.

**November 9 (Sunday):** National 10KM Cross-Country Championships, Seattle, Washington.

**November 29 (Saturday):** Brooks/TFA National Masters 10KM Championships, Monterey, Calif.

**November 29 (Saturday):** National masters 5KM Cross-Country Championships, San Diego, Balboa Park.

**November 30 (Sunday):** Brooks/TFA National Masters 25KM Championships, Monterey, Calif.

**December 6 & 7 (Saturday & Sunday):** TFA and Senior Olympics Decathlon Championships, Glendale, Calif. College.

**December 13 (Saturday):** Weightmans Pentathlon Championships, Glendale, Calif. College.

**December 14 (Sunday):** Honolulu Marathon.

**December 14 (Sunday):** National 50 Mile Track Championships, Santa Monica, Calif.

## POSTAL & OUTSIDE

### U.S.

**May 31-June 1 (Saturday-Sunday):** North American Masters T&F Championships, Mexico City. Entry form in this issue.

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SCHEDULE .....continued from page 3

**June 15 (Sunday):** 2nd Annual Manitoba Marathon in aid of the Mentally Retarded. North American Masters Championships. Men 40+. Women 35+. Contact: Manitoba Marathon, P.O. Box 53, Winnipeg, Manitoba, Canada R3C 2G1. (204) 453-0931. Entries close 6-1.

**July 19-August 3 (Saturday-Sunday):** 1980 Olympics. Moscow.

**August 2:** Avon Women's International Marathon. London. All ages. No qualifying times. Contact: Avon, 9 W. 57 st., NYC 10022.

**August 1-November 30:** Postal 1-hour walk. Jim Beam, director.

**One-Hour Run.** Postal. All Huff, 18127 1st Ave. N.W., Seattle, WA 98177 (206) 542-2930.

**August 6-10 (Wednesday-Sunday)** 2nd European Veterans T&F Championships, Helsinki, Finland. Contact: Pekka Dautto, Mannerheminte 18 A 00100 Helsinki 10, Finland.

**August 23 & 24 (Saturday & Sunday):** 3th Annual World Veterans Road Championships (IGAL) Glasgow, Scotland. 10KM and Marathon. Men 40+. Women 35+. Contact: 1980 World Veteran Events, Scottish Amateur Athletic Association, 16 Royal Crescent, Glasgow G3756 Scotland.

**August 30-September 1 (Saturday-Monday):** Pan-American Masters Track & Field Championships, San Juan, Puerto Rico.

**January 3 & 4, 1981 (Saturday & Sunday):** 14th Annual World Veterans Road Running Championships, 10KM and 25KM, Palmerston North, New Zealand.

**January 8-14, 1981 (Thursday-Wednesday):** 4th World Veterans Track and Field Championships, Christchurch, New Zealand. (Men 40+. Women 35+.)

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Please send any additions or omissions to Al Sheahan, Editor, National Masters Newsletter, 6200. Hazeltine Ave., Van Nuys, CA 91401.

## Fast Half-Marathon For Davies

Clive Davies, who last October ran a 2:42:44 marathon at age 64, set an unofficial U.S. record of 1:20:08 in a half-marathon in Salem, Oregon. Wayne Zook holds the current U.S. 60-69 mark of 1:26:59.

Two of the South's top masters--Scotsman Jim Ewing and Larry Fuse--battled in the Natural Light New Orleans half marathon. Ewing prevailed, 1:09:46 to 1:11:57.

Sean O'Connor won the masters 20K in Washington DC in a fast 1:07:23.

## Report From The National Running Data Center

Four NRDC books, new and improved, will be available over the next few months. These books will contain new features and statistical analyses. They will also be bigger because of increased running participation. Costs, relative to the material included, will be no higher. The books, in order of release, are:

**Certified Road Running Courses** lists the 830 road running courses certified by the National Standards Committee through early February, 1980. The location, date of measurement, and type of course are shown. Runners must seek certified courses to be assured that the distance they run is accurate, and to have their performances recognized as national and age records. A run on a certified course is necessary to qualify a performance for national ranking. The book includes suggestions to runners to assure that their race will qualify for ranking. The 830 courses listed is up from the 437 in last year's book.

**U.S. Distance Rankings** is a listing of the top 100 men, top 50 women, and up to 10 in each age group for all standard long distance events. There are similar listings for all-time and for the year 1979. The all-time listings is a first-time compilation in this depth. Runs must be on certified courses to qualify for ranking, and a listing of the races included in the rankings is a part of the book. Performances on point-to-point courses are included and indicated in these rankings.

**U.S. Marathoners** is the largest listing of U.S. runners ever made. It ranks well over 100,000 individual marathon finishes. Every marathon performance in 1979 on a certified course that was reported to the NRDC is included. Since the vast majority of marathon finishes are on certified courses, the majority of marathoners will find their performances ranked in this book. Rankings are both on a national basis and according to age. The book contains a wealth of summary tables, providing hours of interesting reading for the marathon buff.

All of the books are available from NRDC Books, Box 42888, Tucson, AZ 85733 at the following prices, plus 75 cents per book shipping: Certified Courses-\$1.95, Age Records-\$3.95, Rankings-\$5.95, and Marathoners-\$9.95. The Certified Courses book is available now, Age Records and Rankings will be available in April and Marathoners in June.

## LATE FLASH!

John Gilmour of Perth, Australia, who set four world records in the 3rd World Veteran's Championships in 1979, is still at it. In the Australian Veterans Championships in Adelaide April 6, he broke his own 800 meter world mark for men 60-64 of 2:19.3 by a full second in 2:18.2. He then broke his 5000 record of 16:54.9 with a 16:53.0. Details of the Australian meet next month.

## National 15KM continued from page 1

Winner of the 60-64 division was no surprise to race director Carole Langenbach. "Frank Grey doesn't even look 50, and now he's beating the 55 year olds at age 60," she commented. His time of 60:41 earned him 44th overall, over 2 minutes ahead of 55-59 winner Anders Jacobsen of Seattle's Club Northwest.

Ruth Anderson always adds class to any event, and in this one she led her team of Northern Cal. Seniors by winning the 50-54 division in 1:03:12. If the course is certified by the National Running Data Center, her time breaks the pending mark of 1:03:57, set by Margaret Miller in 1979. "It was a very well run race," said Anderson. Team-mate Martha Maricle topped the 45-49 women in 1:06:11, just one place ahead of Mary Storey, 55, from Riverside, CA. Storey broke the women's 55-59 mark by over 9 minutes in 1:06:13, lowering Els Tuinzing's 1978 time of 1:15:25.

The men's 70 up division was won by none other than STC's Norman Bright, holder of numerous age records and recipient of runners' esteem everywhere, especially now that his 2-year-old blindness has not stopped him from competing internationally. His 1:12:37 clocking was nearly a minute ahead of the 65-69 victor Jerry Satterlee of Seattle. Josephine Hess of Selah, WA won the women's 60+ division in 1:18:31, 9 minutes faster than the old standard of 1:27:00.

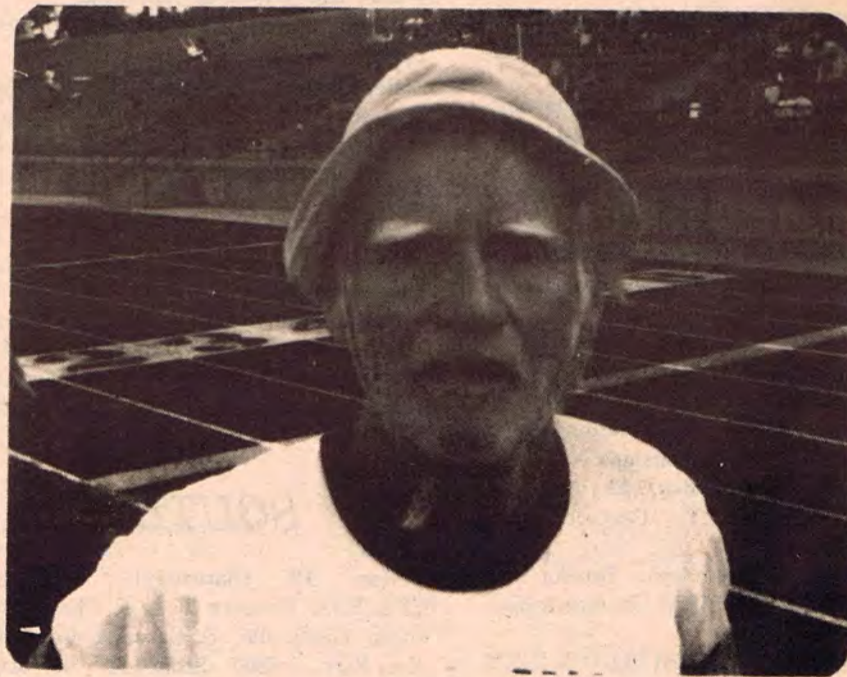
The team competition proved less "national" as the only team entered from outside the Seattle area was the Northern Cal. Seniors Track Club. The host club, Snohomish TC of Seattle, won the men's 40-49 in 4:16:58 (A team) followed by their B team in 4:36:44. Their C team suffered an upset as local club Sunrise Striders took 3rd in 4:56:34. The only 50+ teams entered were two from Snohomish TC with 5:10:26 and 6:11:30 respectively.

There were no 50+ women's teams entered, but the Seattle Track Club captured the 40-49 title in 3:10:43 (3 runners) followed by Northern Cal. Seniors in 3:15:46 and Seattle TC (B) in 4:05:45.

from Carole Langenbach

## RESULTS

|                          |         |
|--------------------------|---------|
| <b>Men 40-44:</b>        |         |
| 1. Dan Conway (41)       | 48:46.4 |
| 2. Dave Hambly (40)      | 49:08   |
| 3. Sal Vasquez (40)      | 49:23   |
| 4. John Brennand (44)    | 49:53   |
| 5. Ray Hughes            | 50:23   |
| <b>Men 45-49:</b>        |         |
| 1. Derek Mahaffey (45)   | 52:00   |
| 2. James Baggett (45)    | 55:48   |
| 3. Keith Baker (45)      | 56:40   |
| 4. Jim Ganley (47)       | 57:05   |
| 5. Robert Hunt (49)      | 57:22   |
| <b>Men 50-54:</b>        |         |
| 1. Howard Miller (53)    | 57:38   |
| 2. George Lundin (50)    | 1:00:17 |
| 3. Robert Phelps (54)    | 1:00:25 |
| 4. Jack Herring          | 1:01:10 |
| <b>Men 55-59:</b>        |         |
| 1. Anders Jacobsen (55)  | 1:03:07 |
| 2. Norman Clark (55)     | 1:03:23 |
| 3. Paul Smith (58)       | 1:05:06 |
| <b>Men 60-64:</b>        |         |
| 1. Frank Grey (60)       | 1:00:41 |
| 2. Victor Harkoff (61)   | 1:06:47 |
| 3. Lynn Brown (61)       | 1:07:41 |
| <b>Mens 65-69:</b>       |         |
| 1. Jerry Satterlee (65)  | 1:13:27 |
| 2. Eugene Hess (68)      | 1:20:57 |
| 3. Herbert Miller (68)   | 1:21:37 |
| <b>Men 70+:</b>          |         |
| 1. Norman Bright (70)    | 1:12:37 |
| <b>Women 40-44:</b>      |         |
| 1. Sandra Kiddy (43)     | 59:05   |
| 2. Judy Groombridge (40) | 60:23   |
| 3. Anne Vanderhoff (42)  | 63:26   |
| <b>Women 45-49:</b>      |         |
| 1. Martha Maricle (46)   | 1:06:11 |
| 2. Ruth Waters (46)      | 1:07:24 |
| 3. Pat Lunneborg (46)    | 1:16:39 |
| <b>Women 50-54:</b>      |         |
| 1. Ruth Anderson (50)    | 1:03:12 |
| 2. Nola Bruhn (51)       | 1:11:03 |
| 3. Tami Mitsue (50)      | 1:22:27 |



Norm Bright, winner of 70+ Division of 1980 National Masters 15KM Run in Seattle.

# Lincoln Track Club Indoor Champs

Lincoln, Nebraska. March 9, 1980.  
60 Yard Dash

|                    |      |
|--------------------|------|
| [30-39]            |      |
| 1. George Anderson | 6.62 |
| [40-49]            |      |
| 1. Bob Warren      | 6.86 |
| [50 & Over]        |      |
| 1. Alex Pappas     | 7.35 |
| [Women]            |      |
| 1. Elaine Holmberg | 9.70 |

### Mile Run

|                         |        |
|-------------------------|--------|
| [30-39]                 |        |
| 1. Robert Tegtmeier     | 4:50.0 |
| [40-49]                 |        |
| 1. Bob Elwood           | 5:00.1 |
| [50 & Over]             |        |
| 1. David Van Herverbeke | 6:14.0 |
| [Women]                 |        |
| 1. Elaine Holmberg      | 7:37.0 |

### 60 Yard Hurdles

|                   |      |
|-------------------|------|
| [30-39]           |      |
| 1. Ron Haubold    | 7.97 |
| [40-49]           |      |
| 1. Bob Warren     | 7.92 |
| [50-59]           |      |
| 1. Jerry Reichart | 9.66 |

### 300 Yard Dash

|                |      |
|----------------|------|
| [30-39]        |      |
| 1. Tom Bassett | 34.4 |
| [40-49]        |      |
| 1. Bob Warren  | 36.8 |
| [50 & Over]    |      |
| 1. Alex Pappas | 40.0 |

### Two Mile Run

|                        |         |
|------------------------|---------|
| [30-39]                |         |
| 1. Robert Tegtmeier    | 10:26.9 |
| [40-49]                |         |
| 1. Jim Hershberger     | 10:32.4 |
| [50-59]                |         |
| 1. David Van Haverbeke | 12:31.0 |

### 600 Yard Dash

|                    |        |
|--------------------|--------|
| [19-29] Pentathlon |        |
| 1. Mike Ulmer      | 1:21.2 |
| [30-39]            |        |
| 1. Jerry Nott      | 1:22.8 |
| [40-49]            |        |
| 1. Dick Whitcomb   | 1:40.5 |
| [50 & Over]        |        |
| 1. Alex Pappas     | 1:40.6 |

### Shot Put

|                   |          |
|-------------------|----------|
| [30-39]           |          |
| 1. Lynn Senkbiel  | 48-6     |
| [40-49]           |          |
| 1. Bob Warren     | 46-4 1/2 |
| [50 & Over]       |          |
| 1. Jerry Reichart | 44-3 1/2 |

### Long Jump

|                |          |
|----------------|----------|
| [30-39]        |          |
| 1. Ron Haubold | 21-9     |
| [40-49]        |          |
| 1. Bob Warren  | 19-3 1/2 |
| [50 & Over]    |          |
| 1. J.C. Brown  | 16-6 1/4 |

### High Jump

|                 |     |
|-----------------|-----|
| [30-39]         |     |
| 1. Bob Rutledge | 5-4 |
| [50 & Over]     |     |
| 1. J.C. Brown   | 5-6 |

### Pentathlon

|                   |       |
|-------------------|-------|
| [30-39]           |       |
| 1. Ron Haubold    | 3,102 |
| [50 & Over]       |       |
| 1. Jerry Reichart | 1,667 |

## MOVING?

National Masters Newsletter is mailed third class bulk rate and is not forwardable. When you move please let us know at least 3 weeks in advance.

# Mueller, Stabler, Cullen Win National 30KM

ALBANY, N.Y., March 23. Fritz Mueller led the Masters men and Mary Cullen the Women in the National Masters 30 kilometer championships today, run as part of the 7th annual Albany-to-Schenectady Choppathon.

Ed Stabler of Syracuse, N.Y. set a new men's age 50+ mark of 1:44:59, breaking Jim O'Neil's 1978 record of 1:51:43 by nearly 8 minutes.

Stabler, Mueller, Bob Boal, Lou Gregory, and Toshiko d'Elia successfully defended their 1979 national championships.

Mueller missed Hal Higdon's age 40-44 record by only 5 seconds in 1:40:57. Ken Mueller finished 2 minutes behind with Art Guerra 3rd in 1:46:50.

Cullen captured women's 40-44 honors in 2:10:38.

Led by Mueller, the Central Park Track club won the men's 40+ team title. The Potomac Valley Seniors won the 50+ crown.

### RESULTS

|                   |         |
|-------------------|---------|
| <b>Men 40-44:</b> |         |
| 1. F. Mueller     | 1:40:57 |
| 2. K. Mueller     | 1:42:57 |
| 3. A. Guerra      | 1:46:50 |

|                   |         |
|-------------------|---------|
| <b>Men 45-49:</b> |         |
| 1. B. Brock       | 1:50:13 |
| 2. J. Sullivan    | 1:51:57 |
| 3. J. Johnston    | 1:53:53 |

|                   |         |
|-------------------|---------|
| <b>Men 50-54:</b> |         |
| 1. F. Stabler     | 1:44:59 |
| 2. H. Chisholm    | 1:47:24 |
| 3. D. Dixon       | 1:50:59 |

|                   |         |
|-------------------|---------|
| <b>Men 55-59:</b> |         |
| 1. D. McWilliams  | 2:07:52 |
| 2. R. Rogan       | 2:09:39 |
| 3. C. Iocolano    | 2:13:11 |

|                   |         |
|-------------------|---------|
| <b>Men 60-64:</b> |         |
| 1. R. Shatzberg   | 2:11:48 |
| 2. H. Greenberg   | 2:18:18 |
| 3. R. Williams    | 2:21:07 |

|                   |         |
|-------------------|---------|
| <b>Men 65-69:</b> |         |
| 1. R. Boal        | 2:18:58 |
| 2. B. Brabston    | 2:25:22 |

|                 |         |
|-----------------|---------|
| <b>Men 75+:</b> |         |
| 1. Lou Gregory  | 4:00:01 |

|                     |         |
|---------------------|---------|
| <b>Women 40-44:</b> |         |
| 1. M. Cullen        | 2:10:38 |
| 2. H. Bartee        | 2:11:54 |
| 3. W. Mack          | 2:22:04 |

|                     |         |
|---------------------|---------|
| <b>Women 45-49:</b> |         |
| 1. P. Heaton        | 2:17:18 |
| 2. M. Deckert       | 2:20:18 |
| 3. A. Stockman      | 2:28:21 |

|                     |         |
|---------------------|---------|
| <b>Women 50-54:</b> |         |
| 1. T. d'Elia        | 2:14:17 |

|                            |  |
|----------------------------|--|
| <b>Team Results: (40+)</b> |  |
| 1. Central Park TC         |  |

|            |         |
|------------|---------|
| F. Mueller | 1:40:57 |
| L. Duey    | 1:46:55 |
| S. Howard  | 1:49:00 |
| Total      | 5:16:52 |

|              |         |
|--------------|---------|
| 2. Boston AA |         |
| K. Mueller   | 1:42:57 |
| R. Pickering | 1:48:57 |
| W. Schwab    | 1:50:45 |
| Total        | 5:22:39 |

|               |         |
|---------------|---------|
| 3. Capital TC |         |
| L. Wilcox     | 1:47:11 |
| D. Wilken     | 1:47:32 |
| A. Urganhart  | 1:48:31 |

continued on next page.....

## ASOCIACION MEXICANA DE ATLETISMO

### 1980 NORTH AMERICAN MASTERS TRACK AND FIELD CHAMPIONSHIPS

Sponsored by the Mexican Olympic Committee, Mexican Track and Field Federation, Mexican Masters Athletic Association, House of Pedro Domecq and Hotel Miguel Angel.

Sanction: Mexican Track and Field Federation.

Site: Mexican Olympic Sports Center, Avenida del Conscripto y Anillo Periferico, Mexico City, Mexico 10, D.F.

Date: May 31 and June 1, 1980. Track: Tartan

Age Divisions: A(30-34) B(35-39) 1A(40-44) 1B(45-49) 2A(50-54)  
(Men) 2B(55-59) 3A(60-64) 3B(65-69) 4A(70+)

(Women) XA(30-39) XB(40-49) XC(50-59) XD(60-69)

Awards: Medals to first 3 places. Trophies will be awarded to the outstanding performer in each age group.

Banquet: Monday, June 2, 2:00pm, in Casa Pedro Domecq, Los Reyes, Estado de Mexico. There will be free transportation.

Rooms & meals: Mexican Olympic Sports Center, \$7.00 per day (3 meals) Towels and wash cloth not included.

Hotels: \$69 luxury to \$21 second class.

|             |            |         |        |        |            |
|-------------|------------|---------|--------|--------|------------|
| Implements: | Division   | Javelin | Discus | Shot   | Hurdles    |
|             | A & B      | 800 gm. | 2.0kg  | 16 lb. | 39HH, 36IH |
|             | 1A & 1B    | 800 gm. | 2.0kg  | 16 lb. | 36HH, 33IH |
|             | 2A & 2B    | 800 gm. | 1.6kg  | 12 lb. | 33HH, 30IH |
|             | 3A, 3B, 4A | 600 gm. | 1.0kg  | 8 lb.  | 30HH, 30IH |

Questions: Jose A. Tenreiro Rivero, Plaza de la Republica 7-602, Mexico 1, D.F. Telephone: 566-93-67 Area code no. 5. 566-72-17. Carlos Hernandez Brito, Avenida Veracruz No. 92-B, Mexico 7, D.F. 286-09-99 Area code no. 5.

### SATURDAY, MAY 31, 1980

| TIME  | EVENT              |
|-------|--------------------|
| 8:30  | 5000M Walk         |
| 9:15  | 10000M(50+)        |
| 10:15 | 10000M(30-49)      |
| 11:00 | 400M Prelims       |
| 11:30 | 400M Relay         |
| 12:00 | 800M Final         |
| 12:40 | Opening Ceremonies |
| 1:10  | 100M Prelims       |
| 2:00  | 110M Hurdles       |
| 3:00  | 400M Finals        |
| 4:00  | 100M Finals        |

### SUNDAY, JUNE 1, 1980

| TIME  | EVENT                                 |
|-------|---------------------------------------|
| 9:00  | 10000M Walk                           |
| 9:30  | 200M Prelims                          |
| 10:00 | 5000M (50+ & Women)                   |
| 10:30 | 5000M (40-49)                         |
| 11:00 | 400M Hurdles                          |
| 11:45 | 200M Finals                           |
| 1:05  | 1500M Finals                          |
| 2:00  | 3000M Steeplechase                    |
| 2:30  | 1600M Relay                           |
| 9- 1  | Discus, Pole Vault, Hammer, High Jump |
| 11- 2 | Javelin, Triple jump                  |
| 12- 4 | Shot Put, Long Jump                   |
| 3:00  | Closing Ceremonies                    |

Generally, events will start with women and go from the oldest to the youngest.

### 1980 NORTH AMERICAN MASTERS TRACK AND FIELD CHAMPIONSHIPS ENTRY FORM

Name \_\_\_\_\_ Age \_\_\_\_\_ Birthday \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Division \_\_\_\_\_

Events I am entering (List best performance in 1979-80):

### RELAY FORM:

Event \_\_\_\_\_ Division \_\_\_\_\_ Club \_\_\_\_\_

Names: 1. \_\_\_\_\_ 3. \_\_\_\_\_

2. \_\_\_\_\_ 4. \_\_\_\_\_

Alternates: 1. \_\_\_\_\_ 2. \_\_\_\_\_

Club Official \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### WAIVER FOR ALL EVENTS:

In consideration of the right to participate in the 1980 North American Masters Track and Field Championships, I do hereby, for myself, my heirs and executors, waive, release and forever discharge any and all claims for damages which I may have or which may hereafter accrue to me against the Mexican Olympic Committee, Mexican Track and Field Federation, Mexican Masters Athletic Association, House Pedro Domecq, Hotel Miguel Angel, Pepsi-Diet, Cia., Embotelladora Nacional, S.A., and Mexico City and any or all sponsors of the aforementioned championships. I further certify that I am in good physical condition and have trained for several months or have recently undergone a thorough physical exam by a certified medical doctor.

Date \_\_\_\_\_ Signed \_\_\_\_\_

I desire room and 3 meals per day at the Mexican Olympic Sports Center.

Enclosed is \$ \_\_\_\_\_ for \_\_\_\_\_ days. (\$7.00 per day)

Mail to: Mexican Masters Athletic Association, Plaza de la Republica 7-602, Mexico 1, D.F.

**National 30KM**  
continued from page 5

|                            |         |
|----------------------------|---------|
| Total                      | 5:23:14 |
| <b>Team Results: (50+)</b> |         |
| 1. Potomac Valley Seniors  |         |
| H. Chisholm                | 1:47:24 |
| T. Diamond                 | 1:58:20 |
| G. Coleman                 | 1:58:08 |
| Total                      | 5:43:52 |
| 2. Millrose AC             |         |
| J. Terry                   | 2:00:02 |
| R. Schatzberg              | 2:11:48 |
| J. Burns                   | 2:20:19 |
| Total                      | 6:23:09 |
| 3. Capital TC              |         |
| C. Christian               | 2:09:42 |
| T. Grenda                  | 2:21:56 |
| B. Shrader                 | 2:53:14 |
| Total                      | 7:24:52 |

**Davies Wins British Veterans Cross-Country Championships**

from Wilf Morgan

WOLVERHAMPTON, England, March 9. World Veterans Steeplechase Champion Tecwyn Davies topped all finishers in the British National Veterans Cross-Country Championships today in 29:21 over a 6-mile, 4-lap course in mild weather.

Four hundred men and 37 women finished, the women running 3 miles.

D. Lawson was the 1st 45+ finisher in 30:34, while G. Rhodes led the 50+ runners in 32:19.

Times were remarkably fast by any standard.

**RESULTS**

|                               |       |
|-------------------------------|-------|
| <b>Mens 40-49:</b>            |       |
| 1. T. Davies (Aldershot)      | 29:21 |
| 2. M. Turner (Liverpool H.)   | 29:33 |
| 3. S. James (N.V.A.C.)        | 29:42 |
| 4. J. O'Brien (Bridgend YMCA) | 29:50 |
| 5. H. Kelly (E. Cheshire)     | 29:55 |

|                                |       |
|--------------------------------|-------|
| <b>Mens 45-49:</b>             |       |
| 1. D. Lawson (Bingley)         | 30:34 |
| 2. D. Case (Ealing & S)        | 31:09 |
| 3. J. Oliver (Cambridge)       | 31:15 |
| 4. M. Barratt (Ealing & S)     | 31:24 |
| 5. M. Morrell (Wirral)         | 31:54 |
| <b>Mens 50-54:</b>             |       |
| 1. G. Rhodes (Newcastle)       | 32:19 |
| 2. E. Kirkup (Rotherham)       | 32:40 |
| 3. C. Simpson (Small Heath)    | 32:48 |
| 4. R. Franklin (T.V.H.)        | 33:12 |
| 5. S. Charlton (T.V.H.)        | 33:24 |
| <b>Mens 55-59:</b>             |       |
| 1. E. Nicholls (Broms & Redd)  | 33:44 |
| 2. P. Wallace (Newport)        | 34:40 |
| 3. J. Brent-Jones (Salisbury)  | 35:07 |
| 4. K. Hall (Wirral)            | 35:13 |
| 5. W. Brown (E. Cheshire)      | 35:30 |
| <b>Mens 60-64:</b>             |       |
| 1. N. Ashcroft (N.V.A.C.)      | 38:07 |
| 2. D. Blyth (Cambridge & C)    | 38:49 |
| 3. J. Snelson (MacClesfield)   | 39:27 |
| <b>Mens 65-69:</b>             |       |
| 1. A. Whitehead (Lauriston)    | 39:57 |
| 2. E. Wallace (Wirral)         | 40:31 |
| 3. W. Tyler (E. Kent)          | 41:10 |
| <b>Mens 70+:</b>               |       |
| 1. E. Harrison (Lincoln W)     | 45:59 |
| 2. W. Ross (Ryde H.)           | 47:07 |
| <b>Womens 35-39:</b>           |       |
| 1. B. Cushen (Mittham)         | 17:55 |
| 2. B. Robinson (Bury)          | 18:00 |
| 3. J. Kimber (Medway)          | 18:15 |
| <b>Womens 40-44:</b>           |       |
| 1. B. Brookes (W.V.A.C.)       | 18:11 |
| 2. C. Copple (Dartford)        | 19:14 |
| 3. B. Cook (Stafford)          | 19:16 |
| <b>Womens 45-49:</b>           |       |
| 1. H. Rider (Cambridge)        | 19:47 |
| 2. B. Smith (Kettering)        | 20:41 |
| 3. W. Manerfield (Hallamshire) | 21:57 |
| <b>Over 50 Team Results:</b>   |       |
| 1. Thames Valley               | 39    |
| 2. Small Heath                 | 42    |
| 3. Rotherham                   | 42    |
| 4. Clayton Le Moors            | 87    |
| 5. Cambridge H.                | 87    |
| 6. East Cheshire H.            | 93    |
| <b>Womens Team Results:</b>    |       |
| 1. Cambridge H.                | 49    |
| 2. Trowbridge A.C.             | 55    |
| 3. Hallamshire H.              | 73    |
| 4. Halesowen A. & C.C.         | 98    |
| 5. Carlton Forum               | 99    |

**110 Masters Compete In Sacramento Relays**

by Bob Roemer

SACRAMENTO, April 5. Rain prevented any dazzling performances during morning competition, but it cleared out by noon permitting the 21st Sacramento Relays to go into the record book as an unqualified success.

It was the meet's maiden run as a fully integrated collegiate-masters track and field meet.

Masters and submasters fielded teams in all seven standard relay races and put eight teams on the track for the finale—a mixed-age, mixed-sex, handicap, medley relay.

Among world class marks were a javelin throw of 180 feet, 11 inches by Spencer Letcher, 48, Berkeley, and a 4 foot 6 inch high jump by 65-year-old Jim McCarthy of Sacramento.

Jim O'Neil, 54, of suburban Rocklin, top over-50 distance runner in the country, won the 5,000 meters in 16:26.

The man who made this an international meet, Jan Versteeg of Vancouver, B.C., took two first prizes back to Canada. Competing in the 50-59 category, Versteeg won the hammer (132-7) and the shot (38-10 1/2).

The Southern California Striders and West Valley Track Club waged some exciting battles in the relays. The classic, perhaps, was the sprint medley, won by Hilliard Sumner's Striders in 3:36.0 to West Valley's 3:36.4.

A pair of 40-49 sprinters topped all comers in the 100 meters. Lewis Smith of Los Angeles and Bill Knocke of Sacramento were clocked 1-2 in 11.5, a tenth of a second ahead of Clarence Corbin's submaster time and three tenths faster than the winner in the college-open class.

And, that wild windup relay race: Carnine's Canines won it in 4:21 (net 4:11, with 10-second handicap based on total ages). Captain Ken Carnine, 72, led off with a 32-second 220, Ed Mahany, 49, ran the 330 leg in 2:30, Bob Roemer, 54, logged the second 220 in 25 and Mike Ackley, 35, anchored with a 54-second 440.

|                     |                |
|---------------------|----------------|
| <b>10,000 METER</b> |                |
| <b>Mens 30-39:</b>  |                |
| 1. Fred Forsburg    | 32:23.3        |
| 2. Roger Scott      | 33:53          |
| 3. Frank Krebs      | 34:18.2        |
| <b>Mens 40-49:</b>  |                |
| 1. Wayne Meyer      | 36:33          |
| 2. Ken Schwisow     | 37:01          |
| 3. Bill Beckwith    | 37:28          |
| <b>HIGH JUMP</b>    |                |
| <b>Mens 40-49:</b>  |                |
| 1. Dick Hotchkiss   | 1.71 (5-8)     |
| 2. Mike Destafano   | 1.68 (5-6)     |
| 3. Don Rose         | 1.63 (5-4)     |
| <b>Mens 60-69:</b>  |                |
| 1. Jim McCarthy     | 1.37 (4-6)     |
| <b>DISCUS</b>       |                |
| <b>Mens 30-39:</b>  |                |
| 1. Bill Henderson   | 44.18 (144-11) |
| 2. Bill Wooten      | 33.98 (111-6)  |
| 3. Jerry Eibert     | 33.50 (109-11) |
| <b>Mens 40-49:</b>  |                |
| 1. Spender Letcher  | 33.20 (108-11) |
| 2. Ray Fitzhugh     | 27.23 (89-4)   |

|                                 |                   |
|---------------------------------|-------------------|
| 3. Henry Tollette               | 25.12 (82-5)      |
| <b>Mens 50-59:</b>              |                   |
| 1. Bob Stone                    | 33.42 (109-9)     |
| 2. Jan Versteeg                 | 23.22 (105-8)     |
| 3. Roy Wigginton                | 29.64 (97-3)      |
| <b>Mens 60-69:</b>              |                   |
| 1. Jim York                     | 34.18 (112-2)     |
| 2. Jim McCarthy                 | 34.06 (111-9)     |
| <b>Mens 70+:</b>                |                   |
| 1. Ken Cainine                  | 32.94 (108-1)     |
| 2. Lester Williams              | 25.02 (32-1)      |
| <b>HAMMER</b>                   |                   |
| <b>Mens 50-54:</b>              |                   |
| 1. Jan Versteeg                 | 40.41 (132-7)     |
| 2. Bob Stone                    | 32.84 (107-9)     |
| <b>Mens 60-69:</b>              |                   |
| 1. Jim York                     | 35.10 (115-2)     |
| <b>Mens 70-79:</b>              |                   |
| 1. Bob Ulsh                     | 24.74 (81-2)      |
| <b>FOUR MILE RELAY</b>          |                   |
| <b>Mens 30-39:</b>              |                   |
| 1. Gold Chips                   | 19:46.7           |
| 2. Buffalo Chips                | 20:11.6           |
| 3. Pina's Hyenas                | 21:19.4           |
| <b>Mens 40-49:</b>              |                   |
| 1. Phillips Phliers             |                   |
| 2. Ophir Prison                 | 23:33.0           |
| <b>SPRINT MEDLEY RELAY</b>      |                   |
| <b>Mens 30+:</b>                |                   |
| 1. So. California Striders      | 3:36              |
| 2. West Valley Track Club       | 3:36.4            |
| 3. Joe Grippio's Group          | 4:00.8            |
| <b>3000 METER STEEPLECHASE</b>  |                   |
| <b>Mens 40+:</b>                |                   |
| 1. Kent Guthrie                 | 10:38             |
| <b>LONG JUMP</b>                |                   |
| <b>Mens 30-39:</b>              |                   |
| 1. Carl Flowers(Northrdg)       | 6.56 (21-6 1/4)   |
| 2. Miguel Ucovich(Rocklin)      | 5.61 (18-1 1/2)   |
| <b>Mens 40-49:</b>              |                   |
| 1. K. Walker(Redwd. C.)         | 5.83 (19-1 1/2)   |
| 3. Ed Mahany(Roseville)         | 5.14 (16-10 1/2)  |
| <b>Mens 50-59:</b>              |                   |
| 1. Jim Johnson(Millbrae)        | 4.93 (16-2)       |
| 2. Bob Roemer(El Dor. H.)       | 4.88 (16-0)       |
| <b>JAVELIN</b>                  |                   |
| <b>Womens 30-39:</b>            |                   |
| 1. Jan Henderson                | 15.20 (49-10 1/2) |
| <b>Mens 30-39:</b>              |                   |
| 1. Bill Wooten                  | 51.66 (169-6)     |
| 2. Jerry Eibert                 | 28.34 (92-11 1/2) |
| <b>Mens 40-49:</b>              |                   |
| 1. Spencer Letcher              | 55.13 (180-11)    |
| 2. Don Rose                     | 43.64 (143-2)     |
| 3. Ed Phillips                  | 40.96 (134.5)     |
| <b>Mens 50-59:</b>              |                   |
| 1. Bob Roemer                   | 36.16 (118-8)     |
| 2. Bob Stone                    | 32.85 (107-9)     |
| 3. Roy Wigginton                | 31.91 (104-8)     |
| <b>880 YARD RELAY</b>           |                   |
| <b>Mens 30-39:</b>              |                   |
| 1. West Valley A Team           | 1:33.1            |
| 2. Southern California STriders | 1:33.8            |
| <b>Mens 40-49:</b>              |                   |
| 1. N. California A Team         | 1:39.4            |
| 2. Joe Grippio's Group          | 1:44.8            |
| <b>SHOT PUT</b>                 |                   |
| <b>Mens 30-39:</b>              |                   |
| 1. Bill Wooten                  | 11.97 (39-3 1/2)  |
| 2. Jerry Eibert                 | 9.72 (31-11)      |
| <b>Mens 40-49:</b>              |                   |
| 1. Dick Hotchkiss               | 12.10 (39-8 1/2)  |
| 2. Spencer Letcher              | 11.05 (36-3 1/2)  |
| 3. Ray Fitzhugh                 | 8.5 (27-10 1/2)   |
| <b>Mens 50-59:</b>              |                   |
| 1. Jan Versteeg                 | 11.85 (38-10 1/2) |
| 2. Ryan Polstra                 | 10.78 (35-4 1/2)  |
| 3. Jim Budge                    | 10.77 (35.4)      |

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# U.S. National Masters Newsletter

Special 9-page supplement on:

## 1981 WORLD VETERAN'S ATHLETIC GAMES and ROAD RACE CHAMPIONSHIPS IN NEW ZEALAND

8 MONTHS TO GO:

### COUNTDOWN TO NEW ZEALAND

by Al Sheahan

Pete Mundle and I flew to New Zealand March 26 as the guests of Air New Zealand to visit the facilities in Christchurch where the 4th World Veteran Athletic Games will be held in January, 1981.

We received superb treatment in the first-class section on the 27-hour, delayed, DC-10 flight with stops in Honolulu, Fiji and Auckland. (The return flights took only 16 hours)

You gain 4 hours as you fly west. When it's 8 p.m. in Los Angeles, it's 4 pm in New Zealand. But you also "lose" a day as you cross the international date line just west of Hawaii. So we left on Wednesday and arrived on what was



John MacDonald, President of 1981 World Veteran's Games

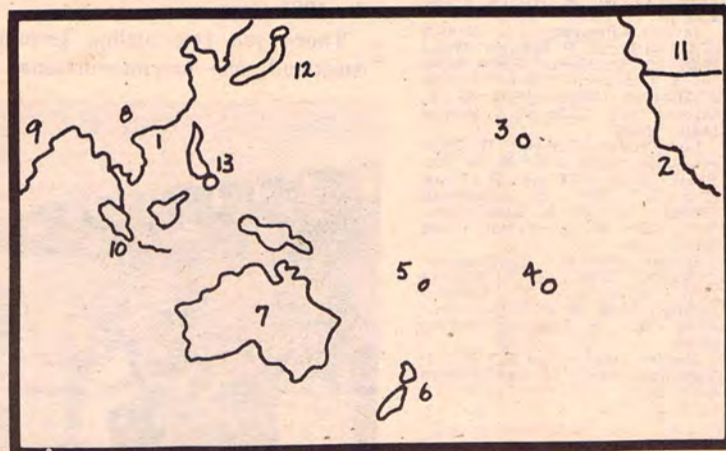
The country is 1000 miles long and 150 miles wide at its widest point. It ranges from 34 to 47 degrees south latitude. It's composed of two separate islands, separated by a ferry-boat ride across the Cook Straits.

Auckland is the largest city in New Zealand--850,000 people--and is located on the north island. Christchurch is the 2nd largest city--360,000--located on the south island at 44 degrees latitude, the

same as Eugene, Oregon or Portland, Maine.

The two cities are about an hour's flight away, about the same as Los Angeles and San Francisco. In between is the capitol, Wellington, almost as big as Christchurch. Seventy miles north of Wellington is Palmerston North, site of the 14th World Veteran's Road Racing

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- |               |               |              |                |
|---------------|---------------|--------------|----------------|
| 1 Hong Kong   | 5 Fiji        | 8 China      | 11 Canada      |
| 2 Los Angeles | 6 New Zealand | 9 India      | 12 Japan       |
| 3 Hawaii      | 7 Australia   | 10 Indonesia | 13 Phillipines |
| 4 Tahiti      |               |              |                |

### Outlook For World Games

by Pete Mundle

While in New Zealand recently an attempt was made to gather pertinent facts about New Zealand and the upcoming World Veterans Games there that would interest the visiting athletes.

For those interested in the World Veterans ten and twenty-five kilometer road racing championships in Palmerston North preceding the Games, the course will be a five kilometer flat loop course. The ten kilometer will be run at 10 a.m. on Saturday, January 3 and the twenty-five kilometer the next day at 9 a.m. There will be accommodations close to the course but it is advised that one should make reservations early. There will be exciting festivities arranged the week of the meet such as garden parties, native Mauri meals, etc.

At the World Games, competition will be staged on a very fast 8 lane Chevron track. There will be Chevron runups for

**What:** The Fourth World Veterans (or Masters) Athletics Championships...a track and field sporting event for men over 40 and women over 35.

**When:** January 1981 when the northern hemisphere will be in the grip of winter but it will be high summer in New Zealand.

**Where:** At the Queen Elizabeth II Stadium in Christchurch, the main city in New Zealand's spectacular South Island.

#### Miles from Christchurch to:

|             |       |
|-------------|-------|
| Auckland    | 464   |
| Sydney      | 1329  |
| Fiji        | 1804  |
| Tahiti      | 2902  |
| Honolulu    | 4880  |
| Hong Hong   | 5977  |
| Los Angeles | 7157  |
| New York    | 9900  |
| London      | 12000 |

Thursday in Los Angeles but Friday in New Zealand. Keep that in mind when you go next January.

New Zealand is more south of the U.S. than west. It is nowhere near China, which is 8 time zones west of California. New Zealand is 4 zones west, then straight south. Moral: don't plan to go to China on this trip unless you have lots of time and money.

the jumps and the javelin and concrete surfaces for the weight events. Just outside the stadium a 400 meter grass track will be laid out on a soccer field. This track will be used for some of the five and ten kilometer races and some of the heats of the shorter running events. This will be the case if the expected number of entrants is 3000. If

continued on page 8....

# Robinson and MacDonalds Star in New Zealand Championships

CHRISTCHURCH, New Zealand, March 29-30. Roger Robinson and the MacDonald brothers ran to outstanding triumphs in the New Zealand Veterans Track and Field Championships this weekend at Queen Elizabeth II Park.

"A splendid double," the *Christchurch Press* headlined Robinson's wins in the 5000 and 10,000 meter runs in the age 40-44 competition. Robinson clocked 15:10.3 and 33:40.0, respectively.

"I took it fairly quietly in the 10,000," Robinson said. "I had to work fairly hard in the 5000 and it was very hot out there today."

John MacDonald, gold medalist in the 10,000 at the 3rd World Veterans Championships in Hannover, Germany in 1979, won the 5000 in an exceptional 15:30.3 and the 10,000 in 33:15.4 in the 45-49 division.

His twin brother Jim won the 800 in 2:06.8 and the 1500 in a sensational 4:06.0, only 2.8 seconds off the world record set by Piet Major of Holland in Gothenburg in 1977.

Jim also won the 3000 steeplechase in 10:07, and took 2nd to his brother in the 5000 in 15:38.9. it was one of the few times the brothers have ever faced each other in competition. Usually, John runs the longer distances while Jim opts for the shorter events.

World medalists Judy Chandler and Derek Turnbull easily won their events, Chandler taking the women's 40-44 400, 800 and 1500, while Turnbull won the men's 50-54 800 in 2:10.8, 1500 in 4:21.7 and 5000 in 16:32.5. Arthur Grayburn threw the javelin 48.66, (159-7) farther than anyone else in any age category, to win his 50-54 competition.

The gold medal winner in the six miles at the 1950 Commonwealth Games, Harold Nelson, won the 55-59 steeplechase in 13:00.5.

The 1954 Commonwealth Games representative, Jim Daly won the 800 and 1500 in the 55-59 grade. Former rugby star Bruce McPhail won the 40-44 100 in 11.73, 200 in 24.36 and 400 in 54.52, and won the high jump and long jump.

Outlook for World Games continued from page 7

as few as 2000 enter (which is more likely) then all events will be staged in the main stadium. Women and men will share the same venues (ie. the women will not be shunted off to some isolated stadium).

There will be an electronic scoreboard and an electronic photo timer will be used to record the times. Also a computer linkup will be incorporated which will speed up the result summaries.

The marathon, cross country races and the walks will start near or in the stadium and will follow a flat and beautiful course through the surrounding area. And in fact it will be possible for the spectators to watch the stadium events and the above events outside the stadium at the same time from the top seats of the stadium (a very nice feature). The stadium has a covered area which holds 7000 people and includes an olympic size swimming pool, squash courts, and small restaurant and small changing room with showers.

The implement heights and weights will be the same as those at Hannover which unfortunately means that the very unpopular hurdle spacing for the 110 meter hurdles for the over 50 races will be the non-standard shorter distance. It was decided to change the event schedule from past world games. As before all 10,000 meter races will be run on the first day of competition and the 5000 meters on the last two competition days. Each of the other events will spread out over all the days depending on the division. An event such as the 1500 meters will not be run on the same day for all divisions. Division 1a might run it on the second day and division 2b on the last day. This might play havoc with anyone trying to compete in three or more events in some divisions. It was thought that this would make the meet more interesting with a variety of events

instead of the same event one after another all day.

The University of Canterbury dorms where some of the athletes will stay, has 1000 beds (all single rooms) and a convenient cafeteria where breakfast and dinner will be served to all residents, at no charge, to all residents at specified hours. The university has a huge playing area where athletes can run or practice their events. There is also a grass track with jumping and throwing areas (Chevron runups) which is rated as the best in the southern hemisphere. The meet headquarters will be here.

There is free health and medical service to visitors should anyone need such services. 230 volt alternating current is provided through outlets using three prong plugs. So an adaptor must be used to convert it for shaver use (this is provided in some motels and hotels). Shops close early in New Zealand. It is difficult to find a corner store or drugstore open after 5 p.m. On Sundays all shops are closed. No tipping is done in New Zealand. Waiters are told not to accept tips from customers.

A track meet will be set up in Invercargill (on the southern tip of New Zealand) a week after the games for those athletes still in the area.

Al Sheahan and I got a chance to test out the Christchurch track while competing in their veterans championships. It is really a super track surface that seems to propel one along. Al incidently is now the New Zealand 400 meter hurdle champion as he won his event by thirty yards. I came in second in the ten thousand meter race.

It was a very pleasant trip filled with memories of a very friendly people. We didn't see the spectacular Alps because of our short stay but it is a must on anyone's itinerary. The Alps and the forests below with their lakes on the South Island contain some of the most breathtaking and awe inspiring scenes in the world. We hope to share this with you come January 1981.

## Countdown to New Zealand

Championships, which will be held January 3-4, a few days before the Christchurch Games get under way.

We were met in Auckland by Bill Davies, the energetic, promotion-minded group tour manager of Air New Zealand. Davies was one of the driving forces behind New Zealand's winning the 1981 Games.

There are two airline terminals in Auckland, one for international flights

continued from page 7

and one for domestic. So when you land in Auckland, you'll take a 5-minute bus ride over to the other terminal for the flight to Palmerston North or Christchurch.

New Zealand has a population of 3 million, even though it's about the same size as California, which has 23 million. It has 60 million sheep. The Pacific Ocean is on the east. The Tasman Sea is on the west. Across that and to the north is Australia. To the south are the snow and ice of Anarctica.

The first impression of the country is that it is very green and very flat. To the west of Christchurch is the lush, green, flat Canterbury plain. But farther west is the majestic, 13,000-foot Mount Cook. On the west coast are five major glaciers which move up to 18" a day.

Christchurch covers as much area as the San Fernando Valley, which houses over a million people. The tallest building, by law, is the downtown cathedral, which rises about 12 stories high. Physically, the city is very spread out.

# Results

### WOMEN

100m.—Pre-vet: C. Sole (Ingle), 12.93. 35: G. Rapley (Ingle), 14.64. 40: A. Horsnell (Tech), 13.17. 45: M. Peters (Nth Shore), 13.42. 50: B. Vine (Owai), 15.82. 65: Z. Pierce (Whang), 17.85.  
200m.—Pre-vet: C. Sole (Ingle), 26.32. 35: R. Patterson (Massey), 34.10. 40: A. Horsnell (Tech), 27.74. 45: M. Peters (Nth Shore), 28.91. 50: B. Vine (Owai), 33.22. 55: I. Lister (Marton), 41.72. 65: Z. Pierce (Whang), 39.20.  
400m.—Pre-vet: C. Sole (Ingle), 59.39. 35: P. Woolman (Oly), 66.53. 40: J. Chandler (Ham), 63.42. 45: J. Crisp (Owai), 73.49. 50: B. Vine (Owai), 75.0. 55: I. Lister (Marton), 94.5. 65: Z. Pierce (Whang), 93.0.  
800m.—Pre-vet: C. Sole (Ingle), 2:29.8. 35: P. Woolman (Oly), 2:31.7. 40: J. Chandler (Ham), 2:30.43. 45: J. Crisp (Owai), 2:50.7. 50: B. Vine (Owai), 2:57.2. 55: P. Spiers (Owai), 3:50.5.  
1500m.—Pre-vet: M. Benjamin (S.C.), 4:52.3. 35: P. Woolman (Oly), 5:22.6. 40: J. Chandler (Ham), 5:20.1. 45: J. Miles (Oly), 5:32.5. 50: B. Vine (Owai), 5:57. 55: P. Spiers (Owai), 7:33.  
3000m.—Pre-vet: M. Benjamin (S.C.), 10:59.3. 35: J. Savage (Ham), 12:9.8. 40: P. Rhodes (Oly), 11:33.6. 45: J. Miles (Oly), 11:42.3. 50: A. Olsen (Cav), 13:59. 55: P. Spiers (Owai), 15:44.1.  
100m hurdles.—Pre-vet: C. Sole (Ingle), 15.58. 40: A. McIntosh (Massey), 13.25. 50: B. Vine (Owai), 19.25.  
Shot.—Pre-vet: S. Mene (Tec), 37.70. 35: G. Rapley (Ingle), 19.78. 40: B. Turbott (T.H.), 23.70. 45: I. Bishop (Tec), 17.96. 50: A. Williams (Whang), 13.48. 55: I. Lister (Marton), 11.80.  
High jump.—Pre-vet: C. Sole (T.H.), 1.36. 45: I. Bishop (Tec), 1.18. 50: B. Vone (Owai), 1.10.  
Long jump.—Pre-vet: C. Sole (Ingle), 3.05. 35: G. Rapley (Ingle), 4.19. 40: A. McIntosh (Massey), 4.79. 45: I. Bishop (Tec), 3.98. 55: P. Spiers (Owai), 2.09.  
Discus.—Pre-vet: S. Mene (Tec), 40.20. 35: G. Rapley (Ingle), 25.44. 40: V. Hood (Tec), 31.62. 45: I. Bishop (Tec), 21.62. 50: B. Vine (Owai), 18.26. 55: I. Lister (Marton), 13.24. 65: Z. Pierce (Whang), 10.58.

### MEN

4 x 100m relay.—Technical, 58.51. 1: Toc H. 62.13. 2: Inglewood, 69.20. 3.  
100m.—Pre-vet: R. Aumatagi (Tech), 11.6. 40: B. McPhail (Ash), 11.73. 45: J. Ward (T.H.), 12.67. 50: A. Hill (Ham), 12.29. 55: L. Francis (Carter), 14.92. 60: H. Cook (N.B.), 14.44. 65: D. Ross (Ash), 17.18. 70: G. De Bell (Ham), 13.78.  
200m.—Pre-vet: A. Tucker (H.S.O.B.), 23.59. 40: B. McPhail (Ash), 24.36. 45: J. D. Ward (T.H.), 28.73. 50: A. Hill (Ham), 25.4. 55: L. Francis (Nth Shore), 30.22. 60: H. Cook (N.B.), 30.02. 70: G. De Bell (Ham), 33.74.  
400m.—Pre-vet: A. Tucker (H.S.O.B.), 50.86. 40: B. McPhail (Ash), 54.52. 45: C. Courtney (Tec), 56.91. 50: A. Hill (Ham), 56.85. 55: H. Clarke (Owai), 67.33. 60: M. Bennie (Cant. Vet.), 67.23. 65: T. Bartlett (Whang), 94.06. 70: G. De Bell (Ham), 76.9.  
800m.—Pre-vet: M. Savage (Cant. U.), 2:6. 40: M. Earwaker (Ingle), 2:5.1. 45: J. D. MacDonald (Oly), 4:6. 55: J. Daly (Ham), 4:50.4. 40: V. Sykes (Chch), 4:16.3. 50: D. Turnbull (Inv), 4:21.7. 60: B. Evans (Chch), 5:6.6. 65: W. Nelmes (Owai), 5:33.9. 70: J. Jamieson (Owai), 6:22.4.  
5000m.—Pre-vet: B. Taylor (Cant), 15:40.0. 40: R. Robinson (Vic. U.), 15:10.3. 45: J. K. MacDonald (Oly), 15:30.3. 50: D. Turnbull (Inv), 16:32.5. 55: G. Nelson (Chch), 18:06.0. 60: B. Evans (Owai), 19:41.5.  
10,000m.—Pre-vet: B. Atkins (Pap. Redwood), 33:56.3. 40: R. Robinson (Vic. Uni), 33:40.0. 45: J. K. MacDonald (Oly), 50: S. Gawler (Rotorua), 56:02.8. 55: J. Stuart (Ang), 40:18.2. 60: B. Evans (Chch), 38:41.7. 65: W. Nelmes (Owai), 43:46.6.  
110m hurdles.—45: A. Mahan (T.H.), 22.58. 50: J. Speerstra (Onc), 19.23.  
400m hurdles.—Pre-vet: E. Senior (Wint), 69.86. 40: H. Marquet (St. Mart), 77.93. 45: A. Sheehan (U.S.A.), 69.2.  
3000m steeplechase.—Pre-vet: A. Jones (Ingle), 11:29.8. 40: B. Kenny (Leith), 10:31.5. 45: J. D. MacDonald (Oly), 10.7. 50: S. Gawler (Rot.), 11:16. 55: H. Nelson (Nels), 12:00.5. 60: C. Green (Scott), 14:35.3.  
10,000m road walk.—40: M. Hinton (Nth Shore), 44:39.9. 45: P. Quested (Well. Marist), 49:46.2. 50: D. Cowie (St. P.), 62:55.5. 65: L. Collins (Eder), 62:56.8.  
Pole vault.—Pre-vet: B. Senior (Wint), 3.70. 45: K. Clearwater (Civ. Serv), 2.55.  
Shot.—Pre-vet: C. Freeman (H.S.O.B.), 11.57. 40: P. Hughes (Wpt), 8.57. 45: G. Lawless (Wang), 11.06. 50: C. Scott (One), 13.22. 60: G. Tait (Taka), 9.33. 65: N. Hawke (Ash), 9.90.  
Triple jump.—Pre-vet: K. Simpson (T.H.), 12.49. 40: P. Hughes (Wpt), 11.51. 45: J. Soar (Marl), 11.07. 50: P. Wells (Cant. Vet.), 9.49. 65: D. Ross (Ash), 7.44.  
Hammer.—Pre-vet: T. Fleming (Ash), 46.10. 40: P. Hughes (Wpt), 28.02. 45: R. Rose (Tec), 38.68. 50: D. Leech (Cant. Uni), 38.68. 60: G. Tait (Tak), 26.66. 65: N. Hawke (Ash), 25.12.  
High jump.—Pre-vet: A. Tucker (H.S.O.B.), 1.71. 40: B. McPhail (Ash), 1.56. 45: C. Keeble (Nelson), 1.56. 50: P. Wells (Cant. Vet.), 1.59. 60: R. Wilyrie (Tak), 1.15. 65: N. Hawke (Ash), 1.05.  
Javelin.—Pre-vet: I. Brown (T.H.), 44.96. 40: P. Hughes (Wpt), 39.80. 45: V. Marks (Kiwi), 44.74. 50: A. Grayburn (T.H.), 48.66. 55: J. Harding (Morn), 19.56. 60: R. Wilyrie (Tak), 22.38. 65: N. Hawke (Ash), 29.44.  
Long jump.—Pre-vet: W. Jowett (Cant. Vet.), 5.25. 40: B. McPhail (Ash), 6.23. 45: D. Ward (T.H.), 5.71. 50: F. Copeman (Frank), 3.89. 55: K. Kidd (Cant. Vet.), 3.86. 60: S. Taylor (Glen Eden), 3.78.  
Discus.—Pre-vet: C. Freeman (H.S.O.B.), 33.92. 40: P. Hughes (Wpt), 32.74. 45: G. Lawless (Wang), 37.38. 50: C. Scott (One), 39.68. 55: J. Harding (Morn), 18.98.  
Medley relay.—Toc H 1:48.3. 1: Hamilton 1:49.1. 2: Marlborough 2:2.7. 3.



Bill Davies, Arthur Grayburn, Don Chatterton at QE2.

continued on next page.....



We were the house guests of the very gracious John and Gillian MacDonald. John is the World Veteran's 10,000 meter champion in the 45-49 division. He is President of the 1981 World Games, and a professor of aerial photography at the University of Canterbury. There are hundreds of details in a meet of this magnitude, and MacDonald has overlooked few, if any.

The annual New Zealand Veterans Athletics Championships were being held in Christchurch March 29-30 at Queen Elizabeth II Park, the site of the 1981 World Games.

It is an outstanding facility. The track is bouncy and fast. A 50' by 26' electronic scoreboard flashes running time, entrants and results.

Officiating at the New Zealand Championships was excellent. Results were typed and mimeographed as the meet was in progress, and complete results were given to each competitor at the end of the second day.

No medals were given. "They're too expensive and everybody's got too many anyway," someone said. Each competitor was given a beautiful certificate, with his or her name drawn in Old English lettering, along with each event, time and place. Very nice.

At the World Games in 1981, medals WILL be given. In fact, MacDonald said they'll cost the committee \$8 each.

The meet was very friendly and low-key with much less pressure to win than in an American national championship. It had the flavor of a local 10K run. There were no losers. Those who finished up the track seemed to be enjoying themselves and were rightfully not embarrassed. A 10-year old, with wisdom beyond his years, best expressed the mature and compassionate nature of the New Zealander: "Doing your best and enjoying yourself are what matters."

The announcing at the meet could have been better. No introductions were given. No announcements were made as to which race was in progress. No commentary was every given on the running of a single race or field event. Even when an announcement was made, it was usually impossible to hear clearly.

"Something's been wrong with the P.A. system ever since they built this place," complained one veteran. "You can hear better when the stands are filled."

MacDonald promised a team of competent announcers--including bilingualists--for the World Games.

The games will be organized and staged by an all-volunteer crew of veteran New Zealand athletes. They're dedicated to the sport and will work long and hard to make the games a success. Ross Ferguson, for example, is selling his business to work virtually full-time on lining up sponsors for the meet.

Few of the events will be run in the usual time frame. The 1500, for example, will be run on one day for the 40-44 group, on another day for the 45-49's and on yet another day for the 50-54's. MacDonald said this would enhance interest for the spectators and wouldn't be confusing to the athletes.

Participants will pay \$6 for results to be mailed after the games. The program will be included in the entry fee of \$15 for the first event, \$5 for each additional event and \$6 to the World Association. The banquet might cost as little as \$10.

In order to complete the program, events will run under floodlight into the late evening hours as necessary.

A series of evening seminars will feature 1) running training with speakers such as Arthur Lydiard, Arch Jelley and other notable New Zealand trainers; 2) field event training; 3) sports medicine; 4) sports administration.

The legendary Peter Snell will compete as a veteran for the first time in the games. Snell has been studying and



Pete Mundle in 10,000 Meter Run at Christchurch

teaching at the University of California at Davis for several years, and has agreed to make his veteran's debut at the games. His presence, plus that of Gordon Pirie and other former Commonwealth champions, guarantees tremendous interest in the Championships by local citizens and media.

Being a smaller town, Christchurch will treat the Games as a major event, unlike the big cities of Toronto, Gothenburg and Hannover. Mayor Hamish Hay has promised the full support of the city.

Problems, however, will arise. The heights and distances of the hurdles will be the same as in Hannover, meaning the age 50+ competitors will stride 29 feet between hurdles, not 30 feet as normal. When asked why those standards were being used after all the complaints in Germany, MacDonald said: "That's what the World Veteran's Committee told us to use. It's too late to change now."

Competitors from South Africa will not be permitted to compete in the World Games as a team. They will probably be allowed to compete as individuals if no reference is made to South Africa on their jerseys, in the program, on the scoreboard or in the results. Club uniforms, rather than national jerseys, may be urged on all competitors.

"We might ask athlete to parade in the opening ceremony in age-groups, rather than in nation-groups," Davies said.

A few athletes complained they didn't know what was happening with arrangements. "I'd like to help out," said one Wellington veteran, "but the Christchurch people are running things and they don't tell me anything."

"There are a lot of personal rivalries here," admitted a Christchurch runner.

"What we needed," said an Auckland, "was a take-charge, business-oriented athlete with no axes to grind who had the time and ability to get everything done right. But there isn't any such person. Even if we had the budget to pay someone--which we don't--we'd still have problems."

About 600 people will be housed at the University of Canterbury in budget accommodations. These are single rooms, \$17 each, which includes breakfast, dinner and coffee and TV in the lounge.

Others will stay in motels scattered throughout the town. Organizers expect 2000-3000 competitors and their families.



Judy Chandler won 3 events in New Zealand Championships

The University is about 15 minutes driving time from the center of town. It's 20-25 minutes driving time from the stadium. The stadium is about 15 minutes from town. (Just imagine a triangle. The stadium is in the northeast corner of the city, close to the ocean. The University is west of the downtown area.)

Organizers said shuttle-bus transportation would be provided from the University to the stadium. They said discount bus passes may be available. Avis cars rent for about \$16 a day plus 20 cents a mile, less 10% discount for athletes. Gas is \$2.40 a gallon and you drive on the left side of the road, a la England.

A grass field at the University is ideal for training, and a track is nearby.

WEATHER. New Zealand weather is changeable. It rained every day but one during our stay. A cold wind blew late Saturday at the track meet. On Sunday, the sun shone, but a 25 mph wind blew steadily down the backstretch. Observers said it was not uncommon.

"It's a mild nor'wester," said MacDonald, meaning a hot, dry wind from the northwest.

"We're in big trouble if a strong one comes up during the marathon," MacDonald said. "We'll have to tell people to slow down. It can get pretty rough."

We had planned to tour the scenic mountains on the west coast after the meet. The postcards of the area are beautiful and one well-traveled Auckland businessman calls it "the most beautiful scenery in the world." But townspeople said the weather in the mountains was cold and raining with near-zero visibility. Indeed, temperatures dropped to 40-degrees in Christ-

church on Monday with a steady rain. It was colder in the mountains. It would be a waste of time to go, they said.

Rainfall averages 30" a year in Christchurch, 45" in Auckland and 108" in the mountains. This compares to 12" a year in Los Angeles and 38" in Indianapolis, Seattle and New York City.

Rain falls an average of 110 days a year in Christchurch, 173 days in Auckland and 194 days in the mountains. By comparison, it falls an average of 34 days a year in Los Angeles, 121 days in New York City and 159 in Seattle.

The Shell Travel Guide says: "February, March and April are the most pleasant months of the year. In Christchurch, when a cold, west southerly sweeps in behind the hot nor'wester, temperatures may drop 30-degrees in a matter of hours."

"Day to day weather," according to the Guide, "is dictated by anticyclones moving eastward across the country, the low pressure and troughs between them bringing strong winds and unsettled weather. The mountains are responsible for the diversion which sends nor'westers beating down upon the Christchurch area. New Zealand's situation makes settled weather, at any time of the year impossible to predict."

In Auckland, the weather was unusual by U.S. standards. The sun would be shining, and out of nowhere would come a driving, 20 or 30 minute rain. Then the sun would come out again. Then another downpour. And so on.

Depending on which table you read, the average Christchurch summer temperature is either 62 or 68 degrees Fahrenheit. The World Atlas classifies New Zealand weather as "warm summer, cold winter," the same designation as England, Canada, Germany, Sweden and the Oregon-Washington coast. The rest of the United States, by contrast, is labeled "hot summer, cold winter."

One can understand why New Zealand produces many world class distance runners but few top sprinters.

PEOPLE, PRICES AND CUSTOMS. Christchurch is a small town by American standards. People are soft-spoken and friendly, much like the British. To an American, the accent sounds British, but really isn't.

People go out of their way to help you. Many locals are planning to open their homes to visiting athletes in January for rooms, dinner and conversation.

Economic problems in New Zealand are similar to the United States. Inflation is 18%. Unemployment is up. Prices are about the same. Running shoes, automobiles, gasoline and appliances cost more. Houses cost less. The exchange rate is about one U.S. dollar to one New Zealand dollar. Coffee is 50 cents. A McDonald's hamburger is 60 cents. A typical dinner at a good restaurant is \$9.50.

The city is low-key, clean and relaxed. The center of town is about a mile-and-a-half square area. There is no subway or streetcars, and not much traffic. A good way to get around is by bicycle. Surrounding the center of town is a green belt with parks. Throughout

continued on page 11.....

**COMPETE IN NEW ZEALAND**



**INTERNATIONAL ASSOCIATION OF  
VETERAN DISTANCE RUNNERS**

*14th. WORLD ROAD RACE CHAMPIONSHIP 10k & 25k  
PALMERSTON NORTH JANUARY 3-4, 1981*

**WORLD ASSOCIATION OF VETERAN ATHLETES**

*4th. TRACK & FIELD CHAMPIONSHIPS  
CHRISTCHURCH JANUARY 7-14, 1981*

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**Countdown to New Zealand continued from page 9**

the city are individual sections, each with its own shopping center and identity, much like London or Los Angeles, albeit on a smaller scale. Beyond the inner core are the suburban areas where people live in pleasant, single-level homes which sell for a third of what they'd cost in Southern California.

The physical layout of the stores is identical to America. The displays in the supermarket and department stores are carbon copies of Chicago and Omaha. It's sometimes hard to believe you're in a foreign country. The language is the same, the prices are the same, the layout is the same. Only the left-side-of-the-street driving reminds you that you're not in Wooster, Ohio or Eugene, Oregon.

The police force is national, not local. Like in England and Denmark, they don't carry guns. Only in an extreme emergency is an armed squad called in. When they stop a car, police don't approach it. The driver must get out first.

There are two kinds of restaurants: licensed and unlicensed. A licensed restaurant can sell you alcoholic beverages. An unlicensed one cannot. Coffee is served after the meal, not during or before, unless you ask.

New Zealand is basically an agriculture, meat-and-potato society, much like the American midwest. Steaks dominate the menus. Surprisingly, you don't see much lamb.

The country's prosperity has been won through sheer and often spectacular agricultural efficiency. New Zealand's farmers, at so great a distance from their markets, can't afford to be other than low-cost, highly-mechanized producers.

"We use every bit of the sheep," says sheep farmer and veteran runner Derek Turnbull. "The wool, the skin, the liver, the brains, the meat."

Efficiency extends beyond farming. "We can sell concrete mixers to the American market," says manufacturer Lane Abel, "because we produce them better and cheaper, even with the shipping costs."

Salaries are substantially lower, even though prices are the same as in the U.S. A school principal makes \$15,000; a secretary earns \$7000; a mid-level businessman earns \$18,000.

A "dairy" is the same as an American neighborhood grocery store. It's open 7 days a week, but not too late at night. Almost nothing is open after midnight.

The language is English, with variations. "Footing" is walking. "Getout" is an excuse. "When will you ticket?" means when will you buy your ticket. "White or black?" means do you want cream in your coffee. In a news story, Mary Jones is "Miss" or "Mrs." Jones, never just "Jones." Women's lib seems years behind America.

Joggers are everywhere in New Zealand. You'll be very much at home if you'd like to see the city on the run. Forty thousand competed in the 10K Round-the-Bays run in Auckland in March.

Everything but the restaurants, tourist attractions and dairies shut down,

we're told, over the summer holidays from December 20 to January 18. New Zealanders, like Europeans, get a 4-week summer holiday.

New Zealanders are strong environmentalists. The air and water are clean and they want to keep it that way. There are no nuclear plants and not likely to be any. To conserve gasoline, drivers must give up driving one day a week. Each picks a day.

For warmth, New Zealand makes good sweaters out of its own wool. It has almost completely changed to the metric system. There's a \$200 fine for not wearing seat belts. There's no sex education in the schools. There are few screens, but many mosquitoes and fleas. We're still scratching from the bites.

Bags aren't supplied by the supermarkets. You take your own bag, or they wrap it in old newspapers. In fact, you don't throw away your newspapers, or take them to the recycling center. You take them to the supermarket.

Unions are strong. Nearly everyone belongs to a trade union, including clerical and bank workers, unlike America where only 25% of workers belong.

Drivers are courteous. No one blows their horn. Parking is cheap. Men often wear bermuda shorts to work. Social services are comparable to Europe. There is no poverty; no skid rows.

There are two TV channels, both owned by the government, operating from noon to midnight. Old American TV shows and movies are the usual evening staples. News coverage is bland. Thus, conversation and reading take the place of TV.

There are 38 daily newspapers to feed the reading appetite. The best do a better job of covering international news than most American papers.

In a way, New Zealanders are a paradox. They're avid travelers concerned with world events. Yet many are provincial. There seem to be two factions. One favors promoting tourist business and opening up the country to more population and investment. Some are even lobbying for legalized gambling to encourage tourism. Abel says the future is bright and unlimited.

Yet a second faction is trying to keep things just as they are. Many don't seem interested in tourists. Foreigners, with a few exceptions, aren't allowed to purchase land. The Labor party vows to confiscate all foreign land ownership when it returns to power. When I won the 400-meter hurdles in the track meet, I wasn't awarded first place because I was a foreigner. If you're over 45, you can't move to New Zealand. When we went to visit the Auckland museum on Friday, it was "closed for the Easter holidays."

We were supposed to fly back to Los Angeles from Auckland April 2, but our reservations got mixed up. We waited at the airport for 7 hours but couldn't get on either of two planes.

We weren't alone. "Hundreds stranded at airport," headlined the New Zealand Express on page one. It seems the airlines had oversold their flights. Many with confirmed reservations couldn't get on. "A group of ten Americans was treated appallingly," the paper reported.

continued on page 14...

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# WORLD AGE GROUP BESTS

as of March 20, 1980

Compiled by Peter Mundle



N = NON-WINNING TIME  
 H = HEAT  
 M = METRIC EVENT  
 I = INDOOR MARK  
 MEC = MARK MADE IN DECATHLON  
 PEN = MARK MADE IN PENTATHLON

| Division | Age   |
|----------|-------|
| O-B      | 35-39 |
| I-A      | 40-44 |
| I-B      | 45-49 |
| II-A     | 50-54 |
| II-B     | 55-59 |
| III-A    | 60-64 |
| III-B    | 65-69 |
| IV-A     | 70-74 |
| IV-B     | 75-79 |

100 METERS

| DIV.  | MARK  | NAME(RESIDENCE)                    | AGE | MEET DATE |
|-------|-------|------------------------------------|-----|-----------|
| O-B   | 10.3  | EDWARD JEFFERIS(S.AFR.)            | 35  | 11/24/71  |
| I-A   | 10.7  | THANE BAKER(DALLAS, TX)            | 41  | 9/13/72   |
| I-B   | 11.1N | GEORGE RHODEN(JAM)                 | 45  | 6/17/72   |
| II-A  | 11.4N | ALPHONSE JUILLAND(STANFORD, CA)    | 50  | 8/18/73   |
| II-B  | 11.5  | PAYTON JORDAN(LOS ALTOS, CA)       | 56  | 6/23/73   |
|       | 11.6N | ALFRED GUIDET(CALIFORNIA CITY, CA) | 56  | 6/22/74   |
| III-A | 11.9  | PAYTON JORDAN(LOS ALTOS, CA)       | 61  | 5/27/78   |
| III-B | 12.9  | YNGVE BRANGE(SWE)                  | 65  | 5/10/78   |
| IV-A  | 13.90 | FRED REID(S.AFR.)                  | 70  | 7/28/79   |
| IV-B  | 14.3  | JOSIAH PACKARD(SAN FRANCISCO, CA)  | 75  | 6/23/79   |

200 METER/220 YARDS

| DIV.  | MARK   | NAME(RESIDENCE)                     | AGE | MEET DATE |
|-------|--------|-------------------------------------|-----|-----------|
| O-B   | 21.2M  | ED JEFFREYS(S.AFR.)                 | 39  | 1/24/76   |
| I-A   | 21.9M  | REGINALD AUSTIN(AUS)                | 40  | 8/10/77   |
| I-B   | 22.3M  | GEORGE RHODEN(JAM)                  | 45  | 7/2/72    |
| II-A  | 23.6N  | JACK GREENWOOD(MENDECINO LODGE, KS) | 50  | 8/7/76    |
| II-B  | 23.6M  | ALFRED GUIDET(PETALUMA, CA)         | 55  | 6/24/73   |
| III-A | 24.9M  | PAYTON JORDAN(LOS ALTOS, CA)        | 60  | 6/19/77   |
| III-B | 27.24M | YNGVE BRANGE(SWE)                   | 66  | 7/31/79   |
| IV-A  | 29.62M | FRED REID(S.AFR.)                   | 70  | 7/31/79   |
| IV-B  | 29.6M  | JOSIAH PACKARD(SAN FRANCISCO, CA)   | 75  | 6/24/79   |

400 METER/440 YARDS

| DIV.  | MARK   | NAME(RESIDENCE)                   | AGE | MEET DATE |
|-------|--------|-----------------------------------|-----|-----------|
| O-B   | 47.0M  | HAGUES ROGER(FRA)                 | 35  | 6/27/76   |
| I-A   | 49.5M  | NOEL CLOUTH(AUS)                  | 40  | 8/10/77   |
| I-B   | 51.7M  | RICHARD STOLPE(OMAHA, NB)         | 47  | 8/24/72   |
| II-A  | 52.6M  | PETER HIGGINS(GS)                 | 50  | 7/14/79   |
| II-B  | 54.56M | RUDOLPH VALENTINE(NYC, NY)        | 55  | 6/9/79    |
| III-A | 59.1M  | RUSSEL NIBLOCK(VANCOUVER, WA)     | 60  | 7/6/74    |
| III-B | 63.19M | YNGVE BRANGE(SWE)                 | 66  | 8/1/79    |
| IV-A  | 64.5M  | JOSIAH PACKARD(SAN FRANCISCO, CA) | 73  | 8/10/77   |
| IV-B  | 64.5M  | JOSIAH PACKARD(SAN FRANCISCO, CA) | 75  | 6/23/79   |

800 METER/880 YARDS

| DIV.  | MARK    | NAME(RESIDENCE)                    | AGE | MEET DATE |
|-------|---------|------------------------------------|-----|-----------|
| O-B   | 1:49.2  | GEORGE SCOTT(NZ)                   | 35  | 5/12/77   |
| I-A   | 1:54.5M | KLAUS MAINKA(WG)                   | 41  | 7/16/77   |
| I-B   | 1:57.9M | JOHAN HASSELBERG(NOR)              | 45  | 8/9/77    |
| II-A  | 2:01.1M | BILL FITZGERALD(PALOS VERDES, CA)  | 50  | 6/29/75   |
| II-B  | 2:11.9M | JOHN GILMOUR(AUS)                  | 55  | 1/11/75   |
| III-A | 2:19.3M | JOHN GILMOUR(AUS)                  | 60  | 7/28/79   |
| III-B | 2:27.2M | NORMAN BRIGHT(SEATTLE, WA)         | 65  | 8/15/75   |
| IV-A  | 2:34.5M | MONTY MONTGOMERY(SHERMAN OAKS, CA) | 71  | 9/4/77    |
| IV-B  | 2:40.7M | HAROLD CHAPSON(HONOLULU, HI)       | 75  | 5/14/79   |

1500 METERS

| DIV.  | MARK   | NAME(RESIDENCE)              | AGE | MEET DATE |
|-------|--------|------------------------------|-----|-----------|
| O-B   | 3:42.4 | GERARD VERVOORT(FRA)         | 37  | 6/24/73   |
| I-A   | 3:52.0 | MICHEL BERNARD(FRA)          | 40  | 6/20/72   |
| I-B   | 4:07.2 | PIET MAYOOR(HOL)             | 45  | 6/8/77    |
| II-A  | 4:14.0 | JACK RYAN(AUS)               | 53  | 3/26/76   |
| II-B  | 4:20.7 | JACK RYAN(AUS)               | 55  | 3/25/73   |
| III-A | 4:31.3 | JOHN GILMOUR(AUS)            | 60  | 11/10/79  |
| III-B | 4:59.1 | WILLIAM ANDERBERG(ANOKA, MN) | 65  | 7/4/75    |
| IV-A  | 5:11.8 | MERV JENKINSON(AUS)          | 70  | 1/6/80    |
| IV-B  | 5:30.1 | HAROLD CHAPSON(HONOLULU, HI) | 75  | 8/11/77   |

1 MILE

| DIV.  | MARK    | NAME(RESIDENCE)                    | AGE | MEET DATE |
|-------|---------|------------------------------------|-----|-----------|
| O-B   | 4:07.7  | GEORGE SCOTT(NZ, LONG BEACH, CA)   | 35  | 4/22/72   |
| I-A   | 4:19.5  | JIM McDONALD(NZ)                   | 43  | 12/3/77   |
| I-B   | 4:29.5N | BILL FITZGERALD(PALOS VERDES, CA)  | 46  | 4/23/72   |
| II-A  | 4:32.2  | BILL FITZGERALD(PALOS VERDES, CA)  | 50  | 7/13/75   |
| II-B  | 4:40.4  | JACK RYAN(AUS)                     | 55  | 12/15/77  |
| III-A | 4:54.9  | CLIVE DAVIES(PORTLAND, OR)         | 51  | 6/11/77   |
| III-B | 5:27N   | MONTY MONTGOMERY(SHERMAN OAKS, CA) | 55  | 4/8/72    |
| IV-A  | 5:42.2  | MONTY MONTGOMERY(SHERMAN OAKS, CA) | 70  | 7/9/77    |
| IV-B  | 6:54.0  | PAUL SPANGLER(SAN LUIS OBISPO, CA) | 77  | 10/2/76   |

2000 METERS

| DIV.  | MARK    | NAME(RESIDENCE)              | AGE | MEET DATE |
|-------|---------|------------------------------|-----|-----------|
| O-B   | 7:56.2N | MICHEL BERNARD(FRA)          | 35  | 6/14/67   |
| I-A   | 8:17.4N | JACK FOSTER(NZ)              | 43  | 1/31/76   |
| I-B   | 8:36.0  | LAURIE DHARA(GB)             | 45  | 8/3/77    |
| II-A  | 9:10.0  | ARTHUR TAYLOR(CAN)           | 50  | 1/15/77   |
| II-B  | 9:17.9  | JACK RYAN(AUS)               | 55  | 1/24/79   |
| III-A | 9:44.2  | JOHN GILMOUR(AUS)            | 60  | 11/10/79  |
| III-B | 10:47.9 | STAN NICHOLLS(AUS)           | 66  | 11/8/77   |
| IV-A  | 11:56.2 | HAROLD CHAPSON(HONOLULU, HI) | 73  | 3/28/76   |
| IV-B  | 13:13.9 | LOU GREGORY(PENSACOLA, FL)   | 75  | 5/6/78    |

5000 METERS

| DIV.  | MARK    | NAME(RESIDENCE)        | AGE | MEET DATE |
|-------|---------|------------------------|-----|-----------|
| O-B   | 13:10.4 | NIKOLAY SVIRIDOV(USSR) | 35  | 9/16/73   |
| I-A   | 13:46.8 | LUCIEN RAULT(FRA)      | 40  | 5/23/76   |
| I-B   | 14:56.4 | ALAIN MIMOUN(FRA)      | 45  | 5/29/66   |
| II-A  | 15:31.0 | ALAIN MIMOUN(FRA)      | 50  | 6/6/71    |
| II-B  | 15:52.8 | JACK RYAN(AUS)         | 55  | 4/20/78   |
| III-A | 16:56.9 | JOHN GILMOUR(AUS)      | 60  | 7/31/79   |
| III-B | 18:10.0 | STAN NICHOLLS(AUS)     | 66  | 11/12/77  |
| IV-A  | 19:13   | JOHN FARRELL(GB)       | 70  | 6/20/79   |
| IV-B  | 21:10   | LUIS RIVERA(MEX)       | 75  | 9/4/77    |

10,000 METERS

| DIV.  | MARK     | NAME(RESIDENCE)        | AGE | MEET DATE |
|-------|----------|------------------------|-----|-----------|
| O-B   | 27:58.6  | NIKOLAY SVIRIDOV(USSR) | 35  | 7/10/73   |
| I-A   | 28:33.4  | LUCIEN RAULT(FRA)      | 40  | 6/9/76    |
| I-B   | 30:16.8  | ALAIN MIMOUN(FRA)      | 45  | 6/17/66   |
| II-A  | 32:14.0  | ALAIN MIMOUN(FRA)      | 51  | 6/3/72    |
| II-B  | 33:40    | JOHN GILMOUR(AUS)      | 55  | 8/5/74    |
| III-A | 35:07.7  | JOHN GILMOUR(AUS)      | 60  | 7/27/79   |
| III-B | 36:04.6N | TEDDE JENSEN(SWE)      | 55  | 9/15/72   |
| IV-A  | 40:48.6  | EINAR NORDIN(SWE)      | 71  | 8/10/77   |
| IV-B  | 42:34.8  | LUIS RIVERA(MEX)       | 75  | 9/3/77    |

1 HOUR RUN

| DIV.  | MARK     | NAME(RESIDENCE)            | AGE | MEET DATE |
|-------|----------|----------------------------|-----|-----------|
| O-B   | 12M1599Y | GASTON ROELANTS(BEL)       | 35  | 9/20/72   |
| I-A   | 11M1309Y | WILLIAM STODDART(GB)       | 40  | 8/21/71   |
| I-B   | 11M1268Y | ALAIN MIMOUN(FRA)          | 45  | 3/20/66   |
| II-A  | 11M953Y  | ALAIN MIMOUN(FRA)          | 50  | 5/16/71   |
| II-B  | 10M1194Y | JOHN GILMOUR(AUS)          | 55  | 10/14/74  |
| III-A | 10M831Y  | JOHN GILMOUR(AUS)          | 61  | 10/21/79  |
| III-B | 9M604Y   | NORMAN BRIGHT(SEATTLE, WA) | 65  | 6/13/75   |
| IV-A  | 8M857Y   | RAY SEARS(SHELBYVILLE, IN) | 71  | 5/14/78   |
| IV-B  | 8M335Y   | LOU GREGORY(PENSACOLA, FL) | 75  | 12/17/77  |

MARATHON

| DIV.  | MARK      | NAME(RESIDENCE)                    | AGE | MEET DATE |
|-------|-----------|------------------------------------|-----|-----------|
| O-B   | 2:12:18   | JACK FOSTER(NZ)                    | 38  | 12/6/70   |
| I-A   | 2:11:18.6 | JACK FOSTER(NZ)                    | 41  | 1/31/74   |
| I-B   | 2:17:29   | JACK FOSTER(NZ)                    | 46  | 10/22/78  |
| II-A  | 2:25:19   | ERIK OSTBYE(SWE)                   | 51  | 9/16/72   |
| II-B  | 2:26:35   | ERIK OSTBYE(SWE)                   | 55  | 9/19/76   |
| III-A | 2:42:44   | CLIVE DAVIES(PORTLAND, OR)         | 64  | 10/28/79  |
| III-B | 2:53:03N  | MONTY MONTGOMERY(SHERMAN OAKS, CA) | 65  | 12/5/71   |
| IV-A  | 3:07:03   | MONTY MONTGOMERY(SHERMAN OAKS, CA) | 71  | 10/16/77  |
| IV-B  | 3:31:42   | FRIEDRICH TEMPEL(WG)               | 75  | 10/30/77  |

3000 METER STEEPLECHASE

| DIV.  | MARK    | NAME(RESIDENCE)            | AGE | MEET DATE |
|-------|---------|----------------------------|-----|-----------|
| O-B   | 8:33.4  | IVAN KABANOV(USSR)         | 36  | 7/27/75   |
| I-A   | 8:41.5  | GASTON ROELANTS(BEL)       | 40  | 7/6/77    |
| I-B   | 9:36.6  | JIM McDONALD(NZ)           | 45  | 11/17/79  |
| II-A  | 10:18.1 | ARTHUR TAYLOR(CAN)         | 52  | 8/1/79    |
| II-B  | 10:39.8 | ELIGIO GALICIA(MEX)        | 56  | 8/1/79    |
| III-A | 11:41.6 | OLLE ELYLAND(SWE)          | 61  | 8/1/79    |
| III-B | 12:24.8 | NORMAN BRIGHT(SEATTLE, WA) | 65  | 8/15/75   |
| IV-A  | 15:18.4 | J.A. JAMIESON(NZ)          | 70  | 3/24/79   |
| IV-B  | 19:04.8 | LOU GREGORY(PENSACOLA, FL) | 76  | 8/20/78   |

110/120 HURDLES (35-39)-42", (40-49)-39", (50-59)-36", (60+)-30"

| DIV.  | MARK       | NAME(RESIDENCE)                     | AGE | MEET DATE |
|-------|------------|-------------------------------------|-----|-----------|
| O-B   | 14.1M      | GHULAM RAZIK(PAK)                   | 36  | 2/16/69   |
| I-A   | 14.4 (42") | DON FINLAY(GB)                      | 40  | 8/1/49    |
|       | 14.7M      | LEOPOLD MARIEN(BEL)                 | 41  | 8/13/75   |
| I-B   | 15.7M      | VALBJORN THORLAKSSON(ICE)           | 45  | 7/8/79    |
| II-A  | 15.1M      | JACK GREENWOOD(MENDECINO LODGE, KS) | 51  | 8/10/77   |
| II-B  | 16.6M      | ANDRE FINDELI(FRA)                  | 55  | 9/14/78   |
| III-A | 17.5M      | ALFRED GUIDET(CALIFORNIA CITY, CA)  | 50  | 5/6/78    |
| III-B | 18.9M      | CHESTER BEACH(VISTA, CA)            | 66  | 6/19/78   |
| IV-A  | 22.7M      | RALPH HIGGINS(FORT MACARTHUR, CA)   | 71  | 6/23/73   |
| IV-B  | 21.2       | RUSSELL MEYERS(PENN, FL)            | 75  | 5/5/79    |

400/440 HURDLES (35-49)-36", (50-59)-33", (60+)-30"

| DIV.  | MARK   | NAME(RESIDENCE)                     | AGE | MEET DATE |
|-------|--------|-------------------------------------|-----|-----------|
| O-B   | 51.7M  | BERTIL WISTAM(SWE)                  | 35  | 7/17/75   |
| I-A   | 54.08M | LENN HACKER(S.AFR.)                 | 40  | 7/29/79   |
|       | 54.1M  | GEORGE MATHE(S.AFR.)                | 40  | 6/30/79   |
| I-B   | 55.7M  | JACK GREENWOOD(MENDECINO LODGE, KS) | 46  | 8/24/72   |
| II-A  | 58.1M  | JACK GREENWOOD(MENDECINO LODGE, KS) | 50  | 7/3/76    |
| II-B  | 62.3M  | ANDRE FINDELI(FRA)                  | 55  | 9/10/78   |
| III-A | 68.7M  | MAX PICKL(CAN)                      | 61  | 6/23/79   |
| III-B | 73.22M | GEORGE BRACELAND(DREXEL HILL, PA)   | 65  | 7/29/79   |
| IV-A  | 88.6   | HERBERT ANDERSON(BELLVUE, CO)       | 73  | 4/16/76   |
| IV-B  | 92.5M  | HERBERT ANDERSON(BELLVUE, CO)       | 75  | 8/11/77   |

HIGH JUMP

| DIV.  | MARK     | NAME(RESIDENCE)                   | AGE | MEET DATE |
|-------|----------|-----------------------------------|-----|-----------|
| O-B   | 7'1"     | VIKTOR BILSHOV(USSR)              | 35  | 6/20/74   |
| I-A   | 6'8 3/4" | EGON NILSSON(SWE)                 | 40  | 9/25/66   |
| I-B   | 6'0"     | RICHARD RICHARDSON(DECATUR, IL)   | 45  | 7/8/78    |
|       | 6'0"     | HERM WYATT(CA)                    | 47  | 8/18/79   |
| II-A  | 5'8 DEC  | ORVAL GILLETTE(PORTERVILLE, CA)   | 52  | 12/11/71  |
|       | 5'8"     | RICHMOND MORCOM(PHILADELPHIA, PA) | 51  | 7/22/72   |
| II-B  | 5'6 1/2" | RICHMOND MORCOM(PHILADELPHIA, PA) | 55  | 7/27/76   |
| III-A | 5'2"     | ERIK STAI(NOR)                    | 61  | 8/8/77    |
| III-B | 4'10"    | ROBERT O'RAFFERTY(GB)             | 65  | 7/28/79   |
| IV-A  | 4'7 1/4" | JOSEF SAHLMANN(WG)                | 71  | 7/28/79   |
| IV-B  | 4'3 1/4" | HERBERT ANDERSON(BELLVUE, CO)     | 75  | 3/24/78   |

POLE VAULT

| DIV.  | MARK      | NAME(RESIDENCE)                     | AGE | MEET DATE |
|-------|-----------|-------------------------------------|-----|-----------|
| O-B   | 17'4 3/4" | KHRISTOS PAPANIKOLADU(GRE)          | 36  | 9/9/77    |
| I-A   | 15'9"     | RUDOLF TOMASEK(CZE)                 | 40  | 8/13/77   |
| I-B   | 15'0"     | ROGER RUTH(US)                      | 45  | 1/21/73   |
| II-A  | 14'0"     | RICHMOND MORCOM(PHILADELPHIA, PA)   | 52  | 11/8/73   |
| II-B  | 13'6 1/4" | RICHMOND MORCOM(PHILADELPHIA, PA)   | 55  | 8/4/76    |
| III-A | 12'9 1/2" | HERBERT SCHMIDT(WG)                 | 61  | 10/14/71  |
| III-B | 11'10"    | HERBERT SCHMIDT(WG)                 | 66  | 3/15/76   |
| IV-A  | 9'2"      | BOB MACCANNAGHY(REDDONDO BEACH, CA) | 70  | 5/6/73    |
| IV-B  | 6'10 1/4" | WALT WESBROOK(US)                   | 79  | 2/12/73   |

LONG JUMP

| DIV. | MARK       | NAME(RESIDENCE)                   | AGE  | MEET DATE |
|------|------------|-----------------------------------|------|-----------|
| O-B  | 25'11 1/2" | REIJO TOIVONEN(FIN)               | 35   | 1/30/72   |
| I-A  | 24'4 3/4"  | TOM CHILTON(KNOXVILLE, TN)        | 40   | 3/24/78   |
| I-B  | 21'11"     | SHIRLEY JAVISSON(VICTORVILLE, CA) | 45   | 10/4/75   |
| II-A | 20'5 1/4"  | RICHMOND MORCOM(PHILADELPHIA, PA) | 51   | 6/17/72   |
| II-B | 19'9 1/2"  | TOM PATSALIS(ALHAMBRA, CA)        | 55</ |           |

|                 |                        |    |         |
|-----------------|------------------------|----|---------|
| III-P 16'11 1/4 | WILLI RUMIS(WG)        | 65 | 7/31/79 |
| IV-A 16'0       | JOSEF SAHLMANN(WG)     | 71 | 7/31/79 |
| IV-P 13'11 1/2  | CARGILL SUTHERLAND(GB) | 76 | 7/17/76 |

|             |                                |    |         |
|-------------|--------------------------------|----|---------|
| I-B 26.3M   | IRENE OBERA(DAKLAND,CA)        | 45 | 6/24/79 |
| II-A 28.04M | MAEVE KYLE(IRELAND)            | 50 | 7/29/79 |
| II-B 31.4M  | AILEEN HOGAN(AUS)              | 56 | 4/15/79 |
| III-A 35.2M | JOSEPHINE KOLDA(SAN FRANCISCO) | 61 | 6/24/79 |
| III-B 35.1M | POLLY CLARKE(LOVELAND,COLO)    | 67 | 7/7/78  |

| TRIPLE JUMP |          |                                 |               |
|-------------|----------|---------------------------------|---------------|
| DIV.        | MARK     | NAME(RESIDENCE)                 | AGE MEET DATE |
| 0-B         | 54'7 1/2 | JRZEF SCHMIDT(POL)              | 35 8/3/70     |
| I-A         | 47'3 1/4 | HERMANN STRAUSS(WG)             | 40 5/16/71    |
| I-P         | 45'7 1/4 | HERMANN STRAUSS(WG)             | 46 4/11/77    |
| II-A        | 42'9     | CARLOS VERA-GUARDIA(VEN)        | 50 8/1/79     |
| II-B        | 41'5     | GORDON FARRELL(VAN NUYS,CA)     | 57 1/8/75     |
| III-A       | 37'2 1/2 | GORDON FARRELL(VAN NUYS,CA)     | 61 10/6/79    |
| III-P       | 34'7     | HEIKKI SIMOLA(FIN)              | 3/1/79        |
| IV-A        | 22'5     | WINFIELD MCFADDEN(SAN DIEGO,CA) | 70 6/29/75    |
| IV-B        | 25'9 3/4 | HERBERT ANDERSON(BELLVUE,CO)    | 76 5/4/79     |

| 400 METER / 440 YARDS |        |                             |               |
|-----------------------|--------|-----------------------------|---------------|
| DIV.                  | MARK   | NAME(RESIDENCE)             | AGE MEET DATE |
| 0-B                   | 50.56M | AURELIA PENTON(CUBA)        | 35 7/15/78    |
| I-A                   | 55.3M  | MAEVE KYLE(IRELAND)         | 41 7/22/70    |
| I-B                   | 59.71M | COLLEEN HILLS(NZ)           | 45 7/30/79    |
| II-A                  | 63.2M  | ANNE MCKENZIE(S. AFR.)      | 50 10/15/75   |
| II-B                  | 79.54M | NELL DU PLESSIS(S.AFR.)     | 55 7/30/79    |
| III-A                 | 82.0M  | WINFRED REID(S.AFR.)        | 64 6/30/79    |
| III-B                 | 83.2M  | POLLY CLARKE(LOVELAND,COLO) | 67 8/10/77    |

| SHOT PUT (35-49)-16#, (50-59)-12#, (60+)-8# |           |                                   |               |
|---|-----------|-----------------------------------|---------------|
| DIV.  | MARK      | NAME(RESIDENCE)                   | AGE MEET DATE |
| 0-B   | 69'4 1/2  | MATTI YRJOLA(FIN)                 | 38 7/6/76     |
| I-A   | 64'10 1/4 | PIERRE COLNARD(FRA)               | 41 7/13/70    |
| I-P   | 59'1 1/4  | PIERRE COLNARD(FRA)               | 47 6/12/76    |
| II-A  | 57'7 1/4  | HERMANN HOMBRECHER(WG)            | 50 8/14/75    |
| II-B  | 51'8      | GEORGE KER(GRANADA HILLS,CA)      | 55 5/13/78    |
| III-A                                       | 53'9 3/4  | NATHANIEL HEARD(MARION,MA)        | 60 7/8/78     |
| III-B                                       | 46'5 1/4  | KONSTANTY MAKSYMOWICZ(GB)         | 65 7/15/79    |
| IV-A  | 42' 1/4   | RON DRUMMOND(CAPISTRANO BEACH,CA) | 70 3/3/77     |
| IV-B  | 35'4 1/2  | FRANZ POSLUSCHNI(WG)              | 75 9/8/77     |

| 800 METER / 880 YARDS |         |                             |               |
|-----------------------|---------|-----------------------------|---------------|
| DIV.                  | MARK    | NAME(RESIDENCE)             | AGE MEET DATE |
| 0-B                   | 1:57.4M | ILEANA SILAI(ROMANIA)       | 37 6/7/77     |
| I-A                   | 2:06.5M | ANNE MCKENZIE(S. AFR.)      | 41 7/1/67     |
| I-B                   | 2:19.2M | ANNE MCKENZIE(S. AFR.)      | 45 11/13/70   |
| II-A                  | 2:23.1M | ANNE MCKENZIE(S. AFR.)      | 50 10/29/75   |
| II-B                  | 2:57.9M | ELIZABETH HAULE(WG)         | 59 7/29/79    |
| III-A                 | 3:04.9M | BRITTA TIBBLING(SWE)        | 61 7/29/79    |
| III-B                 | 3:35.9  | POLLY CLARKE(LOVELAND,COLO) | 67 5/20/78    |
| IV-B                  | 5:47.5M | HULDA CROOKS(LOMA LINDA,CA) | 82 6/24/78    |

| DISCUS THROW (35-49)-2KG, (50-59)-1.5KG, (60+)-1KG |       |                           |               |
|--|-------|---------------------------|---------------|
| DIV.   | MARK  | NAME(RESIDENCE)           | AGE MEET DATE |
| 0-B  | 220'5 | LUDVIK DANEK(CZE)         | 37 7/10/74    |
| I-A  | 221'4 | AL DERTER(NYAC)           | 43 12/8/79    |
| I-B  | 166'4 | GUY HUSSON(FRA)           | 48 9/17/77    |
| II-A   | 178'0 | KAIKO JOUPPIILA(FIN)      | 52 8/5/73     |
| II-B   | 177'1 | KAIKO JOUPPIILA(FIN)      | 56 9/3/77     |
| III-A  | 175'3 | KONSTANTY MAKSYMOWICZ(GB) | 63 6/8/78     |
| III-P  | 142'6 | KONSTANTY MAKSYMOWICZ(GB) | 65 9/17/79    |
| IV-A   | 129'6 | VERNER ANDERSSON(SWE)     | 72 9/16/78    |
| IV-B   | 112'6 | MATHEWS CULLEN(GB)        | 75 9/11/76    |

| 1500 METERS |        |                        |               |
|-------------|--------|------------------------|---------------|
| DIV.        | MARK   | NAME(RESIDENCE)        | AGE MEET DATE |
| 0-B         | 3:58.6 | ILEANA SILAI(ROMANIA)  | 37 6/16/79    |
| I-A         | 4:20.7 | JOYCE SMITH(GB)        | 40 5/21/78    |
| I-B         | 4:49.2 | ANNE MCKENZIE(S. AFR.) | 49 11/16/74   |
| II-A        | 4:54.5 | ANNE MCKENZIE(S. AFR.) | 50 10/15/75   |
| II-B        | 5:57.7 | HILDE JOECKLE(WG)      | 57 9/15/78    |
| III-A       | 6:06.5 | BRITTA TIBBLING(SWE)   | 61 8/1/79     |
| III-B       | 7:02.9 | JOHANNA LUTHER(WG)     | 65 8/1/79     |
| IV-A        | 8:36   | BESS JAMES(US)         | 8/18/79       |

| HAMMER THROW (35-59)-16#, (60+)-12# |        |                                    |               |
|-------------------------------------|--------|------------------------------------|---------------|
| DIV.                                | MARK   | NAME(RESIDENCE)                    | AGE MEET DATE |
| 0-B                                 | 254'0  | ANATOLIY BONDARCHUK(USSR)          | 36 6/24/76    |
| I-A                                 | 232'7  | ROMUALD KLIM(USSR)                 | 40 6/22/73    |
| I-B                                 | 201'5  | JOSEF MATOUSEK(CZE)                | 45 9/2/74     |
| II-A                                | 188'0  | MALIK NOOR(PAK)                    | 50 3/30/75    |
| II-B                                | 173'11 | KARL HEIN(WG)                      | 56 1/64       |
| III-A                               | 157'10 | AARNE MIETTINEN(FIN)               | 53 9/12/76    |
| III-B                               | 140'0  | AARNE MIETTINEN(FIN)               | 56 7/29/79    |
| IV-A                                | 113'9  | ALBERT REISER(WG)                  | 70 6/27/76    |
| IV-B                                | 97'8   | STANLEY HERRMANN(SANTA BARBARA,CA) | 75 5/12/79    |

| 3000 METERS |         |                        |               |
|-------------|---------|------------------------|---------------|
| DIV.        | MARK    | NAME(RESIDENCE)        | AGE MEET DATE |
| 0-B         | 8:55.6  | JOYCE SMITH(GB)        | 36 7/19/74    |
| I-A         | 9:11.2  | JOYCE SMITH(GB)        | 40 1/78       |
| I-B         | 10:52.6 | ANNE MCKENZIE(S. AFR.) | 49 1/22/75    |
| II-A        | 11:27.5 | ANNE MCKENZIE(S. AFR.) | 52 2/8/78     |
| II-B        | 12:48.0 | HILDE JOECKLE(WG)      | 55 8/8/77     |
| III-A       | 13:42.8 | EWA ERIKSSON(SWE)      | 60 8/8/77     |
| III-B       | 18:02.4 | JUSTINE BUCHER(WG)     | 69 8/8/77     |

| JAVELIN THROW (35-59)-800 GRAMS, (60+)-600 GRAMS |       |                                    |               |
|--|-------|------------------------------------|---------------|
| DIV.   | MARK  | NAME(RESIDENCE)                    | AGE MEET DATE |
| 0-B  | 283'2 | JANIS LUSIS(USSR)                  | 37 6/7/76     |
| I-A  | 259'1 | U. VON HARTBURG(SWI)               | 42 8/2/79     |
| I-B  | 212'2 | OLAVI KAUMANEN(FIN)                | 46 8/27/72    |
| II-A   | 183'0 | VEIKKO JAVANAINEN(FIN)             | 51 8/12/77    |
| II-B   | 180'9 | BILL MORALES(SANTA ANA,CA)         | 56 4/19/73    |
| III-A  | 177'5 | BILL MORALES(SANTA ANA,CA)         | 50 7/9/77     |
| III-B  | 147'0 | GERARD SCHEPE(WG)                  | 9/15/78       |
| IV-A   | 132'0 | BDB MACCONNAGHY(REDDONDO BEACH,CA) | 70 6/24/78    |
| IV-B   | 96'2  | HERBERT ANDERSON(BELLVUE,CO)       | 77 9/2/79     |

| 5000 METERS |         |                          |               |
|-------------|---------|--------------------------|---------------|
| DIV.        | MARK    | NAME(RESIDENCE)          | AGE MEET DATE |
| 0-B         | 17:28.0 | VALERIE HOWE(GB)         | 35 9/10/78    |
| I-A         | 16:57   | MIKI GORMAN(LOS ANGELES) | 41 2/13/77    |
| I-B         | 18:55.4 | NICKI HOBSON(SAN DIEGO)  | 45 4/10/76    |
| II-A        | 19:35.2 | KIRSTEN GARBO(NOR)       | 51 1/78       |
| II-B        | 21:57.7 | HILDE JOECKLE(WG)        | 57 7/31/79    |
| III-A       | 24:29.8 | E. TROMP(HOL)            | 62 7/31/79    |
| III-B       | 24:49.2 | MARIE LYNNERUP(DEN)      | 65 7/31/79    |
| IV-A        | 31:19.2 | BESS JAMES(US)           | 8/19/79       |

| DECATHLON |      |                                  |               |
|-----------|------|----------------------------------|---------------|
| DIV.      | MARK | NAME(RESIDENCE)                  | AGE MEET DATE |
| 0-B       | 7547 | WERNER VON MOLTKE(WG)            | 35 5/12/72    |
| I-A       | 6402 | VALBJORN THORLAKSSON(ICE)        | 41 9/6/75     |
| I-B       | 5084 | HARRY HAWKE(SAN DIEGO,CA)        | 46 7/4/75     |
| II-A      | 4951 | RICHMOND MORCOM(PHILADELPHIA,PA) | 50 3/12/72    |
| II-B      | 5246 | RICHMOND MORCOM(PHILADELPHIA,PA) | 55 9/11/76    |
| III-A     | 4328 | DUTCH WARNERDAM(FRESNO,CA)       | 50 12/6/75    |
| III-B     | 2783 | CLAUDE HILLS(FLOURTOWN,PA)       | 65 6/24/77    |
| IV-A      | 1752 | HERBERT ANDERSON(BELLVUE,CO)     | 74 5/28/77    |
| IV-B      | 1659 | HERBERT ANDERSON(BELLVUE,CO)     | 75 3/24/78    |

| 10,000 METERS |         |                             |               |
|---------------|---------|-----------------------------|---------------|
| DIV.          | MARK    | NAME(RESIDENCE)             | AGE MEET DATE |
| 0-B           | 35:37.8 | CINDY DALRYMPLE(HONOLULU)   | 35 1/78       |
| I-A           | 35:45.6 | MIKI GORMAN(LOS ANGELES)    | 42 9/3/77     |
| I-B           | 39:53   | TOSHKO D'ELIA(RIDGEWOOD,NJ) | 47 6/25/77    |
| II-A          | 41:43.0 | LYDIA BACKES(WG)            | 53 7/27/79    |
| II-B          | 44:55.4 | HILDE JOECKLE(WG)           | 57 7/27/79    |
| III-A         | 52:12.1 | E. TROMP(HOL)               | 62 7/27/79    |
| III-B         | 59:44.0 | FRANCINE BONNANS(FRA)       | 68 7/27/79    |
| IV-A          | 1:04:52 | BESS JAMES(US)              | 8/18/79       |

| PENTATHLON |      |                                  |               |
|------------|------|----------------------------------|---------------|
| DIV.       | MARK | NAME(RESIDENCE)                  | AGE MEET DATE |
| 0-B        | 3443 | GERHARD TILMANN(WG)              | 36 9/25/75    |
| I-A        | 3391 | WERNER SCHALLAU(WG)              | 40 9/24/78    |
| I-B        | 2778 | VALBJORN THORLAKSSON(ICE)        | 45 7/30/79    |
| II-A       | 2607 | VACLAV BARTL(SWE)                | 51 8/12/77    |
| II-B       | 2439 | RICHMOND MORCOM(PHILADELPHIA,PA) | 56 8/12/77    |
| III-A      | 2051 | ADOLF KOCH(WG)                   | 50 8/12/77    |
| III-B      | 1417 | OLAV REPPEN(NOR)                 | 66 6/14/73    |
| IV-A       | 1020 | KARL WILLMS(WG)                  | 70 7/30/79    |
| IV-B       | 722  | HERBERT ANDERSON(BELLVUE,CO)     | 75 8/12/77    |

| MARATHON |         |                             |               |
|----------|---------|-----------------------------|---------------|
| DIV.     | MARK    | NAME(RESIDENCE)             | AGE MEET DATE |
| 0-B      | 2:40:37 | CAROL GOULD(GB)             | 35 9/22/79    |
| I-A      | 2:36:27 | JOYCE SMITH(GB)             | 42 9/22/79    |
| I-B      | 2:57:41 | NICKI HOBSON(SAN DIEGO)     | 45 3/2/76     |
| II-A     | 3:04:53 | CAROL CARTWRIGHT(RESEDA,CA) | 50 1/28/79    |
| II-B     | 3:27:45 | MARCIA TRENT(ALASKA)        | 57 5/21/75    |
| III-A    | 3:25:40 | MARCIA TRENT(ALASKA)        | 61 11/11/79   |
| III-B    | 3:53:53 | MARIE LYNNERUP(DEN)         | 65 8/2/79     |
| IV-A     | 4:37:37 | MAVIS LINDGREN(ORLEANS,CA)  | 72 9/9/79     |

## Women

- N = NON-WINNING TIME
- H = HEAT
- M = METRIC EVENT
- I = INDOOR MARK
- DEC = MARK MADE IN DECATHLON
- PEN = MARK MADE IN PENTATHLON

| 100 METERS |        |                                |               |
|------------|--------|--------------------------------|---------------|
| DIV.       | MARK   | NAME(RESIDENCE)                | AGE MEET DATE |
| 0-B        | 11.7   | FRANCINA BLANKER-KOEN(HOL)     | 35 8/2/53     |
| I-A        | 12.0   | MAEVE KYLE(IRELAND)            | 40 4/25/70    |
| I-B        | 12.5   | MAEVE KYLE(IRELAND)            | 45 1/21/74    |
| II-A       | 13.65H | MAEVE KYLE(IRELAND)            | 50 7/29/79    |
| II-B       | 14.6   | RUTH CHRISTIAN(CORONA,CA)      | 55 8/18/79    |
| III-A      | 16.3   | ISABEL SAUMIER(CANADA)         | 64 5/6/78     |
|            | 16.3   | JOSEPHINE KOLDA(SAN FRANCISCO) | 61 6/23/79    |
| III-B      | 16.1   | POLLY CLARKE(LOVELAND,COLO)    | 67 5/6/78     |
| IV-A       | 20.1   | RUNNEY SEAWRIGHT(CALIF)        | 8/18/79       |
| IV-B       | 42.9   | VIOLA GLEN(US)                 | 86 5/16/79    |

| HIGH JUMP |         |                      |               |
|-----------|---------|----------------------|---------------|
| DIV.      | MARK    | NAME(RESIDENCE)      | AGE MEET DATE |
| 0-B       | 5'8 1/4 | CHRISTA VOSS(WG)     | 36 7/30/79    |
| I-A       | 5'4 1/4 | DOROTHY TYLER(GB)    | 41 8/2/61     |
| I-B       | 5'0     | DOROTHY TYLER(GB)    | 45 7/18/65    |
| II-A      | 4'10    | DOROTHY TYLER(GB)    | 50 6/14/70    |
| II-B      | 4'3 1/4 | VLASTA CHLIMSKA(CZE) | 56 7/30/79    |
| III-A     | 3'9 1/4 | ANNCHEN REILE(WG)    | 63 9/15/78    |

| LONG JUMP |          |                             |               |
|-----------|----------|-----------------------------|---------------|
| DIV.      | MARK     | NAME(RESIDENCE)             | AGE MEET DATE |
| 0-B       | 21'4     | WILLYE WHITE(US)            | 35 10/26/74   |
| I-A       | 17'6 3/4 | MARLENE ALTMANN(WG)         | 40 8/8/77     |
| I-B       | 16'10    | MAEVE KYLE(IRELAND)         | 45 8/10/74    |
| II-A      | 15'6 1/2 | MAEVE KYLE(IRELAND)         | 50 7/29/79    |
| II-B      | 11'3     | ILSE PLEUGER(WG)            | 55 7/29/79    |
| III-A     | 9'10 1/4 | EWA ERIKSSON(SWE)           | 60 8/10/77    |
| III-B     | 9'11     | POLLY CLARKE(LOVELAND,COLO) | 67 5/21/78    |

| 200 METER / 220 YARDS |       |                     |               |
|-----------------------|-------|---------------------|---------------|
| DIV.                  | MARK  | NAME(RESIDENCE)     | AGE MEET DATE |
| 0-B                   | 24.9M | MAEVE KYLE(IRELAND) | 37 8/6/66     |
| I-A                   | 25.1M | MAEVE KYLE(IRELAND) | 40 5/10/69    |

| SHOT PUT |           |                           |               |
|----------|-----------|---------------------------|---------------|
| DIV.     | MARK      | NAME(RESIDENCE)           | AGE MEET DATE |
| 0-B      | 63'7 1/2  | ANTONINA IVANOVA(URS)     | 38 7/17/71    |
| I-A      | 62'10 1/2 | ANTONINA IVANOVA(URS)     | 41 2/24/74    |
| I-B      | 44'10 1/4 | LIESL HUBER(WG)           | 45 7/30/79    |
| II-A     | 41'11 1/2 | MARIANNE HAMM(WG)         | 51 7/30/79    |
| II-B     | 33'8 1/2  | LENA GROBLER(S.AFR.)      | 56 6/30/79    |
| III-A    | 31'4      | EDITH HENDYKA(TUJUNGA,CA) | 61 6/17/72    |
| III-B    | 29'4      | EDITH HENDYKA(TUJUNGA,CA) | 65 3/27/76    |
| IV-B     | 8'9       | KIYOKO KOYAMA(HONOLULU)   | 80 4/16/76    |

# Simone Travel Bureau

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for the  
**FOURTH WORLD VETERANS CHAMPIONSHIPS**  
to be held January 7-15, 1981 — Track & Field — Christchurch

and  
**14th ANNUAL WORLD CHAMPIONSHIPS IN ROAD RACING**  
to be held January 3-4, 1981 — 10km and 25km — Palmerston North

To **CHRISTCHURCH** we have a Group Flight on Air New Zealand  
Los Angeles/Christchurch January 4  
Christchurch/Los Angeles your choice of January 17 or 24  
round trip fare . . . \$1,029 + \$3

We have reserved space at the very fine Noahs Hotel, downtown in the heart of Christchurch, only minutes from the stadium.  
January 6-17, 1981 11 nights  
TWIN . . . \$321 per person, sharing room  
SINGLE SUPPLEMENT . . . \$215  
Includes round trip transfers, portorage, service and tax

To **PALMERSTON NORTH** we have a Group Flight on Air New Zealand  
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We have reserved rooms at the Fitzherbert Hotel, Palmerston North  
December 31, 1980 — January 6, 1981 6 nights  
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SINGLE SUPPLEMENT . . . \$44  
Includes round trip transfers, portorage, service and tax

You may combine your stay at Palmerston North for the Road Racing (Fitzherbert Hotel — Dec. 31, 1980 — Jan. 6, 1981) with a stay in Christchurch for the Track & Field events (Noahs Hotel — Jan. 6-17, 1981)

Fly/Drive Program: We have 7 night fly/drive programs available including unlimited mileage from \$255 per person, based on sharing twin accommodations in first class motels and including a Chrysler Avenger or Ford Escort with unlimited mileage. An added feature of New Zealand motels is that some have kitchen facilities with cooking utensils.  
This program is available:  
January 6-13, 1981 OR January 17-24, 1981

**MILFORD TRACK** — Reserve now! Known as the "most beautiful walk in the world," the Milford Track is often sold out over a year in advance. Departure is from Queenstown on Mondays, Wednesdays or Fridays. A \$20 deposit per person (non-refundable is required for a firm reservation). Complete details will be forwarded on request.

Optional extensions also available to Australia, Fiji and Tahiti.

All rates quoted are those in effect February 1980 and are subject to change.

Reservations are limited, so please fill in the coupon and send it to us now. Entry forms will be sent upon receipt of your reservation.

Send completed coupon to: **Diana Schneider, Tour Coordinator**  
**Simone Travel Bureau, Inc.**  
200 West 57th Street, New York, N.Y. 10019  
(212) 541-9690

Enclosed is my check for \$ \_\_\_\_\_ (\$150/person deposit fully refundable, less non refundable \$20 processing fee; prior to 9-15-80 when full payment is due).

Departure Date: \_\_\_\_\_ Return Date: \_\_\_\_\_

Hotel: \_\_\_\_\_ Dates: \_\_\_\_\_

Names: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: home (\_\_\_\_) \_\_\_\_\_ bus. (\_\_\_\_) \_\_\_\_\_

Hometown Airport: \_\_\_\_\_ ( ) Please make connections to gateway.

( ) Single ( ) Twin ( ) Travelling alone but willing to share (fee \$10)

Triple accommodations are available, please ask for rates.

I need more information on: \_\_\_\_\_

| DISCUS THROW |       |                             |               |
|--------------|-------|-----------------------------|---------------|
| DIV.         | MARKS | NAME (RESIDENCE)            | AGE MEET DATE |
| 0-B          | 206'4 | HELGI PARTS (URS)           | 38 10/ 7/75   |
| I-A          | 206'5 | HELGI PARTS (URS)           | 41 / /78      |
| I-B          | 145'0 | ROSEMARY PAYNE (GB)         | 45 7/16/78    |
| II-A         | 130'4 | RUTH SVEDBERG (SWE)         | 51 9/17/54    |
| II-B         | 108'4 | RUTH SVEDBERG (SWE)         | 55 / /58      |
| III-A        | 101'3 | ANNCHEN REILE (WG)          | 60 10/19/75   |
| III-B        | 63'6  | EDITH MENDYKA (TUJUNGA, CA) | 68 10/ 6/79   |
| IV-B         | 19'10 | MAE MAYHEW (HONOLULU, HI)   | 75 1/14/79    |

| JAVELIN THROW |           |                             |               |
|---------------|-----------|-----------------------------|---------------|
| DIV.          | MARKS     | NAME (RESIDENCE)            | AGE MEET DATE |
| 0-B           | 193'4     | ANNELIESE GERHARDS (WG)     | 37 8/13/72    |
| I-A           | 167'8     | DANA ZATOPKOVA (CZE)        | 42 9/19/64    |
| I-B           | 134'9     | LIESELOTTE LIESS (WG)       | 45 / /78      |
| II-A          | 91'10 1/2 | LENA GROBLER (S.AFR.)       | 54 8/10/77    |
| II-B          | 92'7      | LENA GROBLER (S.AFR.)       | 56 7/31/79    |
| III-A         | 83'9      | ANNCHEN REILE (WG)          | 62 8/10/77    |
| III-B         | 74'0      | EDITH MENDYKA (TUJUNGA, CA) | 65 6/27/76    |

Countdown to New Zealand continued from page 11

Two days later, Davies got us on a flight. Treatment again was superb in the first-class section, although one traveler blanched when they sprayed insecticide throughout the plane, a normal procedure. "We regret any inconvenience this may cause you," said the stewardess.

The baggage counter at Los Angeles airport was a contrast to Auckland and Christchurch. In New Zealand, people stood politely a few yards from the moving belt, and approached it only when their luggage appeared. At LAX, people pushed and shoved right up next to the belt, preventing those farther back from spotting their bags. We never cease to be amazed at the differences in peoples.

The airline lost our baggage on the return flight, but found it two days later. They offer up to \$25 a day for items you have to purchase.

**TOURING.** In Christchurch, the Summit Road Drive offers a good view of the city on one side and Lyttleton Harbor on the other.

After the Games have been concluded you'll decide whether to tour New Zealand or head for Australia or home or points beyond. Weather and time permitting, the west coast of New Zealand's south island is beautiful and should not be missed.

Supercruiser coaches will leave Christchurch on 7-day, 10-day and 15-day tours. Be sure to go through Arthur's Pass, down the west coast to the glacier area, and perhaps take the airplane flight which lands directly on a glacier. Then down through the Haast Pass to the city of Queenstown.

If you have time, take in the "Milford Track." The first thing to know about the Milford Track is that it is not a track. It's a 33-mile walking path of outstanding beauty, we're told, which most people cover in a 3-day walk. Runner Carole MacArthur, however, says she often runs it in one day as a brisk workout. Bring rain gear.

On the southern tip is the city of Invercargill, where Derek Turnbull is planning on staging a meet a week after the games.

**HISTORY.** The early history of New Zealand is blurred. According to the most popular folklore, the first Polynesians came to the land in 400-700 A.D. They were likely accidental voyagers blown off course by tropical storms. A tribe called the Maori

(rhymes with NOR-ree) arrived about 1350 in the land then called "Aotearoa."

In the 16th century, European voyagers began plucking the islands out of the South Pacific. It took them 3 centuries to find them all. In 1769, British Captain James Cook landed. Friction between the Europeans and Maoris was common, but not as fierce as the American Indian wars.

The really devastating result of the European appearance came through the introduction of the musket. In the hands of the Maoris, it upset the delicate balance of power between rival tribes. Tens of thousands perished. Others were stricken by unknown European diseases, such as influenza and measles, to which they had no natural immunity. (It's been estimated that but for the musket and European disease, the present Maori population of New Zealand would be 2.7 million, not 200,000.) The Maoris lost control of the land, and Europeans began to arrive in large numbers when gold was discovered in the mid-19th century.

Pressure on Britain to take New Zealand as a colony came from reformers who wished to demonstrate after the failure of the American colonies—just how a new British society should be founded. In 1840, a treaty was signed giving the Maoris lands in exchange for British rule.

"But merciless land confiscation," writes historian Maurice Shadbolt, "opened the way for more European settlement. Early Maori chivalry towards the enemy gave way as atrocity followed atrocity."

Yet in social legislation, New Zealand led the world; it's example was studied in many countries. Lenin called it an attempt to buy off revolution with reform. New Zealand's colonial status ended in 1907, but it remains a member of the British Commonwealth of Nations with Britain's Queen, as symbolic head, represented through a Governors-General.

It has lately moved toward modest independence of Britain, but "New Zealand still lacks a world view and an idea of its own place in the world," Shadbolt says.

Intermarriage is common between European and Maori. In 20 years, one in four New Zealanders will likely have Maori blood.

The kiwi is the national bird. It's one of several species of birds that are flightless, presumably developed in the absence of competition from mammals.

## Standards For Vets Championships

by Wilfred Morgan

There are mutterings about the World Track and Field Championships being too big and the need for selection or tougher standards to prevent the thing getting out of hand. True the meeting has proved to be extremely popular, some would say congested, but is the idea of curtailing the number of competitors in the best interests of the veteran movement? Most people are, I think a little dubious about tough standards or selectivity. A move to prevent someone joining our Bi-Annual gathering because he or she does not measure up to a particular standard would surely have a diminishing effect upon the wonderful spirit that has developed within our organization. But there is some concern about major meetings running way behind schedule at least as far as the track races are concerned.

If anything is to be done regarding the traffic jam of events at the championships I think we would be well advised to take a look at the age group system at present in operation. It's my contention there are too many and we

would be better served by the 10 year group system that was used when our organization first went international. A brief study of the Gothenburg results show that had the classes been combined into 10 year groups there would have been fewer races, even allowing for the fact that more heats would have been necessary. Take for instance the mens 100m, 274 competed in 9 classes, which with heats, semis and finals produced 62 races. If the same number had been divided into 5 groups there would have been no more than 50 races and this total includes 4 second round heats in the 40-49 class where the number of competitors, 118, would have justified it.

If we take a look at the reasons for 5 as against 10 we find the sole argument is the obvious one, that a nine year difference in age is too big a handicap for the older man. This is not necessarily so, there are a handful of athletes who would collect medals even given this age disadvantage. We don't of course legislate for a handful but for the majority, quite rightly.

Even so, let's consider the present B group men who would be affected by such a change. There are the potential medalists, some aspiring finalists, and the much larger number who aim to gain as high a place as possible. The probable medallists and finalists may

not appreciate the move and would possibly claim that it denies them a chance of a high placing under the present system. But really, this attitude would not do credit to our organization. We are all knowledgeable enough to know a good performance when we see one. A showing that would gain second place in a B final may only take sixth place in a 10 year group, but why should that matter? If it does matter, then we are in danger of becoming like sensitive teenagers for whom one or two year age groups are needed at a time of variable physical development. Yes, I know. In our case we are at the stage of gradual physical decline so somewhat similar groupings are necessary. Of course, but it seems the 5 year difference is too tight when we are dealing with a championship meeting as largely populated as this one.

Maybe reorganization of age groups is not the answer. One move worthy of consideration is to accept an entry for one track or field event without qualification, but ask the competitor to meet a standard of any further events are entered for.

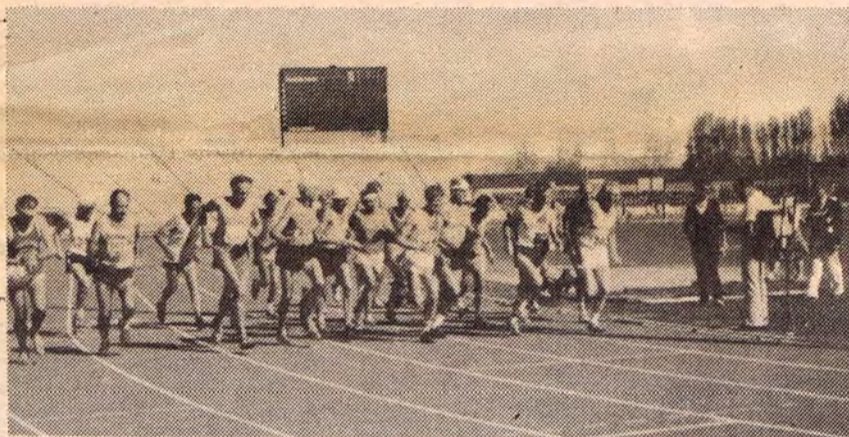
Perhaps it's thought that I am making a meal over a matter that is but a slight irritation. If so, let's take a look at the format for the Hannover championships. It's noticeable that the athletic programme was extended to 7 days,

Gothenburg took 6 and Toronto 5. Perhaps that's it! Simply extend the meeting. However, at the rate of one day each world championship it won't take long before they take up the better part of two weeks. Not too bad for athletes, but what about officials? I fear we would wear out our welcome.

Another change from the format used in Sweden is the dropping of classes with less than 3 competitors. Had this been the case in Gothenburg it would have eliminated 42 classes in 31 events! Notably affected would have been H. Anderson (U.S.A.) who would have relinquished 5 of his 10 golds in the 4B class. P. Goic (Yug.) took 4 golds competing alone in the 5A class throwing events.

It's evident the Hannover organizing committee did some trimming of their own, but is this method justified? It provides food for thought.

In truth, International track and field championships for veterans are still a fairly new innovation and it may take a few years to arrive at a formula that works to the satisfaction of all concerned. Certainly there are far more favourable aspects than unfavourable ones. While the organization is still evolving it might be the time for all concerned to air their views about which way it should develop.



Electronic scoreboard backgrounds start of 10,000 meter run in Christchurch

## NEW ZEALAND

World Veterans Championships: January, 1981

Now you can have an echo, not a choice--or maybe it's the other way around. Wendy Miller and Hal Higdon will take you to Christchurch. Maybe even bring you back. Cost? We're using the same airline and hotel group rates as the others, so it gets down to: Who do you want to travel with? Don't sign elsewhere until you check with us. We wheel! We deal! Departures from all cities, even Medicine Lodge, Kansas. Fly Miller & Higdon Storm Window & Travel Co. Free beer the first pub we hit. Lots of yuks and backscratching. Between them, our tour leaders have won six medals in world competition--a claim no other agency dares make!

Midwest Masters  
180 N. LaSalle [Suite 2207], Chicago, IL--60601

## Report From Canada

from Norm Baum

On February 16, in the Edmonton Journal Indoor Games, Peter Parker won the 40-49 mile in 4:45.2. Frank Haley won the 50+ mile in 5:31.6.

In the Winnipeg Tribune Games January 21-23, John Thresher won the Masters 1500 in 4:16.4. Alma Jabs took the women's 1500 in 6:12.5.

World Veterans Association Technical Chairman Ian Hume reports he has a good start on the revision of point scales and addition of a 75+ age class.

Henry Glyde won the Masters 1500 in 4:17.4 at the Ottawa Games.

More than 140 athletes competed in the 9th Ontario Masters Indoor Championships February 2 at York University in Toronto.

Clare Williams came from Halifax, Nova Scotia to win the 40-44 400 in 57.69 and 800 in 2:06.6. Hume won five golds in the 65-69 long, high, triple jumps, pole vault and shot.

Submaster David Winn of Rochester, N.Y. won the 5000 in 15:49.4. Pat Bessel of New York established a women's Canadian Open record of 11:11.3 in the women's 40-44 3000 meter run.

Bob Daniell easily won the 40-44 1500 in 4:14.1 and 5000 in 15:40.6. Doug Beatty won the same double in the 50-54 group in 4:35.5 and 17:19.0.

Valdis Teteris won 3 golds in the 55-59 high and triple jumps and set a Canadian record of 2.38 in the pole vault.

Harold Parsons heaved the 35 lb. weight 9.98 meters, farther than every other competitor of all ages.

At the banquet meeting, athletes voted unanimously to support an Olympic boycott of Moscow.

## Sheppard Given Award By Queen

from Bernie Hogan

Australian Veteran's secretary Wal Sheppard has been awarded the British Empire Medal by the Queen for his service to veteran sports. Sheppard underwent a four-bypass, open-heart surgery last September, but is now back jogging 6 miles a day.

The 1980 Queensland Veterans Athletics Titles, held in Brisbane March 22-23, were the first ever staged on an

open basis. This is a result of the Australian Amateur Athletic Union's decision to follow the international standards and admit former professionals to its ranks. Prior to this year, former professional runners such as World Veteran's gold medalists Reg Austin and Bernie Hogan were not allowed to participate in Australian meets.

Hogan won the 100 in 12.07, 200 in 24.82 and 400 in 62.7 in the 55-59 age division of the Queensland Games.

World veterans gold medalist Aileen Hogan, Bernie's other half, set a new women's world 200 record in 31.1, breaking the 55-59 mark of 31.4 she set in April, 1979. She also won the 100 in 14.9.

**Sacramento Relays**  
continued from page 6

|                              |                   |
|------------------------------|-------------------|
| <b>Mens 60-69:</b>           |                   |
| 1. Jim York                  | 12.81 (42-1/2)    |
| <b>DISTANCE MEDLEY RELAY</b> |                   |
| <b>Mens 30-39:</b>           |                   |
| 1. Gold Chips                | 11:47.4           |
| 2. Buffalo Chips B           | 12:06.0           |
| <b>Mens 40-49:</b>           |                   |
| 1. Dolphin Runners           | 11:51.0           |
| 2. Ophir Prison              | NT                |
| <b>POLE VAULT</b>            |                   |
| <b>Mens 30-39:</b>           |                   |
| 1. Bruce Hotaling            | 3.39 (11-1/2)     |
| <b>TRIPLE JUMP</b>           |                   |
| <b>Mens 30-39:</b>           |                   |
| 1. Miguel Ucovich            | 9.75 (32)         |
| <b>Mens 40-49:</b>           |                   |
| 1. Kermit Walker             | 11.88 (38-11 1/2) |
| <b>Mens 50-59:</b>           |                   |
| 1. Jim Johnson               | 9.72 (31-10 1/2)  |
| <b>Womens 30-39:</b>         |                   |
| 1. Donna Ucovich             | 9.27 (30-5)       |
| <b>100 METERS</b>            |                   |
| <b>Mens 30-39:</b>           |                   |
| 1. Clarence Corbin           | 11.6              |
| 2. Sam Robinson              | 11.7              |
| 3. Kent Maxey                | 11.8              |
| <b>Mens 40-49:</b>           |                   |
| 1. Lewis Smith               | 11.5              |
| 2. Bill Knocke               | 11.5              |
| 3. Bruce Springbett          | 11.7              |
| <b>Mens 50-59:</b>           |                   |
| 1. Bob Roemer                | 12.5              |
| 2. Roy Wigginton             | 13.0              |
| 3. Wilbur Buchanan           | 13.3              |
| <b>Men's 70+:</b>            |                   |
| 1. Ken Carnine               | 15.0              |
| 2. R.L. Jackson              | 15.0              |
| <b>Womens 30-39:</b>         |                   |
| 1. Donna Ucovich             | 15.3              |

|                              |         |
|------------------------------|---------|
| <b>Womens 40-49:</b>         |         |
| 1. Nancy Molitor             | 18.4    |
| <b>5,000 METERS</b>          |         |
| <b>Mens 30-39:</b>           |         |
| 1. Harvey Franklin           | 15:48.8 |
| 2. Rick Edson                | 16:43.0 |
| 3. Jerome McFadden           | NT      |
| <b>Mens 40-49:</b>           |         |
| 1. James Worley              | 18:33.0 |
| <b>Mens 50-59:</b>           |         |
| 1. Jim O'Neil                | 16:26.0 |
| 2. Gil Duran                 | NT      |
| 3. Bob Reynaga               | NT      |
| <b>400 METER RELAY</b>       |         |
| <b>Mens 30-39:</b>           |         |
| 1. S. California Striders    | :48.8   |
| <b>Mens 40-49:</b>           |         |
| 1. No. California Seniors    | :49.6   |
| 2. Ophir Prison Inmates      | :51.5   |
| <b>Mens 50-59:</b>           |         |
| 1. No. California Seniors    | :50.1   |
| 2. Wilbur Bachanan's Blazers | NT      |
| <b>1600 METER RELAY</b>      |         |
| <b>Mens 30-49:</b>           |         |
| 1. West Valley Track Club    | 3:39.0  |
| 2. Joe Grippo's Group        | 3:48.1  |
| 3. Mid Street                | 3:50.8  |
| <b>Mens 50-59:</b>           |         |
| 1. No. California Seniors    | 3:57.0  |



|                                      |         |
|--------------------------------------|---------|
| 4. Frank Greene (44, Hermosa B.)     | 36:54   |
| 5. Tom Fletcher (41, Canoga Pk.)     | 37:23   |
| 6. Gary Smith (40, Malibu)           | 37:31   |
| <b>Mens 45-49:</b>                   |         |
| 1. Jim Knerr (45, Simi Valley)       | 34:15   |
| 2. Walt Windsor (48, La Crescenta)   | 35:08   |
| 3. Chip Strange (45, Granada Hills)  | 39:30   |
| 4. Don Hosek (47, Northridge)        | 39:49   |
| 5. John Ghini (45, Topanga)          | 39:52   |
| 6. Doug Buckmaster (47, S. Pasad.)   | 40:13   |
| <b>Mens 50-54:</b>                   |         |
| 1. Richard Elizarraras (52, Nor.)    | 38:26   |
| 2. David Hirschson (53, L.A.)        | 38:35   |
| 3. Richard Durand (51, Thous. O.)    | 38:51   |
| 4. Sam Nicholson (51, La Cresc.)     | 39:14   |
| 5. Bob Landry (51, Whittier)         | 39:30   |
| 6. Patrick Devine (51, San Pedro)    | 39:37   |
| <b>Mens 55-59:</b>                   |         |
| 1. Keith Albright (55, La Cresc.)    | 39:05   |
| 2. Avery Bryant (55, R.P. Verdes)    | 39:42   |
| 3. Robert Vannoy (57, Northridge)    | 42:43   |
| 4. Roy Steward (55, Woodland H.)     | 43:00   |
| 5. John Dechampion (59, Wood. H.)    | 44:51   |
| 6. George Williams (58, Wood. H.)    | 45:00   |
| <b>Mens 60 &amp; Over:</b>           |         |
| 1. Phil Castle (62, Fullerton)       | 42:00   |
| 2. Scot Sweet (77, N. Hollywood)     | 42:09   |
| 3. Edward Lowell (64, Tarzana)       | 43:03   |
| 4. Roy George (62, Woodland Hills)   | 46:03   |
| 5. Ted Meyer (61, Granada Hills)     | 47:50   |
| 6. Fred Bruecker (63, Torrance)      | 49:24   |
| <b>Womens 30-39:</b>                 |         |
| 1. Susan Harmon (30, Van Nuys)       | 43:17   |
| 2. Speedy Simpson (33, San Diego)    | 43:28   |
| 3. Barbara Hughes (35, L.A.)         | 44:19   |
| 4. Carmel Vrabel (31, Van Nuys)      | 44:29   |
| 5. Peggy Leahy (37, Tarzana)         | 45:13   |
| 6. Jana Cohen (30, Sherman Oaks)     | 45:37   |
| <b>Womens 40-44:</b>                 |         |
| 1. Jane Dods (44, N. Hollywood)      | 47:45   |
| 2. Yvette Tauzin (43, Beverly Hills) | 48:46   |
| 3. Patricia Rudolph (40, Wood. H.)   | 48:58   |
| 4. Carole Davis (41, Encino)         | 49:25   |
| 5. Lotte Krause (42, Granada Hills)  | 50:09   |
| 6. Bea Findlay (40, Cypress)         | 53:28   |
| <b>Womens 45-49:</b>                 |         |
| 1. Reggie Fonseca (46, Van Nuys)     | 45:29   |
| 2. Oleta Dellasorte (45, L.A.)       | 49:01   |
| 3. Jessie Smith (49, Paramount)      | 51:31   |
| 4. Rosemary Campbell (Van Nuys)      | 51:34   |
| 5. Ina Lisiewicz (45, Glendale)      | 51:41   |
| 6. Patricia Henning (45, L.A.)       | 52:05   |
| <b>Womens 50 &amp; Over:</b>         |         |
| 1. Daisy Wong (55, Burbank)          | 51:17   |
| 2. Margaret Minick (60, Wood. H.)    | 55:04   |
| 3. Miriam Skarin (54, Van Nuys)      | 59:44   |
| 4. Jeanne Nolan (52, Tarzana)        | 59:55   |
| 5. Susana Konecny (53, Redo. B.)     | 1:06:45 |
| 6. Neysa Pickens (53, Encino)        | 1:11:42 |



Derek Turnbull won 2 races at Christchurch

**Valley News**  
**Run of the Press**

February 23, 1980, Van Nuys. 10 KM.

|                                   |       |
|-----------------------------------|-------|
| <b>Men's 35-39:</b>               |       |
| 1. Charles McClung (39, Reseda)   | 34:02 |
| 2. Ed Wehan (35, Los Angeles)     | 35:12 |
| 3. Jim Minami (35, Sun Valley)    | 35:22 |
| 4. Gene Cannady (38, Canoga Pk.)  | 37:05 |
| 5. Jerry Kalman (38, Agoura)      | 37:11 |
| 6. Paul Christman (37, L.A.)      | 38:40 |
| <b>Men's 40-44:</b>               |       |
| 1. Len Efron (44, Northridge)     | 34:57 |
| 2. George Cohen (40, Inglewood)   | 35:49 |
| 3. Jerry Van Meter (42, Van Nuys) | 36:33 |

**Indoor Nationals**  
continued from page 1

Stabler. "We were still running events at 11 o'clock at night."

Hume also won the long jump and pole vault. Rudy Valentine of New York won the 50, 300 and 600 in the 55-59 class. George Braceland of Philadelphia and Harry Koppel of California had some barn-burners in the 65-69 division. Going head-to-head in 4 races, Koppel won the 50 and the 600; Braceland took the 50 hurdles and 1000; all by narrow margins. Braceland went on to win the 300, and place 2nd in the shot, long and triple jumps and pole vault.

Stabler came within 6 seconds of Pete Mundle's U.S. 50-54 two-mile mark, winning in 10:25.2. Bert Lancaster took the 50 and 300 in that division.

Larry Colbert upset U.S. Masters Indoor 300 record-holder Ed Small (33.5) in 33.6 to Small's 34.0 in a competitive 12-man 40-44 field. Lew Faxon won the 40-44 2-mile in 9:53.4.

Jim Hershberger of Kansas topped George Vernosky of Washington, DC in the 45-49 2-mile in 10:07.5 to 10:16.7. Vernosky turns 50 on April 26. Bob Mimm won the 2-mile run and 2-mile walk in his 55-59 division.

Lindsay Hooper won the mile and 1000 in the 50-54 class in 4:50.4 and 2:33.2, respectively. Christel Miller of Glendale, California won the 50 hurdles, shot, high and long jumps in the women's 45-49 class.

Cliff Pauling won the 300 and 600 in the 45-49 group. Lou Gregory flew in from Florida to cop the 75-79 mile, 2-mile, and 2-mile walk. Marcia Spaeth outdueled Rachel Bourn, 3:20.3 to 3:20.9 in the women's 50-54 1000. Harold Greenberg won the 1000-mile double in the 60-64 category.

Clarence Ray took the 50 and 300 in the 30-34 division, while Joann Grissom won the 50 hurdles, shot, high and long jumps in the women's 30-34 class.

National champion Miki Hervey won the 300 and 600 in the women's 35-39 category. Dennis Dyce won the 300 and 600 in the very competitive men's 35-39 division.

The New York Pioneers won the 1600 meter relay in both the submasters and 40-49 divisions. In the 3200 relays, the Greater Rochester Track Club won the submasters, with the New York Masters Sports Club winning the 40-49 race.

**Results of Indoor Nationals**

|                      |                  |     |                      |      |
|----------------------|------------------|-----|----------------------|------|
| <b>50 YARD DASH</b>  | 6 Walker Pierson | 6.8 |                      |      |
|                      | Mel Buschman     | 7.0 |                      |      |
|                      | Ralph Skolnik    | 7.9 |                      |      |
| <b>MEN 30-34</b>     |                  |     | <b>M35-39</b>        |      |
| 1 Clarence Ray       | 5.3              |     | Section 1:           |      |
| 2 Orin Richburg      | 5.5              |     | 1 Dennis Dyce        | 32.2 |
| 3 Willie Overby      | 5.5              |     | 2 Bob Maxwell        | 33.5 |
| 4 Rickey Casen       | 5.5              |     | 3 Bryan Westfield    | 34.4 |
| 5 Arthur Wright      | 5.5              |     | 4 Robin Ficker       | 34.4 |
| 6 James Lafferty     | 5.5              |     |                      |      |
|                      |                  |     | Section 2:           |      |
|                      |                  |     | 5 Robert Stanford    | 34.7 |
|                      |                  |     | 6 Raymond Alexander  | 35.1 |
|                      |                  |     | 7 Ed King            | 35.4 |
|                      |                  |     | 8 Ernain Gil         | 37.4 |
| <b>WOMEN 30-34</b>   |                  |     | <b>M60-64</b>        |      |
| 1 Ruth Gais          | 7.2              |     | Section 1:           |      |
|                      |                  |     | 2 John Grant         | 6.7  |
|                      |                  |     | 4 Sparks Sorlien     | 6.7  |
|                      |                  |     | 6 Marcus Neuhof      | 7.0  |
|                      |                  |     | Nat Heard            | 7.4  |
|                      |                  |     | Robert Mulliken      | 7.1  |
|                      |                  |     | Bill Gilligan        | 7.4  |
|                      |                  |     |                      |      |
|                      |                  |     | Section 2:           |      |
|                      |                  |     | 1 David Lawyer       | 6.5  |
|                      |                  |     | 3 Max Pickl          | 6.7  |
|                      |                  |     | Art Obokata          | 6.8  |
| <b>M35-39</b>        |                  |     | <b>M65-69</b>        |      |
| 1 Ray Alexander      | 5.9              |     | 1 Harry Koppel       | 6.7  |
| 2 Robert Stanford    | 5.9              |     | 2 P.E.A. Duncan      | 6.7  |
| 3 Ernain Gil         | 6.0              |     | 3 George Braceland   | 7.0  |
| 4 Ed King            | 6.1              |     | 4 Ted Hatlen         | 7.4  |
| 5 Alonzo Littlejohn  | 6.2              |     |                      |      |
| 6 Dick Murphy        | 6.3              |     |                      |      |
| <b>M40-44</b>        |                  |     | <b>M70-74</b>        |      |
| 1 Roosevelt Weaver   | 5.9              |     | 1 Manfred d'Elia     | 7.4  |
| 2 Larry Colbert      | 5.9              |     | 2 Wesley Ward        | 7.8  |
| 3 Rick Deere         | 6.0              |     | 3 Blain Till         | 7.9  |
| 4 Rich Barnes        | 6.1              |     | 4 Gordon Wallace     | 8.1  |
| 5 Charles Dudley     | 6.1              |     | 5 Arnolds Ticmanis   | 8.9  |
| 6 Kevin Kaderli      | 6.3              |     |                      |      |
| <b>W40-44</b>        |                  |     | <b>M75-79</b>        |      |
| 1 Joann Grissom      | 6.8              |     | 1 Russell Meyers     | 7.7  |
| 2 Alexandria Johnson | 7.2              |     | 2 Homer VanGelder    | 7.7  |
| 3 Peggy Blount       | 7.2              |     | 3 Konrad Boas        | 7.7  |
| 4 Donna Radigan      | 8.2              |     | 4 Mark Brennan       | 8.5  |
|                      |                  |     | 5 Jim Barrett        | 6.4  |
|                      |                  |     | 6 Roy Cowell         | 6.4  |
| <b>M45-49</b>        |                  |     | <b>W55-59</b>        |      |
| 1 George Horton      | 5.8              |     | 1 Skolnik, Shirley   | 8.9  |
| 2 Matthew Brown      | 5.9              |     |                      |      |
| 3 August Franze      | 6.3              |     |                      |      |
| 4 Jack Kendrick      | 6.3              |     |                      |      |
| 5 Jim Barrett        | 6.4              |     |                      |      |
| 6 Roy Cowell         | 6.4              |     |                      |      |
| <b>W45-49</b>        |                  |     | <b>300 YARD DASH</b> |      |
| 1 Christel Miller    | 6.8              |     |                      |      |
|                      |                  |     |                      |      |
| <b>M50-54</b>        |                  |     | <b>M30-34</b>        |      |
| Section 1:           |                  |     | Section 1:           |      |
| 1 Shirley Davison    | 6.0              |     | 1 Clarence Ray       | 32.6 |
| 5 Thomas Brooks      | 6.4              |     | 2 Rickey Cason       | 32.7 |
| 6 Norman Baum        | 6.4              |     | 3 Norman Baum        | 38.4 |
| Roger Hocker         | 6.5              |     | 5 Arthur Wright      | 33.1 |
| Les Trybey           | 6.5              |     | 7 Dolan Street       | 33.2 |
| Albert Flint         | 6.9              |     | 8 Greg Marshall      | 33.4 |
|                      |                  |     | Robert Jackson       | 34.9 |
|                      |                  |     |                      |      |
|                      |                  |     | Section 2:           |      |
|                      |                  |     | 3 Willie Overby      | 32.9 |
|                      |                  |     | 5 Joseph Kopka       | 33.1 |
|                      |                  |     | James Lafferty       | 34.1 |
|                      |                  |     | Mike Collopy         | 34.2 |
|                      |                  |     | Ralph Wallace        | 34.9 |
|                      |                  |     |                      |      |
|                      |                  |     | Section 3:           |      |
|                      |                  |     | 4 Mike Riddle        | 33.0 |
|                      |                  |     | 9 Orin Richburg      | 33.6 |
|                      |                  |     | Al Lipscomb          | 34.0 |
|                      |                  |     | Jasper Royal         | 34.7 |
|                      |                  |     | James Putnam         | 37.6 |
| <b>M55-59</b>        |                  |     |                      |      |
| Section 1:           |                  |     |                      |      |
| 4 John Harris        | 6.7              |     |                      |      |
| 5 James Johnson      | 6.7              |     |                      |      |

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Indoor Nationals Results  
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|  |  |   |  |   |   |   |  |
|--|--|---|--|---|---|---|--|
| <b>M60-64</b><br>1 David Lawyer 41.1<br>2 Art Obokata 41.5<br>3 Harold Strassenburg 44.2   | <b>M70-74</b><br>1 Dick Bredenbeck 1:54.9<br>2 Harry McArdle 2:00.0<br>3 Blain Till 2:11.8   | <b>M75-79</b><br>1 Mark Brennan 2:13.4  | <b>1000 YARD RUN</b><br>1 Thomas Bryan 2:12.6<br>2 George Jenkins 2:20.9<br>3 Terry Horton 2:21.1<br>4 Elmo Morales 2:24.5<br>5 Jeff Gerson 2:44.2   | <b>M30-34</b><br>1 Susan Redfield 5:37.4<br>2 Barbara Booker 6:03.5<br>3 Nanette Blakely 6:31.9<br>4 Lewis Tucker 7:01.4  | <b>M45-49</b><br>1 Jim Hershberger 10:07.5<br>2 George Vernosky 10:16.7<br>3 Don Farley 10:33.5<br>4 Tom Sturak 10:53.0<br>5 Miklos Gratzter 11:12.8  | <b>W40-44</b><br>1 Mary Ann McNeil 26:43.0  | <b>M45-49</b><br>1 Bob Fine 16:07.3<br>2 Dick McNeil 19:57.7   |
| <b>M65-69</b><br>1 George Braceland 43.7   | <b>M70-74</b><br>1 Manfred d'Elia 45.9<br>2 Blain Till 51.4  | <b>M75-79</b><br>1 Russell Meyers 49.4<br>2 Mark Brennan 55.2   | <b>600-YARD RUN</b><br>1 Mervyn Lewis 1:13.3<br>2 Mike Riddle 1:14.1<br>3 Mike Vanauker 1:15.2<br>4 Dolan Street 1:16.0<br>6 Greg Fabian 1:17.0  | <b>M35-39</b><br>1 Gary Carr 2:22.7<br>2 Michael Kelley 2:30.6<br>3 Tim Collins 2:33.7<br>4 Jim Skalski 2:37.4<br>5 Bill Johnstone 2:43.1<br>6 Tom Rishel 2:57.4  | <b>M50-54</b><br>1 Edward Stabler 10:25.2<br>2 Dick Cheeseman 10:45.0<br>3 Jim Morrow 11:16.2<br>4 John Grant 11:29.3<br>5 Robert Knox 13:45.3  | <b>M60-64</b><br>1 Don Johnson 18:22.6  | <b>M70-74</b><br>1 Gordon Wallace 18:20.3  |
| <b>M70-74</b><br>1 Mervyn Lewis 1:13.3<br>2 Mike Riddle 1:14.1<br>3 Mike Vanauker 1:15.2<br>4 Dolan Street 1:16.0<br>6 Greg Fabian 1:17.0  | <b>Section 1:</b><br>1 Mervyn Lewis 1:13.3<br>2 Mike Riddle 1:14.1<br>3 Mike Vanauker 1:15.2<br>4 Dolan Street 1:16.0<br>6 Greg Fabian 1:17.0  | <b>Section 2:</b><br>5 Mike Collopy 1:16.6<br>7 John Lawrence 1:19.3<br>8 Norman Thomas 1:20.7<br>9 Ron McDonald 1:20.8<br>Bill Stroud 1:21.1<br>Ralph Wallace 1:25.8                         | <b>W30-34</b><br>1 Nancy Siembur 1:51.7  | <b>M45-49</b><br>1 Bill Krebs 2:25.1<br>2 Herb Zipper 2:28.4<br>3 Bob Brock 2:34.5<br>4 Miklos Gratzter 2:43.4<br>5 Alastair Lynn 2:48.7<br>6 Thomas Talbott 2:54.6<br>7 Manfred Diflo 2:58.3   | <b>M50-54</b><br>1 Lindsay Hooper 4:50.4<br>2 Dave Colten 4:52.2<br>3 Kelsey Brown 4:59.2<br>4 Joe Kernan 5:10.6<br>5 Keith Buchanan 5:14.1<br>6 Jim Morrow 5:16.7<br>7 John Cheeseman 5:23.5<br>8 Ted Grenda 5:40.1<br>9 Paul Bellineau 6:36.6 | <b>M65-69</b><br>1 Bill Brobston NT   | <b>SHOT PUT</b><br><b>M30-34</b><br>1 Paul Sadler 44'1½"<br>2 Norman Bower 38'3½"<br>3 Ackroyd 37'6½"<br>4 John Vogler 35'11"<br>5 Donald Pierson 30'2½"<br>6 Kerry Beely 24'3½" |
| <b>W30-34</b><br>1 Nancy Siembur 1:51.7  | <b>M35-39</b><br>1 Dennis Dyce 1:13.2<br>2 Bob Maxwell 1:14.3<br>3 Gary Carr 1:14.9<br>4 Brad Hill 1:16.9<br>5 Ed King 1:19.4<br>6 Robin Ficker 1:20.4<br>7 Richard Ross 1:34.6                      | <b>W35-39</b><br>1 Miki Hervey 1:33.3   | <b>M40-44</b><br>Section 1:<br>1 Glen Shane 1:15.7AR<br>2 Ken Baker 1:16.5<br>3 Larry Colbert 1:16.9<br>4 Richard Rizzo 1:17.9<br>5 Mason O'Neal 1:19.2<br>6 Ed Small 1:19.4<br>Haig Bohigian 1:20.3 | <b>M45-49</b><br>1 Bill Krebs 2:25.1<br>2 Herb Zipper 2:28.4<br>3 Bob Brock 2:34.5<br>4 Miklos Gratzter 2:43.4<br>5 Alastair Lynn 2:48.7<br>6 Thomas Talbott 2:54.6<br>7 Manfred Diflo 2:58.3   | <b>M50-54</b><br>1 Lindsay Hooper 4:50.4<br>2 Dave Colten 4:52.2<br>3 Kelsey Brown 4:59.2<br>4 Joe Kernan 5:10.6<br>5 Keith Buchanan 5:14.1<br>6 Jim Morrow 5:16.7<br>7 John Cheeseman 5:23.5<br>8 Ted Grenda 5:40.1<br>9 Paul Bellineau 6:36.6 | <b>M65-69</b><br>1 Bill Brobston NT   | <b>50 YARD HURDLES</b><br><b>M30-34</b><br>1 Mike Carroll 6.7<br>2 Al Lipscomb 7.0<br>3 A Keroid 7.1   |
| <b>W35-39</b><br>1 Miki Hervey 1:33.3  | <b>M40-44</b><br>Section 1:<br>1 Glen Shane 1:15.7AR<br>2 Ken Baker 1:16.5<br>3 Larry Colbert 1:16.9<br>4 Richard Rizzo 1:17.9<br>5 Mason O'Neal 1:19.2<br>6 Ed Small 1:19.4<br>Haig Bohigian 1:20.3 | <b>M45-49</b><br>1 Bill Krebs 2:25.1<br>2 Herb Zipper 2:28.4<br>3 Bob Brock 2:34.5<br>4 Miklos Gratzter 2:43.4<br>5 Alastair Lynn 2:48.7<br>6 Thomas Talbott 2:54.6<br>7 Manfred Diflo 2:58.3 | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>M50-54</b><br>1 Lindsay Hooper 4:50.4<br>2 Dave Colten 4:52.2<br>3 Kelsey Brown 4:59.2<br>4 Joe Kernan 5:10.6<br>5 Keith Buchanan 5:14.1<br>6 Jim Morrow 5:16.7<br>7 John Cheeseman 5:23.5<br>8 Ted Grenda 5:40.1<br>9 Paul Bellineau 6:36.6 | <b>M55-59</b><br>1 Bryan Westfield 7.3<br>2 Alonzo Littlejohn 8.9<br>3 Bill Willis 9.2  | <b>W40-44</b><br>1 Joann Grissom 37'<br>2 Christine Hubbard 20'11"<br>3 Donna Radigan 16'3"                             |  |
| <b>W40-44</b><br>1 Alexandria Johnson 1:52.5<br>2 Chris Hubbard 2:01.1   | <b>M45-49</b><br>1 Cliff Pauling 1:19.4<br>2 Rudy Enders 1:21.2<br>3 George Gluppe 1:22.4<br>4 Jim Casteel 1:23.9<br>5 Thomas Talbott 1:33.4<br>6 Wally McRae 1:36.0<br>7 John Barrie 1:36.8         | <b>M50-54</b><br>1 Kelsey Brown 1:25.3<br>2 Jim Dowling 1:28.4<br>3 Roger Hocker 1:30.1<br>4 Norman Baum 1:30.6<br>5 Gene Kelly 1:33.8  | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>M55-59</b><br>1 Rudy Valentine 1:27.6<br>2 Don Harris 1:39.6   | <b>M60-64</b><br>1 Harold Greenberg 5:32.3<br>2 Stanley Smith 5:36.1<br>3 Ray Mahannah 5:51.6<br>4 Danforth Geer 5:55.6<br>5 Eugene Osborn 6:09.8   | <b>W40-44</b><br>1 Joann Grissom 8.0  |  |
| <b>M45-49</b><br>1 Cliff Pauling 1:19.4<br>2 Rudy Enders 1:21.2<br>3 George Gluppe 1:22.4<br>4 Jim Casteel 1:23.9<br>5 Thomas Talbott 1:33.4<br>6 Wally McRae 1:36.0<br>7 John Barrie 1:36.8 | <b>M50-54</b><br>1 Kelsey Brown 1:25.3<br>2 Jim Dowling 1:28.4<br>3 Roger Hocker 1:30.1<br>4 Norman Baum 1:30.6<br>5 Gene Kelly 1:33.8   | <b>W50-54</b><br>1 Rachel Bourn 1:53.7<br>2 Edna Dean 2:17.1  | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>M60-64</b><br>1 George Braceland 3:18.2<br>2 Harry Koppel 3:18.5<br>3 Sam Monastero 3:24.2   | <b>M65-69</b><br>1 Bill Brobston 6:22.1<br>2 Sam Monastero 6:23.4   | <b>M40-44</b><br>1 Barry Kline 7.0<br>2 Lawrence Judd 7.0<br>3 Sammy White 7.0<br>4 James O'Hara 7.0<br>5 Gary Bane 7.0 |  |
| <b>M65-69</b><br>1 Harry Koppel 1:46.4<br>2 George Braceland 1:46.9<br>3 Sam Monastero 1:49.4  | <b>W50-54</b><br>1 Rachel Bourn 1:53.7<br>2 Edna Dean 2:17.1   | <b>M55-59</b><br>1 Rudy Valentine 1:27.6<br>2 Don Harris 1:39.6   | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>M65-69</b><br>1 George Braceland 3:18.2<br>2 Harry Koppel 3:18.5<br>3 Sam Monastero 3:24.2   | <b>M70-74</b><br>1 Richard Bredenbeck 6:32.1<br>2 Harry McArdle 7:03.4  | <b>M45-49</b><br>1 Phil Mulkey 7.2<br>2 William Clark 7.2<br>3 Dick McNeil 8.6  |  |
| <b>M60-64</b><br>1 Alex Woodhouse 1:35.3<br>2 Howard Strassenburg 1:35.9<br>3 Harold Greenberg 1:38.0  | <b>M65-69</b><br>1 Harry Koppel 1:46.4<br>2 George Braceland 1:46.9<br>3 Sam Monastero 1:49.4  | <b>M70-74</b><br>1 Harry McArdle 3:50.2   | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>M75-79</b><br>1 Mark Brennan 4:45.9  | <b>M70-74</b><br>1 Richard Bredenbeck 6:32.1<br>2 Harry McArdle 7:03.4  | <b>M40-44</b><br>1 Christel Miller 9.6  |  |
| <b>M65-69</b><br>1 Harry Koppel 1:46.4<br>2 George Braceland 1:46.9<br>3 Sam Monastero 1:49.4  | <b>M70-74</b><br>1 Harry McArdle 3:50.2  | <b>M75-79</b><br>1 Mark Brennan 4:45.9  | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>M80+</b><br>1 Frank Fetter 10:11.9   | <b>M70-74</b><br>1 Richard Bredenbeck 6:32.1<br>2 Harry McArdle 7:03.4  | <b>M50-54</b><br>1 R.G. Wolf 8.0<br>2 James Ryan 8.4<br>3 Harold Colen 8.4  |  |
| <b>M60-64</b><br>1 Alex Woodhouse 1:35.3<br>2 Howard Strassenburg 1:35.9<br>3 Harold Greenberg 1:38.0  | <b>M65-69</b><br>1 Harry Koppel 1:46.4<br>2 George Braceland 1:46.9<br>3 Sam Monastero 1:49.4  | <b>M70-74</b><br>1 Harry McArdle 3:50.2   | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>2-MILE RUN</b><br><b>M30-34</b><br>1 Larry Nafie 9:38.5<br>2 Jim Boyle 9:48.8<br>3 Steve Currins 9:56.6<br>4 Jim Patten 10:10.8<br>5 Francis Spadaro 10:21.5   | <b>M70-74</b><br>1 Richard Bredenbeck 6:32.1<br>2 Harry McArdle 7:03.4  | <b>M55-59</b><br>1 Ed Lukens } tie 8.5<br>1 Freeman Marr } 8.5<br>3 Johnson 8.6<br>4 Mel Buschman 9.0                   |  |
| <b>M65-69</b><br>1 Harry Koppel 1:46.4<br>2 George Braceland 1:46.9<br>3 Sam Monastero 1:49.4  | <b>M70-74</b><br>1 Harry McArdle 3:50.2  | <b>M75-79</b><br>1 Mark Brennan 4:45.9  | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>W30-34</b><br>1 Nancy Siembur 14:14.5  | <b>M70-74</b><br>1 Richard Bredenbeck 6:32.1<br>2 Harry McArdle 7:03.4  | <b>M60-64</b><br>1 Marcus Newhof 8.3<br>2 Art Obokata 8.4<br>3 Max Pickl 8.4  |  |
| <b>M60-64</b><br>1 Alex Woodhouse 1:35.3<br>2 Howard Strassenburg 1:35.9<br>3 Harold Greenberg 1:38.0  | <b>M65-69</b><br>1 Harry Koppel 1:46.4<br>2 George Braceland 1:46.9<br>3 Sam Monastero 1:49.4  | <b>M70-74</b><br>1 Harry McArdle 3:50.2   | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>M35-39</b><br>1 Bill Stewart 4:19.3<br>2 Ralph Zimmerman 4:39.0<br>3 Ben O'Reilly 4:40.2<br>4 Tim Collins 4:53.1<br>5 Jim Skalski 4:55.8<br>6 Paul Avtell 5:17.9   | <b>M70-74</b><br>1 Richard Bredenbeck 6:32.1<br>2 Harry McArdle 7:03.4  | <b>M65-69</b><br>1 George Braceland 8.2<br>2 Harry Koppel 8.8<br>3 Richard Lacey 9.0<br>4 Ted Hatlen 9.2                |  |
| <b>M65-69</b><br>1 Harry Koppel 1:46.4<br>2 George Braceland 1:46.9<br>3 Sam Monastero 1:49.4  | <b>M70-74</b><br>1 Harry McArdle 3:50.2  | <b>M75-79</b><br>1 Mark Brennan 4:45.9  | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>W35-39</b><br>1 Ruth Gais 5:32.7<br>2 Nancy Mieszczak 5:33.0   | <b>M70-74</b><br>1 Richard Bredenbeck 6:32.1<br>2 Harry McArdle 7:03.4  | <b>M70-74</b><br>1 Wesley Ward 10.1   |  |
| <b>M60-64</b><br>1 Alex Woodhouse 1:35.3<br>2 Howard Strassenburg 1:35.9<br>3 Harold Greenberg 1:38.0  | <b>M65-69</b><br>1 Harry Koppel 1:46.4<br>2 George Braceland 1:46.9<br>3 Sam Monastero 1:49.4  | <b>M70-74</b><br>1 Harry McArdle 3:50.2   | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>M40-44</b><br>1 Andrea Hatch 12:41.4   | <b>M70-74</b><br>1 Richard Bredenbeck 6:32.1<br>2 Harry McArdle 7:03.4  | <b>M75-79</b><br>1 Russell Meyers 8.8   |  |
| <b>M65-69</b><br>1 Harry Koppel 1:46.4<br>2 George Braceland 1:46.9<br>3 Sam Monastero 1:49.4  | <b>M70-74</b><br>1 Harry McArdle 3:50.2  | <b>M75-79</b><br>1 Mark Brennan 4:45.9  | <b>Section 2:</b><br>7 Bill Knocke 1:20.0<br>8 Jack Brocksmith 1:20.2<br>9 Louis Johnson 1:20.2<br>Ian Fraser 1:21.1<br>Jim Bradley 1:22.8<br>Michael Preston 1:29.8<br>Jack Blakely 1:30.2          | <b>M45-49</b><br>1 Lew Faxon 9:53.4<br>2 Peter Jeffers 10:01.0<br>3 Henry Glyde 10:14.3<br>4 Bruce Fredrikson 10:27.4<br>5 James Fillis 10:39.4   | <b>M70-74</b><br>1 Richard Bredenbeck 6:32.1<br>2 Harry McArdle 7:03.4  | <b>2-MILE WALK</b><br><b>M30-34</b><br>1 Ronald Salvio 17:31.1<br>2 Ivan Black 18:50.7<br>3 Kerry Beely 22:36.2         |  |

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Indoor Nationals Results  
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WEIGHT THROW

| M30-34               |         |
|----------------------|---------|
| 1 John Vogler        | 41'0"   |
| 2 Joe Ross           | 39'9"   |
| 3 Norm Bower         | 39'2"   |
| 4 Ackroyd            | 37'6"   |
| 5 Donald Pierson     | 33'7"   |
| 6 Salvio             | 28'1"   |
| 7 Beely              | 16'5"   |
| M40-44               |         |
| 1 Norm Cyprus        | 43'7"   |
| 2 Oscar Jensen       | 40'3"   |
| 3 Carl Klehm         | 40'     |
| 4 Jay Edwards        | 33'4"   |
| M45-49               |         |
| 1 Irving Black       | 45'6"   |
| 2 Len Olson          | 44'6"   |
| 3 Pay Carstensen     | 34'0"   |
| 4 Jackson Tovell     | 33'7"   |
| 5 Alf Sundin         | 32'11"  |
| 6 Dick Mann          | 30'8"   |
| M50-54               |         |
| 1 Tom Hill           | 28'5"   |
| M55-59               |         |
| 1 William Walmroth   | 39'3/4" |
| 2 David Batchelor    | 32'7"   |
| 3 John Ulam          | 23'3"   |
| M60-64               |         |
| 1 Tom McDermott      | 47'4"   |
| 2 Bill Gilligan      | 37'4"   |
| 3 Paul Eberhardinger | 28'1"   |
| M65-69               |         |
| 1 Nolan Fowler       | 46'11"  |
| 2 Bob Detweiler      | 33'2"   |
| 3 James York         | 32'7"   |
| 4 William Eipel      | 27'0"   |
| M70-74               |         |
| 1 Raymond Connolly   | 27'0"   |
| 2 Arnolds Ticmanis   | 25'4"   |
| M35-39               |         |
| 1 Edward Hill        | 45'2"   |
| 2 J. Russell         | 29'11"  |
| 3 Alfred Taule       | 25'0"   |

TRIPLE JUMP

| M30-34              |            |
|---------------------|------------|
| 1 William Zoeller   | 43'8"      |
| 2 Mike Carroll      | 42'11"     |
| 3 Dick Quivey       | 40'1 1/2"  |
| 4 Ivan Black        | 39'5"      |
| 5 Rip Dyer          | 37'3 1/2"  |
| 6 Donald Pierson    | 34'4 1/2"  |
| M35-39              |            |
| 1 Alonzo Littlejohn | 35'1"      |
| 2 John Russell      | 30'9 1/2"  |
| M40-44              |            |
| 1 Sammy White       | 39'1"      |
| 2 Lawrence Judd     | 36'4 1/2"  |
| 3 Hugo Bain         | 35'8"      |
| 4 Haig Bohigian     | 35'2 1/2"  |
| 5 Alfred Taule      | 32'1"      |
| M45-49              |            |
| 1 Phil Mulkey       | 37'4"      |
| 2 Mendal Smith      | 33'8 1/2"  |
| 3 George John       | 31'9 1/2"  |
| M50-54              |            |
| 1 Shirley Davisson  | 38'11 1/2" |
| 2 H. Wagemaker      | 33'10"     |
| 3 R.G. Wolf         | 31'9 1/2"  |
| 4 Thomas Brooks     | 29'10"     |
| 5 Harold Colen      | 29' 1/2"   |
| 6 Charles Olson     | 28' 1/2"   |
| M55-59              |            |
| 1 James Johnson     | 34'8 1/2"  |
| 2 Ed Lukens         | 34'3 1/2"  |
| 3 Dave Brown        | 33'11"     |
| 4 Freeman Marr      | 27'6 1/2"  |
| M60-64              |            |
| 1 Max Pickl         | 29'8"      |
| 2 Sparks Sorlien    | 29'7 1/2"  |
| M65-69              |            |
| 1 Ian Hume          | 32'3"      |
| 2 George Braceland  | 28'5 1/2"  |
| 3 Sherman Burho     | 24'4 1/2"  |
| 4 Bob Detweiler     | 22'0 1/2"  |
| M70-74              |            |
| 1 Wesley Ward       | 25'2 1/2"  |
| 2 Arnolds Ticmanis  | 19'5 1/2"  |
| M75-79              |            |
| 1 Homer VanGelder   | 23'7 1/2"  |
| 2 Russell Meyers    | 23'3 1/2"  |

LONG JUMP

| M30-34             |              |
|--------------------|--------------|
| 1 Rip Dyer         | 21'10"       |
| 2 Mike Carroll     | 21'8 1/2"    |
| 3 Mike Riddle      | 21'5"        |
| 4 Larry Long       | 21'1"        |
| 5 Greg Marshal     | 20'2 1/2"    |
| 6 Robert Jackson   | 20'2 1/2"    |
| 7 William Zoeller  | 19'8"        |
| 8 Ivan Black       | 17'4 1/2"    |
| 9 Donald Pierson   | 16'9 1/2"    |
| Ralph Wallace      | 15'4 1/2"    |
| M35-39             |              |
| 1 Ernain Gil       | 19'6"        |
| 2 Alfred Taule     | 16' 1/2"     |
| 3 John Shaw        | 15'4 1/2"    |
| M40-44             |              |
| 1 Lawrence Judd    | 20'1 1/2"    |
| 2 G. Counihan      | 20' 1/2"     |
| 3 Sammy White      | 19'3 1/2"    |
| 4 Haig Bohigian    | 18'1 1/2"    |
| 5 Hugo Bain        | 17'8 1/2"    |
| 6 Gary Bane        | 17'7"        |
| 7 Rick Deere       | 17' 1/2"     |
| 8 John Waters      | 16'7"        |
| 9 Charles Dudley   | 16'6 1/2"    |
| Bill Toomey        | 12'2"        |
| M45-49             |              |
| 1 Rudy Enders      | 19'5 1/2"    |
| 2 William Clark    | 19'4"        |
| 3 Phil Mulkey      | 19'0"        |
| 4 Jack Kendrick    | 17'4 1/2"    |
| 5 George John      | 15'6 1/2"    |
| 6 John Barrie      | 15'2 1/2"    |
| M50-54             |              |
| 1 Shirley Davisson | 20'8 1/2" WR |
| 2 H. Wagemaker     | 17'3 1/2"    |
| 3 R.G. Wolf        | 16'2 1/2"    |
| 4 Harold Colen     | 15'8 1/2"    |
| 5 James Ryan       | 15'2 1/2"    |
| 6 Alfred Flint     | 14'9 1/2"    |
| 7 Tom Hill         | 14'2 1/2"    |
| M55-59             |              |
| 1 Richard Morcum   | 18' 1/2"     |
| 2 James Johnson    | 17'6 1/2"    |
| 3 Ed Lukens        | 16'11"       |
| M60-64             |              |
| 1 Max Pickl        | 29'8"        |
| 2 Sparks Sorlien   | 29'7 1/2"    |
| M65-69             |              |
| 1 Ian Hume         | 32'3"        |
| 2 George Braceland | 28'5 1/2"    |
| 3 Sherman Burho    | 24'4 1/2"    |
| 4 Bob Detweiler    | 22'0 1/2"    |
| M70-74             |              |
| 1 Wesley Ward      | 25'2 1/2"    |
| 2 Arnolds Ticmanis | 19'5 1/2"    |
| M75-79             |              |
| 1 Homer VanGelder  | 23'7 1/2"    |
| 2 Russell Meyers   | 23'3 1/2"    |

| HIGH JUMP              |              |
|------------------------|--------------|
| M30-34                 |              |
| 1 Mike Carroll         | 6'0"         |
| 2 Robert Jackson       | 5'8"         |
| 3 Ivan Black           | 5'4"         |
| 4 James Ackroyd        | 5'2"         |
| 5 Donald Pierson       | 5' 1/2"      |
| M35-39                 |              |
| 1 Richard Ross         | 6'0"         |
| 2 Alonzo Littlejohn    | 6'0"         |
| 3 John Russell         | 5'2"         |
| M40-44                 |              |
| 1 Jerry Counihan       | 5'10"        |
| 2 Ed Zuran             | 5'10"        |
| 3 Mamon Gibson         | 5'10"        |
| 4 Tom Langenfeld       | 5'10"        |
| 5 Lawrence Judd        | 5'4"         |
| 6 Barry Kline          | 5'4"         |
| 7 Gary Bane            | 5'2"         |
| M45-49                 |              |
| 1 Kermit Hollingsworth | 5'6"         |
| 2 Phil Mulkey          | 5'2"         |
| 3 George John          | 4'4"         |
| 3 Len Olson            | 4'4"         |
| M50-54                 |              |
| 1 H. Wagemaker         | 5'4"         |
| 2 Stan Egerton         | 4'10"        |
| 3 R.G. Wolf            | 4'4"         |
| 3 Charles Olson        | 4'4"         |
| M55-59                 |              |
| 1 Richmond Morcum      | 5'0"         |
| 2 Spotswood Hall       | 5'0"         |
| 3 Dave Brown           | 4'6"         |
| 4 Freeman Marr         | 4'4"         |
| 5 Ed Lukens            | 4'4"         |
| 6 Mel Buschman         | 4'2"         |
| M60-64                 |              |
| 1 Burl Gist            | 4'10 1/2"    |
| 2 Marcus Neuhof        | 4'7 1/2"     |
| 3 Max Pickl            | 4'6"         |
| 4 Paul Eberhardinger   | 3'10"        |
| M65-69                 |              |
| 1 Ian Hume             | 4'10 1/2" WR |
| 2 William Eipel        | 4'7 1/2"     |
| 3 Ted Hatlen           | 4'2"         |
| 3 George Braceland     | 4'2"         |
| 5 Dick Lacey           | 4'0"         |
| M70-74                 |              |
| 1 Wesley Ward          | 4'4" AR      |
| 2 Arnolds Ticmanis     | 3'8"         |
| M75-79                 |              |
| 1 Homer Van Gelder     | 3'10"        |

## NOW AVAILABLE Masters Age-Records 1980

Compiled by National AAU Records Chairmen Pete Mundle and Kathy Breiger, with Lori Maynard and Alan Wood.

•Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Jan. 1, 1980.

•U.S. Age Bests for Men & Women for all race-walking events, age 40 and up, as of Jan 1, 1980.

•Men's U.S. Masters Indoor & Outdoor Championship Records.

•48 pages. Thousands of entries. Lists name, age, state and date of record.

Send \$3.00 plus 50 cents for postage & handling to: National Masters Newsletter  
6200 Hazeltine Ave.  
Van Nuys, CA 91401

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

1600 METER RELAY

| M30-39 |   |
|--------|---|
| 1      | 3:24.4 New York Pioneers (Overby, Jackson, Lewis, Dyce)         |
| 2      | 3:24.8 Potomac Valley (Riddle, Maxwell, Wright, Ficker)         |
| 3      | 3:26.4 Ann Arbor Track Club (Morales, Ray, Jenkins, Street)     |
| 4      | 3:51.2 Over-the-Hill Track Club (Slywka, Lewis, Bell, Lipscomb) |
| M40-49 |   |
| 1      | 3:33.3 New York Pioneers (Gaton, Small, Shane, O'Neal)          |
| 2      | 3:35.2 Potomac Valley Seniors (Enders, Bradley, Demma, Colbert) |
| 3      | 3:39.9 Atlanta Track Club (White, Casteel, Johnson, Brocksmith) |
| 4      | 4:14.2 Syracuse Chargers (Ucci, McRae, Kaderli, Fondy)          |
| M50-59 |   |
| 1      | 4:43.5 Shore Athletic Club (Greenberg, Cheeseman, Mimm, Kelly)  |

3200 METER RELAY

| M30-39 |  |
|--------|--|
| 1      | 8:22.7 Greater Rochester Track Club (Ladd, Benedict, Williams, VanAuken) |
| 2      | 9:16.0 Over-the-Hill Track Club (Gerson, Thomas, Green, Slywka)          |
| M40-49 |  |
| 1      | 9:00.7 New York Masters (Fine, Bohigian, Krebs, Zipper)                  |
| 2      | 9:22.2 Finger Lakes Runners Club (Collins, Jeffers, Blakely, Farley)     |
| 3      | 11:19.6 Atlanta Track Club (White, Casteel, Johnson, Brocksmith)         |

WOMEN

|   |  |
|---|--|
| 1 | 9:22.2 Finger Lakes Runners Club (Spaeth, Blakely, DeBoer, Booker) |
|---|--|

Sponsored by Midwest Masters, AAU of the United States

DATE: Sunday, August 24, 1980

SITE: University of Illinois at Chicago Circle  
901 West Roosevelt Road  
Chicago, Illinois 60680

EVENTS: Pentathlon (Hammer, Shot, Disc, Javelin, and 35# Weight Throw)  
56# Weight Throw (6 throws each event)

ELIGIBILITY: Open to all amateur athletes (men and women)

AWARDS: Medals to first three finishers in each division

ENTRY FEE: Pentathlon - \$6.00 56# Weight Throw - \$6.00

TIME SCHEDULE: 9:00 A.M. - 56# Weight Throw  
10:00 A.M. - Start of Pentathlon (completion by 4:00 P.M.)

AGE GROUPS: 30-34 40-44 50-54 60-64 70-74 80+  
35-39 45-49 55-59 65-69 75-79

ENTRIES: Advance entries should be sent to: Dave Jacobson  
(Deadline August 10, 1980) 2140 Lincoln Park West - Apt. 309  
Chicago, Illinois 60614

LODGING: Chicago Downtown Holiday Inn (Block of rooms will be reserved at special rates)  
One Mid-City Plaza  
Chicago, Illinois 60606  
Phone 312/829-5000

Sponsored by Midwest Masters, AAU of the United States

DATE: Sunday, September 14, 1980

SITE: University of Illinois at Chicago Circle  
901 West Roosevelt Road  
Chicago, Illinois 60680

EVENTS: Pentathlon (Hammer, Shot, Disc, Javelin, and 35# Weight Throw)  
56# Weight Throw (6 throws each event)

ELIGIBILITY: Open to all amateur athletes (men and women)

AWARDS: AAU Medals

ENTRY FEE: Pentathlon - \$6.00 56# Weight Throw - \$6.00

TIME SCHEDULE: 9:00 A.M. - 56# Weight Throw  
10:00 A.M. - Start of Pentathlon (completion by 4:00 P.M.)

AGE GROUP: 30-34 40-44 50-54 60-64 70-74 80+  
35-39 45-49 55-59 65-69 75-79

ENTRIES: Advance entries should be sent to: Dave Jacobson  
(Deadline August 31, 1980) 2140 Lincoln Park West - Apt. 309  
Chicago, Illinois 60614

LODGING: Chicago Downtown Holiday Inn (Block of rooms will be reserved at special rates)  
One Mid-City Plaza  
Chicago, Illinois 60606  
Phone 312/829-5000

MIDWEST MASTERS & SUBMASTERS WEIGHTMAN'S PENTATHLON CHAMPIONSHIP & 56# WEIGHT THROW

Please enter me in the following events, for which I have enclosed:

Pentathlon  \$6.00 / /  
56# Weight Throw  \$12.00 / /

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages against the Midwest Masters, AAU of the United States; the University of Illinois Chicago Circle, their agents, representatives, successors and assigns, for any and all injuries suffered by me while going to, returning from and competing at said meet.

Print all information except for signature: Date signed: \_\_\_\_\_  
Signature of Entrant: \_\_\_\_\_ Print Name: \_\_\_\_\_  
AAU Registration #: \_\_\_\_\_ Club: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_  
Phone: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Age Group: \_\_\_\_\_

NATIONAL MASTERS & SUBMASTERS WEIGHTMAN'S PENTATHLON & 56# WEIGHT THROW

Please enter me in the following events, for which I have enclosed:

Pentathlon  \$6.00   
56# Weight Throw  \$12.00

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages against the Midwest Masters, AAU of the United States, the University of Illinois Chicago Circle, their agents, representatives, successors and assigns, for any and all injuries suffered by me while going to, returning from and competing at said meet.

Print all information except for signature: Date signed: \_\_\_\_\_  
Signature of Entrant: \_\_\_\_\_ Print Name: \_\_\_\_\_  
AAU Registration #: \_\_\_\_\_ Club: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_  
Phone: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Age Group: \_\_\_\_\_

NINTH ANNUAL METROPOLITAN MASTERS TRACK & FIELD CHAMPIONSHIPS - SANCTIONED BY THE METROPOLITAN ATHLETIC CONGRESS Men and women 30+

SUNDAY, JUNE 15, 1980 DOWNING STADIUM - RANDALL'S ISLAND, NEW YORK  
CHANGING FACILITIES AVAILABLE - NO SPIKES PERMITTED IN ANY EVENT.  
PRIZES: Three Masters Championship medals in each age division.  
ELIGIBILITY: Open to men and women over 30 registered in the Metropolitan Athletic Congress/ Met. AAU. You can obtain registration by writing Met. AAU, 15 Park Row, NYC 10038  
ENTRY FEE: \$3.00 per event. \$12.00 for the relays.  
AGE GROUPS: Five year age groups for men and women from 30 to 79 (30-34; 35-39; etc.)  
TEAM TROPHY: A team trophy will be awarded to the 30-39; 40-49; and, 50+ teams on the basis of 5-3-1, with each five year group, for both men and women, added together within each team division.  
CHAMPIONSHIP PATCHES: Championship patches will be awarded to all winners, with no more than one patch per individual  
EVENTS FOR MEN: 100, 220, 440, 880, mile, 3 mile, 6 mile, 2 mile walk, hurdles, shot put, long jump, javelin, discus, weight throw, pole vault, triple jump, high jump  
EVENTS FOR WOMEN: 100, 220, 440, 880, mile, 3 mile, 6 mile, 2 mile walk, shot put, long jump, javelin  
RELAYS TO BE DECLARED AT TIME OF RACE. FOUR THROWS MAXIMUM IN THE THROWING AND JUMPING EVENTS.  
EVENTS & THEIR ORDER - These are approximate times. The meet may run ahead of schedule. It is suggested that those schedule for noon check in at 11:30; at 1:00 a half hour earlier; at 2:00 45 minutes earlier. Combined groups by age and sex may be used at the discretion of the Meet Director. NO SPIKES PERMITTED IN ANY EVENT.

|              |       |               |      |              |       |              |      |
|--------------|-------|---------------|------|--------------|-------|--------------|------|
| 5 mile run   | 10:00 | 220 yd. dash  | 1:30 | Long Jump    | 10:00 | Shot Put     | 1:00 |
| high hurdles | 11:00 | 880 yd. run   | 2:00 | Javelin      | 10:00 | Triple Jump  | 2:00 |
| 100 yd. dash | 11:45 | 3 mile run    | 2:30 | Discus       | 11:00 | Weight Throw | 2:00 |
| one mile run | 12:00 |               |      | High Jump    | 12:00 |              |      |
| 440 yd. dash | 12:30 | 880 yd. relay | 3:10 | Hammer Throw | 12:00 |              |      |
| 2 mile walk  | 1:00  | 2 mile relay  | 3:30 | Pole Vault   | 1:00  |              |      |

I hereby waive any claim I or my heirs may have against the Masters Sports Assoc., Met. AAU, Athletic Congress and the City of New York for any injuries sustained as a result of my participation in the Ninth Annual Metropolitan Masters Championships. I also certify that I am in good health and physically able to participate in this meet.

SIGNATURE \_\_\_\_\_ \$3.00 per event; \$12.00 per relay.  
NAME (Print) \_\_\_\_\_ ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_  
AAU or ATHLETIC CONGRESS # \_\_\_\_\_ AGE \_\_\_\_\_ SEX Male Female CLUB \_\_\_\_\_  
EVENTS \_\_\_\_\_

Make check payable to MASTERS SPORTS ASSOC. and mail to Haig Bohigian, 225 Hunter Ave., North Tarrytown, N.Y. 10591.

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