

SUPPLEMENTARY INFORMATION, Table 1 | **Summary of main lipoprotein classes**

| Lipoprotein Class | Triglyceride (% by weight) | Phospholipid (% by weight) | Free cholesterol (% by weight) | Esterified cholesterol (% by weight) | Protein (% by weight) | Main apolipoproteins |
|--------------------------|-----------------------------------|-----------------------------------|---------------------------------------|---------------------------------------------|------------------------------|-------------------------------------------|
| Chylomicrons | 80 - 95 | 3 - 6 | 1 – 3 | 2 - 4 | 1 - 2 | A-I, A-IV, A-V; B-48, C-I, C-II, C-III, E |
| VLDL | 45 - 65 | 15 - 20 | 4 – 8 | 16 - 22 | 6 - 10 | B-100, E, C-I, C-II, C-III |
| LDL | 4 - 8 | 18 - 24 | 6 – 8 | 45 - 50 | 18 - 22 | B-100 |
| HDL | 2 - 7 | 26 - 32 | 3 – 5 | 15 - 20 | 45 - 55 | A-I, A-II, E |

VLDL, very low density lipoprotein; LDL, low density lipoprotein; HDL, high density lipoprotein.