



COMICS, MAZES, AND  
OTHER FUN ACTIVITIES FOR KIDS!  
INFORMATION ABOUT VAGINATION  
FOR FAMILIES!



# ULTRA GERM FIGHTERS





Mom says it's time to go to the clinic.  
We need to get shots.



**No!**  
I don't want one!



I know. Getting a shot is never fun.



I'd rather play  
action heroes  
with my friends!



**Why do we have  
to get a shot??!**



The shot shows our body how to  
fight off sickness.



Like this??!



...Not exactly.



**YAH!**



But it's safer to be with other kids when  
your body knows how to fight bad germs.



Ok.

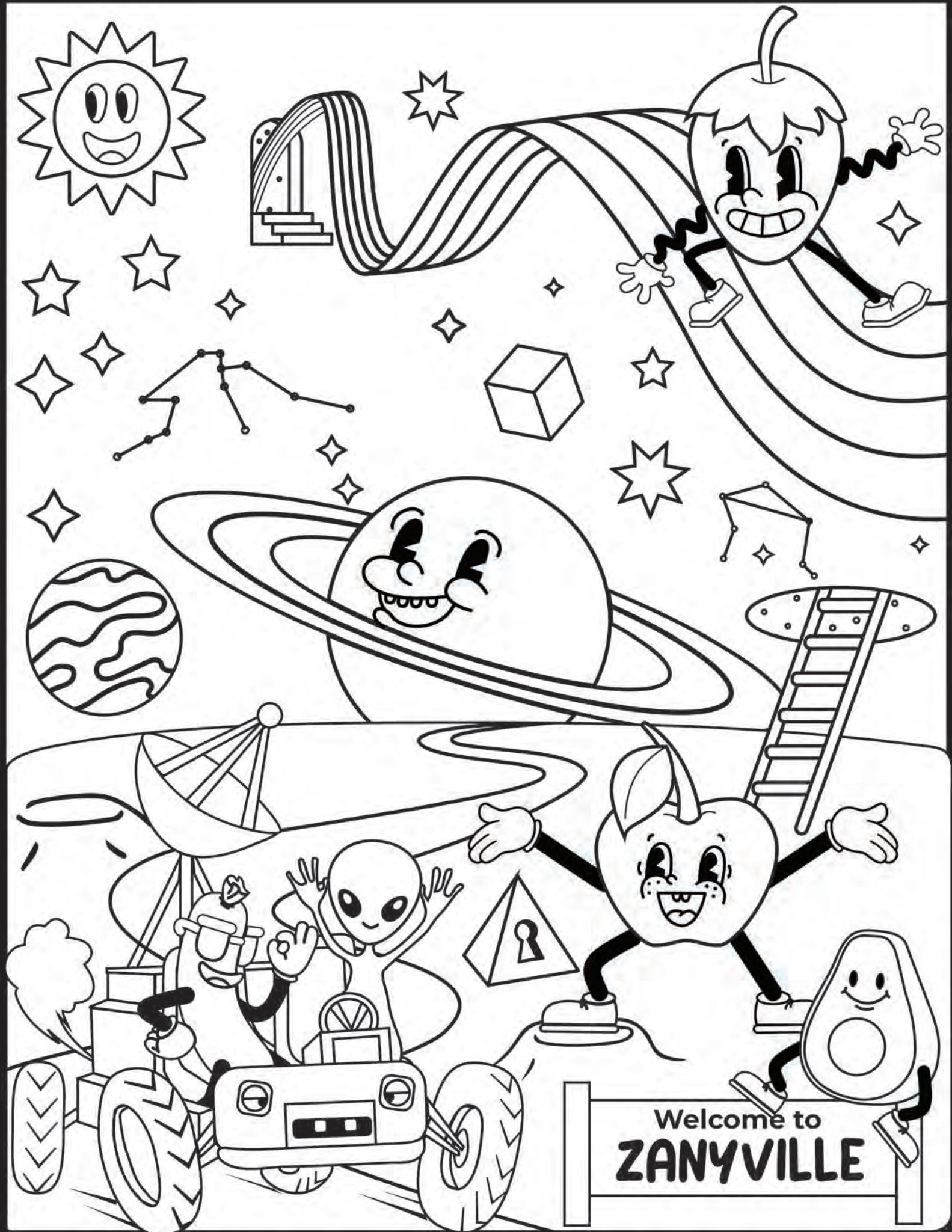


To be continued...

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Graphic design by Rolando Avila

This book was co-created by Public Health – Seattle & King County  
and community partners from Healthier Here and Best Starts for Kids.

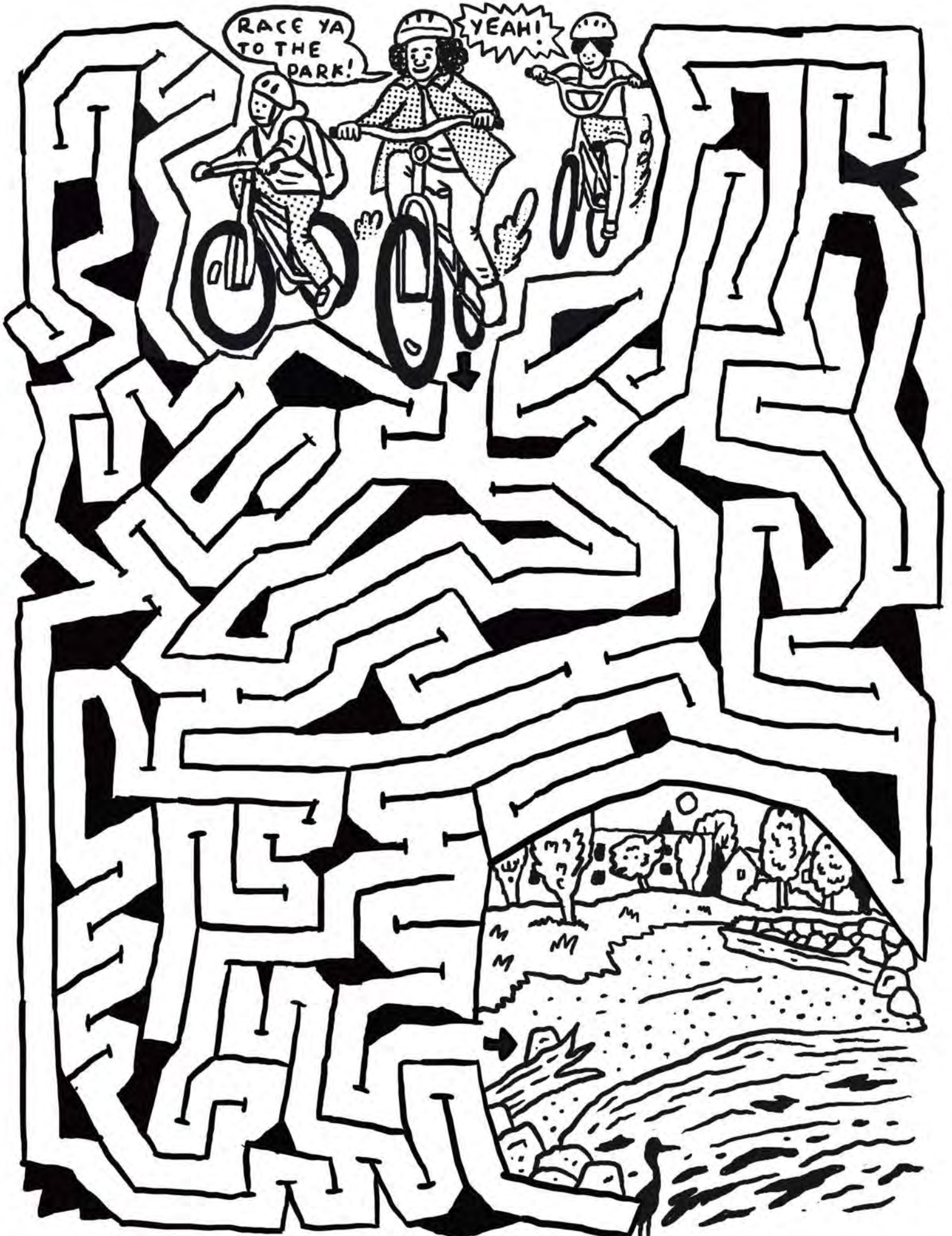




Welcome to  
**ZANYVILLE**



**CAN YOU FIND 3 WAYS TO GET TO THE PARK?**





# SPOT THE DIFFERENCE

Can you find 11 differences between these pictures?





Find all the things that keep you healthy and fight germs!  
Look for: Soap and Water, Face Mask, Hand Sanitizer, Playing Sports, Apples, Banana, Bandaid, Avocado, covid Test Kit, Getting Good Sleep.





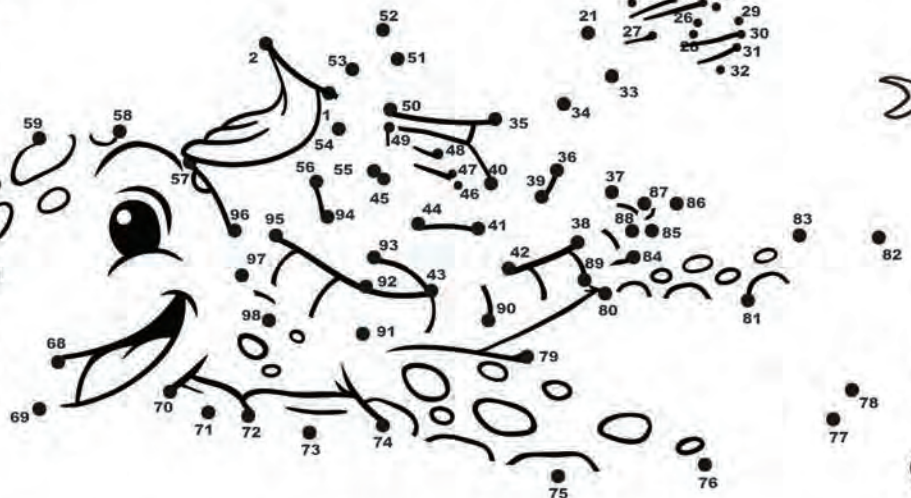
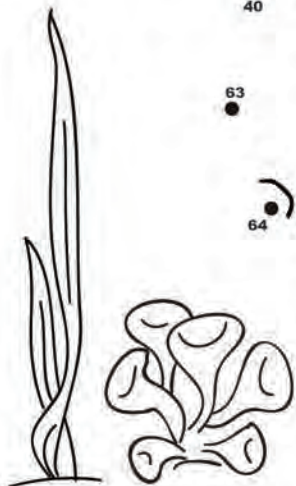
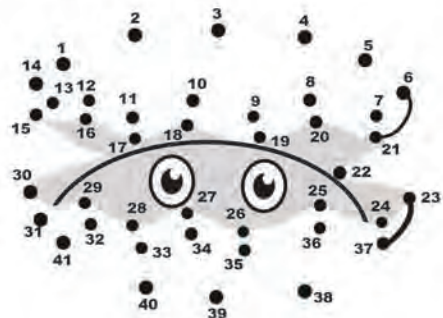




CAN YOU HELP ME FIND THE GARDEN?

I NEED A SNACK!

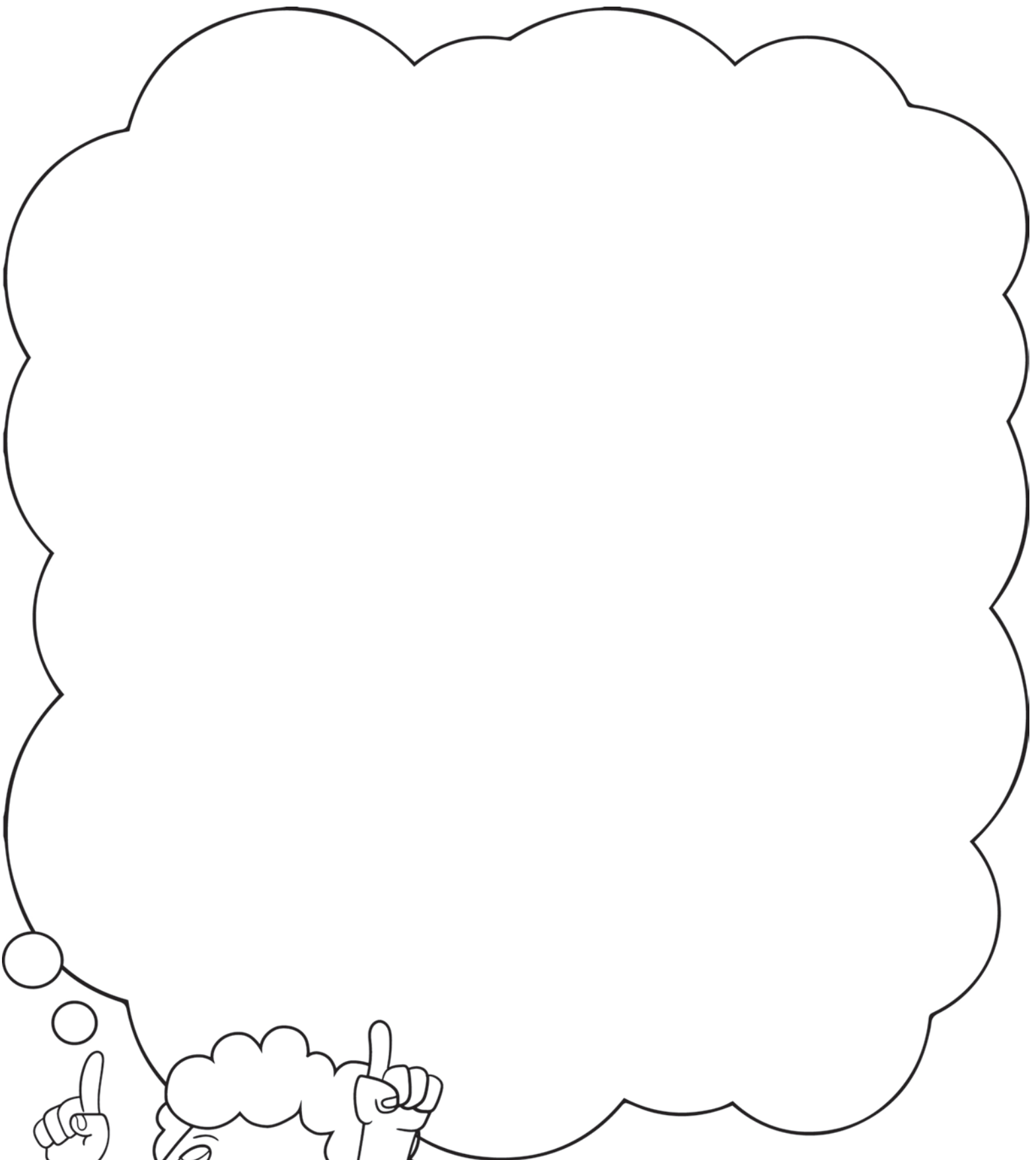




**C O N N E C T**

**THE DOTS!**





**IMAGINE**  
**YOUR PERFECT DAY**



Later that day...



I did it!  
I got the shot!

You were brave!



And now I'm ready to play...



# ULTRA GERM FIGHTERS!



THE END



# Fa'amatalaga mo Matua ma Aiga e fa'atatau i le COVID ma Isi Tui Puipui mo Tamaiti

## Aisea e tāua ai le faia o le tui puipui o la'u tama?

O tui puipui e puipuia lau tama e tetee atu ai i ma'i tigaina ona o fa'ama'i tugā e pei o le misela, COVID, ma le polio

O tui puipui e a'oa'oina le tino i auala e puipuia ai mai siama e aunoa ma le lamatiaina i le maua ai i ma'i tigaina.

O tui puipui e puipuia tagata uma i le komiuniti. Afai e faia uma o tatou tui puipui, ua tatou taofiofia le fa'ama'i mai le pepesi atu. E pito i sili ona tāua mo pepe e le'i mafai ona faia ni tui puipui ona o le laiti tele ma tagata e le mafai e o latou tino ona tetee atu i siama, e pei o tagata matutua ma tagata e maua i le HIV.

## E iai nisi aafiaga o tui puipui?

O togafitiga fa'afoma'i uma e aofia ai tui puipui e iai isi o latou aafiaga. O aafiaga feololo e mafai ona e iloa ai o loo fausiaina e lou tino vaega puipuia. O aafiaga masani e aofia ai le tigā o le tino, feololo le fiva, ma fa'alogona o le lelavā.

E seasea iai ni aafiaga tugā. O le a le uiga? Mo vailaau uma o tui puipui, e na'o le 1-2 tagata o le a iai se aafiaga tugā ona o le patapata o le tino. Pe tusa ma le 0.0002% o tui puipui uma e faia.

## E fa'aapefa ona ou fa'aititia tigā i le faia o tui puipui?

- Fa'aputu uma mea taalo e sili ona fiafia iai lau tama, o tusi, poo se palanikeke e fa'amafanafana ai. Ia e fa'amaoni i lau tama. Fa'amatala iai le ma'ini o le tui poo le tigā, ae le umi ona tigā.
- Fesili i le foma'i a lau tama mo se u'u e fa'ate'a ai le tigā poo se sipulei malūlū.
- Fa'atosina ese le mafaufau o lau tama a'o faia lona tui e ala i se pese, tala, poo lou tago e fusi.
- Mānava ni mānava umi fa'atasi ma lau tama ina ia fesoasoani e "feula ese" le tigā.

## E fa'aapefa ona ou faia le tui puipui o la'u tama?

Tui Puipui Faia Fua o le COVID-19: E mafai ona faia fua tui puipui o tamaiti e tetee atu ai le COVID-19 i le tele o faletalavai, o latou foma'i poo se falema'i, fa'apea ma nofoaga o loo lisiina i le [kingcounty.gov/vaccine](http://kingcounty.gov/vaccine) (fa'aaoga fa'atonuga o loo lisiina mo gagana eseese).

Polokalame o Tui Puipui Faia Fua mo Tamaiti: O tamaiti e oo atu i le 18 tausaga e mafai ona faia tui puipui e leai se totogi mai le tele o auaunaga fa'asoifua maloloina i le Setete o Uosigitone. E ono iai se tupe e totogi mo le lesitala, ae e mafai ona e talosaga iai e aveese. Sa'ili se auaunaga pe sa'ili se fesoasoani mai le inisiua e ala i le valaau i le Community Health Access Program (CHAP, Polokalame mo le Soifua Maloloina i le Komuniti): 1-800-756-5437 (na'o le Igilisi/Sipaniolo).

E mafai ona faia le tele o tui puipui o tamaiti i le aso e tasi. O lenei faiga e mafai ona sefeina ai lou taimi ma au tupe!

Fa'amatalaga fa'aopoopo: Asiasi i le [kingcounty.gov/findaclinic](http://kingcounty.gov/findaclinic) mo nisi fa'amatalalaga (na'o le Igilisi/Sipaniolo).