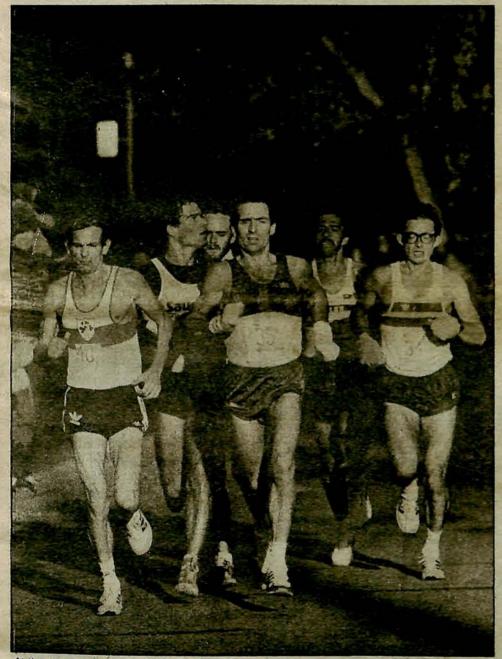
NATIONAL MASTERS NEWS

The only national publication devoted exclusively to track & field and long distance running for men and women over age 3

87th Issue

November, 1985

AT AGE 70, DAVIES WINS \$4000 IN BIGGEST MASTERS PAYDAY EVER



At the 12-mile point in the Twin Cities Marathon in Minnesota on October 6, it was still a four-way battle for the first-place Masters prize of \$4000. England's David Clark, 41, (No. 36 on the far right) pulled away at 14 miles to win the age-40-and-over title in 2:18:56. Mexico's Antonio Villanueva, 45, (No. 30 behind Clark's shoulder) was 2nd in 2:20:35 and won \$3500. Ireland's Pat Murphy, 40, No. 40) placed 3rd. West Germany's Guenter Mielke, 42, (No. 35) dropped back to finish 9th.

photo by Bruce Bispang

3000 Masters "Keep Moving" In Governor's Cup

In what was described as "a redletter day for some 3,000 older athletes," Masters from all over New England and as far away as San Francisco showed up to participate in the 2nd Annual Governor's Cup, which consisted of a five-mile run, a threemile competitive walk, and a one-mile fun walk, in Boston, Mass., on

September 29. The events were limited to Masters age-40-or-over.

The Governor's Cup is the highlight of "Keep Moving," a statewide walking program designed by the Massachusetts Executive Office of Elder Affairs, under Governor Michael S. Dukakis' aegis, to encourage older Continued on page 5

\$27,500 Earned in Twin Cities Marathon CLARK. SCHLOSSER EACH WIN \$4000 AS TOP MASTERS

When the history of the 20th century running boom is written, scholars will likely include October 6, 1985 as one of the sport's milestones.

For on that cold, crisp, autumn, Sunday morning, 70-year-old Clive Davies became the oldest runner in history to earn as much as \$4000 for a few hours effort.

He did it by running 26 miles, 385 yards from Minneapolis to St. Paul, Minnesota in a time of three hours, four minutes and 15 seconds — a time judged best, based on age and sex — of all age-35and-over finishers in the fourth annual Twin Cities Marathon.

It didn't come easy. The mid-30degree temperatures forced the Tillamook, Oregon resident to stop every quarter mile for the last five miles to massage his aching legs.

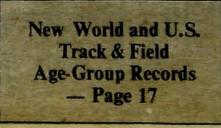
"The cold weather cramped me up," Davies said. "I'm not happy at all with my time."

But he was happy with the \$4000, part of a total of \$27,500 awarded to age-35-and-over runners in the agegraded competition — the biggest payday in Masters history.

Davies' time of 3:04:15 was 14:38 under the "target time" for his 70-74 age group, which gave him a nearlysix-minute margin over Antonio Villanueva, 45, of Jalapa, Mexico. Villanueva won the second-place agehandicap award of \$3500 with a time of 2:20:35, which was 8:50 under the target time for his 45-49 age division.

In his first marathon since turning 70 on August 7, Davies ran the fastest time ever by a man over 70, breaking the mark of 3:07:26, set by the late Monty Montgomery in California in 1977.

Also winning \$4000 were the first men's and women's age-40-or-over finishers, David Clark, 41, of England, and Doris Schlosser, 41, of West Ger-Continued on page 3





West Germany's Doris Schlosser, 41, won \$4000 as the first woman, age-40-or-over, to finish the Twin Cities Marathon in Minnesota on October 6. Her time of 2:38:56 gave her a twomihute edge over Idaho's Gabriele Andersen. photo by Bruce Bispang

November, 1985

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NATIONAL MASTERS NEWS

November, 1985 87th Issue

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NATIONAL T&F MEET

The TAC National Masters T&F Meet August 25th in Indianapolis was exceptional in many ways; the superb facility, meet organization and the quality athletes competing made this a remarkable competition. The meet was also exceptional in its haphazard supervision of who ran on which relays.

It is particularly upsetting to put together a club relay, train months for an event, go through several thousand dollars of expense to arrive at the nationals and find people putting together a relay team on the spot. I spoke to the meet director, Marshall Goss, and relayed my concerns. He told me that he had brought up the question to the National Masters Rules Committee the day before. It was decided not to enforce the national masters rules on relays which says all members of the relay be from the same geographic club.

An effort has to be made by the National TC officials and the meet officials to maintain the integrity of the national meet and relays, in particular. Masters competition deserves no less than the same kind of integrity that we see in NCAA competition with rigid eligibility of the athlete in any particular event. An effort has to be made to check the eligibility of all relay members in TAC sanctioned championships; anything less is an admission that Masters competition is simply a participatory rather than a competitive event.

> Richard Guido Greater Rochester TC Fairport, New York

FIRST-TIMER'S EXPERIENCE

As a 38-year-old average road runner, I had planned to spend the summer of 1985 to improve upon my PR's in the 5K (19:20) and 10K (39:54). But, then, enter National Masters News. The spirit of Masters track, as expressed in the News, was just what I was looking for. Tough, fair, wellorganized competition, yes. But the real emphasis seemed to be on participation — on doing one's individual best — whether this resulted in winning or not.

So I entered my first Masters track meet — the TAC Nationals in Indianapolis, in the 5000-meter run. As I

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walked into Indiana University Stadium, the most impressive symbol that this was to be "big time" competition was the huge, black Olympic-style electronic scoreboard blinking: "Welcome Masters 1985 TAC National Track & Field Championships." I felt I'd arrived. This sandlotter was takin' his first cuts in Yankee Stadium.

All the races were conducted beautifully. Communication between officials and athletes was excellent. I was pleasantly surprised to see the Masters spirit of inclusion and participation, rather than exclusion and elitism, generously extended to foreign competitors. The starters, lapcounters, timers, etc. were conscientious, considerate and good-humored during what must have been, for them, a very long weekend. The competitors seemed tough, serious, intense and dedicated to performing their best. Afterwards, they were low-key, warm. sociable - like a "famly picnic."

So for the nominal cost of TAC membership and low meet entry fee (\$8, less than many road races I've entered), a middle-of-the-pack jogger had the privilege of running on a superb track on a cool and clear summer's evening under dazzling floodlights with some of the finest agegroup athletes in the country. I had my own personally assigned lap-counter, split times were announced every halflap and my name appeared in big, bright, block letters on the scoreboard. With all that, how could I help but set a new PR by over 30 seconds.

> Dennis Martz West Bloomfield, Michigan

AGE RECORDS

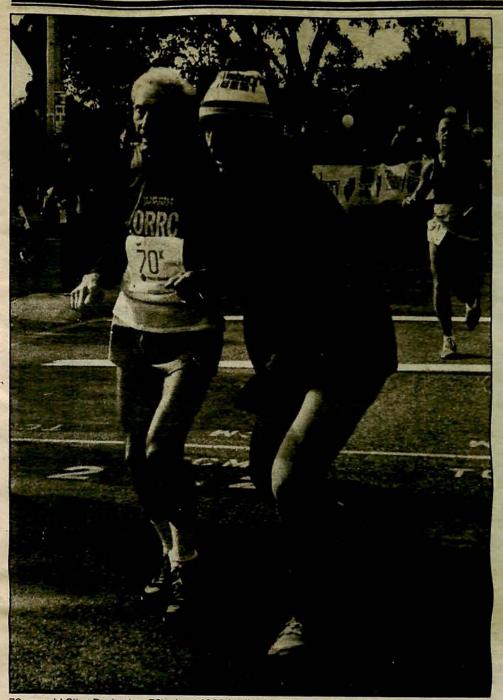
In the September NMN, you show women's age-group records as of January 1, 1985. They list a W60 discus mark of 73-7, yet the National Meet program lists Edith Mendyka's 64-3 as the record. If the 73-7 is the record, who threw it, when and where?

Audrey Bergenbach

Chattanooga, Tennessee (64-3 is the record. There were some errors in the September listings. Sorry. For a complete, current, official list of world and U.S. men's and women's age-group records, see the new chart in this issue. — Ed.)

As the New Zealand record statistician, I wonder why you did not include the 80-meter-hurdle times in your list of pending world records in the August issue. Colleen Mills ran 14.45 for a new Continued on Page 11

National Masters News



70-year-old Clive Davies (no. 70) wins \$4000 for finishing the Twin Cities Marathon on October 6 in 3:04:15, a time judged best - by age and sex - of all age-35-or-over runners in the Minneapolis-to-St. Paul race photo by Laurie Boutang

Davies Wins \$4000

Continued from page 1

many, with times of 2:18:56 and 2:38:56, respectively.

It was a birthday present I truly earned," said Clark, who finished 14th overall and sixth in the age-graded competition. "It was quite hard for me to maintain a good pace today. We went off at a fast rate, and I knew it would be a difficult race."

Clark was hoping to better the 2:17:30 he ran two weeks earlier in New York, but the combination of the fast start and cold weather tired him faster than he planned. "I was aiming for a faster time, but circumstances denied that," he said.

Schlosser's time gave her third place in the age-graded category, 6:40 under the handicap time for her 40-44 age group.

Her win was something of an upset. She ran within sight of Gabriele Andersen for the first mile, but the 1984 Olympian then disappeared along with the other leaders in the women's open division.

Schlosser, who lives in Schwetzingen, West Germany, settled into her

own pace and didn't see Andersen again until late in the race, when she went past for the women's 40 + victory.

Schlosser was in the race only because race director Jack Moran had invited Guenter Mielke. "Guenter is like my coach," she said. "He got Jack to invite me, too."

She said she expected Andersen to win. Andersen had won the open women's division in the 1983 Twin Cities, and had set a world Masters track record of 16:44 in the women's 5000 meters in Rome in June. She was expected to have a shot at the U.S. women's Masters record.

But the fast pace took a toll of many of the early leaders, including Gabriele, whose final time was a still excellent 2:41:00, only 1:49 over the U.S. women's 40 + marathon mark of 2:39:11, set by Miki Gorman in 1976.

That placed Andersen fifth in the age-graded scoring - 4:36 under her target time and worth a hefty \$2500 in prize money.

Sandwiched between the two women in the age-graded bracket was Wisconsin's Dan Conway, 46. His 2:24:34 was

4:51 under his handicapped time and won him 4th prize of \$2750.

Rounding out the top ten Masters money-winners were Oregon's Mike Heffernan, 45, 2:26:42 (\$2000); Ireland's Pat Murphy, 40, 2:21:34 (\$1750); England's Robin Dow, 41, 2:21:39 (\$1500); and Pennsylvania's Norm Green, 53, 2:29:42 (\$1250).

Bruce Mortensen, Gaylon Jorgensen, Diane Palmason and Fay Bradley also got pay checks.

The handicap times were based on the five American age records for each group. The slowest and fastest age records were discarded, and the other three averaged to arrive at the "target time."

A total of \$161,000 was given away in the Pillsbury-sponsored race.

"It was a real battle with Antonio, Robin, Pat, Bruce and Guenter for 14 miles," Masters winner Clark said. "We took turns leading. Finally, at about 141/2 miles, I picked it up a bit. I opened about 50 meters and, from then on, it was just me and the road."

A native of St. Albans, 23 miles north of London, Clark is familiar

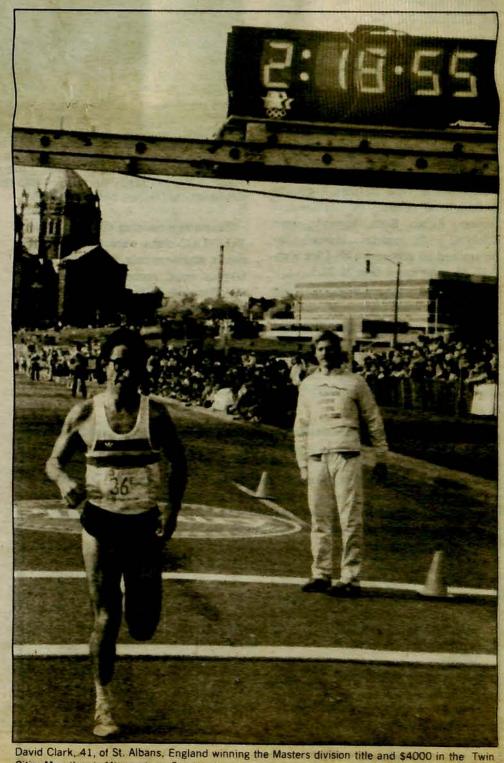
with running in chilly weather. "But that doesn't mean I care for it," he said. He was the Masters winner of the 1983 and 1984 New York Marathons and won the World Veterans (IGAL) 25K in England this year.

"I was fairly confident of winning at all times," he said.

Villanueva was the 2nd Masters finisher, 1:39 behind Clark, and was followed by Murphy and Dow. Mortensen was fifth and the first 40+ American finisher in 2:22:23. Green won the 50-54 division.

Mielke, 42, of Alspach, West Germany, who had won Masters titles in the Falmouth Road Race, the International Brugge 25K in Belgium, and the VI World Veterans track 10K, dropped back to finish ninth among the 40+ finishers (and 17th in the age-grading) in 2:27:38.

"The cold weather (33 degrees when the race started) made it hard on people who ran a fast pace,".Mielke said. "Look at the results. Only one runner had an excellent race. That was the Continued on Page 5



Cities Marathon in Minnesota on October 6.

Photo by Laurie Boutang

Benham Sets M75 Mark Randall, Pickert Win U.S. 8K by NATE WHITE

Aided by the idyllic weather that followed Hurricane Gloria, the 1985 U.S. TAC National Masters 8K Championships on September 29 produced eight new U.S. single-age records. In addition, Ed Benham set a new 75-79 age-group national mark of 34:21, breaking his own record of 34:40, which he set in 1982.

. Run on the flat and fast Onondaga Lake Park course in Liverpool, New York, as part of the Prego 8K, the fine field of Masters runners was led to the finish line by Kirk Randall of Wellesley, Massachusetts, who won the M40-44 competition in 26:16.6. Judy Pickert was the first over-40 woman in a new age-42 record 30:02.8.

Other single-age records were set by Beryl Skelton, 56, (35:03.7); Ed Buckley, 64, (32:11.8); Bill Eppright, 65, (33:01.1); John Rastani, 66, (32:15.9); Bill Brobston, 72, (34:43.2); Charlie Hackenheimer, 79, (38:52.5); and Benham, 78, (34:20.1).

Others winning national age-group titles were Roland Cormier, M45, 26:47.3; Bob Milner, M50, 28:31.9; Tony Sapienza, M55, 28:12.0; Lenis Tucker, W45, 36:04.5 (Tucker actually finished 2nd to Canada's Barbara McLeod (33:06.4); Gloria Brown, W50, 33:16.6; and Muriel Moore, W60, 50:55.1.

Sapienza arrived in town expecting to face local runners Ed Stabler and Howard Rubin. Both, however, were sidelined with injuries. Instead, Sapienza had to contend with Dick Kendall, 55, who ran a fine 28:27.5.

Race director Evelyn White arranged for separate finishing chutes for men and women, age-group race numbers, color-coded age-group name tags, and color-coded age-group ribbons which were worn on the back of each runner's shirt. Computerized results were available promptly.

P.O. Box 5185

Pasadena CA 91107

126 Enjoy Club West Meet

The lure of an off-season meet at a fine facility and an excuse to weekend in Santa Barbara drew 126 Masters to the 12th Annual Club West Meet held at the University of California---Santa Barbara, located just north of that city in Goleta, on October 5.

In fitting with the low-key atmosphere, some winning times were "relaxed" but still enviable. Double winners in the sprints included M. Black, M30, in the 200 (23.6) and 400 (51.6); D. Glasgow, M50, the 100m (12.5) and 200 (25.8); and Shirley Dietderich, W55, the 100m (16.8) and 200 (36.4).

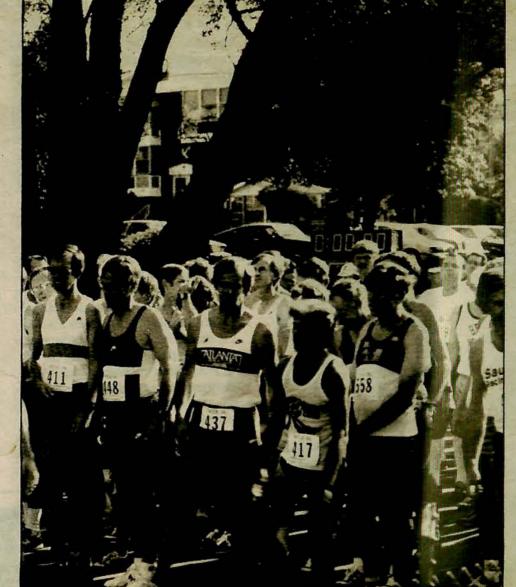
Bob Hunt, M65, took four firsts, from the 110mH to the 400. Ed Stotsenberg, M70, ran the 1500 in 5:59.6 and the 5000 in 21:32.5. John Brennand, M50, posted the day's best time in the 5000 with 16:15.4.

Field eventers appeared in good post-season form. Charlie Rader, M35, won the high jump with 6-5. John Damski took all three M70 jumps. Shirley Kinsey set a national age-56 record in the long jump with 11-2³/₄.

Stu Thomson led all shot putters with 48-9 and won the M50 discus (155-2) and hammer (150-9). Lloyd Higgins, M40, was top man in the discus (172-6) and hammer (159-10). Dan Aldrich, M65, had a 154-11 discus throw. Bill Morales was one foot shy of his American M70 javelin record with a 147-3 toss. John Whittemore set a national M85 hammer record with the 12# with 51-4 and had outstanding marks in the shot, discus, and javelin.

The long jumpers were treated by having Olympian Jane Frederick, American record holder in the heptathlon, serve as an official.

The meet was directed by George H. Adams.



Just before the start of the TAC/US National Masters 8K Championships in Syracuse, N.Y., on September 29. From left: Derck Frechette, 2-M40 (26:21.12); Dave Winn, 5-M40 (27:37.96); Chuck Tucker, 3-M40 (26:31.61); Ray Kneer, 4-M40 (26:55.43); Tony Sapienza, 1-M55 (28:11.99); and Kirk Randall (half hidden), 1-M40 (26:16.55).

Toby Johnson, 66, an Empire State

Games sprinting champion,

"presided" over a pleasant outdoor

lakeside luncheon which was enjoyed

Appreciation went to Prego for their

sponsorship support which helped the

host Syracuse Chargers put on a truly

quality event.

by the runners and volunteers alike.

Teams representing six upstate New York TAC clubs were entered in the men's and women's 40-49, 50-59 and 60-plus team competition. Although the Syracuse Chargers Track Club registered a clean sweep, there was exciting competition, particularly in the men's 40-49 division where only 3:22 separated the aggregate times of the Chargers, Syracuse Track Club, Latham AA and Checkers AC.

Following the race, retired chef

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Sandy Pashkin, right, at TAC Masters T&F meeting, Indianapolis. Pashkin will be the meet director of the 1986 National Masters T&F Championships to be held on Long Island, New York, July 18-20. Jeanne Bocçi, Female Race-Walker of the Year is at left; Bob Fine in middle.

Photo by Gretchen Snyder

Walker, Steigerwalt Win U.S. 15K Racewalk by JOHN KELLY

Larry Walker and Jolene Steigerwalt continued their winning ways in the U.S. TAC National Masters 15K Racewalk Championships September 1

in Santa Monica, California.

Walker was 1st age 40-49 finisher and 3rd overall in 1:12:43. Jim Coots was 2nd 40-49 in 1:23:50, while Rudy Haluza returned to competition with a winning M50-59 time of 1:25:12. (Haluza was fourth in the 1968 20K Olympic walk.)

The race's most exciting competition came in the women's 40-49 division, with Steigerwalt (San Diego), Lori Maynard (San Francisco) and Bev LaVeck (Seattle) walking together for the first 5K. Then Steigerwalt pulled away for the 40-49 win (and 2nd overall) in 1:27:54. LeVeck closed strongly for 2nd W40 in 1:28:21; Maynard was 3rd W40 (5th overall) in 1:21:32.

Paul Wich (1:10:25) and Esther Lopez (1:21:48) were the open men's and women's winners, respectively. \Box

3000 In Governor's Cup

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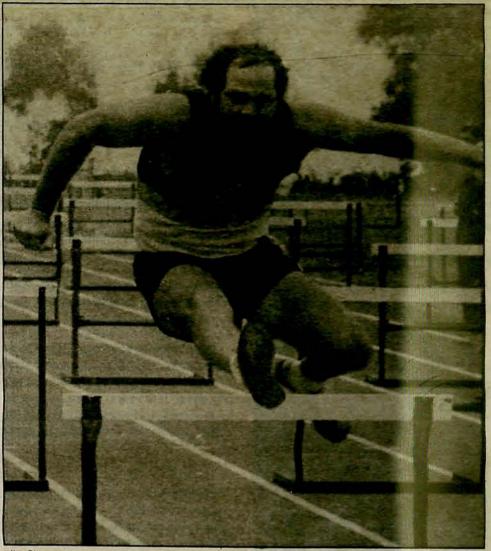
citizens to engage in exercise through the establishment of 112 local walking clubs. Last year, 1,300 people participated in the three events. This year, Richard H. Rowland, Ph.D., Secretary of Elder Affairs, had hoped for 1,500 club members, but was pleased to find 2,400 members on the rolls and nearly 3000 participants.

The five-mile race was won by John Boyle of Newburyport, Mass., and Mary Scherr of Duxbury, Mass., in 25:36 and 32:45, respectively. Among the age-division winners with notable times were Harold Hatch, 45, winner of the M45 race in 26:32, and Florence Calaghan, 69, who won the W65 in 35:44. John Kelley, M75+ (37:02), and Ruth Rothfarb, 84, (59:47), joined Governor Dukakis as honorary pacers for the race.

In the three-mile walk, Tom Knatt, 45, of Concord, Mass., with 25:57, and Emily Hewitt, 41, of Brookline, Mass., in 30:21, were overall winners. Richard Ruquist, 65, strode to a fast 28:53 to win the M65 contest, and Lynn Hale, 63, won the W60 division with 35:44.

The affair was staged by Conventures; contact person was Penny Carver.

In addition to the Department of Elder Affairs, Nabisco Brands, Inc., the Rockport Co., and Massachusetts Blue Cross Blue Shield helped in underwriting the event.



Jim Shoemaker, 41, skimming the hurdles at the 1985 U.S. Masters Decathlon in San Diego. photo by Bob Sieben

Davies Wins \$4000

Continued from page 3

men's open winner (Phil Coppess in 2:10:05)."

Andersen's early speed enabled her to set two W40 records enroute: at 30K (1:50:49) and 20 miles (1:59:16), breaking Cindy Dalrymple's 30K mark by seven minutes and Anna Thornhill's 20-mile standard by 17 minutes.

Mortensen lowered Hal Higdon's 12-year-old M40 30K record from 1:40:52 to 1:38:25. Karen Hubbard dropped Joan Ullyot's W35 20-mile mark by five minutes to 2:04:08. Davies, Conway, Green and Mortensen set single-age marathon records.

Director Moran assembled one of the strongest-ever Masters fields. The age-graded also-rans were a laundry list of the top Masters runners in the U.S. and England: Bill Venus, John Sheridan, Toshiko d'Elia, Bill Foulk, Ernie Billups, Jeff Galloway, Margaret Miller, Jim O'Neil, Ruth Anderson, Anne Bing, Bob Busby, Don Kardong and more.

Besides the defection of New Zealand's Jack Foster, who withdrew a few months ago because his training was not going well, a last-minute scratch was 1984 U.S. Masters LDR champ Barry Brown. "Barry ran a 1:09 half-marathon two weeks earlier, and decided it just didn't feel right," Moran explained.

Five of the 14 Masters cash prizes

were won by foreigners. That percentage may increase in future events. As Kevin Fahey of the British "Running Review" magazine correctly predicted a few months ago: "Many of the top British and European Veterans may seriously consider travelling to the States to try and collect some of that prize money."

Moran and the Pillsbury Co. were pleased with the event, which drew close to 4000 starters overall and 3663 finishers. One snag for next year, however, is that the World Veterans (IGAL) Marathon Championships are set for British Columbia, Canada on the same date — October 5 — as the Twin Cities event. "Some top Masters like Norm Green are already committed to the IGAL race," Moran said, "so we may cut the Masters prize money somewhat."

TOCK SEV	THE ATHLETICS ENTH ANNUAL NA DECEMBER 3-8, 198	TIONAL	CONVENTION	TOCA
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7th Convention of TAC Set

The 7th Annual National Convention of The Athletics Congress/USA (TAC) will be held in Houston, Texas from December 3-8, 1985.

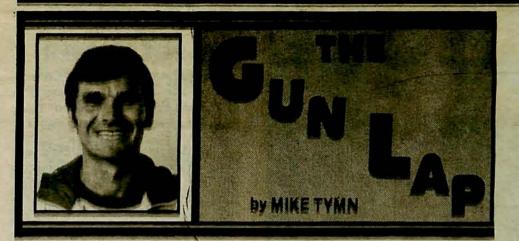
The Masters Track and Field and Long Distance Running Committees will meet from the 5th thru the 7th. Among the topics on the agenda will be rule changes, site selection for national championships, 1986 budgets, selection of 1985 award winners, and more.

Everyone is invited to attend the Convention. Most meetings are open to anyone. Only official delegates, however, may vote at the general meeting of TAC on Sunday, the 8th. Only those people designated by their local Association or national member organization are delegates. (Masters officers are not necessarily delegates.)

Registration is not mandatory, but, for \$50, you get a registration package, plus tickets to a Thursday night social, a Friday Awards Luncheon and a Saturday night banquet. A registration form is printed on this page.

The complete schedule of Masters meetings will be published next month.

National Masters News



Climbing Mountains

Need a break from running, jumping or throwing? Looking for an alternate or substitute sport? You might consider mountain climbing.

Some people can get too much of a good thing. Take Kent Davenport, for example.

He's a successful 38-year-old physician and orthopedic surgeon living and practicing in Honolulu, Hawaii, one of the great vacationlands of the world. His abode is a plush two-story bachelor pad on the lower slopes of Diamond Head in the elegant Kahala district.

He need not walk more than a couple of blocks to reach sandy beaches and blue ocean to pursue his windsurfing hobby. And he has a clean, quiet, well manicured neighborhood to train for another pastime, distance running. (He has a 2:40 marathon to his credit.) He has the money and means to live a very Epicurean existence, to do just about anything he wants.

So what does Davenport do for a vacation? He flies thousands of miles to Peru and heads for the backcountry, riding in antiquated buses and cattle trucks over dusty, rocky roads, then hires pack mules to take him even farther. Finally, he sets out to climb a treacherous, forbidding mountain far from civilization, risking injury and even death.

Davenport, just recently back from climbing to the 21,785-foot summit of Yerupaja, the third highest peak in the Western Hemisphere (after Aconcaugua in Argentina at 22,800 feet and Huscaran, also in Peru at 22,200 feet), laughs and shrugs at the paradox. "I've had people ask why someone would leave Hawaii to go climb mountains. I just tell them it's something I like to do."

No novice when it comes to either icy Alpine climbing or dry rock wall scaling, Davenport made an attempt to reach the summit of Yerupaja in 1982, but abandoned the effort at about 20,000 feet.

"It's the only peak we haven't been able to climb," he says, mentioning Matterhorn, Mount Blanc and other peaks in Europe, South America, Alaska, and the Continental U.S. among his conquests in 12 years of climbing. "We felt we should give it another try."

The other half of the "we" is Davenport's long-time friend Mike Graber, a ski instructor and photo journalist



Why is Kent Davenport smiling? photo by Mike Graber

from Southern Calfiornia. "Actually, he's just sort of a free-spirit," Davenport offers with a chuckle.

The month-long journey began for Davenport with a flight into Lima, the capital city of Peru. From there it was a ten hour bus ride to Hauras, followed by another eight hour bus ride to the town of Chiquian. The second bus was shared with sheep, pigs, piles of lumber, and sundry other articles of commerce. The bus would make frequent stops to allow merchants to peddle their wares. That was relatively comfortable compared to the return trip when Davenport and Graher elected not to wait an extra day for the bus. Instead they stood on a plank behind the cab of a loaded cattle truck the entire way.

Chiquian was the end of the road. There, Davenport and Graber hired some burros, along with a burro driver, to continue the journey another full day to the village of Llamac, the site of an ancient Spanish silver mine.

In Llamac, Davenport made what could be an important medical discovery when a village woman introduced him to a "snake oil" remedy — a live snake in a bottle, from which a little water would be poured to heal wounds.

"It gives me something to talk about at the next medical convention," Davenport says, laughing.

From Llamac, at 9,000 feet elevation, the two adventurers and their burro driver companions spent another day climbing to 13,000 feet, where they set up their base camp near a small lake. The burro driver was then sent back to Chiquian with instructions to return some $2\frac{1}{2}$ weeks later when Davenport and Graber would be ready to return to civilization.

Over the next four days, Davenport and Graher made seven round trips from the base camp to the foot of the glacier at 17,000 feet, transporting 50 pound packs of food and climbing supplies. Each hike to the glacier took around five hours up and two hours back to the base camp.

During this period, Davenport and Graber encountered French, German, and New Zealand climbers. The French had been forced to turn back when one of their group fell to his death. A Belgian climber had died of altitude sickness the week before their arrival, they were told by one of the groups.

Davenport also suffered from altitude sickness at 20,000 feet as he and Graber slowly made their way to the summit. That caused them to return to their camp at the foot of the glacier, taking around ten hours for the round trip.

"It's one of the risks in mountain climbing," Davenport says, referring to altitude sickness. "Many climbers spend a couple of months in the area slowly acclimatizing before going to the higher elevations. Mike had been down there climbing some other peaks for a month or so before I arrived, so he was pretty well acclimated. But I didn't have time for that Besides, I had always been able to acclimatize pretty well in the past."

The two climbers waited another three days before setting out again for the summit. They elected to take the shorter-but-steeper direct route up the face of the peak. After climbing for 16 hours, using ropes, ice picks, and other equipment, they found a small ice cave at 20,500 feet and spent the night in it. From there it took another ten hours to reach the summit of Yerupaja.

"We got to the summit at sunset, but it was snowing, the wind was blowing; it was really cold and we were pretty tired," says Davenport. "We knew we were in trouble, so we just took a few pictures and started back down. I'd have to say that the trip back down to November, 1988

the ice cave was the most difficult part of the whole climb as it was touch and go for awhile."



Envergent an Mr. Versignit

Finding the ice cave scalin on the way back down. Devenport case, was the most satisfying part of the entire clumb

"It's going back down from the summit that most climbing accidents happen," he says. "We were facing to get back before the storm got worse and we weren't quite sore we could find the ice cave again. It was a real relief when we did locate it "

Buring the descent, Davenport experienced another of the perils of Alpine climbing, frostbite. Even after returning to Honolulu, he was still doctoring his toes from the effects of the 10-below zero temperatures at the summit.

Davenport says his fascination with the mountains is probably the result of growing up near the south shore of Lake Tahoe among the Sierra Nevadas.

¹¹You see all those mountains around you and you just get the urge to get to the top of them.¹⁷ he muses.

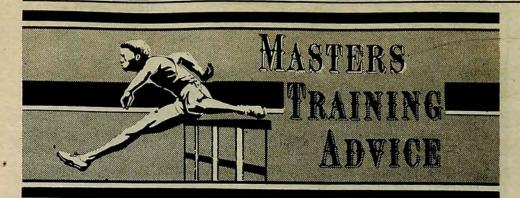
As for the risks, Davenport says that one has to learn to recognize and deal with them.

"You have to know the mountains, where the avalanches are, what the rules are, and what you can get away with," he continues. "You have to work as a team and move quickly. You try to minimize the risks. That's what makes it a sport. It's like any other sport. You gradually try to seek your limits."

Back in the comfort of his home, Davenport has no immediate plans for his next climb.

"We pressed our limits on this one," he says. "I'll wait awhile before thinking about another climb."

page 6



Weight Training For Masters

by JAMES E. GLINN, R.P.T.

Editor's Note: The author is a Registered Physical Therapist specializing in the treatment of musculoskeletal injuries. He began Masters Track & Field this past summer following four years of participation in triathlon and ultrarunning competition. (He is a finisher in both the Ironman World Triathlon and the Western States 100 Mile Endurance Run). Through application of the following weight training program, he improved his shotput (16 lb.) from an early season best of 37 feet to over 44 feet and his hammer throw (16 lb.) from 110 feet (Irvine Masters Meet) to over 142 feet (Masters Nationals at Indianapolis). He is the author of several publications, including one on triathlon injuries. Inquiries regarding the following article may be addressed to: Jim Glinn, R.P.T., 3941 San Dimas #102, Bakersfield, CA 93301.

A s a newcomer to Masters Competition, it is obvious to me, as a physical therapist, that most competitors in the weight events would show more improvement if they dedicate themselves to an intelligent weight-training program. One problem the Masters athlete has is lack of time. Most would rather practice their event(s) than spend time at a health club or gymnasium. With this in mind, I recommend the athlete begin by purchasing the following equipment:

1. Barbell bar and weight plates - 200 lbs. or so to start. Olympic style bars and plates are best, but other less expensive types will do.

2. A good quality heavy duty bench with overhead support rack.

3. A squat rack.

4. A set of adjustable dumbbells (optional).

These items may be kept in a basement, garage, spare room or merely in the backyard.

GETTING STARTED

You are now ready to begin weight training. While these are many books on the subject, I strongly urge you to first seek expert personal instruction in how to execute the following exercises. Fitness instructors may be found at your local YMCA or health clubs. Some instructors may try to coax you into joining their organization. While rows of gleaming machines may appeal to you, there is no better way to develop the power necessary for shotputting, discus throwing or hammer throwing than free barbell and dumbbells. The drawback to using these free weights is there is a better chance of injury (compared to machines) if common sense does not prevail.

Masters athletes are also more vulnerable than their younger counterparts. Avoid maximum efforts. If you do decide to join a commercial fitness facility, be certain it has free weights available as well as machines.

Fall and winter are good times of the

year to begin a weight program because the outdoor meets are over, and bad weather drives most of us indoors. The following program consists of three periods. While designed with the weight man/woman in mind, because the program develops most of the major muscle groups, it will enhance performances of all track and field performers (distance runners could decrease the leg work and use lighter weights).

PREPARATORY PERIOD (3-6 weeks)

Monday, Wednesday and Friday:

1. Warm-up stretching - 10 minutes

2. Bench Press - 3×10 with a comfortable weight

Seated Behind the Neck Press - 3 x
 with a comfortable weight

4. Power Clean - 3×5 with a comfortable weight

5. Squat - 3×10 with a comfortable weight

Hints:

• Do not overdo with heavy weights.

• Use proper technique.

• Be sure to breathe during all movements.

• Do not lower the thighs lower than parallel to the floor while squatting.

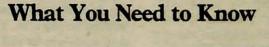
• A training partner helps to motivate, coach proper technique and "spot" while you lift.

• As your strength increases, add a little more weight to the bar. \Box

(to be continued next month)



Gaylon Jorgensen, 56, of Provo, Utah won the age 55-59 title in the Twin Cities Marathon in Minnesota on October 6. His time of 2:35:42 also placed him 13th in the special age-graded competition, earning him a check for \$750. photo by Bruce Bispang



TRACK & FIELD BOOKS



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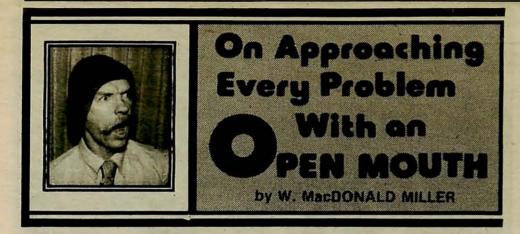
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November, 1985



Remembering Fall

I f you live in the big bread basket of this land as I do, your life takes on great anticipation each fall when the days start getting shorter and people on the radio begin counting the days left until Christmas. Ah yes, anticipation that no matter how much planning and talking you do about the vacation in Florida, you, your loved ones, as well as your family, will spend a good deal of the next four months ass deep in a white fungus with a better than even chance of having some appendage (hopefully, non essential) frostbitten. Believe me, if you think a goosebump is meaningless, you're wrong. Anti-freeze, weather stripping — it's really a whole fun happening.

Fall also brings football, Halloween and something that still gets the old adrenalin pumping (albeit somewhat weaker) - marathon season. Everyone should know by now, the time to run a marathon is in the fall. You've had all summer to train and, in the midwest, if you've lived through the heat and humidity on a diet of 10 K's, a marathon will seem like a cake walk. Everywhere, people seem to get ready over the summer and "hit one" as we say, in the autumn. Many of the really big marathons are in the fall, Chicago and New York to name two. Never has the Golden Rule been more prevalent: "Them with the gold makes the rules." That doesn't necessarily make them wrong. I just read Howard Cosell's book and make no mistake, he's a pompous guy who loves to use big words. I still came away feeling the same way I've always felt - he's 99% right! Professional sports lower one's I.Q. and the people connected (broadcasters, players, coaches, etc.) are for the most part stiffs.

Back to fall marathons, adrenalin, nubile, supple women and sex. The marathon that comes quickly to my mind was a team effort my wife and I recorded at the Honolulu Marathon a few years back.

It was a second honeymoon type thing with rough edges. What do I mean by rough edges? The three kids with us in a single room at the Travelodge for openers.

Throw in all those other morons who were always calling to see if we wanted to carbohydrate load or take an easy 3 or 4 and we had more privacy back when we lived with her folks in the trailer house.

The race was still beautiful. We didn't actually run together because at about the eight mile mark I made a serious combination statement about "paying the price, making it hurt, when the going gets tough the tough get going, etc." and abandoned her totally at ten. It worked out alright in the end because our daughter was standing on the course at the half way mark and joined her mother for the rest of the run.

They counted steps, chatted with one another, took in plenty of water (one must hydrate), and in general, had a wonderful time.

I was flying up Mt. Fuji or whatever it's called, legs churning, arms pumping, running totally within myself with that wonderful feeling that at any chosen moment I could drop it below nines.

Planning one's work and then working one's plan, so to speak. I carried my own fluids, I had my mile splits written on my arm, I was an independent unit, wholly self sufficient and in charge of my own destiny.

Destiny, unfortunately, dealt me a cruel blow at seventeen.

Without the slightest warning I was cut down mercilessly by stomach cramps and was forced to do a diarrhea number between two houses in what I would call a middle class neighborhood — simple lava rock decorations along the driveway with flamingos and windmills in the yards. I was devastated and humiliated.

Many people saw me and, although most looked away as if they didn't see me, they all had that superior look in their eyes. "Nice going, too bad you couldn't break four hours."

I sat there, feeling rather foolish with this sea shell necklace around my neck, stains on my pants and a broken heart about something I wanted so much only to see it all smashed and broken on the big dump heap in the sky of busted marathons.

I didn't know whether to die or eat some more licorice.

I tried to think of slumber parties I'd heard about as a kid. Nothing worked. I couldn't seem to bear the disappointment when, all of a sudden, it dawned on me, it was getting close to the seven



Start of M45 1500, National Masters T & F Championships, Indianapolis

hour mark and my wife hadn't finished yet.

I bolted upright and tried to sort out the possibilities. Getting a shell necklace, of course, was out of the question if she didn't get in under seven hours.

I might have to use the old, "she went off course" routine on the race director. I'd made reservations for five for dinner at the Spaghetti Factory at 8 p.m. I'd have to change that, there might just be four.

My head started to spin with all the damn last minute details I'd have to try to remember — hotel key, rented car keys and no doubt a million other things. What I couldn't know, of course, is at the 22 mile mark, there's a guy passing out orange juice in front of his house, and wife and daughter graciously accept. The obligatory, "Where you from?" "Chicago — so are we, my wife and I have been out here for six years, Betty, these people are from Chicago! Come on in, I've got fresh coffee and some blueberry muffins newly baked."

By the time they show pictures of their grandchildren back in Illinois and the blueprints of their new house in Maui (too much leather and furs in Honolulu), a couple hours got away.

Eventually, they made it back on course and finished in 6:57 and change. As long as I live I'll never forget the feeling I had when I spotted my wife and daughter coming down Diamond Head and striding for the finish line.

I sobbed without shame, and at the same time, beamed with pride. I held her close and, after 26 miles, 385 yards in 80 degree weather, almost seven hours of running, sweating and streaked with salt, a mother of four, a wife of 25 years, as God is my witness, she smelled like a blueberry muffin.

Later that night in bed, it was beautiful. A bright full moon, each of us wearing our shell necklaces but, at the same time, a streak of independence on each of our parts — she wore Tiger Marathoners but I stayed with my Brooks Avengers for a damn good reason — they're the best shoe made if you wear an orthotic.

There are other things to do in the fall; apple picking, winterizing your car and so on. Me, I always get around to thinking about marathons, past and present. \Box



thrilling finish, Billups out-leans Heffernan for the M45 1500 win in 4:09.86. Photos by Gretchen Snyder



Ivor Welch: In a Class By Himself

n a sport which measures one's ability to outlast others, Ivor Welch is at the very front of the pack. You could say that he is in a class all by himself. When you're 90, as Welch is, most of the competition has died off or at least gone into severe oxygen debt. Welch, however, maintains a steady pace and shows no signs of faltering. He moves along with the stoutness of a man 30 years younger and speaks with the sharp assertiveness of a young lawyer.

A resident of Pacifica, California, just south of San Francisco, Welch got a late start in running, taking it up when he was 83.

"Well, that's a rather long story," he says, when asked what prompted him to begin running. "I've always been active. I've been a hiker, hunter, backpacker, walker, fisherman, roamed the hills, that sort of thing. But I was never competitive and I'm not a sports fan. After my wife died in 1978, I used to take long walks and I became conscious of the fact that a lot of people were running. So I wondered if an old man could run. I began by running a few steps, then walking a few to begin with. Then I got a physical clearance and gradually increased my run, decreased my walk."

Carrying 164 pounds on his 5-6 frame, Welch, who can double for Colonel Sanders of Kentucky Fried Chicken fame, worked up to 50 miles a week and cut his weight to 135.

"But ordinarily my run was between 25 and 35 a week, usually four days a week," he continues. "I'm not doing quite that now, but I'm doing enough to keep me in condition."

Welch has run five marathons, three or four half-marathons, and more 10-K's than he can remember. His best marathon effort was a 5:40:10 in the Avenue of the Giants race and his best 10-K a 1:11 in the Great Race at Stanford University. Those times were recorded in his peak running years of 1982-83. And, he is the oldest man to have run the Pike's Peak Marathon.

"I have no hard and fixed rules for training and I don't pay much attention to my training time," Welch goes on. "There's no point in it. I'm not fast enough to beat anybody and with a few exceptions I always win my division. I just run for the fun of it."

Welch says that he has experienced some minor foot and knee problems but no significant injuries.

"I haven't pushed myself," he explains. "I realized that even at 83 to 85 I was too old to attempt to beat younger people."

Born in Troy, Missouri, Welch moved to San Francisco in 1934 and worked for the federal government in various office and procurement positions before retiring with 35 years service in 1969. Although he had a bout with tuberculosis 60-70 years ago and also had some ulcer problems during the late 60's, Welch has had no health problems in recent years.

"I eat everything," Welch responds when asked if he has a special diet. "Actually, I guess you could say I'm a semi-vegetarian. I eat meat occasionally, but most of my diet is fruit,



Ivor Welch, left, poses with Dr. Paul Spangler, 86, after the Diet Pepsi 10-K in San Mateo, Calif. last year.



Don Paul, 34, placed 3rd in the 30-39 group in 31:05 in the PAC/Sun 10K in San Francisco. Paul is circulating a statement which opposes any ban of South African citizens as individual competitors in road, races sanctioned by TAC (TAC recently issued a memo stating that its policy is to ban South African runners from TAC sanctioned races). If you wish to sign the statement contact Paul at 1852 Stockton, San Francisco CA 94133. Send a SASE.

vegetables, and cereals. I've been diet conscious for 20, 30, 40 years, I guess. My weight is up around 145 now because I'm not running quite so much as a few years ago. When it gets a pound or two over that, I begin to cut back a little on the intake."

Welch says he has "no new worlds to conquer" in the near future. He's content to run with the Dolphin South End Runners on weekends and put in 20-25 miles a week of training. When he's not running, he's reading or writing poetry.

"There's always something to do," he concludes. \Box — Mike Tymn

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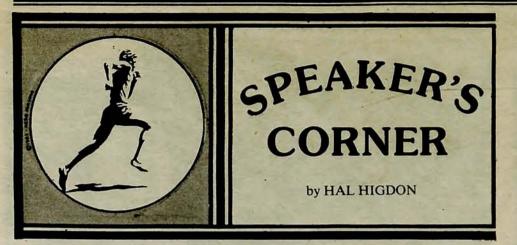
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Coming Back From Injury

t's hard to run with a broken leg. That sounds like the title of a song the Mills Brothers might have sung back in the '50s, but actually it was my theme song this summer. Between the World Veteran Games in June and the TAC Championships in August, I broke my leg. Nevertheless, I competed in the latter meet, running three races in three days, even set an American record.

Well, it wasn't actually a **broken**, broken leg with bone chips sticking out of the skin and blood oozing from the wound. It was a stress fracture. And I can't take much credit for the record, being only one of four members of an Indiana 4x800 meter relay team, and far from the fastest either.

Still, I was able to compete after four weeks layoff, having resumed running barely ten days before the TAC meet. Perhaps there's a lesson here for us all.

The stress fracture occurred mid-

Six Tips for Surviving Injury

1. Get good medical advice early. Don't cheap out. Seek help from a competent sportsmedicine specialist when the injury occurs.

2. Determine the cause of the injury so it won't happen again. Most people injure themselves by overtraining. Excessive and/or sudden stress is usually to blame. Keeping a diary, and understanding it, may be your best preventive medicine.

3. Accept your injury stoically. It's not the end of the world. What other activities can you attempt to compensate, as well as raise your spirits?

4. Maintain your cardiovascular conditioning with altérnate activities. Bicycling, swimming, walking are examples of exercises to keep you from falling out of shape during the recovery phase.

5. Maintain, when possible, your strength conditioning with specific exercises. Running in water, for example, does a good job of mimicking regular running. But beware of overdoing it and retarding your recovery.

6. Plan for your return. Once recovered, how are you going to return to your previous level? Get out your calendar, a pencil, and design a logical training plan.

July at the end of the Trans-Indiana Run, about which I wrote in the November issue of **The Runner**. Ten runners, including myself, ran the length of Indiana from the Ohio River to Lake Michigan, 350 miles, over a period of ten days. It was a run, not a race, but midway through the final day's run, I felt a twinge in my right leg. My right ankle had been swollen for several days, and I had been using ice and aspirin to survive.

I slowed for several miles, but finished the run hard, feeling reasonably good. When pain persisted on Monday the next day, I saw my podiatrist, Dr. Mann Spitler, who diagnosed me as having a stress fracture of the tibia, the main bone in the lower leg. He recommended that I not run for four weeks.

With a triathlon in which I wanted to participate coming up and the TAC meet in my home state, I could have cried and moaned and pleaded for mercy. But with earthquakes in Mexico, famine in Ethiopia, and riots in South Africa, who cares whether or not a 54-year-old jock can't run for a month?

I'm convinced, along with Norman Cousins and others, that the mind can have as much effect on healing the body as medicine. And even if that's not true, thinking so makes life more bearable. Do I get depressed every time I hear Norm Green has set another 50-54 record? Yes, but that's another story.

Instead of moping a month, I used my injury as an excuse to pursue alternate activities to maintain my level of physical conditioning (which wasn't that high even when I got hurt). Dr. Spitler said I could do almost anything as long as I didn't run or put pressure on the injured leg. Cycling was okay, so was walking, as well as exercises for the upper body. Fine, let's have fun.

The day after the diagnosis, Tuesday, I did ten minutes on my basement exercycle, also four sets of 100 reps at a low weight on a *Total Gym*, a benchand-pully machine that I find very useful for upper-body, aerobic conditioning. Wednesday, I added a second

ten-minute exercycle session and mowed the lawn. Thursday a third set of ten, adding situps. Friday was an exercycle stress test at Porter Memorial Hospital, part of a study we did for Trans-Indiana. Saturday, I moved to the waters of Lake Michigan in front of my house, walking in chest-deep water. For previous injuries, I have run in deep water to recover, because the water's buoyancy removes the stress while permitting you to at least mimic the running movement as you obtain a cardiovascular workout. I'm lucky to live near a lake that is swimmable several months of the year, otherwise I would have need to go to a swimming pool.

Dr. Spitler had said swimming was all right, but I was wary that flutterkicking my legs, even in water, might overstress my legs. On Sunday's diary page after a workout that consisted of two 15-minute exercycle sessions, *Total Gym* work, plus walking and jogging in water, I noted: "Leg hurts: I may be pushing too fast."

Eventually the leg ceased hurting and by the end of the next week I added a mile walk in the morning. Gradually I increased the distance of my walks to a half dozen miles, then the pace, moving as a racewalker might. Several racewalkers at TAC in Indy noted with surprise I had entered the 5,000 meter walk. That was because I figured that whether or not I could run at TAC, at least I could walk, strolling around in an outside lane as an excuse to be at the meet and be part of the action.

By early August I was both swimming and running in the lake, also cycling on the roads instead of in the gym. On Tuesday, August 13, I saw Dr. Spitler who cleared me to run. I celebrated the next morning by jogging lightly on the golf course, a half dozen sets of 130 yard jogs, walking between, not more than a mile total workout. I jogged again on Friday and Saturday competed in the LaPorte Triathlon near home. I surprised myself by being able to race sub-6:00 miles during the final 3.5-mile running stage.

I ran some more the following Monday, then rested three days before racing at the TAC championships in Indianapolis, selecting the shorter distances partly to protect my leg, partly to protect my ego. I knew I wasn't going to get lapped running 800 and 1,500 meters. I didn't race well, but at least I raced.

What is the message in all this? One, injuries are inevitable when we do foolish things such as push ourselves, in training or competition, beyond our abilities. Two, there is no sense, at our age, taking injuries all that seriously; there's always another age group to slide into and another race or meet a year or two down the road. Unlike Olympics, world championships come every two years. National championships, at least in distance running, occur miscellaneously around the year. Three, an injury can become an excuse to try alternate sports and activities which we otherwise might miss because of our obsessions for maximum performance. The fourth and maybe most important message is to relax and let the world turn.

Hal Higdon, Senior Writer for The Runner, holds the American 50-54 record for the 800-meter chest-deepwater run.



Harold Niebel, 71, Maryland, Arling Pitcher, 81, Indiana, and Karl Trei, 76, Canada (left to right) each set a world record for their age group in the 80 meter hurdles at the 1985 National Masters Track and Field Championships, Indianapolis, Ind.

MASTERS MEDICAL LOG

•Two new studies support earlier evidence that the fear of arthritis developing in longtime runners is exaggerated, Joe Henderson reports in Running Commentary. Dr. Richard Panush's research at the University of Florida matched middle-aged men who'd averaged four miles a day for 11 years against non-runners the same age. Degeneration of the knee joints was more pronounced in the group that didn't run. Panush also measured losses of cartilage in the hip, another sign of degeneration, and found the runners again scored slightly better. A study of runners and non-runners 50-and-older by Dr. Nancy Lane at Stanford University reported "no significant difference" between the groups in cartilage loss.

•In 1978, doctors told Dick Molen, then 47, that he would be dead in a year from cancer of the lymph system. Molen decided "to fight it then and there." He took up distance running and weight lifting and adopted a fruitand-vegetable diet. He also underwent five operations and radiation treatment and, in nine months, tests showed the cancer was gone. "The doctors were flabbergasted," he said. He went on to marathoning, finishing Boston in 2:51. The Carmel, Calif. resident recently ran 26 miles of the Great Wall of China in six hours. Molen says his story will soon be a Hollywood movie. "Just because some doctor says you're going to die of cancer, don't take it at face value," he says. "Do something about it."

•The traditional method of treating sprains, bruises and muscle pulls is to apply ice immediately and follow later with heat. But Dr. William Haskell, president of the American College of Sports Medicine, now says to stay with ice in nearly all cases. Haskell says moist heat was thought to stimulate blood flow to injured areas to promote healing. Now it's agreed that increasing the blood flow to an injury in the first few days actually may delay healing. "Simply applying ice packs does a better job of dulling pain, slowing circulation and reducing internal bleeding and swelling than switching to heat treatments," he says. "Heat can be used after several days for rehabilitation."

· People who drink occasionally have healthier hearts than teetotalers, reports Dr. Arthur Klatsky, Oakland, Calif. cardiologist. The results were drawn from about 100,000 patients who took physicals at Kaiser-Permanente Medical Center in Oakland from 1978 to 1982. Those taking one or two drinks a day cut their coronary risk by 40 percent, Klatsky said. Those taking three or more drinks a day cut their risk by 50 percent. Klatsky cautioned, however, that heavy drinkers also have higher blood pressure, higher liver disease and accident rates. "Exercise, not smoking and staying thin are more effective ways of reducing cardiovascular risk," he said. Researchers don't know why the results showed drinkers have less coronary risk. One theory is that alcohol affects blood platelets in a way that makes vessels less likely to go into spasms or develop clots.

• Jim Fixx, Jack Kelly, Frank Gleiber and others have died while running. Is running dangerous? "No," says Dr. Kenneth Cooper. "People who die while running do not die because they are running, they die because they have heart disease." **Running & Fit News** reports "running is, in fact, one of the safest sports in which you can participate. In a report on 2,606 sudden deaths in Finland, only 22 were associated with sports — two with jogging, or 0.8%. According to this study, more people died while sitting in a sauna than while running."



Continued from page 2

W50 mark, according to my information. No mention was made of this, nor do the 80-meter hurdles get listed in the Masters Age Records book. Why isn't this event listed?

Bruce McPhail

Canterbury, New Zealand (WAVA Records Chairman Peter Mundle is programming these marks into the computer, and will publish them as soon as computations are complete. — Ed.)

PUERTO RICAN PARTICIPANTS

I object to Puerto Ricans not being classified as U.S. athletes in Masters competitions. Masters are individuals and should be classified according to their citizenship. Puerto Ricans are U.S. citizens. I fought in two wars for our democratic way of life, am a retired U.S. Army Major, and my only passport is U.S.

I was thus the only U.S. citizen who won six medals in the World Games in Rome but was not listed among the



John Hartfield, M40, of Texas, clearing high jump bar at 6-7, for new meet record at the National Masters T & F Championships, Indianapolis. Photo by Gretchen Snyder

American medal winners. Neither was Teofilo Colon, Ovido de Jesus or Jose Ubarri, who are also U.S. citizens.

Is there any prejudice against us? Granted, Puerto Rico competes as a separate country in the Olympics, but that is completely different, because Masters pay their own way and are not subsidized by the state. We Masters here do not belong to the Olympic Committee and are very sad when our U.S. citizenship is not recognized.

> Gilberto Gonzalez-Julia San Juan, Puerto Rico

HOW TO RECOGNIZE THE SYMPTOMS OF BLOCKED ARTERIES

My thanks to all my track friends around the country who signed a getwell card to me at the recent Nationals in Indianapolis, and those who sent cards or wrote separately. About a month after the World Games, I was discovered to have a 90% blockage of the right carotid artery; it was operated on Aug. 9 and I started easy running again about two weeks later. "When it's fixed, it's fixed," said Dr. Norm Hertzer of the world-renowned Cleveland Clinic.

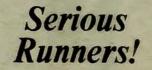
Since the question most people ask has been, "How did you know something was wrong?" here's how:

Back last winter, I had begun to feel very slight, scarcely noticeable moments of lightheadedness—not dizziness at all, but that "just got off an elevator" feeling, and very, very slight, occasional headaches—both only while sitting quietly. Running never produced any symptoms whatsoever, and my general health and fitness level was extraordinarily good, except for the usual athletic injuries.

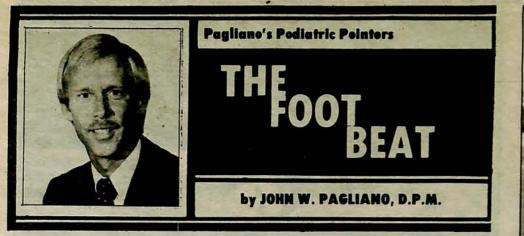
About two weeks after I got back from Rome, sitting peacefully at the table on a Sunday morning after breakfast reading the paper, I suddenly felt as if a switch had been thrown: my ears rang slightly and I felt a frighten-

ing surge of adrenalin through my body, like you would if you'd just had a close call in your car. My hands shook slightly; the feeling was terrifying. I'd been taking some medication (enzymes) for a sore achilles tendon, and my first thought was that I might be having an allergic reaction, though I'm not allergic to anything that I know of. I was alone and called a friend who came immediately. In the meantime, feeling as if I might pass out before he got here, I'd written down everything I'd eaten, including vitamins and medication. After some hours (in the meantime debating whether I should go to the emergency room), the feeling passed; we went for a walk; I did my usual Nautilus workout. Training was as usual the following week; I discontinued the medication.

Four days later sitting in the airport waiting to fly to Texas as visiting poet at a writers' conference, I had the same symptoms again, though not so intense. I got on the plane wondering if I had the flu but thinking that whatever it was, was more serious than that. The four days in Texas were OK, but the day after I got home, I was feeling "wrong" enough—lightheaded, fearful—to go to a local internist who needed only minutes to discover what Continued to page 12



Men & Women Sprinters, Hurdlers, 800m-10,000m Runners and Road Running Specialists (national, open, and masters level athletes) seeking world-class personal coaching in a "team atmosphere" in the Santa Monica area, contact Skip Stolley, USA WEST Track Club (818) 787-4377.



O one of the most common questions asked a veteran runner is 'aren't you too old to be doing this?' I always like to reply, I might be too old to cut the mustard, but I still like to lick around the jar.

We have been told that Masters Athletes, due to aging processes, slow down and become more prone to injuries. Those older guys shouldn't be running with the younger guys. They are too slow and they get in the way.

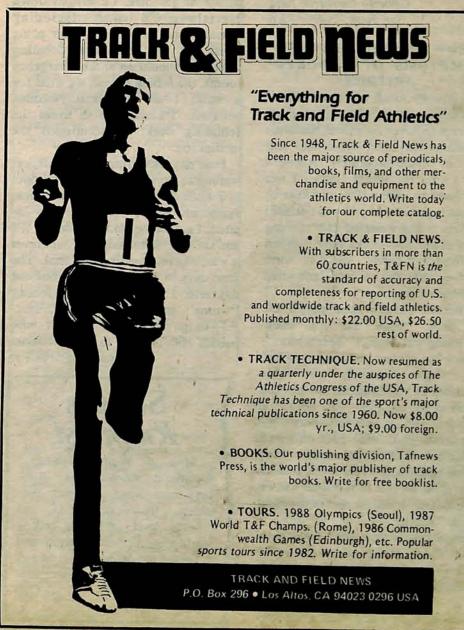
With this in mind, we went back through our athletic survey of long distance runners and pulled comparisons between those athletes under 40 and those athletes over 40. Our main interest was to see if there is a higher rate of injuries among older long distance runners, and if so, what was the predominance of these injuries.

We used 3,000 clinical cases seen between 1981 and 1984. 1648 clinical cases were pulled at random in order to compare injuries with age category. We broke the injuries down into six major diagnostic categories: These include (1) foot, (2) ankle, (3) lower leg, (4) knee, (5) upper leg, (6) hip and lower back.

We also looked at other factors such as gender, type of training, shoe types, training methods, weight and heights, among others.

Well, we found that older runners (those over 40 as compared to those under 40) had a disproportionately high number of foot and hip-lower back injuries relative to expected values. But, younger runners had a disproportionately high number of lower leg and knee injuries.

We did have one factor that may have thrown our figures off slightly





California's James Glinn, M40, deep in concentration just before launching shot at TAC National Masters T&F Championships, Indiana. Photo by Gretchen Snyder

and that was the different proportions of males and females in the age groups. There are more under-40 women runners than over-40 women runners. In fact, we found that there was a greater chance for under-40 women to get injured than over-40 women. So perhaps, there may be a gender related incidence of running injuries. We will discuss this topic in a future issue.

We also found that younger runners can run more miles per week relative to older runners. Younger runners also reported a greater tendency to run combined interval-distance training.

However, our conclusions from this study were favorable for the veteran athlete. Although veteran athletes tend to get more lower back-hip and foot injuries, and younger runners had a higher rate of lower leg and knee injuries, the fact remains that there are many more similarities than differences between younger and older runners.

So, statistically speaking, there is still hope for us veteran athletes. \Box

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)



Marie Barilone, Masters women's winner, Run For My House 4 Mile, Deland, Fla., September 14, 26:10.

Write On

Continued from Page 11

he presumed to be the blockage by listening to the blood flow through the carotids. Hospital tests the next day proved him right; I was operated on three days later.

Other than the stark terror of the few days between discovery of the problem and the operation (I felt like a walking time bomb) the main problem after surgery has been the stark terror of continuing to be lightheaded (not unusual but I didn't expect it) and developing severe anxiety bordering on hypochondria as I monitored every bodily sensation and translated it into something life-threatening (also not unusual, I've learned, in post-op patients after major surgery.)

The mental devastation following the discovering sent me into shock and kept me there for a while. After 35 years of non-stop training and competition, (on a national level since 1958 and locally since 1949) and never having a serious health problem before (I think I've missed 3 days in 17 years of teaching) I wasn't sure I could handle



Grace Butcher, 52, (r), with Ruth Anderson (I) and Gretchen Snyder. In this month's "Write-On," Butcher describes the sequence of events leading up to a 90% blockage of her carotid artery, and offers insight on how to recognize the symptoms.

the damage to my self-image and the fright at what could have happened. Running, again, so soon helped a great deal, but I've had to get some counseling; anxiety about what had happened? Might happen? Anxiety about the anxiety? It makes hard **physical** training seem easy.

There's no known reason why this happened; my cholesterol count is low; so is my blood pressure, and I've always been thin and fit. There's no family history of arteriosclerosis that I'm aware of. But instead of being a top candidate for a stroke within two years, I'll probably be at the World Games instead. I was very moved by hearing from so many of my friends. Thanks, everyone! And the next time you have a physical, be sure the doctor listens to your neck and not just your heart! Grace Butcher



November, 1988





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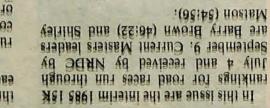
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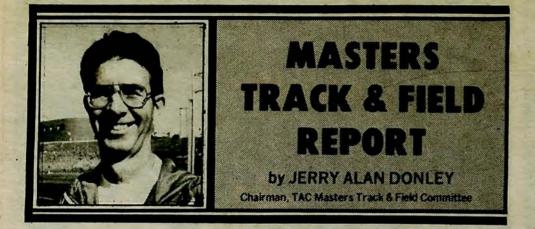
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Barry Brown

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National Masters News



A fter returning home after the National Outdoor Championships at Indianapolis, I felt quite concerned that, despite one of the outstanding fields of Masters competitors, despite the fact that Indianapolis is the "amateur athletic capital of the United States," and despite the fact that we had some of the outstanding meet administrators supervising and directing our meet, we were unable to achieve any significant publicity.

To my knowledge only two articles were published by Indianapolis newspapers concerning the meet, and those dealt with individuals. I was unable to locate any meet results.

Accordingly, after I got home, I impulsively wrote a letter to the Sports Editor of the Indianapolis Newspapers, Inc., the only newspaper which, to my knowledge, had given us any publicity. I neither anticipated nor did I receive any response to this letter, and I have no idea whether or not it was published. But, for what it is worth, here is what I presented:

Editor

Sports Section Indianapolis Newspapers, Inc. P.O. Box 145 Indianapolis, IN 46206

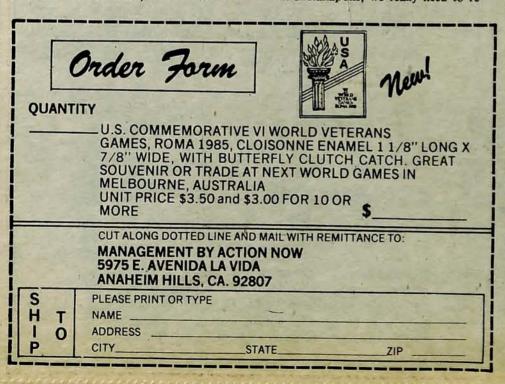
Dear Editor:

On August 23rd, 24th and 25th the Masters Track & Field Committee of the Athletics Congress of the United States of America sponsored its National Meet which was run at Indianapolis. Between 800 and 900 men and women, between the ages of 30 and 85, participated in a massive National Championship. The facilities of course were excellent, and the caliber of athletics was outstanding. We felt we provided the community of Indianapolis with the finest Track and Field athletics in the country between the ages of 30 and 85.

We were concerned that we were not able to share our talents, skills, and fellowship to any significant extent with the community. Although there were other very outstanding sports activities going on in Indianapolis during this period of time, we were disappointed that coverage of our activities was not reported in more detail.

Inasmuch as your town is one of the most active sports towns in the country, we had felt that if we were ever to achieve a significant level of publicity, it would be in Indianapolis. A portion of this must be attributed to inadequate communication from my level, as Chairman of the National Masters Track & Field Commitee, and I would greatly appreciate it if you could take a moment or two of your time as to how we could have better achieved a level of communication to get the media's attention focused on our activities.

We think we have an outstanding program. We think it is a program that the public in general can get excited about, and when we cannot even achieve that to any significant extent in Indianapolis, we really need to re



think our process considerably. Very truly yours, Jerry Alan Donley

I will appreciate any information or thoughts from any of the membership and participants who can come up with some type of an idea, proposal, suggestions, or directions as to how to achieve a reasonable degree of publicity of our events. We will continue to give this a great deal of thought and direction, although I think a significant amount of the responsiblility must be assumed by the meet director. I will try to work more closely with those individuals in the future to see if we can't better publicize the efforts of many talented athletes who deserve more recognition.

On a different subject, I have received quite a bit of correspondence, and been involved in a significant amount of discussion, largely directed to the hurdles and weight events. There is concern that the weight of the implements should be heavier, rather than lighter (as individuals get older), and that hurdles should be higher and have the longer distances in order to obtain the true measure of a person's capabilities in these events. These questions raise problems that can never be satisfactorily resolved to everyone's satisfaction in any way, shape, manner or form. The elite hurdler wants to run a high hurdle and a long distance between hurdles. The elite weight thrower wants to throw the heaviest implement possible in order to demonstrate the best technique and the greatest strength. Many others who are not up to the capabilities and standards of the top athletes want to be able to compete, learn techniques, and enjoy the fellowship, and perhaps every once in a while the excitement of doing well. Many hurdlers have adjusted their style to accommodate advancing age to a lower hurdle height and the longer distances. Some of the more limber. though not so speedy athletes, have been able to accommodate themselves to a higher hurdle and longer distance, others would like to reduce the height and shorten the distance to be competitive. Age-factored scoring has been advanced as a means by which all individuals could be compared, regardless of the weights they are throwing or the heights of hurdles they are running. However, I have become convinced that though these arguments may persist, they will never be resolved, and could conceivably result in a general divisiveness among Masters competitors.

Therefore, I think the ultimate question that has to be resolved is why are people over 40 out running around in circles, jumping over heights, and throwing heavy weights. The ultimate conclusion has to be that it does give some meaning and purpose in life to us in our advancing age, plus a strong element of fellowship, and an outlet for a competitive spirit, all of which is



Mike Castaneda, M65, California, looks pleased with practice shotput at National Masters T&F Championships, Indianapolis.

Photo by Gretchen Snyder

healthy for the individual. That is the ultimate purpose that the Masters Track & Field Committee has adopted, and will continue to promote. And when we have adopted our rules as to weights, heights, and distances, this has been the overwhelming factor. As long as I am Chairman, I plan to encourage rules which will give us the very broadest participation that is possible and still allow the exceptional competitor to demonstrate his or her capabilities. In that event I am convinced that weights must be lighter for those of us going into older age groups. Hurdles will have to be necessarily lower, and, I am becoming convinced, the hurdles probably ought to be closer together. We have made the changes in the rules very sparingly, and only after much advice and consultation with the competitors in each individual event.

Your input into these problems is very greatly appreciated, and has and will be given, great consideration. Rules are changed at the Athletics Congress Annual Meeting usually held in December. With the help of everybody, and particularly those who are delegates to that National Convention, we'll continue to put rules together which will be to the general benefit of the entire program. Hopefully, our program has matured to a point where the rules will need to be adjusted less frequently.







VII World Games Taking Shape

he dates of the VII World Veterans Games in Melbourne, Australia have been firmed for November 28 thru December 6, 1987.

More than 4000 veteran athletes from 50 nations are expected to attend. "The Victorian State and Australian Governments fully support the Games," says Peg Smith, organizer of the event. "Funding arrangements are presently taking place between the Games organizers and both governments."

Smith says she has already received applications for accommodation for 1500 people outside Australia. "I expect a record number of entries," she said.

In addition to the primary track an eight-lane artificial surface, the State government may make the second track eight lanes wide, instead of the promised six. The facilities for the social aspects of the Games include a grandstand with carpeted cafeteria and bar areas overlooking the track. It also contains special meeting rooms which any country will be able to use for their delegates or regional meetings.

"We'll have an undercover area which will accommodate up to 2000 people," Smith said, "which will be the venue for our final spit roast party, as well as a meeting and information area throughout the Games."

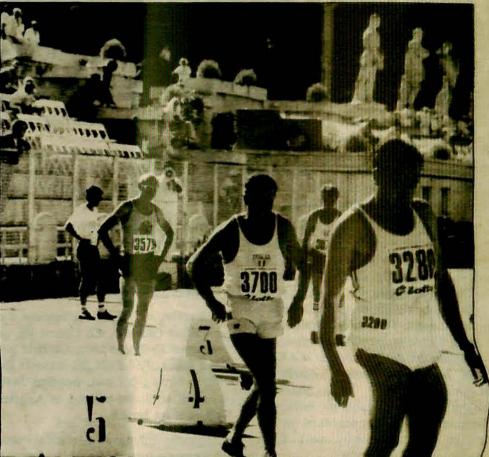
Meet director Ray Callaghan has already worked out three provisional programs. The final one will be decided when some of the variables have been adjusted. He will stage a compressed one-day meeting a year before the Games to give the officials and local competitors a taste of what will be involved under pressure.

Smith has appointed a public relations firm to publicize the Games, and officially launched the promotion on September 10, when the Minister for Sport and Recreation made the official announcement at a press conference.

Australia's overseas airline, Qantas, has agreed to provide air travel packages to Melbourne.







M50 400-meter hurdlers line up for one of seven heats in World Veterans Games in Rome on June 26. 3579, Kes Van Giezen, Holland, (68.60); 3700, Lionello Siddi, Italy, (DNF), 3280, Nicola lannucci, Italy (DQ'd). It took 64.39 to make the finals.

RESULTS AND SOUVENIRS of VI WORLD VETERANS GAMES IN ROME — June 22-30, 1985

The official book of results from the VI World Veterans Games in Rome is now available for \$5 plus postage. Also available are souvenirs from the Games — pure silk ties, foulards (silk scarfs) and bags, all carrying the official design of the Games — in attractive burgundy, orange, pink and green colors.

No.	Item Cost Each	Total Cost
-	Official 1985 World Games Results	Fire
1	Missoni Pure Silk Ties	
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	Bags (10" x 15")	-

Postage — \$2 for the first item, plus \$1 for each additional item

Total

Send international money order to:

Cesare Beccalli

VI World Veterans Games 20147 Milano Via Martinetti, 7 Italy

National Masters News



n this issue are new world and U.S. five-year age-group track and field records for men and women age-35-and-over.

The marks are those compiled and approved, as of October 1, 1985, by World Veterans (and U.S. Masters) Records Chairman Peter Mundle, and the Records Committees of the World Association of Veteran Athletes (WAVA) and The Athletics Congress (TAC).

Herbert Cordwener of West Germany.

That breaks the eight-year old standard

of 4:03.2, set by Holland's Piet Majoor

at the II World Veterans Games in

Another record set this summer was

by Brian Oldfield, 40. Competing on

the open European tour, Oldfield got

off a heave of 69-9 (21.26) in the 16 lb.

shot, bettering his own pending M40

record of 69-7, set in the Los Angeles

Olympic champion Maricica Puica

of Romania turned 35 midway through

the 1985 season, and set a new world

standard of 3:57.73 in the women's

35-39 1500-meter run. That lowered

the W35 mark of 3:58.5, set by

A new official WAVA form has

been prepared for the submission of

age-group or age records to the WAVA

(and TAC) Records Committees. It is

printed on page 22. Meet direc-

Romania's Ileana Silai in 1979.

Gothenberg, Sweden.

Coliseum on June 8.

Missing from the lists are pending world and U.S. records set in: 1) the VI World Veterans Games in Rome; 2) the 1982 and 1984 European Veterans Championships in Helsinki and Brighton, respectively; and 3) assorted other meets. The reason for their omission is that proper documentation has not yet been received by the WAVA or TAC Records Committees. Marks set at the 1985 U.S. TAC National Masters Championships **are** included, because the necessary proofs of performance were promptly sent from Indianapolis to Mundle.

Also missing are records in some new events, such as the 80- and 100-meter hurdles, women's hammer and triple jump, etc. All performances in these events are being programmed into the computer, and the top marks will be published as soon as the computations are completed.

Among the new marks are a 4:01.7 in the M45 1500, set in July 13 by

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, NOV., 1985

ATHLETE(RESIDENCE)	BIRTHDATE	AGE GROUP
JANE ARNOLD (BLOOMINGTON, CT)	11-22-40	45-49
EMMA CHILDERS(US)	11-25-35	50-54
WENDY DAME (EUGENE, OR)	11- 5-50	80 +
JANIE DUFF(LOS GATOS.CA)	11-20-45	40-44
JEANIE JONES(CA)	11-20-35	50-54
LYN LAGRANDER (EUGENE.OR)	11- 2-35	50-54
SHIRLEY MATSON(SAN DIEGO, CA)	11- 7-40	45-49
ALENE PARK(HUNTSVILLE, AL)	11- 1-25	60-64
JEAN PRICE(US)	11- 8-20	
ADRIENNE SALMINI (ALBUQUERQUE, NM)	11-20-15	70-74
JUDY SIMON(LA MESA, CA)	11- 8-15	70-74
JESSIE SMITH(WESTMINISTER, CA)	11- 3-30	55-59
ERICA BRIESNICK(WG)	11-19-40	45-49
CHRISTINE DREWRY(GB)	11-30-45	40-44
ELFRIEDE FALKE(WG)	11-30-20	65-69
AILSA FORBES(NZ)	11-19-10	75-79
ERICA BRIESNICK(WG) CHRISTINE DREWRY(GB) ELFRIEDE FALKE(WG) AILSA FORBES(NZ) ELSE LAINE(FIN) CEDECE CADEV(SAN, DEE CA)	11-25-25	60-64
GEURGE CARTILSAN UUSE, CAT	11-10-45	40-44
TRUMAN CLARK(LOS ANGELES)	11-26-35	50-54
MATHEWS CULLEN(GB)	11-11-00	80 +
CHICK DAHLSTEN(LOS ANGELES)	11- 4-10	75-79
ED DEMARRAIS (NEEDHAM, MA)	11-27-30	55-59
WILLARD FREDERICKSON(S. GERONIMO, CA)	11- 9-30 11-15-20	55-59
BERNARD HOGAN (AUSTRALIA)	11-15-20	65-69
JOSEF JANSKY(CZE)	11-24-40	45-49
RYSZARD MARCZAK(PDL) AUSTIN'NEWMAN(NJ)	11-21-45	40-44
AUSTIN NEWMAN(NJ)	11-21-15	. 70-74
HARALD PALMOVIST(SWEDEN)	11- 4-20	65-69
PAUL SEREGHY (NEW YORK CITY, NY)	11- 5-15	70-74
ERIK STAI(NOR)	11-29-15	70-74
	11-26-25	60-64
ROY WIGGINGTON(CA)	11-30-25	
CHARLES WILLIAMS(GB)	11-15-30	

tors should keep several copies on hand during meets, fill them out and mail them to Mundle if a potential record is set. Athletes can aid their own cause by carrying a copy to meets for officials' signatures.

The verification and compilation of these marks is a herculean effort, done on a volunteer basis, by Mundle, the members of the Records Committees, and the meet directors and athletes who take the time to fill out the forms and send them in. Masters everywhere are grateful for their efforts.



Finland's Eila Hoegqvist finishing 200 meters in 36.54 for 5th place in W60 competition in World Vets Games in Rome in June.



Report From Britain

from ALASTAIR AITKEN

On August 31, Les Roberts of Blackheath Harriers continued to show he is the best U.K. M40 on the track. Civil servant Roberts ran 30:56.2 for 10000m in the G.R.E. Cup Final, leading much of the race, and eventually coming fourth. Two weeks later, Roberts won the Southern Veterans 10-Mile Road Race at Crawley.

Vic Smith is the leading 40-and-over 1500 runner in the U.K. this year. He won the Veterans Mile Road Race in Cardiff on August 25 in 4:23.

Chris Ellis improved his U.K. M40 discus record in July's Southern League Meeting to 49.08 (161-0). Ellis, a psychiatrist, is coached by international Mike Winch.

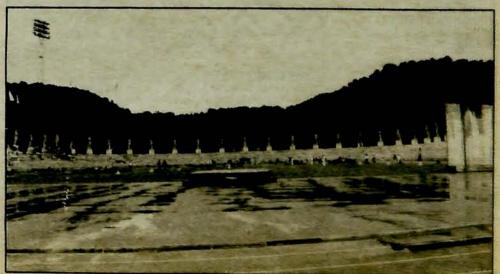
Jim Hurley set a new Irish M45 record at Cork, August 11, with 12.00 for 100m and 24.4 for 200. Taff Davies, 47, was first Veteran in the Epsom Half-Marathon and fourth of 682.

Patriots Relays Held in L.A.

The summer doldrums, post-Indianapolis burnout, and ten-year age groups probably caused the low turnout for the L.A. Patriots Summer Relays in Los Angeles on August 31.

The schedule of running events and relays was scanty, but there was a full schedule of field events, which produced the most notable marks of the day. Michael Saafir of Syracuse, N.Y., won the M30-39 high jump with 6-4, and record-holding pole vaulter Carol Johnston, M70, had a 9-6 top effort. Stew Thomson won three M50-59 throw events: shot put (44-6¹/₂), discus (143-4), and hammer (143-5). Thomson, M50, still throws the 16# hammer in competition rather than the allowable 12# or 6K implement.

Track event results show that Thomas Byas, an open runner, barely beat Walt Butler, 44, 11.5 to 11.6 in an invitational 100m race, while Alan Cranston, Democratic Senator from California, finished third in 17.1, but in the invitational 200, Cranston beat Byas, 37.1 to 37.6. Draw your own conclusions.□



Marmi Stadium after rain during VI World Veterans Games, Rome.

Photo by Gretchen Snyde

WORLD TRACK & FIELD AGE-GROUP RECORDS

Compiled by Peter Mundle and the Records Committee of the World Association of Veteran Athletes (WAVA) through performances verified as of October 1, 1985

MENS WORLD FIVE YEAR AGE GROUP RECORDS

Association and	RED TIVE TEAM AGE GROOT	Lec	
100 YARDS DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 9.6	CLIFTON BERTRAND (TRINIDAD, BRONX . NY)	36 42	6- 8-72. 7-13-74
40-44 9.8 9.8	THANE BAKER(DALLAS, TX) PERCY KNOX(EDWARDS, CA)	42	7-11-75
45-49 10.0	THANE BAKER (DALLAS, TX)	46	5-27-78
50-54 10.4 55-59 10.7	THANE BAKER(DALLAS,TX) PAYTON JORDAN(LOS ALTOS,CA)	52 55	6-23-84 3-25-72
10.7	ALFRED GUIDET (PETALUMA, CA)	55	7-14-73
10.7	CHARLES BEAUDRY(EDINEURG, TX) PAYTON JORDAN(LOS ALTOS, CA)	55 61	B-10-74 5- 6-78
65-69 12.1	HARRY KOPPEL (BELMONT, CA)	66	7-19-79
70-74 12.8 75-79 12.4	GILBERTO GONZALEZ(PUR) HERBERT ANDERSON(BELLVUE,CO)	71	4-20-85
80+ 15.1	HERBERT ANDERSON(BELLVUE,CO)	80	7-24-82
A REAL PROPERTY AND	Constitution of the second second		
100 METERS			
DIV. MARK 35-39 10.3	NAME(RESIDENCE) EDWARD JEFFERIS(S.AFR)	AGE 35	MEET DATE 11-24-71
40-44 10.7	THANE BAKER(DALLAS, TX)	41	9-13-72
45-49 11.0 50-54 11.3	THANE BAKER(DALLAS,TX) THANE BAKER(DALLAS,TX)	48 50	6-14-80 9-24-82
55-59 11.6	PAYTON JORDAN(LOS ALTOS.CA)	56	6-23-73
11.6N	ALFRED GUIDET(CALIFORNIA CITY,CA)	56	6-22-74
60-64 11.8 65 69 12.6	PAYTON JORDAN(LUS ALTOS,CA) PAYTON JORDAN(LUS ALTOS,CA)	61 65	5-27-78 6-12-82
70-74 13.5	FRED REID(S.AFR.)	71	7-19-80
75-79 14.3 80+ 15.4	JOSIAH PACKARD(SAN FRANCISCO) JOSIAH PACKARD(SAN FRANCISCO)	75 80	6-23-79 2-25-84
	and the second s		
200 METERS	A STATE OF A STATE OF AND A STATE		the second
DIV. MARK 35-39 20.8	NAME (RESIDENCE) DELAND MERIWETHER (US)	AGE 35	MEET DATE 6- 9-78
40-44 21.9	REGINALD AUSTIN(AUS)	40	8-10-77
45-49 22.3N 50-54 23.4	GEORGE RHODEN(JAMAICA, SAN DIEGO) THANE BAKER(DALLAS, TX)	45 50	7-2-72 9-5-82
55-59 23.6	ALFRED GUIDET(PETALUMA.CA)	55	6-24-73
60-64 24.9	PAYTON JORDAN(LOS ALTOS, CA)	60 65	6-19-77 6-12-82
65-69 26.1 70-74 27.5	PAYTON JORDAN(LOS ALTOS,CA) FRED REID(S.AFR.)	71	7-19-80
75-79 29.5	JOSIAH PACKARD(SAN FRANCISCO)	75 80	6-24-79
80+ 32.3	JOSIAH PACKARD(SAN FRANCISCO)	80	2-18-84
400 METERS	and the second second second second second second		
DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 46.38 40-44 48.75	JAMES KING(US) HAGUES ROGER(FRA)	35	5-25-84
45-49 50.59	JAMES BURNETT(CHICAGO, 11)	45	8-25-85
50-54 52.28	PETER HIGGINS(GB)	50	8- 1-79 6- 9-79
55-59 54.56 60-64 58.4	RUDDLPH VALENTINE(NYG,NY) JOHN ALEXANDER(MCCAMEY,TX)	55 61	6-27-81
65-69 61.85	FRITZ ASSMY(WG)	67	7-16-82
70-74 64.6 75-79 68.5	JOSIAH PACKARD(SAN FRANCISCO)	73 75	8-10-77 6-23-79
80+ 75.4	HAROLD CHAPSON (HONOLULU, HA)	80	7-983
	and the second s	1	-
800 METERS DIV. MARK	NAME (DES IDENCE)	105	NEET DATE
35-39 1:49.2Y	NAME(RESIDENCE) GEORGE SCOTT(NZ,LONG BEACH,CA)	AGE 35	MEET DATE 5-12-72
40-44 1:54.5	KLAUS MAINKA(WG)	41	7-16-77
45-49 1:57.73 50-54 2:00.5	GEORGE COHEN(INGELWOOD,CA) TOM ROBERTS(AUS)	45 50	8-23-85
55-59 2:06.6	DEREK TURNBULL (NZ)	55	5-14-82
60-64 2:17.0 65-69 2:20.5	JOHN GILMOUR(AUS) JACK STEVENS(AUS)	60 65	1-11-81 8-13-82
70-74 2:34.5	MONTY MONTGOMERY (SHERMAN DAKS, CA)	71	9- 4-77
75-79 2:40.0 80+ 2:53.5	HAROLD CHAPSON(HONOLULU) HAROLD CHAPSON(HONOLULU)	75 80	5-14-78 7-11-82
	The second stands with the		the second
1500 METERS DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 3:41.4	CARLOS LOPES(POR)	35	7-25-82
40-44 3:52.0 45-49 4:01.7	MICHEL BERNARD(FRANCE) HERBERT CORDWENER(WG)	40 45	6-20-72 7-13-85
50-54 4:05.2	TOM ROBERTS(AUS)	50	3-22-84
55-59 4:17.4 60-64 4:30.0	DEREK TURNBULL(NZ) JOHN GILMOUR(AUS)	55 60	2-20-82
65-69 4:50.6	JACK STEVENS(AUS)	65	12-22-79
70-74 5:11.8 75-79 5:30.1	MERV JENKINSON(AUSTRALIA) HAROLD CHAPSON(HONOLULU)	70 75	1- 6-80 8-11-77
80+ 6:12.2	HAROLD CHAPSON(HONOLULU)	80	7-11-82
12.2 4			
1 MILE DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 4:03.7	GEORGE SCOTT (NZ, LONG BEACH, CA)	35	4-22-72
40-44 4:18.5 45-49 4:25.8	JIM MCDONALD(NZ) ALAN BRADFORD(AUS)	43 45	12- 3-77 3-9-84
50-54 4:32.2	BILL FITZGERALD(PALOS VERDES, CA)	50	7-13-75
55-59 4:40.4 60-64 4:57.1	JACK RYAN(AUSTRALIA)	55 61	12-15-77
65-69 5:20.4	JOHN GILMOUR (AUS)	65	10-28-84
70-74 5:42.2 75-79 6:15.1	MONTY MONTGOMERY(SHERMAN DAKS,CA) HAROLD CHAPSON(HONDLULU)	70 78	7- 9-77 7- 5-81
80+ 8:07.1	PAUL SPANGLER (SAN LUIS OBISPO, CA)	81	6- 7-80

	2000 40000			
DIV.		NAME (RESIDENCE)	AGE	MEET DATE
35-39	7:56.2N 8:17.4N	MICHEL BERNARD(FRANCE) JACK FOSTER(NEW ZEALAND)	35 43	6-14-67 1-31-76
40-44	8:36.0	LAURIE OHARA(GB)	45	7 8-77
50-54	8:53.8	RAY HATTON (BEND, OR)	50	6-25-82
55-59 60-64	9:12.8 9:41.2	JACK RYAN(AUSTRALIA) JOHN GILMOUR(AUS)	55	11-22-80
65-69	10:10.2	JOHN GILMOUR(AUS)	65	11-22-84
70-74 75-79	11:46.2	HAROLD CHAPSON(HONOLULU) RICHARD BREDENBECK(INDEPENDENCE, OH)	73 75	3-28-76 6-13-81
80+	14:39.0	PAUL SPANGLER(SAN LUIS OBISPO.CA)	80	7-22-79
DIV.	2 MILES MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	8:37.2N	DAVE POWER (AUSTRALIA)	35	12 - 4 - 63
40-44	9:07.4	FRED NORRIS(GB) DENNY MEYER(SEATTLE, WA)	40	4 · 17 - 62 5 - 5 - 78
50-54	10:12	GEORGE MCGRATH(AUS)	53	10-18-73
55-59	10:35.0	BILL MCCHESNEY(EUGENE, DR) DON LONGENECKER(SILVER CITY, NM)	55 62	7-15-83 6-25-78
60-64 65-69	11:30.0N	MONTY MONTGOMERY (SHERMAN DAKS, CA)	66	3-25-73
70-74	12:40.0	HAROLD CHAPSON(HONOLULU)	73	3-14-76
75-79	14:30	LOU GREGORY(PENSACOLA.FL) PAUL SPANGLER(SAN LUIS OBISPO.CA)	76 80	9-30-78 7-28-79
	-			
DIV.	3 MILES MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	13:31.6	GASTON ROELANTS(BEL)	37	9-24-74
40-44	14:10.2	DAVID FRANCIS(GB) PETER MUNDLE(VENICE.CA)	40 46	9- 2-68
45-49	15:37.8	JAMES O'NEIL (SACRAMENTO, CA)	50	1-10-76
55-59	15:57	JOHN GILMOUR(AUS)	55 62	8-8-75 6-25-78
60-64 65-69	16:59.2 17:59.2	DON LONGENECKER(SILVER CITY.NM) NORMAN BRIGHT(SEATTLE,WA)	62	6-25-78 7-22-75
70-74	19:09.0	STAN NICHOLLS (AUSTRALIA)	71	7- 4-82
75-79 80+	21:10.8 24:08.2	LOU GREGORY (PENSACOLA, FL) PAUL SPANGLER (SAN LUIS OBISPO, CA)	75 80	5- 6-78
801	24.00.2	FAGE SPANGEER(SAN EDIS ODISEO, OFF	00	1 20 10
DIV.	SOOO METERS	NAME (RESIDENCE)	AGE	MEET DATE
35-39	13:16.36	CARLOS LOPES(POR)	37	6-28-84
40-44	13:45.8	LUCIEN RAULT (FRANCE)	40 45	5-23-76
50-54	14:56.4	ALAIN MIMOUN(FRANCE) ALAIN MIMOUN(FRANCE)	50	6- 6-71
55-59	15:52.8	JACK RYAN(AUSTRALIA)	55	4-20-78
60-64 65-69	16:33.3	JOHN GILMOUR(AUS) ERICH KRUZYCKI(WG)	61 65	8-9-80
70-74	19:33	JOHN FARRELL(GB)	70	6-20-79
75-79 80+	20:59.0 24:05.4	EDWARD BENHAM(OCEAN CITY, MD) HAROLD CHAPSON(HONOLULU)	75 80	9-23-83
80+	24.05.4	HARDED CHAPSUN(HUNDEDED)	80	10-24-82
	6 MILES			
DIV. 35-39	MARK 27:32.8N	VAME(RESIDENCE) JIM HOGAN(GB)	AGE 35	MEET DATE 7-12-68
40-44	29:25	FRED NORRIS(GB)	41	9-25-62
45-49	30:47.0	RAY HATTON (BEND, OR)	45 50	6-11-77 10- 1-78
50-54 55-59	35:05	PETER MUNDLE(VENICE,CA) CLIVE DAVIES(PORTLAND,OR)	59	7-12-75
60-64	36:41.6	JAMES DLESON(SANTA MONICA.CA)	60	6-11-78
65-69 70-74	36:55.8	STAN NICHOLLS(AUSTRALIA) EDWARD BENHAM(OCEAN CITY,MD)	66 73	12-12-77 5- 2-81
75-79	44:35	LOU GREGORY (PENSACOLA, FL)	76	9-30-78
	10.000 METE	RS		
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	27:17.48 28:33.4	CARLOS LOPES(POR) LUCIEN RAULT(FRANCE)	37 40	7- 2-84 6- 9-76
45-49	30:16.8	ALAIN MIMOUN(FRANCE)	45	6-17-66
50-54 55-59	32:05.6	LUCIAND AQUARONE(ITA) DEREK TURNBULL(NZ)	51 55	10- 1-81 2-13-82
60-64	34:23	JOHN GILMOUR(AUS)	61	11-26-80
65-69 70-74	36:04.6N	TEDDE JENSEN(SWEDEN)	65 71	9-15-72 8-10-77
75-79	40:48.6 42:34.8	EINAR NORDIN(SWE) LUIS RIVERA(MEX)	71	9- 3-77
80+	49:22.8	PAUL SPANGLER (SAN LUIS OBISPO, CA)	80	7- 6-79
	ONE HOUR RU			
DIV. 35-39	MARK 12-1599	NAME (RESIDENCE) 20.774 GASTON ROELANTS(BEL)	AGE 35	MEET DATE 9-20-72
40-44	11-1309	18.900 WILLIAM STODDART(GB)	40	8-21-71
45-49	11-1268	18.862 ALAIN MIMOUN(FRANCE)	45	3-20-66
50-54	11-953 10-1194	18.574 ALAIN MIMOUN(FRANCE) 17.185 JOHN GILMOUR(AUS)	50 55	5-16-71 10-14-74
60-64	10-831	16.853 JOHN GILMOUR (AUS)	61	10-21-79
65-69 70-74	9-1540 9-173	15.892 JOHN GILMOUR(AUS) 14.642 STAN NICHOLLS(AUS)	65 72	10- 7-84 6-14-83
75-79	8-335	13.181 LOU GREGORY (PENSACOLA, FL)	75	12-17-77
80+	7-946	12.130 PAUL SPANGLER (SAN LUIS OBISPO.C	A) 81	11- 1-80
DTH		STEEPLECHASE	ACE	MEET DATE
DIV. 35-39	8:33.4	NAME (RESIDENCE) IVAN KABANDV (URS)	AGE 36	MEET DATE 7-27-75
40-44	8:41.5	GASTON ROELANTS(BEL)	40	7- 6-77
45-49	9:36.6 9:58.2	JIM MCDONALD(NZ) MAURICE MORRELL(GB)	45 50	11-17-79 8- 3-83
55-59	10:39.0	ELIGIO GALICIA(MEX)	56	8- 1-79
60-64 65-69	11:41.6	OLLE ELVLAND(SWE) NORMAN BRIGHT(SEATTLE,WA)	61 65	8- 1-79 8-15-75
70-74	13:26.5	STAN NICHOLLS(AUS)	70	4-11-81
75-79	19:04.8	LOU GREGORY (PENSACOLA, FL)	76	8-20-78
		G	ontinued	on next page

National Masters News

Continued from previou	is page		a la serie
110 METER	HURDLES (35-39) 42" (40-49) 39" (50-5	9) 36"	(60+) 30"
DIV. MARK	NAME(RESIDENCE)	AGE	MEET DATE
35-39 14.1	GHULAM RAZIK(PAKISTAN)	36	2-16-69
40-44 14.4Y(42"		40	8- 1-49
14.7	LEOPOLD MARIEN(BEL)	41	8-13-75
45-49 14.7	VALBJORN THORLAKSSON(ICE)	45	7- 8-79
50-54 15.1	JACK GREENWOOD(MENDECINO LODGE,KS)	51	8-10-77
55-59 16.6	ANDRE FINDELI(FRA)	55	9-14-78
60-64 16.2	ANDRE FINDELI(FRA)	60	7-13-83
65-69 18.15	AL GUIDET(CALIFORNIA CITY,CA)	66	
70-74 20.0	GILBERTO GONZALEZ(PUR)	71	4-20-85
75-79 20.83	RUSSELL MEYERS(PENSACOLA,FL)		5- 9-81
80+ 26.0	HERBERT ANDERSON(BELLVUE,CO)	80	7-24-82
400 METER	HURDLES (35-49) 36" (50-59) 33" (60+) 3	0.	
DIV. MARK 35-39 51.72	NAME (RESIDENCE)	AGE	MEET DATE
40-44 54.08	BERTIL WISTAM(SWE)	35	7-17-75
	LEON HACKER(S.AFR.)	40	7-29-79
54.1	GEORGE MATHE(S.AFRICA)	40	6-30-79
45-49 55.7	JACK GREENWOOD(MENDECIND LODGE.KS)	46	8-24-72
50-54 58.1	JACK GREENWOOD(MENDECIND LODGE,KS)	50	7- 3-76
55-59 59.85	JACK GREENWOOD(MENDECIND LODGE,KS)	57	9-27-83
60-64 66.01	RUDOLPH VALENTINE(NEW YORK,NY)	62	8-23-85
65-69 71.4	ROBERT HUNT(ANAHEIM,CA)	65	5-18-85
70-74 77.50	GILBERTO GONZALEZ(SAN JUAN, PR)	70	9-27-83
75-79 89.58	RUSSELL MEYERS(PENSACOLA, FL)	77	5- 9-81
80+ 1:51.0	HERBERT ANDERSON(BELLVUE,CO)	80	7-24-82
HIGH JUMP	NANE (DEELDENGE)	105	WEET DATE
DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 7-1	2.16 VIKTOR BOLSHOV(URS)	35	6-20-74
40-44 6-8 3/4	2.05 EGON NILSSON(SWEDEN)	40	9-25-66
45-49 6-2 3/4	1.90 HERM WYATT(LOS GATOS.CA)	48	4-19-80
50-54 6-2	1.88 HERM WYATT(LOS GATOS,CA)	51	8-20- 83
55-59 5-6 1/2	1.69 RICHMOND MORCOM(PHILADELPHIA)	55	7-27-76
60-64 5-2 3/4	1.59 BURL GIST(SAN MARCOS,CA)	64	4-28-84
65-69 5-0	1.52 BURL GIST(SAN MARCOS,CA)	65	5- 4-85
70-74 4-7 1/4 75-79 4-3 1/4	1.40 JDSEF SAHLMANN(WG) 1.30 GULAB SINGH(IND)	71 76	7-28-79
4-3 1/4	1.30 HERBERT ANDERSON(BELLVUE,CO)	75	3-24-78 8-29-82
80+ 3-11 1/4	1.20 HERBERT ANDERSON(BELLVUE,CO)	80	
A BELLEN TO			
POLE VAUL	NAME (RESIDENCE)	AGE	MEET DATE
35-39 17-4 3/4	5.30 KHRISTOS PAPANIKOLAOU(GRE)	36	9- 9-77
40-44 15-9	4.80 RUDOLF TOMASEK(CZE)	40	8-13-77
45-49 15-5	4.70 MAURICE HOUVION(FRANCE)	45	4-12-80
50-54 14-4	4.37 VIC COOK(WODDLAND HILLS.CA)	50	7-25-82
55-59 13-6 1/4	4.12 RICHMOND MORCOM(PHILADELPHIA)	55	8- 4-76
60-64 12-9 1/2	3.90 HERBERT SCHMIDT(WG)	61	
65-69 11-10	3.60 HERBERT SCHMIDT(WG)	66	3-15-76
70-74 10-0	3.05 CAROL JOHNSTON(WHITTIER.CA)	73	4-13-85
75-79 8-1	2.46 BOB MACCONAGHY(CA)	76	2-23-85
80+ 6-2 3/4	1.90 A. E. PITCHER(INDIANAPOLIS, IN)	82	5-26-84
In the set of the set of		UZ .	5 20 04
LONG JUMP DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 25-11 1/2	7.91 REIJO TOIVONEN(FIN)	35	1-30-72
40-44 24-4 3/4	7.43 TOM CHILTON(KNOXVILLE,TN)	40	3-24-78
45-49 21-11 50-54 21-1	6.68 SHIRLEY DAVISSON(VICTORVILLE,CA) 6.42 SHIRLEY DAVISSON(VICTORVILLE,CA)		10- 4-75 4-12-80
55-59 20- 1/4	6.10 TOM PATSALIS(ALHAMBRA,CA)	59	7-18-81
60-64 19-11	6.07 TOM PATSALIS(ALHAMBRA,CA)	60	7-10-82
	5.19 HANS BITTER(WG)	65 70	5-16-85 9-23-83
75-79 14-0 1/2 80+ 11-7		78 80	9-23-83
		90	0 14 10
TRIPLE JUN DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 54-7 1/2 40-44 48-11 1/2	16.65 JOZEF SCHMIDT (POLAND)	35	8- 3-70
45-49 45-11 1/2 50-54 43-3 1/2	14.01 PERICLES PINTD(POR)	40	7-14-82 7-14-82
55-59 41-5	13.19 DAVE JACKSON(CARSON,CA)	50	7-10-82
	12.62 GORDON FARRELL(VAN NUYS.CA)	57	1- 8-75
60-64 39-3		60	7-10-82
65-69 34-11 3/4		66	1-13-81
75-79 28-7 1/2	9.79 MAZUMI MORITA(JPN) 8.72 GULAB SINGH(IND)	70 76	9-25-83
80+ 22-8	6.91 HERBERT ANDERSON(BELLVUE,CO)	80	7-24-82
DIV. MARK	35-49) 16# (50-59) 12# (60+) 8# NAME(RESIDENCE)		MEET DATE
35-39 72-9 3/4	22.19 BRIAN OLDFIELD(CA)	38	5-26-84
40-44 69-9	21.26 BRIAN OLDFIELD(CA)	40	8-16-85
45-49 58-1 1/4	17.71 PARRY O'BRIEN(MISSION HILLS.CA)	47	6-12-76
50-54 58-1 1/2		52	7- 1-84
55-59 51-9	15.77 HERMANN HOMBRECHER(WG)	55	8- 6-80
60-64 55-4	16.86 GEORGE KER(GRANADA HILLS.CA)	60	5-21-83
65-69 51-4 1/2	15.66 VOITTO ELO(FIN)	68	7-17-82
70-74 45-1 1/2	13.75 ROSS CARTER(EUGENE.OR)	71	
75-79 41-8 1/2 80+ 31-7 1/4	12.71 VERNON CHEADLE(S. BARBARA.CA) 9.63 PETER GDIC(JUG)	75 82	5- 4-85
Manageria and an an and an and	OW (35-49) 2KG (50-59) 1.6KG (60+) 1KG	02	10
DIV. MARK 35-39 233-9	NAME (RESIDENCE) 71.24 JOHN POWELL(US)		MEET DATE .
40-44 227-11	69.48 AL OERTER(NY)	36	5-31-80
45-49 216-11	66.12 AL DERTER(NY)	43	
50-54 185-9	56.62 PARRY O'BRIEN(MISSION HILLS.CA)	45	3-28-82
55-59 177-1	53.98 KAUKO JOUPPILA(FINLAND)	52	8-19-84
60-64 187-2	57.06 KAUKO JOUPPILA(FINLAND)	56	9- 3-77
65-69 182-6		61	7-16-82
70-74 153-5 75-79 127-2	55.62 KONSTANTY MAKSIMCZYK(GB) 46.76 OLAV REPPEN(NORWAY) 38.76 KARSTEN REPORTEREN(CHILE)	65 70	9-17-79 9-18-81
80+ 106-3	38.76 KARSTEN BRODERSEN(CHILE)	76	9-25-83
	32.40 JAKOB SCHUMANN(WG)	81	7-16-82
contractions and	CARACTER CONTRACTOR CONTRACTOR	11112	12111111111

	HAMMER	THROW (35-59) 16# (60+) 12#		
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	254-0	77.42 ANATOLIY BONDARCHUK(URS)	36	6-24-76
40-44	243-1	-74.10 ED BURKE(CA)	43	6-12-83
45-49	205-1	62.52 HANS POTSCH(AUT)	48	7-18-81
50-54	193-5	58.96 HANS POTSCH(AUT)	50	9-3-83
55-59	175-0	53.34 BOB BACKUS(PEMBROKE, MA)	55	8- 9-81
60-64	157-10	48.12 AARNE MIETTINEN(FIN)	63	9-12-76
65-69	151-8	46.24 AARNE MIETTINEN(FIN)	67	8- 6-80
70-74	131-11	40.22 OLAV REPPEN(NORWAY)	7.0	8-27-81
75-79	97-8	29.77 STANLEY HERRMANN (SANTA BARBARA.	CA 175	5-12-79
80+	111-9	34.08 PETER GDIC(JUG)	80	6- 6-76
The same	JAVELIN	I THROW (35-59) 800 GRAMS. (60+) 600 GRAM	IS	
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	286-1	87.20 JANIS ZIRNIS(URS)	35	5-14-83
40-44	259-1	78.98 URS VON WARTBURG(SWI)	42	8-2-79
45-49	238-10	72.80 LARRY STUART(EL TORD, CA)	46	5-12-84
50-54	198-5	60.48 JOSE KOPITAR(YUG)	50	7-15-82
55-59	186-10	56.94 VEIKKO JAVANAINEN(FIN)	55	8-7-81
60-64	181-10	55.42 ED CHYNOWETH(INDIANOLA, CA)	60	5-12-84
65-69	153-11	46.92 VAINO OJARANTA(FIN)	65	7-18-82
70-74	140-0	42.68 GERHARD SCHEPE(WG)	70	7-15-82
75-79	108-0	32.92 EMERY CURTICE(CALISTOGA.CA)	75	7-24-82
80+	94-6	28.80 HERBERT ANDERSON(BELLVUE, CO)	80	7-24-82
		ON(IAAF SCORING TABLES)		
DIV.		NAME (RESIDENCE)	AGE	MEET DATE
35-39	7547	WERNER VON MOLTKE(WG)	35	5-12-72
40-44	6784	WOLFGANG LINKMANN(WG)	40	6- 6-81
45-49	5734	GARY MILLER (GLENDALE, CA)	47	3-23-85
50-54	5399	HARVEY SCHELLENBERG(REEDLEY, CA)	50	7- 2-83
55-59	5246	RICHMOND MORCOM(PHILADELPHIA)	55	9-11-76
60-64	4552	RICHMOND MORCOM(PHILADELPHIA)	61	8-28-82
65-69	3180	GILBERTO GONZALEZ(PUR)	69	7-31-82
70-74	3097	GILBERTO GONZALEZ(PUR)	70	7- 2-83
75-79	1659	HERBERT ANDERSON(BELLVUE, CO)	75	3-24-78
80+	851	JOHN WHITTEMORE (SANTA BARBARA, CA)	80	12- 1-79
				at the state of the
		LON(IAAF SCORING TABLES)	12.10	the second second
DIV.	the second s	NAME (RESIDENCE)	AGE	MEET DATE
35-39	3645	SILVIO HODOS(FRA)	35	4-17-83
40-44	3391	WERNER SCHALLAU(WG)	40	9-24-78
45-49	2998	GARY MILLER(N. HOLLYWOOD, CA)	45	9-30-83
50-54	2607	'VACLAV BARTL(SWE)	51	8 - 12 - 77
55-59	2439	RICHMOND MORCOM(PHILADELPHIA)	56	8-12-77
60-64	2205	WALTER SCHREIBER(WG)	62	9-29-83
65-69	1790	ADOLF KOCH(WG)	65	9-26-82
70-74	1481	GILBRTO GONZALEZ(PUR)	70	7-23-83
75-79	790	KARSTON BRODERSEN(CHILE)	76	5-13-84
80+	563	HERBERT ANDERSON(BELLVUE.CO)	80	9- 4-82

WOMENS WORLD FIVE YEAR AGE GROUP RECORDS

Variation of the	100 METERS			
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	11.6	ERIKA ROST(WG)	35	6- 2-79
40-44	12.0	MAEVE KYLE(IRELAND)	40	4-25-70
45-49	12.5	MAEVE KYLE(IRELAND)	45	1-21-74
	A local barrent	WENDY ELY(AUS)	45	2- 4-84
50-54 55-59	12.9	IRENE OBERA(MORAGA, CA)	51	6- 1-85
60-64	14.57	SHIRLEY PETERSON(AUS) PAULA SCHNEIDERHAN(WG)	55 61	1-21-84 9-24-83
65-69	16.1	POLLY CLARKE (LOVELAND, CO)		5- 6-78
70+	16.2	POLLY CLARKE(LOVELAND, CO)	67	4-17-81
704	10.2	PULLY CLARKE (LUVELAND, CU)	70	4-17-81
	200 METERS			
DIV.	and the second in the second	NAME (RESIDENCE)	AGE	MEET DATE
35-39	24.3	ERIKA ROST(WG)	36	6- 8-80
40-44	25.0	VIVI MARKUSSEN(DEN)	40	8-17-80
45-49	26.2	WENDY EY(AUS)	45	3- 4-84
50-54	27.3	IRENE OBERA(US)	51	6- 1-85
55-59	29.4	SHIRLEY PETERSON(AUS)	58	4-21-84
60-64	30.26	PAULA SCHNEIDERHAN(WG)	61	9-26-83
65-69	33.67	AUDREY REID(S.AFR.)	68	9-26-83
70+	34.2	POLLY CLARKE (LOVELAND, CO)	71	9- 6-81
	400 METERS			
DIV.		NAME (RESIDENCE)	AGE	MEET DATE
35-39	50.56	AURELIA PENTON(CUBA)	35	7-15-78
40-44	55.3	MAEVE KYLE(IRELAND)	41	7-22-70
45-49	59.68	COLLEEN MILLS(NZ)	47	1-10-81
50-54	63.2	ANNE MCKENZIE(S. AFR.)	50	10-15-75
55-59	70.9	ANNE MCKENZIE(S. AFR.)	55	5- 2-81
60-64	72.5	AILEEN HOGAN(AUS)	60	9-17-83
65-69	79.66	AUDREY REID(S. AFR.)	65	1-13-81
70+	84.23	POLLY CLARKE (LOVELAND, CD)	73	9-28-83
DIV	BOO METERS	NAME (DESTROYING)	-	
DIV. 35-39	MARK 1:57.4	NAME (RESIDENCE)	AGE	MEET DATE
40-44	2:06.5	ILEANA SILAI (ROMANIA)	35	6-28-77
45-49	2:19.2	ANNE MCKENZIE(S. AFR.)	41	7- 1-67
50-54	2:23.1	ANNE MCKENZIE(S. AFR.) ANNE MCKENZIE(S. AFR.)	45	11-13-70
55-59	2:43.5	ANNE MCKENZIE(S. AFR.)	50	10-29-75
60-64	3:00.06	ERIKA WERNER(WG)	55	1-10-81
65-69	3:24.0	EWA ERIKSSON(SWE)	60	9-24-83
70+	3:30.0	POLLY CLARKE (LOVELAND, CD)	65	7-16-82
100	5.50.0	POLLI CLARKE(LOVELAND, CU)	70	8- 8-82
	1500 METERS			
DIV.		NAME (RESIDENCE)	AGE	MEET DATE
35-39	3:57.73	MARICICA PUICA(ROM)	35	8-30-85
40-44	4:20.7	JOYCE SMITH(GB)	40	5-21-78
45-49	4:49.2	ANNE MCKENZIE(S. AFR.)	40	11-16-74
50-54	4:54.5	ANNE MCKENZIE(S. AFR.)	50	10-15-75
55-59	5:15.7	JEAN ALBURY (AUS)	55	4- 6-85
60-64	5:57.2	LIESELOTTE SCHULTZ(WG)	61	6-25-81
65-69	6:16.0	ELIZABETH TROMP(HOL)	65	7-15-82
70+	6:47.1	JOHANNA LUTHER (WG)	70	9-27-83
		The second secon	man and the	CALL OF THE L
and the second			continue	d on next page

November, 1985

National Masters News

Continu	ed from previous p	age				LONG JUMP	100		In S
					DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
DIV	3000 METERS	NAME (RESIDENCE)	AGE	MEET DATE	35-39	21-4	6.50 WILLYE WHITE(US)	35	10-26-74
35-39		JOYCE SMITH(GB)	36	7-19-74	40-44		5.54 MARLENE ALTMANN(WG)	40	7-30-77
40-44	A REAL PROPERTY AND A REAL	JOYCE SMITH(GB)	40	4-30-78		18-2 1/4	5.54 HELEN SEARLE(AUS)	41	4-17-81
45-49		URSULA BLASCHKE(WG)	45	7-30-77	45-49	17-0	5.18 CORRIE ROOVERS(HOL)	47	7-15-82
50-54		VALBORG OSTBERG(NOR)	50	7- 5-81	50-54	16-6 1/2	5.04 MAEVE KYLE(IRELAND)-	50	7-29-79
55-59	AND A CONTRACTOR	LYDIA BACKES(WG)	55	9- 9-81	55-59	14-11 1/2	4.56 LIESELOTTE SEUBERLICH(WG)	55	7-15-82
60-64		LIESELOTTE SCHULTZ(WG)	61	6-13-81	60-64	14-3 1/4	4.35 PAULA SCHNEIDERHAN(WG)	61	9-23-83
65-69		PAT DIXON(EUGENE, OR)	66	6-23-85	65-69	11-2	3.40 ROSALINE SOLE(NZ)	65	1- 8-81
70+	And a second	JOHANNA LUTHER(WG)	71	9-22-84	70+	9-9	2.97 HANNA GELBRICH(WG)	70	9-23-83
101	14.23.2	UDHANNA LOTHER (WG)	100	5 22 04	1. 1				
					10-10-	SHOT PUT			
	5000 METERS	the second se	and the second		DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
	MARK	HAME (REDIDENCE)	AGE	MEET DATE	35-39	69-11 3/4	21.33 HELENA FIBINGEROVA(CZE)	35	8-16-84
25-39		SONJA LAXTON(RSA)	35	10-17-83	40-44	62-10 1/2	19.16 ANTONINA IVANOVA(URS)	41	2-24-74
40-44		JUDY FOX (SUNNYVALE, CA)	40	8-16-81	45-49	46-6 1/4	14.18 LIESL HUBER(WG)	45	10-13-79
45-49		VICKY BIGELOW (SAN LORENZO, CA)	47	7-24-82	50-54	41-11 1/2	12.79 MARIANNE HAMM(WG)	51	7-30-79
50-54	and a second second second	VALBORG OSTBERG(NOR)	50	8- 7-81	55-59	36-9 1/4	11.21 MARIANNE HAMM(WG)	55	9-23-83
55-59		JEAN ALBURY (AUS)	55	4- 7-85	60-64	32-7 3/4	9.95 ISUZU TSUJII(JPN)	60	9-23-83
60-64	Contraction of the second second	LIESELOTTE SCHULTZ(WG)	61	8- 6-81	65-69	35-4	10.77 HELEN STEPHENS(FLORISSANT, MD)	65	6- 1-83
65-69		ELIZABETH TROMP(HOL)	65	7-17-82	70+	29-3	8.91 EDITH MENDYKA (TUJUNGA, CA)	70	5- 9-81
70+	24:58.3	JOHANNA LUTHER(WG)	70	9-23-83	and the second				
						DISCUS TH	ROW		
	10.000 METE		AGE	MEET DATE	DIV.		NAME (RESIDENCE)	AGE	MEET DATE
-	MARK	NAME (RESIDENCE)	35	10- 7-81	35-39		69.60 FAINA MYELNIK(URS)	35	9- 9-80
35-39		ANN LETHERBY (AUS)	42	2-27-80	40-44	206-5	62.92 HELGI PARTS(URS)	41	10- 4-78
40-44	San Andrew Color and Color State	JOYCE SMITH(GB)	42	8-21-83	45-49	160-7	48.94 ODETE DOMINGOS(BRA)	47	4- 8-82
45-49		VICKY BIGELOW(SAN LORENZO, CA)	51	6-26-82	50-54	130-4	39.72 RUTH SVEDBERG(SWE)	51	9-17-54
50-54		MILA KANIA(WARWICK, NY)	55	4- 5-85	55-59	113-5	34.58 SYLVIA WHITE(AUS)	55	3- 2-85
55-59	a second provide the later	JEAN ALBURY (AUS)	63	7-16-82	60-64	101-3	30.86 ANNCHEN REILE(WG)	60	10-19-75
60-64		PAT DIXON(BEND, OR)	68	1- 8-81	65-69	94-9	28.90 ANNCHEN REILE(WG)	66	8 9-81
65-69	Contraction of the second s	WALTRAUD KRETSCHMER(WG)	70	9-25-83	70+	66-5	20.24 VERA WISCHMANN(WG)	70	7-16-82
70+	51:03.0	JOHANNA LUTHER(WG)	10	9-25-05	FILEE				
	HIGH JUMP								
DIV	MARK	NAME (RESIDENCE)	AGE	MEET DATE	in the second	JAVELIN T	the state of the s		C MILLER DIASH.
35-39		1.73 CHRISTA VOSS(WG)	36	7-30-79		MARK	NAME (RESIDENCE)	AGE	
40-44		1.63 DOROTHY TYLER(GB)	41	8- 2-61	35-39		58.94 ANNELIESE GERHARDS(WG)	37	8-13-72
45-49	and the second se	1.52 DOROTHY TYLER(GB)	45	7-18-65	40-44	167-8	51. 10 DANA ZATOPKOVA(CZE)	42	9-19-64
50-54		1.47 DOROTHY TYLER(GB)	50	6-14-70	45-49	156-7	47.74 ANNELIESE GERHARDS(WG)	45	5-30-81
55-59	CONTRACT OF A DESCRIPTION OF A DESCRIPTI	1.30 VLASTA CHLIMSKA(CZE)	56	7-30-79	50-54	125-6	38.26 HEATHER DOHERTY (AUS)	51	4-24-85
60-64		1. 19 BETTINA WOODBURN(AUS)	62	3-23-85	55-59	118-7	36.14 LENA GROBLER(S. AFR.)	57	5- 2-81
65-69		1.12 MARY BOWERMASTER(FAIRFIELD, OH)	67	8-17-84	60-64	83-4	25.40 ANNCHEN REILE(WG)	62	8-10-77
70+	Million and Annual States	1.05 SHIELA EVANS(RSA-INDIANAPOLIS, IN)	1000	8-23-85	65-69	and the second s	25.80 HANNA GELBRICH(WG)	67	8- 6-80
10+	3-5 1/4	1.05 SHIELA EVANSIKSA-INDIANAPOLIS, IN)	10	0 23 05	70+	81-11	24.97 HANNA GELBRICH(WG)	70	9-26-83
-	All and	A CARLENDER A STUDIE AND A CARLENDER	- P	and the second second		and	and the second se	·	

AMERICAN TRACK & FIELD AGE-GROUP RECORDS

Compiled by Peter Mundle and the Records Subcommittee of the TAC Masters T&F Committee 18090035 93030 through performances verified as of October 1, 1985 DA ME

MENS AMERICAN FIVE VEAR AGE GROUP RECORD

		And the second second second		0 H 23 - 04	H. H.	400 METERS			
		CAN FUELD A CE CROU	DEC	ODDO	DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
M	ENS AMER	RICAN FIVE YEAR AGE GROUI	REC	UKDS	35-39	46.38	JAMES KING(US)	35	5-25-84
					40-44	49.36	JAMES BURNETT (PHILADELPHIA, PA)	41	8-15-81
					45-49	50.59	JAMES BURNETT (CHICAGO, IL)	45	8-25-85
10000	100 YARDS	and the second			50-54	52.9	JACK GREENWOOD (MENDECINO LODGE, KS)	51	8-10-77
	MARK	NAME (RESIDENCE)		MEET DATE	55-59	54.56	RUDOLPH VALENTINE (NYC, NY)	55	6 9-79
35-39		WALT BUTLER (ALTADENA, CA)	37	6-11-78	60-64	58.4	JOHN ALEXANDER (MCCAMEY, TX)	61	6-27-81
40-44		THANE BAKER(DALLAS, TX)	42	7-13-74	65-69	63.83	FRANK FINGER(CHARLOTTESVILLE, VA)	65	1-13-81
	9.8	PERCY KNOX (EDWARDS.CA)	41	7-11-75	70-74	64.6	JOSIAH PACKARD(SAN FRANCISCO)	73	8-10-77
45-49		THANE BAKER(DALLAS, TX)	46	5-27-78	75-79	68.5	JOSIAH PACKARD(SAN FRANCISCO)	75	6-23-79
50-54	10.4	THANE BAKER(DALLAS.TX)	52	6-23-84	80+	75.4	HAROLD CHAPSON (HONOLULU, HA)	80	7- 9-83
55-59		PAYTON JORDAN(LOS ALTOS, CA)	55	3-25-72					
	10.7	ALFRED GUIDET (PETALUMA, CA)	55	7-14-73	-				
	10.7	CHARLES BEAUDRY (EDINBURG, TX)	55	8-10-74		800 METERS	NUME INCOMPANY	AGE	MEET DATE
60-64		PAYTON JORDAN(LOS ALTOS, CA)	61	5- 6-78	DIV.		NAME (RESIDENCE)	37	679
65-69		HARRY KOPPEL (BELMONT, CA)	66	7-19-79		1:52.1	RALPH LEE(CA)	40	8-16-80
70-74	13.4	BARRY IVERS(BREWER, ME)	72	8- 6-83	Contract Contract of the last of the last	1:54.9	GEORGE COHEN(INGLEWOOD, CA)	40	8-23-85
75-79	13.4	HERBERT ANDERSON(BELLVUE, CO)	75	10- 1-77		1:57.73	GEORGE COHEN(INGELWOOD, CA)	50	6-29-75
80+	15.1	HERBERT ANDERSON(BELLVUE.CO)	80	7-24-82	and the second second	2:01.1	BILL FITZGERALD(PALOS VERDES, CA)	55	7- 5-80
			1	the second	55-59		BILL FITZGERALD(PALOS VERDES, CA)	61	8-13-82
					60-64		JACK RICE (TAMPA, FL)	65	7- 5-80
		Count have a resident of the August and the		1 2 3 1 2 2 2	65-69	the second second second second	FRANK FINGER(CHARLOTTESVILLE, VA)		9- 4-77
					70-74		MONTY MONTGOMERY (SHERMAN DAKS, CA)	71	5-14-78
	100 METERS	Participation and the second state				2:40.0	HAROLD CHAPSON (HONOLULU)		and a second sec
DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE	80+	2:53.5	HAROLD CHAPSON (HONOLULU)	80	7-11-82
35-39		RUBEN WHITNEY (SAN MARIND. TX)	35	6-14-80	and the second second	N			
40-44	10.7	THANE BAKER(DALLAS, TX)	41	9-13-72	The Party of the	1500 METERS			
45-49	11.0	THANE BAKER(DALLAS, TX)	48	6-14-80	DIV.	and the second se	NAME (RESIDENCE)	AGE	MEET DATE
50-54	11.3	THANE BAKER (DALLAS, TX)	50	9-24-82		3:52.7	RAMSEY THOMAS (CANTONSVILLE, MD)	35	7-11-79
55-59		PAYTON JORDAN(LOS ALTOS, CA)	56	6-23-73		3:56.20	BILL STEWART (ANN ARBOR, MI)	40	9-27-83
	11.6N	ALFRED GUIDET (CALIFORNIA CITY, CA)	56	6-22-74		4:04.40	ERNEST BILLUPS(CHICAGO)	46	9-27-83
60-64	11.8	PAYTON JORDAN(LOS ALTOS, CA)	61	5-27-78	Carried Street	4:05.8	RAY HATTON (BEND. OR)	50	7- 8-82
65-69	12.6	PAYTON JORDAN(LOS ALTOS.CA)	65	6-12-82	55-59	4:28.7	BILL FITZGERALD(PALOS VERDES,CA)	55	7-12-80
70-74	13.6	HARRY KOPPEL (BELMONT, CA)	70	6-25-83		4:49.8	DON LONGENECKER(SILVER CITY, NM)	62	6-24-78
75-79	14.3	JOSIAH PACKARD(SAN FRANCISCO)	75	6-23-79	65-69	4:59.1	WILLIAM ANDBERG(ANOKA, MN)	65	7- 4-76
80+	15.4	JOSIAH PACKARD(SAN FRANCISCO)	80	2-25-84	Contraction of the local distribution of the	5:21.1	HAROLD CHAPSON (HONOLULU)	73	8-16-75
					A STATE OF THE OWNER OF THE OWNER OF	5:30.1	HAROLD CHAPSON(HONOLULU)	75	8-11-77
	A Summer Co				and the second se	6:12.2	HAROLD CHAPSON (HUNDLULU)	80	7-11-82
				A CARLER	807	0:12.2	HAROLD CHAPSON(HUNOLULU)	80	7-11-02
					a second				
	200 METERS	and the second second second second			No.	1 MILE			
DIV.		NAME (RESIDENCE)	ACT	MEET DATE	DIV.	and the second	NAME (RESIDENCE)	AGE	MEET DATE
35-39	20.8	DELANO MERIWETHER(US)	AGE	6- 9-78		4:12.4	RAMSEY THOMAS(CANTONSVILLE, MD)	35	7-26-79
and the family of the second s	20.8 22.3Y		35	7-13-74	and the second second	4:24.0	RAY HATTON (BEND, OR)	43	7-18-75
40-44	22.9	THANE BAKER(DALLAS,TX) RICHARD STOLPE(OMAHA,NB)	42 45	6-20-70		4:29.5N	BILL FITZGERALD(PALOS VERDES, CA)	46	4-23-72
45-49		The second se	Contraction of the local division of the loc			4:32.2	BILL FITZGERALD(PALOS VERDES, CA)	50	7-13-75
	22.9	MILTON NEWTON(INGLEWOOD, CA)	46	6-22-80		4:55.3	WILLIAM FRASER(EDINA, MN)	55	7-22-85
50-54	and the second se	THANE BAKER(DALLAS, TX)	50	9- 5-82	60-64	5:15.2	CLIVE DAVIES(PORTLAND, OR)	63	6- 9-79
55-59	23.6	ALFRED GUIDET (PETALUMA, CA)	55	6-24-73	65-69	5:22N	MONTY MONTGOMERY (SHERMAN DAKS, CA)	65	4- 8-72
60-64	24.9	PAYTON JORDAN(LOS ALTOS, CA)	60	6-19-77	70-74		MONTY MONTGOMERY (SHERMAN DAKS, CA)	70	7- 9-77
65-69	26.1	PAYTON JORDAN(LOS ALTOS.CA)	65	6-12-82	75-79	6:15.1	HAROLD CHAPSON (HONOLULU)	78	7- 5-81
70-74	28.4	HARRY KOPPEL (BELMONT, CA)	70	10- 1-83	80+	8:07.1	PAUL SPANGLER(SAN LUIS OBISPO.CA)	81	6- 7-80
75-79	29.5	JOSIAH PACKARD(SAN FRANCISCO)	75	6-24-79	004	0.07.1	AUL SPANGLER(SAN LUIS UDISPU, CA)		
1 80+	32.3	JOSIAH PACKARD(SAN FRANCISCO)	80	2-18-84	and the second s	and the second second		Continu	ed on next page

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page 20	and the second s	-	National N	asters News	and the second se	1010	mper, 1905
Continued from prev	ious page				R HURDLES (35-49) 36" (50-59) 33" (60+)	30"	5 M (
3000 ME		1.		DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
DIV. MARK	NAME (RESIDENCE)	AGE	the second se	35-39 52.5	RON WHITNEY (CALISTOGA, CA)	35	5-29-78
35-39 8:31.5 40-44 8:50.0	RAMSEY THOMAS(CANTONSVILLE, MD) HAL HIGDON(MICHIGAN, IN)	35		40-44 55.9 45-49 55.7	RON WHITNEY(CALISTOGA,CA) JACK GREENWOOD(MENDECIND LODGE,KS)	40 46	10-26-83 8-24-72
45-49 9:14.2	PETER MUNDLE(VENICE, CA)	• 46		50-54 58.1	JACK GREENWOOD (MENDECIND LODGE, KS)	50	7 - 3 - 76
50-54 8:53.8	RAY HATTON (BEND. OR)	50		55-59 59.85	JACK GREENWOOD (MENDECIND LODGE, KS)	57	9-27-83
55-59 9:56.0 60-64 10:47.0	BILL MCCHESNEY(EUGENE,OR) BILL ANDBERG(ANOKA,MN)	56 64		60-64 66.01 65-69 71.4	RUDOLPH VALENTINE(NEW YORK,NY) ROBERT HUNT(ANAHEIM,CA)	62 65	8-23-85
60-64 10:47.0 65-69 10:51.0		65		65-69 71.4 70-74 77.50	GILBERTO GONZALEZ(SAN JUAN, PR)	70	9-27-83
70-74 11:46.2		73		75-79 89.58	RUSSELL MEYERS(PENSACOLA, FL)	77	5- 9-81
75-79 13:06.4				80+ 1:51.0	HERBERT ANDERSON(BELLVUE.CO)	80	7-24-82
80+ 14:39.0	PAUL SPANGLER(SAN LUIS OBISPO, CA)	80	7-22-79	HIGH JUN	AP		
2 MILES				DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
DIV. MARK 35-39 9:21.4	NAME(RESIDENCE) GLYNN WOOD(WASH.,DC)	AGE		35-39 6-8 3/4 40-44 6-8	2.05 JOHN DOBROTH(VENTURA,CA) 2.03 JOHN DOBROTH(VENTURA,CA)	38	5-13-79 7- 8-81
40-44 9:17.6N		35 40	10-26-69	45-49 6-2 3/4	1.90 HERM WYATT (LOS GATOS, CA)	48	4-19-80
45-49 9:37.8	DENNY MEYER(SEATTLE, WA)	45	5- 5-78	50-54 6-2	1.88 HERM WYATT(LOS GATOS, CA)	51	8-20-83
50-54 10:15.2	DAVID STEVENSON(PALO ALTO, CA)	50	7-26-79	55-59 5-6 1/2	1.69 RICHMOND MORCOM(PHILADELPHIA)	55	7-27-76
55-59 10:35.0 60-64 11:09	BILL MCCHESNEY(EUGENE,OR) DON LONGENECKER(SILVER CITY,NM)	55	7-15-83	60-64 5-2 3/4 65-69 5-0	1.59 BURL GIST(SAN MARCOS.CA)	64	4-28-84
65-69 11:30.0		62 66	6-25-78 3-25-73	70-74 4-6	1.52 BURL GIST(SAN MARCOS.CA) 1.37 WESLEY WARD(IN)	65 70	5- 4-85 7- 5-80
70-74 12:40.0		73	3-14-76	75-79 4-3 1/4	1.30 HERBERT ANDERSON(BELLVUE.CO)	75	3-24-78
75-79 14:30	LOU GREGORY (PENSACOLA, FL)	76	9-30-78	80+ 3-11 1/4	1.20 HERBERT ANDERSON(BELLVUE, CO)	80	8-29-82
80+ 15:47.2	PAUL SPANGLER(SAN LUIS OBISPO.CA)	80	7-28-79	POLE VAU	ILT		1012
3 MILES				DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE	35-39 16-1	4.90 BOB NEUTZLING(US)	36	5-31-80
35-39 13:44.2 40-44 14:29.2	PETER MCARDLE(NYC.NY) RAY HATTON(BEND.OR)	35	6-11-64 6-15-74	40-44 15-1 1/4 45-49 15-0	4.60 ROGER RUTH(US.VICTORIA.CAN) 4.57 ROGER RUTH(US.VICTORIA.CAN)	44	9-7-72 7-21-73
45-49 15:07	PETER MUNDLE(VENICE.CA)	42	7- 7-74	50-54 14-4	4.37 VIC COOK(WODDLAND HILLS.CA)	50	7-25-82
50-54 15:37.8	JAMES D'NEIL (SACRAMENTO, CA)	50	1-10-76	55-59 13-6 1/4		55	8 4-76
55-59 16:51.2	CLIVE DAVIES(PORTLAND, OR)	59	1-13-75	60-64 12-3 1/2	3.74 RICHMOND MORCOM(PHILADELPHIA)	63	8- 2-84
60-64 16:59.2	DON LONGENECKER(SILVER CITY, NM)	62	6-25-78	65-69 11-6	3.50 JIM VERNON(WEST COVINA, CA)	65	1-31-82
65-69 17:59.2 70-74 19:20	NORMAN BRIGHT (SEATTLE, WA) JOHN STEVENS(US)	65 70	7-22-75	70-74 10-0 75-79 8-1	3.05 CAROL JOHNSTON(WHITTIER, CA) 2.46 BDB MACCONAGHY(CA)	73	4 - 13 - 85 2 - 23 - 85
75-79 21:10.8	LOU GREGORY (PENSACOLA, FL)	70	6-16-79 5- 6-78	80+ 6-2 3/4	1.90 A. E. PITCHER(INDIANAPOLIS.IN)	82	5-26-84
80+ 24:08.2	PAUL SPANGLER(SAN LUIS OBISPO.CA)	80	7-28-79	LONG JUM		THE ROPE I	
5000 MET	and the second se			DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
DIV. MARK	NAME (RESIDENCE)		MEET DATE	35-39 25-11	7.90 TOM CHILTON (KNOXVILLE, TN)	35	6- 8-72
35-39 13:51.7	MIKE MANLEY(EUGENE, OR)	38	6- 1-80	40-44 24-4 3/4		40	3-24-78
40-44 14:59.6N 45-49 15:17.4	HAL HIGDON(MICHIGAN CITY, IN) RAY HATTON(BEND, OR)	41	8-25-72	45-49 21-11 50-54 21-1	6.68 SHIRLEY DAVISSON(VICTORVILLE, CA		10- 4-75
50-54 16:11.0	PETER MUNDLE(VENICE, CA)	48 51	8-2-80 5-31-79	55-59 20- 1/4	6.42 SHIRLEY DAVISSON(VICTORVILLE,CA 6.10 TOM PATSALIS(ALHAMBRA,CA)	50	4-12-80 7-18-81
55-59 16:27.1	JAMES D'NEIL (SACRAMENTO, CA)	55	1-12-81	60-64 19-11	6.07 TOM PATSALIS(ALHAMBRA, CA)	60	7-10-82
60-64 17:19.0	CLIVE DAVIES(PORTLAND, OR)	64	8- 2-80	65-69 16-2 1/2		65	7-21-79
65-69 18:30	WILLIAM ANDBERG(ANOKA, MN)	65	7- 4-76	70-74 14-10 1/		70	7- 3-82
70-74 20:05.4 75-79 20:59.0	RAY SEARS(CHICAGO) EDWARD BENHAM(OCEAN CITY,MD)	70 75	8- 8-77 9-23-83	75-79 12-10 1/ 80+ 11-7		76	8- 5-78
80+ 24:05.4	HAROLD CHAPSON(HONOLULU)	80	10-24-82	and the second sec	3.53 WALT WESBROOK(CA)	80	6-24-78
6 MILES		00	10 14 02	TRIPLE J DIV. MARK		See.	
DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE	35-39 49-11 1/	2 15.23 DAVE JACKSON(CARSON, CA)	AGE 36	MEET DATE 5-16-68
35-39 28:02.4	PETER MCARDLE (NYC, NY)	35	5- 3-64	40-44 46-11	14.30 DAVE JACKSON(CARSON, CA)	41	7- 7-73
40-44 29:59.0	RAY HATTON (BEND, OR)	43	4-26-75	45-49 45-2 1/4	13.77 DAVE JACKSON(CARSON, CA)	45	8-11-77
45-49 30:47.0 50-54 32:40	RAY HATTON(BEND,OR) PETER MUNDLE(VENICE.CA)	45 50	6-11-77 10- 1-78	50-54 43-3 1/2	13.19 DAVE JACKSON(CARSON, CA)	50	7-10-82
55-59 35:05	CLIVE DAVIES(PORTLAND, DR)	59	7-12-75	55-59 41-5 60-64 39-3	12.62 GORDON FARRELL(VAN NUYS,CA) 11.96 TOM PATSALIS(ALHAMBRA,CA)	57 60	1- 8-75
60-64 36:41.6	JAMES OLESON(SANTA MONICA, CA)	60	6-11-78	65-69 31-3	9.52 FRED WHITE (DUNCANVILLE, TX)	65	7-10-82 5-27-78
65-69 38:17.4	NORMAN BRIGHT (SEATTLE, WA)	65	7-12-75	70-74 29-5 1/4	8.97 JOHN DAMSKI (VAN NUYS, CA)	70	5-25-85
70-74 42:14	EDWARD BENHAM(OCEAN CITY, MD)	73	5- 2-81	75-79 28-2 3/4	8.60 WINFIELD MCFADDEN(SAN DIEGO,CA)	75	8-17-80
75-79 44:35	LOU GREGORY (PENSACOLA, FL)	76	9-30-78	80+ 22-8	6.91 HERBERT ANDERSON(BELLVUE,CO)	80	7-24-82
10.000 M	ETERS		5-301 - 30 - 14 - 1		(35-49) 16# (50-59) 12# (60+) 8#		
DIV. MARK	NAME (RESIDENCE)		MEET DATE	DIV. MARK 35-39 72-9 3/4	NAME (RESIDENCE)	AGE	MEET DATE
35-39 29:03.4 29:03.4	FRANK SHORTER(BOULDER.CO) PETER MCARDLE(NYC.NY)	36 35	6- 8-84 5- 3-64	40-44 69-9	22.19 BRIAN OLDFIELD(CA) 21.26 BRIAN OLDFIELD(CA)	38 40	5-26-84 8-15-85
40-44 30:56.0	RAY HATTON (BEND, OR)	43	4-26-75	45-49 49-1 1/2	14.97 GEORGE KER(GRANADA HILLS,CA)	49	5-20-72
45-49 31:48	RAY HATTON (BEND, OR)	45	6-11-77	50-54 58-1 1/2	17.71 PARRY O'BRIEN(MISSION HILLS, CA)	52	7- 1-84
50-54 32:10.4	RAY HATTON (BEND, OR)	51	6-18-83	55-59 51-8 60-64 55-4	15.75 GEORGE KER(GRANADA HILLS, CA)	55	5-13-78
55-59 35:03.2 60-64 35:19.8	JAMES O'NEIL(SACRAMENTO.CA) CLIVE DAVIES(PORTLAND.OR)	55 63	8-16-80 8-19-78	65-69 48-3 3/4	16.86 GEORGE KER(GRANADA HILLS.CA) 14.72 JACK THATCHER(MANHATTAN BEACH.CA	60	5-21-83
65-69 38:38.0	NORMAN BRIGHT (SEATTLE, WA)	66	8- 3-76	70-74 45-1 1/2	13.75 ROSS CARTER(EUGENE, OR)	71	10- 3-81 3-10-85
70-74 41:21.0	RAY SEARS(CHICAGD)	70	8-10-77	75-79 41-8 1/2	12.71 VERNON CHEADLE(S. BARBARA, CA)	75	5- 4-85
75-79 46:10.8	CHARLES HACKENHEIMER(CENTRAL SQ., NY)	76	8-13-82	80+ 30-1 1/2	9.18 BUELL CRANE(TWIN FALLS, ID)	84	7-13-84
80+ 49:22.8	PAUL SPANGLER(SAN LUIS OBISPO,CA)	80	7- 6-79	DISCUS TH	ROW (35-49) 2KG (50-59) 1.6KG (60+) 1KG		
ONE HOUR	RUN		and the second second	DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE	35-39 233-9 40-44 227-11	71.24 JOHN POWELL(US)	36	6- 9-84
35-39 11-1070	18.681 KEN MUELLER(BELLINGHAM, MA)	35	5-13-72	40-44 227-11 45-49 216-11	69.48 AL OERTER(NY) 66.12 AL OERTER(NY)	43	5-31-80
40-44 11-740 45-49 11-223	18.379 RAY HATTON(BEND,OR) 17.907 HAL HIGDON(MICHIGAN CITY,IN)	44 48	8-7-76 6-26-79	50-54 185-9	56.62 PARRY O'BRIEN(MISSION HILLS.CA)	45 52	3-28-82 8-19-84
50-54 10-1335	17.314 PETER MUNDLE(VENICE.CA)	50	10- 1-78	55-59 151-6	46.18 GEORGE KER(GRANADA HILLS.CA)	65	6-25-78
55-59 10-775	16.802 JAMES O'NEIL(SACRAMENTO, CA)	. 56	8 - 4 - 81	60-64 174-1	53.06 DANIEL ALDRICH(NEWPORT BEACH, CA)	62	8-17-80
60-64 10-201	16.277 CLIVE DAVIES (PORTLAND, OR)	61	8-7-76	65-69 163-1 70-74 134-5	49.72 THOMAS MCDERMOTT(MADISON, CT)	66	5- 1-84
65-69 9-604 70-74 8-1131	15.036 NORMAN BRIGHT(SEATTLE,WA) 13.909 WILLIAM ANDBERG(ANDKA,MN)	65 70	6-13-75 1C- 4-81	75-79 118-0	40.98 ROSS CARTER(EUGENE.OR) 35.96 A. REDMOND DOMS(CULVER CITY.CA)	71	6- 8-85
75-79 8-335	13.181 LOU GREGORY (PENSACOLA, FL)	75	12-17-77	80+ 84-4	25.70 JOHN WHITTEMORE (SANTA BARBARA, CA) 80	5- 8-82 12- 2-79
80+ 7-946	12.130 PAUL SPANGLER(SAN LUIS OBISPO, CA		11- 1-80				12 2-19
See Barrens		The owner	THE THE PARTY OF	DIV. MARK	IROW (35-59) 16# (60+) 12# NAME(RESIDENCE)	ACT	MEET DATE
	R STEEPLECHASE		NEET OUT	35-39 232-5	70.84 HAROLD CONNOLLY (SANTA MONICA.CA)	AGE 37	MEET DATE 7-20-69
DIV. MARK 35-39 8:38.8	NAME(RESIDENCE) MIKE MANLEY(EUGENE,OR)	AGE I 38	MEET DATE	40-44 243-1	74.10 ED BURKE(CA)	43	6-12-83
40-44 9:18.6	HAL HIGDON(MICHIGAN CITY, IN)	44	8-15-75	45-49 198-5	60.48 ED BURKE(CA)	45	5-19-85
45-49 9:39.0	HAL HIGDON(MICHIGAN CITY, IN)	46	8-11-77	50-54 182-6 55-59 175-0	55.62 BOB BACKUS(PEMBROKE, MA)	50	6-12-77
50-54 10:50.0	DON SLOCOMB(US)	51	8- 4-85	60-64 151-1	53.34 BOB BACKUS(PEMBROKE.MA) 46.06 THOMAS MCDERMOTT(MADISON,CT)	55	8- 9-81
55-59 10:59.2	KEN CARMAN(GARDEN CITY,MI)	56	7-28-84	65-69 126-10	38.66 NOLAN FOWLER(COOKEVILLE, TN)	64 67	8-14-82 1-14-80
60-64 12:33.2 65-69 12:24.8	BOB BOAL(WAKE FOREST,NC) NORMAN BRIGHT(SEATTLE,WA)	64	4-3-76 8-15-75	70-74 104-1	31.72 STANLEY HERRMANN (SANTA BARBARA.C)	4)71	10- 4-75
70-74 13:43.27	EUGENE KELLER(CINCINATTI,OH)	65 70	8-15-75	75-79 97-8	29.77 STANLEY HERRMANN (SANTA BARBARA, C.	1)75	5-12-79
75-79 19:04.8	LOU GREGORY (PENSACOLA, FL)	76	8-20-78	80+ 66-3	20.19 JOHN WHITTEMORE (SANTA BARBARA, CA	80	6- 7-80
			and the second second	JAVELIN T	HROW (35-59) 800 GRAMS, (60+) 600 GRAMS		
DIV. MARK	HURDLES (35-39) 42" (40-49) 39" (50-59)			DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 14.7	NAME(RESIDENCE) MIKE KELLY(TYBEE IS., GA)		ALET DATE	35-39 268-1	81.72 WILLIAM FLOERKE (SHAWNEE MISSION,	K\$35	7-21-79
40-44 14.67	WALT BUTLER (ALTADENA, CA)	37 40	6-16-84 8- 8-81	40-44 242-9 45-49 238-10	74.00 LARRY STUART (CA)	41	6- 9-79
45-49 15.0	JACK GREENWOOD (MENDECINO LODGE, KS)		9-14-72	50-54 186-6	72.80 LARRY STUART(EL TORD,CA) 56.84 PHILIP CONLEY(WOODSIDE,CA)	46	5-12-84
50-54 15.1	JACK GREENWOOD (MENDECINO LODGE, KS)	51	8-10-77	55-59 180-9	55.10 BILL MORALES(SANTA ANA,CA)	50	8- 4-85
55-59 16.8 60-64 16.38	CHARLES BEAUDRY (EDINBURG, TX)	55	8-24-74	60-64 181-10	55.42 ED CHYNOWETH(INDIANDLA, CA)	56 60	4-19-73 5-12-84
60-64 16.38 65-69 18.15	TOM PATSALIS(ALHAMBRA, CA) AL GUIDET(CALIFORNIA CITY, CA)	61	5-21-83	65-69 148-3	45.18 BILL MORALES (SANTA ANA, CA)	67	5-26-84
70-74 21.5	RICHARD LACEY(PELHAM, NY)	66 70	5-26-84 6-14-80	70-74 132-0	40.24 BOB MACCONNAGHY (REDONDO BEACH, CA	70	6-24-78
75-79 20.83	RUSSELL MEYERS(PENSACOLA, FL)	70	5- 9-81	75-79 108-0 80+ 94-6	32.92 EMERY CURTICE(CALISTOGA.CA)	75	7-24-82
80+ 26.0	HERBERT ANDERSON(BELLVUE, CO)	80	7-24-82	001 94-6	28.80 HERBERT ANDERSON(BELLVUE.CO)	80	7-24-82
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DIV.	MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39	6230	PHIL MULKEY (BIRMINGHAM, ALA)	38	3-26-7
10-44	6212	DAVE THORESON(SANTA BARBARA, CA)	40	6- 6-8
15-49	5734	GARY MILLER(GLENDALE, CA)	47	3-23-85
50-54	5399	HARVEY SCHELLENBERG(REEDLEY, CA)	50	7- 2-8:
55-59	5246	RICHMOND MORCOM(PHILADELPHIA)	55	9-11-70
10-64	4552	RICHMOND MORCOM(PHILADELPHIA)	61	8-28-8:
5-69	2783	CLAUDE HILLS(FLOURTOWN, PA)	65	6-24-7
0-74	2513	CLAUDE HILLS(FLOUROWN, PA)	70	7- 3-8:
5-79	1659	HERBERT ANDERSON(BELLVUE, CO)	75	3-24-71
80+	851	JOHN WHITTEMORE(SANTA BARBARA, CA)	80	12- 1-79
501		Contractioner Sandara, Car		
501	the second second second			1
	the second second second	DN(IAAF SCORING TABLES)		MEET DATE
DIV.	PENTATHL		AGE 35	MEET DATE 8- 9-8
DIV. 5-39	PENTATHL	DN(IAAF SCORING TABLES) NAME(RESIDENCE) REX HARVEY(DES MOINES,IA)	AGE	8- 9-8
DIV. 5-39 0-44	PENTATHLO MARK 2999	DN(IAAF SCORING TABLES) NAME(RESIDENCE)	AGE 35	8- 9-8 8-16-8
DIV. 5-39 0-44 5-49	PENTATHLO MARK 2999 2933	DN(IAAF SCORING TABLES) NAME(RESIDENCE) REX HARVEY(DES MOINES,IA) GARY MILLER(N. HOLLYWOOD,CA)	AGE 35 43	8- 9-8 8-16-8 9-30-8
DIV. 5-39 0-44 5-49 0-54	PENTATHLO MARK 2999 2933 2998	DN(IAAF SCORING TABLES) NAME(RESIDENCE) REX HARVEY(DES MOINES,IA) GARY MILLER(N. HOLLYWOOD.CA) GARY MILLER(N. HOLLYWOOD,CA)	AGE 35 43 45	8-9-8 8-16-8 9-30-83 4-2-76
DIV. 5-39 0-44 5-49 0-54 5-59	PENTATHLO MARK 2999 2933 2998 2251	DN(IAAF SCORING TABLES) NAME(RESIDENCE) REX HARVEY(DES MOINES,IA) GARY MILLER(N. HOLLYWOOD,CA) GARY MILLER(N. HOLLYWOOD,CA) RICHMOND MORCOM(PHILADELPHIA)	AGE 35 43 45 54	8-9-8 8-16-8 9-30-83 4-2-76 8-12-77
DIV. 5-39 0-44 5-49 0-54 5-59 0-64	PENTATHLO MARK 2999 2933 2998 2251 2439	DN(IAAF SCORING TABLES) NAME(RESIDENCE) REX HARVEY(DES MOINES,IA) GARY MILLER(N. HOLLYWOOD,CA) GARY MILLER(N. HOLLYWOOD,CA) RICHMOND MORCOM(PHILADELPHIA) RICHMOND MORCOM(PHILADELPHIA)	AGE 35 43 45 54 56	second the rest of the local second
DIV. 5-39 0-44 5-49 0-54 5-59 0-64 5-69	PENTATHLO MARK 2999 2933 2998 2251 2439 2182	DN(IAAF SCORING TABLES) NAME(RESIDENCE) REX HARVEY(DES MOINES,IA) GARY MILLER(N. HOLLYWOOD.CA) GARY MILLER(N. HOLLYWOOD.CA) RICHMOND MORCOM(PHILADELPHIA) RICHMOND MORCOM(PHILADELPHIA) JOHN ALEXANDER(MCCAMEY,IX)	AGE 35 43 45 54 56 61	8-9-8 8-16-8 9-30-83 4-2-76 8-12-77 5-8-8
DIV. 5-39 0-44 5-49 0-54 5-59 0-64 5-69 0-74 5-79	PENTATHLO MARK 2999 2933 2998 2251 2439 2182 1664	DN(IAAF SCORING TABLES) NAME(RESIDENCE) REX HARVEY(DES MOINES,IA) GARY MILLER(N. HOLLYWOOD.CA) GARY MILLER(N. HOLLYWOOD.CA) RICHMOND MORCOM(PHILADELPHIA) RICHMOND MORCOM(PHILADELPHIA) JOHN ALEXANDER(MCCAMEY,IX) - CHARLES JOHANNESMEYER(SANFORD,SC)	AGE 35 43 45 54 56 61 65	8-9-8 8-16-8 9-30-83 4-2-76 8-12-77 5-8-8 5-4-83

WOMENS AMERICAN FIVE YEAR AGE GROUP RECORDS

100 YARDS			
DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 12.3 40-44 11.4	ALMETA PARISH(SAN FRANCISCO) IRENE OBERA(DAKLAND,CA)	38 42	5-17-75
45-49 11.7	IRENE OBERA(MORAGA, CA)	45	4-28-79
50-54 13.5	SHIRLEY KINSEY(LA CRESCENTA.CA)	51	2- 7-81
55-59 15.5	SHIRLEY DIETDERICH(BERKELEY, CA)	55	7-29-82
60-64 14.7	JOSEPHINE KOLDA(SAN FRANCISCO.CA)	64	5- 1-82
65-69 15.2 70+ 26.6	POLLY CLARKE(LOVELAND,CO) MARILLA SALISBURY(SAN DIEGO.CA)	67 73	5-21-78
10. 20.0	MARILLA SALISBORI(SAN DILBO,CA)	10	0 1 01
100 METERS DIV. MARK		105	
DIV. MARK 35-39 11.9	NAME(RESIDENCE) PHIL RASCHKER(ATLANTA.GA)	AGE 36	MEET DATE 6-25-83
40-44 12.6	IRENE OBERA (OAKLAND, CA)	42	7- 3-76
45-49 12.63	IRENE OBERA(MORAGA, CA)	45	7- 7-79
50-54 12.9	IRENE OBERA(MORAGA, CA)	51	6- 1-85
55-59 14.6 60-64 15.5	RUTH CHRISTIAN(CORONA,CA) JOSEPHINE KOLDA(SAN FRANCISCO.CA)	55	8-18-79
65-69 16.1	POLLY CLARKE(LOVELAND.CO)	63 67	10- 3-81 5- 6-78
70+ 16.2	POLLY CLARKE(LOVELAND, CD)	70	4-17-81
200 METERS	in all manager and the second		
DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 24.63	PHIL RASCHKER (ATLANTA, GA)	36	9-24-83
40-44 26.1	IRENE OBERA (OAKLAND.CA)	42	7- 4-76
45-49 26.21 50-54 27.3	IRENE OBERA (MORAGA, CA) IRENE OBERA (MORAGA, CA)	47	1-13-81
55-59 33.64	FLORENCE REARDON(OREGON, OH)	51	6- 1-85 9-26-83
60-64 33.3	JOSEPHINE KOLDA (SAN FRANCISCO, CA)	63	2-27-82
65-69 34.2	JOSEPHINE KOLDA(SAN FRANCISCO.CA)	67	5-18-85
70+ 34.2	POLLY CLARKE(LOVELAND.CO)	71	9- 6-81
400 METERS			
DIV. MARK 35-39 56.8	NAME(RESIDENCE) PHIL RASCHKER(ATLANTA,GA)	AGE 36	MEET DATE 6-25-83
40-44 59.9	IRENE OBERA (OAKLAND, CA)	42	7- 4-76
45-49 61.1	IRENE OBERA (OAKLAND, CA)	46	8-16-80
50-54 63.7	IRENE OBERA (MORAGA, CA)	51	5-18-85
55-59 79.9 60-64 80.3Y	NOLA BRUHN (SEATTLE, WA)	56	7- 3-85
60-64 80.3Y 65-69 82.3	JOSEPHINE KOLDA(SAN FRANCISCO.CA) JOSEPHINE KOLDA(SAN FRANCISCO.CA)	64 65	5- 1-82
70+ 84.23	POLLY CLARKE (LOVELAND, CO)	73	9-28-83
		1	
BOO METERS DIV. MARK	NUME (DECTORNER)	1.45	
35-39 2:20.95	NAME(RESIDENCE) SUSANNE HOULTON(ATLANTA.GA)	AGE	MEET DATE 7-14-84
40-44 2:22.0	SANDRA KNOTT (CLEVELAND. OH)	43	1-10-81
45-49 2:27.35	MARILYN HARBIN(MARTINEZ.CA)	46	8-19-84
50-54 2:33.00	GRETCHEN SNYDER(BERKELEY, CA)	50	5-19-84
55-59 2:48.2 60-64 3:11.4	BERYL SKELTON(FAIRPORT,NY) PAT DIXON(BEND,OR)	55	8-17-84
65-69 3:34.4	ALICE WERBEL (SAN LUIS OBISPO.CA)	62 65	8-29-81 10 4-80
70+ 3:30.0	POLLY CLARKE(LOVELAND.CO)	70	8- 6-82
		-	
1500 METERS DIV. MARK		and the second se	and the second
35-39 4:40.2	NAME (RESIDENCE) CINDY DALRYMPLE (HONOLULU)	AGE	MEET DATE
40-44 4:39.8	MIKI GORMAN(LOS ANGELES)	35 42	6-18-77 9- 3-77
45-49 4:57.1	MARYLIN HARBIN(MARTINEZ, CA)	46	8-18-84
50-54 5:09.5	MILA KANIA(WARWICK, NY)	50	7-25-82
55-59 5:20.0 60-64 6:04.6	MARGARET MILLER (THOUSAND OAKS, CA)	56	5- 8-82
65-69 6:57.42	PAT DIXON(BEND,OR) EDNA LAFLIN(SUN CITY,AZ)	63 66	6-25-82 8-18-84
70+ 7:31.9	POLLY CLARKE (LOVELAND, CO)	72	8- 8-84
04/F 11/2	the second s		1997 - 19
DIV. MARK	NAME (RESIDENCE)	-	
35-39 5:15.5	SUSAN BUCHANAN(PHOENIXVILLE, PA)	AGE 37	MEET DATE 4- 5-75
40-44 5:12.5	SANDRA KNOTT (CLEVELAND, OH)	41	8- 4-79
45-49 5:28.9	MARYLIN HARBIN(MARTINEZ, CA)	45	2-29-83
50-54 5:56.8 55-59 5:50.6	MARGARET MILLER(THOUSAND DAKS, CA)	54	6- 7-80
55-59 5:50.6 60-64 6:35	MARGARET MILLER(THOUSAND DAKS,CA) PAT DIXON(BEND,OR)	55	2- 7-81
65-69 6:55.6	PAT DIXON(BEND. OR)	63 66	7-23-82 6-22-85
70+ 12:22.6	MARILLA SALISBURY (SAN DIEGO, CA)	73	7-11-81
		-	

3000 METER	RS		
DIV. MARK 35-39 9:38.6	NAME(RESIDENCE) CINDY DALRYMPLE(HONOLULU, HI)	AGE	MEET DATE 6-11-77
40-44 10:04	MIKI GORMAN(LOS ANGELES)	41	5-22-77
45-49 10:41.8 50-54 11:29.6	VICKY BIGELOW(SAN LORENZO.CA) MILA KANIA(WARWICK,NY)	48 50	3-22-84 7-25-82
55-59 13:33.8	MARCIA MCCHESNEY (EUGENE, OR)	55	6-23-85
60-64 13:23.8 65-69 13:47.6	MARY STOREY(RIVERSIDE, CA) PAT DIXON(EUGENE, OR)	61 66	8-10-85 6-23-85
70+ 18:22.0	BESS JAMES(SAN JACINTO, CA)	72	1-31-82
TWO MILES	and a superior of the second second		
DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 11:39.6I 40-44 11:29.2	NINA KUSCSIK(US) SANDRA KNOTT(CLEVELAND, OH)	39	1-11-78 8- 4-79
45-49 11:43.0	MARY CZARAPATA(NEW BERLIN, WI)	45	9-13-80
50-54 12:13.0 55-59 13:46	MARGARET MILLER(THOUSAND DAKS,CA) MELBA HATCH(CANTON,MI)	54 57	6- 7-80 7-23-85
60-64 19:48	FLORENCE FAWLEY (WESTERVILLE, OH)	61 73	5-27-84 7-11-81
70+ 26:03.8	MARILLA SALISBURY(SAN DIEGO,CA)	15	
5000 METER			
DIV. MARK 35-39 16:36.2	NAME(RESIDENCE) DORIS HERITAGE(SEATTLE.WA)	AGE 35	MEET DATE 4-22-78
40-44 16:57.4	JUDY FOX (SUNNYVALE, CA)	40	8-16-81
45-49 17:59.0 50-54 18:44.6	VICKY BIGELOW(SAN LORENZO,CA) MILA KANIA(WARWICK,NY)	47 50	7-24-82 6 13-82
55-59 20:05.0	HELEN DICK(LOS ANGELES,CA)	59	4-29-84
60-64 22:26.4 65-69 27:12.2	PAT DIXON(BEND, OR) ALICE WERBEL(SAN LUIS OBISPO.CA)	62 65	8-16-81 8-16-81
70+ 27:25.8	BESS JAMES(SAN JACINTO,CA)	74	9-23-83
10.000 MET	TEDS		
DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 35:37.8 40-44 35:33.6	CINDY DALRYMPLE(HONDLULU) JUDY FOX(SUNNYVALE,CA)	35 40	6- 8-78 8-15-81
45-49 38:19.8	VICKY BIGELOW (SAN LORENZO, CA)	48	8-21-83
50-54 38:53.6 55-59 41:32.2	MILA KANIA(WARWICK,NY) TOSHIKO D'ELIA(RIDGEWOOD,NJ)	51 55	6-26-82 8-23-85
60-64 44:51.0	PAT DIXON(BEND, OR)	63	7-16-82
65-69 67:45 70+ 60:01	RUTH UPDEGROVE(HONOLULU) BESS JAMES(SAN JACINTO,CA)	67 70	4-23-78 7-13-80
			10 00
ONE HOUR R	The second sec	ACT	HEET DATE
DIV. MARK 35-39 9-1124	NAME (RESIDENCE) 15.512 MARYLIN PAUL (PORTLAND, OR)	AGE 36	MEET DATE 7-20-74
40-44 9-1197 45-49 9-376	15.579 LINDA SIPPRELLE(WASHDC) 14.828 MARILYN HARBIN(MARTINEZ,CA)	43	7-29-78
50-54 8-1355	14.114 NICKI HOBSON(SAN DIEGO, CA)	45 50	3-26-83 8- 4-81
55-59 7-1021 60-64 8-10	12.199 MARCIE TRENT(ANCHORAGE, AK) 12.884 MARCIE TRENT(ANCHORAGE, AK)	58	7-18-76
65-69 5-1194	9.139 EDNA BERG(BOZEMAN.NT)	67	2- 5-83
70+ 5-1124	9.075 FELICITAS SALIZARISAN DIEGO.CA)	73	8-17-82
HIGH JUMP			
DIV. MARK 35-39 5-2	NAME(RESIDENCE) 1.57 JOANNE GRISSOM(INDIANAPOLIS.IN)	AGE 37	MEET DATE
5-2	1.57 PHIL RASCHKER(ATLANTA.GA) 1.47 JOANNE GRISSOM(INDIANAPOLIS.IN)	36 40	7-2-83
45-49 4-4	1.32 SHIRLEY SMITH(ST. PETERSBURG, FL)	47	7.16-82
50-54 4-4 1/4 55-59 3-8	1.33 CHRISTEL MILLER(GLENDALE,CA) 1.12 JDYCE VARNEY(HONOLULU,HI)	50 57	8-10-85 9-17-83
60-64 3-4	1.01 BARBARA HUMMEL (CANTON, OH)	60	8- 3-85
65-69 3-8 70+ 3-4	1.12 MARY BOWERMASTER(FAIRFIELD, OH) 1.01 VIVIAN NELSON(HARRISBURG, PA)	67 71	8-17-84 8-17-84
	a destaday the state and		
LONG JUMP DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 21-4 40-44 16-10 3/4	6.50 WILLYE WHITE(US) 5.15 JOANNE GRISSOM(INDIANAPOLIS, IN)	35 44	10-26-74
45-49 15-9	4.80 IRENE OBERA (OAKLAND, CA)	45	1-20-83 4- 7-79
50-54 10-7 1/4 55-59 12-0	3.23 MAGDALENA KUEHNE(TUJUNGA,CA) 3.66 SHIRLEY KINSEY(LA CRESCENTA,CA)	52 55	9-23-83
60-64 5-9	1.75 DOT CALLAN(HI)	62	12-31-80
65-69 10-5 1/4 70+ 9-11 1/4	3.18 MARY BOWERMASTER(FAIRFIELD.OH) 3.03 EDITH MENDYKA(TUJUNGA.CA)	66 71	9-23-83
	and the second sec	-	
DIV. MARK	NAME (RESIDENCE)	AGE	MEET DATE
35-39 45-3	13.79 LYNN GRAHAM(FRESND.CA)	35	4- 9-83
40-44 42-4 45-49 39-7 3/4	12.90 JOANNE GRISSOM(INDIANAPOLIS, IN) 12.08 JOANNE GRISSOM(INDIANAPOLIS, IN)	41	7-22-80
50-54 31-9 3/4 55-59 31-6	9.69 CHRISTEL MILLER(GLENDALE, CA)	50	1-20-85
60-64 31-4	9.60 BERNICE HOLLAND(CLEVELAND, OH) 9.55 EDITH MENDYKA(TUJUNGA, CA)	58 61	8-25-85 6-17-72
65-69 35-4 70+ 29-3	10.77 HELEN STEPHENS(FLORISSANT, MD) 8.91 EDITH MENDYKA(TUJUNGA, CA)	65	6- 1-83
		70	5- 9-81
DISCUS THE	NAME (RESIDENCE)	AGE	MEET DATE
35-39 122-11 40-44 98-2	37.46 LYNN GRAHAM(FRESNO.CA) 29.92 JOANNE GRISSOM(INDIANAPOLIS.IN)	35	4- 9-83
45-49 106-5	32.44 JOANNE GRISSOM(INDIANAPOLIS, IN)	42 45	7-13-81 8- 7-83
50-54 90-4 55-59 100-8	27.53 SHIRLEY KINSEY(LA CRESCENTA.CA) 30.68 BERNICE HOLLAND(CLEVELAND.OH)	53 57	7-10-82
60-64 64-3	19.58 EDITH MENDYKA (TUJUNGA, CA)	62	6-30-84 6-24-73
65-69 63-6 70+ 62-6	19.35 EDITH MENDYKA(TUJUNGA,CA) 19.05 EDITH MENDYKA(TUJUNGA,CA)	68 70	10- 6-79 8- 8-81
in the second second		10	5 6 81
JAVELIN TH	NAME (RESIDENCE)	AGE	MEET DATE
35-39 117-5 40-44 113-1	35.80 LURLINE STRUPPECK(BATON ROUGE, LA 34.48 CAROLE LEAF(VALLEY STREAM, NY)) 39	8-23-85
45-49 102-8	31.30 CHRISTEL MILLER(GLENDALE, CA)	43 48	8-24-85 3-23-83
50-54 109-0 55-59 88-10	33.22 CHRISTEL MILLER(GLENDALE, CA) 27.07 SHIRLEY KINSEY(LA CRESCENTA, CA)	50	4 21-85
60-64 76-1	23. 19 EDITH MENDYKA (TUJUNGA, CA)	55 61	10- 6-84 6-17-72
65-69 74-0 70+ 72-7	22.55 EDITH MENDYKA(TUJUNGA,CA) 22.12 EDITH MENDYKA(TUJUNGA,CA)	65 72	6-27-76 5-14-83
and the state of the			5 14 65

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WORLD ASSOCIATION OF VETERAN ATHLETES Appication for World Veteran Age-Group Record/World Veteran Age-Group 'Best Performance'/World Veteran Age-Best Performance	WORLD ASSOCIATION OF VETERAN ATHL Application for World Veteran Age-Group Record/World V Age-Best Performance	
TRACK OR ROAD EVENT	FIELD EVENT	
To: PETE MUNDLE, CHAIRMAN, W.A.V.A. RECORDS COMMITTEE,	To: PETE MUNDLE, CHAIRMAN, W.A.V.A. RECORDS COMMITTEE, 4	017 Via Marina
4017 Via Marina No. C-301, Venice, CA 90291, USA. Application is hereby made for a World Veteran Age-Group Record/World Veteran Age-Group 'Best Performance'/World Veteran Age-Best Performance, in support of which the following is submitted:-	No. C-301, Venice, CA 90291, USA. Application is hereby made for the World Veteran Age-Group Record/World V. Performance, in support of which the following information is submitted:- (Please type or use capitals throughout)	eteran Age-Best
Event	Funt	Mar /III and
Full Name of Competitor(s)	Event Age-Group Full Name of Competitor Date of Birth Competitor's Country Date of Meeting	
Date(s) of Birth	Name of Stadium	
Competitor's Country Date of Meeting	amined by me after performance and conforms exactly with the relevant I.A.A.F	. Rule except as
Name of Stadium Town	modified by W.A.V.A. By-Laws (Appendix A) for veterans competition. I further implement used weighed	
RESULT OF RACE The names of the first three competitors and their times were as follows:-	Name Signature	
1st	FILED JUDGES' CERTIFICATE	
3rd	We hereby certify that the measurement stated opposite our respective signatumeasured in accordance with I.A.A.F. Rule 148, paragraph 10 (a). We further certicle or runway complied with I.A.A.F. specifications.	
Name of Starter Signature	(Distance or height) (Name of Field Judge) (Signature)	
TIMEKEEPERS' CERTIFICATES (HAND TIMING) I, the undersigned official Timekeeper of the race, hereby certify that the time set opposite my signature was the exact time recorded by my watch and that the watch used by me has been cer-	metres	
tified and approved by my National Governing Body.		
Time Name Signature Time Name Signature Time Name Signature	(Distance or height) (Name of Field Judge) (Signature)	
Time	WIND GAUGE (LONG AND TRIPLE JUMP ONLY) I hereby certify that wind speed in direction of running was	metres/sec.
stated.	Name of Operator Signature	
(Name of Chief Timekeeper or Referee) (Signature) ELECTRICAL TIMING	RESULT OF COMPETITION	
A fully automatic electrical timing device was used. The time recorded was and this was the official time.	The names of the first three competitors and their performances were as follows:	M
(Name of Chief Photo-Finish Judge) (Signature)	1st Performance	
NOTE - A Photo-Finish print must be included with this application. WIND GAUGE	3rd	
I hereby certify that wind speed in direction of running was metres/sec. Name of Operator	GUARANTEE BY REFEREE	
HURDLES EVENTS	I hereby certify:- i) That the lateral inclination of the runway did not exceed 1:100 and that the inc	lination in the
Height of hurdles Distance to first hurdle	running direction did not exceed 1:1000 downwards. ii) That the ground where the implement landed was not lower (by more than 1:	1000) than the
Were all hurdles at correct balance?	runway or circle. OR ii) That the level of the Long Jump or Triple Jump landing area was not lower that	in the take-off
GUARANTEE BY REFEREE	board. iii) That the appropriate I.A.A.F. Rules of Competition were observed.	an the take-off
I hereby certify:- i) That I have examined a copy of the track surveyor's certificate wherein the exact measure- ment of one lap is stated to be metres cms. or yds ft ins. ii) That the exact distance of the course over which this event was held was metres	 iv) That the officials conducting the competition were duly qualified. v) That all information recorded in this application is accurate, and I recommention for acceptance. 	d this applica-
iii) That the lateral inclination of the track did not exceed 1:100 and that the overall inclination	Name of Address of Referee	
in the running direction did not exceed 1:1000 downwards. iv) That the appropriate I.A.A.F. Rules of Competition were observed.		
v) That the officials conducting the competition were duly qualified. vi) That all information recorded in this application is accurate, and I recommend this applica-	Signature Date	
tion for acceptance. Name and Address of Referee	THE FOLLOWING MUST BE ENCLOSED WITH THIS APPLICATION:- 1. Programme of the Meeting.	
	2. Copy of athlete's birth certificate. 3. Copy of the Results Card.	
Signature Date	(If available, press cuttings and a photograph of the athlete should accompany this a historical purposes.)	application for
 Programme of the meeting. Copy of athlete's birth certificate. Photo-Finish print (if a fully automatic electrical timing device was used). (If available, in- 	CERTIFICATE OF CHAIRMAN OF RECORDS COMMITTEE	
termediate times, press cuttings and a photograph of the athlete should accompany this applica- tion for historical purposes.)	I hereby certify that the Records Committee recommend as follows:	
CERTIFICATE OF CHAIRMAN OF RECORDS COMMITTEE I hereby certify that the Records Committee recommend as follows:-	Signature	
member(s) recommend(s) acceptance.	Signature Date	
Signature	RECOMMENDATION OF VICE-PRESIDENT I recommend that this performance be/not be accepted as a World Vetera	n Age-Group
RECOMMENDATION OF VICE-PRESIDENT I recommend that this performance be/not be accepted as a World Veteran Age-Group Record/World Veteran Age-Group 'Best Performance'/World Veteran Age-Best Performance.	Record/World Veteran Age-Best Performance. Signature	
Signature Date	W.A.V.A. APPROVAL	125
W.A.V.A. APPROVAL		
(President) (Date) (Secretary)	(President) (Date) (Secretary)	



Sweden's Gun Johansson hurls discus in W40 competition at VI World Veteran Games in Rome in June

Murray **Takes The 5th**

NEW YORK CITY, September 28, Dan Murray of Modesto, California, one of the country's top Masters road racers, showed his heels to one of the deepest 40-and-over mile fields ever assembled in capturing the prestigious 5th Avenue Masters Mile today in a time of 4:28.8.

Murray led a charge across the finish line that saw the first 9 runners all dip under 4:35. Tom Robinson, the 1985 **RRCA 5K Cross-Country Masters** Champion; took 2nd place in 4:30.75, followed by Morris Whiting in 4:31.47.

Half way through the race, the 40-year-old Murray broke away from a lead pack that included 1983 winner Ted Haiman, Harry Cummins, of Portland, Oregon, and Matt Cucchiara, 1984 TAC National 10K road race champion. Murray covered the last 800 meters of the race in 2:11.7 to hold off all challengers.

The top age 50 + age speedsters were represented by John Connor, 50, the 1985 TAC National Champion at 1500

meters, who ran a remarkable 4:40.10 to finish 11th, just nipping 50-year-old Witold Bialokur, who crossed the line in 4:41.10.

The depths of the field was illustrated by the 15th-place finish of M50-54 World Silver Medalist at 400, Cliff Pauling, and 1984 runner-up in this race, Jan Prosseda of Harrisburg, Pa., who finished 16th.

(NMN thanks the anonymous contributor for this well-written article. - Ed.)



Opening ceremonies at TAC National Masters T& F Championships in Indianpolis. Left: Olympian Ed Burke, 1984 Masters Athlete-of-the-Year; center: Masters T&F Chairman Jerry Donley; right: TAC President Ollan Cassell photo by Gretchen Snyder

Agentina Circulo Argentino

de Atletas Veteranos Nelida C. de Weber Varela 877 - CP 1406 Canital Federal

Australia Australian Association Veteran's Athletic Clubs Wal Sheppard 2 Montgomery Place, Bulleen 3105

Austria Austrian Athletic-Federation Roland Gusenbauer 1040 Vienna Prinz Eugenstrasse 12

Belgium Veteranen Belgie -Fit Veteraan Henri Salavarda rue du Roi Albert 343, B.4480 Dupeye

Brasil

Associacao Atletica Veteranos de Sao Paulo Exuperio Borges Soares Avenida Santos Dumont 752 - Apto. 2 Sao Paulo

Canada **Canadian Masters** Athletic Association Audrey Hiemstra **19 Hayward Crescent** Agincourt Ontario MIS 2T7

Chile Agrupacion de Atletas Seniors de Chile Judith Allendes Caceres Avda. Monterey - 2338 Conchali Santiago

Colombia Federacion Colombiana de Atletismo Senior Master (Atlemaster) David Cortes Herrera, Carrera 8 no. 43-33 Bogota

Denmark Dansk Athletik Forbund Frank Horn Osterbrogade 228, DK.2100 0

Finland Suomen Veteraaniurhelulitto RY

Irene Merjamaa Immolantie 20.B 00780 Helsinki 78

F.F.A. (Commission Federale des Veterans) Marcel Bars 44 rue d'Estienne-d-Orves, 91210 Draveil

Germany (West) Deutscher Leichtathletic-Verband 61 Darmstadt, Rheinstrasse 20A

Greece Hellenic Track and Field Association John Psiakis 137 Syngrou Avenue Athens

Hong Kong Athletic Veterans of Hong Kong Mrs. Margaret Brooke, 53a Stubbs Road

Hungary Hungarian Athletic Association Veteran Committe Ferenc Laszlo Tesch **Budapest XV** Paskomliget u.71.V/21.

Iceland Icelandic Committee For Veteran Athletes Olafur Gudmundsson, Bakkaseli 27, 109 Reykjavik

India All India Veteran Athletic Association Milkha Singh 23 Sector 7A Chandigarh



WORLD ASSOCIATION OF VETERAN ATHLETES

Affiliates at 1 July 1985

Indonesia Ikatan Atlet Master and Veteran Indonesia Theodorus Willem Sigar Jalan Walet No. G-86 Complex Hankam Slipi Jakarta Barat

Ireland (Eire) Irish Veteran Athletes Association Michael Connolly, 6 Manor Close, Rathfarnham Dublin 16

Israel Israel Association of Veteran Athletes Beyer Ben Zion 51 Yehuda Halevi Street Tel Aviv

Italy I.M.I.T.T. Riccardo Cattoni Localita Buttassi 25 16030 Moneglia (GE)

Japan Nippon Masters Athletic Union Kiyoshi Konoike (Mr.) 72-36 Konami Wakayama

Jugoslavia Atletsko Drustvo 'Veteran' Jugoslavija **Boris Stepinac** Ulica Brace Domany 4 41000 Zagreb



Veteran Athletic Association Ray Cassar Torreggiani The Albatross Windmill Street, Lija

Mexico Asociacion Mexicana de Atletismo Masters, AC Maximiliano Wong Moran, c/. 651 no. 144 San Juan de Aragon Mexico DF CP 07920

The Netherlands Imke Parlevliet, Everlaan 24 6705 DJ Wageningen

Netherlands Antilles Netherlands Antilles Masters Athletic Association W. von Hertzberg, PO Box 700 Oranjestad, Aruba

New Zealand New Zealand Association of Veteran Athletes Jim Blair 43 Elmslie Road, Upper Hutt

Norway Veteran Group of the Norwegian Athletic Associa-Anita Nilsen Sorgenfrigt 34, 0365 Oslo 3

Philippines Philippine Association of Master Athletes John L. Bagtas Apt. C-100 State v Condomin Guadalupe Viejo Makati Metro-Manila

Clube de Veteranos de Atletiamo Luis Filipe Duarte Av. Infante Santo 68-EF-7* 1300 Lisboa

Paerto Rico Puerto Rico Masters Association Carmen Gomez Marti Los Alpes --226 Ext. El Comandante Carolina Puerto Rico 00630

Singapore Singapore Association of Veteran Athletes Hari Chandra Block 44 Marine Crescent -24-12 Singapore 1544

South Africa South African Masters Athletic Association Joe Botha PO Box 5180 1403 Delmenville

Sri Lanka Sri Lanka Veterans Athletic Association M.S. Halleldeen, 368 Galle Road, Colombo 3

Sweden Swedish Amateur Athletic Association Alan Scott Krossbacken 16, S-183 43 Taby

Switzerland Schweizerischer Leichtathletik Verband, Seniorenkommission Herbert Wohler Geissmatteli 2 CH - 5610 Wohlen

Taiwas (R.O.C.) ainese Taipei Tra-and Field Associan is. Chi Cheng Fitino E Re 55 Chung -

Box 18

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United States Virgin Islands Victor Clairmont Box 6166 Sunny Isle St. Croix **USVI 00820**

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November, 1988

Open Women Edge Masters In Mythical "Dual Meet"

If the winning marks in the 1985 TAC National Masters Track and Field Championships are compared to the winning marks in the 1985 TAC National Women's T&F Championships, the Masters win, 7-6, in the 13 events where conditions are virtually the same.

However, if the events are scored like a dual meet (1st=5 points; 2nd=3 points; 3rd=1 point), the women come out on top, 60=57.

The caliber of competition between Masters men and open women is very close. Some experts say a 42-year-old man is generally the athletic equivalent of a woman in her prime.

But the equality of ability would seem to depend upon the event. The women outscored the men, 19-8, in the sprints, while the men swept the distance events, 18-0. John Hartfield "scored" 13 points all by himself to prevent a female sweep of the field events, 14-13. The Masters outscored the women, 48-42, in individual events, but were outpointed in the relays, 18-9.

The six-year totals are now: Eventsi open women 33, Masters men 33. Pointsi open women 320½, Masters men 273½. □

Tighe, Lagrander Winners in Nike 25K

Canadian Jerry Tighe, 40, of Vaneouver, B.C., was the first M40-andover and fourteenth of 440 finishers with 1:23:02 in the NIKE/Oregon TC 25K on September 8 in Eugene, Oregon. The next Master runner was Gary Goettelman, M40, in 1:29:54. Patrick Devine won the M55 division with 1:35:57.

Lyn LaGrander, 48, of Eugene, left younger Masters women behind to take the W40-and-over title with her W45 win in 1:50:42.

Overall winners were also Eugenians: Odis Sanders, 26, (1:16:00) and Jill Jones, 24, (1:32:22).

Obera Long Jumps to W50 AR

Irene Obera, \$1, of Moraga, California, added another national record to her collection with a 14-1/2 long jump in the Northern California Senior Olympics at Laney College in Oakland, California, on September 14. Obera erased Southern Californian Christel Miller's three-week-old American W50 record of 13-3 set in Indianapolis at the Nationals in late August. Miller's two-year-old record of 10-71/4.

Obera, better known for her sprint world records, is no newcomer to the long jump. Although she does not contest it regularly, she holds the W45 American mark of 15-9.

M YTHICAL DUAL MEET MASTERS MEN VS. OPEN WOMEN

(Actual performances from the 1985 TAC National Masters TAF Championships == held in Indianapolis from August 23=25 == combined with the actual performances from the TAC National Women's TAF Championships == held in Indianapolis from June 14=16 == and scored as if it were a dual meet: 5 points for first; 3 points for second; 1 point for third:)

100 1 Merlene Ottey=Page 2 Clarence Ray 3 Pam Marshall 200	N 10,98 N 11,09 N 11,21	10000 1 Bill Clark 2 Andy Raine 3 Mike-Heffernan 4 Francie Larrieu Smit	
T Merlene Ottey=Page 2 Pam Marshall 3 Grace Jackson 4 Glarence Ray 400	W W W W W	HIGH JUMP 1 John Hartfield 2 Louise Ritter 3 Coleen Sommer LONG JUMP	M 6=64 N 6=34 N 6=34
T Jim Burnett B Lillie Leatherwood 3 Diane Dixon ACO	M 50,59 W 50,64 W 50,79	i Garel Lewis B John Hartfield 3 Sabrina Williams TAIPLE JUMP	
1 George Cohen 2 Barry Adams 3 Claudette Groenendaa 1600	M 1157.73 M 1158.79 1W 1159.48	1 John Hartfield 2 Wendy Brown 3 Donna Thomas 4X100 RELAY	N 44-8 N 43-2 N 43-1
1 Diana Richburg 2 Darlene Bickford 3 Barry Adams 9000	W 4:04.73 W 4:06.46 M 4:07.41	1 Puma Track Club 'A' 8 Puma Track Club 'B' 3 Michigan State 4 Atlanta Track Club	W 43.96 W 45.19 W 45.74 M 46.44
1 Enris Logsley 2 Mike Heffernan 3 Kirk Randall 5 Sue Birard	M 1100000000000000000000000000000000000	AXABB RELAY I New York Police P Puma Track Club 3 Atlanta Track Club	W 3133.91 W 3136.35 M 3140.2
Score: Open Women:::: Masters Men:::	60	AKROB RELAY 1 Atlanta Traek Elub 2 Ann Arber TE 3 Puma Traek Elub	M 8:31.72 M 8:33.00 W 8:36.86



At the last minute, Pennsylvania's Norm Green, 53, decided to fly to Minneapolis for the Twin Cities Marathen on October 6: Not a bad decision. Green: 1) won the men's 50-54 age title, 2) set a new age-53 record of 2:29:42, 3) won \$1250 for placing 11th in the age graded competition. photo by Bruce Bispane

Potomac Valley Wins East Quad Meet

The Potomae Valley Seniors men's and women's ten-year age group teams ran, jumped, and threw to a 590-point total to win, overall, the East Coast Masters Quadrangular Meet at Ursinus College in Collegeville, Pennsylvania, August 18, which was slightly dampened by a light rain. The New York Masters groups compiled 514 points for second, while the Philadelphia Masters was third with 170, and the Shore Athletic Club a distant fourth with 40.

Potomae Valley's M50-59 athletes led the attack with 125 points — one of the club's six firsts in the eight-division competition — to the New York Masters 90 points. Potomae's M40-49 team contributed 103 points to the total, with New York's squad second at 69.

The New York Masters women's teams won the two other contests, in the 30-39 (99 points) and 50-59 (78 points) divisions.

Division competition saw strong

winning performances by single eventers and many multiple-event athletes who piled up points with outstanding marks, characterized by Potomae's Valley's Rudy Enders' seven wins in the M50-59 division.



John White, M45 discus and shot inrower, sporting SPF 19 sun screen, from Fullerton. Calif.



NATIONAL

• The 1986 U.S. TAC National Masters T&F Indoor Championships will be held at LSU in Baton Rouge, Lousiana, as originally planned. The dates are February 22-23, which coincides with the New Orleans Mardi Gras festivities. The entry form will be published next month. Danny Thiel will direct.

• The site of the National Masters Indoor Pentathlon has been switched from Pennsylvania to Baltimore on February 2.

NEW ENGLAND

• Carl Wallin, 43, Dartmouth's T&F coach, hit the 55-6 mark for an age record at an allcomers weight meet, Lebanon, N.H., September 8. Wallin puts on the meets for open and M30+ throwers that he coaches. One of his brightest Masters prospects is **Bob Mead**, 41, a 6-3, 225 pounder from E. Arlington, VT, who in '66 was first in the IC4A and NCAA 35# weight, and had PR's of 55', 166', and 191' in the shot, discus, and hammer while competing for Manhattan College and, later, the NYAC. His age-41 PR's include a 166-8 hammer and a 50-9 shot.

• Oscar Harris, 61, of Philadelphia, had the day's quickest 100m with 13.73 in the Sri Chinmoy Masters Games, July 27, Greenwich, CT, a meet for men & women 50-and-over in 10-year age groups. Woody Lunsford, 61, New Canaan, CT, had an impressive double in the 400 (1:07.7) and the 1500 (5:11.80). S. Richardson 65, Riverside, CT, was the fastest 5000 runner (19:21.17). Pay Carstensen, 53, Babylon, NY, won three M50-59 field events. Martin Kintish, 53, Middletown, NY, won the M50-59 discus with 145-1.

• Bert Allen, 40, was first of the three Masters under 34:00 with a 33:09 M40 win in the Warwick 10K, September 15, Warwick, RI. Other winners who posted good times were Carl Hammen, 62, 40:53; Elsie Ruggiero, 50, 48:40; and Rose Notarianni, 68, 65:14.

• John Boyle, 41, Newburyport, MA, became RRCA Masters 10-mile champ with his 55:39 M40 win in the Chubb Life Run 10 Mile, Concord, NH, September 8, which was the RRCA National Championships. Tony Sapienza, 56, Bradford, MA, won the M50-59 race in 1:00:28. Robin Robinson, 43, Loudon, NH, won the W40-49 championship in 1:16:39.

EAST

• Hubert Morgan, 63, Sayre, PA, ran a Spartan 39:17 to win the M60+ race in the Troy 10K Classic, Troy, PA, August 18. Allen Gamber, 41, Ovid, NY, captured the M40+ prize (34:57), and Gloria Brown, 53, Grand Island, NY, the W40+ olive wreath (42:37).

• Vince Carnevale, 69, Newark, NJ, has made a habit of winning the M60+ division in weekly local races and says he's "On my way to challenge all those Master runners 70-and-over next year," backed up his challenge with a PR 20:38 M60+ first in a 5K at Parsippany, NJ, September 18.

• Carol Lasseter was W40+ winner in the 361-finisher Moving Comfort 10K, Washington, DC, September 14, in 39:06.

• Gabriele Andersen, 40, with a third-place 1:19:49 (635 finishers) was two minutes away from first Jan Merrill, 29, but six minutes ahead of the second Master in Harvey Women's Half-Marathon, Central Park, NYC, September 22. Helene Bedrock, 50, took the 50-59 race in 1:31:07.

 The Citibank/MDA 10K, Rochester, NY, September 1, didn't feature invited stars and prize money, but three local Masters showed their stuff anyway, led by M45 winner Bill Fuller (33:06). Two M40s, **Derck Frechette** (33:13) and **Jim Ferris** (33:34) rounded out the top three Masters, 114 of whom were among the 456 finishers.

• In the 5th annual NIKE Capital Challenge 3-mile run in Washington, D.C. on September 12, starter Joan Benoit blew a whistle rather than firing a gun — on the assumption that federal executives run like crazy when they hear a whistle-blower. Race director Jeff Darman produced a specially designed pace chart to show how much the budget deficit would increase during each runner's race. For example, a 7-minute-per-mile pace would result in a 21:00 finish, during which time the budget deficit would increase \$8,400,000. Supplysiders, take note.

SOUTH WEST

• Buster Tankersly danced to an M50-59 win in the Elvis Presley 5K, Memphis, TN, August 17, with a 17:57. Gerald Spencer took the M40-49 race (17:11), and Donna Johnston, the W40+ contest (22:00).

• Dave Storey, Orlando, FL, was Masters winner in the Run For My House 4 Mile, Deland, FL, in 21:09. Jim Blount won the M55 contest with 23:55. Donna Hiatt, W45, was first W40+ in 27:09.

• Forty-year-old **Gary Sylvester**, Charlotte, SC, was outkicked by two seconds for 1st place by an open runner and finished in 17:44 in the 2nd Annual Billy Mills 5K, Charlotte, September 28.

• Latest update on John Hosner, 60, Blacksburg, VA, is his M60 national record time of 1:18:10 in the Philadelphia Half-Marathon, September 13, which knocks four seconds from Jim O'Neil's AR set in July in San Diego.

MIDWEST

• Norm Bower, 36, of the Over The Hill TC, was top strongman with 3230 points in the Wolfpack Weight Pentathlon, Columbus, OH, May 26. Bower beefed up his total with 145-0 719-point hammer and 46-5¹/₂ 738-point weight throws.

• Ed Hill, 42, Birmingham, AL, was voted outstanding Athlete in the Wolfpack Fall Throwing Classic, September 8, Columbus, for his meet-high 3776 total over open and M40 throwers in the Weight Pentathlon. Biggest points (880) came from Hill's hefty 54-1/4 35# weight toss. Pay Carstensen, 53, Babylon, NY, won the M50-59 contest with 2673. Bob Peters, 62, Columbus, piled up 2420 points. Jim Reardon, 38, OTHTC, whipped the discus 180-0.

• 'Time-marches-on department: Alan Page, pro football hall-of-famer at Minnesota and Chicago, turned 40 on August 7. Always a runner, Page finished Grandma's Marathon in 1979 and was entered in the Jackson, Mich. "Ultimate Runner" last month.

• Priscilla Welch, 40, placed 4th woman overall in 2:38:07 in the Bank One Marathon in Columbus on October 13.

MID AMERICA

• Jim McNiff, 40, won the St. Louis TC M40 800 championship, June 20, over Joe McNiff, 40, 2:08.6 to 2:09.6, and on July 11, Jim ran 56.5 to take the M40 400 club championship.

WEST

• Patti Tuffley, 37, soared to the first woman overall spot in 36:32 in the Aerospace 10K, San Diego, August 17, Steve Dornish, 40, was first M40+ (35:50), and Ursula Rains, 44, first W40+ (42.36).

· Bob Holtel, 54, phys ed teacher at West



Senator Max Baucus (D-Mont.), 43, ran 18:48 and recaptured his title as fastest Senator from Dick Lugar (R-Ind.) in the 5th Annual NIKE Capital Challenge 3 mile run in Washington, D.C., September 12. All entry fees of the 500 starters were turned over to the Special Olympics, and Challenge sponsor NIKE donated an additional \$2,000 and picked up race expenses.

Torrance, Calif. High, spent his summer vacation fulfilling a dream. Starting July 10 at the Mexican border, Holtel ran an average of 24 miles a day before reaching Donner Pass near Lake Tahoe on Sept. 5 - a 1,055 mile trek. He plans to continue his three-stage tour there next summer and run 1,100 miles to the Columbia River in Washington, then resume in 1987 and complete the trip by going from Washington to British Columbia.

· A new track club for open and Masters athletes has appeared on the Southern California running scene - USA WEST. "What sets our club apart is its specific design for serious track & field athletes and long distance runners who are primarily concerned with improving their levels of performance in competition," says USA WEST Director and coach, Skip Stolley. "USA WEST is not an aerobics class, or a run-for-fun group, or a team that meets for a race every few weeks. I believe there is a real need for more clubs that train athletes." The club's services include: 1) personal coaching; 2) a daily training plan; 3) assistance in planning a competition schedule: 4) the chance to train with other serious athletes; 5) access to excellent training sites in the Santa Monica area. Stolley served as Director of the world-class PUMA Track Club from 1983-85, and currently coaches several nationally ranked athletes, including women's indoor 800 champ, Rose Monday; and Masters sprinter Stan King. "Skip's an excellent teacher who has the unique ability to make training an enjoyable experience," King said. To receive an application and info on membership fees, write: Skip Stolley, USA WEST Track Club, 15425 Sherman Way, #220, Van Nuys, CA 91406. Or phone 818-787-4377.

 Jack Karbens, a very active Masters meet organizer and participant while a resident of Hawaii, is now living in Reno, NV, and offers his expertise to those in that area who are interested in organizing Masters activities: 2965 Andrea St., Reno, NV, 89503; 702-747-6574.
 Stan Thompson has taken over Karben's duties as president of the Hawaii Masters TC.

NORTHWEST

• Harry Cummins, 42, and Letha Figg-Hoblyn, 43, struck a blow for the over-40 set, recently, when they both raced to overall victories in Lynn's Run, a 5K road race in Portland, Oregon. Cummins' strong finishing kick over the final 800 meters captured the men's race, outright, in 16:27, while Figg-Hoblyn led all the way to win the women's race in 19:51.

• Dick Weeks, 42, won the Masters race with a course-record, sixth-place 33:47 in the 6th Annual Prefontaine Memorial 10K in Coos Bay, OR, September 21. Hannelore Ondrusek, 41, was first W40-and-over in 43:07. Steve Prefontaine's mother, Elfrieda, 60, ran and walked the race for the first time and finished second in the W60-69. The 850 entrants found perfect weather (70°, light breeze) for the race, which was directed by Mike Hodges.

CANADA

• Pat Monahan, 40, Toronto, took the Masters crown with 33:21 in the Tom Longboat 10K, Brantford, Ontario, September 7.

 In the Springbank International Road Races, London, Ontario, September 22, Monahan won the M40+ 10K in 32:46 and \$700. Bob Moore, 44, Toronto, was second in 33:16 and \$350 richer, and Art Meaney, 41, St. John's, Newfoundland, took third in 33:33 and a \$150 check. Times were slowish because of 30° temps and high humidity.

INTERNATIONAL

• Harry Schubert, a German national working in Bophuthatswana, one of the "independent homelands" in South Africa, recovered from a sciatic nerve problem to set two new South Africa M45 records: halfmarathon in 1:07:30 and marathon in 2:22:38. "My goal is to break the national 40+ marathon mark of 2:19:02," said Schubert, who placed 3rd in the M40 WIGAL World Marathon Championships in San Diego last year.

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Track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newsletter 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys CA 91404.

December 3-8. 7th Annual National Convention of The Athletics Congress/USA, Houston, Texas. TAC, PO Box 120, Indianapolis IN 46206.

TRACK & FIELD

February 2. U.S. TAC National Masters Indoor Pentathlon Championships, Catonsville, Maryland. Larry Williams, 1415 Providence Rd., Towson MD 21204. 301/661-7521. Entry form in December issue.

February 22-23. U.S. TAC National Masters Indoor Championships, LSU, Baton Rouge, Louisana. Danny Thiel, 1459 Verna St., New Orleans LA 70119. 504/486-8066. Entry forms in December and January issues.

and January issues. July 18-20. 19th. U.S. TAC National Masters Championships, Mitchell Field, Uniondale, Long Island, New York. Sandy Pashkin, 363 Edgecombe Ave., New York NY 10031. Entry forms in May and June

NEW ENGLAND

January 12. Brown Masters Indoor Invitational, Providence, R.I. SASE to Neil Steinberg, 46 Roberta Ave., Pawtucket RI 02860, 401/728-2869.

June 22. Rhode Island Senior Olympics, Providence. 55+. Dolores M. Bergeron, R.I. Dept. of Elderly Affairs, Providence RI 02903.

EAST

January 5. Pennsylvania Master Indoor T&F Meet. Dickinson College, Carlisle, PA. Scott Thornsley, 519 Coolidge St., New Cumberland, PA 17070. 717/774-3569. SASE Please.

August 10. Tri-State TC Classic, Hagerstown, Md. Tri-State TC, Wayne Vaughn, 734 W. Franklin St., Hagerstown, MD 21740. 301/733-6076.

SOUTHEAST

November 4-9. 11th Annual Goden Age Games, Sanford, Fla. T&F on 9th. Golden Age Games, P.O. Drawer CC, Sanford, FL 32772.

November 17. 4th Annual Running Pentathlon, Open and Masters, Clearwater, Florida. Dick Lacey, 1207 S. Duncan Ave., Clearwater FL 33516. 813/447-7161.

Need Back Issues?

Most back issues of the National Masters News are available for \$1.50 each, plus 50° postage and handling for each order. Send to:

National Masters News P.O. Box 2372 Van Nuys, CA 91404 December 29. Holiday Pentathlons, weight at 9:00 a.m./regular at 2:00 p.m. Atlantic High School, Delray Beach, FL 33444. Attn: Randall Cooper.

April 26-27. Florida State Masters T&F Championships, Lake Worth, Fla. Joe Valdes, 5300 Cannon Way, W. Palm Beach, FL 33415. 305/471-1891 (h); 842-3600, X282.

May 2-4. 16th Southeastern U.S. Masters Meet, Raleigh, N.C. Stu Northup, Raleigh Parks & Rec. Dept., P.O. Box 590, Raleigh, NC 27602.

June 7-8. 11th Annual Northwest Classic, Miami, Fla. Jesse Holt, 1310 N.W. 90 St., Miami FL 33147. 305/836-2409.

MIDWEST

January 4. 10th Annual Wisconsin Masters Indoor Championships, U. of Wisconsin, Madison. Bruce Craig, 238 Alden Dr., Madison WI 53705. 608/233-3863. January 4. Lake Erie Indoor Championships. Maple Heights H.S., Cleveland.

ships, Maple Heights H.S., Cleveland, Ohio. Charlie Hall, 18616 Restor Ave., Cleveland, OH 44122. 216/561-5092. June 28. Cleveland Track Classic,

Wickliffe, Ohio. Jeff Gerson, 4173 Wilmington Rd., So. Euclid OH 44121. 215/382-2656.

MID-AMERICA

January 11. Lincoln TC 10th Annual Indoor Masters Championships, Lincoln, Nebraska. Don Showen, 3331 N. 68th, Lincoln, NE 68507. 402/464-4792.

May 27-29. Senior Olympics, St. Louis. (55+) Suzy Seldin, #2 Millstone Campus, St. Louis MO 63146. 314/432-5700, x188. August 10. Chillocothe Masters Meet, Chillicothe, Missouri. Joe Shy, P.O. Box 745, Chillicothe MO 64601. 816/646-3823; 646-1023.

August 30-31. Rocky Mountain Games, U. of Colorado, Boulder, Colorado. Jim Weed, 11672 E. 2nd Ave., Aurora CO 80010. 303/341-2980.

SOUTH WEST

May 11. Runners' Pentathlon, Albuquerque, N.M. (3200, 800, 200, 400, 1600) Tom Bell, 5905 Concordia Rd. NE, Albuquerque NM 87111. 505/884-5701 (d); \$21-2454 (n). May 21-24. Texas Senior Games, Arlington, Texas. Hal Geldon, P.O. Box 676, Richardson TX 75080. 214/231-6889. May 31. TAC Southern Association Meet,

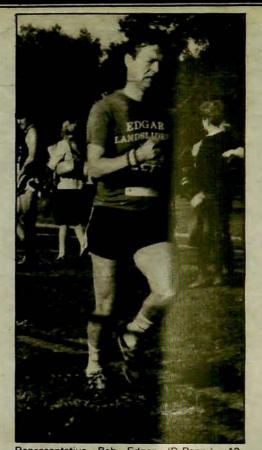
New Orleans. Danny Thiel, 1459 Verna St., New Orleans LA 70119. 504/486-8066. June 21. Hill Country Classic, Mason,

June 21. Hill Country Classic, Mason, Texas. Lee Graham, Mason TX 76856. 915/347-5620 (h); 347-5921 (w).

WEST

February 22. Orange Spring Games, Santa Ana, Calif. Larry A. Sallinger, 203 E. Monroe, Orange CA 92667. 714/639-6707. March 8-9. Sport-Arcade Meet, Los Angeles. L.A. Patriots, P.O. Box 2981, Beverly Hills CA 90213-2981. 213/388-9689.

April 26. Sacramento Relays, Sacramento, Calif. Bob Roemer, El Dorado Hills CA 95630. 916/933-1438.



Representative Bob Edgar (D-Penn.), 42, crosses the line in 19:32 to capture fastest Representative title in the 5th Annual NIKE Capital Challenge 3-Mile run in Washington, D.C., September 12. Jeff Darman was race director.

May 24. Anteaters Masters Classic, Irvine, Calif. David Lewis, 505 Begonia Ave., Corona Del Mar CA 92625. 714/673-2025. June 14. Trojan Masters Invitational, Los Angeles, Jim Vernon, 1147 W. Rowland Ave., W. Covina CA 91790. 818/338-1623. August 30. Patriots Summer Relays, Los Angeles Southwest College. L.A. Patriots, P.O. Box 2981, Beverly Hills CA 90213-2981. 213/388-9689.

October 4. Club West Masters, U.C. Santa Barbara, Goleta, Calif. Geo. H. Adams, P.O. Drawer K, Goleta CA 93117. 805/687-6323.

NORTHWEST

August 8-9. 8th Montana Masters Championships, Bozeman. Mike Carignan or Rob Stark, P.O. Box 5132, Bozeman, MT 59717-5132. 406/587-8726; 994-3761.

INTERNATIONAL

November 9-10. IV San Juan International Masters Championships, San Juan. Fundeporte, GPO Box 3946, San Juan PR 00936. Free housing available. Entry form in October issue.

November 30. International Veterans Meet. Buenos Aires, Argentina, Juan Kulzer, Circulo Argentina Atletas Vet., Auda Hipolito Irigoxen 3549, Capital Federal 1208, Buenos Aires, Argentina. Phone: 795-0559. December 6-7. VI International Veterans Meet, Montevideo. M35+, W30+. Julio Jaime, Canelones 982, Montevideo, Uruguay.

August 11-23. Masters Trek to China for International T&F Meet in Nanjing and 5K/10K Runs in Hangzhou. Sports Travel, PO Box 7823, San Diego CA 92107. September 6-14. 3rd Oceania Champion-

ships, Western Samoa. Clem Green, 46 Hargreaves St., Wellington 2, New Zealand.



November 3. TAC U.S. National Masters 10K Cross-country Championships,

Syracuse, N.Y. Jerry Smith, 112 Marangale Rd., Manlius, NY 13104. 315/422-7121. November 3. TAC National Masters and Marine Corps Marathon, Washington, D.C. Charles Des-Jardins, 5428 Southport Lane, Fairfax VA 27032. 703/250-7955.

November 17. TAC U.S. National Masters 15K Cross-Country Championships, Bronx, N.Y. Kurt Steiner, 1660 E. 21st St., Brooklyn, NY 11210. 718/336-3025.

November 17. U.S. TAC National Masters 50-Mile Championships, Buffalo, N.Y. David Board, SUNY, 1300 Elmwood Ave., Buffalo NY 14222.

November 29. TAC U.S. National Masters 5K Cross-country Championships, Raleigh, N.C. Bob Baxter, 800 Purde St., Raleigh NC 37609.

December 1. Maryland Marathon, Baltimore. Les Kinion, Box 11394, Baltimore MD 21239. 301/882-5455.

December 7. TAC U.S. National Open and Masters 30K Championships, Houston. Dave Bethany 3201 Wheeler, TSU Box 382, Houston TX 77004. 713/527-7258; 713/649-1665.

EAST

November 15-17. 3rd Annual Race Director's Meeting and Trade Show, Washington, D.C. Road Race Management, 14416 Jefferson Davis Hwy., Suite 20, Woodbridge, VA 22191. 202/544-0970.

November 24. Delaware Valley College 3.5 Mile, Doylestown, Penn. Robert Berthhold, Jr., Delaware Valley College, Doylestown, PA 18901.

November 24. Philadelphia Independence Marathon, Philadelphia, Penn. Philadelphia Independence Marathon, Memorial Hall, West Park, Philadelphia, PA 19131.

December 8. 8th Annual Brian's Run 10K, West Chester Penn. Brian's Run, West Chester U., P.O. Box 2440, West Chester, PA 19383. 215/436-3385.

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November, 1985

National Masters News



Stod Melhado at Waltham Meet, Cambridge, Mass., did 9:34.1 in the M30-39 3000.

SOUTHEAST

December 14. 9th annual Humana Rocket City Marathon, Huntsville, Alabama. Free pre-race clinic with Sister Marion Irvine. HTC, 8811 Edgehill Dr., Huntsville AL 35802. 205/881-9077.

January 4. Jacksonville Marathon, 10K, & Corporate Relay, Jacksonville, Florida. Jacksonville Marathon Assn., 1545 University Blvd. W., Jacksonville FL 32217. 904/739-1917.

January 4. Charlotte Observer Marathon/10K, Charlotte, N.C. \$200-1st, \$100-2nd, \$50-3rd for Masters m & w in both marathon/10K. Charlotte Observer Marathon, P.O. Box 30294, Charlotte NC 28230. 912/354-1239.

January 11. Orange Bowl Marathon/5 Miler, Miami, Fla. Basil Honikman, 7745 SW 138th Terrace, Miami FL 33158. 305/255-1405.



Abe Sheinker, M45, hammer thrower from Los Angeles.

MIDWEST

November 2. International Peace Race 10K/25K, Youngstown, Ohio. Second Sole, 545 Poland-Canfield Rd., Youngstown OH 44512. 216/759-1978.

November 9. 6th Annual Wendy's 10K Classic, Bowling Green, Ky. Wendy's 10K, P.O. Box 1316, Bowling Green, KY 42101. 502/781-2834.

November 10. Ohio TAC 20/50K Championships, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220. 614/424-7011 (days). November 16. Ohio TAC Open and

November 16. Ohio TAC Open and Masters X-Country Championships, Lancaster, Ohio. See November 10.

November 24. Midwest Masters 5K Crosscountry, Veteran's Park, Rt. 175 & Walkup St., Crystal Lake, Ill. Open to all ages. 10 a.m. W. Miller, 7250 N. Cicero, Lincolnwood, ILL 60646. 312/234-2154.

December 29. Midwest Masters 30K Road Race, Lake Bluff Jr. H.S., Rt. 176 & Sheridan Rd., Lake Bluff, Ill. 9 a.m. Open to all ages. W. Miller, 7250 N. Cicero, Lincolnwood, IL 60646. 312/234-2154.

MID-AMERICA

November 17. St. Louis Marathon, St. Louis, Mo. St. Louis TC, 6611 Clayton Rd., St. Louis, MO 63117.

WEST

November 2. Foot Locker Partners National Finals, Los Angeles. Walt Walston, 213/396-7727.

November 3. Phoenix 10K, Phoenix, Ariz. H. Beller, 4602 N. 16th St., Phoenix, AZ 85016. 602/241-0995.

November 3. 9th Santa Barbara Half-Marathon, Santa Barbara, Calif. John Brennand, P.O. Box 6616, Santa Barbara, CA 93160. 805/964-2591.

December 1. California International Marathon, Sacramento, California. \$5000 to Masters. Sacramento LDR Ass'n, PO Box 161149, Sacramento CA 95816.

December 7. Fiesta Bowl Marathon, Scottsdale, Ariz. Fiesta Bowl Marathon, P.O. Box 1032, Scottscale, AZ 85252. 602/949-1476.

December 8. NIKE San Francisco Half-Marathon, San Francisco, Calif. Scott Thomason, P.O. Box 27385, San Francisco, CA 94127. 415/681-2323.

December 14. Honolulu Marathon, Honolulu, Hawaii. John Kelleher, Honolulu Marathon Assoc., P.O. Box 27244, Honolulu, HI 96827. 808/734-7200.

December 15. Orange County Marathon through beach cities. Orange County Marathon, PO Box 795, Dana Point CA 92629. 714/661-6473.

December 21. George Guerrero Legg Lake 8K, South El Monte, Calif. SASE to Pico Rivera AC, 9502 Reichling Ln., Pico Rivera, CA 90660. Art Martinez, 213/942-8774.

January 19, Mission Bay Marathon, San Diego, Calif. End of the Line Race Consulting, 619/295-1423.

January 25. Paramount 10K, Special "World Masters" Division Race, Paramount, Calif. Qualifying standards. Preregistration only. No entry fee. SASE to Oscar J. Rosales, P.O. Box 696, Paramount CA 90723. 213/634-3027.

January 25. 7th Annual Paramount 10K, Paramount, Calif. SASE to Paramount 10K, Oscar J. Rosales, P.O. Box 696, Paramount CA 90723. 213/531-3503.

January 26. Redondo Beach Super Bowl Sunday 10K, Redondo Beach, Calif. Super Bowl Sunday 10K Committee, P.O. Box 637, Redondo Beach CA 90277. 213/548-4288.



at the Cable Stars 5/10K Run, Oxnard, Calif., August 10. Ingram was second M50 in the 5K (18:16). Rodgers won the 10K (29:03).

CANADA

November 3. Ontario Masters Cross-Country Championships (10K), Earl Bales Park, Toronto, M/W 35 + . Mike Freeman, 154 Cactus Ave., #57 Willowdale, Ontario M2R 2V3.



Scouting the long jump pit is Joann Grissom, W45, Indiana, at National Track and Field Championships, Indianapolis.

Photo by Gretchen Snyder

INTERNATIONAL

November 9. Rosarito Beach 5/10K Holiday Run, Rosarito Beach, Baja California, Mexico. SASE to Finish Line International, 5302 Clark Cir., Westminster, CA 92683. 714/892-2759.

December 15. 1985 Avon Women's 10K Championships, Guadalajara, Mexico. Marathon Tours, Inc., 1430 Mass. Ave., Harvard Square, Cambridge, MA 02138. 617/492-3088.

December 15. Courts National 10K Championships, Kingston, Jamaica. Mark Winzenreid, World Athletic Tours, Inc., 520 University Ave., Madison WI 53703. 608/251-5885.

October 4-5. XIX World Veterans (IGAL) 10K and Marathon Championships, Richmond, B.C., Canada. Men 40+, Women 35+. Vancouver Masters Road Running Society, 4640 Fairlawn Drive, Burnaby BC Canada V5C 3R6 - Telex 04 51588. \$25 one race. \$40 both races. Travel details from Alouette Travel, 11954 224th St., Maple Ridge B.C. V2X 6B3 Canada. 604/467-5535; Telex 04 51251.

ON TAP FOR NOVEMBER TRACK & FIELD

I KACK & FIELD

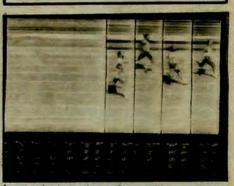
You have to go south of the 29th parallel to find a major U.S. meet this month, which means you're in Florida for the Golden Age Games in Sanford on the 9th or the Running Pentathlon in Clearwater on the 17th. Farther south are the San Juan, Puerto Rico Championships on the 9th. And if you've ever wanted an excuse to visit Argentina, here's your chance — the International Veterans Meet in Buenos Aires on the 30th.

LONG DISTANCE RUNNING

It's that cross-country time of the year again. Ambitious hilland-dalers can compete in three U.S. TAC National X-C Championships — the 10K in Syracuse on the 3rd; the 15K in New York City on the 17th; and the 5K in Raleigh on the 29th — the day after Thanksgiving.

The U.S. TAC National Masters Marathon Championships are being held as part of the annual Marine Corps Marathon in Washington, D.C. on the 3rd.

Other top events include the Ontario Masters 10K X-C in Toronto on the 3rd; Wendy's 10K in Kentucky on the 9th; the Ohio Masters X-C Championships in Lancaster on the 16th; the St. Louis Marathon on the 17th; the Independence Marathon in Philadelphia on the 24th; and the Midwest Masters 5K X-C near Chicago on the 24th. \Box



Accutrack photo shows Gerry Williams (53.19) defeating Charles Missouri (53.21), Bernard Turner (54.06) and James Johnson (54.36) in combined age 30-39 400 at WAVA North American Masters T&F Championships August 3 in Los Gatos, Calif.



NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

1985 INTERIM 15-KILOMETER ROAD RANKINGS

Compiled by the National Running Data Center reflecting all certified 15K road events received and processed as of September 9, 1985. Any additions or corrections should be sent to NRDC, P.O. Box 42888, Tucson AZ 85733.

15 kilometers	Open Men		15 kilometers	Men- 60 thru 64
43:07 Tom Wysocki 43:09 Ivan Huff	28 Canyon Lake CA 25 San Luís Obspo CA	9 Feb,FL-A 9 Feb,FL-A	57:02 Alex Ratelle 1:01:14 Lloyd Young 1:01:55 Naoto Inada	60 Edina MN 5 May, MN-A 61 Grantsburg WI 5 May, MN-A
43:15 Mark Curp 44:00 Jon Sinclair	26 Lees Summit MO 27 Ft Collins CO	9 Feb,FL-A 30 Jun,OR-A	1:01:55 Naoto Inada 1:02:30 Bart Ross 1:02:35 John Burton	63 Honolulu HI 7 Apr,HI-A 62 Casselberry FL 9 Feb,FL-A 62 Wayzata MN 5 May MN-A
44:08 Paul Gorman 44:17 John Wellerding 44:30 John Tuttle	29 Swampscott MA 31 Louisville KY 26 St Louis MO	9 Feb,FL-A 30 Jun,OR-A 12 Jan,FL-A	1:04:09 Millard Shumate 1:04:49 Robert DeChene	62 Wayzata MN 5 May, MN-A 63 Tampa FL 9 Peb, FL-A 61 Danville CA 16 Mar, CA-A
44:35 Peter ffitch 44:37 Reith Brantly	25 Portland OR 22 Gainesville PL	30 Jun, OR-A 12 Jan, FL-A	1:05:39 Bill Williams 1:07:25 Anders Jacobsen	60 Poulsbo WA 30 Jun, OR-A 60 Lake Stevens WA 30 Jun, OR-A
44:45 Carmello Rios	25 San Luis Obspo CA	9 Feb,FL-A	1:08:03 Herb Noble	60 Robbinsdale MN 5 May, MN-A
15 kilometers	Men- 35 thru 39		58:42 Clive Davies	Men- 65 thru 69 69 Tillamook OR 30 Jun, OR-A
44:47 Bill Rodgers 46:17 Duncan Macdonald	37 Sherborn MA 36 Kailua HI	9 Feb,FL-A 7 Apr,HI-A	1:02:49 George Sheehan 1:03:11 Donald Dilworth 1:07:22 Bernard Ryan	66 Red Bank NJ 9 Peb, FL-A 66 Escondido CA 30 Jun, OR-A
47:14 Steve Flanagan 48:16 Robert Darling 48:33 Wes Wessely	37 Boulder CO 35 San Francisco CA 37 Stone Mtn GA	30 Jun, OR-A 16 Mar, CA-A	1:08:01 Louis Preysz 1:09:03 John Woods	66SeminoleFL9Peb,FL-A68MadisonWI9Peb,FL-A67WashingtonDC16Mar,DC-A
48:49 Rick Katz 49:15 Ed Stenberg	37 Stone Mtn GA 36 Boulder CO 37 Winston-Salem NC	30 Jun, OR-A 30 Jun, OR-A 18 May, NC-A	1:09:17 James Ward 1:09:36 Grant Valentine	67 Seminole PL 9 Feb, FL-A 67 Olympia WA 30 Jun, OR-A
49:17 Thomas O'Connor 49:36 Coswell DePeiza 49:41 Peter Kanfer	36 Smyrna GA 35 Gainesville FL	9 Feb,FL-A 9 Feb,FL-A	1:09:59 Alex Roth 1:14:01 Joe Norris	65 Honolulu HI 7 Apr.HI-A 66 Sarasota PL 9 Feb.FL-A
foreign 43:02 Joseph Nzau	36 Pasadena CA 35 Laramie Wy	30 Jun, OR-A 30 Jun, OR-A/KEN	15 kilometers	Men- 70 thru 74
		So canyon ny nan	1:04:00 Eugene Keller 1:13:33 Jim Miller	70 Cincinnati OH 9 Feb,FL-A 71 Woodacre CA 16 Mar,CA-A
15 kilometers	Men- 40 thru 44	Carrows .	1:14:45 Dean Scofield 1:19:20 Masato Shibasaki 1:21:02 John Williams	73 Los Angeles CA 4 Jul, CA-A 72 Honolulu HI 7 Apr, EI-A
46:22 Barry Brown 47:41 Tracy Smith	40 Glens Falls NY 40 Bishop CA	9 Feb, FL-A	1:22:32 Don Ross 1:24:16 George Story	71 Mill Valley CA 16 Mar, CA-A
48:25 Damien Koch 48:48 Don Coffman	43 Ft Collins CO 41 Frankfort KY	30 Jun,OR-A 30 Jun,OR-A 9 Feb,FL-A	1:24:41 Clayton Moran 1:27:59 Eugene Hess	73 Sarasota FL 9 Feb,FL-A 70 Dunedin FL 9 Feb,FL-A 73 Selah WA 30 Jun,OR-A
49:07 Mike Heffernan 49:12 Bruce Mortenson 49:33 Joe Becerra	44 Portland OR 41 Minnetonka MN	30 Jun, OR-A 5 May, MN-A	1:28:17 Bud Deacon	73 Honolulu HI 7 Apr, BI-A
49:50 Chris Loosley 49:55 Bill Stewart	42 Burlingame CA 40 Morgan Hill CA 42 Ann Arbor MI	16 Mar, CA-A 16 Mar, CA-A 9 Feb, FL-A	15 kilometers 1:07:09 Ed Benham	Men- 75 thru 79 77 Ocean City MD 9 Feb.FL-A
50:02 Derck Frechette foreign 45:51 Antonio Villaneuva	40 Rochester NY	9 Feb,FL-A	1:40:06 Norbert Fuller 1:49:11 Gordon Sherbeck	77 Ocean City MD 9 Feb,FL-A 76 Tampa FL 9 Feb,FL-A 78 Vancouver WA 30 Jun,OR-A
45:51 Antonio Villaneuva 46:09 Gunter Mielke 46:26 Paddy Murphy	44 Jalapa MEX 42 Alsbach FRG 40 IRE	30 Jun,OR-A/MEX 30 Jun,OR-A/FRG 9 Feb,FL-A/IRE	15 kilometers	Men- 80 thru 84
48:03 Atlaw Belilgne 48:10 Graham Tattersall	40 Houston TX 40 Wellington NZL	9 Feb,FL-A/ETH 30 Jun,OR-A/NZL	2:59:01 Theodore Hyde	81 The Dalles OR 30 Jun, OR-A
49:21 Jan Andersen	40 Oslo NOR	30 Jun, OR-A/NOR	15 kilometers	
15 kilometers	Men- 45 thru 49		1:35:20 Paul Spangler	Men- 85 thru 89 86 San Luis Obspo CA 18 May,NC-A
47:28 Sal Vasquez 49:11 Dan Conway	45 Alameda CA 46 Chetek WI	16 Mar, CA-A 9 Feb, FL-A	15 kilometers	Open Women
50:46 Bill Fuller 50:51 John Brennand 51:10 Darryl Beardall	45 Livonia NY 49 Santa Barbara CA 48 Santa Rosa CA	9 Feb,FL-A 30 Jun,OR-A 16 Mar,CA-A	49:54 Lisa Weidenbach 50:08 Leslie Welch	23 Marblehead MA 30 Jun,OR-A 22 Allston MA 30 Jun,OR-A
51:14 George Buckner 51:16 Joe Burgasser	46 Castle Rock WA 46 St Petersburg FL	30 Jun,OR-A 9 Feb,FL-A	50:18 Maureen Custy 50:43 Kellie Cathey	29 Pt Collins CO 30 Jun, OR-A 23 Mesa AZ 30 Jun, OR-A
51:18 James Gallup 51:57 Robert Nelson	49 Honolulu HI 45 Salt Lake City UT	7 Apr,HI-A 5 May,MN-A	50:44 Gail Kingma 51:11 Carla Borovicka 51:29 Jan Merrill	24SeattleWA30Jun, OR-A23TallahasseFL9Feb, FL-A
52:28 Rick Kleyman	45 Plymouth MN	5 May, MN-A	51:29 Jan Merrill 51:31 Janine Aiello 51:40 Julie Isphording	29New LondonCT30Jun,OR-A26PremontCA16Mar,CA-A23CincinnatiOH9Feb,FL-A
15 kilometers	Men- 50 thru 54	State of the second	51:41 Cathie Twomey	28 Eugene OR 30 Jun, OR-A
49:24 Norman Green	53 Wayne PA	30 Jun, OR-A	15 kilometers 53:33 Laurie Binder	Women- 35 thru 39 37 Oakland Ch 16 Mar Ch-4
50:47 Ray Hatton 52:29 Bill Poulk 54:26 Jack Martin	53 Bend OR 52 Raymond NH 50 Mukilteo WA	30 Jun,OR-A 5 May,MN-A 30 Jun,OR-A	57:06 Cheryl Flanagan 57:15 Judy Greer	37OaklandCA16Mar, CA-A37BoulderCO30Jun, OR-A38OrlandoFL9Feb, FL-A
54:33 David Long 54:54 Myron Nevraumont	53 50 Fremont CA	12 Jan,FL-A 16 Mar,CA-A	57:34 Ann Danzer 57:56 Jane Millspaugh 58:45 Hilary Navlor	37 Helena MT 30 Jun,OR-A 37 Boca Raton FL 9 Feb,FL-A
55:14 Erv Tolkinen 55:20 Morton Gray 55:22 Arlen Sunn	50 Anoka MN 53 Santa Rosa CA	5 May, MN-A 16 Mar, CA-A	58:45 Hilary Naylor 58:55 Pat Sher 59:28 Diane Stoneking	38 Oakland CA 16 Mar, CA-A 37 Jacksonville FL 9 Feb, FL-A 37 Minneapolis MN 5 May, MN-A
55:22 Arlen Sunn 55:26 George Herd foreign	50 Minneapolis MN 50 Eureka CA	5 May, MN-A 30 Jun, OR-A	59:37 Karen Duncan 1:00:20 Shirl Schmitt	37 Minneapolis MN 5 May, MN-A 37 Portland OR 30 Jun, OR-A 38 Honolulu HI 7 Apr, HI-A
52:15 Bruce Holtzman 54:14 Derek Mahaffey	50 West Vancouver BC 50 Bellevue WA	30 Jun, OR-A/CAN 19 Jan, WA-A/GBR	foreign 57:12 Juana Stavolone	39 San Jose CA 16 Mar, CA-A/ESP
A		N. ISHING	15 kilometers	Women- 40 thru 44
15 kilometers	Mep- 55 thru 59	A Store Part	54:56Shirley Matson56:56Carol Flexer57:12Bette Poppers	44 Solana Beach CA 9 Feb,FL-A 42 Bellevue WA 30 Jun,OR-A 42 Littleton CO 9 Feb,FL-A
53:25 Howard Rubin 53:53 Gaylon Jorgensen	56 New Hartford NY 55 Highland UT	9 Feb,FL-A 5 May, MN-A	57:47 Karen Lanterman 58:09 Yvonne Rodgers	42 Littleton CO 9 Peb,FL-A 40 Burlingame CA 16 Mar,CA-A 42 Seminole FL 9 Peb,FL-A
55:17 Tony Sapienza 56:02 Jim Blount 57:10 Patrick Devine	56 Bradford MA 55 Orlando PL	5 May, MN-A 12 Jan, FL-A	58:34 Judy Kewley 58:49 Harolene Walters	40 Simi Valley CA 30 Jun, OR-A 41 El Toro CA 30 Jun, OR-A
57:10 Patrick Devine 57:19 Orlo Keniston 57:25 Herb Chisholm	56 San Pedro CA 57 Seattle WA 58 Alexandria VA	4 Jul,CA-A 23 Mar,WA-A 16 Mar,DC-A	58:55 Karen Bestul 59:32 Levi Query 59:59 Julie Stiles	42 Lincoln NE 9 Feb, FL-A 40 Portland OR 30 Jun, OR-A
57:39 Buz Masters 58:46 Scott Hamilton	56 Troutdale OR 57 Honolulu HI	30 Jun, OR-A 7 Apr, HI-A	foreign 50:15 Priscilla Welch	42SeattleWA19Jan, WA-A40BoulderCO30Jun, OR-A/GBR
59:13 James Parks	55 Jacksonville FL	9 Feb,FL-A		Continued on next page

November, 1985	National M	fasters News	page 29
Continued from previous page		15 kilometers Women- 65 thru 69	
15 kilometers 1:00:30 Karen Scannell 1:01:43 Patti Sudduth 1:01:44 Laura Tingle 1:02:38 Heidi Skaden-Poyser 1:02:40 Pat Whittingslow 1:03:59 Patti Buholm 1:04:08 Susie Bartels 1:04:17 Nancy Hellyer 1:04:32 Karen Ammons	Women-45 thru4946San FranciscoCA16 Mar, CA-A45CrawfordvilleFL30 Jun, OR-A48BradentonFL9 Feb, FL-A47San RafaelCA16 Mar, CA-A47SacramentoCA16 Mar, CA-A45OaklandCA16 Mar, CA-A49HonoluluHI7 Apr, HI-A48KailuaHI7 Apr, HI-A49SteilacoomWA30 Jun, OR-A45ColumbusGA19 Jan, GA-A	1:18:04Algene Williams69Park Forest1:24:45Margaret Lee65Honolulu1:26:00Josephine Hess67Selah1:31:11Helen Reiter67Palm Harbor1:36:55Kikue Kimoto68Wahiawa1:40:17Gay Rutledge65Caldwell1:41:59Grace Schweitzer67Santa Barbara1:58:23Bonnie Kolsom67Honolulu	IL 9 Feb,FL-A HI 7 Apr,HI-A WA 30 Jun,OR-A FL 9 Feb,FL-A HI 7 Apr,HI-A ID 30 Jun,OR-A CA 4 Jul,CA-A HI 7 Apr,HI-A
15 kilometers 1:05:50 Nancy McCormick 1:07:44 Martha Maricle 1:08:04 Mickey Armstrong 1:08:18 Ruth Waters 1:08:57 Jo Ann Phillips 1:11:21 Carol Gross 1:11:57 Barbara Meadows 1:11:58 Joan Klopfer 1:12:27 Jo Sullivan	Women-50thru5450OmahaNE9Feb,FL-A51San FranciscoCA16Mar,CA-A54EdinaMN5May,MN-A51San CarlosCA16Mar,CA-A51EdinaMN5May,MN-A50CorvallisOR30Jun,CR-A50PortlandOR30Jun,OR-A54TucsonAZ5Jan,AZ-A53PortlandOR30Jun,OR-A52SonoraCA30Jun,OR-A	15 kilometers Women- 70 thru 74 2:05:14 Adaline Crocker 73 Honolulu 2:05:18 Thelma Greig 70 Honolulu 2:15:05 Anita Pereira 73 Waianae 2:28:38 Helen Stout 74 Seattle 15 kilometers Women- 75 thru 79 1:29:33 Anne Clarke 75 Glen Ellyn 1:38:03 Mavis Lindgren 78 Orleans 1:49:25 Alta Truex 75 Beallsville	HI 7 Apr, HI-A HI 7 Apr, HI-A HI 7 Apr, HI-A WA 23 Mar, WA-A WA 23 Mar, WA-A LI 9 Feb, FL-A CA 30 Jun, OR-A OH 8 Jun, OH-A
15 kilometers 1:08:09 Frances Sackerman 1:09:16 Billie Murphy 1:13:25 Alix Gravenstein 1:13:36 Alice Turowski 1:14:48 Mary Lou Carlson 1:15:56 Diane Goulett 1:17:22 Dorothy Laker 1:18:57 Nola Bruhn 1:19:13 Pepper Davis 1:19:37 Angela Saldana 15 kilometers	Women- 55 thru 5955BurlingameCA16 Mar, CA-A58TacomaWA30 Jun, OR-A56GainesvilleFL9 Feb, FL-A57PortlandOR30 Jun, OR-A57MinneapolisMN5 May, MN-A55MinneapolisMN5 May, MN-A55TampaFL9 Feb, FL-A56SeattleWA23 Mar, WA-A58OrlandoFL12 Jan, FL-A57Cocoa BeachFL12 Jan, FL-AWomen-60 thru64	15 kilometersLIST OF 1985 RACESAZ5 JanTucsonEmily Gray (split)CA16 MarRossRoss ValleyCA4 JulGoletaSemana NauticaDC16 MarWashingtonHains PointFL12 JanLongwoodRed LobsterFL9 FebTampaGasparillaGA19 JanPine MountainCallaway GardensHI7 AprHonoluluNorman TamanahaIL15 JunPeoriaSteamboat ClassicMN5 MayEdinaMinnesota Masters	
1:07:33 Helen Dick 1:10:44 Anne Trigg 1:15:15 Mary Storey 1:16:54 Jaclyn Caselli 1:19:43 Lucille Mancini 1:31:08 Evanita Midkiff 1:31:20 Catherine Losacano 1:31:47 Lorraine Purnell 1:32:12 Juanita Williams 1:33:07 Jane Brown	60Los AngelesCA4Jul,CA-A60St PetersburgFL9Peb,FL-A61RiversideCA30Jun,OR-A63San JoseCA16Mar,CA-A61SarasotaFL9Peb,FL-A62HonoluluHI7Apr,HI-A6112Jan,FL-A60SalemOR30Jun,OR-A62OdessaFL9Feb,FL-A62CorvallisOR30Jun,OR-A	IOInfinitionNY31 MarChenango ForksNC18 MayDurhamOH8 JunSt ClairsvilleOH8 JunSt ClairsvilleOK2 FebPonca CityOR30 JunPortlandCascade Run-OffSD11 MayBrookingsJim EmerichWA19 JanSeattleNorthwest MastersTOTAL REPORTED FINISHERS16,415	204 204
J Perez 34:23 M45 J C C Marmolejo 36:08 M35 A Ramirez 33:44 400mH J Aleman 34:04 M30 C D P Mendez 34:29 F D M40 J Aguilar 36:25 R Z J Aleman 36:40 M35 J L E Cabrera 36:57 M40 E N M45 P Aceves 38:29.5 V G	amos 18.40 M Gonzalez 3.80 odriguez 20.70 M Gonzalez 3.82 ontreras 19.38 Triple Jump 11.00 iaz 1:02.03 J Gomez 9.68 rtiz 1:04.28 J Aguilera 9.38 ermeno 1:05.12 M35 M Torres 10.14 oranca 1:01.29 H Diaz 9.84 arvaez 1:10.20 D Carrizalez 9.80 arcia 1:14.53 M40 D Ramos 10.08	J Vargas 34.10 M55 J Carrillo 28.26 M35 H Salas 26.14 W35 C Nunez 22.42 M35 M40 J Avila 36.72 W40 G Contreras 19.30 H6000000000000000000000000000000000000	ner T Elvira 37.64 F Ramos 28.02 D Martinez 17.04 C Castelan 15.56 H Gonzalez 23.86 G Martinez 21.52 H Loya 20.06 F Benavente 34.84 J Nunez 34.58
J Esquivel 40:22.4 M50 A Ma M50 R Hardy 40:11 M55 J Ca F Muniz 41:30 C Rodriguez 47:57 5000m W A Sanchez 44:11 E R J Navarro 46:22 M35 I T M60 M Flores 46:22 M35 I T M60 M Flores 46:22 A G M70 T Palacios 49:07 M40 V G F Solana 51:07 C M 4x100m Relay M45 J A M30-39 Jalisco (Salas, Bedoy, Cuellar, Riso) 49.20 Veracruz (Leon, I S Perez, Lara, Andrade) 50.48 M55 F P Guanajuato (Zermeno, Aguilera, Rubio,)51.70 M40-49 D.F. (Wong, Lopez, Garcia, Mata) 51.55 J G Veracruz (Pacheco, Perez, Ramos, Cruz) 51.79 M35 M T Jalisco (Aguilar, M40 J A	arrillo 1:12.45 M45 E Hermosillo 9.40 A Gonzalez 7.32 M50 M Wong 8.94 M55 R Ramirez 8.20 odriguez 32:01 enorio 26:59 uitian 27:43 mescua 28:11 arcia 28:32 artinez 31:44 eos 38:30 lonso 31:20 M40 G Luna 10.94 azares 32:14 antos 37:05 oltco 35:00 mp M40 G Luna antos 37:05 M45 J Arana 9.66 F Benavente 9.40 Romez 1.40 M50 J Orendain 10.02 W35 C Nunez 9.84 W40 B Sandoval 5.88 W55 A Viveros 6.85	37 1:03:45 Bill Rodgers 23 Dec 47 She 48 1:09:38 Darryl Beardall 22 Oct 36 Saa 68 1:25:59 Ed Vuolo 3 Apr 16 Nem 77 1:32:14 Ed Benham 12 Jul 07 Occ 86 2:56:32 Earl Bailey 29 Jan 99 Fái 13F 1:22:16 Lora Cartwright 25 Oct 61 Mun 19F 1:14:55 Sally Strauss 11 Jun 60 Soa 20F 1:14:55 Sally Strauss 11 Jun 60 Soa 23F 1:2:15 Julie Isphording 5 Dec 61 Cin 25F 1:06:52 Cathie Twomey 14 Oct 56 Eug 27F 1:11:35 Nancy Conz 1 May 57 Soa 30F 1:13:02 Nancy Ditz 25 Jun 54 Men 31F 1:12:22 Agnes Ruane 27 Jan 53 Pro 34F 1:12:52 Kathy Northrop 4 Jul 50 Dun 35F 1:13:13 Laurie Binder 7 May 50 End 37F 1:13:13 </td <td>ate erborn MA erborn MA nta Rosa CA w Haven CT ean City MD lls Church VA ncie IN leigh NC merville MA ncinnati OH gene OR uthampton MA nlo Park CA Despect CT tham NH dicott NY tland CA i Lyme CT tramento CA</td>	ate erborn MA erborn MA nta Rosa CA w Haven CT ean City MD lls Church VA ncie IN leigh NC merville MA ncinnati OH gene OR uthampton MA nlo Park CA Despect CT tham NH dicott NY tland CA i Lyme CT tramento CA
Jimenez, Marquez, Gonzalez) 55.05 M50-59 S.L. Ptosi (Ramirez, Lopez, Martinez, Torres) 1:01.20 <u>W30-39 Jalisco-A</u> 1:04.59 Jalisco-B 1:10.18 Veracruz 1:11.00 <u>4x400m Relay</u> M30-39 Tamaulipas 3:55.22 Guanajuato 3:56.05 Veracruz 4:12.05 M40-49 S Luis Ptosi4:14.44 M45 G Es M50-59 S Luis Ptosi4:50.45 J Fe	arcia 1.35 ortez 1.35 antos 1.27 mp M30 T Elvira 26.42 mp R Zermeno 23.38 mp MRamirez 19.04 guilera 4.60 M35 F Ramos 27.95 utierrez 4.16 J Vargas 23.72 joins 5.06 D Martinez 23.50 orres 5.04 M40 E Arroyo 40.00 ojas 4.68 H Loya 29.79 mos 5.16 F Benavente 28.48 niagua 4.54 M50 J Orendain 25.49 rtes 4.36 O Gonzalez 21.32 cobedo 4.54 M50 J Orendain 25.49 mirez 4.06 W35 C Nunez 31.32 mg 4.30 W40 G Contreras 20.14	15 kilometers Age Record Upda 45 47:28 Sal Vasquer 15 Dec 39 Ala 53 49:24 Norm Green 27 Jun 32 Way 69 58:42 Clive Davies 7 Aug 15 Til 86 1:35:20 Paul Spangler 18 Mar 99 San 227 50:08 Leslie Welch 12 Mar 63 All 237 49:54 Lisa Weidenbach 13 Dec 61 Mar 297 50:18 Maureen Custy 31 Aug 55 Ft 307 53:33 Laurie Binder 10 Aug 47 Oak 607 1:07:33 Helen Dick 4 Aug 24 Los 617 1:15:15 Mary Storey 4 May 24 Riv 677 1:26:00 Josephine Hess 10 Apr 18 Sel	ate ameda CA yne PA lamook OR a Luis Obspo CA ston MA blehead MA Collins CO blo Park CA cland CA a Angeles CA yerside CA

SRI CH Gre

100m M50 R

M60 0 D

M70 J W50 S

W60 A

עדם J 200m M50 J

M60 D

MTO H

W50 S A

W60 A W70 J

400m M50 P

MGD W D 6 1050 S 1050 G

WED A

1500m M50 B

M60 W

W50 5 G C W60 A

Women W50 S

W60 A

Men's M50 D

M60 5 G M70 R

High 3 M50 R

M70 W W50 V

W60 A

M50 F

M60 M70 H

Shot Put

Reid, Do Coleman, Curran, Garthune Carle, H Rubenste

7

EAST COAST QUADRANGULAR MEET NY Masters (NÝ), Potomac Valley Srs (PV), Shore AC (SH), Philadelphia Masters (PM) Ursinus College, Collegeville, PA

TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

NEW ENGLAND

IINMOY MASTERS GAM	ES W50 G Harding V Anctil	51 1.82 52 1.78
enwich, Conn.; July 27	C Herdes W60 A Zarro	50 1.39 65 1.81
Bacote 51 14.18 Balzak 57 14.39	A Alaimo	60 1.25
Henry 58 15.52 Harris 61 13.73 Brown 60 14.83	Shot Put M50 P Carstens	
Brown 60 14.83 Wiley 60 15.42 McCluskie 74 19.84	M Kintish D Henry M6D P Sereghy	52 12.15 58 10.12 69 10.62
Kallai 55 18.54 Cirulnick 50 18.70	E Pascal D Roberts	67 8.79 62 7.73
Kearney 59 19.00 Alaimo 60 22.11	M7D W Eipel J McLusky	72 11.32 74 8.31
Finnerty 65 24.60 Zarro 65 29.21	H McArdle W50 A Cirulnic	
Odry 78 47.10	V Anctil C Herdes	52 4.94 50 4.74
Kelly 56 27.24 Bacote 51 30.57	W6O A Zarro A Alaimo	65 5.44 60 5.21
Herscher 59 34.57 Brown 60 32.01	Discus	
Harris 63 32.52 Brown 60 32.59	M50 M Kintish P Carstens	
McArdle 79 40.72 McLuskie 74 43.81 Sperber 70 67.18	D Henry M7D W Eipel J Mclusky	58 27.03 72 31.23 74 23.14
Kallai 55 39.54 Kearney 59 42.34	H McArdle W50 A Cirulnic	79 16.87
Bruner 54 47.22 Alaimo 60 50.94	S Kallai V Anctil	55 12.42 52 11.62
Odry 78 1:49.16	W60 A Zarro A Alaimo	65 11.65 60 9.60
0'Connell 57 1:04.23	M Paradis	65 8.22
Reid 55 1:07.75 Catz 50 1:14.13	Javelin M50 P Carstens M Kintish	en 53 34.10 52 33.87
Lunsford 61 1:07.77 Brown 60 1:10.01 Brown 60 1:10.60	D Henry M60 D Harris	58 20.27 63 29.72
Kallai 55 1:32.95 Meer 50 1:42.88	E Pascale M70 W Eipel	67 16.65 72 28.09
Gaib ++ 1:56.63 Alaimo 60 2:13.87	J McLuskie H McArdle	74 19.34 79 16.06
	W50 A Cirulnic S Minoli	58 8.21
Urdiales 51 4:56.60 Reid 55 5:06.00	S Kallai W60 V Finnerty A Zarro	
Kerman 55 5:21.00 Lunsford 61 5:11.80 Rios 68 5:54.90	A Alaimo	65 6.95 60 5.39
Bachman 62 6:28.90 Kalllai 55 7:00.86	ALL-COMERS W	EIGHT MEETS
Meer 50 7:59.05 Herdes 50 9:36.00	Hanove	and an and a second
Alaimo 60 9:03.30	August 31 Shot Put	
<u>s 3000m Run</u> Kallai 55 15:08.40 Meer 50 18:20.55	C Wallin A Neville	43 54-0 41 43-2
Herdes 50 20:14.51 Alaimo 60 20:41.72	B Heath Discus M Grisko	45 38-8 ¹ / ₂ 38 142-10
5000m Run	C Wallin A Neville	129-8 115-2
Lein 51 20:23.68 Ordonez 51 21:10.00	Hammer 16# C Wallin	159-9
Morales 51 23:14.05 Richardson65 19:21.17	M Grisko A Neville	125-11 115-2
Lunsford 61 19:43.20	Javelin	
Brown 60 20:17.04	B Youngs	169-8
Fredner 72 nta	September 8 Shot Put	
Fredner 72 nta Iump Bacote + 51 4-4	September 8 Shot Put C Wallin B Mead	43 55-6* 41 50-9
Fredner 72 nta Jump Bacote Carstensen Trichur 51 4-4 53 4-4 50 4-0	September 8 Shot Put C Wallin B Mead A Neville B Atwood	43 55-6* 41 50-9 41 43-4 3/4 51 29-8 12#
Fredner 72 nta Bacote 51 4-4 Carstensen 53 4-4 Trichur 50 4-0 Eipel 72 3-6 Anctil 52 2-8	September 8 Shot Put C Wallin B Mead A Neville	43 55-6* 41 50-9 41 43-4 3/4
Fredner 72 nta Lump Bacote 51 4-4 Carstensen t 53 4-4 Trichur 50 4-0 Eipel 72 3-6	September 8 Shot Put C Wallin B Mead A Neville B Atwood B Gourley Discus M Grisko B Mead C Wallin	43 55-6* 41 50-9 41 43-đ 3/4 51 29-8 12# 41 29-1 3/4
Fredner 72 nta Jump Bacote 51 4-4 Carstensen t 53 4-4 Trichur 50 4-0 50 4-0 Eipel 72 3-6 Anctil 52 2-8 Herdes 50 2-3 Zarro 65 3-6 Alaimn 60 2-3 Zarro 2-3 Zarro	September 8 Shot Put C Wallin 8 Mead A Neville B Atwood B Gourley Discus M Grisko 8 Mead C Wallin A Neville B Gourley	43 55-6* 41 50-9 41 43-4 3/4 51 29-8 12# 41 29-1 3/4 38 163-9 142-5
Fredner 72 nta Jump Bacote 51 4-4 Carstensen t 53 4-4 Trichur 50 4-0 Eipel 72 3-6 Anctil 52 2-8 Herdes 50 2-3 Zarro 65 3-6	September 8 Shot Put C Wallin & Mead A Neville B Atwood & Gourley Discus M Grisko & Mead C Wallin A Neville & Gourley Hammer 16# B Mead	43 55-6* 41 50-9 41 43-4 3/4 51 29-8 12# 41 29-1 3/4 38 163-9 142-5 129-8 121-5 90-9 166-8
Fredner 72 nta Jump Bacote 51 4-4 Carstensen t 53 4-4 Trichur 50 4-0 50 4-0 Eipel 72 3-6 3-6 3-6 Anctil 52 2-8 Herdes 50 2-3 Zarro 65 3-6 Alaimn 60 2-3 Jump Carstensen 53 4.59 8 Bacote 51 4.24 Rosa 51 3.84 Lunsford 61 3.56 3.56 3.56	September 8 Shot Put C Wallin B Mead A Neville B Atwood B Gourley Discus M Grisko B Mead C Wallin A Neville B Gourley Hammer 16# B Mead C Wallin M Grisko	43 55-6* 41 50-9 41 43-4 3/4 51 29-8 12# 41 29-1 3/4 38 163-9 142-5 129-8 121-5 90-9 166-8 158-10 138-3
Fredner 72 nta Bacote 51 4-4 Carstensen 53 4-4 Trichur 50 4-0 Eipel 72 3-6 Anctil 52 2-8 Herdes 50 2-3 Zarro 65 3-6 Alaimn 60 2-3 Jump 2 Carstensen 53 4.59 Bacote 51 4.24 Rosa 51 3.84 Lunsford 61 3.56 3.459 3.459 Harris 63 3.52 4 4	September 8 Shot Put C Wallin 8 Mead A Neville B Atwood 8 Gourley Discus M Grisko 8 Mead C Wallin A Neville 8 Gourley Hammer 16# B Mead C Wallin M Grisko 8 Mead C Wallin M Grisko 8 Gourley A Neville	43 55-6* 41 50-9 41 43-4 3/4 51 29-8 12# 41 29-1 3/4 38 163-9 142-5 129-8 121-5 90-9 166-8 158-10
Fredner 72 nta Bacote 51 4-4 Carstensen 53 4-4 Trichur 50 4-0 Eipel 72 3-6 Anctil 52 2-8 Herdes 50 2-3 Zarro 65 3-6 Alaimn 60 2-3 Jump 2 Carstensen 53 4.59 Bacote 51 4.24 51 3.84 Junsford 61 3.56 51 4.24	September 8 Shot Put C Wallin & Mead A Neville B Atwood B Gourley Discus M Grisko B Mead C Wallin A Neville B Gourley Hammer 16# B Mead C Wallin M Grisko B Gourley A Neville * age-43 AR	43 55-6* 41 50-9 41 43-4 3/4 51 29-8 12# 41 29-1 3/4 38 163-9 142-5 129-8 121-5 90-9 166-8 158-10 138-3 129-3
Fredner 72 nta Bacote 51 4-4 Carstensen 53 4-4 Trichur 50 4-0 Eipel 72 3-6 Anctil 52 2-8 Herdes 50 2-3 Zarro 65 3-6 Alaimn 60 2-3 Jump 2 Carstensen 53 4.59 Bacote 51 4.24 Rosa 51 3.84 Lunsford 61 3.56 3.459 3.459 Harris 63 3.52 4 4	September 8 Shot Put C Wallin B Mead A Neville B Atwood B Gourley Discus M Grisko B Mead C Wallin A Neville B Gourley Hammer 16# B Mead C Wallin M Grisko B Gourley Hammer 16# B Mead C Wallin M Grisko B Gourley A Neville * age-43 AR Hammer Throw Reid, Don	43 55-6* 41 50-9 41 43-4 3/4 51 29-8 12# 41 29-1 3/4 38 163-9 142-5 129-8 121-5 90-9 166-8 158-10 138-3 129-3 116-4 61 111'
Fredner 72 nta Bacote 51 4-4 Carstensen 53 4-4 Trichur 50 4-0 Eipel 72 3-6 Anctil 52 2-8 Herdes 50 2-3 Zarro 65 3-6 Alaimn 60 2-3 Jump 2 Carstensen 53 4.59 Bacote 51 4.24 Rosa 51 3.84 Jump 2 2.52 1 4.24 Rosa 51 3.84 3.32 Junsford 61 3.52 4 McArdle 79 2.52 1 McLuskie 74 2.48 1	September 8 Shot Put C Wallin 8 Mead A Neville B Atwood B Gourley Discus M Grisko 8 Mead C Wallin A Neville B Gourley Hammer 16# B Mead C Wallin M Griskq B Gourley Hammer 16# 8 Mead C Wallin M Griskq B Gourley A Neville * age-43 AR Hammer Throw Reid, Don Guzman, Doug* Javelin	43 55-6* 41 50-9 41 43-4 3/4 51 29-8 12# 41 29-1 3/4 38 163-9 142-5 129-8 121-5 90-9 166-8 158-10 138-3 129-3 116-4
Fredner 72 nta Bacote 51 4-4 Carstensen 53 4-4 Trichur 50 4-0 Eipel 72 3-6 Anctil 52 2-8 Herdes 50 2-3 Zarro 65 3-6 Alaimn 60 2-3 Jump 2 2arstensen 53 4.59 Bacote 51 4.24 8 50 Pascote 51 4.24 79 2.52 McLusford 61 3.52 74 2.48 Con 61 37'10 34'5" Ned 56 33'5- 74'5" Ned 56 33'5- 75'7 Ned 56 33'5- HW.** 53 27'2'7	September 8 Shot Put C Wallin 8 Mead A Neville 8 Atwood 8 Gourley Discus M Grisko 8 Mead C Wallin A Neville 8 Gourley Hammer 16# B Mead C Wallin M Griskq B Gourley Hammer 16# 8 Mead C Wallin M Griskq B Gourley A Neville * age-43 AR Hammer Throw Reid, Don Guzman, Doug* Javelin Lockett, Chris	43 55-6* 41 50-9 41 43-4 3/4 51 29-8 12# 41 29-1 3/4 38 163-9 142-5 129-8 121-5 90-9 166-8 158-10 138-3 129-3 116-4 61 111' 32 106'10 17 135'6 53 100'4
Fredner 72 nta Bacote 51 4-4 Carstensen 53 4-4 Trichur 50 4-0 Eipel 72 3-6 Anctil 52 2-8 Herdes 50 2-3 Zarro 65 3-6 Alaimn 60 2-3 Jump 2 2arstensen 53 4.59 Bacote 51 4.24 Rosa 51 3.32 Jump 2 2arstensen 53 3.56 Harris 63 3.32 4 McLusford 61 3.56 Harris 63 3.52 7 2.52 7 McLuskie 74 2.48 Con 61 37'10 34'5' 3'5' 56 3'5'- Med 56 3'5'- 56 3'5'- 56 3'5'-	September 8 Shot Put C Wallin 8 Mead A Neville B Atwood B Gourley Discus M Grisko 8 Mead C Wallin A Neville B Gourley Hammer 16# B Mead C Wallin M Grisko B Gourley Hammer 16# 8 Mead C Wallin M Grisko B Gourley A Neville * age-43 AR Hammer Throw Reid, Don Guzman, Doug* Javelin Lockett, Chris	43 55-6* 41 50-9 41 43-4 3/4 51 29-8 12# 41 29-1 3/4 38 163-9 142-5 129-8 121-5 90-9 166-8 158-10 138-3 129-3 116-4 53 100'4 61 96' 56 87'6

EAST				
PVSTC DEVELOPMENTAL TRACK & FIELD MEETS				
St. Stephens School, /				
August 4, 1985 1500M Racewalk				
Luoma, Keith Corrallo, Sal* Robertson, Paul*	23	6:38 6:45		
Bolman, Joel*	46 54	8:33 8:45 9:12 9:15		
Croneberg, Carl* Seeger, Ed Dexter, Wayne* Lukes, Dick*	55 69 70	9:12 9:15 9:42		
	66	9:42 10:25		
1500M Run Dare, Jim		4:18		
Eddy, Dan Bell, Steve Vehorn, Churck*	38	4:20 4:21 4:25		
Timmerman, Mark Cross, Harry Snow, Butch	30 41	4:26 4:27 4:42 4:44		
Snow, Butch McCarten, Kevan Kurihara, Tom*	38 25 49	4:42 4:44 5:02		
Robertson, Paul*	46	5:02 5:56		
Lauffer, Peter Dare, Jim	18	2:01 2:10		
Timmerman, Mark Small, Keith	30			
? Guzman, Karen* F Kurihara, Tom* Robertson, Paul*	9	3:38		
	46	3:40		
400M Dash Powell, Gary	20	54.2		
McCarten, Don*	55 38 47	60.7		
Snow, Butch Suid, Larry* Kurihara, Tom* Crockett, Jim Martin, John*	49 20	66.7 67.0 67.2		
Martin, John* Robertson, Paul* -Guzman, Karen* F	58 46 9	80.2		
200M Dash	1.70	-		
Powell, Gary Peters, Bert Fadell, Ricardo Smith, DeMaurice	20 36 24	22.28 22.96 23.12		
Kandratavich, Mike	25	24.21		
Sherlock, Kevin* Lauffer, Peter	40 18 18	24.78 25.44 25.44		
Johnson, Marc Brown, Harold Holman, Joel*	13 54	26.19 27.2		
McCarten, Don* Angela F Suid, Larry*	55 14 47	26.19 27.2 27.88 28.1 28.62 31.50		
Chestnut, Said Engstrom, Gustav Robertson, Paul	12 60	31.50 31.96 35.12		
Robertson, Paul Guzman, Karen* F Guzman, Lauren* F	46 9 5	35.12 36.5 52.8		
3000M Run				
Webb, George Hewson, Newlie*	30 62 49	10:50 11:43 11:44		
Kurihara, Tom* 3000M Racewalk	43	11144		
Luoma, Keith Corrallo, Sal*	23 54	14:42 14:49		
Holman, Joel*	46	18:29 19:11		
Croneberg, Carl* Seeger, Ed Dexter, Wayne* Lukes, Richard*	55 69 70	18:29 19:11 19:42 19:49 20:06 20:54		
100M Dash	66	20:54		
Smith, DeMaurice		11.08		
Peters, Bert* Powell, Gary	36 20	11.27		
Paters, Bert* Powell, Gary Lauffer, Peter Johnson, Marc Sherlock, Kevin* Kandratavich, Mike Holman, Joel*	18 40	12.14		
	25 54	12.2		
McCarten, Don* Robertson, Paul*	55 46	13.7		
Holman, Joel* Angela P McCarten, Don* Robertson, Paul* Guzman, Karen* F Guzman, Lauren* F Triple Jump	9 5	17.45 23.0		
Triple Jump Lockett, Chris	17	42'2"		
High Jump				
Robertson, Paul*	46	3'3"		
Long Jump Mathis, Dean	15	17'2"		
Hawkins, Terrell Coates, Michael Brown, Harold	14 13 13	17'2" 15'8" 15'5" 15'5"		
uncountry burn	12	13'		
Pole Vault Lockett, Chris	17	12'		
Montague, Charles	16	10'		

August 11, 1985		-		
100M Dash				
Powell, Gary Peters, Bert* Brown, Robert Wright, John Pau		20 36 41	11.3	
Sherlock, Kevin*	11	19 40	12.0	1
Lauffer, Peter Watry, Jeff*		18 30 18	12.08	
Johnson, Marc Enders, Rudy* Wolfe, Sid* Suid, Larry*		53	12.67	
		47	13.67	
Felter, Jim Beyer, Jinny* Kurihara, Tom*	F	44 49 0	14.80 15.01 15.02	
Bruce, Warren	FF	B	16.35	
Ricker, Desiree* Guzman, Karen* Ficker, Robin Jr Watry, Geoff	. * F	9774	16.47 17.96 19.64	
Guzman, Doug* Ficker, Flynn*		43	25.07 28.36	
400M Dash				
Powell, Gary Lauffer, Peter Brown, Robert		18	51.99	
Kandratavich, Mi. Enders, Rudy*	ke	25 53	53.65 55.14 59.21	
Kurihara, Tom Johnson, Marc Martin, John* Beyer, Jinny*		49	64.34 66.0 67.10	
Beyer, Jinny* Ficker, Desiree* Bruce, Warren	P P	44 8	72.7	
Bruce, Warren Ficker, Flynn*		9 3	78.4 2:11.99	
1500M Walk		20	7.14	
Baca, Stephen* Slepiun, Jacob Holman, Joel*		54	8:33 8:48	
Hillman, Bill* Dexter, Wayne*		56 71 70	9:32 10:10	
Wood, Mil*		10	10:52	
Washington, Larry Timmerman, Mark	*		4:27	
Vehorn, Chuck* Hoss, Bill Hill, Gerg		38 50	4:27,7 4:46 4:46	
Webb, George Kurihara, Tom*			4:46 4:54 4:55	+
800M Run				
Washington, Lar Timmerman, Mark	ry*	34 30	2:15	2
Hoss, Bill Hill, Greg		50 49	2:26 2:28 2:33	-
Ficker, Robin J: Suid, Larry* Ficker, Desiree Guzman, Karen*	r.*	7 47	? 3:03	1142
Ficker, Desiree Guzman, Karen*	. 1	9	3:04 3:11	X
200M Dash		20	22.49	-
Powell, Gary Brown, Robert Peters, Bert*		41	23.60	
Kandratavich, Mil Lauffer, Peter Watry, Jeff* Wright, John Pau	ke	25 18 30	23.98 24.50 24.56	
Wright, John Par Johnson, Marc	11	18	25.30 25.30	
Enders, Rudy* Wolfe, Sid* Bolman, Joel*				
Wright, Johnson, Marc Enders, Rudy* Wolfe, Sid* Holman, Joel* Suid, Larry* Beyer, Jinny* Kurihara, Tom* Bruce, Warren	P	47	29.36 30.5	
Kurihara, Tom" Bruce, Warren Guzman, Karen"	F	49 9	30.52 33.16 36.0	-
Kurihara, Tom [*] Bruce, Warren Guzman, Karen [*] Ficker, Desiree [*] Ficker, Robin Jr Guzman, Lauren [*]		87	37.86 42.20	1
Guzman, Lauren*	F	4	54.8	
3000M Run Webb, George		30	10-47	
Kurihara, Tom* Delridge, Richar	rd	49 24 60	10:47 10:49 11:31	11
McCarthy, Joe 3000M Racewalk		60	14:38	-
Baca, Stephen*			17:48	
no card Hillman, Bill* ? John Dexter, Wayne*		56 63	20:07	
Wood, Mil*		71 70	21:36 22:46	
Discus Scudieri, Phil*		49	11012	
KOSE, MATK		32	107'6	
Labate, Fran* White, Russ* Curran, Ned Good, Sharon*		41	85'2 79'1 43'0	
oody sharon.	r	52	43.0	
Javelin White, Russ*		41	20211	
Scudieri, Phil* Carle, Hal*		49 53	202'1" 132'3" 98'2" 76'0"	
Curran, Ned Good, Sharon*	F	56 52	76'0" 38'10'	
Hammer Throw Labate, Fran*		27	121'7"	
Rose, Mark Guzman, Doug*		32 49	118'6" 113'9"	
110 Hurdles				
Sherlock, Kevin* Watry, Jeff*		40 30	15.78	
* Denotes PVS Ma Results prepared			Carle	
	-	-		-

Ursinus	College - Collegeville 18, 1985 - light rain	, PA	'S ((*WI)
M30-39 100m	Bert Peters	PV	0:11.9
110m h	George Crummel Jeff Watry	PM PV	0:15.4 0:16.0
200m	Bert Peters Pierre Ritter Jeff Watry Lew Miller	PV PM Py NX	0:24.0 0:24.0 0:24.7 0:35.1
400m	Mike Riddle George Crummel Pierre Ritter	PV PM PM	0:50.7 0:53.3 0:55.8
800m	Mike Riddle George Crummel Reynaldo Mason Lew Miller	PH PM NY NY	1:59.5 2:00.3 2:19.3 3:03.1
1500m	Reynaldo Mason	NY	4:43.2
3000m	Lew Miller	NY	13:02.1
4x 100m	Philadelphia Maste Potomac Valley Srs Philadelphia Maste	5	0:50.4 0:51.5 0:53.0
4x400m	Potomac Valley Srs Philadelphia Maste New York Masters		n.t. n.t. n.t.
h. jump	Jeff Watry Robert Schaible Reynaldo Mason Mearl Balmer	PV PM NY PM	6-0 5-6 5-2 4-8
l. jump	Jeff Watry Mearl Balmer	PV PM	18-0 16-4
t. jump	Jeff Watry Mearl Balmer	PV PM	39-2. 31-5
pole v.	Mearl Balmer Peter Hischmann	PM PM	12-6 12-0
shot	Jeff Watry Reynaldo Mason	PV NY	40-11 39-0 3/4
discus	Jeff Watry Reynaldo Mason Lew Miller	NY NY	112-8 83-7 39-11
javelin	Lew Miller	NY	11.52m.
Coordina	1 h a a +1 a +100	Contraction of the	
Scoring	(6-4-3-2-1) for M30 NY 42.PH		
W30-39 100m	NY 42,PH Jennifer Pinto	38, 9 NY	0:14.1
W30-39	NY 42,PH Jennifer Pinto Betty Baskin Betty Clair	38, 9 NY PV NY	0:14.1 0:14.6 0:15.8
W30-39	NY 42,PH Jennifer Pinto Betty Baskin Betty Clair Florence Wiggins Fran Birnbach	38, 9 NY PV	0:14.1 0:14.6
W30-39 100m	NY 42,PH Jennifer Pinto Betty Baskin Betty Clair Florence Wiggins Fran Birnbach Joyce Halls Lynda Durfee	38, 9 PV NY NY NY NY PV	0:14.1 0:14.6 0:15.8 0:16.2 0:18.7 0:19.4 0:19.4
W30-39	NY 42,PH Jennifer Pinto Betty Baskin Betty Clair Florence Wiggins Fran Birnbach Joyce Halls Lynda Durfee Jennifer Pinto Betty Baskin	38, S NY PV NY NY NY PV NY PV	0:14.1 0:14.6 0:15.8 0:16.2 0:18.7 0:19.4 0:19.4 0:30.3 0:32.2
W30-39 100m	NY 42,PH Jennifer Pinto Betty Baskin Betty Clair Florence Wiggins Fran Birnbach Joyce Halls Lynda Durfee Jennifer Pinto	38, S NY PV NY NY NY NY PV	0:14.1 0:14.6 0:15.8 0:16.2 0:18.7 0:19.4 0:19.4 0:30.3
W30-39 100m	NY 42,PH Jennifer Pinto Betty Baskin Betty Clair Florence Wiggins Fran Birnbach Joyce Halls Lynda Durfee Jennifer Pinto Betty Baskin Lynda Durfee	38, S NY PV NY NY NY PV NY PV PV	0:14.1 0:14.6 0:15.8 0:16.2 0:18.7 0:19.4 0:19.4 0:30.3 0:32.2 0:32.6
W30-39 100m	NY 42,PH Jennifer Pinto Betty Baskin Betty Clair Florence Wiggins Fran Birnbach Joyce Halls Lynda Durfee Jennifer Pinto Betty Baskin Lynda Durfee Jennifer Pinto Betty Baskin Lynda Durfee Betty Baskin Betty Clair	38, 5 NY PV NY NY NY PV NY PV NY PV NY PV	0:14.1 0:14.6 0:15.8 0:16.2 0:19.4 0:19.4 0:30.3 0:32.2 0:32.6 0:33.3 1:07.5 1:15.1
W30-39 100m 200m 400m	NY 42,PH Jennifer Pinto Betty Baskin Betty Clair Florence Wiggins Fran Birnbach Joyce Halls Lynda Durfee Joyce Halls Jennifer Pinto Betty Baskin Lynda Durfee Betty Baskin Betty Clair Lynda Durfee Betty Baskin Betty Clair	38, 5 NY NY NY NY PV NY PV NY NY PV NY PV NY PV PV PV	0:14.1 0:14.6 0:15.8 0:16.2 0:19.4 0:30.3 0:32.2 0:32.6 0:33.3 1:07.5 1:15.1 1:26.4 2:49.3 2:58.5 3:03.0 5:43.4
W30-39 100m 200m 400m 800m	NY 42,PH Jennifer Pinto Betty Baskin Piorence Wiggins Fran Birnbach Joyce Halls Lynda Durfee Joyce Halls Jennifer Pinto Betty Baskin Lynda Durfee Betty Baskin Betty Clair Lynda Durfee	38, 5 NY PV NY NY NY PV NY PV PV NY PV PV PV PV NY PV PV	0:14.1 0:14.6 0:15.8 0:16.2 0:19.4 0:30.3 0:32.2 0:32.6 0:33.3 1:07.5 1:15.1 1:26.4 2:49.3 2:58.5 3:03.0
W30-39 100m 200m 400m 800m	NY 42,PH Jennifer Pinto Betty Baskin Betty Clair Florence Wiggins Fran Birnbach Joyce Halls Lynda Durfee Joyce Halls Jennifer Pinto Betty Baskin Lynda Durfee Betty Baskin Betty Clair Lynda Durfee Betty Baskin	38, 5 NY PV NY NY NY PV NY PV NY PV NY PV NY PV PV PV PV PV PV PV PV PV PV	0:14.1 0:14.6 0:15.8 0:16.2 0:19.4 0:19.4 0:30.3 0:32.2 0:32.3 1:07.5 1:15.1 1:26.4 2:49.3 2:58.5 3:03.0 5:43.4
 W30-39 100m 200m 400m 800m 1500m 3000m 	NY 42,PH Jennifer Pinto Betty Baskin Betty Clair Florence Wiggins Fran Birnbach Joyce Halls Lynda Durfee Joyce Halls Jennifer Pinto Betty Baskin Lynda Durfee Betty Baskin Betty Clair Lynda Durfee Betty Baskin Lynda Durfee Betty Clair	38, 5 NY NY NY NY NY PV NY PV NY PV PV PV PV PV PV PV PV PV PV	0:14.1 0:14.6 0:15.8 0:16.2 0:19.4 0:30.3 0:32.2 0:32.6 0:33.3 1:07.5 1:15.1 1:26.4 2:49.3 2:58.5 3:03.0 5:43.4 5:43.4 5:56.1 12:27.6 14:26.3
 W30-39 100m 200m 400m 800m 1500m 3000m 4x400m 1500 wk 	NY 42,PH Jennifer Pinto Betty Baskin Jorence Wiggins Fran Birnbach Joyce Halts Jennifer Pinto Betty Baskin Lynda Durfee Betty Baskin Betty Clair Lynda Durfee Betty Baskin Lynda Durfee Betty Clair Lynda Durfee Betty Clair Potomac Valley Sra	38, 5 NY NY NY NY NY PV NY PV NY PV NY PV NY PV NY PV NY NY S	a) a) a) a) a) b) a)
 W30-39 100m 200m 400m 800m 1500m 3000m 4x400m 1500 wk h. jump 	NY 42,PH Jennifer Pinto Betty Baskin Joyce Halts Joyce	38, 5 NY NY NY NY NY PV NY PV NY PV NY PV NY PV NY PV NY S NY	a) a 0:14.1 0:14.6 0:15.8 0:15.8 0:16.2 0:19.4 0:30.3 0:30.3 0:32.2 0:32.2 0:32.6 0:33.3 1:07.5 1:15.1 1:26.4 2:49.3 2:58.5 3:03.0 5:43.4 5:48.5 5:56.1 12:27.6 14:32.5 7:07.2 11:30.7 3-8 3-8
 W30-39 100m 200m 400m 800m 1500m 3000m 4x400m 1500 wk h. jump 	NY 42,PH Jennifer Pinto Betty Baskin Jorence Wiggins Fran Birnbach Joyce Halts Jennifer Pinto Betty Baskin Lynda Durfee Betty Baskin Betty Clair Lynda Durfee Betty Baskin Lynda Durfee Betty Clair Lynda Durfee Betty Clair Potomac Valley Sra	38, 5 NY NY NY NY NY PV NY PV NY PV NY PV NY PV NY PV NY NY S	a) a) a) a) a) b) a)
 W30-39 100m 200m 400m 800m 1500m 3000m 4x400m 1500 wk h. jump 	NY 42,PH Jennifer Pinto Betty Baskin Stan Birnbach Joyce Halls Lynda Durfee Joyce Halls Jennifer Pinto Betty Baskin Lynda Durfee Betty Baskin Betty Clair Lynda Durfee Betty Clair Betty Baskin Cotomac Valley Sra Florence Wiggins Betty Baskin	38, 5 NY NY NY NY NY PV NY PV NY PV NY PV NY PV NY PV NY PV NY S S	a) 0:14.1 0:14.6 0:15.8 0:15.8 0:16.2 0:19.4 0:30.3 0:22.2 0:32.2 0:32.2 0:32.6 0:33.3 1:07.5 1:15.1 1:26.4 2:49.3 2:58.5 3:03.0 5:43.4 5:456.1 12:27.6 14:26.3 14:32.5 7:07.2 11:30.7 3-8 9-1
 W30-39 100m 200m 400m 800m 1500m 3000m 4×400m 1500 wk h. jump 1. jump 	NY 42,PH Jennifer Pinto Betty Baskin Joyce Halls Jynda Durfee Joyce Halls Jennifer Pinto Betty Baskin Lynda Durfee Betty Baskin Betty Clair Lynda Durfee Betty Clair Betty Baskin Cotomac Valley Sra Florence Wiggins Florence Wiggins Betty Baskin Francine Birnbach	38, 5 NY NY NY NY PV NY PV NY PV NY PV NY PV NY PV NY NY NY NY NY	Construction Construction
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<pre>W30-39 100m</pre> 200m 400m 800m 1500m 3000m 4x400m 1500 wk h. jump 1. jump shot discus javelin	NY 42,PH Jennifer Pinto Betty Baskin Jyna Durfee Jennifer Pinto Betty Baskin Jyna Durfee Betty Baskin Betty Baskin Betty Baskin Betty Baskin Potomac Valley Ser Florence Wiggins Florence Wiggins Betty Baskin Florence Wiggins Betty Baskin Florence Wiggins Betty Clair Setty Baskin Florence Wiggins Betty Clair Betty Clair	38, 5 NY NY NY NY PV NY PV NY PV NY PV NY PV NY PV NY PV NY PV NY PV NY NY PV NY NY PV NY NY NY NY NY NY NY NY NY NY	0:14.1 0:14.6 0:14.6 0:15.8 0:16.2 0:19.4 0:30.3 1:07.5 1:15.1 1:26.4 2:49.3 2:58.5 3:03.0 5:43.4 5:48.5 5:566.1 12:27.6 14:32.5 7:07.2 11:30.7 3-8 9-1 8-11 27-8 23-7 18-3 3/4 58-2 57-3 22.68m 14.86m 8.78m 8.76m
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National Masters News

page 31

Novem	ber, 1988			-		1	National M	asters	News		_				Mage 01
Centinued	from previous page			1500m	Jinny Bayer Glaudialeises	PV PM	5:56:4 6:09:1 7:34:9	h:jump	Walt Hutchins Sonny Barls Jerry Welbourn			200 m	Bave Lawyer Hareld Niebel Niek Silverstein	NY BY SH	0:30:4 0:51:8 0:30:7
N40=49	AH A			E SABAS	Flaudiauelses Pat Willis Marsha Hartz	PV PM PV PV	7:89:1 7:34:9	1.4	Rudy Enders Pay Carstensen	PRV PV		400m	Hareld Niebel		3:41.4
100m	Larry Colbert Jim Bantum	PV PM	0:12:2 0:12:2 0:13:4	3000m	Blaudia Uelses Jinny Beyer	PM PV PV	13:37:7	1	Art Bradley Meene Maasik John Martin		#=@ #=0		Ben Harris Niek Silverstein Bill Bensen		115-6
	Jim Denma Larry Suid Paul Robertson	PW PW PV PV	0114:4 0114:4	1 State	Marsha Hartz Pat Willis	PV	16:19:0 16:35:0		Tem Hendersen	PV SH	3=10	1	Ed Benhem Mil Weed	FN	1125-1 2:03:4
200m	Larry Celbert	-	0:8#.3	4x 100m	New York Masters Potomae Valley Sr	8	R:6: R:6:	1. Jump	Rudy Enders Senny Barle Ray Barstensen	PV PV	17=1 3/4 16=5 15=8 3/#	800m	Ed Benham Bill Bensen Ben Harris	同業課題	110.017
3.	Jin Bentum Gienn MeGurdy Jin Benna	PV PM PV PV PV	0:25.5 0:27.0 0:27.4	4x400m	Petemas Valley Sr		7:29:1	The	Art Bradley John Martin	P P N N P P P N N P P P N N P P P N N P	15=9 3/4 12=4 1/2 11=10		Bave Hall		
	Dick Kaye Larry Suid	N¥ PV	0:27:4 0:28:6 0:30:2	1500 W	Marsha Hartz Pat Willis	PV PV	9:15:4 10:01:1	The	Paul Willis Jack Barrie	PM	10=0~3/4 9=0	1500m	Bill Bensen Ed Benham	PV NY	6:09:9 6:17:9
400m	Larry Galbert Jim Denma	BV BV	0:54:8 0:58:6 1:04:9	ster 12	Marjerie Hayden Evelyn Hebbs	- PV N¥	3=0 11=4 3/4	Bele ¥:	Jerry Welbourn Senny Carle (PV PV PV	11=0 8=0 8=0	3000m	Ed Benham Bill Benson	利 社 社 人	13:05.6 13:50.9
	Dick Kaye Leary Suid John Baskin	N¥ BV BV BV	1:04:0 1:07:0 1:16:3 1:26:0	11 Junio	Jinny Beyer	PV	F 19 10=11 1/4	1	Rudy Enders		and the second se	4×400m	Peterse Valley Spi	e ev	7:06:8 10:87:7
	Paul Repertson				Sandy Pashkin Marjorie Hayden	₽V	10-9 1/4 8-7 1/4	t: jump	Rudy Enders Senny Carls Pay Barstensen	BV BV NY	12=57 3/4	1900 W 8. jump		BM	10:2711 3=8 3=9
809m	Jim Hedge Relland Elliett Tem Kurihara	PM PV PV	2:16:4 2:28:6 2:25:3	shet	Alexandra Johnson Sandy Pashkin	N¥ N¥	21=7 16=1	shet	Ten Hendersen		H2=6 1/2	1. jump	Mart Neumann Hal Niebel	eh 林	18-3 1/4
	Pete Kania Fred Currey	N¥ N¥		discus	Sandy Pashkin Alexandra Jehnson Manjerie Hayden	N¥ N¥ BV	63=10 44=5 42=4		Pay Garstensen Martin Kintish Meena Maasik	· · · · · · · · · · · · · · · · · · ·	#1=10 30=5 36=10 1/2		Niek Silverstein Les MeEver	新新	11=0 9=8 1/8
	Glenn MeGurdy John Baskin	BY	3:01:4	103	Marsha Hartz Bat Willis	₽¥ ₽¥	38=8 38=8		Harry Heim Jack Barris	BH	36=7 1/2 29=3 29=7 1/2	shet	William Beleman Mart Neumann	制版	30-6 37-8 1/8
15000	Fred Velses Reland Elliet Tem Kurinary	PM PV FU	H:19.8 4:62.0 1:66.0	javelin	Sandy Pashkin Evelyn Hebbs	NY	28:64E 18:52B		Senny Garle Faul Willis Gunther Dauth	則	22-16 		Al Skanbarg Nick Sliverstein Baul Boernweiinge	新闻	a tel allan
	Pete Fabia Fred currey	HY HY	9:09:2		Marjeris Hayden Marsha Harts Alexandra Jahnsen	BY	10:958 10:628 10:548		Hike Cave	耕建	19=8 1/2		Ban Haffis Bava Lagyar Wil Weee	理想回	pest pest lasp
30000	John Maskin Fred Weiges	FM FM	6:10:5 6:30:1	Searing	the second second second	1 95,	HY 89, PH 10,	413645	Martin Kintish Harry Helm Tom Hangersen	新刊 5日	189-9 198-1 199-8	disque	William Bereman Mars Meumann	PV Ht	13g=6 101=0
	Ballang Ellight Tem Kurinara Pete Kania	4月月 1月月 1月月 1月月 1月月 1月月 1月月 1月月 1月月 1月月	10:53.8 10:54.4 10:57.4	H58=59		2	6:12:8		HEERS Maasik Pay Barstensen Sonny Barie	新学校	108=3 89=6		Ben Haffis Al Skebbsta	一种	09±1 0 1=1 0=0
	Fred Gurrey Glenn McGurdy Baul Robertson	N¥ FH BV	11:11:H 11:H1:7 13:00:0	100m	Budy Enders Sanny Carle Nick Bresiin	BV BN	0:13:4 0:13:7		Jerry Welbourn Wick Breslin	PV PM NV			Paul Beernardiner bave Lawyer Lee Meevey	新社	10=# #8=1
Hx 109m	Potemae Valley Spa		0:54:0 1:03:5		Joel Heiman Reger Parker John Martin	FV BV BV	0:13:9 0:14:0 0:14:7	iquelin	Mike Cava Rudy Enders	BV	38:74m		MIL Week	pol -	##=E
4×400m	New York Masters Potomac Valley Srs		n:t:	14	Jack Barrie Joe Kernan Paul Willis	PM N¥ PV	0:15:7 0:15:7 0:18:5	Anomiti	Pay Carstensen Martin Kintish	NY NY	36.74m 34.96m 32.84m	jerettu	Mart Neumann Ben Harris Paul Ebernardinse	HAN BM	38-788 38-368 83-888
1500 N	New York Masters Bob Jennings	PM	R:E: 7:40:5 8:21:7	110h	Rudy Enders And Senny Carle	BV	0:19:3	- *	Jerry Welbourn Sonny Carle Meemo Maasik	P PY	38.80m		Al Skenberg Lee MeEvey	NY	19:948 19:928 11:828
	Paul Robertson Glenn MaGurdy Tom Kurihara	PV PM PV	9:31.2	antes.	Jee Kelly Jehn Martin	NY	+ 0:20.8 0:22.9	133	Niek Breslin Paul Willis	PM	31:10m 30:16m 18:06m	Weight	Paul Eberhardingen William Beleman	PM PV	3#=11
n, jump	Jai Singh	N¥	10:18:9 4=6	1	dack Barrie Art Bradley	PM N¥	0:24:3	Weight	Pay Carstensen Tem Hendersen	N¥ SH	34=8 1/2 34=7 1/2		Mart Neumann Al Skenberg	HY HY	25=11 1/4 15=10 1/2
ur Jamt	liek Kave Jai Singh	PV NY PV PV	H=2 H=0 3=6	200m	Rudy Enders Stafford Thompson Sonny Carle	FV SH FV	0:26:8 0:27:5 0:27:9		Marty Kintish Meemo Maasik	NY	31=0 1/H 22=0 1/2	Seering W 60 and	(Men 60 and over) I aver		73; NY 58; 5; 5H 8
24	Tom Kurihara Paul Robertson		3=3	152	Earl Summers Jerry welbeurne Jeel Helman	PM PV BV	0:27:9 0:27:9 0:28:4 0:28:7	Seering	(M50=59): BV 125, SH 24	NY 9	9, PM 30, SH 24	100-	Hazel Niebel Jean Weed	BV BV	8:24:3 8:27:6
₹: JAW	a Glenn Megurdy Diek Kaye Tam Kurihara	PM N¥ PV	16-0 1/2 15-5 13-7 1/2 12-8 1/4	The second	Reger Parker Unknewn	PV	0:28:7 0:29:5	W50=59	34 20		1. 1. 1.	200m	Hazel Niebel	PV	0:58:7
t. jum	Relland Elliett B Dick Kays	PV N¥	12=8 1/4 30=8 3/4	400m	Jack Barrie Rudy Enders	PM PV	0:33:0 0:58:3	100m	Beatrice Kee Marie Barrie	N¥ 戶州	0:19:4 0:29:1	400m	Jean Weed	PV	2:11:4
shat	Jai Singh Paul Bebertson	N¥	31=6 1/2 28=2 1/2 19=0 1/2		Stafford Thempson Joe Kelly	SH	1:01:1	200m	Marie Barrie Beatrice Kee	PM N¥	0:42:2 0:43:1	1500 W	Jean Weed Hazel Niebel	BV BV	10:18:4 12:09:3
	Tem Kurihara	βŸ		11-2-3	Kania Earl Summers Roger Parker	N¥ BM	1:01:9 1:02:5 1:02:8	400m	Mila Kania Beatrice Kee	M¥ M¥	1:24:1	discus	Hazel Niebel Jean Weed	BA	38=11 26=8
discus	Glenn McGurdy Dick Kaye	HH HH HH	94=8 73=19 58=9	und a	Senny Carle John Martin	BV	1:05:9 1:10:2 1:10:5	800m	Rheda Lawyer Mila Kania	N¥	3:00:H 3:52:1	Seefing	(Wenen 60 and even		V 42, M3 0, 8, 99 8
javali	Tem Kurihara n Russ White	PV	54=3 60:60m	800m	Sunther Bauth Jim Sytten	PN	2:15:8	1500m	Beatrice Kee Mila Kania	NY		-			
Jacobs	Glenn McGurdy Dick Kave Paul Robertson	EA BH BH	38:38m 30:44m 15:26m		Herb Kania Irwin Bernstein Jee Kernan	SH	8:25.7		Beatrice Kee Marie Barrie	N¥ N¥ PM		TENE	EAST AVENUE Rechester, N.Y.: A		25
Height	dał singh	N¥	29=1 3/4		Tony Diamond Gunther Bauth	PV	2:49:4	3000m 1500 w	Mila Kania Rhoda Lawyer	N¥	12:06:4		Invited Masters M Bill Stewart Bill Fuller	4:3	H : 7 17 : 3
	8 (NH0=H9): 5878103	-NY I	19, PM 46,	1900m	dim Sutten Herb Kania Gunther Bauth	PM	4:34:0 5:17:9 5:18:2						Raigh Zimmarnan M48 Jim Ferria	1114 1114	8:8
WH0=49 100m	Sandy Pashkin	N¥	0:15:1 0:15:3	to and	Larry Bickerson Joe Kernan	BV NY BV	5:24.0		Mila Kania	N¥	3=4	any .	tem Earr Brian Briscos M58+Al Bermann	in the second se	
	Jinny Beyer Evelyn Hobbs Marjoris Hayden	PV NY BV	4:19.8		Sal Corrallo Tony Blamond	PV	5:49:4 5:49:4	SHOL	Sharen Geed Beatrice Kee Anne Simpson	N¥ PV	19=1 3/4 18=11 16=3 7/8		Repert Sande: Weiter Young Wall Bannie Enampe	5:0	
	Pat Willis Marsha Harta	BV BV BV	0:18:7 0:18:8 0:22:2	3000m	Herb Kania Larry Dickerson Sal Corrallo	N¥ BV BV	11:38:4	diseus	Sharen Geed	PV	#7=7	Const 1	Leis Hetchkis Mary Shaver	6:6	8:7 6:5
	s Evelyn Hobbs	N¥	0122.4		Teny Blamend Beb Fine	PV PV N¥			Beatrice Kee Rhoda Lawyer Anne Simpson	NY	45=8 45=4 37=2		W58 Beryl Skelten W68+Marsha Tilise	818	17:7 18:7
800a	Sandy Pashkin Jinny Beyer Evelyn Hebbs	BV		Hx 100m	New York Masters Potomas Valley Sr	5	1:06:4 1:10:6	javelin	Rheda Lawyer		12:82m 10:46m 9:78m	1			
	Pat Willis Marjorie Hayden	PV PV	0199:4	4×400m	Petemae Valley Sr New York Masters	5	. R.t. R.t.		Sharen Geed Anne Simpsen	N¥ PV PV		112	4		
400m	Jinny Beyer Sandy Pashkin Rvelyn Hobbs Pat Willis	PV NY PV		1500 H_	Sal Cerralle Beb Fine			Seering Mee and	(Wemen 50-59): NY SH	78, 8	PV 231 PM 131	124	>		1 3 3
800-		Tark.			Jeel Heiman Teny Biamend Mike Gava	PV PV PV PV PV PM PM	7:10 7:140 9	100m	Harold Niebel Nick Silverstein	₽¥ SH	0:14:9 0:15:5	and the second	1 12 1	~	
800a	Jinny Bayer Evelyn Habbs Pat Willis	PV N¥ PV	8:58:7 3:14:3 3:51:7		Frank Greenberg Paul Walkovie	PM	10:30:1	80m h	Hareld Niebel	PV.	0;20:1		-	-	
				come or compa	the day was at the same day to be the same of the	1 1 1	The second second	11911	3 5 4 6 8 1 4 7 1 4 8 M	NY V		111111111		A PLAN	

MIDWEST

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	WIID WES		
WOLFPACK FALL THROWING CLASSIC	1. ED HILL 42 BTC 159' 5"	WOLFPACK FALL THROWING CLASSIC SUNDAY, SEF	PTEMBER 8, 1985 COLUMBUS, OHIO
SEPTEMBER 9, 1985	2. JIM PEARCE 40 WPK 108' 3. PETE HOYT 44 WPN 104'	THROWING PENTATHLON	
COLUMBUS, OHIO	1. JOHN WHITE, SR 46 WPK 74' 1"		ELIN HAMMER WEIGHT TOTAL
SHOT PUT, 16 POUNDS AGE CLUB 1. STEVE KAYE 36 WPK 42' 8 1/2"	1. PAY CARSTENSEN 53 NYM 108'		100 G 16 LB 35 LB
2. NORM BOWER 37 OTH 40' 9 3/4" 3. JEFF GERSON 38 OTH 22' 10"	2. JERRY ENGLAND 53 AUB 89' 4"		.60 7.08 197 312 2,036
4. CHARLES HINES 38 WPK 22' 5 1/4"	1. RIEMENSCHNEIDER 59 WPK 54' 9"	CHRIS MITKO (28) 10.12 32.26 38	.00 31.19 9.94
1. EDWARD HILL 42 BTC 49' 8 3/4" 2. PETE HOYT 44 WPN 35' 8 1/4"	JAVELIN, 600 G	WPK, COLUMBUS, OH 493 509 4	13 509 482 2.406
3. JIM PEARCE 40 WPK 33' 6 1/2"	1. BOB PETERS 62 WPK 77' 3"		.56 39.38 13.09 71 646 673 3.594
1. JOHN WHITE, SR. 46 WPK 24' 2 1/4"		STEVE KAYE (36) 13.01 40.52 35.	.38 12.42
SHOT PUT, 12 POUNDS	HAMMER, 16 POUNDS	WPK, COLUMBUS, OH 668 675 3	632 2,351
1. PAY CARSTENSEN 53 NYM 41' 2. JERRY ENGLAND 53 AUB 40' 5 1/2"	1. NORM BOWER 37 OTH 144' 2. CHARLES HINES 38 WPK 76' 2"		.16 43.90 13.78 59 715 715 3.240
1. RIEMENSCHNEIDER 59 WPK 23' 3 1/4"	3. JEFF GERSON 38 OTH 48' 10"	JEFF GERSON (38) 6.96 20.24 25	.54 14.88 5.50
SHOT PUT, 8 POUNDS	1. ED HILL 42 BTC 153' 2" 2. JIM PEARCE 40 WPK 142' 1"	OTH, CLEVELAND, OH 305 277 20	37 169 220 1,208
1. BOB PETERS 61 WPK 38' 9 3/4"	3. PETE HOYT 44 WPN 119' 10"		.16 23.20 5.90 32 358 243 1.462
DISCUS, 2 K	1. JOHN WHITE, SR 46 WPK 51' 5"	JIM PEARCE (40) 10.22 32.88 32	.92 43.32 13.03
1. JIM REARDON 38 OTC 180' 2. NORM BOWER 37 OTH 139' 10"	HAMMER, 12 POUNDS	WPK, COLUMBUS, OH 499 521 3	341 706 669 2,736
3. STEVE KAYE 36 WPK 132' 11* 4. CHARLES HINES 38 WPK 75' 10*	1. JERRY ENGLAND 53 AUB 141' 5"		0.60 46.70 16.46 68 756 880 3.776
5. JEFF GERSON 38 OTH 66' 5"	2. PAY CARSTENSEN 53 NYM 123' 2"		.70 36.54 12.39
1. ED HILL 42 BTC 148' 8"	HAMMER, 8 POUNDS		23 600 630 2,603
2. JIM PEARCE 40 WPK 107' 10" 3. PETE HOYT 44 WPN 106' 3"	1. BOB PETERS 62 WPK 117' 6"		.58 15.66 6.49 96 189 276 1.161
1. JOHN WHITE, SR 46 WPK 47' 7"	WEIGHT, 35 POUND	12 LB 1.6 K 801	0 G 12 LB 35 LB
DISCUS, 1.6 K	1. NORM BOWER 37 OTH 45' 2 3/4" 2. STEVE KAYE 36 WPK 40' 9 1/4"	JERRY ENGLAND (53) 12.33 35.24 27	.24 43.10 9.61
1. JERRY ENGLAND 53 AUB 115' 7"	3. CHARLES HINES 38 WPK 19' 4 1/2" 4. JEFF GERSON 38 OTH 18' 1/2"	AUB, INDIANPLS, IN 626 568 20	61 703 462 2,620
2. PAY CARSTENSEN 53 NYM 101' 9"	1. ED HILL 42 BTC 54' 1/4"	PAY CARSTENSEN (53) 12.49 31.02 32. NYM, BABYLON, NY 636 485 34	
1. RIEMENSCHNEIDER 59 WPK 64' 5"	2. JIM PEARCE 40 WPK 42' 9" 3. PETE HOYT 44 WPN 40' 7 3/4"	R. RIEMENSCHNEIDER (59) 7.09 19.62 16	
DISCUS, 1 K		WPK, COLUMBUS, OH 313 265 1	17 695
1. BOB PETERS 62 WPK 114' 5"	1. JOHN WHITE, SR. 46 WPK 21' 3 1/2"		0 6 8 LB 25 LB
JAVELIN, 800 G	1. PAY CARSTENSEN 53 NYM 38' 8 1/2 2. JERRY ENGLAND 53 AUB 31' 6 1/2	BOB PETERS (62) 11.83 34.88 23. WPK, COLUMBUS, OH 596 561 20	
1. NORM BOWER 37 OTH 135' 2. STEVE KAYE 36 WPK 116' 1"	WEIGHT, 25 POUND	SCORED USING 1985 TABLES FOR SHOT, DISCUS, JAN	VELIN AND WEIGHT (USES SHOT
3. JEFF GERSON 38 0TH 83' 9" 4. CHARLES HINES 38 WPK 82' 6"	1. BOB PETERS 62 WPK 31' 8"	TABLE); AND THE 1962 TABLES FOR THE HAMMER. A APPLIED TO THESE RESULTS AS THE FORMULAS WERE	NOT AVAILABLE AT THE TIME MEET
	MID-AMERIO	RESULTS WERE CALCULATED.	
	12.7		
SENIOR OLYMPICS VI St. Louis, Mo.; June 3-5	21.3 M55 J Gentry 4:58.9 M55 J	Jump W65 H Stephens 31- Kronberg 15-6 E Mayland 23-	-3. W Burkemper 10:51
50m W75 E Kawelaske	25.3 J Bell 5:13.3	Reiserer 15-1 J Slemmens 19- R Schumann 13-7½ W70 M Knes 19-	-21 M70 J Byers 10:16
M55 P Kronberg 7.1 I Siegel 7.3 200m	L Sova 5:50.7	Clark 13-8 M Probst 15- Davison 13-2 W75 E Kawelaske 17-	7. W Meyer 11:11
J Reiserer 7.3 M55 P Kronberg M60. C Davison 7.5 J Gentry	27.3 K Shoulberg 6:16.8	Deraps 13-2	M75 P Kelly 12:25
B Deraps 7.6 I Siegel	28.6 M65 0 Hartmann 5:47.5	McClarty 11-7 M55 P Brusca 114-	
K Sigars 7.7 M6D C Davison M65 C Christy 7.8 K Sigars	30.5 N Emerson 6:55.6 M70 1	Hitchell 11-6 J Paulsen 97- J Ott 10-6 J Reiserer 96-	
H Gold 8.2 C Clark B Tillay 8.2 M65 B Tillay	32.7 H Steavenson 7:03.5	1 Oppliger 8-7 M60 J Allen 111- 1 Mayland 7-9 B Bandle 110-	-3 8 Benkert 11:44
M70 J Byers 8.3 O Hartmann	32.7 S Westcott 8:37.7 M75 /	Calvin 6-10 D Henderson 99-	-5 W60 D Haimo 12:02
J Newton 9.4 M70 J Byers	35.4 M80+A Epp 8:37.3 055	Taylor 9-41 M65 8 Levy 103- Glaub 7-4 C Beaudry 101-	
M75 W Gooder 9.5 E Jarvis M8D+A Epp 10.4 B Gray	41.4 D Gray 7: W60 1	Meier 6-6 R Powell 98- L Holbert 6-6 M70 W Parker 85-	-0 W65 M Bills 13:01
J Koncki 11.1 M75 P McDowell W55 G Neighbors 8.6 W Gooder	38.3 W60 P Bailey 7:51.7	Cage 5-82 M Slemmens 83-	-4 L Sheppard 13:30
P Taylor 9.5 M80+A Epp	41.3 F Patterson 10:36.0 W65	Rogers 5-4 G Clark 77- Mayland 5-3 M75 V Kennedy 86-	
D Rupich 9.8 W55 G Neighbors W60 P Bailey 10.1 D Gray	34.9 M Proost 14.24.7 W70 r	luebel 6-10 M Calvin 74- Parsons 5-61 J Nawrocki 66-	-4 R Bettman 13:10
D Haimo 10.7 P Taylor	44.1 M55 J Gentry 18:54	Knes 4-92 W55 L Rankin 50-	-7 5 M Myers 15:03
W Conley 10.8 W60 P Bailey W65 H Stephens 9 D Haimo	42.8 J Griswold 19:03 W75+8 47.3 J Bell 20:01	Kawelaske 5-5 J Glaub 50- W60 M L Holbert 46-	-4

M55	P	Kronberg	7.1	Sec. Con	
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	J	Reiserer	7.3	M55 P	Kronbe
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	B	Deraps	7.6		Siegel
	K	Sigars	7.7		Daviso
M65	C	Christy	7.8		Sigars
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J 55		Neighbors	8.6		Gooder
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U60	P	Bailey	10.1		Gray
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		Conley	10.8	W60 P	Bailey
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100-				W65 E	Maylar
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135	4	Siegel	13.4	W70 L	Monroe
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	С	Davison	14.4		Gentry
M65	С	Christy	14.4		Griswo
		Hartmann	15.1		Buell
	B	Tillay	15.3		Daviso
M70		Byers	15.3	F	Schmit
	Ш	Ott	15.9	E	Deraps
	E	Jarvis	17.9	M65 0	Hartma
M75	P	McDowell	17.3	1	. Patter
	W	Gooder	18.2	P	Emerso
1080	A	Epp	19.4		Byers
		Barrett	30.5		Westco
		Neighbors	-15.9		McDowe
	P	Taylor	17.3	M8D+A	
	D	Gray	18.6		Benker
0.60		Bailey	19.0) Gray
		Conley	20.0		Bailey
		Sigars			Naylor
J65		Stephens	20.3	1170 1	Hise
Loa	E		17.7		Parsor
			17.2		
	14	Bills	19.2		Patter

W7D L Monroe	17.7	4500-
M Parsons	21.3	. 1500m
W Hise	21.5	M55 J Gentry
W75 E Kawelas		J Griswold J Bell
WIS L HOUSING		M60 C Davison
200m		L Sova
M55 P Kronberg	27.3	K Shoulberg
J Gentry	28.4	K Shoulderg
I Siegel	28.6	M65 0 Hartmann
M6D C Davison	29.7	L Patterson
K Sigars	30.5	N Emerson
C Clark	31.4	M70 J Byers
M65 8 Tillay	32.7	H Steavenso
0 Hartmann		S Westcott
W Ragland	32.8	M75 P McDowell
M70 J Byers	35.4	M80+A Epp
E Jarvis	40.1	W55 8 Benkert
B Gray	41.4	D Gray
M75 P McDowell		W60 P Bailey
W Gooder	39.2	W70 W Hise
M80+A Epp	41.3	F Patterson
W55 G Neighbor		M Probst
D Gray	40.0	5000m
P Taylor	44.1	M55 J Gentry
W60 P Bailey	42.8	J Griswold
D Haimo	47.3	J Bell
M L Holber		M60 P Schmitt
W65 E Mayland	38.8	G Duepner
H Stephens		C Davison
W7D L Monroe	42.2	M65 L Patterson
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P Schmitt	2:51.9	W60 P Bailey
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M75 P McDowel		J Boland
M80+A Epp	4:07	P Heires
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D Gray	3:46.8	H Kublin
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	5:50.7	M6D C Clark
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	6:55.6	F Hitchell
		M70 W Ott
10	6:40.1	M Oppliger
on	7:03.5	H Mayland
	8:37.7	M75 M Calvin
	8:27.3	W55 P Taylor
	8:37.3	J Glaub
	6:29.2	L Meier
	7:	W60 M L Holbert
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n	10:36.0	D Rogers
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	23:33	M65 R Powell
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	40:25	M Slemmens
	42:01	N James
	48:39	MOL N H
	44:06	M75 V Kennedy
	46:23	J Nawrocki
	48:42	W Gooder
	55:04	M80+0 Dueringer
	58:18	
		W55 D Hassler
	60:38	E Schmidt
	67:19	J Glaub
		W6D P Bailey
	54:19	M L Holbert
	70:35	D Rogers
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and the state of the second	10 w77510	100 million (100 million)		
W65 H Stephens	51-9	M65	0	Hartman
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C Beaudry	101-7	-		Stone
R Powell	98-0	W65		Bills
M70 W Parker M Slemmens	85-7 83-4	1		Wilson
G Clark	77-1			Sheppar
M75 V Kennedy	86-1	W70		Monroe
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D Davenport	46-1	Jave		
D Rogers	38-9	- M55		Norton
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E Beaudry	43-7	1		Reisere
J Slemmens	38-4	M60		Allen
W70 M Uebel	45-0	1		Ludwig
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L.A. PATRIOTS SUMMER RELAYS	100m M50 E Mehmedbasich 53 nta	Long Jump MSD 5 Richmond G. Dauson	50 15-5 51 14- 3	110mH M30 K Speaks M50 J Stanne
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4x100m Corporate Relay		M50 R Beedle		MBD H Van Ge WII5 L Glass
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ATTONAL.	M45 C Escobedo 2:22.37 1 Vargas 2:22.49 R Numez 2:22.45 R Numez 2:27.05 A Grim 2:27.06 A Grim 2:23.98 R Hernandez 2:33.98 R Hern	1500m 4:21.97 J berez J perez J perez 4:25.56 J perez 4:25.66 J velazquez 4:25.66 J velazquez 4:25.66 J velazquez 4:23.02 M4D J avila 4:24.06 J contes 4:40.00 4:44.00 M4J J cectero 4:44.00 M5 J cectero 4:45.00 M5 J cectero 4:46.00 M5 J cectero 4:46.00 M5 C cortes 5:00.20 M5 F muniz 5:10.19 M5 F muniz 5:20.20 M5 G uarge 5:20.26 M5 G uarge 5:20.26 M5 G uarge 5:20.26	WJ5 M Pulido M De Esparza A Texopa A Texopa B Texopa B Texopa B Texopa B Texopa B Texopa B Teropa B Teropa	W45 G Cartain W55 M Munoz 17:25 06 Wan's 5000m Run 17:25 17:25 17:25 17:25 17:25 17:25 17:24 16:19.2 17:34.5 Marmolejo 17:34.5 Marmolejo 17:34.5 Marmolejo 17:34.5 18:10.8 17:40 17:45 18:10.5 M45 J Solian 17:45 18:105 17:45.56 M50 R Martinez 18:26 18:39.	C De La Fuente 22:45 MS5 N Solis 20:32 A Sanchez 21:27 G Navarro 20:45 M6D D Divera 20:45 MF Flores 24:22.8 M7D T Acosta 24:23.4 T Morales 26:42.1 Continued on page 29	CMAL CHAMPIONSHIPS, Gresham, Dre., WalkM65 R Stark 12:51.99; D Jacobs Tourney 14:05. W75 M Salisbury 16:25 A CHAMPIONSHIPS, Los Gatos, Calif:, Jung: P Presber 6.09; D Skartvedt 5.72; RS Taf CHAMPIONSHIPS, Indianapolis, is fasults received by NWN showed Gary is fast fast fast fast fast fast fast fas
INTERN	MEXICO SUBMASTERS & MASTERS CHAMPIONSHIPS Irapuato: August 3-4 Irapuato: August 3-4 Int.41 M30 R Iturbe Martinez Recenence Rec	M55 J Carrillo J Drendain 15.50 R5 J Carrillo 15.50 R5 R Higueras 13.75 M65 R Higueras 13.75 M65 R Higueras 13.54 M55 R Higueras 13.54 U30 Y Marin 13.54 M55 R Higueras 13.54 U35 R Hernandez 13.54 M Ramon 14.44 M Ramon 15.51 M Ramon 15.65 M Pulido 15.65 M Pulido 17.48 M45 E Yanez 15.65 M45 F Martinez 23.08 M45 F Martinez 23.57 M45 F Martinez 23.56 M45 F Martinez 23.56 M55 S Cruz 28.00 M55 J Carz 28.05 M55 J Carz 28.05 M55 J Carz 28.05 M55 J Carz 28.05 M55 J Carzillo 28.05 M55 J Carz 28.05 M55 J Carzillo 28.05 M55 J Carzillo 28.05	R Tlaps 35.01 M65 R Higuera 23.01 U30 F Escobar 23.18 U35 R Hernander 23.20 M Ramos 31.22 M400m Salazar 31.47 M40 C Alcala 35.06 37.47 W40 C Alcala 36.04 37.47 M30 G Diaz 56.28 56.28 M35 J Loranca 56.28 56.51 R Rizz 56.51 56.51 R Rizz 56.51 56.51 R Rizz 56.51 56.51 R Rizz 56.51 56.51 R Rizz 57.05 56.51 R Rizz 57.05 57.56	R Gonzalez 1:00.70 M45 G Escobedo 59.61 J Avila 1:01.29 M55 S Cruz 1:01.25 0 Gonzalez 1:01.53 0 Gonzalez 1:01.25 0 Gonzalez 1:01.25 0 Gonzalez 1:01.25 0 Gonzalez 1:02.26 0 Gonzalez 1:02.80 M55 C Briton 1:02.80 R Lomeli 1:02.80 M60 J Junez 1:14.00 U30 L Garcia de Rizol:11.09 1:29.80 U30 L Garcia de Rizol:11.06 1:29.80 M Gonzalez 1:29.80 M Gonzalez 1:29.60 U40 A Ortiz 1:21.04 U40 A Ortiz 1:20.00	B00m M30 C Hermosillo 2:03.96 C Baldovinos 2:11.12 E Galdovinos 2:11.12 B Garcia 2:06.06 R Betancourt 2:14.40 R Angel 2:03.49 R Anan 2:14.40 M40 J Vaile 2:14.40 M40 J Vaile 2:14.40 A Ceja 2:17.05	CORRECTIONS: TAC NORTHWEST REGIONAL CHAM July 26-27: 2000m WalkM65 13:58.06. WGU D Tourney 1. WAVA NORTH AMERICNA CHAMPIO August 3-4: Long Jump: P Pri August 3-4: Long Jump: P Pri Richmond 4.86. Tac NaTIONAL MASTERS Taf CH Ind., August 23-25: Results Kelmenson's mark was in the not place in the top three.
	110mi M30 K Speaks16.6 SpeaksM50 J Stanners17.6 M60 J SchanersM60 J Stanners18.4 M61 Junner, French, 47.9Ax100m Relay M35 E Ryant, Turner, French, Heller6-5 47.9M35 C Rader M35 C Rader6-5 4-3 M70 J DamskiM00 H Van Celder3-5 4-3 4-3	Pole Vault14-0M30 L Reach10-6M35 R Ying11-0M50 U Convelly11-0M50 U Convelly11-0M50 U Convelly11-0M50 U Convelly11-0M50 U Convelly11-0M51 U C Johnson9-6M52 J Vernon9-6M50 R Tsuda17-10M30 F Truda17-10M30 F Truda17-10M30 F Truda17-2M50 J Johnson14-2M50 R Tsuda14-2M50 R Tsuda14-2M50 J Johnson14-2M50 R Tsuda14-2M50 R Tsuda14-2M50 R Tsuda14-2M50 R Tsuda14-2M50 J Johnson14-2M50 R Tsuda14-2M50 R Tsuda14-2M50 R Tsuda14-2M50 R Tsuda14-2M50 R Stinsey11-3M50 R Fitzhugh38-70M50 R Stencer32-5	MTO J Damski 27-J WTO J Damski 26-11 USO C Miller 26-11 26-11 26-11 26-11 26-11 26-11 26-11 27-5 26-11 26-11 26-10 26-10 26-10 26-10 26-10 26-10 26-10 26-10 26-10 26-10 26-10 27-5 26-11 26-10 27-5 26-11 26-10 27-5 26-11 26-10 27-5 26-11 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 26-10 27-5 27-5 27-5 27-5 27-5 27-5 27-5 27-5 27-5 27-5 27-4 27-5 27-5 27-5 27-4 27-5 27-4 27-5 27-4 27-5 27-4 27-5 27-4 27-5 27-4 27-5 27-4 27-5 27-4 27-5 27-4 27-7 27-10 27-1	Discus Discus M35 J Klein 720-1 M45 C Klehm 720-1 M45 C Klehm 720-1 M55 T Allison 175-2 M55 T Allison 115-2 M55 T Allison 115-2 M55 V Aldrich 111-1 M75 V Cheadle 111-6 M55 J Unittemore 65-4 M55 J Unittemore 65-4 M55 J Unittemore 131-6 M50 F Williams 131-6 M40 E Westin 71-11 M50 P Conley 77-11 M55 B Mcrafes 131-6 M55 B Mcrafes 131-6 M55 B Mcrafes 131-6 M55 B Mcrafes 131-6	emore emore A k ughn ughn	Muhittemore Whittemore SSING RESULT SSING
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	53 45:50	W55 5 Parsons	2:31:17
	36 42:13	PREFONTAINE MEMO	RIAL TOP
KARD COLTEN AND	36 43:59 36 46:32	Coos Bay. Ore.: Septe	mber 21
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	70.00	M50 V Parkhurst	51 37:03
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(ershaw Blancher	37:04 43:05		63 49:24
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Insell Easterbrook	46:07 51:46	M70+ E McKean-Smith	
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SSING RESU	ITS	W45 M Brillhart P Higgins	46 54:50 45 59:32
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llins	5:29:02	8:59:29	11:39:27	20:18:23
holl	5:06:00	8:21:52	10:39:56	18:55:43
rawford	5:57:51	9:51:30	12:33:45	20:44:45
rnandez	5:04:30	8:39:38	11:34:39	21:27:18
mier	4:45:59	9:15:30	12:32:35	21:52:51
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a	5:51:20	9:39:00	14:42:30	22:08:55
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gston	4:48:13	7:24:58	10:26:15	20:24:10
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National Masters News

TWIN	CITIES MARATHON
N	Ainneapolis to St. Paul
	October 6

				-	16	John Sherida	an, 40, Chiswick, London W4	2:15	2:25
	TWIN CITIES MARATHO	JN			17	Guenter Miel	ke, 42, 6146 Alsbach-1	4:41	2:27
	Minneapolis to St. Paul				18	Bill Venus,	45, Exmouth, England		2:34
	winneapons to St. Fau				19	Toshiko D'El	ia, 55*, Ridgewood, Nj		3:19
	October 6		1 000		20	Bill Foulk,	52, Raymond, Nh	5:58	2:36
	October o				21	Robert Busby	7, 36, Lees Summit, Mo	7:55	2:24
CE	FINISHER	TIME	/MILE	AWARD	22	Karen Hubbar	d, 35*, Ann Arbor, Mi	8:48	2:44
					23	George A Sav	anick, 47, Apple Valley, Mn	9:04	2:38
1					24	Ernest Billu	ps, 48, Chicago, Il	9:11	2:38
					25	Jeff Gallowa	Y, 40, Marietta, Ga	9:12	2:31
1	Philip Coppess, 31, Clinton, Ia	2:10:05		\$20,000	26	Margaret Mil	ler, 59*, Thousand Oaks, Ca	9:31	3:23
2	James Munyala, 32, El Paso, Tx	2:13:07	and the second second	12,000	27	Nancy Mieszc	zak, 36*, Buffalo, Ny	10:59	2:46
3	Thom Hunt, 27, Coronado, Ca	2:13:39	5:06	9,000	28	Jim O'Neil,	60, La Jolla, Ca	11:42	3:00:
4	Daniel Grimes, 26, Reno, Nv	2:14:10	5:07	6,500	29	Wes J Wessel	y, 37, Stone Mountain, Ga	12:09	2:28
5	Domingo Tibaduiza, 35, Reno, Nv	2:15:34	5:10	4,500	30	Greg Osmun,	45, Grand Rapids, Mi	13:14	2:42:
en					31	Ruth Anderso	n, 56*, Oakland, Ca	13:16	3:27:
-					32	Kathleen Nor	throp, 35*, Durham, Nh	14:43	2:50:
1	Janice Ettle, 26*, Freeport, Mn	2:35:47	5:57 \$	20,000	33	Charles K Da	vies, 48, Washington Grove, Md	14:54	2:44:
	Kim Rosenquist, 27*, Spokane, Wa	2:35:59		12,000	34	Dale Mattson	, 45, Bloomington, Mn	15:10	2:44:
	Gail Kingma, 24*, Seattle, Wa	2:36:12	5:57	9,000	35	Anne Bing, 4	5*, Old Lyme, Ct	15:31	3:11:
	Debbie Thometz, 24*, St. Paul, Mn	2:36:20	5:58	6,500	36	Dick Kelman,	42, Minneapolis, Mn	15:48	2:38:
5	Janis K Klecker, 25*, Hopkins, Mn	2:36:37	5:58	4,500	37	RICK Kleyman,	45, Plymouth, Mn	16:00	2:45:
	the second				38	Ada Letinsky	47*, Oakbank, Manitoba	16:11	3:12:
GR	ADED AWARDS			and the second s	39	John Naslund,	35, Minneapolis, Mn	16:28	2:32:
		NDICAPPED			40	John K Myers,	37, Minneapolis, Mn	16:59	2:33:
E	FINISHER	TIME	TIME	AWARD	41	Michael Bento	n, 40, Lester Prairie, Mn	17:19	2:40:
					42	Harry Cottrel	1, 39, Burnsville, Mn	17:25	2:33:
	Clive Davies, 70, Tillamook, Or	-14:38		5 \$4,000	43	Ronald E Bole	, 45, Roseville, Mn	17:56	2:47:
	Antonio Villanueva, 45, Jalapa, Vera Cruz		2:20:3		44		m, 38, Salt Lake City, Ut	18:00	2:34:
	Doris Schlosser, 41*, D-8630 Schwetzingen		2:38:56	and the second second second	45		g, 40*, Pembroke, Bermuda	18:06	3:03:
	Dan Conway, 46, Chetek, Wi	-4:51	2:24:34		46	Don Kardong,	36, Spokane, Wa	18:11	2:34:
	Gabriele Andersen, 40*, Sun Valley, Id	-4:36	2:41:00		47	Roger Rode, 4	0, St. Paul, Mn	18:50	2:41:
	David Clark, 41, St. Albans, England	-3:50	2:18:56						1. 7.22. 2.4.12
	Michael Heffernan, 45, Portland, Or	-2:43	2:26:42		48		nski, 35, Wyoming, Mi	18:52	2:35:
	Pat Murphy, 40, San Diego, Ca	-1:12	2:21:34	and the second se	49	Jared Mondry,	43, Excelsior, Mn	18:56	2:41:
	Robin C Dow, 41, London Nw3, England	-1:07	2:21:39		50	Tony Benthin.	36, Plymouth, Mn	18:57	2:35
	Domingo Tibaduiza, 35, Reno, Nv	-:39	2:15:33						1 2 1 1 2 3 3
	Norm Green, 53, Wayne, Pa	-:38	2:29:42	A REAL PROPERTY AND A REAL PROPERTY AND A	51	and an and the second se	g, 51, Edina, Mn	19:16	2:49:
	Bruce Mortenson, 41, Eden Prairie, Mn	-:23	2:22:23	Contract of Contract of Contract	52	Jim C Donnell	Y, 39, St. Paul, Mn	19:38	2:35:
	Gaylon Jorgensen, 56, Provo, Ut	:26	2:35:41		53	Dick Hipp. 46	, Columbia, Md	19:40	2:49:
	Diane Palmason, 47*, Ottawa, Ontario		2:56:44		54				
6 <u>3</u>	Fay Bradley, 47, Washington Dc	1:33	2:30:58	250	and the second	ban shannon,	41, Roseville, Mn	19:45	2:42:
C	LASS	CLASS			a management	and the second	CLASS		
E PI	LACE FINISHER TIME	PLACE PLACE	3	7	INISHER	TIME	PLACE PLACE FINISHER		
35 .	- 39	Hen 50 - 54	and the second				Women 35 - 39		
							12 1 Karen Hubbard, 35*, Ann Ar	bor. Mi	11.1.1.2
	1 Domingo Tibaduiza, 35, Reno, Nv 2:15:34	49 1	Nors Gree	n, 53, Wa	yne, Pa	2:29:43	13 2 Nancy Mieszczak, 36*, Buff	alo, Ny	
	2 Robert Busby, 36, Less Summit, Mo 2:24:08			k, 52, Ra		2:36:19	15 3 Kathleen Northrop, 35*, Du	rhan, Nh	1.0
		230 4	Arlen C S	upp 51	Edina, Mn Columbia Height.	2:49:37	20 4 Jane & Millspaugh, 37*, Bo 21 5 Patsy Duffy, 36*, Edina, H	ca Raton,	, F 1
	5 John K Hvers, 37. Winnespolis Wn 2.33.301	250 5	ELA LOIKI	nen, 50, 1	noka, Mn	-, Mn 2:50:36 2:51:46	23 6 Diane Fallon Thompson, 384	Edine.	Mn
	o Harry Cottrell, 39, Burneville, Mn 2:33:38	289 6	Gene Hyer	8. 50. Mat	plewood. Wn	2:53:42	29 7 Linda Schissel, 36*, Minne	apolis.)	No.
		290 7 338 8	Don Cillb	, 54, Bt.	Anthony, Mn	2:53:43	30 8 Carol & Klitzke, 38#, St.	Paul Mrs	B
-	9 Michael Krywanski, 35, Wyoming, Mi 2:35:05		Dale E Ur	bain, 51	, Ossec, Wi Burnsville, Mn	2:56:28	39 9 Connie Foster, 35*, Afton, 54 10 Ardel Bengtson, 37*, South	Mn	1000
	Tony Benthin, 36, Plymouth. Mn 2:35:10	543 10	Gary Defr	ance, 52,	Golden Valley.	Mn 3:05:20	54 10 Ardel Bengtson, 37*, South	STORY CI	LUY, NO
	2:35:51	013 11	David Bor	reson, 52,	Lafavette, Co	3:07:47	59 11 Kathleen Fay Schwitt, 38*,	Nendota	Heights
	Jale Schatzlein, 37, Minneapolis, Mn 2:36:44 2:37:26		Billy D M	rsen, 50,	New Brighton, M	m 3:08:47		and the second s	3

66		7 Bill Tuddenham, 38, Salt Lake City, Ut	2:34:1		7	Greg Prom, 54, St. Anthony, Mn	2:53:		30	8	Carol & Klitzke, 38*, St. Paul, Mn	3:05:20
67		8 Don Kardong, 36, Spokane Wa	2:34:2			Don Gilbertson, 50, Osseo, Wi	2:56:		39	9	Connie Foster, 35*, Afton, Mn	3:09:40
69		9 Michael Krywanski, 35, Wyoming, Mi	2:35:0		5	Dale E Urbain, 51, Burnsville, Mn	3:01:		54	10	Ardel Bengtson, 37º, South Sioux City, No	
75		Tony Benthin, 36, Plymouth, Mn 1 Jim C Donnelly, 39, St. Paul, Mn	2:35:1		10	Gary Defrance, 52, Golden Valley, Mn	3:05:	20				3+16:0200
81		2 Dean Swanson, 35, Eden Prairie, Mn	2:35:5		11	David Borreson, 52, Lafavette, Co	3:07:	17	59 1	11	Kathleen Fay Schmitt, 38*, Mendota Height	a. Hn
82	1	3 Dale Schatzlein, 37, Minneapolis, Mn	2:36:4		12	Dick Andersen, 50, New Brighton, Mn	3:08:4	7				3:18:06
83		4 Jerry O Bell, 38, White Bear Lake, Mn	2:37:2		13	Billy D Martin, 53, Dallas, Ty	3:09:3	7		12	Carol Zazubek, 36*, Apple Valley, Mn	3:21:45PR
85	1	5 Barry Roth, 38, Albuquerque, Nm	2:37:5		14	James & McIntyre, 54, Rhinelander, Wi	3:12:1	0		13	Florianne Harp, 37#, Sausalito, Ca	3:22:06
86		6 Creigh Kelley, 38, Englewood, Co	2:38:1		15	Ronald J Watson, 50, Littleton, Co	3:12:1			14	Francine M Pahl, 37*, Minneapolis, Mn	3:23:20
99		7 Peter Lever, 39, Warwick, Bermuda	2:38:2		16	Norman M Horns, 52, Edina, Mn	3:13:1		79 1	15	Linda M Barton, 36*, Burnsville, Mn	3:23:22
100			2:39:21		17	Allan R Shufelt, 53, Rochester, Mn	3:13:	4				
104	1	9 Steven J Sonks, 37, Cherokee Te	2:39:32		18	John Burns, 52, Minneapolis, Mn	3:14:	06		10 -		
110		0 Herbert A Tolbert, 38, Gaithersburg, M	2:40:11		19	Jack Wolcott, 50, Floyd, Ia	3:15:	50		1	Doris Schlosser, 41*, D-8630 Schwetzingen	
113	2	1 Larry Bockelman, 35, Wisner, No	d 2:40:5		20	Stan Bell, 51, La Crosse, Wi	3:16:			-	the second	2:38:57
118	2	2 Allan O Ohm, 35, Galesville, Wi	2:41:2:		21	Jim Ready, 51, Appleton, Wi	3:17:0		11	2		2:41:01
119	2	3 Don R Mathieu, 39, Brooklyn Center, Mn	2141150		22	Janes Fourre, 50, St. Paul Wo	3:17:1					3:03:43
120	2	4 Michael D Crofton, 35, Thief River Fal.	2:41:5		23	Dean Wells, 51, Paw Paw, Mi	3:17:1		37			3:08:30
		the second set and a second set	2:41:55	927	24	Don R Overend, 53, East Peoria, Ti	3:17:4		40	5	Lesh H MCELTON, 434, Sereents Fl	3:09:46PR
129	2	5 Don Leedy, 38, New Orleans, La	2:43:35		25	David Boies, 51, Minnetonka Beach, Mn	3:18:2		41	6		3:09:48
			4.43.35		11-1				65	7 1		3:19:45
Men 4	0 -	44		Hen 55	11 18	9 Martin Contraction of the second se			67 1			3:21:10
14	1	David Clark, 41, St. Albans, England			-	and a second			72 9	9 1	Virginia F Ketola, 43*, Golden Valley, Mn	3.21.10
17	2	Pat Murphy, 40, San Diego, Ca	2:18:57		1	Gaylon Jorgensen, 56, Provo, Ut	2:35:4	2		-		3:22:19
18	3	Robin C Dow, 41, London Nw3, England	2:21:35		2	Richard N Larson, 55, Wayzata, Mn	3:02:2	5	77 10			
21	1	Brice Worteneer, 41, London NW3, England	2:21:40		3	Ray Hardman, 55, St. Paul, Mn	3:06:0	the second se	92 1			3:23:14
31	-	Bruce Mortenson, 41, Eden Prairie, Mn	2:22:24			Robert R Baron, 55, Charles City, Ia	3:09:1				Kathie Peterson, 42*, Brooklyn Center, Mn	3:26:54PR
40		John Sheridan, 40, Chiswick, London W4	2:25:02		5	Harold H Hubbard, 59, New Hope Wo	3:09:3			• •		
56	7	Guenter Hielke, 42, 6146 Alsbach-1	2:27:28		6	RODELL Shaw, 55, Saragota VI		100	07 1:	2 7		3:28:24PR
90	8	Jeff Galloway, 40, Marietta, Ga	2:31:59		7	Edward A Magnuson, 55, Golden Valley	and the second second	A 10 10 10 10 10 10 10 10 10 10 10 10 10	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	The second second		3:29:58
103	å	Dick Kelman, 42, Minneapolis, Mn	2:38:35		8	bonald Horeland, 55, Lake Nebadamon, W	1 3:12:0	BPR	23 1		udie Vieween die Street Falls, la	3:30:18
114	10	Michael Benton, 40, Lester Prairie, Mn	2:40:06	802	9	Chailes ACUliton, 55, St. Paul, Mn	3:13:5				fudie Kleyman, 44*, Plymouth, Mn	3:33:06
116	11	Roger Rode, 40, St. Paul, Mn	2:41:37	865	10	Oscar M Pederson, 58, Marshall, Mn			omen 45	and in	49	
121	12	Jared Mondry, 43, Excelsior, Mn	2:41:43	937	11	John W Brooks, 58, Edina, Mn	3:17:5	CONTRACTOR OF MANY	19 1	7 C		
142	13	Dan Shannon, 41, Roseville, Mn	2:42:32		12	Robert M Brown, 58, Siren, Wi	3:19:3	States -				2:56:45
153	-	Richard Craig Bailly, 41, Fargo, Nd	2:44:20		13	Walter M Beier, 59, Duluth, Wn	3:19:5		45 2		nne Bing, 46*, Old Lyme, Ct	3:11:26
162	14	Jim Powers, 42, St. Louis, Mo	2:45:14		14	Robert E Mackie, 55, Superior, Wi	3:22:5	1 No. 1	49 3	3 1	da Letinsky, 47*, Oakbank, Manitoba	3:12:06
189	16	John Grandia, 43, Elk River, Mn	2:45:42	1148	15	Fred L Dodd, 59, Greenwich, Ct	3:25:2	1	31 4		Laye M Serslund, 47*, Salt Lake City, Ut :	3:34:37
202	10000	Paul R Anderson, 40, Rochester, Mn	2:47:37	1154	16	Chuck Eckel, 55. Brooklyn Park Mn	3:25:25				arol Schneider, 46*, Barasota, Fi	3:36:55
	17	Rainer Rocheleau, 42, Roseville, Mn	2:48:30	1307	17	Walter Rasula, 58, Winnetonka Wh	3:30:05	S		5 P	atricia S Faunce, 48*, Minneapolis, Mn	3:39:05
206	18	James L Olsen, 43, Bloomington, Mn	2:48:55	1647	18	Byron F Van Dake, 58, Maple Grove, Mn	3:34:52	20	00 7	7 8	andy Hammond, 46*, Lakeville, Mn	3:44:18
211	19	Tom M Smith, 42, Coon Rapids, Mn	2:49:22	1450	19	George Sivanich, 57, Northfield, Mn	3:34:56				aureen K Neerland, 45*, Minneapolis, Mn	3:50:17PR
214	20	Thomas F Andrew, 42, Duluth, Mn	2:49:29	1476	20	George Hunkins, 58, St. Paul, Mn	3:35:48) L	inda Laurenzo, 45*, Des Moines, Ia	3:51:59PR
229	21	John Preston, 40, Winnipeg, Manitoba	2:50:35		21	Loren Johnson, 55, Rochester, Mn	3:35:49		and the second second		aren Greenwaldt, 48*, Verndale, Mn	3:53:52
234	22	Chuck Vanarsdale, 41, Decatur, 11	2:50:46		22	Don Rivard, 56, St. Paul, Mn			59 11	L N	adeleine E Lundstrom, 47*, Albert Les, M	
248	23	Clark Anderson, 41, Osceola, Wi	2:51:35			and the second s	3:38:53	And Address			and the second sec	1:53:55
249	24	Jim Baillargeon, 41, Somerset, Wi	2:51:36	Men 60	- 6			36		D	ee Hanson, 47*, Fargo, Nd	:11:04
294	25	David Wirth, 44, Pargo, Nd	2:54:01	and the second	1.87			36		N	ancy Harrer, 46*, Bloomington, Mn	:11:10PR
Hen 45		a state of the sta	Annual Contractor	429	1	Jim O'Neil, 60, La Jolla, Ca	3:00:05	37		D		:12:58PR
			STAR A	1043	2	John C Burton, 62, Wayzata, Mn			6 15	X		:14:33PR
16	-	Antonio Villanueva, 45, Jalapa, Vera Cru	IZ	1044	3	Ralph & Pavek, 64, Little Canada, Mn	3:21:58				A REAL PROPERTY AND A REAL PROPERTY A REAL PROPERTY AND A REAL PROPERTY A REAL PROPERTY AND A REAL PROPERTY A REAL PROPERTY AND A REAL PROPERTY A REAL PROPERTY AND A REAL PROPERTY A REAL PROPERTY AND A REAL	
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28	2	Dan Conway, 46, Chetek, Wi	2:24:35	1242	5	Carlyle Sherstad, 64, Grantsburg, Wi	3:23:07 3:28:12					
35	3	Michael Heffernan, 45, Portland, Or	2:26:43	1275	6	Roy Carlsted, 61, St. Paul, Mn	3:29:12			1 1	Men-Shi Yu, 50*, Kew Gardens, Ny	3:22:40
54		Fay Bradley, 47, Washington Dc	2:30:591	1010	7	Gerry Davies, 60, Hopkins, Mn			29	2 7	ATV BUTY JOTAL 514 Winnettenks	
65	5	Bill Venus, 45, Exmouth, England	2		8	Ronald Wiesner, 61, Edina, Mn	3:45:21	- 3		3	Patricia Ann Wahlgren, 514, St David Wa	3:48:21
88	6	George A Savanick, 47, Apple Valley, Mn	2:38:301	1055	9	Richmond F Brown, 60, Central Lake, Mi	3:46:58		77 4		DUILILY SLOCKED, SUF, HINDARDOILE MA	
91	1	Ernest Billups, 48, Chicago, Il	2:38:37	1060	10	Nestor Velasco, 64, Fair Oaks, Ca	3:49:48		74 1	5 1	EVA CONDOT. 544 Webster Wi	4:13:10
122	8	Greg Osmun, 45, Grand Rapids, Mi	2:42:401	1982	11	Charles A Rollins, 61, Caledonia, Mn	3:50:15		55	6 1	ALDIVE Broderick, 514 St David We	4:31:08
141	9	Charles K Davies, 48, Washington Grove,	Md I		12	Bob Zabel, 61, Edina, Mn	3:50:53		71 7	7 1	Maisie Cromie, 53*, Golden Valley, Mn	4:50:49
-	-		2:44:20			William W Stule 61 Green Bay Wi	3:51:41		75 8	•	MULTER Daly 500 Minnetonka Ma	4:54:48
145	10	Dale Mattson, 45, Bloomington, Mn				William H Style, 61, Green Bay, Wi	3:55:04		95 9	9 3	an Lloyd, 53t, Minnespolie	4:57:45PR
156	11	Rick Kleyman, 45, Plymouth, Mn	2:45:26		15	Winsten Olson, 62, Westby, Wi Alvin L Park, 61, Minneapolis, Mn	3:55:39	PR 6	22 10	0 5	An Lloyd, 53*, Minneapolis, Mn Sherrill S Wright, 52*, St. Paul, Mn	5:07:16
181	12	Ronald E Bole, 45, Roseville, Mn	2:9/:221			ALVIN L Park, 61, HINNEapolis, Mn	3:57:14	There				5:35:11
207	13	Dick Hipp, 46, Columbia, Md	2:49:06			the second se		Wo	men 55	10-1	59	
	14	George Orchard, 48, Iron River, Mi	2:53:00	Hen 70	4 Up		- P	1	-			
271	15	Jim Lamson, 49, West Des Moines, Ia	2:53:01			and the second se				1 1	Toshiko D'Elia, 55*, Ridgewood, Nj	3:19:23
293	16	Donald M Dickmeyer, 45, Fremont, Ne		521	1	Clive Davies, 70, Tillamook, Or	3:04:16			2 1		3:23:41
299	17	Tim A Brown, 46, Stillwater, Mn	2:54:08	1797	2	Frank R Anderson, 65, Belmont, Ma	3:44:50			3 1	Ruth Anderson, 56*, Oakland, Ca	3:27:26
346	18	G E Jensen, 47, Middleton, Wi	2:56:57	2075	3	Charles D Ogilvie, 67, Ben Wheeler, Tx	3:53:41		75 4	4 1	Diane M Goulett, 56*, Minneapolis, Mn	3:54:18
349	19	Larry J Kester, 46, Marshalltown, Ia	2:57:04	2220	4	Robert L Howard, 65, Minneapolis, Mn	3:53:41	21	89 5	5 1		3:56:44
359	20	Jim Sandness, 45, Anoka, Mn	2:57:31	2327	5	terrill Barneby, 68, La Crosse, Wi		and the second			A CONTRACTOR OF A CONTRACTOR O	
363	21	Douglas & Pearson, 47, Eau Claire, Wi	2:57:37	2328	6	Harold W Carlson, 66, Minneapolis, Mn	4:00:59	We	omen 60	0 -	64	
367	22	Donald W Saari, 46, Burnsville, Mn	2:57:41	2580	7	Richard C Gardner, 67, Minneapolis, Mn	4:01:001	WC	omen 65		69	
370	23	Geoff Harrington, 45, Ridgefield, Ct	2:57:50		8	Sernie Zimpfer, 67, Minneapolis, Mn	4:17:29	We	omen 70	3 0	Up	the state of the
377	24	Jim Lindley, 45, Fargo, Nd	2:58:05	2901	9	layton Moran, 71, Minneapolis, Mn	4:26:02	-			a transfer to a second s	and the second second
406	25	Terry Murphy, 48, Almont, Mi	2:59:28	2915 1		bris Hainlan 65 et David Mn	4:52:57	6	529	1	Ethel Furne, 76*, Wabasha, Mn	6:06:40
2000			A STATE OF THE OWNER	Andres and	and a lot	hris Hainlen, 65, St. Paul, Mn	4:56:27	-	-	1000		0100140
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2:31:58 3:23:40

2:46:47 3:00:04 2:28:21 2:42:39

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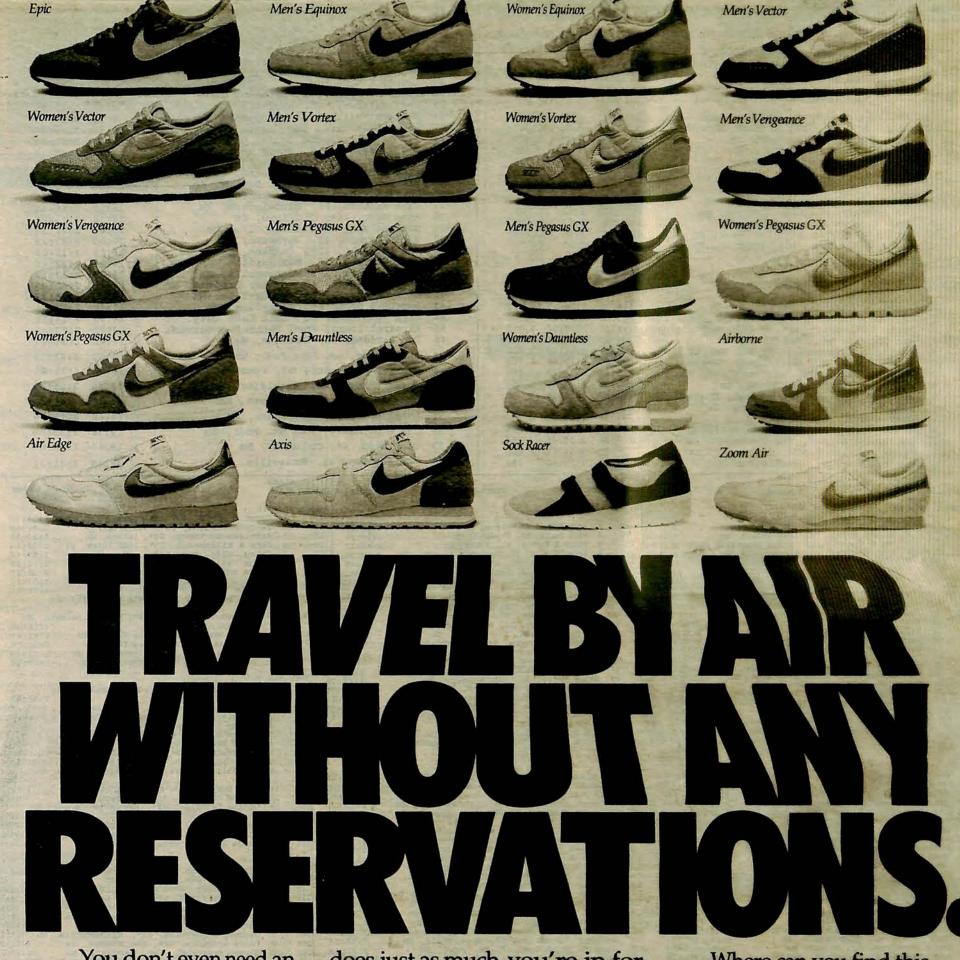
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National Masters News

You don't even need an airplane.

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