



Top tips for *Stockholm* tourists

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+ Not to be missed

If you are new to Stockholm or only here for a short while – these things must be on your to-do list.

Fika

Ah yes! Maybe the first Swedish word in most people's vocabulary when they arrive in Sweden – fika (which can be used as both a noun and a verb) is used to refer to the Swedish coffee break – consisting of good strong coffee, usually accompanied by something sweet. If you're new to Sweden – a coffee and a **kanelbulle** (cinnamon bun) is a great way to become acquainted with fika.

Gamla Stan (*The Old Town*)

With so many winding streets, hidden cellar cafes, and cobbled streets galore, you won't be bored here. Many **free walking tours** (that operate on a pay-what-you-want basis) operate from here and it can be a worthwhile experience to get your money's worth.

+ Eating and drinking out

Here are a selection of top tips to help you enjoy the culinary and coffee-based delights of Stockholm

Eat out for lunch instead of dinner

Nearly all Swedish eateries offer special lunch deals from Monday to Friday, serving up hot meals for around 80-100 kronor (\$8-12). Add another 40 kronor and dine at some of the best restaurants in town.

Order Swedish filter coffee

‘Brygg kaffe’ is good, strong and most likely cheaper than your regular Americano or Latte.

Food trucks

If you happen to stumble upon one of the many food trucks that roam around the city, you could be onto a winner - each specialising in a different cuisine from Italian and Vietnamese to Mexican and turkish food - they don't disappoint. And if you are looking for a food truck guaranteed to be there year-round - Nystekt Stromming on Sodermalmstorg 1, Södermalm has become famous for its classic Swedish herring dishes.

+ Four awesome eateries

Here are four of our favourite cafes and restaurants...

Meatballs for the People

Nytorrgsgatan 30 // T-bana: Medborgarplatsen

A real Swedish experience with deer, elk, wild boar... in fact, every type of meatball you could want!

Indian Street Food & Co.

St Eriksgatan 116 // T-bana: Odenplan

Look out for their food truck around Stockholm or head to their restaurant in Vasastan.

Växt Cafe

Polhemsgatan 21 // T-bana: Rådhuset

A great fresh buffet option for Vegetarians and vegans!

Mutto Sushi

Kungstensgatan 31 // T-bana: Rådmanngatan

Stockholm makes great sushi and we love this family-run place on Kungstensgatan - and so do the locals.

+ Stockholm's top museums

Here are five museums not to be missed...

Vasa Museum

This historical ship was the most epic fail in Swedish history – and makes for a fabulous half-day out.

Ticket Prices: Adults – 130kr, Students – 100kr, Children – Free.

Skansen

This is the other must-see museum which also has an entry fee but this open-air museum on historical Swedish life makes for a great day out – complete with a park Scandinavian animals and actors in traditional costumes reenacting historical Swedish life. Head to www.skansen.se for their ticket prices (which change depending on the time of year) and deals including a new 2-day ticket and their yearly family card – worth it if you are going to visit several times in one season. And of course, there is *free entry* on Christmas Eve...

Moderna Museet

This modern art museum has *free entry* to most exhibitions, and is sure to give you something to talk about.

Nobel Museum

Located in Gamla Stan, the Nobel museum showcases Nobel prize winners and the history behind this prestigious award - plus it has *free entry on Tuesdays* from 17.00 - 20.00.

Fotografiska

Depending on whether the photo exhibitions appeal, you can definitely get your money's worth from this museum.

Ticket Prices: Adults - 130kr, Students - 100kr, Children - Free.

+ three bonus museums...

ABBA Museum

Lots of people ask about this museum - our opinion: it is worth it if you consider yourself a true ABBA fan. At 200kr+ per ticket, this one is not for your shoestring budget.

Junibacken

A great museum for kids - they will get a lot more out of it if they know the Pippi Longstocking stories and characters.

Tekniska Museet

Great for the family, the Museum of Science and Technology is another museum which also has free entry on Wednesdays from 17:00 - 20:00.

+ Sight-seeing spots

The best locations for all types in the city!

For the history...

Make sure Gamla Stan (Stockholm's Old Town which dates back to 13th Century) is on your list of must-see places.

For the architecture...

Head inside the Stadsbiblioteket (the city library) or climb the hill behind it (Observatorielunden) for rooftop views across the city.

For the views...

Head to the heights of Katarinahissen on Södermalm to catch a glimpse the Stockholm skyline from a height.

For the outdoors...

Hagaparken boasts vast open spaces of woodland, parks and lakes - all in the city centre.

For the active enthusiast...

Get your fitness boost at one of the Stockholm's awesome free [outdoor gyms](#).

For the royalty...

A tube and a bus will take you to Drottningholm Palace and Gardens – the royal residence of the King and Queen of Sweden. Take a picnic, explore the grounds and make a day of it.

For the photographer...

There are many viewpoints across the city –you just need to know where to look:

- + Head down to the water to see the Stockholm skyline from a variety of different angles (a great view can be captured from Skeppholmsbron – the bridge leading across to the small island of Skeppsholmen)
- + Katarinahissen on Södermalm has great views of the city skyline.
- + Mårten Trotzig Gränd is Stockholm's smallest street – located in Gamla Stan and at just 90cm wide at its narrowest point – this one is worth a trip.

For the scientist...

Naturhistoriska Riksmuseet (The Natural History Museum) has free entry to its exhibitions year-round.

For the nature...

Tyresta National Park is located just 20km south of Stockholm and is accessible by public transport.

+ Bonus!

You definitely don't want to miss this final freebie...

Take a free boat ride

If you are going to do a lot of travelling and buy a 24 or 72-hour or a weekly SL card (Stockholm travel card), you can use the card not only on trains, tubes and buses, but you can also take a boat across from Djurgården (where many of Stockholm's museums are located) to Gamla Stan (The Old Town).