

Guaranteed The Most Comfortable Pillow You'll Ever Own! ®

# Adjusting MyPillow® for YOUR Perfect Fit!

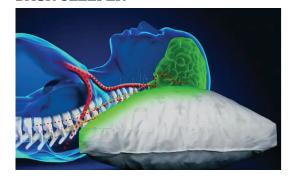
• Before first use: Place in dryer for 10-15 minutes with a damp wash cloth to activate the Patented interlocking fill.

#### SIDE SLEEPER



Adjust the pillow for your exact individual needs. The patented fill will lock into place.

### **BACK SLEEPER**



When laying on your back, bunch MyPillow® under the curve of your neck to get the right amount of support for you as an individual.

# MyPillow® Washing and Drying Instructions

#### WASH

- Cold regular cycle (NOT DELICATE).
- Use half the recommended amount of any detergent.
- Use extra spin cycles to lessen drying time.

## **Top Loading Machines**

- Place two pillows in washer to balance.
- If only 1 pillow, balance with towels.

## **Front Loading Machines**

• Wash pillows with a full load of laundry.

#### DRY

- Tumble dry on HIGH heat.
- No dryer balls or fabric softeners.
- Do not worry about over-drying.

### **FREQUENCY**

We recommend laundering every 4 months. or as often as needed.

