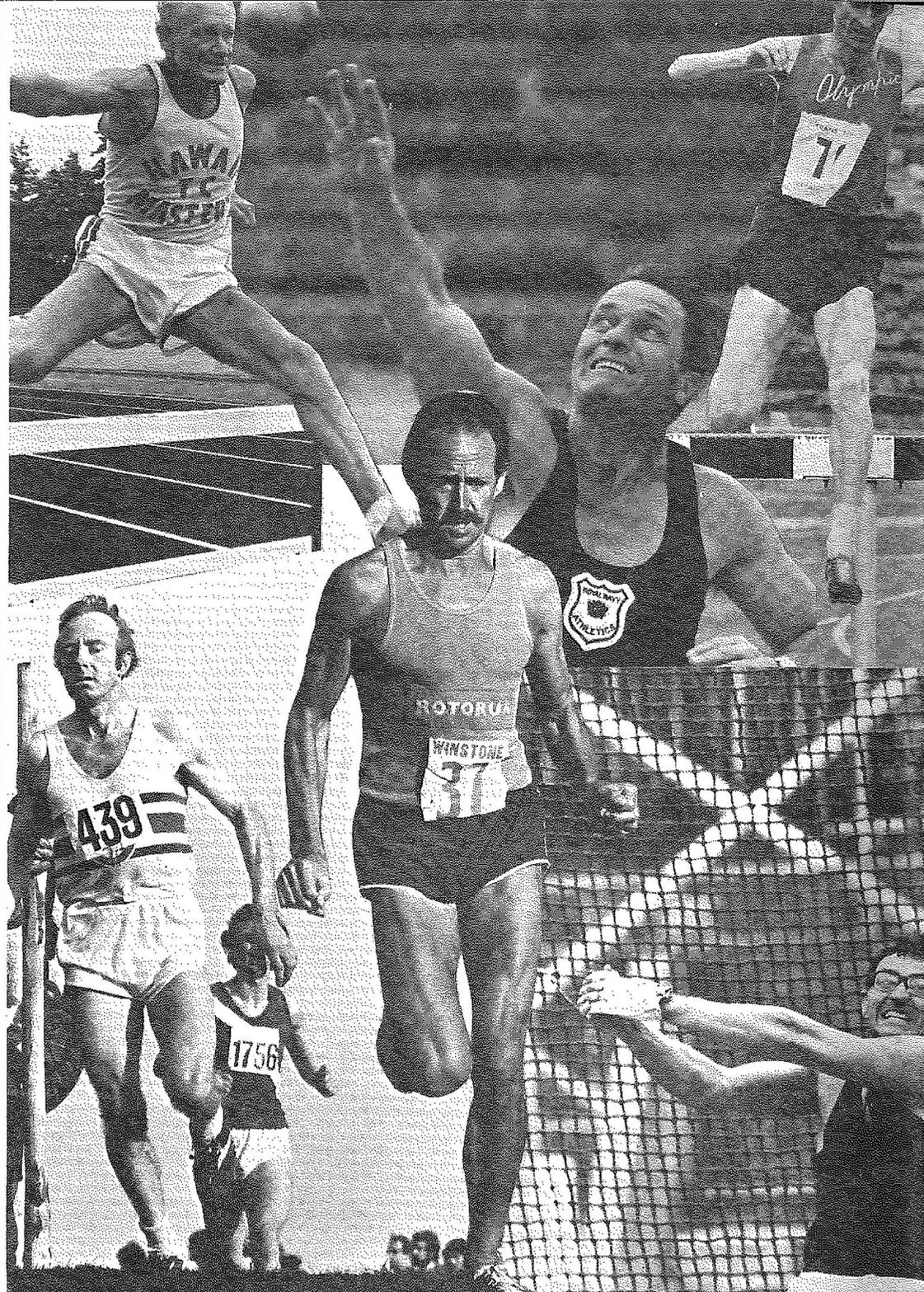


# VETERIS



**SPECIAL PREVIEW EDITION  
OF THE WORLD MASTERS  
TRACK AND FIELD CHAMPS.  
TORONTO AUGUST 1975**



# VETERIS

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# EDITORIAL



The first World Masters Track and Field Championships will open in Toronto, Canada, on August 12th and last for five days. It will be an historic occasion.

Masters, or veterans, have been competing in athletic circles since time immemorial but, with a few exceptions, were not organised. Their numbers were small and they generally had to rely on handicap racing for competitive reward. Yet some of these men were, relatively speaking, as outstanding as the open champions.

When the U.S. and Canadian Masters, plus the Australian veterans, visited Europe in 1972 the ball really began to roll. They had already made much progress themselves and they found that Britain too had some well established veteran clubs.

The meeting organised at Crystal Palace that year was a taste of things to come. British veterans responded magnificently and a new mood was in the air. Follow-up meetings took place in Finland and Germany, and the year ended on a high note for the veteran world.

Age-group competition had come to stay, and the surge of interest by mature athletes meant that at bigger meets the ten-year classes were split into five-year divisions.

Veterans in many parts of the world now had the structure they wanted. But what about the international scene? The impetus of 1972 had to be kept going. Following discussions between the Americans and Canadians Toronto evolved as the ideal venue

for the first Championships meeting. The Provincial Government and the Canadian National Exhibition supported the proposal with generous sponsorship and have since been augmented by several commercial sponsors.

So the stage was set, and after more than two years of hard work by the Canadians the entries began to pour in. At the July 1st closing date approximately 1,500 competitors from 40 to 90 years of age and from 30 countries had entered and were to be accompanied by no less than 1,000 non-participants— which is another feature of the over-40 world, the social side. As much attention is paid to this aspect of the movement as to the competition.

This issue of VETERIS previews the great occasion. We have tried to cover the Championships in some depth, and one or two regular features have been dropped to provide space. We hope that those who are not travelling will be able to capture some of the atmosphere which is building up in Toronto at this moment.

Our next issue will be a special review edition with in-depth results and photographs. The two issues together will be a permanent record of a memorable event.

All success then to the competitors and organisers of Toronto on this unique occasion—unique because the "too old at forty" brigade will not only be showing their mettle to the rest of the world but will be demonstrating how to compete *and* enjoy it.

*Photo, by permission of Ontario House, shows aerial view of Toronto's new communications tower. Built by Canadian National Railways at 1800', it is the world's tallest self-standing structure. It was "topped out" in April this year, and will be in full public use by early 1976. There is a revolving restaurant and an observation platform at the 1200' mark.*

# TORONTO WELCOMES THE WORLD'S MASTERS

By **DON FARQUHARSON**

Don Farquharson, *President Canadian Masters International Track Team. President World Masters Track & Field Championships 1975*



The reality of a World track and field championship for Masters will be a dream come true for so many of us and I am very proud that we, in Canada, can play such a vital part in this reality. On behalf of the members of the CMITT not only do I extend to everyone a most hearty welcome but I hasten to tell you that we in Canada find it hard to contain our excitement as we await the day of your arrival.

To date we have received entries, or indications, from thirty-one countries so that this will truly be a World Championships. Many of these Countries have not previously been heard from in Master Athletics.

To organize this mammoth undertaking we have a twelve man Committee, each one of whom is responsible for some facet of the meet and who reports to me or to Elwyn Davies (Vice President) or Ken Hignell (Treasurer). This Committee has worked hard and I am very proud of them.

Provided we have been informed of your arrival times in Toronto, you will be met, welcomed and transported to your accommodations. Here you will receive a plastic brief case containing a number of important items relating to your stay in Toronto, the meet itself and some mementoes of your visit. Please read them thoroughly. Included amongst them will be a pocket booklet which lists the day to day activities. Amongst these activities will be special events for early arrivals (orienteering, table tennis tournament, light track and field competition, etc) and full details of the competition week in which the opening day ceremonies will play a simple but moving part with the participation of as many of you as possible. Another similar event, which will take place earlier the same day (Wednesday 13th August), will be our participation in the opening day of the famous

Canadian National Exhibition to which all athletes and guests will receive tickets in their folders.

Pentathlon competition (Tuesday) and Saturday afternoon competition will be televised both live and programmed later on Wide World of Sports. In addition segments of the evening sessions will be taped and shown nationally, probably internationally, and publicity will be considerable. We are hoping that a quality film of the meet will be made.

Wind-up to the competition week, which will be graced by the appearance of many famous track personalities and regulated by a team of Canada's Olympic Officials, will be a gala banquet at one of Toronto's leading hotels. The following days however will continue to be filled with interesting things to see and do together with some competition in a lighter vein. Wives and families have not been forgotten.

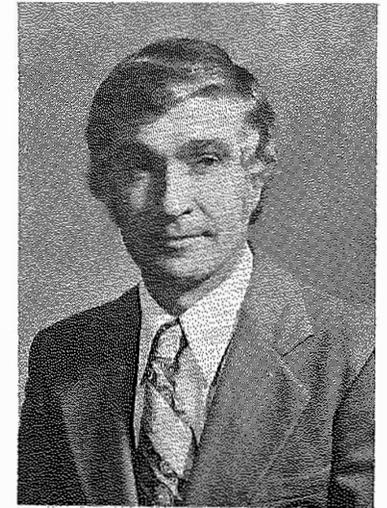
We are doing our utmost to make your visit to Toronto memorable. Most of all it will be an opportunity for meeting and forming lasting friendships with so many others of like interests because we hope that, whilst Toronto now appears to be a summit in Veteran track and field, in reality it will be the first in a series in which, every few years, we can renew these World wide acquaintances. To this end a full scale meeting will be held with the hope that a World Masters (Veterans) Organization can be formed. I hope that everyone will attend this ultra important gathering to see that his views are fairly represented. If formed, much of our future activity will be planned by this, our own body.

Once again, most sincerely, we look forward with impatience to Welcome you to the first World Masters track and field Championships in Toronto, August 1975.

# THE TOAST IS: 'SUCCESS TO THE VETERAN ATHLETES'

By **ELWYN DAVIES**

Elwyn Davies, *Vice Pres. Canadian Masters International Track Team - Vice Pres. World Masters Track & Field Championships 1975*



In one of the past issues of *Veteris*, an article was written by Hal Higdon (U.S.A.) headed, "Sociability and Running", which brought out the point that we must make room for everyone over forty years of age to participate and not just to cater for the elite. He made reference to me as being a disaster on the track but a delight in the pub. (I have started legal proceedings against Hal because I represent that remark!)

It appears that I am known all over the world as the "social nut", so as a result I have taken on the task of looking after the entertainment part of the World Championships. We are catering for not only the elite runners and Medal winners (who are diet-conscious anyway), but also for the beer-drinking, overweight marathoners like myself.

First of all I am planning an out-door barbecue, with beer (and softdrinks - oh! - oh!) at the conclusion of the Cross Country Race on Tuesday, August 12th. This will be something new for a great many visitors and I think you will enjoy this event. Secondly, I will be calling on a number of people from every country to take part in a large parade through the city of Toronto in conjunction with the

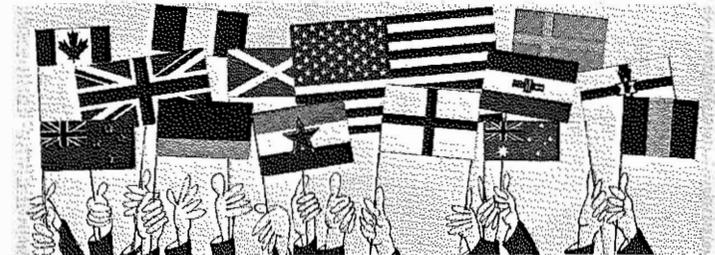
opening day ceremonies of the Canadian National Exhibition. I am having a large banner made with the name of each country thereon, and we will walk behind these respected banners in our track suits or uniform blazers if you have one.

A trip to Niagara Falls can be arranged (at your own expense) and information of this and other trips and places of interest will be given to you on arrival at Toronto.

After all the events are over, for those of you who are coming to the banquet, I have arranged a gala night, on Saturday August 16th. It will be a great windup for the week where presentation of team awards for the Marathon and Cross Country will take place. There will be dancing after the dinner and plenty of bars available (drinks at your own expense). The location of the banquet is at one of the most modern large hotels in Toronto opposite the New City Hall with accommodation for up to three thousand people.

I will close by saying that if you arrive in Toronto you will certainly enjoy yourselves, and I am sure you will remember your trip for many years to come.

Good Luck.



**2000 VETERAN  
ATHLETES  
COMPETING IN  
TORONTO**

**30 COUNTRIES  
REPRESENTED**

**25 FORMER  
OLYMPIANS  
AND WORLD  
RECORD  
HOLDERS TO  
APPEAR**

**PARADES,  
BANQUETS  
& BARBECUES  
SET THE  
SOCIAL  
SCENE...**

**BERNARD &  
MIMOUN...  
TWO FRENCH  
GREATS**

**Hal Connolly v's Harold Payne**

**LARGE ENTRY  
FROM OVER 70's**

**FOSTER V'S  
FOWLER**

## WORLD MASTERS TRACK & FIELD CHAMPS:

# PREVIEW

by Clive Shippen

August 11th to 17th sees the peak of the 1975 track season for masters and veterans the world over. It is not only the peak for this year, but an all-time peak in the brief history of the international veterans movement.

Who would have thought just four years ago that a world meeting of 1,500 veterans was possible in so short a time? If this is what happens in four years what will the next eight bring?

The Canadians, who have worked so hard to make the occasion an unforgettable one, and their generous sponsors, deserve all the success they can get for this courageous promotion—and no one doubts that they will get it. For how can such an occasion be anything other than successful when it features the top masters from the four corners of the earth? And if it seems to some that the fastest and strongest will be stealing all the glory then they couldn't be more wrong. Through adopting the now accepted five-year age groupings from 40 to 70 the organisers have not only made for themselves a heavy programme schedule, but they have ensured that all competitors will compete against their peers and there should be just as much excitement in the class 3 5,000 metres as in the Class 1.

In the entry list great names of the past abound. Olympic gold medallists Alain Mimoun (FRA), now 54, Hal Connolly (USA), 42, and Thane Baker (USA) 43 must head those names; but they are closely followed by former world-record holders Alby Thomas (AUS) 40 now in great form again, Dave Tork (USA) 40 pole-vaulting king of 1963, Arne Andersson (SWE) 57 the only man to have beaten the famous Gunder Hagg several times and who set a world mile record of 4:01.6 back in 1944! Other possible starters are Jamaica's Herb McKenley, now 51 and still revered by many, and Fortune Gordien (USA), 1948 and 1956 Olympic medallist in the discus, now in his fifties and in good form too.

The top two distance runners on current form, Jack Foster (NZ) 42 and Roy Fowler (GB) 40 were both experiencing difficulty in making the trip; their absence would rob the championships of an exciting contest. Another famous New Zealander was similarly placed, the former 3 miles record holder Bill Baillie—iron man of the Lydiard school. Bill's countryman Jim McDonald, who recently set a new steeplechase mark, is determined to be there. Jim has worked lots of overtime, and his wife took a job too, to ensure that he gets to Toronto.

No championships of this status would be complete without the Paynes, and both Howard and Rosemary will be competing for the first time since retiring from open international competition. We could indeed have the interesting prospect of a Payne

v Connolly hammer competition, with Bob Bakkus possibly making it even more interesting. And if the list of names already mentioned doesn't whet your appetite, how about the prospect of seeing the great Michel Bernard (FRA) in action again? Now 43, Bernard holds the veteran world mark for 1500m at 3:52.0. He and Mimoun are a formidable pair for the distance events, but France will be represented in the sprints too with Jean Kerebel (48), silver medallist in the 4 x 400 relay of 1948.

Other former Olympians likely to be participating are Henry Kupczyk (CAN) 42, formerly of Poland; Erich Krzyzcki (WG) 63 winner at Sao Paulo in 1951; Dave Jackson (USA) 44; Eric Shirley (GB) 43; Hari Chandra (MALAYSIA) 40; Karl MaKsimczyk (GB) 62, formerly of Poland; Dave Power (AUS) 47; Erik Ostbye (SWE) 53, that incredible marathoner; K. Joupila (FIN) 55 now veteran record holder for the discus; Payton Jordan (USA) 65 and Milt Wallace (CAN) 63.

### THE SPRINTS

The favourite must be Thane Baker (USA). Only he and Percy Knox (USA) broke 11 seconds last year and Thane has the competitive edge. There does not seem to be anyone to stop him in the 200 either. Unfortunately there are doubts about Britain's Ron Taylor making the trip, for he could well be the man to spring a surprise in both sprints. Ron's 22.3 British record at the Barnet Gala was bettered by himself the following week with a 22.2 clocking (not yet confirmed) which matches Baker's world mark. Jack Greenwood (USA) should have no difficulty in taking both 1B titles, but the class 2 races may well be the tightest of all. Not only are we likely to witness another epic between Payton Jordan and Al Guidet (USA) in both sprints but they could well find their countryman Beaudry snatching the longer event from them. The Americans should continue their domination into the Class 3 short sprint, though Jack Williams (GB) is a contender for the class 3A title, but in the 200m they are likely to lose out to Les Batt (GB) who is in hot form. No review of the short sprints would be complete without mention of those two rivals Duncan "Tartan Flash" Maclean (90) and Charlie Speechley (87). Odds must favour Duncan as Charlie seems to be doing more race-walking of late.

The 400 metres could be a cleansweep for Britain, though much depends on whether Mel Spence (JAM) will line up. World record-holder Jim Dixon (GB) is not entered and neither is his countryman Bill Lane, but that still leaves Fred Smith and Keith Whitaker who filled first two places in last year's U.S. Masters Champs and who follow Spence in the 1974 rankings with 51.0 and 52.0. Any threat to this supremacy is

# Preview

most likely to come from yet another Briton, Gerry LeRoy (40). Last year, at 39, Gerry clocked 50.3 and had little doubt that he would take Dixon's world record this year, but he is prone to muscle injuries. He lined up against Smith with a heavily strapped calf in June and had to drop out after 100 metres. Much depends on his fitness in August. Meantime, Tom Roberts of Australia will be hoping he has been overlooked. He has not yet really been pushed and his 53.5 best of last year belies his true potential. Should any of these fall by the wayside then home runners Roy Cowell and George Gluppe may just have enough inspiration to get amongst the medals. With Norm Windred (AUS) not appearing the 1B event should be open for any of Dawkins, Washington and Parker (USA) or possibly Brodie (AUS). The form of Kerebel (FRA) is unknown.

Hottest in the other divisions must be Al Guidet (USA) who is the most likely triple-medallist. His 2B time could well be faster than the 2A winner unless Rudi Valentine (USA), who has been in great form lately, decides to enter the 2A division. Russ Niblock (61) and Frank Sjostrand (62) seem to have the class 3 event to themselves these days and it is difficult to see Les Batt taking more than bronze.

## MIDDLE DISTANCES

The top five rankers of 1974 will all be appearing in the 800. Australia's Graham Wise will be endeavouring to retain or break his own world best mark of 1:56.9, but it is very likely that this very hot field will make it his toughest outing yet. 3.6 seconds covered the five last year, but running together at this level should see a new world mark and a close finish between Wise and Roberts (AUS), Ron Allen (GB), Pratt and Kupczyk (USA) and "dark-horse" Hari Chandra (Malaysia) who ran in the '56 Olympics and recently time-trialled 600 metres in 85 seconds.

In the class 2 800 Bill Fitzgerald stands out above all. Although Wal Sheppard (53), the Australian team manager and holder of the world mark at 2:05.1, has maintained his form so well over the years and should earn himself another medal in Toronto, there is little doubt that he will do so in the wake of the remarkable Fitzgerald who is very likely to slash the world best to sub-2 minutes. Class 3 should be the preserve of those very special masters Bud Deacon and Bill Andberg (USA).

The 1500 metres could produce the exciting prospect of seeing Michel Bernard (FRA) leading the fields as he used to. Holder of the world mark at 3:52.0 he should be the favourite, but not even Bernard could feel confident lining up alongside Alby Thomas (AUS) and Bill Baillie (NZ). These two are sure to be around the 3:55 mark and Bernard's recent 1500 form is unknown. Unfortunately, Baillie's presence is still uncertain. Should he not appear then Graham Wise should be in amongst the medals again with Brian Bulien (GB) another possible threat. In class 2, Jack Ryan (AUS) is another non-starter. He



Top: RON ALLEN (GB)—An 800 m medal?  
Bottom: GERRY LEROY (GB)—Muscle injuries could deprive him of 400 m record.

will probably be missing a silver medal as a result and very likely his world mark too—for this is the event for which Bill Fitzgerald is peaking and a sub 4:10 clocking is very likely. This will not frighten off Theo Orr (AUS) who seems to go on improving ad infinitum and is confident of bettering his 4:15 best of last year. Class 3 will see Bill Andberg (USA) fighting off a trio of Aussies, Dick Horsley, Merv Jenkinson and Stan Nichols, besides his old rival Bud Deacon. It will not be easy for him and sub 5 minutes will probably be needed to win this over-60's event.

## THE DISTANCES

The long awaited clash between Jack Foster (NZ) and Roy Fowler (GB) now seems unlikely. Both seem unable to raise the necessary funds and the odds on their appearing grow longer day by day. Their absence would be a great pity, particularly as that reaper of veteran awards, the diminutive Laurie O'Hara (GB), will also be a non-starter. Laurie's 10,000 mark this year of 30:21.0 was a life-time p.b. and he would certainly have shaken up the two favourites. But even if all three are absent an exciting contest should still ensue. The field will then be open for Mike Barratt (GB) and Ray Hatton (USA) who crossed swords many times in their younger days during English cross-country events. Their recent bests of 31:01 and 30:56 indicate a fast-run duel, and if Ken Harland (GB) regains his 1973 form in time, plus those flying scots Bill Stoddart and Alistair Wood—not forgetting former U.S. record-holder Hal Higdon—then an exciting race can still be expected. Furthermore, the 10,000 could produce an impressive show of depth with names like Alfons Ida (WG), Doyle, Taylor and Allen (CAN), Smartt (USA), Austin, Eadie and Hodkinson (GB) together with many marathoners using this race as a sharpener. Dave Power (AUS) must be a sure bet for the 1B award, but Pete Mundle (USA) will be striving to prove it wrong.

The big question covering the class 2 10,000 is, will Alain Mimoun be appearing? In 1972 he set the present record of 32:14 and followed this in 1973 with 32:36.2 but no times have come to hand since. If he lines up, then he will have to repeat that old form if he is to take the over-50 title because Jack Brown (GB) is also a semi-centurion now and his 10,000 time in April of 32:56.8 makes him the only other man in this age group to have beaten 33 minutes.

And so to class 2B where the great John Gilmour (AUS) is certain to appear. His main opposition will probably come from his fellow countryman George McGrath. John Wall (USA) is likely to be chased home in class 3 by any of Stan Nicholls (AUS), John Montoya (USA), John Farrell, Ed Wallace and Sam Lee (GB) or Milt Wallace (CAN). Current form of Bill Andberg and Norm Bright is unknown, but if Kruzycki (GER) and Jensen (SWE) appear then the form book will be upside down anyway.

The 5,000 metres should see some real power running. Michel Bernard is likely to double up here with the 1500 but so may Alby Thomas! As these two fight out the honours for a second time with the prospect of clipping Bernard's record of 14:10.2, a battle royal should be going on for the third place. Sub-15 minute men Mike Barratt, Ray Hatton and George Brown (GB) are certain to spearhead the remainder and could well carry each other through to surprise the favourites. And if he regains his form in time another Briton, Ken Harland, who headed the 1973 lists with 14:37.7 has every chance of being in at the finish. Once again Dave Power will be favourite for the 1B event.

The class 2 event will be lacking Jack Ryan (AUS)

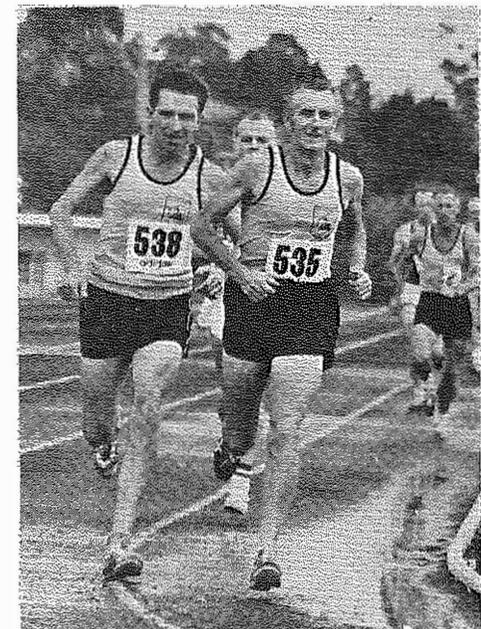
but his three home rivals of Theo Orr, John Gilmour and George McGrath will all be there. All three could duck under 16 minutes but British fans believe Jack Brown is capable of 15:30. That still leaves a possible Mimoun, and what is he capable of? Again, class 3 depends very much on the presence of Kruzycki and Jensen, but John Wall will be there for sure.

## STEEPLECHASE/HURDLES

The 3,000 metres steeplechase is frequently regarded as the cinderella event at many meetings, but not this one. The new record-holder, Jim Macdonald (NZ), is determined to show his paces at Toronto—particularly to the Aussie champ Doug Worling whose excellent 9:24.3 early this year was robbed of world best status by Macdonald's prodigious 9:16.6 a few days earlier. Worling, also, will be seeking amends and to show that times don't mean everything. Their main opposition is likely to come from that natural chaser Hal Higdon (USA) who held the world mark for 2 years at 9:36.2. He is quite capable of bettering this time if he concentrates on the event. Alonso (SPA) and Pystynen (FIN) are not expected but that still leaves several capable of breaking 10 mins—Smartt and Meyer (USA), Kupczyk (CAN), Barratt, Allen and Morrell (GB). Theo Orr (AUS) is the top class 2 steeplechaser.

High hurdler supreme is 48 years old Jack Greenwood (USA). Only the re-emergence of those other Americans Jackson and Fedla or an unknown newcomer is likely to threaten him. Rademaker will

Australian JOHN GILMOUR (535), now 55, will meet JACK BROWN (GB), 50, in the 2A/2B 5,000 m.



# Preview

give the rest a run for their money, and its Al Guidet again for class 2.

The intermediate hurdles has been made easier for Greenwood by the absence of three of Britain's leading hurdlers, Jim Dixon (the record holder), Tom Farrell (57.2) and the current British champion Bill Lane (57.7). However, Eric Shirley (ex-Olympic steeplechaser) will be there with a sub-57 in mind. Class 2? Who else but Al Guidet!

## THE JUMPS

The ability to spring high and long is an attribute which seems to fade quicker than most for the athlete. The jumps, for veterans, seem to score far fewer points on the decathlon points tables than other events. Now and again there are exceptions to this rule and the obvious one that comes to mind is the world record holder for the class 1 high jump, E. Nilsson (SWE) 2.05/6'8¾", set in 1966. Since then only the odd veteran has cleared the magical 6'-0"—Phil Mulkey (USA) in 1972 and B. Hescoock (USA) in 1974. But the stature of the event looks like rising again with the entry of Stig Pettersson (SWE). His recent 2.00m clearance was only 2" short of the record and it is possible that the large Swedish party will include other useful jumpers. Apart from the Swedes, this looks like being a North American capture.

The long jump will sadly miss decathlete Roy Williams (NZ) who was snapping at Dave Jackson's world mark a few months ago. Jackson (USA) will still have plenty to contend with from Shirley Davisson and P. Presber (USA). Taylor (GB) and Schaeffer (AUS) should be close up. In the class 2 event, N. Goff (AUS) could upset the American strength, but in class 3 Anders (USA) looks too consistent to go down—except perhaps to Bud Deacon.

The pole-vault has more variety. Canada's Roger Ruth, who holds the record at 4.60/15'-1", has settled down to the 14'-0" mark this last two seasons. His compatriot, Gerard Dumas, is good for 4.00/13'-1" and the ever-present Boo Morcom (USA), at 53, for even higher. This event will also see Rhodesia's Val Lunn (44) over 12'-0", probably in company with some other Americans. But all eyes will be on Pentti Nikula of Finland who held his national record of 16'-5" until as recent as 1967.

The triple jump is likely to be contested as a second, third or even fourth string event. No recognised triple jumpers come to mind, so it will be the long jumpers and decathletes getting amongst the medals. Jackson, Ruth and Deacon are the probables.

## THE THROWS

This is the field where masters truly are masters. The strength and technique of earlier years stay longer and we have athletes like Payne, Connolly, Gordien, Ker, Joupila, Kopitas and Held still throwing magnificently. And all of those aforementioned gentlemen are likely to be at Toronto. It is worth

going just to see the throws. Gordien and Ker are both over 50 now and have been having terrific tussles in the discus. Ker (52) twice upped his U.S. age record to 152'-3" this year, only to see Gordien (52) set a new 52 years old mark of 160'-9" with his final throw against Ker! But if these two meet Joupila, the fireworks will surely fly, for the Finn holds the over-50 world mark at 178'-0", and when he set it two years ago Gordien was only 3" behind. And if it seems surprising that the principal discus contenders are in their fifties, it is almost staggering to learn that Konstanty Maksimczyk (GB), formerly of Poland, is 60 years of age and right up close too. He is unassailable in class 3 and could surprise even in class 2.

In the hammer, a Howard Payne (GB) versus Hal Connolly (USA) contest excites the imagination. Payne was well ahead in the rankings last year but has since retired from open international competition so it would be unreasonable to expect throws in the 70 metres (230 ft) region. More likely we will see throws from both men in the 58 metres (190 ft) zone. The rest of the opposition is difficult to assess. Bayer (GB), 170 ft, has now withdrawn, but if "Dinger" Bell and Alec Valentine can work another Navy trip as they did in New Zealand at the beginning of the year, then we could see a couple more balls around, the 160/170 ft mark. Anton Tesija (AUS) will be staying in his native Yugoslavia which will leave the class 3 event wide open.

The appearance of Kopitas (YUG) will be a real shot in the arm for the javelin throwers. His 224'-8" of 1973 was bettered last year by newcomer P. Conley (USA) with 227'-0"; but distances alone are not the answer and if these two can meet up with Bud Held, now almost 48 years old, a thrilling contest will result. Miller and Crane (USA) and Werner (CAN) could be a useful supporting cast. Morales (USA) should be out on his own in class 2 and Partridge (USA) similarly in class 3.

The mighty Les Mills (NZ) is pushing the shot out around 58 feet in Papua, New Guinea, and it seems likely that he will be doing so in Toronto as well. His principal opponent, Sid Clark (GB), is not travelling, which leaves McComas and Ker (USA) to hold off the rest and Maksimczyk again in class 3.

## PENTATHLON

There will be several accomplished decathletes competing in the Etobicoke stadium and they will undoubtedly be spreading their talents around the various events. Maurice Morrell (GB) has entered for no less than ten events, his best "double" being the unusual one of javelin and steeplechase. Joe Phillips (GB) is another useful all-rounder with a heavy schedule. Australia's Jim McGrath will probably tackle everything from shot to pole-vault and his countryman Rudi Hochreiter has an insatiable appetite for competition. The Americans have a batch of such animals, led by Bud Deacon. Just how much energy they feel they can spare for the pentathlon

prior to embarking on their heavy schedules is anyone's guess. Form too is difficult to assess and the event seems wide open. One thing is certain, the absence of the world's leading master decathlete, Roy Williams (NZ), will not only rob the pentathlon of colour but will sadly affect a whole range of other events as well.

## CROSS-COUNTRY

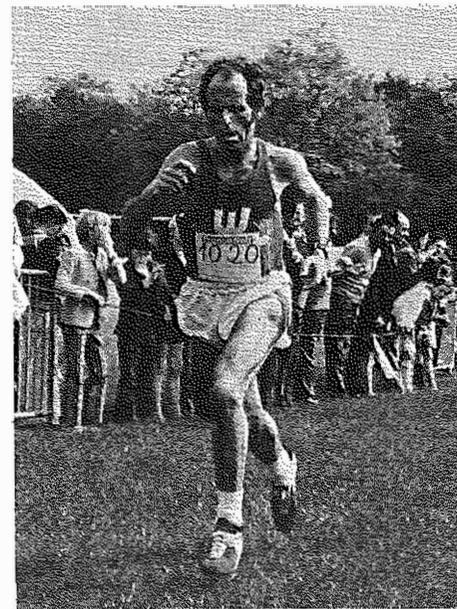
Cross-country is generally regarded as a British strength, but Sunnybrook Park in the track season could upset that premise. Very few runners will be going to Toronto just for the cross-country race but, nevertheless, it is likely to bring together a large proportion of runners from 1500 metres to the marathon. When the speedsters line up against the distance men in the summer, the former usually set a blistering pace and pray for the finish, while the stamina merchants hope they can make up the ground before they run out of ground. The nature of the course (10Km) and the weather will play a large part in deciding whether the race will go to a trackster or a roadster.

The race will be run in three sections and team awards contested. Much depends on the priorities of the runners but it would seem likely that Britain should take class 1, Australia class 2 and U.S.A. class 3.

## MARATHON

Few, if any, would dispute the supremacy of Jack Foster (NZ) at this distance, but with his arrival uncertain one must look elsewhere for a likely

ALFONS IDA (GFR) should be well placed in the distance events.



winner. Unfortunately, Alistair Wood (GB) the current veteran champion, is also a non-starter. Despite these set-backs to the organisers the marathon field is still very strong, with plenty of depth. Newcomer to the veteran ranks, Eric Austin (GB), could be the man to watch. Last year (at 39) he clocked 2:19:25 and this year, just weeks before his 40th birthday, he recorded an excellent 2:20:28. Canadians Arthur Taylor (48) and John Doyle (41) will certainly be amongst the front runners and can be expected to have an interesting tussle with the Finns M. Utriainen and B. Holmroos who finished 4th and 7th behind Wood in Paris. Another useful national pair are Belgium's Willy Vergison and Roger Monseur (2:24:37 last year), while Britain will have a supporting cast of Arthur Walsham (twice winner of the world title), Ken Hodkinson (2:27:18 last year), the irrepressible Ron Franklin, George Phipps, and Dave Case who recently ran 1:50:10 for 20 miles. Unfortunately Case has been suffering with back trouble since that '20' and there are long odds against his being fit in time for August 16th. The American challenge could be led by any of the following:— Bill Gookin (the 1972 U.S. Masters Champion), Walt Reynaud, Pat Bastick, Bob Barbeck and Gerry Smartt. Don Cameron, New Zealand's ultra-distance specialist, and Britain's 24 hour record holder, Ron Bentley, will also be in contention.

At time of writing it looks like Austin for 1A and Taylor for 1B.

Class 2 also has a question mark, this time against Erik Ostbye (SWE). If he lines up he will surely be favourite. If he doesn't, then the race will be very

GERRY SMARTT (USA) might tackle the steeplechase as well as the distance.



Photo: Greg Meade

## Preview

open. Australians George McGrath (56) and John Gilmour (56) are obvious candidates, but Bob Pape (GB) will be seeking a win too. Nilsson and Nordstrom of Sweden are possible starters with a good chance, and Britain's favourite Tom Buckingham (57) will be renewing his recent tussles with his tour-leader Jack Fitzgerald (52) with both likely to be under 2:50. The Americans are well represented in this class too. Ed Almeida (52) has been in good form this year and in some books will start favourite. His 2:44:19 start to the season is ominous for his rivals, but it won't frighten his countryman John Walker (54) who ran 2:44:52 in the tough Las Vegas Marathon last February. The ever-consistent Jim McDonagh should be well up and the great Ted Corbitt will add to the race's stature.

Class 3 is likely to see the appearance of a quintet of highly respected Americans. Led by 68 years old Monty Montgomery (2:54:49 already this year) they include John Wall (62), Norm Bright (64), John Montoya (61) and Urban Miller (66). If Thedd Jensen (68) should be with the Swedish party then the Americans will be split, but there is one man who seems too hot to bother about splitting the opposition and that is Gordon Porteous (GB). The British contingent will be backing him for a win and will have Sam Lee in support.

The marathoners will find August 16th the longest day of their lives. The race is due to start at 7 a.m., so allowing good time for breakfast and travel some will be out of bed at 4.30 a.m. That evening the awards banquet will be held. Some say the race itself is just a warm-up for the rest of this marathon-like day!

## LATE FLASH



Photo: Christchurch Press

JACK FOSTER (right), ROY WILLIAMS, and BILL BAILLIE of New Zealand are definite starters in Toronto.

ROY FOWLER, Britain's distance star, and RON TAYLOR, sprint champion, will also be there - but no Alistair Wood or Bill Stoddart.

### THE WALKS

The 5,000m track walk is difficult to assess. In the absence of Gerhard Weidner (WG) it could be a straight fight between Roy Thorpe (GB) and Rudy Haluza (USA); with Canadian Alex Oakley and Aussies Logan Irwin and Peter Waddell leading the rest. This event is also likely to see the appearance of the U.S. Masters 'supremo', Bob Fine.

Thorpe should have no trouble in the 25Km road walk, but it is a great pity that Britain's great strength

in walking is unable to provide a representative supporting cast. The walks would have been all the richer for the presence of George Chaplin, Charlie Fogg, Ken Harding, John Eddershaw, Colin Young and Peter Markham. However, John Bromley (49) will be out to maintain his present good form and Dave McMullen (53) will be appearing in class 2 where he will be chasing the amazing Canadian Max Gould (58) who still represents Canada at full international level. Last year Gould recorded 4:57:52 for 50Km!

Australian Dick Horsley's bid for class 3 awards has suffered a blow through a recent operation which will leave him short of fitness for Toronto, but Britain's Bob Roberts is all set for taking the over-70 title at 5,000. Charlie Speechley (89) is also likely to tackle this one.

### WOMEN

The women's scene is rather sketchy at present. Generally, the movement is making good progress and numbers are increasing steadily. In the shorter track events we have the star prospect of seeing Maeve Kyle meeting Anne McKenzie over 100 and 400 metres. This Irish v South African contest is eagerly awaited but neither has yet confirmed their entry.

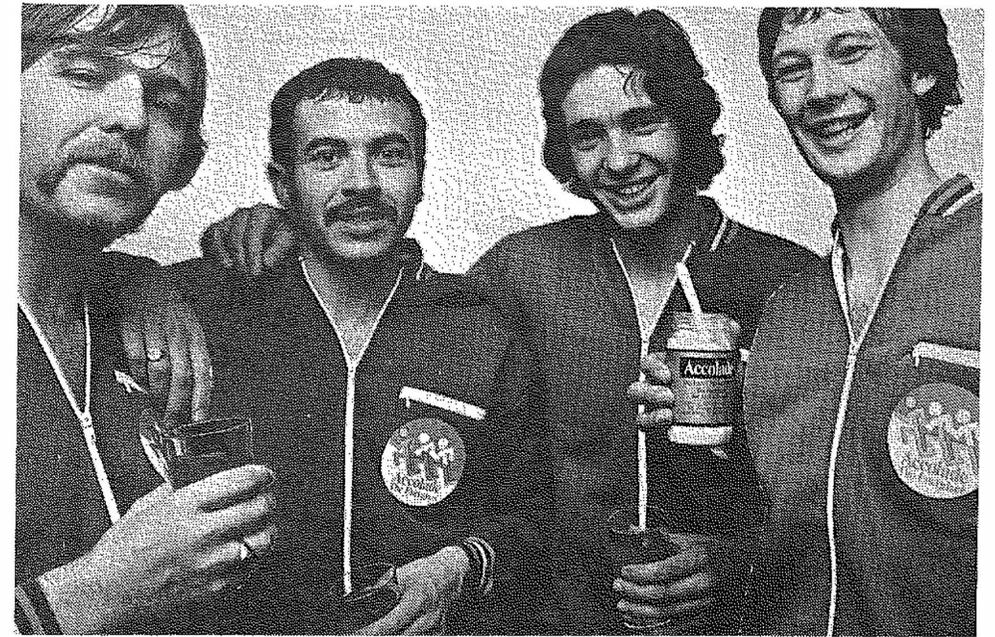
Rosemary Payne will be there, but with no field events on the programme she will feel hard done by. The events programme are 100, 400, 1500, 5000 and marathon.

Colleen Mills (NZ) wife of Les, will probably contest the 100 and 400. Annette Fathers (GB), ex-pentathlete and fiancée of Tom Buckingham, would probably shake up a few in the men's pentathlon, but will most likely settle for a brief excursion in the 100 metres.

It seems likely then that most of the women competitors will come from the United States and Canada. If the women marathoners support their event in strength then we have the prospect of seeing Mikki Gorman (now 40) repeating her 2:47:11 of last year followed by other sub-3 hours ladies such as Judy Ikenberry (32), Nina Kuscsik (36), Joan Ulyot (35) and Mary Paul (37). Others likely to travel are Ruth Anderson (46) and Catherine Smith (42).

As we go to press late entries are still arriving in Toronto. There will clearly be additions to and subtractions from the mass of names considered in this preview. The information we have to hand is limited but we have made every effort not to build up hopes unnecessarily. Indeed, it is our fervent hope that our readers will be pleasantly surprised at the additional "names" who will actually put in an appearance; we hope too that the competitors themselves will not feel put out at any lack of mention. When the World Masters Championships have become established as a regular and widely accepted event it should be that much easier to do a realistic preview.

In the meantime, it is necessary to make this year's event a huge success. If the 1,500 masters at these championships display the energy and enthusiasm that have marked previous international meetings, then Toronto will prove to be the success we all seek.



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# SUCCESS TO THE VETERAN ATHLETES OF THE WORLD

I.A.A.F. Bulletin 1975

As with most governing bodies the International Amateur Athletic Federation suffers from its fair share of criticism. But the occasion of the Toronto Games for Masters is an appropriate time to reproduce an article from the first I.A.A.F. Bulletin of 1975, headed "Veteran Athletics", which clearly shows that the Federation wishes its member nations to recognise and encourage masters/veterans.

Veterans' Athletics, the minimum age limit for which is now generally placed at 40 years of age, is a movement which has caught the imagination of sportsmen, not all of them former athletes, in many countries. Veterans' Associations, specifically designed to cater for the over 40's, are springing into being, and many Clubs, particularly in the Western Hemisphere, Oceania and Europe, are officially acknowledging the presence of Veteran athletes by creating a special section within the Club, by arranging fixtures specially for the "Vets" and by encouraging recruitment campaigns for sportsmen who long since considered themselves past the age of competing.

The presence of a movement which encourages men and women to continue to take exercise, to maintain a degree of fitness and to seek encouragement in these aims by meeting others of the same mind, cannot but be welcomed. In an age when it is not easy to escape the restricted life of the work in the office, the factory or the house, any society which takes Veteran athletics seriously - and it must not be forgotten that there are usually three categories - 40 to 50, 50 to 60 and 60 years and over - will undoubtedly notice the benefit of increased health of its population.

We mention Veteran athletics at this particular time, as many Members have written to us to enquire whether the meeting styled as the "World Masters Championships" to be held in 1975 in Toronto, Canada, from 12th to 17th August, constitutes a meeting which has the Permit and sanction of the I.A.A.F. Whilst the Council has not been requested to issue an official Permit under the provisions of

Rule 13, paragraph 3, we can however state that an assurance has been given by the Canadian Track & Field Association that this meeting, which aims to assemble together Veterans (Masters in the Western Hemisphere), from many countries and continents has the full sanction of the Canadian governing body, and will be conducted in accordance with I.A.A.F. Rules.

A Congress of the countries assembled in Toronto will be held to discuss the many questions concerned with Veteran Athletics. There has, for example, been a move to use lighter implements, to legislate more firmly for the age groups and to plan co-ordinated Veteran activities in the different Continents.

It is hoped therefore that National Federations will recognise and encourage the activities of Veteran athletes and plan for them wherever possible. It seems equally important to stress that the Veteran Associations which have been created should not look upon themselves as a race apart, but rather as a section of the national and international athletics community, for which rules and technical regulations already exist. The Canadian Organising Committee will, for example, insist that athletes competing in Toronto have the written approval of their National Governing Bodies (I.A.A.F. Rule 12, paragraph 5) for such approval certifies that the athlete is an amateur and is permitted to compete in the country concerned, this being regulation international procedure.

Every success therefore to the Veteran athletes of the world, and in particular to those who will be gathered together in Toronto for what will undoubtedly be the biggest ever international invitation meeting for Veterans.

## CROSS COUNTRY DETAILS

by John Young, Race Director

Having been fortunate enough to have run in a number of Veterans' Cross Country races from Finland to New Zealand (albeit towards the tail end of the pack), I have had the opportunity to study the features which go to make up a successful Cross Country Meet.

Thanks to the foresight of Metro Toronto Parks Commissioner, Tommy Thompson, a number of beautiful parks have been developed in Toronto. One of these is Sunnybrook, in which we have laid out a 10,000 metre course.

The race will be run in sections, probably three, - (1A & 1B), (2A & 2B), (3A, 3B & 4). This

will be finalized when we know the full entry. They will be run at intervals of 1¼ hours commencing at 5.00 p.m.

The start (Point A) is located on the flat open field of a high plateau and runs straight for 800 metres before making an anti-clockwise circuit of the plateau, all in open field in order to spread the runners. At Point B (2,000 metres), the course enters a woods and takes a narrow downward path for 200 metres with a sharp left turn at the bottom, on to open field again. After a short undulation and a road crossing, the course continues on a broad wood-chip and earthen path to make a right turn over

a wooden bridge (Point C) spanning an arm of the Don River.

Once again the course twists across an open grassy area, this time with two short sharp rises before entering a narrow wooded trail (Point D) with another short uphill and downhill. This brings us to an oxbow in the river (Point E) which we cross diagonally, about 30 metres of water. If it rains, anyone under 5'6" needs a swimming certificate. Distance to this point is 4,000 metres.

Shortly after emerging from the water, the course recrosses the road and, after a short flat section, reaches the largest hill on the course (Point F), which rises back up to the plateau. On the first lap, a sharp left turn here sends the field across the lower corner of the field to enter the second loop at Point B, at this stage the half way mark. The previously described section Point B to top of hill "F" is repeated and now, at 7,500 metres, the course swings East across the field and enters a twisting, undulating, narrow (two runners) trail at "G" into the woods for

about 700 metres. Emerging, (Point H) it swings South across open field before turning West (Point J) 400 metres from the finish (K).

All entrants should have received a course map by the time of this publication. With the brief exception of road crossings, the course is suitable for spikes or, of course, flat shoes. Results will be tabulated by two independent systems, manual and computer, further backed up by video-taped finish. Because of this, we regret that only official entrants may run. The system and numbers for National Team scoring for both overall and age classes will be determined after the closing date, and entrants will be informed. There will be no upper limit on the size of the team.

Immediately after showers, following the final race, there will be a complimentary Barbecue with drinks for runners and guests alike and a great time will be had by all.

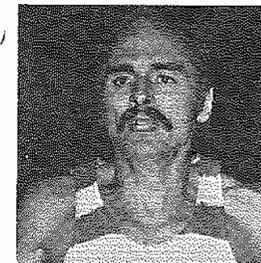
Meantime, good luck with your training and keep clear of pulled muscles, heel spurs and the usual agonies of all runners.

When you have studied the 1974 rankings, read the preview, heard who is and who is not coming after all, you will probably find it difficult to decide what sort of standard will be needed to make the finals. Until they line up on the day no one can be sure who the participants will be. Of one thing we can be certain—around 2000 competitors of some shape or form will be present. As he is responsible for compiling our best performance lists we decided that JOHN HAYWARD was the best man to put his head on the chopping block and answer the question of those who ask

## What standard for the first eight?

by John Hayward

Veterin statistician JOHN HAYWARD (46) is himself an 800 m specialist with a best time at age 44 of 2:03.



Event	1A	1B	2A	2B	3A	3B
100	11.6	12.0	12.4	13.0	13.5	14.0
200	23.8	24.6	25.9	26.9	28.9	29.8
400	53.8	55.5	58.5	59.6	64.0	69.0
800	2:01.0	2:05.0	2:17.5	2:21.0	2:30.0	2:45.0
1500	4:06.0	4:20.0	4:48.0	5:04.0	5:32.0	5:55.0
3000	9:20.0	9:50.0	10:20.0	10:40.0	11:40.0	12:30.0
5000	15:20.0	16:00.0	16:50.0	17:50.0	19:20.0	20:30.0
10000	32:50.0	34:40.0	36:40.0	38:00.0	41:00.0	43:00.0
110H	17.5	18.5	18.5	19.00	—	—
400H	61.5	62.5	67.0	69.5	—	—
3000SC	10:10.0	10:50.0	11:30.0	12:30.0	—	—
HJ	5'-4"	5'-2"	4'-7"	4'-4"	4'-3"	4'-0"
LJ	19'-6"	18'-0"	16'-3"	15'-0"	14'-0"	13'-0"
TJ	40'-0"	39'-0"	34'-0"	30'-0"	28'-0"	26'-6"
PV	11'-9"	11'-3"	10'-0"	9'-3"	—	—
S	47'-0"	41'-6"	40'-0"	37'-0"	41'-0"	38'-0"
D	145'-0"	130'-0"	130'-0"	120'-0"	115'-0"	105'-0"
J	160'-0"	146'-0"	132'-0"	115'-0"	115'-0"	98'-0"
H	158'-0"	142'-0"	125'-0"	110'-0"	105'-0"	80'-0"
5K walk	25:00	27:30	30:00	35:00	44:00	49:30.0
25Km walk	2:48.0	2:58.0	3:15.0	3:45.0	4:25.0	4:55.0
Marathon	2:35.0	2:52.0	3:05.0	3:20.0	3:55.0	4:30.0

# PROGRAMME OF EVENTS

(subject to change if necessary):



**Tuesday, August 12th, 1975.**  
**ETOBICOKE STADIUM, TORONTO**  
**PENTATHLON**—Classes 1A, 1B, 2A, 2B, 3A, 3B.  
 comprises:  
 Discus, Long Jump, 200 metres, Javelin, 1500 metres.  
 9.00 a.m. Classes 2B, 3A, 3B  
 1.00 p.m. Classes 1A, 1B, 2A

**Tuesday, August 12th, 1975.**  
**SUNNYBROOK PARK, TORONTO**  
 6.00 p.m. Classes 1A, 1B, 2A, 2B, 3A, 3B and 4.  
 10,000 metres Cross Country Race two  
 5000 metre loops TO BE RUN IN  
**THREE SECTIONS**

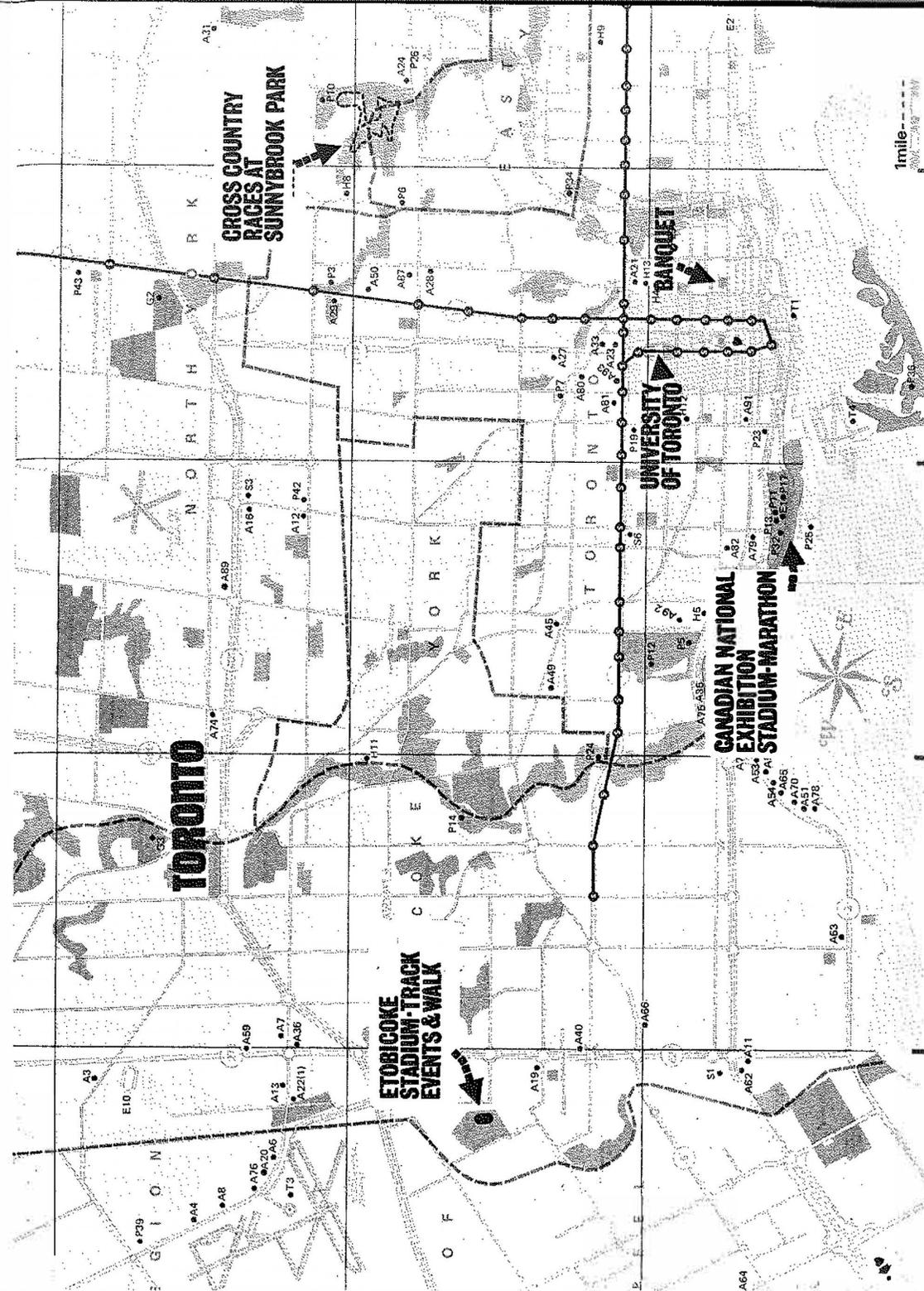
**Wednesday, August 13th, 1975.**  
**ETOBICOKE STADIUM, TORONTO**  
 5.30 p.m. **OPENING CEREMONIES** All Classes  
 6.00 p.m. 100 metres Heats All Classes  
 High Jump 1A, 1B, 2A  
 110 metres Hurdles All Classes  
 3000 metres (flat) 1st Section  
 100 metres semi-final All Classes  
 Discus All Classes  
 3000 metres (flat) 2nd Section  
 5000 metres Walk All Classes  
 400 metres Heats All Classes  
 3000 metres (flat) 3rd Section

**Thursday, August 14th, 1975.**  
**ETOBICOKE STADIUM, TORONTO**  
 6.00 p.m. 10000 metres Classes 2A, 2B, 3A, 3B  
 800 metres semi-final Divided as necessary  
 800 metres semi-final  
 10000 metres Classes 1A & 1B slower than selected time to be announced—possibly 35 minutes.  
 800 metres semi-final  
 800 metres semi-final  
 10000 metres Classes 1A & 1B—Fast Times  
 800 metres semi-final All Classes  
 Pole Vault All Classes  
 800 metres semi-final  
 10000 metres Sub Masters  
 High Jump 2B, 3A, 3B  
 Shot Put All Classes

**Friday, August 15th, 1975.**  
**ETOBICOKE STADIUM, TORONTO**  
 6.00 p.m. 400 metres Hurdles  
 Final All Classes  
 200 metres Heats All Classes  
 800 metres Final All Classes  
 3000 metres S/C Final 1st Section  
 Long Jump All Classes  
 200 metres Semi-final All Classes  
 3000 metres S/C Final 2nd Section  
 Javelin All Classes  
 100 metres Final All Classes  
 3000 metres S/C Final 3rd Section  
 400 metres Semi-final All Classes  
 1500 metres Heats All Classes

**Saturday, August 16th, 1975.**  
**CANADIAN NATIONAL EXHIBITION STADIUM, TORONTO**  
 7.00 a.m. Marathon Race—26 miles 385 yards (42,195 metres)  
 9.00 a.m. **ETOBICOKE STADIUM, TORONTO**  
 25km Road Walk  
 1.00 p.m. 200 metres Finals  
 5000 metres Finals  
 Classes 3A, 3B, 4 and Women  
 Class 1A  
 Classes 2A & 2B  
 Class 1B  
 1500 metres Final  
 5000 metres Final  
 Classes 1A & 1B—Slower than selected time—to be announced; possibly 16 minutes.  
 Classes 2A & 2B  
 1500 metres Final  
 400 metres Finals  
 5000 metres Final  
 Classes 1A & 1B—Fast times  
 Classes 3A, 3B, 4 and Women  
 National Relays  
 National Relays  
 Special National Relays

**CLOSING CEREMONIES** MOSS PARK ARMOURIES  
 8.00 p.m. **BANQUET** TORONTO  
 Queen St. E. at Jarvis St.



# World news and results

## Australia

Wal Sheppard, Secretary of the Australian Veterans, writes:—

"Australian athletes are looking forward with keen anticipation to the World Masters in Toronto. The opportunity to test themselves in competition against participants from many nations is an exciting prospect. Apart from friendly competition on the track there is the probability of the formation of a world organisation to co-ordinate and regulate our activities. In view of our recent growth and the great potential for future expansion such a move is necessary.

An important aspect of future planning relates to the desirability of allowing any veteran athlete to compete. The aim, in Australia, is to involve as many

over 40 people as possible in gainful exercise. How this can be achieved without making a meet so unwieldy as to be a nightmare to the organisers is something to consider.

If this aim is not pursued, international meets could become elitist, which I feel sure would be detrimental in the long term. Although the phenomenal performances being accomplished by our top athletes can gain us favourable publicity, the performances could at the same time "turn off" some would-be participants who could well feel they would be out of place in the same field as the champion.

Happily the Canadian organisers have been able to offer their hospitality to all comers and Australians look forward to meeting old and new friends at Toronto. Our thanks to Don Farquharson and company".

## AUSTRALIAN BEST PERFORMERS FOR 1975 by Mike Sheehan

Class 1	
<b>100m</b>	
11.5	L. Snelling (41) (29/3/75)
11.7	N. Fletcher (41) (29/3/75)
<b>400m</b>	
52.4	T. Roberts (40) (29/3/75)
53.8	L. Snelling (44) (8/3/75)
54.0	M. Carr (42) (22/2/75)
54.4	N. Fletcher (42) (11/4/75)
<b>800m</b>	
2:03.0	D. Worling (40) (13/4/75)
2:03.5	N. Winred (46) (11/1/75)
2:04.0	G. Storer (40) (2/2/75)
2:06.5	I. Hassal (40) (11/1/75)
<b>10,000m</b>	
31:00.8	A. Thomas (40) (30/3/75)
31:50.0	D. Power (46) (13/4/75)
31:57.0	J. Patterson (40) (13/4/75)
33:03.4	N. Cleverly (40) (30/3/75)
33:04.0	G. Hicks (42) (14/1/75)
33:13.2	D. Bowers (40) (30/3/75)
33:16.0	K. Michell (40) (30/3/75)
33:27.0	P. Piper (47) (13/4/75)
<b>110mH</b>	
16.4	L. Schaefer (44) (29/3/75)
17.6	J. McGrath (43) (9/11/74)
<b>Javelin</b>	
41:32	R. Hochreiter (48) (18/1/75)

<b>200m</b>	
24.1	N. Fletcher (41) (13/4/75)
24.2	E. Eden (44) (9/2/75)
24.2	L. Snelling (44) (30/3/75)
<b>1,500m</b>	
3:55.4	A. Thomas (40) (29/3/75)
3:58.0	G. Wise (40) (29/3/75)
4:02.2	T. Roberts (40) (18/1/75)
4:05.3	D. Worling (40) (29/3/75)
<b>5,000m</b>	
14:50.8	A. Thomas (40) (29/3/75)
15:17.8	N. Cleverly (40) (11/4/75)
15:25.0	J. Patterson (40) (6/3/75)
15:53	P. Piper (47) (11/4/75)
15:54.9	G. Hicks (42) (14/1/75)
15:56.0	D. Bowers (40) (29/3/75)
15:59.4	H. VanWijnngaarden (40) (29/3/75)
<b>3000m S/Chase</b>	
9:24.3	D. Worling (40) (22/2/75)
10:01.2	H. VanWijnngaarden (40) (30/3/75)
10:06	J. McClean (40) (30/3/75)
10:10	T. Nailer (40) (30/3/75)
10:22	I. Hassal (40) (4/1/75)
10:36	D. Elliot (40) (30/3/75)
10:37	J. Patterson (40) (8/2/75)
<b>400mH</b>	
60.5	N. Fletcher (41) (13/4/75)
61.6	D. Brodie (46) (11/1/75)

<b>Long Jump</b>	
5.71	L. Schaefer (44) (29/3/75)
5.54	A. Stevens (40) (29/3/75)
<b>Shot</b>	
12.4	A. Ropelin (41) (12/4/75)
<b>Triple Jump</b>	
12.75	L. Schaefer (44) (30/3/75)
12.19	A. Stevens (40) (30/3/75)
12.12	J. Sturzaker (41) (12/10/75)
11.13	J. Waller (41) (13/4/75)
<b>Hammer</b>	
48.02	D. Leadbetter (40) (30/3/75)
40.88	A. Gordon (45) (30/3/75)
<b>Pole Vault</b>	
3.35	G. Brown (46) (2/2/75)
3.20	L. Schaefer (44) (29/3/75)
<b>Class 2</b>	
<b>100m</b>	
12.2	J. Tennant (51) (15/3/75)
12.5	R. McRae (50) (29/3/75)
12.7	R. Clarke (50) (29/3/75)
<b>200m</b>	
26.5	R. Clarke (50) (1/2/75)
<b>400m</b>	
50.0	R. McRae (50) (29/3/75)
58.3	R. Clarke (50) (29/3/75)
59.4	J. Stevens (55) (29/3/75)

As the last Australian track and field season bridged the years 1974 and 1975, only some of the leading marks made the 1974 rankings elsewhere in this issue. Those marks made between 1st January and 15th April 1975 (the end of the season) are listed below and should be read in conjunction with the 1974 rankings for a true guide to Australian form.

<b>1,500m</b>	
4:25.5	T. Orr (51) (29/3/75)
4:26.3	J. Pennington (52) (29/3/75)
4:40.4	R. Clarke (50) (1/3/75)
4:42.2	K. Routley (50) (29/3/75)

<b>10,000m</b>	
34:43.5	T. Orr (50) (30/3/75)
34:48.0	G. McGrath (55) (13/4/75)
35:25.1	K. Routley (50) (30/3/75)
35:47.9	W. Beames (52) (30/3/75)
36:58.0	F. Warnock (54) (13/4/75)
37:04.0	W. Caudle (53) (13/4/75)

<b>800m</b>	
2:06.7	R. McRae (50) (30/3/75)
2:11.9	J. Gilmour (55) (11/1/75)
2:13.4	R. Clarke (50) (22/2/75)
2:15.3	J. Pennington (52) (30/3/75)
2:18.7	W. Caudle (53) (22/2/75)
2:19.9	J. Stevens (55) (30/3/75)

<b>6,000m</b>	
16:02.4	G. McGrath (55) (11/4/75)
16:11.0	T. Orr (51) (29/3/75)
17:11.6	K. Routley (50) (29/3/75)
17:21.9	W. Beames (52) (29/3/75)
17:38.0	F. Warnock (54) (11/4/75)
18.10	W. Caudle (50) (11/4/75)
18.30	R. Clarke (50) (29/3/75)

<b>High Jump</b>	
1.55	G. Bartlett (50) (30/3/75)

<b>Triple Jump</b>	
11.30	N. Goff (53) (30/3/75)

<b>Discus</b>	
38.54	A. Pavulins (50) (30/3/75)

<b>Javelin</b>	
47.42	A. Pavulins (50) (29/3/75)
45.48	D. Frawley (50) (15/3/75)

<b>Hammer</b>	
43.26	D. Frawley (50) (16/2/75)
39.4	A. Pavulins (50) (30/3/75)
36.88	F. Foley (50) (30/3/75)

<b>Long Jump</b>	
5.37	G. Bartlett (50) (29/3/75)
5.16	D. Frawley (50) (29/3/75)
4.98	H. Logan (50) (29/3/75)

<b>Class 3</b>	
<b>100m</b>	
14.2	V. Pye (62) (29/3/75)

<b>400m</b>	
62.2	G. Buck (50) (15/2/75)

<b>5,000m</b>	
18.25	G. Buck (60) (6/3/75)
18.55	A. Tovey (61) (29/3/75)
19.19	M. Jenkinson (66) (9/2/75)
19.43	S. Hesketh (69) (11/4/75)

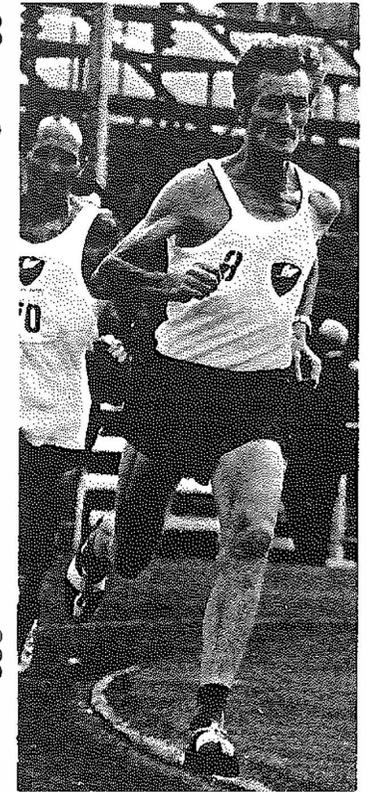
<b>3,000m flat</b>	
10:55.0	S. Nicholls (63)

<b>200m</b>	
28.8	G. Buck (60) (9/2/75)
29.3	A. Digance (60) (30/3/75)

<b>800m</b>	
2:25.0	S. Nicholls (63) (22/3/75)
2:30.4	D. Horsley (62) (29/1/75)

<b>10,000m</b>	
38:28	S. Nicholls (63) (31/8/75)
39:07	A. Tovey (61) (30/3/75)
41:20	S. Hesketh (69) (13/4/75)

Photo: Frank McCaffrey  
JACK PENNINGTON (right) on the way to a 2:13 for 800 meters at the age of 51.



## TEAM NEWS by Jack Pennington

The following vets have bettered the International standards set for the Australian Veteran Team to compete in Toronto. (See Jan. 1975 'Veteris').

By sheer co-incidence the number totals exactly 100, which is the figure we predicted.

Of the total, 50 have committed themselves to travel.

The qualifiers who will travel are:—

**VICTORIA**  
(40-44) T. Roberts, G. Wise.  
(45-49) R. Hochreiter, M. O'Neil.  
(50-54) W. Sheppard, T. Orr, J. Pottage, G. Bartlett, J. Tennant, K. Routley, A. Pavulins.  
(50-59) J. Stevens.  
(60-64) S. Nicholls, G. Barling, F. Barry-Brown, W. Turiale, A. Smith.  
(65-69) R. Barlow, G. Simpson.  
(70+) G. Theobald.

**N.S.W.**  
(40-44) I. Hassall, L. Schaefer, J. McGrath, J. Sturzaker, T. Mullins, L. Irwin, A. Thomas.

(45-49) D. Brodie, R. Nash, N. Fletcher, D. Power, D. Worling.  
(55-59) G. McGrath.  
(69 yrs) S. Hesketh.

**SOUTH AUSSIE**  
(50-54) R. Clarke, N. Barnes.  
(40-44) D. Paul.  
(55-59) A. Lampard.

**WEST AUSSIE**  
(50-54) N. Goff, C. Junner, J. Smith.  
(55-59) J. Gilmour, C. Bould.  
(60-64) D. Horsley, J. Collins.

**QUEENSLAND**  
(40-44) E. Eden, J. Patterson.  
(50-54) D. Frawley, W. Kirby.  
(65-69) M. Jenkinson.

**A.C.T.**  
(40-44) P. Waddell.  
(50-54) J. Pennington.

The following did not reach qualifying standard but have entered as individuals:

Ed Gamble, J. Willis, T. Robbins, A. Smith, L. Dellar, N. Anderson, F. Bonecker, K. Hall, R. Narbet,

# WORLD NEWS & RESULTS

J. Visser, P. Dalwood, W. Kirkwood, A. Gottschalk, P. Barnes, D. McKennery, G. Freeman, F. O'Rourke, K. Mitchell, J. Webb, F. Devlin, W. Salisbury, A. Semple, G. Cavill.

Qualifiers who are not travelling to Toronto are:—  
H. Van Wijngaarden, J. McClean, D. Bowers, P. Clohessy, T. Kelly, G. Warren, I. Mancs, B. Sawyer, K. Lodge, G. Goodacre, H. Wynhoven, A. Pryer, R. McRae, J. Ryan, R. Foley, H. Logan, V. Pye, B. Tovey, F. Howe, J. Waller, D. Williams, N. Cleverly, N. Winred, J. Daly, P. Piper, A. Dofel, R. Payne, V. Townsend, H. Batterham, L. Snelling, G. Hicks, T. Nailer, R. Leedham, G. Parkinson, E. Folland, D. Leadbetter, J. Liascos, T. Crossing, G. Parkinson, R. O'Neil, A. Gordon, W. Caudle, W. Beames, P. Barnes, A. Digance, J. Webber, D. Carr, G. Storer, A. Ropelin, G. Brown, G. Buck, W. Stubbings.

The Australian Veterans Association Delegate meeting recently re-appointed Wal Sheppard as Hon. Secretary and Manager of the Team for Toronto. Logan Irwin was appointed Team Captain.

The Vice Presidents remain—Jack Pennington (Snr), Cliff Bould and Al Digance.

The setting up of an emergency fund for the team was confirmed, the trustees being Ron O'Neil and Alex Lumpard of South Australia. Many of our members, by virtue of their age and retirement, are in need of help and we are concerned to help our World best performers through this fund.

On June 1st JOHN GILMOUR (55) ran ten miles in 1:55:13. Two weeks earlier he had clocked 1:13:54 for a half marathon. He is obviously in good form for Toronto.

CLIFF BOULD (59) will be at Toronto but not competing. Only just recovering from his recent illness, Cliff has now moved up to three miles jogging per day but will keep a low profile for some time yet.

West Australian DICK HORSLEY is another to have had medical attention recently. Dick, who has world-best over-60 walking marks to his credit, has just had a gall-stone operation and is unlikely to be at his best in Toronto.

GEORGE McGRATH (55) is indestructible. His remarkable three day performance last April of 5,000m (16:02), marathon (2:45:00) and 10,000 (34:48) was reported in May's VETERIS. Apparently, he had an "easy" the following week—just a half marathon! Whatever the distance, it's all done with a smile. His latest exploit was second place in the N.S.W. Club 10 Km C.C. Championship, 3½ minutes ahead of the next class 2 runner.

RESULT: 1. Peter Piper 48 34:56  
2. George McGrath 55 35:04  
3. Tony Visalli 41 35:53

It is unfortunate that JACK RYAN (53) will not be in Toronto. Currently the world's fastest over-50 at 1500m and 5000m, Jack would have added lustre

20

to the Toronto events. He has only a brief athletic history. In 1968 he read Dr. Kenneth Cooper's "Aerobics" and, with his wife and five youngsters took to bush-walking, cross-country skiing and jogging. Not until 1973 did he dip his toe into athletic competitions with 1500m (4:48.0) and 5,000m (17:36). Just two years later he has bests of 800m (2:07.8), 1500m (4:14.6), 5,000m (15:54.0). But, despite the attractions of Toronto he prefers to plan a family holiday for the snows of Norway and Sweden 1976/77. A few Norwegian cross-country skiers are obviously in for a shock.

Our correspondent JACK PENNINGTON (54) will be at Toronto and should be ideally placed to see how the front runners operate in the class 2 events. Jack had an article featured in the April edition of Runners World extolling the virtues of speed training for the veteran athlete. Jack puts his class 2 form down to daily sprint sessions and claims that a mileage of only 25 miles a week with this sort of training reaps better results than the conventional 50 to 60 miles of steady running. He recently took to orienteering and has now got his time down from four hours to two hours, which means that women no longer beat him! Success is catching, and he is now hooked on this new sport.

ROWLY FERRIS writes from South Australia:—

In the May edition the photograph on page 28 of Dual Champion Lloyd Snelling winning the 100 metres in the Australian Vets Championship at Easter was credited as being taken by Rowly Ferris—the photo was taken by Roger Frisby who loaned the negative to Rowly to obtain a copy—apologies to Roger. Roger is a 26 year old supporter of the Vets movement and is very keen to see his father re-instated. His Dad competed in a couple of "Pro" races when a youngster, didn't win a cent and has been barred ever since. He is as fit as a fiddle, trains regularly and would be an asset to the Vets movement but cannot get his re-instatement—still trying.

Honorary Membership of the SA Vets A.A.C. has been extended to "Olympic Park" Technical Manager Herb Lowe, and one of Adelaide's best known coaches, Len Barnes, for services to Athletics. 1975/76 Officials elected at AGM—President: Lloyd Snelling, Vice President: Al Digance, Secretary: Rowly Ferris, Treasurer: Des Paul, Committee: Brian Fiegert, Terry Nailer, Rex Leedham.

Vets Club have "Host Day" on September 27th, events Senior 10 mile and 5 mile, Junior and Sub-Junior 3 mile, under 15's 2 mile. Anyone visiting Adelaide September 27th contact Rowly Ferris for details—welcome extended. (44, Edwards Street, Brighton, S. Australia 5048).

# Canada

With so many Canadians involved in the organisation of the Toronto meeting it is not surprising that news and results are scant. It is doubtful whether any of them are finding the time to fit in races and training!

Scores of masters are involved in the organisation, but the controlling committee for the Championships are as follows:

Don Farquharson, Chairman; Elwyn Davies, vice-chairman; Ken Hignell, secretary-treasurer.

The General Committee (each member heads a sub-committee) Bill Cameron will organize transport within Toronto; Ralph Lang is a "Minister without Portfolio" who assists all across the board; John Young is in charge of Cross-Country; Lorne Buck will arrange the Marathon; Jim Murphy will handle Welcoming and Hospitality; Doug Bennett will see to



JOHN DOYLE

May 18  
Livonia, Michigan Masters Meet  
5000  
1. J. Doyle (lapped field) 16:15  
W. Hewitt 50+ 18:26  
1500 (Over 50)  
W. Hewitt 5:07

April 13th  
Simon Fraser University  
100: Charles Dillon (59) 12.8  
200: Charles Dillon (59) 26.6

April 26th  
Kitchener 6 Miles Road Race  
1. Arthur Taylor 48 33.28  
2. Bob Bowman 43 34.07  
3. Bruce Wallace 40 36.38  
4. Doug Wolfe 44 38.00  
5. Alan Scott (Sweden) 48 38.49  
6. Pat Hall 40 40.52  
7. Gordon Boyd 43 41.12  
8. Don Farquharson 50 41.23  
9. Kurt Boese 40 42.20

May 2nd  
Thompson Park 3000m CC/Road  
Bob Bowman 9.52  
Bill Allen 9.54  
Cliff Hall 10.03  
George Milne 10.15  
Lorne Buck 10.30  
John Masil 11.19  
Alastair Lynn 11.30  
Gordon Boyd 11.35  
Don Farquharson 11.51  
Elwyn Davies 12.01  
Glenn Holmes 13.51  
John Young 14.47  
Miles Hicklin 15.42

May 11th  
MTRRA Marathon  
Dave Milne MTFC 44 3:08.05  
Art Rappich MTFC 42 3:09.06  
Brian Oxley MTFC 42 3:11.17

MTRRA Half Marathon  
Bill Allen Napanee 43 72.08  
Cliff Hall MRFC 49 74.08  
Bob Lazenby KWTC 42 74.54  
Bill Cameron unatt 49 83.11  
Ralph Lang MTFC 47 84.37  
Earl Crangle(SM) MTFC 39 84.47  
Cec Thorne unatt 41 88.05  
Ted Clark MTFC 55 91.36  
Ron Belton 42OshawaTC 92.05  
Bud McConnell MTFC 49 102.15

the sale and award of Tee Shirts, Badges and Programs; Brian Oxley will organize recreational and cultural interests during the period of the Championships; Shaun McQuillan will handle the considerable job of accommodation; John Watts and George Pattison will handle the language committee whilst the meet director, Canada's foremost, is Ken Twigg.

CHANGES AND ADDITIONS to the Toronto programme:

The 1500 metres (Women and Class 4 men) will be held on Friday evening, 15th August.

The men's hammer and triple jump will take place on Saturday 16th August.

John Doyle was the first Canadian master across the Boston finishing line on April 21st, recording 2:33:39 in 184th place. Jerry Gosner did 2:47:52.

May 24th  
L.G.R.R. International Marathon  
12. R. Gjessing LGRR 2:38:43.2  
18. D. Hambleton Vic F.Y. 2:42:37.2  
19. Stu Fall LGRR 2:42:42.4  
35. S. Baldry 50+ LGRR 2:57:11.8  
39. A. Bishay LGRR 2:59:14.4  
70. B. Henderson LGRR 3:23:20.6  
82. A. Milligan marc 3:36:43.2

May 31st  
Sherbrooke 2nd Half Marathon  
5. Ed Whitlock 44 78'10  
22. Art Vondette 40 85'56  
62. Lucien Brunel 59 95'29



Roy Cowell (41) beats George Gluppe (42) in Ontario Masters Indoor 400.

# New Zealand

John Drew writes from Christchurch

Jack Foster, Bill Baillie and Roy Williams cannot find the funds to go to Toronto, but there is still a chance that enough money will be raised for Foster. The Canadians are so keen to have him there that individual members of the Canadian Masters I.T.T. are chipping in what they can towards the fare. Meantime, the Macdonald twins—Jim the steeplechase record-holder and John the cross-country champion—are working hard to go, and their powerful local Olympic Club are pulling out all the stops to make sure they have enough dough.

Others making the trip will be the mighty tree-feller Norman Hawke, Don Cameron the ultra-distance record setter and the well-rated Rob Brown of the flowing white whiskers and the tall raking stride over 5,000 metres. Also, Arthur Grayburn and Bert O'Brien (Otago).

Les Mills the shot putter is at present in Papua, New Guinea, with the oil prospecting community. Unless they strike oil in the meantime, Les has every hope of being in Toronto.

In *New Zealand* the veteran movement is snowballing. There is expected to be a record entry of about 200 in the national veteran cross country champs at Wanganui on August 9; nearly twice last year's entries. These will be held in conjunction with the national open-grade champs. Everywhere you go, in changing rooms, at athletic meetings and in pubs afterwards, involved groups of veterans talk veteran running and prospects and prowess—almost more enthusiasm than among the open graders. In Canterbury about 20 to 25 per cent of all adult registered athletes this winter road and cross country season are veterans. If a team of veterans and open graders were to run a marathon here there is little doubt the older men who run this distance would win. Veterans competing this winter have almost doubled in this province which has the *largest* number of registered runners (more than a thousand) of any province in NZ.

There will be 260 open graders in July's big inter-provincial 'Jane Patterson' cross country race, which is an interclub event as well, and about 80 veterans in the veteran event over the same course, *double* last year's entry; and that with both Jim and John Macdonald required to run for their province and not in the veteran race.

Meantime, the new veterans and many of the long established are inclined to forget the man who master minded the establishment in NZ of long distance running for the over-40's. He is none other than the famous international coach Arthur Lydiard. Arthur has never lost his concern for men of his age (he is about 53) and is a coach who trains properly himself. Besides coaching the great internationals he coaches

boys as young as 10 and men of 60, including your correspondent. He is still a wise, shrewd and accurate adviser, and a dynamic motivator.

He is tough, and needs to be, because there are plenty of Doctors here who cling to the their parrot cry that the benefits of veteran athletics and their function in preventing heart coronary attacks are "not proven". They are 20 years behind the times compared with the research being done in the U.S. He is also a fighter, and even when under pressure in training runs he never stops talking wise words to help the men with him. If they step it up, he still fights and talks! He is tough. . .and you can't flap him.

I well remember, 12 years ago now, ringing Arthur in Auckland and asking him, on behalf of Clarrie Reece and the Christchurch Harrier Club, to come down and give a talk to promote veteran athletics. Although unsure of how many would turn up he agreed there and then to fly the 800 miles to motivate the locals.

That was the beginning of veteran athletics in a province which now has more veteran and open-grade athletes in the winter programme of events than any other area in the country.

About 6 months later, I rang Arthur again to ask him to come down to give the veteran movement a "booster" follow-up talk for the Christchurch Club. He again came down for the day and we netted a few more enthusiasts.

It was the noted Canterbury veteran Clarrie Gordon (now 69) who founded the first Veteran athletes club in New Zealand and no tribute could be too strong to emphasise the influence of Clarrie Gordon.

Veteran events are now accepted as a matter of course in the reporting of athletic events in newspapers and there is a growing public awareness of veteran prowess, especially since great men like Foster, Baillie and Williams now feature in the results.

Perhaps the most significant advance is the growing numbers of veteran women. . .especially in the Big New Brighton Club in Canterbury. . .there are 27 veteran men now registered with that club out of a total membership of about 160. . .and many women and children (families of the veterans) are competing. . .all over the country women are coming into the sport at veteran level. . .some are former athletes coming back. . .many are new runners coming in with their husbands or children or both, or on their own, while husbands skulk over "the box". . .

This is a significant trend; being womens international year.

In the Canterbury NZAAA Centre cross-country relays at Christchurch on May 31st, Jim Macdonald not only clocked a record time for the veterans, but was a highly placed 5th in the open race. 140 teams took part. Jim's twin brother, John K., and their fellow Olympic Club member, Ronnie Stevens, also broke the former mark.

Fastest veteran laps:

1. J. D. Macdonald	15:52	4. D. Greig	17:23
2. J. K. Macdonald	16:43	5. C. F. Reece	18:02
3. R. Stevens	17:14	6. L. Maxted	18:15



Arthur Lydiard (centre) pace-setting a group of New Zealand veterans through Hagley Park. Left is Tom Bain and right John Drew. In the background are Bob Flaus (shirtless) and Morrie Poulton (partly obscured head on right). These supporting runners have all had the distinction of completing the longest

single-stage road race in New Zealand, the New Brighton 50 miles. Tom Bain recorded a fine 6hrs. 23 minutes at the age of 58. If our readers think John Drew is looking surprisingly fresh, they are right. John had already been burned off once and had only just rejoined the group when the picture was shot!

## Bill Baillie's back

The lines are deeper on the forehead these days. And he's not running quite as quickly as he did 10 and even 20 years ago.

But Bill Baillie, 41 in June, is back competing again with as much enthusiasm as he's ever shown.

At Mt. Smart Stadium recently, Baillie lined up for the final of the Auckland championship 1500 metres event. He was giving away 20 years to some of his opponents, yet he showed he's still to be reckoned with.

Baillie didn't win—he finished sixth in 3m 58.7s—but his time was world class for an over-40 athlete.

For Baillie it was a highly encouraging perform-

ance. Six months ago he was almost crippled. A growth on his right heel was causing him such pain—he could barely jog. Even walking in street shoes was agony.

"I had been living with the pain for 10 years and it was gradually getting worse," said Baillie in March.

"Several athletes I know had their achilles tendons operated on and I was looking around for the right surgeon to have mine done. But I wasn't about to rush into it. Then I met Marise Stephen down at the Commonwealth Games in Christchurch last year.

"Marise said she had had a similar injury to mine and had undergone an operation in 1963.

"The next year she finished third in the Tokyo Olympic 800 metres final. So I thought that's good enough for me."

Baillie flew to Christchurch for the operation last September and to date it has proved 100% successful.

"The doctor who operated found a nerve was misplaced and growing into the lump on my heel. This apparently was causing the acute pain.

"He shaved off the growth and it seems to have done the trick. I can get up on my toes and do speed work again for the first time in almost 10 years."

Now he has his sights firmly set on the inaugural

world veterans' championships in Toronto.

"By August I'm confident I can get down to the world veterans' 800 and 1500 metres records of 1m 57.2s and 3m 52s.

"I want to get my mile time down to 4m 10s within six months."

(In 1964 Baillie became New Zealand's fourth sub-4m miler, with a time of 3m 59.2s.)

Easily one of New Zealand's most popular athletes over the past 20 years, Baillie competed extensively against Peter Snell, John Davies, Murray Hallberg and Neville Scott.

## USA

Not unexpectedly, the United States are likely to have the largest contingent at Toronto. Nearly four hundred competitors and three hundred guests will ensure that the 'Stars and Stripes' will be featuring prominently in most activities.

This publication will have gone to press prior to the U.S. Masters six regional championships to be held in July, which means that the most important news on current U.S. standards cannot be reported.

Former Olympians on the U.S. team are expected to include Dave Jackson (LJ, TJ-1960), Hal Connolly (Ham. gold-1956), Thane Baker (200 silver-1952, 100R gold-1956), Payton Jordan (1936) and John Wall (1936). Other leading contenders are likely to be Dave Tork, former world record holder in the pole-vault; Jack Greenwood, former Pan-Am team member and Masters champion; and Bill Fitzgerald the U.S. over-50 athlete extraordinary.

U.S. results at time of going to press are sparse.

On April 5th/6th, in poor weather conditions, the S.E. Masters meeting was held at Raleigh, North Carolina. Hal Higdon (43) cantered to an easy steeplechase win in 10:07.5 well ahead of Walt McConnell (43), 11:15.9. Alan Waterman (56) set an age record of 12:39.5. "Boo" Morcom (53) showed good early season form with a 13'-0" pole-vault and an 18'-10" long-jump. Otto Essig (69) recorded 20:13.3 for three miles and Leon Dreker (53) 17:15.9. Winfield McFadden (70) increased his number of long-jump age records to five with a distance of 13'-10½".

The latest Div. IV participant to come roaring out of the hills of San Luis Obispo to break all of the Age Records from two miles up is 75-year-old Paul Spangler (75), a retired M.D., who until March 15, 1975 regarded himself purely a jogger and had no concept of his unique degree of ability as a person past the 3/4 century mark. At the CDM Relays in San Luis, Dr. Spangler recorded a 15:45.3 (2m) on his way to a 23:45 for 3 miles (7:53 av/mile). The next weekend in San Francisco running in the Northern California Seniors 5-mile road race, he recorded a 38:25 which is 7:41/mile. His efforts at the CDM Relays being on a track will be certified to Age Group

Records as replacement for the heretofore unchallenged efforts of Virgil Sturgill. Now that the good Doctor is aware of how good he is we can assume that his remarkable performances will continue.

Ed Almeida (52) of the San Diego Track Club followed up his Mission Bay Marathon time of 2:44:19 with another fine run in the AAU 50km road championship at Pasadena, California on April 13th. Ed won the class 2 event with a fast 3:27:23. David Parker took the class one event with 3:21:14 and John Montoya the class 3 with 4:18:54.

Pete Mundle draws our attention to worthy marks not previously recorded.

Last summer, Paul Bridges of Dichita, Kansas, improved the over-60 javelin mark by no less than 14 feet. The new formidable distance is 135'-11"!

On January 18th Gordon Farrell (57) triple jumped a prodigious 41'-5" to set a new class 2 record. One has to go right back down the line to age 43 before a superior mark appears.

February saw Clive Davis (59) move to fourth in the class 2A record lists with a fine 2:52:29 marathon.

Shirley Davisson (45) upped his long jump mark yet again with a 20'-8" leap at the Corona Del Mar Relays on March 16th. At the same meet Jim Vernon (58) matched his pole-vault best of 11'-1¼", Tom Montgomery (61) added over a dozen feet to the 12lbs hammer best with 122'-7" and Stan Hermann (70) upped his own age-70 mark with the 12 pounder to 100'-0".

Last February 15th saw the irrepressible Jack Greenwood (48) turn in four fine performances—60 yards in 6.8, 440 yards in 56.8, a 19'-1" long jump and a 5'-2" high jump.

### FITZGERALD BREAKS WORLD AGE 50+ MILE MARK BY TEN SECONDS

Bill Fitzgerald, 50, a systems analyst from Palos Verdes, California, USA, broke the world record for men 50 years of age and older, by running the mile in 4:37.1 at the Southern Pacific Association AAU Masters Championships in Fullerton June 7. He also set a new American record of 2:07.2 in the 880.

Fitzgerald broke the old mile mark—4:47.0—by ten seconds. It was set in 1972 by Wally Sheppard of

Australia. Fitzgerald's time broke the American record of 4:52.1 by fifteen seconds. It had stood for over six years since set by Dr. George Sheehan of Rumson, New Jersey on April 26, 1969.

In the 880, Fitzgerald broke the 3-week old American 50+ record of 2:09.1, set by George Puterbaugh of Lake Oswego, Oregon in the Los Angeles Grandfather Games on May 17. The world 50+ 800-meter record is 2:05.0, set by Sheppard in August, 1972.

Fitzgerald, a legend in his own time among Masters

track athletes throughout the world, holds virtually every world middle-distance record from age 44 through 49—a total of 18 records in all. His 1:58.1 800-meter run in 1973 at the age of 48 has been called "the most outstanding track achievement of all time, surpassing even Jim Ryun's 3:51.1 mile set at age 20."

At the same meet GEORGE KER won the 50-59 shot put with 52'-4½" and took the discus with 143'-4" and AL SHEEHAN won the 400m hurdles in 62.1.

#### April 13th NAAU 50Km Champs. Hanson Dam

14.	D. Parker 44 (STC)	3:21:14
15.	R. Green 40+	3:22:13
18.	C. Broen 45 (STC)	3:24:40
23.	E. Almeida 52 (SDTC)	3:27:23
24.	D. Sheeran 47 (STC)	3:27:49
25.	R. Fleming 40+	3:28:17
29.	R. Carman 43 (STC)	3:39:59
30.	J. Lafferty 50+ (SDTC)	3:43:13
31.	R. Davies 53 (CCAC)	3:45:12
35.	R. Dieterich 50+	3:55:28
36.	R. Houston 50+	3:56:09
38.	D. Linam 43	3:58:53
40.	C. Seekins 58 (STC)	4:02:43
41.	D. Frock 46	4:04:24
42.	B. Robinson 48 (CCAC)	4:07:21
44.	J. Montoya 63 (STC)	4:18:54
46.	J. Klass 53 (STC)	4:34:06

#### Teams

1.	Seniors Track Club	7 pts
2.	San Diego T.C.	15 pts
3.	Culver City AC	24 pts

#### South Eastern Masters Champs. Raleigh N.C.

100 Yards		
1A	W. Palmer (40)	10.3
1B	H. Green (45)	10.6
2.	R. Valentine (51)	10.9
3.	R. C. Edwards (61)	12.0
4.	W. McFadden (70)	13.8

220 Yards		
1A	W. Palmer (40)	24.2
1B	H. Green (45)	25.4
2.	R. Valentine (51)	25.5
3.	R. Edwards (61)	28.3
4.	W. McFadden (70)	33:15

440 Yards		
1A	W. Sharp (40)	54.9
1B	J. Wallace (47)	59.5
2.	R. Valentine (51)	55.7
3.	C. E. Cline (60+)	71.2
4.	W. McFadden (70)	

880 Yards		
1A	G. Gluppe (42)	2:13.3
1B	L. Hundley (48)	2:44.9
2.	H. Fairbank (56)	2:21.0
3.	J. E. Wall (61)	2:37.6
4.	W. McFadden (70)	3:33.1

1 Mile		
1A	P. Doherty (40)	4:51.0
1B	F. Rullifson (49)	5:16.1
2.	E. D. Gaston (51)	5:20.3
3.	J. E. Wall (61)	5:36.9

2 Miles		
1A	P. Doherty (40)	10:26.0
1B	D. Colton (45)	10:42.1
2.	E. D. Gaston (51)	11:19.7

3 Miles		
1A	W. F. Hoss (40)	16:17.5
1B	D. L. Colton (45)	16:24.7
2.	L. Dreher (53)	17:15.9
3.	O. Essig (69)	20:13.3
4.	R. H. Mourean (70)	22:17.6

300m S/Chase		
1A	Hal Higdon (43)	10:07.5
1B	J. M. West (46)	13:44.8
2.	A. Waterman (56)	12:39.5
3.	R. S. Boal (63)	12:54.4

High Jump		
1A	P. Mulkey (43)	5'-6"
1B	J. Wallace (47)	4'-10"
2.	F. Simmons (50+)	5'-0"
3.	R. S. Boal (63)	4'-2"
4.	W. McFadden (70)	3'-8"

Long Jump		
1A	P. Mulkey (43)	18'-8¾"
1B	J. Wallace (47)	16'-0"
2.	R. Morcom (53)	18'-10"
3.	H. Moody (63)	14'-7"
4.	W. McFadden (70)	13'-10¼"

Pole Vault		
1A	P. Mulkey (43)	10'-0"
1B	J. Wallace (47)	8'-0"
2.	R. Morcom (53)	13'-0"
3.	C. H. Hills (62)	7'-0"

Shot		
1A	E. R. McComas (40)	41'-0¾"
1B	W. Brackney (46)	37'-4"
2.	B. Bangert (51)	42'-0½"
3.	N. Fowler (61)	30'-7¾"

Discus		
1A	E. McComas (40)	158'-4"
1B	W. Brackney (46)	104'-5"
2.	B. Bangert (51)	124'-0"
3.	P. Partridge (64)	109'-9½"
4.	W. McFadden (70)	87'-7¾"

Javelin		
1A	J. H. Gilmore (40)	167'-2½"
1B	J. Wallace (47)	97'-0"
2.	J. B. Ulam (50)	144'-3"
3.	P. Partridge (64)	109'-0"
4.	W. McFadden (70)	61'-5"

Hammer		
1A	E. R. McComas (40)	144'-10¼"
1B	R. H. Backus (48)	157'-8½"
2.	S. Patterson (52)	119'-4½"
3.	N. Fowler (61)	122'-5½"

WOMEN (30-39)		
100 Yards		
1.	B. J. Pappas (39)	13.7

220 Yards		
1.	B. J. Pappas (39)	33.3

440 Yards		
1.	M. Klopfer (39)	70.2
2.	B. J. Pappas	76.1

1 Mile		
1.	M. Klopfer (39)	5:39.5
2.	J. Purdy (30)	6:36.65
3.	J. Hogan (41)	6:39.4

Northern California Seniors T.C. Five Miles—Lake Merced Race Masters 1975		
Div 1A 40-44		
1.	J. Shettler (41)	26:19
2.	K. Napier (42)	26:36
3.	R. Menzie (40)	27:37

Div 1B 45-49		
1.	R. Smith (47)	26:49
2.	B. Malain (47)	27:36
3.	J. O'Neil (49)	27:37

Div 2A 50-54		
1.	B. Biancolana	29:42
2.	J. Getas	30:29
3.	S. Collins	30:40

Div 2B 55-59		
1.	E. Preston	29:16
2.	J. Catey	30:42
3.	A. Waterman	31:40

Div 3 Over 60		
1.	B. Monheit	37:47
2.	W. Stack	39:08
3.	S. Cole	39:38

Div 4 Over 70		
1.	P. Spangler	38:25
2.	W. Hanson	41:20
3.	B. Hirsch	44:09

WOMEN'S DIVISION		
1.	R. Anderson (45)	33:40
2.	C. O'Connor (44)	35:02
3.	C. Smith (41)	35:50

April 27th S.P.A. Las Posas 9.3 miles Road Race		
17.	R. Bartek 40+ (SBA)	53:43
22.	D. Waco 42	55:33
34.	G. Turner 43 (STC)	59:28
54.	J. Montoya 63 (STC)	65:14
62.	D. Miller 55	67:40
63.	D. Robson 50+	67:50

# Belgium

Although heavily involved with the upcoming Toronto tour, JACK FITZGERALD still found time and energy to take another party of British vets across the Channel to the popular Bruges half-marathon, in Belgium.

## THE BRUGES 25km

by Jack Fitzgerald

Holland's Piet Van Alphen timed his run to perfection in this year's Bruges 25 km road race to run out a deserved winner over the pre-race favourite Laurie O'Hara (GB).

Van Alphen paced himself well to catch the leader at 21 km and open up a lead just big enough to hold off the Briton's heralded finish.

Edward Goossens (Bel) repeated his class 2 win of last year and Sam Lee (GB) won the class 3 event.

The organisers obviously considered that last year's competitors in the inaugural half-marathon race had not suffered sufficiently, hence their decision to extend the distance this year to the more regular 25 km. The start, as last year, was at the Market square at Bruges, and the course was a straight road out to St. Andries before turning right through some delightful country lanes. After several more right and left turns through some suburban estates the field turned into the Stadium past the grandstand, full of enthusiastic supporters. Two additional laps of this



P. VAN ALPHEN (Holland)

course were traversed to make an accurate 25 kilometres.

After the initial rush it was England's mighty atom Laurie O'Hara with comparative newcomer (to the distance) Marcel Gaddisseur of Belgium, who made the pace, followed by last year's winner Willy Roggenbach. They were followed by Piet Van Alphen, Willy Vergison and that Anglo Welsh character among characters, Ron Franklin, who had been amusing and amazing the inhabitants of Bruges since our arrival with his selection of health foods, and was now attempting to demonstrate that they really did work to good effect. This pattern up front continued until Laurie finally dropped Marcel, but was himself surprised by sub 2.30 Marathon man Van Alphen about 2 miles from the Stadium. Piet timed his race to perfection, and although O'Hara was gaining ground fast at the finish, he had enough left to run in a very popular winner. Willy Willy Roggenbach had the experience to overcome Marcel Gaddisseur, who was never the less well pleased to finish first home runner in such an impressive display of talent. Ron Franklin finished only 4 seconds behind Willy Vergison in 6th place, even though complaining that he had timed his effort for a half marathon rather than 25 km. It's all in the mind Ron! New Zealand's Don Cameron was 85th.

Meanwhile back in the geriatric Class 2 race, Edward Goossens was repeating his win of last year, with Francis Feleaud of France proving that his high placing in the Paris Marathon last year was no flash in the pan. The world's most consistent ever Cross Country runner, Marcel Van De Wattyne, was reliving his former glories in a slightly overdistance (for him) race, by finishing a very popular third, which was amplified (and I do mean amplified) by the reception when he received his award. Fitzgerald was in the unenviable position of sighting Bob Pape, last year's runner up, Jules Limbourg, and Theo Stober of Germany, without being able to do a thing about it; only 40 seconds covering the 4 at the finish.

Continuing the saga of "what makes Sammy run", the honourable Mr. Lee once again beat the even older old gentlemen, as confidently predicted in the English camp. What wasn't predicted was that he should choose a bicycle as his prize. Sam, who is one of the few Englishmen to have beaten Reg Harris (albeit over 25 miles) had no hesitation however, and we can confidently expect him to add to his already high standard of fitness with the increased pedal power. Not to be outdone by this exhibition of gamesmanship, Laurie O'Hara also chose its twin as his prize, which left your correspondent with the task

Photo: C. Shippen



THE START -from Bruges Square-

of persuading the doubting Purser that they were leftovers from the last Tour de France, before he would let them on the boat with us!

Once again the organisation was excellent with Jacques Serruys and Freddy Van de Castele and their willing band of helpers proving that they are capable of running a World's Championship whenever they

are called upon. They have certainly got the capacity and knowhow at Bruges 280 finished the race in the three classes. Those who entered last year were again impressed, but not surprised, by the tremendous hospitality, while the newcomers made a mental note to go again next year. British Railways will soon have to order more boats!

### Class 1

1 P. Van Alphen (A.A.C.)	1:22:16	32 H. Bos (Vet) HOL	1:34:54	64 J. Walschap (KKS)	1:40:58
2 L. O'Hara (Belgrave) GB	1:22:24	33 E. Van de Velde (Stabr.)	1:35:00	65 M. Van der Hoeven (VS)	1:41:00
3 M. Gaddisseur (Olse M)	1:22:31	34 Van Damme (Vlierzele S)	1:35:13	66 G. De Muynck (KAA G)	1:41:00
5 J. Van Tyghem (Aalter)	1:22:36	35 Vansteenkiste (RKS)	1:35:17	67 R. Knaepkens (HC Here.)	1:41:00
6 W. Vergison (Oly.Brugge)	1:26:13	36 E. Hefford (OH) GB	1:35:18	68 G. Goossens (Vlierzele S)	1:41:00
7 W. Vandestappen(A.C.L.)	1:26:17	37 D. Van Bael (ACB)	1:35:07	69 A. Byers (BHAC) GB	1:41:35
8 R. Franklin (TVH) GB	1:26:17	38 L. De Bie (SGOLA)	1:35:12	70 C. V. Hoojn(Vet) HOL	1:41:55
9 F. Ramael (Beerschot)	1:26:51	39 L. Durrant (OH) GB	1:35:57	71 F. Vermeir (ACL)	1:42:00
10 A. Staelens (Oly.Brugge)	1:27:42	40 F. Crosis (RCTienen)	1:36:38	72 A. Gills (Sparta Vil)	1:42:25
11 E. Demeyer (WAG)	1:27:42	41 W. Daems (Sgola B)	1:37:24	73 J. Leuridan (ACHP)	1:42:32
12 F. Van der Hoeven(VS)	1:28:12	42 Declodt (Oly. Brugge)	1:37:34	74 J. Buyl (NAC Ninove)	1:42:34
13 R. Blanchard (ASVP)	1:28:15	43 J. Kerremans (ACBoomsel)	1:37:36	75 R. Fockedeij (Oly. Brugge)	1:42:35
14 A. Seyc (RC Gent)	1:29:24	44 J. Marcol (KAA G)	1:37:41	76 R. Boon (OE Halle)	1:42:37
15 A. Reusch (LGOE) GER	1:29:32	45 A. Maillet (TVO) FRA	1:37:47	77 H. Wahlen (TFG) GER	1:42:38
16 E. Steyns (NAV) HOL	1:29:51	46 P. Burm (RB VAV)	1:38:00	78 J. De Klerck (ZH) HOL	1:42:51
17 P. Raes (NACN)	1:30:19	47 A. Van Loock (ACLierse)	1:38:00	79 L. Rene (AC Stabroek)	1:42:58
18 Z. Lecluyse (ABM)	1:31:11	48 S. Broder (TE) GER	1:38:00	80 A. Goegebeur (HCO)	1:42:59
19 A. Niedercorn (CAS)LUX	1:31:13	49 F. Pillu (Hermes O)	1:38:10	81 W. Van Rymenant (WAR)	1:42:59
20 J. Joachim (TSVBD)GER	1:31:14	50 R. Giovani (Tus 1874)	1:38:11	82 J. Robel (Westhoek)	1:43:21
21 J. Denis (Ronse)	1:31:31	51 J. Laarmans (RCTienen)	1:38:12	83 L. Van Oeteren (VS)	1:43:40
22 H. Simons (ACS)	1:32:23	52 M. Meens (US) FRA	1:38:12	84 C. Van den Heuvel (Sch)	1:43:40
23 J. Moerman (KASVO)	1:32:39	53 A. Bourlez (Sparta Vil)	1:38:13	85 D. Cameron (C'more) NZ	1:43:40
24 P. Verlinden (SGOLA)	1:32:46	54 H. Plasqui (CS Forestoise)	1:38:17	86 L. Tunders (AVS) HOL	1:43:50
25 S. Terras (Waregem)	1:33:04	55 A. De Maes (Lyra)	1:38:38	87 J. Mervelle (DC Andenne)	1:43:50
26 E. Van Leuven (RCS)	1:33:33	56 N. Dekein (Kortrijk S)	1:38:53	88 D. Fockenberg (TVR)Ger	1:44:03
27 A. Fuyk (KAC) HOL	1:33:53	57 S. Gustl (TFG) GER	1:38:59	89 L. Stassyns (AC Lebbeke)	1:44:11
28 J. Janssen (Kimbala)HOL	1:34:11	58 Caillau (Ronse)	1:39:17	90 F. Beulens (Sporta Vil)	1:44:20
29 Waeyaert (OEH)	1:34:03	59 G. Vanhie (VACIzegem)	1:39:19	91 G. Wittewrongel (RACG)	1:44:36
30 O. Mory (Vlierzele S)	1:34:08	60 G. Droessaert (Vlierzele)	1:39:30	92 N. Van Acker (Oly.Brugge)	1:44:36
31 T. Lezy (MACI)	1:34:12	61 E. Lezy (MAC Izegem)	1:39:38	93 M. Geenen (Sparta Vil)	1:44:39
		62 J. Van Sant (Vet) HOL	1:40:58	94 Janssens (Wilrijk AC)	1:44:49
		63 Marcellis (OEH)	1:40:58		

95 J. Nooyen (HAC) HOL 1:45:00	15 E. Vermeersch (VORST) 1:40:39	44 C. Van Wittenberge (USL) 1:58:39
96 A. Verbaan (AVF) HOL 1:45:14	16 O. Depoplomont (ACT) 1:40:51	45 H. Van Kuyk (MAC) 2:00:30
97 B. Lambert (DCL) 1:45:21	17 Van der Welck (Sgola B) 1:40:57	46 H. Auby (IS IN) FRA 2:01:21
98 A. Durinck (AC Hamme) 1:45:30	18 A. Zande (AC Oly) 1:41:16	47 A. Sturni (AC Paris) FRA 2:02:09
99 A. Van Oppens (AC Geer) 1:45:36	19 P. Verkinden (J&S M) 1:42:08	48 L. Sterkman (CAV) HOL 2:02:42
100 J. P. Alberti (Vet) HOL 1:45:44	20 Van Ginkel (Vet) HOL 1:42:17	49 I. Cudenburg (AV H) 2:03:24
(192 finished)	21 J. Overhof (AV34 M) 1:43:12	50 R. Vermaut (AB Marke) 2:04:19
	22 R. Mangün (AC Paris) Fra 1:44:19	(64 finished)
	23 E. Pauwels (OB) 1:44:48	
<b>Teams:</b>	24 M. De Saeger (Sparta Vil) 1:45:10	<b>Teams:</b>
1 Olympic Brugge (6,10,42) 58 pts	25 A. Zwezerijnen (Vet) HOL 1:45:39	1 RCA Schaarbeek (5,12,28) 45 pts
2 Vlierzele S. (12,30,34) 76 pts	26 A. Linterman (AAC Am) 1:46:28	2 Olympic Brugge (11,23,34) 68 pts
3 Sgola Boechout (24,38,41) 103 pts	27 R. Boterberg (VlierzeleS) 1:46:42	3 Veteranen Ned. (20,25,35) 80 pts
	28 R. Collin (RCA Sch) 1:49:05	
	29 A. Audjart (US Binch) 1:49:53	<b>Class 3</b>
<b>Class 2</b>	30 L. Suquesney (PBS) 1:51:53	1 S. Lee (HRMI) GB 1:49:26
1 E. Goosens (AC L) 1:28:33	31 S. Timmermans (HAC) HOL 1:51:53	2 J. Van Asch (GAC) HOL 1:51:01
2 F. Feleaud (Massy AS) Fra 1:28:48	32 J. Muylle (MAC Izegem) 1:51:55	3 T. Depauw (Sgola) 1:52:26
3 M. Van De Wattyns (Ronse) 1:30:19	33 A. Tucker (OH) GB 1:52:01	4 P. Poelman (RCG) 1:53:44
4 R. Pape (RNA) GB 1:32:16	34 T. Snyers (US Lessines) 1:52:39	5 F. Christiaens (Excelsior) 1:54:34
5 J. Limbourg (RCA Sch) 1:32:27	35 N. Bosch (CAV Energie) 1:54:42	6 A. Blumensaet (TE) GER 1:55:23
6 T. Stober (TUS) GER 1:32:39	36 A. Kramer (CAV Energie) 1:54:43	7 A. Herlem (CLL) FRA 2:00:54
7 J. Fitzgerald (MAC) GB 1:35:36	37 H. Missinne (KKS) 1:54:48	8 H. Bastien (ACG) 2:05:09
8 O. Denie (AC Geer) 1:36:43	38 J. Duchesne (Brasschaat) 1:55:19	9 R. Moissonnier (WAC) 2:08:56
9 J. Fenn (OH) GB 1:37:58	39 F. Van Tricht (AC Ninove) 1:55:47	10 F. Cauwin (ASVet Paris) Fra 2:14:47
10 J. De Jong (NEA Vol) 1:37:58	40 P. Britsom (Antwerp AC) 1:55:47	11 P. Ponthieu (ACV Paris) F 2:19:40
11 L. Bouquaert (OB) 1:38:13	41 B. Stoute (Vet) HOL 1:56:19	12 F. Wisser (La Forestoise) 2:26:42
12 R. Andries (RCA Sch) 1:38:58	42 R. Jacobs (Sparta Vil) 1:57:28	13 A. Steenbeek (Vet) HOL 2:36:24
13 R. Boeklandt (ACH) 1:39:26	43 W. Proost (Sgola Bouch.) 1:57:48	14 Gaethois (Sparta Vil) 2:41:18
14 J. De Borger (OLSE) 1:40:02		

## Finland

It looks as though no more than seven Finns have indicated their intention of competing at Toronto. Of these, four have formally entered and include MIKKO HIETANEN the European Marathon Champion of 1946. In winning the European title in Oslo he clocked a very fast 2:24:55, but many felt the course was about 2km short—precision of measurement not

being quite what it is these days. Those other excellent marathoners, UTRIAINEN and HOLMROOS, who finished 4th and 7th respectively in the last World event, have also entered and are joined by the former Finnish record holder in the pole-vault, PENTTI NIKULA, who held the mark from 1964 to 1967 with 16'-5".

May 11th Unofficial Veteran C.C. Champs 10Km—Porvoo	May 18th Aulanko C.C. 10.5Km Over 2,000 competitors, from boys and girls to veterans, ran the course seeded in groups at five-minute intervals. All finishers received a medal, sauna and fruit juice—and paid £1.50 to enter!	June 1st Pervo 25Km
Winner of the over-35 group, Kalle Hakkarainen, has been a frequent international choice up to two or three years ago.	<b>Veteran result</b>	<b>Over 40</b>
<b>Over 35</b>	40-50 32:30	1. Asko Lindstrom 1:26:13
1. Kalle Hakkarainen	1. B. Holmroos (12 finished)	2. Reijo Seppala 1:32:33
2. Jorma Niemi		3. Charles Greenlees 1:32:37
<b>Over 45</b>	50-60 40:02 (!)	<b>Over 45</b>
1. E. Lementtinen	1. O. Kinnunen (60 finished)	1. Henrik Anthoni 1:33:46
<b>Over 55</b>	Over 60 42:55	<b>Over 50</b>
1. V. Jarvinen	1. E. Jarvinen (20 finished)	1. Thomas Korhonen 1:39:46
		<b>Over 55</b>
		1. K. E. Karlsson 1:37:07
		<b>Over 60</b>
		1. Velho Manninen 1:55:56

## SOUTH AFRICA

1975 Comrades Marathon

by Doug Sudbury

This years 56 mile Comrades was run on the "up" route from Durban to Pietermaritzburg and was the

50th race over basically the same course. On alternate years there is an up and down run, the up run being more hilly with a rise from sea level at Durban to Botha's Hill of 2,400 ft. Later on the runners have the pleasure of sweating up Inchanga and Polly Shorts.

With an entry limited to 1,500, plus officially recognised black runners competing for the first time,

there was a remarkably low drop-out of only 110 runners. 1,237 finished within the 11 hour limit.

The race probably more than any other long distance event has tradition and atmosphere. The idea was suggested by Vic Clapham, an infantry veteran of the first world war, to commemorate his comrades.

What is the attraction of the race for South Africans and a handful of overseas competitors? Maybe the gold medals for the first 10, silver to those under 7½ hours and bronze for those under 11 hours. Maybe because of the sporting isolation of South Africa. More likely perhaps because of the very great interest in long distance running not only amongst the fraternity but by the ordinary person who wants to keep fit. Behind this is the knowledgeable and enthusiastic support of the media.

Pre-race favourites were Derek Preiss, last years winner, and former London to Brighton winner Dave Levick. Strong overseas competitors included British veterans Ron Bentley (Tipton) and Derek Funnell (Epsom and Ewell). Bernard Gomersall (41) and Dave Bagshaw, both former winners, were in the hunt although not 100% fit.

For the second year running Derek Preiss was the winner in 5 hours 53 minutes; second man Gordon Shaun was nearly 10 minutes behind. First veteran was South Africa's Billy de Swardt (14th).

U.K. veterans performed well, being led home by Ron Bentley (34th in 6 hours 39) followed by Derek Funnell (48th in 6 hours 48). Veteran Arthur Bruce of Belgrave came in 431st in 8 hours 16. With Doug Sudbury of SLH another veteran, placing 596th in 8 hours 45.

Our top class men would do well to try this race more often. The hospitality and support received by this years contingent was tremendous, and for anyone keen on long distance, the atmosphere and interest of the Comrades is a never to be forgotten experience.

## YUGOSLAVIA

In Split on 20th April 1975 ANTON TESIJA (61) threw the 16 pounds (7.25kg) hammer 116'-2" (35.40m). Anton already holds the world age record with the lighter veteran implement. A former internee, he is at present on holiday in his native land but will soon return to his new homeland, Australia, where he is a member of the Sydney Veterans Club. Unfortunately he will not be in Toronto this August.

## SPAIN

Latest news from our correspondent in Spain concerns 68 years-old Victor Blanco who recorded all of the following world age-records in Madrid.

20:58,4 in 5.000m.	25th May, 1975 in Madrid
5:44,9 in 1.500m.	13th April 1975 "
2:57,2 in 800m.	12th " " "
2:52,2 in 800m.	4th May " " "
12:10,4 in 3.000m.	27th October 1974 "

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VICTOR BLANCO (Spain)

# COROEBUS says...

So Toronto is here at last! All those months, even years, of expectation have finally passed away and at last the occasion has arrived. The money has been saved, scraped, borrowed or donated; holiday and travel plans carefully detailed; the wishes of the family fastidiously considered and the training schedules planned to peak out on THE day—though not necessarily in that order!

To perform well at such an occasion is naturally important to all of the contestants, but fortunately most veterans attend these gatherings equally to experience the unique atmosphere that prevails; the comradeship, the abounding nostalgia of reunions, the sheer enjoyment of just being there. And to keep it all on the boil the Canadians have laid on a programme of parades, banquets and barbecues.

The contrast between these happy occasions and the dreadful seriousness of major open championships, from the Olympics down, leaves no doubt in my mind who has their priorities right. But we must be beware. The Olympics themselves were once a happy-go-lucky sporting occasion. The veteran movement must not be carried away on the wave of excellence but must keep its feet on the ground and continue to provide opportunities for all standards. If we do this, then those young athletes who are able to survive the rigours of international athletics into their thirties will have something to look forward to. And the people, as a whole, will find that family participation in athletics can be carried through into advanced life without restrictive barriers.

"Who have been the most consistently successful cross-country runners since World War II?" asked Peter Matthews in *Athletic Weekly* recently. Serving 50 points for a win down to one for 50th place in the English National Championships Matthews came up with 1st Gerry North, 3rd Mike Turner, 8th Roy Fowler, 12th Martin Hyman, 25th Peter Wilkinson and 29th Mike Barratt. Those I have named are currently competing and, excepting North and Turner, are all veterans. However, North and Turner are approaching their 39th birthdays and, with Roy Fowler, should form a formidable trio in a year or so. Fowler's brilliant 21st in the 1975 event has already been mentioned. Who was 20th? Why, Mike Turner of course. Look out for fireworks in a short time!

The Meet Director for the Toronto Championships is Ken Twigg who has masterminded the famous Maple Leaf Games and many other large meetings. Ken was the first to discuss with David Pain many moons ago the possibilities of the World Masters Meeting being held in Toronto. He is not only concerned with the Masters Championships and the Star Maple Leaf, for in March last he was appointed as executive director of the Canadian Track and Field Association.

Ken's experience of athletics is not confined to officialdom. In 1953 he was the first Canadian finisher in the Boston Marathon. The Championships are fortunate to have a man of such experience.



KEN TWIGG

Harold Chapson (72) is a U.S. Master who owns several age-records at a variety of distances, and his name is by no means unknown to readers of this magazine. Harold, in fact, is even more active than many of us thought, as Beverley Creamer also discovered prior to penning an article for the Honolulu Star Bulletin. The following is an extract which I think readers will find of interest.

"If you're over 50 we don't want you," read the Mountain Travel club's brochure about a 250-mile backpack through the mountains of Nepal. Harold Chapson, 72, ignored that and sent in his application. "I concealed my age till they accepted my money,"

said the wiry Chapson, whose idea of a good way to start the day is a six-mile run around Ala Moana Park.

As it turned out, he was probably one of the more tireless, energetic and organized hikers among the group of 18 who took the trip through the steep and rough terrain of the Himalayas. One man, a 48-year-old engineer, suffered a coronary three days before the hike ended—another had trouble with his knees.

Chapson is no novice backpacker; two years ago, at the youthful age of 70, he tackled the Andes of Peru. A retired teacher and businessman, he is a member of the Hawaii Masters running club and holds a dozen world track records for his age group. To him, such hikes are exhilarating and just plain fun, a way to "prove to myself that I can do it. Why does anyone do anything?" he asks rhetorically.

The 24-day Himalayan back pack was led by Norman Dyhrenfurth, renowned mountain climber who led the first American ascent of Mt. Everest in 1965. Besides Chapson, the hikers included 11 men and six women, among them several executives, two doctors and a couple of engineers. "The next oldest person was 18 years younger than me," said Chapson.

These trips are done the hard way—walking all the way with a pack on your back, camping out on mountain slopes and steep ridges and sometimes on a layer of hailstones as Chapson's group did. "The thought of it would just horrify some people," said Chapson.

The hikers met in Katmandu, the capital of Nepal, on Nov. 18 1974. From there they flew the 60 miles to Pohkra, a village near the mountains where their hike began.

After two days of rest to assemble the party of 44 porters to carry the food and 12 Sherpas and Sherpani—Tibetan men and women hired to guide the group, do the cooking and tent pitching—they set off. Chapson chose to carry a 30-pound pack, the heaviest of the group.

Within six days they reached the Annapurna base camp in a valley surrounded by the 26,000-foot peaks of the three Annapurna mountains. It was located at an elevation of 14,500 feet. Their mission was not to reach the summits, but to criss-cross the ridges of the lower slopes reaching an elevation of 16,000 feet at the highest point.

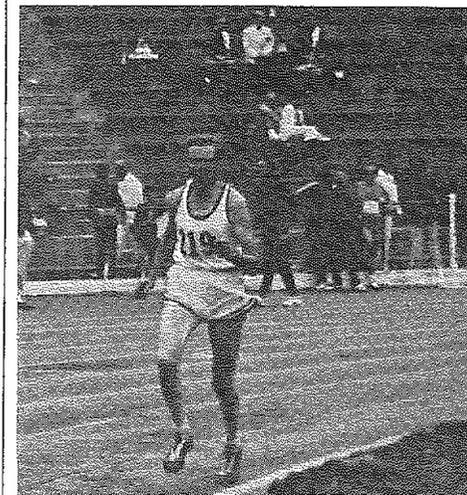
The group travelled 10 to 15 miles each day, rising at first light each morning and walking till 4 each afternoon before setting up camp.

The well-worn trail took them across rickety wooden suspension bridges over raging rivers, into tiny villages of only six or seven huts, around terraced rice paddies and some of the most beautiful scenery in the world.

The days were usually a comfortable 60 degrees and Chapson hiked in shorts, but the temperature went down with the sun and hovered around the 20s. Sometimes he was so cold he'd wear every piece of clothing he had with him to bed.

Because Nepal has never been surveyed, there was no way to determine exactly how far the group hiked, but Chapson estimates it was between 250 and 290 miles.

It looks like another world age-record for Harold Chapson!



TOM BUCKINGHAM

The many friends of TOM BUCKINGHAM (57) will be delighted to know that he recently became engaged to ANNETTE FATHERS (34). Tom's running exploits are legion and he is a revered figure amongst veteran athletes. Few knew to what extent this popularity embraced the fairer sex, but it clearly did and the future Mrs. Buckingham is evidence that Tom has more than one string to his bow.

Annette is, or certainly was, an accomplished athlete herself. She was listed in the 1964 British Rankings at long jump (18'6½"), in 1966 at pentathlon (3764 pts) and in 1968 at 80m hurdles (11.9). Between them, Tom and Annette make up a formidable athletic team!

So at last the space age is learning something from the U.S. Masters. For years society has been indoctrinated with the myth of "too old at forty" and "take it easy as you get older" or "sport is for young men". There seems to be signs, though, of a dent in this philosophy; for while these columns are at the printers a certain "Deke" Slayton (51), Tom Stafford (44) and Vance Brand (44) will be blasted off into space from Cape Canaveral for a rendezvous with Soviet veteran spacemen. Their fitness is unquestionable, and their age of great significance. Fit, healthy men in this age group are probably tougher, livelier and "younger" than many half their age, besides having the bonus of more experience, wisdom and maturity. And any normal 'veteran' can reach this status providing he observes the three golden rules 1. Avoid over-indulgence in food and drink, and dwell on natural foods, 2. Avoid non-physical stress 3. Partake of regular exercise. If all over 40 (or indeed 20) observed these rules then we would have a new breed of middle-aged men who would not only have cut the cost of the medical services but be able to contribute a great deal more to society itself. >>>

Photo: Al Rockall



# 1974 WORLD RANKINGS JL Hayward

These are the third set of ranking lists published in our magazine and without doubt the most impressive to date. Unfortunately they are still far from complete; Swedish and German marks for example were not fed to us. However, the lists themselves are evidence enough that there is a need for separate competition for the older athlete.

Four class 1 records were improved on in the year, three class 2 and seven class 3 - and there is no doubt that due to the World Games being staged in Toronto during August of this year, 1975 will exceed all that has gone before.

To make an assessment of the 1974 lists we have used the Decathlon Tables as a rough guide to statistical merit and below print the scores awarded for the 1st and 10th performer in class 1 and the 1st and 5th in class 2 and 3. It is appreciated that statistics can, as always, be made to prove almost anything - but none the less they do in this case give a certain guide to what may in the end prove to be inescapable facts of life for us older athletes.

In a review of the 1972 Lists (issue No. 2 p.27) certain trends were underlined which, two years later, still hold good.

Once again indications are that strength and stamina decline more slowly than speed and spring.

The longer stamina events in running score appreci-

ably higher than the shorter speed events throughout all age groups, with the hurdle events continuing to be harder to judge due to far fewer contestants. In the latter events there is still a tendency to use the same heights of hurdle and distances as for open competition. This may be proper for the younger veteran - but if older groups are to continue here would it not be better to stage - say, 200H (2'-6") and 1500m/2000m steeplechases for those over 45 years?

The throws, particularly in class 1, are magnificent and confirm that skills learnt over the years can still call on strength to maintain high standards. The use of lighter implements is obviously justified with older groups in helping to maintain worthy and enjoyable competition.

It is with the jumps that falling standards are most apparent and, with the older groups, continue to pose the question - are they not too demanding of joints and tendons to encourage ad-infinitum?

So we repeat what was said in 1972 - "May we not question whether it is sound or practical to follow the full international schedule of events? Below a certain 'open' level, would it not be better to encourage diversification and the pursuit of general all round fitness rather than specialization until we drop!

EVENT	CLASS ONE		CLASS TWO		CLASS THREE	
	1st pts	10th pts	1st pts	5th pts	1st pts	5th pts
100m	879	733	655	580	463	356
200m	822	691	653	540	430	351
400m	810	663	580	537	461	363
800m	803	698	628	515	423	323
1500m	820	733	700	602	445	327
3000m	899	723				
5000m	867	783	727	652	507	415
10000m	969	795	722	633	546	404
110H	807	512				
400H	827	628				
3000SC	816	693				
HAMMER	1069	864	788	663	692	490
SHOT	874	756	883	635	757	683
DISCUS	871	796	864	645	908	640
JAVELIN	947	703	683	555	513	442
HJ	716	512	512	395	283	263
LJ	780	588	526	427	378	296
TJ	768	549	556	338	367	200
PV	876	768				

Our lists are still far from perfect but are improving each year thanks to contributors such as Pete Mundle (USA), Don Farquharson (Can), Wal Sheppard (Aust), Antonin Hejda (Switz), Tapio Pekola (Fin), Alfonso Posada (Spain) and the few who send in personal end-of-season results.

NOTE: These 'Best Performances' are the best known by us. They may include wind assisted returns, for at the moment there is no world body to ratify such records, or give rules for submission.

\*Performances converted or timed in a race over yards.

Class 1 (40 - 49 yrs) Class 2 (50 - 59 yrs) Class 3 (60 yrs +)

## 100 METRES Class 1

10.7*	T. Baker (42)	USA	-7
10.8*	P. Knox (40)	USA	11-6
11.0*	R. Thomas (41)	USA	-6
11.1	R. Taylor (40)	GB	11-8
11.2*	D. Marlin (43)	USA	4-5
11.2	F. Smith (40)	GB	23-6
11.2	P. Presher ( )	USA	5-7
11.2	V. Parish	USA	5-7
11.3*	W. Palmer (40)	USA	6-4
11.3*	H. Brown ( )	USA	-6
11.3	L. James	USA	5-7
11.3	J. Lingel (42)	USA	5-7
11.4	A. Blackman (41)	GB	15-6
11.4	J. Greenwood (48)	USA	13-7
11.5	G. Daborn (42)	GB	11-6
11.5	C. Williams (45)	GB	11-8
11.6	L. Snelling (43)	Aus	19-1
11.6	J. Waller (40)	Aus	9-2
11.6	J. Parkes (40)	USA	5-7
11.6*	T. Grimes (42)	USA	6-4
11.6	D. Carr (42)	Aus	11-12
11.7	N. Fletcher	Aus	6-4
11.7	R. Hochreiter (48)	Aus	23-11
11.7	C. Rains (40)	GB	8-6
11.7	K. Scott (41)	GB	15-6
11.7*	E. McPherson	USA	15-6

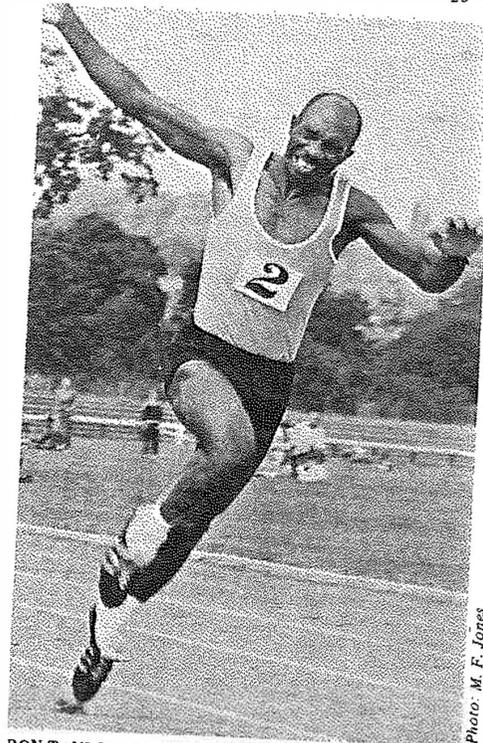
## 100 METRES Class 2

11.6	P. Jordan (57)	USA	22-6
11.6	A. Guidet (56)	USA	22-6
11.6*	C. Beaudry (55)	USA	10-8
11.9	R. Valentine (50)	USA	6-4
12.0*	B. Bowers (55)	USA	13-4
12.0*	T. Patsalis (52)	USA	27-4
12.2*	K. Jack (53)	USA	20-7
12.3	J. Pritchard (50)	GB	22-6
12.4	J. Tennant (52)	Aus	-2
12.4*	R. Hunt (53)	USA	27-4
12.4	P. Fetter (53)	USA	23-6
12.4	R. Cooper	USA	5-7
12.4	C. Fairey (57)	GB	11-8
12.5	B. McDonald (56)	USA	26-6
12.5	N. Orrmins (56)	USA	5-7
12.5	N. Goff (53)	Aus	30-11
12.5	H. McKenley (54)	Jam	26-12
12.6*	C. Killion (50)	USA	25-5
12.6	N. Heard	USA	23-6
12.6	W. Buchanan	USA	23-6

## 100 METRES Class 3

12.6	A. Major (61)	USA	22-6
12.8*	R. Niblock (60)	USA	6-4
12.8*	E. Edwards (60)	USA	6-4
13.0	F. Sjostrand (61)	USA	23-6

13.2	J. Satti (60)	USA	5--7
13.5	L. Batt (61)	GB	15-6
13.5	F. White (61)	USA	5-7
13.6	B. Deacon (63)	USA	17-5
13.6*	G. Braceland (60)	USA	19-5
13.8	C. Hills (62)	USA	14-9
13.9	O. Nicholls	USA	19-5
13.9	A. Puglizovich (66)	USA	23-6



RON TAYLOR (GB) now holds the British 200 record at 22.3, with an unconfirmed 22.2 in June.

## 200 METRES Class 1

22.2*	T. Baker (42)	USA	-7
22.5	R. Taylor (40)	GB	11-8
22.6*	R. Thomas	USA	-7
23.1	J. Lingel (42)	USA	5-7
23.2	A. Blackman (41)	GB	16-6
23.2	P. Knox	USA	23-6
23.2	F. Smith (40)	GB	30-6
23.4	K. Scott (41)	GB	16-6
23.4	J. Greenwood (48)	USA	1-9
23.5	G. Daborn (42)	GB	5-7
23.7*	M. Brown (40)	USA	19-5
23.7	V. Parish	USA	23-6
23.7	J. Parks (40)	USA	23-6
23.7	K. Whittaker (43)	GB	5-7
23.9*	M. Parker (47)	USA	19-5
23.9	C. Williams (45)	GB	11-8
24.0	J. Waller (40)	Aus	-2
24.0	O. Dawkins (46)	USA	23-6
24.0	G. Gluppe (41)	Can	29-6
24.1	L. Snelling (43)	Aus	26-1
24.2	H. Washington (45)	USA	23-6

# 1974 WORLD RANKINGS

## 200 METRES Class 2

23.9*	C. Beaudry (55)	USA	8-8
24.2	A. Guidet (56)	USA	22-6
24.5	P. Jordan (57)	USA	22-6
24.8	R. Valentine (50)	USA	
25.2	K. Jack (53)	USA	
25.4	J. Upham	USA	5-7
25.6	W. Buchanan	USA	5-7
25.9	S. Stein (54)	GB	16-6
25.9	R. Cooper (50)	USA	6-7
26.0	J. Pritchard (50)	GB	16-6
26.0	C. Boyd	USA	5-7
26.0	J. Tennant (51)	Aus	2-11
26.1	A. Bowers (55)	USA	5-7
26.1	P. Fetter (53)	USA	22-6
26.2	P. Munn (51)	GB	5-7
26.3	H. Hunter	USA	22-6
26.4	R. McDonald (55)	USA	11-5
26.4	C. Fairey (57)	GB	16-6
26.7	A. Dunn	GB	16-8
26.7	G. Brooks	GB	11-8

## 200 METRES Class 3

26.6	F. Sjostrand (61)	USA	5-7
27.1	R. Niblock (60)	USA	23-6
27.4	L. Batt (61)	GB	16-6
27.7*	A. Major (61)	USA	1-6
27.7	J. Satti (60)	USA	23-6
27.8	R. Edwards (60)	USA	26-6
27.8	G. Braceland (60)	USA	-7
28.3*	V. Godfrey (60)	USA	14-7
28.4*	C. Karnine (66)	USA	4-5
28.6	B. Deacon (62)	USA	7-4
28.6	F. White (61)	USA	5-7
28.9	J. Williams (63)	GB	16-6

## 400 METRES Class 1

49.9	M. Spence (40)	Jam.	26-12
51.0	F. Smith (40)	GB	6-7
52.0	K. Whittaker (43)	GB	6-7
52.3*	J. Lingel (42)	USA	20-4
52.7	J. Waller (40)	Aus.	-2
52.7	W. Lane (40)	GB	26-7
52.9	M. Clark (40)	USA	6-7
53.2	L. Clement	Can	29-6
53.2	G. Daborn (42)	GB	7-7
53.4	G. Gluppe (41)	Can	29-6
53.5	T. Roberts (40)	Aus	21-4
53.6	L. Snelling (43)	Aus	12-1
53.8	J. Parks (40)	USA	6-7
54.2*	O. Dawkins (46)	USA	13-4
54.2	H. Washington (45)	USA	6-7
54.2	K. Scott (41)	GB	11-8
54.2	N. Windred (46)	Aus	23-11
54.5	R. Cowell	Can	16-2
54.5	M. Parker (47)	USA	6-7
54.6	P. Mulkey (42)	USA	11-4
54.6	R. Clarence	USA	16-6
54.6	D. Carr (42)	Aus	30-11
54.8	E. Whitlock	Can	16-2

## 400 METRES Class 2

55.6*	C. Beaudry (55)	USA	18-8
55.9	R. McRae (50)	Aus	23-11
56.1*	R. Valentine (50)	USA	-7
56.3	A. Guidett (56)	USA	6-7
56.8	B. McDonald (56)	USA	6-7

57.0	J. Upham (53)	USA	6-7
57.9	W. Sheppard (52)	Aus	-2
58.2	J. Farrar	GB	8-6
58.2*	K. Jack (53)	USA	-7
58.3	G. Grimes	USA	22-6
58.6	W. Bowers (55)	USA	6-7
58.7	W. Buchanan	USA	6-7
58.7	P. Munn (51)	USA	11-8
58.9	C. Boyd	USA	8-6
59.1*	R. Gordon (55)	USA	6-4
59.7	E. Halpin (55)	USA	22-6
59.9	J. Hutchinson (52)	USA	26-12

## 400 METRES Class 3

59.1	R. Niblock (60)	USA	6-7
59.8	F. Sjostrand (61)	USA	6-7
61.2	L. Batt (61)	GB	16-6
61.4	J. Satti (60)	USA	6-7
62.3	B. Deacon (63)	USA	17-5
62.8	G. Braceland (60)	USA	29-6
65.9*	C. Witkoski	USA	-7

## 800 METRES Class 1

1:56.9	G. Wise (40)	Aus	30-11
1:57.3	R. Allen (40)	GB	5-9
1:57.5	T. Roberts (40)	Aus	2-3
1:58.2	L. Pratt (42)	USA	5-7
1:59.5	W. Fitzgerald (49)	USA	5-7
2:00.5	H. Kupczyk (41)	USA	5-7
2:01.0	S. Lane (40)	GB	3-8
2:01.1	E. Whitlock (41)	Can	14-7
2:02.0	G. Wood (40)	USA	27-7
2:03.0	R. Bowman (44)	Can	26-7
2:04.1	H. Roberts (40)	GB	4-6
2:04.2	P. Clohessy (40)	Aus	21-1
2:04.3	T. Sturak (42)	USA	25-1
2:04.3	S. Dougherty	USA	28-6
2:04.7	R. Colson (43)	GB	27-8
2:04.8	M. Barratt (41)	GB	12-6
2:05.0	A. Hughes (44)	GB	27-6
2:05.1	J. Roberts	GB	30-7
2:05.2	N. Windred (46)	Aus	7-4
2:05.3	J. Greenwood (47)	USA	1-6
2:06.3	F. Thornton (43)	Aus	16-11
2:06.4	R. Morgan	NZ	21-1
2:06.7	K. Lodge (43)	Aus	-3
2:06.7	T. Clowry (42)	GB	16-6

## 800 METRES Class 2

2:07.4	W. Sheppard (52)	Aus	14-12
2:07.8	J. Ryan (52)	Aus	10-12
2:15.2	J. Pennington (51)	Aus	7-4
2:15.2	A. Bryant	USA	5-7
2:15.5	T. Orr (50)	Aus	-4
2:15.8	J. Gilmore (55)	Aus	7-12
2:15.8*	M. Hernandez (51)	USA	1-6
2:16.4	J. Upham (53)	USA	5-7
2:18.0	R. McDonald (55)	USA	23-6
2:19.2	G. Grimes	USA	23-6
2:19.6	B. Neilson (50)	GB	11-8
2:18.4*	R. Gordon (55)	USA	6-4

## 800 METRES Class 3

2:22.3*	B. Deacon (63)	USA	31-5
2:24.0	W. Andberg (63)	USA	5-7
2:29.3	M. Jenkinson (65)	Aus	28-11
2:30.0	D. Stiles	Can	16-2

2:31.0	J. Wall	USA	5-7
2:24.5	B. Frost (63)	USA	23-6
2:35.7	S. Madden (66)	USA	6-7
2:36.0	H. Chapson (71)	USA	22-6

## 1500 METRES Class 1

3:59.5	G. Wise (40)	Aus	23-1
4:00.3	M. Alonso (43)	Sp	23-5
4:01.8*	T. Roberts (40)	Aus	5-3
4:05.0	M. Barratt (41)	GB	14-5
4:05.3*	G. Wood (40)	USA	4-5
4:07.0	L. O'Hara (42)	GB	7-7
4:07.6	E. Whitlock (41)	Can	15-6
4:08.0	C. McAlinden (41)	GB	16-6
4:10.2*	H. Kupczyk (41)	USA	6-7
4:10.3	T. Kilmartin (42)	GB	8-6
4:10.4	G. Brown (40)	GB	3-8
4:11.1	A. Hughes (44)	GB	14-5
4:11.6	D. Meyer (45)	USA	29-6
4:12.8	W. Fitzgerald (49)	USA	6-7
4:14.1	P. Clohessy (40)	Aus	22-1
4:14.2	S. Dougherty	USA	6-7
4:14.4	H. Snyder	USA	-6
4:15.0	W. Kerr (42)	GB	16-6
4:16.2	E. Valle (42)	Fin	30-7
4:16.4*	D. Colton (43)	USA	28-1
4:16.6*	T. Sturak (42)	USA	1-2
4:16.7	A. Taylor (47)	Can	26-6
4:16.7*	P. Mundle (46)	USA	17-2
4:17.2	R. Bowman (44)	Can	16-2
4:17.8	W. Allen (43)	Can	17-8
4:18.1	J. Salt (41)	GB	30-7
4:18.2	B. Bullen (41)	GB	21-5
4:18.4	P. Pystynen (42)	Fin	4-7
4:18.4	T. Paajanen (43)	Fin	30-7

## 1500 METRES Class 2

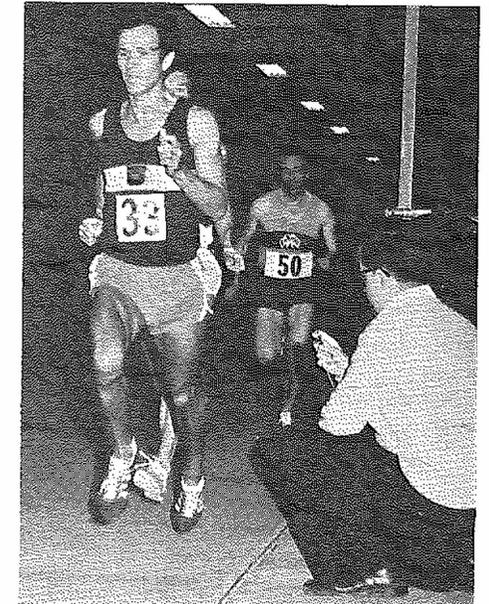
4:14.6	J. Ryan (52)	Aus	23-11
4:15.0	T. Orr (50)	Aus	-4
4:20.3	W. Sheppard (52)	Aus	10-2
4:25.0	G. McGrath (54)	Aus	26-10
4:28.1	J. Gilmore (55)	Aus	30-11
4:33.5	A. Bryant (50)	USA	26-12
4:34.5	M. Hernandez (51)	USA	23-6
4:36.8	H. Neilson (50)	NZ	22-1
4:37.5	M. Fernandez (50)	Sp	11-10
4:38.3	R. Smith	NZ	22-1
4:40.6*	G. Sheahan (55)	USA	-6
4:43.7*	A. Messenger	USA	-6
4:44.0	J. Pennington (51)	Aus	20-4
4:46.1	R. Delwo (55)	USA	5-7
4:48.0	K. Hall (52)	GB	4-5
4:48.2*	E. Barron	USA	-6
4:48.3	A. Waterman (55)	USA	7-7
4:48.7	E. Joyson (50)	GB	11-8
4:49.5	W. Vible (50)	USA	10-7

## 1500 METRES Class 3

4:53.5	W. Andberg (63)	USA	5-7
5:06.0	D. Horsley (61)	Aus	2-11
5:10.0	M. Jenkinson (65)	Aus	28-11
5:15.0	S. Nichols (63)	Aus	17-12
5:15.7	B. Deacon (63)	USA	29-6
5:17.4*	J. Wall (60)	USA	6-4
5:17.5*	N. Britch (64)	USA	6-4
5:21.0*	R. Mactarnahan (62)	USA	21-12
5:30.5	S. Madden (66)	USA	22-6
5:32.6	R. Bredenbeck (68)	USA	16-2
5:33.2	H. Chapson (71)	USA	29-6

## 3000 METRES Open Class

8:24.8	L. O'Hara (42)	GB	21-6
8:40.2	M. Barratt (41)	GB	18-8



BOB BOWMAN (Canada), ranked at 800, 1500 & 3000, leads the Ontario Masters Indoor 3000.

8:45.6	G. Brown (40)	GB	4-6
8:52.2	R. Harton (42)	USA	4-5
8:55.6	G. Smart (43)	USA	13-8
9:01.2	P. Pystynen (42)	Fin	25-7
9:05.0	C. McAlinden (41)	GB	16-6
9:08.2	T. Roberts (40)	Aus	4-12
9:08.8	A. Taylor (47)	Can	2-2
9:10.1	A. Hughes (44)	GB	5-9
9:18.8	R. Lazenby	Can	2-2
9:19.0	P. Versteegen (42)	Aus	10-10
9:21.2	M. Morrell (41)	GB	29-6
9:23.8	P. Mundle (46)	USA	30-6
9:25.0	R. Bowman (44)	Can	11-5
9:26.0	G. McGrath (54)	Aus	10-10
9:27.6	D. Case (40)	GB	1-6
9:28.8	W. Allen (43)	Can	11-5
9:28.8	D. Bowers (40)	Aus	4-12
9:29.8	P. Newall (41)	GB	16-6
9:30.6	B. Martindill	Can	12-1
9:30.6	J. Gilmore (54)	Aus	2-2
9:34.5	E. Whitlock (41)	Can	26-1
9:36.0	F. Howe (40)	Aus	4-11
9:36.2	C. Shippin (42)	GB	31-8
9:39.2	P. Duthie	Bel	17-5
9:40.0	C. Hall	Can	12-1
9:40.0	J. Atkinson (41)	GB	4-9
9:40.8	G. Harrison (41)	GB	16-6
9:42.3	W. Vandenbroeck	Bel	17-5

## 3000 METRES STEEPLE CHASE Open

9:34.4	M. Alonso (43)	Sp	19-5
9:38.6	P. Pystynen (42)	Fin	1-7
9:51.8	M. Barratt (41)	GB	21-7
9:56.4	D. Meyer	USA	6-7
10:01.2	M. Sissala (40)	Fin	5-8
10:08.0	J. Salt (41)	GB	7-8
10:10.2	M. Morrell (41)	GB	20-7
10:12.4	C. Shippin (42)	GB	11-8

# 1974 WORLD RANKINGS

10:13.0	L. Meyers	USA	29-6
10:16.0	T. Kelly (42)	Aus	-3
10:16.2	J. Shettler	USA	6-7
10:20.1	D. Slocombe	USA	6-7
10:22.4	R. Curtis	GB	11-8
10:23.2	T. Orr (50)	Aus	-4
10:30.9	B. Stock (44)	USA	6-7
10:38.2	G. Morralce (41)	GB	11-8
10:38.4	W. McConnell	USA	6-7
10:40.0	L. Roberts	USA	6-7
10:42.8	H. Kupczyk (41)	USA	-6
10:44.0	J. Conway (40)	Can	4-7
10:45.0	I. Hassell	Aus	21-4
10:47.1	R. Coffey	USA	6-7

## 5000 METRES Class 1

14:48.0	L. O'Hara (42)	GB	3-10
14:41.8	A. Sidler (40)	Swi	14-7
14:50.6	M. Barratt (41)	GB	27-8
14:59.2	R. Hatton (42)	USA	15-6
15:05.8	K. Korhonen (42)	Fin	28-6
15:12.0	D. Power (46)	Aus	-1
15:13.8	P. Pystynen (42)	Fin	26-8
15:19.0	M. Alonso (43)	Sp	10-8
15:20.0	G. Wood (40)	USA	8-6
15:26.8	G. Brown (40)	GB	11-8
15:36.8	P. Mundie (46)	USA	7-7
15:41.5	R. Balding	GB	8-6
15:46.0	A. Hughes (44)	GB	13-8
15:47.0	W. Allen (43)	Can	10-7
15:47.0	F. Howe (40)	Aus	5-12
15:50.8	P. Goodfellow	GB	8-6

WAL SHEPPARD (AUS), Class 2 record holder for 3 years, led the 1974 rankings for 800m.

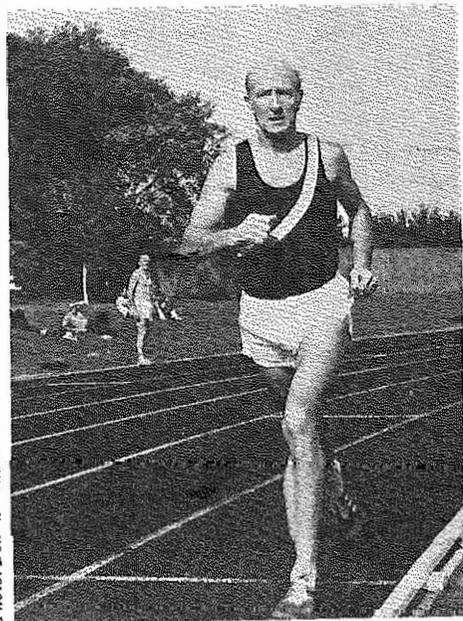


Photo: Don Spierland

15:55.6	M. Neal	USA	22-6
15:56.0	D. Case (40)	GB	12-6
15:56.8	I. Field	NZ	21-1
16:05.0*	H. Snyder	USA	-6
16:11.6	T. Roberts (40)	Aus	21-4
16:14.8	R. Balding	GB	11-8
16:15.0	D. Dellar (45)	GB	7-7

## 5000 METRES Class 2

15:54.0	J. Ryan (52)	Aus	2-11
16:07.0	T. Orr (50)	Aus	-4
16:10.0	G. McGrath (54)	Aus	-4
16:14.8	J. Gilmore (55)	Aus	19-11
16:33.8	M. Fernandez (50)	Sp	12-10
16:52.0	L. Dreher (53)	USA	21-12
16:55.8	H. Nelson (50)	NZ	21-1
16:57.8	M. Hernandez (51)	USA	28-4
16:58.9	R. Smith	NZ	21-1
17:00.0	K. Hall (52)	GB	11-8
17:17.6	M. Hernandez (51)	USA	22-6
17:36.0	R. Horman (56)	USA	8-6
17:40.0	E. Preston (57)	USA	7-7
17:57.0	A. Bryant (50)	USA	7-7
17:59.4	N. Hansen (53)	USA	23-6
18:06.6	C. Bould (58)	Aus	21-4
18:08.0	J. Oleson (56)	USA	7-7
18:12.0	J. Lafferty (56)	USA	30-6

## 5000 METRES Class 3

18:01.0	J. Wall (61)	USA	5-7
18:15.0	S. Nichols (63)	Aus	7-12
18:22.0	W. Andberg (63)	USA	28-6
18:55.2	A. Clark (60)	USA	28-4
19:05.0	J. Montoya	USA	22-6
19:34.0	B. Tovey (63)	Aus	-2
19:35.6	J. Farrell (62)	GB	28-6
19:38.0	A. Wayman	NZ	22-1
19:39.0	S. Hesketh	Aus	21-4
20:03.0	E. Wallace	GB	11-8

## 10000 METRES Class 1

29:38.0	J. Foster (41)	NZ	22-1
30:36.4	A. Sidler (40)	Swi	19-5
31:01.0	M. Barratt (41)	GB	9-6
31:19.0	D. Power (46)	Aus	13-1
31:23.4	P. Pystynen (42)	Fin	29-8
31:32.0	R. Hatton (42)	USA	5-7
31:41.6	L. O'Hara (42)	GB	22-5
31:51.0	J. Doyle (40)	Can	16-2
32:07.2	K. Korhonen (42)	Fin	27-8
32:22.0	A. Walsham (44)	GB	8-9
32:26.2	B. Holmroos (41)	Fin	29-6
32:30.8	P. Mundie (46)	USA	5-7
32:30.8	J. Smart (43)	USQ	11-8
32:39.0	K. Hodgkinson	GB	8-9
32:47.0	M. Alonso (44)	Sp	11-5
32:47.8	J. Molins (40)	Sp	5-5
32:55.0	C. McAlinden (41)	GB	14-8
33:00.0	W. Stoddart (43)	GB	14-8
33:09.6	R. Smith (46)	USA	27-6
33:18.0	G. Warren (42)	Aus	-3
33:27.2	J. Livesay (40)	USA	5-7
33:30.0	R. Calderwood (42)	GB	4-9
33:36.0	W. Ramage (41)	GB	4-9
33:43.0	A. Hughes (44)	GB	8-9
33:47.0	D. Case (40)	GB	16-7
33:48.0	R. Lazenby	Can	16-2
33:48.0	R. Allen (40)	GB	8-9
33:55.2	W. Allen (43)	Can	-7

## 10000 METRES Class 2

33:40.0	J. Gilmour (55)	Aus	5-8
34:12.0	W. Weba (50)	Ger	9-10
35:02.0	R. Smith	NZ	22-1
35:05.0	G. McGrath (54)	Aus	6-4
35:24.0	K. Hall (52)	GB	8-8
35:43.0	R. Pape (50)	GB	11-8
35:59.2	T. Orr (50)	Aus	20-4
36:14.0	A. Bryant	USA	6-7
36:19.0	J. Lafferty	USA	6-7
36:33.0	J. Caddy	GB	8-8
36:39.0	E. Preston (57)	USA	6-7
36:43.6	M. Hernandez (52)	USA	19-10
36:52.0	F. Warnock	Aus	20-4
36:57.4	J. Oleson (56)	USA	6-7
37:05.0	N. Hansen (52)	USA	6-7
37:14.0	C. Davies	USA	6-7
37:16.0	J. Harrang	USA	6-7

## 10000 METRES Class 2

37:18.0	J. Wall (61)	USA	6-7
38:28.0	S. Nichols (62)	Aus	-3
39:22.0	J. Montoya (62)	USA	22-6
40:32.0	R. McTarnham	USA	6-7
40:51.0	J. Farrell (62)	GB	27-6
41:05.0	U. Miller (63)	USA	27-6
41:13.0	U. Essig	USA	6-7
41:30.0	A. Green	Can	27-6

## 400 METRES HURDLES Open Class

55.6	J. Dixon (42)	GB	27-5
57.4	J. Greenwood (47)	USA	6-7
57.2	T. Farrell (41)	GB	29-6
57.7	W. Lane (40)	GB	20-7
60.8	G. Daborn (42)	GB	13-7
61.6	K. Whittaker (43)	GB	6-7
62.0	O. Tuorila (42)	Fin	5-8

## 110 METRES HURDLES Open Class

15.4	J. Greenwood (47)	USA	5-7
16.4	L. Schaefer (43)	Aus	-2
16.4	M. Andrews	USA	5-7
17.3	P. Mulkey (42)	USA	12-4
17.5	C. Beaudry (55)	USA	24-8
18.2	J. Phillips (40)	GB	11-8
18.7	P. Field (43)	GB	11-8

## MARATHON Class 1

Age group record 2:11:18.6 (J. Foster)

1	J. Foster (42)	NZ	2:11:18.6
2	R. Monscur (40)	Bel	2:24:37
3	W. Roggenbach (40)	Ger	2:24:54
4	A. Wood (41)	GB	2:26:15
5	L. Acquarone (44)	It	2:26:40
6	A. Taylor (47)	Can	2:27:01
7	K. Hodgkinson (42)	GB	2:27:18
8	D. Case (40)	GB	2:27:34
9	L. Ranshugen	GB	2:28:28
10	S. Gustafsson	Swe	2:30:38
11	W. Gookin (41)	USA	2:31:01
12	A. Walsham (43)	GB	2:31:05
13	W. Reynaud (42)	USA	2:31:18
14	P. Bastick (40)	USA	2:31:21
15	R. Barteck (40)	USA	2:31:40
16	J. Doyle (42)	Can	2:31:44
17	P. Van Alphen (45)	Hol	2:31:58
18	J. Kelley (43)	USA	2:32:18
19	W. Imren (42)	Ger	2:32:26
20	Ross Smith (46)	USA	2:33:33
21	A. Sidler	Swi	2:33:59
22	W. Vergison (42)	Bel	2:34:44

23	M. Utriainen (40)	Fin	2:35:04
24	A. Jarvis (40)	USA	2:35:32
25=	T. Rockholt (40)	Swi	2:35:36
25=	W. Schick (40)	Swi	2:35:36
27	R. Bentley (43)	GB	2:36:10

## MARATHON Class 2

Age group record 2:25:19 (E. Ostbye, Sweden)

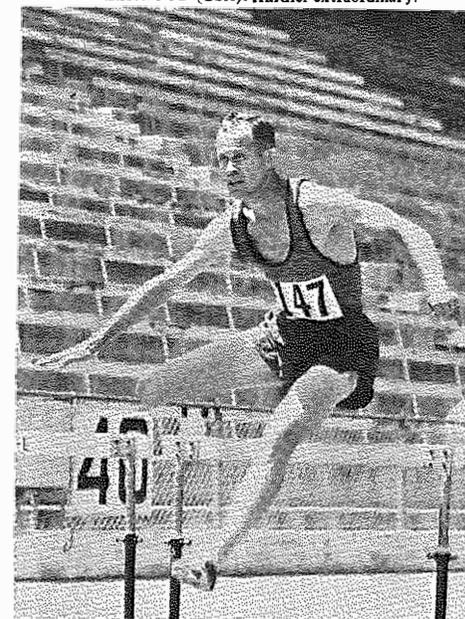
1	E. Ostbye (53)	Swe	2:30:57
2	W. Weba (52)	W Ger	2:32:25
3	R. Pape (50)	GB	2:41:30
4	G. Gibson (51)	USA	2:42:24
5	F. Feleaud (50)	Fra	2:43:46
6	J. Gilmour (55)	Aus	2:44:26
7	J. McDonough (50)	USA	2:47:37
8	E. Elmecida (51)	USA	2:46:59
9	G. Ekstrom	Swe	2:48:15
10	G. Lindblad	Swe	2:48:26
11	F. Kremilin (50)	Swi	2:48:27
12	H. Morgan (52)	USA	2:48:41
13	J. Caddy (50)	GB	2:48:45
14	E. Corbitt (56)	USA	2:49:16
15	B. Horman (55)	USA	2:50:05
16	P. Lemke	Austria	2:50:03
17	A. Gruba (54)	Austria	2:50:36

## MARATHON Class 3

Age group record 2:53:03 (M. Montgomery, USA)

1	G. Porteous (60)	GB	2:53:04
2	M. Montgomery (68)	USA	2:56:53
3	J. Wall (61)	USA	2:59:52
4	N. Bright (63)	USA	2:59:59
5	T. Jensen (67)	Swe	3:07:35
6	J. Montoya (60)	USA	3:08:50
7	U. Miller (65)	USA	3:13:16
8	A. Clark (60)	USA	3:15:12
9	H. Erle (60)	Swi	3:16:08
10	G. Rinzek (60)	Swi	3:20:07
11	G. Thiele (60)	W Ger	3:30:18

JACK GREENWOOD (USA), Hurdler extraordinary.



# 1974 WORLD RANKINGS

## MARATHON Class 4

Age group record 3:15:54 (F. Tempel, W. Germany)

1	F. Tempel (73)	Ger	3:27:27
2	A. Dyson (70)	Can	4:00:43
3	F. Grace (76)	USA	4:10:57
4	W. Roscher (70)	Ger	4:13:51
5	K. Oshima (74)	Jap	4:22:20
6	G. Vang ( )	Hol	4:26:57
7	E. Lynn (72)	USA	4:41:20

## MARATHON Women over 35

Age group record 2:47:11 (M. Gorman, USA)

1	M. Gorman (38)	USA	2:47:11
2	N. Kusick (35)	USA	2:55:22
3	M. Paul (36)	USA	2:58:22
4	M. Cushing (35)	USA	3:07:27
5	G. Reinke (35)	Ger	3:07:32
6	L. Kalweit-Marloth (39)	Ger	3:09:22
7	D. Gookin (37)	USA	3:10:44
8	L. Kralick (42)	USA	3:12:25
9	R. Schiek (38)	Ger	3:13:51
10	N. Hobson (44)	USA	3:15:20
11	R. Anderson (45)	USA	3:17:44
12	I. Bracco (35)	It	3:23:00
13	M. Klopfer (39)	USA	3:23:22
14	G. Rau (35)	Ger	3:24:20
15	Eva-Maria Westphal (56)	Ger	3:24:54

## HIGH JUMP Class 1

1.84	6'-0½"	B. Hescoock (40)	USA	2-9
1.78	5'-10"	R. Billings (41)	USA	8-6
1.74	5'-8¾"	E. Austin (44)	USA	23-6
1.70	5'-7"	D. Williams (40)	Aus	13-4
1.66	5'-5½"	R. Rittenburg	USA	20-7
1.66	5'-5½"	J. Pistone	USA	20-7
1.63	5'-5½"	R. Ruth (46)	Can	30-6
1.62	5'-4"	M. Clark (40)	USA	9-3
1.62	5'-4"	K. Keffer (40)	USA	6-4
1.62	5'-4"	J. Greenwood (48)	USA	17-5
1.61	5'-3½"	J. Phillips (40)	GB	11-8
1.60	5'-3"	I. Mondeshein (40)	USA	19-1
1.58	5'-2¾"	B. Lewis	GB	11-8
1.58	5'-2¾"	H. Payne (43)	GB	11-8
1.57	5'-2"	E. McPherson	USA	9-3
1.57	5'-2"	R. Clarence (41)	USA	9-3
1.57	5'-2"	D. Wilson	Can	30-6

## HIGH JUMP Class 2

1.62	5'-4"	O. Gillett (55)	USA	9-3
1.62	5'-4"	B. Gist (54)	USA	23-6
1.57	5'-2"	J. Ogle (55)	USA	1-6
1.50	4'-11"	R. Whitney	USA	6-7
1.50	4'-11"	D. Brown (51)	USA	7-7
1.47	4'-10"	J. Vernon	USA	23-6
1.45	4'-9"	B. Garells (57)	USA	3-3
1.45	4'-9"	W. Morales (57)	USA	6-7

## HIGH JUMP Class 3

1.39	4'-6¾"	S. Thompson (63)	USA	31-3
1.37	4'-6¾"	G. Braceland (60)	USA	9-3
1.37	4'-6"	J. Dick	USA	23-6
1.37	4'-6"	V. McIntyre (63)	USA	23-6
1.37	4'-6"	B. Deacon (63)	USA	6-7
1.37	4'-6"	J. Damski (60)	USA	19-10
1.35	4'-5½"	I. Hume	Aus	15-9

## LONG JUMP Class 1

6.81	22'-4"	D. Jackson (42)	USA	23-6
6.56	21'-6¼"	H. Runola (40)	Fin	8-9
6.46	21'-2½"	S. Davison (44)	USA	23-6
6.29	20'-7¾"	M. Andrews (40)	USA	1-2
6.29	20'-7¾"	P. Presber (40)	USA	23-6
6.29	20'-7¾"	R. Taylor (40)	GB	11-8
6.14	20'-1¾"	J. Pistone (42)	USA	20-7
6.08	19'-11½"	C. Gardia (45)	WI	11-8
5.97	19'-7"	P. Mulkey (42)	USA	20-7
5.93	19'-5½"	B. Hascock	USA	9-3
5.92	19'-5"	J. McGrath (43)	Aus	17-11
5.85	19'-2¾"	T. Kuhlman	USA	23-6
5.85	19'-2¾"	R. Rittenburg	USA	20-7
5.83	19'-1½"	J. Greenwood (48)	USA	1-9
5.80	19'-0¾"	H. Washington (45)	USA	19-5
5.79	19'-0"	R. Ruth (46)	Can	29-6
5.77	18'-11½"	J. Sturzaker (41)	Aus	21-4
5.76	18'-11"	M. Clark	USA	19-5
5.68	18'-7¾"	P. Schlegel (45)	USA	29-6
5.61	18'-5"	G. Brown (46)	Aus	10-11
5.54	18'-2"	P. Leane	Aus	-4
5.52	18'-1½"	V. Parish	USA	29-6
5.51	18'-1"	G. Daborn (42)	GB	7-6

## LONG JUMP Class 2

5.65	18'-6¼"	T. Patsalis (52)	USA	-5
5.64	18'-6"	N. Goff (53)	Aus	14-12
5.48	17'-11¾"	B. Morcom (52)	USA	6-4
5.46	17'-11"	G. Farrell (56)	USA	23-6
5.23	17'-2"	B. Morales (57)	USA	16-3
5.08	16'-8"	O. Gillett (54)	USA	16-3
5.04	16'-6½"	C. Johansmayer (55)	USA	6-4
5.04	16'-6½"	R. Spencer	USA	5-7
5.00	16'-5"	J. Hutchinson	USA	-4
4.95	16'-3"	R. Valintine (50)	USA	19-5

## LONG JUMP Class 3

5.03	16'-6"	M. Andors (62)	USA	13-4
4.99	16'-4½"	J. Satti (60)	USA	5-7
4.78	15'-8¾"	B. Deacon (63)	USA	17-5
4.73	15'-6¾"	I. Hume	Can	14-9
4.70	15'-5"	F. White (61)	USA	5-7
4.56	14'-11¾"	S. Thompson (64)	USA	5-7
4.54	14'-10¾"	C. Hills (62)	USA	4-5

## POLE VAULT Open Class

4.27	14'-0"	R. Ruth (46)	Can	7-7
4.11	13'-6"	R. Morcom (52)	USA	19-1
4.00	13'-1½"	G. Spagnoli (44)	It	11-7
4.00	13'-1½"	P. Tosnar (41)	Cz	-7
4.00	13'-1½"	S. Tarkkonen (42)	Fin	4-9
3.81	12'-6"	J. Harrington (41)	USA	9-3
3.81	12'-6"	R. Brown (41)	GB	25-8
3.68	12'-1"	V. Lunn (43)	Rho	
3.66	12'-0"	R. French (44)	USA	28-4
3.51	11'-6¾"	J. Donley (45)	USA	28-6
3.50	11'-6"	R. Fosgren	USA	22-6
3.50	11'-6"	J. McGrath (43)	Aus	7-12
3.40	11'-2"	D. Brown (51)	USA	22-2
3.38	11'-1½"	J. Vernon (57)	USA	6-4
3.35	11'-0"	K. Keffer (41)	USA	28-4
3.35	11'-0"	H. Wallace (46)	USA	1-6
3.35	11'-0"	O. Gillett (54)	USA	22-6
3.35	11'-0"	D. Grosh	USA	7-7
3.30	10'-10"	F. Marques (44)	Port	7-7
3.30	10'-10"	J. Day (40)	GB	11-8
3.20	10'-6"	I. Mondeshein (49)	USA	19-1
3.20	10'-6"	D. Dittmar (42)	USA	19-10
3.06	10'-0¾"	B. Deacon (63)	USA	6-7

## TRIPLE JUMP Class 1

13.89	45'-7"	D. Jackson (43)	USA	6-7
13.69	44'-11"	A. Andrews	USA	22-6
13.02	42'-8½"	G. Gardia	WI	11-8
12.34	40'-6"	J. Phillips (40)	GB	
12.32	40'-5"	L. Schaefer	Aus	
12.28	40'-3½"	P. Presber	USA	6-7
12.19	40'-0"	H. Washington	USA	
12.17	39'-11½"	J. Sturzaker	USA	
11.91	39'-1"	S. Davison (44)	USA	22-6
11.83	38'-10"	G. Daborn (42)	GB	7-6
11.74	38'-6¾"	R. Ruth (42)	Can	30-6
11.46	37'-7½"	R. Hochreiter (48)	Aus	14-12
11.40	37'-5"	R. Rittenburg	USA	20-7
11.30	37'-1"	J. Waller	Aus	
11.13	36'-6"	M. Morrell (41)	GB	11-8
11.12	36'-5½"	P. Price	NZ	22-1

## TRIPLE JUMP Class 2

11.89	38'-10¾"	G. Farrell (56)	USA	22-6
39'-0"	11.89	T. Patsalis (52)	USA	22-6

## TRIPLE JUMP Class 3

10.24	33'-7¾"	B. Deacon (63)	USA	23-6
9.95	32'-8"	M. Andors (62)	USA	23-6
9.68	31'-9"	I. Hume	Can	15-9
8.96	29'-5"	C. Hills (62)	USA	15-9
8.89	29'-2"	J. Dick (62)	USA	23-6

## JAVELIN (800 gr) Class 1

76.12	249'-9"	J. Kulesar (40)	Hun	4-5
69.20	227'-0"	P. Conley (40)	USA	19-10
64.84	210'-1"	N. Sullanpaa (42)	Fin	9-7
62.70	205'-9"	V. Poskočil (42)	Cz	
62.20	204'-1"	L. Kittsteiner (45)	Chile	-4
61.04	200'-3"	W. Miller (42)	USA	6-7
59.32	194'-7"	H. Crane (41)	USA	6-7
58.24	191'-1"	O. Kauhanen (48)	Fin	20-8
57.40	188'-4"	H. Werner	Can	6-7
55.30	181'-5"	K. Nystrom (41)	Fin	1-9
53.26	174'-9"	R. Moungs	USA	
51.64	169'-5"	A. Grayburn	NZ	21-1
48.74	159'-11"	B. Norton (44)	USA	22-6
48.46	159'-0"	J. Phillips (40)	GB	
47.94	157'-3"	D. Love (48)	USA	10-8
47.60	156'-2"	A. Sundin	Can	15-7
47.44	155'-8"	R. Mikelson	Can	24-8
47.39	155'-5"	M. Morrell (41)	GB	29-6
46.68	153'-2"	D. Cain (41)	USA	22-6
45.96	150'-9"	R. Straub (41)	USA	6-7
44.94	147'-5"	D. Frawley	Aus	7-4
44.74	146'-9"	H. Wallace (46)	USA	6-7
44.66	146'-6"	J. Pavelich (42)	Can	29-6

## JAVELIN (800 gr) Class 2

53.80	176'-6"	W. Morales (57)	USA	22-6
47.44	155'-8"	R. Mikelson (50)	Can	24-8
45.74	150'-1"	H. Hunter (50)	USA	29-6
44.48	145'-11"	D. Aldrich (56)	USA	19-10
44.36	145'-6"	P. Fetter (53)	USA	19-10
43.24	141'-10"	J. Siefert (56)	USA	22-6
41.54	136'-3"	F. Geiter (54)	USA	6-4
41.44	135'-11"	J. Kilbuck (53)	USA	29-6

## JAVELIN (600 gr) Class 3

41.44	135'-11"	P. Partridge (60)	USA	13-7
38.92	127'-8"	E. Both (64)	USA	29-6
38.44	126'-1"	O. Nichols (61)	USA	29-6
38.10	125'-0"	I. Hume	Can	15-9
36.80	120'-9"	E. Curtis (67)	USA	6-7
36.74	120'-6"	J. Dick	USA	6-7

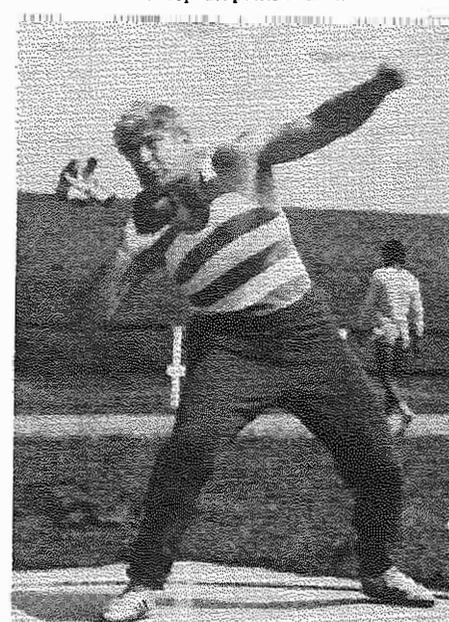
## SHOT (16 lb) Class 1

16.47	54'-0¾"	S. Clark (41)	GB	21-7
16.21	53'-2¾"	H. Potsch (41)	Ost	-6
16.09	52'-9½"	E. Comas (40)	USA	31-7
16.03	52'-7"	O. Lahtinen (41)	Fin	27-8
15.88	52'-1½"	S. Meconi (43)	It	
15.19	49'-10"	C. Fantoni (41)	It	25-5
14.84	48'-8½"	J. Galvao (42)	Port	
14.74	48'-4½"	M. Lahnalakso (40)	Fin	24-6
14.56	47'-9¾"	A. Thorsager (40)	Den	15-9
14.44	47'-4½"	M. Kahma (41)	Fin	3-7
14.44	47'-4½"	T. Simola (44)	Fin	23-9
14.42	47'-3¾"	S. Kohtala (41)	Fin	22-8
14.32	47'-0"	K. Leskinen (43)	Fin	15-9
13.92	45'-8¾"	P. Mulkey (42)	USA	6-4
13.89	45'-7"	T. Wassam (42)	USA	6-7
13.86	45'-5¾"	D. Guest	Can	14-9
13.75	45'-1½"	L. Olson (42)	USA	21-12
13.55	44'-5½"	L. Kittsteiner	Chile	
13.49	44'-3"	C. Fraundorfer (42)	USA	6-7
13.03	42'-9"	D. Carlson	USA	23-6
12.80	42'-0"	J. Pavlich (42)	Can	29-6
12.75	41'-10"	A. Halle	USA	23-6
12.74	41'-9¾"	I. Swindale (40)	GB	15-6
12.25	40'-2½"	A. Pavulins	Aus	-3
12.22	40'-1"	J. Laut	USA	23-6
12.19	40'-0"	A. Sundin	USA	14-9

## SHOT (12 lb) (\*16 lb) Class 2

16.62	54'-6½"	G. Ker (51)	USA	10-6
15.54	51'-0"	B. Bangert (50)	USA	29-6
13.49	44'-3"	N. Heard (56)	USA	23-6
13.08	42'-11"	J. Thatcher (57)	USA	23-6
12.54	41'-1¾"	A. Husband	NZ	22-1
12.39	40'-8"	N. Buell (59)	USA	17-7
12.36	40'-6½"	D. Aldrich (56)	USA	19-10
11.82*	37'-9½"	D. Vanhegan (51)	GB	11-5

SID CLARK (GB). Top shot-putter of 1974.



# 1974 WORLD RANKINGS

## SHOT (8 lb) Class 3

14.47	47'-5 3/4"	K. Makzimeczyk (60)	GB	11-8
13.96	45'-9 3/4"	V. Cheedle (64)	USA	19-10
13.43	44'-1"	J. York (61)	USA	6-7
13.43	44'-1"	N. Buell (60)	USA	26-12
13.28	43'-7"	R. Drummond (67)	USA	23-6
13.00	42'-7 3/4"	E. Lamb (64)	USA	19-10
12.94	42'-5 1/2"	R. Doms (67)	USA	19-10
12.85	42'-2"	E. Both (64)	USA	23-6
12.83	42'-1"	D. Shrader (60)	USA	19-10

## HAMMER (16 lb) Class 1

70.88	232'-6"	H. Payne (43)	GB	29-6
66.64	218'-7"	H. Potsch (41)	Ost	
61.30	201'-1"	G. Huson (43)	Fr	
60.32	196'-11"	J. Matousek (45)	Cz	25-5
57.88	189'-11"	H. Connolly (42)	USA	
56.66	185'-10"	O. Johansson (40)	Swe	
55.44	181'-10"	P. Petterson (41)	Swe	
54.76	179'-8"	D. Mijatonic (41)	Yug	
54.56	179'-0"	M. Noor (49)	Pak	
54.40	178'-6"	J. Malik (41)	Cz	16-6
54.28	178'-1"	S. Perleberg (42)	Ger	23-6
52.34	171'-8"	P. Saarikoski (47)	Fin	18-9
51.94	170'-5"	S. Robinson	GB	4-5
51.82	170'-0"	D. Bayes	GB	11-8
51.66	169'-6"	A. Corbatta (45)	Arg	
51.28	168'-3"	J. Elorriaga (43)	Sp	6-10
51.08	167'-7"	H. Jost (41)	Swi	17-8
50.56	165'-10"	L. Bell (46)	GB	-8
50.28	165'-0"	M. Jebavy (40)	Cz	16-6
50.12	164'-5"	S. Kohtala (41)	Fin	28-6
49.70	163'-0"	S. Bosch (44)	Sp	6-7
48.98	160'-8"	M. Kahma (41)	Fin	15-9
48.94	160'-7"	L. Dokler (50)	Yug	20-4
48.36	158'-8"	T. Mullins (43)	Aus	20-4
48.06	157'-8"	A. Valentine (46)	GB	6-7
47.56	156'-0"	I. Black	USA	
47.50	155'-10"	E. Roth (44)	Swi	5-6
47.18	154'-9"	C. Ludi (40)	Swi	24-5
47.12	154'-7"	V. Pohjonen (54)	Fin	27-8

## HAMMER (12 lb or 16 lb) Class 2

48.94*	160'-7"	L. Dokler (50)	Yug	20-4
47.12*	154'-7"	V. Pohjonen (54)	Fin	27-8
43.28	142'-0"	J. Rochambeau (55)	USA	23-6
41.18	135'-1"	T. McDermott (56)	USA	-7
40.44	132'-8"	S. Patterson (53)	USA	5-7
37.72	123'-9"	S. Johnson	NZ	21-1
37.60	123'-4"	D. Aldrich (55)	USA	5-7
33.64	110'-4"	G. Tait	NZ	21-1

## HAMMER (12 lb) Class 3

42.36	139'-0"	A. Tesija (60)	Aus	11-8
36.70	120'-5"	N. Hawke	NZ	21-1
33.68	110'-6"	R. Hubbell (65)	USA	23-6

## DISCUS (2 kg) Class 1

49.92	163'-9"	H. Helf (42)	Ger	21-4
49.66	162'-11"	H. Potsch (41)	Ost	-6
49.54	162'-6"	K. Jouppila (53)	Fin	28-8
49.48	162'-4"	H. Haddad (46)	Chile	-4
48.66	159'-8"	C. Rado (41)	It	16-7
46.78	153'-6"	E. Juuti (43)	Fin	29-6
46.48	152'-6"	S. Adams (42)	USA	23-4
46.40	152'-3"	E. McComas (40)	USA	30-6

46.20	151'-7"	O. Jaaskelainen (43)	Fin	11-7
45.78	150'-2"	U. Lamminen (46)	Fin	11-7
45.24	148'-9"	K. Makzimeczyk (59)	GB	7-6
45.24	148'-5"	A. Ilvonen (45)	Fin	3-6
45.02	147'-8"	M. Kalma (41)	Fin	3-7
44.82	147'-0"	J. Galvao (42)	Port	
44.64	146'-5"	P. Lammi (41)	Fin	25-6
44.64	146'-5"	J. Vyskovskij (47)	Cz	6-7
44.08	144'-7"	P. Brady (40)	USA	22-6
42.74	140'-2"	J. Pavelich (43)	Can	29-6
42.54	139'-7"	L. Olsen (43)	USA	26-12
42.22	138'-6"	H. Payne (43)	GB	14-7
42.16	138'-4"	D. Mauer	USA	7-7
42.04	137'-11"	A. Ruppen (41)	Swi	6-7
42.02	137'-10"	C. Fraundorfer (42)	USA	6-4
41.26	135'-4"	E. Vanpect (41)	USA	22-6
41.08	134'-9"	H. Kiviniemi (40)	Fin	21-7
40.70	133'-8"	S. Robinson	GB	4-5

## DISCUS (1.6 kg) (2 kg\*) Class 2

49.54	162'-6"	K. Jouppila (53)	Fin	28-8
49.21	161'-6"	K. Maczimeczyk (53)	GB	6-6
47.20	154'-10"	G. Kerr (51)	USA	22-6
43.46	142'-7"	D. Aldrich (55)	USA	6-4
38.97	127'-10"	B. Bangert (50)	USA	30-6
37.90	124'-4"	N. Heard (56)	USA	22-6

## DISCUS (1 kg) Class 3

52.06	170'-9"	K. Makzimeczyk (60)	GB	11-6
42.32	138'-10"	V. Cheedle (64)	USA	19-10
41.64	136'-7"	K. Carnine (66)	USA	7-7
41.64	136'-7"	N. Buell (60)	USA	26-12
37.72	123'-9"	J. Dick (62)	USA	22-6
37.42	122'-9"	J. York (61)	USA	7-7
35.14	116'-3"	R. Drummond (67)	USA	22-6
34.80	114'-2"	E. Both (64)	USA	22-6
34.64	113'-8"	D. Shrader (60)	USA	19-10
34.36	112'-9"	C. Hills (62)	USA	19-10
34.32	112'-7"	S. Hermann (70)	USA	8-12

## VAL LUNN (Rhodesia) ranks 8th in Pole Vault.



# VETERAN WORLD CLASS RECORDS

as at 1st June 1975

## 100 Metres

Class 1	10.7	T. Baker	40	USA	Koin	13.9.72
Class 2	11.4	A. Juillard	50	USA		18.8.73
Class 3	12.6	A. Major	61	USA		22.6.74

## 200 Metres

Class 1	22.3	D. Smith	40	USA	San D.	2.7.72
Class 2	22.3*	G. Rhoden	45	Jam.	San D.	2.7.72
Class 3	23.6	T. Baker	42	USA		7.74
Class 1	26.6	A. Guidet	55	USA		24.6.73
Class 2	26.6	V. McIntyre	60	USA	Irvine	25.6.71
Class 3	26.6	F. Sjostrand	61	USA		5.7.71

## 400 Metres

Class 1	49.7	J. Dixon	41	GB	London	26.6.73
Class 2	55.0	R. McRae	50	Aus.	Sydney	29.3.75
Class 3	59.1	R. Niblock	60	USA		6.7.74

## 800 Metres

Class 1	1:56.9	G. Wise	40	Aus.	Sydney	30.11.74
Class 2	2:05.1	W. Sheppard	50	Aus.	London	25.8.72
Class 3	2:22.3*	B. Deacon	63	USA		31.5.74

## 1500 Metres

Class 1	3:52.0	M. Bernard	40	Fr.	Brux.	20.6.72
Class 2	4:14.6	J. Ryan	52	Aus.	Syd.	23.11.74
Class 3	4:53.2	W. Andberg	61	USA	Stock.	31.8.72

## 3000 Metres

Class 1	8:22.0	A. Mimoun	41	Fr.	St.M.	6.6.62
Class 2	8:22.0	L. O'Hara	41	GB	London	23.6.73
Class 3	9:26.0	G. McGrath	54	Aus.		10.10.74
Class 1	10:50.0	J. Berg	62	Ger.	Koln	13.6.71

## 5000 Metres

Class 1	14:07.0	J. Foster	41	NZ	Hamilton	1.2.75
Class 2	15:54.0	J. Ryan	52	Aus.	Sydney	2.11.74
Class 3	17:23.0	E. Kruzycki	63	Ger.	Munich	9.9.73

## 10000 Metres

Class 1	29:11.4	J. Foster	41	NZ	Christch.	24.1.75
Class 2	32:14.0	A. Mimoun	51	Fr.	Fourch.	3.6.72
Class 3	35:57.4	E. Kruzycki	62	Ger.	Koln	16.9.72

## 3000m S.C. (open)

9:16.6	J. Macdonald	40	NZ	Christch.	1.2.75
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## 110 M. Hurdles (Open)

14.4	D. Finlay	40	GB	London	1.8.49
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## 400 M. Hurdles (Open)

54.8	J. Dixon	41	GB	Warley	25.7.73		
Class 1	19.77	64.10 1/2"	P. Colnard	41	Fr.	Paris	18.7.70
Class 2	16.62	54'6 1/2"	G. Ker	51	USA		10.6.74
Class 3	14.47	47'5 3/4"	K. Makzimeczyk	60	GB	Lon.	11.8.74

## Discus

Class 1	22.3	55.91	183'5"	A. Consolini	41	It.	Athens	20.5.58
Class 2	22.3*	54.26	178'0"	K. Jouppila	52	Fin.	Hel	5.8.73
Class 3	23.6	52.06	170'9"	K. Makzimeczyk	60	GB	Brist.	11.6.74

## Javelin

Class 1	76.12	249'9"	J. Kulcsar	40	Hun	Buda.	4.5.74
Class 2	55.91	183'5"	J. Stenzenieks	50	Chile	San.	63
Class 3	40.89	134'2"	K. Carnine	64	USA	Gresh.	15.7.72

## Hammer

Class 1	70.90	232'7 1/2"	R. Klim	40	USSR	Len.	26.7.73
Class 2	55.90	183'4 1/2"	K. Hein	50	Ger.	Hamb.	20.9.58
Class 3	42.36	138'11 1/2"	A. Tesija	60	Aus.	Melb.	11.8.74

## High Jump

Class 1	2.05	6'8 3/4"	E. Nilson	40	Sw.	Ljun	25.9.66
Class 2	1.73	5'8 1/8"	O. Gillette	52	USA	Glend.	11.12.71
Class 3	1.46	4'9 3/4"	S. Thompson	62	USA	Haw.	26.10.72

## Long Jump

Class 1	7.13	23'4 3/4"	D. Jackson	40	USA	Irvine	11.6.72
Class 2	6.23	20'5 1/4"	R. Morcom	51	USA	Los A.	17.6.72
Class 3	5.04	16'6 1/2"	M. Andors	61	USA	S.D.	21.4.73

## Triple Jump

Class 1	14.41	47'3 3/4"	H. Strauss	40	Ger.	Schw.	16.5.71
Class 2	12.04	39'6"	G. Farrell	54	USA	Wood.	26.7.72
Class 3	10.24	33'7 1/4"	B. Deacon	63	USA		23.6.74

## Pole Vault

Class 1	4.60	15'1 1/4"	R. Ruth	44	Can.	Gote.	7.9.72
Class 2	4.26	14'0"	R. Morcom	52	USA	S.D.	8.11.73
Class 3	3.90	12'9 1/2"	H. Schmitt	60	Ger.	Duis.	70
Class 3	3.90	12'9 1/2"	H. Schmitt	61			14.10.71

NOTES: These 'Best Performances' are the best that are known by us - they may include wind assisted returns as at the moment there is no world body that ratifies age records - or no rules on submission.

\*Thane Baker 200m return was for 220yds (if timed it would have been worth 22.2).

\*Bud Deacon 800m was in a 880yds race returned at 2:23.1.

# UK Results

Several groups of veterans will be making the trip to Toronto, but the two principal tours will be with Jack Fitzgerald and Norman Ashcroft.

The names of all intended competitors is not to hand, but the following are known to be amongst the travellers.

Howard and Rosemary Payne, Fred Smith, Keith Whitaker, Konstanty Maksimczyk, Roy Thorpe, Eric Austin, Gordon Porteous, Brian Bullen, Jack Brown, George Brown, Maurice Morrell, Ken Harland, Gerry LeRoy, Tom Buckingham, Colin Simpson, Ron Franklin, Eric Shirley, Mike Barratt, Bob Pape, Roy Allen, Phil Munn, Joe Phillips, Jack Williams, Stan Allen, Les Batt, Sam Lee, Charlie Speechley (87) and Duncan Maclean (90).

About 180 in all will be competing and Britain is hoping for a goodly collection of awards. U.K. veterans have been turning in some useful performances this season. Unfortunately many leading vets are not making the Toronto trip.

Ron Taylor has been in great form, setting a new British Best for 100m of 11.0 at Cophall Stadium on 14th June.

At the same meeting (Barnet Sports Gala) he recorded 22.3 for 200m—a new British best which he proceeded to chop by a further 'tenth' a couple of weeks later and match Thane Baker's world mark. At the same meeting world age-records were set by Les Batt (61) with 12.8 and Jack Williams (64) 13.5. Duncan Maclean (90) did a brisk 19.9. K. Williams produced an impressive over-50 double with 12.3/25.5.

Fred Smith has been sharpening up for the 400 and has recorded 11.0 for 100, and 52.6 for 400.

Britain's former triple-jumping international Ken Wilmshurst (43) was persuaded to turn out for his club, Walton, for the first time since the 1972 Crystal Palace meeting and produced a 6.05/19'9½" long jump and a 12.29/40'-4" triple jump plus an aching back and strained tendons!

Laurie O'Hara 42 (not Toronto bound) followed

up his 30:21 in the SCAA 10,000m with 8:31 in the championship 3,000m and a Southern League 14:45.4 5,000m. His club-mate, Bill Kerr (43) has 8:47 (3,000) and 4:06 (1500) to his credit. Mike Barratt (42) is also going well with 1500/10,000 times of 4:11.1/31:23.

Newcomer Brian Parkes (40), a former miler, is beginning to find some good form again with a 4:15.8 clocking for 1500m at West London Stadium.

Howard Payne has put in a good throw of 203'-10" in his first year of 'retirement' and "Dinger" Bell a useful 151'-2", while Sid Clarke has pushed the shot out to 52'-11" and Konstanty Maksimczyk (60) the 12lbs ball to 40'-5" and the discus to 152'-1".

Joe Phillips is shaping up well for the Toronto pentathlon with the following: jav 165'-6", LJ 17'-9", 100m 13.6, 200m 26.6, 100H 17.6, disc 92'-0", HJ 5'-3".

Ron Bentley (44) won the Midlands marathon with 2:35:00, while Ian McKenzie was first home in the tough Isle of Wight event with 2:40:23—Bob Pape taking the over-50 award with 2:46:25.

Eric Austin preceded his 40th birthday (in July) with a win in the Pembroke '20' in 1:42:51 and 13th place in the A.A.A. marathon with 2:20:28. McKenzie ran again here improving to 2:35:08.

Maurice Morrell (42) is showing his best form to date, leading home all the veterans at Wallasey on April 20th by a clear minute in 31:54 on the 10Km road course, but he had to give best to Colin Simpson in the Michelin '10' after a close fought struggle.

Gordon Eadie produced an impressive win at Glasgow on May 3rd, pushing the redoubtable Charlie McAlinden behind him in a 6 miles road race, to the tune of nearly a minute.

K. Fiddler and T. Deighton travelled to the U.S.A. this spring for the Boston marathon and recorded 2:45:34 and 2:49:00 respectively.

Sid Clark (Woodford Gn.) improved his best shot put mark this season to 16.22 /53'-2¾" at Crystal Palace on June 28th.

April 20th Wallasey Road Race	
1 M. Morrell (Wirral)	31:54
2 A. Hughes (Rochdale)	32:50
3 R. Norman (East Ches)	32:55
4 J. Wright (Wallasey)	33:17
5 R. Goodyear (YMCA)	33:49
6 K. Hall (Wirral)	33:54
7 J. Wild (East Ches)	34:00
8 J. Salt (Rochdale)	34:17
9 M. Weston (Bury)	34:44
10 T. Smythe (Rochdale)	34:55
11 J. Foster (Bury)	35:00
12 J. McAloon (Pembroke)	35:05
13 L. Nicholson (Pembroke)	35:23
14 F. Valentine (Bolton)	35:29
15 A. Garrigthy (YMCA)	35:31
16 S. Smith (Pembroke)	35:32
17 W. Brown (East Ches)	35:39
18 D. Walsh (Blackburn)	35:44

19 J. Betney (Clayton)	35:44
20 W. McMinis (Sutton)	35:47
21 A. Knowles (Sefton)	35:50
22 T. Ratcliffe (Bury)	36:36
23 H. Thornton (Airedale)	36:46
24 D. Wadsworth (Newcastle)	36:47
25 L. Whitehead (Pembroke)	36:48
26 J. Rae (Stretford)	36:51
27 N. Ashcroft (Sutton)	37:02
(61 finished)	

Over 50	Over 60
1 K. Hall	1 W. McMinis
2 W. Brown	2 E. Wallace
3 N. Ashcroft	3 C. Baldwin

Teams:	20 pts	27 pts	36 pts
1 Rochdale (2, 8, 10)			
2 East Ches (3, 7, 17)			
3 Wirral (1, 6, 29)			

April 26th Berne Hill '10' Road Race	
11 D. Case 42 (E & S)	55:42
14 S. N. Allen 40 (HHH)	56:35

April 26th 30 Miles Track Race—Epsom	
2 D. Funnell (47) Epsom	3:07:35
6 T. Buckingham (57) Leam	3:26:40

April 27th Three Peaks Race	
Veteran result:	
1 D. Hodgson (Leeds)	3:12:16
2 E. J. Roberts (Kendal)	3:17:10
3 G. Phipps (Leam)	3:22:15

May 3rd Inter-Regional '20' Road Race	
30 D. Case 42 (E & S)	1:56:15

May 3rd Scottish Vets 'Glasgow 800'	
6 miles Road Race	
1 G. Eadie	34:31
2 C. McAlinden	35:25
3 J. Irvine	35:53
4 W. Ramage	36:04
5 W. Marshall	37:05
6 E. Dolan	37:59
7 J. Moore	38:28
8 J. Murray	38:38
9 J. McLean	38:49
10 J. Black	39:13
11 B. Bickerton	39:27
12 A. Galbraith	39:43
13 J. Barrowman	40:22
14 T. Harrison	40:44
15 C. Forbes	40:54
16 G. Porteous	41:10
17 J. Hanton	41:10
18 W. Kelly	41:48
19 M. Philips	42:01
20 H. Irwing	42:12
21 T. Fletcher	42:17
22 A. McManus	42:28
23 A. Forbes	42:41
24 P. Livingston	42:42
25 W. Ross	42:57

Teams: (First to reach 800 yards)	
1 Glasgow (17 men)	814 yrs
2 The Rest (18 men)	825 yrs

May 3rd Hampstead 10 miles Road Race	
11 R. Macey 40 (Verlea)	54:04
20 E. Nolan 43 (Shaft)	55:29
22 J. Lusty 41 (E & S)	56:01

May 3rd Midland Veterans Marathon	
1 R. Bentley (Tipton)	2:35:00
2 D. Harris (Dud & St)	2:42:38
3 D. Davies (Cheltenham)	2:44:25
4 D. McWhirter (Tipton)	2:45:21
5 M. Cameron (Kettering)	2:56:15
6 W. Mottram (West Brom)	2:57:56
7 C. Beeston (Derby)	2:58:35
8 T. Buckingham (Leam)	3:00:11
9 B. Boyce (Tipton)	3:06:11
10 D. Cartwright (Woi&Bil)	3:14:14
11 D. Wakeman (Halesowen)	3:52:11

Team:	
1 Tipton H.	

May 10th Chichester—Portsmouth Road Race	
26 I. McKenzie 42 (MP)	1:34:13
29 G. Phipps 49 (Leam)	1:35:06
44 R. H. Pape 50 (RN)	1:38:14
47 D. Blount (Kett)	1:40:12
62 T. Buckingham 57 (Leam)	1:44:11

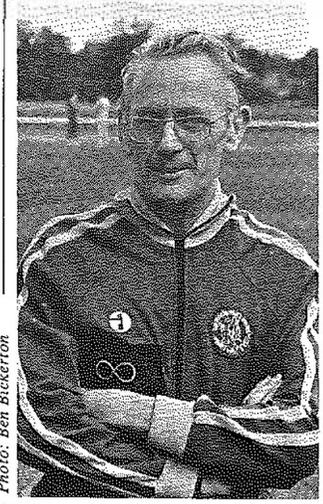
  

May 10th Croxdale '10' Road Race	
30 R. Balding (Heat)	52:03
33 T. Rooke (M & C)	52:13
34 P. Pattison (Gos)	52:15
37 G. Spink (Bing)	52:31

May 10th (Over 50)	
E. Joynson (Gateshead)	

May 4th Michelin '10' Road Race	
Run over an accurately measured course which included some very tough hills. Colin Simpson caught Maurice Morrell at 5 miles, opened up a 30 yard gap which he widened to 150 yards with some very hard running in the last half mile. Ken Hall had a nasty shock in the over 50 class finding Tom Wood of Newport breathing down his neck at the finish. This "10" would make a fine National Vets. Championship, bang on the Motorway with Don Shelley a very professional Promoter.	
44 C. Simpson (1B) Small H	53:23
49 M. Morrell (Wirral)	53:52
73 K. Hall (2A) (Wirral)	56:55
74 P. Wilkinson (1B) (Derby)	57:06
75 T. Wood (2A) (Newport)	57:09
79 R. Billington (Wrexham)	57:31
83 K. Morse (Michelin)	57:59
105 J. Dawson (M'er YMCA)	59:24
112 P. Blunden (1B) (Michelin)	59:53
118 M. Campbell (Notts A.C.)	60:30
129 T. Deighton (Stoke)	61:45
132 J. Lawton (1B) (Leeds)	61:49
137 M. Thompson (Newcastle)	62:26
147 R. Givson (Woodford G)	63:56
150 V. Wadsworth (Newcastle)	63:40
153 R. Fernyough (2A) M'lin	64:56
159 G. Baldwin (Wrexham)	65:27
178 D. Rosenfield (2A) EChes	73:49
179 A. Lock (3) (E. Cheshire)	74:02



KEN HALL (53)

May 11th Veterans AC 10 miles Road Race	
Winner: L. O'Hara 42	51:24

Handicap:	
1 J. Flowers (8:15)	49:53
2 E. Flowers (8:00)	50:01
3 C. Stockings (12:00)	50:17

May 14th SCAAA 3000 Track Champs	
L. O'Hara (Belgrave) 42	8:31.0
W. Kerr (Belgrave) 43	8:47.0

May 17th Isle of Wight Marathon	
11 I. McKenzie 42 (MP)	2:40:23
17 R. Pape 50 (RN)	2:46:25
21 D. Bradshaw (Salf)	2:49:47
24 W. Anderson 43 (MP)	2:50:58
29 J. Fitzgerald 52 (Mrt)	2:52:25
30 E. Richardson (AFD)	2:52:26
(38 vets competed)	

May 17th British League (Div. 2) SHOT:	
S. Clark 41 (Wood)	15.90/ 52'-2"

May 17th Pembroke '20' Road Race	
1 E. Austin (40 in July)	1:42:51
13 R. Franklin 46 (TVH)	1:54:48
26 R. Kernighan (Liv)	2:01:03
20 W. Mottram (W. Brom)	2:03:02

May 18th City of Manchester 5 miles C.C.	
20 P. Goodfellow 41 (Stoke)	30:49
22 A. Walsham 44 (Salf)	30:54
27 M. Morrell 42 (Wirr)	31:25

May 18th Fairfield Horseshoe Fell Race (Cat. A. 8 miles / 3,000 ft.)	
Veteran result:	
1 G. Rhodes 48 (Climb)	1:18:18
2 E. Roberts (Ken)	1:22:46
3= W. Gauld (ESt)	1:26:51
3= K. Brooks (Ley)	1:26:51

May 24th Wharfedale '8' Road Race	
13 K. Hodkinson 43 (Salf)	44:00
15 R. Allen 41 (Harro)	44:11
18 T. Rooke 42 (M & C)	44:37

May 21st Belgrave H. 10,000m Track Champs	
1 L. O'Hara 42	31:06

May 25th Isle of Man T.T. '40'	
8 D. McWhirter 42 (Tip)	4:30:20
16 T. Buckingham 57 (Leam)	4:50:50

May 27th Vets AC 100 Metres Handicap	
1. A. Hartlace (20½m)	13.5
2. K. Williams 50+ (2m)	
3. S. Stein 50+ (1m)	

May 31st Southern League (1) Wimbledon	
1500: W. Kerr (Belgrave) 43	4:06.0
5000: L. O'Hara (Belgrave) 42	14:45.4

June 4th Birkenhead Park '5' Road Race	
0/40: G. Doggett (Salf)	27:37
0/45: R. Kernighan (LwP)	28:09
0/50: K. Hall (Wirr)	27:54

June 4th Joiners Square Festival '3' Road Race	
1. R. Fowler 40 (Stoke)	13:21

June 1st  
**Michelin A.A.A. Marathon, Stoke**  
 13 E. Austin (40 in July) 2:20:28  
 51 I. McKenzie 42 (MP) 2:35:08  
 63 K. Moore 40 (Mich) 2:38:01  
 67 W. Rigby 43 (RAF) 2:39:21  
 76 L. Tew 40 (Brid) 2:44:28  
 80 W. Ramage 43 (Spring) 2:46:14  
 81 S. Izzard 42 (High) 2:46:51  
 89 K. Jones 40 (Luton) 2:48:20  
 90 G. Spink 41 (Bing) 2:48:25  
 99 W. Anderson 43 (MP) 2:50:28  
 100 T. Buckingham 57 (Leam) 2:50:36  
 107 M. Campbell (Notts) 2:51:59  
 114 J. Bates (Bing) 2:53:39  
 119 J. Dawson (Man YM) 2:56:10  
 134 D. Garnett (A&SV) 2:57:42



Photo: Judy Goldhill

**SEYMOUR IZZARD**

June 11th  
**Scottish vets 5,000m Track Champs**  
*(Over 40)*  
 1 C. McAlinden 15:59  
 2 W. Stoddart 16:00  
 3 J. Irvine 16:03  
 4 W. Ramage 16:07  
 5 H. Morrison 16:44  
 6 J. Murray 17:22  
 7 A. Peden 17:22  
 8 J. McLean (45+) 17:33  
 9 J. Barrowman 17:46  
 10 E. Dolan 17:54  
 11 B. Bickerton (45+) 18:09  
 12 A. McManus 18:12  
*(Over 50)*  
 1 G. Porteous (60+) 18:22  
 2 C. Forbes 18:35  
 3 T. Fletcher 18:42  
 4 J. Clark 18:50  
 5 T. Harrison 19:00  
 6 J. Hanton 19:12  
 7 J. Farrell (60+) 19:29  
 8 W. Baxter 19:53  
 9 T. Monaghan 19:58  
 10 C. Wallace 20:05  
 11 W. Ross 20:10  
 12 D. Anderson 20:15

June 28th  
**Southern T & F Championships**  
 Shot 3S: Clark 42 (Wood) 16:22/53'2M"

June 29th  
**Manchester YMCA 20km Road Race**  
 20. A. Walsham 1B (Salf) 64:44  
 21. K. Hodkinson (Salf) 65:05  
 35. R. Franklin 1B (TVH) 66:37  
 45. R. Kormighan 1B (Liv.P) 67:57  
 55. P. Carragher (Liv.P.) 68:50  
 63. G. Doggett (Salf) 69:28  
 69. C. Aldred (Salf) 70:42  
 72. J. Wilde (E. Ches) 70:55  
 75. R. Blastland (Derby) 71:17  
 77. R. Billington (Wrex) 71:25  
 81. S. Smith 1B (Liv.P) 71:56  
 83. J. Salt (Roch) 72:04  
 95. J. Sawyer (Long) 73:16  
 99. J. Foster (Bury) 74:01  
 104. J. Dawson (M/CYM) 74:25  
 107. S. Coffey 1B (M & D) 74:36  
 108. A. Gerrity (M/CYM) 74:39  
 112. K. Metcalf (Black) 75:12  
 117. J. McAloon (Liv.P) 75:23  
 120. L. Nicholson 2 (Liv.P) 75:48  
 122. B. Mathieson 2 (Long) 75:58  
 123. R. Norman (E. Ches) 76:03  
 125. J. Lawton 1B (Leeds City) 76:05  
 126. J. Haslam 1B (Bolton) 76:08  
 128. G. Willan (Sefton) 76:22  
 129. W. Brown 2 (E. Ches) 76:26  
 132. D. Garnett (Airdale) 76:38  
 134. W. McMinis 3 (Sutton) 76:44  
 135. L. Whitehead 1B (Un.Att.) 76:49  
 137. E. Chappell (M/CYMCA) 77:35  
 139. A. Hardman (Aldrincham) 78:06  
 140. T. Meadcroft (Bolton) 78:13  
 147. N. Ashcroft (Sutton) 79:03  
 148. D. Brown (Newcastle) 79:09  
 150. B. Crook 1B (Rochdale) 79:22  
 153. H. Smith (Clayton) 79:36  
 154. J. Iddon 1B (Bolton) 79:45  
 155. F. Williams (M/C YMCA) 79:52  
 156. P. Shillito (L'pool Pem) 80:05  
 160. J.W. Rae 2 (Stretford) 80:47  
 163. D. Convery 1B (Harrogate) 81:34  
 164. H. Wheatley (M/C YMCA) 81:52  
 165. B. Rawlinson (Sale) 82:22  
 172. E. Crowley 1B (L'pool Pem) 83:48  
 174. L. Baldwin (Wrexham) 83:54  
 177. E. Booth (M/C YMCA) 84:18  
 178. E. Roberts (M/C YMCA) 84:20  
 179. R. Discher 2 (Post SV Lu) 84:27  
 180. J. Ball 1B (L'pool Pem.) 84:39  
 183. K. Salisbury 2 (Wirral) 85:37  
 190. S. Lee 3 (Horwich RMI) 87:02  
 191. P. Balmer 1B (Hull) 87:24  
 192. J. Lewis (Salford) 87:35  
 194. L. Heald 2 (E. Ches) 87:46  
 195. A. Kimber 2 (Oldham) 88:10  
 197. B. Knowles (Sefton) 88:33  
 198. G. Cartwell (Wrexham) 88:54  
 200. J. Hadan 2 (Tipton) 90:28  
 201. D. Rosenfield 3 (E. Ches) 90:40  
 202. J. McKeon 1B (E. Ches) 90:46  
 204. N. Eckersley 1B (E. Ches) 91:36  
 205. D. Crewe 2 (E. Ches) 92:42  
 206. A. Locke 3 (E. Ches) 93:32  
 207. D. Bowler (Oldham) 93:53  
 208. O. Caviglioli 3 (Basildon) 94:01  
 209. J. Breen 2 (E. Ches) 94:28  
 211. F. Davies (E. Ches) 95:27  
 212. F. Steward 1B (Sale) 95:42  
 213. S. Proffitt 3 (M/C YMCA) 96:05  
 214. G. Miller 2 (L'pool Pem.) 97:48  
 215. W. Leach 3 (Bolton) 100:20

**BARNET SPORT**

**100 METRES Class 1**  
 1 R. Taylor (Unatt) 11.0  
*(UK record)*  
 2 A. Blackman (Haringey) 11.4  
 3 C. Williams (VAC) 11.5  
 4 F. Smith (Woodford) 11.6  
 5 J. Wood (P'borough) 12.0  
 6 C. Jones (Woodford) 12.1

**100 METRES Class 2**  
 1 K. Williams (Mitcham) 12.3  
 2 S. Stein (Highgate) 12.7  
 3 A. Dunn (Haringey) 12.7  
 4 J. Hare (Feltham) 13.4  
 5 D. Vanhegan (Barnet) 14.4  
 6 R. Davenport (N Vets) 14.6

**100 METRES Class 3**  
 1 L. Batt (Highgate H) 12.8  
*(World Record aged 61 yrs)*  
 2 J. Williams (VAC) 13.5  
*(World Record aged 64 yrs)*  
 3 W. Baker (Highgate H) 14.9  
 4 D. McClean (VAC) (91) 19.9  
 5 C. Speechley (Belgrave) (87) 23.9

**200 METRES Class 1**  
 1 R. Taylor (Unatt) 22.3  
*(UK record)*  
 2 F. Smith (Woodford) 23.7  
 3 A. Blackman (Haringey) 23.8  
 4 J. Wood (P'borough) 24.0  
 5 C. Jones (Woodford) 24.5  
 6 P. Holden (Verlea) 25.3

**200 METRES Class 2**  
 1 K. Williams (Mitcham) 25.5  
 2 P. Munn (Mitcham) 26.8  
 3 S. Stein (Highgate) 27.1  
 4 A. Dunn (Haringey) 27.5  
 5 D. Vanhegan (Barnet) 30.2  
 6 R. Davenport (Northern V) 30.8

**200 METRES Class 3**  
 1 L. Batt (Highgate) 28.0  
 2 J. Williams (VAC) 29.1  
 3 A. Busby (Vauxhall) 31.0  
 4 T. Mitchell (VAC) 32.3  
 5 J. Barrs (Poly) 43.2  
 6 C. Speechley (Belgrave) (87) 51.9

**400 METRES Class 1**  
 1 F. Smith (Woodford) 53.5  
 2 A. Kimber (Mitcham) 57.1  
 3 B. Jackson (Portsmouth) 59.0  
 4 J. Coggin (Leicester) 60.7  
 5 J. Green (Wycombe) 61.1

**400 METRES Class 2**  
 1 P. Munn (Mitcham) 60.4  
 2 S. Stein (Highgate) 60.9  
 3 B. Neilson (Hillingdon) 62.6  
 4 A. Dunn (Haringey) 62.7  
 5 A. Huggins (Norwich) 67.2  
 6 E. Obree (Cambridge) 63.2

**400 METRES Class 3**  
 1 L. Batt (Highgate) 63.8

**S GALA**

COPTHALL STADIUM, JUNE 14/15

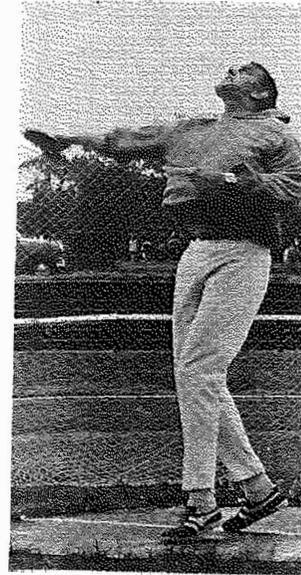


Photo: Judy Goldhill

**IAN SWINDALE**

**800 METRES Class 1**  
 1 T. Clowry (Nottingham) 2:07.4  
 2 A. Kimber (Mitcham) 2:08.2  
 3 T. Everitt (Eton Manor) 2:08.3  
 4 D. Baines (Belgrave) 2:12.4  
 5 J. Green (Wycombe) 2:12.6  
 6 G. Smith (Eton Manor) 2:13.4

**800 METRES Class 2**  
 1 H. Tempan (Victoria Pk) 2:21.9  
 2 E. Obree (Cambridge) 2:24.0  
 3 B. Neilson (Hillingdon) 2:24.3  
 4 L. Brown (Woodford) 2:25.8

**800 METRES Class 3**  
 1 L. Rolls (VAC) 2:33.3

**1500 METRES**  
 1 R. Bateman (VAC) 4:17.6  
 2 P. Wilkes (Poly) 4:23.8  
 3 C. Shippen (Belgrave) 4:34.9  
 4 J. Hayward (Woodford) 4:38.1  
 5 L. Burnett (Woodford) 5:06.7  
 6 L. Brown (Woodford) 5:11.6

**LONG JUMP**  
 1 R. Taylor (Unatt) 6.03  
 2 C. Jones (Woodford) 5.62  
 3 A. Kalirai (VAC) 5.35  
 4 C. Knowles (V of Ayles) 4.99  
 5 J. Day (Blackheath) 4.97  
 6 P. Munn (Mitcham) 4.96

**DISCUS**  
 1 I. Swindale (Enfield) 35.56  
 2 D. Vanhegan (Barnet) 34.22  
 3 I. Briggs (Surrey B) 33.08  
 4 G. Dollman (Shaftes) 30.88  
 5 D. Burrage (Barnet) 29.02  
 6 J. Phillips (Trowbridge) 27.68  
 7 J. Day (Blackheath) 20.32

**HIGH JUMP**  
 1 J. Phillips (Trowbridge) 1.60  
 2 J. Day (Blackheath) 1.45

**SHOT**  
 1 D. Vanhegan (Barnet) 11.61  
 2 G. Dollman (Unatt) 11.09  
 3 R. Tyndall (SLH) 9.46

**3000 METRES**  
 1 G. Brown (Verlea) 8:52.4  
 2 K. Harland (Cambridge) 9:09.8  
 3 B. Parkes (Highgate) 9:12.2  
 4 J. Brown (Cambridge) 9:24.4  
 5 G. Harrison (Highgate) 9:37.8  
 6 D. Plater (Ilford) 9:41.8  
 7 T. Everitt (Eton Manor) 9:42.0  
 8 D. Devey (Highgate) 9:43.0  
 9 D. Deller (Cambridge) 9:46.0  
 10 B. Cole (Eton Manor) 9:52.0  
 11 R. Curtis (Tonbridge) 9:54.0  
 12 A. Tiffen (Ilford) 10:01.4  
 13 S. Izzard (Highgate) 10:20.0  
 14 K. Kearsley (Eton Manor) 10:27.0  
 15 D. Jones (Ilford) 10:52.0  
 16 C. McDowell (Ranelagh) 11:51.0  
 17 F. Jackson (Norwich) 13:40.6

**Teams:**  
 1 Cambridge (2, 4, 9) 15 pts  
 2 Highgate (3, 5, 8) 16 pts  
 3 Ilford (6, 12, 15) 33 pts

**10 Km Road Race**  
 1 Ealing (2, 10, 15) 27 pts  
 2 Wirral (4, 8, 36) 48 pts  
 3 Verlea (3, 16, 30) 49 pts  
 4 Blackheath (13, 21, 28) 62 pts  
 5 Highgate H. (12, 18, 37) 67 pts  
 6 Woodford (24, 27, 33) 84 pts  
 7 Vets AC (7, 42, 46) 95 pts

**Individual Result**  
 1 R. Gomez (Haringey) 32:10  
 2 M. Barratt (E & S) 32:47  
 3 J. Steed (Verlea) 32:55  
 4 M. Morrell (Wirral) 33:47  
 5 J. Luxford (Horsham) 33:55  
 6 E. Nolan (Shaftesbury) 34:29  
 7 R. Bateman (VAC) 34:51  
 8 K. Hall (Wirral) (2) 34:56  
 9 J. Atkinson (Barnet) 35:36  
 10 J. Hyatt (Ealing) 35:41  
 11 K. Jones (Vauxhall) 35:54  
 12 S. Izzard (Highgate) 36:08  
 13 W. Hill (Blackheath) 36:13  
 14 D. Morony (Cambridge) 36:34  
 15 C. Brown (Ealing) 36:49

16 R. Day (Verlea) 36:53  
 17 T. Samuels (Havering) 37:00  
 18 P. Maffia (Highgate) 37:06  
 19 J. Betney (Clayton) 37:21  
 20 G. Scuts (Portsmouth) (2) 37:23  
 (47 finished)

**LADIES**

**200 METRES**  
 1 G. Plater 28.0  
 2 P. Willis 28.6  
 3 E. Wheeler 29.0  
 4 R. Jackson 29.4  
 5 H. Ryder 31.3  
 6 J. Coker 32.4  
 7 M. Williams (60+) 38.3

**800 METRES**  
 1 G. Plater 2:29.0  
 2 H. Ryder 2:33.8  
 3 R. Jackson 2:38.8  
 4 P. Jones 2:40.9  
 5 J. Coker 2:50.9

**SHOT**  
 1 P. Willis 8.44  
 2 H. Rider 6.95  
 3 E. Wheeler 6.50



Photo: Judy Goldhill  
**G. PLATER**

June 14th		
Vets AC Handicap, Battersea		
100m:		
1. J. Searle (2 1/2m)	12.1	
2. W. Hartfree (19m)	12.1	
3. D. Green (1 1/2m)	12.1	
5 Miles Road Race		
1. R. Hopcroft (12.00)	23:03	
2. A. Betteridge (11.00)	24:28	
3. C. McDowell (9.00)	26:07	

Rex Foulkes Memorial 20 KM Road Race		
15. R. Gomez Haringay & So.	66:15	
31. E. Nolan Shaftes. Harr.	68:21	
38. W. Anderson Met. Police	69:42	
44. H. Soper Luton	70:12	
49. E. Jones Luton	71:05	
53. I. Mackenzie Met. Police	71:22	
55. S. Izzard High. Harriers	71:39	
60. J. Morronay Cambridge & C72	73:34	
61. L.A. Gaskin South. Harr.	73:11	
63. J.F. Fitzgerald 2 Mitch. A.C.	73:34	
64. K. Fiddler V. of Ayles.	73:35	
66. R.J.E. Johnston Tham. Val	73:42	
74. A. Saunders 7th PARA	74:13	
77. T. Buckingham 2 Leam.	74:40	
78. D.C. Lee Shaftesbury	74:41	
80. D. Ball Biggleswad	75:22	
82. M. Campbell Notts A.C.	75:48	
83. T.W.G. Taylor Bracknell	75:48	
86. F.H. Cowley Bracknell	76:19	
94. J. Gurney Bracknell	77:49	
95. A. Layton Luton	78:09	
96. J. Benjamin Hillingdon	78:12	
101. R. Gibson Woodford Gr.	79:11	
105. D. Blyth 2 Norfolk G.	79:37	

July 6th		
Veterans AC Track Championships		
Battersea Park		
100 Metres:		
Class 1		
1. A. Blackman	11.9	
2. F. Smith	12.3	
3. K. Scott	12.3	
Class 2		
1. S. Stein	13.1	
2. C. Fairey	13.2	
3. A. Dunn	13.3	
Class 3		
1. J. Williams	15.1	
2. A. Beckett	15.7	
3. T. Mitchell	15.9	
Class 4		
1. A. Sutherland	16.0	
2. N. Martin	16.0	
3. D. Maclean (90)		
200 Metres		
Class 1		
1. A. Blackman	24.0	
2. F. Smith	24.9	
3. K. Scott	25.5	
Class 2		
1. S. Stein	26.9	
2. G. Brooks	26.9	
3. C. Fairey	27.0	
Class 3		
1. J. Williams	31.8	
2. T. Mitchell	32.1	
3. L. Clements	34.0	
Class 4		
1. A. Sutherland	33.8	

110. P. Webb V. of Ayles.	81:38	
111. J. Atkinson Barnet & D	81:39	
112. G. Betts 2 Queens P.H.	82:18	
113. A. Fox Croydon H.	82:28	
115. D. Devey High. Harriers	82:52	
116. J. Everitt Feltham	83:00	
117. E. Bamford Hillingdon	83:15	
118. I. Sharples Met. Police	83:18	
120. H. Wilde Hillingdon	83:56	
125. D. Raven Hillingdon	88:39	
126. G.T. Knox Hillingdon	91:11	
127. P. Crisp 2 Hillingdon	92:08	
131. S. Aldridge Small Heath H.	94:45	
132. W. Symes 3 QPH	96:26	
135. F. Woolford 3 S.Lon.H.	115:09	
136. E.J. Peacock 3 Vets A.C.	118:26	

June 22nd		
Veterans Inter-Counties 10 Km Road		
1. K. Harland (Kent)	32:11	
2. R. Macey (Herts)	32:34	
3. C. Simpson (Warks)	32:40	
4. J. Steed (Herts)	32:50	
5. R. Bateman (Warks)	33:03	
6. R. Franklin (Monm.)	33:10	
7. A. Hughes (Lancs)	33:17	
8. G. A. Phipps (Warks)	33:53	
9. G. Harrison (Herts)	34:09	
10. G. Brady (Lancs)	34:15	
11. A. Layton (Beds)	34:17	
12. E. Williams (Salop)	34:18	
13. D. Davies (Heref)	34:32	
14. D. Dellat (Kent)	34:37	
15. R. Kerningham (Lancs)	34:39	
16. H. Soper (Bedes)	34:41	
17. R. Blastland (Derbs)	34:44	
18. S. Smith (Lancs)	34:47	

400 Metres		
Class 1		
1. F. Smith	52.4	
2. K. Scott	54.5	
3. A. Kimber	55.8	
Class 2		
1. P. Munn	60.9	
2. L. Brown	61.3	
3. S. Stein	61.8	
Class 3		
1. T. Mitchell	75.5	
2. E. Sears	76.7	
3. L. Clements	88.0	
Class 4		
1. A. Sutherland	97.5	
800 Metres		
Class 1		
1. T. Everitt	2:08.7	
2. G. Smith	2:08.7	
3. R. Hunt	2:09.4	
Class 2		
1. L. Brown	2:24.0	
2. P. Munn	2:32.0	
Class 3		
1. L. Rolls	2:39.0	
2. E. Sears	3:11.0	
Class 4		
1. R. White	3:21.0	
1500 Metres		
Class 1		
1. L. O'Hara	4:12.0	
2. G. Smith	4:32.4	
3. P. Motley	4:36.7	

19. W. Hill (Kent)	34:49	
20. D. Harris (Staffs)	35:11	
21. W. Jones (Beds)	35:14	
22. J. Salt (Lancs)	35:25	
23. P. Wilkinson (Derbs)	35:30	
24. M. Weston (Lancs)	35:35	
25. C. Hill (Yorks)	35:38	
26. J. Fitzgerald (Surrey) 50+	35:47	
27. G. Eden (Yorks)	35:49	
28. D. Maynard (Kent)	34:56	
29. K. Fiddler (Bucks)	36:02	
30. W. Mottram (Staffs)	36:06	
31. P. Burns (Warks)	36:11	
32. G. Crowder (Kent)	36:15	
33. J. Foster (Lancs)	36:17	
34. G. Smith (Norths)	36:19	
35. G. Hird (Yorks)	36:27	
36. R. Fox (Notts)	36:29	
37. T. Buckingham (Warks) 55+	36:31	
38. J. Sawyer (Yorks)	36:37	
39. W. Brown (Lancs) 50+	36:57	
40. S. Coffey (Lancs)	37:10	
41. D. Smith (Norths)	37:15	
42. F. Valentine (Lancs)	37:20	
43. B. Foulds (Yorks)	37:22	
44. R. McMinnis (Lancs) 60+	37:39	
45. L. Nicholson (Lancs) 50+	37:52	
46. L. Whitehead (Lancs)	38:03	
47. T. Palmer (Norths)	38:06	
48. G. Ashby (Staffs)	38:09	
49. R. Richmond (Warks)	38:12	
50. E. Newport (Lancs)	38:17	
(95 finished)		
Teams:		
1. Warwickshire (3,5,8,31)	47 pts	
2. Lancashire (7,10,15,18)	50 pts	
3. Kent (1,14,19,27)	61 pts	

Class 2		
1. L. Burnett	5:06.0	
2. J. Brown	5:26.4	
3. D. Payne	5:38.4	
Class 3		
1. L. Rolls	5:28.0	
2. J. Heath	6:43.8	
Class 4		
1. R. White	7:03.0	
5000 Metres		
Class 1		
1. R. Bateman	15:49.2	
2. K. Bray	17:32.0	
3. S. Charlton	17:39.4	
Class 2		
1. J. Downs	19:37	
2. D. Payne	22:14	
Class 3		
1. J. Heath	24:21	
2. E. Peacock	25:51	
Class 4		
1. R. White	26:18.6	
3200 M Walk		
Class 1		
1. K. Livermore	15:34.2	
2. J. Bromley	15:56.4	
3.		
Class 2		
1. D. McMullen	16:01.4	
2. F. Nickolls	18:47.6	
3. W. Garratt	21:20.4	
Class 4		
1. A. Roberts	19:43.8	
2. A. East	21:11.0	
3. A. Hobart	23:43.0	

# Walking

by COLIN YOUNG

With the Toronto meet as his main aim of the year, Roy Thorpe has been showing grand early season form. Just pipped in the last mile by Bob Dobson for the National 20 miles championship, Roy has also recently won a track 15kms in Spain, an International trial track 50km (4:28:08), before having a super performance over the same distance against Mexico and W. Germany.

There seems little doubt that the 41 year old tigerish little Yorkshireman will triumph in the Toronto 25kms, but in the track 5km there could be stiff opposition from U.S.A.'s Rudy Haluza (4th in the Mexico City 20kms) should he appear. That tough competitor, Alex Oakley will keep home hopes alive; always a man for the long occasion he was competing in the Olympics as far back as 1956. Another Canadian who should be amongst the medals in his section is Max Gould (58), still a current 50kms International!! Other British competitors who should make their presence felt are John Bromley (49) former International Steeplechaser, in sparkling form recently, and evergreen Bob Roberts (73), providing the latter has recovered from a recent injury.

Obviously cost and distance has limited the British challenge, for besides Thorpe we have had Charly Fogg, Ken Harding, John Eddershaw, Peter Markham, Colin Young, and particularly George Chaplin turning

in performances that would obviously have placed them high in Toronto.

Leading U.K. marks for 1975:-  
**10 Kms**  
 47:35 George Chaplin 22/3  
 47:56 Charly Fogg 25/5  
 48:14 Colin Young 15/4

**20Kms**  
 96:20 Chaplin 10/5  
 96:26 Thorpe 31/3  
 99:22 John Eddershaw 10/5

**50Kms**  
 4:22:41 Charly Fogg 1/6  
 4:28:08 Roy Thorpe 20/4  
 4:41:14 John Eddershaw 20/4  
 4:43:03 Ken Harding 20/4  
 4:45:26 Colin Young 16/3

Veteran GEORGE CHAPLIN (46), who won his first Midland 20 miles road walking title as long ago as 1957, regained the title in a sharpish 2:50:57 at Coventry on April 26th. Even in a sport in which long careers are not exceptional, Chaplin's effort must be regarded as being worthy of special mention.

FRED NICKOLLS writes:-

Walking enthusiasts were able to enjoy the sight of Gerd Weidner (41) winning the 50km for W. Germany at Woodford-England in the triangular match against Mexico and the U.K.

He went clear in the late stages to win by nearly 5 mins in the third fastest time ever recorded, 4hrs 3m 52secs and the best this year.

Earlier on May 1st against East Germany Gerd had

won the 50km in 4:06:42.

In the Canadian indoor champs Alex Oakley, now 47, finished 3rd in the 3000m walk in 13:41.6.

Turning to the longer distances Dave Boxall (42) of Brighton finished 2nd at Rouen, France, covering 202km 505m in 24hrs 2m 39s.

On the home front there are plenty of championships around for walkers of all age groups.

This summer see's the Area, National and World Masters Championships.

April 2nd Police 10 Miles Walk 5 C. Fogg (40) 76:45	April 18th Middlesex 3000m Track 6 K. Easlea 49 (Enf) 15:46	April 26th Midland 20 Miles Road Champs 1 G. Chaplin 46 (Cov G) 2:50:57 <i>(Regained title after 18 years!)</i>
April 9th Herts/Beds 10 Km Track Champs (Track waterlogged) 2 R. Purkis (Verleia) 52:07	April 19th 15 Miles Road, Steyning 8 J. Bromley (49) 2:17:31 30 H. Whitlock (70+) 2:41:01 <i>(Harold Whitlock won the Olympic 50 Km gold medal at Berlin in 1936)</i>	April 26/27th 182 Km Tour du Var, Toulon, France 2 R. Schouckens 40+ (Bel) 18:15:02 3 C. Young 40 (GB) 18:26:56 9 L. Lebacquer 40+ (Fra) 20:31:17 (37 started)
April 13th 20 Km, Raunheim 1 G. Weidner (41) 89:20.8	April 20th BRWC 50 Km, Woodford 1 R. Thorpe (41) 4:28:08 3 C. Fogg (40) 4:32:19	May 1st 50 Km Naumberg, E. Germany 1 G. Weidner 41 (WG) 4:06:42

May 3rd/4th  
Rouen 24 Hours  
Dave Boxall led throughout the night only to be caught by Holland's Jan Vos in the morning.  
2 D. Boxall 42 (B&H)  
202.5 Km in 24:02:39

May 6th  
Vets AC 5 Miles Handicap Walk  
1 J. Bromley (49) Scratch 41:06  
2 D. McMullen (53) Scratch 43:21  
3 C. Speechley (87) 1.73 miles 44:35  
(12 finished)

May 10th  
RWA National 20 Km Champs  
10 G. Chaplin 46 (Cov) 136:20  
13 R. Thorpe 41 (Sheff) 137:17  
19 J. Eddershaw (Sheff) 139:22  
28 G. Tranter (RSC) 141:51  
47 K. Eggert (High) 144:42

May 14th  
Southern Counties AAA Track 10 Km  
16 C. Young 40 (Essex) 48:16.4

May 17/18th  
Meru 200 Km Road Walk  
2 R. Schouckens 40+ (Bel) 23:17:17

May 24th  
Leicester Mercury 20 Miles Road Race  
5 J. Eddershaw (Sheff) 2:47:33  
15 C. Young (Essex) 2:54:29  
26 J. Bromley (Bels) 3:00:23

June 1st  
Triangular Walking International  
UK v W. Germany v Mexico  
50 Km  
1 G. Weidner 41 (WG) 4:03:52  
6 C. Fogg 41 (UK) 4:22:41  
10 R. Thorpe 41 (UK) 4:36:56

June 3rd  
Veterans AC 5 Miles Road Champs  
Class 1  
1 J. Bromley 40:28  
2 K. Eastle 41:14  
3 D. Maynard 41:15

Class 2  
1 D. McMullen 42:09  
2 F. G. Nickolls 47:35  
3 R. Rudd 48:05

Class 3  
1 W. Symes (62) 49:26  
2 A. East (71) 54:01  
3 C. Speechley (87)

June 14th  
R.W.A. 20 Miles Championship  
Isle of Man.  
2 R. Thorpe 41 (Sheff) 2:37:09  
7 J. Eddershaw 40 (Sheff) 2:44:57  
11 G. Chaplin 46 (6v.G) 2:49:11  
23 P. Markham 40 (Leic) 2:54:24  
29 J. Dunsford 40 (Bels) 2:58:32

## POSTAL BOOK SALES

We are now able to offer our readers a book sales department which will enable U.K. readers in particular to obtain overseas publications far more conveniently. We open this facility with a selection of **RUNNERS WORLD BOOKLETS**

Send to Book Dept., "Veteris", 24 Fryston Avenue, Coulsdon, Surrey CR3 2PT enclosing cheque or postal order payable to "VETERIS". All prices quoted are inclusive of postage and packing.

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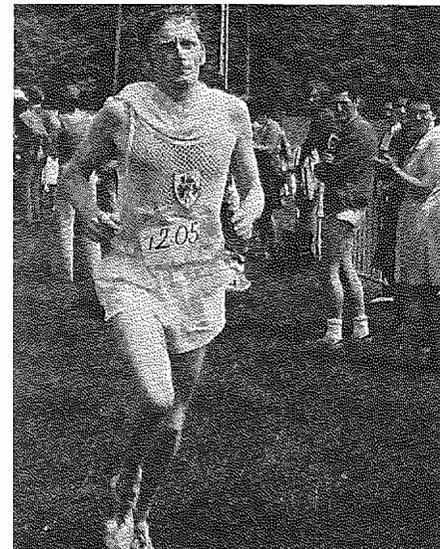
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EIRE

Veteran Willy Dunne of Donore Harriers finished 6th in the Clonliffe 20 miles road race on April 26th with a time of 1:48:35.



W. DUNNE (Ireland)

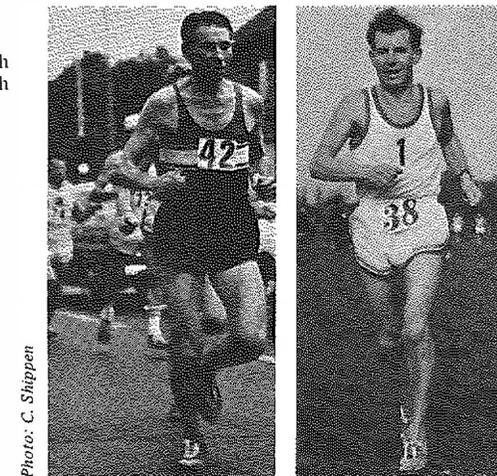


Photo: C. Shippen

Britain's principal tour leaders to Toronto will be JACK FITZGERALD (left) and NORMAN ASHCROFT (right). Both are also entered for the Class 2 marathon and 10,000 m.

In the Scottish A.A.A. Marathon on 28th June, Veteran placings were 3. A. Wood (41) 2:21:14, 5. G. Eadie (40) 2:25:48, 15. J. McLean (47) 2:45+, and 17. G. Porteous (61) 2:51:52 for a new World Class 3 record.

# FIXTURES

- |   |        |   |       |    |   |
|---|--------|---|-------|----|---|
| Aug.  | 2      | 1st British Columbia Masters T & F Champs. S.F.U. Stadium, B.C., Canada.    | Sept. | 14 | 25-KILO ROAD (15.53M), San Francisco, Harold DeMoss, c/o Suite 601, 942 Market Street, San Francisco, CA 94102.                                 |
| Aug.  | 3      | PIKE'S PEAK MARATHON. Walt Stack, 321 Collingwood, San Francisco, CA 94114. | Sept. | 15 | 8th World Best Long Distance Runners Championship over 25 Kms. at Lake Yamanaka, Japan. (Nippon Turtle Association Tokyo, CPO Box 1137, Japan.) |
| Aug.  | 8/9/10 | U.S. Masters Track & Field Champs. White Plains, New York.                  | Sept. | 20 | *Southern Veterans 10 mile road race champs. Crawley. Fees: 25p Open, 50p Southern. LADIES WELCOME.   |
| <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>Aug. 11-17 <b>FIRST WORLD MASTERS ATHLETICS CHAMPIONSHIPS</b><br/>Toronto, Canada.</p> </div> |        |   |       |    |   |
| Aug.  | 17     | Polytechnic H. Sunday meeting Chiswick. 200m/1500m.                         | Sept. | 21 | Polytechnic H. Sunday meeting Chiswick. 10,000m.  |
| Aug.  | 31     | 21 Km. cross-country race for veterans, Kuopio, Finland. TEN age groups.    | Sept. | 27 | *Southern Veterans X-city relay champs. 3 x 2½ miles, Parliament Hill Fields.   |
| Sept.   | 6      | London to Brighton Walk.  | Oct.  | 14 | *Southern Veterans Road Relay Champs. 3 x 3½ miles, Bexley, Kent.   |
| Sept.   | 7      | Polytechnic H. Sunday meeting Chiswick. 100m/3000m.                         | Oct.  | 25 | Harlow Marathon, incorporating the Veterans AC champs.  |
| Sept.   | 13     | *London Marathon, Cophall Stadium, incorporating the Southern Vets Champs.  | Nov.  | 8  | 30-KILO ROAD (18.63M), New York City. Fred Lebow, Box 881, NYC, N.Y. 10022.   |

*\*Entry forms from G. Harrison, 75 Gallows Hill Lane, Abbots Langley, Herts (Tel: Kings Langley 63317). Send stamped addressed foolscap envelope.*

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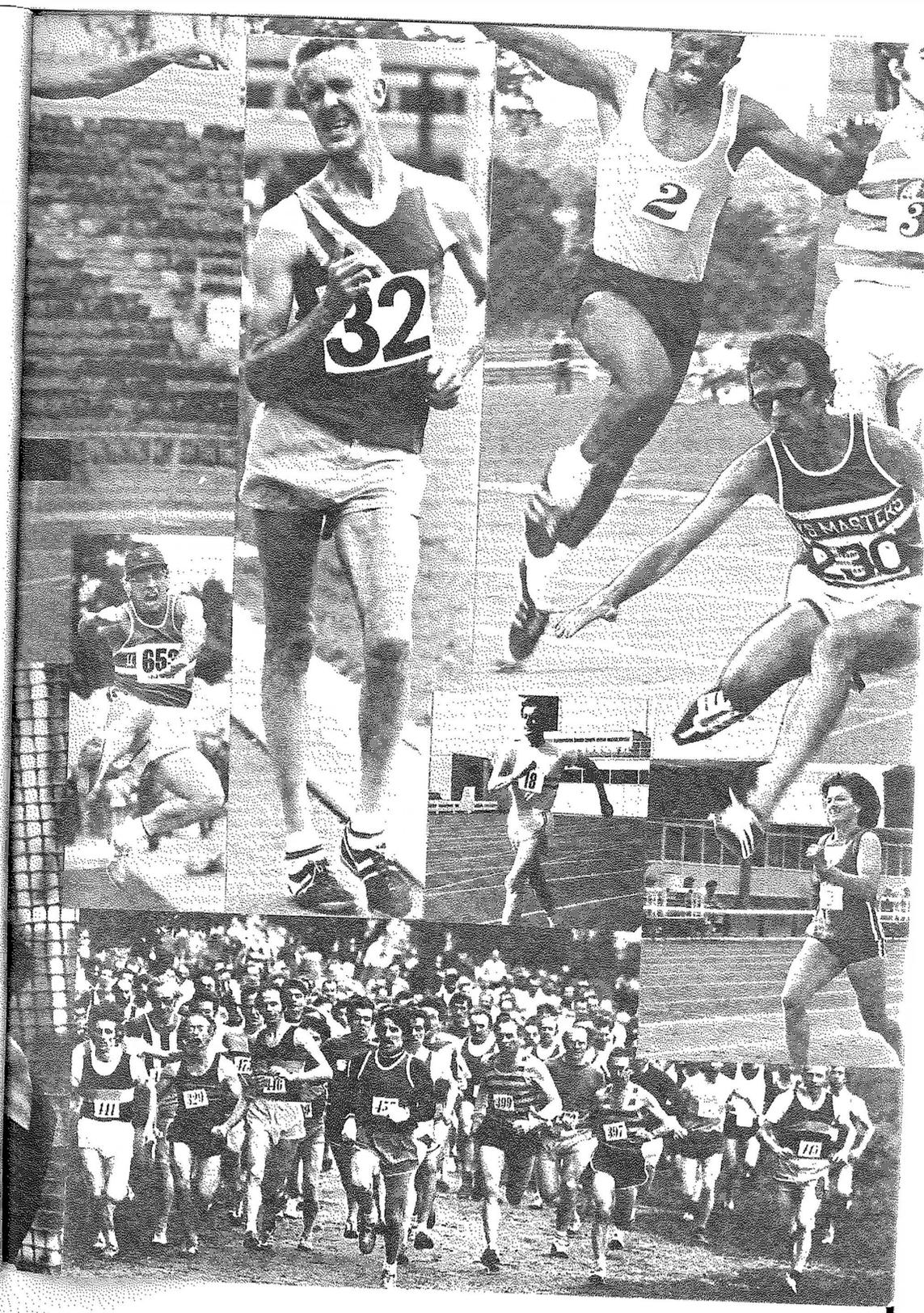
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