



Phytochemicals determination and classification in purple and red fleshed potato tubers by analytical methods and near-infrared spectroscopy

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3 **1 Phytochemicals determination and classification in purple and red fleshed**
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6 **2 potato tubers by analytical methods and near-infrared spectroscopy**
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Abstract**BACKGROUND**

Over the last two decades, the attractive colours and shapes of pigmented tubers and the increasing concern about the relationship between nutrition and health are contributing to the expansion of their consumption and specialty market. Thus, we have quantified the concentration of health promoting compounds such as soluble phenolics, monomeric anthocyanins, carotenoids, vitamin C, and hydrophilic antioxidant capacity, in a collection of 18 purple and red fleshed potato accessions.

RESULTS

Cultivars and breeding lines high in vitamin C, such as Blue Congo, Morada and Kasta, have been identified. Deep purple cultivars Violet Queen, Purple Peruvian and Vitelotte showed high levels of soluble phenolics, monomeric anthocyanins, and hydrophilic antioxidant capacity, whereas relatively high carotenoid concentrations were found in partially yellow coloured tubers, such as Morada, Highland Burgundy Red, and Violet Queen.

CONCLUSION

The present characterization of cultivars and breeding lines with high concentrations of phytochemicals is an important step both to support the consideration of specialty potatoes as a source of healthy compounds, and to obtain new cultivars with positive nutritional characteristics. Moreover, by using near-infrared spectroscopy a non-destructively identification and classification of samples with different levels of phytochemicals is achieved, offering an unquestionable contribution to potato industry for future automatic discrimination of varieties.

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6 42 **Keywords:** soluble phenolics, monomeric anthocyanins, carotenoids, vitamin C, NIRS,7
8 43 *Solanum tuberosum* L.9
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14 47 **Highlights:**

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17 49 Total soluble phenolics and monomeric anthocyanins found in certain purple potato18
19 50 cultivars were comparable to those of blueberries20
21 5122
23 52 Soluble phenolics, monomeric anthocyanins and hydrophilic antioxidant capacity of potato24
25 53 tubers were correlated.26
27 5428
29 55 Specialty potatoes can improve human diet30
31 5632
33 57 A classification of varieties according to their phytochemicals content is achieved by using34
35 58 non-destructive near-infrared reflectance spectroscopy coupled with chemometrics.36
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61 INTRODUCTION

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63 Potatoes are an excellent source of vitamins and phytochemicals, such as vitamin C,
64 phenolic acids, flavonoids and carotenoids, which may provide a wide range of health
65 benefits ¹. Despite the fact that there are important differences between genotypes, potatoes
66 may contribute to about 44 % of the recommended daily intake of vitamin C ² depending on
67 the diet. Among other things, this potent reducing agent acts as an antioxidant in the body,
68 cofactor for numerous enzymes and also plays an important role in increasing the
69 bioavailability of iron ³.

70 Phenolic compounds are considered to be health promoting phytochemicals as they
71 have shown beneficial properties. Phenolics are commonly classified into three important
72 groups: phenolic acids, flavonoids and tannins ⁴. The major phenolic acid in potato is
73 chlorogenic acid ⁵. Anthocyanins are phenolic pigments which constitute the main subclass
74 among flavonoids. The most common anthocyanidins (the de-glycosylated forms of
75 anthocyanins) found in potatoes are malvidin, petunidin, delphinidin and peonidin in purple
76 tubers and pelargonidin in red ones ⁶. Different aglycones and sugar moieties determine
77 their bioavailability and potential health effects ⁷. A study of 74 Andean potato landraces
78 revealed a wide variability for total phenolic compounds from 1.12 to 12.4 g GAE kg⁻¹ DW
79 and antioxidant capacity from 0.0283 to 0.251 mol TE kg⁻¹ DW ⁸ thus showing the
80 important genotype effect on the content of health promoting phytochemicals.

81 Carotenoids are a widespread family of lipophilic organic pigments ⁹. Based on
82 epidemiological studies a positive link is suggested between higher dietary intake and tissue
83 concentrations of carotenoids and lower risk of chronic diseases ¹⁰. The orange flesh colour
84 found in some potatoes is due to zeaxanthin whereas lutein concentration correlates with

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3 85 the intensity of yellow coloration. Cultivated diploid potatoes derived from *Solanum*
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5 86 *stenotomum* Juz. & Bukasov and *Solanum phureja* Juz. & Bukasov have been reported to be
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8 87 a great source of zeaxanthin and lutein ¹¹⁻¹³.

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10 88 Purple and red fleshed potato cultivars are attractive to consumers. Besides their exotic
11
12 89 pigmentation, coloured genotypes show significantly higher contents of phenolic
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14 90 compounds ¹⁴⁻¹⁵. Specialty potato food products, such as coloured chips, crisps, purees,
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16 91 canned potatoes, and ready meals are becoming more and more widespread. With varying
17
18 92 degrees of success, some companies and research centres are trying to develop new
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20 93 coloured cultivars to support increasing demand of specialty potato market, giving
21
22 94 particular emphasis on their superior nutritional profile, attractive colours and different
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24 95 textures. To this end, the selection of appropriate parents to be used in artificial crosses is
25
26 96 one of the main decisions faced by breeders. Thus the identification of promising genotypes
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28 97 is a key step in potato breeding.

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30 98 On the other hand, the analytical methods commonly employed to determine main
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32 99 compounds of potatoes in order to identify valuable genotypes require a lot of time and are
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34 100 destructive. Therefore, these methods seem to be not suitable for in-line applications in the
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36 101 food industry ¹⁶. Nowadays, there are non-destructive available technologies to perform
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38 102 qualitative and quantitative analysis of food and food products. In this respect, Near-
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40 103 infrared spectroscopy (NIRS) is considered one of the most advanced techniques
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42 104 concerning non-destructive quality control of agricultural and food products ¹⁷. It has been
43
44 105 successfully used for the quantitative analysis of many agricultural and food products
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46 106 during the last decades ¹⁸⁻¹⁹. However, NIR can also be used for qualitative analysis, where
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48 107 the aim is to classify samples on the basis of its spectral features rather than estimate the
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50 108 components present in them ²⁰.

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3 109 NIR applications for the prediction of potato constituents are a common practice
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6 110 nowadays; however, in this study taking into account that the number of samples is rather
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8 111 small and they are very specific, it becomes very challenging to develop a robust model for
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10 112 the prediction of phytochemicals. Other authors were able to determine the total phenolic
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12 113 content of whole and lyophilized tubers while working with a large number of samples
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15 114 including yellow, red and purple varieties²¹⁻²².

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17 115 Despite that quantitative analyses of potatoes are widely extended, literature
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19 116 concerning qualitative analysis is not as much to the best of our knowledge. Some authors
20
21 117 have focused in the classification of potato tubers according to their chemical components.
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23 118 Thus, in a research developed by Fernández-Ahumada et al.²³, a discriminant analysis was
24
25 119 performed in order to classify samples in two categories regarding to their protein content.
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27 120 The results obtained demonstrated the accuracy of NIR to classify potato samples in groups
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29 121 of low and high protein content.
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34 122 In this study, we have analysed the concentration of phenolic compounds, monomeric
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36 123 anthocyanins, carotenoids, vitamin C, and hydrophilic antioxidant capacity by analytical
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38 124 methods in a collection of 18 purple and red fleshed potato cultivars to classify samples in 3
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40 125 groups (low, mid and high) according to their phytochemicals content by NIRS combined
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43 126 with chemometric tools.
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128 MATERIALS AND METHODS

129 Plant material and experimental conditions

130 A collection of 18 purple and red fleshed potato cultivars and breeding lines were selected
131 on the basis of the contrasting flesh colour of tubers (Table 1). Tubers were selected from
132 potato accessions (Potato Germplasm Collection, NEIKER) grown during the year 2013 in
133 a precise field trial in Arkaute (Alava) in the northeastern of Spain (550 masl) with humid
134 climate and annual rainfall of about 800 L m⁻². The soil with a clay loam texture was
135 previously subjected to conventional wheat cropping. Plants were grown from mid May to
136 mid October 2013 after pre-sowing fertilization with 800 kg ha⁻¹ (NPK 4-8-16). Watering
137 was performed using an automatic spray irrigation system. After harvesting, potatoes were
138 stored at 4 °C in a darkened cold room for one month.

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140 NIR spectral acquisition

141 Prior to lyophilisation NIRS measurements were made in whole intact tubers (unpeeled and
142 free of soil). No previous preparation of the samples was accomplished for spectral
143 acquisition. Since the main objective in the near future is to implement these techniques for
144 real time measurements in potato handling lines, it is considered essential to analysed the
145 tubers as they are currently being manipulated in those lines. NIR spectral data were
146 collected using a Luminar 5030 Miniature "Hand held" AOTF-NIR Analyzer (Brimrose,
147 Baltimore, Maryland). It covers a spectral range between 1100 and 2300 nm with 601
148 points (2 nm steps) and was used in reflectance mode. Samples were scanned at four
149 different points along the equatorial area and the average spectrum was used for the
150 analysis. Each spectrum was an average of 50 scans.

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3 151 By measuring the samples in reflectance mode we obtained information from not only the
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5 152 skin but also from the flesh. Lammertyn et al.²⁴ proved that when a sample is irradiated in
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7 153 the near-infrared spectral range, the light penetrates through the skin and the NIR
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9 154 reflectance spectrum of samples contains information of the background. Moreover, they
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11 155 concluded that the amount of information coming from the background exceeded that
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13 156 coming from the skin. Those authors established a NIR penetration depth between 2 and 3
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15 157 mm in the 900–1900 nm range for apple. In another study developed by López et al.²⁵
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17 158 authors also found that NIR reflectance spectra of unpeeled potatoes in the 1100-2300 nm
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19 159 range contained information of both skin and flesh.
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27 161 **Sample preparation for chemical analysis**

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29 162 Five raw tubers of each accession were washed and patted dry with paper towels, and
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31 163 subsequently peeled and diced. Diced tubers were divided into two equal parts. One part
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33 164 was frozen with liquid nitrogen, kept frozen at -80°C, and later freeze dried, milled by an
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35 165 automatic mortar grinder, and stored at -30°C until analysis. Lyophilisation was used for
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37 166 the determination of dry matter content. Total soluble phenolics and total monomeric
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39 167 anthocyanins were analysed using freeze dried tubers. Total carotenoids, vitamin C, and
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41 168 hydrophilic antioxidant capacity were determined immediately using the fresh portion. All
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43 169 assays were performed in triplicate.
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50 171 **Extraction and quantitative determination of vitamin C (VC)**

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52 172 Tubers were homogenized in oxalic acid 4% (1:1 w/v), until a homogeneous puree is
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54 173 obtained (1 min) in a Palson blender at maximum speed (1200 W). To optimize the
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56 174 homogenization, 20 g of puree were weighed in a 50 mL tube and a teaspoon of steel balls
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3 175 was added to each tube and re-homogenized in Bullet Blender (Next Advance) 15 minutes
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5 176 at power 9. Then, samples were centrifuged at 3350 g, 10 min. The supernatant was
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7 177 preserved at -80 °C until analysis. Under these conditions, vitamin C was stable for at least
8
9 178 two months (data not shown). On the day of analysis, the samples were thawed submerging
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11 179 in cold tap water for 15 minutes. Samples were shaken in a vortex, centrifuged 5 min at
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13 180 372 g and filtered with glass fibre filter of 1 µm. The filtered extract was oxidized with
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15 181 0.5% aqueous dichlorophenol-indophenol solution and subsequently mixed with 2% 2, 4-
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17 182 dinitrophenylhydrazine in 70% sulphuric acid to allow the formation of hydrazones. The
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19 183 hydrazones were extracted with ethyl acetate: acetic acid 98:2 and this orange coloured
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21 184 extract was applied directly onto the HPTLC plates (nano silica gel F 254, 20 x 10 cm,
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23 185 Fluka) by the mean of the semi-automatic sampler LINOMAT 5 (CAMAG).
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25 186 Chromatography was developed in horizontal chamber as described in the application notes
26
27 187 A. 10.5²⁶. The total ascorbic acid was measured at 510 nm by CAMAG TLC Scanner 3
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29 188 and was quantified with the Wincats software. Results were expressed as g of vitamin C per
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31 189 kg fresh weight.
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42 **Extraction and quantitative determination of soluble phenolics (TSP)**

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44 192 Phenolics were extracted from lyophilized powder (1 g) with 10 mL MeOH: H₂O (70:30,
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46 193 v/v). The solid was suspended by shaking in a vortex for 1 min. The mixture was
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48 194 centrifuged at 7730 g for 10 min at 4 °C, and the supernatant containing the extracted
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50 195 phenolics was collected. The extraction operation was repeated twice again with the pellet
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52 196 and the final volume carried to 30 mL. Phenolic compounds were quantified following the
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3 197 method described by Medina²⁷. Results were expressed as g Gallic acid equivalents per kg
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5 198 fresh weight.

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10 200 **Extraction and quantitative determination of monomeric anthocyanins (TMA)**

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12 201 Monomeric anthocyanins were extracted and quantified by the pH differential method²⁸.

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14 202 Anthocyanins were extracted from lyophilized powder (0.25 g) with 10 mL MeOH: HCl

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17 203 (99:1, v/v). The solid was suspended by shaking in a vortex for 1 min. The mixture was

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20 204 centrifuged at 7730 g for 10 min at 4 °C, and the supernatant containing the extracted

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22 205 anthocyanins was collected. The extraction operation was repeated twice again with the

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24 206 pellet and the final volume carried to 30 mL. After the determination of the appropriate

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27 207 dilution factor, two solutions of each test sample were prepared, one with pH = 1.0 aqueous

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29 208 buffer (Potassium chloride, 0.025 M) and other with 4.5 pH aqueous buffer (Sodium

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31 209 acetate, 0.4 M). Total monomeric anthocyanin concentration was calculated measuring the

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33 210 optical density at 520 and 700 nm at two different pH values (pH = 1.0 and 4.5).

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35 211 Absorbance was measured within 20–50 min of preparation vs MeOH: HCl (99:1, v/v) at

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37 212 pH 1 and 4.5 using the same dilution factor. The calculation of monomeric anthocyanin

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39 213 concentration, expressed as g cyanidin 3-O-glucoside equivalents per kg fresh weight, as

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41 214 follows:

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$$216 \quad TMA \text{ (g CGE kg}^{-1} \text{ FW)} = (A \times DF \times MW \times V \times DM) / (\varepsilon \times W \times l \times 10)$$

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50 218 Where $A = (A_{520 \text{ nm}} - A_{700 \text{ nm}})_{\text{pH} = 1.0} - (A_{520 \text{ nm}} - A_{700 \text{ nm}})_{\text{pH} = 4.5}$; DF = Dilution

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53 219 factor; MW (Molecular weight) = 449.2 g mol for cyanidin 3-O-glucoside; V = total

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56 220 extraction volume (mL); DM = g dry matter per kg fresh weight; ε (Molar extinction

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3 221 coefficient) = 26,900 l cm⁻¹ M⁻¹ in aqueous solution; W = sample weight (g); l = pathlength
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10 224 **Extraction and quantitative determination of total carotenoids (TC)**

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12 225 Total carotenoids were extracted and quantified according to Lachman et al.²⁹ with some
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14 226 modifications. Total carotenoids were extracted from fresh sample (15 g) after cryogenic
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16 227 grinding with 10 mL of chilled acetone. Borosilicate tubes with acetonic extracts were
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18 228 covered with tinfoil to prevent light activity and stored 3 days at 4 °C. After this period, the
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20 229 borosilicate tubes were put in an ultrasound bath and sonicated for 20 min and centrifuged
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22 230 at 7730 g for 10 min at 4 °C. The supernatant was collected, 10 mL of cold acetone were
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24 231 added to the pellet, the solid was re-suspended by shaking in a vortex for 1 min and the
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26 232 mixture was centrifuged. The extraction process was repeated once again and the filtrates
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28 233 were made up to 25 mL. The absorbance was measured at 444 nm using acetone as blank
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30 234 and the total carotenoid content was expressed as g lutein equivalents per kg FW from the
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32 235 equation:
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$$\text{TC (g LE kg}^{-1}\text{ FW)} = (A_{444\text{ nm}} \times V \times 15) / (0.259 \times W \times 10^3)$$

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46 239 Where $A = A_{444\text{ nm}}$; V = total extraction volume (mL); W = sample weight (g).
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53 242 **Extraction and quantitative determination of hydrophilic antioxidant capacity (HAC)**

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55 243 Hydrophilic antioxidant capacity was analysed following two methods, ABTS (2,2'-azino-
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57 244 bis(3-ethylbenzothiazoline-6-sulphonic acid) and DPPH (2,2-diphenylpicrylhydrazyl),
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3 245 according to Choong et al.³⁰. These two indicator radicals were neutralized either by direct
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5 246 reduction via electron transfers or by radical quenching via H atom transfer, respectively.
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8 247 The ABTS assay measures the relative ability of antioxidants to scavenge the radical ABTS
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10 248 generated in aqueous phase compared with a Trolox standard (vitamin E analogue). The
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12 249 DPPH assay is based on the loss of absorption of radical DPPH when reduced by
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14 250 antioxidants. Both methods are widely used to determine antioxidant capacity of fruits,
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16 251 vegetables and beverages³¹. Fresh samples (2.5 g) were grinded in a mortar in liquid
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18 252 nitrogen. Hydrophilic antioxidants were extracted with 10 mL MeOH: H₂O (70:30, v/v).
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20 253 The mixture was centrifuged at 7730 g for 10 min at 4 °C, and the supernatant containing
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22 254 the extracted antioxidant was collected. The solid was suspended by shaking in a vortex for
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24 255 1 min and the extraction operation was repeated twice again with the pellet and the final
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26 256 volume carried to 30 mL. The ABTS^{•+} solution was prepared by mixing 8 mM of ABTS
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28 257 salt with 3 mM of potassium persulfate in 25 mL of DIH₂O. The solution was held at room
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30 258 temperature in the dark for 16 h before use. The ABTS^{•+} solution was diluted with MeOH:
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32 259 H₂O (70:30, v/v) in order to obtain an absorbance between 0.8 and 0.9 at 734 nm.
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34 260 Antioxidant or standard solutions, 20 µL, were mixed with 980 µL of diluted ABTS^{•+}
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36 261 solution and incubated at room temperature. A reaction of 30 min was used for all the
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38 262 ABTS assays. In the DPPH assay, aliquots of the hydrophilic extracts were diluted (1:10,
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40 263 v/v) and 0.1 mL of the diluted sample was added to 3.9 mL of DPPH• MeOH: H₂O (70:30,
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42 264 v/v) solution (6×10^{-5} mol L⁻¹) to initiate the reaction. Absorbance was measured at 516 nm.
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44 265 A reaction of 3 h was used for all the DPPH assays. In both methods MeOH: H₂O (70:30,
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46 266 v/v) was used as blank and trolox MeOH: H₂O (70:30, v/v) dilutions were used as standard
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48 267 (0,100, 200, 300, 400 and 500 µM). The antioxidant activity was reported in mol trolox
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50 268 equivalents per kg fresh weight.
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269 **Statistical analysis**

270 *ANOVA and correlation matrix*

271 One-way ANOVA was used to analyse the differences in the concentration of total
272 soluble phenolics, total monomeric anthocyanins, total carotenoids, hydrophilic antioxidant
273 capacity and vitamin C among coloured potato genotypes. A p value ≤ 0.05 was considered
274 to be significant. Correlation analyses between parameters were calculated by using the
275 CORR procedure of the SAS package³².

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278 *PLS-DA*

279 Partial Least Squares Discriminant Analysis (PLS-DA) is a linear supervised classification
280 technique based on the PLS regression algorithm³³. However, in PLS-DA a dummy
281 response matrix Y must be introduced to account for classification problems. This matrix
282 must be binary-coded (0, 1) with the same number of rows as X and same columns as
283 groups object of study³⁴. PLS-DA explains the variability presented in the data by creating
284 linear combinations of the originals variables, called Latent Variables (LVs). The first LV
285 covers the most variation in the data while the second most of the remaining and so on³⁵.

286 In this study, 3 PLS-DA models were performed to classify the varieties into three groups
287 according to their phytochemical concentration level and called: low content (LC), mid
288 content (MC) and high content (HC). The first PLS-DA model corresponded to varieties
289 grouped according to their content of total soluble phenolics (TSP), total monomeric
290 anthocyanins (TMA) and hydrophilic antioxidant capacity (HAC), since these three
291 appeared to be well correlated in this study. Correlation between these three

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3 292 phytochemicals was also found by other authors ¹⁴. The second PLS-DA performed
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5 293 comprised groups categorised by their total carotenoids (TC) content. Finally, a third PLS-
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7 294 DA was accomplished covering varieties grouped by means of VC level.
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10 295 Consequently, a 3-column response Y matrix was introduced for each PLS-DA in
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12 296 which varieties defined as having low content of phytochemicals were described by the
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14 297 dependent vector [1 0 0], varieties belonging to MC group, by the vector [0 1 0] and the
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16 298 ones belonging to the HC group by the vector [0 0 1]. Samples of the different varieties
17
18 299 were randomly divided into calibration and prediction sets corresponding to 70% and 30%
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20 300 of samples respectively. Only the calibration data set was used to build the classification
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22 301 model while the prediction data set was used to externally evaluate its capability to classify
23
24 302 new samples. Data were pre-processed by Multiplicative Scatter Correction (MSC) and
25
26 303 Mean centre (MnC). Pre-processing methods are commonly used to reduce or avoid the
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28 304 influence of unwanted effects in the data that could negatively affect the consistency of the
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30 305 model ³⁶⁻³⁷. MSC reduces scatter effects in the data ³⁸ while MC reduces systematic noise
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32 306 ³⁷. The cross-validation (CV) method employed was Venetian Blinds with 10 data (splits)
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34 307 subsets since this method is considered simple and easy to implement. In this study the
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36 308 accuracy of the models was evaluated by the percentage of correctly classified samples in
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38 309 each group in calibration (Cal), cross-validation (CV) and Prediction (Pred). Both pre-
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40 310 processing of data and PLS-DA were performed in the PLS-Toolbox (Eigenvector
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42 311 Research Inc, Wenatchee, USA) working under Matlab R2014a (The Mathworks, MS,
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44 312 Natick, USA).
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RESULTS**Chemical analysis**

The tested potato cultivars showed significant differences among each other in terms of total soluble phenolics (TSP), total monomeric anthocyanins (TMA), total carotenoids (TC) and vitamin C (VC) ($p \leq 0.05$), thus genotype greatly affected all measured phytochemicals (Table 2). TSP concentrations, ranging from 0.140 ± 0.0208 to 2.78 ± 0.0512 g GAE kg⁻¹ FW, were higher in the genotypes Violet Queen, Purple Peruvian and Highland Burgundy Red, while lowest TSP contents were found in NK-08/360, NK-08/349, NK-08/362 and Morea. TMA values ranged from 0.000100 ± 0.0000100 to 1.33 ± 0.0111 g CGE kg⁻¹ FW. Highest TMA concentrations were also measured in the cultivars Violet Queen, Purple Peruvian, Highland Burgundy Red and Vitelotte, while lowest TMA concentrations were found in NK-08/360, Kasta, Rosa Roter and Morea. There is a six-fold variation in TC values which ranged from 0.00915 ± 0.00135 to 0.0590 ± 0.00425 g LE kg⁻¹ FW. TC concentrations were higher in the cultivars Morada, Highland Burgundy Red, Rouge de Flandes and Rosa Roter, whereas Bleu de La Manche, Fenton and Blue Congo showed the lowest TC values. VC concentrations ranging from 0.0366 ± 0.0149 to 0.107 ± 0.0204 g kg⁻¹ FW showed a three-fold variation among the collection of purple and red fleshed tubers. VC values were higher in Blue Congo, Morada and Kasta, while Rosa Roter, NK-08/349 and Highland Burgundy Red showed the lowest VC concentrations.

Statistical analyses revealed considerable differences in hydrophilic antioxidant capacity (HAC) between cultivars at $p \leq 0.05$ (fig. 4). The highest HAC value was measured in the cultivar Violet Queen ($HAC_{ABTS} = 0.00939 \pm 0.000171$; $HAC_{DPPH} = 0.00944 \pm 0.0000656$ mol TE kg⁻¹ FW), while Morea showed the lowest HAC value

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3 338 ($HAC_{ABTS} = 0.00420 \pm 0.000315$; $HAC_{DPPH} = 0.00255 \pm 0.000136$ mol TE kg⁻¹ FW). The
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5 339 HAC measured in Violet Queen was between 125 and 270% higher than the HAC of the
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7 340 cultivar Morea, depending on the analytical method. The statistical analysis revealed very
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9 341 strong correlations ($p \leq 0.001$) and correlation coefficients higher than 0.78 among the
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11 342 following pairs of variables: TSP - TMA, TSP - HAC.ABTS, TMA - HAC.DPPH, TSP -
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13 343 HAC.DPPH and TMA - HAC-DPPH (Table 3). The highest r value was found for the HAC
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15 344 measured by ABTS and DPPH assays ($r = 0.91$), while other pairs of variables, such as TC
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17 345 - HAC, VC - TSP, VC - TMA, VC - HAC and VC - TC, showed r values close to 0.
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25 347 **PLS-DA**

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27 348 In this study, in order to perform a PLS-DA, once the phytochemical content of each
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29 349 variety was determined, samples were arbitrary divided into three groups according to the
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31 350 level of those compounds. As previously mentioned, 3 different PLS-DA models were
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33 351 performed.
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39 353 ***Total soluble phenolics (TSP), total monomeric anthocyanins (TMA) and hydrophilic*** 40 41 354 ***antioxidant capacity (HAC) model***

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43 355 Fig. 1 shows the varieties included in each of the three groups in the first PLS-DA carried
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45 356 out. It should be mentioned that only 16 varieties were included in this model, excluding
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47 357 Kasta and Rosa Roter since those two did not show correlation between TSP, TMA and
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49 358 HAC values. Samples ($n = 429$) were randomly divided between calibration and validation
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51 359 sets ($n_{cal} = 302$, $n_{val} = 127$). As it is shown in Fig 1, LC group comprised 165 samples
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53 360 belonging to 6 categories defined as having less than 0.900 g GAE kg⁻¹ FW of TSP, 0.125 g
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3 361 CGE kg^{-1} FW of TMA and $0.00400 \text{ mol TE kg}^{-1}$ FW of HAC. It should be noted that
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5 362 variety NK-08/362 was included in this group only attending to their TSP and HAC
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7 363 content, because if according to its TMA content, it must have been included in the second
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9 364 group (MC).

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11
12 365 The second group, MC, covered 132 samples belonging to 5 varieties with levels of
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14 366 TSP, TMA and HAC of $0.900 - 1.20 \text{ g GAE kg}^{-1}$ FW, $0.125 - 0.240 \text{ g CGE kg}^{-1}$ FW and
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16 367 $0.00400 - 0.00600 \text{ mol TE kg}^{-1}$ FW respectively. Lastly, HC group also contained 132
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18 368 samples from 5 different varieties with levels above $1.20 \text{ g GAE kg}^{-1}$ FW, $0.240 \text{ g CGE kg}^{-1}$
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20 369 FW and $0.00600 \text{ mol TE kg}^{-1}$ FW of TSP, TMA and HAC respectively.

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22 370 As revealed before, PLS-DA models were evaluated in terms of correctly classified
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24 371 samples in each of the three groups (LC, MC and HC). In Table 4 the confusion matrix
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26 372 obtained with the PLS-DA can be seen. It shows the percentage of correctly classified
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28 373 samples of each of the 3 groups in calibration (Cal), cross-validation (CV) and prediction
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30 374 (Pred). The diagonal of each confusion matrix represents the percentage of samples
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32 375 correctly classified into the group they belong to while the values outside it correspond to
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34 376 wrongly classified samples, into a different group. A perfect classification corresponds to a
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36 377 matrix with a diagonal full of 100% surrounded by 0.00% rates.

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38 378 In this study, a total of 9 LVs were used explaining 99.9% of the total variance.
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40 379 Slightly better classification rates were obtained for the LC group than for the rest of the
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42 380 groups. This was expected since samples into LC group presented values far away from the
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44 381 other two groups that had more similar values between each other. In any case, good rates
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46 382 above 80.0% of correctly classified samples were achieved for Cal and CV sets. However,
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48 383 LC group was the best classified for the three Cal, CV and Pred sets with more than 90.0%
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50 384 of samples correctly classified. It should be mentioned that the percentages of samples from
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3 385 LC group that were badly classified into the other two groups corresponded to Valfi and
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5 386 NK-08/362 varieties, the ones with the highest values of phytochemicals inside this group.
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7 387 Moreover, as mentioned before if only taking into account TMA content of samples, NK-
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9 388 08/362 should be included in MC group, therefore, some misclassification of this variety
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11 389 was expected.
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14 390 Some misclassification was also found in MC group in which a few samples belonging
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16 391 to Blue Star and Fenton varieties, with the lowest values of phytochemicals, were classified
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18 392 into LC group. On the other hand, a few samples belonging to British Columbia Blue and
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20 393 Blue Congo were identified as having HC. Finally, in HC group, a small number of
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22 394 samples from Vitelotte and Rouge de Flandes were incorrectly classified into MC. In this
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24 395 group, again, those varieties were the ones with the lowest values of phytochemicals of the
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26 396 group.
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29 397 The results obtained demonstrated that in this study, PLS-DA classification technique
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31 398 enabled identification of different varieties of potato with low, mid and high content of
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33 399 TSP, TMA and HAC.
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36 400 Fig 5 is the graphical representation of the confusion matrix for each group included in
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38 401 this study. The horizontal black line indicates the threshold above a sample is assigned to a
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40 402 particular class. Therefore, in Fig 5 (a), all samples located above the threshold are
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42 403 classified as belonging to LC group. It can be seen that there are a few samples belonging
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44 404 to MC and HC groups that according to this plot were classified as LC. Similarly, all the
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46 405 samples above the threshold in Fig 5 (b) and 5 (c) were classified as belonging to MC and
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48 406 HC respectively. In these plots, the prediction set of samples appeared inside a circle for the
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50 407 sake of easier visualization.
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3 409 ***Total carotenoids model***
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6 410 Fig. 2 shows the varieties included in each of the three groups in the second PLS-DA. All
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8 411 18 varieties were included in this model. 70.0% of the total number of samples (n= 471)
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10 412 were randomly selected for the calibration set (n_{cal}= 315) and 30.0% for validation (n_{val}=
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12 413 156). As it is observed in Fig. 2, LC group comprised 192 samples belonging to 7
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14 414 categories with TC content below 0.0200 g LE kg⁻¹ FW, while the second group (MC) has
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16 415 a total of 132 samples from to 5 varieties with TC values between 0.0200 and 0.0300 g LE
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18 416 kg⁻¹ FW, lastly, HC group is formed by 147 samples from 6 different varieties with TC
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20 417 levels above 0.0300 g LE kg⁻¹ FW.
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24 418 A total of 8 LVs were selected in this PLS-DA model explaining the 99.96% of
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26 419 variance. Table 5 shows the percentage of correctly classified samples into the three
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28 420 groups. It is observed that it was not possible to obtain an accurate classification of both LC
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30 421 and MC groups since a small number of samples were correctly classified into the group
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32 422 they belonged to and the fact that a considerable percentage of samples were classified in
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34 423 either of the other two groups. Thus, 17.2% and 31.2% of samples belonging to LC were
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36 424 classified as MC and HC respectively while 39.1% and 30.43% of samples of MC group
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38 425 were classified as LC and HC respectively in the Pred set. On the other hand, a high
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40 426 percentage of correctly classified samples was achieved in the HC group of around 80%.
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42 427 These results, suggests that NIRS technology could be used for screening processes in order
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44 428 to identified samples with high content of TC.
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53 430 ***Vitamin C model***
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55 431 In Fig. 3 the varieties included in each of the three groups in the third PLS-DA are shown.
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57 432 Once again, samples (n= 471) were randomly divided between calibration and validation
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3 433 sets ($n_{\text{cal}}=315$, $n_{\text{val}}=156$). In this analysis, LC group comprised 174 samples belonging to 7
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5 434 categories defined as having less than 0.0700 g kg^{-1} FW of VC, the second group, MC,
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7 435 covered 162 samples belonging to 6 varieties with VC content between 0.0700 and 0.0920
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9 436 g kg^{-1} FW and finally, HC group contained 135 samples from 5 different varieties with
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11 437 levels above 0.0920 g kg^{-1} FW.
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15 438 A total of 5 LVs were selected explaining the 99.8% of the variance. Low classification
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17 439 rates, below 63.0%, were obtained for this PLS-DA (data not shown) for Cal, CV and Pred
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19 440 sets. Besides, high misclassification was found between LC and HC groups. Around 30.0%
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21 441 of samples belonging to HC group were wrongly classified as LC in Cal, CV and Pred sets
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23 442 suggesting that results were not reliable. It is worth mentioning that vitamin C content in
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25 443 potatoes highly depends on many factors and can vary considerably from one campaign to
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27 444 another. Thus, it becomes very challenging to perform robust classification methods for this
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29 445 compound. Moreover, significantly lower contents of VC were found in this study
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31 446 compared to other authors as mentioned before, due to the effect of cold temperatures
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33 447 during storage. Therefore, we consider that these facts could be responsible for the low
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35 448 classification rates obtained in this work.
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43 450 **DISCUSSION**

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45 452 **Phytochemical quantification**

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48 453 In the present study, the vitamin C concentrations were significantly lower than those
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50 454 reported by authors as Love et al.³⁹ or Han et al.⁴⁰, who found concentration values
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52 455 ranging from 0.115 to 0.420 g kg^{-1} FW in white or yellow fleshed commercial cultivars and
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54 456 breeding lines from North America. Similar to our data, Jimenez et al.⁴¹ reported lower
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3 457 vitamin C concentrations ranging from 0.0754 to 0.286 g kg⁻¹ FW in a collection of seven
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6 458 Andean potato cultivars. According to the CD 2008/100/EC ⁴², an average edible portion
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8 459 (100 g of peeled tubers) contains about 4.6 to 13.3% of the recommended daily intake
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10 460 (RDA) of vitamin C. Moreover, considering the high losses during thermal processing from
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12 461 25% to 40% ⁴³⁻⁴⁴ these cultivars should be considered only as a relatively poor source of
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15 462 vitamin C. However, numerous studies have shown that vitamin C levels are highly
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17 463 dependent on many factors, such as culture conditions, wounding and storage, which can
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19 464 alter rapidly its concentration in tubers ⁴⁵⁻⁴⁶. According to Oba et al. ⁴⁷ the vitamin C
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21 465 contents in potato tubers stored at 4 °C for one month may experience a decrease from 46
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23 466 to 57%. Thus, the effect of cold storage on vitamin C could explain why our values were
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26 467 significantly lower than those reported by other authors.

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29 468 TSP values showed wide variability among the collection of purple or red fleshed
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31 469 cultivars or breeding lines showing the great genotype effect on these phytochemicals. This
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34 470 is about a 20-fold variation in total soluble phenolics and the highest TSP values are
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36 471 generally comparable to those of blueberries (*Vaccinium corymbosum* L.) ⁴⁸⁻⁴⁹.
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38 472 Accordingly, a study of 74 Andean potato landraces found about an 11-fold variation in
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40 473 TSP values ¹⁰. Despite the fact that published data vary widely, those measured by Folin
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42 474 Ciocalteu method usually show lower value range from 0.0200 to 1.00 g GAE kg⁻¹ FW ⁵⁰⁻
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44 475 ⁵² due to the limits of the method compared to the Fast Blue method used in this study ⁵³.
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47 476 Our results are in agreement with previous works reporting higher TSP values in coloured
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49 477 potato tubers, for instance, ⁵⁴ found TSP levels about 0.250 and 2.87 g GAE kg⁻¹ FW, while
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51 478 Stushnoff et al. ⁵⁵ reported values between 0.900 and 4.00 g GAE kg⁻¹ FW in a collection of
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53 479 coloured accessions.
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3 480 Total monomeric anthocyanins (TMA) values found in the present tubers (from
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5 481 0.000100 to 1.33 g CGE kg⁻¹ FW) were similar to almost published total monomeric
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8 482 anthocyanin values in purple or red potato tubers. Reyes et al. ¹⁴ found TMA values
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10 483 between 0.210 and 0.550 g CGE kg⁻¹ FW in red fleshed tubers, and between 0.110 and 1.75
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12 484 g CGE kg⁻¹ FW in purple fleshed ones. In fact, 1.75 g CGE kg⁻¹ FW is an extremely high
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15 485 value for potato which has not been equalled in consulted bibliography. In this respect, it
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17 486 should be noted that potato peels contain higher anthocyanin levels and the evaluation of
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19 487 coloured cultivars and breeding lines by Reyes et al. ¹⁴ was performed using unpeeled
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21 488 tubers. Brown et al. ⁵⁶ reported TMA values between 0.150 and 0.400 g CGE kg⁻¹ FW in 18
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23 489 pigmented clones and cultivars. Jansen and Flamme ⁵⁷ also found TMA contents ranging
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25 490 from 0 to 0.800 g CGE kg⁻¹ FW in 31 potato accessions. These highest values are nearly
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27 491 2.8 and 1.5 times less than the TMA content of Violet Queen in each case. TMA content
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29 492 value of Violet Queen is comparable to that of *Vaccinium* L. berries, which are considered
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31 493 to be a one of the richest natural sources of anthocyanins with TMA contents ranging from
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33 494 1.38 to 3.85 g CGE kg⁻¹ FW ⁵⁸. However, the daily intake of potatoes usually is much
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35 495 higher than the daily intake of blueberries ⁵⁹.

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40 496 TMA values were well correlated with TSP and hydrophilic antioxidant capacity. The
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42 497 correlation between antioxidant capacity and phenolics has also been reported ^{8, 15}. Present
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44 498 values of hydrophilic antioxidant capacity were higher than that of white or yellow fleshed
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46 499 potatoes ⁵⁸, but our values are similar to those obtained by Brown et al. ⁵⁶ in coloured
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48 500 potato breeding lines. In relation to the total carotenoid concentrations, values ranging from
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50 501 0.00910 to 0.0588 g LE kg⁻¹ FW are comparable to those obtained by Lachman et al. ²⁹
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52 502 using the same colorimetric method (0.000200 – 0.0250 g LE kg⁻¹ FW). The lipophilic
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54 503 character of most carotenoids can explain the lack of correlation between TC and HAC.
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3 504 With the exception of Violet Queen, higher TC values were detected in tubers with a
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5 505 perceptible partially yellow coloration, such as Morada, Rosa Roter, Rouge de Flandes and
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8 506 Highland Burgundy Red. Relatively low TC values were found in most of the medium or
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10 507 deep purple cultivars. According to Kotíková et al. ⁶¹, deep purple potato cultivars generally
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12 508 have lower ability to synthesize and accumulate carotenoids when compared to yellow
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15 509 fleshed potato cultivars.

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17 510 According to several authors, purple and red fleshed genotypes are a great source of
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19 511 certain minerals, phenolic compounds and antioxidant capacity. We have identified
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21 512 cultivars and breeding lines with very high concentrations of carotenoids (Morada,
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23 513 Highland Burgundy Red and Violet Queen), vitamin C (Blue Congo, Morada and Kasta),
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25 514 soluble phenolics, monomeric anthocyanins and hydrophilic antioxidant capacity (Violet
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27 515 Queen, Purple Peruvian and Vitelotte). Besides the commercial, gastronomical and medical
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29 516 importance of quality parameters in coloured tubers, the identification of phytochemical
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31 517 high producing germplasm is a key step to develop a potato breeding program for
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33 518 nutritional quality.

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40 41 520 **Sample classification by NIR spectroscopy**

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43 521 Some authors have studied the non-destructive determination of some chemical compounds
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45 522 in potatoes. Thus, polyphenols content of lyophilized potatoes was accurately predicted by
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47 523 using Fourier transform infrared spectroscopy achieving correlation values of 0.99 ⁶².
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49 524 Moreover, other authors obtained good correlation coefficients when estimating the total
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51 525 and individual carotenoid concentration in potatoes by NIR spectroscopy ⁶³.

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55 526 As explained before, there is a little literature concerning qualitative analysis of
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57 527 potatoes by NIR spectroscopy despite its potential. Even so, some authors successfully
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3 528 investigated the discrimination of two categories of potato samples regarding their
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5 529 recoverable protein content. An overall 87.5% of correctly classified samples was achieved
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8 530 in that study²³. Other authors were able to classify potato chips by source of frying oil by
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10 531 combining NIR spectroscopy and Soft Independent Modeling of Class Analogy (SIMCA)
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12 532⁶⁴.

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15 533 In this study we have successfully classified samples into three levels according to
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17 534 their content of TSP, TMA and HAC. Figure 5 (a, b & c) confirms the results obtained, as it
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19 535 shows that the majority of the samples of each group are correctly classified into them.
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21 536 However, there was some misclassification as previously described, but we can say that
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23 537 overall, very good rates of discrimination were obtained.

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26 538 Therefore, we can say that according to this study, NIR spectroscopy combined with
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28 539 PLS-DA was capable of accurately identifying samples containing different levels of TSP,
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30 540 TMA and HAC belonging to this collection of 18 purple and red-fleshed potatoes.

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32 541 Regarding TC content, we found that NIRs technique was only capable of identifying
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34 542 samples with high content of this compound among the varieties analysed. Information that
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36 543 could be useful for screening processes.

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38 544 Finally, the classification results achieved according to the content of Vitamin C
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40 545 suggested that it was not possible to obtained a reliable classification of varieties regarding
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42 546 their VC content by NIRS technology.

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44 547 Nevertheless, these findings are of great importance considering the continuously
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46 548 increasing demand for quality control of food products among consumers and authorities⁶⁵.
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48 549 The outcome from this study could be considered as a screening step for future potato
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50 550 breeding programs. Further research is advisable including a larger set of samples
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52 551 comprising not only coloured varieties but yellow skin tuber as well.
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3 552 **CONCLUSION**
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8 554 The identification of potato genotypes high in phenolic compounds, carotenoids and
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10 555 antioxidant capacity is a key step for both identifying phytochemical rich food products and
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12 556 for developing breeding lines with high concentrations of bioactive compounds. The
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15 557 automatic and non-destructive characterization of cultivars and breeding lines with different
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17 558 levels of bioactive compounds through near-infrared spectroscopy can be also suitable for
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19 559 discriminating and classifying potato tubers in terms of phytochemical content.
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24 561 **ACKNOWLEDGMENTS**
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26
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29 563 Basque Government.
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3 761 **Figure captions:**
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6 762 **Figure 1.** Flowchart of varieties distribution according to their content of total soluble
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8 763 phenolics (TSP), total monomeric anthocyanins (TMA) and hydrophilic antioxidant
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10 764 capacity (HAC).
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14 765 **Figure 2.** Flowchart of varieties distribution according to their content of total carotenoids
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16 766 (TC).
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20 767 **Figure 3.** Flowchart of varieties distribution according to their content of vitamin C (VC).
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23 768 **Figure 4.** Hydrophilic antioxidant capacity (HAC) measured by ABTS and DPPH methods.
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25 769 Means and standard deviations are expressed as mol trolox equivalents per kg FW. Average
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27 770 values ($n = 3$) in columns labeled with the same letter are not significantly different at $p \geq$
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29 771 0.05 ($LSD_{ABTS} = 0.000474$; $LSD_{DPPH} = 0.000240$).
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32 772 **Figure 5.** PLS-DA analysis of LC group (a), MC (b) and HC (c). Horizontal line (----)
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34 773 indicates the threshold above a sample is assigned to a particular group.
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775 **Table 1.** Collection of 18 purple and red fleshed potato (*Solanum tuberosum* L.)
 776 cultivars or breeding lines.

Cultivar or breeding lines	Origin	Status	Skin/Flesh type ¹
Bleu de La Manche	France	Cultivar	P/P
Blue Congo	Sweden-UK	Cultivar	P/P
Blue Star	Netherlands	Cultivar	P/P
British Columbia Blue	Canada-UK	Cultivar	P/P
Fenton	Canada-UK	Cultivar	P/P
Highland Burgundy Red	France	Cultivar	R/R
Kasta	Spain	Cultivar	P/P
Morada	Spain	Cultivar	P/P
Morea	Spain	Cultivar	P/P
NK-08/349	Spain	Breeding line	P/P
NK-08/360	Spain	Breeding line	P/P
NK-08/362	Spain	Breeding line	P/P
Purple Peruvian	Peru	Cultivar	P/P
Rosa Roter	Peru	Cultivar	R/R
Rouge de Flandes	Belgium	Cultivar	R/R
Valfi	Sweden-UK	Cultivar	P/P
Violet Queen	Netherlands	Cultivar	P/P
Vitelotte	France	Cultivar	P/P

777 ¹ Key to skin and tuber flesh types: R = Red, P = Purple.

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779 **Table 2.** Total soluble phenolics (TSP), total monomeric anthocyanins (TMA), total
 780 carotenoids (TC) and vitamin C (VC) in peeled tubers of 18 purple and red fleshed potato
 781 cultivars and breeding lines. Means and standard deviations of 1) TSP are expressed as g
 782 gallic acid equivalents per kg fresh weight; 2) TMA are expressed as g cyanidin 3-
 783 glucoside equivalents per kg fresh weight; 3) TC are expressed as g lutein equivalents per
 784 kg fresh weight; 4) VC are expressed as g of vitamin C per kg fresh weight (n = 3).

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Cultivar/ Breeding line	TSP	TMA	TC	VC
Bleu de La Manche	0.915±0.0159	0.230±0.0264	0.00915±0.00135	0.0831±0.00945
Blue Congo	1.18±0.0476	0.178±0.0235	0.00962±0.00125	0.107±0.0204
Blue Star	1.08±0.0117	0.129±0.0143	0.0193±0.000700	0.0907±0.00361
British Columbia Blue	1.12±0.0833	0.228±0.0316	0.0161±0.00200	0.0577±0.00971
Fenton	1.00±0.0914	0.172±0.0126	0.00915±0.00220	0.0847±0.0135
Highland Burgundy Red	2.14±0.0489	0.350±0.0102	0.0360±0.00360	0.0573±0.00957
Kasta	1.27±0.0530	0.00126±0.000300	0.0246±0.00235	0.0972±0.00455
Morada	0.514±0.00984	0.00686±0.00178	0.0590±0.00425	0.107±0.00612
Morea	0.400±0.0122	0.0320±0.00955	0.0292±0.00571	0.0912±0.0219
NK-08/349	0.376±0.0275	0.0545±0.0163	0.0236±0.00283	0.0501±0.0144
NK-08/360	0.140±0.0208	0.000100±0.0000100	0.0194±0.00152	0.0704±0.0120
NK-08/362	0.428±0.0252	0.158±0.00460	0.0326±0.00160	0.0869±0.0182
Purple Peruvian	2.15±0.0102	0.408±0.0170	0.0188±0.00113	0.0926±0.00973
Rosa Roter	1.09±0.0110	0.0359±0.0.06	0.0341±0.00515	0.0366±0.0149
Rouge de Flandes	1.81±0.0239	0.270±0.00584	0.0349±0.00155	0.0677±0.0109
Valfi	0.521±0.0162	0.123±0.00336	0.0203±0.00223	0.0589±0.0179
Violet Queen	2.78±0.0512	1.33±0.0111	0.0351±0.00117	0.0671±0.0110
Vitelotte	1.64±0.0901	0.436±0.00741	0.0282±0.00484	0.0931±0.0182
LSD (0.05)	0.107	0.0255	0.00475	0.0230

786 *LSD: Least Significance Difference.*

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789 **Table 3.** Matrix for Pearson correlation coefficients (r) showing the linear relationship
 790 among total soluble phenolics (TSP), total monomeric anthocyanins (TMA), hydrophilic
 791 antioxidant capacity measured by ABTS and DPPH (HAC), total carotenoid content (TC)
 792 and vitamin C (VC).

	TSP	TMA	HAC.ABTS	HAC.DPPH	TC	VC
TSP	1.00					
TMA	0.789****	1.00				
HAC-ABTS	0.787****	0.871****	1.00			
HAC-DPPH	0.792****	0.799****	0.907****	1.00		
TC	0.0903	0.127	0.0371	-0.0681	1.00	
VC	-0.0466	-0.0651	-0.0225	0.111	-0.0310	1.00

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Table 4. Confusion matrix of the three groups – low content (LC), mid content (MC) and high content (HC) - in the TSP, TMA and HAC PLS-DA model for Cal, CV and Pred.

		Actual Group (%)			
		LC	MC	HC	
Calibration set (Cal)	Predicted group (%)	LC	91.2	2.47	0.00
		MC	4.90	87.6	9.09
		HC	3.92	9.88	90.9
Cross-validation set (CV)	Predicted group (%)	LC	90.2	4.94	0.00
		MC	6.86	82.7	10.4
		HC	2.94	12.3	89.6
Prediction set (Pred)	Predicted group (%)	LC	97.6	0.00	3.85
		MC	2.38	83.8	19.2
		HC	0.00	16.2	76.9

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Table 5. Confusion matrix of the three groups – low content (LC), mid content (MC) and high content (HC) - in the TC PLS-DA model for Cal, CV and Pred.

		Actual Group (%)			
		LC	MC	HC	
Calibration set (Cal)	Predicted group (%)	LC	45.6	26.8	4.25
		MC	20.0	43.9	14.9
		HC	34.4	29.3	80.8
Cross-validation set (CV)	Predicted group (%)	LC	46.4	25.6	4.25
		MC	20.0	42.7	14.9
		HC	33.6	31.7	80.8
Prediction set (Pred)	Predicted group (%)	LC	51.6	39.1	6.52
		MC	17.2	30.4	13.0
		HC	31.2	30.4	80.4

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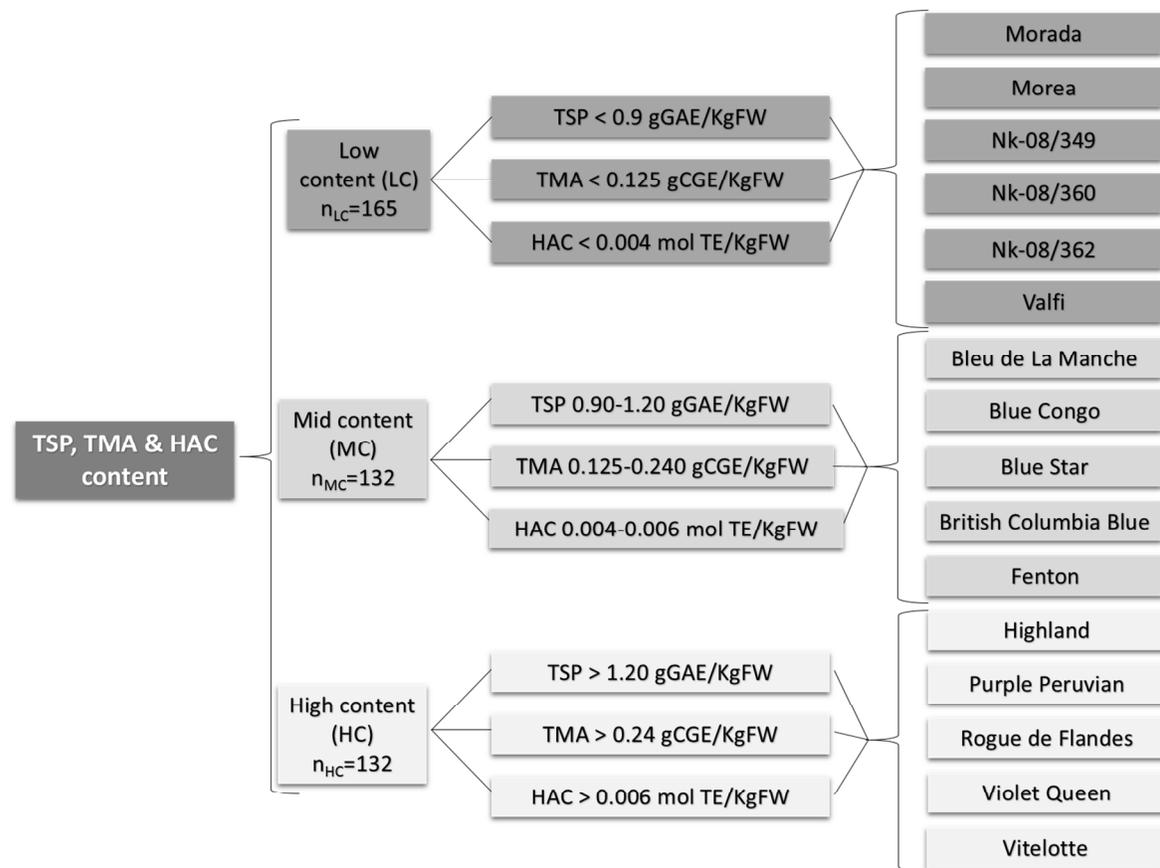
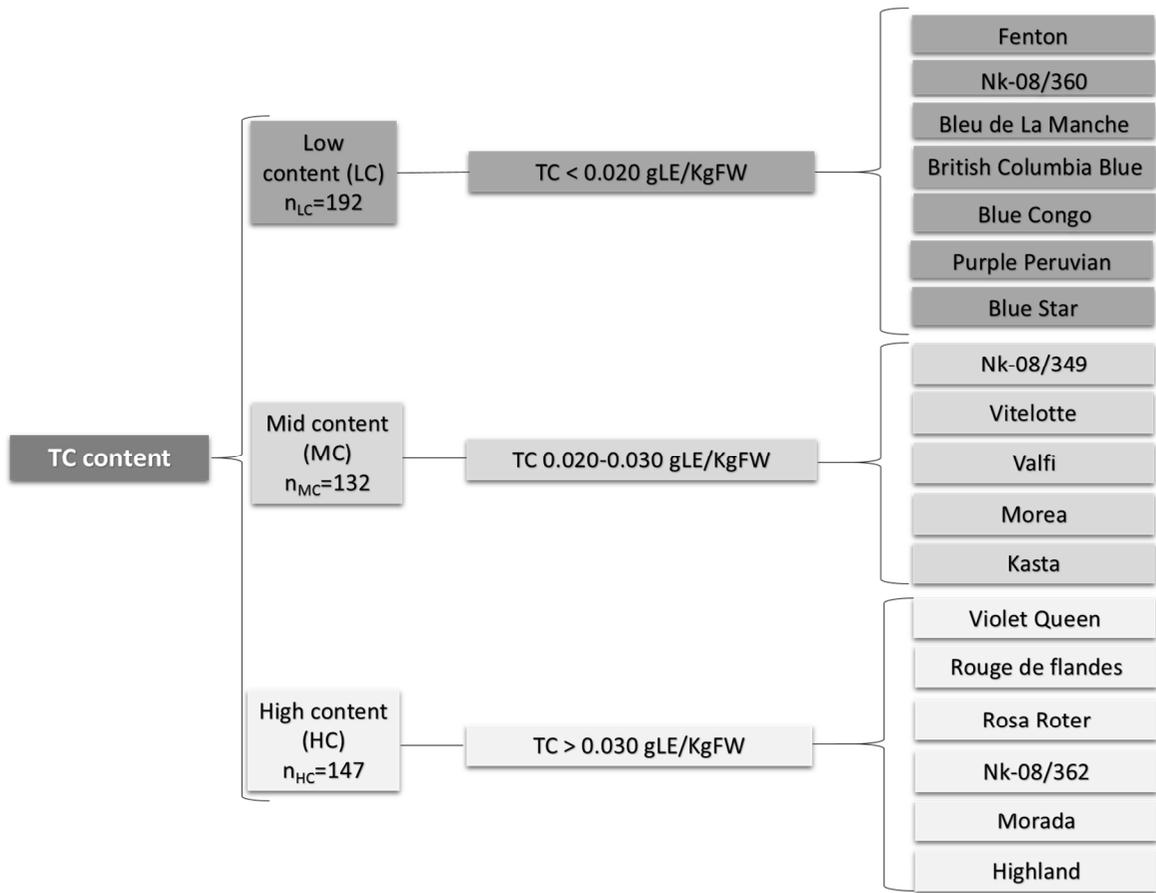


Fig.1

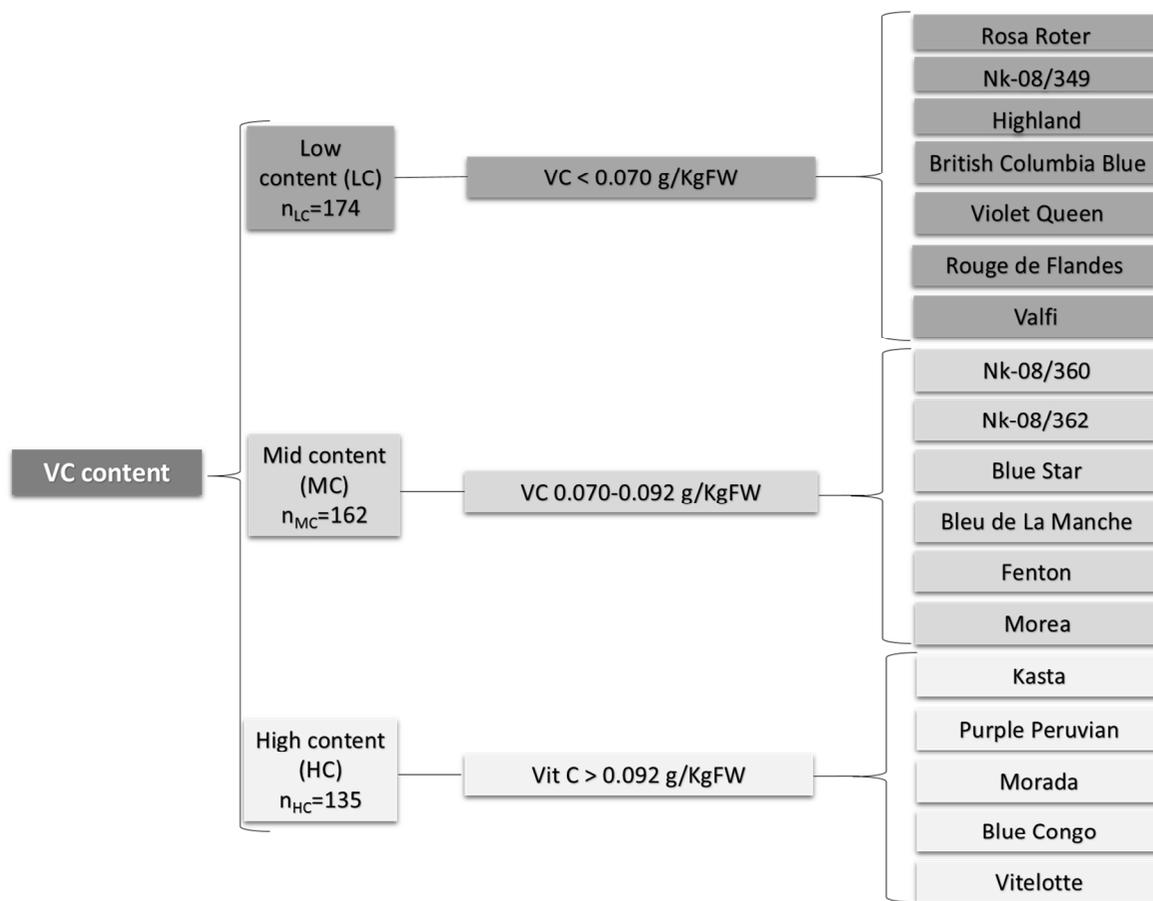
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843 Fig. 2

review

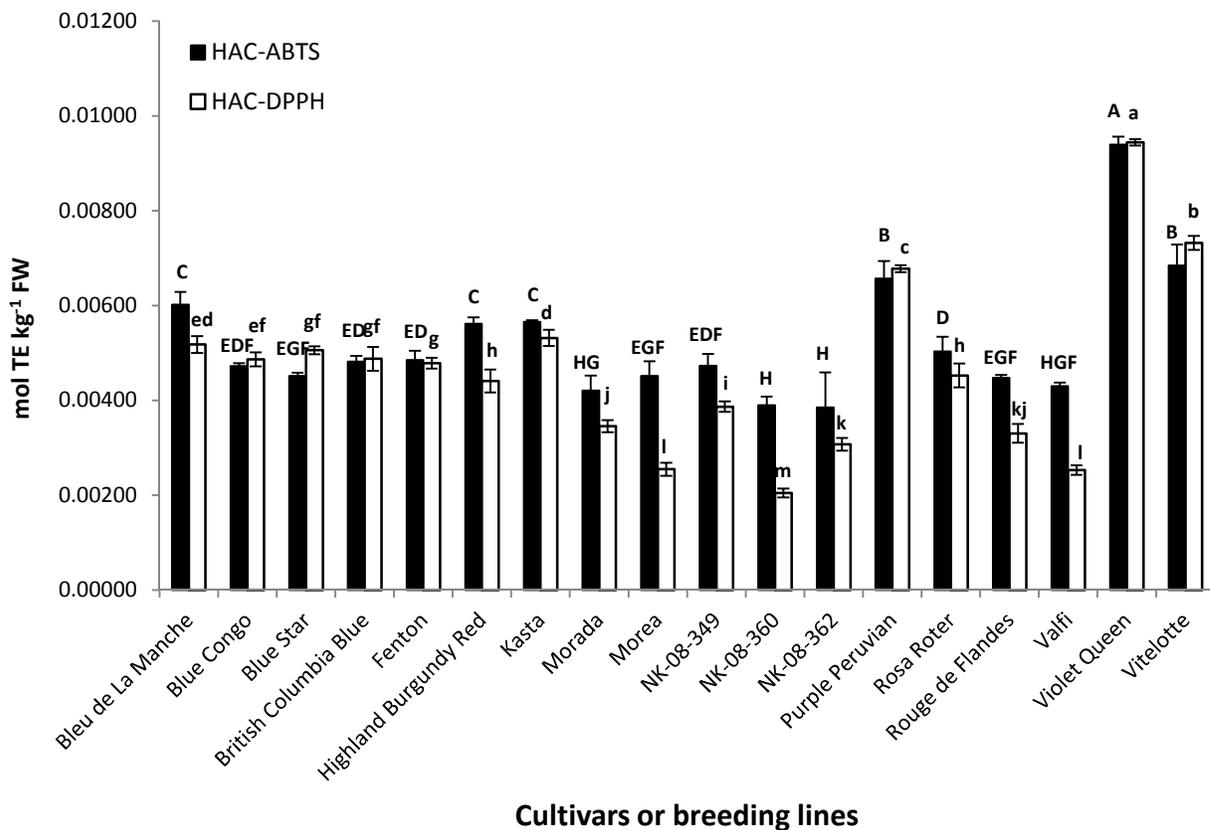


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846 Fig. 3

Review



Cultivars or breeding lines

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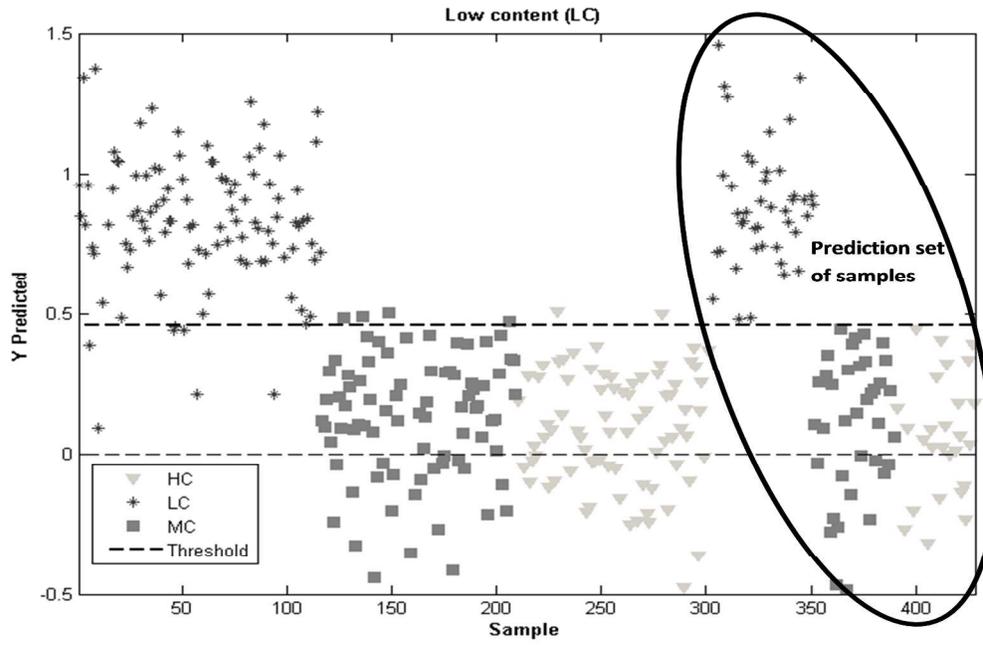
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850 Fig.4

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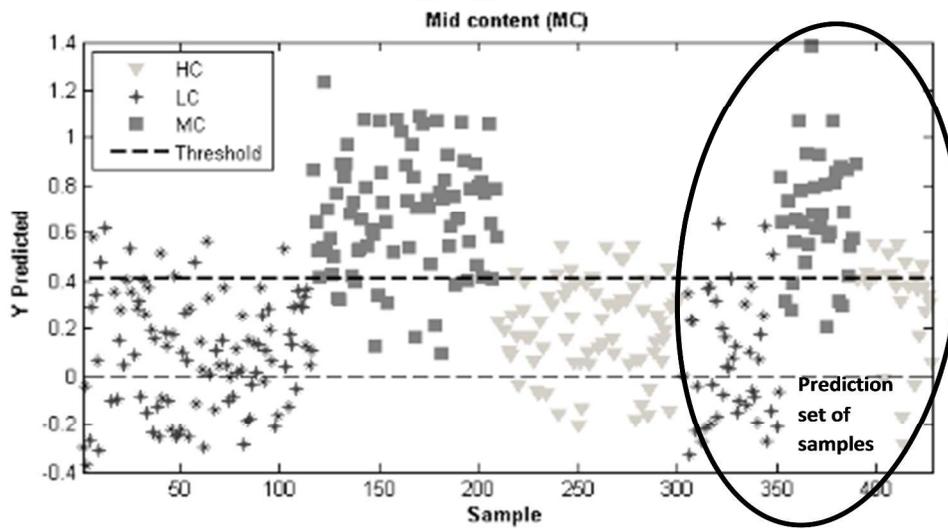
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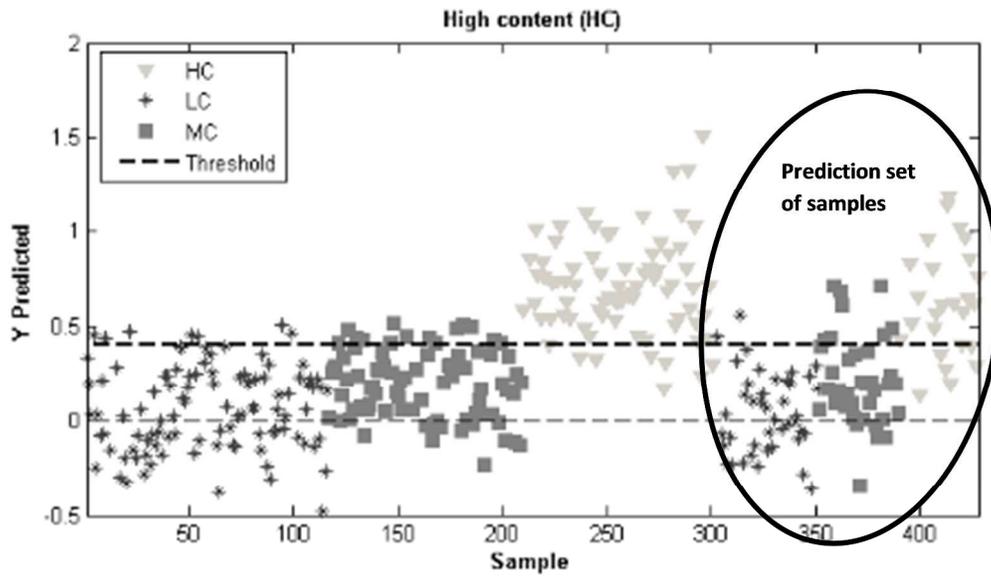
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860 Fig.5

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Peer Review