

to Surveys of Sexual and **Gender Minorities:** 

Report of Meeting, Kathmandu, Nepal



**Andrew Park** March 2015

#### An Inclusive Approach to Surveys of Sexual and Gender Minorities: Report of Meeting, Kathmandu, Nepal

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March 2015
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#### I. BACKGROUND

This report summarizes the presentations and discussions at a meeting of researchers, advocates and officials from intergovernmental agencies held in Kathmandu, Nepal on November 20 – 21, 2014. The meeting had two purposes: First, to review the methodology and findings of a survey of a sample of sexual and gender minorities in Nepal undertaken by the Williams Institute and Blue Diamond Society. That study, *Surveying Nepal's Sexual and Gender Minorities: An Inclusive Approach*, was jointly issued by the Williams Institute, the Blue Diamond Society, and the United Nations Development Programme in October, 2014. Second, the meeting featured discussions on the general need for additional research and the potential uses for existing and new research.

The meeting's discussions included several presentations and updates of ongoing research in Nepal, India, Pakistan, Sri Lanka, and Bangladesh – including purposes for the research projects, methodologies used, and strengths and weaknesses of each approach. Though the discussions of general research principles are referenced in this report, specific information about other research projects is not included. Rather, readers should refer to the list of attendees and the section of additional references.

The information presented at the meeting can inform the process of crafting survey instruments, gathering data, and conducting research focused on sexual and gender minority populations around the world. This report is intended to be a reference for NGOs, researchers, government demography and statistics departments, and advocates who may be considering or participating in the process of crafting survey instruments and conducting research that accurately and sensitively capture meaningful data about sexual orientation and gender identity.

Throughout this report we refer to "LGBT" populations as well as "sexual and gender minorities" understanding that the terms often overlap but are not perfectly interchangeable. We use these terms because they refer to the population in question in that they indicate people whose sexual orientation and/or gender identity is an aspect of their life that the methodology presented herein is intended to measure. In that sense, our usage is similar to the use of "LGBT human rights" to indicate human rights abuses and campaigns that relate to people who experience human rights violations as a result of their real or perceived sexual orientation or gender identity.

#### A. Deeper Understanding of Sexual Orientation and Gender Identity.

In most places throughout the world, there has been very little quantitative research about the lived experience of LGBT people. Policy makers and advocates often operate without reliable information about important aspects of the lives of LGBT people includingsocio-economic status, educational attainment, patterns of exclusion from employment, housing, and healthcare institutions, ability to participate in civic institutions, and rates of parenting and caregiving.

In general, very few demographic surveys, including most national censuses, attempt to measure the sexual orientation or gender identity of respondents. As a consequence, a significant gap in information exists. National and cultural differences in how sexuality and gender are understood underscore the need to understand SOGI in specific contexts. During the meeting the participants identified a number of needs that have arisen in their work with LGBT populations.

#### 1. Demonstrating that LGBT people exist.

This might seem like a simple task, but often governments, donors, and other influential people and organizations like to see numbers before they "believe" a certain population exists. Rigorous survey data and empirical research can serve this purpose, and take it to the next step: demonstrating that not only does this population exist, but it has specific needs, attributes, vulnerabilities, and experiences. Surveys and empirical research can increase the visibility of LGBT people and convince skeptical policymakers.

#### 2. Documentation of LGBT lives.

Meeting participants expressed the need to understand basic aspects of LGBT people in their region. Surveys and empirical research can help document and quantify experiences in a way that anecdotal stories and interviews often are not able to capture. Many participants noted that policy and programs are often based on assumptions about LGBT people but that clear data to confirm such assumptions would strengthen — and possibly change — the activities of governments and NGOs in terms of both advocacy and service provision. For example, some specific items of interest included:

- Information about family of origin and reasons for family rejection.
- Place of birth, migration, and participation in migrant work patterns
- How the lives of LGBT people are affected by growing older. Do LGBT elders experience different levels of well-being, sexual activity, income, family violence? What support structures do LGBT elders use?
- How do the lives of LGBT people in rural areas differ from those in urban areas?

#### 3. Formation of LGBT self-identity and community.

Meeting participants wanted to understand how LGBT people formed their own identity. For example, why and when did individuals start identifying themselves with a particular term such as gay, third gender, or MSM.. Additionally, how do individuals perceive their community, where do they receive support, and who do they trust? Some participants wanted to understand how individuals perceive and define sex, friendship, relationships, and romantic attachment.

#### 4. Preferences of LGBT people.

In order to understand whether LGBT people are able to live the life of their choice, we must first understand what kinds of lives are desired by LGBT people. Meeting participants expressed a need to better understand the life choices of LGBT people. For example, with regard to gender documentation, meeting participants wanted to be able to know what kind of documentation was desired by transgender people and what identity labels were preferred. Where transgender people had not sought such documentation, why not?

#### 5. Understanding stigma and exclusion.

Surveys and empirical research can help identify how, and the extent to which, stigma and discrimination impacts LGBT people. Meeting participants particularly noted the need for information in several aspects of life:

- Family, intimate partner and household violence
- Exclusion by government entities, police, social service agencies
- Exclusion in schools
- Exclusion in public places, public transportation, shops and stores.
- Exclusion in the workplace.

Meeting attendees noted that very little data exists about LGBT workers, patterns of exclusion and opportunity and income levels. Surveys and empirical research focused LGBT people can help identify connections between the experience of prejudice and physical and mental well-being. Meeting attendees wanted to understand the extent to which the experience and expectation of prejudice led to stress, depression, substance use and other mental health issues. Data about coping, social support and resilience were also desired.

#### 6. Defeating negative myths and stereotypes.

Beliefs about LGBT people can be based on stereotypes. For example, in some places LGBT people are thought of as urban, suffering from mental illness, only men, wealthy, and all HIV positive. These myths can be used by the highest level of policymakers in perpetuating discrimination or violence against sexual and gender minorities. Data can help counter these myths and stereotypes. Meeting attendees focused on the increasingly prevalent "myth of affluence" of LGBT people, and discussed how the belief that LGBT people are wealthy is impacting court decisions, encouraging political backlash, and discouraging funding for LGBT isssues. Socio-economic data about LGBT people are needed to combat this and other myths.

#### 7. Measure the existence of stigma.

Public Opinion surveys can identify the existence of prejudice in the hearts and minds of the general population. Presentations at the meeting reviewed some data that identified patterns of belief that LGBT people were not considered good workers, neighbors or politicans. Public opinion data can help identify motivations and mental frameworks which give rise to discriminatory acts, and can offer guidance as to what kinds of public education approaches might change public attitudes.

#### 8. Assessment of community organizations and government institutions.

Survey data and empirical research can expand what LGBT organizations know about the effectiveness of their programs and interventions. Even LGBT organizations working for the welfare of the communities they serve can hold incorrect assumptions about who their constituents are and what they need. Empirical research can correct or verify those assumptions and allow organizations to better tailor their approach by demonstrating the characteristics and needs of the constituent population in question. Attendees also expressed a strong desire to understand, when LGBT experienced discrimination, whether and how they resolved issues in the context of police, courts, national human rights institutions or other components of justice systems.

#### 9. Civic participation.

Meeting participants also noted a need for research to measure and improve voting, engagement in politics and civic institutions. Voting, political organizing, and seeking to advance individual claims of discrimination are some of the ways that minority groups seek policies that address their needs. Survey data and empirical research can indicate the extent to which sexual and gender minorities participate, and expose potential barriers to accessing civic and political intuitions. It was also discussed that when LGBT people do not report experiences of abuse or discrimination (as the results of the Nepal survey indicates), it is important for LGBT organizations to understand why – and target future programming effectively to fill that gap.

#### 10. Informing policy discussions.

From situations where LGBT rights issues are at the forefront of political debates to situations where LGBT-specific policy discussions are muted or unlikely to take center stage in the near future, collecting accurate data conducting rigorous empirical research about the LGBT population can inform a wide range of policy debates and discussions by providing information about population size, characteristics, trends, and needs.

#### 11. Attracting donor attention.

Much LGBT protection and advocacy work is funded by philanthropic foundations, bilateral donors, or international mechanisms such as the United Nations. By gathering data about the LGBT population, advocates can be better equipped to advocate that issues related to LGBT people should be a priority for funders.

#### B. The Need for a Survey in Nepal

The 2011 Nepal Population and Housing Census made the first attempt by any national government to count its people by three genders – male, female and third gender. The survey was Nepal's first attempt to count its population since the fall of a Hindu monarchy and a resolution of conflict with Maoist rebels. Inclusion of third gender people in the census was part of a general attempt to include minorities in the newly formed Nepali political system.

In June of 2011, 40,000 school teachers hired as enumerators set out across the country to record information on a household listing form that showed gender options "male," "female," and "third gender." However, due to challenges during data collection and analysis, the census failed to capture very accurate data about those who identified as third gender.

Part of the problem was systematic as the enumerator guide book lacked any definition of third gender and training programs to sensitize enumerators to the term and concept were ad hoc and had limited reach. Part of the problem was also conceptual. While "third gender" is often (colloquially and symbolically) used as an umbrella term to refer to sexual and gender minorities in Nepal, there are many Nepali identities that are unique to local understandings and experiences that may or may not be considered third gender and do not fall discretely or solely under sexual orientation or gender identity concepts or legal regimes. The Nepali phrase "third gender" is the common translation for the English word "transgender," which is itself an umbrella term. When census results were published in Nepal, data were reported on male and female genders only. Officials cited technological difficulties with software programs that only allowed accounting for two genders. Due to extensive advocacy by LGBTI rights activists in Nepal, the inclusion of the third gender category on the census documents also provided a unique opportunity to examine what it means to include people with diverse sexual and gender identities on survey instruments and in data sets.

#### III. CHOOSING METHODS AND GOALS

Social scientists can employ many different empirical methods in their research. Surveys are one approach to gaining a better understanding of particular populations, but a wide range of both quantitative and qualitative research methodologies are usually necessary to a full understanding of the many issues facing LGBT populations. Population-based survey research can be an important tool in helping to quantify characteristics of and issues faced by LGBT populations. But purposive surveys targeting very specific populations and various qualitative research methodologies can allow for fuller and more nuanced understandings of issues (like experiences of discrimination) that can sometimes be difficult to capture in a few survey questions designed for a broad population.

A wide range of methods are available for survey design and implementation. Selecting appropriate methods that maximize the ability to efficiently collect accurate and meaningful data represents a critical part of all survey research endeavors. It is important to consider a number of content and logistical questions at the beginning of the research process.

- What do you already know about the LGBT population that you want to study? And how do you know it?
- What do you want to know about the LGBT population? What questions do you want to answer?
- How do you want to use the survey results? Do you have any specific goals to accomplish with the information you gather and analyze?
- Who is your audience for the survey results and what are their expectations?

The design of the survey needs to be based on a clear understanding of the purpose and proposed use of the survey from the beginning. Understanding these points helps to define the scope of the survey, choose appropriate language, and determine important factors like needed sample size and participant recruitment techniques. For example, one issue discussed in the meeting was the process of selecting key respondents who can help to attract other respondents to participate in a survey. This technique, known as snowball sampling, can require careful planning to ensure that these key respondents represent or have access to a wide cross-section of the population of interest.

However, researchers also know that, when designing a survey, attempts to capture information about every member of the community and anticipate every permutation of the dynamic being studied can lead to an unwieldy data collection process and difficulties in interpreting and drawing conclusions from survey data analysis. Using a single survey to capture views of all members of the LGBT community and nuance around the many difficult issues they face may not be possible, or even desirable.

#### IV. ETHICAL RESEARCH PROTOCOLS

Social and behavioral research may carry risks of harm to subjects related to psychological wellbeing, violations of autonomy and privacy, and reputational damage. Most academic institutions and research organizations that conduct research on human subjects have Institutional Review Boards, which review study protocols to ensure that risks to research subjects and minimized and appropriate given possible benefits of the research. There are some general guiding principles that should be at the core of research that involves human subjects:

- Individuals must be given the choice whether to participate in research or not, and they must be provided with sufficient information about the study and security protocols and possess the mental competence to make an informed choice.
- Researchers should also ask child subjects, just like all subjects, for their assent
  by explaining the study in terms they can understand. Some researchers
  favored a requirement to get approval from parents or guardians before
  involving children in research. Others pointed out that such a policy can make it
  impossible to access minors who are living in families hostile to their sexuality or
  gender status, or living in stealth because of a fear in promoting such hostility.
  One researcher related one instance of having obtained a waiver to such a
  policy on the condition of additional privacy and other protections for the study
  participants.
- Participants must be free to choose to participate in research and to end their participation for any reason, without consequences.

Depending on the country or legal jurisdiction in which a survey is being conducted, researchers must consider the degree to which survey topics include activities that are illegal or highly stigmatized or both. Gathering information about violations of the law, while important for some analyses, can also put respondents and researchers at risk. Careful attention should be paid to what kinds of information will be recorded from a survey, where and how data are recorded (including risks associated with identifying participants), and how data will be safely and confidentially stored after they are collected.

#### A. Dimensions of Sexual Orientation and Gender Identity.

Sexual orientation and gender identity represent a complexity of interactions involving personal identities, behaviors, and psychological processes. One of the most widely used definitions of sexual orientation is that set out in the Yogyakarta Principles:

Sexual orientation is understood to refer to each person's capacity for profound emotional, affectional and sexual attraction to, and intimate and sexual relations with, individuals of a different gender or the same gender or more than one gender.

Though this definition was adopted by the Nepal Supreme Court, and by many other bodies, it does not characterize people or experiences in a way that may be simple to capture on a single or even a few survey questions. Researchers often divide sexual orientation into three major dimensions:

- 1. Self-identification: how one identifies one's sexual orientation (e.g., gay, lesbian, bisexual, or heterosexual).
- 2. Behavior: whether one has sex with partners of the same gender or with different genders.
- 3. Attraction: whether one is attracted to individuals of the same or different genders.

Separate measurement of these distinctive dimensions of sexual orientation yields potentially very different samples of individuals who could be classified into various sexual orientations. Identities, behaviors and attractions are not always congruent. For example, lesbian-identified women may also report having sex with men and bisexual men may report only have sex with women. Some respondents who identify as heterosexual may report being attracted to people of the same gender. Researchers should carefully consider the dimension of sexual orientation that is most important to capture in their surveys and take care to be clear about what criteria are being used to classify individuals into particular sexual orientations.

Meeting participants noted that the design of a survey may require decisions about the types and the thresholds for behaviors being recorded. What qualifies as sex? Who engages in what sexual behaviors, how frequently, and how recently? The survey design process should consider the utility of collecting data to measure the various aspects of sexual orientation and gender identity and develop a clear understanding of the research motivations that underlie these decisions. .

The concept of Gender Identity poses similar challenges. The Yogyakarta Principles provide a definition:

Gender identity is a person's deeply felt internal and individual experience of gender, which may or may not correspond with the sex assigned at birth, including the personal sense of the body (which may involve, if freely chosen, modification of bodily appearance or function by medical, surgical or other means) and other expressions of gender, including dress, speech and mannerisms.

None of the elements contained in this definition, one's self-identity, one's body, and expressive behavior, are static. Given that, those designing a survey must choose which element or elements to rely on to delineate gender identity. Are there distinguishing characteristics that delineate the relevant transgender population? Is that characteristic the identity term used by transgender people to refer to themselves? Is it whether someone has undergone surgical or medical interventions associated with gender identity? Is it how someone who expresses non-conforming gender through clothing and general appearance?

Participants noted that the Supreme Court of Nepal characterized gender identity as being based on "self-feeling," and thus an individual could make that decision themselves. A "two-step" approach to gender identity separately measure a respondent's sex assigned at birth (often by asking what sex was recorded on an original birth certificate or other official document) and how individuals currently identify their gender. The later measurement would include options to simply identify as male or female but may also include options like third gender, transgender, or transsexual. In addition to capturing individuals who use gender identity terms like transgender or third gender, this approach also allows for the identification of gender minorities who may primarily identify as male or female but whose sex assigned at birth differs from that identity.

#### B. Limitations of the SOGI framework.

The SOGI framework, which has been popularized in the sphere of international human rights advocacy, assumes that each person has a sexual orientation, and separately, a gender identity, as if each operates on a separate definition axis. However, communities exist around that world who refer to sexual and gender identities using concepts which operate along a single axis. As one participant in the conference stated, if you ask a hijra "what is your sexual orientation?" they might respond "hijra." And if you ask them "what is your gender identity?" they might also respond "hijra." For that hijra, the separate distinctions of sexual orientation and gender identity may not apply. In addition, these identities may invoke a variety of additional elements such as ancestral or spiritual ties, cultural roles, ethnic traits, and socio-economic status. To continue the example, hijra may also be the identity that describes religion and caste<sup>1</sup> as well as sexual orientation and gender identity. Identities such as the travesti in South America, the kathoey in Thailand, the Zanana of Pakistan, the meti in Nepal, and two-spirit in Native American cultures present similar complexities. Such complexities do not, however, mean the population cannot be measured. Instead, researchers should be sensitive to local identities and SOGI constructs in survey and research design.

#### C. Self-designated versus assigned identities.

Members of sexual and gender minority communities may employ terms to refer each other even though those terms are not used by individual members of the community to identify themselves. For example, in some parts of South Asia, the identity term "Panthi" is assigned to someone by virtue of the fact that they have sex with someone who identifies as "Kothi." A related example is the term MSM (man who has sex with men) which has been used by community based organizations to refer to a certain population based on sexual behavior regardless of whether individuals in that population use MSM to refer to themselves. A Panthi or an MSM may, or may not, adopt those terms to refer to

<sup>&</sup>lt;sup>1</sup> Among the participants there were many different views on the meaning of hijra.

themselves. These assigned terms are useful in describing the lived experience of members of the community. However, if research tools are based on self-designated of identities, it is important to understand the extent to which certain terms are assigned versus those which are self-designated.

#### D. Multiple SOGI identities.

Gender and sexual minorities may identify with multiple identities. For instance, some may feel that, in any given moment, they strongly identify with more than one term. Still others may live their life as one identity in one context and another identify in another. If the goal of the survey is to better understand discrimination faced by individuals, and patterns of exclusion which exists in certain sectors of civil society, then the survey may need to account for the operation of multiple identities.

For example, one common form of discrimination in Southern Asian communities involves public transportation. One meeting participant related the story of an HIV outreach worker who uses public transportation on a daily basis.

At work, Geeta adopts a feminine identity and identifies as meti, though at home, she expresses the male gender she was assigned at birth. When she travels between home and work she uses public transportation that has gender-segregated (male/female) seating for an hour-long journey. She has relatively short hair, and cultural norms dictate that women have long hair, and in certain situations make-up and breasts. If between the time she leaves home she is able to find a safe space to change her clothing, hair and make-up from culturally "male" to culturally "female," she may be perceived by others on the bus as female and therefore be allowed, without much interference, to sit with the women. However, she may ride the bus as a male, and have a completely different experience.

If a survey or research project seeks to understand her experience of public transportation, it must somehow account for the multiple identities that she employs throughout her day, and the possibility that specific instances of abuse or discrimination she reports took place when her perceived SOGI may have been quite different from her internal identity.

Approximately one year after the conclusion of the government's analysis of the 2011 census, The Williams Institute of UCLA, in partnership with the Blue Diamond Society, a Nepali sexual health and rights organization, began the process to design and implement a survey to identify best practices for gathering data about sexual and gender minorities in Nepal. Through a series of consultations, revisions, and practice tests, the team debated appropriate depth, breadth, terminology, and methodology for such a survey to capture meaningful information while maintaining translatable methodological rigor.

The resulting survey instrument focused on four key areas: demographics and socio-economic status, self-identification with sexual orientation and gender identity terms, experiences of discrimination, and access to HIV services. These areas encompass meaningful data about the lives of sexual and gender minority populations in Nepal and provide future census (and other survey) designers with a model of survey questions that can accurately reflect and include sexual and gender minorities and their life experiences in Nepal.

The partnership began with extensive discussions about what kinds of information should be gathered. Skeleton drafts of a survey instrument were crafted around the basic research themes: socio-economic status, experiences of discrimination, and access to HIV services – as well as the relationship among these elements. Questions were borrowed from a range of surveys conducted both in Nepal and among LGBT populations elsewhere in the world.<sup>2</sup> A series of consultations with partners in Nepal, and extensive and repeated engagements with a professional translator led to several revisions of the survey instrument focused on details regarding phrasing, order of questions, relevance of the information gathered, and clarity.

Five team leaders underwent training to then train and supervise 45 survey administrators who conducted surveys with 1,178 respondents across the five development regions of Nepal over the course of a month. Information from paper surveys was then entered into an electronic database and "cleaned" by Williams Institute researchers in consultation with Nepali partners. Cleaning involved fixing clerical errors, such as misspellings, and coding qualitative information into discrete and quantifiable concepts – such as translating narrative experiences of reporting discrimination into a discrete set of types of experiences so that patterns could be identified and quantified.

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<sup>&</sup>lt;sup>2</sup> The survey attempted to replicate the use of questions from other surveys in anticipation of the possibility of comparing data across surveys. For example, questions regarding gender identity were taken from the National Transgender Discrimination Survey, questions about income, housing, employment were taken from the Nepal Living Standards Survey and the Nepal Census, questions about attraction and sexual behavior were taken from recommendations made by an expert panel convened by the Williams Institute called the Sexual Minority Assessment and Research Team (SMART), questions about experiences of discrimination were taken from the General Social Survey and the Regional National Human Rights Institution Project – Inclusion, the Right to Health and Sexual Orientation and Gender Identity: Community Survey.

The final study had a sample size of 1,178 respondents. The data have been translated by BDS "team leaders" and entered into SurveyMonkey software in Nepal. Researchers at the Williams Institute have downloaded the data and analyses were conducted using statistical software.

#### A. Identity Questions

#### 1. Self-designation of identity.

The Nepal study was based on the need to understand how individuals identified their own sexual orientation and gender identity. The experience with the census revealed that unless the census included terms with which respondents identified, it would not be an effective tool in capturing information about all respondents who may be sexual or gender minorities. Thus, the survey was structured to permit respondents to designate their own identity as opposed to having identity assigned based exclusively on particular identity terms.

The tension between an individual's self-designated identity and commonly used identity terms was illustrated by a presentation at the meeting which recounted a conversation which took place during a Williams Institute training seminar in Nepal between a Williams Institute researcher and survey interviewer.

Interviewer: "On the survey, if a transgender woman says she is having sex with men, can she list her identity as heterosexual?"

Williams Institute: "Her identity should be recorded as she expresses it to the interviewer, including if she says 'heterosexual'."

Interviewer: "But transgender women are having anal sex with men which is homosexual risk behavior so how can they be heterosexual?"

Williams Institute: "This is why we are asking different questions about sexual orientation and gender identity – it requires more than one piece of information to understand the identity, behavior, and attraction elements of a person's sexuality. When we ask questions about identity, this is why we list multiple terms and allow people to choose more than one. When we ask about behavior, this is why we ask them to identify the different identity categories of the people they have had sex with. And when we ask about attraction, we do the same – listing the same categories. It's important to ask all of these and encourage respondents to answer each of the three questions with regards to specifically what it is being asked. Just because there are assumptions that identity terms correspond to certain behaviors or attractions does not mean that is always true. If a respondent identifies as a transgender woman and reports having sex with men, and also identifies as heterosexual, that is what needs to be recorded.

As the conversation above illustrates, some people associate certain sex acts with certain identity categories – to the point of understanding the identities as discrete or exclusive. It is important that the survey instrument and associated training program make it clear how each aspect of identity is being measured. Respondents need to have the opportunity to respond to all of the questions accurately

about their own lives regardless of whether these patterns "make sense" to interviewers or assumed cultural norms.

Indeed, in the Nepal survey, some of the data reveals that patterns of sexual attraction cross the lines of assumptions that go with identity categories. For example, while 95.9% of the respondents in the group that identified most strongly with "Gay" reported attraction to males, 33.1% also reported attraction to females. In a group of Males that most strongly identified as heterosexual and bisexual, 63% reported they were attracted to *Metis*, a Nepali term for people assigned male at birth who have a feminine gender identity, 57.1% reported attraction to *Kothis*, a term similar to *Meti*, and 48.6% reported attraction to other Males.

#### 2. Multiple and Intersecting Identities.

The survey instrument featured a question about sexual orientation and gender identity that was designed to measure the degrees to which respondents identified with a series of terms, and then a subsequent open-ended write- in question about preferred identity terms. This method permitted respondents to express multiple identities. Those questions appeared in the survey instrument as follows:

There are many terms people use to identify their sexual orientation and gender identity. Now I am going to read some terms to you and I'd like to know to which degree do the following terms apply to you? For each term you must answer "not at all" "somewhat" or "strongly" (circle answers)

Meti not at all	somewhat	strongly			
Та					
not at all	somewhat	strongly			
Kothi					
not at all	somewhat	strongly			
Panthi					
not at all	somewhat	strongly			
Hijara					
not at all	somewhat	strongly			
Fulumulu					
not at all	somewhat	strongly			
Transgende	er				
_	somewhat	strongly			
Gay or lesbian					
-	somewhat	strongly			
Heterosexu	Heterosexual or straight				
	somewhat	strongly			

	Bisexual not at all	somewhat	strongly
What is the primary term you		r to your	
sexual orientation/gender ident	ity?		

The issue of structuring the survey to permit multiple identities was deliberate, but not without contestation. During the meeting, one of the researchers who helped develop the survey related the following exchange which arose during one of the community meetings held during the preparation of the survey.

A BDS staff member who identifies as third gender raised an issue about the question on the survey that asked respondents to self-identify with a range of terms on a sliding scale for each one. The instructions for survey administrators were to read each of the terms and then ask for each how the respondent identified – not at all, somewhat, or strongly. The staff member asked: "Once someone answers positively [meaning strongly-identifying] with a term, we can move to the next question. People cannot identify with more than one term. If someone is TG [third gender], she cannot also be a lesbian"

The comment sparked a debate over whether multiple identities existed or "were possible;" various participants argued for borders around the third gender identity category to be understood along presentation and appearance, while others asserted the category was more comprehensive and based solely on identity. One participant argued: "We cannot have married men being listed as *tesro lingi* (third gender) on the survey. They have wives, and they only go out some nights with women's clothing on, so they are not actually *tesro lingi*." Another participant argued: "I am a transgender woman by identity but I also call myself *meti* and I have a wife so in some places because I appear as a man and do the duties of a husband many people perceive me to be heterosexual".

The use of this sliding-scale and two-step information collection process allowed many variations on identity:

- Respondents could self-identify with more than one identity category or label set out in the survey;
- Respondents could reject all of the listed terms if they wish and use a term more appropriate for their own identity;

#### 3. Lessons for future research efforts.

The use of the term third-gender by the 2011 Nepal Census was too simplistic to capture information about sexual and gender minorities in Nepal. The almost 1,200 respondents to the Williams Institute/BDS survey used 21 different terms. Fifty-one percent used some version of third gender (third gender, third gender woman, or third gender man). Thus, even with the most optimal implementation, roughly half of the respondents would have been excluded by the Census.

Despite all the complexity, the results of the Nepal survey show that it is possible to classify individuals within a relatively small set of identities that could guide data collection on something like a census. Ninety-two percent of the respondents used one of the following terms By adding the terms *Meti*, Gay, Lesbian, Bisexual and Heterosexual, and MSM, the census would provide over 92 percent of the sample with terms that they would choose themselves to describe their primary sexual or gender identity.

The Nepal survey report included additional recommendations to accurately include sexual and gender minority populations:

- Include culturally appropriate and inclusive sexual orientation and gender identity terms on survey instruments;
- Add definitions of sexual orientation and gender identity terms to all manuals, guides, and implementation instructions to ensure terms are understood and explained respectfully during survey interviews;
- Train survey administrators on the meanings of the SOGI terms, especially in instances where the definitions of the terms carry assumptions about sexual behaviors and attractions;
- Include representatives from sexual and gender minority communities in survey design consultation processes, including drafting, outreach and education, monitoring and evaluation and, when possible, analysis.

#### **B.** Documenting Discrimination

Surveys can be used to document patterns of social exclusion as well as instances of explicit discrimination. Instances of exclusion and discrimination can occur in many different settings. These can include family, educational environments, and interactions with service providers and government officials. When collecting data about experiences of discrimination, several aspects of framing the question must be considered, including: how to gather information about experiences of discrimination in a variety of situations without overwhelming participants; how to categorize experiences of discrimination, and how to record those categories; and how to specify and describe various situations in a way that is simultaneously broad enough to capture information about the experiences of people whose lives might be quite different, and specific enough to trigger a relevant response.

Interviewers in the Nepal survey were instructed to listen to experiences triggered by the question, and distill them into the three categories – service denial, verbal abuse, and physical abuse. In situations where an experience did not fit into any of the categories, interviewers wrote a short narrative of the responses and consulted with their supervisors after the interview or during a Monitoring and Evaluation meeting to discern which, if any, of the three categories were appropriate.

Interviewers were instructed that when respondents indicated that they did not experience discrimination in particular venues they should indicate whether the negative answer was based on the fact that a respondent never utilized those venues, possibly due to the fact that a respondent did not present as a sexual or gender minority while accessing those venues, or whether they did present as such and they were not subjected to discrimination. Meeting participants noted that in a study in India conducted by Amaltas, respondents were asked how they interpreted the reasons behind the discrimination and how that affected their will-being, social trust and ability to form social ties.

Meeting participants noted that, ultimately, surveys of those discriminated against are limited in their ability to gather objective information to determine whether events of prejudice were because of sexual orientation and gender identity or some other basis. Nevertheless, if we see that the general population is consistently reporting one type of experience and minorities are reporting another, then it indicates that an issue is present.

#### **C. Questions About Socio-Economic Status**

Meeting participants discussed the need to understand the socio-economic status of LGBT people. The concept of socio-economic status included individual prosperity (wealth, income and consumption) as well as how wealth is earned and distributed within the household and community.

To the extent that many public and private surveys include questions about socio-economic status, such surveys could be supplemented to include questions on SOGI, or questions from widely used surveys could be borrowed to be included on SOGI surveys so that appropriate comparisons can be made. Meeting attendees noted several aspects of economic marginalization experienced by sexual and gender minorities which would necessitate specific survey efforts.

 Allow for multiple responses with regards to employment in order to capture seasonal or sporadic employment;

- Include sex work as an option to make an affirmative gesture toward reporting income earned and abuses experienced during sex work;
- Remember that respondents may not consider informal economic activities such as day labor or domestic labor (or sex work) as employment and adjust questions to capture the information this information. This may require more thorough introductions to the concepts of income and work to be delivered by interviewers at the outset – to set clear parameters for respondents;
- If income and expenses are understood to be a component of households, remember to account for different household structures. For example, some hijaras live in households with other hijaras, which have their own social structure; some transgender women present as men in their households and fulfill the role of father and husband, meaning their social responsibility for finances is defined more by patriarchal expectations associated with their birth-assigned sex than their gender identity.

#### X. PUBLIC OPINION

Meeting participants discussed the use of public opinion data. Discussions highlighted two important uses of public opinion data. First, public opinion data helps in developing an understanding of the processes by which governments, particularly those in liberal democratic or transitional phases, adopt policies which affect LGBT people. Studies have shown that public policy can be strongly influenced by public opinion. Second, public opinion data can enhance the understanding of the lived reality of LGBT people. It can serve as a measure of prejudice and a means of understanding the source of barriers to equality. Lastly, public opinion data can help evaluate efforts of governments and NGOs to increase tolerance and inclusion.

To date there have been relatively few global efforts to gauge public opinion about LGBT people. Meeting participants were presented with the results of a recent study which examines the responses to 2000 questions asked in hundreds of surveys since 1981. The study finds that there has been a notable global increase in the acceptance of homosexuality over the past 20 years. Surveys studied included questions about attitudes regarding lesbians and gay men in multiple 10 to 52 countries. The findings show that residents in 90% of all surveyed countries have become more accepting of homosexuality over the past 20 years. Age and gender were shown to have an impact on an individual's likelihood of accepting homosexuality.

#### Attachment A. List of Attendees

**Durga Thapa** is an LGBTI activist at Blue Diamond Society, researcher and human rights defender. She had got one year military training from Nepal Army. She has done a study on understanding Masculinity within LGBTI people and now is working as a member of management committee of men and boys engagement alliance, Nepal. She is the founder member of sexual and gender minority student forum, Nepal. She has been involved with South Asian Human rights Association of marginalized sexualities and genders since 2009 and has been country officer since 2013. She does community based educational training which includes documentation training on violence against LGBTI community members.

**Pinky Gurung** is a transgender (male to female) LGBT rights activist from Kathmandu, Nepal. She has been involving in Nepal's LGBT rights movement since 2001 through different projects on HIV/AIDS, human rights, constitutional campaigns, advocacy, capacity building and others. Pinky is currently the president of Blue Diamond Society (BDS), Nepal's leading LGBT rights organization. She is also regional project coordinator of Cruiseaids Nepal, local CBOs in Kathmandu She was former member of the Country Coordination Mechanism of the Global Fund (CCM). She was awarded the "Nai Ram Laxmi" award in 2011 for her contributions to the LGBT movement in Nepal. She was one of the petitioners of LGBTI case which give landmark verdict in 2007.

Bharat Man Shrestha is a public health graduate from Northumbria University, UK. Currently, he works as a LGBT Human Rights, HIV and Law Officer at UNDP Nepal, where he provide assistance to UNAIDS CO and UNDP CO and Bangkok Regional Hub (BRH) in coordinating with LGBT civil society, partners, human rights defenders and stakeholders with regard to the Nepal HIV/Law national dialogue and other LGBT and HIV related work. He also served as LGBT Human Rights Officer under 'Being LGBT in Asia' initiative (a joint venture of UNDP Asia-Pacific Regional Centre and USAID) in the past. Prior to that, he worked at Federation of Sexual and Gender Minorities, Nepal (FSGMN), the country's only LGBT based network organization, as a National Program Officer (NPO) where he managed USAID funded Saath Saath Project (2011-2016) and UNICEF's Adolescent Development and Participation (ADAP) project (2013-2014) that concentrates on capacity building and network strengthening of LGBT based organizations in Nepal. Besides, he is currently involved with Youth Voice Count as a Core Working Group member and U.S. Embassy Youth Council as LGBT representative.

**Suman Nepal** has been with the Blue Diamond Society since last 6 year's Years and has Bachelor Degree in Social Science. Suman engagement with organization started as youth activist from the community and has represented the organization as youth activist in national & international forums. Currently he is working in HIV & AIDS program as Monitoring Evaluation & Research Officer and has been involved in various research conducted by the organization and other agencies. Suman is also a member of YVC(youth voice count) a youth led network of MSM/TG from Asia region.

Manisha Dhakal is a transgender (male to female) LGBT rights activist from Kathmandu. She has been involving in Nepal's LGBT rights movement since 2002 through different projects on HIV/AIDS, human rights activism, constitutional campaigns, advocacy, capacity building, academic research, and others. Manisha is currently the Acting Executive Director of Blue Diamond Society (BDS), Nepal's leading LGBT

rights organization. BDS is one of Nepal's largest non-governmental organizations with over 750 full-time staff, 53 offices, and an annual budget exceeding \$1 million. Manisha is also the president of the board of the Federation of Sexual and Gender Minorities, Nepal, which is the network of all LGBT rights organizations. Regionally, Manisha is a board member of the Asia-Pacific Transgender Network representing South Asia. She was a member of the Country Coordination Mechanism of the Global Fund (CCM). She was awarded the "Nai Ram Laxmi" award in 2010 for her contributions to the LGBT movement in Nepal. On 21 December 2007, the Supreme Court of Nepal issued a landmark verdict directing the government to enact laws enabling equal rights to LGBT citizens. Manisha was involved in court pleadings on this case on behalf of LGBT people before the Supreme Court. Manisha possesses a master's degree in finance from Shanker Dev Collage, Kathmandu.

**Sumit Baudh** is the Michael D. Palm Fellow at The Williams Institute and a candidate in the Doctor of Juridical Science (S.J.D.) program at the UCLA School of Law. He earned his Master of Laws (L.L.M.) from the London School of Economics, and graduated with honors from the Bachelor of Laws and Arts from the National Law School of India University (NLSIU), Bangalore. Baudh is a former British Chevening scholar. He is qualified to practice law in two jurisdictions: in India and in the United Kingdom. Most recently Baudh served as assistant professor and assistant director of the Centre for the Study of Social Exclusion and Inclusive Policy at NLSIU, Bangalore. Baudh has served as legal advisor, researcher and consultant to various international organizations including the United Nations Development Programme (UNDP), CARE India, Commonwealth Human Rights Initiative, AMAN Trust, and Unilever.

In addition to his legal work, Baudh has published several academic articles and given scholarly presentations at conferences internationally. His areas of interest include caste, gender, sexuality and human rights. Baudh regularly volunteers his expertise and time to advocate for social justice causes and has worked extensively with Voice Against 377 to fight against structural inequalities with the Indian Criminal Justice system.

Emilie Pradichit is an international human rights lawyer with experience in Human Rights, SOGI, HIV and Law issues. She is currently the Human Rights & Advocacy Officer with the HIV, Health and Development Team at UNDP Bangkok Regional Hub (BRH), where she contributes to the human rights and policy advocacy work under the Being LGBT in Asia Initiative and the HIV & Law activities to create enabling legal environments for effective HIV responses in Asia and the Pacific. Emilie joined UNDP in 2009, serving as a Human Rights Consultant in the context of HIV, based in New York with the Bureau for Development Policy. In that capacity, she contributed to the overall work of the HIV, Health and Development Group, with a focus on the promotion and protection of the human rights of people living with HIV and key populations (i.e., men who have sex with men, transgender people, sex workers, people who use drugs, migrants, prisoners). She was also a member of the Secretariat of the Global Commission on HIV and the Law, a high-level initiative created to explore how law and human rights can transform the global AIDS response. Before joining UNDP, Emilie worked for an international NGO, Transparency International Thailand, in Bangkok, where she examined the human rights violations caused by corruption and its negative socio-economic impacts. She started her human rights advocacy career with the French Ministry of Foreign Affairs and International Development, in Paris, where she contributed to the development of France's diplomatic human rights strategy. Emilie holds a Bachelor of Laws in European & International Studies and a Master of Laws in Public International Law from the Sorbonne Law School, the Sorbonne University in Paris, France.

Sanjaya Sharma is gay activist for LGBT rights activist from eastern part of Nepal. He has been involving in Nepal's LGBT rights movement since 2006 through different projects on HIV/AIDS, human rights activism, constitutional campaigns, advocacy, capacity building, academic research, and others. Sanjaya is currently the Assistant Program Director of Blue Diamond Society (BDS), Nepal's leading LGBT rights organization. BDS is one of Nepal's largest non-governmental organizations with over 750 full-timestaff, 53 offices, and an annual budget exceeding \$1 million. He is also the vice president of the board of the Federation of Sexual and Gender Minorities-Nepal, which is the network of all LGBT rights organizations. He was a former member of the Country Coordination Mechanism of the Global Fund (CCM).

**Sushila Lama** is an advocacy and training officer at Blue Diamond Society. Sushila is transgender (male to female) LGBT rights activist from Kavrepalanchok, Nepal . She has been involving in Nepal's LGBT rights movement since 2007 through different projects on HIV/AIDS, human rights, constitutional campaigns, advocacy, capacity building and others. Sushila possesses a intermediate degree in humanities from Tribhuvan university, Kathmandu.

**Dilshan Hettiarachchi** is a Program Officer at EQUAL GROUND, and LGBT organization in Sri Lanka, where he has worked since 2008. He holds a BSc degree in Agriculture from the University of Peradeniya. He started his carrier as a junior consultant for GTZ, later joined the World Vision Sri Lanka as their Monitoring and Evaluation consultant for a short term. He has 6 years of experience in the field of Gender, Sexuality, Social Research and Conflict Transformation. Apart from his capacity as a program officer, Dilshan also plays the role of gender trainer in the organization.

Sam Winter is a psychologist working in trans health and rights at the University of Hong Kong. He teaches on the topic, as well as doing research and writing in the area, providing gender affirmative clinical support for clients, and doing trans rights and health advocacy work (in Hong Kong, regionally and worldwide). He has worked with WHO (including as a member of the WHO Working Group generating proposals for diagnostic reform in ICD-11), with UNDP (authoring their recent Lost in Transitionreport) and with UNAIDS (consulting on the impact of psycho-pathologisation on HIV/AIDS risk). He has also worked extensively with community organisations such as APTN and GATE. At a meeting convened by GATE in Buenos Aires last year he helped author proposals for ICD diagnostic reform that provide an alternative to the proposals currently being field tested by WHO. He has been a WPATH board member since 2009, and was a member of the SOC-7 revision committee. He is commissioned lead author for a paper in a forthcoming Lancet series on global transgender health. In February next year he takes up a position in Perth, Australia, coordinating sexology programmes in the School of Public Health at Curtin University.

Mohammad Zahid Hossain is legal officer at the Bandhu Social Welfare Society (BSWS) in Bangladesh, an organization that works to protect and promote the human rights of most stigmatized and vulnerable population of Bangladesh specifically LGBT. He is also responsible to coordinate the project named South Asian Human Rights Association of marginalized Sexualities and Gender (SAHRA) as a country officer. Before joining here Mr. Hossain was working as an Assistant immigrant consultant at Unique Law, immigration firm in London, UK. Mr. hossain has achieved his first law degree from a country reputed public university, university of Rajshahi and then moved to London for further study in law from university of Greenwich and successfully completed LLB (hons). During his study Mr. Hossain was involve in many cultural organizations and activities, among them National Debate Foundation, volunteer in blood donation campaign, secretary of university law department among student etc. During his professional life Mr. Hossain has experienced and witnessed a number of human rights violation among this population. He also conducted so many trainings on rights issues on LGBT

population and attended numerous consultations meeting and training with National Human Rights Commission, Law Enforcement agency, Law Commission, Media Fellows and also joined in international TASK FORCE meeting and represent Bangladesh. Mr. Hossain feels privileged to have the opportunity to work closely for this community and committed to provide optimum support by any means.

Marion Wettstein is an anthropologist and ethnographer with a regional focus on the extended eastern Himalaya, especially eastern Nepal and Northeast India. Her current Post Doc research project at the University of Vienna examines dance, performative traditions and ethnic identity among the Rai of eastern Nepal. Her thematic interests include ritual studies, mythology, oral traditions and their scripturalisation, the anthropology of dance, theatre, and performance, visual anthropology, material culture and craft, fashion theory, the relation of science and art, identity processes, embodiment, transfer of knowledge, gender and sexuality studies, trans-local relations, and diaspora dynamics. Her newest publication include the dissertation thesis "Naga Textiles: Design, Technique, Meaning and Effect of a Local Craft Tradition in Northeast India" (Arnoldsche Art Publishers 2014) and "Naga Identities: Changing local cultures in Northeast India" (Snoeck 2008) which she co-edited.

Andrew Park is the International Program Director at the Williams Institute. Previously, Park served as Program Director at Wellspring Advisors, LLC, where he managed US and international grantmaking programs in the fields of LGBT rights, treatment access, rights of persons with disabilities, human rights, youth, healthcare for transgender people, and other social justice initiatives. He also served as the coordinator of the International Human Rights Funders Group and co-chair of the Global Philanthropy Project. After law school at George Washington University in Washington, DC, he worked at the U.S. Equal Employment Opportunity Commission as a trial attorney and subsequently in the Philadelphia District Office as an administrative judge. In Philadelphia, he founded the Center for Lesbian and Gay Civil Rights and served as its executive director for five years. The Center's legal programs (now the Mazzoni Center) provided legal services and education to LGBT people in Pennsylvania, as well as launched the nation's first LGBT legal clinic in conjunction with the University of Pennsylvania. The advocacy programs (now Equality Pennsylvania) spearheaded a coalition to defeat an anti-gay ballot initiative and pass domestic partnership legislation in Philadelphia. Park was an adjunct faculty member at the University of Pennsylvania Law School, the George Washington School of Law, and was a field instructor for the Bryn Mawr School of Social Work. He has served as an officer at the Gay and Lesbian Attorneys of Washington, DC, the National Council of EEOC Locals, AFGE, AFL-CIO, the Liberty City Democratic Club, the Gay and Lesbian Lawyers of Philadelphia, and a number of other boards. He has won several awards for community service including being named honorary Grand Marshall of the Philadelphia Gay Pride Parade.

Andrew R. Flores is Public Opinion Project Director at the Williams Institute, and a Ph.D candidate in Political Science at the University of California at Riverside, where he earned a M.A. in Political Science. While at UC Riverside, Andrew was a Eugene Cota-Robles and Graduate Research Mentorship Program fellow; he and a co-author also received an award from the Pacific Chapter of the American Association for Public Opinion Research in a student paper competition. Andrew is an active member of numerous political science associations and is Treasurer of the Sexuality and Politics section in the American Political Science Association. His research includes questions of gays and lesbians in the American democratic process, from intra-group politics and public opinion to representation. He regularly presents at academic conferences, and he currently has papers in the review process for publication.

**Qasim Iqbal** is Pakistan's only openly gay activist working on a national level, and the founder and Executive Director of the country's first and still the only community based organization working on the

health and rights of LGBT. The organization, Naz Male Health Alliance, is a technical support agency that is based in Lahore and has 6 drop-in/service delivery centers in 5 cities across Pakistan. Prior to this, Qasim had been working as the National Coordinator of the national PLHIV network in Pakistan. Coming from a country where there is limited evidence on the subject, Qasim has undertaken several research projects focusing on sexual minorities. In 2009, he made history in Pakistan when he took 5 transgenders and 2 gay men to the National Parliament so they could talk about human rights violations against them and their community. Qasim has been representing LGBT not only on a National but Regional and International level.

**Elijiah Lewien** works on the comparative study and observation of elections and political transitions. Currently based at The Carter Center office in the United States, he is the Program Associate on the Center's electronic monitoring (ELMO) and methodology standardization project, and also dedicates part of his time to the Center's Nepal portfolio. Elijiah came to Atlanta after working for The Carter Center on the peace process and constitution drafting and monitoring mission in Nepal as research coordinator, and Kenya as a long-term observer. Elijiah also has experience working on missions for the National Democratic Institute, OSCE-ODIHR, and IFES in the Balkans and Eastern Europe. As a Fulbright scholar, he studied the constitution drafting process in Nepal and wider political transition processes in South Asia. Elijiah is a graduate of the University of Wisconsin.

**Dr. Suneeta Singh** is the Chief Executive Officer of Amaltas, a research and consulting organization based in Delhi. As Technical Lead on Amaltas projects, she has worked on over 40 projects in the past 7 years on a variety of policy and strategy issues, commissioned by governments in South and East Asia, the UN, bilaterals such as USAID and DFID, Foundations such as BMGF, Research Councils such as IDRC, and NGOs. Before she joined Amaltas, she worked as a Senior Public Health Specialist at the World Bank for 10 years where she was responsible for ensuring that available knowledge was adequately translated into the design, supervision, and completion reporting on the Bank's support of Government programs such as TB, HIV/AIDS, Leprosy, Cataract Blindness, and Health Systems Development. She has written several key reports and books such as "A People Stronger" - a history of the collectivization of sexual minorities, "A Programmatic Roadmap for Sexual Minorities in India" – a report for the World Bank and the Government of India's report to the United Nations General Assembly Special Session on HIV and AIDS in 2010. She serves on the Editorial Board of Global Health: Science and Policy.

Mahesh Sharma is currently working as independent consultant in the field of HIV and AIDS, Health and development agenda, has substantial experiences of more than 15 years in policy/programme development and programme management with INGOs, NGOs and Multilateral agency in the field of health management, community/social development, and HIV/AIDS. He has developed HIV strategies and action plans, prepared UNGASS and other reports for national and international requirement. He has done policy analysis on human resource for health in Nepal He has written number of successful national proposals to Global Fund including TB NSA. He has also experiences in designing and conducting training, workshops and national level seminars. Besides he himself has participated in various national and international trainings and workshop. He has provided consultancy services to the countries in the region (Nepal, Bangladesh, India, Vietnam, Solomon Islands, UNAIDS Regional support team at Bangkok) primarily in different aspects of HIV and AIDS field and has carried out number of evaluations, assessments and reviews for wide varieties of organizations including LGBT. He is actively involved in various civil society organizations and has represented in national institutions in various capacity i.e. Board member in HIV/AIDS and STI Control Board (2008 – 2010), CCM technical subcommittee members (2005 – 2008) and member in oversight committee (Jan – July 2012), BNMT Board of Trustees (2006 –

2010), technical review panel and peer reviewers. He has published number of article in national and international journals, made presentation to international conferences and seminar

**Bhimsen Devkota**, PhD in Public Health from Scotland, UK is an Associate Professor at Tribhuvan University of Nepal. He is extensively involved in both academic and development sector research in particular HIV research and evaluation works in Nepal including South Asia. He has closely worked with local, national and international communities working on HIV and AIDS and led and worked as a team member for many researches on key affected populations including men having sex with men and transgender, people with injecting drug use and female sex workers.

**Gary J. Gates** is Williams Distinguished Scholar at UCLA, and is a recognized expert on the demography of the lesbian, gay, bisexual, and transgender (LGBT) population. He co-authored The Gay and Lesbian Atlas and publishes extensively on the demographic, geographic, and economic characteristics of the LGBT population. Many national and international media outlets regularly feature his work. He holds a PhD in Public Policy from the Heinz College of Public Policy and Management at Carnegie Mellon University along with a Master of Divinity degree from St. Vincent College and a BS in Computer Science from the University of Pittsburgh at Johnstown.

**Pooja Badarinath** is Program Coordinator, Advocacy and Research at CREA. She has been working in the women's rights sector for the past four years, specifically on violence against women and gender discrimination, sexuality and law, focusing on the implementation of laws relating to women and on law reform. She works on sexuality, specifically LGBTI rights, associated with a coalition for the decriminalization of private consensual same sex sexual acts at CREA. CREA is a part of the coalition on Voices against 377, was one of the petitioners in the High Court on decriminalization of same sex relations and reading down section 377. She also works with the coalition Sexual Rights Initiative, at the UN Human Rights Council, where the partner's advocate for inclusion of sexuality and sexual rights in resolution including sexual orientation and gender identity, UPR reports through various strategies. She holds a Masters degree in Law (Human Rights).

R. Bradley (Brad) Sears is the founding director and current Executive Director of the Williams Institute, and an Adjunct Professor at UCLA School of Law. At UCLA School of Law, Sears teaches courses on sexual orientation law, disability law, and U.S. legal and judicial systems. He has published a number of research studies and articles, primarily on discrimination against LGBT people in the workplace and HIV discrimination in health care. Sears has given hundreds of academic and community presentations on HIV/AIDS and LGBT legal issues. He has testified before Congress and a number of state legislatures, authored amicus briefs in key court cases, helped to draft state and federal legislation, and been cited by a number of media including the New York Times, the Los Angeles Times, National Public Radio, and CNN. When the Williams Institute started in 2001, Sears was the only staff member and the Institute had a budget of \$100,000 and endowment of \$2.5 million. Sears helped to create and develop the Williams Institute's core programs and strategies. Today, the Institute has 16 faculty and staff members, a budget of over \$1.8 million, and an endowment of over \$17 million. Sears graduated summa cum laude from Yale University and magna cum laude from Harvard Law School. During law school, he served as Editorin-Chief of the Harvard Civil Rights-Civil Liberties Law Review. After law school, he clerked for the Hon. J. Spencer Letts of the Central District of California; founded the HIV Legal Checkup Project, a legal services program dedicated to empowering people living with HIV, and served as the Discrimination & Confidentiality Attorney for the HIV/AIDS Legal Services Alliance of Los Angeles (HALSA). Sears has served on the board of directors or advisory boards for Being Alive Los Angeles, HALSA, USC's AIDS Education Training Center, the Center for Health Justice, and UCLA's LGBT Studies program. Sears has

received Being Alive Los Angeles' Volunteer of the Year Award and, in 2009, was recognized on Advocate's Magazine's "40 Under 40" list. In 2010, under his leadership, the Williams Institute received the "Treasures of Los Angeles" award from the Los Angeles Central City Association.

**Dr. Venkatesan Chakrapani**, M.D., is Chairperson/Director of Centre for Sexuality and Health Research and Policy (C-SHaRP – www.c-sharp.in) in Chennai, India. For the past ten years, his studies among men who have sex with men and transgender people have focused on: barriers to access and use of health services such as HIV testing, HIV treatment and gender transition, HIV-related risk behaviors, social and sexual networks, stigma/discrimination and structural violence, and influence of stigma on mental health and sexual risk. He has authored/co-authored 30 peer-reviewed journal articles, four book chapters, and more than 40 research/policy reports. He trains government and non-government health care providers on sexual minority health issues (www.indianLGBThealth.info). He is the recipient of several fellowships and awards including the NIH Fogarty fellowship from the Yale University (2003), and the Fund for Leadership Development fellowship of the John D. and Catherine T. MacArthur Foundation (2003/05).

**Dr. L. (Ramki) Ramakrishnan** is affiliated with the Indian non-profit organization Solidarity and Action Against the HIV Infection in India (SAATHII), headquartered in Chennai. He leads programs in the area of program evaluation, access to health, legal and social services for people living with HIV and LGBTQI communities, operations research, and capacity-building of implementers of health and development interventions. He has worked in health and human rights non-profit settings in USA and India, and has served in voluntary and paid capacities including Founder, Trustee, Helpline Counselor, Project Director and Country Director. Dr. Ramakrishnan earned his Ph.D. in 2000 from The University of Texas at Austin, where his dissertation focused on understanding population dynamics in complex environments through experimental and mathematical models.

Laxmi Narrain Tripathi is a hijra social activist, dancer, actress, celebrity. Laxmi's aim is to bring about the recognition of human rights of sexual minorities, especially transgender persons, and people living with HIV/AIDS. Through media appearances, national, regional and international consultancy, cooperating with various NGOs across the country and presiding over the CBO Astitva Trust, Laxmi is at the forefront of social work and advocacy in India. She was the first transgender person to represent Asia-Pacific in the UN President's Office Civil Society Task Force on HIV/AIDS. She also the founder member of Maharashtra Trithiya Panthi Sangatana – MTPS. She is also founder and gore member of APTN – Asia Pacific Transgender Network. Her work and personality were an inspiration for numerous literary, cinematographic and photographic enterprises.

Dipika Jain is an Associate Professor and the Executive Director of the Centre for Health Law, Ethics and Technology (C.H.L.E.T.) at Jindal Global Law School. She graduated in Political Science (Hons.) from Lady Shri Ram College, University of Delhi in the year 2001 and completed her Bachelors of Law (LL.B.) from Faculty of Law, University of Delhi in 2004. She received a Masters of Law (LL.M. in Health Law) from Dalhousie University, Canada in 2007. The Canadian Institute of Health Research (CIHR) granted her the Health Law and Policy Fellowship during the same year, and she earned an LL.M. from Harvard Law School, USA in 2009. She was awarded the Harvard Graduate Scholarship. Dipika Jain joined Human Rights Law Network, a national legal NGO in New Delhi in 2004 as a Legal Officer. She worked on a refugee rights project with the United Nations High Commissioner for Refugees (UNHCR), New Delhi and taught International Refugee Law at the Indian Society of International Law, New Delhi. She is responsible for setting up the HIV/AIDS and the Law Initiative (currently the largest HIV/AIDS legal aid network in the country) at HRLN. She worked in the capacity of National Legal Coordinator for the

HIV/AIDS Initiative from August 2004 - Jan 2008. During her stint at HRLN, she worked on precedent setting public interest litigations in the Supreme Court like Sampurna Bahrua Vs. Union of India (praying for implementation of the Juvenile Justice Act, 2000 in fifteen States in the country. The Act was amended as a result of this petition), Voluntary Health Association of Punjab Vs. Union of India (demanding the Government to provide free anti-retro viral drugs to needy positive persons) and People's Union for Civil Liberties Vs. Union of India (Right to Food case) among others. She is the coauthor of The Struggle for Access to Treatment for HIV/AIDS in India (2008) published by Combat Law Publication; co-editor of the two volumes on HIV/AIDS and the Law (2007) Combat Law Publication. She also authored a monograph titled, Against Mandatory Pre-Marital HIV Testing in India (2008) also published by Combat Law Publication. Over the course of the last five years, she has published wellreceived peer reviewed journal articles international journals including American University Journal of Gender, Social Policy and the Law, Houston Journal of International Law, Health Matrix: Journal of Law-Medicine, Arkansas Journal of Social Change and Public Service, Whittier Law Review and prestigious Indian journals including Seminar and EPW. In addition, as the founding Executive Director of the C.H.L.E.T., Dipika Jain has worked on several empirical studies. For example, the Centre has published articles on: the impact of the L.G.B.T. Naz Foundation court decision, the social gendering of property rights in India, and the reproductive rights of women. She is currently co editing a book on Law, Culture and Queer Politics in Neoliberal Times to be published by Zubaan publications in 2015-16. She has served as an International consultant with the UNDP on Sharia Law in Afghanistan and Centre for Reproductive Rights, New York on access to contraception services by women in India. She is currently serving as an advisor to Law Commission of India on Family Law.

**Dechen Wangmo** is an independent result-oriented consultant currently engaged with UNDP-APR, 7 cities program under the regional MSM grant of the Global Fund. Seven years of experience working across cross section of organizations and individual in the field of public health and social development. Professional experience includes public health, policy formulation, development of implementation strategy both in public and private sector, grant proposal development for national government and NGO, design and implementation of national level research, formative assessment and evaluation including, report writing, survey design, tool development and training. Primary focus over the years has been in development and strengthening of monitoring and evaluation system both at national and international level with major emphasis on reproductive and sexual health including HIV/AIDS. Comprehensive experience in the global fund grant management including, grant negotiation, consolidation, proposal development and CCM governance.

**Kyle Knight** is a 2012-2014 Visiting International Fellow at the Williams Institute. As a journalist based in Kathmandu, Kyle covered the LGBTI rights movement extensively, following his work as a 2011-12 Nepal Fulbright Fellow. He has contributed to CNN, IRIN, and the Huffington Post. His writing has also appeared in the Los Angeles Times, The New Republic, The Kathmandu Post, and Foreign Policy. He has worked as the South and Southeast Asia editor for IRIN Humanitarian News and at Human Rights Watch in children's rights and disability rights. He co-authored two policy papers and a book chapter on LGBTI people in emergencies, and has edited and reviewed papers for UNAIDS and the Journal of Homosexuality. For three years, he worked as a suicide prevention counselor for LGBTQ youth at the Trevor Project in New York City.

Attachment B. Survey Instrument				

# Appendix B: The Survey Instrument

Blue Diamoi	Blue Diamond Society and Williams Institute Nepal LGBT Survey							
नील हराि सम	ाज तथ	ा वलियिम्स	इन्स्टचि्युट	नेपाल यौनि	के तथा लैड्	गकि अल्प	ासङ्ख्यक	हरूको सर्वेक्षण
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WHAT IS YOUR INTERVIEWER IDENTIFICATION NUMBER? / तपाईँको अन्तर्वार्ताकर्ता पहचिान नम्बर कति हो ?								
IN WHICH DISTRICT IS THIS INTERVIEW TAKING PLACE? / यो अन्तर्वार्ता कुन जल्लिमा भइरहेको छ ?								
LOOKING AT THE LIST ON THE FOLLOWING PAGE, WHICH CODE NUMBER REPRESENTS THIS DISTRICT? / अर्को पृष्ठमा दिइएको सूचीअनुसार यस जिल्लाको कोड नम्बर कति हो ?								
FOR YOU TODAY, WHICH INTERVIEW IS THIS? (CIRCLE ONE) 1 2 3 4 5 / आज तपाईँको लागि यो कति नम्बरको अन्तर्वार्ता हो ? (एउटामा गोलो चिन्ह लगाउनुहोस्) १ २ ३ ४ ५								
NOW CREATE THE UNIQUE INTERVIEWEE CODE FROM THE ABOVE INFORMATION (PUT ONE DIGIT IN EACH BOX): / माथिको विवरणको आधारमा अब अन्तर्वार्तादाताको कोड नम्बर बनाउनुहोस् (एउटा कोठामा एउटा अङ्क लेख्नुहोस्):								
DAY DAY दनि दनि		MONTH महनाि	MONTH महनाि	ID पहचािन	ID पहचािन	DISTRICT जल्ला	DISTRICT जल्ला	INTV NUMBER अन्तर्वार्ता नम्बर

## District Codes (जिल्ला कोडहरू)

01	Taplejung	ताप्लेजुङ	39	Syangja	स्याङ्जा
02	Panchthar	पाँचथर	40	Kaski	कास्की
03	llam	इलाम	41	Manang	मनाङ
04	Jhapa	झापा	42	Mustang	मुस्ताङ
05	Morang	मोरङ	43	Myagdi	म्याग्दी
06	Sunsari	सुनसरी	44	Parbat	पर्वत
07	Dhankuta	धनकुटा	45	Baglung	बागलुङ
08	Terhathum	तेह्रथुम	46	Gulmi	गुल्मी
09	Sankhuwasabha	सङ्खुवासभा	47	Palpa	पाल्पा
10	Bhojpur	भोजपुर	48	Nawalparasi	नवलपरासी
11	Solukhumbu	सोलुखुम्बु	49	Rupandehi	रुपन्देही
12	Okhaldhunga	ओखलढुङ्गा	50	Kapilvastu	कपलिवस्तु
13	Khotang	खोटाङ	51	Arghakhanchi	अर्घाखाँची
14	Udayapur	उदयपुर	52	Pyuthan	प्युठान
15	Saptari	सप्तरी	53	Rolpa	रोल्पा
16	Siraha	सरािहा	54	Rukum	रुकुम
17	Dhanusa	धनुषा	55	Salyan	सल्यान
18	Mahottari	महोत्तरी	56	Dang	दाङ
19	Sarlahi	सर्लाही	57	Banke	बाँके
20	Sindhuli	सन्धिुली	58	Bardiya	बर्दिया
21	Ramechhap	रामेछाप	59	Surkhet	सुर्खेत
22	Dolakha	दोलखा	60	Dailekh	दैलेख
23	Sindhupalchok	सन्धिुपाल्चोक	61	Jajarkot	जाजरकोट
24	Kabhrepalanchok	काभ्रेपलाञ्चोक	62	Dolpa	डोल्पा
25	Lalitpur	ललतिपुर	63	Jumla	जुम्ला
26	Bhaktapur	भक्तपुर	64	Kalikot	कालिकोट
27	Kathmandu	काठमाडौँ	65	Mugu	मुगु
28	Nuwakot	नुवाकोट	66	Humla	हुम्ला
29	Rasuwa	रसुवा	67	Bajura	बाजुरा
30	Dhading	धादङि	68	Bajhang	बझाङ
31	Makwanpur	मकवानपुर	69	Achham	अछाम
32	Rautahat	रौतहट	70	Doti	डोटी
33	Bara	बारा	71	Kailali	कैलाली
34	Parsa	पर्सा	72	Kanchanpur	कञ्चनपुर
35	Chitwan	चतिवन	73	Dadeldhura	डडेलधुरा
36	Gorkha	गोरखा	74	Baitadi	बैतडी
37	Lamjung	लम्जुङ	75	Darchula	दार्चुला
38	Tanahu	तनहुँ			

#### INFORMED CONSENT

### सुसूचित मन्जुरीनामा

My name is [INSERT the name of the interviewer.] I am administering a questionnaire about experiences of discrimination, socio-economic status, and access to HIV information and services for sexual and gender minorities in Nepal.

मेरो नाम [अन्तर्वार्ताकर्ताको नाम यहाँ लेख्नुहोस्] हो।म नेपालमा यौनिक तथा लैङ्गिक अल्पसङ्ख्यकहरूले अनुभव गरेको भेदभाव, उनीहरूको आर्थिक-सामाजिक अवस्था र उनीहरूको HIV सम्बन्धी सूचना तथा सेवामा पहुँचसम्बन्धी प्रश्नावली सञ्चालन गर्दैछ्।

I have provided you with an information sheet that describes the purpose of this questionnaire. The information sheet also outlined what types of information you will be asked, how we will keep this information confidential and the potential risks involved in your participating in this survey.

मैले तपाईँलाई यस प्रश्नावलीको उद्देश्यलाई प्रष्ट्याउने विवरण पत्र उपलब्ध गराएको छु । तपाईँबाट कस्तो प्रकारको विवरण मागनिछ, हामीले यस विवरणलाई कसरी गोप्य राख्नेछौँ र यस सर्वेक्षणमा तपाईँको सहभागतािका सम्भावति खतराहरू के हुन् भन्ने कुराहरू पनित्यस विवरण पत्रमा दर्शाइएका छन् ।

Before we begin the questionnaire, I would like to make sure that you are voluntarily willing to participate in this survey and that you have obtained all the information that you need in order to make an informed choice about your participation.

प्रश्नावली सुरु गर्नुभन्दा पहिले तपाईँ स्वैच्छिकि रूपमा यस सर्वेक्षणमा सहभागी हुन राजीखुशी हुनुहुन्छ र आफ्नो सहभागतिाको सुसूचित रोजाइको लागि आवश्यक सम्पूर्ण जानकारी तपाईँले प्राप्त गर्नुभएको छ भन्ने कुरा म सुनश्चिति गरुन चाहन्छ ।

This consent form may contain words that you do not understand. Please ask me to stop as we go through the information and I will take time to explain. You do not have to decide today whether or not you will respond to this questionnaire. Before you make a decision, you can talk to anyone you feel comfortable with about the questionnaire and/or the survey.

यस मन्जुरीनामा फाराममा तपाईँले नबुझ्ने शब्दहरू हुन सक्छन् । त्यसो भएमा, हामीले वविरण पढ्दै गर्दा मलाई रोकिन भन्नुहोला र म समय लिएर बुझाउनेछु । तपाईँले यस प्रशनावलीमा भाग लिन वा नलिन भन्ने कुरा आजै निर्णय गर्नु पर्दैन । निर्णय गर्नुभन्दा पहिले आफूलाई जोसँग सजिलो लाग्छ त्यस व्यक्तिसँग प्रश्नावली र/वा सर्वेक्षणबारे कुराकानी गर्न सक्नुहुनेछ ।

If, however, you choose to respond to this questionnaire and thus participate in the survey, I will ask you some questions about some of your experiences of discrimination, about your socio-economic situation, and about your experiences accessing HIV information and services. I expect that the interview will take about one hour. At the end of the questionnaire, you will be compensated 300 Nepali rupees for your time.

तर यदि तपाईँले यस प्रश्नावलीको उत्तर दिन चाहेर यस सर्वेक्षणमा सहभागी हुन पुग्नुभयो भने म

तपाईँलाई केही प्रश्नहरू सोध्नेछु । यी प्रश्नहरू तपाईँले अनुभव गरेको भेदभाव, तपाईँको आर्थिक-सामाजिक अवस्था र HIV सम्बन्धी सूचना तथा सेवामा पहुँचसम्बन्धी तपाईँको अनुभवको विषयमा हुनेछन् । मलाई लाग्छ अन्तर्वार्ता एक घण्टा जतिको हुनेछ । प्रश्नावलीको अन्तमा तपाईँको समयको लागि रृ. ३०० उपलब्ध गराइनेछ ।

Before asking you whether or not you would like to be a participant, I would like you to know that:

तपाईँ सहभागी हुन चाहनुहुन्छ कि हुँदैन भन्ने कुरा सोध्नुभन्दा पहिले म चाहन्छु तपाईँलाई थाहा होस् किः

- 1. Your participation in this survey is entirely voluntary. It is your choice whether to participate or not.
- १.यस सर्वेक्षणमा तपाईँको सहभागति। पूर्णरूपमा स्वैच्छिक हो । सहभागी हुने वा नहुने भन्ने कुरा तपाईँको रोजाइको विषय हो ।
- 2. You are free to not answer any of the questions in the questionnaire.
- २. प्रश्नावलीका कुनै-कुनै प्रश्नको जवाफ दनि मन लागेन भने नदिए पनि हुन्छ ।
- 3. You may stop participating in the interview at any time that you wish.
- ३. आफूलाई मन लागेको कुनै पनि समयमा तपाईँ अन्तर्वार्तामा आफ्नो सहभागति। टुङ्ग्याउन सक्नुहुनेछ ।

The information collected in this interview will be kept strictly confidential. To help ensure confidentiality, I will not write your name on the questionnaire or this form, and I will not write down particular details that would allow you to be identified.

यस अन्तर्वार्ताबाट सङ्कलन गरिएको वविरणलाई कडाइका साथ गोप्य राखनिछ । गोपनीयताको सुनश्चितितामा मद्दत पुगोस् भनी म प्रश्नावली वा यस फाराममा तपाईँको नाम लेख्ने छैनँ र म त्यस्तो प्रकारको कुनै खास वविरण पनि लेख्ने छैनँ जसले गर्दा तपाईँको पहिचान खुल्न सकोस् ।

Do you consent to participating in the interview?

तपाईँ अन्तर्वार्तामा भाग लिन मञ्जुर हुनुहुन्छ?

Yes / छ

No / छैनँ

If NO: Thank you for your time.

हुनुहुन्न भनेः तपाईँको समयको लागि धन्यवाद ।

If YES: Thank you for agreeing to take part in this project. By saying yes, that means that you have read the information on the information sheet, or it has been read to you. You have had the opportunity to ask questions related to the questionnaire and any questions you have asked have been answered to your satisfaction. You consent voluntarily to be a participant in this project and you understand that you have the right to end the interview at any time.

हुनुहुन्छ भनेः यस परियोजनामा भाग लिन सहमत हुनुभएकोमा धन्यवाद । हुन्छ भन्नुको अर्थ तपाईँले विवरण पत्रमा दिइएको जानकारी पढ्नुभएको छ वा त्यो तपाईँलाई पढेर सुनाइएको छ । तपाईँले प्रश्नावलीसँग सम्बन्धित प्रश्न सोध्ने अवसर पाउनुभएको छ र आफूले सोधेका प्रश्नहरूको तपाईँलाई चित्तबुझ्दो उत्तर मिलेको छ । तपाईँ यस परियोजनामा स्वैच्छिक रूपमा सहभागी बन्न मन्जुर हुनुहुन्छ र कुनै पनि समयमा अन्तर्वार्ता टुङ्ग्याउने अधिकार तपाईँलाई छ भन्ने कुरा तपाईँले बुझ्नुभएको छ ।

If you agree, I will now sign this form to confirm that your consent has been obtained.

सहमत हुनुहुन्छ भने तपाईँको मन्जुरी प्राप्त भयो भन्ने कुरा पुष्टि गर्न म अब यस फाराममा हस्ताक्षर गर्नेछु ।

Signature/initials of interviewer / अन्तर्वार्	्ताकर्ताका हस्ताक्षर/नामका प्रारम्भाक अक्षर
<del></del>	
Date of interview / अनतरवारताको मति	

## **SECTION 1:**

## General information about the interviewee (and his or her household)

## खण्ड १: अन्तर्वार्तादाता (र उनको घरपरिवार) सम्बन्धी सामान्य विवरण

1 १	What is your age? तपाईँको उमेर कत भियो?				
2 २	What is your current sex/gender? तपाईँको वर्तमान लङ्गि के हो?	Female Male Other Please specify: ———		महिला पुरुष अन्य (कृपया खुलाउनुहोस्):	
3	What sex/gender were you assigned at birth, is on your birth certificate? तपाईँलाई जन्मँदा कुन लङ्गि तोकिएको थियो, तपाईँको जन्म प्रमाणपत्रमा कुन लङ्गि तोकिएको छ ?	Female Male Intersex		महिला पुरुष अन्तरलङ्गि	
4 ४	What is your Caste/Ethnic Group? तपाईँको जात/जातीय समूह के हो ?				
5 <b>4</b>	What is your religion? तपाईं कुन धर्म मान्नुहुन्छ ?				
6 ફ	What language do you speak? तपाईँको मुख्य भाषा के हो ?				
7 9	Do you have a citizenship certificate? तपाईँसँग नागरकिता छ ?	Yes No if no, skip to #12		छ छैन छैन भने प्रश्न १२ मा जानुहोस्	
8	What is the sex/gender on your citizenship certificate? तपाईँको नागरकितामा कुन लङ्गि तोकिएको छ ?	Female Male Other		महिला पुरुष अन्य	
9	Have you ever attempted to change the sex/gender on your citizenship certificate? तपाईँले कहल्यै आफ्नो नागरकितामा लङ्गि परविर्तन गर्ने प्रयास गर्नुभएको छ ?	Yes No skip to #12		छु छैनँ प्रश्न १२ मा जानुहोस्	
10 १०	Were you successful? तपाईँ सफल हुनुभयो त ?	Yes skip to #12 No		भएँ प्रश्न १२ मा जानुहोस् भइनँ	
11 ११	Why were you not successful? तपाईँ कनि सफल हुनुभएन होला ?	Record narrative r भनेको कुरा यहाँ टपि्नु	espo होस् :	onse here:	

12 <b>१</b> २	Can you read and write? तपाईँ पढ्न र लेख्न सक्नुहुन्छ ?	Read and write Read only Can't read and write	पढ्न र लेख्न सक्छु पढ्न मात्र सक्छु पढ्न र लेख्न सक्दिन	
13	What is the highest class or degree you completed? तपाईँले कतसिम्म पढ्नुभएको छ ?			
14 १४	Are you currently attending school/college? अहलि तपाईँ विद्यालय/कलेज गइरहनुभएको छ ?	Yes No	छु छैनँ	
15 १५	What is your relationship status? तपाईँको सम्बन्ध स्थति के हो ?	Never married/ currently single	कहिले पनि विवाह नभएको / हाल एकल	
		Once married	एक पटक विवाह भएको	
		Multiple spouse	धेरै पार्टनर प	
		Re-married	ुनर्ववाहति 	
		Widow/widower	व   धिवा/वधिुर 	
		Divorced	सम्बन्ध विच्छेद अलग्गएिको	
		Separated	   सँगै बसुने	
		Partner (not legally married)	(वधिवित विवाह नभएको) प्रेमी/प्रेमिका (सँगै नबस्ने)	
		Boyfriend/ girlfriend (non co-habiting)	प्रेमी/प्रेमिका (सँगै बस्ने)	
		boyfriend/ girlfriend (co-habiting)	अन्य कृपया खुलाउनुहोस्: ———	
		Other Specify:		

### **SECTION 2:**

Information related to sexual orientation and gender identity of the interviewee (and sexual partners)

### खणड २:

### अन्तर्<mark>वो</mark>र्तादाता (र उनका पार्टनर) को यौनकि अभिमुखीकरण तथा लैङ्गकि पहचािनसम्बन्धी वविरण

16 There are many terms people use to Meti not at all somewhat strongly identify their sexual orientation and मेटी gender identity. Now I am going to केही हदसमम हो धेरै नै हो हुँदै होइन read some terms to you and I'd like to know to which degree do the not at all somewhat strongly following terms apply to you? For each term you must answer "not at हुँदै होइन केही हदसम्म हो धेरै नै हो all""somewhat" or "strongly" (circle Kothi answers) not at all somewhat strongly कोथी आफ्नो यौनकि अभिमुखीकरण तथा लैङ्गकि १६ हुँदै होइन केही हदसम्म हो धेरै नै हो पहचािनलाई चिनाउनका लागि मानसिहरूले Panthi धेरै शबदहरु परयोग गरदछन । म अब not at all somewhat strongly केही शब्दहरू पढ्छु र जान्न चाहन्छु क पनथी तपाईँको लागि कुन हदसम्म यी शब्दहरू लागू हुँदै होइन केही हदसम्म हो धेरै नै हो हुन्छन् ।हरेक शब्दको लाग तिपाईँले «हुँदै होइन»,»केही हदसम्म हो» वा «धेरै नै हो» not at all somewhat strongly भन्ने जवाफ रोज्नु पर्नेछ ।(उत्तरमा गोलो हजिडा घेरा लगाउनुहोस्) हुँदै होइन केही हदसमुम हो धेरै नै हो Fulumulu not at all somewhat strongly फुलुमुलु हुँदै होइन केही हदसम्म हो धेरै नै हो Transgender not at all somewhat strongly

तेसरो लङ्गि

हुँदै होइन केही हदसम्म हो धेरै नै हो Gay or lesbian not at all somewhat strongly पुरुष समलङ्गि वा महला समलङ्गी हुँदै होइन केही हदसम्म हो धेरै नै हो

Heterosexual or straight not at all somewhat strongly विपरित लिङ्गी वा स्ट्रेट हुँदै होइन केही हदसम्म हो धेरै नै हो

Bisexual not at all somewhat strongly द्वलिङ्गी हुँदै होइन केही हदसम्म हो धेरै नै हो

16.1 १६.१	What is the primary term you use to refer to your sexual orientation/gender identity? आफ्नो यौनकि अभिमुखीकरण/लैङ्गकि पहचािनलाई बुझाउन तपाईँले प्रयोग गर्ने मुख्य शब्द कुन हो ?		
<b>17</b> १७	People are different in their sexual attraction to other people. Which best describes your feelings? Are you attracted to (multiple answers possible)  मानसिहरू यौनिक रूपमा अन्य मानसिहरू पौनिक रूपमा अन्य मानसिहरूप्रति फरक-फरक कसिमिले आकर्षित हुन्छन्। तपाईँको भावनालाई सबैभन्दा उत्कृष्ट तरिकाले कुन कुराले बुझाउँछ? तपाईँ यिनीहरूप्रति आकर्षित हुन्हुन्छ? (एकभन्दा धेरै उत्तरहरू सम्भव छन्)	Metis Kothis Panthis Hijaras Males Females Transgender men Transgender women Other	मेटी कोथी पन्थी हजिडा पुरुष महला तेस्रो लङ्गी पुरुष तेस्रो लङ्गी महला अन्य
18	In the past 12 months, who have you had sex with? (multiple answers possible) विगत १२ महिनामा तपाईँले कोसँग यौन सम्पर्क राख्नुभयो ? (एकभन्दा धेरै उत्तरहरू सम्भव छन्)	Metis Kothis Panthis Hijaras Males Females Transgender men Transgender women Other I have not had sex	मेटी कोथी पन्थी हजिडा पुरुष महिला तेस्रो लङ्गी पुरुष तेस्रो लङ्गी महिला अन्य यौन सम्पर्क राखेको छैनँ

10	Ithis question only for those whose	Moti		
19	[this question only for those whose answer in #15 indicates they are in a	Meti not at all	somewhat	strongly
१९	relationship]	मेटी	Somewhat	strongly
, ,	relationship]	हुँदै होइन	केही हदसम्म हो	धेरै नै हो
	[यो प्रश्न ती व्यक्तहिरूको लागि मात्र, जसको	Ta		
	जवाफले प्रश्न १५ मा उनीहरू सम्बन्धमा छन्	not at all	somewhat	strongly
	भन्ने कुरा सङ्केत गरेको छ]	ट्रा		
		हुँदै होइन	केही हदसम्म हो	धेरै नै हो
	If in a relationship, to which degree	Kothi		
	to the following terms about sexual	not at all कोथी	somewhat	strongly
	orientation and gender identity apply your spouse/partner?	्रुति होइन हुँदै होइन	केही हदसम्म हो	धेरै नै हो
	your spouse/partner:	Panthi	गला हक्यानुग हा	4 \ 1 \ \( \) (1
	सम्बन्धमा हुनुहुन्छ भने कुन हदसम्म यौनकि	not at all	somewhat	strongly
	अभिमुखीकरण तथा लैङ्गकि पहचािनसम्बन्धी	पन्थी	Somewhat	strongly
	यी शब्दहरू तपाइँको पार्टनरको लागि लागू	हुँदै होइन	केही हदसम्म हो	धेरै नै हो
	हुन्छन् ?	Hijara		
		not at all	somewhat	strongly
		हजिडा <del>११</del> केन्ट्र	<del>}                                    </del>	धेरै नै हो
		हुँदै होइन	केही हदसम्म हो	घर न हा
		Fulumulu		atro o oli i
		not at all फुलुमुलु	somewhat	strongly
		हुँदै होइन	केही हदसम्म हो	धेरै नै हो
		Transgender		
		not at all	somewhat	strongly
		तेस्रो लङ्गि हुँदै होइन	केही हदसम्म हो	धेरै नै हो
		Gay or lesbiar		
		not at all	somewhat	strongly
			ो वा महलाि समल्ङ्	
		हुँदै होइन	केही हदसम्म हो	धेरै नै ह
		Heterosexual	=	
		not at all वृपिर्ति लङ्गि	somewhat ने वा सटरेट	strongly
		्रापरात लाङ्ग हुँदै होइन	केही हदसम् <b>म</b> हो	धेरै नै हो
		Bisexual		
		not at all	somewhat	strongly
		दुवलिङ्गी		5,
		हुँदै होइन	केही हदसम्म हो	धेरै नै हो
20.1	How many people know you are	None		ोलाई पनि छैन
२०.१	(sexual orientation/gender	A few		रैलाई <del>२ ६</del>
	identity as indicated in #16.1) at home? घरमा कतजिनालाई तपाईँ (प्रश्न	Some		ग़िलाई जसोलाई
	घरमा कतजिनालाई तपाईँ (प्रश्न   १६.१ मा सङ्केत गरिएअनुसारको यौनकि	Most		जसालाइ  लाई
	४६.४ मा सङ्कत गराएअनुसारका यानाक अभमिखीकरण/लैङ्गकि पहचिान) हो भन्ने	Not Applicable		<sub>ाषाइ</sub> गू हुँदैन
	थाहा छ ?	, tot Applicable		484.1

20.2	How many people know you are	None	П	कसैलाई पनि छैन
	at work?	A few	同	थोरैलाई
२०.२	काम गर्ने ठाउँमा कतजिनालाई तपाईँ	Some		केहीलाई
	हो भन्ने थाहा छ ?	Most		धेरैजसोलाई
		All		सबैलाई
		Not Applicable		लागू हुँदैन
20.3	How many people know you are	None		कसैलाई पनि छैन
	at school?	A few		थोरैलाई
२०.३	(skip this question if the person is not	Some		केहीलाई
	in school)	Most		धेरैजसोलाई
	विद्यालयमा कति जनालाई तपाईँ	All		सबैलाई
	हो भन्ने थाहा छ ?	Not Applicable		लागू हुँदैन
	(अन्तर्वार्तादाता विद्यालय जाँदैनन् भने यो प्रश्न छोड्नुहोस्)			
21	Does your boss or supervisor know	Yes		ন্ত
	that you are?	No		छैन
२१	तपाईँको हाकमिलाई तपाईँहो भन्ने	I don't know		मलाई थाहा छैन
	थाहा छ ?			

22. The following series of questions considers your experiences of various forms of abuse and discrimination in different settings when you are trying to access commercial or governmental services. २२. फरक-फरक परविशमा व्यापारिक वा सरकारी केन्द्रीय निकायमा सेवा लिन क्रममा तपाईँले भोगेका विभिन्न प्रकारका दुर्व्यवहार तथा भेदभावसम्बन्धी अनुभवलाई तल दिइएका प्रश्नहरूले मध्यनजर गरेका छन्।

We are trying to gather information about abuse and discrimination that happened only because of your sexual orientation or gender identity, so try to think of those cases specifically. हामी तपाईँको यौनिक अभिमुखीकरण वा लैङ्गिक पहिचानको कारणले गर्दा मात्र हुन गएको दुर्व्यवहार र भेदभावसम्बन्धी विवरण सङ्कलन गर्ने प्रयास गर्रहेका छाँ। त्यसैले विशेष गरी तिनै क्राहरूको बारेमा सोच्ने प्रयास गर्नहोला।

For each setting, we ask that you identify whether you have had any of the following experiences: प्रत्येक परविशको लागतिपाईँहरूले तल दिइएकामध्ये कुनै पनिव्यवहार अनुभव गर्नुभएको छ कि,त्यो कुरा पहिचान गर्नुहोस् भनने हामी चाहनुछौँ:

### Denied treatment or service;

उपचार/व्यवहार वा सेवाबाट वज्चति;

Verbally harassed; or गालीगलौज; वा

### Physically assaulted.

हातपात ।

You can select more than one answer. तपाईँले एकभन्दा बढी उत्तर रोज्न सक्नुहुनेछ।

FOR INTERVIEWERS: if the participant answers "no" to any of the scenarios, please ask them to clarify why it is not applicable. They might say: "I have not tried to access this service or setting"; or "Nobody in this setting knows I am \_\_\_\_\_\_"; or "I did not have a negative experience in this setting." अन्तर्वार्ताकर्ताको लागिः सहभागीले कुनै पनि परिविशको लागि निकारात्मक उत्तर दिए भने उनीहरूलाई त्यो कुरा किन लागू हुँदैन भनेर सोध्नुहोस् । उनीहरूले भन्न सक्लान्: «मैले यो सेवा लिन कोसिस गरेको छैनँ»; वा «यस परिवशमा कसैलाई पनि म \_\_\_\_\_ हो भन्ने थाहा छैन» वा «यस परिवशमा मैले नकारात्मक अनुभव गरिन ।»

Please note which explanation they give. कृपया उनीहरूले भनेको क्रालाई नोट गर्नुहोस्।

22.1 २२.१	At a store or supermarket, or market पसल वा विशालबजार वा बजार	
22.2 २२.२	Bus, microbus, taxi, or airplane सार्वजनिक यातायातका साधनः बस, माइक्रोबस, ट्याक्सी वा हवाईजहाज	
<b>2</b> 2.3 २२.३	Hospital or health clinic अस्पताल वा स्वास्थ्य चौकी/क्लनिकि	
22.4 २२.४	Police officer/station प्रहरी (अधिकृत वा प्रहरी चौकी)	

22.5	Judge or legal system	
२२.५	न्यायाधीश वा अड्डा, अदालत, CDO	
22.6	Government office/agency	
२२.६	सरकारी कार्यालय/नकािय	
22.7	School, college, or other education	
२२.७	institution	
	विद्यालय, कलेज वा अन्य शैक्षिक संस्था	

## **SECTION 3:**

## Information about the living situation of the interviewee

## खण्ड ३: अन्तर्वार्तादाताको बसोबासको अवस्थासम्बन्धी वविरण

23 ?³ 24	What is your current living situation? तपाईँ अहलि कहाँ बस्नुहुन्छ ?  If you live in a home, what is the type of house occupied by the household? घरमा बस्नुहुन्छ भने कस्तो कसिमिको घरमा बस्नुहुन्छ ?	Family home Home with friends/others Homeless skip to #31 Home/room alone Owned Rented Institutional Other Specify:	पारविारिक घर साथी/अरूहरूसँग एउटै घरमा घरविहीन प्रश्न ३१ मा जानुहोस् घर/कोठामा एक्लै आफ्नै घर भाडामा संस्थागत अन्य खुलाउनुहोस् :	
25	If you live regularly in a structured dwelling, what is the structure of the house? संरचनागत घरमा नयिमति बसोबास गर्नुहुन्छ भने घरको संरचना कस्तो छ?	Foundation  Mud bonded bricks/stone  Cement bonded bricks/stone  Concrete with pillar  Wooden pillar  Other	जग माटोले गारो लाएको इँट/ढुङ्गा समिन्टले गारो लाएको इँट/ढुङ्गा पलिर सहतिको कङ्क्रटि काठको खम्बा अन्य	
		Outer wall  Mud bonded bricks/stone Cement bonded bricks/stone Wood/planks Bamboo Unbaked bricks Other	बाहरिी भित्ता माटोले गारो लाएको इँट/ढुङ्गा समिन्टले गारो लाएको इँट/ढुङ्गा काट/फलेक बाँस काचो इँट अन्य	
		Roof Straw/thatch Galvanized iron Tile/slate Concrete/cement Wood/planks Earth/Mud Other	छाना पराल/खर ग्याल्भानाइज गरिएको फलाम टायल/पत्थर ढुङ्गा कङ्क्रटि /समिन्ट काठ/फलेक माटो अन्य	

26 २६	What is the main source of drinking water in your home? तपाईँको घरमा पउिने पानीको मुख्य स्रोत के हो ?	Tap/pipe Tubewell/Hand Pump Covered Well/Kuwa Uncovered Well/Kuwa Spout water River/stream Other Specify:	धारा/पाइप ट्युबवेल/हाते पम्प छोपिएको इनार/कुवा नछोपिएको इनार/कुवा पँधेरो नदी/खोला अन्य खुलाउनुहोस् :	
27 २७	What is the type of cooking fuel usually used in the home? घरमा खाना पकाउन अक्सर प्रयोग गरनि इन्धन कुन हो ?	Wood Kerosene LP Gas Cow Dung Biogas Electricity Other Specify:	काठ/दाउरा मट्टीतेल एलपी ग्यास गोबरग्यास बायोग्यास वद्युत् अन्य खुलाउनुहोस् :	
28 २८	What is the usual source of lighting in the home? घरमा बत्ती बाल्न अक्सर प्रयोग गरनि साधन के हो ?	Electricity Kerosene/lantern/candle Biogas Solar Other Specify:	विद्युत् मट्टीतेल/लालटिन/मैनबत्ती बायोग्यास सौर्य अन्य खुलाउनुहोस् :	
29 २९	What type of toilet facility are you using in the home? घरमा कस्तो प्रकारको शौचालय प्रयोग गररिहनुभएको छ ?	Flush Pit toilet No toilet	फ्लस भएको पटि (खाडल) शौचालय शौचालय छैन	
0 ° °	Do you have the following facilities in the house? (mark all that apply) घरमा यी साधन र सुवधाहरू छन् कि? (मिल्ने जति सबैमा चिन्ह लगाउनुहोस्)	Radio TV Cable TV Computer Internet Telephone Mobile phone Motor Motorcycle Bicycle Other type of vehicle Refrigerator None of these	रेडियों टिभी केबल टिभी कम्प्युटर इन्टरनेट टेलिफोन मोबाइल फोन मोटर मोटरसाइकल साइकल अन्य सवारी साधन फ्रिज	

31	If you are homeless, where	Park		पार्क	
	do you normally sleep at	Street		सडक	
	night?	Sex work	$\Box$	यौन पेशा ग्राहकको घर	
3 १	घरविहीन हुनुहुन्छ भने प्रायःजसो	client's home		हरेक रात फरक ठाउँ	
	राति कहाँ सुत्नुहुन्छ ?	Different place every night		साथीको घर	
		Friend's home	$\Box$	अन्य	
		Other	同	खुलाउनुहोस् :	
		Specify:			

## **SECTION 4:**

Information about the economic situation of the interviewee

# खण्ड ४: अन्तर्वार्तादाताको आर्थिक अवस्थासम्बन्धी वविरण

32	What was your total income in				
	the past 12 months?				
३२	वगित १२ महनािमा तपाईँको जम्मा				
	आम्दानी कतरिह्यो ?				
33	What was your total income				
	over the past one month?				
33	वगित एक महनािमा तपाईँको जम्मा				
	आम्दानी कतरिह्यो ?				
34	Concerning your personal	It was less than adequate		व्यक्तगित आवश्यकताका	
	total income over the past	for your personal needs		लागि पर्याप्तभन्दा कम थियो	
	one month, which of the	It was just adequate for		व्यक्तगित आवश्यकताका	
३४	following is true?	your personal needs		लाग िठिक्क मात्र थियो	
	वगित एक महनािमा तपाईँको	It was more than adequate		व्यक्तगित आवश्यकताका	
	व्यक्तगित जम्मा आम्दानीको कुरा	for your personal needs		लागि पर्याप्तभन्दा बढी थियो	
	गर्दा, कुन कुरा मलि्छ ?	NI-+	-	लागू हुँदैन	
		Not applicable	Ш	लागू हुदन	Ш
35	If you live with other people,	If alone/zero skip to #38		एक्लै हुनुहुन्छ/कसैसँग	
	how many other people?			बस्नुहुन्न भने प्रश्न ३८ मा	
३५	तपाईँ अरूसँग बस्नुहुन्छ भने कत			जानुहोस्	
	जनासँग ?				
36	If you live with other people,				
	who earns the most income?				
३६	अरूसँग बस्नुहुन्छ भने कसले				
	सबभन्दा बढी कमाउँछन् ?				
37	What is your relationship to				
	this person?				
३७	यी व्यक्तसिँग तपाईँको के नाता छ ?				
38	Have you lived outside your	Yes		छु	
	current district for more than	No skip to #42		छैनँ प्रश्न ४२ मा जानुहोस्	
३८	2 continuous months over the				
	past 5 years?				
	वगित ५ वर्षमा तपाईँ लगातार				
	२ महनािभन्दा बढी समय आफ्नो				
	वर्तमान जलि्लाभन्दा बाहरि				
	बस्नुभएको छ ?				

39 <b>३</b> ९	Where was the place? (district/country) त्यो ठाउँ कहाँ थयो ? (जल्ला/देश)				
40 ४0	Did you work there? तपाईँले त्यहाँ काम गर्नुभयो ?	Yes No		गरें गरनिं	
41 <b>४१</b>	What primary activity (work) did you do when in that place? त्यस ठाउँमा हुँदा तपाईँले मुख्य काम के गर्नुभयो ?				
	ection is now going to ask questi । खण्डमा तपाईँको वर्तमान स्थतिको		on.		
42 ४२	Do you currently legally own a house in any part of Nepal? नेपालको कुनै भागमा अहलि तपाईँको आफ्नो नाममा घर छ ?	Yes No		छ छैन	
43 <b>४३</b>	Do you currently legally own land in any part of Nepal? नेपालको कुनै भागमा अहलि तपाईँको आफ्नो नाममा जग्गा छ ?	Yes No		छ छैन	
44	What paid work did you	Agriculturemonths		कृषि महिना	
88	usually do in the last 12	Salary/Wagemonths		तलब/ज्यालादारी महना	
8 8	months? (indicate how many months for each type of work)	Own Economic Enterprisemonths		आफ्नै आर्थकि उद्यम महनिा	
	वगित १२ महनिामा धेरैजसो तपाईँले कुन-कुन आम्दानी हुने काम गर्तुभयो ?	Extended Economic Activitymonths		वस्तारति आर्थकि गतविधि महना	
	(प्रत्येक कसिमिको कामको लाग	Social Workmonths		सामाजिक कार्य महना	
	कति महिना भनेर सङ्केत गर्नुहोस्)	Household workmonths		घरको काम महना	
		Study (student)months		अध्ययन (वद्यार्थी) महनि	т
		No workmonths		काम नभएको महना	
		Daily labour workmonth:	S	दैनकि मजदुरी महना	
		Sex workmonths		यौन पेशामहिना	
		Othermonths Specify:		अन्य महिना खुलाउनुहोस् :	

			0 0	
45	If you did not work during the	Student	विद्यार्थी	
	last 12 months, what was the	House work	घरको काम	
४५	reason for usually not working	Aged	वृद्धावस्था	
	during the last 12 months?	Pension/Retired	पेन्सन/रटाियर्ड	
		Disability	अपाङ्गता	
	वगित १२ महनािमा काम गर्नुभएन	Sickness or chronic illness	बिमार वा दीर्घकालीन रोग	
	भने धेरैजसो त्यस अवधिमा काम	Unable to get employment	रोजगार पाउन असक्षम	$ \Box$
	नगर्नुको कारण के थियो ?	Other	अन्य	
			 	_

### **SECTION 5:**

### **Experiences of discrimination**

## खण्ड ५:

### भेदभावको अनुभव

This section contains a number of open-ended narrative response questions. Remind the person you are interviewing that it is important for you to record the details of their responses, so they should speak slowly and clearly, and you should write clearly and in detail. Use the extra narrative response form if you need extra space, noting the question number.

यस खण्डमा केही सङ्ख्यामा खुला प्रकारका वर्णनात्मक प्रत्युत्तर (narrative response) माग्ने किसमिका प्रश्नहरू छन्। आफूले अन्तर्वार्ता गरिहेका व्यक्तिहरूलाई के कुरा समझाउनुहोस् भने उनीहरूको प्रत्युत्तरको विस्तृत विवरण अभिलेख गर्नु तपाईँको लागि महत्त्वपूर्ण छ, त्यस कारण उनीहरूले बिस्तारै र प्रष्ट बोल्नुपर्छ, र तपाईँले स्पष्ट तथा विस्तृत रूपमा लेख्नुपर्छ। लेख्नको लागि बढी ठाउँ चाहिएमा अतिरिक्त वर्णनात्मक प्रत्युत्तर फारम (extra narrative response form) प्रयोग गर्नुहोस् र त्यसमा प्रश्न नम्बर नोट गर्नुहोस्।

46 ૪६	Have you ever in your life been denied a job or been fired from a job because you are or were perceived to be [from #16.1]? [प्रश्न १६.१ बाट] भएको कारणले तपाईँको जीवनमा कहल्यि तपाईँलाई जागरि नदिइएको वा जागरिबाट निकालिएको छ ?	Yes No	छ छैन	
47 ४७	Have you ever in your life been harassed verbally or in writing on the job by a coworker because you are or were perceived to be?भएको कारणले तपाईँको जीवनमा कहलि्यै काम गर्ने ठाउँमा आफूसँगै काम गर्ने व्यक्तिद्वारा तपाईँलाई मौखिक वा लिखिति रूपमा दुर्व्यवहार गरिएको छ ?	Yes No	छ छैन	
48 %Z	Have you ever in your life been physically harassed or assaulted by a co-worker because you are or were perceived to be?भएको कारणले तपाईँको जीवनमा कहल्ियै तपाईँलाई सँगै काम गर्ने व्यक्तिद्वारा शारीरिक दुर्व्यवहार गरिएको छ ?	Yes No	छ छैन	
49 <b>४९</b>	Have you ever left a job because the environment was not very accepting of LGBTI people? यौनिक तथा लैङ्गिक अल्पसङ्ख्यक व्यक्तिहरूलाई काम गर्ने वातावरण सकारात्मक नभएकोले तपाईँले कहिल्यै काम छोडन्भएको छ ?	Yes No	छ छैनँ	

50 40 51 48	Have you ever in your life been evicted by a landlord or realtor because of your sexual orientation or gender identity or because you were perceived to be?	Yes No Yes No	छन् छैनन् छन् छैनन्	
52 42	तपाइँको जीवनमा कहिल्यै तपाइँलाई घरधनीले डेरा भाडामा दिन नमानेका छन् ? If you have experienced discrimination or a human rights violation based on being perceived as LGBT, to whom did you report it? यौनिक तथा लैङ्गिक अल्पसङ्ख्यक भएको कारणले तपाइँले भेदभाव वा मानवअधिकारको उल्लङ्घन अनुभव गर्नुभएको छ भने कहाँ उजुरी गर्नुभयो ?	Lawyer NGO Police Court National Human Rights Commission didn't report skip to #54	वकलि गैरसरकारी संस्था प्रहरी अदालत राष्ट्रिय मानवअधिकार आयोग उजुरी गरिन प्रश्न ५४ मा जानुहोस्	
53 43	What was your reporting experience? तपाईँको उजुरी गर्दाको अनुभव कस्तो रह्यो ?  Probing questions for the interviewer to use if necessary: आवश्यक परेको खण्डमा अन्तर्वार्ताकर्ताले निम्न प्रश्नहरू सोध्न सक्नेछन्:  - did you fill out forms? Did the forms acknowledge sexual and gender minorities? - तपाईँले फारमहरू भर्नुभयो कि? ती फारमहरूमा यौनिक तथा लैङ्गिक अल्पसङ्ख्यकहरूलाई समावेश गरिको थियो त?  - did you file your claim on the first visit or did you have to return many times? - तपाईँले पहिलो पटकमा नै आफ्नो उजुरी दर्ता गर्नुभयो कि पटक-पटक फर्कनु पर्यो ?  - were the officials or staff you interacted with friendly? - तपाईँले भेटेका कर्मचारीहरू मिनसार थिए ?			

54 48	Why didn't you report it to anyone? तपाइँले किन कसैलाई पनि उजुरी गर्नुभएन ?			
55 ५५	In your opinion, has the situation for sexual and gender minority people in Nepal gotten better over the past 10 years? तपाईंको विचारमा वगित १० वर्षमा नेपालका यौनिक तथा लैङ्गिक अल्पसङ्ख्यक व्यक्तहिरूको अवस्थामा सुधार आएको छ ?	Yes No	छ छैन	

### **SECTION 6:**

### Information about HIV services, information, and discrimination

## खण्ड ६:

## HIV सम्बन्धी सेवा, जानकारी तथा भेदभावसम्बन्धी वविरण

Some of the questions in this section deal with private health information. All of this information will be kept confidential. However if the interviewee is uncomfortable answering any of the questions, he or she may choose to pass.

यस खण्डका केही प्रश्नहरू निजी स्वास्थ्य विवरणसँग सम्बन्धित छन् । यस प्रकारको सम्पूर्ण विवरण गोप्य राखनिछ । तर अन्तर्वार्तादातालाई कुनै पनि प्रश्नको उत्तर दिन असजिलो लागेमा उनले त्यस्ता प्रश्नहरू पास गर्न सक्नेछन् ।

56	Have you heard about HIV?	Yes	छु
५६	तपाईँले ⊟ा∨ बारे सुन्नुभएको छ ?	No (end survey; go to	छैनँ (सर्वेक्षण समाप्त
		quality check section)	गर्नुहोस्, गुणस्तर जाँच
			खण्डमा जानुहोस्)
57	How did you first hear about HIV?	Radio	रेडियो
५७	तपाईँले ⊟ा∨ बारे पहलोि पटक कुन माध्यमबाट	Television	टेलभिजिन
	सुन्नुभयो ?	Newspaper/leaflets/	अखबार/पर्चा/ब्रोसर
		brochures	साथी
		Friends	सङ्घसंस्था
		Organizations	स्वास्थकर्मी
		Health workers	पाठ्यपुस्तक
		Textbooks	अन्य
		Other	खुलाउनुहोस् :
		Specify:	
58	How many times have you been tested for	Never (end survey; go to	कहलि्यै पनि छैन (सर्वेक्षण
46	HIV?	quality check section)	समाप्त गर्नुहोस्, गुणस्तर
	तपाईँले कति पटक HIV जाँच गराउनुभएको छ ?	Once	जाँच खण्डमा जानुहोस्)
		Twice	एक पटक
		Three times	दुई पटक
		More than three times	तीन पटक
			तीन पटकभन्दा बढी

59 ५९	When was your most recent HIV test? तपाइँले अन्तमि पटक HIV परीक्षण कहलि गर्नुभएको थियो ?	within the last three months within the last six months within the last year more than one year ago	गत तीन महिनाभित्र गत छ महिनाभित्रि वगित एक वर्षभित्रि एक वर्षभन्दा पहिले
60 & o	Where was the test performed? त्यो परीक्षण कहाँ भएको थियो ?	Hospital VCT Center other government Private hospital/clinic NGOs other private setting Blue Diamond Society/ CBO Other Specify:	अस्पताल स्वैच्छिकि परामर्श तथा परीक्षण केन्द्र अन्य सरकारी निकाय निजी अस्पताल/क्लिनिकि गैरसरकारी सङ्घसंस्था अन्य निजी परिवश नील हिरा समाज/सामुदायिक संस्था अन्य खुलाउनुहोस् :

you sh staff ha comfo तलको र चाहन्छ छैन र अ	llowing section contains sensitive question hare on the survey will never be associated as signed a binding confidentiality contract prtable answering, you are welcome to skip खण्डमा तपाईँको HIV को अवस्था बारे संवेदनशील हाँ भने यस सर्वेक्षणमा तपाईँले उपलब्ध गराउनुभा मन्तर्वार्ताकर्ता वा कर्मचारीले गोपनीयतासम्बन्ध प्रश्नको उत्तर दनि असजलो लाग्यो भने तनिल	with your name in any way t. Nonetheless if there are them. प्रश्नहरू सोधिएका छन् । हामी एको सम्पूर्ण वविरण कुनै पनि वृधी बाध्यकारी करार सेवामा सह	y, and any c के कुर कसिमि	d the interviewer on questions you are not ा फेरि पनि याद दलाउन ले तपाईँको नामसँग जोडनि	ì
61 <b>६</b> १	What was the outcome of your HIV test? तपाईँको HIVपरीक्षणको नतजिा के आयो ?	Positive #62  Negative interview is finished; go to quality check section  Prefer not to answer interview is finished; go to quality check section  I don't know interview is finished; go to quality check section		पोजिटिभि प्रश्न ६२ मा जानुहोस् नेगेटभि अन्तर्वार्ता सकियो, गुणस्तर जाँच खण्डमा जानुहोस् उत्तर दिन चाहन्नँ अन्तर्वार्ता सकियो, गुणस्तर जाँच खण्डमा जानुहोस् थाहा छैन अन्तर्वार्ता सकियो, गुणस्तर जाँच खण्डमा जानहोस	

62 ६२	How many people know about your HIV status at home? घरमा कतजिनालाई तपाईँको HIV को अवस्थाबारे थाहा छ ?			
63 ६३	How many people know about your HIV status on the job? काम गर्ने ठाउँमा कतिजनालाई तपाईँको HIV को अवस्थाबारे थाहा छ ?	# Or check here if uneployed	# बेरोजगार भए यहाँ चिन्ह लगाउनुहोस्	
64 &&	How many people know about your HIV status at school? वदियालय/कलेजमा कति जनालाई तपाईँको HIV को अवस्थाबारे थाहा छ ?	# Or check here if not in school	# वद्यालय/कलेज जानुहुन्न भने यहाँ चिन्ह लगाउनुहोस्	
65 ६ ५	Think about the last time you went to the doctor/hospital/clinic for a non-HIV related issue, did the doctor or other medical professional who treated you know your HIV status? पछल्लो पटक HIV सँग असम्बन्धति कुराको लाग डाक्टरकोमा / अस्पताल / क्लनिकि गएको बेला समझनुहोस्। तपाईँको उपचार गर्ने डाक्टर वा अन्य स्वास्थ्यकर्मीलाई तपाईँको HIV को अवस्था बारेमा थाहा थियो ?	Yes No I don't know	थियो थिएन मलाई थाहा छैन	
66 ६६	Are you currently taking Antiretroviral treatment? अहलि तपाईं HIV को दबाइ (एआरटी) लडिरहनुभएको छ ?	Yes No	छ छैन	
67 ६७	Do you currently have any health problems? अहलि तपाईँलाईअन्य स्वास्थ्य समस्या छ ?	Yes No	छ छैन	
68 ६८	Are you currently treating those health problems? अहलि तपाईँ यी समस्याहरूको उपचार गराइरहनुभएको छ ?	Yes No	छ छैन	
69 ६९	Where do you go for these services? यी सेवाहरू पाउनको लागि तपाईँ कहाँ जानुहुन्छ ?	Hospital VCT Center Other government Private hospital/clinic NGOs other private setting BDS/CBOs	अस्पताल स्वैच्छिकि परामर्श तथा परीक्षण केन्द्र अन्य सरकारी निकाय निजी अस्पताल/ क्लिनिकि गैरसरकारी सङ्घसंस्था अन्य निजी परविश नील हरा समाज/	

70	About how many of your coworkers know that you are HIV positive?I will read you some options to consider. तपाइँसँग काम गर्ने लगभग कति जना व्यक्ति (सहकर्मी) हरूलाई तपाइँ HIV पोजटिभि हो भन्ने कुरा थाहा छ? तपाइँको छनोटका लागि म केही वैकल्पिक उत्तरहरू पढेर सुनाउँछु, हो वा होइन भन्नुहोला।	All of my coworkers Almost all About half Less than half None of them I am not employed		मेरा सबै सहकर्मीहरू प्रायः सबै करबि आधा आधाभन्दा कम कसैलाई पनि छैन मेरो रोजगारी छैन	
71 ७१	Does your boss or supervisor know that you are HIV positive? तपाईँका हाकमिलाई तपाईँ HIV पोजटिभि हो भन्ने कुरा थाहा छ ?	Yes No I don't know		छ छैन थाहा छैन	
discrind based ७२. फर तपाइँले छन्। For ear प्रत्येक भन्ने ह  Denier उपचार  Verbal गालीगर  Physic हातपात  You can तपाइँले  FOR IN it is not setting अन्तर्व हुँदैन भर्ने हुँदैन भर्ने	e following series of questions considers you into a consider settings when you are on your HIV status. रक-फरक परविशमा व्यापारिक वा सरकारी केन्द्री भोगेका विभिन्न प्रकारका दुर्व्यवहार तथा भेदभ ch setting, we ask that you identify whether परविशको लागि तपाईंहरूले तल दिहएकामध्ये कुनै मि चाहन्छौं:  d treatment or service; /व्यवहारवा सेवाबाट वञ्चित;  lly harassed; or लौज; वा  cally assaulted.  ज ।  Stally assaulted.  ज पक्षमन्दा बढी उत्तर रोज्न सक्नुहुनेछ ।  Stally assaulted.  ज पक्षमन्दा बढी उत्तर रोज्न सक्नुहुनेछ ।  Stally assaulted.  ज पक्षमन्दा बढी उत्तर रोज्न सक्नुहुनेछ ।  Stally assaulted.  ज पक्षमन्दा बढी उत्तर रोज्न सक्नुहुनेछ ।  अस्ति कुनै पनि परविशक्त के स्ति स्त्रागिले कुनै पनि परविशक्त सेर सोध्नुहोस् । उनीहरूले भन्न सक्लान्: «मैले यो हो भन्ने थाहा छैन» वा «यस परविशमा मैले नकारा	e trying to access commerced at a निकायमा सेवालिन क्रममा अ गवसम्बन्धी अनुभवलाई तल दिल्ल er you have had any of the in पनिव्यवहार अनुभव गर्नुभएक egative experience in this se जो लागिनकारात्मक उत्तर दिए सेवा लिन कोसिस गरेको छैनँ»; व	ial or गाफ्नो इंदेएका follo को छ setti स्टार्म	e ask them to clarify whing; or "Nobody in this g.".  state of the st	रमा का तुहोस्
	note which explanation they give. उनीहरूले भनेको कुरालाई नोट गर्नुहोस् ।				

72.1 ७२.१	At a store or supermarket, or market पसल वा वशिालबजार वा बजार			
72.2 ७२.२	Bus, microbus, taxi, or airplane सार्वजनकि यातायातका साधनः बस, माइक्रोबस, ट्याक्सी वा हवाईजहाज			
72.3 ७२.३	Hospital or health clinic अस्पताल वा स्वास्थ्य चौकी/क्लनिकि			
72.4 ७२.४	Police officer/station प्रहरी (अधकिृत वा प्रहरी चौकी)			
72.5 ७२.५	Judge or legal system न्यायाधीश वा अड्डा, अदालत, CDO			
72.6 ७२.६	Government office/agency सरकारी कार्यालय/निकाय			
72.7	School, college, or other education institution वद्यालय, कलेज वा अन्य शैक्षकि संस्था			
73 ৩ ম	If you are HIV positive and have experienced discrimination based on your status, how has your behaviour changed as a result? तपाईँले HIV पोजटिभि भएको अवस्थामा अनुभव गर्नुभएको भेदभावको कारणले तपाईँको जीवनमा के-कस्तो परविर्तन ल्याउन बाध्य हुनुभयो ?			
<b>74</b> ৬४	If you have experienced discrimination or a human rights violation based on being HIV positive, to whom did you report it? तपाईँले HIV पोजटिभि भएको अवस्थामा भेदभाव वा मानवअधिकार उल्लङ्घन अनुभव गर्नुभएको छ भने कहाँ उजुरी गर्नुभयो ?	Lawyer NGO Police Court National Human Rights Commission Other Specify: Any/all above answers go to #75 didn't report skip to #76	वकिल गैरसरकारी संस्था प्रहरी अदालत राष्ट्रिय मानवअधिकार आयोग अन्य खुलाउनुहोस् : ————————————————————————————————————	

75	What was your reporting experience?
૭५	तपाईँको उजुरी गर्दाको अनुभव कस्तो रह्यो ?
	Probing questions for the interviewer to use if necessary: - आवश्यक परेको खण्डमा अन्तर्वार्ताकर्ताले निम्न प्रश्नहरू सोध्न सक्नेछन्:
	- did you fill out forms? Did the forms acknowledge sexual and gender minorities? - तपाईँले फारमहरू भर्नुभयो कि? ती फारमहरूमा यौनिक तथा लैङ्गिक अल्पसङ्ख्यकहरूलाई समावेश गरिएको थियो त ?
	- did you file your claim on the first visit or did you have to return many times? - तपाईँले पहिलो पटकमा नै आफ्नो उजुरी दर्ता गर्नुभयो कि पटक-पटक फर्कनु पर्यो ? - were the officials or staff you interacted with friendly? - तपाईँले भेटेका कर्मचारीहरू मिलनसार थिए ?
76	Why didn't you report it to anyone?
७६	तपाईँले किन कसैलाई पनि उजुरी गर्नुभएन ?

## **Quality checks**

## गुणस्तर जाँच

This section is designed to help the interviewer and team leader to check the questionnaire to make sure that it has been properly and fully completed. However, you also need to use your own judgment to make sure that a good job has been done! The team leader will check the interviewer's responses.

यो खण्ड अन्तर्वार्ताकर्ता र टोली प्रमुखलाई सहयोग गर्नका लागि तयार पारिएको हो, जसले गर्दा उनीहरूले प्रश्नावलीलाई जाँची यो उचित तथा पूर्ण रूपमा भरिएको कुरा सनिश्चिति गर्न सकून्। यद्यपि, तपाईँले आफ्नो विविक प्रयोग गरी काम राम्रो भएको कुरा सुनिश्चिति गर्न पनि आवश्यक छ ! टोली प्रमुखले अन्तर्वार्ताकर्ताका उत्तरहरू जाँच्नेछन्।

The interviewer should respond to the following points before the closure of the interview so that the interviewee is able to assist you to complete the responses to these questions.

अन्तर्वार्ताकर्ताले अन्तर्वार्ता समाप्त गर्नुभन्दा पहिले निम्न बुँदाहरूको उत्तर दिनुपर्नेछ, जसले गर्दा अन्तर्वार्तादाताले तपाईँलाई यी प्रश्नहरूको उत्तर पूरा गर्न सघाउन सक्नेछन् ।

1. Has the interviewee answered every relevant question in Sections 1-3 of the questionnaire?
☐ Yes ☐ No
१. अन्तर्वार्तादाताले प्रश्नावलीका खण्ड १-३ का प्रत्येक सान्दर्भिक प्रश्नको उत्तर दिएका छन् ?
🗌 छन् 🔲 छैनन्
If No, please specify which questions have not been answered and give reasons why:
छैनन् भने कुन प्रश्नहरूको उत्तर दिएका छैनन्, खुलाउनुहोस् र किन भनी कारण दिनुहोस् :
2. Do the answers to Question 20.2 and 21 appear consistent?
२. प्रश्न २०.२ र २१ का उत्तरहरूमा एकरूपता देखनि्छ ?
☐ Yes ☐ No
☐ देखनि्छ
If No, please explain:
देखाँदैन भने कृपया व्याख्या गर्नुहोस् :
Do the answers to Question 23 and 35 appear consistent?
प्रश्न २३ र ३५ का उत्तरहरूमा एकरूपता देखनिछ ?

☐ Yes ☐ No
🗌 देखनि्छ 🔲 देखाँदैन
If No, please explain:
देखाँदैन भने कृपया व्याख्या गर्नुहोस् :
Do the answers to Question 63 and 70 appear consistent?
प्रश्न ६३ र ७० का उत्तरहरूमा एकरूपता देखनि्छ ?
☐ Yes ☐ No
🗌 देखिन्छ 🔲 देखाँदैन
If No, please explain:
देखाँदैन भने कृपया व्याख्या गर्नुहोस् :
3. If there are differences, have you checked the reasons with the interviewee and recorded why there are these differences below? $\Box$ Yes
३. भिन्तताहरू छन् भने तपाईँले अन्तर्वार्तादातासँग कारणहरू सोध्नुभयो र तल दिइएको ठाउँमा यी भिन्नताहरू किन आए भन्ने कुरा लेख्नुभयो ? 🔲 सोधैँ, लेखेँ
4. Has the front page of the questionnaire been completed? $\Box$ Yes
४. प्रश्नावलीको आवरण पृष्ठ पूरा गरिएको छ ? 🔲 छ
Interviewer signature / अन्तर्वार्ताकर्ताको हस्ताक्षर:
Date / मिति:





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