



Demographics and life-expectancy



Aged 60 and above

11.3%



Aged 80 and above





Life-expectancy at age 60

18.1 years



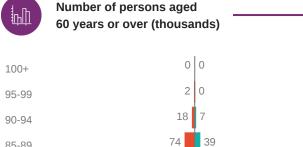
Healthy life-expectancy at age 60

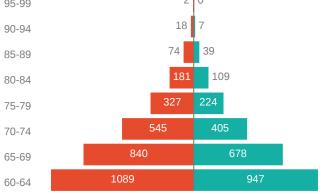
13.6 years

at age 60

Healthy-life expectancy

Data source: WHO - Global Health Estimates (GHE) (2019), UN Population Division (2024)





2020

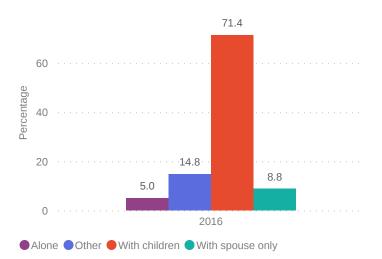
Data source: UN Population Division

2000 2005 2010 Year

Data source: WHO - Global Health Estimates (GHE)

Female Male

Living arrangements



Data source: UN Population Division

10

Years

Risk factors

Prevalence of insufficient physical activity in people aged 70 or over (latest data)



Male **14%**



22%

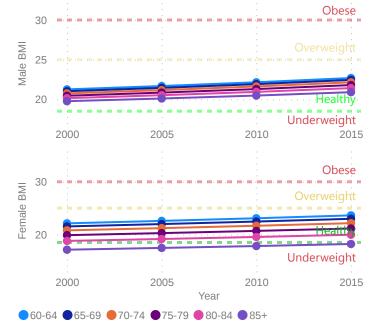
World Health

Organization

2015

2020

Body Mass Index (BMI) by age over time



Data source: NCD-RisC



Ageism

	Year	%
Crude prevalence of high ageist attitudes	roar	no data
Crude prevalence of moderate ageist attitudes		no data
Crude prevalence of low ageist attitudes		no data

Data source: Global Report on Ageism 2020

(https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7246680/)







Top 10 causes of death in older people and years lived with disability

Rank	Causes of death	Causes of years of healthy life lost due to disability
1	Cardiovascular diseases	Sense organ diseases
2	Stroke	Musculoskeletal diseases
3	Respiratory diseases	Diabetes mellitus
4	Haemorrhagic stroke	Respiratory diseases
5	Ischaemic heart disease	Other hearing loss
6	Malignant neoplasms	Cardiovascular diseases
7	Ischaemic stroke	Chronic obstructive pulmonary disease
8	Chronic obstructive pulmonary disease	Mental and substance use disorders
9	Diabetes mellitus	Back and neck pain
10	Infectious and parasitic diseases	Cataracts

Data source: WHO - Global Health Estimates (GHE) (2019)



Integrated Care for Older People

	Prevalence	and incidence of co	ommon health	conditions
Age Groups	Hearing loss*	Blindness and vision impairment*	Low back pain*	Falls**
60-64	56%	35%	15%	1927
65-69	65%	50%	17%	2237
70-74	72%	67%	18%	2612
75-79	79%	81%	20%	3880
80-84	82%	92%	24%	6054
85-89	81%	98%	26%	8136
90-94	80%	100%	25%	9401
95+	81%	100%	26%	10218

* Prevalence ** Incidence

Data source: IHME (2019)



Age-friendly cities and communities -

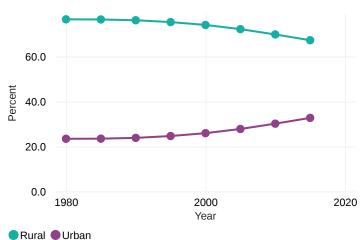
	Year	%
Percentage of older people living in age-friendly cities and communities		no data
Percentage of older people receiving pension	2020	14.9%
Percentage of older people active in labor market	2020	15.6%
Percentage of older people living in rural areas	2015	67.3%
Percentage of older people living in urban areas	2015	32.7%

More information: Age-friendly World

Data source: ILO, UN Population Division



Percentage of older people living in rural and urban areas



Data source: UN Population Division



Long-term care for older people

	Year	%
Percentage of older people receiving long-term care at long-time care facilities (aged 65 years or over)		no data
Percentage of older people receiving long-term care at home (aged 65 years or over)		no data
Number of formally employed LTC workers per 100 older persons (aged 65 years or over)		no data

Data source:









Sustainable Development Goals



Indicator -	Year	Both sexes	Female	Male
Proportion of persons above retirement age receiving a pension (SDG 1.3.1)	2020	14.9%	no data	no data

Data source: ILO



Indicator	Year	Age 60-64	Age 65-69	Age 70-74	Age 75-79	Age 80-84	Age 85-89	Age 90-94	Age 95+
Prevalence of anaemia in older people (SDG 2.2.3)	2019	30.2%	34.0%	38.3%	42.2%	46.0%	51.9%	50.3%	51.0%

Data source: IHME



Indicator	Year	Age 60-64	Age 65-69	Age 70-74	Age 75-79	Age 80-84	Age 85-89	Age 90-94	Age 95+
Incidence rate of acute hepatitis B in older people (per 100 000 population) (SDG 3.3.4)	2019	33201	29787	26079	22218	19495	17178	14514	11154
Incidence rate of tuberculosis in older people (per 100 000 population) (SDG 3.3.2)	2019	35585	35697	36385	38880	50895	60414	67935	70674
Suicide mortality rate (per 100 000 population) among older people (SDG 3.4.2)	2019	5	5	6	6	6	8	7	8

Data source: IHME



Indicator	Year	Both sexes	Female	Male
Labour force participation rate by older people (SDG 8.5)	2020	15.6%	7.8%	27.7%

Data source: ILO



Indicator	Year	Age 60-64	Age 65-69	Age 70-74	Age 75-79	Age 80-84	Age 85-89	Age 90-94	Age 95+
Proportion of older people who experienced any type of abuse (SDG 16.1.3)	no data	no data	no data	no data	no data	no data	no data	no data	no data

Data source:







(5)

National commitments

National communents	
Focal point on ageing and health in the ministry of health	Yes
National plans, policies or strategies on ageing and health	Yes
National multi-stakeholder forum or committee on ageing and health	Yes
National legislation and enforcement strategies against age-based discrimination	Yes
National legislation/regulations that provide older adults with access to assistive devices from the WHO Priority Assistive Product List	No
National programme to support activities in line with the WHO global Network for Age-friendly Cities and Communities	Yes
National policies in place to support comprehensive assessments of the health and social care needs for older people	No
Long-term care policy/plan/strategy/framework (stand-alone or integrated within an ageing and health plan)	No
Cross-sectional nationally representative, publicly available and anonymous individual level data on older persons and their health status and	needs No
Longitudinal nationally representative surveys (cohort) on older persons and their status and needs	No
Policy, legislation, strategy, or programme to support combating ageism	Yes
Human rights mechanisms dedicated to the promotion and protection of the rights of older persons	No
Specific legal, administrative, or other effective remedies to older persons who have been subject to discrimination	No
Contributing to the UN-Open ended working group on ageing	No Response
Implemented actions to support income generation activities for older persons	Yes
Provide out-patient-service free of charge in the public sector for older persons	Yes
Provide assistive devices and technologies free of charge in the public sector for older persons	Yes
Provide pharmaceutical products and/or other medical supplies free of charge in the public sector for older persons	Yes
Capacity-building plans to strengthen the geriatric and gerontology workforce	Yes
National guidelines for organizing geriatric care and training	No
National competency frameworks for geriatrics care workers	No
Programmes (in-person or online) available for caregivers of older persons	Yes
Policy, legislation, strategy, or programme to support the integration of palliative care services into the structure and financing of national health systems at all levels of care	hcare No
Availability of resources (human and finance) to implement actions on ageism	Very limited resources
Availability of resources (human and finance) to implement actions on age-friendly environment	Very limited resources
Availability of resources (human and finance) to implement actions on integration care for older persons	Very limited resources
Availability of resources (human and finance) to implement actions on long-term care for older persons	Very limited resources

Data source: WHO (2023)

