

AMERICAN MASTERS SPORTS ASSOCIATION
CONSTITUTION

1. NAME

The name of the organization shall be the AMERICAN MASTERS SPORTS ASSOCIATION.

2. PURPOSES

To encourage athletic competition; better the health and well being of society; improve group relations; combat juvenile delinquency; and, establish tolerance and understanding.

3. MEMBERSHIP

Membership shall be open to any organization having masters as members. The Executive Committee shall pass on applications for membership.

4. DUES

The Executive Committee shall determine dues and assessments of member organizations.

5. EXECUTIVE COMMITTEE

The Executive Committee shall consist of the President; Vice-President; Secretary; Treasurer and one Executive Committee Member At Large from each of the Regions.

The Executive Committee shall be in charge of the administration of the Association. Voting may be done by mail at the discretion of the President.

6. OFFICERS

A. PRESIDENT - Preside at all meetings; appoint committee chairman, unless the Executive Committee by majority vote disapproves; serve as ex-officio member of all committees; be empowered to sign checks for the Association; and vote to break any tie vote.

B. VICE-PRESIDENT - Assume the duties of the President if the President is absent, impeached, or physically unable to do same.

C. SECRETARY - Keep all minutes, send out all mailings and keep membership lists.

D. TREASURER - Responsible for all monies received and expended; sign checks; keep all financial records and reports to the membership.

7. ELECTIONS

The Executive Committee shall be elected as follows:

President, Vice-President, Secretary & Treasurer by majority vote of all individuals, who are members of affiliated associations, at the National Convention.

Members at Large - shall be selected by each respective Regional Council under procedures adopted by said Councils. If no party is selected by the Regional Councils, then said member shall be selected by majority vote of those individuals residing in the Region present at the National Convention

8. REGIONAL COUNCILS

The Executive Committee shall determine the composition of the Regional Councils subject to approval of the individual members of each affiliated association at the National Convention. Initially the Regional Councils shall consist of the following:

I. EASTERN - Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, New York, Penn., Maryland, District of Columbia

II. MID-WESTERN - Ohio, Kentucky, Indiana, Illinois, Wisconsin, Michigan

III. MID-AMERICAN - Minnesota, Iowa, Missouri, Arkansas, Oklahoma, Kansas, Nebraska, North Dakota, South Dakota

IV. SOUTHEASTERN - Virginia, North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, Louisiana, Tennessee, West Virginia.

V. SOUTHWESTERN - Texas, New Mexico

VI. NORTHWESTERN - Montana, Wyoming, Colorado, Utah, Idaho, Oregon, Washington, Alaska

VII. WESTERN - Arizona, California, Nevada, Hawaii, Far Eastern American Territories

Each Regional Council shall select the site and sponsor for Regional Championships; implement the Masters program in their region; select their own officers and create their own Constitutions not in contradiction with this Constitution.

9. MEETINGS

Meetings of all individual members of affiliated associations shall be held in conjunction with championship events at the Regional and National level. Committee reports will be made at such times. All questions of policy shall be voted upon by the individuals present. Determinations as to implement standards, championship site locations, sports rules shall be considered policy questions.

10. CHAMPIONSHIP SITE LOCATIONS

National and Regional Championships, as much as is practicable, shall be shifted each year throughout the Country or Region. Thus a Region who has not held a National Championship shall be encouraged to hold one as opposed to a Region that has held one within the same number of years as there are regions.

11. ROBERTS RULES OF ORDER

Unless otherwise contra-indicated in this Constitution Roberts Rules of Order shall govern.

12. INSPECTION OF RECORDS.

Any member shall have the right to inspect all records of the Association upon written demand to the Secretary and upon payment of actual costs to compose same.

13. DONATIONS

Donations by the Association can only be made to groups considered as charities under Section 501 (C) (3) of the 1954 Internal Revenue Code.

14. DISSOLUTION

In the event of the dissolution of the Association a meeting of all of the individual members of the Association will be held in which the individuals present shall determine the distribution of any remaining assets. Said assets can only be donated to a group recognized as a charity under Section 501 (C)(3) of the 1954 Internal Revenue Code.

15. NON-PROFIT ORGANIZATION

This Association is a non-profit group. All assets must be used in furtherance of the purposes under Paragraph Two.

Note:

This Constitution has purposely been created as "broad" as possible.

#1. The name has not been limited to any particular sport as there seems to be no reason to restrict ourselves in the event that other sports may wish to join with us. Furthermore, if we seek charitable tax status we'll have a better chance but not limiting ourselves.

#2. This very broad statement is identical to that used by the Masters Sports Association in New York so as to obtain charitable status.

#3. Questions as to the type of organization (limited to masters, open club, sponsoring club, AAU affiliated club) have not been gone into. These questions can be determined after the AMSA begins to function.

#4. This question can only be determined after AMSA functions. A levy on entry fees at the National Championships may be sufficient, a sponsor may come up, a levy per member of each club or a pro rata assesment may be the best. This determination must wait until the organization determines what its expenses will be.

#12. Under this section any member can obtain a membership list. Hopefully, there will be some central file on addressograph plates. However, a run off of such info can cost money which is why I indicated that the party soliciting the info must **pay** the costs.

#13, 14, 15 These provisions are required for charitable status.

Questions of administration shall be decided by the Executive Committee. Questions of policy shall be decided by those individual athletes present at the National Meeting. Such meetings will be held at the National Championships. In the event that more than one sport becomes involved then there will have to be a meeting of the various sports at a convenient location.

Questions of rules, standards, age divisions ect. will be decided by the athletes. Each Region will be left alone as much as possible as will each associated club. There will be no limitations based on age or sex.

The purposes in creating such "broad" proposals is not to fall into the trap the AAU has in making specific rules that are almost impossible to change.

THE
CONSTITUTION
OF THE
CANADIAN MASTERS ATHLETIC ASSOCIATION

1980



THE CONSTITUTION OF THE
CANADIAN MASTERS ATHLETIC ASSOCIATION

This Constitution was created in 1980 by discussion within the following
National Executive:

President	:	Alastair Lynn
Vice-President	:	Ken Richardson
Past President	:	Brian Oxley
Former President	:	Don Farquharson
Secretary-Treasurer	:	Dick Dear
Bulletin Editor	:	Norman Baum
Team Manager	:	Bill Allen
Executive Members	:	Stan Smith
		Christine Walker
		Alex Woodhouse
		George Gluppe

Records Officials:

Track	:	Danny Daniels
Field	:	Valdis Teteris

Provincial Directors:

Alberta	:	Art Vondette
British Columbia	:	Cliff Hill
Manitoba	:	John Houlden
New Brunswick	:	Leroy Washburn
Nova Scotia	:	Keith Graham
Ontario	:	Art Rappich
Prince Edward Island	:	Ewen Stewart
Quebec	:	Ian Hume
Saskatchewan	:	Bob Polischuk
Yukon	:	Rae Wigen

THE CONSTITUTION OF THE
CANADIAN MASTERS ATHLETIC ASSOCIATION

NAME of the organization shall be the "Canadian Masters Athletic Association" and it may carry on its activities under the abbreviation C.M.A.A.

A team representing the C.M.A.A. in international competition shall be known as C.M.I.T.T. (Canadian Masters International Track Team).

OBJECTIVES:

To promote Masters athletics across Canada; Masters being defined as women 35 years of age and over and men 40 and over.

In particular but not exclusively to:

Hold each year a Canadian Outdoor Track and Field Championship, Cross-Country Championship, Marathon Championship, and such other events as may be decided upon by the Executive including competition for younger age groups.

Represent Masters from Canada in the World Association of Veteran Athletes.

Authenticate Canadian Masters Records in Track and Field and to provide procedure for validation.

Rule on eligibility of Master competitors.

Appoint Provincial Directors in the event that Provincial members fail to do so.

Be responsible and final authority for Canadian Masters competition on an international level, and for the selection of Masters to represent Canada.

To establish competitive rules for Canadian Masters activities.

To publish periodically a bulletin to facilitate communication and provide news of Masters activities.

MEMBERSHIP:

Consist of women and men residing in Canada and Canadian citizens resident abroad.

Honorary Life Members proposed by the Executive in recognition of outstanding services rendered to the organization. They shall be elected by a majority of votes cast at a meeting of the members.

CONDITION OF ELECTION TO MEMBERSHIP:

- 1) That every applicant complete and sign such form of application as prescribed by the Executive.
- 2) That every applicant in consideration of their acceptance as a member shall absolve other members of the Masters organization from all injuries, claims, demands, damages, actions or causes of action whatsoever in law or in equity which may arise from or by reason of participation in Masters activities.
- 3) That every applicant shall be subject to the approval of the Executive.
- 4) That all those who have been elected members of C.M.A.A. shall submit to and assent to be bound by the constitution and each and all of the resolutions and regulations of the Executive, and restrictions validly enjoined or penalties validly imposed, and to rulings and decisions properly made and the exercise of any authority vested in the Executive or any authorized officer of the organization.

RIGHTS OF MEMBERS:

To have one vote at general meetings, special meetings or any ballot.

To have such bulletins and notices as may be issued to members from time mailed to the last known address.

To have his membership for each current year certified by a membership card issued by the Executive.

MEETINGS OF MEMBERS:

The Annual General Meeting shall not be held later than June 30th of any given year.

At every Annual General Meeting in addition to other business that may be transacted, the financial statement and the report of the auditor shall be presented and members be appointed to the Executive as herein provided, and an auditor be appointed for the ensuing year.

The members may consider and transact any business either special or general without any prior notice of that business at any meeting of the members, provided that no changes in the constitution shall be considered unless notice of same has been given to the members by the Executive or by any six members at least six weeks prior to the date of the meeting. The Executive or any 25 members have power to call at any time a special meeting of the members.

Notice of time and place of holding the Annual General Meeting or any other general or special meeting shall be given by way of written notice to each member at his last known postal address, such notice to be mailed at least twenty days before the date of the meeting.

A quorum for the transaction of business at any meeting of members shall consist of not less than twenty eligible Masters present in person.

Each member shall be entitled to one vote.

At all meetings of members every question shall be decided by a majority of the votes of the members present with the exception of changes to the constitution when voting is allowed also by proxy.

Question shall be decided in the first instance by a show of hands unless a poll be demanded by any three members. In the case of an equality of votes at a general meeting, whether upon a show of hands or at a poll, the Chairman shall be entitled to a second and casting vote.

MEMBERSHIP FEES:

As levied by C.M.A.A. Executive annually and payable on demand. After 30 days from the first request a written reminder shall be sent at which time the late fee may incur a penalty as decided by the Executive.

No person can be recognized as a certified member and entitled to the privileges of membership until such fee is paid.

EXPULSION:

The Executive shall have the power by a vote of three-fourths or more of those present at a properly constituted meeting, to expel or suspend from membership any member whose conduct shall be considered by the Executive to be improper, or likely to endanger the welfare, interest or character of C.M.A.A. and its activities. Or who wilfully commits a breach of the constitution, or resolutions of the Executive, or any committee under the authority thereof. No member shall be expelled or suspended for any such offense without first being notified of the charges against such member and given an opportunity to be heard by the Executive at a meeting called for the purpose. Such notification shall be sufficient if mailed to the member's place of address as shown on the C.M.A.A. records by registered letter at least twenty-one days prior to the meeting of the Executive at which the hearing is to be granted.

EXECUTIVE:

The affairs, finances and property of C.M.A.A. shall be managed by an Executive chosen from Master members in good standing at the time of election. The Executive shall have power to enforce due observance of the constitution or of any Resolution, Rules or Regulations made by the Executive and to do all other things which it may deem necessary for the proper operation and management of C.M.A.A.

October, 1980.



Dear Member:

On behalf of your National Executive I have pleasure in enclosing your copy of the Constitution of the Canadian Masters Athletic Association.

This has been created through discussion and consultation with the members of the Executive across Canada. We believe that we have produced a sensible and workable document, reasonably representing various viewpoints.

As you will see on Page 7 we have described a procedure for selecting a "Province of Residence" for the Executive every two years. We now wish to implement this clause.

The British Columbia Masters Division has expressed a wish to house the Executive. It is our second largest Province in terms of Master members and our Vice President for the past two years, Ken Richardson, is resident there. He has indicated that he has a nucleus of people capable of filling the various post on the Executive.

It is the recommendation of your current Executive that you vote in favour of moving this function to B.C. for the next two years, commencing February, 1981:

- it should be beneficial to our Association to have fresh minds and different approaches on the Executive.
- the Executive has been based in Ontario since we began in 1972; this has placed a demanding burden on a relatively small group of people who would now like the opportunity to relax their efforts for a period of time.
- B.C. has organised a number of our Championships with success.
- B.C. has a considerable group of experienced Masters.

The vote is yours - please use it!

All ballots received up to, and including, November 28th, 1980, will be counted.

Best Wishes.

Alastair
Alastair Lynn
President
C.M.A.A.

Please return to: Mr. Dick Dear,
45 Livingston Road,
Apt. 609,
Scarborough, Ontario. M1E 1K8

- I vote for the Executive to move to British Columbia...
 - I vote for the Executive to remain in Ontario
- } Please tick one only.

Name (please print) _____

Signed _____

Until changed by special resolution, the Executive shall consist of a minimum of nine members of whom at least one shall be a woman and one the resident Provincial Director. The retiring President is automatically a member. In addition to this minimum number, the other Provincial Directors (see Page 9) are also members.

Four persons shall constitute a quorum for the transaction of any meeting of the Executive of which at least one shall be President, Vice-President, or immediate Past President. Notwithstanding vacancies, the remaining members of the Executive shall exercise all the power of the Executive so long as a quorum of the Executive remains in office.

A nominating committee shall, in each year, be constituted consisting of the woman representative, the President of C.M.A.A. and two members appointed by the Executive. If any one or more of the officers of the Nominating Committee fail to act or is not qualified to act, the Executive may appoint any member to act in his or her stead. The first meeting shall be called by the President, and the committee shall select its own chairman. The Nominating Committee shall select its nominees to fill the vacancies or impending vacancies on the Executive.

The committee shall select its nominees and the Chairman notify the President at least 30 days prior to the Annual General Meeting. The list of nominations shall be read to the Annual General Meeting preceding the taking of the vote. Nominations may be made from the floor.

At the A.G.M. the President must be elected and if possible all other officers of the Executive. In the event that positions other than President are not filled at the Annual General Meeting then the Executive at their first meeting shall appoint officers from among themselves.

One-third of the Executive shall be retired at each annual meeting, but shall be eligible for re-election if otherwise qualified.

The President can serve for only two consecutive years, but can restand at any time after a term out of office.

On behalf of the Executive of the C.M.A.A. I have pleasure in enclosing your copy of the Executive of the C.M.A.A. Association.

This has been created through discussion and consultation with the members of the Executive across Canada. We believe that we have produced a document, which is both practical and realistic.

It is the recommendation of your current Executive that you vote during this election to elect to the next term, commencing February 1972.

- It should be beneficial to our Association to have fresh ideas and suggestions for the Executive.
- The Executive has been working in Ontario since we were elected in 1972. It is a demanding burden on a relatively small group of people who would like to spend more of their spare time with their families.
- C.C. has organized a number of our representatives with a view to making it possible for them to spend more time with their families.
- C.C. has also organized a group of special interest groups.

There are many reasons why you should vote in this election. We believe that you will find it a most interesting and profitable experience.

Please return this to Mr. Dick Dean, 42 Livingston Road, St. Catharines, Ontario, N7B 1B8.

I vote for the Executive to serve for 1972-1973.
I vote for the Executive to serve for 1973-1974.

The members of C.M.A.A. may, by resolution passed by at least two-thirds of the votes cast at a special or general meeting of which notice had been given specifying the intention to pass such resolution, remove any member of the Executive before the expiration of his term of office and may, by a majority of the votes cast at that meeting, elect any member in his stead for the remainder of the term. Any vacancy on the Executive occurring during the year shall be filled by the Executive and any member or members so appointed shall, as regards retirement from the Executive, be allowed to be of the same seniority as the member whose place has been filled.

At least eight regular meetings of the Executive shall be held on such days as the Executive may decide, but must be held at least every two months.

No member of the Executive shall be liable for the acts, neglects or defaults of any other member, or for any loss occasioned by any error of judgement or oversight on his part, or for any other loss, damage or misfortune whatever which may happen in the execution of his duties or in relation thereto unless the same shall happen through his own dishonesty. The President shall, when present, preside at the meetings of the members and of the Executive and shall be in charge of the general welfare and supervision of the affairs of the organization and shall ex-officio be a member of all standing and special Committees.

During the absence or inability of the President, his duties may be performed and his powers may be exercised by the Vice-President. The Vice-President shall also exercise such powers as the President may from time to time delegate to him or the Executive may prescribe.

The Secretary shall give or cause to be given all notices required to be given to executive members, auditors or members of committees. The Secretary shall attend all meetings of the Executive and of the members and shall enter or cause to be entered in files kept for that purpose minutes of all proceedings at such meetings; he shall be custodian of all books, records, documents and other instruments belonging to the organization; provided that he may delegate such custody to another member of the Executive.

The Treasurer shall be responsible for the keeping of full and accurate books of account in which shall be recorded all receipts and disbursements of the organization, and under the direction of the Executive, shall control the deposit of money, the safekeeping of securities and the disbursement of the funds of organization and shall render to the Executive at the meetings thereof, or whenever required of him, an account of all his transactions in connection with the organization affairs and of the financial position of the organization.

COMMITTEES:

The Executive may appoint annually from among the members of the Executive a Chairman of the following committees and each chairman shall be empowered to appoint from among members of the organization further members of his committee:

- 1) Membership and Publicity
- 2) Bulletin
- 3) Records
- 4) Meets

No committee and no member thereof shall have power or authority to make any contract in the name of or incur any liability or obligation on behalf of the organization, and no committee shall have power to make any rule or regulation which shall be binding upon the members, unless the same shall have been first submitted to and approved by the Executive. The duties of the committees shall be to make recommendations as they deem proper to the Executive, and to see that any recommendations adopted by the Executive are duly observed and performed.

PROVINCE OF RESIDENCE:

It is recognized that in view of the Federal principles on which this country is based that as many provinces as possible should in their turn share in the administration of C.M.A.A., provided there are sufficient members to form a viable organization. The Executive of C.M.A.A. is to be located in a province selected by a postal vote taken among C.M.A.A.

members in good standing. Once this province is selected, the Executive should stay there for at least two years.

The postal vote must take place before the Annual General Meeting so that the A.G.M. can be held in the province selected. This postal vote for deciding the province of residence of the C.M.A.A. Executive shall be taken every two years.

Any Province which makes the request must appear on this postal ballot but the current Executive has the right to recommend a particular Province to the members if it so wishes. The Executive is awarded to the Province receiving the highest number of votes.

The current Province of Residence at that time must also appear on the ballot. If there are no applications from other Provinces the Executive will remain in the current Province for a further two years until the next postal ballot.

BANKING:

The banking business of C.M.A.A. shall be transacted with such bank, trust company or other corporation carrying on a banking business as the Executive may designate, appoint or authorize from time to time by resolution.

All such banking business, or any part thereof, shall be transacted on C.M.A.A.'s behalf by such one or more officers and/or other persons as the Executive may designate from time to time by resolution.

Cheques on behalf of C.M.A.A. to be signed by any two of the following: the President, the Vice-President, the Treasurer, the Secretary and the Past President.

Until otherwise ordered by the Executive, the financial year of C.M.A.A. shall end on the 31st day of December in each year, C.M.A.A. having been formed and operated for solely non-profitable purposes, no part of the income now or hereafter earned shall accrue to the benefit of any member thereof other than duly authorized meet or administration expenses.

PROVINCIAL DIRECTORS:

Shall be certified members of good standing.

Shall be appointed annually by the Provincial members or failing this by the Executive of the C.M.A.A.

Shall be entitled to vote at and receive notices and minutes of the Executive of C.M.A.A. and is a member of such Executive.

Duties:

To promote Masters athletics across Canada generally and in particular the province in which he resides.

To represent C.M.A.A. in his province.

PROVINCIAL EXECUTIVE BODIES:

Duties:

To promote Masters athletics across Canada generally and in particular their own province of residence. By reason of their membership consisting of certified C.M.A.A. members to assist the C.M.A.A. Executive in their endeavours.

To supply C.M.A.A. Executive with copies of all minutes of Executive meetings and members meetings.

To supply C.M.A.A. with notices of and results of all Masters meets held in the province.

To promote meets and obtain sponsors for same where possible.

To make recommendations to C.M.A.A. Executive.

To obtain funds from Provincial Governments and quasi-Government corporations such as Wintario and from these types of funds to finance C.M.A.A. in relation to the number of their certified members on the date of the C.M.A.A. Annual General Meeting.

To comply with all reasonable requests from C.M.A.A. for funds for specific purposes that serve a national need and others where the benefit is directly for the province but necessarily incurred by C.M.A.A.

CONSTITUTION OF PROVINCIAL BODIES and any changes thereto should be filed with the Executive with a view to seeking as much uniformity as possible.

PROVINCIAL EXECUTIVE BODIES:

1.1.1.

In order to ensure uniformity of action and to ensure that the C.M.A.A. is able to carry out its functions in a coordinated manner, the C.M.A.A. Executive will establish Provincial Executive Bodies in each province.

The C.M.A.A. Executive will be responsible for the appointment and removal of members of Provincial Executive Bodies.

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These By-Laws were composed based on the experience of four world championships plus a great deal of study and input from the athletes and officials. The Executive Committee tried to accommodate as many competitors as possible in composing these rules. It is hoped that these rules will be followed in national and local competition. These rules are required to be followed in all international meets.

The following is an explanation for the reason for some of the rules.

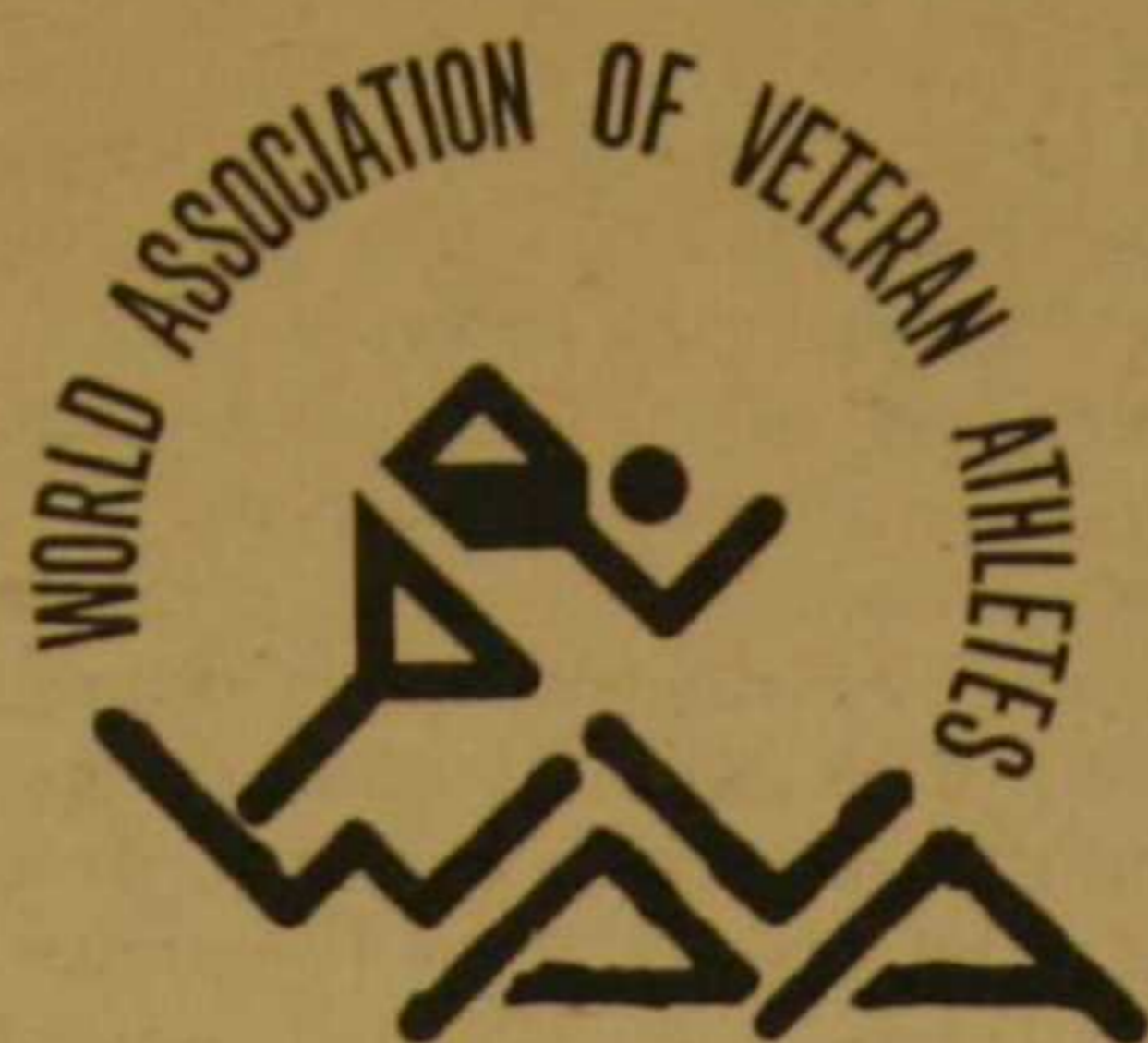
#3. At the present time, performance standards to compete or to receive an award have been rejected. However, there has been considerable sentiment for imposing standards to receive an award when there are three or less competitors in an event. The reason for this is that many competitors are competing in events where there is little or no competition just for an award. This is particularly true in the older divisions. For example, one 70+ competitor was upset because he would be unable, due to scheduling, to compete in both the marathon and the weight event! Performance standards in order to compete would only be imposed if the number of entrants becomes too large to handle. 2,400 competed in New Zealand. 5,000 are expected in Puerto Rico.

#4. The Executive Committee (EC) felt that all finals should be run on the main track. With the substantial number of entrants in divisions M40, M45 and M50, a large number of trial heats will be needed in the short distances. These may be held on secondary tracks. In the 5K & 10K runs a compromise was reached in which seeded runners in two sections (about 40 in all) would compete on the main track, with unseeded runners on secondary tracks. There has been difficulty in getting entrants to list their proper times and in many cases they don't list their times at all. Because of this, certification by the national bodies for the 5K and 10K seeded runners will be required.

As an experiment, there will be no relays in Puerto Rico. The reason being that the host countries usually dominate by sheer numbers and the smaller countries just don't have enough competitors to comprise a team.

#5. There has been some modification in the hurdles relative to the distances to be run between them. The distances selected were based on the opinions expressed by the majority of the athletes. There was concern regarding the 70+ athletes negotiating the hurdles. It was for that reason the distance was reduced to 80 meters. One of the 70+ athletes fell and was injured during a hurdle race. In determining the distance to be run between the hurdles the EC tried to keep a distance that would permit three steps between each hurdle.

It is strongly recommended that these rules be studied by the competitors. They will be in effect in Puerto Rico and for the North American Championships and the Pan-American Championships. They can be modified at the next EC meeting in Puerto Rico.



WAVA BY-LAWS

1. AFFILIATION OF NATIONAL GROUPS

The Executive Committee shall determine the affiliation of national groups.

2. DUES

Dues shall be established by the General Assembly. Until otherwise modified, the dues for each national body shall be \$10 (equivalent of ten dollars US currency) plus \$1.00 for each 100 members, with a maximum of \$35.00.

3. EVENTS

All men and women of prescribed age shall be eligible for all events without restrictions or performance standards required in order to receive an award. Three awards, at the minimum, shall be given in each event when there are three or more starting.

4. OPERATION OF THE MEET

a. All final events except the 20K walk, marathon, cross-country are to be held in the main stadium. Trial heats may be held in locations other than the main stadium.

b. In the 5K and 10K runs for M40, M45 and M50 two seeded sections based on a verified time performance, with the required time to be determined by the Executive Committee, will be run on the main track. Unseeded sections in these events may be run on secondary tracks. The Executive Committee shall determine the procedure for verification of the times. The Executive Committee shall advise the Meet Director at least one year prior to the start of the meet.

c. Seeded final sections based on best times recorded within two years prior to the meet shall be run in the steeplechase.

d. Seeded trial heats, based on best times recorded at a date determined by the Executive Committee prior to the meet, in which the top seeds shall be distributed as evenly as possible and in which competitors from the same country shall be distributed as evenly as possible, shall be used in the 100, 200, 400, 800, 1500, high hurdles and 400 meter hurdles.

e. Competitors of different age groups and both sexes may run in the same section, for scheduling purposes, at the discretion of the Meet Director, with separate scoring and prizes for each grouping.

f. Relay teams may be declared any time twenty four hours prior to the start of the event.

g. A competitor must compete throughout any particular meet for the

World Assoc. of Veteran Athletes By-Laws

by Bob Fine
North American
Representative to WAVA

country of residence or the country of which he holds a passport.

h. Team scoring in distance races shall consist of the first three in each age group using absolute position in each age group without displacement. A country can only have one team in each division.

i. In both the relays and distance team events, an athlete may compete as a team member in a lower age division but score as an individual in his or her actual age division, except where individual age sections are run separately. In that instance the individual would have to score both for the team and as an individual in the age group race competed in. If an athlete will be scoring for a team in a younger age division said intention must be declared prior to the race. An athlete can only score in one age division.

j. The President shall appoint three representatives of WAVA, not from the host country or host committee, to sit on the Rules Committee of the sponsoring organization relative to any protests or interpretations of the rules. The Rules Committee shall consist of no more than six members, with the additional members, over three, appointed by the sponsoring organization. In the event of a tie vote the President of WAVA shall break the tie.

l. Any modifications in the Rules shall be submitted to WAVA prior to the meet for approval. In all instances WAVA shall be the party to determine what rules to apply.

m. No changes in the schedule are permitted after the program is printed.

n. Competitors must report no later than one hour before the scheduled time of the start. The Clerk of the Course may change the composition of the heats depending on the number of entrants.

o. Lane assignments for subsequent rounds in bend races shall be as follows: Fastest lane 4; 2nd fastest 5; 3rd fastest 3; 4th fastest 6; 5th fastest 2; 6th fastest 7; 7th fastest 1; 8th fastest 8.

5. HEIGHTS & STANDARDS In Metric Units

See chart on page 25.

6. SAFETY JUDGE

The Meet Director must appoint a Safety Judge with the authority to withdraw an athlete from the course of competition, if in the Judge's opinion the continuation of the competition would endanger the competitor's health.

7. ENTRY FEE & RESULTS

The entry fee shall be the same for each event. The athletes are to be given an option to purchase the results on the entry form.

8. DISCIPLINE

a. Any competitor lying about his or her age is to be banned two years from the date of discovery of the fraud or two years from the date that any illegal prizes are returned, whichever is longer. A competitor lying about his or her age for a second time will be permanently banned from competition.

b. The Executive Committee will appoint a discipline committee to recommend actions on specific cases for unsportsmanlike conduct.

9. AWARDED CHAMPIONSHIP EVENTS

a. All championship events are to be conducted under the WAVA constitution and technical rules.

b. WAVA shall be the sole determining authority relative to all matters regarding the operation of the meet. The Meet Directors shall have the right to solicit local sponsors with appropriate recognition given to them.

c. The sponsors of the meet will provide for the expenses of at least one representative of WAVA, as designated by the President, to report on and to assist in the preparation of the meet approximately one year before the meet is scheduled to start.

10. FINANCES

a. Budget

A proposed budget must be submitted by the Treasurer to the Executive Committee within sixty days after taking office. Said budget must be approved by mail vote of the Executive Committee within thirty days after receipt of same. If any Executive Committee member does not respond in writing to the proposed budget, said member will be considered as approving of same.

b. Reports

A yearly report must be submitted by the Treasurer.

c. Checks

All checks of WAVA must be signed by the Treasurer and countersigned by the President or any Vice-President so designated in writing by the President.

d. Expenditures

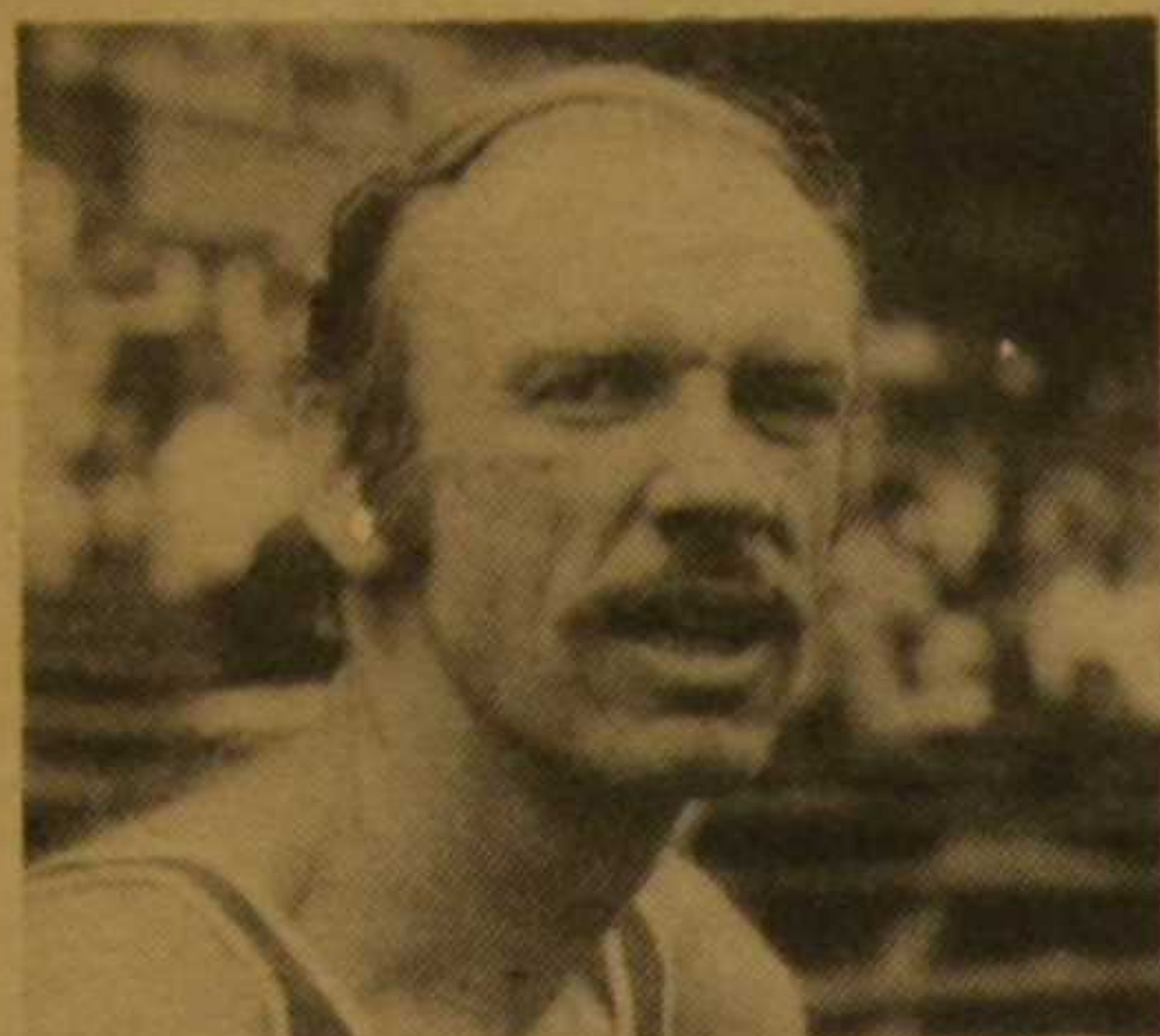
1. Postage, clerical and telephone expenses up to \$500 (United States currency) may be incurred by the Treasurer without prior approval of the Executive Committee.

2. Emergency expenditures of up to \$200 may be incurred by the Treasurer without prior approval of the Executive Committee.

3. All other expenditures must receive approval of the Executive Committee.

Contracts

All contracts must be approved by the Executive Committee and signed by the Treasurer and the President.



On Approaching Every Problem With An Open Mouth

by Wendell Miller

I guess I must admit, life has been very good to me. I'm relaxing in front of a warm fire, wall-to-wall mortgage as far as the eye can see and I'm doing the little things a person does to start each new year; the enjoyment and pride that accompanies counting up last year's profits - 98, 99, a dollar. Repeating the little sales tips that a person must always be reminded of as each new year begins - "the large print giveth and the small print taketh away." You re-ignite those sales approaches that have proven successful in the past. "You'll notice Mr. Mundle, that at no time during my entire presentation will my fingers ever

leave my hands." And of course you re-read your fan mail.

The cards and letters pour in. They say I'm a pundit, a dilettante. I went immediately to the dictionary. I'm reminded of my first trip to the dictionary. I was a boy. I had a girl friend. My friends kidded me about her being ugly. My response was one person says ugly, another person says beautiful, what exactly do you mean? We went to the dictionary that day in my youth and looked up the word ugly. So help me god - there was her picture. Anyway, a pundit is a know-it-all. So you're telling me, Higdon hasn't done pretty well as one of those? A dilettante

is a person who fools around. You think then, that O'Neil isn't having one hell of a time as one of these? Come on folks, give me a break, I'm dealing with overall order in the universe.

Speaking of dealing with things, wasn't this year's Rose Bowl parade the most fantastic show you ever saw? "Seventy-Six trombones walked through horse manure, etc." It made me proud to have been born in California. If only Ty and Randy could have been there.

Take one, for a heart warming running story. The date is December 7, 1980, the place is Honolulu and the event, the Honolulu Marathon. December 7th, the anniversary of the day the Japs won their way into the hearts of so many John Wayne fans. Remember Art Buchwald's story about how lucky we are to have beaten the Japs in the war? Had they won, those tricky little devils would probably have forced us to drive their cars, buy their TV sets, radios, and computers. Isn't that reason enough to be thankful?

Anyway, back to the Honolulu Marathon and incidentally, if I was really the cynic my wife's mother thinks I am, I couldn't admit how I feel about their Marathon. Everything you ever heard, is true. You can do away with all the race directors meetings, seminars, and clinics. Just do a carbon copy of the Honolulu affair and you'll have it. We all toed the starting line: Father, Mother, two kids and a friend. Only

lacking the mortgage, weeds and dogs from presenting what Zorba the Greek called "a total catastrophe." Off we went, with never in our wildest dreams any thoughts of what would conclude. Friend Bob Oury (a Wheaton, Illinois lay preacher) and I were flying. Ears pinned back, shoe glue burning under our soles, we punished all runners who dared come near us. We encouraged and challenged one another. After all Hig was on the sidelines with lockjaw, having led a tour group from Dogwood, Michigan through the Pacific jungles for the prior week. We had a real shot at finishing near the top of the pack. Alas, my friend started our finish kick at the 26 mile mark and just as I had tried to tell him, it was too soon. We fell about 285 yards short and were forced to walk it in. As we walked those final few steps, holding hands, I thought back to the words of that legendary football coach: old shy, white haired - Coach Shywhitehair, "Fellas, everybody knows that a triple threat halfback and a slashing, reckless, pull-out guard, go hand-in-hand. But not down at the campus library. It gives the student body a feeling of insecurity. We couldn't hold eights and finished in 3:32. Mother and daughter spun a 5:40:12 for their first marathon finish. Both started bawling at the finish line, pretty soon I was bawling too and Ohmygosh, if it wasn't what running has to be all about - fun!

Hoover Wins 50-Miler

by Richard Slotkin

SANTA MONICA, CA. December 21st. Despite the fact that this race is open, the Striders 50-mile track run usually turns out to be a masters event. This year, just about all the entrants were over 30.

With the smallest field I've seen in



Melda Dean, 51, sets new record of 8:11:38 in 50-miler, December 20. photo by Richard Slotkin

the four years I've observed the race--only 18 starters and 10 finishers--there were still some top quality. Frank Bozanich and Jim Pearson, both former winners and both former national champions in ultra marathons, were the favorites. Bennett Lundkvist was another one to watch, having been under 6 hours on two occasions. And last year's over-50 women's record-holder, Melda Dean, was back to give it another try, still recovering from a fine effort in the Western States 100 miler.

Bozanich said he wasn't going to follow his usual routine of blowing out fast and hard from the opening gun and trying to hang on from there.

Mike Sayward opened up a big lead, lapping the field twice in the first hour. His strategy was obvious: build up a lead and hope to hang on to Bozanich if he started to surge. Following these two were Charles Hoover, last year's runner-up, Lundkvist, Pearson, and two 45-year-olds, Vogle and Andre Tocco.

Only two women entered, Dean and Bea Findlay, with Dean steadily building a lead over Findlay, who dropped out at 19 miles.

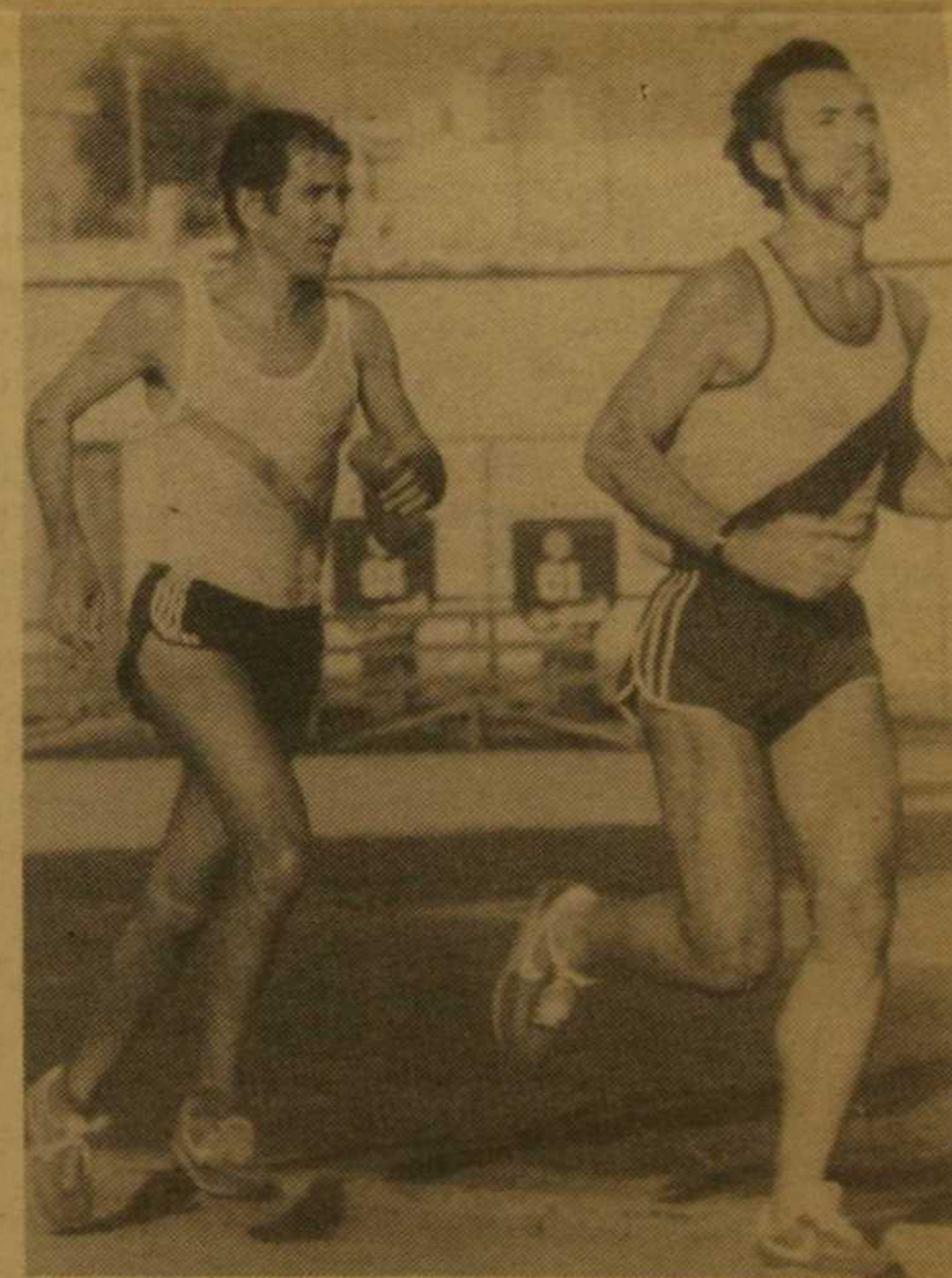
Sayward's early pace forced him out at about 20 miles. Bozanich took over until the 33 mile point when he, too, declined the issue. "I just got tired," was his explanation. Six hours sleep each night and full time at the police academy in Washington were too much for him, he said.

So now it was Hoover, Pearson, Lundkvist, Tocco and Vogle. Pearson dropped at 38 miles, saying "I can't take the pain." Can't take the pain? Why he was only national champion in 1975 and won this thing last year. It just wasn't

photos by Richard Slotkin



Top Los Angeles 50+ runner, Conrad Eroen, takes 5th in Striders 50-mile race in 6:20:49.



Two 45-year-olds, Andre Tocco (L) and Vogle, battle in 50-mile run. Tocco placed 3rd overall in 6:09:09. Vogle was 4th in 6:16:04.

his day, that's all. Good sport that he is, Pearson stayed till the end and held the tape for the finishers.

Hoover went on to win in 5:35:23, followed by Lundkvist, Tocco, Vogle, and Con Eroen and Dan Sheeran. Dean's time of 8:11:38 is a new U.S. mark for women over 45.

This may be the last time we'll see this race in Santa Monica. Race director, Tom Sturak, is moving to

Oregon with his new promotion at Nike.

Congratulations, Tom! And he'll probably take the race with him. I, for one, will be sorry to see it go. But without Sturak, there would probably not be a Striders 50. Tom has done a great job with very little help for the eight years that this race has been run, and we hope he continues it up in rainy Oregon.

Results on page 25.

CONSTITUTION

of the
HUNTSVILLE TRACK CLUB, INC.

Revised: October, 1981

ARTICLE I - NAME AND DURATION

The name of this organization shall be known as the Huntsville Track Club, Inc. The period of duration of the corporation shall be perpetual.

ARTICLE II - PURPOSE AND OBJECTIVES

The primary purpose of this organization shall be the education and training of individuals in and around the community of Huntsville, Alabama, as to the benefits of jogging and long distance running for fitness, health and recreation.

The educational aspects shall include thorough and objective presentations of pertinent physical, mental and nutritional facts associated with conditioning of the body to retard aging, abate injury and increase immunity. These facts shall be supported by the experience of conditioned runners, exercise physiologists, doctors, and professional educators. This organization will develop documents such as newsletters, flyers, essays, clinical reports, stretching and strengthening programs and other instructional material to be used during instruction and distributed to its membership and other interested individuals in Huntsville. The collection and dissemination of running/fitness information published in reputable periodicals and books will be reviewed and reported on. This organization will provide consultation to city and state officials for the design and development of running and exercise courses and parks in and around the Huntsville area. Furthermore, this organization will research popular issues concerning jogging/running and host clinics and seminars, teach specific running and fitness courses and hold guest speaker meetings via direct personal contact or radio and television.

The training aspects shall be conducted in the safest possible manner and be directed specifically toward improving or developing each individual's capabilities to the point that they can in fact enjoy more vitality, longer life, fewer injuries and gain greater immunity from cardiovascular and other degenerative diseases.

The aforementioned educational and training activities will also serve to foster fellowship and bring mutual benefits to its members and all participants.

Secondarily, this organization will develop a program for the promotion of jogging, road racing, cross country, and track and field activities in Huntsville. These activities, and the competition within them, provide the necessary goals and challenges to allow the participants to apply the education and training offered to them through this organization. The support and propagation of running events in Huntsville is essential to motivate those considering better health and fitness through exercise because the accomplishments of all participants dramatically demonstrates how others have gained significant improvements. The social and recreational benefits of these community sporting events will be available for everyone to enjoy.

All instructional material, training and events will be used to achieve the primary educational purpose and objectives either directly, or as a motivational stimulus.

The secondary promotional activities of this organization shall include:

- (A) stimulating the interest of the people in healthful participation in scheduled and non-scheduled events
- (B) establishing an effective means of communication for the transmission of useful ideas, whereby coaches and athletes and citizens will be informed of the latest developments and techniques
- (C) giving prompt attention to valid suggestions on how to improve the conduct and administration of track and field and running events
- (D) creating and maintaining research projects that will benefit all interested parties
- (E) training and certifying competent cross country, road racing and track and field officials
- (F) financing improvements in the sport of track and field and raising money for that purpose
- (G) conscientiously planning and preparing athletes for regional, national and international competition through the best available coaching, careful scheduling of workouts and meets, and proper travel (transportation, housing and food) arrangements
- (H) unifying and coordinating the efforts of all agencies interested in furthering jogging, road racing, cross country, and track and field in our area and allowing all interested parties to have a voice in the development of the sport in our area
- (I) aiding and encouraging the establishment of cross country, track and field programs in the area schools

- (J) aiding in the improvement of established cross country, track and field programs in the area schools
- (K) providing a competitive program for individuals, particularly those who have no other opportunity for competition

ARTICLE III - MEMBERSHIP

This organization will have a dual level membership. The first level will be active or working members and the second will be inactive or non-working members. The fee structure for membership will be divided into five divisions: General, Family, Coaches and Students, Subscribers, and Supporters. The administration of these dues will be as delineated in the BY-LAWS.

ARTICLE IV - ORGANIZATION, OFFICERS AND ELECTION OF OFFICERS

The officers of this organization shall be: President, Vice-President-Programs/Equipment, Vice-President-Races, Vice-President-Communications, Secretary and Treasurer. Nominating committee for these officers shall be appointed by the President at least one month before the annual meeting with the approval of the Executive Committee. The nominating committee shall be composed of three to five active members, none of whom shall be officers. Election of officers will be held at the January meeting in even years. All members will be notified a reasonable time before the election of the time and place of the election meeting. Each officer shall hold office for a period of two years or until his successor is appointed. The duties of officers, qualifications for membership or such regulation as may be deemed necessary shall be provided for in the BY-LAWS of this organization.

ARTICLE V - FILLING OF VACANCIES

The President shall appoint to office, with the advice and majority approval of the Executive Committee, any member to fill a vacancy among the officers until such time as a successor is duly elected.

ARTICLE VI - NON-PROFIT STATUS

This organization was incorporated as a not-for-profit organization by the State of Alabama in 1972.

ARTICLE VII - TAX-EXEMPT STATUS

In recognition of its non-profit purpose and objectives this organization was granted a federal tax exemption under 501 (c) (3) of the Internal Revenue Code in 1977. (Employer I.D. # 63-610133 issued 1975)

ARTICLE VIII - AFFILIATION

This organization became an affiliated chapter of the Road Runners Club of America in 1974, and all measures adopted by that body must be considered by this organization.

ARTICLE IX - AMENDMENTS TO THE CONSTITUTION AND BY-LAWS

The Constitution and BY-LAWS may be amended at any meeting of the organization by an affirmative vote of two-thirds of those present, provided each member is sent a written notice of proposed amendment from the Executive Committee a minimum of one week before the meeting at which said amendment is to be voted upon.

ARTICLE X - DISSOLUTION

In the event of dissolution of this organization, the funds in the treasury, after all creditors have been paid, shall only go to another non-profit, tax exempt organization authorized with a 501 (c) (3) exemption.

BY-LAWS

of the
Huntsville Track Club, Inc.

ARTICLE I - DUTIES OF OFFICERS

(A) President - The President of the organization shall preside at all meetings of the organization and of the Executive Committee. The President shall be responsible for the conduct of all business and negotiations performed in the name of the organization. He shall make every reasonable effort to further the policies of the organization. He shall appoint any committees deemed necessary, subject to the approval of the Executive Committee.

In the absence of the President, he shall designate another officer of the club to fulfill his role. A regular meeting of the Executive Committee will be conducted six times each year, but the President can call special meetings when deemed necessary.

(B) Vice President-Program/Equipment - The Vice President-Programs/Equipment shall assist the President as necessary and perform the duties of the President when so directed or in his inability to act. The Vice President-Programs/Equipment shall be in

HAPPY BIRTHDAY PETE

We've seen a lot of shady schemes,
And been involved in at least our share.
But we can't think of a single one,
With this one to compare.

We never thought you would go this far;
We can understand your being down.
But isn't it overreacting,
To try to move out of town?

We're all surprised you would stoop so low
As to carry out this sin,
And move up to another age group
As the competition is moving in.

Birthdays are a time for looking back,
For daydreaming nostalgically.
Especially at your age when
You don't know how many more there will be.

Remember last year's Winter Winds?
Running along in the cold?
And making an obscene gesture
To a heckler beside the road.

Remember last year's Rocket Run?
Winning in front of the gym?
The photographers were so impressed
They asked you to finish again.

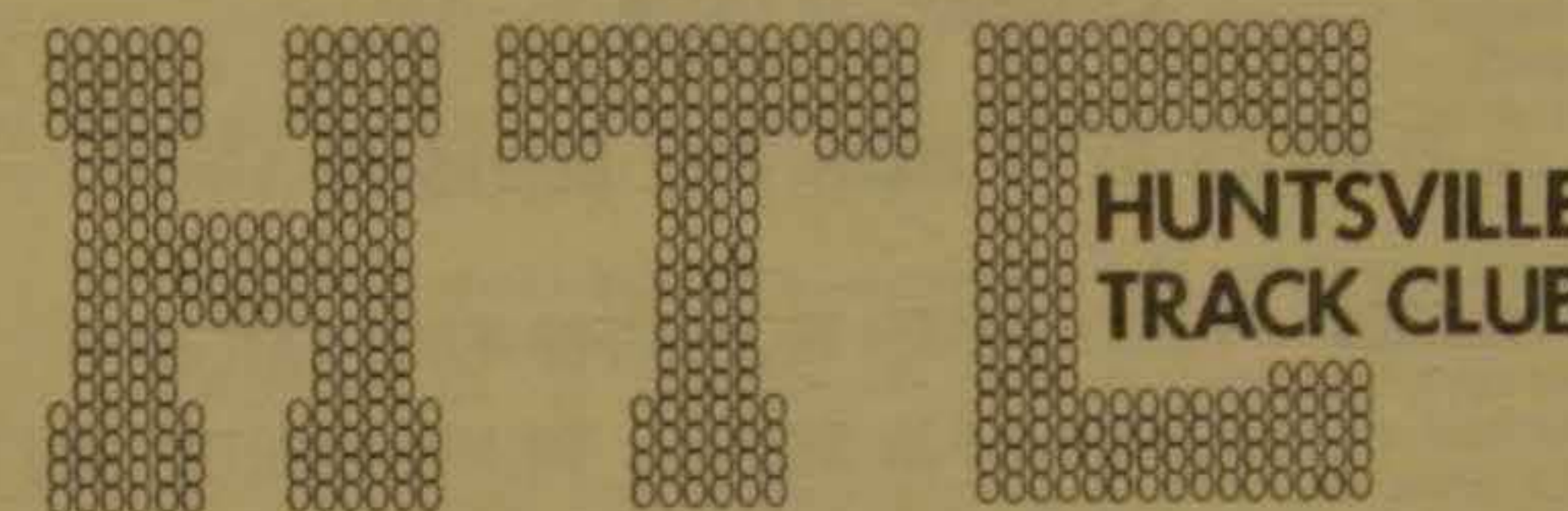
Remember before the marathon?
Looking nervous as a bridegroom?
You and Harold searching frantically
For an unoccupied restroom.

Too bad we missed the ultras;
We understand they can be fun.
Especially making the pit stops,
With that special someone.

Where do you get your socks?
Do you buy them straight off the rack?
Or do you have them custom made
With that little red ball in the back?

Thanks for all the memories,
There have been quite a few.
Thanks for brightening up the races,
By bringing Crystal with you.

An original by:
Randall Harris



Make your old shoes
like New!

POWER-SOLER

Authorized Dealer

specializing in

Sport Shoe Repair

Running \$14.95

Tennis \$15.95

3 Day Service - Satisfaction Guaranteed
Enclose Name, Address, \$14.95 or \$15.95 including postage and handling
(AL Residents add 7% sales tax)

Send shoes to:

Southern Sportswear

Hwy. 231 N.

Wetumpka, AL 36092

In Montgomery shoes
can be picked up at
these locations:
The Sports Tree
O'Connor Tennis Center
The Athlete's Foot

whenever it may be deemed necessary and in the best interest of the organization.

(B) These committees may include the following:

- (1) Membership
- (2) Publicity
- (3) Finance
- (4) Legal
- (5) Research and Public Relations
- (6) Rules and Records
- (7) High School Track and Field
- (8) High School Cross Country
- (9) Junior High School Track and Field
- (10) Junior High School Cross Country
- (11) College Track and Field
- (12) College Cross Country
- (13) Road Racing
- (14) Jogging, and
- (15) Official Training.

(C) Additional committees shall be established as the need arises.

(D) Committees may be combined or otherwise modified where this action will better accomplish the purpose and objectives of the Club.

HUNTSVILLE TRACK CLUB

"Run For Fun And Fitness"

IS SPONSORING A ONE-MILE CROSS-COUNTRY RUN

FOR ELEMENTARY AND JUNIOR HIGH STUDENTS

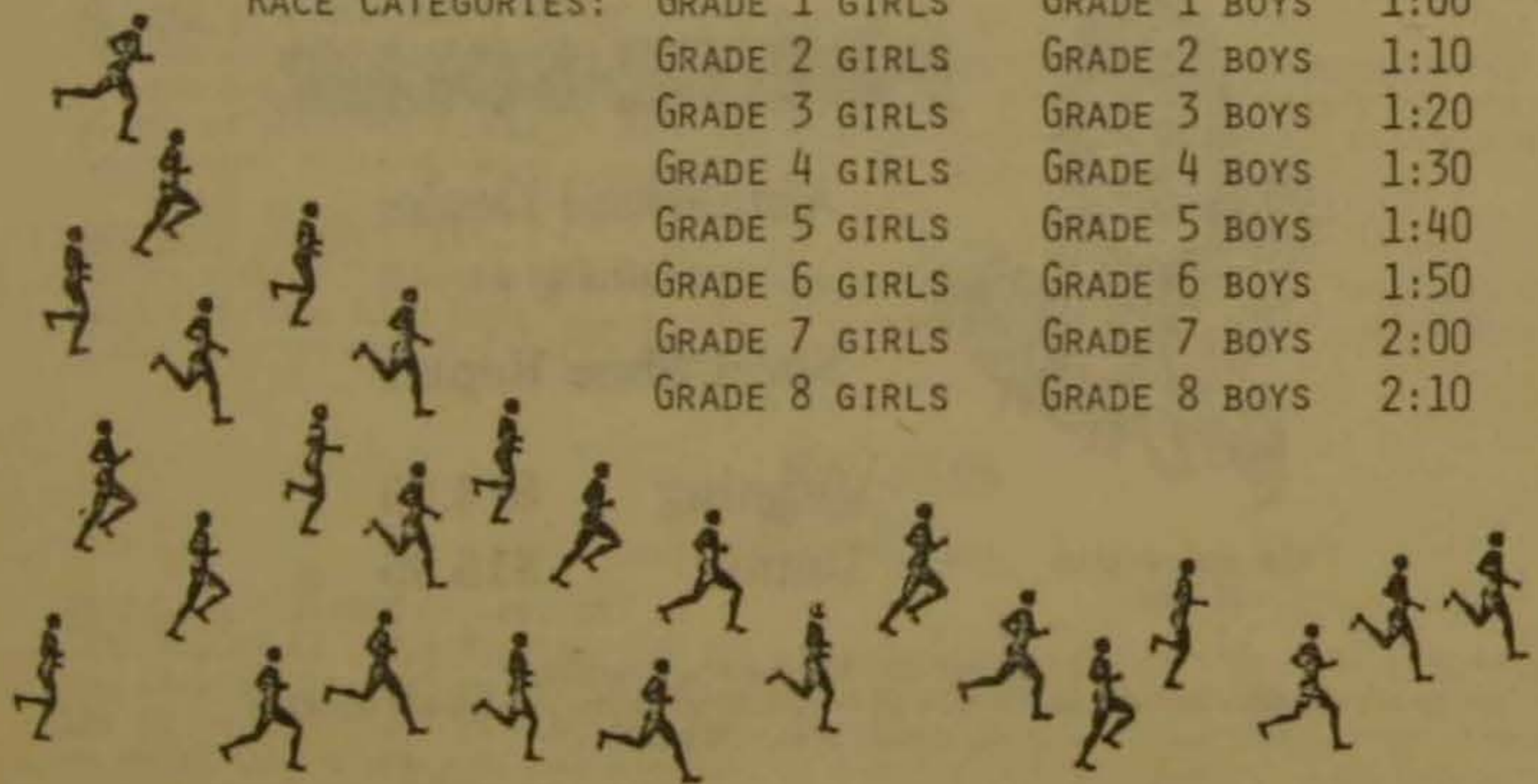
SATURDAY, OCTOBER 31, 1981

REGISTER AT 12 NOON; RACE BEGINS AT 1 P.M.

AWARDS: FIRST PLACE TROPHY FOR EACH CATEGORY
RIBBONS FOR SECOND, THIRD, FOURTH, AND FIFTH

RACE
TIME

RACE CATEGORIES:		RACE TIME
GRADE 1 GIRLS	GRADE 1 BOYS	1:00
GRADE 2 GIRLS	GRADE 2 BOYS	1:10
GRADE 3 GIRLS	GRADE 3 BOYS	1:20
GRADE 4 GIRLS	GRADE 4 BOYS	1:30
GRADE 5 GIRLS	GRADE 5 BOYS	1:40
GRADE 6 GIRLS	GRADE 6 BOYS	1:50
GRADE 7 GIRLS	GRADE 7 BOYS	2:00
GRADE 8 GIRLS	GRADE 8 BOYS	2:10



THE RACE WILL BE CONDUCTED ON THE SECOND MILE OF THE RUNNING PARK'S
TWO-MILE COURSE AT THE OLD AIRPORT (SOUTH END OF THE NORTH-SOUTH RUNWAY).
FOR MORE INFORMATION, CALL JACK WARD AT 881-6080.

charge of all regular programs and special programs conducted in the name of the organization. He will schedule and make arrangements for all regular club meetings. He shall keep a listing of all equipment owned by the organization and, when practical, shall maintain possession of said equipment. Where personal possession of equipment is not practical, he shall know the whereabouts of equipment not in his possession. The intent of this duty is to provide a single person which Race Directors can call for access to any HTC-owned equipment. The Vice President-Programs/Equipment shall be responsible for maintenance of all equipment and for the procurement of new equipment when approved by the Executive Committee.

(C) Vice President-Races - The Vice President-Races shall assist the President as necessary and perform the duties of the President when the President and Vice President-Programs/Equipment are unavailable to act. The Vice President-Races shall be responsible for the scheduling and selection of Race Directors for all road races, cross country, and track and field meets conducted in the name of the organization. If, after a reasonable search he is unable to find a director for any event, he shall not be required to assume that directorship. He shall report such an occurrence to the Executive Committee for action. If the Vice President-Races determines that a Race Director should be replaced, he must receive a majority vote approval from the Executive Committee before taking such action. The Vice President-Races shall submit a schedule of races for the next calendar year (including the name of the Director for each one) for approval by the Executive Committee no later than August 1 of each year. His primary duty shall be to train new Race Directors and to act as a consultant to all Race Directors to insure that all aspects of HTC races are properly conducted. However, proper conduction of each race shall be the responsibility of the Race Director.

(D) Vice President-Communications - The Vice President-Communications shall be responsible for the organization's newsletter and correspondence. The address of the Vice President-Communications shall serve as the organization's address. He shall serve as the organization's liaison with the RRCA and other similar organizations and maintain an address file for this purpose. He shall serve as the Executive Editor and Publisher of the organization's newsletter and serve as a consultant in this function for any other special publications produced by the organization.

(E) Secretary - The Secretary shall keep the minutes of all meetings in written form and shall maintain the organization's files on all official business. Meeting minutes shall be prepared and supplied to the Vice President-Communications for publication in the newsletter. He shall maintain the organization's membership roster. He shall prepare a year-end report detailing the primary organizational business for the past year. He shall present this report to the Executive Committee no later than January 15 each year, including that January 15 that falls 15 days past his term of office. The Secretary shall support and prepare as required all official organizational reports, documents and business letters required by the President.

(F) Treasurer - The Treasurer shall maintain the organization's finances in an account authorized by the Executive Committee. All funds received and paid in the name of the organization must be through the organization's accounts and handled by the Treasurer. He shall disburse all monies under the direction of the Executive Committee and shall present an annual written financial report. This report must be presented to the Executive Committee and then to the membership at the annual business meeting. He shall arrange for an audit of the accounts of the organization if so directed by the Executive Committee. He shall receive all monies and fees collected in the name of the organization and keep records of such transactions. It shall be possible for the Executive Committee to determine from the Treasurer's records the general source of all income and expenses. No income or fees shall be received and no expenditures made in the name of the organization except through the organization's account and records kept by the Treasurer. He shall be responsible for compiling the operating budget for the organization. If required he shall prepare and file an Income Tax Return for the organization.

ARTICLE II - EXECUTIVE COMMITTEE

(A) The Executive Committee shall consist of the six officers of the organization, one member of each standing committee, and an appointed past-executive (see C below).

(B) The voting members of the Executive Committee shall consist of the six officers and the appointed past-executive.

(C) The President shall appoint a past executive to serve on the Executive Committee for the same term as the President subject to the majority approval of the other officers. Priority should be given to the immediate past president when possible. The appointed member of the Executive Committee shall have no specific duties but will serve as the coordinator of special projects defined by the President and/or the Executive Committee.

(D) The Executive Committee shall determine the qualification for membership and shall set up a training program if necessary and provide other means necessary for improving and maintaining good officiating in track and field and cross country.

(E) The Executive Committee shall pass on all applications for membership and shall require at least a majority affirmative vote before accepting an application.

(F) Action of the Executive Committee may be vetoed by a 2/3 vote of the members present at a meeting called for this purpose. Notice of the meeting must be sent out at least ten days prior to date of voting.

(G) The Executive Committee shall have the right to submit to the membership for removal from office the name of any officer or committeeman failing to function properly in his capacity. The officer may be removed by 2/3 vote of those qualified members attending a meeting called by mailed notification, sent one week in advance, giving purpose of meeting.

(H) A quorum for the Executive Committee in any meeting session shall be a minimum of four voting members. (See B above). A majority vote shall be necessary to pass any official business.

(I) The Executive Committee shall have the right to submit to the membership for removal any member who fails to uphold the objectives of the organization. This shall be done by a 2/3 vote of those qualified members attending a meeting, called by mailed notification, sent one week in advance, giving purpose of meeting.

ARTICLE III - MEMBERSHIP

New applicants must file an application form with the Secretary. These forms may be obtained from any officer. This organization will have a dual level membership. The first level will be active or working members and the second level will be inactive or non-working members. The fee structure for membership will be divided into five divisions: General, Family, Coaches and Students, Subscribers, and Supporters. The administration of dues will be as follows:

1. All membership dues become due and payable on January 1 each year. New members entering the club will be charged their first year dues prorated quarterly depending on the month they join the club.

2. The annual membership dues will be: (General - \$10.00) (Family - \$15.00) (Student and Coaches - \$6.00).

3. Active or working members will be entitled to a 50% discount on these dues. The administration of these discounts will be handled by issuing coupons that are effective for one year. Educational leaders, Race Directors, Officers and Committee Leaders will develop standard lists of tasks to support their activities and be responsible for issuing the coupons in return for significant work accomplished. Coupons will be issued for each race or worthy club activity. Two coupons will be required to be turned in by January 1 each year to receive 50% discount on annual dues. There is no limit on the number of coupons that can be earned. Coupons not used for annual dues discount will be worth a \$2.00 discount for any clinic, race or dinner meeting. Coupons may be earned by family members and will be accepted for the annual dues discount or for the \$2.00 discount for other events, but will not be transferable outside of that family.

4. Runners who do not live in Madison County but wish to belong to this organization can join as SUBSCRIBER MEMBERS. Their annual dues will be \$5.00.

5. SUPPORTERS of this organization are those who contribute \$10.00 or greater.

ARTICLE V - MEETINGS

(A) The annual meeting of the organization shall be held sometime during the month of January. Meetings to discuss and interpret rules shall be held at times designated by the Executive Committee or by the request of a majority of the members. Special meetings may be called by the President or by a majority of the Executive Committee or by a majority of the members present at any regular meeting. The Executive Committee shall meet upon call by the President or by two or more members of that Committee.

(B) Regular meetings shall be set up by the Executive Committee as deemed necessary.

(C) Lack of attendance at meetings will be construed as disinterest by the member and shall be handled in any way set forth by this organization.

ARTICLE VI - OPERATING COMMITTEES

The Executive Committee shall have the power to set up certain operating committees

AAU MASTERS RULES SECTION II MASTERS ATHLETIC PROGRAM RULE 250

1. The Masters Athletic Committee shall conduct and supervise a program for track and field, long distance running, and race walking for men over the age of forty and women over the age of thirty.

2. The AAU general rules shall govern all Masters competition unless otherwise provided in this rule.

3. Masters competition shall be open to all men over the age of forty and women over the age of thirty in Masters events. All Masters who comply with Article 54 of the AAU Code and Rule 53 of the I. A. A. F. shall also be eligible to compete in Open Competition. Competing in Masters competition shall not preclude an athlete from competing in Open competition if otherwise eligible.

4. There shall be the following competitive divisions:

- a. Men - Div. IA 40-44; IB 45-49; IIA 50-54; IIB 55-59; IIIA 60-64; IIIB 65-69; IVA 70-74; IVB 75+.
- b. Women - Div. I 30-39; Div. II 40-49; Div. III 50-59; Div. IV 60+.

5. The age of the individual on the date of competition shall determine his division. An individual may compete in a younger age category provided he enters that particular event in one division only.

6. The Divisions in paragraph 4 for men must be held in National and Regional Track and Field Championships. In Race Walking and Long Distance Running the Committee may divide the age groups by ten years instead of five. This must be done at the time a Championship meet is awarded. If no action on this point is taken then the five year grouping for men shall apply.

The Divisions in paragraph 4 for women may be further subdivided to five year groupings, if justified by the number of competitors. This determination shall be made at the time a Championship is awarded.

The age divisions for Association Championships shall be determined by the Association. The age divisions for non-championship events shall be determined by the meet director.

7. The meet director shall have the authority to request proof of age and/or a medical certificate attesting to the competitor's physical ability to compete. In addition a hold harmless waiver shall be signed by each competitor.

8. Hurdle and weight standards :

Men:	Div. I	Div. II	Div. III	Div. IV
Hurdles	39"	36"	33"	33"
Shot Put	16 lbs.	12 lbs.	8 lbs.	8 lbs.
Javelin	800 grams	800 grams	600 grams	600 grams
Discus	2 kilograms	1.6 kilograms	1 kilogram	1 kilogram
Hammer	16 lbs.	16 lbs.	8 lbs.	8 lbs.

9. Metric distances shall be used for all National Outdoor Track & Field, Race Walking and Long Distance Running events unless changed at the time the Championship is awarded by the National Committee. The Indoor National Championships shall be held at the following distances: 50 yard; 300 yard; 600 yard, 1000 yard, one mile; two mile; two mile walk unless changed at the time the Championship is awarded.

10. There shall be a 400 meter relay; 1600 meter relay; and 3200 meter relay at the National Outdoor Track & Field Championships. At the discretion of the meet director these relays may also be held for Divisions II, III & IV in any combination of age groups. There shall be a mile relay and a two-mile relay held in the Indoor National Track & Field Championships.

11. There shall be a Decathlon Championship, a Pentathlon Championship and a Weight Pentathlon Championship.

12. In Long Distance Running there shall be the following Masters Championships:

- 10 kilometer cross country
- 15 kilometer cross country
- 15 kilometer
- 20 kilometer
- 25 kilometer
- 30 kilometer
- 50 kilometer
- Marathon
- one-hour (postal)
- 50 mile

Any of these Championships may be run in conjunction with an Open Event at the same distance. Women Masters shall compete in all of these events and receive Championship awards.

13. In Race Walking there shall be the following Masters Championships:

- 20 kilometer
- 25 kilometer
- 30 kilometer
- 35 kilometer
- 40 kilometer
- 50 kilometer
- 75 kilometer
- 100 kilometer

Any of these Championships may be run in conjunction with an Open Event at the same distance. Women Masters shall compete in all of these events and receive Championship awards.

14. The National Committee may hold Championship events not noted in paragraphs 9 through 13.

15. National Masters Athletic Committee.

A. Functions:

- a. To develop and implement the National Masters program
- b. To award National Masters Championships
- c. To establish rules and regulations for Masters competition
- d. To approve of Masters records
- e. To establish entry fees and assessments regarding Masters events.
- f. To select representative(s) to the I. A. A. F.

B. Composition

- a. Chairman - to be elected by closed majority vote of the National Committee at the Convention.
- b. Vice-Chairman - to be elected by closed majority vote of the National Committee at the Convention.
- c. Secretary-Treasurer - to be appointed by the Chairman.
- d. Association Chairmen for Masters Athletics
- e. Chairman of the Long Distance Running Masters Sub-Committee of the National Masters Athletic Committee.
- f. Chairman of the Race Walking Committee Masters sub-committee of the National Masters Athletic Committee.
- g. Chairman of the Women's Committee, sub-committee of the National Masters Athletic Committee.
- h. Past National Masters Chairman.
- i. Regional Masters Chairmen
- j. Records Committee Masters Chairman
- k. Rules Committee Masters Chairman
- l. Standards Committee Masters Chairman
- m. two members at large from each Region to be selected by the Regional Councils.
- n. Chairman of the Track & Field Committee

16. National Masters Athletic Executive Committee

A. Functions

- a. To implement the policies of the National Committee
- b. To conduct the affairs of the Committee between Committee meetings and to

take emergency action.

B. Composition:

- a. Chairman
- b. Vice-Chairman
- c. Secretary Treasurer
- d. Each Regional Chairman
- e. Long Distance Running; Men's Track & Field; Women's Track & Field; and Race Walking sub-committee Chairmen.
- f. Past National Chairmen shall be non-voting members.

C. Voting

Voting can be done by telephone or via the mails, at the discretion of the Chairman.

17. Regional Councils

A. Functions

To conduct the program within their respective Regions not in contradiction with the AAU Code and these Rules. Each Region can establish its own By-Laws.

B. Composition of each Region.

The National Committee shall determine the jurisdiction of each Region. Modification in the composition of the Regions shall be voted on at the National AAU Convention. The delimitation of each Region shall be by AAU Associations.

1. Eastern: Maine, New England, Adirondack, Niagara, Conn., Metropolitan, New Jersey, Middle Atlantic, South Atlantic, Potomac Valley, Allegheny
2. Southeastern: Virginia, North Carolina, Florida, Southeastern, West Virginia Florida Godl Coast
3. Mid-Western: Lake Eire, Ohio, Indiana, Michigan, Wisconsin, Central, Kentucky,
4. Mid-American: Arkansas, Ozark, Oklahoma, Missouri Valley, Mid-Western, Minn. Iowa, North Dakota, South Dakota
5. Southwestern: Southern, Gulf, Southwestern, New Mexico, South Texas, West Texas, Border
6. Northwest: Wyo., Monana, Inland Empire, Pacific Northwest, Oregon, Inter-Mountain, Alaska
7. West: Pacific, Central Calif., Southern Nevada, Southern Pacific, Hawaii, Far East, Ariz.

18. Standing Committees

- a. Executive Committee
- b. Men's Track & Field Committee
- c. Woman's Masters Committee
- d. Long Distance Running Committee
- e. Race Walking Committee
- f. Records Committee
- g. Standards Committee
- h. Sports Rules Committee.

19. Selection of Committee Chairmen.

The Chairman shall appoint the chairmen of the Records, Standards and Sports Rules Committees. The Chairman may initially appoint a temporary Chairman to the other committees but the committees themselves shall elect their own Chairmen at their discretion.

20. Proxy Voting

Any member of the National Committee may give a written proxy to the Secretary Treasurer designating an authorized representative to appear and vote on his behalf.

21. Meetings:in addition to the AAU Con vention

Masters Track & Field shall have a meeting at the National Outdoor Championships. The meeting shall be open to all Masters. Race Walking and Long Distance Running shall arrange to have a meeting at one of their National Championships in which the athletes can participate.

22. Entry fees.

The National Committee shall determine the amount of the entry fee for each National Championship. The Regional Councils shall determine same for the Regional Championships and the Associations for the Association's Championships

23. Site selection

Site selection for Track & Field shall be made at the Outdoor National Championships for both the Indoor and Outdoor Championships. Site selection can be made as far as three years in advance.

Site selection of Race Walking and Long Distance Running shall be made at the Convention.

It is the stated policy of the National Committee to try to have the various Championships shifted throughout the country. All things being equal, a Region that has not had a particular championship shall be given greater consideration than a Region that has already held such a Championship.

This report is being sent to the National A.A.U. Masters Track & Field Committee, to over seventy clubs that have Masters within their ranks and to leading activists in the program. It is requested that the information contained in this report be published in club newsletters.

The following were elected as officers to the committee:

Robert Fine, Chairman

Wendy Miller, Vice Chairman

George Braceland, Secretary-Treasurer.

We presently have \$400 in our treasury. Many of the 58 A.A.U. Associations have not been crediting our committee with dues (50¢ per member). This is our principal source of income. It is important that each Association Chairman contact his local A.A.U. office and insist that there be a provision for each athlete, on the A.A.U. membership application form, to indicate that he or she is both a Master and wishes to have his dues credited to "Track & Field".

Merger with Masters Long Distance Running

58% of those that responded to our survey voted to have a merger of the two committees. 8% voted to have Masters LDR returned to the Open LDR Committee. 36% voted to maintain two separate committees. A proposed code change to have one "Masters Athletic" committee was tabled until the next A.A.U. Convention. A Masters Athletic Coordinating Committee was formed consisting of the officers of the two Masters Committees. This committee will coordinate the operation of the two committees and work on joint programs.

World Veterans Athletic Association

The World Veterans Athletic Association's constitution was approved. The following were selected as the American representatives to the World Veterans General Assembly: Irene Obera, women's track; Ruth Anderson, women's LDR; Ron Kulick, race walking; Bob Boal, LDR; Wendy Miller, T&F. Bob Fine was already elected as the North American representative to the Executive Council.

Change of name from "Masters" to Veterans"

It was decided to table this question until the next Convention and, in the meantime, conduct a national pole of the athletes to decide what they would like. The responses to the survey of the National Committee were split, with some rather emotional responses.

National Uniforms

National Uniforms were approved by both Masters committees. There will be a slight surcharge added onto the uniforms, with the profits shared equally by the two committees. Arrangements have been made with a supplier to compose a brochure which will then be distributed. Estimated prices are: sweat suit \$26; running jacket \$21; running pants and shirt \$12. All of these items will have lettering "U.S.A. Masters" with an A.A.U. Masters emblem. The running shorts and shirts will be nylon. The women's running outfit will be of different material and cut. All members of the A.A.U. can purchase these uniforms.

National Patches

Both committees voted to change the patches awarded for championships. Basically, they are of the same design but only larger. These would be for National Championships. Each Region would still given the present patches. We will also sell a patch "A.A.U. Masters" which any member of the A.A.U. can purchase.

Ted Cain

Ted Cain won five events in the National Outdoor Championship in the 40-44 year old group. Ted is 35 years of age. The committee voted to have him suspended indefinitely if his prizes are not returned and a two year suspension, starting when he reaches 40, if he does return them. The final decision rests with his local A.A.U. Associations'

Registration Committee. Both Masters Committees voted to now have a mandatory two year suspension for any athlete improperly competing in an older age group. To enforce this ruling we must have the cooperation of all meet directors and clubs, even if the meets are not A.A.U. sanctioned. If we fail to discipline ourselves on this crucial question then the whole movement will suffer irreparable harm. Please communicate with the meet directors in your area to solicit their cooperation.

NATIONAL RELAYS

As noted in previous letters we have organized National Postal Relays. Enclosed are they entry forms and rules. It is suggested that various meet directors in each area be contacted to have some of these relays in their meets, particularly those relays not usually held, such as the medleys, 4 mile relay and age-medley mile relay.

NATIONAL RANKINGS

As previously reported, Tom Hoffman, 6150 148th Place, Flushing, N.Y. 11307, will be in charge of National Rankings. In order to make this program a success Tom must have a large input of information. Please urge everyone to cooperate. Please send meet results for 1977 to Tom and have each individual send his or hers best 1977 performance to Tom.

NATIONAL NEWSLETTER

Enclosed is the second issue of the National Masters Newsletter (NMN). We ultimately would like to have it as a monthly publication. Aside from the guaranteed 700 subscription from the Masters Sports Assoc. we have 200 individual subscribers. We would need at least 1,000 more to accomplish our goal. This is probably the single most important program of our committee. Please publicize the newsletter and urge subscribing to it.

A.A.U. STRUCTURAL CHANGES

The A.A.U. is undergoing major structural changes. Present plans call for an umbrella "Athletics Committee" with Open T&F, LDR, Men and Women, Race Walking and the Masters Committees being a part of it. Each of the separate committees will have autonomy. Masters LDR and T&F will each incorporate. Since it would be mechanically impossible to collect dues on a National basis the dues collection would be handled by the local associations with each committee receiving credit from those athletes that mark off their committee preference. Questions of discipline and sanctions - now handled by the local Associations - by my interpretation would be handled by the committees. It may be possible to receive some funding for our program under this structure. Obviously many problems still have to be resolved, which is why our incorporating will give us the structure to organize the program for Masters as we see fit.

FUTURE PROGRAMS

The North American Masters Council is being formed. There is a possibility of holding a North American Masters T&F Championship this year. Hopefully an official Pan American Masters Championship will also be held.

A duel meet with Canada is being planned, with one meet to be held in the West and one in the East each year. There will be a Cross0Country duel meet with Canada held this year.

A Masters Directory is being planned to list all of the individuals on the National Committee, all clubs with Masters, leading individual activists, and all major meets.

The next meeting of the committee will take place at the Outdoor Championships in Atlanta. Any party interested in bidding for any of the National Championships for 1979 or 1980 please advise me as soon as possible.

Herb Anderson, leading medal winner in Sweden, was selected as the Masters T&F Athlete of the Year.

ROBERT G. FINE, NATIONAL CHAIRMAN
77 Prospect Place, Brooklyn, N.Y. 11217

Feel free to publish any of the enclosed - Bob Fink
Chairman's report of the Masters Track & Field Committee at the A.A.U. 1975 Convention

I went to the Convention pessimistic about advancement of the Masters program in the AAU. After a great deal of work, aggravation, "politicizing", debates and votes I left enthusiastically. A major change was evidenced by the AAU in relation to the Masters, culminating in major structural changes in the program. First of all, we became a separate standing sports committee in track and field for both men (40+) and women (30+) Masters. This means that we will be able to formulate our own rules, in keeping with the AAU Code. We will be able to propose Code changes easier; elect our own officers; stand as equals with the other committees; receive more assistance from the AAU House; and receive 50¢ for our committee out of the AAU dues. It is thus important that all Masters list "MASTERS TRACK & FIELD" as their sport when renewing AAU Membership. Aside from the practical results of this action it is a clear recognition of our accomplishments, our unique program and the need for our autonomy.

A Masters Coordinating Committee is also being formed with Bob Helmick, the 2nd Vice-President of the AAU as Chairman. Its function will be to coordinate all Masters groups within each sport. It is hoped that in the future each respective Masters group within a sport will automatically become a separate standing sports committee. We have already established close rapport with the Masters Swimmers. It is possible that a National Masters Coordinator may be appointed in the future.

The last major action taken by the AAU was the adoption of a resolution that I drew up directed to the IAAF to have a separate Masters Committee formed in that world body and to permit all athletes over the age of 40 to compete in Masters competition, regardless of the IAAF Rule 53 (defining "professionals"). This is quite important as it will affect the proposed World Masters organization and is also related to the question of Masters participation in I.T.A. meets. I was selected as the American representative to any world masters committee in the IAAF.

Based on the above actions of the AAU I can strongly recommend that the Masters continue to work within the AAU both for our particular program and the betterment of all of amateur athletics.

A major restructuring of the AAU will take place next year to comply with the requirements of the Olympic Committee. An Athletic (meaning all running, jumping, throwing and walking events) Control Board will be established. The Masters will be fully represented on that Board. Relative to the Olympic team we will have a voice but no vote. This is another recognition of our status.

There are many things that have to be done in the next year. We have to compose our own rules (most of which we've already determined); work within the IAAF for recognition; continue to work with the AAU in the new Athletic Control Board and Masters Coordinating Committee. There will be two meetings held at the National Outdoor Masters T & F Meet to vote on all of these matters.

Under our new status the AAU Code requires that all site selection and election of officers take place at the AAU Convention. However, I believe that our main meeting should still take place at the Outdoor Championships. Bids for the 1977 meets and thereafter should be presented this summer as well as officers for 1977. Changes in the AAU Code must take place at the Convention. If the Masters are to have a real input in the AAU we must get involved with our local Association. As a separate standing committee we can now sanction our own races at all levels. All Masters are urged to get involved with their local Associations and to attend the Convention if possible. I believe that the AAU would welcome the leadership we can provide. I believe that we should think not only in terms of our own Masters program but also in terms of athletics in general. An AAU Convention can be tiring and irritating but it can also be very productive.

The Following sites were selected for the 1976 Championships:

Indoor Track & Field - Tufts College, Boston, Mass. March 13th or 14th. Contact Bob McVeigh, Boston A.A. 50 Cornhill, Boston, Mass. 02108.

Outdoor Track & Field - July 4th weekend, Gresham, Ore. Jim Puckett, Mt. Hood C.C. 26000 S.E. Stark St., Gresham, Ore. 87030

Decathlon - week after the Outdoor Meet also at Gresham

Pentathlon - (Regular and also Weight Pentathlon) April 2, 3, 4th Raleigh, N.C. contact Bob Boal P.O. Box 5576 State University Station, Raleigh, N.C. 27607

The Long Distance Running Committee selected the following sites:

10000 meter cross country: Belmont Cal. 11-13-76

15000 meter cross country: Hawaii 4-18-76

20 kilo, 5-22-76 Washington, D.C.

25 kilo, TBA, New York City

30 kilo, 6-6-76, Albany, New York

Marathon, 12-12-76, Hawaii

one hour, Southern Pacific

50 mile, 11-6-76, New York City.

It should be noted that the woman masters in track and field are now part of our committee. I am requesting that women be given a position on the Executive Board of all of the Regional Councils. Women's events can now be sanctioned as National and Regional Championships. There will be women's events in all championship meets. The number of events will depend on the number of competitors. I am going to recommend that at the minimum there be at least one sprint, middle distance and distance event for women. I hope that more running events and field events will held.

Relative to Long Distance there is a question as to whether the Long Distance Masters (LDM) should operate under the existing Long Distance Running Committee (LDR) or under the Masters Committee. I personally feel that whatever the athletes desire should be granted. I don't believe that anyone at this time really knows what the LDM would prefer. I request that all Masters clubs and race sponsors solicit the opinion of LDM as to which committee they would prefer to work under. I believe that Championship events can be used to spur the movement and that the LDR Committee has not spread them around enough to aid the movement. Most of the races are divided between the Metropolitan AAU (New York City) and the Pacific Coast Associations. For example, the Masters marathon has never been held East of the Rockies. In addition, with the LDM under the Masters Committee we will have more directly involved in our program and more strength with greater numbers. Furthermore, many of our Masters clubs could run various National and Masters Long Distance Championships. The counter argument is that the Masters have been treated fairly in Long Distance Running, are easily intergrated into that program and could better utilize their abilities to develop the LDR program. Opinions on this question would be appreciated.

The weights used by Div. III have been reduced to the 8lb. shot, 1K discus, 600 gram javelin and 12 lb. hammer. This is in keeping with the overwhelming opinion expressed by Div. III athletes at White Plains.

The following American 40+ records were approved:

1 mile, 4:24.0, Ray Hatton; 6 mile 29:59.0, Ray Hatton; 10000 meters, 30:56.0 Ray Hatton; steeplechase 9:18.6 Hal Higdon; 20 kilo 70:50.0 Jerry Smartt; 25 kilo 1:37:30.4 Pete Mundle; 30 kilo, 2:02:16.2 Pete Mundle; 35 kilo 2:48:53 Dan Sheeran; 40 kilo 3:13:22 Dan Sheeran; 50 kilo 3:59:50 Dan Sheeran; 15 miles 1:33:30 Pete Mundle; 1 mile relay 3:33.4 Seniors Track Club; 2 mile relay 8:27.2 N.Y. Pioneer Club, shot 53' 3 3/4" Ed McComas Discus 49.9 meters Ed McComas.

Ken Weidkamp, 14230 SW Derby St., Beaverton, Ore. 97005 has been appointed as the Northwest Regional Chairman and Jim Pepper P.O.Box 12345, Atlanta, Georgia, 30305 has been appointed as the Southeastern Chairman. I refused to accept the resignation of Ed Phillips as the Western Chairman and he is still with us.

I still feel that it is to our advantage to form a National Masters organization despite the glad tidings at the AAU Convention. Such a group, I would hope, would affiliate with the AAU and/or the Road Runners and/or the USTFF. The proposed organization may be called the American Masters Sports Assoc. (AMSA). Eleven clubs have already expressed a desire to participate. No club will lose any autonomy in joining. The organizational meeting will be held at the Outdoor Championships. Enclosed is the proposed Constitution. The advantages would be sharing of expenses, a national newsletter, national sponsors, coordination of activities, and better communication. New York, Phila., Western Penn., Albany, N.Y. Chicago, Atlanta, Ohio, Indiana, Mid-America (Kansas), Houston, Richmond have signed up. I expect at least 20 clubs will join in the next 6 months. All those interested please contact me.

Respectfully submitted,

Robert G. Fine, 77 Prospect Place, NYC 11217

9. MEETINGS

Meetings of all individual members of affiliated associations shall be held in conjunction with championship events at the Regional and National level. Committee reports will be made at such times. All questions of policy shall be voted upon by the individuals present. Determinations as to implement standards, championship site locations, sports rules shall be considered policy questions.

10. CHAMPIONSHIP SITE LOCATIONS

National and Regional Championships, as much as is practicable, shall be shifted each year throughout the Country or Region. Thus a Region who has not held a National Championship shall be encouraged to hold one as opposed to a Region that has held one within the same number of years as there are regions.

11. ROBERTS RULES OF ORDER

Unless otherwise contra-indicated in this Constitution Roberts Rules of Order shall govern.

12. INSPECTION OF RECORDS.

Any member shall have the right to inspect all records of the Association upon written demand to the Secretary and upon payment of actual costs to compose same.

13. DONATIONS

Donations by the Association can only be made to groups considered as charities under Section 501 (C) (3) of the 1954 Internal Revenue Code.

14. DISSOLUTION

In the event of the dissolution of the Association a meeting of all of the individual members of the Association will be held in which the individuals present shall determine the distribution of any remaining assets. Said assets can only be donated to a group recognized as a charity under Section 501 (C)(3) of the 1954 Internal Revenue Code.

15. NON-PROFIT ORGANIZATION

This Association is a non-profit group. All assets must be used in furtherance of the purposes under Paragraph Two.

Note:

This Constitution has purposely been created as "broad" as possible.

#1. The name has not been limited to any particular sport as there seems to be no reason to restrict ourselves in the event that other sports may wish to join with us. Furthermore, if we seek charitable tax status we'll have a better chance but not limiting ourselves.

#2. This very broad statement is identical to that used by the Masters Sports Association in New York so as to obtain charitable status.

#3. Questions as to the type of organization (limited to masters, open club, sponsoring club, AAU affiliated club) have not been gone into. These questions can be determined after the AMSA begins to function.

#4. This question can only be determined after AMSA functions. A levy on entry fees at the National Championships may be sufficient, a sponsor may come up, a levy per member of each club or a pro rata assesment may be the best. This determination must wait until the organization determines what its expenses will be.

#12. Under this section any member can obtain a membership list. Hopefully, there will be some central file on addressograph plates. However, a run off of such info can cost money which is why I indicated that the party soliciting the info must **pay** the costs.

#13, 14, 15 These provisions are required for charitable status.

Questions of administration shall be decided by the Executive Committee. Questions of policy shall be decided by those individual athletes present at the National Meeting. Such meetings will be held at the National Championships. In the event that more than one sport becomes involved then there will have to be a meeting of the various sports at a convenient location.

Questions of rules, standards, age divisions ect. will be decided by the athletes. Each Region will be left alone as much as possible as will each associated club. There will be no limitations based on age or sex.

The purposes in creating such "broad" proposals is not to fall into the trap the AAU has in making specific rules that are almost impossible to change.

AMERICAN MASTERS SPORTS ASSOCIATION
CONSTITUTION

1. NAME

The name of the organization shall be the AMERICAN MASTERS SPORTS ASSOCIATION.

2. PURPOSES

To encourage athletic competition; better the health and well being of society; improve group relations; combat juvenile delinquency; and, establish tolerance and understanding.

3. MEMBERSHIP

Membership shall be open to any organization having masters as members. The Executive Committee shall pass on applications for membership.

4. DUES

The Executive Committee shall determine dues and assessments of member organizations.

5. EXECUTIVE COMMITTEE

The Executive Committee shall consist of the President; Vice-President; Secretary; Treasurer and one Executive Committee Member At Large from each of the Regions.

The Executive Committee shall be in charge of the administration of the Association. Voting may be done by mail at the discretion of the President.

6. OFFICERS

A. PRESIDENT - Preside at all meetings; appoint committee chairman, unless the Executive Committee by majority vote disapproves; serve as ex-officio member of all committees; be empowered to sign checks for the Association; and vote to break any tie vote.

B. VICE-PRESIDENT - Assume the duties of the President if the President is absent, impeached, or physically unable to do same.

C. SECRETARY - Keep all minutes, send out all mailings and keep membership lists.

D. TREASURER - Responsible for all monies received and expended; sign checks; keep all financial records and reports to the membership.

7. ELECTIONS

The Executive Committee shall be elected as follows:

President, Vice-President, Secretary & Treasurer by majority vote of all individuals, who are members of affiliated associations, at the National Convention.

Members at Large - shall be selected by each respective Regional Council under procedures adopted by said Councils. If no party is selected by the Regional Councils, then said member shall be selected by majority vote of those individuals residing in the Region present at the National Convention

8. REGIONAL COUNCILS

The Executive Committee shall determine the composition of the Regional Councils subject to approval of the individual members of each affiliated association at the National Convention. Initially the Regional Councils shall consist of the following:

I. EASTERN - Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, New York, Penn., Maryland, District of Columbia

II. MID-WESTERN - Ohio, Kentucky, Indiana, Illinois, Wisconsin, Michigan

III. MID-AMERICAN - Minnesota, Iowa, Missouri, Arkansas, Oklahoma, Kansas, Nebraska, North Dakota, South Dakota

IV. SOUTHEASTERN - Virginia, North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, Louisiana, Tennessee, West Virginia.

V. SOUTHWESTERN - Texas, New Mexico

VI. NORTHWESTERN - Montana, Wyoming, Colorado, Utah, Idaho, Oregon, Washington, Alaska

VII. WESTERN - Arizona, California, Nevada, Hawaii, Far Eastern American Territories

Each Regional Council shall select the site and sponsor for Regional Championships; implement the Masters program in their region; select their own officers and create their own Constitutions not in contradiction with this Constitution.



members are North Country A.C. (New
 West Orange Masters (N.J.); Green Mountain
 Finger Lakes Runners (Ithica, N.Y.); and the

the AMAA logo. Enclosed is a proposed logo.
 the cost of a die, medals, patches and
 pins and enameled. If any club wishes to
 by June 1st. If no other logo is received
 then this logo will be the one used.

Outdoor National Masters Track & Field
 will be allowed one delegate for voting purposes,
 election of National officers; President, Vice-
 Chairman take place. Temporary Regional Chairman
 please send proposed nominees to me with a

being prepared. The Masters Sports Assoc.

There will be four issues of eight pages
 in addition there will be additional issues of
 the publication is aimed for. Please send copies of
 to, 102 W. Water St., Lansford, PA. 18232.
 It should be assumed that reprints from these

National rankings for Masters, in each event, are being composed by Tom Hoffman,
 6150 148th Place, Flushing, NY 11307. Please submit all results to Tom, including
 last name, first initial, club affiliation, age and performance. For the field events
 and hurdles we need the weight or height of the implement.

Bids are being requested for sponsorship of Masters long distance running, race
 walking and track and field events for 1978. By using an AMAA medal, in which unused
 medals can be returned and the medals can be paid for after the event, each sponsoring
 club will have a minimal amount of cash to layout and can expect to make a profit. If
 your club would just like to indicate some general type of event to sponsor (ie.: distance
 race) then a specific event can be assigned. We can have both Regional and National
 Championships. AMAA Championships can be used as a geographical balance to the
 A.A.U. Masters Championships.

Please forward to me any suggestions and/or requests for items on the agenda at
 the meeting in Chicago.

Bob

ROBERT G. FINE
 77 Prospect Place
 Brooklyn, NY 11217

P.S. Please notify all of your members who are competing in the World Masters
 Track and Field Championships in Sweden, that A.A.U. travel permits will be required
 as the meet has been sanctioned by the I.A.A.F. Travel permits should be applied
 for with the local A.A.U. Association in which one is registered. If not registered in
 the A.A.U. then the athlete must do so.

REPORT TO THE AMERICAN MASTERS ATHLETIC ASSOC. MAY, 1977

There are now 57 affiliated clubs. The latest members are North Country A.C. (New Hampshire); Ann Arbor T.C. (Michigan); West Orange Masters (N.J.); Green Mountain A.C. (Vermont); Club Northwest (Seattle); Finger Lakes Runners (Ithica, N.Y.); and the Prospect Park T.C. (Brooklyn, N.Y.).

There have been no suggestions made as to the AMAA logo. Enclosed is a proposed logo. If the design is accepted I will obtain bids on the cost of a die, medals, patches and stationary. The medal would be in four colors and enameled. If any club wishes to submit any other proposed logo please do so by June 1st. If no other logo is received and no objections raised to the enclosed logo then this logo will be the one used.

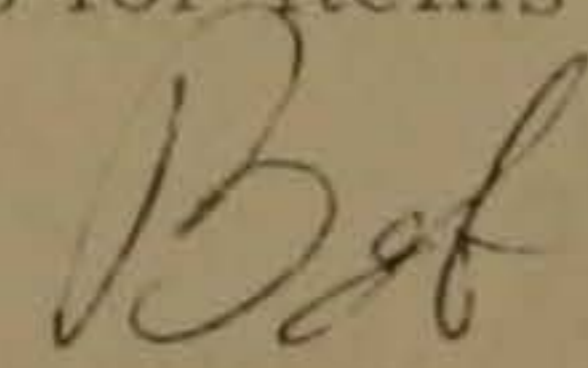
There will be a meeting of the AMAA at the Outdoor National Masters Track & Field Championships in Chicago. Each club will be allowed one delegate for voting purposes, although the meeting will be open to all. Election of National officers; President, Vice-President, and, Secretary-Treasurer will take place. Temporary Regional Chairman will then be appointed by the President. Please send proposed nominees to me with a biographical background.

A National Masters Newsletter (NMN) is being prepared. The Masters Sports Assoc. will underwrite the costs for the first year. There will be four issues of eight pages of tabloid print. If there are enough subscriptions there will be additional issues of more pages. Eventually, a monthly publication is aimed for. Please send copies of your newsletters to me and one to Ed Gildea, 102 W. Water St., Lansford, PA. 18232. Unless it is indicated to the contrary it will be assumed that reprints from these newsletters will be permitted.

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P.S. Please notify all of your members who are competing in the World Masters Track and Field Championships in Sweden, that A.A.U. travel permits will be required as the meet has been sanctioned by the I.A.A.F. Travel permits should be applied for with the local A.A.U. Association in which one is registered. If not registered in the A.A.U. then the athlete must do so.

Report to the National A.A.U. Masters Track & Field Committee - Summer, 1977

1. AAU Structural Changes. A major reorganization is taking place within the AAU. The standing sports committees, of which we are one, will have total control over our sport. Arrangements will be made with the various Associations to handle certain clerical matters, such as collecting dues. However, we will determine via negotiations with the local Assoc. how much money they retain. We will have the power to sanction events and to register athletes. If these proposals go through then it will be the sport committees, not the 58 local Assoc. who will be running the show. This will mean more work for us but it should benefit our movement greatly. Resistance can be expected from some of the Assoc. It is most important that you try to attend the Convention in Columbus Ohio, Oct. 10th.

2. National Committee meeting, July, 1977, at the Outdoor Championships. Over 400 Masters competed in the Outdoor Championships in Naperville, Ill. Wendy Miller, his family and the Mid-West Masters are to be applauded for putting on an excellent meet. About 200 athletes participated in the meeting in which it was recommended that the 1978 Outdoor Championships be held in Atlanta; the Weight Pentathlon in Vermont; and, the Decathlon in Merced, Calif. The final vote on site selection will take place in Columbus. John Bevelacqua, the Southeastern Chairman and the one who would be the meet director is enthusiastic about the meet but can not do so over the traditional July 4th weekend as the Peach Tree Road Race, will tie up all of their officials. John would like the meet the week after. Distance events will be run in the evening eliminating heat as a factor.

The meeting in Chicago helped clear the air about many misconceptions relative to the AAU. It is suggested that such meetings be held at all Championship meets, not only National but Regional and local.

3. World Masters. A World Veterans Athletic Association was formed in Sweden. Enclosed is a copy of the Constitution. I was selected as the North American Representative to the World Council. This Constitution must be approved by our committee and the Masters Long Distance Running Committee. If approved then we have to elect five delegates. Tony Diamond, Masters LDR Chairman and myself, both strongly urge its acceptance. A. Paulen, the President of the IAAF (International Track Federation) was present in Sweden. He expressed the opinion that the Masters should form our own organization and establish our own rules. All that the IAAF would require would be that we use their technical rules. If this is formally adopted by the IAAF it would eliminate the question of professionalism, since the Masters simply don't care about it, and would probably permit any athlete competing in International Masters competition (eliminating the South African problem). If the IAAF takes this position then the Masters would be on our own Internationally. I am satisfied that things are progressing better than I had hoped for on the International front.

No site was selected for the 1979 Championships. Germany, Holland and Israel are interested. The performance level was fantastic. The results will be published in the National Masters Newsletter.

4. National Masters Newsletter. The first issue has just come out. The Masters Sports Assoc. is guaranteeing the first four issues. With additional subscriptions (we now have 123) we can have more issues, with more pages. It is most important that you encourage new subscriptions and send articles and meet information to Ed Gildea, 102 W. Water St., Lansford, PA. 18232.

5. Woman's Records. Kathy Brieger, per the enclosed notice, will be handling women's records. Please have the notice published in club newsletters and encourage women to cooperate with Kathy. With enough info we can work on compiling age grading tables for women.

6. National Masters Postal Relays. John MacLachlan, Horseshoe Bay, Box 7770, Marble Falls, Texas, 786 54, will be in charge of our National Masters Relay program. Initial plans call for the following relays: 440, 880, mile, 2 mile, 4 mile, sprint medley, distance

2.

medley, age medley mile relay (Div. 1-2-3-1). Details will be sent out later.

7. Pan American Championships. The "Pan American Games" scheduled for Los Angeles is not a sanctioned meet. With the new World Veterans Athletic Assoc. we can now coordinate activities with other countries to establish an official meet. It is my hope to have a Pan American Championship in even numbered years and the World Championship in odd numbered years.

8. Ted Cain. Ted Cain won five events in Division IA at the National Championships. It has since been determined that he was 35 years of age. His club, the Southern California Striders, has suspended him for one year. The question presented to us is whether we would recommend to his local registration committee that a penalty via the AAU should be imposed. One argument is that the embarrassment is enough punishment. On the other hand, a strong public position might cause others to think twice about violating the rule. I am also investigating the possibility of another runner competing in IB although 44 years of age.

9. Masters LDR & Masters T&F. The survey to date indicates that 10% wish to have LDR Masters return to the Open LDR Committee; 35% wish to keep two separate Masters Committees; and, 55% wish merger. This will be discussed at the Convention. Tony Diamond and I have been working closely together. Regardless of the final decision close cooperation will be maintained. A joint meeting will be held on Tuesday evening at the Convention to discuss merger, elect representatives to the world council; coordinate uniforms, patches and rules.

10. Please let me know any items you'd like on the agenda for the Convention. We will discuss site selection, elect officers and have a general discussion of our program. In addition, we will be voting on legislation. Please complete the enclosed questionnaire.

A. Comments on holding the 1978 Outdoor Championships the week after July 4th.

B. What punishment, if any, should be meted out to Ted Cain?

C. Do you approve of the World Veterans Constitution?

D. Should we change our name from Masters to Veterans to conform to the International organization? (This is strictly optional with us).

E. Your vote for Masters Track & Field Athlete of the year. (Pete Mundle has been asked for recommendations)

Your Name _____ Address _____

WORLD VETERAN'S ATHLETIC ASSOCIATION _ CONSTITUTION

1. NAME. The name of the Association shall be the World Veteran s Athletic Association.

2. PURPOSES:

- A. To organize and operate a world Veteran s athletic association.
- B. To sponsor international Veterans athletic competition.
- C. To authenticate world Veteran s records.
- D. To foster international fellowship, understanding and cooperation.

3. OFFICERS

A. PRESIDENT.

The President shall be elected by secret ballot of the General Assembly by a majority vote. In the event that there are more than two nominees and no nominee receives a majority, then the candidate with the lowest number of votes shall be dropped from the voting and another vote taken. Such procedure shall continue until a candidate receives a majority of the votes. The election shall take place at the World Championships.

The President shall serve for two years and can not serve for more than two consecutive terms.

The President shall serve as the chief executive officer, he shall have the authority to convene the Executive Council; he shall preside at all meetings of the Executive Council and the General Assembly; he shall appoint all committee chairman and shall be a member of all committees. The President shall only vote to break a tie.

B. VICE-PRESIDENT.

The Vice President shall be elected for the same terms as the President and shall serve for the same period of time. He shall take over the functions of the President when the President is unable to attend a legally constituted meeting for any reason or is unable to carry out his duties due to poor health, resignation, impeachment or death.

C. SECRETARY

The Secretary shall be elected in the same manner as the President and shall serve for the same period of time. The Secretary shall keep minutes of all meetings; maintain a list of all members of the General Assembly and the Executive Committee and forward notices of all meetings.

D. TREASURER.

The Treasurer shall be elected in the same manner and shall serve for the same period as the President. He shall be responsible for all financial matters.

4. EXECUTIVE COUNCIL

The Executive Council shall consist of the four officers and one representative from each of the following areas: Europe, Asia, North America, South America, Africa and Oceania. The representatives shall serve for the same period as the officers and shall be selected by the members of the various continents by whatever method such area determines. If no Regional Councils are formed then the representatives shall be selected by the delegates from each Region to the General Assembly.

5. GENERAL ASSEMBLY

The General Assembly shall consist of the Executive Council plus a minimum of one member from each country affiliated with the Association, plus one additional member from each country for every 500 competitors, with a maximum of five from each country.

The General Assembly shall meet at the World Championships and shall determine all policy matters regarding the Association, including but not limited to: selection of the site for the World Championships; election of officers; determinations of standards and records.

6. REGIONAL COUNCILS

Each continent may have a Regional Council to promote Masters competition within in Region. Regional Championships may be awarded on dates not conflicting with the World Championships. Each Regional Council shall be autonomous and can establish its own constitution.

7. COMPETITORS

Masters competition shall be open to all men over 40 and women over 35. No competitor shall be barred from competition due to race, religion, ethnic background, or national origin. There shall be no team championships at the World Championship in Track & Field. Relay teams by nations may be permitted and team awards in long distance running (not on a track) and race walking (not on a track) may be given.

8. RULES OF ORDER

All matters of procedure not specifically noted in the constitution shall be governed as in the enclosed handbook on Parlimentary procedures.

9. IMPEACHMENT. Any 5 members of the Exec. Council or 10 of the Gen l. Ass. can start impeachment proceedings against any officer or member of the assembly by notifying the Secretary in writing, with a copy to the party charged. If the charges are received within one year from the start of the World Championships then a formal vote will be taken at the meeting of the Genl. Ass. If more than 1 yr. then the party charged shall have 30 days to respond. Vote by mail.



AAU House, 3400 West 86th Street, Indianapolis, Indiana 46268 (317) 297-2900
Cable Address: "Amathletic" Indianapolis

ROBERT G. FINE, CHAIRMAN
MASTERS TRACK & FIELD

Dear Master,

At the 1975 A.A.U. Convention the Masters became a separate standing sports committee with jurisdiction over men and women in Masters track and field, race walking and long distance running. This culminated years of efforts to obtain independence for our movement. As a separate standing sports committee we can now receive part of the A.A.U. dues that you pay, which will be used to directly further our program.

The A.A.U. is the largest volunteer organization in our country. Over 300,000 people give of themselves to establish our amateur athletic programs. However, the A.A.U. is chronically short of funds. It is no accident that its' most successful programs are those, such as the Junior Olympics, that are funded by private sources. The leaders in the Masters Movement are giving not only their time but are also paying for postage, phone calls and transportation expenses out of their own pockets. It is not only unfair to those individuals but it also results in precluding those Masters with more limited financial resources from participating more fully in the administration of the program.

The A.A.U. has established a new associate sustaining membership. These memberships are voluntary. Part of the money received will go directly to the Masters Committee with the balance going to the A.A.U. to help in all of its programs.

Please help both the Masters program and American amateur athletes by becoming a sustaining member.

Please fill out the enclosed Associate Sustaining Membership form and return it with your check or money order for \$3.50 to the National A.A.U. office in Indianapolis. The second part of the card is your membership card. When completing the membership form please show "Masters" in the sport location.

Sincerely,

A handwritten signature in cursive script that reads "Bob Fine".

ROBERT G. FINE