

Jim O'Neil, San Diego, won Age 55-59 World Veterans 10K Distance gold medal in New Zealand, and took 3 silver medals in 5000, 10,000 and Cross-Country, setting 2 age-division records.
photo by Bob Pates

Demonstrations Against South African Athletes

# Protests, Violence Mar 4th World Games 

by Al Sheahen

Politics, protests and violence marred the otherwise successful 4th World Veterans Games in Christchurch, New Zealand January 8-14.
Daily demonstrations at the stadium by a local group, protesting the participation in the games of athletes from South Africa, cast a shadow over the otherwise friendly and enjoyable week of competition.
On at least two occasions, disruptions caused veteran athletes to attack and beat protestors who had interfered with the events.
The controversy kept the games on page one of the New Zealand papers for the entire 8 -day length of the meet.
The New Zealand Press called for the Games to return its government grant.
The tremendous problems faced by the organizers of the Games became apparent even before the games got underway.

Last fall, when hoped-for commercial financial support fell through, the organizers approached the New Zealand government. It agreed to give $\$ 40,000$ to the Games with the condition that athletes from South Africa be barred from competing. A

45 World Marks Set

## 2400 From 44 Nations Compete in 4th World Veterans Games

by Al Sheahen

About 2400 participants from 44 nations took part in the 4th World Veterans Games in Christchurch, New Zealand from January 8-14.

While the number of competitors fell below the record 3126 at the 3rd World Games in Germany in 1979 - understandable because of the distance and cost - the 44 nations were a new high for the veterans movement. Forty-two countries were represented in Hannover and 27 at the 2nd World Games in Goteborg, Sweden in 1977.
No Eastern European or third world nations were represented, however, so the program still has a ways to go before it becomes truly worldwide. But strong sentiment was expressed to encourage all nations of the world to participate in the growing veterans movement.

Forty-five world and 18 separate American age-division records were broken as masters athietes continue to prove the body is capable of achievements undreamed of years ago. The women's age-record book was virtually rewritten as 36 world and 7 American marks went by the wayside.

American athletes picked up 81 gold medals, 74 silvers, and 60 bronze medals, divided among the approximately 120 who travelled from the U.S.
Competition was held in 5 -year age groups for men over 40 and women over 35. A pre-meet one-day program was conducted for men $35-39$ and women 30-34.

The incidents were more than offset by the engaging hospitality of the New Zealanders, by the good weather and by the generally smooth way the meet was conducted.
Demonstrations against South Afriean athletes (see separate story) were more than offset by the engaging hospitality of the New Zealanders, by the good weather and by the generally smooth way the meet was conducted.

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Write On!

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## AGE RECORDS

You're doing a terrific job on the NMN. Your "Masters Survey" is one of the reasons, as it shows you're open minded and open to suggestions.
I have found the age records to be the greatest factor in motivating improvement and participation and attainment of our REAL goal -. improved physical fitness. Thus, I think you should reconsider your policy of printing only "age-group" records. In the Senior Olympics article, only one man and five women were mentioned as setting "age-group" records out of the hundreds that participated and may that set world and U.S. single-age records. How do they feel? Cheated. It would not be "impossibly confusing" in the case of the geniuses in track, none of whom are "casual readers" and WANT you to talk records in each paragraph. I have made quite a study and find that everyone loves age records even though they won't always admit it. Most important is that an "age-group" record is not a GROUP record at all. It is actually a record of the LOWEST AGE of the group. $40,45,50$, etc. I checked it out. The following ages hold the age-group record: 100: $35,41,45,50,55,61,65$, 70. For the 200: 38, 40, 45, 50, etc. For the 400: $35,40,47,50$, etc.
The same applies to jumps and all other events. Thus, you have only one year in which to make a "group" record.
So you can do the greatest service to the Vets program and the individuals in it by putting in MORE and in fact, ALL, age records. Even in fine print, because this is one of the greatest motivating factors in the whole program.
To give credit when one does well makes the person happy and "lights his fires."

I think the dates of the 4 big meets in California in 1981 should be coordinated on consecutive weekends, so that those coming from long distances can take in as many as possible in one try.

Keep up the good work.
Stan Thompson
Honolulu, Hawaii
I agree with your policy of 5 -year age division records, but also want Pete Mundle to continue the individual age records. So why not print the annual masters records book such that the 5-year division records are underlined or in darker type? Have faith. Your publication is destined to grow into a very big operation. It may seem hand-to-mouth now but be patient and persevere. The growth in masters competition is documentable, and yours is the best publication to serve this group. Just hang in there. Your success is assured.

## 60's \& 70's SLIGHTED

Over half of the long distance runs offer no 60 or 70 year old age classes. They're listed $50+$, leaving the 60 and 70 year olds completely shut out. The excuse being: not enough runners. The real reason seems to be they can get the runs tabulated faster. They regard older, slower runners as a liability.
The San Diego Track Club has now approved a rule to include the 60 and 70 year olds. But will the meet directors go along?

Willard Benton, 76
San Diego, Calif.

## RESULTS

Race directors sometimes artificially divide results into age categories when it actually was a single race. For example, the 10,000 meter race at Midwest Masters was actually a fast heat and a slow heat, but your results indicate it as though it was eight separate races. Perhaps it should be more properly listed as a single race with runners listed in the order they finished with their divisions behind them. This could save space, particularly in the area of regional results.

## Hal Higdon

Michigan City, Indiana,

## TRIATHLON

I suggest we combine masters sports into bi and triathlon events; in particular: run, swim, cycle. We have a 3 mile run - $1 / 2$ mile swim in our area which draws many master participants. This past August the Sri Chimnoy sponsored a triathlon (swim, cycle, run) which drew several master athletes. These types of events would be an excellent means of bringing together the master competitor in different areas. This would introduce the competition to different events. The three do a lot for overall fitness and break up the routine of doing just one.

Larry Jowett

## TRAINING TIPS

I agree with Bud Deacon that sprinters, jumpers and weight men need some aerobic training. I've been doing the heel and toe walk for at least 5 kilometers, three or four times a week. I feel much better and it hasn't seemed to have had an adverse effect on my anaerobic activities. In fact, I think it has helped them.

Win McFadden
San Diego, CA

## EAST

February 7 (Saturday): MSA Indoor Development Meet, 369th Arm, New York City, 9 AM.

February 8 (Sunday): TFA Eastern Masters Indoor Track \& Field Championships. Slippery Rock, Pa. Contact: Sue Kline, 226 Idlewood Rd., Pittsburgh, Pa . 15235. (412) 793-2967.
February 15 (Sunday): 3rd Annual Metropolitan Athletics Congress Masters Indoor Track \& Field Championships. Staten Island, N.Y. Contact: Rudy Clarence, 484 Troy Ave., Brooklyn, NY 11203. Entry form in this issue.

February 16 (Monday): MSA Indoor Development Meet, 102nd Reg Arm, New York City, 6 PM.
February 20 (Friday): MSA Indoor Development Meet, 102nd Reg Arm, New York City, 6PM.
February 22 (Sunday): 9th Annual TAC Eastern Regional Masters Indoor Track \& Field Championships. Lehigh University, Bethlehem, Pa . Contact: Philadelphia Masters T\&F Assoc. Rm. 738 Land Title Bldg., Philadelphia, PA 19110. (215) MU6-3617. Entry form in this issue.

February 28 (Saturday): MSA Indoor Development Meet, Queens College, New York, 9AM.

March 1 (Sunday). Nike/Penn Mutual Masters Grand Prix 15 K , Needham, Mass. Men and women age 35 and over. Contact: John Pistone, 186 Common wealth, Boston, MA 02116.
March 22 (Sunday): National Open and Masters TAC 30 K Road Champion ships. Schenectady to Albany, NY. Contact: Bill Shrader, PO Box 1204, Albany, NY 12201. (518) 463-5120. All ages
March 28 (Saturday): Nike/Penn Mutual Masters Grand Prix 10K, Brooklyn, N.Y. Men and women age 35 and over. Contact: Bob Fine, 77 Prospect Place, Brooklyn, NY 11217.

May 31 (Sunday): Eastern Regional Open and Masters Marathon Championships. Holyoke, Mass. $\$ 250$ Savings Bond 1st prize. Contact: Walter Childs,

The purpose of this schedule is to identify masters only competition. Most of the events listed here focus primarily on masters participation. Track and field events offer competition for men and women over age 30 unless otherwise noted. Masters long distance events generally feature competition for men and women over age 35 . Entry blanks for national and regional championships will generally be printed in the newsletter $30-60$ days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.

PO Box 1484, Springfield, MA 01101. (413) 566-3145.

July 4-5 (Saturday \& Sunday): North American Masters Track \& Field Championships, Philadelphia.
August 9 (Sunday): National Masters TAC 20 K Road Championships, Lake George, N.Y. Contact: Bill Shrader, P.O. Box 588, Albany, NY 12201. (518) 463-5120.
Mid-September National open and masters TAC 50 -mile Championships. Buffalo, NY. Contact: Dick Kendall. All ages.

October 4 (Sunday): National Masters TAC 15K Road Championships, Washington, D.C. SASE to Larry Noel, 105 Northway Rd., Greenbelt, MD 20770. (301) 474-9362. Men \& women over age 40.

Mid-October. National Masters TAC 15K Cross-Country Championships, New York City. (Pending)

## SOUTHEAST

March 14 (Saturday): Nike/Penn Mutual Masters Grand Prix 10K, Atlanta. Men and women age 35 and over. Contact: Ken Kirk, 3800 Stonewall Terrace, Atlanta, GA 30339.
May 10 (Sunday): National Open and Masters TAC Marathon Championships, Raleigh, North Carolina. Contact: Jerry Perry, (919) 737-2392. All ages.

## MIDWEST

February 7 (Saturday): Masters In door Track \& Field Meet, University of Cincinnati Armory/Fieldhouse. Enter day of meet by 11 AM. Contact: Bil Schnier, University of Cincinnati, ML 21, Cincinnati, OH 45221.
February 15 (Sunday): Midwest Mas ters Regional TAC Indoor Track \& Field Championships, Forest View High School, Arlington Heights, IL. 8AM. Contact: Midwest Masters, 180 N. LaSalle, Chicago, IL 60601. (312) 236 1315. (312) 346-1797.

February 28 \& March 1 (Saturday \& Sunday): National Masters TAC Indoor Track \& Field Championships, Ann Arbor, Michigan. Entry form in this issue.
March 14-15 (Saturday \& Sunday): North American Masters Indoor Track \& Field Championships, Forest View High School, Arlington Heights, Illinois. Contact: Midwest Masters, 180 N. LaSalle, Chicago IL 60601. Wendell

Miller: (312) 236-1315. Bill Smith (312) 346-1797.

May 30 (Saturday): Mini All-Comer T\&F Meet, Dyche Stadium, Northwestern University, Evanston, IL. Contact: Bill Smith (312) 346-1797 days; (312) 256-2714 nights.
June 13 (Saturday): Indiana Masters T\&F Championships, Indianapolis. Con tact: Bob Coughlin, 305 S. Barton, Indianapolis, IN 46241. (317) 241-5446.
June 27 (Saturday): All-Comer T\&F Championships, Dyche Stadium, Northwestern University, Evanston, IL. Contact: Bill Smith (312) 346-1797 or (312) 256-2714.
July 11 (Saturday): Mini All-Comers T\&F Meet, Dyche Stadium, Northwestern University, Evanston, IL. Contact: Bill Smith (312) 346-1797.

August 1 (Saturday): Midwest Mas ters Regional TAC Track \& Field Championships, Dayton, Ohio: Contact: Charles Dudley, 313 Walton, Dayton, OH 45417.
August 8 (Saturday): All-Comer T\&F Meet, Dyche Stadium, Northwestern University, Evanston, IL. Contact: Bill Smith (312) 346-1797.
August 30 (Sunday): Midwest Masters 25K Road Championships, Lake Bluff Jr. High School (Rt. 176 \& Sheridan Rd), Lake Bluff, IL 8AM.
continued on next page....
There are no less than ten major masters events on tap in the next five weekends, enough to keep the most dedicated masters athlete in hock to the airlines.
There are seven masters indoor track and field meets this month, more than ever before in the history of the masters program.
The first weekend of the month sees the second in the eight-race Nike/Penn Mutual Grand Prix series. This one's on Sunday, the 1st in St. Louis at a distance of 15 kilometers.
On the 7th is the annual City of Orange, California Masters outdoor Track \& Field Meet in Southern California. On the 8th is the TFA Eastern Masters Indoor T\&F Championships near Pittsburgb.
The following Sunday, the 15th, finds the 1981 TFA U.S. Indoor Masters Championships in Kansas City. On the same day, the Midwest Masters Indoor Regional T\&F Championships are set for Chicago, as well as the Metropolitan Indoor Championships on Staten Island, N.Y.

On Sunday, the $22 n d$, both the Eastern and Western Masters Indoor T\&F Championships will be held in Philadelphia and San Francisco, respectively.

All of the above is a prelude to the seventh and most important masters indoor meet of the year, the National Masters Indoor Track \& Field Championships, to be held in Ann Arbor, Michigan on Saturday the 28th and Sunday, March 1st. Meet director Elmo Morales expects over 400 for this meet one of the biggest events of the year.

Also set for March 1st is the 3rd Nike/Penn Mutual Grand Prix race, this one in Boston at 15 K .
Entry forms for the Chicago, New York, Philadelphia and Ann Arbor meets are in this issue. Make your airline reservations early
$\star \star \star \star \star \star \star \star \star \star \star$

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The National Masters Newsletter is the bible of the Masters (Veterans) movement, the fastest growing segment of the running community. It's a bargain at 12 issues a year for only \$12. Get aboard the publication that's covering the Masters scene more thoroughly than ever. Subscribe now.
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November 1 (Sunday): Midwest Masters 5 K Cross-Country Championships, Veterans Park, Crystal Lake, Illinois. 10 AM. Contact: Dick Kloepfer (815) 459-5663.
December 27 (Sunday): Midwest Masters 30K Road Championships, Lake Bluff Jr. High School. Lake Bluff, Illinois. Contact: Midwest Masters, 180 N. La Salle, Chicago, IL 60601. Wendell Miller: (312) 236-1315 or Ron Fox (312) 432-3411.

## MID AMERICA

February 1 (Sunday): Nike/Penn Mutual Masters Grand Prix 15K, St. Louis, Men and women age 35 and over. Contact: Tom Eckelman, 7140 Waterman, University City, MO 63130.
February 15 (Sunday): 1981 TFA U.S. Masters Indoor Track \& Field Championships, William Jewell College, Kansas City, Missouri. Contact: Jim Shoemaker, 10201 W. 98th Terr., Overland Park, Kansas 66212.

## MOUNTAIN

March 14 (Saturday): Nike/Penn Mutual Masters Grand Prix 10K, Salt Lake City. Men and women age 35 and over. Contact: Doug Beck, 769 Kinsington Ave., Salt Lake City, UT 84105.

## SOUTHWEST

June National Masters Decathlon. San Antonio, Texas.
November 21 (Saturday): National Masters TAC 10 K Cross-Country Championships, Houston. Contact: Don Slocumb, 29 Waugh Drive, Houston, TX 77007. (713) 869-5605.

## NORTHWEST

March 15 (Sunday): Nike/Penn Mutual Masters Grand Prix 15K, Seattle. Men and women age 35 and over. Contact: Mike Thould, 15929 N.E. 141st Place, Woodinville, WA 98072.
September 26 (Saturday): National Masters TAC 10K Rgad Championships, Kent, Washington.

## WEST

Each Sunday thru April 11: Masters Track \& Field Meet, Kaiser High School, Honolulu, HI, 8 A.M. Contact: Stan Thompson, 1549 Ipukula St., Honolulu, HI 96821. (808) 373-4181.
February 7 (Saturday): 4th Annual City of Orange Masters Track \& Field Meet. El Modena High School. Orange, Calif. Contact: Larry Sallinger, 203 E. Monroe, Orange, CA 92667.

February 21 (Saturday): San Francisco Examiner Games. Masters Events. Contact: Jim Terrill, PO Box 764, Los Altos, CA 94022.
February 22 (Sunday): 1st Annual Western Regional Masters Indoor Track \& Field Championships, Cow Palace, San Francisco. SASE to: Jim Terrill, P.O. Box 764, Los Altos, CA 94022. (415) 964-9238.

March 22 (Sunday): Nike/Penn Mutual Masters Grand Prix 15K, San Diego. Men and women age 35 and over. Contact: Bill Stock, 7160 Baldrich, LaMesa, Ca 92041.
April 4 (Saturday): 22nd Sacramento Relays, Cal State Univ., Sacramento. Full slate of individual and relay events for masters and submasters. Send SASE to:Roy Wigginton, 3012 Scenic Hts. Way, Carmichael, CA 95608.
April 11 (Saturday): West Valley Masters Track \& Field Meet, Los Gatos High School, Los Gatos, Calif. Contact: Bruce Springbett, P.O. Box 1328, Los Gatos, CA 95031.

April 11 (Saturday): 3rd Annual Northeast Masters Track \& Field Relays, Cal State Los Angeles, Calif. Contact: Skip Loera, 3111 W. Ramon Blvd., Alhambra, CA 91803.

April 17-19 (Friday-Sunday): 6th Hawaii International Masters Track \& Field Meet, Kaiser High School, Honolulu. Contact: Stan Thompson, 1549 Ipukula St., Honolulu, HI 96821. (808) 373-4181. Decathlon included.
April 25-26 (Saturday-Sunday): Mt. San Antonio College Relays, Walnut, Calif. Some masters events ( 40 and over). Contact: Hal Smith, 18750 0xnard St., Suite 704, Tarzana, CA 91356. (213) 342-1174.

May 9 (Saturday): 11th Annual Grandfather Games, Los Angeles Valley College, Van Nuys, Calif. Contact: George Ker, 8220 Langdon Ave. \#36, Granada Hills, CA 91344. (213) 785-3770.
May 16 (Saturday): 6th Annual Striders Relays, Cal State Northridge, Calif. Contact: Ann Smith, 18750 Oxnard St., Suite 704, Tarzaña, CA 91356. (213) 348-6352.

May 17 (Sunday): Herbert Hoover Relays, Stanford University, Palo Alto, Calif. Contact: Van Parish, 148 Hedge Rd., Menlo Park, CA 94025. (415) 325-7275.

May 23 (Saturday): Redlands Masters T\&F Meet, Redlands U., Redlands, Calif. Contact: Buzz Wagner, 1522 Margarita Dr., Redlands, CA 92373. (714) 793-2638,

May 30 (Saturday): Pacific Association TAC Masters T\&F Championships. Los Gatos High School, Los Gatos, Calif. Contact: Bruce Springbett, PO Box 1328, Los Gatos, CA 95031.
June 20-21 (Saturday \& 'Sunday): Western Regional TAC Masters Track \& Field Championships, Los Gatos High School, Los Gatos, Calif. Contact: Bruce Springbett, PO Box 1328, Los Gatos, CA 95031.

June 27-28 (Saturday-Sunday): 12th Annual Senior Olympics, University of Southern California, Los Angeles, Calif. Contact: Worth Blaney, 5225 Wilshire Blvd., Los Angeles, CA 90036. (213) 938-5548.

Mid-August 1) Home Savings \& Loan Pan-American Masters Track \& Field Championships. 2) Corona Del Mar Don Palmer Memorial Relays. 3) National Outdoor Masters TAC Track \& Field Championships, Los Angeles, Calif. Dates pending.

October 3 (Saturday): 8th Annual Santa Barbara Masters Track \& Field Meet, Univ, of California at Santa Barbara, Goleta, Calif. Contact: George Adams, P.O. Box K, Goleta, CA 93017. (805) 687-6323.

November 28 (Saturday): National Masters TAC 5K Cross-Country Championships. Balboa Park, San Diego, Calif. Contact: Bill Stock, 7160 Baldrich, LaMesa, Ca 92041.

Early December Annual TAC Convention, Reno, Nevada.

## CANADA

February 14 (Saturday): Ontario Masters Indoor T\&F Championships 1981, Toronto. Contact: Dave Welch, 97 Churchill Ave., Willowdale, Ontario M2N 1 Z8.

March: Canadian Masters Indoor T\&F Championships, Quebec.

May 3 (Sunday): Canadian Masters Marathon Championships, Vancouver, B.C.

June 13-14 (Saturday-Sunday): Ontario Masters Outdoor T\&F Championships 1981, Ottawa, Ontario.

July: Ontario Pentathion Championship.
August 8 (Saturday): Prairie Masters T\&F Meet, Winnipeg, Manitoba.
August 15 (Saturday): Inter-Club T\&F Championships, Northview, Toronto and other provinces.

August 22-23 (Saturday-Sunday): Canadian Masters Track \& Field Championships, Richmond, British Columbia.
September 20 (Sunday): Canadian Masters 10K Road Race, Winnipeg, Manitoba.
September 26 (Saturday): Canadian Masters Women's 5K, Sunnybrook, Toronto.
October 3 (Saturday): Ontario Masters Cross-Country Championships. Woodbridge, Ontario.

October 10 (Saturday): Canada vs. USA Masters Cross-Country Match, Vancouver, British Columbia.

October 12 (Monday): Canadian Masters Cross-Country Championships, Edmonton, Alberta.
October 24 (Saturday): Inter-Club Cross-Country Relay, Sunnybrook, Toronto.

## POSTAL

January 1 to August 31: One-hour run. Contact: Al Huff, 18127 1st Ave. N.W., Seattle, WA 98177. (206) 542 2930.

## FOREIGN

December 12 to January 6: Masters tour to South Africa.


## RACE WALKING

I have just read your survey results (December issue). I am a runner and walker but have had more success on a National and International level at walking. I was amazed when I read that 21 people wanted less walking news. If it were any less, it would be none! In fact, I showed the NMN to several walkers. Their comment was, "Why subscribe, it has nothing on walking." I think the 21 people were rather inconsiderate for this reason. I am not a discus thrower or high jumper. But, I enjoy seeing results of these events as well as all other event results.
I also must disagree with your 5-1 vote statement. Survey results show 16 people thought news on walking was just right. These 16 did not ask for less. This means 20 wanted the same or more, compared to 21 for less - hardly 5-1. More like 1-1.
I don't normally complain because I know you cannot please everyone. I accept the NMN as it is, knowing that what I don't enjoy will probably appeal to someone. For example, I don't enjoy reading the long accounts of a particular race. I don't much care who passes whom during the middle stages of a race. I'm interested only in what happens at the finish. I've seen these accounts of a race take up several pages. I'd rather have more training info or just plain results. I also enjoy personal profiles.
I just hope you don't get into comparing shoes. I remember reading a letter a runner wrote about Runner's World's shoe survey. He said he might consider a shoe with only 4 stars but definitely nothing less. How ridiculous. A shoe must be judged on how it feels and acts on your own foot. Nobody else has your feet.
Thanks for your ear. I would like to see more people walking. It's a better all around exercise than running and the leg injuries are less common. We can't help it grow by ignoring it.
I appreciate that Nike ad - on your last page. I think we have become too organized. We must stay a bit crazy to be sane. And, finally, I think our sponsors have got to stop increasing entry fees, particularly companies that do it for advertising and then make big profits while still advertising their product.

Bob Mimm

## POOR FIELD EVENT COVERAGE

The Newsletter's handling of the field events is especially poor -- or perhaps negligent is a better term. Just glancing through the September issue I see a profusion of pictures and articles on running events, with only slight attention paid to some of the really exceptional performances by people in the shot, hammer, discus, etc. For example, take the recent distances for Phil Conley (203-4, AR M45) and Larry Stuart (228-8, M40) in the javelin throw. These are incredible marks. ones
that, I feel, deserve more detail in print. Which brings me to a related matter. I wonder how many readers of the paper -. or even writers -. can really appreciate the technical proficiency as well as conditioning required for the achievement of excellence with the implements. I suggest that in part, as track enthusiasts, we still labor under the old stereotype of the "weight man" $^{\prime \prime}$ as some sort of muscle specialist. If this is so, then the Newsletter could do something by way of re-educating its readership. I'm not recommending that you try to bring about some kind of mathematical balance of coverage .that's absurd, because, face it, running is still more popular than the field events and will probably always remain so. But that does not eliminate the responsibility of your sports' writers to start giving the field events a fairer exposure. The articles could be done selectively. A more frequent personal profile on someone in these events would help. Moreover, how about an occasional article strictly on technique? let's say, of the discus throw (or the hurdles), even with diagrams. This would be informative and would also give some further depth to your (and I mean this) otherwise fine publication. Finally, I would like to see the paper devote more attention to real excellence and less to record-setting. It seems to me that too many of the records that you report are rather flimsy. It is enough that Master's competition is now in the process of establishing itself in American athletics; we shouldn't continue to promote any policy that tends to weaken that image.

Frank Miller

In the December edition of the newsletter, the 5 articles on page 1 are all about running. There are 10 photos of runners in action and only one of a field competitor in action in the whole issue. The name of the game is track and FIELD.

John Whittemore Santa Barbara, Calif.

Just a second while I move my tongue over to my right cheek.
What often 'bugs' us "throwers" .. of the disc, shot, javelin, hammer and heavy weights .- is the DESIGN of the awards which are presented to us. Invariably the medal or trophy won by a field man depicts a marathoner or relay runner.
Why, even our monthly T\&F newsletter -. which is not dedicated solely to running -- regularly depicts not one, but two runners on its page-one front cover.
Couldn't one of these runners 'get lost,' Al , and be replaced by an attractive silhouette of a mighty thrower or jumper?

Harold Parsons biased SA thrower Toronto, Canada
(We're searching for a thrower in silhouette -- Ed)

# 9th Annual Eastern Regional Masters Indoor Track \& Field Championships February 22, 1981 

Rauch Field House - Lehigh University Bethlehem, Pennsylvania

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The Penn Mutual Life Insurance Company Susse Chalet Motor Lodges \& Inns Nike

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## MEET ADMINISTRATOR <br> Bert Lancaster

## FOR ENTRY BLANK AND INFORMATION Call or Write: Philadelphia Masters Track \& Field Association Rm. 738 Land Title Building Philadelphia, PA 19110 (215) MU 6-3617, 3631 <br> 

## MORE SURVEY COMMENTS

I enjoy the newsletter very much and appreciate all the work you do to make it possible for all of us runners to keep informed on what others are doing.

Helen Dick
Los Angeles, Calif.
Your newsletter is really a good thing. Keep' up the good work. I turned 40 in November and enjoy a chance to check out the competition in advance.

> Pete Peterson

Laguna Beach, Calif.
The masters newsletter is timely, up to date, full of fresh results for the competitor and news items for everyone. I look forward to my copy each month to see how my competitors are doing. Running track again after a 14 -year layoff makes me feel like 18 again. And finishing 4th in the 200 at the nationals ranks as the highlight of my athletic life. My thanks to the masters program for making it possible.

Gary Geiger
Albany, N.Y.
The present format is fine. I'd like it fancier if you can afford it. The newsletter is excellent and is very important to me.

John Woods
Costa Rica
It's just fine. Don't get too big or you'll lose the "down home" touch.

Jack Wallace

It's a great publication as it is.
Harold Parsons Toronto, Canade

Kudos to the job you're doing. You've got to get information to print information, and all one has to do is send you results.

Tom Talbott, President
Masters Sports Association
Cos Cob, Connecticat
My husband, Hugh, 65, and I, 61, both enjoy very much your very informative newsletter.

Ernestine Yeomass
Cincinnati, Ohio
The Newsletter should use the last page to mention all known betterings of age best marks.

Einar Otto Oren
Norway
I really enjoy NMN. Keep up the good work and don't let the minor criticisms disrupt the continued progress. We need NMN and the ever present few are always out-of-step.
I'm concerned that so few subscribe to NMN. I suggest you provide a flyer that can be given to participants at any and all Veterans events.

## Dick Glasgow

London, England
(We've had such a flyer for about a year and have just revised it. We'll send you a handful. We encourage anyone else who wants to pass them out to write to us. We'll send you a batch. - Ed


## - THE <br> GunLap

by MIKE TYMN

## Bowers \& Higdon <br> Plan Assault on Record Book

Hal Higdon and Jim Bowers have a few things in common. Both are from Illinois. Both were burning up the track back in the mid-50's. And both were winners in the Brooks-TFA 25K Masters Championship in San Francisco recently.
By the time 1981 comes to an end, the two may have a lot more in common. They could own most of the age-class record book.
Higdon, of course, already has numerous records in the $40-49$ category. However, on June 17, the native of Chicago, who now makes his home in Michigan City, Indiana, will begin an assault on the $50+$ records.
Bowers, a 42 -year-old TWA pilot who hails from DeKalb, Illinois, has just begun to attack the $40+$ records, breaking two of them during the latter half of 1980 .
In the Brooks 25 K on November 30, Bowers shattered Ken Mueller's na-
tional $40+$ mark by 39 seconds as he clocked 1:22:39. His splits over the certified rolling hills course in San Francisco's Golden Gate Park were 16:02, 32:27, 49:12 and 1:06:33.
While Bowers was the overall winner, Higdon finished fourth and took the 45-49 division in 1:25:33. Earlier in the year, he had recorded a 1:23:52 for the distance.
Now a resident of Santa Rosa, Ca., Bowers broke the U.S. masters marathon record in October while winning the Humboldt Redwoods Marathon in Northern California. His time of $2: 22: 23$ was more than two minutes under the record of Herb Lorenz and more than five minutes under his previous best of 2:27:31, which he recorded at Boston in 1979.

Bowers' emergence as a record breaker should come as no surprise when considering his background. As a high school student in DeKalb in 1956, he set a national inter-scholastic record in the mile of $4: 16.1$. He went on to the University of Illinois and lowered his mile time to 4:08. His most memorable race took place in the Los Angeles Coliseum in 1958 when Herb Elliott set a world record in the mile.
"I finished with a 4:09 and was never in the race," Bowers remarked, "but it
was something to watch."
After college, Bowers' first running career came to an end, although he says that he continued to run casually for fitness for three or four years while serving as a pilot in the Marine Corps. It was not until 1975 while he was training pilots in Saudi Arabia that he began to run again.
"There wasn't much to do over there in our free time," he explained, "so a few of us started running a couple of miles a day. I had kept my weight down and had played some tennis and handball over the years, so I never got too far out of condition. The running came back pretty easily."
Bowers began to compete again in 1978. His first marathon was a $2: 41$. "I blew it by going out too fast," he commented. He then took second in the national Diet Pepsi 10K championship in New York.
Living in Northern California, operating out of Los Angeles, and flying several days a week makes it difficult for the 5 -foot-9, 144 pound pilot to establish a regular training regimen, but he says that he manages to get in 75-85 miles a week.
Bowers plans to compete in the World Veteran Games in New Zealand. "Then I'd like to take a look at some of the other national records," he concluded.
Some of the records that Bowers will be eyeing are now owned by Higdon, who began running in high school in 1947 and has never stopped.
After many masters runners had just about written Higdon off as a threat in the 40-49 age bracket, he started running as well in 1980 as he had a half dozen years ago when he set most of his national records. He credits this "come-back" to the more intense training in preparation for the Brooks masters series and the World Veteran Games. He says that he's training smarter now and more consistently.

If I had known 30 years ago what I know now about training, I would have been a lot more successful," he offered. "Nobody knew how to train back in the 50 's and a lot of what I did was trial and error with a lot of error built in.
"I have a hard time seeing how age has affected my running. I should be more injury prone except I haven't had a major injury in several years, possibly because of the better shoes we now have. Recovery is probably tougher, or maybe it is because when I do compete I know how to go all out. The steeplechase seems tougher as I age and although I have been planning to race that event again in New Zealand, I've been postponing going over a hurdle because of the risk of injury."
In addition to being one of the top competitors around, Higdon is one of running's leading entrepreneurs. He is on a retainer basis with The Runner, a New York published monthly magazine, as senior writer, is executive director of Road Runner Tours, and is a consultant to the Brooks Shoe Company.
For the past 21 years, he has earned his living mostly as a freelance writer, turning out more than two dozen books. Some of his better known works are The Business Healers, The Crime of the Century, and Fitness After Forty. One of his children's books, The Horse that Played Center Field, was made into a television movie and is still seen on ABC occasionally. A book which touches upon the lighter side of running, On the Run From Dogs and People, has just recently been reissued in paperback.
Beyond going after some of the 50 -year-old records, Higdon isn't quite sure what's ahead for him.
"Some time after I get back from New Zealand, maybe even on the plane coming home, I'll probably sit back and try to figure out what I want to do for the next 50 years," he mused.

## PROFILE ONs

 LINDA THURSTONAt age 38, Linda Thurston of New Providence, New Jersey could become one of the best female masters runners in the nation. Yet she only began running two years ago. "My husband Dave developed tennis elbow and began to run to keep in shape," she said. "He begged me to go with him. I reluctantly agreed and started out at a mile three times a week. We enjoyed the time together and found running stimulated communication."
Thurston found she could run pretty well compared to other women. She was always active physically, majoring in Physical Education at Skidmore College in Saratoga Springs, N.Y. and
excelling in field hockey and swimming. At age 30 , she started playing tennis, working her way up to an " $A$ " level club player.
Shortly after she and Dave began their mile runs, they heard Jim Fixx say at a banquet that you had to run 20 miles a week to really benefit from running. So she decided to build up her mileage to that level.
When she raced for the first time in May, 1979, "I was hooked." Both she and Dave started racing often. Now, at $5^{\prime} 5^{\prime \prime}$ tall and 15 pounds lighter than the 130 lbs. she weighed two years ago, Linda is a threat to win the women's division of almost any race she enters.


She finished second in her age group with a $61: 16$ in the Midland 15 K . She won her age class in the Albany 30 K in 2:12.
She upped her mileage to 50 a week in mid-1980, building very gradually to that level. "Everytime I try to increase my distance by more than $5 \%$," she said, "I break down with sore musales, foot and knee pain, etc. I keep it at a 7:30 or slower pace, but also put in 5 or 6 long ( 220 yards) hard fartleks on my daily run."
Last fall, she and Dave traveled to Montreal for their first marathon. "It was an unforgettable experience," she said. "Dave jogged a 3:39 and I did a 3:10." Their next stop was New York, where Dave ran 3:07 and Linda 3:04.
"But after my first two marathons so close together (six weeks), I am now down with a back injury, and will have to rest before training for Boston or the Avon International."
Thurston's major goals are for two years down the line when she turns 40 and hopes to be competitive in her age group nationally. She follows no special diet but says "I've always eaten light and healthy foods. I'm low on sode and high on yogurt and granola."

Fitness Games

by Dave Thoreson

The Short Decathlon and Fitness for Life are two national mail participations offered each month through the National Masters Newsletter.
The two programs differ in the technical aspect of the events. The Short Decathlon's events are very difficult to learn and limit the number of participants. On the other hand, the Fitness for Life program will offer most people the opportunity to train and compete in a multi event program that tests complete fitness.

Each month we will post top team results, training tips and answer questions you might have regarding the programs.

At present we have 10 teams throughout the United States that are interested in submitting monthly results.

The growth of the Fitness Games will depend on both your participation and introduction of the program to others. Also, we would like your input on training, competition, events and motivation.

Training Tips
Training will direct your final competitive results. Your body adapts to consistent use. Designing a training program to maximize results with minimal training time takes planning.
Master participants should set priorities for their programs. Personally I cannot spend the time training that I could when I was younger. I want to spend 45 minutes, 4 days a week and score on that competitive level.

Training for me is for the thrill of competition, the good feeling I have about myself being in shape and my improvement.

Design your program around jogging and shake-ups (approximately 4 to 6). A shake-up is running 110 yards, gradually picking up the pace, concentrating on form and lifting the last 20 yards. Consistent use of jogging and shake-ups will guard against injury.
If you are interested in participating in Fitness Games, designate your program preference by writing or phoning:

Dave Thoreson
744 D Cieneguitas Rd.
Santa Barbara, CA 93110
(805) $964-4514$

Send results by the 25th of each month and $\$ 1.00$ handling charges.

## SHORT DECATHLON

Top Five Individual Scores:

1. Jim Minah (61) 191
2. Dave Thoreson (39) 190
3. Ed Oleata (43) 185
4. Ray Spencer (57) - 180
5. Dick Norquist (55) 168

Top Team Scores:

1. Santa Barbara Fitness Club 533
2. San Diego Track Club 527
3. Southern Oregon Sislers 468
4. Southern Oregon Sislers-2 384

FITNESS FOR LIFE

1. Dave Thoreson (39) 137
2. Ron Collins (47) 136
3. Jim Minah (61) 130
4. Mark Zelezny (22) 114
5. Wendel Hans (38) 94

Top Team Scores:

1. Santa Barbara Fitness Club 403
2. Goleta Fitness Club 290

## 1981 NATIONAL MASTERS 30 Km CHAMPIONSHIPS

Sunday, March 22, 1981

## - Men and Women

-Championships in other age categories.

- Fast, point to point course.
- Free housing and refreshments.
-Trophies, medals, merchandise prizes.
-Tote bags to first 250 entries.
-Water stations (by Waters of Saratoga)
-Radio (WROW) and TV (Channel 6) coverage.
-Post-race clinic: Bill Squires, Bob Boal, Dr. Kosinski, Dr. Maron.
- "The Price Chopperthon" sponsored by Price Chopper, Athletic Attic of Latham, Brooks Shoes and Converse Shoes.


## FOR ENTRY BLANKS Send stamped/self-addressed envelope to: Bill Shrader, P.O. Box 1204, Albany, NY 12201

## MOVING?

National Masters Newsletter is mailed third class bulk rate and is not forwardable. When you move please let us know at least 3 weeks in advance.

## Higdon's 1980 Records

When Hal Higdon ran 1:48:38 in the Midwest Masters 30 Kilometer Run in Lake Bluff, Illinois with three days to go before the New Year, it was the seventh American road running record (in five-year age classes) he set in 1980 --or fifth, depending on your point of view. Higdon established American records during the past year at 10 , 20,25 , and 30 kilometers and the half-marathon for the

45-49 male class. He also has a marathon record pending and ran an American-best time at 20 miles on a course listed as "aided," even though the wind was blowing against him on a hilly course when he set it. Higdon also holds four other American records set in previous years: 15 kilometers, 30 kilometers, and 10 miles for age 40-44 and 15 kilometers for age 45-49. His records:

| Distance | T1me | Place Date | Old record | Old record holder | Point value |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 10 Kilos | 33:10 | Chicago, IL Nov 2 | 35:37 | Bob Collins | 750 |
| 20 Kilos | 1:06:05 | Chesterton, IN Oct 5 | 1:07:48 | Hal Higdon | 830 |
| 25 Kilos | 1:23:53 | Grand Rapids, MI May 10 | 1:26:58 | Ulrich Kaemp | 820 |
| 30 Kilos | 1:48:38 | Lake Bluff, IL Dec 28 | 1:53:32 | Joe Erskine | 730 |
| Half-mar. | 1:11:40 | Philadelphia, PA Sep 21 | 1:13:42 | Graham Parnell | 790 |
| 20 miles | 1:54:27A | Madison, WI May 17 | 1:56:39 | Ross Smith | 760 |
| Marathon | 2:32:42P | Winnipeg, MA Jun 15 | 2:35:42 | Ulrich Kaempr | 770 |
| Previous records, set before 1980 |  |  |  |  |  |
| 15 kilomet | rs ( $40-44$ ) | 47:59 |  |  | 850 |
| 15 Kilomet | rs ( 45.49 ) | 49:15 ** |  |  | 810 |
| 30 Kilomet | rs (40-44) | 1:40:52 |  | , | 840 |
| 10 miles ( | 0-44) | 51:30 |  |  | 850 |

*This score relates to those in an accepted computerized scoring table for running races and is
meant to establish a relative value of the different performances. These are not age-graded.
** kunning Times reported recently that Paul Noren had run faster than this time on
*upposediy $\frac{\text { kimes reported recently that Paul Noreen had run faster than this time on }}{\text { certified course, but Noreen's record has not yet been listed by National kunning }}$
supposedly
Data Center.

## Herrmann, Lum Honored by CDM

Stan Herrmann of Santa Barbara, California was voted the most valuable over-70 athlete in 1980 by the Corona Del Mar Track Club.
Herrmann also won the club's award as the most outstanding field event competitor in the $70+$ division. Sing Lum of Bakersfield was awarded best $70+$ track athlete.
Herrmann posted nine single-age records in 1980: 3 in the 8,12 and 16 lb . shot; 3 in the 8,12 and 16 lb . hammer: 2 in the 1.6 kg and 2.0 kg discus; and 1 in the 35 lb . weight.
Awards for other age groups were announced in November's NMN.

## Kaempf Sets 45-49 10K Mark

In December's NMN, we noted that Hal Higdon had set a new U.S. road 45-49 mark of $33: 10$ in a 10 K run November 3rd. We have now learned that 'Ulrich Kaempf, one day earlier on November 2nd, ran a 10 K in Sunnyvale, California, in 33:03. If the course is certified by the National Running Data Center, Kaempf's time will be the new American record. Both Higdon and Kaempf are age 49.

O'Neil, Stock, Spangler, James win world titles

## Villanueva Wins <br> World Vets 10K

PALMERSTON NORTH, NEW ZEALAND, January 3. Antonio Villanueva, Mexican Olympic Games representative in 1972, cruised to an easy win in the 10 -kilometer event in the 14th Annual World Veterans Distance Running Championships today.
Revelling in the still, overcast conditions, the recently-turned-40 cab driver and high school track coach left the field soon after the start and raced home in the impressive time of 30 minutes, 34.2 seconds. He defeated the finest veteran distance runners in the world to win his first world veterans title by the stunning margin of one minute, thirteen seconds.
Villanueva was a steeplechase entrant at Munich but didn't make the finals. He was fresh from his open title last month in the Las Vegas Marathon in a sparkling 2:19:25.
Speaking through an interpreter after the race, Villanueva said he was pleased with his effort. He had no set plan for the race, as he was very tired from three days of continuous travelling.
He praised the 5 -kilometer Centennial Lagoon course, and said he will aim for the 10000 and the marathon in the World Veterans track and field championships next week in Christchurch.
Villanueva led the field of 469 men and women veteran athletes by the first lap in 15:09 and gradually increased his lead. Michael Connolly of Ireland finished fast to nose out a wobbling Pierre Voets of Belgium at the wire, $31: 47$ to $31: 48$, to cop the silver medal.

Keith Pearce, 42, of New Zealand, who was impressive in his USA tour in 1978, finished 4th in 32:02. He was followed by two Americans, Bob Fischer of New York in 32:14, and Dave Hambly of Seattle, a step behind in 32:15.

Beverly Shingles, 40 , winner of the Los Angeles open women's marathon
last year, was the first woman across the finish line and 39th overall in $35: 52$. Running virtually on her home course (she lives 40 miles away) the New Zealander finished over a minute ahead of Vicki Foltz of the United States. Foltz clocked $37: 14$ to win her age 35-39 division title. (International veterans competition starts at age 40 for men and age 35 for women.)
Sandra Knott, of Cleveland, Ohio was the 2nd over-40 woman in 37:26.

Defending 10k World Vets Champion Roger Robinson of Wellington, New Zealand, was unable to defend his crown due to a virus he picked up last month returning from the United States. He hopes to run in the 10000 -meter world track championships in Christchurch next week.
Jim O'Neil, 55, of San Diego, California was nearly as impressive as Villanueva, winning the age $55-59$ title in 34:19, good for 21st overall. Although the transplanted-Sacramentan has been running world-class times in veterans competition for years, it was his 1st world veterans gold medal, and he was thrilled.
San Diego Track club teammate Dorothy Stock, 48, of La Mesa, California joined O'Neil as an American gold medalist, winning the women's $45-49$ bracket in 38:42, culminating a year of consistently fine and record-breaking performances.

Paul Spangler and Bess James made it four gold medals for Americans in this first event of a week-long veterans athletics carnival. Spangler, 81, of San Luis Obispo, California, took first in the $80+$ division in $56: 59$. The retired surgeon was the oldest runner in the race. James, 70, of San Jacinto, California, won the W70 class in 1 hour, 2 minutes, 40 seconds.
Jean Van Onselen of Belgium placed 9 th overall to win the M45 grade in 32:50.

Derek Turnbull of New Zealand took the M50 gold. The 52 -year-old Invercargill sheep farmer placed 13th overall in an excellent 33:17. -

Only six seconds behind $0^{\prime}$ Neil was the venerable John Gilmour, 61, of Perth Australia. The former Japanese prisoner-of-war ran an impressive 34:25 for 23rd overall.

Robert McMinnis, one of about 50 Englanders making the trip, won M65 honors in 39:28. Maija Sudminen of Finland was 1st W50 in 40:15.

Al Lawrence, 50, of Houston, Texas was runner-up to Turnbull in the M50 group in $34: 02$ for 18th overall. Bill Stock, 50, San Diego fireman, placed 8th in the M50 class in 36:28.
Joan Ullyot, 40-year-old doctor-author from San Francisco, was 4th in the W40 grade in $39: 15$. Ruth Anderson, 53, of Oakland, California, won the silver medal in the W50 division in 42:42 as 217th overall. Ed Lowell of Tarzana, California finished in the top 10 in his M65 competition, placing 9th in 45:59.

Norm Bright of Seattle, still running
world class times even though blind, placed 7th in the M70 group in 51:38, finishing ahead of 91 mostly-younger runners.
Seventy-nine-year-old Ruth Rothfarb of Miami Beach, Florida, the oldest female competitor, finished only 10 seconds behind James to place 2nd in the women's $70-79$ group.
The 10 -kilometer race was the first of two races which comprise the annual World Veterans Distance Running Championships. Tomorrow a 25 k will be run $-{ }^{-5} 5$-loops over the same 5 k course. In 1982 in Tokyo, the two races will be a 10 k and a marathon. In 1983, a 10 k and a 25 k and so on, alternating each year.
Results on page 26.

## Corrections to European Results

In the November newsletter, we incorrectly listed the 10,000 -meter results for men $50-54$. The correct results are: 1. Kotilla (34:20); 2. Ron Franklin ( $34: 50$ ); 3. A. Viskirri ( $35:+$ ).

John Gilmour of Australia took part unofficially in the European Championships but was, in fact, first finisher in the $60-64$ class in all his events: 800 (2:18.76WR), $\quad 1500(4: 51), \quad 5000$ ( $16: 33.3 \mathrm{WR}$ ) and 10,000 (34:42.2WR). In otherwords, he set three new world records, but they didn't list him in the official results.
As reported last month by Jack Pennington, Gilmour smashed that10,000 -meter mark by running a $34: 23$ in Perth, November 26th.

## Race Walking

## from Harry Sititonen

Fred Dunn and Lori Maynard, 44, topped walkers in the Pacific Association TAC 10 -mile handicap in Golden Gate Park December 14. Dunn clocked 1:30:45 plus a 5 -minute handicap to win the event. Maynard's 1:33:06 was added to a 7 -minute handicap for 2 nd. Bill Ranney, 44, had the fastest actual time of $1: 23: 28$, but his 20 -minute handicap dropped him to 3rd.
Ranney won the PA-TAC 15 K championship in the same race in 1:17:03. Maynard was the 1st woman in at 1:26:14.

An American reverse-gear hero was Plennie Wingo (born 1895) who did an 8,000 mile transcontinental walk from Santa Monica, CA to Istanbul, Turkey from April 15, 1931 to October 24, 1932. To calculate the fete's 45th birthday, at age 81 he walked 452 miles from Santa Monica to San Francisco in 85 days, all hindside first.

## British Set New <br> World Masters 4-Mile Relay Mark

from Don Farquharson
The Wirral Athletic Club, the British Veteran Cross-Country Champions, set a new veterans mark for the $4 \times 1$-mile relay at Birkenhead, England, July 18, 1980, with a time of 18:22.0.
The time broke the record, of 18:47.2, set by the West Valley Joggers and Striders of Northern California in May 1978.

Alf Lennon (4:22), Leo Carroll (4:38), Terry Harper (4:41) and Doug Watson (4:41) set the new standard on a gravel track.


Marcie and John Trent after 10k Clinkerdagger Race September 6 in Anchorage Alaska.

# Ullyot Wins <br> Women's World Vets 25 K 

PALMERSTON NORTH, NEW ZEALAND, January 4. Joan Ullyot, the 40 -year-old running doctor-author, bore out her own advice today in winning the women's division of the 25 -kilometer section of the World Veterans Distance Running Championships.
The author of two best-selling books on women's running, Ullyot won her first world veterans title in a time of 1:46:20. Her first book, "Women's Running," has been published throughout the world, so the well-known author was asked for her autograph after the race, as several women credited her with inspiring them to begin running.
Ullyot commented that she would like to change the World Veterans rule that allows women to enter the championships at 35 but men must wait till they are 40 .
In a personal protest against this discrimination, she refused to take part when she turned 35 , and has waited till 40.
"The difference in age requirements infers that women age faster than men and this certainly isn't the case," she said.
New Zealander Terrance Manners was the overall winner of the race, clocking $1: 24: 01$ to win by 26 seconds over Pierre Voets, a Belgian police sergeant. Voets thus picked up his second medal, as he finished 3 rd in yesterday's 10 k . Countryman Henri Salvarada placed 3rd in 1:24:55, with New Zealand's John Robinson 4th.

Ruth Anderson of Oakland took 2nd in the women's $50-54$ division in 1:58:14. It was her second silver medal in two days.
Paul Spangler, 81, won his 2nd gold in as many days, copping the $80+$ title in 3:09:23. Ruth Rothfarb, 79, picked up her 1st world title by winning the W70 division in 2:58:59, defeating Bess

James. Al Lawrence of Houston, Texas won the silver medal in the M50 group in 1:30:22 as 12 th overall.
Ross Smith of Reno captured the bronze medal in the M50 grade in 1:32:27. Ron Daws of the U.S. took 9th in the M40 bracket in 1:30:35.
Other top U.S. finishers included Harold Daughters, 7th in M55 in 1:50:17; Valdemar Granby, 4th in M60 in 1:57:20; and Gail Hanna, 6th in W40 in 2:12:21.
Blind runner Norm Bright, running on courage and tethered to the wrist of his "eyes," Bob Bell, finished 2nd in his M70 category in 2:14:29.
Other division winners included Eric Rowland of New Zealand (45-1:26:06), Stan Gawler of New Zealand (M501:29:54), Erland Hausen of Norway (M55-1:40:05), Sverre Heitanen of Canada (M60-1:44:04), Gordon Porteous of Scotland (M65-1:45:10), Sigrun Schumacher of West Germany (W35-1:50:42), and Maija Sudminen of Finland (W501:51:17).
The crowd at the finish line cheered each of the 286 finishers, particularly Bright, who said he was inspired to do his best because of "the terrific New Zealand hospitality." Bright said he's already made an application for next year's championships in Tokyo. The events will be held in France in 1983 and the U.S. (probably California) in 1984.

Results on page 27.


## Weight Pentathlon Records

by Phil Partridge

Three new single-age weight-pentathlon records were set in December; 1) Dan Aldrich, 62, 3077, 12/14, Glendale, CA. 2) Stan Hermann, 76, 1978, 12/14, Glendale, CA. 3) Phil Partridge, 69, 2378, 12/27, Delray Beach, Fla.

## Klehm Wins Weight Pentathlon

GLENDALE, CALIF., December 14. Carl Klehm made the trip from the ice and snow of Chicago to the sun and balm of Southern California pay off today in more than just warm hands and feet. He was the first master in the annual West Coast Pentathlon held at Glendale College.
His point total of 2615 was nearly 400 points ahead of his nearest rival, Pay Carstensen of the New York Masters, who finished with 2217. Dan Aldrich was 3 rd master and 1st in the $60+$ age division with 2158 points. Bill Bangert placed 4th and won the 50-59 title with 2122 points, while Lou Peresenyi captured $70+$ honors with 1100 .

Forty-seven took part in the affair, including 18 masters.
Results on page 25.


Dan Conway placed 8th in world veterans 10k in Glasgow, Scotland, August 23, in 32:33.

## Impalas Start Fast

from Sandy Vernon

Kay Atkinson, 63, was the first woman finisher in a time of $47: 18$ in the first National Fifty-Plus 10K at Stanford January 1st.
She also has been designated by Running Times magazine in their February issue as the top US $60-69$ woman for 1980.
Sandy Vernon, 43, placed fifth master woman at the Stockton 10 -mile Classic, January 4th, in 70:24.
Karen Scannell, 42, also placed in this US certified race with a time of $61: 56$, breaking her own masters woman course record to finish 3 rd overall and 1st master woman. She, too, has been named by Running Times in their February issue as the Top US $40-49$ woman for 1980.


Don Macgregor of Scotland, 100 yards from finish of triumph in World Veterans Marathon in Glasgow, Scotland August 24 in 2:19:23, fastest over-40 marathon in 1980 .


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(714) 225-9555

Be sure to watch for the announcements about OUT-OF-THIS-WORLD tours for ' 81 and ' 82 .

# Phidippides 

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#### Abstract

Phidippides is one of the nation's largest Athletic Retail franchise concerns, we specialize in equipment, customer service and community promotion for running and other aerobic sports.


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# Notionol Run@ing Dのto Center 

By Bob Martin, Executive Director

## NRDC APPROVED RACES

The NRDC is considering a system to award a race distinction of being an "NRDC Approved Race" if it meets certain criteria for record consideration, such as:

1. Course certification fully approved in advance.
2. A written guarantee that the race would be run on the course as certified.
3. Gathering of complete information in entry forms, including dates of birth.
4. Adequate safeguards to insure that every runner runs the proper distance and is properly timed.
5. Complete results provided to all runners and to NRDC in a reasonable time, say about one month.
6. Performance verification.

The purpose of such a system would be to enable runners to select races where they can be assured of running a meaningful time, and can be certain that such marks will be considered for national records and rankings.
"The Runner" magazine asked us to review 250 marathons listed in their calendar to see if they were certified. We found 35 that claimed to be certified but were really not. Thus, it's common for runners using such calendars to be disappointed to find a race they thought was certified really wasn't.

The 1981 books: "Certified Road Running Courses," "U.S. Distance Rankings" and "Running Records by Age" will be available in early 1981.
(Ed. Note: If you think that NRDC may not have your race information, send your times, dates, courses, birthdates, etc. to NRDC, P.O. Box 42888,

## Newton On <br> Comeback Trail

## by Percy Knox

Nick Newton, 47, leaped a sensational 5 -foot, 8 -inches in a high jump at an all-comers meet in Northridge, California, December 13th. It's certainly an inspirational uplift for all of us. Nick has come a long way in a comparatively short time since his illness.
Doug Smith and Ken Dennis were recently timed 5.5 for 50 yards. Smith (36.3), Gary Miller (36.5) and Newton (38.3) tuned up for New Zealand in a 330-yard sprint.

Ken Dennis clocked 10.9 in the 100 meter run to better the age 43 mark of Percy Knox in 1977. Knox recorded an 11.0 in the 100 for a new age 47 standard.

SETTING NATIONAL RECORDS AND APPEARING IN RANKINGS

National records, single age records, age group records, and national rankings are prepared and maintained by the NRDC. These are the official US records that are recognized by the Road Runners Club of America and by the Athleties Congress (formerly AAU) Certain criteria must be met in order to set official records. These are:

1. Road running records must be set on certified courses.
2. Records must be validated by recording the runner's birthdate with the NRDC.
3. Official US records may only be set by US citizens.
Runners who wish to keep up-to-date on certified courses and single-age records more frequently than the annual books, may do so by reading the NRDC News. This publication, issued approximately monthly, lists all of the newly certified courses and newly approved single-age records. Available for an annual tax-deductible contribution of $\$ 15$ or more to the NRDC.

## 1980 RANKINGS

We will provide the National Masters Newsletter with masters rankings, 50 deep, in 5 -year age groups, for all races 10 K and up in 1980. All times received by NRDC no later than March 1, 1981 will be included.

Tucson, AZ 85733. NMN will endeavor to print the rankings--probably one race per issue--throughout the year.)

## Blind Marathoner <br> Runs 3:08

Early in November, Harry Cordellos, sightless San Francisco marathoner, placed 1270th in a field of 6800 runners in the Marine Marathon in Washington DC. His time was $3: 08: 17$. A month later in the Honolulu Marathon, Cordellos ran the distance 15 minutes slower but finished about 500th in a field of 6800 runners. He has run over 50 marathons with almost as many different sighted partners touching elbows from time to time. Cordellos is 43 years old.
An 8 -minute segment of NBC's THE GAMES THAT PEOPLE PLAY, January 29th, featured Cordellos in running and other sports in which he participates. Cordellos lost his vision while in high school.

These By-Laws were composed based on the experience of four world championships plus a great deal of study and input from the athletes and officials. The Executive Committee tried to accomodate as many competitors as possible in composing these rules. It is hoped that these rules will be followed in national and local competition. These rules are required to be followed in all international meets.
The following is an explanation for the reason for some of the rules.
\#3. At the present time, performance standards to compete or to receive an award have been rejected. However, there has been considerable sentiment for imposing standards to receive an award when there are three or less competitors in an event. The reason for this is that many competitors are competing in events where there is little or no competition just for an award. This is particularly true in the older divisions. For example, one $70+$ competitor was upset because he would be unable, due to scheduling, to compete in both the marathon and the weight event! Performance standards in order to compete would only be imposed if the number of entrants becomes too large to handle. 2,400 competed in New Zealand. 5,000 are expected in Puerto Rico.
\#4. The Executive Committee (EC) felt that all finals should be run on the main track. With the substantial number of entrants in divisions M40, M45 and M50, a large number of trial heats will be needed in the short distances. These may be held on secondary tracks. In the 5 K \& 10 K runs a compromise was reached in which seeded runners in two sections (about 40 in all) would compete on the main track, with unseeded runners on secondary tracks. There has been difficulty in getting entrants to list their proper times and in many cases they don't list their times at all. Because of this, certification by the national bodies for the 5 K and 10 K seeded runners will be required.
As an experiment, there will be no relays in Puerto Rico. The reason being that the host countries usually dominate by sheer numbers and the smaller countries just don't have enough competitors to comprise a team.
\#5. There has been some modification in the hurdles relative to the distances to be run between them. The distances selected were based on the opinions expressed by the majority of the athletes. There was concern regarding the $70+$ athletes negotiating the hurdles. It was for that reason the distance was reduced to 80 meters. One of the $70+$ athletes fell and was injured during a hurdle race. In determining the distance to be run between the hurdles the EC tried to keep a distance that would permit three steps between each hurdle.

It is strongly recommended that these rules be studied by the competitors. They will be in effect in Puerto Rico and for the North American Championships and the Pan-American Championships. They can be modified at the next EC meeting in Puerto Rico.


World Assoc. of Veteran Athletes By-Laws

by Bob Fine<br>North American<br>Representative to WAVA

## WAVA BY-LAWS

## 1. AFFILIATION OF NATIONAL

## GROUPS

The Executive Committee shall determine the affiliation of national groups.

## 2. DUES

Dues shall be established by the General Assembly. Until otherwise modified, the dues for each national body shall be $\$ 10$ (equivalent of ten dollars US currency) plus $\$ 1.00$ for each 100 members, with a maximum of $\$ 35.00$.

## 3. EVENTS

All men and women of prescribed age shall be eligible for all events without restrictions or performance standards required in order to receive an award. Three awards, at the minimum, shall be given in each event when there are three or more starting.

## 4. OPERATION OF THE MEET

a. All final events except the 20 K walk, marathon, cross-country are to be held in the main stadium. Trial heats may be held in locations other than the main stadium.
b. In the 5 K and 10 K runs for M40, M45 and M50 two seeded sections based on a verified time performance, with the required time to be determined by the Executive Committee, will be run on the main track. Unseeded sections in these events may be run on secondary tracks. The Executive Committee shall determine the procedure for verification of the times. The Executive Committee shall advise the Meet Director at least one year prior to the start of the meet.
c. Seeded final sections based on best times recorded within two years prior to the meet shall be run in the steeplechase.
d. Seeded trial heats, based on best times recorded at a date determined by the Executive Committee prior to the meet, in which the top seeds shall be distributed as evenly as possible and in which competitors from the same country shall be distributed as evenly as possible, shall be used in the 100,200 , $400,800,1500$, high hurdles and 400 meter hurdles.
e. Competitors of different age groups and both sexes may run in the same section, for scheduling purposes, at the discretion of the Meet Director, with separate scoring and prizes for each grouping.
f. Relay teams may be declared any time twenty four hours prior to the start of the event.
g. A competitor must compete throughout any particular meet for the

## 7. ENTRY FEE \& RESULTS

The entry fee shall be the same for each event. The athletes are to be given an option to purchase the results on the entry form.

## 8. DISCIPLINE

a. Any competitor lying about his or her age is to be banned two years from the date of discovery of the fraud or two years from the date that any illegal prizes are returned, whichever is longer. A competitor lying about his or her age for a second time will be permanently banned from competition.
b. The Executive Committee will appoint a discipline committee to recommend actions on specifie cases for unsportsmanlike conduet.

## 9. AWARDING CHAMPIONSHIP

 EVENTSa. All championship events are to be conducted under the WAVA constitution and technical rules.
b. WAVA shall be the sole determining authority relative to all matters regarding the operation of the meet. The Meet Directors shall have the right to solicit local sponsors with appropriate recognition given to them.
c. The sponsors of the meet will provide for the expenses of at least one representative of WAVA, as designated by the President, to report on and to assist in the preparation of the meet approximately one year before the meet is scheduled to start.

## 10. FINANCES

a. Budget

A proposed budget must be submitted by the Treasurer to the Executive Gommittee within sixty days after taking office. Said budget must be approved by mail vote of the Executive Committee within thirty days after receipt of same. If any Executive Committee member does not respond in writing to the proposed budget, said member will be considered as approving of same.
b. Reports

A yearly report must be submitted by the Treasurer.
c. Checks

All checks of WAVA must be signed by the Treasurer and countersigned by the President or any VicePresident so designated in writing by the President.

## d. Expenditures

1. Postage, clerical and telephone expenses up to $\$ 500$ (United States currency) may be incurred by the Treasurer without prior approval of the Executive Committe.
2. Emergency expenditures of up to $\$ 200$ may be incurred by the Treasurer without prior approval of the Executive Committee.
3. All other expenditures must receive approval of the Executive Committee.

## Contracts

All contracts must be approved by the Executive Committee and signed by the Treasurer and the President.


I guess I must admit, life has been very good to me. I'm relaxing in front of a warm fire, wall-to-wall mortgage as far as the eye can see and I'm doing the little things a person does to start each new year; the enjoyment and pride that accompanies counting up last year's profits - 98, 99, a dollar. Repeating the little sales tips that a person must always be reminded of as each new year begins - "the large print giveth and the small print taketh away." You re-kindle those sales approaches that have proven successful in the past. "You'll notice Mr. Mundle, that at no time during my entire presentation will my fingers ever
leave my hands." And of course you re-read your fan mail.
The cards and letters pour in. They say I'm a pundit, a dilettante. I went immediately to the dictionary. I'm reminded of my first trip to the dictionary. I was a boy. I had a girl friend. My friends kidded me about her being ugly. My response was one person says ugly, another person says beautiful, what exactly do you mean? We went to the dictionary that day in my youth and looked up the word ugly. So help me god - there was her picture. Anyway, a pundit is a know-it-all. So you're telling me, Higdon hasn't done pretty well as one of those? A dilettante
is a person who fools around. You think then, that $O^{\prime}$ 'Neil isn't having one hell of a time as one of these? Come on folks, give me a break, I'm dealing with overall order in the universe.
Speaking of dealing with things, wasn't this year's Rose Bowl parade the most fantastic show you ever saw? "Seventy-Six trombones walked through horse manure, etc." It made me proud to have been born in California. If only Ty and Randy could have been there.
Take one, for a heart warming running story. The date is December 7, 1980, the place is Honolulu and the event, the Honolulu Marathon. December 7th, the anniversary of the day the Japs won their way into the hearts of so many John Wayne fans. Remember Art Buchwald's story about how lucky we are to have beaten the Japs in the war? Had they won, those tricky little devils would probably have forced us to drive their cars, buy their TV sets, radios, and computers. Isn't that reason enough to be thankful?

Anyway, back to the Honolulu Marathon and incidentally, if I was really the cynic my wife's mother thinks I am, I couldn't admit how I feel about their Marathon. Everything you ever heard, is true. You can do away with all the race directors meetings, seminars, and clinics. Just do a carbon copy of the Honolulu affair and you'll have it. We all toed the starting line: Father, Mother, two kids and a friend. Only
lacking the mortgage, weeds and dogs from presenting what Zorba the Greek called "a total catastrophe." Off we went, with never in our wildest dreams any thoughts of what would conclude. Friend Bob Oury (a Wheaton, Illinois lay preacher) and I were flying. Ears pinned back, shoe glue burning under our soles, we punished all runners who dared come near us. We encouraged and challenged one another. After all Hig was on the sidelines with lockjaw, having led a tour group from Dogwood, Michigan through the Pacific jungles for the prior week. We had a real shot at finishing near the top of the pack. Alas, my friend started our finish kick at the 26 mile mark and just as I had tried to tell him, it was too soon. We fell about 285 yards short and were forced to walk it in. As we walked those final few steps, holding hands, I thought back to the words of that legendary football coach: old shy, white haired - Coach Shywhitehair, "Fellas, everybody knows that a triple threat halfback and a slashing, reckless, pull-out guard, go hand-in-hand. But not down at the campus library. It gives the student body a feeling of insecurity. We couldn't hold eights and finished in 3:32. Mother and daughter spun a $5: 40: 12$ for their first marathon finish. Both started bawling at the finish line, pretty soon I was bawling too and Ohmygosh, if it wasn't what running has to be all about - fun!

## Hoover Wins 50-Miler

by Richard Slotkin

SANTA MONICA, CA. December 21st. Despite the fact that this race is open, the Striders 50 -mile track run usually turns out to be a masters event. This year, just about all the entrants were over 30 .

With the smallest field I've seen in


8:11:38 in 50-miler, December 20. photo by Richard Slotkin
the four years I've observed the race-only 18 starters and 10 finishers-there were still some top quality. Frank Bozanich and Jim Pearson, both former winners and both former national champions in ultra marathons, were the favorites. Bennett Lundkvist was another one to watch, having been under 6 hours on two occasions. And last year's over-50 women's recordholder, Melda Dean, was back to give it another try, still recovering from a fine effort in the Western States 100 miler.
Bozanich said he wasn't going to follow his usual routine of blowing out fast and hard from the opening gun and trying to hang on from there.
Mike Sayward opened up a big lead, lapping the field twice in the first hour. His strategy was obvious: build up a lead and hope to hang on to Bozanich if he started to surge. Following these two were Charles Hoover, last year's runner-up, Lundkvist, Pearson, and two 45 -year-olds, Vogle and Andre Tocco.
Only two women entered, Dean and Bea Findlay, with Dean steadily building a lead over Findlay, who dropped out at 19 miles.
Sayward's early pace forced him out at about 20 miles. Bozanich took over until the 33 mile point when he, too, declined the issue. "I just got tired," was his explanation. Six hours sleep each night and full time at the police academy in Washington were too much for him, he said.
So now it was Hoover, Pearson, Lundkvist, Tocco and Vogle. Pearson dropped at 38 miles, saying "I can't take the pain." Can't take the pain? Why he was only national champion in 1975 and won this thing last year. It just wasn't


Two 45-year-olds, Andre Tocco ( L ) and Vogle, battie in 50 -mile run. Tocco placed 3rd overall in 6:09:09. Vogle was 4th in 6:16:04.
Top Los Angeles $50+$
runner, Conrad Eroen, takes 5th in Striders 50- mile race in $6: 20: 49$.
his day, that's all. Good sport that he is, Pearson stayed till the end and held the tape for the finishers.

Hoover went on to win in 5:35:23, followed by Lundkvist, Tocco, Vogle, and Con Eroen and Dan Sheeran. Dean's time of $8: 11: 38$ is a new U.S. mark for women over 45.
This may be the last time we'll see this race in Santa Monica. Race director, Tom Sturak, is moving to

Oregon with his new promotion at Nike. Congratulations, Tom! And he'll probably take the race with him. I, for one, will be sorry to see it go. But without Sturak, there would probably not be a Striders 50 . Tom has done a great job with very little help for the eight years that this race has been run, and we hope he continues it up in rainy Oregon.
Results on page 25 . 2 .

## High Schooler First In "Midwest Master" 30 Kilometer

LAKE BLUFF, IIl., December 28. Scott Jenkins, a 17 year old high school student from Kenosha, Wisconsin ran 1:43:27 to win the Midwest Masters 30 Kilometer Run on December 28 on a course that was partially obscured by snow. (The Midwest Masters allow "open" runners in many of their events.)
Two days before the race it was 5 -degrees. The day after, it snowed 4 inches. But on race day it was 40 -degrees and partly sunny. "You know what partly sunny means in the great city of Chicago," said race director, Wendell Miller, "It wasn't dark."

First master finisher, third overall, was Jenkins coach, Chuck Bradley, also of Kenosha. Just turned 40, he survived a closing rush by 49 -year-old

Hal Higdon of Michigan City, Indiana, who was running in company (and tied with) his 21 year old son Kevin, a senior at Indiana University.
Higdon, who was running the race as a final test prior to competing in the marathon at the World Veteran Games in New Zealand, fell on a snow-covered turn on the first lap of the three-loop, out-and-back course in Lake Bluff, Illinois, then got up to run progressively faster 10 kilo loops of 37:05, 36:20, and $35: 13$ for a total time of $1: 48: 38$. That was only good enough to bring him within shouting distance at the finish of Bradley, who hit 1:48:30.
"I didn't even know Bradley was over 40 until the awards ceremony," said Higdon afterwards."They keep letting these young-looking guys sneak into my races."
Higdon's time nevertheless bettered the listed American 45-49 record for 30 kilometers of $1: 53: 32$ by Joe Erskine as well as a pending 1:49:58 mark by Al Lawrence. It was the seventh American record he set during the year.

Kathy Schubert won the $35-39$ and overall female titles in $2: 20: 23$. There were 156 starters and 127 finishers.

Regional Reports

## Hawaii

## by Jack Karbens

Our Masters Track Meet, on December 28 th, included about 40 people from Hawaii plus about 10 from the mainland who were on their way to New Zealand.

The meet on December 31, contained about 100 Scandinavians, 10 Mainlanders and a few Hawaiians. Most of the Hawaiian masters officiated the New Year's Eve meet. Stan Thompson did an excellent job of running it. It was one of the largest, most organized masters meets ever held in Hawaii. After suffering 30 -degrees-below-zero weather on their trip to Greenland, the Scandinavians were pleased with our 80-degree Hawaii weather.

We will look forward to hosting mainlanders and world visitors for our International meet on April 16, 17, \& 18. Anyone visiting Hawaii this winter is welcome to join us on Sunday mornings for masters track meets, from 8am to noon at Kaiser High School. It is located about 1 mile from beautiful Hanauma Bay. The visiting master could therefore spend the morning competing and the afternoon sunning and snorkling. Meets will be held each Sunday thru April 11. The Norman K. Tamanaha 15 K Memorial Run will be held on Easter, April 19.
The club officers for 1980-81 are: Stan Thompson, President; Jack Karbens, VP; Edie Leiby, VP; Joan Flynn, Secretary; and Harold Chapson, Treasurer.

## Nebraska

## by Larry Bobolz

The 6th Statehood Day 10 -mile is set for Saturday, February 28th, the premier competitive race of the Lincoln Track Club.

Ray Stevens, 40, won the 1980 2-hour run competition overall with a distance of 20 miles/793 yards. Bob Bartling of Brookings, South Dakota, broke the listed American Age Record for men $50-54$ with 18 miles/ 742 yards in 2 hours.

Bob Elwood, 46, and Ray Stevens tied in the one-hour run this year covering 10 miles/1462 yards. Using the RRCA performance standards, which are graded according to age, Elwood earns 843 points, or "championship" status. It's the best performance that we have ever recorded for a Lincoln Track Club member.

Stevens finished 1st master and 6th overall in the Iowa City Marathon, November 2nd in 2:35:14.

## Oklahoma

## from Joe McDaniel

Jim McFadden 41, left little doubt that he's the premier Oklahoma master runner in short and middle distance races as he registered a record breaking 16:35 in the 5 K Mohawk Park Run in Tulsa December 6th. Hewlett Nash PR'd in 17:29 for 2nd. The $50+$ title went to Ray Harmon in 21:41.

In the marathon the same day, Clyde Davidson of Emporia, Kansas took the 1st master and 3rd overall in an impressive 2:47:30. Stan Warren of Oklahoma-City posted a 2:49:33.

## Scanell sets 2 U.S. Marks

The Newsletter and the National Running Data Center do their best to learn of fast times in every age group by masters runners. Some excellent times, however, simply don't reach us.

For example, we've just learned that Karen Scanell may have set two U.S. records in 1980. Both are subject to certification by the NRDC. On February 10,1980 , she ran a 1:02:22 in the Sri Chinmoy 10 -mile in San Francisco, bettering the listed mark of 1:02:55 set by Trudy Rapp on March 30, 1980. (On January 4, 1981 in Stockton, California, Scanell further lowered the mark to 1:01:56.)
On October 26, 1980, in Hayward, California, Karen recorded a 1:21:41 half-marathon, over 2 minutes faster than Sandra Kiddy's listed 1:24:41 mark set July 4, 1980. Neither time is mentioned in the NRDC December 1st, 1980 record list.
In addition, Scanell's 1980 achievements included a $38: 0810 \mathrm{~K}, 58: 2115 \mathrm{~K}$,

1:18:23 20K, 1:22:14 13-mile, 2:06:44 30K, and 2:50:13 marathon.
She was voted top woman $40-49$ runner of the year by the Athletics Congress and Running Times Magarine.

## Race Directors

Please submit all results promptly to the National Masters Newsletter, P.O. Box 2372, Van Nuys, CA 91404 and to the National Running Data Center, Box 42888, Tueson, AZ 85733. Please be sure to show the date, location and distance, and whether or not it was run on a certified course, as approved by the National Standards committee.
NMN desires the top five men and women of each age group over age 35 . The NRDC requires a listing of ALL finishers, with name, age, sex, hometown, and finish time of each. It's important that the NRDC get such complete results in order to give all your runners credit in national records and rankings.

1st-time-marathoner, Joe Leake, of Tulsa qualified for Boston in 2:59:27. Nocus McIntosh topped the $50+$ group in 3:08:40. Lindsay Alexander received the most improved award, posting a time of 3:37:10, a big improvement over 1979.

The Tulsa Police Department requires a 5 -mile run among new cadets. A recent 5 -miler had 26 participants, the oldest being Ray Conn, a Tulsa Road Runner, who is 50 . The next oldest runner was about 25 . The winner? You guessed it. Ray Conn.

McFadden clocked a $56: 23$ in the 10 -mile Great River Run, November 29th, in St. Louis to take 1st master honors. Several thousand participated in the race, one of the oldest in the nation:
Donna Wright of Bartlesville lowered her marathon time to $3: 17: 38$ in the December 6 White Rock Marathon in Dallas. Donna is 45 and stands head and shoulders above other women marathoners in Oklahoma.
Results on page 24.

## Canada

from Alistair Lymn \& Don Farquharson
The Canadian Masters 1981 Marathon Championship will be incorporated into the Vancouver International Marathon, Sunday, May 3rd.
The organizers will subsidize selected Masters runners: One 40-49 (woman or man) and one 50-59 (woman or man) from each Province. The subsidy will include $50 \%$ of the air fare and one night in a Vancouver hotel.
The first Canadian Masters man and woman will win air fare to the next appropriate World Masters Championship.

Dereck Fernee won the Brooks Can-
adian Masters Cross-Country Champion ships, November 1st, at Sunnybrook Park, Toronto, in 33:45, breaking away from Bob Daniell (34:24) in the last half of the race. George Milne won the $45-49$ division in 35:36 over Bob Bowman's 36:19.
Arthur Taylor finished 4th overall to win the $50-54$ crown in $35: 30$, bettering his World Championship time in 1975 over the same course. Bill Cameron won the $55-59$ class by over 4 minutes in 38:07.

Christine Walker led all women in 42:43 to cop 40-44 honors, 44 seconds ahead of Audrey McCabe's 43:27.
Results on page 24.

## New Hampshire and Vermont

## from Tom Jennings

With the Dartmouth head track coach, Carl Wallin, a 39 -year-old weight man of note, there is a lot of masters and sub-masters indoor and outdoor track and field competition in this area. With an excellent 220 -yard rubber indoor track and a Rubaturf outdoor track, as well as meeting virtually every week and organizing meets, we could have a few good results.
On December 13th, at Dartmouth College in Hanover, NH, on the 220 -yard indoor track, Wallin threw the 35\# 52-5 $3 / 6$. Don Metz, 40, ran a 4:39.7 mile and 2:08.0 880. Tom Jennings, 39, notched a $2: 10.8$ in the 880 . Wallin recorded a $50-10$ shot put. Don Graham, 33, clocked 4:39.8 in the mile.

On December 20th, at the same site, in an 89 -entry all-comers meet, Wallin hoisted the 35 \# weight $51-9$, and threw the shot an identical 51-9. In the mile, Metz ran 4:43.1, Graham 4:47.3 and Jennings 4:48.7.
-We omitted the actual 3rd place finisher in the women's 35-39 division of the New York Marathon. Linda Thurston, 38, of Somerville, NJ, in only her 2nd marathon, clocked 3:04:47 for 41st woman overall.

- Top masters field-event competitor Ray Fitzhugh of San Juan Capistrano, California leaves for Okinawa for a one year tour in April. (Ray's a Marine.) "I look forward to staying in touch with the Masters through the newsletter," he says.
-Chris Miller, pointing for New Zealand, pulled her right hamstring December 12 so badly she could barely walk for days. "I was in really good shape, too," she lamented. But she decided to go anyhow, hoping for a "Christmas miracle cure.
- Haig Bohigian of Tarrytown, New York has agreed to take over the handling of U.S. masters indoor records. Pete Mundle will continue to handle the outdoor marks.
-Geza Feld reports "I have finished the rankings, but I have to wait untll Jim Weed arranges the financing of the computer work." Feld says it should be done shortly.
-Top U.S. master Sandra Knott will speak at the Ohio Podiatry Association in May on "The Woman Athlete." A registered nurse, Knott is a frequent lecturer and a physical-education instructor.
-The itinerary is shaping up for the proposed U.S. Masters tour of South Africa in December, 1981. The tentative schedule is December 12th to January 6 th, with stops in all major South African cities. Special masters competitions and fun runs will be held in Johannesburg Cape Town, Port Elizabeth, and Durban Trips are scheduled to a diamond mine, gold mine, sheep farm \& wine farm. Shopping and training clinics are on the agenda. More detalls next month
-Tom Flory, 42-year-old Middlebrough, England harrier collapsed and died immediately after completing a cross country relay leg for his club on October 18th. A prolific runner, Flory had 18th. A prolific runner, Flory had
finished 8 th in the World Veterans Marathon Championships in Glasgow August 24th with a time of $2: 24: 19$ World Veterans President Don Farquharson said: "It's a reminder that fit as most of us may be, we are still mortal. We have no contract with God. We should be thankful for what we have now, whether or not we realize our ambitions. I am sure that you share with me this sadness at the loss of a fellow veteran athlete and offer the sincerest condolences to Mrs. Flory and the children." Maurice Morrell says Flory leaves a wife and four children. "in somewhat impecunious straits, since he


## NEED BACK ISSUES?

Most back issues of the National Masters Newsletter are available for $\$ 1.00$ each, plus 50 cents postage \& handling for each order.

## $\cdots$

Send to:
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Van Nuys, CA 91404

# MAASTERTS SCENE 

died at a time of high unemployment in the North of England." Colin Pickett has set up an appeal. Should anyone feel like contributing, contact Pickett at 11, Castle Wynd, Nunthorpe, Middlebrough England
-Charles E. Beaudry, age 62, recently underwent a second groin operation, the aftermath of a vehicular mishap. It was the fourth visit to the surgeon in as many years for the Texas decathlete who many yeartly undergoing treatment for is presently undergoing treatment for a pinched sciatic nerve. With the exception of a 5.84 fifty, the injury-ridden Beaudry's performance level has been unfortunately inconsistent. He competes with the South Texas Striders Track and Field Club.
-In the 1980 Canadian Masters Championships in Ottawa a blind man and woman stopped the show. Ivy Granstrom set records in the 1500 m , 5000 m and $10,000 \mathrm{~m}$ runs. She was named the most inspirational athlete of the meet. Rick Broderick placed 2nd in a field of 7 finalists in the 200 m dash. Both of these athletes have less than $1 / 20$ normal vision.
-The Track \& Field Association of the USA may conduct a Western TFA Masters Track \& Field Meet in Los Angeles in May, as a prelude to the TFA U.S. masters meet in Atlanta June 13-14.

- National Masters Track \& Field Chairman Jim Weed has appointed Ed Oleata of San Diego to head up a Decathlon Committee. The 1981 national masters decathlon will be held in June in San Antonio, Texas.
-Jim Knerr, 46, ran a 2:35 in the Rose Bowl Marathon November 26. But he needed an extra dose of gumption to finish the Culver City Marathon December 7 th. About five square inches of flesh was sheared symmetrically from the plantar fascia area of each of his soles. He ran at a 2:28:09 pace for the first 10 miles before "fading" to a still excellent 2:40:43 to finish 6 th overall. A couple of years ago, as a rank novice, Jim ended up in the hospital after trying to run this race in the heat while taking no liquids.
-One of Canada's top masters is Sverre Hletanen. He turned 60 on May 14, 1980, and proceeded to set 12 Canadian 60-64 records: 1000 (3:22.7), 1500 (4:55.6), 2000 (6:48.2), 3000 (10:15.9), 5000 (17:26.9), 10000 (36:53.3), 5 -mile (27:12), Half-marathon (1:27:27), 20-mile (2:09:38), marathon ( $2: 55: 08$ ), 6 -mile (34:16), 15 K ( $56: 59$ ). In a 28 -day span from September 20 to October 18, Hietanen ran 4 marathons in 2:55:08, 3:01:42, 3:03:48 and 3:00:42
-Marcle Trent, 62, recorded a swift 3:30:06 in the Fiesta Bowl Marathon in Scottsdale, Arizona December 6. That's 4 minutes off her U.S. 60-64 marathon mark of $3: 26: 16$ set in 1978. This followed her U.S. 25 K record 2:03:14 run a week earlier in San Francisco. In that race, husband John, 240 lb ., ran 3:15 while entertaining the runners and crowd with his Swiss yodel.
-The third Jordache professional marathon will be held this month in Las Vegas. Joseph Nakash, Chairman of Jordache Enterprises, said after the 2nd
event in Pasadena November 23: "This second in a series of professional road races is an indication of what can be done in any sport that has proper financial support. The dedication and perseverance of many of these athletes can no longer be suppressed." There were, however, complaints from runners that there was a serious lack of timing and aid stations in the race.
-Close to 4000 competed in the 2 nd annual Oakland Marathon November 30 Results in this issue.
-AI Wick, 47, notched a good 34:02 in Brian's Run -. a 10 K in West Chester, Pa. December 6. Patrick Nutt, 50, was 1st $50+$ in $36: 17$. Linda Sipprelle, 46, clocked 39:07 for 1st female master and 4th woman overall. The run is named for Brian Bratcher, a 17 -year-old former track star who became paralyzed when making a tackle in a high school footbal scrimmage in 1978. At age 13, he had run a 52.4 400. The town of West Chester was stunned by the tragedy, and rallied behind Bratcher's family to raise money for his extensive medical care. A group hoped to raise $\$ 500$ by attracting 100 to 200 runners to the first Brian's Run in 1978. Then the local paper got ehind the event. Frank Greenberg and Chris Tatreau of Philadelphia, who organize the Penn Relays, volunteered to promote and organize the race. 2000 runners showed up, and $\$ 20,000$ was raised. Bratcher was transported from his Philadelphia hospital room to the finish line. Mike Schmidt and Larry Bowa of the Phillies showed up. "You have all given me a lot to think about and a tot to fight for," Brian said. Brian's Run is now an annual event.
-Ken Schei, 40, of Englewood, Colorado was 1st master in the 10th annual Fiesta Bowl Marathon December 6 in Scottsdale, Arizona in a good 2:32:51. Bill Hoss, 45, of Houston was 2 nd master in 2:35:02. Wilfred Potter was 1st $50+$ in 2:49:23. Diane Stocklin, 40, of San Diego led women masters in 3:08:20. 2803 finished the race.
- Molly Thayer ran 37:53 to win the 35-39 female division of the Perrier/Beverly Hills 10k December 7th. Barbara Terhune clocked $39: 19$. Christa Romppanen was top over-40 woman in 39:48. Skip Shaffer notched $33: 15$ as top male master, edging Jim Murphy ( $33: 30$ ) and Eino (33:43). Ray Gil took $50-59$ honors in $36: 55$ and Eddle Lewin remained undefeated in his $60+$ age group with a 39:40.
- Jim Bowers, 42, of Santa Rosa, California, American masters record holder in the 10K (31:44), 25K (1:22:39), and marathon $(2: 22: 23)$, led all over-40 runners in the Honolulu Marathon December 7 with a $2: 25: 54$, defeating West Germany's Hanz Wetzel (2:36:07) and New Zealand's John Hughes (2:39:54) Keizo Yamada of Japan took 50-59 laurels in 2:49:12. Hans Rathmann of West Germany topped the $60+$ contingent in 2:58:53 as the race attracted a strong international field. Noel Murchio of Hawail ran 3:11:19 as best female master. Helon Dlak, 57, of Los Angeles was 1st over-50 woman in $3: 16: 39$, only 3 minutes off her U.S. age $55-59$ standard of $3: 13: 07$
- Anne Johnson, 52, ran a good 39:45 in the Festival of Lights 10 k in San Diego December 14. Jim O'Nell, 55, repping for Now Zealand notched a 34:41. Bob Day, 36, clocked a good 31:31.
- Ken Winn, 43, of Stone Mountain, Georgia won the masters division of the 4th Annual Joe Steele Rocket City Marathon in Huntsville, Alabama December 13 in 2:32:25. Helen Reed, 44, was ist female master in 3:22:05. Al Becken, 52, of San Antonio, Texas sped 2:46:02 for 1 st $50+$. The event featured a Friday fun run, carbo supper and clinic. A special carpet at the finish line greeted each runner along with a trained handier and doctor, if needed. Each mile was marked and 60 sentries manned each turn. The runner's name, age, hometown, etc, were announced as he or she neared the finish line. The computer compiled the results swiftly to determine awards. 29 merchandise awards were presented. A $\$ 50$ prize went to the best booster sign and decorated mail box along the route. There was live TV coverage of the start and live radio during the race. The 50 invited runners toured the Space and Rocket Center. There was a special supper and social after the race. "There's no other race in the world like ours," said Chairman Haroid Tinsley.
- 1545 of 1601 starters finished the Los Angeles Bicentennial Founders HalfMarathon December 21. Robert Lopez, 35. collapsed a few seconds after finishing. Although cardiopuimonary resuscitation began immediately, he did not respond and was later pronounced dead at the hospital. A barber and father of 5 children, Lopez reportedly was a seasoned runner who had competed in several events. He was not known to have had any cardiovascular history.
- Jim Knerr, 46, of simi Valley, California ran a 2:01:44 in the Westlake 20-mile run December 28. Jack Thomas, 50 , took $50+$ honors in $2: 13: 55$. Molly Thayer, 37, was 1st over-30 woman in 2:17:34.

Anne McKenzie lowered her worid women's $55-591500$ record to $5: 31.1$ in a Cape Town, South Africa meet December 10 .
-Tom Talbott, President of the Masters Sports Association, reports he and Haig Bohigian are working on the possibility of a 500 -yard race for "special purposes" to be held at the NY Masters (3/14) and MSA (3/29) meets.
-The first annuai Western Regional Indoor Masters Track \& Field Championships are set for San Francisco February 22. Nike is sponsoring. $\$ 5$ per athlete. Contact Jim Terrill at (415) 964-9238, or send SASE to Box 764, Los Altos, CA 94022.


# Summary of 4th World Veterans Games 

(with special thanks to the New Zealand Press)

## OPENING DAY

## WEDNESDAY, JANUARY 7

About 2400 veteran athletes provided and impressive spectacle as they marched in the grand parade at the opening ceremony of the 4th World Veterans Games at Queen Elizabeth II Park in Christchurch, New Zealand.
Departing from the usual tradition, the athletes marched in age-groups instead of national groups, to the music of the New Zealand Army Band and the rhythmic clapping of a crowd of 3000 .
The decision to have the athletes march in age-groups was made to reduce the nationalistic fervor which seems to surface at international sports events. Nevertheless, some national flags were still waved by competitors who felt differently.
Re-elected World Veterans president Don Farquharson greeted the athletes, as did World Games President John Macdonald and New Zealand President of WAVA, Gideon Tait.
Christchurch Mayor Hamish Hay formally opened the Games. Two veteran flags were raised and the athletes were invited into the stand to watch the entertainment which followed, swelling the number of spectators to about 6000 .
The New Zealand Army Band gave a display of precision marching, followed by a parade of vintage cars, and a sheep dog demonstrating his sheepherding skills.

## FIRST DAY

## THURSDAY, JANUARY 8

A former Mexican Olympic steeplechase representative, Antonio Villanueva, celebrated the opening day of competition in the Games with a stunning triumph in the feature 10,000 meter run for men 40-44 years of age.

Only recently turned 40, the darkhaired Villanueva demoralized the large field in the first of the three section races by running the opening lap in a sizzling 64 seconds, and completing the first 1600 m in $4: 30$. Nobody could stay with that pace for long, and he finally finished more than a lap ahead of his nearest challenger in the excellent time of 29:52.16.
The runner-up in the first section was one of the favorites, Roger Robinson. Robinson, a former English cross-country runner now teaching English literature in Wellington, New Zealand, had toured the U.S. on a teaching sabbatical in 1980, defeating the top American masters in a brilliant series of races.
But Robinson picked up a virus in December while returning from the States. He passed up defending his World Veterans Distance Running Championship 10k crown in Palmerston North. Today, he quite likely couldn't have beaten the incredible Villanueva under any circumstances.
Robinson cruised to an easy 31:23.69 for an apparent silver medal. But a solo effort by Renato de Palmas of Italy in the 2nd section pushed Robinson into 3rd place. De Palmas recorded 30:46.2

Later, Robinson expressed disappointment that all the fastest runners had not been seeded into the first section, as he had thought. "Villanueva ran brilliantly. There was no way I could have beaten him today. But I thought I was second, and I tried to rum it as painlessly as possible." Robinson said he could have run faster, in spite of the illness, and was not expecting to be beaten by someone from the second section.
The win was Villanueva's second world title in the space of five days. He had won the world veterans 10 k distance running championship in Palmerston North.
Villanueva first made his mark as a steeplechase runner. He was the Mexican 3000 stéeplechase champion for several years and his national record of 8:34 has stood unchallenged for the last eight years. In 1972, he ran for Mexico in the event but failed to reach the final.
He speaks only a little English, but, through an interpreter said: "I think the long distance is now the best for me."
World Games President John Macdonald successfully defended his M45 world 10,000 meter title in an outstanding 31:52.7. Macdonald had sacrificed his training to attend to the organizing of the games, but he broke away at the half-way point and the eventual silver medalist, Jan van Onselen of Belgium, was unable to respond. Macdonald's time was 10 seconds faster than his winning performance in Germany.
Hal Higdon of Michigan City, Indiana, who set 7 age $45-49$ long distance records in 1980, finished third in 32:38.3, only 6 seconds slower than his 2nd place finish behind Macdonald in
Hannover.
Macdonald was overjoyed with his win. "I was feeling tired even before the race. I didn't want anybody with me towards the finish, so I went early."
New Zealand's Derek Turnbull won the $50-54$ crown in $34: 08.1$.
Gunther Hesselman of West Germany outdueled Americans Jim O'Neil and Alex Ratelle to win the M55 race in 34:28.5. O'Neil, the San Diego record holder and winner of the 10 k world title in Palmerston North, fell only 4 seconds short of another win in 34:32.2, lowering his own U.S. record for men $55-59$ by 31 seconds. Ratelle was over a minute back in 35:27.8.
The great John Gilmour of Australia, already holder of four world M60 records $(800,1500,5000,10000)$ took his division in $35: 10.3,47$ seconds shy of his world mark of $34: 23$, easily winning by over two minutes.
The famed Scot, Gordon Porteous, took the M65 race in $40: 51.5$, narrowly beating England's Robert McMinus.

New Zealand's Beverly Shingles won her 2nd title in 5 days (she won the 10k at Palmerston North in 35:52) in 36:28.34. Cleveland, Ohio's Sandra Knott won her 2nd silver medal (she finished behind Shingles in Palmerston in 37:26) in an improved 36:49.91.

Dorothy Stock, 48, of San Diego began an all out female assault on world records in the meet by winning the W45 race in $38: 49.15$. The time bettered her own world mark of 39:06, set last June 22. (She has run 37:39 on the road).

Ruth Anderson picked up a silver medal in the W50 10000, clocking 41:52.70 behind M. Suominen of Finland's 40:19.41.
Els Tuinzing of the U.S. nabbed a gold medal in the W55 bracket in 48:02.69. E. Falke of Germany set a new world mark in the W60 class in $50: 13.84$, breaking the old mark by two minutes. W. Kretschmer, also of West Germany, set a global W65 standard of 52:53.17.
A. Forbes of New Zealand added the W70 world mark to the list with a 59:20.61, breaking Californian Bess James' record of 60:01, which she set only last July. James took 2nd to Forbes today in 61:55.90.
In the W75 bracket, Ruth Rothfarb, 79, of Miami Beach, Florida came to the wire with James in the same 61:55.90 which set a new standard in the W75 group. Vicky Foltz of San Francisco took the W35 race in 36:39.50.
In field event action, a new name in the masters program, Wladzimierz Sokolowski, an expatriate Polish Olympic representative now living in New York, thrilled the crowd with a winning vault of 4.60 meters ( 15 feet, 1 inch) in the M40 pole vault.
Once he was certain of the gold medal, he had the bar moved up to 4.83 meters (15-10) in an attempt to improve on the world record of 4.82 ( $15-9$ ) set by Rudolf Tomasek of Czechoslovakia in 1977.

However, he made only one vault at this height before the strong head wind convinced him he had no chance. He spent some time waiting for the wind to die down, eventually giving up without attempting his remaining vaults.
"I think I could have broken the world record if I had had a tail wind," he said. "The wind was very difficult."
Sokolowski represented Poland at the Tokyo Olympics in 1964. He was ranked third in the world at the time with his best vault of $18-01 / 2$, but on that day, an arm injury pinched a nerve and he didn't qualify for the finals.
After Tokyo, he competed in the U.S. on the professional circuit. He will never go back to Poland.
"I miss Poland very much. It is a very lovely country, and my family is there. But I am frightened to go back in case I was not allowed out again. I have a good job in America, and I am perfectly, happy," he said.
Sokolowski is now an architect with the biggest company in the U.S. specializing in the design of shopping malls. He's also a top 110 -meter hurdler, but passed up the event in the Games to visit a girl friend in Australia.
The runner-up was Hans Lagarquvist of Sweden, who finished 7th in the event in Munich in 1972 and was ranked third in the world.

Annchen Reile of West Germany set a new world mark of 26.54 (87-1) in the W65 discus, demolishing Edith Mendyka's 63-6 standard set in 1979.
In the W75 Discus, I. Sarnama set one of her several world marks in the meet with a toss of $50-1$. The old mark was a weak 19-10.
In the high jump, Richmond, Virginia's Spotswood Hall easily won a gold medal in the M55 bracket with a leap of 1.60 (5-3). He defeated an Italian and New Zealander by nearly a foot.

## SECOND DAY

## FRIDAY, JANUARY 9

One of the glamour events of the Games -- the M40 100 -meter dash was on the line. U.S. champion Doug Smith was up against world sprint gold-medalist and former professional, Reg Austin of Australia.
The Southern Californian prevailed, recording 11.25 to Austin's runner-up 11.44. Smith began slowly before bursting clear of the strong field half-way down the track. Austin edged teammate R. Dunbar for the bronze in 11.51 .

It was a convincing triumph for Smith, who has been pushed all year long by former U.S. masters sprint champ Ken Dennis in all-comers meets in Los Angles. Smith improved on his winning 1980 national masters championship time of 11.40 .
In spite of his natural speed, Smith was never among the top open U.S. sprinters. He competed in high school and college, but a hitch in the service followed by marriage kept him away from the track during his best potential years.

Two years ago, he was persuaded by a friend to start running again, and he has gradually bettered his performance. His best recent times are 10.9 for the 100 and 22.4 for the 200.
There was no more popular win this day than that of the blind sprinter from West Germany, Fritz Assmy, in the M65 class. Guided by his son-in-law, Klaus Hinrichsen, he led virtually all the way, finishing in an excellent 12.89, only .09 off Yngve Brange's world mark. Brange, the defending champion, took 2nd in 13.79.
In his youth, Assmy planned to become a civilian pilot and he joined the German Air Force to help him qualify for this career. However, while testing a Henkschel 123 fighter plane in 1938, he crashed and lost his sight in both eyes. He was then 23.
At 18, he had run the 100 in 11.1. Ten years ago, with the help of Hinrichsen, he started to realize that blindness need not necessarily keep him out of active sport. He started with gymnastics and then moved on to the track.

Lloyd Snelling of Australia won the M50 100 in 11.91. Ozzie Dawkins of Los Angeles was 3rd in 12.31.

David Sanwamade of South Africa won the M45 200 in 23.20 when Hal
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Thomas of Australia misjudged the finish line and slowed when he had the race in hand.

Jose Ubarri of Puerto Rico gained an easy win in the M55 200 in 24.48.

Russell Meyers, a brain surgeon from Pensacola, Florida, took the M75 100 in 15.71, topping fellow Americans Herb Anderson (16.06) and Win McFadden (16.34).

Oldest competitor in the meet, Sven Falk, 84, of Sweden won the M80 100 in 20.82, giving California's Paul Spangler (21.33) one of his rare defeats.

A petite Italian, Maria Pia D'Orlando won the W45 1500 by 150 . meters in 4:52.9, only 4 seconds off Anne McKenzie's world record. D'Orlando is the Italian open marathon champion at 2:49.

The handicap of having his left running shoe split wide open and threatening to fall off at any time didn't stop Australia's Stan Nicholls, 69, from winning the M65 Steeplechase in the near-world record time of 12:57:56. (Norm Bright holds the mark at 12:24).
"I felt my shoe split on the first time through the water jump. It was very uncomfortable, and I thought it was going to come off. Only the top held it on," he said.
Raleigh, North Carolina's Bob Boal won the silver medal in a good 13:23.84.
The M45 Steeplechase title went to Australian Doug Warling in 9:41.49. He caught and passed the favorite, Jim Macdonald of Christchurch, in the stretch run.
Macdonald, the M45 world recordholder (9:36.6 with a pending 9:22.3) looked like an easy winner as he led the field by a wide margin in the early stages. However, he ran out of gas on the final lap and couldn't respond when Warling challenged him 80 meters from the finish.
"I just got a bit tired," Macdonald said, finishing in 9:43.42.
Two-time steeplechase world gold medalist, Hal Higdon of Indiana, was 4th in $10: 13.83$, considerably slower than his winning 9:18 in 1975 and 9:36 in 1977.
"I'm going for the marathon," he said.
A winning leap of 4.27 meters ( 14 feet) in the M75 long jump by Gulab Singh of India was among the seven world records broken during the day.
In the M70 steeplechase, Wilfred Bigelow of the USA set a new world standard of $14: 34.64$. The time was a shocking 42 seconds faster than the old record of 15:18.4 set by J.A. Jamieson of Christchurch in 1979.
Jamieson, police chief in Christchurch, also broke his old record, running 15:09.75 for the silver.
Sweden's Britta Tibbling, 63, broke her week-old mark of $3: 01.0$ in the W60 800 in 3:00.95. S. Pearce of New Zealand set a new world record of $3: 34.62$ in winning the W65 800 .
Herm Wyatt, 48 of California, culminated a year of outstanding high jumping. He won the M45 class with a leap of $1.83(6-0)$, topping the $5-9$ of Y. Higashi of Japan. Coming in 3rd and just missing the silver was the amazing Nick Newton, who cleared $5-8 \frac{1}{4}$. Newton had two major operations in Los Angeles in July. Malignant cancer was discovered and his lymph glands

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were removed in 7 -hour surgery. When Newton appeared in a wheel chair at the Pan-Am Games in August, most wondered if he'd ever be healthy again, let alone compete on a world-class level. Even doctors who, at the time, said Nick had the body of a 25 -year-old, are surprised by his incredible recovery.
A sour note occurred when Australia's Bernie Hogan missed the Finals of the M60 200. Undefeated in M55 veterans competition, the great Hogan was to make his debut in the $60-64$ class. But the meet was running late, and an official reportedly gave Hogan the wrong new starting time. When Hogan showed up the race had been run and won by England's Sylvester Stein.
Jerry Donley of the U.S. won the M50 pole vault at $9^{\prime} 10^{\prime \prime}$. Burl Gist took the M60 high jump in $1.49\left(4-10^{1 / 2}\right)$ with Orval Gillette 3rd in $1.46(4-91 / 2)$.


Stan Nichols of Australia, World Games Steeplechase gold medalist in M65 division.

John Satti won the M65 long , np in 4.78 ( $15^{\prime} 8^{1 / 4}{ }^{\prime \prime}$ ) to defeat Japan M. Morita and Canada's Ian Hume.

Glendale, California's Gary Miller finally won back the M40 American 400 hurdle mark that Ed Oleata snatched from him in 1979. He broke Oleata's 58.46 standard with a great 57.67 , good for a bronze medal behind world-record holder (54.1)George Mathe of South Africa, who ran 55.28 today, and R. Birkholder of Germany (56.82).

## THIRD DAY

## SATURDAY, JANUARY 10.

Roger Robinson, who ran perhaps the most dazzling series of masters races anywhere in the world this year, but who was denied a victory in the 10,000 meter runs earlier this week because of a virus and the brilliance of Antonio Villanueva, today won a gold medal with a thrilling triumph in the M40 cross-country run.
His time of 32:14 was only 10 seconds ahead of New Zealand's John Robinson. Indeed, the two superlative runners are
so extraordinary that they have been constantly confused as one, since no one believed that two Robinsons from New Zealand could possibly be that good. They "had to be the same person."
Well, they're not, as the rest of the field and hundreds of spectators now know.
The race was a battle between four men -- the two Robinsons, Alan Stock of New Zealand and Pierre Voets of Belgium, who was to finish 3rd in 32:36.

Stock and Voets found the pace too hot as Roger edged in front. But the race was in doubt till the final 100 meters.
Robinson represented England and New Zealand at world cross-country races. He competed for England in 1966 and 1967 before settling in New Zealand. He is certain to be invited to take part in the trials for the New


Herm Wyatt, 48, won gold medal in M45 high jump in $6-0$ in 4 th World Games. photo by Marty Higginbotham

## Zealand team this year.

An attractive Yugoslav-born American, Vicky Foltz, completely demoralized the field in the W35 cross-country with a good $39: 10$, for her 2nd gold medal of the Games.
The W35 and W40 brackets were combined into one race. Finishing second behind Foltz but first overall in the W40 class was Dr. Joan Ullyot in 40:43. This was Ullyot's 2nd gold medal in world veterans competition. She had won the 25 k road crown in Palmerston North six days earlier.
Leigh Drury-Piper of Canada, placed 2nd behind Foltz in the W35 group. The temperature was high and bothered some runners. June Miles of Christchurch, the silver medalist in the W45 1500 , collapsed after finishing but recovered after treatment. Several other runners failed to finish the course.
World Games President, John Macdonald came close to a second world vets title, but had to settle for 2nd as Aucklander Jeff Fulina won the M45 cross-country race by 12 seconds in

33:37. Macdonald's brother, Jim, not fully recovered from his all-out effort in yesterday's steeplechase, finished 4th in 34:35.
New Zealand's Roy Williams established a new world record in the M45 Pentathlon with a total of 4038 points. Williams began with a $21-2$ long jump, ran a 24.3200 and threw the discuss 141-8.

Colleen Mills of New Zealand and Irene Obera of Oakland, California renewed their intense rivalry in the 400. In the 1979 Worid Games, Obera had built up a seemingly insurmountable early lead, only to fall to Mills closing rush. In that race, Mills set a new W45 world 400 mark of 59.71 while Obera established a new American standard.
Today it was more of the same. Mills lowered her mark further to 59.68 while Obera again took the silver in 61.67, just a half-second off her U.S. mark of 61.1.

Kristen Hveem of Norway set a new mark of 30.59 in the W55 200, bettering the world record (31.1) of Aileen Hogan of Australia, who ran 32.4 today for second. Edith Leiby of the U.S. was 5 th in 38.32 .

Elizabeth Haule of West Germany set a world mark of 38.63 in the W60 200 , bettering San Franciscan Jo Kolda's mark of 34.7 . Koida finished 2nd in 36.47. Winifred Reid of South Africa -representing Holland -. won the W65 200 in 34.76, close to her own global best of 34.7 .
Anne McKenzie of Cape Town, South Africa -. running in Belgian colors .won the W55 800 in 2:43.41, lowering her world mark of $2: 45.1$. Leiby took 4th in 3:27.03.

In the W70 200, Bess James broke Marilla Salisbury's five-month old worid mark of 62.7 by 17 seconds in 45.11 for one of her five world records in the meet.
Sarnama of Finiand and Annchen Reile of West Germany set new javelin marks in their respective W75 and W65 divisions.
In the 100 -hurdles, Bob Hunt of Anaheim, California, won the gold in 18.27, edging arch-rival Burl Gist of San Marcos, California (18.94).
In the M70 400 hurdles, Wilfred Bigelow of Berkeley, California, picked up his 2nd world mark of the Games with a win in 84.09 , lowering Dick Lacey's six-month old standard of 85:8. Stan Thompson of Honolulu took 3rd in 94.63. Walt Frederick was 5th.

In the 55-59 men's cross-country run, Jim O'Neil and Alex Ratelle again fell to the brilliance of Germany's Gunther Hesselman, who clocked 35:34 to O'Neil's 35:57, with Ratelle another 34 seconds back.
Frank Finger of Charlottesville, Virginia and Ed Stotsenberg of Santa Monica, California ran 1-2 in the M65 800. Finger's $2: 27.84$ approached his own world standard of $2: 25.3$ set in the 1980 national masters championships in Philadelphia. Stotsenberg, a triplemedalist in Hannover, picked up his first of these games in a good 2:32.20. Ray Mahannah of Northern California was 4th in 2:36.70.
Herb Anderson of Bellevue, Colorado won one of his two gold medals in the games with a $1: 36.46$ win in the 400 hurdles.

World Games
Continued from previous page
In the W35 800, Miki Hervey couldn't quite get up for a medal, but still managed to set a new American record placing 4th in 2:21.95, bettering her own 2:22.5, set at the Philadelphia nationals. New Zealand's Pam Kenny won a close finish in 2:18.65.
Sandra Knott also set a new American record in the W40 800 . Her time of 2:21.97 broke her own U.S. best of $2: 24.6$. It was good enough for 3rd place as Knott picked up her 3rd medal of the week. A. Gleichfeld of Germany won the race in $2: 19.56$ to $2: 19.60$ for Val Robinson of New Zealand.
Maria Pia D'Orlando garnered her second gold medal of the games by topping San Diego's Dorothy Stock in the W45 cross-country, $40: 57$ to $42: 24$. Mae Horns of the U.S. was 6 th in $46: 49$ Combined with Marty Maricle, the three won the W45 cross-country team title for the United States, beating Australia and Denmark.

In the W50 cross-country, Ruth Anderson notched another silver in 45:41, losing by much daylight to Finland's powerful M. Suominen, who clocked 42:34.
Els Tuinzing took 2nd in the W55 cross-country in $55: 02$, six minutes behind winner G. Bladh of Sweden.
Ruth Rothfarb, 79-year-old Miami Beach resident, set one of her two American W75 records with a 56.92 in the 200. Sarnama of Finland established another new world standard in a smart 42.88.

## FOURTH DAY

## SUNDAY, JANUARY 11.

Alan Bradford of Australia won the glamour event of the day, the M40 1500 meter run in a time of $4: 02.33$. He made his bid for victory on the final bend and sprinted clear of the tightlypacked bunch down the stretch to finish ahead of the pre-race favorite, Michae Connolly of Ireland.

Connolly led at the bell but had no answer to Bradford's stunning final sprint, taking the silver medal in 4:02.95.
S. Griffiths of Australia was 3rd in 4:03.95 followed by George Cohen of Los Angeles in a personal best 4:04.27. "I let myself get boxed in in the early stages and used a lot of energy I shouldn't have," Cohen said. "I'll have to run smarter in the 800 ." Cohen nevertheless ran seven seconds faster than his $4: 11$ runner-up 1500 performance to Ernie Billups in the Los Angeles Pan-American Games.
Bradford, 42, is enjoying his first competitive season as a veteran runner. He follows a training schedule of over 80 miles a week, based on a program prepared by the legendary New Zealand coach, Arthur Lydiard. He stayed with Connolly as he had planned, then flew by in the stretch.

The Invercargill, New Zealand sheep farmer Derek Turnbull came within a whisker of the M50 world record of 4:14.0 by Australia's Jack Ryan, winning by 60 meters over Lindsay Hooper in 4:15.1. Kelsey Brown of New Jersey was 4th in 4:28.78.
The highlight of the day for many spectators was the thrilling win in the M45 800 by Auckland's Bill Baillie, known in his prime in the 1950's and

1960's as New Zealand's "iron man" of the track.
Now 46, Baillie ran hard all the way. He stayed with the leading group from the start and moved smoothly into the lead at the beginning of the second lap. Round the final bend, Baillie was ahead by 5 meters over perennial world games bridesmaid Tom Roberts of Australia. Baillie's time of $2: 02.3$ in the hot weather was creditable. Roberts again won the silver medal in this race (Miloje Grucic of South Africa nipped him at the wire in 2:00.1 in 1979) in 2:03.1, ahead of M45 world 1500 record-holder Piet Majoor of Holland's 2:03.8.
The fact that the World M45 800 mark is $1: 57.9$, set by Johann Hasselberg of Norway in 1977, and the
too hard a little early and came up nursing a few injuries," he said. "So I decided to take a break and come down to Christchurch fresh. I was mentally prepared, but a bit weak physically."
He decided to force the pace from the start, making a long, hard run of it rather than relying on his sprint at the finish. "I ran as hard as I could and am pleased it worked out the way I planned." Baillie was a $3: 59.4$ miler in his prime in 1963. He finished 6th in the 5000 in the 1964 Tokyo Olympics.
Two world records fell in the men's 800 today. Frank Evans, an Englishman now living in New Zealand, won the M55 with a sparkling 2:08.66. That broke the strong mark of 2:08.9

5000 in 16:51.2, a bit off his global best of $16: 33.3$, which he ran in an obscure Perth race last August.
It was Gilmour's 2nd and 3rd wins of the games, to go with his 10000 triumph opening day.
The amazing blind sprinter Fritz Assmy of West Germany added the 200 to his 100 gold medal, lowering his own world record in the process. Again guided by his son-in-law with a short rope tethered to their wrists, Assmy clocked 26.32 to improve on his record 27.18 set in the 1980 European Veterans Championships.
Runner-up in 28.67 was the former record-holder, Yngve Brange of Sweden.
Assmy received a standing ovation from the crowd. His win was by far the

NEW WORLD AND AMERICAN AGE-DIVISION RECORDS SET IN 4TH WORLD VETERANS GAMES IN CHRISTCHURCH, NEW ZEALANO JANUARY 8-14, 1981

|  | EVENT | DIV. | MARK | NAME | RESIDENCE |  | AGE | DATE SET | OLD MARK | NAME | RES. | AGE | DATE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| WR | 100 | W75 | 19.25 | 1. Sarnama | Finland |  |  | 1/13/81 | 42.9 | Viola Glen | USA | 86 | 5/16/79 |
| WR | 100 | W70 | 19.58 | Bess James | San Jacinto |  |  | 1/13/81 | 20.1 | Bunny Seawright | USA |  | 8/78/79 |
| AR | 100 | W75 | 19.79 | Ruth Rothfarb | Miami Beach |  |  | 1/13/81 | 42.9 | Viola Glen | USA | 86 | 5/16/79 |
| WR | 100 | W60 | 16.01 | Elizabeth Haule | West Germany |  |  | 1/13/81 | 16.3 | Josephine Kolda | USA | 61 | 6/23/79 |
| WR, | 200 | W75 | 42.66 | 1. Sarnama | Finland |  |  | 1/10/81 | None |  |  |  |  |
| WR | 200 | W70 | 45.11 | Bess James | San Jacinto |  |  | 1/10/81 | 62.7 | Marilla Sal isbury | USA | 72 | 8/17/80 |
| AR | 200 | W75 | 56.92 | Ruth Rothfarb | Miami Beach |  |  | 1/10/81 | None |  |  |  |  |
| WR | 200 | W45 | 26.21 | Irene Obera | Oakland |  |  | 1/10/81 | 26.3 | Irene Obera | USA | 46 | 8/16/80 |
| WR | 200 | W55 | 30.59 | K. Hveem | Norway |  |  | 1/10/81 | 31.1 | Aileen Hogan | AUS | 57 | 3/22/80 |
| WR | 200 | M65 | 26.32 | Fritz Assmy | West Germany, |  | 65 | $1 / 181$ | 27.18 | Fritz Assmy | WG | 65 | 8/ 8/80 |
| WR | 400 | W75 | 2:03.50 | Ruth Rothfarb | Miami Beach |  |  | 1/ /81 | None |  |  |  |  |
| WR | 400 | W70 | 96.65 | Bess James | San Jacinto CA |  | 70 | 1/ 181 | 2:18.4 | Marilla Salisb | USA | 72 | 8/16/80 |
| WR | 400 | W65 | 79.66 | Winifred Reid | South Africa |  | 65 | 1/ 181 | 80.6 | Winifred Reid | SA | 70 | 8/16/80 |
| WR | 400 | W55 | 71.91 | Anne McKenzie | South Africa |  | 55 | 1/ /81 | 78.54 | Nell duplessis | SA | 55 | 7/30/79 |
| WR | 400 | W45 | 59.68 | Colleen Mills | New Zealand |  | 47 | 1/ /81 | 59.71 | Colleen Mills | NZ | 45 | 7/30/79 |
| WR | 800 | W75 | 4:30.08 | Ruth Rothfarb | Miami Beach |  | 79 | 1/ $/ 81$ | 5:47.5 | Hulda Crooks | USA | 82 | 6/24/78 |
| WR | 800 | W70 | 3:53.34 | Bess James | San Jacinto |  |  | 1/ 181 | 5:25.4 | Marilla Salisbury | yUSA | 72 | 8/16/80 |
| WR | 800 | W65 | 3:34.62 | S.E. Pearce | New Zealand |  |  | 1/ 181 | 3:35.9 | Polly Clarke | USA | 67 | 5/20/78 |
| WR | 800 | W60 | 3:00.95 | Britta Tibbling | Sweden |  |  | 1/ 181 | 3:01.0 | Britta Tibbling | Swe |  | 12/31/80 |
| AR | 800 | W35 | 2:21.95 | Miki Hervey | Dallas | TX |  | 1/ $/ 81$ | 2:22.5 | Miki Hervey | USA | 38 | 7/5/80 |
| AR | 800 | W40 | 2:21.97 | Sandra Knott | Cleveland | OH |  | 1/ 181 | 2:24.6 | Sandra Knott | USA | 41 | 8/ 4/79 |
| WR | 800 | M60 | 2:16.98 | John Gilmour | Perth, Austral |  |  | 1/ $/ 81$ | 2:18.76 | John Gilmour | AUS | 61 | 8/ 180 |
| WR | 800 | M55 | 2:08.66 | F. Evans | New Zealand |  |  | 1/ /81 | 2:08.9 | Bill Fitzgerald | USA | 55 | 7/5/80 |
| WR | 1500 | W75 | 8:47.78 | Ruth Rothfarb | Miami Beach |  | 79 | 1/ 181 | 9:22.1 | Ruth Rothfarb | USA | 79 | 7/12/80 |
| WR | 1500 | W70 7 | $7: 59.42$ | Bess James | San Jacinto |  |  | 1/ $/ 81$ | 8:31.0 | Bess James | USA | 70 | 8/17/80 |
| WR | 200 | W60 | 33.63 | Elizabeth Haule | West Germany |  |  | $1 / 181$ | 34.7 | Josedhine Kolda | USA | 62 | 8/17/80 |
| WR | 5000 | W45 | 18:09.0 | Maria Pia D'Orlando | Italy |  |  | $1 / 181$ | 18:16.6 | Pia D'Orlando | ITA |  | 8/ 180 |
| WR | 10000 | W75 | 1:01:56 | Ruth Rothfarb | Miami Beach |  | 79 | 1/8/81 | None |  |  |  |  |
| WR | 10000 | W70 5 | 59:20.6 | A. Forbes | New Zealand |  |  | 1/8/81 | 60:01 | Bess James | USA | 70 | 7/13/80 |
| WR | 10000 | W65 5 | 55:20.8 | W. Kretschmer | West Germany |  |  | 1/8/81 | 59:44.0 | Francine Bonnans | FRA | 68 | 7/27/79 |
| WR | 10000 | W60 5 | 50:13.84 | E. Falke | West Germany |  |  | 1/8/81 | 52:12.1 | E. Tromp | HOL | 62 | 7/27/79 |
| WR | 10000 | W45 | 38:49.15 | Dorothy Stock | La Mesa | CA |  | 1/8/81 | 39:06.4 | Dorothy Stock | USA | 47 | 6/22/80 |
| WR | 400H | M70 | 84.09 | W. Bigelow | USA |  |  | 1/ $/ 81$ | 85.8 | Richard Lacey | USA | 70 | 6/14/80 |
| WR | 3000SC | M70 1 | 14:34.54 | W. Bigelow | USA |  |  | 1/ $/ 81$ | 15:18.4 | J.A. Jamieson | NZ | 70 | 3/24/79 |
| AR | 400 H | M40 | 57.67 | Gary Miller | Glendale | CA |  | $1 / 181$ | 58.46 | Ed Oleata | USA | 42 | $7 / 28 / 79$ |
| WR | 5000 Walk | W60 | 28:39.80 | Britta Tibbling | Sweden |  |  | 1/ $/ 81$ | None |  |  |  |  |
| WR | 5000 Walk | W55 | 30:48.20 | M. Colhup | Australia |  |  | $1 / 181$ | 36:15.0 | Beatrice Bonsley | USA |  | 179 |
| WR | 5000 Walk | W50 | 28:46.06 | M. Ohlsson | Sweden |  |  | 1/ $/ 81$ | 31:28.0 | Lida Askew | USA |  |  |
| WR | Triple J | M75 | 28-74 | Gulab Singh | India |  |  | 1/ 181 | 28-2 3/4 | Win McFadden | USA | 75 | 8/17/80 |
| WR | Long Jump | M75 | 14-0 | Gulab Singh | India |  |  | $1 / 181$ | 13-11/1/2 | Cargill Sutherlan | and GB | 76 | 8/5/78 |
| WR | Shot Put | W75 | 22-7\% | I. Sarnama | Finland |  |  | $1 / 181$ | 8-9 | Kiyoko Koyama | USA | 80 | 4/16/76 |
| WR | Discus | M75 | 116-1012 | V. Anderson | Sweden |  |  | 1/ $/ 81$ | 112-6 | Mathews Cullen | GB | 75 | $9 / 11 / 76$ |
| AR | 400 | M65 | 63.83 | Frank Finger | Charlottesville |  | VA | $1 / 181$ | 63.88 | Harry Koppel | USA | 66 | 7/ 8/79 |
| AR | Harmer | M65 | 126-9 | Nolan Fowler | Cookeville |  | TN | $1 / 181$ | 126-8 | Nolan Fowler | USA | 65 | 5/ 5/79 |
| WR | Triple J | M65 | 34-111/2 | Ian Hume | Canada |  |  | 1/ 181 | 34-7 | Heikki Simola | FIN |  | 8/1/79 |
| WR | Javel in | W45 | $141-7 \frac{12}{2}$ | A. Brommel | West Germany |  |  | 1/ 181 | 134-9 | Lieselotte Liess | WG | 45 | 178 |
| WR | Javelin | W50 | 118-10 | S. White | Australia |  |  | 1/ 181 | $97-101 / 2$ | Lena Grobler | SA | 54 | 8/10/77 |
| WR | Javelin | W75 | 59-11) | I. Sarnama | Finland |  |  | 1/ $/ 81$ | None |  |  |  |  |
| WR | Discus | W45 | 158-314 | 0. Domingos | Brazil |  |  | 1/ $/ 81$ | 145-0 | Rosemary Payne | GB | 45 | 7/16/78 |
| WR | Discus | W65 | 87-1 | Annchen Reile | West Germany |  |  | $1 / 181$ | 63-6 | Edith Mendyka | USA | 68 | 10/6/79 |
| WR | Discus | W75 | 50-1 | I. Sarnama | Finland |  |  | $1 / 181$ | 19-10 | Mae Mayhew | USA | 75 | 1/14/79 |
| WR | Long Jump | W65 | 11-2 | R.A. Sole | New Zealand |  |  | $1 / 181$ | 9-11 | Polly Clarke | USA | 67 | 5/21/78 |
| WR | High Jump | W65 3 | 3-7 3/4 | Annchen Reile | West Germany |  |  | 1/ /81 | 3-51/4 | Shiela Evans | SA | 65 | 8/18/80 |

$W R=$ World 5 -year age-division record. AR=American record. Records for Pentathlon and $80+$ age group not included.
winning time today was four seconds slower than that, is evidence of the increasing difficulty in setting new men's world records. While 36 women's world marks were toppled during the week-long veterans competition, only 9 men's records were set. Some felt the track was slow. Others felt the high temperatures held performances a shade below normal.
Roberts, frustrated at his repeated runner-up efforts, said he was "determined to win the 1500 on Wednesday."
Baillie, who ran for New Zealand in the Commonwealth Games in 1966, was pleased with his win, accomplished on limited training. "I pushed my training
set by the great Bill Fitzgerald of Palos Verdes, California only this past summer.
The amazing John Gilmour of Australia lowered his own M60 mark in the 800 for about the fourth time, dropping it to 2:16.98. He had run 2:18.76 in the European Championships last summer, and regularly threatens or breaks his own marks in all-comers meets in his home town of Perth.
Gilmour received much inspiration today from countryman George McGrath, who also lowered the old mark with a surprising $2: 17.54$. Milt Bass of the U.S. was 3 rd in $2 ; 20.41$. Invigorated, Gilmour proceeded to win the M60
most popular of the Games so far.
Fred Reid of South Africa - competing for Holland -. won the M75 in 28.14, just a touch off his world mark of 27.5 set at the Home Savings \& Loan Pan-American Games in Los Angeles last August. Tony Castro of La Canada, California was 3rd in 29.83.
In the M40 400, George Mathe, a black South African and co-world record-holder in the 400 -meter hurdles, defeated Australia's Reg Austin in a fast 50.46 to Austin's 51.06 . Eric Owers of the United States, who works in Dharhan, Saudi Arabia, took 4th in 53.09 .

## World Games

## Continued from previous page

Top U.S. walker Bob Mimm won the gold in the M55 5000-meter walk in 26:11.77. Don Johnson took 4th in the M60 class in 29:34.47.
J. Alexander won the M60 Pentathlon with 3956 points. Ed Stotsenberg of Santa Monica picked up his second silver medal, this one in the 5000 with a time of 19:47.20, well behind Bob McMinnis of Britain's 19:14.47. Stan Thompson of Honolulu took 2nd in the M70 Pentathlon with 2129 points.
In the M75 200, Russ Meyers led the USA to a 1-2-3-4 sweep, clocking 32.90 to nip Herb Anderson (33.09), Sing Lum of Bakersfield, California (33.71), and Harold Chapson of Honolulu (33.77).
Anderson picked up another silver in the M75 pentathlon, and Paul Spangler won the M80 200 in 44.95 , beating Falk (46.89) and 83 -year-old Emil Zemijak of Yugoslavia (51.32). Spangler went on to win the 5000 in 26:56.93.
Three new world records were set in the women's track walks. The most outstanding of these was the $28: 39.8$ win of Britta Tibbling of Sweden in the W60 5000. M. Colhup of Australia won the W55 5000 walk in $30: 48.21$, bettering the listed mark of $36: 15$ of Beatrice Blonsley of the U.S. in 1977.
The third walking world record was set by M. Ohlsson of Sweden, who won the W50 5000 walk in $28: 46.06$. Ruth Rothfarb took the W75 class walk in 40:48:33.
Ruth Anderson placed 3rd in the W50 5000 in 20:42.6 behind the invincible Finn M. Suominen and S. Wiseman of Holland.

## FIFTH DAY

MONDAY, JANUARY 12.
Michael Connolly of Ireland made up for his narrow loss to Bill Baillie in yesterday's 1500 with a brilliant win in the M40 5000 to highlight action in the 5th day of the Games.
"It was gold or nothing as far as I was concerned," said the delighted Dubliner. The holder of the European veteran 1500 title, Connolly was runner-up in both the 1500 and 5000 at the last World Veteran Games in Hannover in 1979 and he was second again over 1500 yesterday. But he made it obvious he had no intention of adding to his collection of silver medals.

He was always with the leaders and caught Renato de Palmas of Italy just 50 meters from the finish to win in a sizzling 14:54.62. DePalmas outleaned Australian Trevor Vincent for the silver, $14: 55.29$ to $14: 55.33$. Roger Robinson was 4th in 15:02.98.
The four great veteran distance runners staged a classic race, exchanging the lead throughout, jockeying for position and tightly bunched. Occasionally de Palmas, obviously worried at the prospect of a sprint finish, spurted, but was quickly gathered in. They entered the bell lap still together with Robinson leading the way.

Connolly tripped and staggered, but regained his stride. dePalmas unleashed his sprint on the final turn. Robinson, perhaps still plagued by his illness, couldn't respond and the Italian quickly opened up a 3 -yard lead. Vincent passed Robinson and went after dePalmas. But on the outside Connolly
began to fly. He raced past all three at point where they couldn't recover, and received a standing ovation from the crowd of about 3000 .
"This is the biggest thing I've ever won," Connolly said. He praised his employer, an insurance company, for paying his way to the Games. "Without their help, I wouldn't be here."
World Games President Macdonald added a second gold medal to his week's


Spotswood Hall won M55 high jump in World Games.
total in winning the M45 5000 in $15: 51.7$. The race was run on the grass track outside the main stadium. He won fairly easily by 11 seconds over D. Todd of Australia, taking the lead early and maintaining it. On opening day, he won the 10000 and claimed the silver in the cross-country.
Derek Turnbull continued his amazing string of quality races with a triumph in the M50 5000 in $16: 09.47$, one second faster than his winning performance in Hannover.
One of the most impressive 5 k efforts of the day was a stunning victory by Italy's Maria Pia D'Orlando. She defeated world 10000 record-holder and U.S. champ Dorothy Stock in a time of 18:09.0. The clocking was 7 seconds better than D'Orlando's world mark set in the European Championships in Helsinki. Stock finished a well-beaten second in a good 18:38. It was D'Orlando's 3rd win of the games. She won the 1500 on Friday and the cross-country on Saturday.
In spite of being troubled by a 3 -month-old hip injury, Beverly Shingles won her 3rd gold medal in the games in the W40 5000, recording 17:37.9. Runner-up for the third time was Sandra Knott in a good 17:54. Yvonne Mills of Britain took 3rd in 18:44. Joan Ullyot was 4th in 19:02.7.
Vicky Foltz picked up her 3rd gold medal by winning the W35 5000 in 17:37.0.
Gordon Wallace of Prescott, Arizona won the gold in the 5000 meter walk for men $70-74$ in $30: 11.17$. Fellow Americans J. Hanna and G. Knott finished 2-3.
Carl Klehm of Chicago placed 6th in the M40 hammer in 35.58, and Gary Bane notched a bronze medal with a 5-5 M40 high jump.
Danie Burger of South Africa .. competing for the U.S.A. .- was dethroned as M45 400 -hurdle world champ, despite a good 59.33 . It was
well off his 1979 winning time of 58.31 . Since he had broken his arm twice last fall, and was burdened with political pressures, and on-the-track interference, it was a commendable performance. But it was no match for the winner, J. Paileriet, representing Holland, who recorded an even 59.00. Matt Brown of Edison, New Jersey took 3rd in a personal best 60.92 .
Once again, Hesselman did it to $0^{\prime}$ Neil and Ratelle. The three finished 1-2-3 for the 3rd time as the remarkable Hesselman decisively whipped 0 'Neil in the M55 5000, 16:14.44 to 16:27.02. Ratelle was close behind in 16:30.42. It was a second new American record for O'Neil, breaking the mark of 16:38.4 he set at the Los Angeles Pan-American Championships.
Ray Spencer garnered a 3rd in the M55 400-hurdles in 71.75. Ruth Anderson snared another bronze medal, this one in the 5000 for her $20: 42.6$. Shirley Kinsey of La Crescenta, California got a 4th in the W50 javelin with a 25.60 ( 84 feet) throw.
Bernie Hogan finally made his debut in the M60 division with a convincing 100 meter win over Sylvester Stein, 12.54 to 12.86 .

Bob Hunt captured the M60 400hurdles in 71.20 ahead of G. Watanabe of Japan's 72.45.
J. Brown and Eric Austin of the U.S. finished 1-2 in the M50 high jump in $1.75(5-9)$ and $1.67\left(5-5^{3 / 4}\right)$ respectively.

## SIXTH DAY

## TUESDAY, JANUARY 13.

Reg Austin of Australia, who had been banned from amateur athletics for 25 years because he played professional rugby, won the M40 200 today in a time of 22.53 over Doug Smith, reversing their 100 -meter result.
Thus Austin and Smith split in the battle for the title of top masters sprinter in the world.
Running in the unfavorable lane 8 , Austin ran a hard turn, then hung on for the win. Smith didn't get a good start, and could never catch up, finishing in 22.8 .
Austin was troubled by a torn muscle in his thigh. He was accompanied to New Zealand by his doctor and a chiropractor. "They've taken good care of me," he said. I wouldn't be running if it weren't for them:"
This was Austin's 3rd successive win in an M40 200. At age 40, he won in Goteborg. At 42, he won in Hannover. And at 44, he won today. A difficult feat, to say the least.
The M65 400 final saw Fritz Assmy defeated for the first time in his veteran career. The blind runner appeared to be on his way to an easy win and a new world record when he stumbled and fell just 5 meters from the finish line. His lead was so long that he was able, with the help of his son-in-law, to get to his feet and finish second to Frank Finger of Virginia. Finger's time of 63.83 established a new U.S. M65 record, breaking the 63.88 set by Harry Koppel in 1979.
Assmy said he had misjudged the strength of the headwind in the stretch and had gone out too fast too early. He clocked 64.95 for the silver.
While Assmy is always a big favorite with the crowd and most athletes, there
have been grumblings for years that he is "pulled along" by his son-in-law, rather than simply guided in his lane.
The comments escalated when Assmy advanced to the M65 age group and began smashing world records. The criticisms were heard again today when he fell. "He was lifted up by his guide," said one. "That's contrary to IAAF rules which prohibit a competitor being physically touched by another during


Derek Turnbull won 3 races in Christchurch World Games.
competition." The vast majority of veteran athletes and officials, however, firmly support Assmy's efforts.
J. Kelly added a bronze medal in the 20 k walk to the silver medal he won in the 5000 walk, in 1:48:36. Bob Mimm won his second gold of the games, winning the M55 20k walk in 1:49:13.

Don Grosh of the U.S. won the M55 pole vault in $3.20(10-6)$. Vern Wolfe, head track coach at the University of Southern California, took the silver in 3.00 (9-10).

In the M60 400, Hogan remained unbeaten in veterans competition. It was his first shot at a 400 in World Games competition. Running under 60 seconds after you reach age 60 is very difficult. Only a few have been able to do it. Vancouver, Washington's Russ Niblock's world M60 record of 59.1 has stood for over six years. Hogan came close, but had to settle for 59.54 , good enough to withstand the efforts of Sylvester Stein and Bob Hunt (60.52) who placed 2nd and 3rd.

Jim Vernon successfully defended his world M60 pole vault title, propelling himself to a 3.10 (10-2) height using his famed bent pole. (In 1979, he vaulted 10-6.) Orval Gillette of Porterville, California claimed the bronze in 2.60 (8-61/2).

Stan Thompson secured a silver medal in the M70 110 hurdles in 28.20 .

The formidable U.S. M75 contingent went 1-2-3-4 in the 400, as they did in the 200 , revising the order somewhat. Harold Chapson won it in 1:12:26. He was trailed by Herb Anderson (1:14:18), Russ Meyers ( $1: 19.26$ ) and Sing Lum (1:22.33).
Myers added the 110 hurdle title to his 100 and 200 triumphs in 21.89 . Win McFadden placed with Anderson taking 3 rd .
In the M70 triple jump, McFadden and Homer Van Gelder placed $2-3$ to
continued on next page...

World Games
Continued from previous page
Gulab Singh's new world record of $28-7^{1 / 4}$, which broke McFadden's mark by 5 inches.
Paul Spangler won another gold, this one in the 400 .
M. Dunham of the U.S.A. picked up a bronze medal in the W35 high jump.
Irene Obera captured the W45 200 crown that eluded her in Hannover when she was upset by Colleen Mills. Due to illness, Mills declined the issue this time as Obera ran one of her best races of her career, winning in 26.21 to break her own world mark of 26.3. Chris Miller of Glendale, California took the bronze in the W45 high jump with a leap of $4-3^{1 / 4}$, despite still nursing a hamstring pull.
Three women's 100 world marks were set, by Elizabeth Haule of West Germany (W60-16.01), Bess James of the USA (W70-19.58), and I. Sarnama of Finland (W75-19.25).

Gene Harte, of Van Nuys, Califoria, suffered perhaps the most serious injury of the Games when his leg snapped as he made his move off the final turn in the M55 400. "It was giving me some trouble, but you don't back off in the World Games," he said. "It just gave out.'

## FINAL DAY

## WEDNESDAY, JANUARY 14

Avenging his loss in the glamour M40 1500 to Australia's Alan Bradford, Los Angeles' George Cohen kept the coveted M40 800 title in the hands of a U.S. citizen today by winning one of the toughest events on the program in the outstanding time of 1:55.50.

In the 1979 World Games, Chicago's Ernie Billups won this race by daylight in $1: 56.0$. Since then, he and Cohen have taken turns beating each other in this event. At the Home Savings \& Loan Pan-American Gámes in Los Angeles last August, Cohen defeated Billups in 1:54.9 to set a new American record.
Today, Cohen went right to the front and stayed there. He was challenged on the final curve by fellow American Eric Owers. Cohen outkicked him for the gold with Owers clocking 1:56.09. Bradford was 3 rd in 1:58.44.
"I was afraid not to lead all the way," Cohen said, remembering how he had been boxed in the 1500 . Cohen's been training for less than a year, but his progress has been remarkable. His friends helped send him to New Zealand. "I owe my presence here to a lot of good friends who chipped in," he said. He was hoping to break Klaus Mainka's world record of $1: 54.5$, and will look around for a race to do it in.

New Zealand favorite Bill Baillie won his 2nd gold medal in the games, taking the M45 1500 in 4:07.55. One of New Zealand's greatest track athletes ever, Baillie took the lead at the bell and was never threatened thereafter. He finished 7 meters in front of D. Todd of Australia, who nosed out Jim Macdonald by .02 for the silver. Australia's Tom Roberts failed in his gold medal bid, finishing 6th in 4:14.

John Gilmour overcame a torn muscle in his knee to win the M60 1500 in a relatively slow (for him) time of 4:46.2.

It was his 4th gold medal, coming on top of the 800,5000 and 10000 meter crowns.
Ed Stotsenberg of Santa Monica finally relinquished his bridesmaid status to win a gold medal in the M65 1500. Winner of two silvers and a bronze in Hannover, Statsenberg had won the silver in the 800 and 5000 earlier in the week. Today, he won it all as he drew out to an impressive 8 -second win over India's S. Singh in a time of $5: 05.96$, two seconds faster than his runner-up 5:08.1 in Germany.

Harold Chapson won his 3rd gold medal of the games with a convincing, 32 -second 5:44.84 win in the M75 1500, to go with his 400 and 800 triumphs.

The prestigious marathon championship was won by Renato de Palmas of Italy, who had just missed the M40 5000 gold earlier. Over mild conditions over the out-and-back course from Queen Elizabeth II Park, de Palmas judged his pace beautifully to reach the finish in a sparkling $2: 19: 34$. It was the third fastest veteran marathon this season, behind Don Macgregor's 2:19:23 World

Veterans Marathon Championship win in Scotland, and Villanueva's 2:19:25 Las Vegas victory.

Villanueva was the favorite for this race, off his two sensational 10 k wins in Palmerston North and Christchurch earlier. As expected, he set such a fast early pace that nobody else would go with him. He came to the 10 k point in 30:58, with de Palmas only slightly more restrained in 31:24. The next bunch of Terry Manners, former world class runner from Australia, John


## World Games

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Robinson of New Zealand, Henri Salvarada of Belgium, and Derek Fernee of Canada, came through in 32:07.
Villanueva started to slow around the 15 k mark, and by 20 k , de Palmas had caught him as they went by together in $1: 04: 18$. The other four were not far back in 1:06:02.
Villanueva continued to slow and eventually dropped out around 30 k complaining of stomach cramps. de Palmas, however, forged ahead strongly and was never again challenged. Fernee took the silver medal over Manners, 2:21:44 to 2:21:47. Fritz Mueller of New York was 8th M40 in 2:27:53, with Dave Hambly 9th in 2:32:06.
In the M45 division, none other than Hal Higdon won it in a sizzling 2:29:27. The author-lecturer was elated with his triumph, throwing his arms in the air and waving to the crowd in his special moment of triumph. Only a minute-and-a-half behind came Eric Hunter of New Zealand in 2:30:51.
"I was running with a pack of 6 others much of the way," Higdon said. "I thought I might be leading the M45 group, but friends told me Hunter was about a minute ahead in the early stages. It was past midway in the race before I caught him, and then it was a
battle. But he was continually looking back over his shoulder at me, so I kind of felt I had him."
The indestructible World Games President Macdonald contested the marathon, and picked up the M45 bronze medal in 2:32:18 to go with his two golds and silver.
Piet Van Alphen of Holland won the M50 marathon in a blazing 2:27:53, 16 minutes ahead of his nearest rival. The mark was short of Van Alphen's phenomenal world record of 2:22, set in the Nike Marathon last September in Oregon.
Dr. Alex Ratelle of Edina, Minnesota captured the M55 bracket by 10 minutes in 2:36:30 for his first gold medal of the meeting. He had won bronze in the 5000,10000 and cross-country, but didn't have to deal with Hesselman or O'Neil today.
Vicky Foltz picked up her 3rd gold medal, winning the W35 division in 2:59:30, defeating World Veterans 1980 Distance champ Lynn Billington of England by only 12 seconds' in a tough battle.
Marlese Hayden and Mae Horns led the USA to a $1-2$ finish in the W45 group, recording 3:09:58 and 3:17:59, respectively. Mary Cullen of Houston placed 4th in W40 in $3: 12: 21$, with Ruth Anderson 4th in W50 in 3:24:36.

Sandra Knott, who put together a
week of some of the finest races of her masters career, almost grabbed her first gold medal in the W40 1500. Leading all the way, she succumbed in the final strides to Auckland's Val Robinson, 4:46.1 to 4:47.27.
Knott sprinted with 200 to go to try to shake Robinson off, but the wife of runner John Robinson stayed with her around the bend and then outsprinted her to the finish line.
"I let Sandra take the lead," Robinson said. "I feel a bit mean about that, but she made a lovely pace for me."

Bess James set her 5th W70 world record with a $7: 59.42$ in the 1500 . Ruth Rothfarb also garnered a 5th W75 WR with an 8:47.78 in the same event. J. Murphy won the M50 110 hurdles in 17.24, and Stan Thompson captured his first gold with a $1.31\left(4-3^{1 / 2}\right)$ in the M70 high jump. Gary Bane picked up his 2nd bronze medal with an 18.54 in the M40 hurdles.
D. Callan took 2nd in the W60 discus to go with her 3 golds in the long jump, high jump and pentathlon. Dave Stevenson didn't let the demonstrators mar his performance in the troubled M50 steeplechase, clocking a new American record 10:53.20 to take the silver medal behind world-record holder Art Taylor of Canada's 10:45.6.
In the relay competition, Australia tork both the 400 and 1600 meter relay wins in the M40 division. The USA
countered with twin wins in the M45 bracket, including a stellar 400 leg by Nick Newton.
Australia won both relays in the M50 class, and split with the Germans in the M55 and M60 divisions, Germany taking both 400 s , and the Aussies both 1600 s . The rugged USA M75 contingent fielded a 1600 meter relay squad and clocked an unopposed 5:43.16, an 86 -second average per man.

Nolan Fowler of Cookeville, Tennessee set the final U.S. record of the games, throwing the hammer 35.63 (126-9) to win the M65 bracket and improving his own American mark of 126-8.
When the last event had been completed, the athletes marched along the track in front of the main grandstand waving happily to the crowd of about 3000 . They then formed on the infield in front of the stand.
The cermony was highlighted with a few veterans dancing to a tune from the New Zealand Army Band, particularly the Indian athletes in their bright blue blazers and purple turbans.
Farewell speeches were heard and the two Games flags were lowered. One of them was given to a representative of the Puerto Rico team for safe-keeping until the next Games in 1988.
The athletes then joined hands for the singing of "Auld Lang Syne" as the crowd joined in as the 4th World Veterans Games came to a close.

2400 Compete
Continued from page 1

Oldest athlete in the meet was 84 -year-old Sven Falk of Sweden. Charlie Speechly, 90, of England, was due to make the trip, but fell out of a prune tree before the games and hurt his back.
There were 2250 medals at stake -- an average of nearly one for each entrant.
A team of medical doctors was available at the stadium each day to administer at no charge to anyone who wished attention. There were no critical illnesses or injuries, but one U.S. runner, Gene Harte, broke a leg during a race, and a couple of others fell over hurdles.

Local newspaper coverage of the games was superb. Both major Christchurch dailies printed each day's results. The New Zealand Press featured four separate stories each day: one on the men's running events, one on the women's running events, one on the field events, and one on the South African story, which was covered daily on page one -- usually as the featured story.
About 1000 of the athletes enjoyed hospitality with private hosts in Christchurch under a "host a vet" program. Hosts offered a wide variety of barbecues and other social activities. Athletes and hosts were invited, through ads in the newspapers and notices on the stadium bulletin boards, to call a local number if they wished to participate. A desk was set up at the stadium to handle the requests. The response was excellent on both sides.

As expected, about half the official 2400 entrants (some athletes estimated the number of actual competitors was closer to 2,000 ) were from Australia and New Zealand. In the men's 40-44 division, $57 \%$ of the sign-ups were from those two countries. In the 65-69 bracket, only $32 \%$ were from down under, with $68 \%$ from other nations, including 28\% from West Germany alone. The conclusion was that younger athletes couldn't get away from their jobs at this time of year, but retired athletes could.
There were the normal problems, and a few new ones. Events ran late. The unusual scheduling caused confusion, not only among the spectators, but among the athletes. Generally, in veterans meets, an event is scheduled with the age groups rotating from oldest to youngest. In these games, however, one age group would run a 200 , then another age class would contest a 5000 . Then another division would contest a hurdle race.
A grass track outside the stadium had to be used for some races, including finals. This was "totally unacceptable" to some, who claimed it was sub-par.
Because of poor acoustics in the Stadium, the announcers could rarely be heard. There were no bilingual announcements, and little information was given about what event was in progress or who was competing. As a result, much of the excitement of the games was lost.
Finals were run at times when heats were scheduled, causing confusion and missed-events for some athletes.
Needless to say, it would be nice to have everything perfect, but life is not
like that. The outstanding dedication of hundreds of New Zealanders, who volunteered their time and energy to make the Games run as well as possible, deserves the thanks and appreciation of all veteran athletes.
Still, we all want to learn from our mistakes so we can do better in the future. So in the March issue of NMN, Hal Higdon will analyze some of the problems and propose solutions for the 5th World Games. In addition, the Executive Committee of the World Association of Veteran Athletes (WAVA) has already proposed changes in the running of those games, which are reported in this issue.
San Juan, Puerto Rico was selected as the site of the 5th World Games. It


Gilberto Gonzalez-Julia successfully bid to host 1983 World Veterans T\&F Championships in San Juan, Puerto Rico. He directed successful 1st PanAmerican Masters Games in 1980, and won 11 medals in the 65-69 age group.
photo by Bill Gentry
received 41 votes to 31 for Athens,
Greece and 1 for Zanjeb, Yugoslavia.
Japan dropped out when athletes rejected its proposal to limit the number of competitors. The meet will be held in late September or early October in 1983. The government of Puerto Rico is reportedly prepared to spend up to $\$ 250,000$ in seed money to attract visitors and make the games successful.
Because Puerto Rico is close to the populous east coast of North America, and because it is not too distant from Europe, and because it will be nearly three years since the 1981 World Games so the athletes appetites for competition will be whetted -- the largest number of athletes to ever participate in a track \& field meet anywhere is expected about 5000 .
In this issue are: 1) the results of the games; 2) a day-to-day account of the performances; 3) a list of new world and U.S. records; 4) a list of all U.S. medal winners; 5)a report on the South African controversy; 6) the new by-laws of the WAVA; 7) a report on the World Veterans Distance Running Championships in Palmerston North; 8) the results of those 10 K and 25 K races.
We moved rather quickly to get all this information in the February issue. If there are a few errors or ommissions, we'll try to correct them next month.
Since we did not personally make the trip to New Zealand, our thanks and appreciation must go to those who were kind enough to gather the information for us. So, on behalf of all newsletter readers, we thank Gene Harte, Bob Boal, Ruth Anderson, Errol Dennett, the Christchurch Star, Bob Fine, Hal Higdon and the NewZealand Press.

Protests
Continued from page 1
"Gleneagles Agreement" essentially says that the government may not contribute to any sporting event involving participants from a country which practices official apartheid. Namely, South Africa.

However, the Constitution of the World Association of Veteran Athletes (WAVA) specifically states, that "no competitor shall be barred due to....national origin."

Faced with this conflict, John Macdonald, President of the World Games committee, and the New Zealand Track \& Field Association decided to go for the money and tell the South Africans to stay home.

Dr. Danie Burger, the South African representative to the World Games, protested. But to no avail. One veteran athlete, when he learned of the ban, requested his money back. On principle, some refused to go unless everyone was allowed to compete.
The ban, however, stood.
Burger then arranged to have some athletes from South Africa -- both white and black -- register with the Die Brugge Club of Belgium, and with a Holland track club. They would thus make the trip and compete as representatives of those countries, not South Africa. Theoretically, everyone would be happy. The athletes would compete. The Games would get their money. The show would go on.

## ENTER STEIN

But the newspapers in Christchurch got word of the plan. While most veteran athletes believe everyone should be permitted to compete, as the Constitution mandates, one athlete is adamant about keeping the South Africans out.
Sylvester Stein, of England, who was later to win the age $60-64200$, charged publicly, 3 days before the Games, that up to 20 "genuine" South Africans were in Christchurch ready to compete, having travelled on passports from other countries, mainly the Netherlands.
On page one of the Christchurch Star and the New Zealand Press, he claimed that Burger (the 1979 world 45-49 gold-medalist in the hurdles) was really a "very senior South African government officer:"
The New Zealand Internal Affairs Department was asked to investigate, but said it saw no reason to stop the $\$ 40,000$ grant to the Games.
"We are satisfied that the Games organizing committee has done everything possible to comply with the conditions of the grant and of the Gleneagles Agreement," a government spokesman said.
"We have no evidence that 20 South African competitors are travelling on Dutch passports, and are very skeptical about that assertion. We do know that Mr. Macdonald has been watching all the entries very closely."

## NO COMMENT

Burger and the South Africans refused to comment to the press. "I have no press statement to make at all," Monty Hacker told the papers. "The
chairman, Mr. Macdonald, will make any statements. We are very happy in your country and enjoying ourselves and don't want to be involved in any controversial issues."
When asked by reporters if he lived in South Africa, Hacker would only say "You can draw your own conclusions." Asked if he would be competing in the games, he refused to say and politely ended the conversation.
"As far as I know, there are no competitors here on South African passports," Macdonald told the media.
"There are some athletes competing who live in South Africa, but they are not travelling on South African passports and we have to treat them as citizens of the country on whose


Athletes from South Africa in Los Angeles in 1980. Left to right: William Mogheregl, Plet Van Zyl, Wilfred Ngwenya, Steyn Fourie, Joe Leserwane, Daniel Metsing.
passport they are traveling," Macdonald said.
He said he would not ask to see the passports of such persons. "It's against the law to do that."
He said Stein's charge that Burger was a top-ranking government official was "completely untrue," that Burger was a general practitioner who received his degree in the United States.

- At least one local runner threatened to withdraw from the Games unless the South Africans were excluded. "I am not prepared to run with South Africans," Noel Harris said. "I couldn't live with that." But other runners were quoted as saying they would run. "Sports and polities don't mix," Henry Cadman declared.


## PROTEST PLANNED

The next day, a local anti-apartheid group known as HART ... Halt All Racist Tours ... said it would protest the Games with non-violent disruption.

Apparèntly a disciplined, dedicated and well-organized group, HART is sophisticated in publicity-getting techniques. Its declared purpose is to prevent sports contacts with South Africans, in the hope that such pressure will encourage the South African goverment to abolish apartheid.
"It's a serious situation in New Zealand," U.S. marathoner Hal Higdon said, "because of rugby. Everyone plays or watches rugby, and they all want the South African rugby team (Springboks)
to play in New Zealand because they're good. But groups like HART, don't. It's very touchy. The government once fell because all the rugby players voted it out."

## GIVE BACK THE MONEY

"A shadow is over the games," editorialized the New Zealand press the day before the games. "It should be a cheerful occasion of international companionship and competition....But the reports of South African participation cannot be ignored.... Hints that South Africans may be competing under other colors are disturbing....If true, the organizers must surrender the $\$ 40,000$ which implicates the government in a breach of the Gleneagles Agreement. Or they must ban the South Africans from
and those from the Soviet bloc, to take part.
Farquharson said he endorsed the idea to encourage other nations to join in the games.
"It has always been our intention to encourage athletes from any part of the world who wish to take part. In that respect, we are one. Almost anybody could be barred from these games if we went political. We are not political."

## DEMONSTRATION AT STADIUM

That afternoon, as the athletes paraded into the stadium for opening ceremonies, HART went into action. The Press reported:

The demonstration began when a group of about a dozen people, some dressed in prison-like garb, some with faces painted black and others with faces painted white, began moving down the track from the 100 -meter starting area. They appeared to be re-enacting the beating up of black people by whites, although this was not particularly clear.
At first the crowd seemed to regard the interruption as a joke, but when it realized that this was a HART demonstration against the participation of South Africans in the World Games, their laughter turned to angry jeering.
The demonstrators were allowed to depart unchallenged, but rejoined fellow demonstrators behind the fence outside the track. They began banging the fence and chanting "South Africans out." They waved banners inviting spectators to "fight apartheid."
The speech by the Mayor of Christchurch, Hamish Hay, was almost drowned out by the noise, and it was then that a group of athletes decided to take direct action. The group stormed the open stand near the results board and put an abrupt and violent end to the demonstration. They sprinted across the track, leapt over the fence, and ripped the banners from the hands of the chanting demonstrators.
Scuffles broke out between some athletes and demonstrators but the police, already on the scene, quickly subdued the most excited offenders. At least one demonstrator, clearly upset by the turn of events, punched a policeman in the stomach and was led»away struggling.

Angry verbal exchanges continued between demonstrators and athletes as the demonstrators were escorted from the stadium.

One demonstrator was arrested and charged with trespass.

Later, the former chief superintendent of the Auckland police, and president of the New Zealand branch of the World Veterans, Gideon Tait, suggested that the reaction of the athletes might make the demonstrators think carefully before they tried to come back.
"They might get lynched if they come back, "Tait said.
HART said it would complain to the police about the violence during

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the demonstration.
"Violence was carried out against peaceful placard-bearers protesting against the presence of South Africans and the violation of the Gleneagles Agreement," a HART spokesman said, adding that "more non-violent disruption, centered on South African participants, is plan ned."

## HART CRITICIZED

The HART action was not popular with the local media. The Press editor ialized the next day:

HART is guaranteeing public an tagonism towards theiricause. It's time it pulled up its tactical socks and advised some of its supporters to stop behaving to no purpose other than to discourage public acceptance of HART's cause.

They suppose that the more annoy ance they cause, the more that their purpose is just. Brusque intrusions into meetings and disruptions at public events that are not political, are certain to provoke reactions .. possibly nasty and not necessarily excusable.
"Such exchanges as occured at Queen Elizabeth II Park on Wednesday are irrelevant to the cause of HART and of all those who would dearly like to see an end to racism. Worse, the provocat ions offered by HART have frequently caused people to close their ears to what anti-racist campaigners are really saying.

Opponents of racism in South Africa have damaged their case. In the ong run, shouting abuse and screaming will not carry the day

The silly response from Gideon Tait is perhaps typical of the kind of reaction that HART protests can evoke. Jocular as his remark 'They might be lynched if they come back' might have been, it ill became a former police superintendent and it probably reinfor ces the complaint of the demonstrators that they were ill-treated

But for HART's unwise tactics, the anti-apartheid cause would have many more supporters in New Zealand.'

## YUGOSLAVS REACT

The next day, athletes from Yugo slavia received a cablegram from their national body asking them to withdraw The request was made in response to publicity in Yugoslavia about the particpation of South African athletes. Again the story hit the front pages.
But as the Games got underway, the Yugoslavs ignored the request and competed. They said they were satisfied that everything possible had been done by the organizing committee to ensure that South Africa was not represented.
At the University of Canterbury where over 600 athletes were housed, the Students Association banned South African athletes from the campus cafe teria and student union building, al though it admitted it had no way of policing such a ban.
The South African Counsel General in New Zealand said the whole matter was "much ado about nothing."
HART said it planned more protests, such as banner-waving, picketing and handing out leaflets.

## A BLACK SCOTSMAN

By the second day of the Games, the sports-page reports of the competition clearly implied, but did not say, that South Africans were participating. For example, David Sanwamade of South Africa won the M45 200. The black athlete was listed as from Holland. But he told amused reporters after the race that he was from Scotland. When a South African competitor won a race, the press reported that "so-and-so, who is LISTED (emphasis mine) as being from Holland, won the etc. etc...." But on the front page, the coverage flat-out stated that "There are certainly some South African residents competing, including black athletes."


John Macdonald President of 1981 World Veteran's Games

## S.A. MONEY REFUSED

On Monday, January 12, the feature front page story said the Games organizers rejected an offer of South African finance which would have made the Games independent of the New Zealand government. (Feelers had been put out from South Africa to try to discover if such a proposal would be acceptable. No actual figure had been mentioned, but Burger had implied that sufficient money would be raised by South Africans to make the games independent of the government.)
"The committee's attitude was that it would be immoral to do this," Macdonald told the press. "The proposal got no consideration at all, and no official offer was ever made."
Macdonald reiterated that "if the Internal Affairs Department informs me that there is an athlete here who has entered on a South African passport, that person will be barred from competition. I have said this before and it still stands."

He said that about 60 South African athletes wanted to compete. Instead, "there are just a handful of South African residents who hold citizenship of other countries and who were travelling on other than South African passports."
Sources in South Africa confirmed that many athletes stayed home, rather than risk a long trip for nothing
The front-page story quoted letters
published in the October issue of the National Masters Newsletter, saying: "the ban drew considerable criticism from the United States."

## NEWSLETTERS CONFISCATED

( 300 copies of January's NMN were shipped to New Zealand, but were reportedly confiscated by Games organizers because of our story which confirmed that South Africans would be competing. We have since been asked by a high WAVA official not to print anything in this issue about the South African controversy; to focus instead on the friendship and competition of the games. While we believe that the main story of the games is, indeed, the conduct

Two men, aged 29 and 56 , were arrested and charged with disorderly
friendship and competition, we don't eel it would be fair or proper to deliberately withhold information from NMN readers which the New Zealand papers considered worthy of front-page coverage for eight successive days. NMN readers are intelligent and objective, and can and will make their own judgements about what is important and what is not. We will never withhold important information from NMN readers in the interests of "peace and harmony." Our job is to report the facts, not to make subjective judgements about what information NMN readers can or cannot handle.)

## BURGER HARRASSED

Banner-waving HART supporters made a brief appearance at the track during Burger's M45 400-meter hurdle semifinal. Shouting slogans and "Burger go home" to the defending world champion, the group of about 20 was quickly led away by the police.
An attempt by another demonstrator to disrupt the race by tipping over a hurdle in Burger's lane was prevented by, an alert policeman. A demonstrator who stood in Burger's lane was also taken away by the police before he could interfere with the race, which Burger went on to win to qualify for the finals.

## HART REPLIES

In an editorial reply, a HART spokesman, S. Bayliss, said: "For 10 years, HART has painstakingly put the case against contact with South Africa before the New Zealand public. The ongoing activities of letter writing campaigns, delegations, school visits information booths, film screenings and alks to churches, union and politica party groups go unheralded.
"The firm evidence that South Afri cans are participating in the World Veterans Games necessitated the disruption that HART initiated at the opening ceremonies. We do not take such action lightly. We stress that any action taken must be non-violent. We carefully planned the demonstration only after much soul-searching. Al other avenues of non-disruptive protest had been explored and the demonstrat ion was appropriate and legitimate."

## DUTCH SUPPORT

On Tuesday, the feature front page story cited the support of Holland's Harm Hendriks (WAVA Treasurer) and the Dutch athletes for South African participation.
"South Africa is a Dutch country," Hendriks said. "We feel very close to the South Africans but don't agree with their political attitudes or their governmental approach to leaving blacks and whites apart. There is never any trouble in the veteran movement be cause we accept everybody and we don't question where they are coming from."

Hendriks said he would support a ban on sports ties with South Africa in protest at apartheid if it were accom panied by a total commercial and trade boycott against South Africa.

The Gleneagles Agreement is hypo critical because the government doesn't apply it uniformly," he said. "Politicians are using us."

Hendriks said he would visit South Africa in December (as part of a special masters tour) "to see what the state of affairs is like at present. "We have been talking so much about the problem, we want to see it for ourselves. I can assure you I am very critical," he said.
Hendriks said he felt WAVA should aim at making the Games in the future independent of State financing by attracting commercial sponsorship. He said he had no criticism of the Games organizers, saying he understood their earlier decision not to accept entries from South African nationals. He blamed Stein for the controversy
"He is responsible for all that ha happened here," he said. "Stein did a nasty thing in informing the news media about South African residents being here. He is very unpopular with other competitors."
Hendriks said Burger had been har rassed at his accomodations at a local college. Burger was defeated in his 400 hurdle final and, when asked by reporters if he had been bothered by all the political flak, he said: "I can't talk to you." Rather than subject his fellow competitors to further disruption and harrassment, Burger later withdrew from the 110 meter hurdle event.

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Continued from previous page

## POLICE PROTECTION

Uniformed police were on hand in force at the track by now, seeking identification from anyone not wearing an official ribbon.

On Tuesday, the 13th, HART said it would attempt to disrupt all events involving Dutch competitors.
"They have to accept responsibility for the cover-up of South African participation," it said, demanding the names of the South Africans competing as Dutch citizens.

## PUBLIC RESPONSE

The press was filled with letters to the editor, both pro-and-con, on the demonstrations:
...The World Veteran Games is probably the least racist sports meeting one could find anywhere in the world...
..I wish the Games organizers had refused to permit these South Africans to slip in by the back door...
"These weird demonstrations must do a lot of harm to a very worthy cause, namely trying to get a fair deal for the black people of South Africa...
"HART's 10 -year campaign of honest outrage is infinitely more appealing than the deviousness of the government, the games organizers and the World Veterans Association, which seems bent on ensuring the South Africans' participation. Far more reprehensible was the hooliganism of those veteran athletes, seen on TV, who violently attacked the peaceful HART demonstration..

## PRESS CENSURES ORGANIZERS

On closing day, the 14th, the Press editorialized, "Games Spoilt by Deception."
"We hope that those who came in good faith and hoped to enjoy a sports festival will leave Christchurch fully satisfield that their visit was worthwhile..
"Unfortunately, the games began and will end orr a sour note. Christchurch is likely to remember the event less for what happened on the track and field, and more for the great deception that occured over the presence of South African athletes...
"When the head of the South African Veterans changes his colors overnight and appears, as a United States citizen .no doubt legitimately -. the whole episode is more than suspect....Thousands of people who elect to live in South Africa can probably produce the passports of other countries. To appeal to the origin of a second passport is to fudge the issue. The games organizers were deceived, or hoodwinked.
"The government should condemn what happened....
"The lesson must be that, if the Games organizers were genuinely opposed to the South African partici pation and could not comply with world games rules, they should never have tried to hold the games in the first place. Dr. Danie Burger, the South African veteran leader, should not have been allowed to compete and the Government needs no more than that to censure the organizers."
Perhaps given courage by the editorial, demonstrators ran alongside Macdonald during the marathon, taunting and shouting. A group of nine chanted
anti-apartheid slogans at marathon run ners as they arrived outside the stadium, shouting "Sports, yes. Racism, no," and "Shame, shame, it's not a game."

## VIOLENCE ERUPTS

Almost simultaneously, a group of demonstrators came on to the track and began to knock over the steeplechase barriers during the $50-54$ race. Arthur Taylor of Canada, the leader, was forced to stop momentarily. Then one demonstrator ran in the inside lane towards the oncoming runners with his arms held out wide. He collided with Stan Gawler, a top New Zealand runner who had won the M50 World Veterans Distance Championship in Palmerston North a week earlier

The two demonstrators were arrested and charged with disorderly behavior.

HART said it was "shocked and disgusted by the violent reaction, and charged that police acted sluggishly while the demonstrators were being violently assaulted by the athletes."
The twin demonstrations had split police forces, but Police Chief J.A. Jamieson said: "Nevertheless, when this young fellow was attacked, the police went in and rescued him as quickly as they possibly could."
(In a curious irony, Chief Jamieson is, himself, a world-class veteran steeplechaser. He has held the world M70 record for two years, which he lost only this week to Wilfred Bigelow of the USA. Jamieson won a silver medal


Sixto Escobar Stadium, site of the 5th Annual World Veterans Track \& Field Championships in San Juan, Puerto Rico in 1983.
photo by Bill Gentry

Gawler fell heavily to the ground, and athletes nearby exploded. The demonstrator was attacked by about 20 furious competitors, who kicked and punched him to the ground, tearing his clothes badly.
-"Two shot-putters, grabbed the guy and each started pulling him in a different direction," Higdon said. "Someone else bloodied his nose. Another kicked him in the groin."
The beating continued for perhaps 30 seconds before police broke it up.

Some athletes were still incensed. Several punched the man while he was being held by police. Urs von Wartburg, the powerful world record holder and gold medalist in the M40 javelin, had to be restrained by police. He was taken aside and held before being allowed to continue his event.
Even Higdon, well known as a mild-mannered, rational, cool-headed, intellectual type could not be restrained.
"I kicked him in the seat of the pants as the police led him out," he said. "The steeplechase is my event and I took it personally."

Throughout the incident, the crowd of some 3000 loudly booed and jeered the demonstrators and some shouted encouragement as the athletes punched and kicked the man on the ground.
Gawler, who was running second at the time, regained his feet, but the incident ruined his chance of a medal and he finished sixth.
behind Bigelow in the event, and also ran well in the 5000 and cross-country competition.)
"The attempt to disrupt the event," he said, "was a provocative act, likely to lead to violence."
"Protesters realized there were risks involved," HART's national organizer, John Minto, said. "But they did not expect the police to stand back and allow this situation to continue. Violent assault is a far more serious offense than a direct-action protest."
Veteran runner Tom Sturak said, "It was pretty rough. The police should have arrested the athletes who beat and kicked the guy as he was being held by police."
Minto said it was unfortunate that one of the athletes had fallen during the disruption of the race. But he added: "Disruption of the event is a very small price for the athletes to pay when you consider the real issue - the human and civil rights of 23 million black South Africans."
"It's a typical tactic," Jamieson said, "to try to blame the police after provoking the whole thing themselves."

HART charged the police spent about $\$ 10,000$ on policemen's salaries along, and called for the games committee to pay the money instead of the taxpayers.

Jamieson could not confirm or deny the cost of police protection.
"HART took the disruptive action as a last resort," Minto said. "It resulted in a public debate on an important

National Masters Newsletter page 23 issue."
"HART knew what they were getting into," Tait said. "I'm not surprised at the reaction of the athletes. They are emotionally driven. They have psyched themselves up and there is no guarantee what they will do under pressure. They have put in months of hard training and travelled around the world to get here, spending thousands of dollars."

## CLOSING NIGHT DEMONSTRATION

On closing night at the banquet at Town Hall, anti-apartheid demonstrators with about 150 supporters again gathered to chant while the athietes and their families went inside.
But there was no confrontation. Crowd control barriers saw to that.
HART held a three minute silence in support of black South Africans at 8 pm , and thanked the police for their support in standing quietly. It invited Burger to receive a special "Racist of the Year" award.
Meanwhile, an anti-HART group had set up banners welcoming the South Africans and accusing HART of being racist.
"We just stand for freedom and liberty and the right of free association," a spokeswoman said, adding that perhaps 80 per cent of New Zealanders felt strongly against HART.
"We feel that the reputation of Christchurch as a city that has always offered friendship and hospitality, has been spoiled by the antics of a minority group like HART," she said.
The press reported that most of the athletes who arrived at the banquet "were angered by the protests over the last week but they had not detracted from their enjoyment of the games."
Higdon told the press: "being taken away by the police was the only thing that saved the demonstrator from being killed." "They are a mob of idiots," said an Australian athlete.
The following day, the 57 -year-old clerk, who had disrupted Burger's 400 -meter hurdle race, pleaded guilty in Christchurch court to "behaving in a disorderly manner" and was fined $\$ 100$.
Three others pleaded innocent to the same charge and were remanded at large to await trial.

## GAMES A SUCCESS

Macdonald said the disruptions had no effect on events. "Their action took nothing away from the friendliness of the Games," which he described as a "tremendous success."
Macdonald admitted to the press that about nine athletes from South Africa had competed. "But it is not our job to act as a policeman," he told the Christchurch Star. "Six of the South Africans were checked, and all had papers which would exclude them from being South Africans."

The organizers of the Games were pleased about the friendship the athletes had shown each other.
"The crowds were the best of any veteran games. The public supported us throughout. They opened their homes to the athletes and took them for drives. It was the biggest suecess you could have hoped for."
continued on page $\$ 1$


Ploase send masters race results to
National Masters Nowsletter, P.O.
Box 2372 Van Nuys, CA 91404.
Please Include date, distance, and city

BROOKS CANADIAN MASTERS CROSS-COUNTRY CHAMP SONSHIPS

## MAO-44

Dereck Fern Bob Daniell
M45-49
George Miln
Bob Bownan
$\frac{\text { M50-54 }}{\text { Arthur }}$
Arthur Taylor
Cliff Hall
$\frac{\text { M55-59 }}{8 \text { ill }}$
Bill Camero
Sam Groves
M60-64
Alex Woodhous Stan Smith White
 Blain Till
W35-39
Jennifer Stocker Ria Harting
W40-44
Christine Walke Cecilia Roth
W45-49
oanne Castle
Anna Brunott
$\frac{\text { W50 }}{\text { Jean }}$ Cleator
Liese Lowe-Whit
Rhonda Gillis

## OAKLAND MARATHON OAKLAND, CALIFORNIA

M40-49
$33: 45$
$34: 24$
$34: 57$

$35: 36$
$36: 19$
$36: 52$
lor lor


## $\underset{\substack{37 \\ 38: 21 \\ \hline 18}}{ }$

 |  |  |
| :--- | :--- |
|  |  |
|  | $2: 51: 43$ |
| Hans Roenau | $52: 51: 47$ |
| Charles Wilson | 51 |
|  | $2: 55: 25$ |
|  | $2: 56: 26$ | $\begin{array}{ll}\text { Keith Anderson } & 51 \\ \end{array}$

## $\frac{\text { W40-49 }}{\text { Karen Sca }}$

##  Luc <br> W50+ $\quad \begin{aligned} & \text { Marion Irvine } \\ & \end{aligned} 51$ <br> Marion Irvine Ruth Anderson

 $\begin{array}{lr} & \\ & 51 \\ 3: 22: 36 \\ \text { Enma Baker } & 52 \\ 3: 44: 47 \\ \text { Annin }\end{array}$ Annabel Marsh
Mavis Lindgren
$44: 46$
$46: 47$
$47: 31$

| diges | 46:47 |
| :---: | :---: |
| 硅g | 47:31 |
| Walker | 42:43 |
| Cabe | 43:27 |
| Roth | 47:41 |
| astle | 48:28 |
| nott | 50:30 |
| tor | 46:48 |
| we-White | 49:34 |
| fll is | 57:28 |



hanati genior olmupics (COMBINED resolis) Kaiser high School, HONOLULD


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World Games Results
continued from previous pege












 （N．Z．），2：27．27，6．
100 metre hurdies．－A．McIn．
tosh（N．Z．），12．74，1；E．Briesenick


 J．Wines）， 20 Doinis，A：Calloghan，
land Zew Zea．
We Weeks）， $214^{2}$ 2．
100 metres． 49 y 1 ．Obers
 ner（Ger．），13．75，4；C．Branker
（N．Z．）， $14.09,5 ;$ H．Pratsch（Ger．），
14．18， 6 ． 400 metres－C．MM11（N．Z．），
59．68，1；I．Obera（U．S．A．）． $1: 01.67$ ，
2；H．Werner（Ger．），1：03．92，3；C． Brunker（N．Z．），1：06．79， 4, H；H．
Pratsch（Ger．），1：08．29， 5 ；J．Crisp
（N．Z．）， $1: 08.45,6$ ． Cross－country， 10,000 metres．
M．P．D＇Orlando（It．）， $40: 57,1$, D $_{\text {，}}$
 Gyldenohr（Den．）， $44: 50,4 ;$ S．
Redhead（Aust．） 46.17 ． 5 ．
Horns（U．S．A）， $46: 49,6$ ．Teams： Horns（U．S．A），46：49，6．Teams：
U．S．A．（Stock，Hornes，M．Ma－
ricle）， 1 ；Australia 2，Denmark 3 ． Discus：－O．Domingos（Bra．），
48．24，1；A．Brommel（Ger．）， 41.08 ，
2：I．A．Avellan（Are）， $40.04,3$ ； i．I．A．Avellan（Arg．），40．04．3；
M．Stanley（N．Z．）， 32.94 ；H．．Do－
herty（Aust） $32.94,5$ ． D ．Kozar
（Yug．），31．92， 6 ．



 tralia（Brasher，Young，
clife） 12,$1 ;$ Germany 2 ．
55 to 5 y years










## SUNDAY，JANUARY 11









 50 to 54 years
400m． L ．Snelling（Aust）， 52.91 ，
1；H．Chandra（Sin）， $5.81,2 ; \mathrm{F}$ ．

 4：30．08， 5 ；B．Sharpe（Aust），
4：30．80， 6 ， 5000 m －D．Fotheringham
Wr）
（Br），25：12．4， 1 J．Kelly（U．S．A．，
$25: 27.2,2 ;$ A．Scott（SW）， $25: 44.3$ ，
 Alpin（N． 55 to 59 years．
1；${ }^{800 \mathrm{~m} .-\mathrm{F} . \text { Evans（N．Z．），}}$ 2：08．65，


 $27: 3.2 .2,5 ; \mathrm{E}$ ．Alomaine（Be）
$28: 50.3,6$ ； 60 to $\mathbf{4}$ years

 18：20．04， 6 ．
Walk，soomm．－M．Gould（Can），
27：1．7．0， $1 ;$ V．Townsend（Aust），
27：32．80，2；H．Johsson（Sw），
29：19．12， $3:$ D．Johnson（U．S．A．）， 29：19．12，${ }^{2 ;}$ D．Johnson（U．S．A．），
29：54．47，${ }^{\text {；}}$ ；H．Surlano（Ar），
30：09．17， $\mathbf{5 ;}$ V．Granby（U．S．A．），
 C．West（Aust），2906，4；G．Erdal．
Aase（Nor），2307， 5 ；J．Drewing
（Ger）．2546． 6 ．
 － ．「ごロ




 Walk， 5000 to metres． 49 years．Kalweit－
Marloth（Ger）． $31: 33.01,1$ B．
Dunsford（Br．）， $38: 00.80,2$ ． Dunsford（Br．）， $38: 00.80,2$ ．
Pentathlon．－H．Werner（Ger．）．
3605，1，1．Rarlevilit．（Hol．）， 3224 ，
2．C．Brunker（N．Z．， 2850 ， 3 H．
Doherty（Aust．），2736，4；A．Hade Doherty（Aust．），2736，4；A．Hade
（Ger），2635，5；I．Bishop（N．Z．），
$2457,6$.

 （Aust．），22：08．9．5；L．Butcher
（Aus．）． $23: 02.1,6$.
Walk， 5000 metres．- M．Ohlssor
（Sw．）．28：46．06， $1 ; ~ \mathrm{~S}$ ．Brashe）
 $\begin{array}{ll}\text {（Sw．），} 31: 43.18, \\ \text {（Aust．），} 34: 41.86,5 \text { ，} \\ \text { Pentathion－C．} & \text { W．} \\ \text { Wipperstes }\end{array}$
 Walk， 50 to 59 years metres．Colhup

 （Aust．）， $33: 11.35,5 ;$ M．Johansson
（Sw．）， $36: 00.63,6$. Pentathion，- M．
（Aust．），1224， 1. $\quad$ E．Gibbs Walk． 5000 to at yetres．-B ．Tibbling
$(\mathrm{SW})$ ． （Sw．）， $28: 39.80,1 ;$ M．Bengtsson
（Sw．）， $28: 57.35,2 ;$ G．McDonald （Aust．）， $36: 32,37, \quad 3 ; \mathrm{M} . \quad$ Cahill
（Aust．），
$38: 38.00$,
4； （Gust．）， $40: 52.83,5.5$
Pentathion．- ．Callan（U．S．A．） Contathion－A． 69 years
Reile（Ger．），
1946， 1. Walk， 5000 to 74 years
metres．－J．Butcher
（Ger．）， $37: 54.19,1$. Walk， 5000 metr
（Ger．）， $37: 54.19,1$.
Walk，
farb（U．S．A．）， $40: 48.33,1$ mes．
s． Pentathion．－I．Sarnama（Fin．）
591，1．
$\qquad$



 NEW YORK MASTERS SECOND ANNUAL INDDOR MMSTERS MEET．SATURDAY，MARCH 14， 1981 ROCKLAND COMNNITY COLIEGE，VIOLA，NBW YORK．10：00 AM to 3：00 PM．

SPONSORED BY THE NEH YORK MASTERS SPORTS CLUB．
DRIVING DIRECTIONS：The College 10 about one alle north of Spring Valley，N．Y．and
outh of Suffrin，N． Y ．Get off at exit 14 B on the New York Thruway．Take a right it A1rmont Road for about two alles．Airmont Road becomea Highview Ave．At the 2 nd traffic 11 ght take a left to College Road into the achool．
DIVISIONS：Pive year divisions for men and women froe age
DIVISIONS：Pive year division for men and women from age 30 to 79 ．
RMIRSYT Special ceramic New York Master Sport Club meda 18 ．
ENTRY PEES：$\$ 5.00$ per event（necesoitated by rental feeo for the ffeld house）for pre－ anchough they will be accepted．We＇d rather heve a pre－entry than the additional
post entry fea．

40－49；Sot）．An athlete mey run on a younger rolay tosan．Teano may be declared at
any time before the race
EVENTS $\&$ THEIR ORDRR

 $\begin{array}{ll}\text { 11：00 AM 1 } & \text { mile run 2：00 pM 2 mile run 12：00 noon height throw（may be outaide）}\end{array}$

EMTRY FORM NBW YORK MSTERS SPORTS CLUB 1981 INDOOR CHAMPI ONSHIP
NARE
AGE＿SEX
ADORESS
C PHON

## CWB

## Event（s）

RELRASE Thereby wive any claim I my have againat the New York Masters Sporte Club，

New Yotkk Maters Sporta Club Second Annual Indoor Championships．＇I certify that
SIGMATURE：
Mre Chick
Mail to：HAIG BOHIGIAN， 225 HUNTER AVE．，NORTH TARRYTOWN，NY 10591
page su ivalional ivasieis ivewsieller - redruary 150

## World Games Results TUESDAY, JANUARY 13

 Abbrevlations used in the re Arg., Argentina; Aut, Austria;Aust., Australia; Bel,
Belgium; Br, Britain; Bru, Brunei; Can., andand; It., Italy; Ind., India; Is.,
srael, Jap, Japan; Mex., Mexco
in., Finland; N.Z., New'Zealand Fin., Finland; N.Z., New Zealand;
Nor., Norway; Sp. Spain; Scot.,
Scotland; Sw,, Sweden; U.S.A., United States of America; Ven, Yug., Yugosiavia; Pur., Puerte;
R1co; Ch., Chile; Fr., France;
Sin., Singapore; Irl, Ireland; B.Ir.il; Northern Ireland; Bra.
Swit., Switzerland; Ins., Indonesia.

MEN
44
years
 Hol.), 23.34, 5; $\mathbf{0}$. Jootje (Ins.),
$\begin{aligned} & 23.43,6 . \\ & 3000\end{aligned}$ metres steeplechase.-J.
 Davies (Br.), $10: 01.95,3$; S. Gun-
narsson (SW.) $10: 03.13,4$ F. Fspo
nik (Ger.), $10: 16.28,5$; B. Kenny (N.Z.), $10: 17.50,6$.
20 kiometre road walk.-J.
Smith (Aust.), $1: 34.09,1 ; R$. Mee

 (Ger.), $13.20,1 ;$ K. Tajimo (Jap.),
$12.25,2 ; \mathbf{K}$. Konoike (Jap.) 12.02,
$3 ; \mathrm{K}$. Marchlowitz (Ger.), 11.94, 4; 3; K. Marchlowitz (Ger.), 11.94, 4;
R. Stone Aut.), Rocken.
Discus.- H H
(Ger.),
 Singh (Mal.). $35.02,5$;
(Ger.), 34.68 . 6 . 45 years
 Stenten (Ger.), $56.13,6$.
20 kllometre rad walk.
Mallsch (Aut.), $1: 39.36,1 ;$ H. Sum-
 1.41.43, ${ }^{5}$; W. W. Schmidt (Ger.)
1:43.34; 6. Jump.
Triple
(Aust) Sturzaker
 White (Aust.), $10.43,6$.
Javelin.-J. Kopiar
 jko (Yug),
ner (Ger) $49.40,6$, 6 ;
so to 54 years
200 metres.-L. Sirie Snelling
Aust.), 24.46, $1 ; \mathrm{M}$. Pist.
 20 kilometre road walk--D
Fotheringham (Br.), 1:46.48, i; A
 (U.S.A.), $: 48.36,3 ;$ R. Whitham
(Aust.), $1: 53.29 .4 ;$ D. Stone
2:02.24, $6: 00.47,5 ;$ F. Aplin (N.Z.).
 Leecht (N.2.), $36.90,4:$ J. Verstee)
(Can.), $35.94,5 ; \mathrm{H}$. Gogrof (Ger.)
$35.94,6$.

400 metres.- F . Evans (N.Z.),
$56.70,1, \mathrm{~K}$ McRae (Aus.),
K. .
 $\begin{array}{lll}\text { 20 } & \text { kilometro } & \text { road } \\ \text { Mimm } & \text { walk. } & \text { R } \\ \text { (U.S.A.), } & 1: 99.13, & 1: \mathrm{H} \text {. }\end{array}$








 110 metres hurdles. $-\mathbf{B}$. Wisch
mann


 Haminer.-H1. Hirsch (Ger.),
27..48, 1; S. Sundal (Nor.), $26.16,2 ;$
B. Wischmann (Ger.), $20.18,3 ;$, Peresenyl (U.SA.), 25.02, , 4; J .
Muno2 (Cht.), $17.62,5 ; \mathrm{H}$.
(Gener.), 17.34, 6 .




| 200 metres.-I. Obera (U.S.A.), 26.21, 1; M. Peters (N.Z), 26.91, 2; | Abbreviat |
| :---: | :---: |
|  |  |
|  |  |
| ker ( Z ) 28.93, 5: H Wer |  |
| M.T.C. <br> 10 kilometres road walk.-B. |  |
|  |  |
| Dunsford ( Br .), 74:53.6, 1; C. |  |
| mith (U.S.A), 80:54.9, 2. <br> High jump.-K. Diener (Ger.), |  |
|  |  |
|  |  |
|  |  |
| (N.Z.), 1.10, 5 . |  |
| 16, 1; A. Williams (Br.), 38.84 , |  |
|  |  |
| $36.84,3$; M. Garcla-Girves (Arg.), 35.26, 4; H. Doherty (Aust.), 34.38, 5; C. Miller (U.S.A.), 28.88, 6. |  |
|  |  |
|  |  |
| 50 to 54 years metres.-C. Hill (N.Z.), |  |
|  |  |
| 54, 2 ; S S Sennedy (Aust.), 30.66, | 1:58.44, 3; B. MMLIgan (Au |
|  | 2:00.28 |
| Weller (Chi.). 31.85, 5; S. Kinsey (U.S.A.) 31.89. 6. |  |
| Shot.-M1. Hanm (Ger.), 11.71, Marathon.-R. de Paimas (It.), |  |
|  |  |
| White (Aust.). 10.48 .3 ; S . Kin. $2: 21.44,2 ; \mathrm{T}$. Manners |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
| son (Sw.), 63:18.9, 4; R. Brouwers |  |
|  |  |
|  |  |
| 100 metres.-K. Hveem (Nor.), metras.-Australia, $3: 26.86,1$; |  |
| 1; A. Hogan (Aust.), 15.46, U.S.A., 3.26.94, ${ }^{\text {a }}$ 2; Germany, |  |
|  |  |
| Lelby (U.S.A.), 17.42, 4; M. 100 metres hurdles. - R. Newey |  |
| (Aust.), 18.65, . 6 , $17.00,2 ;$ G. L. Bane (U.S.A.), |  |
| (Bel.), $1: 11.91,1 ;$ B. Newentien 4; J. E. Penny (N.Z.), 19.29; 5; D. |  |
|  |  |
| (Aust.), 1:13.86, 2; A. Hogan A. Whliams tAust.), 19.35, 6 . |  |
| (Aust.), $1: 16.53$, |  |
|  |  |
|  |  |
|  |  |
|  |  |

 Moser (Ger.), $65: 56.9,2$, R .
Krash (U.S.A.), $68: 44,3$. R . Web.
ber (Aus.) $68.58 .6,4 ; \mathrm{M}$. Johans.
son (Sw.), 71.10 .25 .5 . 60 to 64 years
bay


,
$=4=2$


NATIONAL TAC-PENN MUTUAL MASTERS AND SUBMASTERS
INDOOR TRACK AND FIELD CHAMPIONSHIPS
Saturday and Sunday, Feb. 28 \& March 1, 1981
University of Michigan, Track and Tennis Building, Ann Arbor, Michigan
Sponsored by the Ann Arbor Track Club, Penn Iftual Insurance Company
Sanctioned by the Michigan Association of the Athletic Congress, TAC Masters Committee

ELIGIBILITY: The competition is open to all men and women 30 years and over* who are registered with the TAC of the United States. (Canadians must register with Canadian AAU.)

DIVISIONS: S-A $30-34, \mathrm{~S}-\mathrm{B} 35-39$, I-A $40-44$
I-B 45-49, II-A 50-54, II-B 55-59, III-A 6064, III-B 65-69, IV-A 70-74, IV-B 75-79, V-A $80-84, \mathrm{~V}-\mathrm{B} 85$ and over.*

PRIZES: National Championship medals will be presented to the first 3 place finishers in each individual event and ist and 2nd place relay in each division.

FEES: $\$ 4$ per event, no refunds, no post entries. \$16 charge for relay teams. A spectator charge is $\$ 1$ - payable at the door.

DEADLINE: Saturday, February 21, 1981.
SPECIAL INVITATIONAL EVENTS: Talented area runners will be invited to participate.

FACILITIES: 220 yd. tartan track with 8 lanes on the straightaway and 6 lanes on the turns. $\frac{13}{4}$ " spikes recommended. Locker and shower available at Intra-mural Building, approx. 100 yards from the track. Change at home or hotel if possible.

RELAYS: Relays will be run in each division ( $30-39,40-49$, etc.). Higher division runners may run in lower division relay but not viceversa. Teams may be declared anytime before the start of the race. Entry fee $\$ 16$.

HOUSING: 50 hotel rooms have been reserved at the Campus Inn, Huron and State Sts. For reservations call during business hours, 9-5, 769-2200 and mention you are with the National Nassters Meet to get the rates of $\$ 38$ for single, \$47 for double. Deadine is February 14.

T-SHIRTS: T-shirts with a distinctive race logo are available for $\$ 5 \cdot \& \$ 7$. Funds from the T-shirts will go to defray the cost of the meet. Please send payment and size with entry fee.

TENTATIVE TIME SCHEDULE - SAT. 2/28/81
9-1:00 p.m. Ann Arbor Youth Division
Track Meet - Ages 14 and under Call Jack Arnold (313) 995-7276

1:00 Van leavas i \& T for Eastern Michigan University (weight throw)
50 yd . hurdles heat/finals
Div. S-42" I-39" II-36"

III-33" Homen $30^{\prime \prime}$
Weight throw at EMU, Ypsilanti
600 yd. zun finals
50 yd. dash, heats, semls, finals
(dep. on number of entries)
Shot put, pole Vault
1 mile run finals
Open Women's Zvents 29 yrs, and
under. Call Karen McReach1e,
(313) 769-1803

Sandwich/salad buffet $\$ 5$ RSVP
Campus Inn, Huron \& State Sts
SUNDAY, MARCH 1, 1981
$\begin{array}{ll}\text { 9:00 a.m. } & \text { 2 mille run } \\ 9: 30 & \text { final }\end{array}$
9:30 High Jump
11:00 $\quad 50$ yd , dash finals if your
division had semis on Saturday
1000 yd . run finale
Long Jump, the tizgle gum
300 yd . dash $£$ inals
300 yd. dash finals
$\begin{array}{ll}11: 30 & 300 \mathrm{yd} . \text { dash } \\ \text { 12:00 } & \\ 1: 00 \mathrm{p} . \mathrm{m} . & 2 \mathrm{mtle} \text { walk }\end{array}$
1:00 p.m. $\quad 1$ mile relay

The above schedule will allow ample time for travel to and from the meet and plenty of rest for those who are doubling. The schedule may be altered when entries are received and heats drawn. The order of running events will be as follows: I, II, III, IV, V. In each case women follow men. In some cases divisions may be combined but scored separately.

Please send, newsworthy info on past/recent performances to Jim LeBow, Meet Announcer, 400 Keech, Ann Arbor 48103. Also include a SASE of your local newspaper ATT: Sports Editor. We'd like to spread the good news!

For other questions, contact the meet director, Elmo Morales, 2112 Arlene St., Ann Arbor, MI 48103; (313) 761-3334 after 6 p.m.

Shuttle service vans are being planned. Call Elmo.

NO POST ENTRIES
Deadline: February 21, 1981

## OFFICIAL ENTRY: NATIONAL TAC/PENN MUTUAL MASTERS AND SUBMASTERS INDOOR TRACK AND FIELD CHAMPIONSHIPS

Please enter me in the following event(s) - list previous performance for seeding purposes

| Event Best Time | (2) $\qquad$ (3) $\qquad$ <br> Best Time |
| :---: | :---: |
| Name | Address__ Date of birth |
| TAC\# | $\text { Club_ Classification/Division } \begin{gathered} 3 / 4 \text { sleeve baseball type }(\$ 7) \end{gathered} \frac{\text { S M L XL }}{\text { T-shirt (\$5) }}$ |
| Entry fee $^{+}$ | $\qquad$ $=\$$ <br>  Ann Arbor MII 48103. Make payable to National Masters |
|  | Track Meet. (313) 662-1418. <br> RELEASE: I hereby waive any claim I or my heirs may have agatuat the TAC of the U.S., the Michigan Assn. TAC of the U.S., the Ann Arbor Track Club, the University of Michigan, Penn mitual Insurance Company, or any cooperating sponsor for any and all claise of injuries sustained by my participation in the National Master's and Submaster's Indoor Track and Field Championships on February 28 and/or Karch 1, 1981. |
|  | 1gnature: |


[^0]:    continued on next page....

