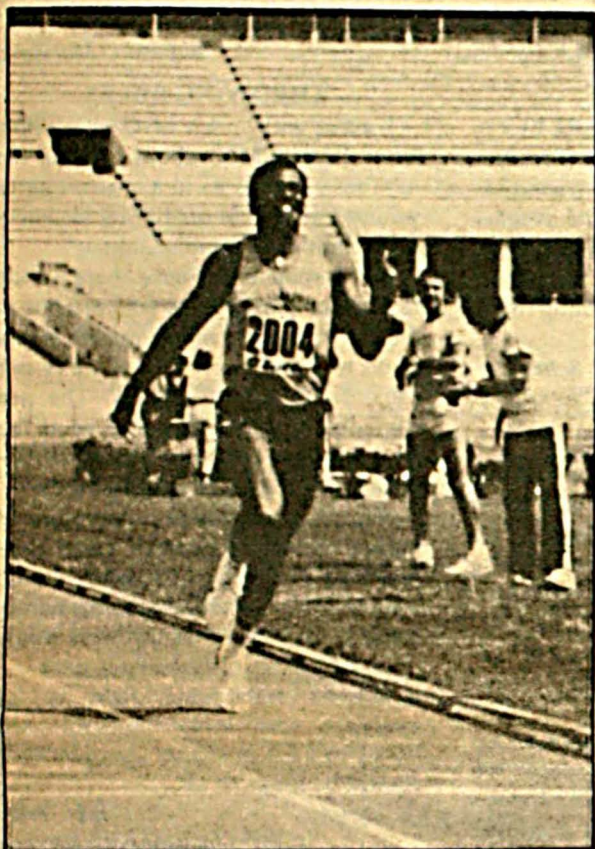




Burnett, Clarke Named Top 1985 T&F Athletes



Jim Burnett, 45, of Chicago, named the outstanding male age-40-and-over track & field athlete of 1985, winning the age 45-49 400-meter dash at the World Veterans Games in Rome in June, in a world M45 record time of 50.46.

Photo by Gretchen Snyder

Morcom, Oldfield, Miller Also Win 1985 Awards

HOUSTON, December 6, Jim Burnett, 45, of Chicago was named the outstanding age-40-and-over male track and field athlete of 1985 today by the Masters Track and Field Committee of The Athletics Congress, the national governing body for athletics in the United States.

Polly Clarke, 75, of Estes Park, Colorado, was voted the top female masters performer by the group at the 7th TAC convention.

TAC Western Regional Masters T&F Chairman Gary Miller of Los Angeles was named outstanding masters administrator of the year, while the top 1985 masters walker awards went to Bob Mimm, male, and Ruth Leff, female.

Two new awards were given. Brian Oldfield's 70'3" shot put at age 40 was voted the outstanding single-performance-of-the-year by an athlete age-40-and-over. Boo Morcom, 64, of Wilmot, New Hampshire, was selected as best multi-event performer.

Burnett won two gold medals in the age 45-49 division at the VI World Veterans Games in Rome in June, setting a pending world M45 record of 50.46 in the 400-meter run, and winning the 200 in 23.37, defeating the world's finest M45 runners in each. He won both events at the U.S. TAC National Masters T&F Championships in Indianapolis in August.

Continued on page 13



Polly Clarke, 75, of Estes Park, Colorado, voted top female masters track & field athlete of 1985. She set four world W75 records in the U.S. Masters Championships in the 100 (17.08), 200 (36.5), 400 (89.7) and 800 (3:49.8).

Photo by Gretchen Snyder

Cormier, Pickert Win U.S. 15K X-C

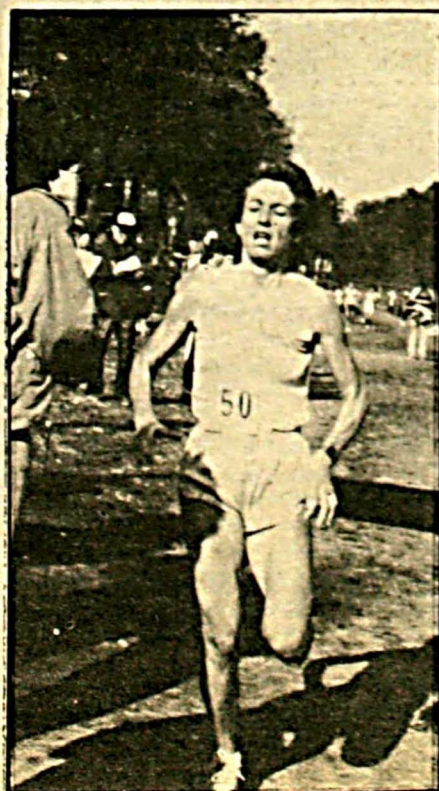
by EDDIE COYLE

The U.S. TAC National Masters 15K Cross-Country Championships at Van Cortlandt Park in the Bronx, N.Y. on November 17 was a class event. Sponsored by Guinness and Millrose, it attracted runners from as far away as Washington, California, Texas, and Toronto, Canada.

In addition, the race served as a memorial to former Olympian Pete McCardle, one of the most popular runners to ever lace a pair of running shoes. McCardle died at Van Cortlandt earlier this year, at age 56, from a massive heart attack following a training run. He was running the Van Cortlandt hills in spirit during this Masters race.

Testimonials to McCardle, who was a caring human as well as a great runner, were given before and after the race, which was won overall by Roland

Continued on page 17



Judy Pickert, 42, of Brewster, N.Y. won four women's masters cross-country titles in November.

Photo by Walt Westerholm

TAC Picks LDR Award Winners

HOUSTON, December 6. Barry Brown, 41, of Glens Falls, N.Y. and Gabriele Andersen, 40, of Sun Valley, Idaho, were named the outstanding age 40-44 long distance runners of 1985 today by the Masters Long Distance Running Committee of The Athletics Congress at its 7th annual convention.

The LDR Committee's awards are based on five-year age categories, rather than on an overall "best masters athlete."

It was a repeat honor for Brown, the

1984 top vote-getter. He lowered his American masters 10-mile record to 49:46, led the M40 rankings in the 10K and 15K, and won the U.S. Masters 10K Championships.

Andersen led the year's 10K rankings with 34:49, and logged a 2:41 marathon, less than two minutes off the U.S. W40+ record. Her 8K time of 28:14 was also a U.S. best for women-over-40.

Other division winners included Sal

Continued on page 12

Green Cops Another U.S. Marathon Title

by CHARLES DESJARDINS

With the same precision of the nine previous Marine Corps Marathons, the 10th Annual started at exactly 9:00 A.M., November 3, with the firing of a howitzer. Over 300 men and women Masters, competing for TAC national age-group championships, were among the approximately 11,000 competitors,

over half of whom were running their first marathon.

This race is an excellent choice for a marathoning first, as this writer can attest when he ran his first in 1976, the initial Marine Corps Marathon. But this year's weather was cool, wet and windy, not good conditions for a debut

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OLDER RUNNERS IGNORED

Your December story on the U.S. TAC Masters Half-Marathon Championships in Dayton on September 29 omitted any mention of the 70-and-over winners. Since that race was an official TAC Masters Championship, I thought runners in the higher age brackets would be mentioned.

Eugene Keller
Cincinnati, Ohio

(And so they should have been. But the results received by the NMN only showed five-year age-group winners through 55-59. After that, all runners were lumped, improperly, into a "60+" category. The rules of TAC Masters Long Distance Running Committee emphatically state: "In all National and Regional Masters Championships, there must be competition by five-year age divisions, for both men and women, with a minimum of three prizes per division." (Rule 270 and 250). The Dayton race director may have been unaware of the rule. All directors of TAC national and regional championships — track & field, long distance running and race walking — must provide competition and awards in each five-year age group through

90+. If they are not prepared to do this, then perhaps they shouldn't bid for the event, in the first place. Or, if the rule is too strict, perhaps it should be changed. — Ed.)

NATIONALS TOO EARLY

I am very upset that the 1986 National Masters T&F Championships have been switched from the August date they've had for several years, back to July 18-20. The fact that I turn 60 on July 24 has just about everything to do with my attitude.

Louis Schneider
Louisville, Kentucky

INDOOR NATIONALS

The first ever World Indoor Track & Field Championships will be held at the Hoosier Dome in Indianapolis on March 6-8, 1987. The Dome will be sporting a new 200-meter banked track for the occasion.

My question: why can't the 1987 Indoor National Masters T&F Championships be held either immediately before or after the above meet? Set-up costs for the track could be saved. We could see the first World Indoor Championships by spending a couple of extra days. And the banked

200-meter track will be out of this world. I say Indianapolis in 1987.

Robin Ficker
Bethesda, Maryland

THROWING RULES

I agree with much of Carl Wallin's letter (Dec. NMN) about limiting the number of throwers in a flight. I agree we need minimum qualifying distances for a national championship.

But I sometimes sense there's little feeling for participants who are not at the top of their event. Everyone wants to do well and improve, but we're not equal for a lot of reasons. The top competitors will continue to be at the top regardless of the weight of the implement or the height of the hurdle.

Heavier weights seem to be more of a disadvantage to all but the top competitors. The better throwers should have less trouble adapting to the lighter weights than the lesser throwers would have adjusting to the heavier ones.

Masters track and field is for everyone who loves the sport and wants to keep in shape. Consideration should be given to all.

S.E. Sears
Jacksonville, Oregon
Continued on page 10

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1986 TAC NATIONAL INDOOR MASTERS TRACK & FIELD CHAMPIONSHIPS

**LSU FIELD HOUSE - LOUISIANA STATE UNIVERSITY -
BATON ROUGE, LOUISIANA SATURDAY, FEBRUARY 22
AND SUNDAY, FEBRUARY 23, 1986**

SPONSORED AND HOSTED BY LSU AND TRACK AND FIELD OFFICIALS ASSOCIATION

MEET SITE The LSU Field House is a 3,018 seat facility with wall to wall tartan floors; the 220 yard track has 42 inch wide lanes with six (6) lanes around the turn and eight (8) lanes down the straight-a-way. All runways and take-off areas are tartan. The throwing circle is plywood. The LSU Field House is located just off Nicholson Drive on the LSU Campus.

ELIGIBILITY The competition is open to all men and women over the age of thirty (30) who are registered with The Athletics Congress (TAC).

DIVISIONS

MEN	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
WOMEN	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+

RELAYS All relay team members must be members of the same club. Runners may move down from their age division. The following events will be held:
4X440 - 30-39M&W 40+W 40-49M 50-59M 60+M 4X880 - 30-39M&W 40+W 40-49M 50-59M 60+M

ENTRIES All entries must be postmarked no later than Friday, January 31, 1986. There will be no refunds or changing of events after your entry is received. **NOTE:** Late entries will be taken until 10:00PM on Friday, February 21, at double the regular entry fee and on a space available basis.

ENTRY FEE

	BEFORE ENTRY DEADLINE(1/31/86)	AFTER ENTRY DEADLINE	Entry fee must accompany official entry.
First Event	\$ 7.00	\$14.00	Make checks payable to:
Additional Events	\$ 5.00 per event	\$10.00 per event	National Masters Indoor Championships
Relay Events	\$16.00 per team	\$32.00 per team	

REGISTRATION Embassy Suites - Friday, February 21, 3:00 PM to 10:00 PM; LSU Field House (Southeast Portal) - Saturday, February 22 and Sunday, February 23, after 9:00 AM.

ACCOMODATIONS Embassy Suites will serve as meet headquarters. They will be offering a special meet rate of \$60.00 for either a single or double room. All suites offer a private bedroom with remote controlled television, a separate living room, queen size sleeper sofa, telephone, color television and galley kitchen with complete wet bar, refrigerator and microwave. Each evening they host a two hour complimentary cocktail party in the courtyard, and in the mornings they offer a full breakfast, cooked to order, also served complimentary. Reservations must be made no later than Friday, February 7, 1986. To make reservations contact Embassy Suites, 4914 Constitution Ave., Baton Rouge LA 70808, or telephone (504) 924-6566. Make sure to identify yourself with the National Masters Indoor Championships.

TRANSPORTATION Airport to Hotel - Embassy Suites provides a free shuttle service; Hotel to LSU Field House - Shuttle service will run on a scheduled basis on Saturday and Sunday.

RULES AND STANDARDS As set forth by WAVA and adopted by TAC Masters will govern the competition.

IMPLEMENT WEIGH-IN Shot puts and weights will be inspected in room 103 of the LSU Field House beginning at 8:00 AM Saturday.

ATHLETE CHECK-IN **RUNNING EVENT** athletes must check-in one event prior to their own event at the check-in area (clerk of course) located in the southwest corner of the LSU Field House. **FIELD EVENT** athletes must check-in prior to the start of their event with the head judge of that event at the event site.

AWARDS National championship medals to top three in each division in each individual event. National championship medals to each member of the top three relay teams in each division in each relay.

DRESSING FACILITIES Locker room and shower facilities are available in the LSU Field House for both men and women. You must furnish your own towels.

TRAINING AREA Trainers will be set-up in room 103 of the LSU Field House for any emergency.

FURTHER INFORMATION For further information contact the LSU Track and Field Office at (504) 388-8628.

SATURDAY FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
10:00 AM	Weight Throw	50-80+	Trials & Final
	Long Jump	30-34	Trials & Final
11:00 AM	Weight Throw	30-49	Trials & Final
	Long Jump	35-39	Trials & Final
	Pole Vault	50-80+	Final
12:00 NOON	Shot Put	30-34	Trials & Final
	Long Jump	40-44	Trials & Final
1:00 PM	Shot Put	35-39	Trials & Final
	Long Jump	45-49	Trials & Final
2:00 PM	Shot Put	40-44	Trials & Final
	Long Jump	50-59	Trials & Final
3:00 PM	Shot Put	45-49	Trials & Final
	Long Jump	60-80+	Trials & Final
	Pole Vault	30-49	Trials & Final
4:00 PM	Shot Put	50-59	Trials & Final
5:00 PM	Shot Put	60-80+	Trials & Final

SATURDAY TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
12:00 NOON	60 Yard Dash	30-80+	Semifinal
1:00 PM	Mile Run	30-80+	Final
2:00 PM	60 Yard Dash	30-80+	Final
3:00 PM	1000 Yard Run	30-80+	Final
4:00 PM	300 Yard Dash	30-80+	Final
5:00 PM	4X880 Yard Relay	30-80+	Final

SUNDAY FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
11:00 AM	Triple Jump	60-80+	Trials & Final
	High Jump	30-49	Final
12:15 PM	Triple Jump	50-59	Trials & Final
1:30 PM	Triple Jump	40-49	Trials & Final
2:00 PM	High Jump	50-80+	Final
2:45 PM	Triple Jump	30-39	Trials & Final

SUNDAY TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
12:00 NOON	60 Yard Hurdles	30-80+	Semifinal
1:00 PM	Two Mile Run	30-80+	Final
2:00 PM	60 Yard Hurdles	30-80+	Final
2:30 PM	600 Yard Run	30-80+	Final
3:30 PM	Two Mile Walk	30-80+	Final
4:00 PM	4X440 Yard Relay	30-80+	Final

Trials will be run in age groups starting with older women to youngest men that have more than ten (10) entries. Trials having less than ten entries reporting will be run at scheduled final time with only entries reporting for the finals.

Finals will be run in sections (sometimes more than one age group at a time) starting with OLDEST WOMEN TO YOUNGEST MEN.

Last Name	M.I.	First Name	OFFICIAL ENTRY	Event	Recent Best Mark
NAME _____					
ADDRESS _____					
CITY _____		STATE _____	ZIP CODE _____		
TAC# _____		PHONE # _____			
SEX M _____ F _____	BIRTHDATE / / _____		DIVISION _____		
INDIVIDUAL FEES \$ _____		RELAY FEES \$ _____		AMOUNT ENCLOSED \$ _____	
				PAYABLE TO: National Masters Indoor Championships	
				MAIL TO: National Masters Indoor Championships	
				Track Office - LSU, Baton Rouge, LA 70893	

ATHLETE'S RELEASE In consideration of your acceptance of my entry, I do hereby for myself, my heirs, and executors, waive, release and forever discharge any and all claims for damages which I may have, or which may hereafter accrue against The Masters Athletic Committee, The LSU Track and Field Officials Association, all other meet sponsors and sports facilities or their officers or agents, for any damages which may be suffered by me. I certify that my level of training is such that I am prepared to compete and recognize the right of any duly authorized member of the medical staff to require my withdrawal from competition, and will do so if directed.

DATE: _____ ATHLETE'S SIGNATURE _____

Coffman, Wehrum Top Masters in Wendy's 10K Run

by JERRY WOJCIK

It took 99 minutes for the last of the 5000 participants to cross the finish line of Wendy's 10K on the Western Kentucky University campus in Bowling Green on November 9. Don Coffman, 41, took only 31:47 to end the Masters contest over Bill Olrich, 50, who ran a steamy 32:57. Tom Dooley, 41, was third Master in 33:08. Eugene Keller, 71, won the M70+ race with a strong 42:13.

Mary Anne Wehrum, 47, outdistanced younger W40-and-over runners to take the women's Masters title with an excellent 38:20, leaving second and third place to Natalie Spalding, 40, (41:14), and Janet Bilbrey, 42, (42:56). Arlene Park, 60 ran 46:18 to win the W60 event.

The 99-minute, final finisher was Bill Seymour, 54, Jeffersonville, Indiana, who had undergone major surgery twice in the last two years. A former smoker who quit 2½ years ago, he has been running for five years to maintain his health. Although not as impressive as that of the other Masters on the results sheet, Seymour's time is perhaps even more remarkable because he considers himself lucky just to have completed the race.

Wendy's 10K, rated as one of the top 25 road races in the U.S., was directed by David Mason. □



Mark Lowry, 48, winner of the age 45-49 division in 36:15 in Wendy's 10K at Bowling Green, Ky., on November 9, accepts race medallion.



Joe Hasse, 76, finishing 2nd M75+ (1:00:18), Wendy's 10K, Bowling Green, Ky., November 9. Hasse has run all six Wendy's.



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Pickert, Randall Win U.S. 5K X-C

Judy Pickert, 42, of Brewster, N.Y., took only two weeks to win a second TAC U.S. Masters Cross-Country Championship when she finished first in the women's Masters 5K in 20:00.1 at Meredith College in Raleigh, N.C., on November 29, duplicating her women's Masters win in the 15K Championships in the Bronx, N.Y., on November 17.

Pickert pulled away from the field after one mile, opened up a 15-second lead by the 3K mark, and was never challenged. Second-place Mardi Reed, W40, in 20:29.3, also ran with a large lead.

Pickert, a 5-3½, 105 pound, P.E. teacher, who overcame a shoulder injury that almost stopped her from participating in sports of any kind, said, after the race, "This is my seventh healthy year. I'm having a great time. I'm finished for the year now. I'm going back to base and try to get through the winter in New York. Cross-country is my favorite."

Another Easterner, Kirk Randall, 44, of Wellesley, Mass., was the Masters overall winner with an eight-second 16:44.4 victory over North Carolinian Edward Daw in the M40

contest. Another Tarheel, Joe Carr, M40, finished third in 16:58.

Randall, a squash pro at the University Club in Boston's Back Bay section, pushed the pace after the first kilometer to open a 70-meter lead, which he maintained for most of the race. Daw passed several runners on the last hill, but Randall, aware of his presence, sprinted away in the final 200 meters.

The Masters events were just two of twenty-one age-group U.S. Cross-Country Championships in this harrier "Super Bowl," which was run on a muddy course, described as "atrocious" by some participants, and "interesting" by others.

Athletic West's Pat Porter, Senior (open) Men's 10K winner, slipped and fell in the mud but recovered to finish in 30:33. Lynn Jennings, also of Athletics West, won the Senior Women's Championships, running the 5K course in 17:27.

Masters team winners were North Carolina Roadrunners, M40-49; Carolina Godiva, M50-59; and Potomac Valley Seniors TC, M60+. Bob Baxter directed. □

Nakata, Kasper 1st Masters in Honolulu

Katsutoshi Nakata, with 2:35:06, and Arlene Kasper, in 3:02:16, 40-49 division winners, were the first Masters in the 13th Annual Honolulu Marathon in Honolulu, Hawaii, on December 8, which was run in the best weather conditions in the history of the event.

Jim Gallup, second Master in 2:35:51, and Patty Buholm, with 3:24:20, were 50-59 division winners.

Frank Grey won the M60-69 race in 2:52:16, with Gerry Horton second in 2:56:54. After the race, Grey, 66, said, "Horton was pushing me. Two years ago, I beat him by forty seconds, and last year by ten minutes. I was wat-

ching out for him today. I may retire from marathons and do some 10K's which I enjoy a little better, 'cause it doesn't take as much preparation." But, he added later, "I'll never quit. I'll do as many 10K's as possible and do a few more marathons."

Margaret Lee won the W60-69 contest in 4:34:23. Don Lunberg and Kikue Morikami were 70-79 division winners with 3:39:12 and 4:32:28, respectively. About her performance, Morikami, 71, said, through her interpreter, "I'm very excited. I'll keep running and try to break 4:10."

Ibrahim Hussein of Kenya won overall in a course record 2:12:08. □

Boston Offers \$9000 to Masters

The 90th Boston Marathon, Monday, April 21, 1986, will present \$2,500 each for the first Master man and woman, \$1,500 for the second places, and \$500 for the third spots.

In addition to offering equal prize money of \$30,000 to both the top male and female finishers, the Boston Athletic Association will pay out \$50,000 for a world record and \$25,000 for a course record.

The John Hancock Mutual Life Insurance Company, headquartered in Boston, is the corporate sponsor of the Boston Marathon.

Boston qualifying times for Masters are M40-49, 3:10; W40-49, 3:30;

M50-59, 3:20; W50-59, 3:40; M60-and-over, 3:30; and W60-and-over, 3:50. The event will be covered live by ESPN, the nation's largest cable network.

Send a stamped, self-addressed envelope to BAA Marathon, 17 Main St., Hopkinton, MA 01748. The BAA contact person is Guy Morse, 617/338-5709.

Travel expenses may be available for top-ranked Masters marathoners. Direct inquiries to John McGrath, Athlete Liaison; Boston Athletic Association — Suite 1028; 20 Park Plaza; Boston, MA 02116. 617/527-8243. □

PL

NAME

ADDRESS

PHONE

SHIRT SIZE

ENTRY FEE

MAKE CHECK

P



FLORIDA MASTERS (1986) TRACK & FIELD CHAMPIONSHIPS

HOSTED BY: PALM BEACH TRACK & FIELD ASSOCIATION

SATURDAY, APRIL 26, 1986
EVENTS

	MEN	WOMEN
SHOT PUT	X	X
JAVELIN	X	
DISCUS	X	X
LONG JUMP	X	X
TRIPLE JUMP	X	
110 METER HURDLES	X	
100 METER DASH	X	X
4 x 100 METER RELAY	X	X
1500 METER RUN	X	X
400 METER RUN	X	X
5000 METER RUN	X	
3000 METER RUN		X

Age Divisions (Men)

OPEN	SUB-MASTERS	MASTERS	MASTERS
19 - 29	30 - 34	40 - 44	55 - 59
	35 - 39	45 - 49	60 - 64
		50 - 54	65 - 69
			70 - 74

***Age Divisions (Women) 75-OVER**

OPEN	SUB-MASTERS	MASTERS	MASTERS
19 - 29	30 - 34	40 - 44	50 - 54
	35 - 39	45 - 49	55 - 59
			60 - over

* Age groups may be combined in some races, but all medals will be awarded in the five year age divisions listed.

SCORING: INDIVIDUAL EVENTS: 7, 5, 4, 3, 2, 1

RELAYS: 10, 7, 4, 3, 2, 1

Only athletes registered with designated team will be eligible to score points for that team. All others compete unattached.

SITE: John I. Leonard High School
4701 10th Avenue North
Lake Worth, Florida

FACILITIES: 400 All Weather Surface
1/4" spikes permitted but not required

RELAYS: All relay teams register at meet.

AWARDS: Custom medals to the first three finishers in each age division. Team trophies to first three overall teams. Also first place team trophy in following divisions: Open, Sub-Masters, Masters, Overall Woman

SUNDAY, APRIL 27, 1986
EVENTS

	MEN	WOMEN
HAMMER THROW	X	
HIGH JUMP	X	X
POLE VAULT	X	
200 METER DASH	X	X
400 METER HURDLES	X	
800 METER RUN	X	X
4 x 400 METER RELAY	X	X
10,000 METER RACE WALK	X	X

ALL ENTRIES WILL BE
CONFIRMED BY MAIL



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PLEASE REGISTER EARLY. THANK YOU.

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MEET DIRECTOR: JOE VALDES

NAME _____ AGE _____

ADDRESS _____ CITY _____ CITY _____ STATE _____ ZIP _____

PHONE (_____) _____ CLUB: _____
AREA CODE

SHIRT SIZE: SMALL _____ MEDIUM _____ LARGE _____ X-LARGE _____

LIST EVENTS ENTERED AND BEST PERFORMANCE

ENTRY FEE: \$7.00 per 1st Event, \$3.00 each
additional event, \$15.00 per relay (4
members)

MAKE CHECKS PAYABLE TO:
Palm Beach Track & Field Association

ENTRY DEADLINE: Entry Fee must accompany entry
blank. Entry Blanks received without entry fee will
not be processed. All entries must be received on or
before April 16, 1986. All Late entries Double Fee.

MAIL ALL ENTRIES TO: Palm Beach Track & Field
5300 Cannon Way
West Palm Beach, Fla.
33415 (305) 471-1891

IMPORTANT

If you have won any National, World
Championships or hold any records, please
include with entry for press recognition.
Thank you.

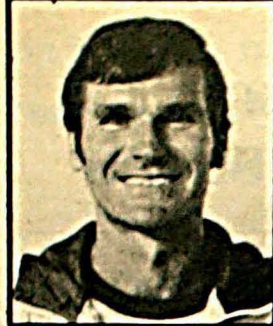
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Palm Beach Track & Field
5300 Cannon way
West Palm Beach, FL 33415
(305) 471-1891

SANCTIONED BY:



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THE GUN LAP

by MIKE TYMN

Run With a Goal for '86

Dr. Thomas Tutko, co-founder of the Institute of Athletic Motivation and author of *Sports Psychology*, has observed that highly successful distance runners are unwavering in attaining their goals.

"... (They) also have an unwillingness to veer from particular goals and are undaunted by setbacks," the San Jose State University psychology professor says. "There's no tender-mindedness. They don't seem to succumb to social pressures."

As you set your goals for 1986 you might keep Tutko's observations in mind. At the same time, you might contemplate what some successful athletes and coaches have had to say about goals, commitment and attitudes. From my collection of quotes:

"I was honest with myself in estimating my potential. I made a written plan for reaching my goals and then I fit that plan between a 40-hour

work week and my family duties. My feelings about my marathoning goals were probably the same as anyone else's. I had to reach my goals because I wanted to." — DEREK CLAYTON

"I wanted to be the greatest hitter who ever lived. A man has to have goals — for a day, for a lifetime — and that was mine, to have people say, 'There goes Ted Williams, the greatest hitter who ever lived.'" — TED WILLIAMS.

"I think it's clear that people fail because they shoot at nothing. Even if your goal is to get up at 6 in the morning, it gives you direction and a sense of self-esteem if you accomplish it. Lots of people get muddled and are

aimless, don't know what they want to achieve." — JIM RYUN

"Life is a combination of success and failure — in your greatest success you may yet be suffering a certain failure. But only if you set your goals high enough." — ARNOLD PALMER

"You must act as if the goal were infinitely far off. For master archers it is a fact of common experience that a good archer can shoot further with a medium-strong bow than an unspiritual archer with the strongest. It does not depend on the bow, but on the presence of mind, on the vitality and awareness with which you shoot." — D.T. SUZUKI, zen master

"I think that people who are unwilling to live on the fringe of their soul and their heart and their compassion and their passions really miss a lot of life." — DR. ALEX RATELLE

"I will demand a commitment to excellence and to victory, and that is what life is all about." — VINCE LOMBARDI

"I've had one basic philosophy all my life, even as a kid. What I believe is that the day you take complete responsibility for yourself, the day you stop making excuses, that's the day you start to the top." — O.J. SIMPSON

"Hard things take time to do. Impossible things take a little longer. Patience and persistence are the key word to success in athletics. There is never

any hurry on the creative plane!" — PERCY CERUTTY

"A commitment to serious training means that no matter what else you are in this world — doctor, lawyer, Indian chief — first of all you are a runner. If you are unable to live up to that standard, your running is not truly serious, and you can expect your race results to show it." — MARTY LIQUORI

"I've disciplined myself to know what I can do with the bat. I know who I am and I know who I'm not. It's not a shame to go to the opposite field. It's not a shame to lay down a bunt." — ROD CAREW

"In terms of execution, I feel the nearest I've ever got to the goals I've set for myself is 75 percent. One aspect of my personality that has at times helped in my career, and at other times brought me a lot of heartache, is my desire for perfection. I hate to do anything less well than I believe it can be done. And most of all, I hate to play golf less well than I think it can be played." — JACK NICKLAUS

"You need to hold clearly in mind that your success is not totally based on your own athletic prowess or your own intellectuality. It's based on your team's scheme of things. It's based on who you play with. And it's based on God. Not necessarily in that order." — "MEAN" JOE GREENE

Best wishes to all of you for the new year! □

TRACK & FIELD NEWS

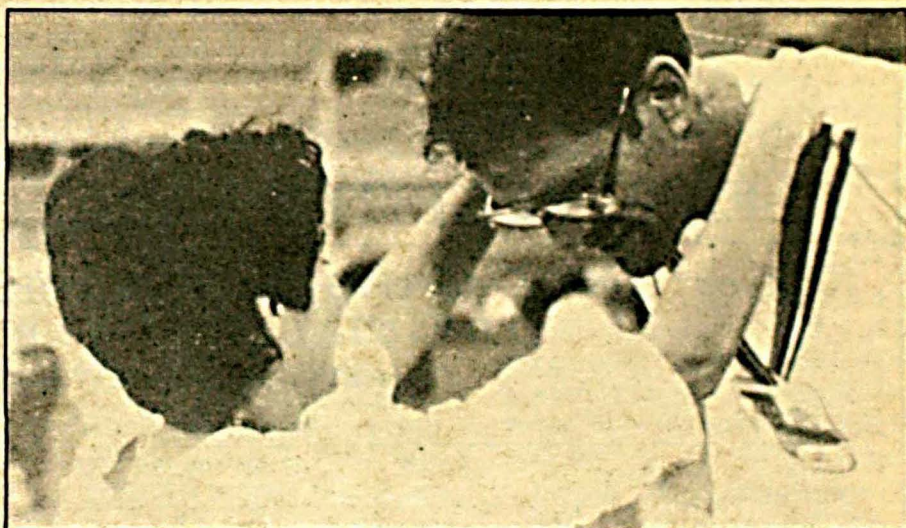


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TRACK AND FIELD NEWS
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Dick Richardson, Decatur, Illinois, receiving Gold medal for M50 High Jump of 1.70, at VI World Veterans Games in Rome in June.

Wooley Paces Masters in MAC 10K X-C

by BARRY HORN

NEW YORK, November 3. In the New York Metropolitan area the best way to convene a meeting of Masters runners is to schedule a cross-country race. As usual, a talented, deep field was on hand at Van Cortlandt Park for the Metropolitan Athletics Congress' Senior Mets 10K. For those unfamiliar with the Park's 10K, it consists of two loops of the back hills, sandwiched around a jaunt up Cemetery Hill.

Bob Wooley, M40, topped all Masters runners with 36:46. Matt Cucchiara, M40, 37:29, and George Desharnais, M40, 38:47, were the only

other Masters to break 40 minutes.

In the M45 group, Charles Kennedy ran 40:33 to win over Nevio Dobry's 41:35, while M50 winner, Lou Stern, was timed in 43:26, with William Schwartz second in 45:30. In the M55 race, John Smith took first in 45:24, with Jack Haar second in 47:35.

Bob Muller, in the M60 race, was given the most competition, as he won in 44:12, nineteen seconds in front of John McManus. Charles Feldman's 56:08 topped the M65 bracket.

The women ran the 5K course, with Judy Pickert, 42, of the Millrose AA, placing third with 19:45. □

" TWO DAYS OF PURE MASTERS ATHLETIC COMPETITION "

SPONSORED AND HOSTED BY THE LOS ANGELES PATRIOTS ORGANIZING COMMITTEE



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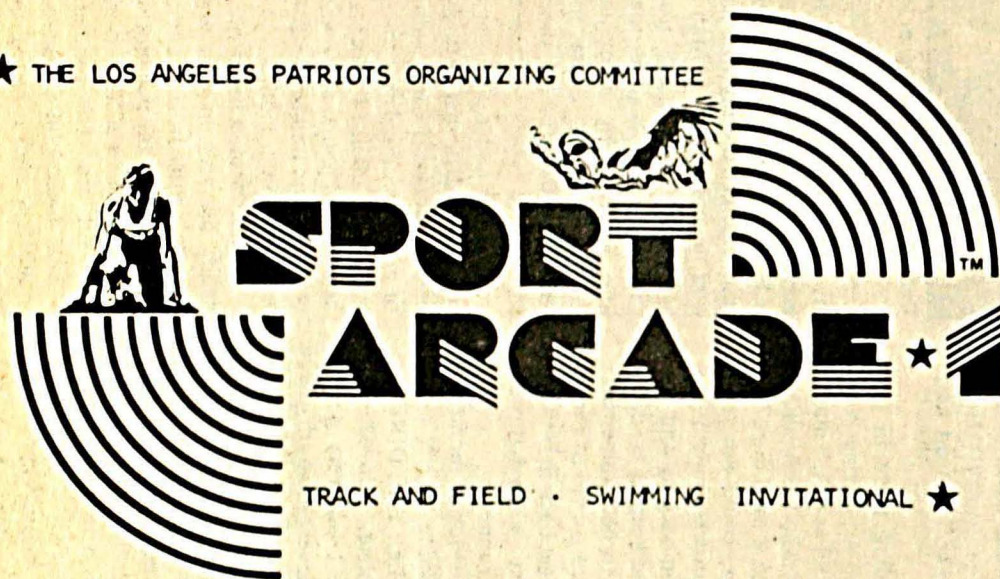
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IN FEBRUARY ISSUE OF THE NATIONAL MASTERS NEWS

March of 1986

SEND SELF ADDRESS ENVELOPE TO :

LOS ANGELES PATRIOTS ORGANIZING COMMITTEE
P.O. BOX 2981
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MONDAY THRU FRIDAY FROM 8:00 A.M. TO 5:00 P.M. ONLY
TELEPHONE NO. (213) 388-9689

(Track & Field) \$ 10.00 first event and \$ 5.00 each additional event.

(Swimming) \$ 5.00 per individual event.

All relay teams (Track & Swimming) \$ 20.00

To guarantee participation in these Sportarcade I, entries must be received on or before Friday March 7th, 1986. Late entries \$ 6.00.

Commemorative medals will be presented to the first, second and third place in each event.

Five years age group in both Track and Swimming events (S/M) Sub-masters, (M) Masters, (Corp.) Corporate.

Women will compete first then followed by the men.

Los Angeles Patriots Organizing Committee
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SATURDAY TRACK & FIELD EVENTS

FIELD EVENTS

11:00 A.M. Hammer Throw
1:00 P.M. Javelin, Long Jump
2:10 High Jump, Pole Vault
3:15 Shot Put, Triple Jump
4:15 Discus Throw
10:00 A.M. 10,000 meters run (W-M Combined)
11:25 3,000 meters Steeplechase (M)
11:40 5,000 meters Race-Walk (W-M Combined)
12:45 P.M. Corporate Spring Relay (200,200,400 400,200,200)
12:50 4 x 100 meter Relay
1:00 5,000 meters run (W-M Combined)
1:05 80 meters Hurdles (W-M)
1:15 110 meters High Hurdles 30', 33', 36' 39' (M)
1:20 Corporate Pyramid Relay (400,800,1300,Mile)
1:30 100 meters (W-M)
1:45 1,500 meters run (W-M)
2:00 400 meters (W-M)
2:15 Corporate Sub-Masters Sprint Relay (200,200,400,800)
2:25 200 meters (W-M)
2:35 800 meters run (W-M)
2:50 300 Intermediate Hurdles (Women & Men 60 +)
3:00 400 Intermediate Hurdles (Men 30-59)
3:10 Corporate Women Team 800 meters race
3:15 Corporate Mile Relay
3:30 4 x 400 meters Relay.



SUNDAY SWIMMING EVENTS

11:00 A.M. Deck Entry
200yd Relay
2. _____ B 50yd Backstroke
3. _____ A 50yd Backstroke
4. _____ B 100yd I.M.
5. _____ A 100yd I.M.
6. _____ 200yd Butterfly
7. _____ B 50yd Freestyle
8. _____ A 50yd Freestyle
9. _____ B 100yd Breaststroke
10. _____ A 100yd Breaststroke
11. _____ 200yd Breaststroke
12. _____ B 50yd Butterfly
13. _____ A 50yd Butterfly
14. _____ B 100yd Freestyle
15. _____ A 100yd Freestyle
16. _____ B 400yd Freestyle
17. _____ A 400yd Freestyle
18. _____ B 800yd Freestyle
19. _____ A 800yd Freestyle



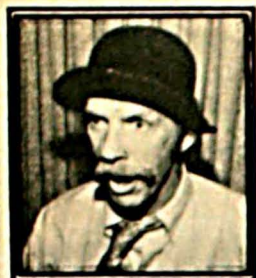
SPORTARCADE DIRECTOR : MARVIN THOMPSON



LAST NAME	M.I.	FIRST NAME	OFFICIAL ENTRY	EVENT	RECENT BEST MARK
NAME _____					
ADDRESS _____					
CITY _____	STATE _____	ZIP _____			
TAC # _____	PHONE # _____				
SEX M _____ F _____	BIRTHDATE ____/____/____	DIVISION _____			
INDIVIDUAL FEES \$ _____	RELAY FEES \$ _____	AMOUNT ENCLOSED _____			
PLEASE CHECK WHICH SPORT YOU ARE ENTERING					
Track and Field <input type="checkbox"/> Swimming <input type="checkbox"/> Both <input type="checkbox"/>					
PAYABLE TO : LOS ANGELES PATRIOTS ORGANIZING COMMITTEE					
MAIL TO : P.O. BOX 2981, BEVERLY HILLS, CA 90213-2981					

ATHLETE'S RELEASE IN CONSIDERATION OF YOUR ACCEPTANCE OF MY ENTRY, I DO HEREBY FOR MYSELF, AND EXECUTORS, WAIVE, RELEASE AND FOREVER DISCHARGE ANY AND ALL CLAIMS FOR DAMAGES WHICH I MAY HAVE, OR MAY HEREAFTER ACCRUE AGAINST THE LOS ANGELES PATRIOTS ORGANIZING COMMITTEE, FIELD OFFICIALS ASSOC., ALL OTHER MEET SPONSORS AND SPORTS FACILITIES OR THEIR OFFICERS OR AGENTS, FOR ANY DAMAGES WHICH MAY BE SUFFERED BY ME. I CERTIFY THAT MY LEVEL OF TRAINING IS SUCH THAT I AM PREPARED TO COMPETE AND RECOGNIZE THE RIGHT OF MY DULY AUTHORIZED MEMBER OF THE MEDICAL STAFF TO REQUIRE MY WITHDRAWAL FROM COMPETITION, AND WILL DO SO IF DIRECTED.

DATE : _____ ATHLETE'S SIGNATURE _____



On Approaching Every Problem With an OPEN MOUTH

by W. MacDonald Miller

Contributing

Most likely, the reason I've always had a great deal of patience with race snafus has to do with my background: a lovable, but stern mother, who basically lived from one spring house cleaning to the next.

Her father, dear old Grandad, always lived with us and was always a great influence on my life. His life consisted primarily of: *flashlights* (he usually had about six at the ready) that were polished and on alert to go at any time; *documentation*, having to do with the up-to-the-minute price of regular gasoline at all the filling stations (now called service stations) in town plus exhaustive support material (long division) to determine his personal gas mileage; and, finally, *automobile trunk packing*.

Oh, sure, he also liked cigar boxes and always kept a supply of cardboard boxes of various sizes on hand. All the same, as I look back, packing the trunk of his '49 Plymouth was his all-time favorite.

He could pack and repack by the hour. He'd stand back when the job was finished and glow very much like a young surgeon might admire his first gall bladder. Bear in mind now, no actual trip or transfer of goods had actually been involved. He would simply pack and repack his gear with devoted attention to time, space and fit. He was always tinkering. Refining a refinement, so to speak.

He had regular stops at the local grocery stores at which he would pick up new cardboard boxes that would replace out-dated or damaged ones. Some boxes he liked more than others. I once actually heard him whisper to himself that he loved this one blue-and-white Ivory Flakes soap box. Another time, I absentmindedly tossed a set of golf clubs in the trunk of his car and inflicted what we called "mortal damage" upon three boxes.

He always carried a snow shovel and chains in his trunk, even though he had lived in Southern California for years. He had flares, signs, rope and flags. If pressed, he could have re-routed the Pacific Highway through St. George, Utah.

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to *National Masters News, P.O. Box 2372, Van Nuys, CA 91404.*

He had thermos bags and bottles and enough water to hold out in the desert for about a year. He never went for that business of hanging a water bag over the front of the car radiator. He claimed somebody must have thought that one up in Minnesota or someplace else like that.

At least once a week, it seemed, he would clean out the entire trunk and strive once more for total perfection, the ultimate fit, so to speak. Sounds good. He'd examine the contents of all the boxes and get things pretty much spread out all over the driveway and lawn. One of us would always say, "Was all that in the trunk?" He'd clear his throat, shake his head and frown.

I remember standing there in my hated short pants and wondering: how can a man as wonderful as this, a man I love so much, a man who has made so much money, be such a total dope?

Grandad, however, could not read minds, so he never answered my question. He just went on packing and repacking the trunk and keeping track of gas. I'm afraid I turned somewhat rebellious as soon as I got rid of those short pants, only to get back into them (short pants, that is) when I turned forty and became a runner.

Back to rebellious for a moment. From the very beginning I never went much for fine print, i.e., THE DIRECTIONS. As an athlete, I loved the game. As a student I was very good with numbers but never quite got the hang of arithmetic. As an adult I have been pretty much a great lover. Wives, children, mortgages, weeds, spring cleaning, gas mileage and the like, never really turned me on.

In the working world, I was an early advocate and always a firm supporter of, "The Large Print Giveth and the Small Print Taketh Away," approach to business. As a salesman, I always preferred the, "You'll notice, ladies and gentlemen, that at no time during

Central Florida Meet Draws 60 Masters

by JOHN BOYLE

Nearly 60 competitors participated in the fall edition of the Central Florida Masters T&F meet at Deland on November 17. The Florida TC of Gainesville brought down a large team and dominated the meet from a team standpoint. Don Hull, M65, of Port Orange, Fla., and Boo Morcom, M60, of Wilmot, New Hampshire, led the list of impressive individual performers.

Hull took four track and four field victories. Morcom won the high jump (4-8), long jump (16-9½), and 100-meter hurdles (17.6).

Martha Deters, 30, Jacksonville, Fla., dominated the women's events, winning the high jump (4-10), 100y (14.16), and discus. Joe Johnston won the M40 long jump with 18-5½, and Paul Brown took the M30 discus with 150-0.

Central Florida Masters will stage its next meet at the University of Florida track in Gainesville, January 12. Meet directors are hoping to put on an invitational mile featuring some of the nation's top sub-masters and masters. Byron Dyce, Bill Stewart, and Jerry Slavern have expressed a solid interest, and Barry Brown will be contacted. □



Debbie Anderson of Indiana, 2nd (4:58.50) in W35 1500, 1985 Nationals, Indianapolis. Photo by Boo Morcom

my entire presentation will my fingers ever leave my hands," approach.

Facts, on the whole, were boring and cumbersome. On my first sales job, I won the coveted, "No Man Ever Sold More and Knew Less" trophy three straight years. I'll admit that, later in life as a latent accountant, these predilections did cause me to fall somewhat short of my superior goals for myself.

Grandad had truly been a great, if somewhat distorted influence on my life. Whenever I came within ten feet of an anal compulsive, the hair on my arms stood up like I'd seen a ghost. My heart would pound and I would usually resort to an immediate cold shower, with or without clothes.

Memories of a loved one and their habits die very hard. I always knew that no matter how uptight, whacked-out and hyper the person I was dealing with had become, they couldn't compare with dear 'Ol Grandad.

That basic philosophy of life held totally true until I started running and, worse yet, going to races. I'd never met this serious a group of people in my life. I'm sure the years have dulled my

memory, but just the same, Grandad seems more and more just like a regular guy.

What the hell is a cigar box or two, or three or four flashlights, compared to some moron who jumps up and down flapping his arms and calling people vile, intemperate names because "I don't have respect for your race." Give me a break!

I'll admit I was in a bit of a bind. As strictly a "Once over lightly guy," I abhorred the scene; these idiots with their wrist bands, knee socks, head phones and accusplit digital watches. Just the same, I liked running and better yet — the races. A modern day dilemma. I loved the sport, but couldn't stand the sports.

Fortunately, my good friend Hal Higdon came up with a suggestion that seemed to make sense; in the service of my fellow man, I would become a race director. Looking back, I feel wonderful about my accomplishments. I've made thousands of people mad as hell because I did such a half-assed job, but in their best interests, I always did it in a very relaxed manner. My contribution, I like to call it. □

Bill Boyd and Wen-Shi Yu Win in Detroit Free Press Marathon

by JERRY WOJCIK

Bill Boyd, 43, and Wen-Shi Yu, 50, were the first Masters in the 1985 Detroit Free Press International Marathon, which started in Windsor, Ontario, Canada, went underwater to the U.S. via the Detroit Windsor Tunnel, and ended on Belle Isle, a public park in the middle of the Detroit River, in Detroit, Michigan on October 13.

Boyd's time, 2:36:31, left his closest competitor, Ellis Boal, 41, over a minute back at the finish. Yu's

W40-and-over win, in 3:21:48, was closer, with an eight-second lead over W40 winner, Sonija Buchanan, 40.

Sixty-year-old Chuck Davey, three-time NCAA welterweight boxing champion and NBA challenger in the 1950's, the "Friday Night Fight" days of early television, won the M60 division in 3:10:50. Mary Varani, 67, ran 4:29:05 to take the W65 race.

Yu and Peter Kershaw, 50, winner of the M50 race (2:46:13), were honored with the Howmet-Jim Boyle Memorial Award, presented by the Howmet Tur-

bine Components Corporation. Boyle ran the 1982 Free Press Marathon, and in his memory, Howmet awards the top 50-and-over male and female with airline tickets to the Boston Marathon and an inscribed permanent trophy.

The Detroit-Windsor Tunnel, which began operating in 1930, celebrated its 55th anniversary with an award to the first 55-year-old to finish, Jack Hoskins (3:24:55). Next year, the award will go to the first 56-year-old.

The meet was directed by Pam Weinstein. □

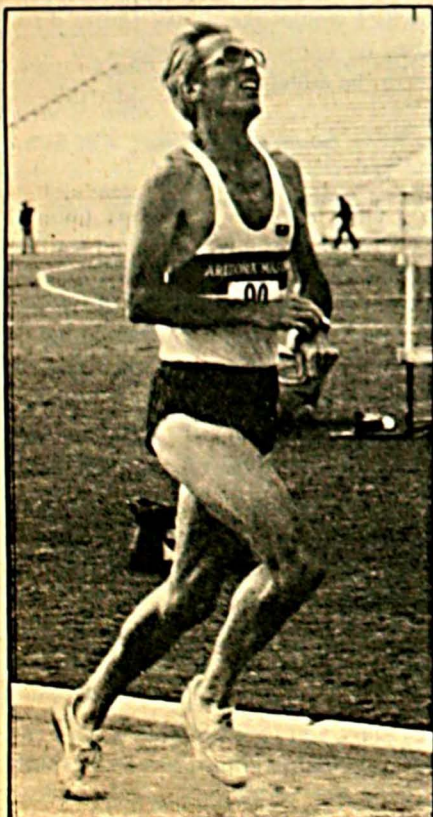
Photos Available

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Azad Singh, 90, from India, collecting two of the three golds he won in Rome at the World Games for his performances in the 100M, Shot Put and 5K Walk. His secret to staying fit: "I stay calm. I do everything with calmness."

Photo by Leo Benning



Pete Richardson, CA, third in the M50 800 meters at the 18th Annual U.S. National Masters T&F Championships in Indianapolis in August.

Photo by Bob Watanabe

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invites you to run the Special WORLD MASTERS Division of the Paramount 10K Run

The City of Paramount and the Paramount Rotary Club, in addition to the Seventh Annual Paramount 10K Run, will have a very special WORLD MASTERS DIVISION sponsored by Bud Light and L.A. Beers. This division will be for those Master, men and women runners that can meet the qualifying standards for their respective age divisions. The ability to meet these time standards will truly make this division a very special one. The race will be run with the Paramount 10K. Yes, you have to be good to enter, but if you place within the time standards you will be eligible for awards and merchandise. If you can meet these standards, then come to Paramount and RUN WITH THE MASTERS.

MASTER STANDARDS: Men 40-44, 34:00; 45-49, 36:00; 50-54, 38:00; 55-59, 40:00; 60-64, 43:00; 65-69, 47:00; 70-74, 52:00; 75-79, 65:00; 80-84, 90:00

MASTER STANDARDS: Women 40-44, 40:00; 45-49, 42:00; 50-54, 44:00; 55-59, 47:00; 60-64, 52:00; 65-69, 60:00; 70-74, 75:00; 75-79, 90:00; 80-84, 100:00

All times are "or faster".

Race Date: January 25, 1986

Race Time: 8:00 am Sharp

Course: Flat, fast, certified and sanctioned by TAC.

Accommodations: Downey Travel Lodge, 13535 Lakewood Blvd., Downey, Ca.

1-800-255-3050, or 213-634-4444. 20% off. Ask reservationist to specify, "10K race participant".

Transportation: To and from race site by Downey Travel Lodge, 6:30 am shuttle time.

Preregistration Only: Return Entry by 1/20/86.

Information: Oscar Rosales, P.O. Box 696, Paramount, CA 90723 • (213) 634-3027. BUD LIGHT and L.A. BEERS welcome you to compete for excellent awards and merchandise. This is our fourth year with the Masters. It is becoming a CLASSIC.

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7TH ANNUAL CITY OF PARAMOUNT 10K RUN

SPECIAL WORLD MASTERS DIVISION

NAME _____ MALE FEMALE AGE _____ PHONE _____

ADDRESS _____ CITY _____ ZIP _____

Official Entry Form Will Be Sent Upon Receipt Of This Form. Send SASE.

SEND TO: CITY OF PARAMOUNT 10K RUN, P.O. BOX 696, PARAMOUNT, CA 90723

PROFILE

72 Years Later, Newton Barrett Remembers

Move over, Paul Spangler and Ivor Welch. You may not be the oldest participants in Masters meets and races anymore.

Meet Newton Barrett, age 95, of Moline, Illinois. Born August 15, 1890, Barrett just heard about Masters running two years ago. He started training and entered meets in Illinois, Texas and Missouri. Needless to say, he found no opposition in his age group, running the 100 meters in 30.5 seconds — a new world age-95 record.

"I wasn't aware of the national and world meets," Barrett told NMN. "If I had known, I would have been in Rome and Indianapolis."

A highlight of the 1985 World Veterans Games in Rome was a match race between two 90-year-olds, Azad Singh of India and Francesco Tocco of Italy. Singh won in 29.95. Barrett would have been right there, and, with the competition, might have won.

"I plan to go to Melbourne in 1987," Barrett said, "and I hope to meet up with those fellows there."

Barrett had a chance to win his collegiate conference championship in the two-mile run while at Whitman College in 1913 in Walla Walla, Washington, but he lost by a nose in the last strides.

"It was that experience that made

me keep running," he said. "I hoped someday I could win a title."

It's taken a while, but Barrett is the heavy favorite, to say the least, to win the age 90-and-over 100-meter dash gold medal at next year's U.S. TAC National Masters Championships in New York.

"I was a long-distance runner at Whitman," Barrett said. "I led in the 2-mile until right at the end when a long-legged rascal beat me out in the last few yards. I'll never forget that. It has kept me running my whole life."

A retired Methodist minister and great-grandfather, Barrett works out every night.

"It's exactly 100 meters between 17th and 18th street," he said. "It makes a nice workout track. I usually

run at night because there's less traffic."

One of the stars of the first two World Veterans Games was Duncan MacLean of Great Britain, who competed in Toronto at age 90 and in Sweden at age 92, running the 100 in 21.7. MacLean stopped running at 92 and died at 96.

Perhaps Barrett can inherit his legacy. He will be a welcome addition to the Masters running scene. □

Write On!

Continued from page 2

Wallin complains that lighter masters implements "take away the advantage from true weightmen." He confuses track and field with weight lifting, disregards the aging process and brushes aside the concept of fair play.

It would be a sad day if a 260-pound muscle man — often loaded with illegal anabolic steroids — is allowed to smash all opposition with brute strength only. He may be a "true weightman," but, lacking technique, coordination and speed, not a "true thrower." If he developed these other qualities, he would not fear facing opposition using lighter implements. We should return to lighter, pre-1984 WAVA shot and hammer implements.

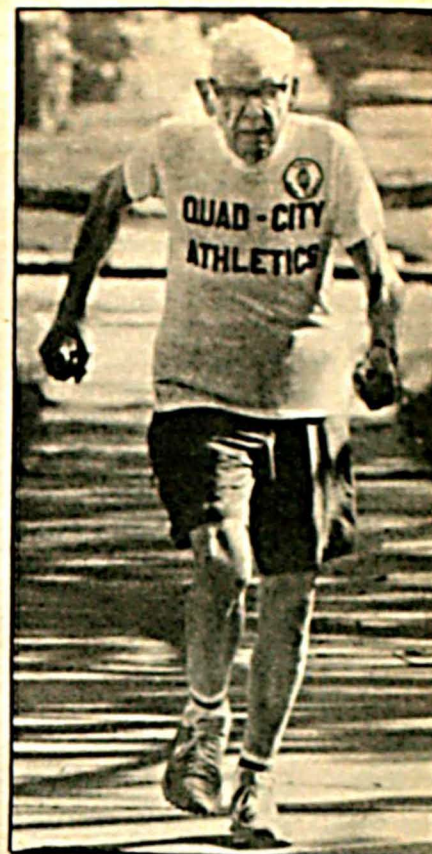
A. Zakis
Stouffville, Ontario

I am writing for two reasons:

First, the scores reported for me in the Rocky Mountain Masters Games Weight Pentathlon were incorrectly calculated. Using the women's tables, my score improves 700 points to 3039. With approximately a 300 point loss due to having to use the 35# wt, and the joking manner in which the javelin was marked, the performance was better than even the correct score indicates. (I can't blame the javelin workers - it was so dark, I couldn't see the scratch line until I stepped on it. There was no way the javelin could be marked with either accuracy or safety). Also, I was told that while the weight pentathlon was the U.S. National Championships for men "of course that was for men only, not women." — Shades of the hammer controversy at the 1984 Eugene Nationals.

Second, I support Carl Wallin's effort to bring more dignity and seriousness to the throwing events. I especially support the idea of some sort of qualifier for National Championships. I love to throw, and want others to enjoy it too!

At a national meet, I would not dream of running or jumping, and yet in many age groups of both sexes, non-weight athletes regularly enter the throws. This is fine at local meets, but not at the national level. In Indianapolis, during one of the hammer sessions in which 20-30 men were going to throw, an individual in one of the first few flights had obviously never



Newton Barrett, 95, of Moline, Illinois, the oldest runner in the U.S.A.

seen a hammer before. While laughing and throwing (some less than 15 feet), other well-trained and warm competitors were needlessly delayed. If some sort of performance standard isn't applied, then perhaps the head judge should have the option of asking the poorly prepared entrant to withdraw or allow them to throw at the end of the competition.

I have spent many hours and hundreds of dollars on training and traveling to meets. I want to meet people and have a good time. But I am primarily there to compete and, hopefully, to do well. I would like to ask future directors of national level meets to work with the athletes to make this possible.

Joan Stratton
South Lake Tahoe, California

KUDOS

I can't think of any other publication that I'm so anxious to get the National Masters News. I hope you continue with the good job you are doing.

Bob Coughlin
Indianapolis, Indiana

NMN is great.

Jeanne Carter
Santa Ana, California

You are doing a first-class job with NMN. Your columnists are always interesting and your patience with unthinking critics is commendable.

Owen Flaherty
Secretary, WAVA
Javea, Spain

I want you to know how much I enjoy the National Masters News. I think it is the best of all the running publications. I read every page of every issue and look forward to my issue every month.

Wally Ingram
Hemet, California

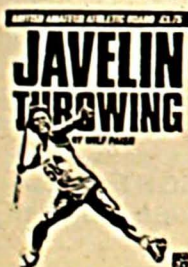
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Sprinter Stricken in San Juan**Dawkins Suffers Heart Attack at Meet**

Ozzie Dawkins, 57, one of the most popular athletes on the Masters track & field circuit, is recovering at his home in Los Angeles after suffering a near fatal heart attack at the San Juan Masters Championships in Puerto Rico November 9.

Dawkins, an anesthesiologist at Martin Luther King hospital in Watts, noticed something was wrong after he ran the 100-meters at about 11 a.m. in the age 55-59 division.

"I didn't feel so good after the race," he said. "My chest felt heavy. I knew something was wrong, but I didn't know it was serious. They asked me if I wanted to go to the hospital, and I said 'no, I'll be okay.' I didn't want to spoil their fun. They figured I was a doctor and knew best. But I had no idea what was wrong."

Dawkins was driven around town with friends in a warm stuffy car for much of the afternoon, and went to Gilberto Gonzalez' home around 5 p.m. He was still suffering painful cramps and shortness of breath.

"I called Agnes (his wife, a registered nurse) in Los Angeles, and she immediately told Gilberto to get me to the nearest hospital."

An electrocardiogram gave positive proof that he was having a heart attack — a myocardial infarction. Agnes flew to San Juan on the first plane and stayed with him in the hospital for eight days, after which he was strong enough to fly home to Los Angeles.

"All my friends in Puerto Rico were wonderful to me," Dawkins said. "They visited me regularly, and I appreciated their concern."

Dawkins has competed in nearly every World Games, winning medals in the 100, 200 and 400. If anyone is in shape, it's Ozzie. How could HE have had a heart attack? Does this mean none of us is safe?

"I had six things against me which I ignored," he said. First is his family history. "My grandfather died of a heart attack at age 57, and my brother just died of a heart attack at age 51."

Second, his job is rated #2, right behind neurosurgeons, as the most stress-related job in the medical profession. He does three or four difficult operations a day. He can't let up for a minute. If he did, he could be sued. Stressful peer reviews are held monthly.

Third, Dawkins had noted chest pains during workouts in September. "I didn't think it was anything, but I should have checked it out," he said.

Fourth, he flew into San Juan with virtually no sleep, and the race, scheduled to be run at 9:30 a.m., was



Ozzie Dawkins

delayed. "I was all warmed up at 9:30, but cooled off by 11," he said.

Fifth, it was a hard race. "I didn't know the guy on my left, and I was trying as hard as I could to catch him."

Sixth, he was 5,000 miles from home, in a Spanish-speaking nation. Dawkins, a native of Jamaica, speaks little Spanish. "If you ever have a heart attack," he advised, "have it at home, not 5,000 miles away. The dramatics of this thing have been too much for me."

Dawkins will provide an exclusive personal report to National Masters News readers in a future issue. He's resting at home until February 1st, and has started to do a little walking.

Although several masters road runners have suffered heart attacks (Jim Fixx, Jim Shettler, etc.). Dawkins is one of the first — if not the first — masters track & field athletes to have the experience.

He says other masters performers shouldn't be alarmed, but says they shouldn't ignore obvious warning signs or try to do so much at one time.

Will he be able to compete again?

"I hope so," he said. "I want to see all my friends again soon. I'll just see what the doctors tell me to do." □



NATIONAL MASTERS PENTATHLON CHAMPIONSHIPS

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*Master Key Indoor Open
Sunday 11^{am}, February 2, 1986
Catonsville Community College (MD)*

Master Key Track Club is proud to host the 1986 Athletic Congress Masters Indoor Pentathlon Championships.

Catonsville Community College in Suburban Baltimore will co-host the event on it's 10-lap to the mile (no spikes allowed) rubberized track with wide turns.

Catonsville C.C. is 15 minutes from downtown Baltimore and Balto. Wash. International airport and 45 minutes from Washington International airport.

All TAC regulations will be followed for the Pentathlon.

The top 3-participants in each age group will receive awards. The host facility offers ample adjacent parking, lockers and showers.

Early entry fee for the Pentathlon is \$12.00 and after 1-15-86 \$15.00. There will be race day registration and early entrants will receive confirmation.

MASTER KEY INDOOR OPEN:

Will be held in conjunction with the National Pentathlon. Age groups are Open, 30-39, 40-49, 50+Over.

Awards to first 3 in each event, each age group.

The open meet begins at noon.

Events:	50-meter HH	500-meter
	50-meter	2-Mile
	1-Mile	Jack Manley Mile Relay

The Mile relay is open to teams with all four members over the age of 30 and the entry fee is \$8.00 per team, the victorious relay team will receive a Plaque.

Early entry fee for the Open Meet is	\$4.00 first event
	\$1.00 each additional
Entry Fee after 1-15-86 is	\$5.00 first event
	\$2.00 each additional

Use this entry form for Pentathlon or Open Meet

Name _____ AGE _____

Address _____ Phone _____

Pentathlon _____ Open _____ Events _____


Make Checks Payable to: _____ Events _____

Master Key Track Club
1415 Providence Rd.
Towson, Md. 21204

For Further Information:

Al Harden 301-992-2464
(Days)

Larry Williams 301-828-9412
(Nights)



Pagliano's Podiatric Pointers

THE FOOT BEAT

by **JOHN W. PAGLIANO, D.P.M.**

Arthritis — Part 2

Last month we discussed a study by Dr. Robert Sohn comparing swimmers and cross-country runners and the resultant lower levels of pain in former runners. Before we pat ourselves on the back for our insight into pain reduction and lack of arthritic changes, let us discuss types of arthritis and those joint problems that could occur.

The first type is traumatic arthritis. This is usually due to a direct pounding or blow to a joint. It is common in masters jumpers, throwers and long distance runners. Swelling usually occurs within a few hours of the trauma and there may be stiffening and pain around the joint areas.

In these cases, there is usually no disruption of the articular cartilage and no damage to the supporting structures. Most of these cases heal rapidly and the athlete can resume running in a few days.

An example of this kind of injury is the sprained ankle, bone bruise, synovitis and the like. One may wish to x-ray the area to rule out fracture or ligamentous tears.

The second type of traumatic arthritis is a disruptive type with damage to the articular cartilage and/or rupture of the major supporting structures. These include fracture, meniscal tears and severe sprains. These may develop post-traumatic arthritis.

Permanent joint damage may occur

and osteoarthritis of the joint is common.

Another form of traumatic arthritis is termed repetitive traumatic arthritis. This is usually due to long distance running, occupation (standing for long periods of time) and so on. These conditions can lead to chronic arthritis and can become very symptomatic. This can be seen as stiffness in the feet of long distance runners and the hands and wrists of boxers. X-rays reveal narrowing joint space and honey spurs around the joint areas.

Other general arthritic conditions include rheumatoid arthritis, which is rare in athletes, Charcots joints and acute gouty arthritis.

It is obvious, as discussed in the last issue, that the best treatment for arthritis is prevention. Proper training regimes, cushioned shoes, and stretching all aid in reducing the chances of developing arthritis. □

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)



Honored in Houston: Gabriele Andersen, 40, (left) of Sun Valley, Idaho was named top female track and long distance running athlete-of-the-year in the 40-44 age group at TAC's Annual convention. Ruth Anderson, 55, (right) of Oakland, Calif. received TAC's President's Award for her outstanding contributions to masters running.

TAC Picks LDR Award Winners

Continued from page 1

Vasquez, who set M45 10K (31:06) and 15K (47:28) records; Norm Green, who won three national M50 championship titles; and Jim O'Neil, who captured the world veterans 10K crown and set a new M60 U.S. 10K mark of 34:27.

Helen Dick, with three W60 age-group marks in the 10K (40:57), 15K

(1:07:33) and 8K (34:58), took W60 honors. Wen-Shi Yu (W50), Toshiko d'Elia (W55) and Gina Faust (W45) led their divisions. A special award went to Helen Klein, 62, the oldest woman finisher in the Western States 100-mile run in 29 hours, 51 minutes.

The complete list of winners is published on this page. □

OUTSTANDING MASTERS LONG DISTANCE RUNNERS — 1985

Selected by the TAC Masters Long Distance Running Committee

AGE	MEN	WOMEN
40-44	Barry Brown	Gabriele Andersen
45-49	Sal Vasquez	Gina Faust
50-54	Norman Green	Wen-Shi Yu
55-59	Howard Rubin	Toshiko d'Elia
60-64	Jim O'Neil	Helen Dick
65-69	Clive Davies	Althea Wetherbee
70-74	Bill Brobston	Pearl Mehl
75-79	Ed Benham	Anne Clarke
80-84	Max Poppers	Ida Mintz
85+	Paul Spangler	None

Special Award: Helen Klein, 62, oldest woman finisher in the Western States 100-mile run in 29 hours, 51 minutes.

1986 U.S. TAC NATIONAL MASTERS LDR CHAMPIONSHIPS

Distance	Date	Site	Director
5K Road	October	Little Rock, Arkansas	Cliff Sharp
5K X-C	October 26	New York, N.Y.	Ted Foy
8K Road	December 6	Tampa, Florida	Dick Lacey
10K Road	August 8	Asbury Park, N.J.	Phil Benson
10K X-C	November 16	Homedale, N.J.	Ron Salvio
15K Road	June 7	St. Claire, Ohio	John White
15K X-C	October 12	New York, N.Y.	Ted Foy
20K Road	October 5	Long Island, N.Y.	Jack Dowling
25K Road	September 21	Joliet, Illinois	Henrietta Agney
30K Road	TBA	Long Island, N.Y.	Jack Dowling
50K Road	February 9	Long Island N.Y.	Jack Dowling
50 Mile	April 6	Columbus, Ohio	John White
100 Mile	November 15	New York, N.Y.	Vince Chiapetta
One-hour	Jan 1-Oct. 31	Nationwide	Cliff Sharp
Two-hour	Jan 1-Oct. 31	Nationwide	Bruce Robinson
½ Marathon	September 14	Philadelphia	Steve Anderson
Marathon	July 27	Olympia, Washington	Carl Glatze

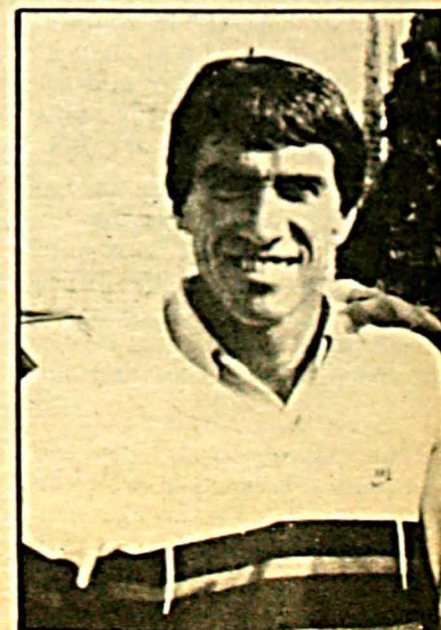
Matson Achieves Two More Records

Shirley Matson, who turned 45 on November 7, added two more American women's age 45-49 records to go with the 35:32 10K she ran on November 10th.

1) In an 8K in Irvine, California on November 24, Matson churned to a 28:47, bettering the existing mark of 30:47, set by Kathryn Gifford in 1982.

2) In the Nike/San Francisco half-marathon on December 8, she scampered to a 1:20:25 to lower Dorothy Stock's five-year-old standard of 1:24:07 by over three minutes.

All pending age-group records are subject to verification by the National Running Data Center. □



Barry Brown

Burnett, Clarke Named Top T&F Athletes Continued from page 1

Clarke didn't go to Rome, but, after turning 75 on July 17, she set four world records for women 75-and-over in the Nationals, in the 100 (17.08), 200 (36.5), 400 (89.7) and 800 (3:49.8). She never raced until 1977, at age 67.

Miller, 48, again staged a successful SPA/TAC Masters Championships in Los Angeles and worked to improve multi-event scoring. On March 23, he scored 5734 points (IAAF) for a new world age 45-49 decathlon record.

Mimm, 61, narrowly won male Masters walker-of-the-year honors over his New Jersey Shore A.C. teammate Don Johnson, last year's winner Larry Walker, world M75 champ Gordon Wallace, and Guilo DePetra. In April, Mimm set a U.S. M60 mark in winning the TAC M60 25K championship. In June, he set American M60 records in the 5K and 20K in Rome, winning medals in both events. In August, he bettered his U.S. M60 20K

standard, setting a 15K mark enroute, in winning the national title in Indianapolis.

The women's race for top master walker was tight with Jolene Steigerwalt, Jeanne Bocci, Ruth Eberle, Marie Henry, Ernestine Yeomans and Leff winning an impressive number of national titles and age-group records. But Leff, competing in the age 55-59 bracket, was best. The Milwaukee resident set W55 marks in the mile, 10,000 and one-hour walks.

Oldfield turned 40 on June 1. At an open meet in Europe he threw the shot 70-3 for a new world 40 mark.

Morcom is a familiar name to track fans. He finished sixth in the 1948 Olympics in London with a 12-6 pole vault. Five years ago, at age 59, he bettered that effort with a 13-0½ vault. In 1985, he won the U.S. TAC National Masters Decathlon Champion-

ship over all other competitors, by age-group scoring. He also won the U.S. Masters Pentathlon title overall.

The seven awards will be presented to the winners at TAC's 19th annual National Masters T&F Championships in Hemstead, Long Island, New York on July 19.

The Committee also selected outstanding athletes in each 5-year age group for both men and women in both track and field categories. Those names are published on this page.

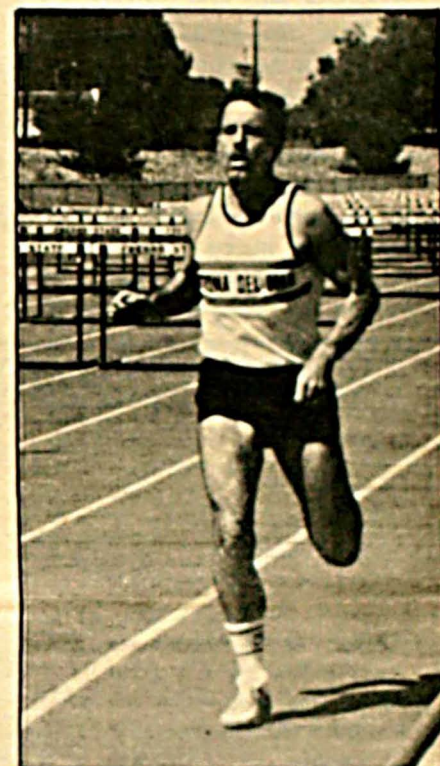
For 1986, the Committee will continue the seven major awards, and will add "All-American" awards. Under Jim Weed's supervision, the award will be based on scoring about 800 points on the IAAF scale, factored for age. Each recipient who betters a performance level in 1986 will be mentioned in the National Masters News, and will perhaps receive a certificate in following years. Weed, Miller and T&F Records Chairman Pete Mundle have formed a committee to finalize the performance levels. □

OUTSTANDING MASTERS RACE WALKERS — 1985

Presented to the outstanding male and female walkers in the Masters Classifications.

Selected by the TAC Masters Track and Field Committee

	Men	Women
1978	John Allen	
1979	Ron Laird	Lori Maynard
1980	None	
1981	Gordon Wallace	Lori Maynard
1982	Bob Mimm	Bonnie Dillon
1983	John Knifton	Beverly LaVeck
1984	Larry Walker	Jeanne Bocci
1985	Bob Mimm	Ruth Leff



Gary Miller, 48, of Los Angeles, named outstanding masters administrator of the year by the Masters T&F Committee of TAC.

Photo by Gretchen Snyder

OUTSTANDING MASTERS TRACK AND FIELD ATHLETES

Selected by the TAC Masters Track & Field Committee

GWILYM BROWN AWARD

Presented to the outstanding male and female track & field athletes in the Masters program.

Year	Men	Women
1978	George Ker	
1979	Ernie Billups	Irene Obera
1980	Al Oerter	Joann Grissom
1981	Jim Burnett	Judy Fox
1982	Al Oerter	Phillipa Raschker
1983	Jack Greenwood	Polly Clarke
1984	Ed Burke/ Parry O'Brien	Irene Obera
1985	Jim Burnett	Polly Clarke

OUTSTANDING SINGLE PERFORMANCE DURING THE YEAR (New Award)

1985 Brian Oldfield

OUTSTANDING MULTI-EVENTS ATHLETE (New Award)

1985 Boo Morcom

1985 AGE-GROUP AWARDS

TRACK		FIELD	
M35	James King	REX HARVEY	
M40	Bill Stewart	BRIAN OLDFIELD	
M45	JIM BURNETT	Al Oerter	
M50	Ray Hatton	PARRY O'BRIEN	
M55	Tony Sapienza	JERRY DONLEY	
M50	Rudy Valentine	BOO MORCOM	
M65	Bob Hunt	BURL GIST	
M70	GILBERTO GONZALEZ	Ross Carter	
M75	Ed Benham	KEN CARNINE	
M80	ARLING PITCHER	Arling Pitcher	
M85	Paul Spangler	BUELL CRANE	
M90	Newton Barrett	COLLISTER WHEELER	
W35	PHILLIPA RASCHKER	Lurline Struppeck	
W40	GABRIELE ANDERSEN	Carole Leaf	
W45	SANDRA KNOTT	Essie Kea	
W50	IRENE OBERA	Christel Miller	
W55	MARION IRVINE	Bernice Holland	
W60	JACLYN CASELLI	Barbara Hummel	
W65	Josephine Kolda	MARY BOWERMASTER	
W70	Pearl Mehl	EDITH MENDYKA	
W75	POLLY CLARKE	Rubye Fowler	

(Capitals indicate overall winner of division)

MASTERS TRACK & FIELD ADMINISTRATOR OF THE YEAR

- 1978 Pete Mundle
- 1979 Al Sheahan
Kathy Brieger
- 1980 Bob Fine
Ruth Anderson
- 1981 Bruce Springbett
Fred Mannis
- 1982 George Hatzfeld
Jack Kelly
- 1983 Jim Weed
- 1984 Jerry Donley
- 1985 Gary Miller

NOW AVAILABLE Masters Age-Records 1985

Compiled by National TAC Masters T&F Records Chairman Pete Mundle with Lori Maynard and Alan Wood.

- Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Jan. 1, 1985
- U.S. Age Bests for Men and Women for all race-walking events, age 40 and up, as of Jan. 1, 1985
- Men's U.S. Masters Indoor & Outdoor Championship Records
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7TH ANNUAL CONVENTION OF THE HOUSTON, DECEMBER

Minutes of TAC Masters Track & Field Committee Meetings

by AL SHEAHEN, Secretary
 Presiding: Chairman Jerry Donley

Awards
 Awards Chairman Jim Weed announced that Jim Burnett and Polly Clarke were named T&F athletes-of-the-year by the Awards Sub-Committee. Bob Mimm and Ruth Leff were chosen best race walkers. Gary Miller was named administrator-of-the-year. Boo Morcom was selected as best multi-event performer. Brian Oldfield's 70'3" shot put at age 40 was voted outstanding-single-performance-of-the-year by an athlete age-40-or-over. Best male and female performers were chosen in each five-year-age-group. (see separate story and lists). When no one else stepped forward,

jected) at TAC's Convention in Tampa in December, 1986.

False Starts
 By a vote of 19-1, the "one false start and you're out" rule was adopted to become a permanent competition rule change, and will go into the 1987-88 TAC rule book. The rule will also apply in TAC National and Regional Championships in 1986. (Those meet directors should include such a notice in the entry form. Other meet directors are encouraged to follow the national and regional policy.)

WAVA Rules/Standards
 TAC Masters competition will follow rules and standards set by the

quick-witted, personable man, said he might try to compete in 1986).

Multi-events rules
 In 1986, the National Masters Pentathlon and Decathlon/Heptathlon Championships will use the 1986 IAAF scoring tables for men 30 thru 59 (using the 1962 IAAF tables for events not covered by the '85 tables, e.g. 200 meters); the 1981 WAVA tables for men 60+ and women, and the age-factor tables for special groups (e.g. 80+). They will use the WAVA/TAC hurdle heights (a change from the 1985-86 rule book). However, men 60+ will continue to run 110 meter hurdles, and women will run 100 meter hurdles (different from WAVA rules).

Site Selection
 Eugene, Oregon was the sole bidder and was awarded the 1987 National Outdoor Championships. Strong sentiment was expressed by a petition, signed by over 40 East Coast athletes, to hold the nationals each year in July, rather than August. It was agreed to hold the annual event in late July or early August, and the 1987 meet is set for August 2-4.

The 1986 National Decathlon/Hepathlon was awarded to Des Moines, Iowa on July 26. The 1986 National Weight Pentathlon went to Boulder, Colorado on August 31. The 1987 Pentathlon was awarded to Los Angeles on June 27. There were no other bidders for those events.

There were no bidders for the 1987 National Indoor T&F Championships. Anyone interested should contact Indoor Coordinator Salvio.

1986 National Championships
 Meet director Sandy Pashkin reported good progress for the 1986 Nationals on July 18-20 at Mitchell Field, in Hempstead, Long Island, 25 minutes from Manhattan. It's a 9-lane, poly-flex 942 track, similar to Rekortan, the 1984 Olympic surface. The field has lights. Hofstra University dormitories will be available for \$18/day.

COMMITTEE REPORTS:

Budget & Audit — Al Sheahen
 The Masters T&F Committee spent its allocated \$10,000 in 1985 (see detailed chart). The additional 1985 funding of \$10,450 which TAC approved at the 12/84 Convention was not granted because "TAC general funds were not available."

For fiscal 1986 (Oct. 1, 1985 thru Sept. 30, 1986), the Masters T&F budget will be increased 46% to \$14,600. \$12,500 of that was recommended by TAC's Board (the same as for all other Sports Committees). An additional \$2100 was granted by the members of the Budget & Audit Committee. (TAC's policy is for the funds to be used for administrative expenses incurred by volunteer workers (telephone, postage, travel, etc.). None of the money allocated to the open T&F or LDR Committees, for example, is used for meet or race support. Those organizers rely on sponsorship to put on their events. However, because Masters often have trouble obtaining sponsorship, some of the budget has traditionally gone to help support national and regional championships.)

Marketing & Media — Joe Murphy
 TAC's marketing study showed that the acronym "TAC/USA" is "not marketable." (i.e. there is no public interest or awareness). The term "U.S. track & field team" is marketable, as is the **Masters Program**, according the the study commissioned by TAC. TAC has hired a marketing firm at \$3000 a month to explore specific kinds of programs TAC could raise money from — including Masters events. A main problem with finding Masters sponsors is that here are few spectators at Masters events. "That shouldn't be a problem," Jim Johnson told Murphy. "Just go to any high school principal, tell him he can shake hands with Bob Richards, Parry O'Brien, etc. at a Masters meet, and he'll bring a bus

BUDGET FOR TAC MASTERS TRACK & FIELD COMMITTEE		
	1985 Expenses	1986 Budget
Chairman	\$ 2750	\$ 3325
Outdoor Coordinator	2500	3025
Indoor Coordinator	1750	2100
Multi-events Coordinator	500	1000
Regional Chairmen	1200	2400
National Masters News	600	1000
Outdoor Records Chairman	350	1000
Indoor Records Chairman	350	450
Women's Coordinator	0	300
Totals	\$10,000	\$14,600

Bev La Veck graciously volunteered to coordinate the 1986 awards.

Regions
 There is some confusion as to which states belong in which regions. It was agreed to follow TAC's alignments, which are under review, if possible. For 1986, we'll keep the regions as is.

Competition Rules
 TAC's competition rule book is officially changed every other year. The current rule book applies to competition in 1985 and 1986. Masters T&F follows the general rules of TAC, unless otherwise noted. (hurdle heights, implement weights, etc.) Any Masters rule changes to be made are to be submitted to Rules Chairman Ron Salvio (address on page 2) by June, 1986, and discussed at the U.S. TAC National Masters T&F Championships in New York on July 19, 1986. Any approved changes will be submitted to the TAC Rules Committee in September, 1986 and formally approved (or re-

World Association of Veteran Athletes (WAVA), unless otherwise noted (such as the above false start rule, which differs from WAVA).

300 Meter Hurdles
 To conform to the WAVA Rules, men 60+ and women will run 300 meter, rather than 400 meter, hurdles in U.S. 1986-87-88 Masters competition. (Note: WAVA has not yet issued the official notice of its Technical Rule Changes made in Rome last June, and it is not certain whether the 300-meter rule applies to all women, or only women 50+.)

Javelin
 The IAAF (the world governing body for Athletics) has passed a new rule, mandating that a heavier javelin be used in open competition. Reason: Today's athletes are throwing it so far that it often lands on the track during a race, jeopardizing runners' safety. Gary Miller moved that Masters do not follow the IAAF change, but retain our old rules for the javelin. Approved.

New Age Category
 An M90+ category was added to TAC national and regional competition. (Sandy Kalb introduced Abel Kiviat, 93, the oldest living Olympian, who won a silver medal in the 1912 Olympics in Stockholm. Kiviat, a

Editor's Note:
 The minutes of the TAC Masters Long Distance Running Committee Meeting were not available at NMN press time. We hope to have them next month.

1986 U.S. TAC NATIONAL MASTERS TRACK AND FIELD CHAMPIONSHIPS			
Event	Date	Site	Director
Indoors	February 22-23	Baton Rouge, Louisiana	Danny Thiel
Outdoors	July 18-20	Long Island, New York	Sandy Pashkin
Pentathlon:			
Indoors	February 2	Catonsville, Maryland	Larry Williams
Outdoors	July 13	Shippensburg, Pa.	Scott Thornsley
Decathlon/Heptathlon	July 26	Des Moines, Iowa	Rex Harvey
	1987		
Indoors	TBA	TBA	
Outdoors	August 2-4	Eugene, Oregon	TBA
Outdoor Pentathlon	June 27	Los Angeles	Gary Miller

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 Sports No re
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 Outdoor Record more str jected Sp accurat for recce enough n Springbe current a for recor time cur 10.41 ac most exp a superio ing only preferenc methods.
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THE ATHLETICS CONGRESS (TAC)

DECEMBER 3-8, 1985



Here's wishing you the happiest, the grooviest and most fun-filled year ever!

load of kids to watch the meet." Creativity must be used, along with romancing and personally involving potential sponsors.

Law & Legislative — Bob Fine
No report.

Medical — Bruce Springbett
TAC is preparing a list of medical staff for athletes use.

Sports Science — Sandy Pashkin
No report

Officials — Sandy Kalb
Write Charley Ruder (address unknown) if you want to officiate at big meets.

Indoor Records — Haig Bohigian
No report.

Outdoor Records — Pete Mundle
Record certification is becoming more stringent each year. Mundle rejected Springbett's suggestion that only accutrack performances be considered for records. "It's premature; not enough meets use accutrack," he said. Springbett also suggested converting current accutrack times to hand times for record purposes. (e.g. a 10.3 hand time currently gets the record over a 10.41 accutrack time, even though most experts would consider the 10.41 a superior effort.) Mundle said no, saying only that accutrack would take preference if a meet used both timing methods.

Many officials are not sending the certified, signed record forms to Mundle, thus delaying approval of world and U.S. marks. One suggestion was for each meet director to assign one individual to be in charge of this.

Everyone was reminded that, if timing by hand, times should be recorded in tenths, not hundredths. Hundredths should only be used for accutrack times. A hand-timed 48.46, for example, should be rounded up to 48.5, not down to 48.4.

Mundle requested help in forming technical rules which apply to Masters only. (Address on page 2.)

Should Puerto Ricans be considered for American records? They are U.S. citizens, yet they have their own separate Masters association and are recognized by WAVA as separate from the U.S. TAC Masters Organization. Puerto Rico has its own Olympic team, but the Puerto Rican Masters are not affiliated with the PROC. No action was taken.

Mundle will begin including M85 and W75 marks in the official world and U.S. age-group record statistics.

Athletes Advisory

TAC is looking at its definition of "Athlete." Does the term include Masters performers, or does it just mean elite, younger athletes? It could be important for Masters, since TAC by-laws state each Sports Committee (Masters T&F is one) MUST be composed of at least 20% athletes.

Registration — Jim Brown

No report. A brief discussion was held on how each association allocates the \$3 income from each Masters registrant. Some associations (Metro and NJ) put it all into the association's general fund. Some have a special Masters T&F fund, with some local committees getting \$1 of the \$3, and some getting \$1.50 or \$2.

Women — Christel Miller

Miller is helping Mundle compile women's records, particularly for "new" events like the 80m hurdles, triple jump, hammer, etc.

Insurance

TAC's athletes' medical insurance policy continues, but the liability policy will undergo major changes, which could result in a \$1 per participant charge added to each sanction fee in 1986. Details will be announced by TAC before January 1, 1986.

1986 Committee Assignments

- Budget & Audit Al Sheahen
- Law & Legislation Bob Fine
- Marketing & Media Joe Murphy
- Records Pete Mundle
- Officials Sanford Kalb
- Membership Jim Brown
- General Programs Danny Thiel
- Rules Ron Salvio
- Board of Directors Ron Salvio, Jerry Donley
- Medical Services *Jack Russell
- Subcommittee *Sandy Pashkin
- At-Large: Max Goldsmith, Jim Puckett, Rex Harvey, Christel Miller, Gary Miller
- Athletes Advisory Joann Grissom, Ron Laird, Cherrie Sherrard, Dick Lacey

*Recommendations

1986 Officers

- Chairman Jerry Donley
- Coordinators:
 - Outdoor Bruce Springbett
 - Indoor Ron Salvio
 - Women Christel Miller
 - Multi-events Rex Harvey
 - Weight events Chuck Klehm
 - Race walking Bev LaVeck
 - Indoor records Haig Bohigian
 - Outdoor records Pete Mundle
 - Awards Bev LaVeck
 - Site selection Max Goldsmith
- Secretary- Treasurer Al Sheahen
- Regional Chairmen:
 - East Haig Bohigian
 - Southeast Stewart Daniel
 - Midwest Dick Green
 - Mid-America Jim Weed
 - Southwest Danny Thiel
 - West Gary Miller
 - Northwest Jim Puckett

1989 World Veterans Games

Games' Site Selection Committee Chairman David Pain said any city wanting to bid for the 1989 Games must submit a written proposal by March 15, 1986. A three-person team will inspect site finalists. A decision will be made by the Site-selection Committee on July 17 in New York, and ratified at the 1986 Convention in Tampa in December. The official U.S. bid would be made at the 1987 World Veterans Games in Australia.

Pain said he's already received 52 pledges (from the kickoff story in Dec. NMN) of \$5200, an average of \$100 per pledge. He estimates we can raise \$100,000 in this manner.



BILL GILLIGAN MEMORIAL

WEIGHT PENTATHLON

ATLANTIC HIGH SCHOOL DELRAY BEACH, FLORIDA
FEBRUARY 8, 1986

WEIGHT PENTATHLON Starts 10 A M
Discus Shot Javelin Hammer Weight Throw
Engraved medallion to all who complete the 5 events

BULLETIN:
Four time World Olympic Discus Champion Al Oerter will give a free clinic on the Discus Throw

Make reservations early
Tell Reservations Clerk
you're in Bill Gilligan
Memorial Weight Pentathlon

Holiday Inn Exit 44
I-95 at Boynton Bch Blvd
Boynton Beach, FL 33435
Ph. 305 734 9100

Entry Fee \$10
Send Entries to
Phil Partridge
337 S W 14th Ave.,
Boynton Beach, FL
33435
Ph. 305 734 5499

entry blank

Name (please print) _____ Street _____
City _____ State Zip _____ Birth date _____

I hereby agree to accept full responsibility for my health and safety and will not hold meet sponsors liable for any injury due to the competitions or travel thereto

Signature _____



MASTERS TRACK & FIELD REPORT

by JERRY ALAN DONLEY

Chairman, TAC Masters Track & Field Committee

We have just completed the 7th Annual National Convention of TAC/USA in Houston, Texas, where over 750 delegates attended. Approximately 250 attended the first convention of TAC/USA. I arrived Tuesday, December 3rd, and left Monday, December 9th. I got outside the Hotel twice during that period for thirty minute work outs, and I was no exception to the rule set by the other delegates. Those attending worked hard, and the end result was an excellent convention with a lot of work being accomplished.

Minutes of the Masters meeting and budget will be published in this issue, so I won't repeat or re-hash those details.

One of our goals for 1986 will be to encourage and support regional meets. We were able to increase our financial support for these meets significantly, percentage wise, although it is still not a great deal of money. But with some support and encouragement, these meets may be able to develop a stronger degree of self sufficiency.

Regional meets are to be approved by the regional chairman, with the dates to then be coordinated by the indoor or outdoor meet coordinator.

Budget monies for all meets, regional and national, will be paid only on request to the regional chairman by the meet director, and then to our treasurer, Al Sheahen. Al will then request a check be issued directly to the meet director by the headquarters of TAC/USA. No more than 50% of the monies will be paid prior to the receipt, by the treasurer, of the meet results and an accounting of income and expenses. These procedures may seem a little burdensome, but the information provided is of extreme assistance to our organization.

The President of TAC/USA, Dr. Leroy Walker, recognized Al

Sheahen's efforts during the year 1985 on behalf of the Masters Program by giving him the President's Award for distinguished service during the year 1985. We all know how valuable he is, and now his talents have been recognized throughout the entire sports discipline. When you have an opportunity, send your congratulations to Al, he is most deserving.

Progress is continuing in a very encouraging manner in regard to the World Games for 1989, and I was sincerely touched by the response from Masters throughout the country to Dave Pain's letter and request for support from the membership for these games. I think this will truly be a meet put on by the membership for, and on behalf of, the entire World competitors. I'm excited about it, and it appears that competitors throughout the country are also that excited.

We're looking forward to an extremely active year. Sites have been selected for the meets for 1986. The meet directors appear to be outstanding, the locations look to be excellent, and I wish you all the best for the coming year.

I hope that you have had a very happy Holiday Season, and wish you a most happy and prosperous New Year.

□



Medal winners in 5K Race Walk, Empire State Games, held in Buffalo, NY, August 10. Front row, left to right: Bob Fine, M50, Gold, 28:11; A. Lawrence, M60, Bronze, 34:21; Frank Skvarek, M45, Gold, 31:42; D. Widenbeck, W45, Gold 36:06. Second row: J. Brown, M60, Gold, 32:08; L. Laukan, M35, Gold, 27:49; F. Fina, M55, Gold, 33:19; K. Fina, W30, Gold, 33:39; G. Wittig, M50, Silver, 30:39; D. McNelly, M60, Silver, 33:19; D. Straud, M50, Silver, 32:50.

Photo by D.P. McNelly

Will Insurance Problems End Running Boom?

"This insurance problem will kill road running," was an oft-heard comment at the 7th annual convention of The Athletics Congress, held December 3-8 in Houston.

"It's the most important issue of this Congress," said Ken Bernard, TAC's San Diego chief, who led a fight to mandate that TAC provide liability insurance with each sanction.

Background: TAC deals with two types of insurance coverage:

1) Participant accident medical insurance. Anyone who pays the annual \$6 TAC registration fee is covered for up to \$15,000 if he or she is injured while traveling to, or competing in, a TAC-sanctioned event. This policy remains virtually unchanged for 1986. (It only applies if the participant is not covered by his or her employer).

2) Liability insurance. Liability insurance is meant to provide protection for meet and race directors, schools, cities, etc. from participants or spectators who file claims arising from an event.

Prior to 1985, a TAC sanction provided good liability coverage. During 1985, spectator claims continued to be covered, but participant claims were not covered unless an additional \$100 was paid to TAC with the sanction fee. Starting in 1986, the spectator claims continue to be covered, but participant claims may not be.

Every insurance company, save one, has refused to issue any "participant-liability" insurance at any price. Even Lloyd's of London (which used to do 12% of its business, but had over 50% of its claims, in the U.S.) reportedly turned TAC down.

The problem is not unique to run-

ing. Insurance companies are raising premiums and/or cancelling policies on gymnasts, swimmers, bicyclists, skiers and other sports, due to "a recent rash of high judgements in jury liability cases."

TAC's current insurance company — Cigna — said it would provide TAC coverage at \$1 per participant per event, which would mean a hefty increase in each TAC sanction fee.

Some race/meet directors said they'd "go bare" without liability coverage and wouldn't pay the extra sanction fee, thus cutting into TAC's revenues. Others said they'd go along and add the \$1 to their entry fees, thus cutting into race revenues when runners protest. Others said they'd cancel their races entirely, thus cutting into the running boom, itself.

"The problem isn't running, it's our judicial system," said one.

"That's not true," said New England's Peter Stasz. "The insurance business is a mismanaged cartel and it's gouging us because of its own inefficiency and greed. We don't need those thieves. If we knuckle under, all we'd be doing is collecting \$20 million for the insurance company, and we wouldn't even get a commission."

What about the waiver that entrants sign on their entry forms? Does it mean anything? Yes and no. A Georgia court upheld the waiver in a trial a few years ago, but legal and insurance experts say a plaintiff can always claim negligence on the part of the director, city, school, etc. In that case, the waiver might not mean much.

TAC is expected to shortly announce details of a new plan. Stay tuned. □



Jeanne Carter (left), W45, and Tina Stough, W30, at Los Angeles masters meet.

Photo by Gretchen Snyder

Cormier, Pickert Win U.S. 15K X-C

Continued from page 1

Cormier, 45, of West Springfield, Mass., in 53:55. Barbara McCardle, McCardle's widow, presented Cormier with a beautiful "Pete McCardle Memorial Trophy."

Ted Haiman, 42, of Queens, N.Y., was runnerup in 54:15. Willie Kaye, 46, who had run with McCardle many times, including the final training run, was fifth overall and second M45.

Judy Pickert, 42, of Millrose AA was first woman in 63:01 with Patty Lee Parmalee, 45, runnerup in 69:03. Sue Medaglia, 50, Masters world-record holder at 100 miles, 24 hours, and 200K, stepped down in distance to take third in 69:52. Each won her age-group race.

Derek Mahaffey, 51, Snohomish TC, took the M50 race in 57:26, while Howard Rubin, 57, Syracuse Chargers, won the M55 with 58:45. Walter Brown, 60, Prospect Park TC, garnered M60 honors in 64:55, and Steve Richardson, NY Masters, won the M65 contest with 68:09. Ex-jockey Ed Benham, 78, Ocean City, MD., ran 74:31. Clinton Smith, 70, took M70 honors, while ageless Max Poppers, 82, won the M80 event.

In the team competition, Hartford TC won the M40 division, followed by Central Park TC and Westchester Puma; the M50 was won by Syracuse Chargers, with Millrose "A" and "B" trailing. All places in the W40 and W50 divisions were won by Millrose.

One highlight of the race was a colorful kilt-clad bagpiper, who led the runners to the starting line and piped them by each of the three hilly, Van Cortlandt laps.

After the race, Guinness and Millrose hosted a complimentary buf-

fet with ample solid and liquid refreshments at the nearby Terminal Bar, the site of the awards ceremony. This gave runners a chance to renew acquaintances, make new friends, reminisce, enjoy the camaraderie of the day, and replenish their supply of carbs. Maybe we'll have a re-run next year. □



Katie Knight-Perry, 50, one of the most popular and energetic runners in the Metropolitan NYC area, finished 4th W50 (87:36), TAC U.S. National Masters 15K X-Country Championships, New York City, November 17.

Photo by Walt Westerholm



Roland Cormier, 45, West Springfield, Mass., 1st finisher, TAC U.S. National Masters 15K X-Country Championships, New York City, November 17, in 53:55.

Photo by Walt Westerholm



For an amazing fifth time since turning 50, Dr. Norman Green, 53, won, outright, a U.S. masters championship, clocking 2:31:19 on November 3 in the Marine Corps Marathon. In the background is the Iwo Jima Memorial.

Green Cops Another Title

Continued from page 1

or a strong performance.

However, for an amazing fifth time since turning 50, Norman Green, Jr., 53, won, outright, a U.S. Masters championship. Green passed Bill Fuller, 46, of Livonia, N.Y., at a small hill approaching the Iwo Jima Memorial (mile 25.9) and won in 2:31:19, with Fuller finishing in 2:31:51, to cop the M45-49 title.

Many runners cramped because of being wet while running into the wind at Haines Point from mile 19 to 21. Mike Heffernan, 45, Portland, Ore., led all Masters through 18 miles when he was passed by Fuller.

The team competition was equally competitive with ten teams vying for the M40-49 team title. The Island Wide Masters, Long Island, N.Y., represented by Luke, Kahl, and Aguilera, won in a combined time of 8:13:19, followed closely by the Tidewater Striders, Norfolk, Va., and the Washington, D.C., Running Club.

Two age records were set. Green's time bested Alex Ratelle's 2:34:00 for age 53. Green ran 2:29 at the Twin Cities Marathon; however, it is a point-to-point course. Setting his 64th age record since age 71, Ed Benham, 78, ran 3:42:57, erasing the time of Ben Mostow, 4:42:19 in 1981.

The women's Masters was won by Beverly Shooshan, 40, of Bethesda, Maryland, in a first-time effort of 3:19:06. The women's Masters team title went to the Potomac Valley Seniors TC with three runners from the W45 age group. Team members were Ulrich, Kerch, and Lovelace.

The best individual race was between Wen-Shi Yu of New Garden, N.Y., and Ruth Anderson from Oakland, Calif. Anderson, in her 75th marathon, won the W55 age group in 3:26:59, and Yu won the W50 in 3:25:35.

The oldest competitor was Dr. Theodore Hyde, 81, from The Dalles, Oregon.

Dr. Green was especially motivated because he was running in memory of Harry Feleener of Norwich, N.Y.. Mr. Feleener, killed in an industrial accident in February, 1985, at age 59, had run the Marine Corps Marathon several times with pledges of members of the American Baptist group to fight world hunger. Green was asked to carry on the tradition for Feleener and gladly accepted.

In attendance at the 1985 marathon, rooting for Green, was the widow of Mr. Feleener, a daughter, a grandson, and several close friends. □

The International Scene

World Games Sponsors Pledge \$34,345

The U.S. 1989 World Games Site-Selection Committee met on December 7, 1985, during the TAC Convention held in Houston.

Present at the meeting were TAC T&F Chairman Jerry Donley, Site-Selection Chairman David H.R. Pain, and Committee members Al Sheahan, Jim Puckett and Bob Fine. Absent were Bob Boal, Ollan Cassell, Hal Higdon, and Mary Cullen.

1. Fund Raising:

Pain announced the funding campaign launched in the December issue of the National Masters News ("NMN") had produced excellent early results in that, including, John Poppell's pledge of \$25,000 to kick off the campaign, he had received 88 pledges totaling some \$34,345 with more coming in daily. In addition to the Poppell gift, the Committee had received \$1,000 pledges from Archie Messenger of Campton, New Hampshire, and Richard Bredenbeck of Independence, Ohio. Pain also received a number of \$500 pledges. The average was \$105.

Based on these early positive results, Pain stated the National Committee could reasonably assure the bidding Organizing Committees ("O.C.") funding of at least \$100,000 towards the 1989 Games which he set as the goal for the National Committee. Naturally, he hoped to exceed that amount if possible.

2. Entry Fee Income:

To further assist the O.C.'s, Pain pointed out what entry fee income could be generated, assuming an average entry of \$55 per entrant (\$25 first event, \$15 each additional event). Using these figures, the entry fee income computed out as Follows:

- 2,500 entrants x \$55 = \$137,500
- 3,000 entrants x \$55 = \$165,000
- 3,500 entrants x \$55 = \$192,500
- 4,000 entrants x \$55 = \$220,000

3. Bus Transport Income:

Pain further suggested a blanket fee of \$20 per entrant be charged for bus transport to fund an internal system. This, he said, would generate between

Athletes from 9 Nations Compete in San Juan

by GILBERTO GONZALEZ

Results of the IV San Juan International Masters Championships in Puerto Rico on November 9-10 included a 200 of 23.0 by Ovidio de Jesus, M50; a 100m of 12.4 by Jose Ubarri, M60; sparkling performances by Garciela Barga, 33, of Argentina, with a 39:36 10,000 and a 24:27 four-mile; and a

fine discus throw of 51.08 (167-7) by Dagoberto Gonzalez, 52.

Masters came from Australia, Canada, Colombia, Venezuela, the Dominican Republic, the Virgin Islands, the U.S., and, naturally, Puerto Rico. However, the event was saddened with the heart attack suffered by the U.S.'s Ozzie Dawkins, 57, after he ran the 100m. (see separate story). □

\$50,000 and \$80,000 in additional funds.

4. Prospective Bidders:

Although too early to state who final bidders would be, it does appear that Eugene, Oregon, and San Jose, California, will definitely submit bids. Those cities expressing interest appear to be San Diego, Atlanta, Los Angeles, Indianapolis, Philadelphia and Chicago. Those apparently falling out of the running are Miami, Raleigh, Boston and New York City.

There may be other potential bidders, of which the Committee is presently unaware, who may step forward at a later date.

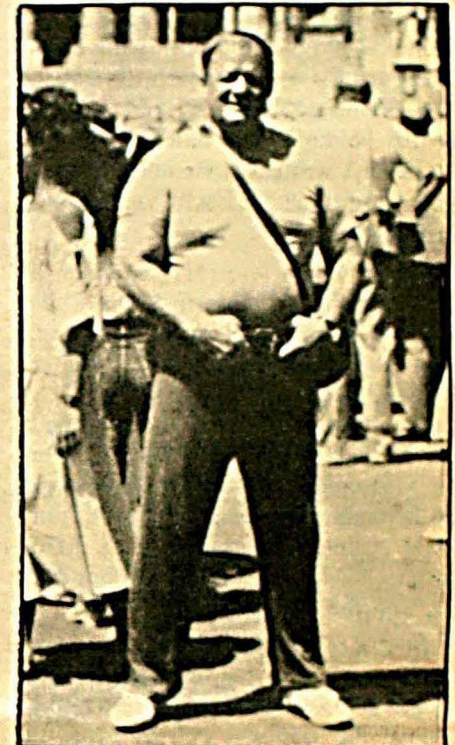
5. Committee Membership:

TAC T&F Chairman Jerry Donley appointed, as additional members of the Site-Selection Committee, Joe Valdes of West Palm Beach, Florida, and Dan Thiel of New Orleans.

6. Commercial Sponsorship:

Joe Murphy of the Media & Marketing Committee reported the TAC was actively seeking commercial sponsors and that the Masters may well

Continued on page 19



Bill Walmroth of Southfield, Michigan, M60 shot put winner in the Rome World Veterans Games and World Weightlifting Champion in the Superheavy-weight class, is one of 88 sponsors, to date, of 1989 World Games.

1989 WORLD VETERANS GAMES SPONSOR LIST

Sponsor Name	City & State	Amount	Sponsor Name	City & State	Amount	Sponsor Name	City & State	Amount
(The) Bailey-Turners	Minneapolis, MN	\$ 20	Hatch, Larry D.	Thousand Oaks, CA	100	Reid, Michael T.	Carlsbad, CA	20
Bigelow, Wilfred S. (Bill)	Berkeley, CA	100	Higdon, Hal	Michigan City, IN	100	Reily, Bob	Colorado City, TX	50
Black, Mickey	San Diego, CA	100	Hiser, Paul	Ft. Recovery, OH	20	Robinson, Will	1000 Oaks, CA	50
Bordeaux, Jim	Tacoma, WA	20	Houlton, Susan	Atlanta, GA	20	Russell, Marybelle V.	Las Vegas, NV	20
Bredenbeck, Richard	Independence, OH	1000	Johnston, Carol L. (Mr.)	Whittier, CA	100	Sapienza, Tony	Bradford, MA	100
Bruce, R.E.	Lake Bluff, IL	50	Kast, Mike	Ft. Wayne, IN	50	Schneider, Louis	Louisville, KY	100
Busby, William J.	Thomasville, NC	100	Kendall, Henry C.	Chesterfield, MO	20	Shrader, David Dillon	Lamar, MO	100
Carman, Dr. Ken	Garden City, MI	100	King, Stan	Beverly Hills, CA	100	Snyder, Gretchen	Berkeley, CA	50
Carnine, Ken and Kay	Gold River, CA	100	Kohl, Tom	Piqua, OH	20	Spencer, Douglas J.	Warren, AK	200
Carter, Ross	Eugene, OR	500	Littlejohn, Robert E.	Sequim, WA	100	Springbett, Bruce	Los Gatos, CA	500
Christiansen, Mike	Marysville, WA	50	Los Angeles Patriots			Srawlowski, Elizabeth	Marblehead, MA	20
Clarke, Willie and Harriett	La Mesa, CA	50	Organizing Committee	Beverly Hills, CA	100	Stolpe, Richard	Los Alamos, NM	200
Cole, Wallace A.	Santa Barbara, CA	100	MacDonald, Jay	Ft. Lauderdale, FL	50	Stone, R.K.	Kensington, CA	250
Cook, Vic	Woodland Hills, CA	100	MacMinn, Fraser	Glendale, CA	20	Studenmund, Woody	Pasadena, CA	20
Crawford, Sandy	Toledo, OH	20	Marquard, Skip	Carmel Valley, CA	200	Tallmadge, Bill	Berea, KY	10
Daniel, Bob	Escondido, CA	20	McClain, Leroy	Cleveland, OH	50	Thiel, Daniel	New Orleans, LA	50
Davis, John	Craigville, MA	50	McClellan, John H.	Honolulu, HI	20	Torry, Frank C.	Houston, TX	100
Dobroth, John	Ventura, CA	100	Messenger, Archie A.	Campton, NH	1000	Tucker, Richard	Pullman, WA	50
DuBois, D.H.	San Antonio, TX	20	Miller, Robert E.	Seattle, WA	20	Underwood, Abe	Sacramento, CA	20
Elwarner, John M.	Sterling Heights, MI	10	Morcom, Boo	Wilmot Flat, NH	100	Van Fleet, Bill	Eureka, CA	20
Fine, Robert G.	Delray Beach, FL	500	Morris, A.	Urbana, IL	20	Vernon, Jim	West Covina, CA	100
Fischer, H.J.	Denver, CO	20	Nilsen, Rudolf	Ardmore, PA	50	Vlaardingerbroek, Mr. and Mrs.	Naples, FL	50
Foster, Earl La Jesse	Lynchburg, VA	50	Oguss, Murray	Far Rockaway, NY	100	Wallace, Gordon	Prescott, AZ	100
Fowler, Nolan	Cookeville, TN	500	O'Neil, Jim	La Jolla, CA	100	Walmroth, Bill	Southfield, MI	20
Fraudorfer, Carlos	Tampa, FL	50	Osborn, Ralph	Raymondville, TX	25	Waltzer, Ross E., D.D.S.	Tulsa, OK	100
Gainer, Jeremiah, Sr.	Chesapeake, VA	50	Patsalis, Tom	Alhambra, CA	100	Ward, James R.	Seminole, FL	25
Green, Richard W.	Rockford, IL	100	Pendergast, George H.	Helena, MT	20	White, Nathaniel and Evelyn	Fayetteville, NY	100
Guidet, Al	California City, CA	20	Poppell, John	Richmond, VA	25,000	Wilson, Connie	Portland, OR	20
Hambly, David	Seattle, WA	50	Puckett, Jim	Gresham, OR	250			
Hanna, John and Gail	San Diego, CA	25	Quackenbos, Max	Stuart, FL	50			
			Reich, Jordan B.	Bayside, WI	20			
						Total		\$34,345

Report from Britain

by ALASTAIR AITKEN

On August 31, Les Roberts of Blackheath Harriers, a civil servant from Croydon Surrey, continued to show he may be the best 5000/10000 Vet over-40 in the U.K. with a 30:56 10K for Blackheath in the (non-vet) Clubs Cup Final — GRE Cup. He led for most of the race, eventually coming in fourth. He also won the Southern Vets 10-mile road race at Crawley.

Vic Smith won the Veterans, Tooting BEC opening of the track Vets 1500 in 4:13.9, then the next day won the Veterans mile road race in 4:23 in Cardiff. World 10K road champion Taff Davies was easily first Vet in the

Tour of Umbria 5-stages road race in Italy in 24th position out of 200. Taff was 4th of 680 in the Epsom Half-Marathon. Tipton's Allan Rushmer, 1966 Commonwealth 5000 the bronze medalist, was 2nd Vet in Berlin Marathon (2:21:46) behind first Vet Victor Mora (2:18:12).

Results from the National Veterans Decathlon Championships, Sheffield, September 14-15: Brian Loten, M40, 5710 (13.3-5.22-10.03-1.35-58.1-17.7-29.70-3.15-44.48-5:11.7); Dave Burton, M50, 6769 (12.3-5.68-9.81-1.48-57.8 - 18.4-23.20-2.40-26.64-5:23.9); Alf Woods, M55, 6601; George Leete, M60, 6527; and Sid McSweeney, M70, 5536. □

Sponsors Pledge \$34,345

Continued from page 18

receive leads for both major and minor sponsors for the World Games. The Site-Selection Committee will actively be turned over to the successful O.C.

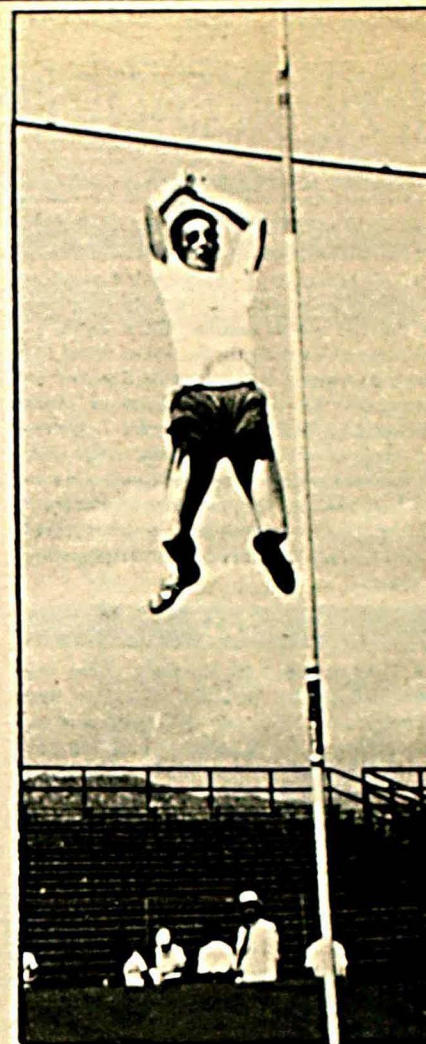
7. Charitable Deductibility of Donations:

Committee member Bob Fine advised those assembled of the status of the IRS tax exempt Masters Sports Association ("MSA"), a New York charitable foundation he had formed a number of years ago which is to be restructured to meet the requirements of this fundraising campaign. All subscribers to the NMN will automatically be members of the MSA. Its officers will be elected annually at the TAC Convention and a five-member board of trustees consisting of the TAC Masters T&F Chairman, the LDR Chairman, the 1989 World Games Site-Selection Chairman, the Chairman of the successful O.C., and a representative of the MSA will administer the funds.

8. Supplemental Events:

Pain announced that he had received a favorable expression of interest from the Triathlon Federation of the USA indicating that it was interested in pursuing the presentation of a Masters triathlon for men and women in conjunction with the 1989 World Games. Although no formal action was taken, the Committee indicated its ongoing interest in contacting other sports federations willing to present a Masters event either immediately before or after the WAVA World Games at the venue of said Games. It was emphasized, however, that any such supplemental events would be the responsibility of the O.C. or the TAC T&F Committee. Additionally, any such supplemental events would have to be approved by WAVA.

The long term aspects of possible endowments, gifts, bequests and grants to the MSA is a broader subject which



Jerry Donley, 55, was named TAC's M55 T&F athlete-of-the-year for his gold medals in the World and U.S. Masters Championships. Photo by Dot Donley

will be addressed by Bob Fine in another article to be published in the NMN at a later date.

At the conclusion of the meetings, Donley stated we can now inform the WAVA Executive Board of our firm resolve to bid for, and present, the 1989 WAVA World Games.

Please keep in mind the deadline for submitting bids is March 15, 1986, which are to be addressed to the Site-Selection Committee Chairman, David H.R. Pain, 1951 Cable Street, San Diego, California, 92107. □

PRESIDENT:

Don Farquharson
269 Ridgewood Road
West Hill
ONTARIO M1C 2X3
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DELEGATE OF:

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Cesare Beccalli
IMITT
Via Martinetti 7
20147 MILANO Italy

OCEANIA:

Clem Green
46 Hargreaves Street
WELLINGTON 2
New Zealand

AFRICA:

Contact President

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH JAN 1986

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
DOROTHY CARLIN(US)	1- 6-36	50-54
NICKI HOBSON(SAN DIEGO, CA)	1-16-31	55-59
JOYCE KAMMER(US)	1-21-41	45-49
VIOLET LEONARD(MORGANTOWN, WV)	1-16-21	65-69
LILLIAN LEVINE(NY)	1-28-41	45-49
SHARON MARTIN(EVERGREEN, CO)	1-26-41	45-49
ROSI O'NEIL(NEWPORT BEACH, CA)	1-30-41	45-49
HILDE RUTKOWSKI(OH)	1-24-26	60-64
ANN SMITH(TORRANCE, CA)	1- 3-36	50-54
FRAN STEVENSON(LOS ALTOS, CA)	1-20-31	55-59
JEAN CLEATOR(CAN)	1-21-26	60-64
GEORGINA DESCHAMPS(BEL)	1-31-21	65-69
ASTRID NILSSON(SWE)	1-14-36	50-54
BRIGITTE PAULS(WG)	1- 6-46	40-44
VERNER ANDERSSON(SWE)	1- 7-06	80 +
ROBERT FOUTZ(PHOENIX, AZ)	1-20-21	65-69
BOB KROGER(RIVERSIDE, CA)	1-22-16	70-74
ED LOWELL(TARZANA, CALIF)	1- 1-16	70-74
EDWIN MALAN(RSA)	1-27-11	75-79
HORST MANDL(AUT)	1- 8-36	50-54
VIRGIL MCINTYRE(PRESCOTT, AZ)	1-20-11	75-79
MAURI MERTAKIVI(FIN)	1-21-21	65-69
FRIEDRICH MEYER(WG)	1-26-16	70-74
ALAIN MIMOUN(FRANCE)	1- 1-21	65-69
MARIO MINAFRA(YORKTOWN HTS., NY)	1-20-21	65-69
YURI NIKULIN(URSS)	1- 8-31	55-59
ERIK OSTBYE(SWEDEN)	1-25-21	65-69
BILL PACHECO(HONOLULU, HI)	1- 2-16	70-74
KHRISTOS PAPANIKOLAOU(GRE)	1-24-41	45-49
RICHARD PARKINSON(INDIO, CA)	1- 2-21	65-69
ALBERT REISER(WG)	1-24-06	80 +
TOM RICHARDS(SANTA ANA, CA)	1-17-41	45-49
KURT SCHMITTENHEIM(WG)	1-12-41	45-49
PAUL SCHMITZ(WG)	1-29-21	65-69
JONATHON SHARP(MORRISON, COLO)	1-25-21	65-69
MAL SPENCE(JAM)	1- 2-36	50-54
JIM STEPHENS(TALLAHASSEE, FLA)	1-23-41	45-49
WILLIAM TRIBOU(CT)	1-21-21	65-69
GENE ZUBRINSKI(CA)	1- 8-41	45-49

Dear David:

Yes, you can count on my support if the U.S. is awarded the 1989 World Veterans Games.

I pledge:

\$20 \$50 \$100 \$500 \$1000 \$_____

Name _____

Address _____

City _____ State _____ Zip _____

Mail to:

David Pain, Chairman
Site-selection Committee for 1989 World Veterans Games
1951 Cable St.
San Diego CA 92107

MASTERS SCENE

NATIONAL

• TAC continues to recognize the contributions of masters to our sport. Ruth Anderson, Sal Corrallo and Al Sheahan were among 13 recipients of the President's Award at the 7th annual convention of The Athletics Congress on December 7 in Houston. The awards were presented by TAC President LeRoy T. Walker "in recognition of outstanding effort and achievement to those whose dedication and support have been an inspiration to the members of this Congress, and whose leadership has played so vital a role in the fruition of our purposes and programs."

EAST

• Data on the NYC Marathon shows that Johann Bossman, 87, (5:51:44) and Bess James, 76, (6:53:56) were the oldest male and female finishers. A remarkable 95% (15,881) of the 16,705 starters finished. Of the finishers, 36% were masters: 5109 were M40-and-over; 631 were W40-and-over. Add 5420 M30-39's and 1100 W30-39's and the number of 30-and-over starters was 12,260. Women comprised 16% (2478) of all finishers and 11% (631) of masters finishers. Foreigners accounted for 28% (4450) of the total, with France, alone, supplying 739 runners.

• Herb Townsend, M45, won the Masters-only Indian Summer Festival 5K, Ocean City, NJ, October 6, with a PR 16:19. David Smith, M40, was second in 16:38. Ange Pillegi, W40, took the first W40+ spot with 25:11 and Joyce Haver, W45, the second in 25:56.

• Ted Haiman, 42, Queens, NY, became the Masters champion in the 1985 National RRCA Age Group X-C Championships, held at Van Cortlandt Park, in the Bronx, NY, November 10, with a seven-second 17:08 win over Thomas Robinson, 41, on the 5K course. Matt Cucchiara, 42, was third (17:36). Judy Pickert, 42, Brewster, NY, won the national W40+ crown with 19:57. First W50+ was Janet Nelson, 50, with 23:36.

• Pickert, on a X-Country rampage, bested the women's field with a first overall 19:29 in the Taconic RRC Age-Group 5K X-C Championships, Peekskill, NY, November 23. Another



Ken Allan, 51, 1st 50+ male in 1:31:33 (13.1 miles), Lake Chabot Trail Run, Castro Valley, California.

W40+, Barbara Thelemack, 43, North Salem, NY, was second woman in 22:25.

• Maddy Harmeling, 40, placed fourteenth of 1,002 finishers in the Karastan Women's 4 Mile, Central Park, NYC, November 16, with a 23:22 Masters first. Thirty-nine-year old Angella Hearn was a second ahead for thirteenth. Second Master Bobby Rothman, 40, closed in 23:47.

• More NY Marathon data: According to Road Race Management Newsletter, an economic impact study commissioned by the organizers of the NY Marathon disclosed that the marathon brought \$54,800,000 (\$3280 per runner) into the city, raised \$810,000 in taxes and cost the city \$600,000.

• Masters T&F may have four 90-year-olds competing this year: Collister Wheeler, Newton Barrett, Abel Kiviat and now, Harry Jackson, 90, of Philadelphia says he's gearing up.

• Pay Carstensen of Babylon, NY, was left out of the top five in the M50 discus results received from the Nationals in August. Carstensen finished fifth with a 127.5 toss.

• Eight of ten entrants finished the 4th Annual Lilac City 50K on the 400m track at the U. of Rochester, NY, November 3, and set five single-age records for that distance. First finisher, Greg Brooks, added the age-38 to his age-37 record with 3:31:33 (old record 3:49:55); Walter Connolly, 55, put a third on his string (age 53 and 54) with 3:54:36 (4:09:49); Carl Pegels improved the age-52 time by 30 minutes with 4:06:34 (4:36:39); Nedra Osborne, the lone woman entrant, smashed the age-39 record by an hour and a quarter with 4:47:10 (6:02:09); and Don McNelly broke the age-64 record with 5:29:17 (5:48:01).

• Less than 10% of our sales are in running shoes. NIKE's Keith Peters told the Road Race Management Conference in Washington, D.C. November 16-17, citing the huge success of its 'Air Jordan' basketball line. Saucony virtually dropped its entire running promotions program. Tiger is cutting back. Nike slashed its Masters program last year, and is re-evaluating it this year. "This is not a post-Olympic slump," said Marty Liquori. "It is not coming back." However, former Avon race coordinator Elizabeth Phillips was optimistic: "The sponsors are there, you just have to get to them."

• Still more NY Marathon stats: "the divorce rate among marathoners is three times" the national average. The most susceptible, says Dr. Gabe Mirkin, is the one where the woman runs and the man doesn't. "When a woman starts to run, she loses fat, gains muscle and becomes more attractive. She looks at other runners and sees their trim and fit bodies. Then she looks at her husband's pot belly and may feel something's wrong with him. And think of the husband. Wouldn't you be upset if your wife spent her weekends running around in shorts with a lot of men?"

• Ruth Anderson, 56, W50 1985 National Masters Marathon winner (3:27:04) in Washington, DC, November 3, writes, "I... thought the race itself excellently done. Thanks only to the efforts of Chuck Des Jardins, there was some attention given to the Masters at the awards ceremony, but not a real presentation. That was definitely an example of a Masters championships in conjunction with a big event being completely overshadowed. When will we ever learn?"

SOUTHEAST

• Partial results from the Tampa Bay All-Corners, Tampa, FL, November 23, show Joe Johnston, 41, with a 12.0 PV and 5-8 HJ; Bill Gentry, 55, with an 18.66 110H and a 63.0 400; Ed Schuler, 58, with a very fast 11.98



Runners of the 4th Lilac City 50K held on the 400m track at the University of Rochester in Rochester, N.Y., November 3. From left, Don McNelly, 64, Race Director; Carl Pegels, 52; Greg Helbig, 29; Greg Brooks, 38; Bob Titus, 39; Nedra Osborne, 38; Norm Frank, 54; Walt Young, 54; Walter Connolly, 55. Brooks, Connolly, Pegels, Osborne and McNelly established new U.S. Single-Age Records for 50K on the track.

100m and a speedy 25.77 200; and touring Boo Morcom, 64, of New Hampshire, with a 16-10 LJ and a 11-6½ PV among his other strong marks.

• Submaster Nate Robinson, 33, of Florida has become producer, writer, and performer with a 12-inch disco record put together by Robinson's younger brother, Kearney. He, Nate, and musician Sam Brown, make up a trio called "Kenru." The record, "China Boy Rock," is already on local Palm Beach stations, and Nate is striving for it to make the national charts. A little out of shape now, he hopes to get back into form for the Masters Indoor and Outdoor Nationals. Nate had a 14.18 110H; a 21-7½ LJ; a 180-6 JT; and a 11.4 100m in the Toronto Masters Games in August.

• Running consultant Dean Reinke has moved to Fort Lauderdale, where he publishes a monthly running newsletter. Subscriptions are \$25 a year and are available from Dean Reinke on Running, 1901 N. Atlantic Blvd., Suite 3E, Fort Lauderdale FL 33305. 305/564-3230.

MIDWEST

• Terry Lee Webb, 44, of Kettering, OH, will submit his string of unbroken daily runs of fourteen years, eight months, and one week as a world record to the Guinness Book of World Records. If accepted, the string will reportedly break the present listed record by one day, even though Ron Hill and Ken Young both have longer streaks. Webb starting running March 10, 1971, to lose weight (which has dropped from 203 to 152) and averages 5.7 miles a day. He ran through a torn Achilles tendon and a separated shoulder, and ran on the days his mother and father died. On his wedding day, he, his wife, Lynn, and the whole wedding party ran after the ceremony. Webb is not a competitive runner. Hill is near a 20-year daily run string but reportedly has chosen not to submit his claim to Guinness. Young is nearing 18 years. NMN subscriber James Gerard of Ohio thinks it would be interesting to find out about other long streaks. Bona-fide streakers can write him at 61K Winchester Pl., Centerville, OH 45459.

• Henri Salavarda, 48, defeated younger M40+ runners in the Nationwide/Bank One Marathon, Columbus, OH, October 13, to close with an 18th-place (2000 finishers) victory in 2:29:14. Britain's Priscilla Welch, 41, placed fourth in the open division with 2:38:07, leaving Bette Poppers, 42, to claim the W40 in 3:10:58. Frederick Hagerman, 50, won the M50 contest with a fine 2:40:16, and Otho Perkins, 55, took the M55 with a strong 2:50:23. Truman Clark, 49, ex-Southern

Californian currently residing in Arizona and whose marathon credentials date back to pre-race-boom history, won the M45 in 2:56:44.

• Ernie Billups, 48, Chicago, won the M40-49 division race in the Gatorade Circuit 10K, Chicago, November 16, in 34:10, for first M40+. Algene Williams, 69, Park Forest, IL, set a national single-age record of 52:49.

• In the U.S. TAC Masters Half-marathon Championships in Dayton on September 29 (results last month), we forgot to mention Eugene Keller set a new M70 record of 1:34:13, breaking the mark of 1:34:22, set by Mac Osborn on Feb. 5, 1984.

MID AMERICA

• Missed by NMN in the stack of results from three meets at the same site on the same days (TAC U.S. National Masters Pentathlon and Weight Pentathlon Championships and the Rocky Mountain Masters Games) in Boulder, CO, August 31-September 1, was Texan John Hartfield's outstanding M40 high jump of 6-9 1/8 for a new world age-group record. The slender, 40-year-old Hartfield thrilled the crowd of athletes and spectators by clearing the bar cleanly on his third attempt after two close misses. Egon Nilsson of Sweden held the previous world mark of 6-8¾ set almost 20 years ago in 1966. Hartfield's record may last just as long.

• Peter Ybarra, M45, mastered the Governor's Cup 10K, Denver, CO, October 6, in 32:46 to defeat all M40+ runners. Patricia Schofield, W40, ran 38:17 to outdistance all W40+. Tom Bailey won the M55 division with 36:14 in the 5,235-finisher race.

SOUTHWEST

• Robert Stuemky, 41, Newkirk, OK, garnered first M40+, fifteenth overall (454 m/finishers), and \$100 with his 27:06 in the Pepsi/KTUL Challenger 8K, Tulsa, OK, October 5. Other master runners who shared \$2,675 TAC-trust money were Bill Adams, 45, Bartlesville, OK, \$100, 28:30; Bob Nale, 50, Sapulpa, OK, \$75, 30:25; Nocus McIntosh, 60, Spavinaw, OK, \$75, 34:58; Barbara Manning, 40, Owasso, OK, \$75, 33:13 (ninth overall, 115 w/finishers); and Sharon Cooper, 46, Claremore, OK, \$75, 34:22.

• Jim McFadden, 46, was first M40+ in the "short" race with 1:23:34 in the Oklahoma City RC Marathon and Half-Marathon, Oklahoma City, November 17. Jim Smith, 63, won the M60+ division with a solid 1:31:16. Maureen Bixby, 43, led all W40+ runners with 1:28:31.

Continued on page 21

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WEST

• Britisher Les Roberts of Bromley, London, defeated some of the top-ranked Masters in the West with 30:50.7 in the Modesto 10K, Modesto, CA, October 27. Dan Murray, a Modesto native, who ran the Chicago Marathon the previous week, posted his best 10K for 1985 with 31:03 for second. Masters course record-holder Sal Vasquez (30:45) was third at 31:14. Sandy Coffey, Yuba City, CA, broke the W40+ course record by two minutes with a PR 38:46. Heidi Skaden-Poyser, Sacramento, CA, settled for second W40+ (41:22), and Gail Goettelman for third (42:53).

• At the Club West meet in Santa Barbara, CA, October 5, Chris Miller established a W50 age-group WR in the triple jump at 26-11, and Shirley Kinsey also triple jumped to a W55 age-group WR of 21-1, and set a new age 56 long jump national mark of 11-2 3/4.

• Barbara Meadows mowed down three W55 age-group track AR's of the U. of Arizona's Rincon Vista oval, Tucson, December 1, with a 1:07:13 15K; a 1:12:15.3 10 mile; and a 13,488m (8 miles/638 yards) one hour. Race director Jennifer Young of the NRDC, Inc., set two W40 age-group track AR's, for the 15,000m with 1:10:15.4, and the 10 mile with 1:15:52.3.

• When Jim Kleiger, 33, saw 44-year-old Ed

Burke carrying the American flag in the opening ceremonies of the 1984 Olympic Games, he was inspired to return to pole vault competition after a ten-year hiatus. By clearing 15-7, he became the U.S. national M30 champion at Indianapolis last summer, and soared 15-6 at the Rocky Mountain Games in Boulder, topping all competitors. Kleiger is a clinical psychologist who has developed "Visions of the Vault," a vaulting relaxation and visualization tape, as well as a general T&F tape.

• Late, late results of the TAC U.S. Masters 50K X-C Championships, Richmond, CA, August 4, list Frank Bozanich, M40, as first Master in 3:46:41 and Sheila Hasham, W40, first woman Master with 4:56:14. Top three Masters men and women received prize money. One participant said, "... the race went very well" and explained the results delay; "the entire race management fell apart afterwards, including the folding of the organizing club."

• Results scanners will do a triple-take when they see that the top three females in the McDonald's 10K McClassic, San Diego, CA, November 17, were Gabriele Andersen, 40, (34:52); Patti Hurl, 39, (35:23); and Shirley Matson, 45, (35:57). But why not? Andersen, the Swiss Olympian marathoner, is competitive in the open ranks, shown in her women's overall win in the Holiday Bowl/Heart of San Diego Marathon, December 1, in 2:42:27. Hurl is an excellent competitor from the San Diego

area, which teems with good runners. Matson, recently 45, broke the national W45 age-group 10K record (36:29) early in November with 35:32. Peter Stern, 40, was first Master in 33:21. Bess James, 76, gave up six years and six minutes to Judy Simon, 70, in a rare loss in the W70+ division, 57:10 to 1:03:21.

• The 80-and-over division is expanding: Stan Herrmann, who suffered a stroke two years ago, is coming back. "I feel I've recovered enough to try track again," he told NMN. Welcome back, Stan.

CANADA

• Latest update on Toronto Masters Games: The Toronto Globe and Mail reports Games organizers Maureen and Ken O'Bryan and their companies received \$150,000 from the World Masters Games Foundation in the two years before the federal and Ontario Governments moved to place the organization in receivership. A report by interim receiver Peat Marwick Ltd., filed in the Supreme Court of Ontario, described the foundation as "hopelessly insolvent" with liabilities of up to \$1.7 million and assets worth no more than \$11,000. "Peat Marwick says its task was complicated by missing and empty files, lax accounting controls and lack of cooperation by foundation staff," the Globe stated. "Proclaimed as a no-frills competition not dependent on government financial sup-

port, the Games needed more than \$1.2 million from federal, provincial and municipal governments, including a last-minute bailout of \$300,000 to stave off their collapse," the paper said. The Globe learned Ken O'Bryan was recently in Bermuda shopping for office space and property. Bermudian laws require that a foreign buyer of property must have a substantial net worth.

INTERNATIONAL

• Lucas Halweendi of South West Africa sliced 24 seconds off of Derek Vaughn's South African veteran's 15K record with 46:13 in the Ohlsson's South African 15K Championships, Cape Town, this fall. □



Concentrating before the vault is M30 winner Jim Kleiger, CA, with 15-7, at the National T&F Championships, Indianapolis, in August. Photo by Gretchen Snyder

BROWN UNIVERSITY MASTERS INDOOR TRACK AND FIELD INVITATIONAL

Sponsored by The Rhode Island Track and Field Foundation

DATE: Sunday, January 12, 1986, 11:00 a.m.
SITE: Brown University Athletic Center, Hope St. and Lloyd Ave., Providence, RI (Adjacent to the Meehan Hockey Rink and Smith Swim Center)
DIRECTIONS: From North: 95 S to Branch Avenue (Exit 24). Turn left on Branch to light. Cross intersection, go up Cypress Street hill to Hope Street, turn right and follow to Fieldhouse Complex. From South and East: 95N to Branch Avenue (Exit 24). Turn right on Branch to light. Cross intersection and follow same as above.
FACILITY: Six lane, mondo rubber, 200m track (pin spikes), Accutrack timing. Lockers and changing area available. Throwing event implements will be provided.
AWARDS: First three places in all events.
DIVISIONS: Five year groupings for men and women (30-80+)
ENTRY FEE: Pre-entries \$5.00 first event; \$3.00 each additional event by Wed., Jan. 8, 1986.
 **Post entries will be \$7.00 first event; \$4.00 each additional event by 11:00 a.m. on day of meet.

ORDER OF EVENTS:

12:00 p.m.	Mile Walk 55m Hurdles 500m Mile 300m 800m 3,000m 800m Relay (10 yr. groups-no fees/no awards)	11:00 a.m.	Weight Throw Long Jump
		12:00 p.m.	Shot Put High Jump
		1:00 p.m.	Triple Jump Pole Vault

For additional information contact: Neil Steinberg
 46 Roberta Avenue
 Pawtucket, RI 02860
 (401) 728-2869

Local Hotels: Susse Chalet, (401) 941-6600; Marriot Inn, (401) 272-2400; Biltmore Plaza (401) 421-0700

Please Print

Name _____ Phone No. _____

Address _____
 Street City State Zip Code

Age (as of 1/12/86) _____ Male _____ Female _____

Club _____ Tac # _____ Date of Birth _____

Events Entered 1. _____ 3. _____ 5. _____
 2. _____ 4. _____ 6. _____

Total fee enclosed \$ _____

Mail entry form and check, payable to The Rhode Island Track and Field Foundation to: Neil Steinberg, 46 Roberta Avenue, Pawtucket, RI 02860.

Waiver: In consideration of your accepting this entry for the 1986 Brown University Masters Indoor Track and Field Meet, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Rhode Island Track and Field Foundation, or Brown University, their Agents, Representatives, Assignees or Sponsors for any and all injuries, damages and/or claims which I might otherwise have arising out of said event. I attest and verify that I am physically fit and sufficiently trained for this competition.

Date _____ Signature _____

(Please indicate any previous masters awards and championships on the back.)

schedule

Track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newsletter 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys CA 91404.

TRACK & FIELD NATIONAL

February 2. U.S. TAC National Masters Indoor Pentathlon Championships, Catonsville, Maryland. Larry Williams, 1415 Providence Rd., Towson MD 21204. 301/661-7521. Entry form in December issue.

February 22-23. U.S. TAC National Masters Indoor Championships, LSU, Baton Rouge, Louisiana. Danny Thiel, 1459 Verna St., New Orleans LA 70119. 504/486-8066. Entry forms in December and January issues.

July 13. U.S. TAC National Masters Pentathlon Championships, Shippensburg, Pennsylvania, 11 a.m. Scott Thornsley, 519 Coolidge St., New Cumberland PA 17070. 717/774-3569.

July 18-20. 19th U.S. TAC National Masters Championships, Mitchell Field, Uniondale, Long Island, New York. Sandy Pashkin, 77 Prospect Place, New York NY 11217. Entry forms in May and June issues.

July 26-27. U.S. TAC National Masters Decathlon (men) and Heptathlon (women), Des Moines, Iowa. Rex Harvey, 3815 Lincoln Park Drive, Des Moines IA 50312.

NEW ENGLAND

January 10. Dartmouth Relays Indoor Masters Meet, Hanover, New Hampshire. Carl Wallin, Dartmouth College, Hanover NH 03755. 603/646-2848.

January 12. Brown Masters Indoor Invitational, Providence, R.I. SASE to Neil Steinberg, 46 Roberta Ave., Pawtucket RI 02860. 401/728-2869.

June 22. Rhode Island Senior Olympics, Providence. 55+. Dolores M. Bergeron, R.I. Dept. of Elderly Affairs, Providence RI 02903.

EAST

January 5. Pennsylvania Master Indoor T&F Meet. Dickinson College, Carlisle, PA. Scott Thornsley, 519 Coolidge St., New Cumberland, PA 17070. 717/774-3569. SASE Please.

January 5, 12, 19. Youth & Masters All-Comers Meet; Fordham University, Bronx, N.Y. 9 am-1 pm.

January 19. Philadelphia Masters Indoor Club Meet, Haverford College. Fred Mannis, below.

February 2, 16. Philadelphia Masters Indoor Club Meets, Haverford College. Fred Mannis, below.

February 16. MAC Indoor Masters Championships, Pratt University, Brooklyn, N.Y. Bob Fine, 77 Prospect Place, Brooklyn NY 11217.

February 23. NY Masters Indoor Meet, Fordham (or Pratt) Univ., Bob Fine, 77 Prospect Place, Brooklyn NY 11217. 718/789-6622.

March 1. Philadelphia Masters Indoor Championships, Haverford College, Fred Mannis, 1040 W. Montgomery Ave., Ardmore PA 19003. 215/642-5989.

March 8. TAC New Jersey Indoor Masters Championships, Peddie School,

Highstown, N.J. Andrew Boyajian, P.O. Box 229, Hasbrouck Heights NJ 07604.

March 23. 14th Annual Eastern Regional Indoor Masters Championships, University of Delaware, Newark, Delaware. Larry Pratt, 111 S. Dillwyn Rd., Newark DE 19711.

May 18. New York Masters Meet, Kings Point Merchant Marine Academy, Kings Point, N.Y. Sandy Pashkin, 363 Edgcomb Ave., New York NY 10031.

June 15. MAC Masters Championships, Kings Point Merchant Marine Academy, Kings Point, N.Y. Sandy Pashkin, 363 Edgcomb Ave., New York NY 10031.

August 10. Tri-State TC Classic, Hagerstown, Md. Tri-State TC, Wayne Vaughn, 734 W. Franklin St., Hagerstown, MD 21740. 301/733-6076.

August 31. Potomac Valley Senior Games, St. Stephen's School, Arlington, Virginia. Sal Corrallo, 3156 N. Pollard St., Arlington VA 22207. 703/243-1290.

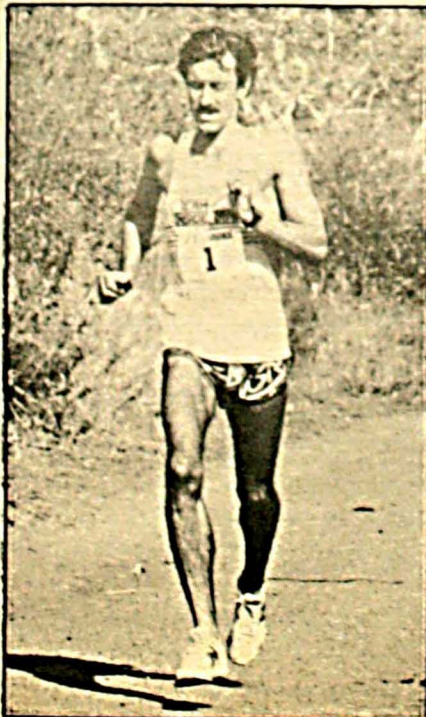
SOUTHEAST

January 12. Central Florida Masters Championships, U. of Florida, Gainesville, Florida. CFM, P.O. Box 1824, DeLand FL 32721. 904/736-0002.

February 8. Bill Gilligan Memorial Weight Pentathlon, Atlantic High School, Del Rey Beach, Florida. Entry fee \$10 to Phil Partridge, 337 S.W. 14th Ave., Boynton Beach FL 33435.

April 26-27. Florida State Masters T&F Championships, Lake Worth, Fla. Joe Valdes, 5300 Cannon Way, W. Palm Beach, FL 33415. 305/471-1891 (h);

May 2-4. 16th Southeastern U.S. Masters Meet, Raleigh, N.C. Stu Northrup, Raleigh Parks & Rec. Dept., P.O. Box 590, Raleigh, NC 27602.



Gary Tuttle, 38, 2nd at Lasse Viren Finnish Invitational 20K, Malibu, Calif., in 1:02:28. Photo by Richard Lee Slotkin

May 10. Birmingham Track Classic, Vestavia Hills H.S., Birmingham, Ala. Gordon Seifert, 1514 Ridge Rd., Birmingham AL 35209. 205/879-8031.

June 7-8. 11th Annual Northwest Classic, Miami, Fla. Jesse Holt, 1310 N.W. 90 St., Miami FL 33147. 305/836-2409.

MIDWEST

January 4. 10th Annual Wisconsin Masters Indoor Championships, U. of Wisconsin, Madison. Bruce Craig, 238 Alden Dr., Madison WI 53705. 608/233-3863.

January 4. Lake Erie Indoor Championships, Maple Heights H.S., Cleveland, Ohio. Charlie Hall, 18616 Restor Ave., Cleveland, OH 44122. 216/561-5092.

February 1. 2nd Annual Athlete's Foot Indoor Masters Meet, Augustana College, Rock Island, Illinois. Pete Stopoulos, 1029 16th Avenue, East Moline IL. 309/755-2655.

February 23. 4th Annual Midwest Masters Indoor Championships, U. of Cincinnati. Bill Schnies, U. of Cincinnati ML 21, Cincinnati OH 45221. 513/475-5708.

March 9. Ohio TAC Open & Masters Indoor Championships, Ohio St. U. French Fieldhouse, Columbus. Curtis Stitt, 2605 Wellesley Rd., Columbus OH 43209. 614/237-6513 (h).

June 14-15. Senior Classic, Indianapolis, M&W55+ on 14th; all others on 15th. James Ware, 922 E. Washington, Indianapolis IN 46202. 317/638-0466.

June 28. Cleveland Track Classic, Wickliffe, Ohio. Jeff Gerson, 4173 Wilmington Rd., So. Euclid OH 44121. 215/382-2656.

July 27. Super Dad Weight Pentathlon, honoring Harold Parsons. Hope College, Holland, Michigan. Phil Partridge, 2060 W. 32nd St., Holland MI 49423.

MID-AMERICA

January 11. Lincoln TC 10th Annual Indoor Masters Championships, Lincoln, Nebraska. Don Showen, 3331 N. 68th, Lincoln, NE 68507. 402/464-4792.

May 27-29. Senior Olympics, St. Louis. (55+) Suzy Seldin, #2 Millstone Campus, St. Louis MO 63146. 314/432-5700, x188.

August 10. Chillicothe Masters Meet, Chillicothe, Missouri. Joe Shy, P.O. Box 745, Chillicothe MO 64601. 816/646-3823; 646-1023.

August 30-31. Rocky Mountain Games, U. of Colorado, Boulder, Colorado. Jim Weed, 11672 E. 2nd Ave., Aurora CO 80010. 303/341-2980.

SOUTH WEST

May 11. Runners' Pentathlon, Albuquerque, N.M. (3200, 800, 200, 400, 1600) Tom Bell, 5905 Concordia Rd. NE, Albuquerque NM 87111. 505/884-5701 (d); 821-2454 (n).

May 21-24. Texas Senior Games, Arlington, Texas. Hal Geldon, P.O. Box 676, Richardson TX 75080. 214/231-6889.

May 31. TAC Southern Association Meet, New Orleans. Danny Thiel, 1459 Verna St., New Orleans LA 70119. 504/486-8066.

June 21. Hill Country Classic, Mason, Texas. Lee Graham, Mason TX 76856. 915/347-5620 (h); 347-5921 (w).

July 12. West Texas Masters Meet, Lions Stadium, Ozona, Texas. Pete Maldonado, P.O. Box 1584, Ozona TX 76943. 915/392-3809 (res) /392-3850 (bus).

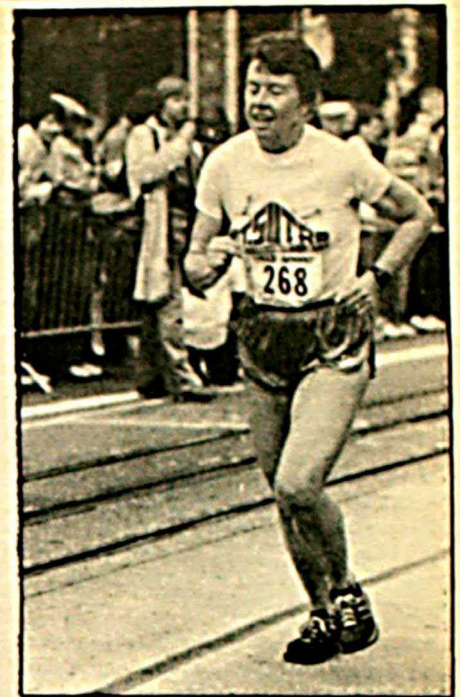
WEST

January 18, February 1, 8. All Comers Meets, Mt. San Antonio College, Walnut, Calif. 714/595-1415.

January 19. College of the Desert Meet, Palm Desert, California, 11 a.m. Christel Miller, 818/843-2139.

January 25, February 15. All-Comers Meet, Long Beach State Univ. 213/498-4666.

February 8. All-comers meet, San Diego State. 619/265-6569.



Gail Rodd, San Francisco, 1st female master, California Mile, San Francisco, October, 1985. Photo by Gene Cohn

February 8. CSU/Bakersfield Californian Meet, Charles Craig, 9001 Stockdale Hwy., Bakersfield CA 93311, 805/833-2347.

February 22. Orange Spring Games, Santa Ana, Calif. Larry A. Sallinger, 203 E. Monroe, Orange CA 92667. 714/639-6707.

March 8-9. Sport-Arcade Meet, Los Angeles. L.A. Patriots, P.O. Box 2981, Beverly Hills CA 90213-2981. 213/388-9689.

March 22-23. Open Decathlon, Occidental College, Los Angeles, 213/259-2608.

April 26. Sacramento Relays, Sacramento, Calif. Bob Roemer, El Dorado Hills CA 95630. 916/933-1438.

May 17. TAC Pacific Association Championships, Los Gatos, Calif. Willie Harms, P.O. Box 1328, Los Gatos CA 95031. 408/354-5660.

May 24. Anteaters Masters Classic, Irvine, Calif. David Lewis, 505 Begonia Ave., Corona Del Mar CA 92625. 714/673-2025.

June 14. Trojan Masters Invitational, Los Angeles, Jim Vernon, 1147 W. Rowland Ave., W. Covina CA 91790. 818/338-1623.

June 28. TAC Southern California Association Masters Championships, Occidental College, Los Angeles, Calif. Doug Smith, 20861 Queens Park Lane, Huntington Beach CA 92646.

July 5-6. TAC Western Regional Masters Championships, Edwards Field, Berkeley, Calif. Mark Grubi, P.O. Box 4512, San Francisco CA 94101.

August 24. 1st Annual Age-Handicap Meet, Birmingham HS, Los Angeles. (tentative).

August 30. Patriots Summer Relays, Los Angeles Southwest College. L.A. Patriots, P.O. Box 2981, Beverly Hills CA 90213-2981. 213/388-9689.

October 4. Club West Masters, U.C. Santa Barbara, Goleta, Calif. Geo. H. Adams, P.O. Drawer K, Goleta CA 93117. 805/687-6323.

NORTHWEST

July 11-12. TAC Northwest Regional Masters Championships, Mt. Hood Community College, Gresham, Oregon. Jim Puckett, 26000 S.E. Stark, Gresham OR 97030. 503/667-7354.

August 2-3. Hayward Field Masters Classic, Eugene, Oregon. John Wilson, 2660 Emerald, Eugene OR 97403. 503/343-5386.

August 8-9. 8th Montana Masters Championships, Bozeman. Mike Carignan or Rob Stark, P.O. Box 5131, Bozeman, MT 59717-5131. 406/587-8726; 994-3761.

Continued on page 23

Continued from page 22

INTERNATIONAL

August 11-23. Masters Trek to China for International T&F Meet in Nanjing and 5K/10K Runs in Hangzhou. Sports Travel, PO Box 7823, San Diego CA 92107.

September 6-14. 3rd Oceania Championships, Western Samoa. Clem Green, 46 Hargreaves St., Wellington 2, New Zealand.

LONG DISTANCE RUNNING NATIONAL

January 1 - October 31. U.S. TAC National Masters One-Hour Postal Championships. Mail results to: Clif Sharp, Harding College, P.O. Box 765, Searcy AR 72143. 501/268-6161.

January 1 - October 31. U.S. TAC National Masters Two-Hour Postal Championships. Send results to: Bruce Robinson, 6322 Eileen Ave., Los Angeles CA 90043.

February 9. U.S. TAC National Masters 50K Championships, Long Island, NY. Jack Dowling, 25-47 Beech St., East Meadow NY 11554.

April 6. U.S. TAC National Masters 50 Mile Championships, Columbus, Ohio. John White, 4865 Arthur Pl., Columbus OH 43220.

June 7. TAC National Masters 15K Championships, St. Claire, Ohio. John White, 4865 Arthur Place, Columbus OH 43220.

July 27. U.S. TAC National Masters Marathon Championships, Olympia, Washington. Carl Glatze, P.O. Box 1681, Olympia WA 98507.

August 8. U.S. TAC National Masters 10K Championships, Asbury Park, N.J. Phil Benson, Box 2287, Ocean Township NJ 07712. 201/531-4156.

September 14. U.S. TAC National Masters Half-Marathon Championships. Philadelphia, PA. Steve Anderson.

September 21. U.S. TAC National Masters 25K Championships, Joliet, Illinois. Henrietta Agney, 306 N. Larkin Ave., Joliet IL 60435. 815/744-5560.

October 5. U.S. TAC National Masters 20K Championships, Long Island, NY. Jack Dowling, 25-47 Beech St., East Meadow NY 11554.

October 12. U.S. TAC National Masters 15K Cross-Country Championships, Van Courtland Park, New York City. Ted Foy, 54 W. 119th St. No. 3, New York NY 10026. 212/369-1271.

October 26. U.S. TAC National Masters 5K Cross-Country Championships, Van Courtland Park, New York City. Ted Foy, 54 W. 119th St. No. 2, New York NY 10026. 212/369-1271.

November 15. U.S. TAC National Masters 100 Mile Championships, Shea Stadium, NY. Vince Chiapetta, 3404 Corlear Ave., Bronx NY 10463. 212/796/5189.



Division winners of the Twin Cities Marathon in Minneapolis-St. Paul, October 6 (left to right): Wen-Shi Yu, W50, 3:22:40; Diane Palmason, W45, 2:56:45; Toshiko D'Elia, W55, 3:19:23. Yu and d'Elia were named the outstanding TAC long distance runners of the year in their respective age divisions.

November 16. U.S. TAC National Masters 10K Cross-Country Championships, Hometown, N.J. Ron Salvio, Box 116A, Highway 33, Englishtown NY 07726. 201/446-4959.

December 6. U.S. TAC National Masters 8K Championships, Tampa, Florida. Dick Lacey, 1207 S. Duncan Ave., Clearwater FL 33516. 813/447-7161.

NEW ENGLAND

April 21 (Monday). 90th Boston Marathon, BAA, 17 Main St., Hopkinton MA 01748. 617/435-6905. Qualifying times required.

EAST

April 6. Nike Cherry Blossom 10 Mile, Washington, D.C. Entries accepted only before Jan. 15.

SOUTHEAST

January 4. Jacksonville Marathon, 10K, & Corporate Relay, Jacksonville, Florida. Jacksonville Marathon Assn., 1545 University Blvd. W., Jacksonville FL 32117. 904/739-1917.

January 4. Charlotte Observer Marathon/10K, Charlotte, N.C. \$100-1st, \$100-2nd, \$50-3rd for Masters m & w in both marathon/10K. Charlotte Observer Marathon, P.O. Box 30294, Charlotte NC 28230. 912/354-1239.

January 11. Orange Bowl Marathon/5 Miler, Miami, Fla. Basil Honikman, 7745 SW 138th Terrace, Miami FL 33158. 305/255-1405.

February 1. Miami Orange Bowl 10K. Runners International, 12306 S.W. 117th Ct., Miami FL 33146. 305/232-1816.

February 8. Gasparilla Distance Classic 15K & 5K, Tampa, Fla. SASE to Gasparilla '86, P.O. Box 1881, Tampa, FL 33601. 813/229-7866.

February 23. Colonial Half Marathon, Williamsburg, Virginia. Jim Johnson, PO Drawer U, Williamsburg VA 23187. 804/253-3831.

MIDWEST

June 4. Grandma's Marathon, PO Box 6234, Duluth MN 55806. 218/727-0947.

SOUTHWEST

January 19. Houston-Tenneco Marathon, PO Box 2511, Houston TX 77001.

WEST

January 19. Mission Bay Marathon, San Diego, Calif. End of the Line Race Consulting, 619/295-1423.

January 25. Paramount 10K, Special "World Masters" Division Race, Paramount, Calif. Qualifying standards. Pre-registration only. No entry fee. SASE to Oscar J. Rosales, P.O. Box 696, Paramount CA 90723. 213/634-3027.

January 25. 7th Annual Paramount 10K, Paramount, Calif. SASE to Paramount 10K, Oscar J. Rosales, P.O. Box 696, Paramount CA 90723. 213/531-3503.

January 26. Redondo Beach Super Bowl Sunday 10K, Redondo Beach, Calif. Super Bowl Sunday 10K Committee, P.O. Box 637, Redondo Beach CA 90277. 213/548-4288.

February 2. Long Beach Marathon & SPA/TAC Championships, Long Beach,

ON TAP FOR JANUARY**TRACK & FIELD**

The 1985 indoor season kicks off on the year's first weekend with meets in Wisconsin, Cleveland and Pennsylvania. The next weekend sees indoor action in Nebraska, New Hampshire and Providence, R.I. Philadelphia hosts a masters meet on the 19th.

Outdoors, Gainesville, Florida is the site of a meet on the 12th, while Californians bask in the Palm Desert sunshine on the 19th. During the month, several development and all-comers meet are slated around the nation.

LONG DISTANCE RUNNING

It's marathon month, with major 26.2-milers set for Jacksonville and Charlotte, N.C. on the 4th, Miami on the 11th, and Houston and San Diego on the 19th.

The Paramount, California 10K on the 25th offers a special "world masters" division with no entry fee and five-year age-groups to 80-and-over, a special awards and recognition ceremony for masters runners, a good course and a well-run race. The Super Bowl Sunday 10K on the 26th in Redondo Beach Calif. usually lures about 20,000 runners. □

Calif. LBM, 1824 Redondo Ave., Long Beach CA 90804. 213/494-2662 (weekdays).
February 16. Senior Masters Old Fashion 4 Mile, Yucaipa, Calif. M&W55+. CSA 63 Recreation Dept., Box 337, Yucaipa CA 92399. 714/795-0284.

February 23. Oakland Marathon and Half Marathon, Darryl Jobe, PO Box 32103, Oakland CA 94604. 415/236-5154.

March 9. Los Angeles Marathon. SASE to L.A. Marathon, 5985 Century Blvd., Suite 322, Los Angeles CA 90045. 213/215-1986; 800/562-4411.

April 26. 4th Annual Bess James Ramonaland 10K & 2 Mile Fun Run, Hemet, Calif. Bob Stagnel, 714/654-8011; x253.

NORTHWEST

November 2. 10th Annual Canada vs. USA Masters 10K Cross-country Challenge, Sunset Park, Seattle. Bob and Carole Langenbach, 4261 S. 18th St., Seattle WA 98188. 206/433-8868.

INTERNATIONAL

April 20. London Marathon. Marathon Tours, Banda House, Cambridge Grove, London W6 OLE, England. 01/741-7441.

June 29. 13th International 25K for Veterans, Brugge, Belgium (M40+, W35+). Also 3K & 10K for women on June 28. Fit Veteran, Postbus 7, B-8000 Brugge 1 Belgium.

October 4-5. XIX World Veterans (IGAL) 10K and Marathon Championships, Richmond, B.C., Canada. Men 40+, Women 35+. Vancouver Masters Road Running Society, 4640 Fairlawn Drive, Burnaby BC Canada V5C 3R6 - Telex 04 51588. \$25 one race. \$40 both races. Travel details from Alouette Travel, 11954 224th St., Maple Ridge B.C. V2X 6B3 Canada. 604/467-5535; Telex 04 51251. □

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World Indoor Track & Field Age-Group Records

Compiled by Jack Fitzgerald, Peter Mundle and the Records Committee of the World Association of Veteran Athletes (WAVA)

<p>60 meters</p> <p>M40 K Dennis USA 7.08 M45 G Bullano ITA 7.4 E Andrede CAN 7.4 R Taylor GBR 7.4 M50 R Taylor GBR 7.4 M55 B Guy GBR 7.8 M60 B Sobrero ITA 8.3 M65 C Kairey GBR 8.5 M70 S McSweeney GBR 9.2 M75 G Grasso ITA 10.43</p> <p>W35 B Waldis SUI 8.05 W40 P McNab GBR 8.3 W45 U Gore GBR 8.5 W50 G Jackson GBR 9.2 W55 H Farmer GBR 9.3 W60 M Wixey GBR 9.9</p> <p>200 meters</p> <p>M40 B Bianchi ITA 23.1 M45 R Taylor GBR 24.2 M50 R Taylor GBR 24.5 M55 S Brooks GBR 26.4 M60 A Santon ITA 27.39 M65 G Marabotti ITA 29.1 M70 G Gonzalez USA 31.3 M75 B Fike USA 34.3y M80 A Pitcher USA 41.6y</p> <p>W35 B Waldis SUI 26.07 W40 P McNab GBR 28.4 W45 U Gore GBR 29.1 W50 N Galstadi ITA 31.44 W55 H Farmer GBR 34.3 W60 M Wixey GBR 35.5 W65 W70 B Stringer USA 86.1y</p> <p>400 meters</p> <p>M40 J Henson GBR 51.7 M45 C Wooten GBR 54.2 M50 J Dixon GBR 55.3 M55 S Brooks GBR 59.00 M60 E Foroni ITA 63.6 M65 P Picolli ITA 65.58 M70 G DiGuardo ITA 73.88 M75 B Fike USA 80.7</p> <p>W35 J Lockhead GBR 64.2 W40 M Hocknell GBR 65.5 W45 J Hulls GBR 66.1 W50 G Butcher USA 75.1 W55 B Skelton USA 77.2</p>	<p>800 meters</p> <p>M40 E Hamer GBR 2:02.3 M45 K Baker USA 2:03.2 M50 E Greppi ITA 2:07.43 M55 L Bonvecchio ITA 2:14.16 M60 G Endrizzi ITA 2:23.49 M65 C Cicognani ITA 2:36.56 M70 A Parma ITA 3:00.54 M75 B Fike USA 3:32.6y M80 R White GBR 4:40.0</p> <p>W35 P Gallagher GBR 2:13.6 W40 C Tattersall USA 2:46.1 W45 M D'Orlando ITA 2:33.28 W50 N Galstadi ITA 2:42.05 W55 L Muzzani ITA 3:25.3</p> <p>1500 meters</p> <p>M40 E Billups USA 4:02.5 M45 K Summeragill GBR 4:18.2 M50 B Foulk USA 4:30.3 M55 E Stabler USA 4:44.0 M60 J Hosner USA 5:05.3 M65 E O'Bree GBR 5:32.00 M70 S Monastero USA 6:40.8 M75 B Fike USA 6:54.8y M80 P Spangler USA 7:04.2</p> <p>W35 P Gallagher GBR 4:46.5 W40 L Upton USA 5:12.7y W45 M Harbin USA 5:25.4y W50 M Kania USA 5:40.1y W55 B Skelton USA 5:46.0 W60 E Kughn USA 7:23.0y W65 A Salmi USA 8:50.1 W70 M Lopez USA 8:07.0y</p> <p>3000 meters</p> <p>M40 R DePalmas ITA 8:48.9 M45 R DePalmas ITA 8:48.8 M50 L Aquarone ITA 9:25.5 M55 M Mazzoleni ITA 9:46.4 M60 G Endrizzi ITA 10:23.62 M65 P Nasi ITA 11:07.74 M70 C Cappolieri ITA 12:20.6 M75 R Prestigiacomo ITA 14:50.86 M80 P Spangler USA 15:12.4y</p>	<p>W35 S Aquarone ITA 10:20.24 W40 S Aquarone ITA 10:23.6 W45 A Fadda ITA 12:01.4 W50 M Kania USA 11:57.4y W55 L Muzzano ITA 14:11.4 W60 E Yeomans USA 18:21.0y W65 A Salmi USA 18:12.3y W70 M Lopez USA 17:40.0y</p> <p>60 meter hurdles</p> <p>M40 C Brooks GBR 9.3 M45 J Freebairn GBR 10.1 M50 C Shafto GBR 9.6 M55 I Steedman GBR 10.6 M60 L Williams GBR 10.6 M65 C Fairy GBR 12.4 M70 R Evans GBR 13.3</p> <p>W35 J Vernon GBR 9.2 W40 P McNab GBR 9.6</p> <p>2000 meter walk</p> <p>M40 E Shillabeer GBR 8:56.7 M45 D Stevens GBR 8:38.4 M50 G Chaplin GBR 9:19.6 M55 D Wither GBR 10:33.4 M60 A Bullock GBR 12:39.3 M65 A Poole GBR 11:39.0 M70 R Evans GBR 13:43.3</p> <p>W35 L Millen GBR 9:39.0 W40 L Millen GBR 9:39.5 W45 P Merwill GBR 11:35.3 W50 L Worth GBR 11:00.0 W55 R Scott GBR 12:16.2</p> <p>3000 meter walk</p> <p>M40 G Nigro ITA 13:21.07 M45 L Benvenuto ITA 14:10.9 M50 B Fait ITA 14:46.0 M65 R Mimm USA 16:01.1y M60 M Marchionatti ITA 16:43.3 M65 U Canto ITA 17:11.4 M70 M Brivio ITA 18:19.3 M75 G Wallace USA 20:13.0y</p>	<p>High Jump</p> <p>M40 J Hartfield USA 1.93 6-4 M45 H Wyatt USA 1.85 6-1 M50 N Newton USA 1.78 5-10 J C Brown USA 1.78 5-10 M55 J C Brown USA 1.69 5-6 1/2 M60 B Gist USA 1.57 5-2 M65 B Gist USA 1.52 5-0 M70 I Hume CAN 1.42 4-8 M75 H Van Gelder USA 1.17 3-10 M80 A Pitcher USA 1.15 3-9 1/2</p> <p>W35 S Clark USA 1.62 5-4 W40 J Smallwood GBR 1.45 4-9 C Drewry GBR 1.45 4-9 L Nuvoli ITA 1.45 4-9 W45 C Miller USA 1.27 4-2 E Kea USA 1.27 4-2 W50 C Miller USA 1.22 4-0 W55 H Farmer GBR 1.14 3-9 W60 W65 M Bowermaster USA 1.14 3-9 W70 V Nelson USA .96 3-2</p> <p>Pole Vault</p> <p>M40 W Sokolowski USA 4.57 15-0 M45 V Cook USA 4.11 13-6 E Hoyle USA 4.11 13-6 M50 B Morcom USA 4.11 13-6 M55 B Morcom USA 4.02 13-2 1/2 M60 B Morcom USA 3.68 12-1 M65 G Braceland USA 2.59 8-6 A Burho USA 2.59 8-6 I Hume CAN 2.59 8-6 M70 C Johnston USA 2.97 9-9 1/2 M75 M80 A Pitcher USA 1.95 6-5</p> <p>Long Jump</p> <p>M40 J Hartfield USA 6.84 22-5 1/2 M45 A Henry USA 6.37 20-10 1/2 M50 S Davison USA 6.31 20-8 1/2 M55 B Morcom USA 5.87 19-3 1/2 M60 B Morcom USA 5.34 17-6 1/2 M65 G Gonzalez USA 4.50 14-9 1/2 M70 G Gonzalez USA 4.77 15-8 M75 R Meyers USA 3.86 12-8 M80 R Meyers USA 3.15 10-4</p>	<p>W35 P Raschker USA 5.49 18- 1/2 W40 P McNab GBR 5.23 17-2 W45 C Miller USA 4.38 14-4 1/2 W50 C Miller USA 4.14 13-7 W55 H Farmer USA 3.57 11-8 1/2 W60 M Wixey GBR 3.43 11-3 W65 M Bowermaster USA 3.38 11-1 W70 V Nelson USA 2.94 9-7 1/2</p> <p>Triple Jump</p> <p>M40 S Power GBR 14.03 46- 1/2 M45 I Davis USA 13.70 44-1 1/2 M50 D Jackson USA 12.38 40-7 1/2 M55 A Compri ITA 12.01 39-4 1/2 M60 A Compri ITA 12.13 39-9 1/2 M65 I Hume CAN 9.83 32-3 M70 I Hume CAN 9.27 30- 1/2 M75 A Carla ITA 7.88 25-10 1/2 M80 A Pitcher USA 6.58 21-7 1/2</p> <p>W35 P Raschker USA 10.68 35- 1/2 W40 J. Grissom USA 9.27 30-5 1/2 W45 C Miller USA 8.49 27-10 1/2 W50 C Miller USA 8.18 26-10 W55 S Kinsey USA 6.86 22-6 W60 W65 E Yeomans USA 4.83 15-10 1/2</p> <p>W35 B Furgine SUI 11.69 38-4 1/2 W40 J Grissom USA 11.86 38-11 W45 D. Samuels USA 7.88 25-10 1/2 W50 C Miller USA 9.60 31-6 W55 A Turci ITA 10.49 34-5 W60 A Turci ITA 9.84 32-3 1/2 W65 M Bowermaster USA 7.98 26-2 1/2 W70 L Tanimae USA 5.38 17-8</p> <p>Shot Put</p> <p>M40 C Wallin USA 16.16 53- 1/2 M45 D Gonzalez USA 15.11 49-7 1/2 M50 R Marcandelli ITA 14.91 48-11 M55 W Walmroth USA 14.09 46-2 1/2 M60 N Heard USA 15.67 51-5 M65 M Oguss USA 13.36 43-10 M70 J York USA 13.23 43-5 M75 H Van Gelder USA 9.56 31-4 1/2 M80 E Hosack USA 8.07 26-6</p>
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T & F Results

Continued from Page 25

5000 METERS WALK MEN

50-54
1- Julio Reyes Ph 33:21.85
65-69
1- Don Johnson US 30:24.51
70-74
1- Harry Dizazin US 36:14.97
WOMEN
45-49
1- Carmen Calle COL 36:13.75
55-59
1- Irma Velez Ph 45:22.68

HIGH JUMP MEN

30-34
1- Angel Crispin PR 5'2"
35-39
1- Ivan Black US 5'2"
45-49
1- Gervasio Rodriguez PR 4'6"
50-54
1- Gilberto Rondon PR 4'8"
2- Juan Seise Ph 4'
55-59
1- Victor Clairmont VI 4'2"
60-64
1- Bco Morcos US 4'8"
65-69
1- Han Morningstar US 4'
2- Elier Shaw US 4'
70-74
1- Antonio Gotay Ph 4'4"
2- Santiago Verdejo Ph 3'10"

HIGH JUMP WOMEN

35-39
1- Celia Matos PR 3'9"

POLE VAULT

55-59
1- Luis Cano Gandia PR 6'
65-69
1- Han Morningstar US 6'6"
70-74
1- Gilberto Gonzalez PR 7'

LONG JUMP MEN

30-34
1- Angel Crispin PR 5.80
35-39
1- Ivan Black US 5.31
45-49
1- Dave Watell CAN 5.27
2- Arnaldo Jimenez PR 4.86
50-54
1- Gilberto Rondon PR 5.33
2- Efendi Ortiz Ph 3.95
55-59
1- Victor Clairmont VI 4.82
2- Hector Renta Ph 4.15
3- Domingo Pillot PR 4.01
60-64
1- Bco Morcos US 4.93
65-69
1- Antonio Gonzalez PR 3.17
70-74
1- Gilberto Gonzalez PR 4.22

LONG JUMP WOMEN

35-39
1- Carmen Gomez Ph 3.81
2- Cecilia Matos Ph 3.80
40-44
1- Marianne Torres PR 2.97
45-49
1- Nydia Lopez PR 3.76

TRIPLE JUMP

30-34
1- Angel Crispin PR 12.52
35-39
1- Ivan Black US 11.69
40-44
1- Nestali Becerril PR 9.70
45-49
1- Arnaldo Jimenez PR 9.99
2- Pedro Gipsan Ph 9.78
50-54
1- Pablo Garcia PR 10.29
55-59
1- Luis Arroyo PR 9.47
2- Hector Renta PR 8.76
3- Domingo Pillot PR 8.63

SHOT PUT MEN

30-34
1- Edwin Rivera PR 11.62
35-39
1- Luis Barrera PR 11.50
2- Arnulfo Gonzalez COL 7.95
3- Victor Cruz Ph 6.67

45-49
1- Carl Kiehn US 10.92
50-54
1- Dagoberto Gonzalez PR 12.80
55-59
1- Antonio Andino PR 9.37
2- Hector Marrero PR 8.96
60-64
1- Bco Morcos US 11.58
2- Carlos Hidalgo Ph 10.95
3- Bernard Brown US 8.68
65-69
1- Elier Shaw US 11.15
2- Jose Delgado PR 11.06
3- Anibal Torres PR 11.02
70-74
1- Antonio Gotay PR 11.28
2- Pete Gulgin US 11.10

SHOT PUT WOMEN

35-39
1- Kathleen Cantone US 7.14
40-44
1- Marianne Torres Ph 6.69
2- Susan Kiehn US 5.94
45-49
1- Mary Aguayo Ph 7.50
50-54
1- Bartha Gomez CCL 7.25
55-59
1- Irma Velez Ph 6.94
60-64
1- Mary Garcia COL 6.80
70-74
1- Juanita Gonzalez PR 4.65

HAMMER

30-34
1- Edwin Rivera PR 33.55
35-39
1- Luis Barrera Ph 29.25
2- Manuel Perez Ph 15.60
45-49
1- Carl Kiehn US 33.58
50-54
1- Dagoberto Gonzalez Ph 43.00
2- Efendi Ortiz PR 26.35
60-64
1- Carlos Hidalgo PR 29.85
2- Bernard Brown US 18.72
65-69
1- Elier Shaw US 34.55
2- Jose Delgado PR 34.15
3- Anibal Torres Ph 23.45
70-74
1- Pete Gulgin US 29.15

DISCUS MEN

30-34
1- Edwin Rivera Ph 33.33
35-39
Luis Barrera Ph 35.47
2- Arnulfo Gonzalez COL 27.15
3- Manuel Perez Ph 18.95
45-49
1- Carl Kiehn US 35.85
2- Jorge Seise Ph 25.42
50-54
1- Dagoberto Gonzalez PR 51.08
60-64
1- Bco Morcos US 38.83
2- Carlos Hidalgo Ph 35.72
3- Bernard Brown US 26.95
65-69
1- Elier Shaw US 35.85
2- Anibal Torres Ph 32.92
3- Jose Delgado Ph 32.18

DISCUS WOMEN

35-39
1- Carmen Gomez Ph 24.56
2- Kathleen Cantone US 19.37
3- Maria Lebron Ph 18.83
40-44
1- Susan Kiehn US 16.35
50-54
1- Bartha Gomez CCL 13.10
55-59
1- Irma Velez PR 18.85
60-64
1- Mary Garcia COL 16.95
70-74
1- Juanita Gonzalez PR 11.43

WEIGHT THROW

30-34
1- Edwin Rivera Ph 14.09
35-39
1- Luis Barrera Ph 12.60
45-49
1- Carl Kiehn US 13.98
2- Arnaldo Pietri Ph 9.06
50-54
1- Dagoberto Gonzalez Ph 14.34
2- Efendi Ortiz PR 7.60
55-59
1- Hector Marrero Ph 7.10
60-64
1- Bernard Brown US 7.20
65-69
1- Elier Shaw US 11.45
2- Anibal Torres Ph 7.50
3- Jose Delgado Ph 6.56
70-74
1- Pete Gulgin US 8.30

JAVELIN MEN

30-34
1- Edwin Rivera Ph 40.10
2- Miguel Guiles Ph 20.10
35-39
1- Victor Cruz Ph 49.20
2- Luis Barrera PR 34.60
3- Arnulfo Gonzalez CCL 26.90
40-44
1- Eduardo Diaz Ph 38.55
2- Nestali Becerril Ph 33.95
45-49
1- Wilfredo Caban PR 44.75
2- Pedro Gipsan Ph 35.45
3- Jorge Seise Ph 35.40
50-54
1- Juan Seise Ph 37.10
55-59
1- Antonio Andino PR 32.55
60-64
1- Bernard Brown US 25.41
65-69
1- Han Morningstar US 28.40
2- Jubal Orta Ph 27.35
3- Jose Delgado Ph 26.80
70-74
1- Gilberto Gonzalez Ph 29.35
2- Pete Gulgin US 24.60
3- Jose Ortiz PR 23.05

JAVELIN WOMEN

35-39
1- Carmen Gomez Ph 29.15
2- Maria Lebron Ph 20.00
40-44
1- Marianne Torres PR 22.05
2- Susan Kiehn US 18.80
45-49
1- Nydia Lopez PR 24.95
2- Mary Aguayo PR 17.80
50-54
1- Bartha Gomez COL 19.80
55-59
1- Irma Velez Ph 17.00
60-64
1- Mary Garcia COL 21.30

Late Meet Info:
The Midwest Masters Indoor T&F meet will be held on Sat. January 18 in Sterling, Illinois. Contact: Dick Green, PO Box 6147, Rockford IL 61125. 815/397-5685.

TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

SOUTHEAST

The Citadel Masters Weight Pentathlon
Charleston, S.C. Nov. 10, 1985

NAME	AGE	SHOT 16	DISCUS 2k	JAVELIN 800g	HAMMER 16	WEIGHT 35	SCORE IAAF
Rick Porter	35	38.3 (11.66) 576	115.8 (35.26) 589	107.5 (32.74) 376	98.4 (29.98) 488	43.11 (13.39) 690	2719
Tony Bianchi	39	33.8 (10.28) 481	103.10 (31.64) 511	117.7 (35.84) 427	120.1 (36.60) 602	36.10 (11.23) 547	2567
Warren Hardy	42	46.1 (14.06) 732	143.10 (43.84) 760	142.8 (43.48) 552	77.3 (23.54) 365	35.3 (10.75) 514	2923
Mike Valle	45	37.4 (11.40) 559	113.0 (34.44) 572	125.8 (38.30) 465	114.3 (34.82) 572	33.9 (10.30) 483	2651
Tim Twomey	50	34.10 (10.62) 506	100.11 (30.76) 491	111.3 (33.90) 396	122.1 (37.22) 611	39.3 (11.95) 597	2601

1962 Tables/ Age factorizing not used

Central Florida Masters T & F Championships, Deland, Florida, November 17

50 YARD DASH

30-34 Vern Conway 6:21
Gary Thomas 6:24
Andy Kerr 6:75
35-39 Frank Bonaccorso 6:48
45-49 Dave Dreifuerst 6:55
60-64 Bernie Tober 7:95
65-69 Don Bull 7:50
Cheche Barquin 8:08
30-34 Donita Burke 8:60
50-59 Jo Tober 10:17

100 YARD DASH

30-34 Vernon Conway 10:27
A. J. Hart 11:49
Gary Thomas 11:66
Sandy Valle 11:94
35-39 Frank Bonaccorso 12:07
Dennis James 13:11
40-44 Joe Johnston 11:63
Ken Sloan 12:62
45-49 Dave Dreifuerst 13:06
50-54 Robert Hicks 11:87
55-59 BM Gentry 11:79
60-64 Ray Armstrong 12:51
Bernie Tober 13:36
65-69 Don Bull 12:73
C. Barquin 14:74
30-34 Martha Deters 14:16
Carolyn Schmidt 14:52
55-59 Jo Tober 18:86

220 YARD DASH

30-34 Vern Conway 25:51
35-39 Frank Bonaccorso 28:51
40-44 Joe Johnston 26:66
Bill Hemmer 30:12
45-49 Al Undeen 28:69
50-54 Robert Hicks 33:86
60-64 Ray Armstrong 29:17
65-69 Don Bull 30:71
30-34 Carolyn Schmidt 34:65
Donita Burke 35:14

440 YARD DASH

30-34 Vern Conway 56:81
A. J. Hart 58:95
35-39 Frank Bonaccorso 60:35
40-44 Ken Sloan 62:1
Errol James 62:9
45-49 Al Undeen 63:52
50-54 Larry Shull 68:14
55-59 Bill Gentry 67:29
60-64 Ray Armstrong 66:16
65-69 Cheche Barquin 76:02
30-34 Carolyn Schmidt 71:25

880 YARD DASH

30-34 Frank Reguero 2:10
Dayle Delbert 3:00
40-44 Pete Weishaar 2:21
Bill Hemmer 2:24
Bill Fitch 2:29
Erroll Jones 2:35
50-54 Bob Hicks 2:56
60-64 Tom McDonald 3:04
65-69 Cheche Barquin (NT)
45-49 Gladys Kemp 3:29
Veda Leap 3:33

MILE

OPEN Tim Fortier 4:51
Bill Lasher 5:09
Jim Eagen 5:28
30-34 Frank Reguero 4:41
Dan Keller 6:11
Dayle Delbert 7:01
35-39 Dennis James 5:58
40-44 Ken Sloan 5:05
Pete Weishaar 5:10
Bill Fitch 5:11
Bill Hemmer 5:24
Ed Weinhart 5:32
John Kemp 5:44
45-49 Dave Dreifuerst 7:06
50-54 Robert Hicks 6:25
60-64 Tom McDonald 6:38

3 MILE RUN

30-34 Frank Reguero 16"21
35-39 Jon Anderson 17:45
John Nablo 17:46
K. B. Higgins 18:51
Dennis James 20:15
Roy Fortier 26:37
40-44 Jay Birmingham 16:56
Jim Birdsall 17:27
Ed Weinert 17:27
John Kemp 19:22
45-49 Max Galvez 18:51
50-54 Larry Shull 21:07
55-59 Ted Beardsley 19:24
65-69 Dick Fortier 23:15
40-44 Gladys Kemp 23:41

HIGH JUMP

30-34 A. J. Hart 5'
Andy Kerr 4'10"
40-44 Joe Johnston 5'2"
55-59 Bill Gentry 4'8"
60-64 Boo Morcom 4'8"
Bernie Tober 4'6"
65-69 Donald Bull 4'
30-34 Martha Deters 4'10"
55-59 Josephine Tober 2'8"

LONG JUMP

30-34 Andy Kerr 16'9 1/2"
Gary Thomas 16'1 1/4"
35-39 Ken Brauman 17'6"
F. Bonaccorso 16'3"
K. B. Higgins 13'3"
40-44 Joe Johnston 18'5 1/4"
Roland Blossom 16'9-3/4"
45-49 Dave Dreifuerst 13'11 1/4"
60-64 Boo Morcom 16'9 1/4"
Ray Armstrong 14'11"
65-69 Donald Bull 11'5"
30-34 Lisa Brauman 11'10"
55-59 Josephine Tober 7'10 1/2"

SHOT

30-34 Paul Brown 43'
35-39 Roy Fortier 30'4"
Frank Bonaccorso 29'
Jon Anderson 27'8"
40-44 Roland Blossom 42'9"
Gene Kleindorfer 37'3 1/4"
60-64 Jack Gamble 41'2 1/4"
Boo Morcom 40'5"
65-69 Don Bull 30'9"

DISCUS

30-34 Paul Brown 150'
35-39 Ken Brauman 119'
40-44 Gene Kleindorfer 114'10"
60-64 Jack Gamble 138'4"
Boo Morcom 135'4"
Donald Bull 105'3"
65-69 Don Bull 90'3"
30-34 Martha Deters 77'10"
30-34 Andy Kerr 17:30
35-39 Frank Bonaccorso 18:49
40-44 Roland Blossom 19:03
55-59 BM Gentry 19:27
60-64 Boo Morcom 19:69
Bernie Tober 21:30
65-69 Don Bull 24:47



INTERNATIONAL

IV San Juan Annual
International T & F
Meet, November 9-10

100 METERS MEN

30-34	1- Errol Anderson	US	11.71
	2- Nelson Ciprian	PH	11.91
	3- Eladio Rodriguez	PH	12.26
45-49	1- Ruben Diaz	PH	11.81
	2- Arnaldo Jimenez	PH	13.25
50-54	1- Julio Altieri	PR	11.84
	2- Felix Rivera	PH	15.16
55-59	1- Jose Olivero	DMR	12.43
	2- Ozzie Dawkins	US	13.00
	3- Felix Archeval	PH	13.09
60-64	1- Jose Ubarri	PH	12.38
	2- David Bohena	PH	13.19
65-69	1- Antonio Gonzalez	PR	14.78
	2- S. E. Pietri	PR	15.81
	3- Samuel Vazquez	PH	16.10
70-74	1- Gilberto Gonzalez	PH	13.75
	2- Jose Ortiz	PH	15.33

100 METERS WOMEN

30-34	1- Maria Vega	PH	14.73
35-39	1- Cecilia Mateo	COL	14.90
	2- Carmen Gomez	PR	15.15
50-54	1- Bertha Gomez	COL	18.13
60-64	1- Mary Garcia	COL	18.82
80-84	1- Evelia Martinez	COL	32.44
This lady won in Rose			
200 METERS MEN			
30-34	1- Nelson Ciprian	PR	24.09
	2- Diego Pagan	PR	24.55
	3- Miguel Quiles	PR	25.91
45-49	1- Arnaldo Jimenez	PH	27.31
50-54	1- Ovidio de Jesus	PH	22.99
	Hand timed World Age Div Record		
	2- Julio Altieri	PR	25.28
	3- Ruben Rodriguez	PH	27.04

200 METERS MEN

55-59	1- Jose Olivero	DMR	25.87
	2- Felix Archeval	PH	26.19
	3- Victor Clairmont	VI	28.15
60-64	1- Jose Ubarri	PH	27.49
	2- David Bohena	PH	27.88
65-69	1- S. E. Pietri	PR	33.25
	2- Antonio Gonzalez	PR	34.90
70-74	1- Gilberto Gonzalez	PH	29.00
	2- Jose Ortiz	PH	33.24
200 METERS WOMEN			
30-34	1- Maria Vega	PH	30.65
40-44	1- Teresa Ruiz	PH	29.76
50-54	1- Bertha Gomez	COL	38.28
80-84	1- Evelia Martinez	COL	1:08.05
World champion in Rose in this event			

400 METERS MEN

30-34	1- Errol Anderson	US	52.94
	2- Diego Pagan	PH	57.06
	3- Miguel Quiles	PH	58.98
35-39	1- Victor Vega	PH	1:00.32
45-49	1- Arnaldo Jimenez	PH	1:04.19
50-54	1- Ovidio de Jesus	PH	54.61
	2- Ruben Rodriguez	PH	1:02.49
55-59	1- Jose Olivero	DMR	1:01.48
	2- Luis Arroyo	PH	1:04.69
65-69	1- Troy Grove	US	1:16.91
70-74	1- Gilberto Gonzalez	PH	1:08.08
	2- Jose Ortiz	PH	1:25.75

800 METERS MEN

30-34	1- Miguel Quiles	PR	2:22.04
35-39	1- Victor Vega	PH	2:24.87
40-44	1- Emilio Bones	PH	2:19.78
45-49	1- Hector Velez	COL	2:15.94
50-54	1- Abraham Ortiz	PH	2:24.36
	2- Jose Aponte	PH	2:26.77
60-64	1- Pedro Rivera	PH	3:20.11
65-69	1- Don Johnson	US	2:48.50
	2- Troy Grove	US	2:51.75
70-74	1- Jose Ortiz	PH	3:48.47
75-79	1- Razon Cordeiro	PR	5:11.16

1500 METERS MEN

30-34	1- Miguel Quiles	PH	5:12.38
35-39	1- Sotero Rodriguez	PH	4:27.84
	2- Anibal Muñoz	PH	5:00.48
	3- Luis Rocco	PH	5:14.00
40-44	1- Richard Jones	US	4:57.28
	2- Luis Padilla	PH	5:22.10
45-49	1- Hector Velez	COL	4:41.09
50-54	1- Abraham Ortiz	PH	5:13.21
55-59	1- Troy Grove	US	8:05.89
75-79	1- Razon Cordeiro	PH	10:06.52

1500 METERS WOMEN

30-34	1- Marina Boller	COL	5:36.85
40-44	1- Nayder Cartagena	COL	6:47.09
45-49	1- Carmen Calle	COL	7:08.15

5000 METERS MEN

35-39	1- Sotero Rodriguez	PR	17:08.03
	2- Mike Forte	PH	19:26.62
	3- Alfredo Gomez	COL	19:34.99
40-44	1- Richard Jones	US	18:49.00
45-49	1- Hector Velez	PH	17:55.13
	2- Cristobal Laurvano	PH	18:32.09
50-54	1- Julio Reyes	PH	23:18.35
60-64	1- Pedro Rivera	PH	26:46.09
5000 Meters Women			
40-44	1- Aidez Cartagena	COL	24:09.18

10000 METERS MEN

30-34	1- Felix Velez	COL	58:12.17
35-39	1- Mike Forte	PH	40:25.13
45-49	1- Jose Rodriguez	PH	54:44.29
60-64	1- Pedro Rivera	PH	59:10.91

10000 METERS WOMEN

30-34	1- Graciela Bargas	ARG	39:36.13
	2- Marina Boller	COL	43:21.32
40-44	1- Aidez Cartagena	COL	51:58.49

110 METERS HURDLES

35-39	1- Ivan Black	US	18:67
45-49	1- Gervasio Rodriguez	PH	20:27
50-54	1- Flavio Texidor	PH	18:75
55-59	1- Felix Archeval	PH	19:33
	2- Victor Clairmont	VI	19:06
	3- Luis Arroyo	PH	20:03
60-64	1- Boo Morcom	US	18:56
70-74	1- Gilberto Gonzalez	PH	22:22

400 METERS HURDLES

30-34	1- Errol Anderson	US	59:51
	2- Ivan Ocampo	COL	1:09.43
35-39	1- Ivan Black	US	1:07.61
50-54	1- Ovidio de Jesus	PH	1:03.03
55-59	1- Luis Arroyo	PH	1:11.04

3000 METERS STEEPLECHASE

30-34	1- Ivan Ocampo
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LONG DISTANCE RESULTS

Please send masters race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

NATIONAL

TAC U.S. National Masters 50K X-Country Championships Richmond, Calif.; August 4

Table with 2 columns: Name and Time. Includes M40 F Bozanich 3:46:41, M45 R Daniels 4:09:08, M50 J Knerr 4:13:53, M55 R Laine 5:08:26, M60 F Rodriguez 6:32:50, M70 S Cole 6:46:28, W40 S Hasham 4:56:14, W45 J Reiss 5:00:17, W50 M Maricle 5:43:48, W55 R Anderson 5:35:37

TAC USA National Masters 15K X-Country Championships Bronx, NY.; November 17

Table with 2 columns: Name and Time. Includes M40 T Haiman 42 54:14, D Ashley 44 54:37, B Wooley 42 54:55, M45 R Cormier 45 53:55, W Kaye 46 55:12, F Mueller 49 55:46, M50 D Mahaffey 51 57:05, W Bialokur 50 57:40, J Steger 50 58:15, M55 H Rubin 57 58:45, W McCaffrey 59 62:01, B Kearny 55 65:16, M60 W Brown 60 64:54, L Burdelle 60 65:53, B Muller 60 66:29, M65 S Richardson 65 68:18, J Rastani 66 71:12, N White 66 72:21, M70 C Smith 70 1:45:52, M75 E Benham 78 74:30, M80 M Popper 82 1:40:28, W40 J Pickert 42 63:01, L Baker 42 70:16, I Bassett 42 74:03, W45 P L Parmalee 45 69:02, E Jones 45 76:56, L Dominguez 45 81:56, W50 S Medaglia 50 69:51, S Rinolaub 51 71:22, J Maret 51 79:45, W55 E Autorino 55 85:00, A Jacobson 57 96:22, W60 no entries, W65 A Salmini 69 1:53:49, W70 no entries

TAC U.S. National Masters Marathon Championships (Marine Corps Marathon) Washington, D.C.; November 3

Table with 2 columns: Name and Time. Includes Overall T Bernard 37 2:19:16, N Updegrave na 2:44:42, M40 W McNelly 40 2:38:16, H Kahl 42 2:38:57, L McCutcheon 41 2:39:56, M45 B Fuller 46 2:31:51, M Williams 47 2:41:10, D Spencer 48 2:42:22, M50 N Green 53 2:31:19, J Gallup 50 2:37:36, J McIlham 54 2:45:31, R Becker 51 2:48:52, M55 R D'Alberti 55 2:59:14, D Shenkenburg 56 3:08:36, H McAlpine 55 3:18:05, F Gabriel 57 3:19:56, M60 protest filed, M65 R Nimmons 65 3:07:58, W Rios 69 3:30:44, J Federici 66 3:41:43, M70 B Patterson 70 4:20:41, G Boland 70 4:46:39, B Boal 73 4:46:46, M75 E Benham 78 3:42:56, J Newdorp 75 5:30:05, W McNeil 77 5:49:04, M80+T Hyde 81 8:48:00, W40 B Shooshan 40 3:19:06, B Ryder 40 3:29:29, H Lange 41 3:58:17, W45 J Ulrich 45 3:28:54, I Kerch 45 3:49:31, B Pongracz 46 3:56:43, W50 W Shi Yu 50 3:25:34, B De La Cruz 50 4:19:52, V McIlham 53 4:33:49, J Brannon 51 4:56:59, W55 R Anderson 56 3:27:04, W60 D Bright 60 4:34:28, W65 A Wetherbee 66 4:18:04, B Yencharis 65 5:04:41 (*Canadian)

TAC U.S. National Masters 5K X-Country Championships Raleigh, N.C.; November 29

Table with 2 columns: Name and Time. Includes M40 K Randall 16:44.4, E Daw 16:52.3, J Carr 16:58.8, M45 L Faxon 17:04.5, H Hatch 18:28.3, G Spear 18:31.2, M50 C Puckett 18:08.7, E Harris 18:47.9, E McKendry 19:36.2, M55 H Long 19:38.9, P Klopfer 20:07.3, L Smith 20:36.4, M60 N Hewson 21:30.9, E Buckley 21:32.5, E Lloyd 24:48.6, M65 N White 22:30.5, J Trent 25:58.9, B Franklin 33:36.1, M70 R Boal 26:00.8, M75 E Benham 23:33.1, W40 J Pickert 20:00.1, M Reed 20:29.3, A Moore 21:18.4, W45 S Klutz 23:06.0, W50 M Klopfer 21:12.1, J Hals 22:38.8

The Wineglass Marathon Hammondsport, N.Y.; October 13

Table with 2 columns: Name and Time. Includes M35 E Clark 2:40:27, M40 R Kneer 2:44:06, M45 G Luke 2:45:46, M50 H Chafetz 3:08:59, M60+D McWilliams 3:14:24, W35 G Turner 3:24:43, W40 Diane Schwan 3:39:45, W45 S Balfour 3:43:14, W50 S Bovenzi 4:42:30

Teams: M40 Island Wide Masters, NY (Luke, Kahl, Aguilera) 8:13:19, Tidewater Striders, VA (Williams, Pederson, Reed) 8:26:23, Washington RC, DC (Spencer, Lugiano, Ives) 8:28:14, M50 Canadian Masters AA (Johnston, McIlham, D'Alberti) 8:44:09, M60 Potomac Valley STC, DC (Luff, Osburn, McIntyre) 11:58:01, M70+Potomac Valley STC (Benham, Boland, Moffitt) 13:38:35, W40 Potomac Valley STC (Kerch, Ulrich, Lovelace) 11:16:45

4th Lilac City 50K (track) Rochester, N.Y.; November 3

Table with 2 columns: Name and Time. Includes G Brooks 38*3:31:33, G Helbig 29 3:41:02, W Connolly 55*3:54:36, C Pegels 52*4:06:34, N Osborne f 39*4:47:10, W Young 54 4:57:03, D McNelly 64*5:29:17, K Wade 35 6:49:00, *single-age AR's

MAC Senior Mets 10K X-C New York City; November 3

Table with 2 columns: Name and Time. Includes Overall J Haughey 31:09, L Steel (5K) 18:42, M40 B Wooley 36:46, M Cucciarra 37:29, G Desharnais 38:47, M45 C Kennedy 40:33, N Dobry 41:35, E Small 42:28, M50 L Stern 43:26, W Schwartz 45:30, M Bennett 45:50, M55 J Smith 45:34, J Haar 47:35, A Kurland 53:46, M60 B Muller 44:12, J McManus 44:31, W Lunsford 44:59, M65 C Feldman 56:08, W40 J Pickert 19:45

EAST Nissley Vineyard 7 Mile Lancaster, Pa.; October 5

Table with 2 columns: Name and Time. Includes Overall G Culler 35:56, E Pollock 44:22, M40 R Stotlar 39:24, E LeCates 41:49, T Derk 42:51, M50+L Williams 45:41, J Grosh 47:23, R Heintzelman 47:37, W40 R Hulp 54:16, J Anttonen 58:07, C Terrill 1:01:52, W50+T Young 54:36, N Mullen 1:00:42, M Sanders 1:02:27

Greater Scranton Half-Marathon Scranton, Pa.; October 6

Table with 2 columns: Name and Time. Includes Overall P Heesen 1:06:38, S Carden 1:23:51, M40 A Lotempio 1:22:44, L Lewis 1:24:03, V Fedor 1:24:40, M45 D Cartwright 1:19:43, G Groome 1:19:54, C Loomis 1:20:30, M50 R Hause 1:24:54, J King 1:31:50, V Chiappetta 1:32:04, M60+H Morgan 1:28:54, J McCarthy 1:47:05, B Cawley 1:48:51, W40 C Howell 1:47:29, W3 C Hopson 1:41:54

Indian Summer Festival 5K (Masters only) Ocean City, NJ; October 6

Table with 2 columns: Name and Time. Includes M40 D Smith 18:38, R Kern 17:48, M45 H Townsend 16:19, R Befferman 21:43, M50 B Dixon 20:09, J F. Collins 24:28, M60+T Plopper 23:56, W40 A Pillegi 25:11, J McGuire 30:44, W45 J Haver 25:56, D Mason 26:33

Akron 5 Mile Akron, Pa.; October 12

Table with 2 columns: Name and Time. Includes Overall H Klugh 25:22, C Fridley 31:29, M40 T Derk 29:49, M45 R Antonen 32:40, M50 B Hyser 28:56, M60+P Wissler 36:43, W40+J Shaw 36:46, R Holp 37:47, J Anttonen 39:22

The Wineglass Marathon Hammondsport, N.Y.; October 13

Table with 2 columns: Name and Time. Includes M35 E Clark 2:40:27, M40 R Kneer 2:44:06, M45 G Luke 2:45:46, M50 H Chafetz 3:08:59, M60+D McWilliams 3:14:24, W35 G Turner 3:24:43, W40 Diane Schwan 3:39:45, W45 S Balfour 3:43:14, W50 S Bovenzi 4:42:30

4th Lilac City 50K (track) Rochester, N.Y.; November 3

Table with 2 columns: Name and Time. Includes G Brooks 38*3:31:33, G Helbig 29 3:41:02, W Connolly 55*3:54:36, C Pegels 52*4:06:34, N Osborne f 39*4:47:10, W Young 54 4:57:03, D McNelly 64*5:29:17, K Wade 35 6:49:00, *single-age AR's

MAC Senior Mets 10K X-C New York City; November 3

Table with 2 columns: Name and Time. Includes Overall J Haughey 31:09, L Steel (5K) 18:42, M40 B Wooley 36:46, M Cucciarra 37:29, G Desharnais 38:47, M45 C Kennedy 40:33, N Dobry 41:35, E Small 42:28, M50 L Stern 43:26, W Schwartz 45:30, M Bennett 45:50, M55 J Smith 45:34, J Haar 47:35, A Kurland 53:46, M60 B Muller 44:12, J McManus 44:31, W Lunsford 44:59, M65 C Feldman 56:08, W40 J Pickert 19:45

Karastan 4 Mile For Women Central Park, NYC; November 16

Table with 2 columns: Name and Time. Includes Overall S Girard 22 21:30, M 40 M Harneling 40 23:22, B Rothman 40 23:47, L Connors 43 24:15, P L Parmalee 45 25:47, C Bienkowski 45 25:57, M Lerner 48 26:17, 50 T D'Elia 55 27:05, B Bellinghausen 52 27:47, L McGill 52 27:57, 60 J Skoffield 60 33:00, E Hauser 36:48, J Neulinger 61 39:21, M70+M Bdera 70 41:48, Rd D Kelley 50 37:04, J Adair 37 37:30

Taconic ARC 5K X-Country Peekskill, N.Y.; November 24

Table with 2 columns: Name and Time. Includes Overall J Vangor 36 18:05, J Pickert 42 19:29, M30 S Arnett 34 19:09, M40 J Hager 42 19:25, M50 J Handelman 55 21:50, W30 D Farrell 35 24:39, W40 B Thelemack 42 22:25, K Mullaney 47 28:29

SOUTHEAST Saraland Festival 8K Mobile, Ala.; September 28

Table with 2 columns: Name and Time. Includes Overall M Plumb 24:15, S Law 29:27, M40 M D Sealy 28:05, E Turk 28:19, I G Britt 30:34, M45 J Turicotte 30:08, T Jackson 31:07, W Wright 31:23, M50 L Sullivan 29:37, J McReynolds 30:11, C Stinnett 30:48, M55 J Mitchell 32:29, C Kneel 35:47, B Hill 35:51, M60 S P Houdson 33:33, J Matthews 36:43, C Thomas 40:05, M65+ E Wert 38:27, M Mickel 40:55, W40 C Sealy 35:18, B Thompson 41:51, B Harder 43:59, W45 B Dance 38:17, J Cheek 38:28, M Watson 39:24, W50 no finishers, W55 F Eisenacher 40:28, H Dethloff 44:42, M L Sweatt 45:48, W60+M Lee 40:28, D Dvorak 45:06, C Charnock 51:46

MIDWEST Nation/Wide Bank One Marathon Columbus, Ohio; October 13

Table with 2 columns: Name and Time. Includes Overall J Nzau 26 2:15:24, J Tuttle 26 2:15:26, P Fudge 33 2:35:11, Masters Overall H Salavarda 48 2:29:14, B Poppers 42 3:10:56, M40 D Gjurasin 40 2:45:52, G Evans 40 2:46:11, K Pricor 44 2:49:51, M45 T Clark 49 2:56:44, R Webber 47 3:00:11, J Gorney 45 3:00:33, M50 F Hagerman 50 2:40:16, Don Hammond 52 3:04:20, J Cofer 51 3:13:07, M55 D Perkins 55 2:50:23, L Nolan 56 3:13:01, E Rowland 56 3:16:51, M60+J Biega 61 3:30:36, B Lewis 60 3:38:19, W40 B Johnson 44 3:27:51, J Kruk 44 3:32:03, C Mills 40 3:34:29, W45 J Toth 49 3:34:39, P Drauglis 49 3:47:55, G Becher 47 3:49:30, W50 J Calcamuggio 50 4:09:28, W55 W Semer 57 3:52:38, W60+A Budea 61 4:59:30

Detroit Free Press International Marathon; Windsor, Ont., Canada to Detroit, Mich.; October 13

Table with 2 columns: Name and Time. Includes Overall T Fox 31 2:23:58, E Watch 23 2:51:48, M35 L Turner 37 2:32:01, M Roberts 35 2:33:06, D Foley 38 2:34:34, M40 B Boyd 43 2:36:31, E Boal 41 2:37:35, G McCullough 42 2:39:58, M45 B Lafler 45 2:45:42, J Messerschmid 49 2:46:43, D Montelth 45 2:49:22, M50 P Kershaw 50 2:46:13, N Eastman 54 2:48:04, B Arly 53 2:52:36, M55 J Arvay 56 2:54:54, J Johncock 57 3:04:44, P Donahue 57 3:06:21, M60 C Davey 60 3:10:50, O Reznich 60 3:18:35, P Brown 61 3:30:34, M65 C Brown 68 3:54:01, L Woszczyzna 68 3:56:31, A Noon 67 4:07:52, M70+J Ramsey 77 5:34:12, W35 J Hughes 37 3:15:03, L Leonard 36 3:17:11, P Pipe 36 3:22:28, W40 S Buchanan 40 3:21:56, C Dieck 42 3:24:22, J Bocci 42 3:35:39, W45 L Miklovic 47 3:29:12, P D'Flynn 47 3:38:49, C Detman 47 3:45:33, W50 W Yu 50 3:21:48, M Zimmerman 54 3:50:29, T Boyd 54 4:12:13, W55 S Reihman 55 3:59:05, M Piorier 57 4:18:23, E Moody 58 4:38:38, W60 E Farlas 61 4:44:57, W65 M Varani 67 4:29:05

Wendy's 10K Classic Bowling Green, Ky.; November 9

Table with 2 columns: Name and Time. Includes Overall K Brantly 23 28:29, J Roberts 30 33:05, M35 W Loudat 39 30:37, B Ullrich 38 31:31, R Weeks 38 32:22, M40 D Coffman 42 31:47, T Dooley 41 33:08, C Tucker 44 33:22, M45 M Lowry 48 36:15, D Place 45 36:16, A Ison 45 36:20, M50 B Dirich 50 32:57, G Koch 51 34:43, F Robinson 52 37:26, M55 T Kessinger 58 38:00, J Sunderland 56 38:44, Tom Waltrip 55 40:03, M60 D McMickle 61 41:28, R Davenport 61 42:08, T White 61 42:24, M65 F Fesmire 68 43:38, P Ennis 66 47:59, J Burns 65 49:07, M70+E Keller 71 42:13, J Haase 69 60:18, W35 J Watson 36 38:50, E Smith 38 39:42, L Toms 38 39:55, W40 N Spalding 40 41:14, J Bilibrey 42 42:56, P Mulrone 42 43:28, W45 M A Wehrum 47 38:20, R Taylor 49 44:17, A Chrietberg 47 44:44, W50 B Ramsey 50 45:16, W Williams 53 45:52, Sister M Norris 54 46:34, W55 J Arnold 55 47:39, M Pierce 58 56:00, C Maples 59 61:53, W60 A Park 60 46:18, O Moody 60 61:29, W65 P Ruthenburg 65 58:52

Pepsi Challenge 10K Terra Haute, Ind.; November 2

Table with 2 columns: Name and Time. Includes Overall M Ellinger 32:21, M Molloy 40:30, Top Male Masters D House 34:58, F Romack 35:47, J Summers 35:55, D Voltmer 38:52, B Briggs 39:58, Top Female Masters- A Johnson 46:03, K Templeton 51:25

Gatorade Circuit 10K Chicago, Ill.; November 16

Table with 2 columns: Name and Time. Includes Overall T Vodicka 18 33:00, A Dowling-Bulinski 28 37:30, M40 E Billups 48 34:10, J Lashbrook 40 34:43, D Cochran 43 35:01, M50 L Biasier 56 38:38, J Barajas 51 39:27, L Ruber 51 39:48, M60+J Johnson 63 39:35, J Powers 60 39:51, C Flitman 69 52:49, W40 J Friedes 40 43:12, C Gibbard 46 45:09, J Sally 48 48:51, W50 B Reingold 51 52:53, M Cosentino 52 54:19, P Gudbrandsen 58 58:55, W60+A Williams 69*52:49, A Clarke 76 57:34, *national age record

MID-AMERICA Governor's Cup 10 Kilometer Denver, Colorado October 6, 1985 Finishers - 5,235

Table with 2 columns: Name and Time. Includes Overall Marty Froelick 29:49, Julie Benzal-Foster 35:54, M40-44 Larry Ingram 32:51, Tim Schuld 33:53, John Crawford 34:01, M45-49 Pete Ybarra 32:46, Ardel Boes 33:11, Gene McKelvie 35:36, M50-54 John Hunsaker 36:04, Ray LaMountain 36:53, Bill Kenworthy 38:09, M55-59 Tom Bailey 36:14, Clifford Sanford 36:32, Charles Adcock 39:15, M60-69 John Sherwood 43:33, W40-44 Patricia Schofield 38:17, Patricia Kuchte 39:40, Sharon Martin 41:17, W45-49 Judy Hagerman 42:36, Maryann Potocnik 44:12, Jean Stefanich 45:45, W50-54 Prudy Stump 44:19, Elke Abitbol 48:40, Vici DeHaan 48:43, W55-59 Nancy Smalley 51:53, W60-69 Louise Adams 52:40, W70+ Pearl Mehl 56:29, from Dennis Kavanaugh

SOUTHWEST Pepsi/KTUL Challenger 8K Tulsa, Okla.; October 5

Table with 2 columns: Name and Time. Includes Overall D Swain 23 23:49, K Cramond 27 28:35, M40 R Stuenky 41 27:06, D Formsmo 40 28:06, J Minor 44 28:16, M45 B Adams 45 28:30, R Bennett 48 28:52, M50 B Nale 50 30:25, L Miller 52 30:31, M55 W Mauzy 59 32:44, J Bright 57 33:39, M60+N McIntosh 60 31:31, G Velloz 63 34:58, W40 B Manning 40 33:13, B Jani 40 37:10, W45 none, W50 D Akin 54 38:24, W55+B Berry 55 42:17, J Benear 59 56:31

Continued from page 26

Stroh's Run For Liberty II 8K
Tulsa, Okla.; October 12

M40 B Paukune	27:52
M45 R Bennett	28:14
M50 B Nale	30:29
M55 C Ellis	32:54
M60+K Bays	35:47
W40 A Culte	38:41
W45 J Austin	34:34
W50+D Akin	38:31

Run For Liberty 8K
Oklahoma City, October 12

Overall
John Sharp 25 25:45
Karen Cramond 27 28:09

M-40
Robert Stuenky 41 27:21
Jimmie Gray 43 30:47
Miles Houseberg 40 31:29
Lee Cody 42 31:30
Rodney Lee 41 31:54

M-45
Gary Wolgamott 45 31:39
Terry Segress 46 31:52
Charlie Fretz 49 32:29
Tom Ford 45 32:33
Harry Deupree 47 32:36

M-50
Ray Fuqua 51 30:10
Art Milanez 50 31:46
Chick Gancer 52 32:50
Ken Peterson 54 33:14
Robert Campbell 51 34:24

M-55
Richard Boggs 57 33:55
Robert Gillen 55 38:37
Durel Johnson 59 40:21
Lee Holden 59 42:07

M-60
Jim Smith 63 32:05
Fisher Lewis 64 37:02
Gerald Sibley 68 42:06
John Forth 61 42:50

W-40
Janet Cosgrove 41 36:51
Kazuko Windler 40 38:42
Karen Poston 43 40:33
Cecilia Mayton 40 41:08
Barbara 40 41:16

W-45
Lynne Taylor 46 36:09
Kathy Moffitt 48 37:28
Jane Walderbach 46 44:50
Pat Heard 45 46:00
Pattie Freeman 46 47:52

(912 finishers)

White Rock Half-Marathon
Dallas, Texas; November 2

Overall
P Rugut 1:07:31
S Koval 1:21:35
M40 R King 1:18:11
M45 B Abbott(9th) 1:12:27
M50 N Alsobrook 1:21:23
M55 G Brock 1:29:54
M60+C Ogilvie 1:35:36
W40 C Holm 1:32:20
W45 M Kennard(12th) 1:30:53
W50+J Richards nta
(1000+ finishers)

11th Annual Oklahoma City Running Club Marathon and Half-Marathon, November 17

OVERALL (One Half Marathon)
David Cook 24 1:13:13
Maureen Bixby 43 1:28:31

M-40 to 45
Jimmie Gray 43 1:23:44
Martin Bixby 44 1:27:15
Amos Barjo 40 1:33:48
Ted Lucas 42 1:37:01
Jim Koons 43 1:37:21

M-45 to 49
Jim McFadden 46 1:23:34
Larry Kessler 47 1:33:48
Dave Dubin 46 1:36:35
Dub Denny 47 1:37:20
Don Thomason 48 1:37:56

M-50 to 54
Tom Briggs 52 1:32:10
Jim Trowbridge 50 1:36:20
Don Smith 51 1:42:16
Marvin Baker 51 1:44:14
Walter Lee 50 2:05:23

M-55 to 59
Lloyd Beck 59 1:55:04
Durel Johnson 59 1:58:26

60 & Over
Jim Smith 63 1:31:16
Fisher Lewis 64 1:52:07
Ken Kelly 60 2:07:50

W-40 to 44
Maureen Bixby 43 1:28:31
Jan Cosgrove 41 1:44:01
Kazuko Windler 40 1:48:44
Sharon Oxford 40 1:52:38
Geri Stivers 42 1:53:56

W-45 to 49
Kathy Moffitt 48 1:52:29
Roxz Coulter 48 2:54:08

OVERALL (Marathon)
Mike Williams 32 2:49:13
Patsy Lambert 38 3:32:50

M-40 to 44
Jim Ogg 42 3:26:40
Joe Harbison 41 3:28:26
Miles Houseberg 41 3:32:44
Charles Findley 40 3:36:33
Ron Martenson 43 3:46:06

M-45 to 49
Hugh MacPherson 46 3:19:22
Ray Nabrock 48 3:36:25
Kent Rodebaugh 49 3:37:36
Ron Langley 45 3:39:49
Paul Lee 47 3:51:09

M-50 & Over
Bob McHeffy 55 3:35:50

Females(4)
Patsy Lambert 38 3:32:50
Kim Stephens 16 3:53:25
Suzanne Ferguson 40 4:15:35
Sandy Chow 16 4:35:16
from Jim Smith

WEST

Stroh's Run For Liberty II 5K
San Diego; October 12

M40 L Lake 27:51
M45 N Secord 27:59
M50 B Stock 30:59
M60+J McCoun 31:28
W40 K Loper 31:49
W45 L Lipetsky 35:26
W50 E Sandberg 39:03
W60+B James 49:36

Stroh's Run For Liberty II 5K
Los Angeles; October 12

M40 D Hefner 29:35
M45 J Murphy 28:16
M50 C Valle 31:36
M60+R Thorne 36:09
W40 S Synal 36:38
W45 A Taylor 41:12
W50 J Phillips 44:35
W60+D Lirebery 49:55

Metrochallenge 10K
Phoenix, Ariz.; October 20

Overall
E Eyestone 28:59
L Martin 33:02
M40 L Loewe 34:21
N White 35:06
J Blair 36:50
M45 D Mellady 34:50
C Bedell 35:54
D Branaman 36:23

M50 J Weldy 34:59
J Totman 38:11
J Williams 39:23
B Raun 40:31
H Williams 42:15
M Baker 43:41
M60 V Boyle 44:39
B Shimer 45:58
F Fernandez 50:31
M70+A Johnson 54:24
L Niles 61:18
Dr. S Keith 76:00
W40 J Fox 39:55
M Drr 45:11
L Becker 45:53

W45 B Ratley 43:17
L Rolfs 54:22
D Johnson 54:40
W50 C Keeler 51:10
P Cornum 54:32
W55 A Milicevic 48:06
I Thompson 55:02
C Earl 56:09
W60 M Gibbons 50:49
A Mayer 59:48

CRI Long Beach Half-Marathon
Long Beach, Calif.;
November 17

Overall
A Just 23 1:05:30
M Aubuchon 26 1:18:14
M40 T Burns 42 1:13:43
B Elam 43 1:17:56
G Wright 43 1:20:50
M50 G Jorgensen 56 1:14:47
W Evertz 56 1:21:52
F Greene 50 1:24:11
M60+J Green 60 1:35:27
C Poole 64 1:39:29
E Johnstone 64 1:41:30

W40 B R Lunsford 45 1:37:02
J Perricelli 41 1:39:53
M Jennings 49 1:40:54
W50 A Hauth 52 1:46:31
A Calhoun 50 1:49:04
A Hill 59 1:53:22
W60+L Adney 72 nta

McDonald's 10K McClassic
San Diego, Calif.; November 17

Overall
T Cotton 31 30:10
G Andersen 40 34:52
P Hurl 39 35:23
S Matson 45 35:57
M35 G Garcia 38:19
M40 P Stern 40 33:21
M45 R Sablan 46 36:19
M50 F Lehr 52 36:57
M55 C Anderson 55 39:02
M60 J McCoun 63 39:28
M70+W Kuetzing 73 51:15
W35 P Hurl 39 35:23
W40 G Andersen 40 34:52
W45 S Matson 45 35:58
W50 A Hall 50 56:51
W55 A Johnson 56 44:40
W60 G Davidson 64 50:20
W70+J Simon 70 57:10

Honolulu Marathon
Honolulu; December 8

Overall
I Hussein 2:12:08
Berkens 2:35:51
M40 K Nakata 2:35:06
B Pillar 2:38:07
T Iredale 2:40:42
M50 J Gallup 2:35:51
T Takahashi 2:38:48
T Terasawa 2:43:19
M60 F Grey 2:52:16
G Horton 2:56:54
R Harris 3:11:35
M70 D Lunberg 3:39:12
K Honma 3:55:17
N Kuriki 3:56:35
W40 A Kasper 3:02:16
M Mack 3:24:04
G Rodd 3:25:01
W50 P Buholm 3:24:20
M Maricle 3:30:02
T Tagami 3:31:48
W60 M Lee 4:34:23
K Pickles 4:36:59
R Minoura 4:47:44
W70 K Morikami 4:32:28
D Rober 5:06:20
L Adrey 6:47:15

NORTHWEST

Seattle Marathon
Seattle, Wash; October 13
(unofficial)

Overall
R Nicklin 32 2:28:38
B Rush 28 3:05:58
M40 protest pending
M50 J Volk 53 2:51:27
L Webster 52 2:56:29
M60+E Galloway 65 3:33:00
H Copeland 65 3:42:06
Z Danes 65 3:53:29
W40 M Belak 43 3:21:10
J Wild 41 3:30:49
E Shaw 41 3:32:39
W50 P Johnson 53 3:44:34

TAC Convention Highlights

Among the highlights of the 7th annual convention of The Athletics Congress (TAC) — held in Houston from December 3-8 — were:

- Cuba's Alberto Juantorena, 400-and-800-meter winner in the 1976 Olympics, received a special plaque from TAC in recognition of his unique achievement. Now 35 and retired from active competition, Juantorena was nicknamed "El Caballo" (The Horse) during his competitive days. A minister of TAC's Cuban counterpart, The Cuban Athletic Federation, Juantorena attended the meet as an observer.

- Stan Huntsman and Terry Crawford will coach the U.S. Olympic track & field teams at the 1988 Games in Seoul, South Korea. They coach the men's and women's programs, respectively, at the University of Texas.

- San Jose, California defeated Los Angeles in a close ballot to host the 1987 U.S. Open T&F Championships. Bakersfield, Calif., and Tampa also submitted bids. The 1986 event is set for Eugene, Oregon.

- Houston Mayor Kathy Whitmire officially welcomed the more than 700 delegates and observers to this year's convention — a new record high. The 1986 convention will be held in Tampa, 1987 in Honolulu, 1988 in Phoenix, 1989 in Washington, D.C. and 1990 in Seattle.

- World triple-jump record-holder Willie Banks was named Track & Field News Athlete of the year. Banks also won TAC's prestigious Jesse Owens Memorial Award, outpolling Cathy Branta, Sydney Maree, Mary Decker Slaney and Doug Padilla.

- Ken Young and Jennifer Young, otherwise known as the National Running Data Center, were honored for their outstanding contributions to men's and women's long distance running.

- The convention was marred by the death, at age 76, of Bud Winter, one of track & field's greatest coaches, of a heart attack. Winter, whose San Jose State U. team won the NCAA team title in 1969, was introduced at the Awards luncheon on Friday, and died Friday at 6:30 p.m.

Winter, high jump great John Thomas, sprinter Mel Patton and Abel Kiviat, a 1912 Olympian, were elected to the National T&F Hall of Fame last June and were formally inducted at the Saturday banquet.

In perhaps the most moving and emotional moment in the history of TAC conventions, Winter's speech was delivered by his daughters — Mrs. Kathi Koelzer and Jane White — and his son, Mike Winter.

- Thirteen President's Awards were handed out to persons for leadership in athletics. They were Ruth Anderson, Oakland; Steve Bosley, Boulder, Colo.; Lynn Cannon, Oroville, Calif.; Jimmy Carnes, Gainesville, Fla.; John Chaplin, Pullman, Wash.; Phil Henson, Bloomington, Ind.; Creigh Kelly, Englewood, Colo.; Merle Myerson, New York; Hugh Norman, Adel, Iowa; Al Sheahen, Van Nuys, Calif.; and Alan Steinfeld, N.Y.

- The 1986 Twin Cities Marathon was named to serve as the trials for the U.S. entries for the 1987 IAAF World T&F Championships.

- Delegates approved a rule that subjects athletes competing in TAC-sanctioned open events to random drug testing. Youth and masters events are excluded.

- All masters T&F Records (November NMN) were approved as well as an age 70-74 discus throw of 42.12m (138-2) by Peter Gulgin (Punta Gorda FL), 70, Sept. 21, 1985.

- All masters long distance road records marked "R" (December NMN) were ratified. □

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