

MIDWEST

June 16. Grandma's Marathon, Duluth, Minn. Grandma's Marathon, P.O. Box 6234, Duluth, MN 55806. 218/727-0947. SASE.
July 8. 4th Annual March of Dimes Mini/Masters 5K Races, Peoria, Ill., 6 p.m. Joyce Dolzell, March of Dimes, 4700 N. Sterling Ave., Peoria, IL 61615. 309/682-3335.
July 15. Lady Wolfpack Classic 20K, Columbus, Ohio. Women only. John White, 4865 Arthur Pl., Columbus, OH 43220. 614/459-2547.
August 25. Bobby Crim 10-Mile Road Race. John Harpst, 1101 S. Saginaw, Flint MI 48502. 313/766-7346.
September 23. River Ramble 5K/10K/30K/50K, Columbus, Ohio, 5K & 50K are Ohio TAC Open & Masters Championships. John White, 4865 Arthur Place, Columbus, OH 43220. 641/459-2547.
October 7. RRCA National 50 Mile Championships, Chicago, IL. Noel D. Nequin, M.D., Swedish Covenant Hospital, 5145 N. California Ave., Chicago, IL 60625.
October 7. Columbus Bank One Marathon, Columbus, Ohio. Corporate Processing Dept., Columbus, OH 43271.
October 14. 6th Annual Medical Joggers Association 50 Miles/100K, Chicago, IL. Also RRCA's 50 Mile national championships. Legal SASE to Noel Nequin, M. D., Swedish Covenant Hospital, 5145 N. California Ave., Chicago, IL 60625.
October 21. America's Marathon, Chicago. Bob Bright, 214 West Erie St., Chicago IL 60610. 312/951-0660.
November 10. Wendy's 10K Classic, Bowling Green, Kentucky. Dave Mason, 1502 Weston St., Bowling Green KY 42101. 502/781-2834.
December 30. RRCA National 50K Championships, Peoria, IL. paul Appell, R.R., Alton, IL 61414.

MID-AMERICA

June 2. Summer Sports Festival 5/10K Runs, Independence, KA. Rhonda Maskus, Independence, KA 67301. 316/331-0344.
June 3. RRCA National Open & Masters Half-Marathon Championship, Kansas City, KS. Rich Ayers, 2413 North 57 Terrace, Kansas City, KS 66104.
August 18-19. Pikes Peak Marathon & Half-marathon, Manitou Springs, Colorado. PO Box 1694, Colorado Springs CO 80901. 303/471-9790.
September 6. RRCA National 25K Championships, Minneapolis, MN. Jeff Winter, 3515 Holmes, Minneapolis, MN 55408.
September 29. Maupintour Fall Classic, 10K, Lawrence, KA. Tom Leigh, Maupintour, 913/843-1211.
September 30. Twin Cities Marathon, Minneapolis to St. Paul, Minn. \$150,000 purse. Jack Moran, PO Box 24193, Minneapolis MN 55424.

SOUTHWEST

October 13. International Run Against Crime 10K, El Paso, Texas. John Hinshaw, PO Box 15000, El Paso TX 79998. 915/772-RACE.
December 2. White Rock Marathon, Dallas. Phidippides, North Park East, 8822 N. Central Expressway, Dallas TX 75231. 214/361-6493.

WEST

June 9. 8th Palos Verdes Marathon, Los Angeles, Calif. George Owens, PO Box 153, Palos Verdes Estates, CA 94614. 213/437-6774.
July 4. Coronado Half-Marathon. San Diego, Calif. George Green, 626 Fifth St., Coronado CA 92118. 714/437-4556.
July 4. Monarch Bank 5K & 10K Run in the Parks, Laguna Niguel, CA. Bill Pascual, 24372 Las Naranjas, Laguna Niguel, CA 92677. 714/831-6618.

July 28. Golden Run 5-10K, Fountain Valley, Calif. (near L.A.) 7:30 a.m. Bob Stewart, 1822-1/2 Newport Blvd. No. 210, Costa Mesa CA 92627. 714/645-7194.
August 5. SPA/TAC 10K District Championships, Griffith Park, Los Angeles. CRRC, Box 891, Tarzana CA 91356. 818/888-5526.
August 19. San Francisco Marathon, San Francisco, CA. San Francisco Marathon, PO Box 27385, San Francisco, CA 94127. 415/681-2322.
August 19. America's Finest City Half-marathon, San Diego, Calif. Neil Finn, American Lung Assn., 3861 Front St., San Diego, CA 92103. 619/297-3901.

NORTHWEST

June 2. Governor's Cup Marathon, Helena, Mont. Governor's Cup, PO Box 451, Helena, MT 59624. 406/442-5450.
June 3. "The RACE" 8K Run, Eugene, OR. OTC Masters, 1587 Agate, Eugene, OR 97403.
June 24. Cascade Run Off 15K, Portland, OR. Cascade Run Off, 208 S.W. Stark Ave., Suite 304, Portland, OR 97204. 503/226-0717.
July 15-22. Oregon Running Camp, Skycamp Lodge, Eugene, Box 5453, Eugene OR 97405. 503/726-2215.
July 24. Deseret News Marathon, Salt Lake City. Keith West, PO Box 1257, Salt Lake City UT 84110. 801/237-2135.
July 29-August 5. Steens Mountain High Altitude Running Camp, Frenchglen, Oregon. Box 5453, Eugene OR 97405. 503/726-2215.

INTERNATIONAL

September 30. September 30. Berlin Marathon. 7-day tour. G.K. Erich, 39 West Parkway, Pequannock NJ 07440. 201/694-2097.
October 13-14. IGAL European Veterans Distance Running Championships, Bern, Switzerland. Werner Hamm, Theuerbrunnleinsweg No. 55, 8720 Schweinfurt, West Germany.
December 1-2. XVII IGAL World Veterans 10K and Marathon Championships, San Diego, Calif. Bill Stock, 7160 Baldrige Rd., La Mesa, CA. 619/286-7867.
December 11-17. Running tour of the Holyland, Barry Shaw, PO Box 2143, Netanya, Israel. □



Bob Hull, TAC National Indoor Championships. Princeton, N.J., March 24-25, M65 1500.

1984 TAC NATIONAL MASTERS INDOOR TRACK AND FIELD CHAMPIONSHIPS PRINCETON, NEW JERSEY. MARCH 24-25, 1984.

60 Yard Dash Finals

Table of race results for 60 Yard Dash Finals, 300 Yard Dash, and 600 Yard. Columns include race number, name, state, club, and time. Races include 60 Yard Dash Finals (OA, OB, IA, IB, 2A, 2B, 3A, 3B, 4A, 4B, 5A, 5B, F1A, F1B, F2A, F2B, F3A, F3B, F4A), 300 Yard Dash (OA, OB, IA), and 600 Yard (Hand Time OA, OB, IA).

Table with columns for event name, athlete, state, and height. Includes sections for FOB 35-59, FIB 45-59, F3B 65-69, F4A 70-74, POLE VAULT, and LONG JUMP.

Table with columns for event name, athlete, state, and height. Includes sections for 2B-55-59, 3A 60-64, 3B 65-69, 4A 70-74, 5A 80-89, FOA-30-34, FOB 35-39, FIA 40-44, FIB 45-49, F2B 55-59, F3B 65-69, F4A 70-74, and TRIPLE JUMP.

Table with columns for event name, athlete, state, and height. Includes sections for SHOT PUT, 1A, 1B, 2A, 2B, 3A, 3B, 4A, 4B, 5A, 5B, 6A, 6B, 7A, 7B, 8A, 8B, 9A, 9B, 10A, 10B, 11A, 11B, 12A, 12B, 13A, 13B, 14A, 14B, 15A, 15B, 16A, 16B, 17A, 17B, 18A, 18B, 19A, 19B, 20A, 20B, 21A, 21B, 22A, 22B, 23A, 23B, 24A, 24B, 25A, 25B, 26A, 26B, 27A, 27B, 28A, 28B, 29A, 29B, 30A, 30B, 31A, 31B, 32A, 32B, 33A, 33B, 34A, 34B, 35A, 35B, 36A, 36B, 37A, 37B, 38A, 38B, 39A, 39B, 40A, 40B, 41A, 41B, 42A, 42B, 43A, 43B, 44A, 44B, 45A, 45B, 46A, 46B, 47A, 47B, 48A, 48B, 49A, 49B, 50A, 50B, 51A, 51B, 52A, 52B, 53A, 53B, 54A, 54B, 55A, 55B, 56A, 56B, 57A, 57B, 58A, 58B, 59A, 59B, 60A, 60B, 61A, 61B, 62A, 62B, 63A, 63B, 64A, 64B, 65A, 65B, 66A, 66B, 67A, 67B, 68A, 68B, 69A, 69B, 70A, 70B, 71A, 71B, 72A, 72B, 73A, 73B, 74A, 74B, 75A, 75B, 76A, 76B, 77A, 77B, 78A, 78B, 79A, 79B, 80A, 80B, 81A, 81B, 82A, 82B, 83A, 83B, 84A, 84B, 85A, 85B, 86A, 86B, 87A, 87B, 88A, 88B, 89A, 89B, 90A, 90B, 91A, 91B, 92A, 92B, 93A, 93B, 94A, 94B, 95A, 95B, 96A, 96B, 97A, 97B, 98A, 98B, 99A, 99B, 100A, 100B.

Table with columns for event name, athlete, state, and height. Includes sections for F3B, WEIGHT THROW, 60 YARD HURDLE TRIALS, and 4x400 Relay.

Table with columns for event name, athlete, state, and height. Includes sections for LONG JUMP, 1A-40-44, 1B-45-49, and 2A-50-54.

Table with columns for event name, athlete, state, and height. Includes sections for 1A, 1B, 2A, 2B, 3A, 3B, 4A, 4B, 5A, 5B, 6A, 6B, 7A, 7B, 8A, 8B, 9A, 9B, 10A, 10B, 11A, 11B, 12A, 12B, 13A, 13B, 14A, 14B, 15A, 15B, 16A, 16B, 17A, 17B, 18A, 18B, 19A, 19B, 20A, 20B, 21A, 21B, 22A, 22B, 23A, 23B, 24A, 24B, 25A, 25B, 26A, 26B, 27A, 27B, 28A, 28B, 29A, 29B, 30A, 30B, 31A, 31B, 32A, 32B, 33A, 33B, 34A, 34B, 35A, 35B, 36A, 36B, 37A, 37B, 38A, 38B, 39A, 39B, 40A, 40B, 41A, 41B, 42A, 42B, 43A, 43B, 44A, 44B, 45A, 45B, 46A, 46B, 47A, 47B, 48A, 48B, 49A, 49B, 50A, 50B, 51A, 51B, 52A, 52B, 53A, 53B, 54A, 54B, 55A, 55B, 56A, 56B, 57A, 57B, 58A, 58B, 59A, 59B, 60A, 60B, 61A, 61B, 62A, 62B, 63A, 63B, 64A, 64B, 65A, 65B, 66A, 66B, 67A, 67B, 68A, 68B, 69A, 69B, 70A, 70B, 71A, 71B, 72A, 72B, 73A, 73B, 74A, 74B, 75A, 75B, 76A, 76B, 77A, 77B, 78A, 78B, 79A, 79B, 80A, 80B, 81A, 81B, 82A, 82B, 83A, 83B, 84A, 84B, 85A, 85B, 86A, 86B, 87A, 87B, 88A, 88B, 89A, 89B, 90A, 90B, 91A, 91B, 92A, 92B, 93A, 93B, 94A, 94B, 95A, 95B, 96A, 96B, 97A, 97B, 98A, 98B, 99A, 99B, 100A, 100B.

Table with columns for event name, athlete, state, and height. Includes sections for 4x400 Relay, 4x800 Relay, and 60 YARD HURDLE TRIALS.

Table with columns for event name, athlete, state, and height. Includes sections for 60 YARD HURDLE TRIALS, 4x400 Relay, 4x800 Relay, and 60 YARD HURDLE TRIALS.

TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

BRITISH VETERANS ATHLETIC FEDERATION INDOOR CHAMPIONSHIPS; R.A.F. ST. ATHAN JANUARY 4, 1984

* WR; + U.K. record

60M
 J. Topliss 7.4
 R. Robertson 7.9
 J. Preston 7.9

M45
 B. Gray 7.8
 J. Hurley 8.0
 G. Ternal 8.4

M50
 R. Taylor *7.4
 A. Mellett 8.0
 M. Cusack 8.1

M55
 S. Brookes + 8.2
 A. Woods + 8.2
 J. Moran 8.6

M60
 L. Williams +8.4
 J. Pritchard 8.8

M65
 C. Fairey *8.5

M70
 S. McSweeney 9.6
 R. Evans 10.0

W35
 C. Vaughn +8.4
 J. Browne 8.5
 P. Oakes 8.5

W40
 M. Mills 9.2
 J. Charles 9.3

W45
 U. Gore *8.7

W50
 G. Jackson *9.3
 E. Knowles 11.2

W55
 H. Farmer *9.3

W60
 M. Wixey 9.9

150m
 J. Topliss 19.2
 P. Owen 19.3
 B. Charles 19.6

M45
 B. Gray 19.3
 J. Hurley 20.4

M50
 R. Taylor 19.0
 K. Whitaker 19.2
 R. Pritchard 20.9

M55
 A. Woods 20.5
 S. Brookes 20.5
 J. Moran 21.5

M60
 L. Williams 20.9
 J. Pritchard 22.2

M65
 C. Fairey 22.2

M70
 S. McSweeney 23.6
 R. Evans 26.4

M75
 T. Hines 30.7
 (also won 60m in 12.3)

W35
 J. Browne 21.4
 P. Oakes 21.8
 C. Vaughn 21.9

W40
 M. Mills 23.6
 A. Smith 25.7

W45
 U. Gore 22.3

W50
 G. Jackson 24.5
 E. Knowles 29.7

W55
 H. Farmer 25.2

W60
 M. Wixey 25.2

300m
 P. Owen 40.9
 B. Charles 41.8
 J. Preston 42.0

M45
 L. Cooke 42.0
 E. Hamer 42.7
 J. Hurley 45.2

M50
 R. Taylor 41.4
 K. Whitaker 43.1

M55
 S. Brookes 44.7
 L. Tivey 46.3
 J. Moran 46.5

M60
 J. Pritchard 46.7
 S. Stein 47.5
 D. Williams 47.8

M70
 S. McSweeney 52.3

M75
 T. Hines 72.1

W35
 P. Gallagher 45.5
 J. Browne 47.6

W45
 U. Gore 49.9

W50
 G. Jackson 56.6

600m
 R. Wild nt

M45
 L. Cooke 94.4
 R. Checkley 94.6
 E. Hamer 95.8

M60
 B. Neilsen 1:55.0

M65
 B. Taylor 2:00.7

M70
 R. Evans 2:20.3

W35
 P. Gallagher 1:44.4

W40
 A. Smith 2:09.4

1000m
 W. Gregory 2:58.2

M45
 R. Checkley 2:54.0
 E. Hamer 3:01.1

M60
 B. Neilsen 3:22.8
 K. Ellis 3:57.0

M65
 B. Taylor 3:41.4

W35
 P. Gallagher 3:06.7

3000m
 V. Smith 8:59.4
 O. Collins 9:02.0
 J. Garber 9:59.3

M45
 B. Gore 10:17.4

M55
 T. Wood 10:51.1

M60
 B. Nielsen 10:52.4
 J. Fitzgerald 11:20.4
 K. Ellis 12:34.9

W35
 P. Gallagher 10:36.1

W50
 B. Norrish *12:20.3

High Jump
 S. Power +1.75
 J. Lee 1.55
 M. Clarke 1.50

M45
 G. Ternal 1.45

M50
 G. Hickey +1.60
 C. Knowles

M55
 A. Woods *1.45

M60
 L. Williams 1.35

M70
 S. McSweeney 1.15

W35
 C. Drewry 1.45
 P. Oakes 1.35
 B. Terry 1.35

Shot
 M40 (7.26kg) +13.72
 A. Chromniak 11.90

M45
 J. Walters *13.15
 G. Ternal 11.86

M50 (5kg)
 G. Hickey +13.11
 J. Watson 12.98

M55
 A. Woods +13.56

M65
 C. Fairey +8.50

M70 (4kg)
 R. Evans +6.79

W35
 B. Terry *10.28
 C. Drewry 9.23
 C. Vaughan 7.18

W55
 H. Farmer +7.72

ONTARIO MASTERS INDOOR T&F CHAMPIONSHIPS; TORONTO; JAN. 28, 1984

60m - Final

M35
 1. 368 Ralf Wallace 7.88 CNR
 2. 374 Francisco Machado 7.97
 3. 356 Mike Camp 8.18
 4. 376 James Parker 10.55

M40
 1. 409 Tony Powell 7.67
 2. 419 Don Ciancone 7.96
 3. 414 Alan Slater 7.99
 4. 424 Bruce Mitchell 8.06
 5. 425 Bill Kennedy 8.09
 6. 429 Steve Nikolopoulos 9.04

M45
 1. 467 George Horton 7.68
 2. 476 J. Vander Vleuten 7.94
 3. 456 David Morris 8.48
 4. 461 Fred Cechl 8.54

M50
 1. 505 Alf Sundin 8.09
 2. 512 Eric Malmstrom 8.15
 3. 518 Ken Morris 8.50
 4. 523 Stan Quinnett 8.73

M55
 1. 575 Stan Egerton 8.28
 2. 566 Norm Baum 8.40
 3. 574 Jim Flowers 8.46
 4. 562 Kurt Hering 8.52
 5. 577 Gus Giagnogloy 10.80

M60
 1. 604 Andrew Thomson 9.06
 2. 611 Gilbert Jamieson 9.32

M65
 1. 657 Hans Warwas 9.23
 2. 658 Max Pickl DNF

M70
 1. 700 Gerry Ward 9.42 CNR
 2. 702 Jim Whale 10.06
 3. 704 William Koski 10.15
 4. 705 Karl Trei 10.57

W40
 1. 401 Linda Scott 9.09 CNR
 2. 423 Audrey Hiemstra 9.32
 3. 400 Anna Delaney 11.09

W45
 1. 470 Anne Vander Vle 9.80

W50
 1. 502 Doreen Carmicha 9.63

200m - Final

M35
 1. 372 Thomas Van Auker 25.0
 2. 359 Ian Mollett 25.2
 3. 368 Ralf Wallace 25.4
 4. 374 Francisco Machado 25.7
 5. 356 Mike Camp 28.2

M40
 1. 404 Basil Tomlinson 25.7
 2. 409 Tony Powell 25.8
 3. 425 Bill Kennedy 26.0
 4. 419 Don Ciancone 26.4
 5. 414 Alan Slater 27.4
 6. 429 Steve Nikolopoulos 37.8

M45
 1. 467 George Horton 24.8
 2. 454 Bill McIlwaine 25.5
 3. 476 J. Vander Vleut 25.6

M50
 1. 505 Alf Sundin 26.0 CNR
 2. 506 Brian Oxley 27.4
 3. 518 Ken Morris 27.5

M55
 1. 566 Norm Baum 27.3
 2. 574 Jim Flowers 27.8
 3. 569 Bill Rowe 34.4

M60
 1. 611 Gilbert Jamieson 30.3
 2. 604 Andrew Thomson 30.4
 3. 613 A.S. Woodhouse 31.5

M65
 1. 657 Hans Warwas 31.1
 2. 661 Jim Breslin 31.2
 3. 659 Ben Mackereth 31.3

M70
 1. 700 Gerry Ward 32.2 CNR

W40
 1. 401 Linda Scott 31.1 CNR
 2. 423 Audrey Hiemstra 31.2

W45
 1. 470 Anne Vander Vleuter 33.3

W50
 1. 502 Doreen Carmichael 34.1

400m - Final

M35
 1. 376 James Parker 54.5
 2. 372 Thomas Van Auker 54.5
 3. 374 Francisco Machado 56.4
 4. 368 Ralf Wallace 57.2
 5. 359 Ian Mollett 57.4
 6. 352 Chris Stones 57.9

M40
 1. 404 Basil Tomlinson 54.0
 2. 424 Bruce Mitchell 55.3
 3. 409 Tony Powell 57.9

M45
 1. 467 George Horton 56.7 CNR
 2. 476 J. Vander Vleuten 56.8
 3. 454 Bill McIlwaine 57.3

M50
 1. 506 Brian Oxley 59.3
 2. 523 Stan Quinnett 63.0
 3. 518 Ken Morris 64.2
 4. 512 Eric Malmstrom 66.0
 5. 522 Vic Masi 67.4

M55
 1. 565 Karl Virkavs 59.7
 2. 566 Norm Baum 60.4
 3. 574 Jim Flowers 68.6

M60
 1. 615 Valden Sadul 65.2
 2. 604 Andrew Thomson 67.0

M65
 1. 657 Hans Warwas 71.3
 2. 659 Ben Mackereth 73.1
 3. 661 Jim Breslin 73.4
 4. 653 Reg Lamont 84.2

M70
 1. 700 Gerry Ward 75.1

W40
 1. 401 Linda Scott 71.8 CNR

W45
 1. 452 Libby McIver 72.6 CNR
 2. 470 Anne Vander Vleuten 74.8

W50
 1. 502 Doreen Carmichael 77.9 CNR

800m - Final

M35
 1. 372 Thomas Van Auker 2:09.8
 2. 375 M.T. Kelly 2:28.7

M40
 1. 404 Basil Tomlinson 2:03.7 CNR
 2. 418 Tom Tushingham 2:03.8
 3. 408 William Dunn 2:08.0

M45
 1. 471 Gary Baker 2:13.0

M50
 1. 509 George Gluppe 2:17.9 CNR
 2. 506 Brian Oxley 2:21.2
 3. 507 Mendal Smith 2:22.4
 4. 522 Vic Masi 2:36.3

M55
 1. 563 Clifford Hall 2:17.1 CNR
 2. 565 Karl Virkavs 2:35.1

M60
 1. 615 Valden Sadul 2:41.2

M65
 1. 651 Stan Smith 2:41.0 CNR

W45
 1. 452 Libby McIver 2:47.8
 2. 450 Barbara McLeod 2:49.9

W50
 1. 503 Ruth Carrier 2:56.0 CNR

W55
 1. 551 Doris Orzechuel 3:36.6

1500m - Final

M35
 1. 355 Ray Tucker 4:07.0
 2. 373 Ron Flint 4:27.2
 3. 364 David Simms 4:36.2

M40
 1. 418 Tom Tushingham 4:11.7 CNR
 2. 408 William Dunn 4:22.2
 3. 428 Wim Van Gennip 4:32.8

M45
 1. 471 Gary Baker 4:23.9 CNR
 2. 455 Bob Daniell 4:40.8
 3. 458 Ross McKie 4:46.2
 4. 474 J. Pascoe 4:56.9
 5. 478 Gerhard Krolow 5:00.9

M50
 1. 508 John Johnston 4:48.0
 2. 507 Mendal Smith 4:52.2
 3. 510 Arthur Rappich 4:55.6
 4. 521 Richard Graves 5:00.4
 5. 520 Alastair Lynn 5:00.6
 6. 506 Brian Oxley DNF

M55
 1. 563 Clifford Hall 4:52.1
 2. 557 Ralph Lang 5:09.4
 3. 572 Peter Fellowes 5:57.5

M60
 1. 602 Kurt Gelbmahr 5:17.6
 2. 612 Ken Hignell 6:18.5
 3. 600 George Peterson 6:31.4

M65
 1. 651 Stan Smith 5:41.0
 2. 652 Aaron Kazdan 6:02.0
 3. 653 Reg Lamont 6:16.8

W35
 1. 350 Linda Findley 4:47.9 CNR
 2. 370 Pam Gillespie 5:53.7

400 M - LADIES
30-34 P. Immelman 57,4
G. vNiekirk 62,3
35-39 S. Cronje 64,5
E. Gertenbach 64,6
L. Rossouw 68,4
40-44 Y. de Wit 69,7
J. Weers 75,5
50-54 J. Geldenhuys 83,6
55-59 A. McKenzie 73,1
65-69 A. Reid 79,6
70-74 G. Odendaal 1-42,2

400 M - MEN.
35-39 L. Nel 51,2
R. Gough 55,8
G. van Zyl-Smil 40,8
40-44 L. Hacker 52,8
F. du Toit 53,9
A. Pontin 56,5
D. Augustyn 57,5
G. Dames 58,3
J.J. Meyers 58,8
A. Brown 59,5
P. Rogers 63,4
O. Jordaan 64,4
45-49 M. Hacker 55,7
D. van Vuuren 57,9
S. Fourie 59,6
50-54 M. Grujic 53,0
W. Andersen 61,1
55-59 J. Jordaan 61,0
N. Sharpley 51,3
J. Scholtz 63,8
60-64 S. Bornman 72,1
65-69 C. Pace 73,4
75-79 C. du Plessis 86,5

800 M - LADIES.
30-34 P. Immelman 2-30,0
M. Goets 2-35,8
55-59 A. McKenzie 2-51,5
J. Geldenhuys 3-13,4
70-74 G. Odendaal 3-56,2

800 M - MEN.
40-44 J. Sterley 2-02,4
R. Northover 2-09,7
G. Dames 2-12,0
A. Brown 2-14,9
J. Meyers 2-15,0
D. van Vuuren 2-12,3
D. McIntyre 2-16,9
C. Bester 2-55,4
50-54 M. Grujic 2-08,4
J. Fitz 2-28,4
W. Anderson 2-30,3
B. Aspelng 2-53,9
55-59 R. Truter 2-27,6
H. Wahl 2-44,4
65-69 C. Pace 2-53,8

1500 M - LADIES
30-34 M. Goets 5-33,6
35-39 L. Rossouw 5-56,3
70-74 G. Odendaal 8-15,8

1500 M - MEN.
35-39 C. Goets 4-52,1
I. Emery 5-04,8
40-44 J. Sterley 4-22,2
R. Northover 4-23,4
J. Roffey 4-24,0
T. Smith 4-40,6
P. Donald 4-57,0
W. vd Merwe 4-59,3
J. Erasmus 4-59,4
45-49 S. Mostert 4-32,7
D. v Vuuren 4-36,7
D. McIntyre 4-49,5
J. Stoltz 5-08,8
B. Senekal 5-20,5
D. Rossouw 5-32,4
K. Marx 5-51,7
50-54 P. O'Brien 4-37,4
J. Fitz 5-15,1
55-59 L. Kgonyana 4-46,3
W. de Beer 5-05,5
R. Truter 5-06,8
K. Shorkend 5-59,3
60-64 H. Niman 5-25,9
H. Barnard 5-43,7
65-69 C. Pace 6-03,6
P. de Vos 6-32,7

5000 M - LADIES
40-44 G. Bührmann 18,10
45-49 A. Tentussch 20,45

5000 M - MEN
35-39 B. Matthews 15-26,5
R. Haumann 17-04,8
J. Bothma 17-30,0
C. Goets 18-30
40-44 P. Budde 16-40,6
H. Sampson 17-45
W. vd Merwe 18-24
P. Donald 18-26
45-49 S. Mostert 16-27,5
B. Senekal 20-23
D. Rossouw 20-40
50-54 P. O'Brien 17-04,1
55-59 L. Kgonyana Time error
W. de Beer 18-28
H. Wahl 20-14
60-64 H. Niman 20-23
J. Villet 20-28

10 000 M - LADIES.
40-44 G. Bührmann 41-40,8
45-49 A. Tentussch 47-17,0

10 000 M - MEN.
35-39 B. Matthews 34-09,2
A.J. Louw 36-18,0
40-44 R. Hugo 34-19,5
F. Hofmeyr 34-35,0
R. Northover 36-02,7
R.M. Creed 40-40,0
45-49 S. Mostert 35-23,7
R. Cruickshank 37-44,0
J. Adams 38-05,0
B. Senekal 39-51,0
50-54 P. O'Brien 35-35,3
W. Anderson 40-42,3
55-59 W. de Beer 39-37,0
K. Shorkend 46-56,0

SHOT PUT - LADIES
30-34 E. Engelbrecht 11,78
35-39 M. Ferreira 9,30
B. du Preez 8,84
S. Cronje 7,98
S. Kruger 7,80
40-44 M. Uys 11,92
P. Theron 4,68
A. Meintjies 7,12
K. v.d. Merwe 6,08
J. Weers 6,04
45-49 L. Zimmerman 8,98
50-54 S. Malherbe 9,32
A. Ackerman 7,32
V. Welgemoed 7,16
55-59 A. McKenzie 7,90
I. Hofmeyr 6,68

SHOT PUT - MEN.
30-34 P. Potgieter 11,92
T.vdWesthuizen 10,12
40-44 R.M. Creed 10,18
A. Brown 8,64
45-49 J.S. Maree 8,94
M.B. Willers 8,50
50-54 A. Coetzee 12,50
R. Mitchell 11,64
S.C. Welman 10,62
C. Meintjies 10,26
V. Lunn 9,60
55-59 F. Furstenburg 10,34
T. Bruwer 10,32
N. Sharpley 7,52
60-64 J.C. Booysen 13,04
L.J. Botha 12,12
J. Klopper 11,04
J.J. Botha 10,14
Mac Henstock 9,22
H.C. Barnard 8,66
R. Coomer 8,62
65-69 J.C. Barnard 9,90
C. Pace 7,46
70-74 C. Nel 8,12
75-79 C. duPlessis 6,52

80 M HURDLES - LADIES
40-44 P. Pietersen 14,8
45-49 L. Zimmerman 16,4
J. Burger 17,7

100 M HURDLES - LADIES
35-39 S. Cronje 17,9
50-54 V. Welgemoed 19,7

110 M HURDLES - MEN
35-39 A. van Wyk 16,1
F. van Wyk 21,5
40-44 C. Truter 16,1
50-54 L. Benning 18,5

400 M - HURDLES.
35-39 A. van Wyk 58,1
R. Haumann 57,6
40-44 L. Hacker 72,2
J. Meyers 67,6
50-54 L. Benning 69,9
F. vd Merwe 76,8
M. Lewis

3000 M - STEEPLECHASE.
35-39 B. Matthews 10-00,4
R. Cruickshank 10-25,9
A. Louw 11-18,3
40-44 T. Smith 10-29,0
R. Hugo 10-48,6
50-54 F. v.d Merwe 11-48,7
M. Lewis 13-50,0
55-59 J. Scholtz 15-14,0

5000 M WALK - LADIES
35-39 S. Kruger 35-12,0
40-44 L. Ferreira 35-19,0
55-59 M. Hutchison 33-17,0
A. Villet 35-03,0
60-64 O. Wagener 35-12,0
E. Johnston 35-12,0

5000 M WALK - MEN
40-44 E. Michaels 25-51,0
D.J. Erasmus 30-03,0
H. Joffe 33-13,0
45-49 J. Stoltz 26-14,8
G. Rossouw 26-36,3
K. Marx 30-15,0
50-54 O. van Sencie 27-32,1
C. Bester 32-39,0
B. Aspelng 32-58,0
M. van Zyl 35-49,0
55-59 T. Walters 32-13,0
65-69 P. de Vos 27-49,0
70-74 D. Cock 32-22,0
J. Clough 32-57,0
80-84 T. Hughes 32-13,0

POLE VAULT.
40-44 C. Truter 3,70

DISCUS - LADIES.
30-34 E. Engelbrecht 33,34
35-39 S. Kruger 28,86
B. du Preez 25,80
S. Cronje 24,70
L. Koorts 20,74
40-44 P. Theron 34,28
P. Pietersen 25,12
A. Meintjies 18,32
45-49 L. Zimmerman 31,28
50-54 A. Ackerman 19,48
V. Welgemoed 18,58
S. Malherbe 18,44
55-59 M. Hutchison 15,20
60-64 R. van Zyl 14,90

DISCUS - MEN
30-34 P. Potgieter 40,88
T.vdWesthuizen 23,92
35-39 M. Kruger 26,76
F. van Wyk 25,36
40-44 R.M. Creed 30,28
A. Brown 28,20
D. Robertson 26,06
45-49 W. Schutte 23,42
J. Maree 23,34
M. Willers 20,40
50-54 A. Coetzee 37,16
R. Mitchell 31,60
C. Meintjies 30,34
J. Welman 27,18
V. Lunn 24,42
55-59 T. Bruwer 29,84
F. Furstenburg 27,38
60-64 K. van Zyl 35,58
J.C. Booysen 34,92
L. Botha 31,96
J. Klopper 31,52
J.J. Botha 28,96
Mac Henstock 27,98
B. Coomer 22,98
H. Barnard 19,88
65-69 J. Barnard 31,46
C. Pace 19,70
70-74 C. Nel 23,90
75-79 C. du Plessis 16,08

4 x 100 M RELAY (Men)
S. Transvaal 45,9
N. Transvaal 49,1
W. Province 49,4
W. Province (Mixed) 51,8

4 x 100 M RELAY (Mix)
Mixed Ladies (30-35) 52,3
W.P. Toddlers 56,4
Family Team 63,2
W.P. over 55's 67,5

4 x 100 M RELAY (Men)
S. Transvaal 45,9
N. Transvaal 49,1
W. Province 49,4
W. Province (Mixed) 51,8

JAVELIN - LADIES
35-39 D. Quelch 33,87
B. du Preez 30,70
40-44 P. Pietersen 23,76
P. Theron 23,68
K. vd Merwe 23,00
A. Meintjies 22,17
45-49 L. Zimmerman 28,85
50-54 A. Ackerman 25,34
S. Malherbe 24,06
V. Welgemoed 22,25
55-59 A. McKenzie 21,20
I. Hofmeyr 19,30
M. Hutchison 14,88

JAVELIN - MEN
30-34 T. vdWesthuizen 32,28
35-39 C. Wersels 50,10
M. Kruger 49,20
F. van Wyk 34,92
40-44 A. Brown 37,12
G. vd Merwe 33,57
45-49 S. Fourie 39,68
M. Willers 29,45
W. Schutte 23,38
50-54 R. Mitchell 35,78
K. Freeman 34,35
A. Coetzee 32,05
C. Meintjies 31,28
J. Welman 30,55
55-59 F. Furstenburg 29,20
T. Bruwer 26,46
J. Jordaan 23,34
A. van Zyl 36,38
J.C. Booysen 35,34
L. Klopper 30,38
J. J. Botha 27,60
J.J. Botha 23,98
Mac Henstock 20,06
B. Coomer 18,40
65-69 J. Barnard 29,06
C. Pace 16,02
70-74 C. Nel 25,04
75-79 C. du Plessis 15,65

HAMMER THROW - MEN
30-34 T. vd Westhuizen 29,75
35-39 G. Engelbrecht 40,18
F. van Wyk 21,34
40-44 R.M. Creed 33,55
J.A. Erasmus 30,10
45-49 J.S. Maree 21,98
W. Schutte 21,90
M. Willers 21,09
50-54 A. Coetzee 39,02
55-59 T. Bruwer 36,43
F. Furstenburg 22,80
60-64 J. Klopper 20,51
J.J. Botha 19,31
J.C. Booysen 17,40
65-69 J.C. Barnard 23,89
70-74 C. Nel 23,05

HIGH JUMP - LADIES
35-39 M. Ferreira 1,45
D. Quelch 1,40
S. Cronje 1,35
40-44 K.vd Merwe 1,25
P. Pietersen 1,20
45-49 L. Zimmerman 1,25
50-54 V. Welgemoed 1,15

HIGH JUMP - MEN
35-39 A. van Wyk 1,50
M. Kruger 1,50
40-44 C.B. Allan 1,40
D. Robertson 1,34
50-54 L. Benning 1,58
M.T. Lewis 1,35
60-64 K. van Zyl 1,43
L. Botha 1,30
S.A. Bornman 1,20
70-74 C. Nel 1,05

LONG JUMP - LADIES
35-39 D. Quelch 4,83
M. Ferreira 4,62
S. Cronje 4,21
B. du Preez 4,10
40-44 P. Pietersen 4,00
K. v.d. Merwe 3,84
45-49 L. Zimmerman 3,72
55-59 I. Hofmeyr 3,47
30-34 G. v Niekirk 4,91
C.J.vd Merwe 4,57

LONG JUMP - MEN.
35-39 W. Hager 6,91
R. Meiring 6,11
G. Hugen 5,67
40-44 C. Allan 5,94
D. Augustyn 5,57
R.M. Creed 5,18
45-49 C. Pahl 4,91
50-54 R. Cross 5,39
R. Mitchell 4,83
J. Welman 4,45
M.T. Lewis 4,39
55-59 H. Brand 4,84
N. Sharpley 4,09
60-64 K. van Zyl 4,58
R. Coomer 3,97
65-69 J. Barnard 3,84

TRIPLE JUMP.
35-39 G. Gough 11,46
40-44 R.M. Creed 10,32
45-49 C. Pahl 9,95
50-54 R. Mitchell 11,03
L. Benning 10,63
M.T. Lewis 8,86
55-59 S.H. Schoffa 8,95
60-64 K. van Zyl 9,42

SOUTH AFRICAN RECORDS SET
Men (13 records broken, 1 established)
35-39 W. Hager LJ 6.91
A. Van Wyk 400mH 58.1
50-54 Miloye Grujic 100m 11.9
" 200m 24.1
" 400m 53.0
" 800m 2:08.4
Leo Benning 110mH 18.5
F. vanderMerwe 3000m 11:48.7
60-64 Kallie van Zyl Pent 3993
" 100m 13.6
" HJ 1.43
" JT 44.06
70-74 Caper Nel Pent 2020
80-84 Tom Hughes 5000mW 32:13
Women (7 records broken, 9 established)
35-39 S. Cronje Pent 2842
" 100mH 17.9
40-44 P. Pietersen Pent 2070
Gail Bührmann 10000m 41:40.8
Marie-Louise Vys SP 11.92
45-49 A. Tentusscher 5000m 20:45
L. Zimmerman Pent 2602
" 80mH 16.4
55-59 M. Hutchison 5000mW 33:17
60-64 Ora Wagener 5000mW 35:12
70-74 Isabel Obendaal 100m 21.4;
200m 47.3; 400m 1:42.2;
800m 3:56.2; 1500m 8:15.8

CENTRAL CALIFORNIA TAC CHAMPIONSHIPS; WARMERDAM FIELD, FRESNO, CA; APRIL 14, 1984; 108 ATHLETES; 94° *world age record +national age-group record

5000
5B Paul Spangler 85 *28:03.7
3A George Leavitt 62 22:46.0
2B Ken Harvey 59 22:28.3
1A Michael Lammons 42 22:10.4

4x100 RELAY
40-49 Joe Herzog, Gerald Tatham, Michael Lammons, Ken Washman 51.19

1500
W2A Gretchen Snyder 50 5:33.31
WSB Mary Lou Nicoletti 35 5:38.16
5B Paul Spangler 85 *7:50.25
3A George Leavitt 62 6:14.00
2B Ken Harvey 59 6:31.67
2A Lloyd Martin 50 5:25.53
1A Harvey Franklin 41 4:10.95
Michael Lammons 42 4:30.55
Anthony Lamorte 43 4:39.17

400
W3B Josephine Kolda 66 1:25.44
W2B Shirley Dieterich 57 1:27.85
3A Robert Giarretto 63 1:09.37
2A Bruce Springbett 51 56.66
Lloyd Martin 50 1:11.36
1B Mel Elliot 45 55.53
Ross Irving 46 1:01.42
1A Dennis Duffy 41 53.69
SB Greg Marshall 36 52.90
Jerry Baladad 37 53.53
Bill Weller 36 55.32
Lelon Rich 35 57.69
SA Martin LeFeure 31 53.81
Raymond Moody 32 56.09

110 HURDLES, 2B Al Brenda 56 20.29, 1B Jerry Stanners 49 19.52, 1A Cornelius McCormick 40 16.04, 100m, 500, 200

SB Buck Banks 36 136' 7", Alan Stephens 36 130' 4", Fred Johnston 38 112' 11", SA Jerry Haugen 31 129' 5", Gary Kelmenson 33 113' 1", TRIPLE JUMP, POLE VAULT, HIGH JUMP, SHOT PUT

MT. SAC RELAYS; WALNUT, CA; APRIL 15, 1984, INV. HAMMER THROW, INV. TRIPLE JUMP, 40-49 POLE VAULT, 50-59 POLE VAULT, 60+ POLE VAULT, SUBMASTER JAVELIN, 40-49 JAVELIN, SUBMASTER 4X100

40-49 100 METER, 50-59 100 METER, 50-59 100 METER 2ND, 60+ 100 METER, 40-49 HIGH JUMP, 50-59 HIGH JUMP, 60+ HIGH JUMP, SUBMASTER 4X100, 50+ 4X100, 40-49 4X100, 40-49 LONG JUMP, 50-59 LONG JUMP, 60+ LONG JUMP, 40-49 1500 METER, 50-59 1500 METERS, 60+ 1500 METERS, 40-49 SHOT PUT (12 lb), 50-59 SHOT PUT, 60+ SHOT PUT

SUBMASTERS 400 METER, 40-49 400 METERS, 50-59 400 METERS, 60+ 400 METERS, 40-49 5000 METERS, SUBMASTER DISCUS, 40-49 DISCUS, 50-59 DISCUS, 60+ DISCUS, 40-49 200 METER, 50-59 200 METERS, 60+ 200 METERS, SUBMASTERS 4X400, 50+ 4X200, OCEANA VETERANS CHAMPIONSHIPS CANBERRA, AUSTRALIA APRIL 21-22, 1984

Hammer, WSB Sondra Schumacher 36 54' 7", 4A James York 70 111' 8", Donald Pierotti 73 106' 2", 3A Bob Stone 63 101' 1", 1B James Hart 47 113' 11", SA Gary Kelmenson 33 139' 8", LONG JUMP, W2A Shirley Kinsey 54 11' 7 3/4", WSB Sondra schumacher 36 11' 2", 3A Charles Mercurio 64 13' 5 1/2", 2B Jock Jocoy 58 14' 6", 1B Dee DeWitt 45 19' 4 1/2", Jerry Stanners 49 17' 2", 1A Don Dvorak 42 17' 1", John Lawson 43 17' 0", Joe Herzog 40 16' 9", Sam Workman 41 16' 8 3/4", SA Roger Trujillo 53 21' 9 1/2", DISCUS, W2A Shirley Kinsey 54 82' 6", Katie Jocoy 54 51' 5", WSB Sondra Schumacher 36 58' 8", WSA Janet Flewell 31 14' 1", 4A Donald Pierotti 73 98' 0", James York 70 95' 9", 3B Hal Cronkhite 65 91' 11", 3A Quinto Merlo 64 113' 0", Bob Stone 63 96' 11", 2A Ted Wassam 52 100' 5", 1B James Hart 47 132' 5", Gerald Tatham 45 100' 1", Jerry Stanners 49 84' 9", 1A Cornelius McCormick 40 137' 0", Jack Putnam 43 123' 3"

TAC CENTRAL ASSOCIATION PENTATHLON, Name Age LJ JT 200m DT 1500m Total, 1. Brenda, Al 56 5.12m 35.48m 27.33 28.91m 5:56.75, 2. Jocoy, Jock 58 4.36m 29.58m 27.31 23.83m 5:29.25, 1. Miller, Gary 46 5.83m 48.30m 24.77 32.26m 4:53.30, 1. English, Jerry 43 4.21m 25.29m 29.33 17.03m 6:28.76, 1. Hollister, James 39 5.65m 45.43m 24.75 28.19m 4:45.71, 2. Johnston, Fred 38 5.70m 51.39m 26.41 31.19m NA, 1. Dwight, Don 27 6.15m 41.40m 24.95 30.02m 4:47.39

3 STRIDERS 45:2, THOMPSON, ROBINSON, MISSOURI, SUMNER, SUBMASTERS 100 METER, 1 DRIVER 10:49, 2 MCCOY 10:59, 3 JOHNSON, G. 10:89, 4 DAVIS 10:97, 5 TILLEY 11:26, 6 SUMNER 11:29, 7 THOMPSON 11:39, 8 MISSOURI 11:93, 9 WONG 12:00

1 LITTLE 23:05, 2 ROBERSON 23:65, 3 NIEDERMEYER 24:04, 4 SIMMONS 24:90, 50-59 200 METERS, 1 NEWTON 24:57, 2 HARTE 26:02, 3 ROBINSON 26:42, 60+ 200 METERS, 1 HUNT 26:84, 2 GUIDET 28:53, 3 WARREN 28:87, 4 CASTRO 29:90, SUBMASTERS 4X400, 1 STRIDERS 3:25:31, AGUIRRE, SMITH, NOLAN, SUMNER, STUART, 50+ 4X200, 1 CDM 1:55:71, CLAYTON, ROBINSON, HARTE, PEDEVILLA, OCEANA VETERANS CHAMPIONSHIPS CANBERRA, AUSTRALIA APRIL 21-22, 1984, 100, M55 R Hochreiter 12.3, M60 B Hogan 12.7, M65 J Stevens 14.5, W40 H Searle 13.4, W45 W Ey 13.2, W50 D Pirie 14.7, W55 S Peterson 13.9, W60 A Hogan 15.4, 200, M45 R Austin 22.6, M60 B Hogan 26.0, M65 J Stevens 29.1, M70 F Burgoyne 30.7, M75 H Gathercole 36.3, W40 V Roberts 29.6, W45 W Ey 27.2, W50 D Pirie 30.1, W55 S Peterson WR 29.4, W60 A Hogan 32.3, W65 R Sole 36.8, W70 Z Pierce 37.4

<p>400 M45 R Austin 52.8 M50 T Roberts 55.6 M55 L Kent 59.3 M60 T Hishon 59.7 M65 J Stevens 65.5 M70 F Burgoyne 69.9 W35 M Allison 58.5 W40 M Parrish 67.1 W50 C Bruner 73.5 W55 M Petley 76.4 W60 A Hogan 79.8</p> <p>800 M50 T Roberts WR 2:00.5 M55 R McRae 2:22.9 M60 T Hishon 2:26.9 M65 J Stevens 2:25.8 M70 F Burgoyne 2:49.0 W40 S Graham 2:35.5 W45 C Idema 2:45.0 W50 J Miles 2:46.0 W55 S Brasher 2:55.4</p> <p>1500 M40 I Melrose 4:10.0 M45 I Babe 4:12.7 M60 G McKeown 5:03.3 G McGrath 5:04.5 W40 D Browne 4:51.2 W50 J Albury 5:30.0 W55 S Brasher 5:44.7 W60 B Woodburn 6:56.0</p> <p>5000 M40 K Mayhew 15:30 M50 T Roberts 16:27 M55 P Piper 17:48 M60 G McKeown 18:43 M65 T McDonald 20:01 A Burgoyne 20:04 M70 S Nicholls 20:48 W40 D Browne 17:32</p> <p>10000 M40 F Green 32:54 A Wilson 33:05 M45 A Bradford 33:11 T Paulin 33:14 B Watson 33:19 M50 B Longmore 35:14 M55 P Piper 37:01 M60 G McKeown 37:45 M65 T McDonald 42:04 M70 S Nicholls 44:58 M75 J Jamieson 50:35 W40 D Browne 36:27 W50 J Albury 41:00 W55 S Brasher 43:33</p> <p>3000 STEEPLCHASE M40 P Rudkin 10:00.7 M45 J Bowers 10:30.0</p> <p>5K WALK M40 F Clark 22:37 M50 L Irwin 25:26 M55 R Witham 27:44 M60 G Nevitt 27:10 M45 J Smith 22:32 M45 M Stanway 27:43</p> <p>20K WALK M40 F Clark 1:39:06 M45 J Smith 1:37:16 M50 K Walters 1:48:31 M60 T Orr 1:58:22 M65 J Webber 2:14:05 M70 T Daintry 2:04:15</p> <p>10K WALK W45 M Stanway 57:58 W50 D Camac 67:38 W55 S Brasher 63:39 W60 W Webber 69:37 W65 G McDonald 73:39 W70 A Forbes 73:44</p> <p>HAMMER M40 K Redwin 47.24 M45 K Henry 40.36 M55 C Rann 40:08 M50 J Davis 41.64 M60 S Johnson 39.80 M65 R Foley 40.70 M70 A Tesija 34:48</p> <p>JAVELIN M40 G Rose 43.54 M45 T Hancock 49.00 M65 K Hopkins 34.36 W35 M Thomas 43.54 W50 H Doherty 35.68</p> <p>DISCUS M40 M Kemp 43.88 M45 T Bennett 35.12 M50 G Lawless 41.52 M55 C Rann 37.16 M60 S Johnson 38.34 M65 R Foley 39.26 M70 A Tesija 25.06 W50 S White 33.92 W60 H May 20.70</p> <p>LONG JUMP W40 H Searle 5.05</p> <p>HIGH JUMP W40 H Searle 1.45</p> <p>from Jack Pennington: "International class performances only" 700 competitors</p>	<p>OLYMPIC LEGENDS T&F MEET UCLA DRAKE STADIUM; LOS ANGELES; APRIL 28-29, 1984</p> <p>100m M30 Tom Lester 10.8 Willard Thompson 10.8 Ralph Tilley 11.1</p> <p>M35 Eddie Hart 10.7 Jim Hines 10.9 Don Parish 11.1 Hilliard Sumner 11.1</p> <p>M40 Walt Butler 10.8 Dan Fitzsimmons 11.3 Willie Roberson 11.7</p> <p>M45 Gil DeLatorre 11.6 Lewis Smith 11.7 Dee Dewitt 12.0</p> <p>M50 B. Springbett 11.6 Nick Newton 11.7 Mike Larrabee 12.3</p> <p>M55 B. Watanabe 12.4 Gene Harte 12.6 B. Stevens 12.7</p> <p>M60 Max Goldsmith 13.3 Pete Fetter 13.4 Timothy Murphy 13.5</p> <p>M65 Payton Jordan 13.0 Herb Miller 14.0 Andy Collins 14.1</p> <p>M70 Tony Castro 14.2 John Sati 14.6 B. Morrow 15.0</p> <p>W30-39 B. Ferrell Edmonson 12.8 Martha Watson 13.1 Marilyn White 15.3</p> <p>W40-49 C. Sherrard 13.4 Jeanne Carter 13.9 Mary Luker 14.1</p> <p>W50-59 Magdalene Kuehne 16.2 Shirley Dietderich 16.8</p> <p>W60-69 J. Kolda 16.6 T. Rubin 18.2 Diana Smith 19.1</p> <p>200m M30 Duke Ferguson 21.8 W. Edmonson 21.9 Adrian Rogers 21.9</p> <p>M35 H. Sumner 23.6 M. Thompson 24.3 George Wong 26.1</p> <p>M40 D. Fitzsimmons 23.1 David Romain 23.1 W. Butler 23.4</p> <p>M45 Jackson Steffes 24.1 Gil La Torre 24.1 L. Smith 24.4</p> <p>M50 B. Springbett 24.1 N. Newton 24.1 Bob Radford 26.5</p> <p>M55 B. Watanabe 25.8 B. Stevens 25.9 G. Harte 26.2</p> <p>M60 M. Goldsmith 27.6 B. Garreto 28.7 Charles Mercurio 30.7</p> <p>M65 P. Jordan 27.4 Andy Collins 30.8 H. Dorff 31.3</p> <p>M70 T. Castro 29.7 J. Sati 31.0</p> <p>M75 Sing Lum 35.7</p> <p>M80+ Nat Pisciotta 46.7</p> <p>W30-39 De Mendez 29.2</p> <p>W40-49 Jeanne Carter 29.0 Mary Luker 29.3 Almeta Parish 31.0</p> <p>W50-59 Gretchen Snyder 29.2 Shirley Dietderich 36.3</p> <p>W60-69 J. Kolda 35.3 T. Rubin 39.3</p> <p>400m M30 Warren Edmonson 48.5 James Harvey 49.8 Russell Austin 52.3</p>	<p>M35 Hilliard Sumner 51.8 Willie Smith 53.6</p> <p>M40 Dennis Duffy 53.7 Lynn Eves 55.5 Stephan Frease 60.0</p> <p>M45 Stan King 56.6 Fernando Palez Suarez 60.7 Charles Cordero 62.4</p> <p>M50 Bruce Springbett 55.2 Don Cheek 55.9 Will Robinson 59.7</p> <p>M55 Bernard Stevens 58.9 Bob Watanabe 60.0 Tom Clayton 69.5</p> <p>M60 Bob Hunt 65.9 Bob Garreto 67.3</p> <p>M65 Henry Dorf 75.0 Pete Ganahl 79.1 Chia-Tsung Pao 1:21.0</p> <p>W40-49 Jeanne Carter 1:04.2 Mary Luker 1:06.0 Almeta Parish 1:10.0</p> <p>W60-69 Josephine Kolda 1:27.3 Thelma Rubin 1:30.6 Ginny Hunt 1:54.8</p> <p>W70+ Bess James 1:36.1 D. Stotsenberger 1:58.4</p> <p>800m M30 J. Harvey 2:01.9 Herston Hall 2:02.6 Vincent Taylor 2:04.8</p> <p>M35 B.L. Wint 2:01.3 Samuel Graham nt</p> <p>M40 D. Romain 1:58.4 H. Franklin 2:00.8 G. Cohen 2:01.0</p> <p>M45 Mel Elliott 2:03.1 Cliff Bedell 2:04.8 Gary Miller 2:09.2</p> <p>M50 Charles Wimberly 2:11.0 J. Weldy 2:17.9 J. Withers 2:18.7</p> <p>M55 B. Fitzgerald 2:17.3 Leonard Walts 2:19.5 G. Linde 2:20.2</p> <p>M60 David Lewis 2:38.0</p> <p>M65 Joe Carey 2:59.5</p> <p>M70 Ed Stotsenberg 2:55.0</p> <p>M80+ N. Pisciotta 4:23.8</p> <p>W30-39 Janie Duff 2:31.2 Ginny Sargent 2:32.2 Diana Dann 2:52.4</p> <p>W40-49 Elvyn Blair 2:38.5</p> <p>W50-59 Gretchen Snyder 2:34.2</p> <p>W60-69 Ginny Hunt 4:31.5</p> <p>W70-79 B. James 4:10.0</p> <p>1500m M30 Ken Mercurio 4:35 Marcel La Croix 4:51.5</p> <p>M35 Fred Doubell 4:17 Bruce Lee Wint 4:18.8 Bill Perry 4:29.5</p> <p>M40 Harvey Franklin 4:13.9 George Cohen 4:28.6 Ronald Werner 4:29.8</p> <p>M45 Mel Elliott 4:27.7 Cliff Bedell 4:30.9 Chris Bourke 4:47.5</p> <p>M50 John Weldy 4:30.1 Charles Wimberly 4:33.0 Fred Lehr 4:43.0</p> <p>M55 Bill Fitzgerald 4:45.3 Patrick Devine 4:52.5 Gunnar Linde 4:53.1</p> <p>M60 Bob Page 5:14.8 Sid Toabe 5:20.6 Ralph Ratcliff 5:27.3</p> <p>W30-39 Janie Duff 5:22.2 Rieko Doba 5:44.0</p>	<p>W40-49 Elvyn Blair 5:22.2 Kathy Kusner 5:56.5</p> <p>W50-59 Gretchen Snyder 5:30.5 Helen Dick 5:49.7</p> <p>110mH M30 Nate Robinson 14.7 Kevin Speaks 17:3</p> <p>M35 Don Parish 14.5 Marvin Thompson 14.7 Richard Katus 15.0</p> <p>M45 Dee Dewitt 15.1 Al Henry 15.9</p> <p>M50 Joe Murphy 17.0 Bob Higginbotham 19.0 Dave Douglass 20.5</p> <p>M60 Burl Gist 18.0 Chuck McFate 21.1 Bob Hunt 24.1</p> <p>M65 Herb Miller 18.6 Al Guidet 19.2 Chia-Tsung Pao 20.7</p> <p>M70 Bert Morrow 20.9</p> <p>80mH W40-49 Cherrie Sherrard 12.5</p> <p>W50-59 Shirley Kinsey 17.4</p> <p>400mH M30 Michael Williams 60.5 Marcel La Croix 75.5</p> <p>M35 Ross Jensen 63.4</p> <p>M40 Cornelius McCormick 59.4 Bill Knocke 64.1</p> <p>M50 Josh Colbreath 64.0 Joe Murphy 66.5 Will Robinson 68.1</p> <p>M55 Jock Jocoy 73.2</p> <p>M65 Al Guidet 1:23.0 P. Ganahl 1:25.6 C. Pao 1:34.4</p> <p>5000m M35 R. Jensen 15:38.8 B. Perry 17:11.5 Samuel Graham 20:52.3</p> <p>M40 Nelson Crader 17:44.1 S. Cardenas Reyes 19:21.8 L. M. Bracamontes 20:10.1</p> <p>M45 Fernando Pelaez 18:41.4 Bob Yahnke 19:24.7</p> <p>M50 J. Weldy 16:25.0 F. Lehr 18:13.9 L. Simms 19:18.5</p> <p>M55 E. Devine 17:30.2</p> <p>M60 B. Page 19:04.4 S. Toabe 19:07.4 K. Morrison 19:17.3</p> <p>M65 J. Carey 21:20.9</p> <p>M70 E. Stotsenberg 21:03.8</p> <p>M80+ N. Pisciotta 29:14.2 Jacob Bishin 34:38.5</p> <p>W30-39 D. Dann 20:59.2</p> <p>W40-49 S. Greiner 20:43.0 K. Kusner 21:41.5 S. Smith 22:21.7</p> <p>W50-59 H. Dick 20:05.0</p> <p>5000mW M40 Ray Fitzhugh 31:36.3</p> <p>M50 John Kelly 26:27.6 John MacLachlan 27:17.3 R. Ted Greiner 28:53.7</p> <p>M70 Chesley Unruh 32:32.0</p> <p>W40-49 Julene Steigerwalt 27:29.0</p> <p>W60-69 Rose Kash 32:31.9</p>	<p>400m Relay M30-39 No. Cal. Seniors 42.1 Space City TC 43.1 All-American TC 45.4</p> <p>M40-49 West Valley TC 44.6 L.A.-Valley AC 45.5</p> <p>M50-59 Corona Del Mar TC 48.5 L.A.-Valley AC 48.9 So. Cal. Striders 49.8</p> <p>W30-39 & 40-49 No. Cal. Seniors (40+) 54.6 So. Cal. Striders (30+) 58.9</p> <p>1000m Relay M30-39 & 40-49 All-American TC (30+) 2:01.9 West Valley TC (40+) 2:02.9</p> <p>M50-59 L.A.-Valley AC 2:20.6 So. Cal. Striders 2:22.4</p> <p>Long Jump M30 Nate Robinson 21'9" Roger Trujillo 20'10 1/2" Russell Austin 18'6 3/4"</p> <p>M35 John Hartfield 22'7 1/2" Carl Flowers 21'1 1/2"</p> <p>M40 Donald Dvorak 18'3/4" John Lawson 17'6 1/2"</p> <p>M45 A. Henry 20'4 3/4" Charley Miller 18'3" Roger Tsuda 17'9 3/4"</p> <p>M50 Dove Jackson 18'6" Richard Hein 16'4 1/2" Donald McClelland 15'11 1/2"</p> <p>M55 Novi Milicevic 17'6 1/2" J. Jocoy 15'1 3/4"</p> <p>M60 C. Mercurio 13'3 1/2" Tim Murphy 12'9 1/2"</p> <p>M65 Bill Morales 14'7 3/4" Herb Miller 14'5 1/2" Bill Burke 13'7"</p> <p>M70 J. Sati 13'1" Don Mower 11'1 3/4" Art Vesco 10'5 3/4"</p> <p>W30-39 M. Watson 17'2 3/4" Sandra Schumacher 11'4"</p> <p>W50-59 Shirley Kinsey 11'10 1/2" M. Kuehne 10'8 1/2"</p> <p>W70-79 Edith Mendyka 6'8 1/2"</p> <p>High Jump M30 Rick Fletcher 6'6" Steve Cox 6'2"</p> <p>M35 Charley Rader 6'6"</p> <p>M40 D. Dvorak 5'5" Larry Salinger 5'2"</p> <p>M45 Tom Langenfeld 5'8 1/2" D. Dewitt 5'8 1/2" Gary Bane 5'5"</p> <p>M50 N. Newton 5'9" Richard Hein 5' 1/2" D. McClelland 4'10 1/2"</p> <p>M55 Bob Perry 4' 1/2"</p> <p>M60 Burl Gist 5'2 3/4" Boo Morcom 4'10" Chuck McFate 4'6"</p> <p>M65 Bob Ogle 4'8" H. Morningstar 4'6" B. Burke 4'4"</p> <p>M70 D. Mower 4'0" A. Vesco 3'5"</p> <p>W30-39 Rieko Doba 4'2"</p> <p>W40-49 Christel Miller 4'0"</p> <p>Shot Put M35 Allen Stephens 47'9 3/4" Michael Deller 45'5 3/4" John Hartfield 40'8 1/2"</p> <p>M40 J.J. Turner 27'10 1/2"</p> <p>M45 James Hart 46'2 1/2" Hal Smith 41'1 1/2" Bob Frahm 35'10"</p> <p>M50 Parry O'Brien 53'3" Charles Renfro 44'6" Dave Douglass 35'1 1/2"</p>	<p>M55 Bob Perry 24'5 3/4"</p> <p>M60 Bill Bangert 47'4 1/2" Mike Castaneda 46'11" Boo Morcom 37'4"</p> <p>M65 Dan Aldrich 47'4 1/2" H. Morningstar 40'1 1/2"</p> <p>M70 Donald Pierotti 33'5"</p> <p>M75 Brenek Rous 30'4 1/2"</p> <p>W30-39 La Tanya Glass 29' 3/4" S. Schumacher 20'7"</p> <p>W40-49 C. Sherrard 33'4 1/2" C. Miller 24'4 1/2" A. Parish 22'2 1/2"</p> <p>W50-59 K. Jocoy 25'11 1/2"</p> <p>W70-79 E. Mendyka 28'5 1/2"</p> <p>Javelin M30 N. Robinson 171'11"</p> <p>M35 Steve Jarvis 175'10" Fred Johnson 164'0" Ron Rook 139'2"</p> <p>M40 Mike Woodward 140'5"</p> <p>M45 Larry Stuart 208'9" Gary Bane 137'7" Hal Smith 136'5"</p> <p>M50 Ed Martin 136'5" John Pakiz 133'0" Juel Sweette 120'11"</p> <p>M55 Emson Grimm 52'11"</p> <p>M60 Ed Chynoweth 169'11" Pete Fetter 133'10" Tim Murphy 107'8"</p> <p>M65 Bill Morales 158'11" Bill Burke 113'4"</p> <p>M70 D. Pierotti 91'0" A. Vesco 76'7"</p> <p>W30-39 S. Schumacher 70'1"</p> <p>W40-49 C. Miller 95'10"</p> <p>W50-59 Shirley Kinsey 82'8"</p> <p>S. Dietderich 67'3" M. Kuehne 62'4"</p> <p>W70-79 E. Mendyka 69'5"</p> <p>Discus M30 Gary Kelmenson 116'2"</p> <p>M35 M. Deller 147'0"</p> <p>M40 Lloyd Higgins 164'7" C. McCormick 134'5" M. Woodward 115'9"</p> <p>M45 J. Hart 134'10" Julian Nunez Arana 95'2" Bob Frahm 95'0"</p> <p>M50 P. O'Brien 170'10" Ed Van Pelt 144'6" Chuck Renfro 137'3"</p> <p>M55 Hal Wallace 114'11" J. Jocoy 77'8" Bob Perry 55'8"</p> <p>M60 M. Castaneda 132'4" Bill Bangert 119'6" Joe Black 109'11"</p> <p>M65 Dan Aldrich 164'10" H. Morningstar 107'2" Charles McMahan 97'11"</p> <p>M75 Burt De Groot 92'2"</p> <p>W30-39 Janet Flewell 149'9" Marilyn White 61'7"</p> <p>W50-59 K. Jocoy 49'6"</p> <p>Triple Jump M30 Roger Trujillo 45'10" Gary Moody 40'3/4"</p> <p>M35 J. Hartfield 46'0" Ron Rook 30'11"</p> <p>M40 D. Dvorak 34'9 1/2" John Lawson 33'8 1/2"</p> <p>M45 Al Henry 38'10 1/2"</p> <p>M50 Dave Jackson 40'9 1/2" D. McClelland 31'1 1/2" R. Hein 29'10 1/2"</p>
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M55	N. Milicevic	35'3"
M60	M. Goldsmith	32'2"
	C. Mercurio	29'11"
M65	John Damski	29'3/4"
	Elmer Siegel	25'10"
M70	Morris Gleimer	24'11 1/2"
Pole Vault		
M30	Bob Pullard	16'
M35	James Ball	11'
M40	Marion Connelly	14'
	John Pennel	13'
	Harold Sansbury	10'
M45	Gerard Dumas	11'
M50	D. Douglass	9'6"
M55	Bob Marcom	11'
	H. Wallace	9'6"
	J. Jocoy	8'
M60	Dave Brown	9'6"
	Ralph Riesmeyer	9'
	Tom De Vaughn	7'6"
M65	Jim Vernon	9'6"
	H. Morningstar	8'
	T. Siegel	7'6"
M75	Bob MacConnaghy	7'6"
	+ AR wind-aided	
	* WR	
	@ AR	

NORTH COAST RELAY CHAMPIONSHIPS; CLEVELAND HEIGHTS, OHIO; APRIL 29, 1984

6400 M RELAY

OPEN MEN:
 1. L.W. STRIDES 21:43.47
 30-39 MEN:
 1. OVER THE HILL 20:09.0

400 M RELAY

OPEN MEN:
 1. OVER THE HILL(A) 42.93
 2. PEABODY 43.13
 3. OVER THE HILL(B) 44.91
 30-39 MEN:
 1. FITNESS 45.91
 2. WEST PENN 49.50
 3. OVER THE HILL 49.90
 40-49 MEN:
 1. WEST PENN 49.47
 2. OVER THE HILL 50.85
 50-59 MEN:
 1. OVER THE HILL 52.45
 30-39 WOMEN:
 1. WEST PENN 1:08.0

40-49 WOMEN:

1. OVER THE HILL 1:05.3

SPRINT MEDLEY RELAY

OPEN MEN:
 1. PEABODY 1:36.20
 2. OVER THE HILL 1:39.28
 30-39 MEN:
 1. FITNESS 1:37.52
 2. WARRENSVILLE COACHES 1:46.36
 3. OVER THE HILL 1:51.52
 40-49 MEN:
 1. WEST PENN 1:49.78
 2. OVER THE HILL 1:53.93
 50-59 MEN:
 1. OVER THE HILL 2:04.01
 30-39 WOMEN:
 1. WEST PENN 2:29.01
 40-49 WOMEN:
 1. OVER THE HILL 2:42.56

3200 M RELAY

OPEN MEN:
 1. L.W. STRIDES 9:24.31
 30-39 MEN:
 1. OVER THE HILL 9:04.29
 2. WEST PENN 9:26.99

SHUTTLE HURDLES RELAY

OPEN MEN:
 1. OVER THE HILL 1:04.24
 30-39 MEN:
 1. OVER THE HILL 1:10.16
 800 M RELAY
 OPEN MEN:
 1. OVER THE HILL 1:28.30
 2. PEABODY 1:30.47
 3. CHAMPION A.C. 1:35.37
 30-39 MEN:
 1. FITNESS 1:35.40
 2. OVER THE HILL 1:47.68
 40-49 MEN:
 1. WEST PENN 1:47.89
 50-59 MEN:
 1. OVER THE HILL 1:55.71
 30-39 WOMEN:
 1. WEST PENN 2:27.05
 40-49 WOMEN:
 1. OVER THE HILL 2:48.40
 DISTANCE MEDLEY RELAY
 OPEN MEN:
 1. OVER THE HILL 11:56.88
 30-39 MEN:
 1. WEST PENN 12:11.44
 2. OVER THE HILL 12:33.45
 1600 M RELAY
 OPEN MEN:
 1. OVER THE HILL 3:39.50
 30-39 MEN:
 1. FITNESS 3:35.33
 2. WEST PENN 4:06.60
 3. OVER THE HILL 5:20.20
 40-49 MEN:
 1. OVER THE HILL 4:36.02
 30-39 WOMEN:
 1. WEST PENN 5:33.16
 40-49 WOMEN:
 1. OVER THE HILL 6:27.10

SHOTPUT RELAY

30-39 MEN:
 1. OVER THE HILL 79' 1"
 N. Bowers 40' 11"
 D. Morgan 38' 2"
 2. FITNESS 62' 10"
 P. Yates 32' 4"
 J. Washington 30' 6 1/2"
 40-49 MEN:
 1. UNIV. CHICAGO TC 83' 11"
 C. Klehm 40'
 E. Hill 38' 11"
 2. OVER THE HILL 59'
 L. McClain 29' 5"
 T. Ragland 29' 7"
 50-59 MEN:
 1. OVER THE HILL(A) 77' 2 1/2"
 J. Chadbourn 38' 5 3/4"
 R. Bredenbeck 38' 8 1/2"
 2. UNATTACHED 76' 9 1/2"
 F. Hirsimaki 34' 4 1/2"
 P. Carstensen 42' 5"
 3. OVER THE HILL(B) 66' 5"
 D. Mann 33' 3"
 A. Jackson 33' 3"
 30-39 WOMEN:
 1. CLEVELAND MASTERS 45' 4"
 R. Ogletree 24' 5 1/2"
 Essie Kea 20' 10 1/2"
 2. OVER THE HILL 21' 11"
 M. Chadbourn 21' 11"
 50-59 WOMEN:
 1. Cleveland Masters 47' 3"
 B. Holland 27' 6 1/2"
 C. Kellen 19' 9 1/2"
 JAVELIN RELAY
 OPEN MEN:
 1. OVER THE HILL 238' 3"
 J. Wodecki 113' 8"
 M. Radusevic 124' 7 1/2"
 30-39 MEN:
 1. OVER THE HILL 300' 9"
 N. Bower 124' 7"
 D. Morgan 175' 2"
 2. FITNESS TC 232' 6"
 P. Yates 132' 9"
 J. Washington 99' 9"

40-49 MEN:

1. OVER THE HILL(A) 284' 1"
 T. Ragland 109'
 J. Frank 175' 1"
 2. UNIV. OF CHICAGO TC 241'
 C. Klehm 87' 6"
 E. Hill 152' 6"
 3. OVER THE HILL(B) 152' 9"
 P. Thompson 81' 11"
 G. Coats 70' 10"
 50-59 MEN:
 1. OVER THE HILL 208' 9"
 R. Bredenbeck 100' 9"
 D. Mann 108'
 2. UNATTACHED 206' 7"
 P. Carstensen 123' 7"
 A. Jackson 83'
 3. UNATTACHED 199' 5"
 D. Smith 109' 9"
 F. Hirsimaki 89' 8"
 50-59 WOMEN:
 1. CLEVELAND MASTERS 107' 8"
 B. Holland 73' 8"
 C. Kellen 34'
 DISCUS RELAY
 OPEN MEN:
 1. OVER THE HILL 227' 4"
 J. Wodecki 112' 8 1/2"
 M. Radusevic 104' 7 1/2"
 30-39 MEN:
 1. OVER THE HILL 235' 7 1/2"
 G. Mirka 138' 1/2"
 D. Morgan 97' 7"
 2. OVER THE HILL 130' 7 1/2"
 N. Bower 130' 7 1/2"
 J. Gerson -
 40-49 MEN:
 1. UNIV. OF CHICAGO TC 248' 7"
 C. Klehm 109' 5 1/2"
 E. Hill 139' 2 1/2"
 50-59 MEN:
 1. OVER THE HILL 208' 2 1/2"
 R. Bredenbeck 103' 4"
 J. Chadbourn 105' 10 1/2"
 2. UNATTACHED 205' 8"
 D. Mann 103' 6"
 P. Carstensen 102' 2"
 3. UNATTACHED 192' 10"
 D. Smith 97' 10"
 F. Hirsimaki 95' 1/2"
 30-39 WOMEN:
 1. OVER THE HILL 61' 6"
 M. Chadbourn 61' 6"
 40-49 MEN:
 1. UNIV. OF CHICAGO TC 95' 6"
 C. Klehm 42' 10 1/2"
 E. Hill 52' 8 1/2"
 50-59 MEN:
 1. OVER THE HILL 80' 10"
 J. Chadbourn 46' 4 3/4"
 D. Mann 34' 5 3/4"
 2. NEW YORK MASTERS 37' 1/2"
 P. Carstensen 37' 1/2"
 30-39 WOMEN:
 1. OVER THE HILL 24' 7"
 M. Chadbourn 24' 7"
 50-59 WOMEN:
 1. CLEVELAND MASTERS 125' 6 1/2"
 B. Holland 85' 5"
 C. Kellen 40' 1 1/2"
 35# WEIGHT THROW RELAY
 56# WEIGHT THROW RELAY
 OPEN MEN:
 1. OVER THE HILL 55' 1"
 J. Wodecki 28' 3 1/2"
 N. Bower 26' 10 1/2"
 40-49 MEN:
 1. UNIV. OF CHICAGO TC 59' 11"
 C. Klehm 28' 3"
 E. Hill 31' 8"
 50-59 MEN:
 1. OVER THE HILL 26' 9 1/2"
 J. Chadbourn 26' 9 1/2"
 2. NEW YORK MASTERS 19' 11"
 P. Carstensen 19' 11"
 HAMMER RELAY
 40-49 MEN:
 1. UNIV. OF CHICAGO TC 272' 8"
 C. Klehm 126' 5"
 E. Hill 146' 3"
 50-59 MEN:
 1. OVER THE HILL 270' 1"
 J. Chadbourn 156' 11"
 D. Mann 113' 2"

2. NEW YORK MASTERS 121' 6"

P. Carstensen 121' 6"
 30-39 WOMEN:
 1. OVER THE HILL 77' 11"
 M. Chadbourn 77' 11"
 HIGH JUMP RELAY
 OPEN MEN:
 1. U.S. TRACK 12' 4"
 Scott Hartsel 6' 4"
 J. Swankhouse 6"
 30-39 MEN:
 1. FITNESS TC 11' 6"
 S. Allen 5' 10"
 A. Littlejohn 5' 8"
 2. OVER THE HILL 10' 10"
 D. Morgan 6' 0"
 J. Gerson 4' 10"
 40-49 MEN:
 1. OVER THE HILL 9' 4"
 T. Ragland 4' 8"
 G. Coats 4' 8"
 50-59 MEN:
 1. UNATTACHED 8' 10"
 F. Hirsimaki 4' 4"
 D. Smith 4' 6"
 30-39 WOMEN:
 1. CLEVELAND MASTERS 7' 10"
 R. Ogletree 3' 10"
 E. Kea 4'
 POLE VAULT RELAY
 40-49 MEN:
 1. WEST PENN 12' 6"
 E. Hoyle 12' 6"
 50-59 MEN:
 1. UNATTACHED 15' 6"
 D. Smith 8' 6"
 F. Hirsimaki 7"
 LONG JUMP RELAY
 30-39 MEN:
 1. OVER THE HILL(A) 36' 2"
 D. Morgan 18'
 J. Smith 18' 2"
 2. FITNESS TC 28' 8 1/2"
 P. Yates 13' 6"
 J. Washington 15' 2 1/2"
 3. OVER THE HILL(B) 27' 6"
 J. Gerson 13' 2 1/2"
 N. Bower 14' 3 1/2"
 40-49 MEN:
 1. OVER THE HILL(A) 33' 1/2"
 L. McClain 16' 9 3/4"
 T. Ragland 16' 2 1/2"
 2. OVER THE HILL (B) 31' 7"
 D. Thompson 15' 1/2"
 G. Coats 16' 7"
 50-59 MEN:
 1. UNATTACHED 28' 7 1/2"
 F. Hirsimaki 14' 6 1/2"
 D. Smith 14' 1"
 30-39 WOMEN:
 1. CLEVELAND MASTERS 25' 10"
 R. Ogletree 13' 8"
 E. Kea 12' 2"
 TRIPLE JUMP RELAY
 30-39 MEN:
 1. OVER THE HILL(A) 69' 6"
 D. Morgan 35' 2"
 L. Hillers 34' 4"
 2. FITNESS TC 68' 1"
 S. Allen 39' 8"
 A. Littlejohn 28' 5"
 3. OVER THE HILL(B) 46' 5"
 D. Mann 19' 10"
 J. Gerson 26' 7"
 COMBINED TEAM STANDINGS
 1. OVER THE HILL TRACK CLUB 205
 2. WEST PENN TRACK CLUB 50
 3. FITNESS TRACK CLUB 37
 4. CLEVELAND MASTERS 30
 5. UNIVERSITY OF CHICAGO TRACK 28
 6. L. W. STRIDES 15
 7. U.S. TRACK 12
 8. PEABODY 10
 9. CHAMPION A.C. 1

WEST COAST MASTERS CLASSIC VISALIA, CALIFORNIA MAY 5, 1984

100y
 W60+ J. Kolda 15.2
 W50+ Shirley Kinsey 14.65
 S. Dietderich 15.2
 W30+ Maria Magana 14.60
 Sandra Schumacher 14.87
 M70+ Josiah Packard 14.39
 Homer Vangelder 16.51
 M65 Clarence Killion 12.7
 G. Poloynis 15.3
 M60 J. Johnson 13.2
 Chas. Mercurio 13.39
 George Simon 14.0
 M55 Robert Watanabe 11.50
 Bernie Stevens 11.56
 Gene Harte 11.8
 M50 Nick Newton 11.3
 Dick Hansen 11.7
 Dick Marlin 11.99
 M45 D. DeWitt 11.1
 Gerald Tatham 12.3
 M40 Dan Fitzsimmons 10.4
 Dennis Duffy 10.7
 Tony Craddock 11.0
 M30+ Lelon Rich 11.6
 Greg Sano 12.11
 Thomas Williams 12.15
 220y
 W60+ J. Kolda 35.6
 W50+ S. Kinsey 33.7
 S. Dietderich 36.8
 W40+ J. Carter 29.6
 W30+ Marian Magana 33.5
 M.L. Nicoletti 33.9
 M70+ J. Packard 33.8
 M65 C. Killion 29.1
 G. Poloynis 42.3
 M60 C. Mercurio 31.3
 G. Simon 33.2
 M55 R. Watanabe 26.3
 G. Harte 26.8
 B. Stevens 27.0
 M50 N. Newton 25.2
 D. Hansen 26.9
 T. Slaven 28.9
 M40 T. Craddock 26.2
 K. Vaughn 27.2
 Jerry English 30.0
 M30+ L. Rich 25.8
 Mile Relay
 M30+ Lem. NAS 3:59.2
 440y
 W60+ Josephine Kolda 1:24.5
 W50+ S. Dietderich 1:28.4
 W40+ Jeanne Carter 66.4
 W30+ M.L. Nicoletti 1:24.0
 M65 George Poloynis 1:20.7
 M55 Bernie Stevens 61.7
 M50 E. Mehmedbasich 1:05.5
 Tom Slaven 1:07.8
 M45 Ross Irving 1:00.8
 M40 Dennis Duffy 54.0
 Ken Washman 1:04.4
 M30+ James Harvey 51.7
 Oscar Aguire 52.8
 880y
 M55 Bernie Stevens 2:37.2
 M50 E. Mehmedbasich 2:39.4
 M45 Pete Richardson 2:08.1
 M40 M. Holbrook 2:05.1
 D. Duffy 2:10.0
 Fernie Montanez 2:11.6
 M30+ Oscar Aguire 1:59.7
 T. Williams 2:29.0
 Mile
 M65 Ray Mahannah 6:30.9
 M60 Bob Musso 5:34.9
 Sid Toabe 5:35.4
 M55 Chuck Freuler 6:30.2
 Rex Dietderich 6:48.5
 M45 Frank Padilla 5:04.7
 M40 Mike Holbrook 4:37.5
 Carl McCullough 4:50.7
 Bob Perry 5:38.3
 M30+ Dan Wernli 5:02.6
 100y Doctors' Dash
 M70+ J. Brady 21.4
 M65 G. Poloynis 17.8
 M55 R. Watanabe 13.4
 M40 Bob Blakeley 13.8
 Louis Velasa 16.8
 Doctor's Medical Mile
 M70+ G. Poloynis 8:48.5
 M50 James Noulan 7:02.8
 M45 George Skaff 7:20.3
 M40 B. Blakeley 5:26.1
 L. Velasa 6:24.9
 M30+ Gus Nevarez 4:57.2
 Paul Williams 5:49.4
 440yH
 M50 T. Slaven 1:27.83
 M30+ Donald Roberts 61.4
 Kevin Speaks 67.08

McC

LONG DISTANCE RESULTS

Please send masters race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

Mile Walk table with names like Ches Drouh, Frank Saylor, Robert Boothe and times.

Two Mile table with names like Sid Toabe, Walter Atcheson, Chuck Freuler and times.

440y Relay table with names like Corona Del Mar, Outlaws, L.A.-Valley and times.

120yH table with names like Jim Johnson, Bob Higginbotham, Steve Peck and times.

Javelin table with names like S. Kinsey, S. Dietderich, Christel Miller and distances.

Shot Put table with names like C. Miller, S. Schumacher, Ross Carter and distances.

High Jump table with names like S. Kinsey, C. Miller, H. Vangelder and heights.

Long Jump table with names like S. Schumacher, H. Vangelder, J. Johnson and distances.

Discus table with names like Janet Flewell, M. Cartwright, S. Schumacher and distances.

FLORIDA FESTIVAL MARATHON ORLANDO, FLORIDA FEBRUARY 19

Marathon results table with names like Bernie Prabuki, Joe Burgasser, Nancy Peterson and times.

RIVER RUN 15K JACKSONVILLE, FLORIDA MARCH 17 table with names like Gidamis Shahanga, Gunter Mielke and times.

WASHINGTON AVON 15K WASHINGTON, DC; 3/3/84 table with names like Katy Schilly, Cindy Dalrymple and times.

8th NIKE CATALINA 10K CATALINA, CA; 3/17/84 table with names like George Mason, Patricia Puntoso and times.

DIET PEPSI CHALLENGE 10K ST. PETERSBURG, FL; 3/24/84 table with names like Chris Altimari, Allison Reeves and times.

OKLAHOMA TAC 20K CHAMPIONSHIPS; OKLAHOMA CITY; 4/21/84 table with names like K. Hardwick, Suzy Flagler and times.

MSU-59 Jerry Crockett, Harold Stamper, Dade Howell table with times.

Perrier 10 Kilometer Run Central Park, NYC table with names like Smith, Geoff. 29, Ri and times.

Order of Finish - Men table with names like Ted Heiman, Gary Muhreke and times.

Order of Finish - Men table with names like Fritz Mueller, Jerzy Sulek and times.

Masters A (50-54) table with names like Arnie Green, Vincent Chiappetta and times.

Masters B (55-59) table with names like Don Dixon, George Thompson and times.

Seniors (60-69) table with names like Albert Goldstein, William Coyne and times.

Golden Age (70 and over) table with names like Jim Bledsoe, Bob Schweickert and times.

Order of Finish - Men table with names like Mary Doughty, Elie Lesta and times.

Masters (50-59) table with names like Toshiko d'Elia, Vete Rust and times.

Seniors (60 and over) table with names like Mary Rodriguez, Evelyn Havens and times.

Order of Finish - Men table with names like Chad Ehlers, John Lawson and times.

Order of Finish - Men table with names like Jim Woulfe, Michael Fenton and times.

Order of Finish - Men table with names like Wally Ingram, Edwin Gookin and times.

Order of Finish - Men table with names like Jim Dacolas, Russ Stumpus and times.

Order of Finish - Men table with names like Patricia Robinson, Kathleen Major and times.

Order of Finish - Men table with names like Sharon Hettig, Cherrie Lightburne and times.

Order of Finish - Men table with names like Donna Gookin, Carole Pinkner and times.

Order of Finish - Men table with names like Dorothy Stock, Shirley Tobin and times.

Order of Finish - Men table with names like Ed Imburgia, Robert West and times.

Order of Finish - Men table with names like Norm Roof, Andrew Lovy and times.

Order of Finish - Men table with names like Fred Kiddy, Gene Turnipseed and times.

Order of Finish - Men table with names like Robert Figuli and times.

Order of Finish - Men table with names like Larry Worth, Rex Finnegan and times.

NIKE CHERRY BLOSSOM 10 MILE WASHINGTON, D.C. APRIL 1

NIKE CHERRY BLOSSOM 10 MILE results table with names like Simeon Kigen, Rosa Mota and times.

CRESCENT CITY CLASSIC 10K NEW ORLEANS, APRIL 1

CRESCENT CITY CLASSIC 10K results table with names like Mark Nenow, Mary O'Connor and times.

FESTIVAL OF STATES 5K ST. PETERSBURG, FL; 4/7/84

FESTIVAL OF STATES 5K results table with names like Bruce Caldwell, Bonnie Ramsdell and times.

DIET PEPSI CHALLENGE 10K ST. PETERSBURG, FL; 3/24/84

DIET PEPSI CHALLENGE 10K results table with names like Chris Altimari, Allison Reeves and times.

WOLFPACK 50 MILER COLUMBUS, OH; APRIL 1, 1984

WOLFPACK 50 MILER results table with names like Al Zeller, Sandy Kiddy and times.

SCOVELL/YMCA AIRPORT 10K DELAND, FL; 4/7/84

SCOVELL/YMCA AIRPORT 10K results table with names like James Page, Kitty Hoberman and times.

CRESCENT CITY CLASSIC 10K NEW ORLEANS, APRIL 1

CRESCENT CITY CLASSIC 10K results table with names like Mark Nenow, Mary O'Connor and times.

FESTIVAL OF STATES 5K ST. PETERSBURG, FL; 4/7/84

FESTIVAL OF STATES 5K results table with names like Bruce Caldwell, Bonnie Ramsdell and times.

DIET PEPSI CHALLENGE 10K ST. PETERSBURG, FL; 3/24/84

DIET PEPSI CHALLENGE 10K results table with names like Chris Altimari, Allison Reeves and times.

WOLFPACK 50 MILER COLUMBUS, OH; APRIL 1, 1984

WOLFPACK 50 MILER results table with names like Al Zeller, Sandy Kiddy and times.

RUN FOR THE ARTS 10K ELKINS PARK, PA; 4/14/84

RUN FOR THE ARTS 10K results table with names like D. Patterson, Tabitha Francks and times.

CRESCENT CITY CLASSIC 10K NEW ORLEANS, APRIL 1

CRESCENT CITY CLASSIC 10K results table with names like Mark Nenow, Mary O'Connor and times.

FESTIVAL OF STATES 5K ST. PETERSBURG, FL; 4/7/84

FESTIVAL OF STATES 5K results table with names like Bruce Caldwell, Bonnie Ramsdell and times.

DIET PEPSI CHALLENGE 10K ST. PETERSBURG, FL; 3/24/84

DIET PEPSI CHALLENGE 10K results table with names like Chris Altimari, Allison Reeves and times.

WOLFPACK 50 MILER COLUMBUS, OH; APRIL 1, 1984

WOLFPACK 50 MILER results table with names like Al Zeller, Sandy Kiddy and times.

PEACHTREE MILE ATLANTA, GA; April 14, 1984

PEACHTREE MILE results table with names like Bill Stewart, Kirk Randall and times.

KLZR KAW VALLEY LEVEE 5K/25K LAWRENCE, KANSAS; 4/7/84

KLZR KAW VALLEY LEVEE 5K/25K results table with names like Jerry Underwood, Larry Feuerborn and times.

COUNTRY DAY SCHOOL 5K CHARLOTTE, NC; 4/14/84

COUNTRY DAY SCHOOL 5K results table with names like Mark Stultz, Pam Fulk and times.

Queens Five Mile Run Flushing Meadow Park, NYC

Queens Five Mile Run results table with names like Papakanakis, Emmanuel and times.

RUNNING CENTER 5 MILE
ST. LOUIS, MO; 4/15/84

Table of race results for Running Center 5 Mile, listing names, ages, and times.

NTAC Masters Men's 25K RaceWalk
Championship Seattle 4/15/84

Table of race results for NTAC Masters Men's 25K RaceWalk, listing names, ages, and times.

Masters Women's Non-Championship
20K RaceWalk (held with NTAC
Women's 20K Championship) 4/15/84

Table of race results for Masters Women's Non-Championship 20K RaceWalk, listing names, ages, and times.

Bernie's Invitational Masters
U. Washington Seattle 4/21/84

Table of race results for Bernie's Invitational Masters, listing names, ages, and times.

Masters Mile

Table of race results for Masters Mile, listing names, ages, and times.

FIRST RUN 10K; CHAMPAIGN,
ILLINOIS; APRIL 28, 1984

Table of race results for First Run 10K, listing names, ages, and times.

Table of race results for M35 race, listing names, ages, and times.

Table of race results for M40 race, listing names, ages, and times.

Table of race results for M45 race, listing names, ages, and times.

Table of race results for M50 race, listing names, ages, and times.

Table of race results for M55 race, listing names, ages, and times.

Table of race results for M60+ race, listing names, ages, and times.

Table of race results for W35 race, listing names, ages, and times.

Table of race results for W40 race, listing names, ages, and times.

Table of race results for W45 race, listing names, ages, and times.

Table of race results for W50 race, listing names, ages, and times.

Table of race results for W55 race, listing names, ages, and times.

Table of race results for W60+ race, listing names, ages, and times.

THE ATHLETIC CONGRESS NATIONAL MASTERS 10K ROAD RACING CHAMPIONSHIP
APRIL 21, 1984, PROSPECT PARK, BROOKLYN, N.Y.

5 YEAR AGE GROUPS FROM 40 to 89

Main table of race results for 10K Road Racing Championship, listing names, ages, clubs, and times.

Table of race results for TOM GIBBONS, listing name, age, club, and time.

Table of race results for MIA KANIA, listing name, age, club, and time.

Table of race results for ROBIN VILLA, listing name, age, club, and time.

Table of race results for RALPH PERRY, listing name, age, club, and time.

Table of race results for ELIZABETH RIVIER 10K, listing name, age, club, and time.

Table of race results for 1st Overall, listing name, age, club, and time.

Table of race results for M35 race, listing names, ages, and times.

Table of race results for M40 race, listing names, ages, and times.

Table of race results for M45 race, listing names, ages, and times.

Table of race results for M50 race, listing names, ages, and times.

Table of race results for M55 race, listing names, ages, and times.

Table of race results for M60+ race, listing names, ages, and times.

Table of race results for W35 race, listing names, ages, and times.

Table of race results for W40 race, listing names, ages, and times.

Table of race results for W45 race, listing names, ages, and times.

Table of race results for W50 race, listing names, ages, and times.

Table of race results for W55 race, listing names, ages, and times.

Table of race results for W60+ race, listing names, ages, and times.

TAC NATIONAL MASTERS
MARATHON CHAMPIONSHIPS
LINCOLN, NEBRASKA
MAY 6, 1984

Table of race results for 1st overall, listing names, ages, and times.

Table of race results for M40-44, listing names, ages, and times.

Table of race results for M45-49, listing names, ages, and times.

Table of race results for M50-54, listing names, ages, and times.

Table of race results for M55-59, listing names, ages, and times.

Table of race results for M60-64, listing names, ages, and times.

Table of race results for M65-69, listing names, ages, and times.

Table of race results for M70+, listing names, ages, and times.

Table of race results for W40-44, listing names, ages, and times.

Table of race results for W45-49, listing names, ages, and times.

Table of race results for W50-54, listing names, ages, and times.

Table of race results for W55+, listing names, ages, and times.



Bill Morales, Anaheim, Calif., in M65 long jump, Olympic Meet.

Table of team scoring based on cumulative times for various clubs.

Table of team scoring based on cumulative times for various clubs.

Table of team scoring based on cumulative times for various clubs.

SIXTH ANNUAL
TREVIRA TWOSOME TEN-MILE RACE
CENTRAL PARK—NYC

Date: April 28, 1984, 10:30 AM.

Table of race results for Trevira Twosome Ten-Mile Race, listing names, ages, and times.

DIET PEPSI CHALLENGE 10K
SPRINGFIELD, MO; 4/22/84

Table of race results for Diet Pepsi Challenge 10K, listing names, ages, and times.

TAC WOMEN'S OLYMPIC
MARATHON TRIALS
OLYMPIA, WASHINGTON
MAY 12, 1984

Table of race results for TAC Women's Olympic Marathon Trials, listing names, ages, and times.

Olympic Trading-Post

continued from Page 14
Boyajian, 201/288-1244.
• For Sale. Olympic Ticket Package. (2 each). T&F 8/9 & 8/11 (p.m.) Bronze Soccer 8/10; prelim B. Ball 8/3; Baseball Finals 8/17. Best offer by July 1. Ray Willis, PO Box 192, Charle-mont MA 01339. 413/339-4363.

• Need a place to stay for 2 masters, August 8-12. Mr. & Mrs. C.J. Reardon, 3262 Eastmoreland N., Oregon OH 43616. 419/691-3005. □

Olympic Watch

Continued from Page 14
there's hurdler and former Olympian Willie Davenport, 40; World Veterans M40 pole vault champ Charlie Polhamus, 40; hammer thrower Ed Burke, 43; and the U.S. masters marathon record holder (2:17:10) Mike Manley, who's going for the steeplechase.

•Burke is currently ranked #2 in the nation. In 1967, he set a world hammer throw record of 235-11. It stood as a U.S. mark for 14 years. (Dave McKenzie now holds it at 244-5.) Burke has a secret weapon. "There are three or four people in this country, if you're being generous, who can coach the hammer," he says. "My wife is one of them." Shirley Burke approves that Ed came out of "retirement" at age 40. "I'd rather he spend time with a 20-year-old hammer than a 20-year-old woman," she says.

•In Mexico, Antonio Villanueva, 44, is trying to impress the Mexican marathon selection committee to let him on their team. Villanueva has a 2:13 to his credit — at age 43. □