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The non-muscle-myosin-II heavy chain Myh9 mediates colitis-induced epithelium injury by restricting Lgr5 + stem cells

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Lgr5 + stem cells are crucial to gut epithelium homeostasis, and therapies targeting these cells hold promise for treatment of gastrointestinal diseases. Here we report that the non-muscle-myosin-II (NMII) heavy chain Myh9 accumulates at epithelial injury sites in mice distal colon treated with dextran sulphate sodium (DSS). Gut-epithelium-specific *Myh9* monoallelic deletion alleviates DSS-induced colonic crypt damage and acute colitis. Consistently, the NMII inhibitor blebbistatin can improve the survival of Lgr5 + stem cells and the growth of Lgr5 organoids. Mechanistically, inhibition of NMII by blebbistatin or *Myh9* monoallelic deletion activates Akt through Rac1 and PAK1, which is essential for the survival and pluripotency of Lgr5 + cells. These results establish a critical role of the Myh9-Rac1-PAK1-Akt pathway in the maintenance of Lgr5 + stem cells. As blebbistatin can mitigate DSS-induced colitis and preserve Lgr5 + colonic stem cells *in vivo*, our findings provide a potential therapeutic intervention of gastrointestinal epithelium injury and degenerative diseases.

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The gastrointestinal epithelium undergoes rapid self-renewal in adult mammals¹. Accumulative evidence suggests that there are two types of gut epithelial stem cells: the fast proliferating leucine-rich repeat containing G protein-coupled receptor 5-positive (*Lgr5*⁺) cells that maintain intestine and colon homeostasis, and the quiescent *Bmi1*⁺ (+4) cells that contribute to intestine regeneration after radiant injury^{2,3}. These two types of epithelial stem cells can interconvert in the intestinal epithelium⁴. Under physiological conditions, *Lgr5*⁺ stem cells actively proliferate and differentiate into all types of cells in the intestinal and colonic epithelium. Several signalling pathways, including Wnt, bone morphogenetic protein (BMP) and Notch, have been demonstrated to regulate the fate of *Lgr5*⁺ stem cells⁵. However, the molecular mechanism of how self-renewal and differentiation are balanced in *Lgr5*⁺ stem cells remains unclear.

Non-muscle-myosin-II (NMII) is a two-headed conventional myosin, which plays key roles in multiple cellular functions, such as mitosis and migration⁶. Its heavy chain has three isoforms in mice, including *Myh9*, *Myh10* and *Myh14*, among which *Myh9* accounts >80% of the total^{7,8}. Recent studies revealed that dissociation-induced actin-myosin contraction caused the apoptosis of embryonic and induced-pluripotent stem cells^{9–11}. However, the detailed mechanism of how NMII regulates stem cell survival remains unclear, and the potential roles of NMII in adult stem cells have not yet been investigated.

Feeding mice with dextran sulphate sodium (DSS) polymers in drinking water induces an acute colitis characterized by epithelium damage, bloody diarrhoea, ulceration and granulocyte infiltration, resembling ulcerative colitis in humans^{12,13}. DSS causes damage to colonic epithelial cells of the basal crypts and affects the integrity of the mucosal barrier. *Lgr5*⁺ colonic stem cells are sensitive to DSS treatment and play critical roles in colonic epithelium regeneration^{14,15}. Therefore, the DSS-induced acute colitis is a good model for investigation of the injury and regeneration of colonic crypts and the functions of *Lgr5*⁺ stem cells.

In this study, we report that *Myh9* is upregulated at epithelial injuries in distal colon treated with DSS, and genetically reducing *Myh9* expression alleviates DSS-induced colonic crypt damage. In addition, inhibition of NMII by the small molecule blebbistatin activates Akt through Rac1 and PAK1 and enhances the survival and pluripotency of *Lgr5*⁺ stem cells. Finally, blebbistatin also efficiently mitigates DSS-induced colitis and preserves *Lgr5*⁺ colonic stem cells *in vivo*. These results reveal a novel signalling pathway that regulates *Lgr5*⁺ stem cell survival and pluripotency, and implicates a potential clinical application of blebbistatin to treat gastrointestinal epithelium injury and degeneration.

Results

Myh9 monoallelic deletion ameliorates DSS-induced colitis.

To search for potential drugs to treat colitis, we established the DSS-induced acute colitis mouse model. After administration of 3% DSS in drinking water for 5 days, most of the mice effectively developed acute colitis. In this process, we noticed an elevated expression of *Myh9* in the colonic epithelium (Fig. 1a). Immunostaining also confirmed enhanced expression of *Myh9* at epithelial injuries, but not the neighbouring epithelium of distal colon (Fig. 1b), suggesting that *Myh9* is upregulated in DSS-induced colonic epithelium lesions.

To investigate the pathological significance of *Myh9* upregulation at epithelial injuries in the distal colon, we generated gut epithelium tissue-specific *Myh9*-knockout mice. Genotyping and examination of *Myh9* mRNA and protein levels in intestinal and colonic epithelium confirmed the knockout of one allele of *Myh9*

in *Myh9*^{fl/+}; *Villin-cre* mice (Fig. 1c and Supplementary Fig. 1). However, we did not obtain the complete *Myh9*-knockout mouse. It could be due to the early expression of *Villin-Cre* in the visceral endoderm of E6.5 embryos¹⁶, and *Myh9* ablation leads to severe defects in the visceral endoderm of E6.5 embryos¹⁷. *Myh9*^{fl/+}; *Villin-cre* mice exhibited no obvious abnormality in intestinal or colonic epithelium homeostasis (Supplementary Fig. 2). When exposed to 3% DSS, however, only mild colonic epithelium injury was observed in *Myh9*^{fl/+}; *Villin-cre* mice, which was in contrast to severe colonic damage in *Myh9*^{+/+}; *Villin-cre* mice (Fig. 1d). These data suggest that *Myh9* may be involved in DSS-induced colonic epithelium injuries.

As colonic epithelium injuries are critical for colitis initiation^{13–15}, we then accessed whether *Myh9* monoallelic loss could alleviate DSS-induced acute colitis. The disease activity index (DAI) has been commonly used to evaluate the grade and extent of acute colitis¹⁸. The DAI score ranges from 0 to 4, representing the sum of scores for weight loss, stool consistency and rectal bleeding, divided by three. As shown in Fig. 1e, DSS treatment led to severe colitis as shown by high DAI scores, while the water feeding group did not exhibit any colitis symptoms. *Myh9* monoallelic deletion led to significantly decreased DAI scores following DSS treatment (Fig. 1e). Consistently, milder crypt damage (Fig. 1f), better proliferation status (Supplementary Fig. 3a) and less apoptosis (Supplementary Fig. 3b) were observed in distal colon epithelium of *Myh9*^{fl/+}; *Villin-cre* mice following DSS treatment, compared with *Myh9*^{+/+}; *Villin-cre* mice. These data suggest that *Myh9* plays an important role in DSS-induced colitis process.

Dissociation-induced *Myh9* expression restricts crypt growth.

To further investigate the functions of *Myh9* in crypt damages, we mechanically dissociated small intestinal and colonic crypts, embedded them in Matrigel and performed *in vitro* culture according to the previous report¹⁹. We found that *Myh9* mRNA increased markedly in both small intestinal and colonic crypts immediately after dissociation (Fig. 2a). In addition, small intestinal and colonic crypts isolated from *Myh9*^{fl/+}; *Villin-cre* mice survived better than those from *Myh9*^{+/+}; *Villin-cre* mice (Fig. 2b). Knockdown of *Myh9* expression using adenovirus-based shRNA promoted the survival of isolated crypts (Supplementary Fig. 4a,b). These results together suggest that dissociation-induced *Myh9* expression restricts crypt survival.

Consistently, blebbistatin (1,2,3,3a-tetrahydro-3a-hydroxy-6-methyl-1-phenyl-4H-pyrrolo[2,3-b]quinolin-4-one), a reversible inhibitor of NMII heavy chain^{20,21}, could significantly benefit the survival of mouse intestinal crypts (Fig. 2c). Typical fields taken at day 3 showed that crypt cultures treated with blebbistatin formed larger organoids than untreated ones, and more budding crypts were observed (Fig. 2d), indicating that blebbistatin facilitates the growth of *Lgr5* organoids. The promoting effect of blebbistatin was not observed in the crypts from *Myh9*^{fl/+}; *Villin-cre* mice as these crypts already had a high survival rate (Fig. 2e,f), consistent with the idea that blebbistatin mainly works through inhibiting *Myh9*. Blebbistatin also markedly promoted the survival of human intestinal crypts and colonic crypts (Fig. 2g and Supplementary Fig. 4c).

Myh9 regulates the survival and pluripotency of *Lgr5*⁺ cells.

Lgr5⁺ stem cells are critical for gut homeostasis², and these stem cells are ablated in distal colon following DSS treatment¹⁴. To address whether *Myh9* regulates *Lgr5*⁺ stem cell survival, we employed *Lgr5-EGFP-IRES-creERT2* mice to analyse *Myh9* expression in *Lgr5*⁺ stem cells upon DSS treatment. Administration of 3% DSS in drinking water for 2 days led to

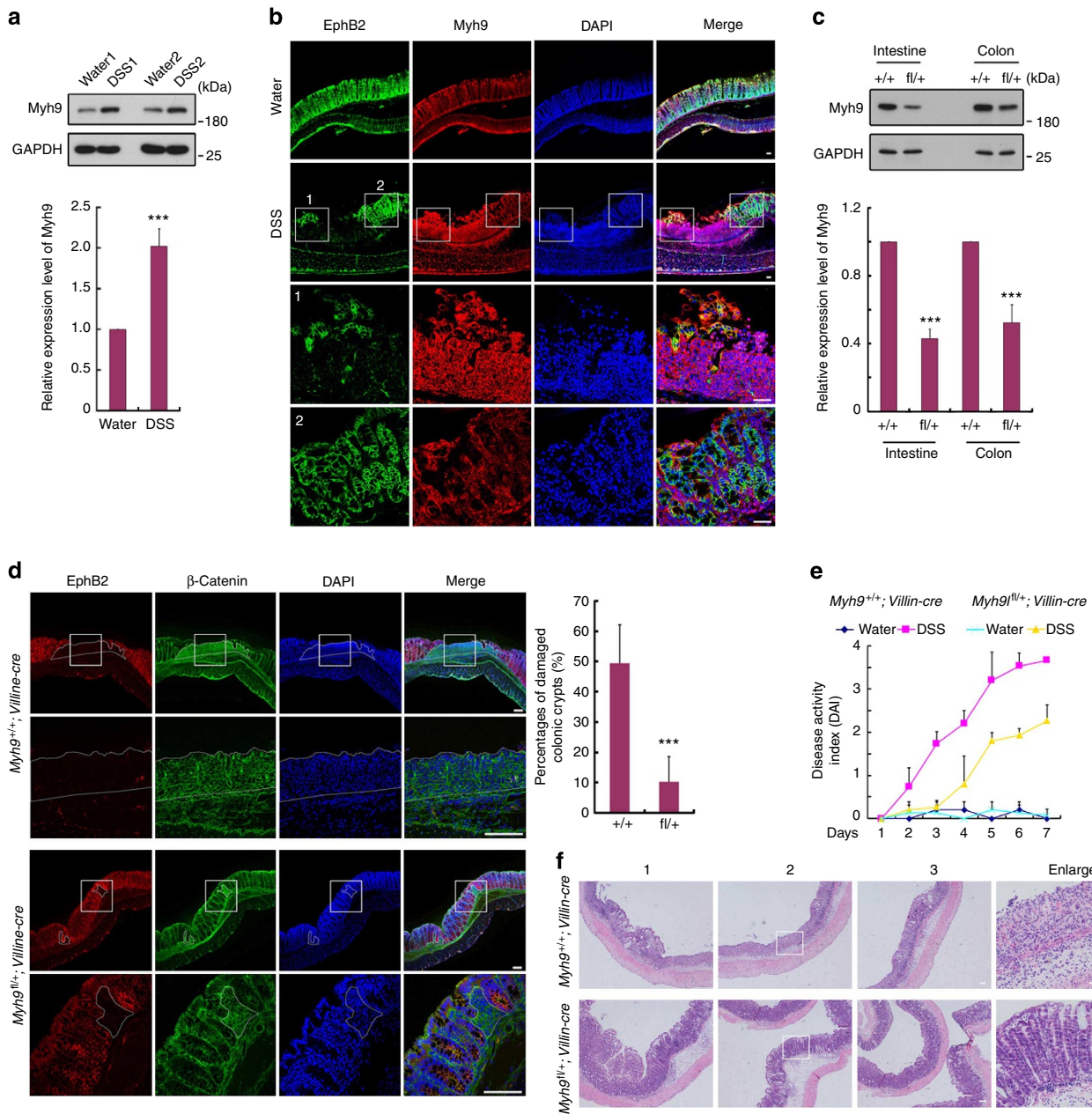


Figure 1 | Myh9 monoallelic deletion ameliorates epithelial injuries in distal colon treated with DSS. (a) The colonic epithelia were isolated from 8-week-old male mice treated with water or 3% DSS for 5 days followed by 2-day water feeding for immunoblotting with the indicated antibodies. GAPDH served as a loading control. The statistical data represent mean \pm s.d. (n (the number of mice in each group) = 5). (b) Confocal cross-sectioning shows the epithelium injuries in distal colon treated with DSS. Mice treated with 3% DSS for 5 days followed by 2-day water feeding were killed. The distal colon was visualized by immunofluorescence with anti-EphB2 (green) and anti-Myh9 (red). Bottom: enlargements (1: damaged area; 2: normal epithelium). Nuclei were counter-stained with DAPI (blue). A representative data of three independent experiments was shown. Scale bar, 50 μ m. (c) Intestinal and colonic epithelia of 8-week-old male *Myh9^{+/+}; Villin-cre* and *Myh9^{fl/+}; Villin-cre* mice were isolated for immunoblotting with the indicated antibodies. GAPDH served as a loading control. +/+ : *Myh9^{+/+}; Villin-cre* fl/+ : *Myh9^{fl/+}; Villin-cre* The statistical data represent mean \pm s.d. (n = 3). (d) Confocal cross-sectioning shows the epithelial injuries in distal colon treated with DSS. *Myh9^{+/+}; Villin-cre* and *Myh9^{fl/+}; Villin-cre* mice were treated with 3% DSS for 5 days followed by 2-day water feeding before being killed. The distal colon was visualized by immunofluorescence with anti-EphB2 (red) and anti- β -catenin (green). The damaged crypts in colonic epithelium are outlined. Bottom: enlargements of the square areas. Scale bar, 100 μ m. The statistical analysis of the percentages of damaged colonic crypts in five pairs of mice was shown. The data represent mean \pm s.d. (n = 5). (e) Eight-week-old male *Myh9^{+/+}; Villin-cre* and *Myh9^{fl/+}; Villin-cre* mice were supplied with water or 3% DSS for 5 days followed by 2-day water feeding. The weight loss, stool consistency and rectal bleeding were daily scored to calculate the disease activity index (DAI). The data represent mean \pm s.d. (n = 5). (f) *Myh9^{+/+}; Villin-cre* and *Myh9^{fl/+}; Villin-cre* mice were treated with 3% DSS for 5 days followed by 2-day water feeding before being killed. Then, paraffin embedded distal colon tissues were stained with haematoxylin and eosin. A representative data of five independent experiments was shown. Wilcoxon's rank sum test was used for a, c and d. Friedman test was used for e. *** indicates $P < 0.001$. Scale bar, 100 μ m.

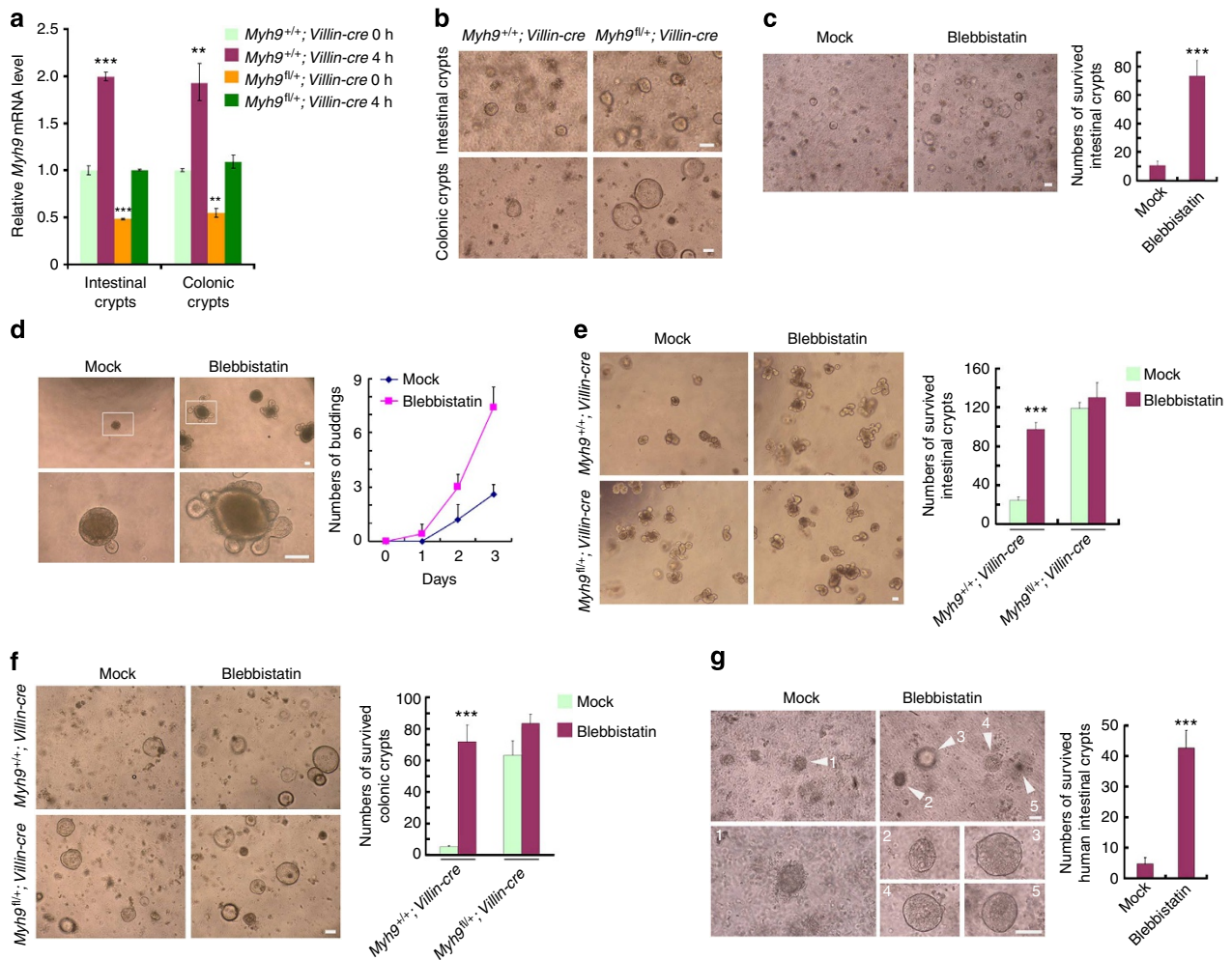


Figure 2 | Dissociation-induced Myh9 expression restricts crypt survival and growth. (a) Intestinal and colonic crypts dissociated from 8-week-old male *Myh9*^{+/+};*Villin-cre* and *Myh9*^{fl/+};*Villin-cre* mice were embedded in Matrigel for the indicated time and harvested to examine *Myh9* expression using quantitative RT-PCR. *Gapdh* was used as an internal control. (b) One hundred intestinal and colonic crypts isolated from *Myh9*^{+/+};*Villin-cre* and *Myh9*^{fl/+};*Villin-cre* mice were embedded in Matrigel and cultured in the presence of EGF, Noggin and R-spondin1 (ENR) for 24 h. A representative data of three independent experiments was shown. (c) One hundred isolated mouse intestinal crypts were embedded in Matrigel and cultured in the presence of ENR for 24 h. DMSO (mock) or blebbistatin (10 μ M) was added in the culture medium. (d) Isolated crypts were cultured for 3 days in the ENR culture medium in the absence or presence of blebbistatin (10 μ M). The organoid buddings were quantified, and the data represent mean \pm s.d. ($n=5$). (e) Isolated intestinal crypts were cultured in the presence of ENR, together with DMSO (mock) or 10 μ M blebbistatin for 2 days. (f) Isolated colonic crypts were cultured in the presence of ENR, together with DMSO (mock) or 10 μ M blebbistatin for 36 h. (g) One hundred human intestinal crypts isolated from normal intestinal tissues were embedded in Matrigel and cultured in the presence of ENR, together with DMSO (mock) or 10 μ M blebbistatin for 36 h. The statistical analyses of survived crypt numbers were shown, and the data represent mean \pm s.d. ($n=3$). Kruskal-Wallis' H test was used for a, e and f. Student's *t*-test was used for c, d and g. *** indicates $P<0.001$. ** indicates $P<0.01$. Scale bar, 50 μ m.

an elevation of the total Myh9-high cell number (from 31% = 29.17 + 1.75 to 45% = 42.7 + 2.28) as well as in the Lgr5-GFP-positive population (from 28.6% = 1.75/(1.75 + 4.37) to 49.5% = 2.28/(2.28 + 2.32)) (Fig. 3a). In accordance, DSS treatment also decreased the expression of the Lgr5 + stem cell marker genes *Lgr5* and *Sox9*, and *Myh9* monoallelic deletion efficiently rescued the reduction (Fig. 3b). These results further demonstrate the restricting function of *Myh9* in Lgr5 + stem cell survival in DSS-treated distal colon.

Then, we sorted single Lgr5-GFP^{hi} cells from *Lgr5-EGFP-IRES-creERT2* mouse intestine and cultured them in Matrigel under the condition described previously¹⁹. We observed that *Myh9* mRNA significantly increased in Lgr5 + stem cells immediately after dissociation (Fig. 3c). Remarkably, blebbistatin inhibited the dissociation-induced apoptosis of single Lgr5 + stem cells (Fig. 3d) and markedly enhanced their colony-forming

efficiency (Fig. 3e) and their proliferation (Supplementary Fig. 5), indicating that *Myh9* inhibition promotes the survival of Lgr5 + stem cells.

Cell survival is tightly controlled by phosphoinositide-3-phosphate kinase (PI3K)-Akt signalling²². It has been shown that Akt activity, as shown by Akt phosphorylation, is critical for the expansion of intestinal crypts and epithelial stem cells^{23–25}. Therefore, we hypothesized that blebbistatin might activate Akt in Lgr5 + stem cells. To test this, sorted single Lgr5-GFP^{hi} cells were embedded in Matrigel, treated with blebbistatin for 12 h and then stained for phosphorylated Akt. The data from both immunofluorescence and FACS revealed that blebbistatin enhanced Akt phosphorylation in Lgr5 + stem cells (Fig. 3f and Supplementary Fig. 6).

The PI3K-Akt signal pathway has also been shown to support the pluripotency of embryonic stem cells^{26,27}. Furthermore, Akt

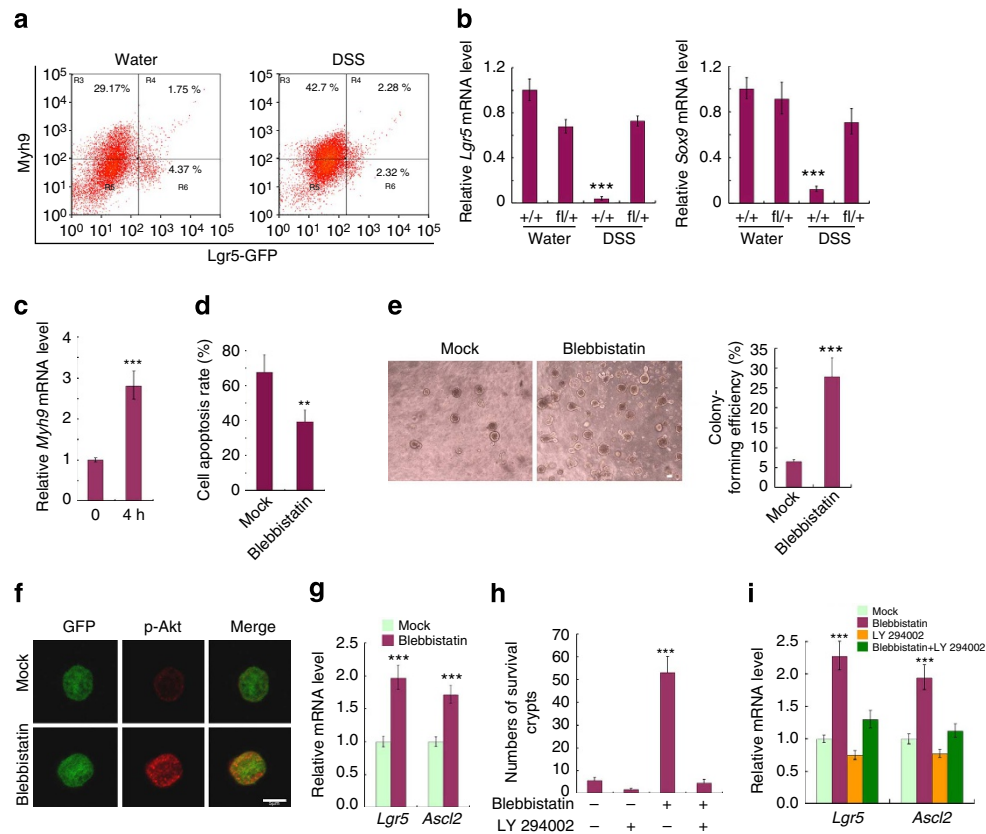


Figure 3 | Myh9 controls the survival and pluripotency of Lgr5 + stem cells in an Akt-dependent manner. (a) Eight-week-old male *Lgr5-EGFP-IRES-creERT2* mice were supplied with water or 3% DSS for 2 days before being killed. The distal colon crypt cells were isolated and subjected to anti-Myh9 FACS. (b) Mice were treated with 1.5% DSS for 5 days followed by 2-day water feeding before being killed. The distal colon crypts were harvested to examine *Lgr5* and *Sox9* expression using qRT-PCR. +/+ : *Myh9*^{+/+}; *Villin-cre* fl/+ : *Myh9*^{fl/+}; *Villin-cre*. (c) Single Lgr5-GFP^{hi} cells isolated from the intestinal crypts of *Lgr5-EGFP-IRES-creERT2* mice were embedded in Matrigel for the indicated time before harvesting to examine *Myh9* expression using qRT-PCR. (d) Cultured single Lgr5-GFP^{hi} cells were with treated DMSO (mock) or 10 μ M blebbistatin for 6 h. Then, the cells were stained with Propidium iodide and subjected to FACS. (e) Five hundred single Lgr5-GFP^{hi} cells isolated from the intestinal crypts of *Lgr5-EGFP-IRES-creERT2* mice were treated with DMSO or 10 μ M blebbistatin for 2 days, then blebbistatin was withdrawn, and cultures were maintained to day 7 and photographed. Scale bar, 50 μ m. The colony-forming efficiencies were calculated and the statistical analysis was shown. (f) Single Lgr5-GFP^{hi} cells were treated with DMSO or 10 μ M blebbistatin for 12 h and subjected to anti-phospho-Akt immunofluorescence. Scale bar, 5 μ m. (g) Lgr5-GFP + organoids were treated with DMSO or blebbistatin (10 μ M) for 12 h. The Lgr5-GFP^{hi} cells were isolated by FACS and harvested to examine *Lgr5* and *Ascl2* expression using qRT-PCR. (h) Isolated crypts were treated with 10 μ M blebbistatin and/or 25 μ M LY294002 for 24 h. Crypt number was accounted. (i) Lgr5-GFP + organoids were treated with 10 μ M blebbistatin and/or 25 μ M LY294002 for 12 h. The Lgr5-GFP^{hi} cells were isolated by FACS to examine *Lgr5* and *Ascl2* expression with qRT-PCR. For qRT-PCR, *Gapdh* was used as an internal control. The statistical data represent mean \pm s.d. (n = 3). a and f are representative of three independent experiments. Kruskal-Wallis' H test was used for b. Student's t-test was used for c, d, e and g. ANOVA test was used for h and i. ***Indicates $P < 0.001$. **Indicates $P < 0.01$.

has been suggested to promote self-renewal of +4 intestinal stem cells through the activation of Wnt- β -catenin signalling²⁵. As blebbistatin can activate Akt, we then attempted to address whether blebbistatin is able to improve the pluripotency of Lgr5 + intestinal stem cells. As shown in Fig. 3g, blebbistatin stimulated the expressions of the pluripotency marker genes *Lgr5* and *Ascl2* in Lgr5 + intestinal stem cells^{2,28}. To further support the notion that blebbistatin promotes the survival and pluripotency of Lgr5 + stem cells via Akt activation, we examined whether the PI3K-specific inhibitor LY294002, which can block Akt activation²⁹, could attenuate the effects of blebbistatin. The data in Fig. 3h demonstrated that LY294002 efficiently abolished the promoting effect of blebbistatin on crypt survival. In accordance, blebbistatin could not enhance the expression levels of *Lgr5* or *Ascl2* in the presence of LY294002, compared with blebbistatin alone (Fig. 3i). Furthermore, the Akt inhibitor MK2206³⁰ decreased the survival of *Myh9*^{fl/+}; *Villin-cre* crypts (Supplementary Fig. 7). These results together suggest that

Akt activity is essential for Myh9 inhibition to promote the survival and pluripotency of Lgr5 + stem cells.

Myh9-mediated actin-myosin contraction has been suggested to be involved in dissociation-induced apoptosis of embryonic and induced-pluripotent stem cells^{9–11}. We then tested whether disruption of actin filament polymerization could also improve the survival of isolated crypts. Unlike blebbistatin, neither cytochalasin D that prevents actin polymerization³¹ nor swinholide A that severs actin filaments³² could promote crypt survival (Supplementary Fig. 8a,b), indicating that actin-myosin contraction is not involved in the inhibitory effect of Myh9 on crypt survival. Consistently, inhibition of myosin light chain phosphorylation by the MLC kinase inhibitor ML-7 had no effect on crypt survival (Supplementary Fig. 8c).

Rac1 and PAK1 mediate Akt activation by blebbistatin. We then explored the molecular mechanism how blebbistatin

activates Akt. As it was technically difficult to obtain enough Lgr5 + stem cells for biochemical analyses, we searched several colon carcinoma cell lines (LS174T, SW480, HCT116 and HT29) to analyse the effect of blebbistatin on Akt activity. However, Akt activity in these cells was not affected by blebbistatin treatment. By screening more cell lines, we found that NIH3T3 cells were sensitive to blebbistatin in Akt activation (Fig. 4a). Basal Akt phosphorylation in NIH3T3 cells decreased over time under normal growth condition (Fig. 4b). In contrast, blebbistatin treatment induced Akt activation within 30 min and maintained its high phosphorylation level up to 12 h. Consistently, reducing Myh9 expression in intestinal crypts also resulted in elevated Akt phosphorylation (Fig. 4c), in agreement with the note that Myh9 is the major target of blebbistatin to promote crypt survival.

We found that blebbistatin induced activation of Rac1 (Fig. 4d), a GTPase involved in a diverse set of cellular processes including proliferation, apoptosis, migration and invasion. Recent

studies have demonstrated that Rac1 can activate Akt^{33,34}, and Rac1 plays a critical role in Lgr5 + stem cells expansion³⁵. To test whether Rac1 mediates Akt activation by blebbistatin, using NSC23766, a specific Rac1 inhibitor³⁶, we observed that inhibition of Rac1 abolished blebbistatin-induced Akt phosphorylation (Fig. 4e). Furthermore, overexpression of Myh9 decreased endogenous Akt activity, which could be rescued by Rac1(V12), a constitutively active form of Rac1³⁷ (Fig. 4f). These data together suggest that Rac1 mediates blebbistatin-induced Akt activation.

It has been reported that Rac1 stimulates Akt activity through a kinase-independent scaffolding function of PAK1³⁴. We then assessed the possible involvement of PAK1 in blebbistatin-induced Akt activation. PAK1(N-SP) (the N-terminal fragment of PAK1, 1-205aa, with the substitution of Ser76 with proline), a dominant-negative mutant disrupting the scaffolding function of PAK1³⁴, effectively abolished the effect of blebbistatin to activate Akt (Fig. 4g). Taken together, these data indicate that inhibition

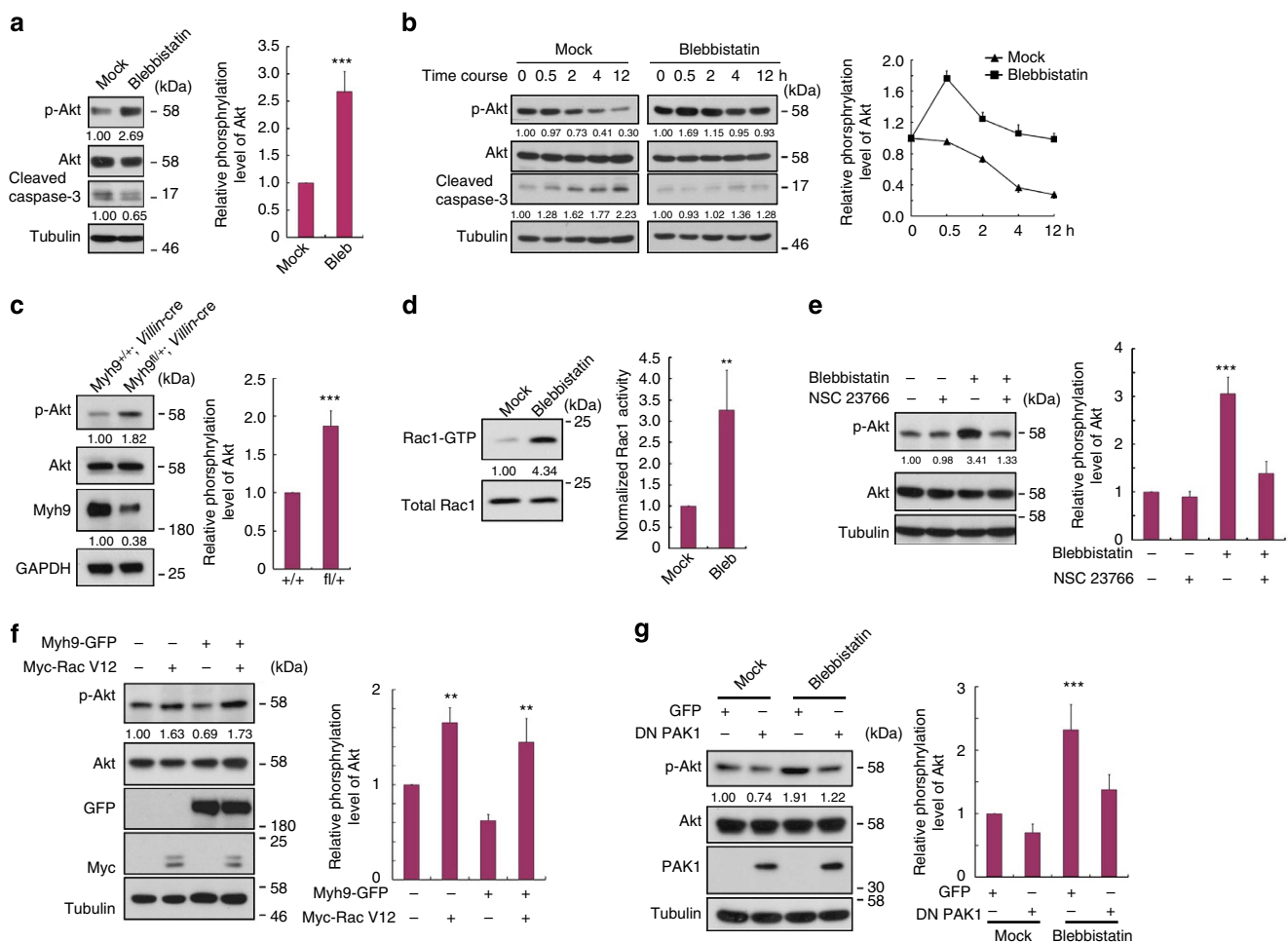


Figure 4 | Inhibition of NMII heavy chain activates Akt through Rac1 and PAK1. (a) NIH3T3 cells were treated with DMSO (mock) or 10 μM blebbistatin for 12 h and harvested for immunoblotting with the indicated antibodies. The numbers underneath each gel indicate the relative band densities after normalized to controls. (b) NIH3T3 cells were treated with DMSO (mock) or 10 μM blebbistatin for the indicated time, and harvested for immunoblotting. (c) Intestinal crypts of *Myh9*^{+/+};*Villin-cre* and *Myh9*^{fl/+};*Villin-cre* mice were isolated for immunoblotting with the indicated antibodies. GAPDH served as a loading control. +/+ : *Myh9*^{+/+};*Villin-cre* fl/+ : *Myh9*^{fl/+};*Villin-cre*. (d) The activation states of endogenous Rac1 in NIH3T3 cells treated with DMSO (mock) or 10 μM blebbistatin for 12 h were detected by the effector pull-down assay. Cell lysates were incubated with the agarose-immobilized GST-PAK1(RBD), and the co-precipitates were subjected to anti-Rac1 immunoblotting. (e) NIH3T3 cells treated with the indicated chemicals for 12 h were harvested for immunoblotting. (f) NIH3T3 cells transfected with *Myh9*-GFP and *Myc*-Rac(V12) were harvested for immunoblotting. (g) NIH3T3 cells infected with lentiviral GFP or DN PAK1(N-SP) were treated with DMSO (mock) or 10 μM blebbistatin for 12 h, and harvested for immunoblotting. Tubulin served as a loading control. The statistical data represent mean ± s.d. (n = 3). Wilcoxon's rank sum test was used for a, c and d. Friedman test was used for b. Kruskal-Wallis' H test was used for e-g. ***Indicates P < 0.001. **Indicates P < 0.01.

of *Myh9* by blebbistatin activates Akt in a manner dependent on Rac1 and PAK1.

To assess the significance of the *Myh9*-Rac1-Akt axis in *Lgr5*⁺ intestinal stem cells, we first confirmed that blebbistatin could activate Rac1 in cultured intestinal organoids (Fig. 5a). We then assessed whether Rac1 inactivation could attenuate blebbistatin-induced phosphorylation of Akt in single *Lgr5*-GFP^{hi} cells. Immunostaining results revealed that the Rac1 inhibitor NSC23766 effectively impaired the activity of blebbistatin to activate Akt in *Lgr5*⁺ stem cells (Fig. 5b). Consistently, NSC23766 abolished the promoting effect of blebbistatin or *Myh9* monoallelic loss on the survival of isolated

crypts (Fig. 5c,d) and the growth of *Lgr5* organoids (Fig. 5e). In addition, the accelerated growth of *Lgr5* organoids induced by blebbistatin treatment or *Myh9* deficiency was blocked by PAK1(N-SP) (Fig. 5f,g). These data together indicate that *Myh9* inhibition by blebbistatin activates Akt in *Lgr5*⁺ intestinal stem cells through the Rac1-PAK1 axis.

BMP signalling induces *Myh9* expression. We next set out to determine how *Myh9* accumulated at epithelial injuries after DSS treatment. Interestingly, we noticed that BMP signalling was highly activated at epithelial injuries, as indicated by the increased phospho-Smad1/5 (Fig. 6a). To test whether BMP signalling

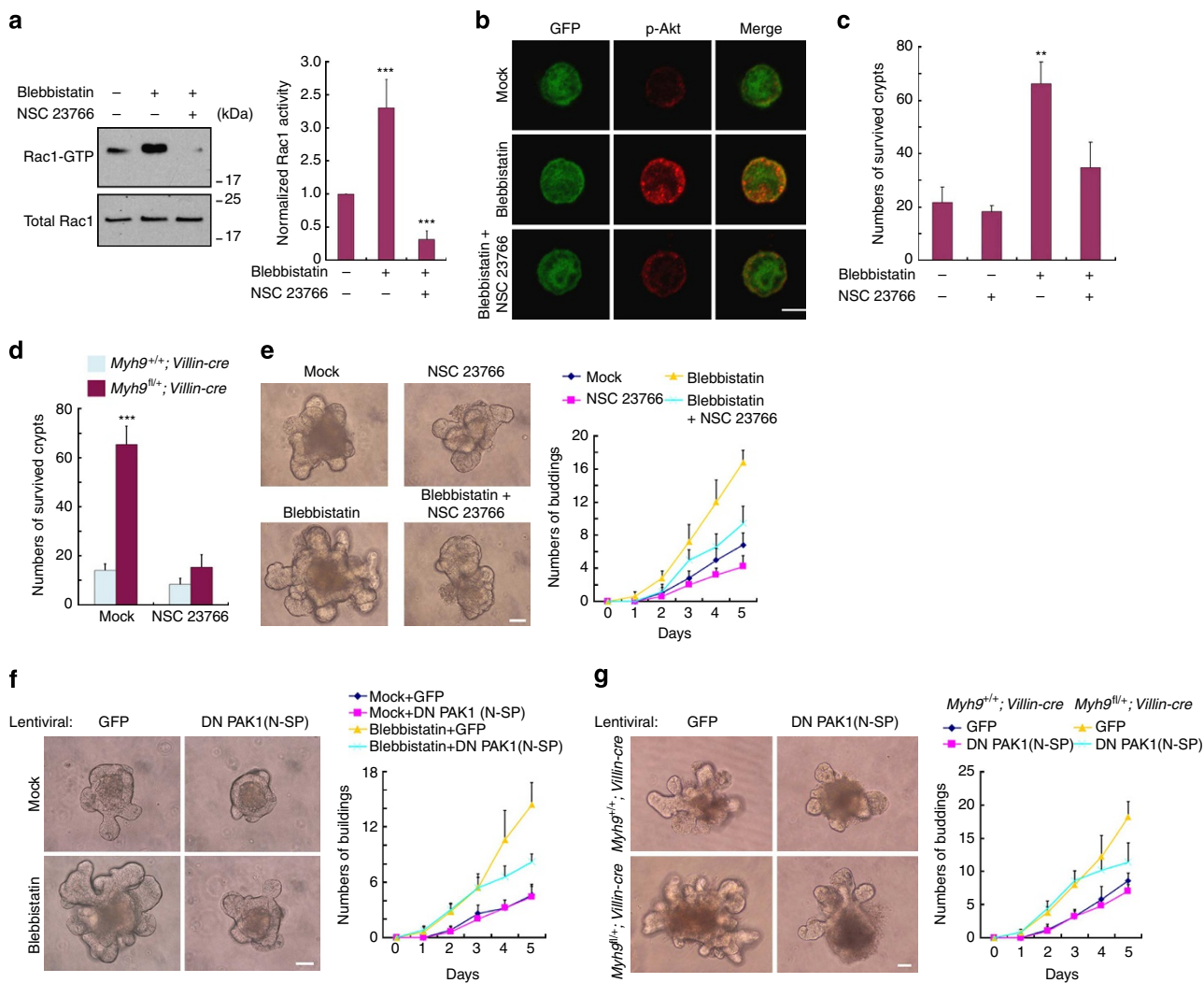


Figure 5 | The Rac1-PAK1-Akt axis is essential for *Myh9* inhibition to promote the survival and pluripotency of *Lgr5*⁺ stem cells. (a) The activation states of endogenous Rac1 in cultured intestinal organoids treated with 10 μM blebbistatin and 100 μM NSC23766 for 12 h were detected by the effector pull-down assay. Cell lysates were incubated with the agarose-immobilized GST-PAK1(RBD), and the co-precipitates were subjected to anti-Rac1 immunoblotting. (b) Single *Lgr5*-GFP^{hi} cells embedded in Matrigel were cultured in the medium containing ENR, Wnt3a, DMSO (mock), 10 μM blebbistatin and 100 μM NSC23766 for 12 h and subjected to immunofluorescence analysis with an anti-phospho-Akt antibody. A representative data of three independent experiments was shown. Scale bar, 5 μm. (c) Isolated intestinal crypts were cultured in the ENR medium together with 10 μM blebbistatin and 100 μM NSC23766 for 24 h and counted. (d) Crypts isolated from *Myh9*^{+/+}; *Villin-cre* and *Myh9*^{fl/+}; *Villin-cre* mice were cultured in the ENR medium together with 10 μM blebbistatin and 100 μM NSC23766 for 24 h and counted. (e) Isolated intestinal crypts were cultured for 5 days in the ENR medium together with 10 μM blebbistatin and 100 μM NSC23766. Scale bar, 50 μm. (f) Isolated intestinal crypts were infected with lentivirus expressing GFP or PAK1(N-SP), and cultured for 5 days in the ENR medium with or without blebbistatin (10 μM). (g) Crypts isolated from *Myh9*^{+/+}; *Villin-cre* and *Myh9*^{fl/+}; *Villin-cre* mice were infected with lentivirus expressing GFP or PAK1(N-SP), and cultured for 5 days in the ENR medium with or without blebbistatin (10 μM). The organoid buddings were quantified, and the data represent mean ± s.d. (n = 5). The statistical results in a, c and d represent mean ± s.d. (n = 3). Kruskal-Wallis' H test was used for a and d. ANOVA test was used for c. Friedman test was used for e-g. ***Indicates P < 0.001. **Indicates P < 0.01. Scale bar, 50 μm.

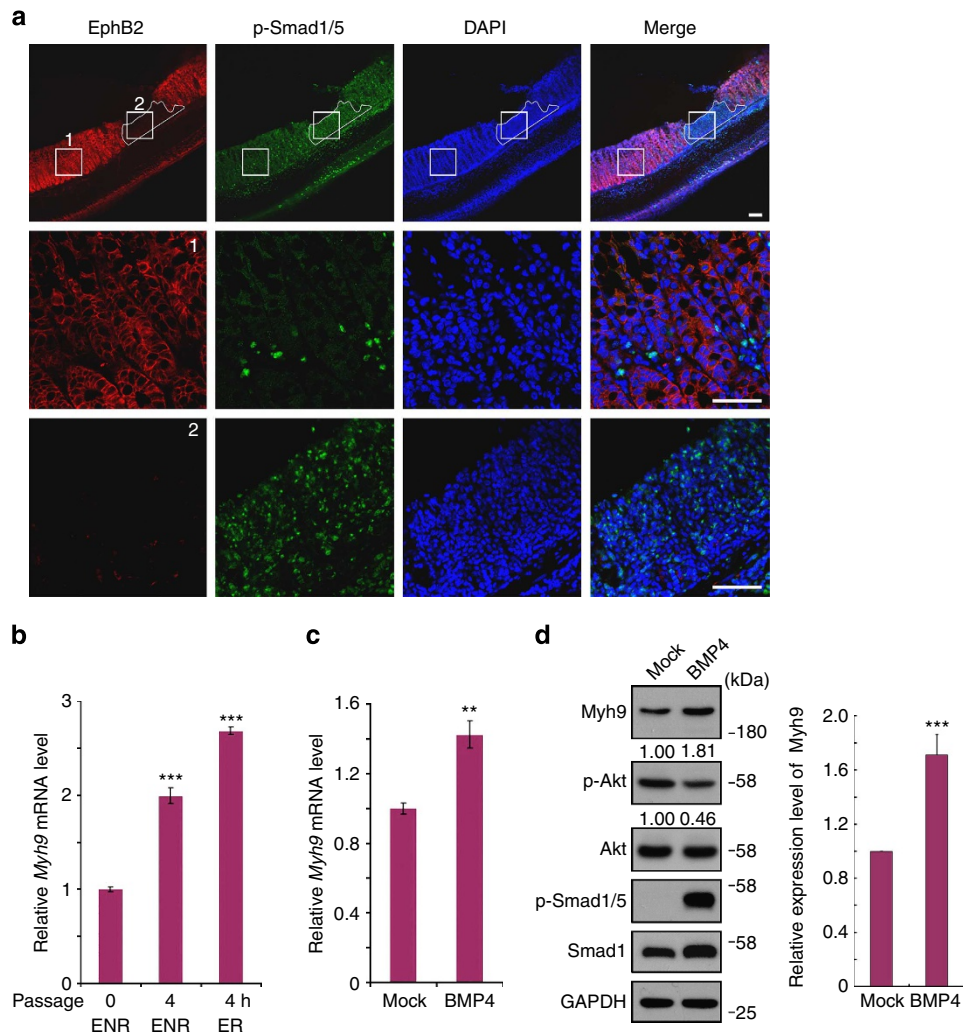


Figure 6 | BMP signalling mediates dissociation-induced Myh9 upregulation. (a) Confocal cross-sectioning shows the epithelial injuries in distal colon treated with DSS. Eight-week-old male mice supplied with 3% DSS for 5 days followed by 2-day water feeding were killed. The distal colon was examined by immunofluorescence with anti-EphB2 (red) and anti-p-Smad1/5 (green). The injury regions on colonic epithelium are outlined. Bottom: enlargements (1: normal epithelium; 2: damaged area). A representative data of three independent experiments was shown. Scale bar, 100 μm . (b) Intestinal organoids cultured in the ENR medium were dissociated from Matrigel and passaged in the medium containing ENR or ER for 4 h. Then, the organoids were harvested to examine *Myh9* expression using quantitative RT-PCR. *Gapdh* was used as an internal control. (c) Intestinal organoids cultured in the ER medium were treated with 10 ng ml^{-1} BMP4 for 4 h and harvested to examine *Myh9* expression using quantitative RT-PCR. *Gapdh* was used as an internal control. (d) Intestinal organoids cultured in the ER medium were treated with 10 ng ml^{-1} BMP4 for 12 h and harvested for immunoblotting. GAPDH served as a loading control. The statistical data represent mean \pm s.d. ($n = 3$). ANOVA test was used for **b**. Student's *t*-test was used for **c**. Wilcoxon's rank sum test was used for **d**. ***Indicates $P < 0.001$. **Indicates $P < 0.01$.

participates in dissociation-induced *Myh9* expression, the cultured *Lgr5* organoids were dissociated from Matrigel and passaged. Indeed, the passaging-induced dissociation process elevated the *Myh9* mRNA level significantly (Fig. 6b), which coincided with the increase of the BMP target *Id1* expression (Supplementary Fig. 9). Withdrawal of the BMP inhibitor Noggin from the culture medium after organoid passaging further increased *Myh9* mRNA expression (Fig. 6b), consistent with upregulation of both *Myh9* mRNA and protein by BMP treatment in *Lgr5* organoids (Fig. 6c,d). Altogether, our data suggest that DSS-induced epithelium injuries and the organoid dissociation process elevate BMP signalling, which can stimulate *Myh9* expression.

Blebbistatin alleviates colitis and preserves *Lgr5* + cells. As blebbistatin could promote the survival and pluripotency of

Lgr5 + stem cells and improve crypt cultures, we then tested whether blebbistatin had beneficial effect on DSS-induced epithelium injury and colitis *in vivo*. As shown in Fig. 7a, DSS treatment led to severe colitis as shown by high DAI scores, while the control group did not exhibit any colitis symptoms. Daily intraperitoneal injection of blebbistatin significantly decreased the DSS-caused DAI scores and also protected the structure of distal crypts (Fig. 7b). These data suggest that blebbistatin can efficiently alleviate DSS-induced colitis in mice.

To test whether the beneficial effect of blebbistatin on colonic epithelium is related to the improved maintenance of *Lgr5* + stem cells, we examined *Lgr5* + colonic stem cells in *Lgr5-EGFP-IRES-creERT2* mice. Administration of 1.5% DSS in mice drinking water for 5 days led to the ablation of GFP-positive *Lgr5* + stem cells in the distal colon, and blebbistatin injection efficiently prevented their loss (Fig. 7c). Notably, the mice treated with blebbistatin showed equivalent CD45 + immune cell

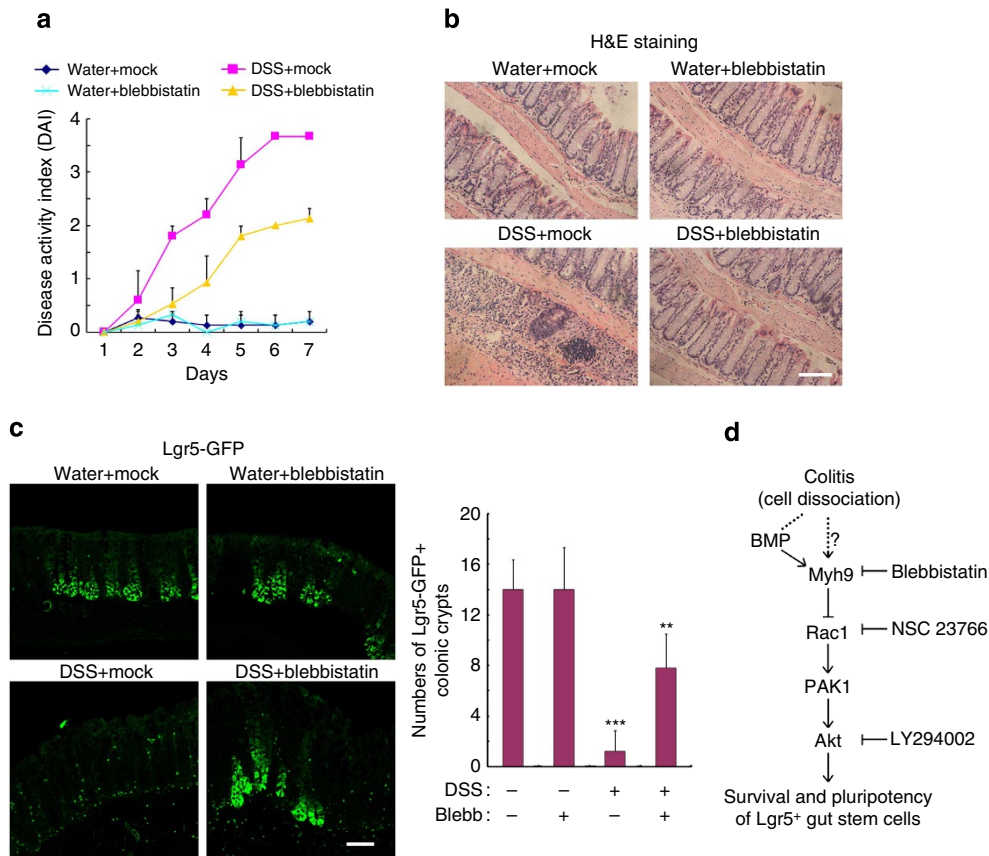


Figure 7 | Blebbistatin alleviates DSS-induced colitis and preserves Lgr5+ colonic stem cells. (a) Eight-week-old male mice supplied with water or 3% DSS for 5 days followed by 2-day water feeding were daily injected with mock or blebbistatin. The weight loss, stool consistency and rectal bleeding were daily scored to calculate the disease activity index (DAI). The data represent mean \pm s.d. ($n = 5$). (b) Mice supplied with water or 3% DSS for 5 days followed by 2-day water feeding were daily injected with mock or blebbistatin. Then, paraffin embedded distal colon tissues were stained with haematoxylin and eosin. A representative data of five independent experiments was shown. (c) Eight-week-old male *Lgr5-EGFP-IRE5-creERT2* mice fed with water or 1.5% DSS for 5 days followed by 2-day water feeding were daily injected with mock or blebbistatin, and *Lgr5*+ colonic stem cells in distal colon were examined by confocal cross-sectioning. The statistical analysis of the numbers of *Lgr5*-GFP+ colonic crypts in five independent experiments was shown. The data represent mean \pm s.d. Friedman test was used for a. Kruskal-Wallis' H test was used for c. *** indicates $P < 0.001$. ** indicates $P < 0.01$. Scale bar, 100 μ m. (d) Working model of the Myh9-Rac1-PAK1-Akt signalling pathway to mediate colitis-induced damage on *Lgr5*+ stem cells.

infiltration into the epithelium and the lamina propria (Supplementary Fig. 10), indicating that blebbistatin protected *Lgr5*+ stem cells independently of anti-inflammation. These data together suggest that blebbistatin alleviates DSS-induced colitis by preserving *Lgr5*+ colonic stem cells.

Discussion

Colitis and other intestine degenerative diseases are common human disorders, but the clinical interventions are limited as the pathological mechanisms are not very clear. Using the DSS-induced mouse acute colitis model, we observed an elevated expression of non-muscle-myosin-II heavy chain Myh9 at the epithelial injuries. Genetically reducing the expression of Myh9 or inhibiting its activity by blebbistatin ameliorated colonic epithelium injury and acute colitis. Mechanistically, interference of Myh9 activity enhanced the survival and pluripotency of *Lgr5*+ stem cells via the Rac1-PAK1-Akt signalling pathway (Fig. 7d).

DSS-induced acute colitis is a widely employed model to study colitis, which is thought to be provoked by inflammation^{13,38,39}. However, recent studies suggest that damage of colonic stem cells could be a major cause¹³⁻¹⁵. In addition, disruption of epithelial cell contacts could be important in the pathological process as the loss of tight junctions of colonic epithelial cells was observed in

DSS-induced colitis⁴⁰⁻⁴². We observed that Myh9 was upregulated in DSS-induced colonic epithelial injuries and in *Lgr5*+ stem cells on dissociation. BMP signalling, which was activated in the injuries and dissociated organoids, partially contributed to Myh9 upregulation. Activation of BMP signalling in the DSS-induced injuries could also have a negative impact on *Lgr5*+ stem cells. However, inhibition of BMP signalling with Noggin could not completely abolish the dissociation-induced Myh9 expression, indicating other pathways should participate in this process. The mechanism how the epithelial cell dissociation regulates Myh9 expression *in vivo* needs further investigation.

We demonstrated that depletion or inhibition of Myh9 greatly improved the survival and pluripotency maintenance of *Lgr5*+ gut stem cells, indicating that the restricting effect of NMII is not limited to embryonic or induced-pluripotent stem cells. Previous studies showed that actomyosin hyperactivation led to dissociation-induced apoptosis of embryonic and induced-pluripotent stem cells⁹⁻¹¹. Although it is still controversial whether this type of cell death belongs to anoikis, the consensus was that the excessive actin-myosin contraction caused by loss of E-cadherin-dependent intercellular contact is critical for dissociation-induced death of embryonic or induced-pluripotent stem cells. However, a different mechanism must be involved in *Lgr5*+ stem cells as none of the actin disruption drugs we have tested could improve

the survival of dissociated crypts. Together with the observation that inhibition of myosin light chain phosphorylation by ML-7 had no effect on Lgr5 + stem cell survival, our data indicate that Myh9-mediated Lgr5 + stem cell death is independent of dissociation-induced actin-myosin contraction. This idea is consistent with a recent report showing that Myh9 could function as a novel tumour suppressor of squamous cell carcinomas through activating p53 independent of F-actin polymerization⁴³. It is currently unclear why different mechanisms are employed in the negative effect of Myh9 on different stem/pluripotent cells. A possibility could be the differences of culture conditions for different types of stem cells, as Lgr5 + stem cells and Lgr5 organoids were cultured in the 3-D Matrigel system, while previous reported embryonic and induced-pluripotent stem cells were cultured in 2-D dishes. Of note, blebbistatin-induced Akt activation was observed only in Lgr5 + intestinal stem cells and NIH3T3 cells among the cell lines we have examined, further showing the cell-type-specific regulation of Akt activity by Myh9.

Lgr5 + stem cells play dominant roles in gut epithelium homeostasis and regeneration^{2,14,15,44,45}. Our data for the first time demonstrated that Myh9 restricts the survival and pluripotency of Lgr5 + stem cells through inhibiting Akt in DSS-induced colitis. Akt activation has been demonstrated to be important to maintain self-renewal of embryonic stem cells and Bmi1 + intestinal stem cells^{25–27}. It has been suggested that Akt activates Wnt/ β -catenin signalling, which plays the dominant role in Lgr5 + stem cell self-renewal^{23,46}. Here we demonstrated the important role of the Myh9-Rac1-PAK1-Akt signalling pathway in maintenance of Lgr5 + stem cells.

In summary, our *in vivo* data demonstrated that inhibition of NMII heavy chain by blebbistatin could preserve Lgr5 + colonic stem cells and alleviate DSS-induced colitis, implicating its potential clinical application in the treatment of gastrointestinal epithelium injury and degenerative disease in humans. Our findings also extend the understanding of the signalling pathways controlling Lgr5 + stem cell self-renewal and offer new insights into the roles of NMII heavy chain in adult stem cells. In addition, we showed that blebbistatin greatly improved the Lgr5 organoid cultures, which can be employed to establish an efficient and cost-effective method to maintain Lgr5 + stem cells *in vitro*.

Methods

Reagents. Blebbistatin and NSC23766 were purchased from Calbiochem, Matrigel from BD Biosciences, recombinant mouse Noggin, recombinant human BMP4 and recombinant human R-Spondin1 from R&D systems, recombinant mouse Wnt-3A from Millipore, Jagged-1 peptide from AnaSpec, MK2206 from Selleckchem, Cytochalasin D and Swinholide A from Biomol, recombinant mouse EGF, Advanced DMEM/F12, TrypLE, Penicillin/Streptomycin, GlutaMAX-I, N2 and B27 from Invitrogen, and N-Acetylcysteine, BSA, DAPI, EDTA, Propidium Iodide, ML-7 and LY 294002 from Sigma.

Mice, human tissues and cell line. *Lgr5-EGFP-ires-creERT2* mice² and *Villin-cre* mice were obtained from the Jackson Laboratory. *Myh9^{fl/fl}* mouse sperms were obtained from MMRRCC. *Myh9^{fl/+};Villin-cre* mice were generated by *in vitro* fertilization. All animal studies were performed in accordance with the relevant guidelines and regulations and with the approval of the Institutional Animal Care and Use Committee of Tsinghua University.

Fresh normal human intestine and colon tissues were obtained immediately after surgery. The epithelium was separated mechanically from fat and other components, followed by isolation of human intestinal or colonic crypts. All experiments were performed in accordance with the relevant guidelines and regulations and with the approval of the Ethics Committee guideline of Peking University Third Hospital.

NIH3T3 was obtained from ATCC and maintained in DMEM medium supplemented with 10% FBS (Hyclone) in a 37 °C humidified incubator containing 5% CO₂.

Intestinal crypt isolation, single Lgr5-GFP ϕ cells purification and culture.

Mouse intestine was isolated from 8-week-old male mice, cut longitudinally and

washed twice with cold PBS. Villi were carefully scraped off with operating scalpel. The remaining part was cut into small pieces (5 mm) and incubated in 10 mM EDTA in PBS for 40 min on ice. After removal of EDTA, the small pieces were vigorously suspended using a 10-ml pipette with cold PBS. The supernatant, which enriched in crypts, was passed through a 70- μ m cell strainer (BD) and centrifuged at 600 r.p.m. for 3 min. The pure crypts obtained were used for culture or single Lgr5-GFP ϕ cell purification.

To purify single Lgr5-GFP ϕ cells, isolated intestinal crypts were treated with TrypLE (Invitrogen) for 30 min, and then syringed using a 1.2-mm needle to obtain a single cell-enriched population. After passing through a 40- μ m cell strainer (BD), Lgr5-GFP ϕ cells were sorted using FACS (BD FACSAria II).

Isolated crypts or single Lgr5-GFP ϕ cells were embedded in Matrigel, followed by seeding on a 48-well plate (50 μ l Matrigel per well). After polymerization of Matrigel, crypt culture medium (Advanced DMEM/F12 supplemented with Penicillin/Streptomycin, GlutaMAX-I, N2, B27 and N-acetylcysteine) containing indicated growth factors (50 ng ml⁻¹ EGF, 100 ng ml⁻¹ Noggin and 500 ng ml⁻¹ R-spondin1) was overlaid. In single Lgr5-GFP ϕ cells culture, 1 mM Jagged-1 peptide was added in Matrigel and 100 ng ml⁻¹ Wnt3a was included in the culture medium. The entire medium was changed every 2 days.

Colonic epithelium/crypt isolation. Colon from 8-week-old male mice was cut longitudinally and washed twice with cold PBS to remove fetal material. Then, small pieces (5 mm) of colon were incubated in 10 mM EDTA in PBS for 40 min on ice, followed by vigorously suspended using a 10-ml pipette with cold PBS. The supernatant enriched in colonic epithelia was passed through a 70- μ m cell strainer (BD) and centrifuged at 600 r.p.m. for 3 min. The collected colonic epithelia were subjected to immunoblot or FACS. If colonic crypts were required, the colonic epithelia isolated were further incubated in TrypLE for 10 min to separate the crypts from the surface epithelial cells.

DSS-induced colitis. Acute colitis was induced by feeding 8-week-old male C57BL/6 mice with 3% DSS (MP Biomedicals) dissolved in drinking water for 5 days (days 1–5). Intraperitoneal injection of mock or blebbistatin (20 mg kg⁻¹) was employed daily. At Day 7 after the start of DSS administration, the mice were killed, and the distal colon was isolated for immunostaining or haematoxylin and eosin staining.

For detection of Lgr5 + stem cells in distal colon during colitis, 8-week-old male *Lgr5-EGFP-ires-creERT2* mice were treated with 1.5% DSS for 5 days followed by 2-day water feeding. Then the distal colon was visualized by immunofluorescence.

Immunostaining. Intestine or distal colon was isolated, fixed with 4% formaldehyde solution and embedded in 4% low-melting-point agarose (Invitrogen). The sections were prepared with vibrating blade microtome (HM650, Microm) and permeabilized with 0.2% Triton X-100 in PBS for 1 h. Isolated Lgr5 organoids or single Lgr5-GFP ϕ cells were fixed for 1 h with 4% paraformaldehyde at room temperature and permeabilized for 20 min with 0.2% Triton X-100 and blocked for 1 h in 5% BSA. After incubation overnight at 4 °C with the primary antibody, the secondary antibody was added for 1 h at room temperature. The following antibodies were used for immunostaining: α - β -catenin (Santa Cruz, 1:200), α -CD45 (BD Biosciences, 1:100), α -EphB2 (R&D systems, 1:100), α -Myh9 (Proteintech Group, 1:100), α -p-Akt (Ser473) (Cell Signaling, 1:100), α -p-Smad1/5 (Cell Signaling, 1:100), fluorescein isothiocyanate (FITC)-conjugated α -mouse IgG and α -rabbit IgG (Jackson ImmunoResearch, 1:200) and tetramethylrhodamine β -isothiocyanate (TRITC)-conjugated α -mouse IgG and α -rabbit IgG (Jackson ImmunoResearch, 1:200). Confocal laser scanning was done on a Zeiss LSM 710 NLO Laser Scanning Microscope and FACS was done on a BD FACSCalibur system.

Immunohistochemistry. Tissues were fixed with 4% formalin and embedded in paraffin. Sections were deparaffinized in isopropanol and graded alcohols, followed by antigen retrieval, and endogenous peroxidase quenched by H₂O₂. Sections were then blocked with normal goat serum for 30 min, and incubated overnight at 4 °C with a Ki67 antibody (Abcam, 1:200). The secondary biotinylated anti-rabbit antibody (Invitrogen, 1:5000) was added for 30 min, followed by detection with streptavidin-HRP (Invitrogen, 1:500) and DAB + chromogen (Invitrogen) according to the manufacturer's recommendations. Slides were counterstained with Mayer's haematoxylin, dehydrated and mounted with Eukitt.

Tunel assay. Cell death was assessed by TdT-mediated dUTP nick end labelling (TUNEL) of formalin-fixed paraffin-embedded slides of the respective genotypes using the TUNEL cell death detection kit (Roche).

Immunoblotting. The assays were performed as previously described⁴⁷. The following antibodies were used for immunoblotting: α -Akt (Cell Signaling, 1:2,000), α -Cleaved caspase-3 (Cell Signaling, 1:1,000), α -GAPDH (Santa Cruz, 1:2,000), α -GFP (Santa Cruz, 1:1,000), α -MLC (Abcam, 1:1,000), α -Myc (Santa Cruz,

1:1,000), α -Myh9 (Proteintech Group, 1:2,000), α -PAK1 (Cell Signaling, 1:1,000), α -p-Akt (Ser473) (Cell Signaling, 1:2,000), α -p-MLC (Cell Signaling, 1:1,000), α -p-Smad1/5 (Cell Signaling, 1:2,000), α -Rac1 (BD Biosciences, 1:1,000), α -Smad1 (Cell Signaling, 1:2,000), α -Tubulin (Santa Cruz, 1:1,000) and ECL HRP-conjugated α -mouse IgG and α -rabbit IgG (GE Healthcare, 1:10,000). The experiments were repeated for at least three times, and representative data were shown. The band intensity was quantified with BandScan 5.0. The signal density of phosphorylated proteins was normalized to the corresponding unphosphorylated proteins. The full immunoblots were provided in Supplementary Information (Supplementary Fig. 11).

RNA interference. Ad-NS shRNA and Ad-Myh9 shRNA were generated with BLOCK-IT Adenoviral RNAi Expression System (Invitrogen). The target sequences were Ad-NS shRNA (5'-CTACACAAATCAGCGATTT-3') and Ad-Myh9 shRNA (5'-GGATCAATGTGACCGACTTCA-3').

Lentiviral expression. The coding sequences of GFP and PAK1(N-SP) were cloned into pENTR1A plasmid, and LR clonase reactions (Invitrogen) were carried out to place them into the p2k7neo lentiviral backbone⁴⁸. The viral supernatants were used to infect isolated crypts.

Quantitative RT-PCR (qRT-PCR). Total RNA was extracted with RNeasy Mini Kit (Qiagen) and cDNA was synthesized with Revertra Ace (Toyobo). A Mx3000P Quantitative PCR system (Stratagene) was employed to perform qRT-PCR. Taqman gene expression assays (Applied Biosystems) were used to detect gene expressions in single Lgr5-GFP^{hi} cells. The assay IDs were *Ascl2* (Mm01268891_g1), *Gapdh* (Mm99999915_g1) and *Lgr5* (Mm00438890_m1). EvaGreen dye (Biotium)-based qRT-PCR was performed to detect gene expressions in crypts. The primers were *Myh9* (5'-GTGAGAAGGAGACAAAGCGC-3' and 5'-GACTTCTCCAGCTCGTGGAC-3'), *Id1* (5'-ATCGCATCTTGTGTCGCTGAG-3' and 5'-AGTCTCTGGAGGCTGAAAGGT-3'), *Lgr5* (5'-CGGGACCTTGAAGATTCCT-3' and 5'-GATTCCGATCAGCCAGCTAC-3'), *Sox9* (5'-GCCAGATGGACCACCAGTAT-3' and 5'-TCCAAACAGGCAGGGAGATTC-3') and *Gapdh* (5'-AAGAAGGTGGTGAAGCAG-3' and 5'-TCATACCAGGAAATGAGC-3').

Statistical analysis. We employed Student's *t*-test or ANOVA test to analyse the parametric experimental results. In nonparametric data analysis (histology scores, immunoblots and DAI scores), we employed Wilcoxon's rank sum test for two-group treatments, Kruskal-Wallis' H test for multi-group treatments and Friedman test for DAI score analysis along the time. Significant differences were noted with asterisks.

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Author contributions

B.Z. and Y.G.C. designed the experiments; B.Z., Z.Q., Y.L., C.W. and W.F. performed the experiments; B.Z., Z.Q., Y.L. and Y.G.C. analysed data; and B.Z. and Y.G.C. wrote the paper.

Additional information

Supplementary Information accompanies this paper at <http://www.nature.com/naturecommunications>

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