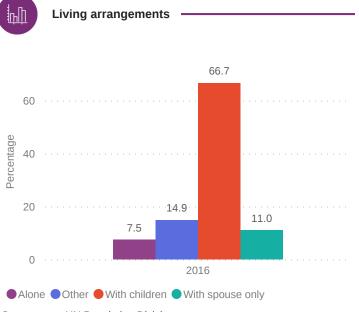


Data source: UN Population Division



Data source: UN Population Division

Ageism —		
	Year	%
Crude prevalence of high ageist attitudes		no data
Crude prevalence of moderate ageist attitudes		no data
Crude prevalence of low ageist attitudes		no data

Data source: Global Report on Ageism 2020

(https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7246680/)



Risk factors

Male

Data source: NCD-RisC

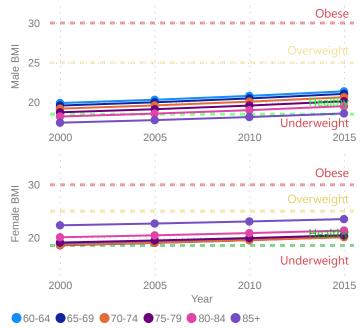
17%

(latest data)

600

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Data source: WHO - Global Health Estimates (GHE)



Prevalence of insufficient physical activity in people aged 70 or over

Female

39%

World Health Organization



Timor-Leste



Top 10 causes of death in older people and years lived with disability

Rank	Causes of death	Causes of years of healthy life lost due to disability
1	Cardiovascular diseases	Sense organ diseases
2	Stroke	Musculoskeletal diseases
3	Ischaemic heart disease	Cardiovascular diseases
4	Infectious and parasitic diseases	Diabetes mellitus
5	Haemorrhagic stroke	Other hearing loss
6	Tuberculosis	Other vision loss
7	Respiratory diseases	Stroke
8	Ischaemic stroke	Mental and substance use disorders
9	Malignant neoplasms	Back and neck pain
10	Chronic obstructive pulmonary disease	Uncorrected refractive errors

Data source: WHO - Global Health Estimates (GHE) (2019)

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Integrated Care for Older People

Prevalence and incidence of common health conditions

Age Groups ▲	Hearing loss*	Blindness and vision impairment*	Low back pain*	Falls**				
60-64	56%	37%	15%	1144				
65-69	64%	54%	17%	1309				
70-74	72%	72%	19%	1494				
75-79	79%	86%	21%	1991				
80-84	82%	95%	24%	2702				
85-89	81%	99%	26%	3451				
90-94	80%	100%	25%	3716				
95+	81%	100%	25%	4046				

* Prevalence ** Incidence

Data source: IHME (2019)

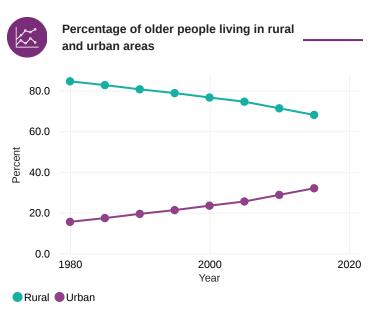


Age-friendly cities and communities -

	Year	%
Percentage of older people living in age-friendly		no data
cities and communities		no uata
Percentage of older people receiving pension	2020	100.0%
Percentage of older people active in labor market	2021	24.2%
Percentage of older people living in rural areas	2015	68.0%
Percentage of older people living in urban areas	2015	32.0%

More information: Age-friendly World

Data source: ILO, UN Population Division



Data source: UN Population Division



Long-term care for older people —

	Year	%
Percentage of older people receiving long-term care at long-time care facilities (aged 65 years or over)		no data
Percentage of older people receiving long-term care at home (aged 65 years or over)		no data
Number of formally employed LTC workers per 100 older persons (aged 65 years or over)		no data

Data source:









Both sexes Indicator Female Male Year Proportion of persons above retirement age receiving a pension (SDG 1.3.1) 100.0% 2020 100.0% 100.0% M Ni

Data source: ILO



NO Poverty

Indicator	Year	Age 60-64	Age 65-69	Age 70-74	Age 75-79	Age 80-84	Age 85-89	Age 90-94	Age 95+
Prevalence of anaemia in older people (SDG 2.2.3)	2019	26.6%	33.8%	39.0%	43.2%	47.3%	53.5%	52.5%	54.7%
Data source: IHME									



Indicator	Year	Age 60-64	Age 65-69	Age 70-74	Age 75-79	Age 80-84	Age 85-89	Age 90-94	Age 95+
Incidence rate of acute hepatitis B in older people (per 100 000 population) (SDG 3.3.4)	2019	81014	73678	67011	59890	54327	49270	44440	39241
Incidence rate of tuberculosis in older people (per 100 000 population) (SDG 3.3.2)	2019	26850	27314	27950	29930	39797	48124	58121	65646
Suicide mortality rate (per 100 000 population) among older people (SDG 3.4.2)	2019	9	10	12	13	16	20	21	34

Data source: IHME

id Th	Indicator	Year	Both sexes	Female	Male
	Labour force participation rate by older people (SDG 8.5)	2021	24.2%	20.8%	27.7%

Data source: ILO



Indicator	Year	Age 60-64	Age 65-69	Age 70-74	Age 75-79	Age 80-84	Age 85-89	Age 90-94	Age 95+
Proportion of older people who experienced any type of abuse (SDG 16.1.3)	no data	no data	no data	no data	no data	no data	no data	no data	no data

Data source:







National commitments

53

Focal point on ageing and health in the ministry of health	Yes
National plans, policies or strategies on ageing and health	Yes
National multi-stakeholder forum or committee on ageing and health	Yes
National legislation and enforcement strategies against age-based discrimination	Yes
National legislation/regulations that provide older adults with access to assistive devices from the WHO Priority Assistive Product List	Yes
National programme to support activities in line with the WHO global Network for Age-friendly Cities and Communities	No
National policies in place to support comprehensive assessments of the health and social care needs for older people	Yes
Long-term care policy/plan/strategy/framework (stand-alone or integrated within an ageing and health plan)	No
Cross-sectional nationally representative, publicly available and anonymous individual level data on older persons and their health status and nee	ds No
Longitudinal nationally representative surveys (cohort) on older persons and their status and needs	No
Policy, legislation, strategy, or programme to support combating ageism	Yes
Human rights mechanisms dedicated to the promotion and protection of the rights of older persons	Yes
Specific legal, administrative, or other effective remedies to older persons who have been subject to discrimination	Yes
Contributing to the UN-Open ended working group on ageing	No
Implemented actions to support income generation activities for older persons	Yes
Provide out-patient-service free of charge in the public sector for older persons	Yes
Provide assistive devices and technologies free of charge in the public sector for older persons	Yes
Provide pharmaceutical products and/or other medical supplies free of charge in the public sector for older persons	Yes
Capacity-building plans to strengthen the geriatric and gerontology workforce	No
National guidelines for organizing geriatric care and training	No
National competency frameworks for geriatrics care workers	No
Programmes (in-person or online) available for caregivers of older persons	Yes
Policy, legislation, strategy, or programme to support the integration of palliative care services into the structure and financing of national healthca systems at all levels of care	re Yes
Availability of resources (human and finance) to implement actions on ageism	Limited resources
Availability of resources (human and finance) to implement actions on age-friendly environment	Limited resources
Availability of resources (human and finance) to implement actions on integration care for older persons	Limited resources
Availability of resources (human and finance) to implement actions on long-term care for older persons	ery limited resources

