

When does a man's life end?

Can a man's life end before he dies?

The arthritis sufferer stops living when he can no longer do the things that make life meaningful and productive. Life begins to end when there is no hope.

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2ND ANNUAL U.S. MASTERS



TRACK & FIELD

CHAMPIONSHIPS

July 3-6



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Be sure and visit Fiesta 200, our exciting Mexican entertainment center in Old Town, open every day, free admission to the Fiesta grounds. See the exciting Fiesta 200 Ballet Folklórico, the death-defying Flying Indians of Papantla, the Marionettes de Mexico, the colorful artisans, and hundreds of other exciting attractions. San Diego has a little bit of Mexico, and it's all in Old Town, where San Diego began.



THE WHITE HOUSE

WASHINGTON

June 13, 1969

Physical fitness, which so long has been thought of as an attribute of the young, has in recent years increasingly been seen as a necessity for people of all ages. I therefore welcome this opportunity to greet the contestants and guests for the second United States Masters Track and Field Championships, which gives to men over forty the opportunity to engage in athletic competition.

This event is significant not only because it offers the competitors in this age group the thrill of competition but also because it serves to remind all of us that in the life of the body -- and the life of the mind -- age should be no barrier in the pursuit of excellence.

To all of you and especially to those from Australia, Canada, and Great Britain, I extend my best wishes for a successful event.

Richard Nixon



WHEATIES SPORTS FEDERATION • TITLE INSURANCE BUILDING, MINNEAPOLIS, MINNESOTA 55401
DIRECTOR, BOB RICHARDS
329-8123

June 1, 1969

Mr. C. Robert McDonald
2476 Dryden Road
Fletcher Hills, California 92020

Dear Bob:

I wish to commend you on your program to emphasize the need and importance of being physically fit and maintaining good health, regardless of age.

Today I'm leaving from Los Angeles to jog and cycle across the United States in the interest of national physical fitness. I hope this trip will start our country thinking positively about their health and physical condition.

It would have been a pleasure to participate in your Second Annual U. S. Masters Track and Field Championships; however, during the dates of your meet, July 3-5, I will be leading the Bob Richards Fitness Crusade through Wichita, Kansas.

I hope I can inspire many people to do some running or some bicycling to become more physically fit. And through all our combined efforts, hope we will start more Americans thinking positively about their country.

Sincerely,

Bob
Bob Richards
Director

BOB MATHIAS
14TH DISTRICT, CALIFORNIA
108 LONGFORTH HOUSE OFFICE BUILDING
WASHINGTON, D.C. 20515

Congress of the United States
House of Representatives
Washington, D.C. 20515
June 2, 1969

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JIM LAKE
DISTRICT REPRESENTATIVE

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BAKERSFIELD, CALIFORNIA 93301

TULARE COUNTY OFFICE,
308 MADONEY BOULEVARD
VISALIA, CALIFORNIA 93277

Mr. C. Robert McDonald
2476 Dryden Road
Fletcher Hills, California 92020

Dear Mr. McDonald:

Thank you very much for your recent letter informing me of the Second Annual U. S. Masters Track and Field Championships for men 40 years of age and over. Events such as these help to bring to our attention the effects of running, jogging and the importance of creating and maintaining good health regardless of age.

I wholeheartedly agree with the concept that a youthful mind and body are not an impossibility for men over 40 and that the basis for both is physical fitness.

I sincerely congratulate you on the U. S. Masters program and my very best wishes for a most successful meet.

Sincerely,

Bob Mathias
BOB MATHIAS
U. S. Congressman

RM:sg

ALAN CRANSTON
CALIFORNIA

United States Senate
WASHINGTON, D.C. 20510

May 29, 1969

Dear Mr. McDonald:

Thank you very much for your invitation to participate in the Second Annual U. S. Masters Track and Field Championships, July 3 to July 5, 1969, for men 40 years of age and over.

I am looking forward to entering the competition this year and am delighted for the opportunity -- not only because it provides a stimulating challenge to my peers, but because of the sheer pleasure of the events. The fact that such activities maintain and increase physical fitness is, of course, an important incentive.

With best wishes for your continued success.

Very sincerely,

Alan Cranston
Alan Cranston

Mr. C. Robert McDonald
Program Chairman
Second Annual U. S. Masters Track and Field Championships
Recreation Department
Balboa Park
San Diego, California 92101



INTRODUCTION

It is with pleasure that we welcome you to San Diego's Balboa Stadium for the second annual U. S. Masters Track & Field Championships.

Last year, we learned a great deal about the growing interest in senior running. Men from all over the United States entered the first Masters meet. They came from as far away as Canada and Hawaii. Names long familiar in the sports world re-appeared, along with those of men who perhaps never before had entered into sports. Our events were featured far and wide in a multitude of news stories and films. This interest enabled us to continue the Masters as an annual affair.

The physiological benefits of running have been fast becoming established facts. Middle-aged men, alarmed by statistics, have taken up the sport in increasingly large numbers. Furthermore, athletes see no reason to curtail activities as the years pass. The senior runner is no longer a matter of curiosity. His hurried, lone figure is frequently seen bounding along quiet streets in the early morning hours, or on school athletic fields later in the day.

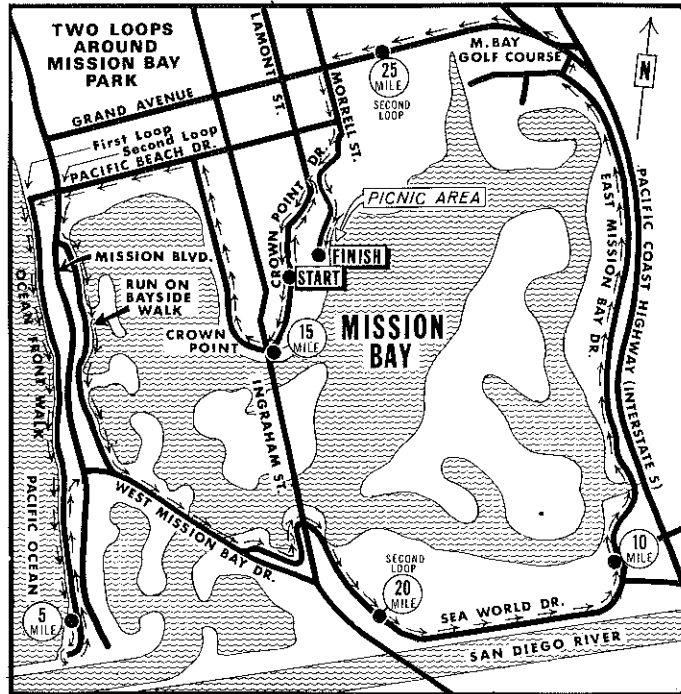
To most runners, competition provides an added incentive and companionship. Local track clubs are formed with this in mind. Spectators find satisfaction in senior events, for the excellent condition of the men provides exciting results.

We hope that you will enjoy this second annual U. S. Masters, and that it brings you much inspiration for a happier, healthier way of life.

David H. R. Pain
General Chairman

Augie Escamilla
Vice Chairman

U.S. MASTERS MARATHON — JULY 6 TH.



THE MARATHON

If you are over 40 and like to run long distances, chances are you are in trouble in your community.

You fit in like a crew cut in a rock band. You are a freak to your friends and a security risk to the authorities. Be careful on an early morning run. You might wind up with your feet planted wide, leaning against a patrol car, explaining to a sheriff's deputy you aren't a burglar. Watch it on the country roads. The motorist who used to aim at bike riders has a new mark. You.

Don't tell you neighbors you plan to run the marathon. Twenty-six miles, 385-yards? Why not walk on hot coals for your kicks? Go over Niagara Falls in a barrel.

You can't blame the neighbors for rating you on a social level with the hippie, the campus militant and the underground movie producer. They don't see you in your proper role—as an astute advocate of physical fitness and mental alertness. What they see is a dum dum on the street at dawn in his underwear.

Once you adjust to the unsympathetic response from the uninitiated, you get on with the fun part—training.

Early in the game you learn that blisters can be irritating and even bloody. But you forget them at a certain point—like when a sore muscle becomes unbearable. Later, a sore muscle is nothing compared to the agony of an injured Achilles tendon. And that is mild up against the pain that follows separation of the metatarsal bones in your foot.

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Compliments of A Friend

But you carry on and there comes a time when injuries are no longer a factor. You learn to live with them.

Next is the problem of making your body function correctly on a long distance run.

The marathon, for instance, takes more than strong legs and a good heart. The method is to run within the limits of your circulatory system which must deliver nutrients to the muscles, remove waste, and keep the body temperature at a safe level. A breakdown in the process disrupts the cooling system in the body and the resulting high temperature causes the runner to quit or collapse. You avoid this by staying within your limits and taking as much liquid and salt along the way as you can handle.

With all this working against you—your role as neighborhood kook, the aches and pains, the techniques required to avoid collapse—the question that cries for an answer is, why? What's it all about?

A look back in Greek history might help explain in part.

The key year is 490 B.C. The action is "where the mountains look on Marathon and Marathon looks on the sea."

A small force of Greek soldiers hacks away at an army of Persian invaders.

The Greeks are outnumbered but they have the psychological advantage. It's their home grounds. In a furious attack, they drive the Persians to the sea.

Leader of the route is Miltiades. As the Persians flee to their ships, his thoughts turn to Athens. He envisions the town's elders, gathered in the marketplace, worrying about the battle. Should they evacuate the city or prepare a victory feast? Miltiades summons Pheidippides, a soldier and a great runner, and orders him to carry news of the victory to Athens.

The soldier sheds his armor, tosses aside his shield and sets off over the hills. He completes the tortuous run, delivers the message, then falls dead of exhaustion.

Fadeout . . .

The years pass and it is 1896. Several nations have joined to revive the ancient Olympic Games that ran from 776 B.C. to 394 A.D. An event not included in the original competition is added in honor of the run made in 490 B.C. by Pheidippides. It is a run over the same course. They call it the marathon, and appropriately, it is won by a Greek.

Today, the marathon is the ultimate challenge in long distance running. Less frequently held than other events because of the tremendous demand on runners and the complexities in arranging such a run, the marathon is nevertheless gaining in popularity.

The Boston Marathon drew more than 1,000 starters this year and was witnessed by a quarter of a million persons along the route. More than 500 runners started the Palos Verdes Peninsula Marathon May 24 and San Diego's Mission Bay Marathon drew 176 competitors last January.

The U.S. Masters Marathon Sunday, July 6 in Mission Bay Park, only one in the world solely for men over 40, is being staged by more than 50 persons. A meet director, a crew of timers, a communications network, traffic control officers, guides, and trouble shooters will be spotted over the course to help the runners.

Compared to poor Pheidippides, today's marathoner has an easy time of it.

And, as long as it is there—the marathon—why not run it?

FIRST ANNUAL U.S. MASTERS TRACK & FIELD CHAMPIONSHIPS

Sponsored by:

City of San Diego Recreation Department

San Diego Track and Field Association

SCHEDULE

THURSDAY, JULY 3, 1969

TIME	TRACK EVENT	PAGE No.	TIME	FIELD EVENT	PAGE No.
5:00 P.M.—II, 3 Mile		18	7:00 P.M.—I, II, III, Discus		22
5:30 P.M.—I, 6 Mile		19	—I, II, III, High Jump		22
6:15 P.M.—MASTERS 6, 220		23			
6:45 P.M.—III, 3 Mile		18			
7:15 P.M.—2 Mile Relay		21			
7:30 P.M.—MASTERS 6, 440		23			
7:45 P.M.—Heats I, II, III, 100		11			
8:00 P.M.—Women's & Girl's 100*		—			
8:15 P.M.—1 Mile Relay		21			

FRIDAY, JULY 4, 1969

TIME	TRACK EVENT	PAGE No.	TIME	FIELD EVENT	PAGE No.
5:30 P.M.—I, II, III, 3 Mile Walk		20	7:00 P.M.—MASTERS 6, Long Jump		23
6:25 P.M.—I, 220 Heats		14	—I, II, III, Shot Put		23
6:40 P.M.—III, 6 Mile Run		19	—I, II, III, Long Jump		22
7:25 P.M.—II, 6 Mile Run		19			
8:10 P.M.—I, 3 Mile Run		18			
8:40 P.M.—I, II, III, 100 Finals		—			
8:50 P.M.—MASTERS 6, 880		23			
9:00 P.M.—II, 440		15			
9:05 P.M.—Women's & Girl's 440*		—			
9:10 P.M.—III, 880		16			
9:20 P.M.—440 Relay		21			

SATURDAY, JULY 5, 1969

TIME	TRACK EVENT	PAGE No.	TIME	FIELD EVENT	PAGE No.
5:00 P.M.—I, II, III, 6 Mile Walk		20	6:30 P.M.—MASTERS 6, Shot Put (12 lb.)		23
6:00 P.M.—I, 2 Mile Run		17	7:00 P.M.—I, II, III, Javelin		23
6:30 P.M.—I, 220 Finals		—			
6:40 P.M.—I, 440		15			
6:50 P.M.—I, II, 880		16			
7:10 P.M.—MASTERS 6, 1 Mile		23			
7:40 P.M.—II, 1 Mile		17			
7:50 P.M.—Women's & Girl's 1 Mile*		—			
8:00 P.M.—I, 1 Mile		17			

SPECIAL EVENTS

FIREWORKS - Thursday, July 3, 1969 — 8:30 P.M.

Sunday, July 6, 1969

6:30 A.M. — MARATHON — Mission Bay

10:00 A.M. — MISSION BAY PICNIC

*Limited to female relatives of U. S. Masters entrants.

DIVISION I —40-49 Years of Age
 DIVISION II —50-59 Years of Age
 DIVISION III—60 & over Years of Age

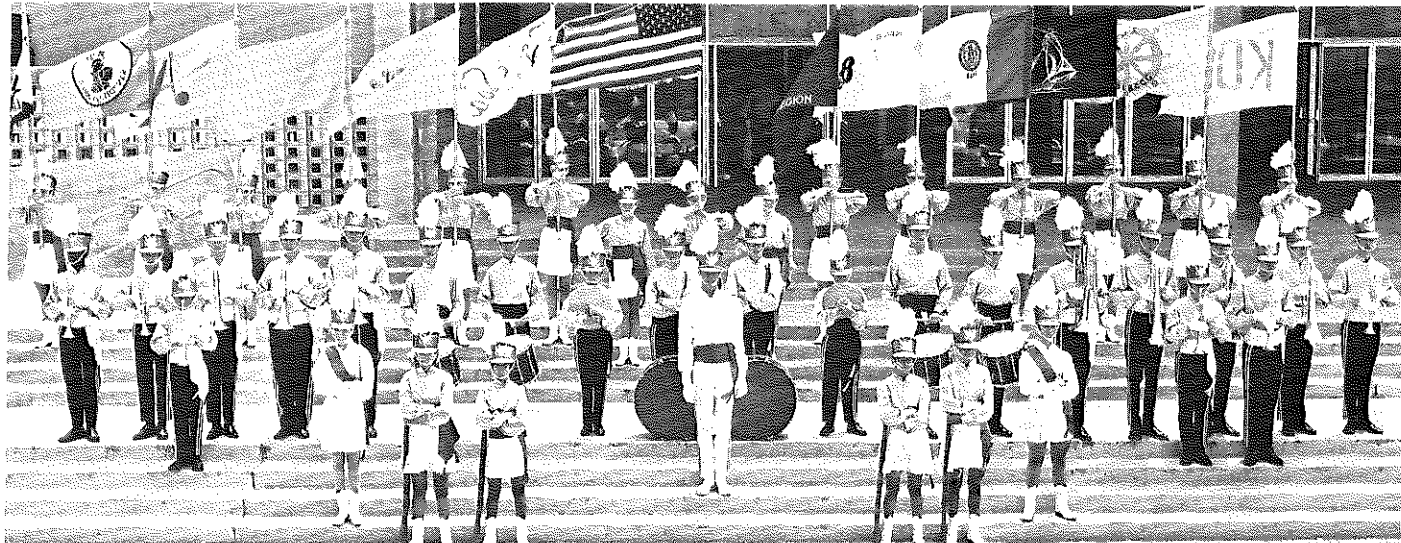
SHOT PUT WEIGHT:
 DIVISION I —16 lb.
 DIVISION II —12 lb.
 DIVISION III— 8 lb.



OPTIMIST YOUTH BAND, INC.

The San Diego County Optimist Band is under the direction of Mr. Merle Coady. The drum major is Miss Lynn Criag and the solo twirling majorette is Miss Sandy Freitas. The band has appeared in parades and programs from Santa Barbara to El Centro and won

two first place and one third place awards in the last three competitive parades in which they entered. The band is comprised of over sixty boys and girls between the ages of twelve and seventeen from the various schools in San Diego County. They are sponsored by the Optimist Clubs of San Diego County.



A BRIEF HISTORY OF SAN DIEGO DRUM & BUGLE CORPS "THE GOLDEN STATESMEN" (Formerly "The Albacores")

San Diego County's only competing Drum & Bugle Corps was founded in 1962 by V.F.W. Pacific Beach Post #5985, and named Pacific Beach Junior Drum & Bugle Corps.

The Corps was incorporated in January, 1967, and the name was changed to San Diego Drum & Bugle Corps, Inc., in July, 1968.

The current sponsor is American Legion San Diego Post #6, with business and private donations.

Majority support is from the Corps members

themselves and the parents' organization, The Golden Statesmen Booster Club, by means of dues, raffles, dinners, cake sales, etc.

The Corps has improved steadily, participating in its first Class A Competition in 1968. 1969 promises continuing progress.

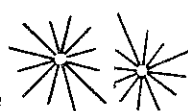
The Corps Staff includes: BUGLES, Joe FurFuro and Don Greenawalt; DRUMS, Don Porter, Jr.; COLOR GUARD, Don Hertel. The Corps Director is Miss Norma Harlan and Business Manager is Guy W. Winton, Jr.

Drum Major is Kevin Walter, Color Guard Captain is Marcia Langer, and Co-Captain is Sharon Lynch.

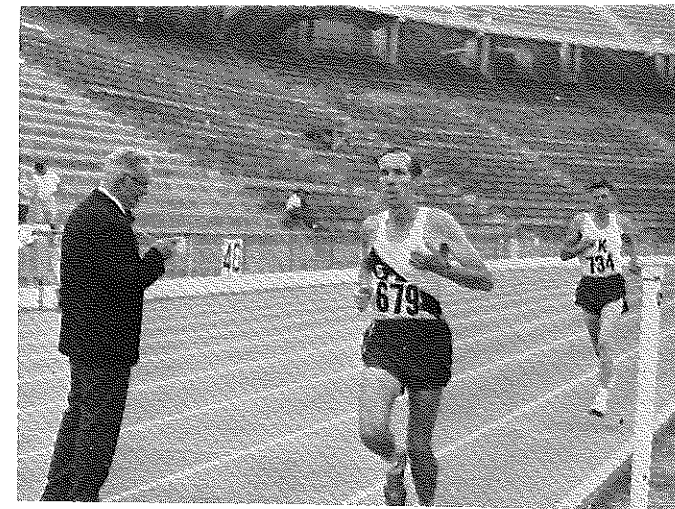
Announcing Mrs. Jan. Wright, ass't. corps director. Publicity, Everett H. Walters.

SAN DIEGO TRACK CLUB JULY 3, 1969 FIREWORKS PROGRAM

1. Opening Number—Flight of Multi-Colored Shells
2. Golden Glory—Ground Set Device
3. Devil Wheel—Set Piece
4. Merry-Go-Rounds—Set Device
5. Tower of Mystery—Ground Set Piece



6. Batteries—Ground Piece
7. "Old Glory"—The American Flag
8. The Grand Finale—62 three inch Variegated aerial colors saluting American Flag.
9. 140 Assorted 3-in., 4-in., 5-in. & 6-in. Variegated aerial colors and flashes to be fired at intervals between Ground Displays.



PETER MUNDLE

Whenever a masters mile or senior event is scheduled in California, almost the first question an entrant will ask is, "What is Mundle entering?"

It is by now a well-known fact that Peter B. Mundle, quiet, unassuming mathematician from Santa Monica, is a lot of competition for anyone. If he is described as "shy" by those who know him, this does not apply to his performance on the track.

Sports Illustrated Magazine featured him in its "Faces In The Crowd" column on April 28, 1969. This 40 year old bachelor runner has indeed made his mark in the sports world.

How did it all begin? Peter says the first sport in his life was golf. As a high school sophomore, he began to take track seriously. That was in 1944. High school mile records include: 5:01, 1944, 4:52, 1945. Then, it was on to the University of Oregon, where he earned a BS & MS in math. Like many of our runners in this age group, he served his country in the Korean conflict.

For those interested in "time" comparison, we might note some records in recent years. In 1958, for the mile, 4:17. 1962 marathon, 2 hrs. 25 min. 1 hr. run, 1962, 11 miles 730 yds., and 6 miles 30:08 the same year.

To "Pete," the credit is due to efficient use of interval training. Aside from any natural talents, there is no doubt of the benefit of 20-440's interspersed with 10-220's. A heavy workout could push him to 40-440's and 30-220's in alternate sets of ten.

He has established National Seniors records in the three-mile (14:53.2), two-mile (9:36.8) and the one-mile (4:30.0) runs. It was at the latter distance last June that Mundle put an end to Jim Gorrell's West Coast reign, at least for the time being. His enviable mile times are far below those of any other senior runner to date, and when one realizes these times were all established with no one nearby to nudge him, one wonders where he may eventually deposit the masters mile mark.

But if other senior runners are worried about these records, we must not lose sight of one fact. Competition is the name of the game. The challenge this superior runner offers is of high import. Furthermore, he is one of our best examples in the realm of accomplishments in senior track. Sports writers and enthusiasts are necessarily forced to take a second, closer look at what is happening in masters miles around the country these days. For this, our special thanks to Peter Mundle of Santa Monica.

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A. J. PUGLIZEVICH

A. J. Puglizevich, a semi-retired realtor of 61 years of age, has ten grandchildren. Perhaps, one may think, he spends his spare hours tending his garden and reading the Wall Street Journal. Perhaps. But he belongs to that rare (though increasingly encountered) group of men who want to remain physically fit and enjoy the retirement years to the fullest.

His story has a further unusual note in that he was, at the age of 13, given one year to live. He suffered from a serious heart condition. His recovery, he feels, was due to very strong positive thinking, praying and attention to health matters. He exercised daily, following this with cold sponge baths and eventually cold showers. He became strong enough to be a first string halfback on the football team that won the first school championship in 1927 at Merced High School in Merced, California. He started running, joined the high school track team which won the first school championship in 1928. Where there was a will, there was a way.

Like most people, his interest lagged for a few years. Then he began working out and made himself give up smoking. In 1958 and 1959 he coached Our Lady of Mercy Grammar School, enabling his team to win a Junior Olympics championship.

In 1961 he volunteered his services, at no charge, when his high school could not find a track coach. His team beat a dismal 27 year long lag to win the league championship.

For the past twelve years he has sponsored and coached junior league basketball teams, winning several championships. He's been chairman of the Elks Family Picnic track meet, for "boys" from 6 to 60. Competition is very keen and records are broken yearly.

And who is Co-Director in eight summer weekly track meets for boys, girls, and men of all ages sponsored by the Merced County and City Recreation Departments and the local Kiwanis? Mr. Puglizevich, who also enters any senior classifications he can manage.

Last year, in the U.S. Masters, he set a strong example of what may be accomplished when an individual past 60 takes care to remain fit. His regular program of running, exercising, deep breathing, sunshine and care to diet, have paid well. He believes proper vitamins and minerals are a necessity for fitness.

Naturally, he has received wide recognition for his efforts. He was awarded the Merced Jaycees Physical Fitness Award in 1967, and in 1968 received an Honorary Membership to the California Parks and Recreation Society. His efforts in the Masters were not without due attention.

What is he trying to prove? His theory is that if an "old man," can gradually increase the tempo of his daily workouts, do strenuous running without dropping dead, then certainly youngsters can do the same with-

out injury to themselves. He feels that the best teaching is by example. If this generation follows A. J. Puglizevich, they can ask for no better model of physical fitness.



HONORARY REFEREE

Larry Lewis of San Francisco

There have been many reasons given for longevity. Some of them don't seem to make much sense. But when Larry Lewis announces that running has helped him to reach the age of 102, medical authorities take him seriously.

Larry has lived a full life. Furthermore, he's still living it. Once the assistant of the famed magician Harry Houdini, Larry has recently been working as a waiter.

Four years ago when Larry was 98, he was injured in an auto accident that killed the driver. He suffered eleven rib bruises, four minor skull fractures, five spinal dents and some shock. After 26 days in the hospital, he was released.

With his doctor's permission, he began running a half mile, then a mile, until now he proudly boasts he is at a regular level of 6.7 miles each morning. He is regularly checked by doctors who can't quite believe such good health and vigor in a man of his age.

Well Larry, you're what this meet is all about in many respects. We couldn't have a more suitable honorary referee!



BELIEVE IT OR NOT

Best known performances recorded for athletes over 40 years of age:

- 880—Egisto Pederzoli (Italy), age 42, 1:59.3
- 1 mile—Peter Mundle (U.S.A.), age 40, 4:26.3
- 3 miles—Fred Norris (Gt. Britain), age 41, 14:23.0
- 6 miles—Charles Smart (Gt. Brit.), age 44, 29:29.6
- Shot Put—Garmunder Hermangson (Iceland), age 43, 60' 6 1/2"
- Discus—Adolfo Consolini (Italy), age 41, 183' 5"
- Javelin—Eino Leppanen (Finland), age 40, 228' 7"

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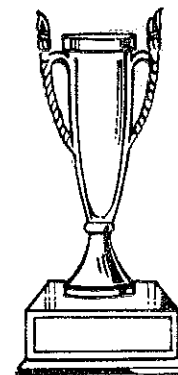
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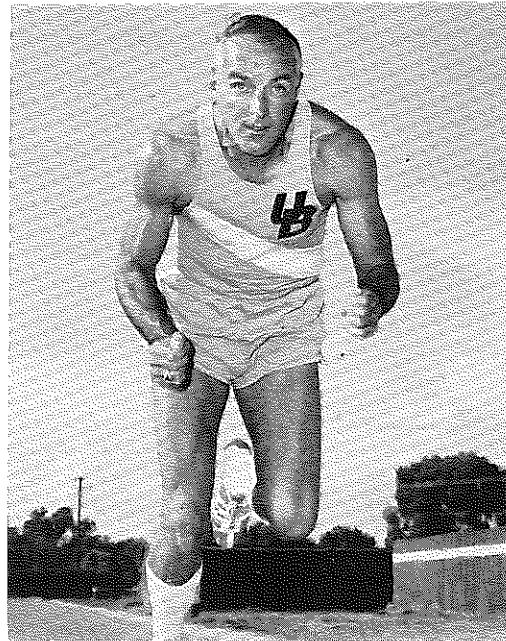
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DON BADINELLI

Running for the Phoenix Thunderbirds, nearly flying across the track, will be Don Badinelli of Tempe, Arizona. Few men in the over-forty age group can produce a track record comparable to Don's showing in the 1968 U.S. Masters. He did the 100 in 10.7 seconds, the 220 in 25 seconds. Furthermore, at Mesa, Arizona at the Community College All-Comers track and field meet this year he managed the 100 with 10.3 seconds, thus creating a position of fastest senior men's century time ever recorded in Arizona.

What makes a man, at the age of 41, spend as much as 90 minutes a day working out in heat that sometimes rises above the 100° mark? In past interviews, Don hasn't pinned down a specific reason. He feels that it's good for his health, of course. But he doesn't deny the possibility of ego — just plain enjoying competition and coming out ahead of the crowd. "I am a national champion," he states simply. "And that's something I could never say before in my whole life. I am the fastest human in America over 40 years old."

Badinelli is a native New Yorker who migrated to Wyoming on a track scholarship in the early '50s. He describes himself as one of those perennial finalists who never, or seldom, win. His best collegiate times were 9.7 and 21.3.

As a note of interest, his coach at Wyoming was a former sports information director named Wiles Hallock, now Commissioner of the Western Athletic Conference.

History, in the form of the Korean conflict, interfered with any further track plans at that time. Don served his stint, returning to Tulsa and the insurance business. He was unpaid track coach at Bishop Kelley High School in Tulsa for a time.

What were his biggest thrills in track? Setting the national Catholic Youth Organization mark of 9.7 in 1947, and, of course, the U.S. Masters last summer. His goal is a 10-flat 100.

"Sometimes," he says, "when I'm in the middle of a workout and it's steaming hot, I ask myself what in the world I'm doing. But when I'm out front and 10 yards from the finish line, it all seems worthwhile."

MANAGEMENT

Meet Director—Ralph Smith
 General Chairman—David Pain
 Vice Chairman—Augie Escamilla
 Public Relations—Sally Adams
 Program Chairman—Bob McDonald
 Fireworks & Celebration—Merle Hamilton
 Announcers—Augie Escamilla & Stan Stafford
 Trainer—Norm Hommas
 Starter—Dan Delaney

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Tom Bache	Art Hunt	Dennis Smith
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Manager

100 YARD DASH

THURSDAY, JULY 3, 1968 7:45 P.M.

DIVISION I

(1st U.S. Masters 1968 Meet Record—DON BADINELLI—:10.7)

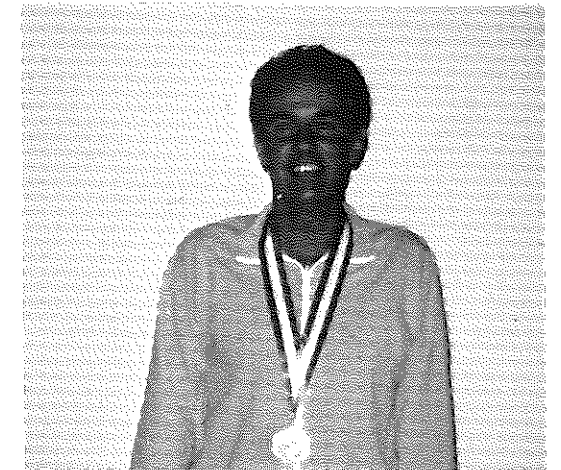
NO.	NAME	AGE	AFFILIATION
101	Ambrose, Wayne	45	Seniors T.C.
110	Castaneda, Luis	41	Nevada
112	Colen, Harold	41	Unattached
—	Corzine, Lester	—	Unattached
130	Munson, John	40	General Dynamics Convair
134	O'Neil, James	44	Unattached
136	Poet, Robert	44	Seniors T.C.
146	Vroom, Dewey	42	Seniors T.C.
203	Nerling, Merve	40	Unattached
212	Rademaker, Ted	44	Unattached
228	Stolpe, Richard	44	U.S. Navy
159	Case, Russell	41	Unattached
187	Howell, Monte	44	Corona del Mar T.C.
167	Fess, Robert	43	Seniors T.C.
193	Juilland, Alphonse	46	Stanford U.
163	Dowell, Ed	41	No. Cal. Seniors T.C.
227	Strack, Robert	40	Unattached
177	Grant, Bruce	40	No. Cal. Seniors T.C.
154	Barnard, Art	40	Unattached
208	Orlando, Joe	45	Burbank Sporting Goods
233	Winfield, Mark	41	No. Cal. Seniors T.C.
199	Mackey, James	40	No. Cal. Seniors T.C.
168	Fields, Louis	46	No. Cal. Seniors T.C.
195	Badinelli, Don	41	Phoenix Thunderbirds
180	Hamilton, Merle	47	San Diego Track & Field
234	Wood, John E.	42	San Diego Track & Field
198	Love, Don	42	Unattached
232	Watanabe, Rbt.	43	Seniors T.C.
171	Foutz, Robt.	48	Phoenix Trackmasters
191	James, Tom	49	San Diego Track & Field

DIVISION II

106	Baum, Richard	54	Seniors T.C.
308	Cranston, Alan	55	Unattached
312	Hanson, Eugene	52	Unattached
315	Long, Robert	50	So. Cal. Striders
319	Morales, Bill	52	Unattached
320	McIntyre, Virgil	58	Seniors T.C.
321	Niblock, Russell	55	Unattached
323	Smith, Dallas	50	Unattached
326	Thursby, Carl	54	No. Cal. Seniors
327	Walczuk, Leo	58	Geo. Bruce Club
352	Winton, Ross	50	Corona del Mar T.C.
333	Bulick, Leo	50	Seniors T.C.
335	Garcia, Miguel	53	YMCA
347	Rochambeau, Gene	50	Unattached
344	McDonald, Bob	51	San Diego Track & Field
361	Wehrly, Joe	53	So. Cal. Striders
340	Knuppel, Wm.	50	San Diego Track & Field

DIVISION III

501	Blaney, Warren	66	Seniors T.C.
502	Fowler, David	70	San Diego Track & Field
506	Hilt, Lawrence	69	Unattached
508	McMadden, Winfield	64	San Diego Track & Field
509	Puglizevich, A. J.	61	Unattached
510	Walker, Paul	60	P.S.A. A.A.U.



BOB McDONALD
 100 YD., 220, 440, 880,
 JAVELIN, 440 RELAY
 BEST 50 + 100 YD. 1968

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JOHN D. MacLACHLAN
 3 MILE WALK DIVISION I

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 1 MILE — DIVISION I

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 6 MILE RUN — DIVISION I

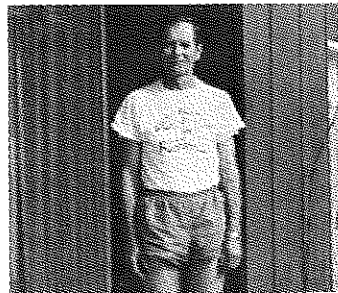
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 MARATHON



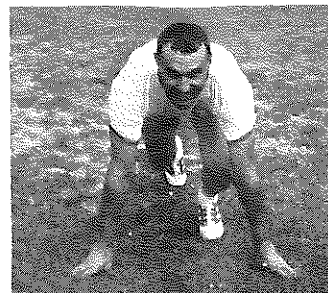
ED DOWELL
100 YD., 220, 440



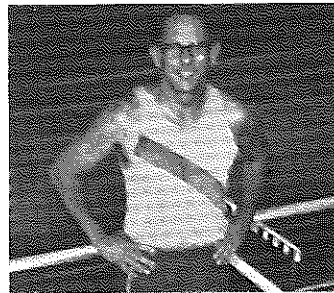
TROY KNOWLES
2 MILE
6 MILE



WILBUR ARNOLD
3 MILE, 6 MILE,
MARATHON



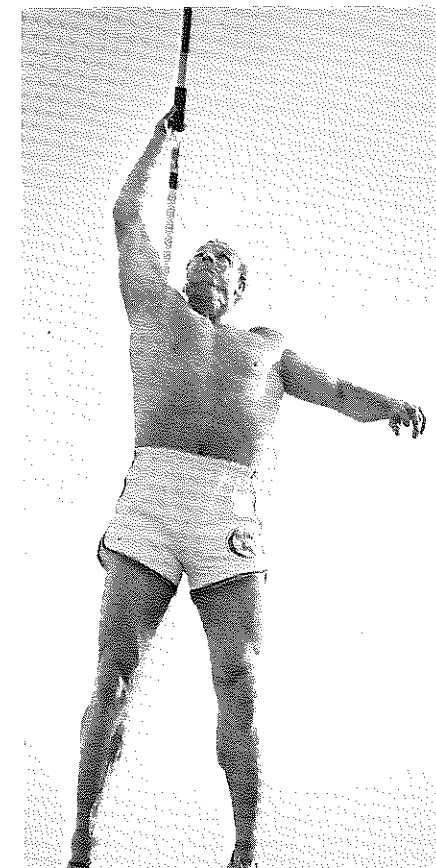
MIGUEL GARCIA
100 YD., 1 MILE,
DISCUS, SHOT PUT



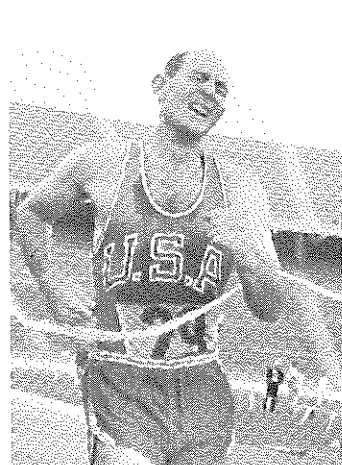
ROBERT FOUTZ
100 YD., 220,
LONG JUMP



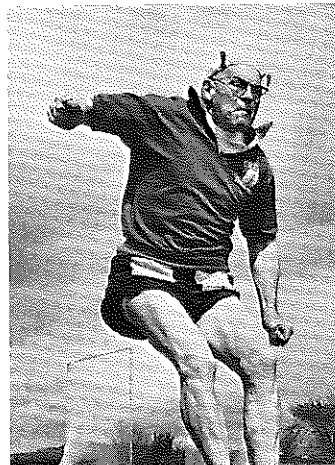
FREEMAN MARR
220, LONG JUMP,
HIGH JUMP
WINNER 440 RELAY 1968



STEPHAN SEYMOUR
LONG JUMP, DISCUS,
JAVELIN, SHOT PUT,
3 TIMES U.S. CHAMPION IN JAVELIN



BRUCE MacDONALD
WINNER 3 & 6 MILE WALKS 1968



LARRY HILT
100 YD., MASTERS 6,
MARATHON



WALT STACK
MARATHON
6 MILE



JOE ORLANDO
100 YD., 220,
LONG JUMP



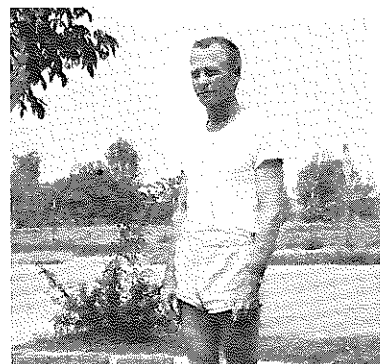
CLIFF BOULD
PERTH, AUSTRALIA
3 MILE, 6 MILE,
MARATHON



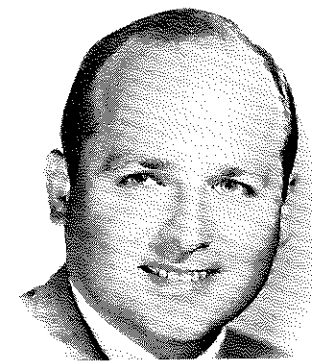
GEORGE GRUPE
HIGH JUMP,
LONG JUMP



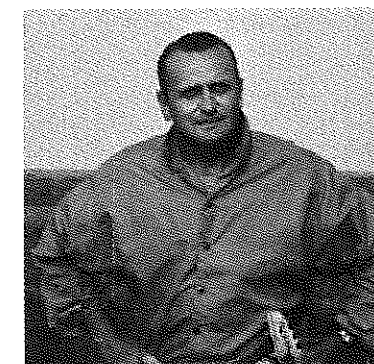
WILLIAM BIGGAR
MILE RELAY



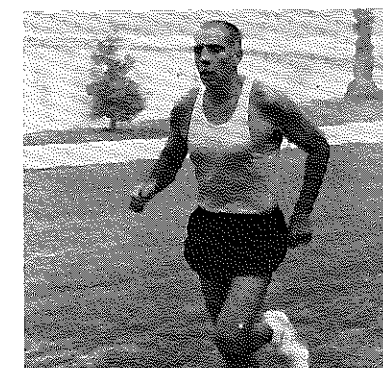
DANIEL T. (DAN) SEAMOUNT
1 MILE



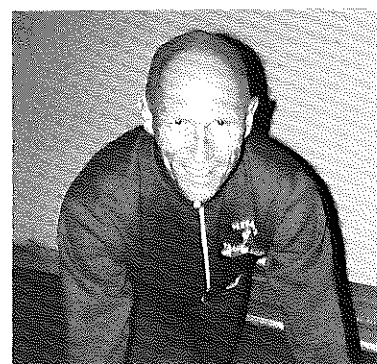
MARK WINFIELD
100 YD., 220,
440 RELAY, MASTERS 6, JAVELIN



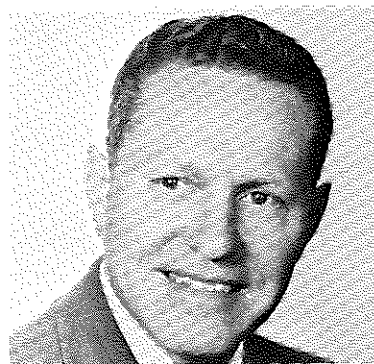
RAUL THERIAULT
220 YD., 440



CHARLES SOUTHARD
1 MILE, 3 MILE



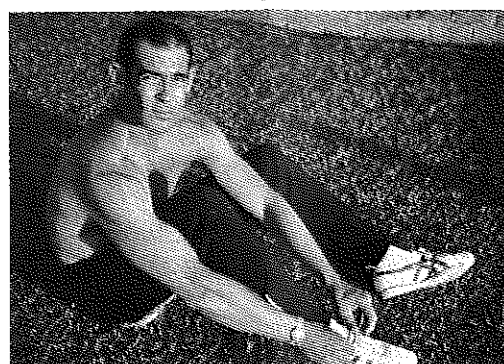
GEORGE PUTERBAUGH
440, 880, MILE,
MASTERS 6, LONG JUMP



BILL MONHEIT
3 MILE
6 MILE



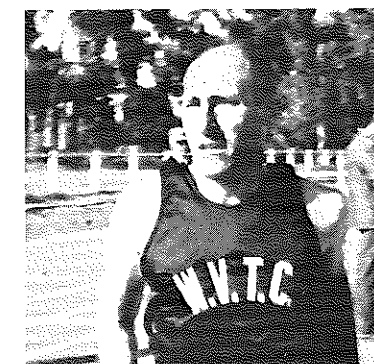
WILLARD SHANK
MASTERS 6,
2 MILE RELAY



LUIS CASTENADA
220, 440



JOHN NOBLE
1 MILE, 2 MILE,
3 MILE



BILL MACKEY
1 MILE, 2 MILE, 3 MILE,
6 MILE, MARATHON
WINNER 440 RELAY 1968



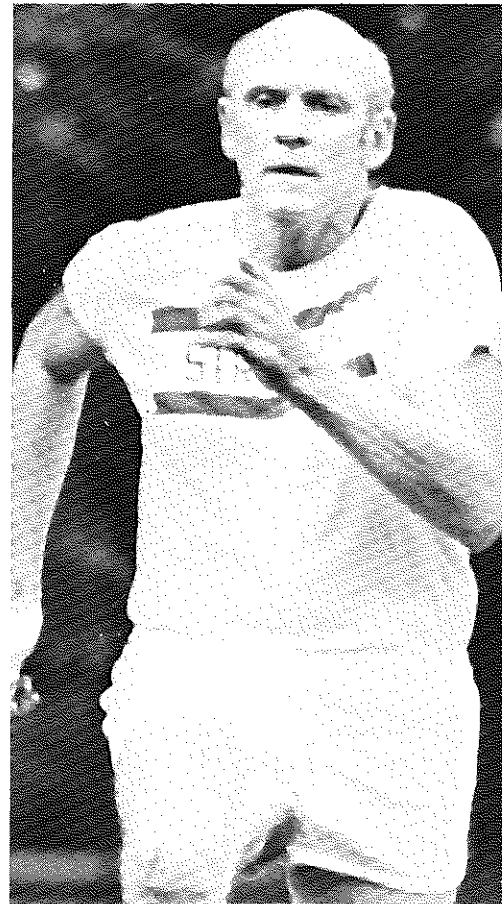
LESTER SWAVELEY
MASTERS 6

220 YARD DASH

FRIDAY, JULY 4, 1969 6:25 P.M.

DIVISION I (1st U.S. Masters 1968 Meet Record—DON BADINELLI—:25.1)

NO.	NAME	AGE	AFFILIATION
106	Baum, Richard	44	Seniors T.C.
110	Castaneda, Luis	41	Nevada
121	Colen, Harold	41	Unattached
122	Kleinsasser, Willis	41	Seniors T.C.
128	Marn, Freeman	43	Grace-St. Lukes
130	Munson, John	40	General Dynamics Convair
131	McNeice, M. H.	49	Unattached
136	Poet, Robert	44	Seniors T.C.
142	Sharp, Jon	48	Denver YMCA
143	Shlonsky, Larry	45	Unattached
146	Vroom, Dewey	42	Seniors T.C.
327	Walczuk, Leo	58	Geo. Bruce Club
147	Wallace, Harold	41	Seniors T.C.
184	Hayworth, David	41	Unattached
203	Nerling, Merve	40	Unattached
212	Rademaker, Ted	44	Unattached
228	Stolpe, Richard	44	U.S. Navy
100	Adams, Warren	44	San Diego Track & Field
159	Case, Russell	41	Unattached
188	Hughes, Marvin	42	Unattached
187	Howell, Monte	44	Corona del Mar T.C.
167	Fess, Robert	43	Seniors T.C.
193	Juilland, Alphonse	46	Stanford U.
230	Therault, Raoul	42	Seniors T.C.
234	Wood, John E.	42	San Diego Track & Field
198	Love, Don	42	Unattached
232	Watanabe, Robert	43	Seniors T.C.
171	Foutz, Robert	48	Phoenix Trackmasters
191	James, Tom	49	San Diego Track & Field
163	Dowell, Ed	41	No. Cal. Seniors T.C.
177	Grant, Bruce	40	No. Cal. Seniors T.C.
154	Barnard, Art	40	Unattached
208	Orlando, Joe	45	Burbank Sporting Goods
233	Winfield, Mark	41	No. Cal. Seniors T.C.
199	Mackey, James	40	No. Cal. Seniors T.C.
168	Fields, Louis	46	No. Cal. Seniors T.C.
195	Badinelli, Don	41	Phoenix Thunderbirds
180	Hamilton, Merle	47	San Diego Track & Field



SENATOR ALAN CRANSTON
100 YD., 220, RELAY

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440 YARD DASH

SATURDAY, JULY 5, 1969 6:40 P.M.

DIVISION I (1st U.S. Masters 1968 Meet Record—BILL FITZGERALD—:54.4)

NO.	NAME	AGE	AFFILIATION
136	Poet, Robert	44	Seniors T.C.
137	Puterbaugh, George	44	Portland T.C.
140	Scharf, Robert	49	Unattached
212	Rademaker, Ted	44	Unattached
188	Hughes, Marvin	42	Unattached
336	Godfrey, Vince	45	San Diego Track & Field
230	Therault, Raoul	42	Seniors T.C.
183	Hartshorne, James	45	Fingerlakes Runners Club
232	Watanabe, Robert	43	Seniors T.C.
163	Dowel, Ed	41	No. Cal. Seniors T.C.
227	Strack, Robert	40	Unattached
160	Clayton, Thomas	44	Unattached
221	Sieben, Bob	42	Unattached
169	Fitzgerald, Bill	44	Seniors T.C.
168	Fields, Louis	46	No. Cal. Seniors T.C.
195	Badinelli, Don	41	Phoenix Thunderbirds

FRIDAY, JULY 4, 1969 9:00 P.M.

DIVISION II

310	Gordon, Ray	51	Wash. Spt. Club
312	Hanson, Yugene	52	Unattached
315	Long, Robert	50	So. Cal. Striders
320	McIntyre, Virgil	58	Seniors T.C.
321	Niblock, Russell	55	Unattached
322	Seekins, Charles	52	Seniors T.C.
323	Smith, Dallas	50	Unattached
325	Thursby, Carl	54	No. Cal. Seniors
327	Walczuk, Leo	58	Geo. Bruce Club
352	Winton, Ross	50	Corona del Mar T.C.
333	Bulick, Leo	50	Seniors T.C.
340	Knuppel, Wm.	50	San Diego Track & Field
349	Sjostrand, Fritiof	56	Unattached
344	McDonald, Bob	51	San Diego Track & Field
361	Wehrly, Joe	53	So. Cal. Striders

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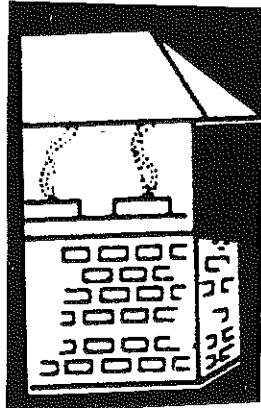
3768 MISSION BLVD., MISSION BEACH
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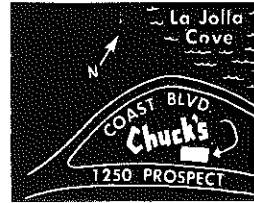
Chuck's

STEAK HOUSE

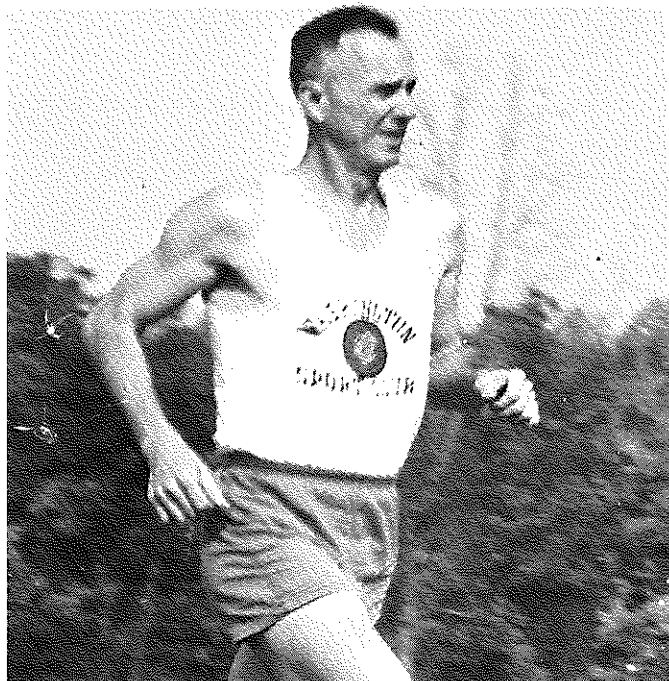
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- SIRLOIN
- NEW YORK
- FILET
- BEEF KEBOB
- LOBSTER
- COMBINATION



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454-5325



RAY GORDON
440, 880, MILE
BEST 50 AND OVER
880 AND MILE 1968

880 YARD RUN

FRIDAY, JULY 4, 1969 9:10 P.M.

DIVISION I (1st U.S. Masters 1968 Meet Record—BILL FITZGERALD—2:04.3)

NO.	NAME	AGE	AFFILIATION
115	Foster, Earl	46	Lynchburg T.C.
134	O'Neil, James	44	Unattached
137	Puterbaugh, George	44	Portland T.C.
218	Schneider, Arthur	43	Seniors T.C.
159	Case, Russell	41	Unattached
183	Hartshorne, James	45	Fingerlakes Runners Club
221	Sieben, Bob	42	Unattached
169	Fitzgerald, Bill	44	Seniors T.C.

FRIDAY, JULY 4, 1969 9:10 P.M.

DIVISION II

310	Gordon, Ray	51	Washington Sports Club
315	Long, Robert	50	So. Cal. Striders
316	Mahannah, Ray	53	Unattached
321	Niblock, Russell	55	Unattached
322	Seekins, Charles	52	Seniors T.C.
323	Smith, Dallas	50	Unattached
333	Bulick, Leo	50	Seniors T.C.
344	McDonald, Bob	51	San Diego Track & Field
340	Knuppel, Wm.	50	San Diego Track & Field
304	Alling, Clyde	52	Seniors T.C.
361	Wehrly, Joe	53	So. Cal. Striders

SATURDAY, JULY 5, 1969 6:50 P.M.

DIVISION III

501	Blaney, Warren	66	Seniors T.C.
—	Corzine, Lester	—	Unattached
502	Fowler, David	70	San Diego Track & Field
508	McMadden, Winfield	64	San Diego Track & Field
509	Puglizevich, A. J.	61	Unattached



BILL FITZGERALD
440, 880, 1 MILE
WINNER 440, 880 1968
WINNER MILE RELAY 1968

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1 MILE

SATURDAY, JULY 5, 1969 8:00 P.M.

DIVISION I (1st U.S. Masters 1968 Meet Record—JIM HARTSHORNE—4:50.5)

NO.	NAME	AGE	AFFILIATION
109	Caldera, Newton	45	Seniors T.C.
307	Clark, Albert	55	Seniors T.C.
115	Foster, Earl	46	Lynchburg T.C.
125	Mackey, W. T.	41	NeCa. Seniors
129	Mundle, Peter	41	Santa Monica A.A.
137	Puterbaugh, George	44	Portland T.C.
148	Walnut, T. H.	45	Finger Lakes Runners
206	Noble, John	43	Seniors T.C.
159	Case, Russell	41	Unattached
209	Packard, Richard	41	Boston A.A.
170	Fix, Wm.	43	Spokane T.C.
183	Hartshorne, James	45	Fingerlakes Runners Club
214	Roberts, Lew	42	Seniors T.C.
186	Hogg, Ted	45	No. Cal. Seniors T.C.
158	Cameron, Wm.	41	No. Cal. Seniors T.C.
156	Benson, Richard	43	Unattached
176	Gorrell, Jim	49	Seniors T.C.
217	Seamount, Daniel	46	Unattached
224	Smith, Emmett	46	No. Cal. Seniors
169	Fitzgerald, Bill	44	Seniors T.C.
161	Davis, Russell	40	U. of Arizona
153	Bajema, Donald	46	Unattached

SATURDAY, JULY 5, 1969 7:40 P.M.

DIVISION II

310	Gordon, Ray	51	Washington Sports Club
315	Long, Robert	50	So. Cal. Striders
316	Mahannah, Ray	53	Unattached
317	Miller, Davis	52	Unattached
318	Montoya, John	57	Seniors T.C.
322	Seekins, Charles	52	Seniors T.C.
324	Southard, Charles	52	Seniors T.C.
325	Thompson, Wm.	53	No. Medford T.C.
335	Garcia, Miguel	53	Seniors T.C.
340	Knuppel, Wm.	50	San Diego Track & Field
304	Alling, Clyde	52	Seniors T.C.
332	Boal, R. S.	57	Unattached

2 MILE RUN

SATURDAY, JULY 5, 1969 6:00 P.M.

DIVISION I (1st U.S. Masters 1968 Meet Record—AUGIE ESCAMILLA—10:51.7)

NO.	NAME	AGE	AFFILIATION
102	Anspach, Roland	45	Unattached
115	Foster, Earl	46	Lynchburg T.C.
125	Mackey, W. T.	41	NeCa. Seniors
126	Madsen, Robt.	44	Unattached
129	Mundle, Peter	41	Santa Monica A.A.
132	Oerth, Paul	41	Seniors T.C.
148	Walnut, T. H.	45	Finger Lakes Runners
218	Schneider, Arthur	43	Seniors T.C.
206	Noble, John	43	Seniors T.C.
200	Margolis, Alfred	41	Seniors T.C.
183	Hartshorne, James	45	Fingerlakes Runners Club
213	Reeves, John	42	East York T.C.
214	Roberts, Lew	42	Seniors T.C.
186	Hogg, Ted	43	No. Cal. Seniors T.C.
162	Dougherty, Forrest	41	Phoenix Trackmasters
103	Atkinson, Richard	40	Unattached
176	Gorrell, Jim	49	Seniors T.C.



JIM HARTSHORNE
440, 880, 1 MILE, 2 MILE
WINNER 1 MILE 1968

3 MILE RUN

FRIDAY, JULY 4, 1969 8:10 P.M.

DIVISION I (1st U.S. Masters 1969 Meet Record—PETE MUNDLE—15:15.0)

NO.	NAME	AGE	AFFILIATION
102	Anspach, Roland	45	Unattached
111	Chuman, Ted	43	Unattached
115	Foster, Earl	46	Lynchburg T.C.
124	Lumian, Norm	41	Seniors T.C.
125	Mackey, W. T.	41	NeCa. Seniors
126	Madsen, Robert	44	Unattached
129	Mundle, Peter	41	Santa Monica A.A.
134	O'Neil, James	44	Unattached
138	Robst, Hugo	42	Seniors T.C.
218	Schneider, Arthur	43	Unattached
206	Noble, John	43	Seniors T.C.
209	Packard, Richard	41	Boston A.A.
231	Turenne, Ed	46	Seniors T.C.
200	Margolis, Alfred	41	Seniors T.C.
213	Reeves, John	42	East York T.C.
214	Roberts, Lew	42	Seniors T.C.
239	Tetrick, Robert	45	Seniors T.C.
186	Hogg, Ted	45	No. Cal. Seniors T.C.
158	Cameron, Wm.	41	No. Cal. Seniors T.C.
162	Dougherty, Forrest	41	Phoenix Trackmasters
103	Atkinson, Richard	40	Unattached
224	Smith, Emmett	46	No. Cal. Seniors T.C.

THURSDAY, JULY 3, 1969 5:00 P.M.

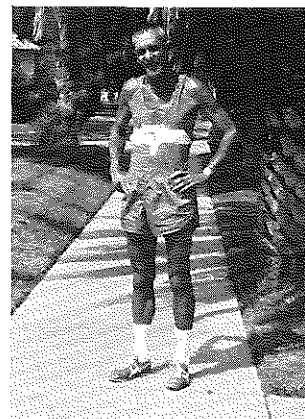
DIVISION II

303	Arnold, Wilbur	55	Denver T.C.
306	Bould, Clifford	52	Melville A.C.
311	Halpin, Edward	51	San Diego Track & Field
314	Lehman, Bob	50	Unattached
315	Long, Robert	50	So. Cal. Striders
316	Mahannah, Ray	53	Unattached
318	Montoya, John	57	Seniors T.C.
324	Southard, Charles	52	Seniors T.C.
325	Thompson, Wm.	53	No. Medford T.C.
342	Monheit, Bill	59	Oakland YMCA Bus. Men's Club
339	Knisley, Lloyd	56	San Diego YMCA

THURSDAY, JULY 3, 1969 6:45 P.M.

DIVISION III

502	Fowler, David	70	San Diego Track & Field
503	Frederick, Walt	61	Seniors T.C.
505	Griffith, R. K.	60	Unattached



ED HALPIN
3 MILE, 6 MILE
MASTERS 6
MARATHON
BEST 50 AND OVER 2 MILE 1968

6 MILE RUN

THURSDAY, JULY 3, 1969 5:30 P.M.

DIVISION I (1st U.S. Masters 1969 Meet Record—PETE MUNDLE— 31:28.4)

NO.	NAME	AGE	AFFILIATION
102	Anspach, Roland	45	Unattached
111	Chuman, Ted	43	Unattached
117	Griffith, J. Edwin	47	Whittier YMCA
125	Mackey, W. T.	41	NeCa. Seniors
126	Madsen, Robert	44	Unattached
129	Mundle, Peter	41	Santa Monica A.A.
134	O'Neil, James	44	Unattached
218	Schneider, Arthur	43	Seniors T.C.
192	Jones, Don	—	Seniors T.C.
209	Packard, Richard	41	Boston A.A.
220	Sheppard, Harold	47	San Diego Track & Field
213	Reeves, John	42	East York T.C.
214	Roberts, Lew	42	Seniors T.C.
239	Tetrick, Robert	45	Seniors T.C.
186	Hogg, Ted	45	No. Cal. Seniors T.C.
103	Atkinson, Richard	40	Unattached
164	Drake, Walter	45	San Diego Track & Field
166	Erigat, A. K.	41	Unattached
165	Eby, Richard	47	San Diego Track & Field

FRIDAY, JULY 4, 1969 6:40 P.M.

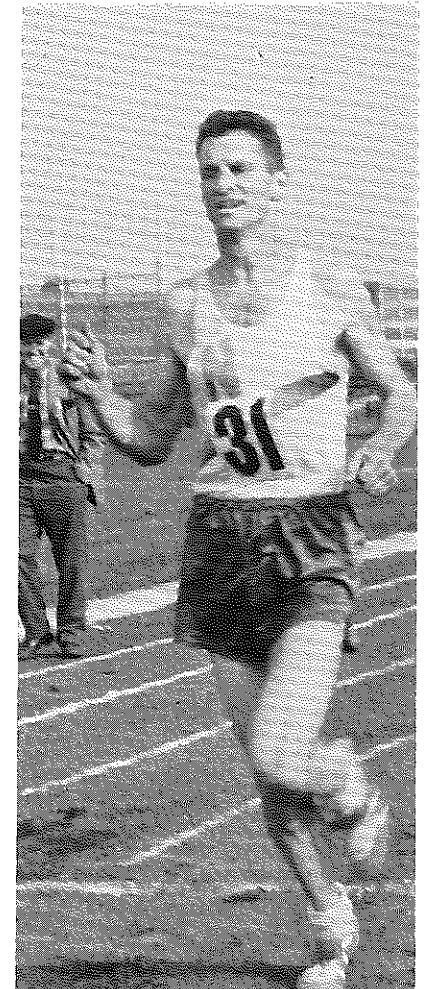
DIVISION II

303	Arnold, Wilbur	55	Denver T.C.
306	Bould, Clifford	52	Melville A.C.
311	Halpin, Edward	51	San Diego Track & Field
313	Knowles, Toy	51	Phoenix Trackmasters
314	Lehman, Bob	50	Unattached
315	Long, Robert	50	So. Cal. Striders
316	Mahannah, Ray	53	Unattached
127	Montoya, John	57	Seniors T.C.
325	Thompson, Wm.	53	No. Medford T.C.
341	Lafferty, John	51	San Diego Track & Field
339	Knisley, Lloyd	56	San Diego YMCA

FRIDAY, JULY 4, 1969 7:25 P.M.

DIVISION III

502	Fowler, David	70	San Diego Track & Field
503	Frederick, Walt	61	Seniors T.C.



JOHN LAFFERTY
3 MILE, 6 MILE
BEST 50 AND OVER
3 AND 6 MILE 1968

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3 MILE WALK

FRIDAY, JULY 4, 1969 5:50 P.M.

DIVISION I, II & III (1st U.S. Masters 1968 Meet Record—BRUCE MacDONALD—24:55.6)

NO.	NAME	AGE	AFFILIATION
343	Mooers, Philip	52	Santa Clara Valley Race Walkers
338	Johnson, Don	52	Shore A.C. of New Jersey
302	Alexander, Bob	59	Unattached
361	Wehrly, Joe	53	So. Cal. Striders
315	Long, Robert	50	So. Cal. Striders
127	Markon, Johnny	—	Long Island A.C.
134	O'Neil, Lawrence	61	Unattached
174	Gershuny, Justin	42	Unattached

6 MILE WALK

SATURDAY, JULY 5, 1969 5:00 P.M.

DIVISION I, II & III (1st U.S. Masters 1968 Meet Record—BRUCE MacDONALD—51:54.0)

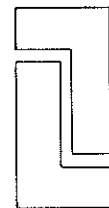
NO.	NAME	AGE	AFFILIATION
315	Long, Robert	50	So. Cal. Striders
127	Markon, Johnny	—	Long Island A.C.
139	Sawyer, Dan	41	Unattached
334	Clegg, Chris	54	So. Cal. Striders
134	O'Neil, Lawrence	61	Unattached
343	Mooers, Philip	52	Santa Clara Valley Race Walkers
338	Johnson, Doh	52	Shore A.C. of New Jersey
361	Wehrly, Joe	53	So. Cal. Striders

A Salute to the Participants

*IN THE 2ND ANNUAL

U. S. MASTERS TRACK & FIELD CHAMPIONSHIPS

☆



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440 YARD RELAY

FRIDAY, JULY 4, 1969 9:20 P.M.

(1st U.S. Masters 1968 Meet Record— 50.8)
NORTHERN CALIFORNIA SENIOR'S TRACK CLUB

1 MILE RELAY

THURSDAY, JULY 3, 1969 8:15 P.M.

(1st U.S. Masters 1968 Meet Record— 3:58.7)
LOS ANGELES SENIOR'S TRACK CLUB)

2 MILE RELAY

THURSDAY, JULY 3, 1969 7:15 P.M.

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LONG JUMP

FRIDAY, JULY 4, 1969 7:00 P.M.

DIVISION I, II & III (1st U.S. Masters 1968 Meet Record—DON ESSLINGER—17' 8 1/4")

NO.	NAME	AGE	AFFILIATION
198	Love, Don	42	Unattached
340	Knuppel, Wm.	50	San Diego Track & Field
171	Foutz, Robert	48	Phoenix Trackmasters
202	McPhatter, Ferman	44	Unattached
177	Grant, Bruce	40	No. Cal. Seniors T.C.
208	Orlando, Joe	45	Burbank Sporting Goods
221	Sieben, Bob	42	Unattached
197	Leggett, Howard	41	Seniors T.C.
195	Badinelli, Don	41	Phoenix Thunderbirds
122	Kleinsasser, Willis	41	Seniors T.C.
315	Long, Robert	50	So. Cal. Striders
128	Marv, Freeman	43	Grace-St. Lukes
130	Munson, John	40	Gen. Dyn. Convair
508	McMadden, Winfield	64	San Diego Track & Field
320	McIntyre, Virgil	58	Seniors T.C.
131	McNeice, M. H.	49	Unattached
132	Oerth, Paul	41	Seniors T.C.
509	Puglizevich, A. J.	61	Unattached
137	Puterbaugh, George	44	Portland, T.C.
142	Sharp, Jon	48	Denver YMCA
146	Vroom, Dewey	42	Seniors T.C.
327	Walczuk, Leo	58	Geo. Bruce Club
510	Walker, Paul	60	PSA AAU
147	Wallace, Harold	41	Seniors T.C.
228	Stolpe, Richard	44	USN
219	Seymour, Stephen	48	LA A.C.
226	Steffey, Dale	47	Unattached
179	Grupe, George	47	Corona del Mar T.C.

HIGH JUMP

THURSDAY, JULY 3, 1969 7:00 P.M.

NO.	NAME	AGE	AFFILIATION
202	McPhatter, Ferman	44	Unattached
177	Grant, Bruce	40	No. Cal. Seniors T.C.
124	Lumian, Norm	41	Seniors T.C.
128	Marv, Freeman	43	Grace-St. Lukes
319	Morales, Bill	52	Unattached
509	Puglizevich, A. J.	61	Unattached
138	Robst, Hugo	47	Seniors T.C.
142	Sharp, Jon	48	Denver YMCA
146	Vroom, Dewey	42	Seniors T.C.
327	Walczuk, Leo	58	Geo. Bruce Club
147	Wallace, Harold	41	Seniors T.C.
226	Steffey, Dale	47	Unattached
179	Grupe, George	47	Corona del Mar T.C.

DISCUS

THURSDAY, July 3, 1969 7:00 P.M.

(1st U.S. Masters 1968 Meet Record—FORTUNE GORDEIN 140 Ft.)

NO.	NAME	AGE	AFFILIATION
163	Dowell, Ed	41	No. Cal. Seniors T.C.
155	Bayles, Bill	45	Corona del Mar T.C.
194	Kornreich, Donald	43	Unattached
348	Schubart, Ralph	50	Long Beach Clippers
211	Perich, Jerry	42	Unattached
103	Aldrich, Daniel	50	University of Cal.
105	Bangert, Bill	45	Champ A.C.
107	Bergenback, Richard	42	Spts. Inter.
501	Blaney, Warren	66	Seniors T.C.
113	DeBernardi, Frank	47	Unattached



FORTUNE GORDIEN
DISCUS, SHOT PUT
WINNER DISCUS 1968

509	Puglizevich, A. J.	61	Unattached
352	Winton, Ross	50	Corona del Mar T.C.
511	Knowles, Sid	65	Unattached
335	Garcia, Miguel	53	YMCA
219	Seymour, Stephan	48	LA A.C.
167	Fess, Robert	43	Seniors T.C.

JAVELIN

SATURDAY, JULY 5, 1969 7:00 P.M.

DIVISION I, II & III (1st U.S. Masters 1968 Meet Record—FRANKLIN HELD) 218' 2"

NO.	NAME	AGE	AFFILIATION
163	Dowell, Ed	41	No. Cal. Seniors T.C.
194	Kornreich, Donald	43	Unattached
233	Winfield, Mark	41	No. Cal. Seniors T.C.
344	McDonald, Bob	51	San Diego Track & Field
157	Bernard, Ken	43	San Diego Track & Field
301	Aldrich, Daniel	50	University of California
107	Bergenback, Richard	42	Spts. Inter.
501	Blaney, Warren	66	Seniors T.C.
113	DeBernardi, Frank	47	Unattached
309	Dimond, Clark	50	Unattached
319	Morales, Bill	52	Unattached
509	Puglizevich, A. J.	61	Unattached
335	Garcia, Miguel	53	YMCA
219	Seymour, Stephen	48	LA A.C.

SHOT PUT

FRIDAY, JULY 4, 1969 7:00 P.M.

DIVISION I, II & III (1st U.S. Masters 1968 Meet Record—BILL BANGERT) 45' 9"

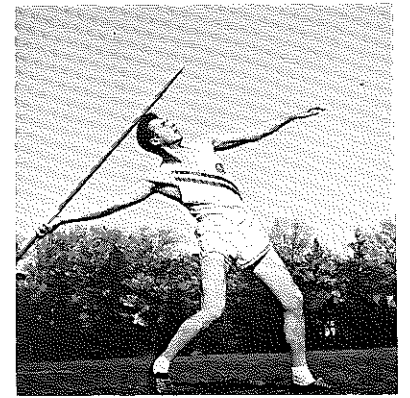
NO.	NAME	AGE	AFFILIATION
189	Jacobs, Ted	45	Unattached
340	Knuppel, Wm.	50	San Diego Track & Field
155	Bayles, Bill	45	Corona Del Mar T.C.
337	Heard, Nat	51	Corona Del Mar T.C.
348	Schubart, Ralph	50	Long Beach Clippers
211	Perich, Jerry	42	Unattached
219	Seymour, Stephan	48	Los Angeles A.C.
105	Bangert, Bill	45	Champ A.C.
107	Bergenback, Richard	42	Spts. Inter.
—	Corzine, Lester	?	Unattached
113	DeBernardi, Frank	47	Unattached
508	McMadden, Winfield	64	San Diego Track & Field
134	O'Neil, James	44	Unattached
509	Puglizevich, A. J.	61	Unattached
147	Wallace, Harold	41	Seniors T.C.
352	Winton, Ross	50	Corona del Mar T.C.
511	Knowles, Sid	65	Unattached
335	Garcia, Miguel	53	YMCA
219	Seymour, Stephan	48	LA A.C.
344	McDonald, Bob	51	San Diego Track & Field

MASTERS SIX

220 YARD DASH — 880 YARD DASH — SHOT PUT
440 YARD RUN — MILE — LONG JUMP

DIVISION I, II & III (1st U.S. Masters 1968 Meet Record—WILLIS KLEINSASSER) 3616 points)

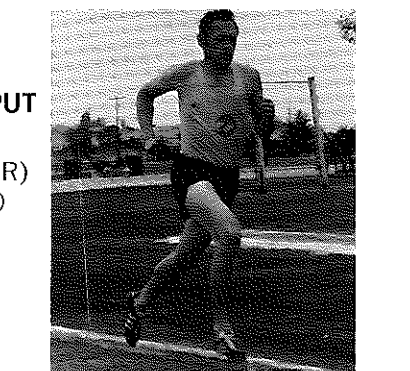
NO.	NAME	AGE	AFFILIATION
178	Grant, James	41	Marin A.C.
225	Stafford, Stanley	43	Seniors T.C.
233	Winfield, Mark	41	No. Cal. Seniors T.C.
206	Nix, Jack	41	Unattached
175	Gil, Ray	44	Seniors T.C.
—	Kranz, Earl	45	Unattached
204	Nichols, John	44	San Diego Track & Field
223	Smith, Bob	40	Unattached
157	Bernard, Ken	43	San Diego Track & Field
311	Halpin, Edward	51	San Diego Track & Field
506	Hilt, Lawrence	69	Unattached



FRANKLIN HELD
JAVELIN
WINNER JAVELIN 1968
WORLD RECORD HOLDER 1953-1956
1st AMERICAN TO HOLD
WORLD RECORD



BILL BANGERT
DISCUS, SHOT PUT
WINNER SHOT PUT 1968



WILLIS KLEINSASSER
220, LONG JUMP, MASTERS 6
WINNER MILE RELAY 1968
WINNER MASTERS 6 1968
WINNER "OUTSTANDING ATHLETE
AWARD" 1968

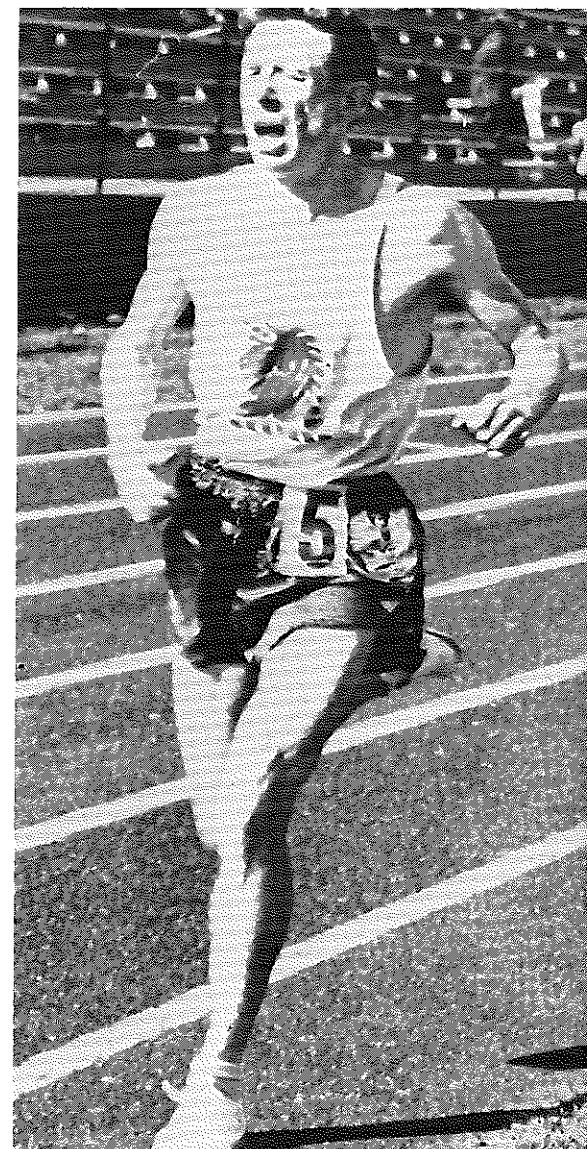
121	Holt, John	41	Seniors T.C.
122	Kleinsasser, Willis	41	Phoenix Trackmasters
315	Long, Robert	50	So. Cal. Striders
—	McNeice, M. H.	49	Unattached
137	Puterbaugh, George	44	Portland T.C.
141	Shank, Willard	47	No. Cal. Seniors
145	Swavely, Lester	40	Unattached
172	Friberg, Rudy	40	San Diego Track & Field
350	Thomas, Lloyd	51	Unattached

MARATHON

SUNDAY, JULY 6, 1969 6:30 P.M. (OPEN COMPETITION)

(1st U.S. Masters 1968 Meet Record—RICHARD PACKARD—2:48.51.6)

NO.	NAME	AGE	AFFILIATION
303	Arnold, Wilbur	55	Denver T.C.
306	Bould, Clifford	52	Melville A.C.
307	Clark, Albert	55	Seniors T.C.
114	Donald, Robert	44	Seniors T.C.
503	Frederick, Walt	61	Seniors T.C.
116	Frock, Oyvind	41	Unattached
504	Grace, Fred	71	Seniors T.C.
117	Griffith, J. Edwin	47	Whittier YMCA
118	Groeschel, Chas.	41	San Diego Track & Field
311	Halpin, Edward	51	San Diego Track & Field
—	Hanson, Eugene	52	Unattached
119	Hargus, W. D.	47	San Diego Track & Field
120	Hauslein, Herman	41	San Diego Track & Field
506	Hilt, Lawrence	69	Unattached
—	Kleinsasser, Willis	41	Seniors T.C.
315	Long, Robert	50	So. Cal. Striders
124	Lumian, Norm	41	Seniors T.C.
318	Montoya, John	57	Seniors T.C.
134	O'Neil, James	44	Unattached
135	Pain, David	46	San Diego Track & Field
322	Seekins, Charles	52	Seniors T.C.
144	Short, Charals	43	Seniors T.C.
184	Hayworth, David	41	Unattached
192	Jones, Don	—	Seniors T.C.
209	Packard, Richard	41	Boston A.A.
231	Turenne, Ed.	46	Seniors T.C.
220	Sheppard, Harold	47	San Diego Track & Field
178	Grant, James	41	Marin A.C.
183	Hartshorne, James	45	Fingerlakes Runners Club
213	Reeves, John	42	East York T.C.
214	Roberts, Lew	42	Seniors T.C.
341	Lafferty, John	51	San Diego Track & Field
239	Tetrick, Robert	45	Seniors T.C.
181	Hansen, Robert	40	East Valley YMCA
201	Murray, Michael	40	San Diego Track & Field
183	Herman, Robert	43	Seniors T.C.
235	Wright, John	45	Seniors T.C.
210	Paffenbarger, Ralph	46	No. Cal. Seniors T.C.
304	Alling, Clyde	52	Seniors T.C.
216	Ryman, Burt	44	Seniors T.C.
346	Reese, Paul	52	No. Cal. Seniors T.C.
175	Gil, Ray	44	Seniors T.C.
215	Rodd, Flory	45	No. Cal. Seniors T.C.
173	Gavras, George	42	Fingerlakes Runners Club
302	Alexander, Bob	58	Unattached
164	Drake, Walter	45	San Diego Track & Field
165	Eby, Richard	47	San Diego Track & Field



RICHARD PACKARD
1 MILE, 3 MILE, 6 MILE,
MARATHON
WINNER MARATHON 1968

No.	NAME	AGE	AFFILIATION	No.	NAME	AGE	AFFILIATION
301	ABELS, Jacques	51	YMCA	123	LEE, John	48	Unattached
301	ALDRICH, Daniel	50	University of California	197	LEGGETT, Howard	41	Seniors Track Club
302	ALEXANDER, Bob	—	—	314	LEHMAN, Bob	50	Unattached
304	ALLING, Clyde	57	Seniors Track Club	315	LONG, Robert	50	Southern California Striders
101	AMBROSE, Wayne	43	Seniors Track Club	198	LOVE, Don	42	Unattached
102	ANSPACH, Roland	43	Unattached	124	LUMIAN, Norm	41	Seniors Track Club
303	ARNOLD Wilbur	55	Denver Track Club	199	MACKAY, James	41	No. Calif. Seniors Track Club
250	ASH, Severson	43	Unattached	125	MACKAY, W. T.	41	No. Calif. Seniors Track Club
183	ATKINSON, Richard	40	Unattached	359	MADIRA, Tody	—	L.A. Police (Pacers)
195	BADINELLI, Don	41	Phoenix Thunderbirds	128	MADSEN, Robert	44	Unattached
153	BAJEMA, Donald	—	Unattached	316	MAHANNAH, Ray	53	Unattached
105	BANGERT, Bill	45	Champ Athletic Club	200	MARGOLIS, Alfrad	41	Seniors Track Club
154	BARNARD, Art	40	Unattached	127	MARKON, Johnny	—	Long Island Athletic Club
106	BAUM, Richard	44	Senior Track Club	128	MARK, Freeman	43	Grace Street Lukes
155	BAYLESS, Bill	45	Corona Del Mar Track Club	320	MCINTYRE, Virgil	58	Seniors Track Club
156	BENSON, Richard	43	Unattached	508	McMADDEN, Winfield	64	San Diego Track & Field
107	BERGENBACK, Richard	42	Sports International	131	McNEICE, M. H.	49	Unattached
157	BERNARD, Ken	—	San Diego Track & Field	202	McPHATTER, Ferman	44	Unattached
353	BERRIOCHOA, Simon	—	Unattached	360	McWILLIAMS, Harold	—	Southern California Striders
108	BIGGER, William	40	United States Navy	317	MILLER, Davis	52	Unattached
501	BLANEY, Warren	66	Senior Track Club	318	MONTOYA, John	57	Seniors Track Club
332	BOAL, R. S.	57	Unattached	343	MOOERS, Philip	52	Santa Clara Valley Race Walkers
306	BOULD, Clifford	52	Melville Athletic Club	319	MORALES, Bill	52	Unattached
354	BOYLE, John	—	San Diego Track & Field	129	MUNDLE, Peter	41	Santa Monica Athletic Assn.
236	BRYANT, Avery	—	Seniors Track Club	130	MUNSON, John	40	General Dynamics Convair
333	BULICK, Leo	50	Senior Track Club	201	MURRAY, Michael	40	San Diego Track & Field
109	CALDERO, Newton	41	Seniors Track Club	203	NERLING, Merve	40	Unattached
158	CAMERON, William	41	No. Calif. Seniors Track Club	321	NIBLOCK, Russell	55	Unattached
159	CASE, Russell	41	Unattached	204	NICHOLS, John	—	San Diego Track & Field
110	CASANEDA, Luis	41	Nevada	206	NIX, Jack	41	Unattached
111	CHAMAN, Ted	43	Unattached	206	NOBLE, John	43	Seniors Track Club
307	CLARK, Albert	55	Seniors Track Club	132	OERTH, Paul	41	Seniors Track Club
160	CLAYTON, Thomas	44	Unattached	134	O'NEIL, James	44	Unattached
334	CLEGG, Chris	54	Southern California Striders	512	O'NEIL, Lawrence	61	Unattached
355	COCHRAN, John	—	Unattached	208	ORLANDO, Joe	45	Burbank Sports Goods
237	COLEMAN, Don	—	San Diego Track & Field	209	PACKARD, Richard	41	Boston Athletic Assn.
112	COLEN, Harold	41	Unattached	210	PAFFENBARGER, Ralph	46	No. Calif. Seniors Track Club
356	COOPER, Albert	—	Seniors Track Club	135	PAIN, David	46	San Diego Track & Field
—	CORZINE, Lester	—	Unattached	244	PALLAN, Frank	—	Convair
308	CRANSTON, Alan	55	Unattached	245	PARKES, Willard	—	Unattached
161	DAVIS, Russell	—	Unattached	211	PERICH, Jerry	—	Unattached
113	DeBERNARDI, Frank	47	Unattached	246	PERRY, Mode	—	San Diego Track & Field
309	DIMOND, Clark	50	Unattached	136	POET, Robert	44	Seniors Track Club
114	DONALD, Robert	44	Seniors Track Club	345	PRESTON, Ed	52	Unattached
238	DOSCH, Murray	—	Unattached	509	PUGLIZEVICH, A. J.	61	Unattached
162	DOUGHERTY, Forrest	41	Phoenix Trackmasters	137	PUTERBAUGH, George	44	Portland Track Club
163	DOWELL, Ed	41	No. Calif. Seniors Track Club	212	RADEMAKER, Ted	44	Unattached
164	DRAKE, Walter	—	San Diego Track & Field	346	REESE, Paul	52	No. Calif. Seniors Track Club
165	EBY, Richard	—	San Diego Track & Field	213	REEVES, John	42	East York Track Club
166	ERIQAT, A. K.	—	Unattached	214	ROBERTS, Lew	42	Seniors Track Club
239	EVENS, Frank	—	San Diego Track & Field	138	ROBST, Hugo	42	Seniors Track Club
167	FESS, Robert	43	Seniors Track Club	347	ROCHAMBEAU, Gene	50	Unattached
168	FIELDS, Louis	46	Northern California Seniors	215	RODD, Flory	45	Northern California Seniors
169	FITZGERALD, Bill	44	Seniors Track Club	241	RHODEN, W. G.	—	No. Calif. Seniors Track Club
170	FIX, William	43	Spokane Track Club	216	RYMAN, Burt	44	Seniors Track Club
115	FOSTER, Earl	46	Lynchburg Track Club	139	SAWYER, Dan	41	Unattached
171	FOUTZ, Robert	48	Phoenix Trackmasters	140	SCHARF, Robert	49	Unattached
502	FOWLER, David	70	San Diego Track & Field	218	SCHNEIDER, Arthur	50	Seniors Track Club
503	FREDERICK, Walt	61	Seniors Track Club	348	SCHUBERT, Ralph	—	Long Beach Clippers
172	FRIEBERG, Rudy	40	San Diego Track & Field	217	SEAMOUNT, Daniel	46	Unattached
116	FROCK, Oyvind	41	Unattached	322	SEEKINS, Charles	52	Seniors Track Club
53	GARCIA, Miguel	53	YMCA	219	SEYMOUR, Stephan	48	L.A. Athletic Club
174	GERSHUNY, Justin	42	Unattached	141	SHANK, Willard	47	No. Calif. Seniors Track Club
175	GIL, Ray	44	Seniors Track Club	142	SHARP, Jon	48	Denver YMCA
357	GILLET, D. B.	—	Unattached	220	SHEPPARD, Harold	47	San Diego Track & Field
336	GODFREY, Vince	55	San Diego Track & Field	143	SHLONSKY, Larry	45	Unattached
310	GORDON, Ray	51	Washington Sports Club	144	SHORT, Charles	43	Seniors Track Club
504	GRACE, Fred	71	Seniors Track Club	221	SIEBEN, Bob	42	Unattached
178	GRANT, James	41	Marin Athletic Club	349	SJOSTRAND, Fritiof	56	Unattached
117	GRIFFITH, Edwin	47	Whittier YMCA	323	SMITH, Dallas	50	Unattached
505	GRIFFITH, R. K.	60	Unattached	361	SMITH, Elbert	—	San Diego Track & Field
118	GROESCHEL, Chas.	41	San Diego Track & Field	224	SMITH, Emmett	46	No. Calif. Seniors Track Club
179	GRUPE, George	47	Corona Del Mar Track Club	324	SOUTHARD, Charles	52	Seniors Track Club
311	HALPIN, Edward	51	San Diego Track & Field	249	SOZA, Edward	—	L.A. Athletic Club
181	HANSEN, Robert	40	East Valley YMCA	225	STAFFORD, Stanley	43	Seniors Track Club
312	HANSON, Eugene	52	Unattached	226	STEFFEY, Dale	47	Unattached
119	HARGUS, W. D.	47	San Diego Track & Field	228	STOLNE, Richard	44	United States Navy
240	HARRIS, Bud	—	San Diego Track & Field	227	STRACK, Robert	40	Unattached
183	HARTSHORNE, James	45	Finger Lakes Runners Club	145	SWAVELY, Lester	46	Unattached
120	HAUSLEIN, Herman	41	San Diego Track & Field	229	TETRICK, Robert	45	Seniors Track Club
184	HAYWORTH, David	41	Unattached	230	THERIAULT, Raul	42	Seniors Track Club
241	HELD, Franklin	—	Unattached	350	THOMAS, Lloyd	51	Unattached
185	HERMAN, Robert	43	Seniors Track Club	325	THOMPSON, William	53	No. Medford Track Club
242	HILLMAN, Jimmye	—	University of Arizona	326	THURSBY, Carl	54	No. Medford Track Club
506	HILT, Lawrence	69	Unattached	231	TURENNE, Ed	46	Seniors Track Club
186	HOGG, Ted	43	No. Calif. Seniors Track Club	146	VROOM, Dewey	42	Seniors Track Club
121	HOLT, John	41	Seniors Track Club	327	WALCZUK, Leo	58	Geo. Bruce Club
187	HOWELL, Monte	44	Corona Del Mar Track Club	510	WALKER, Paul	60	Pacific Southwest Airlines AAU
188	HUGHES, Marvin	42	Unattached	147	WALLACE, Harold	41	Seniors Track Club
189	JACOBS, Ted	45	Unattached	148	WALNUT, T. H.	45	Finger Lakes Runners
191	JAMES, Tom	49	San Diego Track & Field	232	WATANABE, Robert	43	Seniors Track Club
193	JUILLAND, Alphonse	46	Stanford University	153	WEHRLY, Joe	—	Southern California Striders
358	KERNS, T. W.	—	Convair	233	WINFIELD, Mark	41	No. Calif. Seniors Track Club
507	KISH, Michael	63	Seniors Track Club	352	WINTON, Ross	50	Corona Del Mar Track Club
122	KLEINSASSER, Willis	41	Seniors Track Club	234	WOOD, John E.	42	San Diego Track & Field
339	KNISLEY, Lloyd	—	San Diego YMCA	235	WRIGHT, John	45	Seniors Track Club
313	KNOWLES, Toy	51	Phoenix Trackmasters				
243	KOERNER, Vance	—	No. Calif. Seniors Track Club				
—	KRANZ, Earl	45	San Diego Track & Field				

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- ADDITIONAL ENTRIES -

CLAYTON, THOMAS	45	Southern California Striders	220
COOK, JACK	52	Reno Athletic Club	LJ, PV, 440
TRACY, RUSSELL	43	Unattached	2-Mile, Masters Six
SIEBEN, BOB	43	Unattached	220, 440, 880, 120-H, HJ
McPHATTER, FERMAN	45	Unattached	High Jump
SEYMOR, STEVEN	49	Corona Del Mar	1-Mile Walk, Discus, Javalin, Hammer Throw, Shotput, Paul Vault
BADIWELLI, DON	42	Arizona Track Club	100 yd. Dash
MARR, FREEMAN	45	Tennesee	120 yd. Hurdles
PARNELL, GRAHAM	40	Unattached	1-Mile, 2-Mile, 3-Mile, 6-Mile, Masters Six, Marathon
PATERSON, SANDY	49	Unattached	Discus, Hammer
MILLER, BILL	40	Corona Del Mar	Hammer
SIEBEN, GENE	41	Unattached	120 yd. Hurdles
SMITH, AVERY	40	Unattached	1-Mile, 120 yd. Hurdles
HOLMES, ROBERT	41	Unattached	880, 1-Mile, High Jump
HENDRIKSON, LEO	49	San Diego Track Club	Marathon
POET, ROBERT	45	Striders Track Club	220, 440, 880
FESS, ROBERT	44	Striders Track Club	Discus
ROQUE, PETE	45	Corona Del Mar	220 yd. Dash
GERSHUNE, JUSTIN	43	W.S.T.C.	1-Mile Walk, 20-Kil. Walk
RADEMAKER, TED	45	Northern Calif. Striders T.C.	100, 220, 120-H, Long Jump, High Jump
EVANS, FRANK	43	San Diego Track Club	880, Masters Six
GILLETT, O.	51	Corona Del Mar Track Club	L.J., H.J., P.V.
SELBY, JAMES	41	Striders Track Club	3-Mile, 6-Mile
ABELSON, EDWARD	47	Unattached	Javalin
GARCIA, JOHN	52	Striders Track Club	2-Mile, 3-Mile, 6-Mile
HONT, CHARLES	42	San Diego Track Club	880, 2-Mile
SAWYER, DAN	42	Unattached	220 yd. Dash
HIGGINS, RALPH	68	Corona Del Mar Track Club	100, L.J., Discus, Javalin, Shotput
GUTH, ALFRED	61	Striders Track Club	220, 440, 880, 1-Mile, 2-Mile, 3-Mile, 6-Mile, 1-Mile Walk, 20-Kil. Walk
STOCK, BILL	40	San Diego Track Club	880, 1-M., 2-M., Mar.
MORALES, BILL	53	Unattached	L.J., H.J., Javalin
PHAFFENBARGER, RALPH	47	No. Calif. Striders Track Club	Marathon
DE CIUTIIS, VINCENT	45	Striders Track Club	3-Mile, Marathon
SCHLEGEL, PHILLIP	40	Corona Del Mar T.C.	Long Jump
PARKES, WILL	50	Unattached	100, 220, L.J., H.J.
LEHMAN, BOB	51	Unattached	3-Mile, 6-Mile
STONE, ROBERT	40	Unattached	220 yd. Dash
WRIGHT, NORMAN	60	Unattached	2-Mile, 6-Mile
BERNARD, KEN	44	San Diego Track Club	1-Mile Walk
NIBLOCK, RUSSELL	56	No. Calif. Striders T.C.	100, 220, 440, 880
FITZGERALD, BILL	45	Striders Track Club	440, 880, 1-Mile
HELD, FRANKLIN	42	San Diego Track Club	Javalin, Masters Six
FRIEBURG, RUDY	42	San Diego Track Club	Javalin, Masters Six
BAUM, RICHARD	45	Striders Track Club	100, 220, Masters Six
REESE, PAUL	53	No. Calif. Striders Track Club	Marathon
RHODEN, GEORGE	43	Calif. College of Podiatrics	100 yd. Dash
HEARD, NATHANIAL	52	Corona Del Mar T.C.	Discus, Hammer, Shotput
LYR, FERNAND	47	Corona Del Mar	880, 1-Mile
CASTAGNA, CHARLES	48	Unattached	3-Mile
LOGAN, DON	55	Unattached	Marathon
STONE, WILLIAM	40	Unattached	220 yd. Dash
PERRY, ROBERT	41	Corona Del Mar T.C.	High Jump
MOORES, PHILLIP	53	Unattached	1-Mile, 20-Kil. Walk
CLARK, ALBERT	56	Striders Track Club	1-Mile, Marathon
WARDEN, RALPH	52	Striders Track Club	220, 440, 2-Mile
KRANZ, EARL	46	San Diego Track Club	Masters Six, 2-Mile