

United States National Bank of Oregon
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1974 A.A.U. MASTERS NATIONAL TRACK & FIELD CHAMPIONSHIPS JULY 5, 6, 7

MARATHON & 20KM WALK
SAUVIE ISLAND



GREETINGS
TO THE MASTERS
GOOD LUCK,
Bob, Lil & Sam

MT. HOOD COMMUNITY COLLEGE GRESHAM OREGON

97030

Officials

Meet Director: Jim Puckett
 Asst. Director: Ernie Smith
 Meet Manager: Bill Wright
 Co-referees: Hal Heller, Eldon Fix
 Clerk of Course: Dan Collins
 Asst. Clerk: Greg Letts
 Starter: Gary Head
 Recall Starter: Mike Hawley
 Press Coordinator: Jim Hulden
 Announcer: Bill Cook
 Data Timer: Paula Nice
 Weights & Measures: Mike Kostraba
 Registration: Jan Underwood, Beverly Bow
 Registration Hospitality: Betty Jones
 Games Committee: Jim Puckett, Bill Wilde,
 Dutch Triebwasser, Hal Heller,
 Bill Wright, Jim Gorman

Timers	Field Events
Bill Stewart	Larry Dawkins
Jim Grelle	Tom Holmes
Mike Byrd	Terry Shea
Porter Martin	Ed Hug
Ted McKercher	Bob Bryant
Rich Egner	Roger McDowell
Gene Stone	Charles Abshire
Walt Blagburn	Jeff Roehm
Dick Nishimura	Jim Roehm
	Lee Matthews
Finish Judges	Don Boland
Ralph Peterson	Herb Booth
Mike Kostraba	Marv Hiebert
Mike Jacobs	Chuck Dalich
John Holding	Don Davis
Everett Arnold	Mike Finnigan
Dick Mill	John Holding
Ray Mosier	Bill Wilde
Tom Holmes	
Gary Grimes	

Marathon Director: Leo Sherry
 Walk Director: Don Jacobs
 Pentathlon Directors: Ernie Smith
 Jim Gorman
 Security & Parking: Harold Schmelzer
 Barbeque: Bill Wright
 Entertainment: Larry McVey, Dutch Triebwasser

Welcome to Gresham

We welcome all of you athletes to the AAU Masters National Track and Field Championships at Mt. Hood Community College July 5, 6, and 7.

The Greater Gresham Chamber of Commerce hopes our visitors will have a pleasant stay. We are sure they will find our citizens ready to help in any way possible. We urge the visitors to become acquainted with our fine community college and with the area which is one of the fastest growing in the nation.

We are proud of our growth but more proud of the way that growth is being planned. Citizens have worked together to achieve many community projects.

Enjoy your stay.

Robert Bryant, Executive Vice President
 Greater Gresham Chamber of Commerce

Welcome to Mt. Hood Community College

Hosting the masters for track and field is the athletic highlight of the year to this region. This college and its staff welcome the opportunity for our facilities to field one of the most competitive gatherings in the nation.

I recently over heard a student commenting, "even some of the older people are competing." He clarified that statement about competitive swimmers by saying, "You know, those guys over 30."

I personally welcome each and everyone of you "over 40" young men. The competition is keen and the comraderie makes this meet what it is. Good luck to each of you outstanding athletes, you are all winners no matter how you place this week.

Dr. Earl L. Klapstein
 MHCC President

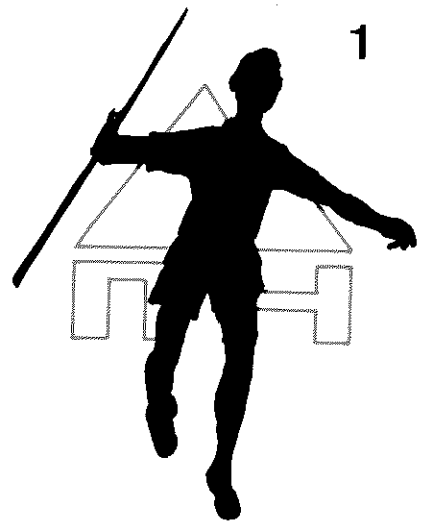


Meet Background

Because one man had an idea to keep physically fit, more than 300 athletes will compete in the Seventh Annual AAU U.S. Masters Track & Field Championships and Marathon at Mt. Hood Community College in Gresham, Oregon, this week.

San Diego attorney David H. R. Pain conceived a plan for how members of the "over forty" crowd could have an objective for their means of staying healthy. Sponsored by the San Diego Recreation Dept., San Diego Track & Field Assoc., and the Los Angeles Senior Track Club, the first meet was held in July, 1968, in San Diego.

For six years, runners and field event athletes have been traveling to San Diego, at their own expense, for what is becoming one of the most popular meets in the nation. Competitors from throughout the United States, Canada, England and Australia are entered in this year's gathering.



Schedule of Events

TIME	EVENT	DIVISIONS
Friday, July 5		
	Opening ceremonies	
4:00 p.m.	Hammer throw finals	1a, 1b, 2a, 2b, 3a, 3b
4:30	Long jump finals	3a, 3b, 4
5:00	Javelin finals	1a, 1b, 3b, 4
5:15	100 meter prelims	1a, 1b
5:25	100 meter prelims	2a, 2b
5:30	High jump finals	2a, 2b
5:35	100 meter prelims	3a, 3b
5:45	100 meter prelims	4
6:00	400 meter relay prelims	1a, 1b
6:10	400 meter relay prelims	2a, 2b
6:20	400 meter dash prelims	1a, 1b
6:30	400 meter dash prelims	2a, 2b
6:40	400 meter dash prelims	3a, 3b
6:50	400 meter dash prelims	4
7:00	10,000 meter finals	all divisions
8:00	5000 meter walk finals	all divisions
Saturday, July 6		
9:30 a.m.	Long jump-pentathlon	all divisions
10:30	Javelin-pentathlon	all divisions
11:30	200 meters-pentathlon	all divisions
12:30 p.m.	Discus-pentathlon	all divisions
1:45	1500 meters-pentathlon	all divisions
10:30 a.m.	200 meter prelims	all divisions
4:00 p.m.	Pole vault finals	3a, 3b, 4
4:00	Discus finals	all divisions
4:20	Long jump finals	1a, 1b
4:25	High jump finals	3a, 3b, 4
4:30	3000 meter steeple chase finals	1a, 1b, 2a, 2b
4:45	3000 meter steeple chase finals	3a, 3b, 4
5:05	100 meter finals	1a
5:10	100 meter finals	1b
5:15	100 meter finals	2a
5:15	Triple jump finals	3a, 3b, 4
5:20	100 meter finals	2b
5:25	100 meter finals	3a

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1500 Meter	10
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20 Kilo Walk	11
5000 Meter Walk	11
5000 Meter Run	11
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5:30	100 meter finals	3b
5:35	100 meter finals	4
5:45	800 meter finals	1a
5:50	800 meter finals	1b
5:55	800 meter finals	2a
6:00	800 meter finals	2b
6:05	800 meter finals	3a
6:10	800 meter finals	3b
6:15	800 meter finals	4
6:25	400 meter hurdles finals	1a
6:30	400 meter hurdles finals	1b
6:35	400 meter hurdles finals	2a
6:40	400 meter hurdles finals	2b
6:45	400 meter hurdles finals	3a
6:50	400 meter hurdles finals	3b
6:55	400 meter hurdles finals	4
7:30	Barbeque-by lake	

Sunday, July 7

6:30 a.m.	Marathon & 20 kilo walk Sauvie Island	
3:00 p.m.	Pole vault finals	1a, 1b, 2a, 2b
3:00	400 meter relay final	1a, 1b
3:10	400 meter relay final	2a, 2b
3:20	110 meter hurdles	1a
3:25	110 meter hurdles	1b
3:30	110 meter hurdles	2a
3:35	110 meter hurdles	2b
3:40	110 meter hurdles	3a
3:45	110 meter hurdles	3b
3:55	400 meter finals	1a
4:00	400 meter finals	1b
4:00	Long jump finals	2a, 2b
4:00	Shot put finals	all divisions
4:05	400 meter finals	2a
4:10	400 meter finals	2b
4:15	400 meter finals	3a
4:20	400 meter finals	3b
4:25	400 meter finals	4
4:30	Javelin finals	2a, 2b, 3a
4:35	1500 meter finals	1a
4:40	1500 meter finals	1b
4:45	1500 meter finals	2a
4:50	1500 meter finals	2b
5:00	1500 meter finals	3a, 3b, 4
5:00	Triple jump finals	1a, 1b, 2a, 2b
5:00	High jump finals	1a, 1b
5:10	200 meter finals	1a
5:15	200 meter finals	1b
5:20	200 meter finals	2a
5:25	200 meter finals	2b
5:30	200 meter finals	3a
5:35	200 meter finals	3b
5:40	200 meter finals	4
5:50	5000 meter run final	1a, 1b, 2a, 2b
6:15	5000 meter run final	3a, 3b, 4
6:50	1600 meter relay	1a, 1b
6:55	1600 meter relay	2a, 2b
7:05	Awards ceremony	
7:25	Closing ceremony	



PENTATHLON

3

	1A	1B	2A	2B	3A	3B	4
LONG JUMP							
JAVELIN							
200 METER							
DISCUS							
1500 METER							

400 METER RELAY

1A	1B	2A	2B

3A	3B	4	

Records Cont.

20 kilometer walk

1a-1:42:38.6 John Kelly 1971
 2a-1:34:50 Don Johnson 1973
 3a-2:11.8 Larry O'Neil 1970

Marathon

1a-2:32.37 Bill Gookin 1973
 2a-2:46.33 Tom Buckingham 1973
 3a-3:13.17 Urban Miller 1973
 4-4:02.38 Grace 1968

110 high hurdles (39")

1a-15.0 Dave Jackson 1972
 2a-18.7 Jonathon Sharp 1973
 3a-22.3 Bud Deacon 1973

400 meter intermediate hurdles

1a-56.5 Jack Greenwood 1972
 2a-65.0 Al Guidet 1973
 3a-90.4 Stan Thompson

(Note: Because of the realignment of the divisions based on five-year intervals, records do not exist for the new divisions.)

HIGH JUMP

1A	1B	2A	2B

3A	3B	4	

POLE VAULT

1A	1B	2A	2B

3A	3B	4	

TRIPLE JUMP

1A	1B	2A	2B

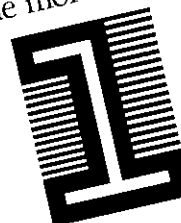
3A	3B	4	

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Awards

A handsome commemorative patch will be awarded to each competitor and an AAU "champion" patch will be awarded to each first place winner. Special awards will be awarded to the outstanding track athlete in each age group division and to the outstanding field event athlete in each division.

Running events: Awards to first through third in all divisions and races.

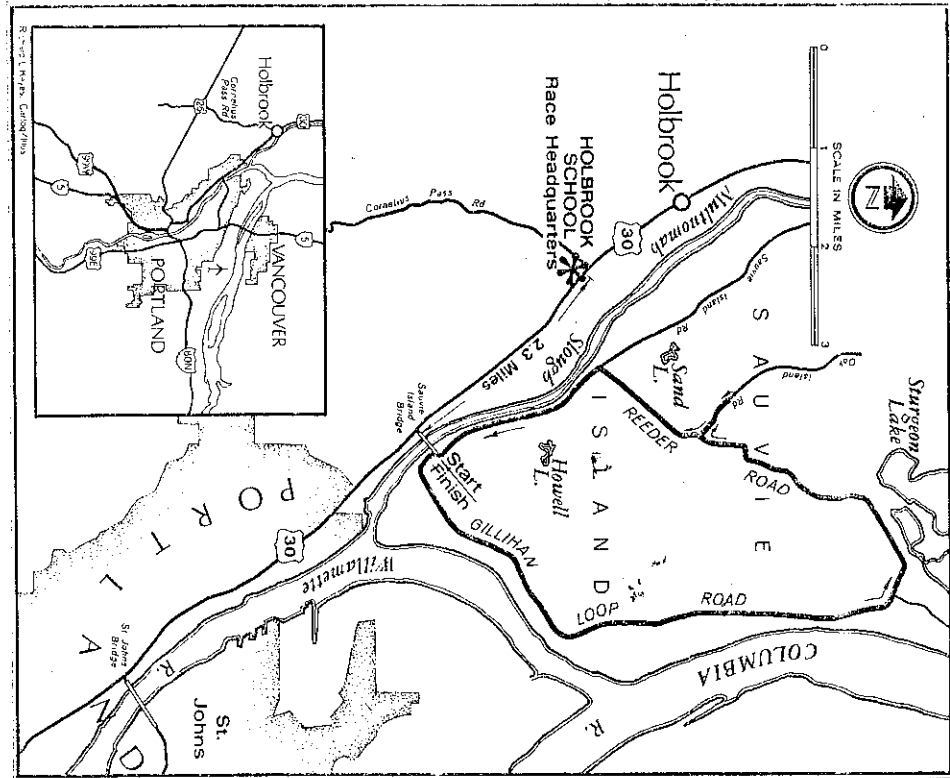
Field events: Awards to first through third in all divisions.

Walks: 5000 meter, first through third in all divisions. 20 Kilo, first through sixth.

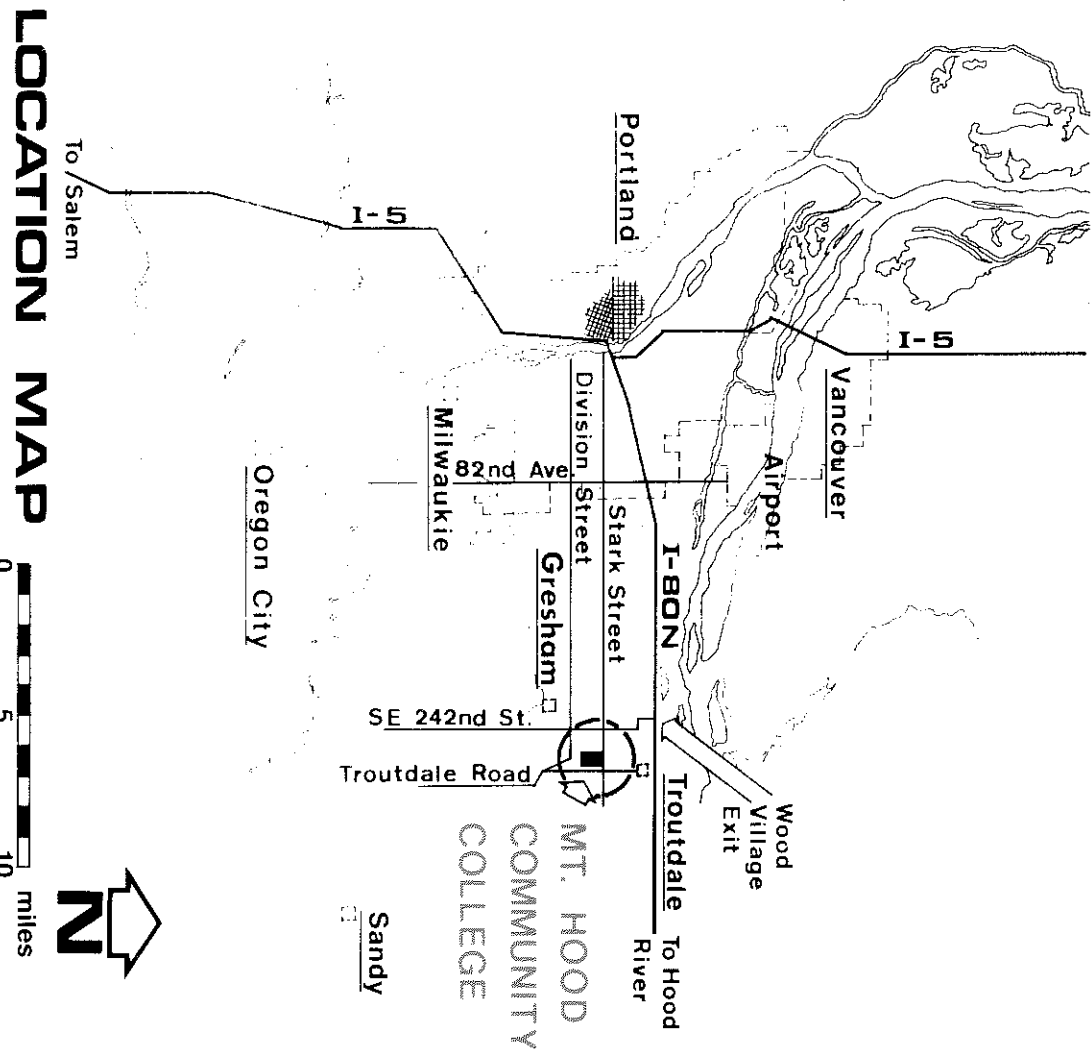
Marathon: Awards to first through third in all divisions.

Pentathlon: Awards to first through third in each division.

Relay: Awards to first three teams in each division.



ISLAND MARATHON



LOCATION MAP

0 5 10 miles



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Colonial
PANCAKE & STEAK HOUSE

Gresham's Newest
Motel & Restaurant

Coachman
Lnn

1545 E. Burnside

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WINNER
AND
DISCOVER
NIKE,
THE SHOES
OF THE
NEW
CHAMPIONS

the athletic department

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